



THURSDAY, JUNE 28, 2018

GILFORD, N.H. - FREE

# Officials examine insulation options for town hall roof

BY ERIN PLUMMER  
mnews@salmonpress.news

Town officials are reviewing options to prevent ice and snow buildup on the town hall roof, including the option of installing new insulation on the roof.

Town Administrator Scott Dunn spoke with the selectmen during their June 13 meeting about the option if insulating the roof to keep it from heating up.

In a recording of the June 13 meeting, Dunn said a few winters ago snow developed a thick pack and would freeze. If snow or ice melted or rainwater came down, water would come in through the side of the dormers by the vinyl siding.

“The solution to the

front problem this year was to rake snow off the roof, which is labor intensive,” Dunn said.

Dunn said the roof has a suspended ceiling, then a layer of plastic and insulation that has been there since the building was put up in the 1980’s.

“That plastic has been poked into and ripped and torn,” Dunn said. “We have not addressed in the time that I’ve been here.”

Six skylights, which resulted in heat loss, have been removed. Dunn said he also hopes the steel roof will also eliminate the issue. Plans are already in place to remove the gutters at the back of the building and see if it would reduce snow and ice buildup.

Dunn said the insulation would be the final step to address this issue if it continues.

He said the only local

company that returned his calls was Quality Insulation of Meredith.

Part of the plan involves doing the “knee-

wall insulation,” or insulation on the dormer sections.

Selectman Richard Grenier said after all the

things that have been done to address this, he wanted to finally get this solved.

SEE TOWN HALL PAGE A13

## Gilford Village Knolls III opening soon

BY ERIN PLUMMER  
mnews@salmonpress.news

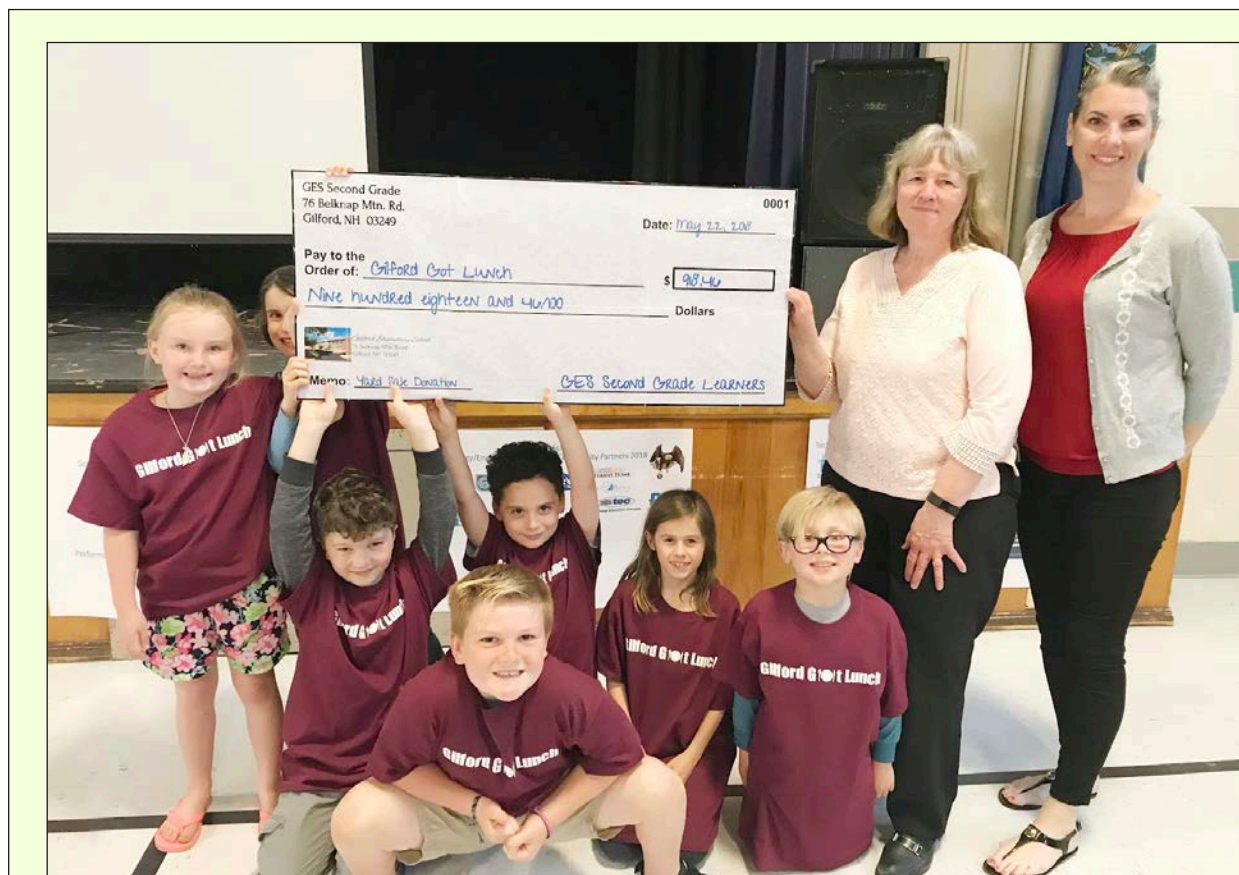
A new housing option for seniors will be opening up soon in Gilford with the opening of Gilford Village Knolls III.

Gilford Village Knolls is an affordable senior community managed by Lakes Region Community Developers (formerly Laconia Area Community Land Trust). The new 24-unit Gil-

ford Village Knolls III building has been under construction since last June. An official ribbon cutting has been scheduled for this week and the building will be open for residents at the beginning of July.

Gilford Village Knolls III will provide affordable housing for people ages 62 and older.

On June 13 the  
SEE KNOLLS III PAGE A13



COURTESY

### GES third graders raise funds for GOT LUNCH

The second grade class at Gilford Elementary School hosted a Yard Sale in May to benefit GILFORD GOT LUNCH. With the support of their teachers, parents and customers, the Yard Sale was a tremendous success raising \$918.46 for the summer program. During the summer weeks, GILFORD GOT LUNCH provides seven days of healthy breakfast, lunch, and snack options for each child in our program. We deliver the bags to the children’s homes in Gilford and Gilmanton along with fresh produce every Monday morning. For more information about GILFORD GOT LUNCH, visit our Web site at [www.gilfordgotlunch.com](http://www.gilfordgotlunch.com).

## Gilford’s Aria Stephan receives P.E.O. STAR Scholarship

The prestigious P.E.O. STAR Scholarship for the 2018-2019 academic year was presented to Aria Stephan, a senior at Gilford High School. The scholarship was presented at the GHS awards ceremony.

Aria is the daughter of Andi and B.J. Stephan, and was rec-

ommended for this scholarship by Chapter G of Meredith. She has been accepted at, and will attend, Clarkson University, where she has plans to pursue a double major in Chemical and Mechanical Engineering.

The P.E.O. STAR Scholarship is based  
SEE STEPHAN PAGE A13



COURTESY PHOTO

Aria Stephan

## Lakes Region Elite Basketball starts its first season

BY ERIN PLUMMER  
mnews@salmonpress.news

Young basketball players all over the Lakes Region have the chance to shine and hone their skills over the summer in the new Lakes Region Elite league.

Lakes Region Elite is a 10-week program for boys and girls ages eight and 11 at the Gilford Youth Center. In its first year, they have 45 players on five different teams with kids coming from communities such as Gilford, Laconia, Gilmanton, Belmont, Barnstead, Alton, and more.

“It’s a great experience for the kids to play basketball, continue their game,” said referee and GYC director Scott Hodsdon.

Hodsdon said most of the kids in the program have taken part



ERIN PLUMMER

Lakes Region Elite teams the Vipers and Gators go head to head in a Friday night game.

in school and parks and recreation basketball leagues.

Kids took part in trials at the beginning of the program and were evaluated on their skills. The kids were then put into different competitive teams: the Gators, the Mambas, the Renegades, the Jaguars,

and the Vipers.

The players will practice during the week and play a game at the end of the week. Players get their own jerseys and team photos as well as the chance to win different trophies. The league’s Web site has player and team stats along with photos and

highlight videos.

Kids can hone their playing skills over the summer in a positive and competitive environment. Hodsdon also said the league is meant to be a stepping stone for the kids to play Amateur Athletic Union (AAU) basketball when they’re

SEE LR ELITE PAGE A14

### Early deadlines for the 4th

MEREDITH — The offices of the Gilford Steamer, located at 5 Water St. in Meredith, will be closed Wednesday, July 4 in observance of Independence Day.

To ensure that our July 5 edition arrives in subscribers’ mail boxes on schedule despite the holiday, the submission deadline for any press releases, letters to the editor, and obituaries intended for publication next week has been moved up one business day, to Friday, June 29 at 4 p.m. As always, submissions may be dropped off in person at our offices or e-mailed to Editor Brendan Berube at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).

Any submissions received after 4 p.m. Friday will be held for publication on July 12.

For information regarding the holiday deadlines for display advertising, please contact our Sales Representative, Tracy Lewis, at 279-4516 or [tracy@salmonpress.news](mailto:tracy@salmonpress.news).

The staff of the Gilford Steamer would like to wish our readers a safe and happy 4th of July!



Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

What is a fun activity for all ages, almost all skill levels, gets you outside, that you can do alone or with others, and is totally free? I'll give you a hint, it rhymes with 'biking' but you need good shoes instead of a bike. Yup, its hiking, one of New Hampshire's favorite pastimes. We cannot print the Belknap Hiking Trail Maps fast enough to meet demand.

Just yesterday, we spoke with patrons about where to go. Got young kids (or knee pain) and looking for a view?--try Lockes Hill. Got active kids who like to hop on rocks?--try Piper Mountain. Ramp it up to Rowe, Belknap, Gunstock, Whiteface, or any combination of the lot. We've got books for borrowing and maps of the area at cost available. You can even start hiking right from the Library parking lot!

The White Mountains are a step up from the Belknaps in challenge, majesty, and risk. We just had a presentation on how Mount Washington has some of the 'worst weather in the world,' and yet people climb

over each other for the chance to scale them. From experience, I can say that there is nothing like hiking above the tree line. It's fun, and the Whites are the tallest we've got. It is not fun, however, to get caught out in bad weather to perish from exposure. Avoid that morbid turn by planning for the weather, knowing your limits, and being prepared for surprises.

Now, that doesn't make any sense--how can you prepare for surprises? Fair point. What we can do is prepare for what surprised other people. We can learn from their mistakes. Julie Boardman wrote 'Death in the White Mountains' believing that she could help hikers to be safer in this environment by learning from past tragedy. As she points out, over 200 hikers, climbers, and backcountry skiers have died in the White Mountains since the mid-1800s. Knowing what we know now, or could learn from Julie's book, we realize that many of these deaths were avoidable.

One way to avoid exposure is to stay indoors, but we would miss out on the moun-

tain of hiking benefits. Cardio, fresh air, time to think, a chance to shuffle off the stress of life--hiking is too good for us to give up. Hikers know that it is worth the risk. Learning from Julie's studies reduces that risk.

Julie Boardman is coming to the library tonight! She will be here from 6:30-7:30 p.m. to talk about her book, about fatalities in the Whites, about some of the lethal trends she discovered, and to celebrate the safe exploration of our landscape. Don't miss it, but if you do, be sure to take a look at her book.

Classes & Special Events  
June 28-July 5

Thursday, July 28  
Conversational French, 4-5 p.m.

Treasure Island Play, 4-5 p.m.

If you like pirates, sailing, and buried treasure, come see the Hampstead Theatre perform Treasure Island!

Author Talk: Death in the White Mountains, 6:30-7:30 p.m.

Since 1849, over 200 hikers, climbers and backcountry skiers have died in the White Mountains.

Julie Boardman wrote Death in the White Mountains in the belief that by studying past fatalities and identifying the mistakes that caused them we can learn how to be safe in the mountains. Board-

man presents the stories of several victims, describing the fatal errors they made, and also shares surprising facts from her research.

Friday, July 29  
Drop-in Play Group, 10:30-11:30 a.m.  
Social Bridge, 10:30 a.m.-12:30 p.m.

Book Bonanza for Teens, 1-3 p.m.

Play games, read books, and explore the library during these Bonanzas!

Knit Wits, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Monday, July 2  
Fiber Friends, 10 a.m.-12:15 p.m.

Mahjong, 12:30-3 p.m.

Tuesday, July 3  
Bridge, 10:30 a.m.-12:30 p.m.

Robot Building, 1:30-2:30 p.m.

Build your own robot! Ages K-4 with caregiver.

Classics Book Discussion, 6:30-7:30 p.m.

Join us every other month to discuss a classic book. July's pick is "The Heart Is A Lonely Hunter" by Carson McCullers.

Wednesday, July 4  
Closed for Independence Day

Thursday, July 5  
No Events

GILFORD POLICE LOG

sending their Age.

A 23-year-old male from Kingston and a 23-year-old male from Newton were taken into protective custody for intoxication on June 19.

A 42-year-old male from Nashua was taken into protective custody for intoxication on June 19.

Jacquelyn D. Martin, age 20, of Belmont was arrested on June 19 for Unlawful Possession of Alcohol. Her companions, a 28-year-old male from Tilton and a 25-year-old female from Laconia, were taken into protective custody for intoxication.

A 21-year-old female from Newmarket was taken into protective custody for intoxication on June 20.

A 31-year-old female from Epping and a 24-year-old female from Alton were taken into protective custody for intoxication on June 20.

Two females from Newton, Mass., ages 24 and 25, respectively, were taken into protective custody for intoxication on June 20.

Codey Lesnewski, age 19, of Gilford was arrested on June 21 for

Unlawful Possession of Alcohol.

Jeffrey Wyatt, age 38, of Laconia was arrested on June 22 for Receiving Stolen Property in an amount less than \$1,000. Kenneth E. Brunelle, age 56, of Laconia was also arrested on three counts of Receiving Stolen Property in an amount less than \$1,000.

A 54-year-old female from Rochester was taken into protective custody for intoxication on June 22.

A 44-year-old male from Warwick, Mass. was taken into protective custody for intoxication on June 22.

A 56-year-old male from Wakefield was taken into protective custody for intoxication on June 22.

A 48-year-old male from Hebron was taken into protective custody for intoxication on June 22.

Two males from Center Harbor, ages 48 and 57, respectively, were taken into protective custody for intoxication on June 23.

A 21-year-old male from Bow and a 21-year-old male from N. Kingston, R.I. were taken

into protective custody for intoxication on June 23.

A 35-year-old male from Newburyport, Mass. was taken into protective custody for intoxication on June 23.

