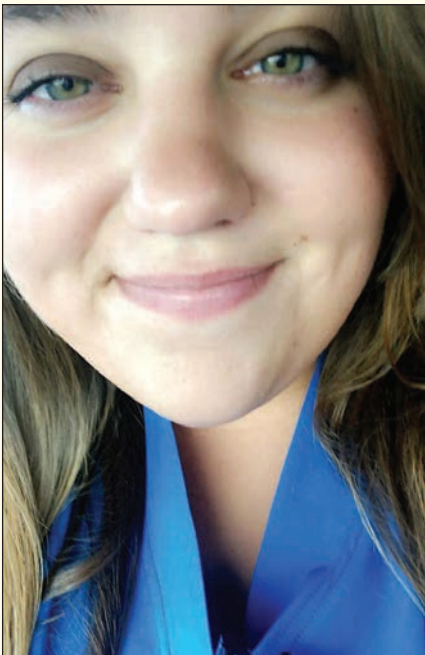


# Four Bay Path Practical grads pass NCLEX-PN on first try



Kaitalyn Chunis



Cynthia Harris



JoAnn Milford



Robin Peters

CHARLTON — The Bay Path Practical Nursing (PN) Academy Class of 2020 graduated 25 students. Four of the graduates recently celebrated their successful passing of NCLEX-PN take one. The successful graduates are Kaitalyn Chunis, LPN of Millbury, Cynthia Harris, LPN of Ludlow, Robin Peters, LPN of Douglas, and JoAnn Milford of Woodstock, Conn.

Academy Director Gretheline Bolandrina, MSN Ed, RN, CRRN acknowledged that the Bay Path Practical Nursing Academy’s curriculum is usually rigorous and challenging. The program presented even more obstacles for the PN students as they changed to remote

learning on March 13. The PN students faced restrictions due to the COVID-19 pandemic. While the pandemic posed complications to their education, the PN class of 2020 made it through the program despite some working as Certified Nursing Assistants and some even became frontline workers.

“Thankfully, the PN faculty and Students transitioned from a face-to-face set-up to a remote learning environment seamlessly,” said Bolandrina. “PN Students attended zoom meetings and VSim, synchronized with Shadow Health sessions and they had access to the faculty and staff within this platform 24/7. Every effort was made to make them

feel connected in a ‘disconnected’ environment. The PN students adjusted to the sudden and complete change in the learning environment. Additionally, they recognized their need to be safe, competent, and prudent nurses. Some won Kindness Awards along the way! They are doing well as frontline workers!”

Kaitalyn Chunis, LPN (Millbury) Certified, Mental Health First Aid (National Council for Behavioral Health Mental Health First Aid) Certified, Dementia Care Attendee, Stop The Bleed Course (American College of Surgeons Committee on Trauma) Grand Prize Winner, JetBlue Healthcare Heroes

Cynthia Harris, LPN (Ludlow) Certified, Mental Health First Aid (National Council for Behavioral Health Mental Health First Aid) Certified, Dementia Care Attendee, Stop The Bleed Course (American College of Surgeons Committee on Trauma) Inducted, National Technical Honor Society Volunteer, Walk to End Alzheimer’s Nominee, Clinical Excellence Award Member, UNICEF Club

Turn To **BAYPATH**, page **A7**

## Shepherd Hill cancels planned graduation

BY JASON BLEAU  
NEWS STAFF WRITER

DUDLEY/CHARLTON – Despite recent plans to hold an in-person graduation ceremony for Dudley and Charlton seniors, Regional School District Superintendent Steven Lamarche announced in a press release that the proposed Aug. 2 celebration was cancelled.

Outgoing seniors from Shepherd Hill Regional High School were initially planning to attend a special ceremony honoring their graduation after the Class of 2020 saw their big day put on hold due to the COVID-19 pandemic. Sadly, the pandemic was also the primary reason for the cancellation of the August ceremony after representatives of both towns voiced safety

Turn To **GRADUATION**, page **A7**

## Baker announces self-quarantine requirement for visitors

BY KEVIN FLANDERS  
STAFF WRITER

REGION – If you’re planning to travel to states that have become COVID-19 hotspots, you’ll need to add a 14-day quarantine into your plans after returning.

Massachusetts has reached a manageable level of new daily COVID-19 cases, but officials are afraid that travelers from the southern and western portions of the country could bring the virus with them and cause a second wave in New England.

To help prevent the spread, Gov. Charlie Baker recently announced that, effective Aug. 1, all travelers entering Massachusetts from high-risk states must quarantine for 14 days. This includes Massachusetts residents returning home from vacation, as well as college students arriving for the first semester.

“Every traveler coming to Massachusetts, no matter where they’re from, has a responsibility to help keep COVID-19 out of the Commonwealth,” Baker said.

The Governor recently expressed frustration with large social gatherings



Photo Courtesy

Gov. Charlie Baker discusses a new travel order.

statewide and irresponsible behavior from travelers, which he blames for the rise in new cases late last month.

“There are no shortcuts when it comes to containing COVID-19,” Baker added. “For months, residents have been vig-

ilant and adjusted their daily routines. We cannot – and we must not – let up now. Do not travel here if you have symptoms of COVID-19.”

Turn To **TRAVEL**, page **A7**

## Chip-In pantry offers a leg up in difficult times

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – The COVID-19 pandemic has proven to be a trying time to many across the country and the world forcing millions of people into dire situations they never thought they would experience. Whether it’s the added health risks of leaving the home or the insecurity caused from temporary unemployment countless families have been affected in one way or another from the pandemic including here in Southern Worcester County.

The town of Charlton alone has seen many local agencies and resources

work even harder to provide for those in need, including many clients who may be finding themselves in desperate situations for the first time. One such agency is the Charlton Chip-In food pantry which has remained open and accessible to those in need throughout the pandemic.

Pantry Director Darlene Emco-Rollins said client numbers have increased around 25 percent since the pandemic began including people from outside of the Charlton community. While the need is greater than ever before, Emco-Rollins said Chip-In has always gone above and beyond to fit the need of the community and it’s easy to

forget the difficulties families on a fixed income can face even under the best of times.

“A lot of people don’t realize that people aren’t getting as much money if they’re on fixed income. They got that one check and that was it. They still have to go out and get dog food and pet food. That’s part of their family. We’ve had people who give us gift cards for Walmart or Big Y. There are pharmacies there so that helps people pay for their medications,” Emco-Rollins said. “There are a lot of single parents. We work with people in the community all year no matter what it is. We help them through all kinds of problems, and I

can always direct them to where they need to go to get information. That’s an everyday thing and people don’t realize that, but people came around fantastically for the COVID-19 crisis when we really needed them to. We’re very lucky in Charlton.”

The Chip-In food pantry doesn’t deny food to any client and they have served those from outside of the town who come to them for help. While the numbers have gone up Emco-Rollins said they have been able to manage the need as other pantries have also remained open during this time. She also cred-

Turn To **CHIP-IN**, page **A7**



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# Local nonprofit introduces youngsters to the outdoors

BY KEVIN FLANDERS  
STAFF WRITER

REGION – After spending months cooped up in their homes, several local residents are thrilled to be enjoying the great outdoors this month.

Women of the Outdoors is hosting multiple August events, including sensory friendly youth fishing lessons, an adventure walk, and a cleanup initiative, among others. The Massachusetts-based nonprofit organization uses outdoor recreation activities to educate women and young adults in leadership, responsibility, and compassion.

As part of its sensory friendly fishing program, Women of the Outdoors (WOTO) held youth sessions at Westville Lake Recreation Area in Sturbridge. The sessions were offered through WOTO’s Youth of the Outdoors program. It was a thrill for organizers to see youngsters getting outside and enjoying recreation.

“Youth of the Outdoors allows children a positive outlet that gives them a chance to build self-confidence, learn new skills, and make memories that will last a lifetime,” said Women of the Outdoors President Phyllis Rowe.

On Saturday, Aug. 15, the organization will host a youth adventure walk at McKinstry Brook in Southbridge. Kids are looking forward to exploring the many sights and sounds of the great outdoors in the summertime.

Additionally, Women of the Outdoors will offer an online women’s archery course on Aug. 8. Instructor Kaylee Jade Jackson, who has taught archery for 45 years, will focus on the basics of bows and arrows during the first session. A second program on Aug. 15 will

focus on the proper stance and various shooting techniques.

