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Friday, February 21, 2020

Local Girl Scouts make a difference for foster children



Debra St. Laurent — Courtesy Photo

From left to right, back row: Christine Neslusan, Girl Scout leader/mother; Amber Reed, mother; Jessica Trent, Burgess teacher; Jenn Reed, Adult advisor/mother; Officer Hillary Murray, Sturbridge Police Department; Nurse Lisa Meunier, Burgess Elementary. Front row (Girl Scouts): Amber Reed, Ella Reed, Isabella Neslusan, Gretchen Strasheim.

BY JORDAN GABLASKI
VILLAGER CORRESPONDENT

STURBRIDGE — Four Girl Scouts from Burgess Elementary School have worked with incredible dedication to help local foster children feel more comfortable during their time away from home.

Sixth graders Amber Reed, Ella Reed, Isabella Neslusan, and Gretchen Strasheim began working on the Bedtime Backpack project in November of 2019. Sometimes, children who are placed into foster care must leave their original residence “without being able to pack any necessities or personal belongings, and it could be a day or more before they are able to get any of their things,” explains Sturbridge Girl Scout Advisor Jenn Reed. With the help of Burgess school Nurse Lisa Meunier,

Sturbridge Police Officer Hilary Murray, school administrators, the PTO and DCF, the girls worked together to educate themselves on the need, fund the project, and choose appropriate items for children of different age groups. “The goal of the backpacks is to make the child’s first night in a strange place more comfortable and give them a sense that people in their community care about them,” Jenn Reed continued.

The girls assembled twelve backpacks in all, to be stored at the Sturbridge Police station, and organized into three different age groups: baby/toddler, elementary, and high school.

They made sure to include essentials, like shampoo/conditioner, soap, toothpaste, and toothbrushes, but also brainstormed items other than necessities to help the children feel more

comfortable, such as blankets, stuffed animals, and books. The girls spoke about their process with great enthusiasm, indicating just how much effort and care they have invested in the Bedtime Backpack project. Their biggest challenge was in raising funds for the project, and learning how best to manage their budget. The girls appealed to the Sturbridge PTO and received a generous donation for both general funding and Scholastic money for the purchase of books. They also talked to the reading specialist and other teachers from Burgess for book recommendations based on the different age groups they had to provide for.

On Monday, Feb. 10, the girls met with the Sturbridge Chief of Police, Chief Ford, to present the backpacks, as the police station will be storing

Please Read **BACKPACK**, page **A7**

Accident claims life of Wales man

WALES – A truck accident last week on the Mass. Pike claimed the life of a man from town.

On Feb. 9 at 7:30 a.m., State Police troopers responded to reports of a single-vehicle truck wreck on I-90 westbound in Stockbridge. Upon arrival, troopers located a logging truck that had gone off the left side of the highway, crashing into a gulley in the median.

The driver, Roger Tetreault, 73, of Wales, was pronounced dead at the scene.

The left lane of the highway was closed for several hours as the investigation continued. The accident remains under investigation by the State Police Commercial Motor Vehicle Enforcement Section, Troop B Headquarters, the State Police Detective Unit assigned to the Berkshire County District Attorney’s Office, the State Police Crime Scene Services Section, and the State Police Collision Analysis Reconstruction Section.

Federated Church announces winter events

STURBRIDGE — The Federated Church of Sturbridge & Fiskdale is celebrating the wearing of the green with two special St. Patrick’s Day-themed March events.

On Friday, March 13, a Baked Potato Buffet complete with Irish music will be held in Fellowship Hall. The menu includes a baked potato with a variety of delicious toppings, coffee, tea, or juice. Assorted desserts will also be available for purchase. The festivities begin at 4:30 p.m. and continue until 6:30 p.m., and take-out orders will also be available. The ticket price is \$6 for adults, and \$4 for a child’s portion (6 & under).

Event organizer Nancy Castendyke says the Baked Potato Buffet is a repeat of last year’s successful event.

“Everyone had such a good time and enjoyed it so much that we decided to do it again this year,” she said.

Advance tickets are available from any church member or by dropping by the church office at 8 Maple St., Sturbridge any weekday from 8 a.m. to noon.

The second event, a Corned Beef and Cabbage Dinner, is slated for Monday, March 16 at the Publick House Historic Inn & Country Lodge on the Sturbridge Common. The dinner, which is part of the Publick House Cooks for Community Organizations program, will offer two seatings in Paige Hall, the first of which takes place from 4:30 to 5:45 p.m. A second seating will take place from 6:30 to 7:30 p.m. The menu for this popular annual dinner includes corned beef cabbage,

Please Read **CHURCH**, page **A7**



Courtesy Photo

Trevor Nielsen recently joined the office of Jeff Burdick located at 419 Main St., Sturbridge.

Who’s new in the neighborhood?

STURBRIDGE — Trevor Nielsen knows the value of a comfortable pair of shoes. That’s because he has been introducing himself to the residents in Sturbridge and the surrounding areas.

Nielsen is a new financial advisor for the financial services firm Edward Jones, and his neighborhood visits demonstrate the Edward Jones way of doing business - face to face.

“At Edward Jones, we don’t expect anyone to invest with us until they know our investment philosophy,” Nielsen said. “I believe I have a responsibility to understand the unique financial needs of each and every client, and that’s why I’m paying them personal visits.”

“That’s one of the things that drew me to this firm,” Nielsen said. “Edward Jones

values the individual investor and understands that people still want to do business with someone they know and trust.”

He also had to complete one of the most rigorous training programs in the financial services industry.

And although he is well-versed in the technical aspects of investments, the training isn’t over. Edward Jones places a lot of emphasis on continuing education, and its financial advisors train literally throughout their careers.

“I know my clients want a financial advisor who is up to speed on investments and someone they know. That’s why we do things the way we do at Edward Jones,” Nielsen said.

Please Read **NIELSEN**, page **A7**



Hitchcock Happenings

BRIMFIELD — Following is a listing of events and activities scheduled for next week at Hitchcock Academy.

Monday, February 24
REMINDER: You can sign up for all classes and find more information regarding classes on our website: hitchcockacademy.org. Please remember to like us on Facebook.
FAMILY FOUNDATION 5: Free preschooler programs sponsored by a Union 61 Family Foundation 5 Grant. Monday: Playgroup 9-11 AM; bring a snack. Questions? Contact Cheryl Cameron at union61@tanta-squa.org
WEIGHT WATCHERS: Traditional Weight Watchers meetings. Weigh-in/Registrations: 5:30PM Meeting: 6:00 PM Leader: Angela Kramer. Visit www.weightwatchers.com to become a member or to learn more about Weight Watchers.
SEN-I JUDO CLUB: 4:30 – 6 PM Develop discipline, confidence, fitness, a sense of team work and have fun. For details and registration call Sensei Israel Lopez 413 279-4330.
YOGA: 7:15-8:45 PM This 90 min-

ute Hatha Yoga practice will relax and rejuvenate you with guided meditations. Wear comfortable clothes and bring a mat. Instructor: Sharon Palmer M.Ed. Certified 500 hour Kripalu Yoga Teacher
Tuesday, February 25
ART GROUP: 9 – 11:30 AM Bring your own art and enjoy the company of other artists as they explore and encourage each other in creative adventures.
PILATES: 5:15 – 6:15 PM A perfect class for those who wish to unwind right after work. A mat floor exercise targeting the core muscles, Pilates improves flexibility, posture, balance and strength. Instructor: Karen Larsen
PILATES: 6:15 – 7:15 PM A great way to start your evening. A mat floor exercise targeting the core muscles, Pilates improves flexibility, posture, balance and strength. Instructor: Karen Larsen
Wednesday, February 26
WATERCOLOR: 9:30 – Noon For all levels – ongoing watercolor classes with new paintings every three weeks. Instructor: Beth Parys. For more information and to register call: 413.245.3295
FAMILY FOUNDATION 5: Free

preschooler programs sponsored by a Union 61 Family Foundation 5 Grant. Music and Movement: 9 – 10 AM
MOVING MUSCLE: 5:15 – 6:15 PM. Muscle conditioning exercises using light hand weights. This class will use a series of squats, lunges, and varying arm exercises for an overall body workout. All levels are welcome. Instructor: Karen Larsen; Fee: \$50 for 8 classes.
YOGA FOR BEGINNERS: 6:30 – 7:45 PM If you’ve been waiting to try yoga, this is the class for you. Explore foundational postures, breathing practices, and easy meditation techniques as well as posture modifications if you need more/less challenge. Instructor: Sharon Palmer, M. Ed. Certified 500 hour Kripalu Yoga Instructor
Thursday, February 27
FAMILY FOUNDATION 5: Free preschooler programs sponsored by a Union 61 Family Foundation 5 Grant. Thursday: STEAM Experiments 9-10:30 AM. Bring a snack. Questions? Contact Cheryl Cameron at union61@tanta-squa.org
VIOLIN LESSONS: 2-5 p.m. Instructor: Linda Day Newland, violinist in the Austin Symphony Orchestra for 22 years. Lessons available for all ages and all levels
SEN-I JUDO CLUB: 4:30 – 6 PM Develop discipline, confidence, fitness, a sense of team work and have fun. For details and registration call Sensei Israel Lopez 413 279-4330.
PHOTO EDITING: 6-8:30 PM Bring your laptop and use how to use programs such as gimp.org, Photoshop, Photoshop Elements, or Paintshop

Pro to sort and enhance your pictures. Discover how to adjust lighting, sharpen images and add layers. (2 classes) Fee for both: \$54; Instructor: Kevin Kopchynski
FENCING: 6:15-7:15 Youth and adult classes with Andy Bloch.
K9 NOSEWORK® 7 – 8:30 PM. This is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor- National Association of Canine Scent Work
Friday, February 28

ALCOHOLICS ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Time: 7:30 PM
Saturday, February 29
K9 NOSEWORK® 9 – 1:30 PM This is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor- National Association of Canine Scent Work
SUE GREGORY’S RETIREMENT: Stop in to say good-by, thank you, with a handshake, a high five or a hug. 3-6 PM at Hitchcock Academy, 2 Brookfield Road in Brimfield

Mini-golf at Joshua Hyde Library offers fun for all


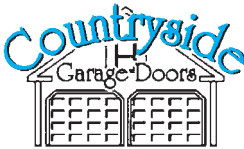
STURBRIDGE — Come join the fun as the Sturbridge library is turned into a mini-golf course. There will be 16 unique holes winding throughout the library. Look for the Southbridge airport, a golf club cemetery, Alice in Wonderland, a loop-d-loop through a tire as well as creative new holes by Tantasqua students, girl scout and boy scout troops, and The

Center of Hope. The Friends of the library and library staff also come up with imaginative holes. This event is geared to golfers of all ages - young children, teens, adults and seniors. Some groups are serious golfers who have fun competing while most just enjoy this very unique, fun experience. Laughter can be heard from the main floor

down through the children’s room to the meeting room where refreshments await after you complete the course up the ski slope. Children under the age of 10 must be accompanied by an adult. The Library will be open during the event so patrons may be extra obstacles. Bogey Lanes in East Brookfield graciously supplies the clubs for all ages each

year. The Friends are grateful for this collaboration which makes the event possible. This is the eighth year for this fun community event. The cost to play is \$5 per person with a cap of \$20 per family. All proceeds go to fund programs sponsored by The Friends such as speakers, summer reading programs and museum passes. The event will take place

on Saturday, March 7 from 10:30 a.m. – 4:30 pm and on Sunday, March 8 from 12:30 – 4 p.m. at the Joshua Hyde Public Library, 306 Main St., Sturbridge. For more information visit our website at www.sturbridgelibraryfriends.org.



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Bring your appetite to Chowder Fest this weekend

STURBRIDGE – Residents are invited to bring their appetites to the Sturbridge Host Hotel this Sunday.

The Tri-Community Exchange Club is gearing up for its 11th annual Chowder Fest, which will take place on Feb. 23 from noon-3 p.m. at the Sturbridge Host Hotel.

Come sample chowder selections from some of the area’s best restaurants. The event will also include drawings, a silent auction, and a cash bar.

“We appreciate all of the support from the community, as without you we wouldn’t be able to give back and help the needy in the Tri-Community Area,” read a statement released by the organization.


Tickets for the event are \$10 in advance and \$12 at the door. Tickets can be purchased at Penney’s Appliance (171 Charlton Rd. in Sturbridge) or at Cornerstone Bank (200 Charlton Rd. in Sturbridge).

Local Democrats to elect delegates to state convention

STURBRIDGE — Registered Democrats in Sturbridge will hold a caucus beginning at 9:30 a.m. on Saturday, March 7 at the Sturbridge Senior Center located at 480 Main St. to elect delegates and alternates to the 2020 Massachusetts Democratic State Convention.

This year’s state convention will be held at the Tsongas Center at UMass Lowell on May 30. The caucus is open to all registered Democrats in Sturbridge and walk-ins are allowed to register on-site. The doors and registration will open at 9 a.m. Sturbridge can elect four delegates and four alternates to the Convention. Youth, minorities, people with disabilities, and LGBTQ individuals who are not elected as a delegate or alternate may apply to be an add-on delegate at the caucus or at www.massdems.org. For those interested in getting more information about the Convention or the Sturbridge DTC please contact David Mitchell (Waterfront2828@gmail.com) or check out our Facebook page at: www.facebook.com/sturbridge.dem.town.committee/.

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“Every Town Deserves a Good Local Newspaper”

From student nurse to wound care nurse

TWO PERFECT DAYS OF WOUND CARE CENTER OBSERVATION



Genshire Mwaura

CHARLTON — Before becoming a practical nursing student, Genshire Mwaura of Webster, formerly of Kenya worked as a real estate agent, routinely taking care and assisting individuals or couples to become homeowners. He learned to really pay attention to details. Mwaura still carries that experience with him today, with an even more keen observation skills, in the classroom setting, in the appreciation he has for the nurses at the Wound Care Center at Harrington and via the leadership skills he observed.

“Practical Nursing students are blessed to have the opportunity to have Clinical Observation at the Wound Care Center at Harrington” stated Gretheline Bolandrina MSN Ed, RN, CRRN Academy Director at Bay Path Practical Nursing Academy. “Having a certified hyperbaric therapist, an LPN and an alumna at that, (Paige Huie, LPN, CHT, PN Class of 2014) makes a positive difference for both patient care and the bottom line.”

As with Mwaura’s experience, he reflected, “Often, when a wound is mentioned a lot of people dread, squint and sometimes they may turn their head to the side. Truth be told, I was not any different! I had the same reaction when I learned I had been scheduled to attend two observation days at the Wound Care Center at Harrington in Charlton.

“Because I had some uncertainties, I spent time studying the required pre-observation articles, researching wound management and the crucial role that nurses play, well ahead of time in anticipation of my clinical observation,” explained Mwaura.

“But still, as the day approached, I became more and more curious about the entire wound care process,” said Mwaura.

“Upon my arrival at the Center, I met a team of wonderful nurses who warmly received, introduced and oriented



ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.com. news during normal business hours. During non-business hours, leave a message in the editor’s voice mailbox. The editor will return your phone call.

me to the unit. The team made me feel ready to tackle the day including asking the questions that I was harboring in my mind,” added Mwaura. “As the Wound Care observation went on, I was amazed at how this wonderful Wound Care team worked together ensuring quality care for every patient that needed their service. The experience really helped me learn about best practice, wound care, and teamwork within a short span of time.”

Mwaura elaborated that “The Wound Care Center nurses’ zeal, focus, display of a respectful and professional demeanor, timely communication with the patient and the physician and offering themselves to patients who were terrified by their medical progress, were among the notable virtues that grabbed my attention and thrilled me the most, as a practical nursing student.”

At the end of his Wound Care Center observation, Mwaura was excited to realize that nurses play a pivotal role and executed all the tasks in ensuring that “patients feel better about themselves as multidimensional beings regardless of their medical diagnosis or prognosis.”

Mwaura looks forward to obtaining his certificate in practical nursing, passing the NCLEX-PN the first try and carrying on the honorable legacy of solid values as he had observed from the Wound Care Center nurses.

He concludes, “By doing so I hope to aid in promoting nurse -patient trust, provision of quality care, and seamless transition to independence for all patients under my care.”

