

The Baysider

Water talk in Alton:
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THURSDAY, OCTOBER 13, 2016

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

Fitzpatrick proposes exam schedule changes

Board views adjustments as a positive

BY DAVID ALLEN
Contributing Writer

ALTON — Principal J Fitzpatrick asked the Prospect Mountain High School Board to consider a new approach to mid-year and final exams at the Oct. 4 PMHS Board meeting.

Current guidelines involve closing school early for four days at the end of the first and second semester. Two exam periods are scheduled each afternoon. Students take a mid-year or final exam for each class in which they are enrolled.

Fitzpatrick told the board he had been uncomfortable with this process for two or three years for several reasons:

1. Some teachers in subjects such as math and science like this as a way of measuring the students' mastery of an accumulated body of knowledge. Other teachers in subjects such as English and arts feel that a portfolio of accumulated work provides a better measure of a student's progress and mastery of different components of a their education;

2. Many students do not have two exams a day during the four-day period so valuable teaching time is lost;

3. The two or three weeks between the end

of winter vacation and the beginning of exams are not fully productive in many classes. It takes students a couple of days for students to get back into the PMHS high productivity mode. Some teachers feel it is too much time to spend on review, but hard to divide up between review and new material;

4. In some subjects the format of the final exam runs contrary to the philosophy of teaching. The school's philosophy of teaching writing, for example, involves a first draft by the student, review and feedback from the teacher, and then sometimes two or more iterations of the draft and feedback and ultimately, a final draft. Asking the student to write an essay on an exam without the feedback component conflicts with that philosophy;

5. At the mid-year mark, teachers often must correct exams under the pressure of getting the g. It's hard on the teacher, and the opportunity for feedback to the student is lost; and

6. A specific calendar date is an arbitrary way of dividing a year's worth of education into two parts. The flow of a certain subject might better be divided on Dec. 18 and another subject on Feb. 2. Fitzpatrick asked the

board's permission to change the exam process in three ways:

1. Give teachers the

flexibility, in consultation with the principal and/or department head, to choose an exam, a port-

folio, or another tool for best measuring mid-year and final progress. This would hold for both full-

year and one-semester classes;

2. Give teachers of full-

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GEORGE MURPHY - COURTESY PHOTO

Autumn has arrived

The fall colors enhance the area around Alton Bay, as captured by local resident George Murphy over the holiday weekend.

Final Master Plan forum Oct. 20 in New Durham

BY CATHY ALLYN
Contributing Writer

NEW DURHAM — People have been taught that they never know what the future holds. But that's not

saying people can't have a go at steering it in the direction they want it to head.

Residents of New Durham will have that chance at the final public forum on the town's Master Plan on Thursday, Oct. 20, at 7 p.m. at the fire station Community Room. The chapter to be discussed is town facilities and services.

Want to hear what the department heads, the folks in the nit-gritty of town infrastructure, are planning, really need, might want, or wish to avoid?

Do you have your own thoughts on contracting out services, the current level of

services provided, or issues the town may face?

This is your opportunity to let them be known.

"Public opinion matters," said Town Administrator Scott Kinmond in an effort to encourage residents to attend and speak out. "The planning board wants to hear it."

Over the past few months, the planning board has held public forums on different chapters of the Master Plan, the guide for managed growth, planning and budgeting. The Master Plan also has a strong influence on the regulatory system in town and is the source for most zoning

ordinance changes.

In simpler terms, it is the blueprint for how taxpayers want to see the town grow, and it's driven by the people.

Past forums on such subjects as transportation and housing have had good participation, especially from department heads, but "it would be great to get more people involved," Kinmond said.

He will be acting as host at the forum and his background is suited for a discussion of town services, as he has had careers in several. He served 24 years with law enforcement, 11 as a police chief, functioned as an emergency management director, was a public works director for seven years, and spent 12 years as a volunteer firefighter, working his way up to captain.

"I have a good understanding of town services. We need to know what people expect, want, and are willing to fund."

Kinmond said his role will be to "give an overview of where we are right now in regard to services in the community. I'm looking to solicit input as to where folks feel services are adequate or where they want to enhance, reduce, add to, or change philosophies relative to them, so we can put together a strategic plan to work toward that. The Master Plan is a document that will lead into the future."

SEE FORUM, PAGE A10

Improved McDonald's expected to reopen by Christmas

BY MARK FOYNES
Contributing Writer

ALTON — Big Macs, McNuggets and Egg McMuffins will be locally available once again by Christmas when renovations to the Alton Circle McDonalds are expected to be finished.

Many residents were surprised by the recent temporary closure of the restaurant. Facebook community boards lit up a couple weeks ago with comments inquiring as to the goings on at the local franchise.

Renovations came as a surprise to many locals who pulled into the

Homestead Place-adjacent restaurant expecting to order up some drive-thru. Finding the entryway blocked, many drivers reversed direction in the parking lots of abutting businesses.

Franchise owner Emile Haddad said that the closure is temporary and that improvements are in the works. He said

his plan is to align the restaurant's facilities with the industry's latest quality benchmarks. Haddad said plans are to "bring it up to the latest standards."

Modernization of the dining room décor, an improved drive-thru system and an expanded kitchen facility are the

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COURTESY PHOTO

Baysider heads south

Bryan Medeiros from Center Barnstead peruses The Baysider while volunteering at the Hogar El Comino orphanage in Itaugua, Paraguay. He was there Sept 10 through 17. If you have a photo of you and The Baysider in a unique location, send it to baysider@salmonpress.com.

Community members discuss water resources

BY MARK FOYNES

Contributing Writer

ALTON — Amidst the most severe drought in recent memory, about two-dozen residents gathered to discuss ways to cherish local groundwater resources.

"You are the ones who make this happen because you steward this locally," said speaker and facilitator Pierce Rigrod, who walked the audience through a comprehensive slide deck before opening the Oct. 5 session for a Q&A-style discussion, which took place at the Gilman Library.

Rigrod, a staff specialist with the NHDES Drinking Water and Groundwater Bureau, said both private wells and public water systems need local stewardship that begins with best-practice land management.

Rigrod referenced the 3,905 Alton household wells and 1,085 units drawing from public water. He also referenced two public wells at Levy Park and Jones Field - adding that the latter uses a 48-foot well that draws 12,000 gallons daily.

Rigrod said state law mandates that how communities manage groundwater is largely a local matter, determined on a community-by-community basis. He said that this approach poses challenges to regional planning efforts but helps each municipality provide for their own economic and residential needs.

The DES staffer said groundwater regulations emerged in an effort to promote public health and safeguard against

the pathogens that cause cholera, typhoid, and other diseases. Citing Lake Massebesic in Auburn and Salem's Canobie Lake, Rigrod added that "competing uses" such as recreation and efforts to safeguard clean drinking water bring these matters to the fore.

Rigrod said safeguarding against toxins is a key priority. He cited the ExxonMobil settlement over MBTE contamination, water contamination at Pease, and the PFOA outbreak centered on Merrimack as examples of his agency's role in protecting drinking water. While multi-million-dollar actions garner the most headlines, Rigrod said many small-scale contamination events have also occurred - many involving salvage yards, auto garages and farms, which have combined to contaminate several private wells and public water sources. Rigrod said over the last 20 years, \$180M has been spent to mitigate approximately 7,000 sites statewide.

Rigrod, whose agency oversees about 720 N.H. water systems, said contamination impacts not just public drinking water supplies, but can adversely affect property values. He added that lower assessments can depress local tax revenues and can affect town services.

He said about 46 percent of residents statewide draw their drinking water from private wells. He added that about a fifth of these wells are estimated to contain higher-than-acceptable levels of certain toxins, as prescribed by the government.

DES, he said, weighs several factors when considering how to manage a water source including the amount of surface water runoff and the geological substrata drinking water might pass through. He added that runoff may contain surface pollutants and bacteria, and that certain below-ground rock formations and subsoils can contain higher-than-acceptable levels of naturally-occurring levels of arsenic and radon, which cause certain kinds of cancer.

Rigrod said DES and local planning boards have several tools at their disposal to optimize water quality. Measures include subdivision regulations, storm water management systems, health codes, and septic system monitoring - adding that Alton, Barnstead and New Durham all have zoning provisions that protect water supplies.

DES adopted a model ordinance in the nineties that individual communities can tweak to meet their own unique situations, Rigrod said. Areas addressed in the model ordinance include storm water regulations, source controls, information relating to different soils' ability to filter water, and guidance on how many parts per billion are acceptable for certain toxins.

He added that individuals can do their part by fertilizing lawns responsibly, maintaining their septic systems and voluntarily testing their own drinking water. Well testing is conducted, ideally, every three years and can cost between \$15-\$85.

Rigrod added that more recent measures have made regional, cross-municipal endeavors more feasible and that the Groundwater Protection Act, which identifies about 90 controlled substances, also aid efforts to protect drinking water. The lat-

ter two he said can be aided by a technique called bioretention - a process in which contaminants and sedimentation are removed from storm water runoff.

The water specialist said the discussion was a timely one. "When you combine drought with contamination, you're limiting sustainability," he said.

One resident observed that conditions are worse in the state's southern tier in communities like Seabrook and Pelham, which he called "overdeveloped." He added that planning boards should require hydrology studies when considering large developments.

Barbara Howard, who once lived in that area, added that Clinton-era measures mandating gasoline additives are also a "big piece of the pie."

Rigrod emphasized that both experiences offered residents in 2016 and beyond "an opportunity to learn from the past." He said local planners can play a crucial role by determining the "type of development you want to see in your community."

Contextualizing, Rigrod said, "These are not things I personally made up last week - a lot of these principles date back to the days of the Romans," observing that their water management techniques still have much to offer.

He added, "In the end it comes down to what the community decides, based on perception of risk, context and management actions."

Justine "Brownie" Jengras seemed to more or less agree, citing a Coffin Brook-area development that was approved some time back located near a one-time landfill. "They put a subdivision there," she said somewhat admonishingly. She noted that she knows how to read a geological map and remains perplexed that the site, with

its bedrock aquifer, was considered worthy of development.

Another resident said the former landfill had been capped to mitigate rainfall-based seepage of pollutants into the larger water supply.

Alton Planning Board member Russ Wilder, citing his geological bona fides, asked, "Are we doing the right thing?" noting that the town's current development strategy is to build up the Alton Circle area. He acknowledged that the section is a logical development corridor because of traffic flows - but added that he and fellow planners are aware that the stretch is also above an important aquifer.

Rigrod described a "continuum of doing the right thing," saying that every community needs to strike "the right balance" between promoting growth and protecting resources. He noted that Alton is more fortunate than other communities in terms of the amount of groundwater that it has available.

Jengras suggested that planners should err on the side of caution to ensure that resources are well stewarded. She said it would be unfortunate if residents in a subdivision - or preexisting abutters - found their wells had gone dry. "One day you'll turn on your faucets - and, 'Whoops, it's gone,'" she cautioned.

Wilder said additional monitoring wells could be useful tools to measure water quality and quantity. He said adding these features at strategic locations could provide useful and actionable data.

While Alton is a relatively small community in terms of its year-round-population, one resident noted that the town experiences water usage spikes when the population peaks during prime tourist times when seasonal residents are in town.

The speaker suggested that the population rises to about 20,000 at peak times.

Relating to new developments, Jengras said that, as recently as the 1980s, "this was more of a timber town" having observed loggers changing and dumping skidder oil in the field. She said incoming residents moving into houses built on presumably pristine lots of recently-cleared, once-forested lots should still have their water checked before making a commitment.

Howard said blame tends to "flow downhill to the small guy" and "not uphill to the big corporations that put the chemicals there in the first place." She cited "impeccable" lawns that reach down to the waterfront on the lake, suggesting that their lushness is a function of the use of fertilizers that run off into waterways.

The topic of Canadian geese also took wing during the discussion, suggesting that human interventions are not the sole threat to lake and ground water quality.

"They can make a real mess of the place in just 20 minutes," Jengras observed.

"You can get rid of them, but there's more right behind them," Rigrod said.

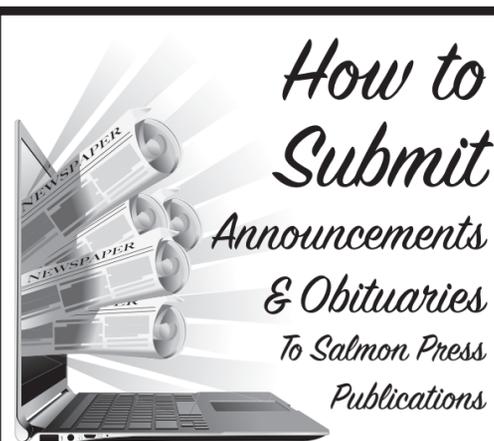
That said, residents commiserated about fowl-based fouling. The general consensus of the group was that a best management practice might include a rifled bore, a fistful of rounds, and ballistically-favorable wind conditions to mitigate goose-based biotoxins.

The intent of the discussion was not to determine specific, actionable deliverables - but rather to spark a community discussion. Anyone wishing to continue the conversation can contact the forum facilitator at pierce.rigrod@des.nh.gov or 271-0688.

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Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

with any questions regarding the submission process.

Masons hosting open house on Saturday

ALTON — On Saturday, Oct. 15, the Masons of Winnipisaukee Lodge No. 75 will be conducting an open house, open to the public, from 9 a.m. to 3 p.m. This is an opportunity to come down to the Lodge and meet with the Masons, find out about the history of the Lodge, and to ask questions about Masonry.

The Masons of this Lodge are part of the Grand Lodge of New Hampshire, F. & A. M., and are one of more than 60 Lodges that meet statewide. All Lodges in the state will be holding an open house on this date.

Winnipisaukee Lodge

was constituted on June 13, 1866 and this past June they celebrated 150 years of Masonry in Alton. The Grand Master of Masons in New Hampshire was in attendance and with other Grand Lodge Officers performed a centuries old Masonic ceremony to dedicate, or in this case rededicate, the cornerstone of the current Lodge building. Originally, membership of the Lodge was primarily from the several villages of Alton, Barnstead, Gilman and Gilman Iron Works, and Barnstead, but members now come from other areas as well.

The Masons trace their origin to the great cathedral age when so many of the great cathedrals, and other great stone buildings, were built in Europe. Many of the principles of Freemasonry can be traced back centuries before this period, and it is believed that Freemasonry is the oldest fraternal organi-

zation in the world.

So, come on down to the Lodge, located on Route 28 a quarter mile south of the Alton traffic circle, next to River Run Deli. The Masons will be happy to take you upstairs to the Lodge Room and show you around, and explain the symbols that are a part of Masonry.

Alton Historical Society annual meeting is Tuesday

ALTON — On Tuesday, Oct. 18, the Alton Historical Society will meet for its annual meeting and potluck supper in the Agnes Thompson Room, downstairs in the Gilman Library, Main Street, Alton. Members and guests may bring a casserole, salad or dessert to share and bring a place setting for everyone in your party. Drinks will be provided by the society.

Supper is at 6:30 p.m.,

followed by the business meeting and election of officers.

Remember, election day is Tuesday, Nov. 8, 2016 and the society will have a bake sale table at the Pearson Road Community/Senior Center from 1 to 5 p.m. Come and purchase some homemade treats and help the society with its conservation and restoration work on the J. Jones Freight Building Museum.



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Governor Wentworth school enrollment up by one student

BY ELISSA PAQUETTE

Contributing Writer/Photographer

OSSIPEE — The Governor Wentworth Regional School District's board meeting at Ossipee Central School (OCS) on Oct. 3 began with songs from kindergartners, who then charmed board members with individual gifts of drawings and construction paper cut outs.

Sixth graders from the classrooms of teachers Talia Arsenault and Cara McNevech were next to impress the board with their presentation on math activities tied to the creation of a model of the average OCS sixth grade student.

They presented illustrations from classmates and an assortment of body parts that will form a life size model once all their measurements and averages are complete. Students have worked together as the pieces have developed to do the math as well as figure out means of construction. Their teachers said, "It's math and it's fun," a winning combination. When the figure is complete, it will wear a black tee

shirt, the average color from the range of colors worn by students.

Superintendent Kathy Cuddy-Egbert thanked Principal Beth Hertzfeld and her staff for their gifts of welcome bags to every teacher at the brand new Middleton Elementary School associated with the district. Middleton School Board member Ken Garry, who represents the town at GWRSD meetings, also thanked the Ossipee staff for its "consideration of the Middleton faculty." "It was a really heartfelt gesture...It reminds me of why I do what I do," said Garry.

School enrollment, reported by Cuddy Egbert, comes to 2,409 students, just one student more than last year. Crescent Lake and Tuftonboro Central elementary schools showed the most increase, at 22 and 15 respectively. The fifth and sixth grade classes are the largest, said Cuddy-Egbert, at 190 students.

The board approved out of state field trips: two on different dates for Kingswood Middle School eighth graders

from Team Danais and Team Arinello to visit Salem, Mass.; a trip by the Kingswood Regional High School astronomy club to the Boston Museum of Science; a trip organized by the Art Department to the Boston Museum of Fine Arts; and a trip to both those museums with grade six students on two different dates requested by Crescent Lake Elementary School.