Moreover, a virtual nationwide women’s fish-off is slated for August 22-29. Also, an online adventure hunt for both women and youth will be offered.

Women of the Outdoors is also heavily focused on its cleanup initiative set for this month. Participation in the program is easy, as volunteers can simply take a photo of themselves while cleaning up an outdoor recreation area. Then tag Women of the Outdoors on social media and earn automatic eligibility for several prizes, including gift cards, a two-person tent, a survival bag, and others.

The cleanup effort will run throughout the month of August. More information is available on the organization’s website.

“We are motivating women across the nation, with prizes, to clean up their fishing and hiking areas. Conservation and preservation are a large part of our organization,” Rowe said.

While many people associate outdoor recreation activities mostly with men, Women of the Outdoors continues to help local women pursue their passions in a fun environment.

“Women of the Outdoors allows women a safe setting to become self-sufficient, connect with other women who share their passions, and prosper in an otherwise male-dominated field,” Rowe added.

To learn more about Women of the Outdoors, visit [www.wotousa.org](http://www.wotousa.org). You can also check out the organization’s Facebook page for announcements on events.



Photo Courtesy

Guests take part in recent events held by Women of the Outdoors.

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## Friday’s Child



Kealan  
Age 6

Hi! My name is Kealan  
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Kealan is a curious boy of Caucasian descent who loves to babble and smile when he is happy. Kealan also loves music and lights up when he hears his favorite songs!

Kealan is on the Autism spectrum and is currently in preschool. Kealan can say a few words, but mainly uses noises and movement to make his needs known. Kealan has a gastrostomy tube for feeding and has made tremendous progress with gaining weight. Having decreased vision causes Kealan to only see about 3-4 feet away without his glasses.

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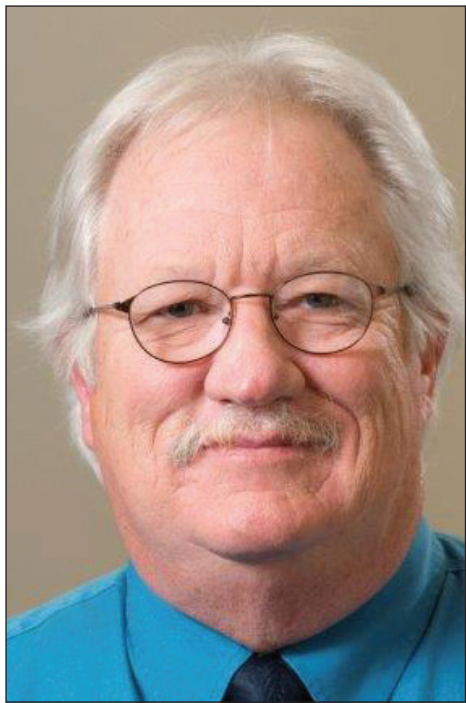
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Stephen Murphy

WORCESTER — Open Sky Community Services is celebrating the career and retirement of Stephen Murphy, Director of Training and Consultation. After 38 years and several agency mergers, Stephen completed his last day of work at Open Sky Community Services on June 30.

“My career has been a sequence of happy accidents,” said Murphy. “I land-

ed in a place where I was able to contribute and create my own career path.”

Murphy began his career in 1982 with The Bridge of Central Massachusetts at the Northborough Community Residence, the first Department of Mental Health program of the agency. Under the guidance of Murphy, and a core team of staff, The Bridge was able to expand and flourish. To date, there are now over 35 DMH programs under what is now Open Sky. The Bridge and Alternatives, Inc merged in 2018.

“Steve was one of the first essential team members our organization had,” said Ken Bates, President and CEO of Open Sky Community Services. “He has helped shape the core values of Open Sky and created national recognition for us in regards to the use of evidence based practices within the mental health field.”

Murphy’s notable achievements over his career included the development of programs throughout South County, the creation and expansion of the Bridge Training Institute, and his role in Open Sky’s awardment of housing vouchers from the U.S. Department of Housing and Urban Development (HUD).

For more information about The Bridge Training Institute, please contact Suzy Langevin or Elesa Humphrey at [traininginstitute@openskycs.org](mailto:traininginstitute@openskycs.org).

For more information about Open Sky Community Services, please contact Lorie Martiska, [lorie.martiska@openskycs.org](mailto:lorie.martiska@openskycs.org).

### ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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# Charlton examining software for HR office

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON—Several recently received grants and human resource upgrades were at the center of a brief update to the Charlton Board of Selectmen from Town Administrator Andrew Golas during a livestreamed meeting on June 28.

As he does every meeting, Golas provided a brief report of items from his office to keep both the town and selectmen

informed of going on in the town hall. One major update provided during the final meeting of June was that he has been working with Human Resources Director Lynn Dyer to evaluate software they believe will support the functions of the human resource

office and help with data upkeep and retaining employees.

“Currently, the town lacks any formal database software to track critical employee data. After evaluation we’ve engaged CivicHR to provide software to support the recruitment and onboarding functions of the office,” Golas said during his report.

The Town Administrator added that the software will help with understanding and recording any certifications and added training that employees receive. Overall, he

feels that the software will be a good fit for Charlton and will further enhance how human resources perform their duties.

“This software solution will also provide a database of trainings and employee information for long term retention. This solution also integrates well with our new town website and will be a great asset to improve the human resource workflow,” said Golas.

Golas’ report also provided updates on a pair of grants the town recently received including one designed to help local small business-

es recover from the effects of COVID-19. Charlton, along with Southbridge and Sturbridge, were named recipients of a \$250,000 grant from the Department of Housing Community Development under the Community Development Block Grant COVID-19 recovery program. The grant is meant to help a small number of local businesses recover from the impact of the pandemic and will be administered through the Southbridge Office of Economic Development and Planning. A second grant Charlton has also received is a \$500,000 Small Bridge Program grant that will help fund the design and replacement of the culvert over Cay Brook on Brookfield Road.

## GRANTS ANNOUNCED FOR COVID-19 RECOVERY, BRIDGE PROJECT

## School facilities to remain closed

BY JASON BLEAU  
VILLAGER CORRESPONDENT

DUDLEY/CHARLTON – Dudley and Charlton school facilities will remain closed to the public until further notice as the district continues to discuss its reopening plans for the fall.

During a meeting in late July the Dudley Charlton Regional School Committee decided to reaffirm the limited access to buildings following a recommendation from Richard Mathieu, the district’s Director of Finance and Operations.

“It is our recommendation that schools continue to prohibit the use of indoor facilities until the virus situation is better managed. This is airing on the side of ultra-caution and is recognized that this will have an impact on some local groups, however if we do want to stop the potential spread of the virus within the school walls it’s logical to limit the numbers of people who may enter the schools,” Mathieu said.

The recommendation also included school fields and playground remain closed although policing those outdoor facilities was seen as a complication.

Superintendent Steven Lamarche entertained motions from the committee noting that they district only has the capacity to police entry into the buildings.

“We’re not officially sanctioning the fields. I know daily I watch not tons, but a handful of people use our fields and track and basketball courts out back. The district doesn’t have the capacity to police those,” Lamarche said.

After a short discussion, some committee members felt uncomfortable dictating how the administration handled school facilities while others felt a vote would “take the heat” off of administrators putting any pressure from the public on the shoulders of the committee instead. Motions made were withdrawn but it was decided to put in the minutes of the meeting that the committee supported the administration’s decision making for access to the buildings. Superintendent Lamarche also noted that exceptions can be made for emergency situations should they arise in order to help support the health and safety of the community.

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• **Charlton Federated Church**, 64 Main St.,

Pastor James Chase, 248-5550, Sunday worship

10:30 a.m. www.fedchurchcharlton.org

• **Charlton Baptist Church**, 50 Hammond

Hill Road, 248-4488, www.charltonbaptist.org,

Sunday worship 8:30 a.m. and 11 a.m.

• **Charlton City United Methodist**, 74 Stafford

St. 248-7379, web site: CharltonCityUMC.com,

Sunday worship 10:30 a.m., Sunday School 9 a.m.

