

Gilford Steamer

THURSDAY, MAY 4, 2017

GILFORD, N.H. - FREE

Student golfers converge at Bolduc Park

BY ERIN PLUMMER
eplummer@salmonpress.com

As the weather gets warmer Bolduc Park is becoming more a destination for golfers, including some young golfers traveling to experience the course.

Kids who attend Foster's Golf Camp have started coming back to the park for their bi-weekly lessons and experience on the course.

Foster's Golf Camp is based in Manchester and is going on its 24th year of teaching kids golf. The camp has kids between the ages of seven and 16 from beginners to advanced players who will come for a week at a time. For \$295 a week kids can take part in the camp, which includes lessons, transportation, and green's fees.

Coach Ted Foster said the camp teaches



ERIN PLUMMER

Campers from Foster's Golf Camp join representatives from Bolduc Park during one of their first field trips to the area.

them the rules of the game as well as etiquette as well as "a bet-

ter understanding of how to play."

Kids from Foster's Golf camp will travel to a different par 3 course every day. Every Wednesday and Friday they come to Bolduc Park.

"This is our favorite

course," Foster said.

He said Bolduc Park founder Bob Bolduc does a great job and the volunteers are amazing.

"They're unbelievable; they're polite, they line up their putts you think they're on

the US Open," Bolduc said.

After coming to Bolduc Park, the campers will next go to Weirs Beach and/or Funspot.

The park will soon be offering golf lessons for people of all ages.

Session I of Youth Golf Lessons starts on May 9, and will run every Thursday for three weeks, 5:30-7 p.m. Session I for Adult Golf Lessons will start May 11 and also run every consecutive Thursday from 5:30-7 p.m. Youth lessons cost \$60 for three lessons and adult lessons are \$70 for three lessons.

Randy Annis has been teaching gold lessons at Bolduc Park for 24 years. Some of his students have gone on to big championships.

"I love working with the kids," Annis said. "It's great to see a smile on their face when they finally hit a good shot."

Annis said parents and kids will go out together and play.

The Junior Golf League for kids five to 16 will run on Wednesdays starting June 7 from 5-6:30 p.m. for a donation each week.

For more information contact Bolduc Park at 524-1370.

Fire engine, training facility rebuild among fire department highlights

BY ERIN PLUMMER
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A new fire engine and rebuilding the fire training facility are some of the major goings on at the Gilford Fire Department so far this year.

Deputy Fire Chief Brad Ober gave the board of selectmen a regular department update during the board's meeting last Wednesday.

The selectmen unanimously approved the lease on a new E1 Pumper for a total cost of \$518,000. The lease was approved by voters during town meeting voting.

Ober reported the department may receive a grant to help with the cost. Selectman Richard Grenier asked how this grant might effect what was voted on the warrant. Ober said he wasn't sure, but said it might result in an earlier payoff on the lease. Dunn said they will know about the grant before the lease is signed.

The department is also in the process of rebuilding the fire training facility, which was destroyed by a stray fire last year following another department's training.

SEE FIRE DEPT PAGE A12

Winemaker shares stories from Hermit Woods

BY ERIN PLUMMER
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From the science behind wine to a legendary hermit, the co-owner of Hermit Woods Winery has been sharing the story and information behind the business.

Bob Manley, co-owner of Hermit Woods Winery, has been doing talks about his winery with different organizations across the region. Recently, he paid a visit to the Gilford Public Library.

Manley describes the process of wine-



ERIN PLUMMER

Bob Manley, co-owner of Hermit Woods Winery, brings some accessories for a scheduled presentation at the Gilford Public Library.

Scout project pays tribute to veterans

BY ERIN PLUMMER
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Members of Boy Scout Troop 243 placed flags at the graves of veterans buried at a number of different local cemeteries as part of a community service project.

Last Wednesday afternoon, the scouts gathered to place the flags at Pine Grove Cemetery. Troop Committee member and Cemetery Trustee Bill Day looked through maps of the plots and pointed out the headstones of veterans. The scouts collected bundles of flags and put them in the special holders on veterans' graves.

The troop has been placing flags at a number of different graves. SEE VETERANS PAGE A12



ERIN PLUMMER

Scouts Owen Nelson and Dylan Hamel of Troop 243 in Gilford look over a map to see which graves to put flags at Pine Grove Cemetery.

making from the fruits to the different tastes different wines produce. He also describes the history and operation of the Meredith-based winery.

Most wines are made from a French hybrid breed of grapes, which require specific care. Many of these are grown in California.

Manley said when he moved to New Hampshire from California in the mid 1990s; he said was surprised to learn there were a lot more wineries in the area than he had suspected.

Hermit Woods started after Manley met Ken Hardcastle and they both connected around wine, then started wine making as a hobby. Manley said Hardcastle is a geologist and takes a great interest in the science behind making wine.

When they started making wine they

brought in wine grapes from California, though there was a curiosity about what they could do with local fruits. Manley said eventually their hobby got "out of control" and they turned it into a business. Manley partnered with Hardcastle and Chuck Lawrence to form Hermit Woods Winery in Sanbornton. Manley explained that the name came from the legendary hermit Joseph Plummer who lived in a log hut on his property on Meredith Hill until his death in 1862. The Hermit has become a local legend and the subject of many stories.

They used a snail as a logo because it is a creature that can be found in the woods.

They got a license and used the master bedroom in Manley's house to produce their wine.

SEE HERMIT WOODS PAGE A12

ALMANAC

Notes from the Gilford Public Library

BY MARK THOMAS
Library Correspondent

Mark: Build a Better World. That's the Summer Reading Program theme — and it's a big one. How do you even begin to build a better world? I bet Molly has some ideas. She put together a whole program series inspired by the theme. Molly, how can we build a better world?

Molly: We can build a better world by inspiring people to strengthen their connections with their communities and their environment. This program series can help with that. Our goal is to inspire people

to build a better world through skill development, community connection building, and ecological awareness programs. We have a wide range of topics including cooking classes, book discussions, and public presentations.

Mark: Wow, OK. You are serious about this. These programs are already underway, right? There has been a run on our sign ups.

Molly: Several of our recent programs have needed second classes due to huge demand. Beginner

cheesemaking and the CPR/AED certification classes have been among the most popular programs. Home Herb Gardens and the DIY Seed Bombs programs have also had second classes scheduled, both of which take place early this Summer.

Mark: Sign ups are required for all of those programs and spots are going quickly. What ties these programs together? Why do you think they have been so popular?

Molly: I think people have real interest in learning new skills like gardening and cheesemaking. We are also part of an extraordinarily supportive community, so programs like Farm to Library and a Place at the Table are expected to draw large crowds. We've also tried to cover a wide range of topics and interests with this series.

Mark: What can one expect at those programs?

Molly: Farm to Library highlights Win-nipesaukee Woods Farm and brings attention to the amazing agriculture and fresh food available in our community. We'll also be doing a cooking demo with some of the fresh produce! "A Place at the Table" is a film screening and food drive to support Gilford Got Lunch, and to draw attention to hunger and the ways to fight hunger in our community. People can get the details of any of these programs at the library.

Mark: I love it. This will be an exciting season. Any other programs you are excited for?

Molly: I'm very excited about two special presentations in August, but more about those to come. Meanwhile I encourage people to join me for the summer books discussions as all three books highlight immigration and refugee stories. I'll be leading them so I hope to see you there.

Mark: Building a Better World is no easy task-May the Fourth be with us.

Classes & Special Events May 4 to May 10

Thursday, May 4
Music and Movement, 10:30-11:30 a.m.
Homeschool Game Club, 1:15-2:30 a.m.
Magic the Gathering Club, 2:30-3:30 p.m.
Conversational French, 3:30-4:30 p.m.

Friday, May 5
Baby Storytime, 10:30 a.m.
Social Bridge, 10:30 a.m.-12:30 p.m.
Preschool Storytime, 10:45-11:45 a.m.
Knit Wits, 1:30-2:30 p.m.
Conversational German, 2:30-3:30 p.m.

Saturday, May 6
Bird Watching Walk, 7:30-9:30 a.m.
Come join us for bird watching at El-lacoya State Park at 7:30 a.m. Please bring your binoculars and wear sturdy footwear. Sign-up required at library.

Monday, May 8
Mahjong, 12:30-3 p.m.
Lego Club, 3:30-4:30 p.m.

Tuesday, May 9
Fiber Friends, 10 a.m.-12:30 p.m.
Toddler Storytime, 10-10:30 a.m.
Bridge, 10:30 a.m.-12:30 p.m.
Preschool Storytime, 10:45-11:45 a.m.
Makerspace: Art Adventures, 3:15-4:15 p.m.

Join us for this three-week art program. We'll do individual and group projects with a variety of media. Ages eight to 11, space is limited so sign up early!
Nightly Knitting, 6-8 p.m.
Gilford Clickers Photography Club, 6:30-7:30 p.m.

Wednesday, May 10
Line Dancing, 9-10:30 a.m.
Check Out an Expert, 10 a.m.-noon
Teen Painting and Cider, 3-4 p.m.
Free form painting for teens. Come in to relax and make something as you sip cider.

Gilford Public Library Top Ten Requests

1. "Two From the Heart" by James Patterson
2. "16th Seduction" by James Patterson
3. "The Zookeeper's Wife" by Diance Ackerman
4. "If Not For You" by Debbie Macomber
5. "The Fix" by David Baldacci
6. "The Black Book" by James Patterson
7. "The Women in the Castle" by Jessica Shattuck
8. "Vicious Circle" by C. J. Box
9. "Small Great Things" by Jodi Picoult
10. "Fast and Loose" by Stuart Woods

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GILFORD POLICE LOG

The Gilford Police Department responded to 228 calls for service and made the following arrests from April 24-30. Please note that the names of juveniles, and those of individuals taken into protective custody but not formally charged, have been withheld.

Justin Akerman-Raposo, age 26, of Sanbornton was arrested on April 24 in connection with an outstanding bench warrant.

Jerry J. Theberge, age 66, of Gilford was arrested on April 26 for


undisclosed reasons.

Talia A. Conway, age 30, of Gilford was arrested on April 27 in connection with an outstanding bench warrant.


Dannie A. Gullage, Jr., age 18, of Gilman-ton was arrested on April 28 for Possession of Controlled/Narcotic Drugs and a separate count of Possession of Drugs in a Motor Vehicle.

Isaiah Hughes, age 21, identified as a transient, was arrested on April 28 for Driving While Intoxicated.


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small



medium




large

then they need flu vaccines.


Flu protection is recommended in sizes 6 months through 18 years. The flu can be a serious disease for children of all ages, causing them to miss school, activities, or even be hospitalized. CDC, doctors, and other health care professionals recommend flu vaccinations for everyone 6 months and older.

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Salmon Press MEDIA

Gilford Parks and Recreation News

BY HERB GREENE

Director

Gilford Parks and Recreation

Senior Moment-um Programs

Senior Moment-um Taco Party on May 8

The Gilford Parks and Recreation Department is sponsoring Senior Moment-um Program on Monday, May 8. We will meet in the Gilford Community church, Fellowship Hall at noon. We'll be serving up taco shells with all the fixings and for dessert we'll be having baked crescent churros!!! While we eat, we'll participate in a little Mexican trivia. The lunch cost is \$3.00 per person, with coffee, tea, and "Faux Margaritas" provided. Participants are asked to please RSVP by Thursday, May 4.

