

Auburn’s Patrick Germain among newest Correctional training graduates



Patrick Germain

PAXTON — Worcester County Sheriff Lewis G. Evangelidis has announced the graduation of Basic Recruit Training Academy #52. The most recent academy class, comprised of 11 new correctional officers, includes four members who are military or still-serving reservists in the United States Army and National Guard. Among the graduating class of new correctional officers is Officer Patrick Germain of Auburn who was also selected as Class President of BRTA #52 by his peers.

During his tenure, Evangelidis has made significant changes to the hiring standards in order to professionalize the department. All correctional officer applicants must have, at a minimum, an associate’s degree or at least two years of military service. They must also take and pass a written exam, physical fitness test, background check and psychological screening test. United States military applicants are given priority status

in the hiring process.

“Corrections is a serious business, our primary responsibility is public safety and to serve and protect the citizens of Worcester County. Our newly sworn-in officers have met the highest hiring standards in corrections today and have completed the finest training academy in Massachusetts,” Said Evangelidis.

During the formal graduation ceremony, among the traditions that were observed was as a badge-pinning where the new officers were “pinned” into their new profession by a family member.

“I am proud to welcome our latest graduating class of eleven new correctional officers who have met the challenges presented to them during their rigorous twelve-week Academy. They will surely make us a better department,” aid Worcester County Sheriff Lew Evangelidis.

Domino’s® ‘Pizza Theater’ now open in Auburn

OPEN-CONCEPT STORE BRINGS THE FUN OF PIZZA-MAKING TO THE FOREFRONT

AUBURN — The first Domino’s “pizza theater” in Auburn is now open! The locally-owned store, located at 711 Southbridge St., officially opened for business on Jan. 27.

“I’m very excited to open the doors to the first Domino’s in town,” said Sara Andrade, Auburn Domino’s franchise owner. “The store features an open-concept, interactive experience where customers can actually watch and track their pizza being made, each step of the way. Domino’s is bringing the art and fun of pizza-making to the forefront.”

Domino’s pizza theater design allows flexibility for several elements otherwise unheard of when it comes to a “traditional” store. Highlights include an open-area viewing of the food preparation process, indoor seating, the ability to track carryout orders electron-

ically on a lobby screen and a chalkboard to allow customers to express their creativity or to leave feedback for the store team members.

“I hope local residents come out and enjoy our beautiful new space,” Andrade said. “We look forward to serving delicious pizza and providing exceptional service to this area.”

The store is also looking to hire delivery drivers, customer service representatives and assistant managers. More than 90 percent of Domino’s U.S. franchise owners actually began their career as part-time team members, including Andrade. She began working at Domino’s as customer service representative in 2007 and worked her way up. Domino’s in Auburn is Andrade’s first location.

Please Read PIZZA, page A15

School Committee to Interview Superintendent candidate

AUBURN — On Feb. 5 at 6 p.m. in the School Committee Room, located at 5 West St. in Auburn, the Auburn School Committee will interview the lone internal applicant for the position of Superintendent of the Auburn Public Schools, effective July 1.

The successful candidate will assume the role of Superintendent, replacing Dr. Maryellen Brunelle, who will retire on June 30 after serving as Superintendent of the Auburn Public Schools since 2008, having previously served as the Principal of the Bryn Mawr School in Auburn from 2001-2006.

On behalf of the Auburn School Committee, we welcome your attendance at the meeting.

Name reveal held for new manikin at Bay Path Practical Nursing Academy

CHARLTON — A name reveal ceremony was recently held for the new manikin in the Simulation (SIM) laboratory at Bay Path Practical Nursing Academy. The name “Sam” was voted on by PN Class of 2020.

The manikin’s gender can be suited to the teaching-learning scenario, and a gender-neutral name is appropriate. Sam will be “Samantha” for when the manikin requires a female gender for SIM scenarios, and “Sampson” for when the manikin requires a male gender for SIM scenarios. As it happens, Bay Path Practical Nursing Academy have produced several successful “Samantha’s” and is soon to graduate a “Sampson.”

The new manikin was purchased by the Bay Path Practical Nursing Academy through funds received from Perkin’s grant. Influencing the manikin name reveal is the fact that Bay Path Practical Nursing Academy alumni continues to return and assist in

every way they can with current students. Tasheena Laliberte, LPN from Worcester, of PN Class of 2019 was at the first SIM Lab to assist.

“We have a wonderful team here at Bay Path and an even more amazing alumni community,” expressed Gretheline Bolandrina, MSN Ed, RN, CRRN Academy Director.

In addition to honoring alumni, the PN staff and faculty wanted the students in the program not only to have access to something important to their overall training but to be engaged and involved in decisions, even simple ones such as naming the manikin.

“We love that our alumni are supporting current cohorts even after they have left, continuing to recognize that nursing is vital to improving healthcare for all,” said Bolandrina.

“The practical nursing faculty is extremely appreciative of the generosity of time, inspiration and camaraderie from the alumni, and the opportunities it provides the current students in their practical nursing education,” concluded Bolandrina.



Barbara Owusu of Worcester and Robin Peters of Douglas during a SIM scenario.

Courtesy Photo



New Charlton CEA updates announced

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – If they haven’t already, participants in the Town of Charlton Community Electricity Aggregation, or CEA, Program will soon be receiving details on the new deal for 2020 through 2022 which sees Charlton partnering with NextEra Energy Services in the contract.

Touting the new rate as 26 percent lower than National Grid’s Basic Service Supply Rate, the program offers participating Charlton power customers a chance to go green and to decrease their energy bills by sourcing electricity from New England-based renewable energy sources including solar, wind

and hydroelectric providers.

John O’Rourke, a representative of energy management consulting company Good Energy, provided details on the new partnership to Charlton’s selectmen on Jan. 14. The Program applies to Charlton, Millbury and Oxford residents and continues an effort sparked in 2017 to help offer power customers a chance to utilize greener energy at a cheaper rate than National Grid. The new partnership with NextEra is only the latest step in lowering those bills and continue to provide new power options for Charlton residents.

“We went out to bid last May. The reason we did that was because our analyst told us the market was very good during that period of time and to go out

to bid to start the renewal program for January 2020. We got a very good bid of 10.316 cents per kWh, slightly below the current rate of the aggregation,” said O’Rourke. “What we also did because there’s more interest in renewable energy we added a product to the aggregation, 100 percent local green. That’s priced at 12.366 cents. Essentially what that is, we get Massachusetts Class 1 renewable energy certificates from an organization called the Green Energy Consumers Alliance. They are the gold standard here in Massachusetts.”

The new price per kilowatt hour of 10.316 cents is a drop from the previous deal which was set at 10.430 cents per kWh. Good Energy assumes an average cost of \$15 more a month for power

customers who choose to embrace the Charlton Premium 100 percent Local Green program costing 12.366 per kWh.

O’Rourke and Good Energy previously met with the town administrators and managers of the three participating communities to work out a plan to spread the word of the new partnership for customers. This resulted in the creation of a detailed letter informing residents what they can expect from the new partnerships and how this will be reflected on their bills.

Information about the changes or about the Charlton CEA Program in general can be found at Charlton-CEA. come or by calling the Charlton Town Hall at (508) 248-2209.

Abducted girl rescued in Sturbridge

BY KEVIN FLANDERS
STAFF WRITER

STURBRIDGE — An 11-year-old Springfield girl was rescued recently after an Amber Alert led to the arrest of her abductor on the Mass. Pike in Sturbridge.

At 1:30 p.m. on Jan. 15, Charlotte Moccia was forced into a vehicle shortly after she got off her school bus. Police immediately issued an Amber Alert, asking residents to be on the lookout for a blue Honda Civic with yellow fog lights and no front license plate.

The abduction took place in the Springfield neighborhood of Princeton and Amherst Streets. State and local police quickly fanned out across the area, and Amber Alerts were broadcast through television, radio, and text alerts.

“Preliminary investigation suggests that a white or Hispanic male was walking behind Charlotte and forced her into the back of an older model (believed to be 2001-2005) dark blue or black Honda,” read the initial statement issued by the State Police. “The vehicle has distinctive aftermarket rims and a moonroof.”

Police were praised for the level of details released on the suspect’s vehicle in the Amber Alert. Because of the alert, multiple drivers on the Mass. Pike reported a car heading eastbound

that matched the suspect vehicle’s description. One driver even followed the vehicle for several miles while on the phone with police, officials said.

Troopers then flooded the highway and stopped the vehicle near the Sturbridge-Charlton line, roughly six hours after the abduction and 30 miles away. The car was located by troopers in a work zone and pulled over without incident, police said. The driver, Miguel Rodriguez, 24, of Springfield, was arrested and charged with aggravated kidnapping.

Rodriguez was transported to the State Police Charlton barracks for booking. Moccia, found in the suspect’s vehicle with no apparent injuries, was evaluated as a precaution by EMS personnel, police said.

The suspect and victim were not related, police said. Rodriguez appeared in Springfield District Court for arraignment on Jan. 16. He was held without bail and ordered to undergo a mental health evaluation. He will return to court later this month for a dangerousness hearing.

Police are not seeking any other suspects in the crime. A few witnesses had described seeing a woman in the suspect’s car, but police believe Rodriguez acted alone.

Emily M. Martin of Auburn named to Clemson University President’s List

CLEMSON, S.C. — Emily M. Martin of Auburn has been named to the President’s List at Clemson University. Martin, whose major is Health Science, made the President’s List for the fall 2019 semester.

To be named to the President’s List, a student must achieve a 4.0 (all As) grade-point average.

Municipal Building Committee looks ahead

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – Charlton’s Municipal Building Committee is looking ahead to the needs of the future for the town’s infrastructure with an eye on several priorities for the 2020 calendar year.

Charlton Building Commissioner Curtis Meskus represented the Municipal Building Committee during a meeting with selectmen on Jan. 14 where he provided an update on recent discussions among committee members and some priorities that the town should be exploring in the immediate future. The update was the first in a while provided by the committee with Meskus delving into several items during a short discussion where infrastructure, facilities management, community lighting and green community projects were all put on the table.

“We need to continue down the development of a facilities maintenance department so that our department heads and building heads are doing their jobs and not being torn by having to take care of maintenance tasks on a daily basis. There has been discussion and will probably continue to be discussion about the further buildout of the department of public works and what goes in there and what facilities are needed as that goes forward. The construction of a new public safety building will free up the space at 85 Masonic Home Rd. for additional municipal purposes,” said Meskus. The Masonic Road property he spoke of is the current fire department building which could become vacant if the town were to build a new facility to house both fire and police officials.

Other projects and priorities discussed included requests from the cemetery commissioners who are seeking a space for them to operate, the poten-

tial for new roof projects including at the police station and obtaining grant funding to convert streetlamps to LED bulbs. The committee is also continuing to work with municipal departments to achieve the 20 percent reduction required by the Green Communities Act. One major need Meskus says is a place for file storage, a project which has been conceived and abandoned already in recent years.

“We did embark on a program quite a while ago to build and archival storage building. We had the design for that and put that project out to bid and that number was very unpalatable for a fire-proof closet. We looked at some other potential options, but we’d have to design those options and bid those out. We are making strides forward with our network. We are very fortunate to have just gotten a grant for a little over \$90,000 for backup equipment – digitization of records has always been a goal of mine,” said Meskus.

When selectmen had their chance to chime in Selectman Bill Borowski commented that Charlton should be examining a much bigger priority as well, a more serious consideration of the overarching infrastructure needs of the community. Meskus noted that none of the projects presented are set in stone but he felt it was time that the board have the opportunity to discuss the questions and initiatives his committee had helped think up.

“We just wanted to make sure (the selectmen) were aware as transitions occur that these are things that the community needs to be aware of,” said Meskus. “The committee felt that it was important to get this information before the board at this time because you are making some very large decisions about the assets of this community.”

Alexis Wilson of Auburn named to Champlain College Dean’s List

BURLINGTON, Vt. — Alexis Wilson of Auburn has been named to the Champlain College Dean’s List for the Fall 2019 semester.

Students on the Dean’s List have achieved a grade point average of 3.5 or higher during the semester.

Founded in 1878, Champlain College is a small, not-for-profit, private college in Burlington, Vermont, with additional campuses in Montreal, Canada, and Dublin, Ireland. Champlain offers a traditional undergraduate experience from its beautiful campus overlooking Lake Champlain, and more than 90 residential undergraduate and online undergraduate and graduate degree programs and certificates. Champlain’s distinctive career-driven approach to higher education embodies the notion that true learning occurs when information and experience come together to create knowledge. Champlain College is included in the Princeton Review’s The Best 385 Colleges: 2020 Edition. It was named a “Most Innovative School” (for the fifth year in a row), ranked among the top 100 Regional Universities in the North, and is featured as “One of the Best Undergraduate Teaching Programs” and a “Best Value School” by U.S. News & World Report. The Fiske Guide to Colleges for 2020 calls Champlain one of the “Best and Most Interesting Schools” in the United States, Canada and Great Britain. Champlain is also a 2020 College of Distinction. For more information, visit: www.champlain.edu.

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\$305,000, 18 Coachman Ln, Bjork, Corey O, and Aucoin-Bjork, Laura, to Burokas, Evan, and Para, Emily.

\$200,000, 7 John William Dr #C, Wildgrube, Emily J, to Young, Barbara A.

\$183,750, 101 Old Common Rd, US Bank NA Tr, to Sarli, Gerardo A.

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THE AUBURN NEWS (546-680) is published weekly for \$45 per year (in county) by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Out of county rate is \$56 per year. Periodicals postage paid at Southbridge. To subscribe call (800) 367-9898. POSTMASTER: Send address changes to The Auburn News, P.O. Box 90, Southbridge, MA 01550

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Bottle & Can Box celebrates 15th year



CHARLTON — If you're a Charlton resident, chances are that you've seen the Charlton Lions Club's purple Bottle & Can Box across from the Main Street Post Office.

Fifteen years ago, the Lions embarked on a different twist to the old fashion bottle drive - they built a permanent box to create a drop off for redeemable bottles and cans. The Lions are always looking for ways to fundraise for their many charitable causes, and that's how the Bottle & Can Box was born. The Box was the idea of Lions members Steve & Shelley Doucette.

"To be honest, we stole the idea from

a Lions Club in Vermont. We saw their box and thought it was a great idea," said Steve Doucette.

The idea is simple. Most people want to recycle their old bottles and cans, but they don't have the time to go to a store and feed the recycling machine.

"So, we decided to build a permanent recycling box to give folks a place to donate their redeemable bottles and cans year-round," said Shelley Doucette.

The idea took off immediately, and the Box has been raising money for charities in Charlton ever since. Jack and Sandra Bacon allowed the Lions to put the first Box on their property in

the center of Town. Thank you, Jack and Sandra, for starting something really special. There are now two boxes across from the Post Office, just waiting for your redeemable bottles and cans.

Over the past 15 years, the Bottle & Can Box has raised almost \$20,000 from the generous donations of the people of Charlton. All the money the Lions Club raises through the Bottle & Can Box donations goes back to funding our charitable projects; like Walmart Christmas gift cards, handicap ramps, eye glasses and hearing aids for seniors, and scholarships for graduating Charlton high school seniors. Over the years the Lions have shared the Box with other non-profits and charities in town, like the Girl Scouts, Boy Scouts, Youth Football and Cheerleaders, the Charlton Leos Club and so many more. If you run a youth organization, or a non-profit, and would like to use the Bottle & Can Box as a fundraiser for your group, please email us at "thecharltonlions@gmail.com," and give us your contact information.

So, after 15 years of collecting bottles and cans, the Charlton Lions would like to thank all of you who have donated your bottles and cans. We have received almost 400,000 bottles and cans, so thank you to all the Coke, Pepsi, Bud Light and Coors Light drinkers throughout the town. Your effort to help the Lions Club by emptying those cans does not



ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

go unappreciated. Just a note to our faithful donors, the Box is designed to receive just redeemable 5 cent cans and bottles. We cannot take items, like water bottles, that do not have a 5 cent redeemable label. So, before you bring your bag of bottles and cans, if you could do one last sort to make sure that only 5 cent cans and bottles are donated, we would greatly appreciate it.

If you're interested in learning more about what the Charlton Lions Club does for our Town, or perhaps if the Lions Club could help you, please email us at thecharltonlions@gmail.com, or call Steve Doucette, the Club President, at (508) 248-4411. Be Part of Something Great - Become a LION.

Traffic Commission seeks to grow

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – After making great strides in helping the town of Charlton address traffic and road safety concerns, specifically along Route 20, since its inception in late 2017 the Charlton Civilian Traffic Commission is looking to take the next step by reorganizing and including several more town officials in the conversations.

Mike McGrath, Chairman of the Civilian Traffic Commission, appeared before the Board of Selectmen on Jan. 14 to discuss a pair of letters provided to each selectman by members of his own commis-

sion. While one letter regarded a proposed survey of local traffic the second delved into the concerns about the limitations that keep the commission from making real changes beyond simply providing ideas at public meetings.

"There is one that was brought up in regard to doing a traffic softening survey for the town. Although we discussed that financially it may not be feasible to do, the majority of the board wanted to present that to selectmen as an option," McGrath said. "The second letter is a little more to the point. We've found over the last couple of years that although we've had some great ideas and we've gone forward with some

and had a lot of discussions in regard to what's going on in town our ability as a think tank is limited."

Many times, the commission has to go to outside parties including finance officials, highway officials and others in the town hall to gather information regarding their ideas and the possibilities for traffic solutions. For McGrath and other members, they'd like to see these resources be permanently included in the commission rather than simply turning to them after ideas are brought to the table.

"We found that we're kind of running into a lot of roadblocks that we're dealing within the traffic commission," McGrath

said. "We're looking to either disband or reorganize the traffic commission to include those people that have a little more say in financing and the actual operation of the town roads and signage or whatever it might be."

The proposal was to include a representative of the Department of Public Works, the Town Administrator, town planner and members of the planning board into the mix. The police department already has representation on the commission. This would essentially evolve the civilian commission to a more standard town body mixing civilians and town authorities at one table. McGrath thinks this can only

help create even more effective discussion.

"There's a lot of good ideas and a lot of good discussions. Citizens have come in and brought up some of the points that they needed to address for traffic concerns in their neighborhoods. We also need to be able to do something besides saying 'That's a great idea,'" McGrath said.

Selectmen agreed to table the discussion to get a better idea of how they would like to approach possibly changing the makeup of the commission. They were scheduled to discuss the matter further during their Jan. 28 meeting.

Worcester Polytechnic Institute announces Fall 2019 Dean's List

WORCESTER — The following local residents were among 1,678 students from Worcester Polytechnic Institute (WPI) named to the university's Dean's List for academic excellence for the fall 2019 semester.

Elizabeth Butler of Auburn, Mass., is a member of the class of 2021 majoring in biomedical engineering.

Eliana Palumbo of Auburn, Mass., is a member of the class of 2023 majoring in biomedical engineering.

Ioannis Kyriazis of Auburn, Mass., is a member of the class of 2021 majoring in computer science.

Dayna Tang of Auburn, Mass., is a member of the class of 2023 majoring in engineering.

Jackson Sypek of Auburn, Mass., is a member of the class of 2023 majoring in mathematical sciences.

Hannah Mikkila of Auburn, Mass., is a member of the class of 2020 majoring in mechanical engineering.

Paul Mara of Auburn, Mass., is a member of the class of 2021 majoring in robotics engineering and computer science.

The criteria for the WPI Dean's List

differs from most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work completed at the A level in courses and projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students go beyond the classroom to work on open-ended problems in and for communities around the world. The problems are important and the impact is real" said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

About Worcester Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned

in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 50 bachelor's, master's, and doctoral degree programs across 14 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

Amanda Doherty named to Dean's List at Hofstra University

HEMPSTEAD, N.Y. — Amanda Doherty of Auburn excelled during the Fall 2019 semester, achieving a GPA of at least 3.5 to earn a spot on the Dean's List.

