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Friday, June 26, 2020

Charlton voters approve \$30.8 million Budget



More than 100 voters turned out for the first ever outdoor annual spring town meeting in Charlton on June 15 where they approved the town's 2021 fiscal year spending plan

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – Charlton voters turned out for a historic event on Monday, June 15 as the town held its very first outdoor annual spring town meeting in the parking lot of the Heritage School in order to respect social distancing guidelines during the ongoing pandemic.

A total of 109 voters attended the meeting where the main decision of the evening was the budget for the 2021 fiscal year. The budget totals \$30.8 million, an increase of \$728,631 or 2.4 percent over the current year. The proposal received little opposition with a vote of 78 to 20 eas-

ily approving the spending plan. However, the article was not without its share of discussion.

Resident Stephan Sage had several questions concerning the impact of the COVID-19 pandemic to local receipts, which still remained unknown as of the meeting, and the lowering of town council expenses which was the result of less use of legal representation. His biggest question however involved the school district. The budget features a miniscule increase for the district over the current year and depends heavily on state and local aid numbers which have yet to be confirmed. Sage asked if the small increase was enough to cover salaries or if the

district was making sacrifices to meet that number. Superintendent Steven Lamarche put any concerns to rest.

"At this point in time, we don't have reductions to our staff. We were able to offset some of the costs moving forward with some of the captured savings in transportation since we've been shut down in the school district (due to the pandemic)," Lamarche said. "We don't have program reductions at this time."

There was also a question about a line item for \$42,000 for the proposed Public Safety Complex, a project approved in May of last year before the funding mechanism for the initiative was voted down at the polls in the fall. This money was part of the \$28.5 million appropriated in May of 2019 and the board of selectmen and finance committee had approved utilizing up to \$1.4 million for the initial planning phases. That money was an interest payment on borrowing approved for the architectural designs for the project.

In addition to the budget and other housekeeping items, several citizen petitions brought forth by resident Robert Lemansky were voted down by those present. Those articles included a vote to eliminate any town project approved at town meeting that failed to gain voter

Turn To **MEETING**, page A6

School District examines reopening athletic facilities

BY JASON BLEAU VILLAGER CORRESPONDENT

DUDLEY/CHARLTON – As town parks and amenities begin to reopen in Dudley and Charlton, school complexes will remain closed to the public at least for the remainder of June.

Since closing schools in March to help prevent the spread of COVID-19 among the student population, the athletic fields and other amenities in the Dudley Charlton Regional School District have remained unused. Over the last month, both Dudley and Charlton have begun rolling out reopening plans allowing access to certain town properties, but Superintendent Steven Lamarche has stated that the school district won't reopen anything until next month.

"The school system is not in the position to permit that immediately," Lemarche said during a School

Turn To FACILITIES, page A12

Rotary Club helps to combat hunger

STURBRIDGE — Many years ago, St. John Paul II Food Pantry founder. the Rev. Peter Joyce, reached out to the community for support to alleviate hunger in this community. The response was widespread and generous. The Sturbridge Rotary Club answered the call then and continues to support the efforts of the Food Pantry in today's challenging times. In the last seven years alone, the Sturbridge Rotary Club has donated \$21,000 to the Food Pantry. That support enables the St. John Paul II Food Pantry to reach families, singles and senior citizens in Southbridge and Sturbridge. What began as a food voucher program nearly 30 years ago has progressed to a client choice Food Pantry serving 350 households monthly.

The Rotarian motto "Service Above Self" reflects the Clubs' commitment to advance and support a community in times of need. To further their commitment to the local food insecure individuals, the Rotary Club formed the Rotary Community Corps, a volunteer-driven arm of Rotary that created the Community Food Collaborative (CFC). The CFC grows organic vegetables each year and donates the entire crop produced to the Food Pantry. More than 3,000 pounds of fresh organic vegetables were donated last year. As the number



Photo Courtesv

Accepting the check are (L to R) Food Pantry volunteers Connie Waack and Marie Jimenez, Roberta Watson, Pantry Co-Director, Klaus Hachfeld, President of Sturbridge Rotary Club and Glenys Hac

of households reached has grown, the range of needs has also been revealed. In getting to know guests, leadership at the Food Pantry has expanded services to include the nutritional needs of children 0-4 years old, school-age children, young adults, Moms, singles and Senior

Citizens.

"The Worcester County Food Bank (WCFB) provides generous amounts and a great variety of non-perishable

Turn To ROTARY, page A12

Student athletes look forward to fall season

BY SAMANTHA ZANNOTTI CONTRIBUTING WRITER

DUDLEY — Student-athletes have been through a rollercoaster of emotions over the past three months. It first started in March when schools were shut down for two weeks and spring sports were postponed until the end of April.

Then, Gov. Charlie Baker decided schools would re-open May 4, and the MIAA (Massachusetts Interscholastic Athletic Association) decided to have a short spring season lasting from early May until mid-June, so athletes could get a few games in. That all came crashing down on April 21, when Baker shut down schools for the remainder of the current school year. With the closure of schools, athletes would no longer be able to have the spring sports season they trained so hard for.

Kids across the country were suddenly thrown into "remote learning" and had no idea what it entailed. This completely digital way of learning changed the "normal" for students, especially athletes. The random class times and inconsistent amount of homework made finding an everyday routine difficult.

On top of the school work, athletes were trying to make time to practice, but not with their usual teammates and coaches. They were left alone and all the choices they made were their own.

"I think being able to go and put in work every day takes mental toughness because there is no one pushing you to be better," said Shepherd Hill Junior Claudia Bonaventura who is committed to Bryant University for women's lacrosse. "I have learned that no matter what happens, it is important to keep training and keep a positive attitude because that is the only way to get results."

Athletes sometimes need a push in order to get going. They can be unmotivated or distracted by other things that aren't beneficial to their athletic career or schoolwork. Junior Brooke Garrepy found herself in a similar situation. Garrepy is on the Shepherd Hill softball team and would have been playing in her second season at the varsity level.

"I was very unmotivated for a while, but then took it as extra time to practice. I am just looking to improve and become the best player I can be," she said.

This unforeseen turn of events has left everyone, especially these student-athletes confused and unprepared. Shepherd Hill Junior Henry Weiland, who is a member of the track and cross country teams, found himself thrown for a loop but has managed to adapt to the current situation. **Open your heart** and home to an individual with disabilities.

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MENTOR

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Local teacher and writer reconnect for class at St. John's Summer Academy

REGION — Charlton native Elisabeth Gilbride, is excited to announce that she will be teaching virtual classes Creative Writing to Publish and Intro to Freelancing at St. John's Summer Academy, running from July 6-31 at 1-4 p.m. and 6-9 p.m., respectively.

"Creative Writing to publish will focus on writing short stories, a novel, novella, play, or poetry," states Gilbride. "The course is not limited to working on your chosen literary work, but also discusses the process of how to find an agent (and what you need to do to get there), as well as the steps of publishing once you've found an agent. I am also extremely excited to share that Jenn Bishop, a former classmate of mine, who is the author of several successful middle grade novels, will be a guest speaker in this class on July 10 at 1:30 p.m. I plan to have additional guest speakers who are equally as talented as Jenn added to the lineup by the time classes begin."

Bishop, a native of Sturbridge, and alumna of Notre Dame Academy in Worcester, where she attended high school with Gilbride, is the author of the middle grade novels "The Distance to Home" and "14 Hollow Road," published by Penguin Random House, and "Things You Can't Say," published this spring by Simon & Schuster.

Gilbride recently made the career change to teaching after spending 12 years in the publishing industry as the Executive Editor at the Equine

Journal (formerly "Horsemen's Yankee Pedlar"), and has freelance written for notable publications including Young Rider, Sidelines, Chronicle of the Horse, and Massachusetts Horse. Gilbride also initially freelanced for the Stonebridge Press and Villager Newspapers, writing for the sports sections of the Charlton Villager and Spencer New Leader.

'Writing for these newspapers helped me develop the confidence that I needed with my writing, and greatly benefitted me not only by helping me add to my portfolio and expanding my resume. I was happy to continue writing for these publications, while also getting my leg in the door at other magazines and journals," Gilbride says. "I learned a lot about how to quickly write and develop a good sports article.

'I am excited to share my love for journalism with students in my Intro to Freelancing class, which is intended to help them obtain experience writing for a media outlet. It will cover the basics of writing shorts, news articles, features, and profiles; how to request or find an editorial calendar from an editor or a publication's website; how to write a query letter to an editor; and how to write your article once you've been assigned one.'

For more information on the classes at St. John's Summer Academy, and to learn how to sign up for Creative Writing to Publish and Intro to Freelancing, visit www.stjohnshigh.org/summer.

SNHU announces Winter **2020 President's List**

MANCHESTER, New Hampshire -It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2020 President's List. The winter term runs from January to May.

Eligibility for the President's List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester.

