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Friday, July 23, 2021



Photo Jason Bleau

Concerned citizens wait their turn for the microphone during a public forum on July 12 discussing critical race theory in the Dudley Charlton School District.

Community voices opposition to perceived teaching of Critical Race Theory

BY JASON BLEAU
CORRESPONDENT

DUDLEY – An estimated 250 citizens of Dudley and Charlton turned out for a lengthy community forum on July 12 focused on the potential of adding Critical Race Theory, or CRT, to the school district’s curriculum.

The growing national debate over the controversial movement, with origins in the 1970s, that examines the role racism has played in the legal and social constructs of the nation has erupted on the local level. Concerned citizens and parents turned out in droves to voice their grievances before the regional school committee, which many feel has not been transparent concerning the actions of its Equity Committee. In June, around 55 citizens attended a Dudley Charlton School Committee meeting to condemn the potential teaching of Critical Race Theory in the schools eventually leading the committee to call for a public meeting to have a larger discussion.

The July 12 meeting lasted several hours, with input from school officials, passionate citizens and even comments by podcaster and educator Sheldon Eakins of the Leading Equity Center, the consultant that the district’s Equity Committee had hired and who many accuse of trying to bring CRT to the district. Superintendent Steven Lamarche started things off ensuring parents that the district has no plans to include Critical Race Theory in their K-12 curriculum.

“I want to express to you that the Dudley Charlton Regional School District has not invested in or endorsed Critical Race Theory. We have not researched Critical Race Theory. We have not asked our educators to research Critical Race Theory. We did not change

our curriculum to incorporate Critical Race Theory, and we have no plans to change out curriculum to incorporate Critical Race Theory,” said Lamarche, who reiterated this same message several times throughout the night.

Sheldon Eakins was also given a moment to speak, stressing that the “CRT” local parents think he is encouraging actually has a different meaning, and that he is not asking for Critical Race Theory to be incorporated into the district.

“We look at individual needs for special education or gender identity, or just other areas like abilities and race as well,” Eakins said later clarifying what he discussed with the district. “I want to be very clear. I’ve read a few articles in the area, and I’ve even gotten a few emails. I do not teach Critical Race Theory. I teach the other CRT, Culturally Responsive Teaching. Any references that are made to CRT regarding the training that I provide is in regard to Culturally Responsive Teaching.”

Throughout the night, citizens took to the microphone citing references to Critical Race Theory in Eakins’ work and showing frustration that the exact modern definition and limitations of critical race theory are blurred at best.

One of the first speakers to the microphone, Carrol-Sue Rehm of Charlton, whose children attended the district’s schools, claimed that school officials did not properly vet Eakins when turning to him for consultation and, like many, claimed that the committee’s decisions going forward could have dramatic effects including parents and students leaving the district.

Turn To **FORUM** page **A8**

Bay Path’s Lamoureux receives Community Service Award

CHARLTON — Emily Lamoureux, LPN of Charlton, a member of the Bay Path Practical Nursing Academy Class of 2019, received the 2020 Community Service Award during a special award ceremony on June 21 at the Lakeside Pavilion of the Indian Ranch in Webster. The award was granted in recognition of Lamoureux’s volunteer work creating critical partnerships between the Academy, the Bay Path community and the Worcester County.

The Community Service Award was developed to honor a person who is making significant contributions to the Bay Path Practical Nursing community through their time, actions, talents and dedication through any volunteer work done. The honoree selected serves as a role model for compassion, service, giving back, and striving to make the world a better place.

Lamoureux’s passion is in helping others. She has made important contributions to the Bay Path Practical Nursing Academy through her participation in mentorship, blood pressure clinics, information sessions, college fairs, health fairs, SkillsUSA, tutoring, and participation in all other volunteer events.

While a student at Bay Path Practical Nursing Academy Lamoureux was a UNICEF Club member. She was a SkillsUSA District Champion, earning a bronze medal in First Aid/CPR. She is Dementia Care Certified, Mental Health First Aid Certified, and Certified in Infusion Therapy and Central Line Care. Lamoureux



Emily Lamoureux

represented Bay Path Practical Nursing Academy at the Innovation Summit at Northeastern University and was a recipient of \$5,000 grant from MassHire Worcester Career Center. She was a nominee for the 2019 Clinical Excellence Award and volunteered at the Charlton Lion’s Club mobile health screening and a volunteer at the Charlton Senior Center’s Blood Pressure Clinic.

Selectmen discuss possible change in town hall hours

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The Charlton Board of Selectmen is beginning the process of reassessing town hall hours following recent complaints from citizens.

Currently the town hall is operational only four days a week, 7:30 a.m. until 5 p.m. Mondays, Wednesdays and Thursdays and 7:30 a.m. until 7 p.m. on Tuesdays according to the town website. The building is closed on Fridays, and when a holiday falls on a Saturday, it is recognized with a closure on Thursdays. Selectman Patsy Rydlak initiated a discussion during a Board of Selectmen meeting on June 13 after receiving complaints that a recent weekend holiday led to a Thursday closure that citizens felt was inconvenient and that maybe the town should explore returning to a five-day week.

“Six or seven people must’ve reached out, and they were pretty upset,” Rydlak said. “This discussion comes up I think every couple of years.”

The town hall previously had a five-day week but several years ago it was changed to a four-day week as a test trial to see if it would create cost savings. As selectman David Singer pointed out, this was only meant to be a temporary trial where the selectmen would then examine the data and determine if the four-day

week was effective from both a cost saving and customer service standpoint.

“We were supposed to compile data on whether or not there was an actual cost savings to the town by going to the four-day model,” Singer said. “It was never meant to be permanent. It was a trial, and we never got the results of the data back.”

While it was argued that the discussion should be tabled for a future meeting with the full board present as Selectman Bill Borkowski was not present on June 13, Selectman Rydlak felt it was worth discussion at least in part because the town needs to start gathering data to determine if a change is needed.

“I thought that definitely there should be, between now and the next meeting, actual input (from employees) on why each department may or may not need a Friday,” said Rydlak. “In my opinion, each of the departments should come to us with a proposal. I’ve seen this energy savings and all this, it’s never there. Company after company, I’m an auditor and I see it all the time. There’s not really very much savings on the money part. It’s customer service. What are our boards doing for our residents and what hours do those particular residents need?”

Turn To **HOURS** page **A7**

Selectmen support feasibility study to join Webster dispatch

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The Charlton Board of Selectmen has given the Town Administrator permission to pursue a study exploring the feasibility of the town joining in on Webster’s regional dispatch center.

Housed in the Webster Police Department, the Southern Worcester County Communications Center is a regional dispatch center serving both Webster and neighboring Dudley who struck an agreement in 2013 to direct emergency communications for both towns through

Webster. Seven years later Webster is exploring adding other towns to the center’s coverage area including Charlton. Charlton had shown interest in joining the dispatch center as far back as 2014.

On June 13, Town Administrator Andrew Golas discussed the idea with selectmen revealing that a study has been proposed that would explore whether or not several towns should take Webster’s offer.

“State 911 has offered to fund a feasibility study to review the potential of this partnership and what would be required to meet the needs of each town,”

said Golas.

The Town Administrator added that he had spoken with Charlton Police Chief Daniel Dowd who supports the study.

Selectmen showed support for the study especially considering it comes at no cost to the town. However, Selectman David Singer urged everyone to approach the idea with caution especially with multiple towns involved.

“I certainly would pursue it and see where we are today, but just move forward slowly and understand that it may or may not go as planned,” Singer

Turn To **DISPATCH** page **A3**

There’s magic in the air at Hitchcock Academy

BRIMFIELD — The Tommy James Magic Show premieres on the Hitchcock Academy lawn in Brimfield on Monday, July 26 at 4 p.m.

Master magician Tommy James brings a show that combines a special blend of magic, comedy, wonder, and surprise for kids of all ages. Awarded the 2010 International Family Performer of the year award, Tommy James along with his “magical” bunny, Miracle, promises to put on a roller coaster ride of a show. Tickets for this event are available at hitchcockacademy.org when you click on the Summer Programs link. If the weather does not cooperate the show will be moved inside to the upper auditorium.

James began entertaining at the age of 14, when he performed for his grandmother’s Grange group; from there he branched out to 4-H clubs, schools, and local civic organizations. Over the next 30 years, his reputation expanded and today he is recognized as one of the premier kids’ show magicians in the world. The Tommy James Magic Show promises to be a summer highlight for the whole family.

Hitchcock Academy is pleased to announce a partnership with ART-ventures to present kid’s summer art programming. With a dash of whimsy and a dollop of fun, ART-ventures programming provides talented instructors to encourage children to explore art while fostering their creativity through exposure to a variety of tools, techniques, and materials. Each program session includes t-shirt creations and two or three awesome works of art each day. Program sessions run Monday through Friday the first three weeks of August from 9 a.m. – noon, with each week having its own theme. For more information and to register

for one week, two weeks or all three weeks head to hitchcockacademy.org.