Hofstra University is a nationally ranked and recognized private university in Hempstead, N.Y. that is the only school to ever host three consecutive presidential debates (2008, 2012 and 2016). Our campus is a leafy oasis just a quick train ride away from New York City and all its cultural, recreational and professional opportunities. We offer small classes and personal attention, with the resources, technology and facilities of a large university. Students can choose from more than 160 undergraduate program options and 165 graduate program options in the liberal arts and sciences, education, health professions and human services, the Peter S. Kalikow School of Government, Public Policy and International Affairs, the Fred DeMatteis School of Engineering and Applied Science, the Frank G. Zarb School of Business, the Lawrence Herbert School of Communication, the Maurice

A. Deane School of Law, the Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies, and the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell. Hofstra University is a dynamic community of more than 11,000 students from around the world who are dedicated to civic engagement, academic excellence and becoming leaders in their communities and their careers.

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Charlton FD welcomes new firefighter



Courtesy Photo

Fire officials stand with new Charlton firefighter Lindsay Kelly.

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – The Charlton Fire Department added a new member to its ranks in mid-January unveiling a new firefighter in front of selectmen at a meeting on Jan. 14 where officials also discussions dispatch concerns for both fire and police services.

Chief Ed Knopf started off his portion of the Board of Selectmen meeting by introducing Lindsay Kelly to the board. Previously a firefighter for Hopedale, Mendon and Sherborn, Kelly joins Charlton after an extensive search in mid and late 2019 to fill an opening. Kelly was joined by her father who pinned her badge to her uniform.

Following the pinning ceremony Knopf delved into another personnel need, this time one mutually beneficial to the fire and police departments in the form of a dispatcher. Until the Jan. 14 meeting only one dispatcher was on duty handling calls for fire, EMS or police services in Charlton. This is in contrast for many neighboring communities where two dispatchers are often if not always on duty to handle the call volume.

“I don’t want to say that there’s personnel issues or anything like that. We just identified that there’s a gap there. We’ve seen increases. Our volume has gone up 21 percent over the last three years. Overall volume in the dispatch center has risen 55 percent during that same period of time. However, we have one dispatcher on at one time. We’ve

identified an area within the workday where the volume is at a greater pace, usually 10 a.m. to 6 p.m., where we believe that an added dispatcher would bring great value to the service,” Chief Knopf told selectmen. “We’re working on providing some efficiencies within our respective groups to make the job a little easier for the dispatchers, but the fact remains that they are inundated and we haven’t had the opportunity to address this since they went full time with one dispatcher for the last twenty-some-odd years.”

Selectmen were supportive of the idea and showed understanding of the need, but the concern seemed to be how to fund a second dispatcher for an extended period of time. Police Chief Graham Maxfield said there is \$15,000 remaining from a grant that would help fund part of the \$24,000 it would cost for the dispatcher.

“I’m about halfway there in my existing budget to fund that person. We’d have to take a look at it again in the spring to see where we are as far as salaries and if we can continue on or if we can move some money to try to get this done without having to go ask for any more,” Chief Maxfield said.

With the money question still unanswered selectmen decided to allow the use of the grand funding to at least begin the process of adding a second dispatcher from in house. Further funding for the current fiscal year and an approach for permanent funding were slated to be discussed at a future date.

Hurricane Katrina – a National Guardsman’s experience

BY BRENT STANLEY

Editor’s note: The following piece was submitted by Brent Stanley, Supervisor of the MassDOT Highway Call Center in Charlton, who felt compelled to share his memories of being deployed to New Orleans as a member of the National Guard in the wake of Hurricane Katrina, which struck the Gulf Coast 15 years ago this August.

We rode a bus from the airport for as long as we could.

The water was up to the axles, and we were still four miles from our des-

tinuation – the University of Louisiana. Our commander said “Time to pack and walk.” I shouldered three packs as did my buddies, and in the wee hours of the morning, we walked. The water was up to our waists in some areas, up to our knees in others. It was so dark we reached out to touch each other’s packs to keep together. The water was black and nasty smelling. There was only the drinking water from our canteens and the MREs (meals ready to eat) in our packs. Dawn came, and we were still sloshing through the floods. The light of the new day showed us the horrors of Katrina. Dead animals and dead humans. We couldn’t deal with them

then – we had to reach the University and help the living. Water was way over our boots, and we were soaked through our uniforms, but at least it was warm and we were in no danger from exposure. We saw alligators and large fish in the water. They didn’t bother us.

We finally reached our destination about mid-morning. The University was trashed. There was human waste everywhere. The walls were covered brown with feces. Water was up to our knees.

We set up operations in the campus police quarters. That first night, we caught three looters with computers, DVDs, and TVs. They had a Doberman, and the smallest of them outweighed me by 100 pounds. But we had M16s. They surrendered peacefully and we handcuffed them and sat them down on the ground that we had used for a latrine. It wasn’t by intention – the situation called for it. We gave them food and some of our limited water. We were still not connected with a supply line. The Doberman didn’t look too mean. He was panting, and he looked thirsty. I asked my commanding officer if I could give the dog water.

“We don’t have much water, Stanley,” he said.

I said the dog really needs water. He made a pained expression, and said “give him a little.” When his back was turned, I gave him a lot.

been a huge understatement.

“Let’s go back to base,” I said.

On the sixth day, we finally had showers.

Our days were taken up with helping the local population find their way to the relief centers that had been set up. People were lost and disoriented. They were glad to see us, and told us so. Our uniforms represented stability and hope in a flood of despair. I felt good helping people who had lost all hope and were totally vulnerable to Mother Nature.

During the second week, we were very much aware of the suffering of animals – pets that had been abandoned. Our commander had said we were not to feed or help the animals. There were too many other priorities. Still, it was hard to see the suffering. There was a female dog that had just had pups. Here teats were all swollen and red, and she kept hanging around. I asked my commander again if I could give her some of my food. He said no. Later, when it was dark, I snuck out to the perimeter of our base and fed the dog my rations. She ate hungrily, and licked my hand after. She was as confused as she was hungry, and seemed grateful for human contact. I sneaked back to my barracks undetected. I had a hard time to get the dog not to follow me. She kept following me even when I told her to go back. I felt good about helping the dog.

We saw lots of bodies. They were bloated and disfigured. There was nothing we could do for them. Our mission was to help the living. It felt like Stephen King’s “The Stand.” It didn’t seem real. This was a disaster of major proportions.

On the third day, our supply line was established, and we finally had food and water beyond what we carried. We were, by this time, way beyond the need for a shower. There were no showers. Power was dead, and the showers at the University were full of filth and feces. Some of my buddies and I decided to clean out an area in the shower stalls. At the same time, other guardsman succeeded in getting a diesel generator running, and we had power. Still, there were no showers. I told a buddy that I could hear the ocean at night.

“Let’s go to the ocean and clean up,” I said.

We found bicycles, and after chow time, rode in the direction of the ocean sounds. When we got there, it was dark, but the light of the moon shone on the ocean. I shined my torch down on the eight foot drop to the water. We saw old tires, garbage, and raw sewerage. To say we were disappointed would have

When the mission was over, I felt good that I’d been able to help. I knew that it would be years before things were back to normal in this area, but the Guards had done their best to help these desperate people through this disaster. This was what I signed up for. I wanted to help people.

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Friday’s Child

Treyvon
Age 8

Hi! My name is Treyvon and I am very affectionate!

Treyvon is a playful seven-year-old boy of Hispanic descent. He can be shy when meeting new people but once he is comfortable, he is affectionate and easily engaged. Treyvon enjoys playing age-appropriate games, watching movies, playing outside, and coloring. Treyvon does extremely well in a structured environment with clear and consistent boundaries, both at home and in school.

Treyvon is legally freed for adoption and can be placed in any type of family with or without other children. Treyvon has bi-monthly visits with his birth mother until an adoption is finalized, then the visits will decrease to two visits per year. Treyvon will also need to maintain three visits per year with his sibling.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you’re at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have “a permanent place to call HOME.”

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WORCESTER STATE UNIVERSITY DEAN’S LIST

WORCESTER — Worcester State University congratulates the following students from central Massachusetts on being named to the Dean’s List for the fall semester of 2019.

AUBURN: Alexa K Adams, Anya E Arenius, Domenic R Astrella, Nicole A Berthiaume, Dominick A Boschetto, Alexis H Brunsell, Veronica A Campoverde, Deanna A Dalli, Quynh D Doan, Kerri J Dowd, Danielle M Dufault, Julia M Duquette, Jessica D Ferris, James D Frederick, Alexandra E Giaquinto, Carrie A Girardin, Rachel A Griffin, Maggie R Grogan, Sarah M Kendrick, Lauren E Kennedy, Kaylee A Kittredge, Victoria R Konicki, Samantha M Kowalchek, Jenna L Lanciault, Christena Mena, Engy L Mena, Eric J Merriam, Monika Mularski, Katherine E Nordborg, Ashley M Peck, Courtney J Prescott, Renae M Renihan, Paige F Robidoux, Amanda N Roux, Emily A Saucier, Brianna L Stomski, Caitlyn E Sullivan, Sean M Sullivan, Aliana Torres, Monica K Tran, Hayleigh L Vail, Makenzie R Ward, Allison J Woeller, Andre Zink

BLACKSTONE: Jefferson B Coutinho, Myah C Dawson, Andre M Jarret, Emily N Labrie

BRIMFIELD: Kayla C Archambault, Kelly N Austin, Christine Corrow, Maren C LaBonte, Alison P Senecal, Anita J Swift

BROOKFIELD: Natasha D Austin, Jade E Menard, Faye L Rhault

CHARLTON: Nicholas R Brooks, Michael Brunelle, Susan Burtchell, Ryker X Capielo, Deven E Chaffee, Brenna J Chaisson, Kylie E Chupka, Michelle A Elliott, Megan R Greenough, Heidi E Hazzard, Zachary M Hill, Bethany A Irish, Hayley M Johnston, Angela M Kaperonis, Barbara N Kuria, Cameron E Lanier, Jonah J Messier, Kiara A Millett, Casey E Mullaly, Stephen T Myers, Emily L Novack, Parth S Patel, Brandon A Premo, Emily M Provasoli, Kathryn E Ryan, Aviya T Singer, Abigail M Snopkowski, Abigail M Stone, Michael J Sullivan, Andrew C Vizzachero, Allison H Walker

CHARLTON CITY: Julia L Fitzpatrick, Kayla J Fitzpatrick

CHERRY VALLEY: Megan Gaucher, Emily J Hastings, Elise M Leveillee, Samantha J Sealey

DOUGLAS: Amanda L Bara, Sydney C Connor, Meghan L Foley, Maureen L Grady, Margaret E Gurney, Hanna R Kearney, Bethany M King, Ryan J Klenk, Melissa E Landry, Santina M MacGregor, Davis M Parella, Erin S Theroux, Rebekka L White, Angela M Woodford

DUDLEY: Amanda J Babbitt, Jacob J Bond, Willie Bounphasaysonh, Bailey T Bowes, Bellalorraine M Carey-Hicks, Vanessa Corriveau, Trevor R Dow, Megan F Gatsogiannis, Jason F Harrington, Juliet L Helock, Sara N Jedrzynski, Monika M Kicilinska, Arton Krasniqi, Amanda Lane, Allison R Marrier, Heidi A Marrier, Erin Masciangioli, Emily Mattson, Camryn M Ozolins, Danele Pierce, Kyle F Quadarella, Molly H Springer, Justyn W Sudyka, Sarah E Tonkin, Michael J Toomey, Victoria L Townsend, Benjamin R White, Erica J White, Michaela L White, Catherine A Wielock

EAST BROOKFIELD: Caitlyn A Bean, Ciara A Haddad, Julia E Joyce, William J Mitchell, Ashley E Paine

EAST DOUGLAS: Hailey R Baldwin, Rachel E Sutton

FISKDALE: Jillian R Bellville, Paige Szczypien

GRAFTON: Alannah A Casello, Gabrielle R Decosta, Samantha E Ellis, Isabelle L GianDomenico, Logan A Goldovitz, Ryann P Molinari, Emily L Parish, Zuhair I Shaikh, Margaret T Sheehan, Bailey R Shepard, Sydney M Wilson

HOLLAND: Justin A Boucher, Sarah N Cox

LEICESTER: Veronica L Agbanyo, Shelby E Ayres, Mehgan A Beckman, Kiana N Besse, Jessibelle Burgos, Meghan C Caribo, Ryan P Carney, Hawraa H Chreim, Madisyn N Constantine, Erin R Doherty, Dimitrios Gaitanidis, Patrick D Gallant, Jared M Gould, Rose M Grady, Kelley A Hall, Efstathia Kapoukranidis, Konstantina Kapoukranidis, Bridget L Kupfer, Logan J Laflamme, Mackenzie A Lavin, Andrew H Le, Judy Le, Rebecca A Lulu, Anthony M Madonna,

Alex M McCormack, Trevor V Mott, Meagan M Perro, Evgenia Psarras, Christian K Robert, Jeremy J Shays, Jaymi-Lyn Souza, Matthew S Splaine, Jared P Walsh

MILLBURY: Jonathan F Beaudoin, Jaresa J Burgos, Ashley N Cami, Sarah A Crossman, Edward J Daher, Jason T Hanna, Laura J Holland, Pauline M Holland, Erica L Lawson, Danielle M Michalak, Noah P Peterson, Teresa A Prytko, Melanie E Riedle, Rhea V Vyas, Brittany E Watson, Shavonne Yoho

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NORTH GRAFTON: Michael F Baldwin, Brian A Barthelmes Jr., Taylor D Gerrie, Melissa V Hamilton, Joseph R LeMay, Danielle J Meservey, Geoff R Pironti, Ian T Scarlett, Patrick B Young

NORTH OXFORD: Zachary E Alicandro, Heather M Hibbard, Andrew D Ravenelle, Rachel E Stelmach

NORTH UXBRIDGE: Jacquelynn K Rondeau

NORTHBRIDGE: Nicole M Ballard, James W Blair, Matthew W Conary, Grace O Demers, Zachary J Grenon, Connor M Loando, Megan M Mattox, Sean C Otoole, Cameron J Richards, Michelle D Rivas, Patrick D Sweeney

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SOUTH GRAFTON: Daniel M Keller, Zoe G Krouner, Tyler R LaComfora, Alberto Laguna, Jorge Laguna, Connor C Matatall

SOUTHBRIDGE: Brandon M Aviles, Maxwell R Kimball, Jhan B LaTulippe, David A

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UXBRIDGE: Kelly A Bates, Felicia T D’Ambra, Mikala M

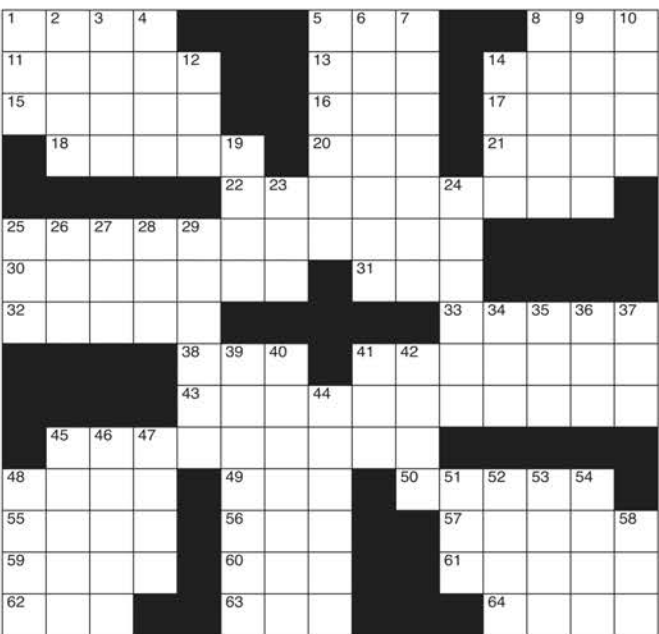
Davis, Nathaniel I deVries, Emily L Guertin, Dimitri I Jaros, Jessica L Kollett, Jade S Letendre, Bruce Marchand, Hannah M Muggeo, Jocelyn M O’Brien, Cara M Parker, Victoria L Picotte, Andrea J Plichta, Madison L Poirier, Elizabeth A Rondina, Kristi Shore, Russell S Wise

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CLUES ACROSS

1. Fall down

5. American TV company (abbr.)

8. Exclamation that denotes disgust

11. Gallantry

13. Chinese word signifying “doctrine”

14. Prefix meaning “beside”

15. Act of imitating

16. Tall, rounded vase

17. Sixth month of Jewish civil calendar

18. Rural Iranian village

20. Time zone

21. Military weapon (abbr.)

22. Gets rid of

25. Aggressive

30. Addressed one’s appearance

31. Affirmative

32. Denoting Indo-European languages
33. French noble family

38. Shock therapy

41. Having characteristics of both sexes

43. Large suitcase

45. One who identifies God with the universe

48. Swiss river

49. Frequently

50. Wipe out

55. Invests in little enterprises

56. Waste

57. Resembles a large shrimp

59. Derogatory name for rural resident

60. Menswear accessory

61. Tropical American tree

62. Pitching statistic

63. Camera type

64. Cardinal number that is the sum of five and one

CLUES DOWN

1. Surgical procedure of the heart (abbr.)

2. Northern Scandinavia indigenous person

3. Evergreen trees and shrubs

4. Meat from a domestic hog

5. State of insensibility

6. Herb

7. Annuity

8. San Diego-based ballplayer

9. Members of a Semitic people

10. Any physical damage

12. Woolen rug

14. Alsos Mission leader

19. Aromatic plant used as culinary herb

23. Where you sleep

24. Ruled Russia

25. Indicates density of data (abbr.)

26. Sea eagle

27. Type of light bulb
28. Wreath

29. Graduate with a degree

34. What thespians do

35. “Orange is the New Black” character

36. Comedienne Gasteyer

37. Romanian monetary unit

39. People treated as a group

40. Small European plant

41. First responder group

42. A person’s head

44. Giggle

45. Bura_ : Chadic language

46. Snout moth genus

47. Body part

48. Inspirational Wimbledon champ

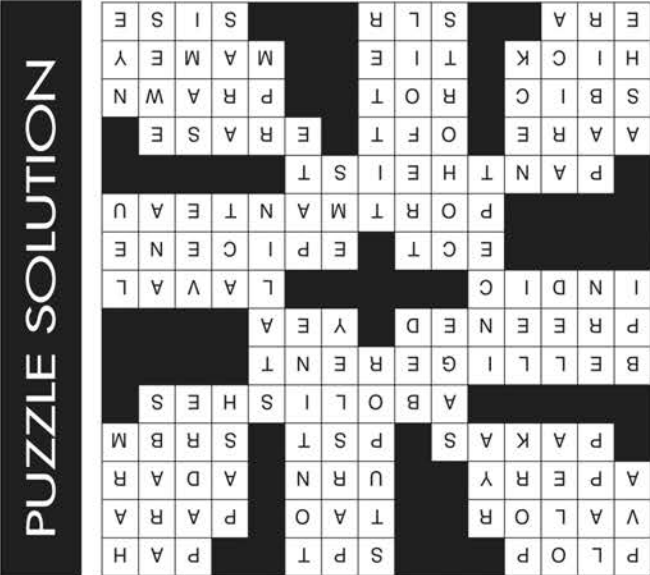
51. Revolutions per minute

52. American software developer

53. Ancient Greek city

54. Female sheep

58. “The Science Guy”



What if you find yourself “Suddenly in Command?”

MILFORD — Imagine you are out on the water when the boat’s captain somehow is incapacitated or falls overboard and can’t swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you’re not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends’ pontoon boat can also

turn to horror if the skipper is suddenly out of commission.