The district will receive a tax rebate of \$12,920 from TRANE, the company responsible for completing a number of energy upgrades throughout the district. School board member Ernie Brown plans to give a report of the energy savings resulting from the upgrade program at the Nov. 7 meeting, scheduled at Tuftonboro Central School for 7 p.m.

Cuddy-Egbert said site visits from the Department of Education will take place this year. Parents, teachers and school board members will be interviewed during the evaluation process. "I see it an opportunity to show all the wonderful things taking place in our schools," said Cud-

dy-Egbert.

She said the September professional development program led by Travis Allen of iSi, centered on ways technology can promote problem solving. Making sure teachers are up to date with technology is part of the district's long range plan.

Twenty-three Kingswood Middle and High School students have been selected to participate in the iSi Certified Student program promoted by Travis Allen, a young visionary promoting digital learning in the classroom. This program inspires and equips students to take charge of their learning and lead their school in technological and cultural improvements. Students develop key 21st century skills and are challenged to put them to the test by creating projects for change in their school community.

Mary Patry shared the timeline for the budget and members were apprised of events scheduled throughout the year.

Student Representative Brodie Deshais reviewed recent ac-

tivities at the high school, with Homecoming Week center front. The week opened with the dance on Saturday, Oct. 8. The Homecoming events and games

are the following week starting on Tuesday, Oct. 11, and running through Saturday, Oct. 15, with games throughout the weekend.

Senior class hosting spaghetti dinner Tuesday

ALTON — On Tuesday, Oct. 18, the senior class of Prospect Mountain High School will be hosting a spaghetti dinner. Starting at 5:30 p.m. and continuing until 8 p.m. the price of admission will be counted off of the price of admission if you bring a canned good.

The class will have items that will be raffled off for tickets you can buy at the door. The money earned will go towards future projects and activities for the senior class. Come for the community, stay for the food and a good time will be had by all.

Candidates' Night in New Durham is Oct. 27

NEW DURHAM — Candidates' Night will be held at the New Durham Public Library on Thursday, Oct. 27, at 7 p.m.

Sponsored by the Friends of the Library and moderated by

Town Moderator Cecile Chase, the event will provide an opportunity for those running for election in November to explain their platforms, and for residents to ask any questions they may have.

Celebrate Friends of Libraries Week at Oscar Foss

BARNSTEAD — The Friends of the Oscar Foss Memorial Library will be spending the week of Oct. 16-22 increasing its awareness to the community as part of the 11th annual celebration of

National Friends of Libraries Week. Friends bring together involved and caring people who are willing to volunteer for their library. Friends support the library in dozens of ways, from monetary

support of programs and materials, to volunteering at children's and teen programs, to advocacy of the library and library mission. The group asks you to consider giving the gift of time by assisting at events, baking and attending meetings. They ask you to consider the gift of money by donating to one of their fundraisers. They ask you to

give the gift of talent by lending them your creative ideas. Stop by to check out the table with a display of what they have accomplished together over the past year. They encourage residents to consider becoming a member. Membership is free. You can join at the library or online. The next meeting is Monday, Oct. 17, at 7 p.m. in the library.

Huggins Drive Thru Clinic provides flu shots through your car window

WOLFEBORO — Roll down your windows and roll up your sleeves. Huggins Hospital is offering a new and convenient way for adults to receive their flu shots this year — for free.

On Oct. 25 from 10 a.m. to 2 p.m. and Oct. 27 from 2 to 6 p.m., Huggins Hospital staff will be available outside the main entrance of the hospital to administer the flu shot to any adult who drives up to the drive thru flu shot.

"A flu shot is your first line of defense against what can be a serious, even life-threatening, disease," said Kim Daley, vice president of Physician Services at Huggins Hospital. "With this program we're hoping to draw attention to the need for a flu shot, removing all potential barriers that would prevent someone from receiving it. This commitment resulted in our idea to offer it for free in a unique and convenient manner."

Flu shots for adults at this free drive thru flu shot clinic feature the Quadrivalent vaccine to help minimize the impact of contagious strains of the flu virus. The Quadrivalent vaccination provides those who receive it with the most widespread coverage available. The Centers for Disease Control indicate that flu vaccines cause antibodies to devel-

op about two weeks after the vaccine is administered. The antibodies offer protection against the viruses in the vaccine. Each year, the vaccine is designed to protect people against the viruses predicted to be the most common for that season.

Adult flu shots are also available inside all Huggins Hospital Primary Care locations throughout flu season by appointment. Pediatric flu shots will not be available at the drive thru event. Pediatric flu shot appointments can be made by calling Wolfboro Pediatrics at 569-7620. Visit www.hugginsevents.org for information about the drive thru flu shot clinic on Tuesday, Oct. 25, and Thursday, Oct. 27. Enter the drive thru by using Christian Ridge Road next to the hospital's main entrance.

Brewster open house is Saturday

WOLFEBORO — Brewster Academy on the shores of Lake Winnepesaukee in Wolfboro invites families interested in learning about independent school education to an open house on Saturday, Oct. 15, from 9 a.m. to 12 p.m.

The morning begins at the Pinckney Boathouse where families will head out on a student-led tour of campus facilities, including classrooms, Anderson Hall and the Grayson Performing Arts Center and the Smith Center for Athletics and Wellness. During a student-faculty panel, families will hear first hand about a day in the life

of a Brewster student and will meet faculty, administrators, and coaches.

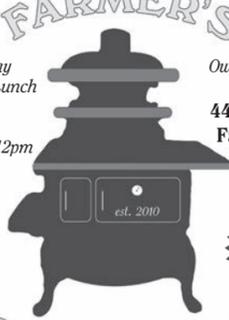
Throughout the morning, students and parents will learn about curriculum offerings, including athletics for both the highly competitive athlete and the recreational athlete and performing and visual arts opportunities, as well as the advantages offered in a college preparatory environment.

Let them know you're coming or just drop by. Questions or to let them know you're coming, call 569-7200 or e-mail us at admissions@brewster-academy.org.

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No reason to be excited

We've now seen two "debates" between the two people who are representing the major parties in the race for the President of the United States.

And so far, we've seen nothing but the same thing we've seen since day one with these two candidates. They hurl accusations at each other, make ridiculous claims, call the other person a liar and do everything possible to make the other person look bad.

This is not our type of campaigning, this is not what we like to see, but unfortunately, that's what this world seems to have come to, thanks in part to these two candidates. It would be wonderful if we had a debate where the candidates discussed the issues in a civil manner, agreed to disagree and continue on with a campaign that focuses on what each candidate does best, not what the other person does worse.

Unfortunately, we're unlikely to see that in this race and it makes this political season a real downer for many people. Yes, each candidate has his or her true believers, people who have been behind them from day one, but for others, it seems that the better of two evils is what the choice is coming down to. We feel it's our duty to remind voters that the better of two evils is still evil and we truly believe that no matter which candidate is elected on November, there are going to be some serious issues to deal with.

Looking back to the primary season, with so many Republicans in the field, Donald Trump was able to get a foothold by using his outsider status and that was an effective campaign tool. Most people in this country are sick and tired of the political system as it exists and Trump was an escape from that. The Democrats were not expecting a challenger to the DNC's anointed candidate, Hillary Clinton. When Bernie Sanders energized the race, forcing Clinton to run a race and work hard to earn votes. Sanders is a fantastic campaigner, someone who can swing a lot of people into action, in many ways, the opposite of Clinton on the campaign trail. Reports have surfaced revealing e-mails that showed the DNC was doing what it could to derail Sanders' campaign so Clinton could get the nomination.

We have to believe, that if Sanders had gone on to win the nomination from the Democratic Party, this election would already be over. The fact that the Democrats have foisted a candidate as unlikeable as Trump onto the electorate is what has made this election so close to date.

We know supporters of both candidates. We don't consider the Trump supporters deplorable, as Clinton has called them, or racist or sexist. We see them as sick of government as usual and we can't blame them for that. And they see Clinton as an extension of that government.

That being said, Trump's actions have not been presidential and it bothers us that one of the options for the most powerful position in the world is someone who has not shown the ability to act presidential.

This has to be the most divisive election of our lifetime and it's also turning in to one of the most depressing elections of our lifetime as well, with candidates who are just generally unlikeable.

We want to be excited about electing our next leader, but the two candidates vying for the job don't give us any reason to be excited.



COURTESY PHOTO

Beadwork

The New Durham Public Library recently got help on its 1,000 Community Beads project from the local Daisy Girl Scout troop. The young ladies, in kindergarten and first grade, received a lesson in how to make clay beads that will be fired and strung on necklaces for New Durham School students and teachers, and proceeded to make several each. They also enjoyed a sneak peek at the clay pots being fashioned by second and third graders. The necklaces and pots are part of the current Stories Sung in Clay program, partially funded by a grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts.

Letters to the Editor

Thanks for supporting PMHS Boosters

To the Editor:

The PMHS Timberwolves Booster Club would like to express its gratitude to the local businesses who generously donated towards our fall Homecoming barbecue - the River Run Deli, Hannaford of Alton, Subway of Alton and Nissen Bakery of Belmont.

Also - to the parents, staff, and administration of PMHS - this event would not have been possible without your support. Thank you to all who worked together to make this a wonderful community gathering.

PMHS Timberwolves Booster Club

Marriot understands Barnstead's values

To the Editor:

Words of support for New Hampshire representative candidate Bruce Marriot, Barnstead.

Bruce visited us during his door-to-door, house-to-house trek to meet folks of his town.

He's quiet, laid back, listens and responds thoughtfully to questions and comments put to him.

He served a number of years as a small town selectman and worked as a UNH agricultural specialist. His love for New Hampshire history has been

shown in his many years as a tour guide at Shaker Village. Bruce is a devoted family man who, with his wife Theresa, understands the needs of small businesses. He understands Barnstead's values and needs and will step across the aisle to get the job done.

Vote for Bruce Marriot, representative for Barnstead on Nov. 8.

Peer and Brandee Kraft-Lund
Barnstead

And now the rest of the story

COMMUNITY CORNER



BY GREG ANTHES

New Durham Selectman

As a Selectman of New Durham, I can now explain the circumstances concerning the removal and reinstatement of the New Durham Police Chief, Shawn Bernier.

Early on in this process, all involved parties were told by their attorneys not to discuss this matter publicly or privately including on social media such as Facebook. I and the other two selectmen honored that request, but during this time, others involved used Facebook, Board of Selectmen (BOS) meetings and The Baysider newspaper to reveal the non-public negotiations. They also targeted and disparaged Selectman Bickford and me and our families.

Most of the information that was revealed was inaccurate and because the selectmen's hands were tied, we could not correct this misinformation. This publicly put the town of New Durham in a bad light.

What started this was Police Chief Bernier's coming to me and the other selectmen wanting to retire. He agreed to retire with his

severance package and leave as New Durham Police Chief in July of 2015. However, he kept changing the date, leaving the BOS uncertain about when or if he would leave. My past experience with employees has shown me that when an employee tells you that they want to leave or retire, you take them at their word.

So, the BOS and town attorney looked at the police chief's contract. In that contract, there were two separate ways to remove the police chief - one for just cause and one for reasons other than just cause. Because the town attorney recommended strongly and stated that this was legal, we removed Chief Bernier for reasons other than just cause. But, the judge found that portion of the contract was unenforceable.

Upon learning of this ruling, in good faith, we immediately contacted our town attorney, the finance officer, the town administrator and Mr. Bernier's attorney to work out the details of reinstating Mr. Bernier as police chief. So, Police Chief Bernier was promptly reinstated and returned to work.

The cost of this was covered by the police department's budget and the legal services budget. In fact, the police department expenses are under budget for this year.

However, there was still a portion of Chief Bernier's lawsuit that was still outstanding. I feel that Chief Bernier and his attorney should have shown good faith and dropped that part of the lawsuit... but, they did not and negotiations continued.

These negotiations were led by the town's insurance company's attorneys. They worked out an agreement with Police Chief Bernier's attorney, sent the agreement to be signed by Police Chief Bernier and a check followed immediately. However, the BOS had not seen the agreement prior to this happening and, when we finally saw the agreement, we did not agree with some provisions of the agreement. I objected to the taking away of our First Amendment right of free speech and to our right to govern as elected officials.

Rather than negotiate and understand the BOS position on that,

Police Chief Bernier and his attorney sued for breach of the agreement, demanding more money. How can there be a breach of an agreement when it had not been signed by any of the BOS?

We finally negotiated a settlement by removing the provisions that would have stripped our right of free speech and our right to govern as elected officials. Plus, the decision to settle this case for the amount of money and the payments were made by the town's liability insurance carrier.

You could say that bad legal advice from the town attorney led to this, you could say that the majority of the BOS voting to follow the police chief's contract led to this, but, actually what started all of this was Police Chief Bernier's coming to us asking to retire and agreeing to leave.

During this entire time, the police department continued to function and the residents were kept safe.

I hope that we can now move on and continue making New Durham a great place to live.



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ALTON CENTRAL'S SCOOP

Math doesn't stop at simple calculations we use nowadays

BY CRIS BLACKSTONE

Alton Central School Principal

In Mrs. Champagne's classroom, students were involved in a math series of lessons that required measurements, multi-cultural awareness and a sense of historical context, as they learned about different units of measures, such as the cubit that would have been used in the Middle East and parts of Africa in ancient times. For students with different interests, this type of lesson would have the appeal of triggering their sense of intrigue with ancient people, or with travel to lands long ago or far away. "Math sparks so much more than the facts we need to learn, also," explained Mrs. Champagne as she was clearly proud of seeing students coming back from different parts of the school building where they had explored and measured items or distances from one part of the school to another in cubits. As the bulletin board items show, the students were able to explain the cubit and show some understanding of the Egyptian numbering system also.

Integral to the success meeting the school board's goals this year will be the ways the teachers infuse math across the curriculum as well as increase awareness in science, technology, engineering and mathematics. Mrs. Champagne's class is a solid example of student involvement, reaching beyond simply doing a conversion of a U.S. unit of measure to another country's unit of measure. By understanding how we arrive at what may be considered an arbitrary designation of a distance or unit of measure, students learn how involved different people throughout history have been with their understanding (and application) of mathematical concepts.

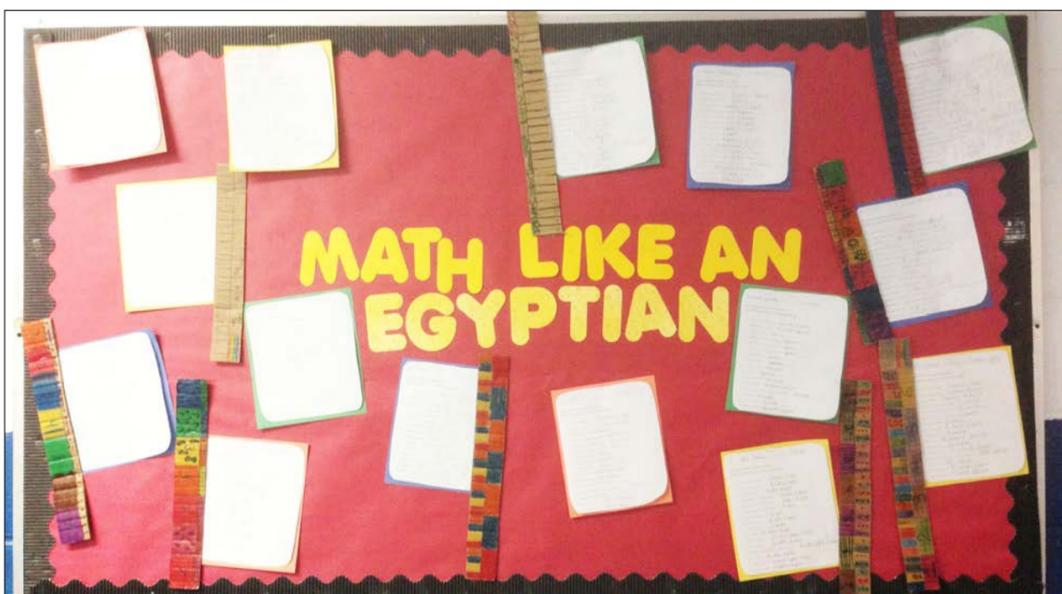
Students themselves are intrigued and were enthusiastic to see how tedious it could be to have this cubit be a basis of measurement. But they also were intrigued and enthusiastic to explore their school in a different light, and as the bulletin board says, do "Math Like an Egyptian."

Other students have had the chance to explore the Alton Central School

in a different light, too. Students in Ms. Griggs' room were seen drawing a map from memory of the school building, with as much detail as they could. Then, when presented with a map of the school, they were charged with correcting their large scale drawings to correctly depict the school's layout.

This exercise helped students work on skills such as noticing tiny details, and correctly placing the details in places that they may have taken for granted over the years they have attended ACS. Working toward understanding more about the natural world around them, and the implications of placing details correctly, is a way they will work over the year on understanding more about the natural world and the importance of our relationship with nature, too.