On Saturday, July 31, find out why “Goonies never say die,” when you follow Chunk and his friends as they hunt for the pirate treasure that will save their neighborhood. “The Goonies” debuts on Hitchcock Academy’s big outdoor screen as part of the HFA Midsummer Nights Free Movies on the Lawn. “The Goonies” shows at dusk, but moviegoers are encouraged to come early to pick a prime lawn spot and pass the time by playing games provided by Hitchcock or brought from home. This fan favorite movie is free of charge thanks to the Oscar Sponsorship of First American Insurance Agency and the Golden Globe sponsorship of Viant.

Music lovers can delight in the magic spell cast by great music on Wednesdays July 28, Aug. 4, Aug. 18, and Aug. 25 at 6 p.m. on the Brimfield Common. The summer series sponsored by Country Bank, First American Insurance and a Mass Cultural Council grant features a variety of genres from local favorite bands: Time Stretchers, Radio Ranch (sponsored by the Monson Lions Club), Frozen Red and The James Paul Band.

This summer Brimfield is a small town with big community happenings as Hitchcock Free Academy continues to work to provide activities to foster a spirit of joy.

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Trinity Catholic Academy announces 26th Annual Golf Tournament

SOUTHBRIDGE — Trinity Catholic Academy is excited to announce the 26th Annual Golf Classic to be held on Saturday, Sept. 25 6:30 a.m. (coffee & pastries,) 7:30 a.m. “Shot Gun Start.”

The Golf Tournament was close to a “no go” last year, but a wonderful crowd enjoyed golf at Heritage Country Club in Charlton with proper protocol. A great day is planned for up to 144 participants. First registered, first served! <https://trinitycatholicacademy.org/golf-classic/>

This event continues to be a major fundraiser for Trinity Catholic Academy, that provides support for the school and a great opportunity for family, friends, and alumni to catch up with one another! TCA is very thankful for the past support of generous companies, donors and local folks who contribute to make it possible for Catholic Education to continue in Southbridge for over 150-years. Smaller class size is an added advantage for today’s families in our 25-mile radius for children Pre-K to Grade 8. Some of the tournament Day Options include:

- Complimentary team photos of your foursome, taken first thing in the AM.
- Mulligans and Strings are available for purchase to make golf a successful outing.
- Closest-to-the-Pin contests
- Longest Drive contests
- Hole-In-One contests – We do not think anyone has won this one yet!
- Putting contests
- Great raffle items and more!
- Patriot Ticket Raffle

Those looking to support the cause with a raffle gift donation are welcome to do so on the website or email: ptoti3@aol.com.

To learn more about the 26th Annual Golf Classic, and be eligible for cash & fun prizes, or offer support to this hidden gem in Southbridge! Consider visiting the school website or Facebook page.



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Successful mentorships happening at Bay Path Practical Nursing Academy



Dr. Adelina Healy of Dudley and Risper Wanjuri of Webster.

CHARLTON — The Bay Path Practical Nursing Academy Mentorship program has been a success. Dr. Adelina Healy

of Dudley, and other faculty leaders teamed up with the Bay Path Practical Nursing Academy cohorts to implement a mentorship program that not only allows experienced nurses to guide practical nursing students, but to receive one on one mentorship. The Practical Nursing Class of 2021 consisted of 23 females. The overall goal is to give the graduates the opportunity to learn and receive mentorship from the experienced faculty to help lead them to a positive nursing journey both academically and clinically. The faculty and staff of the Bay Path Practical Nursing Academy were introduced to the cohort early on at orientation and acceptance ceremony with each faculty assigned as an advisor and each practical nursing (PN) student receiving an advisor and a mentor be it an alumnus or a peer mentor. Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director says, “this is a great way to connect with the future nurses, bring the community together, and provide nursing students with support and guidance.” Risper Wanjiru of Webster stated, “Dr. Healy has been an influential figure in my clinical practice as well as in my nursing journey. As a qualified and experienced nurse, she has spirited my professional growth by commending my learning spirit and guiding me.” Wanjiru was inducted into the National Technical Honor Society (NTHS). She added, “Dr. Healy’s teaching style is an aspect I admired, as she considers all student nurse’s weaknesses and

strengths. She is selfless, she sponsored the fee for my NTHS membership registration. I am forever grateful for her role in my professional growth, not forgetting the knowledge she shared with me.” The Bay Path Practical Nursing Academy faculty believes in being thoughtful and taking time to build strategic relationships with the student body. Everyone begins by identifying a viable mentorship relationship, creating regular touchpoints, understanding the culture, engaging with PN students early, and immersing everyone in the Academy’s events and curriculum. “We begin to engage the PN students as early as the orientation and acceptance ceremony and through various events on campus,” concludes Bolandrina. “Our leadership and mentorship program connects PN students with advisors and mentors and even provides insight into academic progression. These relationships are strengthened throughout their nursing journey, inclusive of job placements and networking.” Through engagement with the Bay Path community, students and alumni develop and become prepared to be successful in nursing. Fostering a culture of belonging, encouraging mentorship, and celebrating diversity at Bay Path Practical Nursing Academy is successful because of goal-oriented and actionable activities and experiences.



ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner. If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor’s voice mailbox. The editor will return your phone call.

DISPATCH

continued from page A1

said. The board voted unanimously in favor of approving the study with Selectmen Bill Borowski absent from the June 13 meeting. Sturbridge must also agree to the study as well before it can move forward.

www.StonebridgePress.com

Fairy tale characters come to life at Old Sturbridge Village

STURBRIDGE — Beginning Aug. 12 and running Thursday through Sunday for the following two weekends, Old Sturbridge Village, the oldest living history museum in New England, will host the live performance Fairy Tale Farm. With a map in hand, guests will have the freedom to explore every inch of the Village as the sun goes down. Characters they thought they’ve known since childhood face problems in the modern-day. Guests will walk the Village to various buildings that become the stage for each performance. Characters step out of their “homes” for the first time since the pandemic and are faced with real-world, grown-up issues;

- Pinocchio is a former child star coming to terms with his life as a “real boy.”
- Recently awakened Beauty (formerly sleeping) is a princess-turned-Instagram star.
- Little Red’s once-devoured grandmother, Granny Lil, is back and feisty as ever.
- Goldilocks (who is newly engaged to Baby Bear) is an ambitious young

tech entrepreneur launching her new product.

- A third little pig named Vincent whose rational thinking has kept him alive.
- Hansel, who’s determined to get in shape post-pandemic, and Gretel, who’d prefer to stay in quarantine.

The cast will include Laura Rocklyn as Goldilocks, who is newly engaged to Baby Bear. Bryce Crumlish plays an opinionated third little pig named Vincent. Sleeping Beauty – who has recently awakened in 2021 – is now an Instagram celebrity with many questions and is played by Jade Genga. Alexander Demetrius (Defending Jacob, Love, Weddings & Other Disasters, Something Wonderful and Doubt. Host of “Puerto Ricans on the Rise”) is “real-boy” Pinocchio, adulting for the first time. The actors also play the roles of Granny Lil, Hansel, Gretel, and Baby Bear, respectively. Fairy Tale Farm at Old Sturbridge Village will also feature music by Worcester-based Gracie Day, whose mixture of rock and soul is “influenced

by her parents’ music of the ‘60s and ‘70s” will help bring the “enchanted” Village to life. Come spend a night outdoors watching the sun go down and being entertained in the Village in a new way. Activities and games for kids, food, drinks, and fresh air for all ages. Tickets go on sale July 1 to members, July 6 to the general public, and will be available through the Old Sturbridge Village Museum Web site. Ticket pricing is Member adult early bird (June 30 – July 6): \$15, Member youth early bird (Ages four 17) (June 30 – July 6): \$10, Adult (member and non-member starting July 7): \$20, Youth (member and non-member beginning July 7): \$15.

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Friday's Child

Hi! My name is Jayden and I love gymnastics!

Jayden is a lovable girl of Caucasian descent. Wise beyond her years, Jayden loves gymnastics, going to the park, and swimming. She also loves to ride her bike, do arts and crafts, make slime, and go to amusement parks. She does well with one-on-one attention. She has two teen foster brothers in her foster home who she looks up to as role models and for guidance. Jayden does best with a strong routine in the morning when getting up, getting dressed, and getting herself ready for school. Jayden is loving, caring, and determined. Her foster mother describes her as very technologically savvy.

Legally freed for adoption, Jayden will need one-on-one attention from her new family. This could be a two-parent family or a single-parent family with no other children in the home or a female child close in age to Jayden. Structure and routine in her new home are extremely important to Jayden. Jayden has older siblings in foster care and in adoptive families in Western Massachusetts with whom she will need to maintain contact. She would also like to maintain a lifelong connection with a previous foster family.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mare-inc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Nichols College names two to Board of Trustees

DUDLEY — Jaime Paris Boisvert and Amahl H. Williams have been elected to the Board of Trustees at Nichols College. Paris Boisvert began her term of service at the board’s May 2021 meeting; Williams will begin his term at the October 2021 meeting.

