

THURSDAY, FEBRUARY 28, 2019

GILFORD, N.H. - FREE

# **GHS' Moreau named Special Education Teacher of the Year**

BY ERIN PLUMMER

mnews@salmonpress.news A longtime Gilford High School educator received the award for New Hampshire Education Teacher of the Year.

On Friday afternoon, case manager Jean Moreau received the award for New Hampshire Special Education Teacher of the Year. The announcement was made right before the Winter Carnival gym events. A team of administrators, district and school board representatives, and others came together in front of the students and announced Moreau's award.

Moreau received the award after an extensive review and and interview process.

The award is presented by the New



ERIN PLUMMER

Hampshire Excellence in Education Awards (EDies) and the Council for Exceptional Children, an international organization to support special education professionals.

А nominating committee met with Moreau, interviewed her and her colleagues, and came to the school to see her in action. Moreau said the nomination process involved answering a lot of questions.

She said her colleagues really contributed to this process such as administrators, classroom teachers, and case managers.

"My colleagues have been great; the administrators, the teachers supported me through this process," Moreau said.

She said she feels SEE **MOREAU** PAGE A10

Jean Moreau with her flowers in the lobby of the school.

Little comment at hearing for election date change



#### BY ERIN PLUMMER

#### mnews@salmonpress.news

A public hearing to change the date of town elections lasted just a few minutes last week, with only one speaker.

Article 23 is a petitioned article to change town elections from March to May. A public hearing on the article took place on Tuesday at the Gilford High School Auditorium.

Michael Dowe was the only speaker and voiced opposition to the article. No one else spoke at the meeting and it was adjourned after a few minutes.

Dowe said had said he looked at other towns in

the state that changed their voting day to May and found they have not seen any increases in numbers.

After the meeting, Selectman Chan Eddy said he also contacted a few towns that changed its voting to May. Newport, which is a similar size to Gilford, said they didn't see much of an increase in voting.

One community that went to May voting was Sanbornton, though Dowe said they later made the vote to go back to March.

Dowe said in order for the town to change the date they would have to change their budget-

ing for a year. The town could change its fiscal year, bond the needed funds, or in the previous year ask for nine months worth of funds.

He also talked with someone at the SAU office who said this change could have a big impact on the quality of education in the schools. Dowe said he learned tuition money is a large source of revenue and Gilford changing the date of the elections will have a big impact. While Gilmanton will have that revenue submitted in March, Gilford would have it in for May which would have an impact.

SEE **ELECTION** PAGE A9

LRSF New Board members with the Lakes Region Scholarship Foundation Directors. Sitting (left to right): Jim Chase, Judy Ball and Don McLelland. Standing: (left to right) Karen Switzer, Assistant Director and Paulette Loughlin, Executive Director.

### Lakes Region Scholarship Foundation celebrates past, looks forward, announces scholarship deadline

At the Annual Lakes Region Scholarship Foundation Board of Trustees meeting, held

on Jan. 16, a new board officer and three new board members were elected. They include: Joan Frates, Corporate Secretary, and newly elected trustees: Judy Ball, Jim Chase and Donald McLellan.

The Board also offered thanks and farewell wishes to Pam Hayes, Marcia Hayward and Michael Nolan, all of whom have been with LRSF for nine years and have reached their term limit of nine years. Pam has served as the Board Secretary for the past two years, served on the Donors Day committee as well as serving as the chairman of the Annalee Thorndike Art Competition for many years. Marcia Hayward has been a very active board member serving on the Donors Day

committee, the Annalee Thorndike Art Competition committee, was an active part in the Annual Community Spelling Bee and has always been there whenever any extra hands were needed. Michael served as the Foundation president for two years and remained on the board as past president as well. All of these individuals have been valued members of the LRSF team, sharing their knowledge, time, and expertise over the years.

Donna Hennessey, LRSF Board president, commented, "Looking over this past year, we have accomplished a lot. We awarded scholarships to 308 local students to continue their education through the generos-SEE LRSF PAGE A9

### GHS Winter Carnival brings out team spirit

#### **BY ERIN PLUMMER**

mnews@salmonpress.news The 2019 Winter Carnival at Gilford High School brought out team spirit, fierce competition, and a lot of talent with the juniors taking a narrow victory.

The week before February vacation was Winter Carnival week at GHS, with a week of fun events and activities for all students. The different classes competed against each other in numerous events.

Every year, Winter Carnival is orga-SEE **CARNIVAL** PAGE A9



The sophomores show their spirit.

ERIN PLUMMER

A2 THE GILFORD STEAMER



THURSDAY, FEBRUARY 28, 2019

# Notes from the Gilford Public Library

### **BY MARK THOMAS**

Library Correspondent

Family & Relationships is the new Parenting section in the Children's Room. The old parenting section down in the Children's Room was full of books on parenting strategies: 'Simple' things like toilet training, healthy recipes kids will eat, managing behaviors, education and experience, raising extraordinary children, difficult topics like death, bereavement, and divorce, and so much more. The problem we found was that all of these different topics related to parenting were organized by the utterly unintuitive Dewey Decimal system. Browsing the shelf felt clumsy with unrelated topics right next to one another.

Relations section has verbal subsections for each of the categories mentioned above, and a few more. It's a whole new look! Be sure to swing by it to see. It's by the toy table and sofas, right where a parent's wandering eyes will land.

The greatest parenting resources are the space itself and the staff ready to help. The Children's Room is a place for children to play, socialize with others, find books on any topic, and explore for themselves. Meanwhile, parents can help them, connect with other parents, learn from literacy programs, and browse both the Family & Relations section and the curated display of books from the regular

The new Family & collection. The storytime is frequently bustling with the latest activity, whether it be one of the storytime programs, Spanish Camp, a passive craft, or any of the other programs happening weekly. The librarians know the collection as if they've been reading the books for years--because they have been. Looking for realistic fiction to inspire your reluctant 2nd grade grandson? They

> can help. An example of a relatively new question that parents and guardians have been asking us for are books on how to help children learn from and use modern technology without becoming addicted or dependent. Recently, we have picked up books like 'Tech Generation: **Raising Balanced Kids** in a Hyper-Connected World' by Mike Brooks and Jon Lasser and 'The Art of Screen Time: How Your Family Can Balance Digital Media and Real Life' bv Anya Kamentz. Both of these resources found in the Family & Relations Parenting section can help to describe the experiences that families have with modern technology, without advocating extreme solutions.

Parents have said that Anya's mantra, 'Enjoy screens. Not too much, Mostly with others', is helpful.

Whatever your family question is, try to find it in the Family & Relations section or ask a librarian. It's what we're here for.

**Classes & Special Events** Feb. 28 - March 7

Thursday, Feb. 28 Geri Fit, 9-10 a.m. Vacation P.J.s Mov-

ie, 10:30 a.m.-noon Come join us in your p.j.s and enjoy a movie and snacks with us. All ages are wel-

comed! Conversational French, 4-5 p.m.

Arm Knitting, 5:30-6:30 p.m.

Learn how to arm knit! All supplies provided. Sign up at the Library.

Incredibrew: Craft Brewing in New Hampshire, 6:30-7:30 p.m.

New Hampshire has a booming craft brewing scene. Maybe you've been to a local brewery, tried brewing your own beer at home, or maybe you just want to learn more about it. Erik Croswell of Incredibrew in Nashua will be here to talk about how beer is brewed, comparisons between brewing at home, at Incredibrew, and at 'micro' breweries, and the beer scene in NH.

### Friday, March 1

Social Bridge, 10:30 a.m.-12:30 p.m. Knit Wits, 1:30-2:30

p.m.

Conversational German, 2:30-3:30 p.m.

#### Monday, March 4

Fiber Friends, 10 a.m.-12:15 p.m.

12:30-3 Mahjong, p.m.

#### Tuesday, March 5

Geri Fit, 9-10 a.m. Hook Nook, 10-11 a.m.

Join Zeb Fontaine to learn, practice, and perfect your crocheting skills. Bring your own crochet hooks and yarn or the library can provide some.

Dr. Seuss' Birthday Party, 10:30-11:30 a.m.

Come and celebrate Dr. Seuss's birthday with a visit from Dr. Seuss, listen to stories, crafts, games, and more. It's a celebration you don't want to miss!

Social Bridge, 10:30 a.m.-12:30 p.m.

#### Wednesday, March 6 Line Dancing, 9-10:30 a.m.

Check Out an Expert, 10 a.m.-noon

Internet! The Good, the Bad, and the Ugly, 3-3:30 p.m.

What does your Battle Royal game of choice say about you? How many memes can you make in a minute? Find out during Teen Tech Week's discussion group.

#### Thursday, March 7 Geri Fit, 9-10 a.m.

Homeschool Game Club, 1:15-2:30 p.m.

Teen Game Club, 2:30-3:30 p.m.

Conversational French, 4-5 p.m.

#### 1. "Educated" by Tara Westover

- 2. "Becoming" by Michelle Obama
- 3. "The Chef" by James Patterson
- 4. "Where the Crawdads Sing" by Delia Owens

Gilford Public Library

Top Ten Requests

- 5. "The Wedding Guest" by Jonathan Kellerman
- 6. "Investing Quickstart Guide" by Ted D. Snow 7. "The Life-Changing Magic of Tidying up"
- by Marie Kondo
- 8. "The Silent Patient" by Alex Mchaelides
- 9. "A Spark of Light" by Jodi Picoult
- 10. "The Lost Man" by Jane Harper

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**GILFORD POLICE LOG** 

The Gilford Police Department responded to 425 calls for service and made the following arrests from Feb. 11-24. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged with a crime, have been with-

held from publication. Stephen G. Cote, arrested on Feb. 14 for Driving While Intoxicated and Aggravated Driving While Intoxicated.

Nathan L. Greene, age 26, of Laconia was arrested on Feb. 15 for Driving After Revocation or Suspension-Subsequent.

A juvenile, age 17, was arrested on Feb. 16 for Unlawful Possession of Alcohol and Possession and/or Use of Tobacco Products by a Minor. Mariah C. Marceau, age 27, of Salem was arrested on Feb. 16 for Driving While Intoxicated. A passenger in bench warrants. Marceau's vehicle was taken into protective custody for intoxication.

arrested on Feb. 19 for Unlawful Possession of Alcohol.

Sam S. Stearns, age 27, of Gilford was arrested on Feb. 20 for Domestic Violence-Simple Assault-Bodily Injury.

Patrick G. Stitt, age 44, of Belmont was arrested on Feb. 21 for **Receiving Stolen Prop**erty Valued at less than \$1,000.

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age 35, of Gilford was arrested on Feb. 11 for Driving After Revocation or Suspension-Subsequent.

Ashley R. Huckins, age 31, of Salem was arrested on Feb. 14 in connection with an outstanding bench warrant.

Chris Peterson, age 56, of Gilmanton was

Alvssa Sheehan,

Robert E. Leroux, age 46, of Gilford was arrested on Feb. 22 for Driving After Revocation or Suspension and in connection with three outstanding

Steven D. Marchand, age 30, of Gilford was arrested on Feb. 23 in connection with an outstanding bench warrant.



