

Blackstone Heritage Corridor recognizes volunteers



Courtesy Photo

At the fifth anniversary celebration of Blackstone River Valley National Historical Park on Dec. 19, a check representing the total in-kind value of the Volunteers-In-Parks program over the past five years was unveiled, totaling \$1,687,256. Pictured here are (left to right) : Devon Kurtz, executive director of Blackstone River Valley National Heritage Corridor; Michelle Spink, National Park Service; Jen Smith, acting superintendent of Blackstone River Valley National Historical Park; Suzanne Buchanan, volunteer coordinator at Blackstone River Valley National Heritage Corridor; Mark Mello, ranger at Blackstone River Valley National Historical Park; Aneshia Savino, National Park Service; and Kevin Klyberg, ranger at Blackstone River Valley National Historical Park.

WHITINSVILLE — At the fifth anniversary celebration for Blackstone River Valley National Historical Park on Dec. 19, Blackstone River Valley National Heritage Corridor (BHC), recognized several volunteers for their outstanding service in the Volunteers-In-Parks (VIP) program. The awards also recognized corporate and

non-profit partners. Blackstone River Watershed Council/Friends of the Blackstone of Manville, R.I., received an Outstanding VIP Partnership Program Award for the non-profit organization’s commitment to the VIP program and the substantial impact its volunteer projects have made on the natural resources within the

Blackstone River Valley. “This award also recognizes and celebrates its commitment to building an environmental education center which opened this year,” noted Suzanne Buchanan, BHC’s Volunteer Coordinator. “This all-volunteer organization has been the driving force behind river restoration and

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Northbridge Fire announces grant for turnout gear

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — The Northbridge Fire Department has recently received a \$3,135 grant that will be used for firefighter turnout gear. The fire department will now be able to purchase 30 hoods for personal protection during firefighting operations. The grant comes from the executive Office of Public Safety and Security and the Department of Fire Services, according to a statement from the Northbridge Fire Department. “This gear will protect our firefighters from the immediate risks associated with fighting fires in dangerous environments, and just as importantly, protect them from the delayed risk of occupational cancers caused by exposure to the toxic chemicals produced during fires,” said Northbridge Fire Chief David White. Funding for this grant program was made available through the Baker-Polito administration for fire departments across the commonwealth. “Properly equipping our firefighters with the gear they need to be safe allows them to do their jobs as effectively as possible and is a great benefit to the overall safety of our community,” White added. “We now know that the risk of occupational cancer is among the greatest threats faced by modern firefighters, and we are thankful that the Commonwealth has been able to invest in this personal protective equipment to improve the overall health and safety of firefighters,” said State Fire Marshal Peter J. Ostroskey. “Providing firefighters with new hoods and gloves to protect their heads and hands from exposure to the toxic chemicals that cause cancer is one of the most effective steps we can take to prevent future cancer diagnoses.”

Sutton FD receives grant for gear washer-extractor

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

SUTTON — Through a grant funded by the executive Office of Public Safety and Security and the Department of Fire Services, the Sutton Fire Department has recently received \$5,000 for washer-extractor equipment. This funding will be used to purchase a washer-extractor to effectively clean firefighter

turnout gear after it has been exposed to smoke, ash, or other hazardous materials so that firefighters do not have to wear contaminated gear, according to a statement from the Sutton Fire Department. “This gear will protect our firefighters from receiving repeated exposure to the cancer causing chemicals they encounter on a daily basis” said Sutton Fire Chief Belsito. “The ability to clean our gear

regularly will prevent contaminants from building up in the working uniforms our firefighters wear every day.” A national standard set by the National Fire Protection Association (NFPA) on the care and cleaning of structural firefighting gear delineates specific types of machines that should be used to effectively remove cancer-causing chemicals after each exposure to smoke or fire, according to the

department’s statement. This grant will enable Sutton Fire and Rescue personnel to clean their gear in a compliant manner after each exposure and respond to the next emergency in gear that they know has been cleaned properly. “We now know that the risk of being diagnosed with occupational cancer is amongst the greatest threats faced by modern firefighters, and establishment of an NFPA-compliant

gear washing program is critical to mitigating that risk,” said State Fire Marshal Peter J. Ostroskey. “We are thankful that the Commonwealth has made this a priority and invested in the advancement of the ongoing cancer prevention efforts of fire departments across the state.”

Blackstone Valley students get a taste of accounting

BOSTON — The Massachusetts Society of Certified Public Accountants (MSCPA), the professional association of CPAs for the Commonwealth of Massachusetts, recently previewed what an accounting career future would look like for 68 students, including six students from Blackstone Valley Technical High School at its “Is Accounting for Me?” conference at Bentley University on Dec. 6. The conference included interactive accounting exercises and workshops, discussions about accounting careers and CPA services, information about college programs and student life and a networking lunch with current Bentley students. Students heard from CPAs about their jobs and spoke with college accounting majors about

their coursework and experience. They also participated in technology demo sessions lead by professionals from blumshapiro, Deloitte, PwC and Bentley faculty to understand how technology impacts each line of service. The sessions focused on some of the major technological advances affecting the accounting profession today, including bot technology, data visualization, blockchain and virtual reality. Students also had the opportunity to test Bentley’s virtual reality goggles to take a virtual factory tour, as part of a consulting simulation. Amy Pitter, president and CEO of MSCPA, said these programs are crucial in building and sustaining a pipeline of young people interested and passionate about the profession.



Courtesy Photo

Pictured from L to R: Braydon Booth-Desmarias, Matthew Fiore, Emma Kane, Kierra Kurtyka, Carissa Penta and Reneta Santiago

“Sustaining a vibrant and diverse accounting workforce is one of the main goals of the MSCPA, and events like these expose young people to all the doors that open upon becoming a Certified Public Accountant,” said

Pitter. “The profession has immense earning potential, unlimited room for growth and touches almost every type of industry. Our member firms are looking for talented young people to

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SENIOR SCENE

Millbury Senior Center

MEMORY CAFÉ™
Please join us!
Tuesday, January 28th from 2:00 P.M. – 3:30 P.M.
A Memory Café is a monthly gathering for people with memory loss / challenges and their care partners. It is a time to socialize, make new friends, and have a good time.
Fourth Tuesday of each month, refreshments will be served.
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Residents can travel on Monday through Friday 9 A.M. to 3 P.M.
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Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.
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“This project has been funded at least in part with Federal Funds from USDA. This institution is an equal opportunity provider.

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- REGISTRATION RENEWALS
- CHANGE OF ADDRESS
- DUPLICATE LICENSE OR REGISTRATION
- HOW TO REPORT A LOST OR STOLEN DISABILITY PLACARD AND HOW TO REQUEST A REPLACEMENT

Call us at 508-865-9154 for an Appointment!

ACTIVITIES

MONDAY
8:30 A.M..... Walking Club
9:30 A.M..... Light Exercise
12:00 noon..... Lunch
12:30 P.M..... Wii Bowling
12:45 P.M.....Mahjong Game
1 : 00 P. M.... Cribbage
1:00 P.M....Game Day, including Cribbage, Scrabble, Chinese Checkers , Scat & Wii Bowling
TUESDAY
9:00-10.00A.M...Blood Pressure
9:30-10:30 A.M.....Tai Chi
10:45-11:30 A.M.....Zumba Gold
Noon...Lunch
1:00 P.M....Cribbage & Scat
WEDNESDAY
9:30 A.M..... Craft Class
12:00 noon..... Lunch
1:00 P.M..... Social Bingo
THURSDAY
9:00 A.M.....Cards

10:00-11:30 AM...Adult “Coloring Class”
12:00 Noon..... Lunch
12:45 PM.....Whist
2:30-3:30 P.M...Computer & Cell phone class, Reservations required 508-865-9154
FRIDAY
9:00 A.M.....Shopping
9:30 A.M.....Light Exercise
10:30 A.M.....Yoga (NEW CLASS!)
12:00 noon..... Lunch
12:30 P.M..... Bridge & Scat

Northbridge Senior Center

Phone: 508-234-2002
www.northbridgemass.org/council-on-aging
Monday – Thursday 8:30 AM – 4:00 PM, Friday 8:30 AM – 1:00 PM

Upcoming Special Events and Announcements
We require registration for all of our events and trips. Additionally, if you need transportation, please inform the center at the time of registration. Simply call 508-234-2002 to sign-up. Deposits and fees are required at time of sign up in order to reserve your spot.

SPECIALS COMING UP:

Every Wednesday from 1:30-3:30 our computer expert Paul Holzwarth is here to help with any computer, iPad, or even cell phone questions you may have. Call the Senior Center to make an appointment.

The Senior Center is looking for Mahjong (Chinese version) players for Mondays 12:30-3:00. If interested, call to sign up.

Mondays at Sparetime Bowling is coming back. With a date to be decided, we will offer open bowling the first and third Monday of the month at 1:00pm. This is not a league, it is a “come on out and have fun” activity. Price to be

determined with some of the cost being sponsored by FINE. Call Michelle at the Center if interested.

Thursday, January 2nd from 9-11:00 Denise Forgit will be here for Fraud Support. All conversations are kept private. If you feel you have been a victim of fraud or need advice or just want to know what types of frauds are currently going around, make an appointment with Denise.

Thursday, January 2nd at 3:00 is the monthly FINE meeting.

Thursday, January 9th at 2:00pm we are offering a new class at the Center. Digital Photography II will begin for a 5 week course, \$10 per class. Instruction will include landscape, macro and even phone photography. Call the Center to sign up.

The Center is starting a new “Lunch Bunch” group. Hate dining alone? Want to meet new people or try new restaurants? This is the group for you. You will meet once a month at a designated restaurant in our local area. The first luncheon will take place on January 29th at Maison de Manger on Linwood Ave. Call to sign up and if you need transportation, call 24 hours in advance to reserve the bus.

A new Pen Pal program is being organized with fourth grade students at the Balmer School. The commitment would be until the end of the school year in June when you will get to meet your Pen Pal. If you can spare some time for this invaluable program, contact Kelly or Michelle at the Center.

Volunteers are needed for the NAC Food Pantry located below the Senior Center. Can you spare some time to help check people in or shop with patrons? The Food Pantry is open on Tuesdays 10-12:00 and Thursdays from 1-3:00. If you would like to help, please contact Jeanne Berkowitz at 508-561-6362.

Free Pajama Party Movie Night at Open Sky’s Whitin Mill

WHITINSVILLE — Open Sky Community Services and Northbridge High School Best Buddies will be sponsoring a Free Family Movie Night featuring “Toy Story 4.” The movie will take place on Friday, Jan. 17 at Open Sky’s GB & Lexi Singh Performance Center, Whitin Mill, 60 Douglas Rd., Whitinsville.
Children and parents are encouraged to wear pajamas to this event. This

event is free and open to the public, and there will be refreshments for sale as well as raffles and door prizes. Doors open at 6 p.m., with the movie beginning at 6:30 p.m. There will be a 15-minute intermission.
Proceeds from raffles and refreshments benefit the Northbridge High School Best Buddies program and the people with disabilities Open Sky Community Services serves.
Open Sky was formed through the affiliation of two of Central Massachusetts’ premier human service agencies – Alternatives Unlimited, Inc. (formerly headquartered at the Whitin Mill) and The Bridge of Central Massachusetts. The organization serves more than 2,000 people through over 100 programs across Central Massachusetts.
For more information on this event, please contact Lori Girard at 508-266-6566 or Lori.Girard@openskycs.org.

Applications welcome for preschool program starting Jan. 22

DOUGLAS — Beginning Jan. 22, the Douglas Preschool/Pre-Kindergarten Program will be accepting applications from Douglas residents for the 2020-2021 school year.

Our program offers Preschool for three year olds and Pre-Kindergarten for four year olds. We offer a half day program for three year olds and both half and full day programs for four year olds. A variety of options including two, three, or five days are available.

Open House will be held Wednesday, Jan. 22 from 5:30-6:30 p.m. at Douglas Primary School, 17 Gleason Court.

Applications are available on the Douglas Public Schools website or by calling the Douglas Primary School at 508-476-2154. Children must be three years of age by Sept. 1. Deadline for applications is Feb. 14.

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\$575,134, 18 Glenside Dr, Independent Building Corp, to Bryant, David M, and Li, Shanming.
\$549,900, 126 Milk St, RJ Investment LLC, to Maculan, Michael, and Maculan, Amanda.
\$285,000, 187 Mendon St, Maloney, Steven, and Maloney, Jeffrey, to Ryan, Rebecca.
\$264,900, 66 Fox Run Rd #66, Melodie C Rogers FT, and White, Wendy L, to Calhoun, Mary F.

NORTHBRIDGE

\$358,000, 38 Dover Dr, Mespelli, John A, and Mespelli, Barbara J, to Roberts, Lori E, and Woskie, Jakob S.
\$265,000, 30 Heritage Dr #30, Pawlowski, Edward J, and Pawlowski, Janet M, to Lyman, William D, and Lyman, Patricia.
\$200,000, Goldthwaite Rd #3, Wood, John B, and Wood, Jean, to Renaud, Edward K.
\$200,000, Goldthwaite Rd #4, Wood, John B, and Wood, Jean, to Renaud, Edward K.
\$198,295, 1233 Providence Rd, Fallon, Constance G, to George, Steven.

UXBRIDGE

\$800,000, 20 Royal Steed Ct, Blais, Thomas J, to Doyle, Deirdre.
\$400,000, 15 Maple St, Rota, Melvyn, and Rota, Elaine B, to Rota, Joy S, and Rota, Jonathan.
\$359,440, 9 Hyde Park Cir #9, Autumn Ridge Condominium, to Strom, Richard H, and Strom, Linda A.
\$299,900, 27 Nature View Dr #27, Macdougall Theresa P Est, and Macdougall, Ronald J, to Miller, Kurt E, and Miller, Rebecca S.
\$282,500, 29 Sutton St, Fogarty, Brendan J, and Fogarty, Ann M, to Fantoni, Alexa L, and Cadrin, Scott W.
\$279,900, 66 Harvest Rd #66, Burkle, Gordon, and Burkle, Cynthia A, to Burkle, Adam, and Kollett, Jessica.
\$270,000, 24 Talbot Ter, Samia, Scott, and Samia, Neela, to Masse, Lauren C.
\$223,000, 10 Crowns Way #10, Thornton, Catherine E, to 10 Crowns Way RT, and Lawrence, Raymond E.



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“Every Town Deserves a Good Local Newspaper”

Apple Tree Arts brings “Beauty and the Beast Jr.” to the stage



Cast members of Apple Tree Arts’ upcoming Jan. 10 and Jan. 11 production of “Beauty and the Beast” pose at a recent rehearsal. Some cast members are not pictured.

Courtesy Photo

GRAFTON — ‘Come and be our guest’ at our production of Disney’s “Beauty and The Beast Jr.” featuring 31 middle and high school actors Jan. 10 and 11, 7 p.m. at Grafton Middle School, 22 Providence Rd. in Grafton. Admission is \$10 for adults; \$8 for seniors and students and free for ages four and younger. Tickets will be sold at the door.

The popular musical is based on the original, long-running Broadway production and the Academy Award win-


ning film and is about transformation, tolerance and love. The play tells the story of Belle, a bright young woman living in a provincial town and the Beast, a handsome, young prince who is trapped under the spell of an evil enchantress.

“Since the musical is an audience favorite and many actors requested that we stage it, we decided it was a great way to start off our new year of theatre,” said director Lisa Scarlett, theatre arts director of Apple Tree Arts.

Musical direction is by theatre arts and voice faculty Susan Upham and Matt Mariner creative dramatics manager is choreographer. Student assistants include Kelsey Sidman, Madie Geoffroy and Ashley Berardi.

Parent volunteers are helping with many aspects of the production. Rayann MacDonald, Maria Murdock and Sarah Gowen are assisting with costumes.

Cast members include Elena Baker, Julia Chaisson, Claire Chimienti, Saket Damle, Gabrielle Felder,



ACCURACY WATCH

The *Blackstone Valley Tribune* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Kaitlyn Garden, Belle Geoffroy, Madeleine Gowan, Alison Graves, Anwita Gudivada, Abigail Hise, Nora Iadarola, Samantha Kelly, Nida Khan, Caelan Laverty, Natalie Leonard, Ella MacDonald, Olivia Marrone, Kendra Miner, Madison Mooney, Alma Mwangi, Lindsay Mulvehill, Amanda Murdock, Madison Otis, Sunjeevni Patel, Anya Pochiraju, Caroline Ramsdell, Kaitlyn Randell, Dylan Rowe, Marley Shaw, Carly Simpson, Megan Torres and Ava Walker.

Apple Tree Arts is a nonprofit 501 (c) 3 organization that has grown to serve over 1,500 children and adults annually with early childhood music classes, group keyboard lessons, private music and voice instruction, ensembles and theatre arts programs. The school provides a wide range of performances, special community musical, theatre arts events year-round and concerts. For more information, visit www.apple-treearts.org.

Douglas Historical Society to host Trivia Night

DOUGLAS — The Douglas Historical Society will host a Douglas history trivia contest at its quarterly pot luck supper on Saturday, Jan. 11 at the E.N. Jenckes Store Museum at 283 Main St. in Douglas. The event starts at 6 p.m., with a brief Historical Society meeting followed by supper and the trivia contest.

