

# Gilford Steamer

THURSDAY, JANUARY 17, 2019

GILFORD, N.H. - FREE

## Local McDonald's to hold arthritis fundraiser, educator celebration on Jan. 21

BY ERIN PLUMMER  
mnews@salmonpress.news

LACONIA — McDonald's will be doing a fundraiser for the Arthritis Foundation to help a Gilford girl's efforts as well as honoring local recipients of the EDies.

McDonald's in Laconia will be doing a fundraiser on Monday, Jan. 21 from 5-7 p.m., during which 20 percent of all proceeds will be donated to the Arthritis Foundation. The fundraiser will be done in to help Emily Jacques raise money for the Arthritis Foundation.

Emily was diagnosed with Juvenile Arthritis at three-years-old. Her grandmother Gaye Jacques said the family noticed something was wrong when she was around two-and-a-half.

Emily had to go for treatment in Boston once a week including



COURTESY

Emily Jacques of Gilford with McDonald's District manager Larry Johnston in front of the sign letting people know of the fundraiser for the Arthritis Foundation taking place on Jan. 21 in Laconia.

years-old, and a competitive dancer.

"She really pushes herself," Gaye said.

Her arthritis was in remission for a few years, though she relapsed. She is now receiving physical therapy and is back on NSAID medication. Gaye said Emily is still doing really well.

Emily has spearheaded efforts to raise money for the Arthritis Foundation in the school and has talked to the different classes about Juvenile Arthritis.

Gaye herself worked as nurse in the New Hampshire Veterans Home for 17 years until retiring five years ago. She said she saw the devastating effects that arthritis had on so many veterans in her care. Because of what she saw at her work and the struggles of her granddaughter she raises awareness and money for the Arthritis Foundation.

"This money will SEE FUNDRAISER PAGE A8

cortisone shots and methotrexate. Her treatment as limited because her medication caused significant nausea.

Emily is now nine-

## Budget Committee splits on recommending funding requests from service agencies

BY ERIN PLUMMER  
mnews@salmonpress.news

Tied votes resulted in the Budget Committee not recommending articles that would provide funding to two regional service agencies.

Article 21, which asked for \$21,000 toward Lakes Region Mental Health Center and Article 22 of \$2,630

for New Beginnings Without Violence & Abuse will reflect they were not recommended by the Budget Committee in a vote of five for and five against with one member abstaining during Thursday's budget hearing.

Ann Nichols, Director of Development and Public Relations for Lakes Region

Mental Health Center (LRMHC) and also a Gilford resident, talked to the committee about the request from LRMHC.

The organization is asking the town for \$21,000 to provide emergency mental health services for town residents. LRMHC serves 24 towns in Belknap and southern

Grafton Counties and the organization is asking each of these communities for money for emergency psychiatric services.

Last year LRMHC served 232 Gilford residents, 74 of those receiving emergency services. Nichols said this is a significant increase from past years. The organization delivered \$44,000 in uncompensated care to Gilford residents due to the patients not having insurance or the financial means to pay for their care and don't qualify for Medicaid and other state

SEE REQUESTS PAGE A8

## Petitioned article proposes to change voting to May

BY ERIN PLUMMER  
mnews@salmonpress.news

Voters at this year's annual town and school district meetings will be deciding on petitioned articles to change the date of town meeting voting from the second Tuesday in March to the second Tuesday in May.

Public hearings have been scheduled by both the board of selectmen and the school board on these articles. During Thursday night's budget hearing

a few town and school representatives spoke on these articles from official and unofficial perspectives.

Budget Committee member Chris McDonough spoke as a member of the public against the article.

With the budget being voted on in March, McDonough said that would give the school district three months to spend the money before the end of the financial year on June 30. If the SEE VOTING PAGE A8

## Budget Committee concurs with town, school boards on proposed operating budget numbers

BY ERIN PLUMMER  
mnews@salmonpress.news

The Budget Committee largely agreed with the presented budgets by the board of selectmen and the school district and the proposed amounts will be on the ballot going forward to the deliberative session and voting.

A public hearing took place on Thursday night at the Gilford High School auditorium on the budgets for the town, school district, and Gunstock Acres Village Water District.

Budget Committee Chair Sean Murphy said they first started meeting with the town and school boards in November and then broke up onto different subcommittees to

review the various departments.

These budgets were brought back to the Budget Committee to discuss what was appropriate for each of them.

The town departments had requested a budget of \$14,315,751, the board of selectmen recommended a budget of \$13,657,901 and the Budget Committee agreed on this number. This year's budget reflects an increase of \$545,794 from last year.

If the town's budget article doesn't pass, the default budget will be \$12,903,658, a decrease of \$208,449 from 2018.

The warrant includes an article for \$400,000 to complete the improvements to the Recycling Center

and construction of a transfer station, an article that was unanimously recommended by the selectmen but not recommended by the Budget Committee in a vote of eight against and four in favor. Other articles include \$125,000 for upgrades to the police department's radio system, \$85,000 for a forestry firefighting vehicle, \$80,250 for floor improvements to the fire station,

The school district's proposed budget for 2019 is \$26,231,636, an increase of \$164,633 from last year. The Budget Committee approved the same amount that was proposed by the school board.

SEE BUDGET PAGE A8



COURTESY

## Laconia-Gilford Lions present President's Award

The Laconia-Gilford Lions Club recognized special achievement among its membership ranks during a recent fundraising event. Here, Club President Matt Soza presents Lion Jamie Caldwell (R) with the President's Award. "This Award is selected personally by the Club President and given annually to a member who consistently displays outstanding service" explained Immediate Past President Allyn Bridge (who chose the recipient). "Jamie has been of great assistance during our Electronic Recycling events, bell ringing for the Salvation Army, and also when we operated our food concession stand at the Loudon race track. In addition, he has been the Chairman of our annual Christmas holiday food baskets program for numerous years. All of his Lions activities are just one aspect of his volunteer efforts on behalf of many worthwhile causes and organizations. We are fortunate to have him as a fellow Lion." The Laconia-Gilford Lions typically meet on the first and the third Thursday of each month at the Community Meeting Room of the Laconia Police Department at 7:15 p.m. For more information about the Lions and their service to the community, call 528-2663 or check out their Facebook page.



Notes from the Gilford Public Library

BY MARK THOMAS  
Library Correspondent

Everybody loves an infographic. Global English Editing put together a huge infographic called ‘World Reading Habits in 2018’ and it is fascinating. Check it out for yourself at geediting.com/world-reading-habits-2018. The bottom of the graphic describes the sources used, which are wide-ranging. The information may not be perfectly reliable, but if we assume a moderate margin of error we should be able to glean some fun facts.

Did you know that the populations in South/Southeast Asia read the most hours per week worldwide? India, Thailand, China, and the Philippines take the top four countries, with people from India reading an average of 10 hours and 42 minutes every week. USA comes in 22nd with five hours and 42 minutes, which is really pretty good. It’s not surprising to learn that 74 percent of Americans have read a book in the past 12 months. Sixty-seven percent read a print book, 18 percent listened to an audiobook, and the numbers show that people with higher

education levels were more likely to have read a book in the past year than people with lower education levels.

Estonia, Finland, and Poland lead Europe for most time read. Estonia also has the most books per household on average with 218. That’s twice as much as households in the US! “Becoming” by Michelle Obama was the most popular book in 2018 in six European nations. Mobile reading is growing in popularity in Africa, and almost twice as many mobile readers are male than female. Nonetheless, Woman read almost twice as much on average than men in Africa.

The continent of Australia is a goldmine for curiosities. Seven out of eight of the most borrowed books from Australian libraries are from the Harry Potter franchise. Wow. Harry Potter is popular here, but there isn’t one among our top eight circulated books. Thirty percent of New Zealanders have read poetry in the last year. If it’s that popular I’ll have to try some New Zealand poetry out...

Get this: 58 percent of readers use a desktop or laptop computer to

read ebooks, which is more than those who use e-reader devices! Reading ebooks on a computer is a thing apparently. Among teenagers, girls read more fiction books than boys, boys read more comics than girls, and teenagers who read fiction have higher reading skills than those who don’t or rarely do. Magazine readership is rapidly declining (no surprise), but media consumption overall gradually rises.

Overall, it seems that reading continues to be a major part of people’s lives all over the world. Reading habits are diverse demonstrating interest in reading physical books, ebooks on a variety of platforms, audiobooks, and all sorts of genres. There was a lot more information I did not mention, so check it out for yourself if you get a chance. Here’s one last fun fact: ‘Bibliosmia’ means ‘loving the smell of old books.’

Classes & Special Events  
Jan. 17 – Jan. 24

Thursday, Jan. 17  
Geri Fit, 9-10 a.m.

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following exercises from a video, all while seated in a chair.

Majority of the exercises will be performed seated in a chair. Sign up at the front desk. Please bring your own two-or-three-pound dumbbell, a stretch band, and water to drink during the workout.

Music & Movement, 10:30-11:30 a.m.  
Come enjoy music and

movement through, singing, dancing, and playing with instruments. \*Sign-up required Ages five and under

Lunchtime Book Discussion, 12:30-1:30 p.m.

This month’s book is Born a Crime by Trevor Noah, described as “...electrifying memoir [that] sparkles with funny stories.” Copies are available at the front desk, and the discussion will be led by Kayleigh Mahan.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Evening Book Discussion, 6-7 p.m.

See ‘Lunchtime Book Discussion’ above.

Friday, Jan. 18  
Social Bridge, 10:30 a.m.–12:30 p.m.

Preschool Storytime, 10:30-11:30 a.m.

Come read, sing, dance, and make a craft. Ages two and a half to five \*Sign-up required

Knit Wits, 1:30–2:30 p.m.

Conversational German, 2:30-3:30 p.m.

Monday, Jan. 21  
Closed for Martin Luther King Jr. Day

Tuesday, Jan. 22  
Geri Fit, 9-10 a.m.

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following exercises from a video, all while seated

in a chair.

Majority of the exercises will be performed seated in a chair. Sign up at the front desk. Please bring your own two-or-three-pound dumbbell, a stretch band, and water to drink during the workout.

Hook Nook, 10-11 a.m.

Join Zeb Fontaine to learn, practice, and perfect your crocheting skills. Bring your own crochet hooks and yarn or the library can provide some.

Social Bridge, 10:30 a.m.-12:30 p.m.

Preschool Storytime, 10:30-11:30 a.m.

Come read, sing, dance, and make a craft. Ages two and a half to five. \*Sign-up required

Crafternoon @ the Library, 2:30-4:30 p.m.

Join Kayleigh to make a craft at the library! You can make one of our provided crafts, or bring your own crafts to work on. This month’s craft is Bookpage Magnets!

Spanish Camp, 3:30-4:30 p.m.

Hola amigos! Spanish camp will provide a basic introduction to the Spanish language and culture. This will be accomplished through activities, stories, songs, projects, and games. Grades 1-4. Sign-up required.

Book Bites: Super Bowl Eats, 5-6:30 p.m.

Join us for Book Bites Cookbook Club. This month’s theme is Super-bowl Eats!

Nightly Knitting, 6-8 p.m.

Wednesday, Jan. 23

Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Shelving Party, 11:30 a.m.-1 p.m.

Interested in learning more about shelving? Or maybe you’ve seen the changes we’ve made in the library shelves and you want to know more? Veteran volunteers and newbies alike can join Kayleigh and Sue to learn more about shelving. Sign up at the library, a light lunch will be served.

Thursday, Jan. 24

Geri Fit, 9-10 a.m.

Join us for a video-led fitness class for adults over 65. Twice a week, work on your strength, stamina, and balance, following exercises from a video, all while seated in a chair.

Majority of the exercises will be performed seated in a chair. Sign up at the front desk. Please bring your own two-or-three-pound dumbbell, a stretch band, and water to drink during the workout.

Music & Movement, 10:30-11:30 a.m.

Come enjoy music and movement through, singing, dancing, and playing with instruments. \*Sign-up required Ages five and under

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

Gilford Public Library  
Top Ten Requests

1. “Becoming” by Michelle Obama
2. “The House Next Door” by James Patterson
3. “Every Breath” by Nicholas Sparks
4. “Of Blood and Bone” by Nora Roberts
5. “Kingdom of the Blind” by Louise Penny
6. “A Spark of Light” by Jodi Picoult
7. “The Library Book” by Susan Orlean
8. “Whiskey When We’re Dry” by John Larison
9. “Educated” by Tara Westover
10. “Dark Sacred Night” by Michael Connelly

GILFORD POLICE LOG

The Gilford Police Department responded to 194 calls for service and made the following arrests during the week of Jan. 7-13. Please note that the names of juveniles, and those of individu-

als taken into protective custody but not formally charged with a crime, have been withheld from publication.

