

Free by request to residents of Charlton, Charlton City and Charlton Depot

Send Your News and Pics to News@StonebridgePress.News

Friday, January 22, 2021

REAS Foundation concludes "Charlton Strong" apparel fundraiser



Courtesy Photo

One of several "Charlton Strong" items sold as part of the REAS Foundation's fundraiser

BY JASON BLEAU VILLAGER CORRESPONDENT CHARLTON – The Charlton Residential Energy

Assistance for Senior

Charlton REAS Foundation found itself in a difficult situation trying to maintain a public presence and fundraising while also adhering public awareness campaign. The organization partnered with a local business to make Charlton Strong sweatshirts, masks, and blankets available for purchase with part of the proceeds helping providing energy assistance to local seniors.

Sabrina Webb, Treasurer for the Charlton REAS Foundation, said the fundraiser only brought in around \$350, far less than Taste of the Town, which is traditionally their biggest event, but it still helped provide funds for the cause and allowed the REAS Foundation to connect with the public in a new way.

"The idea behind this was just to continue to be active in the community and to get the word out there that we're still active and looking to fundraise to support our seniors in town," Webb said. "While this fundraiser didn't bring in anywhere near what Taste of the Town would have brought us, it still helped us get our name out there and remind people we are here working to help those in our community. We wanted to test the waters and see how well this would do and maybe we would do it again if people were wearing the apparel and the demand was there."

The REAS Foundation partnered with IamTshirts, a local business who Webb called and "awesome partner" for the organization, to produce the products that were sold on Facebook and the REAS Foundation's website. The foundation will be proceeding with several

Charlton experiences post-holiday COVID spike

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – While the town of Charlton has continued to be among the lowest number in COVID-19 infections locally, increased cases in December and early January have proven to be concerning for town officials.

Many experts believed that the holiday season would bring an increased number of COVID cases nationwide due to family gathering and the shopping experience. Charlton appears to have suffered such a fate with one of its highest numbers to date, 80 recorded cases, during the first week of January. Town Administrator Andrew Golas said these numbers are a red flag but weren't necessarily unexpected especially with the national warning of potential spikes due to the holidays.

"It's obviously concerning. Really, we're in the position of just reminding people to continue to observe the precautions that were given by the state and to continue mask wearing and try to avoid gatherings as much as possible. We haven't seen a giant cluster in one area like we did earlier when the numbers first started going up. It's really just a townwide reminder to stay vigilant and continue to observe social distancing and mask wearing," Golas said.

Charlton also got a forewarning of a potential spike. Leading up to Thanksgiving Charlton's had recorded less than 30 cases per week, including only seven cases in the first week of November. The week of Thanksgiving Charlton his 55 cases and only once since then have Charlton's numbers been below 50. Even then Charlton has not gone one week without more than 35 positive COVID cases since mid0November. The first week of the new year brought 80 cases, a new high for the town. Several local communities recorded numbers consistent with or similar to Charlton's recent spike during the same timeframe.

Looking ahead, Charlton's town hall remains largely closed to the public with only employees allowed in the facility except for specific scheduled meetings. Golas doesn't see this changing any time soon, however the spike in cases aren't resulting in more precautionary measures either. Charlton plans to remain with the status quo at least for the month of January until the numbers start to fall. With that in mind, Golas acknowledges that almost a year into the pandemic citizens are probably starting to get frustrated but they need to remain vigilant or risk and even larger spike in infections.

Foundation (REAS) is wrapping up its first major fundraiser of the year, sales of Charlton Strong merchandise during the December and January holiday season. Like many businesses

and nonprofit in 2020, The

to social distancing guidelines. As a result, the organization knew going into 2021 that their annual Taste of the Town event would have to be canceled, or at least postponed, paving the way for a new fundraising and

Please Read FUNDRAISER, page A3



Nichols adding new Sports Management, Real Estate concentrations

BY JASON BLEAU VILLAGER CORRESPONDENT

DUDLEY – Nichols College is enhancing its sports management and real estate offerings by launching three new concentrations within in Business Administration degree program.

Starting in the fall of 2021 Nichols will offer three new concentrations, Sport Sales & Strategy, Sport Marketing & Content Creation, and Real Estate Management which will offer specialized training including hands-on learning and internships with professional sports organizations among other coursework. The college announced the new programs in a Jan. 13 press release where Dean of Academy Affair Mauri Pelto, Ph.D said these new courses will prepare students of in demand careers within sports management and the real estate market.

"These new concentrations are driven by industry demand, but also by the interests and passions of students who want to increase their skills and channel those passions into targeted careers," sais Pelto. "Nichols can offer them distinctive opportunities and access to a faculty and alumni network who are successful in

Please Read NICHOLS, page A6

School Committee finalizes reopening plan

BY JASON BLEAU VILLAGER CORRESPONDENT

DUDLEY/CHARLTON – The future for the Dudley Charlton Regional School District under COVID protocol has been decided. After months of planning, discussion and debate the Regional School Committee finally laid out a plan for the remainder of the school year which will see several models enacted over the next several months easing students back into the classroom. The Dudley Charlton School Committee met on the evening of Jan. 13, when Superintendent Steven Lamarche presented the models on the table for discussion and acknowledged that the decision made that night might not meet everyone's expectations, but that the process leading up to the meeting was arduous and focused on providing the best and safest experience for students in mind.

"We are trying to take everything into consideration. As I've expressed before we have all become students of public education in a COVID world. It has not been easy. It has not been the same anywhere you go. We're putting the effort in for the Dudley Charlton Regional School District. We want it to be the best education possible," Lamarche said.

Discussion lasted several hours as the School Committee debated which models to roll out and when and if any changes needed to be made to the plans. Their final votes solidified the plan to roll out a series of models starting with "Model A" on Jan. 25. This will maintain the framework of the current plan in place for the district but will add three and a half hours of live instruction on Wednesdays. The model will maintain the use of cohorts with certain groups of students attending in-person classes on different days while Wednesday will remain remote learning across the board.

On March 15, the district will skip ahead to "Model C." This model will create five fully in-person morning half-days for all cohorts. Students for all schools will be dismissed during lunch and continue their education remotely in the afternoon. Wednesdays will be the exception with only the morning in-person learning taking place. Finally, the district plans to move to "Model D" on May 3. This returns the district to the traditional fullday in-person education with lunch at the school bringing students back to a more normal school day. The reopening plan also includes professional development days in January and April.

Testing leftover seeds for viability

The beginning of a new year finds many gardeners preparing for the growing season ahead. Clearing space to start seeds indoors, inventorying seeds and supplies, and ordering seeds, plants, and more are usually part of the process.

While organizing,

you may uncover seeds from past seasons. Do not discard these just yet. When seeds are stored properly, many can last from one to five years or more.

Seeds stored in a cool location like the refrigerator in an airtight container maintain their viability best. But even those stored in less-than-ideal conditions may surprise you. Older seeds may still sprout once they pass their average life expectancy, but you are likely to see a reduction in the success rate.

The type of seed also influences how long seeds can be stored and remain viable. Start by checking the expiration date on the seed packet. Onions, parsley, and parsnip seeds usually last one year. Corn, okra, and peppers two years; beans and peas for three years; tomatoes, turnips, beets, chard, and watermelon four years; and Brussels sprouts, cabbage, muskmelons, radishes, and spinach last for five years.

The same principles apply to saved flower seeds. Marigold and zinnia seeds can maintain good viability for two to five years; ageratum, nasturtium, sun-



flowers, and yarrow for three to five years; monarda four years, and calendula for four to six years.

But the longer you grow plants, the more likely you are to push the limits. This often results in unexpected success or valuable insight for future gar-

dening endeavors.

When in doubt use this quick-andeasy test to see if your seeds will sprout. Place ten seeds on a damp paper towel. Roll up the towel with seeds inside, place in a plastic bag and store in a warm location.

After a week or so, unwrap the paper towel and check the seeds for sprouting. If nothing has happened, rewrap the seeds and wait a few more days.

If all the seeds have sprouted, you have 100% germination and can plant the seeds as recommended on the package. If only half the seeds sprout, for example, you will need to plant the seeds twice as close together to compensate for the lower germination rate.

The sprouted seeds can be planted indoors or out depending on the time of year, available space, and your climate.

If none of the seeds sprout, consider breaking out the glue and getting the family involved in turning these leftover seeds into works of art. Select a variety of sizes, shapes, and colors to create your masterpiece on wood or heavyweight card stock. Large seeds



Photo Melinda Myers

Older seeds may still sprout, but it is likely there will be a reduction in the success rate.

like beans, peas and corn are easy for crafters of all ages to handle. Use tweezers for finer seeds that add detail and texture to your creation.

Testing seeds now can help you save money when placing your seed order. You can focus your planting budget on new seeds and supplement with your existing inventory.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.



News, really close to home StonebridgePress.com

Health Foundation announces the 2021 Activation Fund grant opportunity

The Health WORCESTER Foundation of Central Massachusetts is pleased to invite grant applications for its Activation Fund in 2021. Letters of Intent are due April 29. The Activation Fund supports discrete, one-year projects in Central Massachusetts that demonstrate creative and innovative approaches to addressing community health concerns and that move an organization to its next level of capacity and

effectiveness, which can be sustained beyond the term of the grant.

Activation Fund grants typically range from \$10,000 to \$100,000. Final decisions about 2021 Activation Fund grants will be made in September, with funding awards to be made in October. In 2020, fourteen grants were awarded, with an average grant of approximately \$50,000.

Those interested in applying for an Activation Fund grant should visit the Foundation website at www.hfcm. org and attend an online information session (registration required) for



details including guidelines, deadlines, and examples of previous grants. In addition, interested parties are asked to email The Health Foundation staff at thfcmgrantadvisor@gmail.com by April 1, 2021 to discuss proposed project ideas before submitting a Letter of Intent.

The Foundation was established in 1999 with the proceeds from the sale of Central Massachusetts Health Care, Inc., a physician-initiated, not-for-profit HMO. The Foundation currently has assets of approximately \$80 million and has awarded grants totaling over \$47 million.



