

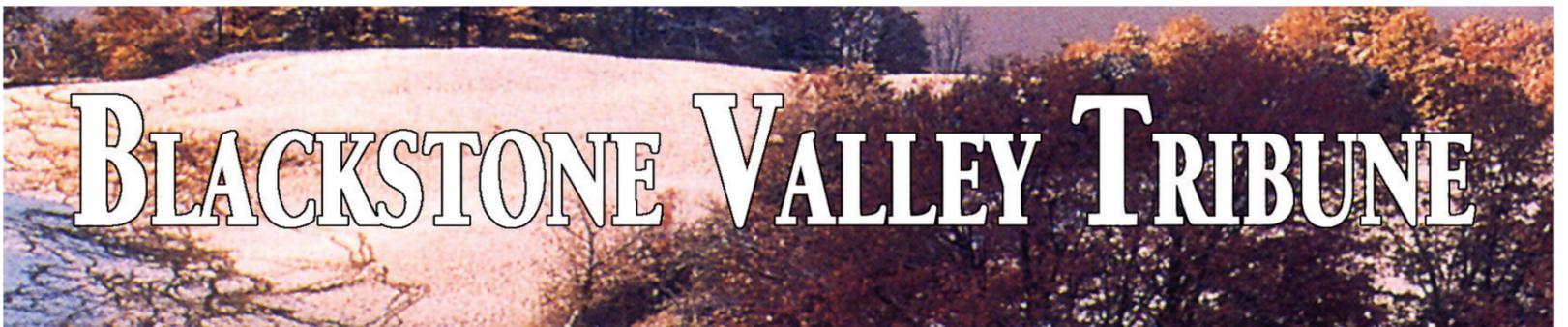
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Friday, January 21, 2022

## Uxbridge High student earns recognition

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

UXBRIDGE — One senior from Uxbridge High School has recently been recognized with the Mickey Sullivan Student Achievement Award for her contribution to high school athletics.

Athletic Director Chris Carbone and Uxbridge High School Principal Michael Rubin announced that Cecelia Schleinitz, a member of the Uxbridge High School Class of 2022, has been named the recipient of the Mickey Sullivan Student Achievement Award.

“When we think of the students to exemplify what we want to see in all our student-athletes, Cecelia immediately comes to mind,” Carbone said. “Whether it is supporting her teammates, finding ways to support our athletic program as a whole, or bringing new ideas to our school community, she truly embodies the epitome of this award.”

Turn To **SCHLEINITZ** page **A11**

## Northbridge students game their way to victory

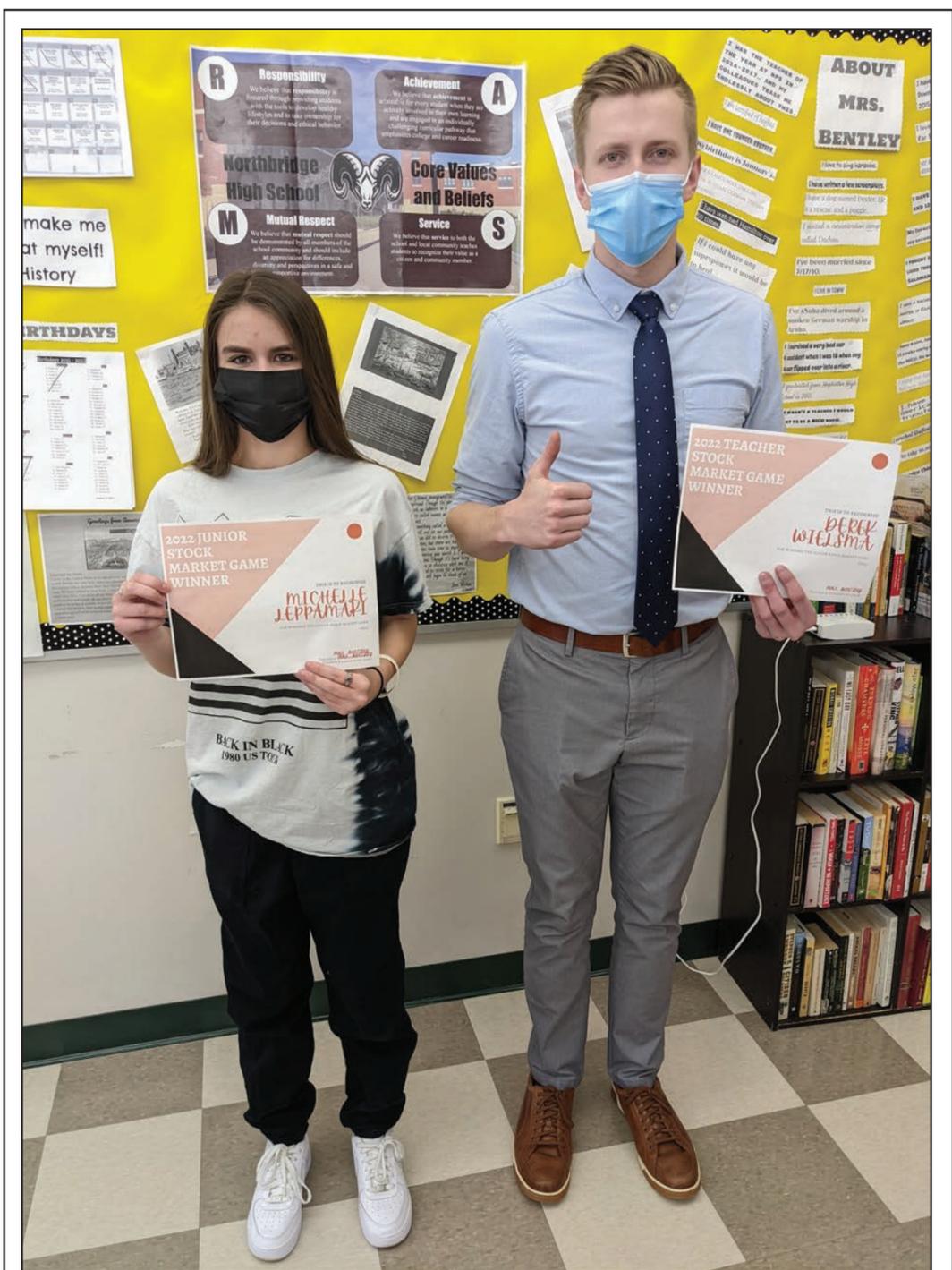
BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

NORTHBRIDGE — Four students at Northbridge High School officially started competing in “E-Sports” through the PlayVS gaming platform service this fall.

“While this type of activity is not yet held in the same regard as traditional athletics, things seem to be trending that way, and I’m excited to be at the forefront of a growing program,” said Northbridge ELA Teacher Chris Miller.

Miller said he was approached by High School

Turn To **E-SPORTS** page **A11**



Courtesy

### TOP TRADERS

Michelle Leppamaki (student) and Derek Wielsma (teacher) recently won the annual junior stock market competition at Northbridge High School.

## BVT commemorates opening of Biotechnology program



Courtesy

A ribbon cutting ceremony held at BVT commemorated the opening of its Biotechnology program. Pictured (left to right): Principal Anthony Steele; General Advisory Committee member Kristin Gothier; Biotechnology Instructor Susan Piraino; Vocational Director Dr. Matthew Connors; Superintendent-Director Dr. Michael Fitzpatrick; and Biotechnology freshman Isabelle Kling of Uxbridge.

UPTON — While the Biotech industry in Massachusetts continues to grow, so does the need for talented employees. With a history of providing students with in-demand skills through vocational training, the Blackstone Valley Vocational Regional School District officially commemorated the opening of its Biotechnology program with a ribbon cutting ceremony on Dec. 8.

The ceremony held in the bright new shop began with a warm welcome from Principal Anthony Steele.

“It’s a pretty special day to have a ceremony and open a new shop. It doesn’t happen every day,” said Steele. “It’s a complex process to start a Chapter 74-approved vocational-technical education

Turn To **BVT** page **A6**

## BVAA to host pastel workshop in February

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

WHITINSVILLE — If you’ve ever wanted to try pastels or improve your pastel skills, mark your calendar—the Blackstone Valley Art Association is holding an in-person pastel workshop next month.

The workshop, led by Artist Jeff Ventola, is slated to be held at the Singh Theater on Saturday, Feb. 5, from 9 a.m. to 3 p.m.

BVAA Treasurer Carol Frieswick said the art association is hosting the workshop in an effort to “return to normal.”

“Most artists work in isolation on a routine basis, but the pandemic has put an entirely new spin on isolation,” Frieswick said. “There has been a very limited number of in-person art shows. Even the in-person shows were without artists’ receptions. Companionship with like-minded contemporaries is very limited.”

Although the emergence of virtual classes and

Turn To **WORKSHOP** page **A12**

# Greenman-Pedersen, Inc. (GPI) wins Engineering Silver Excellence Award for Route 146 Interchange in Millbury



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MILLBURY — The American Council of Engineering Companies of Massachusetts (ACEC/MA) has named Greenman-Pedersen, Inc (GPI) as a 2021 Silver Engineering Excellence Award winner for their work on the Route 146 Interchange Reconstruction project in Millbury.

The interchange reconstruction of Route 146 at West Main Street was a complex project that implemented innovative solutions to satisfy the project need as identified by both MassDOT and the public. A great deal of public interest and a clear sense of concern with the appropriateness and effectiveness of the roundabouts were raised. With construction complete and the efficient and safe operations evident at the roundabouts, the true success of this project is measured by the trust earned by the engineering community.

The 2021 Engineering Excellence Awards were recently announced and will be celebrated at the virtual ACEC/MA Engineering Excellence and Awards Gala. The awards celebrate innovation, ingenuity, and excellence in engineering achievement.

