

Planning for Scout Camp to partner with Barnstead



BARNSTEAD — Hidden away in the southeast corner of Barnstead lies an unexpected prize: almost 1,000 acres of forest with hundreds of

feet of frontage on two ponds: Adams and Wild Goose. The land is now forever protected from development by an “in perpetuity” conserva-

tion easement, thanks to the dedicated work of the Barnstead Conservation Commission, the Bear-Paws Regional Greenways, and the TL Storer Scout Camp. It is so large that it spills over into the neighboring towns of Pittsfield and Strafford.

For decades, boys and young men from Boston have spent one, two, or more weeks learning scouting lore and earning scouting badges at the camp. Generations of American men have fond memories of their days at TL Storer and other camps across the

country. But national membership in the Scouts BSA is less than one third of its 1973 peak membership of four million.

Fortunately, the Scouting organization has made the choice to hold on to this beautiful property and work with the three towns in which the property lies to make it a resource to those communities.

The vision is to make all the multiple resources of the camp available to organizations and citizens of the three towns.

Resources ranging from archery and shooting ranges to beaches, canoes, and kayaks, trails, cabins and more.

Upcoming events include a Winter Sports Weekend on Jan. 7 – 9, and the Klondike Derby on Feb. 4 – 6. The trails shown on the map (<https://scoutspirit.doubleknot.com/maps/tl-storer-map/66809>) can be used for hiking, snowshoeing, and cross-country skiing at almost any time. Please check with the camp at (603) 418-1418.

Extensive discussions

are underway between the Barnstead Parks & Recreation Commission, the BAZ Barnstead Adventure Zone program, and TL Storer to develop joint and coordinated programs that will increase the accessibility of the camp services and resources to Barnstead residents. Watch the Baysider, Barnstead Banner, and the Barnstead Parks & Recreation (<https://www.facebook.com/barnsteadparks>) and TL Storer (<https://www.facebook.com/StorerScoutReservation/>) Facebook pages for more information.

Local author's sixth book published



DJ Geribo

ALTON — Alton author, DJ Geribo, just completed her sixth book. “Me & Them,” her most personal book, is a collection of vignettes relating the many stories about her parents that made the most lasting impressions on Geribo.

As Geribo explains, “Some are sad, many humorous. They represent what many possibly went through growing up in a working-class family during the 1950’s.”

Since these stories are from her memories of events that took place decades ago, she’s em-

bellished a few with creative license like in “The Lipstick.” But the majority of the stories are taken directly from her memories that she and her siblings sometimes discussed long after her parents were gone.

“If you are a baby-boomer and grew up in the 1950’s and ‘60’s, I have no doubt many of you will perhaps recognize yourself and your family in these stories, also,” she adds.

More information about the author and her published works can be found at www.BBDPublishing.com

Barnstead girls off to a strong start

Bears claim tournament championship in Laconia



COURTESY PHOTO

THE BARNSTEAD middle school girls’ hoop A team won the Laconia tournament on Dec. 28, beating Laconia, Kingswood and Winnisquam to remain undefeated on the season.

BY JOSHUA SPAULDING
Sports Editor

BARNSTEAD — The Barnstead Elementary School middle school girls’ hoop A team is off to a great start to the season and also picked up a championship in Laconia’s tournament on Dec. 28.

“The girls competed

hard, everybody scored and we got all the players in,” said coach Ryan McKenna of the tournament action.

With the three wins in the tournament, over host Laconia, Kingswood and then Winnisquam in the tournament championship, the Bears moved to 7-0

on the young season and McKenna has been pleased with what the team has given him to start the season.

“It’s been a lot of fun, we have had a lot of fan support and parent support,” McKenna said. “I really appreciate all the parents coming out and supporting the team.

“The girls have put in a lot of hard work and given a lot of their time to be this successful,” McKenna added.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news

Kean’s overtime tally lifts Knights over General Hawks



JOSHUA SPAULDING

BRADEN CASH picked up his first varsity goal in Kingswood’s holiday tournament win over John Stark-Hopkinton.

BY JOSHUA SPAULDING

Sports Editor

CONWAY — After a couple of disappointing games to start the Peter Hall Christmas Tournament at the Ham Arena in Conway, the Kingswood hockey boys finished strong with an overtime win against John Stark-Hopkinton on Tuesday, Dec. 28.

“My goal is not winning or losing, but putting in a complete 45 minutes and I think they did that today,” said Kingswood coach Mike Potenza. “We showed what a little resilience and hard work can do.

“It’s nice to come away with a win but that was not the focus today,” he added.

The first period was a scoreless 15 minutes, with both teams getting chances, but nobody able to capitalize. The General Hawks had a shot go high and Cody Emerson made a good clear of a loose puck in front of the net. Grayson Gilpatrick and Will Danaïs teamed up on a couple of bids but could not connect.

Gilpatrick had a shot that was denied and Shaw Swinerton had a bid blocked while Cam Kean sent a shot wide of the net. Gage Lamontagne turned away a Stark shot at the other end of the ice and the General Hawks also had a centering pass that missed the mark.

Emerson had a wrap-around bid that was saved and Swinerton had a bid denied. Austin Emerson sent a shot wide of the net and Dylan Cash had a shot stopped by the JSH keeper. Lamontagne made a couple of saves at the other end of the ice and Gilpatrick, Cody Emerson, Jackson O’Keefe and Cam DeVito all had chances that were denied. Swinerton had a late bid that was stopped and Lamontagne had a late save to close out the period with no score on the board.

The second period was divided in half, and in the first 7:30, the Knights were able to get the game’s first goal. Lamontagne started the period with a couple of solid saves and Danaïs sent a shot wide of the net. Garrison Hendrickson sent a nice puck up to Gilpatrick for a chance in close and Tucker Rogers had a bid denied. Cody Emerson also sent a chance through the crease, while the General Hawks ripped a shot off the post behind Lamontagne.

Kingswood got the first goal of the game with 3:25 remaining in the first half of the second period, as Case Rogers broke in on goal and has his shot denied, but Braden Cash was there to put the rebound in for his first varsity goal and

a 1-0 lead.

The Knights threatened for more, with Cody Emerson and Danaïs getting chances, while Lamontagne made saves at the other end and the first half of the game ended with Kingswood up 1-0.