“We thought a trivia contest that focuses on Douglas history would be a great way to spend an evening with society members and friends,” Richard Preston, Douglas Historical Society Vice President explained. “One of our goals is to bring people who share an interest in this town’s past together and to share what the Society has been doing to preserve and

protect the E.N. Jenckes Store Museum. Hosting a Douglas history trivia contest is a way for all of us to learn more about our town.”

There will be teams, scoring and prizes! Participants interested in brushing up on Douglas history should check out resources like (hint!) William Emerson’s “History of

the Town of Douglas,” “History of the Town of Douglas” by Lucius J. Marsh, “They Raced Horses on Main Street” by Anthony H. Coppola, and online resources. The Simon Fairfield Public Library is a great source for local history.

The pot luck supper and trivia contest is open to the public. Winners will also be

acknowledged through local media. Those wishing to attend should bring a dish to share. The Douglas Historical Society will provide drinks and coffee.

For more information please email Lisa at lisam367@gmail.com or call 508-341-4876 or email Jean Dwinnell at jdwinnell@charter.net.

HERITAGE

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cleanup events, improving access to the river, and providing canoes for the public to enjoy the river. The completion of the Friends of the Blackstone River Environmental Center demonstrates its dedication to the preservation of the river and its resources.”

Displays2go, of Fall River received an Outstanding Corporate Volunteer Award for its continued support of the VIP program. Displays2go employees volunteered several times in BHC’s Day of Service program and have made a significant contribution to the National Heritage Corridor and the National Historical Park.

“Their employees have volunteered along the Blackstone River Bikeway to repair fence posts, remove vegetation, and improve the experience for all who use the bikeway,” noted Buchanan. “They also helped to close an historic home, packing and sorting its contents. They come each time with a passion to give back and have an incredible work ethic.”

Other volunteers recognized for their volunteer contributions include Julie and Steve Riendeau of Burrillville, R.I.; Beth and Paul Milke of Uxbridge; Betty & Carlo Mencucci of Burrillville, R.I.; Jill and Dick Winski of Northbridge; Carol and Rob Dandrade of Uxbridge; Pat Choiniere of Lincoln, R.I.; and Marjorie Turner Hollman of Bellingham.

Julie and Steve Riendeau have been volunteers since 2002 and have volunteered together helping to plan and execute paddle trips for the Blackstone Valley Paddle Club, entering its 20th season in 2020. Julie also volunteers at area schools to bring education about the watershed, how it works, and how littering negatively impacts water quality and the health of wildlife.

Beth and Paul Milke have been volunteering together in the VIP program since 2016 and lead bird walks throughout the Blackstone River Valley in the spring and fall. Their interest in

birding led to the creation of the Blackstone Heritage Corridor Birding Ambassadors program and the two have developed a growing audience over the years.

Betty and Carlo Mencucci have been volunteering together since 2011 and in addition to leading history walks, the two are well-known for their historic cemetery conservation efforts. In October, the couple received the 2019 Antoinette F. Downing Volunteer Service Award presented by Preserve Rhode Island and Rhode Island Historical Preservation & Heritage Commission.

Jill and Dick Winski visited the BHC office one day in 2017 looking for a map of the Blackstone River Bikeway/Greenway and soon became key members of the volunteer program. Both volunteer with the Blackstone Heritage Corridor Bikeway Ambassadors, offer BHC program support and hospitality, and also volunteer behind the scenes at the office.

Carol and Rob Dandrade began volunteering in 2016 and today Carol’s interest in photography has led to the creation of the Blackstone Heritage Corridor Photography Ambassadors and curated its first-ever gallery show at the Museum of Work and Culture in September, 2019. Rob serves on BHC’s Board of Directors and is volunteering on a committee to explore the completion of the Blackstone River Greenway/Bikeway.

Pat Choiniere, a volunteer with the Corridor since 2001, has volunteered as caretaker of the Valentine Whitman House in Lincoln, RI, for 28 years until it was sold by the town to Preserve RI in 2019.

“Pat has kept the history of the area alive all of these years,” noted Buchanan, who added that Choiniere had been volunteering long before joining the VIP program. “Her commitment and dedication to the Valentine Whitman House is exceptional. She is a champion volunteer!”

Marjorie Turner Hollman has been volunteering since 2015 and in addition to leading Story Book Walks and oral history workshops over the years, she con-

tributes her writing skills by writing blogs about volunteers in action and BHC programs.

“These carefully written stories serve as testimonials to the impact our volunteer program has on people and the community,” explained Buchanan. “Marjorie has a gift for capturing the magic and writes from the heart.”

Over the past five years, volunteers in the VIP program have contributed 69,159 hours in volunteer time, at a total dollar value of \$1,687,256. The volunteer value is considered an in-kind donation which BHC can use as matching funds when applying for grants, etc.

“Though the gift of a volunteer’s time has a dollar value, which currently is \$25.43 per hour, they are giving a gift of themselves, often juggling more than one job, step-families, health issues, and more,” Buchanan shared. “We truly appreciate the passion they bring to this program, and by logging and reporting their hours, we can continue our mission to preserve and promote our legacy as the Birthplace of the American Industrial Revolution, and work with community partners to preserve and enhance the historic, natural, cultural, and recreational resources for current and future generations.”

To learn more about the Volunteers-In-Parks program, visit BlackstoneHeritageCorridor.org or considering attending BHC’s next Volunteer Open House on Wednesday, Jan. 8 at 6:30 p.m. at BHC’s office at 670 Linwood Avenue, Whitinsville, MA. To register, RSVP to Suzanne Buchanan at Volunteer@BlackstoneHeritageCorridor.org or call (508) 234-4242.

About Blackstone River Valley National Heritage Corridor

An energetic nonprofit, the Blackstone Heritage Corridor, Inc. partners with organizations, local communities, businesses and residents to ensure the long term vitality of the Blackstone River Valley National Heritage Corridor. Learn more at BlackstoneHeritageCorridor.org.

STUDENTS

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fuel the pipeline of future CPAs and we’re excited to share these opportunities with students.”

Teachers selected the students in attendance based on their aptitude for accounting.

The following Blackstone Valley Technical High School students attended the

event:
Braydon Desmarias, Junior
Matthew Fiore, Junior
Emma Kane, Senior
Kierra Kurtyka, Senior
Carissa Penta, Senior
Reneta Santiago, Senior
For more information about MSCPA’s outreach to aspiring CPAs and resources for high school and college students, visit cpatrack.com.

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To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCHCR@TCEALTH.ORG

WWW.TCEALTH.ORG

Apple Tree Arts to host “Welcome to Bourbon Street Gala”

GRAFTON — Save the date to spend a fun evening on Bourbon Street at Apple Tree Arts “Welcome to Bourbon Street” Gala, March 14, 6-10 p.m. featuring live jazz music, New Orleans style hors d’oeuvres and desserts, cocktails (cash bar) and many silent auction items at the Great Hall, One Grafton Common in Grafton. General admission is \$50. VIP admission costs \$75 and includes a 6 p.m. early reception featuring electric and classical violinist Kathryn Haddad, a special appetizer and signature event cocktail. Catering is by Peppers Artful Events. Cocktail attire is suggested. All proceeds benefit the nonprofit school of the arts’ operations. Tickets will go on sale in the new year.

“It’s the time of year when people want to be somewhere cheerier and warmer so we’re transforming the Great Hall into Bourbon Street in the heart of New Orleans, a city known for its southern charm and rich musical and cultural heritage,” said Gala Chair Liz Anderson Spinney.

“We want party goers to enjoy a New Orleans themed night full of deliciously-inspired cuisine, signature cocktails, and jazz music, while dancing the night away in the beautifully decorated performance hall inspired by the Big Easy,” Ms. Spinney added.

The Gala is the main fund-raising event hosted by Apple Tree Arts to help fund the nonprofit school’s high-quality music and theatre arts programing. Many businesses and individuals support the event by being sponsors or providing in-kind gifts that are included in the silent auction. Please contact Liz Spinney by email at emcand29@gmail.com or call Apple Tree Arts at 508-839-4286 to inquire further.

The Great Hall has become the venue of choice for performances, professional meetings, arts festivals and concerts. Apple Tree Arts-Clafin Hill Symphony Orchestra chamber music series second concert, “Apple Tree Arts Faculty Showcase” is Jan. 25, 7:30 p.m. “You’re A Good

Man, Charlie Brown” featuring adults and older teens will be staged Feb. 7, 7:30 p.m. and Feb. 8, 2 and 7:30 p.m.

Founded in 1989, Apple

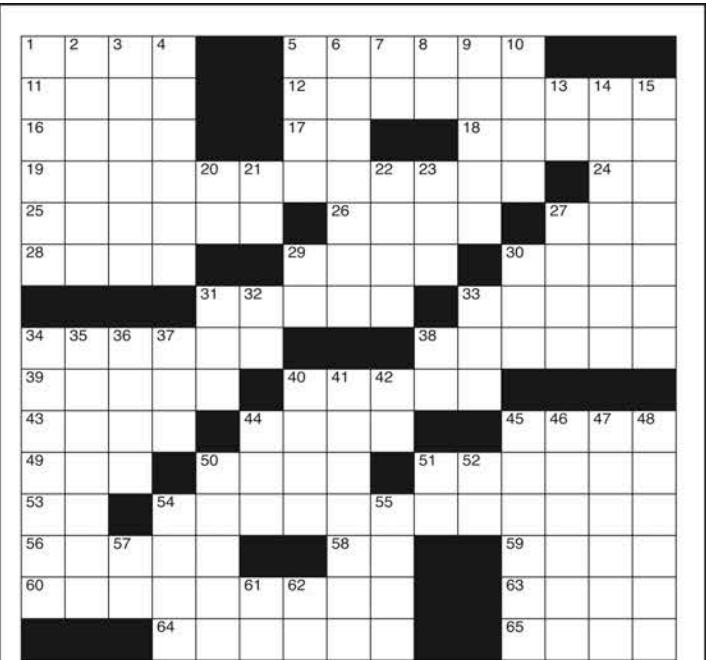
Tree Arts, a nonprofit 501(c)3 organization has grown to serve over 1,500 children and adults annually with early childhood music classes, group keyboard lessons,

private music and voice instruction, ensembles, theatre arts programs and community events and concerts. For more information, visit www.appletreearts.org.



Courtesy Photo

Pictured: Rachael Goldman Graves, Wendy Atkins Carlson, Katie Nathan Somerside, Laurie Jackson Cormier and Jessica Muradian.



CLUES ACROSS

1. Database management system

5. Soft blue-gray mineral

11. Algerian coastal city

12. A healthy redness

16. El __, border town

17. Part of the mind

18. Female body part

19. Atrocities

24. You can call Paul Simon this

25. Copyread

26. Large integers

27. Large, flightless bird

28. Bread and whiskey are two

29. Indicate pain or discomfort

30. Worry

31. Wild goats

33. Belittle

34. More supernatural
38. Wakes up

39. Intestinal pouches

40. Popular dance

43. American state

44. CSI actor

45. Having a keen enthusiasm for

49. Swiss river

50. Restaurant item

51. Intense unhappiness

53. Unit of loudness

54. Increase in velocity

56. Mesoamerican religion

58. Early multimedia

59. Forearm bone

60. An unprincipled person

63. Swarming with

64. Shellfish

65. Root of taro plant

CLUES DOWN

1. More silly

2. Adult beverage

3. Iron used for lofting

4. Noses

5. Smile

6. One who examines closely

7. Lethal dose

8. Denotes past

9. “This Is Us” actor Fitch

10. Dabbling ducks

13. Polish beer

14. A type of cat

15. Shows respect for

20. Of I

21. Commercial

22. Chai and chamomile are two

23. Lodging option

27. Geological times

29. Unit of electrical inductance (abbr.)

30. Where G-men work

31. Hot beverage

32. One of the six noble gases
33. Southern constellation

34. South American nation

35. Suitable for use as food

36. The back

37. I (German)

38. Blood group

40. Fit to stand trial

41. Praise excessively

42. Female’s title

44. EU predecessor

45. Acutely insightful and wise

46. Disguised

47. Improved the appearance of

48. Generator

50. The real __, the genuine article

51. Male’s title

52. Home of the Hawkeyes

54. About aviation

55. At all times

57. Military peace officer

61. College degree

62. Indicates position

PUZZLE SOLUTION

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*Wednesday,
January 1*

FIRST DAY HIKE: 1-3 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Celebrate the New Year with a First Day Hike along the canal towpath, viewing the river and finding signs of winter wildlife along the waterways and forest. Warm up after at the River Bend Visitor Center with hot cocoa and conversation. Registration begins at 12:30 p.m. Meet at the Visitor Center. All ages welcome, children must be accompanied by an adult. Approximately 2.25 miles. If conditions permit, bring snowshoes and hiking poles. Please contact the park at (508) 278-7604 for more information.

*Thursday,
January 2*

WINTER NATURE WALK: Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Take a walk around the field paths and along the river and look for signs of winter wildlife. Leashed dogs welcome. If conditions permit, bring snowshoes and hiking poles. About one mile. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

*Saturday,
January 4*

CLOTHING SWAP: 9-11 a.m., Blackstone Valley United Methodist Church. We accept donations of gently used men’s, women’s and kid’s clothing, shoes and accessories. Donations can be dropped off on Jan. 3 between 6 and 7 p.m. or the morning of the swap. The church is located at 61 Linwood Ave., Whitinsville. Please use the driveway off of Church Street, between Dominos and the law office and park in the back. Any questions, please email edalynne@hotmail or call Christine at 774-262-6415.

KALEIDOSCOPE: 11 a.m.-noon, Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us in the River Bend Farm Visitor Center for a nature themed story time, followed by a short nature walk and a craft activity. Appropriate for ages 3-6, siblings are welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for

more information.

READING NEW ENGLAND’S FORESTS: 1-3 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us as we learn about the historic stone walls and man-made features that make up our local forests as we hike along the Blackstone Canal to Goat Hill Lock. We talk about why these stone features are found across Massachusetts and the importance of preserving them to tell stories of a bygone New England. Approximately 2.5 miles on an uneven path. If conditions permit, bring snowshoes and hiking poles.

DOUGLAS CUB SCOUTS TREE RECYCLING: Douglas Cub Scout Pack 316 will be offering Christmas Tree Pickup Jan. 4. For \$10, Pack 316scouts will collect your unwanted Christmas tree for recycling. Trees should be curbside by 9 a.m. on the day of pickup. A check made out to Pack 316 should be secured to the tree. To schedule a pick-up, send an email to DouglasPack316@gmail.com or call 774-316-6436. Pickups are limited to homes in Douglas.

*Sunday,
January 5*

CANAL WALK: 1-2 p.m., Plummer’s Landing, Church Street, Northbridge. Join us on a guided walk along the Blackstone Canal. Find out about the canal’s historical and cultural significance and its role in the farm to factory transformation of the Blackstone Valley. All walks end at the start location. If conditions permit, bring snowshoes and hiking poles. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Al Carter and the Nashville Boys. For more information, visit www.facebook.com/NECountryMusicClub.

*Thursday,
January 9*

WINTER NATURE WALK: Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Take a walk around the field paths and along the river and look for signs of winter wildlife. Leashed dogs welcome.

If conditions permit, bring snowshoes and hiking poles. About one mile. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

BLACKSTONE VALLEY GARDEN CLUB: 7 p.m., Blackstone Valley United Methodist Church, 61 Linwood Ave., Whitinsville. Audrey Dempsey, a well travelled member of our club, will share her love of some of America’s great gardens she has visited with a talk and a slide show of photos she has taken. This will include gardens on the East Coast and some on the West Coast. Come and join us on this lovely journey! Parking and entrance are at the rear of the building off Church Street by Dominos Pizza. There will be a guest fee of \$5 for non-members of the club.

*Saturday,
January 11*

KALEIDOSCOPE: 11 a.m.-noon, Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us in the River Bend Farm Visitor Center for a nature themed story time, followed by a short nature walk and a craft activity. Appropriate for ages 3-6, siblings are welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

PASTA DINNER: St. Peter’s Parish in Northbridge will be hosting a Pasta Dinner tonight starting at 5:30 p.m. in the Parish Hall. Bring your family for a wonderful meal and come to meet some new friends! Tickets are \$10 Adults/\$9 Seniors and Kids ages 4-12/ \$35 per Family and must be purchased in advance. All proceeds will go to help fund our Mission Trips for the Middle School & High School kids in July 2020. Please call 508-234-2156 or email parishoffice@stpeterrockdale.org to purchase tickets or if you have any questions.

CASINO NIGHT: The Uxbridge High School Parents for Safe Graduation, will sponsor a Casino Night on Saturday, Jan. 11 at the VFW Post 1385, 13 Cross Rd., Uxbridge. Doors will open at 6:30 p.m. Tickets are limited ~ \$30 per individual(s) before Dec. 31 and \$35 after December 31st. Please contact psguxbridge@gmail.com or you can mail registration to Uxbridge PSG, 300 Quaker

TRIPS OFFERED

The “Trips Offered” section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stone-bridgepress.news.