A 36-year-old male from Somersworth and a 42-year-old male from Lebanon, Maine were taken into protective custody for intoxication on June 23.

A 37-year-old male from Berwick, Maine was taken into protective custody for intoxication on June 23.

A 35-year-old male from Wayland, Mass. was taken into protective custody for intoxication on June 23.

A 39-year-old male from Keene was taken into protective custody for intoxication on June 23.

A 22-year-old female from Gilmanton Iron Works was taken into protective custody for intoxication on June 23.

A 30-year-old female from Enosburg Falls, Vt. and a 42-year-old male from Sheldon, Vt. were taken into protective custody for intoxication on June 24.

Gilford Public Library  
Top Ten Requests

1. "The President is Missing" by Bill Clinton & James Patterson
2. "Shelter In Place" by Nora Roberts
3. "The Great Alone" by Kristin Hannah
4. "I'll Be Gone in the Dark" by Michelle McNamara
5. "Princess" by James Patterson
6. "Magnolia Table" by Joanna Gaines
7. "Before We Were Yours" by Lisa Wingate
8. "The 17th Suspect" by James Patterson & Maxine Paetro
9. "The Fallen" by David Baldacci
10. "Educated" by Tara Westover

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# Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

## Senior Moment-um Walter's Basin/ Explore Squam Lake Boat Tour on Monday, July 9!

The Gilford Parks and Recreation Department is sponsoring a Senior Moment-um Program on Monday, July 9. Participants will meet at the Gilford Town Hall at 10:45 a.m. to carpool to Holderness to enjoy a lunch at Walter's Basin Restaurant, followed by a 90 minute boat tour of Squam Lake. The cost of the boat tour is \$22 per person and will be collected from everyone in advance at the Town Hall. Participants are responsible for the cost of their own lunch. All participants must RSVP with the Parks and Recreation Department no later than Thursday, July 5.

To RSVP or for more information, please contact the Gilford Parks and Rec. Department at 527-4722.

## Old Home Day Committee accepting sponsor forms and parade applications

The Gilford Old Home Day Committee is currently accepting Sponsorship Forms to have you name listed in the Old Home Day

Program Booklet and Parade Applications for the Old Home Day Parade to be held on Aug. 25. These forms are available at both Bank of NH locations in Gilford, Meredith Village Savings Bank Gilford Branch, Franklin Savings Bank Gilford Branch, the Gilford Library, the Gilford Town Hall, the Gilford Recreation Department Office and on the Parks and Recreation Web site at [www.gilfordrec.com](http://www.gilfordrec.com).

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Archery lessons

The Gilford Parks and Recreation Department is sponsoring a four-week session of Olympic Archery instruction, to be led by certified archery Instructors from Archery In Motion. This program will be held on Tuesday afternoon/evenings from July 10 – July 31 at the Arthur A. Tilton Ice Rink. The Beginner session will run from 4-5 p.m., with the Intermediate session running from 5:15-6:15 p.m. These classes are open to Youth and Adults ages 7 years old and up and no experience is required. Enrollment in this pro-

gram is limited, so sign up soon! Registration forms can be picked up at the Parks and Recreation office or can be found on the department Web site at [www.gilfordrec.com](http://www.gilfordrec.com). Priority will be given to Gilford Residents.

Cost: \$65.00 per person and includes all necessary equipment; you may also bring your own equipment (with approval by instructor).

For more information, please contact the Parks and Recreation Department at 527-4722.

## Challenger British Soccer Camp

The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 16 – July 20 at the Gilford Village Field. This camp offers a three-hour program for children ages six to 12 and a one-and-a-half-hour program for children ages three to five. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Challenger Web site at [www.challengersports.com](http://www.challengersports.com).

Cost: \$126 for ages six to 12 and \$94 for ages three to five

For more informa-

tion, please contact the Gilford Parks and Recreation Department at 527-4722.

## Pre-School Summer Soccer Camp

The Gilford Parks and Recreation Department is sponsoring a Pre-School Summer Soccer Camp for children ages four and five from Aug. 6 – Aug. 9. This camp will take place from 8:30-9:30 a.m. at the Gilford Village Field. This camp will provide participants with a fun introduction to the basic skills associated with soccer, while at the same time learning teamwork, following directions and developing a true sense of sportsmanship. Some of the skills we will be concentrating on are: Dribbling, Passing and Ball Control. Participants should come prepared to play outdoors. In the event of rain, the program will be held at the Gilford Youth Center. Mouth guards, shin guards and cleats are encouraged but not required. All participants should bring a bottle of water and a snack. Registration is taking place at the Gilford Parks and Recreation Office and forms are also available online at [www.gilfordrec.com](http://www.gilfordrec.com).

Cost: \$40 per participant

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

## Sciensational Workshop for Kids! "Harry Potter Magi- cal Mystery Tour!"

The Gilford Parks and Recreation Department is Sponsoring a workshop through Sciensational Workshops for Kids for children ages six to 11, from 9 a.m. – 4:30 p.m. on Aug. 13 and 14. Participants will join in the esca-

pades of Harry and his friends. Play quidditch. Make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some amazing chemical reactions. Watch a mirage appear. You won't believe it! Wonder where the sorting hat will place you? Make cool crystals. Come  
SEE PARKS & REC PAGE A13



COURTESY

## Where Lions walk

Pictured is the granite paver sponsored by the Laconia-Gilford Lions Club, one of a group lining the WOW Trail extension placed near the Railroad Station building. As summer approaches, the Laconia-Gilford Lions would like to remind everyone to enjoy the WOW Trail which now reaches Belmont. "Our Club may have been among the last to sponsor a paver, but we are second to none in our support for the Trail and for this area," commented Club President Allyn Bridge. "Our paver commemorates the founding of the Laconia-Gilford Lions Club in 1947 and was our contribution to help blaze the WOW Trail. Where Lions walk, we make a mark and leave an impression." To learn more about Lionism, check out the Laconia-Gilford Lions Club Facebook page or call 528-2663.

# St. John's welcomes Rev. Carol Asher July 1

MEREDITH —On Sunday, July 1, St. John's-on-the-Lake welcomes the Rev. Carol Snow Asher. The Rev. Asher recently retired as pastor of the Center Harbor Congregational Church where she served for eleven years. Previously she served churches in Massachussetts. She is an ordained pastor with both the American Baptist church and the United Church of Christ.

The ministry is a third career for the Rev. Asher. She served many years as a Peace Corps Volunteer in Northeast Brazil and later taught foreign languages in Providence, R.I. high schools. In her

spare time, she loves to nurture the gardens in her yard, even as she nurtures her own "inner garden" and seeks to help others to tend both inner and outer gardens.

Saint John's is a picturesque church built in 1927 of native stone. A wooden tower surrounds a structure that was originally a private lookout tower. The birch altar and the stained glass windows add to its charm. It is an ecumenical chapel whose mission is to serve the summer residents of the island area. Services are held each summer Sunday at 10 a.m. It is located on the highest point of Bear Island, Lake Win-

nipesaukee, and it can be reached by a short walk from the church docks in Church Cove (Deep Cove) on the west side of Bear Island, as well as by other marked paths. Sturdy shoes are recommended. All are welcome, as are well-behaved dogs. For more information, check the Web site, [www.stjohnson-thelake.com](http://www.stjohnson-thelake.com).

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Pet of the Week: NORTH COUNTRY NOTEBOOK

Champ



Perhaps receiving the award for our most travelled dog, the handsome and debonair Champ has arrived, and waits for his forever home at New Hampshire Humane Society. This young boy, aged about two years old originates from the Deep South - Mississippi, by way of St. Hubert's Animal Welfare Agency in New Jersey, with whom we are an official Waystation Partner, and then onto our shelter in the Granite State.

Champ has traveled the road.

He's a gorgeous Husky mix, sporting the widow's peak markings on his stately head, but is tall, rangy, a long legged dog. Champ smiles, a lot. He's a happy dog willing to befriend all he

meets. He's active, outgoing, just a great family dog in the making. Meeting cats caused him some angst, he was a little afraid of the little furballs with claws, but, his Husky genes, when settled, may resurface; he might just think cats are fun to chase!

Good natured, affable, what more can we say about this wonderful young dog, who really would be a terrific addition to any home provided there is time set aside for exercise, play, cuddle time on the sofa and love in abundance.

Shelter is open every day except Mondays and Wednesdays. Come and visit, you will fall in love.

Check [www.nhhumane.org](http://www.nhhumane.org) or call 524-3252 for details.

The Fourth nears, patriotism swells

(Ah, to be on the deck of a ship)



By JOHN HARRIGAN  
COLUMNIST

For three years now, I've been following the progress of the USS Manchester, ever since her keel was laid down in 2015 in Mobile, Ala. During the past few weeks, I've followed her from neat little (and not so little) commissioning ceremonies in Portsmouth and Manchester, and then to ports of call down the East Coast, in Cuba and Mexico, and through the Panama Canal to her home port in San Diego, Calif.

She is in the most modern class of the Navy's "littoral" (i.e., "coastal waters") fighting ships, and to say that she is heavily armed doesn't quite do it. Let's say that in many ways she outguns much bigger ships of the past.

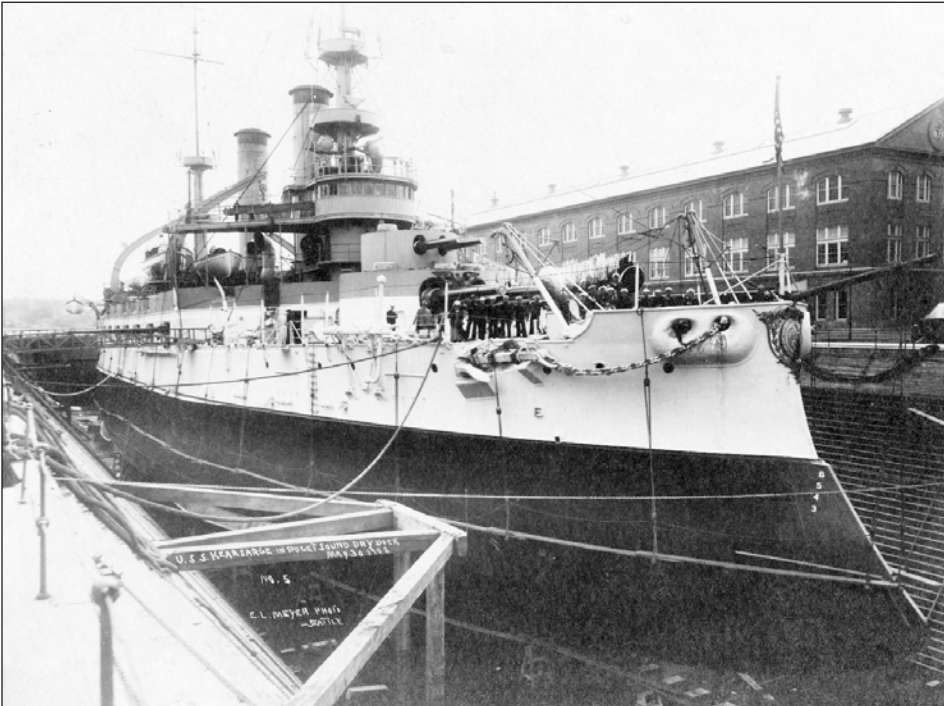
In name if not size, she follows what used to be called a "pocket battleship," or light cruiser, the USS Manchester, which fought during World War II and the Korean War and was decommissioned in 1956.

The approach of the Fourth of July made me think of the Manchester again, partly because I've always wanted to visit the Panama Canal and partly because the deck of a Navy ship might be a fun place to be during the nation's only guilt-free major holiday. The Fourth is simply the country's Birthday Bash, unfettered.

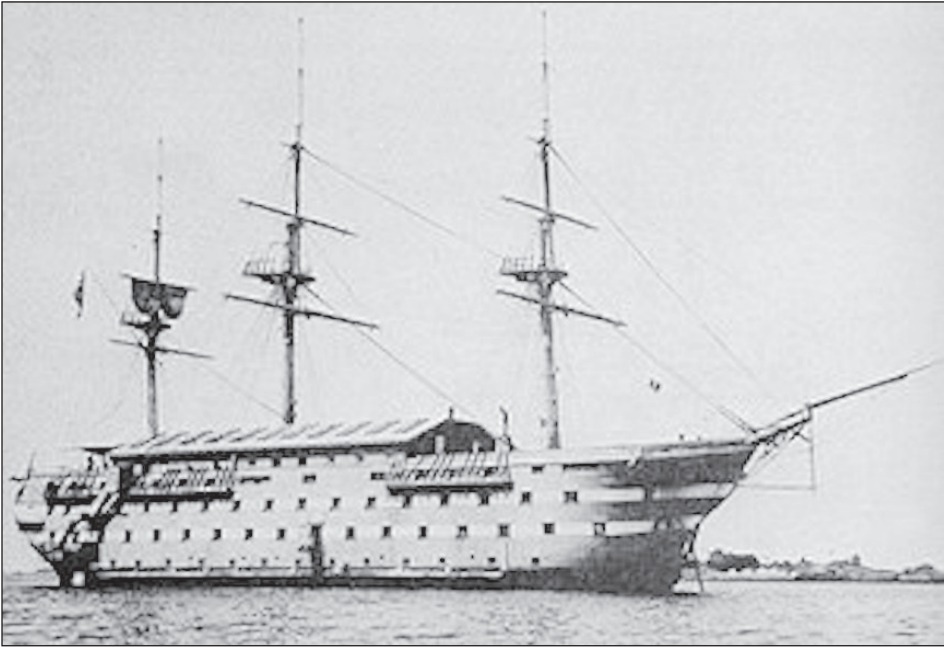
SEE NOTEBOOK PAGE A13



The new USS Manchester, designed to operate in coastal waters but every bit able to serve on the high seas. (Navyrecognition.com)



The USS Kearsarge (ca. 1899) was the Navy's only battleship not named for a state. She sailed around the world as part of Theodore Roosevelt's Great White Fleet (1907-1909), served for decades as a crane platform, and was sold for scrap in 1955. (Naval Historical Center)



The first USS New Hampshire, originally designed as a sailing ship and whose hull remained on the blocks for 40 years, was finally fitted out and went to sea under sail during the Civil War despite the world's conversion to steam. (US Navy)

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Keep Winnepesaukee clean - put a sock in it!

To the Editor:

Be a clean boater. Did you know that one quart of oil could contaminate 250,000 gallons of water? Proper boat maintenance protects our lake, which is why the Lake Winnepesaukee Association encourages boat owners to use bilge socks. Oil and fuel can leak from the boat's engine and collect in the bilge compartment. When the bilge is activated, these chemicals are discharged into the lake. Bilge socks absorb the excess oil and gas, preventing these substances from polluting the lake. Using a bilge sock is an easy and inexpensive way to protect Winnepesaukee.