Jordan Michelle Kross, age 19, of Wilton; Kevin J. Fredette,

age 19, of Amherst; Cole A. Rogers, age 19, of Amherst; and Aleah Maria Bouley, age 19, of Wilton were arrested on Jan. 7 for Criminal Trespassing. Rogers was also charged with Unlawful Possession of Alcohol.

Jordan Dunne, age 22, of Warner was arrested on Jan. 7 for Theft By Deception in an amount totaling less than \$1,000.

William P. Thibault, age 66, of Belmont was arrested on Jan. 11 for Driving While Intoxicated.

Ashley S. Oliveira, age 28, of Laconia was arrested on Jan. 12 for Driving While Intoxicated and a separate charge of Aggravated Driving While Intoxicated.

Elizabeth Kunkel, age 35, of La Plata, Md. was arrested on Jan. 13 for Driving While Intoxicated.

Happy 2019!  
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# Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

## Adult Snowshoeing program continues on Tuesday mornings

The Gilford Parks and Recreation Department will once again be sponsoring a number of snowshoe hikes for any adults looking for fresh air, fun and exercise on Tuesday mornings this winter. Participants will meet in the Gilford Town Hall at 9:30 a.m. prior to each hike. The next hike is scheduled for Tuesday, Jan. 22 at Ramblin' Vewe Farm in Gilford. If you are in need of snowshoes, we do have a limited supply available for each hike at a nominal fee. They may be reserved one hike in advance on a first come basis by calling the Parks and Rec office. All interested participants must RSVP at least one day prior to each hike. The cost of snowshoe rentals are \$3 per hike.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

## Senior Moment-um Programs

### Winter Potluck on Jan. 28

The Gilford Parks and Recreation Department will be sponsoring a Senior Moment-um program on Monday, Jan. 28. We

will meet at the Community Church, Fellowship Hall at noon for a friendly potluck lunch. Participants are asked to bring a favorite appetizer, salad, main dish or dessert to share with the group. If you have a recipe for you dish you'd like to bring to share with others; that would be great. Coffee, tea and water will be provided. Participants can let us know what they plan to bring when they RSVP, which we ask that they do by Thursday, Jan. 24.

### Dinner and Theater "Anything Goes Jr." Night on Jan. 30

Gilford Parks and Recreation in conjunction with the Gilford Middle School Performing Arts is sponsoring a Dinner and Theatre evening for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, Jan. 30. Participants will meet in the Gilford High School Lobby at 5 p.m. to enjoy dinner. Following the dinner we will head into the Auditorium to watch the Middle School's performance of "Anything Goes Jr." There is no fee for this program, but space is limited and reservations will be accepted on a first come basis. Participants must RSVP no later than noon on Friday, Jan. 25.

For more information or to RSVP, please call the Parks and Recreation Office at 527-4722.

### Senior Strides weekly walking program on Wednesday mornings

# Fostering business connections

## New Patrick's Connect event a win for entrepreneurs

GILFORD—As the owner of SnapRoot Creative Digital Marketing, Corina Locke is no stranger to networking events. Until her business was featured in the new Patrick's Connect event at Patrick's Pub & Eatery, though, she said she'd never experienced one that felt like a good fit.

Locke said the clients she personally invited to the debut Connect event in September 2018 enjoyed the time. Her staff felt acknowledged and appreciated, and SnapRoot got great online and media exposure from the promotions that were offered by Patrick's as part of the arrangement.

Held most Thursdays from 5 to 7 p.m. at Patrick's, Connect allows business owners to invite their staff and colleagues and also get in front of Patrick's customers—in the restaurant and online.

The Gilford Parks and Recreation Department and Gilford Youth Center are co-sponsoring a weekly walking program for senior adults on Wednesday mornings from 9:45-10:45 a.m. at

the Gilford Youth Center. Participants can track their progress or just walk for fun and socialize with friends. There will be plenty of chairs available to take a break as you wish and coffee, tea

and water will be provided. A \$1 donation is suggested.

For more information, please contact the Parks and Recreation Department at 527-4722.

"The possibilities are endless," said Patrick's co-owner Allan Beetle, noting that one business owner set up a "pop-up" display at her networking event to showcase her products and services. "Others, like Corina, take the time to walk around and mingle with the patrons and make new acquaintances."

Locke's Moultonborough business offers digital marketing services to small businesses, and she said networking in a pub environment allowed her to feel more casual.

"It felt like a really relaxed networking and socializing event that didn't involve the pressure of bringing your business cards and talking about your business constantly," she said. "You meet potential clients and your neighbors, who are other business owners."

A believer in net-

working himself, Beetle imagined Patrick's Connect, believing the arrangement would benefit local businesses by allowing business owners and their employees to connect with the community, putting faces to the logos residents see around town.

"We wanted to create a new opportunity for business owners to raise their brand awareness and meet new people in the Lakes Region," Beetle said.

Locke said the opportunity is indeed a great one for area entrepreneurs.

"I had some really cool conversations with customers, just getting to know the people who live in the area," she said. "The reward of making good connections was priceless."

Businesses who take part in Connect receive many networking boosts, including 25 coupons for a com-

plimentary beverage, which can be handed to clients and prospects in advance as an invitation to attend.

Patrick's also then features that week's business owner on its social media platforms—Facebook, Instagram, etc.—and does the work of sending a press release to the media to bring additional exposure.

"We've also recently launched a partnership with local radio station WEMJ and the Laconia Daily Sun to provide radio and print ads at no extra cost," Beetle said.

In her work, Locke oversees Patrick's online presence, so she well understands the importance of online marketing. She very much appreciated the restaurant's posts about her Connect event on the Patrick's Facebook page, which put her business in front of roughly 8,000 Patrick's "friends."

Roberta Coffey, owner of Corporate Images LLC, another business that was featured during a recent Patrick's Connect event, agrees it was a great opportunity to gain visibility while showing off her selection of corporate apparel and promotional products. For Coffey, the opportunity was less about gaining business and more about having community members see what Corporate Images is about.

"I can ship samples to potential clients, but a lot of people really don't know what I do," Coffey explained. "This was a way for me to set up a booth, display our work, and have a representative there. It's like getting a look behind the

SEE CONNECT PAGE A8

# Ladies of the Lake at Patrick's Pub

## Weekly event aims to help local businesses gain visibility

GILFORD — Patrick's Pub and Eatery will host Lakes of the Lake at their weekly networking event, Patrick's Connect, on Thursday, Jan. 17 from 5-7 p.m.

"Wine Down" by the lake with Ladies of the Lake, a New Hampshire nonprofit group for women in the Lakes Region based on fun, friendships and community service. In addition to focusing volunteer efforts on Pub Mania/Lakes Region Children's Auction, Make a Wish NH, the Boys and Girls Club, Adopt a Spot Laconia and helping area schools, Ladies of the Lake also plans fun group events like canvas painting, Red Sox games, plays, craft nights, cake decorating, and other activities. Topped with fun, the Ladies of the Lake's overall goal is to make our community a better place to live.

Currently, Ladies of the Lake can be found on Facebook, but 2019 will bring big growth to the group with the expansion of their social



COURTESY

The members of Ladies of the Lake at Pub Mania, Rafting for Wishes, Plant Your Own Herb Garden Event and a Red Sox game.

networking by utilizing other platforms to reach those who may want to join this fun, community based organization. Get connected this Thursday and enter to win a "wine down" basket with wine, gift cards and other wine related and comfort items — stay for live music with Andre Balaza.

Patrick's Connect features local businesses and organization.

The evening includes complimentary beverage sampling and raffle drawings at 6 and 7 p.m., followed by live music.

For more information on Patrick's Connect or to register your own business to be featured at an event, call 293-0841 or visit [www.patrickspub.com/connect](http://www.patrickspub.com/connect).

To learn more about Ladies of the Lake, please visit facebook.





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# OPINION

## Pet of the Week: Chunky



Since October, this absolutely stunningly adorable, tiny, stocky li'l two-year-old Holland Lop fluffy black cutie has been hopping around the shelter looking for those wonderful humans, experienced with rabbits, that will take him to his loving forever home. Lops are known for their sweet temperaments and Chunky certainly doesn't disappoint. He's quick, of course — he's a rabbit, and most are, right? But that means catching up with him to give him lots of love and snuggles means a good game of chase, but he will definitely enjoy the attention and love the snuggles after he wins.

Chunky is an avid

investigator of his surroundings and as the Lop are known to be really good with children, we believe he would do well in a family setting. He's also very sociable with his fellow leopidae or rabbits, and often relishes a quick conversation with is shelter-mates, so heading into a home that already has rabbits will make him a happy bouncer. Originally bred in the Netherlands and generally maxing out at about 4 pounds, Chunky is certainly one of those rabbits that deserves a loving home so pop in say hello and take pleasure in his charm and bright personality for yourselves. For more information, visit [nhhumane.org](http://nhhumane.org) or call 524-3252.

## NORTH COUNTRY NOTEBOOK



By JOHN HARRIGAN  
COLUMNIST

Thursday night was a good night for a fire in the fireplace. I laid some twisted-up pieces of newspaper and a couple of pinecones onto the rack, placed a back-log against the rear tines, placed five pieces of finely split kindling (about celery-stalk size) atop the newspaper twists, put a dry piece of softwood atop that, and touched a Diamond match to the paper.

"Houston," I announced to Millie, who is a dog, but of course understands, "we have

*The guests can't handle wood fires; the owners are tired of it all anyway*



JOHN HARRIGAN

How to build a fire, tend a fire, and keep a fire through the night are skills not-so-slowly disappearing from the tourism scene.

liftoff."

Indeed, with its doors shut to create a powerful draft, the fireplace does sound sort of like a Saturn rocket when it's first fired up. But soon enough, everything within was a

snap, crackle, and pop, and I was able to slide the doors open and let the warmth flood into the Livingroom and throughout the downstairs.

This is a mundane substitute for the dra-

ma of the outdoor furnace, where this time of year I'm normally heaving three-foot pieces of hardwood into its huge firebox, twice every 24 hours.

Keeping the outdoor  
SEE **NOTEBOOK** PAGE A9

## STRATEGIES FOR LIVING

*By Divine appointment*

BY LARRY SCOTT

Mark Batterson was visiting the Galapagos Islands with a team from his church. He prayed for what he termed "a divine appointment," hoping for an opportunity to share his faith. It wasn't until the last day that something happened that was nothing short of amazing.

"On our last day we got up early for a forty-five minute bus trip across the island of Santa Cruz to catch an airport ferry to a neighboring island. There was only one paved

road between the port city and the ferry, with virtually no civilization in between. In the middle of the island, in the middle of nowhere, we were surprised to see a hitchhiker standing by the side of the road. ... Our bus driver pulled over and picked up a middle-aged islander named Raul. He was unshaven. It looked as if he had been walking for hours. And it was obvious he hadn't gotten much sleep the night before."

"Raul could have taken a seat anywhere on the bus, but God

sat him right next to Adam. Adam is one of the friendliest and most caring people I know. He was also one of the few people on our team who spoke fluent Spanish. And despite his own pain due to a C11 compression fracture from cliff jumping the day before, Adam sensed a divine appointment.

"In the course of their conversation, Raul told Adam that he had tried to commit suicide the day before. He tied cinder blocks around his ankles and planned on throwing

himself into the ocean because his wife of thirty years had left him. Adam didn't just understand what he said; he understood how he felt. Only a few years before, Adam's wife of fifteen years had left him and he too had been suicidal.

"Raul told Adam that he felt like God was never there for him, but he had to admit that God was looking out for him on August 12, 2006. Raul finally found the God who had been chasing him his entire life" (Mark Batterson, "Wild  
SEE **STRATEGIES** PAGE A9

## MARK ON THE MARKETS

*Tax diversification*



By Mark Patterson

Most of us would agree diversification is a good thing as it relates to our investment mix but also as it relates to our income as we approach retirement. In all likelihood the tax code will change during our lifetime, so the ability to switch

from least to most tax advantaged income sources as possible is a worthwhile goal.

Tax free income can come in the form of a Roth IRA. You would not have had a deduction from taxes when you put the money in and likely would have paid tax on that income when received, but then the money could grow, and after 59 and a half could provide tax-free income. While this is a great tool for retirement savings, it is not without limitations.