• **St. Joseph’s Church**, 10 H. Putnam Ext, 248-

7862, www.stjosephscharlton.com, Saturday

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• **Hope Christian Fellowship**, 6 Haggerty

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• **Assemblies of God Southern New England**

**District Headquarters**, Route 20, 248-3771,

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• **Jehovah’s Witnesses**, Route 169, 765-9519

• **Lambright Christian Church**, 37 Main

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Ma 01507, Rev. Stephen Wade, (774) 452-2393 -

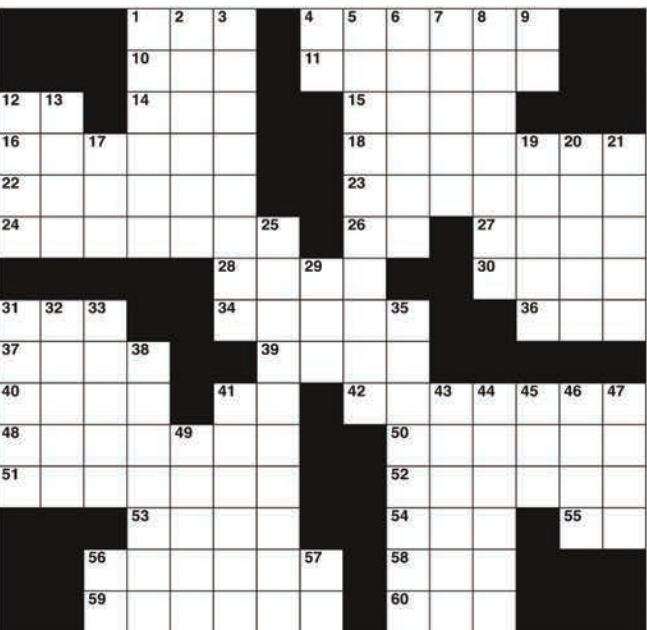
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• **New Life Fellowship A/G, SNED Chapel**,

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### CLUES ACROSS

- |                                |                                  |
|--------------------------------|----------------------------------|
| 1. Opposite of on              | 36. Some is iced                 |
| 4. Creator                     | 37. A way to derive              |
| 10. No seats available         | 39. Unaccompanied by others      |
| 11. About springtime           | 40. Discontinued Google app      |
| 12. Flagship ESPN show (abbr.) | 41. Tony B. left his heart there |
| 14. Automobile                 | 42. Condiment                    |
| 15. A matchup                  | 48. Ancient Italian city         |
| 16. Porous volcanic rock       | 50. One who distributes          |
| 18. Utter repeatedly           | payoff money                     |
| 22. Not written in any key     | 51. Guarantees                   |
| 23. Revolved                   | 52. Highly decorative            |
| 24. Archrival                  | 53. A hair on top of the eye     |
| 26. Within                     | 54. Pie ___ mode                 |
| 27. Smoker’s accessory         | 55. Spanish be                   |
| 28. Disfigure                  | 56. Glued                        |
| 30. Primordial matter          | 58. A way to drench              |
| 31. Thrust horse power (abbr.) | 59. Part of the body             |
| 34. Kisses                     | 60. Changes the color            |

### CLUES DOWN

- |                                  |                                  |
|----------------------------------|----------------------------------|
| 1. Passerine birds               | 25. Fish with high dorsal fins   |
| 2. Noisy quarrel                 | 29. Equal (prefix)               |
| 3. The front arm or leg of       | 31. Aquatic plant genus          |
| an animal                        | 32. Choppers                     |
| 4. Early multimedia              | 33. Hand parts                   |
| 5. Golden years                  | 35. Region bordering the sea     |
| 6. Large mollusk                 | 38. Well-liked                   |
| 7. Small arm of the sea          | 41. Nap                          |
| 8. Persian jurisdiction          | 43. It’s used to make beer       |
| 9. Atomic #81                    | 44. Related on the father’s side |
| 12. From end to end              | 45. Senior officer               |
| 13. Adorable                     | 46. Delicacy (archaic)           |
| 17. Ma                           | 47. Figures                      |
| 19. Nearly falling               | 49. A way to take away           |
| 20. Portable conical tent        | 56. Beloved sandwich ___&J       |
| 21. Excessive fluid accumulation | 57. Symptom typical of           |
| in tissues                       | withdrawal (abbr.)               |



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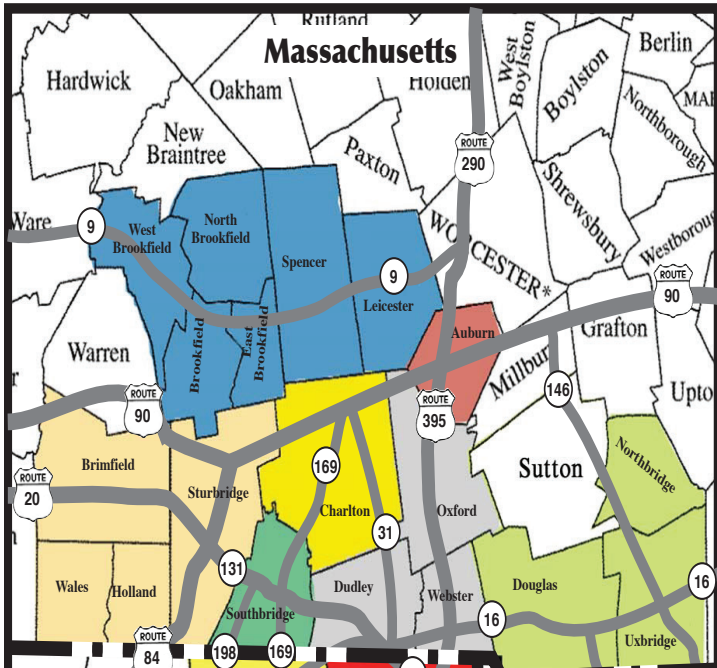
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# Drew Abbott earns Dean's List honors at Roger Williams University

BRISTOL, R.I. — Drew Abbott, of Uxbridge has been named to the Spring 2020 Dean's List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean's List that semester.

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learn-

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Robin Peters, LPN (Douglas)  
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Recipient, MassHire Grant  
Certified, Dementia Care  
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## TRAVEL

continued from page A1

In addition to quarantining for 14 days, travelers from high-risk states must fill out a "Massachusetts Travel Form." Exemptions will be made for travelers from low-risk states, as well as those who can produce a negative COVID-19 test result administered no more than 72 hours prior to arriving in Massachusetts.

Travelers who get a test in Massachusetts must remain in quarantine until they receive their negative test results. Failure to comply may result in a \$500 fine.

Based on current public health data, low-risk states in the northeast include New York, New Jersey, Connecticut, Maine, Rhode Island, Vermont, and New Hampshire. Travel from these states to Massachusetts is permissible with no quarantine requirements.

The list of low-risk states is subject to change based on public health data, and states may be added or taken off the list at any time.

Additional exemptions include the following:

- Travelers passing through the state without leaving their vehicles
- Travelers commuting across state lines for work
- Travelers arriving in Massachusetts for medical treatment

Individuals complying with military orders, or traveling to work in federally designated critical infrastructure sectors

Travelers will be informed of the latest regulations by airlines, passenger rail corporations, bus companies, and major travel agents facilitating travel to Massachusetts.

Additional information on the travel order is available at [www.mass.gov/MATraveler](http://www.mass.gov/MATraveler). You can also text "MATraveler" to 888-777.

The Baker Administration also announced updates to the Commonwealth's COVID-19 mandatory safety standards for workplaces to incorporate the requirements of the travel order. This includes sector-specific guidance for lodging, higher education, and office spaces, among others.

"Employers are strongly discouraged from allowing business-related travel to destinations other than those appearing on the list of COVID-19 lower risk states," read a statement released by the Baker Administration. "Employers that permit employer-paid or reimbursed travel to those states should take measures to ensure employees comply with this order."

Meanwhile, state officials remind all travelers and residents that they must continue following requirements for face coverings and social distancing.

## BAYPATH

continued from page A1

JoAnn Milford, LPN (Woodstock, Conn.)  
Certified, Mental Health First Aid (National Council for Behavioral Health Mental Health First Aid)  
Certified, Dementia Care  
Attendee, Stop The Bleed Course (American College of Surgeons Committee on Trauma)

(www.bkpinc.org)  
Attendee, Stop The Bleed Course (American College of Surgeons Committee on Trauma)  
Volunteer, Alzheimer's Walk  
Member, UNICEF Club

For more information about the Bay Path Practical Nursing Academy, contact Ruth Betz, AS, LPN at 508-248-5972, ex.t 1674 or [RBetz@baypath.netor](mailto:RBetz@baypath.netor) visit [www.baypath.net](http://www.baypath.net).