To RSVP or for more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Senior Moment-um Dinner and Dance - Senior/Senior Prom on May 17

The Gilford Parks and Recreation Department in conjunction with the GHS Student Council, is sponsoring a Senior/Senior Prom dinner and dancing evening for participants of the Senior Moment-um Program. This activity is scheduled for Wednesday, May 17. Participants will meet in the Gilford High School Lobby at 5 p.m. for a sit-down Dinner, followed by a Senior/Senior prom with members of the High School Senior Class at 5:45 p.m. There is no fee for this program, but space is limited and participants must RSVP's with the Parks and Recreation Department by Friday, May 12. Participants are also asked to provide song requests in advance.

To RSVP or for more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Adult Spring Hiking Program continues on Tuesday mornings

The Gilford Parks and Recreation Department is sponsoring a series of spring hikes for any adults looking for fresh air, fun and exercise. The hikes will be held on Tuesday mornings throughout the spring. These hikes continue on May 9 at the Winnepesaukee River Trail in Tilton and May 16th at West Rattlesnake in Holderness. Participants will gather at 9 a.m. in the Gilford Town Hall before departing for the hike. All interested participants are asked to RSVP at least one day in advance to each trip. The cost of the hikes is \$1 per person, per hike.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Recreation Department is once again inviting the Shooter's Gold Basketball Camp to come to Gilford this summer! The camp will be held in the Gilford Middle School Gym from June 26 - June 30. Session 1 for children entering grades one through four will be run from 8 - 10 a.m. Session 2 for children entering grades five through eight will be run from 8 a.m. - noon. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com.

Cost: \$85 for Session I and \$130 for Session II

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

LEtGO YOUR MIND Robotics Camps

The Gilford Parks and Recreation Department is sponsoring two one-week LEGO robotics camps the week of June 26 - June 30. The camps will take place at the Gilford Middle School from 9 a.m. - 3 p.m. The "Build it BIG: Superstructures, Motorized LEGO Cars & Stop Motion Animation" is open to children ages 5½-9 years of age and the "Build it BIG: EV3 Robotics, Minecraft & Stop Animation" is open to children ages 9-14 years of age. Participants can register on-line at www.letgoyourmind.com.

Cost: \$310

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Tickets Available for Red Sox bus trip on July 19

The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Wednesday, July 19th to see the Red Sox play the Toronto Blue Jays. Travel to and from the game will be provided aboard a Coach Company, Luxury Coach fully equipped with climate control, DVD Video System and Lavatory. This trip is limited to 53 participants, so register early!

Cost: \$75 per person or \$280 for a four-pack

For more information, please call the Gilford Parks and Recreation Department at 527-4722.



Homeward Bound Professional Animal Care, LLC has been accepted for membership in Pet Sitters International (PSI), an organization of nearly 7,000 independent professional pet-sitting services throughout the United States, Canada and abroad.

Homeward Bound joins Pet Sitters International

REGION — Homeward Bound Professional Animal Care, LLC has been accepted for membership in Pet Sitters International (PSI), an organization of nearly 7,000 independent professional pet-sitting services throughout the United States, Canada and abroad. Founded in 1994, PSI is the world's largest educational association for professional dog walkers and pet sitters.

With membership in PSI, Homeward Bound has reinforced its dedication to offering professional, quality pet-care services and increasing their knowledge of the pet care industry. Alix Marcoux DiLorenzo and Homeward Bound are available for dog walking and vacation cat care in Gilford, Laconia, Meredith and Belmont.

For pet owners, dog walking and cat sitting provides a unique alternative to boarding facilities—or relying on family or neighbors to check on pets. Our walkers and sitters come to the home daily and animals are

able to keep their regular routines for meals, walks, medication and one-on-one care and attention. Owners report that their dogs experience less stress and adjust better to their owners' absence when they get extra exercise while their parents are gone for extended periods of time.

As a PSI member, DiLorenzo has access to important business tools and educational resources, including pet-sitter liability insurance, PSI's Certificate Program, ongoing online training and PSI's annual Pet Sitter World Educational Conference & Expo.

According to PSI President Patti Moran, more and more individuals

are now advertising dog walking and pet-sitting services, so it is important for pet owners to ensure they are choosing a qualified, professional pet sitter.

"We encourage pet owners to only use the services of professional pet sitters, and to take advantage of the peace of mind that comes with using an insured and bonded PSI-member pet-sitting business," Moran said.

To learn more about Homeward Bound Professional Animal Care, LLC, call 998-0954 or visit www.hbpets.com. For additional information about Pet Sitters International, visit www.petsit.com.



COURTESY

Dancing In Quotes

We hope that you can join us for our recital on Saturday, May 13 at 1 or 6 p.m. at the Gilford High School Auditorium. Guaranteed to make you smile, laugh, sing & maybe even dance as you watch our performers "Dancing In Quotes!" All are invited to attend the two hour performance, which features ballet, pointe, jazz, tap, modern, and hip-hop dance. Two lucky ticket holders* will win either two tickets to any show at Meadowbrook or a beautifully handcrafted crystal creation by Hermann Defregger - *Must be present to win. Tickets are \$11 each available at the door or prior to the shows by calling Edgewater Academy of Dance at 293-0366.

District One candidate Eddie Edwards to address Belknap County Republicans

BELMONT — The Belknap County Republican Committee (BCRC) will hold their next monthly meeting on Wednesday, May 10 at 6:30 p.m. at the Top of the Town Restaurant, 88 Ladd Hill Rd. in Belmont.

This month's guest speaker will be the first declared candidate for Congress in District One, Eddie Edwards, who is challenging recently elected Democrat Carol Shea-Porter.

Edwards is a Navy veteran, a graduate of the FBI National Academy, and a former law enforcement officer. He's traveling throughout the district "to discuss ways to bring new jobs to the state, reduce the size of government, strengthen national security, address student loan debt burden, and combat the opioid epidemic." Here's your opportunity to meet Edwards and to ask him questions about

all the issues that are important to you.

With the Friday, June 2 Annual Belknap County Cruise on the M/S Mount Washington on Lake Winnepesaukee less than a month from now, the Cruise Committee will provide an update regarding guest speakers and entertainment. And, as is the custom, the Belknap County House Delegation, State Senators, and SEE **REPUBLICANS** PAGE A12

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OPINION

Pet of the Week: Marlow



A very special dog, is Marlow, currently in an offsite foster home but so ready for her next step, a permanent forever home.

She came to us in August 2016 at the request of a sister shelter in New Hampshire. Marlow's story is heartbreaking; she was attacked in her own home by unknown human assailants. Immediate medical care was provided by another shelter, but they also asked if we would take her, for geographical reasons. Of course, we said "yes". Marlow has simply blossomed under the gentle, constant care of her New Hampshire Humane Society

approved foster home (& BTW: what a great way to get involved with our organization)! Marlow, aged perhaps 4 years young, is vigorous and energetic, completely recovered in mind, body and spirit, and now looks for a family to love her always. Best home: teens and up, possibly another dog with formal introductions, cats... not so much! To arrange a meeting with Marlow, please contact us directly at the shelter, 524-3252 and ask to speak with an adoption counsellor.

Check www.nhhumane.org for more details.

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NORTH COUNTRY NOTEBOOK

Fiddleheads and woodcock sally forth to grace the plate

By **JOHN HARRIGAN**
COLUMNIST

Fiddleheads and woodcock would seem to have little or nothing in common, but in my case they are firmly linked: In my younger years, I knew absolutely nothing about them, and beyond that had no clue that either one was fit for the table.

I'm reminded of this about now because the fiddleheads are almost ready to push their way up through the black soil of alder swamps; and after spending our mandatory seven months of winter far to the south, the woodcock are back.

Looking back, knowing what I know now, I can't figure out why such delectable elements of Mother Nature were absent from my childhood experience. Not knowing about fiddleheads is perhaps understandable, because they were not part of the culture, just as for some strange reason hunting with dogs has never been a big deal in my part of the North Country, and ditto for duck hunting. Just over that ridge, or just over into that other watershed, all these and more were part of the fabric of life; around here, not so very much.

COURTESY — PIXABAY.COM
A fiddlehead, bursting forth among other spring delights.

COURTESY — POETRY BOOKS; SAROJ OATEL
A rendition of a woodcock, difficult to capture on film because it flies so fast.

My bird-hunting days began at age 12 or so, when my parents more or less handed me over to best friends Rudy and Joan Shatney, to go live with them at Clarksville Pond. "You mean they just gave you away?" someone often will say at this story and others as I go over the hump of age 70, and the answer is yes. Rudy and Joan's two girls were already busy, and they needed a boy to help them with their hunting and fishing and vacation cabins on Clarksville Pond, about ten miles and 500 feet higher up in elevation from my home

in downtown Colebrook. And both sets of parents had long since concluded that I belonged in the woods, not on the village sidewalks.

So off I went, to just about the most idyllic, hard-working, rustic and backwoods life a boy could imagine. And one of the first things I learned from Rudy, one of the best-known guides in the state, was how to handle a shotgun.

He handed me out a single-barrel 20, which I have thought ever since is the best way to start a kid out--and subsequently all of my kids began the

same way. Along with the gun came lessons on the finer points of hunting partridges (grouse), and thus on fall afternoons, after whatever chores at hand were done, I was off into the woods.

The edges of alder swamps were good places to find birds, but every now and then I was distracted from being ready for grouse by this little bundle of feathers bursting forth close by my feet, emitting a frenzied peeping noise as it hit apogee a dozen feet overhead and zoomed off for parts unknown.

"Hey Rudy," I said one night when I got back for supper. "What are those little birds that get in the way of my bird-hunting?" and after hearing my description he replied "Woodcock," and I thought nothing more of it. They remained, to me, just something I more or less kicked out of the way so I could concentrate on hunting the real thing.

Of course, later on in life, and not much later either, I was informed that these things were good to eat, and so when one of the more veteran hunting parties came up from Manchester one weekend and dressed out several woodcock for the table, I was invited to have some. "Ugh," I thought upon tasting a bite, but of course did not say. "Mud, with an after-taste of worms." And I've never graduated from that initial impression. You might as well eat a robin. Ardent woodcock-hunters are not very fond of this story.

So I continue to just SEE **NOTEBOOK** PAGE A12

Strategies for living

BY **LARRY SCOTT**

I call it, "Strategies for Living," – my take on life – but I can hear my critics now: "Come on, Scott! What you are peddling is the same old religious garbage we have been hearing for ages! Talk to me about life, about success, about achieving my dreams, about peace of mind, about self-respect. Talk to me about that and you will have my attention." But hold on! That, in fact, is what this column is all about. Let me explain.

To understand my perspective, I need to highlight a fundamental point of view. It is my conviction that the Creator has endowed

us with three distinct elements that make us who we are. Known as body, soul and spirit, we are physical, intellectual and spiritual beings. My view is that success in life, success that leads to genuine peace, prosperity and purpose, will be found only when all three of these fundamental aspects of our being are held in balance and harmony.

The critical issue here, however, is that one of these three aspects of our personhood will inevitably predominate. We will most generally live our lives directed by our physical, our intellectual or our spiritual interests. Whatever aspect of our

real selves we choose as the driving force in our lives will have a profound influence of the other two. Balance and harmony between all three is the ideal and certainly possible, but it seldom comes easy. You and I must make some tough choices; to be our very best will demand self-discipline, determined effort, and honesty. And, perhaps, just a bit of intellectual curiosity.

As you have no doubt already noted, the spiritual aspect is the predominant force in my life. But please note: I have little interest in writing about religion. Religion, as I define it, is what we do to influence, pacify and secure the blessing of our deity. Christianity, on the other hand, is not about we do to influence God; it is about what God has done for us. We may reject or just ignore Him, but He loves us so much He is committed to help us discover and develop our potential to its very best. And that is important to me. That perspective has had a profound influence on what I have

done with my body and its demands, on how I have developed my intellect, and on how I have travelled my spiritual journey.