The maximum that you can contribute de-

pends on your modified adjusted gross income. The Roth like other retirement vehicles does not allow, without penalty, for a withdrawal before 59 and a half under most circumstances. But what if there was a way to save for retirement that would not limit how much you could save annually while providing tax-free growth and future tax-free income? There is a financial tool that has been used for many years, but has recently, for a host of reasons, come back into vogue. That financial tool is maximum-funded life insurance, in the form of indexed universal life.

For certain clients this can be a powerful tool to amass income that can later be loaned back to yourself, tax free through the loan provisions of the policy. The insurance company uses the death benefit as collateral against the loan. Loans prior to 59 and a half

are not penalized, as with qualified plans. These loans also may not affect Social Security benefits. Many policies offer great living benefits in addition to the death benefit.

For clients near retirement or in retirement, assets accumulated may be used for legacy planning.

Structuring a policy to focus on accumulation as opposed to face amount or death benefit will often times increase the accumulation of cash to be distributed as a loan.

Because everyone's circumstances are different, life insurance as a financial tool may be exactly what you were looking for, but may not have considered it because of radio and TV personalities that try to convince their audience that anything other than "term" insurance is not good.

Reviewing some of the better companies Indexed Universal life  
SEE **MARKETS** PAGE A8

### GRANITE STATE NEWS

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# LRGHealthcare Red Dress Gala Sells Out Early!

*Evening will feature delicious meal, rockin’ entertainment, and fabulous auction Items!*

LACONIA — The 15th Annual LRG-Healthcare Red Dress Gala presented by MB Tractor & Equipment will be held on Friday, Feb. 8 at Church Landing at Mill Falls at the Lake.

With a sold-out crowd of guests dressed to the nines, the evening will feature a delicious meal created by The Common Man culinary team, dancing to the very talented Eric Grant Band, and a live auction courtesy of auctioneer Jesse Thompson. Funds raised will benefit cardiac services and technology at LRGHealthcare.

Sneak Peek ... this year's live auction will feature some great items, including: a Golf & Stay Package at The Abaco Club in the Bahamas, donated by Meredith Bay a Southworth Property; a fabulous 2019 Concert Package from Bank of New Hampshire Pavilion; a Master's wind jacket signed by fourteen renown PGA golfers, set in beautiful display case donated by Dr. & Mrs. Paul Racicot; a



COURTESY

Committee members have been promoting and mapping out the details for the upcoming LRGHealthcare Red Dress Gala, to be held on Friday, Feb. 8 at Church Landing in Meredith. The sold-out event will feature a delicious meal, live and silent auctions, and a packed dance floor courtesy of the Eric Grant Band.

2019 Social Membership for the Family at Akwa Marina Yacht Club; a private catered event (or may be used in café) courtesy of Annie's Café & Catering; a six-course Harvest Style plated dinner for sixteen guests courtesy of Contigiani's Catering Service; an Alfresco Dining Experience for 30 guests on the Faro Italian Grille rooftop deck overlooking Lake Winnepesaukee; a Corporate Suite for 20 at a 2019

New Hampshire Fish-er Cats game which includes food and VIP parking thanks to Independence Financial Advisors; donated by SnapROOT Creative Marketing Guru a Customizable Digital Marketing Package; a One Night Stay in the Harbor View Parlor Suite at the beautifully-renovated Boston Marriott Long Wharf; and a 5-Course Chef's Choice Dinner for Six at either the Concord or Lacomia O Steaks & Sea-

food location – which includes limousine transportation courtesy of ASL Limousine. There are still opportunities to include an item in the live or silent auction – please contact Becky Doherty in the LRGHealthcare Office of Philanthropy (527-7063 or philanthropy@lrgh.org) for more information.

The committee is also incredibly grateful to our generous sponsors. Presenting Sponsor MB Tractor & Equipment is joined by: Candy Bar SponsorLovering Volvo Cars Meredith; Cocktail Reception Sponsor MRS – Medical Management & Reimbursement Specialists, LLC; Entertainment

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SEE GALA PAGE A9

## Local author delves into some “Cosmic Coincidences”

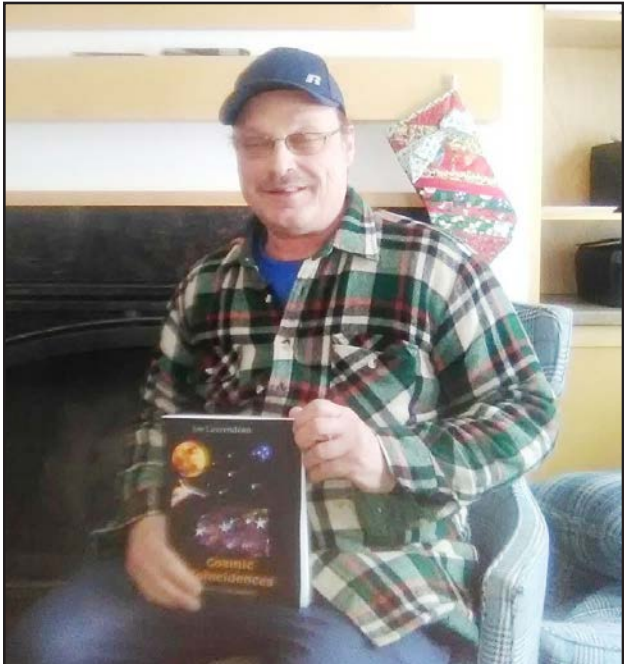
GILMANTON — The first full moon of 2019 promises to be a rare Super Blood Wolf Full Moon. If that isn't special enough, on the late evening/night of Jan. 20, it will pass completely through the earth's shadow, becoming a Full Lunar Eclipse over North and South America. The weather forecast is for partly cloudy skies over New England on Jan. 20, so viewing might not be ideal.

Celebrating this event is Joe Laurendeau of Gilmanton with his new book featuring two very rare full lunar eclipses over New England and New Hampshire, along with other fascinating, spiritual personal and national news stories over the last four decades in his new book "Cosmic Coincidences, a memoir of Cosmic Proportions" available on Amazon in Paperback or eBook.

These "Cosmic Coincidences" are too important to be lost in time. A refreshing spiritual journey will have you asking if these things happen by fate, chance or by some divine, intelligent purpose. Readers are encouraged to google these facts while you read and see for yourself.

The stories are as big as The Space Shuttle, The Moon, The 2004 World Series, All Star Rock concert and more! Emotions are extreme in this memoir and range from the happiest and the saddest news stories that occurred in New England for everyone to read.

"I didn't expect the




COURTESY PHOTO

Joe Laurendeau

support I've received from readers all over the country," commented Laurendeau. "These things happened for a reason and more unusual things will continue as a sign of hope for everyone to see. I'm certain these stories, although they happened for me to notice, were meant to be documented for everyone to read and see that God works wonders but only if they'll be noticed. Strange things happen to everyone but when a whole string of events happen it begins to appear that they are not just coincidences. Working at The Holderness School has been inspiring and had a major part to play in my documenting these 'Cosmic Coincidences.' I want to thank the facility, staff and students for their support."

Laurendeau also enjoys internet music radio broadcasting 24/7 at [www.superjukebox.net](http://www.superjukebox.net) as a hobby and features music not heard on regular radio. Music for seniors and chil-

dren. enjoy the music selections the author has to share while you  
SEE AUTHOR PAGE A9



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*Please contact Executive Editor*  
**Brendan Berube at (603) 279-4516, ext. 111**  
*with any questions regarding the submission process.*

## Husson University announces Fall 2018 Dean's List

BANGOR, Maine — The following students have been named to the Fall 2018 Dean's List at Husson University. Students who make the Dean's List must carry at least 12 graded credit hours during the semester and earn a grade point average of 3.60 to 3.79 during the period

Kyle Robert Gaudet of Gilford is a junior who is currently enrolled in Husson's Bachelor of Science in Health Sciences program.

Rebecca Mae Sirois of Laconia is a senior who is currently enrolled in Husson's Bachelor of Science in Healthcare Studies/Master of Business Administration with a concentration in Health Care Management program.

For more than 120 years, Husson Univer-

sity has prepared future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees. With a commitment to delivering affordable classroom, online and experiential learning opportunities, Husson University has come to represent superior value in higher education. Our Bangor campus and off-campus satellite education centers in Southern Maine, Wells, and Northern Maine provide advanced knowledge in

business; health and education; pharmacy studies; science and humanities; as well as communication. In addition, Husson University has a robust adult learning program. According to a recent analysis by U.S. News & World Report, Husson University is the most affordable private college in New England. For more information about educational opportunities that can lead to personal and professional success, visit Husson.edu.



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OBITUARY

Paul Joseph Colp, 84

SANBORN TON — Paul Joseph Colp, 84 years old, of Sanborn-ton, passed away at his home on Wednesday, Dec. 26, 2018.

He was born and raised in Canton, Mass., where he met his wife Norma and they settled in Wey-mouth to raise a fam-ily; daughters Paula, Adele and Laurie, and son Brian. Paul and Norma eventu-ally relocated to the Lakes Region of New Hampshire to be clos-er to family, especially their grandchildren who they adored.

Paul devoted his working life to the practice of fine car-pentry, from his early years as a supervisor in the Boston Local #40 Carpenters Union to his later days in New Hampshire where he created with wood whatever his custom-ers would request. Remarkably, at age 66, he even constructed his own home by himself.

There was precision and refinement in ev-erything he made. He produced works that were of extraordinary quality and artistry, and Paul loved to teach his skills to young woodworkers, family and friends. A true master craftsman, he created a lasting lega-cy of exceptional work and along the way he made many lifelong customers and friends who would always marvel at his remark-able talent and caring spirit.

Paul was an avid outdoorsman and hunter. The woods of Bernardston, Massa-chusetts and Groveton, New Hampshire were his favorite spots to hunt and explore. He was also AA ranked in trap shooting and enjoyed competing



in events throughout New England.

He is survived by his loving wife of 62 years, Norma Colp, and his daughters, Paula Colp of Pembroke, Mass., Adele Chertoff and her husband Bob of Sanbornton, and son Brian Colp of Laconia. Daughter-in-law Dan-ielle Ames and hus-band Gary Ames of La-conia were beloved by him, and share in the pain of his loss.

He leaves behind six grandchildren who were dear to him (Claude Colp, Eric Colp, Nathaniel Colp, Stella Colp, Graham Robinson, Leah Fitch and husband Nick).

Paul is also sur-vived by his sisters-in-law, Jeanne Remondini, Arline Colp, Gilda Colp, and many close nieces and nephews.

He was predeceased by his daughter, Lau-rie Colp; brothers Owen Colp, Robert Colp and wife Barbara, Alfred Colp and wife Martha, Jack Colp; and brother-in-law Er-nest Remondini.

At his request, there will be no service but his family will cele-brate his long, unique life at a later date.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cre-mation Services is as-sisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

Kevin Shaw is Roche Realty Group, Inc.'s top producer for 2018

LACONIA — Roche Realty Group, Inc. with offices in Mere-dith and Laconia con-gratulates Realtor® Kevin Shaw as the Top Agent for 2018 with \$22.75 million in sales volume, up from his \$19.7 million last year. Shaw also has many homeowners that he represents for Proper-ty Management as well as annual, weekly and seasonal rentals. 2018 was an exciting year not only in sales and rentals but Kevin was chosen to represent the national magazine “Top Agent Magazine” as the featured real estate agent chosen as their front cover agent.

Shaw explained that the key to his suc-cess is teamwork and having a good base of people around him,



COURTESY PHOTO Kevin Shaw

including other Real-tors®, staff, finance people, and closing companies.

Shaw states, “We don’t necessarily sell homes; homes sell themselves. The key is to listen to your cli-ents and find out what their wants and needs

are. The reward of be-ing a Realtor is seeing their client happy in a home that fits their family and lifestyle perfectly.”

In the business since 2000, Shaw has consistently been one of Roche Real-ty Group’s Top three agents for the past ten years, and its Top Agent for the past four years in gross volume. Also ranking in the Top One percent of RE-ALTORS in all of New Hampshire.

Shaw was born and raised in the Lakes Re-gion and has a compre-hensive knowledge of the topography of the region and Lake Win-nipesaukee. He has coached soccer and baseball in Gilford at the middle school and high school levels. He is an avid skier, moun-

tain biker, swimmer, loves sports and boat-ing.

Kevin Shaw is a RE-ALTOR in the Laconia office of Roche Real-ty Group, and can be reached at the office, 528-0088 or his cell phone 387-4778 or by e-mail, kshaw@roche-realty.com. To learn about New Hamp-shire's Lakes Region, search available real estate, explore towns and more, please vis-it www.rocherealty.com. Since 1997, Roche Realty Group has sold \$2,008,374,144 of New Hampshire prop-erties, involving 7,472 transaction sides and has ranked in the Top 10 Real Estate Firms in the entire State of New Hampshire out of 2,354 firms statewide reporting sales during this 21-year period.