Jaime Paris Boisvert is a 1998 graduate of Nichols and director of the Higher Education Vertical Market for Johnson Controls, which is well known for delivering solutions that optimize buildings and infrastructure by improving energy efficiency, data analysis, comfort, safety and security. Previously she was the general manager of the Boston Branch at Siemens Smart Infrastructure, where she served in a number of capacities over 12 years. She began her career through the Nichols Career and Professional Development Center as an account executive at AT&T, moving onto MAC Systems, followed by a stint as director of sales & marketing for Chace Building Supply of Conn.

She and her husband have three children, and currently reside in Woodstock, Conn.

Amahl H. Williams, a 2002 graduate of Nichols and three-sport varsity captain, has spent his career in sales and



Jaime Paris Boisvert



Amahl H. Williams

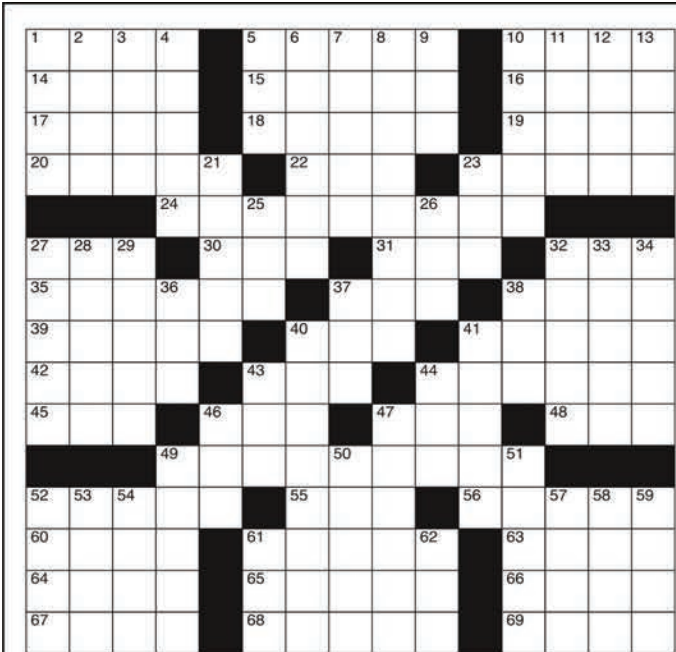
marketing leadership roles focusing on the monetization of new and adjacent technologies for the Fortune500 and Global2000. He is currently a director of transformation and consulting

at SYKES Digital Services. He is also a contributor at Forbes as a member of the Forbes Communications Council. Prior to SYKES, Williams was vice president at WonderBotz. He serves as a volunteer mentor at BUILD, which pro-

vides hands-on entrepreneurship training and college prep to help stem the high school drop-out rate. Prior to his appointment to the Board of Trustees, Williams served on the Nichols Board of Advisors, and is one of the founding advisors for the Nichols College Center for Intelligent Process Automation. He is also a member of the college’s legacy program, the Colonel Conrad Society.

He and his wife have two children and currently reside in Melrose.

About Nichols College
Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow’s leaders. Nichols offers master’s degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today’s professionals.



CLUES ACROSS

1. Fashion accessory

5. Subatomic particle

10. Ethnic group of the Philippines

14. Popular cookie

15. Fabric

16. Alcoholic liquor

17. Peter __, Dutch portrait painter

18. Longtime Chicago mayor

19. A famous “Lady”

20. Islamic calendar month

22. Rocky peak

23. Polio vaccine developer

24. Songs sung in open air

27. Military movements

30. Male parent

31. Beloved hot beverage

32. Female sibling

35. Tackled the QB

37. Set a dog on someone

38. Long live! (Spanish)

39. Porticos

40. Pouch

41. Smooth fabric
42. Enough (archaic)

43. Institute legal proceedings against

44. Scarred

45. Draw from

46. Brother or sister

47. Body part

48. Commercials

49. London soccer team

52. Satisfied

55. Surgical technique (abbr.)

56. Fencing sword

60. French industrial city

61. Intellectual property organization (abbr.)

63. Helps to carry food

64. “Rule, Britannia” composer

65. One-time Empress of the Roman Empire

66. Intestinal pouches

67. None better

68. “WandaVision” actress

69. Comedic actress Kathryn

CLUES DOWN

1. Fifth notes of major scales

2. Region

3. Your consciousness of your own identity

4. Georgetown athletes

5. They follow A

6. Spoke

7. Hairdressers’ domain

8. Extravagantly theatric

9. End-blown flute

10. Heroic tales

11. Member of a Semitic people

12. Members of a priestly caste

13. Southern Ghana people

21. Counsels

23. Body of water

25. Awesome!

26. Calendar month

27. Native of region in Caucasus

28. Indian city

29. Exclusive

32. Alaskan town
33. Covered with ivy

34. Loose granular substances

36. Native American tribe

37. Written American English

38. Holiday (informal)

40. Add up

41. Small brown and gray rails

43. Get off your feet

44. Express disgust

46. Surface of the ground

47. Put into a silo

49. Belief

50. British noblemen

51. Tennis game

52. Dry, protective crust

53. Swiss river

54. Large integers

57. La __ Tar Pits, Hollywood

58. Every one of two or more

59. “Deadpool” actor Reynolds

61. Earlier

62. Peter’s last name



Seven Hills Foundation announces partnership agreement with IDD Organization in Puerto Rico

WORCESTER — Seven Hills Foundation and the Instituto Psicopedagogical de Puerto Rico (IPPR) announced the signing of an agreement to promote the advancement of community-based residential supports for children and adults with developmental challenges on the Island.

Seven Hills President Dr. David A. Jordan and IPPR CEO Jorge Garcia-Ortiz made the joint announcement expressing

“their Partnership Agreement is mutually beneficial to both our organizations and IPPR looks to Seven Hills in providing the technical skills required to establish a spectrum of community-based residential options in Puerto Rico and Seven Hills looks to IPPR in cultivating a cadre of trained DSP’s and clinicians supporting Seven Hills’ activities in Massachusetts and Rhode Island. This is truly a win-win for both organizations.”

The Psicopedagogical Institute of Puerto Rico is a private non-profit organization that for more than 65 years has offered integrated and specialized services to people with Intellectual Disabilities, including young people, adults, and

the elderly. These integrated services include housing, food, nutrition, clinical, habilitative, educational, and recreation services, among others.<http://www.ipprpr.org/noticias.html>.

Headquartered in Worcester, Massachusetts, the Seven Hills Foundation is a comprehensive health and human services network currently offering program sites at 190 locations throughout Massachusetts and Rhode Island employing nearly 4,600 professionals. Seven Hills Foundation offers a continuum of clinical, educational, and community-based supports to 60,000 children, adults and seniors with disabilities and other life challenges through its 14 affiliate organizations that are part of the Foundation.

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Catherine Fengler named to Hamilton College Dean’s List

CLINTON, N.Y. — Catherine Fengler, of Charlton, has been named to the Dean’s List at Hamilton College for the spring 2021 semester.

To be named to the Dean’s List, a student must have carried throughout the semester a course load of four or more graded credits with an average of 3.5 or above.

Fengler, a rising sophomore, is a graduate of Shepherd Hill Regional High School.

Originally founded in 1793 as the Hamilton-Oneida Academy, Hamilton College offers an open curriculum that gives students the freedom to shape their own liberal arts education within a research- and writing-intensive framework. Hamilton enrolls 1,850 students from 49 states and 49 countries. Additional information about the college can be found at www.hamilton.edu.

CHURCH LISTINGS

- **Charlton Federated Church**, 64 Main St., 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org
- **Charlton Baptist Church**, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 10 a.m.
- **Charlton City United Methodist**, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org Sunday worship and Children’s church 10am
- **St. Joseph’s Church**, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.
- **Hope Christian Fellowship**, 6 Haggerty Road, 248-5144
- **Assemblies of God Southern New England District Headquarters**, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.
- **Living Word Church of Charlton**, 10 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Pastor Craig Bellisario, (508) 233-8349 Sunday Service 10:00am. www.livingwordcharlton.com info@livingwordcharlton.com
- **New Life Fellowship A/G, SNED Chapel**, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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Southbridge RMV Service Center will open Aug. 2 by appointment

SOUTHBRIDGE—The Massachusetts Registry of Motor Vehicles (RMV) is announcing that on Monday, Aug. 2, customer service centers will open in Southbridge, Easthampton and Lowell to begin serving customers by appointment.

“We have appreciated the patience of the public during the State of Emergency as the RMV pivoted to serve customers with new processes in keeping with health protocols,” said Acting Transportation Secretary and CEO Jamey Tesler. “Now, with almost 4.3 million individuals in Massachusetts fully vaccinated, the Registry can safely reopen additional customer service locations while still continuing with many of the new transaction policies which have worked so well since March 2020 and which customers have told us have been convenient and efficient.”

“The health and safety of our customers and employees has been our focus in making decisions about how to conduct transactions and we are pleased that appointments will be made available Aug. 2 in three more Registry Customer Service Centers,” said Acting Registrar Colleen Ogilvie. “Many new initiatives that were put in place to provide additional flexibility for customers during the COVID-19 pandemic will continue and initiatives which have been well received, including dedicated service hours for senior citizens, will be con-

tinuing.”