About ACEC/MA The American Council of Engineering Companies of Massachusetts (ACEC/MA) is the business association of the Massachusetts and Rhode Island engineering industry, representing more than 120 independent engineering companies engaged in the development of transportation, environmental, industrial, and other infrastructure. Founded in 1960 and headquartered in Boston, MA, ACEC/MA is a member organization of the American Council of Engineering Companies (ACEC) based in Washington, DC. ACEC is a national federation of 51 state and regional organizations. For more information on ACEC/MA, visit their website at [www.acecma.org](http://www.acecma.org). ACEC/MA is undertaking an awareness campaign to educate the public on the many contributions engineers make (or the engineering innovations) in everyday life through their hash tag #EngineeringGoFigure. To follow us on Twitter: @ACECMA.

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“The ACEC/MA Engineering Excellence Awards Competition recognizes engineering achievements that demonstrate the highest degree of merit and ingenuity,” said Scott A. Miller PE, President of ACEC/MA and Regional Vice President for Haley Ward. “We celebrate this year’s outstanding engineering achievements, congratulate our winners and thank them for their contributions to improving the quality of our everyday lives.”

About GPI GPI is a leading engineering consulting and construction inspection firm that specializes in the innovative development, design, and construction of infrastructure. Since its founding in 1966, GPI has grown from a two-person endeavor to a consulting firm with over 1,600 employees in 56 offices and is included among ENR’s list of Top 100 National Design Firms. GPI has been providing services to the New England region for more than 55 years.

## Local Assumption students named to University’s Fall 2021 Dean’s List

WORCESTER — Assumption University has announced those students who have been named to the Dean’s List for the fall 2021 semester. Students named to the University’s Dean’s List must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters. Local students include:

- Riley Bartolini of Northbridge, Class of 2022
- Emily Gay of Uxbridge, Class of 2022
- Sean Morrissey of Uxbridge, Class of 2023
- Julianne Sutherland of Uxbridge, Class of 2023

“The University is proud of those students named to the Dean’s List for the academic excellence they demonstrated in the classroom in their pursuit of a Catholic liberal education,” said Assumption University President Francesco C. Cesareo, Ph.D. “Through their commitment to their studies during the fall semester, students named to the Dean’s List have immersed themselves in their academic program as they are formed as individuals who will use the knowledge they have gained to live meaningful and purposeful lives and careers.”

Assumption University provides students with a comprehensive, Catholic liberal arts experience through curricular and co-curricular programs, including internship opportunities, recreational activities, and more than 60 on-campus clubs and organizations. An Assumption education forms graduates both intellectually and spiritually, inspiring wonder and purpose as they discover their vocation.

For more information, visit [assumption.edu](http://assumption.edu). Assumption University, founded in 1904 by the Augustinians of the Assumption, is New England’s premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in Worcester, Massachusetts, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service. The University offers 34 majors and 49 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master’s and continuing education degrees and professional certificate programs. For more information about Assumption University, please visit [www.assumption.edu](http://www.assumption.edu).

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# New self storage facility opens in Uxbridge



UXBRIDGE — A newly expanded self storage facility has opened at 50 Depot St., Uxbridge. The former Capron Self Storage is now Key Storage LLC.

Local residents Ed Kelly of Hopkinton and Kevin Price of Ashland are the new owners of Key Storage conveniently located in Downtown Uxbridge to serve the greater MetroWest area.

During the past six months a number of improvements have been made to deliver a state of the art facility with over 300 spaces available. Key Storage now has newly paved access lanes, full perimeter fencing with an automatic entry gate for 24/7/365 access. Six new

buildings expand the facility's offering including one building that is temperature controlled with more than 50 units! Several spaces are setup for motorcycle or auto storage with electricity for battery tendering. The new easy to use website ([www.keystorage1.com](http://www.keystorage1.com)) provides for safe, contactless selection of your best storage solution. Renters can choose their unit, execute the rental contract, receive a gate access code and pay by credit card all from the convenience of a computer or cell phone.

This Spring will bring the addition of Solar panels to all of the building rooftops as well as constructing a new

free standing canopy for RV and Boat storage which will also have a Solar powered roof.

Key Storage has all self storage needs covered including convenient drive up access storage, temperature controlled spaces or parking for RV, campers or boats all secure within a new, safe, convenient facility on Depot Street in Uxbridge. On site office hours are Monday – Friday, 10 a.m. to 2 p.m., Saturday and Sunday by appointment. Renters can always use the convenient Web site, [www.keystorage1.com](http://www.keystorage1.com), or contact the Key Storage team at (508) 278-3846 or email at [info@keystorage1.com](mailto:info@keystorage1.com).



## ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email [news@stonebridgepress.news](mailto:news@stonebridgepress.news) or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

## Millville, Blackstone Fire Departments receive safety equipment grants

REGION — State Rep. Michael Soter, Millville Fire Chief Roy Liard, and Blackstone Fire Chief Michael Sweeney announced that the Millville Fire Department received \$12,449 and the Blackstone Fire Department received \$13,007 in grant funding that the Baker-Polito Administration released under the FY22 Firefighter Safety Equipment Grant Program. This program enables fire departments to purchase a variety of equipment that will make firefighters' jobs safer. This is the second year that funding has been awarded for this purpose as part of a \$25 million bond bill filed by the Baker-Polito Administration to support firefighter safety and health in the coming years.

"We are very grateful to the Commonwealth for awarding us funding in the 2022 Firefighter Safety and Equipment Grant Program," commented Millville Fire Chief, Roy Liard. "As a small department with a small budget, it's always a challenge to fund the necessary equipment that's needed for my staff to perform their jobs safely. Our share of funding will go to much-needed still and swift water rescue equipment, battery-powered rescue tools, and rope rescue equipment."

Blackstone Fire Chief, Michael Sweeney, commented, "The grant is going to be used to purchase new S.C.B.A units. This funding comes at a great time because our current air packs are 17 years old and need replacement."

"This grant funding will be tremendous boosts for the Towns of Millville and Blackstone," said State Representative Michael J. Soter. "It's opportunities like this one that our local leaders need to take advantage of to further our communities and bolster our public safety services. I'm thrilled to see that Chief Liard and Chief Sweeney secured funding under this program."

Fire departments in Massachusetts were able to apply to this program for 118 different types of eligible equipment, including personal protective clothing, gear washers and dryers, thermal imaging cameras, assorted hand tools and extrication equipment, communications resources, hazardous gas meters, fitness equipment, and more. In many cases, the purchase of this equipment will help departments attain compliance with Occupational Safety and Health Administration or National Fire Protection Association safety standards.

## Local Eastern students make Dean's List in fall 2021

WILLIMANTIC, Conn. — Eastern Connecticut State University recently released its Dean's List for the fall 2021 semester, in which nearly 1,300 students were recognized for maintaining high GPAs.

Among the students are:

**M a r i s a** McComiskey of Northbridge, a full-time student who majors in Pre-Elementary Education and Liberal Studies.

**Charlotte** French of Northbridge, a full-time student who majors in Communication.

**Ella** Yaroshefski of Uxbridge, a full-time student who majors in Biochemistry.

To qualify for Dean's List, full-time students must complete a minimum of 12 credits in letter-graded courses with an average GPA of 3.5 or higher in the semester. Part-time students are eligible if they've accumulated 15 or more credits of letter-graded course work with an average GPA of 3.5 or higher.

To watch a video of highlights from the fall 2021 semester, visit <https://vimeo.com/665228420>

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## Friday's Child

**Ashlynn**  
Age 13

**I love to draw!**  
Ashlynn is a shy girl of Caucasian descent who likes to draw and color. She can start off quiet with new people but warms up if given the time to develop a relationship. Ashlynn enjoys music, drawing, spending time with her friends, and swimming. She loves to spend time with her siblings and is very protective of them. Ashlynn is in the 5th grade and has friends at school. She can do well in class with extra supports.

Legally freed for adoption, Ashlynn will thrive in a home that can provide her with her own space and individualized attention. She does best with limitations and a structured routine. Her social worker is open to exploring homes with a mother and a father or two mothers. Ashlynn will do best as the youngest or only child in a family. Ashlynn has four brothers and two sisters in Massachusetts, and it is extremely important that she maintains a relationship with them.

**Who Can Adopt?**  
Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit [www.mare-inc.org](http://www.mare-inc.org). The sooner you call, the sooner a waiting child will have a permanent place to call home.

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### Whitinsville Girl Scout Daisy Troop Welcomes New Girls

Your girl is invited to join Girl Scout Troop 65256. This troop is for girls in grade 1. The Troop meets every other Thursday from 6:00-6:45PM in Whitinsville. Girl membership registration fee for the year is \$35. Financial Assistance is available. You can register for a spot in the troop at <https://bit.ly/troop65256>.

Joining Girl Scouts is a great way to help girls build confidence, try new things, make new friends, and build leadership qualities. Previous Girl Scout experience is not necessary. For information on Girl Scouts and how to join, contact Lynne at 508-749-3611 or email [lbrochu@gscwm.org](mailto:lbrochu@gscwm.org).

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Donna Oncay – Transportation Coordinator  
Omer Boucher – Van Driver  
Sally Selvidge – Activities Coordinator  
Pat Ordway – Chef

## DIRECTOR NEWS FOR FEBRUARY 2022 NEWSLETTER

Happy 100th Birthday Jennie Oleksyk!  
Jennie celebrated her birthday on January 30th with her family and friends. The senior center wishes to thank Jennie for all of her efforts and support over the years. Jennie's name is included on the Boston Post Cane located in the Senior Center along with other Centenarians. We also presented Jennie with her own cane and Certificates of Recognition from the Uxbridge BOS, State Rep Mike Soter and Senator Ryan Fattman. Best wishes to you Jennie on your celebration of this milestone!