**Send us your letters!**

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

Send your letters to:

Gilford Steamer  
5 Water Street • Meredith, NH, 03253

Our fax number is 279 3331.  
E-mail us at [brendan@salmonpress.news](mailto:brendan@salmonpress.news).  
We're looking forward to hearing from you!

Ask your marina to include the installation and removal of bilge socks into their fall and spring routine maintenance. Bilge socks cost approximately \$10, so adding this additional maintenance is a smart and low cost investment to help keep Winnepesaukee clean.

Some other tips to being a clean boater –

- Use proper care when fueling your boat – do not top off your tank.
- Do not wash your boat in the lake – only at an approved wash station, or away from the lake. Use nontoxic, and chlorine and phosphate free cleaners.
- Use Pump Out Stations – it is illegal to discharge untreated sewage into the lake.
- Clean, drain, and dry your boat when trailering to help prevent the spread of invasive species from one waterbody to another.

The Lake Winnepesaukee Association is dedicated to protecting the water quality and natural resources of the lake and its watershed today and for our children tomorrow. For additional information or any questions, contact 581-6632 or email: [mail@winnepesaukee.org](mailto:mail@winnepesaukee.org).

Patricia Tarpey  
Executive Director  
Lake Winnepesaukee Association  
Meredith



# STRATEGIES FOR LIVING

## A story of fundamental change

BY LARRY SCOTT

In his book, “Sacred Marriage,” Gary Thomas makes this important observation: what if God designed marriage to make us holy more than to make us happy? Is it possible that a difficult relationship is, in fact, very much to our benefit? The story of John and Susan Barger is a classic case in point.

In Dr. Barger’s words, “I swaggered through marriage for many years, ruling my wife Susan and my seven children with an iron hand while citing Scripture as justification. ... Then a number of “dramatic events” occurred, which wrought a profound change in my moral, psychological, and spiritual life” (Gary Thomas, “Sacred Marriage,” p.45).

The first of these changes took place when his wife had a difficult delivery and their next son was stillborn.

“At two in the morning in the stark, bright hospital delivery room, I held in my left hand my tiny lifeless son, and stared in disbelief at his death. ... I had the power to make [my family’s] lives worse by raging against my baby’s death and my wife’s lack of love, or to make their lives better by learning to love them properly. I had to choose. And it was a clear choice, presented in an instant as I stared at my tiny, helpless, stillborn infant cradled in my hand. In that critical instant, with God’s grace, I chose the arduous, undramatic, discouraging path of trying to be good. ... I found that the only way I could learn to love, and to cease being a cause of pain, was to suffer, endure, and strive every minute to repudiate my anger, my resentment, my scorn, my jealousy, my lust, my pride, and my dozens of other vices.

“I began to hold my tongue. I started admitting my faults and apologizing for them. I quit defending myself when I was judged too harshly – for the important thing was not to be right (or to be well-thought-of) but to love.

“And, frankly, once I started listening to Susan – once I began really hearing her and drawing her out – I was startled at how many and how deep were her wounds and her sorrows” (Ibid., p. 46-47).

Gary Thomas then concludes with this observation: “Dr. Barger’s earnest efforts at renewing his love for his wife and reaching a new plane of understanding worked. ... [But then] tragedy struck. ... Susan was diagnosed with terminal cancer. ... [N]ow that they had become best friends, now that he had learned the deeper meaning found in truly loving rather than in

dominating, he had to say good-by” (Thomas, Sacred, p. 48).

You may have heard it said, “Christians aren’t perfect ... just forgiven.” We stumble, we make horrendous mistakes,

but, like Dr. Barger, we learn and we change. As long as we are willing to cooperate with God’s plan for our lives, we grow and mature and come through just a bit closer to the model given

us in the Person of Jesus Christ. And that, my friend, is what Christianity is all about!

You want to talk about it? Hit me up at rlarry-scott@gmail.com.



COURTESY

Selected as Lakes Region Art Association “Artists of the Month” for June are: Back L-R: Barbara McClintock; Phyllis Meinke; Nelida DiLorenzo; Peggy Hatfield; and Sharon Nahill. Front L-R: Pat Edsall; Martha S. Webber; and Gail Brunt.

### LRAA names June Artists of the Month

TILTON — This June, the Lakes Region Art Association (LRAA) mem-

bers selected artwork by popular vote for their Artist of the Month Program, which takes place at monthly meetings that are open to the public, located both at the gallery and the Taylor Home Woodside building in Laconia. Its a great opportunity to support, promote, and share the wonderful artists of New Hampshire’s Lakes Region! LRAA was founded in 1940 and is a non-profit group providing education and support to local artists, both hobbyist and professional, in and around the Lakes Region.

Each month at LRAA meetings, attending members select submissions by member artists to be featured at various business locations in the Lakes Region. These original pieces can be oil, acrylic, watercolor, pastel, photo, or collage. The artist receiving the most votes this month was Martha S. Webber. In addition to displaying artwork at a Lakes Region business location, the top vote getter is also given the opportunity to display additional artworks on a special AOM display panel at the front of the LRAA Art Gallery.

The following AOMs will have artwork displayed at their respective locations; Barbara McClintock (artwork displayed at the Bank of New Hampshire, Gilford Village); Phyllis Meinke (at the Northway Bank, Tilton); Nelida DiLorenzo (at the Franklin Savings Bank, Gilford); Peggy Hatfield (at the Franklin Savings Bank, Franklin) and Sharon Nahill (at the Laconia Library). Pat Edsall (at the Northway Bank, Meredith); Martha S. Webber (at the Meredith Village Savings Bank) and Gail Brunt (at the Northway Bank, Laconia)

#### Upcoming/Ongoing Shows

One of our long time and well followed artists, Brenda Goodearl, currently has a solo show in the exhibition room located at the back of the LRAA Gallery. This show, “Wild Horses, Wolves & Waves”, will be open during all normal gallery hours until mid July. Also showing is the Gordon-Nash Library show in New Hampton until July 26, open during normal library hours.

SEE ARTISTS PAGE A14

# MARK ON THE MARKETS

## Advisor versus robot



BY MARK PATTERSON

Robo-advising has become very popular because of the very low fees typically associated with this automated service. I believe there is some merit and a place for Robo-advising. There are just some concerns that I have regarding Robo -advising, first being, we really have not seen how the robot handles a fast-moving downward market or an elongated bear market. I can see Robo -advising being used by young people with a very longtime horizon in the markets that are just allowing the robot to rebalance their portfolio and to make algorithmic choices for their money. Where I don’t believe Robo works well is for someone inside of 10 years of retirement or doesn’t like equity market risk. As we get closer to needing our assets for income, or simply do not have time to recover from a correction in the equity markets, then an advisor or asset manager that is skilled at structuring steady, sustainable and reliable income that mitigates market risk, sequence of return risk and longevity risk can be invaluable.

I have seen many portfolios that were good candidates for Robo advising. Typi-

cally, these portfolios were made up of a family of mutual funds with attached commissions and 12 b1 fees sold by “advisors” who did not take the clients best interests into consideration, but sold funds that their firm was paid to promote. In this instance this clients’ money was being passively managed through high cost mutual funds whereas the robot may have done a better job for less fees. I guess what I’m saying is that given the choice of a robot or a typical broker connected to a firm or bank, I might choose the Robo as well. Client money must be managed with the client’s best interest first, but can only be done by an advisor who really understands how to manage that money for their client’s needs, that includes risk tolerance and purpose.

As I mentioned earlier, we have not really seen how the robot

reacts in tough market conditions. The last eight years has seen a couple of bumps but not any major draw-downs in the equity markets. So, complacency is at an all-time high and money will chase a market nearing a top. Studies also tell us that investors will start to sell near the bottom. A robot will not have an opinion on the direction of the markets, if you should hedge, if you should raise cash levels or start to shift money over to bonds, fixed income or precious metals. It is a good thing that the robot takes your emotions out of the equation, but I’m not so sure that taking a qualified advisor or asset managers emotions, skill and knowledge is a good thing. Time will tell. Robo advising may work for you if your time horizon long and you don’t mind market risk in the equity markets or it could work for a por-

tion of your portfolio that is designated for growth but you will not need for income in the next 10 years.

A good asset manager can manage your money using modern portfolio theory and options strategies for additional income, that invest in low to non-correlated asset classes using very low fee investments that are designed to maximize your returns and minimize your risk. Compare that to the low fee robot that may not consider capital gains from your previous holdings or several other scenarios that could harm your portfolio without regard to your individual situation. It is all about net returns and risk and more important, purpose!

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

## Celebrating 25 Years of Healthy Homes

Healthy homes are safe, affordable, energy efficient, and the foundation of a healthy community.

Nearly **700** people live in our **341** apartments in Ashland, Laconia, Meredith, Tilton, and Wolfeboro.

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**37%** of our residents are children.

Adults who live in healthy homes are more successful at work.

**65%** of working-age residents have one or more jobs.

Businesses thrive when their employees live in healthy homes.

Our residents work for **125** different employers.

<b>21%</b>	Healthcare
<b>17%</b>	Restaurants
<b>14%</b>	Retail
<b>11%</b>	Education
<b>4%</b>	Manufacturing



To support our mission visit [lrcommunitydevelopers.org](http://lrcommunitydevelopers.org)

## How to Submit Announcements & Obituaries To Salmon Press Publications

Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published **FREE OF CHARGE** in any/all Salmon Press newspapers.

Obituaries can be sent to: [obituaries@salmonpress.com](mailto:obituaries@salmonpress.com)  
Wedding, engagement, and anniversary announcements are welcome at: [weddings@salmonpress.com](mailto:weddings@salmonpress.com)

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor  
Brendan Berube at (603) 279-4516, ext. 111  
with any questions regarding the submission process.



## Gilford Community Band and Historical Society Strawberry Shortcake Celebration

The second summer Gilford Community Band Concert will be on Thursday July 5, and is sure to delight everyone with enthusiastic Independence Day music. Please note that that the usual Wednesday concert is on Thursday as Independence Day is on that Wednesday. As always, the concert will begin at 7:30 p.m. at the Weeks Bandstand in Gilford Village. In case of rain, the concert will be at the Gilford High School Performing Arts Center.

Selections will include "United We Stand" by the 1970 group Brotherhood of Man, whose song became "a Patriotic and spiritual anthem for

many during the post-9/11 recovery," a date that will not be forgotten. Additional music will be the theme song from the 1970 film "Patton." Some of us can remember George C. Scott standing in front of the large American flag. Likewise, the music of John Philip Sousa always appears in Patriotic concerts, and his "Rifle Regiment March" was dedicated to the U.S. Army's Third Regiment. The "God of Our Fathers" was composed in 1876 by Daniel Roberts as a Christian hymn, which ironically had original lyrics from the "Russian Hymn."

Another highlight of this Independence

Day (one day after) concert is the delicious and popular strawberry shortcake feast sponsored by the Gilford Historical Society. We are grateful to these fine volunteers for this treat, but more so for what they do to remind us of the history of Gilford Village. The town is named after the March 15, 1781, Battle of Guilford Courthouse—a strategic Revolutionary War victory for the Patriots.

As usual, the band has rehearsals on every Tuesday at 7 p.m. at Gilford High School, and new members are invited to participate. For further information, please contact Lyvie Beyrent at lbeyrent@sau73.org.



COURTESY

### Celebrate the 4th at Gunstock Mountain craft fair

Celebrate America at the Pre-4th of July Craft Fair at Gunstock Mountain Resort, 719 Cherry Valley Rd., Route 11A, Gilford, on Saturday, June 30 from 10 a.m. to 4 p.m. and Sunday, July 1 from 10 a.m. to 4 p.m.! There will be more than 80 awesome arts and crafts exhibitors with an array of arts and crafts plus a fabulous live alpaca exhibit both days! Some of the exhibits will include hand painted feather art, wildlife photography, soy candles, primitive wood, gourmet roasted nuts, hand painted lanterns & wine glasses, hand poured soaps/lotions, cedar wood furniture, alpaca items, awesome pressed floral art, decorative tiles, gourmet food dips, homemade fudge, kettle corn, inlaid furniture and mirrors, pottery, amazing quilts and table decor, homemade pickles & preserves, crystalline pottery, pillow quilts, handcrafted fine jewelry, hand painted & personalized coffee mugs, and lots more!!! Rain or Shine Under Canopies! Music & Food - Free Admission & Free Parking - Friendly, Leashed Pets Welcome. For more information, call Joyce at 528-4014, www.joycescraftshows.com.

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## Pereira achieves membership in Million Dollar Round Table

David C. Pereira of Gilford, a representative for Modern Woodmen of America, is one of a small percentage of financial representatives worldwide to achieve membership in the prestigious Million Dollar Round Table (MDRT) this year.

Founded in 1927, MDRT, The Premier Association of Financial Professionals®, is a global, independent association of



more than 49,000 of the world's leading life insurance and financial services pro-

fessionals from more than 500 companies in 70 countries. MDRT members demonstrate exceptional professional knowledge, strict ethical conduct and outstanding client service. MDRT membership is recognized internationally as the standard of excellence in the life insurance and financial services business.

The local Modern Woodmen office is lo-

cated in Gilford. Contact Pereira at 524-2005 for more information about Modern Woodmen's financial services and fraternal programs.

Founded in 1883, Modern Woodmen of America is a fraternal financial services organization offering financial products and fraternal member benefits to individuals and families throughout the United States.