After Danaïs, Hendrickson and Kean had early chances in the second half of the second period, it was the General Hawks who got on the board, as they were able to beat Lamontagne with 4:14 to go in the second period to tie things at one.

Cody Emerson followed that up by ringing a shot off the post and Kean had a bid denied. Case Rogers and Austin Emerson teamed up on a bid that was saved and Lamontagne made a couple more saves.

Kingswood took the game’s first penalty with 1:14 to go in the second period and Danaïs and Cody Emerson continued the shorthanded offensive pressure for the Knights. JSH had a late chance that went wide and the game went to the third period tied at one and the General Hawks on the power play for the first 46 seconds.

Lamontagne held up against some solid General Hawk pressure to start the third period and Cody Emerson had a couple of chances for the Knights. Austin Emerson and Braden Cash teamed up on a bid that was stopped and the Knights took a penalty with 9:41 to go in the game.

DeVito got in close on a shorthanded bid and



CODY EMERSON controls the puck in front of a John Stark-Hopkinton defender in action during the holiday break.

Lamontagne made three big saves in the Kingswood net. Austin Emerson also had a nice penalty kill and the Knights were able to stave off the man advantage.

The Knights got their first power play of the game with 7:02 to go and Danaïs, Gilpatrick and Kean had bids, but the General Hawks also had a shorthanded bid that rang off the post.

Kingswood got a two-man advantage for 42 seconds and couldn’t capitalize. Swinerton and Kean teamed up for a bid that was stopped and eventually, both JSH penalties were killed off. O’Keefe sent a shot wide and Danaïs got in close for a chance. Lamontagne made a couple more saves and regulation closed out with the Knights and General Hawks still tied at one.

The teams went to a four-on-four overtime for five minutes and the Knights got a power play just 21 seconds in. Danaïs and Gilpatrick teamed up for a bid that was stopped, Cody Emerson had a nice centering pass that missed the mark and Evan Harrington and O’Keefe teamed up for a bid that went wide.

However, with 3:15 to go, the Knights were able to get the win, as Kean ripped a shot from the circle to the back of the net on assists from O’Keefe and Hendrickson for the 2-1 final.

“In a tournament like this, the most important of our goals is that we get better each game, leading to our game tomorrow (with Goffstown),”

Potenza said. “And I think we did that today.”

He also noted that Swinerton moved back to defense for the game and really stepped up.

“He played really well back there and gave us some offensive punch when he decided to take off with it,” Potenza added.

The Knights dropped a 3-1 decision in their home opener the follow-

ing evening against Goffstown.

Kingswood will be at Alvirne on Saturday, Jan. 8, at 7:10 p.m. and will be at Portsmouth-Newmarket on Wednesday, Jan. 12, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Friday, Jan. 7

KENNETT

Alpine Skiing at Cranmore; 9:30
Boys’ Hoops at Kingswood; 6:30
Girls’ Hoops vs. Kingswood; 5:30

KINGSWOOD

Alpine Skiing at Cranmore; 9:30
Boys’ Hoops vs. Kennett; 6:30
Girls’ Hoops at Kennett; 5:30
PROSPECT MOUNTAIN
Alpine Skiing at Gunstock; 10
Boys’ Hoops vs. Inter-Lakes; 6
Girls’ Hoops at Inter-Lakes; 6

Saturday, Jan. 8

KINGSWOOD

Boys’ Hockey at Alvirne; 7:10
Girls’ Hockey at Bedford; 5

Monday, Jan. 10

KENNETT

Boys’ Hoops vs. Bishop Brady; 5:30
Girls’ Hoops at Bishop Brady; 6:30
KINGSWOOD
Boys’ Hoops at Sanborn; 6:30
Girls’ Hoops vs. Sanborn; 6
PROSPECT MOUNTAIN
Boys’ Hoops at Belmont; 6
Girls’ Hoops vs. Belmont; 5

Tuesday, Jan. 11

KENNETT

Hockey at Sanborn-Epping; 6:30
PROSPECT MOUNTAIN
Unified Hoops vs. Spaulding; 4

Wednesday, Jan. 12

KENNETT

Boys’ Hoops at Plymouth; 6:30
Girls’ Hoops vs. Plymouth; 6:30
Unified Hoops vs. Kingswood; 3
KINGSWOOD
Boys’ Hockey at Portsmouth-Newmarket; 6
Boys’ Hoops at Pelham; 6:30
Girls’ Hockey vs. St. Thomas; 7:30
Girls’ Hoops vs. Manchester West; 6:30
Nordic Skiing at Plainfield; 2
PROSPECT MOUNTAIN
Boys’ Hoops vs. Winnisquam; 6
Girls’ Hoops at Winnisquam; 5:30

All schedules are subject to change.

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PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news
BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news
OPERATIONS DIRECTOR
JIM DiNICOLA
(508) 764-4325
DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516
EDITOR
JOSHUA SPAULDING
(603) 941-9155
josh@salmonpress.news
MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news
PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	19 High Point Dr.	Residential Open Land	\$691,133	Robert and Diane S. Stanley	Papa D RET and Richard J. Dubreuil
Alton	N/A (Lot 41a)	N/A	\$18,000	James M. O'Neil	William J. O'Neil
Barnstead	165 Cann Rd.	Acc. Land Imp.	\$585,000	Peter and Constance N. Holmes	Haley E. and Bennett E. Turner
Barnstead	116 N. Shore Dr.	Single-Family Residence	\$245,000	Nicholas Bachelder	David M. Edgerly
Barnstead	182 Peacham Rd.	Single-Family Residence	\$420,000	Beatrice A. Nelson	Steven R. McCusker and Jana P. Dalton
Barnstead	N/A	N/A	\$103,000	Jonathan Spooner	Gregory N. Cefalo
New Durham	313 Birch Hill Rd.	Single-Family Residence	\$160,000	Diane and Christopher Bellington	Mary Towle
New Durham	7 Brienne Rd.	Single-Family Residence	\$327,000	Branden J. Maxham and Bear Stearns Asset Backed	3 Wishes LLC
New Durham	33 Ham Rd.	Single-Family Residence	\$394,733	Celeste M. Chasse	Alexander and Ann Dickey
New Durham	343 Kings Highway	Single-Family Residence	\$402,000	Inglis Fiscal Trust and Peter C. Inglis	Patrick K. Cronin and Sierra F. Beaird
New Durham	42 S. Shore Rd.	Single-Family Residence	\$765,000	Joan E. Tonneson Estate and Nancy L. Tonneson	42 South Shore RT and Reed M. Marbury

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve

additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrendgroup.com

WFOM presents a Saturday afternoon of "Kindie Rock" for the family



Matt Heaton



Jumpin' Jamie

WOLFEBORO — Singers Matt Heaton and Jumpin' Jamie will collaborate to present a special Friends of Music concert on Jan. 22 at 1:30 p.m. The Great Hall of the Wolfeboro Town Hall is the site of this high-energy "Kindie Rock" event sure to

raise everyone's spirits on a cold winter afternoon.