Local University of Rhode Island students named to Dean's List

KINGSTON, R.I. — The University of Rhode Island is pleased to announce that more than 5,500 undergrad-uates have qualified for the fall 2018 Dean's List. The students rep-resent nearly all of Rhode Island's cities and towns, all six New England states, New York and New Jersey, and many other states and nations.

To be included on the Dean's List, stu-dents must have com-pleted 12 or more cred-its during a semester for letter grades with

at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 credits with a 3.30 quality point average. The list includes stu-dents who have not yet declared their majors as well as those from all of the University's undergraduate aca-demic colleges.

The following students from your area have been named to URI's fall 2018 Dean's List: James Buckley of Gilford

Jordan Dean of Gil-ford

Anne Dionne of La-conia

Johanna Morris of Gilford

Kaitlyn VanBenne-kum of Gilford

Note: Students who qualified for the Dean's List, but have restricted access to their information under the Family Ed-ucation Rights and Privacy Act (FERPA) guidelines, are not in-cluded on this public listing. Students may adjust these restric-tions on eCampus.

The University of Rhode Island's pio-neering research ex-tends the University's influence well beyond its coastal borders, while its unique inter-disciplinary courses provide its 16,637 under-graduate and grad-uate students with global opportunities in an intimate envi-ronment. In May 2018, more than 3,300 under-graduate and about 750 graduate degrees were awarded. The Uni-versity now has more than 120,000 alumni worldwide.

Area residents named to Dean's list at University of New England

BIDDEFORD AND PORTLAND, Maine — The following students have been named to the Dean's List for the 2018 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private uni-versity, featuring two distinctive campuses in Maine, a vibrant campus in Tangier, Morocco, and an array of innovative offerings online. Our hands-on, experiential approach empowers students to join the next generation

of leaders in their cho-sen fields. We are home to Maine's only medical and dental colleges, a variety of other inter-professionally aligned health care programs, and nationally recog-nized degree paths in the marine sciences, the natural and social sciences, business, the humanities and the

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Gilford

Kaelin Cegelski, Olivia Cram, Brogan Hurst, Jillian Lacha-pelle, Sarah Lacha-pelle, Michael Madore, Spencer McEvoy, Eliza-beth Relf

Erin Gately named to Colby-Sawyer College Dean's List

NEW LONDON — Colby-Sawyer has named Erin Gately of Gilford to the Dean's List for fall 2018. Gately, who majors in nurs-ing, is a member of the class of .2022. To qual-ify for the Dean's List students must achieve a grade-point average of 3.5 or higher on a 4.0 scale while carrying a minimum of 12 credit

hours in graded cours-es.

About Colby-Sawyer College

Colby-Sawyer Col-lege is a comprehensive college that integrates the liberal arts and sciences with profes-sional preparation. The college's faculty, staff and students strive for excellence in an

engaged teaching and learning community that fosters students' academic, intellectual, and personal growth. With a strong emphasis on learning outcomes, including breadth and depth of knowledge, self-growth, creative and critical thinking, and effective commu-nication, Colby-Sawyer prepares students to

thrive post-graduation and make a positive im-pact upon a dynamic, diverse and interdepen-dent world.

Founded in 1837, Col-by-Sawyer is located in the scenic Lake Suna-pee Region of central New Hampshire. Learn more about the college's vibrant teaching and learning community at www.colby-sawyer.edu.

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# Pettengill promoted to Vice President of the LRCS' Family Resource Center

LACONIA — Rebecca Bryant, President and CEO of Lakes Region Community and its Board of Directors recently announced that Erin Pettengill, Director of the Family Resource Center of Central NH (FRCCNH), was promoted to Vice President of the FRCCNH.

“Erin has demonstrated tremendous professional growth over the past few years at the helm of the Family Resource Center. Under Erin’s direction, we have seen an expansion of the breadth and depth of its programs and services creating greater impact in the Lakes Region and Plymouth areas,” stated Bryant.

“The number of children and families that the Family Resource Center serves continues to expand while the quality and reputation of the programs maintains its high standards. Erin and her team never relent on filling the gaps in education and services needed to promote positive long term outcomes for the families we serve,” added Bryant.

Guided by Pettengill, the Family Resource Center program works collaboratively toward engaging the community for the shared goal of supporting

children and families in the Lakes Region. In addition to the expansion of existing programs and services, the Family Resource Center is growing the LRCS Autism Center. The FRCCNH received a multi-year grant from the Van Otterloo Family Foundation to support an expansion of Parent Education for families on the Autism Spectrum and to offer more training opportunities for families and staff. Trish Tousignant, FRCCNH Parent Education Manager is stepping forward to manage the Autism Center expansion.

“I appreciate the promotion and especially the recognition it brings to the FRCCNH and the hard work and dedication of our entire team for all they do to strengthen families positively impact children,” commented Pettengill.

Pettengill is a graduate of Keene State College with a degree in Sociology and has a Master’s degree in Counseling from Capella University. She can be reached at 524-8811 or [erin.pettengill@lrsc.org](mailto:erin.pettengill@lrsc.org).

For hundreds of families living in the Lakes Region each year, the Family Resource Center of Central New Hampshire, a program of LRCS, offers



respectful, non-judgmental education, early intervention, and support to assist families in their efforts to meet needs, make positive connections,

COURTESY PHOTO  
(Left) Erin Pettengill

and prepare children for success today and tomorrow because the Family Resource Center believes strong families lead to strong communities.

Lakes Region Community Services (LRCS) is a nonprofit, comprehensive family support agency with a primary focus of providing supports to individuals with developmental disabilities and/or acquired brain disorders and their families. A dynamic human services organization, LRCS offers other essential and criti-

cal services to individuals in our Greater Lakes Region communities from birth throughout their lifespan. At the core of LRCS’ work are inclusion, acceptance, and building strengths and partnerships – whether at the individual, family or community level. LRCS has offices in Laconia and Plymouth which combine to serve families residing throughout Belknap and Southern Grafton Counties. For more information, contact Joanne Piper Lang at 524-8811 or visit [www.lrsc.org](http://www.lrsc.org).

## Katherine Gingrich named to Dean's List at Lebanon Valley College

ANNVILLE, Pa. — Katherine Gingrich of Gilford, is one of 700 Lebanon Valley College students named to the Dean's List for the fall semester. Dean's list students must maintain a GPA of at least 3.4 out of 4.0.

Gingrich, a graduate of Gilford Middle High School, is pursuing a bachelor of science in chemistry in ACS chemistry at The Valley.

### About Lebanon Valley College

Lebanon Valley College offers bachelor's degrees in the arts and humanities, business and communications, education, health professions, social sciences and psychology, and science, technology, engineering,

and math. Advanced health professions degrees include a master of athletic training, a master of speech-language pathology, and a doctor of physical therapy. Online and graduate programs include an MBA with four concentrations and a general option offered on-campus or partially or fully online, a Master of Science in STEM Education, an Integrative STEM Education Certificate, a Master in Music Education, and a Modern Band Certificate. In 2018, the College was listed as #1 in the country for graduate job placement by the career guidance site Zippia.com, using federal data. The 357-acre campus is in Annaville, Pa.



COURTESY

## Maxfield Real Estate welcomes new agents

Maxfield is excited to welcome Kim Johnson and Amy Elfine to our Center Harbor office! Johnson has been coming to Moultonborough since her early childhood when her grandmother bought a house in Suissevale. She continued to vacation here with friends throughout her life, long after that house was sold. In 2001 Kim bought her own home in Suissevale as a rental property, and in 2006 moved with her family to that house to become a permanent resident. Kim has since moved to the Neck Road, in Moultonborough, and has three children, one at the Academy and a set of twins at the Central School. Kim is currently the President of the Moultonborough PTA. Professionally, Johnson has been an executive in Sales and Marketing for the past 30 years and for a few years, owned her own business. She has a Bachelors of Science from the University of New Hampshire. Maxfield Real Estate is thrilled to announce that Amy Elfine has recently joined the Center Harbor office! Prior to being licensed, Elfine worked in home staging and remodeling. This experience makes her a perfect resource for Sellers when they are preparing their home for the Real Estate market. She can assist in both staging and de-cluttering a home to make it "Buyer-ready"! This is an invaluable resource that she personally brings to the table and sets her apart in the industry. Elfine has also purchased many properties as investments. She manages the design and renovations from start to finish. With vast experience in interior design and construction, she can assist Buyers with making the right home purchase! She has been a licensed Realtor since 2016, and currently resides in Meredith with her husband and son.

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FUNDRAISER

(Continued from Page A1)

make it possible for the Arthritis Foundation to continue serving people with arthritis and related diseases, their families and the health care professionals who help them,” Gaye wrote in a letter. “Continued support also provides funds for critical arthritis research, community programs, essential health education and government advocacy initiatives.”

In December, a large team ran in the Jingle Bell Run in Concord for Emily as Emily’s Reindeer Express. Emily was the race’s Youth Honoree and Gaye was named the Adult Honoree.

“It was sort of a bonding thing, we tried to tag team the cause,” Gaye said, “did a couple of radio shows together, I tried to promote her.

Gaye said they aimed to raise \$27,000, but ended up raising \$30,000

Her dad Chris Jacques works as a detective with the Gilford Police Department, Emily’s mom Jessica Jacques is a math specialist for the Mer-

rimack Valley School District. Johnston said the Jacques’ have been helping people their whole lives and now people have the opportunity to help them.

The fundraiser will take place on Jan. 21 between 5-7 p.m. During that time, 20 percent of all proceeds will go to the Arthritis Foundation.

“We’re very grateful to McDonald’s for affording us this venue,” Gaye said.

Chris Jacques also worked at McDonalds when he was a teenager.

As McDonald’s is a sponsor of the Excellence in Education Awards (EDies), McDonald’s District Manager Larry Johnston also invited representatives from the area schools who have won EDies in the past few years. Gilford Elementary School, where Emily attends, was named Elementary School of the year last year, Belmont Middle School was last year’s Middle School of the Year. David Levesque, the Principal of Pleasant Street

School in Laconia was named the 2018 Middle School Principal of the Year, the year before Pleasant Street School received the Elementary School of the Year award.

Johnston said in the 25 years McDonald’s has sponsored the EDies, they have donated more than half a million dollars to education. Johnston said they want to have the opportunity to thank these schools and educators. Usually, when the awards are presented they are done during the school day and have to be done briefly so the day can continue. This is a way to honor these schools and educators.

A presentation will be made at 6 p.m., and representatives from the schools will have an opportunity to speak.

The fundraiser will have different raffles with prizes including passes at Waterville Valley and two different full sets of Happy Meal toys. Gaye said the Arthritis Foundation will also offer a gift card as a prize.

VOTING

(Continued from Page A1)

budget is approved in May, this gives the district a month and a half to spend that money. McDonough said with less time, this makes it harder for the district to get more competitive bids or compete with other districts for hiring the best staff.

Budget Committee member Skip Murphy spoke as a member of the public in favor of the article.

“Who is serving who? Both the town and the school boards are supposed to be serving the voters,” Murphy said. “I think serving those voters would be giving them a chance to vote.”

He said voting should be made as easy as possible for people. In the past couple years, he continued, Election Day has taken place during se-

rious weather issues. There are many people who would not be able to drive to the polls. Additionally, there are a number of town voters who live in warmer areas during the winter and this would give them the chance to vote.

He said there would likely be some problems, but these aren’t insurmountable.

Superintendent Kirk Beitler said Gilmanon, which is also an SB2 town, has their voting in March, and a large portion of the Gilford school budget is the tuition Gilmanon pays for their students to attend Gilford High School. Beitler said not knowing the final Gilford school budget number going into their voting season could have an impact.

Resident Patty Madore asked if there is a possibility that one of the articles for the town or school could pass and the other could fail, getting the answer that this was possible. She then asked if this means they Budget Committee will be working on two different budgets at two different times.

The town will hold a public hearing on the article on Wednesday, Jan. 23 at town hall. The school board will hold a public hearing on the warrant in February. It will also be discussed at the deliberative sessions.

REQUESTS

(Continued from Page A1)

services.

LRMHC is contracted by the state to deliver emergency psychiatric services to patients at Lakes Region General Hospital, Speare Memorial Hospital, and the designated receiving unit at Franklin Regional Hospital; a contract that doesn’t include funding to provide these services.