It is the Mission of Bay Path Regional Vocational Technical High School to

facilitate current, integrated, and rigorous academic and technical vocational programs that prepare students for the ever-changing world of employment and post-secondary education; to provide a school culture that meets the diverse needs of our student body for safety and mental wellness; and to foster student confidence, professionalism, and life-long learning skills that will enable them to become contributing members of our communities.

## GRADUATION

continued from page A1

concerns with school officials.

"We have been consulting with town health agents and after a representative Town of Dudley and Town of Charlton Board of Health meeting it was determined and recommended to cancel the event. Our state has experienced an uptick in COVID-19 cases and the older children and young adults have been impacted the most. You will see recent reporting in neighboring towns experiencing the impact. Out of an abundance of caution it has become necessary to cancel our event," Superintendent Lamarche said in his announcement.

Lamarche offered his sincere apology to the class of 2020 that the pandemic has caused them to once again be unable to celebrate their accomplish-

ments from their senior year in a public forum. He added that the decision was a difficult one that they believe has everyone's health, safety and best interests in mind.

"I know this outcome weighs heavily on every decision-maker and it was not taken lightly. They are in a very difficult role and we must respect their processes. As shared, we are living day-to-day and at best week-to-week. We look forward to a new change," Lamarche said.

The decision came less than a week after Bay Path Regional Vocational High School held a live graduation ceremony to celebrate the members of their class of 2020 however in the days since that ceremony numerous states have reported small surges in cases of COVID-19 among younger members of society.

## CHIP-IN

continued from page A1

its the Worcester County Food Bank for being a huge supporter of local pantries and helping provide resources so Chip-In and other organizations can provide for their clients.

As the need for food and other services continue to increase for families awaiting a return to the work force as the pandemic subsides, Emco-Rollins admitted that it's difficult for many of these families to admit they need the help. Regardless Chip-In wants all of those in need to know they are

there and willing to lend a hand.

"It's a hard thing. It's a stigma for people to come and get food when they've always been fine," said Emco-Rollins. "Even now, it's hard for people that have always been very proud, but hunger has no pride. This is a community, we're together and we've all one time or another been in that situation."

Until recently, Chip-In had been serving clients outdoors with only a select few volunteers and the Board of Directors on hand to serve clients. More recently, clients have been welcomed into

the building one at a time. Due to the continuing pandemic the pantry is limiting use of volunteers but those wanting to give back are still encouraged to apply. Once the pantry and its directors feel more comfortable volunteers will be approached to help further enhance the experience for clients.

Those who find themselves in need of the services of the Charlton Chip-In pantry or who wish to donate can call 508-248-3292 for more information or visit [charltonfoodpantry.org](http://charltonfoodpantry.org) for drop off and application information.



# Community Connection

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PRESIDENT/PUBLISHER

**BRENDAN BERUBE**  
EDITOR

# Advice for avoiding burnout

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before winter strikes. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go-go,go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers, especially given the current unease the pandemic has brought on. The future remains uncertain; we still have no idea what school or universities will look like this fall, and whether a vaccine really is on the horizon.

If work and stress is taking its toll on you, you may need to make some changes there. Experts say that often times simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out. Noted is the newfound appreciation to even be employed, given the high unemployment rates due to Covid.

Managing stress properly is important, however not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. Further, vacationing seems to be off the table for the time being. Trying to play tourist in your own backyard will have to suffice.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability. Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice outdoor coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary and you need to protect it.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In’ basket means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.

# OPINION

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

## When did we stop caring for each other?

It’s election season and the mass “unfriending” has begun. Friend against friend and family member against family member arguments are in full bloom and potentially creating relationship damage that may extend far past election season. I grew up believing in the old adage, “Blood is thicker than water” and I always believed that friendships should be forever. I’m wondering ... “When did our political ideology become more important than our relationship with family and friends and our love for each other?”

Relationships are important to me. There isn’t an election nor any life event that would cause me to unfriend a friend or disown a family member. My love for those I care about transcends who they vote for. Because you believe something different does not mean you are my enemy. It just means we disagree. No problem. Some people like pepperoni on their pizza while others prefer sausage. Why is that different than one person is voting for Biden while another is voting for Trump? I’m not making light of the weight of the voting decision but am saying disagreeing on an election should not be relationship damaging. Why should a disagreement negatively impact the love we feel for one another?

I’m hearing with great regularity how families are being torn apart by this election and this pandemic. I heard recently about how a friend posted a very passive comment about the current state of the nation and then were attacked publicly online by her daughter. Are you kidding me? Shame on anyone who will publicly scorn a loved one because they see things differently! I sadly heard this morning of a son who told his parents over the weekend, “You are dead to me!” Really? Over political differences?

What has happened to us?

Look no further than the great mask debate. I believe wearing a mask in public protects others. There are no absolutes and masks are not fool proof. Common sense tells me that anything that reduces the amount of mouth aerosol into the air cuts down on the risk of transmission. I posted this online and was attacked by others. I won’t repeat the name-calling, but here’s some of what I was told ...

“What’s wrong with you? Forcing me to wear a mask is a violation of my rights.”

There’s nothing wrong with me but I’m curious about everyone else’s rights



POSITIVELY SPEAKING  
**GARY W. MOORE**

not to breathe your spray. Do we not have rights?

“You of all people (meaning me) should know better! Little children get their emotional cues from your facial expressions.”

Me of all people? Well, don’t wear a mask at home, but until we get control of this pandemic, it won’t hurt you or your children to make a small sacrifice. In fact, I think it’s a great opportunity for a learning experience for our kids. Maybe teach them about social responsibility?

“This is all a government conspiracy to take away my rights.”

Maybe I’m in the dark, but I don’t believe there’s a government conspiracy to take away anyone’s rights in this case.

Here’s my favorite ...

“A mask only protects you from me. It is not for my protection, so why should I wear one?”

Again ... When did we stop caring about each other? I willingly wear a mask to protect you. Why would you not do the same for me? Have we really become that selfish?

And before you send me a study saying masks don’t work, be aware there’s a plethora of studies saying they do. I think the best sources I’ve read say masks are not foolproof but will provide a 65 percent reduction in the chances to transmit or catch the virus. I think 65 percent is well-worth the inconvenience of wearing a mask in public.

My faith tells me that the greatest commandment is to love each other as we love ourselves. I don’t think it means we should only love those who vote as we do or agree with our opinions. I don’t think it means I shouldn’t wear a mask to protect others, even if it doesn’t protect me. It means exactly as it says. We are to love each other as we love ourselves.

I love you enough to wear a mask in public. Won’t you do the same for me?

Life is too precious and so very fragile. We have no guarantees for tomorrow. Can’t we choose to love our neighbor while we are here?

I do.

Will you join me?

*Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @ GaryWMoore721 and at www.garyw-moore.com.*

## When facing Illness, take control of finances

In light of the coronavirus pandemic, virtually all of us have considered health-related issues. But for people facing a serious, chronic illness, such as Parkinson’s disease, multiple sclerosis, diabetes or cancer, health concerns are an everyday matter. If you’re fortunate, you may never be afflicted with such maladies, but the future is unpredictable. Of course, going through these health challenges bring physical and emotional concerns – but also financial ones. How can you prepare for them?

Essentially, you’ll need to consider four key areas: investments, insurance, legal arrangements and taxes. Let’s take a quick look at each of them:

Investments – You’ll likely need to draw on your investments for at least some of the expenses associated with your illness. So, within your portfolio, you may want to establish a special fund devoted entirely to these costs, whether they be health care, modifications to your home, transportation and so on. A financial professional can help you choose investments for this fund, as well as make recommendations for your overall investment strategy, including techniques for boosting your income, such as adding investments that can provide an income stream that kicks in when you think your costs will rise.

Insurance – Depending on your health status, you may be able to collect Medicare earlier than the traditional starting point at age 65. Even so, you’ll likely need to supplement it with additional coverage. But you may also want to look beyond health insurance. For example, you might be able to purchase a “chronic illness rider” that allows you to tap into life insurance benefits while you’re still alive. Or you might consider adding a “long-term care rider” to a life insurance policy; this rider offers financial benefits if you ever require daily care that you can’t provide for yourself. And some foundations, states and drug companies offer programs that can help pay for some costs that your insurance won’t cover.