Sal Ante of Uxbridge

Emily Roberts of Uxbridge

Southern Hampshire New University (SNHU) is a private, non-

profit institution with an 87-year history of educating traditional-aged students and working adults. Now serving more than 130,000 learners worldwide, SNHU offers over 300 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu. edu.

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For the Sturbridge Villager, Southbridge News, & Webster Times

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racy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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Bay State Savings Bank hosts fundraiser for NEADS World Class Service Dogs

WORCESTER — Bay State Savings Bank is excited to announce a month-long fundraiser to help support NEADS, a nationally recognized, ADI Accredited 501 c(3) nonprofit that trains highly-skilled Service Dogs to help people who are deaf or have a physical disability. The fundraiser is in honor of the Bank's mascot, Benjie, celebrating his first birthday.

During this time of quaran-tine, stay-at-home orders, and social distancing brought on by the pandemic, it has become even more apparent just how vital NEADS World Class Service Dogs are to the safety and well-being of their owners, many of whom are without the human assistance and support they might otherwise have. Covid-19 has altered many of the existing fundraising strategies organizations like NEADS depend on, such as road races, truck pulls, fairs, etc., which is one of the many reasons why Bay State Savings Bank decided to step in and help support the organization.

Donations are tax-deductible, and all funds raised will be used towards training and placing a dog with an individual in Massachusetts. Bay State Savings Bank will match every donation, dollar for dollar, up to



Photo Courtesy

Benjie the Bay State Beagle, official mascot of Bay State Savings Bank, is celebrating his first birthday on Saturday, June 27. To celebrate, we are hosting a month-long fundraiser in support of NEADS World Class Service Dogs, based in Princeton, and matching all donations, up to \$3,000.

\$3,000. Donations can be made baystatesavingsbank. by visiting support.neads.org/

URI students named to the Spring 2020 Dean's List

KINGSTON, R.I. - The University of Rhode Island is pleased to announce the Spring 2020 Dean's List. The students represent nearly all of Rhode Island's cities and towns, all six New England states, New York and New Jersey, and many other states and countries.

To be included on the Dean's List, full-time students must have completed 12 or more credits for letter grades during a semester and achieved at least a least a 3.30 quality point average. The following students from vour area were named to the Dean's List:

Daphnny Calixto of Uxbridge Jack Cederberg of Charlton Julia Cierpich of Charlton Allison Cotter of Uxbridge Benjamin Eason of Uxbridge Jordan Howard of Uxbridge Cailee King of Uxbridge Emma Kraich of Uxbridge Taylor Lennox of Uxbridge Sadie MacGrath of Charlton

Jacob Rancourt of Uxbridge Mina Roufail of Charlton Julia Vanelli of Uxbridge Eric Vario of Uxbridge

The University of Rhode Island's pioneering research extends the University's influence well beyond its coastal borders, while its unique interdisciplinary courses provide its 16,852 undergraduate and graduate students with global opportunities in an intimate environment. In May 2020, more than 3,500 under-

Open Sky Community Services celebrates EVP of Organizational Development and Diversity

WORCESTER — Open Sky Community Services is celebrating the career and retirement of Michael Seibold, Executive Vice President of Organizational Development and Diversity. On May 29, Seibold received a key to the City of Worcester in recognition of his 40 years of dedicated service to organizations supporting individuals with disabilities. Seibold, who had held the position of Director of Community Services with Alternatives Unlimited, Inc., joined Open Sky in 2018 when Alternatives affiliated with The Bridge of Central Massachusetts as Open Sky Community Services.

Worcester Mayor Joseph Petty presented Michael with the key for his 40 years of work to provide people with developmental disabilities or mental health challenges the support and opportunities they need to lead full and successful lives in the community. Mayor Petty noted that the presentation marked his first "Zoom Key" – digitally presented on the Zoom video conferencing platform.

'We are fortunate to have had the opportunity to work alongside Michael," said Ken Bates, President and CEO of Open Sky Community Services. "His thoughtful approach, breadth of knowledge and teaching style has left a lasting legacy for the entire central Massachusetts community.'

During Seibold's tenure, he oversaw years of extraordinary service growth. Of particular note is Michael's work to develop an agency-wide mentoring program to assist staff members in their career development.

For more information about Open Sky Community Services, please contact Lorie Martiska, lorie.martiska@ openskycs.org

Open About Sky **Community Services**

Open Šky Community Services is dba for Alternatives Unlimited, Inc and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.org.

Lasell University honors Class of 2020

NEWTON — Congratulations to the graduates of the Lasell University Class of 2020!

Samuel Bettencourt of Uxbridge: BA in Fashion Design and Production

Allyson Parabicoli of Uxbridge: Magna Cum Laude BS in Event Management

Sarah Reese of Uxbridge: Magna Cum Laude BA in Fashion **Design and Production**

3.30 quality point average. Parttime students qualify with the accumulation of 12 or more credits for letter grades earning at Austin Mancini of Charlton Alex Matkowski of Uxbridge Sarah McGee of Uxbridge Taylor Perry of Uxbridge

graduate and about 700 gradu-University now has more than 120,000 alumni worldwide.

For more information contact: Samantha Mocle, assistant ate degrees were awarded. The director of communications at smocle@lasell.edu or at 617-243-2386.

Curry College announces Spring 2020 Dean's List

MILTON — Curry College congratulates roughly 1,000 students who were named to the Spring 2020 Dean's List. To earn a place on the list, full-time undergraduate students - those who carry 12 or more graded credits per semester - must earn a 3.3 grade-point-average (GPA) or higher.

Devin Gatto of Uxbridge, majoring in **Criminal Justice**

Corey Smith of Uxbridge, majoring in Management

About Curry College

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 28 undergraduate majors,

as well as graduate degrees in business, accounting, education, criminal justice, and nursing, with a combined enrollment of more than 3,700 students. The student body consists of approximatelv 2.000 traditional undergraduate students, and 1,700 continuing education and graduate students. Approximately 1,575 of its students reside on the Curry campus. The largest majors are business

management, communication, nursing, criminal justice, and education, and the college is also internationally known for its Program for the Advancement of Learning (PAL). The College offers a wide array of extra-curricular activities ranging from 15 NCAA Division III athletic teams to an outstanding theatre program. Visit us on the web at www. curry.edu.



www.StonebridgePress.com

Worcester State University Dean's List

WORCESTER — Worcester State University has announced its Dean's List for the spring semester of 2020.

AUBURN: Alexa K Adams, Domenic R Astrella, Casey L Beaudet, Alysha C Benoit, Nicole A Berthiaume, Leo J Boisvert, Elizabeth J Cedrone, Isabelle R Chan, Sarah A Cronin, Molly E Cutting, Deanna A Dalli, Quynh D Doan, Kerri J Dowd, Danielle M Dufault, Julia M Duquette, Maxwell B Engel, Alexandra E Giaquinto, Carrie A Girardin, Rachel A Griffin, Maggie R Grogan, Lindsay E Guittarr, Sydney J Horanzy, Michael E Kelley, Lauren E Kennedy, Kaylee A Kittredge, Victoria R Konicki, Samantha M Kowalchek, Sang Q Lam, Jenna L Lanciault, Nora D LeBlanc, Eric J Merriam, Aleen M Merzoian, Monika Mularski, Delaney K Nadeau, Samuel M Njuguna, Kennadi E Ohman, Ashley M Peck, David F Pratt, Courtney J Prescott, Renae M Renihan, Michael P Riley, Paige F Robidoux, Amanda N Roux, Emily A Saucier, Samantha A Sheehan, Kristen J Sleight, Nicholas P Stanton, Brianna L Stomski, Caitlyn E Sullivan, Aliana Torres, Kiana Torres, Katelynn R Wackell, Makenzie R Ward, Allison J Woeller, Andre Zink

BRIMFIELD: Kayla С Archambault, Kelly N Austin, Christine Corrow, Elizabeth S Croteau, Claudia A Gaumond, Jason P Leaming, Kassandra Sanchez, Alison P Senecal, Anita J Swift

BROOKFIELD: Natasha D Austin, Jade E Menard, Aaron C Parker, Faye L Rhault, Mia E Wilbur

CHARLTON: Michael Brunelle, Susan Burtchell, Ryker X Capielo, Deven E Chaffee. Brenna J Chaisson. Michelle A Elliott, Samuel K Gaudette, Grace E Gordon, Megan R Greenough, Leah P Hibbert, Zachary M Hill, Abigail E Howard, Bethany A Irish, Lyndsay R Jansson, Samantha M Johnson, Sabrina M Lomax, Matthew A Lovely, Krystal A Marment, Jonah J Messier, Lauryn A Mulcahy, Casey E Mullaly, Stephen T Myers, Emily L Novack, Kayla R Palmer, Parth S Patel, Chace J Pettinelli, Brandon A Premo, Emily M Provasoli, Athena M Prussman, Johanna E Riddle, Kathryn E Ryan, Aviya T Singer, Abigail M Snopkowski, Abigail M Stone, Andrew C Vizzachero