Our local US Coast Guard Auxiliary Tri-State Flotilla, Massachusetts is offering a free course that is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

The “Suddenly in Command” will be offered Wednesday, Feb. 26 from 6:30 to 9 p.m. at Milford High School, 31 West Fountain St., Milford.

Part of the Milford Community School Use Program, information and the registration process can be found in their cata-

log mailed to the surrounding community, by calling 508-478-1119, or online at <http://mcs.milford.ma.us> (click Online Registration, then on any one of the Adult Programs to open a dropdown listing Boating Activities including this course) Register for this special free course soon as space is limited. Participants under the age of 16 must be accompanied by a registered parent/guardian.

Additional USCGAUX. information: phil.uscgaux@verizon.net or (508) 478-3778.

Course and links: http://wow.uscgaux.info/pe_class_flyer.php?unit=NAT&course=24619

Nichols College students named to Fall 2019 Dean’s List


DUDLEY — Many hard-working students at Nichols College in Dudley, Mass., have achieved Dean’s List or President’s List honors during the fall 2019 semester. The following local students received academic honors from Nichols College:

Nicholas Keogh of Auburn
Annmarie Graves of Auburn
Mikaela Gilbert of Auburn
Lauren Duquette of Auburn

The Dean’s List and President’s List give recognition to those students who achieve high grades during a single semester. In order to be included on the Dean’s List, a student must have a minimum average of 3.5 for at least 12 undergraduate credit-hours and must have received no grades below B- during the semester. Students whose semester average is 3.85 or higher for at least 12 undergraduate credit-hours and no grades below B- will receive President’s List honors.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow’s leaders. Nichols also offers master’s degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today’s professionals.

**BREAKFAST**





All entrees are served with 1 or 2 fruit choices along with an 8 oz. milk option.

FEBRUARY 2020

Auburn Public Elementary K-2

Breakfast \$1.75

Reduced \$.30

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <div>WG French Toast Bites Potato Hashbrown Applesauce Cups 100% Fruit Juice Milk</div>	<div>4</div> <div>WG Mini Confetti Pancakes Fresh Banana, Raisins 100% Fruit Juice Milk</div>	<div>5</div> <div>French Toast Sticks Potato Hashbrown Rounds Diced Pears 100% Fruit Juice Milk</div>	<div>6</div> <div>WG Pancake Bites Diced Peaches, Fresh Apple 100% Fruit Juice Milk</div>	<div>7</div> <div>WG Dutch Waffle Smiley Fries, Ketchup Mixed Fruit Cup 100% Fruit Juice Milk</div>
<div>10</div> <div>WG French Toast Bites Potato Hashbrown Applesauce Cups 100% Fruit Juice Milk</div>	<div>11</div> <div>WG Mini Confetti Pancakes Fresh Banana, Raisins 100% Fruit Juice Milk</div>	<div>12</div> <div>French Toast Sticks Potato Hashbrown Rounds Diced Pears 100% Fruit Juice Milk</div>	<div>13</div> <div>WG Pancake Bites Diced Peaches, Fresh Apple 100% Fruit Juice Milk</div>	<div>14</div> <div>WG Dutch Waffle Smiley Fries, Ketchup Mixed Fruit Cup 100% Fruit Juice Milk</div>
<div>17</div> <div>February Vacation Week Enjoy!</div>	<div>18</div> <div></div>	<div>19</div> <div></div>	<div>20</div> <div></div>	<div>21</div> <div></div>
<div>24</div> <div>WG French Toast Bites Potato Hashbrown Applesauce Cups 100% Fruit Juice Milk</div>	<div>25</div> <div>WG Mini Confetti Pancakes Fresh Banana, Raisins 100% Fruit Juice Milk</div>	<div>26</div> <div>French Toast Sticks Potato Hashbrown Rounds Diced Pears 100% Fruit Juice Milk</div>	<div>27</div> <div>WG Pancake Bites Diced Peaches, Fresh Apple 100% Fruit Juice Milk</div>	<div>28</div> <div>WG Dutch Waffle Smiley Fries, Ketchup Mixed Fruit Cup 100% Fruit Juice Milk</div>




Daily Continental: Pick 1
WG Muffins
WG Breakfast Breads
WG Mini Donuts
WG Cinnamon Rolls


Daily Continental: Pick 1 or 2, mix or match
WG Cereal
WG Cereal Bar
WG Pop Tart
Oatmeal Cup

Menus are subject to change without notice.
Free water is available from food service dispensers for all children at no charge.
Bottled water is available for purchase.
This institution is an equal opportunity provider

MY SCHOOL BUCKS





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MySchoolBucks.com



**LUNCH**

FEBRUARY 2020 Lunch
Bryn Mawr

Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.
Lunch Price \$2.75 \$.40 Reduced and Free for those eligible. Milk \$.50.
Breakfast Price \$1.75, \$.30 Reduced and Free for those eligible.

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <div>Popcorn Chicken w/ WG Waffle Sticks Dipping Sauce, Syrup Glazed Carrots Celery Sticks Assorted Fruit Cups</div>	<div>4</div> <div>Creamy Mac & Cheese w/ Choice of Hot Dog Broccoli Trees Three Bean & Corn Salad WG Texas Toast Fresh Fruit or Fruit Cup</div>	<div>5</div> <div>Crunchy WG Chicken Nuggets Dipping Sauce, Ketchup Roasted Sweet Potatoes Buttered Peas WG Dinner Roll w/Butter Pat Assorted Fruit Cups</div>	<div>6</div> <div>Sliced Turkey & Gravy Mashed Potatoes Seasoned Green Beans Bread Stuffing Fresh Fruit or Fruit Cup Sugar Cookie</div>	<div>7</div> <div>WG Stuffed Crust Pizza Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>
<div>10</div> <div>Juicy Hamburger or Cheeseburger on WG Roll Glazed Carrots Condiments, Pickles New England Baked Beans Assorted Fruit Cups</div>	<div>11</div> <div>Nacho Basket, Seasoned Taco Meat w/Cheese Sauce & Taco Chips Steamed Broccoli Cucumber Slices Fresh Fruit or Fruit Cup</div>	<div>12</div> <div>Shepard's Pie (Hamburg, Corn & Mashed Potatoes) Buttered Peas WG Dinner Roll w/Butter Pat Assorted Fruit Cups</div>	<div>13</div> <div>WG Stuffed Shells w/Marinara Sauce or Meat Sauce Romaine Salad w/Asst. Dressings WG Garlic Bread Fresh Fruit or Fruit Cup</div>	<div>14</div> <div>NEW! French Bread Garlic Pizza Choice of Cheese or Pepperoni Marinara Sauce Cup Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>
<div>17</div> <div>February Vacation Week Enjoy!</div>	<div>18</div> <div></div>	<div>19</div> <div></div>	<div>20</div> <div></div>	<div>21</div> <div></div>
<div>24</div> <div>WG French Toast Sticks Banana Split Parfait Red Roasted Potatoes Ketchup Seasoned Carrots Assorted Fruit Cups or Orange Juice</div>	<div>25</div> <div>WG Chicken Tenders Dipping Sauce, Ketchup Roasted Sweet Potatoes New England Baked Beans WG Dinner Roll w/Butter Pat Fresh Fruit or Fruit Cup</div>	<div>26</div> <div>Breaded Mozzarella Sticks Marinara Sauce Cup Roasted Cauliflower & Red Peppers Assorted Fruit Cups</div>	<div>27</div> <div>Meatball Grinder on WG Roll Shredded Mozzarella Cheese Buttered Peas Steamed Broccoli Fresh Fruit or Fruit Cup</div>	<div>28</div> <div>Gill's Pizza Choice of Cheese, Pepperoni, Veggie Red Pepper Strips Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>




Available Daily
1. Hot Lunch Entrée
2. WG Bagel w/Cream Cheese Cup and a 4 oz. Yogurt & Cheese Stick
3. Lunch Launcher Meal/Meat with Veggies, Fruit & WG Crackers (Vegetarian Choices)
4. PBJ Meal


Sunny Sandwich
(Pumpkin Butter)
Offered daily at Bryn Mawr

Students may select: 1. One entrée. 2. Pick 1 fruit and 1 or 2 or more vegetable sides. 3. Select a Milk choice of either Fat Free Chocolate Milk 8 oz., Fat Free White 8 oz. or 1% White Milk 8 oz. or. 4. Extra items may be offered occasionally such as pudding, WG cookie or other items listed on the menu that do not qualify for a protein, fruit, vegetable or milk. NOTE: Free water is available from food service dispensers for all children at no charge. Bottled Waters are available for purchase. When offered, all students can select sides of beans with fruit and veggie choices.
Menus are subject to change without notice.
This institution is an equal opportunity provider.

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com







**LUNCH**

FEBRUARY 2020 Lunch
Auburn High School
Rocket Zone Café

Available Every Day!
Romaine Salad Box w/Chicken, Yogurt or Tuna Salad

Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.
Lunch Price \$3.00, \$.40 Reduced and Free for those eligible. Milk \$.50.
Breakfast Price \$1.75, \$.30 Reduced and Free for those eligible.



Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <div>Southwest Chicken Strips w/Seasoned French Fries & Cheese Sauce Seasoned Carrots Romaine Salad w/Asst. Dressings WG Texas Toast Three Bean & Corn Salad Assorted Fruit Cups</div>	<div>4</div> <div>Beef Taco w/ WG Shells Lettuce, Tomato & Shredded Cheese Buttered Corn Romaine Salad w/Asst. Dressings Fresh Fruit or Fruit Cup</div>	<div>5</div> <div>Creamy Macaroni & Cheese Choice of Pulled Pork Seasoned Green Beans Romaine Salad w/Asst. Dressings WG Breadstick Assorted Fruit Cups</div>	<div>6</div> <div>Sliced Turkey & Gravy Mashed Potatoes Buttered Peas Romaine Salad w/Asst. Dressings WG Dinner Roll w/Butter Pat Fresh Fruit or Fruit Cup</div>	<div>7</div> <div>NEW! Auburn Italian Hand Stretched Pizza Seasoned Green Beans Romaine Salad w/ Assorted Dressings Shredded Carrots w/ Craisins Asst. Fruit Cups</div>
<div>10</div> <div>Auburn Rocket Burger on WG Roll Red Roasted Potatoes Pickle Chips New England Baked Beans Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>	<div>11</div> <div>Breaded Mozzarella Sticks Marinara Sauce Cup Steamed Broccoli Romaine Salad w/Asst. Dressings Fresh Fruit or Fruit Cup</div>	<div>12</div> <div>Lasagna Roll Ups w/Sauce Or Meat Sauce Glazed Carrots Romaine Salad w/Asst. Dressings WG Garlic Bread Assorted Fruit Cups</div>	<div>13</div> <div>Salsa Chicken Seasoned Rice Italian Green Beans Romaine Salad w/Asst. Dressings Fresh Fruit or Fruit Cup</div>	<div>14</div> <div>NEW! French Bread Garlic Pizza Choice of Cheese or Pepperoni Marinara Sauce Cup Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>
<div>17</div> <div>February Vacation Week Enjoy!</div>	<div>18</div> <div></div>	<div>19</div> <div></div>	<div>20</div> <div></div>	<div>21</div> <div></div>
<div>24</div> <div>BBQ Pulled Pork on WG Roll Sweet Potato Fries, Ketchup Cucumber Slices Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>	<div>25</div> <div>Chicken & Cheese Quesadilla Parmesan Pea Salad Steamed Broccoli Romaine Salad w/Asst. Dressings Fresh Fruit or Fruit Cup</div>	<div>26</div> <div>WG Chicken Tenders Dipping Sauce Seasoned Carrots Hummus w/Pita Bread Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>	<div>27</div> <div>Herb Roasted Chicken Mashed Potato & Gravy Hummus w/Pita Bread Romaine Salad w/Asst. Dressings Fresh Fruit or Fruit Cup</div>	<div>28</div> <div>Gill's Pizza Choice of Cheese, Pepperoni, Veggie Seasoned Green Beans Romaine Salad w/Asst. Dressings Assorted Fruit Cups</div>

Available Daily!
Mon. ~ Plain or Spicy Chicken Patty on WG Roll, Grilled Cheese Sandwich, Ham & Turkey Wrap
Tues. ~ Plain Chicken Patty, Cheeseburger on WG Roll, Ham & Turkey Wrap
Wed. ~ Ind. 5" Pan Pizza, Chicken Patty on WG Roll, Ham & Turkey Wrap
Thurs. ~ Plain or Spicy Chicken Patty on WG Roll, Tuna or Chicken Salad on WG Sub Roll
Fri. ~ Plain Chicken Patty on WG Roll, Fish & Chips, Tuna or Chicken Salad on WG Sub Roll

We offer 4 or 5 Entrée choices daily. Students may select: 1. One entrée, 2. Pick 1 or 2 fruit, and 1 or 2 or more vegetable sides. 3. Select a Milk choice of either 8 oz. Fat Free Chocolate Milk or 1% White or Fat Free White Milk. 4. Extra items may be offered such as more fruit or vegetable options, pudding, cake occasionally or other items listed on the menu that do not qualify as a protein, fruit, vegetable or milk. When offered, all students can select sides of beans with fruit and veggie choices. NOTE: Water is available from food service dispensers for all children at no charge. Bottled water is available for purchase. Menus are subject to change without notice.
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LUNCH

FEBRUARY 2020 Lunch

Auburn Middle School

Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.

Lunch Price \$3.00, \$4.00 Reduced and Free for those eligible. Milk \$.50.
Breakfast Price \$1.75, \$.30 Reduced and Free for those eligible.

Monday


Chicken & Waffles

3

Three Bean and Corn Salad
Seasoned Carrots
Syrup, Condiments
Assorted Fruit Cups

Auburn Rocket Burger on WG Roll

10


 Red Roasted Potatoes
Glazed Carrots
New England Baked Beans
Assorted Condiments
Assorted Fruit Cups

February Vacation Week Enjoy!

17

BBQ Pulled Pork on WG Roll

24

Sweet Potato Fries, Ketchup
 Cucumber Slices
Assorted Fruit Cups

Tuesday

Meatballs on WG Grinder


4

Shredded Mozzarella Cheese
Mashed Butternut Squash
Buttered Peas
Fresh Fruit or Fruit Cup

Breaded Mozzarella Sticks

11

Marinara Sauce Cup
Buttered Corn
Steamed Broccoli
Fresh Fruit or Fruit Cup



18

Chicken & Cheese Quesadilla

25

Parmesan Pea Salad
WG Garlic Bread
Fresh Fruit or Fruit Cup

Wednesday


Chicken Parmesan on WG Grinder


5

Buttered Corn
Steamed Broccoli
Assorted Fruit Cups

Lasagna Roll Ups w/Sauce Or Meat Sauce


12

 Romaine Salad w/Asst. Dressings
WG Garlic Bread
Assorted Fruit Cups



26


WG Chicken Tenders

Dipping Sauces
Seasoned Carrots
Hummus w/ Celery Sticks
WG Garlic Breadstick
Assorted Fruit Cups

Thursday

Bacon Egg & Cheese on WG Croissant


6

Potato Puffs, Ketchup
 Roasted Cauliflower
Fresh Fruit or Fruit Cup

Open Faced Turkey Sandwich w/Stuffing & Gravy on WG Texas Toast

13


Seasoned Green Beans
Shredded Carrots w/Craisins
Fresh Fruit or Fruit Cup



20

Herb Roasted Chicken


27

Mashed Potato & Gravy
Hummus w/ Celery Sticks
WG Roll w/Butter Pat
Fresh Fruit or Fruit Cup

Friday


NEW! Auburn Italian Hand Stretched Pizza


7

Choice of Cheese, Pepperoni, Veggie
Seasoned Green Beans
 Romaine Salad w/Assorted Dressings
Assorted Fruit Cups

NEW! French Bread Garlic Pizza

14


Choice of Cheese or Pepperoni
Marinara Sauce Cup
 Romaine Salad w/Asst. Dressings
Assorted Fruit Cups



21

Gill's Pizza

28

Choice of Cheese, Pepperoni, Veggie
 Romaine Salad w/Asst. Dressings
Assorted Fruit Cups

Available Daily! Sandwiches on Whole Grain Rolls & Condiments, Salad Boxes w/Protein
Mon. ~ Chicken Patty, Ham & Turkey Grinders
Tues. ~ Hot Dog, Chicken Patty, Ham & Turkey Grinders
Wed. ~ Ind. Pan Pizza, Chicken Patty, Ham & Turkey Grinders
Thurs. ~ Chicken Patty, Hamburger, Cheeseburger, Ham & Turkey Grinders
Fri. ~ Chicken Patty, Ham & Turkey Grinders
All entrees served with vegetables, fruits, and sides of the day!



We offer 4 or 5 Entrée choices daily. Students may select: 1. One entrée, 2. Pick 1 or 2 fruit, and 1 or 2 or more vegetable sides. 3. Select a Milk choice of either 8 oz. Fat Free Chocolate Milk or 1 % White or Fat Free White Milk. 4. Extra items may be offered such as more fruit or vegetable options, pudding, cake occasionally or other items listed on the menu that do not qualify as a protein, fruit, vegetable or milk. When offered, all students can select sides of beans with fruit and veggie choices. NOTE: Water is available from food service dispensers for all children at no charge. Bottled water is available for purchase. Menus are subject to change without notice.

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LUNCH

FEBRUARY 2020 Lunch

Pakachoag


Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.

Lunch Price \$2.75 \$4.00 Reduced and Free for those eligible. Milk \$.50.
Breakfast Price \$1.75, \$.30 Reduced and Free for those eligible.

Monday

Popcorn Chicken w/ WG Waffle Sticks

3

Dipping Sauce, Syrup
Glazed Carrots
 Celery Sticks
Assorted Fruit Cups

Juicy Hamburger or Cheeseburger on WG Roll

10


Glazed Carrots
Condiments, Pickles
New England Baked Beans
Assorted Fruit Cups

February Vacation Week Enjoy!

17

WG French Toast Sticks


24

 Red Roasted Potatoes
Ketchup
Seasoned Carrots
Assorted Fruit Cups or Orange Juice

Tuesday


Creamy Mac & Cheese w/ Choice of Hot Dog


4

 Broccoli Trees
Three Bean & Corn Salad
WG Texas Toast
Fresh Fruit or Fruit Cup

Nacho Basket, Seasoned Taco Meat w/Cheese Sauce & Taco Chips

11

Steamed Broccoli
 Cucumber Slices
Fresh Fruit or Fruit Cup



18

WG Chicken Tenders

25

Dipping Sauce, Ketchup
Roasted Sweet Potatoes
New England Baked Beans
WG Dinner Roll w/Butter Pat
Fresh Fruit or Fruit Cup

Wednesday

Crunchy WG Chicken Nuggets


5

Dipping Sauce, Ketchup
Roasted Sweet Potatoes
Buttered Peas
WG Dinner Roll w/Butter Pat
Assorted Fruit Cups

Shepard's Pie (Hamburg, Corn & Mashed Potatoes)


12

Buttered Peas
WG Dinner Roll w/Butter Pat
Assorted Fruit Cups



26

Breaded Mozzarella Sticks

Marinara Sauce Cup
 Roasted Cauliflower & Red Peppers
Assorted Fruit Cups

Thursday


Sliced Turkey & Gravy


6

Mashed Potatoes
Seasoned Green Beans
Bread Stuffing
Fresh Fruit or Fruit Cup
Sugar Cookie

WG Stuffed Shells w/Marinara Sauce or Meat Sauce

13

 Romaine Salad w/Asst. Dressings
WG Garlic Bread
Fresh Fruit or Fruit Cup



20

Meatball Grinder on WG Roll


27

Shredded Mozzarella Cheese
Buttered Peas
Steamed Broccoli
Fresh Fruit or Fruit Cup

Friday


WG Stuffed Crust Pizza


7

 Romaine Salad w/Asst. Dressings
Assorted Fruit Cups

NEW! French Bread Garlic Pizza

14

Choice of Cheese or Pepperoni
Marinara Sauce Cup
 Romaine Salad w/Asst. Dressings
Assorted Fruit Cups



21

Bag Lunch

28

Smucker's PBJ Sandwich
Baby Carrots w/Dip
Fun Size Potato Chips
Apple Slices
Hershey's FF Chocolate Milk

Available Daily
1. Hot Lunch Entrée
2. WG Bagel w/Cream Cheese Cup and a 4 oz. Yogurt & Cheese Stick
3. Lunch Launcher Meal/Meat with Veggies, Fruit & WG Crackers (Vegetarian Choices)
4. PBJ Meal



Students may select: 1. One entrée. 2. Pick 1 fruit and 1 or 2 or more vegetable sides. 3. Select a Milk choice of either Fat Free Chocolate Milk 8 oz., Fat Free White 8 oz. or 1% White Milk 8 oz. or. 4. Extra items may be offered occasionally such as pudding, WG cookie or other items listed on the menu that do not qualify for a protein, fruit, vegetable or milk. NOTE: Free water is available from food service dispensers for all children at no charge. Bottled Waters are available for purchase. When offered, all students can select sides of beans with fruit and veggie choices. Menus are subject to change without notice.