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# **Presentation on vaping coming to Gilford March 7**

#### **BY ERIN PLUMMER**

mnews@salmonpress.news Students, families, educators, and com-

have the opportunity vaping, e-cigs, and tion on March 7.

munity members will the effects on teens in an entertaining and to learn more about informative presenta-

### GILFORD PARKS AND REC NEWS

### **BY HERB GREENE**

#### Director

#### Gilford Parks and Recreation 26th Annual Francoeur/Babcock Memorial Basketball **Tournament!**

Come and see Youth Basketball at its best in Gilford during the 26th Annual Francoeur/Babcock Memorial Basketball Tournament taking place at the Gilford Middle School from Thursday, March 7 to Sunday, March 10. Sponsored by the Gilford Parks and Recreation Department, the tournament will host 12 area teams consisting of boys and girls in grades three through six from Belmont, Gilford, Gilmanton, Laconia, Sanbornton and Tilton/ Northfield. This invitational tournament is held in memory of Aaron T. Francoeur who was a thirteen year old Gilford Middle/ High School student when he succumbed to cancer in the summer of 1993. Nathan Babcock's name was added in 2006 after he lost his battle with cancer in the fall of 2005. All proceeds from this tournament are given in scholarships in Aaron's and Nate's names to deserving Gilford students who are furthering their post high school education. Many former players and scholarship recipients return each year to help at the tournament, be it officiating, scoring, timing, selling tickets and t-shirts, or working at the concession stand.

Athanas and Pines Senior Boys Division (Grades 5 and 6) -Gilford, Belmont, Lou Athanas and Sanbornton

The schedule for the opening rounds of play will be:

#### Thursday, March 7 Junior Division (Coed) Gilford vs. Gilmanton at 5 p.m.

Junior Division (Coed) Lou Athanas vs. Sanbornton at 6:15 p.m. Senior Girls Divi-

sion Gilford vs. Belmont at 7:30 p.m.

#### Friday, March 10th

Senior Girls Division Lou Athanas vs. Pines at 5 p.m.

Senior Boys Division Gilford vs. Lou Athanas at 6:15 p.m.

Senior Boys Division Belmont vs. Sanbornton at 7:30 p.m.

On Saturday, March 9, games will begin at 8 a.m., and the last game of the day will be played at 6 p.m. On Sunday, March 10, the Championship round games are scheduled to begin at 9 a.m.

The tournament is open to the public, and everyone, young and old alike, is invited to attend. The admission fee is \$2 for adults and \$1 for children. A Tournament Family Pass (all games) is also available for \$10.00. Children not of school age, coaches and players are free. Be sure to mark your calendars now and come join us for some great basketball, positive competition, good sportsmanship, and community spirit!

Program on Monday, March 4. We will meet upstairs at Funspot at 12:15 p.m. for a fun round of mini golf. For \$5.00, you will be able to "putter" through many New Hampshire landmarks and some fun obstacles! After golf, we will be heading to Kellerhaus for dome of their delicious ice cream and a look around their beautiful gift shop. Participants are responsible for their own golf and ice cream costs. Participants are asked to RSVP by Friday, March 1.

#### **Senior Moment-um Dinner and Show** Night - Wednesday, March 13

Gilford Parks and Recreation in conjunction with the GHS Performing Arts, and the GHS Interact Club is sponsoring a Dinner and Show evening for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, March 13. Participants will meet in the Gilford High School Cafeteria at 5 p.m. to enjoy dinner put on by the GHS Interact Club. Following dinner we will head into the Auditorium to watch the High School's performance of "A Seussification of a Midsummer Night's Dream." This fun, short play is a reimagining of how Shakespeare's magical tale might have played out if Dr. Seuss had gotten his hands on it! There is no fee for this program, but space is limited and reservations will be accepted on a first come basis. Participants must RSVP by Friday, March 8.

On March 7, Robert Hackenson of Dynamic Influence will be giving a presentation on the dangers of vaping and electronic cigarettes in the Gilford High School auditorium. Hackenson's show will be edutainment with "Magic and Messages" about teen vaping, the dangers of vaping, and how companies will market to teens.

"I think across the nation, we've seen an increase in teenagers vaping," said GHS Assistant Principal Tim Goggin.

Goggin said regular cigarettes are "antique" for students today. He said he has never dealt with a tobacco-related incident, though vaping is something he sees quite a bit.

"It's pretty clear that companies are targeting, exploiting youths," Goggin said.

Goggin visited a smoke shop in Laconia, noting that there are two right by Laconia High School.

Electronic devices can deliver tobacco, marijuana, and synthetic drugs. Goggin said the concentrations of nicotine, THC, and other chemicals are more potent when delivered in electronic devices.

Goggin said previously vaping devices were as big as his phone case, now they

look like flash drives, pens, and other school tools. There are even some in hooded sweatshirts with a tube looking like a drawstring.

"It's just challenging to keep your thumb on because they conceal it so well," Goggin said.

Research is still being done on the effects of vaping, but Goggin said e-cigs might not be safer than cigarettes as they have been marketed to be. He said kids could be vaping and have to deal with lasting health effects down the line.

Goggin said he wants to educate students and their families about this.

SEE **VAPING** PAGE A9

### Gilford Rotary bosting Evening in Paradise Encore April 13

The Gilford Rotary Club will bring the Caribbean to the Lakes Region with a special "Cabin Fever Reliever" evening at Contigiani's Event Center on Saturday, April 13 from 5:30 to 10 p.m.

"An Evening in Paradise" is sponsored by All Metals Industries of Belmont and Lakes Region Dental Care of Gilford. The evening will feature a Caribbean style buffet and desserts, special island drinks, cash bar, silent auction, 50/50 raffle, photo booth, and dancing to the fabulous tunes of The Hot Tamales band. The Hot Tamales are a five-piece acoustic/electric rock band playing the music of yesterday and today with a spicy edge. The band features Jim Devlin on acoustic/ electric guitars and vocals, Paul Costley on percussion/guitar, vocals & harmonica, Jay Ranslow on bass & vocals. Ian Katz on sax & vocals and Simon Adamson on drums. The band has opened for The Beach Boys and shared the stage with Bob Marley's bandThe Wailers. The Gilford Rotary Club is thrilled to welcome The Hot Tamales back again this year. "An Evening in Paradise" contributors include: Meredith Village Savings Bank, T-Bones/Cactus Jacks, Fireside Inn & Suites, The Laconia Daily Sun, 107.3 WEMJ, Gil-Home Center, ford 98.3 WLNH, Gilford True Value Hardware,



"An Evening in Paradise" sponsors and Gilford Rotary Club's Fundraising Committee members. L-R Standing: "An Evening in Paradise" Chair Don Clarke; Gilford Rotary Member Bill Finethy Gilford Home Center and Gilford True Value Hardware: Gilford Rotary President John Beland, and Heidi Paiva, CEO, All Metals Industries Seated L-R: Sponsors Dr Ashleigh Jones and Dr. Chandler Jones of Lakes Region Dental Care.

and Franklin Savings mation contact Don

The tournament this year will consist of the following divisions and teams:

Junior (Coed) Division (Grades 3 and 4) Gilford, Gilmanton, -Lou Athanas and Sanbornton

Senior Girls Division (Grades 5 and 6) -Gilford, Belmont, Lou

### **Senior Moment-um Programs Funspot Mini Golf** and Kellerhaus Trip on March 4

The Gilford Parks and Recreation Department is sponsoring Senior Moment-um

For more information or to RSVP please call the Parks and Recreation Office at 527-4722.

### Lenten service and study at UMC Church

The First United Methodist Church of Gilford will hold an Ash Wednesday service on March 6 at 7 p.m. Ash Wednesday marks the beginning of the season of Lent which ends on Easter. Christians all over the world receive ashes, often in a mark on the forehead or hand, as a sign of repentance of sins and to remember that we come from dust and will return to dust. The ashes are made from the burning of dried palms from last year's Palm Sunday.

This service is open to all in the community; everyone is welcomed to come, worship, and receive ashes. The church is hand. Taste the tinge located at 18 Wesley Way (off Route 11a near the 3/11 bypass) in Gilford.

Beginning on Wednesdays, starting March 13 and going for six weeks, there will be a Soup and Bread Supper at 5:30 p.m. in the church fellowship hall. The soups and breads are arranged by various committees in the church.

The study this year will be "He Chose the Nails, What God Did to win Your Heart," written by Max Lucado and is described as follows:

"Linger on the hill of Calvary. Rub a finger on the timber and press the nail into your

of cheap wine and feel the scrape of a thorn on your brow. Touch the velvet dirt, moist with the blood of God. Allow the tools of torture to tell their story. Listen as they tell you what God did to win your heart." The study will be led by Rev. Jim Shook.

Please contact the church if you will be participating. Books can be obtained in the church office for \$10 or on your own. For questions or to sign up for the study, please call Joyce in the church office at 524-3289. The office is open Monday through Friday from 8:30 a.m. - noon.

Bank.

Admission for this adults-only event is \$50 per person. Tickets can be purchased online at www.gilfordrotaryevents.weebly. com. Tickets are also available from Gilford Rotary Club members and at Greenlaw's Music in downtown Laconia.

Fireside Inn & Suites located in Gilford is offering discounted overnight accommodations to event attendees.

For more infor-

### Clarke at email: don@ pennypitoutravel.com or phone/text: 455-9909. Proceeds from "An Evening in Paradise" will benefit nonprofit organizations supported by the Gilford Rotary Club including the Gilford Youth Center.

Bring your friends and family members to "An Evening in Paradise" and enjoy the social reception beginning at 5:30 p.m., dinner at 6:30 p.m., with dancing starting at 7:30 p.m.

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A4 THE GILFORD STEAMER

# Pet of the Week:<br/>ScotalooNORTH COUNTRY NOTEBOOK<br/>Cougar and man, to the death,<br/>in the mountains of Colorado

PINON



Meet Scootaloo, a darling 6 year old beauty. This southern belle lab mix is beyond precious. Playful, happy go lucky and incredibly smart, Scootaloo does however come with a lingering trauma from somewhere in her past. Although she doesn't show to be in severe pain, Scootaloo will need a number dental extractions of and reconstruction to her hard palate due to suffering some form of blunt force trauma before she came to us.We are currently looking for donors to help offset the medical costs. But in the meantime, Scoot is happily content to chomp around with her toys, loves exploring the great outdoors while she waits for her humans to come and take her with them on an even grander adventure around the lakes region and beyond. She will be great with kids of all ages, although possibly a bit too exuberant for wee ones. When it comes to four legged friends, she's a bit picky with her fellow canines, but a dog savvy cat could make a wonderful companion. She's the type of girl who will give you a smile on even the cloudiest of days. With a certain look in her eye and easy smile Scootaloo is definitely one who will bring her people eternal joy, laughter and love.

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COLUMNIST

People who keep track of news about all things cougar---mountain lion, catamount, panther, wildcat, puma, and so on---are likely to know about an incident in Colorado on Feb. 4, in which a runner survived a cougar attack by fighting back. These things, like an accident during hunting season, have a quick way of getting around.

Travis Kauffman, 31, said he knew something about a cat's behavior from watching his cat at home, and knew that the greatest risks were being bitten on the neck or disemboweled by the cougar's powerful hind legs.

Investigators who went to the scene, along a popular 15-mile loop



COURTESY COLORADO PARKS & WILDLIFE Not a "Here Kitty" situation: Male mountain lions (cougar, catamount, et al) can easily top 200 pounds.

around Horsetooth Mountain, said that under the circumstances it was the best faceoff anyone could hope for: a cool-headed teacher who knew a bit about cougars, versus an immature mountain lion that might have been making its first attack on larger prey.

The mountain lion is native to New England, and the federal government has declared its sub-species, puma concolor couguar, extinct. Many people who live in the vast woodlands of northern New England and the Maritimes are not so sure.