ACS students are "on the go" as you see, from the sixth graders' activity measuring throughout the school, to Ms. Griggs' students' sharpening details being on the go with their mapping skills, to eighth graders truly on the go outdoors for two days exploring the local natural area, Knights Pond. The eighth graders are joined by teachers from all disciplines for hikes, punctuated by breaks for drawing, writing or observing nature – naming trees and plants they are observing. This two-day trip was set up with a sophisticated advance trip by the teachers participating to ensure timely lessons, planned in tandem with goals each teacher would have from his/her respective disciplines. The advance trip was a three-hour planning session with a goal for each student to have a rigorous experience outdoors – taking the classroom truly to an environmentally sensitive area they can visit over the years should they choose to as it's close to school. Additionally, these two days outdoors meets our school-wide goal of really reaching to all areas of our larger school community to learn what we can and build interest from all sources. We are not limited to textbooks when we can use the online versions of our texts, our expertise from every



COURTESY PHOTO

THE BULLETIN board outside Mrs. Champagne's classroom showcases the math activity the sixth graders have been excited about. With solid math skills needed to work in a different measuring system, woven in with historical context and cross-cultural awareness, the students measured distances around ACS in "cubits."

teacher's passion and real world examples.

If you know an ACS student who has completed this math unit with

Mrs. Champagne, ask about the ancient system of measurement. If you know an eighth grader, ask how the time spent

outdoors may have differed from the classroom experiences and how they can now value the connections they have

made from bringing the outdoors to the forefront of science, history, math and artistic expression, too.

Friends of Oscar Foss meet on Monday

BARNSTEAD — The Oscar Foss Memorial Library is excited to celebrate National Friends Appreciation Week. During the week of Oct. 17-22 the Friends of OFML will be having a membership drive, starting with their meeting on Monday, Oct. 17. The group meets on the third Monday of each month at 7 p.m. at the library. There are a number of ways that members can participate to help the library. Anyone interested in joining the Friends group and volunteering can visit the library anytime during the week for more information.

Children's programs

Toddler Time and Story Hour programs have begun at the Oscar Foss Memorial Library. Toddler Time is Tuesdays at 10:30 a.m. for children up to three years and Story Hour is Wednesdays at 10 a.m. for children three years and older. These programs run weekly throughout

the school year, with some exceptions during holidays. Please check the library's online calendar at oscarfoss.org for a full schedule. Come join us for some stories, music and movement and arts and crafts fun.

Please call the library at 269-3900 or visit oscarfoss.org for more information about these or any of the library's other programs or events. There is always something happening at the Oscar Foss Memorial

Library. Library hours are Mondays from 2 to 8 p.m., Tuesdays and Wednesdays from 10 a.m. to 5 p.m., Thursdays from 5 to 8 p.m., Fridays from 2 to 5 p.m. and Saturdays from 9 a.m. to noon.

Family Safety Day at Barnstead Farmers' Market Saturday

BARNSTEAD — Family Safety Day will be held at the Barnstead Farmers' Market. Please join in on Saturday, Oct. 15, from 10 a.m. to noon for a family fun event and a fundraiser for End 68 Hours of Hunger. The Barnstead Fire Department will have their "touch a truck" and the Barnstead Police Department will have their humvee for kids to explore. The Barnstead Explorers will be collecting food donations, so please bring your donations to the market. In addition to local farms, families will learn safety tips for home and community. For

more information or to participate in this event, please contact Lori Mahar at 269-2329 or e-mail lorimahar@tds.net. The

market is located at 96 Maple St., Barnstead. For more information, go to www.barnsteadfarmers-market.club.

Correction

ALTON — The front page article in the Oct. 6 edition on the Alton Board of Selectmen's meeting contained a few errors. Marty Cornelissen did the presentation to the selectmen. The gazebo is to be on the original foundation of the B&M Railroad water tower, on the

west side of Route 11 across from Victory Pier, built in 1851. The warrant article is to be for \$20,000. The gazebo is to feature not just the railroad, but the campground and the different business and events that the Bay was known for.

We apologize for these errors.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	53 Barbara Dr	1-Fam Res	\$172,533	Stephen F. and Suzanne E. Power	Robert and Patti-Anne Chaves
Alton	Bay Hill Rd	N/A	\$63,200	Peter R. and Todd O. Dolliver	Robert W&Sally Z Todd T and Sally Z. Todd
Alton	130 Black Point Rd	1-Fam Res	\$1,275,000	John T Teller RET and John T. Teller	Calisi FT and Christopher Calisi
Alton	Old Wolfeboro Rd	Rec	\$152,200	Robert & Sally Todd T and Sally Todd	Peter R. and Todd O. Dolliver
Alton	340 Rattlesnake Is	1-Fam Res	\$272,533	Hamilton RT and Nancy L. Robitaille	David Boynton
Alton	378 Sleepers Is	1-Fam Res	\$307,000	Slater FT and Marion L. Slater	Brian F. and Denise M. Ward
Alton	Stockbridge Corner Rd	Forest Use	\$59,933	Dyck FT and Arthur J. Dyck	Gregory S. and Susan L. Eldridge
Alton	466 Suncook Valley Rd	1-Fam Res	\$200,000	Candace M. Buonopane	Nicholas A. Buonopane
Alton	Woodlands Rd	N/A	\$10,533	Vaune Dugan	Nicholas S. and Christine P. Meninno
Alton	120 Alton Mountain Rd	1-Fam Res	\$10,000	Barbara A. Pratt	Justin P. Willette
Alton	284 Dudley Rd	1-Fam Res	\$240,533	Robert C. Cruz	Robert Tourigny
Alton	39 Frank Gilman Hwy	1-Fam Res	\$134,000	Lucas C. and Laura J. Pasquariello	Dorene A. Lemay and Ronald S. Charles
Alton	33 Franklin Way	1-Fam Res	\$197,000	E Leveille RET and Elizabeth Leveille	Gina M. Greene
Alton	82 Lakewood Dr	1-Fam Res	\$335,101	Betty M. Atwell	Wells Fargo Bank NA
Alton	613 Prospect Mtn Rd	1-Fam Res	\$360,000	Mary A. Rafferty	Heidi A. Stucker
Alton	8 Smith Point Rd	1-Fam Res	\$71,000	William Colcrai and Maria Colacrai	Charles and Ellen Leach
Alton	30 Stonewall Rd	1-Fam Res	\$325,000	Bolster FT and Peter S. Bolster	Megin E. Munsey
Alton	Ames Rd	N/A	\$20,400	Steven P. Rollins	Soc For Prot Of NH Forest
Alton	1 Echo Pt Rd Unit 29	Condominium	\$80,000	Eric W. Selfridge	Christopher Mounsey and Sarah Mouney
Alton	44 Kent Locke Cir	1-Fam Res	\$277,000	Everett H. and Kerry M. Clark	David M. and Audrey A. Hanson
Alton	15 Olive St	1-Fam Res	\$1,775,000	Jonathn B. and Judith R. Quint	Edward Smith
Alton	52 Osprey Rd	Mobile Home	\$118,000	Joseph A. and Frances E. Catudal	Linda M. Hiogan
Alton	Rattlesnake Is	N/A	\$605,000	Lorette I Girard RET and Luc D. Girard	Nossiff FT and John G. Nossiff
Alton	76 Rattlesnake Is	1-Fam Res	\$340,000	Kenneth J. and Ruth Roche	Russell J. and Donna M. Richard
Alton	514 Rattlesnake Is	1-Fam Res	\$270,000	Albert J. and Doris R. Belhumeur	Jacob Z. and Jenna R. Obrien
Alton	354 Route 11d	1-Fam Res	\$25,000	New Hampshire 354 LLC	K Pongratz RET & Kimberly Pongratz
Alton	Trask Side Rd	Res Dev Land	\$90,000	Richard A. Maynard and William Fokas	William Fokas
Barnstead	115 New Rd	1-Fam Res	\$307,000	S&E K Sylvain RET & Sidney Sylvain	Virginia Petrin
Barnstead	5 Tom Berry Rd	1-Fam Res	\$230,000	Adam Killpatrick & Melony Killpatrick	Derek T. Edge and Jamie S. Carrier-Edge
Barnstead	38 W Huntress Pond Rd	1-Fam Res	\$159,933	Alison P. and Christian M. Dwyer	Michael P. Russo
Barnstead	7 Waterville Ln	1-Fam Res	\$173,000	James J. Griffin	Carol B. and Olivia A. Lascala
Barnstead	47 Fire Lane 13	1-Fam Res	\$196,000	Curtis Boles 2011 RET and Curtis Boles	Kimberly A. Fange
Barnstead	12 Brookwood Dr	1-Fam Res	\$157,533	Matthew Dupee	Jared D. Fournier
Barnstead	14 Jackson Ln	1-Fam Res	\$176,000	Jane Dorsey and Elizabeth A. Kelley	Burton A. and Christine C. Kelley
Barnstead	725 S Barnstead Rd	Res Open Lnd	\$260,000	Alan J. and Bonnie Williams	Gaylen R. and Lea L. Sabean
Nw Durham	108 Ham Rd	1-Fam Res	\$165,000	Kevin T. and Susan H. Welch	Mitchell R. and Kelly L. Lahar

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and

data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Public Notice

Notice to local business in the area of New Durham, N.H., labor unions and private individuals. Lions Camp Pride intends to solicit assistance from the Department of Defense's Innovative Readiness Training Program. The assistance will include, installation of metal roofs on several buildings, minor electrical work and excavation of grounds around buildings to shed water away from foundations, to support building and land improvements, for the continued operations of a special needs camp. The proposed assistance will take place at 180 Lions Camp Pride Way, New Durham, N.H., in 2016-2017. Local business in the area of New Durham, N.H., labor unions and private individuals who have questions or wish to voice opposition to military assistance for this projects may contact Peter LaPointe President Lions Camp Pride Board of Directors at 978-479-0454 or email Peter Lapointe hampstead.lions@gmail.com, no later than 30 days after publication of this notice. Persons not filing comments within the time frame noted will be considered to have waived their objections to military assistance for this project.

Committee goes over milfoil program

NEW DURHAM — On Sept. 21 the New Durham Milfoil and Invasive Aquatic Weeds Committee met at Town Hall at 6:30 p.m., all members were present as well as Selectman David Bickford. The results of the past summer's variable milfoil harvesting from Downing Pond and Jones Pond were reviewed. The town's Diver Assisted Suction Harvester (DASH) contractor, Aqualogic, Inc., commented that the combination of thick silt and abundant nutrients, conditions ideal for the growth of variable milfoil, will continue to

make Jones Pond a challenge in the future, however, it was believed that milfoil in both Downing and Jones Pond could be controlled in the future by hand pulling.

Since the town is approaching the point where variable milfoil will be under control in these water bodies, the committee has created a living display of variable milfoil and two look-alikes, bladderwort and native milfoil, in the New Durham Public Library. Anyone interested in identifying variable milfoil should take a sample to the library and compare it to the speci-

mens available. Should variable milfoil be seen in a New Durham water body, please contact Fred Quimby at 859-4280.

The committee, with assistance from Don Holm, has re-surveyed most New Durham water bodies this summer for the presence of invasive weeds and found the following water bodies free of these plants: Merrymeeting Lake, Chalk Pond, March Pond, Club Pond and Shaw Pond. Coldrain Pond will be surveyed next year.

Due to the presence of cyanobacteria again this year in Downing Pond and the New Hampshire

DES posting an advisory for beaches on that pond during the month of July, an effort was made to identify the source of nutrients causing the problem. The results of this summer's nutrient survey were reviewed by Fred Quimby, which demonstrated the presence of phosphorus (a critical nutrient responsible for cyanobacteria growth) throughout the Merrymeeting River from Downing Pond back to the Powder Mill Fish Hatchery.

The next meeting of the Committee will be Oct. 19, at 6:30 p.m. at Town Hall.

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Halloween dance, pumpkin contest Oct. 29 at Alton Central

ALTON — The Alton Central School Parent Teacher Student Association (PTSA) will be sponsoring the annual family Halloween dance on Saturday, Oct. 29, from 6 to 8 p.m.

Come to the ACS gymnasium for a spooktacular evening of dancing, music, cos-

tumes, contests, prizes and fun. First, second and third prizes for costumes will be given out in two different age groups, as well as a group category. Pizza and treats will be served.

All students must be accompanied by a parent or guardian for the entire evening. Advance tickets are avail-

able for a discount or tickets can be purchased at the door.

Additionally, there will be a pumpkin decorating contest at the dance. Those attending are asked to bring their decorated pumpkins and they will be judged at 6 p.m. and all pumpkins should be picked up at the end of the dance.

NO MORE LONG WAITING FOR INITIAL VISIT

LAKESIDE PHYSICAL THERAPY is coming to Alton.

The brand has been established in 1998 and our therapists are currently provide physical therapy at two locations Tamworth and North Conway.

Alton office will be run by Laurie McLaughlin PT former owner of Action Sports and Physical Therapy, and longtime employee of Huggins Hospital. She is well known by her former patients from Back Bay Rehab in Wolfeboro. Laurie has been a Physical Therapist since 1989. She has practiced in a variety of settings and worked with all age groups in the Lakes Region of NH for more than 20 years.

Lakeside Physical Therapy will open its door to patients October 18, 2016. We are located at newly developed Alton Village Centre, next to Subway. We are accepting Medicare and all State Insurance Plans.

We are also in-network providers for most of common in our area commercial insurances and providers for the Veterans Choice Program.

Call (603) 875-0390 to schedule an appointment.

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American Red Cross

Paramedic Janet Williamson is always ready to help

BY ELISSA PAQUETTE
Contributing Writer

WOLFEBORO — A line of pagers stands within easy reach alongside one wall of Janet Williamson's office in Huggins Hospital's Emergency Department. Williamson is the hospital's EMS and Emergency Management coordinator. She listens to the scanners for any alert that she might need to respond to as we talk about her work.

It's only while she sleeps that her scanners are off. The pager remains on. If the tone sounds for her, she's up and out the door as fast as possible.

That's her life. A Brookfield resident, she is a first responder for the Wakefield Fire and Rescue Department and Frisbie Hospital in addition to her Huggins Hospital position, which is full time. That's typical within her field she says, for there is a shortage of paramedics, whose training goes beyond that of emergency medical technicians. Most have two or three jobs.

Williamson is available through Huggins Hospital's Paramedic Intercept Program to respond from the hospital with an ambulance service to a home, the scene of a motor vehicle accident, or to meet up with an ambulance en route to the hospital. In that case, she jumps into the ambulance to assist the ambulance crew.

A plaque on her wall from the state commends her service as a partner in the Carroll County Coalition for Public Health (CCCPH). She explains that there are 13 such entities around the state, each affiliated with a hospital, in this case Huggins. Federal grants support and encourage the coalitions as a means to draw in a number of different partners to deal with matters of public health.

And that has made a difference, in particular in services related to the opioid crisis in the state. Deaths from overdoses have risen from 201 in 2011, to 433 in 2015, according to information from the Office of the Chief Medical Examiner. Incidentally, contrary to common belief, teen and young adult deaths do not dominate those numbers. The numbers are high and close among age groupings spanning the 20s through the 50s, with the number of deaths only beginning to drop off in the 60 and over age group.

Locally, the Huggins spring Healthy Horizons newsletter reported, "Over the course of 2015, 49 patients were treated in Huggins Hospital's Emergency Department with a primary complaint or diagnosis of overdose. This number does not include the many patients who were evalu-

ated in the Emergency Department for drug use or withdrawals."

A couple of years ago, says Williamson, each community had its own viewpoint of what worked. The partnership with CCCPH has brought increased knowledge of the treatment resources in the county and a sharing of information through forums and regular meetings that include medical professionals, treatment providers and law enforcement, from the courts, state police and sheriff's department down to the local level.

What that means to her out in the field is that she has information to impart to patients and/or friends and family members — if they care to hear it, of course. From the drug user's perspective, says Williamson, "We've just cost them their high." And in some cases, "They don't believe they were unconscious. Sometimes I'll show them an EKG strip before and after resuscitation or point to the red mark on their chest (an indication of having just received CPR) and ask them, 'Where did you get that?' They're not happy with us."

Treatment options in New Hampshire are notoriously low. The state ranks second to last when it comes to access, but she knows that the Green Mountain Treatment Center in Effingham is available (it's busy and beds are full) and White Horse Addiction Center in Ossipee has beds for men, at least, and providers such as Melissa Fernald, with Sinfonia in Wolfeboro, offers private therapy as well as prevention programs.

Williamson sees prevention programs, such as Fernald's program in the Kingswood Arts Center last spring, hosted by the school district, as key to alerting parents to their child's drug use, for on the scene, "Some parents are adamant that their child doesn't use drugs. My heart goes out to parents. I can't begin to imagine finding out that way."

The partnership has also enhanced community networking in other ways as well. Police departments these days don't always just stop with an arrest. They are known to go a step further and make referrals for help.

Addiction is dangerous not only for those who experience cravings, which can lead to robberies and burglaries in the search for money for a quick fix, says Williamson, but it increases the danger for responders. "I've had a gun in my face in Rochester," she reveals. They are now receiving training on how to reduce risk to themselves. Unfortunately, the danger can tie up police resources as well, "but that's the



ELISSA PAQUETTE
PARAMEDIC JANET WILLIAMSON is EMS and Emergency Management coordinator for Huggins Hospital. She also is part of the Wakefield Fire Department and Frisbie Memorial Hospital's rescue teams.

reality of our world now."