BAY PATH ADULT EVENING SCHOOL

Fall 2019 catalog offerings

Wine Country Pacific Coast Cruise
9 days/8 nights April 6-14, 2020
What’s included: Roundtrip Motorcoach transfers, roundtrip airfare from Logan Airport, one night pre-cruise stay in Los Angeles, 8 day/7 night cruise on board Princess Cruises-The Star Princess, visiting Los Angeles, Santa Barbara, San Francisco, Astoria Oregon, Victoria, B.C., Vancouver, B.C., winery tours, all meals on board ship, and more!
*A valid passport is REQUIRED for this trip
Prices starting at \$2,499pp double occupancy (plus tax, transfers & government fees)
For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy - Please call 978-424-7010
Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center
Pick up is from St. Joseph’s Church 10 H Putnam Rd. Ext., Charlton

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

DAUGHTERS OF ISABELLA

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women’s organization

DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

DUDLEY SENIORS

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley’s Country Jubilee, “Noah the Musical,” and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudleyse-niors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

Dec. 31 New Years Eve “DAY” at the Lake Pearl in Wrentham, Mass. Let’s Celebrate the New Year during the “DAYTIME”. Featuring the dynamic Tom LaMark Orchestra as they cover original classics from the Swing Era, the Best in Ballroom Dancing, our Favorite Line Dances, and on up to the Best songs from the ‘50’s, ‘60’s and ‘70’s. Sing along, Dance along and Party strong to this Live Band. For \$89, enjoy Deluxe Motorcoach Transportation, Salad, Breads, Choice of Entree, Potato, Vegetable, N.Y. Style Cheesecake, Coffee/Tea and let’s not forget a CHAMPAGNE TOAST.

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda aboard the Norwegian Cruise Lines “GEM” SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining

Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st, you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1,199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1,899 for a Balcony Stateroom on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov’t Fees. Single Occupancy is Available upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

LEICESTER SENIOR CENTER

For trip information and reservations, please call Joan Wall at (508) 892-3967.

Friday, Jan. 17, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

Friday, Feb. 14, 2020: Foxwood Casino. Free lunch buffet or \$20 food voucher and \$10 casino slot play. Cost is \$30.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

*Japan: March 26 to April 9, 2020
*Japan with China extension: March 26 to April 22, 2020
*USA: Wonders of Northern California Redwoods, Oregon & Washington: August 3-15, 2020
*Spain & Portugal: Sept.9-23, 2020

*Galapagos Islands: Jan 4-13, 2021
*Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

*Alaska (land and cruise): early August, 2021

PAXTON SENIORS

Area Seniors are Planning Another Wonderful Trip

Our adventure will be an 11 day trip: River cruise on the Danube River plus couple of days on land. The trip begins on Thursday, Oct 8, when we will fly out of Boston.

Some details: 11 days- 24 meals, 7 day cruise on the Danube and 2 nights in Fussen(near Munich) Oner local tour from the Ship are included in each port. We fly into Budapest, Hungary and fly home from Munich. Transportation from Paxton to and from Logan is included. Four countries – Hungary, Slovakia, Austria and Germany

Cruise from Budapest to Passau, then coach to Munich/Fussen.

This is a wonderful trip and we sincerely hope that you can join us on December 3 and especially next October.

Bob Wilby, 508-792-4662 or rwilby@charter.net

Please call or email me if you plan to come to the December 3 informational meeting.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.
Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS TRIP SCHEDULE FOR 2020

March 24, 2020 – Tuesday – Mohegan Sun \$30 - 10 - AM bus.
You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.
You will receive \$10 for gaming and a buffet meal voucher.

April, 2020

May 19, 2020 – Tuesday – Foxwoods \$30 - 10 - AM bus.
You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 4 PM.
You will receive \$10 for gaming and a

buffet meal voucher.

June, 2020

July, 2020

August, 2020

September 15, 2020 – Tuesday – Mohegan Sun \$30 - 10 - AM bus.
You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.
You will receive \$10 for gaming and a buffet meal voucher.

October 13th - 20th 2020 – ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip. This is an all-inclusive trip – all flights, transfers, meals plus snacks, nightly entertainment, and alcohol included.

November 12, 2020 – Thursday – Foxwoods \$30 - 10 - AM bus.
You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 4 PM.
You will receive \$10 for gaming and a buffet meal voucher.

PAYMENTS DUE AT SIGN UP

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association.
Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are wel-

come. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. “Like” us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

The Uxbridge Senior Center is offering the following bus trips for 2020.

April 16, 2020 - Magic Wings Butterfly Gardens and Yankee Candle with lunch at the Golden Corral w/Fox Tours - \$81.
April 27-29 Penn Dutch w/the new show Queen Esther at Sight and Sound -- (trip is full, sign up for the waiting list)
May 4 -- Granite State Chocolate and Wine Tour with lunch at Warren’s Lobster House - Fox Tours - \$91.
May 9 - Albany Tulip Festival w/Conway Tours -TBA
June 1 - Plymouth cruise on Pilgrim Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91
June 29 - July 6 -- Atlantic Canada w/Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 8 seats left
August 9 - Pops by the Sea, Conway Tours - TBA
Aug. 30 - 31 - Saratoga Racetrack w/Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and

Turn To **TRIPS** page **A7**



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CALENDAR

continued from page A4

Highway, Uxbridge, MA 01569. We also accept Venmo Payments! Please include “casino night” in the comment section VENMO: @PSGUXBRIDGE.

Sunday,
anuary 12

CANAL WALK: 1-2 p.m., Blackstone Gorge, County Street, Blackstone. Join us on a guided walk along the Blackstone Canal. Find out about the canal's historical and cultural significance and its role in the farm to factory transformation of the Blackstone Valley. All walks end at the start location. If conditions permit, bring snowshoes and hiking poles. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Tuesday,
January 14

DOUGLAS LIBRARY INTREPID READERS BOOK DISCUSSION: The next meeting of the Douglas Library book group, Tuesday, Jan. 14, 6:30 p.m. the Intrepid Readers, will be discussing Ann Hood’s Kitchen Yarns: notes on life, love, and food. In this warm collection of personal essays and recipes, best-selling author Ann Hood nourishes both our bodies and our souls. From her Italian American childhood through singlehood, raising and feeding a growing family, divorce, and a new marriage to food writer Michael Ruhlman, Hood has long appreciated the power of a good meal. Growing up, she tasted love in her grandmother’s tomato sauce and dreamed of her mother’s special-occasion Fancy Lady Sandwiches. Later, the kitchen became the heart of Hood’s own home. With Hood’s signature humor and tenderness, Kitchen Yarns spills tales of loss and starting from scratch, family love and feasts with friends, and how the perfect meal is one that tastes like home. Call the Library at 508-476-2695 for a copy of the book. New members always welcome. Homemade refreshments, inspired by the title being discussed, will be served.

Thursday,
January 16

BROWN BAG ALONG THE BLACKSTONE: Noon-1 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Pack a lunch and join us in the River Bend Farm Visitor Center. We will watch an episode of Along the Blackstone, an award-winning series of videos by the National Park Service featuring Signs of Winer in the Blackstone Valley. Appropriate for all ages, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

BOOTS ALONG THE BLACKSTONE: 1-2 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join an interpreter in a leisurely walk along the tow path while discussing the stories and history uncovered in the episode of Along the Blackstone watched during Brown Bag Along the Blackstone! Appropriate for all ages, children must be accompanied by an adult. About two miles. Please contact the park at (508) 278-7604 for more information.

Saturday,
January 18

KALEIDOSCOPE: 11 a.m.-noon, Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us in the River Bend Farm Visitor Center for a nature themed story time, followed by a short nature walk and a craft activity. Appropriate for ages 3-6, siblings are welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Sunday,

January 19

CANAL WALK: 1-2 p.m., Blackstone river Greenway, Depot Street, Blackstone. Join us on a guided walk along the Blackstone Canal. Find out about the canal's historical and cultural significance and its role in the farm to factory transformation of the Blackstone Valley. All walks end at the start location. If conditions permit, bring snowshoes and hiking poles. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live music by Rustic Country.

Monday,
January 20

FUN ON THE FARM: 10 a.m.-noon, Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Come and play the way they did in the early days of River Bend Farm. Learn how to play nine men’s morris, hoop and stick, and other games form the 18th and 19th centuries. Program will take place in the unheated hayloft of River Bend Farm Visitor Center. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

SNOWSHOE STROLL: 1-2:30 p.m., Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Bring your snowshoes and enjoy this easy pace winter walk along the tow path and through the meadow at River Bend Farm. This is a 2 mile walk on a flat trail. If there is no snow on the ground, we will take a 2-mile nature walk. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Thursday,
January 23

WINTER NATURE WALK: Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Take a walk around the field paths and along the river and look for signs of winter wildlife. Leashed dogs welcome. If conditions permit, bring snowshoes and hiking poles. About one mile. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Friday,
January 24

FIGHTING CANCER WITH YOUR FORK: As part of the Purpose Wellness health & wellness series join Lisa Taylor, RD, CSO, LDN to discover how nutrition can play a significant role in preventing and recovering from cancer. Learn which foods should be avoided and which play a key role in healing. Also enjoy a Food as Medicine food demonstration by Roann Karns, Functional Nutrition Practitioner. The class will be held on Friday, Jan. 24 at 7 p.m. at Valley Chapel, 14 Hunter Rd., Uxbridge. For more information or to register visit www.purposewellness.org/events.

Saturday,
January 25

PAINT CLASS FUNDRAISER: The First Congregational Church of Millbury, 148 West Main St., will be hosting a fundraiser paint class today at 1 p.m. Sue Dion of Inspired Painting and Instructions will be teaching us to paint an 11-by-14-inch acrylic painting, “Home Fires Burning.” No experience is necessary. The fee includes an 11-by-14-inch canvas, all supplies needed, and complimentary refreshments. Come join us to support the church and enjoy a fun, informal afternoon. Fellowship Hall is accessible to all, and there is handicapped parking available. Register online at Suedionart.com.

KALEIDOSCOPE: 11 a.m.-noon, Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Join us in the River Bend Farm Visitor Center for a nature themed story time, followed by a short nature walk and a craft activity. Appropriate for ages 3-6, siblings are welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Sunday, January 26

CANAL WALK: 1-2 p.m., Blackstone river Greenway, 44 Hope St., Millville. Join us on a guided walk along the Blackstone Canal. Find out about the canal's historical and cultural significance and its role in the farm to factory transformation of the Blackstone Valley. All walks end at the start location. If conditions permit, bring snowshoes and hiking poles. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information.

Thursday, January 30

WINTER NATURE WALK: Blackstone River and Canal Heritage State Park, 287 Oak St., Uxbridge. Take a walk around the field paths and along the river and look for signs of winter wildlife. Leashed dogs welcome. If conditions permit, bring snowshoes and hiking poles. About one mile. All ages welcome, children must be accompanied by an adult. Please contact the park at (508) 278-7604 for more information

ONGOING EVENTS &
INFORMATION

FARMERS' MARKET AT DANIELS FARMSTEAD: Farmers’ Market begins July 7 and continue every Sunday, 11am to 3pm, though September 29, grill open 11:30 to 2:30 serving grilled franks, burgers (both Angus beef and veggie) Italian sausage with peppers & onions, cold beverages and all the fix-ins, Picnic tables, Homemade goodies, Tours, Music 12:30 to 2:30 p.m.

KUNDALINI YOGA: To celebrate the New Year we are offering Wednesday morning yoga classes from Jan. 8 to Feb. 26, 2020 (10-11:15 a.m.). This eight-week session is at St. Peter’s Parish Center in Northbridge. Participants may sign up for the entire session or join us when it suits your schedule (walk-in). Proceeds benefit St. Peter’s Parish. Learn new skills to manifest your intention for a healthier you. For more information visit: <http://kundaliniyogacma.wix.com/site> or call 508-234-4185.

NEED EMERGENCY ASSISTANCE? The Salvation Army is here to help serve emergency needs in the Blackstone Valley area. Services include assistance with food, clothing, utility payments and heating needs. To find out how we can help with your emergency needs, call 508-342-7122. Leave your name and telephone number and your call will be returned.

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call 865-6914.

SENIOR BREAKFAST: St. John’s Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant St., off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior

Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A “Serenity on The Hill” Al-Anon step meeting held at 10 a.m. Wednesday at Congregational Church of Grafton, 30 Grafton Common, in the fireplace room.. Support group for family and friends of problem drinkers. Newcomers welcome. For information: 508-366-0556.

YOGAGROUP:join the Sunshine Yoga Collaborative in our mission to bring community based yoga to Uxbridge and the surrounding communities! Classes are appropriate for just beginning to advanced student. Class is Sunday 7:30-8:30 a.m. at Alternatives, Unlimited, 50 Douglas Road, Whitinsville. Extra yoga mats, but most bring their own. \$5 donation per class, which given to local organization. Visit Facebook: Sunshine Yoga Collaborative.

RECOVERY: Every Monday, Celebrate Recovery, a Biblically based step program designed to heal a wide variety of habits and harmful behaviors, such as drug dependency, abuse, eating disorders, depression, anger, pornography, broken relationships. Group meets every week in two-part session, an open group followed by gender-specific small share groups. Starts at 7 p.m. and ends at 9. Come at 6:30 p.m. for coffee and conversation. Pleasant Street Church, 25 Cross St., Whitinsville, (508) 234-5268, ext. 14, or email howard@pscr.org.

BREAKFAST: The John 21 Community Breakfast at St. Patrick’s Church has been established as a response to the needs of many people in our community. Breakfast will continue each and every Saturday 8-10 a.m. in the Parish Center, 1 Cross St., Whitinsville. Our mission is to serve a nutritious breakfast, free of charge, every Saturday morning in the spirit of community fellowship and hospitality. Teams of volunteers prepare and serve breakfast on a rotating basis. All welcome. For information contact ministry coordinator at John21Breakfast@gmail.com. To make a donation contact St. Patrick’s rectory at 508-234-5656.

Legos Club: first and third Mondays of each month, ages six and up 3-5 p.m. at Whitinsville Social Library. Information about programming, visit the library’s website www.northbridge-mass.org/whitinsville-social-library.

PROJECT KIBBLE: In this tight economy, it can be tough to make ends meet. What about your four-legged friends? Project Kibble collects donations of pet food and supplies and distributes them to local food pantries. We accept dog and cat food, kitty litter, small rodent and fish food. All donations must be unopened and unexpired. For more information contact projectkibble@gmail.com or call Christine 508-234-8131.


12-STEPS FOR OTHERS: Adult Children of Alcoholics 12-step support group meets 7:30 to 9 p.m. Mondays at the Hopedale Unitarian Church, 65 Hopedale St. For information, Rose at (508) 234-9004.

KUNDALINI YOGA: The fall session for the Wednesday morning class is from Sept 11 to Oct. 30 (10-11:15 a.m.). This 8-week session is offered at St. Peter’s Parish Center in Northbridge. Participants may pay for the entire session or attend as a walk-in student. Proceeds benefit the Youth Ministry and St. Peter’s Parish. For more information visit: <http://kundaliniyogacma.wix.com/site> or call 508-234-4185. All are welcome to join us on a journey toward a more balanced life.

PEOPLE’S COFFEE HOUR: Every Tuesday starting Oct. 15 from 1 to 2:30 p.m. at the Second Congregational Church of Douglas (289 Main St.), we are hosting a no Bible experience necessary study including coffee and refreshments. The study is called ‘Pilgrim’s Progress, a guided tour by Derek W.H. Thomas’. Study guides are provided free of charge. This study will run to the end of May. All attendees are welcome to anything from our food and kid’s clothing closet. All are welcome. Call Jeanie (508-476-9978) for more information.

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Be careful not to fish on thin ice



Ice fishing was enjoyed by many anglers Christmas week, but extreme caution needed to be practiced, as most ice thickness ranged between three and four inches, on most ponds. A good cold blast of two or three days is needed to insure safe ice on most lakes and ponds. The rain that was predicted for this past weekend, could stop all ice fishing in the valley. Numerous Rod & Gun clubs are planning ice fishing derbies as soon as the ice is four inches or better. This week's picture shows a huge Northern pike caught a few years ago by an angler that was ice fishing. Numerous anglers that enjoy fishing for

Northern Pike are constantly asking Mass. Fish & Wildlife to include a few local ponds in the valley to be included in the pike stocking program. Manchaug Pond did very well with pike stockings in the past, but MF&W still ignores the request of local anglers to stock pike in it. The state often trades trout for pike from states that have an abundance of them. Many pike were stocked in the Western & Northern part of the state, but it is a long drive for some of the older residents and some handicapped fishermen of the valley. Neighboring states like Rhode island and Connecticut have numerous bodies of water that sustain



THE GREAT
OUTDOORS
• • • • •
RALPH
TRUE

Northern pike and are fished by many local anglers annually. Fishing licenses in both states are reasonable for out of state anglers to purchase. This writer is completely satisfied with my jig fishing in local ponds for yellow perch, bass, & pickerel. The excitement of catching a dozen yellow perch from just one hole, and an occasional bass or pickerel provides all of the fishing pleasure I can handle in one day. The great eating of the yellow perch can provide a good meal when pan fried, & served with a good order of shrimp fried rice and a couple of egg rolls from my favorite Chinese Restaurant, the Food Works in North Uxbridge. Local deer hunters did very well during the two weeks of black powder season in Massachusetts! The season closed this past Tuesday, Dec. 31, but not before Phil Harper of Uxbridge harvested a huge eight-point buck in the Uxbridge area with his bow. The buck weighed in at 246 pounds live weight and sported a huge set of antlers, as shown in this week's second photo. Local residents are still having problems with deer eating there expensive ornamental bushes, but they will need



to wait until next year for any relief by sportsmen. Coyote season in Massachusetts remains open until March 7, 2020 for sportsmen that enjoy hunting them. There is no shortage of these animals, which have become overpopulated in many areas of the state. Groups of hunters were holding coyote hunting contests, but were stopped by anti hunting protesters. These killing machines are responsible for killing numerous deer and wild turkeys throughout Massachusetts, as well as killing residents pets annually. The situation is only going to get worse as the coyote packs increase annually.