The bottom line here is that if I am to help anyone become the very best they can be – and to that I am committed - I must bring God into the picture. We need an objective standard of authority that will give direction to how we satisfy our physical, our intellectual and our spiritual needs. My life would have been a shattering disaster had I chosen to ignore these principles. And if I'm wrong, if there is no God and if my religious convictions are without merit, I have benefited by the self-discipline and the sense of direction I have found in the Bible and in my faith. Little wonder that it comes through in my writing.

My point here is that the religious tone to this column has life in all of its aspects in view. Stay with me! We have lots to talk about. And, as always, hit me up if you wish at rlarryscott@gmail.com.

Send us your letters!

We seek your input! Tax rate got you down? Glendale too congested for your liking? Do you approve of a recent selectmen decision? Hate the paper? Love the paper? Let us know!

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Our fax number is 279 3331.
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We're looking forward to hearing from you!

Hitchcock classic “The Lady Vanishes” is LRPA's After Dark feature this weekend

LACONIA — Join Lakes Region Public Access Television at 10:30 p.m. this Friday and Saturday night (May 5 & 6) for our “LRPA After Dark” presentation of 1938’s early Hitchcock thriller “The Lady Vanishes,” starring Margaret Lockwood, Michael Redgrave and Dame May Whitty.

In “The Lady Vanishes,” we meet young Iris Henderson (Lockwood), vacationing in Europe and traveling back to England via train. She and her fellow passengers, an interesting and mysterious group of people including a young musicologist named Gilbert (Redgrave), are delayed by an avalanche and must spend the night at a local inn. In doing so, Iris befriends an elderly woman named Miss Froy (Whitty). The next morning, while assisting Miss Froy with her luggage, Iris receives a blow to her head. Miss Froy helps her on the train, where they share tea and lovely conversation.

Iris falls asleep across the compartment from her new friend, but when she awakes, Miss Froy has disappeared – and her fellow passengers claim that no such person ever existed! Was she a figment of Iris’s imagination? A result of her blow to the head? No one on the train will take her seriously or help her look except for Gilbert, and even he, while becoming smitten with the lovely Iris, has his doubts.

“The Lady Vanishes” was Alfred Hitchcock’s last film shot in Great Britain before he made his move to the United States. It was triumph with critics and movie audiences alike, and was in fact the most successful British film of its time. Upon its release in the U.S., it received the New York Film Critics Award for Best Director and was named one of the ten Best Pictures of 1938 by the New York Times, whose critic Frank S. Nugent wrote, “If it were not so brilliant a melo-

drama, we should class it as a brilliant comedy.” Most film critics consider it to be the best of Hitch’s early (pre-1940) films. It was a favorite of many directors, including Orson Welles, Peter Bogdanovich and Francois Truffaut, and is included in the book 1001 Movies You Must See Before You Die by Steven Schneider. Be sure to watch for Hitch’s trademark cameo appearance; hint, it’s near the end, in the Victoria train station. No wonder this is a must-see! Grab your popcorn and join LRPA after dark for this glorious thriller from the past.

You can’t find television like this it anywhere but LRPA TV, MetroCast Channel 25. Not a subscriber? Then log onto Live Stream through our website (www.lrpa.org) where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)
Lakes Region Pub-

lic Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPA cablecasts locally on MetroCast channels 24 (education), 25 (information and entertainment) and 26 (government) to nearly 12,000 viewers in our

member municipalities of Belmont, Gilford, Laconia, Meredith and Northwood, and around the world via Live Stream at www.lrpa.org. Programming is produced by and for the people of the greater Lakes Region. LRPA’s mission is to empower our community members to produce content that:

- fosters free speech and the open exchange of

ideas,

- encourages artistic and creative expression,
- promotes a well-informed public through governmental transparency, and
- unites our communities through the power of media and technology.

- LRPA’s slogan: Community empowered by media. Visit us on the Web at www.lrpa.org.

Gilford native prepares to release new CD

SOMERVILLE, Mass. — Contemporary folk artist Katie Dobbins will release her debut album, “She Is Free,” at The Burren Backroom in Somerville, Mass. on May 7. Coupling a contemporary folk foundation with new country embellishments, Dobbins’ music, though reminiscent of Jewel and Colbie Caillat, establishes itself solidly in a genre all its own. Her release show will feature supporting sets by Boston performers Hana Kahn and Age, artists who, in addition to bringing their own locally-renowned musicianship, also perform in the evening’s spirit of freedom, empowerment, and love.



COURTESY PHOTO

Katie Dobbins

experience and creative energy that reinforces the positive message of the show’s theme “Let The Music Set You Free.”

Working as a special education teacher in Lexington, Massachusetts, Dobbins returns to her hometown of Gilford during the summer whenever possible. The “She Is Free” album was recorded, engineered, and produced at the Recording Cooperative in Gilford, of which Katie is one of a select number of members. The Recording Cooperative is jointly owned and operated by Ryan Ordway and Franz Haase, both exceptional musicians well-known throughout the Lakes Region.

Dobbins explains, “This album, ‘She Is Free,’ is a collection of songs I created over

time, and its release signifies my own personal freedom from any insecurities or fears I have held about myself or my music up to this point. The songs on the album pay tribute to certain people in my life who have empowered me along the way, and also tell stories of various real and imagined characters pursuing love and freedom.”

In addition to her work in special education, Dobbins performs regularly as a solo artist in the Boston area, with the band at Storyheights Church, and at venues in and around the Lakes Region. She is Free is Dobbins’ debut release, its nine tracks touching on themes of love, self-empowerment, and setting yourself free. Following the release of her album, Dobbins plans to travel regionally and share her music with new audiences throughout New England.

“She is Free” will be available on iTunes, Spotify, and Bandcamp. For additional information about her music and this upcoming debut album release, go to katedobbinsmusic.com or find her on Facebook at katedobbinsmusic.

Pitman's welcomes Downtown Dave and the Deep Pockets

LACONIA — Pitman's Freight Room at 94 New Salem St. in downtown Laconia is pleased to announce the following events for this weekend:

Friday, May 5, 8 p.m., \$20: Downtown Dave and the Deep Pockets

The Deep Pockets are impassioned in Blues and R&B music. We have been playing our heart and souls out throughout Southern New Hampshire for the past several years. We play honest, fun, real, and up tempo music. We like to see people having fun on and off the dance floor. A mix of originals and one off covers, done with our own pockets style. Energetic and fun, while maintaining a great respect for room and band dynamics. We continue

to make many great new fans and friends at every show....hope to see you there!

Band Members : Dave Glannon - Harmonica/ Vocals; Mike Rivela - Guitar/ Vocals; Joe Zangri - Bass/ Vocals; Rick King – Drums; Leroy Pina - Drums

For reservations, call 527-0043 and we are a BYO Venue. www.pitmansfreightroom.com

Saturday, May 6, 8 p.m., \$20: Comedy Night featuring Robbie Printz and Scotty Lombardo

A fixture on the Boston comedy circuit, Robbie Printz got his start in 1988, and has been performing ever since. He made the rounds on the Cable Comedy shows, including MTV, A&E and

Comedy Central. He won the Boston Comedy Festival and was named the Best Comedian in Boston, by the Improper Bostonian. Laughter is the best medicine, so go see Robbie Printz and laugh about life, or laugh at him about his life. Either way, you'll feel better.

Scotty Lombardo can be heard on Sirius/XM radio, and has performed with the likes of Denis Leary, Lenny Clarke, and many others. A regular at Kowloon, Lots of Laughs, and the Comedy Studio, as well as clubs in Los Angeles, New York City and Chicago, Lombardo's humor has a specialty feel with a universal appeal.

For reservations, call 527-0043 and we are a BYO Venue. www.pitmansfreightroom.com

Eric Hoffman: Storm Chaser to speak at Taylor Community May 15

LACONIA — Prior to joining Plymouth State University in 2000, Dr. Eric Hoffman worked for the National Weather Service as a meteorologist in the Monitoring and Aviation Branch of the former National Meteorological Center (currently the National Centers for Environmental Prediction), in Camp Springs, MD.

Join Dr. Hoffman as he recounts his exciting experiences as a Storm Chaser at Taylor Community’s Woodside Building, Monday, May 15 at 6:30 p.m. The event is free and open to the public.

The doctor received his BS in meteorology from Cornell University and his MS and Ph.D. in atmospheric science from the University at Albany (SUNY). His areas of expertise include synoptic and mesoscale meteorology.

Taylor Community is a not-for-profit Continuing Care Retirement Community whose



mission is to provide the highest quality of retirement living options to support the independence, health and dignity of community residents. For more information, visit www.taylorcommunity.org.

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Herman J. Caswell, Jr., 91

LACONIA — Herman “Bud” J. Caswell, Jr., 91, died on Tuesday, April 25, 2017 at the Golden View Health Center in Meredith. Bud was a life-long resident of the Lakes Region, born on Jan. 9, 1926 in Laconia to the late Elise G. (Brigham) and Herman J. Caswell, Sr. He owned and operated the Caswell and Son Company. Bud enjoyed skiing, golfing, and hiking and spending his summers on Lake Winnisquam and he enjoyed traveling in his motor home. He was also a talented metal craftsman and made jewelry as a hobby. Bud belonged to the Kiwanis club for many years as well as being a veteran of World War II. He was an avid member of the Shriners Bektash Mini Patrol and he was forever a gentleman.

Bud is survived by his significant other, Dorothy “Dot” Kahn; two sons, Clay Caswell and Allen Caswell; a daughter, Pamala Kyle, and her husband Kenneth; nine grandchildren (Cole, Cora, Cohen, Allison, Ross, Ryan, Brett, Clay, Jr., and Elena); seven great-grandchildren (Teddy, Patrick, Samuel, Parker, Sylus, Kasey, and Aria); a daughter-in-law, Brenda Caswell, along with many nieces and nephews. In addition to his parents, Bud was predeceased by his wife, Beverly (Nadon) Caswell; a granddaughter, Cameron Coulstring; a daughter-in-law, Kimberly Caswell; and a sister, Dorothy Boynton. A calling hour was held on Monday, May 1, 2017 from 1 to 2 p.m. at the Wilkinson-Beane-

Simoneau-Paquette Funeral Home, 164 Pleasant St., Laconia, NH using the Carriage House entrance. Funeral services were held at 2 p.m. on Monday, May 1, 2017 also at the Funeral Home. A private burial will follow at a later date in the family lot in the Union Cemetery, Laconia. In lieu of flowers, donations may be made to a Shriners Hospital for Children, 51 Blossom St., Boston, MA 02114. For more information and to view an online memorial, go to www.wilkinsonbeane.com. Wilkinson-Beane-Simoneau-Paquette Funeral Home & Cremation Services, 164 Pleasant St., Laconia, is assisting the family with the arrangements.

Van Besler Johnston, 62



WEST ROXBURY, Mass. — Van Besler Johnston, 62, passed away on April 11, 2017 at the West Roxbury VA Hospital in Massachusetts after facing complications with AML (Acute Myeloid Leukemia). Born on Oct. 17, 1954 in Laconia, he was a longtime resident of Sanbornton, and later moved to Nashua, where he maintained residence in his later years. Recently retired, Van had worked mostly in construction, and had served in the U.S. Army Reserve, 368th Combat Engineers Company B 2nd Platoon from 1975-1979. He loved airplanes, with his favorite being

the B-17, which he had the opportunity to fly on. He was also an avid follower of “Star Trek.” Van was predeceased by his parents, James Johnston and Mary Parker Johnston. He is survived by his wife Lynn Johnston, of five years; his children, Morgan Johnston

and Jack Johnston of Sanbornton; his brothers and sisters, James Johnston, Jr., Elizabeth Smith, Kriss Foster, Roger Johnston, Steve Johnston, and Robert “Andy” Johnston; as well as many nieces, nephews and cousins. In lieu of flowers, please make donations to VA Boston Health Care, in memory of Van Besler Johnston, 1400 VFW Parkway, West Roxbury, MA 02132. A Celebration of Life in memory of Van Besler Johnston will be held Saturday, May 6, 2017 from 1-3 p.m. at the Merrill Fay Ice Arena, 468 Province Rd., Laconia, NH 03246.