In reporting the incident, Colorado Parks and Wildlife noted that mountain lion attacks are rare, with "fewer than 20 documented fatalities in North America in more than 100 years."

+++++

After he removed his mangled arm from the dead animal's jaws, Kauffman ran three miles out of the park, where a passerby picked him up and took him to the hospital.

The operative phrase

here is "ran three miles." Here's a guy who's just been mauled by a mountain lion, with chunks of skin and muscle missing and fang-punctures all over his head, and he runs three miles for help.

This put me in mind of Hugh Glass, the mountain man who in 1823 on the upper Missouri was mauled by a grizzly, left for dead by a fellow trapper assigned to care for him, and returned to the trappings of "civilization" to exact his revenge.

It also made me think of John Colter, captured in Yellowstone by the Blackfeet, released stark naked, and given a head start; and who then outran his pursuers even though there were several, and they could take turns running at top speed.

Colter made it, too.

#### +++++

Mountain lions, like other big cats, often SEE **NOTEBOOK**PAGE A9

### FROM OUR READERS

### Article 24 is a bad idea for Gilford

To the Editor:

Regarding Warrant Article 24 for Gilford Town Meeting and Article VIII for Gilford School District Meeting — a petition to move our town meeting date from March to May:

I first heard of this warrant article on Jan. 10, at the Budget Committee hearing. I thought it was deserving of some research.

The reason given by the author of the warrant articles is that there is the possibility of greater voter turnout in warmer weather, and it is possible that more "snowbirds" may be home to cast their ballots. Neither of these reasons have been proven factual; in fact, it's possible that neither one will hold true! I gathered voting information from 2008 to last year, and the weather conditions on each voting day. My conclusion: Except for typical increased voter turnout on presidential election years, Gilford's turnout has ranged between 13 and 22 percent. Yes, in 2010 turnout was 22 percent and it was 44° and fair. In comparison in 2011 we had 13 percent and it was 39 degrees and cloudy. In 2013, we had 14 percent participation, and it was 50 degrees and fair. Last year we had 17 percent and 35° degrees, with a wintry mix. This data alone disproves the claim that our voting percentages are weather related. This is fuzzy logic. However, it's possible that the warrant could pass for the town but not for the school, forcing residents to have to go to two elections, one in March and one in May. There are extra costs associated with running two elections. We (the town and/or school) could be operating from January to May without a budget. Think about trying to run your household for five months not knowing exactly how much money you're going to be paid. Any accountant will tell you that is no way to run your finances. What if something unexpected happens? It was suggested that if needed we could ask for emergency appropriations. Town Administrator Scott Dunn said that if we should need an emergency appropriation it would involve petitioning the court for a special town meeting and the judge must determine that an emergency exists. If approved, that's another town meeting and the costs associated with it. It seems to be favored by the author(s) of this petition that such a move would have to include an 18-month revised fiscal year which would require the taxpayer to make (two) 9-month tax payments. Many families today live paycheck to paycheck and don't have savings. They can't prepare for emergency repairs much less huge tax bill! My taxes are in escrow. If my mortgage company saw my tax increased by \$2,000, they would immediately increase my mortgage payment. Is the town going to call my mortgage company to explain? There are concerns that schools would not have enough time to budget appropriately for hiring and contracts because the Gilford School District hiring timeline would be pushed until after all other districts have already completed

their hiring. It could possibly also put our relationship with Gilmanton at risk as they would have to guess their payment to us or move their date as well. Losing Gilmanton would affect us to the tune of \$3.3 million, and we could lose our AP accreditation, sports programs, many extracurricular activities. Our summer school program could suffer as people don't like to scramble last minute to see if they can find childcare for the

summer. Both would be a huge hit to our pockets. The state has amended RSA 657:1 to protect voters during bad weather. "When the National Weather Service has issued a winter storm warning, blizzard warning, or ice storm warning for election day a person who is elderly or infirm or who has a physical disability, who otherwise would have voted in person but has concerns for his or her safety traveling in the storm, shall be considered absent for purposes of this chapter and may vote absentee on the Monday immediately prior to the election." This also goes for a person who cares for children or infirm adults who reasonably anticipates that school, child care, or adult care will be canceled. The full text can be found on the SOS website http://sos.nh.gov/ under changes to the election laws. It seems to me that the state has taken care of this issue and I'm certain Mr. Silber was quite aware of this, seeing that he was on the election law committee last term as a state rep! At the selectmen's hearing, it was suggested that only those who benefit from town spending go out in the inclement weather to vote. This is not a partisan issue and to try to frame it that way is ridiculous. Sometimes a single issue does drive some more than others to the polls. Isn't that the nature of politics and it will continue to happen even if we change the date? I might point out that this warrant is not recommended by the Board of Selectmen, who for many years have proven to have the towns best interests in mind. I do believe, however, that this statement is more to the point of why this petition was created. Perhaps this is more about the warrant article's author, Norman Silber, not winning reelection to the Budget Committee last year? Because he believes that not enough of his people got out to vote? Budget Committee member Skip Murphy stated several times in the debates that have ensued over this warrant article that this isn't about the inconvenience to the schools or town, it's about "the townsfolk." I absolutely agree. All these scenarios place undue stress on not only our town or schools but mostly on us taxpayers, and for what purpose? This is an experiment at best. There is nothing to prove that this will increase voter turnout. This isn't a "let's just give it a test drive and see how it goes." This is a bad idea. Please vote no on petitioned warrant Article 24 for the town of Gilford and VIII for Gilford School District

THURSDAY, FEBRUARY 28, 2019

Our fax number is 279 3331. E-mail us at brendan@salmonpress.news. We're looking forward to hearing from you!

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Johnna Davis Gilford

### Local News

# **Patrick's Pub & Eatery builds community leaders**

GILFORD—Megan Page is the general manager at Patrick's Pub & Eatery, but her influence in the community reaches far beyond food quality and customer service. Page also changes lives.

At the auctions we host frequently at Patrick's—to benefit local nonprofits or community members battling an illness or crisis— Page is there, front and center, making sure everything runs smoothly.

And when it's time for Patrick's Pub Mania, a fundraiser for the Lakes Region Children's Auction, Page serves for each of the 24-plus, aroundthe-clock hours as Co-owner Allan Beetle's right-hand woman. She trouble-shoots problems, acts as disc jockey for the karaoke and lip-sync hour, and doesn't stop moving, thinking, or solving until the bar stools are empty.

These experiences are helping to transform Page into a seasoned leader, but she also actively pursues professional growth. She graduated in 2013 from the Leadership Lakes Region's eightmonth program. She has attended Landmark Worldwide seminars, and she joined the board of directors for the Lakes Region Child Care Services last May.

"Since working at Patrick's, I have come the restaurant's generto realize how important it is to give back," said Page, who lives in Meredith. "The pub's owners, Allan and Jeff Beetle, taught me that, and they instill that in the culture of Patrick's." Building leaders and boosting employees, so they can, in turn, boost the community, is part of the Patrick's mantra. It's something that Page has seen firsthand, ever since she joined the Patrick's team as a server in 2002."Allan and Jeff will do anything for the community and for their employees," she said. "I definitely consider them family. I can call Allan at any time of day, wheth-



Megan Page

COURTESY PHOTO

er it's about work or something personal, and he'll help me. It's exciting to work for people who are so giving."

At Patrick's, Page has worked up the ranks from server to floor manager, dining room manager, and assistant general manager. In 2010, Allan was al manager, but he relinquished his position to Page, seeing great potential in her. "Megan is an extraordinary person, and we are very grateful to have her leading the restaurant and staff," Allan said. "Perseverance. fun, loyalty, and honesty are all words I'd use to describe her. It's been very rewarding to see her develop into the leader she is today." Because there is no ceiling for Allan on personal or professional growth, he encouraged Page to sign up for the local leadership program and the seminars. "Allan's always pushing me to become a better leader and pushing me out of my comfort zone," Page said. "Enrolling in the Leadership Lakes Region program was a great way to get a little more involved in the community."

Having also participated in a Landmark Worldwide seminar himself, Allan recommended Page attend a forum in Boston in 2004.

"I went thinking it would be for work and would be about making me a better manager, even though Allan told me it's not really about that," Page recalled.

Instead, the program helped on a personal level, allowing Page to mend her relationship with her ailing father. After his death just a few months later, Page went to another Landmark class, where she was able to talk openly about her dad.

"I believe that I was meant to be at Patrick's, and I was meant to go to that forum," she said. "It completely changed my life." Becoming a mother

was also life-changing. In 2015, 4-yearold Brooke came into Page's life as a foster daughter; in 2017, Page adopted the child. Becoming a mother has given Page a passion for issues around child care, hence the move to join the Lakes Region Child Care Services board, which oversees day cares, after-school programs, and preschools.

By taking Brooke, now seven, along with her when she volunteers in the community—at The Dry Dock food pantry, for instance—Page is also passing the torch.

"I'm trying to get her as involved as I am and instill the importance of community service in her at a young age," Page said. "I want to pass on to her this desire to give back that Allan and Jeff have given to me."

For more information on Patrick's Pub, call 293-0841 or visit www.patrickspub. com.

COURTESY



### Scholarship Foundation directors and Fratello's staff are all smiles anticipating LRSF Night

On Monday, March 4, Fratello's Italian Grille will host a special evening fundraiser for the Lakes Region Scholarship Foundation. If anyone comes into the restaurant located at 799 Union Avenue in Laconia, between 4pm and closing that evening, and mentions that they have come to support the Lakes Region Scholarship Foundation, Fratello's will donate 25 percent of their order to the LRSF Friends of the Foundation Operating Fund. Pictured above are members of the Fratello's staff along with (front I to r) LRSF Executive Director: Paulette Loughlin; LRSF Assistant Director: Karen Switzer; and Fratello's Assistant Manager, Dale Rivillas.





GILMANTON

Lee by her side.

May 5, 1933 in Shel-

burne Falls, Mass., to

the late Robert and

Mary(Brown) Deware.

Betty moved to Gil-

manton when she was

11 years old, residing

in the homestead that

belonged to her grand-

father, Dr. George

to her beloved hus-

band, Frank L.(Joe)

McClary for 55 years.

He predeceased her on

family above all. Her

other love was music

and dancing. In their

younger years, Joe

and Betty, along with

a large group of friends

often gathered at the

many halls in town en-

joving music and dance

as she loved to do the

jitterbug. She really

enjoyed get togethers

with family. She espe-

cially loved the occa-

sional gathering with

her sister's family, the

Shippees, as there was

always musical instru-

ments, singing and

dancing involved. Bet-

ty also loved bowling

with her lady friends

al different leagues

over the years. Betty

was also a member of

the PTA and the Gil-

manton Congregation

Church Choir, as well

as the ladies fire dept.

auxiliary (Sirens). Joe

and Betty were not

**MARK ON THE MARKETS** 

was on sever-

and

Betty enjoyed her

Betty was married

Brown.

May 7, 2013.

### Dorothy A. Haskell, 99

LACONIA — Dorothy A. Haskell, 99, of Court Street, died Wednesday, Feb. 20, 2019 at the St. Francis Nursing and Rehabilitation Center.

Dorothy was born on Sept. 25, 1919 in Lynn, Mass., the daughter of the late Theodore and Marion (Wiggin) Dinsmoor. She had been a resident of Laconia for most of her life.

Dorothy is survived by a son, Walter A. Haskell, and his wife, Patricia and her daughter, Carol A. Simes; three grandchildren, Tina Gilbert, Tracie Osborne, and Dan Dearborn; six great-grandchildren;



great-great and two grandchildren.