**JULY 4TH SPECTACULAR**  
Gorham, NH  
June 29th - July 4th

f Gorham 4th of July Celebration

**FREE CONCERT**

**RECYCLED PERCUSSION**

**Friday, June 29th on the Common at 7:30 PM**

This Years Theme:  
**Hats Off To Our Troops**

*Join Us For New Hampshire's Longest 4th of July Celebration*

Events schedule may change with out notice  
www.gorhamnh.org  
or www.gorhamnewhampshire.com

**Friday, June 29th**  
5:00 pm - 10:00 pm Miller Amusements Carnival Midway  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
5:00 pm Side Walk Vendors Open  
5:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm  
7:30 pm **CONCERT: RECYCLED PERCUSSION**

**Saturday, June 30th**  
8:00 am - 4:00 pm NEW EVENT!  
At-Your-Leisure Singles Golf Tournament at AVCC (Play anytime between 8 am - 4 pm on Sat or Sun to be entered!)  
8:45 am - 9:15 am 4K Walk/Run Registration at Ed Fenn  
9:30 am Scootin' for the Red White & Blue 4K Walk/Run Starts  
Start and finish at the Ed Fenn. Sponsored by AVH  
11:00 am Side Walk Vendors Open  
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens  
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00  
12:00 pm - 6:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm  
4:00 pm - 7:00 pm Chili Chowder Cook Off on the Common!  
Hosted by White Mountain Rotary Club  
5:00 pm - 10:00 pm Miller Amusements Carnival Midway continues  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
6:00 pm - 9:00 pm **Concert: Straightaway**

**Sunday, July 1st**  
8:00 am - 4:00 pm At-Your-Leisure Singles Golf Tournament at AVCC  
11:00 am Classic Car Parade Line Up (Ed Fenn School)  
11:00 am Side Walk Vendors Open  
11:30 am **Classic Car Parade** Sponsored by ColorWorks  
12:00 pm - 2:00 pm **Classic Car Show** & Music with Steve Emerson  
12:00 pm - 2:00 pm Kids Games - Hosted by Legion Aux. Unit 82  
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens  
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00  
12:00 pm - 6:00 pm Horse Drawn Wagon Rides By Meadow Creek Farm  
5:00 pm - 10:00 pm Miller Amusements Carnival Midway continues  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
6:00 pm - 9:00 pm **Concert: Riley Parkhurst Project**

**Monday, July 2nd**  
8:00 am - 7:00 pm 2nd Annual Patriotic ATV Photo Scavenger Hunt  
Registration 8-10 am at Gorham Corner Market (\$5 PP)  
Must have a camera or cell phone and internet access.  
5:00 pm Side Walk Vendors Open  
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
6:00 pm - 9:00 pm **Concert: Lil' Penny**

**Tuesday, July 3rd**  
5:00 pm Side Walk Vendors Open  
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
6:00 pm - 9:00 pm **Concert: Shark Martin**

**Wednesday, July 4th**  
10:00 am - 10:45 am REGISTRATION For Kiddies Parade  
(Registration is a MUST at Ed Fenn School)  
11:00 am **Kiddies Parade** (Starts at Ed Fenn School)  
11:00 am Side Walk Vendors Open  
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens  
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00  
1:00 pm Parade Line up  
1:30 pm DJ Music by Mountain Music at the Bandstand  
2:00 pm **Main Parade - Sponsored by Service Credit Union**  
(Starts at Dublin Street down Rt 16 to Railroad St.)  
3:00 pm - 5:00 pm Karaoke and DJ Music by Mountain Music  
5:00 pm - 11:00 pm Miller Amusements Carnival Midway continues  
Night Bracelet Pay ONE PRICE On The Rides \$25.00  
6:00 pm - 10:00 pm **Concert: Blacklite Band**  
10:00 pm **Fireworks** by Atlas Fireworks

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# Local residents named to Simmons College Dean's List

BOSTON, Mass. — The following local residents were named to the 2018 spring semester dean's list at Simmons College in Boston.

Kayla Patricia Zarella, Gilford resident  
Chelsea Marie Marshall, Laconia resident  
To qualify for dean's list status, undergraduate students must obtain a grade point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.

Simmons College (www.simmons.edu) is a nationally recognized private college located in the heart of Boston. Founded in 1899, Simmons is the only undergraduate women's college in Boston, and maintains a history of visionary thinking and a focus on social responsibility. Follow Simmons on Twitter at @SimmonsCollege and @SimmonsNews.

## Cummings School of Veterinary Medicine at Tufts University announces graduates

MEDFORD / SOMERVILLE, Mass. — Cummings School of Veterinary Medicine at Tufts University graduated 147 students-whose studies varied from veterinary medicine to the intersection of animals and public policy, to infectious disease and global health-at its 36th commencement ceremony on May 20.

The graduates included Brittany Colbath, DVM, and Brienna Tomlinson, DVM of Gilford.

Across all schools at Tufts University, more than 3,700 graduate and undergraduate students were awarded degrees during the university's annual commencement, which featured the awarding of honorary degrees to a number of academic, business and civic leaders making a positive impact on the world.

Founded in 1978 in North Grafton, Mass., Cummings School of Veterinary Medicine at Tufts University is internationally esteemed for academic programs that impact society and the practice of veterinary medicine; seven teaching hospitals and clinics that combined log more than 80,000 animal cases each year; and groundbreaking research that benefits animal, human, and environmental health.

## Local residents named to Spring 2018 Dean's List at Saint Michael's College

COLCHESTER, Vt. — The following local students were named to the Dean's List at Saint Michael's College for the Spring 2018 semester.

Kassandra A. Weston, a First-Year neuroscience major who is the daughter of Kaarla Weston of Gilford and a graduate of Gilford Middle High School.

Madison B. Nichols, a Junior biology major who is the daughter of Shawn and Shelley Nichols of Gilford and a graduate of Tilton School.

About Saint Michael's College

Saint Michael's College, founded in the great Catholic intellectual tradition, which also recognizes the principles of social justice and compassion, is a selective, fully residential Catholic college in Vermont's beautiful Green Mountains. Our closely connected community delivers internationally-respected liberal arts and graduate education near Burlington, one of the country's best college towns. To prepare for fulfilling careers and meaningful lives, young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other and their world.

## Emily Curtis of Gilford named to Springfield College Dean's List

SPRINGFIELD, Mass. — Springfield College has named Emily Curtis of Gilford to the dean's list for academic excellence for the spring 2018 term. Curtis is studying Rehabilitation and Disability Studies.

Criteria for selection to the dean's list requires that the student must have a minimum semester grade point average of 3.500 for the semester.

Founded in 1885, Springfield College is known worldwide for the guiding principles of its Humanities philosophy-educating students in spirit, mind and body for leadership in service to others. With its foundation of academic excellence and rich athletic heritage, Springfield College prepares students with real-world leadership skills for careers that transform lives and communities. The college offers a range of undergraduate and graduate degree programs in the fields of health sciences, human and social services, sport management and movement studies, education, business, and the arts and sciences. It also offers doctoral programs in physical education, physical therapy, and counseling psychology. The college is ranked in the top 25 in the 2018 edition of "Best Colleges" in the top tier of "Best Regional Universities - North Region" by U.S. News. In addition, the College is ranked one of the top 17 in the North Region of the U.S. News Best Values report. It is also designated as a College of Distinction and a premier Leadership Development Center by the YMCA of the USA. Nearly 5,000 traditional, nontraditional and international students study at its main campus in Springfield, Mass., and at its School of Professional and Continuing Studies across the country.

## American International College announces Dean's List students

SPRINGFIELD, Mass. — American International College in Springfield, MA has named 450 students to the Spring 2018 Dean's List. Dean's List students are full-time students with a grade point average between 3.3 and 4.0.

Katheryn Fecteau of Laconia, majoring in Criminal Justice  
Ryan Lafrance of Gilford, majoring in Visual and Digital Arts

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in Springfield, Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

## Thomas James Hart named to Husson University's President's List

BANGOR, Maine — Gilford resident, Thomas James Hart, has been named to Husson University's President's List for the Spring 2018 semester.

Hart is a junior who is currently enrolled in Husson's Bachelor of Science in Kinesiology-Human Movement Science/Doctor of Physical Therapy (DPT) program.

Students who make the President's List must carry at least 12 graded credit hours during the semester and earn a grade point average of 3.80 to 4.0 during the period.

For more than 100 years, Husson University has prepared future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees. With a commitment to delivering affordable classroom, online and experiential learning opportunities, Husson University has come to represent superior value in higher education. Our Bangor campus and off-campus satellite education centers in Southern Maine,



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# Ashland

## JULY 3 Activities

(rain date July 5)

**Activities start at 3, kids games, & BBQ**  
**Radio broadcast is 3-6 pm**  
**Face painting starts at 4 pm**  
**Fair food vendors**  
**Apple Pie Baking Contest 5 pm**  
**Art Harriman Music 6-7 pm**  
**Larry Walker Band 7-9 pm**  
**National Anthem 9:30 pm**  
**Fireworks at Dusk**

## July 4th Activities

**Pancake breakfast 7-10am at the Common Man, Adults \$7**  
**Parade 10:00 am Main Street Ashland**

**28 Stone Road**  
**Belmont, NH 03220**  
**(603) 267-6547**  
**M-F 6:30 am - 3:30 pm**  
**Sat 6:30-11:00 am**  
**Closed Memorial Day Weekend**

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- Sand
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### SUMMER SCHEDULE

## Last Women's Intro to Handgun

July 7th and August 11

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# LRGH Auxiliary Scholarship Committee awards 10 scholarships

LACONIA — The LRGH Auxiliary Scholarship Committee has awarded nine scholarships and an additional memorial scholarship from donations made to the Jean Hancock Memorial Scholarship Fund.

This was the sixth year the Auxiliary limited their scholarships to employees of the hospital, their immediate families, and teen volunteers entering a medical/health field. The Scholarship Committee, consisting of Ernie Bolduc, Bob Dalton, Colleen Hartigan, Nancy Morrill, David White, and Pamela Patenaude met to review the applications and make award decisions.

Scholarships are presented annually to support continuing education and training, promote skill development and career advancement for immediate family members of LRGHealthcare employees or volunteers pursuing a degree or certification in an accredited/ licensed program. Applicants are awarded scholarships based on need, merit, citizenship and future goals.

**This year's Auxiliary Scholarship recipients are:**

Anne Dionne of Laconia is a fourth year student at the University of



Top row - Bob Dalton, Nancy Paterno, Jillian LaChapelle, Nancy Morrill, Erin Gately, Pam Patenaude, Colleen Hartigan. Seated: Nemanja Boshovic, Anne Dionne, Brendan Bergman. Recipients not pictured: Sophia Joyal, Jessica Dion, Grace Shaw, Kylee MacDonald, Mollie Ryan. Committee member David White.

Rhode Island

Nemanja Boshovic, of Laconia will be attending the University of New Hampshire

Sophia Joyal, of Laconia will be attending the University of New Hampshire

Jessica Dion, Belmont will be attending the University of Vermont

Jillian La Chapelle of Gilford will be attending the University of New England, College of Pharmacy

Erin Gately of Gilford has been accepted at Colby Sawyer College, School of Nursing.

Brendan Bergman of Gilford has been accepted at Northeastern University

Grace Shaw of Belmont will be attending Plymouth State University.

Kylee MacDonald of Bridgewater will be attending the Massachusetts College of Pharmacy.

A former member of the LRGH Auxiliary, the family of Jean Hancock, requested that contributions should be made to a memorial scholarship fund for a student in the field of Pediatrics or Primary care.

The Jean Hancock Memorial Scholarship has been awarded to Mollie Ryan, a graduate student at St. John's University in Newfoundland where she is

studying for a Master in Nursing with a concentration in Pediatrics, while working full time as a nurse.

The LRGH Auxiliary

has awarded more than \$230,000 in scholarship aid to healthcare students in our community since 2000. Scholarship funding is the direct re-

sult of the hundreds of volunteer hours worked annually at the LRGH Auxiliary Gift Shop to raise the necessary funding.

## Tessa D. Schrupp named to Colby's highly selective Dean's List

WATERVILLE, Maine — Tessa D. Schrupp of Gilford was recently named to the highly selective Dean's List at Colby College in Waterville, Maine, for outstanding academic achievement during the spring semester of the 2017-18 academic year. Schrupp is one of 438 Colby students or 23 percent of the qualified student body to qualify for the Dean's List last semester.

Schrupp, a member of the Class of 2020, attended St Pauls School and is the daughter of Troy Schrupp and Eliza Deery of Gilford. Schrupp earned a se-

mester grade point average of 3.75 or higher last fall to be included on Colby's highly selective Dean's List. She majored in French studies and global studies.

Founded in 1813, Colby is one of America's most selective colleges. Serving only undergraduates, Colby offers a rigorous academic program rooted in deep exploration of ideas and close interaction with world-class faculty scholars. Students pursue intellectual passions, choosing

among 58 majors or developing their own. Colby's innovative and ambitious campaign, Dare Northward, will support deeper connections between the College and the world and a fully inclusive experience for all Colby students. Colby is home to a community of 2,000 dedicated and diverse students from more than 80 countries. Its Waterville, Maine, location provides unique access to world-class research institutions and civic engagement experiences.

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## Emily Arnold receives degree from Western New England University

SPRINGFIELD, Mass. — Emily Arnold, of Gilford graduated with a Bachelor of Science in General Biology from Western New

England University during the Saturday, May 19, 2018 commencement ceremonies.

Arnold was among more than 700 students who received degrees from 30 states and 7 countries. The top five fields of study were Mechanical Engineering, Criminal Justice, Accounting, Pharmacy Studies, and Psychology.

Western New England University is a private, independent, coeducational institution founded in 1919. Located on an attractive 215-acre suburban campus in Springfield, Massachusetts, Western New England serves 3,808 students, including 2,613 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

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# Raffle underway in support of GOT LUNCH! Laconia

LACONIA — GOT LUNCH! Laconia has begun its eighth summer of delivering healthy groceries to children who may otherwise go hungry and without healthy food during the summer months. Registration is still open, forms are on the Web site: [www.gotlunchlaconia.org](http://www.gotlunchlaconia.org) or at the Congregational Church of Laconia, 18 Veteran’s Square. This is a community-wide effort all are welcome to help any Monday



COURTESY  
(Left) Once again, Irwin Marine has generously donated water crafts for GOT LUNCH! Laconia to raffle off.

morning at The Congregational Church of Laconia UCC, 8:15 a.m. Once again, Irwin Marine has generously donated water crafts for GOT LUNCH! Laconia to raffle off. This is an important fundraiser for GOT LUNCH! Laconia – all proceeds go directly to feeding the children. This year

there are three prizes: 1st prize is an Old Town Saranac Canoe, 2nd prize is and Old Town Heron Kayak and 3rd prize is a Riviera Paddleboard. Tickets may be purchased at Irwin Marine, VISTA Grocery Store, All My Life Jewelers or Tavern 27. Tickets are \$10 each or three for \$25.



## 21st Annual Jewish Food Festival set for July 8

LACONIA — Once again, the event to attend this summer is the 21st Annual Jewish Food Festival at Temple B’nai Israel in Laconia on Sunday, July 8, from 11 a.m.-2 p.m. People will be coming together from all over New Hampshire and beyond to enjoy the memories of the tastes and smells from the kitchens of Jewish mothers and Bubbes (grandmothers) through the ages... from traditional Jewish cooking to delicatessen delights to amazing desserts and more!