Matt Heaton believes that music for kids can be fun for both children and their parents. His songs are a mix of Rockabilly, Surf, American Roots, and Irish traditional music, imbued with a serious sense of fun. Matt has performed for over twenty years as a touring Irish guitarist. He has played with surf rock bands in Chicago and Boston, and holds a master's degree in classical guitar from Northwestern University. Matt performs on a big orange electric guitar

and tenor banjo.

When his son was born, Heaton began attending sing-alongs at local libraries. Inspired to try it himself, he soon discovered that he truly enjoyed connecting with kids musically. His own memories of the songs of Sesame Street and the Muppets inspired the humor in his own music. The songs are fun and clever, expertly performed.

Jumpin' Jamie performs "Kindie Rock" for crowds of 12 to 12,000 and everything in between. He has performed for celebrities and their families, corporations, and, this past summer, Sesame Street. Jamie was taught basic guitar by his father, and he moved on to eventually play in a local rock band. He worked with a record label for eight years and his "kindie" rock debut came when a co-worker asked him to perform at his daughter's birthday party. His music is full of energy, fun, yet capable of delivering messages about difficult topics like racism and the pandemic. He has a large following on Spoti-

fy, with one song getting over 70,000 plays in October. His song "Ghost in My House" was named a "top Halloween song" by Yahoo, Good Housekeeping, and several other outlets. Jumpin' Jamie will be joined by his trio of rock musicians for an extra boost of excitement to the performance.

The Wolfeboro Friends of Music asks that all attendees over 11 years of age for whom vaccination is available be vaccinated against COVID. Masks should be worn properly at all times, social distancing is required, and each attendee must legibly complete and sign the contact tracing sheet.

Adult tickets are \$25 and are available at Avery Insurance, Black's Paper & Gift Store, online at www.wfriendsofmusic.org or at the door. High school students with ID will be admitted free of charge and younger children accompanied by an adult ticket purchaser will be admitted free of charge. For more information, visit www.wfriendsofmusic.org or call 603-569-2151.

NBT hosting auditions for "Swan Lake"



DOVER — Northeastern Ballet Theatre (NBT), New Hampshire's premier ballet company and training school, will be holding open auditions for their production of Tchaikovsky's "Swan Lake," and you are invited to participate!

NBT welcomes dancers from all dance schools to be a part of this beautiful, full-length ballet. Auditions for NBT's "Swan Lake" production will be held on Saturday, Jan. 15 and Sunday, Jan. 16 at the Dover studio

only (located in the McConnell Center, Suite 239, entrance #8) at the following times which are the same for both dates: 2 - 2:30 p.m. - 10 - 12 year olds (on pre-pointe or flat), 2:30 - 3 p.m. - 12-14 year olds on pointe, 3 - 3:30 p.m. - 15+ on pointe, 3:30 - 4 p.m. - adults, 4 - 4:30 p.m. - boys 10 - 12 years old.

Please note there are no auditions in the Wolfeboro studio. There is an audition fee of \$35 due at the time of auditions and an additional

production fee of \$45 which will be due on the first day of rehearsals, however NBT does not require that dancers purchase costumes. The performance dates are May 21 at 7 p.m. and May 22 at 2 p.m. at Dover High School and Aug. 5 at 7 p.m. and Aug. 6 at 7 p.m. at the Kingswood Arts Center, Wolfeboro. For more information please visit www.northeasternballet.org, email info@northeasternballet.org or call (603) 834-8834.



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Getting healthier this year? Some facts about the human body

The new year is here, and with that come New Year's resolutions. Many people view Jan. 1 as a new slate, a new beginning.

We hear the same resolutions every year — less screen time, workout more, eat healthy, kick smoking, kick sugar, reach out to friends and family more and to write more handwritten notes, to name a few. Most resolutions, however, come back to health. With that in mind, we thought it would be fun to get to know how our bodies work with some interesting facts in the new year, in hopes to give a new and different perspective to things you may want to change, or keep the same.

The largest bone in the human body is the femur, which can support 30 times the weight of a person's body. The femur is stronger than steel. Interesting to note a person's little finger contributes to 50 percent of the hand's strength.

It would take an individual who types 60 words per minute, eight hours per day for 50 years to type the human genome.

Messages from the brain travel along nerves at a speed of 200 miles per hour. If a person's DNA was uncoiled it would travel the distance of 10 billion miles, essentially from Earth to Pluto and back again.

It takes roughly 200 muscles to take one step and a human skeleton renews itself every ten years. By the time we reach the age of 70, we will have consumed 12,000 gallons of water. Time to break out the scope, good or bad, there is more bacteria in the human mouth than there are people in the world.

We can detect taste in only a fraction of a second, faster than the time it takes to blink. Our taste buds rejuvenate new taste cells every two weeks. Our brain consists of 86 billion nerve cells that are joined by 100 trillion connections. That's a lot of wiring. The brain uses as much energy as a 10-watt light bulb.

The strongest muscle in the human body is the jaw muscle. The liver is the only organ in our bodies that can regenerate. If damaged enough though, the liver will refuse to function.

The lining in our stomachs is replaced every four to five days so as not to digest itself.

When someone sneezes, it could travel up to 100 mph. Our fingernails grow faster on our dominant hand.

An adult who weighs 150 pounds has a skeleton that weighs roughly 21 pounds. The average human will walk roughly 100,000 miles in a lifetime, comparable to walking around the earth four times.

On average, we have about five pounds of bacteria in our digestive systems. Blood circulates in our bodies roughly 12,00 miles per day, and a human heart beats over three billion times over the course of our lives.

Humans spend roughly 33 percent of their lives asleep, while a dog spends about 44 percent asleep. And forget about cats!

A person takes about 23,000 breaths per day. The human eye can distinguish between approximately 10 million different colors.