CHARLTON CITY: Julia L Fitzpatrick

CHERRY VALLEY: Dima A Arabi, Megan Gaucher, Elise M Leveillee, Samantha J Sealey, Loren M Urena

DOUGLAS: Kirsten B Ballou, Amanda L Bara, Amanda J Bowker, Sydney C Connor, Kayla R Finnegan, Sara A Finnegan, Meghan L

10 12 13 17 21 30 32 43 46 49

CLUES ACROSS

Protects from weather 30. Egyptian unit of weight Foley, Maureen L Grady, Ethan C Guertin, Margaret E Gurney, Alexandra M Hebert, Hanna R Kearney, Bethany M King, Ryan J Klenk, Melissa E Landry, Austin K Lemire, Santina M MacGregor, Rachel J Maciejewski, Isabel M Mazzarella, Ian J Murphy, Justin T Pineo, Laurel M Schultheiss, Hailey K Skowronski, Erin S Theroux, Rebekka L White

DUDLEY: Amanda J Babbitt, Bailey T Bowes, Bellalorraine M Carey-Hicks, Vanessa Corriveau, Maria Deyette, Emily F French, Megan F Gatsogiannis, Juliet L Helock, Lauren E Jachimczyk, Sara N Jedrzynski, Shelby W Jyringi, Amanda Lane, Allison R Marrier, Heidi A Marrier, Erin Masciangioli, Emily Mattson, Jessica N Moore, Kailyn J Murphy, Eric W Norman, Camryn M Ozolins, Danele Pierce, Kyle F Quadarella, Amanda L Schramm, Molly H Springer, Justyn W Sudyka, Sarah E Tonkin, Keara L Vangel, Benjamin R White, Catherine A Wielock

BROOKFIELD: EAST Caitlyn A Bean, Ciara A Haddad, Julia E Joyce, William J Mitchell, Erin G Parker, Matthew P Toomey

EAST DOUGLAS: Hailey R Baldwin, Rachel E Sutton

FISKDALE: Jillian R Bellville, Beatrice M Korman, Emily E Reyes

FITCHBURG: Sarah R Achi, Casey L Bidleman, Jacob M Boivin, Christian Capoccia, Lacey M Eaton, Estefanie Palma, Julienette J Rivera, Maddisen C Scott, Henley A Shipley, Wendy Soto, Ashley M Tejada- Villa

HOLLAND: Sarah N Cox, Alexis J Palmer

LEICESTER: Jessibelle Burgos, Ryan P Carney, Hawraa H Chreim, Rhiannon Dugan, Dimitrios L Gaitanidis, Rose M Grady, Kelley A Hall, Amy R Kaiser, Efstathia Kapoukranidis, Konstantina Kapoukranidis, Logan J Laflamme, Josie R Lavin, Andrew H Le, Judy Le, Rebecca A Lulu, Anthony M Madonna, Trevor V Mott, Meagan M Perro, Mac T Rice, Jaymi-Lyn Souza, Matthew S Splaine, Annette K Tran

Dakota R Hinerth, Samantha A Howe, Breana L Joubert, Madison J Parker, Megan M Quigley, Tory E Zalauskas

NORTH OXFORD: Zachary E Alicandro, Cinthya M Bucaro, Mina L Carrabba, Brooke E Dionne, Austin M Edwards, Heather M Hibbard, Christian D Keeler, Andrew D Ravenelle, Susan L Vigeant

NORTH UXBRIDGE: Jacquelynn K Rondeau

NORTHBRIDGE: Nicole M Ballard, James W Blair, Grace O Demers, Zachary J Grenon, Connor M Loando, Megan M Mattox, Michael D Mattox, Sean C Otoole, Cameron J Richards

OXFORD: Eleni Baraklilis, Haley Belanger, Jamie L Blanchette, Samantha L Carey, Julia M Carrier, Michael A DeGaetano, Chelsea Fargnoli, Nicole A Feige, Jessica S Gasiewski, Amanda D Gevry, Austin W Greene, Ian R Inangelo, Nicholas R Iudiciani, Ava R Krantz, Elizabeth L Lambert, Alexander J Lemovitz, Kavli R Lopriore, Maci C Melendy, Alexis N Melton, Jessica Nachilo, Fatima Nadeem, Usama Nadeem, Alexander G Polis, Bianca P Rheaume, Christian T Shadis, Julianne E Welsh

ROCHDALE: Gina Μ Endres, Victoria E Keating, Callie Kmon, Alyssia L Peloquin, Justin P Turgeon, Brianna M Walls

SOUTHBRIDGE: Brandon M Aviles, Leah Gallipeau, Jane B Ghosn, Alysia H Joppas, Maxwell R Kimball, David A Livengood, Luis R Maldonado, Kaighley S Obuchowski. Chantelle L Ricard, Laurie E Schlatter, Marissa L Stuart, Matthew J Travers

SPENCER: Jillian E Anderson, John J Arsenault, A Valley Lilly A Brochu, Taylor A WHITINSVILLE: Nicholas Butler, Tyler J Clayfield, Michael J Dow, Rachel M Duda, Dong L Dzindolet, Eric R Fyrberg, Jaymee L Hayes, Daniel J Herriage, John A Kingston, Jessica L Lascom, Richard W Mayne, Luz M Mejia, Abigail L Meyer, Kayla A Morrison, Jeffrey M Morrissey, Jennifer M Morrissey, Kassidy R Murphy, Mary W Muthiora, Kimarilis Ojeda, Nicole A R Richardson, Michael A NORTH BROOKFIELD: Santurri, Kaitlvn R Stewart Brodin P Coughlin, Janet M Ouellette, Heidi M Sadusky, Fortune, Kalie E Harding, Samantha R Sousa, Ariana R

Strout, Rachael L Thibeault, Selena M Wilson, Hayley R Worthington

STURBRIDGE: Megan E Curboy, Christen E DiCarlo. Brandon M Gatta, Aaron M Kingman, David J Novack, Mackenzie A Pratt, Katelyn S Seguin, Kathryn E Staples, Taylor R Whittredge

UXBRIDGE: Corrine Bianco, Joel N Buabeng, Sara Budic, Allison E Colella, Kristen N Connors, Sean P Creighton, Felicia T D'Ambra, Mikala M Davis, Angelo B DeMalia, Nathaniel I deVries, David S Echavarria, Lucas P Horan, Baron V Horwath, Matthew R Johnston, Jessica L Kollett, Ellie C Lapan, Sara G Lesack, Jade S Letendre, Bruce Marchand, Hannah M Muggeo, Cara M Parker. Victoria L Picotte, Madison L Poirier, Keely R Rancourt, Russell S Wise, Jillian R Zinkus

WALES: Emily I Bready

WARREN: Lauren Α Banfield, Jamie E Bergmann, Jordan A Choquette

WEBSTER: Cody P Adams, Brian B Aphram, Sheila A Blythe, Emma T Bonneau, Kathleen M Cafarelli, Jake W Ford, Caitlin D Frabotta, Katelvn J Holden, Evan R Maniatis, Danielle L Marrier, Ethan P Melia, Emilia M Noyes, Abbigail J Poplawski, Sabrina E Prince, Felicity P Robillard, Alicia M Saladino, Megan R Scully, Pawel Stypulkowski, Andrew S Tadros, Savannah J Walckner, Sarah M Wong-Kam, Sierra E Yuras

BROOKFIELD: WEST Kendra Dansereau, Michaela L Dupuis, Daniel C Hall, Malorie N Kenneway, Matthew L Kopacko, Faith O Leddy, Alexia C Paquette, Tabbatha R Prescott, Katelyn

D Billington, Elizabeth R Bisaillon, Tyler J Brodeur, Meighan A Casey, Courtney L Delaney, Michael V DePolo, Olivia K Gould, Emily D Heldenbergh, Abigail J Karns, Christopher M Kirwan, Marisa L Lortie, Madison A Malone, Jennifer J McLaughlin, Dylan D Murray, Alexandra Orn, Melissa A Prudhomme, Jared

- 4. Superhigh frequency

8. Swines

person

13. Surinam toad

14. Sign language 16. Tattoo (slang)

17. Makes level

25. Swiss river

26. Buddy

19. Sun up in New York 20. It must be scratched

21. Where people live

divisible whole 29. Shrek is one

27. One of two equal parts of a

10. Self-righteously moralistic

12. United Arab Emirates city

- 31. Fiddler crabs 7. Southern constellation
 - 32. Carroll O'Connor's TV wife
 - 39. No longer having life
 - 41. Former OSS

