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SEND YOUR NEWS AND PICS TO MyTrib@STONEBRIDGEPRESS.NEWS Friday, October 19, 2018

Young artists relive a bit of history



Pictured with the “Imagining I Was There” poster showcasing their artistic talent: Nouvelle Bousquet, Carly Mckay, Abby Marchand, Topper Rosborough, Elyse Bousquest. Not pictured: Liam Grimes and Ava Rosborough

The 231st anniversary of the signing of the Constitution of the United States was officially observed from Sept. 17th to 23rd. To recognize this latest milestone, the Uxbridge Board of Selectmen issued a proclamation, and younger citizens participated in a colonial coloring contest. The contest, entitled “Imagining I Was There”, was a second time collaboration between the Deborah Wheelock Chapter, DAR, and the Uxbridge Public Library. A colorful poster and period-appropriate books featuring the Constitution and other historic documents were located near the check-out desk in the Children’s Room for several weeks before and after Constitution Week. The librarians report the display attracted much attention from patrons of all ages.

Turn To **YOUNG ARTIST**, page **A5**

Area schools find out how well they did (or didn’t) on MCAS

BY KIM PALMUCCI
TRIBUNE CORRESPONDENT

Local school districts have been receiving test scores and analyzing data as the Massachusetts Department of Elementary and Secondary Education completes another year of next-generation MCAS testing. In the Blackstone Valley, students achieved high scores comparative to state averages in the recent examinations, notwithstanding changes to the testing format. According to the state’s Department of Elementary and Secondary Education website, the Next-Generation MCAS is designed to be

Turn To **MCAS**, page **A6**

Porketta Fundraiser a Success

The Uxbridge Elderly Connection, the friends of the Uxbridge Senior Center fundraising arm, held a porketta dinner fundraiser on Oct. 6 at the VFW in Uxbridge. This celebration honored the services of past senior center directors Lorraine Stratton Nedoroscik, Mary Rice and Marsha Petrillo, recognizing their years of dedication. The event also welcomed and offered support to newly appointed director, Lisa Bernard. All four women were presented with an official state citation from Senator Ryan Fattman. Also, former Senator Richard Moore presented the Uxbridge Senior Center grant proposal



Turn To **PORKETTA**, page **A3** Lisa Benedict, Lorraine Stratton Nedoroscik, Mary Rice and Marsha Petrillo were recognized for their work with the Uxbridge Senior Center

Gail Boutellet photo

Treasurer’s race has viable candidates

BY JERRY CARTON
STONEBRIDGE CORRESPONDENT

The candidates for state treasurer are the Democratic incumbent Deb Goldberg and Republican state Rep. Keiko Orrall of Bristol. Goldberg, elected in 2014, says eco-

nom ic empowerment, economic security, and economic stability were the driving forces behind her candidacy in the first place and have been her priority over the last four years. She said, “Government has an important role to play in improving people’s

lives. Whether in saving taxpayer dollars through smart debt management to ensuring high school students to learn how to avoid debt.” Goldberg said she’s kept her campaign promises. Foremost among these was the cre-

ation of a college savings plan called SeedMA for kindergarten students at no cost to taxpayers. “Research shows a kid with a savings plan is seven times more likely to attend

Turn To **CANDIDATES**, page **A6**



Uxbridge Free Public Library
15 North Main St.
(508) 278-8624
uxbridgelibrary.org
Open Monday & Thursday 10 a.m.-8 p.m.; Tuesday & Wednesday 10 a.m.-5:30 p.m.; and Saturday 9 a.m.-2 p.m. Closed Friday and Sunday.

Adult Programs
Yoga with Marise Nazzaro - Mondays at 7pm
Registration is required for this popular Library Trustee-sponsored program.

Sit and Knit – Thursdays, Nov. 1, 15 & 29 at 1:30pm
Stop by with your knitting or crocheting project to work on and share with others.

Born to Bounce and Born to Pause – Thursday, November 1 at 6pm
This class is for people looking to gain a deeper level of body awareness within their own body through a series of gentle movement exercises. In this 50m class Jenny Xie will guide participants through a series of gentle movement exercises designed to help your movements feel free, spontaneous, effortless and full of life. A gentle pause for integration is used in between movements. Participants can recall these movements at any time to bring a feeling of freedom into their daily

life experiences for more ease and better body function. Registration required.
Recycling Event – Monday, November 5 at 6pm
Join the Uxbridge Recycling and Sustainability Committee at the library for an event on energy efficiency.

Steampunk Symposium – Monday, Nov. 5 at 7pm
We will be sharing ideas and information on all things Steampunk – crafts, costumes, and more. Costumes welcomed!

Card Making Workshop - Thursday, Nov. 8 at 6:15pm
Sick of buying cards at the store? Learn how to make your own! Registration is required.

Uxbridge Senior Center Book Club - Tuesday, Nov. 13 at 1pm
We will be discussing Everyone Brave is Forgiven by Chris Cleave. Please call 508-278-8624 x100 or stop by the Library to request a copy.

Author Spotlight: Sheryl Corriveau - Saturday, Nov. 17 at 12pm
New local author and town resident, Sheryl Corriveau, will present a talk about her journey that inspired the lessons she wrote about in her new book, The Best U. A Q&A will follow, with a book signing. Copies of the book will be available to purchase. Registration is encouraged.

Let’s Talk About Sugar – Monday, Nov. 19 at 6pm

Monique Salvas, Wellness Coach, will present a talk on sugar cravings and how to transform them. Learn about the different types of sugar and what it does to your body.

Bookies Book Club - Monday, Nov. 26 at 6:30pm
Check in at the Library to see what we’re reading next!

Tangled Words – Thursday, Nov. 29 at 6pm
Pam Lisak, CZT is returning to teach a Zentangle Class that will create beautiful wooden Zentangle words. We will be tangling words like Love, Hope, Dream and a few surprises! These inspiring words can make great gifts or would be a nice addition to a bookshelf or even a refrigerator magnet. This class is great for beginners and avid tangers. There is a \$5.00 materials fee for this class. Registration is required.

Youth Programs
Kids Yoga – Thursday, Nov. 8 at 4:30pm
Join us for this fun and healthy class for kids ages 5-10.

Read to Lexi – Monday, Nov. 5 & 19 from 4-5pm
Sign up for a 15 minute slot to read to Lexi the Cavalier. Kids can use this opportunity to practice their reading and gain confidence. Registration is required.

Music and Movement: Thanksgiving Celebration – Tuesday, Nov. 20 at 11am

BLACKSTONE BRIEFS

FEED ME SEYMOUR!
Apple Tree Arts is seeking adults and teens 14 years and older to participate in open auditions for the community theatre production, Little Shop of Horrors Oct. 25, 6:00-8:30 p.m. and Oct. 28, 1-4 p.m. Email Matt Mariner at mattmariner@gmail.com to schedule a time slot. Auditionees are asked to prepare a song from the show in advance, read from the script and learn a simple dance routine at the audition.

“Little Shop of Horrors is a very popular, modern show that stages well for community theatre,” said Matt Mariner, director. “It’s upbeat and is well-liked by teens and adults.”

Keri McCarthy joins him as music director with Noelle Scarlett as production and costume designer and co-choreographer. The show will be staged Feb. 8 and 9, 7:30 p.m. at the Great Hall, One Grafton Common. Rehearsals begin Sunday, Nov. 4, and are twice a week, with small group drama rehearsals schedule as needed. The majority of actors will need to attend rehearsals twice a week until one month prior to the performances. Additional rehearsals will be scheduled as needed.

HOLIDAY BAZAAR
St. Peter’s Parish in Northbridge will be holding its annual Holiday Bazaar on Nov. 3 from 9am-3pm in the Parish Hall, 39 Church Ave. Come out with your family and friends to enjoy the day! Make sure to bring the little ones...Santa Claus will be making a special appearance starting at 10 am for pictures! We will have all of your favorites: delicious home-made baked goods, white elephant table, craft tables with beautiful handmade items, knitted items & handmade quilts. There will also be tables filled with raffles (you never know what will be there!) & the famous silent auction. Stay and enjoy a bite to eat with all of our “Old-Time” favorite foods being served. If you would like more information please contact the rectory at 508-234-2156.

TRUNK OR TREAT!
The Rockdale Congregational Church in Northbridge invites all to our 2nd annual Trunk or Treat celebration Saturday Oct. 27 from 4-6 PM. Cars in our parking lot will be decorated and full of sweets for trick or treaters. Costumes are encouraged, but not required. Admission is free. Please bring a nonperishable food donation for the Northbridge Food Pantry if you are able. The Rockdale Congregational Church is located at 42 Fowler Road, Northbridge. www.rockdalechurchonline.org

Shake, wiggle and sing at this drop in program sponsored by Beginning Bridges and the Library Trustees.

Pajama Story Time & Stuffed Sleepover - Thursday, Nov. 29 at 6:30pm
Kids come dressed in pajamas and enjoy a night time story. Leave one of your stuffed animals to sleep over at the Library!

Crazy Colors – Tuesday from 3:30pm-4:30pm
Use your imagination and creativity at our weekly program featuring projects with colors.

Crafty Wednesdays - Wednesdays from 10am-4pm
Drop in for this weekly craft time!

Lego Club - Thursdays at 3:30pm
Bring your own base and all other Legos are provided for your building creations. Ages 5 & up.

Little Movers – Saturdays at 10am
Ages 0-2.5 join us for songs and stories! No registration is required.

Book Buddies
Teens ages 12+ will be paired with a younger child to meet at the library once a week to read together, do homework, or play games. Children and teens will be paired up based on availability and interests. Sign up today to earn community service hours and help your child strengthen their reading skills and confidence!

TRIBUNE ALMANAC

REAL ESTATE

BLACKSTONE

\$315,230 115 Main St, Craven, Amanda J, and Craven, Timothy M, to Dafonte, Fernando T.
\$220,000 Reilly Ave #L, Fucile, Jarrod M, to Murras, Lenored E, and Dias, Carina M.
\$192,000 16 Valley St, Bourget, David F, and Bank Of New York Mellon, to Bank Of New York Mellon.
\$175,900 8 Miller St, Gardner, Julie M, and Gardner, Sterling R, to Johnson, Vernice.
\$175,000 38 Hoyle Cir #38, Spencer, Ryan M, to Moran, Christopher P, and Dewing, Michelle.

DOUGLAS

\$345,280 20 Compass Point Dr #10, Northbrown LLC, to Michael&T Washkevich LT, and Washkevich, Michael.
\$309,000 249 South St, Couture, Robert I, and Couture, Christine A, to Fish, Kenneth A.
\$285,000 79 Ledgestone Rd Cahill, Janis A, to Sherman, Peter R, and Sherman, Joan L.
\$190,000 52 Eagle Dr #52, Wnukowski RT, and Wnukowski, David J, to Wnkowski, David J, and Wnkowski, Elaine.

NORTHBRIDGE

\$560,000 49 Linwood Ave, Mittan, Michael, to Bethany Community Church.
\$420,026 269 Fir Hill Ln J&F Marinella Dev Corp, to Drew, Darren, and Drew, Amanda.
\$375,000 59 Gill Ct, Gill Court RT, and Asadoorian, Steven F, to Silva, Elisangela.
\$348,000 61 Swift Rd, Batcheller, Thomas P, and Batcheller, Jill, to Levesque, Jonathan, and Levesque, Janelle.
\$345,000 91 Oriole Dr, Beaudoin, Raymond J, and beaudoin, Sandra M, to Johnson, Steven H, and Johnson, Loretta S.
\$227,000 2667 Providence Rd, Alberini, Edward R, and Alberini, Diane E, to Inman, Robert J, and White, Ariana M.
\$105,500 289 N Main St, Hickey, Deborah L, to Page, Joseph J.

UXBRIDGE

\$502,182 Rifleman Way, Rifleman Properties LLC, to Mcnamara, Stephanie.
\$478,303 82 Rifleman Way, Rifleman Properties LLC, to Peter, Derek, and Peter, Jennifer.
\$33,500 422 Douglas St, Northeast Venture Gn&Rlty, to Kempskie, Colleen E, and Ogden, Michael B.
\$309,900 55 Summerfield Dr #55, Ritchie-Carol, Ann M, to Couture, Robert I, and Coutre, Christine A.
\$233,750 812 Aldrich St, Sullivan, John H, and Salem Five Cents SB, to Salem Five Cents SB.
\$197,000 260 Aldrich St, Riendeau, Rose M, to Ross, Jesse H, and Levesque, Danielle L.
\$186,000 922 Aldrich St, Daniel, Debra G, and Bank New York Mellon Tr, to Bank New York Mellon Tr.
\$130,000 51 Linwood St, MTGLQ Investors LP, to Smart, David, and Smart, Roberta.
\$60,000 377 Mendon St, Pastick, Shayleen, to Mendon Street Realty LLC.

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The Right Answer: As much as we hate to think about the cold and snow, it is coming, and our vehicles must be ready. To make sure your ride is ready here are a few things to check out. **Make sure your tires are ready** for the slippery roads. Check them for the proper type of tire. By this I mean you want to make sure your tires are rated as all season or winter tires. These types of tires will have tread designs and compounds that work best for the conditions. All season tires are made for a variety of conditions and adapt well to most people’s needs. Winter tires tend to have a more aggressive tread and will provide a bit more traction in the worst weather. Make sure the tread depths are good and there is no abnormal wear. Replace them if needed

Check your battery. There is nothing worse than your car not starting on a snowy winter morning. Most batteries need to be replaced every 4-6 years. **Inspect the cooling system.** The cooling system of your vehicle is like the circulation system. It must flow clean and easy to prevent damage to the engine. In New England we need a proper mix of water and anti-freeze to protect the engine. Make sure the concentration is correct and that the fluid is clean. Now is a great time to have your car prepared for the adverse conditions it will face over the coming months. Our techs can check the cranking power of your battery and determine if it is time for a new one. They can flush your cooling system and make sure it is ready for the cold. They can even help get the right tires at the right price. **We can service all makes and models so make your appointments now.** See why Place Motor is the Right Place since 1923.

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The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.

Bertonazzi Foundation seeking best election turnout by town

The race to determine the Senator Louis Bertonazzi Foundation 2017-18 Outstanding Citizenship Award is entering its final stage with the upcoming Nov. 6th election. The competition among the 19 area towns to identify the “Best Voting Community 2017-18” has completed the local election of 2017, the local election of 2018 and the recent September State Primary, and the winner will be announced following the inclusion of the upcoming November

election results. The percentages of registered voters who actually come out to vote in each of the four elections in all 19 towns that had been represented by Senator Bertonazzi during his legislative service will be tabulated. The town with the highest percentage of registered voters who cast ballots will be declared winner of the Outstanding Citizenship Award as “Best Voting Community 2017-18”.

A check for \$1,000 will be presented to that town’s clerk and Board of Registrars, along with a plaque to the Board of Selectmen. In addition, a large banner will be unfurled and awarded to the townspeople whose civic spirit in turning out to vote earned the award.

As shown in the accompanying chart, the town of Douglas, with a cumulative percentage total of 20.01%, is currently leading the other 18 towns on the basis of its voting percentages in the three elections leading up to the Nov. 6th election.

The towns of Uxbridge, Millville, Mendon, Milford, Oxford, Grafton, Upton and Southbridge comprise the first tier of leading challengers.

Sutton, Auburn, Blackstone, Westborough, Bellingham and Hopedale make up the middle tier.

To this point, the trailing towns are Webster, Charlton, Northbridge and Dudley.

Just as the rankings have shifted with each of the first three elections, the upcoming November election will have a profound effect on the final standings. Anyone can win.

Not only those who have voted faithfully over the years, but also young new voters who have recently demonstrated a strong interest in government issues, will have another reason to vote.



ACCURACY WATCH

The *Blackstone Valley Tribune* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor’s voice mailbox. The editor will return your phone call.

Hopefully, this competition will provide an additional incentive for all voters in the 19 towns to exercise their voting privilege, a privilege won and protected by the sacrifice of so many over the years.

The Senator Louis Bertonazzi Foundation Board of Directors are Dr. Carl DiGregorio, chairman; Michael Diorio, treasurer; Atty. David Bertonazzi, clerk; and members Cynthia Casey, Thomas Cullen, Gail Crimaldi, Joseph Nigro, Janice Guerriere, Julie Richards and Louis Bertonazzi, ex-officio.

Lou Bertonazzi Foundation Election Results - % of registered voters that voted				
Town	2017 Local	2018 Local	2018 Sept Primary	% through 3 elections
Douglas	1.89%	44.93%	13.20%	20.01%
Uxbridge	25.74%	9.20%	20.17%	18.37%
Millville	14.10%	20.57%	19.73%	18.13%
Mendon	21.35%	12.20%	17.57%	17.04%
Milford	17.35%	17.71%	14.70%	16.59%
Oxford	15.74%	16.14%	15.81%	15.90%
Grafton	17.35%	13.10%	16.86%	15.77%
Upton	18.78%	11.01%	16.79%	15.53%
Southbridge	18.82%	13.70%	10.03%	14.18%
Sutton	12.60%	11.06%	16.67%	13.44%
Auburn	9.25%	12.78%	16.99%	13.00%
Blackstone	15.96%	2.31%	19.87%	12.71%
Westborough	12.42%	9.03%	16.60%	12.68%
Bellingham	10.38%	2.73%	25.35%	12.82%
Hopedale	13.97%	4.38%	19.36%	12.57%
Webster	11.05%	9.57%	12.30%	10.97%
Charlton	7.46%	8.48%	14.40%	10.11%
Northbridge	2.99%	9.94%	14.01%	8.98%
Dudley	6.81%	4.17%	14.20%	8.39%

Art show now taking submissions

The Blackstone Valley Art Association is proud to align with the newly named Open Skies Community Services, to host the annual TAPESTRY ART SHOW. Application to this show is open to the public.

We are looking for all different expressions of visual art, from our local communities. There is no fee to participate in this show. The deadline to submit is Nov. 10. It can be done online at bvaa.org or drop off Nov. 3, or 10th from 10 a.m.-3 p.m. at 5 S. Main St., Uxbridge. Full information about the show can be found at bvaa.org. There will be an opening

reception for all artists, friends, and family as well as the public on Dec. 1st in conjunction with Uxbridge First Night, from 4-7 pm.

The Open Skies Community Gallery will be open on Small Shop Saturday, Nov. 24 from 10 am-3 pm, with a larger selection of cards, prints and fabric arts, and small original arts priced for holiday giving. Please stop by for a one of a kind gift for that someone special. A portion of all sales goes to support the Community Gallery.

The gallery continues to be open, for open painting and companionship on Saturdays

from 10 a.m.-3 p.m. It is a vibrant community of artists of all skills who learn from each other to expand their creativity.

Come by and see the BVAA members Fantastic Fall Show. We have many new members who have added much vitality to our shows and have earned awards in this show. Awards went to Karina James, first place for a dried floral painting; second place and an honorable mention went to Al Weems in photography and third place to Mary Hollingsworth for a watercolor. Other honorable mentions went to Bob Evans,

Dennis Smith, Linda Tellier and Jennene Pasquarosa.

The Gallery at the Milford Local Access TV will host a BVAA small works show at the end of November through December. These will be priced for gift giving.

We will also have a show of small works at the Worcester Senior Center, from Nov. 1 to Dec. 31.

The November meeting, Nov. 20 at 6:30, will host Carolyn Letvin, who will lead a print-making hands on demo. These meetings are open to the public, and we encourage you to come and learn a new skill.

Applications for local cultural grants have been applied for to support these activities, so feel free to join us.

Open Sky Community Services provides the foundation for those we serve to see beyond and live beyond their circumstance. By blending best practices with the power of community, we enable individuals and families to achieve their goals and live their best lives. Open Sky came about through the July 1, 2018 affiliation of two premier human service organizations: Alternatives and The Bridge of Central Massachusetts.

Douglas Fire Department hosts open house

BY KIM PALMUCCI
TRIBUNE CORRESPONDENT

The Douglas Fire Department welcomed local families to a fire safety night and Open House, sponsored by Papa Gino’s, on Wednesday, October 10.

The Open House featured fire truck tours, games, fire prevention demos, a meet and greet with local firefighters, children’s fire safety coloring sheets, and free pizza sponsored by the Dedham-based pizza chain. It was aimed at teaching families fire safety and prevention practices, and commemorates National Fire Safety Month (October). Participants received safety tips such as “stop, drop, and roll” and learned how

to plan escape routes and how to crawl safely through a smoke-filled room.

“This event allows us to reach out to the community and arm local families with fire safety tips and procedures,” said Chief Kent Vinson. “Our open house allows families to get together and better prepares them to react if a fire does start.”

Papa Gino’s is celebrating its 23rd anniversary of sponsoring fire safety open to encourage families to learn about fire safety. For over 20 years, Papa Gino’s has been a proud sponsor of Fire Safety Open Houses throughout New England in the month of October.

According to the organization’s web-

site, Papa Gino’s Fire Safety Month has sponsored more than 1,800 open houses, donated more than 100,000 large pizzas, and distributed more than 1,500,000 activity sheets and educational flyers since 1993.

Fire station open houses are held to teach awareness and fire safety to the community. Many stations hold fire-safe demonstrations and have a safe-house for children to go through to learn about fire hazards. Fire department open houses are being hosted throughout Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island in October.

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PORKETTA

continued from page A1

from March of 1980 for the Senior Center archives.

The Senior Center would like to formally thank all who attended this event and especially thank all who contributed and supported to make available raffle and auction items. The celebration was well attended and the fundraising events proved to be very successful. Contributions will go toward the Center’s ongoing food program, transportation program and other programs and services which serve residents of the town of Uxbridge.


For more information about the Uxbridge Senior Center or to make a donation to the Uxbridge Elderly Connection, please contact Bernard at 508-278-8622 or stop by the Center which is located at 36 South Main St. in Uxbridge.

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Milford | Whitinsville | Woonsocket

The Pumpkin Harvest is in!

Fields of plump pumpkins ripening on the vine, flickering Jack O’Lanterns lighting the way for a parade of little ghosts and goblins, and a simmering pot of thick pumpkin soup — such are the simple pleasures of a New England autumn.

The humble pumpkin is rich in both nutrition and heritage. In the 17th century fairy tale, Cinderella’s coach magically appeared from a large, stout pumpkin; Native Americans and early settlers revered pumpkin seeds as a medicinal sedative; and in modern times, carved triangle faces transform sugar pumpkins into annual ghoulish spooks. It should come as no surprise the harvest vegetable continues to serve as a highly anticipated autumn treat. Read on for some seasonal ways to pump up your pumpkin pleasure!