With the possibility of a substantial increase on most all fishing and hunting licenses in Massachusetts in 2021, many sportsmen feel that some type of permit fee for residents and non residents that use Fish & wildlife property for walking, bird watching, hiking, etc. should be required to pay an annual fee also. It would sure help MF&W with their annual budget, and could alleviate the pending licenses increases for the sportsmen, that have paid millions of dollars over the years to purchase open land throughout the state. *Take A Kid Fishing & Keep Them Rods Bending!*

TRIPS

continued from page A5

drive up Prospect Mountain - \$329. Sept. 16 -18 - The Hamptons w/ Conway. Three day trip w/4 meals, guided tour of the "Rich and Famous," winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag Harbor, etc. - \$579. Oct. 6 -- Green Mt. Railroad w/Fox Nov. 19 -- Newport Playhouse w/Fox Dec. 7 & 8 -- Equinox Resort and Hildene, VT w/Conway. Two day trip with elegant dinner & piano entertainment, breakfast, tour of Hildene, chocolate tasting, etc.

There is also still space for the Newport Playhouse trip on Dec. 18, 2019. For \$79 experience the play "A Christmas Cactus" along with a full buffet lunch and a Christmas Carbare. Please call Sue at 508-476-5820 for more information or to be put on the emailing list.

Most trips leave from Whitinsville WalMart, 100 Valley Pkway and Stop & Shop at 32 Lyman St Westboro. Newport Playhouse and some others will leave from the Millbury Park and Ride as well as the Whitinsville WalMart. Please always include entree choice, phone number (especially cell) and an emergency number.

Please call Sue at 508-476-5820 for more information or to reserve.

The Silver Club of the Uxbridge Senior Center invites you to join them on a couple of Christmas trips. There is a trip to Boothbay Harbor, Maine for the Gardens Aglow on Nov. 21 and 22 for the great price of \$199. After traveling along the Maine Coast, we'll arrive in Freeport, Maine to explore this quintessential Maine village. There will be time for shopping at the dozens of brand-name outlets, flagship L.L. Bean Store, and local boutiques housed in historic brick buildings; then

enjoy an included late lunch buffet at the Harraseeket Inn. We will arrive in Boothbay Harbor in the late afternoon and check in to the Flagship Inn. This evening we'll experience Gardens Aglow; walk through the Coastal Maine Botanical Gardens' dazzling, outdoor display of 650,000 lights illuminating their meticulously cared for gardens. You'll also have a chance to peruse the visitor's center & gift shop and get a bite to eat. We will stop in the village of Boothbay Harbor afterwards to experience "The Festival of Lights." After breakfast we will head home with a stop in Kennebunkport for lunch and shopping. *Please note this tour includes periods of outdoor walking on dimly lit, potentially uneven surfaces, and overnight accommodations that require walking up and down stairs.

On December 5 and 6th there is a trip to the Trapp Family Lodge and it includes one dinner and one breakfast both at the lodge, glassblowing at Simon Pearce Company, a meeting with a member of the Von Trapp family, a stop in Montpelier, and of course the luxury of being at the Trapp family Lodge! It is \$379 for the double occupancy per person and \$499 per person for a single.

Capture the Christmas spirit as we enjoy a little of Austria and a lot of Vermont on this memorable getaway. Situated on 2,500 acres in Stowe, Vermont, the Trapp Family Lodge serves as our magnificent home away from home. Enjoy great shopping, superb dining and exceptional hospitality on this great Christmas holiday tour.

On Wed, Dec. 18 we will travel to the Newport Playhouse to see "A Christmas Cactus" For \$79, you will enjoy a great play, a bountiful buffet and the Christmas Cabaret.

Show Synopsis: Christmas Eve is tough for private investigator Cactus O'Riley, a white-hot redhead with the holiday blues. She is trying to lure her secretary Fred away from his protective mother, dodging the affections of Deputy D.A. Windsor, and considering

closing her business. She doesn't need the added aggravation of two fugitives who burst into her office looking for justice and a dead detective named Jake Marley. Cactus also doesn't need Fred's mother, who arrives to take Fred home but decides to stay because she thinks this is the Christmas murder mystery party she has always dreamed of attend-

ing. Christmas turns into a dickens of a holiday for Cactus as she solves mysteries, delivers small miracles and takes a second chance on love and sleuthing. All trips leave from the Whitinsville WalMart. Call Sue at 509-476-5820 for more information.

PLACE MOTORS IS PROUD TO SPONSOR

Friday's Child



Hi! My name is McKenzie and I love to swim!

McKenzi is a creative, kind young lady of Caucasian descent. McKenzie loves to cook, swim, paint, watch television, play with her dolls, collect Shopkins and spend quality time with her friends. McKenzie's favorite food is macaroni and cheese. Her favorite athlete is Michael Phelps and her favorite singer is Ke\$ha! McKenzie would describe herself as a funny child who can also be a good friend. She is very loyal to those she cares about, and she remains dedicated to her interests and passions. McKenzie is also very fashionable and she loves to dress up.

Those who are close to McKenzie would add she is hard working, caring, and a good role model to others. She is very resilient and does not give up easily! Her teachers report she does well in school and works at grade level. Her favorite subjects are art and math. McKenzie likes going to school because she enjoys learning and getting to socialize with her friends. When she grows up, McKenzie's dream is to become a professional chef. She also hopes to be a homeowner, have a successful career, and start a family of her own.

Legally free for adoption, McKenzie's ideal family would consist of one or two moms, with no other children in the home. Because McKenzie's social worker believes she could thrive in any type of family, she will consider all families who express interest. McKenzie's one wish is that her future family be caring and understanding. They should also be willing to abide by the Open Adoption Agreement with her birth parents, and also maintain contact with her siblings who are placed separately.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."



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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Make those resolutions stick

Christmas has come and gone. Wrapping paper now fills waste baskets everywhere, and leftovers are still piled high in the refrigerator. There are gifts to be returned (or perhaps re-gifted; don't worry, we won't tell). Thank you cards are being sent out by the dozens and our hearts are full with another year of Christmas memories. New Year's Day is here, and resolutions are a fun way to celebrate the year to come. What will 2020 bring for you, and how will you make it your best year yet? The idea is to make a plan and stick to it.

In the United States, only a mere 8 percent of people are successful in keeping their New Year's resolutions. If you want to keep yours, we've provided a few tips.

Identify why you want to make the resolutions you do. Our level of motivation determines whether or not we fail or succeed at any given goal. Those who change their ways because they think they should tend to fail. Their counterparts who find success do so because they truly want to make changes.

If you have too many resolutions, you could bombard yourself into not attaining any of your goals. The idea is to start small. If you want to become a runner, yet have never run before, going out for an hour long run every day won't last long. Start with running or exercising two or three days a week at 30 minutes a pop. Easing into any change is the best avenue, because it allows you to slowly build your new habit. If you want to change your diet, you'll need to change how you shop and how you cook.

If you put your money on the line, you could become more successful than you think. Studies show that individuals who have a financial incentive lost 14 more pounds than those who don't.

Invite family and friends in on your resolutions. We all know the famous phrase "strength in numbers," and the support of those around us has hefty benefits. If you have someone to work out with likely their motivation can pass over to you and vice versa.

Oftentimes, when a person fails or experiences setbacks, they give up on their goals altogether. If you view your goal as an adventurous journey and realize that persistence is a choice, you will be more likely to succeed.

There are two types of goals, prevention and promotion. Promotional goals are hopes, or things we'd like to achieve. Prevention goals are things we believe we are responsible for doing. So your goal goes from "I'd like to lose weight so I can fit into my clothes better" to "I'd like to lose ten pounds because it is my duty to my family to stay healthy." Prevention goals tend to stick. When someone experiences a setback while trying to achieve a prevention goal they are more likely to get back on the wagon again.

Writing things down is another great way to make a goal easier to attain. To look at your progress can be a chief motivator.

In the words of Simon Newcomb, "As years passed away I have formed the habit of looking back upon that former self as upon another person, the remembrance of whose emotions has been a solace in adversity and added zest to the enjoyment of prosperity."

DON'T MISS A BEAT

CHECK OUT THE

SPORTS ACTION!



OPINION

Opinion and commentary from the Blackstone Valley and beyond

Go in the strength you have

To many of us obsess in life believing we aren't enough, or we don't have enough. I both see it and hear it all the time. "I'd love to do ____ but I'm not ____ enough to do it" ... or "I'd love to have ____ but I don't have enough ____"

That's enough material to write a dozen columns, and I will over time, but today let's focus on the first one.

What is it you'd love to do but don't? We all have dreams. As children, we dream of being astronauts or firemen. Soldiers or nurses. Musicians or actors. As we mature, we become more focused and either choose a career in life or settle for one. We either choose for ourselves or allow others or circumstances to choose for us.

Why is it we don't pursue our dreams? Too often we believe we are not enough. We quickly convince ourselves we aren't good enough, talented enough or smart enough. We give up on whatever we want and settle on what we believe we can have ... or worse ... what someone else tells us we can have.

I sat in church Sunday and was reminded of the ancient but applicable scripture contained in the book of Judges. No, I'm not going to preach. And you don't have to be a believer to benefit from old wisdom passed down through the ages.

"The LORD turned to him and said, "Go in the strength you have and deliver Israel from the hand of Midian. Am I not sending you?" Judges 6:14

I find great encouragement in these words. I use them in my life as "Go in the strength I have and pursue my dreams."

I've mentioned in this column several times that I was blessed to be raised in a positive home with parents that encouraged me and a father who convinced me I could do and become anything I wanted to be. I realize how fortunate I am and understand that for most others in life, their circumstances were different. I say "were" different and not "are" different. How we were raised certainly impacts our lives, but we cannot allow it to rule our lives.

As a former teacher and CEO, I've listened to too many people blame their parents and upbringing for their bad circumstances or negative results in life. I always listened patiently, then responded with, "Okay, that was then. What will you do now?"

So, life's been unfair? Join the club. You were dealt a bad hand? Get in line. Insecurity has you paralyzed with doubt? What makes you think you are

POSITIVELY SPEAKING

By GARY W. MOORE

alone?

The world is crowded with people less fortunate than you who have succeeded and are living their dreams. You don't have to search long or look far to find a person who has overcome devastating odds to share a miraculous story of great achievement. The Internet now makes it easy to find these stories of great inspiration.

So now I have three very simple questions for you.

Why not you?

Why not here?

Why not now?

A thousand sound reasons why these questions are unfair and unreasonable are flooding your brain right now masquerading as legitimate justifications for why you cannot step out in faith and pursue your dreams. You aren't equipped enough, educated enough or talented enough. Or worse, my circumstances won't allow it or it's all my parents fault.

Pull yourself out of your self-doubt and say, "I can." Muster the courage to say, "I will." Take a deep breath and begin right now. And please, do not say, "it's too late!" I became a CEO at 29 years old and published my first book at age 52. I wrote my first column at age 61. Why not you?

You say it's too hard? Of course it is! It's supposed to be! Great achievement comes at a great price. Price rarely refers to money but almost always to time, effort and sacrifice.

Life's too short to settle at any age. Achievement begins with the desire to achieve and the question, "why not me?"

What am I trying to accomplish with this column? I want you to understand that you have the power to determine your destiny at any age. You are probably asking, "What happens if you fail?" The answer is "So what? Try again!"

Take a lesson from Rocky Balboa. In the first movie, Rocky's great achievement wasn't that he defeated the World Champion. He lost the bout. He did however decide to get into the ring. Face overwhelming odds and went the distance.

Why not you?

Why not here?

Why not now?

Go in the strength you have.

You are enough.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.garyw-moore.com.

Year-end – time for some New Year's financial resolutions



FINANCIAL FOCUS

DENNIS ANTONOPOULOS

Have you thought about your New Year's resolutions for 2020? When many of us make these promises, we focus on ways we can improve some form of our health. We vow to get more physically healthy by going to the gym, or we promise to improve our mental health by learning a new language or instrument. But it's also important to think about our financial health – so it's a good idea to develop some appropriate resolutions for this area, too.

What kinds of financial resolutions might you make? Here are a few suggestions:

Increase your retirement plan contributions. One of the best financial moves you can make is to take full advantage of your 401(k) or similar employer-sponsored retirement plan. If you contribute pre-tax dollars to your plan, the more you put in, the lower your taxable income will be for the year, and your earnings can grow on a tax-deferred basis. So, if your salary goes up in 2020, increase the amount you put into your plan. Most people don't come close to reaching the annual contribution limit, which, in 2019, was \$19,000, or \$25,000 for those 50 or older. You might not reach these levels, either, but it's certainly worthwhile to invest as much as you can possibly afford.

Use "found" money wisely. During the course of the next year, you may well receive some money outside your normal paychecks, such as a bonus or a tax refund. It can be tempting to spend this money, but you may help yourself in the long run by investing it. You could use it to help fund your IRA for the year or to fill a gap in another investment account.

Don't overreact to market downturns. You've probably heard stories about people who lamented not getting in "on the ground floor" of what is now a mega-company. But a far more common investment mistake is overreacting to temporary market downturns by selling investments at the wrong time (when their prices are down) and staying out of the market until things calm down (and possibly missing the next rally). The financial markets always fluctuate, but if you can resolve to stay invested and follow a consistent, long-term strategy, you can avoid making some costly errors.

Be financially prepared for the unexpected. Even if you're diligent about saving and investing for your long-term goals, you can encounter obstacles along the way. And one of these roadblocks could come in the form of large, unexpected expenses, such as the sudden need for a new car or some costly medical bills. If you aren't prepared for these costs, you might have to dip in to your long-term investments to pay for them. To prevent this from happening, you may want to keep sufficient cash, or cash equivalents, in your investment accounts. Or you might want to maintain a completely separate account as an emergency fund, with the money kept in low-risk, liquid vehicles. If possible, try to maintain at least six months' worth of living expenses in this account.

It will take some effort but following these resolutions could help you move closer to your financial goals in 2020 – and beyond.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edward-jones.com.

A Round of Tips and Tricks from Readers

With the hustle and bustle of the holidays behind us, for many, thoughts turn to vows for the new year. From planet-friendly recycling and re-purposing ideas to being mindful and thrifty in our everyday lives, the following strategies, employed by readers, offer some simple inspiration for the coming year!

Bread bags are necessary packaging that can easily be recycled back into use. And as this reader attests, their sturdiness can accommodate even heavy loads:

Commercial bread bags are fantastic to reuse as trash bags for your car as well as durable enough to hold gathered collections of seashells or rocks.

Annie Wuelfing
East Brookfield MA
**

Is a lack of tension causing tension? If so, get a grip with this quick and easy fix that saves a replacement cost!

I have a hint for your paper which I recently used.... Our bathroom shower curtain tension rod was starting to slip /fall from the wall and it was becoming annoying.

So we took a small portion of the shelf liner paper (that has a type of rubber grip to it) and put a piece on the ends of the tension pole (easy to glue on). And it



TAKE THE HINT

KAREN TRAINOR

held itself to the wall and no more of the rod falling or slipping down. It's a very easy and inexpensive solution to a common problem.

MC
Sturbridge MA
**

This thoughtful reader makes life easier (and safer) for those around her. Check out her two very different strategies to prevent injuries and viruses:

I have been doing this so long I don't think about it, but with the crew at the office from an adult training center (disability) I am always protecting them. The empty our kitchen co-mingled bins, where we often have soup cans and other canned goods that were consumed for lunches. I have employees only use the can-opener around the top, leaving about a half inch of lid connected to the can (don't cut off the whole top), then after rinsing they can tuck the sharp edged portion inside the can and smash the top together, protecting fingers from cuts.

Cans with pull-tops, we drop the whole lid inside the can and press the sides together at the top, keeping all sharp edges away from the cleaning crew.

Both of these practices also makes it much safer for employees at the MURF's

Create a festive centerpiece from your indoor and outdoor garden



GARDEN MOMENTS

MELINDA MYERS

Take a break from the holiday rush for a bit of gardening relief. Grab a pruner and basket then wander through your landscape gathering a few evergreen branches, berry-laden stems and cones to create a holiday centerpiece.