National Random Acts of Kindness is celebrated every February 17. It first originated in 1995 in Denver, Colorado. The idea behind this celebration is to make the world a little brighter and better through little and simple kind gestures, words and actions. Take the time to show others how much you love them and care for them. Just think how your life would change if someone was willing to give you just a little dose of encouragement and love every morning as you begin your day?

Happy Valentine's Day!  
The Valentine's Party/Luncheon will take place on Friday, February 11th. The senior center appreciates the sponsorship of the Uxbridge Elderly Connection for our holiday parties! Please be sure to sign up early to join in on the fun!

The senior center conducted a Booster Vax Clinic on Wednesday, January 12th. This event was very successful and well

attended. Thank you Uxbridge BOH and Salmon VNA for helping us keep our community safe!

The senior center will be undergoing construction to install our new flooring. Please pardon our appearance as we undertake this project. Please note, the hot lunch program will be on hold the week of February 14th to expedite the floor construction. In addition, we may need to cancel some scheduled activities as we work on this project. We are also painting our paneling in the center and we will be reorganizing our office spaces to provide a fresh, updated new look. Thank you for your understanding!

The senior center is in need of the following donations

Newly packaged napkins, paper towels, styrofoam cups, ground coffee (both regular & decaf), coffee filters, tea bags, sugar packets (regular, sweet n' low, & other brands), toilet paper, small paper plates & bowls

We thank you for your support!  
Best,  
Lisa Bernard  
Director

Wednesday, February 2, 2022 – 2:00 pm - Virtual craft with Sally making Valentine Houses! Go to the Uxbridge Senior Center Facebook page to make it along with us! Kits will be available for \$5.00 each. Must sign up 1 week prior to get your kit.

Thursday, February 3, 2022 – 8:30 am – Dr. Biancamano will be available for podiatrist appointments. Call 508-278-8622 to schedule yours.

Thursday, February 3, 2022 – 10:30 am – 11:30 am – Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

Thursdays, February 3rd & February 24, 2022 – 11:30 am – 12:30 pm – "PopUp Library. Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. Call ahead to reserve your lunch!

ter to book an appointment with Cole Ackerson. Next date will be March 8, 2022.

Tuesday, February 8, 2022 – 1:00 pm – Uxbridge Library Book Club. They will be reading The Man Who Died Twice by Richard Osman. You are welcome to join us for lunch on this day. Please remember to RSVP.

Friday, February 11, 2022 – 12:00 pm – Valentine's Day Celebration sponsored by the Uxbridge Elderly Connection, Inc. We will have Tim Brooks – The Crooner At Large, back to entertain us! Please call ahead to RSVP.

Friday, February 11, 2022 – Valentine's Version of Facebook Live Pictionary with Sally & Gail! Be sure to tune in to play along with us! Just go to the Uxbridge Senior Center Facebook Page.

Monday, February 21, 2022 – Closed in observance of Presidents' Day. We will re-open on Tuesday, February 22nd.

Tuesday, February 22, 2022 – 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Celeste Kopech, Salmon Health VNA. RSVP to participate and to join us for lunch.

Wednesday, February 23, 2022 – 2:00 pm - Virtual craft with Sally painting snowman on slate! Go to the Uxbridge Senior Center Facebook page to make it along with us! Kits will be available for \$5.00 each. Must sign up 1 week prior to get your kit.

Friday, February 25, 2022 – 1:30 – 2:30 pm – Facebook Live Family Feud with Sally & Gail! Be sure to tune in and play along from the comfort of your home! Just go to the Uxbridge Senior Center Facebook page.

Monday, February 28, 2022 - 1:30 pm – "Ask the Attorney" with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment at the Uxbridge Senior center.

Card Game or Family Feud will be played during our Monday Congregate lunches and BINGO will be on Wednesdays.

Computer Class Tutoring every Monday ~ 3:00 pm \*By appointment only. Students from BVT will be available to help you with your computers and/or devices. \*Please call ahead to book an appointment.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van. Masks are required and seating is limited.

Knitting Club every Tuesday @ 1:30 pm – Space is limited and must continue to maintain social distancing. Please RSVP 508-278-8622.

1st and 3rd Wednesdays – Feb 2nd & Feb 16, 2022 @ 10:00 am – Bank & Pharmacy Rides. Please call at least 24 hours in advance if you need a ride. Masks must be worn as well.

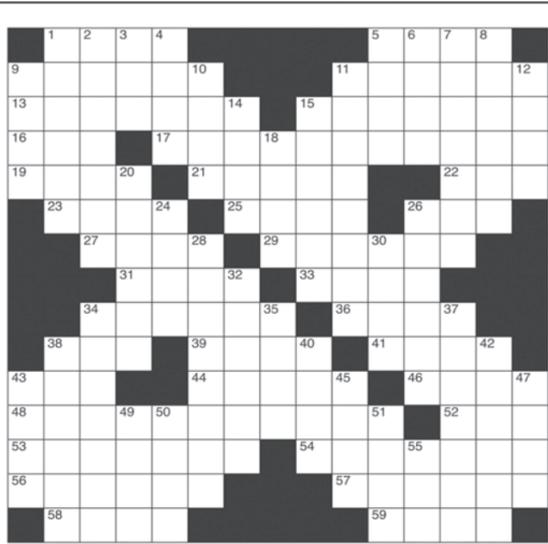
2nd and 4th Thursdays – Feb 10th & Feb 24, 2022 – Shaws/Ocean State

Friday, February 4, 2022 – 12:00 pm – Lunch & Learn with Chief Montminy ~ His guest speaker will be Kevin Donohue, Worcester County District Attorney's Office. This presentation will be on the Bullying Dynamic. Please call ahead to reserve your lunch as space is limited.  
Mondays, starting February 7, 2022 until Mid-April – AARP Tax Assistance Program by appointment only. Call 508-278-8622 to schedule.  
T u e s d a y , February 8, 2022 – 1:00 pm – 2:00pm – Benefit Enrollment Specialist – Tri-Valley, Inc. Call the senior cen-

## University of New Hampshire announces December 2021 graduates

DURHAM, New Hampshire — The following students graduated from the University of New Hampshire in December 2021. Students who received the honor of summa cum laude graduated with a GPA of 3.85-4.0; students who received the honor of magna cum laude graduated with a GPA of 3.65-3.84; and students who received the honor of cum laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring and celebrating academic achievement.

Brittany Glass of Uxbridge  
Hope Anderson of Uxbridge  
The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students.

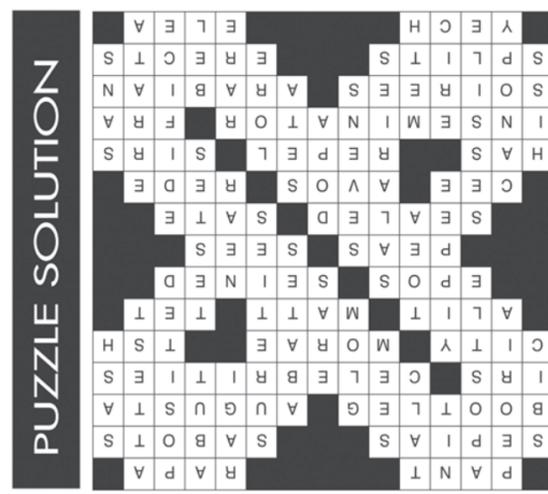


### CLUES ACROSS

- 1. Breathe noisily
- 5. \_\_\_ Nui, Easter Island
- 9. Reddish browns
- 11. Simple shoes
- 13. Produce alcohol illegally
- 15. Home to famed golf tournament
- 16. Tax collector
- 17. Famous people
- 19. Urban area
- 21. Units of syllable weight
- 22. Pituitary hormone (abbr.)
- 23. Dismounted
- 25. Actor Damon
- 26. Vietnamese offensive
- 27. Retail term
- 29. Netted
- 31. Partner to carrots
- 33. Witnesses
- 34. Caulked
- 36. Satisfy
- 38. R&B performer \_\_\_ Lo
- 39. Monetary units of Macao
- 41. Give advice, explain
- 43. Possesses
- 44. Turn back
- 46. Gentlemen
- 48. One who fertilizes
- 52. Italian monk title (prefix)
- 53. Parties
- 54. Type of horse
- 56. Cuts in half
- 57. Raises
- 58. Expresses contempt or disgust
- 59. Ancient Italian-Greek colony

### CLUES DOWN

- 1. Illinois city
- 2. One of the original disciples chosen by Christ
- 3. Young form of a louse
- 4. Type of powder
- 5. Finger millet
- 6. Share a common boundary
- 7. Assumed as a fact
- 8. Provide clear evidence of
- 9. Invests in little enterprises
- 10. A way to be
- 11. Monies given in support
- 12. Fashion accessory
- 14. Steal
- 15. Becomes less intense
- 18. Geological times
- 20. Hooray!
- 24. Monetary unit
- 26. Male reproductive organs
- 28. Earnings
- 30. Close by
- 32. Small integers
- 34. Fixed in place
- 35. Used to treat Parkinson's disease
- 37. Large, imposing building
- 38. A rooflike shelter
- 40. Stiff, hairlike structure
- 42. Print errors
- 43. To show disapproval
- 45. Body of traditions
- 47. Without
- 49. \_\_\_ Clapton, musician
- 50. Dangerous illegal drug
- 51. Infrequent
- 55. Sound unit



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https://www.uxbridgetv.org/schedule/192

## REAL ESTATE

### BLACKSTONE

\$375,000, 68 Mendon St, Therrien, George M, and Drinkwater, Donna M, to Badeau, Alexander C, and Badeau, Jessica L.