Mum’s the Word: Chrysanthemum and pumpkins are two autumn delights that are even better when merged. Create a unique “urn” for your hearty mums by gutting a tall pumpkin and placing a pot of blooming mums right into the pumpkin. The contrasting colors and texture make the perfect display when perched on a front stoop or porch step.

Seedy Treat: Many Halloween traditions include gathering the seeds from a carved Jack O’Lantern to toast in a warm oven. To properly toast pumpkin seeds, remove all pulp and clean strings from the seeds. Place seeds in a bowl and stir in melted butter or olive oil and salt to coat the seeds. Spread seeds on a cookie sheet and bake in a 275° oven for

about an hour or until the seeds are golden brown and crisp. Avoid overcooking as seeds can become hard and tough.

Sprout Surprise: Pumpkin seeds can even be sprouted to use on sandwiches and in salads. Pumpkin seeds are a healthy snack as they are over 30 percent protein and are high in and oil-soluble vitamins A, D, and E. To sprout pumpkin seeds, place the seeds in a glass jar (Mason jars are ideal) and cover with water just to cover. Secure a piece of cheesecloth over the top with a rubber band. Soak seeds overnight. The next day, drain the water out and place the jar in dark area that is room temperature. Rinse the seeds in the jar at least four times a day. After a few days, you should see the seeds sprouting. Rinse them again and place the jar in the sun for a day or so until tiny leaves form. They are now ready to use as a tasty garnish or salad addition.

Frozen Pumpkins: Freezing cooked, pureed pumpkin is a favored way to preserve the taste and texture of pumpkin. Sugar or pie pumpkins are ideal candidates for freezing as the pulp is thicker and firmer. To easily prepare a pumpkin for pureeing, simply place the whole fruit in the microwave for about a minute or so to soften the skin. This will make the pumpkin much easier to peel. Cut the pumpkin in large slices, peel the skin and remove the strings and seeds. Then cut the slices



TAKE THE HINT
KAREN TRAINOR

into smaller pieces. Boil the pumpkin pieces until tender, then mash or process the pumpkin pulp until it forms a smooth, thick puree.

Pulverized Pumpkin: Pumpkin can also be dried, which was a favored method of the colonists. Drying pumpkin must be done carefully in order to kill all the germs that would make it spoil. Split the pumpkin in half and remove the seeds. Remove the skin and cut the fruit into thin slices. Steam for about six minutes. Spread on a tray and dry in the sun or in a solar dryer until dry and brittle. This will take about two days. If flies are a problem, cover with netting. Pumpkin needs to be dried in hot sun so that it dries quickly before it spoils. Dried pumpkin can also be made into a flour, which can be used just as you would all purpose flour in cooking and baking. To do, simply pulverize the dry pumpkin in a food processor.

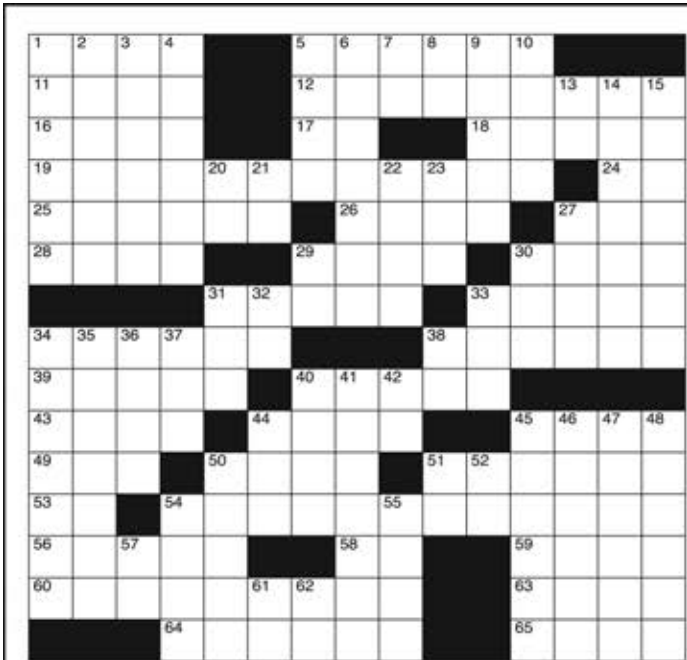
Fresh Pumpkin Bisque
Here’s an easy recipe for a rich pumpkin soup. For a vegetarian version, just switch vegetable broth for the chicken broth.

Ingredients: 1 medium onion, chopped; 2 stalks celery, chopped; 3 cloves garlic, chopped; 4 cups chicken (or vegetable) broth; 2 tomatoes, chopped; 2 bay leaves; ½ teaspoons nutmeg; 2 cups pumpkin purée (one medium sugar pumpkin, about four pounds,

yield about 1 ½ cup purée); salt and pepper to taste; 1 cup heavy cream.
Instructions: Sauté onions, celery, and garlic in butter. Add broth, tomatoes, bay leaves and nutmeg. Cook until vegetables are very soft. Strain and reserve liquid. Purée vegetables with some liquid and strain through a sieve. Combine liquid, puréed vegetables, and pumpkin; heat. Add cream and season with salt and pepper.

Win Dinner for Two at the Publick House
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint! c/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

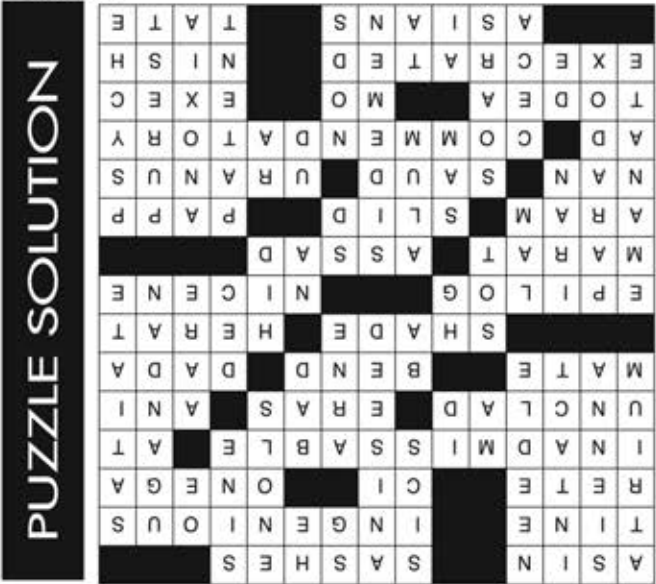


CLUES ACROSS

- 1. Hindu month
- 5. Fashion accessories
- 11. Prong
- 12. Clever
- 16. Network of nerves
- 17. Helps the police (abbr.)
- 18. Russian lake
- 19. Not allowed into evidence
- 24. Indicates position
- 25. Without clothes
- 26. Geological times
- 27. Folk singer DiFranco
- 28. Buddy
- 29. ___ but don't break
- 30. Father
- 31. Cast a shadow over
- 33. Afghan city
- 34. Concluding speech
- 38. Type of creed
- 39. French Revolution image "The Death of ___"
- 40. Syrian president al-___
- 43. Soviet composer
- 44. Dove into
- 45. Famed Broadway producer
- 49. Leavened bread
- 50. Ruling family House of ___
- 51. Planet
- 53. Publicity
- 54. Manifesting approval
- 56. Fern genus
- 58. Larry and Curly's pal
- 59. Company officer
- 60. Expressed loathing for
- 63. Birthplace of Constantine
- 64. People from Asia
- 65. "Hercules" voice Donovan

CLUES DOWN

- 1. Central hall or court
- 2. Italian city
- 3. All there
- 4. Seamstress's tool
- 5. Sends after
- 6. Used in herbal medicine
- 7. Specific gravity
- 8. A male
- 9. Hydroxyls + 2C
- 10. Trigonometric function
- 13. Archaic language (abbr.)
- 14. East African native
- 15. Satisfy
- 20. Mother
- 21. Where innate impulses are processed
- 22. "Rule, Britannia" composer
- 23. Not good
- 27. Swiss river
- 29. A-Team member Baracus
- 30. Calendar month
- 31. Drunk
- 32. Mercury
- 33. Concealed
- 34. Give forth
- 35. Contradiction in terms
- 36. Middle Eastern country
- 37. On the ___
- 38. Sodium
- 40. One who attended a school
- 41. Supporters
- 42. South Dakota
- 44. American brewer Adams, Sr.
- 45. Type of attorney
- 46. Absence of oxygen
- 47. Most sheer
- 48. Human soul, mind or spirit
- 50. Flies high above
- 51. University of Dayton
- 52. Dorm moderator (abbr.)
- 54. Intestinal pouches
- 55. Assents to
- 57. Delaware
- 61. Robots are a byproduct of this
- 62. Tantalum



BVT announces admissions open house

UPTON — The annual Open House for parents, guardians, and prospective students will be held at Blackstone Valley Regional Vocational Technical High School on Wednesday, Nov. 28 from 5:30-8:00 p.m. The evening is an opportunity to tour the campus at 65 Pleasant St. in Upton and gather information regarding the national recognized vocational technical system.

Seventh-and eighth-grade students, interested transfers, and their parents/guardians are welcome to view first-hand the rigorous academic and high quality vocational technical educational opportunities at Valley Tech. Information about the application and admissions process will be available and visitors can tour the vocational technical training areas. Members of the BVT staff will be available as a resource to discuss curriculum, college and career planning, and vocational opportunities.

Prior to the Open House, BVT staff will host two admissions workshops at 5:00 p.m. for parents of special education students and Spanish immersion students. The special education workshop will discuss the supports available for students applying to BVT as special education students. The Spanish immersion program workshop will discuss the school’s Spanish immersion program and how parents can enroll their students in it.

Ample parking will be available and shuttle

service will be provided in the event of inclement weather. A snow date of Thursday, Nov. 29 is planned in case of severe weather.

Parents should be aware that all applications for admission to the Class of 2023 must be received at Valley Tech by Friday, Feb. 1, 2019. Some sending school systems may have an earlier submission deadline. Details on the admissions process and the recently upgraded admissions policy can be found by visiting www.valleytech.k12.ma.us.

Valley Tech, a Massachusetts Green School and nationally recognized model school system offers 18 different consolidated, state approved vocational technical programs in addition to a challenging academic curriculum. The system has been lauded at the state and national level for impressively high student achievement.

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school’s website is www.valleytech.k12.ma.us.

Are Instant Offers a good idea?

In order to make things simpler and easier for the consumer that are several companies coming out with options for home sellers to get an instant offer online for their home so they do not have to worry about the hassle of selling their home. Some of the big players that are doing this are Zillow, Offerpad and Open door. This does make things easier for the consumer but at what cost? The offers they are giving do not seem too bad until you look at the fine print. With most of their offers there will be service fees and repair credits that



REALTOR’S REPORT
JAMES BLACK

they request so in the end that good offer you got will not be as good.

I recommend hiring a Real Estate Professional to navigate you through this challenging market so they can help you to market your home to get the most money and also give you confidence that you got the right price for the home. There are many times I have gotten too good to be true offers only to have the investor come back and say the home needed repairs that were not necessary to get the price down after they got it under contract.

Don’t miss a moment



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Paying good money just to be scared

As the maid came down the ornate wooden staircase, black blood pooled from her eyes, and she feather dusted the railing while completely dismissive of the cobwebs everywhere.

“How do you think she died?” I asked my friend Aimee, who was brave enough to accompany me on this spooky night where she would be the designated driver, and I had a free ticket for champagne.

She shrugged her shoulders unknowingly.

“I bet she was swept off her feet,” I said... and that was just the start to the night.

I found it hilarious, my mom jokes are on point and when I am put into a new and scary situation, humor is my go-to. I guarantee you, actors in these places hate me. I know this, but I cannot help it, inappropriate humor is my defense. Aimee and I chose to take the spooky tour through the mansion and we saw horror on top of horror.

“Where are my eyes? He took my eyes!” a woman adorned in all white lay on the medical table. Blood soaked through the bandages wrapped around her head and eye sockets. She squirmed and fought against her restraints as a tall man stood over her. His face was hidden with a surgical mask and glasses, he held something that resembled an ice cream scoop and of course, I said I would take a scoop of eye-scream!



MASCHI
MASH UPS
.....
KIMBERLY
MASCHI

Sorry, I know. I did it again. No one was amused, except me of course.

Moving on to the next room. We went up the stairs, in heels, so this just proves that I am not one to mess with!

A battle between ghosts happened in the hallway. The chef and the butler stabbed each other over their mutual love for the maid. I found no humor in this, it was actually pretty terrifying. They lunged at each other and fought to the ground while screaming. I stood frozen in my spot and threw a few punches into the air. I recently watched Big Trouble in Little China so obviously, I knew all the right moves.

When the battle was over Aimee tapped my shoulder to turn around and I turned to look straight into the bleeding eyes and nose of a death riddled bride. Through the veil she tilted her head and smiled. No funny quips this round folks, I screamed and ran.

Once I calmed down, I simply stated that I wasn't afraid of the bride, just the concept of commitment...

Aimee and I decided to explore some random rooms. Animals, skeletons, moving pictures, and shimmering candles decorated the various mantels. I slowly pushed open a large door, with a moaning creak and entered what seemed to be a study. Tables were turned, books were thrown about the floor, a struggle happened here. Off in the corner of the room stood a man. He

had his back turned to us and was completely still. I said, “hey! How’s it going? Whatcha doing?”

I was in complete panic at this point. I was on edge and I am such a wimp! My imagination gets the best of me, and when you put me in this kind of situation I honestly lose myself in the moment. I become so engrossed in everything that is happening it blurs the line of reality. The man in the corner slowly turned towards us, he had a noose tightly wrapped around his neck.

“Oh!” I said, “you want to hang out?” Hilarious to me, Aimee slapped me on the shoulder and shook her head in disappointment. We went back downstairs to watch the amazing performers teaching others in attendance how to dance.

The other guests to the event came dressed in fancy attire all fitting the speakeasy theme. The band played songs from the 1920s like I Want to be Loved by You by Helen Kane and Perhaps, Perhaps, Perhaps by Doris Day. The band was incredibly talented and had everyone on the dance floor dipping and swinging. I did my best to not hurt anyone nearby as I tried my best to dance. My go-to move was palms facing the floor and throwing my feet up towards my sides. I graduated to a twisting of the hips move and really found my groove with a jazzy little two-step.

I enjoyed myself with a couple beverages kindly made in this time of prohibition. Since I am awake and writing the next day, the drinks were not tainted by the “Chemist’s War of Prohibition,” when the American Government poi-



The author and friend at the Spookeasy.

soned their citizens. The ghosts within the mansion may have come to their untimely end from just a glass of spirits. Aimee and I ended our night before midnight, we enjoyed watching the burlesque show and sword juggling ghost. It was an amazing experience. This was the third year the speakeasy was held, and we cannot wait for next year! By next year I hope to gain some brav-eerie...sorry. Last one I promise.

What does it mean to be an American?

Tell me: What does it actually mean to be an American? In the press of day-to-day events and amid the ongoing tumult of politics, we don't think about this much. Yet it's a crucial question, one that each generation in this country is called upon to answer for itself.

Despite our differences, there are some traits that I think we and our predecessors would recognize — characteristics to being an American that resonate with most of us, regardless of our age or our political beliefs. For instance, I believe the aim of our representative democracy is to enhance the liberty of free people, and to offer them the opportunity to make the most of their talents. This lies at the root of what it means to live in a representative democracy: extending respect to all and wanting every person to be aware of his or her political importance.

Perhaps the most eloquent expression of this view is the awe-inspiring Declaration of Independence, which remains a core inspiration both for our political values and our shared identity. The notion that all people are created equal, that we possess God-given inalienable rights, including to life, liberty, and the pursuit of happiness — these are beliefs that undergird our democracy.

They suggest that our country can — and should — be an example to the world of what a government of liberty can mean in the lives of citizens. And that we should never stop trying to make the world a better place. Bringing these values into our policies and our politics depends on all of us — another notion embedded in this country since the beginning.

Often people ask, “Where are the Jeffersons or Lincolns in this time of

need?” They understand that the quality of our elected leaders makes all the difference, and that bold, decisive, thoughtful leadership is essential for our country's success. Yet while I recognize the need, ultimately our success as a nation will rest on the strength and capabilities of our citizens. The Founding Fathers spoke often of the need for citizens of virtue and talent, for people capable of governing themselves.

We do so through our political institutions, within a framework set out in our Constitution. While our system is not perfect, it has provided us with the tools to meet our challenges — and in a better fashion than any likely alternative.

Politics as it is practiced in our country can bring despair and crushing defeat. But it can also produce splendid achievements. If you enter politics, you have to be prepared for both. I know that a lot of people view politics with disdain and disapproval, yet over the course of a long political life, I never felt the desire to escape it. Just the opposite, in fact. I knew a lot was at stake in the battles, and I embraced them.

To be sure, I pursued them at a time when it was possible to find common ground across partisan divides, and when respecting one's opponents did not bring immediate censure from donors and primary voters. The atmosphere is different now. Yet the basic need — for using the political system to resolve fundamental challenges — has not changed.



BEYOND
CIVIC
ENGAGEMENT
.....
LEE H.
HAMILTON

Nor has one of its most basic features: a permanent tension between the preservation and expansion of individual freedom on the one hand, and the stability and strength of the nation on the other.

Government must have enough power to protect the national interest and to be capable of addressing deep-seated problems. It must secure and enlarge personal liberties while maintaining order and stability. It must provide the national security necessary for the preservation of freedom.

These are not contradictory goals,

but they do rub against each other. How we interpret them —how far in one direction or the other we go as our national circumstances change — is a constant challenge. Being an American means not shying away from that task, but instead embracing it as part of our birthright.

Lee Hamilton is a senior advisor for the Indiana University Center on Representative Government; a distinguished scholar, IU School of Global and International Studies; and a professor of practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

YOUNG ARTIST

continued from page A1

Considering no time is too soon or too late to start studying the rich history of America, this is good news.

The ‘winning’ entries span artwork from youngsters ages 4 thru 10 and can be seen on a poster located in the entrance hall of the UPL lower level.

In addition, the poster will also be displayed on Oct. 24 during the SPOOK-tacular Halloween Trick or Treat party sponsored by the Uxbridge Town Hall and local businesses from 5:30-7 p.m.

The Daughters of the American

Revolution, Deborah Wheelock Chapter, and the Uxbridge Public Library are pleased to continue this community outreach to encourage patriotism and good citizenship through education and the study of America's history. For more information about membership contact Jane F. Keegan, Regent.

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Friday's Child

Hi! My name is Jaycob and I love to smile and give hugs!

Jaycob is a charming, engaging and likeable boy of Caucasian descent who is quick to give hugs. Those who know him best say that he has a silly side and is remarkably kind. Recently, when he was at the doctor's office he asked for extra stickers so that he could bring them back to the other children in his home. Jaycob loves playing with Matchbox cars, Pokémon, Beyblade toys and video games. Jaycob hopes one day to be a contestant on the television show Wipe-Out, where contestants have to navigate an obstacle course. He plays the video game version and believes that he could complete the course in real life if given the opportunity.

Jaycob enjoys going to school, is academically on track, and gets along well with his peers.

Legally freed for adoption, Jaycob will do best in a two-parent family. He is eager to live in a home with other children and will do best with children of a similar age or older.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have “a permanent place to call HOME.”

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Opportunities abound as fall season gets underway



THE GREAT
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This is a magical time of year filled with all types of hunting and fishing opportunities for the sportsmen. The fall trout stocking program is in full gear with more than 60,000 rainbow trout and 4,000 brown trout being stocked in trout waters. Very few trout are stocked in local rivers, but they are stocked in rivers in the western part of the state. Fall trout fishing can be extremely challenging as the water temperatures change daily and their feeding habits are a lot different from the cold waters in the spring. Most trout stocked locally are in the 12 inch + class, but Cape waters also have a lot of hold over trout, as seen in last week's column.

In September, more than 2,000 northern pike were purchased by Mass Fish & Wildlife from Vermont. The yearling pike were stocked in Lake Quinsigamond, Newton Pond and Flint Pond. Local ice fishermen often complain about pike no longer being stocked in local areas like Manchaug Pond and Webster Lake. Pike are still being caught at Manchaug Pond, although it has not been stocked for years. Despite numerous conversations with Massachusetts fish biologists about the huge success at these two ponds over the last 20 years or more, nothing has been done to ensure local pike fishing anglers they will continue to catch northern pike at these two great bodies of water.

Unfortunately, very little data is available at MFW, because of the poor communi-



A second salmon from the same fishing trip.

cation between the state and the fishing public. Because ice fishing anglers kept the pike fish success to themselves, it is no longer on the list of priorities to stock it again. Hopefully the division can be convinced to stock pike again in the near future.

The upland bird hunting season opened on Oct. 13, this year with more than 40,000 pheasant being stocked statewide. Pheasant are the number one game bird for upland bird hunters. Local clubs also stock pheasant in local covers that they raise in cooperation with MFW.

The second segment of the Massachusetts goose season opened on Oct. 9, this year under ideal conditions. More geese started to show up in local corn fields and on bodies of water just prior to opening day. Reports of the two bird limits of Canada geese being made by a few local hunters last week was good news. Hopefully hunters will catch a

good flight of migrating birds after this week's cold blast. Duck hunters also reported some great shooting of wood duck and mallards on opening day. More flight birds should make duck hunting even better in the coming days and weeks.

The Salmon River in upstate New York exploded with action last week with some local anglers returning with impressive fish. This week's picture shows Steve Stefanick with an impressive king salmon for his fishing adventure last week, along with some of his fishing buddies

Archery deer season opened this past Monday Oct. 15, under less than ideal conditions. The heavy foliage was still hampering the hunter's ability to spot a deer as they approached their hunting areas. That should all change as the recent frost sent many leaves to the ground. Not all areas have an abundance of acorns this year, but for the areas that do hunters should find some great opportunities to harvest some venison.

The
Whitinsville
Fish & Game



Courtesy photos

Steven Stefanik with a nice salmon caught in upstate New York.

Club will hold a porketta dinner this Saturday Oct. 20, at the club house on White Court in Douglas. The event is open to the public. For tickets call the club at 508-278-7204.

Tautog fishing has exploded with action in both Massachusetts and Rhode

Island waters. Green crabs are the number one choice of bait to catch this hard fighting fish.

