

Winnisquam Echo

THURSDAY, OCTOBER 19, 2017

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FREE

WRMS students win blue ribbons at Sandwich Fair Art Show

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON — Students of Winnisquam Regional Middle School were among many local participants in the 2017 Sandwich Fair Art Show, and their art teacher, Jessica Cobbett, was pleased to have so many of her sixth, seventh and eighth grade students take part in the show.

“It takes great courage to share your work, and WRMS is very proud of all who participated,” she said.

Not only did they each present their favorite ceramic art projects in the annual competition, a few even walked away with special recognition for their outstanding efforts.

Cobbett said that four

of her students were awarded ribbons by this year’s judges, with those awards led off by sixth grader Cadence Wujcik who brought home a top blue ribbon for his “Red Panda” ceramic jar sculpture. Classmate Triniti Carter also received a second place ribbon for her “Loving Bunny” sculpture.

Rounding out this year’s winners were two third place ribbons awarded to seventh grade students Duncan Gossling for his sculp-

(Right) Winnisquam Regional Middle School students Triniti Carter (left) and Cadence Wujcik (right) brought home top ribbons for their ceramic sculptures that were entered in the 2017 Sandwich Fair Art Show over Columbus Day weekend.

COURTESY



ture titled “Catch of the Day,” and Gavin Farnsworth’s “You Just Got Toasted” entry, which was a pair of ceramic salt and pepper shakers that also caught the judges’ attention.

Cobbett said that originally neither Cadence nor Triniti thought their art would win a prize when they entered the show, so they were both pleased and surprised that their hard work was so well received by this year’s judges.

Cadence was inspired by Cobbett’s encouraging words to enter her piece, saying, “It was fun to take a risk and put my art in the show.”

Other acknowledged

participants in this year’s event were sixth grade students Mahnoor Chaudhry, Isabelle Hoose, Grace Sheridan, Sophia Lamanuzzi, Alex Nichols, Kaleb Anderson and Paige Fowler. Seventh grade was further represented with artwork from Charlotte Philippy, Natalie Harbut, Victoria Weirsman, Anthony Colarusso and Delaney Skourtis; Among the eighth grade artists this year were Jackie Beaulieu, Ashton Charest, Abby Long, Hilmer Ruggles, and Alyssa Caron, who each made their own outstanding contributions to the show.

Tilton man pleads guilty to sexual assault of underage girl

BY DONNA RHODES
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TILTON — Charles Beckley of Tilton pled guilty this week to a number of charges stemming from his arrest in May for allegations of repeated sexual assault on a 13-year-old, whom Tilton police later discovered in their investigation was also photographed by Beckley at the time of their occurrence.

Beckley, age 54, faced a judge in court on Monday to answer to five counts of felonious sex-

ual assault, one count of aggravated felonious sexual assault, two counts of manufacturing child sexual abuse images and three counts of misdemeanor sexual assault. During his appearance, Beckley was said to have entered into a plea agreement with prosecutors where he could still potentially face more than a decade in prison for those charges.

Beckley’s court appearances may not end there however. Since his arrest, Tilton Police

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Community hears update on Building Facility Strategy Committee’s work

BY DONNA RHODES
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BELMONT — Belmont’s Building Facility Strategy Committee held an open house at Belmont High School last Wednesday evening where they first welcomed citizens with snacks and displays of the town’s currently owned public properties, then held a brief introductory discussion on their work since the committee was approved at the 2017 Deliberative Session.

Current volunteers on the committee are Tom Garfield, Donna Hepp, Carmen Lorentz and Pret Tuthill.

Hepp addressed the gathering of about two dozen people by saying the purpose of the committee was to take a “big picture look” at the



DONNA RHODES

Belmont resident Donna Hepp led an introductory public discussion on the current findings of the Building Facility Strategy Committee last week, then encouraged residents to join them in the ongoing process of evaluating the importance and future potential of town-owned buildings.

12 buildings currently owned by the town so

nities down the road.” By opportunities, she said that meant every-

thing from relocation of offices, possible renovations, potential sales and anything else that might be presented to the Board of Selectmen and, ultimately, the voters.

“We have no agenda. We’re here to develop a range of options that are practical and meet the future needs of the community,” she said.

Any proposals would then be brought up at the annual deliberative session for public opinion and vote.

Since its inception this past spring, the committee has toured all of the properties, which include the town hall, police and fire departments, the Belknap Mill and the former bank building, which was purchased by the town several years ago and

SEE UPDATE, PAGE A12

BY DONNA RHODES
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SANBORNTON — New Hampshire’s only branch of the national Every Child Is Ours organization is pleased to announce that besides serving children at Union Sanborn and Southwick Elementary Schools, along with students from Winnisquam Regional Middle School, they have now formed a partnership with families of students at Sanbornton Central Elementary School.

Principal Kathleen Pope and School Nurse Kellie Allen are both excited about the new venture. They said Every Child is Ours will help them provide greater services to families in Sanbornton, where there’s recently been a proven need for weekend snacks and some clothing provisions in their student population.

“We’re now trying to educate people that this is not for ‘poor people.’ It could be that a parent is in the hospital or out of work and this program can help them get through that time,” said Allen.

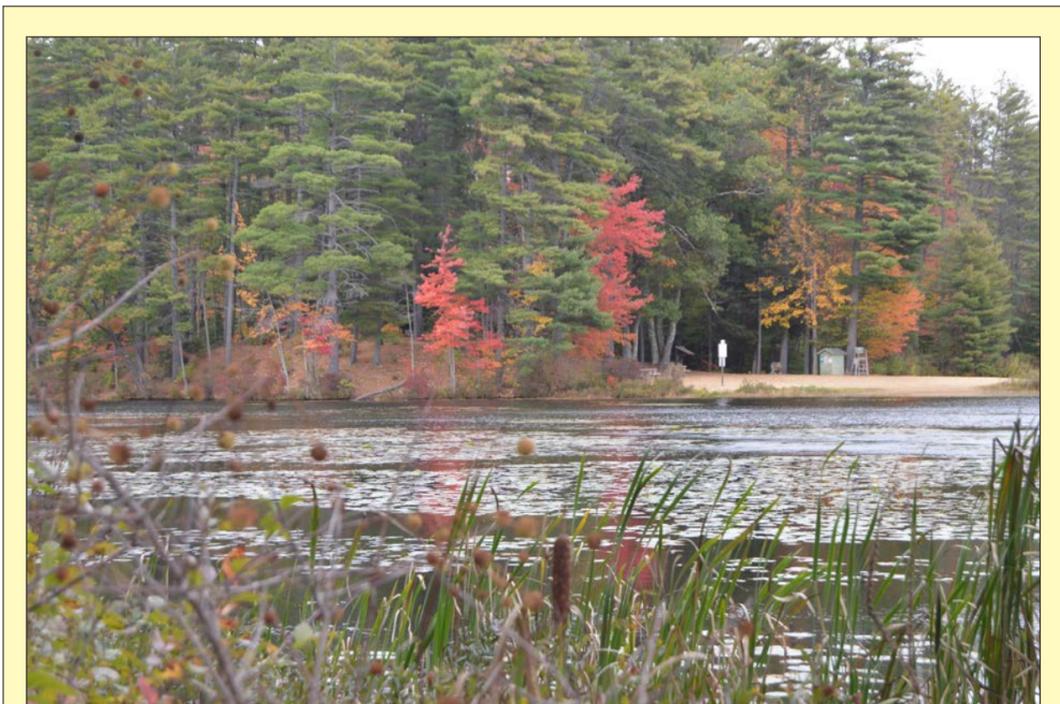
Chuck Drew of Every Child is Ours said that since the inception of the program in the Winnisquam School District, they have seen many

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DONNA RHODES

Colorful beach attire and warm sunshine has now been replaced by chilly waters and bright leaves as fall sneaks up on Hermit Beach in Sanbornton.



PHOTO BY ERIN PLUMMER

The tower of pumpkins looks over downtown Laconia during the NH Pumpkin Festival.



PHOTO BY ERIN PLUMMER

Kaleigha Huffer, seven, and Robert Jenot, Jr., 11, race against each other in the kids tractor pull during the New Hampshire Pumpkin Festival.



PHOTO BY ERIN PLUMMER

Gilford Middle School was one of the many area schools that had pumpkins on display at the Pumpkin festival.

Thousands turn out for fall-themed fun at NH Pumpkin Festival

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — Carved pumpkins, painted pumpkins, pumpkin dishes, and so much more pumpkin fun could be found at New Hampshire Pumpkin Festival. This is the third year

the Pumpkin Festival has made its home in downtown Laconia. The main festivities took place on Saturday, with a special preview on Friday night.

The Pumpkin Festival was organized by the Lakes Region Chamber

of Commerce. Thousands of people gathered for the festivities under sunny skies.

“We were blessed with beautiful weather,” said Joanne Haight, Membership Manager for the Lakes Region Chamber.

Haight said a number of hotels in the area had many guests registering. Haight said he spoke with a couple from California staying in the area. They were going to spend time in Boston but decided to go to the Pumpkin Festival in-

stead.

The festival featured an array of activities, games, and plenty of pumpkins from all over the Lakes Region. Schools, senior communities, and other groups carved pumpkins that had been donated by a number of local businesses.

Haight said they also wanted to include an agricultural component.

“We planted seeds literally with students back on Earth Day,” Haight said.

Haight said this event greatly helps local businesses.

“It’s good for business to bring tens of thou-

sands of people to their doorstep,” Haight said.

The Belknap Mill Society held its first ever Great Pumpkin Cook-Off where nine area restaurants served various pumpkin creations. For a \$5 donation to the mill participants sampled the food and voted on their favorites in different categories.

“It’s a great community event; we’re happy to be a part of it, and it’s great to see so many people out enjoying our city,” said Belknap Mill Events and Program Coordinator Jennifer McLean.

Between the Bagel of SEE FESTIVAL, PAGE A12

HALL MEMORIAL LIBRARY

Monday, Oct. 23
Chess Club, 3-5 p.m.
Scrabble - Adults Only, 6 p.m.

Tuesday, Oct. 24
Spanish Club, 10 a.m.
Noon Book Group, noon
“Small Great Things” by Jodi Picoult
Tech Tuesday, 2-4 p.m.
Sewing Club, 3 p.m.
Teens and Tweens sew it up with Miss Britt

Wednesday, Oct. 25
Story Time, 10:30 p.m.
Ghosts
Teen Time, 3 p.m.
Teen activities in the afternoon with Miss Britt
Minecraft Book Group, 3:30 p.m.
“Charlotte’s Web” by E.B. White

Meets every Wednesday at 3:30 p.m. for a book discussion and to watch related Book Craft videos created by Stacy Plays using Minecraft.
Magic the Gathering, 4 p.m.

Thursday, Oct. 26
YAH Book Group, 4 p.m.
“The Legend of Sleepy Hollow” by Washington Irving

Friday, Oct. 27
Sit and Knit, 2-5 p.m.

Saturday, Oct. 28
Let’s Go Lego, 10 a.m.

New Items
“The Deep Dark Descending” by Allen Es-

kens
“Fresh Complaint: Stories” by Jeffrey Eugenides

“From Here to Eternity: Traveling the World to Find the Good Death” by Caitlin Doughty

“The Rules of Magic: A Novel” by Alice Hoffman

“The Last Ballad: A Novel” by Wiley Cash

“The Stolen Marriage: A Novel” by Diane Chamberlain

BELMONT POLICE LOG

BELMONT — The Belmont Police Department responded to 130 calls for service and made the following arrests during the week of Oct. 6-13. Please note that the names of juveniles, and those of individuals taken into protective custody but not

formally charged, have been withheld.

David F. Melvin III, age 38, of Franklin was arrested on Oct. 8 in connection with a warrant issued by the Northfield Police Department.

An adult male, age 35, of Belmont was tak-

en into protective custody for intoxication on Oct. 8.

An adult female, age 35, of Belmont was taken into protective custody for intoxication on Oct. 8.

Three juveniles, ages 13, 14, and 15, respectively, were taken

into temporary custody for disorderly conduct and subsequently turned over to their parents.

Jesse H. Crowell, age 43, of Canterbury was arrested on Oct. 10 for Simple Assault.

An adult male was involuntarily admitted

for emergency treatment and psychological counseling on Oct. 12.

Jered David Reed, age 40, of Belmont was arrested on Oct. 12 for Resisting Arrest or Detention and in connection with a warrant.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 53 calls for service and made the following arrests during the week ending Oct. 14. Please note that the names of juveniles, and those of individuals taken into protective custody but not

formally charged, have been withheld.

A group of five underage individuals were taken into protective custody for intoxication on Oct. 8, but no charges were filed.

A 30-year-old female from Sanbornton was issued a summons on Oct. 13 for owning a

dog deemed a menace to the public.

The breakdown of the remaining calls was as follows: 16 motor vehicle warnings, one motor vehicle summons, one motor vehicle accident/non-reportable, one service court summons, one animal complaint, one

conduct after an accident report, one unregistered vehicle, four reports of suspicious vehicles or activity, two directed patrols, one request for police information, one sex offender registration, one pre-employment fingerprinting, one request for motorist

assistance, two fire/medical calls, five road hazard complaints, one house check, two requests to assist other departments, two money relays, two alarms, six reports of unlawful possession of alcohol, and one call under the “All Others” category.

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Belmont prepares to welcome Queen Victoria

BELMONT — October is all about Queen Victoria at the Belmont Public Library. To celebrate the very popular return of PBS' television series, "Victoria," we are also holding two book groups that will be reading "Victoria" by Daisy Goodwin, and, with a grant from the New Hampshire Humanities Council, will be hosting an evening with Queen Victoria!

On Oct. 25 at 6 p.m., Salley Mummey will be presenting the New Hampshire Humanities

Council Program: "A Visit with Queen Victoria." The program will be held at the Corner Meeting House, 17 Fuller St., top floor, Belmont. Parking is available in the lower lot outside of the Police Station. This event is free and open to the public.