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LUNCH

FEBRUARY 2020 Lunch

Auburn High Pre-Kindergarten Rocket Zone Café

Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.

Lunch Price \$2.50, \$4.00 Reduced and Free for those eligible. Milk or Water \$.50 can be purchased for a lunch brought from home. Choice 1 or 1% White or Fat Free.

Monday


Roasted Chicken Strips

3

Seasoned Carrots
WG Roll w/Butter Pat
Assorted Fruit Cup

Juicy Hamburger or Cheeseburger on WG Roll

10


 Red Roasted Potatoes
Ketchup
New England Baked Beans
Assorted Fruit Cup

February Vacation Week Enjoy!

17

Roasted Chicken Strips


24

Sweet Potato Fries, Ketchup
 Cucumber Slices
WG Roll w/Butter Pat
Assorted Fruit Cup

Tuesday

Beef Taco w/ WG Taco Shells

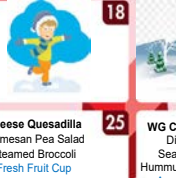
4

 Lettuce & Tomato
Shredded Cheese
New England Baked Beans
Buttered Peas
Fresh Fruit Cup

Breaded Mozzarella Sticks

11

Marinara Sauce Cup
Steamed Broccoli
Fresh Fruit Cup



18

Cheese Quesadilla

25

Parmesan Pea Salad
Steamed Broccoli
Fresh Fruit Cup

Wednesday

Creamy Macaroni & Cheese


5

Seasoned Green Beans
WG Breadstick
Assorted Fruit Cup

Rotini w/Sauce

12

Shredded Mozzarella Cheese
Glazed Carrots
WG Garlic Bread
Assorted Fruit Cup



26

WG Chicken Tenders

Dipping Sauce
Seasoned Carrots
Hummus & Pita Triangles
Assorted Fruit Cup

Thursday

Sliced Turkey & Gravy


6

Mashed Potatoes
Buttered Peas
WG Dinner Roll w/Butter Pat
Fresh Fruit Cup

Crunchy Chicken Nuggets

13


Ketchup
Seasoned Green Beans
WG Roll w/Butter Pat
Fresh Fruit Cup



20

Ham & Cheese on WG Croissant

27

 Cucumber Slices & Hummus
Fresh Fruit Cup

Friday


NEW! Auburn Italian Hand Stretched Cheese Pizza


7

Baby Carrots & Dip
Assorted Fruit Cup

NEW! French Bread Garlic Pizza

14

Choice of Cheese or Pepperoni
Marinara Sauce Cup
 Romaine Salad w/Asst. Dressings
Assorted Fruit Cup



21

Gill's Cheese Pizza

28

Seasoned Green Beans
Assorted Fruit Cup



Students can select an 8 oz. 1% FF white milk with their lunch. NOTE: Water is available from food service dispensers for all children at no charge. Bottled water is available for purchase. When offered, all students can select sides of beans with fruit and veggie choices. Menus are subject to change without notice.

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LUNCH

FEBRUARY 2020 Lunch

Pakachoag Pre-Kindergarten


Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.

Lunch Price \$2.50, \$4.00 Reduced and Free for those eligible. Milk or Water \$.50 can be purchased for a lunch brought from home. Choice 1 or 1% White or Fat Free.

Monday

Popcorn Chicken w/WG Waffle Sticks

3

Syrup, Ketchup
Glazed Carrots
 Celery Sticks
Assorted Fruit Cup

Juicy Hamburger or Cheeseburger on WG Roll

10


Glazed Carrots
Ketchup, Mustard
New England Baked Beans
Assorted Fruit Cup

February Vacation Week Enjoy!

17

WG French Toast Sticks


24

Banana Split Parfait
 Roasted Diced Potatoes
Ketchup
Seasoned Carrots
Assorted Fruit Cup or Orange Juice

Tuesday


Creamy Mac & Cheese Choice of Hot Dog


4

Three Bean Salad
 Broccoli Trees
WG Texas Toast
Fresh Fruit Cup

Nacho Basket, Seasoned Taco Meat w/Cheese Sauce & Taco Chips

11

Steamed Broccoli
 Cucumber Slices
Fresh Fruit Cup



18

Crispy Chicken Tenders

25

Roasted Sweet Potatoes
New England Baked Beans
WG Dinner Roll w/Butter Pat
Ketchup
Fresh Fruit Cup

Wednesday

Crunchy Chicken Nuggets


5

Ketchup
Buttered Peas
Roasted Sweet Potatoes
WG Roll w/Butter Pat
Assorted Fruit Cup

Roasted Chicken Strips


12

Buttered Peas
Mashed Potatoes
WG Roll w/Butter Pat
Assorted Fruit Cup



26

Breaded Mozzarella Sticks

Marinara Sauce Cup
 Roasted Cauliflower & Red Peppers
Assorted Fruit Cup

Thursday


Sliced Turkey & Gravy


6

Mashed Potatoes
Seasoned Green Beans
Bread Stuffing
Fresh Fruit Cup
Sugar Cookies

WG Stuffed Shells w/Marinara Sauce

13

 Romaine Salad w/Asst. Dressings
WG Garlic Bread
Fresh Fruit Cup



20

Meatball Grinder on WG Roll


27

Shredded Mozzarella Cheese
Buttered Peas
Steamed Broccoli
Fresh Fruit Cup

Friday


WG Stuffed Crust Pizza


7

 Romaine Salad w/Asst. Dressings
Assorted Fruit Cup

NEW! French Bread Garlic Pizza

14

Choice of Cheese or Pepperoni
Marinara Sauce Cup
 Romaine Salad w/Asst. Dressings
Assorted Fruit Cup



21

Bag Lunch

28

Smucker's PBJ Sandwich
Baby Carrots w/Dip
Fun Size Potato Chips
Apple Slices
Hershey's FF Chocolate Milk



Students can select an 8 oz. 1% FF white milk with their lunch. NOTE: Water is available from food service dispensers for all children at no charge. Bottled water is available for purchase. When offered, all students can select sides of beans with fruit and veggie choices. Menus are subject to change without notice.


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LUNCH

FEBRUARY 2020 Lunch

Swanson Road Intermediate

Menus are available online at www.auburn.k12.ma.us and are emailed through One Call and sent home each month.

Lunch Price \$2.75, \$.40 Reduced and Free for those eligible. Milk \$.50.
Breakfast Price \$1.75, \$.30 Reduced and Free for those eligible.

Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>WG French Toast Sticks</div><div>Banana Split Parfait</div><div>Potato Puffs</div><div>Ketchup</div><div>Seasoned Carrots</div><div>Fresh Fruit or Fruit Cup</div></div> <div>3</div>	<div><div>Grilled Chicken</div><div>Street Tacos w/Salsa & Sour Cream</div><div>Lettuce & Tomato</div><div>Buttered Corn</div><div>New England Baked Beans</div><div>Fresh Fruit or Fruit Cup</div></div> <div>4</div>	<div><div>Grilled Cheese Sandwich</div><div>Steamed Broccoli</div><div>Romaine Salad w/Asst. Dressings</div><div>Assorted Fruit Cups</div></div> <div>5</div>	<div><div>Sliced Turkey & Gravy</div><div>Mashed Potatoes</div><div>Bread Stuffing</div><div>Mashed Butternut Squash</div><div>Fresh Fruit or Fruit Cup</div></div> <div>6</div>	<div><div>NEW! Auburn Italian Hand Stretched Pizza</div><div>Choice of Cheese, Pepperoni, Veggie</div><div>Seasoned Green Beans</div><div>Cucumber Slices</div><div>Assorted Fruit Cups</div></div> <div>7</div>
<div><div>Bacon, Egg & Cheese on WG English Muffin</div><div>Seasoned Carrots</div><div>New England Baked Beans</div><div>Orange Juice</div><div>Assorted Fruit Cups</div></div> <div>10</div>	<div><div>Creamy Macaroni & Cheese</div><div>Choice of Beef Meatballs</div><div>Steamed Broccoli</div><div>Cucumber Slices</div><div>WG Texas Toast</div><div>Fresh Fruit or Fruit Cup</div></div> <div>11</div>	<div><div>Shepard's Pie (Hamburg, Corn & Mashed Potatoes)</div><div>Buttered Peas</div><div>WG Dinner Roll w/Butter Pat</div><div>Assorted Fruit Cups</div></div> <div>12</div>	<div><div>WG Stuffed Shells w/Marinara Sauce or Meat Sauce</div><div>Roasted Sweet Potato</div><div>Seasoned Green Beans</div><div>WG Garlic Bread</div><div>Fresh Fruit or Fruit Cup</div></div> <div>13</div>	<div><div>NEW! French Bread Garlic Pizza</div><div>Choice of Cheese or Pepperoni</div><div>Marinara Sauce Cup</div><div>Romaine Salad w/Asst. Dressings</div><div>Assorted Fruit Cups</div></div> <div>14</div>
<div>February Vacation Week Enjoy!</div> <div>17</div>	<div></div> <div>18</div>	<div></div> <div>19</div>	<div></div> <div>20</div>	<div></div> <div>21</div>
<div><div>Juicy Hamburger or Cheeseburger on WG Roll</div><div>Butternut Squash</div><div>Buttered Peas</div><div>Ketchup, Mustard, Pickles</div><div>Black Bean & Corn Salad</div><div>Assorted Fruit Cups</div></div> <div>24</div>	<div><div>Tater Tot Nacho Basket</div><div>Seasoned Taco Meat w/Cheese Sauce on Tater Tots & Taco Chips</div><div>Steamed Broccoli</div><div>Cucumber Slices</div><div>Fresh Fruit or Fruit Cup</div></div> <div>25</div>	<div><div>Breaded Mozzarella Sticks</div><div>Marinara Sauce Cup</div><div>Shredded Carrot Salad</div><div>Buttered Peas</div><div>Assorted Fruit Cups</div></div> <div>26</div>	<div><div>Mini Cheese Ravioli w/ Marinara Sauce & Beef Meatball</div><div>Romaine Salad w/Asst. Dressings</div><div>Dinner Roll w/Butter Pat</div><div>Fresh Fruit or Fruit Cup</div></div> <div>27</div>	<div><div>Gill's Pizza</div><div>Choice of Cheese, Pepperoni, Veggie</div><div>Red Pepper Strips</div><div>Romaine Salad w/Asst. Dressings</div><div>Assorted Fruit Cups</div></div> <div>28</div>

Available Daily

1. Hot Lunch Entrée

2. WG Bagel with 4 oz. Yogurt & Cheese Stick

3. Yogurt Fruit Parfait

4. Daily Sandwich Variety on WG Bread

5. Garden Salad Box w/Chicken

6. Garden Salad Box Vegetarian, Sunflower Seeds & Shredded Cheese

7. Cheeseburger on WG Roll

Students may select: 1. One entrée. 2. Pick 1 fruit and 1 or 2 or more vegetable sides. 3. Select a Milk choice of either Fat Free Chocolate Milk 8 oz., Fat Free White 8 oz. or 1% White Milk 8 oz. 4. Extra items may be offered occasionally such as pudding, WG cookie or other items listed on the menu that do not qualify for a protein, fruit, vegetable or milk. NOTE: Water is available from food service dispensers for all children at no charge. Bottled water is available for purchase. When offered, all students can select sides of beans with fruit and veggie choices.


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BREAKFAST





All entrees are served with 1 or 2 fruit choices along with an 8 oz. milk option.

FEBRUARY 2020 Breakfast

Auburn Public Schools Grades 3-12

Breakfast \$1.75

Reduced \$.30

Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>Sausage Patty & Egg on a Biscuit</div><div>Diced Peaches, Fresh Apple</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>3</div>	<div><div>WG Mini Confetti Pancakes</div><div>Potato Hashbrown, Ketchup</div><div>Fresh Banana, 100% Fruit Juice</div><div>Milk</div></div> <div>4</div>	<div><div>WG Pancakes & Syrup</div><div>Applesauce Cups</div><div>Mini Raisins</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>5</div>	<div><div>Sausage, Egg & Cheese on a Croissant</div><div>Potato Hashbrown Rounds</div><div>Ketchup</div><div>Mixed Fruit Cup</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>6</div>	<div><div>WG Dutch Waffle</div><div>Smiley Fries, Ketchup</div><div>Mixed Fruit Cup</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>7</div>
<div><div>WG Pancake/Sausage Stick</div><div>Potato Hashbrown Rounds</div><div>Ketchup</div><div>Diced Peaches</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>10</div>	<div><div>Egg & Cheese on a WG Croissant</div><div>Fresh Banana, Raisins</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>11</div>	<div><div>WG French Toast Bites</div><div>Potato Hashbrown Rounds</div><div>Ketchup</div><div>Applesauce Cups</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>12</div>	<div><div>WG French Toast Sticks</div><div>Mixed Fruit Cup</div><div>Fresh Apple</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>13</div>	<div><div>WG Dutch Waffle</div><div>Smiley Fries, Ketchup</div><div>Diced Pears</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>14</div>
<div>February Vacation Week Enjoy!</div> <div>17</div>	<div></div> <div>18</div>	<div></div> <div>19</div>	<div></div> <div>20</div>	<div></div> <div>21</div>
<div><div>Sausage Patty & Egg on a Biscuit</div><div>Diced Peaches, Fresh Apple</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>24</div>	<div><div>WG Mini Confetti Pancakes</div><div>Potato Hashbrown, Ketchup</div><div>Fresh Banana, 100% Fruit Juice</div><div>Milk</div></div> <div>25</div>	<div><div>WG Pancakes & Syrup</div><div>Applesauce Cups</div><div>Mini Raisins</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>26</div>	<div><div>Sausage, Egg & Cheese on a Croissant</div><div>Potato Hashbrown Rounds</div><div>Ketchup</div><div>Mixed Fruit Cup</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>27</div>	<div><div>WG Dutch Waffle</div><div>Smiley Fries, Ketchup</div><div>Mixed Fruit Cup</div><div>100% Fruit Juice</div><div>Milk</div></div> <div>28</div>

Daily Continental: Pick 1

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(SEAL)

THE COMMONWEALTH OF MASSACHUSETTS

LAND COURT

DEPARTMENT OF THE TRIAL COURT

19 SM 006246

ORDER OF NOTICE

TO: Raymond Fortin

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq)

RoundPoint Mortgage Servicing Corporation

claiming to have an interest in a Mortgage covering real property in Auburn, numbered 2 Alveda Drive, given by Raymond Fortin to Mortgage Electronic Registration Systems, Inc., as nominee for Pacific Union Financial, LLC, dated October 25, 2018, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 59596, Page 152, and now held by Plaintiff by Assignment, has filed with this court a complaint for determination of Defendant's Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you

may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before March 20, 2020 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on January 15, 2020

Attest: Deborah J. Patterson

Recorder

January 31, 2020

(SEAL)

COMMONWEALTH OF MASSACHUSETTS

LAND COURT

DEPARTMENT OF THE TRIAL COURT

Docket 20 SM 000276

ORDER OF NOTICE

TO:

Thomas Michniewicz ; Carly J. Gustafson

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act., 50 U.S.C.c. 50 §3901 (et seq):

Towd Point Mortgage Trust 2019-3, U.S. Bank National Association, as Indenture Trustee,

claiming to have an interest in a Mortgage covering real property in Auburn, numbered 56 Barnes Street, given by Thomas Michniewicz and Carly J. Gustafson to Mortgage Electronic Registration Systems, Inc., as nominee for Drew Mortgage Associates, Inc., its successors and assigns, dated October 26, 2005, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 37651, Page 16, as affected by a Loan Modification dated December 1, 2014, and recorded in Said Registry of Deeds in Book 53262, Page 352, and now held by plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If

you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before March 9, 2020 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, GORDON H. PIPER Chief Justice of this Court on January 22, 2020

Attest:

Deborah J. Patterson

Recorder

(19-008368 Orlans)

January 31, 2020

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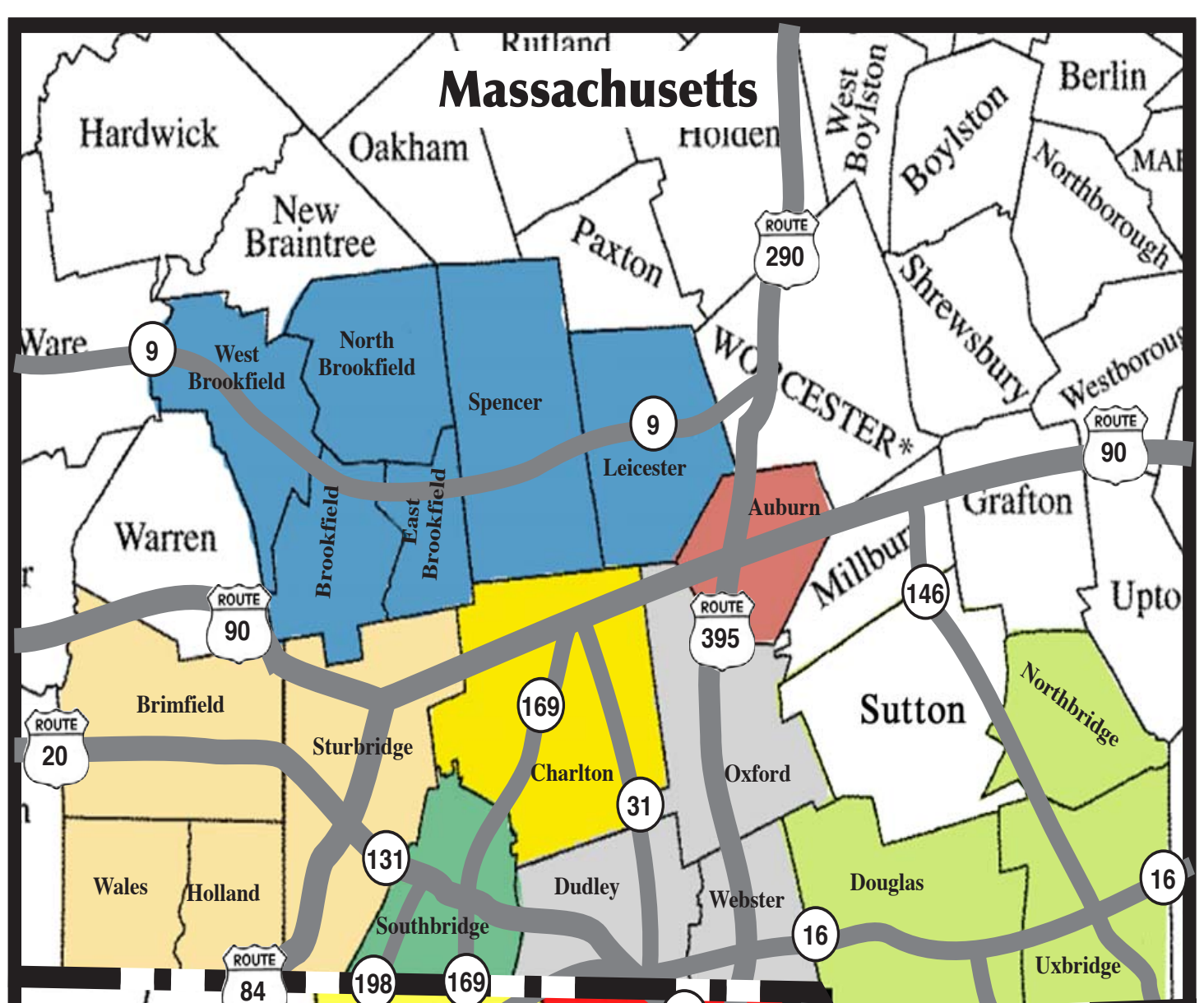
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BRENDAN BERUBE
EDITOR

EDITORIAL

We must remember

This past Monday, Jan. 27, was Holocaust Remembrance Day, the date designated by the United Nations General Assembly as the anniversary of the liberation of Auschwitz-Birkenau. Everyone is urged to take a moment on that day to honor the six million Jewish victims who lost their lives, those who were ripped from their families and placed in concentration camps, and the survivors who did their part in educating others to help prevent anything that would ignite genocide in the future.