### DOUGLAS

\$585,000, 274 Yew St, Quality Homes Inc, to Vargas, Andrew P, and Vargas, Victoria M.

\$582,625, 11 Joseph Rd, Lobisser Building Corp, to Depasquale, Nicholas, and Depasquale, Abby.

\$469,900, 37 Fairbanks Ct, Ledoux Family Hldg LLC, to Juskavitch, Jaimy.

\$425,000, 154 Walnut St, Milan, Sarah D, and Milan, John F, to Peach, Michael.

\$402,000, 40 Perry St, Tetreault, Veronica A, to Thompson, Rebecca A, and Thompson, Connor G.

\$245,000, 9 Webster St #9, Otto-Line, Cassandra M, and Hatstat, Matthew F, to Roy, Robert J.

\$225,000, 74 Wallis St, Petraglia, John C, and Petraglia, Virginia, to O'Brien, Timothy, and O'Brien, Kimberly.

\$225,000, 74 Wallis St, Petraglia, John C, and Petraglia, Virginia, to O'Brien, Timothy, and O'Brien, Kimberly.

### NORTHBRIDGE

\$620,000, 135 Sprague St, Ganley, Bethany S, to Ragozzino, Nicholas, and Quist, Tara J.

\$605,800, 130 Windstone Dr, Terreno Realty LLC, to Grotevant, Gregory H, and Grotevant, Anna R.

\$550,000, 306 Jessica Way, Baker, Timothy R, to Sylvestre, Frantz.

\$450,000, 42 Linwood Ave #42, Dobbs, Gary W, to Ballinger, Strawady V.

\$450,000, 44 Linwood Ave #44, Dobbs, Gary W, to Ballinger, Strawady V.

\$425,000, 133 Theresa Cir, Masselink, Larry A, and Masselink, Mary J, to Brown, Geoffrey W, and Brown, Kathryn E.

\$380,000, 403 Linwood Ave, Healy, Susan M, and Healy, Gwendolyn M, to Daou, Samantha, and Daou, Jim-Joseph.

\$377,000, 45-47 School Park, Labonte, David B, and Labonte, Kathleen M, to Couture, Cory J, and Couture, Alyssa.

\$344,000, 69-71 Providence Rd, Miller, Robert, to Mazzola, Nicholas A.

\$309,900, 24 Susanne Dr, Ellis Dorothy J Est, and Ellis, Glenn, to Oosterman, Charlene.

\$282,500, 308 Purgatory Rd, Ingham FT 2012, and Mcgrath, Judith S, to Gareau, Peter R.

\$249,900, 34 Prunier St #34, Bruyere, Christine, to Pagliarulo, Amber M, and Pagliarulo, Rory A.

\$125,000, Benson Rd (off), Benson Road Dev LLC, to Sturbridge Warren LLC.

\$103,301, Providence Rd, Knott James M Sr Est, and Knott, James M, to Riverdale Mills Corp.

\$103,301, School St, Knott James M Sr Est, and Knott, James M, to Riverdale Mills Corp.

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## UXBRIDGE FREE PUBLIC LIBRARY

15 North Main St.  
Uxbridge, MA 01569  
www.uxbridgelibrary.org  
508-278-8624

Mon & Thurs: 10 a.m.-8 p.m., Tues & Wed: 10 a.m.-5:30 p.m., Sat: 9 a.m.-2 p.m.

Visit our website to find the most up-to-date listing of programs!

### February 2022 Programs

Due to a significant increase in COVID-19 cases and in the test positivity rate locally, the Library has suspended in-person programming. Many programs will be held virtually on Zoom. We encourage you to give our virtual programming a try! For adults, we will still be offering virtual book club meetings, yoga classes, and meditation sessions. For children, we will continue to offer virtual storytimes, Little Lotus yoga, take-home craft programs, and more.

### Adult Programs

Virtual Mindfulness Meditation — Thursdays, Feb. 3 and 24 at 6pm

Mindfulness is the energy and continuous practice of being aware and awake to the present moment. In this hour-long workshop, attendees will practice mindful sitting meditation, mindful walking meditation, and mindful breathing in the tradition of Thich Naht Hanh. Registration is required — a Zoom link will be emailed to registrants closer to the event date. This program is sponsored by the Board of Library Trustees.

Virtual Gentle Flow Yoga — Mondays, Feb. 7, 14, and 28 at 7pm

Join Michelle Forest, a 200HR registered yoga teacher, for a gentle yoga class! Michelle's gentle yoga class combines creative and balanced movements which connect to a theme to help you deepen your practice. Beginners are encouraged and always welcome to attend! Registration is required — a Zoom link will be emailed to registrants closer to the event date. This class is sponsored by the Board of Library Trustees.

PopUp Library at the Senior Center — Thursday, Feb. 3 and 24 at 11:30am

Coming now to the Uxbridge Senior Center... is the PopUp Library! Stop by during the lunch meal program to sign up for a library card, browse an assortment of books, and learn what your librarians are up to! Please contact the Senior Center at 508-278-8622 to reserve your lunch for these days.

Senior Center Book Club — Tuesday, Feb. 8 at 1pm

At the February meeting of the Senior Center Book Club, we will be discussing *The Man Who Died Twice* by Richard Osman, the sequel to *The Thursday Murder Club*. Print copies are available at the Library and the PopUp Library at the Senior Center. The e-book and audiobook are available through the Libby app.

Virtual Historical Fiction Book Club — Tuesday, Feb. 15 at 3:30pm

Step back in time to learn about the past through the eyes of fictional (and sometimes not so fictional!) characters. We will be discussing *Pachinko* by Min Jin Lee. Print copies are available at the Library. The e-book and audiobook are available through the Libby app. Registration is encouraged — a Zoom link will be emailed to registrants closer to the event date.

Virtual Bookies Book Club — Monday, Feb. 28 at 6:30pm

At the February Bookies Book Club meeting, we will be discussing *Drive Your Plow Over the Bones of the Dead* by Olga Tokarczuk. Print copies are available at the Library. The e-book and audiobook are available through the Libby app. Registration is encouraged — a Zoom link will be emailed to registrants closer to the event date.

### Youth Programs

Virtual Baby Storytime (Mondays at 11am) & Virtual Toddler Storytime (Wednesdays at 11am)

Have fun with your children during our weekly storytimes, as you engage in songs, rhymes, stories, and movement. This encourages language development, social, and listening skills. Registration is required

— a Zoom link will be emailed to registrants closer to the event date.

Take-Home Crafty Wednesdays — Mornings and Afternoons

Get crafty and creative with your kids every Wednesday! Improves coordination, fine motor skills, and encourages creativity. Stop by the library to pick up a new Take-Home craft kit each week.

Virtual Music and Movement with Deb Hudgins — Thursday, Feb. 3 & 17 at 11am

Join Deb Hudgins as she leads a fun-filled, theme-based program with songs, rhymes, dancing and more! Registration is required — a Zoom link will be emailed to registrants closer to the event date. Brought to you by the Board of Library Trustees.

Virtual Little Lotus Yoga by Lindsey — Mondays, Feb. 7, 14, & 28 at 4pm, Ages 6+

Join Lindsey to practice yoga postures and mindful activities which will help you relax, lessen anxiety, and teach young ones to find their calmness. Registration is required — a Zoom link will be emailed to registrants closer to the event date. Brought to you by the Board of Library Trustees.

Teen Book-In-A-Bag — Pick-up Feb. 1-14

"Book-in-a-Bag" is a monthly teen subscription book program open to teens age 13 and up. This month's theme is *Revenge*. Register now to receive revenge-themed books and more by visiting our website calendar or emailing Sonya at scampbell@cwmar.org!

Virtual Oracle Readings with Cathy Lynn — Young Adult Program, Feb. 10 at 5:30pm, Ages 13-21

Cathy Lynn, owner of Manifest Health Solutions, will provide a minimum of a 15 minute Oracle Card reading to each registrant to demonstrate how to use the information from the Intro to Oracle Cards workshop to complete a personal reading. You are welcome to attend even if you did not attend the Library's prior workshop. Oracle decks are chosen at random per registrant. Registration is required — a Zoom link will be emailed to registrants closer to the event date. Brought to you by the Board of Library Trustees.

Making n' Baking Virtual Mug Meal: Snickers Mug Cake! — Thursday, Feb. 17 at 6pm, Ages 8+

Encouraging kids' confidence and knowledge in the kitchen. Mixing math, stirring in science, and cooking up culture! Foster their independence while satis-

fying their hunger with meals they can create on their own using just a microwave. Please join Chef Julie Manning at Simply Focused Coaching for a Snickers Mug Cake which will take place virtually. Registration is required — a Zoom link will be emailed to registrants closer to the event date. Brought to you by the Board of Library Trustees.

Build-a-Project Series: Wooden Lego Coat Rack — Saturday, Feb. 12 at 11am, Ages 8+

Learn carpentry skills from a local carpenter, Eric Dutton, who will be teaching a workshop on how to build a functional wooden Lego Coat Rack which attendees will have an opportunity to build and paint. All materials will be provided — just bring your own hammer! This program is tentatively scheduled to be held in-person in February but may be rescheduled for March, depending on COVID-19. Please check our Calendar for updates. Registration is required. Brought to you by the Board of Library Trustees.

Virtual Fortnite Tournament — Thursday, Feb. 24 at 7pm

We are partnering with One Up Games for another Fortnite tournament! The entire event will consist of FOUR games with short breaks in between each game. Platforms include Xbox One / Series X, PlayStation 4 / 5, Nintendo Switch, or PC, and participants will need a Discord account. Visit our Calendar to register! After registration you will receive a confirmation email a few days prior to the event with instructions on how to join and queue up for your matches. Brought to you by the Board of Library Trustees.