In 1837, teenaged Victoria ascended to the British throne, untrained and innocent. Those who would try to usurp her power under-

(Right) Salley Mummey as Queen Victoria.



COURTESY

Winnisquam Watershed Network in search of a logo

REGION — The Winnisquam Watershed Network (WWN), a newly formed lake association for Lake Winnisquam, is conducting a logo design competition open to all area high school and college students. Lake Winnisquam is the fourth largest lake in New Hampshire, and is located within the communities of Meredith, Laconia, Belmont, Tilton and Sanbornton. The lake is a valuable recreational resource in

the central lakes region and provides valuable habitat for many species of fish and wildlife, including lake trout, loons, osprey, and bald eagles.

The Winnisquam Watershed Network's mission is to work together to preserve and protect Lake Winnisquam for future generations. The group's efforts will include the development and implementation of a comprehensive water quality monitoring program for the lake,

working to prevent and control of milfoil and other invasive aquatic species, and working with local municipalities to encourage and support planning on a watershed-wide basis. Students can learn more about the organization at www.winnisquamwatershed.org.

Logo designs should be in vector EPS format scalable art and submitted by January 31, 2018 to winnisquamwatershednetwork@gmail.com. WWN's Board of

Directors will review the submissions and select the top three for recognition on our website and in local media. The student submitting the winning design will also be awarded a \$100 savings bond and their logo will be used on the Winnisquam Watershed Network's website, official letterhead, publications and promotional materials. The winner will be asked to sign a release granting exclusive rights to the design to the WWN.

ClearChoiceMD hosting annual free flu shot weekend

BELMONT — It's that time of year again — Fall is here! Cool crisp nights, changing of the leaves and the dreaded FLU! Be prepared this flu season by getting your flu shot. ClearChoiceMD Urgent Care, located in Alton (24 Homestead Place) and Belmont (96 Daniel Webster Highway), is holding their annual Free Flu Shot Weekend on Oct. 21 & 22. All are

welcome, and shots are available for anyone four years and older. No appointments are needed, just walk in from 8 a.m. — 8 p.m. on Oct. 21 & 22.

"We believe strongly in educating and empowering the community when it comes to their own health. By offering 'free to you' flu shots, we can encourage vaccine education and aware-

ness, decrease the incidence of a very common but easily preventable infectious disease, and give you the chance to check out our facilities if you've never been," said Kateland Kelly, PA-C at ClearChoiceMD. "We want you to feel comfortable coming to us in times of need and we know that giving back to the community is a great way to encourage that

relationship."

Our annual Free to You Flu Shot Weekend allows for free flu vaccines for all patients, regardless of insurance coverage. Please bring a photo ID and insurance card (if available) with you. If you have health-care insurance, we'll bill your carrier at no cost to you, but insurance is not necessary to get a free flu shot this weekend.

Tommy Turkey seeks teams for 13th Plunge

LACONIA — Tommy Turkey wants to remind everyone that the 13th Annual Salvation Army Turkey Plunge will take place at Opechee Cove Beach on Saturday, Nov. 18 starting at noon. Gates open at 10 a.m.

This family-oriented fun time features members of the public in bathing suits or costumes plunging into the 'balmy' waters of the lake while raising funds for the Salvation Army. Salvation Army Commander Captain Scott McNeil urges sports teams, businesses, church and school groups to start assembling their team of intrepid Plungers to help raise awareness of, and financial support for, the local Salvation Army.

"The key to our Plunge success each year is the involvement of teams representing various churches, clubs,



COURTESY

Tommy Turkey points out the November date for the 13th Annual Turkey Plunge to Salvation Army Officers Captains Nora and Scott McNeil.

businesses and schools," said McNeil.

"And the Plunge is a great way for any group of employees to bond and build memories to last until next year's Plunge," Captain Nora McNeil added.

Once again, WEMJ radio personality Pat Kelly will handle the announcing tasks and urge the crowd to cheer on the participants. The public

is also invited to the delicious luncheon provided by well-known area restaurants and catered by the Culinary Arts students of Lakes Region Community College starting at 12:30 p.m.; location is a surprise this year! A \$5 donation qualifies the general public for the luncheon as well as the chance to win valuable door prizes. Last year's Plunge

generated more than \$10,000 but the needs are great in this economy, especially for the Carey House homeless shelter, said Captain McNeil. He has offered to have Tommy Turkey visit your business or group to personally collect pledge cards for the November Plunge. Contact Captain McNeil at 524-1834 if you are interested in a Tommy visit.

If you are unable to plunge yourself, it's easy to make a donation in support of the other plungers. Simply go online to www.salvationarmynh.org/plunge or text [turkeyplunge](text://turkeyplunge) to 71777 or call the local Salvation Army office at 524-1834. You may also register on-site the morning of the Plunge as an individual or as a team.

You've heard about the Plunge, now come on out and join the fun. See you at Opechee Beach.

estimated this self-willed intelligent young woman whose mettle sustained her through her 63-year reign. Using Queen Victoria's diary and letters, this program reveals the personal details of a powerful yet humane woman, who took seriously her role as monarch in a time of great expansion. She and her husband, Albert, set an example of high moral character and dedication, a novelty in the royal house after generations of scandal. Through her children she left a royal legacy; an era bears her name. Sally Mummey performs this living history in proper 19th Century clothing resplendent with Royal Orders.

For more than twenty years Sally Mummey has brought First Lady Mary Todd Lincoln to life for hundreds of audiences throughout the eastern U.S. Using storytelling and a good dash

of humor, she engages audiences of all ages in dynamic, interactive, first-person portrayals. Mummey's passion for the history of the 19th century has led to extensive research into powerful and prominent women in a male-dominated society. Her interest in Queen Victoria was sparked when she read letters between the Queen and Mrs. Lincoln, which revealed striking parallels in their lives. Mummey is an award-winning lifetime member of the Association of Lincoln Presenters. She is also a member of the Auxiliary to the Sons of Union Veterans of the Civil War, the Society of Europe, the Victorian Society, and the Surratt Society, as well as Solo Together, a New England-based organization of re-enactors who portray political figures from 19th- and 20th-Century America.

All Marines welcome to 19th annual gathering and ball

GILFORD — The Lakes Region Detachment of the Marine Corps League will celebrate its 19th Annual "Gathering of Marines" on Saturday, Nov. 11 at the Pheasant Ridge Country Club, 140 Country Club Rd., Gilford.

The annual event was announced by Robert Patenaude, Commandant of the Lakes Region Detachment #506 to commemorate the 242nd birthday of the founding of the United States Marine Corps at Tun Tavern in Philadelphia, Pa. On Nov. 10, 1775.

Each year, Marines old and new from WWII to those now on active duty throughout the world, celebrate the occasion, which is unique among all the branches of the military services, at 7 p.m. A presentation of the Colors occurs, followed by the National Anthem and a salute to all branches of the services. The "Commandant's Birthday Letter" is read, and the traditional "cake cutting"

ceremony, in which the first and second pieces are given to the youngest and oldest Marines in attendance, follows next. Recognition is also rendered to any special attendee who has been awarded honors for his or her service to the Marine Corps. Once again, the very favorable Contigiani's buffet will be served, which includes a prime rib of beef or chicken and the fixings, with their traditional ice cream/strawberry dessert and cake. A cocktail hour will precede the ball from 6 'til 7 p.m., and dancing will be available to all throughout the evening to the live music of "Express Revival."

Those who wish to attend this year's "Gathering" with spouses and guests are encouraged to contact Commandant Patenaude at 455-0636 or via e-mail at rppatenaude@aol.com as soon as possible to make reservations. Mail checks to Lakes Region Det., MCL, P.O. Box 764, Center Harbor, NH 03226.

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Opinion

A4 Thursday, October 19, 2017

WINNISQUAM ECHO

STRATEGIES FOR LIVING

A summary of the Christian faith

BY LARRY SCOTT

It was noon-time in the early 1970's and I can still remember well walking into the Perkins Restaurant in Wormleysburg, Pa. for a long-planned visit with Susan.

Susan was not an active Christian at the time. As we sat down and ordered breakfast, I said to her, "Susan, I know you have a church background but I suspicion that you learned the principles of our faith in bits and pieces and have never had anyone take the time to bring it all together. I would like to put the puzzle together, OK?"

"Susan," I said, "the Bible clearly tells us that "all have sinned" and are in need of divine forgiveness if we are to develop any kind of a relationship with God. We are three-part beings – body, soul (our intellect and will), and a spirit. What happened to each of us is perhaps best understood if we go back to the Garden of Eden for a quick overview.

God told Eve that, of all the trees in the Garden, there was one that was off limits, the tree of the Knowledge of Good and Evil. If either she or Adam ate the fruit of that tree, God promised they would surely die. They did ... but they didn't drop dead. What happened was that their spirit, that intimate part in each of us that becomes our point of contact with God, ceased to be functional. Although they remained physically and intellectually healthy, they died spiritually, lost the warm fellowship they had enjoyed with God, and were expelled from the Garden of Eden.

But God still loved them and very much wanted to re-establish the relationship. The problem was that sin's penalty is death – eternal separation from God – and was something God himself could not accept. Thus he sent his Son, Jesus Christ, to die on their behalf. No one else, not Abraham or Moses or King David etc., could die on their behalf because each of them, like you and me, had sinned and were under the penalty of death for their own sin. Good works couldn't cut it for it did nothing to take care of the sin problem. But Jesus was perfect, so he could die on our behalf.

And so it was that Jesus went to the cross on our behalf. When he prayed (while on the cross), "Father forgive them," he was praying for you and me. The forgiveness he offers is available to each of us. As stated in the New Testament, "if we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).

Much of what I have written makes little sense to those who have no awareness of personal sin, feel no need for forgiveness, and have little interest in a relationship with God. Such, however, was not the case with Susan. She very much wanted the peace of mind and the sense of divine forgiveness that we had talked about. Through a simple prayer, she soon asked for God's forgiveness and invited Jesus Christ to be the Lord of her life. Another honest soul had made the grand discovery: Christianity works!

You want to talk about it? Hit me up at rlar-scott@gmail.com.



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PET OF THE WEEK

NH Humane Society truly is safe harbour for animals, so many survive by their own wits and the sometimes kindness of strangers. Little Stache, adorable black and white cat, aged about three, with appropriate markings, hence his name, survived in less than stellar conditions. Cats will find somewhere to sleep out of the ravages of the weather even if that spot is ramshackle or derelict; for them, it's better than the rain and snow, but hardly ideal.

Stache arrived in April and has proven to be a 'cats cat' he loves the company of other felines and has discov-

ered that humans, actually can be relied upon to provide a warm, cozy, clean environment, which may not have been his prior life experience.

Now vaccinated, neutered, microchipped, healthy and ready to go, socially he is ready for a new home. Stache does require that one special commodity... time to settle. Having fit so well into shelter life, that next move is going to feel like another uprooting for him. With the proper amount of patience and understanding for a cat that has endured much in his young life, he truly deserves the perma-



nent luxury of a caring forever home where he can further blossom and flourish.

Check www.nhhumane.org or Call 524-3252 to find out more about Stache.

STACHE

LETTERS TO THE EDITOR

Weekly legislative update

To the Editor:

This is the 29th of my series on what is happening with the Legislature in Concord. We are still not in session which means we have time to catch up on some things and learn more about our responsibility. Last week the Committee (Criminal Law and Public Safety) toured the Sununu Youth Services Center in Manchester.

The Sununu Center in a secure facility for youth. There has been some controversy about the Center from those who think it is inhumane to incarcerate the youth. They argue that they would be better served in a less formal community setting with no bars where the youth could potentially walk away whenever they feel like it. That may be appropriate for some youth, but for others this is not effective. There are juveniles who have a potential to do harm to themselves or others and who need a more structured and secure environment. Many minors have drug problems and are "runners" who despite having court orders won't stay at home or at a community facility. They need to be detained to receive help. In Manchester alone, there are 300-plus gang members, and most carry weapons. Gangs are prevalent in all our towns and cities from Nashua to Berlin. Several minors appear to be committed for a petty crime, often because they have a long arrest record and lawyers plea-bargain for a minor offense to achieve a rapid resolution. A Sheriff from the lakes region told me he will not visit Manchester or

Nashua off duty unless he is armed. This is the reality facing today's youth.

The Sununu Center was built to house about 144 young people age 13-18 years. However, today, they house one third that number. One wing is being converted to a private drug treatment facility that is not secure. This operation will offer medical, clinical, medical, educational and mentoring services to assist these juveniles as they transition back into society. As stated above, there are those who need a strong structure. This private facility will not address them.

The Sununu Center is a good facility accomplishing good. We should seriously think about expanding the treatment age to 21. Many minors aged 18-20 are tried as adults and end up in prison. Others may need more time as a juvenile to finish treatment. Remember, this is a time when they are most vulnerable. Science shows the physical brain development that recognizes consequences for their risky behavior does fully develop until after the early 20's. Think about it... how many risks were you willing to take when you were younger?

I am available to discuss your concerns. Contact me at 320-9524 or dave@sanbornhall.net. I am your representative in Concord.

Cheers!

*Dave Testerman
New Hampshire State Representative
Hill and Franklin*

WINNISQUAM STUDENT SPOTLIGHT

BY DR. TAMMY DAVIS

Superintendent

Winnisquam Regional School District

One of the highlights of being a Superintendent is going into the schools and interacting with staff and students.

Last year, I decided to shadow students from elementary to high school so that I could get to know them better, understand how they were learning in classes, and how they felt about it. This year, I've decided to shadow and highlight a Senior student each month and ask for a selfie with them.