In addition to the tasty array of homemade products, the Food Festival features corned beef, pastrami and tongue “imported” from Evan’s Deli in Marblehead, Massachusetts. Evan hand cooks his meats in the deli kitchen and food critics and patrons alike declare, “This meat is out

of this world.” Treat yourself and your family to a fresh Evan’s Deli meat sandwich or any of the other homemade Jewish delicacies including deli meats or TBI’s homemade beef brisket with pickle and coleslaw on rye or roll, knishes (meat & potato), blintzes, chopped herring, and chopped chicken liver. Available for takeout, all frozen and ready to heat at home - while supplies last - deli meats and brisket, matzo ball soup, potato latkes, noodle kugel, stuffed cabbage, rugelach and strudel. And don’t forget the half sour pickles as well as the fabulous assortment of homemade desserts.

The Jewish Food Festival in Laconia ranks with the best due to TBI’s talented cooking crew of women and men who have been gathering before Festival Day

for planning and recipe selection as well as participating in dozens of cooking and baking sessions in the temple kitchen.

Per Committee Chair Stu Needleman, “Our cooking teams have prepared hundreds of servings of the most delectable foods. We have purchased, cooked and hand sliced nearly 200 pounds of everyone’s favorite meats and baked dozens of varieties of cakes, cookies and other deserts. But no matter how much we have, everything goes quickly. So don’t be late and risk having your favorite item sold out!”

Food Festival attendees from years past attest to the great food and festive atmosphere: The best day of the year. This is an epic annual event in Laconia; a valuable cultural event for our community. Absolutely incredible.

ble. Out first time here, but not our last! Wonderful people!

The highlight of our weekend. We were warmly welcomed, greeted and cared for. We’ll be back next year with our friends!

However, this Festival is about more than food. You will find many assorted treasures at the Nearly New Boutique on the front lawn as well as new Judaica items inside. Attendees meet old and new friends from the community at large, both Jewish Food connoisseurs and rookies.

The Jewish Food Festival takes place under the tent on July 8 at Temple B’nai Israel, 210 Court St. in Laconia, rain or shine. Credit cards are accepted. More information can be found at [www.tbinh.org](http://www.tbinh.org) Questions should be directed to [foodfestival@tbinh.org](mailto:foodfestival@tbinh.org).

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# Fireworks return to Weirs Beach this summer

**WEIRS BEACH** — The Weirs Action Committee is excited once again to present the popular Fireworks at Weirs Beach! The Weirs Beach Fireworks are the first in the state to celebrate the 4th of July holiday, with fireworks on Tuesday, July 3 at 11:59 p.m.!

Why at midnight? This long-standing tradition began back in the 1950s, when summer visitors and local residents were eager to commence the official kick-off to summer! Vacationers enjoy the long summer nights, the variety of dining options around the lake, and the tradition of bringing the family to Weirs Beach - to play games at the arcades, stroll the boardwalk, grab some souvenirs, and enjoy an ice cream while watching the fireworks being set up on the beach in anticipation for the show to begin. The City of La-



The Weirs Action Committee is excited once again to present the popular Fireworks at Weirs Beach!

conia is the sponsor of the July 3 celebration, and hundreds show up on Lakeside Ave to get into good position for viewing the spectacular show. Boaters parade in and fill the bay overlooking Weirs Beach in a sea of red

and green lights reflecting off the water. After the 4th, the Weirs Beach Fireworks continue with a special Sunday show on July 8 at 10 p.m., and then every Friday night at 10 p.m., until the final show on Sunday of Labor Day weekend at 10 p.m.

Atlas Fireworks has been instrumental by providing the shows and helping to support this tradition. The City of Laconia sponsors the 4th celebration, while the Half Moon Enterprises and the Weirs Action Committee (WAC) sponsor the Labor Day show. But since there are no specific sponsors for the regular Friday night shows, which cost roughly \$3,000 per show, there is a great

need for community support. WAC thanks the many local partners who have provided support in the past, and hopes that businesses, residents and visitors alike are motivated to send in donations to ensure that this event will continue to make Weirs Beach and the Lakes Region a destination for families. For up-to-date fireworks information and for secure donations, visit: [www.WeirsBeachFireworks.com](http://www.WeirsBeachFireworks.com) and/or Facebook at [Facebook.com/WeirsBeach.WAC](https://www.facebook.com/WeirsBeach.WAC).

The Weirs Action Committee is a non-profit 501(c) 4 organization. Members comprise of local businesses and residents interested in preserving the natural beauty

and attributes of Weirs Beach. The group meets monthly and welcomes new members! Contact: [wac@weirsbeach.org](mailto:wac@weirsbeach.org)

**2018 Dates & Times:**  
Holiday shows: Tuesday, July 3 at 11:59 p.m.; Labor Day Weekend - Sunday, Sept. 2 at 10pm. There are no rain dates for holiday shows.

Special Sunday Show: July 8 at 10 p.m. From the 1950's through the 1990's, regular fireworks shows were held on Sunday nights at Weirs Beach. This special show commemorates that past tradition.

Regular Friday night shows at 10PM: Friday, July 13, 20, 27, Aug. 3, 10, 17; Rain date make-up, Aug. 24.

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# Interlakes Summer Theatre entering 11th season

BY ERIN PLUMMER  
mnews@salmonpress.news

MEREDITH —Interlakes Summer Theatre is entering its 11th season with a slate of big shows, a number of theater veterans on and offstage, and a building reputation for producing great talent.

Interlakes Summer Theater will begin its new season on July 5 with the opening of Andrew Lloyd Weber's "Evita." The professional summer stock theater at the Inter-Lakes Community Auditorium was founded in 2008 by Producing Director Nancy Barry.

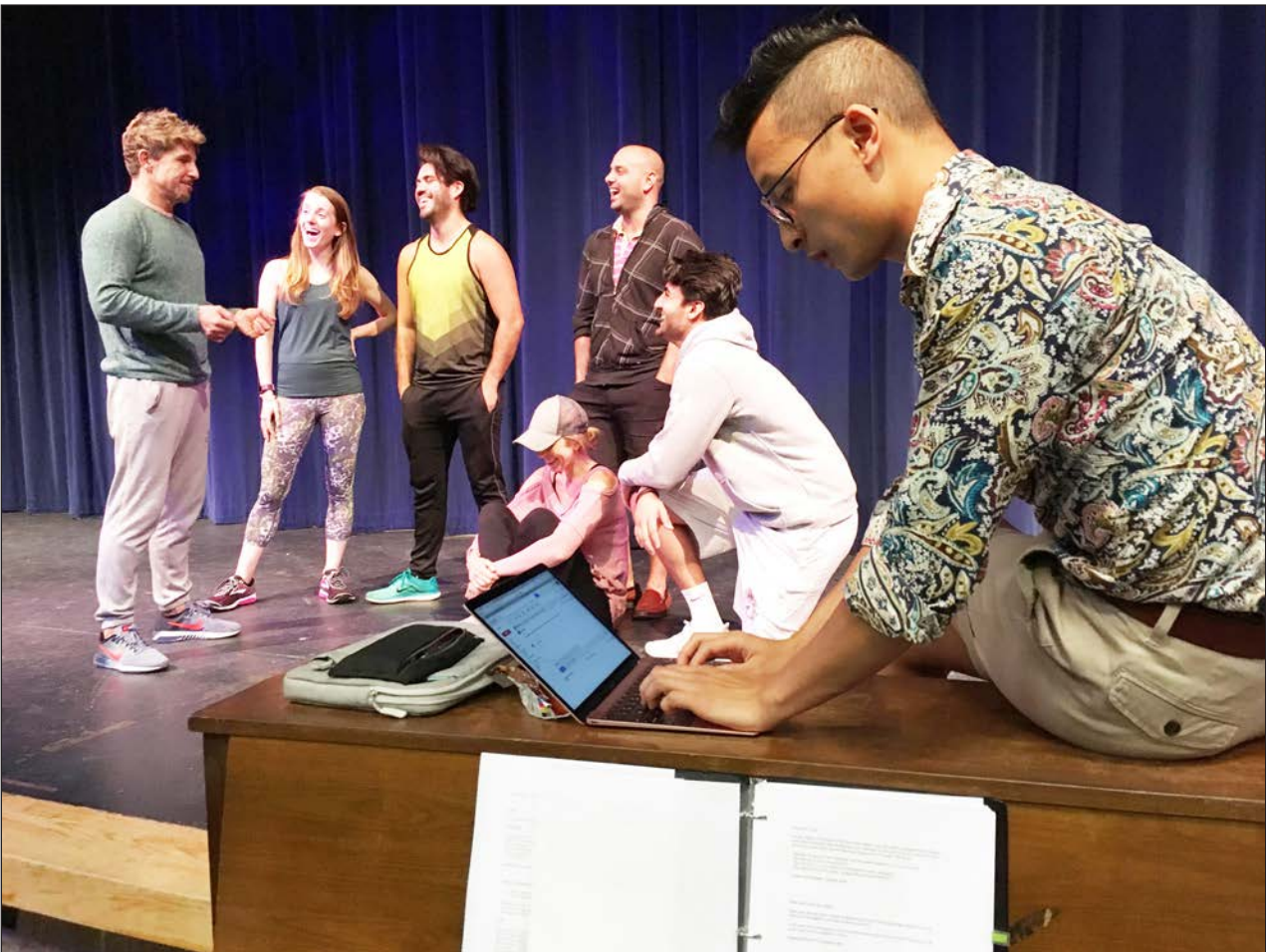
Barry said in the past decade, 28 of their performers have signed contracts to perform in Broadway productions, some recently. The theater filmed a commercial, which is now running in local movie theaters and will be shown to wider audiences soon. Barry said when they initially filmed the voiceover stated that 22 performers had gone onto Broadway. Soon she contacted the producers to correct the voiceover to 24 people, since then four more performers have gone onto Broadway.

"That just tells me I've been finding great talent," Barry said.

Over the years, 23 people are coming back after performing there before.

"That means they trust me, and I trust them; that's part of the family thing," Barry said.

Two performers who took part in the first season and met for the first time are now married; the wife is performing on Broadway, and the hus-



NANCY BARRY

"Evita" director Gustavo Wons, a Broadway dancer who was born in Argentina. Onstage are the leads in Evita: Stephanie Christianson, Mario Castro, Mikey LoBalsamo, Ashley Landroche Whalley, and Giovanni Beatty along with Music Director Alexander Tom.

band is a stage manager.

She said the Interlakes Summer Theatre has become well known to casting directors and other theatrical movers and shakers in the know from New York City to Florida. She said she has heard that actors will recommend to their peers to take the opportunity to do Interlakes Summer Theatre if they are offered.

Initially, the theater had a rocky start. Barry said the theater started the summer before the recession of 2008 hit, and since then, it has been lucky to break even. Barry has never taken a paycheck from the theater, saying she does her work there for the love of it.

Over the past decade, the theater has steadily

grown more successful. She said she has made close friendships, especially the people she meets at the annual casting conference in New York City.

The new season's first production is "Evita" starring Ashley Landroche as Eva Peron.

"I chose her because she is mature," Barry said. "She has the talent, she has the depth to do a role like this."

Landroche also runs The Studio at Meredith Bay, which was formally managed by her grandmother.

The production is directed by Broadway veteran Gustavo Wons, who is from Argentina and has dual US/Argentinian citizenship. Barry said Wons has given much insight on how revered Peron is in his home country. Barry said Wons has told them about how she did a lot for women in Argentina, including helping to give women the vote.

"He knows things about her that we don't get to see in the story," Barry said. "I love it because he knows the true story."

"Evita" closes on July 15 and next the theater will do the classic musical "Showboat" July 18-29.

The next show will be "La Cage aux Folles" on Aug. 1-12, the play that inspired the film "The Birdcage."

The show has special meaning to Barry. In "La Cage aux Folles" a gay couple tries to hide who they are when

meeting the conservative parents of their son's fiancée. Barry once performed in a production of the musical and her parents were in the audience.

"My parents said that show just touched their hearts how parents are willing to sacrifice for their children," Barry said. "They were very conservative, but they loved that show, they loved the message."

Theater veteran David Michael Stoddard will play Albin.

The season will finish with "Newsies" Aug. 15-19, which will Barry said will feature Broadway-caliber dancers.

The theater will have a "Newsies" themed float in Meredith's 250th birthday parade.

The nonprofit Interlakes Children's Theatre is getting ready for its first show of the season. The organization is a theater camp for students ages 9-18 where they work with professional actors.

The first show is "Honk, Jr." July 14 and 15, which will be followed by "Really Rosie" on July 28 and 29 and "Lion King, Jr." Aug. 11 and 12.

For more information on the season and special events, call 707-6035 or visit [interlakes theatre.com](http://interlakes theatre.com).



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## Edward Jones: Financial Focus

### 4th of July - Work Toward Your Own Financial Independence Day

We're getting close to the Fourth of July, our national Independence Day. This celebration may get you thinking of the many freedoms you enjoy. But have you thought of what you might need to do to attain financial freedom?

Your first step is to define what financial independence signifies to you. For many people, it means being able to retire when they want to, and to enjoy a comfortable retirement lifestyle. So, if this is your vision as well, consider taking these steps:

**Pay yourself first.** If you wait until you have some extra money "lying around" before you invest for retirement, you may never get around to doing it. Instead, pay yourself first. This actually is not that hard to do, especially if you have a 401(k) or other employer-sponsored retirement plan, because your contributions are taken directly from your paycheck, before you even have the chance to spend the money. You can set up a similar arrangement with an IRA by having automatic contributions

taken directly from your checking or savings account.

**Invest appropriately.** Your investment decisions should be guided by your time horizon, risk tolerance and retirement goals. If you deviate from these guideposts – for instance, by taking on either too much or too little risk – you may end up making decisions that aren't right for you and that may set you back as you pursue your financial independence.

**Avoid financial "potholes."** The road to financial liberty will always be marked with potholes you should avoid. One such pothole is debt – the higher your debt burden, the less you can invest for your retirement. It's not always easy to lower your debt load, but do the best you can to live within your means. A second pothole comes in the form of large, unexpected short-term costs, such as a major home or auto repair or a medical bill not fully covered by insurance. To avoid dipping into your long-term investments to pay for these short-term costs, try to build an emergency fund containing six months' to a year's worth of living expenses, with the money kept in a liquid, low-risk account.

**Give yourself some wiggle room.** If you decide that to achieve financial independence, you must retire at 62 or you must buy a vacation home by the beach, you may feel disappointed if you fall short of these goals. But if you're prepared to accept some flexibility in your plans – perhaps you can work until 65 or just rent a vacation home for the summer – you may be able to earn a different, but still acceptable, financial freedom. And by working a couple of extra years or paying less for your vacation home expenses, you may also improve your overall financial picture.

Putting these and other moves to work can help you keep moving toward your important goals. When you eventually reach your own "Financial Independence Day," it may not warrant a fireworks display – but it should certainly add some sparkle to your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Christy Day

COURTESY PHOTO

# Author Christy Day shares 500-mile pilgrimage at Taylor Community

LACONIA — Join us as Author Christy Day shares the spiritual joys and physical challenges of her 500-mile pilgrimage across northern Spain, Monday, July 16 at 6:30 p.m. in Taylor Community’s Woodside Building. This event is free and open to the public.