Most gardeners are used to walking into their summer garden collecting blossoms to create a bouquet or arrangement for their summer parties. Winter should be no exception. Start by gathering some greens. The fan-like sprays of arborvitae, blue-green sprigs of juniper and stems of other evergreens like yews, boxwood, pines, and spruces provide all the greenery you'll need.

Now look for items with interesting color or shapes. Red and yellow twig dogwoods, curly willow, contorted filbert

and fantail willow provide interesting color and form.

Next, gather cones, berries and fruits such as rose hips, the blue berry-like cones of junipers, sweet gum seed-pods, alder's cone-like fruit, and of course evergreen cones as substitutes for summer blooms.

Don't overlook purple cone-flower, black berry lily, penstemon and other seed heads and pods. Fluffy seed heads of ornamental and native grasses make nice fillers. All these make beautiful additions to any arrangement and can be painted or glittered for some added glitz. And don't be afraid to add a few shiny ornaments for a bit of holiday flare.

Look for decorating possibilities that your indoor garden can provide. Dress up small plants to create a centerpiece and larger plants to provide a bit of seasonal color and decor.

Stop by your favorite florist or garden center and purchase a few water picks and cut flowers. Place the cut flowers in the picks and sink them into the pots of your favorite houseplants. This adds some color and seasonal interest to any



Courtesy Photo

Festive homemade centerpieces add a personal touch to holiday gatherings.

green plant.

Consider creating a changeable houseplant container. Plant several compatible indoor plants in a large container. Sink a small empty pot in the space where you want to create a focal point. Set a small potted flowering plant inside this empty one. Replace the flowering plant occasionally to

freshen up the container garden or create a seasonal display. Miniature poinsettias, azaleas, African violets and cyclamen allow you to change out the display throughout the year and for any special occasion.

Make it even easier to change the display by filling a large basket with a collection of pot-

ted houseplants and flowering plants. Switch out the flowers as they fade and foliage plants as the holidays, your mood or the décor changes.

Use silk flowers, glittery spikes and decorative ornaments to add a splash of color and sparkle to your indoor garden as needed. Exchange these for red, pink and white hearts on Valentine's Day, colorful Easter eggs, or faux fall leaves as the seasons change.

Once you've created your first arrangement, you'll be looking for additional opportunities to create more. And as you plan this year's garden, consider growing more plants that can be used to dress up your dinner table and other rooms in your home.

Melinda Myers has written numerous books, including *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her web site is www.MelindaMyers.com.





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SPORTS

Northbridge turns it on offensively in second half to take care of Pioneers



Nick Ethier photos

Northbridge's Zach Pryor controls the ball while on the fast break.

BY NICK ETHIER
SPORTS STAFF WRITER

NORTHBRIDGE — With the Northbridge High boys' varsity basketball team struggling to find its offense — their opponents from Southbridge High were as well — someone needed to step up when the two met Friday, Dec. 20 at Veterans Memorial Field House.

The Rams' Cam Boucher turned out to be that guy. He scored 10 points in the second quarter, which was Northbridge's entire total in the period to keep them in it (tied 17-17 at the break), and Boucher finished with a game-high 22 as the Rams turned it on in the second half to win by 25 points, 53-28.

"We were getting looks we like in the first half, they just weren't dropping. Young team; we're learning how to play through that," said Northbridge head coach Aaron Katz, whose team returned just one starter from a year ago (Boucher) plus Zach Pryor, a three-year varsity player.

When asked how he gauged Boucher scoring 42 percent of his team's points, Katz looked it at as a good thing.

"I think it's a positive because you have the leader scoring 22, but then you have everyone but two other guys score at least something. Everyone's contributing," he said.

Patrick Rosenlund (8 points, 9 rebounds), Rocco MacNeil (7 points), Pryor (5 points), Brennan Mahoney (4 points) and Jase Leavitt (4 points) factored into the Rams' victory.

Boucher opened both the third and fourth quarters with 3-pointers, the latter of which sparked a 15-0 run to open the frame to put the game away.

"He was due," Katz said of Boucher scoring all of his points over the course of the final three quarters. "He's a good shooter, we want him shooting. It's going to fall eventually and he's got that mentality to keep shooting. He's not hanging his head."

Katz was also pleased with his team surrendering just 28 points.

"We will hang our hat on defense and on athleticism, and that's what we expect," he said. "I know we can play 'D'. Offensively we're working through it. I think it's a classic Northbridge team in that we've got a couple basketball players and some really good athletes. You recognize a lot of names from the football field and we make that work."

Southbridge, meanwhile, had similar offensive woes as Northbridge, except for the duration of the game.

"Couldn't get the ball in the hoop. Every shot clanged around the rim, every shot just



Cam Boucher of Northbridge sends a pass away from Southbridge's Johnathon Cortez.



Northbridge's Rocco MacNeil pushes a pass to his left while being guarded by Southbridge's Kevin Loftus.

rimmed out basically. We have some really good shooters and the thing wasn't going in," said head coach Victor Colon.

The Pioneers connected on only 3 of their 29 3-point attempts, as the Rams made eight shots from 3-point land.

"They were legit, open, good shots, but they just weren't falling. It just wasn't our night from 3," said Colon. "I told

them to keep penetrating, but once you get those open 3s they just fell in love with them."

Colon took some positives from the contest, though, including the defensive play in the first half — "the first half was awesome," he said — and the interior play of Jose Hiciano, who finished with team-high totals of 7 points and 18 rebounds. He and front-

court mate Zachary Besse (9 rebounds) controlled the boards, as the typically speedy Pioneers also have some height to go along with it this year.

"He's got some long arms, so that helps a lot," Colon said of Hiciano. "It's something different for us, they're both athletic, so they're a big piece for us when we do miss shots."



Northbridge's Domenic Malone makes his move on Southbridge's Kevin Loftus.



Patrick Rosenlund of Northbridge drives through two Southbridge defenders and into the lane.

SPORTS

Late-game magic again for Spartans, this time against Bartlett



Uxbridge's Ella Correa rises up and releases a jump shot versus Bartlett.

Jason McKay photos



Uxbridge's Grace Orr is able to release a jump shot over the reach of Bartlett defender Gabriela Piwowarczyk.



Sarah Johnston of Uxbridge slices through a pair of Bartlett defenders on her way to the basket.



Brenna Neill of Uxbridge fights to gain some space from an aggressive Bartlett defender.

BY KEN POWERS
SPORTS CORRESPONDENT

WEBSTER — Grace Orr poured in a game-high 16 points and hit 4-of-5 free throw attempts in the fourth quarter to help lead visiting Uxbridge High to a come-from-behind, 38-33 victory over the Bartlett High girls' varsity basketball team on Thursday, Dec. 19.

With the win the Spartans improved to 3-0 overall and 2-0 in the B Division of the Southern Worcester County League (SWCL). Bartlett fell to 1-2 overall and in SWCL B Division play with the loss.

After three quarters of play this back-and-forth game was tied at 28-28.

Uxbridge took a 30-28 lead 24 seconds into the fourth quarter on a drive and layup by eighth-grader Kathryn Cahill (5 points). Bartlett, however, tied the game 30-30 with 7:01 remaining in the game on a put-back of an offensive rebound by sophomore Cam Heenan (a team-high 14 points). Heenan, who was fouled on the play, then put the Indians in front 31-30 when she swished the ensuing free throw.

Orr, a freshman who also pulled down 7 rebounds, put the Spartans ahead for good 32-31 with 4:10 to play by hitting a pair of free throws. Orr finished the game 6-of-7 from the foul line. With 3:35 left Cahill pushed the Uxbridge lead to 34-31 with a baseline drive and layup. Sophomore Chloe Kaeller (5 points) added to the Spartans' lead with a free throw, making the score 35-31 with 1:38 to play.

Bartlett senior Brittany Ward (6 points) cut the Indians' deficit to two, 35-33, with a slicing drive to the hoop with 49 seconds remaining. That was as close as Bartlett would get, however. Orr canned another pair of free throws with 24.6 seconds remaining and Cahill went 1-for-2 from the line with 10.5 seconds to play to account for the 38-33 final.

"Grace got us going early with 8 first-quarter points and then she hit some big foul shots for us down the stretch," said Uxbridge head coach Dr. Jeff LaCure, who also praised the play of junior Sarah Johnston, who scored all 7 of her points in the first half. "Sarah is our

offensive and defensive leader; she's our quarterback out there. She probably had more turnovers than she wanted to have, but I thought she did a good job on both ends of the floor."

LaCure said he thought a big key to beating Bartlett was the fact the Spartans' first two wins were close games that were decided late.

"We've won the fourth quarter in all three of these games," LaCure said. "The kids are starting to believe if it's close — whether we're up or down — at the end of three, we've got a real good shot to win, and that's a great mentality for a team to have."

Senior forward Ella Correa added 5 points to the winning score for Uxbridge.

Both teams made the other work for each and every point they scored. Uxbridge forced Bartlett into 24 turnovers while the Indians forced the Spartans into 25 turnovers.

Bartlett head coach Kashawn Hampton was not as gregarious as he usually is after the game.

"I'm upset. This was a very winnable game; we definitely had them," Hampton said. "The difference tonight was not being able to take advantage of several scoring opportunities, especially in the second half and the fourth quarter. We ran a lot of good plays that we didn't capitalize on. We had many opportunities to hit easy shots and we didn't, so we feel it right now; we're disappointed."

Junior Kayla Berthiaume scored 5 points for the Indians while classmate Gabriela Piwowarczyk and sophomore Madison Nutall added 4 each.

"This team is very capable of winning a lot of games, but we've got to capitalize on the chances we get. We can't afford to go 60 percent at times. We've got to go 100 percent, 100 percent of the time," Hampton said. "It's the little things we need to concentrate on. We fought hard, but at the end of the day we need to capitalize on layups and free throws, and we didn't do that tonight. If we hit our free throws and the easy shots we got, we would have won this game by 10 points."



Cam Heenan of Bartlett aggressively guards an Uxbridge player possessing the ball.

SPORTS

Strong opener for Whitinsville Christian in win over Nipmuc



Jason McKay photos

Whitinsville Christian's Bella Ibrahim releases a jump shot ahead of defensive pressure provided by a Nipmuc player.

BY KEN POWERS
SPORTS CORRESPONDENT

NORTHBRIDGE — Senior Night for the Whitinsville Christian School (WCS) girls' varsity basketball team isn't for a couple more months, but three of the Crusaders' upperclassmen had nights they will remember in WCS's 47-39 win over Nipmuc Regional at the Nehemiah Center back on Wednesday, Dec. 18.

Makenzie Gorman connected on three 3-pointers and scored a game-high 19 points, while Anna May added 12 points and Jessye Vanden Akker chipped in with 9 points to go along with a game-high 15 rebounds. All three players serve as captains for the Crusaders. Olivia Cutler, the other senior on the WCS team, did not play due to injury.

The game was the season-opener for the Crusaders; the Warriors fell to 0-2 with the loss.

"It was a good start. I was very pleased with the win," said Whitinsville Christian head coach Kris Vanden Akker, who just happens to be Jessye Vanden Akker's aunt. "We'll always take a 'W' whenever we can get it."

After an up-and-down beginning by both teams, Whitinsville Christian began to take control of the game, scoring the final eight points of the first quarter to lead, 13-5, as play headed into the second period. The Crusaders led the rest of the way, but the game remained close at halftime (21-14) and after three quarters (33-22).

"I think we started off tonight better than we have in past years. I think it helps a lot that we return all our players except one from last year's team," Gorman said. "There is a strong connection between teammates. I think that helps us get into the groove a lot easier this year. We have a lot of room for improvement and things to work on, but I think we highlighted what we're going to work on all season."

Whitinsville Christian was very active on the defensive end, forcing Nipmuc in 23 turnovers, a lot of those coming on steals by the Crusaders, especially when they put on their pressing defense.

"That's our game; we have defensive speed and it's going to help us learn how to finish and when we can finish we can win games," Gorman said. "Last year our motto or theme was chutzpah, which to us means being aggressive and giving 100 percent of our energy everywhere on the court."

"We're not a tall team; we're not a big, muscular team," Gorman continued. "If we want to win games we're going to have to have the gritty plays; the steals when we can get them. Those things are going to get us easy buckets. We're not a high percentage shooting team, so the easiest look we can get is going to help us win games."

Gorman said the team is sticking with the chutzpah theme for now.

"We're still deciding on a team theme for this year," Gorman said. "It's still in the development stage. It's going to take a few games for us to get a feel for what it should be this year. We're sticking with chutzpah for now because I think if we just leave everything on the court, that's all you can do."

Coach Vanden Akker knows how well the Crusaders play defense is going to be an integral role on how many games the team wins this season.

"This is group is very athletic. That's going to be our strength all year long," she said. "When we threw the press on it got us going. Being the conservative person that I am, I probably should throw it out there a little sooner. I'm hesitant, though, because when you press it seems more fouls get called."

From an offensive perspective Gorman said she was pleased with her 3-point shooting in the game.

"I've been working on my 3-point shot for the past couple of years and I feel it coming together this year. I'm hoping to add it more and more each game," Gorman said. "The more 3s I hit the more confident I get."

"I want to do the most I can for my team," Gorman continued. "It's a team game. Where I can't pick it up on the defensive end, I want to reward my team for their defensive efforts by finishing those shots."



Whitinsville Christian's Jessye Vanden Akker has the time and space to attempt a midrange jump shot.



Ella VanTol of Whitinsville Christian charges through the lane against the pressure of three Nipmuc defenders.



Whitinsville Christian's Anna May keeps the ball as far away as she can from an aggressive Nipmuc defender.



Whitinsville Christian's Ella VanTol tries to hoist up a shot while being pressured by a Nipmuc defender.



Jessye Vanden Akker of Whitinsville Christian battles Nipmuc's Alexa Gibson for possession of the ball.

OBITUARIES

Michael Allen Gariepy

MILLVILLE—Michael Allen Gariepy, 61, of Millville passed away on Tuesday, December 10, 2019 at home after a brief illness. He was the husband of Susan M. (Gauthier) Gariepy and the father of Laura M. Gariepy.

Michael was born October 14, 1958 in Portsmouth, NH. He was the son of Mary (Nevers) Gariepy and the late Armand Gariepy, Jr.

After high school, he enlisted in the U.S. Navy and worked as a fire control technician aboard the USS Bowen. Post military, his entrepreneurial spirit led him to own and operate a Sparkle Wash franchise with his wife, Susan.

He later worked as an electronics technician for several companies to include Transistor Devices, Inc. in Franklin, MA. He concluded his career as a technician at A123 Systems in Hopkinton, MA.

Michael enjoyed the outdoors, gardening, fishing, woodworking, and listening to his radio. He cherished early mornings, his cats, and his country. A devoted husband, father, son, brother, uncle, and friend, he was always

willing to help others however he could.

Along with his wife Susan of over 41 years, he is survived by his mother, Mary W. (Nevers) Gariepy of Blackstone, a daughter, Laura M. Gariepy of FL, and a brother, Allen M. Gariepy of Blackstone. Michael touched a lot of lives and he will truly be missed by all who knew him.

Visiting hours were held on Fri. Dec. 27, 2019 from 9:30 – 10:30 AM in the BUMA FUNERAL HOME, 101 N. Main St. (Rt. 122), Uxbridge followed by a funeral service at 10:30 AM in the funeral home. Burial will follow in St. Paul's Cemetery, Blackstone

Due to allergies in the family, please do not send flowers.

Instead, donations can be made to Michael's favorite charity: Disabled American Veterans (DAV) P.O. Box 14301 Cincinnati, OH 45250-0301. www.bumafuneralhome.com



Roger J. Butler, 73

DOUGLAS - Douglas- Roger J. Butler, 73, of Cross St. died Thurs. Dec. 19, 2019 at home surrounded his loving family. He was predeceased by his adored wife of 49 years, Robin J. (Furno) Butler on

Nov. 20, 2019. He is survived by a daughter Jacqueline "Jacki" Vilandre and her husband Vance of Johnson City, TN; 3 grandchildren, Joey, Sophie, and Ronan; a brother, Rhett Butler and his wife Mary of Canisteo, NY; many in-laws, as well as nephews and nieces including Ashley Tuttle and her family whom with he lived, and was his primary caregiver. Born in Otsego, NY on Oct. 31, 1946 he was the son of Donald Butler and Mildred (Stansbury) Rejko and grew up in Millbury, graduating from Millbury High School.

Roger worked for many years as a welder/ fabricator for Murphy E J Co. out of Hopkinton where they

built fire engines, until his retirement in 2008. Roger loved fishing and having fish tanks and aquariums in his home. He was an animal lover especially dogs, an avid NASCAR fan, and enjoyed bluegrass music. He served in the U.S Navy during the Vietnam Era serving in Naples, Italy, Newport, RI, and Puerto Rico.

According to Roger's wishes he will be cremated. A celebration of his life and burial will take place at a later date in the Spring to be announced. There are no calling hours. In lieu of flowers, donations in Roger's memory may be made to: The Bosler Humane Society, P.O. Box 12, Baldwinville, MA 01436, or to Dog Orphans, 90 Webster St., Douglas MA 01516. To leave a condolence message for his family please visit: <http://www.Jackmanfuneralhomes.com>



Anthony H. Barton, 61



WOONSOCKET, RI- Anthony H. Barton, 61, passed away on Tues. December 24, 2019 at The Blaire House of Milford after a courageous battle with cancer. He was predeceased by his much adored wife of 12 years, Denise S. (Morro) Barton in 2011.