Fingers do not have muscles that facilitate movement. The tendons in our fingers are moved by the muscles in our forearms.

We hope our fun and interesting facts will instigate a shift to a healthier lifestyle in the new year



KATHY SUTHERLAND

Stick save

Keeper Ana Baurle makes a stick save during her team's game with Oyster River-Portsmouth last Thursday evening at Pop Whalen Arena. The Knights dropped a 6-0 decision to the visitors. They return to action on Saturday, Jan. 8, at Bedford at 5 p.m. and will host St. Thomas on Wednesday, Jan. 12, at 7:30 p.m.

LETTERS FROM EDWIN

First snow

Last Saturday, we had our first real snow fall. The forecasters said that we could get four to ten inches up here in the high country. I had been running around doing lots of things, as it was my first weekend day out in a long time. I didn't get back home till early afternoon. There were a number of Christmas parties on my invite list that I wanted to visit.

I usually try to lite the sauna every year for the first snow. Especially if it's on a Saturday. Not having yet gone into it and cleaning out whatever may have transpired during the interim eight months, I

was crossing my fingers. After moving all the buckets and stuff that were clogging up the isle to get there, I looked inside and to my surprise, no critters made it inside and it was relatively clean. No additional work required. At least for now.

It had already started snowing by then and I decided to just light the thing, get it good and loaded with wood and head off to my first party. Which is what I did. Unfortunately, I was having too good of a time to tear myself away so that when I finally made it home, the fire was all burned down. I loaded it back up again and got it

roaring. The temp was up to ninety.

Off I went again and dropped in on another holiday gathering. This time I made sure that I was better at paying more attention to the time and got back to throw in a few more pieces of wood before I went into the house to shed all my excess layers of clothing, slip into my wooden shoes and head out to bake the bones and tenderize some of my traumatized muscles. It was just what the doctor ordered.

I thought of sending off a sauna alert, but it was nine o'clock and I wouldn't expect anyone to come out in a snow storm on such short notice. Would you? It was a nice hundred sixty degrees and a wonderful way to top off the day. No need to do anything, just sit there and soak up all that heat.

The lights were off when I first got in. Since looking at those same old walls wasn't of high necessity, I just sat there in the dark. I'd never done that before. There is a skylight that would usually shed some light, but being a dark and snowy night, all that I could see was what was

coming in under the door and from the seams in the old cast iron wood stove. Pretty dark, totally serene.

I found the unplugged in cord during the cool down break so when I returned for the second sitting, I could once again see all the things that I have wanted to attend to. Anyone else sees them as normal, I see them as projects.

There were only about three inches of snow on the ground, and it looked to be letting up, so I no longer expected that we'd be getting that possible ten inches. Since I no longer find myself interested in making snow angels, the lack of snow is no longer an issue.

Back in the house I loaded up that stove and got it prepared for the night. It was soon roaring, so I dampered it down, turned out the lights, and headed up stairs and got ready for bed.

The next thing I knew was that it was time to get up. Looking out the window I knew that I was right. Not much more snow had come down. After breakfast, I walked through about five inches of snow to the end of the driveway. I had parked my car there to make sure that I'd be able to easily get out and off to church in the morning. This time it wasn't needed. But there are times when it's imperative.

I may be living in this alternative world that is totally alien to most of you. Some of you have lived like this in the past but have graduated to the twenty-first century. I could too some day. But for now, being the stubborn old coot that I am, and being totally content not to change, I'll probably be sticking to the wood standard for a while longer.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com

Letters to the Editor

A beautiful sight

To the Editor:

Heartfelt thanks to the good people of Trask Side Road who, every Christmas Eve, line their street with luminaries. These candles, glowing inside translucent bags, give such quiet beauty, such peace. We would not miss this lovely sight.

Thank you so much.

Candace Wyman
Alton

PETS OF THE WEEK



Tate

Tate is a highly intelligent Australian cattle dog (also known as the blue heeler). Like most cattle dogs, Tate is a dog that needs a job, and will need lifelong training and activities to keep him happy and healthy. Tate is hearing impaired, but that doesn't stop him from learning new tricks! Tate responds to hand signals for sit, down, stop, speak, stay, and paw, and is working on more! He is both toy and food motivated. Tate will need lots of mental and physical stimulation to keep him happy- he will need much more than walks or a game of fetch! Tate can be selective with which people he trusts, and can be reactive towards new people. We have started working with Tate to help him make positive choices and build trust. He is making progress and is looking for an adopter who wants to continue this work. He loves to train, play fetch, play tug of war, and once he builds trust with you, loves to cuddle. Tate is looking for a home without kids (he can play a bit rough), no cats (too fun to chase!), and he may do ok with the right dog friend but can be picky



Cuke Roll

If this picture doesn't tell you how adorable I am then I don't know what will. Me and my adorable face came to NH Humane from living as a stray, so there is not much in the way of background. I am FIV+, meaning I would need to be the only pet in the household or living with other FIV+ cats.



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Notes from all over the place, and the peopling of the West



By JOHN HARRIGAN
COLUMNIST

As 2021 drew to a close, many people who watch a lot of television must have been wondering about their own sanity. They could have been forgiven for thinking that they were seeing the same ads over and over, hour after hour, and day in and out.

They were. Under federal licensing permits for using public airwaves, stations agree to devote a certain amount of air-time to public service announcements, or PSAs. For TV stations in Maine, New Hampshire, and Vermont, these included PSAs for the Ad Council (a tremulous singer), clean water advocates (a petulant child), and a Girl Scout Boy Scout organization (indecipherable because the sound-mix was so bad).

Viewers were seeing the same “voluntary” ads over and over because stations were struggling to air as many of the free ads as possible before the year ran out. As the year ends, they struggle with a steadily closing window of opportunity to volunteer the requisite amount of free air-time. They select the easiest and most manageable of the lot to squeeze in as the year ends, and run the same ads over, and over, and

over.

+++++

Whenever I see it, I wonder why television news producers fuzz the faces of so many alleged illegal entrants into the country. Increasingly, the faces of people at the Rio Grande are fuzzed out, and whenever we see comparatively rare footage from an incident on our own border up here in the frozen tundra, they are too.

Way back a half-century ago, I was taught that anyone in a public place is fair game for a photograph, and as far as I know the rules haven’t changed. These desperate people are only accused of doing this or that to evade or take advantage of the law, not guilty of it, and will have their day(s) in court.