Pamala Holt joins Goodrich Insurance Agency

We are excited to welcome Pamala Holt from Dudley MA to our team of insurance professionals at Goodrich Insurance Agency in Milton MA. Pam has over 20 years of insurance expertise and will be our Personal lines Account Manager. Pam joined our office family on November 23, 2020 and will be working remotely from Dudley and in our main office in Milton. Help us to give Pam a warm welcome! We look forward to providing our current client and new clients with professional, personal, knowledgeable valued client services you expect from Goodrich Insurance Agency!



Donna Benoit CIC CPIA Vice President

Pamala Holt Account Manager

William L. GOODRICH INSURANCE Agency, Inc.

424 ADAMS STREET, MILTON, MA 02186 Bus. (617) 698-5544 FAX (617) 698-8515

> We appreciate your business! **Questions ? Call US First!**



TO PLACE A RETAIL AD: ADVERTISING REPRESENTATIVE JUNE SIMAKAUSKAS (508) 909-4062 jsima@stonebridgepress.news

TO FAX THE CHARLTON VILLAGER: (508) 764-8015

TO PRINT AN OBITUARY: E-MAIL: obits@stonebridgepress.news CALL: 508-909-4149

SUBSCRIPTION SERVICES: KERRI PETERSON (508) 909-4103

kerri@stonebridgepress.news TO SUBMIT CALENDAR OR AROUND OUR TOWNS ITEMS: E-MAIL: news@stonebridgepress.news

TO SUBMIT A LETTER TO THE EDITOR: E-MAIL: news@stonebridgepress.news

TO PLACE A CLASSIFIED AD: (800) 536-5836 Classifieds@stonebridgepress.news

OFFICE HOURS: MONDAY THROUGH FRIDAY 8:30AM-4:30PM

VILLAGER STAFF DIRECTORY

Editor BRENDAN BERUBE (508) 909-4106 news@stonebridgepress.news

SPORTS EDITOR NICK ETHIER (508) 909-4133 nick@stonebridgepress.news

STONEBRIDGE PRESS PHOTO POLICY

As a community oriented family of newspapers, Stonebridge Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Stonebridge Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for resale, with any proceeds going to Stonebridge Press and/or the photo re-print vendor.

\$440,000, 131 Burlingame Rd, Horne, Richard B, and Horne, Mary J, to Mcshea, Christian, and Davidson, Ryan D. \$405,000, 2 Partridge Hill Rd, Dunlop, Everett R, to Dumas, Joseph P, and Dumas, Sheri N. \$322,000, 34 Northside Rd, Simple Dreams Realty LLC, to Poirier, William, and Morang, Jillian L. \$150,000, Carroll Hill Rd #1, Gunter LLC, to Pikul, Steven J. \$150,000, Carroll Hill Rd #2, Gunter LLC, to Pikul, Steven J. \$150,000, Carroll Hill Rd #3, Gunter LLC, to Pikul. Steven J. \$150,000, Carroll Hill Rd #4, Gunter LLC, to Pikul, Steven J. \$150,000, Carroll Hill Rd #5, Gunter LLC, to Pikul, StevenJ. \$150,000,WorcesterRd #1, Gunter LLC, to Pikul, StevenJ. \$150,000,WorcesterRd #2, Gunter LLC, to Pikul, Steven J. \$150,000, Worcester Rd #3, Gunter LLC, to Pikul, Steven J. \$150,000,Worcester Rd #4, Gunter LLC, to Pikul, StevenJ. \$150,000,Worcester Rd #5, Gunter LLC, to Pikul, Steven J.

A STONEBRIDGE **PRESS PUBLICATION**

PRESIDENT & PUBLISHER FRANK G. CHILINSKI (508) 909-4101 frank@stonebridgepress.news BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 rvan@salmonpress.news **OPERATIONS DIRECTOR** JIM DINICOLA (508) 764-4325 Editor BRENDAN BERUBE (508) 909-4106 news@stonebridgepress.news PRODUCTION MANAGER JULIE CLARKE (508) 909-4105 production@stonebridgepress.news

The Charlton Villager (USPS#024-954) is published weekly by Stonebridge Press, Inc., 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to Charlton Villager, P. O. Box 90, Southbridge, MA 01550.

TOWN HALL (508) 248-2200
Office Hours:
Mondays, Wednesdays, Thursdays
Tuesdays7:30 a.m. to 7 p.m.
Friday Closed
visit www.townofcharlton.net
or more information.
Individual offices may vary
PUBLIC LIBRARY (248-0452)
For library hours please check
www.charltonlibrary.org
Police Department (248-2250)
Monday to Friday 8 a.m. to 4 p.m.
For emergencies, dial 911
FIRE DEPARTMENT (248-2299)
Monday to Friday 8 a.m. to 4 p.m.
Post Offices
Charlton Center Post Office (800) 275-8777
Charlton City (01508) (800) 275-8777
Schools
Dudley-Charlton Regional School District
Charlton Elementary School
(508) 248-7774 or (508) 248-7435
Heritage School (508) 248-4884
Charlton Middle School(508) 248-1423
Shepherd Hill Regional High School
Bay Path Regional Vocational Technical
High School (508) 248-5971 or (508) 987-0326

CHURCH LISTINGS

· Charlton Federated Church, 64 Main St. 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org · Charlton Baptist Church, 50 Hammond Hill Road, 248-4488,www.charltonbaptist.org, Sunday worship 10 a.m. Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org Sunday worship and Children's church 10am • St. Joseph's Church, 10 H. Putnam Ext, 248 7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m. Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.

• Hope Christian Fellowship, 6 Haggerty Road, 248-5144

 Assemblies of God Southern New England District Headquarters, Route 20, 248-3771 snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

• Lamblight Christian Church, 37 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Rev. Stephen Wade, (774) 452-2393 Pastor's Cell. Sunday Service 10:00am. www. visitlamblight.com

• New Life Fellowship A/G, SNED Chapel, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

Assumption, Holy Cross alumni lead development of virtual mental health museum

Mental Health Project, Inc. (NMMHP), a group initially formed in 2019, has been incorporated as a not-for-profit organization with an expanded mission to develop virtual exhibits that transform society's understanding of mental health.

The work of NMMHP founders Paul Piwko, a professor in the Grenon School of Business at Assumption University, and Alexandra Orlandi, a University alumna and Mental Health Specialist at McLean Hospital, initially focused on researching and publishing the benefits of mental health exhibitions. Prior to the pandemic, the display of mental health exhibitions in museums, airports, and malls was increasing. NMMHP now seeks to expand this trend from brick-and-mortar establishments to the internet at a time when museums are increasing their online visibility and the COVID-19 pandemic has created an unprecedented need for mental health resources.

Virtual museums side-step the cost of physical buildings and dramatically increase visitor accessibility. Piwko compares the concept of a virtual museum to a "museum without walls" like GirlMuseum.org, an online museum dedicated to celebrating girlhood. Piwko states, "What Ashley Remer has done with Girl Museum is what we seek to replicate. From her living room in New Zealand, financed by a few thousand dollars annually, she created one of the world's first virtual museums."

NMMHP exhibitions will promote mental health literacy by sharing personal narratives and expanding vocab-

MILFORD—The National Museum of ulary. Orlandi says, "Learning about mental illness and wellness isn't just about reading textbooks, listening to lectures, or seeing a therapist. Learning is also observing and exploring." Exhibits will provide a unique space for visitors to experientially interact with content.

NMMHP is currently developing its first exhibition, I Get It, which will launch in 2021 on its website NMMHProject.org and via social media. The website was designed by Assumption alumna Kate Kruzick and launched via Wifi hotpost from the grounds of the Medfield State Hospital Cemetery – a place of early inspiration for the Project.

Although NMMHP seeks a national audience for its research and exhibitions, all founding board members are residents of the Worcester area. Piwko and board secretary Anne Walton are Milford residents, and Orlandi lives in Hudson. Piwko and Orlandi completed a research fellowship at Assumption about mental health exhibitions and have been published by numerous news outlets, including the Des Moines Register, the Omaha World-Herald, and the Worcester Telegram. They presented their work to the New England Museum Association in 2018 and will be presenting at the 2021 Mental Health America Annual Conference.

In January 2020, prior to its formation as a nonprofit, NMMHP participated in the annual Nonprofit Careers Conference at College of the Holy Cross where a team of students developed fundraising strategies. The organization's connection to Holy Cross and the Worcester area deepened this past fall with the hiring of Communications Intern Emily Taylor, a junior at Holy Cross who is from Hopkinton.

Piwko says, "We take inspiration from the rich history and people of the Worcester area in impacting the national dialogue on mental health, such as nineteenth century reformer Dorothea Dix and mindfulness innovator Jon Kabat-Zinn. We feel our goals come from that same spirit."

The impact of the mental health exhibition trend has already been experienced locally. In 2019 the Worcester PopUp Museum hosted the first public unveiling of I Am More: Massachusetts by artist Amy Kerr, whose exhibition is profiled on NMMHP's website.

More information about NMMHP and its plans for its inaugural exhibition I Get It is available at NMMHProject. org. Anyone seeking additional information or offering to volunteer or donate can contact the group by email at NMMHProject@gmail.com.

Museum About the National of Mental Health Project The National Museum of Mental Health Project, Inc. is a nonprofit organization that researches and creates exhibitions that transform society's attitudes about, and understanding of, mental health. Initially conceived as a clearinghouse for the sharing of mental health exhibitions and information about them, its formation as a nonprofit will enable the development of online exhibits that educate, interpret, advance dialogue, and develop literacy on the topic of mental health. For more information, visit NMMHProject.org.



ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

FUNDRAISER

continued from page A1

other fundraising efforts in 2021 including their lottery calendar in March. Representatives are also reaching out to local businesses for support where possible.

Thanks to the successful 2020 Taste of the Town event, which took place just before the pandemic shutdown began, the foundation is prepared and able to handle the non-stop caseload they have seen since the energy program started for the season in October. However, looking ahead, the foundation knows the need will only get higher and they will be depending on community involvement to continue their mission.

'With the pandemic our seniors are the most at risk. They're staying home a lot more which means they're using more energy, more heating and so their costs go up. Every season is different, but we're still in the middle or winter and have had some pretty cold days. It's important, even now, to be able to provide these seniors with assistance and the continue that going forward," Webb said. "We have a great need every year and we want to continue to support these citizens."

Those looking to a way to donate can visit www.reascharlton.org or email info@reascharlton.org for more information.