Day walked El Camino de Santiago de Compostela at 66 years of age. Her book about the experience, “Walking from Here to There: Finding

My Way on El Camino” will be available and there will be plenty of time for questions and answers.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region. Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at [www.taylorcommunity.org](http://www.taylorcommunity.org), or call 366-1400.

# Home of local artist on 31st Annual Central NH VNA & Hospice Home and Garden Tour

WOLFEBORO — Visit the retirement home of a local artist and her husband and, while there, view her many magnificent watercolors displayed throughout the home. All this and more at the 31st Annual Central NH VNA & Hospice Home and Garden Tour on Wednesday, July 11 from 10 a.m. to 4 p.m. Enjoy the view from the deck as you look across the Big Lake to Barndoor Island and Gunstock Mountain.

Inside, the home is decorated with soft, appealing colors and is filled with handsome antique pieces of family furniture and beautiful paintings created by the artist who knew she wanted to be an artist ever since she could first hold a crayon. This is just one of four fabulous homes on this year’s tour.

Tickets for the tour are \$40 and are available



COURTESY

Visit the retirement home of a local artist and her husband and, while there, view her many magnificent watercolors displayed throughout the home. All this and more at the 31st Annual Central NH VNA & Hospice Home and Garden Tour on Wednesday, July 11 from 10 a.m. to 4 p.m.

at Black’s Paper and Gift Store at 8 South Main St. in Wolfeboro or online at [www.centralvna.org/tour](http://www.centralvna.org/tour). Only cash or checks are accepted at Black’s. You might also be interested in purchasing a \$15 luncheon ticket. This year’s luncheon will be held at the newly renovated Barn at Pickering House. The inn itself will not be open to

the public at this time. Luncheon tickets are limited, almost sold out, and must be purchased in advance.

The ever popular Dine Around Raffle tickets are being sold by members of the tour committee every Saturday morning leading up to the tour at Harvest Market, 36 Center Street, Wolfeboro. The

drawing will take place at the end of the tour day. All proceeds from the tour, luncheon and raffle go toward supporting the work of the hospice program at Central New Hampshire VNA & Hospice. For more information about hospice services you may call the Wolfeboro office at 569-2729 or the Laconia office at 524-8444.

# Lee Van Cleef is after revenge in “Death Rides a Horse” on LRPA

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (June 29 & 30) for our “LRPA After Dark”

presentation of 1969’s spaghetti western “Death Rides a Horse,” starring Lee Van Cleef and John Phillip Law.

“Death Rides a Horse” is a tale of mur-

der, betrayal and retribution. A young boy named Bill witnesses the degradation and murder of his family at the hands of outlaws. Fifteen years later, Bill (Law) is an angry, vengeful man bent on finding and killing the men who massacred his family. Bill meets up with Ryan (Van Cleef), an ex-con bounty hunter with his own dark reasons for tracking down the criminals. As the two unlikely partners get closer to their prey, Bill slowly uncovers secrets from Ryan’s past.

Though it may not be one of the most famous examples of its genre, “Death Rides a Horse” is a fan-favorite spaghetti western, filled with shoot-outs, low-lives, and bloodlust. The film features a gorgeous score by the renowned film composer Ennio Morricone, as well as a memorable and understated performance by Van Cleef, truly one of the stars of that genre. You know you want to watch it -- so grab your popcorn and join LRPA after dark for this gem from the cinematic past.

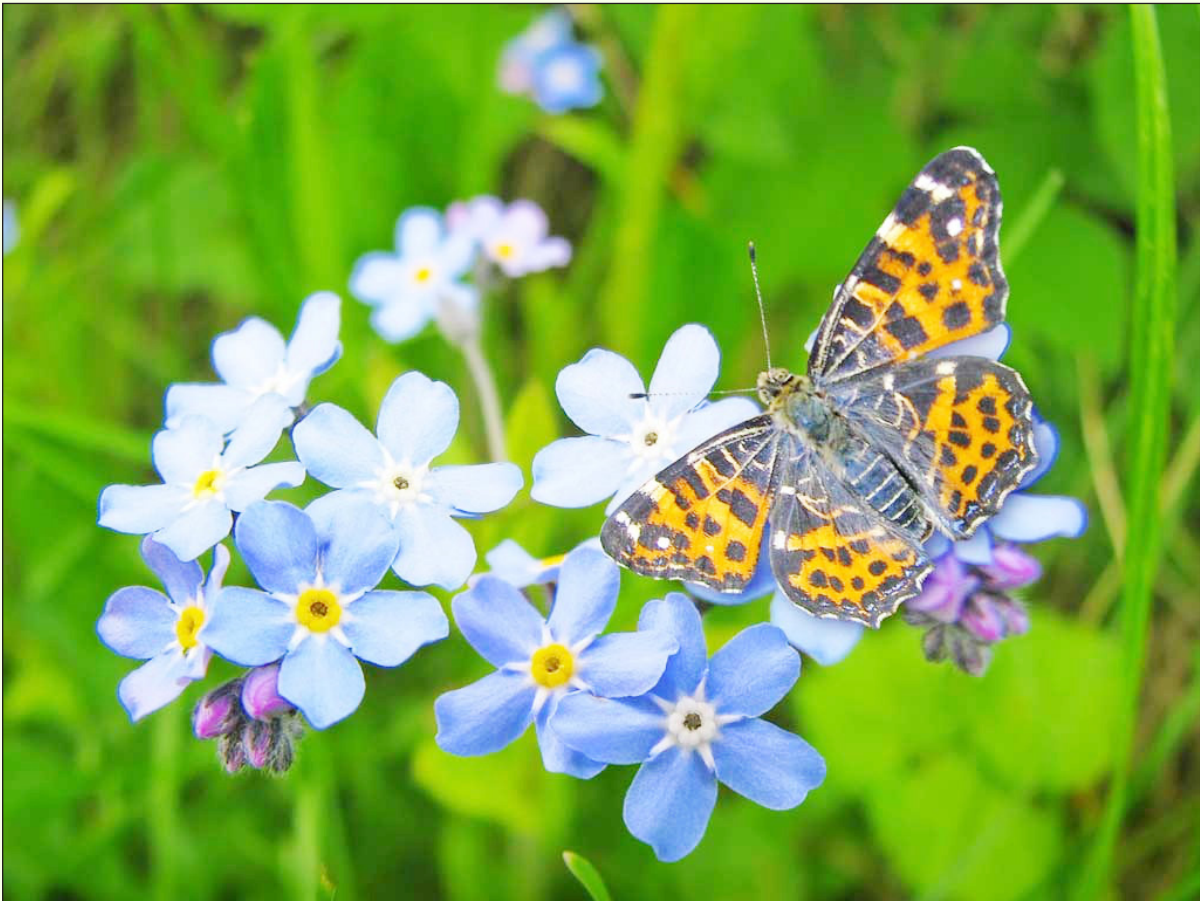
You can’t find television like this it anywhere but LRPA TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our website ([www.lrpa.org](http://www.lrpa.org)) where you can catch all the fun.

**About Lakes Region Public Access Television (LRPA)**

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on Atlantic Broadband channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 11,000 viewers in our member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via Live Stream at [www.lrpa.org](http://www.lrpa.org). Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that:

- fosters free speech and the open exchange of ideas,
- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at [www.lrpa.org](http://www.lrpa.org).



COURTESY

The Opechee Garden Club’s 2018 self guided garden tour will be on July 14 from 9 a.m. to 3 p.m., rain or shine. Tickets are \$25, and include lunch. The luncheon, boutique, plant sale, and raffle will be from 11 a.m. to 2 p.m. at the Gilford Community Church, Potter Hill Road, Gilford. The tour will feature six gardens located in Laconia and Gilford, ranging from well established to more recently designed and planted. Advance tickets are available for purchase at the Gilford Public Library, Laconia Public Library, Kitchen Cravings, Beans and Greens, Appletree Nursery, Sawyers Dairy Bar, Petal Pushers Farm, Cackleberries Garden Center. On the day of the tour tickets may be purchased at the Gilford Community Church. Tour proceeds benefit local scholarships, community gardens and special projects taken on by members of the Opechee Garden Club. For more information or to purchase tickets contact us at: [Opecheegardenclub2012@gmail.com](mailto:Opecheegardenclub2012@gmail.com).

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TOWN HALL

(Continued from Page A1)

“Let’s solve this problem now, let’s do the attic flat and one of the kneewall options, and get this done,” Grenier said.

Board chair Gus Benavides asked if this will really solve the problem, Dunn said this is what the insulation expert recommended.

“Can I sit and guarantee if you spend this money the problem will be solved? I cannot do that,” Dunn said.

Benavides asked Public Works Director Jason Hayden his opinion on this. Hayden answered that putting in insulation “wouldn’t hurt” and it make sense to keep the heat layer lower than the roof. He said Buildings and Grounds can take a look at it. Benavides asked if this was something that needed to be addressed “this second” and Dunn said it was

not. Benavides and Dunn agreed this could be brought up again at the next meeting.

Benavides also asked Hayden if he knew any other companies who could do this.

“Not that Quality Insulation of Meredith isn’t a good company, I was just wondering could we get something else,” Benavides said.

He also asked if sprayfoam insulation would work there and maybe get some quotes on how much it would cost. Hayden said he would look into that. Dunn said he already discussed sprayfoam insulation with Quality Insulation. The information he received was the plastic there now would not hold the foam up and would have to be replaced if they went that route, potentially a high cost.

Dunn said this has been an attempt to do this cheaply and with what’s there. Grenier said doing things cheaply has not served the town well; Dunn agreed, saying the town hall building was an example of that.

“We don’t want to throw out money just to throw out money, but at some point are we going to leave that plastic tarp up there and then invest roughly \$6,000 of putting some more insulation and then 20 years from now there will be three more people sitting (on this board) and going, ‘What were those jamokes thinking back in 2018?’” Benavides said.

This topic was tabled for the June 27 meeting, which took place after our press deadline for this week’s edition. More information will be available in a future edition.

KNOLLS III

(Continued from Page A1)

board of selectmen held a public hearing to receive \$300,000 in funding from the Community Development Block Grant for Gilford Village Knolls III project with project representative Donna Lane reading the grant.

CDBG funds are available through the Community Development Finance Authority, with up to \$500,000 available for affordable housing and economic development and up to \$300,000 available for emergency activities.

The project will receive \$300,000 in CDBG

funding, \$285,000 for the site acquisition, demolition, and site-work at Gilford Village Knolls III and \$15,000 for administration. The total project cost is \$5.7 million.

Lane said sitework for the project began in June of 2017 and construction was recently completed. The building is supposed to be open on Jul 1.

Lane said the project meets passive house standards. She said the building is “very energy efficient” and will generate electricity from solar panels on

the roof.

Rents will range from \$750 to \$950 a month depending on the residents' income.

Lane said as of that day 16 of the units were rented and five applications were being reviewed.

No public comment was given during the hearing.

The ribbon cutting on Gilford Village Knolls III has been scheduled for June 26 and a story on the event will appear in next week's edition of the Gilford Steamer.

NOTEBOOK

(Continued from Page A4)

tered and unabashed. But I am an unabashed sentimental fool when it comes to the nation’s birthday, hometown parades, and people I’ve known all my life following the Stars and Stripes up Main Street.

+++++

Other ships were named for other New Hampshire cities and places. That brings to mind the USS Kearsarge, a 1992 amphibious assault ship and the fourth Naval vessel named in honor of a Civil War sloop famed for foiling Confederate blockade-runners.

The War Department was pretty clever about coming up with names for ships, all of which helped raised tremendous amounts of money for the war effort if they were named for just about any place people could call home, or wanted to (ergo, Kearsarge).

The wars were always over before the Navy ran out of place-names, although I can envision, for example, the USS Deadwater (a stream with extremely swampy headwaters just south of Pittsburg, but what a great name for a Dreadnaught, huh?) or the USS Hedgehog Nubble (yes, such a place exists, in the same vicinity).

+++++

All of this prompts the question as to what ships have been named for not the city but the state, and the status of the present one.

What seems to have been the first known war ship named for New Hampshire was a vessel with an incredible history whose keel was laid down at the Portsmouth Navy Yard in 1819 and was initially known as Alabama. She was to be a ship of the line of “no less than 74 guns” for the then-young nation, and was ready for launch by 1825, but instead her hull languished on its original building stocks for almost 40

years for lack of funds to get her fitted out and manned.

This part of the story frankly astounds me. Who took care of the hull for all that time, and how was it preserved? But so the story goes.

In 1863, the Alabama, renamed the New Hampshire, was finally launched and fitted out, and used in a blockade squadron during the Civil War. She somehow remained relevant during the world’s sea-change from sail to steam, and was put to multiple uses, most notably as a training ship, before being towed from Newport, Rhode Island to New London, Connecticut in 1892 and decommissioned.

But the old ship’s life was not over. The Navy loaned her to the New York Naval Militia as a training ship. Renamed the USS Granite State in 1904 (so a new battleship could be named the USS New Hampshire), she served as a training ship until 1921, when she caught fire and sank at her pier in the Hudson River.

But wait, there’s more. The government sold New Hampshire’s hull to a company that refloated it in 1922 and was towing it to the Bay of Fundy when the line parted and the hull sank in about 30 feet of water near Manchester-by-the-Sea, Massachusetts, where it remains a popular dive site.

The current USS New Hampshire is an attack class submarine launched in 2008 and homeported in Groton, Conn.

+++++

My Dad was proud veteran of the Navy, although chagrined at not getting into combat during the early days of World War II, when like tens of thousands of other young men across the country he dropped everything to go fight the enemy. In-

stead he wound up, as he always ruefully put it, “under three stories of concrete” at a secret base near Washington, D.C., cracking code. He came out as a Lieutenant Commander (jg), and up until the end of his life could still wear his dress whites, and marched in every parade.

In the mid-1990s, when both Dad and I had at least a little pull in a few high places, I wangled an invitation from the Navy (without his knowledge) for the two of us to go aboard a Navy destroyer for three days at sea, a trip that was one of the very best moves of my life.

We were the only civilians aboard. The Navy showed us its absolute best.

How I miss that old Navy guy. If he were still around, I’d have tried to get the two of us aboard the USS Manchester for a grand ride through the Panama Canal.