In addition to her parents, she was predeceased by her husband, Arthur Haskell; her infant son, Arthur Haskell, Jr.; her grandson, Brian Haskell; and her granddaughter, Holly Moody. There will be no calling hours.

A graveside service will be held in the spring in Union Cemetery, Laconia.

For those who wish memorial contributions in Dorothy's name may be made to St. Francis Rehabilitation and Nursing Center, 406 Court St., Laconia.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information and to view an online memorial, go to www.wilkinsonbeane.com.

### Local resident named to **Dean's List at LIM College**

NEW YORK, N.Y. — Ashlev Schwartzkopf of Gilford was named to the Dean's List at LIM College for the Fall 2018 semester. To be placed on the Dean's List, students must earn a grade point average between 3.50 and 3.79.

Founded in 1939, LIM College educates students for success in

the global business of fashion and its many related industries. As a pioneer in experiential education, or "learning by doing," LIM College fosters a unique connection between real-world experience and academic study in business principles, offering master's, bachelor's and associate degree

programs.

LIM College is located in midtown Manhattan - the nation's fashion and business capital - giving students vast opportunities for real-world experience and professional development.

For more information, visit www.limcollege.edu.

### Shawn Zappala of Laconia has been accepted to the University of Evansville

EVANSVILLE, Ind. — Shawn Zappala of Laconia has been accepted to the Universitv of Evansville for enrollment in the Fall 2019 semester.

Located in Evansville, Ind., the University of Evansville is a private, comprehensive university with over 80 majors and more than 100 areas of study in the arts and sciences and pre-professional programs. UE's diverse student body represents 44 states and 56 countries. UE is the first in Indiana to be designated as an Ashoka U Changemaker Campus, and its changemaking culture empowers students to improve the world around them. U.S. News & World Report recognizes UE as the number 7 Best College in the Midwest among private schools and one of the top 10 best value schools in the Midwest. For more information, please visit www.evansville.edu.

### Betty May McClary, 85



people who traveled a lot, but every summer they looked forward to their vacation in Canada with their friends, Glen and Nancy Lines. In the winter, when their kids were young, they could be found at the sled dog races cheering on their children's and their friend's dog sled teams. In later years she and Joe loved watching their grandchildren's many athletic events and school plays.

Betty had varied jobs before she and Joe married. After they married and started their family, Betty was a stay at home mom until their children started school. She then worked for the Gilmanton School for 24 years. Her job was that of a teacher's aide, but Betty would often help out collecting lunch money, serve as school nurse, do study halls, bus duty, lunch duty – just fill in anywhere she was needed. She just loved her job. Betty also cherished her friendships with Lois Foss, Betty Smithers, Nancy Stevens, Nancy Lines, Jane Moorehead, Melba La-Roche, Mae MacMillan (and husbands), just to name a few. Survivors

include her sister, Dorothy Shippee of Deerfield,

sisterand Mass.. in-law Marion (Jen) Keith of Northfield. Her daughter, Brenda Currier and husband Brett of Gilmanton; a son Frank J. McClary and wife Tina of Gilmanton; Grandchildren; Jaime Lee Hart and husband Eric of Berkley Calif.; Greg McClary and wife Miranda of Belmont and their children Cameron and MacKenna; Andrea Doherty and husband Erik of Alton and their son's Ayden and Tucker; Matt Currier and his wife Nicole of Gilmanton and their sons Mason and Caden; Tricia Currier of Gilmanton and her partner Jeff Randall. Many nieces and nephews.

She was predeceased by a brother, Robert Deware of Belmont.

Calling Hours were held on Sunday, Feb. 24, 2019 from 2 – 4 p.m at the Wilkinson-Beane-Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, using the Carriage House entrance.

Burial will be held in the spring.

In lieu of flowers, anyone wishing to make a donation, the family suggests the Gilmanton School PTA, 1386 NH Route 140, Gilmanton Iron Works, NH 03837.

Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements. For more information or to sign an online memorial, go to www.wilkinsonbeane. com.

### Gilford Community Church hosting St. Patrick's Day Dinner

On Saturday, March 16 at 6 p.m., the annual St. Patrick's Day Dinner will take place at the Gilford Community Church. The menu will consist of Traditional Irish Corned Beef Dinner with all the Trimmings, including homemade Irish Soda Bread and Carrot Cake baked

by GCC members. The cost is \$16.00 per person and children under the age of 12 are \$5.00.

For reservations, call or text Eloise Post at

986-6723 or email her at eloise@metrocast.net

Gilford Community Church is located at 19 Potter Hill Road in the Village of Gilford.

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Please contact Executive Editor

Brendan Berube at (603) 279-4516, ext. 111

with any questions regarding

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#### BY MARK PATTERSON

Almost 100 percent of new clients that walk into my office to discuss their retirement plan have two beliefs that are consistent. First, they believe that they do not have enough money to retire and second is that they believe the amount of money that would allow for a comfortable retirement is predetermined by the "experts" on the radio, TV or magazines, and that number is more than have accumulated. Another common perception is that the tax rate will be lower once the client reaches retirement age. This



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Have enough?

may be true, or it may not be true. There is no way to know tax policy and rates in the future.

Some clients want to work well beyond traditional retirement vears however some clients want to retire early by today's standards.

Instead of focusing on total assets needed to retire let's back in to what income you will need to sustain the lifestyle that you want. We must also account for the fact that the money that you are saving for retirement now will not be included in your retirement budget. The key is to convert your retirement assets into income producing vehicles that are sustainable, steady but have the potential to grow.

It sounds like a tall order and it is. This plan depends on the amount of income that we must derive from the client's assets. We cial Security benefits that typically play a big part in the client's income. retirement Congress has done away with some previous filing strategies, but it still makes sense to look at varying scenarios regarding when you the client starts receiving benefits.

The content of many 401(k), 403B, IRA or really any other qualified plans typically consist of mutual funds that have been used for accumulation of assets. These funds, in my opinion are not efficient means of deriving income once retired.

A common yet dated strategy has been to take 4 percent of your assets for income. Many years ago, when you could get a CD with a 5 percent return, that might have been viable. In today's world CD rates are substantially lower, so to get your 4 percent you must place your assets at market or credit risk.

must also look at So- mitigate these risks using investment-grade quality corporate bonds and possibly an "A" rated fixed indexed annuity with good income riders to provide a sustainable. steady income. Once you have met your income goals, we are able to invest the rest of the assets for growth. Because we have the income portion set, we are not overly concerned with market or sequence of returns risk that would put your income in danger.

> It can be very beneficial to plan sooner than later. The first step in this process is to figure out a realistic budget and income needs come retirement. A good financial planner that has expertise in planning for retirement income and asset management is a great place to start.

Mark Patterson is an advisor with M HP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

There are ways to



# **Mark Dixon promoted to Assistant Vice President, IT Operations Officer** for New Hampshire Mutual Bancorp

Dixon has been promoted to Assistant Vice President, IT Operations Officer for New Hampshire Mutual Bancorp (NHMB). In this position, Dixon oversees core and ancillary bank operating systems as well as image processing and document imaging for Meredith Village Savings Bank (MVSB) and Merrimack County Savings Bank (the Merrimack).

THURSDAY, FEBRUARY 28, 2019

"Mark's expertise and extensive background across many areas of bank operations has been a great assets to the organization," said Steve Tucker, Senior Vice President, Information Technology Officer for NHMB. "He demonstrates outstanding leadership ability which will serve him well in this role."

Dixon joined NHMB in 2016 as an IT Operations Manager. He began his career in banking in 2005 at TD Bank. He worked as a Teller Supervisor for the

MEREDITH — Mark Merrimack from 2007 to 2010, before transferring to Franklin Savings Bank, where he held several titles in various areas of the bank. Dixon earned his Bachelor of Science in Business Administration with a minor in Information Technology from Southern New Hampshire University, and is currently pursuing his MBA in Business Intelligence. He is a graduate of the Northern New England School of Banking and the New England School for Financial Studies.

> Dixon is an Accredited ACH Professional through NACHA, the National Automated Clearing House Association, as well as a National Check Professional through EC-CHO, the Electronic Check Clearing House Organization. He currently serves as President of the Board for Tiny Twisters Child Care Center and resides in Franklin with his family.

New Hampshire Mu-



COURTESY PHOTO (Left) Mark Dixon

tual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated - the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSB and The Merrimack. In July 2018, Savings Bank of Walpole joined as a fourth subsidiary. NHMB combined assets total more than \$2.2 billion. For more information about NHMB, visit nhmutual.com.

## Pitman's welcomes Marshall | LRGHealthcare Receives Tucker tribute band

day, March 1 at 8 p.m., Pitman's Freight Room, located on New Salem Street in Laconia, welcomes Bruce Marshall and the Shadow Riders: a

LACONIA — On Fri- the Shadow Riders are has shared the stage a tribute band to Marshall Tucker Band the music of Bruce's boss, Toy Caldwell. He chose Brown to name a few. the "Shadow Riders" name as it was used

with such legends as BB King, Greg Allman, Steve Tyler, and James

Doors open at 7 p.m., and we are a BYO Ven-

# **ISO 9001 certification**

LACONIA — LRG-Healthcare is proud to announce that Lakes Region General Hospital known for its safety and (LRGH), Franklin Re- efficiency standards. gional Hospital (FRH), ISO 9001 is most well and all LRGHealthcare affiliated practices have achieved ISO 9001 Quality Management System certification, reflecting the organization's long-term commitment to quality, safety, and patient satisfaction. No small feat, the journey to ISO 9001 Certification for LR-GHealthcare began in 2015 and culminated in 2018 with certification achieved. With this certification. LRGH and FRH are part of an elite group of only 5 percent of hospitals nationwide that have achieved ISO 9001 status. The certification is valid for three years and is provided by DNV GL - Business Assur-

ance, part of the DNV GL Group, a world-leading certification body known in industries like manufacturing and the airlines. DNV GL, LRGHealthcare's accrediting body, created an ISO model for healthcare taking the required standards for accreditation to a much higher level. In choosing to go for ISO certification and achieving it, LRGHealthcare patients can be confident that the organization has refined, and will continue to refine its processes to improve quality, safety, and the patient experience. "We are extremely proud of our commitment to quality and I am especially proud of all our staff, leadership and providers

who have worked hard for this achievement," says Kevin W. Donovan, President and CEO of LRGHealthcare. "Everyone at LRGHealthcare is dedicated to continuing our work to sustain this certification, which helps us continually move forward and allows us to reaffirm our dedication to excellence for our community"

Marshall Tucker Tribute. for a time by the Toy ue. For reservations, Bruce Marshall and Caldwell Band. Bruce call 527-0043

# **LRPC TAC Committee** meets Wednesday

MEREDITH — Phil Goff of Alta Planning + Design, Inc., in Cambridge, Mass., will be the speaker at Transportation the Technical Advisory Committee of the Lakes Region Planning Commission (LRPC) Wednesday, March 6, from 2 to 4 p.m.

Goff is a consultant to the New Hampshire Department of Transportation on the Statewide Pedestrian and

Plan update currently underway. He will give a presentation on the plan's vision and goals and seek local input on state and regional base maps to ensure that existing conditions and key funded and planned bike/ped projects are accurate.

After the presentation, Goff will be available for a small group discussion with those interested in walking

Bicycle Transportation and bicycling opportunities in the Lakes Region.

> The meeting will be held at the Meredith Community Center, One Circle Drive in Meredith, off Route 3.