Assumption students named to **Dean's List**

WORCESTER — Assumption University has announced those students named to the University's Dean's List for the fall 2020 semester. Students must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters. Due to the pandemic, this fall semester was divided into two accelerated seven-week terms.

Local students include:

Tyler Carlson of Charlton, Class of 2021

Morgan Shields of Uxbridge, Class of

ery amid difficult circumstances. The Assumption community is proud of these students who, despite the distractions of the COVID-19 situation, were able to remain focused and maintain a commitment to their academic programs."

An Assumption education prepares students to succeed in a continuously changing world and for jobs that do not yet exist. Steeped in the liberal arts tradition, students studying at Assumption are exposed to a broad range of disciplines in the humanities, sciences, and social sciences as they explore fundamental questions characteristic of the liberal arts, while also learning best-practices and developing valuable communication and critical-thinking skills, traits sought after by employers in nearly every industry. A combination of classroom theory and hands-on learning through internships, participation in community service, or one of the more than 60 on-campus clubs and organizations help students develop into leaders who will make a difference in the communities in which they live and work.

Worcester, Massachusetts, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service. The University offers 34 majors and 49 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master's and continuing education degrees and professional certificate programs. For more information about Assumption University, please visit www.assumption.edu.



2021

Kyle Belmonte of Charlton, Class of 2022

Cameron Cox of Charlton, Class of 2022

Emily Gay of Uxbridge, Class of 2022 Nora Ilacqua of Charlton, Class of 2022

Breanna LaHair of Charlton, Class of 2022

Emily Snay of Charlton, Class of 2022 Sean Morrissey of Uxbridge, Class of 2023

Julianne Sutherland of Uxbridge, Class of 2023

Abigayle Jones of Charlton, Class of 2024

"This semester, our students faced unprecedented challenges due to the global pandemic," said Francesco C. Cesareo, Ph.D., president of Assumption College. "Following a rapid transition to remote learning, students adapted to the new form of education deliv-

For more information, visit assumption.edu.

Assumption University, founded in 1904 by the Augustinians of the Assumption, is New England's premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in

SNHU announces Fall 2020 President's List

MANCHESTER, New Hampshire -It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the fall 2020 President's List.

Eligibility for the President's List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester.

Sal Ante of Uxbridge Ryan Paul of Uxbridge Emily Roberts of Uxbridge Hampshire Southern New University (SNHU) is a private, nonprofit institution with an 88-year history of educating traditional-aged students and working adults. Now serving more than 170,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the «Most Innovative» regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



If it's important to you, It's important to us.

StonebridgePress.com



The Town of Holland seeks a qualified applicant for a full-time position of Town Administrator for the Select Board. Requirements of a minimum of 3 years of municipal management

experience as a Chief Administrative Officer or related field; municipal management strongly preferred; or any equivalent combination of education and experience. Experience with Massachusetts General Laws, personnel administration, upper-level management and town meeting process is preferred. Hours: Mon-Thurs, 9am-5pm. Salary Range: \$40,000 -\$42,973.

Resumes will be reviewed by the Town Administrator Search Committee as submitted and the position will remain open until filled. Please submit a cover letter of interest and resume to Stacy Stout, Interim Town Administrator, c/o: The Holland Select Board, 27 Sturbridge Road, Holland, MA 01521 or by email: townadmin@hollandma.org

The Town of Holland is an EOE/AA.



Notice of Vacancy Sturbridge Board of Assessors

The Town of Sturbridge is seeking to fill a vacancy on the Board of Assessors. This is an elected, unpaid position. The person appointed must be a register voter of the Town of Sturbridge. A special election for the seat on the Board will be held in April of 2021. The Board of Assessors is responsible for determining the fair and equitable valuation of all real and personal property in the Town, in accordance with Mass General Laws. The Board of Assessors duties include acting upon abatement requests for real estate, personal property, motor vehicle excise and boat excise taxes.

The Board is also responsible for acting upon personal exemption requests for real estate (Elderly, Veterans, Blind Persons, Surviving Spouses, etc.) as well as acting upon applications for classification of real estate as agricultural/horticultural, forestry or recreational land. The Board meets once a month. If you are interested a position on the Board, please send a letter of interest to Jeff Bridges, Town Administrator at JBridges@Sturbridge.Gov. The position remains open until filled. The Town of Sturbridge is an EOE.



Town of Sturbridge Part-Time Custodian

The Town of Sturbridge Facilities Department is currently seeking an individual for the part-time position of Custodian. The 18-hour per week position reports to the Facilities Coordinator.

Duties include cleaning of buildings and equipment, disinfecting, monitoring supplies and building conditions, and reporting to Facilities Coordinator.

Candidates must be able to be flexible, work independently and as a team, follow strict cleaning protocols as necessary, and work up to 5 days per week. Starting rate expected to be \$16.75/hour.

See also job description for more details.

Sturbridge is a Drug-Free workplace and EOE. Applications can be downloaded on www.Sturbridge.gov. Please send letter and application to Town Administrator's Office, 308 Main St, Sturbridge, MA 01566 or email to amcconnon@sturbridge.gov. Applications accepted until filled.

QCC announces Fall 2020 Dean and Merit Lists

WORCESTER -Quinsigamond Community College has released its Fall 2020 Semester Dean and Merit Lists. A total of 577 students were named to the College's Dean's List and 953 students were named to the Merit List.

Students named to the Dean's List must have a Quality Point Average (QPA) of 3.5 or higher and have earned 12 or more credits in a given semester. Students named to the Merit List must have a QPA of 3.5 or higher and have earned 6 or more credits in a given semester, but fewer than 12 credits.

For more information, contact Josh Martin, Director of Institutional 508.854.7513 Communications at or jmartin@qcc.mass.edu.

QCC's Dean's List Fall 2020 Semester Auburn: Kiara Almeyda, Casey Clouthier, Gracie Curtis, Samantha Deso, Aidan Foley, Kevin Foley-Foster, Catherine Forde, Rebecca Forrett, Lauren Francis, Dawson Gemme, Collin Hines, Luke LaBonte, Hailey Martell, Quinne Masiello, Benjamin Rackett, Xabriana Santiago, Meloney Thapa, Rheina Viruet, Makenzie Ward

Blackstone: Colin Johnson, Erin McDonald, Cassidy Tellstone, Patricia Wozniak

Charlton: Elaine Bond, Alaina Chiminiello, Lauryn Dawson, Rebekah

Diaz, Natasha Emco-Rollins, Kimberlv Kreig, Paige Leite, Alexandria Macaruso, Collin Mulcahy, Jeffrey Pearlstein, Kassidy Robertson, Gabriel Varner

Fiskdale: Drew Darger, Warren Zelenak

Southbridge: Jamal Blyther, Rayann Carl, Jaime Fuentes, Jessica Harvey, Lizzette Hernandez, Melynda Marcano, Eridon Mehmeti, Christina Ruberti, Justin Santiago, Juan Velasco

Spencer: Dylan Connors, Judith Hickman, Nelmarie Irizarry, Jennifer Ashley Leighton, Jarmulowicz, Tonva Morrill, Kevin O'Rourke, Sofia Ocana, Kyle Paquette, Brian Payson, Jade Shultz, Josephine Tang, Dustin VanDyke

Sturbridge: Megan Curboy, Abigail Glazebrook, Jason Hastings, Bonnie Hensley, Alyssa Lalashius

Webster: Carolyn Almanzar Gutierrez, Anthony Barnardo, Abigail Biernacki, Katelyn DiTullio, Audrey Ducharme, Anna Israelian, Joshua Kichar, Chime Lama, Antonia Lopez, Makenzie MacGregor, Anne Marie Markiewicz, Joe Ramos, Alicia Rogalski, Orion Walker

QCC's Merit List Fall 2020 Semester

Auburn: Zahraa Alshammari, Gabriella Amoros, Tatiana Baez, Michelina Balsavich, Dawn Elizabeth Burch-Elder, Bombard. Loni Camdzic, Chantal Champagne, Hannah Chapdelaine, Madison Cove, Kali Daniels, Adam Eastty, Giselle Escobar-Alegria, Kirsten Farfan, Brian Lynch, Adrian Marin, Emma Martin, Indra Nagassar, Katelyn Pike, Abigail Randall, Haley Rivers, James Robertson, Alexis Rodney Chretien, Laura Ruzzoli, Matthew Seaman, Brian Smith, Lina Un, Jonathon Wambach, Chervl Wheeler

Blackstone: Alexa Boyt, Kelly Buurma, Jill Johnson, Gabriella Piette. Justyne Tellstone, Jason Torrey

Charlton: Rasa Auskalnyte, Leslie Chaves, Riley French, Victoria Gaspar, Lucas Lanier, Karina Lareau, Caroline Lawson, Chase Mannila, Brianna Ramsden, Jennifer Vezina

Charlton Depot: Kayla Simons

Fiskdale: Alexis Carson

Southbridge: Amanda Alicea, Kendra Alicea, Anyelyn Alvarado, Kandy Alvarado, Karl Benkert, Jean Boucher, Gabbriel Burrows, Monique Caissie, Phillip Cepeda, Sol Cruz, Lesliann DeLeon, Lisa Dennis, Ashley Deorsev-McNeanev. Breanna Filion.