*(This column runs in a dozen newspapers covering the northern two-thirds of New Hampshire and parts of Maine and Vermont. Letters, with town and telephone numbers in case of questions, are welcome via campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)*

SUMMER 2018

TICKETED CONCERTS

SATURDAY, JULY 7, 7:00PM  
**Michael English**

Michael is an American Christian singer and record producer. He was the lead vocalist of the Gaither Vocal Band and is currently solo. Michael has won a number of GMA Dove Awards including; New Artist of the Year, Male Vocalist of the Year, Gospel Song of The Year and others. In 2011 he was inducted into the North Carolina Music Hall of Fame.



FRIDAY, JULY 13, 7:00PM  
**Ernie Haase & Signature Sound**

From its formation in 2003, Ernie Haase has built Signature Sound into one of the most popular and beloved quartets in all of Southern Gospel music. The group has traveled all over the world. Ernie Haase has previously been a member of the Cathedrals and Bill Gaither Gospel.

FRIDAY, JULY 27, 7:00PM  
**The Isaacs**

The Isaacs, a multi-award winning family group who began singing 35 years ago are based out of Hendersonville, TN. The vocalists are mother Lily Isaacs and siblings Ben Isaacs, Sonya Isaacs Yeary and Rebecca Isaacs Bowman. The Isaacs have a unique style that blends tight family harmony with contemporary acoustic instrumentation. Their musical style includes bluegrass, rhythm and blues, folk, and country, contemporary, acoustic and southern gospel.



SATURDAY, AUGUST 25, 7:00PM  
**David Phelps**

David Phelps is credited among today’s most spectacular voices. His seemingly endless vocal range, which extends more than three octaves, coupled with his gift for communicating a song, has brought the house down in the world’s most prestigious venues. For more than 15 years, David served as a member of the popular and prestigious Gaither Vocal Band, and during that time received numerous Dove Awards, Grammy Awards, and multiple platinum-selling recording projects.

Tickets available at [itickets.com](http://itickets.com). Tickets are \$25.00, \$30.00 at the door.



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**LR ELITE**

older and play with some of the local teams. Hodsdon said Lakes Region Elite gives the players a taste of what AAU basketball is like.

"The ultimate goal is for Lakes Region Elite to grow every year," Hodsdon said.

He said he would also like for this to become a traveling team.

Richard Bushnell of Gilmanton is the coach for the Vipers. He is also coaches for Gilmanton and Gilford Boys AAU.

He said coaching for Lakes Region Elite has been a learning experi-



**Participants in the new Lakes Region Elite basketball league play a regular game.**

ence and he enjoys working with the kids.

"They all try hard,

just getting them to try hard in games as well as practice," Bushnell said.

Barry Uicker of Guilford coaches the Gators for Lakes Region Elite.

and is also a coach for  
Gilford Recreation and  
the All Star Team.

"The skill level's a little higher and the game play is a lot more team oriented and competitive," Uicker said of Lakes Region Elite. "I think it's well run and the kids are great players and the kids are great sports too."

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Uicker of Gilford said playing on the league has been really fun.

"It's a lot more challenging," Mark said. "It's like the better players of the Lakes Region, that makes it a lot more harder."

Vipers player Spencer Bushnell of Gilman-ton said he enjoys playing with kids he plays against on other teams.

## ARTISTS

For those interested in viewing additional artwork by LRAA artists, the Gallery is locat-

ed in the Tanger Outlets, 120 Laconia Road, Suite 132 in Tilton, NH, open Thursday, Friday, Saturday and Sunday from 10 a.m. to 6 p.m. For more information, call 998-0029 or visit [www.lakesregionartassociation.com](http://www.lakesregionartassociation.com).

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## Pair of Nor'Easter squads win tourney titles

BY BOB MARTIN  
Bob@Salmonpress.news

BRATTLEBORO, Vt — The Nor'Easters softball teams' summer seasons have started and success has come early with the 18U team winning the "N.H. States" and the 14U team winning last weekend's Summer Sizzler.

### 18U

The 18U squad is coached by Fern Beaudet and he couldn't have been happier with the way the team started the summer with a win at "N.H. States" in Hudson. The team is made up of four returning players and the rest of the roster is new that came up from 16U or from other organizations. Returners are Jillian Lachapelle of Gilford, Meeka Bolduc of Tilton School, Cait Malahan of Laconia and Jacqui Hallisey of University of Southern Maine.

Other local players include Carly Catty of Winnisquam and Lizzie Fleming of Belmont High School.

"With all the inexperience going into this year we didn't know what to expect," said Beaudet. "We picked up a good pitcher from Berlin in Sam McCann, who pitched all six games over that weekend and did wonderful.



COURTESY  
(Left) The 18U Nor'Easters won the N.H. States to open the summer season.

to be a solid returning player for the Nor'Easters. Her best game was against the Lady Mavericks where she went two for three with a double and an RBI.

Lachapelle played second base, shortstop and designated player. She missed part of the tournament due to graduation, but she made her mark. She was three for seven with an RBI double, and in the championship game she was hit by two pitches. Lachapelle's catch at second base in the championship game was dramatic and was the final out.

"It was an exciting play," said Lachapelle.

Cait Malahan of Laconia was a starting center fielder that went four for 17.

"They were incredible," Beaudet said. "We played some tough teams with really good, experienced pitching. I'll tell you, our hitters didn't miss a beat. They

SEE **SOFTBALL** PAGE B3



The 14U Nor'Easters won the Summer Sizzler last weekend.

We went 6-0 and took the win in N.H. States."

In pool play the team gave up only three runs in three games. The team went into Sunday's championship round and won 8-7

over the Lady Dragons. The Dragons scored four runs in the top of the fifth and then the Nor'Easters came back in the fifth to take the 8-7 lead and hold on for the win.

"It was a close game back and forth," said Beaudet.

In the second game the Nor'Easters beat the Lady Mavericks 5-1. The championship round was against the

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# Lakes Region Lacrosse boys take state title

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD — On June 10 the Lakes Region Lacrosse U14 boys won the program’s first ever state championship at the two-day New Hampshire Youth Lacrosse Association Tournament.

The team, which is coached by head coach Aaron Stroud and assistant coaches Greg Stefan and Beth Doda, had a fantastic 8-0 regular season record. However, it was tight much of the time, as five of the eight games were decided by a single point.



COURTESY

Lakes Region Lacrosse U14 boys won the program’s first ever state championship earlier this month

“It was an exciting season to say the least,” Doda said.

The team was in Division B this season and during the tournament they competed in “Tier 1.” Lakes Region was the top seed with Peterborough second, Hanover third and Timberlane fourth.

The first game of the tier was against Timberlane and Lakes Region won 6-2. Goalie Logan Stroud had a great game, making nine saves. Tanner Robbins led the team with a pair of goals while the other five were scored by Jaxen Cole, Trevor Chassie, Van Buhrman and Matthew Hale.

Lakes Region then faced Hanover and won 10-7 with Stroud making eight saves. Chassie had a great game with five goals. Buhrman added two goals while Hale, Robbins and Joey Doda added a goal each.

The roster is a mix of seventh and eighth graders from the towns of Gilford, Meredith, Moultonborough, Center Harbor, Sandwich, Franklin, New Hampton and Belmont. Coach Stroud explained that he has had some of the players for seven years

and this is the third time they have been to the finals, with it being the first win.

“Something about this team that is special is that this team just never gives up,” said Stroud. “They have so much heart. This team has the most heart and they have an attitude to fight, fight, fight until they end.”

Stroud said it was great to see the team come from behind to come away with wins this season. In the final game the team needed to come back and beat Hanover. Earlier in the season the team played Hanover and had to come from behind as well.

In the finals, Lakes Region was down two goals quickly. Hanover had a strong attacker but once the defense shut him down Lakes Region scored five quick goals on fast breaks.

“After that we just maintained the lead,” said Stroud. “Everyone played really awesome for us.”

Stroud said this was a huge win as last year the team lost in the finals in sudden death. Having a 10-0 season was big for his players, who he said were “very resilient and

skilled.”

“The team itself came together throughout the season as far as the meaning of team,” said Stroud. “That was strong at the end and that was most important to me as a coach.”

As a player heading into the high school level, Stroud said this program has taught the players to be gracious in victory and defeat. He also tries to preach working hard all season, as the players will need to do that when they hit the high school fields.

The team’s home field is at the Meadows in Gilford and New Hampton School, but Lakes Region travels all over the state of New Hampshire for games. The team starts practice in February and the season ends in June.

There are several players coming back next season, but many are moving on to play lacrosse in high school. These are the first players that have come through his program to move on, and Stroud was happy they could leave on a high note.

“It should be exciting because next season will be the first time I’ve seen the boys come through here playing in high school,” said Stroud. “I have been proud of these kids for quite a few years, but getting this title was certainly icing on the cake.”

The roster is as follows: Jake Allison, Max Bartlett, Ethan Bickford, Van Buhrman, Jack Cennamo, Trevor Chassie, Jaxen Cole, Jack Curley, Joey Doda, Jack Gallagher, Andrew Goodearl, Matthew Hale, Dylan Hamel, Cameron Hayward, Mason Kesselring, Dugan Little, Max Quinn, Tanner Robbins, Grady Shoemaker, Zoltan Stefan, Logan Stroud, Sutton Ursillo.

## NH Football Showcase is July 21

REGION — The 2018 New Hampshire Football Showcase will be held July 21 at Bedford High School. This is an exposure event designed for high school players who plan to

play college football. For more information or to register, visit the New Hampshire Football Showcase web site at [www.xceleratethegame.com](http://www.xceleratethegame.com).

## Tanger Fit 5K is Sept. 30

TILTON — Tanger Outlets Tilton in conjunction with Northeast Communications, Belnap Landscape Company, Planet Fitness, Laconia Daily Sun and AutoServ, will host the 10th annual Tanger Fit 5K Run/Walk to benefit breast cancer patients in the Lakes Region. The first 1,000 registrants to check-in at the race will receive an exclusive race t-shirt. All finishers will receive a commem-

orative participant medal and a Tanger Outlets coupon book. Prizes will be awarded to top three male and female winners. The registration fee is \$25 for adults and \$15 for children under 17 years of age or \$30 the day of the race.

Businesses and group organizations interested in forming teams of 10 or more can receive a discounted entry rate (\$5 off per person). For a discounted team rate,

contact the Tanger Outlets General Manager Eric Proulx, at [Eric.Proulx@TangerOutlets.com](mailto:Eric.Proulx@TangerOutlets.com). Team prizes will be awarded for the following categories: Largest team, most spirited and best team t-shirt.

The race is Sunday, Sept. 30, at 8:30 a.m. at Tanger Outlets Tilton, 120 Laconia Road, Tilton.

For more information or to register, visit [www.tangeroutlets.com/race](http://www.tangeroutlets.com/race).



BOB MARTIN

Jillian Lachapelle makes a throw from shortstop during the first senior softball game against Division 1 in Manchester.



BOB MARTIN

Alexis Lacroix played readies herself at first base in the senior game against Division 1 last week.

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# Local baseball players help Lakes team to bronze

**BY BOB MARTIN**  
Bob@Salmonpress.news

**MANCHESTER** — Several Lakes Region baseball players participated in last week’s Granite State Games, helping the Lakes team to a bronze medal finish.

Coach Kevin Gray said Adrian Siravo of Gilford was a big factor in the team’s 9-5 win against the southern region in pool play with a triple in the sixth inning that was part of a four-run rally. He final game, which was an 8-1 win, Siravo picked up the win by pitching three scoreless innings, allowing only two hits and five strikeouts. He also hit a double in the gap to spark a three run rally.

Jack McLean, also of Gilford, had a great tournament. In pool play he was four for five with a double. In the final game McLean was two for three with a pair of RBIs. Gray said he played all over the diamond, including catching when needed. He made a great play at shortstop in the final game.

Gilford’s Isaac Wallace shined in the fi-



COURTESY

Jack McLean was a solid contributor to the Lakes team in the Granite State Games.



COURTESY

Adrian Siravo, right, was the winning pitcher in the bronze medal game for the Lakes team. Also pictured is Division 4 player of the year Kyle Stockman and Ethan Gray.



COURTESY

The Lakes team posed for a group photo following pool play at the Granite State Games.

nals, as he pitched four innings, allowing only one run. He was also one for three at the plate.

Belmont’s Cam Mag-erer highly impressed Gray, who called him “a stud” and said he played solid defense at catcher and hit the cover off the ball. In the first game of the tour-nament he was two for

two with a triple in a 6-0 win over Monadnock. In the second game he had two walks. He had a one for four showing in the third game with a run scored.

“He has been great, even when he was out,” said Gray. “He was the mainstay behind the plate and even played some third base.”

## Fourth of July early deadlines

**MEREDITH** — The Salmon Press offices in Meredith and Lan-caster will be closed on Wednesday, July 4.

As a result, sports submissions for the July 4 and 5 newspa-pers have been bumped up one business day.

The normal Sunday deadline for North Country sports sub-missions for next week’s Littleton Couri-er, Berlin Reporter and Coos County Democrat are due on Thursday, June 28, at 5 p.m.

The normal Mon-day deadline for sports submissions for next week’s Plymouth Re-cord-Enterprise, New-found Landing, Bay-sider, Gilford Steamer and Winnisquam Echo is 8 a.m. on Friday, June 29, and the sports deadline for the Gran-ite State News, Carroll County Independent and Meredith News is Friday, June 29, at noon.

Thanks for your cooperation in this ef-fort.

### SOFTBALL

(Continued from Page B1)

are great team players. What really worked for us was our pitching a defense. They were really good.”

The 18U Nor’Easters then traveled to Brat-tleboro, Vt. on June 23 and 24 for the Summer Sizzler. The squad went 3-0 in pool play on Sat-urday and were seed-ed first for the second week in a row going into Sunday’s champi-onship.

In the semifinals the Nor’Easters beat the N.H. Comets 8-7 in eight innings but the Westford Mass. Waves beat the Nor’Easters 4-3 in the championship game.

Catty was the leader with a weekend average of .571. Lachapelle also did well with a .364 bat-ting average.

Fleming got the win in the circle in game two with four and one third innings, seven hits, four earned runs, two strikeouts and two walks.

“Overall another great weekend of soft-ball,” Beaudet said. “After two weekends of tournament play, the team is 10-1 overall.”

Bill Clary, the 14U Nor’Easter coach, was also happy with the win

at states and the perfor-mance at the Summer Sizzler for the 18U team because it gives confi-dence to the younger players for the summer.

“This gives some mo-tivation,” Clary said. “The Nor’Easters have always been a strong organization and that is continuing.”

#### 14U

Clary, who also coaches Belmont High School’s softball team, is the head coach of the 14U Nor’Easters and he led the team to a win in the opening tournament of the season at the Sum-mer Sizzler in Brattle-boro.