“I’m asking the town to consider supporting our organization so that we can continue to provide the type of mental health services that are certainly very important to all the residents,” Nichols said.

Budget Committee member Skip Murphy asked about any government funding the organization receives. Nichols said they ask for money from the counties for adult outpatient programs and grants and Medicaid reimbursement from the federal government. For emergency services they are given a \$94,000 allotment from the state Bureau of Behavioral Health, though the organization usually runs a deficit of \$400,000 to \$500,000 for emergency services. The organization asks for money from the towns it serves to help offset the costs for emergency care and depending on how voting goes

they usually receive around \$150,000, a small percentage of their revenue.

Murphy said it seemed like LRMHC was getting a bite of tax dollars four times over, Nichols said the request of the towns was only for emergency services.

Murphy said he considered it “immoral” for community organizations to ask for taxpayer dollars. He said he would rather see charities put in efforts to get private donations instead of asking for public funds.

“I get tired of external organizations coming here and demanding money from people who otherwise wouldn’t be paying to you, but are forced to through your property taxes,” Murphy said.

He said it should be the voters’ individual decision if they want to donate to these organizations and taking money from taxation takes away their choice.

The committee was split on whether it should vote to recommend the articles or not to recommend. The board of selectmen already voted unanimously to not recommend the article.

Committee member Peter Karagianis said the voters can decide for themselves if they want to put that

money toward these organizations, but the committee shouldn’t be in a position to recommend that. Nichols said a lot of voters pay attention to the recommendation of the different boards and committees and might not be as informed about the article.

“You take that away from the residents when you adopt not to recommend,” Nichols said.

Members of the committee asked for some more detailed financial information on LRMHC. Nichols said their financial information was public and was willing to provide any additional information. Karagianis said they weren’t in a position to recommend because of a lack of financial information.

School Board representative Chris McDonough said the best way to get the message to the voters that the committee didn’t want to express an opinion was to abstain from voting.

The Budget Committee voted five in favor and five against with McDonough abstaining on motions to recommend both articles. The motions failed and it will appear on the ballot that the Budget Committee voted to not recommend the articles by a vote of 5-5.

BUDGET

(Continued from Page A1)

If this article fails the default budget will be \$25,517,333

The district’s total estimated revenue is \$6,700,308. The district is expected to receive \$449,484 from state aid with the amount to be raised by taxes of \$15,939,480, an estimated impact of 42 cents per \$1,000 in assessed

valuation.

The school district warrant includes articles for \$210,000 to repair and resurface the Gilford High School athletic track, \$89,199 for a world language program at Gilford Elementary and Middle Schools, and articles placing money into different capital reserve

funds.

The Gunstock Acres Village Water District has a proposed operating budget of \$275,238 as well as a special warrant article of \$150,000, totaling their proposed appropriations to \$380,238. Of this amount, \$94,505 will be raised by taxation.

CONNECT

(Continued from Page A3)

scenes of Corporate Images; that’s what it’s all about.”

In addition to Locke, SnapRoot’s creative director and principal, the business is supported by Alice Field, office manager and content creations account manager; Cortney MacNeil, director of digital media; and Sheila Farricy, associate of digital media.

Locke invited them to her Connect event

and then treated them to dinner after networking. In this way, it was also a team-building event; her staff enjoyed the live acoustic music that follows each Patrick’s Connect event.

“It played out as a thank you to my team, from me to them,” she said. “It was a good bonding experience. I recommend Connect! Business owners can raise brand awareness,

showing the community what their products and services are, while really connecting with residents. You get to know what people are looking for in your business.”

For more information on Patrick’s Connect, or to register your business as a featured business, call 293-0841 or visit www.patrickspub.com/connect.

MARKETS

(Continued from Page A4)

policies, I have discovered that many IUL’s may have a better IRR or Internal rate of return than some mutual funds, net of fee’s plus a death benefit to your heirs!

Policy finance is a

method used by high earners or high worth individuals to use other people’s money to fund these policies.

Many things that have worked in the past must be reviewed

NOTICE TO BELMONT RESIDENTS

Declaration of Candidacy for the March election will be accepted at the Town Clerk’s Office between the hours of 7:30 AM to 4:00 PM from Wednesday January 23, 2019 through Friday February 1, 2019. On Friday February 1, 2019 we will be open 7:30 AM-5:00 PM

Only Declarations will be accepted between 4:00-5:00 PM on February 1st.

The following Offices are open:

POSITION	OPENINGS	TERM
Selectman	(1)	3 Year Term
Budget Committee	(4)	3 Year Term
Cemetery Trustee	(1)	3 Year Term
Library Trustee	(1)	3 Year Term
Planning Board	(2)	3 Year Term
Supervisor of the Checklist	(1)	6 Year Term
Town Clerk/Tax Collector	(1)	3 Year Term
Treasurer	(1)	2 Year Term
Trustee of Trust Fund	(1)	3 Year Term
Zoning Board	(2)	3 Year Term

Gilmanton School District

Gilmanton School District  
Deliberative Session that was  
previously scheduled for Saturday,  
February 2, 2019 at 10:00 a.m.  
HAS BEEN RESCHEDULED FOR  
Wednesday evening, February 6, 2019  
6:00 p.m. at the  
Gilmanton School –  
Multi-Purpose Room (Cafeteria)  
(Snow Date: Saturday, February 9, 2019  
at 10:00 a.m.)

Shaker Regional School District  
PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR FILING CANDIDACIES  
FOR MODERATOR AND SCHOOL BOARD MEMBERS  
OF THE SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of a moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 23, 2019.

The election will occur during the annual voting on Tuesday, March 12, 2019 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:

**Moderator – to complete one-year of a two-year term**  
**Belmont – one member to serve for three years (2022)**  
**Canterbury – one member to serve for three years (2022)**

Written declaration of candidacy must be filed with the clerk prior to 5:00 pm on Friday, February 1, 2019 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School’s Office; 58 School Street; Belmont, NH 03220, telephone number 267-9223, or by calling Stacy Kruger, Clerk, at 267-7552 evenings.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Stacy Kruger, Clerk  
Shaker Regional School District

As an asset manager, cash value life insurance has typically not been an emphasis of mine, however when you examine the potential tax, living and death benefits; you may begin to work the numbers and find that it may work for your family.

Mark Patterson is an advisor with MHP Asset Management and can be reached at 447-1979 or Mark@mhp-asset.com.



STRATEGIES (Continued from Page A4)

Goose Chase,” pp. 130-131).

I often wonder how many of the people to whom I write are also in line for a divine appointment of their own. We serve a loving God, one who is open and eager to make himself known to every willing heart. I know.

He touched my life, half-way across the state of Texas, while heading east in the cab of my long-haul truck. My life was in shambles; in despair I shouted, “GOD, WHAT DO YOU WHAT ME TO DO?” I heard no audible voice, but a distinct thought crossed my mind that was too real to be ignored. “All I want from you is the gift of a holy life.” And

then, silence.

But it marked a turning point in my life, a divine encounter of my own. God, I discovered, was about to bring order out of my chaos. Within months I found a new sense of direction. It was for me a defining moment, the beginning of a series of events that brought me to where I am today.

Perhaps God has a divine appointment set for you too. Could it be that you are only a prayer away from an encounter that could revolutionize your life? It begins with you, however, for God reveals himself only by invitation.

For more thoughts like these, follow me on [indefenseoftruth.net](http://indefenseoftruth.net).

NOTEBOOK

furnace area clean of snow, and snagging pieces off the 10-foot-high pile with the picaroon so I could snag them again with the pulp-hook and throw them in--well, it was pretty hard work.

Too much, in fact, for this aging carcass, at least this year, what with a nasty spiral fracture of the left femur and a chip broken off up nearer the hip-bone to boot. This winter I was more than glad to settle for the fireplace, and settle down in my reading chair to enjoy it.

+++++

People who come to visit on a seasonal basis are particularly fond of a fire in the fireplace, and will even try to cajole

me into building “a chill fore,” they say, in a bamboozling sort of way, on a hot Fourth of July.

But usually, by then, the front-lawn fire pit’s in play. Adults like to just gaze into it, mesmerized, while kids like to find a stick, any stick, and poke it. They don’t have any such thing at home, and will poke a fire almost to death.

And I always think, “What great entertainment for a kid.” I try to remember to have some sparklers on hand. Sometimes, adults light sparklers and run around in the dark with the kids.

Often, on those crisp spring and fall nights, there’s a moon, or a portion of it. And I always think two thoughts: That for millennia, humans have squatted around fires, gazing up at the moon and wondering what the moon and the universe are all about. And we’re all just now, at this particular point in the immensity of time, alive and on the planet when people have actually walked on the moon.

+++++

There are camps, and then there are cabins, and then there are cottages. Our camp, way back in the middle of nowhere, calls for a pack-basket and a hike, and will always be a camp. Rudy’s Log Cabins started out that way, as a collection of log cabins. And I’ve even stayed in one or two bonafide cottages, back when I could

run expenses through the company and walk on the wild side.

Whether you rent a cabin or cottage for a night or two, you’re increasingly unlikely to find fireplaces or wood-fired stoves.

Triple play, hat trick, call it what you want, but three things have been causing wood fires, firewood, and kindling to disappear from the tourist scene.

Owners of tourist cabins will tell you that today’s visitors are unfamiliar with a wood fire--how to build a fire, how tend one, and how to keep a fire overnight.

“They burn all the kindling up because they don’t know how to use the regular firewood,” is one comment you’ll often hear. Or,

“They fill the cabin full of smoke because they don’t know how to build a fire.”

Insurance companies don’t like wood stoves and fireplaces. Cleaning crews are hard-pressed to deal with the smoke. And someone else is just sick and tired of the whole firewood scene: the owners, who seem just fine with turning to gas.

(This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. Catch us on Facebook. Letters must include phone numbers in case of questions and are welcome at [campguyhooligan@gmail.com](mailto:campguyhooligan@gmail.com) or 386 South Hill Rd., Colebrook, NH 03576.)

GALA (Continued from Page A5)

Migrants. Community Partners include: Cross Insurance; New Hampshire Oncology-Hematology, PA; Taylor Community; and Tufts Health Freedom Plan.

Major event supporters include: Atlantic Broadband; Church Landing at Mill Falls at the Lake; Geoff Cunningham, Pianist; Divine Inspirations Design Studio; Eric Grant Band; JMG Marketing;

Lakes Region Floral Studio; Lee’s Candy Kitchen; MW Animation & Video; Snap-ROOT Creative Digital Marketing; Stacey Brobst Photography; The Common Man; Jesse Thompson; Tylergraphics, Inc.; VT & NH Photo Booths; and WB Media1.

For more information about the Red Dress Gala, please contact the LRGHealthcare Office of Philan-

thropy: 527-7063 or [philanthropy@lrgh.org](mailto:philanthropy@lrgh.org).

*LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRG-Healthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.*

AUTHOR (Continued from Page A5)

are reading and visit "Family Entertainment Radio" on Facebook. This internet music radio broadcast is free, educational, entertaining, seasonal and holiday specials include Spring, Sum-

mer, Mother's & Father's Day, St. Patrick's Day, Back 2 School, Halloween and Christmas and celebrates music in danger of extinction. Help keep the music alive at [www.superjukebox.net](http://www.superjukebox.net) and

"Family Entertainment Radio" on Facebook. Joe Laurendeau is also administrator for "Boston Red Sox Nation-2019," "Classic Country Music Radio" & "Christmas Music Radio" on Facebook.

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Doug Hazard

Paid Advertisement

Edward Jones: Financial Focus

What’s Keeping You From Protecting Your Family’s Future?

Think about your loved ones. What will their future be like? Can you picture them living in your house many years from now? Can you picture your children going to college? Can you picture your spouse or partner enjoying a comfortable retirement? These are all pleasant visions – but what if you weren’t in these pictures?

If you were no longer around, you’d leave a gaping hole in the lives of your survivors. The emotional element would be tough enough, but the financial aspect – the permanent loss of your income – could be devastating to all the hopes you’ve had for your

family members. Fortunately, you can help prevent this “worst-case” scenario from happening – if you have sufficient life insurance.

Unfortunately, a lot of people don’t – even when they recognize the need. LIMRA and Life Happens, two organizations that provide education on life insurance, report the following:

Only four in 10 Americans own an individual life insurance policy – although 85% say that most people need life insurance.

More than one-third of all households report that they would feel an adverse financial

impact within one month of losing a primary wage earner’s income, while nearly half would feel an impact in just six months.