Maria Hernandez-Santos, Jennifer Lang, Courtney Menard, Devin Molina, Kvle Morrill. Erik Newton. Krvstal Pagan, Matthew Porra, Kaidy Ramirez, Shantell Ritchotte, Kelsea Santa, Austin Skarnes, Ashley Stevens, Kristopher Stevens

Spencer: Courtney Barry, Carley Burns, Draven Casey, Nicole Dayutis, Andrew De Klerk, Thomas Fuller, Melissa Groccia, Joseph Hamel, Gabriel Kankam, Shadia Kousi, Samantha Lackey, Kelly LeBeau, Rhiannon McIntyre, Danielle Provencher, Jennifer Reilly, Mark Robillard, Whitney Simonovitch, Leif Torres

Sturbridge: Colleen Blackmore, Norma Cignarella, Tiondra DeBoise, Megan Faford, Leandra Giguere, Nolan Kingman, Mandy Koska, Alexander Starr

Webster: Julia Bileau, Danielle Cerasoli, Courtney Currier, Stephen Danso, Lynn Fellman, Kaylie Gendreau, Jill-Anne Godbout, Madeleine Grillo, Natalie Guzman, Timothy Hansen, Champayne Leshore, Kelly Marcoux, Nathan Phelps, Matthew Rakowski, Elena Ralph, Genesis Rodriguez, Sarah Mae San Agustin, Sara Soule, Brian Tvelia, Maria Verdejo, Hannah Waldron, Danielle Zecco

Nichols College students named to Fall 2020 Honors List

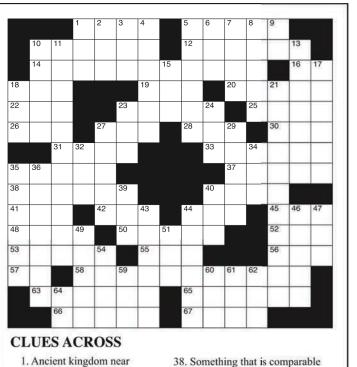
mum grade point average of

3.5 for at least 12 undergradu-

ate credit-hours and must have

DUDLEY Many hard-working students at Nichols College in Dudley, Mass., have achieved Dean's List or President's List honors during the fall 2020 semester.

The Dean's List and President's List give recognition to those students who achieve high grades during a single semester. In order to be included on the Dean's List, a



to another

Dead Sea

received no grades below Bduring the semester. Students whose semester grade point average is 3.85 or higher for at least 12 undergraduate credit-hours and no grades below B- will receive President's List honors. Julia Blauvelt of Charlton

has achieved Dean's List honors.

Arslan Chaudhry of Charlton has achieved Dean's List honors

Dylan Delaney of Charlton has achieved Dean's List honors

Madison Doherty of Uxbridge has achieved Dean's List honors.

Grybowski of Amber Charlton has achieved Dean's List honors.

Cameron Lanier of Charlton has achieved President's List

student must have a minihonors.

Hannah Louis of Charlton has achieved Dean's List honors.

of Andrew McCarthy Uxbridge has achieved Dean's List honors.

Nussbaum of Zacharv Charlton has achieved Dean's List honors.

Jason O'Regan of Charlton has achieved Dean's List honors

Alaina Plourde of Charlton has achieved Dean's List honors

Christopher Rapoza of Charlton has achieved President's List honors.

Hannah Vangel of Charlton has achieved President's List honors.

Jacob White of Charlton has achieved Dean's List honors.

Cody Rockwell of Uxbridge has achieved President's List honors

Thomas Steiger of Charlton has achieved Dean's List honors

Adam Warnajtys of Charlton has achieved President's List honors.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols also offers master's degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today's professionals.



- 5. 2014 Winter Olympics host 40. Monetary unit 10. Soft fabric 12. Covered in flowers 14. Works at a college or university 16. Keeps us cool 18. Corpuscle count (abbr.) 19. Similar 48. 20. Birthplace of Muhammad 22. They 23. Preamble to a book 25. Southern China people 26. Hair product 27. The woman 28. Partner to cheese 30. One point north of due east 31. Round Dutch cheese
- 33. Be in awe of
- 35. Christmas song 37. Emits coherent radiation

CLUES DOWN

- 1. Nowhere to be found (abbr.) 2. Not new 3. Brew 4. Stain with mud 5. Chief or leader 6. Luke Skywalker's mentor -Wan 7. Type of sauce 8. Sharpens 9. Priestess loved by Zeus 10. Jean Henri __, French entomologist 11. Regulates supply of fuel 13. Disturbing and horrifying
- 15. Equal (prefix)
- 17. Hosts film festival
- 18. Tattered piece of clothing 21. Rich desserts
- 23. Unique motor (abbr.) 24. Disfigure
- 32. Department of Labor 34. The A-team rode around in one 35. Beach cabin 36. Living things 39. Gun (slang) 40. Disconsolate 43. Stroke gently 44. Actress Richards 46. "Cletus Hogg" actor 47. Returned material authorization (abbr.) 49. Brazilian mountain range 51. Upset 54. One with supernatural insight 59. Insecticide 60. Taxi 61. "Much __about nothing" 62. Cannister 64. Popular clothing retailer
- 27. Chemical substance

F Α

A С

в С

GE

С A R 0

В

A

RE

NA A

> A R Е S

S н

Т

M O S

L

ED A M

L

R

R Е

R

M

1 L L Е

A

O A

DE

P

SHE

OG

A

С

R A Ν

E D E D

DS

S

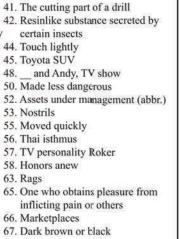
TAMED

В

MI

S н

R O E M



29. Slang for famous person

S O C H

A

М Е С

С

В

I C A T E

SADI

0

Н

Е

A C

С

В Ν

SES

CHR

S

UМ

Ν

А

NE

А

Κ RA

S Т

в L 0

A

CI

MA

R Е V Е R Е

S Е

D Α

E В 0



Donna Age 16 Hi! My name is Donna and I'm very athletic!

Donna is an athletic girl of Caucasian decent. She is incredibly articulate and insightful. Conversation comes easy to Donna. She also has the ability to let her sense of humor shine through in her conversations. Donna has a warm demeanor and is described as having the ability to "light up a room with her personality." She is very polite and always shows her caring nature towards others. Donna is very energetic and loves to participate in athletic activities, especially basketball, soccer, and working out. Aside from her activities and hobbies, she has a great love for all animals. She hopes to be a veterinarian one day so she can spend all her time

around animals! Donna is also a BIG fan of Dominican food, music and good shoes. Donna is always appreciative of people who spend time with her. She loves connections with adults, they are very meaningful to her and she holds these relationships as very special. Regardless of her age, Donna is still wishing for a forever family to come into her life.

* * * Friday's Child * * *

Donna is legally freed for adoption. She very much wants to be adopted. She welcomes the idea of moving out of state if it's the right family for her. Her social worker believes that a family with at least one female parent would be of benefit to Donna. Additionally, it is recommended that Donna be the only child in the home or the youngest child in a home with much older children. Donna responds well to nurturing behaviors and clear communication styles. The ideal family would encourage Donna's many aspirations, support her hobbies and positively influence her potential.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Customers can't find you if they can't see you

Get seen every week by thousands of people!

Call us today to reserve your spot 508.764.4325

www.StonebridgePress.com

SOLUTION Щ PUZZL

Neal joins vote to impeach Trump

BY JASON BLEAU VILLAGER CORRESPONDENT

WASHINGTON, D.C. – Congressman Richard Neal, Representative of the 1st Congressional District in Massachusetts, was among the members of the House of Representatives to vote to impeach President Donald Trump for a second time on Jan. 13.

The House voted 232-197 to impeach

President Trump with accusations of "incitement of insurrection" after lawmakers blamed Trump's rhetoric for encouraging his supporters to storm the Capital Building on Jan. 6, an event that some have labeled a violent riot and attempted insurrection in protest of the results of the 2020 Presidential Election which Trump claims was rigged in favor of his opponent and eventual winner Joe Biden. Trump was previously

Quinsigamond Nursing graduates hold virtual pinning ceremonies

Quinsigamond Nursing graduates hold virtual pinning ceremonies

WORCESTER — Amid the backdrop of the COVID-19 pandemic, Quinsigamond Community College graduated 85 nursing students during two virtual nurse graduation pinning ceremonies held in late December.

Due to the pandemic, 51 evening program graduates and 34-day program graduates sent recordings of their loved ones pinning them in the safety of their own homes. The pinnings were captured in a video by the College and aired on Dec. 18 and 23. Pinning ceremonies have become an important part of nursing graduations, dating back as far as the 1800s.

"Our nursing students have made an indelible impression on our healthcare system during this pandemic," said QCC President Luis G. Pedraja, Ph.D. "Now 85 new graduates will stand alongside their nursing colleagues and help care and protect our community. The challenges healthcare workers face from the COVID-19 virus have not deterred these amazing graduates from their dreams of fulfilling their calls to duty."

"While we could not be there in person to honor the graduates, we were fortunate we were able to recognize their determination, grit and persistence that has gotten them where they are today," determination, grit and persistence that have gotten them where they are today," said the College's Dean of Healthcare, Pat Schmohl. "We know they will make a valuable contribution to our healthcare system."

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

impeached in early 2020 by the House for abuse of power and obstruction of Congress but was acquitted following a Senate hearing.

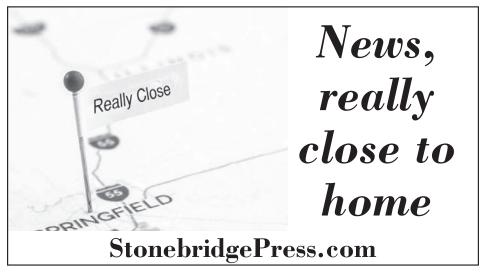
Congressman Neal was among those who voted in favor of his impeachment both times. With the most recent impeachment Congressman Neal said he felt it was essential that lawmakers hold President Trump accountable for his part in the events that unfolded on Jan. 6 which left five people, four Trump supporters and a Capital police officer, dead.

'We are a nation of laws, traditions, and values. The seditious act we witnessed on Jan. 6 was unprecedented, and President Trump's response to this horrific attack and deadly insurrection was inexcusable. When the citadel of our democracy comes under attack, actions taken by the President need to be swift and unwavering. Instead, the President incited this mob. He called on his supporters to come to Washington, to march to the Capitol and to fight. When my colleagues plead with him to call off his supporters and their dangerous actions, he ignored them,' Congressman Neal said in a statement

following the vote on impeachment.

"What occurred (Jan. 6) was an affront to our historic republic, and the President illustrated his complete inability to lead this country with honor and effectively fulfill his constitutional duty. When we called for President Trump's impeachment in December 2019, I said, 'Impeachment is reserved for moments of grave danger, when the constitutional order becomes dangerously out of balance. Moments like this one.' This is unequivocally another one of those moments. We are a nation built on rule of law, not the law of rulers -The President incited an insurrection and today I voted once again to impeach him," the Congressman concluded.