Take A Kid Fishing & Keep Them Rods Bending!!

Veterans Day Salute

November 8-9, 2018

Stonebridge Press would like to salute our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 8-9 th issues.

If you are a business and would like to be a sponsor in this section, please email Patricia at Patricia@stonebridgepress.news or give her a call at (508) 909-4135

Veteran Salutes will run in:
Spencer New Leader, Auburn News, Charlton Villager, Sturbridge Villager, Blackstone Valley Tribune, Webster Times, Southbridge News

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Sales deadline is Oct. 25 at Noon

Let’s give our veterans the recognition they so greatly deserve!

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MCAS

continued from page A1

taken on a computer. The test includes innovative items created to assess the Massachusetts learning standards.

In Sutton, student achievement surpassed state averages, with the district achieving an average scaled score of 506.1 to the state average of 500.5 in English language arts and a score of 500.8 to the state average of 498.4 for mathematics.

For Douglas, students surpassed the state average in ELA with a score of 505.5, but fell just a bit short in mathematics with a score of 498.2.

The Northbridge District fell closely behind the state average, with the district achieving an average scaled score of 498.8 to the state average of 500.5 in ELA and a score of 496.6 to the state average of 498.4 for mathematics.

Uxbridge also surpassed state averages in ELA, with an average scaled score of 500, but fell short in math with a score of 497.

The next-generation achievement levels are designed to provide an indication of whether a student is on-track to succeed in the subject matter and whether extra academic assistance may be needed for the student, according to the Department website. In March 2017, the Board of Elementary and Secondary Education adopted new achievement levels for the next-generation tests at grades 3 through 8. These next-generation achievement levels differ from the legacy MCAS achievement levels and are reported using a different scale, making it difficult for districts to compare data year-to-year.

In 2018, Massachusetts continued the process of transitioning the MCAS program to next-generation tests. The next-generation tests include new test designs and item types and are intended to be administered primarily via computer. In spring 2018, a total of 499,377 students in grades 3 through 8 and 10 participated in at least one MCAS test. On individual tests, the percentage of enrolled students who participated was consistently high, ranging from 98 to 100 percent.

The plan is to phase in computer-based testing so that computer-based tests are fully administered statewide in 2019, with many students participating in 2017 and 2018.

“A good testing system is tied directly to good teaching and learning. In Massachusetts, we set high learning standards-what a student should know and be able to do at each grade level and in each subject,” the website reads. “To find out how well students understand what is being taught, educators give students local and state tests. Using test results, school districts and teachers can identify areas where students need more help, refine lesson plans, and even select different curriculum resources to help students reach high expectations.”

However, the MCAS tests were not designed to measure readiness for success in college or a career after high school. More than a third of the state's public school graduates who attend Massachusetts's public colleges or universities are placed in remedial courses, according to data from the state department. With upgrades to learning expectations over the years through revisions to learning standards and content standards, it was time to upgrade the assessments as well for the next generation of students.

For most grade levels, the scoring system changed in 2017, making year-over-year comparisons difficult. However, districts can still evaluate whether students' scores were above or below the average scores for the state.

CANDIDATES

continued from page A1

college,” she said. Goldberg said she supports vocational and technical training to keep workers in Massachusetts.

Goldberg said she has leveraged the treasurer's office and the pension fund to fight for greater diversity on corporate boards and executive positions. She said she knows from her own private sector experience that “companies that invest in people and reflect the vibrancy of our communities are far more successful, resulting in a better economy for everyone.”

For her part, Orrall, the first Asian-American elected to the state House of Representatives (2011) said she led the drive to stop Massachusetts' participation in PARRC, a national testing consortium.

Orrall adds she was instrumental “in helping to pass legislation to give small businesses certainty in tax filing deadlines by matching federal and state requirements.”

She said she “worked with a bipartisan group to stop an unnecessary regulation in the medical field that would have cost city and town taxpayers millions of dollars.”

Orrall said she has also worked with senior citizen advocates and legislators to “help block a measure which would have shut down a quarter of the nursing homes in the state through overregulation and disregard for the needs of the elder population.”

“I am running for state treasurer because I believe voters want someone who relates to them and will bring a common sense, fiscally conservative approach to running the state's finances,” is Orrall's statement.

Purloined puppy gives politico pause



Two-month-old puppy Mickey was recently stolen from a local animal shelter. Thanks to the quick work of police, he was returned safely and the suspect was arrested.

Courtesy photo.

BY KEVIN FLANDERS
NEWS STAFF WRITER

EAST BROOKFIELD – A congressional hopeful spent last week in damage control mode after her son was arrested and charged with stealing a puppy from a local animal shelter.

Alexander Lovvorn, age 19, of Grafton, was arraigned on Oct. 10 on one count of larceny. Police say he stole a two-month-old lab mix puppy named Mickey from the Second Chance Animal Shelter in town.

Lovvorn is the son of Grafton’s Tracy Lovvorn, a Republican congressional candidate who is challenging Congressman Jim McGovern for his 2nd Congressional District seat.

Police arrested Lovvorn on Oct. 9 after the shelter staff reported the puppy missing. Lovvorn initially entered the shelter with a young woman, police said, and the couple expressed interest in adopting a puppy. It was later determined that the couple used false names when signing in at the front desk, shelter officials said.

After the couple was informed that all puppies on site had already been adopted, the young woman allegedly

asked if she could play with them. While staff members were tending to the other dogs, police say Lovvorn and the young woman walked out of the shelter with Mickey.

After staff members spotted the puppy in the couple’s car, they recorded the license plate and called police. Authorities later tracked the vehicle to Lovvorn and made the arrest.

Lovvorn was released on personal recognizance and will return to court in December. As of press time, police were still attempting to identify the female suspect.

Following her son’s arrest, Tracy Lovvorn released a statement on the incident. She could not be reached for further comment.

“My youngest son, Alexander, was accused of allegedly taking a puppy from a shelter yesterday afternoon. To be clear, he was responsible for bringing the puppy to the shelter on his own accord, he loves pets, and would never intentionally hurt an animal,” the statement read. “As a family, we have every confidence in the due process of law, and we will continue to love and support our son as he progresses through this process.”

For the Second Chance Animal Shelter staff, the incident is saddening and disturb-

ing. This was the first theft of an animal in the shelter’s history, and staff members were stunned that the suspects didn’t go through the proper channels to adopt a pet.

“It is very shocking that someone would attempt to steal a puppy in front of staff,” said Second Chance Animal Services CEO Sheryl Blancato. “All of our pets are micro-chipped and we have security alarms as well, but we would never expect this during the day. They used false names to sign in at the desk, so we are assuming that the intention was to steal a pet when they came in. We are happy the puppy is back safe and sound.”

Lovvorn attends Johnson and Wales University, where he plays on the baseball team. He recently enrolled in the Army ROTC, according to his mother’s campaign website.

Second Chance officials thanked police for their investigative work to help bring Mickey home safely. Now the puppy will be given a second chance at finding the right home.

“Thank you to all the officers who helped bring this pup back so he can soon go home with his new family,” read a statement from the shelter.

Mencken’s Garden

In the early ‘70s I wandered into the oddest saloon in Baltimore not even knowing that it was a saloon. The Peabody Bookstore had a non-descript entrance, and opening the cellar door with its old-fashioned door jingle enveloped me in the smell of old books. That musty odor heightened my book lust; perhaps the bookstore held printed treasures at a bargain price: illustrations from the likes of Arthur Rackham or N C Wyeth or artful bookmaking that embraced classics in embossed leather! As I wandered through the tight aisles, two young women entered and moved with purpose to the end of the store. They disappeared through a doorway hidden behind the click and sway of ceiling to floor beads. I heard faint laughter, and followed my curiosity.



IN THAT
GREAT
TIME
• • • • •
PATRICK
MOON

A narrow hall suddenly opened into a room that was dark enough for atmosphere, but lit so that small tables and chairs appeared like islands...in front of a bar! My eyes adjusted to the near empty space. Each dimly lit wall was covered with photographs, posters, animal heads, and cartoon caricatures.

I walked to a huge rectangular photo and stared at the visage of H. L. Mencken. He was drinking at the bar, beer mug in hand, and convulsed in laughter. Mencken was a reporter and journalist for the Baltimore Sun papers most of his life, proudest of being called a newspaperman, in addition to being an author, scholar, magazine editor and a social critic read throughout the nation. Most journalists could tell you the day they met Mencken through an essay or a book. He was that impressive.

The wall was covered in Mencken memorabilia. He was a close friend of a Who’s Who of artists, writers and musicians of the ‘20s through the ‘40s. Their faces in the many photos on the wall were sometimes unfamiliar, but not the names: Sinclair Lewis, Ben Hecht, Eddie Cantor, Clarence Darrow, Theodore Dreiser, James T. Farrell, Ayn Rand, T.S. Eliot, Dashiell Hammett, F. Scott Fitzgerald. Some of these artists insisted that anyone who spent time with Mencken knew something not readily apparent in his invective-laden writing: he was one of the smartest, friendliest, and most interesting conversationalists that they had ever met. Despite his devotion to uncensored self-expression, there was a generous, polite and often sentimental Mencken.

He offended everyone at some time or another, proudly, as he felt obligated to spotlight graft and hypocrisy wherever he found it. He was a humorist at heart, starting from the day, as a precocious young reader, he fell under the spell of Huckleberry Finn. On any one page of his essays or articles you could be laughing uproariously one minute as he skewered hypocritical politicians,

and a paragraph later horrified as his rapier wit cut one of your heroes to shreds. You could feel the joy of his engagement with a subject and his command of language. Many still regard him as one of the greatest writers of journalistic prose in the 20th Century.

At this point, most writers would pull a few of his quotable bon mots and give you a taste of his charm and vitriol. This is always a failure. You must read him. But give him an opening into your life and he will surprise you. Alistair Cooke’s The Vintage Mencken is a generous sampling of pieces chosen by one journalist who came under his tutelage. For my money, William Manchester’s On H. L. Mencken, Disturber of the Peace is more insightful than the many biographies published on Mencken over the years. You meet him prodding, debunking, and charming...and his joy at being alive is contagious.

At about the same time that I discovered the Peabody Bookstore, I joined a handful of “searchers” for a weekend encounter group sponsored by the University of Maryland School of Social Work. Mencken had written into his will that certain groups could use his home at 1524 Hollis St. for meetings. He had lived at this family address for most of his life. We students would spend two days in Mencken’s living room learning to trust each other and encounter our own reluctance to “see ourselves as others see us.” Mencken would have enjoyed the spectacle of personal confrontation...and strangers struggling to put tenderness under honesty? That was the veneer of civility stripped from the predatory ape! Intrigue of the highest order! The irony of social work in his living room was not lost on me.

With his brother, August, Mencken invested time and energy in the backyard garden. I wandered out there during a break and admired the hand-built brick wall embedded with tiles. He gardened into the last year of his life. Now think of this: he had a stroke in 1948 and he was never able to read or write again up to his death in 1956. He could not make sense of written words! How did this wordsmith survive? Words and language were central to his being. He had lived to write and converse and now the letters on a page were as hieroglyphics!

Part of the answer was friends. William Manchester resigned his Sun paper job and spent the last year of Mencken’s life reading to him. Manchester read him the newspaper, the works of Conrad and Twain, whatever Mencken wanted. This was the kind of loyalty he inspired. And there in the center of the backyard brick wall, Mencken had cemented the iconic death mask of Ludwig von Beethoven. Mencken loved music all of his life,

played the piano with gusto, and Alfred Knopf, the publisher, had given him the gift a record player. When words failed, music still spoke. He particularly loved the musicals of Gilbert and Sullivan, both the music and the word-play. Manchester wrote that they would often end the day listening to music. Two decades after Mencken’s death, the Voyager spacecraft would rocket into the cosmos with a gold plated recording of sounds. Etched onto the surface were the words: “To the makers of music – all worlds, all times.” The grace of Beethoven’s Fifth Symphony would serve in part as Earth’s introduction to

intelligent beings elsewhere. Mencken would have understood.


OK, OK...I can’t resist. One quote. From the Baltimore Evening Sun, July 26, 1920:

“As democracy is perfected, the office of the President represents, more and more closely, the inner soul of the people. On some great and glorious day, the plain folks of the land will reach their heart’s desire at last, and the White House will be occupied by a downright fool and complete narcissistic moron.”

I forgot to mention that he was prescient too.

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EDITORIAL

Grave
Perspective

Graveyards in our area of New England hold a special fascination for many, particularly during the changeable, tricky season of autumn. As we saw this past week, a day that's humid, near 80 degrees and feels like summer can quickly give way to a night sky of racing clouds, moonlight and a damp chill creeping across the yard, yielding perfect graveyard-at-Halloween vibes.

One season passes into the next and the plants and flowers so tenderly planted and cared for in the spring diminish and die back. Autumn colors seem to pay tribute to this loss – celebrating, rather than mourning - because after all, in six months, the cycle will begin again.

Graveyards in ANY season remind us of this same truth: life begins, ends, begins again, ends again. And with each new generation, problems arise, are struggled with, sometimes resolved, and replaced with new problems. As pessimistic as that may sound, it's also oddly comforting; there is indeed nothing new under the sun.

In our corner of the world, seasons and generations have passed into history for centuries. Those tranquil, ancient graveyards preserve the memories of residents who, like us, worried about weather and politics and the economy and their children and the future. Like us, they had great days when things just seemed to “work”. They had other days when nothing went right. But life continued on... THEY continued on.

Perhaps one lesson learned from wandering among the graves is that what connects us as people – past and present – are the things we care about. In our towns and villages, we care about local schools, our community parks and rec centers, our businesses and organizations and our neighborhoods. We care about the price of fuel, getting our seasonal decorations up, finding deals at the grocery stores and the upkeep of our properties. We care about our neighbors and co-workers, our friends and family. We care about making an impact; we also care about preserving history. We hope for change and also embrace our traditions.

The same can likely be said for the names of those in those graveyards, the many who came and went before us. Life goes on.

LETTERS

Extra! Extra! Read All About It!

We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us! Mail your letters to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at ruth@stonebridgepress.news.

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

OPINION

Opinion and commentary from the Blackstone Valley and beyond

What the Brett
Kavanaugh decision
means to me

Men have gotten away with objectifying my body, violating my world, and contaminating my mind with feelings of anxiety and fear since I was a young teenager.

The first time I was sexually harassed, I was 14 years old and taking classes at Quinsigamond Community College. I was the youngest student at the school, and the man who approached me was 24 years old with tattoos all over his arms and an intense personality. After my experience with dodging his stagnant eyes and trying to ignore his explicit comments, I spent my time between classes each day hiding in the bathroom, a far corner of the cafeteria, or between the rows of books in the library, hoping that no man would see me or try to speak to me.

The first time I was sexually assaulted, I was 17 years old and a student at UMass Amherst. I was studying in the library with a boy from my macroeconomics class who I thought was my friend, but he wanted me and wouldn't take no for an answer. He grabbed me and forced himself on me so quickly that I barely had time to process what had happened. I pushed his hands away and screamed, but all he did was laugh.

My reality as a 21-year-old woman living in the United States is that I am sexually harassed almost every day and have been sexually assaulted multiple times. It is a burden I had bestowed upon me when I was born a girl, because although some men have been in this position as well, it is a fact that women in this country are much more likely to experience sexual hostility than men.

On October 6, a notification from BBC News came up on my iPhone, letting me know that by confirming Brett Kavanaugh to the Supreme Court in a 50-48 vote, my own country made the decision to not take sexual harassment and assault seriously enough. I started crying, not just for Dr. Christine Blasey Ford, Deborah Ramirez, Julie Swetnick, and the anonymous fourth accuser who spoke out against our newest Supreme Court Justice, but for Anita Hill, who accused Justice Clarence Thomas of sexual harassment in 1991, and every single person who has found the courage to tell their story only to be dismissed.

The Supreme Court is the highest court we have in the country, supposedly made up of justices who are capable of providing the most reasonable judgement and displaying the most honorable behavior. Kavanaugh was formally accused of inexcusable conduct by four women, yet today he is sitting on the bench with the responsibility of evaluating the most law-abiding outcome of some of this country's toughest and cloudiest cases. When we allow it to become acceptable for our country to trust someone who has been accused of multiple cases of sexual misconduct



MIND OF A
CURIOUS
GIRL
• • •
ANNIE
SANDOLI

to make our most important legal decisions, we are making sexual harassment and assault an acceptable part of our society and a common happening in the daily lives of American women.

Kavanaugh's appointment to the Supreme Court means that my 14-year-old self was right to hide in the corners of the school instead of speak out, because there was no way for me to prove that a man who was a decade older than me was sexually harassing me and making me feel uncomfortable and disrespected at my own school.

It means that the boy who assaulted me at age 17 will never actually suffer consequences for his actions because too many people would say that he was just young and reckless, and even though his laugh still echoes in my mind, I can't prove that he groped me and put his hand between my legs without my consent.

It means that the man who repeatedly asked me out when I was 19 years old despite being three times my age was just exercising his freedom of speech when he wouldn't take no for an answer, stalking me at my workplace and around Harvard Square for weeks.

It means that being taken advantage of at age 20 was simply a learning experience for me, because not touching a woman when she's intoxicated seems to be an unrealistic expectation and I can't prove that he overstepped my boundaries because I was barely conscious, only remembering it enough to continue to be haunted by feelings of violation.

It means that I will have to come to terms with every sexual harassment and assault experience I have had and will have on my own, because no matter how much time I've spent telling my story, fighting against sexualization, and speaking out for the Me Too movement, men still get away with taunting me and touching me without my consent and they have since I was 14 years old.

It means that the MeToo movement has not yet made enough progress, not yet convinced enough people, and not yet changed the country enough to take a step back and take pride in its progress.

Brett Kavanaugh's appointment to the Supreme Court means that I, as a woman living in the United States, am not and will not be taken seriously enough in my own country when I tell my story or speak out against sexual assault. It means that men will continue to look up my skirt on escalators, catcall me when I pass them on the street, or grope me on public transportation, because they know they will get away with it.

After all, our newest Supreme Court Justice did.

How can you
become a
'sustainable'
investor?



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Your values are important to you – and so are your investments. But you don't have to keep these two parts of your life separate if you pursue sustainable investing.

If you haven't heard of this term, you might know it by other names: socially responsible investing, values-based investing and environmental, social and governance (ESG) investing. Essentially, sustainable investing incorporates non-financial or indirect financial considerations, specifically environmental concerns (climate change, renewable energy, water scarcity), social concerns (human rights, product safety or liability) and governance issues (corporate behavior, executive compensation, lobbying and so on). As a sustainable investor, you would invest in companies that take what you'd consider a positive stance on these issues, or are at least improving in these areas, and you'd avoid businesses that fall on what you perceive as the negative side.

There are many ways to implement a sustainable investing approach that addresses your specific concerns, with varying levels of diversification and control. Some investors select individual stocks of companies they are comfortable supporting. But you might find it more affordable, and more efficient, to invest in mutual funds or exchange-traded funds (ETFs) that focus on sustainable investments.

When exploring sustainable mutual funds and ETFs, make sure you look beyond the name of the fund to assess whether its ESG approach aligns with your personal interests and goals. Also, look for these key elements:

Diversification – By definition, mutual funds that concentrate on sustainable investments might exclude entire industries, which could hurt your portfolio's performance if the excluded investments perform better than the rest of the market. For example, a fund that excludes all oil-related companies might generate poor returns during a period of rising oil prices. Therefore, you may prefer to invest in a fund that integrates environmental, social and governance considerations into the investment process without excluding specific sectors or types of companies. You can further dilute this risk by owning a wide array of sustainable funds that use different approaches or processes to invest in sustainable companies. However, while diversification can reduce the effects of volatility on your portfolio, it can't guarantee profits or protect against all losses.

Track record – As you have no doubt heard, past performance can't guarantee future results, so you may not want to over-concentrate on a fund's historical returns. Still, it might be worthwhile to compare how one fund has performed over time in comparison with similar funds or an index. Many sustainable-investing funds are newer or weren't always invested sustainably, so be sure the track record you are considering is relevant.

Here's something else to keep in mind: The universe of mutual funds is vast, and some funds may not market themselves as “sustainable,” but still include sustainable considerations in their investment selections. These funds could provide you with more options.

Finally, consider including charitable contributions in your investment strategy. In some cases, you may decide that's a better way to meet your financial and non-financial investing goals than limiting your investment choices.

By following a sustainable investing approach or incorporating charitable donations in your financial strategy, you can express your beliefs in a tangible way – while still working to achieve your long-term goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

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Rick LaFleche
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Latest auction news

There has been plenty of auction news since my last update in this column. A collection featuring over 700 pieces of Abraham Lincoln memorabilia is among the important items soon coming to auction. The Smithsonian.com reports that the Lincoln memorabilia belonged to historian Harold Holzer. One of the first items Holzer purchased for his collection was a franked letter by Lincoln. As a Congressman, Lincoln used his franking privilege to sign the envelope and not have to pay postage. One of the auction highlights is an 1860 portrait of a beardless Abraham Lincoln. A 1907 bronze relief plaque that was used as the likeness of the penny will also be featured, as well as a bust by artist Sarah Fisher Ames. A period painting believed to be by John C. Wolfe has the highest pre-auction estimate at \$12,000 to \$18,000.

Other important historical artifacts will also be coming to auction when 5,500 pieces of Titanic memorabilia are offered, according to CNN. Items include a bronze cherub from its grand staircase, sets of china from the dining room and



ANTIQUES, COLLECTIBLES & ESTATES
• • • • •
WAYNE TUISKULA

a section of the hull. Premier Exhibitions, which owns and exhibits them in four cities, filed for bankruptcy in 2016. The Titanic sunk after hitting an iceberg in 1912. Individual items have brought strong prices at past auctions. A letter written by a man during the Titanic's final hour sold for \$166,000 and a violin played by the band leader as the ship sank went for \$1.7 million in 2013. Three hedge funds have offered an opening bid of \$19.5 million for the collection, which is being sold as a group. Some newer items are also making news in the auction world. Architectural Digest reports that memorabilia from the estate of Frank and Nancy Sinatra will be auctioned in December. There are a wide range of items being offered from Baccarat crystal and Dodie Thayer pottery to fine art. Two AKG microphones owned by Frank Sinatra will be included. The auction will also feature paintings by Pablo Picasso and Childe Hassam. One of the auction highlights is a painting of Frank Sinatra by Norman Rockwell. A valuable car also made auction news, according to

Barron's. The 1962 Ferrari 250 GTO considered to be the "Holy Grail" of the car collecting world recently sold at auction. The car with chassis # 3413, was the third of 36 built that year. The car was first driven as a test car by Phil Hill in the 1962 Targa Florio road race in Sicily. It then went on to win first place in its class at the race for the next two years. The bidding started at \$35 million before the winning bidder took the checkered flag at \$48 million, making it the most valuable car ever sold at auction. My "Evaluating your antiques" class will take place at the Bay Path Evening School in Charlton on Oct. 15. Our live multi-estate antique and collectibles auction will be held on Oct. 25. I'll be appraising items at the Winchendon History and Cultural Center's antique appraisal event on Oct. 28 from 11:00 AM to 2:00 PM. See www.centralmassauctions.com for details on these and other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com



TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Ruth DeAmicis, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to ruth@stonebridgepress.news.

CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje
St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

BRIMFIELD SENIOR CENTER

CHARLTON SENIOR CENTER

Call Elaine or Debra for more info at (508) 248-2231 ~ Sign up sheets & flyers available at the Senior Center. Flyers are available on webpage www.town-

ofcharlton.net: click on Departments then click on Council on Aging/Senior Center. Pick up is generally from St. Joseph's Church, 10 H Putnam Road Extension, Charlton

DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DUDLEY SENIORS

For information and reservations contact Evelyn Grovesteen at (508) 764-8254

June 2-8 2019: Mackinac Island, Michigan. Seven days, six nights motorcoach transportation, leave Dudley Town Hall at 8 a.m. \$650 per person double occupancy. Includes carriage tour of Mackinac Island, visit to Colonial Michilimackinac, Frankenmuth, cruise, casino, light-house tour and more. Some meals included.

EAST BROOKFIELD SENIOR CENTER

For information and reservations, please contact Judy Shute (508) 867-9224

LEICESTER SENIOR CENTER

Contact Leicester Senior Center, Joan Wall, (508) 892-3967 for information and reservations.

Friday, November 16:

Captain Jack's & Foxwood Casino, choice of lobster or prime rib. \$76, due by Oct. 16.

Saturday, December 1: Reagle Theatre Christmas Show and Chateau Restaurant. \$119, due by Nov. 1.

Friday, January 18: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, February 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, March 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

2019

September 9-22: Grand Tour of Ireland: Sept. 9-22, 2019
May 20-June 4: USA: Splendors of the Northwest National Parks: May 20-June 4, 2019

MILLBURY SENIOR CENTER

1 River St., Millbury, (508) 865-9154

TURNING STONE RESORT CASINO TRIP

October 21-22, 2 Days 1 Night
Trip includes Overnight Accommodations, Transportation along with meal vouchers and free play packages!! For more Information call or come by the Senior Center for a flyer. 508-865-9154

NORTHBRIDGE SENIOR CENTER
Phone: 508-234-2002
www.northbridgemass.org/council-on-aging

December 2, The Newport Playhouse presents, A Doublewide Texas Christmas. A day of food, fun, and farce! Enjoy a fantastic luncheon buffet at the playhouse followed by this hilarious comedy. After the show, you will be entertained with a Cabaret filled with songs and laughter. \$87/person, call Jeannine to sign up.

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2018 TRIP SCHEDULE OPEN TO PUBLIC

Tuesday, Nov. 13: Foxwoods \$25 - 10 a.m. bus.
You will have five hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in

Turn To **TRIPS** page **A11**

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2019 Blackstone Valley Community Guide

Coming March 15, 2019

Reach 10,000 Homes in the Blackstone Valley

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2019 Blackstone Valley Community Guide

Coming March 15, 2019

Reach 10,000 Homes in the Blackstone Valley



Sales Deadline February 21, 2019

CALENDAR

Wednesday October 24

UXBRIDGE SPOOKTACULAR: Halloween trick or treat at Uxbridge town hall and local businesses Wednesday, Oct. 24 5:30-7 p.m. Come if you dare! Kids get to judge at town hall the best costume and best decorated office.

Saturday October 27

HAM & BEANS: Home Baked Ham & Bean Supper, Saturday Oct. 27 at 5:00 pm in the Community House, 8 Court St, Uxbridge located behind the Uxbridge Town Common. Sponsored by the Uxbridge Congregational Church. Donation of \$10 per adult, children under 6 free. Raffles will also be available. For reservations call 508.278.2654 after 5 p.m. Limited tickets will be sold at door.

TRUNK OR TREAT! The Rockdale Congregational Church in Northbridge invites all to our 2nd annual Trunk or Treat celebration Saturday Oct. 27 from 4-6 PM. Cars in our parking lot will be decorated and full of sweets for trick or treaters. Costumes are encouraged, but not required. Admission is free. Please bring a nonperishable food donation for the Northbridge Food Pantry if you are able. The Rockdale Congregational Church is located at 42 Fowler Road, Northbridge. www.rockdalechurchonline.org

Sunday October 28

PANCAKE BREAKFAST: Blackstone Boy Scout Troop 1, chartered by St. Paul's Church, will hold its "all you can eat" Pancake Breakfast from 8:00 a.m. to noon Sunday, Oct. 28 in the lower level of the hall at 48 St. Paul Street. Tickets are \$6 for ages 12 and over, \$4 for children age 3 to 12, and free for children under age 3. There will also be raffles with tickets sold at the breakfast. For more information on Troop 1, contact Committee Chair Tara Corcoran at tscorcoran@aol.com.

Saturday November 3

HOLIDAY BAZAAR: St. Peter's Parish in Northbridge will be holding its annual Holiday Bazaar on Nov. 3 from 9am-3pm in the Parish Hall, 39 Church Ave. Santa Claus will be making a special appearance starting at 10 am for pictures! Home-made baked goods, white elephant table, craft tables with handmade items, knitted items & handmade quilts. Tables filled with raffles & the famous silent auction. "Old-Time" favorite foods served. For more information contact the rectory at 508-234-2156.

Saturday November 10

HOLIDAY CRAFT FAIR: Saturday, Nov. 10 9 A.M.-2 P.M. Call or stop by the Millbury Senior Center, 1 River St. to reserve your table. New items along with creative crafts. Great gifts for the holidays! Luncheon served along with homemade chicken soup, hotdogs and pastries. Also featuring food items to go. We have Raffles! 508-865-9154

ONGOING EVENTS

YOGA CLASS: Carol Dearborn, certified Yoga and Pilates instructor, will offer a weekly All Levels Yoga class and a Yogalates class at the First Congregational Church of Millbury in Fellowship Hall, located at 148 West Main St. Proceeds will benefit the Church. Classes will run every Friday from Oct. 12 to Nov. 16; 4:15-5:15 pm, All Levels Mat/Chair Yoga, Drop-in Fee \$5, \$3 Seniors and 5:30-6:45 pm, Yogalates (combines the best of two exercise regimes-Yoga and Pilates) Drop-in Fee \$8, \$5 for Seniors. Both classes are structured to make you feel revitalized in body and mind and accessible to ALL LEVELS of fitness. For more information please contact Carol Dearborn at 508-756-5478 or CDearborn888@gmail.com.

PEOPLE'S COFFEE HOUR: Every Tuesday starting Oct. 2 from 1 to 2:30 PM at the Second Congregational Church of Douglas (289 Main St.), we are hosting a no Bible experience necessary study including coffee and refreshments. The study is called 'Courage in a Complicated World' (Book of Esther). Study guides are provided free of charge. This study is designed so that

each week is self-contained, so you do not need to attend every week. This study will run to the end of May. Child care (which includes a Bible lesson for children) is provided. All attendees are welcome to anything from our food and kid's clothing closet. All are welcome. Call Jeanie (508-476-9978) for more information.

NOTHING BUT NET: Uxbridge Community volleyball every Thursday 6:30-8:30 p.m. at 130 Douglas St., Uxbridge Valley Chapel lower campus, the Precious Ones child care building. Pick up games, all levels welcomed. Bring a friend, make a friend, stay in shape and have fun. (\$1 a week). Call Jeannette Gokey at (508) 735-0067 for more info.

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call (508) 865-6914.

SENIOR BREAKFAST: St. John's Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant Street, off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A "Serenity on The Hill" Al-Anon step meeting held at 7 p.m. Wednesday at Rockdale Congregational Church, 42 Fowler Road, Northbridge. Support group for family and friends of problem drinkers. Newcomers welcome. For information: 508-366-0556.

YOGA GROUP: join the Sunshine Yoga Collaborative in our mission to bring community based yoga to Uxbridge and the surrounding communities! Classes

are appropriate for just beginning to advanced student. Class is Sunday 7:30-8:30 a.m. at Alternatives, Unlimited, 50 Douglas Road, Whitinsville. Extra yoga mats, but most bring their own. \$5 donation per class, which given to local organization. Visit Facebook: Sunshine Yoga Collaborative.

RECOVERY: Every Monday, Celebrate Recovery, a Biblically based step program designed to heal a wide variety of habits and harmful behaviors, such as drug dependency, abuse, eating disorders, depression, anger, pornography, broken relationships. Group meets every week in two-part session, an open group followed by gender-specific small share groups. Starts at 7 p.m. and ends at 9. Come at 6:30 for coffee and conversation. Pleasant Street Church, 25 Cross St., Whitinsville, (508) 234-5268 x 14, or email howard@pscr.org.

BREAKFAST: The John 21 Community Breakfast at St. Patrick's Church has been established as a response to the needs of many people in our community. Breakfast will continue each and every Saturday 8-10 a.m. in the Parish Center, 1 Cross St., Whitinsville. Our mission is to serve a nutritious breakfast, free of charge, every Saturday morning in the spirit of community fellowship and hospitality. Teams of volunteers prepare and serve breakfast on a rotating basis. All welcome. For information contact ministry coordinator at John21Breakfast@gmail.com. To make a donation contact St. Patrick's rectory at 508-234-5656.

Legos Club: first and third Mondays of each month, ages 6 and up 3-5 p.m. at Whitinsville Social Library. Information about programming, visit the library's website www.northbridge-mass.org/whitinsville-social-library.

PROJECT KIBBLE: In this tight economy, it can be tough to make ends meet. What about your four-legged friends? Project Kibble collects donations of pet food and supplies and distributes them to local food pantries. We accept dog and cat food, kitty litter, small rodent and fish food. All donations must be unopened and unexpired. For more information contact projectkibble@gmail.com or call Christine 508-234-8131.

12-STEPS FOR OTHERS: Adult Children of Alcoholics 12-step support group meets 7:30 to 9 p.m. Mondays at the Hopedale Unitarian Church, 65 Hopedale St. For information, Rose at (508) 234-9004.

TRIPS

continued from page A10

2018. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2018
2018 is the Society's 26th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

November 11: Do as you wish day in New York City. A day of sightseeing, shopping, visit a museum, dine in a special restaurant, attend a Broadway matinee, or visit the 911 Fountains and the new museum via a ticket through 911museum.org. The possible activities are many. Departure from Southbridge is 6:30 a.m., return departure from NYC is 6:30 p.m. \$58 per person. For early reservation call (508) 764-7909. Deadline is Oct. 25. This is the 23rd consecutive year of this excursion.

December 9: Festival of Christmas Lights at Our Lady of LaSalette Shrine, concert with Fr. Pat the singing priest, the International Museum of Nativities, gift and book shop, Chapel of Light, a bistro for refreshments and snacks, a carousel for the children, optional trolley ride to view the display of more than 400,000 lights and a complete inclusive luncheon at Wrights Farm restaurant. Cost is \$49 per person, \$39 for children aged three to 10, younger

than three, free. Reservation deadline is Dec. 6. Departure is 10:45 a.m. from Southbridge and return is about 7:45 p.m. As in the past, a departure from Webster is a possibility.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on Facebook The Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2018
Please call Sue at 508-476-5820 for more information.

The Silver Club of the Uxbridge Senior Center has availability on the following trips:

Join the Silver Club of the Uxbridge Senior Center for a fall foliage trip and enjoy a bit of history! On Oct. 10 we will take a ride to Portland, ME and ride the narrow gauge RR there and enjoy the museum. There are very few narrow gauge railways left.

The lunch is at the Clambake Restaurant in Scarborough, ME with choices of baked haddock, baked stuffed chicken breast, or fried clam strips. We will have lunch 1st, then ride the RR in the afternoon. The track runs right along the ocean in Casco Bay! Talk about ocean view driving! There is also a very interesting museum with a couple of historic rail cars and a caboose as well as much history of the RR that we will have time to explore. Jump on the train while you have a chance! Who knows how long something from the

1800's will still be in existence? Now is your chance! Enjoy the foliage on the ride to ME. and a fun day out on a historic railroad! Leaves Whitinsville Walmart at 8AM, Westboro Stop and Shop, 32 Lyman St. 8:45AM, returns around 6:30. \$64. includes the bus, the tour & museum, the meal and all gratuities. Please include name, address, phone # (cell and home) and MEAL CHOICE.

The Newport Mansions at Christmas: Wednesday, Nov.

28. \$86. We will tour Marble House and the Breakers all dressed up for Christmas! Lunch will be a choice of grilled hangar steak, lobster roll, or penne alla vodka at the restaurant At the Deck right at the wharf area. Leaves Whitinsville at 7:30, home around 5:30.

Brigh t Lights at Forest Park, Storrowton Village & Yankee Candle: Wednesday, Dec. 5 \$76. Lunch will be at the Storrowton Tavern with a choice of baked scrod, Yankee pot

roast, or vegetable compose. Take a tour of the decorated buildings of Storrowton Village during the day and a tour of the Christmas Lights at Forest Park at night. Sandwich a trip to Yankee Candle into the middle! Leaves Westboro at 8 a.m., Whitinsville at 8:45 and home around 8:30 p.m.

North Conway: 3 day trip Dec. 12-14. \$469. Stay at the luxurious White Mountain Hotel and Resort and eat all your meals in their dining

room overlooking the mountains. Order off the menu for breakfast, lunch and dinner. See three Christmas shows and take a guided tour of the northern valley as well as having some free time in North Conway to do some tax free Christmas shopping. Enjoy their heated (like bathwater!) outdoor pool!

Please call Sue to reserve any of these trips. (508) 476-5820



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SPORTS

Rams remain unbeaten after topping Auburn, 35-8

-NORTHBRIDGE — Homecoming Weekend was an enjoyable one for the Northbridge High varsity football team, as not only did they defeat rival Auburn High 35-8, at Lasell Field on Saturday, Oct. 13, but the Rams remained undefeated in the process as they improved to 6-0. Northbridge next has an away matchup with Tantasqua Regional (4-2) at the Reservation on Friday, Oct. 19 at 7 p.m. The Rockets, meanwhile, slipped to an uncharacteristic 2-4. They will travel to Grafton High for a date with the Indians (4-2) on Friday, Oct. 19 at 7 p.m.



Photos courtesy Mark Seliger, www.SeligerPhotography.com
Auburn defender Ben Baer gets his hand on Northbridge ball carrier Brennen Mahoney.



Zack Roberts of Northbridge collides with Auburn defender Andrew Orawsky while carrying the ball.



Brennen Mahoney of Northbridge avoids an Auburn defender while carrying the ball into open space.



Northbridge's Brian Wildman throws out the stiff-arm while sizing up Auburn defender Nathan Judice.

➡ News Tip?

Story Idea? ←

➡ Reason to Celebrate? ←



Northbridge's Jordan Froment kicks the ball on a point after attempt.

SPORTS BRIEFS

Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any student (8 years and older), parent or teacher from any of the surrounding towns and states can ski or snowboard eight consecutive Saturday nights at Wachusett Mountain for just \$150 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eight-week program begins on Saturday, Jan. 5 and ends Saturday, March 2. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free through you health insurance coverage.

Also anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. All eight week and season passes must be ordered through the Wachusett website by Nov. 30 for these lower discounted prices. For more information on how to order, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

Softball pitching lessons coming to Southbridge Community Center

Softball pitching lessons will be available at the Southbridge Community Center (152 Chestnut Street) on Sunday mornings from 8:30 to 10:30 a.m. They start Oct. 21 and run through Feb. 24, 2019. Team and league discounts are available for three pitchers or more. Pitchers must bring a catcher (no fee) that can be a parent, teammate, etc. Please contact Bill Rahall (wlah@yahoo.com 860-576-3440) for more details. Clark University pitching coach Steve Genese will be on hand at the lessons.



Email Us:
MyTrib@StonebridgePress.news

SPORTS

Northbridge tallies twice to Spartans' once for victory



Northbridge's Kate Labrie scoops the ball from the ground to send it into the air.

BY NICK ETHIER
SPORTS STAFF WRITER

NORTHBRIDGE — When the Northbridge High varsity field hockey team lost a 2-0 decision to rival Uxbridge High on Saturday, Sept. 29, the Rams kept that moment in their back of their collective heads for when the teams met again just 16 days later on Monday, Oct. 15 behind Northbridge Middle School.

Northbridge scored less than two minutes into the game this time versus the Spartans and the Rams then broke a 1-1 tie midway through the first half to walk away winners, 2-1.

“They’ve been working really hard this season and they really wanted this one,” said Northbridge head coach Kerin Buma. “It was nice to come out swinging and focus on the things that we talked about before the game. I think they really executed the things we talked about for a full 60-minute effort.”

With just one minute and 58 seconds gone, the Rams’ Cassidy Gies took a pass inside the scoring circle from Chloe Frabotta and shot past Uxbridge goalie Maggie Streichert for the early 1-0 lead. Buma noted that Gies and Frabotta have been clicking all season long on give-and-go’s, so the scoring play wasn’t all that unexpected.

The Spartans then battled back and tied the score at 1-1 just over a minute and a half later. Uxbridge received a penalty corner and drew up a play that has been successful throughout the season. Kaylie Gonya inserted the ball to Erika Dube, who then sent it in

down toward Northbridge’s goal. Sarah Johnston picked up the pass and slid the ball over to Katelyn Jones, whose shot beat Rams’ goalie Jen Guilbeault.

The teams then played about 13 minutes of competitive field hockey until Northbridge buried the game-winner. With 13:32 remaining in the first half, the Rams’ earned their fifth corner of the game. Anna Shenian eventually took a shot that Streichert (three saves) got a piece of while diving to the ground. The ball continued to roll at a snail’s pace until Carissa Letendre pounced on it and whacked it into the back of the cage.

The Spartans had their chances for the remainder of the first half, but Guilbeault stood tall. She finished with six important saves.

“She’s just tough. She’s been our anchor all year for us,” Buma said of Guilbeault. “She’s really come into her own this year — this being her senior year — and she’s shown that she’s a force to be reckoned with. If she lets a goal in she just goes harder to make sure she doesn’t let another one in.”

Uxbridge head coach Kelly Rosborough thought that her team could net the equalizer again, but it wasn’t to be this time.

“I definitely believed in our team and believed in our training,” she said. “We had the shots, we had the opportunities moving the ball down the field — [we’re] just not finishing. It just didn’t happen.”

The Rams and Spartans then played a second half that was primarily in



Nick Ethier photos

Uxbridge's Sarah Johnston stick-handles the ball to the outside and around a Northbridge defender.

the midfield until Uxbridge picked up a corner with two minutes to go. But Northbridge cleared the ball out and walked away winners, improving to 7-5-2. The Rams are now two points shy of qualifying for the Central Mass. Division 2 Tournament with four regular season games to play.

“We talked about that before we even started playing games...that’s our main goal,” Buma said of reaching districts, a distinction they missed out on last fall by two points.

The Spartans are already into the tournament at 9-3-2, but now they will focus on perfecting their play with four games to go before the playoffs.

“At this time in the season I’m thinking more about the defensive stance of the team. As you enter postseason you really have to be sound defensively,” said Rosborough. “This is where you should be fine-tuning your skills so you’re in the best possible position for postseason.”



Chloe Kaeller of Uxbridge receives a pass in the open field.



Chloe Frabotta of Northbridge winds up and delivers a big hit down the field.



Uxbridge defender Erika Dube swats the ball out of her team's zone.



Northbridge's Emma LaChapelle intercepts a pass intended for Uxbridge's Mikenna Manz.

SPORTS

Beavers pick apart Bay Path's defense for 42-0 shutout win



Mathew S. Plamondon photos
JD Antaya of Blackstone Valley Tech outruns the Bay Path defense as he hits the hole for a positive gain.