What’s keeping people from providing adequate insurance for their families? Here’s a sampling of the most common reasons:

“I just don’t want to think about it.” Let’s face it – like almost everybody, you probably don’t like to think about death. And consequently, you may well be inclined to postpone thinking about life insurance. But if you can just envision what your

loved ones’ lives would be like without you, in terms of their financial situation, you will find it easier to address your insurance needs in a calmer, more analytical manner.

“I have other financial priorities.” You will always have financial obligations – mortgage or rent payments, car payments, credit card bills, student loans, etc. You can’t ignore these expenses, but ask yourself this: Do any of them really take priority over the future happiness and welfare of your loved ones? Since the answer to this question is obviously “no,” you will likely conclude that main-

taining adequate life insurance is one of the most important financial moves you can make.

“I can’t afford life insurance.” If you think life insurance is prohibitively expensive, you’re not alone. In fact, 80% of consumers think life insurance costs more than it does, according to LIMRA and Life Happens, while nearly half of the “millennial” generation estimates the cost at five times more than the actual amount. In reality, some types of life insurance, such as term insurance, is highly affordable.

“I don’t know how much insurance I’ll need.” To determine

an appropriate level of coverage, you’ll need to consider a variety of factors, such as the number and age of your dependents, size of your mortgage, spousal income, amount of employer-provided insurance, and so on. A financial professional can help you calculate the amount of protection you need.

As you can see, none of the reasons listed above should really keep you from adding life insurance to your overall financial strategy. So, take action soon to help ensure that your wishes for your family’s future will become reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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Member SIPC



# Registration open for Prescott Farm WildQuest Camps

## Discounts and scholarship opportunities available

LACONIA — When school vacation comes around, are the kids getting lots of screen time, or lots of green time? Families looking for outdoor and nature-based activities that kids will love and that grownups can feel good about can look no further than WildQuest Camps at Prescott Farm. And registration is now open!

These nature-based day camps coincide with local school February and April vacation weeks and run nine weeks in the summer. With a focus on the natural world – and plenty of outdoor fun – WildQuest Camps are the perfect match for inquisitive young explorers.

All camps are weekdays from 9 a.m. to 4 p.m., with extended care hours available from 8 a.m. until 5:30 p.m. Winter Camp (Monday, Feb. 25 through Friday, March 1) and Spring Camp (Monday, April 22 – Friday, April 26) are open to children age 6 – 12 and families can sign up for specific days or a full week.

WildQuest Summer Camp features nine weeks of unique nature-based themes and



Campers and counselors gather for games and activities inside WildQuest Camps' home base, Prescott Farm's recently restored 1883 barn.

COURTESY

is open to children age four – 14. Campers age 13 and 14 participate in the Leader in Training program which emphasizes hands-on team building and ex-

plores various leadership styles. Registration for summer camp is by the week and an Early Bird discount is available on registrations made before Feb.

15. Camp Director Jake Newcomb and the WildQuest staff are eager to create a memorable experience for campers. “WildQuest

camp counselors are enthusiastic educators who love science and nature,” Newcomb said. “Individually, we have our own unique knowledge, skills and styles, so when we come together during WildQuest weeks, campers get dynamic, informative and fun adventures that they can carry with them for a long time to come!”

For details about WildQuest pricing, Early Bird and Prescott Farm member discounts, and scholarship opportunities, visit [prescottfarm.org](http://prescottfarm.org)

or call 366-5695. Prescott Farm is a nonprofit 501c3 organization dedicated to providing year-round environmental education programs for all ages and a place in the Lakes Region community that encourages curiosity, discovery, fun and connection to the natural world. For more information about programming, events and volunteer opportunities at Prescott Farm, please visit [prescottfarm.org](http://prescottfarm.org). Prescott Farm – exploring and preserving the natural world, one adventure at a time.

# Roger Williams University announces Fall 2018 Dean's List

BRISTOL, R.I. — Select students have been named to the Fall 2018 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

Haley Andersson of Laconia

Caitlin Mallahan of Laconia

**About RWU**

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, di-

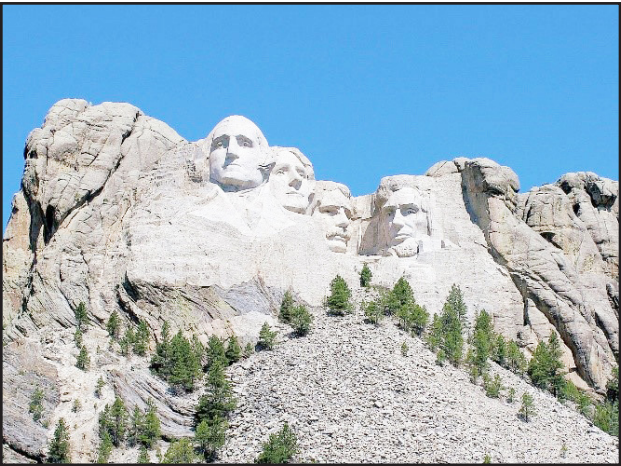
rect access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the

way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

## Taylor Community hosting “American Experience” documentary on Mt. Rushmore

LACONIA — Join us Wednesday, Jan. 23 at 2 p.m. in Taylor Community's Woodside Theater for a fascinating documentary on Mount Rushmore.

It took 14 years and nearly \$1 million to create. Men removed 500,000 tons of granite from the rock face of a mountain deep in the Black Hills of South Dakota, creating one of the biggest and oddest monuments in the world. George Washington's face is 60 feet long; the Sphinx would fit between the end of his nose and his eyebrow. Theodore Roosevelt's moustache is 20 feet across and



Lincoln's mole measures 16 inches.

Taylor Community is the premiere not-for-profit Continuing Care Retirement Community in the Lakes Region.

Keep up with all our events on Facebook. For more information about active senior living, visit our Web site at [www.taylorcommunity.org](http://www.taylorcommunity.org), or call 524-5600.



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Josh Valentine, front skier, and Brian Bushey, back, will be heading to Estonia for the Scando Cup as part of Team USA in an 18U Nordic race involving skiers from all around the world.



COURTESY

Josh Valentine, right, celebrates with his coach Colin Rodgers after winning a classic sprint race that helped qualify him for the Scando Cup.

# Skiing around the world

## Josh Valentine raising funds to compete in Scando Cup in Estonia

BY BOB MARTIN

Bob@Salmonpress.news

GILFORD – Josh Valentine has a true talent in cross-country skiing, and later this month the Gilford resident, who is a senior at Green Mountain Valley School has the rare opportunity to represent Team USA at the Scando Cup in Estonia.

Valentine, along with his teammate Brian Bushey, will be heading to Estonia on Jan. 20. The Scando Cup is one of the top events for the best U18 skiers in the world, and Valentine is heading to the competition as the top ranked skier in the United States.

Valentine explained that this is an individu-

ally based travel event, where he will meet up with his teammates in Estonia on Jan. 20. The team will train for five days, testing the courses and getting the feel for the snow. He will race for three consecutive days, beginning with a 10K skate, followed by a classic sprint race and ending with a relay with three teammates. After the races Valentine will have two days to cool down and explore the region before flying back home on Jan. 30.

While this is the first time in Estonia and the countries in the area of Scandinavia, Valentine explained that Green Mountain Valley School gives him the opportuni-

ty each year to train in Italy in the fall. He said this has been a phenomenal experience, with the ability to ski on glaciers.

Valentine said he is very much looking forward to the upcoming trip, as he is excited to take on some of the top European skiers and have the ability to get to know their culture that he admires so much.

“I’ve never been to that area at all,” said Valentine. “Some Alpiners at the school spent time in Lithuania and some areas near there, and they talked a lot about the culture and the people. They enjoyed it a lot and thought it was really cool.”

Valentine said he has

always wanted to visit the region, but he is really pumped up to go up against their racers.

“Scandinavians are some of the best skiers in the world,” said Valentine. “They are extremely aggressive and it is a totally different type of racing. I have a lot of friends who are international skiers, so I’m very excited to experience what it is like. It will be cool to see how they excel so much and how aggressive they are in person.”

Valentine said this should not only be challenging when taking on skiers like this, but it will be a great experience that will test his abilities.

Valentine qualified for the Scando Cup after placing third at the USA Nationals in Vermont. The top two qualified for a U20 championship, so Valentine took the top spot. The top six athletes of each gender and age group are taken for the trip. Bushey took the sixth spot on Team USA.

“I’m very excited to take part in what could be the biggest race of my life,” said Valentine.

“It’s a bit nerve-racking because these are some talented athletes that also put in the work and expect good results. I am happy and grateful to have this opportunity.”

Valentine is looking to raise funds for his journey and anyone who would like to help his cause can do so by going to <https://www.gofundme.com/josh-v-team-usa-xc-ski-race-in-estonia>.

## Laconia Lacrosse Club hosting Sunday night clinics

LACONIA — Sunday nights, certified coaching staff from Laconia Lacrosse Club will be supervising skills clinics to prepare for the upcoming youth season.

Clinics are for grades 1-8, and will be held in the Laconia High School gym.

From 6 to 7 p.m. clinics are for boys 8U and 10U and all girls

From 7 to 8 p.m. are clinics for boys 12U and 14U. Boys need helmets gloves and a boys' stick.

Girls need goggles and girls stick.

Mouth guards are required for game play.

Some equipment may be available to borrow, contact [laconialacrosseclub@gmail.com](mailto:laconialacrosseclub@gmail.com) with specific equipment needs.

If you know you're ready to commit to play, after your \$30 membership with US Lacrosse, Laconia Lacrosse Club is tuition free for the 2019 season if you register by Feb. 28.

Anyone from Laconia and the surrounding area, such as Meredith, Center Harbor, Belmont, Tilton, Sanbornton, New Hampton and Franklin can play for LLC. Google “Laconia Lacrosse Club” to register.

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# AMERICAN RED CROSS BLOOD DRIVES

## RESOLVE TO GIVE BLOOD WITH THE RED CROSS

*All those who come out to give blood or platelets in January will receive a \$5 Dunkin' Gift Card via email\**

MANCHESTER, NH (Jan. 2, 2019) — The American Red Cross encourages people to help meet the urgent need for blood and platelets by resolving to give blood this January – National Blood Donor Month. Donating blood or platelets is a way to make a lifesaving impact in the new year for patients like Judy Janssen, who was diagnosed with end-stage autoimmune liver disease in 2016. Janssen received frequent blood transfusions – sometimes multiple times a week – until she underwent a liver transplant last January.

“Blood donors make a really big difference with very little effort,” said Janssen, who received dozens of transfusions before and during her transplant surgery. “I wouldn’t be here if it wasn’t for blood donations.” The critical role of blood and platelet donors has been celebrated each January for nearly 50 years during National Blood Donor Month, which coincides with one of the most difficult times to maintain a sufficient blood supply for patients. Busy holiday schedules, extreme winter weather and seasonal illnesses often impact donor turnout this time of year.

The Red Cross encourages eligible donors to resolve to give blood or platelets regularly, beginning in January. To encourage donations immediately, all those who come to donate by Jan. 6 will get a long-sleeved Red Cross T-shirt, while supplies last.

All donors who give blood or platelets during National Blood Donor Month in January at Red Cross blood drives in New York, Massachusetts, Connecticut, Maine, New Hampshire, Vermont and Rhode Island will receive a \$5 Dunkin’ Gift Card via email as a thank you for helping save lives during National Blood Donor Month.\* A valid email address must be on file at the time of donation. Make an appointment to donate blood or platelets by downloading the free American Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767). Another way to help keep the blood supply strong in the new year is to host a Red Cross blood drive. To learn more about hosting a blood drive and to sign up, visit RedCrossBlood.org/HostADrive.

## Upcoming blood donation opportunities Jan. 2-31

### BELKNAP

#### Laconia

1/19/2019: 9 a.m. - 2 p.m.,  
Penny Pitou Travel,  
55 Canal Street

1/25/2019: 12:30 p.m. - 6 p.m.,  
Laconia Community Center,  
306 Union Ave

1/26/2019: 9 a.m. - 2 p.m.,  
AmeriGas District Office,  
1150 Union Ave.