He is survived by 3 step children, Jesse W. Kampegaard of Union, ME, Dawn E. Brule of Douglas, and Shawanna Lee O'Brien also of Douglas; 4 grandchildren, Cole, Casey, Zachary, and Jackson; 3 brothers, Robert W. Barton with whom he lived, Richard A. Barton and his wife Mary Wright, and Kenneth C. Barton and his wife Margaret; a sister, Arlene J. Wood and her husband Russell, as well as many aunts, uncles, nieces and nephews. He was predeceased by his parents, and a nephew Kevin Wood. Born in Worcester on Dec. 9, 1958 he was the son of Howard C. and Ethel M. (Sawa)

Barton, and grew up in Worcester. Anthony graduated from South High School in Worcester and furthered his education earning a degree in Business Management from Worcester State College in 1981. He worked for Astra Zeneca out of Westborough for several years. In 1989 he began working as a Mental Health Worker for Westborough State Hospital until their closing in 2010 when he transferred to Worcester Recovery Center, where he worked up until recently. He was an avid sports fan, who enjoyed watching basketball, football, golf, hockey, and baseball, especially following the New England sport teams. He was a great man who will be remembered for his kind and gentle spirit.

As to Anthony's wishes he will be cremated and a memorial service will be held on Fri. Jan. 3rd at 11am in Jackman Funeral Home, 7 Mechanic St., Douglas. Memorial calling hours will be held prior to the service from 9:30- 11 am. To leave a condolence message for his family please visit: <http://www.JackmanFuneralHomes.co>

Holly Dawn Ganon, 26



NORTHBRIDGE - Holly Dawn Ganon, 26, of Northbridge passed away on Wednesday, December 18, after a long battle with addiction.

She leaves her mother and step father Mark and Sharon (Ratcliffe) Gjeltema of Northbridge, and her sister Audrey Ganon of Whitinsville; Kevin and Lisa Ratcliffe of Holden; Neal and Linda Ratcliffe of Whitinsville, Mark and Jeannine Ratcliffe of Huntington, Alan and Melissa Ratcliffe of Northbridge, Christopher and Mary (Ratcliffe) Thompson of Whitinsville; as well as many cousins, aunts and uncles. She was pre-deceased by her Grandfather John "Jack" Ratcliffe of Whitinsville

and her Grandmother Marjorie (McDonald) Ratcliffe.

Holly was a 2011 graduate of Northbridge High School and attended Quinsigamond Community College. She enjoyed playing volleyball, was an avid reader and loved shopping, jewelry, and being with her family and friends.

The family will be holding a private ceremony. Memorial contributions can be sent to: NetofCompassion.org. She would appreciate helping others who shared the same struggles. The family would like to ask that you educate yourself and others about addiction and mental illness. Help stop the shame and stigma of addiction and mental illness. Holly was so much more than her addiction. To leave a condolence message for her family please visit: www.Jackmanfuneralhomes.com

Muriel C. "Moo" Morin, 81



LINWOOD- Muriel C. "Moo" Morin, 81, formerly of Union St. in the Northbridge section of Linwood passed away on Thurs. Dec. 19, 2019 at Beaumont of Northbridge after a period of declining

health.

She is survived by 2 nieces Amy Stacy (husband Mark) of Douglas and Kristen Clark (husband Stephen) of Sturbridge; 5 great-nieces Rachael, Danielle, Rebecca, Cara, and Leah; brother Ronald Morin and his family of Millbury; and her longtime friend and travel companion Judy Mills. Born in Whitinsville, MA on Sept. 23, 1938 she was the daughter of Elphege E. and Amanda (Poliquin) Morin and lived in Linwood all her life. She had been a resident of Beaumont the past 2 years.

Muriel worked in the records departments for several area nursing homes over the course of her life, including Hopedale Garden and Westborough Healthcare Center retiring in 2001.

Always up for an adventure Muriel

enjoyed yearly trips to Las Vegas and visiting Mohegan Sun. She loved arts and crafts, sewing and baking. Her Thanksgiving cookies were a family favorite! Educated in the Good Shepherd School, she was a member of the Royal Travellers and travelled all over the world. She will be missed for her kind nature and her eagerness to spend time with family and friends.

Her family would like to extend a special thank you to the nurses and staff at Beaumont of Northbridge for their exceptional care over the past two years.

Muriel's funeral was held Mon. Dec. 23 from Jackman Funeral Home, 12 Spring St. Whitinsville with a Mass at 11 am in Good Shepherd Church, 121 Linwood St. Linwood. Burial will follow in St. Patrick's Cemetery. A calling hour at the funeral home was held Mon. Dec 23 from 9:30 to 10:30 am. Memorial donations may be made to the Peace of Bread Community Kitchen, 51 Cottage St. Whitinsville, MA 01588. To leave a condolence message for the family please visit: <http://www.jackmanfuneralhomes.com>

Joyce R. Ferland, 78

BROOKFIELD - Joyce R. Ferland, 78, passed away on Friday December 20, 2019 at the Quaboag Rehabilitation and Skilled Care Center.

Being predeceased by her husband, the late Larry R. Ferland, Joyce leaves behind two sons: Timothy R. and Robert A. LeBlanc; her daughter Brenda L. Casavant; her sister Jody Higgins; here dear friend Brenda A. Berard.

Joyce was born in Fall River, MA on

August 10, 1941, daughter of Franklin G. and Alice A. (Polger) Bigelow; she worked as a CNA at the Hermitage of Worcester for many years.

Private funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle.

Stanley B. Mielnicki, 81



DOUGLAS- Stanley B. Mielnicki, 81, passed away on Dec. 18, 2019 at UMass University Campus in Worcester with his loving family at his side. He is survived by his adoring wife of 62 years, Marjorie L.

(Ventura) Mielnicki.

He is also survived by his 3 children, Paula Arsenault, Kathleen Allain- Gagliardi and her husband Steve, and Michael Mielnicki and his wife Dale; 7 grandchildren, Keith and Susan Arsenault, Brenna Allain and her husband Steve, Katy Amanza and her husband Doziem, Emily Mielnicki, Alexander Mielnicki, and Elizabeth Mielnicki; a great- grandson, Uzoma Amanze; 2 brothers, Anthony Mielnicki, and John Mielnicki, as well as many nieces and nephews.

Born in Whitinsville, MA on Feb. 9, 1938 Stanley was the son of Stanley F. and Anna F. (Bahleda) Mielnicki and was raised in Douglas. He was a 1955 graduate of Douglas High School. He attended Wentworth Institute in Boston and graduated from Mass Radio and TV in Boston. He then proudly served in the U.S. Army during the

Vietnam Era. After 3 years of service, Stanley started his own business, Stan's TV which later transitioned to Stan's TV and Appliance in Whitinsville where he worked until his retirement.

Stan loved fishing at Wallum Lake and the Douglas Reservoir. He and Marge had spent their winters in FL, where Stan enjoyed playing shuffleboard. He was a great man who loved his children and grandchildren.

Stanley's funeral was held on Sat. Dec. 28th with a Mass at 11 am in St. Denis Church, 23 Manchaug St., Douglas. Calling hours at the Jackman Funeral Home, 7 Mechanic St., Douglas, were held prior to the Mass from 9- 10:30 am. The family please asks that you omit flowers. Donations in Stan's memory may be made to: The Douglas Ambulance Fund, PO Box 222, Douglas MA 01516, or to St. Jude Children's Research Hospital, 501 St. Jude's Place, Memphis, TN 38105-1942. To leave a condolence message for his family please visit: <http://www.JackmanFuneralHomes.com>



Carol Ann Palazzi, 66



Carol Ann Palazzi, 66, passed away on December 17, 2019 at UMass Memorial Hospital after courageously battling a long illness. She passed comfortably, surrounded by her loving family.

She was born to Andrew Palazzi and Barbara Cunningham in Cambridge, Mass. on October 11, 1953.

She is survived by her (unmarried) spouse of 41 years, Larry Bragdon. She's also survived by her mother, now Barbara Bowe, her sisters Mary Bowe-Shulman and Barb Warren, her brothers Pat Bowe and Fred Bowe, as well as numerous nieces and nephews and cousins. Her father had passed away in 1970.

Carol was a 1971 graduate of Acton-Boxborough High School. Carol then

went on to the Boston University School of Nursing BSN program, and graduated in 1975.

She worked as a Registered Nurse for her entire career compassing nearly 40 years. She did all this despite battling multiple diseases and health conditions that spanned from her senior year in high school to when she finally had to give up her career due to disability.

She'll be remembered as someone who had an excellent work ethic, persevered through much adversity, and never gave up.

There are no services planned; however, her family would appreciate any donations made in Carol's memory to Dana-Farber Cancer Institute, or any other cancer institute or charity. To leave a condolence message for the family please visit: [ww.Jackmanfuneralhomes.com](http://www.Jackmanfuneralhomes.com)

Christopher Vensel, 54




Christopher Vensel, age 54 passed away December 15, 2019, born September 20, 1965. Christopher worked for Ferguson in Franklin Ma. He was an avid comic book collector and loved Comic Con

events. Survived by mother Frances Vensel, Kenneth Vensel and his sister -in - law Linda Vensel of Uxbridge, Ma. No calling hours due to the holiday season. A Service will be at The Blackstone Valley United Methodist Church, 61 Linwood Avenue, Whitinsville, Ma at 1:00 pm on January 5, 2020 with celebration of life to follow at the church.



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TRAINOR

continued from page A8

(recycle centers) who are doing all the sorting. We all have families and they care about our safety.

Attending conferences, and sitting in auditoriums etc. this week, with the sounds of coughs, sneezes and so much more, I joked we could film a TV ad for Flu Shots! However, I keep a hair scrungie (pony tail holder) on my wrist which works great to hold or open door handles (auditorium, class room, restroom), etc. I also took a Zip-lock

bag, placed a wet one (wipe) inside and added a little extra hand sanitizer. I had a moist towel to clean my hands every time a pen, clipboard etc. was shared.

Finally a nurse told me to help when the flu hits hard, they put a drop of hand sanitizer beneath each of their nostrils and invite patients to do do the same, it seems to help as sneezes (droplets) can travel 14 plus feet.

Viola Bramel
Northbridge, MA
**

Prize Winner
Congratulations to Annie Wuelfing of

East Brookfield whose name was drawn for a three course dinner for two at the Publick House in Sturbridge! Annie shared her repurposing tip above.

Win Dinner for Two

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips,

not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail kdr@aol.com. Hints are entered into a drawing for a three course dinner for two at the historic Publick House Inn!

What to expect as you transition to a healthy diet

For many people, the road to a healthy lifestyle begins in the kitchen. People make changes to their diets of their own volition or at the recommendation of their doctors, and those changes can have a profound effect that might surprise even the most devoted of healthy eaters.

According to the Center for Advancement in Cancer Education, 90 percent of all cancer cases can be prevented through environmental and lifestyle choices like deciding to eat a healthy diet. In addition, the Office of Disease Prevention and Health Promotion, a division of the U.S. Department of Health and Human Services, notes that a history of poor eating is one of the biggest contributors to the various nutrition- and physical activity-related health challenges that now face the U.S. population. By simply altering their diets to make them more nutritious, millions of people across the globe can significantly reduce their risk for various chronic diseases, including cardiovascular disease and type 2 diabetes.

People who are committed to eating healthier should know that changing diets can produce some adverse, but typically temporary, side effects. The CACE notes that such side effects are predictable, as they are essentially just manifestations of the body's adjustments as it responds to eating better. People adopting healthier diets should discuss the appearance of the following side effects with their physicians while recognizing that they are not necessarily a cause for concern.



Skin rashes

The CACE notes that people who have histories of recurring skin rashes or eruptions may experience such rashes as they adjust to healthy diets. That's because the skin is becoming more active and alive due to the healthy diet and expelling toxins that could potentially prove hazardous down the road. Doctors unfamiliar with patients' histories may mistake these rashes for food allergies, so it's important that patients be open and hon-

est about their medical histories and remind their doctors that they are in the process of changing their diets for the better.

Colds or fevers

Colds or fevers can be another way the body indicates it's working hard to cleanse itself. Fevers should always be monitored closely, even while in the midst of changing one's diet for the better. But the CACE notes that colds or fevers, while unpleasant, can serve as a nat-

ural form of housecleaning as the body adjusts to a healthy diet. Persistent colds and fevers should be brought to the attention of a physician.

Additional symptoms

Some people may experience withdrawal symptoms like headaches and irritability as they transition from unhealthy diets to healthy ones. Such symptoms may be more likely to occur among people who suddenly adopt extreme diets. A gradual transition may help

mitigate these symptoms, as can choosing a less extreme, balanced diet as opposed to one that demands certain foods be avoided entirely right off the bat.

Choosing to eat a healthier diet is a smart move that can pay long-term dividends. But the transition may require people to confront potentially uncomfortable side effects as their bodies adjust.

Understanding the fitness-related ‘rhabdo’



Have you heard of “rhabdo”? No, it's not the latest superfood seed imported from the heart of the rainforest. Also dubbed the “spinning disease,” rhabdo, short for rhabdomyolysis, is a serious condition known to the medical world

for years, but is only recently garnering more widespread attention thanks to the high-impact fitness craze.

According to the Harvard Medical School, rhabdo is a rare condition that occurs when muscle cells burst

and leak their contents into the blood stream. This can cause kidney injury, dark or brown urine, weakness, and muscle soreness. Trauma, medication and drug or alcohol misuse can contribute to rhabdo, but so can intense

physical activity.

The Mayo Clinic states that rhabdo has been seen in extreme athletes, such as weight lifters and marathon runners. Rhabdo also can afflict people new to fitness regimens who are attempting to push themselves too far, too quickly.

According to Dr. Leslie Hamlett, a nephrology specialist at Freeman Health System in Missouri, she's not surprised that those participating in intense workouts have been experiencing rhabdo. Dr. Hamlett feels that athletes crave the pain and burn — equating it to a job well done. However, the earliest symptoms of rhabdo mimic those of a really tough workout, making them easy to overlook.

The following tips can help people reduce their risk of developing rhabdomyolysis.

- Avoid alcohol and drug abuse.
- Seek prompt medical help after an accident or muscle trauma.
- Do not work out in excessive heat.
- Stay hydrated throughout a workout and attempt to maintain a normal body temperature. Fluids with electrolytes can be beneficial.
- When working out, gradually increase intensity, whether you're a seasoned athlete or a beginner.

Rhabdo is a serious medical condition that those engaging in extreme workouts should familiarize themselves with early on. Although rare, the condition is serious enough to warrant caution while exercising.

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B SECTION

Friday, January 3, 2020

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BLACKSTONE VALLEY TRIBUNE

Why you might be better off exercising at a gym than at home



Routine exercise benefits minds and bodies in various ways. Studies have shown that physical activity can improve mood and lower people's risk for various diseases, including heart disease and diabetes.

As beneficial as exercise can be, many people simply don't make physical activity part of their regular routines. Recent studies and reports from the United States' National Center for Health Statistics and Statistics Canada, conducted separately from each other, found that

roughly 80 percent of adults in both the U.S. and Canada are not meeting the minimum physical activity requirements recommended by their respective governments. While a host of factors can influence a person's decisions on physical activity, where to exercise is one factor that could go a long way toward determining just how much adults exercise.

Basements, attics, spare bedrooms, or two-car garages may seem like the perfect places to create home gyms.

However, the benefits of working out at a gym may outweigh the convenience of working out at home.

• Workout partners and/or other gym members may improve your chances of losing weight. People who exercise at home tend to work out alone. In so doing, they may be removing a potentially strong motivator that could keep them exercising. A 2016 study published in the research journal *Obesity* found that increasing contacts and interactions with thinner individuals, and

declining contacts and interactions with heavier individuals, were linked to actual weight loss. In other words, working out with a fit friend or simply interacting with fellow gym members who maintain healthy weights can benefit people who are trying to lose weight through exercise.

• Gym memberships have a way of paying for themselves. The cost of a gym membership is one factor many people cite as a reason for not exercising more.

However, many health insurance plans now offer sweat equity rebates that reward policy holders for working out. Such rebates can greatly reduce the cost of a gym membership, if not remove it entirely. For example, a sweat equity program that offers a \$200 rebate every six months for policy holders who exercise 50 times during that period can make a \$30 monthly gym membership free. In that example,

gym members would pay \$180 for six months but get all of that money back if they work out 50 times in a six-month period.

• Gyms can make it easier to diversify your workouts. Exercise boredom is something even the most ardent fitness enthusiast can relate to. Exercise boredom refers to the disinterest that can develop over time as people do the same workouts for weeks, months or years at a time. A home gym may not be spacious

enough to include too many machines, whereas gyms typically include enough machines and classes to allow people to diversify their workouts as often as they'd like.

Working out at home may be convenient, but people looking to make exercise part of their daily routines may get better results by exercising at a nearby gym.