Four Wolfeboro police officers responded to subdue a combative person in the emergency room recently, and when a call comes in from the field that holds apparent risk,

the police are called to the scene as well. They are there to assure that the responders can do their jobs without interference.

It's tough. "Expectations from the public are high," says Williamson. "Sometimes

ambulance transport is held up as naloxone is given multiple times to the same individual. Revival only lasts about fifteen minutes and if the synthetic heroin, fentanyl, a potent drug, was in the mix taken by the user, resuscitation is more difficult. It's not unusual to have multiple calls come in at once. And the public wants you there, immediately."

Williamson, a 30-year veteran in responding to emergencies with team members to save people's lives, firmly believes that it takes a certain mentality to

be a first responder. It becomes a part of your life. She is glad to see a Code Green campaign on the national level that focuses on awareness and education on mental health, PTSD and suicide for all first responders, and that includes not just medical rescuers but firemen and policemen.

In her role as emergency preparedness coordinator, she sees more educational needs coming up. She's adding active shooter training to the list along with Narcan application and infectious disease. She's ready to help, as always. That's her job.

Correction

BARNSTEAD — In last week's article on the Barnstead School Board's most recent meeting, the penultimate paragraph included a sentence that was misleading and the Barnstead School District pro-

vided a clarification. The strategy of setting aside \$50,000 annually for future projects was suggested by the Capital Improvement Committee in its plan for the future.

We apologize for this error.

BUSINESS DIRECTORY



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Mark on the Markets

Post-election markets

BY MARK PATTERSON
Contributing Writer

Recently I've read a few articles that predict how the markets will react after the November presidential elections. Now we all know that nobody knows so I'm going to throw my guess into the pool prognostication.

March 9, 2009 was the capitulation day when the equity markets bounced off their

lows and started their upward journey. The average time between major equity market corrections is 7.5 years. Go back 7.5 years from now and you will land right around March 2009. This is simply an average; it does not guarantee they were going to have a major market correction anytime soon. But if you go back eight years pre-2008 elections and map out until March 2009,

would lead me to take pause and look at the downside risk in the equity markets versus the potential upside.

I certainly have my preferences in this election, however I believe the markets are going to have some adjustments no matter who wins the presidency. Typically, the Democrats are more dovish regarding the Federal Reserve Bank that is supposed to be independent but certainly is influenced by the White House. So if the Democratic nominee is in the White House, I believe it is less likely that Janet Yellen, Federal Reserve Chairman, will feel pressure to raise interest rates. The equity markets like low interest rates. Conversely if the Repub-

licans win the White House you are likely to see more hawkish activity from potentially a new Fed chairman that would temporarily disrupt the markets. Democrats typically have a more Keynesian view economically, which involves more government activity to stimulate markets. Republicans typically rely on free market supply side economics to stimulate economic growth and more tax revenue. Partisan politics determines which economic theory we believe in.

I believe our equity markets will have some real volatility in the upcoming months based on the uncertainty of the elections, the results of the elections, the fact that we are due

for market correction just based on time or any other potential shock to the markets.

So as an investor we need to reevaluate our portfolio positions and look at market risk, credit risk, interest rate risk, negative sequence of returns risk and maybe the most overlooked risk, longevity risk. As we reach that five-year window prior to retirement we must be more vigilant with how our money is positioned. You must evaluate your risk tolerance and potential income into retirement and make the adjustments now. If your money for retirement is currently tied up in a 401(k) plan or 403B plan that has limited choices for investment you must consider a change in



strategies. During most of your working life you are in and accumulation mode for assets. Approximately five years from retirement preservation, mitigation of market risk and safe growth are paramount. Once retired, distribution of those assets as income are necessary to maintain the retiree's lifestyle. This income must be steady, predictable and sustainable. Regarding the elections, prepare for the worst and hope for the best.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com

Soup, chili chowder contest at Locke Lake Sunday

BARNSTEAD — It is harvest time and the cool nights call for some nice soups, stews and chowders, so the Locke Lakers are having their third annual contest to see which is the best in the Colony. On Oct. 16 at noon, the members will be given ballots to choose their favorite soup, stew or chowder, with cash prizes to be awarded for

the best. If you would like to participate in making an entry, please call Ann Shea at 393-7233. If you're attending and not making an entry, please bring either appetizers or dessert to the potluck supper. Just an added note, on Oct. 23, Friday evening will be the last game night in the lodge at 6 p.m. Pokeno, cribbage and cards will be played.

Trick or Treat set for Oct. 31

ALTON — Trick or Treat hours are Monday, Oct. 31, from 5 to 7 p.m. in Alton.

Volunteer coaches needed Trick or Treat set for Oct. 31

The Alton Parks and Recreation Department is looking to sponsor a first and second grade basketball program on Saturdays in January

and February from 8 to 9 a.m. at PMHS. Volunteer coaches are needed in order to run the program. Please contact parksrec@alton.nh.gov or 875-0109 if you would like to coach basketball for a first and second grade team. Coaches will teach basketball fundamentals, run drills and teach skills. Background checks are required.

Business meet and greet Monday

PITTSFIELD — The Greater Pittsfield Chamber of Commerce and the Barnstead Area Women in Business Group are sponsoring a meet and greet on Oct. 17 from 6:30 to 8 p.m. This event is an

opportunity for local businesses and community organizations to introduce themselves to others in the area or enhance current relationships during this casual, conversation based meeting. All lo-

cal area businesses, community organizations and other interested parties are invited. This free event will be at and hosted by Main Street Grill and Bar, 32 Main St., Pittsfield. To RSVP, please

contact Lori Mahar at 269-2329 (lorimahar@tds.net), Louie Houle at 848-1553 (coachoule3@myfairpoint.net) or visit The Greater Pittsfield Chamber of Commerce event page on Facebook.

Crafters and vendors sought for Barnstead fair

BARNSTEAD — Crafters and vendors are wanted for a holiday fair on Nov. 19

from 9 a.m. to 3 p.m. at the Maple Street Church. The Barnstead Farmers' Market is

pleased to sponsor the first holiday fair. They already have several crafters and vendors signed up, however they are seeking more. Deadline is Nov. 1. For an application, please contact Lori Mahar at 269-2329 or e-mail lorimahar@tds.net.

The Barnstead Area Community Farmers' Market was developed to provide a venue for local agricultur-

al and small business to expand their consumer base and also to provide the local and surrounding area communities to have a one-stop shopping place for their consumables. This market also supports local artisans, non-profit organizations and craftsmen. Please visit www.barnsteadfarmersmarket.club for more information.

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Wifi café starts Wednesday
BARNSTEAD — The Maple Street Church, located at 96 Maple St., Center Barnstead, is pleased to introduce the Wifi Cafe Music Hot Spot. Every third Wednesday of the month, please join in a community gathering to share a meal and share music at the new Wifi Cafe Music Hot Spot. Starting Oct. 19, from 6 to 9 p.m. all are invited to share a meal, good conversation and music. Bring your voice or instrument of choice, or come to listen or just relax in the café. This is a free event. For more information, please contact Lori Mahar at 269-2329 or Pastor John Hooper at 998-4102, or visit the Facebook page www.Facebook.com/MapleStreetChurch.

Church Service SCHEDULE
Sundays: July 3, 2016 – September 4, 2016
8am Outdoor Summer Worship Service- Alton Bay Bandstand
10am Worship Service Community Church of Alton-101 Main Street, Alton

ABUNDANT HARVEST FAMILY CHURCH Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnh.org or e-mail ahf@faith.com.	FIRST CONGREGATIONAL CHURCH UCC FARMINGTON Worship Services 9:30 A.M. 400 Main Street Farmington, NH 02835 Pastor Kent Schneider 755-4816 www.farmingtombucc.org
ADVENT CHRISTIAN CHURCH Sunday Worship Service 11:00 Am. All Are Welcome. Rev. Charles Wilton 998-4102. 96 Maple Street & Route 28, Barnstead Thurs 9am, 875-6161.	FIRST FREE WILL BAPTIST CHURCH Sun. School 9:45am; Church 11am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.
ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10am & 7pm; Tues- Thurs 9am, 875-6161.	PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:40 a.m. Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Pastor Sandy Pierson - 483-2846
BEFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Sam Huggard. www.befreeschurch.net.	ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548. Father Robert F. Cole, Pastor. Mass Saturday 4pm; Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am.
CENTER BARNSTEAD CHRISTIAN CHURCH Morning Service 10:00 am. Adult Sunday School 9:00 am. Sunday School for all ages 9:00 am. Rte. 126 next to Town Hall. Pastor Brian Gover. 269-8831.	ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30. 50 Main St., Pittsfield Rev. Curtis Metzger, 435-7908 www.ststephenspittsfield.com
COMMUNITY CHURCH OF ALTON Prayer Meeting 8:30 am; Christian Education for all ages, nursery-adults, 9:00 am; Worship Service 10:00 a.m. - 20 Church Street Rev. Dr. Samuel J. Hollis. 875-5561.	UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St. Laconia • 524 6488 • ussl.org

Pioneer Club meets each Wednesday

BARNSTEAD — Do your kids know what their talents are? What are they good at? What abilities and interests do they have? You may have been looking for a Christian alternative to Scouts or 4H to provide your child with a rich experience that expands their horizons. Good news, Pioneer Clubs has arrived in Barnstead.

The typical Pioneer Club meeting includes games, scripture memory, working toward your skill awards, Bible study, and songs. Who will have more fun, the kids or the leaders? Club members have matching t-shirts and a workbook to accompany their Bible study lesson. Awards are proudly

displayed in the club meeting room until the end of the year. Goofy things also happen at Pioneer Club, and you will see some silly costumes that go with the fun themes. Pioneer Clubs also provides opportunities for kids to do service projects, so watch for them around town when they are helping the community.

The group meets on Wednesdays from 6 to 7:30 p.m. at the Center Barnstead Christian Church, located beside the Barnstead Town Hall. Family prayer meeting is held simultaneously. All kids, kindergarten to sixth grade, are invited to join. For more information, please call the church at 269-8831.



Friends of Music bringing string quartet to Wolfeboro

WOLFEBORO — Wolfeboro Friends of Music is excited to present the nationally acclaimed and award winning Carpe Diem String Quartet on Saturday, Oct. 29, at 7:30 p.m. at Brewster's Anderson Hall. The members of Carpe Diem - Charles Wetherbee, violin, Amy Galluzo, violin, Korine Fujiwara, viola, and Carol Ou, cello - fuse their virtuosity with a unique commitment to evolving the traditional chamber music experience for audiences of all backgrounds and interests in a way that is guaranteed to entertain.

One of the most unique and sought-after chamber ensembles on the concert stage today, the Carpe Diem String Quartet is a boundary-breaking ensemble that has earned widespread critical and audience acclaim for its innovative programming and electrifying performances. Carpe Diem defies easy classification with programming that reflects its passions for gypsy, tango, folk, pop, rock and jazz-inspired music, and has become one of America's premiere "indie" string quartets, without sacrificing its commitment to the traditional quartet repertoire.

Audiences and critics alike, from coast to coast, have raved about this unique fusion of styles and genres, noting that Carpe Diem delivers the classical repertoire with clarity and excellence of the highest standards, while also championing contemporary music at an extraordinary level that places them among the best, most diverse, modern string quartets around. The quartet continues to rack up accolades and awards. For three consecutive years, Carpe Diem was the only quartet in America chosen to receive an Arts Alive Award from the PNC Foundation. Carpe Diem is the resident ensemble for Columbus (Ohio) Dance Theatre and their joint project, The String Machine, was aired by WOSU-PBS television and nominated for an Emmy award.

The evening's program will be sure to delight, with the first half of the program focused in the Classical-Romantic period, with the works of Franz Schubert and the passionate Mendelssohn Quartet No. 3, Op. 44. After intermission, the program will pivot to the 20th century, with a vibrant arrangement of Autumn, from a work by

the revolutionary Argentinian composer Astor Piazzola. The program will conclude an original work by the group's violinist, Fujiwara, Fiddle Suite Montana, the critically acclaimed title track from Carpe Diem's album, Montana.

Wolfeboro Friends of Music is pleased to bring the Carpe Diem String Quartet to the people of the greater Lakes Region during their 81st season, which runs from September through May. This concert is made possible, in large part, to sponsors for this concert, J. Clifton Avery Insurance, Sugar Hill Retirement Community, and MillRiver Wealth Management. WFOM also thanks season sponsors Benefit Strategies, LLC and Paul and Debbie Zimmerman.

Tickets for Carpe Diem String Quartet may be purchased at the door on the evening of the concert. Advance tickets may be purchased at Black's Paper Store and Avery Insurance in Wolfeboro and Innisfree Bookshop in Meredith or by calling 569-2151. All high school students with ID and all children accompanied by an adult ticket purchaser will be admitted free of charge.

Support network meeting in New Durham Monday

NEW DURHAM — A community program to create a support network for New Durham residents in need will hold an informational workshop on Monday, Oct. 17, at the New Durham Public Library at 6 p.m.

Members of the public, local businesses and organizations willing to make a positive impact are encouraged to attend the meeting to discuss the creation and implementation of the new program called New Durham Cares.

Discontinuation of service by the COAST bus sparked the establishment of a community action program that will organize residents willing to aid their neighbors with rides to

grocery shopping and appointments.

New Durham Cares would not stop there, however; the program would also include those who could shovel walkways, rake leaves, or help out others by doing

various tasks.

Jeff Donald of COAST Bus will attend to help with the planning. Light refreshments will be served. For more information, contact Laura in the New Durham Welfare Office at 859-2091.

PMHS guidance looking for student employment opportunities

ALTON — The counseling department at Prospect Mountain High would like to serve as a clearinghouse for student employment opportunities in the area. If area businesses, organizations or individuals have part time positions available, information can be forward-

ed to counselor Marie Daniels (mdaniels@pmhschool.com) to be posted on the department's employment opportunities board. The school's students come with drive, intelligence and staff/faculty recommendations. Questions? Contact Daniels at 875-3800 ext. 3164.



COURTESY PHOTO

Clean-up time

The Powder Mill Snowmobile Club's Adopt-A-Highway trash pick-up will take place on Saturday, Oct. 15, at 10 a.m. Those interested in helping to keep the club's section of Route 11 clean can meet at New Durham Town Hall for instructions and bags.

Sugar detox program in Wolfeboro starting Oct. 20

WOLFEBORO — Do you constantly crave sugar? Do you have a hard time losing weight or have excess belly fat? Do you have unstable energy or have a hard time focusing? If you said "yes" to any of these then sugar could be at fault.

"Most Americans have a sugar addiction and don't even know it," says Patty Walker, local Registered Dietitian and Certified Diabetes Educator. "Needing to eat every few hours or getting cranky if your meal is late are signs that you may have a sugar addiction. Weaning off sugar is tough. Most who try will cut out white sugar but not realize that there is extra sugar added to their crackers or condiments," states Walker. In addition, studies link excess sugar consumption to increase risk of heart disease, diabetes, high triglycerides and obesity.

The solution is awareness and action. Walker is proud to offer her five-week Sugar Detox Program to help people who want to eliminate or reduce sugar cravings. The program involves three primary phases where participants will gradually reduce consumption of carbohydrates while removing sugars, refined grains and flours, and replacing them with healthy, low glycemic choices. Each participant will receive

a program handbook, shopping lists, meal suggestions, recipes and food samples. There is also a private Facebook page set up for ongoing support.

Bill, a past participant stated, "I never felt deprived or hungry. It was easier focusing on just one thing (sugar). Kristi said, "This was a life changing course for me." Other participants noted less bloating, improved sleep patterns, steady energy levels, better blood sugars as well as weight loss. The program is

great for helping to prevent diabetes.

The program meets weekly at Still Waters Health and Wellness Center at 6 Grove St. in Wolfeboro. The course is being offered on Thursday nights starting Oct. 20, and ending Nov. 17 from 5:30 to 6:30 p.m. Pre-registration is required. Participants can save money if payment is received prior to the start of the course. Additional information can be found at www.ccdnwc.com. Please call Patty Walker at 520-3176 to register.

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PMHS

(continued from Page A1)
year classes some flexibility in the timing of a mid-year progress measure;

3. If exams are used as the measuring tool, divide the exam into two or three parts, and give each part during a regularly scheduled class. Discontinue the midday closure of exam week.

Fitzpatrick said he had discussed this proposal with department leaders and they were quite positive about it. If the board was open to consideration, he would prepare a written policy proposal for the next board meeting. With the board's support, he would like to implement the plan for fall semester, and give faculty as much advance knowledge if possible so they can plan accordingly.

Board member Steve Miller asked if the flexible timing of mid-year assessment could be a problem for some college applicants. Fitzpatrick said students will still receive mid-year grades on the same schedule, so it will have no impact. He added that most competitive colleges are already well into their review process, and mid-year grades are not usually a factor.

Board members were unanimously positive in their response. Several commented they saw it as a very positive change. All supported Fitzpatrick in preparing a written policy proposal for the next board meeting.