Take-Home Craft Kit: Stained Glass Window Mandala — Tuesday, Feb. 8 at 4pm, Ages 8+

Create your own beautiful stained glass clings with intricate Mandala styles using paint which dries clear for a "stained glass look". Clings are easily removable & can stick to any glass surface. Registrants can pick-up their craft kit at their convenience from 2/8-2/12. Please visit our website calendar to register. Brought to you by the Board of Library Trustees.

Take-Home Craft Kit: Clay Leaf Bowl — Thursday, Feb. 24th at 6pm, Ages 8+

Make your own decorative clay leaf bowl using supplies that we provide! You'll bake and paint your colorful creation, bringing your love of the outdoors inside in a unique and personal way. Registrants can pick-up their craft kit at their convenience from 2/24-2/28. Please visit our website calendar to register. Brought to you by the Board of Library Trustees.

## Uxbridge FD awarded \$19,000 for safety equipment

UXBRIDGE — State Rep. Michael Soter and Uxbridge Fire Chief Tom Dion announced that the Uxbridge Fire Department Received \$19,000 in grant funding that the Baker-Polito Administration released under the FY22 Firefighter Safety Equipment Grant Program. This program enables fire departments to purchase a variety of equipment that will make firefighters' jobs safer. This is the second year that funding has been awarded for this purpose as part of a \$25 million bond bill filed by the Baker-Polito Administration to support firefighter safety and health in the coming years.

"This grant award will be a tremendous benefit to the town of Uxbridge," Soter commented. "The funding will allow Chief Dion and his crews to expand their arsenal of equipment while also phasing out older gear. The Uxbridge Fire Department has a long-standing mission of professionally and compassionately serving the residents of Uxbridge. The equipment purchased with the awarded funds will allow crews to continue to faithfully serve the town and the surrounding areas."

"Uxbridge is once again excited to receive the FF Safety Grant from DFS," Tom Dion, Uxbridge Fire Chief, commented. "This grant will help us overcome budget challenges and purchase needed equipment to ensure the safety of our members and those we serve. With this grant, we will be purchasing Ice/Water Rescue Suits to replace some quite old suits that are beyond their useful life. Additionally, we are purchasing an Air Bag Lifting Kit for Rescue operations, and Extrication PPE for our EMS personnel while treating patients in and around hazardous environments (predominantly motor vehicle crashes but not limited to it). My thanks to Rep. Soter for his support and the team at the Department of Fire Services for making this possible."

Fire departments in Massachusetts were able to apply to this program for 118 different types of eligible equipment, including personal protective clothing, gear washers and dryers, thermal imaging cameras, assorted hand tools and extrication equipment, communications resources, hazardous gas meters, fitness equipment, and more. In many cases, the purchase of this equipment will help departments attain compliance with Occupational Safety and Health Administration or National Fire Protection Association safety standards.

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## MILLBURY SENIOR CENTER

**VALENTINE 'S DAY PARTY**  
Tuesday, Feb 8th at 11 – 1 P.M.  
Games and prizes!!  
Lunch will be served  
Chicken Fajitas with Spanish rice,  
black beans & corn  
Pineapple, sour cream pita bread  
Call the center to RSVP by February  
1st 508-865-9154

**NEW SNOW POLICY**  
The Senior Center will be closed  
when the Millbury Public schools are  
closed due to inclement weather  
Closings will be posted on our  
Facebook page!

**COVID-19 BOOSTER APPOINTMENT ASSISTANCE**  
We will assist Millbury Senior residents  
If you do not have access to a computer and need help scheduling an appointment for the Booster  
Please call the center at 508-865-9154

**SENIOR WORK – OFF PROGRAM**  
For Eligible seniors, 60 or older that are residents of Millbury  
Receive up to \$1,500 per year that can be used to pay real estate property tax  
In return for voluntary service at a

town department  
For more information or to pick up an application please call the center at 508-865-9154

**SENIOR CENTER EXERCISE CLASSES!!**  
**LIGHT EXERCISE CLASSES**  
Mondays and Fridays 9:30 A.M. – 10:15 A.M. (Free!)  
**TAI CHI**  
Tuesdays 9:30 - 10:30 A.M. (class is \$3)  
**YOGA**  
Thursdays 9 – 10 A.M. (Class is \$3)

**SENIOR CENTER ACTIVITIES!**  
**WII BOWLING**  
Mondays at 12:30 P.M.  
**MAHJONG**  
Mondays at 12:45 P.M.  
**BLOOD PRESSURE CLINIC**  
Every Tuesday from 9 A.M. - 10 A.M.  
**CRIBBAGE**  
Tuesdays at 1P.M.  
**SOCIAL BINGO**  
Wednesdays at 1 P.M.  
Bring your pennies!  
**DULL MENS CLUB**  
Thursdays at 10 – 11 A.M.  
No reservations required for any of our activities or exercise classes!

Lunches are served Monday through Friday 12 P.M. at the Senior Center  
The menu is available on the town website, [www.townofmillbury.org](http://www.townofmillbury.org)  
Or our Millbury Senior Center Facebook page.  
A 48 hour reservation is required.

**Millbury Senior Center Transportation**  
Transportation is provided for Millbury Senior Residents  
Monday through Friday from 9 A.M. to 3 P.M.  
We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester  
A 48 hour notice is required for scheduling rides (business days)  
Rides are free until January 1st  
For more information or to schedule transportation call the center at 508-865-9154

**“MEMORY CAFÉ”**  
Please join us on Tuesday, January 25th at 2- 3:30 P.M.  
A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.  
refreshments will be served!

We are also looking for volunteers to assist with this program!  
Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

**Millbury Friendly Visitor Program**  
Our Friendly Visitor Program is now being provided by telephone  
Volunteers call clients to check in with them, chat and hear a friendly voice  
For more information on coordinating a Friendly visitor  
Call the center at 508-865-9154

**SNAP APPLICATIONS (Food Stamps)**  
Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.  
Call for an appointment & required documentation  
508-865-9154  
“This project has been funded at least in part with Federal Funds from USDA. This institution is an equal opportunity provider  
The SNAP Logo is a service of the U.S. Department of Agriculture. USDA does not endorse any goods, services or enterprises.”

## SNHU announces Fall 2021 Dean’s List

MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2021 Dean’s List.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 are named to the Dean’s List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Jennifer Burgess of Uxbridge  
Braelyn Sessa of Whitinsville  
Erial Martin of Douglas  
Michelle Thomas of Whitinsville

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 160,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the “Most Innovative” regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at [www.snhu.edu](http://www.snhu.edu).

## SNHU announces Fall 2021 President’s List

MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2021 President’s List.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above are named to the President’s List. Full-time status is achieved by earning 12 credits; undergraduate day students must earn 12 credits in the fall or spring semester, and online students must earn 12 credits in either EW1 & EW2, EW3 & EW4, or EW5 & EW6.

Hannah Cusson of Whitinsville  
Ryan Paul of Uxbridge  
Emily Roberts of Uxbridge  
Michael King of Douglas  
Sal Ante of Uxbridge  
Melanie Emerick of Uxbridge  
Krista Shea of Douglas  
Lindsey Chapin of Whitinsville  
Amanda Geer of Uxbridge  
Allison Colella of Uxbridge

Southern New Hampshire University (SNHU) is a private, nonprofit institution with an 89-year history of educating traditional-aged students and working adults. Now serving more than 160,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as the “Most Innovative” regional university by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at [www.snhu.edu](http://www.snhu.edu).

## Wheaton College students named to Fall 2021 Dean’s List

WHEATON, Ill. — Dean’s List honors are earned by undergraduate students who carry 12 or more credit hours and achieve a 3.5 grade point average or higher on the 4.0 scale. Local students who have earned Dean’s List honors:

Andrew Burkhart of Uxbridge  
Peter Johnson of Uxbridge

Wheaton College (Wheaton, Ill.) is a coeducational Christian liberal arts college noted for its rigorous academics, integration of faith and learning, and consistent ranking among the top liberal arts colleges in the country. For more information, visit [wheaton.edu](http://wheaton.edu).

our legislators to compliment available dollars and reasonably pursue grants.”

The ceremony continued with guest speaker, State Sen. Michael Moore.

“The beauty of vocational schools is how they’ve evolved with the economy,” said Moore. “We have so much need for skilled laborers. This curriculum opens up so many doors – from the businesses that will hopefully be employing you – to the students taking up these skills – there will be many opportunities to advance yourself in the Biotech sector. This program is a great achievement for the school.”

Principal Steele then introduced Vocational Director Dr. Matthew Connors, who completed the lion’s share of the initial planning and spearheaded the project. Dr. Connors explained that from thought to finish, the entire process took two years. He discussed the new technology and equipment in the lab, the future job outlook four years from now available to its students, and thanked everyone who helped make the concept of this shop a reality.

“If ever there was a time to build a Biotechnology facility, it was during

the height of the global pandemic where students are interested and have a desire to make a difference,” said Dr. Connors. “There is a community need, a student desire, and an apropos time if you will, and we’ve brought that all together, which is exciting.”

To determine which student would help cut the ribbon, Vocational Director Michele Denise pulled a name.

Isabelle Kling said, “I was surprised to hear my name called. It was surreal. Since elementary school, I had wanted to go to BVT, but I never thought I would be cutting the ribbon of a new shop.”

The ceremony concluded with Principal Steele, Advisory Member Kristin Gothier, Biotechnology Instructor Susan Piraino, Vocational Director Dr. Connors, Superintendent Dr. Fitzpatrick, and Biotechnology freshman Isabelle Kling cutting a beautiful purple ribbon.

After the ceremony, Kallie Allen of Hopedale donned a new lab coat for a quick picture with her dad to remember the moment. She said, “As the first Biotechnology class enrolled at BVT, I am excited to set the blueprint in this program. A big thank you to everyone

involved. I wouldn’t be in this shop if it weren’t for them.”