#### Meredith

1/2/2019: 1 p.m. - 6 p.m.,  
Meredith Office Complex,  
8 Maple St., Suite 1

1/25/2019: 12 p.m. - 5 p.m.,  
Interlakes High School,  
1 Laker Lane

#### Tilton

1/19/2019: 10 a.m. - 3 p.m.,  
Tanger Outlet Center,  
120 Laconia Road

### GRAFTON

#### Lincoln

1/19/2019: 10 a.m. - 3 p.m.,  
Lin Wood Public School,  
72 Linwood Drive

1/25/2019: 11 a.m. - 4 p.m.,  
St. Joseph Church,  
25 Church Street

#### Plymouth

1/17/2019: 12:30 p.m. - 6 p.m.,  
Common Man Inn,  
231 Main Street

### MERRIMACK

#### Bow

1/17/2019: 1 p.m. - 6 p.m.,  
Bow Old Town Hall,  
91 Bow Center Road

#### Concord

1/23/2019: 9 a.m. - 2 p.m.,  
IBEW Local 490,  
48 Airport Road

1/28/2019: 9 a.m. - 2 p.m.,  
New Hampshire Division of Motor Vehicles,  
23 Hazen Dr.

## About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

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# Bulldogs knock off Eagles and Renegades

**BY BOB MARTIN**  
Bob@Salmonpress.news

LACONIA – The Belmont/Gilford Bulldogs have had a nice turnaround since the beginning of 2019, with the hockey team winning four straight games to bring the team's record back to .500.

Last week was a huge one for the Bulldogs, who had two big wins over Kennett and Moultonborough/Inter-Lakes.

On Jan. 10, Belmont/Gilford took on Kennett, which is always a heated match-up against two of the perennial juggernauts of Division 3 hockey. Kennett took the 1-0 lead in the first period on a good rush to the net by Miles Woodbury, but the Bulldogs answered quickly on a power play goal by Logan Moulton.

Kennett then scored again on a long deflected shot that got past goalie Colin McGreevy, but the Bulldogs again answered quickly with a hard shot from near the blue line by Troy Gallagher. Belmont/Gilford then took a 3-2 lead with a goal by freshman Ben Muthersbaugh in the third period. The Bulldogs, led by strong work in net by McGreevy, fended off a late Kennett attack to take the victory.

“From the start of the season we have talked about getting the freshmen up to speed and having them contribute every game,” said coach Jason Parent. “It took

**BOB MARTIN**  
(Right) Colin McGreevy covers up a puck in a good game win for the Bulldogs over the Renegades.



Joey Blake had a goal for the Bulldogs against Moultonborough/Inter-Lakes.



BOB MARTIN

**BOB MARTIN**  
(Left) Ben Muthersbaugh had two goals in the win over Moultonborough/Inter-Lakes.

us longer than expected, but the last four games they have really stepped up and contributed greatly to the team's success.”

On Jan. 12, the Bulldogs took on the Renegades of M/I and came away with a 3-1 victory. It was a tight defensive game in the first period with both teams locked at 0-0. With 8:42 left in the second period the Bulldogs got on the board for the first goal of the game with a score by Muthersbaugh assisted by Hayden Parent and Gallagher.

The third period was where the pucks started to get by M/I goalie Hunter Sanders, with a barrage of shots coming from the Bulldogs. The Bulldogs went up 2-0 with 9:47 left with a goal by Joey Blake assisted by Brady Logan.

With 4:31 left, M/I got on the board with a goal by Brett Burns and an assist by Matthew Hale.

The Bulldogs tacked on a third goal with the second of the game for Muthersbaugh on a slick one-timer that went to the top corner of the goal past Sanders. It was assisted by Gallagher on a nice cross pass.

Coach Parent said the game against M/I was a great measuring tool for the coaching staff to see how players gave improved throughout the season. He was happy with the defensive zone coverage, and that the team was able to put up three goals against a team that hasn't allowed more than two goals all season. He said it is a great feeling to see players buying into a system for winning.

Parent admitted that under Belmont/Gilford standards, the Bulldogs still have a long way to go. He said the team knows what is expected and wants to live up to the lofty standards each time they are on the ice. “At this point I feel like we have turned the corner and just need to keep moving forward and getting better every day,” said Parent. “We aren't concerned with other teams and what they are doing as much as we are with what we can do, and how we can get better each day.”

## Gingrich leads Golden Eagles in the pool

**BY BOB MARTIN**  
Bob@Salmonpress.news

CONCORD – The Gilford High School swim team participated a meet hosted by Bow and coach Dave Gingrich was pleased with the results.

For the girls' team, Laurel Gingrich was first in the 100-yard freestyle with a time of 59.95. Also placing was Alexa Leonard with a seventh place finish and a time of 1:16.09.

Gingrich also placed third in the 100-yard backstroke with a time of 1:12.07.

In the 100-yard butterfly, Claire Bartley was third with a time of 1:24.48.

In the 200-yard medley relay, the girls' team placed third with a time of 2:20.32. It consisted of Gingrich, Bartley, Lauren Sikoski and Cyndal VanSteensburg. Gilford also had a fourth place team with a time of 2:41.84 that consisted of Madison Heyman, Karly Sanborn, Grace Shoemaker and



Laurel Gingrich has been a top swimmer for Gilford High School this season.

COURTESY

Margaret McNeil.

In the 50-yard freestyle, Vansteensburg was the top racer for Gilford with a ninth place finish and a time of 32.53.

In the 200-yard freestyle relay, Gilford's top team was fifth with a time of 2:18.32. It consisted of Heyman, Leonard,

Catherine Pingol and Jillian Cookinham.

Gilford girls placed second in the 400-yard freestyle relay with a time of 4:36.59. The team consists of VanSteensburg, Sikoski, Shoemaker and Gingrich.

Highlights for the boys' team included the

following:

In the 50-yard freestyle, James Richardson was ninth with a time of 30.83; Moritz Lietz was 11th with a time of 33.97 and Neal Miller was 12th with a time of 35.22.

In the 100-yard freestyle, Griffin Plourde was seventh with a time of

1:19.76.

The 200-yard freestyle relay team was third with a time of 2:15.58. It is made up of Lietz, Plourde, Miller and James Richardson.

In the 100-yard backstroke, Lietz was third with a time of 1:32.25 and Plourde was fourth with a time of 1:41.56.

“The team did well at the Bow meet,” said Gingrich. “This considering we lost practices due to weather, so we have had two practices since Christmas. In the girls' swimming, for the 100 free, the swimmers who swam it took off 21 combined seconds. Catherine Pingol took off four seconds alone. Laurel Gingrich qualified for the 100 freestyle (first place) and 100 backstroke for States. For the boys, they had a relay team for the first time this season and competed in both the free and medley relays. Moritz Lietz had an impressive first swim in backstroke coming in third.”





# Slow start dooms Timber Wolves

**BY JOSHUA SPAULDING**  
Sports Editor

ALTON — A week after picking up their first win of the season, the Prospect Mountain hoop boys welcomed Inter-Lakes to town on Friday, Jan. 11.

The Timber Wolves were unable to continue the momentum they had built up from the win, falling behind early and dropping a 53-27 decision to the Lakers.

“They’re a good team,” coach Joe Faragher said of the Lakers. “But we didn’t come out like we’re capable of.

“We came out in Gilford with the mentality we were going to come out and compete,” the Timber Wolf coach continued. “Tonight it looked like we were a different team.”

Cutlas Greeley opened the scoring for the Timber Wolves but the Lakers were able to jump out to an 11-2 lead out of the gate. A hoop from Brandon Stellon got the Timber Wolves back on the board and Johnathan Joy drained a free throw to make it 13-5.

The Lakers, however, were able to score the final eight points of the first quarter, including a pair of three-pointers and they took the 21-5 lead to the second quarter.

The Timber Wolf defense did a nice job in the second quarter limiting the scoring chances for the Lak-



**NOAH SANVILLE** puts up a shot in action against Inter-Lakes last week.

ers. Unfortunately, the Timber Wolves only managed a pair of points in the quarter. The Lakers scored the first eight points of the quarter to stretch the lead to 29-5 before Mateo Monzione put

back a rebound with 45 seconds left in the quarter for Prospect’s lone hoop of the frame and the game went to the halftime break with Inter-Lakes up by a 29-7 score.

The Lakers contin-



**CUTLAS GREELEY** works under the hoop for two points in action against Inter-Lakes last Friday evening.

ued to build up the lead in the third quarter, as they scored the first seven points of the quarter, upping the lead to 36-7. Greeley hit a pair of free throws to get the Timber Wolves on the board but In-

ter-Lakes came back with three hoops in a row to stretch the lead to 42-9.

Monzione drained a hoop for the Timber Wolves and after a Laker hoop, Greeley drained a three-point-er to make it 44-14. The Lakers scored the final basket of the quarter and took the 47-14 lead to the final eight minutes.

The Timber Wolves had a solid start to the fourth quarter. Joy started the scoring with a free throw and then drained a hoop. After an Aaron Haynes free throw, Greeley

stepped into another three-pointer to make it 47-21.

After a Laker three-pointer, Joy and Ryker Burke each hit one from the free throw line. The visitors hit another free throw and a hoop to make it 53-23. Joy hit a hoop and Sam Reynolds drained two from the free throw line to round out the scoring at 53-27.

“We can’t have one extreme one night and one extreme the other night,” Faragher said. “We need to stabilize.

“We’ve got the mindset every game that we can compete with every team and then let the final score speak for itself,” the Timber Wolf coach said. “But tonight they kicked our butts.

“We have to do a better job executing offensively and defensively,” Faragher continued.

Greeley led the way for the Timber Wolves with 10 points on the night.

The Timber Wolves will be back in action on Friday, Jan. 18, at 6 p.m. at home against Campbell, then will visit Newfound at 6:30 p.m. on Tuesday, Jan. 22.

**PMHS 5-2-7-13-27**  
**ILHS 21-8-18-6-53**

## Prospect 27

Greeley 3-2-10, Reynolds 0-2-2, Stellon 1-0-2, Burke 0-1-1, Haynes 0-1-1, Joy 2-3-7, Monzione 2-0-4, Totals 8-9-27

## Inter-Lakes 53

Miller 3-0-6, Bird 1-0-2, Dupigny 1-0-2, Carranza 1-0-3, Swanson 12-5-32, Kelly 1-0-2, Hicks 1-0-3, Learned 1-1-3, Totals 21-6-53

*Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*



COURTESY PHOTO

THE NEW ENGLAND WOLVES held their annual Outdoor Classic earlier this month.

## Wolves host annual Outdoor Classic

GILFORD — On Tuesday afternoon, Jan. 8, Wolves EHL captain DJ Schwenke and EHLP captain Jack Johansen sat down and completed the near 50-man draft for the 2019 Wolves Outdoor Classic. Each year the Outdoor Classic is played on an afternoon in January at the Arthur Tilton Ice Rink in Gilford, located near Fay’s Boat Yard on Varney Point. Every year the stakes are raised in the best of three series, with each game decided by who scores 15 first.

Pitting the “MJHL Wolves” (wearing throwback 2014-15 inaugural Wolves jerseys) and “Laconia Leafs” (wearing throwback AJHL 2011-2013 Laconia Leafs jerseys), the two teams set for battle at 1 p.m. on Wednesday afternoon, Jan. 9. With some shrewd drafting (taking into account the 7 on 7 rules of the contest) and inspired play, Johansen’s team proved victorious in a clean sweep of games (going 2-0).

“Overall pretty good experience here,” com-

mented Johansen.

Schwenke said, “Not a lot of defense here today, and no seniority. Not a single coach picked, I’ll take ownership for that one. I’ll pass down the wisdom.”

The Lakes Region of New Hampshire has a storied tradition of outdoor games with its local prep schools such as Holderness and Brewster playing outdoor games each season. The necessity for a home for the Lakes Region Lakers, prompted local supporters (including

Merrill Fay) to construct the Arthur Tilton Ice Rink in Gilford in the early 1980s. The Wolves, in addition to providing a fun event for their athletes, take great pride in the origins of their sport in the Lakes Region of NH.

“Everyone looks forward to this event each year,” commented GM Andrew Trimble. “It’s one of the many ways that our program is special and unique.”

For more info on the Wolves program, visit [www.ne-wolveshockey.com](http://www.ne-wolveshockey.com).

## Nordic skiers shine in Andover

**BY BOB MARTIN**  
Bob@Salmonpress.news

ANDOVER — The Gilford and Belmont Nordic ski teams traveled to the Blackwater Ski Area where skiers on both the boys’ and girls’ teams excelled, highlighted by a win by freshman Catherine Stow.

Stow won the high school girls’ race with a time of 14:51, which was far in front of the second place time of 15:30. Vanessa Genakos placed eighth with a time of 16:21.

For the high school boys’ race, Belmont’s Zach Ennis was third with a time of 12:41. Mitchell Townsend of Gilford was sixth with a time of 13:17. He was just 36 seconds from the podium.

For the middle school boys’ race, Gilford edged out Ke-

arsarge for the team win. Aiden Bondaz was second with a time of 9:21.