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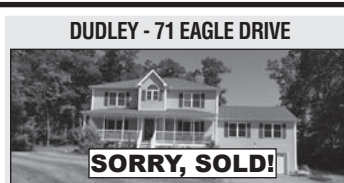
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Updated 2 Family - Vinyl Siding- **1st Floor** - 6 Rooms, 3 bedrooms, 1 Full Bath, Open Kitchen. Fully Appliance - Refrigerator, Electric Range, Microwave, Washer & Dryer Included. New Carpeting, Hardwood Floors, Ceiling Fans. New PVC Drains. **2nd Floor** - Open Kitchen with Gorgeous Kitchen Cabinets - 6 Rooms, 3 Bed, 1 Full Bath Hardwood Floors, New carpeting, Ceiling Fans. Each Apartment has 1,200+ sq ft plus. Oil Heat - 2 New Oil Tanks, Circuit Breakers. Plenty of off street parking. Town Water & Sewer, 3rd Story Unfinished. Great Commuter Location. **\$237,500.**



SORRY, SOLD!
A nice place to call home! Houses situated perfectly on the lot to promote privacy on this .44 acre Lot! 6 room 2 bedroom 1-1/2 Bath. 2 brick fireplaces! Furnace and roof approximately 6 years old. Plus a guest house! assisted sale **\$229,000.**



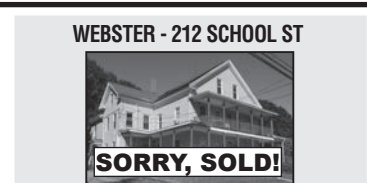
SORRY, SOLD!
Wow! Young 8 room Center Hall Colonial! Better than new! 3 bedroom, 3 full baths! 23' X 23' Cathedral ceiling Family Room! Hardwood & Ceramics throughout. Heat by forced hot air/oil, Central air! 2680 Sq Ft of living area. In one of Dudley's finest developments with underground utilities! **\$420,000.**



SORRY, SOLD!
Spacious ranch 3-4 bedrooms. 1-1/2 baths. 1 car attached garage. Newly remodeled kitchen. Partially finished basement just waiting for carpet or laminate flooring. Hardwood & Tile throughout 1st floor. Flat level lot. Town water & sewer. Potential to finish a studio above garage **\$267,000.**



Cape gutted to the studs and remodeled, 3 Br, 1 bath; 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/plumbing. Large Gambrel Post & Beam. 2 bay garage w/loft. New septic. **NEW PRICE \$249,500**



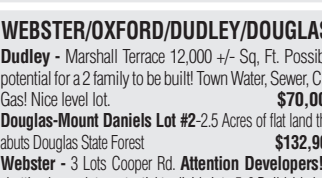
SORRY, SOLD!
Large 4 Family! 3 car garage! Off street parking. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully Rented. **\$369,900.**



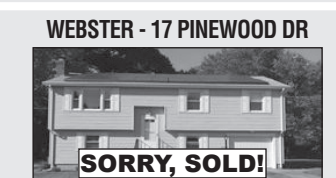
ON DEPOSIT
Cute 2 Bedroom Ranch! All hardwood floors, gas Fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt roof. Walk out lower living level. Town Water & Sewer, City Gas **\$219,900.**



SORRY, SOLD!
Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s appliances! Kitchen! Large master bedroom, coffered ceiling, master bath, W/letted tub! Walk in closets. Two car garage. Radiused walkout on upper level! A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property! assisted sale **\$499,900.**



Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. **\$70,000**
Douglas - Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**
Webster - 3 Lots Cooper Rd. Attention Developer! 3 abutting house lots, potential to divide into 5-6 Buildable lots! water/sewer access **\$129,400**
Webster - 85 Upper Gore! View of the Lake. 1+ acre, artesian well, Septic Design, Etc. **\$130,000.**
Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$99,900**



SORRY, SOLD!
Location, Location, Location! Close to I395. Split Entry with 6 rooms. 3 bedrooms & 1-1/2 baths. Many Updates! Fireplace living room. Wood floors! Recent Asphalt Shingled Roof & Solar Panels. **ASSISTED SALE \$289,900.**



LAND FOR SALE
ATTENTION DEVELOPERS
Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, Water/Sewer access **\$129,400.**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



SORRY, SOLD!

WEBSTER LAKE - 118 POINT BREEZE RD
Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697+- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**



SORRY, SOLD!

WEBSTER LAKE - 32 JACKSON RD
AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**



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\$75,000

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Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, JANUARY 4				
DUDLEY 5 Fairview Ave	S	12:30-2	\$248,500	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
WEBSTER 90-A Sutton Rd	S	11-12:30	\$288,900	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, JANUARY 5				
SOUTHBRIDGE 483 Alpine Dr.	S	Noon-2	\$265,000	Aucoin Ryan Realty 508-765-9155

To have your open house listed in this directory.
Please contact Patricia Owens 508-909-4135



Brenda Ryan Broker-Owner
Melissa Cournoyer EBH
Mary Jo Demick
Spiro Thomo
Vivian Marro-Doros
Robin Giguere

201 SOUTH STREET, SOUTHBRIDGE, MA 508-765-9155
FAX: 508-765-2698

Dabbie Thomo
Jean Lacoste
Chad Splaine
Michelle Roy
Stan Mislazek
Michelle Splaine
Paula Aversa

CAN'T FIND A HOUSE, BUILD ONE!! WE HAVE LOTS & BUILDERS! CONTACT US!



BROOKFIELD: Gorgeous WATERFRONT! Move in ready 6 room 4 bedroom 2 1/2 bath Colonial New septic system! Town Water Level yard to dock w/boating. First floor 2 bedrooms & full bath. Second floor great room with sliders to deck plus two more bedrooms & bath. Magnificent views of the water! 2 car garage. Year built very deceiving. This property updated throughout. Full recreational lake! **\$389,900.**



SOUTHBRIDGE: Impeccably maintained Cape Cod Style home! 6 rooms 4 bedrooms 2 baths. Beautiful kitchen with appliances. Wonderful heated sun room with deck for barbecuing. Hardwood floors. Central Air. Updated boiler and hot water. Professionally landscaped yard. Located at the end of a dead end street. **\$239,900.**



OPEN HOUSE 12-2PM SUN SOUTHBRIDGE 483 ALPINE DR.
Weather permitting.
Country Living at its BEST! Private casual Great Colonial with 6 rooms 3 bedrooms 2 1/2 baths. Large kitchen/dining room comes with tile floor. Half bath and first floor laundry. Master bedroom with large walk in closet and master bath. 2017 Pellet stove to keep you warm. Cozy three season sun room which leads to patio/deck and a large flat yard. New roof in 2019. **\$285,000**



WEBSTER: INVESTORS TAKE NOTICE! Fully rented! 2 Large 3 bedroom apartments and one 2 bedroom apartment. Exceptional large & level yard! Centrally located for commuters. Tenants pay their own utilities. Washer & dryer hook ups. Newer hot water tanks. Enclosed staircases. Large off street parking lot. **\$219,900.**



SOUTHBRIDGE: INEXPENSIVE! Bargain Hunters take a look at this Antique Colonial with 8 rooms 4 bedrooms 1 1/2 Baths. Hardwood floors. Economic gas heat. Newer roof, boiler, & HW heater. Front & rear stairways to go upstairs. Fireplace. Needs some paint & updating but well worth it! Garage! **\$149,900.**



STURBRIDGE: Desirable Double Wide Mobile Home in Sturbridge Retirement Co-op Park! 5 rooms 2 bedrooms 2 baths! EXCELLENT LOCATION being the last home on dead end! Privacy! Large master bedroom with master bath! Vaulted ceilings in living room/dining room combo. Eat in kitchen. Large enclosed porch too! **\$70,000** plus park share!

ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS:
SOUTHBRIDGE, STURBRIDGE, DUDLEY, CHARLTON, WEBSTER, HOLLAND. PLEASE CONTACT US!





Re/Max Professional Associates

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Our Broker and Our Friend

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Patrick Sweeney 774-452-3578

FEATURE PROPERTIES



OPEN HOUSE SAT 11-12:30

WEBSTER, MA - \$288,900
90-A Sutton Rd.
3 Bedroom, Raised Ranch. Come



OPEN HOUSE SAT 12:30-2

DUDLEY, MA - \$248,500
5 Fairview Ave
Under Priced, Needs Work



NEW CONSTRUCTION PROPERTIES COMING SOON
BUILD TO SUIT

PENDING



OXFORD, MA - \$234,900
44 Depot Road
3 Bedroom, Ranch
Recently Remodeled

SOLD




STURBRIDGE, MA - \$299,900
234 Podunk Road
Antique Colonial,
4 bed, 2 bath, Remodeled

FOR SALE



WEBSTER, MA - \$267,900
56 Chase Ave
2-Family
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COFFEE HOUR
January 18th
Noon- 1pm

EACH MONTH A NEW TOPIC


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Four general ten ply tires. 1 year
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8 foot bed. 454 cubic inch en-
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37 Main Street, Charlton, MA 01507
Submission Deadline: 1/17/20 or until filled.
EOE

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LEGALS

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO19P3991EA**
Estate of:
David L. Holt
Date Of Death: October 26, 2019
**NOTICE OF
INFORMAL PROBATE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Kathleen M. Holt of Sutton MA** a Will has been admitted to informal probate.
Kathleen M. Holt of Sutton MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
January 3, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO19P4000A**
Estate of:
Rita J Delmonico
Date Of Death: May 14, 2019
**NOTICE OF
INFORMAL PROBATE**


To all persons who have or may have some interested in the above captioned estate, by Petition of Petitioner **Michael M Delmonico of Hopkinton MA** a Will has been admitted to informal probate. **Michael M Delmonico of Hopkinton MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.
The estate is being administered under informal procedure by the Personal

Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
January 3, 2020

HERE & THERE → Local Events, Arts, and Entertainment Listings


SATURDAY, JANUARY 11

TEQUILA BONFIRE
from 9-midnight
308 Lakeside
308 East Main Street
East Brookfield, MA 01515
774-449-8333




ONGOING

MARIACHI BAND
First Thursday of the month 5-8 p.m.
MEXICALI MEXICAN GRILL
Webster location
41 Worcester Rd., Webster, MA




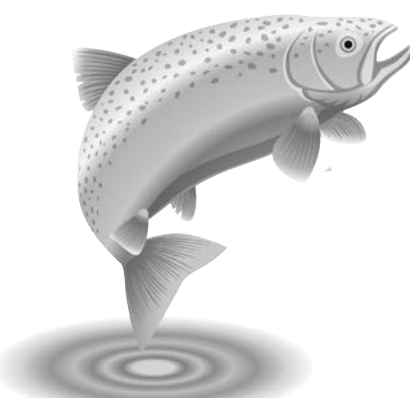
508-461-5070

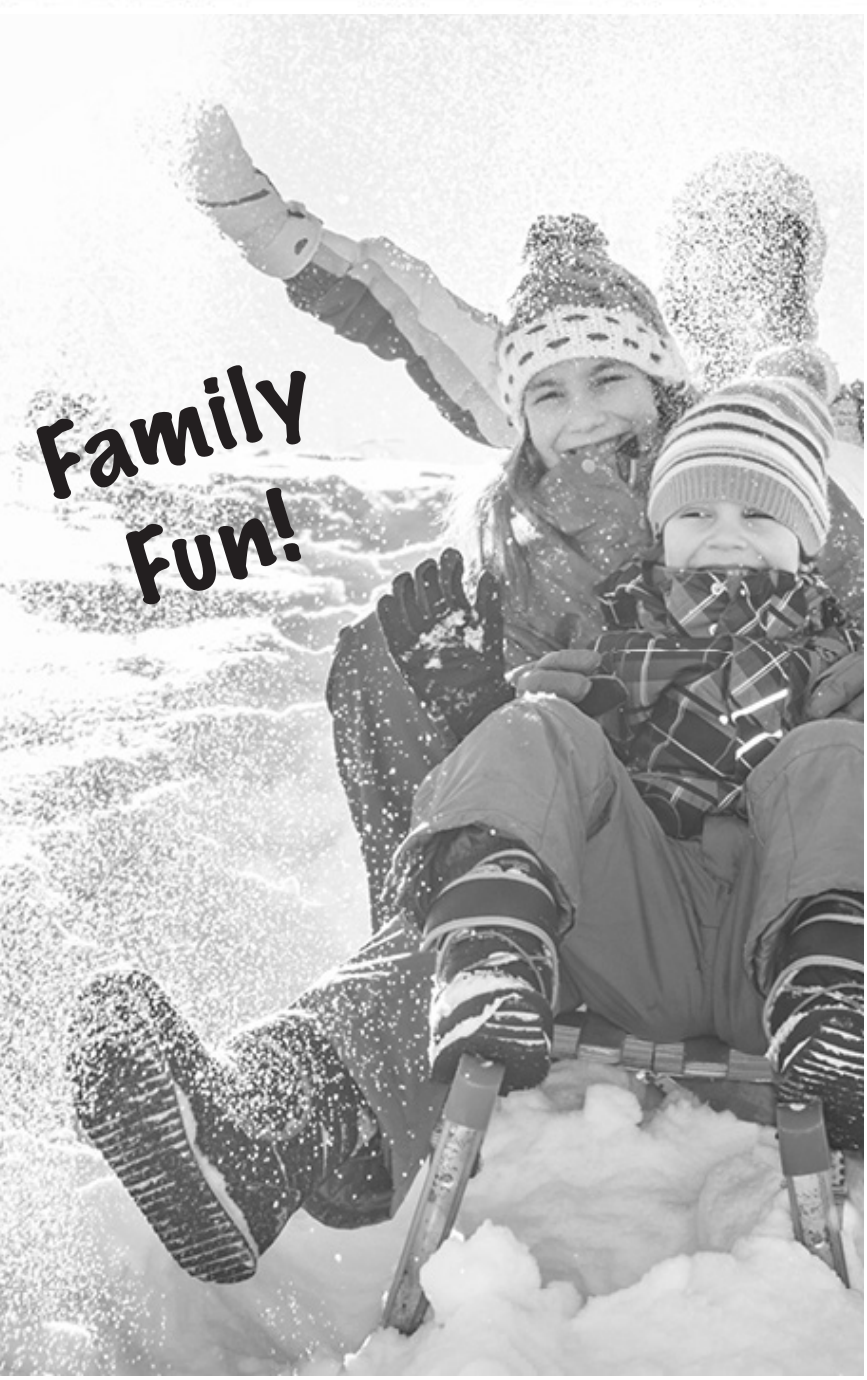
TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
HILLCREST COUNTRY CLUB
325 Pleasant St., Leicester, MA
508-892-9822



LIVE ENTERTAINMENT FRIDAY NIGHT
HEXMARK TAVERN
AT SALEM CROSS INN
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meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club
50 Elm St., Auburn, MA





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LEGALS

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Michael M. Majeau and Suzanne M. Majeau to Mortgage Electronic Registration Systems, Inc. acting solely as a nominee for New Century Mortgage Corporation, dated September 27, 2006 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 39914, Page 309 (the "Mortgage"), as affected by a Reformation Order dated August 15, 2019, and recorded at said Registry of Deeds in Book 60898, Page 268 of which mortgage Wells Fargo Bank N.A., as Trustee, for Carrington Mortgage Loan Trust, Series 2006-NC5 Asset-Backed Pass-Through Certificates is the present holder by assignment from Mortgage Electronic Registration Systems, Inc. (MERS) as nominee for New Century Mortgage Corporation, its successors and assigns to Wells Fargo Bank N.A., as Trustee, for Carrington Mortgage Loan Trust, Series 2006-NC5 Asset-Backed Pass-Through Certificates dated July 27, 2012 recorded in Worcester County (Worcester District) Registry of Deeds in Book 49388, Page 39, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 66 School Street a/k/a 66 School Park, Unit No. 1, of the Ryvallee Condominium, Northbridge, MA 01525 will be sold at a Public Auction at 12:00 PM on January 17, 2020, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

Property Address: 66 School Park aka School Street, Unit 1, Northbridge, MA 01534

The following premises in Ryvallee Condominiums in Northbridge, Worcester County, Massachusetts, created by Master Deed dated June 26, 1987, and recorded on July 2, 1987, with the Worcester District Registry of Deeds, in Book 10604, Page 279, Unit (Town Home) No. 1 the address of which is : 66 School Street, Northbridge, Massachusetts 01525 together with an undivided 50% (fifty percent) interest appertaining to said unit in common areas of said Condominium and together with the rights and easements appurtenant to said Unit as set forth in said Master Deed, as amended.