BVT is proud to contribute to a workforce pipeline that benefits employers, students, and communities. More information is available at [www.valleytech.k12.ma.us/biotechnology](http://www.valleytech.k12.ma.us/biotechnology).

About Blackstone Valley Regional Vocational Technical High School (BVT)  
Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

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## BVT

continued from page A1

program, and it takes a village to bring this all together. It’s an honor to welcome our first incoming Biotechnology class. Forever in our school history, these 16 students will hold this title.”

Principal Steele mentioned that the renovation was primarily an in-house project recognizing the contributions and hard work of the Facilities team, who helped transform and wire the vocational space at a cost-savings for the district with the help of students.

The ceremony included remarks from Superintendent Dr. Michael Fitzpatrick. “This is an incredibly joyous day to see the expansion of new opportunities,” said Fitzpatrick. “Frankly, each of our 19 vocational programs upgrade every year and changes the skills sets we call competencies. So, in reality, we’re opening new programs, curriculum, training, and expertise in every program every year, and the same is true for our academic programs. While we are eager to expand new programs, we have to do so in moderation while working with

## WCHS Drama Club presents “Alice in Wonderland”

WHITINSVILLE — As the curtain rises, Alice slides into view at the end of her long fall down the rabbit-hole. It is a more delightful place for the audience than for Alice, who is trying desperately to get back home. She tries to get help from the Mad Hatter, the Rabbit, and from the very nice Cheshire Cat.

Please join us for the Whitinsville Christian High School Drama Club presentation of “Alice in Wonderland.” Show times are Jan. 21 and 22 at 7 p.m. with a 2 p.m. matinee on Saturday afternoon. Tickets must be purchased in advance at [whitinsvillechristian.org](http://whitinsvillechristian.org). Masks are required for audience members.

## Nichols College students named to Fall 2021 Honors List

DUDLEY — Many hard-working students at Nichols College in Dudley have achieved Dean’s List or President’s List honors during the fall 2021 semester.

The Dean’s List and President’s List give recognition to those students who achieve high grades during a single semester. In order to be included on the Dean’s List, a student must have a minimum grade point average of 3.5 for at least 12 undergraduate credit-hours and must have received no grades below B- during the semester. Students whose semester grade point average is 3.85 or higher for at least 12 undergraduate credit-hours and no grades below B- will receive President’s List honors.

The following students have received academic honors.  
Christian Antonioli of Douglas received Dean’s List honors.  
Cierra Boucher of Douglas received President’s List honors.  
Noelle Haas of Northbridge received President’s List honors.  
Mandy Laporte of Douglas received President’s List honors.  
Andrew McCarthy of Uxbridge received Dean’s List honors.  
Victoria McPherson of Whitinsville received President’s List honors.  
Taylor Tornberg of Douglas received Dean’s List honors.  
Kristina Brenn of Whitinsville received President’s List honors.  
Casey Holland of Douglas received Dean’s List honors.  
Kiley Lafortune of Douglas received President’s List honors.  
Victorya Pacheco of Douglas received President’s List honors.  
Benjamin Wiersma of Uxbridge received Dean’s List honors.

About Nichols College  
The mission of Nichols College is to educate and enlighten students to capitalize on their ambitions and to become impactful, forward looking global leaders.

## Local students named to Holy Cross’ Fall 2021 Dean’s List

WORCESTER — A total of 1,375 students were named to College of the Holy Cross’ Dean’s List for outstanding academic achievement during the fall semester of the 2021-22 academic year. The following local students made the list:

Tiyana-Marie Bassim of Douglas, member of the Class of 2023, majoring in Political Science and Economics  
Khushi Patel of Uxbridge, member of the Class of 2025, majoring in Undeclared About Holy Cross

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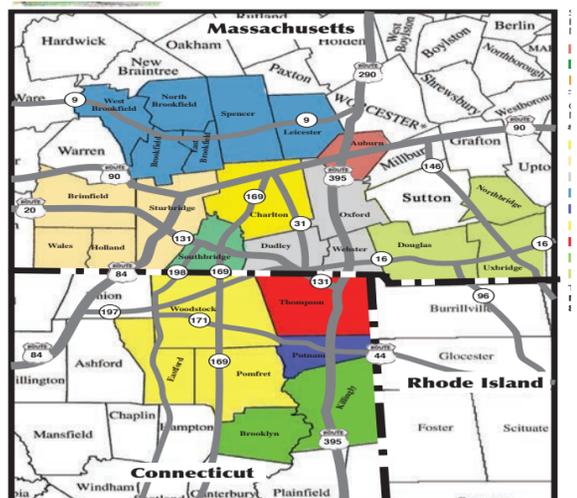
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**EDITORIAL**

# Remembering the man behind the holiday

Offices were closed nationwide this past Monday in observance of Martin Luther King, Jr. Day. King was the chief spokesperson for nonviolent activism in the Civil Rights Movement from 1954 until his assassination in 1968. The federal holiday falls around the birthday of King on Jan. 15.

Republican President Ronald Reagan made the holiday official in 1983. In 1986, the first observation of Martin Luther King, Jr. Day took place. In the year 2000 the holiday was observed by all 50 states for the first time since 1986.

Labor unions in contract negotiations brought the idea of celebrating King via national holiday. Republican Senator Edward Brooke of Massachusetts and Democrat John Conyers of Michigan brought forth the legislation in 1979 where it was five votes shy of passing in the house.

Those in opposition of the day cited costs in that paying federal employees would be too expensive. Others stated that honoring a private citizen would go against tradition in that King never held a public office.

In 1980, Stevie Wonder released the single "Happy Birthday" to shed light on the campaign. The largest petition in favor of an issue in the history of the United States gathered six million signatures.

Two Republican senators from North Carolina (Jesse Helms and John Porter) opposed the bill because of King's opposition to the Vietnam War, and also accused King of being a Communist. An FBI investigation dating back to 1963 turned up no evidence that King had been influenced by communists.

The bill passed the House of Representatives 338-90. Within the bill was language establishing the Martin Luther King, Jr. Federal Holiday Commission. King's wife, Coretta Scott King was made a life long member of this commission by President George H.W. Bush in May of 1989.

Martin Luther King Day is seen as a day to promote equal rights for all Americans. While there are few traditions surrounding the holiday, many educators use the day to teach their students about the struggle against racial segregation and racism. In New Hampshire and Arizona, the day is combined with Civil Rights Day. In Idaho the day is referred to as Human Rights Day, and in Wyoming, Equality Day.

King, who was born in 1929, was an American Baptist minister from Atlanta, Ga. In 1963, during the March on Washington, he delivered his famous 'I have a Dream' speech. In 1964, King was awarded the Nobel Peace Prize for his work in promoting nonviolent resistance and for advocating for Civil Rights.

King was assassinated at the age of 39 in Memphis, Tenn. by James Earl Ray. Ray, 41, was sentenced to 99 years in prison. The assassin died in prison in 1998 from hepatitis.

An excerpt from King's famous speech:

"So let freedom ring from the prodigious hilltops of New Hampshire; let freedom ring from the mighty mountains of New York; let freedom ring from the heightening Alleghenies of Pennsylvania; let freedom ring from the snow-capped Rockies of Colorado; let freedom ring from the curvaceous slopes of California. But not only that. Let freedom ring from Stone Mountain of Georgia; let freedom ring from Lookout Mountain of Tennessee; let freedom ring from every hill and mole hill of Mississippi. From every mountainside, let freedom ring.

"And when this happens, and when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: 'Free at last. Free at last. Thank God Almighty, we are free at last.'

# OPINION

Opinion and commentary from the Blackstone Valley and beyond

## LETTERS TO THE EDITOR

### Grateful for the beauty of Rockdale Common

To the Editor:

There are not enough words to describe how peaceful, beautiful and respectful the Rockdale Common looks and has been maintained, it seems like more than a year now. So exciting to have seniors and others in town stop me at the gym and other places to comment on how beautiful it is. They and I too and the residents at the Rockdale Housing, have all commented on how peaceful and beautiful at night the Christmas decorations made their view from their windows.

I poked around the War Memorial to find a Gaudette Insurance banner. If they are the gardener and artists and person keeping this and the Whitinsville Town Common, so nice; please except the gratitude of hundreds of residents who have noticed.

Take care, and peace and serenity,

VIOLA BRAMEL  
NORTHBRIDGE

### Happy New Year!

To the Editor:

Being sincere in wishing readers a "Happy New Year," and will not engage in churlishness because the average person endured enough bad news in 2021. Italicized commentary follows these 'bloopers,' but when chuckles die, don't forget St. Augustine's elements of change: anger, hope and courage.

House Speaker Nancy Pelosi: "You don't need God anymore: you have us Democrats." (2006) She's a Catholic?; "We just have to pass Obama's Healthcare (Affordable Care Act) to see what's in it." (2010) Pardon this image, but one doctor retorted, "That is also the perfect definition of a stool sample."; "You need to vote for Democrats; otherwise illegal aliens will lose their rights." (2019) Borders still open!

Rep. "AOC": "Owning guns is not a right. If it were a right, it would be in the Constitution." (2018) Really must reintroduce Civics in classrooms as an institutional 'survival' course!

Sen. Bernie Sanders: "Social Security has nothing to do with the deficit." (2012) Cause and effect of Economics 101 are still ignored because his spending proposals remain 'unconnected' to the results, i.e., more debt/deficit and increased inflation.

