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Vol. X, No. 1

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COMPLIMENTARY HOME DELIVERY

Friday, January 5, 2018

Smola announces streamlined driver's license renewal process

BOSTON – Representative Todd M. Smola (R-Warren, Ranking Member, Committee on Ways & Means), is pleased to announce the Massachusetts Registry of Motor Vehicles is taking steps to allow more customers the opportunity to renew a driver's license or ID card online. The RMV has extended the length of time a customer can use a license photo from nine years to 14 years which means more customers than ever are eligible for online renewals.

In addition, customers will be eligible to renew their licenses or ID cards online for two consecutive renewal periods. This will result in approximately 30,000 additional renewal transactions eligible to be processed online each month. With thousands of additional customers now eligible to conduct renewals online, the number of customers who must visit a service center will decrease, which will make in-person transactions more efficient for customers who do need to visit RMV service locations.

"I'm very pleased that the RMV is making these upgrades," said Representative Smola. "Expanding online renewal for driver's licenses is a great example of using technology to improve efficiency."

Licenses and ID cards will need to be renewed in person at RMV service centers or AAA locations (for AAA members) every third renewal period (once every 15 years). Customers should also know they don't need to wait for the RMV's birthday card reminder to renew. They can go online and renew up to 12 months in advance. To be eligible for online renewal, a customer's

Turn To SMOLA page A5



Tara Vocino photos

Quit tobacco in the New Year!

With the new year here, make a resolution for a healthier life for you and your family. If you use tobacco, quitting is the most important step you can take to protect your health and decrease the risk of lung disease, cancer, and even early death.

If you want to quit and tried in the past, don't give up. Many smokers say quitting is the hardest thing they've ever done. It often takes several tries before you can quit for good. However, with planning and support, you can become tobacco free.

Fortunately, most health insurance plans cover nicotine replacement and other quit-smoking medicines. Thanksgiving and Christmas) to support you through quitting tobacco. In addition, now you can enroll online through KeepTryingMA.org. Online supports include quit planning tools, peer support and motivational text messages.

You can get four weeks of FREE nicotine replacement help from patches, gum or lozenges at the Helpline (with medical eligibility). The combination of free coaching and cessation medication can make you three times as likely to quit for good as those who try to quit on their own!

Quitting can be hard—here

Eleven agencies responded to a house fire on Brookfield Road late Wednesday night.

Community rallies to support fire victims

BY TARA VOCINO VILLAGER CORRESPONDENT

STURBRIDGE — More than \$8,000 has been raised after a late night five-alarm house fire around 9:15 p.m. Dec. 20 that left several people homeless shortly before Christmas.

Spokesperson Dena Caron, who is helping with tenant relief efforts and whose family has owned the building at 23 Brookfield Road since the '80s, said the support for her family's 3-floor house — that is a total loss — has been incredible.

"We live in a community where helping comes as naturally as breathing; where people not only how ask how they can help, but spring into action immediately, without pause; where even long-standing neighborly feuds don't stand in the way of doing the right things in times of need; and where, tragedy squeezes us closer together rather than ripping us apart," Caron said.

Excluding GoFundMe pages, Old Village Grille; Brian Treitman & BT's Smokehouse; Southbridge Credit Union; Sturbridge Coffee House; Micknuck's; The American Red Cross; Rovezzi's; Mobile Audio (Southbridge); Brush it Off; Turn To **HOUSE FIRE** page **A7** The Massachusetts Smokers' Helpline at 1-800-QUIT NOW (1-800-784-8669) is also available for free coaching 24 hours each day, seven days a week (except are five ways to make it easier:

1. Set a quit date. Choose a quit day in the new year, give yourself about two weeks to prepare.

2. Tell your family and friends you plan to quit. Share your quit date with important *Turn To* **SMOKING** page **A5**



Courtesy photo, Sturbridge Fire Department

A male driver from Surgoinsville, TN was summoned to Dudley District Court on several charges after a utility truck rollover along I-84 Dec. 16.

Safety first when it comes to the ice

The ice on the lakes has formed, and Sturbridge Lakes Advisory Committee thought the following information is important to share.

Winter provides an excellent opportunity to participate on many of Massachusetts more than 3,000 lakes and ponds including fishing, skating, snowshoeing, cross country skiing, snowmobiling and more. Unfortunately, every year people are injured or killed as a direct result of falling through thin or weak ice. The Sturbridge Lakes Advisory Committee is providing this article on ice safety to help ensure all Sturbridge res-

Permissible Load (clear, blue, lake ice)					
STAY OFF!					
Ice fishing or other activities on foot					
Snowmobile or ATV					
Car or small pickup truck					
Medium truck					

Ice Thickness and Strength

Alleged OUI leads to box truck rollover

BY TARA VOCINO VILLAGER CORRESPONDENT

STURBRIDGE — A 38-yearold male Tennessee driver was summoned to Dudley District Court for driving under the influence of liquor second offense, along I-84 on Saturday night when his utility truck rolled over.

"There is the possibility that the driver may be cited but due to the crash still under investigation we cannot say that conclusively," State Police media relations said.

He was also summoned to negligent operation of a motor vehicle and a marked lanes violation at 6:40 p.m. Saturday, Dec. 23, Sturbridge State Police said inside the barracks Wednesday night.

A State Police media spokesperson said the driver was transported to Harrington Hospital for minor injuries.

Fire Lt. John Marinelli said EJ Electric was the owner of the vehicle. Marinelli said the driver was out of the truck when they arrived.

"The rescue company stayed on scene until Sturbridge Service had the vehicle turned over," Marinelli said.

Crews were on scene until 8:30 p.m.

Tara Vocino may be reached at printjournalist1@gmail.com.

Turn To ICE page A7

STRUBRIDGE SNIPPETS

TOURNAMENT OF ROSES

Local students performed in the 2018 Tournament of Roses Parade with the UMass Minuteman Marching Band. The Parade took place on January 1st. These students marched alongside 400 of their classmates in this prestigious



parade.

Charlton: Wyatt Caswell, Michelle Courtney, Gabriella Grondalski, Andrew Haggerty, and Alan-Michael Turner.

North Brookfield: Fitzgerald Pucci and Jarod Sagendorph

West Brookfield: Elizabeth Fedirko. Brimfield: Caroline Blanchard, Kathrvn Dovle, Maura Riel.

Sturbridge: Taylor Hancock Thompson, CT: Carissa Lueth

STUDENT ACHIEVEMENT

POMFRET, CT — Emma Aldenberg of Sturbridge from the Class of 2020 was named to the Fall 2017 High Honors list at Pomfret School. To achieve this level of distinction, Emma earned a grade point average of at least 3.670 and received no grade lower than a B.

SEEKING INFO FOR WEBSITE The local "Get Involved" community group Show Up Brimfield/Holland/

www.StonebridgePress.com



Car Buying Tips

Customers ask place: When is the best time to buy a Car or Truck?

The *RIGHT* answer: (Part 2) There are some times of the year that seem better than others. I already spoke about the end of the year. Another good time is toward the end of winter going into spring. We all know about the Presidents Day sales in February. Customers, dealers and manufacturers all are beginning to feel a little stir crazy from the long cold days of January and early February. As this holiday comes along there is a bit more excitement and a strong desire on the dealer and manufacturer to get selling for the spring and summer markets. Usually this is also a time in which the manufacturers step up their advertising and incentives to support this goal. The model year changeover is a good time to buy. This is normally the September, October time frame. Incentives on the current model year are usually strong and inventories are still pretty good as the new model year is beginning to show up. Dealers will be making room for the next years vehicles and starting to trim inventories approaching the year end and holiday seasons. At Place Motor we will always do our best to save our customers as much as possible whenever you decide to buy. We will lay out all your options for you to see and make your best decision. We want the time you choose to be the right time to buy your new car or truck.

Send your questions to BillLeavitt@FordPlace.com



Wales is once again seeking to highlight local volunteer opportunities in the Tri-Town area by developing a new community web site. We would like the site to work as a central access point for information about our volunteer groups, as well as promoting events and linking to organizations' existing web sites and calendars. If your group does not have a web site already, we can help you advertise by hosting your information on ours. We also plan to create a public calendar to which each participating group can add its own event information, and will help promote your upcoming activities by featuring them each month on the home page of the site. We would welcome the help of "reporters" who would contribute community volunteering news as it arises. This site will be developed and maintained by volunteers, and its first year has been funded by donations. We

hope for an initial rollout by Feb. 1.

If you would like to have your group's information added to our developing site, or if you have any questions or wish to assist, please contact us via email at showupbrimfield@charter.net or via postal mail at Show Up Brimfield, PO Box 14, Brimfield, MA 01010.

PRESCHOOL SCREENING

For 3 & 4 year olds, residents of Sturbridge, by appointment only. If you have concerns about your child's development and would like your child screened, call (508) 347-7041 for an appointment on Jan. 10 and March 10. Early intervention will do developmental screenings for children birth to 3 years old. Call (508) 765-0292 for an appointment.

AIRMAN MEGHAN SIMONEAU



Graduates from Basic

US Air Force Airman Meghan Elaina Simoneau, age 19, graduated from basic military training at joint Base Antonio Lackland, San Antonio TX on Nov. 3.

The airman completed an intensive eight week program that included training in military discipline and studies, Air Force core values, physical fitness and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Simoneau is the daughter of Kathryn and Rick Simoneau, sister of Cameron Simoneau of Wales and a 2017 graduate of Tantasqua Regional High School, Fiskdale.



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TO FAX THE STURBRIDGE VILLAGER: (508) 764-8015

TO PRINT AN OBITUARY: E-MAIL: jean@stonebridgepress.news SUBSCRIPTION SERVICES: KERRI PETERSON (508) 909-4103 kerri@stonebridgepress.news

TO SUBMIT CALENDAR OR AROUND OUR TOWNS ITEMS: E-MAIL: ruth@stonebridgepress.news

TO SUBMIT A LETTER TO THE EDITOR OR SOUND-OFF: E-MAIL: ruth@stonebridgepress.news

TO PLACE A CLASSIFIED AD: (800) 536-5836 Classifieds@stonebridgepress.news

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Farm Service Agency: a vital source of assistance to America's farmers

WASHINGTON DC —Through the work of dedicated staff in over 2,100 county and state offices, the U.S. Department of Agriculture Farm Service Agency provides vital farm safety-net assistance to agricultural producers across America.

"We've seen recent challenges in farm income and commodity prices," said Dr. Robert Johansson, acting Deputy Under Secretary for the Farm Production and Conservation mission area. "The 'safety net' provided in the 2014 Farm Bill has helped producers withstand economic losses as well as losses resulting from natural disasters. Loans for operating expenses, farm purchases and other purposes help current producers stay in business and allow a new generation of farmers and ranchers get their start."

Agriculture demands working capital. According to Johansson, FSA provided credit, either directly or guaranteed through commercial lenders, to 120,000 family farmers across the country.

In fiscal year 2017, USDA Farm Loan programs pumped \$6 billion in support to a diverse group of producers across America. That was the second highest total in FSA history. Over \$2.5 billion of that total was direct and guaranteed operating loans, and another \$3.5 billion was allocated for direct and guaranteed farm ownership loans. This additional financing enabled farmers and ranchers across the country to access capital to start their operations, or to expand their existing operations. The new lending continued the recent growth in FSA's farm loan portfolio.

FSA highlights from the year include: Agriculture Risk Coverage and Price Loss Coverage and Conservation Reserve Program

USDA is issuing approximately \$8 billion in payments under the ARC and PLC programs to agricultural producers who suffered market downturns in 2016.

In 2017, FSA distributed \$1.6 billion in CRP payments to over 375,000 Americans for doing their part in improving water quality, reducing soil erosion and increasing wildlife habitat. Disaster Assistance

In response to Hurricanes Harvey, Irma and Maria, USDA announced special procedures to assist producers in states and territories who lost crops or livestock or had other damage to their farms or ranches. Also, because of the severe and widespread damage caused by the hurricanes, USDA provided flexibility to assist farm loan borrowers. FSA dispatched additional staff to the affected areas and, in response to a request for assistance, rolled out a special program providing vouchers to dairy herd owners in Puerto Rico who used the assistance to purchase feed.

USDA also provided extensive assis-

tance for a variety of other disasters throughout the country, including drought in the northern high plains, wildfires in the west and central plains, floods, tornados, freezes and other storms. For example, in July, USDA authorized the use of additional CRP lands for emergency grazing and haying in and around portions of Montana, North Dakota and South Dakota affected by severe drought. USDA also added the ability for farmers and ranchers in those areas to hay and graze CRP wetland and buffer practices. This followed a previous action in April and June to assist the area and provided livestock producers with an additional feed source. In October, FSA teamed with other USDA agencies to provide assistance to wildfire-damaged areas of northern California, including loans and other disaster assistance programs. New Farmers

In August, Agriculture Secretary Sonny Perdue signed a Memorandum of Understanding with officials from SCORE, the nation's largest volunteer network of expert business mentors, to support new and beginning farmers. The agreement provides new help and resources for beginning ranchers, veterans, women, socially disadvantaged Americans and others, providing new tools to help them both grow and thrive in agri-business.

Johansson said these accomplish-



ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4140 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

ments are in line with Secretary Perdue's goals of maximizing the ability of the men and women of America's agriculture and agribusiness sector to create jobs, prioritizing customer service every day for American taxpayers and consumers and ensuring the food we produce meets the strict safety standards we've established while always remembering that America's agricultural bounty comes directly from the land.

To access programs, contact Dawn S. Pindell, Outreach Specialist for Connecticut, Massachusetts, and Rhode Island USDA Farm Service Agency at the Connecticut State Office,

344 Merrow Road, Suite B, Tolland, CT 06084; (860) 871-4097 or Dawn.Pindell@ ct.usda.gov.



Hitchcock Academy Free Academy 2 Brookfield Road Brimfield (413) 245-9977 www.hitchcockacademy.org

Linda Day teaches Violin and Viola lessons at Hitchcock Academy on Mondays and Thursdays!

Friday, January 5

A L C O H O L I C S ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Time: 7:30 p.m. We will be meeting.

UPCOMING EVENT

to share with some friends or learn a new game! Some games available will include: Giant Yahtzee, Twister, Battleship, Quelf, Bananagrams, Checkers, Cards, King's Cribbage, Upwords, Betrayal at the House on the Hill, Tsuro, Bottom of the 9th, Gloom, Forbidden Island and many more! Participants receive a free raffle chance to win a \$25 gift card for a class of your choice at Hitchcock. Date: Sunday January 7, 4:00- 8:00. Pizza available for \$1 per slice. FREE! Contact Hitchcock at 413 245 9977 or www.hitchcockacademy.org for more information.

YOGA NIDRA: Coming Thursday, Jan. 18 7:15-8:45 p.m.: Do you want to reduce Sleep Yoga Nidra®.

Yoga Nidra, also known as yogic or psychic sleep is a state of consciousness between wakefulness and sleep. The body is completely relaxed and all senses, except hearing, are turned inwards to focus on healing, restoration, and inner connection with yourself. No prior yoga experience is needed, just bring a blanket, pillow or whatever else you need to be comfortable. After each yoga session, you may lay down and listen to guided meditations.

ONGOING

FAMILY FOUNDATIONS 5:

This playgroup is free for preschool aged children. Mondays: Parent/Child Playgroup 9-11 a.m. Wednesdays: Music and Movement 9-10 a.m. Thursdays: STEM Experiments 9-10:30 a.m. Pre-register by contacting Karen DiStefano at (508) 867-2232 or email union61cfce@tantasqua.org. Contact Hitchcock for more information.

GRANDPARENTS RAISING

dren and speakers as well as support. The group meets on the first Tuesday of the month from 9-10:30 a.m. (no childcare available) and on the second Thursday of the month 5:30-7:30 p.m. For more information, please contact Margo Chevers PO Box 281 Wales, MA 01081, (413) 245-1219 or by email margo@margochevers.com Contact Hitchcock for more information.

TRI-TOWN DOMESTIC VIOLENCE TASK FORCE:

This group's mission is to serve the citizens of Brimfield, Holland and Wales with education and provide services for anyone who is affected by abuse. DVTF meets the first Friday of every month at 9 a.m. at Hitchcock Academy. Contact Hitchcock for more information.