Fitzpatrick had another change proposal. This

one had to do with the check-in time clock in the front entrance to the building. This has been in place for several years and some paraprofessional staff are required to use it each morning and afternoon. It was installed several years ago when there had been a spate of tardiness problems from some employees.

Fitzpatrick said none of the employees involved at the time of installation still work at the school, and the problem itself no longer exists. Instead, the time clock has the unintended consequence of leaving paraprofessionals standing in the entry way for 10-30 minutes, waiting for 7:45 a.m. when they are officially slated to start work.

Oftentimes they work one-on-one with special education students who have already entered the building. He suggested that removing the time clock would allow the paraprofessionals to enter the building and be present with their assigned student.

Terri Noyes said she agreed with eliminating the time clock and asked how time would be tracked for these employees for payroll purposes. Fitzpatrick explained they would fill out paper time sheets as some other employees do. Noyes said it was important that these employees be paid for all the time they are actually working, and if they are working longer hours could the school run into overtime or additional cost issues.



JOSHUA SPAULDING

WORKERS continue to install the new metal roof on Prospect Mountain High School.

Other members of the board joined the conversation, all agreeing that the paraprofessionals be paid for all hours worked.

Fitzpatrick assured the board that this would be done, and that work time could be managed by department heads through clear communication with employees. He told the board he did not believe there would be any problems with either overtime or the school's budget.

He went on to inform the board of a potential grant from Meredith Village Savings Bank. The bank had approached the school about a possible special grant that could be used only for health related purposes.

After discussing several options that involved supplies or equipment related to specific health courses at the school, those involved felt it would be better to use the funds for something that could be available to all students. They landed on the idea of a low-level ropes course on the school grounds.

Fitzpatrick said he believed it would be possible to develop a ropes course that would be inviting and challenging to students and as safe as any other piece of playground equipment. He had already checked with Primex, the school's insurance company, and was assured that they had no reservations about the project.

The principal said they did not yet know how large a course could be constructed with the limited grant funds, and did not yet have a specific design. He wanted to clear the concept with the board before moving forward with Meredith Village Savings Bank. He advised the board that

ing the Master Plan." Chairperson Scott Drummey is quick to agree. "The planning board always listens to public input. We take these comments very seriously and have often changed ordinance and regulation language to accommodate such input."

FORUM

(continued from Page A1)

Paul Raslavicus, who spent eight years on the New Durham Planning Board and has been present at some of the recent discussions, speaks highly of the power of attending forums.

"It's extremely important because the folks on committees that enact ordinances really rely on the input of their friends and neighbors; they are very responsive to that input."

He noted that a strong showing of the public by attendance can sway the thinking of committees and boards. "I would urge people who are concerned or have ideas on how services can be improved to come out and speak. It impacts the planning board and they are in charge of develop-

als stored in closets and shelves and he wants to find what is still useful to PMHS, identify what the school no longer needs but some other school might want, and get rid of the totally outdated and useless.

All PMHS sports teams are having good seasons. No teams have lost more games than they have won. The Fall Festival was a grand success, with more than half the students attending the dance.

The senior class has begun planning for a school trip to Ocean Beach, N.J. for their "last hurrah."

All freshman students have been issued their Chromebook computers, and the program appears to be going well, though it is too early to evaluate fully. A couple of computers have needed screens replaced, or other minor repairs. These have been done by students in the new Tech Support Internship program, an opportunity for students to get a start in a potential career in electronics technical support.

In an effort to give the people a voice even if they can't attend, and to source as much public comment as possible, Kinmond has suggested people e-mail him at skinmond@newdurhamnh.us or send on any ideas directly to the planning board.

"The forum will be videotaped," he said. "If you can't be present, watch it, and send along your ideas." Although this upcoming forum is on town services, the planning board will continue to take input on all chapters of the Master Plan.

"If someone brings in information we don't know about, we definitely listen and consider its implications," Drummey said.

David Swenson, board of selectmen representative on the planning board, indicated involvement is critical. "This forum addresses the town's infrastructure and service needs through 2025, to help create a sustainable tax base with new job, recreational, and quality of life opportunities."

He said the public can help form the base "for guidelines on capital requirements, road improvements and maintenance, recreational opportunities for all ages, and address management needs to develop the necessary public infrastructure and facilities."

Swenson said a part of that is an affordable tax structure, a required capital planning tool for future town equipment and facilities, and guidelines for desired town services. "The Master Plan, if followed, should be able to allow residents to create quality of life opportunities for all ages that will allow them to continue to call New Durham home."

"We all want to see New Durham grow positively and sustainably," Drummey said, "and the planning board will do a better job updating the town's Master Plan and implementing it, if we have your input."

He said the forum is to hear from people on all sides. "Sometimes someone will say something to us about a topic, but we can't be sure if that is the feeling of the majority."

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The Winnepesaukee Talkie

Third quarter home prices up, sales down



BY RANDY HILMAN
Contributing Writer

Third quarter regional home prices rose more than 3.5 percent year-over-year on volume of \$296 million while sales in the same period fell nearly four percent to 951 single-family dwellings, figures show.

The combined median home price in Belknap, Carroll and Grafton counties exceeded the second quarter by six percent, rising to \$217,000 for a quarterly gain of more than 3.5 percent over the previous year (\$210,000) and a 4.5 percent increase, year to date (\$209,000), according to sales data supplied by the New England Real Estate Network Multiple Listing Service.

As home prices posted gains quarter to quarter and year over year, the pace of annual home sales slowed 5.5 percent to 2,373 transactions and inventory declined nearly seven percent in Q3 to a seven-month supply of available homes. While gains for the year remained in positive territory at eight percent above 2015, the slide in sales activity, combined with a diminishing supply and a 19 percent quarterly decrease in new listings, signaled, in the views of some, a potential market slowdown in the months ahead.

"Low housing supply has already prevented an outright national boon in sales activity, despite a continuation of near record-low mortgage rates and an unemployment rate under 5.0 percent deep into 2016," wrote the association of New Hampshire Realtors® in its most recent housing report. "The issue is not purchasing power. Many areas are falling behind last year's closed sales totals simply because of lack of available inventory."

As this trend of rising prices and falling

supply continues, NHR added, potential home buyers may be squeezed from the market, slowing market activity to an even greater extent than is occurring now.

New listings declined 33 percent from Q2 to Q3, NEREN figures show. The number of listings added to inventory in Q3 declined by 325 units to 1,346 listed homes, a drop of 19 percent year over year. For the year through Sept. 30, listings were off 12.5 percent compared to the previous year.

Housing inventory in the three-county Lakes Region stood at 8.7 months, based on an average absorption of 270 housing units a month over the previous 12-month period, figures show. Based on sales activity for the quarter, however, supply shrunk to seven months.

Area builders are cautiously optimistic, hoping that a reduction of supply, combined with stepped up demand, will finally kick start new construction in the Lakes Region. The dilemma for homebuilders has been the excessive availability of existing housing, which has been selling for less than the cost of comparable new homes.

By county, Carroll County had 336 closed transactions in Q3, a year-over-year decline of four percent on dollar volume of \$115.9 million, up a mere 2.4 percent from a year ago. Sales were up six percent through the first nine months of the year on dollar volume of \$249.9 million, up 14.5 percent from the same period in 2015.

The Q3 median home price in Carroll County was \$221,250, up eight percent from a year ago, according to NEREN. The median home price through September rose five percent year over year to \$215,000.

New listings were down 25 percent in Q3 and 16 percent for the year.

Grafton County logged 311 sales for the quarter, a gain of five percent from a year ago, according to NEREN. For the year, meanwhile, sales were up seven percent to 801 closed transactions on

dollar volume of \$211.7 million, up slightly more than six percent from 2015.

New listings in Q3 were off nearly 22 percent, year over year, and off 8.5 percent for the year to date. In the same periods, the median price of a Grafton County home rose nine percent, year-over-year, to \$199,900 and stood at \$195,000 for the year, an annual increase of 3.5 percent, NEREN figures show.

Belknap County saw its quarterly sales decline 11 percent to 304 closed transactions on volume of \$95.6 million, down nearly 22 percent from a year ago, according to NEREN. To date, however, Belknap home sales remained at a healthy 11 percent at 786 closed transactions on dollar volume of \$236.3 million, up 2.3 percent.

The quarterly median home price in Belknap County was up two percent, year over year, to \$230,000, but remained unchanged for the year at \$215,000, NEREN figures show.

Want to know what's happening with real estate in your neck of the woods? Visit my web site at rhilman-homes.com to sign up for my free, exclusive Market Insider report. Are you thinking of selling your home or do you know someone who may be planning to buy or sell a home? I can help.

The real estate market is ever changing. What you don't know about it could cost you time and money. Contact me today by e-mail or phone to schedule a free, no-strings consultation. Meanwhile, thank you for reading The Winnepesaukee Talkie. Be sure to like us on Facebook.

The Winnepesaukee Talkie is a real estate feature column produced by Randy Hilman, an award-winning former business journalist for The Tennessean, a Gannett daily newspaper located in Nashville, Tenn. Hilman today is an associate broker at Keller Williams Lakes and Mountains Realty, Wolfeboro. He can be reached at 610-8963 or by e-mail at rhilman@randyhilmanhomes.com.

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Usborne book fair is Oct. 20 and 21 at Alton Central

ALTON — If you could give the gift of reading and have that gift keep on giving for years to come with free books, would you do it? Alton Central's first Usborne "Reading Is A Gift" book fair is coming to Alton Central School where par-

ents and teachers can choose from hundreds of books that will pay Alton Central School back with free books. The Usborne "Reading Is A Gift" book fair will take place during parent/teacher conferences on Thursday, Oct. 20, from 1 to 5 p.m.

and Friday, Oct. 21, from 8 a.m. to 3 p.m. at the ACS lobby. This is a parents and teachers only book fair, but the school encourages you to bring everyone who is interested in giving the gift of learning and contribute to the school.

If you can't attend the event, you can still support the school by placing an order at f4552.myubam.com. Be sure to select Alton Central School when checking out to ensure that the school will get credit for your order. A percentage of the

cost of every book purchased is returned back to Alton Central School in free books. Everybody wins. The school's goal is to encourage reading and promote literacy for ACS. For any questions please contact the Usborne educational

consultant, Margarita Proulx at 903-4994. Get involved in the Usborne "Reading Is A Gift" book fair — be a volunteer, donate, promote your child's reading, attend the fair — and you'll give the precious gift of reading to the children in the school.

McDONALD'S

(continued from Page A10) key modifications, Haddad said in a phone interview from his Bedford office. He noted that the dining area will be re-configured but will not likely feature expanded seating. Haddad did say that the food preparation area will be larger, allowing for increased output capacity. The owner said customers will be better served by a new drive-thru configuration. The present drive-thru layout allows only one customer to order at a time. The updated drive-thru will allow two customers to place separate orders simultaneously, Haddad said. Space constraints will prevent a two-lane drive-thru that would allow for parallel ordering stations. Rather, the owner described a tandem arrangement where two cars can place orders simultaneously before pulling forward to

pay and pick up. Haddad said customers familiar with the Lee Circle drive-thru will have a sense of what the new layout will look like. In terms of the building's overall footprint, Haddad said the structure will be enlarged with a bigger foundation. Other improvements will include cooking equipment upgrades and features that promote ADA compliance. "The result will be a state-of-the-art restaurant that enhances the customer experience," Haddad said. Aware that some customers had inquired about the addition of a Play Place, the owner ruled out the construction of a child recreation area. He said such a feature would add value but that the parcel is not large enough to support such an asset. "We would love to build one, but there just isn't space," he said.

The Alton McDonalds is one of several Haddad owns. His first locations were in Goffstown and Hooksett. His reach has expanded to include franchises in Epsom, Lee, Londonderry and other communities. Haddad, who has been affiliated with the corporation since 1970, said he felt fortunate to have the opportunity to expand the brand to Alton in 1995. He said he was awarded the chance to build the restaurant as part of a competitive process. In the meantime, the seemingly sudden temporary closure took many folks by surprise. Sharon Laliberte noted via Facebook, "They really should have put out a big sign the day before. [P]eople keep pulling [in] and don't know." The number of turnabouts has peeved some adjoining business owners. Wedding and formalwear business owner Sherry Lou Mc-

Gee Barsanti, the proprietor of I Do, posted on the Alton Community page, "From all of us who have businesses at Homestead Place we request a sign at the front of McDonalds at the rotary to stop people from using and eroding our driveway. ... This has included huge trucks and now enormous houses on wheels. People are used to stopping there for a long time now and once getting denied from there they get angry and drive in very unsafe ways. So I suggest a real banner at the front and another one before the expected entrance." Employee Thaisae Libby responded, "I'm sorry people are digging up your parking lot. I'm sure it's super frustrating for you all. I'll see if there's something else that can be done but I don't think people are gonna realize we are closed even when the building is torn down." In a separate post Lib-

by recalled, "There were cones blocking the entrance for days while we moved equipment out. Even with storage containers and equipment all over the parking lot and employees parking purposefully across the drive-thru lane backwards, people still either drove over the cones, parked in the road and walked over, waited for an employee who was leaving to move the cones to get out so they could sneak in behind them, or my personal favorite, motorcycles came in because they fit between the cones." Libby continued, "Even with several dumpsters and trucks marked 'demo' there all week, people still are trying to get in. A group of people actually parked across the street, walked to the front door, read the sign out loud that said 'Closed,' then proceeded to pull on the locked door - all questioning if we were really

closed. They then started to knock on the windows asking." Libby concluded, "FYI, the lobby and tables were full with equipment and computers, etc. So, with that being said, I'm not sure a bigger sign or a canvas covering the sign or even a neon flashing sign will help." In a phone interview, Haddad urged that he is doing all he can to make the facility "something the town will be proud of," noting that McDonalds' location is "the gateway to the town" and "visitors' first impression of the Lakes Region." While the fast food restaurant's temporary closure caused considerable consternation among many, at least one local resident shrugged the matter off. "Good," wrote Leon Keniston on social media. "Now I can walk around there and catch my Pokémon in peace."



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Salmon Press

Granny, mom and sis get their guns and what about I-93's hidden views?

"Hawkeye" is a monthly hunting, fishing, trapping and outdoor newspaper published in Milford, where before I got into newspapering I took away from the planing machine (which turns rough lumber into planks and boards) and stuck up green lumber at the Lorden Lumber Company.

To say that "Hawkeye" is chock-full of stuff about people enjoying their fish and game experiences, photos of same, and articles at once interesting, informative, provocative and baffling is a vast understatement.

Among the many things I liked in the October issue was a column called "Gun-toting Grannies" by Elaine Marze. "Hawkeye" is big on Second Amendment gun-ownership rights, and so am I.

"Grannies" dwelt on the fact that increasing numbers of women are taking firearms courses and arming themselves, not just as "empowerment," as the trendy phrase goes, but in line with the reality that it is foolhardy and in a way self-demeaning to expect somebody else, police or any other person, to be there when the chips are down. Can police respond in enough time? Hardly ever.

There are recurring arguments whenever the subject of ever-more gun

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



control arises. "Enforce the present laws" is always an obvious reply, but then there is this:

What are you going to do about the reality that there are always going to be just plain bad guys out there? That is never going to change.

And in a nation where there are more than 200 million handguns in circulation, how can society shame, shun and make life difficult for law-abiding people who have guns, when the bad guys will always be able to get theirs?

+++++

The media have been full of dire reports of "statewide drought." Not so. The northern section of New Hampshire has had more rain than the south and for the most part has been spared ground-water woes.

The northern tier gets a lot more rain, thanks to our Canadian neighbors, and has wholly different weather patterns and geological substructure than the southern two-thirds of the state.

+++++

Asinine Signs Department: Dump trucks that



JOHN HARRIGAN

BEAR NOTCH ROAD, which is a pleasant and different way to get around North Conway's weekend outlet shopping crunch, offers several pullouts affording great views of Bartlett, the approach to Crawford Notch, and beyond.

carry huge signs on their rears, "Construction Vehicle--Do Not Follow."

Obviously this message is meant for situations where trucks have to veer off the road to go into construction sites. Of course.

But the signs should come off or be covered with a tarp when trucks are traveling back and forth to the site, during which the signs make no sense at all.

This kind of thing is why so many people have been conditioned to ignore signs, like "Yield," or maybe "Stop."

+++++

When Interstate 93 was built, its newly cleared right of way offered incredible new views of the landscape. Now, 40 years later, trees have grown up on both sides, and for the most part the views are gone.

A couple of decades ago, a legislator from the mid-part of the state introduced a bill calling for logging alongside the sides of 93, particularly the eastern side, for the value of the timber and to open up the views.

Does anyone out there remember this public servant? If he's still around we could use him, or at least his idea.

This column runs in weekly newspapers covering two-thirds of

New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone numbers and town. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 160 calls for service during the week of Oct. 2-8, including six arrests.

Two subjects were arrested for criminal trespass.

One male subject was arrested on a bench warrant.

One male subject was arrested for negligent driving.

There were two motor vehicle summons arrests.

There were four motor vehicle accidents.

There were five sus-

picious person/activity reports on Main Street, Range Road, Old Wolfeboro Road, Wolfeboro Highway and Highpoint Drive.