Said Unit is intended to be uses solely for residential purposes as set forth in Section XII of said Master Deed, and is subject to the restrictions as set forth in Section XIII of said Master Deed that:

- (A) no such unit shall be used for any purpose other than as a dwelling;
- (B) No business activities of any nature shall be conducted in any such unit, except (i) as provided in Paragraph C of Section XII thereof and (ii) that a person residing in any such unit may, if permitted and duly authorized in accordance with applicable law and governmental regulation, maintain therein an office for his or her personal professional use, but no employees or person other than a resident of such unit shall engage therein in any activities and no such office shall be advertised, held out or used as a place fro services to clients or patients;
- (C) Units may be leased for use by other than the owners thereof provided;
- (i) the lease is in writing;
- (ii) the lease is for no less than the entire unit;
- (iii) the lease is not for transient or hotel purposes;
- (iv) the term of any such lease is no less than thirty (30) days;
- (v) such leasing is specifically made subject to the provisions of the Master Deed, the Condominium Trust and by-laws an all rules and regulations issued there under and provides that any failure to comply with terms of such documents shall be a default there under; and
- (vi) such lessee executes a written agreement directly with the Trustees of the Condominium Trust under which he specifically agrees to observe and be bound by the same;

(D) Dogs, cats or other pet animals or birds shall not be kept in any such town home or otherwise on the premises without the consent of the Trustees of the Association;

(E) The architectural integrity of the buildings and the units shall be preserved without modification and, to that end, without limiting the generality of the foregoing, without the prior written approval of the Trustees of the Condominium Trust, no awning, screen, antenna, sign, banner or other device, and no exterior change, addition, structure, projection, decoration, or other feature shall be erected or placed up on or attached to any such unit or any part thereof, no addition to or change or replacement of any exte-

rior light, door knocker, or other exterior hardware shall be made, and no painting, attaching or decalcomania, or other decoration shall be done on any exterior part or surface of any unit nor on the interior surface of any window; provided, however, that the foregoing shall not restrict the right of the unit owner to decorate the interior of his or her unit as he or she may desire.

(F) All maintenance and use by owners of all facilities shall be done so as to preserve the appearance and character of the same and of the grounds and buildings without modification;

(G) All use and maintenance of such units shall be conducted in a manner consistent with the comfort and convenience of the occupants of other units and in accordance with the provisions with respect thereto from time to time promulgated by the Trustees of the Condominium Trust in accordance with the provisions of the by-laws of said Condominium Trust; and

(H) No improper, offensive or unlawful use shall be made of the unit or any part thereof and all applicable laws. Zoning ordinance, and regulations of all governmental bodies having jurisdiction thereof shall be strictly observed by all units owners.

(A) The provisions of Massachusetts General Laws, Chapter 183A;

(B) The terms and provisions of said Master Deed, the Declaration of Trust of Ryvallee Condominium Trust, dated June 26, 1987 recorded with said Worcester District Registry of Deeds on July 2, 1987, in Book 10604, Page 295, the by-laws set forth in said Declaration of Trust and any rules and regulation promulgated there under, and the obligations there under to pay the proportionate share attributable to said Unit of the common expense duly established;

(C) Such taxes attributable to said Unit for the current fiscal year as are not now due and payable, all of which at the Grantees by acceptance hereof agree to comply with, perform, assume and pay; and

(D) All rights, reservations, easements, including utility easements, restrictions, and other matters of record contained or referenced in said Master Deed. For title see Deed in Book 19346, Page 223.

For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 19346, Page 223.

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cash, cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable in cash or by certified check in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851 or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

Wells Fargo Bank N.A., as Trustee, for Carrington Mortgage Loan Trust, Series 2006-NC5 Asset-Backed Pass-Through Certificates
Korde & Associates, P.C.
900 Chelmsford Street
Suite 3102
Lowell, MA 01851
(978) 256-1500
Majeau, Michael M., 18-032341
December 27, 2019
January 3, 2020
January 10, 2020

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain Mortgage given by William L. Impey and Kerrie A. Campopiano to Ameriquet Mortgage Company, dated June 8, 2005 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 36559, Page 215, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for, Ameriquet Mortgage Securities Inc. Asset-Backed Pass-Through Certificates, Series 2005-R7, Under the Pooling and Servicing Agreement Dated August 1, 2005 by Ameriquet Mortgage Company by assignment recorded in said Worcester County (Worcester District) Registry of

Deeds at Book 43808, Page 149, subsequently assigned to Deutsche Bank National Trust Company, as Trustee for Ameriquet Mortgage Securities Inc., Asset-Backed Pass-Through Certificates, Series 2005-R7 by Ameriquet Mortgage Company by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 60163, Page 207 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on January 10, 2020 at 86 Moon Hill Road, Northbridge, MA, all and singular the premises described in said Mortgage, to wit:

The land in said Northbridge, situated on the northerly side of Moon Hill Road, and shown as Lot 1 on Plan entitled "Plan of Land in Northbridge, Mass, James and Namey G. Nogueira" by Guerriere & Halnon, Inc., which plan is recorded in Plan Book 474, Plan 23 of the Worcester District Registry of Deeds, and according to which plan the premises are bounded and described as follows: BEGINNING at a point on the northerly side of Moon Hill Road at the southeasterly corner of the herein described premises and at the southwesterly corner of Lot 2 as shown on said plan; THENCE N. 57°51'29" E. by said Lot 2, 200.25 feet to a point at land now or formerly of Nogueira; THENCE N. 32°17'01" W., by said Nogueira land, 200.00 feet to a point; THENCE S. 57°, 51'29" W, by said Nogueira land, 200.00 feet to a point, on the northerly side of Moon Hill Road; THENCE southeasterly by said Moon Hill Road and by a curve to the right, the radius of which is 1416.50 feet, a distance of 26.38 feet to a point; THENCE S. 32°08'31" E, by said Moon Hill Road, 173.62 feet to the point of beginning. CONTAINING 40,002 square feet of land, more or less, according to said plan. Being the same premises as conveyed by Deed of Timothy S. Tubergen and Faith S. Turbergen to David A. Van Someren and Lisa Van Someren dated June 28, 1984, recorded at Worcester Registry of Deeds, Book 8262, Page 98. For our Title, see Deed recorded immediately prior hereto. as inst 106807 Ref Book 29790 pg. 58

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms, if any, to be announced at the sale.

Deutsche Bank National Trust Company, as Trustee for Ameriquet Mortgage Securities Inc., Asset-Backed Pass-Through Certificates, Series 2005-R7
Present Holder of said Mortgage,
By Its Attorneys,
ORLANDO PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
19-001299
December 20, 2019
December 27, 2019
January 3, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO19P4092EA
CITATION ON PETITION FOR
FORMAL ADJUDICATION
Estate of:
Christopher J. Hersee**

Date of Death: 10/17/2019

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Renee D. Hersee of Medfield MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that **Renee D. Hersee of Medfield MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 01/21/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION
UNDER THE MASSACHUSETTS
UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: December 16, 2019
Stephanie K. Fattman,
Register of Probate
January 3, 2020

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO19P4046A
Estate of:
Arthur R Jackson
Date Of Death: April 20, 2019
NOTICE OF
INFORMAL PROBATE**

To all persons who have or may have some interested in the above captioned estate, by Petition of Petitioner **Anne E Jackson of Northbridge MA** a Will has been admitted to informal probate. **Anne E Jackson of Northbridge MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
January 3, 2020

PUBLIC HEARING ANNUAL SCHOOL BUDGET

The Uxbridge School Committee will conduct a public hearing on the proposed Fiscal Year 2021 School Budget on Wednesday, January 22, 2020, commencing at 6:30 p.m. in the Library at the Uxbridge High School as required by Chapter 71, Section 38N of the Mass. General Laws (MGL). Public input is encouraged and will be accepted at the hearing. A copy of the proposed budget may be obtained at the Business Office, 9 North Main St, beginning Thursday, January 9, 2020 from 8:00 a.m. to 3:00 p.m. It will also be available online at <https://ma50000413.schoolwires.net/Page/357> .
Note make sure weblink correct and date!!!
January 3, 2019



Find the hidden words in the puzzle.

REBOOT SECURE STARTUP VIRUS

P	R	S	S	V	Y	M	C	U	T	F	K
O	U	G	E	R	I	O	B	D	C	I	F
Q	X	T	O	C	M	R	N	N	E	R	U
J	R	M	R	P	U	A	U	D	T	E	F
H	E	K	U	A	B	R	P	S	O	W	Y
M	Y	T	A	D	T	D	E	N	R	A	B
M	E	O	A	Y	W	S	C	T	P	L	W
X	P	O	R	E	B	O	O	T	Z	L	D
G	R	S	S	E	C	O	R	P	P	H	A
B	B	P	T	R	O	F	R	P	A	L	T
K	M	K	L	E	F	J	K	D	W	Z	A
Y	L	O	F	K	E	Y	B	O	A	R	D

Unscramble the words to
determine the phrase.

W P R O E P U

Answer: Power Up



HISTORY

- **1777: AMERICAN GENERAL GEORGE WASHINGTON DEFEATS BRITAIN'S GENERAL LORD CORNWALLIS AT THE BATTLE OF PRINCETON.**

- **1870:** CONSTRUCTION ON THE BROOKLYN BRIDGE BEGINS.

- **2000:** THE FINAL DAILY EDITION OF THE “PEANUTS” COMIC STRIP IS RUN.



THIS DEVICE HAS CHANGED
THE WORLD. MANY PEOPLE
RELY ON ONE DAILY.

ANSWER: COMPUTER

*How they
SAY that in...*

ENGLISH: Memory

SPANISH: Memoria

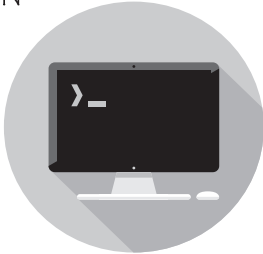
ITALIAN: Memoria

FRENCH: Mémoire

GERMAN: Erinnerung

Did You Know?

THE FIRST ELECTRONIC COMPUTER
WEIGHED MORE THAN
27 TONS AND TOOK
UP 1,800 SQUARE
FEET.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: COMPUTER MOUSE

⊙ ** ☐ ☺ ☹ ~ ● ♫ ✧ * ⬢ × ❁ + ≡ ❁ ▲ ☾ * ♂ ✱ ☵ ☶ ☷ ☸ ☹ ☺ Ω ♂
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

☐ ☾ Ω * ♂ ≍ ~ ☆ +
Determine the code to reveal the answer!

Solve the code to discover words related to cold weather.
Each number corresponds to a letter.
(Hint: 9 = s)

A. 6 13 16 9 14

Clue: Cold covering

B. 10 23 10 23 26 25 9

Clue: Cylindrical ice

C. 9 26 10 23 22

Clue: Slippery

D. 7 8 9 14 4

Clue: Windy

Answers: A. frost B. icicles C. slick D. gusty

SUDOKU

				9			1	
		5						
4		2			5		8	9
	6				2	9	5	
	5			1				
3			4				2	7
	3							
9				2				
8		6			3		7	

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	6	9	4	3	1	7	5
9	4	7	5	2	1	8	6	3
5	3	1	8	7	6	2	9	4
3	1	8	4	5	9	6	2	7
2	5	9	6	1	7	4	3	8
7	6	4	3	8	2	9	5	1
4	7	2	1	6	5	3	8	9
1	9	5	2	3	8	7	4	6
6	8	3	7	9	4	5	1	2

ANSWER:



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this New Year



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Exp. 1/31/20

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hearthstonemarket1@gmail.com • hearthstonemarketandcatering.com



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Kevin Meehan
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Mike Penner
General Manager

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IF YOU CAN'T TELL
THE DIFFERENCE?**

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

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buy you a meal at the
Miss Mendon Diner!



Mike Penner
General Manager

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FUTURE, NOT YOUR PAST.**

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HEATED LEATHER, BACK-UP CAM
WHOLESALE PRICE: \$19,377

SAVE \$19,300 OFF OF RETAIL PRICE!

2018 JEEP RENEGADE NEW Retail Price: ~~\$27,120~~
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BACK-UP CAM, BLUETOOTH
WHOLESALE PRICE: \$18,377

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2016 FORD EXPLORER NEW Retail Price: ~~\$39,705~~
#19-681A • XLT TRIM, 4X4, NAV,
LEATHER, ALLOYS, MOONROOF
WHOLESALE PRICE: \$25,377

SAVE \$14,300 OFF OF RETAIL PRICE!

2018 JEEP CHEROKEE NEW Retail Price: ~~\$30,180~~
#D10308R • LATITUDE PLUS, 4X4,
BACK-UP CAM, HEATED SEATS
WHOLESALE PRICE: \$19,877

SAVE \$10,300 OFF OF RETAIL PRICE!

2018 RAM 1500 BIG HORN NEW Retail Price: ~~\$39,995~~
#H1193V • CREW CAB, 4X4, NAV,
ALLOYS, 5.7L HEMI, BED LINER
WHOLESALE PRICE: \$26,877

SAVE \$13,100 OFF OF RETAIL PRICE!

2016 GRAND CHEROKEE NEW Retail Price: ~~\$40,285~~
#H1095V • LIMITED TRIM, 4X4,
MOONROOF, NAV, ALLOYS, V6
WHOLESALE PRICE: \$26,577

SAVE \$13,700 OFF OF RETAIL PRICE!

LIKE NEW 2018 HYUNDAI TUCSON LIMITED SUV
#H1123R



NEW RETAIL PRICE: ~~\$31,450~~
WHOLESALE PRICE: \$25,377

All-Wheel Drive, Leather, Moonroof,
Back-Up Cam, Bluetooth, Nav, Alloys.

SAVE \$6,100 OFF OF RETAIL PRICE!

SPECIAL PURCHASE #40332V

Like New 2017 CHEVY SILVERADO 4x4



1500 LT TRIM
CREW CAB

NEW RETAIL PRICE: ~~\$42,100~~
STARTING AT ONLY: \$30,877

10 Available

8" LCD, Heated Seats, V8, MyLink, Premium Audio, Alloys!

SAVE \$11,200 OFF OF RETAIL PRICE!

LIKE NEW 2018 TOYOTA RAV4 XLE TRIM SUV
#TP0008



NEW RETAIL PRICE: ~~\$31,850~~
WHOLESALE PRICE: \$21,377

All-Wheel Drive, Alloys, Sunroof,
Lane Departure, Back-Up Camera.

SAVE \$10,500 OFF OF RETAIL PRICE!

2016 TOYOTA HIGHLANDER NEW Retail Price: ~~\$41,180~~
#TP0074V • XLE TRIM, AWD, V6,
LEATHER, MOONROOF, ALLOYS
WHOLESALE PRICE: \$26,377

SAVE \$14,800 OFF OF RETAIL PRICE!

2017 CHEVROLET CRUZE NEW Retail Price: ~~\$23,140~~
#40215R • LT TRIM, HATCHBACK,
ALLOYS, KEYLESS START, 7" LCD
WHOLESALE PRICE: \$14,377

SAVE \$8,800 OFF OF RETAIL PRICE!

2017 HYUNDAI TUCSON NEW Retail Price: ~~\$28,015~~
#H1219 • SE TRIM, BACK-UP CAM,
17" ALLOYS, ALL-WHEEL DRIVE
WHOLESALE PRICE: \$17,877

SAVE \$10,100 OFF OF RETAIL PRICE!

2018 CHEVY EQUINOX LT NEW Retail Price: ~~\$30,340~~
#40410L • 17" ALLOYS, TURBO,
PREMIUM AUDIO, BLUETOOTH
WHOLESALE PRICE: \$19,377

SAVE \$11,000 OFF OF RETAIL PRICE!

LIKE NEW 2018 JEEP WRANGLER JK UNLIMITED
#D10155RV



NEW RETAIL PRICE: ~~\$44,905~~
WHOLESALE PRICE: \$28,377

4x4, 3.5L V6, Unlimited Sahara Trim,
18" Alloys, Satellite Radio, Hard Top.

SAVE \$16,500 OFF OF RETAIL PRICE!

2017 TOYOTA TACOMA DOUBLE CAB
#TM20153A



NEW RETAIL PRICE: ~~\$44,665~~
WHOLESALE PRICE: \$26,377

TRD Sport, 4x4, 3.5L V6, Alloys,
Satellite Radio, Nav, Towing Package.

SAVE \$18,300 OFF OF RETAIL PRICE!

SALE ENDS 01/08/20 Cannot be combined with any other discount or promotion and may require dealer source financing. Some restrictions apply, see us for details. Does not include specialty vehicles or renewed for you vehicles. Some vehicles may not qualify, see dealer for details. Prior sales excluded. Some restrictions apply, see us for details. Estimated KBB values are opinions and may vary from vehicle to vehicle. Value based on vehicle condition. Amount may be adjusted for mileage, wear and tear, and options. Value difference assessed on list price. Deductions from allowance may be made for equipment failure, body and/or interior damage, reconditioning cost and/or excessive mileage at a rate of 20¢ per mile assessed on mileage of 10,000 miles per year. New retail price based on MSRP of new models. Not valid with prior sales. Selling price including our \$1,000 Imperial trade assistance bonus for a qualifying 2010 or newer trades. Advertised price does not include tax, title, registration or documentation fee. Vehicle must be paid in full and take same day delivery. 5 DAY OR 200 MILE RETURN EXCHANGE PROGRAM FOR YOUR TOTAL CONFIDENCE. - If you're not happy with your Imperial certified used vehicle, bring it back within 5 days or 200 miles and we'll give you a credit of your full purchase price toward the purchase of another vehicle. Not responsible for typographical errors, photos are for illustration purposes only.

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300 FORTUNE BLVD. | MILFORD, MA



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