 - 42. A way to emit sound
 - 43. Mandela's party
 - 44. Adult female chicken
 - 45. U. of Miami's mascot
 - 46. Southeastern Chinese people
 - 48. Casino game
 - 49. Amos Alonzo __, US football
 - coach
 - 50. Joint connecting two pipes at
 - right angles
 - 51. Will Ferrell film

24. Paddle

27. Worked the soil

- 52. River in NE Scotland
- **CLUES DOWN**
- 1. Occur 2. Show up
- 3. Capital of Taiwan 4. Former French coin 5. Some are bad 6. Monetary unit 8. Package (abbr.) 9. Indian religious person 11. Crew 14. Antidiuretic hormone 15. Makeshift 18. Baseball box score stat

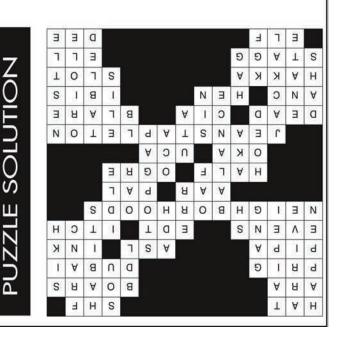
22. Even distribution of weight

19. Make a mistake

23. Clumsy person

20. Not moving

28. Alias 29. Plant cultivated in Peru 31. Side-blotched lizards genus 32. Wild dog 33. Immoral act 34. Pound 35. Manning and Lilly are two 36. Put on the shelf for now 37. Baltimore ballplayer 38. Cuddle 39. Dashes 40. Related on the mother's side 44. Witch 47. Kilogram force (abbr.)



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Emerson College announces Dean's List honorees

BOSTON — The following students have been named to Emerson College's Dean's List for the Spring 2020 semester. The requirement to make Dean's List is a grade point average of 3.7 or higher that semester.

Joseph DuBois of Uxbridge -Journalism, Class of 2021

Michelle Gaudet of Charlton -Communication Disorders, Class of 2020 About Emerson College

Based in Boston, opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 3,780 undergraduates and 670 graduate students from across the United States and 50 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, D.C., London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The College has an active network of 39,000 alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

Ryan Paul named to SNHU Dean's List

MANCHESTER, New Hampshire — Rvan Paul of Uxbridge has been named to Southern New Hampshire University's (SNHU) Winter 2020 Dean's List. The winter term runs from January to May. Eligibility for the Dean's List requires that a student accumulate an academic grade point average (GPA) of 3.5-3.699 and earn 12 credits for the semester.

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 87-year history of educating traditional-aged students and working adults. Now serving more

than 130,000 learners worldwide, SNHU offers over 300 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the "Most Innovative" regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu. edu.



2019 Electra Glide **Standard Motorcycle** Harley-Davidson USA **Tickets are \$100 Each Only 400 Tickets** Available



Motorcycle will be raffled on August 22, 2020, After our famous Poker Run and Chicken BBQ which starts and ends at St. Stans Polish Club on South Street in west Warren, MA. The Poker Run (\$20 pp includes Chicken BBQ) is sold separately from the motorcycle tickets. We are sponsoring these benefits to honor and remember Rachele Ann Beer, Rachele passed away on October 9, 2019 at age 35, after bravely fighting cancer. This impressive motorcycle was purchased to be raffled to raise the funds to

Local Students graduate from Western New England University

S P R I N G F I E L D - Western New England University congratulates over 950 students who received their academic degrees in May 2020.

The following students earned their degrees: of Kyle Watkins Charlton graduat-

ed magna cum laude with a BS Business Administration. Kittredge Nikolas

of Charlton graduated magna cum laude with a Juris Doctor.

Ryan L'Ecuyer of graduat-Charlton ed summa cum laude with a BS Business Administration. to А

Salute

Undergraduate students of the class of 2020 featuring a driving parade of the Western New England community, conferral of degrees, memories of the journey, and a live chat can be viewed here (https:// youtu.be/ruftr3pw-1o).

Salute to Α Doctoral, MMaster's, Pharmacy, Occupational Law, and Therapy students of the class of 2020 can be viewed here (https:// youtu.be/XqJt1bKKjcY). All Class of 2020 students will be warmly welcomed back to campus for a traditional ceremony when it is safe to do so.

Having just celebrated its Centennial, Western New England University is a private, independent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Massachusetts, Western New England serves 3,825 students, including 2,580 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

Local students named to Dean's List at the University of New Haven

WEST HAVEN, Conn. — Olivia Gould and Casey Robinson of Charlton were named to the Dean's List at the University of New Haven for the spring, 2020

About the University of New Haven The University of New Haven, founded on the Yale campus in 1920, is a private, coeducational university situated on the coast of southern New England. It is a diverse and vibrant community of more than 7,000 students, with campuses around the country and around the world.

Within our colleges and schools, students immerse themselves in a transformative, career-focused education across the liberal arts and sciences, fine arts, business, engineering, healthcare, public safety, and public service. We offer more than 100 academic programs, all grounded in a long-standing commitment to collaborative, interdisciplinary, project-based learning.

Information is available at www. newhaven.edu.



help save Rachel's life. We have had to shift gears since her passing. Rachel attended the Center of Hope for many years. Her family would appreciate the proceeds in Rachel's memory be applied to purchase needed items for her peers, such as sensory equipment, Ipads and music related items at the Center of Hope. We will also be making a donation to Clowning for Kidz Foundation for their help in assisting in the raffles.

The Arc Center of Hope Foundatio

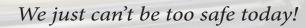
Sincerely, The Beer Family Credit Cards Welcome, Or Paypal.me/Scot Mansfield,



For Tickets Call 413-436-5706 Paypal.me/Wendymbrown or



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Information as of April 2020 by: Earl J. Wilkinson Executive Director and CEO International News Media Association

Jamellah and Kve Age 11 and 13

enjoys school and was recently a student council member. She is currently in the 6th grade and is well-liked by her

Kye is a playful young boy who always wants to be running around outside. He is very active and loves to play different sports, as well as activities like fishing and camping. When he is inside, Kye likes building with Legos and playing video games. Kye has some behavioral concerns in school and will be assessed soon to see if he would benefit from extra supports in class

Legally freed for adoption, Jamellah and Kye's social worker is seeking a family for them of any constellation where Kye can be the youngest child in the home.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc. org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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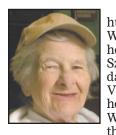
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OBITUARIES

Hazel V. Szlosek, 85

Hazel SOUTHBRIDGE-V. (Burlingame) Szlosek, 85, of Blackmere Rd., passed away on Monday, June 15th, in her home after a long illness.



She leaves her husband of 67 years, Walenty Szlosek, Jr.; her son, Dwayne D. Szlosek of Dudley; her Vanessa daughter, V. Schoonover and her husband Royl of Westminster, VT; her three brothers, Elliot

Burlingame, Nelson Burlingame and Kenyon Burlingame, all of Charlton; her two sisters, Jean Corriveau of Charlton and Ruth Farrow of Southbridge; her two grandchildren, Beckie Boyd and Ryan Schoonover; and many nieces and nephews. She was predeceased by her twin sister Ruby. Hazel was born in Southbridge the daughter of Homer N. and Charlotte V. (Whitcomb) Burlingame.

Hazel and her husband owned and operated the Tall Pine Greenhouses in Southbridge for over 30 years. She enjoyed oil painting landscapes and enjoyed wildlife photography. She also enjoyed cooking for her family. In her younger days she enjoyed riding motorcycles.

Hazel's funeral service and burial in West Ridge Cemetery, Charlton, will be private. There are no calling hours.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

www.morrillfuneralhome.com

Jason Nicholas King

Jason Nicholas King of Ashford, CT. 37, went to be with his Lord on April 27th. 2020.



Jason was born April 7th, 1983 in New Haven, CT to Peter and Melinda Basto King. A 2001 grad-Woodstock uate of Academy, he worked as a skilled carpenter and became versed in plumbing and elec-

trical. He made his home in Maine, Rhode Island, East Killingly, Eastford and Ashford. Jason was a gentle soul, always eager to say a kind word and lend a helping hand. Nature was his soul mate. In the woods with Ox, his loving golden lab, was where he felt most comfortable.

Jason is survived by his parents, Peter (Springfield, Ma) and Melinda King (Ashford, Ct.) His brothers, Peter (Woodstock CT) and Brandon King (Eastford, CT) and his Grandparents, Dana Basto (Woodstock, CT) and Marieann MacGinnis (Auburn, MA).

In lieu of flowers, donations in Jason's memory may be made to: The Evangelical Christian Ctr., 574 Ashford Center Road, Ashford, CT 06278.