Pasture Time Players hosting auditions

CHARLTON — The Pasture Prime Players are pleased to announce open auditions for their spring production, “Soup du Jour,” book by Todd Mueller and Hank Boland and music and lyrics by Gregg Opelka. The auditions will be held on Monday, March 2 at 6:30 p.m. at the Charlton Arts and Activities Center, 4 Dresser Hill Rd. in Charlton. The show is directed by Joni Metras, and will run two consecutive weekends, May 8-17.

New York City, 1939. There’s a mystery at Bailey’s restaurant, one of Gotham’s top dining establishments, and it’s up to Katharine Hawks, the New York Herald-Tribune’s Pulitzer Prize-winning ace reporter, to solve it! J. P. Thompson, editor of the struggling Herald-Tribune is desperately searching for a way to increase circulation. Across town, Stewart Bailey is simultaneously mourning the death of his father and preparing for his imminent wedding to socialite gold digger Tiffany Vandervanden. Stewart has just inherited his father’s restaurant, the success of which was built on its famous soup du jour. There’s only one catch: Stewart’s father took the recipe with him to the grave, and Stewart, along with everyone else in the story winds up searching wildly for the missing recipe. Editor Thompson decides he, too, must have the secret recipe to solve his paper’s circulation problems. Enter Katharine Hawks to save the day. Sent undercover as a waitress to Bailey’s restaurant to find the recipe for the famed soup, Katharine winds up losing her heart to Stewart Bailey. Once she learns Stewart has lost the recipe, Katharine is in a real dilemma: Career or love? Winning songs, lightning-fast dialogue in the Tracy Hepburn tradition, and a great plot are the delicious ingredients of this delightful tribute to 1930s screwball comedies.

There are roles for three men and three women. Please be prepared with one verse of your favorite Broadway show tune that best shows your vocal range. You may sing a capella. Auditions will be cold readings from the script. For more information, contact us at pasture.prime.players@gmail.com. , “Soup du Jour” is being produced by special arrangement with Dramatists Play Service, Inc.

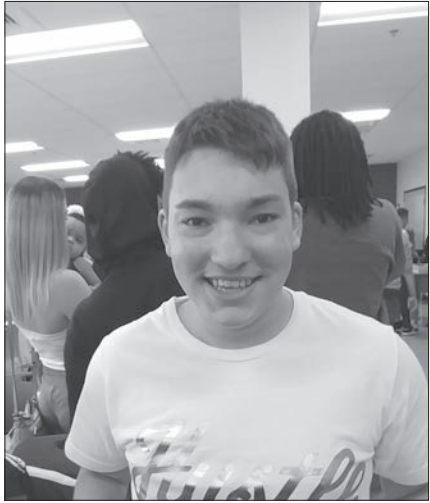
Community College of Vermont announces President’s List

MONTPELIER, Vt. — Emily Manzi has been named to the Fall 2019 President’s List at the Community College of Vermont. This honor recognizes full-time students with a 4.0 grade point average.

CCV is Vermont’s second-largest college, serving over 10,000 students each year. With 12 locations and extensive online learning options, our students don’t have to travel far from their communities to access our degree and certificate programs, workforce, secondary and continuing education opportunities, and academic and veterans support services.

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Friday’s Child



Zachary
Age 116

Hi! My name is Zachary and I hope my future family has a pet!

Zachary is an active and curious 16-year-old boy of Caucasian descent. Zachary has made tremendous progress in his current placement and he feels he is ready to be placed with a family. Zachary is very invested in the adoption process and wants to attend adoption events and learn about families. Zachary is very insightful and one time shared with his social worker that he feels he would have more to smile about if he was placed with a family. Zachary likes to participate in extracurricular programs that his current placement

offers including basketball. His teachers report that he is a pleasure to have in class and he is often found helping other students.

Legally freed for adoption, Zachary will need a family that is able to help him maintain connections with his grandfather. Zachary could be placed in a single or two parent family with or without older children. A family that has pets or is willing to have a pet would be Zachary’s wish.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you’re at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have “a permanent place to call HOME.”

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Practical Nursing students to be inducted into National Technical Honor Society

CHARLTON — The Bay Path RVTHS Practical Nursing Academy announced this week that The National Technical Honor Society (NTHS) Chapter 3994 will induct seven new members at a special ceremony scheduled on May 7. Future inductees include Rachel Carlisle of Oxford, Aja Johnson St. Val of Springfield, JoAnn Milford of Woodstock, Conn., Genshire Mwaura of Webster, Barbara Owusu of Worcester, Yaitzarie Rodriguez of Millbury, and Fjolla Shehu of Worcester.

The NTHS honors the achievements of top career technical education (CTE) students, provides scholarships to encourage the pursuit of higher education, and cultivates excellence in today's highly competitive, skilled workforce. For more than 30 years, NTHS has been the acknowledged leader in the recognition of outstanding student achievement in career and technical education.

"By being inducted into the NTHS, we aim to recognize the academic excellence of practical nursing students and encourage them to pursue academic progression in nursing. To be eligible, students must maintain a minimum 3.0

grade point average, demonstrate conduct on campus and in the clinical areas that reflects integrity and professionalism, be committed to service learning, and recommended by faculty," said Gretheline Bolandrina, MSN Ed, RN, CRRN Academy Director. Further, Bolandrina adds, "Our students demonstrated excellence in scholarship, which is a high achievement, especially since practical nursing is a rigorous and demanding major. We are proud of our practical nursing students."

Bay Path Practical Nursing Academy offers a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. Bay Path Practical Nursing Academy's 2019 NCLEX Pass Rate is 90.48%

The Bay Path Practical Nursing Academy is fully approved by the Commonwealth of Massachusetts Executive Office of Health and Human Services Department of Public Health Board of Registration in Nursing 239 Causeway

Street Boston, MA 02114 617-973-0800 www.mass.gov/dph/boards/rn

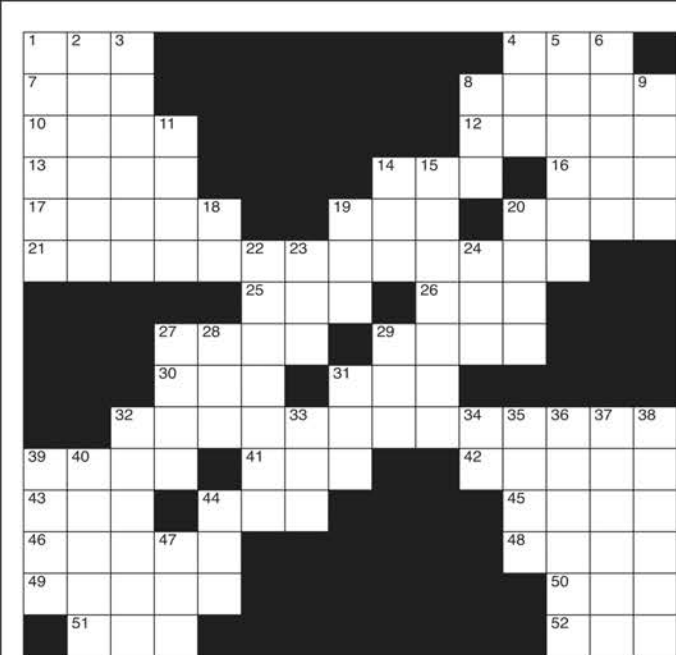
The Bay Path Practical Nursing Academy is accredited by the Council on Occupational Education 840 Roswell Road Building 300, Suite 325, Atlanta, GA 30350800-917-2081 www.council.org

For more information, visit www.baypath.net or <https://www.facebook.com/BayPathPracticalNursing2015/>.



Courtesy Photo

The Bay Path RVTHS Practical Nursing Academy announced this week that The National Technical Honor Society (NTHS) Chapter 3994 will induct seven new members at a special ceremony scheduled on May 7. Future inductees include Rachel Carlisle of Oxford, Aja Johnson St. Val of Springfield, JoAnn Milford of Woodstock, Conn., Genshire Mwaura of Webster, Barbara Owusu of Worcester, Yaitzarie Rodriguez of Millbury, and Fjolla Shehu of Worcester.

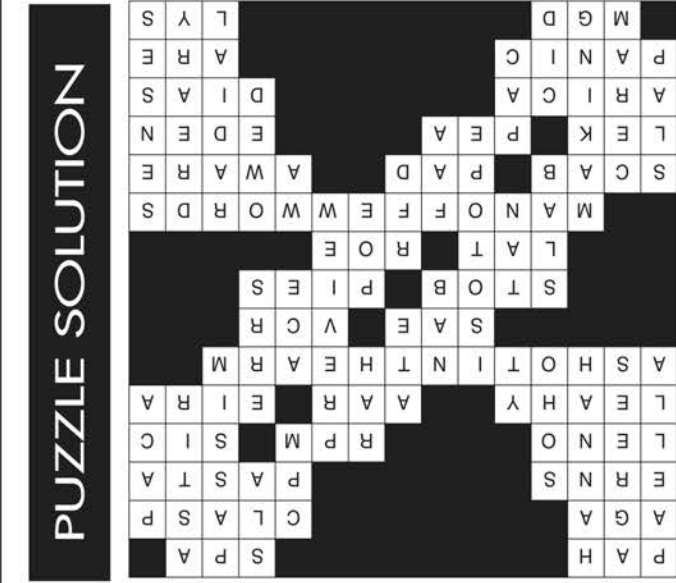


CLUES ACROSS

1. Expression of disgust
4. A place to unwind
7. A type of cooking range
8. Grasp tightly
10. Sea eagles
12. Carb dish
13. Late-night host
14. Revolutions per minute
16. Indicates odd or erroneous
17. FDR's military chief of staff
19. Swiss river
20. Norwegian district and river
21. A form of motivation
25. Car mechanics group
26. Once a must-have home theater accessory
27. Broken branch
29. Apple and pumpkin are two
30. Skeletal muscle
31. Small Eurasian deer
32. Tight-tipped fellow
39. Comes after a cut
41. A place one lives
42. Cognizant of
43. Albanian monetary unit
44. Carrot's partner
45. Famed garden
46. Chilean seaport
48. Days (Spanish)
49. Sudden anxiety
50. 100 square meters
51. A type of beer
52. French/Belgian river

CLUES DOWN

1. Spanish dish
2. Concurs
3. ___ and her sisters
4. Patti Hearst's captors
5. Used to refer to cited works
6. A state of excited movement
8. Advertising term (abbr.)
9. Nocturnal S. American rodent
11. New York art district
14. Bravo! Bravo! Bravo!
15. Pre-release viewing
18. Northwestern Canadian territory (abbr.)
19. Consumed
20. Falters
22. Radioactive form of an element
23. Catch a wrongdoer
24. Breeze through
27. Thick piece of something
28. Yellowish-brown color
29. "The Raven" poet
31. Rural free delivery (abbr.)
32. Creating
33. Supervises flying
34. Northwestern state
35. Was obligated to repay
36. Diverging in lines from a common center
37. Bleak
38. We all have them
39. Hit with the palm of one's hand
40. Sea that's part of the western Pacific
44. Political action committee
47. Famed Spanish soldier El ___



Gobi announces MVP grants for area towns

BOSTON — Sen. Anne Gobi (D- Spencer) announced today the release of grant funding for area towns through the Municipal Vulnerability Preparedness (MVP) Program. The popular grant and designation program provides communities with funding and technical support to identify climate hazards, develop strategies to improve resilience, and implement priority actions to adapt to climate change. With these grants, 82 percent of Massachusetts cities and towns are now enrolled in the MVP program.

round of MVP Action Grant funding. Projects are focused on proactive strategies to address climate change impacts and may include retrofitting and adapting infrastructure, detailed vulnerability assessments or design and engineering studies, storm water upgrades, dam retrofits and removals, culvert upgrades, drought mitigation, actions to protect environmental justice communities and improve public health, energy resilience, mosquito control initiatives, and implementing nature-based solutions such as wetland restoration and floodplain protection.

When asked for comment on the grant funding, Senator Gobi, Chair of the Joint Committee on Environment and Natural Resources, had this to say: "My communities and communities throughout the Commonwealth are always working towards more sustainability and resiliency. These funds allow the communities to plan and take action on what is right for them. I appreciate the support of the Baker-Polito administration and I am glad to continue to support MVP in the budget."

From the Senator's district, the town of Monson will be receiving a \$75,000 action grant for an energy resiliency project at the Town Hall/ EOC / Police Headquarters Facility, and Palmer will receive a \$26,000 grant for culvert replacement on RT 181 and \$112,500 for improvements to their Comprehensive Master Plan.

More than \$1 million in MVP Planning Grants were awarded to 38 cities and towns to pursue a community-led planning process to identify vulnerabilities to climate change and priority actions. Results of the workshops and planning efforts inform existing local plans, grant applications, and policies. When complete, these municipalities will be eligible for MVP Action Grants to implement priority on-the-ground projects.

MVP supports implementation of the State Hazard Mitigation and Climate Adaptation Plan, released in September 2018, provided a national model of integrating hazard mitigation priorities with forward-looking climate change data and solutions. The plan engaged over 500 stakeholders and is the first in the nation to fully integrate federal hazard mitigation planning requirements, with a proactive approach to addressing the impacts from climate change. The plan is implemented within state government by the Resilient MA Action Team, an inter-agency team launched in August by Governor Baker and Lieutenant Governor Polito an inter-agency team led by the Executive Office of Energy and Environmental Affairs and the Massachusetts Emergency Management Agency, and staffed by designated Climate Change Coordinators from each Executive Office. In its first year, the Resilient MA Action Team will provide guidance and decision-making for Plan implementation, further refine priority actions, and ensure actions are integrated into agency practice and policy. The RMAT will also be exploring development of climate resilience standards for state agencies and a resilience evaluation for the annual capital planning process to ensure that investments are climate-smart.

The following towns in Senator Gobi's district will be set to receive planning grant funds:

For more information on the plan, please visit: <https://www.mass.gov/municipal-vulnerability-preparedness-mvp-program>.

Applicant	Region	Total Award
Hubbardston	Greater Connecticut River Valley	\$20,000
North Brookfield	Greater Connecticut River Valley	\$25,000
Sturbridge	Greater Connecticut River Valley	\$15,000
Winchendon	Greater Connecticut River Valley	\$36,400

In addition to the planning grants, more than \$10.5 million in MVP Action Grants were awarded to 52 cities, towns or regional partnerships to implement projects that build local resilience to climate change in the Commonwealth's third

Western NE University students named to President's List

SPRINGFIELD — Western New England University congratulates close to 500 students named to the Fall 2019 President's List.