LRGH’s Family Birthplace first in NH with state of the art newborn safety system

LACONIA — Lakes Region General Hospital is the first hospital in the state of New Hampshire to provide the Newborn Safety System from Certascan Technologies. The system allows the hospital to capture high resolution newborn footprints which can be used for precise identification in situations like an abduction, lost baby or natural disaster.

The Newborn Safety System has garnered the attention and praise from the National Center for Missing and Exploited Children (NCMEC) and has been included as a recommendation for hospitals in its most recent Infant Security Guidelines. The digital foot prints and security photo can be stored efficiently in the newborn’s electronic medical record. And, much like finger prints,

foot prints are a biometric, unique to each baby, so they can be used for identification throughout a lifetime. Each new mom receives an attractive certificate of her newborn’s footprint during her stay. When she returns home, she can visit firstfootprint.com to enhance the certificate with colors, different fonts and borders. She can also download a digital copy of her baby’s footprint. These additional benefits are provided as a gift from LRGH’s Family Birthplace and at no cost to moms. LRGHealthcare is a not-for-profit healthcare charitable trust representing Lakes Region General Hospital, Franklin Regional Hospital, and affiliated medical providers. LRGHealthcare’s mission is to provide quality, compassionate care and to strengthen the well-being of our community.

MEREDITH — Genesis Behavioral Health will host its annual community forum on Wednesday, May 10 from 4:30 to 6:30 p.m. at the Meredith Community Center, One Circle Drive, in Meredith. This year’s forum will focus on how Peer Support Services plays an important role in one’s journey towards recovery and how it has been successfully used in New Hampshire to assist our veteran community. The community forum is held in May to honor Mental Health Awareness Month. The public is cordially invited to attend this event. Peer support programs provide an opportunity for individuals who have achieved significant recovery to assist others in their recovery journeys. Peer specialists model recovery, teach skills and offer supports to help people experiencing mental health challenges lead meaningful lives in the community. Peer specialists promote recovery; enhance hope and social networking

through role modeling and activation; and supplement existing treatment with education, empowerment, and aid in system navigation. “In all areas of life—no matter your background—we know relationships are crucial to well-being. We call friends in hard times, visit family members when they aren’t feeling well, and often see support groups for individuals who’ve experienced similar challenges like chronic disease or loss of a loved one. In the same way that we reach out to someone who we think will understand, peer specialists can provide that understanding during a time when many feel alienated and hopeless. They provide an important connection and hope that recovery is possible,” said Maggie Pritchard, Executive Director of Genesis Behavioral Health. Ed Drury, Military Liaison at Genesis Behavioral Health, said, “Peer Support is especially relevant to the veteran community. The military creates a culture in which service members look out for one another. Common experiences bind individuals together and provide the foundation for peer support.” To help explore the

role of veteran peer support, the keynote speakers will be Peer Support Specialists from the Manchester VA Medical Center. They will explain why peer support is critical when serving veterans, review the variety of services that they offer, and how their work has helped the veterans they serve. We will also have representatives from the Manchester Vet Center, NH National Guard and the VFW in attendance. Community members and veterans who would like to attend should contact Ann Nichols, Director of Development and Public Relations at 524-1100, ext. 445 or email anichols@genesisbh.org to RSVP for the forum. Genesis Behavioral Health is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, Genesis serves nearly 4,000 children, families, adults and older adults each year. For more information or to schedule an appointment, call 524-1100 or visit the website at www.genesisbh.org. Find Genesis Behavioral Health on Facebook and follow us on Twitter for updates and information.



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Gilmanton team advances to Destination Imaginattion Global Finals

GILMANTON — After achieving honors for creativity, team work, and innovation in regional and state academic tournaments, the Gilmanton School's own Spaghetti & The Meatballs have earned the right to compete in Destination Imagination's Global Finals, the world's largest celebration of student creativity, to be held May 24-27 in Knoxville, Tenn. Team members include Natalie Clay, age 10; Brady Gardner, age 10; Hale Kutuk, age 13; Jaime Waldron, age 10; and Zavien Whitmore, age 10.

These students will compete with other teams in the Show & Tech category, one of seven open-ended challenges that require students to apply science, technology, engineering and math (STEM) skills, in addition to their talents in improvisation, theater arts, writing, project management, communication, innovation, teamwork, community service and social entrepreneurship.

Spaghetti & The Meatballs chose to test themselves by participating in the technical challenge, which prompts students to complete tasks by using engineering research, strategic planning and related skills. The goal of this challenge was to create a stage that moved at least one team member from one location to another during a two act presentation. They were also saddled with the challenge of developing and showcasing a technical



Gilmanton School's Destination Imagination team, Spaghetti & The Meatballs, celebrates their win at the state championship.

effect for both opening and headlining acts.

Without adult collaboration or interference of any kind, this team of students invented a three-foot-by-eight-foot structure that they call the "sladder." They all learned elements of construction, from how to properly use a measuring tape to the safe use of power tools. Placed on a two foot incline, the spinning rungs of this ladder type device were constructed of hand-cut dowels and pool noodles. They slide a team member across the stage on a sled using gravity as propulsion.

The presentation opens with a commercial for a sponsored product called "The Super Sauce Pan," which requires no heat for its intended purpose. The skit then launches into its main event, a cooking compe-

tition hosted by the duck tape fashionista and entertainer Lady GooGoo. Using the sponsored product, two chefs duke it out for the title of Chef Super Sauce by cooking a unique dish of none other than spaghetti and meatballs! The two judges taste the dishes and announce the winner to the audience. In a surprise twist, the new reigning champion prepares to face off against a friend in the upcoming episode. From an entire dress made of only duct tape and a shoelace to a catapult and a confetti gun, this team will represent New Hampshire well at the largest celebration of creativity in the world!

Why is this amazing? This is the first time in Gilmanton's history that a Gilmanton School DI team had advanced past both regional and state

competitions to represent New Hampshire on the global stage. Spaghetti & The Meatballs competes in the Middle School division against students in grades six through eight, although the team of five actually consists of four elementary aged students and only one seventh grader! The team needs to fundraise nearly \$12,000 to cover the costs of tournament participation, lodging, meals, transportation, and public relations materials. A GoFundMe page has been set up on their behalf to accept online donations, and can be found at www.gofundme.com/gilmanton-destination-imagination-q.

In addition to online fundraising efforts, Spaghetti & The Meatballs is partnering with local businesses to hold a number of fundraising events. A Destination Imagination Spring Carnival will be held at Crystal Lake Park on Saturday, May 13 from 3

to 7 p.m. The event will include fun for all ages, with carnival games, prizes, a photo booth, carnival food and goodies, a DJ, a long list of raffle items, and DI demonstrations. Updates on all fundraising events can be found at www.facebook.com/GilmantonDI.

Destination Imagination has had a positive impact on more than one and a half million students who have taken part in its acclaimed academic program. This year, 150,000 students have participated in tournaments throughout the U.S. and 30 countries in hopes of earning a spot at the Global Finals competition in May. Spaghetti & The Meatballs are among more than 8,000 students representing more than 1,400 teams that will advance to the Global Finals in 2017.

"The Destination Imagination program is a fun, hands-on system of learning that fosters

students' creativity, courage, and curiosity," says Chuck Cadle, CEO of Destination Imagination. "Collaborative problem solving, risk taking, project management and thinking on your feet are just a few of the important skills learned in our program."

Destination Imagination is a leader in project-based learning opportunities that blend STEM education with the arts and social entrepreneurship. Its academic challenges are student-directed, and are designed to teach kids how to think, not what to think. Teams who participate have the opportunity to present their solutions at regional and state tournaments.

Each year, DI competitions begin with a regional tournament, where team solutions are assessed by a panel of trained Appraisers, ranging from educators to artists to engineers. Each team solution is scored on a variety of elements, including originality, workmanship, presentation and teamwork. Teams with the highest scores advance to the Affiliate (state or country) tournaments. The top-tiered teams from the Affiliate Tournaments advance to Global Finals.

Destination Imagination, Inc. dedicates itself to enriching the global community by providing opportunities for learners of all ages to explore and discover using the creative process from imagination to innovation.

For more information about Global Finals, visit <http://globalfinals.org/>.

Gilford's Abigail Harris named to Dean's List at Endicott College

BEVERLY, Mass. — Endicott College is pleased to announce that Abigail Harris of Gilford has been named to the Dean's List for fall, 2016.

In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

Harris is the daughter

of Norman and Martha Harris of Gilford, and is a senior majoring in Nursing.

The following students have met those requirements:

About Endicott College

Located in Beverly, Mass. on 235 acres of oceanfront property, Endicott College offers doctorate, master's and bachelor degree programs in the profes-

sional and liberal arts. Founded in 1939, Endicott provides an education built upon a combination of theory and practice, which is tested through internships and work experience. Studying at the Beverly campus, regionally, and internationally are approximately 2,750 undergraduate and more than 2,350 adult and graduate students. For more information, visit www.endicott.edu.

Madison Harris of Gilford named to Endicott College Dean's List

BEVERLY, Mass. — Endicott College is pleased to announce that Madison Harris of Gilford has been named to the Dean's List for fall, 2016.

In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

ter.

Madison, daughter of Norman and Martha Harris of Gilford, is a Freshman majoring in Business Management.

About Endicott College

Located in Beverly, Mass. on 235 acres of oceanfront property, Endicott College offers doctorate, master's and bachelor degree programs in the professional and liberal arts.

Founded in 1939, Endicott provides an education built upon a combination of theory and practice, which is tested through internships and work experience. Studying at the Beverly campus, regionally, and internationally are approximately 2,750 undergraduate and more than 2,350 adult and graduate students. For more information, visit www.endicott.edu.

Marine Corps League offers scholarships

REGION — The Marine Corps League, Lakes Region Detachment 506, is offering scholarships to graduating high school seniors who are pursuing further education. All scholarships will be awarded in accordance with the application criteria.

Applicants must be residents of the Lakes Region. Awards will be

determined by academic achievement, participation in school and community activities.

This year's scholarship recipients are Logan Christopher Frye of Bristol, Eric Michael Dubois of Moultonborough, and Jared Everett Prince of New Hampton.

Applicants are encouraged to apply for these scholarships.

All scholarships are awarded on a competitive basis, and a minimum GPA of 2.5 is required.

All applications must be received by May 15. Application forms are available from area high school guidance offices or by calling the Commandant's office at 455-0636.

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Peabody Home in Franklin to host Lakes Region Chamber ‘Meet and Greet’

FRANKLIN — The Peabody Home will host the Lakes Region Chamber’s Meet & Greet event on May 11 from 4:30 to 6:30 p.m. This is an exciting opportunity to network, tour the Peabody Home and learn more about the nursing, assisted living and independent living community overlooking the Winnepesaukee River in Downtown Franklin.

Director Meg Miller along with the caring and compassionate staff and residents are

pleased to showcase their community living space. They look forward to welcoming local businesses and enjoy light refreshments at their beautiful senior living community nestled in the heart of a cozy New Hampshire Lakes Region town.