RMV customers will continue to be served by appointments only at open Service Centers, and customers who are unvaccinated will be required to wear a face covering for transactions. In addition, the RMV will continue with including dedicated hours on Wednesdays to serve senior citizens at some locations, holding suspension hearings by phone, allowing learner’s permit tests online, and using state vehicles for anyone taking road tests. (Everyone in a vehicle for a road test must wear a face covering, regardless of vaccination status.)

Initiatives which are continuing: Appointments for in-person transactions at open customer service locations will continue, and customers must wear a face covering for an in-person transaction if unvaccinated.

As of August 2, RMV Service Centers will open by appointment in Southbridge, Easthampton, and in Lowell.

Senior hours for customers 65 years of age and older on Wednesdays at specific locations will continue.

Road tests will still be offered using state vehicles only. Road test sponsors are required to be in the road test vehicle and everyone in a road test vehicle must wear a face covering regardless of vaccination status.

Online learner’s permit exams will

continue and customers must still make an in-person appointment for the application process.

Suspension hearings by telephone will continue.

In-vehicle observation hours for Junior Operators have reverted back to driving schools for applicants who obtained a learner’s permit on or after May 29 requiring Junior Operators to complete 6 hours observing another student driver, and 40 supervised driving hours with a parent or guardian. (This was the rule pre-pandemic.)

For more information on transactions and additional details on customer locations, please visit www.mass.gov/rmv or <https://www.mass.gov/info-details/rmv-covid-19-information>.

In May, Governor Charlie Baker signed an Executive Order terminating the Commonwealth’s State of Emergency effective June 15, 2021. The Order also rescinded most COVID-19 restrictions, including limitations placed on businesses, as of May 29 as Massachusetts neared the goal of vaccinating four million residents. The Registry’s partner for many transactions, AAA, will also continue with the system of serving AAA members who make appointments. For details about the Commonwealth’s coronavirus vaccination locations and other information, please visit: www.mass.gov/coronavirus.

REAL ESTATE TRANSACTIONS

BROOKFIELD
\$405,000, 108 Town Farm Rd, Talbot, Nicholas, and Talbot, Maryann, to Pond, Dylan M.

LEICESTER
\$601,000, 15 Hyland Ave, Brennan, Matthew M, and Brennan, Deborah A, to Koshi, Gerald, and Koshi, Abedin.
\$425,000, 398 Stafford St, PMVW 7 LLC, to Hourglass Prop Solutions.
\$410,004, 4 Wendy Pl, Zack Robert J Est, and Zack, Michael, to Andre, Farrell, and Andre, Katelyn.
\$285,000, 12 Denny Pl, Clem, Jennifer A, to Byrnes, Brandon P, and Zervins, Katherine A.
\$29,000, Hyland Ave (rear), Leveillee, Timothy, and Leveillee, Lisa A, to Greater Worcstr Lnd T Inc.

NORTH BROOKFIELD
\$250,000, 22 Gilbert St, Sullivan, Thomas E, and Sullivan, Amanda J, to Blake, Triciamae.
\$212,000, 21 Edna Cir #21, Leth-Steensen, Johan, and Leth-Steensen, Ashley, to Rossi, Kyla, and Bitz, Carol.
\$59,700, 150 Summer St, Brote, Dennis N, and Brote, Marie, to Losurdo, Peter J, and Losurdo, Lynne M.

SPENCER
\$525,000, 12 Linden St, Mitchell, Bernadette Y, to Nivar, Armando J.
\$407,000, 1 1st St, Freedman, Martin D, to Robin, Ann.
\$212,000, 64 Brooks Pond Rd, Qualey, Anthony J, to Hussar, Mason F.

WARREN
\$305,000, 570 Cronin Rd, Kunst, Ryan, and Kunst, Malinda M, to Barrett, Elijah M, and Barrett, Michelle R.
\$125,000, 751 Old West Warren Rd, Leroux Louis G Est, and Leroux, Christopher G, to Mitchell, Michelle.

WEST BROOKFIELD
\$281,000, 97 Wickaboag Valley Rd, Currie, Nancy E, to Wheeler, Graydon L.
\$22,450, 14 Ash St, Frew, Michael H, to Cornell, Matthew E, and Cornell, Rebekah L.
\$22,450, 16 Ash St, Frew, Michael H, to Cornell, Matthew E, and Cornell, Rebekah L.
\$22,450, 18 Ash St, Frew, Michael H, to Cornell, Matthew E, and Cornell, Rebekah L.

New principal hired at Trinity Catholic Academy



Angela Symock

SOUTHBRIDGE — Fr. Ken Cardinale, pastor of St. John Paul II Parish, and the School Advisory Board are pleased to announce that Angela Symock has been hired as the new principal of Trinity

Catholic Academy.

Mrs. Symock has been a teacher at TCA for twenty-one years and assistant principal for the last seven. Her career at Trinity began in 2000 teaching fifth grade and later grade three.

In 2014, Mrs. Symock took on the additional role as part-time assistant principal and secretary of the Trinity Advisory Board. She believes in a strong school community and has been responsible for organizing several extracurricular activities or community building events such as a father-daughter dance, mother-son outings, Pink Hair Day in support of breast cancer research, Lego Club and G.I.V.E. Junior, a student outreach organization.

In reflecting on her 21 years as a teacher at Trinity, she is so grateful for the opportunity to get to know so many wonderful families.

“Trinity families see the big picture of what we do, they allow us to help raise their children, creating strong foundations of compassion, academics, and faith that students take with them long after they graduate from TCA,” Symock said.


Mrs. Symock was born and raised in Southbridge and feels a strong connection to the community. She earned her Bachelor’s degree in Business Administration from Nichols college in 1998. She then went on to earn her Master’s degree in Elementary

Education in 2005 and a Certificate of Advanced Graduate Studies (CAGS) in 2015 from Anna Maria College. She and her husband have been married since 1996 and have two wonderful children who are both graduates of Trinity Catholic Academy.

Mrs. Symock is excited for the future of Trinity and helping families see all it has to offer.

“My goal is to create an environment where students feel empowered to be their best and fall in love with learning,” she said. “My predecessors, Mrs. Brouillard and Mrs. Citta, have done a wonderful job leading our school. I hope to continue to build their legacy.”

Fr. Ken and the Advisory Board are confident that Mrs. Symock is the ideal choice as the new principal for the future of Trinity Catholic Academy.



PLANNING BOARD CLERK

This position requires the successful application to be responsible for the following:

- Attend a minimum of one evening meeting monthly
- Record, deliver, and post agendas and minutes of all meetings in timely manner
- Post and mail legal notices for meetings and public hearings as required by MGL
- Coordinate with Chairman and members for general preparation prior to meetings
- Monitor both physical and electronic mail as well as voicemail notifying Chairman as appropriate
- Research and tasks as assigned by the board
- Ensure adherence of MGL for all duties
- Other duties as assigned

Minimum Qualifications:
The successful applicant shall have:

- Excellent organization, comprehension, writing, and minute-taking skills
- Good sense of urgency and be cognizant of deadlines
- Good computer skills including email, internet, Microsoft Office 365 including but not limited to MSWord and MSEXcel experience
- Familiarity with open meeting law, MGL, zoning bylaws, and Planning Board activities a plus

This position is offered at an hourly rate of \$16.65 for up to 15 hours per month.

Interested individuals are asked to apply by sending a letter of interest and resume to the Personnel Officer, Board of Selectmen, Town of Brimfield, 23 Main Street, Brimfield, MA 01010, or, you may apply by e-mail to selectmen@brimfieldma.org until position is filled. The town of Brimfield is an equal Opportunity provider and employer. Reposted on: 7/7/2021

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EDITOR

Summer is a great time to manage stress

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before Old Man Winter heads back into the neighborhood. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go, go, go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers.

If work is taking its toll on you, you may need to make some changes there. Experts say that oftentimes, simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out.

Managing stress properly is huge; however, not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. If you are at a severe risk of burning out, experts say to stop working for at least two weeks and cut yourself off completely from the office. According to those in the know, they say most employers will understand that this break will result in a better employee after they return. If two weeks isn’t in the cards, at least take one day a week to yourself with no phone calls, no emails or anything work related.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability.

Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane, they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary, and you need to protect it.

Oftentimes, people take better care of their vehicles then they do themselves. To keep a car running smoothly, you need to upkeep with maintenance, use top of the line fuel and keep the miles low.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In Basket’ means that your time is in demand, with projects to complete and phone calls to

OPINION

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

TO THE EDITOR

What Critical Race Theory can and can’t do

To the Editor:

Critical Race Theory (CRT) is one way of processing race-based oppression in the United States in an attempt to rectify racial injustice. It is primarily a sociological tool that focuses on analyzing past and present acts of injustice. Its potential contribution is that it can hopefully document and highlight past and present injustices in our country.