Joshua Bolte of Brimfield is working toward a BSE in Electrical Engineering

Kevin Riel of Brimfield is working toward a Pre-Pharmacy degree

Nathan Lachapelle of Holland is working toward a BS in Computer Science

Joseph Gonzalez of Holland is working toward a BSE in Electrical Engineering

Matthew Dumas of Holland is working toward a BSE in Mechanical Engineering/Mechatronics Concentration

Celebrating its Centennial in the year 2019, Western New England University is a private, independent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Western New England serves 3,974 students, including 2,629 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

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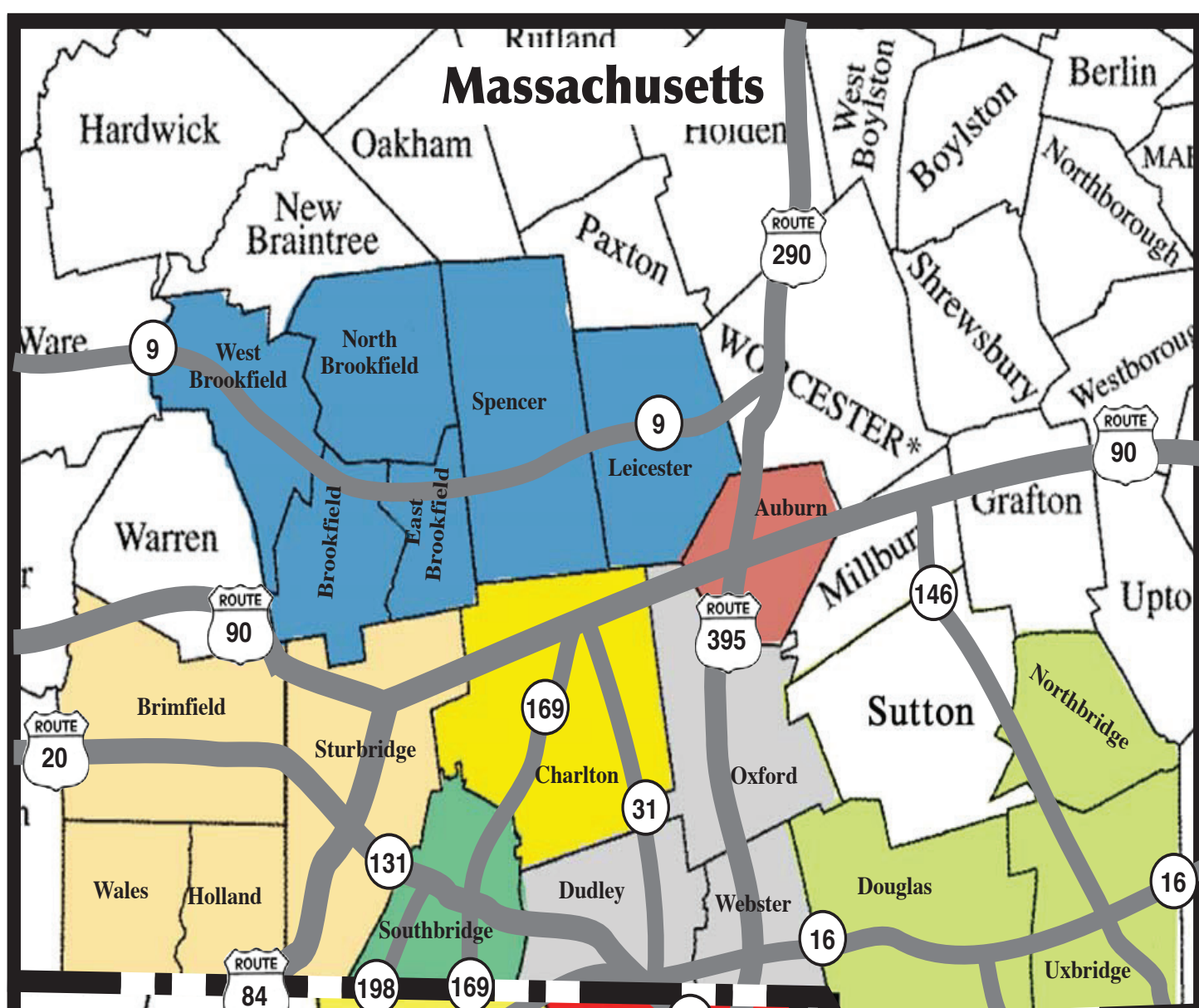
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Walmart Giving grant presented to Bay Path Practical Nursing Academy

CHARLTON — Bay Path Practical Nursing Academy recently received a Walmart Giving grant from the Walmart Foundation to help support the PN Class of 2020 with NCLEX-PN preparation.

Rachel Carlisle of Oxford, a member of the PN Class of 2020 is the Bay Path Practical Nursing Academy Liaison and communicated with the Walmart North Oxford Branch Manager, Melissa Pariseau. Carlisle and her four-year-old daughter, Harper made a special trip to Walmart at 742 Main St., North Oxford to extend the PN Class of 2020's gratitude for Walmart Giving's generosity. Carlisle is a nominee for the National Technical Honor Society and a member of the UNICEF Club.

"Walmart is a vital part of our community, and we are honored to be the recipient of their generosity through this grant," Carlisle said.

"As members of the Southern Worcester County community we appreciate organizations such as Walmart and

we are excited to collaborate. Being supported by Walmart with much needed funds is an important and fundamental piece in our work to produce real world ready, Licensed Practical Nurses," Gretheline Bolandrina, MSN, Ed, RN, CRRN Academy Director, said.

Bolandrina added, "This education grant will assist Bay Path Practical Nursing Academy PN Class of 2020 in addressing systematic inequities and barriers that prevent them from taking an NCLEX-PN Live Review Course and eventually taking the NCLEX-PN exam and passing on their first try. The enrollment and attendance to the Hurst Live NCLEX Review will greatly improve the PN Class of 2020 NCLEX success rate, overcome the social and environmental challenges in term 3 of their practical nursing journey."



Sturbridge resident graduates from Fidelity's LifeDesign class



FITCHBURG — The second graduating class of Fidelity Bank's LifeDesign University had reason to celebrate at their graduation Jan. 30 at Oak Hill Country Club in Fitchburg. The class of 13 Fidelity Bank employees met every three weeks for two hours over a year long period to complete the professional

Courtesy Photo

Front row: Timi Whitney of Winchendon, Tanya Quinn of Athol, Kaitlyn Lillie of Fitchburg, Courtney Gatta of Sturbridge, Jessica Woodbury of Leominster, and Wanda Walsh of Lancaster. Back row: Jessenia Sioris of Westminster, Marcin Wladowski of Holden, Brittany Roberge of Rutland, Joseph Murchison of Fitchburg, Alex Petit of Sutton, and Zachery Lavoie of Fitchburg.

development program. Courtney Gatta of Sturbridge was one of the graduates.

Fidelity Bank teamed up with Nichols College to create LifeDesign University to bring a selected group of employees from a variety of departments out of the bank and into the classroom to develop the essential tools to increase productivity, promote teamwork amongst departments and garner skills for the next steps of their careers with Fidelity Bank. The curriculum included coursework and required hands-on skill practice and implementation in areas such as effective communication, supervisory skills, situational leadership, change management, project management, and negotiation.

Emmanuel College announces Fall 2019 Dean's List

BOSTON — In honor of their outstanding academic achievement, Emmanuel College has named more than 800 students to the Dean's List for the Fall 2019 semester. To earn a spot on the Dean's List, Emmanuel students must achieve a grade point average of 3.5 or higher for a 16-credit semester. Local students earning Dean's List honors include:

Emily Blanchard of Sturbridge
Sarah Kowal of Sturbridge

Emmanuel College is a co-educational, residential institution with a 17-acre campus in the heart of Boston's educational, scientific, cultural and medical communities. Enrolling more than

2,200 undergraduate and graduate students, the College provides boundless opportunities for students to expand their worldview through rigorous coursework, significant internship and career opportunities throughout the Boston area and beyond, collaborations with distinguished and dedicated faculty, and participation in a dynamic campus community. Emmanuel's more than 70 programs in the sciences, liberal arts, business, nursing, and education foster spirited discourse and substantive learning experiences that honor the College's Catholic educational mission to educate the whole person and provide an ethical and relevant 21st-century education.

Kelsey Ann Emrich named to Greensboro College Dean's List

GREENSBORO, N.C. — Kelsey Ann Emrich of Sturbridge has been named to Greensboro College's Fall 2019 Dean's List. To qualify, a student must have a 3.5 grade-point average or better for the semester while having taken at least half of his/her course credit hours at Greensboro College's main campus.

Greensboro College provides a liberal arts education grounded in the traditions of the United Methodist Church and fosters the intellectual, social, and, spiritual development of all students while supporting their individual needs.

Founded in 1838 and located in downtown Greensboro, the college enrolls about 1,000 students from 29 states and territories, the District of Columbia, and seven foreign countries in its undergraduate liberal-arts program and six master's degree programs. In addition to rigorous academics and a well-supported Honors program, the school features a 17-sport NCAA Division III athletic program and dozens of service and recreational opportunities.

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McCurdy Group's Emily Simon earns CISR designation

STURBRIDGE — Emily Simons, Personal Lines Risk Manager with McCurdy Group in Sturbridge earned the Certified Insurance Service Representative (CISR) designation which "empowers outstanding individuals to provide exceptional account management and customer service (The National Alliance).

Simons has a diverse work history including insurance, banking and municipal experience. Outside of the office, she is the Volunteer Coordinator for the Charlton PTO and is a member of Woman in Business. Emily and her husband, Jeff, live in Charlton raising their two children Bree and Brody.



Emily Simons

The beaver problem



The topic of beaver destruction to our forests and river banks throughout the state was discussed at a recent meeting at a local Rod & Gun Club. Destruction along river banks by beaver and damming of outlets restricting water flow is out of control in many areas. With spring not far off, flooding of private and public land will cause serious damage to areas, killing trees and damaging homes in the area.

Trapping by sportsmen that enjoyed being outdoors, also kept numerous species of fur bearing animals under control, including beaver. The trapping ban in Massachusetts needs to be lifted. Not only did trappers keep the animal population under control, but they also purchased a license to do it. Now trappers can only use live catch traps that are extremely expensive and hard to handle. The cost of trapping is extremely expensive, with the cost being handed to local cities and towns.

The new leg hold traps and trapping laws need to be addressed soon.

Some local clubs have installed “Beaver Deceivers” (a device that restricts beaver damming at water outlets) and helps somewhat, but the beaver are still causing some serious damage to trees and brush along river banks and surrounding areas. If any landowner caused the destruction to riverbanks and woodlots along waterways like the beaver do, they would be locked up. Wildlife of all forms need to be kept under control, and

the best tool is hunting and trapping.

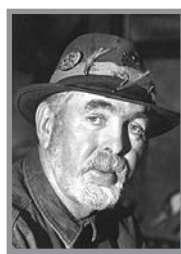
The deer harvest figures for Massachusetts’ 2020 season are in and they are another record setting year. The youth deer hunt day had reported 89 deer harvested and the paraplegic hunt had only five recorded.

The archers scored the largest harvest with a whopping 6,149 animals while the shot-gunners had 4,984. Primitive firearms season scored a good number of deer totaling 2,694. Figuring in non-retrieved deer and car deer collisions the total could reach higher than 15,000 deer.

Many impressive deer sporting huge antlers and weighing in at more than 200 pounds has got to say something about our deer herd in Massachusetts!

There will be plenty of deer meat for the freezer this year, but most, if not all, hunters dis guarded some of the best part of the deer which included the tongue. I was watching a hunting video this past weekend and one of he cooks explained the best way to cook the tongue. They claim it was delicious. I still think I would pass on that part of the deer for food.

This writer received another release from the Mass. Marine Fisheries on the proposed regulations for striped bass this year. It looks as though the slot limit for striped bass will happen. The commercial striped bass fishing will also be cut back along with their season, but they will still be able to take striper’s over the maximum size limit of recreational anglers. They reported that the release of striped bass by



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recreational bass anglers have a high mortality rate. The striped bass will see an 18 percent reduction for commercial anglers for 2020. No gaffing of striper’s will be allowed for recreational anglers also.

Some ice fishing by local anglers at Lake Ripple in Grafton this past weekend had some nice fish being caught. One angler showed me a nice four pound large mouth he had just caught. Close to a dozen anglers braved the dangerous ice conditions.

This past week, this writer was at Jerry’s Pro Shop in Milford and watched nine year old Lucas Bergman receive his birthday present from his dad. The excited archer was presented a new Hoyt bow for his birthday. After he was given the bow he headed for the archery range for some instruction at the shops indoor range, but not before he was given a new Hoyt hat. The young archer is part of the new generation of archers that will hopefully enjoy bow hunting for many years to come.

Take A Kid fishing And Keep Them Rods Bending!

Students named to Dean’s List at Western NE

SPRINGFIELD — Western New England University congratulates more than 730 students named to the Fall 2019 Dean’s List.

Carly Mari Phaneuf of Brimfield is working toward a BA in Secondary Ed/English.

Cole C. France of Brimfield is working toward a BSE in Mechanical Engineering/Mechatronics Concentration.

Maxfield Wyatt Phaneuf of Brimfield is exploring a degree in Arts & Sciences. Alison Aimee Fortier of Wales is

working toward a BSE in Biomedical Engineering.

Spencer McKinley Adam Cook of Fiskdale is working toward a BA in History.

Jacob John Jolin of Sturbridge is working toward a BSBA in Pharmaceutical Business.

Celebrating its Centennial in the year 2019, Western New England University is a private, independent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Western New England serves 3,974 students, including 2,629 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

Nathalia Padron Salazar named to Honors List at Fairleigh Dickinson University

MADISON, N.J. — Nathalia Padron Salazar, of Oro, Caracas, a student at Fairleigh Dickinson University’s Florham Campus in Madison, N.J., has been named to the Honors List for the Fall 2019 semester.

To qualify for the Honors List, a student must carry a 3.5 or better grade point average out of a possible 4.0 and be enrolled in a minimum of 12 letter-graded hours (four courses).

FDU’s Florham Campus is located on the former Vanderbilt-Twombly estate in suburban Morris County. Its focus is on providing outstanding on-campus and residential living opportunities, hands-on-learning experiences, strong graduate and professional school preparation, and customized educational options, all framed by a global perspective.

Devoted to the preparation of world citizens through global education, Fairleigh Dickinson University is New Jersey’s largest private university and features more than 100 liberal arts and professional degree programs, two international campuses, dozens of partnerships with internationally renowned institutions and special programs and status within the United Nations. For more information, go to www.fdu.edu.

CHURCH

continued from page A1

potatoes, carrots, macaroni and cheese, and Irish soda bread.

This casual dining event is conducted with open seating and no reservations in Paige Hall at The Publick House. Advance tickets are available from Sturbridge Federated Church members Ken Benson, Linda Misiaszek or Susan Schwartz, or they may be purchased in the church office weekdays from 8 a.m. to noon. Price of admission is \$15 for adults and \$5 for children (ages four to 12). A portion of each ticket sold benefits the Federated Church of Sturbridge and Fiskdale.

For additional information about one or both of these programs, please call the church office at (508) 347-9980.

BACKPACK

continued from page 1

the packs until they are needed.

They also talked with police to make a plan for when backpacks need to be replenished. Ella,

Amber, Isabella and Gretchen came together to complete and sustain this project, and will be

submitting a report to their service unit in order to be considered for the Silver Award, which is the highest award Girl Scouts at the Cadet level can earn.

In addition to the impact this project will have on foster children, this was also a

remarkable learning experience for the hard working girls.

Ella Reed, who recruited three fellow Girl Scouts to collaborate on this project, says, “This project has shown me that even if you have a small group and a big goal, it can still be done,” especially with the generosity and support of an entire community.

Isabella Neslusan added, “I don’t know how I would feel if all of a sudden I had to drop everything I’ve ever known and then just go to a place that I’m unfamiliar with. I

learned how to recognize the needs in the community.”

Nurse Meunier, who acted as the Project Advisor, expressed joy at the hard work that the young girls have accomplished, saying that the girls have truly shown compassion for others, since they have done so much “for

children they’ll never meet and who might not even be from our immediate community.”

The girls want to thank the PTO for their donations, and Ms. Meunier, who “was a

phenomenal help” as their Project Advisor and guided them through every step of the project.

Furthermore, the Sturbridge Girl Scout troop would like to acknowledge the wonderful support

they received from the entire Burgess Community.

“This community is really special,” says Jenn Reed. “To see a need and surround these young girls to support other children, and along the way they learned a lot of skills and lessons, the biggest of which was empathy.”

NIELSEN

continued from page A1

Trevor Nielsen has joined the office of Jeff Burdick located at 419 Main St., Sturbridge. He may be reached at 508-347-1420.

Edward Jones, a Fortune 500 company headquartered in St. Louis, provides financial services in the U.S. and, through its affiliate, in Canada. Every aspect of the firm’s business, from the investments its financial advisors offer to the location of its branch offices, caters to individual investors. The firm’s 18,000-plus financial advisors serve more than 7 million clients and care for \$1 trillion in assets under management. Visit our website at edward-jones.com and recruiting Web site at careers.edwardjones.com. Member SIPC.

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EDITORIAL

Lost time is never found again

Lately, we have been hearing an awful lot of chirping about how people are too busy these days. Too busy to catch up with extended family, too busy to grab a workout, too busy to read a book, too busy to do the things we forgot we enjoyed doing. The largest contributor to the lack of free time seems to be time spent at work. Many people in today’s world juggle two or three jobs to make ends meet. Sometimes, however, we need to make some cuts in our lives to give ourselves something more valuable than money, time. Time is a treasure.

For one, you cannot make more time. Ways to earn money will always be at your fingertips however there is never a way to create more time. There is not a spell book that has the answer to creating more hours in a day or a way to give you more years on Earth. Time is finite, and that is something we could all stand to remember.