ART GROUP:

This group meets on Tuesdays from 9-11:30 a.m.. Participants enjoy time to socialize, draw and paint together informally without instruction. No pre-registration required. Bring your own supplies and enjoy! Free,

but donations are accepted. Contact Hitchcock for more information.

WATERCOLORS WITH BETH:

Ongoing watercolor classes with a new painting every 3 weeks. This group meets on Wednesdays 9:30-Noon. \$17/ week plus supplies. Must register in advance to participate. Contact Beth Parys for information and to register at (413) 245-3295. Contact Hitchcock for more information.

WEIGHT WATCHERS:

Traditional Weight Watchers meetings at 6 p.m. on Mondays. New members come at 5:30 p.m. to register. Leader: Angela Kramer Contact Hitchcock for more information.

SEN-I-JUDO CLUB:

The Judo Club meets all year long on Mondays from 4:30-6:30 p.m. and Thursdays from 5-7 p.m. For more information and to sign up, call Sensei Israel Lopez at (413) 279-4330 visit their facebook page. Contact Hitchcock for more information.

GAME DAY: Get together with your friends and family and enjoy some tabletop fun! Bring a favorite game tension and anxiety in your life? Explore your deepest state of relaxation by joining Sharon Palmer to experience Divine GRANDCHILDREN:

This support group provides social activities for grandchil-

HOLLAND COMMUNITY CENTER

Holland Community Center 40 Brimfield Road (413) 245-3163 Open Monday-Friday 10-3 & 6-9 Outreach Office at town hall open Tuesday, Wednesday, Thursday 10 -12,

1.4 by appointment only. Call 413-245-7108 x 115

Community Center Interim Director – Brenda Palmer Interim Kitchen Manager: Fran Gallo

Deborah Tierney Outreach Worker

The COA meets monthly 2nd Tuesday at 10:15 a.m.

Holland Community Blood Drive

Saturday, December 30

9 a.m.-2 p.m. at the Community Center Function Hall, 40 Brimfield Road. Call (800) 733-2767 or visit redcrossblood. org and enter HOLLCC to schedule an appointment. Free long sleeve Red Cross t-shirt when you donate between Dec. 21-Jan. 7 while supplies last.

WEEKLY EVENTS

MONDAYS: 10 am Stay Fit, Mah Jongg; noon Lunch; 6 pm Texas Hold'em, Dance Yourself Fit

TUESDAYS: 10:30 am Open Crafts, Quilting; 1 pm Open Painting; 4:30-5:30 Senior Dance Fit; 5:45-6:45 Spicy Dance Fit (a more energetic class, perfect for people with high energy, teens and young adults always welcome); 6 pm Yoga; 6:30 pm Open Crafts

WEDNESDAYS: 10 am Zumba; noon Lunch; 1 pm Mah Jongg; 5 pm Yoga; 6 pm Stained Glass

THURSDAYS: 10 am Stained Glass, Tai Chi; 12:15 pm Cribbage; 6 pm Pitch





Are you over 65?

• Do you receive Medicaid, Fuel Assistance, Veteran's Aid or SNAP?

· Are you a resident of Southbridge or Sturbridge?

NOW LOCATED at our Parish Ministry Center 279 Hamilton St., Southbridge (Next to Trinity Catholic Academy)

All participants are eligible to come once a month.

JANUARY DATES January 10 January 17

January 24



By appointment only Please call **508-765-3701** the *day before* for a time

Supplement includes: food staples, some dairy items, frozen meats, canned goods, toiletries, paper products, \$10 gift card of your choice at local grocery store or pharmacy

Questions to ask when interviewing **Real Estate Agents**

Most people are not selling homes on a regular basis. It is scary to think of how important it is to make the right decision when hiring a Real Estate Agent. Think of what is important to you and make sure to ask questions around that to each person you interview. I would first suggest asking friends and family who they have used and had a good experience. Also, if you see the agents sign all around your town then I would interview them as well. I would suggest you interview 3 agents to ensure you are making the right decision. This is probably the largest financial transaction you will ever be involved in. The most important thing is trust, so you want to hire someone you can trust to truly put your needs in front of their own. You also want to make sure they have a track record of selling home that is better than the average agent. For the past the year, the average sales price in Worcester County for single family homes was \$308,196 which means you will be spending around \$15,000-\$20,000 on the services of a Real Estate Agent. Below are some questions to ask the agent to help you discover if you are hiring the right person for the job.

How many homes have you sold this year? This will let you know if they have recently been selling homes and have experience in the current Real Estate Market, since it is ever-changing.

How many homes have you sold in the last 5 years? This will show you that they have consistently been helping people in this area sell homes over a period of time and their marketing plan must be working.

Do you have a written marketing plan to get homes sold? It is important that the agent have a plan in place to sell your home rather than just "winging it". Some agents may have a plan they use for every home or customize the plan for each home they sell, but make sure they do have a plan.

Do you have a full-time staff working together to get my home under agreement and sold? This is important to know if when your agent is meeting with another seller that they are not missing valuable phone calls from buyers interested in your home. In addition, what if your agent goes on vacation? Is your home sale going on vacation too or is there a plan in place for coverage while they are gone.

On average how many days does it take you to get an offer on your listings? This is especially important if you



need to move by a specific timeframe and need to know you are selecting an agent that will get vou moved in the timeframe that you need. I would also ask them to show the date for what the average

agents takes to see how it compares.

What is your list price to sales price ratio on homes you have sold? This will give you a good idea on how well the agents negotiate to get you the best price for the home they sell and will get you the best price for yours. I would ask here for them to show you date on the average agent in you area to ensure their ratios are above average.

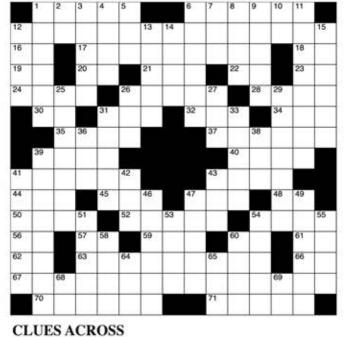
How quickly will you respond to buyers that call or email you about my home? This is important, knowing that it is crucial for an internet lead to be contacted within 5 minutes of the inquiry and hopefully while they are still searching the agents website. After 5 minutes the odds of them responding back diminishes greatly. People who are calling it is not as urgent but still best if they can have a live conversation with them or at least call back within an

hour of them leaving a message.

How quickly will you respond to other agents who have interested buyers in my home? It is important to respond quickly to questions as that will keep the buyers interest in the home. If they ask questions and it takes a few days to get a response, most likely the buyer will have moved on to another home.

What type of regular training do you attend to keep you at the top of your game? The Real Estate Market is constantly changing and in order to help someone to sell their home quickly and for the most money then agents need to constantly be learning new techniques for marketing and skills for negotiating. There have been studies done that the most successful agents on average spends 40% of their days in some sort of training to increase their skills.

What percentage of your listings sell vs. expiring? When you decide to sell your home, you want to actually have it sell. This will help you see if the agents marketing strategy is effective to get homes sold. Just because an agent has lots of signs in yards in your area does not mean the homes are actually selling.



- 1. Put within
- 6. Learned person
- 12. Resistance 16. Female title
- 17. Logical basis for a belief
- 18. Of I
- 19. Indicates position
- 20. Article
- 21. Insignificant organizational
- member
- 22. ____ route 23. Expression of disapproval
- 24. Microelectromechanical

40. Benefits 41. Hellenistic governors

- 43. Brownish-green fruit
- 44. Needed to see

39. Jazz singer Irene

- 45. Political action committee
- 47. Fast plane
- 48. Bahrain dinar
- 50. Urgent request
- 54. Millisecond

61. Free agent

63. Reduces

67. Quit

62. For instance

70. Midsections

66. Lincoln's state

- 56. Atlanta rapper
- 59. Intrauterine dev 60. The Wolverine State
- 57. Rural delivery

71. Bullfighting maneuvers

- 52. Raccoon genus

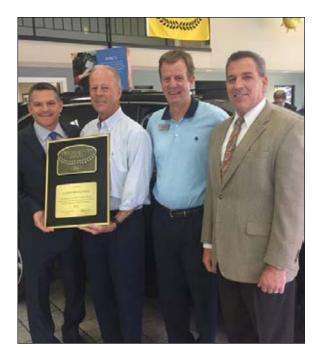
Superior service and customer satisfaction earn Lamoureux Ford of East Brookfield Ford's highest award: The President's Award

EAST BROOKFIELD — Lamoureux Ford was among a select group of Ford Dealerships, less than 10% of all dealers nationwide, to be recognized with the 2016 President's Award by Ford Motor Company. The prestigious award honors dealerships that have excelled in automotive retailing in 2016 by providing exceptional customer sales and service satisfaction.

"Earning this award is a reflection of our entire staff's commitment to delivering the best custom-er experience possible," say Lamoureux Ford's owners Marc and Lionel Lamoureux. "We couldn't be more proud to receive this recognition, especially since it comes from the people we value most - our customers. They're the reason we were able to achieve this award.'

The President's Award was established in 1998. Dealers become eligible through survey responses from the customers related to their sales and service satisfaction.

Lamoureux Ford has won the President's Award for the 20th year in a row and 23 times overall.



Courtesy photo

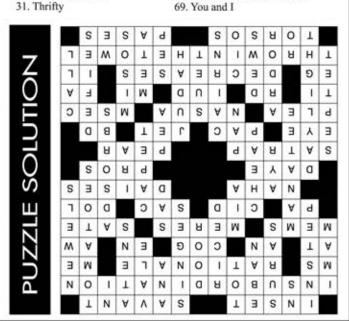


26. Ponds 28. Satisfy 30. Dad 31. Spanish soldier "El 32. Pouch-like structure 34. Obscure unit of measurement 35. Okinawa prefecture capital 37. Platforms

CLUES DOWN

29. Holds molecules

- 1. The arch of the foot 33. French dynasty 2. Canadian peninsula 36. Scottish port 3. Koran chapters 38. Irish militant organization 4. Abba __, Israeli politician 39. Dawn 5. Youngster 6. Burns 7. Comedienne Gasteyer 8. Valley 9. Belongs to sun god 10. Nickel 11. Great in salads 12. Leader 13. Forced through a sieve 14. Entryway 15. Support pillars 25. Aquatic mammal 26. Farrow, actress 27. Unhappy
 - 51. Passion 53. Hard white animal fat 54. Soybean pastes 55. Beckon 60. Self-referential 64. Data executive 65. Retirement plan 68. Star Trek character Laren



"Every Town Deserves a Good Local Newspaper"

New Child and Family Services Center to hold ribbon cutting ceremony

SOUTHBRIDGE — The newly-renovated Child and Family Services Center at Harrington HealthCare will hold a ribbon cutting on Monday, Jan. 8.

The center, located at 139 South St., is the former CarQuest Auto Parts store and has been under renovation for several weeks

Harrington Director of Mental Health Katie Adams said this project has been about a year in the making and follows a personal and professional goal she had since joining Harrington in 2016.

This move gives our department of mental health an opportunity to present an expanded family treatment facility to the community. The new center really won't be anything like our current office space. This renovation will showcase a bright, inviting place where families can feel good seeking services," Adams said. The ribbon cutting, in coordination with the Chamber of

Central Mass South, will be an opportunity for local legislative representatives, school officials, providers and municipal leaders to tour the new space, which offers mental health counseling and group sessions for children and adolescents, ages 4-24, and their families.

When she first joined the behavioral health team at Harrington, Adams faced a few shortcomings of the department, one being a lack of communication with the local school systems. Her initiative to strengthen those relationships had great success, but the quick growth of the program led to growing pains for 29 Pine St. location.

In preparing for the move, Adams said hired several new members to her team — expanding from six to 12 clinicians and expanded the range of specialties offered for child and family services, including more expansive cognitive therapy. Through a grant, Adams was able to send several of her staff to receive training in child trauma.

"Our new team has great experience and more to offer clinically," Adams said.

The 6,500 square-foot space includes 12 therapy offices, two group rooms, an administration suite and a large common waiting area.

Immediate therapy appointments are available by calling (508) 765-2222.

The 29 Pine St. location will continue to offer adult mental health counseling services, as well as Harrington's partial hospitalization program.

Pictured from left: Mark Rogowski (Boston Regional Manager- Ford), Lionel Lamoureux, Marc Lamoureux, and Vince Talia (Regional Manager- Ford Credit).

VILLAGER Almanac

REAL ESTATE

STURBRDIGE

\$260,000 222 Arnold Rd, Lahaina Corp, to Taft, Colin.

\$195,000 46 Wallace Rd, Cloutier, Mark E, and Cloutier, Zandra, to Zacek, Marie.

\$170,000 12 Tantasqua Shore Dr, Kitch, William M, to Santangelo, Stephen A, and Santangelo, Catherine D.

\$131,329 17 Gardner Ave, Wells Fargo Bank NA Tr, to R&A Properties LLC.

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41. Musical group of seven 42. Used to fry things 43. Carrot's companion 46. Rough stone landmarks 47. Fourth son of Jacob and Leah 49. Goes against 58. Mountain and morning are two

Valuable collectibles for 2018

As we start a new year, I thought it might be a good time to take another look at which collectibles have been selling well and may continue to sell well during the new year. Some of these items were in my top 10 antiques and collectibles list in 2015. There are additional items in this article though.

Mid-century collectibles and furnishings continue to WAYNE TUISKULA fetch strong prices at auction. Baby boom-

ers who grew up in the 1940s through 1970s remember many of these collectibles from their youth. Younger collectors also appreciate the sleek lines and simplistic design of mid-century design.

There are many mid-centu-ry "baby boomer" collectibles that are selling well. We've auctioned comic books from the 1960s that have brought over \$100 an issue. Older ones can bring even higher prices. A baseball card collection from the 1950s and '60s brought five figures at a recent auction. Older sports memorabilia remains popular too. We sold a



COLLECTIBLES

& ESTATES

card of a star player in pristine condition can bring a figure in that range by itself. Toys remain popular. A toy robot from the 1960s brought a figure over \$500 at one of our auctions a few years ago. Bicycles are also

baseball with a draw-

ing by George Sosnak

that brought \$3,500 at

auction in 2017. One

popular with collectors. Early high wheeled and turn of the century bicycles can bring five figure

sums at auction. Many more modern bicycles also realize strong auction prices. Schwinn Sting-Ray "Krate" bikes from the late 1960s and 1970s featured high handle bars and banana seats. Some of these bicycles can bring figures in the thousands. Benjamin Bowden designed the Spacelander bicycle in 1946. The futuristic bicycles were then produced in 1960. There are believed to be only 522 that were produced. They typically sell for five figure sums at auction.

Military items remain popular with collectors. There has always been considerable

interest in Civil War memorabilia. I've also seen increased interest in World War II artifacts in recent years. For example, we sold a diary of a captured American soldier in a German prison. The diary contained information on daily life in the camp and drawings. It brought several hundred dollars at auction.

Coins remain a very popular collectible. Dollar coins, half dollars, quarters and dimes from 1964 and earlier are made with 90 % silver. They are worth at least their weight in silver. Coins with rare dates can be worth much more than the silver value though. For example, we sold a silver dollar with a CC (Carson City, Nevada) mint mark that brought around \$500 at auction in 2017. Many old gold coins are worth well over their scrap value as well.

Other collectibles continue to bring strong prices at auction. Old movie, travel, advertising, Rock and Roll, circus, sports and other posters are very desirable. The market is still great for old advertising signs and displays.

Historical memorabilia still commands strong prices at auction. In 2017, we auctioned some postcards written by



Alexander Graham Bell to his attorney. They rang up \$1,000.

We continue to pick up some great items for our January 25th live auction. My Evaluating your Antiques class at Bay Path Evening School is scheduled for March 5. We are scheduling some estate sales for after the holidays. Keep checking www.centralmassauctions.com for details.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www. centralmassauctions.com (508-612- 6111), info@centralmassauctions.com

A chance to tell your own story...

New at the Brimfield Senior Center! Storytelling with Colleen Lowe-Smith.

Descended from an ancestry with the "gift of the gab" Colleen has always loved sharing and listening to stories. For over 20 years she mastered this skill with children, having taught in Montessori schools in New Zealand and in seven different states in the USA.