BY DEAN P. ST. LAURENT
SPORTS CORRESPONDENT

UPTON — Junior running back JD Antaya and the Blackstone Valley Tech varsity football team ran past Bay Path Regional on Friday, Oct. 12 to the tune of a dominant 42-0 performance. “The outside was always there because my split end and receiver out there were always on their blocks,” praised

Antaya. “I couldn’t do anything without them, so with them blocking that is what helped me get those two touchdowns. On the pick I couldn’t ask for better blocking by my defense, they were laying people out.” Antaya carried the ball seven times for 193 yards and two touchdowns in the win. He got his team on the board with a 72-yard touchdown sprint

down the right sideline two plays into the game and also ended his team’s scoring in the fourth quarter with an interception return for a touchdown. “He is a special player,” Blackstone Valley Tech head coach Jim Archibald said of Antaya. “He has all the talent in the world. We have been working a lot with him on the type of runs he had



Blackstone Valley Tech's Nick Reed brings down Bay Path's Michael Keeler in the backfield for a sack

today, going hard, exploding through the hole and then getting to the sideline. “He is a great athlete, he is a great football player and we are happy he is only a junior so we know we have him again for another year.” The story of the game was the Beavers’ ability to control the trenches on both sides of the ball. Valley Tech limited Bay Path’s (3-3) run attack and produced many tackles for loss, and also opened gaping holes for all their backs on offense. “We have five seniors up front and an excellent tight end who is a three-year starter for us that we like to bring down,” explained Archibald. “Our fullbacks are doing a good job to spring our backs and when our backs see that day

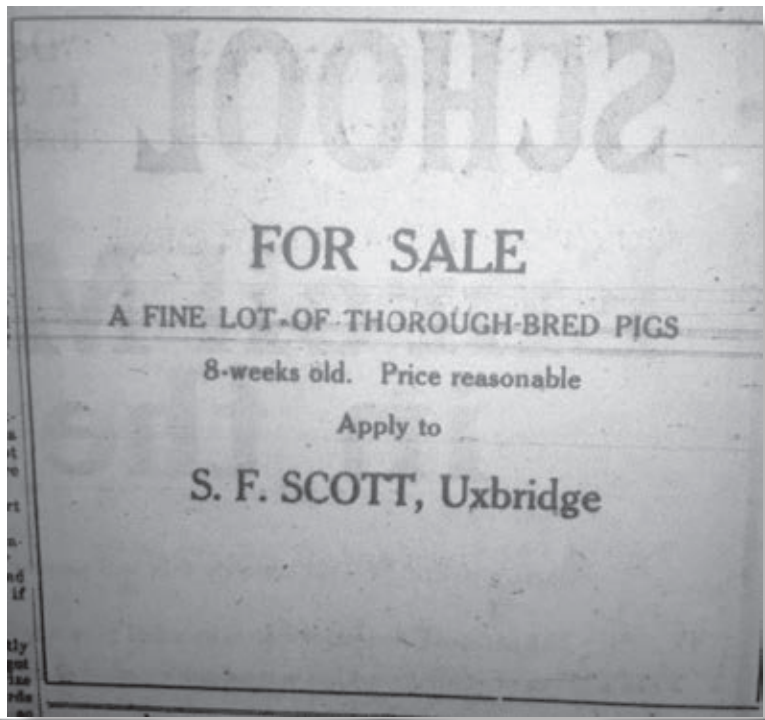
light we want them to be fast, one-cut and go. We feel like we can win that matchup most days, they’re a veteran group; they have been playing since they were sophomore and juniors. They have played in some big games and we are tough on them. “We felt like our front three can control the run game,” added Archibald. “We had a couple miscues on a couple of those slant routes, but we don’t get where we should be on the pass, but when it is completed we have guy swarming to the football trying to rip the ball out and we got a couple turnovers that way.” Aiden Fitzgerald scored twice from one and four yards out for BVT and quarterback Scott Mackay also connected

with Connor Christensen for a six yard-touchdown through the air. After losing their first game of the season against Millbury High, the Beavers have rallied and won five games in a row to improve to 5-1. Their recent success comes from hard work during the week. “First and foremost it starts with our preparation,” Archibald explained. “We have had really good weeks of practice the last five weeks. We go hard in practice and we get after them in practice. We expect them to be perfect or as perfect as they can be day in and day out. We have a game type atmosphere at practice, we go live, and we will split up the teams and put some starters on the scout defense.”

Blackstone Valley TIME CAPSULE

*A Look Back.
~1918~*

Here is an ad from the *Blackstone Valley News* from 100 years ago this month. The ad below appeared in the News in 1918.



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BLACKSTONE VALLEY TRIBUNE

Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

Uxbridge blanks Pirates, 2-0, behind impressive youth movement



Nick Ethier photos
Maximus Martone of Uxbridge pulls the ball backward with his right foot to keep it away from the Oxford defense.

BY DEAN P. ST. LAURENT
SPORTS CORRESPONDENT

OXFORD — Signs of progression were shown by the youth from the Uxbridge High boys’ varsity soccer team in a 2-0 win over Oxford High on Wednesday, Oct. 11. “Overall some of my young guys have evolved and we are moving the ball around better,” explained Brian Henderson, head coach of the now 2-11 Spartans. “We are finding lanes, have give-and-go’s that are active and the guys are completing passes at a higher rate than we were earlier in the season.” Late in the first half, midfielder Maximus Martone dribbled in and out of the Pirates’ defense and sent a left footed pass into Oxford’s box to an open Brandon Bibeault, who hit a one-timer into the upper left portion of the net. This gave Uxbridge a 1-0 lead going into the half. Passing in the midfield was the difference all game for the Spartans, as junior Tyler Washington and Martone made for a strong duo that make everything work. “I have an eighth grader Maximus Martone who plays in the center of the midfield for me, which is kind of ridiculous for a young guy, but he has one of the best touches on my team,” Henderson explained. “He has a great

touch, sees the passes, he is able to get rid of them and it is a big part of us being able to pass the ball better. “There is another guy in the middle Tyler Washington. He is one of the kids that have experience from last year and they’re [Martone] linking up a lot better,” added Henderson. “He had a torn ACL at the start of this year so he missed the first five games, but as they have grown and developed our passing as whole has worked a lot better.” Midway through the second half, Uxbridge was looking for an insurance goal and they got it. Senior Sery Auguste fought his way into the box with good footwork and got tackled by an Oxford defender. Uxbridge had their chance. Auguste lined up and sent a shot past Oxford goalkeeper Calib Goyette’s outstretched arms. Uxbridge led 2-0 late in the second half. Despite the loss, Oxford (0-9-2) showed tremendous effort and never gave up. “They work hard,” explained Oxford head coach Paul Frykberg. “We have three seniors, two juniors, a few ninth and 10th graders as well as a whole bunch of eighth graders. Just the fact that they keep their heads up, they play hard and they don’t quit on games even when they’re getting physically outmatched.”

OBITUARIES

Bernard Zajac, 90



STURBRIDGE - Bernard Zajac, 90, died at The Meadows of Central Massachusetts, after an illness. He leaves his wife of 68 years Rita L. (Corriveau) Zajac. They were married June 24, 1950 at Notre Dame Church. He also leaves his sons John Zajac and his wife Louise (Daigle) Zajac of Sturbridge, Frank Zajac and his wife Debra (Shea) Zajac of Palm Coast, FL, and daughter Nancy (Zajac) Pierangeli and her loving companion Joseph Genoa of Sturbridge. He also leaves a grandson Robert Pierangeli III, and his wife Kelli (Sheehan) Pierangeli of Douglas, MA, 2 granddaughters Julie (Zajac) Sanders of Texas, Laura Zajac of MA, and a great-grandson John Pierangeli of Avon, CT.

He was predeceased by his sister Jennie Zajac, and his grandson, Jason

Pierangeli. He was born in Southbridge, son of Frank Zajac and Cecylia (Niewiadomska) Zajac. He graduated from the former Cole Trade High School in Southbridge, and served in the US Army during World War II. After his military service, he began a career as a contractor for Madore Engineering in Southbridge until he retired in 1988.

During his retirement, he spent the winter months in Punta Gorda, Florida and summers at the lake on Leadmine Pond in Sturbridge. He enjoyed golf, tennis, horseshoes, and playing cribbage.

A calling hour will be Thursday, October 25, 2018, from 10-11AM at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550. Burial will be private. www.sansoucyfuneral.com



Cecile A. Linnell, 96



WHITINSVILLE - Cecile A. (Noel) Linnell, 96, passed away peacefully at home, aside her loving family on October 8, 2018. She was predeceased by her husband Richard J. "Shorty" Linnell Sr. in 1986.

Cecile is survived by 10 children, Francis A. Lavalley and his wife Linda of Lutz, FL, Alice "Pat" Pitman of Grafton, Linda M. Winchell and her husband Alfred of Douglas, Steven G. Lavalley and his wife Donna of Newport Ritchie, FL, Becky A. Vaundell and her husband David of Sutton, Diana J. Day and her husband Philip of Millbury, David P. Lavalley and his wife Cathi of Monroeville, OH, Dennis W. Lavalley and his wife Theresa of Thompson, CT, Denise R. Berthlette and her husband James of Uxbridge, and Richard J. Linnell of Whitinsville, with whom Cecile lived; 31 grandchildren; 63 great-grandchildren, and 13 great-great grandchildren; 3 sisters, Rita Dion of Worcester, Blanche Aubin of Grafton, and Bernice Geer of Uxbridge; 2 brothers, Ernest Noel of Millbury, and Henry Noel of Upton; a daughter in law, Betty

Lavalley of Sutton; as well as many nieces and nephews. She was predeceased by a son Ernest S. "Smokey" Lavalley in 2015; 2 grandchildren; a brother, Sam Noel; and 3 sisters, Anne Hachowski, Alice Noel, and Mabel Charpentier.

Born in Millbury on September 24, 1922, she was the daughter of Simeon and Hermeline (Lefferriere) Noel and grew up in South Grafton. She has lived in Whitinsville the past 43 years. Primarily a homemaker, Cecile also worked for the former Hayward Schuster Woolen Mill in Douglas as a spinner for 15 years. She enjoyed visiting the Senior Center in town, quilting, playing bingo, but most of all spending time with her children, grandchildren, great-grandchildren and best friend Connie Fallon.

Her Funeral Service was held in Jackman Funeral Home, 12 Spring St., Whitinsville on Friday October 12, 2018 at 11am. Burial followed in St. Patrick's Cemetery. Calling hours at the funeral home were held on Thursday from 4-7pm. In Lieu of flowers, donation's in Cecile's memory may be made to: St. Jude Children's Research Hospital (stjude.org) To leave a condolence message for her family please visit: <http://www.JackmanFuneralHomes.com>



Kristopher R. Adams, 49

EAST HAMPTON - Kristopher R. Adams, 49, died on Tuesday, October 9, 2018.

Heleavestwodaughters, Alexandria Martindale, and Alexandra Adams and her mother Jennifer Axon; his parents, Kenneth R. Adams and Johanna (Wagner) Adams of Chesterfield; his brother, Jon Adams and his wife Elizabeth of Barrington, NH; his niece and nephew, Chloe and Jack Adams, and two grandchildren, Alice and Nickolas. He also leaves his maternal grandmother, Phyllis Adams of West Brookfield; his uncles, Mark Adams and his companion Eileen of West Brookfield, Stephen Wagner and his wife Jackie of Uxbridge, and Alan Wagner and his wife Barbara of Jupiter, FL; several cousins, and his special friend Shannan of Chesterfield. He was born in Ware, and grew up in West Brookfield, and later moved to Chesterfield as a teen.

Mr. Adams was a United States Air Force veteran, and earned an Associate Degree at Holyoke Community College. Kris had a talent for being able to tinker and fix small motors. He was an excellent cook, and made delicious cheesecake. He enjoyed fishing with family and friends, photography, and biking. He loved to garden, and could make anything bloom and grow.

Services for Kris will be held privately, and there are no calling hours. In lieu of flowers, his family kindly asks that memorial donations may be made to ServiceNet, Inc., 21 Olander Drive, Northampton, MA 01060 or at servicenet.org.

Varnum Funeral Home, Inc., 43 East Main St., in West Brookfield is assisting his family with arrangements. An online guest book is available at varnumfuneralhome.com



Elsie Rue Ebbeling, 90



WHITINSVILLE - Elsie Rue (Burns) Ebbeling, 90, died at home, Wednesday, October 3. Her husband, George J. Ebbeling, died in 2011. She is survived by two sons, Robert B. Ebbeling, of Dalton, Ma, and George J. Ebbeling, of Oakham, Ma; four daughters, Cheryl Lynn Maybury, and Kathy Sue DeAndrade, of New Smyrna, FL, Mona Bronson, of Eugene, OR, and Johnette Lee Baszner, of Rolesville, NC; a brother, Wilbur Burns, of Euleess, TX, a sister, Reba Harris, of Carthage, TX; 12 grandchildren, and seven great grandchildren, Ava, Keira, Davon, Jordan, Josie, Viona, and Alice. She was predeceased by two brothers, Melvin and Charles Burns.

Mrs.Ebbeling was born in Antioch, Texas, September 13, 1928, a daughter of Alpha and Mary (Capps) Burns, and had lived here for 70 years. She was a graduate of Carthage High School, in Carthage, Texas. Elsie loved her Texas heritage, and often related stories of her Texas home.

A loving Mother and homemaker, Mrs. Ebbeling worked at the former Lee Jewelers, was a hostess at the Victorian Restaurant in Whitinsville, and sold Mary Kay Cosmetics.

Mrs. Ebbeling's family offers a special thank you to Hawa Gyan, who cared for their mother with dedication and love.

Funeral Services will be private, and there are no Calling Hours. Carr Funeral Home, 24 Hill St., Whitinsville, is assisting the Ebbeling family during this time. To leave a condolence, please visit www.carrfuneralhome.com

Kathryn Brown, 105



NORTHBRIDGE - Katherine (Scholl) Brown, 105, died Wednesday, October 10, in the Beaumont Skilled Nursing and Rehab Center. Her husband, Charles F. Logan Brown, died in 1974. She is survived by a son, David J. Brown, of Sutton; a niece, Cynthia Haelsen, of Killingly, CT.; four grandchildren, Charles L. Brown, Elizabeth St. George, Katherine Clarkson and Christine Brown; and 2 great grandchildren Logan and Will. She was predeceased by a son, Charles F. Brown, Jr., a brother, Rudolph Scholl, and two sisters, Sophie Steele, and Emily John.

Katherine was born in Boston, September 20, 1913, a daughter of Frank and Sophia (Keck) Sholl. She lived in Jamaica Plain, and Upton before moving to Northbridge in 1934. She graduated from Upton High School in 1930, and was a state high school high jump champion.

She worked for many years in several departments of the Town of Northbridge,

retiring in 1998. She also worked at the Whitinsville Social Library, and following retirement, she volunteered at Alternatives Unlimited in Whitinsville. Katherine loved children, caring for many, who became lifelong friends.

Katherine was a long-time, faithful member of the Village Congregational Church in Whitinsville, and its Ladies Fellowship, and she was a charter member of the former Whitinsville Women's Club. She was a loving, generous friend to many, and she will be missed and fondly remembered by all who knew her. Katherine's family would like to thank the staff at Beaumont and Salmon Hospice, as well as Dr. William Muller for their care and compassion.

A Memorial Service will be held at 11am, Monday, October 22, in the Village Congregational Church. There are no Calling Hours. Please omit flowers. Memorial donations may be made to the Village Congregational Church, 5 Church Street, Whitinsville, MA, 01588. Carr Funeral Home, 24 Hill St., Whitinsville is assisting the family with arrangements. To share a memory or condolence, please visit www.carrfuneralhome.com

Lucie E. Vallee, 90



WHITINSVILLE - Lucie E. (Picard) Vallee, 90, passed away on Wed. Oct. 10, 2018 at St. Vincent's Hospital in Worcester after a brief illness. She was predeceased by her adored husband of 54 years, Roger F. Vallee in 2001.

She is survived by 5 children, Raymond J. Vallee and his wife Lorraine of Clayton, NC, Suzanne E. Carrier and her husband Lawrence of Douglas, Pauline R. Conlee and her husband Robert of Whitinsville, Denise C. O' Malley and her husband Danny of Leominster, Lisa M. Schultz and her husband John of Abington, MA; 4 grandchildren, Carolyn Harris, Christopher Conlee, Sarah Vallee, and Joseph Vallee; 1 great-granddaughter Ava Rose Conlee, as well as several nieces and nephews. She was predeceased by 3 siblings, Claire Beaudoin, Rene Picard, and Donald Picard.

Born in Whitinsville on Aug. 8, 1928, she was the daughter of Donat & Anathalie (Richard) Picard and grew up and lived all of her life in the

Whitinsville area. A very hardworking woman, Lucie worked for numerous companies including, the former Whitin Machine Works in town, where she met her husband Roger, the Amperex Co. in Slatersville, RI, the Whitinsville Community Center as a receptionist, and Bay State Abrasives in Westboro, where she worked up until her retirement in 1990. Lucie was a devoted mother, grandmother, and great-grandmother and will be sorely missed by her family. She was a former member of the Ladies of St. Anne's Society at Good Shepherd Church in Linwood, and a current parishioner of St. Patrick's Church.

Her Funeral Mass was held on Mon. Oct. 15 at 11am in St. Patrick's Church, 1 Cross St., Whitinsville. Burial followed in St. Patrick's Cemetery. Calling hours at Jackman Funeral Home, 12 Spring St., Whitinsville were held on Sun. Oct. 14th from 5-7pm. In lieu of flowers, donations in Lucie's memory may be made to: St. Patrick's Church C/O The Bereavement Committee, P.O. Box 60, Whitinsville, MA 01588. To leave a condolence message for her family please visit: <http://www.Jackmanfuneralhomes.com>

Joyce D. Socha - Courtemanche, 74



H A R V A R D / UXBRIDGE - Joyce D. (Dawkins) Socha - Courtemanche, 74, of Harvard passed away Wed. Oct. 10, 2018 at home, surrounded by her loving family. She was the wife of Raymond Courtemanche.

She was born on April 13, 1944 in Royal Oak, MI to the late Thomas and Ruth (Dafae) Dawkins. She graduated from Royal Oak Dondero High School, class of 1962 and attended School Craft College in MI. Mrs. Socha - Courtemanche was the Executive Assistant at Thermo Electron in Waltham for 18 years retiring in 2002.

Joyce enjoyed music, playing the piano, singing in the choir, dancing with Ray, and spending time with her family and friends.

In addition to her husband, Raymond, she is survived by her son, Jeffrey S.

and his wife Kristen Socha of Boylston; her daughter, Judy L. and her husband Brain Cox of Harvard; two grandchildren, Peter Socha and Sydney Socha both of Boylston.

Visiting hours were held Friday Oct. 12, 2018 from 5-8 PM in the BUMA FUNERAL HOME, 101 N. Main St., Rte. 122, Uxbridge.

A viewing was held on Sat. Oct. 13, 2018 at Valley Chapel, A Church of the Nazarene, 14 Hunter Road, Uxbridge between 9 and 10 AM, followed by funeral services at 10 AM. Burial followed in St. Mary's Cemetery, Granite St., Uxbridge.

In lieu of flowers memorial donations may be made to the Valley Chapel, A Church of the Nazarene, 14 Hunter Road, Uxbridge, MA 01569 or to Indian Hill Music School, 36 King Street, P.O. Box 1484, Littleton, MA 01460. www.bumafuneralhome.com



NORTHBRIDGE - Patrick Benoit 32 was a lifelong resident of Worcester and Grafton MA before settling in Northbridge. Pat died tragically Thursday afternoon, October 11, 2018 at home. As the country is experiencing widespread overdoses ranging from white collar to blue collar-working individuals, it shows no prejudice in the taking of a life...Unfortunately, Pat was one of this disease's victims. He leaves his father James Benoit of Worcester, His mother Donna Paquette-Huang and her husband Eric Huang of Hamden, CT, three brothers; Jason Benoit of Clinton MA, Kenneth Benoit of Hamden, CT and Dallas Sewall of Grafton MA; his sister Kerri-lynn of Blackstone MA, a special mom Cathy Sewall of Grafton and several nieces and nephews. Patrick enjoyed the outdoors. He loved nature, taking long

walks and fishing. He recently started practicing Reiki, too. He loved everyone and frequently mentioned how he "loved to make people laugh and be happy." He was a gentle soul who loved all. He would help anyone he could. Family and friends will honor and remember Patrick's life by gathering for a Memorial service on Tuesday, October 23, 2018 at 7 PM in the Buma Funeral Home 480 Church St. Whitinsville. Burial will be private. The Family asks, in lieu of flowers or any other gifts please consider a small donation to help defray funeral expenses. www.bumafuneralhome.com

Patrick A. Benoit, 32



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The WCC is committed to enhancing the health & well-being of individuals and families, and to building a strong community in the Blackstone Valley.

As part of our mission we are committed to supporting not only the Blackstone Valley, but those in need. Please help us in our efforts to support our neighbors!

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OBITUARIES

Ruth Elizabeth Bernardi, 72



Ruth Elizabeth Bernardi, 72, died peacefully at the Sussman House on Tuesday, October 9, 2018. Her husband of 53 years, Thomas R. Bernardi, Sr., and her immediate family were by her side.

She was born in Northbridge, MA on February 9, 1946, the youngest child of John Watts Fullerton and Blanche (Prior) Fullerton. She was educated in Douglas, MA schools, where she estab-

lished life long relationships. A wise and kind woman, she was a source of love, strength, and encouragement to her family and friends. Being generous with her time, talents, and possessions, Ruth was a blessing to all who knew her.

She is survived by her husband, Tom, and their children Thomas R. Bernardi, Jr., Diane Marie (Bernardi) Poland and husband Bobby, Anthony J. Bernardi, Sr. and his wife, Kathleen; grandchildren Monica Pinto, Levi and Hannah Ruth Anthony, Anthony, Jr. And Dominick Bernardi; great-grand-

children Caleb and Colbie; siblings and their spouses: Sylvia Lafond, Roberta Dudley and her husband, Bruce, Ruthanne Brann, and brother John Fullerton and his wife, Jane. She is survived also by many dearly loved nieces, nephews, cousins. Ruth is predeceased by her son-in-law, Lawrence "Hossa" Anthony and brothers-in-law William W. Lafond, II and Paul Brann.

Ruth's family would like to express their gratitude to the many caregivers and dear friends who helped so much through the course of her illness (you

all know who you are). A memorial service will be held on Saturday, Oct. 20 at the Kingdom Hall of Jehovah's Witnesses, Rockville St., Rockport, ME at 2PM with a reception and refreshments to follow as announced.

In lieu of flowers, Ruth requested that everyone do a simple kindness to another in her memory. We will always remember and miss this amazing mother, sister, and friend and she asked that we share one of her favorite scriptures, Philippians 4:6,7.

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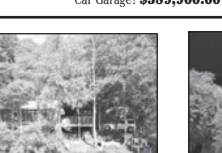
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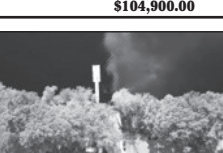
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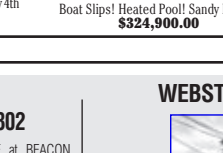
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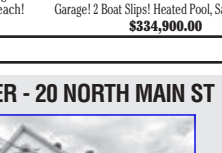
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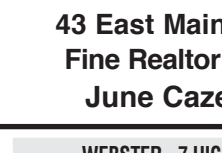
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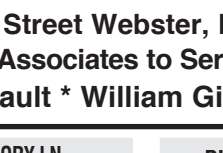
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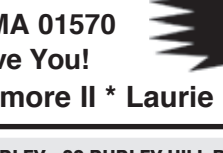
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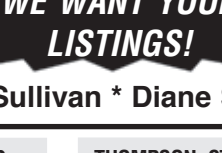
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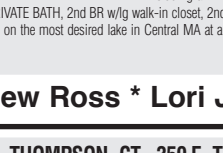
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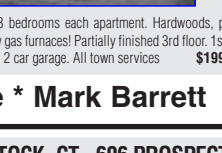
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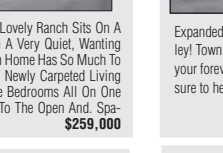
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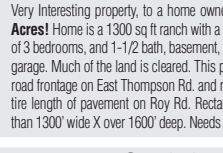
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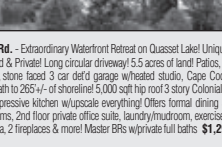
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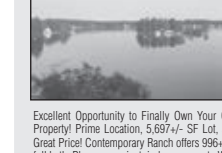
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Two Family!!
43 - 45 Thompson Road, Webster, MA
\$234,900
Central Air, Commercially Zoned
RENT TO OWN!!!!