Memorial Service to be held Saturday June 27th, 2020 at 11:00am, Eastford Baptist Church, 133 Union Road, Eastford, CT, 06242

*In accordance with COVID-19 regulations, masks will be required for attendees and social distancing will be practiced.

in Webster in 1964 and received his

Mr. Popiak was a U.S. Army veter-

Jibreel Umar Arrastia, 23

CHARLTON - Jibreel Umar Arrastia, 23, of Kings Grant Circle in Suffolk, VA, died March 11, 2020, while serving in the United States Navy. He is survived



by his mother, Nicole L. Martocci and her husband Jason of Charlton; his father, Umar A. Arrastia and his wife Nina of Auburn; five sisters, Reyhanna R. Arrastia of Austin, TX, twin sister Maya L. Arrastia her and Michael Schroeder of Pensacola, FL, Sofia E. Martocci of Charlton, Lilura Arrastia of Auburn, and Vivian Nguyen of Auburn;

grandparents, Deacon

and

Peter Faford of Charlton, Aldolfo and Rosa

Arrastia of Tampa, FL, Thomas and

Edith Martocci of Charlton, Be Van

Tran and Trang Ngo of Worcester;

many aunts and uncles including Paul

and Dawn Davey of Charlton, and Steve

and Dianna Bruzios of Oxford; two

nephews, Kaiden and Khalil Schroeder

of Pensacola, FL; and many cousins. He was born in Worcester and lived in Charlton before joining the U.S. Navy in 2015. He attended Shepherd Hill Regional High School, and graduated from Auburn High School in 2015.

Jibreel was a Machinist's Mate Nuclear Power (MMN2-SS) serving in the U.S. Navy in Norfolk, VA. He served aboard the U.S.S. Boise (SSN-764) and was currently serving aboard the U.S.S. Washington (SSN-787). He recently completed a 6-month tour aboard the U.S.S. Washington. Jibreel enjoyed playing football during his time at Shepherd Hill. He loved video games and enjoyed baking.

June 27, 2020, from Paradis-Givner Funeral Home, 357 Main St., Oxford, followed by a Mass at 10 a.m. at St. Joseph's Church, 10 H. Putnam Rd. Ext., Charlton. Burial will be private at a later date. Calling hours are Friday, June 26, 2020, from 5-8 p.m. at the funeral home. In lieu of flowers, memorial contributions may be made to the National MPS Society, 1007 Slater Rd., Suite 220, Durham, NC 27703.

ATHLETES

continued from page A1

"I learned that not everything in life will be perfect or 'planned' and that it is important to adjust to uncontrollable circumstances and do the best with what we have," said Weiland.

Most athletes had, however, planned how they pictured their spring seasons were going to go. Weiland was hoping to break the school record in the two-mile for track.

"I was also looking forward to making it to all-states in track for the first time as in Massachusetts for high school athletes. Like Weiland, there were plenty more athletes that had goals like this set for the spring season.

been training since the fall for the upcoming spring sports season, hoping to achieve their goals.

was hoping to reach 300 goals. I was also hoping as a team to make it to districts for

before it started.

son in many different ways. Some were devastated and lost all motivation, but others used this to grow mentally. Sports all require a certain sense of mental toughness and it's a hard thing to just sit down and work at. It isn't something that is easy to change, but when left almost alone with nothing to look forward to, athletes can become mentally tougher whether they know it or not.

"Unexpected things might happen and you just make the best of them and learn from them," said Garrepy. "I have learned that things might not always go your way, but you should always make the best of it. One can't show that they have grown in mental toughness by just sitting there, but it shows up in game situations when needed most. Athletes are put to the test every day when the game is on the line or is in their hands. Those situations are when mental toughness shows itself, seeing if athletes can overcome a situation that is sudden and unexpected. That's what this whole COVID-19 situation had been to students and people across not only the state but the world. Sudden and unexpected things like this can't be planned. It's up to how we react to them that matter most. Athletes have put in the extra time and work and are now just hoping to get back on the field in the fall. With no certainty of a fall season, high schoolers not just only in Massachusetts but across the country, just want life to go back to "normal."

John Peter Popiak, 73

CHARLTON - John Peter Popiak, 73, of Willis Drive, died peacefully on Saturday, June 20, 2020, surrounded by his family. He is survived by

> Evans, GA, Heather M. (Popiak) Brothers Woodstock, CT, and Daryl A. (Popiak) Hamilton and her husband Justin of North

after 20 years receiving the Meritorious Service Medal. Mr. Popiak worked as a lineman at New England Telephone, retiring as a supervisor from Verizon in 2004 after 30 vears with the company. He was a member of the Auburn Elks and served on the board of directors of the South

Charlton Reservoir Association. He enjoyed traveling, boating, and fishing, and was an avid NASCAR and Disney fan

A private graveside service will be held at St. Joseph's Garden of Peace in Webster. In lieu of flowers, memorial contributions may be made to the Dana-Farber Cancer Institute, 450 Brookline Ave., SW120, Boston, MA 02215. Paradis-Givner Funeral Home in Oxford is directing the arrangements. paradisfuneralhome.com

MEETING

continued from page A1

support for funding by a Proposition 2 1/2 override which Lemansky indicating he was specifically targeting the Public Safety Complex. Lemansky clarified he was not against having a new fire station but felt the results of the ballot vote represented a larger sample of the public than the town meeting and that the project should have been sent back to the people at a town meeting after the funding mechanism was voted down. The proposal created som confusion among voters and town officials due to wording issues and questions about the true impact the article would have on the town's existing or future projects. In the end voters overwhelmingly shot down the proposal in a 71 to 34 decision. Lemansky's second citizens petition article for a \$20,000 appropriation to audit the fire and ambulance department also failed in a 73 to 33 decision. Lemansky's third article proposing to limit spending by the Board of Selectmen to only funds approved at town meeting failed in a 76-25 vote. Finally, an article seeking to require portions of labor contracts to be approved by the majority of the Finance Committee was postponed for a future meeting while a citizens petition seeking any article for the purchasing or leasing of multiple items to be limited to a maximum cost of \$100,000, a move meant to prevent "bundling" between departments, was also voted down.

of

Grosvenordale, CT; two stepsons, Eric W. Dieffenbach and his wife Elizabeth of North Providence, RI, and Adam W. Dieffenbach

brother, Thomas Popiak and his wife Joyce of North Grosvenordale, CT; eight grandchildren and two nieces. He was born in Webster, son of the late Peter P. and Esther C. (Rodman) Popiak, and lived in Charlton since 1986. He graduated from Bartlett High School

fiancé

Linda

A funeral will be held on Saturday,

paradisfuneralhome.com

States is the highest level of competition

Bonaventura, and many others, had

"This season," said Bonaventura, "I the third year in a row."

The Shepherd Hill lacrosse team lost in the district tournament last year to Westfield 12-8. This season was looking hopeful for the team but sadly ended

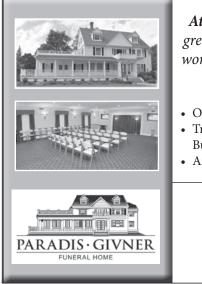
of Coventry, RI; a

associate's degree from Quinsigamond Community College in Worcester. an of the Vietnam War, earning the his wife of 10 years, Diane G. (McGowan) Air Medal among his other awards and Popiak of Charlton; decorations for his service in Vietnam. three children, Col. He later enlisted in the U.S. Air Force John F. Popiak and Reserve, retiring as a Master Sergeant his wife Elizabeth of

an individual," he said.

Weiland has made it to all-states the past two cross country seasons as an individual, as his team did not qualify. All-

Athletes took the loss of the spring sea-



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Editor's note: The author is a senior at Shepherd Hill Regional High School and reporter for the school's student-run newspaper, The Hill TelegRam.

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Brendan Berube Editor

Strength through survival

While our current economy hasn't quite dipped to the level it did during the Great Depression, the inevitable comparisons have been a dominant topic of discussion since COVID-19 put a halting stop to our economy.

To date, the Great Depression was the worst economic decline in modern times. A hard jump from the 'Roaring Twenties,' when Americans were enjoying a robust economy with more time to spend and recreate.

After the stock market crash in 1929, those who were still employed saw a decrease in pay of roughly 40 percent. This included doctors and other affluent career paths. One quarter of the population remained without a living wage. With that said, the typical American had to adapt to a new way of life that included a level of scrimping and saving never seen before.

Homemakers, which were primarily women back then, were shown how to make due with what they had in the kitchen. Meals were stretched as far as possible. To do so people learned to enjoy more casseroles including macaroni and cheese, chili, Mulligan stew (a mix of anything available), bologna casserole, and a 'poorman's meal' (fried potato with diced hot dogs). Another go to was 'hot water pie' which was made up from simple ingredients such as butter, vanilla, sugar and flour. Potluck gatherings were also a cheap way for people to come together and socialize. Thrift gardens popped up in vacant lots across the country where community members could grow food, feeding thousands.