Discussions involving CRT often seem to force us into the false dilemma of assuming there are only two options: either supporting CRT or being guilty of doing nothing. My goal is to point us to the need for a better theory and better practice.

One problem with CRT is that it is, as its name reminds us, a “theory”—and like most theories, it is only one way of looking at the data. I believe things like racism and oppression are more complex and more deeply rooted in all of us. We are all by nature broken people. Simplistic answers like CRT’s radical division of all people into one of two groups: oppressors (who are entirely in the wrong, whether they realize it or not) and the oppressed (who are entirely in the right), can only take us so far.

At the end of the day, things like racism, oppression, and even systems like CRT, all involve and describe relationships among people. Relationships are complex learned behaviors. And no two of us are identical. Each of us have our own life experiences and our own way of processing things. Oversimplistic generalizations in CRT are at best broad brush-stroke pictures. Things are simply more complex than they often appear.

Another significant problem is that CRT narrows our attention to a single social problem, as if that were the only problem our culture faces. While not downplaying the significance of racism’s great and grievous blight on our nation, there are many other sins and problems around us that also create heartache and suffering. Here we are reminded of the forced isolation and loss of jobs associated with COVID, current political and social instability, increasing child abuse and broken families, ongoing issues of alcohol and substance abuse, and even hunger and poverty especially in the broader world around us. While not minimizing racial injustices, we need a more comprehensive approach to all the social problems we experience.

I frankly disagree with CRT philosophically as a theory. It is based on a number of underlying presuppositions I don’t hold, as well as an analysis of data (number of blacks killed versus whites, etc.) that is skewed and often inaccurate. For a very different approach to CRT from what one hears in the popular media, see Voddie T. Baucham, Jr.’s recent book “Fault Lines: The Social Justice Movement and Evangelicalism’s

Looming Catastrophe” (Salem Books, April 2021). He provides a very different analysis of the statistics underlying sociological and historical data regarding races in America. He himself is black, raised in a poor single-parent home in inner-city LA, a sociologist by training, with an earned Ph.D., and has served as both a pastor and currently as a dean in a seminary. Regardless of your position, I think he is worth listening to. He is a careful researcher and writing on a topic close to his own heart.

Then there is the level of practice. I believe we need to focus on strategies for genuinely changing people’s minds and hearts and not simply on assigning blame. At this point in our history, legal processes in America have done what they could over the years to remedy racial injustices through outlawing various forms of social injustice and discrimination. We have now entered a new period requiring new strategies for moving forward—strategies that will actually change people’s minds and hearts from the inside out. My perception is that CRT has often, in practice at least, given up on normal processes for promoting social change, adopted a more radical social agenda, and promoted such things as protests and riots. I believe that there are better ways to bring about social change.

We need a positive approach of actively seeking healing, forgiveness, and reconciliation—and for me, this is the natural outgrowth of spiritual resources, especially Christ and the gospel. At the very least, we need people who are willing to invest in relationships with others in need, especially those who are different from ourselves: racially, economically, and educationally. For a dozen years my wife, our four children, and I lived in a half-black and half-white neighborhood in Philadelphia and were involved in a church that sought to be “multi-cultural,” as we called it, but perhaps “multiethnic” would be more accurate today. We wanted to be distinctly racially mixed as a congregation: half-black and half white, where we could try to learn to live together, worship together, do things together, and invite each other into our homes. We sought to listen to each other and devise ministry strategies that would reflect both of our often very different cultural backgrounds. Being cross cultural is never easy; it takes time and work; but it is also worth it all. My point here is that when I hear about Critical Race Theory, I frankly don’t hear a desire to heal and transcend the social and cultural divides in America. I don’t see the same spirit of God-centered love and compassion that I witnessed first-hand on almost a daily basis during our 12 years in Philadelphia.

BRIAN LABOSIER
CHARLTON

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The right emotions can be useful in investing


You may have heard that it’s important to take the emotions out of investing. But is this true for all emotions?

Certainly, some emotions can potentially harm your investment success. Consider fear. If the financial markets are going through a down period – which is actually a normal part of the investment landscape – you might be so afraid of sustaining losses that you sell even the investments that have good prospects and are suitable for your needs.

Greed is another negative emotion. When the financial markets are rising, you might be so motivated to “cash in” on some big gains that you will keep purchasing investments that might already be overpriced – and since these investments are already expensive, your dollars will buy fewer shares.

In short, the combination of fear and greed could cause you trouble.

But other emotions may prove useful. For example, if you can channel the joy you’ll feel upon achieving your investment goals, you may be more motivated to stay on track toward achieving them. To illustrate: You may want to see your children graduate from college



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someday. Can you visualize them walking across the stage, diplomas in hand? If so, to help realize this goal, you might find yourself ready and willing to contribute to a college savings vehicle, such as a 529 plan. Or consider your own retirement: Can you see yourself traveling or pursuing your hobbies or taking part in whatever activities you’ve envisioned for your retirement lifestyle? If you can keep this happy picture in mind, you may find it easier to maintain the discipline needed to consistently invest in your IRA, 401(k) or other investment accounts.

Another motivating force is the most powerful emotion of all – love. If you have loved ones who depend on you, such as a spouse and children, you need to protect their future. One key element of this protection is the life insurance necessary to take care of your family’s needs – housing, education and so on – should something happen to you. Your employer may offer group life insurance coverage, but it might not be sufficient, so you may want to supplement it with your own policy.

Furthermore, you may need to protect your loved ones from another


threat – your own vulnerability to the need for long-term care. Someone turning age 65 today has almost a 70 percent chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services. This type of care, such as an extended nursing home stay or the help of a home health aide, is extremely expensive, and, for the most part, is outside the reach of Medicare. So, to pay for long-term care, you might have to drain a good part of your resources – or depend on your grown children for financial help.

To keep your financial independence and avoid possibly burdening your family, you may want to consult with a financial professional who can recommend a strategy and appropriate solutions to cover long-term care costs.

By drawing on positive emotions, you can empower yourself to make the right financial moves throughout your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

Positively Speaking



POSITIVELY
SPEAKING

GARY W.
MOORE

Editor’s note: *Following is the final column written by Gary Moore, who succumbed to his illness and passed away last Wednesday evening, July 14. His family is grateful for the tremendous outpouring of support he received from readers during his final months, and his son Toby has promised to attempt to continue the Positively Speaking column in his honor.*

“He died full of light, love and gratitude,” Toby writes. “Although he was in great pain, he kept his sense of humor, and he kept his joy. He was a model of how to live, and how to die. I will forever try to be like him.”

I’ve led a blessed and full life ... a big life. I’ve been fortunate in more ways than I can count, and I’m grateful for the many ways I’ve been blessed.

I think of you as a beautiful blessing in my life. The privilege to write to you every week has been an honor. So many of you have written me about my columns, and I’ve been grateful for each word. I’ve had the privilege to meet some, but for most, our relationship is through this column. That has not hindered the friendship I feel and my gratitude for you.

If you are a regular reader of my column, you know I was diagnosed with Stage 4 Gastric Cancer in mid-February 2020 and given nine to 12 months to live. Along with my incredible Oncologist, Dr. Pashtoon M. Kasi, at the Holden Comprehensive Cancer Center at the University of Iowa, we have fought this cancer with everything we have. It has at times been a fun battle with Dr. Kasi at my side, but as I’ve written many times before, there are a few diagnosis that a positive fight cannot overcome. It appears my battle with stomach cancer is one of them. So, this is my last letter to you in the form of my column, Positively Speaking.

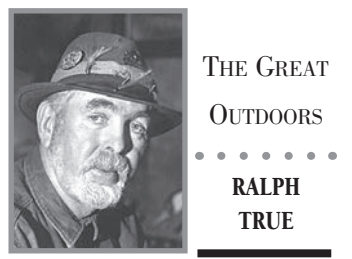
To this newspaper, Managing Editor and Publisher, I want to thank you from the bottom of my heart for the privilege of serving you and your readers. The fact you believe, as I do, that positive, uplifting, and encouraging content are essential for your community speaks volumes about you. Thank you for publishing my weekly column.

I’ve penned this column in anticipation of the day I can no longer write to you. I have passed the torch to my son, Toby Moore, a writer, actor, CEO, and now a columnist. Toby has instructions to send this column for publication upon my death.

So thank you for reading Positively Speaking. I hope you continue. I pray that my words have made a difference and positively impacted your life. I encourage you to be the light in the darkness.

So, here is where it comes to an end. May God bless you and yours. I wish you nothing but happiness and joy.