Brand New Remodel!!
28 Mechanic Street, Webster, MA
\$275,000
OPEN HOUSE
Saturday October 20, 1pm-3pm

Hard to Find Apartment!!
2 Chase Ave Apt. 3, Dudley, MA
\$850.00 Monthly
Large 1 Bedroom, Coin-Op Onsite

Large Industrial Rental!!
2 Hawksley Drive, Oxford, MA
\$6 per SQFT
First Month Free!!!

REAL ESTATE

Open House Directory

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, OCTOBER 20				
SOUTHBRIDGE				
19 Field St	S	11-1	\$179,900	Aucoin Ryan Realty 508-765-9155
WEBSTER				
28 Mechanic St	S	1-3	\$275,000	ReMax Professional Associates Patrick Sweeney 774-452-3578

**To have your open house listed in this directory
please contact Tia Paradis 508-909-4110**

Aucoin Ryan Realty
Your Neighborhood Real Estate Experts
201 SOUTH STREET, SOUTHBRIDGE, MA 508-765-9155
FAX: 508-765-2698

Brenda Ryan
Broker-Owner

Melissa Cournoyer
Hill

Mary Jo Demick

Spero Thomo

Vivian Mar-rero-Doros

Robin Giguere

"We are part of Make Southbridge Home"

Debbie Thomo

Joan Lacoste

Chad Splaine

Michelle Roy

Stan Misiaszek

Michelle Splaine

Paula Aversa

OPEN HOUSE 11-1PM SAT. 19 Field St. • Southbridge
Lovely One Level Home with 4 rooms 2 bedrooms. Beautiful updated kitchen w/hickory cabinets and appliances are included. Fireplace in Living room with Hardwood floors. New boiler and 7 year young roof. Level fenced in yard. Garage. Great neighborhood. **\$179,900.**

Southbridge: Mettulously Maintained Home with many wonderful features and plenty of space. 8 rooms 3 bedrooms 2 baths. Spacious light filled family room with gas stove & cathedral ceilings. Recently remodeled kitchen with great layout! Perfect for entertaining. First floor bedroom & bath. Hardwoods floors. Finished lower level for more living space! Full walk out. Walking distance to the Westville Dam Rec Area. **\$275,000**

Southbridge: PRISTINE CONDITION! All beautifully remodeled! 6 rooms 3 bedroom 2 1/2 baths! Master bathroom is stunning! Open Spacious eat in kitchen w/under counter lighting, recessed lighting, all updated. Livingroom gas fireplace, gleaming hardwood floors, with French doors opening out to private patio to inground pool. Wait till you view the lower level!! **\$275,000.**

Sturbridge: CONDO FOR SALE! Perfect for an Extended family or in -law set up. Exquisite Condo with 5 rooms 2 bedrooms including impressive master bedroom and bath! Lower level all finished with family room, two more bedrooms & full bath including Jacuzzi/hot tub. Att. 2 car garage. Location a premium for commuters! **\$249,900.**

Sturbridge: Sought After Mobile Home in Sturbridge Retirement Community. 4 rooms 2 bedrooms 1 1/2 baths. Appliances stay. Private location due to being at the end of a dead end street. Move right in! Nice! Shed. Enclosed back porch looking into woods. **\$59,900 plus \$25,000 park share.**

A Place To Call Home...

KILLINGLY-This young Raised Ranch located in a great neighborhood is ready for new owners. Home has a relatively new roof, vinyl siding, newer hot water heater and new paint. Spacious living room opens to the dining area and good working kitchen. There are 3 bedrooms and a full bathroom on the first floor along with a back door to an oversized rear deck and private wooded backyard. The home also has a partially finished lower level living space adding an additional 300 sq. ft. of finished space just needing a heating source (previously had a pellet stove) along with a nice laundry area and a great utility storage area. **\$189,900**

PUTNAM-Built in the mid '60's, this Ranch style home is located on 5 acre with frontage on two roads in a Residential neighborhood walking distance to downtown, schools, playgrounds and amenities. The kitchen has a generous amount of cabinets/countertops. The adjoining dining area has sliders onto an enclosed porch overlooking a very private backyard. There are 2 bedrooms and 1 bath. The basement is a walk-out with 2 garage doors for easy in and out of tools and equipment. There is also a sizeable backyard deck off this level. Yard has been well taken care of with good curb appeal. **\$159,900**

POMFRET-Set privately off the road on over 6 acres, this 6 bedroom, 4 1/2 bath estate provides all the amenities on your wish list: a European flared kitchen that is a chef's delight, a butler's pantry equipped with wine refrigerator; formal as well as informal dining areas, a Master Bedroom En-Suite including IKEA custom closet system, a remarkable sun room ideal for morning yoga sessions, 5 working fireplaces, an 800 sq.ft family room providing endless possibilities AND a backyard deck overlooking the pool and perennial gardens. Positioning of bedrooms to bedrooms provide a great opportunity for a potential B&B. A one-of-a-kind home truly to be envied! **\$650,000**

WOODSTOCK A unique Ranch style home sitting on 1.27 AC, this 3 (possible 4th in the lower level/in-law potential) bdrn. home has 2 full baths and plenty of extra living space. Upstairs, a large eating space kitchen opens to a dining room with wide pine floors and a living room with vaulted ceilings and a newer pellet stove. The master suite features a full bath with double sinks and there are 2 additional bdrns. and a full bath on the main floor. The lower level is just about completely finished with a bar, another possibly bdrn, and a family room. The commercially zoned barn is over 3,500 sq. ft. on 2 floors of commercial space with heating system that could easily be hooked up along with plumbing for a potential bathroom. Currently heated with pellet stove. The town of Woodstock is limiting commercially zoned properties in the town so do not miss this opportunity to live and work on one property! **\$334,900**

GRAFTON, MA-Townhouse style condominium located in Hillview Estates. Drive right into the 1 car attached garage and enter into a great mudroom with a couple steps up to the open living concept. The kitchen has stainless steel appliances, granite countertops, and plenty of working space. There is a perfect dining space large enough for an oversized table and the living room with a gas fireplace and slider to the rear deck. The second level features a potential office space, second bedroom with a full bathroom and the laundry facilities. The upper level master suite has vaulted ceilings, walk in closet, full bathroom with shower & jetted tub. The unit is in close proximity of all major routes for commuting, shopping & much more! **\$309,900**

DUDLEY, MA-This unique opportunity for you is the sale of a well known turn-key pub with full liquor license, commercial kitchen, lottery/Keno and clientele that is well established. The business is a currently operating & licensed establishment with pool tables, active sporting leagues, and a banquet room that also can be used for catering. The sale includes business & all of the trade fixtures. The building currently has a 198 person occupancy, seats 130+, 30 paved parking spaces, horse-shoe pits, & volleyball court. Seller is willing to consider all options including leasing & financing. **\$539,900**

JOHNSTON & ASSOCIATES
REAL ESTATE

P.O. Box 83 447 Riverside Dr. Thompson CT
Phone: (860) 923-3377 Fax: (860) 923-5740
Take a virtual visit: www.johnstonrealestate.net

North Village Condominiums

116 North Street, Douglas MA



**Units Available
First-Come
First-Served
For \$183,300!**

This is an opportunity for 31 affordable duplex-style homes. These 31 homes will be sold at affordable prices to households with incomes at or below 80% of the area median income.

All brand-new homes have three bedrooms, one and a half bathrooms, 1605 square feet, excluding basements and attached garages, and at least 2 parking spots. North Village Condominiums are situated within an ambient community on scenic North Street in Douglas, Massachusetts, encompassing the luxury of Blackstone Valley's serene country surroundings. The community of duplex style homes encompass a 20-acre parcel of manicured grounds abutting 40 acres of open space.

CONTACT US TODAY!

The next affordable homes will be ready by the end of 2018!

Open weekdays by appointment
or visit our Open House Saturdays & Sundays 11:00- 2:00.

Compass North Realty, Inc. ~ 774-280-1105
compassnorthrealty@yahoo.com
www.northvillagecondominium.com

SALES PRICE : 3 Bedrooms: \$183,300
Condo Fees are \$125 / month

Maximum Allowable Household Income

1 Person Household: \$48,100	4 Person Household: \$68,650
2 Person Household: \$54,950	5 Person Household: \$74,150
3 Person Household: \$61,800	6 Person Household: \$79,650

Households cannot have more than \$75,000 in assets



PUT YOUR TRUST IN US
TEAMWORK AND EXPERIENCE
Jo-Ann Szymczak 774-230-5044
Diane Luong 774-239-2937
Maria Reed 508-873-9254
Maureen O'Connor 508-981-4902
ReMax Advantage 1
179 Shrewsbury St., Worcester MA 01604



Dudley: Great Location! Land! 4 bedrooms! Town Services, Cherry Cabinet Kitchen, Hardwood floors throughout, study, office - ideal to work from home, 3.5 baths, nearly 7 acres, majestic setting with seasonal views



7 Dudley Oxford Rd
\$400's



Dudley: Ranch, fire-place, recent furnace, 1.5 baths, 1st flr family room, garage & 2 unit carport
50 Mason Rd ~
\$229,900



Webster: Motivated Seller! Now is a great time to buy! 3 bedroom, sided, garage
87 Worcester Rd ~
\$179,900



Southbridge: 2 1/2 acres, hardwoods, 4 bedroom, 2 baths, family room, in-ground pool
153 Highland St ~
\$289,900



**WEBSTER
COMING SOON**
Ranch, 2.5 Baths
2 car garage,
hardwood floors!
\$260's

CALLING ALL VETERANS

We thank you for your service. In appreciation of your service we are offering buyer and seller incentives through the end of this year.

Call Diane
774-239-2937
or Jo-Ann
774-230-5044



Oxford: Commercial Lease Purchase 2 Bays, equipment available, office space, opportunity for car sales also, fully operational
498 Main St. ~ Call for details



**ON
DEPOSIT**

DUDLEY
26 River St ~ \$279,900

Maria Sold Waterfront! Maureen Made it happen!



Spencer: Waterfront, 3 bedroom, 1.5 baths, Thompson Pond, family room
15 Lakeshore Dr. ~ \$300's



Southbridge: Immaculate ranch, 3 bedrooms, hardwood floors, garage.
326 Whitetail Cir. ~ \$215,000

BERKSHIRE HATHAWAY HomeServices

New England Properties

OPEN HOUSE SAT 10/20 10:00-11:30



341 Rt. 198 • Woodstock \$345,900
Charming Farmhouse on 5.5 acres with a large barn, 5 BR and 2 full BA. Beautiful move-in ready home with original details.
Mary Scalise 860-918-1539

OPEN HOUSE SAT 10/20 10:00-11:30



130 Orchard Hill Rd. Pomfret \$465,000
Enjoy comfortable & spacious living in this bright, modern, 5 BR, 3.5 BA home. 3 beautiful floors of living space located on 5 acres.
John Downs 860-377-0754

OPEN HOUSE SAT 10/20 12:00-1:30



93 Barber Rd, Woodstock \$439,000 NEW LISTING
Stunning home on 18.24 acres of beautiful land. 1st floor master, hardwood floors throughout. Location is private, quiet & peaceful.
John Downs 860-377-0754

OPEN HOUSE SAT 10/20 12:00-2:00



237 Old Colony Rd, Eastford \$319,000
Newly renovated Farmhouse w/4 BR, 2.5 BA & wrap-around porch! Open concept kitchen opens to cathedral ceilings in the family rm.
Mary Scalise 860-918-1539

OPEN HOUSE SAT 10/20 1:00-3:00



31 Kearney Fork, Pomfret \$325,000 NEW PRICE
Oversized country Cape. 4 BR, 3 BA. Open living RM w/fireplace. 1st FL master suite. Great Pomfret neighborhood. 2 car garage.
Mary Collins 860-336-6677

OPEN HOUSE SUN 10/21 1:00-3:00



100 Putnam Rd (Rte 44) Pomfret \$199,000.
Charming log style Ranch home with large 2 car garage used as man cave. Open living RM, updated kitchen.
Mary Collins 860-336-6677

Brooklyn \$219,000 NEW LISTING



Quality country Ranch-Pottery Barn feel. Lg sunny living RM w/fireplace. Remodeled kitchen & sun room. Finished LL w/1/2 BA. 2.59 acres.
Mary Collins 860-336-6677

Woodstock \$365,000 NEW LISTING



Three BR plus bonus finished room over the garage & finished basement space with walk out.
Direct waterfront on Keach Pond.
John Downs 860-377-0754

Brooklyn \$225,000 NEW LISTING



Under Deposit in 3 Days
Quality country Ranch at end of cul-de-sac. Lg private yard. Updated kitchen. Dining RM w/fireplace. Finished LL. Deck & 2 car garage.
Mary Collins 860-336-667

Pomfret \$243,500 NEW PRICE



1,656 SF, 1.21 acres, 2 car detached garage, off street parking, 3 BR, 1.5 BA, partially finished basement w/ bonus room.
Lauren Heidelberger 860-933-0735

Putnam \$270,000 NEW PRICE



Move in ready. 5 BR, 3.5 BA, pool, double lot, many updates. Legal 4-room apartment. Easy walk to town center.
John Rich 860-315-2615

Woodstock \$169,900 NEW PRICE



5 BR Colonial in desirable E. Woodstock Village. Private setting, porch, handicapped accessible, HW, 1st floor master. A must see!
Elizabeth Zimmer 860-617-2191

Eastford \$310,000 NEW PRICE



Pristine Eastford home, frontage on year-round babbling brook. 4 BR, 2.5 BA, granite kitchen, expand bonus room.
John Rich 860-315-2615

Putnam \$4,000/mo. Commercial Lease



Location! 2,696 SF commercial space for lease with ample parking. Convenient to I-395.
Vivian Kozey 860-455-5363

Brooklyn \$199,000



3 BR 1.5 BA. Beautiful oak floors, replacement windows. Newly painted. Excellent move-in cond. Partly finished basement.
Richard Governale 860-428-7656

Pomfret \$825,000



On 26 acres with gorgeous southerly views! Over 6,000 SF with 8 BR and 5.5 BA! In ground pool, pool house, 3-stall barn!
The Gosselin Team:
Stephanie 860-428-5960

Brooklyn \$545,000



Sensational Contemporary w/privacy. In-law on lower level, wood floors, 2 stone fireplaces & master suite on main level, 3 bay garage!
Rachel Sposato 860-234-1343

Thompson \$149,000



Unique opp. for a commercial/mixed use building in great location! The owner will sell building w/all contents (antiques/collectibles).
The White/Cook Team:
Diane 860-377-4016

Tolland \$299,900



Pride of ownership shines in this 4 BR, 3 BA over-sized Raised Ranch in a private country setting. This is a must see!
Vivian Kozey 860-455-5363

Hampton \$595,000



Reproduction Cape on 15 hilltop acres w/long-distance views, barn & a pond! 3356 SF w/3BR 2BA & loads of custom details throughout!
The Gosselin Team:
Stephanie 860-428-5960

Ashford \$189,900



Great owner/occupy opportunity. Side by side units. Updated in 2003.
Sits on 2.44 lovely acres.
Vivian Kozey 860-455-5363

Alexanders Lake \$765,000



52' of frontage, southerly views, a beach & a like new 2014 home w/every whistle & bell imaginable! 2880 SF w/4 BR & 4.5 BA.
The Gosselin Team:
Stephanie 860-428-5960

Woodstock \$295,000



2 acres on 2 sides of the road, this 2 BR 1890 home has loads of details, front porch & stone-walls. Generator, 1 car garage & private yard.
The Gosselin Team:
Stephanie 860-428-5960

Woodstock Valley \$49,500 LAND FOR SALE

Beautiful level half acre lot across the street from Bungee Lake Beach. Corner of Red Farm and Laurel Hill Drive
Robert Viani
401-741-2432



LEGALS

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Ida M. Snay to Wells Fargo Bank, N.A., dated November 17, 2005 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 37855, Page 389, of which mortgage the undersigned is the present holder by assignment from Wells Fargo Bank, NA to Nationstar Mortgage LLC d/b/a Champion Mortgage Company dated October 12, 2017 and recorded with said Registry on October 12, 2017 at Book 57869, Page 117, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 a.m. on November 9, 2018, on the mortgaged premises located at 290 West River Road, Uxbridge, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

BEGINNING at a point in the westerly line of West River Road on the boundary between land presently owned by Wilfred Courteau and land now or formerly owned by Eldroot Farm, Inc. THENCE running in a southeasterly direction along the westerly side of West River Road one hundred fifty-two and fifty-one hundredths (152.51) feet; THENCE S. 61 14’ 45” W. one hundred fifty (150) feet, by the northerly line of a proposed right of way; THENCE N. 28 35’ 15” W. ninety-eight and twenty-seven one hundredths (98.27) feet contiguous with Lot 6, to said Courteau land; THENCE N. 41 15’ 45” E. one hundred fifty-seven and thirty-eight one hundredths (157.38) feet along property now or formerly owned by Wilfred Courteau, to the point of beginning. CONTAINING 18,360 square feet, more or less.

Said premises are conveyed subject to the following restrictions:

1. Said premises shall be used exclusively for private dwelling purposes, and no dwelling house shall be erected, placed or suffered to remain upon said premises except a single family dwelling house or a two-family dwelling house in either event not to exceed two and one-half stories in height. Any garage maintained thereon shall be used exclusively for private purposes.
2. No poultry, livestock, or animals other than those generally regarded as domestic pets shall be kept or housed on the premises and this premises shall not be used for the raising or breeding of any dogs or other animals.
3. No building for industrial or commercial purpose shall be erected or maintained on the premises, and no existing building shall be altered or used for any such purpose, but this shall not prevent the use of any building for any customary home occupation carried on in the residence of the occupant, or for the office of a physician, musician, teacher, lawyer or other professional person, provided only a small professional sign is displayed on the premises.
4. No structure shall be erected, constructed, placed or maintained upon the premises until building plans, specifications, and location thereof on the premises shall first have been submitted to Eldroot Farm, Inc. or to such person as it shall designate by an instrument recorded in the Worcester District Registry of Deeds, so long as Eldroot Farm, Inc. or its successor shall own the fee in any land in the Town of Uxbridge or after Eldroot Farm, Inc. ceases to own the fee in any such land, to any two owners, if any there be, of the lots described on “Plan to Show Division of Property in Uxbridge, Massachusetts, owned by Eldroot Farm, Inc., August 23, 1954, by Kenneth Shaw”, and said building plans, specifications and location shall have been approved in writing by said Eldroot Farm, Inc. or person designated by writing by said Eldroot Farm, Inc. or person designated by it or by two owners as aforesaid. Such approval shall be conclusively presumed if no notice of objection to the proposed building plans, specifications or location is recorded in said Registry of Deeds before final completion of the structure or within forty-two days thereafter.
5. No trailer or temporary building shall be kept or used on the premises as a residence.
6. Any septic tank or cesspool on the premises shall be maintained in good condition, and no surface overflow shall be permitted.
7. These restrictions shall not constitute any part of a plan for the entire development, and shall not give the grantee any rights to have the same or similar restrictions imposed on other lots owned by the grantor in the tract of which this forms a part.

Being the same premises conveyed to Grantors by deed of Ida M. Snay dated September 4, 2003 and recorded at the Worcester District Registry of Deeds in Book 32030 Page 39.

For mortgagor’s(s’) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 37714, Page 273, as affect-

ed by a Judgment recorded with said Registry in Book 56646, Page 384. These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

NATIONSTAR MORTGAGE LLC
D/B/A CHAMPION MORTGAGE COMPANY
Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California Street
Newton, MA 02458
(617) 558-0500
201508-0390 - TEA

October 19, 2018
October 26, 2018
November 2, 2018

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

Premises: 151 Martin Road, Douglas, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Brian J. Smith to Mortgage Electronic Registration Systems, Inc., as nominee for Allied Home Mortgage Capital Corporation, said mortgage dated October 11, 2011, and recorded October 11, 2011 in the Worcester County (Worcester District) Registry of Deeds, in Book 47947 at Page 315 and now held by Lakeview Loan Servicing, LLC by virtue of an assignment from Mortgage Electronic Registration Systems, Inc., as nominee for Allied Home Mortgage Capital Corporation, its successors and assigns to Lakeview Loan Servicing, LLC dated January 4, 2014 and recorded January 22, 2014 in the Worcester County (Worcester District) Registry of Deeds in Book 51964 at Page 35, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on **November 5, 2018 at 11:00 AM** Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

A certain parcel being situated in Douglas, Worcester County, Massachusetts, on the westerly side of Martin Street, shown as Lot 5 in Plan Book 444, Plan 113 bounded and described as follows:

BEGINNING at a point in a stone wall on the westerly side of Martin Street at the southeasterly corner of the herein described premises and the northeasterly corner of Lot 4;

THENCE south 78° 17’ 31” west by said Lot 4 a distance of 612.28 feet to a point at land now or formerly of Feldman;

THENCE north 1° 46’ 10” east by said Feldman land 210.00 feet to a point at Lot 6;

THENCE north 83° 43’ 09” east by said Lot 6, a distance of 580.55 feet to a point in a stone wall on the westerly side of Martin Street;

THENCE 5° 58’ 50” east by said stone wall and said Martin Street 150.00 feet to the point of beginning.

CONTAINING 2.435 acres of land, more or less, according to said plan.

The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication.

For Mortgagors’ Title see deed dated September 13, 2011, and recorded October 11, 2011 in Book 47947 at Page 313 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer’s or cashier’s check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer’s or cashier’s check within sixty (60) days after the date of sale.

Other terms to be announced at the sale.