Movie theaters were a major source of entertainment during the years leading up to the Depression. After the economy bottomed out, people had to find other, cheaper forms of leisure. One third of the cinemas in the country were shuttered. Miniature golf courses charged people no more than 50 cents per round, making the low-key game another popular thing to do. With that said, board games such as Scrabble and Monopoly became all the rage. People were also tuning into the radio for comedy shows and other dramas. More women became employed to supplement lost income, despite the fact that they were paid significantly less than men. Government help was also more socially acceptable after President Franklin D. Roosevelt introduced his New Deal initiative aimed at putting Americans back to work building infrastructure, such as the interstate highway system, that provided increased mobility not only for civilian traffic, but for the military and law enforcement as well. Before the Depression, those receiving welfare had their names listed in local newspapers, which was a deterrent for many to accept government assistance. Men grew insecure after not being able to provide for their families, which caused an uptick in suicide. Divorce rates were low because couples could not afford to separate, and though many couples did decide to split, others were inspired to work through their issues and emerge on the other side stronger than before. Traveling hobos became very common for teenagers who sought work to help their families on the road. Violent crimes did increase, however fell after a few years. While things have not reached a point nearly that low in our contemporary society (and hopefully won't), this situation has forced Americans to adjust their way of life, just as our forebears in the '30s did. And just as it did for them, that course correction may make us stronger.

VIEWS AND COMMENTARY FROM CHARLEON, CHARLEON CITY, CHARLEON DEPOT AND BEYOND

Have you noticed? W

As I age and travel through my life, I find that time and experience are changing me.

I've always been on the go. As a CEO for a quarter of a century, I worked long hours and spent countless time on the road. As an author on book tour for my three books, I've traveled to 31 cities in 35 days,

did 92 media interviews and spoke to 32 groups. I've spent my life always on the move mentally and ahead of where I was physically.

I'm not retired. I appear in 50-plus different publications weekly and have one new book out for publishing and two more in the works. I'm also cofounder and Interim COO of CubeStream, Inc., a free-market streaming platform that will launch this fall. So, I'm busy ... but I've changed.

I've become a "noticer."

I see things I've never noticed before. I'm certain my eyes have seen it all, but I never took the time to engage my brain and heart to notice. My eyes were focused on what was ahead and I was never in the moment. I'm sure my eyes glanced at the beauty around, but my brain and heart didn't engage to see what my eyes were beholding. But things have changed. Through time and a medical diagnosis, my heart and mind have engaged in everything and for the first time, I'm really noticing the wonderment of creation.

Arlene is a gardener. She loves putting her hands in the dirt and planting flowers. I've always known gardening was a passion but before, I looked at it as busy work. It was something she did. I thought if it as a chore. Wow ... was I wrong.

No different than Beethoven or Bach . or Monet or Van Gogh ... each year, Arlene gets on her knees, lovingly plants, weeds, and tills, while composing a symphony of colors. The soil is her pallet and she paints a work of art in our back yard that changes and evolves with each day. She's been doing it for years. She's honed and improved her craft and created a magnificent living work of art for us to enjoy, and in doing so, she's living in the moment. It's been there for years. My eyes saw it, but my mind and heart never engaged. That's a loss ... a tragedy of missed opportunity to see beauty and experience joy. But not now. I spend time every day taking in the beauty.

Positively Speaking Gary W. Moore

I have two focuses to my life's work. I write to uplift and encour-

age optimism in my readers and to help others enjoy and live life in the moment. As a business leader I always said things like "keep your eyes on the future," but time has

MOORE taught me that if you keep only looking ahead, you miss your life in the moment. It's not just a loss for you but also your friends and family. They want you with them in the here and now. In the future, you can look forward to life's rewards, but you never arrive in the future. It's a moving target that is always ahead. So, open your eyes and heart to the right now and enjoy your life in this moment.

How do you begin? Take five minutes each morning and

live in the moment. Empty your brain of distractions. Block the thoughts of the future and the things you must do. Sit in your backyard or take a walk and look for the little things you've never taken time to notice. Tune in to your surroundings. Notice the sunshine on your face and think about how it feels. Take in the color of the sky and shape of the clouds. Sniff the air. Engage all your senses.

Look people in the eyes when you encounter them. Smile and acknowledge you know they are there. I was in the grocery store last week. I encountered another shopper. We were both wearing masks, so it was hard to recognize others, but she called me by name and told me she was praying for my health. Gail Emme could have just passed me by, but instead decided to act in the moment and brighten my day. Speak to others, if only to smile and say hello. Acknowledge only your immediate surroundings. At this moment, pretend nothing else exists.

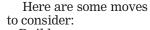
It's not easy to change life-long behavior, but its worth the effort. As you learn to live and love in the moment for a few minutes, expand the length of time and the number of times per day. Trust me ... it's worth the effort.

What have you noticed lately?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at <u>www.garywmoore.com.</u>

Work to achieve your financial independence

Over the past few months, just about everyone has felt the loss of some type of freedom, whether it's being able to travel, engage in social gatherings or participate in other activities we previously took for granted. Still, as we prepare to observe Independence Day, it's comforting to realize all the freedoms we still have in this country. And taking the right steps can also help you achieve your financial independence.



Build an emergency fund. It's a good idea to create an emergency fund consisting of three to six months' worth of living expenses, with the money held in a liquid, low-risk account. With this fund in place, you can avoid dipping into your long-term investments to pay for short-term, unexpected costs. debts under control. It's

Keep your debts under control. It's not easy to do, but if you can consistently minimize your debt load, you can have more money to invest for the future and move closer toward achieving your financial liberty. One way to keep your debts down is to establish a budget and stick to it, so you can avoid unnecessary spending.

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JEFF

BURDICK

Contribute as much as possible to your retirement plans. The more money you can save for retirement, the greater your feelings of financial independence. So it's essential that you contribute as much as you can to your 401(k) or similar employer-sponsored retirement plan. At a minimum, put in enough to earn your employer's match, if one is offered, and every time your salary goes up, boost your annual contributions. Even if you participate in a 401(k), you're probably also still eligible to contribute to an IRA, which can help you build even more funds for retirement. And because you can fund an IRA with virtually any type of investment, you can broaden your portfolio mix. Explore long-term care coverage.One day, your financial independence could be threatened by your need for some type of long-term care. It now costs, on average, over \$100,000 for a private room in a nursing home and more than \$50,000 for the services of a home health aide, according to Genworth, an insurance company. Most of these costs won't be covered by Medicare, either, so, if you want to reduce the risk of seriously depleting all your financial resources or burdening your adult children with these heavy expenses - you may want to consider some type of long-term care insurance. You could choose a traditional long-term care policy – which can cover a nursing home stay, home health care, or other services - or a hybrid policy, which provides long-term care coverage plus a death benefit. Manage withdrawals carefully. Once you retire, your financial freedom will depend a great deal on how skillful you are in managing the money in your retirement accounts. Specifically, you need to be careful about how much you withdraw from these accounts each year. If you set a withdrawal rate that's too high in your early years of retirement, you might eventually risk outliving your resources. So, set a withdrawal rate that reflects your age, assets, retirement lifestyle and other factors. You may want to consult with a financial professional to establish an appropriate rate.



Summer Drinks

Bright sunny days, shade tree breezes and a comfortable backyard chaise are the perfect elements for warm weather "easy living." And what could be more delightful than sharing a chat and a refreshing, cool drink on the porch with a friend or neigh-

bor? There's no doubt about it, nothing quite " hits the spot" on a hot New England summer day more than a tall glass of ice tea or lemonade. The sweet taste and clanging ice cubes of the thirst-quenching drinks have prompted recipe contests, starred at country fair refreshment booths, and spawned generations of young roadside entrepreneurs. With summer officially here, read on for some great old-fashioned lemonade and iced tea recipes guaranteed to refresh both body and spirit.

When people call for Tea Time, this season, it's usually iced tea - in frosty glasses filled to the brim. Here are a couple of delicious ways to serve up the perennial favorite drink.

Citrus Теа Cooler The carbonation and orange juice add sparkle and zest to this alternative to traditional iced tea. Perfect for a punchbowl at an outside get-together. Ingredients: Three bags or one tbsp loose black tea; one and a half cup boiling water; one half cup fresh lemon juice; one bottle (28 oz) lemon-lime -carbonated beverage or ginger ale, chilled; three quarters to one cup sugar; one tray ice cubes ;one half cup fresh orange juice. Directions: Place tea bags or loose tea in bowl. Pour boiling water over tea. Let stand five minutes. Remove bags or strain to remove leaves. Add sugar and stir until all is dissolved. Place ice cubes in two-quart serving pitcher. Pour hot tea. lemon and orange juice over tea. Stir briskly several seconds until mixture is cold. Stir in chilled lemon-lime carbonated beverage. Pour into glasses and serve at once. Makes two qts.