What are they going to do, after all? Sue the media? As any American who’s tried to bring suit in a foreign country knows, good luck.

+++++

If the TV industry is going to force viewers to sit through endless commercials, the least they could do is give awards out for the best and worst, and let viewers decide.

I’d give MacDonald’s a big hurrah for its “working stiff” commercial, which shows a sound-asleep guy in the passenger seat snoozing away while his co-worker magnanimously orders coffee for two. Millions of wee-hour workers will empathize.

A big “boo,” mean-

while, to news producers who were overly worried about White House groundskeepers blowing leaves and driving by with tractors and otherwise intruding on their precious packaging and placid background. It was a working-world situation, and you’d think the news crews would have reveled in it.

+++++

In most years, many a small town can be forgiven for just not wanting to hear much from Concord, period. It’s not that all news from the boys and girls under the State House Dome and in the Annex and the Legislative Office Building is bad, every year, year in and year out, but...

One thing the towns always do want out of Concord every single year in timely fashion, however, is the tax rate. The information goes south, more or less in timely fashion, and then the individual towns wait until the Secretary of State’s office, or the state budget people, or for all we know the Governor’s office, says it’s “okay” or otherwise authorizes the “release” of the tax rate. Meanwhile, newspaper presses and TV crews are kept in constant vigilance for the authorized, sanitized, choreographed “release” of what is, after all, the people’s news.

What would happen, we’ve always wondered, if the towns and the news media just decided to tell the state government pooh-bahs to go pound sand?

+++++

Public relations lingo: “Good optics” means “good visuals,” which is media advisor lingo for “good images,” and producer lingo for “sexy,” which comes down to the station-hype promo “Film at eleven!”

+++++

Crass class thought: Every new “sustainable” lifestyle initiative seems to involve small-town and countryside yeomen and serfs doing all the work while somebody else has all the fun.

+++++

The peopling of the Western Hemisphere---the how of it all---has long fascinated historians, and has been a favorite topic in this column. The most recent Ice Age, about 15,000 years ago, and the resultant locking up of so much of the Earth’s water in the glaciers and the lowering of the oceans, and the emergence of the Bering Land Bridge, have long constituted the most convenient answer.

However, there have always been certain holes in this theory, which came across to many people as just a bit too neat and convenient. Sweet potatoes and tobacco, for instance, seem to have switched hemispheres over the millennia, each ultimately being found where it theoretically did not belong.

Last year, a preliminary blitz of information indicated (and a more recent spate confirmed) that final evidence has surfaced indicating that the Bering Strait Land Bridge theory will no longer work. Fossilized



COURTESY

Kids walking around a now-extinct lake at White Sands National Park in New Mexico left these footprints in the mud-flats 22,000 years ago. (Courtesy Dan Odess, National Park Service)

human footprints were discovered at New Mexico’s White Sands National Park dating to 22,000 years ago, effectively throwing the 15,000-year Ice Age theory out the window.

It was in a precarious position anyway. Reports of a 35,000-year-old charcoal and hearth discovery in northeastern Brazil had cast all sorts of doubt, as had finds of Clovis points in Canada and the U.S. that made the timing of it all pushing plausibility.

Now, after the confirmation of the White Sands footprints, there is no doubt that archaeologists and anthropologists must re-think their theories. The footprints, originally made by teenagers and children in muddy areas around a

lake, were found below and above strata containing aquatic plant seeds radiocarbon dated to 23,000 and 21,000 years.

The Cornell University archaeologist who led the footprint project seemed rueful about the long and often painful road that finally led to the old theory’s defeat. “Scholars can question whether a stone or a bone artifact was actually shaped by humans,” he said, “but there’s no mistaking who made a human footprint.”

(Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

STRATEGIES FOR LIVING

A thought for the New Year

BY LARRY SCOTT

At about five feet tall, the smiling, diminutive Gonxha Agnes Bojaxhiu looked to be the model of peace and tranquility. At the pinnacle of her success, the guest of both the powerful and the poor, she was admired around the world. The founder of the Missionaries of Charity, however, fought a personal battle few knew anything about. In “The Private Writings of the ‘Saint of Calcutta,’” better known as Mother Teresa, Brian Kolodiejchuk quotes (page 187) an article she wrote as a prayer and sent to Father Picachy on July 3, 1959:

“The loneliness of the heart that wants love is unbearable. – Where is my faith? – Even deep down, right in, there is nothing but emptiness & darkness. – My God – how painful is this unknown pain. It pains without ceasing. – I have no faith. ... I am told God loves me – and yet the reality of darkness & coldness & emptiness is so great that nothing touches my soul.”

A saint she may have been, but life was no cakewalk for even this dedicated lady of the Church. Like the rest of us, she was human and had her own battles to

fight, but she learned from her experiences, held steady amid the pressures, and the world has benefited from the result.

Christianity does not propose a life of ease and tranquility. Jesus Himself forewarned His disciples, “In this world you will have trouble. But take heart! I have overcome the world.” Life, the daily routine of living, is the crucible in which character is developed.

Maturity does not come easy. I know of no way to learn those fundamental qualities of life so necessary for our development such as patience, kindness, honesty, integrity, humility, self-discipline, perseverance ... and I could go on. These important indicators of a stable character are developed only amid the pressures of life. There is no easy out!

I must tell you from personal experience that life can sometimes throw us some very wicked curves. And not always because we have done something stupid, lost our common sense, or indulged in something we knew was wrong. Sometimes life just hits us between the eyes. Talk to me about bank-

ruptcy, about cancer, about nightmarish days, and sleepless nights. Believe me when I tell you I, too, have been there. Life is tough! The question is not whether we have reached depths of despair we cannot even put into words; the question is, what did we do about it?

Fortunately, there was and is, for many of us, a light at the end of our tunnel. I take seriously a promise Jesus made when He said, “Come to me, all you who are weary and burdened, and I will give you rest.”

There is something real and life-changing that comes with a relationship with Jesus Christ. But Christianity is not something I believe in because it’s convenient. To be honest, that’s not always the case. When a person, however, is conscious of living under the watchful care of a loving God, there is peace of mind, rest despite life’s pressures, and the exhilarating promise that heaven awaits.

It is, then, with reason, I believe 2022 will be the best year of my life ... and I can hardly wait!