BENDETT & MCHUGH, PC
270 Farmington Avenue
Farmington, CT 06032
Attorney for Lakeview Loan Servicing, LLC
Present Holder of the Mortgage
(860) 677-2868

October 12, 2018
October 19, 2018
October 26, 2018

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Robert W. Doiron Jr., Gertrude E. Doiron, Brian R. Letendre to National City Mortgage a division of National City Bank, dated September 14, 2006 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 39777, Page 305, as modified by a certain modification agreement dated June 1, 2015, and recorded with said Worcester County (Worcester District) Registry of Deeds in Book 53950, Page 22, of which mortgage the undersigned is the present holder, by assignment from:

PNC Bank, National Association
Formerly Known as National City Bank
Successor in Interest to National City Mortgage A Division of National City Bank to Nationstar Mortgage LLC, recorded on June 7, 2017, in Book No. 57224, at Page 337

for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 PM on November 2, 2018, on the mortgaged premises located at 641 West Hartford Avenue, Uxbridge, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:

Closing date: September 14, 2006
Borrower(s): Robert W. Doiron, Jr. and Gertrude E. Doiron
Property Address: 641 West Hartford Avenue, UXBRIDGE, Massachusetts 01569

The land in Uxbridge, on the northerly side of Hartford Avenue West shown on Plan entitled “Land of Raymond C. Hall..April 11, 1977” by John R. Andrews Jr. Surveyor and Engineer, being recorded in Worcester Registry of Deeds in Plan Book 437, Plan 37. Beginning at an iron pipe on the northerly side of Hartford Avenue, West which point is 396.36 feet westerly of a M.H.B. at station 36+5456 measured along the northerly side of Hartford Avenue, West; thence westerly by the northerly side of said Hartford Avenue, west by a curve to the right radius 1250.00 feet for a curve distance of 200.00 feet to a drill hole at corner of stone walls; thence N. 26 °13’ W. by a stone wall at land now or formerly of Dunleavy 220.00 feet to a drill hole in stone walls; thence N. 66° 59’ 53” E. 203.23 feet by remaining land of grantor to an iron pipe; thence S. 25°12’ 48” E. 210.00 feet by remaining land of grantor to the point of beginning. The Mortgagors expressly reserve their rights of Homestead and do not wish to terminate their Homestead by granting the within conveyance notwithstanding his waiver of such homestead in paragraph 24 of the within mortgage”. For title see deed recorded in the Worcester District Registry of Deeds in Book 36772, Page 160.

For mortgagor’s(s’) title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 36772, Page 160.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Ten Thousand (\$10,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

NATIONSTAR MORTGAGE LLC D/B/A MR. COOPER
Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California St.

Newton, MA 02458
(617)558-0500
12712
October 5, 2018
October 12, 2018
October 19, 2018

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO18P3281EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: Marie T. Coronato Date of Death:08/18/2018

To all interested persons:

A Petition for **Formal Probate of Will** has been filed by **Michelle Poirier of Bellingham MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that **Michelle Poirier of Bellingham MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/06/2018.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: October 05, 2018
Stephanie K. Fattman,
Register of Probate
October 19, 2018

(SEAL) COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT 18SM005396 ORDER OF NOTICE

To:
Donna Lemieux;
Michael F. Lemieux,
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 et seq.:

The Bank of New York Mellon f/k/a The Bank of New York successor Trustee to JPMorgan Chase Bank, N.A., as Trustee for the Structured Asset Mortgage Investments II Trust, Mortgage Pass-Through Certificates, Series 2006-AR4 claiming to have an interest in a Mortgage covering real property in WHITINSVILLE (Northbridge), numbered 1084 PROVIDENCE ROAD, given by Donna Lemieux and Michael F. Lemieux to Mortgage Electronic Registration Systems, Inc., as nominee for Union Federal Bank of Indianapolis, dated December 16, 2005, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 38071, Page 83, as affected by a modification agreement, dated November 30, 2012, and recorded with said Registry in Book 50274, Page 164, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant’s/ Defendants’ Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before November 12, 2018 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of said Court on October 1, 2018.
Attest: Deborah J. Patterson Recorder
201704-0273-PRP
October 19, 2018

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ARTICLES FOR SALE

010 FOR SALE

12' CONTRACTORS Enclosed Trailer: \$2,400. Dewalt Laser & Stand \$275. 4 Adjustable Wall Brackets \$140. Ladder Racks For Truck \$125. Engine Stand \$50. (508) 892-9595

BEAUTIFUL DW MOBILE HOME IN GATED SENIOR MOBILE HOME PARK \$16,000. 2 bdrms, 2 baths, working kitchen, dining room, LLR & 2 Florida rooms, completely furnish. 863-682-6473. Lakeland, Florida

2 LAZY BOY LEATHER-swivel rocker recliners, beautiful rich mahogany color. Less than 1 year old, perfect condition. \$500 each. 774-280-2639

2 TWIN BEDS: Complete, in Excellent Condition. 508-423-4824

2008 ZODIAC and 14' CANOE, excellent condition. ACTI-V 9'4", electric pump/all accessories, air floor. 2009 Honda 8HP, serviced. \$2,195 Canoe: oars/ seats, no leaks. \$275 860-983-0800 Sturbridge

225 GALLON WATER STORAGE TANK - used 6 months. \$350 508-867-2523

24 FOOT POOL, ABOVE-GROUND, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

4 SNOW TIRES -235/50 R18 101T used 2 months- paid \$800, asking best offer. 508-414-2474

ABOVE-GROUND SWIMMING POOL, 24' x 54", filter system, 1 season. \$1,000 or best offer. **508-943-8769**

ACORN STAIRLIFT - 3.5 years old; like new condition. 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if interested.

ALL BEST OFFER MOVING SALE: 6 Chairs, Two wedding dresses size 14 & 18; Mother of bride dress size 18; Bridesmaid dresses, size 18; Piano; 2-draw filing cab. Green Sofa & Loveseat; 4-burner gas grill; Patio Table w/ Glass Top; Pressure washer; 6 Chairs; Umbrella Tools, Axes; Recliner; Twin Beds; Desks; Book Cases; TV. (774) 262-0442

ANGLE IRON CUTTER For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

Beautiful Southwestern style sectional sofa, gently used, L-shape 112" x 86" Please call to set up time to view 508-885-9962. \$150 firm.

COFFEE & TWO END TABLES- Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

ELECTRICAL MATERIAL: Industrial, Commercial, Residential Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recessed Troffer, Fluorescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each. Call 5pm-8:30pm. (508)867-6546

FINLAND BLUE FOX JACKET: By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

FLY RODS - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Batterkill BBS II. Asking \$200 each set or best offer. **508-347-3145**

FOR SALE 8' POOL TABLE: Red Felt/Slate. Excellent Condition! \$400. CALL (508) 988-0698

FOR SALE WOOD AND/OR COAL IRON STOVE: \$500 or best offer. WOOD PELLET STOVE \$500 or best offer. Call 508-471-0959

FULL LENGTH MINK COAT: Size 12. New \$2,400. Asking \$300. 508-612-9263

GARAGE CLEARANCE: ARTIFICIAL CHRISTMAS TREE, bush trimmer, glass top table, etc. 508-728-5559 (Spencer)

GARDEN MANURE, delivered. 4 yards, \$130. Call Prindle Hill Farm 508-320-3273 or 508-248-7335

010 FOR SALE

JAMAICA WICKER Queen Bed Set: Head & Foot Board, Woman & Man's Dresser, 2 Nightstands. Paid \$5,400. Asking \$1,200. 2 SEATER LANCER POWER CHAIR 4' Long, Olive Color. NEVER BEEN USED! Asking \$350. (508) 461-9621

MEC 650 PROGRESSIVE LOADER: w/ extras \$250. 400 ANDERSON WINDOW 51x32 RO \$200. THERMATRU DOOR 36-80 Left Hand Inswing Full View with Grill \$185 or best offer. (508) 892-9595

MOTORS: 1/2HP 230/460V 1725RPM, 56 Frame \$30. 5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

MOVING - MUST SELL 3 piece electric reclining living room set, brown. \$300 free-pedestal table w/4 chairs **508-612-6485**

NORDIC TRACK TRL625: Recumbent cycle w/stabilizing floor bar for secure balance. TREADMILL - for therapeutic fitness (walking & jogging) (for up to 400 lbs.) \$250 each both in excellent condition. **508-892-3998, 508-723-4452**

REMEMBER YOUR SWEET-HEART: Collection of Victorian Era hand-painted items ALL with roses: vases, rose bowls, pitchers, chocolate pot, cake sets, planters. No reasonable offer refused. 508-237-2362 Auburn

SMALL BUREAU \$75. Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60R16 Eagle GA With Rim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. End Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!). Indian canvas painting \$60, 9 golf clubs \$100, Call 1-508-764-4458 or 1-774-452-3514

SNOW TIRES: Like new (4) Firestone Winter Force 215/60-15, \$240. BECKETT BURNER, CONTROL AND AQUASTAT: Runs great, Instruction, wiring and owners manual \$250. ARTIFICIAL CHRISTMAS TREE WITH STAND : 6 FT. Storage box included. Excellent condition \$50. CAST IRON CHRISTMAS TREE STAND: Beautiful \$20. SUNBEAM WHOLE HOUSE HUMIDIFIER: Used, works great, 6-7 gallon, faux wood cabinet on casters. \$50. 14" SNOW CHAINS: Used, very good condition \$25. 15" CABLE SNOW CHAINS: New \$45. Call Ed. 508-479-9752

TOOL SHEDS Made of Texture 1-11: 8x8 \$1075 8x10 \$1260; 8x12 \$1350; 8x16 \$1675 Delivered, Built On-Site. Other Sizes Available. CALL (413) 324-1117

TREES/FIELDSTONE: Trees-Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$28/Ton (508) 278-5762 Evering

TWO DRESSERS best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315

TWO SOFA TABLES: ONE DARK OAK w/ Shelf Underneath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pictures. (774) 239-3006

TWO USED RECLINERS, \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508-764-3567 please leave message

VIKING RANGE, PROFESSIONAL SERIES, propane gas, 6-sealed burner, 36" infrared broiler, as new, never ill, still in original packaging, w/ tags. Model VCGSC-5366BSS, trades considered. \$4,600 508-865-7470

100 GENERAL

107 Misc. FREE

FREE HOSTAS IN THOMPSON 860-481-9494

130 YARD SALES

Awesome Yard Sale, Saturday, Oct. 20, 9am-3pm, 86 Susanne Drive Whitinsville. Office supplies, women's plus-size clothing, jewelry, collectibles, antiques, decorations, dorm/office size fridge, med-lg dog crate, large, modern oak "S" roll-top desk, 1920's ArtDeco solid oak sideboard, much more!

DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS
Deadline subject to change due to holidays
Call for more info

MOVING SALE! Saturday, October 20, 10am-2pm, 190 Wickaboag Valley Road, West Brookfield. Sofas, rocking chairs, dining table, chairs, end tables, bureaus, kitchen drink ware, silverware, pots/pans, and much more!

200 GEN. BUSINESS

205 BOATS

14' GREAT CANADIAN CANOE includes 2 clamp-on chair seats, 2 paddles, 2 life-vests. Excellent condition. \$425 **508-885-3017**

1987 BAYLINER BOAT for sale with trailer 85 hp needs some cosmetic work call 774-230-2190 Ray Fowble or email pfowble@yahoo.com

CANOE - 17' GRUMMAN ALUMINUM, flat bottom. Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

265 FUEL/WOOD

CORD WOOD - Seasoned, cut, split, delivered. \$250 a cord. 508-826-3312, 508-344-9214

FIREWOOD: Cut, Split & Delivered. Green & Seasoned. Wood Lots Wanted. Call Paul (508)769-2351

285 PET CARE

KAREN CARES - pet sitting for your home, dog/cat sitting, walking. Also turtles, birds & fish. Weekly, vacations, or once-in-awhile! 774-745-8331

287 FEED

HAY FOR SALE - \$4 a bale off wagon (pick up only), cash 508-826-3312

298 WANTED TO BUY

ROUTE 169 ANTIQUES: 884 Worcester St., Southbridge MA. Looking To Purchase Antiques And Collectibles Single Items Or Entire Estates. We Buy It All And Also Do On-Site Estate Sales And Estate Auction. We are now accepting dealers for our multi-dealer group shop. Call Mike Anytime (774)230-1662.

298 WANTED TO BUY

LEE'S COINS & JEWELRY \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMISMATIC COINS, Bullion items, gold & silver of any form! Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they're worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coins & Jewelry, 239 West Main Street, East Brookfield (Route 9 - Panda Garden Plaza) (508) 637-1236 or (508)341-6355 (cell)

STEBBINS

Auto Repair



NOW HIRING:

Experienced Auto Technician

Full Time

Strong electrical & diagnostic experience preferred. Pay based on experience. Stop in for an application. Ask for Will.

Call Will

774-402-8588

384 E. Main St., Southbridge

298 WANTED TO BUY

WANTED: 24' Pontoon Boat & trailer (used). Webster area. 617-750-0969

WAR RELICS & WAR SOUVENIRS WANTED: WWII & EARLIER CASH WAITING! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 30 Years Experience. Call David 1-(508)688-0847. **It Come To YOU!**

300 HELP WANTED

310 GENERAL HELP WANTED

BRIMFIELD FAMILY looking for a responsible, compassionate, caring woman with a motherly background to be a live-in helper. My family lost my mom on 12/10/16. Job is full-time. Job duties are companionship for me and Dad, help keep house clean, someone to care for me if Dad's not there, take me out to stores, share a bedroom with me. \$150 monthly, Please call 413-301-2058 for an appointment.

CUSTOMER SERVICE REP Auburn battery distributor needs customer service rep to field customer calls, enter orders, support sales staff, expedite orders, and telemarket. Must be highly motivated, enthusiastic, and dependable. Organized, attn. to detail. Prior customer service/inside sales experience preferred. Passage of pre-employment physical and drug screen also required. Please reply via reply email to this posting at **applicant@northeastbattery.com** (include resume and cover letter).

FOSTER PARENTS WANTED: Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reimbursement. \$1000 Sign-On Bonus. Call For Details. Devereux Therapeutic Foster Care. (508)829-6769

**Devereux**
ADVANCED BEHAVIORAL HEALTH

MUNICIPAL HEALTH INSPECTOR wanted - The Board of Health in the Town of Brimfield is seeking a part-time, on-call Health Agent. The Health Agent is responsible for assuring compliance with state and local health codes and regulations as well as performing and/or witnessing the following: Title V inspection reviews, deep hole and percolation tests, system installer and hauler license approvals, investigation of nuisance complaints, attending monthly Board of Health meeting and presenting to the Board. The applicant must possess excellent communication and administrative skills. Candidates should have demonstrable experience in many areas of health-related issues, willing to work independently and hold a valid soil evaluator license. The position will remain open until filled. Send letter of interest and resume to: Brimfield Board of Health, 23 Main Street, Brimfield, MA 01010

TOWN OF LEICESTER PART-TIME PLOWDRIVER The Highway Department is looking for part-time employees to plow snow this winter. This is a temporary, non-benefited position and will be on an on-call basis when services are needed. CDL preferred, not necessary. Searching for contracted equipment also. For more information, call 508-892-7021. Application available at the Selectmen's Office or Town Website: www.leicesterma.org. Return applications to: Town of Leicester, Selectmen's Office, 3 Washburn Square, Leicester MA 01524. APPLICATION DEADLINE 5:00PM, MONDAY, NOVEMBER 5, 2018 Resumes may be included. TOL/EOE-M/F

NORTH BROOKFIELD - TOWNHOUSE APARTMENT - 2 bedrooms, appliances kitchen with granite countertops, 1.5 baths, washer/dryer hookup. Newly renovated. Quiet central neighborhood with off-street parking. No pets. \$950/month includes heat. 1st and security deposit. 508-867-8463

546 CEMETERY LOTS

Pine Grove Cemetery, Whitinsville. Double plot for sale, lower than the going price. Yew Avenue. Call owner **774-602-8211**

WORCESTER COUNTY MEMORIAL PARK: Garden of Faith, Paxton, MA. 2 LOTS FOR SALE. BUY ONE FOR \$2,500. GET 2nd LOT FOR FREE!! Call Dick. 508-612-9263

WORCESTER COUNTY MEMORIAL PARK: Paxton, MA, Garden of Heritage. Plot 535C 1—2, Asking \$3,000. (508) 248-7750

2012 TOYOTA RAV4- 79,000 miles. Well-maintained, 3rd row seats, black, one-owner. \$11,000. 508-688-7666

310 GENERAL HELP WANTED

SALEM CROSS INN in W. Brookfield, Mass. seeking a bartender, servers, and dishwashers. References required. Apply in person or on website: sailemcrossinn.com

Town of Spencer is seeking Private Snow Plowers for the 2018-2019 Winter Season. If interested, please contact the Office of Utilities and Facilities, 3 Old Meadow Road, Spencer, MA Monday-Thursday 8:00am – 5:00pm, call 508-885-7515 or on the Town website www.spencerma.gov Applications should be submitted as soon as possible. The Town of Spencer is an equal opportunity employer.

325 PROFESSIONAL HELP WANTED

BASED IN North Brookfield: Home Every Night. Class A Driver And/Or General Mechanic For 18-Wheel Trailer Trucks

Contact H.R. Salem Transport, LLC.(800) 262-9081

400 SERVICES

442 LICENSED DAY CARE

The Commonwealth of Massachusetts Office of Child Care Services requires that all ads placed in the newspaper for child care (daycare) in your home include your license number

454 HOME IMPROVEMENT

FURNITURE DOCTOR: Have your furniture Professionally restored at Reasonable rates. Furniture face lifting, painting, striping to Refinishing, caning and repairs. ANTIQUE DOCTOR, Daniel Ross (508)248-9225 or (860)382-5410. 30 years in business

500 REAL ESTATE

505 APARTMENTS FOR RENT

BRIMFIELD 1-2 BEDROOMS, appliances included, \$775 per month. Good references required. 413-262-5082

Clean, bright 1 bdrm apt in Southbridge. Nice quiet neighborhood, \$700 plus utilities. Please call (857) 928-2518.

2001 CAD EL DORADO TC 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster, Mass.

2002 BMW 525iA. \$3995. Call Ray for more details. 508-450-5241

2004 BUICK PARK AVE ULTRA 175,000 miles, \$900 or best offer. Call 508-885-2055

2007 TOYOTA COROLLA S \$3995. Call Ray for more info. 508-450-5241

2008 Hyundai Veracruz GLS Blue, 159k. Runs great! \$5500 **508-347-1224**

2010 MAZDA M3 ISV. \$6800. Call Ray 508-450-5241

2011 DODGE CHALLENGER: 305 hp V6 SE auto w/slap stick Mango Tango w/black stripes 59,000 miles, Loaded, remote start. \$14,500. 508-864-1906


2011 SUBARU OUTBACK - 136,000 miles, great shape, regular maintenance, roof rack, trailer hitch, back-up camera. \$7500. 508-688-7666

2012 Subaru Legacy, 37,000 miles, all-wheel drive, remote starter, like-new condition, \$12,000 508-885-6988

2012 TOYOTA RAV4- 79,000 miles. Well-maintained, 3rd row seats, black, one-owner. \$11,000. 508-688-7666

ARCHway, Inc.

An agency serving adolescents and adults on the autism spectrum is seeking energetic and creative people to fill the following positions:
Special Education Teacher (BAM.Ed) Severe Disabilities: All levels Classroom teacher needed to teach students on the autism spectrum pre-academic and vocational skills. Classes are small and energy levels are high. Full time/year round position with 8 weeks paid vacation, health and dental benefits. Salary is commensurate with experience.
Residential Shift Supervisor: Come and directly supervise a team of residential instructors as they work together to develop functional living, social, and daily life skills in the people with autism whom we support. This full time position includes a three day weekend, health and dental benefits and generous paid time off. Associates Degree in Human Services or similar field strongly preferred 2+ years of supervisory experience may be substituted for degree
Valid Driver's License Required
Schedule: Second shift Wednesday through Friday, and Saturday all day
Salary is commensurate with experience.
Part Time Residential Instructor positions also available to teach activities of daily living and social skills.
Starting Pay is \$14.00/hour
To apply: Fax/mail a letter of interest and resume along with salary requirements to:
ARCHway, Inc.
77 Mulberry St., Leicester, MA 01524
Fax: 508-892-0259 Email: scombs@archwayinc.org

**OPEN HOUSE**
at the Overlook in Charlton
We are Hiring!

CNA's – PT/FT, HHAs – PT/FT, Nurses PT/FT, Servers/Dishwashers
**Shift differentials for all 2nd, 3rd, and weekends for CNA and Nursing shifts in the Health Center*

Tuesday Oct 23rd • 1:30PM - 5PM
in the Main Lobby of the Health Center
Receive a \$5 Dunkin Donuts gift card for filling out an application!

Why choose the Overlook? The Overlook offers a great working environment. Each team member's contribution is valued as an important member of our care team. Our CNA to patient ratio is one of the best in Massachusetts. We offer excellent benefits including medical, dental, vision and life insurance, a 401(k) retirement savings plan, tuition reimbursement and paid time off for all team members hired for 24 hours or more on **Day One** of your employment. We also have a daycare and fitness center on site for all team members.

88 Masonic Home Rd, Charlton, MA 01507 • 508-434-2365
For a complete listing of Open Positions, and to apply online, Visit www.overlook-mass.org today!
We have many interesting opportunities at our growing organization.
Join us!

575 VACATION RENTALS

CAPE COD TIME SHARE FOR SALE: Edgewater Beach Resort, 95 Chase Avenue, Dennisport, MA 02639 On the water, Studio (Unit 706). Permanent Week 33 (August). Deeded rights. You'll own it for a lifetime & can be passed down to your children and grandchildren. \$5000. (508)347-3145

576 VACATION RESOURCES

TIMESHARE FOR SALE full-flex week at The Manhattan Club in New York located across from Carnegie Hall. Great buy; illness forces this sale. Asking \$7,000. For details 508-248-5123



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Automotive

700 AUTOMOTIVE

705 Auto ACCESSORIES
SNOW TIRES, PIRELLI 245/45R19/102V M+S, 250 miles, \$1200, 508-564-3556

725 AUTOMOBILES

1970 CHEVROLET IMPALA CUSTOM, 350 C.I. 2 barrel carb, dual exhaust, protecto plate, well-maintained car, have owned for 14 years. \$10,500 or best offer. 774-312-4620 Kevin.