Legal arrangements – If you haven’t already done so, you may want to establish the legal documents most appropriate for your situation, such as a durable power of attorney for finances, which gives someone the authority to manage your financial affairs if you become temporarily incapacitated, possibly due to flare-ups of your chronic disease. Once you’ve recovered, you regain control of your financial decisions. You might also want to consider a health care proxy, which appoints an individual to make medical decisions for you if you can’t. In creating or revising these documents, you’ll need to consult with your legal professional.

Taxes – You might qualify for Social Security disability payments, which, like other Social Security benefits, are taxable, so you’ll need to be aware of what you might owe. But you might also be eligible for some tax breaks related to your condition. If you still itemize tax deductions, you may be able to deduct some medical expenses, as well as certain home improvements, such as wheelchair ramps, bathtub grab bars, motorized stairlifts and so on. Your tax advisor may have suggestions appropriate for your situation.

Dealing with a chronic illness is never easy. But by considering how your illness will affect all aspects of your life, getting the help you need, and taking the right steps, you may be able to reduce the financial stress on you and your loved ones.



FINANCIAL FOCUS  
**JEFF BURDICK**

## Reader’s Share Favorite Tips

Summer is in full swing, and with many still staying close to home, there is no better time to share your favorite tricks and tips than now.

From garden and grilling tips to saving money and making do, the following tips from readers are sure to please this season.

\*\*

Yes, we have some bananas - especially since this tip will keep them around longer!

My hint: When making banana bread, do not use overripe bananas. That is a holdover from the depression so as not to waste food. For a better taste and lighter texture, use firm and less ripe bananas. Try it and you will not go back to the old way.

Paul Davignon  
Uxbridge, MA 01569

\*\*

Talk about Yankee Ingenuity! This reader always comes up with creative tips and tricks and the following are no exception:

My first tip is how I made my own version of an easy open medicine bottle cap.. My dad wanted to be independent for as long as possible, but he hated the childproof lids on his prescriptions. He had no children living with him, so I made cloth with a pipe cleaner, to serve as an oversize twistie and he was happy. Also, Nature Made and a few other brands make a flip top lid, these are interchangeable with other brands, e.g. local drugstore brands, Just save your flip lids and just attach them to your next bottle before opening!

I keep a few around and share with elderly I check on!

Also, when doing floor and other exercises that require you to roll a towel under your shoulders etc., I use the same towel, rolled and secured it with



TAKE THE HINT  
**KAREN TRAINOR**

pony tail elastics. This way, I can wash it easily when needed and the same towel is always at the ready each day.

Viola Bramel  
Northbridge, MA

\*\*

Fresh lemon slices do double duty with this tasty grilling tip:

Now that it is summertime we are all doing lots of grilling.

I found that when grilling or baking fish (I have been baking mine lately), it’s a good idea to wrap it up in foil and place lemon slices on the bottom of the foil. This will help keep the fish from sticking as well it gives added flavor to the fish.

MD  
Sturbridge MA

\*\*

These garden hints up your odds of a successful tomato crop:

Fish buried a couple feet below plants is fantastic, a cracked egg under tomato plants is like magic, and rags soaked in ammonia and aluminum pie plates tied up around the garden help keep away critters

Joe S.

\*\*

Prize Winner

Congratulations to Paul Davignon of Uxbridge, whose name was drawn for a three course Dinner for Two at the Publick House in Sturbridge. He sent in the banana buying tip above.

\*\*

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for



# GOOD NEWS



# Gone fishing

To date, this summer has been extremely hot & humid. Fresh & salt-water temperatures are also very warm, driving many species of fish deeper, looking for cooler waters. This past week, this writer & Matt Fontaine enjoyed some great fishing for seabass and fluke in Rhode Island waters. He actually caught two legal size fluke measuring 20 inches each. Throwing back 18-inch plus fluke was not easy to do, with many just short of the 19-inch legal size. Matt commented how cold the fish felt that we were catching. Seabass limits were also reached, but many were also just short of the 15 inches. The seas were calm on this day of fishing, with thick fog until 9 a.m.

Navigating through the fog was fairly easy with the help of Matt's Lawrance GPS. but it is a lot easier and safer to navigate without the fog. We started out fishing in 40 to 50 feet of water, but fishing remained slow. Our next stop was in 50 to 60 feet of water, and it was basically lock and load fishing on sea bass and fluke. Fortunately, we took the time to catch some fresh mummies again prior to unloading the boat at the ramp. What also made a big difference was putting the 90 horsepower motor in gear using the trolling plate to keep the boat moving because of no wind, and we had very little drift from the tidal flow.



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

Matt was using a fluke rig with a spinner attached to the front of it, and this writer was using a striped bass rig which consisted of a double hook set up and two spinners attached. We baited the rigs with a combination of squid strips and a couple of live mummies. Using a fish finder and a four ounce weight to get the rigs to the bottom was a perfect combination for the type of fishing we were doing. I always check the rig and bait in the water along the side before lowering it to the bottom.

The slow trolling speed was great for the rigs and bait we were using, and we quickly lowered them to the bottom. Double hookups were common. I sure miss my buddy Steve Mercure on my fishing trips. He is missed, but not forgotten. He was one of the best bottom fishing anglers that that I had to fish with, and he always kept me laughing.

Something and someone need to address the high population of protected species that are negatively impacting our food sources as well as the safety of humans. They need to decide what is more important. Shark attacks are endangering the public at our beaches every year and some of the attacks are fatal, extending all the way into the state of Maine this year. Seal populations are out of control, and they

are luring sharks into shallow water causing numerous fatal attacks every year. Seals also eat many pounds of fish daily which is negatively impacting many species of fish populations.

Bottom fish species are disappearing rapidly. Cod populations are at a point of collapse, and it is not only the type of fishing being done by commercial fishing, that is the problem. Haddock populations are also in big trouble on the South Shore of New England, but have bounced back on the North Shore over the past 10 years or so.

Winter flounder are in big trouble on the South Shore, with Narragansett Bay being basically shut down to any recreational fishing over the last five to 10 years. Cormorants eat millions of pounds of fish annually, including the recently born fry. How long will these protected species of birds and animals be allowed to destroy our valuable fish populations.

We all love to see wildlife flourish, but we need to keep their populations in check and properly managed as we do our deer populations. Just imagine deer hunting being suspended. 13,000 animals were harvested last year in Mass. ,and the deer population continues to grow. Mute swans, coyote & beaver are also out of control & need to be addressed .

Man has upset the balance of nature, and they need to make some major changes before it is too late.



Photo Courtesy

A huge Wolf fish caught aboard the Clipper fleet a number of years ago! They are now illegal to keep because of a dramatic decrease in their populations. The Clipper fleet was put out of business a number of years ago because of restrictions on Cod, Haddock, Wolf fish, etc.!

Take a Kid Fishing & Keep Them Rods Bending!

## Welcome to our 2nd Annual Summer Scramble!

We've decided to change it up for Summer and instead of a crossword puzzle, we've created a scramble. We hope you'll enjoy this challenging puzzle!

Please find the answers (business names) on the ABC's of SUMMER page in this week's issue. We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 21st issue.

Please mail to ABC's of Summer Scramble, P. O. Box 90, Southbridge, MA 01550 or take a pic and email to [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news) by August 14.

Good luck!



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email (optional) \_\_\_\_\_

Newspaper you saw this in, circle one: Spencer New Leader, Auburn News, Southbridge News, Charlton Villager, Sturbridge Villager, Webster Times, Blackstone Valley Tribune

We love your feedback comments: \_\_\_\_\_

### ABC'S OF SUMMER SCRAMBLE

(These are not in alphabetical order)

- |  |                                   |
|--|-----------------------------------|
| 1. NSHASEE SALNO _____                 | 14. AOGAUBQ LEIAITTAINHOBR _____  |
| 2. UROY CDB EORST _____                | 15. IYOTCVR SERTGOA _____         |
| 3. INHIGSG EERYNG RVNEALTTIEA _____    | 16. DGBUXREI OEHIDOPCTSR _____    |
| 4. WHIRDCKA MSRAREF _____              | 17. DTVICNEAHRZ ALRE STEETA _____ |
| 5. KIAEAML ADN NJUE _____              | 18. GRYSA TRETSUG _____           |
| 6. EMRIROC EELSWJER _____              | 19. LCLIHA ETRI NDA AUTO _____    |
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| 9. LOXAMUERU DROF _____                | 22. IFVE VLAEOS _____             |
| 10. EATACURC TPSE CLTOONR _____        | 23. ASLN TNPAI TNEREC _____       |
| 11. RMANCIEA TSNUCOID OIL _____        | 24. ADEVS LCAEANPSPI _____        |
| 12. IASL CANRO TEXTI RLEA SEAETT _____ | 25. 'FLESDEE FEFCOE PSOHEP _____  |
| 13. BE STAFTL _____                    |                                   |

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# Support native bees and enjoy the many benefits

Pollinators are responsible for about 75 percent of the food we eat. The European honeybee is the most well known but our native bees are also critically important.