While the initial impeachment of President Trump in 2020 was split mostly along party lines, the second impeachment caw ten Republicans join every voting Democrat to affirm the impeachment. As of this report a Senate trial had yet to be scheduled as the Senate was not set to return back into session until Jan. 19 for Biden's inauguration.





SPIKE

continued from page A1

"The tough part is that we recognize people have fatigue from all of this. A lot of times people just let their guard down when they are around people that they know, especially people outside of their household. It's tough when we're almost a year into this situation and trying to stay as vigilant as possible, but really that's the mantra that we have to keep sharing with everyone. As the state ramps up its vaccination protocols hopefully more and more people are able to get access and we strongly recommend those who can get vaccinated to do so to stem any further transmission," Golas said.

Citizens are encouraged to continue to use the Town of Charlton website for COVID-19 updates weekly. Details on vaccinations, guidelines and workplace safety standards are also available on the site.

LEGALS

Town of Charlton Invitation to Bid Maintenance of **Recreational Properties**

Mowing & Snow Removal Service The Town of Charlton is seeking proposals from qualified landscape/plowing contractors, hereinafter referred to as the Bidder, for the purposes of maintaining town recreation fields, town common, and other municipal sites. Bidders must be able to perform varied landscaping services including mowing, trash removal, field maintenance and snow removal.

Prospective bidders may obtain a Request for Bid package, which is available for pick-up during the week, excluding holidays, Monday- Wednesday -Thursday: between 7:30 am and 5:00 pm and Tuesday, 7:30 am and 7:00 pm in the Board of Selectman/ Town Administrator office of the Town Hall and returned no later than 10:00 AM, Thursday, February 11, 2021. The bid envelope shall be clearly marked "Request for Bids-Maintenance of Recreational Properties/Mowing & Snow Removal Service."

Sealed bids, appropriately marked will be publicly opened and read aloud in the Town of Charlton Selectmen's Meeting Room, Charlton Municipal Offices, 37 Main Street, Charlton, MA 01507.

The Town of Charlton reserves the right to accept or reject any or all proposals, to accept any part or portion of a proposal, to waive any informality in a proposal, to accept proposals and to award contracts as shall be in the best interest of the Town of Charlton. Minority and female owned businesses are encouraged to bid.

The Bidder shall separate and identify costs according to year and whether the work is lawn/field operations or snow/ ice removal as internal accounting shall use two different accounts for payments. Bids shall be awarded based on the total. combined bid for both operations. This agreement is from date of award, projected to be February 23, 2021, until January 15, 2021 January 22, 2021

Dudley-Charlton Education Foundation announces 12th Annual Appeal

REGION — The Dudley-Charlton Education Foundation (DCEF) is pleased to announce the launch our 12th annual appeal with a \$2,500 donation from Cornerstone Bank. Cornerstone Bank has supported DCEF annually since our inception.

Each year, the DCEF awards grants to educators in our district to fund the implementation of creative and exciting ideas that enhance the school experience for our students. Although the classroom and school year look different this year, the need still exists and all funds contributed to the DCEF are used to support education in the community.

Previous donations have made a significant impact across all 7 schools in the past 11 years funding 118 grants and more than \$300,000 for fresh and creative ventures in the classroom.

Please consider investing in the

future of the Dudley-Charlton Regional School district students by supporting our 12th Annual Appeal which is running through March 31. Donations may be made securely, on-line at: www.dcedfoundation.org or by sending a check to: DCEF, PO Box 92, Dudley, MA 01571.

On behalf of the thousands of students impacted, and the teachers who facilitate these learning opportunities, thank you for your support!

DA offers grants for safe post-prom & graduation activities

REGION – Worcester County District Attorney Joseph Early, Jr., is helping local students end the school year safe-

Worcester County high schools are invited to apply for mini-grants to support safe after-prom and post-graduation activities for students. These events offer drug-free and alcohol-free alternatives to high-risk activities with no supervision.

Recognizing that students have gone through a long, challenging year due to COVID-19, DA Early understands that kids will be eager to head out and celebrate their accomplishments this spring. As vaccinations ramp up and events resume across the state, Early's team wants to make sure all students enjoy themselves safely in the "new normal.'

"Grants will be given to schools to support existing events, or to assist schools in establishing a new event," read a statement released by Early's office. "While none of us know what the status of school activities will be in the spring, we are cautiously optimistic and accepting applications for funding requests.

The grants are funded by the Massachusetts Office of Victim Assistance Drunk Driving Trust Fund. The applications for funding requests are due by Feb. 12.

For more information about the grant opportunity, contact Ellen Miller at ellen.miller@mass.gov. You can also reach her by calling 774-317-2159.

Stop eye strain before it starts

It's that time of the year when many areas of the country are under the cold cloak of winter. Unforgiving temperatures can translate into an increase in hours spent indoors, whether at work or at home, and more time relying on devices to pass the hours.

Spending more time watching television, playing video games, texting friends, or browsing the internet can lead to a condition known as "computer vision eye strain." Eye strain also may be caused through intense eye use, such as while driving long distances or engaging in activities that require close attention, such as crafting or reading.

Optometric The American Association says digital eye strain can result in various forms of discomfort, which increase with the amount of screen use. The most common symptoms include:

The AOA says viewing a computer or digital screen often makes the eyes have to work harder. The AOA notes this is different from reading a printed page. The letters are not as precise or sharply defined, and areas of contrast can be muted. Also, the presence of glare and reflections on the screen may make viewing difficult. Furthermore, the Mayo Clinic says people tend to blink less while using digital devices, and view them at less than ideal distances or angles.

Alleviating eye strain from digital sources involves making changes in daily habits or the environment. Taking regular eye breaks, and looking at objects from different distances can help them focus. These tips may help as well.

• Adjust the lighting to reduce glare on screens or your task.

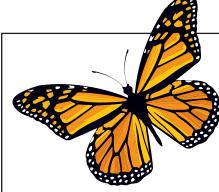


with an eye professional to find products that can assist you. Specialized glasses or contact lenses are designed for computer work. Investigate tintings and coatings that also may help.

Blink often to refresh the eyes.

• Talk to a doctor if eye strain persists or changes in severity.

When the weather gets cold, people may rely on digital devices for recre-



Say it in living color!

The world isn't black and white. So, why is your ad?

headaches;

blurred vision;

continued from page A1

NICHOLS

offer.'

- dry, watery or burning eyes;
- increased sensitivity to light; and

both fields. The success of these alum-

ni underscores the value Nichols can

Both sports-related concentrations

were created partially in response to

the project 8.9 percent growth in sports

careers through 2026. Sports Sales &

Strategy will prepare students for sales

and relationship building as part of

a sales team within the sports world

while the Sport Marketing & Content

Creation will enhance students under-

standing and capabilities in brand man-

agement and social media engagement.

Both programs will require internships

• neck and shoulder pain.

 Limit screen time as much as possible and engage in other activities.

• Consider the use of artificial tears products to lubricate dry eyes.

· Choose the right eyewear, and work

according to Brittany Jacobs, Ph.D., chair of Sports Management at Nichols but will also include substantial classroom and hands-on work.

"These opportunities prepare students for a seamless transition into sport sales or marketing careers upon graduation and provide an 'test-classroom' where students can practice skills and develop competencies," said Jacobs.

In the real estate program, the new concentration on real estate management will prepare students for careers in residential and commercial sales and leasing including appraisal, consulting, property management, mortgage lending and beyond.

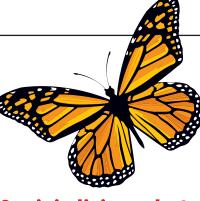
ation more than they otherwise would. Avoiding eye strain in such situations can help people avoid discomfort.

"There are many diverse and intertwined real estate career paths that build on and complement each other, offering growth and the opportunity to have experience in several different aspects of the industry," said Maryann Conrad, chair of hospitality management and director of the real estate management concentration at Nichols College. "The real estate industry is never boring, ever challenging, and always changing. This new concentration will give students an edge with real estate knowhow, licensure preparation, and practical experience."

Details about all three programs as well as admissions information is available on the Nichols College Web site.



To advertise in The Local Service Provider Directory Contact June at 508-909-4062 Jsima@stonebridgepress.news



Home

This section reaches 47,000 households in 7 Massachusetts newspapers. Call 508-764-4325 or email ads@stonebridgepress.news for more information

AUTO BODY / REPAIRS



Always Going The Extra Mile For Our Customers

Free Written Estimates • Damage Appraisal Color Matching Specialists • Rental Car Services Warrantied Work & Repairs Diagnostics • A/C Repair Tune Ups & Engine Repair Brakes • Alternators • Starters • ABS Alignments • Tires...and more

> Major Insurance Referral Shop Honoring All Insurance Estimates

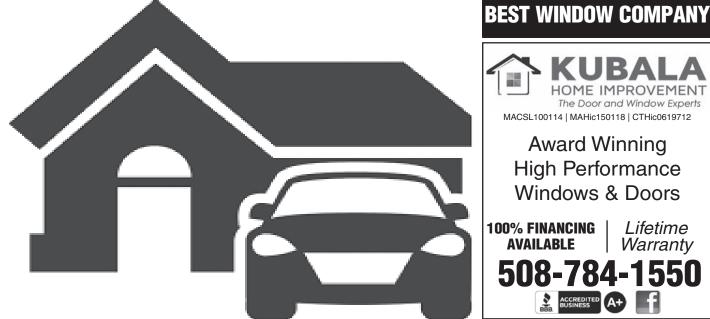
1734 Providence Road (Rt 122) Northbridge, MA 01534 Ph: 508-234-5211 • Fax: 508-234-2231 www.kearnscollisioncom Fully Certified • RS# 2678

BUILDER



- **Remodeling Expert FINISHED BASEMENTS**
 - ADDITIONS GARAGES
 - ♦ SIDING ♦ ROOFING ♦ DECKS
 - WINDOWS DOORS
 - ♦ KITCHEN ♦ BATHS

Quality Building Since 1985 Licensed & Insured 508-764-2293 + 774-230-3967



Advertise on this page for one low price! Get 7 papers. Call 508-764-4325

- Spencer New Leader
- Sturbridge Villager
- Charlton Villager
- Southbridge News



- Auburn News
- Blackstone Valley Tribune







100% FINANCING



Lifetime



50 COLORS • \$39 per sq. ft. Installed (40 sq. ft. or more) Cannot be combined with other offers

Biggest Selection of Marble, **Granite & Quartz of ANY Fabrication Shop** 300 Colors To Choose From Please call for appointment 508-523-3769

508-842-9800 • shrewsburymarbleandgranite.com 620 Boston Turnpike (Rte 9 E), Shrewsbury, MA (1/4 mi. east of Home Depot – Big Blue Bldg) Mon-Thurs 8-5, Fri & Sat & 9-4



This section reaches 47,000 households in 7 Massachusetts newspapers.