“The Lakes Region Chamber of Commerce supports member businesses in 22 towns/cities. We are pleased to promote the Peabody Home and are looking forward to the experi-

encing their extraordinary hospitality,” shares Karmen Gifford, Chamber President.

Lakes Region Chamber of Commerce Meet & Greets provide a casual atmosphere to network to grow your business connections and get a behind the scenes look at a local business. For more information or to register to attend, contact the Lakes Region Chamber of Commerce at 524-5531 or go to LakesRegionChamber.org.



Meg Miller, Director of the Peabody Home along with the staff and residents are excited to host the May 11 Lakes Region Chamber Meet & Greet at 24 Peabody Place in Franklin.

Laconia T-Bones and Cactus Jack's celebrates 10 years

LACONIA — Great New Hampshire Restaurants is pleased to announce the 10 year milestone of their Laconia location that features the dual concept of both T-Bones and Cactus Jack's on Union Avenue.

Tom Boucher, owner and CEO, comments, “My father Charlie is a longtime resident of Laconia, and he told me for years that I should open in the Lakes Region! I'm so glad that I listened to him, as we have felt so much support from the community, and so ap-

preciate the ten great years we've had!” Boucher honored his father by creating and naming one of their most popular dishes after his dad... Charlie's Broiled Had-dock.

As a thank you to the community, the Laconia T-Bones and Cactus Jack's will be giving a \$10 off lunch certificate to each table between 11:30 a.m. and 4 p.m. through May 10. In further celebration of their anniversary and the fact that T-Bones/Cactus Jack's has been vot-

ed for having the Best Burgers in New Hampshire, on May 10, all burgers will be just \$10.

Great NH Restaurants is the parent company of the T-Bones Great American Eatery locations: Bedford, Salem, Hudson, Derry, and Laconia, two Cactus Jack's Great West Grill locations (Laconia and Manchester), the Copper Door in Bedford, and T-Bones Meats, Sweets and Catering in Manchester. For more information, visit www.T-BONES.com.

Third Annual Interfaith Prayer Breakfast this Thursday

LACONIA — The Third Annual Lakes Region Prayer Breakfast will be held Thursday, May 4 from 7:30-9:30 a.m. at St. Andre Besette Parish Hall, 31 Gilford Ave., Laconia.



Lakes Region Prayer Breakfast featured speaker Sarah Dunham, the founder and director of the Abolitionist Network, a program of the Emmanuel Gospel Center in Boston, with the mission to connect and empower the Body of Christ to abolish the systems of human trafficking.

This event, which is timed to coincide with the National Day of Prayer, has its origins dating back to 1787 when Benjamin Franklin asked Pres. George Washington to open each day with prayer and to realize that prayer is deeply intertwined in the fabric of the United States. However, it was not until April, 1952 that Pres. Harry S. Truman signed a bill proclaiming the first Thursday in May as the National Day of Prayer.

Locally, an interfaith committee of lay people and clergy have staged two increasingly popular events to date and hope to build on that success this year. This year's theme- Human Trafficking- was actually suggested by attendees at last year's event.

The featured speaker will be Sarah Dunham, Director of The

Abolitionist Network, a program of the Emmanuel Gospel Center in Boston, with the mission to connect and empower the Body of Christ to abolish the systems of human trafficking. She is also a founder and lead coordinator of the MA Coalition to End Human Trafficking (MCEHT) and was a founding board member of Amirah, a safe home for survivors of human trafficking on the north shore of MA.

Sarah is a graduate of Gordon College and has been living and ministering in Boston for 8 years. Sarah and her husband, Jar-

ed, love being a part of what God is doing- bringing light into the darkest places

The event will include a full buffet breakfast, Old and New Testament readings and Sarah's presentation. Tickets are \$12. The buffet breakfast served from 7:30 a.m., Program beginning at 8:15 a.m. and concluding at 9:30 a.m.

Please check local churches, synagogues and media for further information. Any organizations wishing to purchase tables of eight (\$96) please contact co-chair Chris Ray at crayjr@gmail.com or 528-2920.

Chris Adams joins RE/MAX Bayside as new sales associate

LACONIA — RE/MAX Bayside announced today that Realtor® Chris Adams has joined their growing real estate franchise. Adams just retired as the City of Laconia's Chief of Police and brings to the office more than 22 years of service to the community. Chris has been involved in the real estate industry on a part-time basis for several years and has decided to make it his long term career.

“I'm eager to be part of the most productive real estate network in the world and heighten the buying and selling experience for my clients,” Adams said.



“The real estate season is upon us and new trends are beginning to form. The Lakes Region is in high demand for seasonal and year-round homes, and property is selling quickly. I'm here to help guide my clients through this process.”

Chris Kelly, Broker/Owner of RE/MAX Bayside states, “It has

been a privilege of ours to watch Chris Adams successfully oversee the Laconia Police Department. Now we are fortunate that he has chosen RE/MAX Bayside as his home for is real estate career. We look forward to working with Chris as he makes a smooth transition from law enforcement to real estate marketing and sales. Chris has the motivation, drive and natural ability to become a leader in this industry.”

For more information about Adams or RE/MAX Bayside, please visit www.Baysidenh.net or contact Chris directly at 393-7993.

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Taylor Community residents tour the Belknap Mill

LACONIA — The Belknap Mill Society hosted a “First Day of Work at the Belknap Mill” tour for an enthusiastic group of Taylor Home community residents on Friday, April 12.

In 1918, the Belknap Mill was owned and operated by J.P. Morin. Bill Nunamacher, playing the role of J.P. Morin, welcomed the new “employees” to work, showing slight disapproval for their tardiness, as “work at the Mill begins at sunrise!” The group was greeted by volunteer Martha Clement in the historic Knitting Room, where she carefully showed the ‘knitter ladies’ what their jobs would be and how important it was that they made sure their socks were perfect when they came off the knitting machines - “A knitter was paid by the piece, but only received pay for quality socks!” Volunteer David Stamps, portrayed as a ‘machine fixer’ toured the Taylor Home group through the Power House. Mr. Stamps explained how the Mill used hydro-power for many years, using the strength of the Winnepesaukee River. In 1918, Mr. Morin realized he could use the power of the river to generate electricity, which would then enable him to keep his mill open for longer hours!

The group enjoyed a light lunch catered by Contigiani’s, in the beautiful Rose Chertok Gallery located on the third floor of the Mill. Tara Shore, Operations Manager for the Belknap Mill, shared a video from the 2016 Industrial Heritage Program and spoke of the importance that volunteers play in the success of the school program.

“We welcome elementary aged students throughout New Hampshire to the Belknap Mill during the month of May and into early June,” Shore said.

The Industrial Heritage Program is an award-winning program that has brought more than 20,000 New



The Belknap Mill Society hosted a “First Day of Work at the Belknap Mill” tour for an enthusiastic group of Taylor Home community residents on Friday, April 12.

Hampshire students through the Belknap Mill through the years to experience a day in the life of a millworker in 1918.

The Belknap Mill is currently seeking volunteers to assist with this year’s Industrial Heritage Program. The program runs Monday, Tuesday, Wednesday and Friday each week beginning in May through early June. The program relies on volunteers from the community. Schedules are flexible and training is provided. For more information on volunteering for the program please contact Tara Shore at: operations@belknapmill.org or by calling the Belknap Mill at: 524-8813. We look forward to welcoming you to the year 1918!

The Belknap Mill Society is a 501(c)(3) nonprofit organization whose mission is to preserve the Belknap Mill as a unique historic gathering place and to celebrate the Lakes Region’s cultural heritage through the arts, education and civic engagement. Built in 1823, the Belknap Mill, NH’s Official Meetinghouse, is the oldest unaltered textile mill in

the United States and is recognized on the National Register of Historic Places as a site worthy of preservation. The Society relies on the continued support of donors and its members. To learn more about the Belknap Mill Society, to make a donation or to learn about becoming a member, visit www.belknapmill.org or email operations@belknapmill.org.

MOULTONBOROUGH — Dogs bring so much joy, companionship, and unbridled dedication to our lives. They greet us at the door, are always pleased to see us, and give something that is truly priceless — unconditional love.

In Casey’s world, not only is she the constant companion for Tom, her veteran owner; she is also his service dog in training. At the age of just three, this lovely American Staffordshire Terrier is attending the College for Pets, based in Plymouth. She’s a “dog with a job.” Her day involves stewardship of her owner, Tom, who is a disabled veteran living in Moultonborough. She picks items up for Tom, assists him getting in and out of chairs, reminds him to take medication, and provides an unfail-

ing, calming, supportive and gentle presence 24 hours a day.

About six months ago, Casey tore her right cruciate ligament. Her trainer at American College for Pets thought it best for her to take a break from training, giving her body time to mend and recuperate.

Having recovered from the injury to her right knee, Casey has torn the ligament in her left knee — a common occurrence with such cases, as she’s been compensating for the right leg for some time. Veterinary care will cost upwards of \$3,000, including surgical intervention on possibly both legs, antibiotic therapy, and post operative follow-up care. Sadly, Tom cannot afford this expense, but he also cannot afford to be without Casey’s support.

For now, this strong, stalwart canine receives pain medication only, but surgical repair is really what is needed in order for her to continue her work and certification to help Tom, her owner.

Tom has given years of service to his coun-

try, and hopes that the community will now come to his aid and assist Casey as she gives her service to him.

Want to help? Please make a donation, in any amount, at <https://www.plumfund.com/pet-fund/veterans-service-dog-needs-surgery>.

Beane Center to host Kentucky Derby party

LACONIA — Celebrate the Kentucky Derby at a party, May 6 from 5-8 p.m., at the Beane Center in Laconia. Tickets, \$15 per person, include a Southern Dinner, “horse d’oeuvres” and beverages served while you watch the Derby. The Tom Robinson Jazz Trio will entertain with live music. Both silent and live auctions offer tempting treats, including a golf outing

and lunch for four at the Laconia Country Club and a night and Spa day at the Church Landing in Meredith. Take a chance on a horse (\$25 ticket includes a mint julep) with prizes for win, place or show. Enter the Hat contest for men and women.

The event is hosted by the Unitarian Universalist Association of Laconia. For tickets and information, call 848-2469.



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Celebrate Laconia announces details of 125th anniversary events

LACONIA — Celebrate Laconia, a group of local citizen volunteers, unveiled plans last week to mark Laconia’s 125th anniversary celebration in 2018, unveiled its branding and introduced the group’s board of directors. The organization will carry out plans for a parade, a festival, fireworks and other events to take place over more than a year.

The news came March 16 at the Taylor Community, where Celebrate Laconia President Pamela Clark – who helped organize Laconia’s 75th and 100th anniversary celebrations -- introduced board members planning the celebration to honor the traditions, heritage and culture that have made Laconia special.

The anniversary celebrations will begin Aug. 19, with a recognition of the 125th anniversary of the Laconia Passenger Station’s construction.

Clark, President of the Laconia Historical and Museum Society, introduced board members Vice President Samantha Jewett, an At-



Pictured is the Celebrate Laconia Board of Directors. From left, Jared Guilmett, Becky Guyer, Pam Clark, Beth San Soucie, Samantha Jewett, Alexandra MacDonald, and Chester Cilley. (Not pictured, Brenda Kean.)

torney with Haughey, Philpot & Laurent, PA; Treasurer/Finance Director Alexandra MacDonald, Senior Bank Service Representative at Bank of New Hampshire; Secretary Beth San Soucie, Program Manager at Stay Work Play New Hampshire; Parades Director

tor Chester Cilley, who has worked on many city events, including Fourth of July festivities; Publicity Director Jared Guilmett, Architectural Staff Designer at Misiasek Turpin PLLC; Entertainment Director Becky Guyer, owner of BG Costumes; and Historical Director

Brenda Kean, Director of Resident Life at the Taylor Community.