Police made 35 motor vehicle stops and handled seven motor vehicle complaint-incidents.

There were 109 other calls for services that consisted of the following: Two fraudulent actions, one employment fingerprinting, five assist other agencies, six pistol permit applications, two animal complaints, three juvenile incidents, one domestic

complaint, five general assistance, three miscellaneous, one missing adult, five alarm activations, one lost/found property, three general information, one vehicle ID check, two trespass, one sex offender registration, one civil standby, one stalking complaint, three civil matters, one drug destruction, one disabled motor vehicle, 30 directed patrols, one 911 hang-up, two motor vehicle lockouts, three medical assists, 23 property checks and one paperwork service.

Household hazardous waste collection is Saturday

WOLFEBORO — The last household hazardous waste collection of the year is Saturday, Oct. 15, from 8:30 a.m. to noon at the Lakes Region Household Hazardous Product Facility (LRHHPF), 404 Beech Pond Road, Wolfeboro.

To avoid disappointment, please plan to attend with all products you wish to dispose of. The next opportunity to safely and appropriately dispose of toxic products will be the third Saturday of May 2017.

Member towns of Alton, Tuftonboro and Wolfeboro may attend the collection with a free LRHHPF pass obtained by residents, taxpayers and renters, prior to the collection at

the transfer stations in each town. Please note, the numbered business card pass is different from a town's dump sticker.

Green tri-fold flyers available at the solid waste facilities provide a comprehensive list of products acceptable commonly found in the garage, garden shed, under the sink, or from the pool area. Latex paint is not accepted as it is not a hazardous waste. Ask for a list of alternative products with lesser toxicity at the collection.

Locke Lake meeting is Oct. 20

BARNSTEAD — The next public board of directors meeting for the Locke Lake Col-

ony Association will be held on Thursday, Oct. 20, at 6:30 p.m. in the lodge.

Any household from other communities may attend on a cash basis. The fee (by gallon) is payable by cash or check. The HHW waste hauler counts containers by size, not by the ounces remaining inside, to determine the five-gallon increment. When possible, please bring items in their original containers placed securely within a cardboard box for speedy removal from your vehicle.



Join Genesis Behavioral Health on Tuesday, October 25, 2016, 5:30pm for a Fundraising Dinner and Celebration at Church Landing, Meredith, NH

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WHAT'S ON TAP

The playoffs kick off for the local field hockey team, while other teams continue regular season action.

The Division II field hockey tournament begins on Thursday, Oct. 20, at 3 p.m. at the home of the higher seed.

At Prospect Mountain, the unified soccer team will be hosting Exeter at 4 p.m. today, Oct. 13.

The Timber Wolf soccer boys will be on the road at Campbell on Friday, Oct. 14, for a 4 p.m. game and will be at Somersworth at 4 p.m. on Tuesday, Oct. 18.

The Prospect Mountain girls' soccer team will be hosting Belmont on Friday, Oct. 14, at 4 p.m. and will be hosting Laconia at 3:30 p.m. on Tuesday, Oct. 18.

The cross country Timber Wolves will be running at Gilford at 4 p.m. on Friday, Oct. 14, and at Merrimack Valley on Thursday, Oct. 20, also at 4 p.m.

The Prospect volleyball team will be at Belmont on Friday, Oct. 14, at 6 p.m. and will then be hosting Belmont on Wednesday, Oct. 19, at 6 p.m.

At Kingswood, the field hockey team will wrap up the regular season by hosting Plymouth today, Oct. 13, at 5:30 p.m.

SEE ON TAP, PAGE B7

Timber Wolves dig deep on Dig Pink night

Prospect net girls go toe-to-toe with undefeated Nute

BY JOSHUA SPAULDING
Sports Editor

ALTON — With a series of tough opponents on the schedule in the final few weeks of the season, the Prospect Mountain volleyball girls showed they have the ability to hang with anyone when Nute came to Alton on Wednesday, Oct. 5.

The Timber Wolves went toe-to-toe with the undefeated Rams, picking up a win in the second set before eventually dropping a 3-1 decision on Dig Pink night, which was dedicated to the fight against breast cancer.

"Nobody was really expecting us to be a good team, but I totally think we showed that night," said Timber Wolf coach Mike Christy. "I'm really proud of them tonight."

The Timber Wolf coach also pointed out that it was nice to get a battle against such a strong squad but his girls actually felt they had a chance to take more than just the one set.

"They kind of feel they let one go," Christy said. "But it's only going to make us better our next two and a half



JOSHUA SPAULDING
HANNAH BUREAU goes up for a hit in action against Nute last week.

weeks." The first set saw Prospect hang right with the Rams out of the gate. A big block from Alyssa Spiewak helped to give the Timber Wolves a 4-3 lead before the Rams came back and went up 6-4. The visitors went up 12-6 before a pair of service aces from Spiewak allowed the Prospect girls to climb back in and cut the lead to 12-11. A Shannon Armstrong kill pulled Prospect Mountain even at 13 before the Rams went up 16-13.

A hit from Hannah

Bureau helped Prospect stay close at 16-15 and then again at 18-17, but the Rams scored seven of the final eight points to come out with a 25-18 win in the first set.

The second set saw Prospect get out to a 5-2 lead behind an Armstrong hit but Nute came back and tied the game at five. The set was tied at six and seven as well, as Gabrielle Fossett came through with a hit. A block from Spiewak, a Fossett ace and a hit from Jane Holiday allowed Prospect to go



JOSHUA SPAULDING
ALYSSA SPIEWAK pushes the ball over the net in action last week against undefeated Nute.

up by a 10-7 score. The Timber Wolves upped the lead to 12-7 before the Rams got a couple of points, eventually eliminating the lead, tying the set at 14.

Nute took a 16-14 lead but Gabriela d'Empaire-Poirier came through with a hit to cut the lead to one and Fossett had a hit to tie the set at 16. An ace from d'Empaire-Poirier allowed Prospect to go up 18-16 and hits from Armstrong and Spiewak put Prospect up 21-18.

The visitors rallied to tie the set at 21 before a hit from Spiewak put Prospect up by one. Nute tied the match again at 22 and then took the one-point lead. However, Holiday and Fossett combined to pull Prospect even at 23 and then the Timber Wolves scored the final two points to secure the 25-23 win.

The two teams were again even at the start of the third set, with d'Em-

paire-Poirier getting a couple of service aces to push Prospect to a 6-4 lead. Nute came back to tie the match at six but Armstrong came up with a kill for a 7-6 Prospect lead. The Rams went up 12-8 before Spiewak came back with a hit and Fossett had an ace to cut the lead to just two. However, Nute ran off eight points in a row to take a 20-10 lead. From there, the Timber Wolves managed just six points, with Armstrong getting a kill, but Nute took the 25-16 win and the 2-1 lead.

Nute opened the fourth set strong, getting out to a 6-1 lead, with Prospect's lone point coming from a Bureau hit. The Timber Wolves struggled to get on track, with Spiewak providing a hit but the Rams took a 15-5 lead.

A nice tip from Armstrong and a big kill from Jordan Ingoldsby kept Prospect on the board

SEE VOLLEYBALL, PAGE B7

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JOSHUA SPAULDING

TRAVIS STOCKMAN pushes the ball down the field in action on Oct. 3 against Franklin.



JOSHUA SPAULDING

BRANDON SINCLAIR lunges to the ball in action against Franklin on Oct. 3.

Prospect boys roar past Golden Tornadoes

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain soccer boys ran their win streak to four and also continued their shut-out streak with a 9-0 shellacking of Franklin on Monday, Oct. 3.

“I think we showed some good ball movement,” said Prospect coach Cory Halvorsen. “It gave us a chance to move the ball around and relax a little with it.”

The Timber Wolves wasted little time establishing themselves as the dominant team. Jonah Dudzik had a shot denied and a corner was cleared but just 1:05 into the game, Doug Krivitsky found the back of the net with a strike from the middle of the box for a 1-0 lead.

Franklin came back with a direct kick that keeper Drew Nicker-

son handled and Prospect upped the lead moments later, as Dudzik sent a nice cross to Joe Doherty, who fired the ball home for a 2-0 lead with 4:30 gone in the game.

Less than one minute later, that lead jumped to 3-0 when Dudzik sent a shot on net that was turned away by the Franklin keeper, but Brandon Sinclair was there for the rebound and pounced on the ball, putting it in the net for the 3-0 lead.

Dudzik and Jesse DeJager both had chances in the zone for the Timber Wolves but their bids went wide of the net or were stopped by Franklin’s keeper. Krivitsky had a shot go over the net on a corner kick bid and Sinclair and Travis Stockman both had chances stopped by the goaltender.

The Timber Wolves were able to up the

lead to 4-0 with 23:04 to go in the first half, as Dudzik fired a shot past the keeper. Prospect continued to pressure, with Krivitsky getting a bid stopped by the Tornadoes, who came down the field for a bid that Nicker-son was able to wrap up. Doherty had a run into the zone stopped and Casey Fleming and Doherty both had shots stopped by the Franklin keeper. Fleming also had a bid on an open net cleared away by a Golden Tornado defender.

Prospect upped the lead to 5-0 with 9:21 to go in the first half, as Krivitsky fired a shot just inside the post for his second goal of the game.

The Timber Wolves continued to pressure in the offensive zone, with Stockman making a run into the zone and Sinclair sending a shot wide on a corner kick.

DeJager just missed connecting with Krivitsky on a chance and Dudzik, Andy Hamilton and DeJager sent shots over the cross bar.

Krivitsky completed his hat trick with less than two minutes to go in the first half, firing a shot in for a 6-0 lead heading to the halftime break.

The Timber Wolves continued with strong pressure in the second half, with Dudzik making a nice cross to Sinclair and Sinclair heading another shot wide of the net. Franklin had a corner kick go wide and Krivitsky and DeJager had shots turned away at the other end. Stockman also had a shot go over the net and DeJager had another bid stopped.

The Timber Wolves pushed the lead to 7-0 with 30:38 to go in the game, as Dudzik found Stockman in the box

and he buried the shot.

Dudzik, DeJager, Krivitsky and Doherty all continued the offensive runs for the Timber Wolves while Franklin fired a shot off the crossbar. Tyler Brown also had a shot off the crossbar for the Timber Wolves.

With 23:35 to go in the game, Dudzik fired a shot that the Franklin keeper got his hand’s on but the ball slipped through and the Timber Wolf lead was 8-0.

Brown and Hamilton had chances as well and Stockman and Jon Libenson also had chances miss the net.

The Timber Wolves finished off the scoring when Brown was able to send a ball in front of the net. As the keeper came out to make the save, Hamilton beat him to the ball and tapped it in for a 9-0 lead with 12:15 to go.

From there, the Timber Wolves moved the ball around the field and kept the Golden Tornadoes from scoring for the 9-0 final.

“We had multiple

goal scorers, which is great,” Halvorsen said. “We had good communication all around, starting in the back with Drew and Tyler.”

The Timber Wolf coach noted it was good to get an early lead, which allowed the team to keep the injured players on the bench, with hopes of them getting ready for Berlin four days later.

“We had some questionable guys today,” Halvorsen said of the injury bug. “If we don’t need to use them, that works in our favor. So they get a few extra days of rest.”

The Timber Wolves came up with a 4-0 win over Berlin on Friday, Oct. 7, to wrap up the week.

Prospect Mountain will be in action on Friday, Oct. 14, at Campbell at 4 p.m. and will be at Somersworth at 4 p.m. on Tuesday, Oct. 18.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

PMHS seeking JV girls’ hoop coach

ALTON — Prospect Mountain High School in Alton is looking for a girls’ JV basketball coach for the upcoming winter season.

Anyone interested in the position can find more information or can apply on the school’s web site at www.pmhschool.com.

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Reynolds impresses at Division III State Meet

BY JOSHUA SPAULDING
Sports Editor
CENTER HARBOR
— Prospect Mountain

sophomore Sam Reynolds had a day to remember on Thursday, Oct. 6, at the Division III State Meet at Wau-

ewan Golf Club in Center Harbor. The top golfer on the Prospect team for the last two years,



JEFF LAJOIE - WINNISQUAM ECHO

NAOMI INGHAM runs in Belmont on Friday during the Jeri Blair Invitational.



JEFF LAJOIE - WINNISQUAM ECHO

HUDSON INGOLDSBY runs with a pack of runners in Belmont on Friday afternoon.



JEFF LAJOIE - MEREDITH NEWS

SAM REYNOLDS putts on his way to a fourth place finish at the Division III State Meet.

Reynolds fired a 80 in the first round of the Division III State Meet, finishing eight over par and just five strokes behind the winner, Bow's Doug Champagne. Grant Workman of Gilford and Hunter Marsh of Lebanon tied for second and Reynolds finished fourth overall, tied with Jack Olson of Bow and Colin McCaigue of Derryfield.

"He had a great day," said Timber Wolf coach Peter Long of his sophomore. "I think he is really stoked."

The top 12 finishers in the Division III State

Meet on to the individual portion of the tournament, which continued on Saturday, also at Waukegan.

Reynolds finished with an 84 on Saturday to finish with a combined total of 164 and placed tied for fifth overall.

Prospect had one other golfer compete in the State Meet, with Zachary McLaughlin finishing with a 115 to finish in 62nd place.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Timber Wolves run in Jeri Blair Invitational

BY JOSHUA SPAULDING
Sports Editor
BELMONT — The Prospect Mountain cross country team traveled to Belmont for the Jeri Blair Invitational on Friday, Oct. 7.

The Timber Wolf boys finished in a time for 10th place with Hopkinton, while Monadnock and Kearsarge took the top two spots. The Prospect girls finished in 18th place overall, with Hanover and Monadnock taking the top spots.

Freshman Tommy Howlett led the way for the Timber Wolf boys, as he finished in a time of 18:12 for 18th place overall.

Senior Hudson Ingoldsby finished as the second Timber Wolf with a time of 19:19 for 34th place and Alex Amann finished in a time of 19:32 for 43rd place.

Zander Guldransen finished as the fourth Timber Wolf, placing 87th overall in a time of 21:21 and

Riley McCartney finished as the final Prospect Mountain scorer with a time of 21:32 for 95th place.

George Hodgman finished in a time of 22:32 for 131st place, with Michael Mott in 142nd place in 22:56 and Garrett Sherwood in 145th place in 23:01. Dan Drury finished in 146th place in 23:02, Cooper Adjutant finished in a time of 23:14 for 152nd place and Nikolas Neathery finished in 170th place in 24:26.

For the Timber Wolf girls, Naomi Ingham was the top finisher, as she placed 83rd in a time of 27:05.

Lily Michaud was second for Prospect Mountain and 99th overall in 28:38 while Ashlyn Dalrymple finished in 109th place in 29:31.

Wyleigh Chase finished in 115th place in 30:42 and Betty Weir finished as the final scorer with a time of 33:01 for 129th place overall.

The Prospect Mountain squad will be competing at the Lakes Region Invitational on Friday, Oct. 14, at 4 p.m. in Gilford and will be at Merrimack Valley on Thursday, Oct. 20, at 4 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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KATHY SUTHERLAND



Dropping a pair

The Prospect Mountain soccer girls dropped a pair of games last week, falling to Campbell by a 3-1 score on Oct. 4 and then dropping a 1-0 decision to Raymond on Oct. 7. Kasey LaCroix (pictured) and her teammates will be back in action on Friday, Oct. 14, at Belmont at 4 p.m. and will be hosting Laconia on Tuesday, Oct. 18, at 3:30 p.m.

Barton shines as Knights finish fourth

Kingswood junior golfer finishes tied for lead after day one

BY JOSHUA SPAULDING
Sports Editor

CONCORD — Last year, Sam Barton was unhappy with his performance at the Division II State Meet, as he missed the cut to advance to the individual round of the tournament.

Flash forward to Thursday, Oct. 6, at Beaver Meadow Golf Course in Concord and Barton made sure making the cut was not a problem this time around.

The Kingswood junior fired a 73, which tied him for the lead with Phin Choukas of Hanover and James McKee of Windham after one day of action and sent him on to the individual portion of the tournament.

Coach Jeremy Fuller remembered back a year earlier and how disappointed Barton was in himself and noted that the young golfer set to work on making sure that it didn't happen again. He played in a tournament at Beaver Meadow and came down and played the course on numerous occasions to acquaint himself with the intricacies of the course.

"Hard work pays off in golf," Fuller said. "He played well all year and had some really low rounds."

"It was really fun to see his development," Fuller continued. "And he's still trying to get better."

Barton was three over par 72 heading to the final four holes of his day and cut his final score to just one over with a pair



JOSHUA SPAULDING
SAM BARTON putts on hole 17 during the Division II State Meet on Thursday, Oct. 6.

of birdies and two pars, finishing with birdies on holes 11 and 13 and pars on holes 10 and 12.

The Knights were a model of consistency for the next four scorers, as three came in with the same score and the other came in two strokes back, as the Knights finished with a total of 415, which placed them in fourth place overall, one spot ahead of where they were seeded coming into the meet.

Chris Nelson in the third spot, Curtis Heath in the fourth spot and Spenser Bolduc in the sixth spot all finished with 85s for the 18 holes.