The Holocaust is one of the most horrific events in human history. Millions of innocent people, simply looking to live their lives, love their children and families, and seek happiness and success were killed not because of any crime they committed, not because they were bad people, but because they were Jewish. Unbelievably, we have seen in recent years an uptick in Anti-Semitic hate crimes. To have so much hate in one's heart is simply unfathomable. That is why this day of remembrance is so important. It reminds us all to stand up for what is right when we encounter hate speech, particularly of the anti-Semitic variety. It is simply unacceptable in this day and age, and we all must remember to protect each other, and to protect what's treasured, peaceful, kind and good about humanity.

Most history classes in schools across the country at least touch upon the Holocaust; however, it is surprising — indeed, alarming — how many young people do not seem to have a firm grasp on how or why millions of “undesirables” were deprived of their homes and possessions, herded into labor camps, and as the “Final Solution,” systematically slaughtered.

Jewish people were quarantined to a section of town that was enclosed with barbed wire and guarded. There was no medicine, minimal food and water and was overly crowded with the living conditions unheard of. They were lied to as they boarded trains headed to concentration camps. They were told they were going to a better place, when in fact they were led into gas chambers in large groups and executed. Those deemed fit enough were spared and put to work; however, many died of starvation.

Those that did survive did so by hiding, often in plain sight. Many pretended to be a part of a family they were not biologically related to. They hid in basements and other rooms until they were able to escape to a free country.

It is hard to comprehend such horror. In a report on NBC, Sonia Klein, who was a teenager in 1943 when she first stepped foot at the Nazis’ most notorious death camp said the most important way to honor its liberation two years later was to ensure that as many young people as possible know what happened there.

Klein, now 94, was quoted as saying “Young people are the ones that have to carry the memory of our loved ones forever. I survived the death march to tell the tale, but it was important to remember those who didn’t.”



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IN LOCAL SPORTS!

Strap on your armor

Thank you all for your prayers and notes of encouragement. As most of you know, I had major surgery to remove thirty inches of my colon last week and I'm recovering and feeling great.

My seven days in the hospital were restful and interesting. I kept hearing from doctors, nurses and caregivers that they were surprised by my positive outlook and optimism. I must confess that their surprise, surprised me. I was able to have a few conversations with my nurses about their average patient facing tough surgeries with various outcomes. They kept telling me how different I was than most of their patients and how upbeat and positive I was responding.

POSITIVELY
SPEAKING

BY GARY W.
MOORE

help you but provide a more positive support system. Giving up has an equally negative impact on those who love you. To see you give up, curl into a ball and await whatever may come, saddens everyone. Be brave. Be strong. Fight for your life.

Albina and Tim Dugan are two of the most remarkable people I know. Over fifteen years ago, Albina was given five years to live. She was diagnosed with a rare form of liver cancer and was told there was no hope. Her doctor told her to go home and get her life in order.

Instead, Tim began searching the world via the internet for options and Albina strapped on her armor, mounted her horse and rode into battle. Her 5 years to live has now passed three times and she's working on twenty years. She still has the cancer. No one totally understands why, but Albina has successfully fought and continues to hold her cancer at bay. How? Partly because of her positive attitude. At the time of her diagnosis, she had four young children at home. She proclaimed she wasn't going anywhere until they were grown, married and she met her grandchildren. Tim never gave up in his relentless search for medical options and people all over the world were lifting them up in prayer. Never underestimate the power of prayer.

Albina and Tim have been an ongoing source of inspiration for people all over the world and they continue to fight.

I keep telling everyone, “I’ll die of something someday, but not this. I truly believe that cancer is already sorry it chose me. It just picked the wrong guy. I won’t stop fighting until cancer is sent in defeat, squealing away from my body.” I’ll remind everyone of this column every 5 years or so. I’ll be here.

Every person reading this column has, is or will face something in their life that requires a positive attitude and a fight. Never give up. Never give in. Be like Albina. Strap on your armor, mount your horse and ride enthusiastically into the fight ...to win.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

Why expect the worse?

There is an old saying that says, “Your attitude, not your aptitude, effects your altitude.” In other words, the optimism you bring to the fight is more powerful than your education or IQ. If you believe you can beat cancer, your chances are improved dramatically. If you believe in a positive outcome, you will fight. If you believe there is no hope, why would you bother? The impact of optimism on the mind and body is powerful.

Of course, there are times that a positive attitude may not overcome a medical reality. A positive attitude alone will not heal you, but healing is enhanced with a positive outlook.

Sound simple? Yes, but it's not easy.

When we are faced with a life-threatening crisis, our minds go into to hyper-drive, churning out all the things that can go wrong. When we are dealing with cancer or a variety of other frightening events, it's easier to believe the worst. It takes no effort. Just close your eyes and let the negative demons move out of the depth of your mind and tell you why you are dying. It's easy. Just let it happen.

Or you can dig in and fight.

Make the decision to fight it out. Research the successful stories on the internet that detail the successes others have enjoyed. Speak only positive outcomes into your universe and be an inspiration to those around you. Tell yourself, “I’m a fighter! I’ll beat this!”

Your positive attitude will not only

Fight Flu & Colds Naturally

As if flu season isn't bad enough, current coronavirus reports have heightened concerns. With that in mind, this column will review some natural and proactive methods you can employ to increase your odds of staying healthy this season.



TAKE
THE
HINT
**KAREN
TRAINOR**

Whether you're worried about catching a cold or are fretting about the flu, there are alternatives to treating what ails you. From herbs and spices to massage and aromatherapy, the following information and strategies can be valuable weapons in the annual battle of the cold and flu bug. ***

Stats: The flu season affects one in five adults, who will contract the virus this year. By contrast, the average person will suffer two or four common colds this annually according to national statistics.

Cold or Flu? You know you're sick, but not sure how sick. Is it a common cold or the dreaded flu? . Symptoms can be similar at the beginning of the infection. Since colds and flu are often treated differently, and an average of 23,000 people in the US die from flu related complications each year, it's important to identify the illness.

According to the Centers for Disease Control and Prevention (CDC), a cold is a milder respiratory ailment that has symptoms that last a few days; the flu can last weeks and result in such serious health problems as pneumonia. While a stuffy nose and aches and pains are symptoms typically present in both colds and flu, a temperature reading can often differentiate the two. A common cold rarely causes a temperature to reach over 101 degrees. Also, body aches are much more common with the flu virus. ***

Cold Symptoms: Symptoms usually begin with sore throat, runny nose followed by congestion and cough. Mucus may become thicker and darker. A slight fever is possible. Cold symptoms usually last for about a week. During the first three days that you have cold symptoms, you are contagious.

Flu Symptoms: Flu symptoms usually come on quicker than cold symptoms are typically more severe. They can include a sore throat, (sometimes hacking) cough, congestion, accompanied by headache, fatigue, chills and fever 102 to 104 degrees. Most symptoms improve in about five days, but fatigue can linger on for a week or more. The flu virus can be contagious from the day before the onset of the virus up to a week after. ***


How Colds & Flu are spread: Cold and flu viruses are spread when an infected person releases germs in the air via coughing, sneezing and close contact. Cold and flu viruses can live for hours on surfaces such as telephones, desks, door knobs, etc.

The flu is highly contagious as an infected person can spread flu germs a day before symptoms appear and can remain contagious for up to a week later. Studies show children with the flu virus can be contagious for over a week after onset. A person with a cold or flu is most contagious the first three days of infection, when the virus is most concentrated in nasal secretions. To prevent spreading the flu virus to co-workers and the public in general, the CDC recommends that people with flu stay home for 24 hours after their fever breaks.

According to the CDC, the single, most effective way to avoid contact with cold and flu viruses is to wash your hands. Wash them often and scrub with

Turn To **TRAINOR** page **A11**

Protect your business with key person insurance



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If you have a family, you understand the importance of life insurance when it comes to protecting your loved ones. Businesses need similar protection, especially when they rely on one or two significant employees for their special skills or ability to generate income. These are most likely individuals who are crucial to the ongoing success of the business. If one of them passes away or is disabled, the business may not survive.

Consider this example: Sam and Jack are key employees at a successful software company. While Sam is the programmer who developed much of the custom software, Jack is skilled at selling the product. Both of them play a critical role in the business, and it's questionable whether the business would survive if something happened to either one of them. Key person insurance can help protect the company from a potential loss.

- How does it work? Your business purchases a life insurance policy on the key person and pays the premiums. The business is both the owner and the beneficiary of the policy. The key person is the insured individual, but he or she does not receive any benefits. If the key person passes or becomes disabled, your company receives the benefit.

The payout can then be used to help your company survive the impact of losing that individual. The outcome will vary based on the circumstances, but it could range from covering expenses until you find a suitable replacement all the way to paying off debts and closing down the business.

- When do you need it? Lets go back to Sam and Jack. If something happened to either one of them, the software company would be in jeopardy. Losing a key person threatens the company's ability to generate income, mainly because that person has skills that would be difficult to replace.

But this is not the only situation. Because the loss of a key person could make it difficult for your company to pay off any debt, most banks and other lenders, including SBA lenders, require that key person insurance is in place before extending a loan or investing in the business.

- How much do you need? This depends a great deal on the size of your business and what the money would be used for. In the previous example, if Jack passed, the owner of the company might need to search for another sales person. In the meantime, he would need to replace the sales income that Jack had been providing in order to keep the company up and running. If the company has debt, that needs to be factored in as well.

The cost of the coverage depends on the insured's age, health and gender. Coverage is typically more expensive for males than females.

- What are the types of key person insurance? Much like life insurance, key person insurance is available either as a term policy or a permanent policy. Term insurance is generally the better choice because it's more economical and also because you can't be sure how long employees will stay with the company. With term insurance, you can cover the employee for a specified number of years.

If the loss of key people could put your business in financial ruin, you may need key person insurance. Talk with your financial professional to learn more about protecting what matters most to you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edward-jones.com.

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Support your local bait & tackle shop



Ice fishing took another hard hit this past week, causing cancellation of the Uxbridge Rod & Gun Club derby again. Other clubs in the valley are also hoping for safe ice to hold their fishing derbies. It did not stop numerous anglers from fishing some ponds in the

area, but most anglers kept a safe distance from each other. Inviting groups of anglers to a fishing derby with dangerous ice conditions was not something the Uxbridge Rod & Gun was going to do. For anglers that did fish some small ponds last weekend, action was great.

Catching bass, pickerel and perch with a horn-pout mixed in provided a great day in the outdoors.

This past week, this writer was talking with a few sportsmen in the valley about the loss of small Bait & Tackle shops that were scattered throughout the state 30 or 40 years ago. Large companies like Walmart, Target, Cabela's, and Bass Pro Shops were more competition than the small shops could compete with. At one time, there were 21,000 small Bait & Tackle shops from the Cape to New Jersey to Maine & to Rochester, N.Y. Today, there are only 780 shops left. This information was provided by a salesman that sells his fishing equipment to the small shops throughout the above mentioned areas.

Purchasing your fishing equipment from the small Bait & Tackle shops may cost a few more bucks, but they are there when you need them. Many big companies sell out of a popular item and do not restock them until the following year. The small shops that also sell archery and hunting equipment are doing much better, but it is



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the only way they can survive. The small shops have the expertise to set you up with the proper fishing & bow hunting equipment, and are often owners that run the shop, ensuring that you are satisfied with your purchase. The next time you need hunting or fishing supplies, give the little guy some of your business.

A couple of local hunters headed for the saltwater to do a bit of sea-duck hunting last week. They experienced some great Eider hunting while sitting in a boat that was well camouflage. They used a Chesapeake Retriever to find and retrieve the downed birds. Hunting any waterfowl needs a strong dog to bring them back, as the tidal flow can be very strong, and can tire the dog very quickly as this writer found out on my last eider hunt. Fortunately, we had a guide that quickly retrieved the dog and duck after numerous retrieves.

This week's picture shows Dan Southwick with an impressive Northern Pike he harvested a few years ago under harsh weather conditions. Dan releases all his fish.

Take A Kid Fishing & Keep Them Rods Bending!

Vintage travel posters

Most people enjoy vacations and travel, so it makes sense that travel related posters would appeal to collectors. Many posters have bright graphics that depict exotic locations often along with ships, trains, airplanes, and other modes of travel.

Travel has been long documented, even before the invention of the printing press. Medieval manuscripts depict people traveling by horse. Prior to that, paintings depicted ships, horse carriages, and people on horseback. Broad-sides originated in the 15th century. They were single sheets of paper printed on one side and used to make announcements. According to the Library of Congress, broad-sides were "often quickly and crudely produced in large numbers and distributed free in town squares, taverns, and churches or sold by chapmen for a nominal charge, broad-sides are intended to have an immediate popular impact and then to be thrown away." Broad-sides remained popular through the 19th century and were often used to promote ship or train travel. Some broad-sides can be worth hundreds or even thousands of dollars,



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA

but I'll focus more on newer travel posters in this column.

The 20th century saw the bright, colorful travel posters that we are more familiar with today. The Library of Congress lists the golden age of travel posters as the 1920's to the 1960's. "Great travel posters attract the eye in a variety of ways: by highlighting points of interest, depicting the conveyance used to reach a location, or by featuring activities available at the destination." Later posters typically used photographic images and do not have the collector value of the graphically produced versions.

Older travel posters with nice graphics can sell for hundreds of dollars and better examples can bring thousands. Philip Zec's 1932 LMS / BY NIGHT TRAIN TO SCOTLAND shows a passenger train being pulled by a steam engine. Smoke pours from the smokestack under the night sky with a full moon. It sold for \$16,000 at auction in 2014. A 1938 poster depicts "the New Twentieth Century Limited." The streamlined train poster touted that it could travel from New York to Chicago in 16 hours. One of

these posters sold for \$18,000 in a 2015 auction. A poster of St. Moritz picturing a skier flying through the air above the Engadin Valley also brought \$18,000 in a 2014 auction. "L'Atlantique" poster from 1931 shows a huge ocean-liner dwarfing a tugboat in front of it. The 1931 poster by Adolphe Mouron (A.M.) Cassandre sold for \$120,000 in 2011. Another Cassandre poster set an auction record in 2012. He created a very low production run of these posters that pictured the stylized steel wheels of a railroad steam engine. The 1928 "L.M.S./Best Way" poster steamed to \$162,500 at auction in 2012.

We have several travel posters and other posters in our January 30th auction. My "Evaluating your antiques" class will be held on March 3rd at the Bay Path Adult Education Evening School in Charlton. Other events are being scheduled. Please see www.centralmassauctions.com for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com.



TRAINOR

continued from page A1

warm water and soap for at least 20 seconds. If washing isn't practical, use a hand sanitizer with at least 60% alcohol and rub into your hands until dry.

Home Remedies: The following remedies are effective "first step" treatments to cold and flu. Symptoms that last more than a few days or become severe should be checked by a physician'

*A hot bath can be a powerful cold chaser and in Chinese medicine very hot baths are used to "sweat" out a cold at its earliest stages. To kick up the detox power of a bath, add a few drops of eucalyptus, rosemary or thyme essential oils to the water.

Note: Check with your doctor before taking a hot bath if you are pregnant, diabetic, have heart disease or other complications.

*Giving colds a two step punch with a double dose of ginger and lemon can relieve cold and flu symptoms. Adding ginger and lemon to a hot cup of tea not only soothes the throat, but ginger's antimicrobial properties and lemon's vitamin C help fight the bug. To break up mucus, add a pinch of cayenne pepper to the hot tea. Or try this recipe from Food Network to relieve cold and flu ailments: Combine in a mug: the juice of half a lemon, a quarter size piece of fresh ginger, two teaspoons of

honey, and 3/4 cup of boiling water. Allow to steep for at least three minutes. Add dark rum if desired.

*It's true that chicken broth can offer cold and flu sufferers relief, but did you know it's the "bone broth" from the homemade brew that provides much of the healing power? Broth made from boiling bones offers magnesium, sulfur, phosphorus and other trace minerals that are easily absorbable not always readily available.

*Whether you like it hot or cold, a compress applied to sinuses can relieve congestion quickly. A freeze pack (or bag of frozen vegetables) works as a cold pack on the sinus area to decrease symptoms. Or, heat up a wet facecloth in the microwave (not to hot) and apply across the bridge of the nose for similar relief.

*While there's no cure for the common cold some foods appear to reduce susceptibility to catching colds, or at least reduce the severity of the symptoms. Foods containing beta-carotene, vitamin C, and zinc have shown to have immune repairing and boosting properties. Research suggests that zinc (which is in many over the counter products to prevent colds) can work to reduce the duration and severity of a cold. But it is only effective if it's started early, at the very first signs of illness.

"Take two squares of chocolate and call me the morning." may seem an unlikely prescription for cough relief,

but research reveals dark chocolate can curb your cough. The secret is Therobromine, an ingredient in chocolate. According to medical studies, therobromine is nearly one third more effective in halting persistent coughs than codeine. Dark chocolate typically contains about 450 mg of therobromine per ounce. Some experts suggest two ounces of dark chocolate every four hours as an effective anti cough dose for adults. Just be aware chocolate contains caffeine.

*Did you know you can reach into the refrigerator to clear congestion? Apple juice and purple grape juice both have properties to help clear congestion and a runny nose. As a bonus dark grape juice is rich in tannins, which have been known to kill viruses.

*Hot foods may be the weapon to battling mucus. Studies show foods such as chili peppers, horseradish and garlic help reduce congestion by driving out mucus. How? The same agent that induces tears also helps thin out excess mucus.

*Coughs and congestion is uncomfortable, but relief can be as close as your water bottle. Keep hydrated by drinking at least 64 ounces of water a day. Water is the best expectorant, and will help thin the mucus and loosen the cough.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Auburn resident named to Western Connecticut Dean's List

DANBURY, Conn. — Western Connecticut State University proudly congratulates Serena Kelly, a Musical Theatre major from Auburn, Mass., on being named to the Dean's List for the Fall Semester of 2019.

www.StonebridgePress.com

SPORTS

Rams survive scare from Auburn, qualify for postseason play with win



Auburn's Michaela Sampson launches a 3-point attempt in front of Northbridge defender Avery Senosk.



Alexia Morawski of Auburn finds a way to shoot up and over the reach of two Northbridge defenders, Maddie Boormeester (14) and Liz Quimby.