Lemon Sparkler Now here's a quick and easy version. (For those of us whose "leisurely" outside activities more likely find us hanging out clothes, chasing after a stray child or dog and running for the ringing phone!) Ingredients: Two cups tea, brewed; one half cup Real Lemon juice; one half cup sugar; juice cubes(ice cubes made with lemon juice and a little water); two quarts of ginger ale, chilled. Directions: In a pitcher, combine the tea, lemon

juice, and sugar stirring until sugar is dissolved. Just before serving, add the ginger ale and pour over juice cubes.

Lemonade and sunny days have gone together forever. Many a summertime memory is sparked by sipping a chilled tumbler of syrupy sweet lemonade.

Old Fashioned Lemonade Most lemonade aficionados agree the secret to a great lemonade is to make a heated syrup as a base. This recipe from Hamilton Beach, is touted as a "sure-fire hit."

Ingredients: Two cups granulted sugar; two and one half cups water; juice of six lemons; juice of two oranges; grated peel of one orange; one cup fresh mint leaves Directions: In a medium saucepan, combine sugar and water. Bring to a boil; cook over medium high heat five minutes. Let cool. Add lemon juice, orange juice and orange peel to syrup. Add in mint leaves. Cover and let stand one hour. Strain lemon syrup into a jar or pitcher. Store in refrigerator until ready to use. For each serving: Put one third cup lemon syrup into an eight ounce glass filled with crushed ice and cold water. Mix or shake well. Serves two (eight ounce servings)

Quick Old Fashioned Lemonade Now, here's an "easy" version. Ingredients: Two or three ice cubes; two tablespoons lemon juice; one and one half tablespoons lime juice; two tablespoons superfine sugar; six to eight ice cubes; two cups cold water. Directions: Pour lemon and lime juice into a pitcher, add sugar and stir until dissolved. Add ice cubes and water and stir. Serve in tumblers.

Win Dinner for Two at the Publick House

Turn To TRAINOR page A9

As you can see, working toward your financial independence is a lifelong activity – but it's worth the effort.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.





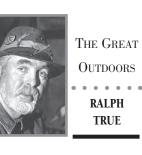
Gardening and wildlife

Wildlife in many areas of Massachusetts are thriving, as this week's picture shows a doe with her three young deer. Numerous gardeners are also feeling the negative part of high deer populations. Gardeners have told me about losing a lot of their

crops to deer this year. Woodchucks are also to blame for lost crops to the first-time gardeners, as well as longtime gardeners. One local gardener told me about a fellow gardener that planted seed for his corn crop. It did not take the crows long to find the recently planted seeds and pretty much cleaned out his corn patch.

This year, with all of the Covid-19 problems, many people are working from home, or are not working at all. They have a lot of time on their hands and decided to grow a garden for the first time. Seeds and gardening equipment were sold out of most stores early in the area, and they had to reorder. That to was pretty much sold out quickly.

Rabbit populations are also on the increase in the valley, which is good news for the few remaining hunters that own beagles, and enjoy listening to their hounds baying, as they track the rabbit's scent. There were many rabbit hunters in the area 30 or more years ago, but the rabbit population dropped dramatically because of destroyed habitat due to construction. The return of birds



of prey and the surge in coyotes, and fisher cat populations also took their toll on the rabbit population. Rabbits can cause some destruction to small gardens, feeding on recently sprouting plants. Freshwater bass fishing

is nothing but great, as this week's picture shows

young Randy Curley with his 6.4 ounce largemouth, he recently caught in a local body of water. Plastics are number one with many bass fishing anglers, but shiners are also catching some impressive freshwater bass. Top water plugs are great for catching lunker bass when fishing at night. The biggest thrill for catching big bass are fishing with a fly rod.

A number 8 or 9 fly rod when fished with small poppers, or the great assortment of weedless plastic frogs that are available today, provide the angler with some of the most successful fishing trips ever when used properly. Fishing top water frogs in the heat of the day will surprise you with some great action, even if you catch a number of two-orthree-pound bass. The big one is not far away, and you will enjoy the bass fishing a lot more. Your local Bait & Tackle shop should be able to set you up with the proper equipment for fly fishing, and you may never go back to the conventual rod & reel and braided lines for bass fishing.

Last week's picture of a large calico bass taken from Webster Lake, was



indeed an impressive fish. Back in my younger days I fished at Meadow Pond in Whitinsville as a youngster and used a fly rod to catch them. The fly called the Mickey Fin was a killer when it came to catching Calico bass, also known as crappie. Fishing from the old bridge on Main Street. and at the Arcade Pond were two favorite places of mine for catching calico bass.

Back in the '50s, aerial spraying of DDT helped keep the mosquito population down, but it also killed the Mayflys. The fly's fell into the water and the calico bass and other species of warm water fish ate the dead fly's killing them



off also. The fish populations have since rebounded, but not in the numbers that we once had. Because of aerial spraying of DDT many birds were also killed, and the use of DDT was stopped. It was a hard lesson learned.

Fluke fishing around Block Island and the shores off of Matunic beach are finally giving up some keeper fish. Numerous doormats up to 22 inches have been reported. Sea Bass finally opened up this past Wednesday. June 24 in Rhode Island waters. The daily limit is three fish at 15 inches or more. Buzzards Bay area continues to give up some big seabass along with monster Scaup.

Take A Kid Fishing & Keep Them Rods Bending.

Protect your landscape from bungry critters



While you're busy filling your landscape with beautiful flowers and scrumptious vegetables, the deer, rabbits and other wildlife are watching and waiting to move in to dine. Don't lose your beautiful investment to hungry animals. Be proactive in keeping wildlife at bay, so you can grow a beautiful landscape this season.

Protect plants as soon as they are set in the ground. It's easier to prevent damage rather than break a habit. Once critters find delicious plants, they will be back for more and they're likely to bring along a few additional family members.

fencing or view their flowers and other ornamental plantings through a fence, there are other options.

Scarecrows, rattling pans and other scare tactics have been widely used for decades. Unfortunately, urban animals are used to noise and human scent and not discouraged by these tactics. You must move and alternate the various scare tactics to increase your chance of success.

Repellents may be your best and most practical option. Always check the label for details on use, application rates and timing. Research has proven that odor-based repellents are more effective than other types of repellents. Wildlife will avoid plants rather than taking a bite before they discover they don't like the taste.

Look for organic repellents labeled for use on food plants when treating edibles. Plantskydd (plantskydd. <u>com</u>) is the only OMRI certified organic repellent and is effective against rabbits, deer, voles, elk, moose, chipmunks and squirrels. It is rain resistant and each application lasts three to four months during the growing season. Maximize results by treating new growth according to label directions. Most liquid repellents need time to dry while granule repellents may need to be watered to activate the smell. Always check the label for the product you are applying.



Deer can wreak havoc on landscapes and research has proven that odor-based repellents are more effective than other repellents at keeping deer and other critters from eating your plants.

Continue to monitor plantings throughout your landscape all season long. Watch for animal tracks, droppings and other signs wildlife have moved into your area. Protect new plantings and those favored by wildlife before they start dining on your plants. Always be as persistent as the hungry animals. If you're ever feeling discour-

aged, remember that gardeners have been battling animals in DVD series and the Melinda's the garden long before us and there are lots of options to help protect your flowers and harvest.

Courses "How to Grow Anything" Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Tree World Plant Care Products for her expertise to write this article. Her Web site is www.MelindaMyers.com.

Photo Melinda Myers

A fence is an excellent defense against animals. A four-feethigh fence anchored tightly to the ground will keep out rab-Five-feet-high fences bits. around small garden areas will usually keep out deer that tend to avoid smaller spaces.

Woodchucks are more difficult. They will dig under or climb over the fence. You must place the fence at least 12 inches below the soil surface with four to five feet above ground. Make sure gates are secured so animals can't squeeze through or under these. The last thing you want is an animal happily living and dining inside your fenced in garden.

For gardeners who do not want to spend the money on

Protect new tree whips by dipping them in a long-lasting liquid repellent. Mature trees will benefit as well. Treat them prior to bud break or two to three weeks after leaves have developed.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great

TRAINOR

continued from page A8

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131

across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.