25 Elm St., Southbridge, MA 01550 Telephone (800) 367-9898 Fax (508) 764-8015 www.StonebridgePress.com

> FRANK G. CHILINSKI PRESIDENT/PUBLISHER

BRENDAN BERUBE Editor

Take your Vitamin D

Recent studies have suggested that Vitamin D is one way to build our immune systems against inflammation and viruses, including COVID-19. During summer months, it's easy to get our daily dose by eating fresh fruit and vegetables and by spending more time outdoors. However, with winter brings a challenge with shorter days and the ability to absorb the much needed vitamin

During a trek to the top of a mountain last week, we met a doctor who went on to explain how, during winter months, the Vitamin D the sun gives off does not radiate to the levels high enough for our bodies to absorb it. He suggested taking Vitamin D supplements until about April, advice he takes himself. We can also find vitamin D in oily fish, mushrooms and certain dairy products.

Individuals who live in the Northeast during winter at higher latitudes are at higher risk of having a deficiency in the vitamin. Experts say adults should get at least 600 IU per day of Vitamin D.

It was during the 1980's when it was discovered that our immune cells had receptors for Vitamin D, and that it played a crucial role in the gastrointestinal tract. Experts suggest that the more vitamin D in your system, the less likely you will suffer from inflammatory bowel disease or Crohn's disease. Lung and gut health was also improved. Vitamin D offers aid to the gut by keeping the micro-biome healthy.

Of course, with all things, do not go overboard. It is recommended that individuals do not take more than 4,000IU per day to avoid any toxic side effects. Vitamin D aids in calcium absorption, so if those levels spike, calcium levels may spike, affecting the kidney. As with all things, always check with your doctor before taking any supplements.

On another note, this winter seems to be flying by for some of us. The holidays seem to have come and gone in a flash. We are just two weeks away from what many call the longest month of the winter, the dreaded February. Usually temperatures drop well below zero, and stay there for far too long. However, we find that if you embrace these winter months, enjoy your snowy walks and hot cocoa you might actually find yourself missing these chilly, refreshing days when the extreme heat hits this summer.

Reach across the aisle Pre-retirees: in the spirit of Lincoln Plan now

SPEAKING

GARY W. MOORE

I don't think I'll find many that will disagree that our nation is in turmoil. From an election that a large minority of our friends and neighbors feel was stolen, to an assault on our nation's Capital, the concern about what will

come next is eerie.

There has never been a more important moment than now for both sides, red and blue. liberal and conservative. to consider the attitude and wisdom of Abraham Lincoln ...

"With malice toward none, with charity for all, with firmness in the right as God gives us to see the right, let us strive on to finish the work we are in, to bind up the nation's wounds ...'

We are on a dangerous path, only a few steps away from a point of no return. Let's not take those last few steps.

Can it begin now, with us?

We need a peaceful transfer of power without any hitches and we need a new administration that enters office in the spirit of Abraham Lincoln.

"With malice toward none, with charity for all, with firmness in the right as God gives us to see the right, let us strive on to finish the work we are in, to bind up the nation's wounds...

Yes, our nation is wounded. Anything less than this attitude carries the potential of lighting a powder keg. It's a matter of choice at this moment. President-Elect Joe Biden can calm his supporters and move forward with malice towards none and with charity for all. Extremists on the side of the left are using words like, 'purge' and 'punishment' when talking about those on the right who supported President Trump. Make no mistake about it, President Trump has acted like a petulant child in the weeks leading up to the attack on our Capital. His careless words were and are dangerous.

I implore us all, red or blue, liberal or conservative, to abandon the violent and angry rhetoric and come together as friends and neighbors. We may see the world differently ... but we are still friends and neighbors.

I was taught a valuable lesson by my former, Pastor, Dr. Dan Boone, I was CEO who was at odds with a business competitor. We both attended the same church and the aggressive businessman within me was screaming, "Go in for the kill" and I easily could have. I had a clear advantage, and I could have ended my competitor's business. Over lunch. My pastor said, "Oh. I'm wondering if you'd do me a favor." I assured him that I would. He then told me of a local business that was in trouble and asked, "Will you pray for Tom and Mary? (not real names) "There business is in trouble and a failure will cause them to lose everything." He was of course talking about my competitor. I gave my word and prayed for them daily. My attitude changed. I found a way that my success would not cause their failure. I have never regretted the decision to back off. My prayers for

a competitor created com-passion and an invaluable POSITIVELY realization.

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

Life isn't a zero-sum game. For one side to win the other doesn't have to lose. I'll admit that I didn't vote for President-Elect Joe Biden, but now he's first on

my daily prayer list.

Even if you were a candidate, your success in life didn't depend on this election. Your personal happiness wasn't destroyed or created by who won or lost. Your happiness is a choice. If you are angry and miserable, it is because you chose to be so.

I happened upon a delightful movie on Netflix this week. "Full Count" is a story of a young athlete's success that was unfairly stolen from him and how he deals with his future. After many twists and turns he comes to a life changing realization. "Life isn't going to make you happy. Your happiness is going to make your life." Lots of wisdom in those words.

So, what's my point? The election is over. On January 20, 2021, a new administration will take office. Let us stop being Biden or Trump supporters and be supporters of our country and each other. For those of you who pray, I'm asking you to join me in praying for peace and unity.

First, let's pray for the health of our new President and administration, let's pray for wisdom to move our country successfully forward and for compassion for, and from, our new leadership.

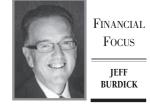
Let's also pray for President Trump and his supporters. Pray that he will come to terms with his loss and move forward the rest of his life using his influence for the good of all. I pray he takes a lesson from the example set by former President Jimmy Carter.

If you're not a praying person, set aside what anger you feel for your fellow citizens. Extend kind thoughts and words for all regardless of which candidate they supported. If your candidate won, rejoice ... but please do not think of revenge or getting even. If your candidate lost, pray for the success of the new administration.

Do not allow your joy to turn into vindictiveness nor let your disappointment turn to violence. We can do better ... and will.

Only our adversaries benefit by our division and failure, while the entire world benefits from the unity and success of the United States of America. Don't allow the actions of extremists on either side to extinguish the beacon of democracy. Will you join me in prayer and positive words and actions?





If you're close to retirement, you'll have several financial issues to consider. But you'll want to pay attention to one of the most important of these issues: health care costs. How can you prepare yourself for these expenses? First, get an early start on estimating health care costs. More than two-thirds of those planning to retire in the next 10 years say they have no idea what their health and long-term care costs will be in retirement, according to the Edward Jones/Age Wave Four Pillars of the New Retirement study. And some people don't worry much about these costs, which may be considerable, thinking that Medicare will pay for most of them.

While Medicare does cover many medical expenses, it also has its own costs. You probably won't pay a premium for Part A (inpatient/hospital coverage), since you likely had this cost deducted from your paycheck when you were working. But if you are hospitalized, you'll have to pay deductibles and coinsurance (the percentage of costs you pay after you've paid your deductible). Part B (doctor's visits) requires a premium, deducted from your Social Security checks, and you must pay an out-of-pocket deductible. After you meet this deductible for the year, you typically pay 20% of the Medicare-approved amount for most doctor's services. And when you enroll in Part D (prescription drug plan), you will likely also have to pay a monthly premium, an annual deductible and coinsurance or copays.

To help pay for the Medicare deductible, coinsurance and copayments, you may want to get supplemental insurance, known as Medigap. Premiums for Medigap vary, depending on the plan vou choose.

As an alternative to original Medicare, you could select Medicare Advantage (sometimes called Part C). Medicare Advantage plans are offered by private companies approved by Medicare, but the benefits and costs vary by plan. These plans generally will incorporate Medicare Parts A and B and will provide additional medical coverage, such as prescription drugs. When you incorporate all the above, the annual out-of-pocket costs for traditional medical expenses likely will be about \$4,500 to \$6,500 per year, per person - not insignificant, but certainly a number that can be addressed by careful planning. But there's one more expense to keep in mind: long-term care. The average cost of a private room in a nursing home is more than \$100,000 per year, according to the insurance company Genworth. And Medicare typically pays few of these expenses. Clearly, between regular medical costs associated with Medicare or those not covered by it, and costs resulting from the possible need for long-term care, your health care bills can mount. To meet these costs, you need to plan ahead - and take action. For example, it's essential that you incorporate health care expenses into your overall financial strategy. You can also work with a financial professional to run some "what-if" analyses to see if your strategy would be derailed by a potential long-term care stay. And the professional you work with may be able to suggest specific protection vehicles that can help you meet the costs of longterm care. The best time to prepare for your health care costs during retirement is well before you retire. So, if you haven't already started, now is the time to do so. When it comes to paying for health care, the fewer surprises, the better.

LETTERS

Extra! Extra! Read All About It! We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us!

Mail your letters to the Charlton Villager, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@stone bridgepress.news

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it

around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/ or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!



May God continue to bless the United States of America.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

Readers Reveal their Favorite Tips and Tricks

The holidays are over and we're all looking forward to a better 2021! Meanwhile, readers took time out this month to share their favorite ideas to make life a little easier! Read on for the latest round of hints from readers:

Some like it hot; some, not so much. This reader's quick and easy flavor fix gets it just right:

If you like ketchup or hot sauce on your eggs or any other dish, but find the ketchup too mild or the hot sauce too spicy try mixing them together for the perfect combo!

Annie Wuelfing East Brookfield, MA

This space saving tip repurposes a kitchen tool in the bathroom:

I have a hint for the paper. I actually use this one and want to pass it along.

In the bathroom, to hold the spare toilet paper rolls for future use, I use a kitchen paper towel roll holder. I find that three rolls of toilet paper can be stored on this smaller version of the larger stand up one that many people

TAKE

THE

HINT

KAREN

TRAINOR

The smaller version provides just enough storage for future rolls and is small enough to be hidden out of the way.