Board members also discussed the group’s branding and logo, designed by JMG Marketing of Laconia, which depicts in blue on a white background local landmarks, such as the Laconia Public Library, the Belknap Mill, and the Congregational Church of Laconia. The line of iconic structures, flanked by the Weirs Beach sign above the words “Celebrate Laconia,” aims to evoke and promote vitality and a sense of civic pride. The group plans to partner with public officials and members of civic and nonprofit organiza-

tions to continue this work beyond 2018.

In addition to a parade, a festival, and fireworks, the group is planning many other activities, including publishing a book on Laconia’s history and a booklet promoting citywide celebratory events and hosting a birthday celebration March 24, 2018 – the date of Laconia’s incorporation in 1893. There will also be a July celebration that will occur the weekend after Independence Day, on July 7-8, and other activities to be announced.

Celebrate Laconia is a nonprofit, 501(c)(3) civic organization whose mission is to celebrate the past, present

and future of the City of Laconia, beginning with planning and executing a celebration of the city’s 125th anniversary in 2018. Its mission also is focused on promoting vitality throughout the entire community by coordinating citizens, public officials, private businesses, and civic and non-profit organizations; encouraging cultural and economic development; and developing a framework for the future of the city. Any individual, business or organization interested in partnering with Celebrate Laconia is encouraged to contact the group at celebratelaconia@gmail.com.

Gift certificate gala at Patrick’s Pub to benefit GLR Children’s Auction

GILFORD — The public is invited to the Gift Certificate Gala on Sunday, May 7 beginning at 3 p.m. at Patrick’s Pub. Lucky game winners will be awarded prizes with a total value of over \$2,500. A \$1 donation per game card is requested, with all proceeds to benefit Pub Mania and the Greater Lakes Region Children’s Auction. There is no admission fee.

Judi Taggart, Tagg Team Pub Maniacs Co-Captain, would like to thank Patrick’s for hosting this community gathering and dozens of local businesses for donating prizes.

“Games move along quickly as each game card has only three playing cards to cover to win. Numbers are drawn from a deck of 52 playing cards. Prizes will make ideal gifts for Mother’s Day, including two chances to win a one-night stay offered by Mill Falls at the Lake and over two dozen gift certificate packages,” said Taggart.

Game organizers will award gift certificates and prizes from Airport Country Store & Deli, Annalee Dolls, Angels in the Attic, Art Escape, Café Deja Vu, Cascade Spa at Mill Falls, Center for Therapeutic Massage, CKO Belmont, Country Carriage, Crazy Gringo, Dairy Queen Laconia, Fratello’s, Funspot, Gilford Cinema 8, Gilford Country Store, Gilford True Value, Giuseppe’s Pizzeria, Heaven Scent Design Flower & Gift Shop, Irwin Marine, Jordan’s



Gift certificate gala prizes and a one-of-a-kind Pub Mania keepsake quilt are displayed to prepare for the GLR Children’s Auction benefit event at Patrick’s Pub on May 7. Seated are Jessica Bryant (left) and Pub Mania Tagg Team Co-Captain Judi Taggart, standing are Abigail Green (left) and Zoe Alcantara.

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Smart Investing Can Help You Keep Moving Toward Your Goals

It’s Kentucky Derby time again. Even if you’re not much of a horse racing fan, you might appreciate all the Derby’s pageantry – the mint juleps, the women’s beautiful hats, the singing of “My Old Kentucky Home,” and so on. But if you look beyond the hoopla, you’ll realize just how much work it takes to put on such an event. And the efforts of one group in particular – the jockeys – may be able to provide you with some lessons in life – and in investing.

For starters, consider the **stamina** the jockeys show as they steer 1,000-pound thoroughbreds around the track at Churchill Downs. Riding a racehorse is difficult, demanding and dangerous, requiring enormous endurance on the part of the jockey. And in many areas of life, you too will need to show some staying power. That’s certainly true when you invest. You need the fortitude to keep on investing, in good markets and bad ones, and during all the phases of your life – even after you’ve retired. It might not always be easy – during turbulent markets, you may be tempted to take a “time out” – but the most successful investors are

usually the most persistent ones.

Here’s another trait shown by Kentucky Derby jockeys: **vision**. Jockeys must be able to spot the spaces they need to go through to gain the position they want. In other words, they see where they want to go. As an investor, you need this same ability. To illustrate: What do you want your retirement to look like? Will you stay close to home and volunteer? Will you travel the world? Will you even open a small business? You need to envision your goals if you’re going to achieve them.

Strategy is also important to jockeys. They all want to win the race, but they employ different methods. For example, three-time Kentucky Derby winner Calvin Borel’s strategy usually involves riding his horse on the rail at the inside of the track – so much so that his nickname is “Bo’rail.” As an investor, you need a strategy that’s appropriate for your goals, risk tolerance and time horizon. Such a strategy will involve choosing a suitable mix of investments, reviewing your portfolio’s progress at regular intervals, and making changes as necessary.

Finally, jockeys need **knowledge**. Is the track in good shape? How has the horse been behaving lately? What’s the weather going to be at post time? To be a good investor, you also need plenty of knowledge. You’ll need to pose some questions about individual investments you’re considering: **How will this investment perform under different market environments? Will this investment fit well into my portfolio, or do I already have others similar to it? Is this an investment I can hold for the long term?** And you’ll also need to learn about yourself as an investor: **What is my tolerance for risk? Am I fully considering all my goals, such as college for my kids, my own retirement and the type of legacy I’d like to leave?** There’s no shortage of questions for active investors to ask – and the best investors never stop learning.

You can learn a lot from Kentucky Derby jockeys. By applying some of their skills and habits to your investment activities, you can keep moving toward your goals – and you won’t even have to run in circles.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline.Taylor@edwardjones.com. Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or “like” her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor.

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FIRE DEPT

(Continued from Page A1)

At the last selectmen’s meeting, the board unanimously approved receiving \$56,198.36 from the town’s insurance company Primex to clean up and rebuild the fire training facility. Ober said debris has been removed from the site. They are now in the design phase to rebuild the facility, he said they are examining a few options and might make some changes.

Grenier asked if the Board of Fire Engineers will develop a policy regarding departments from other communities using the facility so an incident like that is not repeated. Ober said there are policies and they were in the process of working out a training agreement with Lakes Region Mutual Fire Aid.

“We’ll probably dust those policies off and make sure they are up to date and adequate for use,” Ober said.

Grenier said he did not want to see 30 departments using this facility all the time and interfere with its operation. Ober said

that facility was hardly being used and they wanted to partner with the LRMFA training to have it used by more people.

Fire department activity for this year to date has been normal compared to other years, though Ober said they have reported to some intense incidents. There was a building fire three weeks ago and they have reported to some serious motor vehicle accidents and drug overdoses.

Ober said the fireboat went into service a little later than last year. The boat is still on the town dock and the town is working with Marine Patrol on the position of the boat. Ober said they haven’t had to use the boat yet.

Bank of New Hampshire Pavilion will be having 40 events this year, at which the Gilford Fire Department will have personnel on hand. The Timberman Triathlon was canceled this year, which Ober said will relieve some of the department’s activity in August.

Ober reported that Firefighter/EMT Dun-

can Phillips is finishing his paramedic program at New Hampshire Technical Institute and Ober said he will hopefully be certified as a paramedic by the middle of June or July.

The department is also closer to filling two firefighter positions and the candidates are going through a background check. If everything passes they could start around the first week of June.

Fire Chief Stephen Carrier recently completed his year as the president of the New Hampshire Association of Fire Chiefs.

The department is working on its project on the dry hydrant on Alvah Wilson Road. Ober said it was delayed due to spring runoff, though the hydrant is now working.

The department switched billing companies for its ambulance service at the end of February and Ober said the change has been going well. They have been training people in the company on EMS documentation relating to billing.

HERMIT WOODS

(Continued from Page A1)

Within three years they went from their initial batch of 350 cases to more than 1,000.

“(We) now had so much wine in our basement we couldn’t get to our washing machine,” Manley said.

Eventually, they found the ideal property in Meredith.

“Meredith brings people from all over the world,” Manley said.

After the first day of the Meredith location’s opening, Manley said the owners went out to Plummer’s gravestone and toasted him.

They increased production to around 2,500 cases. They also upgraded the building to be more energy efficient, with LED lighting, heat pumps, and increased insulation.

“It’s also our goal to run our winery on solar energy in the near future,” Manley said.

Since moving to Meredith three years ago, Hermit Woods has received many accolades. The winery is listed in Food and

Wine’s “Best 500 Wineries in America,” the second one in New England and the only one in New Hampshire.

Hermit Woods is now building a deli with seating for at least 20 people and offering single glasses of wine as well as locally produced beer.

Hermit Woods has been offering a wide variety of wine made from other fruits grown as organically as possible. Unlike other fruit wines, their wines are dry instead of sweet. Manley said many people might be reluctant to try this, but they offer samples and invite people to taste.

“We find we can change the tide of people’s thinking by sharing our wine with them,” Manley said.

Manley said they are looking to partner with farms that grow the types of fruit they need for their wines.

Their line of Hermit’s Hard Cider has Joseph Plummer’s silhouette on the able

with a different one of his quotes.

Last year’s drought wiped out most of the Dolgo apples the winery had been using for its cider, threatening a good amount of profits. In response they created a cranberry apple wine, starting with an experimental cranberry wine from a supplier of organic cranberries. Manley said Hardcastle brewed a 550-gallon batch for the first run, a huge risk.

The cranberry apple Lake Winnepesaukee Rosé features artwork donated by local artist Steven Hoedecker and 10 percent of the profits goes to the Lake Winnepesaukee Association. The risk paid off: the wine sold 350 bottles to members of the Wine Club. It will be the first wine in the New Hampshire State Liquor Store.

Manley is now speaking about wine and Hermit Woods to any organization or group that asks. For information call 253-7968.

REPUBLICANS

(Continued from Page A3)

County Commissioners will be asked to provide updates about the status of many bills and issues that are being addressed this term.

Belknap County GOP meetings are open to all Republicans and like-minded Indepen-

dents. Per their usual meeting format, if you’re interested in having dinner (at your option) and/or wish to socialize before the meeting, plan to arrive as early as 5 p.m.

The Committee thanks its members for their past food pantry donations and wishes to

remind them to continue to bring non-perishable food items to the meeting.

For more information, please check the Committee’s Web site at www.BelknapCountyGOP.org or send an email to alan.glassman@gmail.com.

ent town cemeteries during vacation week. Day said the Cemetery Trustees had asked if the Scouts could help out.

“The Cemetery Trustees try to make sure each veteran buried in Gilford gets a flag,” Day said.

A total of 144 new flags were given for the activity by an any-



ERIN PLUMMER

Scout Derek Kelly helps place flags at Pine Grove Cemetery with some help from Troop 243 Junior Assistant Scoutmaster Owen Day.

NOTEBOOK

(Continued from Page A4)

sort of shoo woodcock out of my way so I can be ready for a partridge, which the rest of the world calls ruffed grouse, and there is no finer treat for me than to bring home a couple of birds and dress them out and cook them up for supper, packing the breast cavity them with a wild apple and chive and bread stuffing and a healthy pat of butter, wrapping them

in foil to bake at 350 for 30 minutes while I get everything else ready. Who gets to do this kind of thing, from right out the back door?