We can help our native bees and gardens by reducing or eliminating the use of pesticides and providing shelter as well as food and water.

About 70 percent of our native bees are ground nesting. Reduce the risk of conflicts with ground nesting bees. Create an inviting habitat away from prime gardening areas. Leave warm south facing spaces open for bees to establish their in-ground nests.

Wood and cavity nesting bees, like the leaf cutter bee, make up about 30 percent of our native bee population. Others nest in hollow plant stems so leave these, their homes, stand for winter.

Bumblebees nest in abandoned animal burrows, tree cavities, grassy areas, or under fallen leaves. A colony usually contains a few hundred bees. All members of the colony die in fall except the fertilized queens. The queens look for new homes the following spring.

Support our native bees by planting a variety of bee attracting flowers. The plants provide food and shelter and help attract the native bees to your landscape and bee houses.

Include plants with different colors and shaped flowers. Grow lots of purple, blue, white, and yellow flowers that are favored by bees. Plant flowers in mass. You will enjoy the display, the garden will require less maintenance, and you will get the attention of the bees you are trying to attract. Plus, bees use less energy when they can gather lots of food from a smaller area.



GARDEN  
MOMENTS  
.....  
MELINDA  
MYERS

Make sure you have something in bloom throughout the growing season. Spring bulbs, wildflowers and perennials provide essential food that is often in limited supply early in the season. Fall flowering plants provide needed energy supplies as the bees and other pollinators prepare for winter.

Bigger flowers are not always better. Double flowers may be showy, but they have less nectar and pollen. The multiple layers of petals hinder access to what nectar and pollen they contain.

Grow some herbs in the garden and containers for you and the bees. Let some go to flower and watch for visiting bees on thyme, borage, oregano, and other herb flowers.

Grow native plants whenever possible. They are a richer source of nectar and pollen than cultivated plants. Native bees and other beneficial insects have evolved with these plants, providing a mutual benefit.

Leave leaf litter in place and healthy perennials including grasses stand for winter. These provide homes for some bees and other beneficial insects. Wait as long as possible in spring so you don't interrupt their hibernation.

Increase living quarters by making your own native mason bee houses. Just be sure you provide a properly designed, clean home with needed winter protection. Do your homework first to make sure you are not harming the native bees you are trying to support.

The easiest method uses a bundle of hollow sticks such as bamboo, reeds, or sumac. Cut them into short segments and remove three to five inches of pith with wire or a drill. Consider painting the front to make an inviting entrance for the bees. Bundle the stems together



Photo Courtesy

Plant a variety of bee attracting flowers like swamp milkweed, a North American native plant.

with wire or place in a bucket or can.  
Or create a solitary bee house from a block of untreated wood. Drill holes into, but not through a block of untreated wood. The holes should be three to five inches deep and about 5/16 of an inch in diameter for mason bees. Nesting tubes inserted into the holes makes for easier cleaning and storage that prevents debris and disease from building up one season to the next.  
Mount the bee house on the southeast side of a post, fence or building. Make sure to provide a nearby mud puddle the bees will use to seal off the individual development chambers in the holes.  
Creating a bee friendly landscape not only increases your garden's produc-

tivity but also the number of songbirds and beneficial insects that visit your garden. That means fewer garden pests and a more beautiful garden for you to enjoy all season long.  
  
*Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.*



## Great Outdoors Word Find

Find the hidden words in the puzzle.

CAMPING					MOUNTAIN				TRAVEL		
COAST					NATURAL				TREES		
HIKING					OCEAN				VISTA		
LAKE					RIVER				WILDLIFE		
J	T	N	H	N	L	U	J	F	A	S	C
S	T	W	U	J	A	Y	A	K	P	G	A
E	G	J	R	X	K	T	C	Y	X	R	M
E	Y	F	A	E	E	X	U	Q	A	Z	P
R	Z	X	W	U	V	T	N	R	C	N	I
T	W	I	L	D	L	I	F	E	A	H	N
C	O	A	S	T	A	E	R	E	I	L	G
J	V	T	G	T	N	J	C	K	Z	G	R
S	P	I	N	L	D	O	I	J	A	L	S
Z	F	U	S	A	S	N	E	K	K	X	X
U	O	X	A	T	G	L	E	V	A	R	T
M	C	O	L	Q	A	P	M	X	W	D	E

## Get Scrambled

Unscramble the words to determine the phrase.

E F H R S I A R

Answer: Fresh Air

## THIS DAY IN...



## HISTORY

- **1786:** DR. MICHEL-GABRIEL PACCARD AND JACQUES BALMAT BECAME THE FIRST TO CLIMB MOUNT BLANC.
- **1876:** THOMAS EDISON IS GRANTED A PATENT FOR HIS MIMEOGRAPH.
- **1988:** WRIGLEY FIELD HOSTS THE FIRST NIGHT BASEBALL GAME IN ITS HISTORY.



THIS MOUNTAIN/VOLCANO IS ACTUALLY THE TALLEST ON EARTH. IT IS MORE THAN 10,000 METERS TALL, THOUGH HALF OF IT IS SUBMERGED IN THE PACIFIC OCEAN.

ANSWER: MAUNA KEA



## PANORAMA

an unbroken view of an entire region

### In Loving Remembrance



**David Anthony Powell**  
Angel date  
4-3-70 to 8-7-10  
Sweet Child of Mine



We little knew that morning that God was going to call your name.

In life we loved you dearly, in death we do the same.

It broke our hearts to lose you, you did not go alone; for part of us went with you, the day God called you home. You left us peaceful memories, your love is still our guide; and though we cannot see you, you are always at our side.

Our family chain is broken, and nothing seems the same; but as God calls one by one the chain will link again.

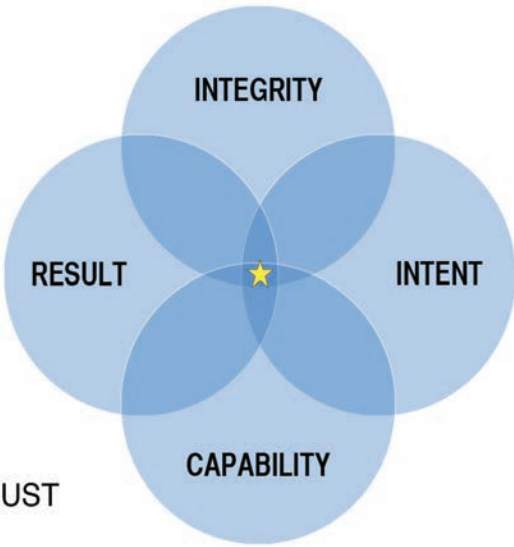
We love and miss you forever  
Mom, Dad, Chloe, Ty, Emme, Michael & Chris

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(Your Neighbors)

Ninety-two percent of consumers around the world say they trust earned media, such as word-of-mouth or recommendations from friends and family, above all other forms of advertising—

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# Tax Savings Event on windows!

We’re celebrating our **Tax Savings Event** this month, and **before August 15<sup>th</sup>** you’ll get our **early bird special!**

**Save \$330 on every window and save \$725 on every patio and entry door** plus **6.25% off your entire project and pay nothing for a whole year.<sup>1</sup>** And when you set your appointment by August 15<sup>th</sup>, you’ll **get another \$250 off your entire project!<sup>1</sup>**

- From last year we know that these appointments fill up quickly; call today
- This Tax Savings Event is **even better than last year’s!**



Early  
bird  
special! ★

★  
Before  
August  
15<sup>th</sup>!