> The LRPC TAC encourages anyone concerned about any aspect of transportation to attend and provide input. For additional information about this meeting, please contact the LRPC at 279-5337.

### About **LRGHealthcare**

LRGHealthcare is a not-for-profit healthcare charitable trust Lakes representing Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare's mission is to provide quality, compassionate care and to strengthen the well-being of our community.





# **New Hampshire Mutual Bancorp** employees contribute more than \$113,000 to Granite United Way

MEREDITH — Meredith Village Savings Bank (MVSB), Merrimack County Savings Bank (the Merrimack), MillRiver Wealth Management (MillRiver) and New Hampshire Mutual Bancorp (NHMB) employees pledged \$56,685.82 to Granite United Way as part of their annual fundraising campaign. The Merrimack, MillRiver, MVSB and NHMB matched the funds, for a total donation of \$113,371.82.

"We are beyond ecstatic about these results," said Jessica Ruel, Business & Branch Development Manager at MVSB's office on Route 104 in Meredith. "This is an all-time high donation for our organization and we are excited about the benefit that the money provides to communities where we live and work."

Ruel co-chaired the annual employee donation drive with Megan Piazza, Branch Services Manager at MVSB's Ashland branch and Lynn Brooks, Payroll & Recruiting Administrator for NHMB.

"One of the advantages of our unique mutual bank partnership is that in many ways we can work together to create greater impact in our communities, just as we do to offer better products and services to our customers," noted Piazza.

"Our employees throughout the organization volunteer over ten-thousand hours each year. They also donate



Patrick Tufts, Granite United Way President and CEO, Scoop Welch, Granite United Way VP Regional Operations, Rick Wyman, MVSB President, Jessica Ruel, MVSB Branch and Business Development Manager in Meredith Route 104 Office, Megan Piazza, MVSB Branch Services Manager in Ashland, Lynn Brooks, NHMB Payroll & Recruiting Administrator.

and wear jeans on Fridays to show support for local organizations such as the Payson Cancer Center, the Greater Lakes Region Children's one sister organization to

Auction and the Interlakes Children's Fund. The excitement of supporting our local nonprofits is shared from another," added Brooks. While the funds donat-

ed by employees will be distributed to the community through Granite United Way according to employees' preferences, the United Way will distribute the matching funds equally to each of ten nonprofits: the Child Advocacy Center of Carroll County; the Circle Program; Cross Roads House; Friend of Forgotten Children, the Greater Nashua Habitat for Humanity, Isiah 61 Café, National Association of Mental Illness (NAMI) NH; Nashua Soup Kitchen & Shelter, Seacoast Mental Health and Voices Against Violence. These nonprofits were selected by the employees of NHMB, MVSB, the Merrimack and MillRiver.

"New Hampshire Mutual Bancorp and its employees continue to be some of our strongest SEE UNITED WAY A10

## **Bank of New Hampshire** promotes Katie Reid to **Assistant Vice President**

LACONIA — Bank of New Hampshire is proud to announce that Katie Reid has been promoted to Assistant Vice President - Commercial Loan Officer.

Reid joined Bank of New Hampshire in 2004 as a Bank Services Representative and in 2007 transferred to the commercial department as a Commercial Services Representative, was promoted to Portfolio Manager in 2013 and again in 2016 to Commercial Banking Officer. In her role, Reid is the Commercial Lender for the northern market, covering the Plymouth, Campton, Lincoln, Littleton, Whitefield, Woodsville and Gorham regions. She will assist customers with their lending needs, growing their



### St. Patrick's Day Concert March 17 at Unitarian Universalist Society of Laconia

LACONIA — Join Irish favorites that will or by going online to world-renown violinist - Aniko Geldaze, pianist - Noelle Beaudin, and flutist - Cathy Kaplan for a foot stomping afternoon of lively fiddle, flute, and piano music in the Celtic Tradition - Ireland, Cape Breton, Prince Edward Island, Scotland, and the breathtaking music of Sir James Gal- Music Store in Lacoway. Enjoy good old nia, by calling 848-2469

bring back memories and kindle your spirits! What better way to spend St. Patrick's Day?

Tickets are \$15. Prior concerts have sold out, so you are encouraged to purchase your tickets early. Advance tickets may be purchased at Greenlaws http://www.nhisom. org. The church is located at 172 Pleasant St. in Laconia. At intermission enjoy good cheer with light refreshments of sweet and savory treats. Take a chance on themed raffle baskets to celebrate the "luck of the Irish."

Aniko Geladze is a

#### Katie Reid

business and streamlining their finances. Reid is a graduate of the Northern New

England School of Banking, the National Commercial Lending SEE REID A10

concertmaster and so-SEE CONCERT A10

### Engraving, Awards & Gifts exhibits unique ceremonial product lines at World of Concrete

LACONIA — En- 58,000 registered indusgraving, Awards & Gifts exhibited its unique ceremonial product lines at the World of Concrete exhibition held from Jan. 22 through 25 in Las Vegas. The show boasted 1,500 exhibitors and

try professionals. The massive show covered 745,000 square feet of exhibit space in and around the Las Vegas Convention Center, and provided the perfect audience for the company's personal-

ized ground breaking lineup of shovels and accessories. Company representatives traveling to the event included Owner and President Bob Powers, Sales Manager Nathan Thorsell and Sales Associate SEE CONCRETE A10



#### If you're going to achieve your important financial goals, you'll need to build an appropriate investment portfolio. But that's only part of the story - because you also need to protect what you have, what you earn and what you'd like to leave behind. That's why it's a good idea to become familiar with the various types of insurance and how they can address shortand long-term needs.

For starters, consider life insurance. You may have important long-term goals, such as leaving an inheritance for your family and providing resources for your favorite charities. You may be able to fulfill some of these through the death benefit on your policy.

You can also purchase life insurance to help fill the gap between the amounts you have saved and what your family would need if you died unexpectedly. Thus, insurance can pay for liabilities (such as a mortgage, car payments, student loans and other debts), education expenses (such as college for your children) and final expenses as-

sociated with your passing. Next, consider disability insurance. If you were injured or became ill and couldn't work for a while, the loss of income could be a big problem for your family members - in fact, it could disrupt their entire lifestyle. Even a short-term disability could prove worrisome, while a long-term disability could be catastrophic. Your employer might offer shortterm disability insurance, and that could be enough - but do you really want to take that chance? To protect your income if you were out of work for an extended period, you might need to supplement your employer's coverage with your own long-term disability policy. Long-term disability insurance, which generally kicks in after you've used up your short-term benefits, may pay you for a designated time period (perhaps two to five years) or until your reach a certain age, such as 65. Longterm disability insurance likely won't replace your entire income, but it can go a long way toward helping you stay "above water" until you recover.

You may also want to think about long-term care insurance. Despite its name, a longterm care policy could meet either short- or long-term needs. On the short-term end, you might need the services of a home health care aide to assist you in your recovery from an injury such as a broken hip. On the other end of the longterm care scale, you might someday need an extensive stay in a nursing home, which can be extremely expensive and which isn't typically covered by Medicare. But in ei-

ther case, you might be able to benefit from a long-term care insurance policy, or possibly a long-term care rider attached to a life insurance policy. And the earlier you take action, the better, because long-term care insurance, in particular, generally becomes more expensive the older you get.

This list of insurance policies, and the needs they can help meet, is certainly not exhaustive, but it should give you an idea of just how important the right insurance coverage can be for you - at almost any stage of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact your local Financial Advisor.



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CARNIVAL

### The Rest of the Story

#### (Continued from Page A1)



Staff members compete in the tug-of-war.







The seniors put their strength into the tug-of-war.



The juniors take a leap during the team jump rope contest.

nized by the Varsity Club. Co-advisor Amy Tripp said they have a meeting in January to discuss that year's carnival, such as theme days, class colors, and more.

"We let them have some input into the different events, but a lot of them are just tried and true," Tripp said.

Tripp said there's a lot of teamwork within the teams, and a lot of strong competition between the different classes.

"What I love is, the class comes together," Tripp said.

She said a lot of students who might not otherwise have talked to each other will interact and work together during Winter Carnival.

Competitions included a cookie stacking contest on Wednesday. On Thursday, students competed for Best Clean Joke and the class dance. The staff members put on a skit. The classes also had a penny competition, Pennies for Fitness.

The week wound down with events in the gym on Friday, including dodgeball,

class jump rope, hacky sac, sneaker pile blanket basketball, and tug-of-war. The winners of the tug-of-war and dodgeball competitions went up against teams of staff.

The juniors won Winter Carnival by one point, scoring 207 points.

Junior class president Abby Warren said winning felt "kind of crazy." She said their grade has been ahead of one grade above them in Winter Carnival since they were freshmen.

"We just put so much hard work into

this week," Warren said. "It was amaz-

ing to be awarded the win." She later added, "It's my favorite week of high school by far."

The freshmen get into dodge ball.

Tripp said this is the first time in several years that the seniors have not won a Winter Carnival.

### NOTEBOOK

kill by a bite to the neck, severing the spinal cord. The Yellowstone cougar never got a chance to do that. Instead, it found sharp sticks forced down its throat, and then Kauthrust straight down its effect. But he knew, from

The seniors came in second place with 206 points.

"Even though we didn't win, it was still a really good time being together for the last time," said senior class president Maggie

She said a lot of ef-

tling match," he said, before both rolled down an embankment and resumed the struggle.

rock but couldn't wield it with the right angle ffman's hand and arm and force to have much

fort goes into Winter Carnival. McNeil said the fact this was their last Winter Carnival was "a happy-sad kind of thing."

The sophomores were in third with 166 points and the freshmen were in fourth with 142.

#### (Continued from Page A4)

said. "And I tend to like to move forward. That's kind of my personality."

Colorado Fish and Wildlife went to the scene, took measurements and pictures, and corroborated Kauffman's account. Adult male cougars can reach 200 pounds and more. Kauffman's attacker was a juvenile male of about 40 pounds. Kauffman said it was probably as scared as he was.

McNeil.

Kauffman found a

### VAPING

"I think it's time we educate the community, educate our youth," Goggin said.

Hackenson will give different presentations during the day on March 7 to different age groups. Juniors and seniors will attend

### the presentation from 7:45-8:45 a.m. Freshmen and sophomores will come down from 9-10 a.m. That night parents

and community members are invited to come to the presentation from 6-7:30 p.m.

(Continued from Page A3)

Goggin said anyone in the Lakes Region is invited to come to the presentation and learn more about this. The presentation will also talk to parents and educators about what to look for.

gullet.

The experts advise people in cougar situations to back off slowly; to never, ever run; and if engaged at close quarters, to yell like hell and fight back.

Kauffman said he was "a little bummed out" to meet up with a cougar under such circumstances. "We had a little wres-

#### (Continued from Page A1)

scholarships is the

playing with his own cat, how felines disembowel their prey---by grasping with their front legs, and using their powerful rear legs to tear into the abdomen.

Ultimately, Kauffman was able to use knees and feet to crush the cat's windpipe. It took him a while to stop shaking. The incident won't shape his life, he said, and he'll be out there running again as soon as he's healed up.

"For the most part I don't feel any residual trauma from it," he

### ELECTION

Dowe said this could further encourage Gilmanton to leave the district, which would have a huge impact on classes and programs.

ters must include phone

numbers in case of ques-

tions and are welcome

at campguyhooligan@

gmail.com or 386 South

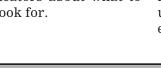
Hill Rd., Colebrook, NH



**Cindy Duchin** 

(Continued from Page A1)

03576.)