Warmest and kindest regards,
From your optimistic friend,
Gary



THE GREAT
OUTDOORS
• • • • •
RALPH
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It did not take long for fishing to improve on saltwater after all of the rain we had already in the month of July. Freshwater fishing took a little longer to improve in rivers and streams overall, but many felt that lake and pond fishing remained pretty steady. Last week, another wave of stripers provided some exciting fishing at the canal, with numerous large stripers being caught and released. The following day, the cabal was dead quiet. This writer fished Westport River last week in the thick fog, but managed to catch numerous species of fish, of which most were undersize. Schools of stripers were everywhere in

the river, with all stripers just under the legal size of 28 inches. It was still fun catching the stripers on surface poppers. Last week, my brother Ken caught a nice striper, showing the popper plug still in his mouth. A quick release had the fish on his way to grow a few more inches. Maybe next year. They were feeding on the large schools of bait fish. The fluke were also short a few inches. One good size bluefish hit my brothers surface popper, giving him a good fight on his light fishing rod. The thick fog kept us fishing mostly in the river, but one angler did go outside the river and reportedly caught his limit of fluke. As he was speaking to us in the parking lot, a lone seagull had a meal on his bait that was left near the back of his boat. I am sure this bird has done it before, and waits until the angler leaves the boat to get

his car & trailer. It was not long before the thief landed in my boat, and was feeding on the scraps of bait that was left over from our day of fishing. Over the years, Mass. Fish & Wildlife has been building boat ramps around the state's coastal waters with sportsmen's monies. Many are turned over to the towns to monitor and clean the area, and they charge a fee to launch a boat. They also provide portable restrooms for anglers and their families to use. This past week, while visiting the Westport boat launch, we were happy to see a portable facilities set up for anglers and families to use. When you are elderly, you need to monitor the boat launch areas that have a porta potty, in case you need one. After launching our boat, I thought it would be a good idea to use the facility before we headed out onto the ocean. Slowly open-

ing the door, I was not ready for what i was seeing. Without going into too much detail, it looked as though it had not been cleaned out in months. I quickly shut the door. Fortunately, my digestive track & bowels remained quiet throughout the fishing trip. It is outrageous that the town was not monitoring the facility, and to have women and children & the elderly looking for a clean facility prior to boarding their boat for a few hours of pleasure or fishing should not be hard to do! All boat launch areas should have a portable restroom at the sites year-round, and they need to be clean! A lot of tuna are being caught this year in Massachusetts waters! The tuna are providing a lot of action 20 miles south of Block Island. Seabass & Fluke are still biting, but you need to be patient and fish numerous

areas to catch them. There are still a lot of throwback fluke because of their size. The outrageous wildfires in the West are still calming lives and burning thousands of acres daily, along with more than three billion wild animals being lost. This past week, Germany had some of the worst flooding in their history and other countries are also feeling the effects of climate change. The constant rain in our area needs to stop soon or farmers will see a large loss in their crops, resulting in higher prices at the store for consumers. Global warming! This year especially, I have noticed a big drop in small frog populations on my daily walk & bike rides. Normally, after a rain storm, I would notice a lot of dead frogs in roadways. In the last few years, I have seen very few.

Summer Lawn Tips

If the grass is always greener on the other side of the fence - it may be time to review the basics of lawn care. A beautiful lawn is worth the effort. And properly groomed grass doesn't offer only aesthetic benefits. An average sized lawn creates enough oxygen to meet the needs of a family of four every day, is a natural provider for our ecosystem, and can boost property value by nearly ten percent! Need another reason invest time and energy into your lawn? Ponder this: The front lawns of a block of eight average houses have the cooling effect of about 70 tons of air conditioning-enough to cool 16 average houses. On a hot summer day, grass can be 10 to 14 degrees cooler than exposed soil and as much as 30 degrees cooler than concrete or asphalt. And it also provides oxygen. A 50' x 50' well-maintained grass area will create enough oxygen to meet the needs of a family of four every day.

Watering Your Way to a Lush Lawn
When and how much you water your lawn can determine lawn success. If you subscribe to the old rule of thumb of watering for a short time each day, you may want to rethink your strategy. Lawn experts claim a healthy lawn with a good root system doesn't require watering more than one to three times per week. The bottom line? Your lawn needs about an inch of water once every seven to 10 days to grow strong roots.
Still not convinced when it comes to watering less is more? Keep in mind frequent shallow watering leads to shallow root growth because roots only grow where the soil is moist. Shallow root growth can make a lawn more susceptible to heat stress and drought damage. On the other hand, if you water too much and saturate the lawn, you run the risk of suffocating grass roots. In saturated soil, deep roots can't get air and die. The only roots that survive will be those near the surface.
Your goal in irrigating should be to wet the soil where the grass roots are growing, no more and no less. To achieve this, experts advise wetting the

top six inches of the soil thoroughly. To gauge how long you should run your sprinkler to achieve the six inch mark, place a few tin cans around the yard and run the sprinkler for a set amount of time. Then measure the accumulation to figure out how long it will take to equal six inches.
Despite the best intentions, watering a lawn thoroughly enough to wet the soil at least six inches deep is often easier said than done. Most sprinkler systems apply water much faster than the soil can absorb it. As a result the water just runs off, especially if you have a sloped landscape. To control runoff, take periodic pauses in watering by turning off the sprinklers to allow the water to seep in.
Compacted soil is another cause of water runoff. Soil compaction also restricts air, water and nutrient entry and slows root development. Remedy this by aerating the soil. Keep in mind lawns with deep roots can be watered less often than lawns with shallow root systems.
Also, let the weather work for you. Keep a rain gauge to determine how often you will need to water your lawn. For example, if it rains an inch, you can skip watering until next week!
Water at the Right Time of the Day
Early morning is by far the best time for watering lawns. For optimum efficiency and success, try to water in the wee morning hours. The high humidity and morning dew adds to the moisture quota, and evaporation of the water is lessened during this time. If you cannot water in the morning, irrigate after sunset. But remember, early morning watering helps to prevent lawn diseases that can be caused by watering at night because it gives your lawn time to dry by night fall.
Mowing Minders
Experts say a common mowing mis-

take is cutting your grass too short, particular for cool season grasses. Higher heights usually provide for a deeper root system, looks better, and is less likely to have weeds invading, particularly crabgrass.
Lawn pros advise adjusting your blade so that you never remove any more than one third of the grass leaf at any one cutting. By doing so, you can safely leave clippings that will quickly decompose and add valuable nutrients back into the soil.
The direction you mow your lawn is also important. For best results, your lawn in a different direction with each mowing... Altering the direction gives you an even cut and will prevent your grass growing in a set pattern.
To ensure a good cut, make sure your lawn mower blade is sharp, which may translate into sharpening it at least three times during mowing season.
Want to up your odds of a lush lawn? Try mowing during the moon phases. Here's how: If you want your lawn to grow, mow it during new or first quarter moon. If you want your lawn to grow more slowly, mow it during a full or last quarter moon.
Lawn Statistics
That patch of backyard grass is much more beneficial than you think. Consider these lawn statistics:
*Healthy, dense lawns absorb rainfall six times more effectively than a wheat field, four times better than a hay field, and prevents runoff and erosion of our precious top soil. It also traps much of the estimated 12 million tons of dust and dirt released into the US atmosphere annually. Lawns also purify water entering into underground aquifers--its root mass and soil microbes act as a filter to capture and breakdown many types of pollutants.
*Increases real estate market value and salability. A Gallup Survey

reported 62% of all US homeowners felt investment in lawns and landscaping was as good or better than other home improvements. The investment recovery rate is 100-200% for landscape improvement, compared to a deck or patio that will recover 40-70% of installation cost. Proper and well maintained landscaping adds 15% to a home's value according to buyers.
*Recovery rates among hospitalized patients are often quicker when their rooms view a landscaped area compared to patients with non-landscaped views.

*Playing fields covered with dense turf have proven safer, as demonstrated by a simple egg drop test. When a dozen raw eggs were dropped from a height of 11 feet onto a two-inch thick piece of dense turf, none broke; two thirds broke on thin turf from that height, and from just 18 inches, all broke on an all-weather track.
Win Dinner for Two at the Publick House – Contest has resumed!
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!
Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

HOURS

continued from page A1

Town Administrator Andrew Golas confirmed that holiday closings on Thursdays are typically when the town gets the most push back as recognizing a holiday on Thursday and then normally being closed Fridays adds an extra day that citizens have to wait to do business.
“Those are comments that I hear too, and I think it's something that we can better address,” Golas said. “One policy that we were already looking at

moving forward, with support of the board, was that when a holiday does fall on a Saturday that that's no longer a Thursday closing, that's a flexible holiday at that point so that way town hall remains open on Thursday, and we don't have that negative impact.”
Golas further added that Fridays would usually be the busiest around tax collection time and that making drastic changes to the town hall schedule might not sit well with some employees due to the amount of turnover since the four-day week was implemented as individuals may have adjusted their lives or

taken the jobs with the four-day week in mind.
When the discussion wrapped up selectmen agreed to pursue data to determine whether or not returning to a five-day week would be the best option and even explore the possibility of a public hearing to get citizen input on the matter. It was also recommended that data be collected on what online resources were available and whether or not adding more awareness of those options could help citizens who can't access the town hall on a Friday or a holiday.

EDITORIAL

continued from page A6

return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.
It's one thing to read tips, and take advice from others, but it's another thing to remember what you've read, and to put those words into action.