Colleen holds a MFA in writing, which broadened her understanding of story crafting. In these days, especially of distraction with technology, Colleen is passionate about cultivating human connection and community by creating storytelling groups.

In this group, we will reflect together on our life experiences and practice the art of listening as well as telling. We will learn about and discuss the different kinds of stories (i.e. quest, comedy, tragedy, advisory, rebirth, journey and return, etc.) and consider elements (character, setting, sensory) to flesh out our own stories. We will celebrate one another's unique stories, inspire one another, create empathy, discover wisdom, and provoke one another to reflect more deeply on our own experiences.

Ideally this group will culminate in a storytelling performance.

Please join us on Jan. 22 at 10:30 a.m. to meet with Colleen and get started on your storytelling journey. We are thrilled to have her share her talent and experience with us and there is no cost to you for this 10 week program. Please call (413) 245-7253 to register as class is limited in size.

SENIOR SCENE

Brimfield Senior Center

First Congregational Church 20 Main Street (413) 245-7253

BUST THE BLUES!

Let's Bust the Winter Blues! Italian Fest Party at the Brimfield Senior Center, Jan. 22, 11 a.m. to 1 p.m. It's cold outside so come on down for some of Eva's fantastic homemade lasagna layered with seasoned ground beef, homemade sauce, creamy ricotta cheese and gooey mozzarella. On the side enjoy warm garlic bread and garden salad tossed with Italian dressing. Local entertainer Dwayne Carlson will be here to perform a variety of popular songs. Feel free to sing along, tap your feet or get up and dance! January birthdays will be celebrated with cake and song. There is a \$5 suggested donation for this event. Please reserve prior to January 19. The Senior Center is located in the 1stCongregational Church, 20 Main St., Brimfield 413-245-7253





Olivia and Aleah are friendly sisters looking to find their forever family together! Olivia is an artistic 9-year-old girl of African American descent. Some of Olivia's favorite activities include crafts projects and reading. In school, her favorite subjects are science and music. Olivia is an accelerated reader and has received high grades on her

driver's licenses and ID cards which meet the federal requirement for credentials which are REAL ID compliant.

license/ID card photo must be less than 14 years old and must have been taken after the customer's 21st birthday.

The RMV invites license and/or ID card holders to visit www.mass.gov/ how-to/renew-your-drivers-license to check their license status and renew online.

Effective March 26, the RMV is changing the way customers get and renew their driver's licenses and ID cards. On that date, the RMV will begin to issue

SMOKING

continued from page 1

people and ask for their support. Daily encouragement and planned activities can help you stay on track. For example, a smoke-free lunch date or game night could help distract you.

3. Anticipate and plan for challenges. The urge to smoke is short — usually only three to five minutes. Those moments can feel intense. Before your quit date, write down healthy ways to cope with cravings so you can get past them.

Healthy choices include:

o Drinking water

o Taking a walk or climbing the stairs

o Calling or texting a friend

4. Remove cigarettes and other tobacco from your daily routine. Throw away your cigarettes, lighters, and ashtrays. Clean your car and home. Old cigarette odors can cause cravings.

5. Talk to your doctor about quit-smoking medications. Over-the-counter or

Massachusetts residents do not need a REAL ID until after October 2020, and will only need a REAL ID for air travel or to enter a U.S. government building. On Oct. 1, 2020, the following credentials will be accepted where REAL ID is required: a valid U.S or foreign passport, U.S. passport card, military ID, or a driver's license or ID that is REAL ID compliant.

Additional information about REAL ID can be found at: www.mass.gov/ realID.

prescription medicines can help you quit for good. Your quit coach and pharmacist can also provide support.

For more information, call 1-800-QUIT-NOW or visit: KeepTryingMA.org.

Make the choice to quit today, making the holidays and New Year tobacco free and healthier than ever.

The Central MA Tobacco-Free Community Partnership supports communities' efforts to lower smoking prevalence and exposure to secondhand smoke; enhance state and local tobacco control efforts by exposing tobacco industry tactics, mobilizing the community to support and adopt evidence-based policies, and changing social norms. Funded by the Massachusetts Tobacco Cessation and Prevention Program, Community Partnerships serve as a resource for local coalitions, health and human service agencies, municipalities, and workplaces on tobacco intervention efforts.

reading tests at school.

Aleah is a 6-year-old girl of African American/Hispanic descent. Those who know Aleah say she has a bold personality. Aleah enjoys activities such as arts and crafts and playing with her bouncy ball. She also likes to play outdoors.

Legally freed for adoption, Olivia and Aleah thrive in structured environments with a consistent routine. They could be successful in any type of family, with or without other children in the home. Any interested family should be strong advocates for the girls, and be open to engaging in ongoing services with them.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org.

The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

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TANTASQUA STUDENTS PERFORM AT STATE HOUSE

Courtesy photo

Students from Tantasqua Regional School High School performed recently at the State House, where they were welcomed by Secretary of the Commonwealth William F. Galvin (right).

The performance was part of the State House Concert Series hosted by Secretary Galvin's State House Tours Division.







LEARNING

Makeathon summit includes Bay Path mentor

Bay Path Practical Nursing Academy Director Gretheline Bolandrina, MSN Ed, RN, CRRN of Douglas, attended the TOM: Boston Makeathon at the Ruderman Inclusion Summit, hosted by TOM, Ruderman Foundation, and Northeastern University. The event took place in November at Seaport Hotel & World Trade Center, Boston. The team Bolandrina participated in, called "Team Hippo" won the Makeathon. The Makeathon (a marathon of making) was a gathering of makers, engineers, designers, therapists, nurses, and nursing students that created solutions to assist and empower individuals living with disabilities.

The Makeathon was a 48-hour event where working prototypes were developed. Using 3 D printers and rotary saws, Team Hippo learned how resilient and innately innovative humans can be when faced with challenging circumstances. Input from nurses was clearly valuable during the design, ideation, and prototyping stages at the Makeathon. Bolandrina was one of 12 nurses who contributed to the conception and production of the winning product alongside engineers, designers, and programmers. The product, affectionately called The Hippo, is a portable clip that enables the zipping of coats, jackets and sweatshirts using only one hand. Northeastern alumni Anand Shankar and engineer Jack Cardin pioneered the product designed to help people affected by hemiparesis, conditions of muscular weakness or partial paralysis to one side of the body.

"TOM: Boston Makeathon is a noteworthy part of the Inclusion Summit," stated Bolandrina, "having been grouped with minds of all kinds to brainstorm and eventually create a solution to every day issues faced by those living with physical disabilities is such an honor!"

Healthcare allows for an abundance of opportunities for new innovations. Utilizing

nurses' knowledge of patient needs makes them agents of change. The Makeathon was an opportunity to turn fresh ideas into solutions for problems faced daily by individuals living with physical disabilities.

"When I first heard of this event, I knew I wanted to be involved," added Bolandrina, "I am excited about further building my portfolio, networking with insightful participants, and best of all, improving the quality of someone's life."

Team Hippo is continuing their product development at Northeastern University's Ideas Venture Accelerator. Team Hippo members include Jack Cardin, Susan Soe, Elisa Tran, Rebecca Love, Thelma Ajayi, Chris Sullivan, Noah Hendler, Anand Shankar, Sisodia, Aimee Mohul Marchand, Valeria Ramdin, Oded Shorer, Sean Hennessy, Saw Tee, Waleed Meleis, Paul Rockwell, Bolandrina, Hiyam Nadel, and Christine O'Brien.



Courtesy photo

From left: Gretheline Bolandrina MSN Ed, RN, CRRN academy director, Bay Path Practical Nursing Academy and Rebecca Love RN, MSN, ANP, director of nurse innovation & entrepreneurship at Northeastern School of Nursing.

Quinsigamond Community College awarded \$84K state grant

WORCESTER — Quinsigamond Community College has received an \$84,100 Performance Incentive Fund grant from the state to provide accelerated English classes to students eligible for remediation in English. The college will use the grant to increase its Accelerated Learning Program, which focuses on improving the success of developmental education students by working to accelerate these students into college-level English courses.

QCC has already piloted this program with noteworthy results. Between 2014 and 2016, 75 percent of QCC students who completed an accelerated English course by taking both remedial and college level English, received a "C" or higher, compared to 66 percent of QCC students who only completed the traditional college level English course.

"This innovative model is particularly beneficial to those from underserved populations such as low English language learners," said QCC President Dr. Luis G. Pedraja. "This PIF grant will help us to increase the number of high quality English reading, writing and critical thinking courses we offer to these students to help them succeed in college."

The funding will be used to train additional QCC faculty in order to scale up its current ALP, in addition to creating a new, integrated reading/ writing course; three accelerated writing English workshops, and developing a new bridge English as a second language course. The new bridge ESL English course will enable ELL students to more rapidly transition from ESL to developmental and college level English.

"This grant will enable us to expand access to educational opportunities for residents of Central Massachusetts, which in turn will lead to increased job opportunities for QCC students," Dr. Pedraja said. "This is a win for the college and for the community."

The Performance Incentive Fund is a competitive grant program that supports public campuses in creating or strengthening programs that advance the goals of producing the best educated citizenry and workforce in the nation.

For more information, contact Josh Martin, director of institutional communications at (508) 854-7513 or jmartin@qcc.mass.edun

HOUSE FIRE

continued from page **1**

Toys for Tots; Compatible Canine; Scott Latour & The Twisted Spoke (Charlton); Table 3 Restaurant Group; Sturbridge Seafood & Porterhouse; Teddy G's; Caron Family Farmlands & Nursery (Brimfield); Catholic Charities; two Sturbridge businesses that wanted to remain anonymous, but have given generously; the town of Sturbridge, and the Joshua Hyde Public Library (Caron's workplace, and they have been so supportive, including covering her hours the next day, so she could go set up the fund, spend a little time with tenants, and contact area businesses to thank them) have donated to the cause. The occupants were: Jeremy Curboy (has children — had just dropped them off at their mom's before he returned to the apartment only to call 911 minutes later shortly after returning home); Dennis Rines; John Chick (has one child, Caron said, but she was at her mom's); Christopher Thibert (has one dog, but the dog was at a family member's home); and Scott Campbell (he was not home at the time of the fire, but he did arrive on scene

about 45 minutes after 911 was called), according to Caron.

Residents on scene said that the building was all apartments and that everyone escaped safely.

Sturbridge Fire Lt. John Marinelli said on scene that all occupants were outside and located in front of the building with heavy fire and smoke were coming from the back of the building. tion to personally," Caron said. "The last thing he wants after all of this is to own an empty lot of land going to waste in this gorgeous town."

Caron said as she sits here, so very tired physically and emotionally, that she has tears overflowing just truly and incredibly touched by what the mighty many in this community and those in the surrounding communities have done and in less than 24 hours since the fire was even out. "I hate to say any one of us is 'lucky,' as this definitely is not a situation where that word is universally applicable," Caron said," but 'fortunate,' 'blessed,' 'loved,' and 'honored' are a few words that are applicable, and that have come to my mind over and over today.



Originally a four alarm, they called for a fifth alarm due to the cold weather with two rehab trucks called to keep personnel warm with coffee and hot drinks.

"The cause of the fire is undetermined, but possibly electrical in nature," Marinelli said.

Caron added despite rumors swirling that it was caused by smoking, they know that it was electrical, and not due to any faulty wiring.

Caron said they do eventually plan on rebuilding. Her 79-year-old mother-in-law was hesitant at first, but her husband convinced her otherwise, she said. He said that he wants to continue to rebuild and continue to offer rental availability in the community.

"He loves this town as much as I do, and there's no way he wouldn't continue to be a part of it professionally in addiEleven different fire stations were there including first responders from Sturbridge, and the American Red Cross provided immediate assistance.

Anyone interested in helping can drop off items and/ or donations at Old Village Grille, or contribute to the "23 Brookfield Road" fund at Southbridge Credit Union.

Routes 20 and 148 near the fire were blocked. Crews were on scene until 2 a.m.

line is highly variable, so be particularly careful of where you gain access and your first few steps.

Also, you want to make certain you do not overload the weight bearing capacity of a particular area of the ice by maintaining a good spacing between gear, snowmobiles, ATVs, and cars or trucks.

It is good practice when venturing out on the ice to have a safety plan. Always wear a flotation device such as boating life jacket especially if you are testing the ice or snowmobiling or on an ATV. Employ the buddy system maintaining good spacing and always carry ice picks. Bringing along a toboggan with an adequate length of rope not only provides a handy means of packing and transporting your equipment, but provides an excellent safety device for reaching and retrieving those who have fallen through. It's a good idea to have a spare set of dry clothes and an emergency kit.

Lastly do not leave any debris on the ice. Log and branch remains from campfires can be a safety hazard for spring fishermen and animal feces and other debris will contaminate the lake.



The fire was largely on the third floor.

ICE

continued from page **1**

idents can safely enjoy winter activities.

The reality is, there is no such thing as 100 percent safe ice. It is generally recommended that no one should venture out on any ice less than four inches thick. New, clear blue ice is usually the strongest ice. Partially thawed, white ice embedded with slush or snow and honeycombed ice are significantly lower in strength than clear blue ice. As a general guideline, if it is not clear blue ice you should double the thickness recommendations for each activity.

The figures in the table are general guidelines for clear blue ice on lakes and ponds. Always use caution, and don't venture out onto unfamiliar waters without checking ice thickness frequently.

Note: vehicles may be banned from some lakes. It's best to check with the local lake association.

Temperature, snow cover, currents, weeds and springs all affect the relative safety of the ice. Ice is seldom the same thickness over a single body of in one place, and a few inches thick in a short distance away. Check the ice at least every 150 feet. Ice thickness can easily be

water, it can be one foot thick

checked using an ice chisel, ice auger, axe, hatchet or cordless drill to penetrate the ice and then using a simple tape measure to determine the ice thickness. Be aware ice tends to be thinner on lakes and ponds where there are spring holes, inlets or outlets. Don't venture onto icebound rivers or streams, as the currents make ice thickness unpredictable. Similarly, ice near the shore-



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> **FRANK G. CHILINSKI** PRESIDENT AND PUBLISHER

RUTH DEAMICIS Editor, Sturbridge Villager

EDITORIAL

Everything old is new again...

As in, new year of course. Why the Gregorian calendar chose to turn the year in the dead of winter is mysterious; perhaps to give people a reason to celebrate a mite. Most likely to adapt to the solstice holidays and continue that vein of thinking.

Janus, the god for whom January is named, is the one looking both backward and forward; two faces and neither of them looking terribly happy. So that too plays into the mythology. Let's put the year change right...here... where we can say Janus is watching over the change and decrying what happened the last few months and is upset about what might happen coming up.

Yeah, that makes sense.

January isn't much fun. It's usually dark, and dreary and cold and snowy. There are no holidays in January. It's a full 31 days long, no slack there.

Bears and several other smaller mammals hunker down and just sleep through it. Smart.

We don't have any comedy relief this year with politics either.

It's the same old, same old there too. We do have government still paying its bills for a few more weeks at least, the highly lauded tax cuts included all kinds of hidden agendas that got approved as well with no debate and no one the wiser.

Those who approve and think the government is going great are happy. Those who don't are grumbling and

trying to figure out how to change it. This was part of why 200+ years ago the debating founders attempted to put **OPINION** Views and commentary from Sturbridge, Brimfield, Holland and Wales

Candle Tips

Even with the popularity of flameless candles, nothing sets the holiday mood like the real deal. Conventional candles are a valuable decorating tool, and the fragrant luminaries are never more popular than during this time of year.

Whether you use candles

to create ambiance or to simply fill the air with a pleasant scent, the following tips will help you enjoy the magic of candles during the yuletide season and throughout the year.

Happy Holidays!

Did you know candles don't just cover up odors? They actually eliminate them by burning off the tiny odor particles that permeate the air!

Here's a trick from the swinging sixties: Before a dinner or party, light and then extinguish new candles as they will light more quickly and easily when you are ready to use them.

If you are grouping two or more candles together, be sure they are a few inches apart when burning. If candles are placed too close to one another, they can each create their own draft, causing the flames to flare.

Here's another excuse for burning candles: studies show candlelight induces quiet! Light a few after dinner to help the kids settle down.