The Senior that I

shadowed in early October was Julie Amico. I greeted Julie in the high school office, where we walked together to one of her favorite classes, Anatomy and Physiology taught by Ms. Ali Marshall. Julie has a strong interest in the class because she wants to be a nurse. While I sat beside Julie in class, she worked with her partner as they were reviewing the skeletal system, identifying common fractures, and making diagnosis for the healing process. They used their Chrome Books to access the Bone Fracture Labs,



COURTESY

Superintendent Tammy Davis (left) with Julie Amico (right).

where they identified the type of bone and fracture in the lab.

As class ended, I learned that Julie has a passion for photography and just purchased a camera. She also works at Rocky Mountain Chocolate Factory and makes some of the delectable chocolates that we all love to eat. Not only does Julie go to school, works a job, has a hobby, but she also smiles and cheers for WRHS on

the varsity cheerleading team.

Wrapping up my shadow experience with Julie was such a delight because she is excited about her classes, serious about learning, and a responsible individual working while also attending school. Her motto in life is "don't put off for tomorrow what you can do today." I felt honored to spend time shadowing Julie!

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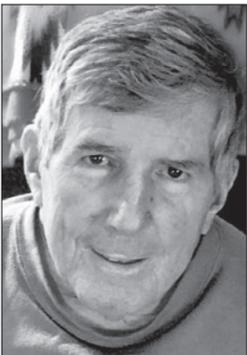
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North Country Notebook

Foliage, ATVs, word-play, and “winch” (and “wench”)

By JOHN HARRIGAN
COLUMNIST

The economy gurus say that fall foliage is a \$3 billion windfall for northern New England. I can believe it, having seen tour buses as far north as Colebrook and even (gasp!) Pittsburg, proof positive that the earth, for flat-earthers, does not end at Franconia Notch.

This year, a lot of us thought that the foliage season would be a bust. “Looking pretty sorry,” we said, leaning on our shovels or rakes or whatever and looking out over all those pastels. But along came a night’s soft rain, and the colors just popped out. A ban-

ner year, indeed.

With leaf-peeping, I’ve always wondered how much is enough. I mean, when is the breaking point? Tour-bus leader: “Wow, folks, just look at that ridge on our right. Just glorious!” Disgruntled leaf-weary passenger: “We saw one just like that an hour ago.”

This is why, I think, savvy tour-guides keep a handy supply of jokes, games and songs, and talk about what’s for lunch.

+++++

Still, this is not to suggest that even people living amidst annual explosions of colors take it all for granted.

A neighboring logger had just finished unloading some tree-length hardwood when I walked up to his cab to palaver, and he shut down so both of us could hear.

It was a cool, clear, crisp day when you could see forever.

“This is when working outside seems pretty damned good,” I said,



JOHN HARRIGAN

In foliage season, I save a lot of gas, time and money by just going out onto the front lawn.

reflecting on the days when it was downright awful, days when not even dogs would go out.

“Right,” he said, looking all around.

+++++

Lending your ATV out to someone is like lending out your truck, chainsaw or dog, but I did it last week for friends hauling firewood, and was giving the rundown on how to

run it.

“It has a winch on the front and sometimes a wench on the back,” I said gamely, watching for reaction.

Nope. Went over like the Hindenburg.

“Wench,” of course, is an outmoded word and now deemed insensitive to women, but still, there it is, or was.

Back when I owned newspapers and answered to nobody but readers and the bank, I

made up a phony classified ad or two for each week’s edition. One asked that whoever borrowed the town’s road-bander bring it back immediately, because it was time to band the roads again. Some got this, some didn’t.

But I swear, I’m in the habit of combing various local newspapers whenever I’m in one territory or another, and I have actually seen classified ads for ATVs for sale, with wenches.

+++++

A few weeks back, I wrote about disappearing songbirds, and my suspicion that devastation of winter habitat in Central America was largely to blame, which for some reason gets no American media attention.

The Oct. 9 issue of the New Yorker carried the sorry story of monarch butterflies, which make one of the grandest migrations on the planet.

While we here in the Northeast worry about milkweed, and rightly so, in Mexico a “surge in

illegal logging,” to quote the article, is decimating the Monarch’s shrinking wintering stands of Oyamel firs.

+++++

A couple of columns ago, in a segment on looting and its scarce mention in Big Media’s reporting on natural disasters, I used local vernacular for the firearm I’d reach for, as in “30-odd six,” and waited for critique. Silence.

It is, of course, thirty-aught six, meaning 30-06, “aught” being the near-forgotten term for zero. Thus I was tickled to see a writer in the same aforementioned magazine refer to the early 2000s as “the early aughts.”

There is hope yet.

(This column runs in a dozen papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

Try to escape the “Carnival of Souls” this weekend on LRPA

LACONIA—Throughout October, join Lakes Region Public Access Television each Friday and Saturday night at 10:30 p.m. for a scary good time! “LRPA After Dark” celebrates Halloween with four frightening films from Hollywood’s past. This weekend (Oct. 20 & 21), we present the eerily atmospheric cult favorite, 1962’s “Carnival of Souls,” directed by Herk Harvey and starring Candace Hilligoss.

Mary Henry (Hilligoss) and two friends are out in a car, enjoying the day. At a stop light, some guys in another car challenge them to a street race, and they accept. As the girls’ car speeds across a bridge, the driver loses control and the car plunges into a river. A search party drags the river for the car, and just when things look dire, Mary emerges from the water, cold and dazed. She can’t seem to remember any details about the wreck and has no real answers for the searchers. To move on with her life, Mary accepts a job in a different state as a church organist. On the drive to her new position, she passes a mysterious deserted carnival pavilion to which she finds herself inexplicably drawn. As she is looking at the pavilion, Mary is startled by an ominous man looming in her path, nearly causing her to

drive off the road. She blames this vision on a lingering aftereffect of the accident, composes herself, and drives to her destination. Mary arrives at her destination and takes a room at a boarding house, meets her new employer, and generally tries to get on with her life. However, she can’t stop seeing the apparition of the menacing man – nor can she get the vision of the abandoned carnival pavilion out of her head. What do these frightening visions mean? Will she ever be able to move on with her life?

Although it was an initial failure at the box office, “Carnival of Souls,” made on a shoestring budget of less than \$20,000 and with a total crew of six, has since become a highly regarded and well-loved horror cult classic. Upon the film’s re-release in 1989, critic Roger Ebert awarded the film three out of four stars and wrote that the movie was “... an odd, obscure horror film that was made on a low budget in 1962 and still has an intriguing power. Unlike most of today’s horror movies, ‘Carnival of Souls’ has few special effects. Instead, it depends on crisp black-and-white

photography, atmosphere and surprisingly effective acting.” Lead actress Candace Hilligoss studied with famed teacher Lee Strasberg at the Actor’s Studio in New York City, and brings remarkable depth to the character of Mary. This movie’s not to be missed! So grab your candy corn and join LRPA after dark for this fan favorite classic from the past.

Mark your calendars for our final Halloween treat:

Oct. 27 & 28: 1972’s “Horror Express”

You can’t find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access

Lakes Region Public Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast Channel 24 (educational programming and public bulletin

board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that

• fosters free speech and the open exchange of ideas,

• encourages artistic and creative expression,

• promotes a well-informed public through governmental transparency, and

• unites our communities through the power of media and technology.

LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

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Laconia-Gilford Lions Club
Electronic Waste Collection Day

Saturday, October 21

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Joseph Leroy LaFrance, 90

TILTON — Joseph Leroy LaFrance 90, former longtime resident of Meredith, died Monday, Oct. 9, 2017 with his loving family by his side at the New Hampshire Veterans Home.

Joseph was born Nov. 10, 1926 in Franklin, son to the late Frank L. and Annie (Robellard) LaFrance. He proudly served his country in the United States Army during WWII and the Korean War. He worked for the town of Meredith for over 20 years and spent the last 12 years working for the Parks and Recreation department.

Joseph enjoyed being active in his community. He was a life member of the Lions Club in Meredith, the Booster Club, longtime member and color guard for the American Legion Lodge #33. Joseph was also an active member of the Trinity Episcopal Church in Meredith for many years and served as an acolyte for 24 of those years. Around the holidays, Joseph also helped put together gift baskets for underprivileged children and throughout the years he brought food to those confined to their homes.

Joseph enjoyed Hunt-



ing and fishing with his family and friends and above all spending time with his family.

Joseph is survived by a son, Frank LaFrance of Franklin; two daughters, Flora Koerbel and Kara LaFrance, both of Meredith; two step-sons, Dexter Weare of Melbourne, Fla. and Timothy Weare of Ashland; a step-daughter, Theresa Wyman, and her husband Jay of Wolfeboro; a sister, Lillian Plizga of Goffstown; two grandchildren, Lori Fogg and her husband William and Andrew LaFrance; four great-grandchildren; a daughter-in-law, Viola LaFrance of Lakeport; and numerous nieces and nephews.

In addition to his parents, he was predeceased by his loving wife of 42 years, Nancy (White) La-

France in 2010; 11 brothers; three sisters; and his former wife, Barbara (Wilkins) LaFrance.

There will be no calling hours.

A funeral service will be held Saturday, Oct. 21, 2017 at 10 a.m. at the Trinity Episcopal Church, 93 NH-25, Meredith, NH 03253.

Burial will follow in the family lot at Center Harbor Memorial Park with military honors.

The family would like to thank the staff at the New Hampshire Veterans home for their kind and compassion care of Joseph.

For those who wish, the family suggest memorial contributions may be made to the New Hampshire Veterans Home, C/O Resident Benefit Fund 139 Winter Street, Tilton, NH 03276 with the memo line Franklin Pierce neighborhood.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, please visit www.wilkinsonbeane.com.

Jane Parker, 80

FRANKLIN — Jane Parker, 80, passed away on Oct. 9, 2017 at Mountain Ridge Nursing Home surrounded by her loving family.

Jane was born on Feb. 28, 1937 in Boston, Mass., the daughter of Sidney and Anne (Wells) Williams. Jane grew up in Roxbury, Mass., working for Reebok shoes for several years. In 2000 she moved to Gilford, New Hampshire where she was a very successful crafter and loved creating quilts and making dolls.

In 2008, she married Arnold Parker, while married they enjoyed their time together tak-



ing short trips to Maine and occasional trips to Florida to visit her children. Jane was a member of the Calvary Bible Church in Meredith.

She is survived by her husband, Arnold Parker; her three children, Douglas Kloe, Frederick Sjo, and Russell Sjo; her sister,

Nancy Lockery; nieces Linda Krull and Laura Bruce. She is also survived by her special and longtime friend, Hildred Harhen of Westford, Mass.

Jane was predeceased by her parents.

There will be no calling hours.

Burial will be held at the Fairview Cemetery in Westford Massachusetts at the convenience of the family.

The Mayhew Funeral Home and Meredith Bay Crematorium are assisting the family with arrangements. To view Jane's online book of memories, go to www.mayhewfuneralhomes.com.

Rev. Dr. Miller Currier Lovett, 94

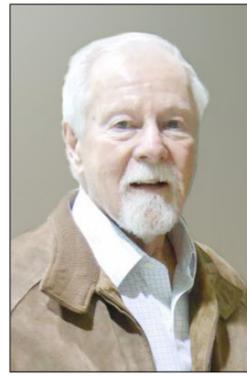
MEREDITH — Rev. Dr. Miller Currier Lovett, 94, the beloved Patriarch of the Lovett family, died early Friday morning, Oct. 13, 2017 at his Spindle Point home that he shared with his wife Ginny. Miller was a loving spirit with amazing energy and passion for social justice.

Miller was born in Lynn, Mass. on March 18, 1923, to Charles W. and Phoebe F. (Miller) Lovett. He was the second child of three. Together with his brother John, and sister Martha, Miller grew up attending the United Methodist Church in Lynn. As a young man, he was very involved and acted as treasurer of the Methodist Youth Fellowship where he met his first wife, Dorothy (Johnsen) Lovett. They were married on Feb. 14, 1946.

Miller graduated from Lynn English High School, class of 1940. He earned a Bachelor of Science in Accounting (1944), a Master's of Sacred Theology (1946), and PhD in Philosophy of Education, Psychology of Learning, Group Dynamics and Methods of Religious Education (1964) from Boston University. In addition, he did his post-doctoral studies at the MIT Sloan School of Management and Boston University.

During his career as a minister, Miller served at the Lake Shore Park United Methodist Church in Lynn, Mass. and the Wesley United Methodist Church in Medford, Mass. In 1952, Miller and his young family moved across the country to serve as the Senior Minister at the United Methodist Church in Ellensburg, Wash. In 1962, the family moved back to Massachusetts, where he served as Interim Pastor of several United Methodist Churches, including the West Chelmsford Methodist Church where he helped to establish the Aldersgate Church in Chelmsford, Mass., and United Methodist Churches in Contoocook and in Bow. In 1965, the family moved to Laconia, where Miller became the Senior Minister of the Congregational Church, where he served until 1970. He later served as Interim Minister at the Congregational Church in Center Harbor, and continued to serve as a guest minister in Massachusetts and New Hampshire throughout the rest of his life. During his ministry, he married 327 couples!

Always an educator, Miller was an Associate Professor of Business Administration at Belknap College in Center Harbor; a founder and Chair of Business administration at Bunker Hill Community College, Charlestown, Mass.; an Associate Professor and



Chair of Management at Boston State College in Boston, Mass.; Adjunct Professor of Management at the Southern New Hampshire College Graduate School of Business; and the Chair of the Criminal Justice Center at UMass, Boston. He retired from teaching in 2002 at the age of 79.

Miller's career in public service spanned 70 years. He and Ginny spent months in Peru working on a Habitat for Humanity project and founding Social Ventures to develop working cooperatives for the people of Peru. In Meredith, he served as a Selectman for seven years, was a Trustee of the Meredith Library, a Trustee of the Trust Funds and a member of several town committees. He was a member of the Board of Directors of Genesis Behavioral Health, a charter member of the Greater Meredith Program, a Master Mason, and a proud Rotarian.