President Barack Obama: "You have a business, you did not build that. Someone else did!" (2012) No one, much less a present-day small business owner, appreciates this sentiment! The sorrow over economic loss of countless small businesses and owners' personal tragedies are indescribable when blood, sweat, tears and last penny, poured into 'life-dreams', were reduced to ashes by "mostly peaceful" protests of '20-'21, or (while still standing) were destroyed by COVID restrictions from '20-'22.

Sen. Elizabeth Warren: "Having an abortion is no different than having one's tonsils removed." (2018) At its core this seems a 'heartless dismissal' of the mental and emotional agony involved in the decision.

Rep. Sheila Jackson: "Homicide is the leading cause of murder." (2016) '21 crime statistics in cities large and small attest to that truth! Further, considering the continuing 'defund the police'

measures and nation-wide DA refusals to prosecute criminals more sad statistics will be recorded this year.

VP Joe Biden: "No ordinary American cares about Constitutional rights." (2015) Speeches and actions since taking the Oath to "protect and defend the Constitution of the United States" as our 46th President in '21 (seem to) sustain that wrong-headed opinion. BTW, where is promised 'unity' and 'transparency'?

VP Kamala Harris: "Certain dates live in our minds: Dec. 7, 1944; Sept. 11, 2001; and Jan. 6, 2021." Equating those sacred dates, when thousands of innocents were killed by foreign enemies, insults the living and dead! To objective reviewers, Jan. 6th shows our 'democracy', traumatized as it was, continued to function. Furthermore to this very day, the government functions as the Constitution intended! Yet the 'investigating' committee and current media insist on painting all participants as "domestic terrorists". Not suggesting we forget abhorrent scenes of criminal activities on Jan 6th or not prosecute guilty parties. However, based on common sense, reject the false storyline that date actually represents a "clear and present danger to the Nation" in perpetuity. Instead, pay attention to current attempts to abolish the filibuster and federalize election law in the name of "voting rights"; thereby stripping state legislatures of their constitutionally-guaranteed authority. Recently, it was disconcerting to hear the President compare those who disagree on this point to Jefferson Davis, George Wallace, and Bull Connor. Such 'demonization' is undignified and counter-productive to open debate. Long may the 1st Amendment and Constitution prevail, especially in these perilous times!

Granted, there is no monopoly on political slips-of-lips, but these (publically attributed) quotes shine lights on those controlling government today. Ending with a gentle reminder from Washington's Farewell Address (1796) calling for an "enlightened public opinion" and a (perhaps stern?) warning from Ben Franklin, "We are all born ignorant, but one must work hard to remain stupid."

JANE F. KEEGAN  
UXBRIDGE

# The Gateway Process Part 1

How powerful is human consciousness? Can we influence matter and reality with our thoughts?

POSITIVELY SPEAKING

TOBY MOORE

A couple of years ago, I read a document from the US Army and released by the CIA. It's a very complex document steeped in scientific language.

It delves deep into the powers of the human mind in a way that most books about positive thinking never do.

In 2003, this document was declassified by the CIA. It's named Analysis and Assessment of Gateway Process. The paper attempts to break down the nature of the reality that we live in. The PDF can be found at CIA.gov by googling, "The Gateway Process PDF."

It was written in 1983 by Lt. Col. Wayne M. McDonnell, whom we will refer to as Wayne. He was tasked with reporting back to the Commander of the US Army Operational Group at Fort Meade, Maryland, with all of his experiences learning the techniques of The Gateway Process.

During this period in time, the Military was interested in all sorts of psychic research in an attempt to keep pace and outdo the arch-enemy of the day, The Soviet Union.

A little history on The Gateway Process reveals that In the 1950s, a radio executive named Robert Monroe began to produce evidence that specific sound patterns affect the mind, including alertness, sleepiness, and expanded states of consciousness.

Robert Monroe formed a division inside his company to further study this phenomenon. The research continued for many years until, in 1962, he renamed his company to The Monroe Institute. The Gateway Process is a technique developed by The Monroe Institute, which recorded a series of audiotapes on practicing this technique.

According to this document, "The Gateway Experience is a training system designed to bring enhanced strength, focus, and coherence to ... brainwave output between the right and left hemispheres, moving it outside the physical sphere... to ultimately escape even the restrictions of time and space."

Wayne partnered with several different people to produce the report, including Itzhak Bentov, an American-Israeli scientist who helped pioneer the biomedical engineering industry.

From the outset, Wayne felt it was important to tell his Commander that it is his opinion that after having completed the analysis to point out that his conclusions "do not do violence to the fundamental eastern or western belief systems."

The document describes, in detail, matter and energy. Most of us think that everything around us is composed of energy and matter and that energy and matter are two different things. We think of matter as a physical substance like a rock or a piece of wood, and energy as some force, like electricity or fire.

Wayne writes, "matter and energy tend to be misleading if taken to indicate two distinctly different states of existence in the physical world... solid matter ... simply does not exist. Rather, atomic structure is composed of oscillating energy grids surrounded by other oscillating energy grids..."

Turn To **POSITIVELY** page **A9**

## LETTERS

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# Ice conditions improve



Courtesy

This weeks picture shows Eleanor and Dexter Briggs fishing with their dad at the Uxbridge Rod & Gun Club this past Saturday.

This past weekend saw a stampede of ice fishing anglers on many ponds and lakes, as the ice conditions improved dramatically. This past Saturday was extremely cold, and only die-hard anglers were fishing, but Sunday, although cold, had light winds and sunny skies. Reports of fast action on jig sticks and ice tilts was good news for

fishermen. Many local bait shops also reported brisk sales, with some shops selling out of live bait early Sunday morning.

A report of a large 40-plus-inch Northern pike was made at a local tackle shop with the angler producing a picture of the huge fish. He claimed he caught the monster fish at the Arcade Pond in Whitinsville & releasing the fish after a photo shoot. I have no reason to question the angler, as to where he caught the huge fish, as they have been caught in many small ponds in the valley. Although it is illegal to take fish from one area, and restock them in another lake or pond, anglers continue to do it. It is unfortunate that Mass. Fish & Wildlife has chosen to stop stocking ponds like Manchaug with juvenile fish that had produced a good amount of adult Northerns after they were stocked back in the '80s or so.

A lot of big fish were reported this past weekend by ice fishermen that braved the cold. Large pickerel and bass were caught by numerous anglers fishing with live shiners and jig sticks. The smell of a fire and venison cooking at many gatherings was noted. The heavy rain this past Monday should freeze, and make the ice even thicker, if the weathermen were correct in their forecast. This writer was shown a video of a car in truck falling through the ice in Maine last week. Driving vehicles on

the ice can be dangerous, as these ice fishing anglers found out.

They decided to put all of their efforts into stocking areas like Brookfield, and even then, the Pike program was brought back by a single female angler whose name was Terry, an active member of the Brookfield Rod & Gun Club. Mass. Fish & Wildlife still stocks Lake Quinsigamond in Worcester & Shrewsbury with juvenile pike, but is considered by many to have low water quality, especially in the spring when waste water is released into the lake after heavy rain. Her and her friends raised the money to purchase a few thousand juvenile pike, and had the MFW assist in the stocking. It was at a time that MFW was not buying or trading fish because of fish being infected with disease in other states.

Now that the deer season in Massachusetts is over, many sportsmen are in search of antler droppings from deer: The deer shed their antlers every year, and grow new ones starting in the spring. Antler hunting can become a family affair, and can reveal how big some of the bucks are that remain in their favorite hunting spots. Antlers are also considered a prize when one is located, and they are used to make knife handles, lamps, and many other things



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including jewelry. If the antlers are not found before spring, many are chewed on by mice, squirrels and other ground feeding animals.

The Uxbridge Rod & Gun Club stocked their pond with some

impressive trout this past Friday, and is now open to club members to fish. A fishing derby is being planned for this Saturday, but plans were not complete in time for this column's deadline!

Cottontail rabbits are still fare game in Massachusetts, and sportsmen that own a good beagle, could find themselves enjoying an old fashion rabbit hunt. The increase in the cottontail rabbit population in the last couple of years was good to see, and hopes are high for another great year. Of course, local gardeners were not too happy with the increase in the rabbit populations, as many vegetables were eaten by these munchers before they could be harvested.

It is doubtful if any sportsmen's shows will actually take place this year because of Covid fears. Covid has sure changed our lives dramatically!

Take A Kid Fishing & Keep Them Rods Bending!

## An Array of Assorted Tips and Tricks

As we gear up for a new year, this week's column will highlight a medley of ideas to make everyday life just a little bit easier. And remember readers, your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge!

Simply send in a hint to be entered into the random drawing.

**\*\* Practice Power Naps:** Here's a quick lesson in Napology! A "power nap", which can clear your brain and increase productivity, is typically only fifteen to 20 minutes long. And, if you're catching 40 winks on a lunch break, set your cell alarm. A nap longer than a half hour can make you sluggish and defeat the power nap's purpose!

**\*\* Candle Capers:** Winter is the season for candles! The next time you light floating candles, place them in cold water and they'll burn longer! Here's a candle FYI: Candles don't just cover up odors? They eliminate them by burning off the tiny odor particles that permeate the air!

**\*\* Bye Sniffles:** Stuffy nose this season? Whip

up this Vicks Stick done to clear your sinuses fast! Place one quarter teaspoon of coarse salt in a small glass vial with a tight lid. Add five drops of eucalyptus oil. When the salt absorbs the oil, shake to activate, then open vial and inhale to clear nasal passages.

**\*\* Kitchen Helps:** Here are a couple of culinary shortcuts to cook up a storm in record time: If a recipe calls for clarified broth, simply pour regular broth through a coffee filter to clarify it quickly and easily! And here's the easiest way to degrease cooled meat soups and stews: Just put a sheet of waxed paper directly on top of the liquid before refrigerating.