Early bird special, before Aug. 15<sup>th</sup>

1

**SAVE \$330**  
on every window<sup>1</sup>

**SAVE \$725**  
on every patio and entry door<sup>1</sup>

Minimum purchase of four.

AND

2

**6.25% OFF**  
your entire project<sup>1</sup>

★ PLUS another ★

**\$250 OFF**  
your entire project when you set  
your appointment by August 15<sup>th</sup><sup>1</sup>

No minimum purchase required.

WITH

3

**\$0**  
Down

**0**  
Monthly  
Payments

**0% FOR 1**  
Interest **YEAR<sup>1</sup>**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months. Participating states require the payment of sales taxes on all product sales.

**Don’t settle for poor-quality vinyl windows.**

Not only can they look shiny and low-end, some poor-quality vinyl windows can warp, leak and become drafty after just a few years. Our windows are made of our exclusive Fibrex® material, which is twice as strong as vinyl.

**Unlike some other companies, we warrant our windows and installation.\***

Renewal by Andersen is the full-service replacement window division of Andersen Corporation, and because they’ve been around for 117 years, you know we’ll be around to stand behind our window, our service and our installation.\* And know that we’ve adjusted our operations to serve you in the **safest** way possible **and** make your home more secure.



Make your home more secure. Book a Virtual or In-Home Appointment

## 1-800-209-2746

<sup>1</sup>DETAILS OF OFFER – Offer expires 9/19/2020. You must set your appointment by 8/15/2020 and purchase by 9/19/2020. Not valid with other offers or prior purchases. Get \$330 off each window and \$725 off each patio/entry door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio/entry doors between 8/1/2020 and 9/19/2020. Additional 6.25% off your entire project plus an additional \$250 off your project, no minimum purchase required, taken after initial discount(s), when you set your appointment by 8/15/2020 and purchase by 9/19/2020. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. “Renewal by Andersen” and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved. \*See limited warranty for details.





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**SHREWSBURY** – Waterfront – Flint Pond w/Direct Boating Access to Lake Quinsigamond! The Quiet of Flint, All the Action of Quinsig! Privacy Galore on Sargents Island – 4.27 Acres – 2,000' Waterfront! Beautiful Sunrises & Sunsets! Looking for a Getaway, Principal Residence or Second Home, Winters in Florida, Summers on the Island! Tons of Potential, Do a Little or Do a Lot! 4+ Rm, 1 Bdrm, 1.5 Bath "A" Frame with the Ability to Finish the Walk-out Lower Level, add a Family Rm, Bdrm, Bathrm! Nature Abounds, Visited by Deer, Fox, Eagles & More! In Time for Summer! **\$579,900.00**

**OXFORD** – 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yesteryear! Eat-In Frpld Granite Kit w/Updated Cabinets, Frpld Din Rm w/Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frpld Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! **\$339,000.00**

**WEBSTER** – 10 Wyman St! Webster Lake Neighborhood Access at Lakeside Beach & State Boat Ramp Near-by! 10,000' Lot! 1 Level Living! 11 Rooms, 4 Bedrooms, 2 Baths! Room for the Extended Family! 2 Complete Living Quarters! A/C! LP Gas Heat! Town Services! 2 Driveways! Fenced Back Yard! 2 Sheds! **\$189,900.00**

**DOUGLAS** – 102 SE Main St! Start Parking! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit w/Soft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! Hickory Wood Floors throughout the Kit, Din & Liv Rms, all w/Recessed Lighting! 1st Flr Office or Possible 4th Bdrm w/Oak Hrdwd Flr! Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Flrs! Master w/Cathedral Ceiling, Skylight, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level w/2 Finished Rms, Utility Rm w/Laundry and Half Bath! 3.5 Baths Total! Recent C/Air, Heat & Roof! 24x28 2 Car w/Detached Garage! Huge Shed! Nearby Nature Trails & Walkum Lake Beach! **\$379,900.00**



**WEBSTER LAKE** – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**



**WEBSTER** – 4 Jeffrey St! 5 Rm, 2 Bdrm, 2 Bath Ranch! 1/4 Acre Lot! Liv Rm w/Cathedrals & Bay Window! Eat-In Kit w/Is! Master w/Laundry Closet & Full Bath! Hall Bath w/Laundry! Freshly Painted! Front & Rear Decks! Partially Fenced Yard! Oil Heat! Town Services! Garage! Lakeside Beach & Boat Ramp Near! **\$249,900.00**



**WEBSTER LAKE WATERFRONT** - 3 Lakeview Rd! Middle Pond – Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo – Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frplc! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! **\$579,900.00**



**GRAFTON** – 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3 Acres! 4 Comfortable Bdrms & 2 Full Bthrms! Freshly Painted, Floors Recently Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! New Hard on Garage & Breezeway! New Well Water Tank Installed! Title V in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**



**WEBSTER LAKE** – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frpld Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$949,900.00**



**WEBSTER LAKE** - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frpld Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! **\$2,499,900.00**



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### Featured Listing!

**WEBSTER - 195-199 THOMPSON RD**



3 ACRE COMMERCIAL SITE! APPROX. 500 FT ROAD FRONTAGE ON STATE HIGHWAY RTE 155 AKA THOMPSON ROAD. STRATEGICALLY NESTLED BETWEEN TWO (2) 1-306 NORTH & SOUTH ON-RAMP & TWO (2) 1-306 NORTH & SOUTH OFF-RAMP. PROPERTY DIRECTLY ADJACENT TO 1-306-40000 BUILDING. 7,800 SF TOTAL LOWER LEVEL USE AND ACCESS THRU DRIVE IN GARAGE DOOR! NATURAL GAS! HIGH TRAFFIC - HIGH EXPOSURE! MANY POSSIBLE USES. WHAT DO YOU HAVE PLANNED? **\$600,000.**

**WEBSTER - 56 CUSHING ROAD**



**FIRST TIME OFFERED!** Meticulously Cared for & Loved - 4 Bedroom / 2 Bath, 1963 Capital Natural GAS Heat, Town Services! Boiler - Just like New! Corner Lot. Garage! 2nd Flr - 2 Lg Bdrms! Bathroom, Hardwood Floors. This House is Ready for a New Family. Is it YOU? Call today, Don't Delay! **\$272,900.**

**MILLBURY - 9 LEONE AVE**



Ranch home w/Fireplace! living room. 3 Bedrooms! hardwood floors! Oil Heat. 200 AMP Circuit Breakers! Garage . Manicured Landscaping! assisted sale **\$331,000.**

**WEBSTER - 36 PARK AVENUE**



Well cared for Colonial on Park Avenue! Hardwoods! Formal dining room, eat in kitchen, 3 bedrooms! Hollywood Bath. 1-1/2 baths total. deck! Garage! Freshly Painted! **\$264,900.**

**SOUTHBRIDGE - 42 PRINCE ROAD**



Cape-style home on quiet cul de sac. Bedroom and full bath on the 1st flr. 2nd Flr. 2 bedrooms. Living room w/ gas fireplace, dining room, kitchen. 1 +/- Acre. assisted sale **\$233,000.**

**DUDLEY - LAND ON PACKARD DRIVE**



**Privacy!!** Off Ridge Drive - 2 abutting Lots offered as a package. Each, has there own Deed description. Lot# 19 Contains 27,699 SF of land area. Lot# 20, Contains 24,883 SF of land area. Total 52,582 SF / 1.2 acre. **\$50,000.**

**LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS**

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Potential for a 2 family to be built! Town Water, Sewer, **SORRY SOLD \$70,000**

Webster - 85 Upper Gore w/View of the Lake. 1+ acre! Much work done! Artesian well, Septic Design & Conservation **NEW PRICE \$115,000**

Webster - Cooper Rd 2 Residential Lots! Water/Sewer Access, Zoned Lake Buildable! **\$49,000. ON DEPOSIT**

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**

Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Possible to be subdivided. **NEW PRICE \$89,900**

*On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg*

### Webster - New Lake Listing!



media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplace lake-facing corner master suite w/ luxurious private bath, 3 more 2nd floor BRs & full bath! It Truly is a Great Opportunity to Own Something Special! Remember, Timing Is Everything!