For more thoughts like these, please follow

me at indefenseoftruth.net.

Town of New Durham

Supervisors of Checklist meeting
for Jan 7th at ND town hall
10AM to 11AM



Meeting Notice Town of New Durham, NH FY 2022 Budget Public Hearing

Notice is hereby given that the New Durham Budget Committee pursuant to RSA 32:5 I & V; RSA 40:13 II (a) (c) will hold a Public Hearing at

7:00 p.m.

On the proposed 2022 Fiscal Year Town Budget (January 1 through December 31, 2022) at

New Durham Community Room
6 Main Street
New Durham, NH 03855

on
Wednesday, January 19, 2022

In the event of inclement weather necessitating the cancellation of the planned hearing, or a second hearing it will be held on **Thursday, January 20, 2022** at the same time and place.

Posted this 29th day of December, 2021
/s/ Nicole Zoltko, Town Administrator

Alice Ziegler Calvert, 94

Alice Ziegler Calvert, 94, of Alton passed away on December 24th, 2021. She passed peacefully in her sleep with family by her side and will be greatly missed. Born in Boston, MA on February 26, 1927, she was the daughter of Thomas M Stevenson, Jr. and Ruth Tisdale.

Alice was raised in Needham, MA and after high school graduated from Skidmore College in 1949 with a degree in nursing. She was working as a registered nurse when she met her beloved husband, Louis R. Ziegler Jr., MD. They moved to Alton, NH to raise their two children. During her life Alice enjoyed gardening, weaving, being with family, and serving her community in various capacities.

Alice returned to



the workforce as a registered nurse with the VNA and held elective offices in both town and state government. She served five terms (1989 to 1997) in the NH House of Representatives.

Alice was predeceased by her husband Louis and is survived by her brother Thomas M. "Bud" Stevenson III of Londonderry, VT, two sons, James Ziegler of Durham, Ames Ziegler, DVM of Exeter, their wives, three grandchil-

dren, three great-grandchildren, a nephew, nieces and many extended family. In her later life she married and was predeceased by Robert Calvert of Alton.

The Ziegler family are incredibly thankful to Jean, Susie, Lisa, Becky and Deb who cared so lovingly and unselfishly for Alice in the last months of her life.

Baker-Gagne Funeral Home and Cremation Service in Wolfeboro are assisting the family. In lieu of flowers donations may be made to local food banks. A memorial service is being planned for later in the spring.

To view an online memorial, leave a message of condolences or for more information go to: www.baker-gagnefuneralhomes.com

PITTSFIELD- Mr. Gordon K. Martin, 82, of Pittsfield, passed away at Concord Hospital on December 6, 2021 after a sudden illness.

Born in Wolfeboro, Gordon was the son of the late Doris (Kenison) Martin. He was raised in Barnstead and attended schools in Barnstead and Pittsfield. He would later reside in Pittsfield for the remainder of his life.

Prior to his retirement, Gordon worked for N.E. Telephone for many years and for Green Mountain Communications in his later years. Gordon was a veteran of the U.S. Army Reserve.

He enjoyed hunting, fishing, taking daily rides looking for wildlife, watching local sports teams and spend-



ing time at the family camp in northern NH. He also enjoyed gardening and took great pride in his yard. He was often called upon and excelled at saying grace at the many family dinners. In his early years he spent time coaching baseball and basketball.

He was predeceased by his wife of 30 years, Barbara J. Martin and a brother Ronald Martin.

Gordon is survived by his four children: Vic-

tor Drouin and his wife Catherine of Wolfeboro, Mike Mikula of Gilman-ton, Gregory Martin and his wife Jennifer of Center Barnstead and Jennifer Martin of East Boston, MA. He was the grandfather to Victor "Nathan" and Kyle Drouin and Georgie and Glidden Martin. He is also survived by cousins, nieces and nephews.

A Celebration of His Life will be held on Saturday, January 8th from 10:00 A.M. to 12:00 P.M. in the Still Oaks Funeral & Memorial Home 1217 Suncook Valley Highway in Epsom. Burial will take place in the spring at Floral Park Cemetery. To share a memory or offer a condolence, please visit www.stilloaks.com

THE READING ROOM AT GILMAN LIBRARY

LIBRARY CONTESTS, AND RIDDLES

The Gilman Library offers Candy Jar Guessing Games and Riddle Contests, year-round, to challenge you at the check-out desk. The winning guess on the candy count wins the jar filled with sweets, as the prize. Solving the Riddle contest nets your choice from the prize kettle. There is no age restriction to participate.

GILMAN LIBRARY

WINTER RAFFLE

We also offer seasonal raffles of donated items paired with book for the lucky winner. The current Winter Raffle is a cozy purple hand-knitted shawl by C. Marie of Alton Bay. It is made from Berroco Sesame yarn, which is a blend of wool, wool, acrylic, cotton, and nylon. Care instructions are included with the garment. The shawl is raffled with a double volume, the classic bestseller and its

sequel, by Grace Metalious, "Peyton Place" and "Return to Peyton Place." Tickets are \$1. Each or six tickets for \$5. We hope that you will view our raffles as an easy way to make a small donation to benefit the Gilman Library ~ and if you win a lovely prize ~ that is a bonus!

BOOK PAGE

Don't forget to pick up your free copy of Book-Page. The December issue features the "Best Books of 2021" and lists the top 100 titles of the year. The January issue urges us to "Get Cozy" and features a "flurry of snowy picture books" to snuggle with. There are also suggestions for finding fun in 2022, and tips for upping your emotional intelligence.

NEW BOOKS

For those not interested in flurries or snow, we have the book for you

: a fiction, "Hello, Summer," by Mary Kay Andrews. For those making and keeping New Year's resolutions, we have "The self-care solution: a year of becoming happier, healthier, and fitter - one month at a time," by Jennifer Ashton, MD, MS. We have also added another Handbook and Resource Guide from Grey House Publishing. This latest is "Nutrition, Obesity & Eating Disorders." If these do not suit you, we are sure to have something that will.

REMINDERS

As always, we remind you that no matter the weather, our virtual library is open 24/7, but when it is stormy outside, check our Web site at gilman-library.org and WMUR for weather closings at our 100 Main St. location. Stay safe and see you soon at the library.