Believe it or not, lighting a votive candle on the bathroom vanity prevents steam from fogging up your mirror when you get out of the shower. Try it, it works!

Here's another vintage tip from the cocktail party generation: Extend the life of wax candles by refrigerating them first. Chill candles in airtight plastic bags to prevent wicks from absorbing moisture.

Don't have a long match and need to light several candles? A piece of uncooked spaghetti will do the job!

The next time you light floating candles, place them in warm water instead of cold. This method extends the burn time of floaters. TAKEincrease the time with
each subsequent burn-
ing until the candle is
level, then burn as for
pillars.HINT***

Votive candles should always be burned in a snug fitting, safe holder. Because the candles melt as they burn, the

tighter the fit the longer the life of the candle.

KAREN

TRAINOR

Black soot on the glass of a burning votive means the wick is too long. Extinguish the candle, trim the wick and relight.

Always put out a flame when it burns to $\frac{1}{2}$ " of the bottom of the candle. I found out the hard way that even tempered glass can shatter and spill hot wax onto a surface if allowed to burn too low to the bottom!

Did you know many candles (even top shelf brands) can fade in color if displayed in windows or exposed to bright lights for an extended period of time?

Burning the candle at both ends

Burning lots of candles means plenty of leftover candle stubs. Before you toss the stubs out, check out these creative ideas to recycle and reuse them.

* Simply place a disk of scented candle wax in a drawer, gym bag or under the seat of your car for an easy instant freshener.

*Or use the leftover stubs as tart wax. Just pop the leftover wax out of the votive holder and place in a tart burner. Light a tea light candle underneath it and it releases a nice scent for many hours.

*Toss a few stubs in a jar to use in the workshop. The wax can help a stubborn drawer slide smoothly, protect a saw blade from rusting, and lubricate a squeaky door hinge.

*You can even make new candle medley by re-melting assorted stubs in a double boiler. Then pour into votive glass with a wick and cool. Freeze and tap out to use freestanding.

Win Dinner for Two

Your tips can win you a great dinner for two at the historic Publick House Inn in Sturbridge! Simply Historic send in a hint to be entered into a random drawing. One winner per month will win a fabulous dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some). I'm counting on vou readers out there to share your best helpful hints! Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint! c/o Stonebridge Press, PO Box 90, Southbridge, MA 01550. Or e-mail kdrr@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

New Year's: time for New Year's financial resolutions



W e ' v e reached the end of another year – which means it's just about time for some New Year's resolutions.

Would you like to study a new language, take up a musical instrument or visit the gym more often? All these are worthy goals, of course, but why not also add some financial resolutions? Here are some ideas to think about:

Increase contributions to your employer-sponsored retirement plan. For 2018, you can contribute up to \$18,500 (or \$24,500 if you're 50 or older) to your 401(k) or similar plan, such as a 403(b), for employees of public schools and some nonprofit groups, or a 457(b) plan, for employees of local governments. It's usually a good idea to contribute as much as you can afford to your employer's plan, as your contributions may lower your taxable income, while your earnings can grow tax-deferred. At a minimum, put in enough to earn your employer's matching contribution, if one is offered.

Try to "max out" on your IRA. Even if you have a 401(k) or similar plan, you can probably still invest in an IRA. For 2018, you can contribute up to \$5,500 to a traditional or Roth IRA, or \$6,500 if you're 50 or older. (Income restrictions apply to Roth IRAs.) Contributions to a traditional IRA may be tax-deductible, depending on your income, and your earnings can grow tax-deferred. Roth IRA contributions are not deductible, but earnings can grow taxfree, provided you don't start taking withdrawals until you are 59-1/2 and you've have had your account at least five years. You can put virtually any investment in an IRA, so it can expand your options beyond those offered in your 401(k) or similar plan.

Build an emergency fund. Try to build an emergency fund containing three to six months' worth of living expenses, with the money held in a low-risk, liquid account. This fund can help you avoid dipping into your longterm investments to pay for unexpected costs, such as a new furnace or a major car repair. Control your debts. It's never easy, but do what you can to keep your debts under control. The less you have to spend on debt payments, the more you can invest for your future. Don't overreact to changes in the financial markets. We've had a long run of rising stock prices – but it won't last forever. If we experience a sharp market downturn in 2018, don't overreact by taking a "time out" from investing. Market drops are a normal feature of the investment landscape, and you may ultimately gain an advantage by buying new shares when their prices are down. Review your goals and risk tolerance. At least once in 2018, take some time to review your short- and longterm financial goals and try to determine, possibly with the help of a financial professional, if your investment portfolio is still appropriate for these goals. At the same time, you'll want to re-evaluate your risk tolerance to ensure you're not taking too much risk – or possibly too little risk – with your investments. Do your best to stick with these resolutions throughout the coming year. At a minimum, they can help you improve your investment habits – and they may improve your financial picture far beyond 2018.

safeguards in place for the republic. Making certain there would always be debate, no one would ever have complete control, and despite the present climate of big money controlling the vote, no, ultimately the people will still eventually take it all back because they will realize their VOTES are what have the power. The candidates put up by the machines and the money get the publicity of course, but if the people truly wanted to vote their minds, they could easily defeat any of them; starting locally and working their way through the milieu.

They just haven't figured out that power yet.

They did in Alabama earlier. It worked right there. The people voted. And their choice is now in the Senate.

See, we have all been fed the pablum a long, long time. We don't realize what we are capable of at all. There are ways to get what we want, locally, state and federal levels. But it takes attention and work.

And we can't wait for someone else to take the lead on it. We have to do it ourselves. In small groups, in local Democratic or Republican town committees; local grassroots organizations for local causes, independent ventures. Don't wait for someone else, and don't decry what happened already; don't be Janus. He is only a talking head, talking out of both sides of his double mouths and never accomplishing a thing.



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It's important to trim candle wick to ¼" before burning wax candles. Doing so not only limits soot, but the short wick allows for proper heat of the wax for efficient burning.

Burning candles properly is essential for getting the most burn time and to provide even burning throughout the lifetime of the candle. For example, jar candles should be allowed to burn until the liquefied wax reaches the full diameter of the candle surface. When you blow out the candle too soon, you limit the wax pool to that diameter and shorten the life of the candle. This is important to prevent tunneling down the center of the candle. (As always, burn candles in appropriate vessel and on a safe surface).

If you are burning cone or bell topped candles, burn for about five to ten minutes the first time. Gradually

LETTERS

Extra! Extra! Read All About It!

We think you're important enough to tell all our readers to turn to the

Opinion pages and read your Letters to the Editor.

But first, you have to write us!

Mail your letters to the Sturbridge Villager, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at ruth@ stonebridge press.news.

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or person-

al attacks are a no-no and could lead to your letter not being published. So, what are you waiting for? Start writing!



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at (508) 347-1420 or jeff.burdick@edwardjones.com



Safe sensory Santa event belps kids feel safe

Courtesy photos

Cater 2 Kids OT, a pediatric occupational therapy clinic located in Sturbridge, hosted their second annual Sensory Santa event in conjunction with Quiet Corner Speech and Language.

Cater 2 Kids offers two free community events a year, a sensory friendly Halloween event and a sensory friendly experience with Santa Claus. Find us on Facebook or reach us at 774-304-1200

The group shot of adults is the staff of Cater 2 Kids: Melissa Baca, Leena Beaudoin and owner Rebecca Bullock. Christina Cook, owner of Quiet Corner Speech and Language who co-hosted the event had already left for the day.

The appointment based event included free pics with Santa, goodie bags, crafts and refreshments in a quiet, calming and friendly environment.











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SPORTS

Warriors produce pair of 20-point victories in doubleheader sweep of Hudson





Nick Ethier photos

Hayden Peterson of Tantasqua corrals a rebound away from a counterpart on Hudson.

BY NICK ETHIER SPORTS STAFF WRITER

HUDSON — With both the Tantasqua Regional girls' and boys' varsity basketball teams in search of victories to reach (girls) or get close to (boys) the .500 mark, the Warriors

did what they needed to do when playing a doubleheader at Hudson High on Thursday, Dec. 21. The girls' team played first, the boys' squad took part in the nightcap, and both won by 20 or more points.

Tantasqua 58, Hudson 36 — In the girls' game, Tantasqua's defense held the Hawks to single-digit point production in each of the first three quarters (9-6, 21-9, 13-9) to gain a lead that they would not relinquish. When all was said and

way to the basket.

Tantasqua's Drew Peretti drives past Hudson's Kristopher O'Brien on his

done the Warriors won by 22 points. "We're improving and this is a team you can see it happening right before your eyes every day and a lot of things they've been getting better at and the defense is certainly one of those," said longtime head coach Tom Goyette. "They did play great man-toman defense tonight."

Tantasqua relied on a pair of game-changers in junior Lindsey Zak (17 points, 13 rebounds) and sophomore Lydia Boland (16 points, including four 3-pointers) on the offensive end.

"Those two kind of have the most experience on the team, believe it or not," Goyette said of his extremely young squad. "They're both offensive threats and all-around players. They're hard workers for sure and weapons for us."

Tantasqua 57, Hudson 37 -The Hawks scored just five seconds into the matchup with the Warriors, but from there Tantasqua went on a 10-0 run and never trailed the rest of the way. They eventually won by 20 points. Head coach Tom O'Neil called it an "ugly" win but admitted that any win is good at this stage of the season.

"I'll take ugly losses over pretty wins any day of the week," he said.

The win was also important because the Warriors started the season 0-3 but, after defeating Grafton and Hudson, they are now 2-3.

"The goal is to get to .500, and then get one over, and then two over and then stay over," said O'Neil.

Seniors Evan Couture (15 points), Garrett Cassavant (14 points, 8 rebounds) and Drew Peretti (11 points) all eclipsed the double-digit scoring plateau, and O'Neil noted that Couture has been the team's top performer in the early part of the season.

SPORTS BRIEFS Fall into fitness: Youth sports at the Y

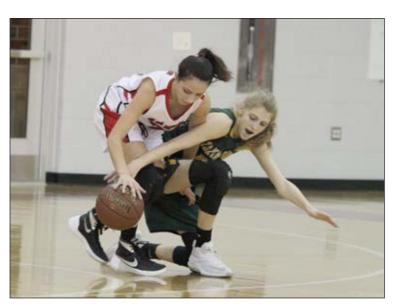
SOUTHBRIDGE — The Tri-Community YMCA, a non-profit organization, is offering kids a great way to stay active and connected with others interested in healthy competition. Choose from a variety of youth sports for both boys and girls of all ages this Fall 2 Session.

Youth Basketball League: Runs 10 weeks through the end of February. Boys and Girls will learn the fundamentals of basketball, good sportsmanship, and most importantly, to have fun! Includes clinics, weekly team practices, games, team shirts and more!

Rock Climbing: Fridays from 6:30-8 p.m. Come try our 20-foot indoor rock wall with five different climbs from beginner to advance. The basics of climbing are reviewed. Come have fun and try out your skills. Free for Members and non-members included in a guest pass. Cheer: Cheer is here! For Grades K-5. Practices will be once a week on Thursdays and game times announced by coaches. This session offers a sound foundation for cheer, while learning about team building and the importance of good sportsmanship in a supportive and fun envi-ronment. No tryouts or experience required. All divisions are Co-Ed.



Tantasqua's Lydia Boland fires off a pass down the floor versus Hudson.



Tantasqua's Morgan Smith, right, tries to steal the ball away from Hudson's Brianna Cabral.

Freshman Ainsley Way also had a solid game for the Warriors, scoring 9 points and pulling down 7 boards.

Tantasqua won the rebounding battle by an impressive margin, 47-29.

The Warriors, now 2-2 after losing to Shepherd Hill Regional and Millbury High in their first two before defeating Grafton High and now Hudson, withstood strong game-high performances from the Hawks' Alexandra Sousa (18 points) and Allura Carney (14 rebounds), knocking Hudson out of the undefeated ranks in the process as they slipped to 4-1.

"Three out of the last four games he's been our best player on the floor," he said before listing off Couture's strengths. "Offensively attacking the rim, he's our best slash guy. The 15-footer is his game, he can hit 3's and he can handle the ball.'

The Warriors won quarter scoring in all four frames -21-8, 9-7, 14-11 and 13-11 — as playing a fast-paced game suited Tantasqua the best.

'We're really good playing fast," said O'Neil. "We can press [because] we have such quick athletes.'

The Warriors' defense also did a nice job of shutting down Hudson's Cam White, who had 10 points at halftime but finished with only 11.



Ainsley Way of Tantasqua flips a pass over to Lindsey Zak to avoid the double-team defense provided by Hudson.

For more information on costs and to register, please call (508) 765-5466 or visit tricommunityYMCA.org.

Worcester State University to host catcher, youth baseball coaches clinics

On Martin Luther King, Jr. Day (Monday, Jan. 15), the Worcester State University baseball program will host two clinics at the new \$52 million wellness center.

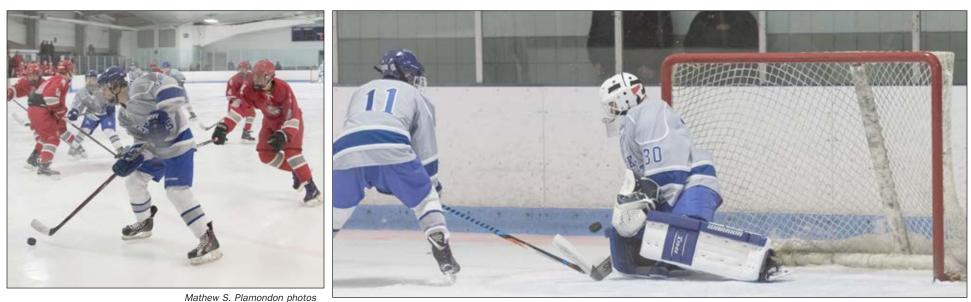
The catcher's clinic is from 9 a.m. to noon and is for ages 8-18 with a cost of \$50. It is designed for both the serious catcher plus beginners new to the position.

A free youth baseball coaches clinic follows later that night from 6-8 p.m. This is a lecture-style clinic for adults who coach ages 7-12. The focus is to talk baseball and present drills for coaches to use with their own teams along with how to run a successful practice inside or outdoors.

Please visit wsulanc- $\begin{array}{c} ers.com/camps-clin-\\ ics & and & facebook.com/ \end{array}$ WSUbaseballclinics for more information on these clinics and other happening throughout 2018. You can also call (508) 929-8852, (774) 230-3872 or email dbaker1@worcester.edu.

SPORTS

Rockets roll three effective lines through East Longmeadow, 8-3



Mathew 5. Planondon photos

The Auburn High ice hockey team spent plenty of time in the offensive zone during the Rockets' 8-3 win versus East Longmeadow.

BY DEAN P. ST. LAURENT SPORTS CORRESPONDENT

AUBURN — A fast start, which included four first period goals, was more than enough for the Auburn High boys' varsity ice hockey team in their dominating 8-3 win versus East Longmeadow High on Wednesday, Dec. 20 at the Horgan Rink.

"We came out with fire and that was the difference," explained head coach Glen Bombard. "We have been coming out pretty fast and tonight we talked about coming out and getting a jump so we can put this thing away in the first period and we pretty much did what we wanted to do in the offensive zone; we shut them right down and from there we put it out of reach early continuing our play in the second period."

The Rockets' co-op team — which also includes student-athletes from Shepherd Hill Regional, Tantasqua Regional and Millbury High — came out on fire and it didn't take long for their first goal to pierce the back of the net. Five minutes in, captain defenseman Cam Dungey ripped a shot from the blue line that was redirected by junior Goalie Mike Sosik of Auburn makes a save versus East Longmeadow.

forward Drew Darger and into the back of the next for a quick 1-0 lead.

Out-hustling East Longmeadow and crashing the net was the story of success for Auburn and a point of emphasis coming into the contest.

"It is something we have been practicing with these guys because the first couple of games we weren't going there hard enough and it showed," explained Bombard. "If we go to the net with our sticks down, we are going to slam them home and that is what we did, but it had been one of our major issues that we push."

The Rockets scored three more goals in the

first period to give them a commanding lead going into the second period. Auburn was dominating, scoring another rebound goal by Kyle Spurr, a shorted-handed breakaway goal by junior forward Anthony List and with less than a minute left in the first period yet another rebound goal finished by Colin McKeon.