Henry Stow was sixth with a time of 9:45; Karson Genakos was eighth with a time of 10:20; Patrick Gandini was 13th with a time of 10:47; Carter Forest was 16th with a time of 10:58; Scott Kulcsar was 17th with a time of 11 minutes; Aidan Townsend was 19th with a time of 11:40; Ian Lofblad was 25th with a time of 12:56 and Clark Blackwelder was 28th with a time of 13:14.

For the middle school girls’ race, Madeline Burlock was sixth with a time of 11:54. Megan Legro was 10th with a time of 12:31; Emilia Burlock was 18th with a time of 14:50 and Maria Tilley was 20th with a time of 14:52.





Greg Madore was a top performer in the game against Monadnock.



Malik Reese drives to the hoop for Gilford.

# Golden Eagle hoop teams fall to Monadnock

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford High School basketball teams both suffered losses to Monadnock this week that put the teams under .500, but both coach Chip Veazey and coach Rick Forge know there is a long way to go for the Golden Eagles.

**Girls' basketball**  
The girls' basketball team traveled to undefeated Monadnock on Jan. 11 and lost 59-35. It was all Monadnock from the beginning, as the Golden Eagles found themselves down 14-3 after the first quarter and could never find a way to come back.

Reagan McIntire was the scoring leader with nine points. Allison Carr had eight points and four boards. Hannah Perkins had six points and six rebounds. Abby O'Connor and Kate Sullivan each had four points. Shelby Cole had two points, four assists and three steals and Abby Warren had two points.  
“Top ranked and undefeated Monadnock raced out to a



Korey Weston wrestles for a loose ball against Monadnock.

34-12 halftime lead and coasted past Gilford 59-35,” said Forge. “The visiting Golden Eagles struggled from the floor early missing their first 13 shots and shot 17 percent on the night.”  
**Boys' team**  
The Golden Eagles took a tough home loss to Monadnock to fall to 2-3 in the early season. Gilford had a tough

time getting things going offensively, as the Golden Eagles trailed 10-4 after one quarter. Gilford battled back and had a solid second quarter, but were still down 20-15 at the half. Gilford made things interesting in the second half, as the Golden Eagles inched their way back into the game. It was 37-29 after three quarters, but with less than a min-

ute left, on a Greg Madore bucket, the Golden Eagles were down only 45-43. The final 15 seconds were dramatic, as there was confusion on whether an inbound pass went off a Gilford or Monadnock player. Coach Veazey and Gilford players called for a jump ball as there appeared uncertainty among the referees, but it was ultimately

called Monadnock ball. Gilford was forced to foul and Monadnock took the 47-43 win. The Golden Eagles were without one of their top players in

Adrian Siravo for two straight games due to concussion protocol. Leading the team in scoring was Madore with 14 points, which included a big second half that helped the Golden Eagles come back into the game. Curtis Nelson had six points and both Korey Weston and Mike Maltais had four points apiece. Logan Hughes had five points and Malik Reese had three points in the game. Veazey said the team had chances to win, as the Golden Eagles missed “some very makeable opportunities.” He also said the team needs to work on turnovers and poor shot selection, as well as poor offensive spacing that caused issues the whole game. “We need to practice and execute with more focus,” Veazey said. “Back to practice Monday with many tough games coming up.”

## On the road again (and back in my own car)

I rely on my car. A lot.  
As an example, I bought my car brand new in December of 2014. Just four years later, the car had more than 145,000 miles. So, when something goes wrong with my car, it can be a pretty big problem. Just going to the office every day is an 80-mile round trip, not to mention all of the games I have to cover on a regular basis. Usually, if my car needs work, I take it to Northern Tire in Ossipee and if it's going to be a while, they are able to give me a loaner vehicle to use until it's ready. On Christmas Eve, I was at my mother's house in Stark and my brother wanted to go to a store in Berlin, so I offered to drive him. I went out to start the car and it wouldn't turn over. My mother's neighbor came over to take a look for us and found that there was oil in the coolant tank. He pointed out that is traditionally a sign of a broken head gasket. Of course, being Christmas Eve, nothing was open. I was able to call AAA and they sent a tow truck and it took my car to the

SPORTING CHANCE



By JOSHUA SPAULDING

dealership in Berlin, but since it was closed for the holiday, it was bound to just sit there for a few days. I knew that I had a game scheduled for the day after Christmas in Conway, so the planning started. I had an offer to loan me a car for a while, which was incredibly generous. So, after Christmas dinner, my brother and I took my mother's car and headed south to Alton, where we picked up the car and my brother headed back home. The loaner car did the trick for the Christmas tournaments but there was not very good news from the dealership. It turns out that it was actually going to be cheaper to replace the engine in my car with a remanufactured engine than to rip through the entire engine to diagnose the problem and fix it. And while they had the engine apart, it made sense to replace the clutch as well. I made a trip north on New Year's Eve to

see my brother and drove him to the bus the next morning as he headed to the airport to head back out west. The dealership told me that the car would be ready Wednesday afternoon so I made plans to head north on Thursday to pick it up and at the same time, cover the Nordic race that was taking place at Great Glen. I picked up my mother's car and drove to Great Glen but a stop at the dealership revealed that the car would not be ready that day. Luckily, my mother didn't need her car the next day, so I was able to head home with her vehicle. I called the next day and they told me that the car would be ready by 3:30 p.m. and if it wasn't, they would provide me with a loaner car. So, I drove my mother's car back to Berlin and sure

enough, the car wasn't ready. I was able to get my mother's car back to her and took the loaner and headed back south to cover basketball in Plymouth. Thankfully, the car was ready on Saturday and I was able to make my fourth trip to Berlin in a week and returned home with my car. And so far, so good. Finally, have a great day Jay Sydow.

*Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.*

## Vertical Challenge to benefit veterans

BRETTON WOODS — On Saturday, March 9, the Brain Injury Association of New Hampshire will be hosting its Vertical Challenge Winter Event at Bretton Woods Ski Resort. Check-in begins at 8 a.m. There are two fun ways to participate, ski and find the letters to solve the anagram or snowshoe and receive a poker hand. Either way it is sure to be a fun day for all. Registration is \$125 per person. You can participate as an individual or as a team of two, three or four. Included with your registration are an all

day lift ticket/trail pass, shirt, lunch and one beverage ticket. Prizes will be awarded to Individuals and teams; raising the most money, having their name drawn from all who correctly solved the anagram, or for having the best poker hand. For more information on participating or sponsoring, please contact Lori Sandefur at lori@bianh.org or 568-8817 or to register, go to https://bianh.salsalabs.org/vc2019. Proceeds from this event will help us to support NH brain injured veterans.



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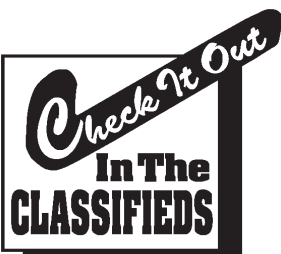


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This spectacular, half-acre waterfront land on The Basin offers road and water frontage. Electric is at the street. This is an excellent opportunity to build your dream waterfront home!  
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<b>SANBORNTON:</b> Great possibilities for the 60+/- ac. Frontage for several homes. <b>\$298,000 #4730385</b>	<b>GILFORD:</b> Great building lot close to Gunstock Mtn. Ski Resort. <b>\$30,500 #4724049</b>	<b>THORNTON:</b> Two acre lot w/ potential views of Owl's Nest Golf Resort. <b>\$79,500 #4731288</b>	<b>DANBURY:</b> Slope-side building lot across from Ragged Mtn. Ski Resort. <b>\$59,000 #4730884</b>

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BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

Who to Call


Where to Meet

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U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention





Crossword Puzzle

1			2					3
4				5				
6				7				
	8							

ACROSS

- 1. Artistic
- 4. Related to solving problems
- 6. Orderly line
- 7. Turn slightly
- 8. Covered in color

DOWN

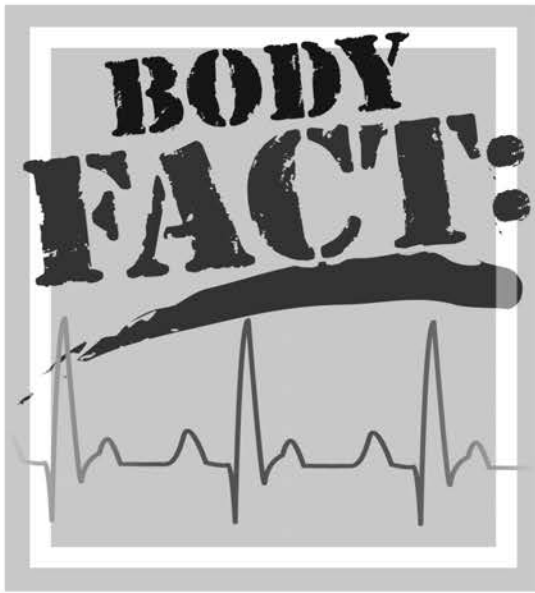
- 1. Hues
- 2. Breakfast food
- 3. Eager
- 5. Silky feel

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- GERMAN: Töpferei



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Can you guess what the bigger picture is?

ANSWER: ART EASEL

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to slow cooking. Each number corresponds to a letter. (Hint: 3 = c)

A. 3 20 16 3 25

Clue: Food container

B. 12 6 4 10

Clue: Hearty meal

C. 12 7 2 2 4 20

Clue: Below boiling point

D. 25 7 6 3 13 4 11

Clue: Food prep room

Answers: A. crock B. stew C. simmer D. kitchen

SUDOKU

			3		4	7		9
	7				5	6		
2			7	6	8		1	
	6				2	1	9	
	8	1	9			2		
	5		8	7				3
	9					3		6
				1	9		4	7
7		6	5					1

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	4	6	5	8	3	9	2	1
5	2	3	6	1	9	8	4	7
1	9	8	2	4	7	3	5	6
9	5	2	8	7	1	4	6	3
4	8	1	9	3	6	2	7	5
3	6	7	4	5	2	1	9	8
2	3	6	7	8	5	1	4	9
8	7	4	1	9	5	6	3	2
6	1	5	3	2	4	7	8	9

ANSWER:





BOB MARTIN

Colton Workman was fourth in the giant slalom and the slalom for the Gilford.



BOB MARTIN

Max Stephan raced for Gilford at Gunstock last week.



BOB MARTIN

Bethany Tanner cruises through the slalom course for Gilford.



BOB MARTIN

Shealagh Brown helped the Gilford alpine ski team to win the Jan. 11 meet at Gunstock.

# Gilford girls win meet at Gunstock

BY BOB MARTIN  
Bob@Salmonpress.news

GILFORD – The Gilford High School ski team participated in a meet on Jan. 11 with the girls' team taking the top spot in both the giant slalom and slalom

races. The boys' team was fourth in slalom and sixth in giant slalom.

For the girls' team in the giant slalom, Sydni Lehr took first place with a time of 59.32. Bethany Tanner

was third with a time of 1:01; Sophia Lehr was eighth with a time of 1:03.41 and Kendall Jones was 10th with a time of 1:04.99.

Shealagh Brown was 12th with a time of 1:06; Hannah Lord was 18th

with a time of 1:10.52; Michelle Gallant was 32nd with a time of 1:29.24 and Maddie Rector was 39th with a time of 1:51.58.

In the slalom, Sydni Lehr was fourth with a time of 1:17.81; Tanner

was sixth with 1:20.35; Brown was ninth with 1:23.71; Sophia Lehr was 10th with 1:26.01; Jones was 11th with 1:26.80; Lord was 16th with 1:34.07; Gallant was 36th with 2:17.92 and Rector was 40th

with 2:55.53.

For the boys' team in the giant slalom, Colton Workman was fourth with a time of 59.55. Max Stephan placed 24th with 1:12.26; Steve MacDonald was 27th with 1:13.51; Tim Jagush was 28th with 1:14.31; Isaac Wallace was 47th with a 1:27.68; Brian Tremblay was 56th with 1:30.28; James Teunessen was 57th with 1:31.24; Aidan McBen was 58th with 1:31.43 and Alex Cameron was 61st with 1:37.14.

In slalom, Workman was fourth with 1:16.94. Stephan was 22nd with 1:41.96; Nick Kaminski was 23rd with 1:42.01; MacDonald was 32nd with 1:47.95; Jagush was 34th with 1:54.42; Wallace was 50th with 2:14.25; Tremblay was 55th with 2:17.70; Teunessen was 56th with 2:19.54; Cameron was 59th with 2:30.49 and McBen was 60th with 2:32.63.

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