Miller is survived by his wife, Virginia "Ginny" (Lavelli) Lovett. Miller and Ginny were married in 1979, when they began a great adventure with their blended family of eight children. Their adventures took them all over and around the world many times, from Turkey to Tibet, from the Great Wall of China to South America, from Nepal to Australia and home again.

Miller is survived by his four children (Anne Lovett of Tacoma, Wash., Celeste Lovett of Moultonborough, Peter Lovett (Maritza) of Gainesville, Va. and Rebecca Lovett (John Dunn) of Bowdoinham, Maine); his grandchildren, Christine Roz, Erin Lovett Sherman (Michael Manning), Rory Lovett (Rachael), Ian Dunn (Cait), Nichole Lovett, Johannah Shepherd (Jake), Carrilyn Rock (Fred Britton) and Josiah Lovett; his great grandchildren, Jacob Roz, Myles Belove, Bodhi Manning, Norah Miller Lovett, Brady Lovett, Alice Lovett, Jazmine Neal, Jordan Neal, Julian Neal, Jayden Neal, Justin Cox, Jenesis Cox and Emily Dunn. He is also survived by his bonus grand and great grandchildren who came into the family by marriage: Jessica Dunn, Erich Kottke, Maria Katherine Kottke, Kameron Deshais, Brayden Ammerman and Alannyah Ammerman.

Miller is also survived by Ginny's four children, Lisa Robinson (Scott) of Gilmanton, Brad Fitzgerald (Debbie) of Laconia, Ted Fitzgerald (Tina) of Northfield, and Scott Fitzgerald (Josianne) of Cairo, Egypt; her grandchildren, Kayla Fitzgerald (Keith), Hailey Groleau (Kevin), Sidney Chmielewski (Chris), Michael Fitzgerald, Andreina Fitzgerald and her great-grandchild Waylen Groleau. He is also survived by deeply loved nieces and nephews and their children.

Miller was predeceased by his parents; his brother, John Lovett, and wife Miriam (O'Leary) Lovett; sister Martha (Lovett) Emerson and husband Alfred Emerson; and his former wife, Dorothy Lovett.

Miller often said that each decade of his life was better than the one before and that he was still trying to decide what he was going to do when he grew up. Miller would often speak about the importance of listening to the still, small voice within, the voice that led him throughout his entire life. He was an amazing role model to his family and to everyone who was blessed to know him. He was always planning his next trip or community project. He and Ginny welcomed people from all over the world into their home to share the beauty of Lake Winnepesaukee, a meal and good conversation. Miller was fully alive every day of his life and his spirit will live on in the hearts of everyone he touched with his words, his compassion, his energy and his love.

Calling hours were held Wednesday, Oct. 18, 2017 from 4 to 6 p.m. at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

Funeral services will be held at the Laconia Congregational Church, 69 Pleasant St., Laconia, on Thursday, Oct. 19, 2017 at 3 p.m.

Burial will be private. There will be a Greeting and Celebration of Life Reception at Church Landing, DW Highway in Meredith beginning at 6 p.m. on Thursday, Oct. 19, 2017. All are welcome and encouraged to attend.

Education was very important to Miller. In lieu of flowers, donations may be made to Lakes Region Scholarship Foundation, Lovett Family Fund, P.O. Box 7312 Gilford, NH 03247-7312.

Wilkinson-Beane-Simoneau-Paquette Funeral Home and Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information, and to view an online memorial, go to www.wilkinsonbeane.com.

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FSB presents \$15,000 grant to NH Veterans Cemetery Association

Donation will be used to complete a new Veterans Heritage Learning Center

FRANKLIN — Franklin Savings Bank recently presented a \$15,000 grant to the New Hampshire Veterans Cemetery Association to assist with completing a new Veterans Heritage Learning Center at the New Hampshire State Veterans Cemetery in Boscawen.

"We are honored to assist the NH Veterans

Cemetery Association with their plans to build a new facility to preserve the legacy of our men and women who courageously gave of themselves in order to protect our freedom," commented Ron Magoon, President & CEO. "As a history enthusiast myself, I look forward to visiting the center to learn more about the

individuals who served our country during periods of conflict."

"The New Hampshire Veterans Cemetery Association is very grateful to President and CEO, Ron Magoon, and Franklin Savings Bank for their generous donation to our Veterans Heritage Learning Center," said David Follansbee, NHVCA Treasurer.

"NHVCA has been a customer of Franklin Savings Bank since our incorporation in 2002, and I have been honored to serve as treasurer since then. The team at the Boscawen branch has always been very helpful to me and I appreciate their efforts."

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community bank, offering a full array of commercial lending, personal banking and investment services throughout the Central Lakes Region and southern New Hampshire. Headquartered in Franklin, the Bank has offices in Bristol, Boscawen, Tilton, Gilford and Merrimack, as well as an office in Bedford for business lending. Franklin Savings Bank also offers investment, insurance and financial planning services through its



COURTESY

Pictured l-r: David Follansbee, treasurer, NH Veterans Cemetery Association; Nancy Watson, branch manager, FSB Boscawen office; Mike Horne, director, NH State Veterans Cemetery, and Pamela Cooper, board member, NH Veterans Cemetery Association.

Benefit celebrates Belknap County conservation champions

MEREDITH — At a Farm to Table Harvest Supper fund-raiser for the Belknap County Conservation District (BCCD) on Oct. 12, annual conservation awards were announced. The event, held at Moulton Farms in Meredith, included a farm tour, and a three-course meal donated by John Moulton and his team to support BCCD, wine-tasting, live music and a silent auction. John Moulton shared the story of his family's farm dates to the 1890's and was surprised by BCCD Chair, Donna Hepp announcing Moulton Farm as 2017 Cooperator of the Year.

"Moulton Farm continues to set the standard County and Statewide as a conservation champion through use of best conservation practices, innovative public programs and workshops and outreach. John Moulton represents Belknap County on the State Agriculture Board and last year received the Andrew L. Felker award for leadership in promoting the growth and prosperity of NH agriculture. Moulton Farm was one of the first recognized as a New Hampshire Farm of Distinction," said Hepp.

For 2017 Volunteer of the Year, BCCD recognized Jan Hooper from Center Harbor and retired BCCD Program Coordinator.

"There really was no doubt," shared Hepp. "Jan has been tireless in her pursuit of conservation demonstration projects at Gunstock through grant writing, coordinating a series of 10 Volunteer Work Days and fund and friend-raising."

The final award for 2017 Conservation Champion went to the Laconia Daily Sun for outstanding coverage of natural resource conservation issues.

Annual highlights for County Conservation District shared included: on-going assistance to landowners and Towns, successful plant and bulb sales for backyard conservation, public workshops such a recent Dirt and Gravel Road session with 85 participants, conservation planting and school projects, new major grants which funded a Forest Management Plan and Stream Restoration Assessment and will cre-

ate wildlife habitat and restore 2 miles of Poorfarm Brook. In addition, BCCD hosts the New Hampshire Gleans Program in Belknap County which collects surplus produce from farmers and home gardeners with volunteers and distributes it to seniors and food pantries. So far this year, the program has

collected and distributed over 9,000 pounds of produce to people in need.

"We've accomplished a great deal, but reductions in the County funding portion of BCCD's budget, down 38 percent from our 10 year average before 2015 are having a big impact. We can't fully fund our single staff,

SEE BENEFIT, PAGE A16

LRGH Auxiliary gearing up for 16th Annual Fall Craft Fair

LACONIA — The 16th Annual Lakes Region General Hospital Auxiliary Fall Craft Fair is being held on Saturday, Oct. 21 in the Laconia High School gymnasium from 9 a.m. to 3 p.m.

Shoppers can enjoy the works of juried and non-juried artisans and crafters from all over New England, boasting hand-crafted and specialty items. The event offers sizeable raffles, homemade baked goods, and everyone who attends has a chance to win a \$200 Tanger gift card,



COURTESY

LRGH Auxiliary board members, left to right; Kathy Collins, Nancy Morrill, Colleen Hartigan, Sue Dalton, Barbara Tuttle and auxiliary president Nancy Paterno make final preparations for the 16th Annual LRGH Auxiliary Craft Fair being held on Saturday, Oct. 21 from 9 a.m.-3 p.m. in the Laconia High School gymnasium.

compliments of the LRGH Auxiliary. Refreshments from Annie's Café and Catering will also be available.

Hosted every October, the event coincides with National Breast Cancer Awareness Month; proceeds benefit the LRGHealthcare Breast Health Program and other auxiliary projects. Admission is free, but donations are gladly accepted. For more information, please visit lrgh.org or contact the LRGH Auxiliary at 524-3211, ext. 3663.

TOWN OF NORTHFIELD
PLANNING BOARD Work Shop
NORTHFIELD TOWN HALL
THURSDAY, October 26, 2017
6:30 P.M.
AGENDA

1. Discussion on proposal to reinstate Cross Mill Village permit. To be continued to October 28, 2017

TOWN OF NORTHFIELD
PLANNING BOARD
Conservation Commission
SITE WALK
SHAKER ROAD BOAT RAMP
SATURDAY, OCTOBER 28, 2017
9:00 A.M.

1. Continued discussion of proposed rezoning to create Zone #5 in the town of Northfield.

Respectfully,
Jason Durgin, Chairman

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Sant Bani School hosts experiential learning teachers' conference

SANBORNTON — Sant Bani School hosted a conference for educators on Friday, Oct. 6, focusing on best practices in experiential education. The conference was attended by fifty educators from around New England.

Deb Sugerman, PhD, opened the conference with the keynote address: "What Do I Need to Know About Brain Research to Support Experiential Education in My Classroom?"

"Her presentation was both informative and actionable," said Hans Mundahl, Head of School at Sant Bani. "I appreciated how she gave us background context while offering ways we can use the

latest research in our classrooms."

After the keynote, participants could choose from morning and afternoon workshop sessions focused on reflection, nature-based learning, experiential learning in the math classroom, and many other topics. Sessions were led by Sant Bani teachers as well as educators from other schools. One highlight of the day was the student panel; Sant Bani students ranging from 4th - 8th grade discussed Projects Period and answered questions from the audience. (Projects Period is an off-campus, independent learning experience scheduled with February break



COURTESY

Participants in the Nature-based Learning workshop lead their partners in an exercise to practice clear communication and trustworthiness.

that allows students to explore individual interests. A significant

part of the experience is creating a presentation that students share with the school community.)

The conference concluded with a moving closing keynote: "Moving Forward; Thoughts on How We Can Execute - and Articulate

Our Experiential Initiatives" by Sean Duncan, named founding Head of School at The Winchendon School's new Brooklyn, N.Y., campus opening in 2018. Duncan's presentation highlighted the importance of experiential

education, and shared stories of how it can be truly life-changing for some students.

"The energy throughout the day was outstanding; and the feedback we received from all of the participants was very positive," says Jessica Pine, Director of Program and Curriculum at Sant Bani. "Many people asked if we were going to do this Institute again next year, and I think all of us at Sant Bani were inspired to say 'yes!'"

About Sant Bani School

Sant Bani, founded in 1973, is a vibrant independent K-8 school located five minutes from Exit 22 on I-93. Students graduate with confidence and a passion for learning, prepared to succeed in high school. Learn more at our open houses on Oct. 22 and 28, and at santbani.org.

Eversource scouts for future line workers at Winnisquam Ag Center

TILTON — Eversource needs dependable, compassionate, hard-working team players to join the company as line workers! That's the message that Winnisquam Regional High School students were given on Oct. 13, when representatives visited the school to educate teens about careers with the firm. Staff at the Agricultural Center worked with Eversource to bring an educational program to the school, which included an informative presentation and demonstration of a bucket truck.



COURTESY

Winnisquam senior Madisyn Skeats gets a taste of the line-worker experience by standing in the bucket of the Eversource truck while wearing safety equipment.

Three representatives of the company talked to ag students and others about job opportunities with Eversource. They stressed the importance of having a strong work ethic, integrity and character, and making good life choices at a young age. Students were informed that things such as bad credit, a poor driving record or juvenile arrests would disqualify individuals for employment with Eversource.

The representatives also stated that a career as a line worker is not for everyone; employees must be willing to work in all kinds of weather and put their personal lives on hold for customers.

The process for becoming employable as a line worker includes multiple steps. First, students must complete a line worker training certification program, such as the one offered at Manchester Community College. Next, they do a 120 hour paid internship with Eversource. Finally, if they're hired by the company, they will

do a three and a half to five year apprenticeship, during which they'll earn \$34/hour. The average salary for fully-qualified line workers at Eversource is an astonishing \$125,000 per year.

Winnisquam Ag Center staff and students are pleased to partner with Eversource in order to educate young people not only about career opportunities with the company, but also to open their eyes to what businesses look for in their employees, and the importance of making good life choices even as teenagers.



COURTESY

Southwick School in Northfield recently celebrated the unveiling of their student created glass mosaic mural.

Southwick School students explore mosaic art through creation of mural

NORTHFIELD — Southwick School in Northfield recently celebrated the unveiling of their student created glass mosaic mural.

The mural is displayed prominently at the entrance of the

Southwick School, and is the result of an eight day artist in residency with mosaic artist, Lizz Van Saun, owner of Kast Hill Studio, in Hopkinton. The theme of the residency was about building community

within the school.

Van Saun, with art teacher Julie Swain, taught students about the history of mosaics, "green art," and worked collaboratively to create symbols and images based on values, behaviors, and characteristics vital to being a positive member of the school community. Students and volunteers were very excited to add their individual pieces to the brightly colored mosaic and share their enthusiasm in a video segment for "New Hampshire Chronicle."

The final event consisted of a heavily attended afternoon celebration with the Southwick community, parents, and friends unveiling the mosaic mural, watching a slideshow of the mural creation, eating barbecue, and playing cooperative games. The artist in residency was supported in part by a grant from the New Hampshire State Council on the Arts and the National Endowment for the Arts; Southwick and Union School PTO; and Southwick School in WRSD SAU59. "NH Chronicle" will be airing the video segment featuring Lizz Van Saun and the Southwick School artist in residency some time this November.