Fiddleheads are another matter. I don’t know why they are not and never were part of the local legacy and lexicon, like dandelion greens. It’s a cultural thing, I guess. Whatever the case, I never found out until

relatively late in life that fiddleheads not only can be eaten, but very well should be. In the fall I am an ardent picker of blueberries and raspberries and any other edible berry I can find, and now, in the spring, I pick fiddleheads.

This does not require much of an expedition, because fiddleheads pop up right behind my wood-burning furnace, in the little alder swamp that runs from South Hill Road all the way down to the north branch of Beaver Brook. Fiddleheads are appearing just about now in New Hampshire’s southern climes. Given the disparity of seasons between Concord and Colebrook, about one week of growing time in the spring, we should be picking fiddleheads sometime around the end of next week.

Fiddleheads are the sprouting, coiled fronds of the ostrich fern. There

are other fern-fronds that sort of look like the same thing, but are not very good to eat, and in some cases can make you sick. The ostrich fern fronds can be identified by the U-shaped groove on the underside of the stem.

These coiled sprouts do indeed look like the curved top end of a fiddle, just above the tuning pegs, and can be found in seasonal wetlands all over the state. Good manners dictate that you seek landowner permission before picking a bunch for supper.

Fiddleheads are a pain in the butt to clean, but Steve Roeder of Gilford, who haunts camps and roams the landscape up in my territory and is involved in the care and feeding of a camp on Boundary Pond, clued me in on a pretty simple trick. If you’ve got a crayfish or other fine-mesh wire trap, throw your fiddleheads in there and

submerge the trap in running water, which in a few minutes of tumbling will wash the small brown membranes right off, a necessary step for good cooking.

Steve sautes his in garlic and butter in a cast-iron pan. They’re pretty good that way. I steam mine for about ten minutes and serve them up with butter and a touch of vinegar.

“Yum,” I’m thinking as I write this, anticipating it all in a week or so. But sorry, timberdoodle lovers--the taste of woodcock will always make me think “Worms.”

(This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.)

mous donor. The scouts placed 196 flags at Pine Grove Cemetery; 62 at McCoy; 17 at Hoyt; three each at Liberty Hill and James; and one each at Weeks, Bean, and Grant.

The activity was a way for the younger members of the troop to get community service hours.

“They need service hours to the community for advancement,” Day said.

Day said this activity gives the students a sense of ownership, saying if the students made an effort to make the cemetery look better they will not want to see it look bad.

Pine Grove Cemetery is the endpoint for the town’s Memorial Day Parade.

Members of the Cemetery Trustees helped out at Pine Grove Cemetery.

“I like to see them doing community work,” said Cemetery Trustee Susan Leach.

Scouts Owen Nelson and Dylan Hamel, both 13, said they enjoyed doing this work.

“It feels like you’re doing the right thing,” Nelson said.

Scout Derek Kelly, 11, said he also liked doing this task and recognized the importance.

“These are people that protected us,” Kelly said.

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Annalee Thorndike Art Competition held at Belknap Mill

LACONIA — The annual Annalee Thorndike Art Competition, sponsored by the Lakes Region Scholarship Foundation, was held again this year at the Belknap Mill. The students’ artwork was on exhibit from April 7 through April 12 with an award’s ceremony held on Wednesday evening April 12 at 7 p.m.

This competition was open to all area high school seniors who plan on majoring in art or a related field.

“This year was particularly interesting,” said committee chairperson, Pam Hayes of the scholarship foundation. “We had five student-artists, each from a different Lakes



The annual Annalee Thorndike Art Competition, sponsored by the Lakes Region Scholarship Foundation, was held again this year at the Belknap Mill. The students’ artwork was on exhibit from April 7 through April 12 with an award’s ceremony held on Wednesday evening April 12 at 7 p.m.

Common Man bonus cards going fast

Deadline to donate is May 13!

REGION — The Lakes Region Visiting Nurse Association is pleased to announce that their Second Annual Feed the Need fundraiser is going strong! But time is limited. May 13th is coming fast! The LRVNA urges everyone to donate now to receive their dine-out bonus cards from the Common Man.

The concept is simple. Give \$10. Get \$10. Every \$10 donation is rewarded, (thanks to the Common Man family of restaurants) with a \$10 bonus dining card!

Give \$50. Get \$50. Give \$100. Get \$100.

The deadline to donate is May 13. For every \$10 donation, the donor receives a \$10 Common Man dining card that can be used at 11 Common Man restaurants throughout the Lakes Region. There is no limit to the number of cards that can be used. The cards can be used to enjoy great dining by June 29.

“With every donation, people can feel good about supporting the

important work that is being done by the LRVNA, which serves Lakes Region residents who are unable to pay for services,” comments Cheryl Gonzalo, Executive Director. “When there is need, the LRVNA nurses care!”

Donations can be made at the LRVNA office in Meredith, or online at www.LRVNA.org/need.

The Common Man teamed up with the LRVNA in 2016 in support of the program which raised over \$14,000.

Gonzalo reports, “More people are aware of the program this year, and with about two weeks left to go, we hope to do even better in 2017. Working together we can make such a difference in our communities.”

The LRVNA suggests that businesses can donate and then give the bonus dining cards to either their employees or customers as a special and meaningful thank you gift.

The agency was

founded in 1923 and is proud to be designated by the HHCAHPS (Home Health Consumer Assessment of Healthcare Providers and Systems) as a four star agency, and was awarded Top 500 Agency by Home Care Elite. LRVNA serves Center Harbor, Gilford, Laconia, Meredith, Moultonborough, Tuftonboro, Melvin Village, Ossipee, Sandwich and Wolfeboro. Home health care isn’t just for the elderly, visiting nurses often help those recovering from sports injuries get back to work quicker, and they even offer specialized care for newborns.

To receive special health tips and notices about flu clinics and health screenings, you are invited to sign-up for the free LRVNA “Nurses Care” email newsletter program by visiting www.LRVNA.org. The Lakes Region Visiting Nurse Association is located at 186 Waukewan St. in Meredith, phone 279-6611.

Region high school. Together they represented a high level of diversity from a broad field of art programs. We were honored to have three local artists, Roger Gagne, Elaine Morrison and Ann Saunderson, judge each of the artists’ five pieces of art,

examine the required sketchbooks, and read the artists statements to determine the winner.”

To begin the evening, Chuck and Karen Thorndike shared some personal glimpses into the life and career of Annalee Thorndike, who established

this award in 2000 as her way of supporting the Arts. When it came time for the awards, Jacqueline Hanson, from Belmont High School took the top honor receiving a \$1,000 award. This will award be applied toward her tuition in the fall. Other award winners were Sam Swedberg of Moultonborough Academy, Sarah Joseph from Winnisquam High School, Alexa McNamara from Gilford High School and Matthew Sundius from Inter-Lakes High School in Meredith.

Pam Hayes commented “Over the years, this scholarship has helped many high school students continue their studies in art and then continue on to sustaining art careers. The Lakes Region Scholarship Foundation is proud of their role as the sponsor of this competition, which helps to keep Annalee Thorndike’s dream of supporting art students alive for generations to come.

GALA

(Continued from Page A11)

Ice Creamery, Kellerhaus, Laconia Car Wash, Laconia Ice Arena, Laconia Pet Center, Lady of the Lake, Lee’s Candy Kitchen, Looney Bin Bar & Grill, Lyons’ Den, the Margate Resort, Mill Falls at the Lake, Myrna’s Classic Cuisine, O’Du’s Hair Salon, Off-the-Wagon, O’s Steak & Seafood, Our Place Family Restaurant, Patrick’s Pub, Pizza Express, Sal’s Pizza, Scentsy by Eileen Burnell, Shaw’s, Shooter’s Tavern, Soda Shoppe, Squam Lakes Natural Science Center, T-Bones/CJ’s, The Wine’ing Butcher, Tranquility Springs Wellness Spa, Trustworthy True Value, Wal-Mart and Winnipesaukee Playhouse. More donors may be added to this list.

Beginning at this event, raffle tickets will be offered to win a keepsake quilt created using eight Pub Mania T-shirts dated from 2009 through 2016. The lucky winner will be

chosen in December.

Pub Mania has raised more than \$1.3 million in the last eight years to benefit children in the greater Lakes Region area. The Ninth Annual Pub Mania will be held on Dec. 7-8 at Patrick’s Pub in Gilford. For more information, visit www.patrickspub.com, Pub Maniacs Facebook group page, or contact Judi Taggart at tagtem@metrocast.net or call 493-9524.

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Gilford graduate wins USSA Alpine Domestic Coach of the Year

BY BOB MARTIN

Bob@salmonpress.news

GILFORD — From skiing at Gunstock Mountain to coaching some of the top alpine skiers in the world, Gilford High School graduate Mike Morin has done plenty to be recognized for in the ski industry. His resume just got even better by being named the U.S. Ski and Snowboard Association Alpine (USSA) Domestic Coach of the Year Award.

Morin, a member of the GHS class of 1988 and graduate of University of New Hampshire, is currently the Alpine Program Director and the head coach for the U16 men's and women's ski team at the Stratton Mountain School in Vermont. His love for skiing began at Gunstock, where he skied for fun as well as raced.

This year he coached several standout skiers including Alex Abdow who qualified for the Seven Nations Cup, along with Kai Ter-



COURTESY PHOTO

Mike Morin won the USSA Alpine Domestic Coach of the Year Award. Here he is pictured in Italy with two skiers who he has coached at Stratton Mountain School, Olivia Holm and Aiden Mann.

ashima, Lauren Abdow and Olivia Holm who qualified for U16 Nationals. Holm ended up winning the Super-G this year in U16 Nationals. She also placed second in giant slalom at Topolino, Italy and

fellow classmate Diego Hoscher placed seventh.

He added that there are three athletes currently on the U.S. Ski Team that are doing well, which includes Alice Merryweather,

Nick Krause and George Steffey. Merryweather, a Stratton Mountain School alum, won gold at the World Juniors Downhill and was named Junior of the Year. Steffey was the Junior National

Champion in giant slalom, as well. Krause unfortunately broke his leg the day before he was starting in his first World Cup.

"For me, this is award is a reflection of how the program

is doing," said Morin. "Everything you work for in the program is to put things in place to let the kids succeed. When it is not just one, but many, it is very rewarding. It's exciting to be a part of that."

On the national level, he has held a number of titles including the World Cup Technical Team head coach, developmental team head coach and the Europa Cup Tech head coach. He said his final job with the U.S. Ski Team was the head coach for the men's World Cup slalom and giant slalom.

He coached his skiers to three world championship medals in 2005, as well as an Olympic gold medal in 2006. Morin spent 10 years with the U.S. Ski Team and has experience coaching at the Olympic Games in 1994, 2002 and 2006. As the World Cup Technical Team head coach, he worked with Olympic gold medalist Ted Ligety as a young athlete.

SEE MORIN PAGE B3



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Not responsible for typographical errors.

Butterfield gets first varsity win in shutout over Franklin

BY BOB MARTIN
Bob@salmonpress.news

FRANKLIN — The Golden Eagles softball team got a fantastic pitching performance out of Colby Butterfield in a tight, 2-0 win against the Franklin Tornadoes on Thursday.

“Freshman pitcher Colby Butterfield got her first varsity start and it will be one to remember,” said coach Joan Forge. “Butterfield pitched a two-hit shutout against the defending state runner ups. She kept the hitters off balance all game.”

Butterfield had only two hits allowed and six strikeouts on the day. She was strong from the beginning, striking out the number one, three and four hitters of Franklin High School in the first inning. The defense was strong all day, as well, committing only one error.

Franklin pitcher Hailey Haskins also had a great day, pitching a complete game with eight strikeouts and a couple hits allowed.