Northbridge's Liz Quimby maintains possession of the ball while being well-defended by Auburn's Emily Turcotte.

BY NICK ETHIER
SPORTS STAFF WRITER

NORTHBRIDGE — Once play between the Northbridge High and Auburn High girls' varsity basketball teams reached halftime at Veterans Memorial Field House on Friday, Jan. 24, one team — the Rockets — had all the momentum against the other team — the Rams — that had jumped out to a big early lead. Northbridge was ahead 12-2 after one period of play, but Auburn won second quarter scoring 11-4 to cut into the deficit, 16-13.

"I have seen them this year and they play a very scrappy type of game. They play very good defense, they play about 12 girls, and they just keep coming," Rams' head coach Matt Gauthier said of the upset-minded Rockets. "I thought their energy level was excellent tonight. I said at halftime I thought they were out-hustling us to everything.

"I was concerned about our offense," Gauthier continued. "Part of that was their defense. We definitely talked at half-time about what we were going to do to make sure that we straighten things out on the offensive end."

Northbridge did just that, scoring 24 second-half points to Auburn's 10 to pull away for a 40-23 victory.

"First thing we did when we came out was we got penetration in the middle. We were not doing a good enough job in the first half of getting into the paint," said Gauthier, as getting the ball to the middle allowed it to free everyone else up.



Hanorah Murphy of Auburn looks to drive the baseline on Northbridge's Maddie Boormeester (14) and Abby Fraser.



Auburn's Mia DelloStritto works her way by Northbridge's Abby Fraser.

Auburn head coach Nicole LePrevost was proud of the way her team battled in the second quarter but wished that the 10-minute intermission didn't ensue to allow her team to carry that momentum they had generated into the third period.

"I think that we played really hard in the first half. It was one of those games where I wish there wasn't halftime. I wish we could have kept playing through," she said, acknowledging that the second quarter was the Rockets' best. "They played with confidence. When you have a halftime or an extended timeout you kind of lose some of that momentum. My nervousness was coming out flat and that's a little bit of what happened."

Leading 22-16 midway through the third quarter, Northbridge's Jill Labrie connected on a 3-pointer from the right corner to extend the advantage to nine points. Labrie and Abby Fraser then executed a perfect two-on-one that saw Fraser bounce a pass to Labrie at the right time, and she was able to make the layup to make it 27-16.

Later, Fraser beat the buzzer with a 3-pointer to deflate the Rockets' spirits and extend the lead to 30-19 with just eight minutes to play.

Gauthier was thrilled with Fraser's play, as she not only finished with a game-high 16 points but also her ability to play the point guard position in the absence of an injured Hannah Lomonaco, all while limiting her turnovers and creating plenty of plays with assists.

"Abby Fraser really played well," said Gauthier. "She was doing everything and she really came to play in the second half."

Fraser leading the team in scoring — Labrie netted 11 points and Maddie Boormeester added 7 more — also means that the Rams have plenty of scoring options, making life difficult for the opposition to defend.

"A few games ago it was Liz Quimby with 17, the game after that it was Maddie Boormeester with 22, the game after that it was Avery Senosk with 19," Gauthier noted.

And Lomonaco is slowly but surely making her way back to action, as she has missed the last seven games with an ankle injury.

"She's out of the boot and we'll see when she's comfortable enough to have a light practice," said Gauthier.

And the Rams may have dodged a bullet when Avery Senosk rolled her ankle with just 11 seconds to play, chasing down a rebound, but she appeared to be OK following the contest.

Northbridge, now 5-2 without Lomonaco, improved to 10-3 overall and has officially qualified for the Central Mass. Division 3 Tournament.

"Now our next goal is to get a home game. We want to keep piling up the wins and get a home game on this court right here," said Gauthier.

Auburn, meanwhile, slipped to 4-7 as they are currently dealing with the most difficult portion of their schedule, as they must be 10-10 or better at season's end to qualify for the Central Mass. Division 2 Tournament. Hanorah Murphy led the Rockets with 6 points, while Olivia Mathews and Meghan Stevens both netted 4 points.

SPORTS

Nashoba posts shutout of Rockets

MARLBOROUGH — Looking to keep its winning streak intact, the Auburn High boys' varsity ice hockey team traveled to the New England Sports Center to take on Nashoba Regional on Wednesday, Jan. 22. But the Chieftains were able to skate past the Rockets, 3-0. That loss dropped Auburn, which also includes student-athletes from Millbury High, Tantasqua Regional and Shepherd Hill Regional as part of its cooperative agreement, to 4-5-1, but the Rockets rebounded with a 6-3 win against Minnechaug Regional three days later to even its record at 5-5-1.



Photos courtesy Mark Seliger, www.SeligerPhotography.com
Auburn goalie Tyler MacKoul sees the puck clearly in order to make a save.



Nic Spanos of Auburn carries the puck unimpeded into the neutral zone.



Auburn's Nolan White and a Nashoba player battle for possession of the puck.



Joe Valone of Auburn stick-checks a Nashoba player free of the puck.

A near miss for Bay Path against Monty Tech

CHARLTON — A number of near misses has plagued Bay Path Regional's boys' varsity basketball team during this 2019-2020 season, and it happened again as the Minutemen hosted Monty Tech on Thursday, Jan. 23. The two-win Minutemen hung tough but lost a close decision to the Bulldogs, 63-56.



Bay Path's Aiden Sabatinelli searches for an open teammate to pass the ball to.



Jason McKay photos
Bay Path's Xavier Edmonds soars past a Monty Tech defender en route to a layup.



Ben LaPointe of Bay Path rises up to attempt a midrange jump shot.



Anthony Barbale of Bay Path attempts to drive in for a layup while a Monty Tech player tightly defends.



Bay Path's Dylan Cotton fights for control of the ball while two Monty Tech defenders struggle to rip the ball out of his hands.



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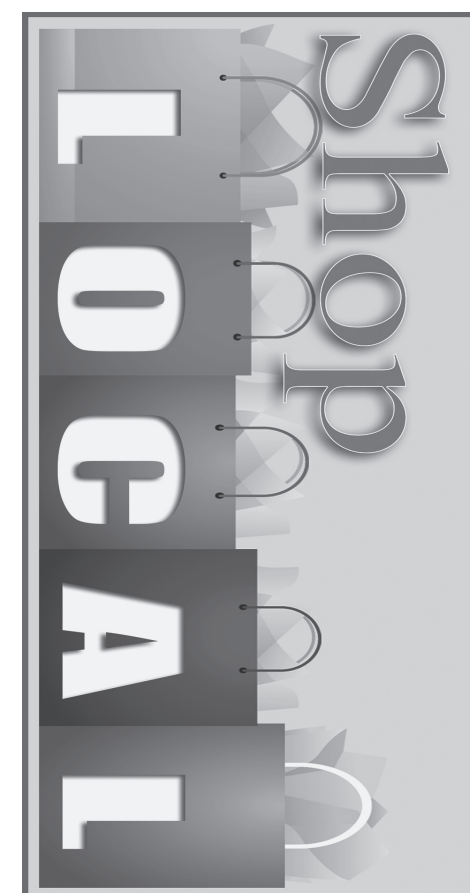
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It starts with one plant on a sunny windowsill then morphs into an impenetrable jungle. You may feel you need a machete to reach each individual plant to water and tend. Clear the way to improved growing conditions and convenient care while showcasing every plant with style.

Group plants with similar light and watering needs to make maintenance easier for you and increase humidity levels – something tropical plants need to thrive. Set plants on attractive trays filled with pebbles to capture excess water. The pebbles elevate the containers above the water to avoid root rot. As the water in the tray evaporates, it increases the humidity around the plants.

Grow cacti and succulents in a cool, sunny location for winter. Give each plant enough room to capture the sunlight it needs and to show off its unique form and color.

Expand your indoor growing space and enjoy greenery throughout your home by adding artificial lights. New furniture grade LED light fixtures like the Bamboo Mini LED Grow Light Garden (gardeners.com) fit into small spaces and look great on countertops, work desks and shelves. You'll

save energy with LED lights and add a bit of style to your home décor with these attractive light gardens.

Increase your success with the popular fiddle leaf fig and other floor plants. These beauties are often used to decorate a bare wall, corner or other space in need of a focal point. Oftentimes these areas do not receive sufficient light for the plants to grow and thrive. Soon leaves begin to yellow and drop. Keep them healthy and beautiful with supplemental light. Hang a pendant light above or set a plant light stand beside these large plants. Many are trendy decorative fixtures similar to those used to light your home.

Save time and increase success by growing houseplants in self-watering containers. These pots have built-in water reservoirs that extend the time between watering. They also help reduce the mess of water spilling over the saucer and onto wood or carpeted floors.

Take the hassle out of watering with an indoor coil watering hose and sprayer. These coiled hoses hook up to the faucet, allowing you to water houseplants and seedlings up to 50 feet away. You'll eliminate the need to fill and lug watering cans from plant to plant, leaving a trail of water along the way.

Maximize time spent tending your plants by using the proper tools. Many indoor gardeners use old silverware or try adapting outdoor tools for indoor garden use. Having the right tool for the job provides better results in less time. Indoor garden tool sets have



Courtesy Photo

Furniture grade LED grow light gardens fit into small spaces, add some style to any home décor and provide plenty of light to make it easy to grow plants indoors.

perfectly sized tools for pruning, transplanting and tending houseplants. Many come with an attractive built-in case for easy storage and a tray for corralling the mess of potting and transplanting. You'll waste less potting mix and spend less time sweeping up debris.

Increase your growing space and show off your plant collection with one or more plant stands. Many provide multiple tiers, allowing you to display plants of different sizes while positioning them in the light

they prefer.

Set large plants on wheeled caddies or a collection of pots on a wheeled tray to move them out of the way when cleaning or hosting a gathering. Then wheel them back in place once your company has left.

Adding some convenience for easy care will allow you to spend less time keeping your plants looking their best and more time enjoying the individual beauty each plant provides as you grow them in style.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment* TV & radio segments. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardeners Supply* for her expertise to write this article. Her Web site is www.MelindaMyers.com.

COMMUNITY CALENDAR

Sunday, February 23

(617) 592-5081.

WORCESTER MODEL RAILROADERS INC. ANNUAL SHOW AND SALE: 10 a.m. to 3:30 p.m., Auburn Elks Club, 754 Southbridge St. (Route 12), Auburn. Admission \$5, children under 12 free. Handicapped Accessible. Info: Ralph Kimball, 508-868-5189, ralphkimball@charter.net and www.wmrr.org. The show has approximately 25 model railroad dealers offering items for sale as well as HO scale, operating layouts available for viewing. Raffle tickets for a complete 4'x8' model railroad layout (on display) will be available at the show. Hourly raffle will also be held. The 41-foot-by-53-foot Worcester Model Railroad Club layout will be open and operating using Digital Command Control and is only 15 minutes from the show in Webster. For directions, go to www.wmrr.org.

ONGOING EVENTS

12 STEP PROGRAM: Christian 12 Step Program for Men and Women 7-8:15 p.m. every Tuesday at Faith Baptist Church, 22 Faith Ave, Auburn. Do you feel your life/relationships/habits are spinning out of control? A Christian 12 Step Program is the key to Christ and life providing abundance, blessing and grace. Come as you are or contact (508) 832-5044 x 155 for information.

SUICIDE PREVENTION: Attempted Suicide Prevention Group. Held each Wednesday at 7:30 p.m. at St Bernard's Church, 236 Lincoln St., Worcester Gym Entrance Side, second floor meeting room. Parking & T services. Weekly facilitator, inspirational speaker, founder Dan Pelly, two time attempted suicide survivor. Your life matters, never give up. No charge. More info at

STORY TIME: Have a little one in the house? Looking to get out and do something? The Auburn Public Library may have just the thing for you. Mother Goose Story time is for children ages 6-15 months. It's a great place for children and their grownups to listen to stories, share nursery rhymes and have time to connect with others during musical free play. Mother Goose Story Time is held Tuesdays at 10 a.m. Please stop by and join us. For information, you call the library at (508) 832-7790.

MUSEUM HOURS: The Auburn Historical Museum, 41 South St. is open Tuesday, 9 a.m. to noon, and Saturday 9:30 a.m.-12:30 p.m. Admission is free to see a variety of artifacts and memorabilia concerning Auburn as far back as when it was known as the town of Ward. All are welcome to come. For more information contact Sari Bitticks at sarilb@verizon.net.

NEW GROUP FORMING: If you're separated or divorced, you don't have to go through it alone. DivorceCare meets weekly, you'll receive practical support and find healing and hope for the future in a friendly, confidential setting. We meet Thursdays, 6:30-8 p.m., beginning Feb. 1 at Faith Church, 22 Faith Ave., Auburn. Call (508) 832-5044 or email divorcecare@faithauburn.org for more information.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other.

About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

STORY TIME: Open Story Time will be held 4:30 p.m. every Thursday at the Auburn Public Library. No registration required. Please drop in. Open to all ages. For information, call (508) 832-7790.

BOYS' GROUP: Chuck wants boys in the 6th through 10th grades to join The Man Cave. The Man Cave is a boys' group that meets from 7:30 to 8:45 p.m. Thursdays at the AYFS, 21 Pheasant Court, Auburn. This is where members will learn that peers their own age share similar concerns. Group members will be able to discuss ways to cope with their concerns as well as receive positive feedback. Each week will center around a particular topic for discussion. No cost to join. For information, call Brandon Pare (508) 832-5707 x 16 or Dan Secor (508) 832-5707 x 14. Free food available.

PUMPKINS, GET YOUR PUMPKINS HERE!: The Pumpkin Patch at the First Congregational Church, 128 Central Street, Auburn will be open daily 10 a.m. (11 a.m. on Sundays) 'til dusk Sept. 28 through

Oct. 31. There will be gourds and pumpkins of all sizes and prices – one for every need; be it for your fall decor, carving, baking – you name it! Taking in the beautiful sight of the pumpkins, in combination with the changing leaves and the backdrop of the church steeple – makes it worth the trip! If you have any questions, feel free to call the church office at 508-832-2845. See you there! Where do these pumpkins come from? The pumpkins are raised and harvested by the Navajo Indians on their reservation in New Mexico. The money they receive helps their schools and other programs and a percentage of the sales helps our church as well.

OVEREATERS ANONYMOUS: Is food a problem for you? Have you been worried about the way you eat? Do you resolve to go on a diet tomorrow, only to fail again and again? Is your weight affecting the way you live your life? You are not alone. Overeaters Anonymous can help. No dues, no fees, no weigh-ins. Meetings are held Sundays in Worcester (St. Michael's On-The-Heights, 340 Burncoat Street) at 7 p.m., Mondays in Auburn (Bethel Lutheran Church, 90 Bryn Mawr Ave.) at 7 p.m. and Wednesdays in Putnam, Conn. (Day Kimball Hospital, 320 Pomfret Strett) at 6 p.m. Want more information? Call or text Bruce P. (508) 864-0593, email him at brucep.oa@charter.net or visit oa.org.

PIZZA

continued from page 1

Those who are interested in applying for a job may do so at jobs.dominos.com. To place an order from Domino's in Auburn, customers can visit www.dominos.com or call 508-936-3030.

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pany in the world based on retail sales, with a significant business in both delivery and carryout pizza. It ranks among the world's top public restaurant brands with a global enterprise of more than 16,500 stores in over 85 markets. Its system is comprised of independent franchise owners who accounted for 98% of Domino's stores. In the U.S., Domino's generates over 65% of sales via digital channels and has developed several innovative ordering platforms, includ-

ing those developed for Google Home, Facebook Messenger, Apple Watch, Amazon Echo and Twitter – as well as Domino's Hotspots®, an ordering platform featuring over 200,000 unique, non-traditional delivery locations. In late 2017, Domino's began an industry-first test of self-driving vehicle delivery, and in June 2019 announced a partnership with Nuro, furthering its exploration and testing of autonomous pizza delivery.



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✓ PATENTED QUICK-DRAIN® TECHNOLOGY

✓ LIFETIME WARRANTY!
The **ONLY** Lifetime Warranty on the bath **AND** installation, **INCLUDING** labor backed by American Standard.

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Discount applied at time of purchase. Terms and Conditions Apply. * Subject to 3rd party credit approval. Minimum monthly payments required. Receive a free American Standard Toilet with full installation of a Liberation Walk-In Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. All offers subject to change prior to purchase. See www.AmericanStandardBathTubs.com for other restrictions and for licensing, warranty, and company information. * CSLB B982796; Suffolk NY:5543H; NYC:HIC02022748-DCA. Safety Tubs Co. LLC does not sell in Nassau NY, Westchester NY, Putnam NY, Rockland NY.

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2017 CHEVY SILVERADO #40309V • 4X4, CREW CAB, Z71, NAV, BACK-UP CAM, BEDLINER NEW Retail Price: \$39,650 WHOLESALE PRICE: \$30,377 SAVE \$9,300 OFF OF RETAIL PRICE!	2018 JEEP RENEGADE #D10295 • LATITUDE TRIM, 4X4, BACK-UP CAM, BLUETOOTH NEW Retail Price: \$27,120 WHOLESALE PRICE: \$17,677 SAVE \$9,400 OFF OF RETAIL PRICE!	2017 HYUNDAI SANTA FE #TM90774A • SE TRIM, ALL-WHEEL DRIVE, 18" ALLOYS, V6 NEW Retail Price: \$29,220 WHOLESALE PRICE: \$17,377 SAVE \$11,800 OFF OF RETAIL PRICE!
2019 JEEP CHEROKEE #D10462L • LIMITED TRIM, 4X4, BACK-UP CAM, HEATED LEATHER NEW Retail Price: \$32,180 WHOLESALE PRICE: \$27,577 SAVE \$4,600 OFF OF RETAIL PRICE!	2017 FORD ESCAPE SUV #H1174L • TITANIUM TRIM, 4X4, LEATHER, TURBO, MOONROOF NEW Retail Price: \$32,475 WHOLESALE PRICE: \$20,377 SAVE \$12,100 OFF OF RETAIL PRICE!	2019 CHRYSLER PACIFICA #D10391L • ALLOYS, LX TRIM, V6, PARKING SENSORS, BACK-UP CAM NEW Retail Price: \$34,650 WHOLESALE PRICE: \$22,377 SAVE \$12,300 OFF OF RETAIL PRICE!
LIKE NEW 2018 CHEVY EQUINOX LT SUV #40428L All-Wheel Drive, Premium Audio, Back-Up Cam, Bluetooth, 17" Alloys. NEW RETAIL PRICE: \$30,340 WHOLESALE PRICE: \$19,477 SAVE \$10,900 OFF OF RETAIL PRICE!	SPECIAL PURCHASE #D10260L Like New 2017 RAM 1500 TRADESMAN ONLY 9,853 MILES! NEW RETAIL PRICE: \$38,405 STARTING AT ONLY: \$26,977 7 Available Crew Cab, 4x4, 3.6L V-6, Bedliner, Alloy Wheels, Bluetooth! SAVE \$11,400 OFF OF RETAIL PRICE!	LIKE NEW 2018 TOYOTA RAV4 XLE TRIM SUV #TP0008 All-Wheel Drive, Alloys, Sunroof, Lane Departure, Back-Up Camera. NEW RETAIL PRICE: \$31,850 WHOLESALE PRICE: \$21,477 SAVE \$10,400 OFF OF RETAIL PRICE!
2017 GRAND CARAVAN #D10460L • SXT TRIM, NAV, V6, 3RD ROW SEATS, 17" ALLOYS NEW Retail Price: \$32,025 WHOLESALE PRICE: \$19,677 SAVE \$12,300 OFF OF RETAIL PRICE!	2017 CHEVROLET CRUZE #40215R • LT TRIM, HATCHBACK, ALLOYS, KEYLESS START, 7" LCD NEW Retail Price: \$23,140 WHOLESALE PRICE: \$14,377 SAVE \$8,800 OFF OF RETAIL PRICE!	2017 FORD EXPLORER #P12348V • XLT TRIM, 4X4, NAV, HEATED SEATS, MOONROOF NEW Retail Price: \$39,870 WHOLESALE PRICE: \$29,877 SAVE \$10,000 OFF OF RETAIL PRICE!
2018 TOYOTA CAMRY L #H0937V • PREMIUM ALLOYS, BACK-UP CAM, LANE DEPARTURE NEW Retail Price: \$30,340 WHOLESALE PRICE: \$18,677 SAVE \$11,700 OFF OF RETAIL PRICE!	2017 HYUNDAI TUCSON #H1219 • SE TRIM, BACK-UP CAM, 17" ALLOYS, ALL-WHEEL DRIVE NEW Retail Price: \$28,015 WHOLESALE PRICE: \$18,377 SAVE \$9,600 OFF OF RETAIL PRICE!	2017 TOYOTA TACOMA DOUBLE CAB #TM20153A TRD Sport, 4x4, 3.5L V6, Alloys, Satellite Radio, Nav, Towing Package. NEW RETAIL PRICE: \$44,665 WHOLESALE PRICE: \$25,877 SAVE \$18,800 OFF OF RETAIL PRICE!
LIKE NEW 2016 FORD F-150 4x4 SUPERCREW #P12559L XLT, 4x4, Alloy Wheels, Bluetooth, 2.7L V6 EcoBoost, Back-Up Cam. NEW RETAIL PRICE: \$41,985 WHOLESALE PRICE: \$26,877 SAVE \$15,100 OFF OF RETAIL PRICE!	LIKE NEW 2018 GRAND CHEROKEE LIMITED SUV #D10095V 4x4, Moonroof, Nav, Heated Leather, 20" Alloys, Satellite Radio, Bluetooth. NEW RETAIL PRICE: \$41,305 WHOLESALE PRICE: \$30,377 SAVE \$10,900 OFF OF RETAIL PRICE!	