Take a moment to think about the fact that you can do more with time off than with a day’s pay. While we all can earn a different amount of money during a shift at work, a day off is the same to all of us. During a day off, you can choose to do what you want with it. Catch up on chores, hike a mountain, catch a movie, enjoy a nice lunch or pick up your dusty guitar and remember how to play the C chord.

Memories hold more stock in our lives, than money. When we think back on our past experiences that brought us fond memories, how many of those were because of money and how many were because of another person? Travel of course costs money, or the purchase of a fancy boat, however it is the simple moments that are always the ones that count.

At the end of a person’s life, you will never hear them say they wished they had more money, however you will hear them say they wished they had more time. A good question to ask yourself if you had a short time to live, ‘Would you like \$5 million dollars or ten more years to live?’ The answer is obvious.

A survey of roughly five thousand people was conducted to back up the fact that most people prefer time over money. Most people opted to take a position with less hours and less money over long hours with a high salary. Young people, who have more time ahead of them, did choose to make more money, however this proves the point that if you have less time, you value it more.

Money changes in value every day, but time does not. Think about the price tag you would place on a three hour beach day with good friends.

Time brings us awareness and clarity, and gives us a chance to figure out the person we want to be or already are. These things cannot be bought. Sure, we need money to live, however time is what puts life, into our lives. Often, we need to get creative about how we can give ourselves more time. We must always remember to protect and prioritize our time.

OPINION

Views and commentary from Sturbridge, Brimfield, Holland and Wales

“Surviving Networking” with the Chamber of Central Mass South



The Chamber of Central Mass South offers monthly business networking events, called Fun at Five, at various local venues. These events attract from 80-100 local professionals and are great events to make connections, but what to do if the idea of networking gives you the willies? Resilience strategist and coach, speaker, and author Rita Schiano provides the answers in this lunchtime seminar titled “Surviving Networking: How to Attend a Networking Event and Live to Tell About It” on Feb. 25 at noon at the Chamber’s Sturbridge offices.

No other 10-letter word strikes more fear into the hearts of business people than networking (except, perhaps, bankruptcy). If you would rather go bankrupt than attend a networking event, then you may be on your way, for as that cliché goes, “Your network is your net worth.”

This month’s Brown Bag Seminar presented by self-proclaimed introvert Rita Schiano will offer practical tips and techniques on how to work through your networking fear, including: Managing the stress, Networking preparation, Conversation starters, Body language, and tips on how to follow-up. Rita reminds us that networking is not about handing out dozens of business cards. It’s about building relationships. This session is free for CMS Chamber Members, \$15 for non-Members. Please RSVP with a call to 508-347-2761 or email info@cms-chamber.org to save your spot.

More about Rita: Rita Schiano is a resilience strategist and coach, speaker, and founder of Rita Schiano ~ Live A Flourishing Life. A former corporate vice-president and small business owner, Rita’s leadership knowledge, strategies, and insights draw from both sides of the aisle. Organizations use Rita to help staff build resilient



leadership skills, manage stress, and improve morale. As a personal strategic coach, Rita helps clients focus specifically on their most important goals, interests, challenges, and needs. She received her Strategic Intervention Coaching Certificate from Robbins-Madanes. Rita is an adjunct professor at The American Women’s College and Bay Path University and a past Professional Member of the National Speakers Association. Learn more online at www.ritaschiano.com.

You can try out your new skills at the Chamber’s March networking event. Save the date (March 9) for Fun at Five at Baba Sushi Sturbridge with Country Bank sponsoring. Enjoy tasty treats, a cocktail, and mingle a lively crowd. You could even win some valuable prizes just for attending. Look for more details at cmschamber.org. Everyone is welcome. Please register for Fun at Five by phone at 508-347-2761. The cost is \$12 for Members who pre-register, \$15 at the door, or \$20 for non-Members. The Fun starts at 5:00pm. If you would like to find out more about Chamber membership, we are offering a Member Orientation session on March 25 at 8:30am at the Chamber’s Hall Road offices in Sturbridge. Be part of a vibrant business community and learn how membership can help grow your business. Call 508-347-2761 for more info.

The Chamber’s mission
The Chamber of Central Mass South is the leading advocate for business, promotes the success of its members, and enhances regional prosperity through networking, education, and promotion. Contact us today to find out more about the benefits of joining our dynamic organization! Follow the Chamber on Facebook at www.facebook.com/cms-chamber, on Twitter at twitter.com/ChambersofCMS and Pinterest at www.pinterest.com/cmschamber.

Can you improve your relationship with money?



FINANCIAL FOCUS
JEFF BURDICK

In your life, you will have all sorts of relationships – with your family, your friends, your co-workers, and even with civic groups and charitable organizations you support. But have you ever considered another key relationship – the one you have with money?

Of course, this type of relationship has several aspects, such as saving, spending and investing. And your fellow Americans clearly face some challenges in these areas. For example, in a recent survey by financial services firm Edward Jones, only 21 percent of respondents reported that they feel happy when thinking about saving money, while 92 percent said they see room for improvement in their financial health. Yet only one in four plan to improve their spending habits. Furthermore, just 26 percent said retirement was a top savings priority.

If you share some of these concerns, what should you do? Here are a few suggestions:

- Identify your money-related emotions. Try to recognize the emotions you feel in connection with saving and investing. Do you get nervous about spending? Does putting away money for the future give you satisfaction or not? Do you worry that you don’t know how much you should be investing, or whether you’re investing in the right way? Clearly, these types of questions can cause some anxiety – and, even more importantly, they may lead you to make poor decisions. Emotions are obviously closely tied to money – but they really should not play a big role in your spending, saving and investing choices.

- Develop a financial strategy. By developing a sound financial strategy, you can reduce money-related stress and help yourself feel empowered as you look to the future. A comprehensive strategy can help you identify your goals – a down payment on a new home, college for your children, a comfortable retirement, and so on – and identify a path toward reaching them. Your financial strategy should incorporate a variety of factors, including your age, risk tolerance, income level, family situation and more. Here’s the key point: By creating a long-term strategy and sticking to it, you’ll be far less likely to overreact to events such as market downturns and less inclined to give in to impulses such as “spur of the moment” costly purchases. And without such a strategy, you will almost certainly have less chance of achieving your important goals.

- Get an “accountability partner.” Your relationship with money doesn’t have to be monogamous – you can get help from an “accountability partner.” Too many people keep their financial concerns and plans to themselves, not even sharing them with their partners or other family members. But by being open about your finances to your loved ones, you can not only avoid misplaced expectations but also enlist the help of someone who may be able to help keep you on track toward your short- and long-term goals. But you may also benefit from the help of a financial professional – someone with the perspective, experience and skills necessary to help you make the right moves.

Like all successful relationships, the one you have with money requires work. But you’ll find it’s worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

When optimism isn’t easy

“Optimism, optimism, optimism. It’s great that you are so optimistic, but I’m just not that way. I’m a realist and I see things as they are and the facts of the situation determine if I am optimistic or not,” the email began. I’d love to be more like you but being optimistic may make you feel better in the moment, but in reality, optimism changes nothing.”

I fully realize there are more people in the world who feel this way. It’s easier to let circumstances control your attitude than to thoughtfully work your attitude to positively impact your circumstances.

The email continues. “It’s easy for you

POSITIVELY SPEAKING

BY GARY W. MOORE

to be optimistic. Your job is to sit at a desk and type a bunch of happy words into a computer and get paid for it. I’d be optimistic too of that’s all I had to do!”

I don’t think I’ve ever met the author of this email. It was sent anonymously and that’s okay. I am never offended by a response like this. I view this as a positive opportunity to help this reader and others live a more optimistic life.

It’s easy to be optimistic when everything is going your way. Things are good at work, the economy is good, your love life is positive and there is an expectation that your positive life will

not change.

Suddenly, without warning, there is a downturn in the economy and your company frantically looks for ways to cut expenses. You lose your job and your significant other becomes irritable at the change in circumstances and the uncertainty of your financial future. Circumstances can change without notice. You can choose to dwell on how unfair life is or you can find the positive opportunity buried within the negativity and move forward.

One of the only things certain in our lives is the inevitable uncertainty. Optimism, when you are on top of the world is easy, but when the future

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Expand your edible garden indoors

No matter the season, size of your garden or climate, you can inject homegrown flavor into your meals. Just clear a shelf, countertop or windowsill and get busy planting herbs, greens and even tomatoes to enjoy year-round.

For quick results, grow microgreens. These nutrient packed edibles are ready to harvest in as few as 10 days. Plant microgreen seeds in a quality potting or seed starting mix. A recycled fast food container or other shallow pot with drainage holes works well. Plant the seeds according to label directions, moisten the soil and place in a warm location. Keep the soil moist and move to a sunny window or under artificial lights as soon as sprouts peak through the soil. Then break out the scissors and start harvesting when the second set of leaves appears. Use microgreens on salads, sandwiches, soups or as a snack.

Replace those underutilized appliances cluttering the counter with an under the cabinet LED light garden like the Bamboo Mini LED Grow Light Garden. You'll be able to grow and harvest your own herbs and greens right in the kitchen for easy access. The LED lights will also help brighten the room – a welcome addition to any dreary winter day.

Purchase plants or start herbs from seeds in individual pots or a container large enough to hold several plants. Select herbs you and your family typically use for seasoning. Basil, chives, sage, parsley, and oregano are a few of the easier herbs to grow. Just harvest a few leaves or sprigs as needed for some homegrown flavor.

Boost the vitamins, minerals and fiber in your meals with leafy greens. Plant an indoor garden of leaf lettuce, spinach, arugula, baby leaf kale and beet greens. A self-watering pot with a built-in overhead light like the Gardener's Revolution® Light Garden Kit (gardeners.com) makes it easy to grow a variety of greens at the end of a counter, next to a desk or anywhere you have a few square feet of space.

Harvest greens regularly to keep the plants producing. You'll enjoy the convenience and have no excuse not to boost the flavor and nutritional value of your meals.

Reserve a space in front of a sunny window to grow a tomato or pepper plant. Expand your growing options and ensure a bountiful harvest by supplementing natural daylight with artificial lights. Start with compact tomato and pepper varieties that require less space. You will probably need to start plants from seeds when growing these vegetables outside the normal outdoor gardening season. Once the plants start flowering, you will need to lend a helping hand. Give the stems a shake for pollination and eventually fruit formation to occur.

Reduce maintenance and the mess with self-watering containers. These planters have reservoirs that hold water that moves into the soil via wicking systems. This provides the plants with a constant supply of water while extending the time between watering. Plus, the self-contained watering setup minimizes the risk of water getting on your floor.

Start plans for your indoor edible garden with a walk around your home to identify potential growing spaces. Then develop a list of favorite herbs, greens and vegetables you and your family enjoy. Match the space to your favorites and invest in plants and resources that fit your gardening goals and help ensure success. Then start growing and enjoying the benefits of fresh, homegrown produce all year long.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardeners Supply for her expertise to write this article. Her Web site is www.MelindaMyers.com.



Courtesy Photo

Self-watering planters like the Gardener's Revolution Light Garden make it easy to successfully grow a variety of greens or other edibles indoors.

Vintage Comfort Food Recipes



TAKE
THE
HINT

KAREN
TRAINOR

If your mouth's been watering for baked beans like grandma used to make, if you just can't seem to get the recipe down pat for Aunt Ellen's heirloom pickles, or even if you simply yearn to cook up an old fashioned feast, then perhaps the answer to your food fantasies are as close as a vintage cookbook. Cookbooks of the past provide a peek into yesterday's kitchen. From historical dishes to childhood desserts, the following recipes recall simpler times when food was real, comforting, and made from scratch.

**

The Boston Cooking School Cookbook (Farmer, Fannie Merritt. The Boston Cooking-School Cook Book. Boston: Little, Brown, 1918)

Fannie Merritt Farmer was credited with standardizing measures for recipes. Until her Boston Cooking School Cook Book came out in 1896, must recipes called for "a pinch" or "egg sized" portions. She has been credited with singlehandedly revolutionizing recipes. One of her most popular recipes is this one for authentic Boston Baked Beans. Note that she has added helpful notations at the end of the recipe.

Boston Baked Beans

Pick over one quart pea beans, cover with cold water, and soak over night. In morning, drain, cover with fresh water, heat slowly (keeping water below boiling-point), and cook until skins will burst,—which is best determined by taking a few beans on the tip of a spoon and blowing on them, when skins will burst if sufficiently cooked. Beans thus tested must, of course, be thrown away. Drain beans, throwing bean-water out of doors, not in sink. Scald rind of three-fourths pound fat salt pork, scrape, remove one-fourth inch slice and put in bottom of bean-pot. Cut through rind

of remaining pork every one-half inch, making cuts one inch deep. Put beans in pot and bury pork in beans, leaving rind exposed. Mix one tablespoon salt, one tablespoon molasses, and three tablespoons sugar; add one cup boiling water, and pour over beans; then add enough more boiling water to cover beans. Cover bean-pot, put in oven, and bake slowly six or eight hours, uncovering the last hour of cooking, that rind may become brown and crisp. Add water as needed. Many feel sure that by adding with seasonings one-half tablespoon mustard, the beans are more easily digested. If pork mixed with lean is preferred, use less salt.

The fine reputation which Boston Baked Beans have gained has been attributed to the earthen bean-pot with small top and bulging sides in which they are supposed to be cooked. Equally good beans have often been eaten where a five-pound lard pail was substituted for the broken bean pot.

Yellow-eyed beans are very good when baked.

**

What Mrs. Fisher Knows about Old Southern Cooking: Soups, Pickles, Preserves, Etc. (Women's Cooperative Printing Office, San Francisco, 1881)

Abby Fisher was a former Alabama slave who couldn't read or write but was an expert cook. Her talents made her a repeat recipient of blue ribbons at county fairs. Her pickles and jams took first prize at the San Francisco Mechanics Institute Fair in 1880. The next year she transcribed her recipes from memory and the cookbook "What Mrs. Fisher Knows about Old Southern Cooking" was published. This recipe, which is one of the 160 in the book takes a lot of time, but like most great Southern foods, it is likely well worth the effort!

Sweet Watermelon Rind Pickle

Take the melon rind and scrape all the meat from the inside, and then carefully slice all the outside of the rind from the white part of the rind, then lay or cover the white part over with salt. It will have to remain

under salt one week before pickling; the rind will keep in salt from year to year. When you want to pickle it, take it from the salt and put into clear water, change the water three times a day—must be changed say every four hours – then take the rind from the water and dry it with a clean cloth. Have your vinegar boiling, and put the rind into it and let it lay in vinegar four days; then take it from the vinegar, drain, and sprinkle sugar thickly over it and let it remain so one day. To make syrup, take the syrup from the rind and add eight pounds more sugar to it, and put to boil; boil till a thick and clear syrup. Weigh ten pounds of rind to 12 pounds of sugar; cover the rind with four pounds of it and make the syrup with the remaining eight pounds. While the syrup is cooking add one teacupful of white ginger root and the peel of three lemons. When the syrup is cooked, then put the rind into the boiling syrup, and let it cook till you can pass a fork through it with ease, then it is done. When cooled, put in

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MOORE

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is uncertain and your outlook is dire, it's difficult to find and optimistic person. When your optimism is needed most, that's when it's harder to muster.

Controlling your attitude and outlook is difficult for most people. They allow circumstances to determine their outlook. As their attitude plummets, so does their optimism.

Optimism properly applied is a way of life, not a here now, gone later state of mind that is controlled by external forces. It is your optimism that will guide you to a positive future.

In 2004, I was CEO of a company that was growing, thriving and providing great products and services to the incredibly stable housing market. Life was good. It was easy to be optimistic.

I've told you this story before, but with encouragement from family and friends, I decided to write a book about my father's experience in baseball and war. Once completed I began my

search for a publisher. My first rejection came quickly, followed by the second and third ... then the eleventh, twenty-seventh, forty-ninth, sixty-third and seventy-fourth. After seventy-four rejections what did I do? I submitted it a seventy-fifth time and it sold. A reviewer said "Playing with the Enemy" became a surprise hit. A surprise to others, but not to me. I was always optimistic I would find a publisher and the book would succeed. I've since then written two more and have a fourth ready to go.