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Route 16, West Ossipee, NH 603-539-3301

(800) 539-3450
baker-gagnefuneralhomes.com

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 873-4914.
For more information, please visit abundantharvestnh.org or e-mail ahf@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm; Tues-Thurs 9am; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton 9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Ruhl, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rite 12th next to Town Hall
Call or Text (603) 269-8831
centerbarnsteadcc@gmail.com
Pastor Brian Gower.

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING
Gathering Saturday evenings at 6-7 p.m.
The Gilman Community Church
497 Province Road, Gilman, NH
ccoppraisegathering@gmail.com

COMMUNITY CHURCH OF ALTON
Prayer Meeting 9:00 am
Rev. Dr. Samuel J. Hall, 875-5561.
Day service 8:30am Alton Bay Gazebo, Alton, NH
10 am Worship Service
20 Church Street, Alton
Our services are live-streamed on YouTube
Sundays at 10 am
www.ccoallton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC
Sunday School and Worship Services
Rev. Rebecca Warner Macchini
603-776-1820
Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m.
ccnorthbarnstead.com

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON
Worship Services 10:00 A.M.
Sunday School 10:15 A.M.
400 Main Street
Farmington, NH 03835
Pastor Kent Schneider 755-4816
www.farmingtonuucc.org

FIRST FREE WILL BAPTIST CHURCH
Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
on the Parade in Barnstead
Sunday Morning Worship Service for all ages begin at 9:00 a.m.
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.
Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL
40 Hidden Springs Rd., Alton, 875-2548
Father Robert F. Cole, Pastor.
Mass Saturday 4pm;
Sunday 8:30 & 10:30am;
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH
Sunday 9:30 50 Main St., Pittsfield
Rev. Miriam Acevedo, 435-7908
www.ststephenspittsfield.com

UNITED METHODIST CHURCH
Rt. 171 at Tuffinboro Corner.
Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA
Sunday services and religious education 10:00 a.m.
All are welcome.
172 Pleasant St. Laconia • 524 6488 • uusl.org

MAPLE STREET CHURCH
Sunday Service 11am
96 Maple Street, Center Barnstead NH 03225

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Math Blocks

Fill in the missing blocks with numbers between 0-10.
The numbers in each row add up to the totals to the right.
The numbers in each column add up to the totals on the bottom.

2		6	12
	3		9
	8	9	24
10	15	20	

6	8	7
5	3	1
9	4	2
Solution		

THIS DAY IN...



HISTORY

- 1781: RICHMOND, VIRGINIA IS BURNED BY BRITISH NAVAL FORCES LED BY BENEDICT ARNOLD DURING THE REVOLUTIONARY WAR.
- 1914: HENRY FORD INTRODUCES THE \$5-A-DAY MINIMUM WAGE.
- 2005: THE DWARF PLANET ERS IS DISCOVERED BY A GROUP OF ASTRONOMERS BASED IN SAN DIEGO.



THIS ROOM IN THE HOUSE IS ONE IN WHICH A HIGH NUMBER OF INJURIES CAN OCCUR, NAMELY FROM SLIPS AND FALLS.

ANSWER: BATHROOM

Get Scrambled

Unscramble the words to determine the phrase.

ABMOTORH FYSTEA

Answer: Bathroom Safety



HUMIDITY

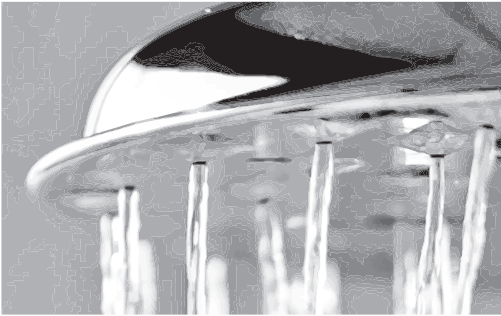
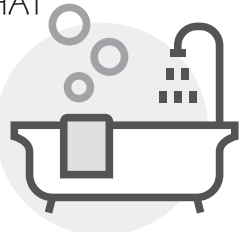
a quantity of water vapor in the atmosphere

How they SAY that in...

- ENGLISH: Towel
- SPANISH: Toalla
- ITALIAN: Asciugamano
- FRENCH: Serviette
- GERMAN: Handtuch



IT IS IMPORTANT TO CHECK THE TEMPERATURE OF THE WATER WHEN BATHING TO ENSURE THAT SCALDING DOES NOT OCCUR.



Can you guess what the bigger picture is?

ANSWER: SHOWERHEAD



Determine the code to reveal the answer!

Solve the code to discover words related to blood donation.
Each number corresponds to a letter.
(Hint: 4 = O)

- A. 13 20 26 15
Clue: Category
- B. 5 4 22 4 23
Clue: Person who gives something
- C. 21 14 4 4 5
Clue: Flows through body
- D. 9 15 16 14 13 9
Clue: State of being well

Answers: A. type B. donor C. blood D. health

SUDOKU

		2	1		4			
5								3
	3				9	2		
			6		3			1
						5		6
2					7			
	1	7	4					
				6				
	9				2	8	3	

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	9	5	7	1	2	8	3	4
8	2	4	3	6	5	7	1	9
3	1	7	4	9	8	6	5	2
2	6	1	5	4	7	3	9	8
4	7	3	8	1	5	2	6	9
9	5	8	6	2	3	4	7	1
1	3	6	8	5	9	2	4	7
5	4	9	2	7	6	1	8	3
7	8	2	1	3	4	9	6	5

ANSWER:

Make the move!

Find the homes of your neighborhood

Jayne Matzelle of Alton named to SUNY Potsdam President’s List

NBT hosting auditions for “Swan Lake” POTSDAM, N.Y. — Jayne Matzelle of Alton was recently named to the President’s List at The State University of New York at Potsdam.

Matzelle, whose major is Music Education, was among 887 SUNY Potsdam students who were honored for academic excellence in the Fall 2021 semester, having earned top marks.

To achieve the honor of being on the President’s List, each student must have satisfactorily completed 12 numerically-graded semester hours, with a grade point average of 3.5 or higher.

About SUNY Potsdam

Founded in 1816, The State University of New York at Potsdam is one of America’s first 50 colleges -- and the oldest institution within SUNY. Now in its third century, SUNY Potsdam is distinguished by a legacy of pioneering programs and educational excellence. The College currently enrolls approximately 3,000 undergraduate and graduate students. Home to the world-renowned Crane School of Music, SUNY Potsdam is known for its challenging liberal arts and sciences core, distinction in teacher training and culture of creativity. To learn more, visit <http://www.potsdam.edu>.