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Neighborhood! 1-2 Bdrms on 1st Flr (1 could be a Dining Rm). 2 Additional Bdrms Upstairs! 1st Floor w/Hardwoods! Interior Painted in Neutral Colors! Gas Heat on the1st, Electric Heat on 2nd! Detached Garage w/Newer Door be ing used as a Hobby Rm! Newer Roof! New Insulation Added! Home is Wired for a Generator! Newer White Vinyl Fenced-in Level Backyard! Town Services! Take advantage of Dudley's School System and Low Taxes! Walk to the Town Beach r the Playground at the Elementary School! Won't last long... \$263,000.00

Ranch! Some Sweat Equity Needed! 13,000' Lot! Eat-in Kit! Liv Rm w/Hrdwd Flrs & Picture Window! Mudroom/ Sunroom! Bdrms w/Hrdwds & Ample Closet Space! Full Tile Bath w/Linen Closet! Unfinished Lower Level! Ga Heat! C/Air! Garage! \$249,000.00

DUDLEY - TOBIN FARM ESTATES! 9 Tobin Rd! 7 Rm, 3 Bdrm, 2.5 Bath Federal Front Colonial! Move Right In! 2 Story Grand Entry w/Gleaming Hrdwds in the Din Rm, Liv Rm & Kit! Frplc Fam Rm w/Cathedrals & New Wall to Wall! Granite Kit w/Center Isl, SS Appliances & Din Area! Tiled Mudrm! 2nd Flr w/Open Balcony! Master w/Full Bath & Walk-in Closet! Comfortable Bedrooms! Full Hall Bath w/Laundry! New Wall to Wall in Bdrms! Private

Backyard w/Deck & Hot Tub! 2 Car Garage! Shed! Fire Pit! \$449,900.00



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WEBSTER - 110 S. Shore Rd! Across the Street from Webster Lake! Killdeer Island! Access to Swimming & Boating w/Killdeer Island Club Assoc. Membership! Perfect 1st Home or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$249,000.00**



WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond - Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo - Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frplc! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! \$579,900.00



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WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$999,900.00



WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00



On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Featured New Lake Listing!

WEBSTER LAKE - 100 LAKESIDE AVENUE

WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail Outstanding open concept, water view from almost every room, upscale features & amenities! Nicely situated on a .25 acre level penin sula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline exceptional views, professional landscaping & privacy. All you need to live is located on the 1st floor... including a grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , half bath & laundry, formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! It Truly is a Great Opportunity to Own Something Special! nber, Timing Is Everything! \$1,075,000



WEBSTER LAKE - 32 JACKSON RD

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\$375,000

Simple ways to save after being laid off or furloughed

The outbreak of the novel coronavirus COVID-19 had a dramatic effect on the global economy. Businesses were shuttered seemingly overnight as public health organizations across the globe embraced social distancing as a means to preventing the spread of the potentially deadly virus.

Few, if any, businesses proved immune to the economic effects of the COVID-19 outbreak, which forced many employers to lay off or furlough employees. According to the U.S. Department of Labor, the week ending April 18 marked the fifth consecutive week that more than three million Americans filed initial unemployment claims. During that period, which for many areas of the United States coincided with the first five weeks of social distancing guidelines going into effect, roughly 26.5 million workers had filed jobless claims. The picture was not any rosier in other parts of the globe. For example, Statistics Canada noted that more than one million jobs were lost across Canada in March, increasing the country's unemployment rate from 5.6 percent in February to 7.8 percent by the end of March.

Many workers were furloughed in the wake of the COVID-19 outbreak, and while furloughs differ from layoffs, each situation left people looking for ways to save money. The following are some simple ways to save that can help furloughed or laid off employees make it through the financial uncertainty associated with the COVID-19 outbreak.

· Contact your lenders immediately. Many lenders, including Bank of America and Chase, announced breaks for homeowners and other borrowers in the wake of the COVID-19 outbreak. Lenders may vary regarding the extent of the breaks they offer as well their eligibility guidelines, but borrowers may be able to defer mortgage and auto loan payments for several months. Consumer advocacy groups warn borrowers to learn what the long-term effects of deferring payments may be. In addition, borrowers should know that they must contact their lenders before ceasing monthly home or auto loan payments.

· Consider cutting the cord. Many people have long advocated cutting the cord as a means to saving substantial amounts of money. Cutting the cord refers to forgoing traditional cable television service in favor of less expensive streaming options like Netflix and Amazon Prime. The cut the cord mantra seemed to resonate in the immediate aftermath of the implementation of social



distancing, as Netflix reported adding nearly 16 million subscribers in the first quarter of 2020. But before cutting the cord, consumers are urged to see if doing so would actually save them money. Customers who currently bundle their cable with internet and/or phone service may end up paying the same amount of money, if not more, even after canceling their cable subscriptions. Do your homework before cutting the cord, speaking with your provider to learn the true cost of cutting the cord. You may end up saving more by maintaining your cable but removing premium channels and downgrading to basic packages.

• Develop a new budget. Budgeting is an essential component of responsible money management at all times, and especially so in the wake of a layoff or furlough. Do not hesitate to develop a new monthly budget, examining all monthly expenses to determine where costs can be trimmed. The longer you wait, the less you may save during a layoff or furlough.

Saving money in the wake of a lay off or furlough can be simpler than people think.

How partnering is helping small businesses weather the social distancing storm

Social distancing guide-lines implemented in the wake of the COVID-19 outbreak posed unique challenges to small business owners. Many small businesses were forced to close their facilities to customers to prevent the spread of the virus, which various sources estimated had claimed the lives of more than 200,000 people by the end of April. Delivery and curbside pickup enabled many businesses to offer limited services to consumers, but low revenue still forced many businesses to seek new ways to generate sales. Partnering is one creative way many small businesses owners sought to generate more sales.

By partnering with other local businesses, small business owners can capitalize on the community-first attitude many consumers are embracing as they look to help local industries weather the storm created by social distancing. Restaurant owners can look into partnering with local grocers who can sell prepared meals in their stores, many of which are operating only under very limited, if any, restrictions. Such a partnership can fill the needs of consumers who have grown tired of making

their own meals for weeks on end, while also giving grocery stores struggling with supply chain issues more items with which to stock their shelves. It also allows restaurant owners to generate revenue while ensuring food they purchased prior to the implementation of social distancing guidelines does not go to waste. Local auto body shops also can capitalize on partnering by working in conjunction with local automotive supply stores. By offering many of the items drivers need, such as windshield washer fluid, auto accessories and more, in their shops, auto body shops can attract customers who still need to maintain their vehicles but don't want to make too many shopping trips. When customers call to book oil change appointments, ask if there are any automotive supplies they need, then partner with a local supply store to deliver those items before customers arrive for their oil changes. Such partnerships benefit consumers and business owners alike, making them ideal ways to generate additional revenue during what has proven to be challenging economic times for many small businesses.









ROTARY

continued from page A1

food, dairy and eggs, produce and frozen meats and other miscellaneous items" says Roberta Watson, Co-Director of the Food Pantry. "In reaching out to all ages served, we have identified special food items not available at the WCFB. We purchase special items such as: baby food, formula, salt and sugar free products and personal care items for seniors and babies. It is only through the ongoing monetary support from donors like the Sturbridge Rotary Club that we are able to continue funding these special aspects of our pantry."

St. John Paul II Food Pantry located at 279 Hamilton St. in Southbridge expresses sincere gratitude to the Sturbridge Rotary Club for this generous and timely gift of \$3,000," Watson

said, adding, "It is only through a strong support system that we are able to advance in our efforts to create a stronger, healthier and hunger free community.'

The Sturbridge Rotary Club has been providing humanitarian service to the local and international community for more than 48 years. Club members develop community service projects that address many of today's most critical issues including hunger, as well as support programs for youth, educational opportunities and international exchanges for students and other professionals.

We encourage you to visit the Food Pantry Facebook page at www.facebook. com/SaintJohnPaulIIFoodPantry/ as well as that of Sturbridge Rotary at www.facebook.com/sturbridgerotary/ and www.facebook.com/CFCGardens/.

FACILITIES continued from page A1

Committee meeting on June 3. "We have a target of July 1. If we can try to figure out a way to have access on those fields earlier than July 1, we will do so. Right now, we do not have the protocol in place for recreational sports on school properties.'

While outdoor recreation facilities were included in Phase 2 of Gov. Charlie Baker's multi-phase reopening plan, indoor and outdoor amateur sports programs for all ages were included in Phase 3 which was estimated to begin before July 6. When the school are able to allow use of their facilities and field Superintendent Lamarche said they want to be prepared and have been working on a plan.

"It will require some protocols in place for use of our fields. Our hard target is July 1, but if we can approach it before then we will," Lamarche said.

The superintendent confirmed that they are not expected to host summer camps at this time however they are not ruling out starting camp later in the year. The district has a Reopening Committee that is in charge of helping facilitate strategies and protocols for the eventual return to the new normal.

In other athletics news, Dudley Charlton the **Regional School District** has also announced that the limitations from COVID-19 will prevent the district from offering free summer sports physicals for the 2020-2021 school year. Students participating in sports will need to provide their own documentation of physical fitness from a healthcare provider should sports resume in the fall.



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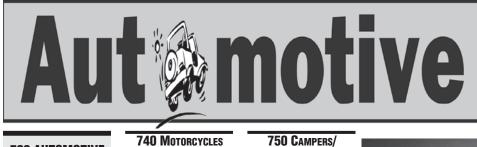
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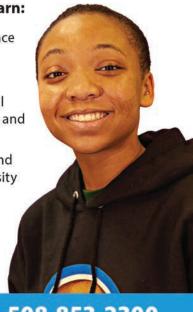
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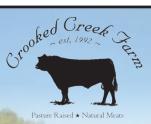
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