So, in 2006, I was still CEO of a company and a part-time author. Less than eighteen months later, a massive implosion of the housing market destroyed my company, left me out of work. I lost almost everything. I was depressed for a few days, then I clicked my optimism back on and evaluated my opportunities. It appeared that in the midst of the Great Recession, my chances of landing a corporate position were bleak. I didn't have the resources to start a new business, so I decided I'd write for a living. I published two more books and began writing this

column. It's been a long road. My column is still expanding its reach and I continue to write more books but, deciding to write full-time was a risky decision that mustered all the optimism and positive energy I could find.

Here's my point. If you allow your circumstances to determine your optimism ... you have no optimism. You are a bobber floating in the water. The weather and tide will determine your fate. Optimism allows you to think past your current disaster. Your belief something better is coming encourages you to create the plan to make it so. As I say almost every week ... "If you believe nothing better is possible, why would you try?"

Optimism in the worst of times, leads you back to the best of times.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.garywmoore.com.

2020
VISION

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BAY PATH ADULT EVENING SCHOOL

Wine Country Pacific Coast Cruise 9 days/8 nights April 6-14, 2020
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Lori Douthwright 508-248-5971 X1715

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For a brochure and complete itinerary please contact
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For a brochure and complete itinerary please contact
Lori Douthwright 508-248-5971 X1715

Montreal & Quebec Getaway
4 Days/3 Nights August 18-21, 2020
What's Included: Roundtrip motor coach, 2 nights lodging – Marriott in downtown Montreal, 1 night lodging – Quebec City, four meals (4), 5 meals, guided tours each day and more!
\$849pp Double Occ. - \$1159 pp Single Occ.
For a brochure and complete itinerary please contact
Lori Douthwright 508-248-5971 X1715

CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy - Please call 978-424-7010
Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center
Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

DUDLEY SENIORS

Dudley Seniors present a Pigeon Forge and the Smoky Mountains Show Trip. It will be 7 days and 6 nights from Sept. 20, 2020 through Sept. 26, 2020. The price per person/ double occupancy is \$689 and will include motorcoach transportation from Dudley, 6 nights lodging, 10 meals, admission to Titanic: the world's largest museum attraction, 2 dinner shows, 2 evening shows, one morning show, free time in downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

The Friends of the Sturbridge Seniors are happy to offer the following 2020 Trips to the General Public. Beginning on Thursday March 12th, join us as we travel by Deluxe Motorcoach on an approximately 60 minute ride to the Fabulous Venus DeMilo in Swansea, Ma. To see Ireland's Most Exciting Young Tenor, Emmet Cahill. Emmet is the Star of PBS Phenomenon Celtic Thunder. Hear Emmet perform many of the Irish Classics as well as some of your Favorite Broadway Hits. He will be joined by the Emerald String Quartet, who are four young Ladies creating the Sweetest Sounds from their String Instruments. And let's add the All Male Dublin City Dancers who will shake up the Audience with their high stepping dance numbers. For 92.00 everyone will have a Plated Lunch of Corned Beef and Cabbage or Baked Haddock, Venus DeMilo's Famous Minstrone Soup, Vegetables, Breads, Dessert, Coffee and Tea, Bus Transportation and this Fabulous Show.

On Thursday, July 16, come with us for a Lobster Bake at Foster's Clambake in York, Me. For 99.00 enjoy a 1 1/4 Boiled Lobster, Clam Chowder, Steamed Mussels, Fresh Steamed Maine Clams, Corn on the Cob, Potatoes and Onions, Blueberry Cake and a Beverage. Also available is 1/2 Barbecued Chicken in place of the Lobster. Now let us add the Ultimate Jimmy Buffett Tribute Show featuring Jimmy and the Parrots. They are the most requested Jimmy Buffett Tribute Band in the Country and they were also nominated as Band of the Year by Trop Rock Entertainer. Hear them play the favorite songs of Jimmy Buffett as well as songs by The Beach Boys, Paul Simon, Harry Belafonte, Bob Marley and many others. Included is Deluxe Motorcoach Transportation, Lunch and the Show.

On Tuesday August 18 to Friday August 21st, have your Passport ready for a Spectacular 4 Day/3 Night Motor Coach Roundtrip visit to Beautiful Montreal and Quebec Canada. For 849.00 pp Double or 1159.00 pp Single Occupancy. Included are 3 Nights Hotel Lodgings, 4 Meals, touring as described in your travel Brochure, Best of Times Travel Tour Director and all gratuities except Motorcoach Driver. gratuity are included. In Montreal take in a guided visit of Norte-Dame Basilica, the Botanical Gardens, the Biodome, enjoy time at Montreal Casino plus even more. In Quebec, visit the Basilica of Saint-Anne de Beaupre, Montgomey Falls, guided Tour of the beautiful Citadelle featuring the Changing of the Guard, the Royal Regimemnt Museum plus some Free Time to enjoy Quebec on your own.

On Thursday August 20th, get ready for the 10th Anniversary Tour of The Texas Tenors. These 3 very Handsome, Classically Trained Men have performed over 1300 Concerts with Headliner Shows in Las Vegas, China, the United Kingdom and accumulated 3 EMMY AWARDS. The Texas Tenors will sing many of the Broadway Show Classics as well as many of your favorite Pop Songs. They were honored to be included among the Top 50 Acts in the World. This could be the Best Concert that you will see this year. We are traveling approximately 60 minutes to the Venus DeMilo in Swansea, Ma. For 99.00 included is Deluxe Motorcoach Transportation, Plated Lunch of either Chicken Parmesan or Baked Scrod, Venus DeMilo's Famous Minnestrone Soup, Vegetables, Breads, Dessert, Coffee and Tea.

We had 34 people travel to the Pennsylvania Dutch Country 3 Day/2Night Trip this past December and they had such a Great Time that many of them asked to go back again this September 23-25th. We will see the New Show “Queen Esther”. One of the very most riveting Bible Stories of the

Old Testament that comes to life in the Magnificent Sight and Sound Theater which incorporates Live Animals, Social Effects and Jaw Opening Stage Sets. Ask anyone who has seen a Show at the Millenium Sight and Sound Theater and they will tell you this is a Must See. in your lifetime. Now let's add a 2nd Show called “Saturday Nigh Fever” at the Dutch Apple Dinner Theatre, a Backcountry Tour of the Dutch County Farmlands, enjoy your luck at the Sands Casino and more. Prices are 499.00 pp Double and 599.00 Single Occupancy and include 2 Nights Lodging, 4 Meals, Tickets to the 2 Shows,

Touring as Described and Tour Director Gratutites. Last years Trip sold out early so don't get left behind
Have you ever thought about visiting Nashville? Come along on a 4 Day/3 Night Trip December 4th -7th. Included are Roundtrip transportation to Logan Airport, Roundtrip Airfare to Nashville, 3 Nights of Premium Lodging, 7 Meals including a Sunday Brunch, An Exclusive Dinner Show featuring the Oak Ridge Boys, Ticket and Show at the Grand Ole Opry, plus a Tour of the Grand Ole Opry, Admission to Country Music Hall of Fame, a River Cruise aboard the General Jackson Showboat, Tickets for a Holiday Show at the Opry House, Admission to ICE at Gaylord Opryland, a visit to Historic Studio B and a Guilded Tour Of Nashville. WOW!! Prices are 1949 pp Double and 2349 pp Single Occupancy which includes Tour Guides and Bus Drivers Gratuities as well.

For additional information on these Wonderful Trips, please contact Linda Fortier at 508 347 1452 or by email at bestoftimes2020@aol.com

LEICESTER SENIOR CENTER

For trip information and reservations, please call Joan Wall at (508) 892-3967.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

*USA: Wonders of Northern California Redwoods, Oregon & Washington: August 3-15, 2020
*Spain & Portugal: Sept.9-23, 2020

*Galapagos Islands: Jan 4-13, 2021 *Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

*Alaska (land and cruise): early August, 2021

PAXTON SENIORS

Area Seniors are Planning Another Wonderful Trip

Our adventure will be an 11 day trip: River cruise on the Danube River plus couple of days on land. The trip begins on Thursday, Oct 8, when we will fly out of Boston.

Some details: 11 days- 24 meals, 7 day cruise on the Danube and 2 nights in Fussen(near Munich) Oner local tour from the Ship are included in each port. We fly into Budapest, Hungary and fly home from Munich.
Transportation from Paxton to and from Logan is included.
Four countries – Hungary, Slovakia, Austria and Germany

Cruise from Budapest to Passau, then coach to Munich/Fussen.

This is a wonderful trip and we sincerely hope that you can join us on December 3 and especially next October.

Bob Wilby, 508-792-4662 or rwilby@charter.net

Please call or email me if you plan to come to the December 3 informational meeting.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.
Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS TRIP SCHEDULE FOR 2020

March 24, 2020 – Tuesday – Mohegan Sun \$30 - 10 - AM bus.
You will have a deluxe motor coach

ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher. Filling up fast

May 19, 2020 – Tuesday – Foxwoods \$30 - 8 - AM bus.

This one is for the bingo players and all others that want to go. You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 2 PM.

You will receive \$10 for gaming and a buffet meal voucher.

September 15, 2020 – Tuesday – Mohegan Sun \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

October 13th - 20th 2020 – ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip. This is an all-inclusive trip – all flights, transfers, meals plus snacks, nightly entertainment, and alcohol included.

November 12, 2020 – Thursday – Foxwoods \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

PAYMENTS DUE AT SIGN UP

Trips are open to the public!
Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jim-trips@yahoo.com

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. “Like” us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2020
Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center is offering the following bus trips for 2020.

April 16, 2020 - Magic Wings Butterfly Gardens and Yankee Candle with lunch at the Golden Corral w/Fox Tours - \$71.
April 27-29 Penn Dutch w/the new show Queen Esther at Sight and Sound -- (trip is full, sign up for the waiting list)- \$459.
May 4 -- Granite State Chocolate and Wine Tour with lunch at Warren's Lobster House - Fox Tours - \$91.
May 9 - Albany Tulip Festival w/Conway Tours -\$115.
June 1 - Plymouth cruise on Pilgrim Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91
June 26 - July 3 -- Atlantic Canada w/Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 3 seats left - \$1899.
Aug. 30 - 31 - Saratoga Racetrack w/Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and drive up Prospect Mountain - \$329.
Sept. 16 -18 - The Hamptons w/ Conway - Three day trip w/4 meals, guided tour of the “Rich and Famous,” winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag harbor, etc. - \$579.
Oct. 6 -- Green Mt. Railroad w/Fox Tours -- \$101.
Nov. 19 -- Newport Playhouse w/Fox Tours - \$101.
Dec. 7 & 8 -- Equinox Resort and Hildene, VT w/Conway Tours. Two day trip with elegant dinner & piano entertainment, breakfast, tour of Hildene, chocolate tasting, etc. \$379.

Please call Sue at 508-476-5820 for more information or to be put on the emailing list.

TRAINOR

continued from page A9

jar or bottles with one pint of vinegar to one quart of syrup, thus the pickles are made. See that they be well covered with vinegar and syrup as directed."

**

"Ruth Wakefield's Toll House: Tried and True Recipes" (M. Barrows & Company, New York, 1941)

Ruth Wakefield ran the Toll House Inn in Massachusetts. While her claim to fame was the invention of the chocolate chip cookie in 1930, Ruth created many other memorable dishes for her diners. One of these favorites is the English Cheese Soup recipe below.

Toll House Old English Cheese Soup

Melt one half cup butter. Add four tablespoons flour, one teaspoon salt and one half teaspoon pepper. Blend well

and add four cups milk. After thickening well add 1 1/2 pounds Old English or a yellow snappy cheese; 1 1/2 tablespoons Worcestershire sauce; and 1/2 teaspoon paprika

If too thick, thin to desired consistency with hot milk. Serve with crumbled crisp bacon sprinkled over the top of soup or a garnish or shredded boiled eggs.

**

"First Ladies Cook Book: Favorite Recipes of All the Presidents of the United States," Parents' Magazine Press, 1965.

When this cookbook came out in 1965 housewives everywhere scrambled to make dishes fit for a President. This recipe for Johnny Cakes was said to be William McKinley's favorite.

Johnny Cakes

Ingredients: 1/3 cup granulated sugar; one egg; one half stick butter, melted

(no substitution); 3/4 cup yellow corn meal; one teaspoon salt; one teaspoon soda; one cup sour milk (modern milk spoils, but won't "sour" so substitute buttermilk.); one cup flour; butter or lard for greasing the griddle

Directions: Mix sugar, egg and melted butter together. Blend corn meal and salt together, then stir into egg mixture. Stir soda into milk. Add white flour alternately with the milk, a bit at a time, blending to make a smooth batter. Allow mixture to stand in a cool place about 30 minutes to "lighten."

Heat a greased griddle or heavy skillet until a few drops of water will "spit" and bounce off the surface. Spoon or pour the mixture onto the hot griddle, using up to 1/4 cup at a time. Brown pancakes on each side, (turning only once), about 1 minute per side. Don't overcook. Serve hot, with more melted butter, maple syrup, honey or jam.

**

Win Dinner for Two at the Publick House

Your tips can win you a great dinner

for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



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SPORTS

Tantasqua's Boland becomes school's first female 1,000-point scorer



Ken Powers photo

Tantasqua's Lydia Boland, posed alongside head coach Tom Goyette, became the school's first female 1,000-point scorer when the Warriors took on Nashoba Regional last Friday, Feb. 14.



Nick Ethier photos

Senior Night saw family members celebrate with Tantasqua's Lydia Boland before the Warriors took on Nashoba Regional.

BY KEN POWERS
SPORTS CORRESPONDENT

STURBRIDGE — History. That's what high school basketball fans at the Tantasqua Regional Field House witnessed on Valentine's Day as Warriors' senior Lydia Boland became the first female in school history to score 1,000 points in her career.

Already the school's all-time leading scorer, Boland entered Tantasqua's Senior Night game with Nashoba Regional needing 16 points to hit the career milestone and 16 is the exact total the 5-foot-6 shooting guard finished with against the Chieftains, who won the game 45-30.

Career point Nos. 999 and 1,000 came with 5:49 remaining in the game and came on a sig-

nature Boland move. Moving left-to-right parallel to the free throw line she suddenly cut sharply into the lane, headed for the basket.

Boland picked up her dribble about five feet from the basket, faked a pass to a teammate in the right corner — causing her defender to take a step in that direction — and then went strong to the hoop, laying the ball off the glass and in.

"It's fitting Lydia scored her 1,000th on a nice slash move to the basket," said Tantasqua head coach Tom Goyette, who watched the historic moment unfold standing in his usual spot in front of the Warriors' bench. "That's just one of the many ways she scores for us. Lydia can also hit the 3 and she is also a great free throw shoot-

er. It was an exciting moment to be a part of. I'm very proud of her."

Before the ball even hit the floor, the entire Tantasqua bench exploded in cheers and screams of joy and rushed onto the court. The team formed one giant group hug with Boland disappearing into the middle of it.

The game was stopped for about four minutes while Boland posed for a picture on-court with her team and a 1,000-point poster, and she also went across the court and into the stands briefly to give mom and dad a kiss and a hug.

After the game Boland, who has been pushing herself to get to 1,000 all season, expressed relief that the moment had finally materialized.

"It's such a relief to have finally reached this goal that I've been working for these four years," Boland said. "As soon as I hit the shot I felt like this giant weight I've been carrying around the last couple of weeks had suddenly been lifted off my shoulders."

"I'm super proud of having accomplished this, but I'm super proud of my entire team, too," Boland continued. "It's not just my effort that made this happen; it was a total team effort. The passing, the defense, everything goes into reaching a milestone like this and everyone on the team has a hand in it."

After the game the crowd waiting to personally congratulate Boland and have a quick moment with her included her older sister Emma, a soccer, basketball and track standout at Tantasqua who graduated in 2016.

"I'm very proud and very happy for her," said Emma Boland, who admitted she did give her younger sister one piece of advice heading into the Nashoba game. "I just told her to go out and play her game and remember that it's just a game. She went out and did what she does. She deserves this. She's a hard worker. She wanted it, she went for it, she got it."

Boland passed Rachel Turkington (971 career points) and Ashley Braun (969 career points) on Tantasqua's all-time

scoring list earlier this season.