Continuing their dominance in the second period to really put the game out of reach, the Rockets scored three more times off the sticks of three more player.

"The more kids that score the more you have to worry about," stated Bombard. "All three lines are putting the puck in the net."

Junior center Caleb Mackin started the scoring in the second when he put home a rebound goal within the first minute of the period. Halfway through the period scrappy junior center Ryan Slade scored the first of his two goals on the night. To conclude another dominate period, sophomore Colin Lutz scored his first varsity goal when he ripped a slap shot from the blue line that snuck by the East Longmeadow goalie.

Entering the third period with a commanding 7-0 lead, it was clear that the Rockets lost some of their urgency as hey surrendered three East Longmeadow goals, but they did not do goalkeeper Mike Sosik any justice because he was nothing but amazing in net for Auburn in this contest, recording 29 saves.

"Mike, he works hard in practice," Bombard expressed. "It was his first game tonight and he did an excellent job. Unfortunately, we didn't play too much defense in that third period for him to help him out, but I thought he played phenomenal. We have a lot of trust in him when he is in net."





Collin Winkelmann of Auburn eyes the net before ripping a slap shot versus East Longmeadow.

Auburn's Anthony List works for possession of the puck against an East Longmeadow player along the boards.

HIGH SCHOOL NOTEBOOK

Dec. 18

Tyngsborough 96, Tantasqua 79 — The girls' swimming team from Tantasqua saw their record slip to 2-2. The team had many hard-fought races, but no first place finishes.

Tyngsborough 103, Tantasqua 83 — Much like the girls' team, the Warriors lost their boys' swimming meet and fell to 3-1. For Tantasqua, Bryce Iller won the 200 Free and 100 Free, while Jonah Green kept up his pace by placing first in the diving event. Robert Wilson won the 100 Fly and Gavin Morris was first in the 500 Free. The team of Kaspar Mazeika, AJ Osimo, Michael Turley and Iller captured the 200 Free relay.

Dec. 19

Tantasqua 58, Ludlow 27 — The Warriors' freshmen boys' hoopsters rolled to victory as Liam O'Brien scored 14 points, Tom Flynn chipped in 12 points and Cooper Hurt added 9 points. The defensive play was outstanding. The team, now 3-0, won second half scoring, 35-10.

Dec. 20

Tantasqua 88, Gardner 55 — The girls' swimming team from Tantasqua improved to 3-2 as the 200 Medley relay team of Alyson Locke, Lauren Butler, Joslyn Bronner and Kami Davis started out with a win. Sarah Kersting-Mumm won the 200 Free and the 100 Back, as Locke locked down

first in the 200 IM and the 100 Free. Rebecca Turley was victorious in the 50 Free and the 100 Breaststroke, and Butler was first in the diving portion. Bronner won the 100 Butterfly and the 200 Freestyle relay team of Erika Madden, Parker Riley, Bronner and Butler also placed first, as did the 400 Free relay team of Locke, Davis, Caitlin Bilodeau and Kersting-Mumm.

Tantasqua 78, Gardner 24 — Back on the winning track, the Warriors boys' swimming team improved to 4-1. The 200 Medley relay team of Gavin Morris, Bryce Iller, Robert Wilson and Kaspar Mazeika won, while Mazeika also placed first in the 200 IM and the 100 Free. Jonah Green was the winner in diving, and Morris was a dual winner in the 500 Free and the 100 Back. The 200 Free relay team of Mazeika, Aiden Osimo, Morris and Iller were victorious, and Iller also won the 100 Breaststroke. The 400 Free relay team of Osimo, Zachary Lavallee, Wilson and Michael Turley capped the night off with a win.

Dec. 21

Tantasqua 40, Wachusett 37 — The Warriors' freshmen boys' basketball team defeated the Mountaineers at the buzzer, as Isaiah Appling hit the 3-pointer for the finish. Tom Flynn was the game's high-scorer with 12 points as Tantasqua improved to 4-0.

OBITUARIES

David Brown, 84



O R T Η Ν BROOKFIELD David Brown, 84, of Brookfield died unexpectedly on Thursday, December 21, 2017 at Florida Hospital Zephyrills while of spending the winter

at his Florida residence.

He leaves his daughter, Jennifer Huard and her husband Dale Wadsworth of New Braintree; two sons, David S. Brown and his wife Christine of Sturbridge, and Douglas A. Brown and his wife Donna of Brookfield; nine grandchildren, two great-grandchildren, and several nieces and nephews. He was predeceased by his wife of 58 years, Patricia A. (Heath) Brown in December 2016, as well as his two brothers, Andrew and William, and his sister, Jessie Brown. He was born in Worcester, son of the late Andrew Brown, Sr., and Helen (McDonald) Brown. He grew up in Spencer, graduated from David Prouty High School, and lived in North Brookfield for close to 50 years, prior to moving to Brookfield 12 years ago.

Mr. Brown was a United States Air Force veteran of the Korean War.

David worked as a molding machine

BROOKFIELD/ operator at the former Norton Company in Worcester for 37 North

years, before retiring in 1993. He kept active following retirement by working as a caretaker at Walnut Grove Cemetery in Brookfield

through this year. He and Pat enjoyed their winters in Florida, and spending time with the many friends that they made there. His favorite times though, were being with his family whether here in Massachusetts or when they visited in Florida.

David was a long time member of the First Congregational Church of North Brookfield, the American Legion Post 138 in Spencer, and VFW Post 3439 in North Brookfield.

A Graveside Service with military honors will be held for David in the spring at Walnut Grove Cemetery in North Brookfield. In lieu of flowers, memorial donations may be made to the Brookfield Emergency Squad, 4 Central St., Brookfield, MA 01506. Varnum Funeral Home, Inc., 43 East Main Street, West Brookfield is assisting his family with arrangements.

varnumfuneralhome.com

Philip J. Gabler Jr. 73

BRIMFIELD/ WEBSTER- Philip maintenance work-J. Gabler Jr. age 73 died Friday, ing at the Bay Path December 22, 2017 at his home. He Vocational School leaves his wife of 49 years, Linda L. in Charlton. There (Ciabaszewski) Gabler of Brimfield, a are no calling hours, son Philip J. Gabler and a daughservices are private. ter Melissa Harwood and her husband The Shaw-Majercik Funeral Home, 48 School St., Webster, Scott of Webster, three grandchildren Summer, Bethaney and Corryn and one great grandson, Bennett. He also MA has been entrustleaves a sister Beverly Bonneau of CT.

He was born in Medford, MA son of the late Philip J. Gabler Sr. and Olive (Mooney) Gabler living in Brimfield for the past 6 years, prior to that living in Webster. Philip served in the US Navy during Vietnam. He was a retired

Robert J. Antos, 71 STURBIDGE: Robert J. Antos, 71, of Pine St. Sturbridge, died December 21 after a brief illness.

He leaves a son: Shannon and his wife Eva Antos of Steamboat Springs, CO; his long-time friend and companion Patricia Pelloth of Woodstock, CT.; a brother Joseph Antos and his wife Jane of Dudley, three sisters Eleanor(Jean) Missiewicz of Webster. Nancy Skebos and her husband Thomas of Oxford and Janet Mayer and her husband Robert of Putnam, CT; and many nieces and nephews. Bob was born on February 28, 1946 in Webster, MA to the (late) Joseph and Irene (Chenard) Antos. He graduated from Bartlett High School and lived in the area all his life. Bob retired from the Massachusetts Turnpike Authority, and was a member of the Quinebaug Lodge of Masons A.F. & A.M. He was the Chaplain of Doric Chapter of York Rites. Bob enjoyed helping people, he was

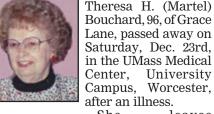
a wonderful cook and loved time spent outdoors: gardening, hiking and kayaking. He was also a fervent Civil War buff, and spent much of his free time participating and studying battle re-enactments

A memorial service for Bob will be held on Tuesday, January 2nd at 6:00 P.M. in the Belanger-Bullard Funeral



ed with his arrangements. A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle. Donations may be made in his memory to St. Jude's Children's Hospital.

Theresa H. (Martel) Bouchard, 96 SOUTHBRIDGE-Theresa H. (Martel)



Lane, passed away on Saturday, Dec. 23rd, in the UMass Medical Center, University Campus, Worcester, after an illness. leaves She her husband of 71 years, Euclid V. Bouchard; her son, Richard G.

Bouchard of Southbridge; her brother, Allan Martel of Woodstock, CT; four grandsons, Richard E. Bouchard of Sturbridge, Major Michael Bouchard of Middletown, CT, Christopher Bouchard of Southbridge and Jason Bouchard of Southbridge; four great grandchildren, Alyssa, Ashley, Anthony and Adeline; and many nieces and nephews. Her son, Gary M. Bouchard, died in 2008 and her daughter, Grace T. Bouchard. died in 2009. She was also predeceased by six brothers, Warren Martel, John

Martel, Hector Martel, Clarence Martel, Courtland Martel and Marshall Martel and four sisters, Rita Simpson, Faith Clutchak, Veronica Lapane and Gladys Martel. She was born in Sturbridge the daughter of Hector and Theresa (King) Martel.

Theresa worked in the cafeteria at Southbridge High School for 16 years before retiring many years ago. She enjoyed making ceramics and sewing. She also loved doing word puzzles.

Her funeral was held on Wednesday Dec. 27th, from the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, with a Mass at 10:00am in St. Anne's Church, 16 Church St., Sturbridge. Buria l was in St. Anne's Cemetery, Sturbridge.

In lieu of flowers donations may be made to the Shriner's Hospital for Children, 516 Carew St., Springfield, MA 01104

www.morrillfuneralhome.com

Mildred F. "Millie" (Higgins) Boland, 72

BRIMFIELD- Mildred F. "Millie" (Higgins) Boland, 72, died Tuesday, December 19, 2017, at UMass Memorial Medical Center/University Campus, after a long illness. She is survived by her husband of 49 years John J. Boland. They were married July 14. 1968. She is also survived by her son John J. Boland, Jr. and his wife Elvera, 2 brothers Robert Higgins and his wife Margie of Hingham, John Higgins and his partner Chey of Auburn, and a sister Barbara and her husband John Garofalo of Middleborough. She was predeceased by an infant daughter Patricia Boland and a sister-in-law Denise Higgins, wife of John Higgins.

Millie was born in Quincy, daugh-

high school in Quincy, and Mansfield Beauty Academy. She formerly worked as a beautician, she was a secretary at the John F. Kennedy Library, and a clerk for the Hingham Sewer Dept. She enjoyed reading, candlestick bowling, and spending time with family and friends.

ter of the late Robert V. and Phyllis

(Lux) Higgins. She graduated from

Calling hours were Saturday, December 23, 2017, from 10AM to 11:15AM, at Notre Dame Church, 446 Main Street, Southbridge, MA 01550, with the funeral Mass that followed at 11:30AM. Burial services will be private.

www.sansoucyfuneral.com

Peter J. Jennette 61



E А S Т **BROOKFIELD-** Peter J. Jennette 61 of Drake Lane, died Christmas morning at UMASS Memorial Medical Center in Worcester surrounded by his loved ones

He leaves his wife of 27 years, De bbie J. (Truhel) Jennette, his son, Dennis Jennette and his wife Natalie of Fiskdale, his daughters, Jennifer Sadusky and her husband Jim of Spencer, Laura Howe and her husband Cody of Ridgefield, W A and Ashley Harvey of Worcester, his sisters, Marion Thompson and her husband Joe of Leicester, Paula Dunphy and her husband Eric of Falmouth, Helen Russo and her husband Dave of Hudson, FL and Cindy Quinn and her husband Dermit of Ca n ton, four grandchildren; Mila, Roman, Denny Jr. & Ryleigh, along with many nieces , nephews and friends. Peter was a Supervisor of Manufacturing and a Master Scheduler for Metso Flow Control, Inc.

(formerly Neles-Jamesbury Inc.) in Worcester for 25+ years before falling ill in 2007.

Born in Worcester, he was the son of Joseph and Ruth (Blair) Jennette and later graduated from Wachusett Regional High School in Holden.

Peter was a loving husband, father, grandfather and friend, he was an avid outdoors man and enjoyed boating and water sports on Lake Lashaway where he resided. Peter and h is wife, Debbie, hosted many parties including their annual Chicken BBQ where friends and family would gather. Peter also enjoyed gardening, bird watching, tending to his fruit trees, and vacationing in Rockport every July.

Memorial calling hours was held on Saturday, Dec. 30 from 12 to 2 p.m. in the J.HENRI MORIN & SON FUNERAL HOME 23 Maple Terr., Spencer. lieu of flowers, contributions may be made to either Second Chance Animal Service, P.O. Box 136, E. Brookfield, Ma. 01515 or Lupus Foundation of New England, 40 Speen St., Framingham, Ma. 01701.

Home, 51 Marcy Street, Southbridge followed by a Masonic Service at 6:30 P.M.

The Belanger-Bullard Funeral Home, 51 Marcy Street, Southbridge, MA has been entrusted with arrangements. The funeral home will be open at 5:30 P.M.

In lieu of flowers, the family has requested that donations be made to the Civil War Trust, 1140 Professional Court, Hagerstown, MD 21740.

www. Please visit BelangerFuneralHome.com to sign a memorial guestbook.

CALENDAR

Send all obituary notices to Stonebridge Press. PO Box 90. Southbridge, MA 01550, or by e-mail to jean@stonebridgepress.news

www.morinfuneralhomes.com

Wednesday, January 10

BLOOD DRIVE: There will be a Red Cross blood drive held in the St. Joseph Church Hall, 10 H. Putnam Road Extension, Charlton on Jan. 10 from 1:00 until 6:00 p.m. The drive is sponsored by Council 11379 of the Knights of Columbus. Each pint of blood collected can help up to three hospital patients. Walk-ins are welcome, but appointments reduce the wait time. Contact the American Red Cross to schedule your appointment at www.RedCrossBlood. org; or, 1-800-RED CROSS. A \$5 Dunkin' Donuts gift card will be presented to each donor.

Tuesday, January 16

FRIENDS OF STURBRIDGE TRAILS: The fifth annual meeting of FrOST will be held on Tuesday, Jan. 16 at 7 p.m. graciously hosted by the Publick House. On the agenda, will be a short presentation on where the trail building progress of 2017 and plans for 2018, the status of Friends of Sturbridge Trails, 2018 activities and a review of our first five years. The Friends group is open to anyone who would like to support trails in Sturbridge. If you cannot make the Jan. 16 meeting, have more questions or want to help in the organizational effort, email David Barnicle at:

dmbarnicle8141@gmail.com or email Sturbridgetrails@gmail.com. More information on FrOST can be found on our Facebook Page: https://www. facebook.com/Friends-of-Sturbridge-Trails-476149822433894/ the and Sturbridge Trails website: http://www. sturbridgetrails.org/

Membership forms to sign up and join FrOST will be available that night.

Monday, January 22

BUST THE BLUES! Let's Bust the Winter Blues! Italian Fest Party at the Brimfield Senior Center, Jan. 22, 11 a.m. to 1 p.m. It's cold outside so come on down for some of Eva's fantastic homemade lasagna layered with seasoned ground beef, homemade sauce, creamy ricotta cheese and gooey mozzarella. On the side enjoy warm garlic bread and garden salad tossed with Italian dressing. Local entertainer Dwayne Carlson will be here to perform a variety of popular songs. Feel free to sing along, tap your feet or get up and dance! January birthdays will be celebrated with cake and song. There is a \$5 suggested donation for this event. Please reserve prior to January 19. The Senior Center is located in the 1stCongregational Church, 20 Main St., Brimfield 413-245-7253

ONGOING

ALZHEIMER'S SUPPORT GROUP: On the third Wednesday of each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass. org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family

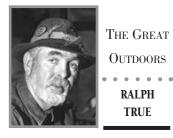
Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

Winter fishing just revving up



With pheasant hunting and deer hunting coming to an end for most outdoorsmen and women, waterfowl hunting and ice fishing are the final two activities left for most sportsmen that enjoy the great outdoors during winter months. There are a lot of ducks and geese in the area, but hunters need to be extra careful with frozen waters that are being hunted. Extreme caution needs to be used when sending the hunting dogs out into frozen areas, to retrieve downed birds. Costal hunting for sea ducks at this time of year has caused the death of many duck hunters in the past. Fast moving tides can carry hunting dogs away from the hunting blind and too often hunters needed to retrieve duck and dogs because of the strong tides. Duck hunters hunting costal marshes also need to keep an eye on the incoming tides. Too often duck hunters have been stranded on sandbars after the tide comes in. Play it safe!!!!