MC Sturbridge, MA

Want perfect pasta? This reader's technique perfects "al dente" and saves energy in the process:

Here is an energy-saving hint with pasta: Bring the salted water for the pasta to a full boil, add pasta and stirring gently, boil 1 to 2 minutes only. Turn off the burner, cover the pot and leave on the burner for 2-3 minutes longer than the usual pasta cooking time. Test pasta; if needed, recover and leave an additional 1-2 minutes.

2nd pasta hint: before draining pasta always save a half cup or so of the pasta cooking water. If added to your pasta recipe near the end of cooking, the pasta water will make the sauce silkier and sauce will adhere to the pasta better. With pasta casseroles, it can also be used to loosen up any leftovers in the pan for later use!

Turn To TRAINOR page A10

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.





OBITUARIES

Theodore A. Wood Sr., 85



CHARLTON-Theodore A. Wood Sr., 85, of Saundersdale Road, died, Sunday, January 10, 2021 in Harrington Hospital after battling Covid-19

He leaves his wife

of 36 years Prudence (Lavigueur) Wood, 2 sons; Theodore Wood Jr. and his wife Suzanne of Brimfield, Raymond Wood and his wife Ginger of Putnam, Ct; a daughter Wendy Myers and her husband Joe of Palm Harbor FL.; 2 step daugh-ters; Michelle Duval of Southbridge, Janelle Gingras of Charlton, 9 grandchildren; Lyndsay Metzler, Brandon Wood, Anthony Wood, Alexander Wood, Raymond Wood, Brittany Wood , Brandi Wood Marissa Duval, David Duval, 3 great grandchildren; Harrison

, Victoria and Christian; 2 brothers ; John Fitzback and his wife Michelle of Brimfield, Kenneth Groh and Jean of Webster.

Ted was born in New York City on November 23, 1935, the son of Theodore Borsky and Victoria (Groh) Strezlewich.

He served in the Navy during the Vietnam War.

Ted worked and retired from the JI Morris Company after 15 years of service, prior to that he worked as a supervisor for The American Company for 36 years.

He and his wife enjoyed trips to the casinos including Atlantic City, Las Vegas and local casinos mostly Twin Rivers. For many years they played BINGO at Seven Hills in Worcester.

Ted enjoyed working in his wood shop

A graveside services will be held at a

time to be announced in Old Notre Dame Cemetery, Charlton Street, Southbridge. There are no calling hours.

Memorial contri-

butions may be made

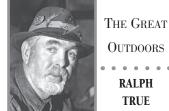
to a charity of one's



choice. Belanger-Bullard Funeral Home,51 Marcy St. Southbridge is directing arrangements.

An online guestbook is available at www.BelangerFuneralHome.com

Just when you thought the ice was ready...



OUTDOORS RALPH TRUE

Just when we think we are going to have safe ice, Mother Nature decides to take it all away with a good rainstorm and mild temperatures. With only five weeks left for making safe ice locally, ice fishing is going to be another short season. Trying some fishing on the Cape ponds with Rod & reel is a good way to get out & do some fishing. Some of the ponds that are a short drive from the valley include Hamblin Pond, Cliff Pond, and Mashpee Pond. They are heavily stocked with trout in the spring & fall.

Hamblin Pond is a favorite of mine, and has provided some great trout fishing all season long. Fishing at the beach area at Hamblin, is the best, and launching a small boat or Kayak is easy. Be sure to wear your life preserver if you are fishing from a boat. The beach area has a slow shallow draft. and wearing a good pair of waders can have you right into some impressive trout, which consist mainly of Rainbow & Brook trout. Shiners and grubs

are the ideal bait for catching trout, not to forget the Power Bait line.

Massachusetts Wildlife recently signed a conservation restriction in the towns of Shutesbury, Pelham, & Leverett. The 2,038-acre parcel of property will ensure that the land will be open to the public, for all outdoor activities for many years to come. The land is known as the Walter Cowls ,Jones Working Forest.

The latest report on the Massachusetts 2020 deer harvest for 2020, came close to breaking the 2018 deer harvest record, with archers again having the highest number of deer harvested. The numbers are as follows: Youth deer hunt 120, Paraplegic hunt 2, Archery 6,552, Shotgun 4,855, Primitive arms, 2,802, for a state total of 14,331. The numbers are preliminary, and could change a bit. Unfortunately, the crossbow bill did not pass again last year.

This writer reported on the planned increase in the saltwater fishing license for 2022 in Mass. & raising the free license to 70 years old. Increases in the regular hunting and fishing license are also on the table for 2022. I understand that there will be a virtual meeting for license holders on zoom or some other site, for those that may have any comments on



the planned increases in the coming weeks. Stay Tuned!

The Uxbridge Rod & Gun Club membership chairperson Janice Neitz has set up a Venmo account for membership renewal this year because of the pandemic. You can e mail her at uxbmembership@ gmail.com if you have any questions. The club has also set out new application forms at the club that can be picked up any day. They need to be filled out and mailed or brought to the club with your check. Your 2021 membership can be picked

up the following week.

The pond Chairman, Ed Gervis, reported that the pond will be stocked with trout this Friday. Depending on the ice condition of the pond, fishing may or may not start the same day. Be sure to check the signs at the pond, that show the pond is open or closed. Stay off of unsafe ice! Many clubs in the valley will not be stocking there pond this year because of unsafe ice. The spring derbys are still being planned!

Steelhead fishing in upstate New York was a bit slow, but started to pick up this week, according to Fat Nancy's Tackle Shop in Pulaski, N.Y. You need to be in top physical shape to do any type of fishing at this time of year, especially fishing on the Salmon River. For those that can make a trip to New York to fish for Steel Head, the rewards are great. This week's picture shows local legend, Dan Southwick with a nice steel head caught on an earlier trip.

Take A Kid Fishing & Keep Them Rods Bending!





great gifts, food, beverages & take-out too!

To advertise on this page, contact June at jsima@stonebridgepress.news or 508-909-4062



We will be serving Valentine's Day Dinner, Sunday, February 14 from 5-8pm. **Reservations recommended.**

TRAINOR

continued from page **A8**

Virginia Brousseau Willington CT

Old fashioned Mason jars are back in active duty with a myriad of new uses, and this reader shares her favs:

It seems someone else had shared about the tops from parmesan cheese fitting Mason jars, boy do they ever, pint and quart size alike, the fit.

My new use that works great is for ice tea for adults! Paper straws (no plastic) or pasta large noodle straws fit in the sprinkle side opening. Straws stay upright and larger flip/pour side of the lid once affixed to your beverage jar for the day, opens so you can refill easily. Just pour in more tea, soda, fruit juice etc. with very little or no touching! Each person opens their own flip-side for a refill!

Color code the straws, one color per person, or add those wine glass charms with a ribbon or pipe cleaner to the outside of your Mason Drink Glass!!!

Also, heavy enough and flip-pour side large enough opening to add ice by hand or hold beneath the ice dispenser if you have one!

Quart size Mason jars are heavy and stay upright on your stove top when cooking chili, soup or other messy dishes. It's the perfect place to stow a ladle or large spoon. It stays upright, collects drips into the jar and is easy to locate.

Mason jars are cheap at hardware stores, etc., work like a charm and clean up in a dishwasher – one more way they are COVID sanitize friendly!

Here are a couple of other tips:

The top of vegetable oil bottle equals one tablespoon. It sanitary to use it as a measure right into pan and reseal the bottle.

My trick each year putting the Christmas Tree and lights away: I have elongate spools or winders and I always wind the non-plug end onto the winder first. Note the very first bulb in the string (end away from the plug) is the "blinker" the set comes with. I plug the string in to test in one more time before winding the remainder on, with the plug last left exposed. Makes next year easy, plug in and test before stringing the whole tree and if one is burnt out or knocked loose, the blinker bulb moved over one at a time lets me test and repair a strand before placing on the tree.

Viola Bramel Northbridge, MA **

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



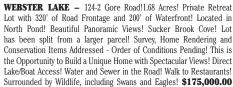
To advertise in our Real Estate Section, please call your local sales representative. 1-800-367-9898



WEBSTER LAKE – 7 Cedar Drive! Middle Pond! 8 Rm English Tudor across the street from wDirect Waterfront Lot – Full Lake Access! Offering the Option of an In-Law Apartment or Plenty of Room for Family & Friends! Entry Foyer enters from 3 Sides wlocked door access into the house, stairway to the lower level In-law and the convenience of a Half Bath! The 1st Floor features Applianced Kit wBreakfast Bar, Open Floor Plan – Frpled Beamed Cathedral Ceiling Great Rm (Dining & Living Rms), Comfortable Bdrm & Hall Full Bath wLaundry! Upstairs to the Spacious Master wMaster Bath & Slider to Lake View Deck! Additional Bdrm wBuilt-ins! Lower Level with 2nd Kitchen, Open Dining & Living Area wBrick Hearth, Full Bath Possible (4th) Bdrm! Central Air! Huge Carport! Detached 3 Car Garage! Lakefront Lot wDeck, Concrete Patio & Boat Dock! Take Advantage of the Low Interest Rates & make this House Your Home! Summer's Just Around the Cornert **\$439,900.00**

> WEBSTER – 55 hillside Ave! 7 km, 4 Bedroom Cape! Great Highway Access! Walk to Memorial Beach! View July 4th Fireworks from Your Backyard! Liv Rm wHrdwds, Ceiling Fan & Pellet Stove! Eat-in Kit! Fam Rm! Full Bath! 1st Fir Master w/ Hrdwds & Ceiling Fan! Oil Heat! Viny) Sided! Younger Roof! Replacement Windows! Town Services! Fenced