### LRSF

ity of 260 donors. We were the recipients of 20 new funds this year. Our 18th Annual Community Spelling Bee was a great success with net proceeds of over \$11,000, the best year we have ever had. However, we are not going to just rest on our laurels. The newly elected board members come to the LRSF Board with much to offer. Judy Ball is a semi-retired teacher who has spent the past 33 years as an elementary school teacher with Shaker Regional School district. Jim Chase also comes from an educational background, working for the Laconia School District for 36 years both as a teacher and an administrator. Jim continues to work part time for LHS and the NH Interscholastic Athletic Association. Don McLelland comes from a business background, has been in mortgage banking for

the past 14 years and is currently with Supreme Lending in Laconia and Franklin. He is also a member of the Lakes Region Board of Realtors. All of these individuals have been actively involved in their communities."

Executive Director, Paulette Loughlin added, "We are already planning for an outstanding year to follow up our success in 2018. Scholarship applications for 2019 are now available online through our website: www.lrscholarship. org with an application deadline of Monday, April 1, 2019. The Annalee Thorndike Art Competition committee is working and planning for the art show in April. We will be at a new venue this year, with the Gilford Public Library hosting the competition. Our Donors' Day date has been set for Wednesday, May 22, and we

have plans for our 19th Annual Community Spelling Bee, tentatively scheduled for Thursday, October 24th of this year at Laconia High School. All of this would not be possible without the support of our donors, benefactors and the Lakes Region Community."

Assistant Director, Karen Switzer continued Loughlin's remarks by adding that any additional application information or questions may be answered by contacting us via email scholarship@lrscholarship.org or calling the office at 527-3533 She wanted everyone to know that LRSF also has a number of specially designated scholarships listed on our site. These are available through an additional application process that can be downloaded from our Web site. One of these special exception

Annalee Thorndike Art Competition. The artwork submitted by local high school graduating art students, who will be continuing their education in this field, will be on display at the Gilford Public Library April 8 through April 11 with an awards reception on the evening of April 11. All are welcome to come and see the work of these talented students.

Switzer commented "I think that you would be surprised to see the work that these young people produce. Two other exceptional scholarship opportunities are the John F. Mullen Memorial Essay Competition and the Gilmanton Legion Auxiliary Stockwell Essay Competition."

Switzer closed inviting all to check the website for the specific requirements to qualify for these awards.

(This column runs in newspapers from Concord to Quebec and parts of Maine and Vermont. See us on Facebook. Let-

### MOREAU

ERIN PLUMMER (Right) Jean Moreau is announced as Special Education Teacher of the Year in front of the school and receives flowers from Gilford High School Assistant Principal Tim Goggin.

exceedingly grateful to all the people who worked hard to make this award possible.

Moreau has been working as a case manager at GHS since 1999, entering her 20th year at the school.

"It's fun to see the kids growing up and transitioning to what they do post high school," Moreau said.

Principal Anthony Sperazzo said this was a well deserved award.

"It's great recognition for her and all she does to support our Sperazzo learners," said.

Sperazzo said in her 20 years here she has put in a lot of work for the district.

He said the committee had the chance to see what she does throughout the day.

Moreau will be honored with other EDies winners during an awards banquet in August in Manchester.

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### REID

School, Leadership Lakes Region and is currently enrolled in the New England School of Financial Studies at Babson College. She is passionate about giving back to the community she lives in and gives of her time as a member of the Central Region Community Impact Committee for the Granite United Way and is the co-chair of the LRGHealthcare

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loist from Russia. She

has collaborated with

major orchestras and

musicians from many

parts of the world, in-

cluding Russia, Eu-

rope, and Asia. Aniko

studied at Royal Col-

lege of Music (London)

and participated in

yearly concert tours

in Spain, France, Bel-

gium, Germany, Tai-

wan, and Hong Kong.

She is better known as

CONCERT

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(Continued from Page A8)

### (Continued from Page A1)

#### UNITED WAY (Continued from Page A8)

partners in improving our community," said Patrick Tufts, President and CEO of Granite United Way. "The combination of employee generosity and the matching corporate gift are a wonderful demonstration of commitment to helping our neighbors learn, earn and be healthy across New Hampshire. It takes all of us working together to drive positive change."

Granite United Way is an experienced and trusted organization dedicated to leveraging the resources of investors and volunteers to create lasting change by addressing the underlying causes of our community's most pressing needs. Granite United Way is committed to improving the lives of individuals and families by supporting programs in the areas of education, income and health. Granite United Way works with over 1,000 companies, 25,000 investors and thousands of volunteers every year to make our communities better places to live, work and raise families. Granite United Way serves the South-(Manchester/Derern

ry/Salem), Merrimack County, North Country, Central NH, Northern and Upper Valley Regions of New Hampshire and Vermont, as well as Windsor County, Vt. For more information, visit www.graniteuw.org.

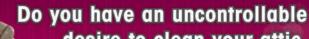
New Hampshire Mutual Bancorp, a mutual holding company, was formed in 2013 when two New Hampshire-based community banks, Meredith Village Savings Bank and Merrimack County Savings Bank, formally affiliated – the first relationship of its kind in New Hampshire. This strategic partnership has positioned the Banks to leverage each other's strengths as they work together to advance a shared vision of maintaining and enhancing their community banking standards and values. MillRiver Wealth Management joined as a third subsidiary of NHMB in 2015, combining the financial advisory divisions of MVSB and The Merrimack. In July 2018, Savings Bank of Walpole joined as a fourth subsidiary. For more information, visit nhmutual.com.

### (Continued from Page A8)

the UK. She now has a busy studio and music summer camp in the Lakes Region of New Hampshire and enjoys performing throughout New England as a soloist or accompanist. Noelle and her husband Tom Robinson were featured performers at the Concord Auditorium for the Walker Lecture Series.

the soloist for VSSO ly with Aniko. They recordings. Currently, provide a highly enshe is a member of the tertaining and eclec-Nashua Chamber Ortic mix of traditional, chestra, and The Ports-Celtic, Quebecois, and mouth Symphony. She modern fiddle and piaalso performs with no music. Noelle studthe University of New ied piano performance Hampshire Music Deand composition at partment, Portsmouth the Boston Conservatory of Music and per-Pro Musica, and the formed frequently in New Hampshire Philharmonic. the Boston area before Noelle Beaudin (pimoving to France and

ano) performs regular-



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Cheryl Hemcher-Neal.

CONCRETE

The EAG booth showased concrete and construction themed products as well as the company's hallmark gold shovels, chrome shovels and ceremonial ribbon cutting scissors. In addition, a masonry trowel showcased the company's direct printing capabilities with show. the complete underside featuring a colorful architectural rendering of a new building project. The booth also featured a digital slide show of completed

products produced for major projects around the country, including gold shovels produced for the groundbreaking of the Dwight D. Eisenhower Presidential Library. An exceptional response to the entire product line has resulted in the company rebooking for next year's

(Continued from Page A8)



### About Engraving, Awards & Gifts

Headquartered in Laconia, Engraving, Awards & Gifts is a leader in the personalized and ceremonial products industry. They are the leading supplier of ceremonial groundbreaking shovels, ribbon cutting scissors, and ceremonial fire axes. Their graphic designers personalize a wide variety of products for ceremonial ground breaking occasions, commemorative events, awards for excellence, trophies, unique keepsakes and company promotions. They provide customers in New Hampshire and around the world with quality products and excellent service. For more information, call 1-800-203-9588 or visit www.EngravingAwardsGifts.com.



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SECTION

THURSDAY

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Adrian Siravo played incredible basketball down the stretch for the Golden Eagles and coach Chip Veazey expects him to be one of the top players in the division next season.

Malik Reese had a great end of the season in his sophomore year for Gilford.

**BOB MARTIN** 

### Golden Eagles finish strong, just miss tournament

### BY BOB MARTIN

Bob@Salmonpress.news GILFORD - The Gilford boys' basketball team played some its best basketball of the season, but despite a strong week with three big wins, the Golden Eagles were left out of this year's state tournament and finished the season with a 8-10 record in 15th place.

On Feb. 19, the Golden Eagles took on rival Belmont High School and came away with a 55-52 overtime victory. Gilford came out hot and held the Red Raiders to only six points in the first quarter. However, Gilford sputtered in the second quarter and

were down 21-17 at half. Gilford came out with a purpose in the second half and were down 33-31 going into the final quarter. The fourth quarter was a battle that ended with a 45-45 tie and it was on to overtime, and then continued the intense play with a 55-52 win. Despite going 3-9 from the foul line in overtime, Gilford grabbed rebounds and made shots when it mattered to secure the win.

Adrian Siravo had 15 points in the second half and finished with 20 points and 10 rebounds, including a couple huge boards down the stretch. Senior point guard Korev Weston was a star

on defense, holding Griffin Embree to just seven points. Weston had 20 points, including five in the fourth quarter and eight points in overtime. Alex Cheek had a nice game with a bucket and two assists, to go with his six rebounds. Logan Hughes had six points in the game.

The next day was senior night and Newfound was in town. The game was never close with the Golden Eagles taking a 75-30 win.

It was 18-6 at the end of the first quarter, and 31-10 at the half. Siravo came out hot with 14 points in the first half. He ended with 22 points on the night and showed off his high flying skills with a pair of impressive dunks. Hughes also had a dunk of his own in the game, and finished with 13 points.

Malik Sophomore Reese continued his impressive play with 12 points and seven boards. Curtis Nelson had eight points, Connor Sullivan had five points and Cheek finished with four points.

Senior Mike Maltais did a great job filling in for injured senior Greg Madore, putting up nine points and five boards. Madore started the game as it was senior night, but was taken out after the first minute due to his leg injury. Weston

was unfortunately out sick for senior night, but was honored before the game for his time at Gilford.

Gilford went to White Mountains on Friday and fought hard for a 64-55 win in a game that was back-and-forth the whole way. Siravo had 21 points, 19 rebounds and four blocks in what was a very impressive night. Nelson had all eight of his points in the second half. Weston had 10 points and Hughes finished with 11 points. Reese had eight points and six rebounds. Maltais had four points in the game.

"The last two weeks of the season, with the ex-

ception of the Hopkinton game, were the way you would want your season to end," said coach Chip Veazey. "We played extremely hard, unselfish, and executed very well."

Veazey said the team's sophomores stood out down the stretch, as they have been maturing and resulting in better team balance. These players included Nelson, Reese, Cheek and Jack McLean. Hughes also played his best basketball late in the season on both ends of the floor.

"The biggest difference, however, has been the play of Adrian Siravo and Korey Weston," Veazey said. "Korey was SEE HOOPS PAGE B3

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- Nelson Emerson - NHL, LA Kings

"John's hockey experience, dedication and passion for the game is undeniable and will benefit greatly all players."

- James Gasseau - Director Of

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quickness are taking over the game." - Robby Glantz - Power Skating Coach / Consultant for the National Hockey League

Sports Editor - Joshua Spaulding - 279-4516 (phone) - 279-3331 (fax) - josh@salmonpress.news

### Sports





Colin McGreevy played great hockey down the stretch and his work in goal helped the Bulldogs with 13 of the the final 14 games.

Ben Muthersbaugh was a main reason for the success of the Bulldogs this season.

# Bulldogs wrap up season with win over Kennett

#### BY BOB MARTIN

Bob@Salmonpress.news CONWAY - The Belmont/Gilford hockey team finished off the regular season with a 4-3 win over the Kennett Eagles last week, and the Bulldogs now prepare for making a strong state tournament run.