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MLS# 4859305

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MLS# 4893023

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South Down Shores on Lake Winnepesaukee! Final unit with preconstruction pricing Just listed in The Gables at South at Lakeside at Paus Bay on Lake Down Shores. This 3-BR + loft, 3-level Winnepesaukee. This 3BR unit has an town home has lake views, a gas FP, upgraded kitchen, private deck, granite 3-season porch & private lake amenities! countertops, HW & tile flrs., walk-in closet, fireplace+ 400' of WF w/ sandy beach.

\$659,000 MLS# 0000000

Misty Harbor Condos on Lake Winnepesaukee in Gilford. Year-round, end unit w/ lake and mountain views! Misty Harbor Resort is a year-round community with indoor and outdoor pools, jacuzzi, sauna, shuffleboard, basketball, volleyball, and tennis courts

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<p>Unit Price: \$93,995</p> <p>\$89,995</p> <p>64' 2 Bed, 2 Bath</p>	<p>Homes From COLONY, NEW ERA, & TITAN</p>
<p>Unit Price: \$111,995</p> <p>\$109,995</p> <p>40' 3 Bed, 2 Bath</p>	<p>Unit Price: \$127,995</p> <p>\$124,995</p> <p>48' 3 Bed, 2 Bath</p>
<p>Unit Price: \$132,995</p> <p>\$118,995</p> <p>48' 3 Bed, 2 Bath</p>	

<p>MODULARS</p> <p>Unit Price: \$134,995</p> <p>\$134,995</p> <p>3 Bedroom (Base Price)</p>	<p>Unit Price: \$141,995</p> <p>\$141,995</p> <p>2 Bedroom</p>	<p>Unit Price: \$191,995</p> <p>\$191,995</p> <p>1,900 sq. ft. 2 Story 1st Floor Master Bedroom</p>
---	---	--

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Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall WWW.CM-H.COM

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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

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Our Ads Get Results.
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\$169,995 Come and take a look!
Garage, Porch, Appliances
***10% down - 25 years at 6%**

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Directions: Rt. 93, exit #23. Right for 1/2 miles, left at post office for 800'



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Call our toll-free number 1-877-766-6891
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HELP US SAVE LIVES.

NOW HIRING!
JOIN OUR TEAM TO MANUFACTURE TURNOUT GEAR THAT PROTECTS FIREFIGHTERS.

Our mission is to keep firefighters safe by providing protective gear they can trust, helping to ensure they can return safely to their loved ones.

MSA Globe has handcrafted Turnout Gear since 1887. Today, we continue to lead the market in serving firefighters by providing innovative head-to-toe solutions that offer advanced performance and safety.





Earn up to \$25/hr
Rate dependent upon experience and ability to demonstrate skills and proficiency over time.



Earn up to \$2,000 Sign-On and Stay Bonus



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- OT available

To view all career opportunities at MSA Globe go to msasafety.com/careers

*Terms and conditions apply. HOURLY ASSOCIATES HIRED FROM JUNE 1, 2021, THROUGH DECEMBER 31, 2021



16-6493-MCP / 11/2021



Full-Time Installers Assistant

Energysavers Inc, a 46 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. **LEARN WHILE YOU EARN!**

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH

BLUEBERRY STATION
is looking for
Friendly & Reliable

NIGHT CASHIER
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Please apply in person:
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Sanders 1st Shift - Starting Pay \$14.50

\$.75 per hour shift differential on 2nd shift.

\$1.50 per hour shift differential on 3rd shift.

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****SUBJECT TO TERMS AND CONDITIONS****

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com.
You can also email your resume directly to donna.doyle@psimp.com, please be specific as to what shift and position.

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Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

Spotlight Positions:

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Clinical Application Specialist

General Float

Environmental Services Technician II

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Medical Assistant

Multi-Modality Radiologic Tech

Health Unit Coordinator (temporary)

Health Unit Coordinator

LNA/Health Unit Coordinator

Licensed Nursing Assistant

Paramedic

Registered Nurse

RN – Day Shift

RN – Night Shift

RN Nurse Manager – ED/Med-Surg

RN Nurse Educator

RN Nurse Manager – Surgical Services

APPLY ONLINE
WWW.UCVH.ORG
Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236
Ucvh-hr@ucvh.org
EOE

ADVERTISING WORKS.

Call 1-877-766-6891 • salmonpress.com

HELP WANTED

Call our toll-free number 1-877-766-6891
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Happy Holidays





COURTESY PHOTO

Curling champs

Lakes Region Curling's Team Nine didn't miss a beat between the organization's last curling season, during Winter 2020, and the recently revived Fall league. The team (l to r), Keith Lion of Wolfeboro, Bob "Doc" Dougherty of Laconia, Blaise Masse of Lebanon, Maine, Dan Barnard of Melvin Village, and Dave Alessandrini of Wolfeboro, won its second championship in a row. The squad overcame a rocky start to take the league title in the last end of the final match of the season. Lakes Region Curling Association begins its Winter 2022 league in mid-January, with eight teams competing.

CREMATION PACKAGES

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Buy Local

Alton Parks and Recreation Connection

Free weight training and yoga Zoom classes is offering free Zoom exercise classes for local residents. Classes are held live through Zoom, computer and internet access is required. Participants must register in advance to receive the class session link. or parksrec@alton.nh.gov to sign up.



Weekdays Open @ 4pm • Weekends Open @ Noon
Closed Tuesdays
(603) 293-0841 • PatricksPub.com

Weight Training- Adults of All Ages- Mondays and Wednesdays from 1:30-2:30 p.m. Weight bearing exercises to build strong bones and muscles.

Yoga for Fitness- Adults of All Ages- Fridays from 1-2 p.m. Yoga postures designed to strengthen, tone and increase balance and flexibility.

Contact 603-875-0109

Ice skating rink at Mill Pond

Work has started on preparing the ice skating area at Mill Pond, across from the Fire Department on Route 140. Rink conditions are weather dependent so please check the ice rink sign to make sure the rink is open for public skating. A big thank you to Pat O'Brien and the Alton Fire Department for their assistance in getting the rink set up for 2022.



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1/11/2022 IS OUR EXPRESS ADMISSIONS DAY

Tuesday, January 11th • 4pm – 6pm

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