Windows! Town Services! Fenced Yard! 1 Car Garage! **\$239,900.00** WEBSTER – 6 Nicholas Circle! 8+ Rm Center Hall Colonial! 1.22 Acres! Sought After Neighborhood! Great Commuter Location Accessible to Many Major Routes! Spacious Stainless Steel Applianced Cabinet Packed Eat-in Kitchen & Formal Dining Rm! 23 x 24 Frplace Family Rm w/Cathedral Ceiling & Slider to the Huge Deck! Front to Back Living Rm! 1/2 Bath w/Laundry Closet! The 2nd Floor You'll Find the Comfortable 12X17 Master w/Walk-in Closet & Full Bath w/Linen Closet! 2 Additional Bedrooms plus an Office/Nursery/Bedroom all w/ Ample Closets! 2nd Full Bath w/Linen Closet! 2.5 Total Baths! Lower Level Ideal for Storage or Future Expansion! 2 Car Garage w/Electric Openers w/Dble Door Entry to the Basement for Moving Larger Items aka Boys Toys! 2 Z Oil Heat, 2 AC, Separate Oil Water Heater! Irrigation! Don't Delay! **\$418,900.00**





WEBSTER LAKE – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Yearl C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds wElectric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**



WEBSTER LAKE - 20 Bates Point Rd! Middle Pond! Western Exposure w/Panoramic Lake Views! Beautiful Sunsets! 7 Rms, 3 Bdrms, 2.5 Baths! Recently Renovated from Top to Bottom! Move-in Ready! Professionally Landscaped! Exterior Stonework Front & Back! Open Floor Plan! Ist Level w/Huge Family Rm w/Lake View & Access out to Stone Patio, 1/2 Bath & Laundry, Travertine Tile Throughout! Znd Level w/ Custom Granite Kitchen w/Stainless Steel Appliances, Center Island w/Seating & Large Pantry! Spacious Living Rm w/Sliders to 14X34 Composite Deck! Dining Area w/Water Views, Hardwood Floors Throughout, Bath w/Tiled Shower, Guest Bedroom or use as Office! Lake Facing Master Bedroom w/Walk-in Closet & Private Deck! Bathroom w/Double Sinks, Tiled Shower & Separate Tub! Comfortable 3rd Bedroom wLots of Storage! Level Lot w/Room for Entertaining and Enjoying All The Lake has to Offert **\$749,000.00**



CHARLTON -74 Daniels Road! Completely Renovated 9 Rm, 4 Bdrm, 2.5 Bath Gambrel w/Attached In-Law Apt! Picturesque 3.39 Acres! Deeded Water Rights to South Charlton Reservoir! Extensive Updates! House w/New Roof, Siding, Kit, Bthrms, Windows, Int Doors, Electrical, Flooring, R60 Insulation in Attic, Water Heater, Well Pump & More! In-Law w/Open FIr Plan, Kit, Bdrm w/Walk-in Closet, Full Bath w/Laundry! Both Fully Applianced! 2 New Driveways, Irrigation, AG Pool! Shed! Security! Generator Hookup! **\$489,900.00**



On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Webster Lake - 100 Lakeside Ave



WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180°+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/ private bath. Incredible 2nd floor Birs & full bath! Something Special! Remember, Timing Is Everything! \$1,075,000.



Lake Shirley - 647 Reservoir Rd

Lakefront! Lake Shirley! Modern Flare on a Lakefront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House! assisted sale **\$1,040,000**.

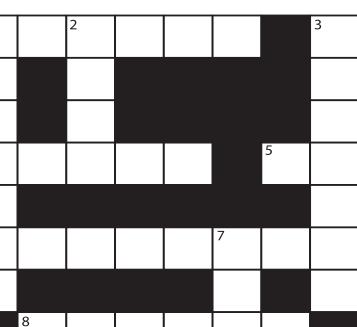
www.StonebridgePress.com



THIS POPULAR WINTERTIME SPORT IS A GREAT AEROBIC ENDURANCE ACTIVITY THAT HELPS INDIVIDUALS BURN CALORIES.

VIS: SKIING

Crossword Puzzle



ACROSS

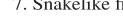
4

6

- 1. Downhill sport
- 4. Very breezy
- 5. Scary film and book
- 6. In the north
- 8. A bit cold

DOWN

- 1. Frozen precipitation
- 2. Type of metal
- 3. Blades on ice
- 7. Snakelike fish



1. Snowing 2. Iron 3. Skating 7. Eel umod I. Skiing 4. Windy 5. It 6. Northern 8. Chilly Across

:SIAWSAA



• 1921: THE REPUBLIC OF TURKEY COMES OUT OF THE REMNANTS OF THE OTTOMAN EMPIRE.

• 1945: FRANKLIN D. ROOSEVELT IS SWORN IN FOR AN UNPRECEDENTED FOURTH TERM AS U.S. PRESIDENT.

• 1980: THE UNITED STATES BOYCOTS THE **OLYMPICS IN MOSCOW** THIS YEAR.





MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

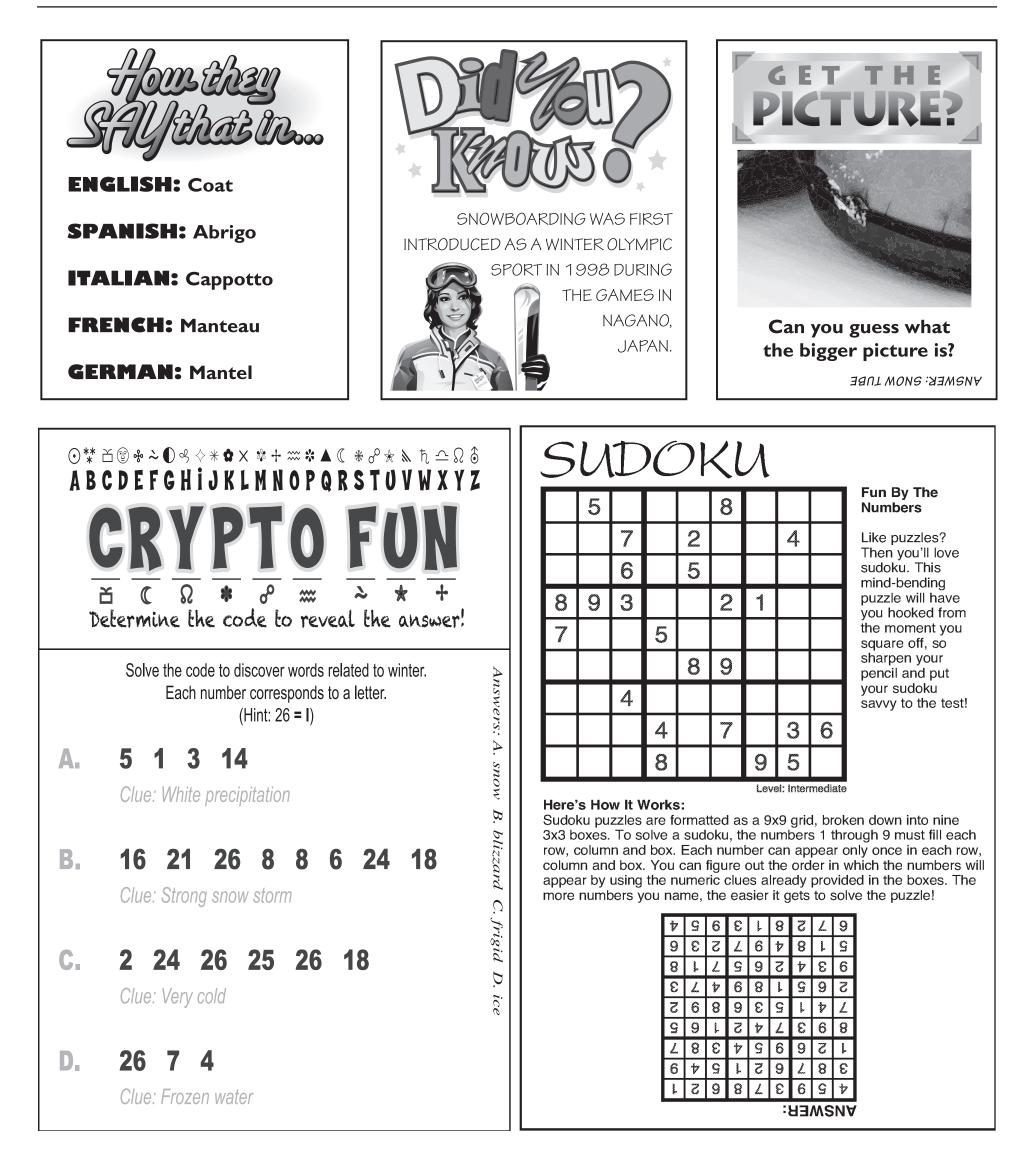
Perfect for Realtors, Mortgage Companies, Banks, Real Estate Attorneys, Home Inspectors, Chimney Inspectors, Lead Removal businesses, Insurance Companies, etc... any business involved in the buying or selling of real estate. To join this section, please contact your local sales rep, 1-800-367-9898 or email jsima@stonebridgepress.news

ERA Key Realty Services "Put 36 years of combined real











www.StonebridgePress.com

Friday, January 22, 2021 • THE CHARLTON VILLAGER • 13



windows or entry/patio doors between 1/1/2021 and 2/6/2021. 40% off windows and entry/patio doors are less than or equal to lowest cost window or entry/patio door in the order. Additional \$50 off each window or entry/patio door, no minimum purchase required, taken after initial discount(s), when you set your appointment by 1/31/2021 and purchase by 2/6/2021. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Call for financing details. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. @2021 Andersen Corporation. All rights reserved. @2021 Lead Surge LLC. All rights reserved.



What our employees have to say...

PASTURE RAISED • NATURAL MEATS

Located in East Brookfield, Massachusetts,

Crooked Creek Farm sells

local and natural farm raised beef and pork.

"One of my favorite things about working at Quaboag is that you can tell the staff is here because they care about the patients. I have also found that my supervisor and administrator are very approachable when I have any concern. There are a lot of places where someone in a supervisor position is not that approachable." — Nicole F. (CNA)

43" LG

WHILE SUPPL

Reg. \$349.99

\$299.99

"I am Definitely glad to be a part of the team as well. I feel like I'm home and everyone has been wonderful.' - Nicole V. (LPN)

"In the time that I have been working at Quaboag I have witnessed the well-being and comfort of the residents as the main priority of the facility. The facility is centered around patient care and is designed in the best interest of the residents." — Lynnea T. (CNA)



ALL SONY & SAMSUNG TVs ON SALE



OUTSIDE THE BOX

Contact your Sales Representative to discuss advertising options June Simakauskas 508.909.4026 jsima@ stonebridgepress.news