The Bulldogs were led by Ben Muthersbaugh, who had a pair of goals in the win. Griffin Tondreau and Zoltan Stefan each had a goal, as well. Hayden Parent had three assists on the night.

The team had a rough start to the season, with the defensive zone coverage being weak early. However, the team got Logan Moulton back into the lineup, who gave the Bulldogs a four-man defensive rotation. This also allowed Tondreau to move over to the forward position.

"This gave us balance on the defensive and offensive side of a better job limiting the puck," said coach second chance oppor-

Jason Parent. "Also, the leaders stepped up and provided the mental stability and leadership, which allowed the younger players to realize that 0-4 didn't mean we were dona as a team, and the season was still a long way from over."

After losing the first four games, the Golden Eagles went on a tear and won 13 of the next 14 games.

"We still need to do

tunities in the defensive end, while getting more shots to the net with traffic offensively," Parent said. "We need to stay out of the penalty box because five on five we feel like we can play with any team."

Parent said finishing scoring chances is important, especially in the playoffs as the defense is usually what controls games. He said if the team can step it up a notch, B/G will be tough to beat.

"Having a long layoff between the end of the season allows us to rest our players who might be nicked up from a long season, allows us to watch film on our opponents and prepare for a difficult game Saturday at home with Hollis/

Brookline at 5:15 p.m.," said Parent. "Five days of good practice are important and hopefully our guys will come out rested and hungry on Saturday."

The first round of the Division 3 state tournament be against Hollis/Brookline Derryfield at 5:15 p.m. on Saturday at Merrill Fay Arena in Laconia.

## **Pair of volleyball camps** offered this summer

REGION — Are vou looking for a unique volleyball summer camp experience? If so, Pass Set Crush Overnight Volleyball Camp is for you. Pass Set Crush features several New is available for girls Hampshire volleyball entering the seventh coaches and outstandthrough ninth grade in the fall of 2019. This is an overnight adventure camp with a concentration in volleyball. The camp is located at Geneva Point Center on Lake Winnipesaukee in Moultonborough.

July 7 to 11 and July 14 to 18. Plymouth State University head women's volleyball coach Joan Forge directs the camp and the staff

feature two sessions. Panther Camp One is 9 a.m.-noon for girls entering the fifth through eighth grade and is designed for beginner to intermediate players. Players will have fun while learning the ba-

### Kids' ice fishing derby is Sunday

GILFORD — Belknap County Sportsmen's Association will be holding its annual free kids' ice fishing derby on March 3 at Lily Pond, Gilford 9 a.m. to noon. Bait, tip-ups, hot chocolate and hot coffee are available at the pond. Lessons provided for the

first timers. No registration required, just show up and have fun. At noon in the club house on Lily Pond Road they will have awards and trophies for the largest fish caught as well as having hot dogs, chips and milk for all the participants.

### Stow wins Capital Region Championship 01 .

#### BY BOB MARTIN

Bob@Salmonpress.news

GILFORD - The Gilford High School Nordic team and Zach Ennis of Belmont competed last week at Gunstock for the Capital Region Championship, with Ennis taking the win for the boys' race and Catherine Stow of Gilford winning the girls' race.

Ennis had a time of 11:20 to take the narrow win over Cameron Brochu of Concord who had a time of 11:21.

In the girls' race, Stow won with a time of 13:02. Vanessa Genakos had a time of 13:42, good for fifth place.

The two sessions are



As I am writing this, I am just a few short hours away from the first playoff game of the season, as the Newfound and Prospect Mountain girls are set to face off in Bristol in the opening round of the tournament.

This kicks off what should be another busy stretch of games as a number of local teams make runs into the tournaments.

In addition to the Newfound and Prospect hoop girls, the Kingswood hockey boys, the Kennett hockey team, the Kennett hoop boys and girls and the Plymouth hoop girls are all looking to make noise in the playoffs.

Traditionally, the NHIAA tournament brackets make life difficult on the media, particularly on the media that covers multiple sports and multiple teams with minimal staff.

Wednesday (the day before this comes out) had the first round of the Division II hockey tournament and the semifi-



By JOSHUA SPAULDING

nals for the Division III hoop girls in addition to a big regular season finale boys' hoop game between Kennett and Kingswood in Wolfeboro.

Looking ahead to Saturday, March 2, there is the finals for the Division III hoop girls at Southern New Hampshire University and the semifinals for both Division II hockey (Everett Arena) and Division III hockey (Plymouth State). There's obviously a chance to have three different teams competing at the same time, which makes things incredibly difficult on my end.

Luckily, the girls' basketball brackets for Division II take place on Tuesdays and Fridays, which is different than the other brackets. And with the Kennett hoop girls near the top of Division II, there's a good chance they will be play-

ing for a few more weeks. Of course, technically speaking, postseason action has already taken place. The alpine state championships took place in mid-February and the ski jumping state championships, gymnastics state championships, swimming championships, indoor track championships and the wrestling division championships and Meet of Champions have already all taken place. The alpine Meet of Champions takes place today at Cannon Mountain. Additionally, the Nordic Division II State Meet will take place this coming week in Gilford.

That being said, as soon as the playoffs start, things do tend to slow down, simply because there are teams that don't qualify and as the weeks go along, teams are eliminated, finally opening up the schedule a little bit.

I must say I've enjoyed covering the gymnastics state championships for the first time. With Plymouth having a team for the first time. they were competing and I made the trek to Pinkerton Academy for the meet. Since it was my first meet, I am grateful to coach Carrie Kiley, who was able to explain some of the finer points of what goes on. I also spent some time talking with her husband, Ed, who helped clear up even more things for me as we sat in the bleachers.

Next year I am looking forward to getting to one of the team's home meets as well.

Finally, have a great day Paul Landry.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

ing high school and college players from around the country.

In addition to two daily sessions of volleyball, Pass Set Crush offers swimming, boating, yoga, water carnival, campfires, beach barbecue and more. Campers are housed in cabins with supervision, three nutritious meals are served daily, a nurse is on staff 24 hours a day, and the three beaches are staffed with lifeguards.

Please contact Forge for further information at 387-1202 or viswww.passsetcrush. it com.

Forge will also be hosting Panther Volleyball Day Camp July 22 to 25. This camp will

sic fundamental skills, rules and strategies to be successful playing the sport of volleyball.

Panther Camp Two is 1 to 5 p.m. for girls entering the ninth through 12th grade and is designed for beginner, intermediate and advance players who want to play and excel at the high school level. The players will be challenged with improving their basic fundamental skills and will be given the opportunity to learn more advanced strategies, position specific skills, transition and concepts of team play.

For information, please contact Forge at jcforge@plymouth.edu or call 387-1202.

### Abenaki Attack will feature day of racing

WOLFEBORO Bring the kids, bring the dogs and bring your friends, there's something for everyone at the Abenaki Attack, set for July 6 at Abenaki Ski Area in Wolfeboro.

Abenaki Attack is a day of racing to benefit Lakes Region Humane Society, Masons Morning Star Lodge 17 and the Wolfeboro XC Ski Association.

The day will feature a trail race, a 5K, a 10K, a 5K canicross

(bring the dogs) and a one-mile fun run/ walk. There will also be a post-race picnic with plenty of food and water for humans and dogs.

This day of family-friendly, ca nine-friendly, com petitive events will be taking place on Saturday, July 6 with a 9 a.m. start time at Abenaki Ski Area.

Visit rockhopperraces.com for more information.



Newfound's Tiffany Doan puts the defensive pressure on Prospect Mountain's Ava Misiaszek during playoff action last week.



MACKENZIE BURKE blocks a Newfound shot during her team's playoff game in Bristol last week.

### **Bears charge past Timber Wolves in playoff opener**

#### BY JOSHUA SPAULDING Sports Editor

BRISTOL — A breakneck first quarter saw the 14th-seeded Prospect Mountain hoop girls jump out to a quick lead over the third-seeded Newfound Bears.

However, the Bears were able to keep up their pace in the second quarter while allowing the Timber Wolves just two points and pulled away on the way to a 62-26 win in the first round of the Division III tournament on Wednesday, Feb. 20.

"They started quick, but we didn't panic," said Newfound coach Kammi Williams. "It's happened before, but we settled down pretty quickly." "We didn't hit shots after the first quarter," said Prospect Mountain coach Rick Burley. "We came out and hit shots. We knew we'd have to come up here and hit shots in order to win." Newfound's Ashlee Dukette and Prospect's Ava Misiaszek hit shots to start their respective teams and then Mackenzie Burke hit a pair of shots for the Timber Wolves, sandwiched around a hoop by teammate Hannah Racine, giving Prospect Mountain an 8-2 lead. Bailey Fairbank answered with a hoop for Newfound but Burke answered for the Timber Wolves. Madi Dalphonse drained a three-pointer for Newfound but Bekah Wheeler answered for the Timber Wolves, giving the visitors a 13-7 lead. The Bears got the final two hoops of the first quarter, both from Dukette, as she drained a three-pointer and a field goal, cutting Prospect's lead to 13-12 after eight minutes of play. The Newfound girls kept Prospect Mountain off the scoreboard for almost the entire second quarter. Dukette got the run started with

a three-pointer, giving the Bears their first lead since they lead 2-0. Paulina Huckins then hit a pair of hoops and a free throw then added another hoop off a rebound, pushing Newfound's lead to 22-13.

Fairbank put back a rebound and Tiffany Doan sank a three-pointer for a 27-13 lead. Misiaszek hit Prospect's first basket of the quarter with 16 seconds to go to stop the Newfound run. Dukette hit a three-pointer as time expired to give the Bears the 30-15 lead at the halftime break.

Fairbank, Dukette and Huckins all hit hoops to open the third quarter and then Huckins hit a free throw and another hoop for a 39-15 lead for the Bears. A Dukette steal led to another hoop for Fairbank before Wheeler sank a three-pointer to get the Timber Wolves on the board with one minute to go in the third quarter. Sam Weir sunk a free throw and then Hannah Capsalis sunk a shot at the buzzer to cut the lead to 41-21 after three quarters of play. Dukette hit а three-pointer and a hoop to get the fourth quarter started before Capsalis hit two free throws at the other end. Dukette hit another hoop but then in an unusual sequence, the Bears accidentally put the ball in the hoop at the wrong end to give Prospect two more points. Fairbank hit another hoop for Newfound and Dalphonse added a three-pointer before Dukette hit a free throw. After another hoop from Fairbank, Doan and Huckins each hit free throws. Mackenzie Bohlmann hit a hoop for the Bears and Huckins put back a rebound for a 62-25 lead. Burke hit a free throw for the final point of the game, making it 62-26 for a final.

"We figured out what they were doing," Williams noted. "Sometimes it takes half a quarter to do that," she said. "They didn't get rattled, they stayed calm."

She noted that the girls knew they had a target coming in as a favorite and she was pleased with how they handled that after the slow start.

"We're pretty quick on defense," Williams added.

She noted that the next round was Hopkinton and she also expected a solid rematch from last year's playoffs.

"The kids were frustrated, we couldn't hit anything," Burley said. "We gave it everything we had but Newfound did what they had to do. We couldn't really stop the flow." Burley noted that the lack of fouls in the first half played more into the Bears' hands, since they tend to be a more physical team. But beyond that, he was pleased with how his team handled evervthing.