Although the final count of the deer harvest is not complete for this year, MFW is predicting a record harvest for all three seasons in Massachusetts. The quality of the deer was great, with numerous young bucks sporting large antlers and weighing in at surprising numbers on the scales during the first week of shotgun season.

A huge black bear weighing in at 342 lbs. was hit and killed by two vehicles in Gardner on Rt. 2. A hunter also illegally shot a moose in the Gardner area during the shotgun season. The Environmental Police are investigating the incident. The controlled hunt at Blue Hills this year netted 67 deer

of which 42 were females. Some ponds have enough ice on them for some ice fishing, but extreme caution needs to be used. Striking the ice with a good ice chisel as you navigate the frozen waters, is the only safe way to go, as mentioned last week. Many first time anglers of the year start out jig fishing and it can be extremely productive for catching enough yellow perch for a good meal. When a good school of perch are located and they are feeding, a single angler can catch a dozen or more perch from one hole.

During a feeding frenzy, largemouth and small mouth bass will aggressively hit the jig, providing the angler with some excitement as he or she tries to bring the fish to top, and through the hole. A Swedish pimple with a single hook, baited with a grub, can catch the first perch. Immediately remove one of the eyes of the perch, and affix it to the single hook, being careful not to break the eye. The fresh eye is the best bait to use when fishing with a jig stick for perch. A small fresh shiner is also great when jigging for larger fish like pickerel and bass. Be sure to test the depth of the water at each hole, as water depths can change quickly. Fishing a foot off of the bottom



Courtesy photo

This northern pike was caught in Connecticut. Local waters haven't been stocked with the game fish for a while now.

is normally best to catch vellow perch, but sometimes a few feet off of the bottom can make a difference.

Cleaning yellow perch is quick and simple by removing the top fin completely. Make a cut just in back of the head being careful not to completely cut off the head. Place your right index finger in back of the head and your left index finger and thumb also in back of the head, and pull down with the right hand. As the skin starts to peel off you will be left with only the fully cleaned fish. Lay the perch on their side one by one and cut off the bones along the cavity with one stroke of the knife on each end. Rinse the fish off and you are ready to start cooking.

A combination of 2/3 yellow corn meal and 1/3 flour ground in a blender for a few seconds, will give you the consistency of a milled substance that is ideal for frying any kind of sea food and fish. A cast iron pan with a good frying oil and small amount of butter will cook up your perch to perfection. Cooking the fish for a couple of minutes on each side will give you some tasty eating at the table. Carefully peel the meat of the perch from the main bone, and eat them with some great fried rice from Food Works restaurant in North Uxbridge, along with your favorite beverage. Great.

This week's picture shows a local angler with a large Northern Pike taken through the ice in Connecticut a few years back. If you want to catch a fish like this you need to go to a neighboring state, although a few fish still inhabit some local waters from stockings of pike a number of years ago. Local anglers are hoping that MFW will expand their pike program back to more than a few northern bodies of water. Manchaug Reservoir had a huge success rate back in the '80s or '90s when the state was stocking local bodies of water in the state, as did Webster Lake.

The Uxbridge Rod & Gun club will hold their annual Red Eye Shoot at the trap range January 1, starting at 10:00 a.m. The event is open to the public.

Wishing everyone a very Merry Christmas and Happy, Safe Holiday Season

Take a Kid Fishing & Keep Them Rods Bending!!

Police searching for credit card fraud user and dog owner Fly fishing show upcoming MARLBOROUGH - Anglers from throughout New England will head to

Marlborough Jan. 19-21 for a first-look experience of everything new in the sport at the 2018 Fly Fishing Show; Royal Plaza Trade Center, 181 Boston Post Road West. Parking is free.



Courtesy photos, Sturbridge Police Department

Police are looking to identify this man who allegedly bought \$900 worth of gift cards after finding a wallet with the credit card inside.

BY TARA VOCINO VILLAGER CORRESPONDENT

STURBRIDGE — Police are looking to identify this man who allegedly picked up a wallet and bought about \$900 worth of gift cards with a credit card inside.

'The victim lost her wallet somewhere," Police Sgt. Larry Bateman said inside the station Dec. 27. "We assume that the suspect had the physical card to make the transactions. At Shaw's, he bought a soda and a single \$200 gift card. And the same day at Stop & Shop, he bought two \$186 gift cards with overdraft banking fees.

Bateman said the bank is working on getting back the money, adding the



pooch who was found on I-90 late Tuesday.

suspect could have sold the gift cards for cash.

He described the suspect as a white male between 25 and 35 years old; skinny; who was wearing a black hoodie and black pants; white baseball hat; and carrying gift cards in hand on surveillance.

Bateman said the suspect will be charged with one count of larceny over \$250 and credit card fraud.

Lost dog

Police are also looking for the owner of this dog who was found along I-90 eastbound near the Sturbridge/Brimfield line late Tuesday.

Anyone with information on either case is being asked to call police at (508) 347-2525. ext. 0, or ext. 325.

"He's an older guy, and doesn't look malnourished," Bateman said.

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The Marlborough Fly Fishing Show's annual edition features about 10 demonstrations or audio/visual presentations each hour plus wall-to-wall displays of new fresh- and saltwater fly rods, reels, fly lines, boots, waders, clothing and flies during the three day mid-winter run.

In addition to tackle, lodges and exotic destinations, show visitors can view continuous fly-tying demonstrations, how-to-do-it seminars and presentations ranging from Atlantic salmon in Labrador to fly fishing Turneffe Atoll in Belize.

National Fly Fishing Show door prizes are valued in excess of \$40,000.

Casting demonstrations are scheduled by Joe Humphreys, Jeff Currier, Bob Clouser and Gary Borger.

Fly tying demonstrations are on tap from Ed Engle, Borger, Clouser, Nate Brumley and Tim Flagler.

The New England premiere of the 2018 Fly Fishing Film Festival will be held Fri. at 6:30. Tickets are \$10 in advance or \$15 at the door.

Fly Fishing Show $\ensuremath{\mathbb{R}}$ admission is \$15 for one day, \$25 for two days and \$35 for three days. Children under age 5 are free as are Boy and Girl Scouts under 16 in uniform. Children under 12 are \$5. Active military with an ID are \$10.

For a complete list of fly-fishing films, classes, seminars, door prizes and demonstrations, visit flyfishingshow.com/marlborough-ma/ or phone (814) 443-3638.



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TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Ruth DeAmicis, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to ruth@stonebridgepress.news.

CHARLTON SENIOR CENTER

Please call Elaine or Debra for more info at (508) 248-2231 ~ Sign up sheets & flyers available at the Senior Center. Flyers are also available on our webpage www.townofcharlton.net: click on Departments then click on Council on Aging/Senior Center. Pick up is generally from St. Joseph's Church, 10 H Putnam Road Extension, Charlton

DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DUDLEY SENIORS

For information and reservations contact Evelyn Grovesteen at (508) 764-8254

May 19-24: 6 day/ 5 night bus trip to the Canadian Island of Coudres & Quebec City will be offered from May 19-24, 2018. It will include transportation on a top quality motorcoach which is restroom and video equipped, 5 nights lodging including 3 on the Island, 5 breakfasts, 1 lunch and 5 dinners, 2 guided tours (of the Island and City), whale watching on the calm waters of Bay St. Catherine and a visit to St. Anne De Beaupre Shrine. Also included are all tips for the bus driver and step on guides. Snacks and water will be provided on travel days, as well as games, movies, etc. Cost will be \$700/ person based on double occupancy. Passports will be required. For information call Evelyn Grovesteen at (508) 764-8254.

August 6-10: five days-four nights motorcoach transportation, leave Dudley town hall at 8 a.m. \$525 per person double occupancy. Includes admission to Jesus show at Millennium Theater, visit to Gettysburg National Park, guided tour of Philadelphia, visit to Kitchen Kettle Village, admission to Amish Experience and Jacob's Choice at F/X theater, guided tour of Lancaster. Some meals included. Added cost for single occupancy.

EAST BROOKFIELD SENIOR CENTER

For information and reservations, please contact Judy Shute (508) 867-9224

LEICESTER SENIOR CENTER

Contact the Leicester Senior Center, Joan Wall, (508) 892-3967 for information and to make reservations.

• Jan. 19: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.

• Feb. 16: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.

• March 16: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

2018 India: Jan. 5-19

Cuba: March 18-29

Grand Tour of France: May 30 to June 15

England & Scotland: Sept. 5-18, 2018 2019

Grand Tour of Ireland: Sept. 9-22, 2019

Northwest USA Parks: May 21-31, 2019

MILLBURY SENIOR CENTER

DAY TRIPS:

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com. Trips are open to the public!

Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2018 TRIP SCHEDULE OPEN TO PUBLIC

Thursday, March 8: Foxwoods \$25, 10 a.m. bus.

You will have 5 hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Sunday, April 29-Tuesday, May 1:

Atlantic City

For \$249 per person double you will get two nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see a casino revue show. For details call Jan at (508) 887 2215.

Thursday, May 18: Foxwoods \$25

You will have 5 hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Tuesday, June 19: Dancing Dream ABBA Tribute. 10 a.m. bus. Show has been cancelled!

Sunday, July 22: Fosters Lobsterbake For \$87 you will get a deluxe motor coach tour of the Maine coast and a delicious lobsterbake. For details call Jan at (508) 887 2215.

Tuesday, August 14: Bobby Rydell in person.

For \$105 you will get a deluxe motor coach to Venus De Milo where you hear the music of Bobby Rydell with songs like Volare, Swinging School, Forget Him, Wild One and more. You have a choice of baked stuffed chicken or scrod.

Tuesday-Thursday, Sept. 11-13: Penn. Dutch Tour

For \$469 per person double you will take a deluxe motor coach tour of Lancaster and Philadelphia and see the show "JESUS". For details call Jan at (508) 887 2215.

Oct. 9-16: ALL INCLUSIVE ARUBA Happily Full. I am taking names for standby on this trip and for 2019 trip

Thursday, Nov. 15: Foxwoods \$25 - 10 a.m. bus.

You will have 5 hours at the casino

Turn To TRIPS page A17

This section reaches 47,000 households in 7 Massachusetts newspapers. Call Jean at 508-764-4325 or email jean@stonebridgepress.news

*inter*Home



for more information



TRIPS

continued from page A16

as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2017. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2018

September 11-13: three day excursion for the performance of Jesus at the Sight & Sound Theatre, Lancaster PA, the Amish Country and Philadelphia. More details available soon. The production has taken three years in the making and involving about 650 individuals in all phases of its completion for the upcoming 2018 presentation. Cost: \$519 pp/dbl. Waiver insurance and a budget plan available. Early reservation recommended.

Additional plans pending include: April 14 NYC; May or June Boston Pops; July or August Tanglewood.

UXBRIDGE SENIOR CENTER

All trips depart from the Whitinsville WalMart. Call Sue at 508-476-5820 for more information.

The Silver Club BUS TRIPS for 2018 March 17: new trip added! The Reagle Players Irish Show "A Little Bit of Ireland" \$84 with lunch at the 99 Restaurant. We've been to the Reagle Players wonderful Christmas shows; now it's time for everyone to be a little bit Irish and enjoy their St. Patrick's Day show! Music, Irish step-dancing and fun! \$84 with lunch at the 99 Restaurant. Choice of baked scrod or broiled sirloin.

April 28: MAMA MIA (Manchester, NH) show and lunch, \$87 The music is catchy, the show is great! There is a wonderful lunch included at Fratello's Italian Grille in one of Manchester's old mill buildings. Choice of broiled haddock or chicken Fratello. May 8: MYSTERY TRIP first ever!! Where will we go?? \$69. Everyone loves surprises! Join us on a trip to "somewhere" (Or maybe nowhere!!!) The one thing you will know is what you're going to eat for lunch. Choice of grilled chicken, grilled rib eye steak, filet of sole, or a vegetarian lunch plate.

May 29: Lobster Bake Cruise, Gloucester, \$78. Have a relaxing cruise along Gloucester Harbor while you dine on a lobster and grilled chicken dinner, complete with white tablecloths and napkins, and music as you cruise.

June 8-10: Bar Harbor (Blue Nose Inn), \$469. This is a weekend trip so those of you who work don't have to take time off! Bar Harbor is beautiful in June before the crowds come! Includes a tour of Acadia National Park, a cruise of Frenchman Bay, and a lobster bake.

June 26-29: St. Andrews By the Sea & Campobello Island, \$839. Stay at the famous Algonquin Resort, a beautifully redone historic hotel built in 1889. Enjoy a lobster bake in Bangor. Arrive at Saint Andrews by the Sea the second day after a tour of Campobello Island, Roosevelt's summer home. A nice treat for yourself!

July 22-27: Canadian Cities (Quebec, Montreal, Ottawa), \$699. FULL, waiting list available

Sept. 7-9: Boothbay Harbor (Boothbay Harbor Inn), \$449. Stay across the footbridge from the town of Boothbay Harbor at the Boothbay Harbor Inn right on the water! September is a beautiful time to be on the coast of Maine. The crowds are gone and you can enjoy the serenity

Oct. 5-8: Washington, DC, \$699. What better time to see the Washington Monuments than Columbus Day weekend? An illuminated night tour, time to go to the Smithsonian Buildings, plus a tram tour of Arlington National Cemetery are some of the highlights.

Oct. 17-19: Penn Dutch w/"Jesus" -great in the fall! \$479. The Sight and Sound Theater is presenting their newest show "Jesus" this year. That is the biggest reason for some people to go to Amish country. The beautiful fertile farmland and simple way of life of the Amish draw people back year after year.

Nov. 28: Newport Mansions – More info TBA

Dec. 7 & 8, 2018: Portland, ME "Christmas by the Sea" \$319. Enjoy the Portland Symphony Orchestra, a great way to get into the Christmas mood! On the way home, we will make a stop at Ogunquit's "Christmas by the Sea" celebration

More day trips to follow. Also, White Mt. Hotel & Resort, North Conway...

Call Sue at (508) 476-5820 if you have any questions. 144 SE Main St., Douglas, MA 01516 suelheureux25@gmail.com

How to find the right fitness facility



Joining a gym can be a great way to get healthy. Monthly gym membership fees may provide the motivation sedentary men and women need to get off the couch and pursue their fitness goals, and the right gym can foster a love of exercise that lasts a lifetime.

Finding the right fitness facility is not necessarily as simple as signing up at the one nearest your home or office. Finding a facility that best suits you and your goals may require consideration of a host of factors.

PERSONAL GOALS

Fitness facilities are not all one and the same. Before shopping around for a facility, men and women should make a list of their fitness goals and what

they're looking for in a gym. Aspiring bodybuilders may want a facility with an array of free weights and strength training machines, while men and women whose ultimate goal is to lose weight may prefer facilities geared more toward cardiovascular training. The U.S. Department of Health and Human Services recommends adults participate in both strength and cardiovascular training, so facilities should provide both options. But some gyms may focus more heavily on strength training, while others may offer an extensive selection of cardiovascular equipment. Choose the facility that best aligns with your workout.

AMENITIES

Amenities are another important factor to consider when choosing a fitness facility. Facilities that offer a host of amenities like steam rooms, hot tubs and saunas might provide more motivation to visit the gym for adults accustomed to inactive lifestyles. In addition, such amenities might aid in adults' recoveries.

WORKOUT ALTERNATIVES

Men and women who have never been very enthusiastic about traditional workouts may want to look for facilities that offer more options than weightlifting and cardiovascular training. Many gyms host classes like yoga, Zumba® and Pilates. Each of these are effective alternatives to more traditional workouts. When shopping around, look for facilities that offer classes for people of various skill levels, as exercises such as yoga can be very difficult for novices.