It was anybody’s game all day, but Butterfield managed to get out of a number of jams on her way to the shutout. She had eight walks and Franklin had scoring opportunities in each inning.

The closest scoring chance for Franklin came in the bottom of the sixth inning. Franklin had runners on second and third with only one out, but third baseman Lexi Boisvert made an incredible play with an unassisted double play. She snagged a hard hit line drive and was able to make the tag on the runner who was off third base, ending the scoring threat.

The Golden Eagles players and Forge swarmed Boisvert as she jogged back to the bench. The team was clearly energized by the defensive magic, and they took that intensity to the plate. After the fine double play, Boisvert led off the inning and reached on an error. Jillian Lachapelle hit an infield single and advanced Boisvert to third with no outs. Stevie Orton followed with a walk to load the bases.

With no outs and the bases load, Kasey

Moore hit a line drive to the second baseman who made a great play. Boisvert was caught a good distance off third base and was nearly doubled up, but an errant throw led to Gilford bringing Boisvert and Lachapelle home for a 2-0 lead.

Butterfield came into the seventh inning trying to shut the door, and Franklin would not go down without a fight. She gave up an infield single and a walk, putting runners on first and second with two outs. On a bloop shot to shallow right field, second baseman Taryn Breton and right fielder Nicole Berube both rushed to try to make the catch. With both players hustling, Berube made the great catch to end the ballgame.

Gilford High School improved to 3-3 on the season and it was the first shutout for the Golden Eagles. Franklin High School fell to 3-2 in their second straight loss.

Franklin coach Skip DuBois said that the rivalry between Gilford and Franklin has always been intense, and he said he knows whenever they are head-to-head it is going to be a good game. He said he has coached against Forge and the Golden Eagles for many years, and often the game comes down to the very end as it did on April 27. He even recalled a game where a game went 16 innings with the Franklin pitcher striking out 31 batters and Gilford striking out 25.

He said Forge always puts together a solid team, and this time they couldn’t do enough to squeak by with a win.

“Joan always produces a quality team,” said DuBois. “We always enjoy playing them because everything is clean, well-played and when the game is over, the game is over. I always have the utmost respect for them. Hailey pitched a great game today and it was all about who was going to make the first mistake.”

DuBois commended Butterfield on her pitching performance, saying that she had Franklin hitters baffled all day long. While he acknowledged that



BOB MARTIN
Freshman Colby Butterfield won her first varsity start in way of a shutout over Franklin High School on April 27.



BOB MARTIN
Lexi Boisvert had an incredible double play in the sixth inning to thwart a scoring chance by Franklin during Gilford’s 2-0 win on April 27.



BOB MARTIN
The Gilford High School softball team was all smiles after Nicole Berube made a great catch to end the game against Franklin High School on April 27.



BOB MARTIN
Brooke Beaudet crushed a double to lead off the fourth inning. It was the first hit of the day for the Golden Eagles, who went on to win 2-0 against Franklin High School.



BOB MARTIN
Jillian Lachapelle hits a single in the seventh inning and eventually scored in a 2-0 win against Franklin High School.

she didn’t have overpowering stuff on the mound, Butterfield was able to find ways to get outs and pitch out of jams.

“She had us flustered all day long,” said DuBois.

Junior Legion baseball tryouts are May 7 and 14

ALTON — Alton Post 72 Junior American Legion baseball tryouts will be held on May 7 and May 14 at Prospect Mountain

High School, 242 Suncook Valley Highway, Alton. Registration will begin at 8:30 a.m. and tryouts will begin at 9 a.m. Players ages

13 - 17 who attend Prospect Mountain, Kingwood, Farmington, Pittsfield, Inter-Lakes, Moultonborough, Belmont, Gilford, Laconia and Newfound are eligible to tryout.

PMHS searching for hoops coach

ALTON — Prospect Mountain High School in Alton is accepting applications for a varsity boys’ basketball coach

for the 2017-2018 season. Anyone interested in the position can contact the SAU office at 875-8600 for more information.

For more information, contact coach Gary L. Noyes, Sr. at coachnoyes@metro-cast.net or at 393-8349.

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JOSHUA SPAULDING
Brianna Fraser placed fifth in the unseeded 100-meter dash at the Black Bear Invitational track meet hosted by Coe-Brown on Saturday with a time of 14.02.



JOSHUA SPAULDING
Junior Mack White placed 21st in the javelin with a toss of 118 feet, seven inches at Saturday's Black Bear Invitational track meet.



JOSHUA SPAULDING
Freshman Katiana Gamache placed 26th in the girls' shot put on Saturday with a distance of 24 feet, 11 inches.



JOSHUA SPAULDING
Madison Relf ran the 1,600 meters in 6:26.11 at the Black Bear Invitational track meet on Saturday.

JOSHUA SPAULDING
(Left) Mark Young had a time of 4:49.62 in the 1,600-meter run, which was good for 21st overall at the Black Bear Invitational track meet.

Baer sets Black Bear Invitational javelin record

BY BOB MARTIN
Bob@salmonpress.news

GILFORD — The Gilford High School track and field team was well represented at the 15th annual Black Bear Invitational, highlighted by Marina Baer who now owns the record for the longest javelin throw at the event with a toss of 121 feet, two inches.

According to Coach Joe Wernig, this was two feet further than the previous record. The throw is the longest in Division 3.

“We also had a few more athletes improve on their times and distances,” said Wernig. “A good overall meet for Gilford.”

The top performances for Gilford girls’ track and field athletes included Lauren Dean, who placed ninth in the 400 meters with a personal record of 1:03.35. Her 400-meter time is currently the best in Division 3. She was also ninth in the long jump with a personal record of 14 feet.

Freshman Brianna Fraser had a time of 14.02

in the 100-meter dash, which was good for fifth on the day in the unseeded race.

Freshman Natalie

Fraser placed 12th in the 200 meters with a personal record time of 28.33. She was also ninth in the unseeded 100-meter dash

with a time of 14.16.

The boys’ team also had a good day led by Michael Wernig, who was fourth in the discus with

a personal record throw of 113 feet, seven inches. Sandor Gamache was 10th in the triple jump at 37 feet. Gamache was

also 12th overall in the 300-meter hurdles.

Teams from all three divisions were represented at the event.

Winni Derby returns May 19-21

LAKE WINNIPESAUKEE — After a one-year hiatus, the Winni Derby, Lake Winnepesaukee's spring salmon and lake trout tournament, will be held for the 34th time the weekend of May 19-21.

The Daniel Webster Council of the Boy Scouts of America has partnered with the Laconia Rotary Club to promote and produce this year's tournament. The Laconia Rotary Club took over management of the Winni Derby from the Lakes Region Inland Fishing Association and tournament founder Rick Davis in 2011. Davis intended to support the Rotary Club and the tournament in an advisory capacity at the time, so his death in November 2011 was a blow to

tournament organizers. After producing the Winni Derby for four more years on their own, the Laconia Rotary Club canceled the 2016 derby and announced that they were looking for a partner to help bring back the tournament for 2017. The Daniel Webster Council responded and has committed to keeping the Winni Derby going on an annual basis. “We are pleased that the Scouts stepped up to help us bring back the Winni Derby and look forward to seeing it grow under their leadership,” said Jon Nivus, Treasurer of the Laconia Rotary Club. Proceeds from the tournament will benefit the character-building youth programs of the Boy Scouts of America.

The 34th annual Winni Derby will introduce new elements to the tournament, including a women's division and a Friday evening social and expo at the Merrill Fay Arena in Laconia on May 19. Admission to the expo is included in the price of a derby ticket and will feature food, entertainment, and exhibitors as well as door prizes and announcement of Friday's daily awards.

This year's tournament will also include a return to material prizes. First place in the salmon division wins a 16-foot 2017 Tracker® Pro Guide™ fishing boat with a Mercury 75 hp motor and custom trailer. First place in the lake trout division wins a 2017 Polaris Sportsman®

450 ATV. First place in the junior division wins a \$1,000 fishing package from A.J.'s Bait and Tackle in Meredith. First place in the women's division wins a \$1,000 gift card package from various retailers, including Bass Pro Shops. Runner up prizes include Lowrance® touchscreen fish finders / chartplotters.

New Hampshire Fish and Game officials are looking forward to the Winni Derby as part of their ongoing effort to monitor the health of the fishery and educate fisherman about ways to be good stewards of Lake Winnepesaukee's limited population of landlocked salmon. “The Winni Derby has been an important part of our management of the salmon fishery

for over 30 years and we look forward to partnering with the Boy Scouts to continue our efforts,” said John Viar, Biologist with the Inland Fisheries Division of New Hampshire's Fish and Game Department.

Alan “A.J.” Nute, owner of A.J.'s Bait and Tackle in Meredith, says there is a lot of excitement among fishermen and Lakes Region business owners about the Winni Derby's return. “The Derby's going to be a busy weekend for all of us on the lake. We're thrilled that it's back,” said Nute.

Tickets to participate in the derby are available at select retailers around the state or online. Sales locations and online registration can be found at www.winniderby.com.

MORAN

(Continued from Page B1)

lete.

In 2002, the U.S. Ski Team won the Marc Holder Trophy for best team at the World Junior Championship. It was the first time won by the U.S. Ski Team. He also won International Coach of the Year in 2006 for his work at the Olympics in Torino, Italy.

Morin coached the national team in the mid-1990s before becoming the head women's ski coach at Stratton Mountain School in 1998. He returned to Stratton Mountain in 2007.

The USSA Coach of the Year Awards are given to USSA staff or competition club coaches based on their contributions to the domestic or international programs. In a state-

ment made by USSA President and CEO Tiger Shaw, Morin was described as being an “instrumental part of the domestic race scene for the past 20 years, working with athletes from grass roots to the World Cup.”

Shaw said that Morin has been involved in the Vermont Alpine Development Committee, was the former chair of the Eastern Development Committee, is the chair of the National Development Committee and is a member of the U16 and older working group.

“Mike brings insight and drive to these committees, and is committed to creating a system which allows us to develop athletes that will be competitive on the world stage,” Shaw

stated. “Mike has always been open to discussion and has been an excellent source of ideas to further our sport.”

Shaw also applauded his work in house education policy at Stratton by making coaches education a priority for the staff. He is a level 500 certified coach who has led clinics and coaching roundtables throughout the east.

“Mike's dedication to the sport, his athletes and his staff are exemplary,” Shaw said. “He is truly a model for any aspiring coach.”


The Stratton Mountain School is a year-round program, and Morin said he is constantly on the slopes. He said he still loves

going to Gunstock to ski, and his father skis there every day during the winter. Morin said a major perk of his job is being able to travel the world and ski incredible places, such as Austria and Switzerland.

As a coach, he said working with young athletes is always a thrill.

“It doesn't matter whether I am coaching kids on the national team or at the Stratton Mountain School,” said Morin. “It's so highly rewarding to work with the athletes and see them improve.”

Morin will be presented the award during the USSA Congress 2017 at the Chairman's Awards Dinner on May 11 in Park City, Utah.



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**bridge to RECOVERY
Walk**

Sunday, May 7th
Registration @ 8 a.m.
Walk Begins @ 9 a.m.

Franklin Regional Hospital
15 Aiken Ave, Franklin
2-Mile Walk followed by brunch

to benefit mental health services and substance addiction programs

Walk with us!

Together, let's raise awareness and funds and **show support**
for those who are struggling with or recovering from,
substance addiction or mental illness.

**\$100+ in pledges/donations includes walk,
brunch, and event shirt**

**\$20 per person includes walk and brunch
(Children 10 and under Free)**

**Prizes awarded for largest and most spirited team
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