### PMHS seeking volleyball coach

ALTON — Prospect Mountain High School in Alton is in search of a varsity volleyball coach. Anyone looking for more information can contact Athletic Director Corey Roux at 875-3800. "They gave me everything, every game, every night, every day," said Burley. "They gave me everything they had and that's all I could ask for."

Dukette finished with 23 points to lead all scorers, while Huckins added 15 and Fairbank added

### HOOPS

totally determined to get the win against Belmont at home. His effort was amazing. Scoring, defending and coming up with every loose ball that Adrian didn't get. As for Adrian, he dominated the glass and played with a determination that, if it continues, could make him a player of the year candidate next season. He frankly did it all. This is truly how a coach wants a season to be. Playing your best and playing together as a team."

Veazey felt the NHIAA playoff system was flawed in the fact that the Golden Eagles were left out of the playoffs despite having eight wins and playing sol-

JOSHUA SPAULDING

Paulina Huckins drives toward the basket in action against Prospect Mountain last week.

12. Wheeler led the way for Prospect with eight points.

NRHS 12-18-11-21-62 PMHS 13-2-6-5-26

Newfound 62

Dalphonse 2-0-6, Fairbank 6-0-12, Doan 1-1-4, Bohlmann 1-0-2, Huckins 6-3-15, Dukette 9-1-23, Totals 24-5-62

> Prospect 26 Capsalis 1-2-4, Weir

0-1-1, Wheeler 3-0-8, Racine 1-0-2, Misiaszek 2-0-4, Burke 3-1-7, Totals 10-4-26

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress. news.

#### (Continued from Page B1)

#### BOB MARTIN

(Left) Logan Hughes had a good junior season for Gilford and ended strong.

id against tournament teams. Most teams, he explained, don't have six wins against tournament teams like the Golden Eagles.

Fall Mountain has an equal record as Gilford but only one win against a tournament team. However, by playing against Stevens, a Division 2 team, Fall Mountain got an extra two points in the standings and snuck into the playoffs ahead of Gilford.

"I don't think that there's a team out there that wanted to play us in the first round," Veazey said.



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Editor

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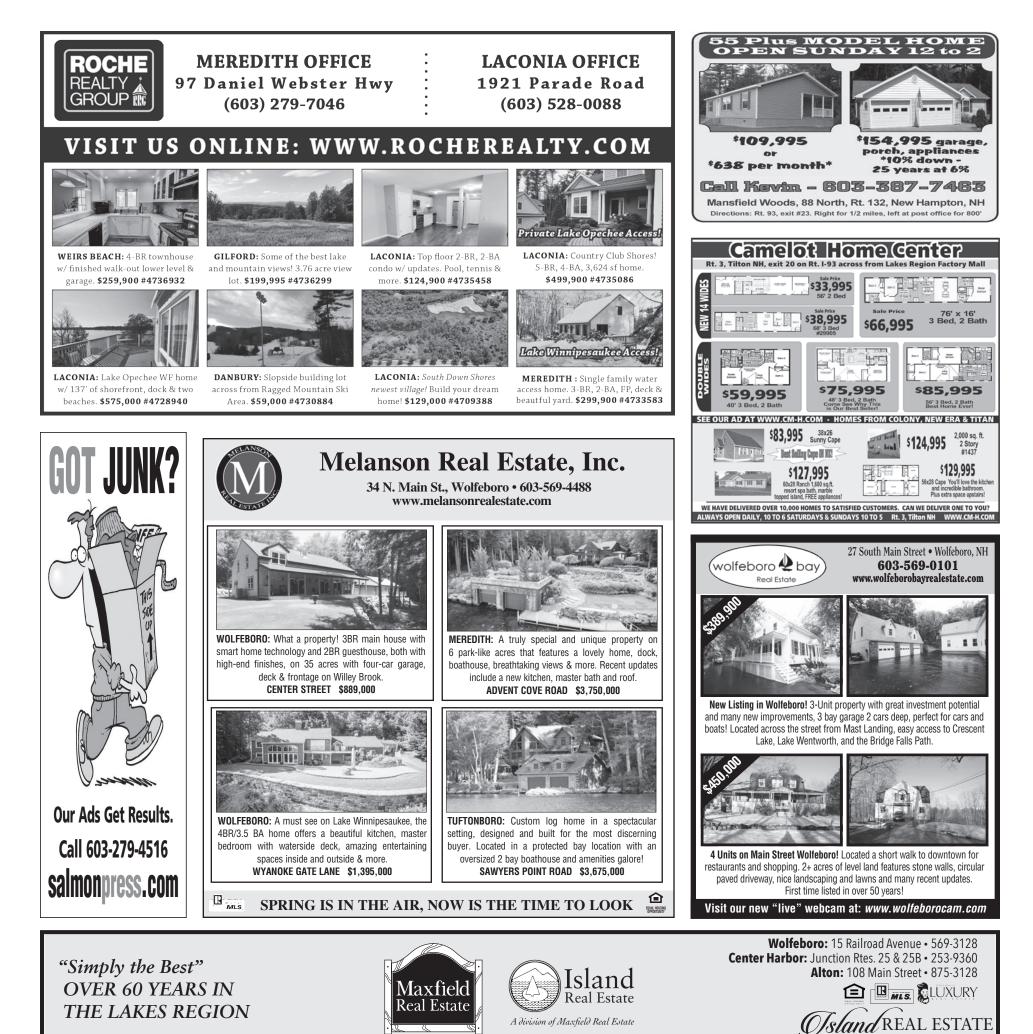
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11 26 6 20 4 26 16 16

Clue: Directs action

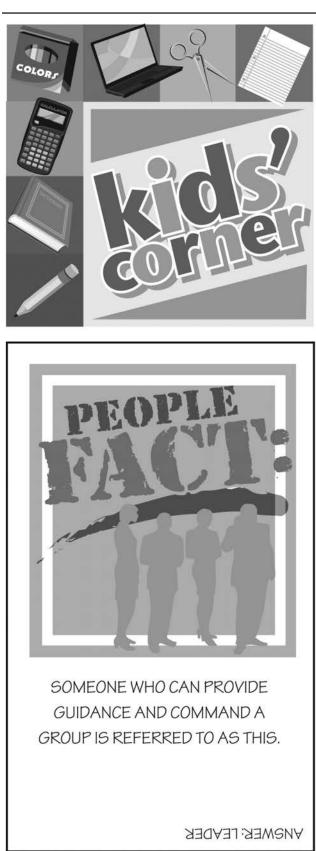
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8 2 8 20 1 10

Clue: Hardware components

Clue: Process of doing something

### **Kids Corner**





B.

controller

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action D. system

4

### What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?





4. Extra button on man's shirt in other bag 3. No orange in woman share on Answers: I. Missing "L" in Volunteer 2. Apples

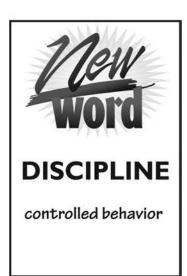




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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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### **Sports**





Shelby Cole brings the ball up the court for the Golden Eagles in the playoff loss to White Mountains. Allison Carr launches a three-pointer for Gilford.

TARA GILES

## Gilford girls fall in tournament opener

#### BY BOB MARTIN Bob@Salmonpress.news

WHITEFIELD - The Gilford girls' basketball team entered the state tournament as the 12th seed and took on the fifth-ranked White Mountains squad, and despite a strong effort by the Golden Eagles, Gilford was knocked out of the state tournament in the first round by a score of 43-33.

It was 10-6 in favor of White Mountains after one quarter, but the second quarter was a tough one for the Golden Eagles who were outscored 14-2, making it 24-8 at the half. Gilford came out strong in the second half by outscoring White Mountains 13-6 and making it 30-21. However, White Mountains finished the game strong and fended off Gilford for the win.

"Gilford closed out season with an its opening round loss to White Mountains," said coach Rick Forge. "A cold shooting first half was the difference as the under manned (two starters out with injury and sickness) Eagles struggled hitting shots early on." Gilford made several runs in the second half, including cutting the lead to six points with three minutes to go. However, the Golden Eagles missed their last seven shots and were forced to foul, leading to the loss. Free throws were crucial in the game, with White Mountains going to the line 22 times compared to six times for Gilford.



TARA GILES

(Left) Hannah Perkins battles for a rebound against White Mountains in a playoff loss last week.

Perkins had a great game to close out her basketball career at Gilford with a double/double, scoring 14 points and grabbing 10 boards. She had six double/doubles on the season.

Shelby Cole had eight points to go along with five assists and four steals. Abigail O'Connor had four points, Kate Sullivan had two points and Maura Hughes and Abigail Warren each had two points apiece.

### **Busy weekend for ice racers on Berry Pond**

#### BY DAVID SUITOR Contributing Writer

MOULTONBOR-OUGH — The Lakes Region Ice Racing Club gathered on Berry Pond in Moultonborough for the fifth race of 2019 season with the Feb. 17 races sponsored by Ossipee Auto Parts/NAPA. A gorgeous winter day greeted the racers and the large crowd that surrounded the one-third mile oval track.



Lone senior Hannah

The first order of business was to complete the last two features from the previous week, which was sponsored Rob Dunlap's Firewood. The FWD division came out first with Moultonborough's Tyler Demond grabbing the win. Jared Harper of Meredith drove a perfect race and took the V8 Stock division win.

The club skipped the hot laps and went straight to six-lap qualifiers followed by intermission. DAVID SUITOR - COURTESY PHOTO

The Lakes Region Ice Racing Club's mighty winged Modified division comes to the starting line for their 12-lap feature on the 1/3-mile oval at the weekly races in Moultonborough. Traction comes from sharpened, studded truck chains. The club runs weekly ice races for six divisions of cars on the lakes of central New Hampshire. See the Lakes Region Ice Racing Club's web site at www.LRIRC.com for details.

After the opportunity to grab a lunch and getting a chance to look at the cars up close up and talk to the drivers out on the main straight, the club started the 12-lap features with

the RWD 4-Cylinders being first up.

A wicked fast Maverick Eldridge of Ossipee dominated the FWD qualifier and as well the feature event. Tyler Demond and Alicia Taylor took second and third respectively.

The V8 Stock division was out next with Moultonborough's Pete Viano continuing his winning ways running the new studded tires. Jared Harper and Tim Chase did their best to catch Viano, but they settled for second and third place.

The Modified feature was interrupted at the half-way point when Scott Burns of Center Harbor left the track on the main straight and got the Scott Burns Landscaping car upside-down. Burns was fine, but his car could not continue. Fabian Smith of Meredith, who was leading at the time of Burns' offtrack excursion, motored on for the win followed by Mike Frank and Matt Demond.

Rylee Harper's string of Junior division wins was broken when Tess Poitras of Rumney drove to the feature win on Sunday. Braedon Greene came across the finish line in second with Callie Burns third.

Nick Berry of Goffstown got his second win of the season with a victorv over Derek Jeanson in the Sprint Car feature. Jeanson settled for second.

The RWD division was won by Tim Chase of Northfield. His MR2 was sporting the new studded tires, his second stud pattern. Last week's winner, Danielle Downing, was second and Kyle Macdonald was third.

Check the club's web site at www.LRIRC.com or the Facebook page for the latest race/ice status, information about coming events, and for race photos.

### Newfound seeking JV softball, soccer coaches

BRISTOL — Newfound Region- resume and names and phone numal High School is looking for a JV softball coach and a JV girls' soccer coach. If interested, please forward

bers of three references to Peter Cofran, Athletic Director at pcofran@ sau4.org or call 744-6006 ext. 1507.



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