1971 Chevy Impala Convertible 400 2 barrel carb with 89,000 miles, 1 owner, runs smooth, new top in 2012, asking \$8,000 or best offer 508-885-6878

1998 Mercedes Benz SL500 convertible and removable hardtop. Red to keep you young! Perfect condition. \$14,000 508-885-6988

2001 CAD EL DORADO TC 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster, Mass.

2002 BMW 525iA. \$3995. Call Ray for more details. 508-450-5241

2004 BUICK PARK AVE ULTRA 175,000 miles, \$900 or best offer. Call 508-885-2055

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2011 SUBARU OUTBACK - 136,000 miles, great shape, regular maintenance, roof rack, trailer hitch, back-up camera. \$7500. 508-688-7666

2012 Subaru Legacy, 37,000 miles, all-wheel drive, remote starter, like-new condition, \$12,000 508-885-6988

2012 TOYOTA RAV4- 79,000 miles. Well-maintained, 3rd row seats, black, one-owner. \$11,000. 508-688-7666

725 AUTOMOBILES

F250 work truck, 2012, RWD, 71K, equipped with aluminum flatbed with fold-down sides. Recent brakes, battery, ac compressor, tires, 10 ply. Ready to work. 10,000 GVW. \$17,000 508-943-1941 or 508-320-2765

RED 1971 MUSTANG MACH



Patio Door Special! Window Special!

Special ends on October 31st

SAVE \$700

on every patio door¹

SAVE \$325

on every window¹

WITH

NO NO NO
Money Down Payments Interest
FOR 1 YEAR¹

Interest accrues from the purchase date but is waived if paid in full within 12 months. Minimum purchase of four.



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WINDOWS • DOORS

- Our patio doors will continue to slide smoothly for years using Andersen's dual ball-bearing engineering
- Our 5-point locking system on our patio doors provides top-of-the-line security and peace of mind
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- We handle the entire process—from selling to installation to the warranty—on our windows and patio doors, so if you ever have an issue, you're covered

We handle every part of the replacement process

- ✓ **Sell**
- ✓ **Custom-Build**
- ✓ **Install**
- ✓ **Warrant**



“ I would highly recommend Renewal by Andersen. The installation was performed by friendly and professional installers. They arrived on time and answered all my questions. They did an outstanding job and cleaned up after themselves. They gave detailed instructions on operating the windows and made sure I was completely satisfied. ”

– Mark A., Renewal by Andersen customer, Attleboro, MA

Renewal by Andersen
WINDOW REPLACEMENT an Andersen Company
The Better Way to a Better Window™

Call for your FREE Window and Patio Door Diagnosis

1-800-209-2746

¹DETAILS OF OFFER: Offer expires 10/31/2018. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and 12 months no money down, no payments, no interest when you purchase four (4) or more windows or patio doors between 9/1/2018 and 10/31/2018. Subject to credit approval. Interest is billed during the promotional period but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2018 Andersen Corporation. All rights reserved. ©2018 Lead Surge LLC. All rights reserved.

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- Let Our Readers Know That WE *Trust* Your Business and So Should They.



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All advertisements and flyers must contain the following information:

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1/4 page 5”x 10.5”
1/2 page 10”x 10.5”
Full Page 10”x 21”

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Charlton Villager, Sturbridge Villager, Southbridge News, Auburn News, Spencer New Leader, Webster Times, Blackstone Valley Tribune and the Winchendon Courier

HERE & THERE

Local Events, Arts, and Entertainment Listings


FRIDAY, OCTOBER 19, SATURDAY, OCTOBER 20 7:30 P.M. AND SUNDAY, OCTOBER 21 AT 2:00 P.M.




The Theatre Guild of North Brookfield presents **BYE BYE BIRDIE** in the North Brookfield Elementary School Auditorium
\$15 for adults; \$10 for seniors and children under 12
For tickets call Joe at 508-331-9031

SATURDAY, OCTOBER 20

KLEM'S 13th ANNUAL DOG COSTUME CONTEST
11:00 a.m. - 1:00 p.m.
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2nd ANNUAL AMERICAN LEGION WOMEN'S AUXILIARY CRAFT FAIR
9 am - 2 pm



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SATURDAY, NOVEMBER 3


10:00 a.m. - 3:00 p.m.
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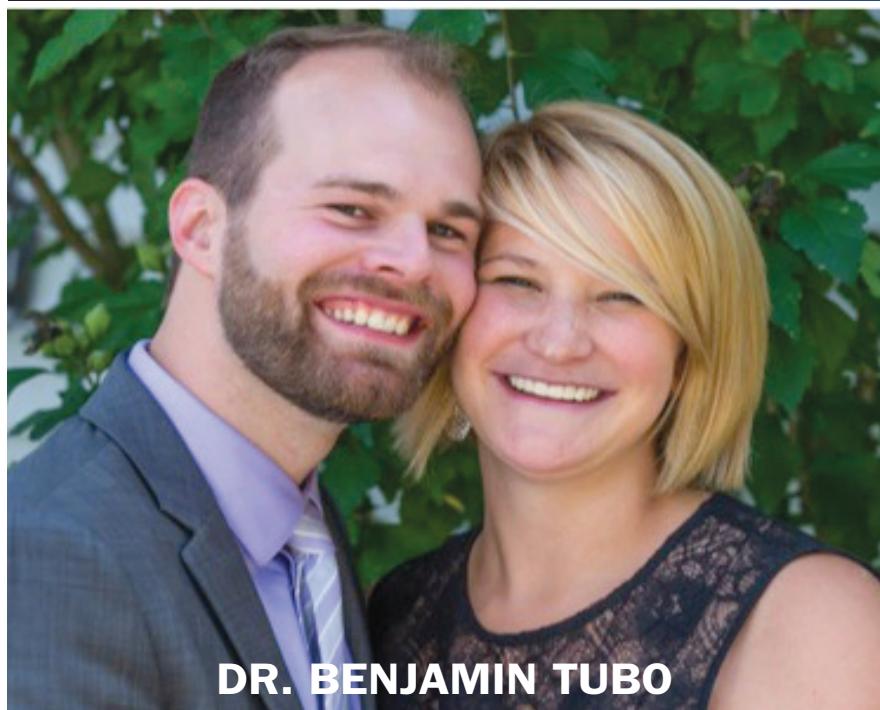
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Auburn Police Department
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Millbury Police Department

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After completing his undergraduate education, Dr. Park knew that he was interested in a clinical career. He, then navigated his studies toward dentistry as he went on to pursue his Doctor of Dental Medicine degree at the prestigious Tufts University School of Dental Medicine. Dr. Park completed a general practice residency at the University of Medicine and Dentistry of New Jersey, where he was able to improve and polish his skills. He continues his education by taking courses around the world to keep him updated on the latest research and innovative dental techniques. Dr. Park currently has professional affiliations with the American Academy of Cosmetic Dentistry (AACD), American Dental Association (ADA)

After working as an associate for several dental practices, Dr. Park found that he would never quite satisfy his desire to serve patients while working under someone else. While he had access to patients, he was not able to develop the close relationships he finds deeply critical to quality dental care. This led him to open his own practice in Southbridge and the patients he's met have affirmed his decision. The people of Southbridge have developed a special place in Dr. Park's heart and he is committed to serving the community to the fullest.

When he is not in the office, Dr. Park enjoys being outdoors as much as possible. His hobbies include rock climbing, skiing, playing tennis with his colleagues, and spending time with his loved ones. He can't wait to meet you!



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FOOD

How to make smart choices at the buffet table



Healthy eaters can do their best to avoid the “buffet binge” at their next special occasion.

Buffet dining can be found everywhere from wedding receptions to all-inclusive resorts to cafeteria-style restaurants. Unlimited access to a wide array of foods means there’s likely something for everyone to enjoy at the buffet

table. But having so many foods at one’s fingertips also may compel some people to overeat. Some people are tempted to get their money’s worth, while others have difficulty controlling portions with so many deli-

cious offerings beckoning. Limitless food supplies often tempt people to dine on much more than they normally would at sit-down meals. Dubbed “buffet binging,” individuals may walk away from buffet lines feeling bloated.

However, there are some tricks to enjoy buffets without ending up with the post-buffet bloat. • Do a sweep of the area first. Examine the buffet offerings before picking up a plate. If something looks irresistible, leave room for it by going spar-

- ingly on other foods.
- Snack before arriving. Fill up on high-fiber foods before visiting the buffet line so you’ll be less likely to overdo it. If that’s not possible, have a salad or broth-based soup as an appetizer. Both options are filling but not too high in calories.
- Use a small plate. Pick a small plate so you can’t fill it up with more food than you need to feel satisfied. If you’re still hungry after finishing your plate, you can always go back for a second helping.
- Pick some protein. If the idea is to make the meal worth it from a financial standpoint, stick to protein-rich offerings like meat, poultry and seafood. These tend to be the most expensive items on the spread.
- Choose unusual foods. When indulging in an item or two, select foods you don’t regularly have access to. And don’t hesitate to give signature dishes a try.
- Load up on veggies. Fill your plate with plenty of vegetables, which are filling and healthy. Just be wary of how veggies are prepared, skipping those that are coated in cream sauces or look laden with butter.
- Indulge wisely in desserts. Pick up very small pieces of dessert if you want to sample various offerings. Fill the rest of the plate with fresh fruit, which is refreshing and low in calories.
- Slow down. Eat slowly and register when you are full. This will help you eat with your stomach and not your eyes. After visiting the buffet line, sit beyond the sightline of the buffet so you’re not tempted to revisit it.

Explore new flavors over an open flame



Just about anything can be cooked over an open flame. No matter the type of grilling they’re using, cooks who prepare meals over an open flame can’t help but notice the distinctive flavor that’s unique to grilled foods. Trying something new this grilling season can open cooks’ eyes to a host of flavors they might not instantly associate with grilling. The following recipe for “Ginger Soy Chicken Breasts” from Eric Treuille and Birgit Erath’s “Grilling” (DK Publishing) is one such meal that can open cooks’ eyes to the many wonderful foods that can be cooked over an open flame.

GINGER SOY CHICKEN BREASTS SERVES 4

2 tablespoons grated fresh ginger
3 garlic cloves, crushed
2 tablespoons dark brown sugar
2 teaspoons sesame seeds
2 teaspoons toasted sesame oil
1 tablespoon medium dry sherry
1/2 cup soy sauce
4 boneless chicken breast halves, slashed (see below)
Salt
Black pepper
1 recipe Cilantro Coconut Sauce (see below), optional

Combine ginger, garlic, sugar, sesame seeds, sesame oil, sherry, and soy sauce. Add chicken and toss to coat evenly. Cover and refrigerate for 30 minutes, turning once. Grill according to instructions below. Sprinkle with salt and pepper. Serve hot with

Cilantro Coconut Sauce (optional).
To slash chicken breasts: With a sharp knife, cut 3 parallel slashes through skin, about 1/4-inch deep.
Outdoor grill: Grill skin-side down on medium-hot coals until crisp, about 7 minutes. Turn and continue grilling until chicken is opaque with no trace of pink, another 5 minutes.
Indoor grill: Preheat broiler. Broil skin-side up until skin is crisp, about 7 minutes. Turn and continue cooking until chicken is opaque with no trace of pink, another 5 minutes.

CILANTRO COCONUT SAUCE MAKES 2 1/8 CUPS

1 handful cilantro leaves
1 handful fresh mint leaves
4 garlic cloves, crushed
1 green chile, seeded and chopped
1 avocado, peeled, halved and pitted
1/2 teaspoon ground cumin
1 teaspoon sugar
3 tablespoons fresh lime juice
1 1/2 cups coconut milk
Salt
Tabasco sauce

Place cilantro, mint, garlic, chile, avocado, cumin, sugar, lime juice, and coconut milk in a food processor or blender; pulse to a purée. Add salt and Tabasco sauce to taste. Cover and refrigerate for 30 minutes to allow flavors to blend. Serve chilled.

Cooks note: To avoid discoloration, store in a bowl with plastic wrap, pressing directly on the sauce to prevent contact with air.

Most popular ethnic cuisines across the country



Chinese food is one of the most popular ethnic cuisines enjoyed in both Canada and the United States.

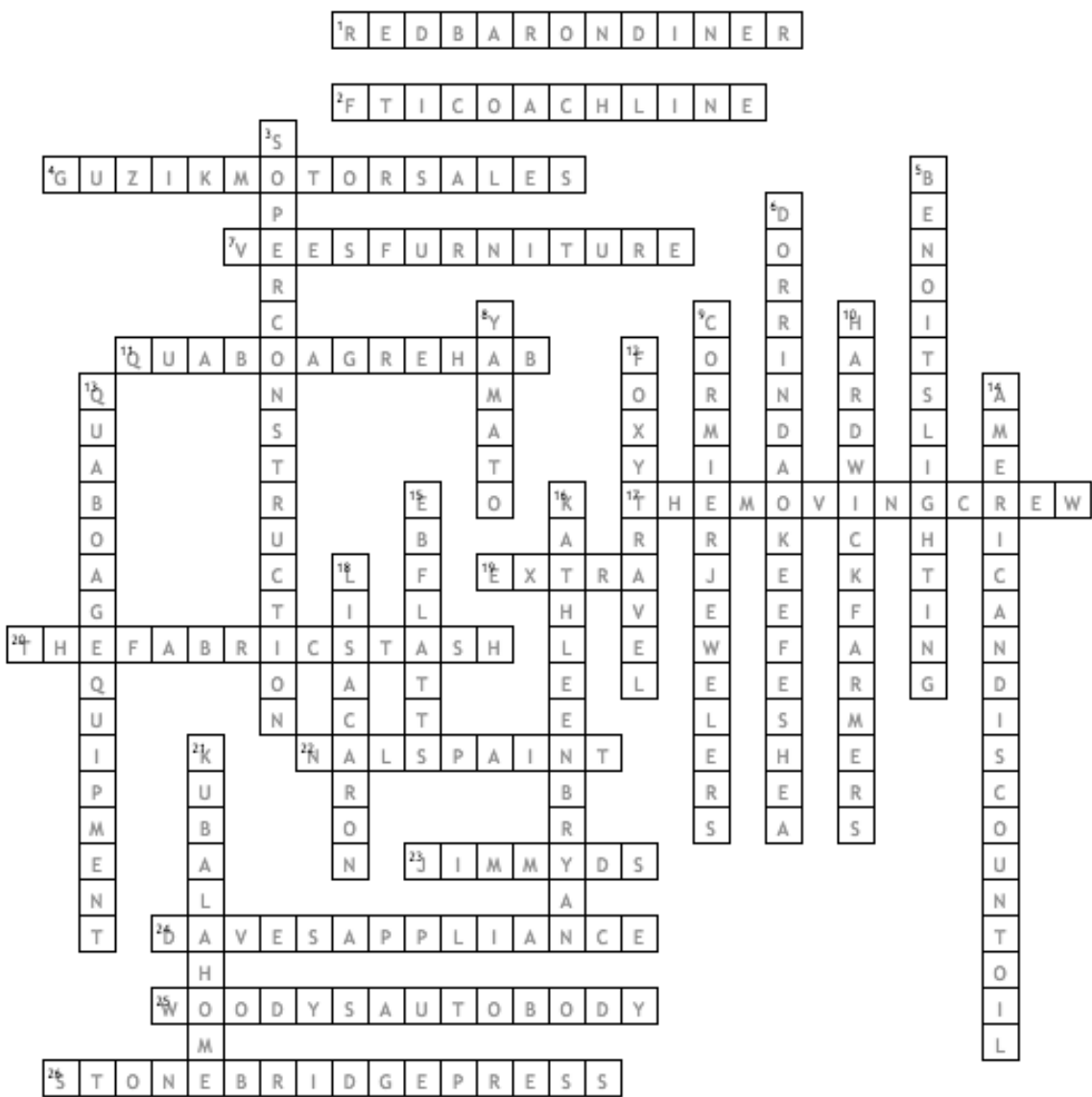
What constitutes “ethnic” food differs from person to person. Someone of Italian descent may dine regularly on garlic-infused pasta dishes, while a person from another area of the world may find such foods exotic. In the cultural melting pot of North America, various cuisines representing countries that span the globe are within arm’s length for many people. According to Technomic, a Chicago-based research firm, 77 percent of Americans enjoy ethnic foods while dining out once a month. Around 38 percent order ethnic food weekly. In addition, many more people prepare ethnic cuisine at home. A growing interest in ethnic foods is fueled by young people. Technomic notes that millennials

are more apt to want to try various cuisines and then incorporate them into their regular dining experiences. The National Restaurant Association found that 60 percent of people are likely to “tie their favorite ethnic food to their family history.” Interest in ethnic foods tends to be highest in urban areas where restaurants and ingredients may be more readily available. When it comes to the top ethnic cuisines enjoyed throughout the states or provinces and territories, Chinese, Mexican and Italian rally for the top spots on diners’ plates. While the NRA has Italian cuisine as earning top-billing, Technomic’s list says that Chinese food, at 76 percent, followed by Mexican food (74 percent)

and Italian (71 percent) comprise the biggest ethnic draws. Japanese or sushi comes in a distant fourth at 32 percent in the United States. The statistics portal Statista indicates that, as of January 2015, Chinese, American and Italian foods are quite popular in Canada. However, the percentage of people who cook these foods as opposed to eating them out at a restaurant varies. Chinese food is most widely enjoyed in a restaurant setting, while Italian food is frequently whipped up at home. As immigration tides change, ethnic cuisine may change with them. However, interest in experiencing ethnic dining is likely to remain consistent.

ABC's of the Seasons

~ FALL EDITION ANSWERS ~



Across

1. D is for Red Baron Diner
2. M is for FTI Coach Line
4. G is for Guzik Motor Sales
7. V is for Vees Furniture
11. N is for Quaboag Rehab
17. T is for The Moving Crew
19. X is for extra
20. Z is for The Fabric Stash
22. P is for NALS Paint
23. I is for Jimmy Ds
24. A is for Dave's Appliance
25. W is for Woodys Auto Body
26. U is for Stonebridge Press

Down

3. S is for Soper Construction
5. L is for Benoits Lighting
6. C is for Dorrinda O'Keefe Shea
8. Y is for Yamato
9. J is for Cormier Jewelers
10. H is for Hardwick Farmers
12. F is for Foxy Travel
13. Q is for Quaboag Equipment
14. O is for American Discount Oil
15. B is for EB Flatts
16. R is for Kathleen Bryan
18. E is for Lisa Caron
21. K is for Kubala Home

We hope you enjoyed our 1st ABC's of the Season crossword puzzle. The randomly chosen winner of all the correct entries for a \$25 gift card is Linda Brink of Dudley.

Please continue to support these and all of your local businesses. Our next ABC's of the Seasons will be our Winter Edition, coming out on January 25. **Attention Businesses...** we do have the U and the X available to run Winter, Spring, & Summer. If you'd like to place your ad under one of these letters for the next three seasons, or would like more information, please contact your sales rep, or email jsima@stonebridgepress.news. Thank you to all the ABC businesses and to those who completed our puzzle!

June

Spencer New Leader, Charlton Villager - 508-909-4062

Mikaela

Southbridge News, Sturbridge Villager - 508-909-4126

Patty

Blackstone Valley Tribune - 508-909-4135

Tia

Auburn News, Webster Times - 508-909-4110

Potential benefits of a vegan diet

A nutritious diet is an integral component of a healthy lifestyle. One of the great things about eating right is there are many ways to do so. A healthy diet that works for some people might not work for others with different tastes, and it doesn't have to.

Eating right can boost immune systems and help people be more productive, and some people even tailor their healthy diets to align with their personal beliefs. One such example is veganism. Adherents to veganism do not eat or use animal products, and many do so to advocate for the ethical treatment of animals.

Regardless of why people choose vegan diets, the potential health benefits of such decisions are myriad.

- Shed excess weight: Vegan diets may help people shed excess weight. A 2015 study published in the journal Nutrition found that vegan diets may result in greater weight loss than more modest recommendations. The vegan diets used in the study did not require participants to limit their caloric intake, though many might have simply by the nature of the vegan diet, which is packed with satisfying foods full of nutrients such as fiber that can help people feel full and maintain that feeling of fullness for long periods of time.
- Improve kidney func-



tion: Studies have indicated that people with diabetes who replace the meat in their diets with plant protein may reduce their risk for poor kidney function. One such study, published in the Asia Pacific Journal of Clinical Nutrition, concluded that, while more studies are necessary,

substituting soy protein for animal proteins usually decreases hyperfiltration in diabetic subjects and may reduce albumin excretion as well.

- Protect against certain cancers: The World Health Organization says that roughly one-third of all instances of cancer across the globe can be

prevented if people make the right lifestyle choices. That includes their choice in diets. Due to the nature of vegan diets, vegans tend to consume considerable amounts of fruits and vegetables. That's good news, as an analysis of data from the Health Survey for England found that eat-

ing seven or more portions of fresh fruits and vegetables every day can reduce a person's risk of dying from cancer by as much as 15 percent.

- Reduce risk for heart disease: Fruits, vegetables and fiber also have been linked to a lower risk of heart disease. A study from research-

ers in Japan found that intakes of plant-based foods, particularly fruits, were associated with reduced mortality from cardiovascular disease.

Vegan diets may necessitate an adjustment period when starting out. But over time, the benefits of such diets are numerous.

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- Meghan M | OCT 10, 2018



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OR LEASE FOR ONLY \$239/mo. **BOOK YOUR APPOINTMENT ONLINE**

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Sale ends 10/24/18. Cannot be combined with any other discount or promotion. Prices not valid with prior sales. Prices listed include all applicable manufacturer rebates (not everyone will qualify) and Imperial discounts including a \$1,000 Imperial Trade Assistance Bonus for a qualifying 2007 or newer trade. See us for details. Lease prices include all applicable manufacturer lease rebates with qualifying credit and \$2,999 down, first months payment and our Imperial Trade Assistance Bonus along with lease loyalty/conquest if you qualify 24 months, 10,000 miles per year. Advertised price does not include tax, title, registration, documentation or acquisition fees. Some vehicles may be Demonstrators. Some restrictions apply, see dealer for details. Not combinable with any other discounts or promotions. Requires dealership source financing. Not responsible for typographical errors. Call 1-800-526-AUTO to see which rebates you qualify for.

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BRAND SPANKIN' NEW 2018 JEEP COMPASS #S18811 **22% OFF**

SPORT • 4x4 • BLUETOOTH

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BUY FOR: \$19,377 **\$61/wk.** **25 AVAILABLE**

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ALLOYS • BACK-UP CAMERA

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SAVE \$2,800

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17" ALLOYS • BACK-UP CAMERA

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OR LEASE FOR ONLY \$109/mo. **BOOK YOUR APPOINTMENT ONLINE**

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2016 Ford Explorer SUV #18437A • 33K miles • Sticker \$24,855 NOW	\$21,355
2017 Jeep Compass Sport #D9280 • 4K miles • Sticker \$24,977 NOW	\$22,977