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OBITUARIES

Renaissance Medical Group
to host free community
health fair

Janice R. Krusas, 71

OXFORD—Janice R. (Parker) Krusas, 71, of Walnut Street, died Thursday, July 8, 2021, in her home with her family by her side. She is survived



by her husband of 53 years, Ronald A. Krusas of Oxford; two daughters, Lynn M. Leake of North Oxford, and Lisa A. Choiniere and her husband Rodney of Charlton, her daughter-in-law, Shannon time on the beach with her family. The family would like to thank the staff in the Nephrology Department at St. Vincent Hospital, especially her nurse Julie, for their exceptional care over the past several years. Calling hours were Friday, July 16, 2021, from 5-7 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. A service was held at 7 p.m. at the conclusion of calling hours. Burial will be private at a later date at North Cemetery in Oxford.

Northampton, MA daughter of the late Clarence Parker and Luella (Fiske) Parker Trudeau, and lived in Oxford since 1955. She graduated from Oxford High School in 1969.

Mrs. Krusas owned and operated Max's Motor sales in Oxford for 30 years with her husband before retiring in 2019. She was a former member and Sunday School teacher at the Oxford United Methodist Church in Oxford. She was a Girl Scout leader in Oxford when her daughters were young, and she loved vacationing and spending time on the beach with her family.

The family would like to thank the staff in the Nephrology Department at St. Vincent Hospital, especially her nurse Julie, for their exceptional care over the past several years.

Calling hours were Friday, July 16, 2021, from 5-7 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. A service was held at 7 p.m. at the conclusion of calling hours. Burial will be private at a later date at North Cemetery in Oxford.

SOUTHBRIDGE — On Saturday, July 17, Renaissance Medical Group (RMG) will host a free health fair at the RMG Center for Health and Wellness, 11-15 Sandersdale Rd., Southbridge. The event will provide members of the community with a fun-filled day of health education, activities and more, as well as free lunch, giveaways and raffles.

Team members will be on hand to introduce attendees to the many programs and services RMG offers including, adult day health care, home care, group adult foster care (GAFC), dentistry, primary care and pharmacy.

CEO of RMG, Jesus D. Suarez, is looking forward to the event and introducing his team of health and wellness providers to the community.

He states, "The RMG Center for Health and Wellness has been serving members in the Southbridge and surrounding communities for over two years. This weekend we will invite the public to get to know RMG and learn

how our programs and services can help them meet their personal health and wellness goals. RMG is a family, and our family is always ready to welcome new members."

Attendees can except fun activities for all ages. Medical professionals and health specialists will lead fitness workshops, Zumba and cycling classes, as well as provide nutritional and wellness education. The event will begin at 11 am and include free lunch and refreshments. No registration is required. For up event updates, follow RMG on Facebook: @RenaissanceMedicalGroup

Renaissance Medical Group is a 360° health care company providing a wide-range of wellness programs and services including primary care, behavioral health, pharmacy, adult day health care, dental and in-home services. Our bi-lingual caregivers care for English and Spanish-speaking communities at locations in Lawrence, Springfield, Southbridge and Worcester.

Summer harvest and care of raspberries



GARDEN
MOMENTS
.....
MELINDA
MYERS

Easy care raspberries are high in fiber and Vitamin C, making them a healthy snack as well as delicious in jams, jellies, and desserts. Enjoy the best flavor and reduce pest problems with proper harvest- ing and summer care.

Pick raspberries when the fruit is firm but soft, deeply colored, and easily slides off the hard core. Check your raspberry patch and harvest every few days to avoid overripe fruit that attracts picnic beetles and other pests. Consider wearing long pants and a long sleeve shirt for protection against the thorns and mosquitoes.

Place berries in shallow containers when harvesting and storing to avoid crushing the delicate fruit. Chill any uneaten berries within two hours of harvesting to preserve the freshness and flavor. Wait to wash berries until right before use to further lengthen their storage life.

Once the summer harvest is complete, it is time to do a bit

of pruning. Remove the canes that bore the summer fruit back to ground level. These canes will not form fruit in future years. Removing them now gives new canes room to grow and reduces the risk of disease.

This is also a good time to check all canes for signs of disease problems. Look for sunken and discolored areas, cankers, and spotted, yellow or brown leaves. These symptoms along with dry crumbly fruit are clues disease, like anthracnose and spur blight have moved into your raspberry patch. Remove and destroy diseased canes to ground level as soon as they are found. This is often enough to manage these diseases.

Summer is also a good time to thin the remaining canes on summer bearing raspberries. Remove weak or damaged canes, leaving three or four of the sturdiest per foot of row or six or eight stems per hill when growing in the hill system.

Wait until next spring to reduce the height of the remaining canes. At that time, you can determine winter die-back and damage and prune accordingly.

Fall bearing raspberries are handled a bit differently. Prune them like the summer bearing raspberries to harvest two crops in one season. Often

called everbearing, these produce a summer crop on second year canes and fall crop on first year canes.

Make pruning easier and benefit from an earlier, larger fall harvest by managing fall bearing raspberries with one pruning. Cut or mow all the canes to ground level once the plants are dormant and before growth begins in spring. This pruning technique eliminates the summer crop but is much easier, less time consuming, and eliminates any animal and winter damage in just one cut.

Consider planting a summer and a fall bearing raspberry patch to maximize the harvest. You'll enjoy summer raspberries from one planting plus a larger, earlier harvest from your fall bearing raspberries when pruning all the canes to ground level each year.

Grab your favorite berry harvest basket, dress appropriately and head to your raspberry patch. With every bite of fresh-from-the-garden raspberry or homemade raspberry treat you will be glad you took the time to plant, tend and harvest your own.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Courses "How*



Photo Melinda Myers

Raspberries are ready to pick when the fruit is firm but soft, deeply colored, and easily slides off the hard core.

to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program.

Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her Web site is www.MelindaMyers.com.

FORUM

continued from page A1

"We do not need to be lectured on what Equity or CRT is or isn't, or any other coined phrases since the term and meaning keeps being shifted. Culturally Responsive Training is generally informed by the term Critical Race Theory. The NEA, the largest Teacher's Union which many teachers of this district are members of, have now omitted CRT on their website and are labeling it 'Common History.' Regardless of what you call it, it boils down to a framework which seeks to actively dismantle systems it deems racially oppressive, and the way it seeks to do this is through deconstructing language and forms of discourse," Rehm said. "The school committee has been voted in by citizens of both towns. [Assistant Superintendent]

Dr. Brian Ackerman and [Superintendent] Lamarche report directly to you. You are elected officials, and report to the parents. You were entrusted with our children's best interest, and if this is not rectified to the satisfaction of parents, this will lead to the destruction of young hearts and minds and this will be catastrophic in generations to come. Families will pull their children to not expose them to this type of indoctrination."

Rehm was just one of many citizens who made their voices heard over the course of the evening. Some were concerned parents, others former or current educators, and others still average citizens with no direct stake in the school district but who were simply concerned about the potential impact CRT could have on the youth of their community. While many were against CRT and others were more forgiving of the school committee even saying

they believed the committee was telling the truth that CRT is not on the table, one other speech that stood out provided a unique point of view, that from a student.

Rhiannon Mansur, a senior at Shepherd Hill Regional High School, offered her perspective from the hallways of the district itself, telling the parents and school officials that while CRT may not necessarily be the answer, change is needed to ensure the safety and respect for all students of all races, sexual orientations, abilities and identities. Mansur began her speech saying she did not believe anyone at the meeting was racist or "bad" and that she respected the differing opinions expressed throughout the night, but as a student she feels there is more that need be done.

"I have heard every slur and every threat on Earth said within the halls of this district by high school students, some

who never even knew the damage of such slurs," Mansur said. "In the midst of criticism, I would like to put in a vote of support for the teaching of cultural sensitivity. My question is of the effectiveness of both versions of critical learning and social emotional learning. If this meeting is any indicator, this is not something that is pulling us together, but pulling us further into radicalism with the way that we are doing it right now, which I don't blame any of you for, anyone here, anyone teaching, and especially Sheldon Eakin. I don't know how to fix this, but I don't want a Charlton where my people-of-color friends wish they could move to a school like Webster and Worcester because they are harassed every single day by your students and your staff."

At the meeting's end, Lamarche said he looks forward to working with the community to "ensure we are not

teaching critical race theory in our schools" and asked anyone with questions about the instructional materials being used in the district to talk to the teachers directly and then the principals if their concerns are not addressed.

"This is not an easy topic for anyone. We heard you," he concluded.

Assistant Superintendent Ackerman ended the forum, thanking the public for the feedback and said the district "collectively remains committed to equity for all students regardless of race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homeless status" and that the formal Equity Committee will pause activities and relaunch in the future with more specific processes and procedures regarding formulation and direction. Details will be presented at a public school committee meeting prior to the relaunch.