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Winnisquam Alternative School gets off to a promising start

TILTON — The new Winnisquam Alternative School is off to a great start! There are currently ten students enrolled in the school, which teaches English, science, social studies, and math during blocks one and two. One of the main successes of the school is the ability for teachers of different content areas to co-teach subjects together. For example, Ms. Steffen (English) and Mrs. Amt-

mann (science), have been working together to plan units and create cross-disciplinary assignments; the two have been teaching a children's book unit that focuses on language from the English perspective and science from the content perspective. Mrs. Amtmann and Ms. Steffen agree that the students appreciate the co-teaching, enjoy the combined class, and hope to foster more

co-teaching at WRHS in the future.

Another positive facet of the Alt School are the community meetings amongst students and the staff. The students are given a voice and a place to express their concerns, as well as successes, during Bear Block every Friday. Students and staff work together to make the Alt School a better place, and so far communication has been effective

in moving forward with the creation of the Alt School. As of this moment, the facility isn't completely finished, but the students have been understanding of the need to be flexible and excited to help build this program from the ground up.

One main focus in the Alt School is focusing on the Habits of Engaged Learners. It's important for the students, with staff support, to build

their personal and interpersonal qualities such as attitude, work ethic, respect for self and others, cooperation, and collaboration which are essential lifelong skills. These essential skills support students in life, work, socialization as well as prepare for college and career readiness. Students seem to be receptive to this process, and both staff and students are looking forward to seeing growth in

this area as the program continues.

In speaking with one of the students in the program, he was asked why he chose to enroll in the Alternative School.

His response was "The smaller class sizes has allowed me to focus more on my academics. The open communication with the faculty gives me a voice in my learning and I feel like I am doing better academically as a result."

Free community emergency response class begins in April

LACONIA — Are you prepared for an extended power outage, a fire in your home, or perhaps a medical problem requiring immediate attention? Have you ever learned how to handle that fire extinguisher in your kitchen closet or the one in the garage? Do you know what to do when someone is bleeding, choking, having a stroke or heart attack? Would you like to learn more about what goes on when the police or fire personnel are called to search for a lost individual? You can learn all this and more by signing up for a free Community Emergency Response Class. Topics to be covered include Disaster Preparedness, Fire Safety, Disaster Psychology, Safety Strategies

Involvement in a Terror Attack, Incident Command Systems, Light Search and Rescue and First Aid/CPR. All these topics are taught by local first responders and experts from the field who serve as guest instructors.

On successful completion of the course, graduates may apply to the Lakes Region Community Emergency Response Team, LR-CERT, which is sponsored by the Partnership for Public Health and serves many local communities. CERT members then receive additional training in classes that support our units of Traffic Control, Shelter Management and Animal Response, fire rehab, and emergency communications. CERT mem-



COURTESY

bers support emergency response agencies and can assist others in their neighborhood, town or workplace. Recently, LR-CERT members established a shelter in Moultonborough providing comfort for people who had to leave their homes after the devastating March blizzard. LR-CERT also provided traffic control for participants at the Winni Dip and the Sled Dog Races. The next class ses-

sion will be offered free of charge at the Laconia Central Fire Station beginning Oct. 26, on Thursday evenings, and will continue weekly for four weeks. Those interested should call Kathleen Merriam at the Partnership for Public Health, 528-2145, or email to kmerriam@pphnh.org. You may also learn more about CERT by going on-line to <http://www.citizencorps.gov/cert/>.

Chem Free Craft Fair returns to WRHS Nov. 18

TILTON — Winnisquam Regional High School's Ninth Annual Chem Free Craft Fair will be held Saturday, Nov. 18 from 9 a.m. - 2 p.m. in the High School Gym. There will be something for everyone, with more than 60 vendors.

- Local crafters with homemade crafts

- Homemade soaps, candles, etc.

- baked goods

- Local honey

- and so many more

There will also be a silent auction to raise funds for the chem free senior class trip. So come on out and support the 2018 graduating class and get some early holiday shopping done.

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Please contact Executive Editor
Brendan Berube at (603) 279-4516, ext. 111
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Classified: It's Auto-matic



COURTESY

Burlesque Night Live returns to Pitman's

Burlesque Night Live's "A Good Ol' Burlesque Show" returns to the Lakes Region for one night only at Pitman's Freight Room in Laconia on Saturday, Oct. 21. Burlesque Night Live (BNL) is a musical variety show, written and directed by Rick Morten performed by the BNL Troupe and the Mistress of Ceremonies, Miss Vivian Wilde. This special Halloween edition of the show contains hilarious comedy sketches, comic blackouts, classic musical theatre numbers, and a very special guest, writer and comedian, Zachery Foote. BNL showcases the talents of local actors, dancers and singers in a bawdy genre popular in the age of dance halls, opera houses and vaudeville theatres, with the flavor and style of classic TV musical variety shows of the 1960s and '70's, like the Dean Martin and Carol Burnette Shows and "Rowan and Martin's Laugh-In." Doors open at 7 p.m., and the show starts at 7:30 p.m. Tickets are \$20 (general admission only) and will be available at the door. Pitman's Freight Room, a historic warehouse lovingly refurbished and comfortably furnished as a function room and performance space, is located at 94 New Salem St. in Downtown Laconia, and is a BYOB-only venue.

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“Why Family Stories Matter” rescheduled for Oct. 23 at Taylor

LACONIA — Are you like those people who feel personal and family histories are an important part of their overall legacy? Did you know only one percent of people take the time to preserve their family stories? Learn how you can take steps to capture these stories before they're lost, as Dan Darling, owner of Heartstring Media, presents a program entitled “Why Family Stories Matter.”

The free event is Monday, Oct. 23 at 6:30 p.m. in Taylor Community's Woodside Building and is open to the public.

This presentation will help people discover easy methods, along with tools and resources, to begin this important process and learn about the different ways these stories can be shared with family and friends.

Mr. Darling has many years of experience telling stories profession-

ally through theater and video production. Through his Memoir Mill personal history service, he assists individuals, families, organizations and communities in preserving their valuable histories, memories and life stories. He is also a Certified Legacy Planner and a lifetime member of the International Association of StoryKeepers.

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tinuing Care Retirement Community whose mission is to provide the highest quality of

retirement living options to support the independence, health and dignity of community

residents. Visit www.taylorcommunity.org, or call 366-1400 for more information.

Change Direction at UUSL Oct. 22

LACONIA — Change Direction, is a coalition of concerned citizens, nonprofit leaders, and leaders from the private sector who have come together to change the culture in America about mental health, mental illness and wellness.

On Sunday, Oct. 22 at 2 p.m., the Unitarian Universalist Church of Laconia will host a presentation and discussion with Charles J. Saia, executive director of the Governor's Commission on Disability, and the Honorable (Ret.) Chief Justice John T. Broderick, Jr. Justice Broderick will offer a moving and inspiring account of the Broderick family's



The Hon. John T. Broderick, Jr., retired Chief Justice of the New Hampshire Supreme Court, will participate in a program on Change Direction, to change the culture of mental health in America, on Sunday afternoon, Oct. 22, at 2 p.m. at the Unitarian Universalist Church of Laconia.

experience with mental illness.

The goal of Change Direction is to change the culture of mental health in America so that all of those in need receive the care and support they deserve. Change Direction encourages all Americans to pay attention to their emotional well-being – and it reminds us that our emotional well-being is just as important as our physical well-being.

The program, beginning at 2 p.m., is free and open to the public. Refreshments will follow the presentation. The Unitarian Universalist Church is at 172 Pleasant St. in Laconia. All are welcome.



COURTESY

WRHS hosts college fair

On Sept. 28, Winnisquam Regional High School hosted a mini-college fair for New Hampshire colleges and universities in the cafeteria open to all WRHS students. Admission representatives from Colby-Sawyer College, Lakes Region Community College, New Hampshire Technical Institute, Franklin Pierce University, Granite State College, Keene State College, New England College, New Hampshire Institute of Art, Plymouth State University, Rivier University, Saint Anselm College, Southern New Hampshire University, and University of New Hampshire were present to meet students and answer questions. By hosting these colleges, we provide an opportunity for WRHS students to explore and make connections with the in-state post-secondary options within the comfort of their own high school. Additionally, the college representatives who attend our fair are the ones that read the WRHS applications so this fair is an opportunity for students to have face-to-face conversations with the people intricately involved in making the admissions decision. Special thanks to Wendy Haggard, Samantha Ratacik and Kathy Boudreau for coordinating this event.

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Edward Jones: Financial Focus

Put Lessons From “Retirement Week” to Work

To raise public awareness about the importance of saving for retirement, Congress has designated the third week of October as National Save for Retirement Week. What lessons can you learn from this event?

First of all, save early – and save often. Too many people put off saving for retirement until they are in their late 40s – and even their 50s. If you wait until you are in this age group, you can still do quite a bit to help build the resources you will need for retirement – but it will be more challenging than if you had begun saving and investing while you were in your 20s or early 30s. For one thing, if you delay saving for retirement, you may have to put away large sums of money each year to accumulate enough to support a comfortable retirement lifestyle. Plus, to achieve the growth you need, you might have to invest more aggressively than you'd like, which means taking on more risk. And even then, there are no guarantees of getting the returns you require.

On the other hand, if you start saving and investing when you are still in the early stages of your career, you can make smaller monthly contributions to your retirement accounts. And by putting time on your side, you'll be able to take advantage of compounding – the ability to earn money on your principal and your earnings.

Here's another lesson to be taken from National Save for Retirement Week: Maximize your opportunities to invest in the tax-advantaged retirement accounts available to you, such as an IRA and a 401(k) or similar employ-

er-sponsored retirement plan. If you have a 401(k)-type plan at work, contribute as much as you can afford every year, and increase your contributions whenever your salary goes up. At a minimum, put in enough to earn your employer's matching contribution, if one is offered.

Apart from saving and investing early and contributing to your tax-advantaged retirement accounts, how else can you honor the spirit of National Save for Retirement Week? A key step you can take is to reduce the barriers to building your retirement savings. One such obstacle is debt. The larger your monthly debt payments, the less you will be able to invest each month. It's not easy, of course, to keep your debt under control, but do the best you can.

One other barrier to accumulating retirement resources is the occasional large expense resulting from a major car repair, sizable medical bills or other things of that nature. If you constantly have to dip into your long-term investments to meet these costs, you'll slow your progress toward your retirement goals. To help prevent this from happening, try to build an emergency fund big enough to cover three to six months' worth of living expenses. Since you'll need instant access to this money, you'll want to keep it in a liquid, low-risk account.

So, there you have them: some suggestions on taking the lessons of National Save for Retirement Week to heart. By following these steps, you can go a long way toward turning your retirement dreams into reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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UPDATE

CONTINUED FROM PAGE A1

left vacant ever since that time as discussions on its future have been mulled over.

The committee has also met with staff members to learn their needs and looked into problems and potentials at each site.

"There's really a wide range of options out there," Hepp said.

After completing the tours and discussions, the group put together a Belmont Town Facility Comment Sheet based on nine of the structures listed. They are asking for public input by having residents rank the facilities in importance based on a summary of their findings.

Two of those need the town to determine a long-term usage plan. One is the bank building,

which the committee found to be structurally in good condition with many options available, but limited space for storage.

The second property is the Belmont Mill, currently home to the Senior Center and Recreation Department along with a doctor's office, which is looking to relocate. They found that the fourth floor of the building is not usable until repairs are made to bring it up to safety codes. The south wall of the exterior was also found to be in need of some repairs to the brick work and the electrical and HVAC systems will also need to be updated. Otherwise, they found the mill to be in structurally "good condition." The clock is ticking on its grant restrictions that will end in 2019 however and a long-term plan for the

building will need to be established soon.

The library building is part of the National Historic Register and while the committee found it to be in average condition by the committee's judgment, they learned it is already being assessed on how to meet the ever-increasing needs of the community.

The police department also has increasing demands and the committee found that building to be inadequate for a number of reasons. The department has a growing need for more locker space for officers, office space for dispatch and administration, separate training and interview rooms, and several storage needs. There is also a need for improvements to their Intake Area that would increase the safety of all

who work or visit the building.

Town Hall ranked low in the committee findings. The building was found to be in fair to poor condition structurally. Meetings once held in the building have been moved to Corner Meeting House due to the conditions and in order to utilize the second floor again, major roof repairs will be necessary. There is also inadequate office space, room for files and office equipment, long-term storage and an issue with parking along Main Street/

Corner Meeting House itself was also found to be in fair condition.

Selectman Ruth Mooney spoke up to clarify that there is no money involved with the committee's finding at this time and no costs

on any repairs or renovations have been established.

"We first need to come up with alternatives, then decide if it's worth investing money to expand or renovate a building," she said.

And that, Hepp said, is where the residents can play an important role in letting the committee and selectmen know where priorities should fall.

"I think all 12 buildings are community assets. It's about being deliberative in what we're investing in," she said.

Copies of the comment sheet, a survey-type form where residents can rank their priorities on nine of the town facilities, are now available at the town hall and everyone is encouraged to weigh in with their thoughts, comments and sugges-

tions as well.

The town's Web site also has a link devoted to buildings and facilities where more information can be found.

In addition, the committee is inviting others to join them in their ongoing efforts to consider the future of the town's facilities. For questions and information on how to become involved, Hepp can be reached at dhepp3@gmail.com, Garfield at juniperknollfarm@gmail.com, Tut-hill at pret.keymont@gmail.com and Lorentz at clorentz@lactl.org.

"We're recruiting. We would love to have more folks in our resource group as we go through this process," said Hepp. "We don't want to work on a project that's just a plan that sits on a shelf. We want to figure out how it's all going to happen."