SALE ENDS 02/05/20. Cannot be combined with any other discount or promotion and may require dealer source financing. Some restrictions apply, see us for details. does not include specialty vehicles or renewed for your vehicles. Some vehicles may not qualify, see dealer for details. Prior sales excluded. Some restrictions apply, see us for details. Estimated KBB values are options and may vary from vehicle to vehicle. Value based on vehicle condition. Amount may be adjusted for mileage, wear and tear, and options. Value difference assessed on list price. Deductions from allowance may be made for equipment failure, body and/or interior damage, reconditioning cost and/or excessive mileage at a rate of 20¢ per mile assessed on mileage of 10,000 miles per year. New retail price based on MSRP of new models. Not valid with prior sales. Selling price including our \$1,000 imperial trade assistance bonus for a qualifying 2010 or newer trades. Advertiser price does not include tax, title, registration or documentation fee. Vehicle must be paid in full and take same day delivery. 5 DAY OR 200 MILE RETURN EXCHANGE PROGRAM FOR YOUR TOTAL CONFIDENCE - if you're not happy with your imperial certified used vehicle, bring it back within 5 days or 200 miles and we'll give you a credit of your full purchase price toward the purchase of another vehicle. Not responsible for typographical errors, photos are for illustration purposes only.

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Auburn News

B SECTION

FRIDAY, JANUARY 31, 2020

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HERE & THERE → **Local Events, Arts, and Entertainment Listings**

SUNDAY, FEBRUARY 2



**44TH ANNUAL
MEMORIAL FISHING
DERBY**
West Brookfield Boy Scout
TROOP 118
Lake Wickaboag Public
Boat Ramp, West Brookfield
7:30am-3:00pm. Trophies,
Door Prizes. Tickets \$1 by
Scouts or at derby

In remembrance of Mark Cook, Peter
Coulthard, J. Irving England, Michael Higgins,
and Dick Shepardson (No ice date February
16)

SATURDAY, FEBRUARY 8

"THE LAKE IN WINTER" EVENT.

2:30: Ken Ethier: Presentation on Ice harvest-
ing
East Brookfield Town Hall
3:30: Bonfire, Music, Skating
and S'mores with DJ and con-
cessions. Lake Lashaway Town
Beach
FREE -snacks for sale

SUNDAY FEBRUARY 9

6AM - 2PM FISHING DERBY -
Details to come! See Facebook
@EB100th or tinyurl.com/EB100th!



SATURDAY, MARCH 14

OPEN HOUSE
at Hodgkins Building (Museum/RR/Art Guild/
Boy Scouts)
108 School Street FREE 1:00-3:00

TUESDAY, MARCH 24

RE-ENACTMENT of signing of town bill and
unveiling of Anniversary Quilt
Senior Center, Pleasant Street. 6:30pm FREE

SATURDAY, APRIL 4,

ROARIN' TWENTIES DANCE
at Sturbridge Host Hotel \$35, 5:00pm
Tickets @EventBrite.com
or at the library

SATURDAY, APRIL 11,

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield 1:00-3:00.
FREE

SATURDAY, APRIL 18,

HISTORICAL TALK - Ed Londergan -
The First and Second Settlements
East Brookfield Town Hall 9:30 FREE

SATURDAY, APRIL 25

TOWN WIDE CLEAN-UP DAY
Meet at East Brookfield Town Hall 9:00

SATURDAY, MAY 2,

EAST BROOKFIELD NATURE WALKS
at Pelletier Woods
Howe Street, East Brookfield 2:00. FREE

SATURDAY, MAY 9,

OPEN HOUSE
at Hodgkins Building (Museum/ RR).
108 School Street, East Brookfield. 1-2:00
FREE

SATURDAY, MAY 16,

7K RUN AND FUN WALK
Timberyard Brewery, East
Brookfield
10:0am. \$30.00 adults, \$15.00 kids

SATURDAY, MAY 30

HISTORICAL TALK -
Ed Londergan - Murder in the Brookfields
(Spooners / Newton Murders)
East Brookfield Town Hall. 9:30. FREE

SATURDAY, JUNE 6

HISTORY & DESSERT
at Podunk Chapel, East Brookfield
2:00 & 3:30 seatings. \$5.00 pp

FRIDAY, JUNE 12

COAST GUARD BAND
East Brookfield Elementary School, 7:00 FREE

SATURDAY, JUNE 13

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield 1:00-3:00.
FREE

SATURDAY, JUNE 20,

OPEN HOUSE
at Camp Frank A. Day (archery, boating, bas-
ketball, mini golf, lunch) Rain Date: June 21.
125 South Pond Road, East Brookfield. 11:00-
3:00. FREE

MONDAY, JULY 6

SUMMER READING KICK
OFF -
EB Library - continues for five
weeks.
East Brookfield Town Hall. FREE

SATURDAY JULY 25

HISTORICAL TALK - Heather Gablaski -
East Brookfield: 100 Years a Town
East Brookfield Town Hall, 9:30. FREE

SATURDAY, JULY 11

INDEPENDENCE DAY CELEBRATION
Parade & Fireworks
Connie Mack Field East Brookfield

SATURDAY, AUGUST 8

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield,
1:00-3:00. FREE

SATURDAY, SEPTEMBER 12

PARADE AND FAMILY FUN EVENT!
Route 9, East Brookfield,
9:30 -7:00. FREE. Rain date Sept 13

SATURDAY, OCTOBER 10

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield, 1:00-3:00.
FREE

SATURDAY, OCTOBER 24, 3:30

BUS AND CEMETERY TOUR,
ending in dinner at Podunk Chapel.
Meet at East Brookfield Town Hall.
\$15-\$20.00 pp

SATURDAY, NOVEMBER 7

HISTORICAL TALK - Guy Morin- Central
Massachusetts during the Revolution
East Brookfield Town Hall, 9:30 FREE

SATURDAY, NOVEMBER 14

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield, 1:00-3:00.
FREE

SATURDAY, DECEMBER 12

HISTORICAL TALK -
Ken and Tina Ethier - "Trolley Talk"
East Brookfield Town Hall, 9:30. FREE

SATURDAY, DECEMBER 12

OPEN HOUSE
at Hodgkins Building (Museum/ RR)
108 School Street, East Brookfield, 1:00-3:00.
FREE

ONGOING



MARIACHI BAND
First Thursday of the month
5-8 p.m.
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GRILL
Webster location
41 Worcester Rd., Webster,
MA
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TRIVIA SATURDAY NIGHTS
7:00 p.m. register 7:30 p.m. start up
HILLCREST COUNTRY CLUB
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LIVE ENTERTAINMENT FRIDAY NIGHT
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MILLBURY – WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frpld Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! 4/Cir! Garages – 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**



WEBSTER LAKE – 9 Pebble Beach Rd! Middle Pond – Winter Cove! Private Peninsula Protected from the Storm – Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer! Ideal Open Fir Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Applianced Custom Granite Kit w/ Center Is! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Fir Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm! Buderus Oil Heat! C/Air! Oversized 2 Car Garage! **\$779,900.00**



OXFORD – 27 Rocky Hill Rd! Move Right Into this 6 Rm Ranch! Bright, Fresh Kitchen! Dining Rm! 20' Living Rm! 3 Comfortable Bdrms! Nice Bathrm! Deck w/awning! All the Work has been Done! Roof, Siding, Windows, Insulation, Gas Furnace, Gas Hot Water Heater, AC, Front Porch Windows, Door, Living Rm Floor, Skylights, Kitchen, Bath & Dining Rm Floors! 2 Bdrms' Wall to Wall Carpeting & the Interior Freshly Painted 10/2019! Quick Closing Possible! **\$269,900.00**

WEBSTER – 27 N. Main St! 3 Family! 55/9 Rms! 3 3/4 Bedrooms! 1st Fir w/ Eat-in! Liv Rm! 3 Bdrms! Updated Bathrm! 2nd Fir w/Kit w/Din Area! Liv Rm! 3 Bdrms! Updated Bath! 3rd Fir w/Eat-in! Kit! Liv Rm! Bdrml! Full Bath! Long Term Tenants! Sep Utilities! Vinyl Sided! Laundry Hook Ups! Freshly Painted Hallways! **\$249,900.00**

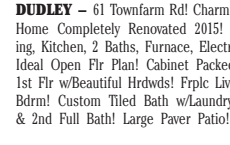
DUDLEY – 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Applianced Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrml, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Fir! 2nd Fir Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

DUDLEY – 7 – 9 West Street! Brick 4 Family plus a 2 Family! Side by Side! All with 5 Rooms and 2 Bedrooms! Gas Heat! All Separate Utilities! 2 Car Detached Garage! The 4 Family with Beautiful Natural Woodwork! All Apartments are Empty and Work is Needed in Several Apartments! Excellent Potential! Will be a Good Investment for the Right One! **\$399,900.00**



WEBSTER – 9 Lake Parkway! Extremely Conveniently Located just off Exit 1 of 385! Loads of Potential! 6 Rm Cape! Applianced Kit! Din & Liv Rms w/Wall to Wall over Hrdwds! 3 Bdrms w/Hrdwds! 1st Fir Bdrml w/Commode Closet! Recent Furnace! Recent Roof! **\$169,900.00**

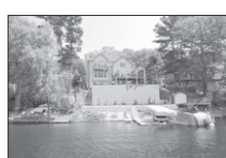
THOMPSON – 299 Quaddick Rd! Custom Cedar Log Home! 5.47 Acres! Stone Wall Entry! 700' Driveway! Nestled in the Woods! 6 Rms of Cedar! Granite Kit! Cathedral Ceilings w/Skylights! Hrdwds! Stone Flr! 1st Fir Master w/Full Bath & Walk-in Closet! 3 Bdrms & 2.5 Baths! Total! Oil Heat! 2 Car Garage! **\$399,900.00**



DUDLEY – 94 Tracy Road! 7 Rm 4 Bdrml Colonial On 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit! Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Fir 1/2 Bath w/Laundry! Master Bdrml w/Dble Closet & Full Bath w/Linen Closet! 2nd Fir Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16x21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**



WEBSTER LAKE – 250 Killdeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplce & Hrdwds! 1st Fir Lake Facing Master Bdrml w/Slider to the Deck & Access to the Screened Hot Tub, w/Walk-in Closet, Full Bath w/Whirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearby! Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay! **\$910,000.00**



CHARLTON – GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3' Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$499,900.00**

WEBSTER LAKE – 50 West Point Rd! Killdeer Island! 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, Has It All! 2 Story Foyer! Granite Kit w/Center Isl, Dble Oven, High End Appliances & Walk-in Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm w/Lake Views, Custom Built Cabinets, Gas Frplce! 1/2 Bath w/Laundry! An ELEVATOR to Service All 3 Floors! Upstairs leads to 3 Spacious Bdrms each w/Private Baths! Master w/Tray Ceiling, Walk-in Closet & Private Balcony! Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level w/Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrml w/Frplce & Private Bath! Slider to Patio! 13 Zones! Oversized 2 Car Garage! Loaded w/Quality & Detail! **\$1,175,100.00**

WEBSTER LAKE – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$624,900.00**

WEBSTER LAKE – 68 W Point Rd! Western Exposure - Spectacular Sunsets! 75' Waterfront w/Expansive Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Renovate or Enjoy As Is! Open Fir Plan! Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms w/Water Views! Sliders to Screen Enclosed Porch! Master w/Ceiling Fan & Dble Closet! 2nd Bdrml w/Dble Closet! Full Bath off Hall! Finished Walk-out Lower Level w/25' Fam Rm w/Door to Lakeside Patio, Bdrml, Full Bath & Utility/Storage Rm! 3 Bdrms, 2 Baths Total! Oil Heat! Covered Entry Ramp & Electric Chair Lift! Shed! Dock! Summer Will Be Back – Don't Delay! **\$499,900.00**

WEBSTER LAKE – 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Fir w/Beautiful Maple Hrdwds! SS Applianced Silstone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! **\$369,900.00**



CHARLTON – 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Fir Plan! Applianced Granite Kit w/Is, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplce Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Fir w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLIT SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$624,900.00**

WEBSTER LAKE – 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Fir w/Beautiful Maple Hrdwds! SS Applianced Silstone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! **\$369,900.00**

WEBSTER LAKE – 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Fir w/Beautiful Maple Hrdwds! SS Applianced Silstone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! **\$369,900.00**

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Featured Listing!

POMFRET, CT - 280 RIVER RD

Motivated Seller! Cape that has been completely remodelled, 3 Br, 1 bath; 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/plumbing. Large Gambrel Post & Beam. 2 bay garage w/loft. New septic. **NEW PRICE \$244,900**

WEBSTER - 5 SURREY LN



BRAND NEW TO MARKET! Welcome Home! RARE FIND! Gently Used 5 Bdrml Colonial, or 4 Bdrms & Game Room! This 24 x 28 3 Car Garage HAS HEAT! Radiant Heat in Floor, 8' High Garage Doors, Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w/Breakfast Bar, Newer SS Appliances – Slider off Din Rm to Deck & Patio – Second Floor – 5 Over-sized Bdrms! Bath & Laundry Rm! Walk up Attic for storage! **\$499,000.**

WEBSTER - 8 MAPLE ST



Updated 2 Family – Vinyl Siding- **1st Floor:** 6 Rooms, 3 bedrooms, 1 Full Bath, open kitchen. Fully Applianced, Washer & Dryer Included. New Carpeting, Hardwood Floors. **2nd Floor:** Open Kitchen with Gorgeous Kitchen Cabinets – 6 Rooms, 3 Bed, 1 Full Bath Hardwood Floors, New carpeting. Each Apartment has 1,200+ sq ft plus. Oil Heat – 2 New Oil Tanks, Circuit Breakers. Off street parking. Town Water & Sewer, 3rd Story Unfinished. Great Commuter Location. **\$237,500.**

WEBSTER - 17 PINWOOD DR



Location, Location, Location! Close to 1395. Split Entry with 6 rooms, 3 bedrooms & 1-1/2 baths. Many Updates! Fireplace living room. Wood floors! Recent Asphalt Shingled Roof & Solar Panels. **\$289,900.**

WEBSTER - 14 HIGHCREST #4



Ready to move in! 2 bedroom 1 1/2 bath condo. Large bedrooms with large full bath master bedroom private access. Skylight Hallway, extra large living area with separate dining! Access to private deck via sliders, fully applianced kitchen, loads of counter space, tons of storage. Full finished basement, brand new heat and a/c system. **\$134,900.**

WEBSTER - 212 SCHOOL ST



Large 4 Family! 3 car garage! Off street parking. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully Rented. **\$369,900.**

WEBSTER - 3 STEFANIAK AVE.



SORRY, SOLD!
Cute 2 Bedroom Ranch! All hardwood floors, gas fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt road. Walk out lower living level. Town Water & Sewer, City Gas **\$219,900.**

WOODSTOCK, CT - 64 LYON HILL RD



SORRY, SOLD!
Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s applianced kitchen! Large master bedroom, coffered ceiling, master bath, w/Jetted tub! Walk in closets. Two car garage. Radiused walkout upper level! Walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property! **\$499,900.**

WEBSTER/OXFORD/DUDLEY/DOUGLAS



Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. **\$70,000**
Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**
Webster - 3 Lots Cooper Rd. **Attention Developers!** 3 abutting house lots, potential to divide into 5-6 Buildable lots! w/water/sewer access **\$129,400**
Webster - 85 Upper Gore! View of the Lake. 1+ acre,artesian well, Septic Design, Etc. **\$130,000.**
Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$99,900**

HOLLAND - 6 MAIDEN LN



SORRY, SOLD!
A nice place to call home! Houses situated perfectly on the lot to promote privacy on this .44 acre Lot! 6 room 2 bedroom 1-1/2 Bath. 2 brick fireplaces! Furnace and roof approximately 6 years old. Plus a guest house! **\$229,000.**

WEBSTER LAND - COOPER RD



ATTENTION DEVELOPERS
Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, Water/Sewer access **\$129,400.**

On the shores of Lake Chargoggagoggmanchauggagogggchaubunagungamaugg

WEBSTER LAKE - 118 POINT BREEZE RD



SORRY, SOLD!

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**



SORRY, SOLD!

WEBSTER LAKE – 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**

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\$95,000



On Deposit
Dudley
2 Shine Ave.
\$475,000



Sold
Oxford
570 Main St,
\$310,000

35 Lakeside Ave.
Webster Lake area. Attractive well kept 3brm, 2 bath cape located steps away from a neighborhood beach on Webster Lake for summer enjoyment or winter ice fishing? Features 2nd level master suite w/sitting room. 2 more brms on the main flr w/eat-in kitchen and living room. All appliance kitchen, washer/dryer included. Large lot w/deck and small fenced in area for a pet. Quiet neighborhood and minutes to Rt. 395 and shopping
\$269,900

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88 Depot Rd.
Douglas
\$288,500

SOLD
14 Chestnut Hill
N. Oxford
\$274,900

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Auburn
2 yr. young! 3 bdrm, 2 car, 2.5 BA
\$599,900

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SOLD
OXFORD, MA - \$234,900
44 Depot Road
3 Bedroom, Ranch
Recently Remodeled

SOLD
STURBRIDGE, MA - \$299,900
234 Podunk Road
Antique Colonial,
4 bed, 2 bath, Remodeled

PENDING
DUDLEY, MA - \$248,500
5 Fairview Ave
Under Priced, Needs Work

FEATURE PROPERTIES

PENDING
New Construction
WEBSTER, MA - \$288,900
90-A Sutton Rd.
3 Bedroom, Raised Ranch. Come

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WEBSTER, MA - \$1100/mo
56 Chase Ave, Apt #2
2-Family, Completely Renovated

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Prime Location

Alton Dr - \$75,000
Great location in an established area of homes close to schools, shopping and town beach

Szymczak Sells DUDLEY
SOLD
7 Daniels St - \$199,000

Szymczak Sells WEBSTER LAKE
SOLD
16 Pattison Rd - \$749,900

Diane Sells AUBURN
SOLD
67 Hampton St - \$229,500

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ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, FEBRUARY 1				
DUDLEY				
Alton Dr	P	10-Noon	\$75,000	ReMax Advantage 1 / Maria Reed 508-873-9254
WEBSTER				
56 Chase Ave. Apt. #2	A	Noon-2	\$1100/Mo	Re/Max Professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, FEBRUARY 2				
DUDLEY				
71 Mason Rd	S	Call	\$319,900	ReMax Advantage 1 / Joanne Szymczak 508-230-5044
SUNDAY, FEBRUARY 9				
WEBSTER				
35 Lakeside Ave	S	1:15-3	\$269,900	Centerwood Realty/ Judy Colecchi 508-943-8844

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Please contact Patricia Owens 508-909-4135

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2:00 PM-DUDLEY
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sgl fam, 1,793 sf liv area, 0.18 ac lot, 8 rm,
3 bdrm, 2 bth, Worcester(Worc): Bk 36890, Pg 344

TERMS: 5,000 cash or certified check at the time and place of the sale. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C.
900 Chelmsford Street, Suite 3102, Lowell, MA 01851, Attorney for the Mortgagee

Auctioneer makes no representation as to the accuracy of the information contained herein.