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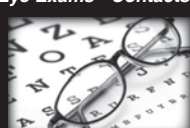




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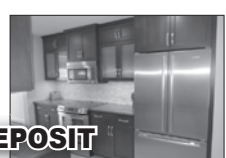
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WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Real Nice Set on .68 Acres of Park Lake Grounds with 297' Waterfront! Over \$4 Million Spent! Nothing was Spared! 18 Spacious Rooms! 5 Water View Bedrooms, 4 with their Own Bathrooms! 5.5 Bathrooms Total! Brazilian Cherry Hardwood Floors, Grand & Spiral Stairways! Elevator from the Ground Floor up 3 to the Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bathroom with Steam Shower just off the Mirrored Exercise Room! Billiard Room! Media Room with Custom Cabinetry & Wet Bar! Fantastic Center Island Granite Kitchen with Viking Gas Range, Sub-Zero Refrigerator, 16' Butler's Pantry & Breakfast Bar! Open Floor Plan! Dining Area, Family Room with Cherry Entertainment Center & Wet Bar! Open Formal Dining Room, Fireplace Living Room & Atrium! Library with Private Deck! Waterfront Master Suite with Private Office, Bedroom with Triple Glass Door to its Private Deck with Panoramic Lake Views, 3 Walk-in Closets, Lake View Bathroom with Huge Multi-Head Shower, Whirlpool Tub, Double Vanity Sinks & Separate Commode/Bidet/Pedestal Sink Area! 16 Zones of Updated Geothermal Heat & Air Conditioning - 30 Tons! Recessed Lighting & Sprinkler System Through Out! 3 Car Heated Garage! Full House Generator! Slate Roof! All Decks & Railings Brazilian Ipe Hardwood! Copper Gutters & Downspouts! It's Time to Reward Yourself! **\$1,999,900.00**

DUDLEY WATERFRONT! 14 Elizabeth St! Sought After Merino Pond, AKA High Pond! Full Recreational - All Water Sports and Activities! Your Kids will Love the Sandy Beach! 7 Rm Colonial! First Floor Features a Spacious Eat-in Country Kitchen w/Tons of Cabinet Space, Plenty of Room for a Huge Dining Table, Island w/Lunch Counter, Laundry Closet, Pantry Closet & Entry Closet! Comfortable 13 X 26' Living Rm! Possible Office or Bedroom off the Kitchen! Full Tile Bathroom! Second Floor w/4 Possible Bedrooms, 2 w/Water Views! Convenient Second Full Bathroom! Full Storage Basement! 2 Zone Oil Baseboard Heat! Town Services! **\$379,900.00**

SUTTON - 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/ Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Super Easy Access to Rte 146! **\$549,900.00**



DUDLEY - 10 Camelot Circle 9 Rm, 4 Bdrm, 2.5 Bath, 2,520' Center Hall Colonial featuring an In-Ground Pool on a 28,131' Lot! Tile Entry Foyer w/ Guest Closet! SS Appliance Granite Kit w/Breakfast Bar, Spacious Dining Area, Tile Flr, Pantry Closet, Recessed & Pendant Lighting! Formal Din Rm w/Hrdwd Flr & Chair Rail! Formal Liv Rm w/Crown Molding! 13.6X27' Fam Rm w/Fireplace w/Wood Pellet Insert, Soaring Cathedral Ceiling, Ceiling Fans & Skylight! Half Bath! 3 Season Porch! 1st Flr Laundry! The 2nd Floor w/4 Bdrms! Spacious Master w/Walk-in Closet & Full Bath w/Dble Granite Vanity! Full Hall Bath w/Dble Vanity! C/Air & Vac! 2 Car Garage! Fire Pit! Many Updates! Original Owner - Pride of Ownership! **\$509,900.00**

WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rooms, 6 Bedrooms, 4 Bathrooms, 3,269' AC'd Colonial! Custom SS Appliance Granite Kitchen! Formal Dining Rm w/Cherry Hardwoods! Lake Facing Living Rm w/Cathedrals, Cherry Hardwoods! Slider to Waterfront Deck! Spacious 1st Flr Master Bedroom w/Full Bath, Cherry Hardwoods & Walk-in Closet! Fireplaced Lower Level Family Rm! 1st & 2nd Floor Laundries! 2 Car Garage! **\$979,900.00**

WEBSTER LAKE - 305 Beacon Park! Lake View 1,280' 5 Rm Townhouse - 10 Acres Park Lake Grounds w/Panoramic Lake Views! Yr Round Living or as 2nd Home - Summers on the Lake - Winters in Florida! Move-in Condition! Appliance Kit! Din Rm w/Slider to the Composite Deck! Frplc Liv Rm w/Wall to Wall Carpeting & French Dr to the Deck! Updated Half Bath! Spacious Master w/Wall of Closets & Full Bath w/Recent Sky Light! 2nd Bedroom w/Wall to Wall Carpeting & Full Bath just outside its Door! 2 Bdrms & 2.5 Updated Baths! Garage w/Opener! Lakeside Heated Pool & One of the Best Sandy Beaches on the Lake! Canoe Rack! Rented Boat Dock through 2022, Longer Possible! Great Fireworks Viewing! **\$335,000.00**

WEBSTER LAKE - 504 Treasure Island! 6 Room Townhouse Overlooking the Pool! 1,874 Sq Ft! Stainless Steel Appliance Granite Kitchen! Open Floor Plan! Dining Room - Full Mirrored Wall - Sliders to the Trex Deck! 2 Bedrooms! Master Bath! 2.5 Baths! Fireplaced Family Room! Garage! Central Air! Gas Heat! C/Vac! 2 BOAT SLIPS! Sandy Beach! Complex Recent Siding & Roof! **\$389,900.00**

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FEATURED NEW LISTING - WEBSTER - 22 ELAINE STREET



Bonnett Acres - Beautiful Residential Neighborhood! 3 bedroom Ranch, Hardwoods, cabinet packed kitchen! Tile bath, partially finished lower level! 20' X 12' deck! Garage! all on a nice level lot. Private well plus town water & sewer! A must see.
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FEATURED NEW LISTING - WEBSTER - 135 LAKE STREET



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PUTNAM CT - 89 PERRY ST UNIT# 250



ON DEPOSIT

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WEBSTER - 99 UPPER GORE ROAD



SORRY, SOLD!

Location! Scenic Upper Gore! "BIRDS EYE VIEW" of Webster Lake! Spacious Tr-Level. 2,279 sf., 4 BRS, 1 full Bath, 2 half baths. Inground pool. 2 Car Garage
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STAMFORD CT - 57 BARHOLM AVENUE



SORRY, SOLD!

Beautiful Stone faced. 8 room Colonial, 4 bedroom, 3 Full baths, one Half bath. Stone fireplace, 2236 Sq. Ft. living area. Walk up attic. 2 car garage. Heated by Natural Gas, Town Water, assisted sale **\$660,000.**

SHREWSBURY • 15 ABBEY LN UNIT 15



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Detached Condo Brand Spankin New - 2 Bedroom, 2 Bath, all Hardwood Flrs, Granite C-tops Throughout, Crown Moldings Raised panels, Chair rails Picture-Frame Mouldings. Central air/Vac. High end Appliances Packed! assisted sale **\$480,000.**

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Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **ON DEPOSIT! Each \$24,500.**

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\$650,000.

WEBSTER - 401 TREASURE ISLAND CONDO



ON DEPOSIT

Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Central Air! Central Vac! Very efficient natural gas heat & hot Water! 2 Boat Slips D10 & D11 in the Private Marina. Heated Pool! Natural Sandy Beach! **\$439,000.**



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TRUE OR FALSE?
MARINATING FOODS THAT WILL BE GRILLED CAN REDUCE THE FORMATION OF CANCER-CAUSING CHEMICALS FROM FLAME-LICKED FOODS.

ANSWER: TRUE

Crossword Puzzle

1				2				3
4							5	
					6			
7				8				
9								

ACROSS

1. Metal frames on a grill
4. Cup-shaped spoon
5. Midwestern state (abbr.)
7. Writing fluid
8. Venison
9. Comes together

DOWN


1. Cooking food over a flame
2. Place to eat a meal
3. Chicken or turkey
6. Unpleasant emotion

Answers:

Across: 1. Grates 4. Ladle 5. IL 7. Ink 8. Deer 9. Gathers

Down: 1. Grilling 2. Table 3. Poultry 6. Fear

THIS DAY IN... HISTORY



• **1861:** CONFEDERATE FORCES WIN THE FIRST BATTLE OF BULL RUN DURING THE AMERICAN CIVIL WAR.

• **1949:** THE U.S. SENATE RATIFIES THE NORTH ATLANTIC TREATY.

• **1970:** THE ASWAN HIGH DAM OPENS IN EGYPT.

New Word

CHAR

partially burn to blacken the surface



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SUDOKU

							6	
	1	5		2		3	4	
		8			4		1	
	2		6	4		5	9	
3				8		4		
			9			2		
	3				6			
	7		1		8			
				9	7			

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	8	6	2	9	7	1	3	4
4	7	2	1	3	8	6	5	9
9	3	1	4	5	6	8	2	7
1	5	4	9	7	3	2	8	6
3	6	9	5	8	2	4	7	1
8	2	7	6	4	1	5	9	3
2	9	8	3	6	4	7	1	5
6	1	5	7	2	9	3	4	8
7	4	3	8	1	5	9	6	2

ANSWER:

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