"We don't have a banner in the gym listing the 1,000-point scorers like some other schools do, so I came into this not knowing that no girl had scored 1,000 points in school history," Lydia Boland said. "Once I found that out, I certainly did want to be the first girl to score 1,000, but, seriously, it wasn't about the title. It was about the accomplishment of doing it and seeing how I've grown over these last four years."

Tantasqua principal Michael Lucas said he thought the milestone and Boland are a perfect fit.

"This is such a deserving honor for such a great kid. It's so fitting that Lydia is the first female basketball player in school history to score 1,000 points," Lucas said. "She is a great basketball player, but she is so much more than a basketball player to us. Lydia is one of our AP students and she works very hard academically. She also gets along with her peers and is respected by her teachers. We could not be prouder." And now with the 1,000-point milestone in the rearview mirror, Tantasqua can focus on the upcoming Western Mass. Division 2 Tournament. The loss to Nashoba slipped the Warriors' record to a still-strong 15-3 as they played in the Westborough Invitational Tournament before District seedings were announced.



Lydia Boland of Tantasqua blows by Nashoba defender Shauna Curran on her way to the basket.



Lydia Boland of Tantasqua goes in for a hug with a teammate while getting introduced as part of the Senior Night festivities.



Tantasqua's Lydia Boland releases a 3-pointer from the right-side corner of the court.

SPORTS

Under odd circumstances, Rockets tie North Middlesex to take Dana Willard Memorial Tournament



Auburn's Nic Spanos skates by a North Middlesex defenseman and toward goalie Thomas Kelly.

Nick Ethier photos



Auburn's Nolan White dumps the puck down the ice.



Joe Valone of Auburn attempts to chase after the puck following a faceoff.



Auburn's Joel Miller dangles past a diving North Middlesex defender.



Zach Schirm of Auburn stick-handling the puck down the ice and into North Middlesex's defensive zone.



Caleb Bartlett of Auburn attempts to block a shot taken by a North Middlesex player.

BY NICK ETHIER
SPORTS STAFF WRITER

AUBURN — Way back on Saturday, Dec. 14, Horgan Arena hosted the first round of the Dana Willard Memorial Tournament. First up, East Longmeadow High's boys' varsity ice hockey team defeated the Worcester co-op, 2-1. Then, in the nightcap, the Auburn High co-op (along with Millbury High, Tantasqua Regional and Shepherd Hill Regional) played the first period against North Middlesex Regional and trailed 1-0. Then, between periods, the Zamboni hit a door and broke it, making the rink unusable.

"What are you going to do? Things happen like that," Rockets' head coach Glen Bombard said.

So, on Wednesday, Dec. 18, Auburn defeated East Longmeadow 3-1 and Worcester took care of North Middlesex 7-1.

Then, on Saturday, Feb. 15, the tournament finally came to a close when the Rockets hosted North Middlesex. The game started back up with Auburn trailing the Patriots 1-0 in the second

period. But thanks to a goal by Shawn Bradway with 7:54 to play in the third period, the Rockets rallied to tie the game at 2-2.

That tie gave Auburn the Dana Willard Memorial Tournament title, as they finished 1-0-1 in the two games. East Longmeadow and Worcester both went 1-1, while North Middlesex finished 0-1-1.

"We had the best record in the tournament. We were the only ones that didn't lose, everybody else lost a game," explained Bombard.

Auburn's Joel Miller was named Tournament MVP after registering two points against East Longmeadow and grabbing another point on an assist versus North Middlesex.

Bombard was pleased with the Rockets' two periods of play, which also saw Dillon Winkelmann tie the score at 1-1 in the second period.

"We had some opportunities tonight. For two periods I thought we played pretty well," he said.

Winkelmann's goal came shorthanded as Auburn had three penalties in the second period, all of which were successfully killed off. Nic Spanos assisted on Winkelmann's tally. Spanos carried the puck into the zone and fed a pass to Winkelmann's stick on the right point. From there, Winkelmann blasted a slap shot past Patriots' goalie Thomas Kelly.

North Middlesex (5-8-4) took a 2-1 lead early in the third period on the

power play when Nick Miller and Caleb Amidon assisted on Jimmy O'Keefe's goal.

The resilient Rockets then tied it up on the power play when Joel Miller gave a pass to Spanos, who then went behind Kelly's net and found an open Bradway in the slot. His shot then got past Kelly for the equalizer.

That gave Auburn the tournament title in back-to-back years for the first time in school history.

Despite the accomplishment, the Rockets' record stood at 6-10-2 as they will miss the upcoming Central Mass. Division 3 Tournament for the first time in four years.

"That's our ultimate goal," Bombard said of trying to qualify for District play. "We just struggled putting the puck in the net."

Auburn lost 13 seniors from a year ago and will lose another 12 this spring, but Bombard enjoyed this season despite the sub-.500 record.

"Overall it was a great year, had a lot of fun with these guys," he said. "Probably the hardest working team I've ever had. They stuck together all year and just kept working. They never quit, they just lacked putting the puck in the net."

"I'm thrilled, I really am," added Bombard. "I had a lot of fun this year. I know they did, and we all worked hard together. We all wanted the same thing, unfortunately we fell a little short."

SPORTS BRIEF

Team Mass Boys AAU Basketball to hold tryouts

Team Mass Boys AAU Basketball will hold tryouts on Saturday, Feb. 29 at Brookfield Elementary School (37 Central Street). Age breakdowns are as follows: Grades 4-6, 10-11:15 a.m.; Grades 7-8, 11:30 a.m.-12:45 p.m.; Grades 9-11, 1-2:15 a.m. If a varsity player is in Districts, it will be a sign up only. Births will only sign up on Feb. 29 and try out on a later date. Please bring a birth certificate, a \$20 tryout fee and arrive 15 minutes early. In case of inclement weather visit www.teammassboys.com and www.teammassgirls.com for more information. Coaches and assistants are always needed.

OBITUARIES

Judith Ann Volungis, 76



STURBRIDGE-
Judith Ann
(L a p e r r i e r e)
Volungis, 76, passed
away on Monday,
Feb. 10th, in her home
surrounded by her
family after a long ill-
ness.



She leaves her
husband of 54 years,
George B. Volungis;
her son, Adam M.
Volungis and his
wife Yeonjoo Son of
Rutland; her beloved
grandson, Kai
Volungis; her two sis-
ters, Edith Logan and
Emma Levitre, both of Millbury; and
nieces and nephews. She was prede-
ceased by her two brothers, Kenneth
Laperriere and Chester Bassette and
her two sisters, Doris Army and Pearl
Smith. She was born in Worcester the
daughter of George and Emma (Plouffe)
Laperriere. She was a graduate of
Worcester Junior College.

Judy was a bookkeeper for Dupont
Enterprises in Webster for over

20 years, retiring several years
ago. In recent years she sold crafts
at the Sturbridge Flea Market in the
Sturbridge Market Place. She enjoyed
reading, eating out, watching “Murder
She Wrote”, and taking trips to Maine.
Most of all she cherished her time with
her grandson Kai.

Judy was a woman of integrity and
was self-driven to improve herself, a
quality she imparted to her family. She
was a strong, dependable and loving
wife, mother and grandmother.

Her funeral was held on Friday, Feb.
14th, from the Daniel T. Morrill Funeral
Home, 130 Hamilton St., Southbridge,
with a Mass at 10:00am in St. Anne’s
Church, 16 Church St., Sturbridge.
Burial will be in St. Anne’s Cemetery,
Sturbridge. Calling hours in the funer-
al home were held on Thursday, Feb.
13th, from 6:00 to 8:00pm.

In lieu of flowers donations may be
made to the Colon Cancer Foundation,
10 Midland Ave.,

Suite M06, Port Chester, NY 10573 or
online at www.coloncancerfoundation.org.

www.morrillfuneralhome.com



STURBRIDGE-
Karl F. Nauman, 61,
passed away peace-
fully with his loving
family by his side
on Friday, Feb. 14th,
after an illness.

He leaves his best
friend and love of
his life, Christine E.
(Smola) Nauman; his daughter, Nicole
M. Nauman of Swampscott; a son, Kyle
L. Nauman of Easthampton; three
brothers, David Nauman and his wife
Donna of Wilbraham, Jon Jeff Nauman
of Springfield, and Brian Nauman and
his wife Laurretta of Ohio; his sister,
Sharon Villanueva of Nova Scotia;
many nieces and nephews; and his
beloved Golden Retriever, Yukon.

Karl was born in Springfield, the
son of the late LeRoy and Marie
(Morneau) Nauman. He graduated from
Minnechaug High School in Wilbraham
and went on to receive his bachelor’s
degree in Environmental Science and
Chemical Engineering from UMass
Amherst. Karl was employed as an
Operations Supervisor for WhiteWater
of Charlton, and he owned and operat-
ed Environmental Waste Disposal and

K.F.N. Construction Management, Inc.
of Sturbridge. He enjoyed hunting and
fishing and was a lifetime member of
North American Hunting Club. Karl
loved his yearly trips to the Caribbean
with his wife and children. In his
younger years, he enjoyed riding ATVs
and dirt bikes with his brothers. Karl
was a true family man and cherished
his time with family and friends. He
deeply loved his wife Christine of 37
years, who he referred to daily as his
“Pretty Lady.” Karl had a great sense
of humor, was an amazing storytell-
er, and touched the lives of so many.
He was a loving husband, father, and
friend, and he will be missed by all who
knew him.

His family would like to thank the
doctors, nurses, and staff in the ICU at
UMass for all their care and compas-
sion.

Karl’s funeral service will be held
on Saturday, Feb. 22nd at 2 p.m. in
the Daniel T. Morrill Funeral Home,
130 Hamilton St. Southbridge. Calling
hours in the funeral home will be held
on Saturday, Feb 22nd from 11 a.m. to
2 p.m. prior to the service. Burial will
be private.

www.morrillfuneralhome.com

CALENDAR

Saturday, Febraury 29

TASTE OF THE TOWNS: 6-8 p.m.,
St. Joseph’s Church Hall, 10 H Putnam
Road Ext., Charlton. An opportunity to
sample the delicious food and beverages
offered at local restaurants with your
friends and neighbors presented by the
Charlton REAS Foundation. For more
information or tickets, please call (508)
868-5289 or visit reascharlton.org.

Sunday, March 1

HERE TODAY ADOPTED
TOMORROW ANIMAL SANCTUARY
“SPAY”GHETTI SUPPER: 4:30-6 AND
6:30-7:30 p.m., Brimfield Congregational
Church, Route 20. Tickets are avail-
able online or by calling the shelter.
Menu includes spaghetti, macaroni
and cheese, salad, bread, dessert, and
drinks. Gluten free options available.
Take-out available. Tons of raffles too!
Please visit our Web site at www.here-todaysanctuary.org for more infor-
mation or call (413) 324-8224.

Saturday and Sunday, March 7 & 8

LIBRARY MINI-GOLF: Saturday
10:30 a.m.-4:30 p.m. and Sunday 12:30-4
p.m., Joshua Hyde Library, 306 Main
St., Sturbridge. A mini-golf course will
weave through the Sturbridge library
with 16 unique holes. Some fun holes
are repeated each year, but there are
always new challenging ones. Friends
of the library, library staff and com-
munity organizations including Tantasqua
students, the Center of Hope, Girl and
Boy Scout troops show their creativity
in developing fun holes for golfers of all
ages. \$5 per person, \$20 maximum per
family. More information and photos at
www.sturbridgeliibraryfriends.org.

Saturday, March 7

CHARLTON LIONS CLUB MEAT
RAFFLE: The Charlton Lions are host-
ing our famous Meat Raffle being held
Saturday, March 7 at the Heritage Golf

Course at 85 Sampson Rd. in Charlton.
There will be six tables of beef, pork and
poultry to be won. The raffle begins at
Noon with early bird tickets available to
those who arrive before 1 p.m. A lunch
menu is available. So, come share a
great afternoon of fun! For more infor-
mation, please email thecharltonlions@gmail.com. It’s a great way to start 2020
with filling your freezer with meat from
Fairway Beef!! And remember...100 per-
cent of what we raise goes back to the
community. The Charlton Lions thank
you for your continued support!

Sunday, March 8

EASY FULL MOON WALK ON
BUFFUMVILLE DAM: 6:30 p.m.,
Buffumville Lake, 48 Old Oxford Rd.,
Charlton. Bring the whole family for a
leisurely one-mile roundtrip walking
tour of Buffumville Dam. If the weather
is 75 percent or more cloudy, snowing
or raining, we’ll do a tour inside the
dam instead. Dress for the weather.

Friday, March 13

SECOND ANNUAL BAKED
POTATO BUFFET: 4:30-6:30 p.m.,
Federated Church of Sturbridge and
Fiskdale, Fellowship Hall, 8 Maple St.,
Sturbridge. The buffet includes a baked
potato with a variety of toppings, cof-
fee, tea, or juice. Assorted desserts are
also for sale. Advance tickets available
from church members or at the church
office, (508) 347-3915. Tickets are \$6 per
person; children six and under \$4. Take-
out orders are available.

Saturday, April 4

“ROARING ‘20S MOM PROM: The
MOMS Club of Charlton Area will
host “A Roaring ‘20s” Mom Prom on
Saturday, April 4, from 6 to 11 p.m. at
the Auburn South County Worcester
Elks #2118, 754 Southbridge St. (Route
12), Auburn. This evening of dinner and
dancing will benefit two organizations,
the John Paire Student Support Fund,
which helps kids in the Dudley-Charlton
Regional School District have access

to a well-round-
ed educational
experience, and
the Kennedy-
Donovan Center
of Southbridge, a
nonprofit organiza-
tion in Southbridge
that supports peo-
ple with devel-
opmental delays,
disabilities or
family challenges.
Grab your spouse,
friends and family
members, and join
the MOMS Club for
the second annual
Mom Prom. It’s not
just for moms, but
all guests must be
21-plus. Early-bird
tickets are \$45 per
person until Feb.
14 and \$50 per
person after that
date. The MOMS
Club, a chapter of
the International
MOMS Club, is a
nonprofit group that provides

support for stay-at-home and work-
ing mothers. Membership is open to
moms in Charlton, Dudley, Webster
and Southbridge. For additional infor-
mation about the Mom Prom or the
club, please email charltonmoms-club@gmail.com, or purchase tickets
at <http://bit.ly/MOMPROM2020>. The
Mom Prom name and logo are regis-
tered trademarks of founder Elizabeth
Crapps and used under license.

ONGOING

THE STURBRIDGE FARMER’S
MARKET is held every Sunday through
Oct. 6 from 9 a.m. to 1 p.m. on the Town
Common.

CHARLTON AMERICAN LEGION
POST 391 meets every fourth Monday
of the month at 7 p.m. in the Charlton
Grange Hall. All veterans are welcome.
We’d love to see you. We sponsor Boy
Scout Troop 165, as well as three Boys
Staters & assist young men interest-
ed in attending the State Police sum-
mer school. We also assist the Charlton
Little League financially, as well as
other things such as veteran’s wakes &
funerals. There’s plenty we can still do
to help our community.

WOMEN’S BASKETBALL: Please
come join us for a fun evening of exer-
cise and basketball at the Heritage
School gym in Charlton. We play pickup
basketball from 7-9 PM every Monday
evening from September to June based
on the school schedule. There are no
set teams and participation is free for
women 18 years and older. Please con-
tact Deb at 508-248-3600 for more infor-
mation.

Pilgrimage to Italy, Holy Land, and
Medjugorje

St. Joseph’s Church in Charlton is
sponsoring a Pilgrimage Sept. 29- Oct. 9,
2019 to Italy, Holy Land, and Medjugorje
with Fr. Robert Grattatori. The cost is
\$4,599; 11 days includes 4-5 star hotels,
airfare, luxury transportation, and
breakfast/dinner daily. A \$500 deposit
is due at the time of registration. Please
contact parishioner Dr. Karen Zaleski
for trip details at karenzaleski42@gmail.com or you may call Proximo
Travel directly for information and to
register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER’S SUPPORT GROUP:
First and third Thursday of each
month, 2:30-3:30 p.m., Vista Adult Day
at The Overlook. Loved ones welcome
to join Vista Program with prior screen-
ing. Contact Kathleen Walker at (508)
434-2876.