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Putnam \$200,000 NEW LISTING

Pristine 2004 Townhouse style Condo. Tall windows allow for natural light & a lg. private deck for enjoying the outdoors.
Mary Collins 860-336-6677

Thompson \$275,000 NEW LISTING

A well-maintained Cape w/3 BR & 2 full BA on a beautiful .96-acre level lot on Thompson Hill. Enjoy a barn & covered porch!
Mary Scalise 860-918-1539

Pomfret \$375,000 NEW LISTING

A beautiful Ranch style home w/4 spacious BR & 2 full BA on 2.5 acres. Property boasts a huge 2100 SF heated 6 car garage!
Kevin Houghton 774-280-2145

Woodstock \$348,500 NEW LISTING

3 BR Cape with large family room, finished lower level & large barn/garage on 5.5 acres!
Gelhaus Realty Group:
Brooke Gelhaus 860-336-9408

Putnam \$179,900

UNDER DEPOSIT IN 3 DAYS
Adorable 4 BR Cape w/1 BA & 1400 SF. Enjoy summers on your brick patio!
Rachel Sposato 860-234-1343

Woodstock \$775,000

Spectacular 70 acre estate. Elegant home, pond, rolling fenced pasture, 8 stall barn & 4 stall building. Extra 50 acre lot!
John Downs 860-377-0754

Woodstock \$175,000

Adorable 3 BR, 1 BA Ranch home on 1.1 acres. Hardwood floors, ceramic tile in kitchen and bath, fresh paint throughout.
Mary Collins 860-336-6677

Woodstock \$229,900

Great for entertaining, 3 BR / 2 full BA, 2 car garage. Private back yard, balcony deck! Must See!
Catherine Howard 860-234-2901

Pomfret \$440,000

Elegant and spacious home. 5 BR, 2 master bedrooms, 3,372 square feet of living space. Granite, hardwoods!
John Downs 860-377-0754

Putnam \$214,000

Beautiful Condo on Perry Street w/ 2 BR, 2 BA. Immaculate condition, large rooms. Call for private showing!
Rachel Sposato 860-234-1343

Putnam \$194,000

Pristine commercial, updated office space next to Hospital. Turn key, 4 examine rooms, kitchen, lg. office, waiting room, plenty of parking.
Mary Collins 860-336-6677

Woodstock \$212,400

2/3 BR Ranch- enjoy easy one floor living & a lg private deck. Kitchen updated w/Silestone counters & SS Appliances. Convenient to shopping & highways.
Corleen Law 401-263-8893

Brooklyn \$499,000

4 BR, 3.5 BA, 12+ acres. This Colonial has been restored & is move-in ready! Zoned for commercial & residential use! Open a bed & breakfast!
Gelhaus Realty Group: Kristen 860-377-0118

Pomfret \$729,900

This stunning 5 BR reproduction features authentic historic detailing and custom craftsmanship. Located on 5.52 private acres.
John Downs 860-377-0754

Thompson, \$675,000

76 acres ~ 3 story barn ~ Stunning dream home! 1997 Colonial with almost 4,000 SF of living space!
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3 units on Kennedy Dr! 2000 SF/ea. Rent 1, 2 or all 3! Each leased at \$2200 5 yr w/ options triple net. EZ access to I-395 & downtown.
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Land for Sale

Canterbury \$59,900
Beautiful 2 acres to build your dream home! Level lot in a super location. Make an offer!
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Putnam \$125,000
Commercial lot for sale! .27 acres. Level lot close to medical offices and I-395 & downtown Putnam
Rachel Sposato 860-234-1343

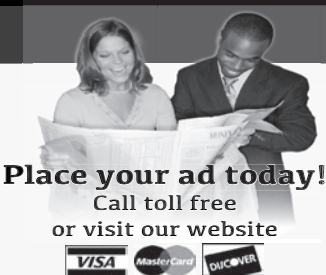
Woodstock \$90,000
Brickyard Road - 11 acres. Approved house plan. Plus includes new well! Beautiful. Your builder or ours.
Catherine Howard 860-234-2901

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EDUCATION

The benefits of music instruction for young learners



Many children are introduced to music instruction at school. After being introduced to band, chorus and various instruments, students may be eager to explore music.

Young students are often introduced to the recorder or ukulele in the early grades and then given the opportunity to join primary bands as

they move through elementary school and into middle school. Some children also may want to supplement school music lessons with private music tutors, who can provide more in-depth instruction.

Parents considering making a commitment to music instruction may find that kids benefit from being involved with

music in many ways, some of which may be surprising.

- The New England Board of Higher Education says several studies show that consistent music education improves vocabulary and reading comprehension skills. Emerging evidence points to an area of the brain that controls both musical ability and

language comprehension as being more closely related than previously thought.

- Music education may help young children learn words and how to pronounce them, as learning to play music enables them to process the many new sounds they hear from others.
- Researchers have discovered a strong rela-

tionship between participating in school arts and academic success as demonstrated by students' grade point averages, according to the National Association for Music Education.

- The relationship between music and academic performance has been studied for decades. As far back as 1988, studies have been conduct-

ed about the benefits of music education. An analysis of data from the National Educational Longitudinal Study of 1988 demonstrated a significant correlation between participation in school music groups and achievement in math and English. And a 1996 study published in *Nature* found first graders who participated in special music classes as part of an arts study program saw their reading skills and math proficiency increase dramatically.

- Introducing music lessons to young children can have profound effects on their social development. Music fosters greater trust and cooperation, as well as a sense of community and belonging.
- Another benefit of music education is it allows children to harness their creativity and express it in a healthy way.
- The music instruction company Music U says children with developmental disorders and mental health issues might be able to unlock their potential with music. Music therapy has been shown to affect significant change in children with autism-spectrum disorders, learning disabilities, attachment disorders, cerebral palsy, and more.

Music instruction both in and out of the classroom can be a benefit to young learners.

The role of free play in early education

Glance at a typical family schedule and you would no doubt see that afternoons are jam-packed and many children — even the youngest among them — have full itineraries of structured after-school activities.

In an effort to raise well-rounded and intelligent children, many parents enroll their youngsters in all sorts of extra-curricular activities, including sports leagues, travel teams, enrichment clubs, and musical instruction. While these activities benefit kids in myriad ways, it's also beneficial to let kids be kids and to provide ample time for them to engage in free play.

According to the popular toy and learning company Alex Brands, structured activities can teach children how to follow rules and routines and help them build developmental skills. But free play can improve critical skills as well. One of the biggest benefits to free play is it can foster kids' creativity and help kids discover their interests on their own. Free play also helps children learn independence and how to keep themselves occupied.

The United Nations recognizes free play as a basic right of every child and underscores its importance. Despite this, unstructured play seems to be on the decline, with more structured activities taking over young children's days.

Even in school settings free play has given way to more time spent at desks and devices in preparation for standardized testing. Recess, which has been cut or reduced in many school districts, has become a hot-button



issue for many free play advocates. The development of Recess for All Florida Students, as well as proposed legislation in other states, has redirected attention to free play and the importance of it. Recess is a form of free play and provides students with a break from the rigors of learning.

In a 2011 article in the *American Journal of Play*, Peter Gray, Ph.D., a researcher at Boston College, indicated that "lack of play affects emotional development, leading to the rise of anxiety, depression, and problems of attention and self-control." Gray also indicated that without play, "young people fail to acquire the social and emotional skills necessary for healthy psychological development."

Free play also can ben-

efit youngsters in the following ways:

- Enables kids to learn dexterity and improve on other strengths;
- fulfills exercise requirements for growing kids;
- helps kids conquer fears and develop confidence;
- establishes natural leadership roles and hierarchy in social groups;
- contributes to emotional well-being by giving children a respite from schedules; and
- helps teach self-responsibility, which may translate to better behavior at home and in school.

Free play is an important component of learning and exploration for children. A mix of structured and unstructured activities is key to raising well-rounded individuals.

Successful tips for finding a tutor

Many children are natural-born students who take to their academics like ducks to water. Others may not catch on as quickly as their parents desire. Every student has unique learning requirements, and sometimes all it takes is some one-on-one intervention with an experienced tutor to turn the academic tide.

The National Tutoring Association reports that the number of individuals offering private tutoring has increased dramatically in recent years, which can make finding a tutor challenging. It also means parents may face stiff competition in regard to procuring the services of qualified tutors. But parents can employ various strategies to improve their chances of finding skilled tutors to work with their children.

- Specify what you need done. The more clearly you define what you and your child hope to gain from individualized instruction, the more capably you can zero in on a tutor who will meet those needs effectively. Some students need reinforcement for testing, while others may struggle with a particular skill set. The more specific you are when illustrating your needs, the more likely you are to find someone who can help address those areas that need improving.
- Seek recommendations. Ask around for recommendations from other parents or educators. Speak with school personnel to find out if someone on staff may tutor in his or her off



hours.

- Try a favorite teacher. Many students may have a favorite teacher, past or present, with whom they developed a rapport. If your child fits that mold, contact this teacher to see if he or she tutors students on the side.
- Call the library. Many times high school or college students offer free or reduced-rate tutoring at local libraries. These sessions can be just as beneficial to young students as sessions with professional tutors.
- Consider a tutoring center. Nationally recognized tutoring orga-

nizations can be invaluable to students struggling with their studies. Explore the cost options of one-on-one sessions versus small group instruction.

- Look for specialized tutors. Certain tutors specialize in certain subjects or skills. Lean toward those tutors for advanced lessons in tricky subjects like maths and sciences.

Upon hiring a tutor, give it a few lessons to see if the tutor clicks with your child. Set benchmarks for success that the tutor can work toward. If the relationship is not working, start the process over.

EDUCATION

How being bilingual benefits kids

Being bilingual is a necessity for millions of people across the globe. While many United States citizens may never need to speak any language other than English, that's not the case for people who reside in other parts of the world. Even some citizens of America's neighbor to the north, Canada, may need to learn both French and English depending on where they live.

Fluency in more than one language can produce some surprising benefits. For example, a 2017 study published in the journal *Proceedings of the National Academy of Sciences* of the United States of America found that lifelong bilingualism may help to delay the onset of dementia by as much as five years. In addition, numerous studies, including one conducted by an economist at MIT, found that people fluent in more than one language can earn tens of thousands of dollars more than their monolingual peers over the course of their careers.

Perhaps in recognition of the benefits of bilingualism in an increasingly global world, foreign language programs are now part of the curriculum at many daycare facilities and preschools. That might come as a surprise to parents who did not begin studying foreign languages until junior high or even high school. But the U.S. Department of Health & Human Services notes that the following are some of the ways that being bilingual can benefit kids.



COGNITIVE DEVELOPMENT

The DHHS notes that a nearly 20-year-old study from the National Clearinghouse for Bilingual Education found that bilingual students had an easier time understanding math concepts and solving word problems than their peers who were not bilingual. The

DHHS also notes that researchers have uncovered numerous additional cognitive benefits to being bilingual as opposed to monolingual. These benefits include a greater ability to use logic, focus, remember, and make decisions.

SOCIAL-EMOTIONAL DEVELOPMENT

Researchers with the National Academy of Science found that children who grow up in bilingual households exhibit better self-control than those who grow up in monolingual households. That's an important benefit, as the DHHS notes that self-control is a key indicator of academic success. The DHHS adds that bilingual children benefit socially from

being bilingual because they are capable of making new friends and building strong relationships using their second language as well as their first.

The ability to speak more than one language fluently can produce some surprising benefits that children can use to their advantage in school and throughout adulthood.

Reading can help get kids ready to go back to school



It is common for children to backslide during summer vacations as they get further away from their daily school year routines. The rigors of schoolwork may come as a shock as children return to school and must reacquaint themselves with studying and doing their homework. But there are some steps students can take to keep their minds sharp as they ease back into school.

One of the most effective ways for students

to stay sharp over summer is to continue reading. Pearson Education says evidence suggests that children who read for enjoyment every day not only perform better on reading tests than those who don't, but also develop a broader vocabulary, increased general knowledge and a better understanding of other cultures. Reading for pleasure also bears more influence on a child's academic performance than his or her social or eco-

nomic background.

Summer reading assignments may not be mandated, but children can take it upon themselves to continually push themselves through recreational reading and language arts pursuits. Here are ways that parents can facilitate that process.

- Set up a reading time. Children should have a set time each day that they devote to reading. Many find a regular reading time later in the

evening before bed or as a precursor to other activities, such as watching television or playing video games, can help make reading a priority.

- Keep fresh reading materials. Stock the house with new books, magazines, newspapers, and even graphic novels. The more reading materials children have access to, the more likely they are to become habitual readers.

- Parents can lead by example. Parents should

read as well. Choose books and periodicals over time spent on digital devices.

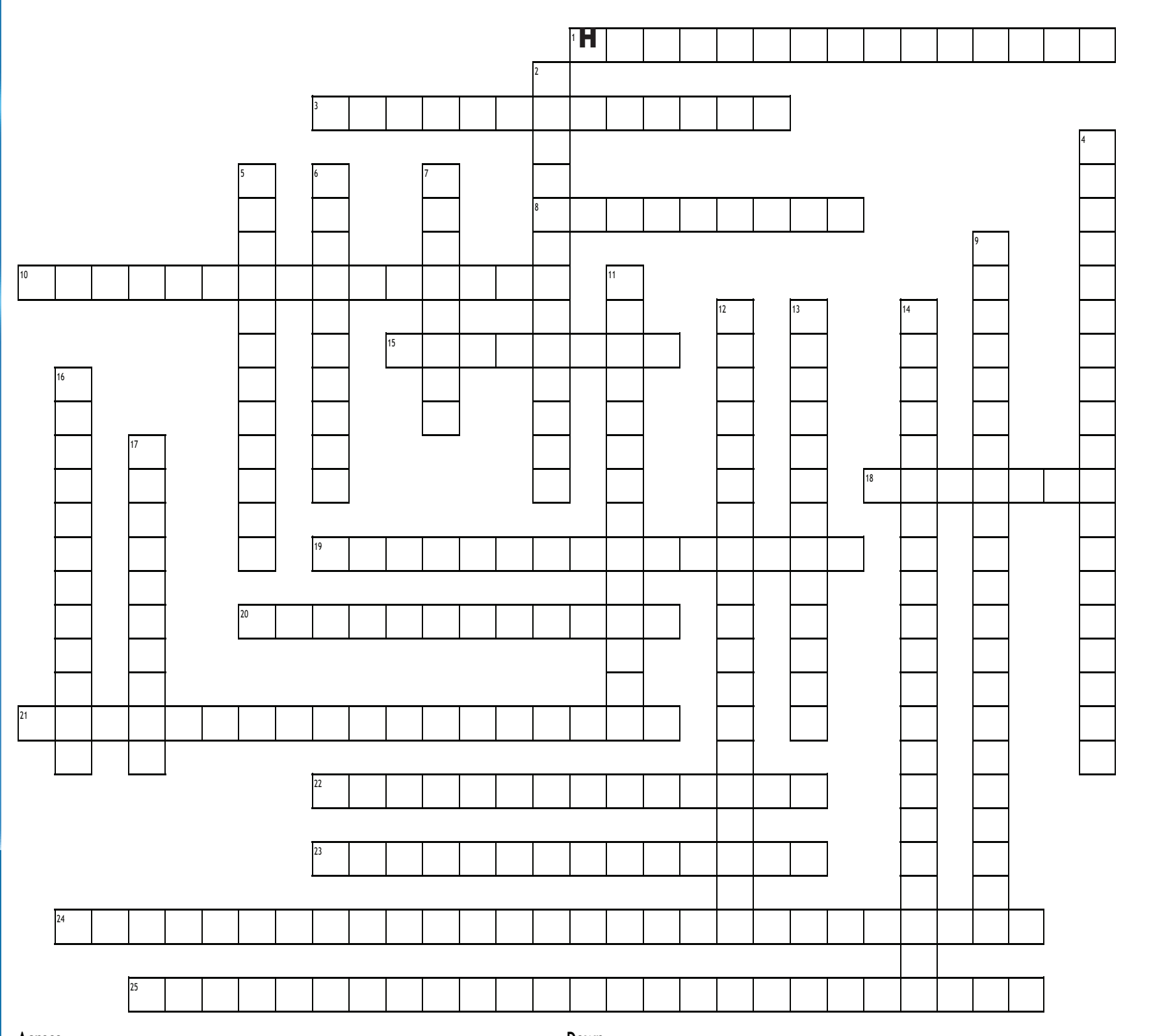
- Read in the world around you. Stop and read signs, menus, cereal boxes, billboards, and anything with the written word. Jot down difficult words and look them up together and discuss the definitions.

- Consult with the teacher. Educators have tools they use to assess reading levels and abilities. Knowing a child's

reading level and choosing the appropriate reading materials for that level can set kids up for success.

Reading is an important part of getting into the back-to-school groove. Make sure students set aside ample time for reading throughout the day, even during extended breaks from school.

2nd Annual ABC's of the Seasons WINTER EDITION



Across

- 1. Winter clothing to cover you from head to foot
- 3. Best vehicle lineup!
- 8. Buyer and seller representation
- 10. 2nd item 50% off of equal or lower price with this ad
- 15. Book your ski clubs & proms now!
- 18. Winter service
- 19. Large selection of wall coverings and window treatments
- 20. I'll beat any of my competitor's prices
- 21. Home is not a place, it's a feeling.
- 22. Complete line of new appliances
- 23. Expert collision repair
- 24. Homecare at its best!
- 25. 508-892-8150

Down

- 2. 13 Central St., Southbridge
- 2. 25% off your entire purchase
- 4. One time treatments starting at \$125
- 5. Discover natural relief
- 6. 4 Course Dinner \$55
- 7. Wishing you a great morning
- 9. Experience, education, enthusiasm
- 11. Brand new facility in Brookfield
- 12. 20 cents off per gallon
- 13. Never be cold again
- 14. Warm up to a new career
- 16. Hair, nails, lashes, waxing, skincare, facials, massage
- 17. Call us today 508-868-4291

ABC'S OF THE SEASONS, WINTER EDITION

Hint... answers don't always include entire business name.

Name: _____

Address: _____

Circle which paper you found this in:

Spencer New Leader, Webster Times, Charlton Villager, Sturbridge Villager, Auburn News, Blackstone Valley Tribune, Southbridge News

Daytime Phone: _____

Email address (optional) _____

Comments: _____

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Random-drawing for winner of all correct entries to be announced in the February 28th issue of the Express. One entry per person.
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