CHILD

CONTINUED FROM PAGE A1

cases where parents are working two jobs just to make ends meet in their household.

"This isn't about what parents don't have though. It's about the fact that they may just not have enough sometimes and that's understandable. We're just want to be here for the kids," he said.

There are no forms to fill out, no application to the program, just a simple request to the principal or nurse for help in difficult times.

Through notification to the school nurse or principal, children now go home every Friday with bags filled with snacks for the weekend. Each bag, packed with love from the Tilton Senior Center, includes ten healthy snack items for younger children and 12 for older children.

Depending on the needs, Chuck and Lisa Drew of Every Child

Is Ours said that the bags each week contain fresh fruit and vegetables, crackers and other snacks to get boys and girls through the weekend when reduced lunch and other school programs aren't available.

Every Child Is Ours is part of a national program but is currently the only branch of the organization in New Hampshire. Founded by former Moultonboro resident Jan Pascal, who once worked in education under Pres. Bill Clinton's administration, her ultimate goal was to provide healthy foods to children in the hope of seeing better test scores.

"She saw that when children weren't hungry their test scores went up," said Chuck Drew.

The Every Child Is Ours organization for the Winnisquam Regional School District was launched in September of 2014, serving just a handful of students initially, but over the years

it has increased to what Lisa Drew said is now more than 150 students in the district.

"Besides the food, we also provide children with new underwear, socks and even winter coats. To keep it all confidential, though, we bring it all to the school nurse in regular bags for her to distribute to kids in the program," she said.

She and her partners in the organization shop each year to buy a number of coats in all sizes that are then distributed to the schools.

"It's good that they all at least feel comfortable taking part in this program. The kids love it and look forward to getting their bags each week," she said.

Pope agreed, saying good nutrition is indeed a boost to the learning experience and local parents have been very grateful for the program.

"It's confidential and the parents see it as being super helpful," she said. Allen said she has noticed that families who aren't as likely to drop by a local food pantry for assistance are signing their children up for Every Child Is Ours. Many she noted, qualify for free or reduced lunch programs but turn those opportunities down as well.

would be interested in the program this year and have had a great response.

"It's confidential and the parents see it as being super helpful," she said.

Allen said she has noticed that families who aren't as likely to drop by a local food pantry for assistance are signing their children up for Every Child Is Ours. Many she noted, qualify for free or reduced lunch programs but turn those opportunities down as well.

"It's good that they all at least feel comfortable taking part in this program. The kids love it and look forward to getting their bags each week," she said.

Pope agreed, saying good nutrition is indeed a boost to the learning experience and local parents have been very grateful for the program.

"Parents here can feel comfortable about coming forward and saying they would like to be part of this for however long they need it. Anything we can offer families, we want to fulfill that need," Pope said.

The Drews, who work in conjunction with partners Doug and Sherry Guyer, said each week they contact the schools to see how many bags of snacks are needed. Keeping allergies and federal nutrition requirements in mind, Sherry and Lisa shop for the week then members of the Tilton Senior Center assemble each bag according to age. Younger children receive up to 10 snacks for the weekend and middle school kids receive 12 items that help meet their tastes and nutritional needs.

Since many of the snack items are purchased in bulk at places

like BJ's Wholesale store in Tilton, Pope said her staff will be placing a box for BJ's coupons in the school in hopes that residents will help support the cause. Donations to Every Child Is Ours are always appreciated and the Drews said many other local companies and organizations have come on board to donate funds to their group.

"We're all self-funded and while we apply for grants, we don't meet a lot of their requirements about building needs since it's all done out of our home," Chuck Drew said. "It can cost up to \$500 a week to purchase all the foods though so cash donations mean a lot to us."

To donate to Every Child Is Ours and support local children, please visit their Facebook page, where a button for PayPal donations is available.

BECKLEY

CONTINUED FROM PAGE A1

Chief Robert Cormier said this spring that other child victims have come forward to voice their own complaints against Beckley. While no additional charges have yet been filed, more could be pending as detectives continue to look

into the allegations.

Police in Tilton began their investigation into the original accusations against Beckley earlier this year when a woman reported to them that he had confided in her about the sexual assaults. She is reported as stating to police at that time that it was "not the first time that Charles said he had

sex with someone 12-14 years old."

Beckley, who was reported to live on Grange Road in Tilton, was initially held at the Belknap County Jail on \$20,000 cash bail until his court date this week and will continue to remain behind bars as the court case continues.

FESTIVAL

CONTINUED FROM PAGE A2

Moultonborough and Gilford served a special pumpkin cream cheese. Owner Craig Roeder said they found out about this competition the Friday before the event.

"I've never tried making a pumpkin bagel before," Roeder said.

Roeder said they wanted people to know this is all for a good cause and is a way for people to try local food.

"I think it's really bringing a lot of people to the area," Roeder said of the Pumpkin Festival. "I think it's a great thing for the community."

Curt's Caterers of Gilford served a pumpkin turnover with a jalapeno sauce served by members of the family company.

"I think it's great, it's such an awesome opportunity for the Lakes Region and today could not be more perfect," said Curt's Caterers Event Coordinator Julia Chesley of the festival.

Elm Street School of Laconia held a big bake sale benefitting Elm Street's participation in Gunstock's school outreach program, where students can learn to ski and snowboard. Kids and a number of volunteers helped out with the sale.

Volunteer Shannon Buttermore said she loved the Pumpkin Festival.

"I think it's a great way to fundraise for the kids and the kids, I know they loved it," Buttermore said. Numerous kids games and activities were staged on Ca-

nal Street, or Pump-CANAL-y. One of the games was the second annual kids tractor pull put on by Hiller Orthodontics.

Lisa Montminy of Hiller Orthodontics said this is a great fall activity as many fairs will have a kids' tractor pull. Kids could take part for free with the option of hauling a pumpkin on a sled. Afterward all participants got a prize.

"I think it's great just to see all the people come together," Montminy said.

She said she loves all the pumpkins.

Meredith Imbibo of Hiller Orthodontics said they wanted to include more fun activities for kids.

"We thought what better ways for kids to do something fun," Imbibo said.



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Breast Cancer Awareness 2017

Common causes of cancer that people can control

A cancer diagnosis can be shocking. After receiving such news, many people are filled with questions such as, "How did I get this disease?" That question often has no definitive answer, though physicians may be able to work with patients to determine the various factors that contributed to their cancer diagnosis.

Cancer does not discriminate. People from all walks of life are diagnosed with cancer every day. Certain contributors, such as family history of cancer, may be beyond a person's control. But



the American Cancer Society notes that people can avoid some

potential cancer contributors by making healthy choices.

to impact the number of people who smoke, but tobacco remains one of the leading causes of cancer across the globe. The ACS notes that while cigarettes,

cigars and pipe tobacco are made from dried tobacco leaves, in order to make smoking more flavorful and pleasant, tobacco companies add various substances. As the resulting products burn, the smoke they produce is made up of thousands of chemicals, at least 70 of which are carcinogens.

Some smokers may not give the smoke coming from their cigarettes

much thought, but that smoke contains chemicals such as formaldehyde, lead, arsenic, and carbon monoxide. Recognizing that the smoke from their cigarettes is sending formaldehyde into their air may lead some smokers to quit for good.

Alcohol

Alcohol consumption can raise a person's risk of getting cancer. Alcohol has been linked to cancers of the mouth, throat, esophagus, liver, and breast, among others. The ACS notes that regular, heavy alcohol use can damage the liver and cause inflammation and scarring that might increase a person's risk of developing liver cancer. Women who consume a few alcoholic beverages may be increasing their risk of developing breast cancer, which the ACS believes might be a byproduct of alcohol's affect on estrogen levels in the body.

Evidence suggests that the ethanol found in alcohol is what increases a person's risk of developing cancer. All alcohol beverages contain ethanol, so drinkers should not assume that one type of alcohol is safer than another.

Diet and sedentary lifestyle

According to the ACS, research has shown that poor diet coupled with a sedentary lifestyle can increase a person's risk of getting cancer. In fact, the World Cancer Research Fund estimates that roughly 20 percent of all cancer diagnoses in the United States are related to body fatness, physical inactivity, excessive alcohol consumption, and/or poor nutrition. Men and women who can control their weight and maintain a healthy weight throughout their lives can reduce their risk of getting cancer as well as other conditions, including heart disease and diabetes.

Anyone can be diagnosed with cancer. But men and women who make healthy choices can greatly reduce their risk of getting this deadly disease.

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During **BREAST CANCER AWARENESS MONTH** in October, the American Red Cross is encouraging the community to give blood for cancer patients and others who depend on transfusions.

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Breast Cancer Awareness 2017

3D Mammography at Women's Life Imaging Center

Radiologists like myself worried about tomosynthesis, also known as "tomo" or 3D mammography, when it first emerged as a tool to look for breast cancer several years ago. We thought it might be more uncomfortable to women, and worried that the amount of radiation used would be too high. We also wondered if tomo would be



that could be hiding in breast tissue.

A 3D mammogram does use slightly more radiation than a standard 2D mammogram. However, it's important to note that for any mammogram, the radiation used is significantly less than the amount of background radiation we are exposed to each year from the environment.

Every year over 200,000 women in the U.S. are diagnosed with breast cancer. According to 2013 CDC statistics, New Hampshire has the highest incidence of breast cancer for any state. When breast cancers are found early—before they have spread to other parts of the body—women have a much better chance of surviving. Mammograms are still the best way to screen women for early breast cancers, and I strongly believe that 3D mammography addresses many of the shortcomings of standard mammography. Because there is no better proven way to detect early breast cancers, we recommend annual mammograms beginning at age 40.

Dr. Eva Lizer is a fellowship trained breast imager on staff at Women's Life Imaging Center - a joint venture between Wentworth-Douglass and Frisbie Memorial Hospitals to provide breast imaging and bone densitometry services - located in Somersworth, NH. Women's Life Imaging Center is recognized as a Breast Imaging Center of Excellence by the American College of Radiology. Visit www.womenslifeimaging.com.

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less useful than standard mammography in identifying certain signs of breast cancer. However, four years into our experience with tomosynthesis at Women's Life Imaging Center, I can't imagine ever going back to 2D mammography again. Tomosynthesis is really that much better.

Tomosynthesis is an x-ray of the breast, just like a regular 2D mammogram. From the patient's perspective tomo is nearly identical, except that the exam will take a few seconds longer. Instead of taking one picture at a time the machine moves through a short arc and takes multiple low-dose x-rays; a computer puts these together as a 3D set of images. In a 2D mammogram, the radiologist looks at the complex architecture of breast tissue in one flat image. Overlapping normal breast tissue can

appear abnormal on a 2D mammogram, but with a 3D mammogram a radiologist can more confidently see that there is no true abnormality. This prevents "callbacks" for additional mammograms or ultrasound. In fact, multiple scientific studies have shown a significant reduction in the percentage of women asked to return for more testing - somewhere between 15 and 40%. In addition, these studies have found higher cancer detection rates with tomo. That's because a 3D mammogram provides better visibility of small cancers



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The Taylor Playreaders present "Forever Yours"

LACONIA — For a fun-filled afternoon, come experience the Taylor Playreaders as they present a one-act comedy entitled, "Forever Yours," Monday, Oct. 30 at 2 p.m. in the Taylor Community's Woodside Building. The event is free and open to the public.

Emery Glass' death at age 65. His active life included eight marriages, all of which ended with his wives divorcing him. The marriages lasted between four months to two a half years.

Three of the ex-wives attend the funeral, meeting one another for the first time. This provides the women

the rare opportunity to share and explore why each one ended their marriage. The funeral director maintains his professional attitude as Emery protests the comments others make about him. Emery's brother and sister, Howard and Ginny, present the history of his life. The siblings are caregivers to their

mother Gertrude, who is often confused and outspoken. Emery's daughter, Sally, arrives with two young children who are heard, but not seen.

Perhaps you'll be able to figure out why

the deceased's marriages failed. In any case, you'll enjoy trying.

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BENEFIT

CONTINUED FROM PAGE A7

at this level and need this match for our grants. Grants rarely cover administrative costs, so public donations and the office space provided by the County and space for

storage shed on County land help, but still fall short of our needs," said Hepp. The great response to the BCCD fund-raiser and support from local farmers, like John Moulton indicate that the community recognizes the contribution

that the County Conservation District makes to help sustain soil, water and natural resources in Belknap County. The Conservation District has been serving Belknap County for more than 70 years.

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SPORTS

THE WINNISQUAM ECHO
SalmonPress.com

Goodwin gets 500th kill as Bears remain undefeated

BY BOB MARTIN

Bob@Salmonpress.news

TILTON — It has been a strong overall season for the Winnisquam Bears volleyball team, who had a pair of wins last week, highlighted by Shannon Goodwin getting achieving a major milestone by getting her 500th career kill against Mascoma.

"I am really excited," said Goodwin. "I think it has a lot to do with how my team plays around me. This is the result of that. I think we are in a really good spot and I think if we keep working hard we can achieve our goals."

Goodwin is only a junior, which makes the 500 kills all the more impressive. Coach Mike Livernois had nothing but great things to say about his star hitter.

"It is a great accomplishment," said Livernois. "To get to do it as a junior is a great thing.



Shannon Goodwin celebrates with friends and family after getting her 500th kill.

BOB MARTIN

There is a lot of team support. Nobody gets 500 kills if the team doesn't function well. To be at this point, it is really

about the entire time. That is what you are seeing. When you see milestones like this it means everyone is doing their

job." This is the second major milestone reached this season by juniors, with the other being Ta-

lia DeBlasie's 1,000 assists. The pair of juniors have helped lead Winnisquam to an undefeated record as the team enters the final game of the season.

"Those are some big numbers," said Livernois. "It shows how strong we are playing."