Swimming is another effective alternative to traditional workouts, and many facilities have their own pools. Adults are more likely to exercise if they enjoy their workouts, so people who love to swim may want to limit their searches to facilities with swimming pools.

HOURS OF OPERATION

Hours of operation is another important factor that should not be overlooked. Working adults, especially those with families, may have very small windows of free time in which to exercise. Even if the most pristine and inviting facility won't do men and women much good if it's not open when they're available to workout. Before shopping for a facility, men and women should write out a weekly schedule, making note of when they'll be working out and making sure to find a facility that accommodates that schedule.

Adults looking for a new fitness facility should consider a host of factors to ensure they find one that best suits their needs.



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How Some Of The Toughest Guys On The Planet Can Get Help Caring For The Ones They Love



(NAPS)

Taking care of a family member who is aging or ill can be tough—but you don't have to do it alone. Just ask actor Danny Trejo, who stars in a new PSA (public service advertisements) campaign supporting male caregivers.

"I've helped care for a friend of mine who had cancer, so I know how hard it can be," explained Trejo.

The Facts: Men Are Providing Care, Too

Men represent 40 percent of the more than 40 million unpaid family caregivers in the U.S., representing 16 million sons, husbands and friends caring for an adult loved one in need.

Men are doing more than just managing finances or running errands. Sixty-three percent of male caregivers are the primary caregiver for their loved one, according to AARP, the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans age 50 and older. Many of these male caregivers help their loved ones with personal care such as eating, bathing and dressing, as well as medical and nursing tasks. More than half find it difficult to help loved ones with these intimate care needs and feel unprepared. To help family caregivers, AARP and the Ad Council launched the Caregiver

Assistance Campaign, directing people to free caregiving resources at aarp.org/caregiving. The latest PSAs are specifically targeted to men, because they are less likely to see themselves as caregivers or to reach out for help.

Celebrating the inner strength of caregivers, the TV ads feature Danny Trejo, an actor known for his "tough guy" persona. While Trejo performs feats of strength and daring, a caregiver performs acts of care for his father, such as preparing dinner and helping him shave. In a twist, Trejo praises the caregiver as "the toughest guy on the planet." The PSAs feature the tagline "caregiving is tougher than tough" and remind caregivers that they can find help and support.

"Caring for someone else is one of the toughest jobs there is," said Danny Trejo. "There's no shame in getting some help if that's what you need to stay strong."

Tips for Caregivers

include:

Weekly meal plans may save money

The majority of caregivers (60 tailored

• Falling victim to a scam could be a sign that a loved one needs support. Help them sort mail and throw out obvious scam threats.

• Create a daily caregiving checklist and check off items daily. You'll stay on-task and communicate more easily with others involved in your loved one's care.

• To ease stress and save time, do caregiving prep like selecting clothes or preparing food and medicines the night before.

• Caregiving brings many challenges but also many joys. Take time to savor the joyful, rewarding

moments. Learn

More For free caregiving resources, including practical Care Guides to specific topics and challenges, visit www. aarp.org/ caregiving or call (877) 333-5885.

As men continue to take on caregiving roles, they are looking for practical information and support tailored to their needs.

WAREHOUSE/DELIVERY Full Time

Section

Friday,

January 5, 2018

Help Wanted... We are looking for the right person to join our team! The right candidate must be dependable, possess a valid drivers license, be physically fit, able to move furniture, be neat in appearance, and have the ability to assemble furniture utilizing basic hand and power tools.

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Candidates must be able to work nights and weekends when needed. Residence in the area is preferred, but not required.

Stonebridge Press is an equal opportunity employer.





So what are waiting for? Send your résumé to Editor Ruth DeAmicis at ruth@stonebridgepress.news, or mail to Stonebridge Press, ATTN: Editor, P.O. Box 90, Southbridge, MA 01550

Shaw-Majercik Funeral Home

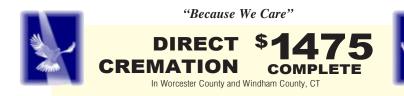
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percent) juggle their caregiving responsibilities with a full- or part-time job, and that percentage is even higher for men. Juggling work and caregiving responsibilities can be highly stressful, putting caregivers at risk for depression, anxiety, and heart disease. A few quick tips to help caregivers in this role

"Doing Things Right", Served 208 Families in 2017

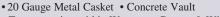
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Meal plans provide a clever way to save money on food. Knowing the meals that will be made and which ingredients need to be purchased for these recipes eliminates floundering and impulse purchases at the supermarket. Knowing exactly what to buy and when also can eliminate food waste and

when also can eliminate food waste and spoilage. According to research from the University of Pennsylvania, people who can avoid impulse spending can save up to 23 percent on their grocery bills.

Planning meals in advance can also provide a host of health benefits. When meals are planned in advance, shoppers have more control over the ingredients they choose and can tailor them to specific dietary needs or healthy eating plans.

Fortunately, time-pressed individuals have a number of resources at their disposal to help them plan and shop for meals. A quick online search for weekly meal plans will yield many results, including recipes and complementary shopping lists. People also can download apps that help with meal planning to their smartphones. Such apps include Yummly, Pepperplate and MealBoard, among others.

Another way for individuals to plan meals more effectively is to take a few moments on the weekend to think about which meals to make during the week ahead. Compare the necessary ingredients against those you may already have in your pantry. The rest can be purchased and saved for subsequent meals. Buying a week's worth of groceries in one shopping trip is more efficient and can help to conserve fuel.

When planning meals, try to use the most perishable items first. For example, prepare to use seafood, some dairy items and fresh vegetables early in the week, and more durable foods, such as



frozen, boxed or canned goods, later in the week.

When buying foots at the store, buy proteins in bulk and subdivide them into smaller packages to save money. Properly repackage foods so they will not spoil or become freezer burned, leading to waste. Other budget-conscious shopping tips include trying store brands, building meal plans around items that are on sale that week and making use of coupons or coupon apps.

Post a weekly meal plan on or near the refrigerator so items can be thawed and ingredients prepared as needed. Building meals around slow cooker recipes also can help those who like to prep foods in the morning and then come home to completely cooked meals. On busy nights, arrange for fast meals, such as sandwiches or one-pot creations.

By planning meals in advance, home cooks never have to stand in front of the pantry wondering what to make.



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- Mark A., Renewal by Andersen customer, Attleboro, MA



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¹DETAILS OF OFFER – Offer expires 1/21/2018. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and 12 months no payments, no interest when you purchase four (4) or more windows or patio doors between 1/1/2018 and 1/21/2018. Subject to credit approval. Interest is billed during the promotional period but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2018 Andersen Corporation. All rights reserved. ©2018 Lead Surge LLC. All rights reserved.



WEBSTER LAKE - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms 3 Bdrm 2 Baths A/C'd Banch! Custom SS Applianced Granite Kit! Din Rm Irdwds & Slider to Waterfront Deck w/Awning! Lake Facing Frplc Liv Rm w/

WEBSTER LAKE - 82 Lakeside Ave! South Pond! Prime 157' Waterfront w/ Western Expo! Beautiful Sunsets! Panoramic Lake Views! 10+ Rm, 4 Bdrm, 4.5 Bath, A/C'd, 3,832' Custom Colonial! Lake Facing Quartz Kit w/Heated Flr! Din Area w/Custom Wall Unit & Slider to Waterfront Deck w/Elect Awning! Frplo

Liv Rm! Din Rm w/Tray Ceiling! Lake Facing Master w/Master Bath! Upstairs 3

WEBSTER LAKE - Reid Smith Cove WATERFRONT LOT! South Shore Rd Build Your Dream Home or Summer Retreat! Set on Quiet Road, Surrounded

Waterfront! Yr Rd 7 Rm Colonial! Ideal 2nd Home! Panoramic Views of South Pond! NEW Kit w/Din! Frplc Din & Liv Rm w/Lake acing Pic

WEBSTER LAKE - 30 S Point Rd! 91' WEBSTER LAKE - 55 Colonial Rd! South Pond! 105' Level Waterfront! Western Expo! Awesome Sunsets! 10 Rm Contemp! Pano Lake Views Most Rms! Open Flr Plan! dow! 3 Bdrms! Walkou Froled Liv Rm! 4 2nd Flr Bd

Rms, 3 Bdrms, 2 Baths! 141' Waterfront 12,458' Lot w/Plenty of Privacy! Kit, Maste Bdrm, Master Bath, Roof & Windows New in 2013! Enjoy Sunsets from Wran-aroun Porch! Beautiful Lake Views! Frolc Liv



Cathedral, Skylight & Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage!

\$749.900.00





WEBSTER LAKE – 48 Laurelwood Drl Reid Smith Cove! One of the Lake's Best Lots! Beautiful 10 Rm, 3,686' Contemp! 104' Waterfront, 228' Rd Frontage, 33,628 Sq. Ft, or .77 Acres! The Best on Market! Gradual Sloped Lawn to Beach/Shore! Private Rd wWoods Across Street! Location, Slope to Water, View & Exposure, Things You Can't Change, After that it's One's Imagination! Front, Back, & Side Yards, Space to Roam, Entertain, Park & Expand! Main Level, White & Black Granite Kit, Center Isl w/Gas Range & Sink, Wall Ovens! Din Area! Lake Facing Din Rm! Fryled Liv Rm w/Cathedral Open to Sun Rm w/Water View! Lake Facing Office/Possible 4th Bdrm! Half Bath! Upstairs, 3 Bdrms, 2 Bathrms! Amazing Lake Facing Master, Bath w/Whirlpool, Steam Shower, Dble Vanity, Cathedral w/Skylight & Laundry! Walk-out Lower Level w/ Fryled Fam Rm, Summer Kit & 3rd Full Bath, 3.5 Total! C/Air! Gas Heat! 2 Car Garage & More! \$1,100,000.00

Bdrms, 2 Lake Facing! Lower Level Fam Rm w/2nd Kit, Sauna & Full Bath! 3 Car Attached, 1 Car Detached! Security! Generator! Boat House! \$1,195,900.00

CAL tiltin sa SOLD

WEBSTER LAKE – 18 Bates Crossing! South Pondl Beautiful Sunrises! Huge Eastern Exposure! 8 Rm 3,100 'Custom Contemporary! 2.43 Acres! Substantial Privacy! Home Features Endless Possibilities! Open FIr Plan wMagnificent Views from Every Rm! 3 Bdrms, 3 Baths, Endees rossimilies: Open Fir Fran Whagimicelin Views From Every Kin 's Dorms, 3 Datins, Cathedral Cellings wilSkylights European Kit Wortner Ist Il Movern Frylc Liv Run WiGlass Sliders Open to Waterfront Balconyl Master Bdrm wien-suite Bath, Separate Shower, Jacuzzi Tub, Walk-in Closet & Attached Laundryl Lower Level Bdrms Share Prinate Bath! OAr! Attached Garage wWork Space Detached 2 Car Heated Garage wWorkshop! Greenhouse! Panoramic Lake & Estuary Views! **\$950,000.00**

Lower Level w/Fam Rm w/Summer Kit! NEW Int. Paint! Recent Roof & Siding! \$349,900.00 Waterfront! 7,200' Lot! 57' on the Water & Road! Town Water & Sewer Available! \$229,900.00

SOLD SOLD

WEBSTER LAKE - 901 Treasure Isl! **Prime Beachfront** Townhouse! 6Rms! 1,874'! Open Floor Plan! Applianced Granite Kit w/Hrdwds! Din & Liv Rms w/ Hrdwds! 2 Bdrms! Master Bath! 2.5 Baths! Froled Fam Rm w/Tile Flr! Recent CAir Gas Heat & Windows! Trey Deck! Garage DAT SLIP! Heated Pool! \$424.900.00

Facing! Master Bath! 2.5 Remodeled Baths! 2 Car Garage! Dock! Add Lot Across St! Rm! SS Appliances C/Air! 2 Car Garage! \$519,900.00 Recent Roof! \$599.900.00

WEBSTER LAKE - 334 Killdeer Island!

WEBSTER LAKE – 334 Killdeer Island! Middle Pond! South Facing! Well Maintained 7 Rm Colonial! Applianced Oak Kit! Din Rm WiHrdwds! Cathedral Ceiling Liv Rm wiLake Views! Cathedral Ceiling 3 Season Sunrm Overlooking Lake! Lake Facing Master Suite.

Master Bath! 3Bdrms! 2 Baths! Sandy Beach! \$469,900.00



WEBSTER LAKE - 60 Lakeside Ave 100' Waterfront! Huge Views of South Pond! Western Exposure = Fantastic Sunsets! In Time for Summer! 5 Rooms of Rustic Charm! Real Log Summer Cottage! 10,924' Lot Allows for Room to Expand! Remodel It! Tear it Down! Build New! \$359,900.00



100月2日



WEBSTER LAKE: PANORAMIC VIEWS OF WEBSTER LAKEI Great South Fac-ing Location, 62' prime lakefront, large deep lot 10,4895, flagstone & concrete patios, full concrete wallway at waler's edge, clock, retaining walls & stonework, privacy fance, storage shed, recently paved drive, pleny offstret parting in drive-way & area at roadside, spacious, Year-round, 2 story Cape home, 4 BPs (1 on 1st fti), 2 full BAs, Harvey replacement windows, 6 year/- young rod. NEW PRICE \$419,900

Webster Lake Waterfront Property! Prime Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+/-SF of living area w/2 BRs & full bath. Plus, convenient, indoor access to Walkout Lower Level w/ tremendous potential for additional living area.

available

Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage \$345.000

1st Time Offered in Reid Smith Cove, Spectacular 3700+/- SF, 13 Rm/4.5 Bath Lake Home, Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location, .68 Acres, 92' of Natural Shoreline, Prof. Landscape, Multiple Decks, Lakeside Cabana, 3 Mstr BR Suites w/Elegant 1st FIr Mstr ~ all w/ Private Baths, Finished Walkout LL w/Living & Billiard Rms & Summer Kitchen! Call Sharon at 508-954-7222 for More Information **\$1,150,000**.