Grief Support Group: at Overlook
Hospice, Charlton: Have you recently
experienced the loss of a parent, child,
sibling, friend or spouse? We are here to
help. Join a safe, supportive and caring
group to share your stories and support
others who are learning to live again
after the death of a loved one. Drop-in
group for adults meets on the second
and fourth Wednesday of every month,
1-2:30 p.m. Contact Susan Fuller at (508)
434-2200.

NUMISMATICS: Southbridge Coin
Club meets on the third Friday of the
month (except July and August). The
doors open by 7 p.m. and the meeting
begins at 7:30 p.m. Collectors of all ages
are welcome. The meetings include raf-
fle, auction, and show and tell. Light
refreshments are served. The meetings

are held in the community room at
the Southbridge Savings Bank at 200
Charlton Rd. (Route 20), Sturbridge.

ALCOHOLICS ANONYMOUS:
Traditional open AA meetings in a
friendly setting. Come early to chat
and share in refreshments. Friday eve-
nings at 7:30 p.m., Hitchcock Academy,
Brimfield.

K9 NOSE WORK: A sport open to all
breeds of dog and their people Saturday
mornings over six weeks at Hitchcock
Academy in Brimfield starting Jan. 19.
Progressive training levels offered. Fee:
\$145 per dog, per session. Instructor:
Laurie Merritt, M.Ed., CPDT-KA, CNWI,
Certified K9 NoseWork Instructor –
National Association of Canine Scent
Work.

SEN-I JUDO CLUB: This course runs
all year long on Sundays, Mondays and
Thursdays at Hitchcock Academy in
Brimfield, and is well suited for all
levels of practitioners, including begin-
ners! Call Sensei Israel Lopez at (413)
279-4330 for more information.

WEIGHT WATCHERS: Traditional
Weight Watchers Meetings Monday
evenings at Hitchcock Academy in
Brimfield. Times: WeighIn/Registration
5:30 p.m., meeting 6 p.m. Leader: Angela
Kramer. Visit www.weightwatchers.com to become a member or to learn
more about Weight Watchers.

YOGA: Hatha Yoga benefits are
stress-relieving. Relax & rejuvenate
with postures & guided meditation
to restore the body. Bring a mat and
wear comfortable clothing. All levels
welcome. Six weekly classes held on
Monday nights at Hitchcock Academy
in Brimfield from 7:15-8:45 p.m., begin-
ning Jan. 21.

FENCING: Fencing is a sport of com-
bat that originally started as practice
for dueling with swords. Since that
time, it has grown into a modern sport
while maintaining those virtues that
made it great: honor, valor, and grace.
Bring a water bottle, sneakers and
comfortable clothing. Youth and adult
classes with Andy Bloch at Hitchcock
Academy. Fee: \$99.

OVEREATERS ANONYMOUS: Is
food a problem for you? Have you been
worried about the way you eat? Do you
resolve to go on a diet tomorrow, only
to fail again and again? Is your weight
affecting the way you live your life? You
are not alone. Overeaters Anonymous
can help. No dues, no fees, no weigh-
ins. Meetings are held Sundays in
Worcester (St. Michael’s On-The-
Heights, 340 Burncoat Street) at 7 p.m.,
Mondays in Auburn (Bethel Lutheran
Church, 90 Bryn Mawr Ave.) at 7 p.m.
and Wednesdays in Putnam, Conn. (Day
Kimball Hospital, 320 Pomfret Strett) at
6 p.m. Want more information? Call or
text Bruce P. (508) 864-0593, email him at
brucep.oa@charter.net or visit oa.org.

MASSASSOIT ART GUILD OPEN
STUDIO: The Massasoit Art Guild
would like to announce the addition
of new Open Studio hours. Starting
on Saturday, Jan. 11, we will be hold-
ing Open Studio time from 9:30 a.m.
to noon each Saturday. The Current
Wednesday morning Open Studio will
continue to meet. Open Studio is a time
to bring your current work in progress,
start a new project, receive critiques
if desired, pick up new skills and tech-
niques and be with other artists for
support and encouragement in an open
and friendly environment. Membership
is required. Please visit our Web site at
massasoitartguild.com for more infor-
mation!



**To place a Card of Thanks
In-Memoriam, Birthday
or Anniversary Greeting,**

**the deadline is Friday noon
for the following week.**

(Memoriams will run on the Obituary pages)

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3")
or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3").
You can add a photo at no additional cost.

To send by mail, please mail or drop off to
**June Simakauskas, P. O. Box 90, 25 Elm St.,
Southbridge, MA 01550.**

Personal checks, Visa, Master Card, Discover and AMEX are accepted.

**For more information,
please call June at 508-909-4062
or email jsima@stonebridgepress.news
and she'll be happy to help!**



Six Quick Tips For Winter Driving

(NAPS)
When it comes to winter car care, many motorists tend to think of anti-freeze and batteries—but vehicles need extra attention in winter, especially when the temperatures drop.
“Making sure your vehicle is properly prepared for all of winter’s elements will help you avoid the aggravation of an unplanned road emergency,” says Rich White, executive director, Car Care Council.
The non-profit Car Care Council offers six quick tips to help your vehicle perform at its best during cold weather months:
1. Keep the gas tank at least half full; this decreases the chance of moisture forming in the gas lines and possibly freezing.
2. Check the tire pressure, including the spare, as tires can lose pressure when temperatures drop. Consider special tires if snow and ice are a problem in your area.
3. Have the exhaust



system checked for carbon monoxide leaks, which can be especially dangerous during cold weather driving when windows are closed.
4. Allow your car a little more time to warm up when temperatures are below freezing, so that the oil in the engine and transmission circulate and get warm.
5. Change to low-viscosity oil in winter as it will flow more easily between moving parts when it is cold. Drivers in sub-zero temperatures should drop their oil weight from 10-W30 to 5-W30, as thickened oil can make it hard to start the car.
6. Consider using cold weather washer fluid and special winter windshield blades if you live in a place with especially harsh winter conditions.
Drivers should also stock an emergency kit with an ice scraper and snowbrush, jumper cables, flashlight, blanket, extra clothes, bottled water, dry food snacks and needed medication. In addition, the Car Care Council recommends a thorough vehicle inspection by a trusted professional service technician, as winter magnifies existing problems such as pings, hard starts, sluggish performance or rough idling.
The Car Care Council is the source of information for the “Be Car Care Aware” consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers. To order a free copy of the popular Car Care Guide, visit the council’s consumer education website at www.carcare.org.
Vehicles require extra care to keep running smoothly in the winter.

FAMILY DINING & GIFT GUIDE

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To advertise on this page, contact June at jsima@stonebridgepress.news or 508-909-4062

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LEGALS

NOTICE OF PUBLIC HEARING

A public hearing on the proposed Sturbridge School Committee budget for 2020-2021 will be held on Thursday, March 5, 2020 at 6:30 p.m. in the Burgess Elementary School, in accordance with M.G.L., Chapter 71, § 38N. A copy of the proposed budget is available at the Office of the Superintendent of Schools, 320A Brookfield Rd., Fiskdale, MA.

Katherine Alexander, Chair Sturbridge School Committee
February 20, 2020
February 21, 2020

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LIKE NEW 2017 TOYOTA TACOMA DOUBLE CAB #TP0037 NEW RETAIL PRICE: \$44,665 WHOLESALE PRICE: \$30,477 SAVE \$14,200 OFF OF RETAIL PRICE!	SPECIAL PURCHASE #40228LV Like New 2017 CHEVY TRAVERSE SUV ALL-WHEEL DRIVE LT TRIM NEW RETAIL PRICE: \$38,095 STARTING AT ONLY: \$22,877 6 Available Heated Seats, Back-Up Cam, 3rd Row Seats, 18" Alloy Wheels! SAVE \$15,200 OFF OF RETAIL PRICE!	LIKE NEW 2018 TOYOTA RAV4 XLE TRIM SUV #TP0008 NEW RETAIL PRICE: \$31,850 WHOLESALE PRICE: \$21,377 SAVE \$10,500 OFF OF RETAIL PRICE!
2019 FORD EXPLORER #H1178V • XLT TRIM, 4X4, NAV, HEATED SEATS, MOONROOF NEW Retail Price: \$39,870 WHOLESALE PRICE: \$30,377 SAVE \$9,500 OFF OF RETAIL PRICE!	2017 CHEVROLET CRUZE #40215R • LT TRIM, HATCHBACK, ALLOYS, KEYLESS START, 7" LCD NEW Retail Price: \$23,140 WHOLESALE PRICE: \$13,877 SAVE \$9,300 OFF OF RETAIL PRICE!	2016 RAM 1500 TRADESMAN #D10086L • 4X4, CREW CAB, 5.7L V8 HEMI, ALLOYS, TOWING PKG NEW Retail Price: \$36,650 WHOLESALE PRICE: \$23,977 SAVE \$12,700 OFF OF RETAIL PRICE!
2018 TOYOTA CAMRY L #H0937V • PREMIUM ALLOYS, BACK-UP CAM, LANE DEPARTURE NEW Retail Price: \$30,340 WHOLESALE PRICE: \$18,377 SAVE \$12,000 OFF OF RETAIL PRICE!	LIKE NEW 2018 GRAND CHEROKEE LIMITED SUV #D10095V NEW RETAIL PRICE: \$41,305 WHOLESALE PRICE: \$29,377 SAVE \$11,900 OFF OF RETAIL PRICE!	2018 NISSAN TITAN SV #120038A • CREW CAB, ALLOYS, 4X4, BACK-UP CAM, BLUETOOTH NEW Retail Price: \$38,470 WHOLESALE PRICE: \$26,877 SAVE \$11,600 OFF OF RETAIL PRICE!
LIKE NEW 2016 FORD F-150 4x4 SUPERCREW #H1099V NEW RETAIL PRICE: \$41,985 WHOLESALE PRICE: \$33,477 SAVE \$8,500 OFF OF RETAIL PRICE!	LIKE NEW 2017 HYUNDAI TUCSON SPORT SUV #H1341V NEW RETAIL PRICE: \$30,475 WHOLESALE PRICE: \$18,977 SAVE \$11,500 OFF OF RETAIL PRICE!	

SALE ENDS 02/28/20. CANNOT BE COMBINED WITH ANY OTHER DISCOUNT OR PROMOTION AND MUST USE DEALER SOURCE FINANCING. SOME RESTRICTIONS APPLY. SEE US FOR DETAILS. ESTIMATED KBB VALUES BASED ON VEHICLE CONDITION. AMOUNT MAY BE ADJUSTED FOR MILEAGE, WEAR AND TEAR, AND OPTIONS. NEW RETAIL PRICE BASED ON MSRP OF NEW MODELS. NOT VALID WITH PRIOR SALES. SELLING PRICE INCLUDING OUR \$1,000 IMPERIAL TRADE ASSISTANCE BONUS FOR A QUALIFYING 2010 OR NEWER TRADES. SEE US FOR DETAILS. ADVERTISED PRICE DOES NOT INCLUDE TAX, TITLE, REGISTRATION OR DOCUMENTATION FEE. VEHICLE MUST BE PAID IN FULL AND TAKE SAME DAY DELIVERY 5 DAY OR 200 MILE RETURN EXCHANGE PROGRAM FOR YOUR TOTAL CONFIDENCE - IF YOU'RE NOT HAPPY WITH YOUR IMPERIAL CERTIFIED USED VEHICLE, BRING IT BACK WITHIN 5 DAYS OR 200 MILES AND WE'LL GIVE YOU A CREDIT OF YOUR FULL PURCHASE PRICE TOWARD THE PURCHASE OF ANOTHER VEHICLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. PHOTOS ARE FOR ILLUSTRATION PURPOSES ONLY.

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MILLBURY – WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frpld Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages – 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**



AUBURN – 16 Lorna Dr! 7 Rm Split Entry Ready for the Next Owner! Located on a Cul-de-sac! Many Recent Updates! Windows 2006! Roof 2010! Siding 2016! Water Heater, Garage Door & Opener 2017! Driveway & Deck 2018! Applianced Oak Cabinet Kit w/Tile Floor! Dining Rm! Spacious Liv Rm! Master Bdrm w/Hrdwds! 3 Comfortable Bdrms Total! Full Bath! Finished Lower Level Fireplace Fam Rm w/Custom Bar, Recessed Lighting & 2nd Bath! Screened-in Porch to a Private Yard w/New Pressure Treated Deck is Ready for Entertaining! Nicely Landscaped! 1 Car Garage! Shed! Ideal Commuter Location! **\$325,000.00**



WEBSTER LAKE – 9 Pebble Beach Rd! Middle Pond – Winter Cove! Private Peninsula Protected from the Storm – Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer! Ideal Open Fir Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Frst! Beautiful Applianced Custom Granite Kit w/Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Fir Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm! Buderus Oil Heat! C/Air! Oversized 2 Car Garage! **\$779,900.00**



OXFORD – 27 Rocky Hill Rd! Move Right Into this 6 Rm Ranch! Bright, Fresh Kitchen! Dining Rm! 20' Living Rm! 3 Comfortable Bdrms! Nice Bathrm! Deck w/Awning! All the Work has been Done! Roof, Siding, Windows, Insulation, Gas Furnace, Gas Hot Water Heater, AC, Front Porch Windows, Door, Living Rm Floor, Skylights, Kitchen, Bath & Dining Rm Floors! 2 Bdrms' Wall to Wall Carpeting & the Interior Freshly Painted 10/2019! Quick Closing Possible! **\$269,900.00**

WEBSTER – 27 N. Main St! 3 Family! 55/9 Rms! 3 1/2 Bedrooms! 1st Fir w/Eat-in! Liv Rm! 3 Bdrms! Updated Bathrm! 2nd Fir w/Kit w/Din Area! Liv Rm! 3 Bdrms! Updated Bath! 3rd Fir w/Eat-in! Kit! Liv Rm! Bdrm! Full Bath! Long Term Tenants! Sep Utilities! Vinyl Sided! Laundry Hook Ups! Freshly Painted Hallways! **\$249,900.00**

DUDLEY – 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Applianced Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Fir! 2nd Fir Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

DUDLEY – 7 – 9 West Street! Brick 4 Family plus a 2 Family! Side by Side! All with 5 Rooms and 2 Bedrooms! Gas Heat! All Separate Utilities! 2 Car Detached Garage! The 4 Family with Beautiful Natural Woodwork! All Apartments are Empty and Work is Needed in Several Apartments! Excellent Potential! Will be a Good Investment for the Right One! **\$399,900.00**



WEBSTER – 9 Lake Parkway! Extremely Conveniently Located just off Exit 1 of 385! Loads of Potential! 6 Rm Cape! Applianced Kit! Din & Liv Rms w/Walk-in Closets! 3 Bdrms w/Hrdwds! 1st Fir Bdrm w/Commode Closet! Recent Furnace! Recent Roof! **\$169,900.00**

THOMPSON – 299 Quaddick Rd! Custom Cedar Log Home! 5.47 Acres! Stone Wall Entry! 700' Driveway! Nestled in the Woods! 6 Rms of Cedar! Granite Kit! Cathedral Ceilings w/Skylights! Hrdwds! Stone Floor! 1st Fir Master w/Full Bath & Walk-in Closet! 3 Bdrms & 2.5 Baths Total! Oil Heat! 2 Car Garage! **\$399,900.00**



DUDLEY – 94 Tracy Road! 7 Rm 4 Bdrm Colonial on 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit! Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Frst & Slider to Deck! 1st Fir 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Fir Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16x21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**



WEBSTER LAKE – 250 Killdeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplce & Hrdwds! 1st Fir Lake Facing Master Bdrm w/Slider to the Deck & Access to the Screened Hot Tub, w/Walk-in Closet, Full Bath w/Whirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearby! Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay! **\$910,000.00**



DUDLEY – 61 Townfarm Rd! Charming 7 Rm Cape Set 1.9 Acres! This 3 Bdrm Home Completely Renovated 2015! Updates Include - Roof, Windows, Siding, Kitchen, 2 Baths, Furnace, Electric Panel, Well, Septic, Driveway & More! Ideal Open Fir Plan! Cabinet Packed Granite Kit w/Island & SS Appliances! 1st Fir w/Beautiful Hrdwds! Frplce Liv Rm! 1st Fir Master Bdrm! Office or 4th Bdrm! Custom Tiled Bath w/Laundry! Upstairs 2 Spacious Bdrms w/Hrdwds & 2nd Full Bath! Large Paver Patio! Shed! Gorgeous Views! **\$299,900.00**