**WEBSTER LAKE - 100 LAKESIDE AVE**

**WEBSTER LAKE!** PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind. Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room, upscale features & amenities! Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline, exceptional views, professional landscaping & privacy. All you need to live is located on the 1st floor... including a grand 2 story foyer, cozy fireplace living room, gourmet kitchen, lake facing dining, half bath & laundry, formal dining room, 2nd floor fireplace lake-facing corner master suite w/ private bath. **\$1,075,000.**

**LAKE SHIRLEY - 647 RESERVOIR ROAD**



Lakefront! Lake Shirley! Modern Flare on a Lake-front Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House! assisted sale **\$859,000.**



# GOT A HOUSE FOR SALE?

*Look for that new home in our real estate section.*



### How they SAY that in...

**ENGLISH:** Nature

**SPANISH:** Naturaleza


**ITALIAN:** Natura

**FRENCH:** Nature

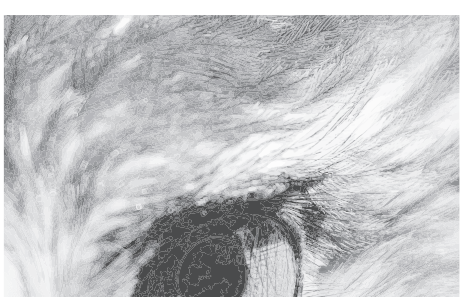
**GERMAN:** Natur

### Did you know?

SCIENTISTS THINK THAT BREATHING IN AIRBORNE CHEMICALS PRODUCED BY PLANTS HELPS PEOPLE FIGHT OFF ILLNESSES. THAT'S A GREAT REASON TO SPEND TIME OUTDOORS.



### GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: OWL



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Let's start the process

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3. Obtain a pre-approval with a mortgage representative
4. Begin your search — become educated to the Real Estate Market
5. Call me — Let's meet and get started. No pressure, let's find your home in this competitive market together



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**Dudley:** Great Location! Privacy, town services, in-ground pool, garage.  
11A Paglione Dr - \$253,500



**Dudley:** Developers, Possible 55+ Housing opportunity, 22 available lots, Water and sewer.  
61 Airport Rd - Call for details



**SZYMCKZK SELLS**

**SOLD**

**Dudley:** 4 bedrooms, 2 baths, hardwood floors  
9 Conant Ave - \$270's



**SZYMCKZK SELLS**

**SOLD**

**Auburn:** 3 bedrooms, family room. 2.5 baths  
30 Oakwood Ave - \$370's



**SOLD BY MARIA**

**SOLD**

**East Brookfield:** 3 bedrooms, 2 baths, 130' waterfront  
142 Gleason Ave - \$300's

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DISCOVER

Most holy Virgin Immaculate, my Mother Mary, to thee who art the Mother of my Lord, the queen of the universe, the advocate, the hope, the refuge of sinners, I who am the most miserable of all sinners, have recourse this day. I venerate thee, great queen, and I thank thee for the many graces thou has bestowed upon me even unto this day; in particular for having delivered me from the hell which I have so often deserved by my sins. I love thee, most dear Lady; and for the love I bear thee, I promise to serve thee willingly forever and to do what I can to make thee loved by others also. I place in thee all my hopes for salvation; accept me as thy servant and shelter me under thy mantle, thou who art the Mother of mercy. And since thou art so powerful with God, deliver me from all temptations, or at least obtain for me the strength to overcome them until death. From thee I implore a true love for Jesus Christ. Through thee I hope to die a holy death. My dear Mother, by the love thou bearest to Almighty God, I pray thee to assist me always, but most of all at the last moment of my life. Forsake me not then, until thou shalt see me safe in heaven, there to bless thee and sing of thy mercies through all eternity. Such is my hope. Amen. N.L.

Dearest St. Jude, thank you for your prayer and intercession on my behalf to the Lord, you have always answered my prayer but still I will never be able to thank you enough. Please forgive me on occasion that I may have forgotten or overlooked in thanking you for the favours granted. I promise you St. Jude to ever grateful and always be, devoted to you as my patron saint. For by the good Lord's grace has got me to this point in life, and there is still a very long road for me to traverse. Therefore, St. Jude, I will always need you by my side and please continue to guide and help me with God's grace. I ask you St. Jude to not leave any prayers unanswered whether it is one of mine or from other who have invoked your aid. Look upon us the hopeless and desperate for the Lord's help in our life. I will always be in need of your help and you always hear my prayers, otherwise my life will be very difficult to lead. AMEN. N.L.

Items for Sale

1982 Suzuki GS1100EZ, under 10,000K miles  
..... \$4,500

1993 Ford 1715 Tractor with bkt loader,  
941 hours..... \$9,000

1987 1" Craftsman Radial Saw w/table ..... \$200

Exercise bench with stepper..... \$75

Early 1900 Craftsman table saw,  
plus assorted power tools ..... \$100

Vintage Cedar closet, armoire - painted ..... \$125

Faux fireplace ..... \$100

Dining room set w/2 leaves and 6 chairs ..... \$100

Organ w/bench & books ..... \$100

Oak Gun cabinet holds 6 guns..... \$100

Electric Smoker..... \$75

LP gas heater, ..... \$50

Full set of World Book Encyclopedia  
w/10 supplements, ..... \$50

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# SUDOKU

		9						2
7	3				4	9		
		5						
			4					5
9			5					1
				1			8	
4				8			5	
						6	1	
6				3	1		4	

Level: Intermediate

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6	5	7	2	3	1	8	4	9
2	8	3	9	4	5	6	1	7
4	9	1	6	8	7	2	5	3
5	2	4	7	1	9	3	8	6
9	7	8	5	6	3	4	2	1
3	1	6	4	2	8	7	9	5
8	6	5	3	9	2	1	7	4
7	3	2	1	5	4	9	6	8
1	4	9	8	7	6	5	3	2

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<h1 style="color: blue;">MATTRESS SALE!</h1>  <p>TWIN: Reg. \$299 <b>NOW \$199</b></p> <p>FULL: Reg. \$499 <b>NOW \$299</b></p> <p>QUEEN: Reg. \$599 <b>NOW \$299</b></p>			<h2 style="text-align: center;">GAS GRILL SALE</h2> <h3 style="text-align: center; color: red;">OVER 500 IN STOCK!</h3> <h2 style="text-align: center;">AIR CONDITIONERS</h2> <h3 style="text-align: center; color: red;">OVER 1000 IN STOCK!</h3>			<h2 style="color: blue;">TV SALE</h2> <p>65" LG Reg. \$649.99      <b>\$569.99</b></p> <p>70" Smart Reg. \$799.99      <b>\$599.99</b></p> <p>Vizio 58" Reg. \$449.99      <b>\$369.99</b></p> <p>43" LG Reg. \$349.99      <b>\$299.99</b></p> <p>32" Smart TV      <b>\$159.99</b></p>		
<h3>DEHUMIDIFIERS IN STOCK!</h3>		<b>FRENCH DOOR ICE &amp; WATER REFRIGERATOR</b> Reg. \$1999 <sup>99</sup> <b>\$1699<sup>99</sup></b>	<b>18 CU. FT. REFRIGERATOR</b> Reg. \$799 <sup>99</sup> <b>\$699<sup>99</sup></b>	<b>DELUXE TOP LOAD WASHER</b> Reg. \$499 <sup>99</sup> <b>\$449<sup>99</sup></b>	<b>SAMSUNG DELUXE GAS STOVE</b> Reg. \$799 <sup>99</sup> <b>\$699<sup>99</sup></b>	<b>GE FRONT LOAD WASHER</b> Reg. \$699 <sup>99</sup> <b>\$699<sup>99</sup></b>		
<h2 style="color: black; background-color: yellow;">WE REPAIR BIKES. E-BIKES IN STOCK!</h2>		<b>7300 LG WASHER OR DRYER</b> Reg. \$799 <sup>99</sup> <b>\$799<sup>99</sup></b>	<b>FAMOUS MAKER GAS OR ELECTRIC RANGE</b> Reg. \$499 <sup>99</sup> <b>\$429<sup>99</sup></b>	<b>KITCHENAID DISHWASHER</b> Reg. \$799 <sup>99</sup> <b>\$749<sup>99</sup></b>	<b>MAYTAG TOP WASHER</b> Reg. \$699 <sup>99</sup> <b>\$599<sup>99</sup></b>	<b>LG SELF CLEANING SMOOTH TOP STOVE</b> Reg. \$649 <sup>99</sup> <b>\$699<sup>99</sup></b>		
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