Bolduc had a 46

through nine holes and then put in three birdies on his final nine holes, one on two, one on three and one on seven.

"He played a great round," Fuller said. "He struck the ball well all week."

Fuller also noted that Heath continued to play some strong matches, as he had done throughout the season.

Nelson struggled on his final holes, but did well at the beginning, which was enough to keep him with a solid score.

"He had a couple of triple bogeys, so he score could have been a bit better," Fuller said. "He



JOSHUA SPAULDING
CURTIS HEATH follows his putt in action on Oct. 6 at Beaver Meadow in Concord.

made a lot of pars." Senior Jack Saunders continued to be a model of consistency as he was throughout the season, finishing with an 87 to round out the scoring for the Knights.

"He scored in every match but two this year," Fuller said. "He's Mr. Consistency."

Patrick Meyers finished with a 98 and Matt Ridings shot a 100, both in their final matches for the Kingswood squad. Saunders and Bolduc also graduate from the top seven.

That being said, Fuller is still excited about the team's possibilities, with a number of kids expected to come out

for the team and some young kids moving up to the high school.

"I'm really excited about next year," Fuller said. "We have several kids getting into golf that are really going to be in there next year and step into roles."

"And we have some middle school kids coming up as well," Fuller added.

Windham took the top team honors in Division II with a 404, just edging Portsmouth's 405 and Hanover's 406. Kingswood leaped over Hollis-Brookline, who came in as the fourth-seeded team. The Cavaliers were one point behind the Knights in fifth place.

On Saturday, Barton returned to Beaver Meadow and shot a three-over par 75 to tie for third place, finishing behind only Choukas (71) and two-time champion McKee (par 72), who played with Barton for the day.

"Sam was in control of his game all day," Fuller said, noting Barton had five pars in a row to start things out and after a tough sixth hole, he reeled off another six pars in a row. He had a birdie on hole 13 and then hit for par on the 14th and 15th holes, but McKee and Choukas both birdied 16 to pull ahead.

"Sam's ball striking was very pure," Fuller said. "He hit just a couple of bad drives all day. When he was in trouble he was able to get himself back into position on the golf course and made a few critical six-foot putts to save par."

Fuller noted the season was certainly a success, overall.

"I'm really happy with the year," the second-year head coach said. "I was unsure of where the year would take us with some new players in the lineup but we had a better regular season than last and improved our tournament position."

"Hopefully next year we can continue our improvement as a team," Fuller added.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Knight boys take fourth, girls fifth in Conway

BY JOSHUA SPAULDING
Sports Editor

CONWAY — The Kingswood cross country team traveled to North Conway on Thursday, Oct. 6, to take part in the annual Kennett

Invitational.

The Knight boys, despite running without one of their top runners, finished in fourth place overall and the Knight girls finished in fifth place. Powerhouses Coe

Brown and Oyster River took the top two spots for both boys and girls.

The Kingswood boys were led by Wyatt Pooler, who was the lone Knight to walk away with a top-10 t-shirt on the afternoon. Pooler ran to eighth place overall in 17:16 on the flat Kennett course. Patrick O'Brien of Oyster River set a new course record in 15:31.

Owen Gwizdala finished in 12th place overall in a time of 17:34 and Brodie Deshaies crossed in a time of 18:06 for 20th place.

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JOSHUA SPAULDING

KENNETT'S Oliver Clay-Storm (left) and Kingswood's Erik Madden battle for the ball in action on Tuesday, Oct. 4.



JOSHUA SPAULDING

DAVID MANSFIELD pushes the ball up the field in action against Kingswood.

Under the lights, Eagle boys double up Knights

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — In their second hard-fought physical battle of the season, the Kennett soccer boys got a little revenge on their Carroll County rivals from Kingswood on Tuesday, Oct. 4, picking up a 4-2 win under the lights of Gary Millen Stadium.

"They were able to stick together and keep a good mindset," said Kennett coach Dave Hart. "That's how you win games."

"Overall it was a crazy game," said Kingswood coach Kempes Corbally. "I thought we dominated the game but we didn't deserve to win."

"That's a contradiction of itself," Corbally added.

Chances were plenty on both ends of the field in the opening few minutes, as both teams went at the ball hard looking for the chance to get on the board first.

Kingswood had the game's first corner but Callum Hawkes was able to clear the ball out of the zone. Mark Chrysafidis just missed connecting with Charlie Arinello on another bid for the Knights and Robby Fuller sent the ball across to Arinello for another chance, with Dylan West stepping up with good defense. Lachlan Plache had a good clear at the other end of the field.

The Eagles got the game's first goal with just less than five minutes gone in the first half, as Marco Ross-Parent sent a nice cross to Will Synnott, who buried the shot for a 1-0 lead.

Kennett's Ishaan Wenger came back with good defense on David Mansfield and Liam Morrissey also

had a good clear for the Knights. Wilder Byrne sent a shot wide of the net on a direct kick and Fuller just missed connecting with Mansfield on a run into the zone. Chrysafidis sent a direct kick just over the top of the net and Morrissey for the Knights and Mackenzie Murphy for the Eagles both had good clears. Synnott also had a chance for the Eagles and Byrne sent another shot wide for the Eagles.

Arinello made a great run in on the ball and Kennett keeper Jack Thompson charged out for the save. Mansfield was able to get a foot on the rebound from the Thompson save but his shot went wide.

The Knights were able to fight through and tie the game with just more than 15 minutes gone in the game. Fuller pushed his way past the defense and sent a great ball across to Arinello, who buried the ball for the tying goal.

Oliver Clay-Storm came back with a shot for the Eagles but the ball was stopped by Kingswood keeper Ryan Willette.

Moments later, just more than a minute and a half after the Knights scored the tying goal, Kennett took the lead back. Lukas Narducci popped on a loose ball in front and poked it home for a 2-1 lead for the Eagles.

Fuller came back and forced Willette to make a couple of saves and at the other end, Luke O'Brien sent a direct kick in that Fuller got a head on, but Thompson made a diving save to keep the ball out of the net.

Kingswood came back with a corner kick that was cleared and Chrysa-

fidis and O'Brien had direct kicks stopped. Chrysafidis just missed connecting with Arinello and West stepped up with good defense on another Arinello bid. Fuller sent a shot wide and Narducci was denied on a run by O'Brien in front of the Kingswood net. Ross-Parent sent a nice ball in to Synnott but Willette made a nice save. Kingswood had a corner cleared out by Byrne and Willette stopped a Ross-Parent direct kick as the game went to the half with the Eagles up 2-1.

Chrysafidis and Ross-Parent had chances early on for their respective teams and Clay-Storm had a bid stopped by defender Nick Duntley. Ross-Parent had a shot denied by Thompson and Arinello cleared away another shot.

The Eagles were able to run the score to 3-1 with just more than eight minutes gone in the half, with Ross-Parent firing the ball in on a direct kick.

The Knights came back just less than four minutes later, as Mansfield was able to poke home a loose ball from in front of the net to cut the lead to 3-2.

Chrysafidis came back with a bid that Murphy turned away and Ross-Parent's two chances were stopped by Willette in the net. Kingswood had a number of corner kicks, with Thompson making a diving save on the first one and then getting some huge help from Clay-Storm on the next one, as he headed out a ball that seemed destined for the twine. O'Brien and Erik Madden had chances for the Knights that were denied on a third corner and the fourth was

cleared away.

The Eagles added a little insurance with eight minutes to go, as Byrne was taken down in the box and awarded a penalty kick. He delivered for the 4-2 lead.

Clay-Storm, Ross-Parent and Narducci had shots on net in the final minutes that Willette stopped, while Thompson made a save on a Chrysafidis shot and O'Brien's bid on a late corner went wide of the net, finishing the score out at 4-2.

"Jack played incredible in goal," Hart said, also praising Clay-Storm for his big clear. "And Wilder ran his butt off today."

"All in all it was a great performance by all the guys," Hart continued. "Those 10 minutes in the second half where they had those three or four corner kicks, we just couldn't get the ball

out.

"But we managed that pretty well with Mackenzie (Murphy) and Neal (Harrison)," Hart added.

The Eagle coach also noted his team is able to step up its intensity when needed.

"Our players can be physical," Hart said. "When the intensity is already in the game, our players can match it."

"We gifted them four goals," Corbally said. "The defending on the first two goals was nothing short of disgraceful. That's stuff I thought I had ironed out in the pre-season."

"The third and fourth goal, the guys decided to do things they know they shouldn't do," Corbally added. "If you gift four goals in any game, you're always going to be up against it."

He also credited Kennett for taking advantage of his team's mistakes

and putting the ball in the net.

"They came out as a team that wanted to go to the playoffs and our players didn't show that," Corbally said. "It's one thing to say they want it, you have to go out and do it and we didn't go out and do it."

Kennett got a big win over Plymouth on Friday, Oct. 7, as Synnott notched a hat trick in a 4-2 win. Kingswood played to a 2-2 tie with Merrimack Valley, also on Friday, Oct. 7.

Kennett will be in action on Friday, Oct. 14, at 4 p.m. at Berlin and on Monday, Oct. 17, the team hosts Bow at 4 p.m.

Kingswood will be hosting Farmington at 7 p.m. on Saturday, Oct. 15, and will be at Trinity on Monday, Oct. 17, at 4 p.m.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

Richard Arthur named new Kingswood softball coach

WOLFEBORO — Kingswood Athletics is pleased to announce the appointment of Richard Arthur (Class of 1995) as the new head coach for the varsity softball team.

Arthur brings a valued resume from his involvement in local baseball for the last seven years and is currently the President of Kingswood Cal Ripken Baseball League.

Arthur was a standout athlete at Kingswood from 1991 to 1995 participating in the Kingswood football, basketball and

baseball programs, where he was a four-year varsity starter.

Currently Arthur is finishing up his Masters of Sports Administration at Southern New Hampshire University and is employed by the Governor Wentworth Regional School District.

"We've hired an excellent coach to bring this program to where it needs to go," said Aaron House, Kingswood Director of Athletics. "He brings experience coaching youth and middle school aged athletes.

I believe he is ready to make the jump and take on the responsibilities of a varsity coach here at Kingswood.

"Additionally, having coach Arthur as part of our athletic department for the last year, allows him to completely understand the expectations we have of our coaches, student athletes, and our programs," House added.

Returning Kingswood softball players will have the ability to meet their new coach during several events that Arthur has planned.

XC

CONTINUED FROM PAGE B4

Jim Huckman was the lone Knight to set a personal best, as he ran to 29th place in 18:19 and Isaac Sheahan rounded out the scoring for Kingswood with a time of 18:57 for 48th place overall.

Brent Coope finished in 19:13 for 52nd place, with Dana O'Blenes finishing in 62nd place with a time of 19:48 and Adam Richardson finishing in 67th place in 20:01. Josh Haines was 75th in 20:20, followed by Max Gilpatrick in 91st place in 20:58 and Jack Zarse in 95th in 21:04. Jeff Manson finished in 102nd place

in 21:17, Devin Holt finished 113th in 21:66, Sheldon Billings was 116th in 22:03, Patrick Murphy was 125th in 22:30, Alex Gehl was 126th in 22:36 and Ben Howard finished in 24:52 for 150th place overall.

On the girls' side of things, Eileen McKenna was the top Kingswood

SEE XC, PAGE B7

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JOSHUA SPAULDING

KENNETT'S Cassidy Daigle circles in on the ball as Kingswood's Brooke Seigars works to get the ball in on net on Oct. 6.



JOSHUA SPAULDING

ALI HOUSE brings the ball into the zone for Kingswood in North Conway on Oct. 6.

Eagles blank Knights in late-season rematch

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — With the Kingswood Knights ahead of them in the playoff chase, Kennett field hockey coach Cassandra Johansen was well aware her Eagles needed a big win on Friday, Oct. 7.

Both teams were coming off games the previous day and there was plenty of emotion in play, with Kennett's Homecoming celebration under way in North Conway.

The Eagles gave their fans something to cheer about on Homecoming, picking up the only home win of the day for Kennett, as they scored one goal in each half on the way to the 2-0 win over the Knights.

"We knew they were three or four seeds above us and we knew we needed this one," said Johansen. "We want home field advantage."

"They played a great game," said Kingswood coach Kaitlin Reilly of

the Eagles. "Coming off overtime game last night, I think that was extremely draining."

"Today was just a quick turnover of time," the veteran Kingswood coach continued.

From the first whistle, Kennett got in the offensive zone, with India Drummond making a run into the zone and Kennett getting a pair of corners. Ginny Skelley was able to block the first attempt, while the second attempt saw Emily Skelley clear away an Ashton Coleman shot. Natalie Perry continued the pressure for the Eagles and Sarah Bean turned in some good defense. Meghan Lapar also defended strong on a bid from Alexa Gutowski.

Kingswood came back with a bid from Brooke Seigars, but Cassidy Daigle stepped in and helped to turn the ball away. The Knights got their first corner of the game and Emily Skelley sent the ball in to the circle to

Lapar, but it went wide of the net.

Kennett came right back and brought the ball down the field and Gutowski was able to battle her way in and fire the ball past Kingswood keeper Jess Distler for a 1-0 lead. Perry picked up the assist for the Eagles.

Kingswood came back with some good chances from Bridget Coughlin, Ali House and Mackenzie Doran, but Kennett keeper Allison Solomon held her ground. Kennett brought the ball the other way again and Kayla McEvoy and Amanda Lapar stepped up the defense for the Knights. On another trip back for the Knights, Meghan Lapar had a bid turned away by Drummond's defense and Kennett's Chrissy Coffield had a shot go wide of the net.

Doran and House continued to pressure for the Knights but they couldn't get through the Kennett defense. Kingswood had a corner bid and McEvoy fed Meghan

Lapar for a bid but Solomon made the stop.

The Knights then came back with three corners in a row. Marshall had a shot on the first that didn't make it through, while on the second attempt, House got in close but Alex Iannuzzi and Coleman came up with good defense for Kennett. On the third corner, Emily Skelley's shot was stopped by Solomon.

Kennett came back with a couple of corners of their own, with Distler making a nice save on Leah Canavari on the first bid and Perry sending a ball wide on the second. Paige Hill and Gutowski teamed up on another bid but Emily Skelley was on top of the defense. House had a shot stopped and Coleman continued with good defense on Doran. Amanda Lapar played good defense for the Knights and the half came to a close with Kennett up 1-0.

Gutowski just missed Coffield in a scoring bid early in the second half while Perry sent a shot just wide. Distler made a good save on Coffield and then made another on a Perry shot. Daigle was strong again on defense on a pair of Meghan Lapar bids and Kennett came back with five corner chances. Marshall was able to

clear away the first one, while Perry had a shot stopped by Distler on the second one. After a Hill shot didn't go in on the third bid, the fourth one found the Eagles finally breaking through.

With just less than four minutes to go in the game, Drummond was able to get the ball to Coffield, who was charging in on net and pushed the ball in for the 2-0 lead.

From there, Mariah Craigue, Emily Skelley and McEvoy were strong on defense for the Knights but they couldn't generate any offense. Hill had a shot stopped by Distler as time ticked away and Kennett took the 2-0 win.

"The girls were cutting off balls, they were seeing the pass and running to it and taking it away," Johansen said. "We had talked about not playing so defensively-minded and not giving them time to set up."

"It's all urgency," she said of the game plan. "We didn't feel comfortable with just the one goal."

"Anything can happen, especially with who we were playing," the Eagle coach said. "I love playing against them, they're a great team."

Johansen pointed out that her team was down a bit after dropping a tough decision to Lebanon earlier in the week,

but she was happy to see them come back with wins over Plymouth and Kingswood.

"It was a great game, we knew it would be huge," Johansen said. "We needed it."

"We just struggled to make the connections that we've been working hard on every day," Reilly said. "We got a little back on our heels. At this point in the season, we have to regroup."

"We have to learn from it and brush it off," Reilly said. "We're still alive. That doesn't change our plans, it just changes how we get there."

"We have to respond from this, but it shows we're still trying to be our best team a week from now," Reilly said. "All we can do is learn, pick up heads up and get back at it."

The Kennett girls wrapped up their regular season on Tuesday, Oct. 11.

Kingswood finishes their regular season today, Oct. 13, at home against Plymouth at 5:30 p.m.

The Division II playoffs begin on Thursday, Oct. 20, at 3 p.m. at the home of the higher seed.

Joshua Spaulding can be reached at 569-3126 or sportsgsn@salmonpress.com.

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runner, as she finished in 28th place in 22:40.

Sarah Huckman was the second Kingswood scorer, finishing in 22:56 for 32nd place and Grace Trites finished in a time of 23:25 for 38th place.

Sarah Bellefleur was fourth for the Knights in 25:04 for 55th place

and Zoe McClaim finished in the same time of 25:04 for 56th place to round out the scoring for Kingswood.

Hannah Chatigny finished in 63rd place in 25:29, Emma Bellefleur ran to 71st place in 26:28 and Elizabeth Morrison finished in 27:34 for 88th place.

Molly Newbury rounded out the field of Knights with a time

of 30:10 for 103rd place overall.