The team went 1-1-1 in pool play and earned a number three seed. In the first game on Sun-day Lilly Simpson of Meredith pitched a four inning no hitter that was shortened due to the mer-cy rule. The Nor’Easters beat Tri-Force by a score of 11-0. Becca Fleming of Belmont went three for three while Sierra Halli-gan of Laconia was two for three.

In the semifinals, Morgan Hall of Belmont got the win in a 10-3 vic-tory against the Sarato-ga N.Y. Thunder. She allowed six hits, one

strikeout and one walk. Courtney Turpin of La-conia led the offense by going four for four with three doubles. Kara Ste-phens of Belmont was three for four. Jaiden McKenna of Gilford was two for four.

The Nor’Easters went on to win the champi-onship 7-6 over Valley Storm. Simpson pitched five innings and allowed six runs. Hall came in to pitch two scoreless in-nings to finish the game.

The Nor’Easters were down 6-5 in the sixth in-ning but then scored two runs in the bottom of the inning to take the lead. Allen reached on an error and stole sec-ond. She scored on a hit and run by Hall, who then later scored on an RBI by Simpson.

Clary was very happy with the win, but most of all he was happy with the way the team com-posed itself in what was a scary scenario for all involved.

“Just before the championship game started there was an

incident at the park in-volving non-team adults that resulted in a gun be-ing displayed and a mo-ment of panic for both players and parents,” said Clary. “It took sev-eral long minutes for things to settle down, but both teams found a safe place and remained there until instructed to return to the field. Both teams came together before the start of the game and embraced and wanted to make sure ev-eryone was feeling OK. They even had a little dance off to calm the nerves. Before and after the game it was some of the best sportsmanship I have ever seen. The tragic events that are happening around the country are just horrif-ic, but to see how these young ladies came to-gether was just heart-warming.”

The 16 U squad also played the Summer Sizzler and went 1-1-1 in pool play before los-ing the first game on Sunday. Stats were not available at deadline.



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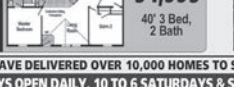


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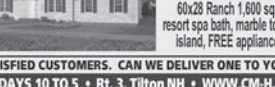
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Woodgate Commons-Immaculate open concept 3-BR with 2 full baths, bright and airy with the high ceilings.  
Danielle McIntosh 603.393.5938  
Search 4699014 on cbhomes.com

**Moultonborough** | \$329,000  
Come see this nicely maintained home located in the very desirable West Point Association on Lake Winnepesaukee.  
Bob Williams 603-455-0275  
Search 4699754 on cbhomes.com

**Belmont** | \$273,900  
Totally renovated home with large kitchen and master bedroom on each level.  
Pat Bernard 603.231.3390  
Search 4701695 on cbhomes.com

**Moultonborough** | \$269,900  
Deeded Beach access to Lake Winnepesaukee in Suissevale, completely Updated 3-BR 2-BA Contemporary.  
Bruno Coppola 603.244.9544  
Search 4701426 on cbhomes.com

**Belmont** | \$249,900  
Sargent Lake - Enjoy all 4 seasons on the Lake at an affordable price! 80' of owned lake frontage with a 16' dock.  
Kathy Davis 603-387-4562  
Search 4696547 on cbhomes.com

**Wakefield** | \$232,000  
Historic property with private back yard and river frontage. Zoned commercial.  
Robin Dionne 603.491.6777  
Search 4649156 on cbhomes.com

**Bethlehem** | \$210,000  
Beautiful townhome in the Village at Maplewood, nestled in the heart of the White Mountains.  
Dawn Egan 603.387-3178  
Search 4699613 on cbhomes.com

**Bristol** | \$189,000  
Year round cottage with a beautiful view overlooking Newfound Lake.  
Sean Wallin 603.455.5087  
& Reed Heath 603.608.6169  
Search 4641117 on cbhomes.com

**Moultonborough** | \$99,000  
Move in ready! Sold furnished including canoe and bikes. Mobile home on .86 acres located across from the access to Lee's Pond.  
Ellen Kanan 603.986.8556  
Search 4701346 on cbhomes.com

**Moultonborough** | \$49,000  
Very private lot in central location close to Center Harbor. Flat, heavily wooded and off the beaten path.  
Bill Richards 603.998.7845  
Search 4700571 on cbhomes.com

**COLDWELLBANKERHOMES.COM**

**Laconia** | 348 Court Street | 603.524.2255 | **Center Harbor** | 32 Whittier Highway | 603.253.4345  
**CB Home Protection Plan** 866.797.4788

The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Real estate agents affiliated with Coldwell Banker Residential Brokerage are independent contractor agents and are not employees of the Company. ©2018 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Owned by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo are registered service marks owned by Coldwell Banker Real Estate LLC. 241952NE\_5/18

**NORTHERN TILE IS EXPANDING AND LOOKING FOR EXPERIENCED TILE SETTER, OR SOMEONE THAT WOULD LIKE TO LEARN THE TILE TRADE.**

**SEND RESUME TO**  
**RICKNORTHERNTILE@GMAIL.COM**  
**OR**  
**CALL 603-522-8987**

**SUMMER SALES HELP**

Current opening for temporary full-time business to business sales person in the Lakes Region to assist our current sales team. Potential to turn into a permanent position.

**Job Summary:**  
Salmon Press is a well-established publishing company with 11 local newspapers, websites, and special magazines that have been helping local businesses expand their markets for generations.

We are currently looking for an outside sales person in the Lakes Region to work with customers to determine their needs and then recommend the right advertising campaign for them.

**Responsibilities and Duties:**  
Working with the current sales team.  
Visiting and calling local businesses to secure advertising.  
Develop and cultivate strong relationships with customers.

Experience helpful but not necessary.

**Please send resume to:**  
Frank Chilinski, President & Publisher  
[frank@salmonpress.news](mailto:frank@salmonpress.news)

**Salmon press**

**Encouraging news:**

Central to this media campaign to eliminate underage drinking is the encouraging news that studies show parent disapproval is the **No. 1** reason children choose not to drink alcohol. Parents empowered can trump peer pressure.

The most effective parenting techniques are among the most simple, including:

- Set clear rules about no underage drinking
- Know where your children are and whom they are with
- Know your children's friends
- Ensure your children's social environments are alcohol-free
- Have daily, positive communication and interaction with your children
- Eat dinner together

**Research shows**  
teens who regularly eat as a family (5-7 times per week) are **33 percent** less likely to use alcohol.

**Most parents don't realize they are the No. 1 influence in their children's lives.**

When parents were asked to draw the greatest influences on their teens, they placed themselves last.

**Parents' view**

When teens were asked to draw the major influences in their lives, they placed their parents first, before peers and activities.

**Teen's view**

**Partnership for drugfreeNH.org**  
1-800-804-0909

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# STAFFORD

OIL COMPANY INCORPORATED

Established, locally owned Heating Oil Company seeks a full time, year-round Service Technician. Attributes we are looking for:

- Heating and/or Air Conditioning experience preferred but not required
- Strong mechanical aptitude
- NH Gas Fitters license/certification a plus

We have a competitive benefit package, and we are offering up to \$1000 signing bonus depending on experience.

Please send resume and references to the HR Manager, PO Box 220, Laconia, NH 03246 or call 524-1480

## Join the Team at Granite United Way

We're seeking a **Public Health Advisory Council Coordinator**

This part-time position supports public health strategies of the Carroll County Coalition for Public Health, an initiative of Granite United Way, with particular emphasis on coordination of the Public Health Advisory Council (PHAC) in the region. The ideal candidate would hold a Bachelor's degree in public health, community development/organizing or macro social work. View the full job description on [www.graniteuw.org](http://www.graniteuw.org).





Interested in joining our team? Forward a cover letter with resume to: [hr@graniteuw.org](mailto:hr@graniteuw.org).



Granite United Way

*Granite United Way is an equal opportunity employer.*

[www.graniteuw.org](http://www.graniteuw.org)



Littleton Regional Healthcare

## PHYSICAL THERAPIST

Littleton Regional Healthcare is seeking a full time Physical Therapist to join our team. We have incredible opportunities waiting for you in an environment driven by inspiration and high expectations. It's an atmosphere of both collaboration and personalization.

Responsible for the delivery of skilled patient care in a safe and timely manner to all of those referred for services. Understand and adheres to all Hospital and departmental policies and procedures, as well as complying with the New Hampshire Physical Therapy Practice Act (Section 328-A:2) Physical Therapy practice is based on the New Hampshire Physical Therapy Practice Act, Section 328-A:2 .

Viable candidates must have a degree or certificate in Physical Therapy from an accredited school (minimum requirement is a certificate or Bachelors Degree. Previous outpatient experience preferred and BLS required.

*Littleton Regional Healthcare offers competitive compensation and a generous benefits package.*

*To apply please visit our website at [www.lrhcares.org](http://www.lrhcares.org).*

LITTLETON REGIONAL HEALTHCARE  
Human Resources Department  
600 St. Johnsbury Road • Littleton, NH 03561  
PHONE: 800-464-7731 or 603-444-9331 | FAX: 603-444-9087

EOE

## Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)




DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

[www.Ready.gov/blackouts](http://www.Ready.gov/blackouts)



Who to Call    Where to Meet    What to Pack    Ready

## TOWN OF WAKEFIELD EMPLOYMENT OPPORTUNITY

The Town of Wakefield is looking for a full time Public Works Director. This is a 40+ hour per week position. This position oversees a municipal Transfer Station and Subsurface Waste Water operation, as well as roads, bridges and equipment for a five person department, plus transfer station and wastewater. Please submit a letter of interest and resume to the Town Administrator, 2 High Street, Sanbornville NH, 03872 or [townadmin@wakefieldnh.com](mailto:townadmin@wakefieldnh.com). Position will be open until filled.

**Wakefield is an Equal Opportunity Employer**

## BARNSTEAD ELEMENTARY SCHOOL Center Barnstead, NH MUSIC TEACHER

Full Time Music Teacher position to work with grades 3-8 for general music, chorus and band. NH Certification required.

Please submit letter of intent, resume, three letters of reference, copy of NH certification or statement of eligibility to:

Timothy Rice, Principal  
Barnstead Elementary School  
91 Maple Street, P.O. Box 289  
Center Barnstead, NH 03225  
(603) 269-5161

Applications accepted until positions filled.

## BARNSTEAD ELEMENTARY SCHOOL IMMEDIATE OPENING - TECHNOLOGY COORDINATOR

The Technology Coordinator oversees all areas of technology at Barnstead Elementary School (K-8) plus the SAU office. This includes managing and directing computer technology and telecommunication resources of the district, maintaining and supporting all district level servers, networks, hardware, software and database functions, including student (SIS) information system, financial, food, and nursing software, as well as develop and maintain a district-wide website.

Application Deadline: Open until filled. Screening to begin immediately

Technology Coordinator (FT) 2018-19 School Year SAU #86 Barnstead School District. Salary as negotiated (contract) + competitive benefits package. Send letter of interest, resume and three letters of reference to:

Brian Cochrane, Superintendent, Barnstead School District, PO Box 250, Center Barnstead, NH 03225 or via email to: [bcochrane@mybes.org](mailto:bcochrane@mybes.org)



## \$3,000 SIGN-ON BONUS

For two years of experience staff RNs

## REGISTERED NURSES

Contact Human Resources at (603)388-4236

Apply On-line at [www.ucvh.org](http://www.ucvh.org)

181 Corliss Lane, Colebrook, NH 03576

603-388-4236

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## FULL TIME OPPORTUNITIES

- MT/MLT – 40 hours (day shift) – 2 positions
- RN M-S – 36 hours (night shift)
- RN Charge – 36 hours (night shift)

## PART TIME OPPORTUNITIES

- HOUSEKEEPER – 20 hours (weekends)
- OR NURSE SUPERVISOR

## PER DIEM OPPORTUNITIES

- COOK
- CENTRAL STERILE TECHNICIAN
- SURGICAL TECHNICIAN
- RN

Apply Online at [www.ucvh.org](http://www.ucvh.org)

Upper Connecticut Valley Hospital

181 Corliss Lane, Colebrook, NH 03576

Phone: (603)388-4236

[ucvh-hr@ucvh.org](mailto:ucvh-hr@ucvh.org)

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Center Sandwich, NH  
284-6219  
[info@cornerhouseinn.com](mailto:info@cornerhouseinn.com)



## \$3,000 SIGN-ON BONUS

## MT / MLT

Contact Human Resources at (603)388-4236

Apply On-line at [www.ucvh.org](http://www.ucvh.org)

181 Corliss Lane, Colebrook, NH 03576

603-388-4236

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Since 1975

## Full-Time Position Warehouse/Counter Person

Energysavers Inc is looking for a self motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts & jobs as well as receiving deliveries. We are a highly recommended 43 yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! Potential to move into a "Dedicated Sales Advisor" position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry a 80lb min. Stop in to fill out an application:

**Energysavers Inc,**  
**163 Daniel Webster Hwy, Meredith NH**



Littleton Regional Healthcare

## SWITCHBOARD/ REGISTRAR

Littleton Regional Healthcare is seeking one full time and one part time Switchboard/Registrar to join our team.

Provide exemplary customer service and perform job functions in a manner that is consistent with the department and organizational customer service goals. Quickly answers and connects incoming phone calls to the appropriate areas within the LRH enterprise including patient rooms, hospital, and hospital-owned physician practices. Assists with making overhead pages at caller's request using appropriate voice etiquette. Assists with patient registration functions as required. Provides internal and external phone directory assistance and determines insurance eligibility.

Viable candidate with strong computer keyboard or 10-key knowledge preferred. Able to communicate and work well with the public, patients and co-workers. Working knowledge of Windows-based applications.

*Littleton Regional Healthcare offers competitive compensation, a generous benefits package and ample opportunity for professional growth and development.*

*Qualified candidates are invited to apply at our website [www.lrhcares.org](http://www.lrhcares.org)*


LITTLETON REGIONAL HEALTHCARE  
Human Resources Department  
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CORRECT



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COURTESY PHOTO

Showcase play

Gilford High School field hockey players attended the 16th annual New England Premier College Recruiting Showcase held at UNH June 9 and 10. Left to right, Randi Byars, Jenna DeLuca and Brianna Salanitro. The New England Premier Field Hockey College Recruiting Showcase is a unique arena for the best high school field hockey players to demonstrate their talent and decision-making skills in game situations — and for college coaches from around the country to conveniently and thoroughly assess their potential. The New England Premier Showcase is a two-day event designed to give outstanding college-bound players their best recruiting opportunity.

www.salmonpress.com



Wed - Sat 7:30pm  
Sun 5:00pm  
Thu Matinee 2:00pm

1-603-707-6035  
InterlakesTheatre.com



July 5th  
to July 15th  
(no show July 4th)



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