WEBSTER – 14 Summit Street! Conveniently Located 8 Room, 4 Bedroom Cape! Featuring Newly Remodeled Stainless Steel Applianced Granite Eat-in Kitchen w/Custom Cabinetry & Luxury Vinyl Plank Flooring! Formal Dining w/Hardwoods! Spacious Living Rm w/Hardwoods! 2 1st Floor Bedrooms w/Hardwoods! Newly Remodeled Full Tile Bath! 2nd Floor w/2 Bedrooms w/Hardwoods, Plenty of Closet & Storage Space! Updated Second Full Bath! Recently Oil Heat, Cast Iron Baseboard! Detached Garage! Corner Lot! **\$279,900.00**



CHARLTON – GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Fr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 32' Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$499,900.00**

WEBSTER LAKE – 50 West Point Rd! Killdeer Island! 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, Has It All! 2 Story Foyer! Granite Kit w/Center Isl, Dble Oven, High End Appliances & Walk-in Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm w/Lake Views, Custom Built Cabinets, Gas Frplce! 1/2 Bath w/Laundry! An ELEVATOR to Service All 3 Floors! Upstairs leads to 3 Spacious Bdrms each w/Private Baths! Master w/Tray Ceiling, Walk-in Closet & Private Balcony! Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level w/Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplce & Private Bath! Slider to Patio! 13 Zones! Oversized 2 Car Garage! Loaded w/Quality & Detail! **\$1,175,100.00**



WEBSTER LAKE – 68 W Point Rd! Western Exposure - Spectacular Sunsets! 75' Waterfront w/Expansive Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Renomate or Enjoy As Is! Open Fir Plan! Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms w/Water Views! Sliders to Screen Enclosed Porch! Master w/Ceiling Fan & Dble Closet! 2nd Bdrm w/Dble Closet! Full Bath off Hall! Finished Walk-out Lower Level w/25' Fam Rm w/Door to Lakeside Patio, Bdrm, Full Bath & Utility/Storage Rm! 3 Bdrms, 2 Baths Total! Oil Heat! Covered Entry Ramp & Electric Chair Lift! Shed! Dock! Summer Will Be Back – Don't Delay! **\$499,900.00**



CHARLTON – 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Fir Plan! Applianced Granite Kit w/Island, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplce Liv Rm w/Hrdwd Fr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Fir w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLIT SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplace Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$624,900.00**



WEBSTER LAKE – 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Fir w/Beautiful Maple Hrdwds! SS Applianced Silstone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! **\$369,900.00**



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WEBSTER - 68 POLAND ST

4 BEDROOM COLONIAL! 2600 SQ FT., 2 FULL BATHS, 2 FIREPLACES, 2 CAR GARAGE, ABOVE GROUND POOL, 1ST FLOOR BEDROOM, UPDATES INCLUDE - RECENT WINDOWS, ROOF, UPSTAIRS BATH, FHW GAS HEATING SYSTEM!!!

\$339,000.

SEE YOU ON SATURDAY!

WEBSTER - 5 SURREY LN



BRAND NEW TO MARKET! Gently Used 5 Bdrm Colonial, or 4 Bdrms & Game Room! This 24 x 28 3 Car Garage HAS HEAT! Radiant Heat in Floor. Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w/Breakfast Bar, Newer SS Appliances – Second Floor – 5 Over-sized Bdrms! Bath & Laundry Rm! Walk up Attic. New Price **\$399,000.**

WEBSTER - 8 MAPLE ST



2 Family – 1st Floor: 6 Rooms, 3 bedrooms, 1 Full Bath, open Kitchen, Fully Applianced, New Carpeting, Hardwood Floors. 2nd Floor – Open Kitchen with Gorgeous Kitchen Cabinets – 6 Rooms, 3 Bed, 1 Full Bath Hardwood Floors, New carpeting. Each Apartment has 1,200+ sq ft plus. Oil Heat. Off street parking. Town Water & Sewer, 3rd Story Unfinished. **\$237,500**

POMFRET, CT - 280 RIVER RD



Motivated Seller! Cape that has been completely re-modelled!, 3 Br, 1 bath, 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/plumbing. Large Gambrel Post & Beam. 2 bay garage w/loft. New septic. **NEW PRICE \$244,900**

WEBSTER - 14 HIGHCREST #4



Ready to move in! 2 bedroom 1 1/2 bath condo. Large bedrooms with large full bath master bedroom private access. Skylight Hallway, extra large living area with separate dining! Access to private deck via sliders, fully applianced kitchen, loads of counter space, tons of storage. Full finished basement, brand new heat and a/c system. **\$134,900.**

WEBSTER - 212 SCHOOL ST



Large 4 Family! 3 car garage! Off street parking. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully Rented. **\$369,900.**

WEBSTER - 3 STEFANIAK AVE.



Cute 2 Bedroom Ranch! All hardwood floors, gas Fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt roof. Walk out lower living level. Town Water & Sewer, City Gas **\$219,900.**

WOODSTOCK, CT - 64 LYON HILL RD



Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s applianced kitchen! Large master bedroom, coffered ceiling, master bath, w/Jetted tub! Walk in closets. Two car garage. Radiused curbside walk up level! A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property! assisted sale **\$499,900.**

WEBSTER/OXFORD/DUDLEY/DOUGLAS

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. **\$70,000**
Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest \$132,900
Webster - 3 Lots Cooper Rd. Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! w/water/sewer access **\$129,400**
Webster - 85 Upper Gore! View of the Lake. 1+ acre,artesian well, Septic Design,Etc. **\$130,000.**
Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$99,900**

HOLLAND - 6 MAIDEN LN



A nice place to call home! Houses situated perfectly on the lot to promote privacy on this .44 acre Lot! 6 room 2 bedroom 1-1/2 Bath. 2 brick fireplaces! Furnace and roof approximately 6 years old. Plus a guest house! assisted sale **\$229,000.**

WEBSTER LAND - COOPER RD



Available 10,000+ sq. ft. of Land. Zoned Lake Residential. Potential to divide into 2 Buildable Lots. Town Water & Sewer Available. **\$49,000.**

On the shores of Lake Chargoggagoggmanchauggagogggchaubunagungamaugg



SORRY, SOLD!

WEBSTER LAKE - 118 POINT BREEZE RD

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697+- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**



SORRY, SOLD!

WEBSTER LAKE – 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**



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On Deposit

35 Lakeside Ave.
 Webster Lake area. Attractive well kept 3brm, 2 bath cape located steps away from a neighborhood beach on Webster Lake for summer enjoyment or winter ice fishing? Features 2nd level master suite w/sitting room. 2 more brms on the main flr w/eat-in kitchen and living room. All appliance kitchen, washer/dryer included. Large lot w/deck and small fenced in area for a pet. Quiet neighborhood and minutes to Rt. 395 and shopping
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24 Normandy Ave - \$252,000



Dudley: 4.1 acres, 5 room house, potential to sub divide land, town water & sewer available
71 Mason Rd - \$319,900



Woodstock: 21 acres, Privacy, White Cedar Log Home, A Scenic Retreat, Proximity.
480 Route 197 - \$600's



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Webster: Unit 1, 2 Bedroom, Hardwood Floors, Gas Heat, Garage
17 Cutler St - \$119,900



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 Raised Ranch.

PENDING



DUDLEY, MA - \$248,500
 5 Fairview Ave
 Under Priced, Needs Work

FEATURE PROPERTIES



OPEN HOUSE SAT
Noon - 2

For Rent Avail. 3/1

WEBSTER, MA - \$1400/Mo.
 6 Summit Street
 3 Bdrm Apt., First, Last, Security. Completely remodeled, brand new appliances incl. W/D




OPEN HOUSE SUN
12:30- 2

For Rent

WEBSTER, MA - \$1100/mo
 56 Chase Ave, Apt #2
 2-Family, Completely Renovated



NEW CONSTRUCTION PROPERTIES COMING SOON
BUILD TO SUIT



Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, FEBRUARY 22				
WEBSTER				
68 Poland St	S	11-1	\$339,000	Hope Real Estate Group June Cazeault 860-377-2044
6 Summit St	A	Noon-2	\$1400/Mo	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, FEBRUARY 23				
56 Chase Ave Apt. #2	A	12:30-2	\$1100/Mo	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578

To have your open house listed in this directory.
Please contact Patricia Owens 508-909-4135

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used 12 seasons.
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Walk around deck, patio,
privacy fence.All equipment in-
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Needs liner and
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Medium brown color all wood
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then. Paulette
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(2 are brand new)
Size: 205 60R 16
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ber.

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\$300
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kitchen table with four chairs
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Table and Ellipticle and 3
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Sold
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Prices negotiable. Must be out
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stove-\$100, windows/door:
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disappointed. Honesty
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Like New 21712 miles.
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1999 GMC 3500
8 foot bed. 454 cubic inch en-
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F150 118k miles. 4x4 single
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Loaded 2002 with Cap
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Would consider partial trade.
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is National Replacement Window Month at Renewal by Andersen*

Why did we declare February **National Replacement Window Month**? Because you've just about **had it** with your drafty rooms that are almost too cold to use! Get this project done and get relief with this special February-only offer!

Call before February 29th!

**Get
\$325
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every window¹

plus

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\$700
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**\$0
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**0%
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for 1 year¹**

**Save an EXTRA 3%
on your entire order¹**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.

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- Renewal by Andersen is the full-service replacement window division of Andersen, a 117-year-old family-owned company with a **reputation for excellence in window and patio door craftsmanship.**
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- Our factory-trained **Certified Master Installers** have years of experience installing **only windows and patio doors**, and they'll treat you and your home with the utmost respect.



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DISCOUNT**
★★★★

**CERTIFIED
MASTER
INSTALLER**

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Customer Review ★★★★★



The entire experience was great. The installation crew was fantastic. They arrived on time and worked efficiently. They were all master craftsmen who were extremely knowledgeable about the product they were installing and the end-to-end installation process. They were courteous, professional and left our house very clean after each day of work.



– Heather S., Renewal by Andersen customer, Holliston, MA

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Window and Patio Door Diagnosis
1-800-209-2746**

¹DETAILS OF OFFER: Offer expires 3/7/2020. You must set your appointment by 2/29/2020 and purchase by 3/7/2020. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 2/1/2020 and 3/7/2020. 3% off your entire order, minimum purchase of four (4) required, if you purchase by 3/7/2020. 3% savings offer applied after initial discount. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved. *National Replacement Window Month is not a Congressionally-approved designation. **See limited warranty for details.

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HERE & THERE



Local Events, Arts, and Entertainment Listings



TUESDAY, FEBRUARY 25

PANCAKE SUPPER ON MARDI GRAS
5 to 7pm at Grace Church 270 Main St.
Offer, Pancakes, sausages, juice, coffee and
tea. We are joined by parishioners from St.
Thomas, Auburn and Christ Church, Rockdale.

We have been flipping pancakes
on Mardi Gras since 1974, so we
know how! So wear your beads
and maybe a funny hat and come
on! Love more info? carol-
ec40@charter.net

SATURDAY, MARCH 14

OPEN HOUSE
at Hodgkins Building (Museum/R/Art Guild/
Boy Scouts)
108 School Street FREE 1:00-3:00

FRIDAY, MARCH 21

3RD ANNUAL CHOW PAIRE
"BE BETTER" BASKETBALL
TOURNAMENT
Shepherd Hill Regional High School
64 Dudley-Offord Rd. Dudley, MA
01571 Registration starts at 8:30am.
Games begin at 9am. \$150 per team
and \$40 for additional players. For
more information contact us at jplapine-
303@gmail.com. Visit our facebook page:
Friends of John Pairs Student Support Fund.
All proceeds benefit the John Pairs Student
Support Fund

Register by March 1 Grades 5 to 8 (Co-Ed),
High School. Women, Men, Adult Co-Ed.
This tournament is open to anyone who would
like to participate

TUESDAY, MARCH 24

RE-ENACTMENT of signing of town hall
and unveiling of Amherst County
Senior Center, Pleasant Street, 6:30pm FREE

SATURDAY, APRIL 4,

ROARIN' TWENTIES DANCE
at Starbucke Hot Hotel 533, 5:00pm
Tickets @EventBrite.com
or at the library

SATURDAY, APRIL 11,

OPEN HOUSE
at Hodgkins Building (Museum R)
108 School Street, East Brookfield 1:00-3:00.
FREE

SATURDAY, APRIL 18,

HISTORICAL TALK - Ed Longland -
The First and Second Settlements
East Brookfield Town Hall, 9:30 FREE

SATURDAY, APRIL 25

TOWN WIDE CLEAN-UP DAY
Meet at East Brookfield Town Hall 9:00

SATURDAY, MAY 2,

EAST BROOKFIELD NATURE WALKS
at Podnik Woods
Howe Street, East Brookfield 2:00. FREE

SATURDAY, MAY 9,

OPEN HOUSE
at Hodgkins Building (Museum/R)
108 School Street, East Brookfield, 1-2:00
FREE

SATURDAY, MAY 16,

7K RUN AND FUN WALK
Timberyard Brewery, East Brookfield
10:00am. \$30.00 adults, \$15.00 kids

SATURDAY, MAY 30

HISTORICAL TALK -
Ed Longland - Murder in the Brookfields
(Spoozer / Newton Murders)
East Brookfield Town Hall, 9:30. FREE

SATURDAY, JUNE 6

HISTORY & DESSERT
at Podnik Chapel, East Brookfield
2:00 & 3:30 seatings. \$5.00 pp

FRIDAY, JUNE 12

COAST GUARD BAND
East Brookfield Elementary School, 7:00
FREE

SATURDAY, JUNE 13

OPEN HOUSE
at Hodgkins Building (Museum/R)
108 School Street, East Brookfield 1:00-3:00.
FREE

SATURDAY, JUNE 20,

OPEN HOUSE
at Camp Frank A. Day (archery, boating, basket-
ball, mini golf, Tamsi Jam Run Date: June 21,
125 South Pond Road, East Brookfield, 11:00-
3:00. FREE

MONDAY, JUNE 6

SUMMER READING KICK OFF -
EB Library - continues for five
weeks
East Brookfield Town Hall. FREE

SATURDAY JUNE 25

HISTORICAL TALK - Heather Gabalski -
East Brookfield: 100 Years To Date. FREE

SATURDAY, JULY 11

INDEPENDENCE DAY CELEBRATION
Parade & Fireworks
Comick Mac Field East Brookfield

SATURDAY, AUGUST 8

OPEN HOUSE
at Hodgkins Building (Museum R)
108 School Street, East Brookfield,
1:00-3:00. FREE

SATURDAY, SEPTEMBER 12

PARADE AND FAMILY FUN EVENT!
Route 9, East Brookfield.
9:30-7:00. FREE. Rain date: Sept 13

SATURDAY, OCTOBER 10

OPEN HOUSE
at Hodgkins Building (Museum/R)
108 School Street, East Brookfield, 1:00-3:00.
FREE

SATURDAY, OCTOBER 24, 3:30

BUS AND CEMETERY TOUR,
ending in dinner at Podnik Chapel.
Meet at East Brookfield Town Hall.
\$15-\$20.00 pp

SATURDAY, NOVEMBER 7

HISTORICAL TALK - Guy Morin- Central
Massachusetts during the Revolution
East Brookfield Town Hall, 9:30

SATURDAY, NOVEMBER 14

OPEN HOUSE
at Hodgkins Building (Museum/R)
108 School Street, East Brookfield, 1:00-3:00.
FREE

SATURDAY, DECEMBER 12

HISTORICAL TALK -
Ken and Tina Eithier - "Trolley Talk"
East Brookfield Town Hall, 9:30. FREE

SATURDAY, DECEMBER 12

OPEN HOUSE
at Hodgkins Building (Museum/R)
108 School Street, East Brookfield, 1:00-3:00.
FREE

ONGOING

MARACHE BAND
First Thursday of the month 5-8 p.m.
MEXICALI MEXICAN GRILL
Webster location
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508-461-5070

TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
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local fishing opportu-
nities. Our annual High
School Fly Fishing
Championship (open to all MA high school
students) And our annual fund raising banquet.
Auburn Sportsman's Club
50 Elm St., Auburn, MA

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SERIES**
July/August every Thursday
6:00-8:00
Comick Mac Field East
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