It was a 3-0 win against Mascoma with scores of 25-9, 25-7 and 25-13. Goodwin achieved the 500th kill in the second set as Winnisquam was in a major run. The Bears started set two with a 19-0 run.

Goodwin had 12 kills and three digs; DeBlasie had 15 assists and three aces; Gabby Isabelle had six kills; Aubrey St. Onge had six digs, three aces and three assists; Hannah Blackburn had

eight aces and a pair of digs.

Winnisquam had a 3-0 win over Sunapee on Oct. 13 with scores of 25-17, 25-12 and 25-4. Livernois said the team got stronger as things went on. He admitted the first set was sloppier than he would have liked, but when there are scores like the final set, it is clear the team is on point.

"We only used three servers in the last game so it was pretty convincing at that point," said Livernois.

Goodwin had 15 kills and four digs; DaBlasie had 21 assists and 11 digs; Isabelle had eight kills and seven digs; Blackburn had six aces and three digs; Madisyn Skeats had four digs and a kill; and Olivia Dill had three digs and three aces.

Livernois feels good about the top ranked squad. He said the team appears focused and this is the goal the rest of the way. He said he looks forward to facing Inter-Lakes in a battle of the unbeaten, saying he hopes to come away with the one seed.

"We have to tighten up everything," said Livernois. "You can't miss serves. You can't miss hits. You can't let up. We have to keep the foot on the gas and play our best ball."

The final game against Inter-Lakes is a big matchup of undefeated Division 3 forces. It took place on Oct. 18 after deadline.

Gilford-Belmont picks up first victory

BY BOB MARTIN

Bob@Salmonpress.news

PEMBROKE — The Gilford-Belmont Golden Eagles football team won its first game of the season in Pembroke on Oct. 14, with a 26-6 to give the team a 1-5 record.

Quarterback Greg

Madore threw for 75 yards and a pair of touchdowns in the win. One was to Patrick Carr and the other to freshman Brandon Gallagher.

Leading the rushing attack was Dylan Gansert, who eclipsed 100 yards in the game. Rush-

ing touchdowns came from Brandon Cole and Blake Descoteaux.

The defense was led by Tanner Woods and Ethan Roy who had 11 tackles and nine tackles respectively.

"It feels good to see the kids finally get re-

warded for their hard work," said coach Josh Marzahl. "These kids spend a lot of time practicing and working hard, and it's a great feeling to have them see the rewards of the time and dedication they've spent this season."

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Belmont High School sophomore Will Robarge shot a 94 at Owl's Nest last week.



Senior Wyatt Paquin was one of Belmont's top golfers this past season, and last week he shot a 96 at Owl's Nest.

Paquin, Robarge represent Raiders in State Meet

BY BOB MARTIN
Bob@Salmonpress.news

CAMPTON — The Belmont Red Raiders golf team may not have made the Division 3 state championship, but two of the team's top golfers participated in the Oct. 10 event and shot respectable scores.

Belmont went 6-21 on the season, coming in 13th place and missing the championship. While the team struggled overall this season, Wyatt Paquin and Will Robarge were consistently the team's top golfers and kept them in matches. Since Belmont, Campbell, Laconia, Fall Mountain and Monadnock missed the championship, they were allowed to send two golfers to compete for a chance at a singles championship over the weekend.

Unfortunately, the duo for Belmont did score low enough to move on. At Owl's Nest last week, Robarge tied for 26th place with a 94. This was +22 on a par 72 course. Paquin tied for 34th, which was a +24.

Coach Kevin Charleston explained that Robarge had played the course before and got off to a good start. He started on hole 5 and got a par. He followed with a few bogeys and a birdie on hole 11 before hitting a rough patch.

"A 94 is a great round for him," Charleston said. "It's his sophomore season. He got a lot more consistent as time went on. Playing 18 holes was good for him and gave him the chance to work through some mistakes."

Robarge missed the cut by six strokes, but

Charleston he is proud of the work he put in.

Paquin is a senior and this was his last match of his high school career. Paquin started on the 14th hole in the event, and while he started out a bit rough, he found his composure and parred

his last four holes of the day.

"He was really happy with that ending on a high note," Charleston said. "His putting was unbelievable. It was probably some of the best putting in the tournament. He made a

20-footer on 11 for par. It was great."

Charleston spoke highly of Robarge and Paquin, but said it was a tough year for the Red Raiders in finding a third or fourth scorer. He said Robarge will have another year under his

belt come this time next year, and Charleston believes his experience could rub off on some of the younger players.

He said it is all about the other players putting the time in during the offseason, on whether the team can improve or

not. "We can't have players busting out the clubs in August and thinking they will be successful," said Charleston said.

For complete results log onto <https://www.golfgenius.com/pages/1185806>.

Belmont girls get two shutouts, boys drop pair

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Belmont girls' soccer team has everything clicking at the right time, with five straight wins including back-to-back shutout wins over White Mountains and Prospect Mountain last week. The Red Raiders were led by Julianna Estremera, who had a hat trick in each game.

The girls' team traveled to White Mountains on Oct. 11 and won 4-0. Estremera had three goals and Rebecca Fleming had one goal. Also playing well in the game was Katie Gagnon, Morgan Ruhl and Makenzie Donovan.

Belmont then hosted Prospect Mountain on Oct. 13 where the Red Raiders again came away with a 4-0 win. Estremera continued her strong play with the hat trick and Donovan had the other goal. It was a 1-0 score at half-time and Belmont never looked back.

Goalie Emma Cochrane had a great game in net and the back four of Chloe Sottak, Lizzie Fleming, Sana Syed and Katelyn Delisle. Gagnon and Donovan also played great in the middle, said Coach Mark



Griffin Embree battles for a ball against Hopkinton last week.

Dawaga. "This was a very good team," Dawalga

said. "Well coached. We lost to them earlier in the year 2-1 and it was

nice to come out and play really well. Back-to-back games playing really well. I'm very happy and proud of the kids."

He added, "It was an overall great team win."

The Red Raiders had an 8-3-3 record as of deadline. Belmont hosted Berlin after deadline on Oct. 17 and travel to Somersworth on Oct. 19 for a 6:30 p.m. game to wrap up the season.

The boys' team, on the other hand, have dropped two straight after a four-game winning streak previously. Last week hosted Hop-

kinton on Oct. 12 and lost 2-1 in the second overtime with about three minutes to play. Colby Brown scored for Belmont in the 20th minute of the game. Jake Deware had a solid game in goal with eight saves. Coach Mike Foley commended the midfielders Griffin Embree and River Mathieu for their strong play.

The Red Raiders had an 8-4-1 record as of deadline. Belmont had three games this week. The Red Raiders faced Franklin and Inter-Lakes after deadline and will host Raymond on Friday.

Bears fall to undefeated Newfound in home finale

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — The Winnisquam Bears field hockey team finished the regular season 8-4-2 and coach Cherie Snow said a 3-1 loss to Newfound and a tie with Pelham last week, she feels good about the team heading into the playoffs.

It was a tight 1-1

game, with a goal by Megan Cote, assisted by Lindsey Phelps, with 14:16 left in the first half. However, Newfound took over and never looked back to come away with a 3-1 win. Newfound scorers included Julianne Marchand, Jasmine Peterson and Kylee MacDonald.

The loss to Newfound was a rematch

of last year's quarterfinals, where Newfound knocked off the Bears.

Snow said after the loss that she would put her squad up against Newfound any day, saying she felt the two teams were evenly matched. She added that she didn't see Newfound being as tough as they seemed.

"I don't think they

have anything outstanding that we don't," Snow said. "We dominated the first half and struggled the second half. They dominated that half. We had opportunities in the second half that just didn't work out. I've got a very strong team and a very hard working team. They have a lot of heart and that is the way they will play toward the end."

Snow said the undefeated record meant nothing to her. Throughout the season she said the team hasn't paid any attention to the standings- not even taking a peak at the NHIAA web site.

"I told my team, don't look at NHIAA," said Snow. "I don't care what their records are or where they stand. It doesn't matter. What matters is who we are and what we need to do on the field."

The game against Newfound was the last home game of the regular season. She said she has a great group of seniors who have given their all this season. Seniors included Makenzie Snow, Cailey Clogston, Riley Toupin, Phelps, Emily Decormier and Kaylee Tierney.

"It is a strong group and I will definitely miss them," said Snow. "Overall I think they are really leading the team and paving the way for the underclassmen, as well."

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Riley wins Central Lakes Invitational

BY BOB MARTIN
Bob@Salmonpress.news

GILFORD — Alice Riley of Belmont High School is one of the top runners in Division 3, and while she has battled adversity through sickness and a couple tough finishes, she took the win at the Central Lakes Invitational

track meet on Oct. 13. Riley, who is the defending Division 3 runner of the year for 2016, led by a large margin with a time of 19:48. Closest behind her was Maya Weil-Cooley of Inter-Lakes with a time of 20:14. "I came in pretty confident about where I

would place but it came down to what I wanted the time to be," said Riley. "I had my fastest time of the season and my goal was to break 20 minutes. It has been an up and down season. I was sick and that was rough. It was a fun race and the weather was great to run in."

Riley and her coach Aaron Hayward are proud of the way the team has raced, with Belmont's girls taking the top spot in the meet. "I think the team did great overall, but they might be tired as a group," said Hayward. "Alice ran an outstanding race and from the



BOB MARTIN
Alice Riley took home the win at the cross country meet in Gilford on Oct. 13.

Raiders battle, but fall in pair

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT — The Belmont High School volleyball team has had its ups and downs this fall, and while the Red Raiders dropped two games last week, the team put up a valiant effort against Newfound one of the top teams in Division 3.

Newfound won 25-19 in the first game and then 25-17 in the second game, but Belmont got out to a 7-0 lead in game three. Newfound crawled its way back into the game and tied things up 19-19, but Belmont had the next six points to take the 25-19 win.

Belmont led 6-2 in the fourth game and won a back and forth battle. Belmont led 16-12 but Newfound came back

and had the score at 21-20. Belmont hung in there and won 25-22 to force the deciding fifth game.

Newfound never trailed in the final game. It was tied 3-3 but that was the closest Belmont would get to the Bears. Newfound went up 11-4, and despite Belmont battling to make it 11-9, Newfound came away with the 15-10 win.

Belmont traveled to Prospect Mountain on Oct. 13 and lost 0-3. The Red Raiders had a 5-8 record at deadline. The team faced Trinity away on Oct. 16 and Prospect Mountain at home on Oct. 18, with games taking place after deadline. The Red Raiders host Franklin for the final game of the regular season on Oct. 19.



JOSHUA SPAULDING
Keegan Berry, 12, and Chantelle Martin, 3, go up for a block against Newfound.

Soccer Bears grab second victory of season

BY BOB MARTIN
Bob@Salmonpress.news

TILTON — When a team has a 2-11-1 record it is tough to find areas where there has been success, but the Winnisquam Bears soccer team has two shutout wins this season with both coming against Franklin.

Last week the Bears beat Franklin 6-0 and were led by a hat trick by Hunter Hinxman. Hinxman also had an assist on the day. Other key contributors included Trent Kennett with a goal, Eddie Gallien with a goal, Sam Wood with a goal and Quy Phan with a pair of assists.

"We attacked well and got on the board early in the first half to jump out to a 4-0 half

time lead," said coach Nick D'Agostino. "Defensively we played well with Eddie Gallien and Kyle Cloutier combining for the shut-out."

On Oct. 12, the Bears lost 3-1 to Mascenic. The goal came in the first two minutes of the game by Calvin Dodge, with Hinxman on the assist. Mascenic answered with three goals in the first half and never looked back

for the win. Winnisquam traveled to Gilford on Oct. 18 after deadline. The

Bears host Fall Mountain on Oct. 20 for the final game of the season.

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 Or apply on-line at www.casella.com

SCHOOL ADMINISTRATIVE UNIT #18
FRANKLIN SCHOOL DISTRICT
Substitute Custodians

Franklin School District is currently seeking substitute custodians. Please send a letter of intent, resume, application & 3 letters of reference to:

Superintendent of Schools
 Franklin School District
 119 Central Street, Franklin, NH 03235

Administrative Finance Manager

Administrative Finance Manager needed to work for a dynamic hospital/private practice partnership. Choice Physical Therapy and Speare Memorial Hospital provide a state-of-the-art outpatient rehabilitation facility in the heart of NH.

Responsibility is to support the finance, facility and administration of the organization which includes, but is not limited to, the following:

- Oversight of front office/reception operations including patient registration, insurance verification, scheduling, reminder calls, copay collection and daily balancing,
- Oversight of Medical Fitness Program staff and memberships,
- Management of staff work hours including vacations, overtime, etc.
- Purchasing supplies, equipment, etc. according to budget,
- Review of all invoices and bills for accuracy, and post for payment,
- Assist in the preparation of annual operating and capital budgets,
- Perform credentialing and re-credentialing for all providers,
- Interface with all departments, external vendors and customers.

Qualifications:

- Associates Degree or Bachelors Preferred in business management or accounting
- 6-12 months experience in a medical office setting,
- 6 months supervisory experience preferred
- Certifications in supervisory skills, leadership, or Microsoft programs
- Microsoft Office capability with emphasis on Excel.
- Working knowledge of Cerner Medical Record system preferred.
- Supervisory and leadership skill sets preferred.

We offer excellent compensation, benefits, vacation, and Simple IRA. Send Resume to kwoodmansee@ohscompanies.com.





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Misc. For Sale

For Sale:
5' Oak hard top desk - best offer.
Hutch top, dark pine, 2 pieces - best offer.
Old dry sink with pump (copper) - best offer.
Call Charles 603-253-6434

Hand Carved, Fully Jointed Doll.
Fundraiser for Doll Club, 15" replica of 1796 doll, wardrobe, and accessories.
Signed Fred Laughon.
Minimum bid \$225.00 by December 1.
Bidding envelope loissmed@yahoo.com.

OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18". May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$8.
Call 603-788-4939 or email liz@salmonpress.news

Bulletin Board

DO YOU KNIT/CROCHET?
Retired principal looking for support in knitting/crocheting hats/mittens for school with a high poverty rate.
Please contact me using nhknitters@gmail.com Thanks!

Barn/Garage/Yard Sale

Wolfeboro: Hospital & Community Aid
Fall Fundraiser Barn Sale.
Friday-Saturday, Oct. 20-21, 10a.m.-2p.m., 65 Pine Hill Road.
Art, antiques, camping, books, furniture, lamps, sports, toys, christmas, electronics, and household items.

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MY NAME IS BUDDY
I am a 5 year old, 16 LB. buff colored male cat. I live on Pinnacle Park Road PLEASE CALL MY FAMILY at 279-7000.
Reward if found.

Thank-You

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Call Our main Call Center
1-877-766-6891
Mon-Fri 8:00-4:00
or place online 24/7 at newhampshirelakesandmountains.com
Deadline:
Monday 10:30 am

Fuel/Wood
Firewood for sale: \$200 per cord, green, grapple loads also available.
Pelletier and Son Logging and Firewood 603-569-4543.

Pets/Breeders

LOW COST SPAY/NEUTER
Mobile Feline Fix It Wagon, Cats \$70-\$85. Dogs at Conway clinic, starting at \$100. NH and Maine income qualified plans. Military discounts. Rozzie May Animal Alliance, a dedicated spay/neuter nonprofit. Sign up on line www.RozzieMay.org or call 603-447-1373

General Help Wanted

Black Diamond Barge Co. is seeking a barge operated. Must be experienced in running heavy equipment. Commercial boat license a plus but not a must. Must have knowledge of Lake Winnepesaukee. Pay commensurate with your experience.
If interested call Jim at 603-455-5700

Facility Assistance Needed:
Looking for someone who can help our Facility Staff at Camp Brookwoods, located in Alton, with cleaning, custodial, landscaping and other camp type projects that pop up. This position is NOT seasonal and goes through the winter. Looking for someone who can work 30-40 hours a week.
Give Bob a call at 603-875-3600.

HAIR STYLISTS
Just Teazin Hair Studio is now looking for booth renters. We are excited to work with creative, enthusiastic, and passionate cosmetologist to join our busy salon. We offer competitive rates, continued education, lots of parking, friendly atmosphere, phone and internet service and more!
Call today 603 569-4766

Knower Academics is hiring part and full time instructors. If you have in-depth knowledge of your subject area, strong organizational skills, or passion for teaching, please email a resume and cover letter to info@knoweracademics.com.

Part-Time Help Wanted

HEAD HOUSEKEEPER/HOUSEKEEPER-
Do you take pride in your cleaning ability? Never cleaned before? We will train the right person. An individual with an outgoing can do attitude to lead a team of housekeepers. Tuesday, Thursday and Friday daytime hours. Also, another part-time and per diem position available. This is a great opportunity to be part of a team. Position has great starting pay plus tips, paid lunch time, and vacation pay. Immediate openings. Please apply in person. Inns of Waterville Valley 46 Packard's Road, Waterville Valley, NH or frontdesk@innsowatervillevalley.com

Professional/Technical

Busy, certified shop looking to add motivated Collision Technician to the team. Successful applicants will be able to complete quality repairs on all vehicles using the newest up to date equipment.
Flat rate pay based on experience. call 603-788-4568; email nccollision@outlook.com, or stop by our 213 Elm St. Lancaster, NH location for more info

Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal "to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination." (The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200.
The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

Apartments For Rent

MEREDITH: PINWOOD KNOLL.
Very quiet, private, 2 BR, over 55. No smoking/no pets. Heat, hot water included. One car Garage. \$1100/mo. One year lease.
Call David at 253-6247 or 781-665-8400.

Rental Sharing

LACONIA: 1 ROOMMATE WANTED.
Clean, quiet, sober environment. Will go Fast!
\$140-\$150/week. Call 603-455-2014

Houses for Sale

Camp for sale on leased land
Need to be moved or take down and build your own camp
14 x 24 open woods camp
New metal roof, 1x10 exterior boards, knotty pine interior, 1x12 floor
Includes stove, gas lights, furniture
Old Cherry Mountain road, Carrol NH
Best offer 603-289-2868

Mobile/Modular Homes

LANCASTER-1993 Amber Ridge Mobile Home-2 bdrm. Included-Fridge, stove, washer/dryer & 10x10 shed with electric. \$18,000. SMOKE & PET FREE
Call 603-788-3171 before 9 pm.

Vehicles/Wanted

Paying \$100.00 Cash for unwanted automobiles dead or alive, Same day ramp truck pick up in most cases call or text @ (603)343-8793

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Classifieds!



Never let your gun get in the wrong hands.

Photo: Grant Delin

Your family, friends and neighbors are all counting on you. If you own a firearm and are not using it, please be responsible and be sure that it's stored in a safe place. Visit ncpc.org to determine the best firearms safety solution for you.



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Apply at 46 Packard's Rd, Waterville Valley, NH
 or manager@innsofwatervillevalley.com

TOWN OF DORCHESTER

Is seeking a full-time
HIGHWAY MAINTAINER.
 Pay Rate: \$15.50 per hour with full benefits.

REQUIREMENTS:
 Must have and/or be able to obtain a CDL, background check and drug screening.

JOB ENTAILS, BUT NOT LIMITED TO:
 Plowing, sanding, road maintenance, etc. as directed by road agent. Must be a self starter, ability to communicate well, ability to do basic repairs on equipment, previous experience w/ heavy equipment, follows directives well, and mechanically inclined.

To apply, contact the Town Admin
 at (603) 786-5095 or email
townofdorchester@gmail.com

**Advertisement for
 After School Program Counselor**

Moultonborough Recreation Department is currently seeking a dynamic, positive individual to work as a counselor in the After School Program. Candidates must be available Monday through Thursday from 2:45 -4:45. Occasional extra hours may be available for special events. Candidates must be at least 16 years of age and prior experience working with youth is a plus. Applications may be sent to the Recreation Dept. at PO Box 411 Moultonborough, NH 03254. Applications are available at the Moultonborough Recreation Dept. or on the website - www.moultonboroughnh.gov The position will remain open until filled.

**TOWN OF MOULTONBOROUGH
 EQUIPMENT OPERATOR**

Performs maintenance of roadways, culverts, catch basins, various labor tasks as assigned, snowplowing operations, and the like. Knowledgeable in operation of backhoe, loader, dump truck, various maintenance equipment, and maintenance of roadways and site features are required. Must possess NH CDL B driver's license, High School diploma or GED, and ability to work well with minimum supervision. Must be available to work nights, holidays and weekends when needed.

Submit application letter, resume, copy of current driver's license and medical card, and standard Town application form, available at www.moultonboroughnh.gov (Paid, Volunteer & Contract Opportunities) or from Town Hall, to Walter Johnson, Town Administrator, 6 Holland Street, PO Box 139, Moultonborough, NH 03254. Position(s) open until filled with review to begin on October 16, 2017. Wage Range: \$18.80-\$24.52. Excellent Benefits. EEO Employer.

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 181 Corliss Lane, Colebrook, NH 03576
 Phone: (603)388-4236
ucvh-hr@ucvh.org
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Energysavers Inc. is expanding its sales team and looking for its next "Dedicated Sales Advisor". We are a highly recommended 40+ yr old Lakes Region retailer of well known hearth & spa products. You can earn while you learn! No prior experience required. All Energysavers employees are expected to participate in all aspects of the business. Must have a valid driver's license & be able to lift/carry an 80lb min. Hourly pay plus commission. Stop in to fill out an application:

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WM
WHITE MOUNTAIN OIL & PROPANE

Office Administrator

White Mountain Oil & Propane is currently seeking an **Office Administrator** for our Lincoln, NH office.

Duties include: answering customer telephone calls, general customer service, payment processing, daily mail pick-up and general data entry tasks.

This is a year round full time permanent position. We offer a full benefits package including paid vacation, holidays, health & dental insurance, 401 (K), and profit sharing.

Minimum requirements:
High School Diploma, valid driver's license, and proficient use of PC, Microsoft Word and Excel

Interested experienced applicants can fill out an application in our 264 Main Street, Lincoln showroom or should email or mail a resume to:

Attn: Lincoln Office
 PO Box 690, North Conway, NH 03860
 Fax: (603) 356-7181
jobs@whitemountainoil.com
 No phone calls please

White Mountain Oil & Propane is an equal opportunity employer

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**GOOD PAY
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King Forest Industries, located in Wentworth, NH, is currently accepting applications and resumes for full and part time work as lumber handlers, equipment operators and experienced maintenance personnel. Individuals must be hardworking, able to take and follow directions, dependable and able to do hard work for good pay. You must be able to lift at least 50 lbs.

As a full-time employee, you will qualify for health insurance/dental/401K retirement plan/paid vacation/paid holidays and production bonuses.

If you wish to apply, stop in to our Wentworth office for an application or drop off a resume and a completed employment application, which can be downloaded from our website and dropped off in person Monday thru Thursday 7am-4:30pm and Friday until 4pm. No phone calls please.

King Forest is an equal-opportunity employer.

53 East Side Road • Wentworth, NH • www.kingforest.com

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Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

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American Red Cross

**DON'T
 TEXT
 AND
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It's not easy being a parent, but there's something simple you can do. Spend two minutes twice a day brushing your baby's teeth. It could help save them from a lifetime of tooth pain. Make it fun, text MOUTH to 9779 to join the 2MIN2X Challenge.

**2MIN
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The Corner House Inn
 Center Sandwich, NH
 284-6219
 info@cornerhouseinn.com

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**REQUEST FOR QUOTES
 SNOW REMOVAL**

Shaker Regional School District is soliciting quotes for snow removal at its three campuses in Belmont, NH. Bid specifications can be found on the district website, www.sau80.org, or by contacting Steve Dalzell, Director of Building & Grounds, at 603-267-9223 ext. 5309. Quotes are due by noon on Oct. 20, 2017.

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Ashland Lumber
 Division of BELLETETES, INC.

Kitchen & Bath Design Specialist

We are looking for an experienced Kitchen and Bath Designer with initiative and enthusiasm for a rewarding career. This position requires someone with excellent customer service skills in a service friendly work environment with attention to detail and the ability to multi-task. The successful candidate will be responsible for field measuring, 2020 design, scheduling of installations and invoicing. Work schedule includes Saturday hours.

If you have the skills required for this position and are willing to work in a team-oriented environment, please send your resume and references to:

EOE

Human Resources, c/o Belletetes Inc.
 51 Peterborough Street, Jaffrey, NH 03452
 or you may email to dbelletete@belletetes.com

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Newfound Area School District is looking for a candidate to fill a vacancy on the School Board. Eligible candidates must reside in the town of Bristol, be at least 18 years old, and must be a registered voter. The term of the seat runs from appointment by the School Board until March 2018.

Interested parties should submit a letter of interest by Friday November 3, 2017 to:
 Jeff Levesque, School Board Chair
 C/O SAU #4
 20 North Main Street
 Bristol, NH 03222

TOWN OF ALEXANDRIA

HELP WANTED

The Town of Alexandria is accepting applications for the position of **Highway Department Maintenance Worker.**

This position performs work involving operating plow trucks, dump trucks, loaders, backhoes, and other moderately complex equipment for the construction, repairing, cleaning and maintenance of Town roads. Also responsible for manual labor tasks incidental to the operation of assigned equipment, such as loading and unloading materials. This position involves plowing snow in the winter and overtime is a requirement. Valid New Hampshire Class (B) Commercial Driver's License required or ability to obtain class B CDL within 6 months of date of hire. This is a full-time, year round position. The Town of Alexandria offers health insurance, dental insurance and more. Must pass all background checks including criminal and motor vehicle and drug and alcohol testing.

Applications accepted until position is filled and are available in the Selectmen's Office, 47 Washburn Road, Alexandria, NH. For more information contact the Selectmen's Office at 603-744-3220.

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Think underage drinking doesn't affect a teen's brain? Think again.

IT'S A FACT. New research shows alcohol affects a teenager's developing brain differently than an adult's. Memory, learning and impulse control can be impaired seriously. The risk of addiction goes up dramatically. So talk to your kids about the dangers of alcohol and set clear rules about no alcohol use.

How to talk with your kids:
timetotalk.org




PARTNERSHIP FOR
drugfreeNH.org
 1-800-804-0909

NFI North, Inc.
Inspiring and empowering people to reach their full potential

NFI North Array of Services, Davenport School an all girls' Residential Treatment Facility located in Jefferson NH has the following positions:

Social Worker: Master's Degree in social work, psychology or related field and be licensed as well as have experience working with youth and families. NH license preferred. Provides in home and agency based services to youth and families involved in ISO In-home, ISO foster care and home based therapeutic services. Position requires flexible schedule and some weekends/evenings to conduct individual and family therapy. Salary \$40K - \$50K.

Nurse: Responsible for performing nursing assessments, scheduling & transporting to medical appointments, dispensing meds, and ensuring all health needs of consumers are addressed in a team oriented collaborative approach. Flexible schedule with 4 day work week. Ideal candidate is an enthusiastic, team oriented individual with pediatric or adolescent nursing experience.

Special Education Teacher: Bachelor's degree in Education, have a NH teaching certificate and will have experience with children with various mental health and special education needs.

We offer an excellent benefit package for full time employees with health and dental, paid vacation, sick and holidays, tuition reimbursement, excellent training, career growth and supportive work environment. NFI North is a proud partner with Southern New Hampshire University (SNHU) College for America, an accredited, nonprofit college. We offer employees and their family members' bachelor and associate programs completely online at your own pace for \$3,000 a year or less.

Please send resume and cover letter to: Program Director, PO Box 209, Jefferson, NH 03583 or email nfinorthhr@nafi.com

Visit www.nfinorth.com EOE/AA

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