Kingswood will be on the road at Plymouth on Friday, Oct. 14, for a 4 p.m. meet and will return home to finish out the regular season on Thursday, Oct. 20, at 4 p.m.

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From bad to good, the weekend of improvement

Thursday was a long day in many regards, as I spent the day at the Division II golf State Meet at Beaver Meadow in Concord. It was fun to watch Kingswood's Sam Barton capture a portion of the lead with an impressive 73.

From there, I hit the road north to Conway, where the Kennett Invitational was taking place at Kennett Middle School. The Columbus Day weekend traffic made for a bit of a tough final stretch, but I was able to make it before the girls' race started, just as the boys were finishing up.

But if that wasn't enough, Thursday night also brought the start of the Major League Baseball playoffs for the Red Sox and the 8 p.m. start time found me in the office, finishing up sorting pictures from the all-day excursion at the golf course and the cross country meet.

And as mentioned in the past, my DVR was busy recording numerous Thursday night shows so I kept the game

SPORTING CHANCE

By JOSHUA SPAULDING



on the radio on my iPad in the office and got a bunch of work done as I listened. However, that was a complete and total disappointment, as Rick Porcello gave up three homers in an inning and the Sox couldn't recover. Needless to say, I went home a bit disappointed on Thursday night.

Friday was Homecoming at Kennett and as I drove north from Ossipee, I tuned in to the pregame show for game two in Cleveland (I love Mike Mutnansky as the pregame host, he's fantastic). I had to cover the Kingswood-Kennett field hockey game and the Kennett-Plymouth girls' soccer game, both at 4 p.m. so I was busy covering the games and didn't get to listen when the multi-million dollar "ace" of the pitching staff gave up a three-run homer. By the time I got to my car after the



KURT CONNER - COURTESY PHOTO

I GOT A CHANCE to meet Survivor winner Bob Crowley on Saturday afternoon.

game, it was 4-0 in favor of Cleveland and by the time I got out of my car for the football game it was 5-0 and the Indians were well on the way to the 6-0 win.

So really, not a great start to the weekend, at least in terms of the local professional sports

teams.

Saturday, I headed south to take part in the second annual Rodney Bowl, hosted by Survivor contestant Rodney Lavoie in Malden, Mass. This was the second year that I joined a group of fans in purchasing a VIP



JOSHUA SPAULDING

THE MOST RECENT Survivor winner Michele Fitzgerald took a moment for a photo on Saturday night.

package for the event. Last year we bowled with Tina Wesson, this year we bowled with Survivors LJ McCanas and Trish Hegarty, both Boston-area residents. We also got Big Brother contestant Victor from the most recent season (I don't watch Big

Brother, but he seemed like a great guy) in our lane.

It was a great time again and I got to meet a few new Survivor contestants, including winners Bob Crowley and Michele Fitzgerald, plus Val Collins, Julia Sokolowski, Denise Martin and Russell Swan. I also spent more time with some contestants I'd met previously, including Jeremy Collins, Billy Garcia and Andrea Boehlke.

By the time Sunday afternoon rolled around, it was time for the return of Tom Brady, which helped to turn around the fortunes of the local pro sports franchises. And Mother Nature gave the Red Sox season a reprieve of a day, thanks to the rain, moving the game to Monday, where the Sox were hoping to stave off elimination. While the answer is clear as this is being read, at the time it's written, there's no guarantees.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfoundland Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at sportsgsn@salmonpress.com, at 569-3126, or PO Box 250, Wolfeboro Falls, NH 03896.



COURTESY PHOTO

Jones honored

Ithaca College junior Indiana Jones has been tabbed the Eastern College Athletic Conference (ECAC) Corvias Women's Golfer of the Month for September. The Prospect Mountain graduate posted an excellent opening month for the Bombers, earning an individual title and two other top-10 finishes in September. Jones won individual medalist honors with a career-best 36-hole score of 150 (six) at the Martin-Wallace Invite and also finished third out of a 50-player field at the William Smith Invitational.

VOLLEYBALL

CONTINUED FROM PAGE B1

but Nute didn't let the Timber Wolves back in. Armstrong also chipped in an ace but the Rams

ON TAP

CONTINUED FROM PAGE B1

The Kingswood cross country team will be at Plymouth on Friday, Oct. 14, at 4 p.m. and will be hosting a meet on Thursday, Oct. 20, at 4 p.m.

The Kingswood football team will be hosting Hanover at 7 p.m. on Friday, Oct. 14.

The Knight girls' soccer team will be hosting Farmington at 5 p.m. on Saturday, Oct. 15, and will be at Trinity at 4 p.m. on Tuesday, Oct. 18.

The Kingswood soccer boys will be hosting Farmington at 7 p.m. on Saturday, Oct. 15, and will be at Trinity on Monday, Oct. 17, at 4 p.m.

The Knight volleyball team will be hosting Portsmouth at 6 p.m. on Friday, Oct. 14.

finished out the 25-15 win and the 3-1 victory over the Timber Wolves.

"It's going to help us if we get into a similar situation again," Christy said of the tight match. "We did just about as much as anyone could do."

He also pointed out that injuries, both before the match and during the match, forced some players to come off the

bench and he praised the play of Holiday and Ingoldsby off the bench.

"My bench players stepped it up big time," Christy said. "Jane did a really good job tonight and Jordan came in and did a nice job too."

Armstrong and Spiewak each had five kills, while d'Empaire-Poirier had 14 assists and Holiday added

a pair of kills.

Prospect dropped a 3-2 decision on the road at Portsmouth Christian on Friday, Oct. 7.

The Timber Wolves will be at Belmont on Friday, Oct. 14, and then will host the Red Raiders on Wednesday, Oct. 19, both at 6 p.m.

Joshua Spaulding can be reached at 569-3126 or

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COW ISL. - TUFTONBORO // Premier 4 Acre Location - 4BR/4BA w/natural woodwork, vaulted ceilings, oversize windows, extensive deck & hot tub. 250' WF w/small beach, oversize dock+single dock.
\$845,000 (4500361) Call 569-3128



MEREDITH // Spectacular Meredith Bay views. Your own dock, shared beach, tennis and basketball courts. Open concept living area, two bedrooms, kitchen and full bath, loft style bedroom upstairs.
\$525,000 (4515599) Call 253-9360



ALTON // Welcome home to a most unusual property. Spacious and bright, 3+ levels of open concept living, stone fireplace with cathedral ceiling. Outside waterfall and a fire pit for entertaining.
\$339,900 (4515442) Call 875-3128



HOLDERNESS // New home with Classic appeal! Beautiful, large, freshly renovated 3 bedroom home located in the heart of the Squam watershed. Great Location - Squam Lake, White Oak Pond & the SLA all are neighbors.
\$299,900 (4490249) Call 253-9360



GILMANTON // New construction. Colonial style home with modern flair. Hardwood and tile floors on main level, granite counters, appliance allowance and central air conditioning. Located on 5+ acres.
\$269,900 (4512157) Call 875-3128



ALTON // 1796 Schoolhouse at Gilman's Corner. This well-maintained antique Cape style home has an attached 2-level finished living area in the 20' x18' barn. The 1.5-acre lot includes an open field for gardening or animals.
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ALTON // 3+ Acre Corner Lot, located at the High Traffic Alton Circle/NH Recreation Crossroads to the Lakes Region. Ideal location for retail, service, institutional or residential building.
\$325,000 (4476744) Call 875-3128

MEREDITH // A beautiful building lot. 11.85 acres, house site cleared, private driveway off road, close to downtown, lakes, shopping, hiking and skiing.
\$124,900 (4507071) Call 253-9360

WAKEFIELD // 3.5 acre wooded lot. Ideal location for the home of your dreams. Close to lake, beach, and village. 4 bedroom septic and survey available.
\$40,000 (4504128) Call 253-9360

BARNSTEAD // 3.3 acre building lot. Quiet rural location. Bordered by stone walls. 215' road frontage. Selective cut in 1995 for promotion of hardwood growth.
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 Human Resources
 Upper Connecticut Valley Hospital
 181 Corliss Lane
 Colebrook, NH 03576
 603.388.4236
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 EOE

LITTLETON REGIONAL HEALTHCARE

RN, Endocrinology

Littleton Regional Healthcare has an exciting and challenging opportunity for a full time Registered Nurse to work in our Endocrinology practice.

The Registered Nurse (RN) is accountable for the coordination of nursing care, including direct patient care, patient/family education and transitions of care. The RN supports professional nursing practice across practice settings and across the continuum of care to meet the needs of the patient and family, which includes accountability for planning, implementing, evaluating and communicating all phases of nursing care for assigned patients.

Viable candidate must have a minimum of 1 year of recent clinical experience in acute patient care setting required. Previous IV placement and POC glycemic monitoring experience preferred. We are willing to train the right candidate.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Littleton Regional Healthcare
 Human Resources Department
 600 St. Johnsbury Road, Littleton, NH 03561
 Phone: 800-464-7731 or 603-444-9331
 Fax: 603-444-9087

EOE

LITTLETON REGIONAL HEALTHCARE

Registered Sleep Technologist

A Registered Sleep Technologist performs comprehensive polysomnographic testing and analysis, and associated interventions under the general supervision of the practice manager and clinical director (MD, PhD, DO) or designee.

Must have current RPST and or RST credentials, high school graduate or GED, Associate's degree in life science related field preferred. CPR certification is required. Basic knowledge of applicable physiology and pathology must be demonstrated. Judgment capabilities and interpretation skills concerning test performed must be developed in order to notify primary healthcare providers of documented abnormalities. Typing, office, and basic computer skills are necessary. Good judgment is required to deal appropriately with emergency medical situations. Must be able to work independently or with others and without direct supervision. Must be able to work third shift as assigned and maintain alertness and cognition. Must possess good interpersonal skills

Littleton Regional Healthcare offers generous benefits, competitive salaries and ample opportunity for professional growth and development.

Littleton Regional Healthcare
 Human Resources Department
 600 St. Johnsbury Road Littleton, NH 03561
 Phone: (603) 444-9331 Fax : (603) 444-9087
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www.lrhcares.org

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Ellen Mulligan 603-387-0369

Moultonboro \$849,900 #4492978
 VIEWS, VIEWS, VIEWS! Sunny, open and very cute home on an amazing Black Cat Island lot. Sit on your deck enjoy lake breezes & sunsets yr round with your westerly exposure. Large dock w/breakwater.
Ellen Mulligan 603-387-0369

Gilford, \$599,000 #4494035
 Beautiful Colonial style home that has been beautifully updated and maintained on the interior of Governor's Island with access to all the amenities.
Susan Bradley 581-2810

Belmont \$425,000 #4511118
 Affordable waterfront property with gradual sandy waterfront, beach and dock on Lake Winnisquam. Great rental potential.
Debbie Cotton 581-2883

Gilford, \$399,000 #4510745
 Enjoy the magnificent views of Lake Winnisquam from the wrap around deck of this Chalet style home with private beach rights. Close to Gunstock.
Meagan Bowen 581-2845

Moultonboro, \$395,000 #4460444
 Custom home with high ceilings filled with walls of windows and light. Crown molding, wood floors, open sun filled kitchen leading to the 3 season sunroom. Spacious first floor master.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-5938

Sandwich \$389,000 #4601303
 This property does not just look at the mountains, it is in the mountains, at the edge of 780,000 acres of the White Mountain National Forest on the side of Diamond Ledge.
Bill Richards 603-253-4345

Belmont \$379,000 #4481580
 Waterfront! 2 homes on .76 acres with 229' of waterfront on Silver Lake. Home closest to the water was just built in 2005.
Shelly Brewer 581-2879

Sanbornton \$219,000 #4513980
 This charming cape has been completely updated. Set on park like setting with mature landscaping, brook and new shed. Large heated 2 car garage freshly painted floor. Unfinished space above for future expansion possibilities.
Bob Williams 603-455-0275/Danielle McIntosh 603-393-5938

Tamworth \$214,900 #4450905
 Well crafted Ranch in private setting. This home has something for everyone! 3-bedrooms, 2-baths, along unfinished basement for storage, easily accessed additionally by a bulk head. Covered front porch.
Linda Fields 603-244-6889

Sanbornton, \$175,000 #4493812
 Delightful, cozy and comfortable Cape with seasonal views of Lake Winnisquam. Access to beautiful shared beach just a short walk away!
Robin Dionne 581-2867

North Sandwich, \$139,000 #4494371
 This unique property has so much potential! There is a three room camp, a camper, a gazebo and a storage building. A Nice level parcel that has trails and 245' of frontage on Cold River.
Kay Huston 603-387-3483

Tilton, \$104,000 #4477682
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Adrien Labrie 603-455-5511

www.NewEnglandMoves.com

LITTLETON REGIONAL HEALTHCARE

Assistant Nurse Manager

Littleton Regional Healthcare is seeking a full time Assistant Nurse Manager to join our team.

Under direction of the Clinical Director of Inpatient Services and the Clinical Director of Critical Care, the Assistant Nurse Manager assumes leadership accountability and responsibility for the nursing care team operations while maintaining responsibility as defined in the RN job description.

Essential functions include:

- Staffing and scheduling personnel on all nursing units
- Participating in recruitment, selection, orientation and retention of personnel
- Providing support to staff and functions as a clinical resource, ensures that all shifts are covered, stepping in as needed to provide clinical support, coverage and appropriate staffing in conjunction with Clinical Directors, Clinical Supervisors and the Manager of the Day
- Participating in planning of capital and operational budgets
- Participating in performance appraisal of staff
- Facilitates educational needs of staff
- Participating in the event management process
- Facilitating patient and staff flow in all nursing units
- Participating in policy development and review
- Participating in continuous Quality Improvements
- Providing support to the Case Management Department as needed
- Rotating of administrative and clinical call responsibilities with other members of the Nursing Leadership Team, to include participation in Manager of the Day

This position has clinical responsibilities, including the ability and expectation of taking patient assignments as necessary in all Inpatient and Critical Care Nursing areas, at their level of expertise and provides patient care, subject to the Registered Nurse job description

Viable candidates must be currently licensed as a Registered Nurse in New Hampshire. Graduate from an accredited school of nursing, BSN or related degree required. MSN degree preferred. Three to five years of clinical experience required. Leadership experience preferred. Certification within clinical area(s) of responsibility is preferred. Membership in a professional organization is preferred. ACLS, PALS, NRP, TNCC preferred, required within one year.

Littleton Regional Healthcare, located in the White Mountains of New Hampshire is a desired vacation setting which offers year round recreation including hiking, fishing, golfing, skiing, and snowmobiling, has great schools, and is conveniently located between Boston and Montreal. It's a place to build a life and a future for yourself and your family.

Littleton Regional Healthcare offers competitive compensation and a generous benefits package

Qualified candidates are invited to apply at our website www.lrhcares.org

Littleton Regional Healthcare
 Human Resources Department
 600 St. Johnsbury Road, Littleton, NH 03561
 Phone: 800-464-7731 or 603-444-9331
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Benefits include medical insurance, 403(b) with employer match, 11 paid holidays, generous vacation.

Eligible for National Health Service Corps and State of NH Loan Repayment Programs. Must have current NH License, accredited training, and skills in community psychiatry.

Please send CV and cover letter with salary requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to mmyers@northernhs.org.

Positions require a valid driver's license, proof of adequate auto insurance and the completion of driving, criminal and background records checks. This Agency is an Equal Opportunity Employer, and Provider.

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Mount Prospect Academy is seeking individuals to work at our facility in Plymouth, NH. We are seeking candidates with experience working with adolescent youths, with in-depth knowledge and understanding of Individualized Education Program (IEP's). Teachers and Faculty work together as part of the educational team and collaborate with referring special education departments and other internal staff that provide services to our students. Essential Functions (not limited to): Responsible for creating and delivering lesson plans, assist in assessment of student's progress in accordance with IEP plans, Guide students in completion of classroom work. Develop strategies so that students are engaged in the classroom. Implement a Behavior Modification Program reinforcing positive behavior. Maintain a grade book, assessment instruments to fairly evaluate student performance. Attend faculty meetings as required. Complete monthly reports and progress reporting information on a timely basis. Ability follow school policies and procedures.

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CHIEF OF POLICE Town of Jackson, NH

The Town of Jackson, N.H. is seeking a highly visible police chief to lead the Department. The Chief will be responsible for the daily operation of the Department, budget preparation, and law enforcement activities. This position requires experience with, and knowledge of, municipal and community policing. The ideal candidate will have experience with issues facing a rural community, strong leadership and supervisory skills, excellent oral and written communication skills and will enjoy being part of a local government team striving to serve the citizens of the community. A minimum of ten years' experience in law enforcement with five years in a progressively responsible supervisory/administrative capacity is preferred. A Bachelor's degree in criminal justice is also preferred. The selected candidate must possess or have the ability to obtain a NH driver's license. The Town offers a competitive benefit package with a salary range of \$55K-\$65K depending on qualifications and experience.

Resumes accepted no later than 4:00 pm, October 14, 2016. Please direct a cover letter, resume, salary history and requirements and at least five references to: Julie Atwell, Town Administrator, Town of Jackson, P.O. Box 268, Jackson, NH 03846 or Email: townadmin@jackson-nh.org

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