Local Events, Arts, and **Entertainment Listings**

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ONGOING

ROADHOUSE BLUES JAM Every Sunday, 3:00 - 7:00 p.m. AT SALEM CROSS INN CADY'S TAVERN 2168 Putnam Pike, Chepachet, RI 401-568-4102

TRIVIA SATURDAY NIGHTS

7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA TRAP SHOOTING 508-892-9822

WISE GUYS TEAM TRIVIA Every Tuesday, 8:00 - 10:00 p.m. CADY'S TAVERN 2168 Putnam Pike (Rt. 44) Chepachet, RI 401-568-4102

LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN 260 West Main St., West Brookfield, MA 508-867-2345 www.salemcrossinn.com



Every Sunday at 11:00 a.m. Open to the public \$12.00 per round includes clays and ammo NRA certified range officer on site every shoot AUBURN SPORTSMAN CLUB 50 Elm St., Auburn, MA 508-832-6492

HUGE MEAT RAFFLE First Friday of the month Early Bird 6:30 p.m. - 7:00 p.m. 1st table: 7:00 p.m. Auburn Sportsman RAFFLES Club 50 Elm St., Auburn, MA 508-832-6496

TRIVIA TUESDAYS at 7:00 p.m. Cash prizes **308 LAKESIDE** 308 East main St. East Brookfield, MA

TRIVIAL THURSDAY No cost to play Cash prizes Every Thursday at 7:00 p.m. CHESTER P. TUTTLE RAFFLE POST AMERICAN LEGION 88 Bancroft St. Auburn, MA 508-832-2701

774-449-8333









WITH CUSHIONS Excellent Condition, BRACKETS 6 Swivel Chairs, Lounge Chair Has Drawers and Shelves \$140 Three-Seat Glider, Two-Seat \$150 Glider, Glass Coffee Table, Call LADDER RACKS FOR Glass Side Table. (508) 347-7492 TRUCK Will Sell Individually, **Can email picture** \$125 **Excellent Condition**, **Never Been Outside! Excellent Items for** (508) 234-2573 **ENGINE STAND** Sale!! \$50 **TV ARMOIRE: Angle Iron Cutter** (508) 892-9595 Solid Wood, Corner Space, For Shelving Fits 40" Flat Panel, 57h x 40w x 24d. 4W296, HK Potter 2790 **1949 International** Space for Electronics and **Normally Sells For \$700 Harvester Cub Tractor** Storage \$300 OBO Runs Well, Two New Tires, \$50 OBO Attachments Include Snow Plow, Harrow, Cultivator, LG WASHER AND and Land Plow. Call 5pm-8:30pm **DRYER:** \$2,500 (508)867-6546 Models WT5070CW and (508) 248-6860 DI FX5170 Large Capacity and **1991 HARLEY** TrueSteam, Like New! DRESSER BICYCLES \$500 for pair 55,000 Miles \$300 if sold separate FOR SALE **Runs Great!** \$4,500 ONE MEN'S AND In Northbridge or Will Trade for Car ONE WOMEN'S Call: of Equal Value (508) 801-6367 BICYCLE SPECIALIZED CROSSROAD **BASS BOAT** SIZE MEDIUM **Farmall Cub Tractor** 16 1/2FT LUND AVENIR SEAT with Very Good Condition! SHIMANO REVOSHIFTS **Cultivator and** MANY EXTRAS 7 SPEEDS & MORE \$3,750 O.B.O. **Fertilizer Side** MINT CONDITION Dresser A MUST SEE **Call for Info** \$800 (508) 943-5797 ASKING Cell (508) 353-9722 \$175/EACH **Seasoned Cord Wood** or best offer for SALE CALL **2 TWIN BEDS** (508) 347-3145 (774) 232-9382 COMPLETE, IN EXCELLENT **FINLAND** CONDITION COMPLETE **BLUE FOX** 508-423-4824 **MACHINE SHOP** JACKET Bridgeports, C & C Milling By Michael Valente 2-WHEEL Machine, Lathes, Air Size 8, very good **TRAILER 5X8** Compressors, Fork Trucks, condition. \$200 pressure treated Drill Presses, A Complete OBO sides and bed Mezzanine 3,500 sq.ft. NEVER Vintage Black INSTALLED! new tires bearing American Sable Pallet Racking, Electric Pallet buddies, wired & Coat, sz. small Jacks \$100 OBO ready to go \$450 (508) 792-9950 508-864-4075 508-935-7937

508-612-9263 **400 ANDERSON** *********** WINDOW 51x32 RO \$200 **FURNITURE FOR** SALE 36-80 1 Bedroom Set-Bed, Two Bureaus with Mirror Solid Cherry Wood **1 Dining Room Set** from Ethan Allen-MOTORS Solid Cherry Table with Two 1/2HP 230/460V Extensions and Glass Hutch 1725RPM, 56 Frame with Lights \$30 Protection Pad FREE with Purchase **1 Entertainment** \$100 Center with Two Bookcases Each Side \$100 (508) 764-6715 Best Offer **GARMIN GPS** 12XL **Personal Navigator**, powerful 12 channel receiver, moving map graphics, backlit display for night use. New!! Perfect for Hunters. **Boaters, and Hikers** REDUCED \$125/best offer (508)347-3145 GLASS TOP PEDESTAL TABLE Silver base, 36" high, with attached 24" round top \$120 **GLASS TOP FOR A TABLE** 1/2" Thick, 44" Square \$100 (508) 347-8942

THERMATRU DOOR Left Hand Inswind Full View with Grill \$185 or best offer (508) 892-9595

5HP, 230/460V 1740RPM, 184T Frame/TEFC

5HP, 230/460V 3495RPM, 184T Frame/TEFC

4 Motor Speed Controls Hitachi J100, 400/460V

Call 5pm-8:30pm 508-867-6546



NEW BALANCE SNEAKERS 3 Pair Black Leather Walking Shoes

Velcro Close, Never Worn! 91/2 Wide

\$60/each (508) 637-1304

NICHOLS and STONE Pedestal Dining Table 78"x60" plus 18" Extension. 6 Side Chairs \$800

Harden Gold Wedge Sofa Excellent Condition \$400

(774) 241-0141

NORDIC TRACK

TRL625 recumbent cycle w/stabilizng floor bar for secure balance **TREADMILL** for therapeutic fitness (walking) (for up to 400 lbs.) \$400 each OBO both in excellent condition. 508-892-3998 508-723-4452

NORDITRAC EXERCISER

EXERCISE BIKE

LARGE PET CARRIER

THREE SPEED MEN'S COLOMBIA BIKE

> **BEST OFFER** (508) 278-3988

PINE DINING ROOM, PEDESTAL TABLE, 2 LEAVES, **8 CAPTAIN CHAIRS**

\$200 OR BEST OFFER 508-248-7055

ANTIQUE LAMP JUG \$40.00

ANTIQUE CROQUET SET

\$40.00

SMALL COFFEE TABLE

\$35.00

ELECTRIC BASE BOARD

\$25.00

DROP LEAF CART

\$50.00

END TABLE W/DRAWER

\$50.00

END TABLE W/ TWO

DRAWERS

\$60.00

CALL

1-508-764-4458

1-774-452-3514

SNOW BLOWER CUB

CADET 945 SWE

SNOWBLOWER

13 hp Tecumseh OHV,

45 in width trigger

controlled steering,

6 forward, 2 reverse,

Hardly used!

\$1,700

WHITE OUTDOOR

PRODUCTS

SnowBoss 1050

Snowblower, 10hp

Tecumseh two stage

30 in width, electric

start Well maintained.

\$600.00

(508) 347-3775

SPORTS CARDS/

MEMORABILIA

COLLECTION

Call for more info

(413) 668-6330

Solid Rock Maple **Bedroom Set** Full Box Spring & Mattress \$450

> **Cracker Barrel Rocking Chair** Brand New! \$75

Rocker/Glider Chair \$75

> Hutch Top Comes Off

\$75 **Three Piece White**

Wicker Outdoor Set Loveseat and Two Chairs \$100

(508) 764-6425

SWAMP MOTOR BRAND NEW!!! Swamp runner w/5' long extension propeller. Predator engine, 6-1/2 HP

212cc, paperwork and book Used 2 hours; not even broken in! Asking \$500 or best offer!! 508-885-3697

TOOL SHEDS

Made of Texture 1-11 8x8 \$775 8x10 \$960 \$1050 8x12 8x16 \$1375

Delivered, Built On-Site Other Sizes Available CALL (413) 324-1117

Two dressers best offer

Custom made parlor cabinet, \$1500

Glass door hutch - best offer

John Deere snowblower

(like new) \$700 - must be seen! Call for appt.

774-507-6315



South Dennis	700 AUTOMOTIVE	720 CLASSICS	725 AUTOMOBILES	725 AUTOMOBILES	740 MOTORCYCLES	745 RECREATIONAL
off Rte. 134:		1977 CORVETTE	1999 FORD MUSTANG Convertible	2011 RED	1985 HONDA	VEHICLES
	TOS AUTO ACCESSONIES	Automatic, Red,	35th Anniversary Edition	HYUNDAI SONATA	ELITE MOTOR	2007 Travel Wild I
	4 BF GOODRICH	Rebuilt Front Suspension,	121,000 miles, 5 speed manual	Excellent Condition,	150 CC's,	Auto, White ONLY \$8,995
Contraction of the second		Gears, Excellent Body, Solid	Great Condition Inside and Out!	73,000 miles,	Only 2,257 miles	
		Frame, Painted and Restored in 1996, Runs Excellent,	\$4,500 or best	One-Owner Car! \$8,500	Excellent Condition	Herb Chambers Toyota o Auburn
		No Winters!		(508) 843-3604	Call Dave	809 Washington Street,
2 twins) 1 bath home with	Still in Excellent Condition!	\$11,000 obo	(508) 943-7705	MOVING, MUST	(508) 765-0656	Auburn, MA (977) 006 1640
	Offering at \$55 per Tire,	Call or Text 774-318-7014		SELL!!		(877) 906-1649
porch w/ picnic table, grill, cable TV. Outdoor shower.	All Four Only	"64" TRIRD	Need to Place	1006 CMC 2500 HD	0	Valle
On dead-end street.	email:	Very Good Condition, Older	a Classified Ad?	Club Cab, Utility Body,		al al and
restaurants, bike trail,	gmail.com	Restoration, 390 Automatic, Runs Strong, Black with Red	Call 800-536-5836	,		States of
10 minutes from bay and	0ľ (508) <i>(</i> 110-5167	Interior Asking \$13.500 obo			18k miles,	
		(774) 230-4156		DELUXE	Looks and Runs Great! \$1,700	760 VANS/TRUCK
Off season rates available	Custom Fit,	725 Automobiles		4-Door, 6 Cylinder, 3 Speed, No Rot. Needs Work	Please Call (508) 335-2747	2001 FORI F150 4WD
Call Janet at 508-865-1583	Excellent Condition: (Hail, Snow Protection)			\$3,400	(300) 003-2141	V8 5.4L
after 6 pm, or email	Audi A4, A5, and Subaru CXT		towing pkg.,	FISHER 8' MINUTE-		auto. trans.
junosima@icloud.com	NEW LASER CUT		well-cared for		Pro-Street Softail, 3,000 miles,	excellent con
for more information	for recent A4	4 Speed Coupe,	•	\$375	6-speed, Dual Disc, 280 Rear,	inside & out
All	Email:	Silver Pearl/Black Interior,		(508) 341-6347	Right Hand Drive, Bought Leftover in 2008	Clean title 89 miles \$2650
No la compañía de la	aspen400@verizon.net	\$18,000	\$6500, John	740 MOTORCYCLES	\$11,000 or ho	413-248-733
No.7	5AVE \$\$	lena28726@gmail.com (203) 826-2702		1982 HONDA	(508) 733-8020	
()	720 CLASSICS	(200) 020-2702	508-949-2112	GOLDWING		2008 Ram
() Sal	1951 Ford Custom	1987 CORVETTE		ASPENCADE 25,500 Original Miles,	MOTORCYCLE	(Bighorn)Trucl
ŏ It's	Convertible	Red with Ground Effect	305 hp V6 SE	One-Owner, Recent Tires, Battery, Front Fork Seals, Plus		Hemi Motor, 4 Door, In Great Condition,
	Overdrive,	New tires & Brakes Car in Good Condition	Mango Tango w/black strips	Cover, 2 Helmets, Extras!	13,000 Miles, One Owner,	Only 37,000 miles.
people	Excellent Driver & Show-Car \$42,900	Asking \$6700	59,000 miles Loaded, remote start	Best Reasonable	Asking \$10,500	Call for more info. SERIOUS INTEREST
use the			\$14,500	Offer	A Lot of Extras!	ONLY
	off Rte. 134: Cozy 3 BR, (dbl, queen, 2 twins) 1 bath home with full kitchen & microwave, washer/dryer, screened in porch w/ picnic table, grill, cable TV. Outdoor shower. On dead-end street. Near shopping, theater, restaurants, bike trail, fishing, playground, 10 minutes from bay and ocean side beaches. Off season rates available Call Janet at 508-865-1583 after 6 pm, or email June at junosima@icloud.com for more information Net Street It's no mystery why more	off Rte. 134: Total Lanet at 508-865-1583 after 6 pm, or email Junosima@icloud.com for more information Total Lanet at 508-865-1583 after 6 pm, or email Junosima@icloud.com for more information Total Lanet tat 508-865-1583 after 6 pm, or email Junosima@icloud.com for more information Total Lanet A BF GOODRICH Used Two Winters, Still in Excellent Condition: (Hail, Snow Protection) Audi A4, A5, and Subaru CXT NEW LASER CUT FLOORMATS Total Lanet SAVE \$\$ Total Lanet SAVE \$\$ Total Lanet SAVE \$\$ Total Lanet Save \$\$ Total Lanet SAVE \$\$ Total Lanet Save \$\$ Total Custom Convertible Va, Standard Transmission with Overdrive, Excellent Driver & Show-Car	off Rte. 134:TOS Auto AccessoriesA BF GOODRICH WINTER SLALOM SNOW TIRES 205/56R16Cozy 3 BR, (dbl, queen, 2 twins) 1 bath home with full kichen & microway washer/dryer, screened in porch w/ picnic table, grill, cable TV. Outdoor shower. On dead-end street, Near shopping, theater, restaurants, bike trail, fishing, playground, 10 minutes from bay and ocean side beaches.TOS Auro Accessories A BF GOODRICH WINTER SLALOM SUITINE SCHEIM Condition: Offering at \$55 per Tire, All Four Only1977 CORVETTE Automatic, Red, Rebuilt Prof Suspension, Rebuilt Prof Suspension, Rebuilt Prof Suspension, 205/56R16Offering at \$55 per Tire, All Four Only1960, Runs Excellent, No Winters!Offering at \$55 per Tire, All Four OnlyOffering at \$55 per Tire, All Four OnlyOffering at \$55 per Tire, All Four OnlyOffering at \$55 per Tire, All Four OnlyOutdoor shower. Offering at \$55 per Tire, All Four OnlyOutdoor shower. Offering at \$55 per Tire, All Four OnlyOff season rates availableCall Janet at \$508 seb5-1583 atter 6 pm, or email June at June at June at Junosima@icloud.com for more informationNew LASER CUT FLOORMATS for recent AdTOZ CLASSICE1951 Ford Custom ConvertibleNo Writer, Stance (All A, A5, and Subaru CX1NEW LASER CUT FLOORMATS for recent AdToz CLASSICE1951 Ford	off Rte, 134: 705 Auto Accessonies 1977 CORVETTE Cozy 3 BR, (dbl, quen, tzwart, buke trail, fasting, plangroud, 10 minutes from bay and ocean side beaches. 4 BF GOODRICH, WINTERS Scheffer, Scheffer, Condition 1977 CORVETTE 35th Anniversary Edition Cozy 3 BR, (dbl, quen, tzwart, buke trail, fishing, plangroud, 10 minutes from bay and ocean side beaches. 265/58716 1977 CORVETTE 35th Anniversary Edition Used Two Winters, stangen transmission, V-8, Graz, Excellent Body, Solidin, Sol, Automatic, Rus, Scheffer, Condition 1996, Russ Excellent Body, Solidin, Russ Excellent, No Winters! 511,000 obo Call or Text Trats Torna and Street, Resolution, 10 minutes from bay and ocean side beaches. 0 rigon, Matar, Russ, and Subaro CXT Sting, Sta, Sol obo (774) 230-4156 Need to Place Call Janet at 508-665-1583 after 6 pm, or email June at junosima@icloud_commation New LASER CUT Storn Fil, Excellent Condition, Audi AA, S., and Subaro CXT New LASER CUT New LASER CUT New LASER CUT Storn Fil, Solog June at junosima@icloud_commation New LASER CUT Storn Fil, Solog Storn Fil, Solog Store Fiel, Solog Texent AA Store ent AA Storn Fil, Solog <	off Rie. 134: 705 Autro Accessones 1977 CORVETTE 35th Anniversary 2011 RED Virtual Control Contrel Control Control Control Control Control Contrel Control Contro	off Re. 134: Visit Re. 134: Visit Re.

COMPUTER DATA DELETE FILES INTERNET LOCK ONLINE PASSWORD PERSONAL PRIVACY SECURE SHARE





PEOPLE SHOULD NOT SHARE PERSONAL INFORMATION WHEN USING THE COMPUTER UNLESS THEY ARE USING ONE OF THESE.

ANSWER: SECURE NETWORK

X A C T P R W R G P E L U U Z Z R P R O E Т J А J T S I Z E U T Q 0 С D S G R C K VAMLUSV A T N W S E S S T P C Ι F X O S I A M A C E F E Ι W O W Y K E S Ι P N R Y A E C E N Ι L Ν 0 Т D N Т R N E Т E L S Р E Ι H A R E S E Р В Ι L Y E ZREA T F U W C F U F YZIGGQFGHNXD

Get Scrambled

Unscramble the words to determine the phrase.

BYCRE CSEYUTIR

Анилээг гэрвч Сурвч Сурвч Сесинту

1540: KING HENRY VIII OF ENGLAND MARRIES ANNE OF CLEVES.
1946: VIETNAM HOLDS ITS FIRST EVER GENERAL ELECTION.
1960: IN IRAQ, POLITICAL PARTIES ARE ALLOWED TO REGISTER WHEN THE ASSOCIATIONS LAW COMES INTO FORCE.



BREACH

a break in a form of defense