**\*\* Tips to Reduce Cholesterol:** Want to reduce your cholesterol? Try topping soups and stews with ground flaxseed to reduce heart attack risk. In a study, forty grams of ground flaxseed every day for three months reduced cholesterol by six percent.

**\*\* Attention Do it Yourselfers:** Did you know nonstick vegetable spray such as Pam can be



TAKE  
THE  
HINT  
KAREN  
TRAINOR

used to lubricate sticky locks, metal gears, and even bicycle chains in a pinch? And never use oil for squeaky door hinges, use a dab of Vaseline - for a dripless job well done!

**\*\* Wax Nostalgic:** Remember wax paper? Try these creative uses: Rub a sheet on your counter tops after you clean. They'll not only have a nice gloss, but the finish will repel dust and dirt. And if you rub wax paper along your closet rod, even your metal your hangers will glide smoothly!

**\*\* Hop to it: Can't sleep?** An ancient insomnia tip calls for putting dried hops in a pillowcase. And if you have trouble sleeping on a regular basis, the answer may be as simple as a multivitamin. Make sure you have enough iron, calcium and potassium, all which encourage a healthy sleep.

life is vibration."

Wayne goes on to describe that the entire universe is "one gigantic hologram of unbelievable complexity."

If that doesn't make your head spin, then read further. In extreme scientific language, Wayne describes that the only thing in the universe that isn't made of energy... is human consciousness.

He quotes psychologist Keith Floyd, "it may not be the brain that produces consciousness—but rather, consciousness that creates the appearance of the brain..."

If consciousness is the only thing in our universe that is not energy, what is consciousness? Can we use our consciousness to change our reality and manifest our dreams? Find out next week in Part 2 of The Gateway Process.

### POSITIVELY

continued from page A1

Again, it says, "Solid matter... simply does not exist." Starting to sound a little like the hit film The Matrix?

The scientific genius Nikola Tesla said, "If you wish to understand the universe, think of energy, frequency, and vibration."

Matter is just energy vibrating at incredibly high speeds. What we call matter is just variances in states of energy. Our body, and everything around us, in the entire physical universe, is an incredibly complex system of energy fields. Everything down to the smallest molecule is vibrational energy.

Albert Einstein said, "Everything in

## Rawson Materials purchases Bevilacqua Asphalt

UXBRIDGE — Rawson Materials, a quality aggregate producer, has purchased substantially all of the assets of Bevilacqua Asphalt Corp. in Uxbridge. The company will continue to operate under the trade name Bevilacqua Asphalt and will remain a dependable and industry leading source for hot mix asphalt for commercial and residential paving projects.

This asset purchase was completed on Tuesday, Dec. 21 after several months of negotiations between Rawson Materials' President, Jeffrey Rawson and Bevilacqua Asphalt founder, Steven Bevilacqua. Nicholas Bevilacqua, Steven's son, has been appointed President of the new division and looks forward to continuing the legacy that was created by his father.

Regarding the transaction, Jeffrey Rawson stated, "Rawson Materials is extremely pleased to announce the purchase of Bevilacqua Asphalt. With shared visions of success and opportunities for growth of the business and with continued support for the community, this was a partnership that developed with perfect timing. Joining forces, we will be able to expand our footprint on an even larger scale to provide new and existing customers with a vast variety of products and services as we diversify our portfolio while vertically integrating. We are excited to see what 2022 brings for all of us as a team!"

Rawson Materials has proudly served Connecticut, Massachusetts, Rhode Island & New York for 75 years. For more information, contact Crystall Simonson, Director of Communications, at (860) 963-6584, ext. 1304 or visit [www.rawsonmaterials.com](http://www.rawsonmaterials.com).

**\*\* Shoo Flu:** Want another weapon in the fight against colds and flu? According to several Japanese studies, gargling with black tea twice a day from October to March, significantly improved participants abilities to fend off the common flu.

**\*\* Win Dinner for Two at the Publick House - Contest has resumed!**

Your tips can win you a great three course dinner for two at the historic

Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email [KDRR@aol.com](mailto:KDRR@aol.com). Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## Grow herbs indoors for year-round enjoyment

Add garden fresh flavor to your meals year-round. Grow a few of your favorite herbs indoors, harvest and enjoy.

Select a variety of herbs you and your family enjoy and use for cooking, decoration, or fragrance. Basil, chives, cilantro, oregano, marjoram, mint, parsley, sage and thyme are some of the easier herbs to grow indoors. Purchase plants or seeds from your local garden center, favorite garden catalog or produce section of the grocery store.

Most herbs need six to eight hours of bright light each day. A south-facing window in winter is best but an east- or west-facing window may be sufficient. Increase success with artificial lights. Set the timer for 14 to 16 hours a day and keep lights six to 12 inches above the plants.

You will find lots of energy efficient and stylish options for just about any space. Sleeker designs like Gardener's Supply Micro Grow Light Garden can be placed on the kitchen counter or a small table. Furniture grade options like Bamboo LED Grow Light Garden (gardeners.com) make it easy to grow herbs in just about any room in the house.

Use a variety of plants to create an attractive display in a large windowsill planter. Combine plants that have the same growing requirements to ensure success.

Or place each herb plant in its own container. A four- to seven-inch pot is a good size when starting with smaller plants. Growing individual plants in their own container allows you to provide the specific watering, care and transplanting they need.

Select containers with drainage holes or reduce maintenance and increase success with self-watering containers like Viva self-watering planters. Just fill the water reservoir that gradually releases water into the soil for the plants to use. You will need to water less often.

Fill the container with a well-drained quality potting mix. Many contain a slow-release fertilizer, providing weeks or even several months of nutrients for your plants. Just check the label for details and adjust fertilization as needed.

Water the containers thoroughly whenever the top inch of soil is dry. Pour off excess water so the plant does not sit in the excess and succumb to root rot. Or place pebbles in the



Courtesy — Gardener's Supply Company

Artificial lights ensure herbs receive enough bright light to successfully grow indoors.

GARDEN  
MOMENTS  
.....  
MELINDA  
MYERS

tray to elevate the pot above any water that collects in the saucer or tray. This means less work for you and better growing conditions for the plant.

Incorporate a slow-release fertilizer or use a dilute solution of any indoor houseplant fertilizer once the nutrients in the

potting mix are spent. Follow label directions and do not overdo as too much fertilizer can harm your plants.

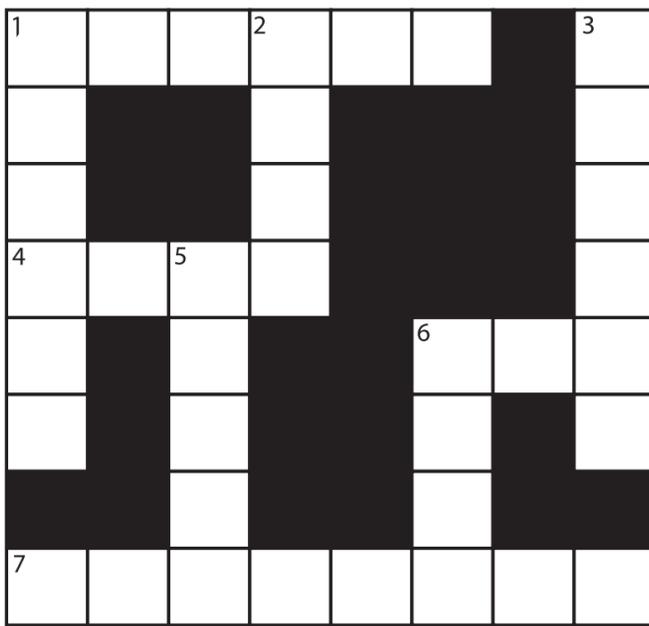
Begin harvesting most herbs when they reach six to eight inches in height and as needed. Use a sharp pair of garden scissors, snips, or hand pruners. Make cuts above a set of healthy leaves so the remaining plant is neater and tidier in appearance. As the plant grows, you will be able to harvest larger quantities and more often.

Start with a few of your favorite herbs and expand your collection as you gain experience. Soon you will be confident and eager to try more challenging favorites.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardener's Supply* for her expertise to write this article. Her Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).



### Crossword Puzzle



#### ACROSS

- 1. Devices with wheels or blades
- 4. Enclosed area for skating
- 6. Frozen water
- 7. Made a surface even and regular

#### DOWN

- 1. Physical activities
- 2. Speak and express
- 3. Ice sport
- 5. Tortilla chip with cheese or other topping
- 6. One-twelfth of a foot

Answers:  
 ACROSS  
 1. Skates 4. Rink 6. Ice 7. Smoothed  
 DOWN  
 1. Sports 2. Talk 3. Hockey 5. Nacho 6. Inch

### THIS DAY IN...



- **1576:** THE MEXICAN CITY OF LEON IS FOUNDED.
- **1981:** RONALD REGAN BECOMES THE OLDEST U.S. PRESIDENT TO TAKE OFFICE AT AGE 69 AND 349 DAYS. JOE BIDEN, 78, WOULD LATER BECOME THE OLDEST.
- **1986:** MARTIN LUTHER KING, JR. DAY IS CELEBRATED AS A FEDERAL HOLIDAY FOR THE FIRST TIME.



### SLICK

smooth, wet and slippery



BALANCE IS A NECESSITY WHEN PLAYING THIS SPORT, WHICH INVOLVES STANDING ON THIN BLADES.

ANSWER: ICE SKATING

### How they SAY that in...

- ENGLISH:** Ice
- SPANISH:** Hielo
- ITALIAN:** Ghiaccio
- FRENCH:** Glace
- GERMAN:** Eis



ICE SKATING IS A PART OF VARIOUS COMPETITIVE SPORTS, INCLUDING ICE DANCING, FIGURE SKATING, SPEED SKATING, RINGETTE, AND ICE HOCKEY.



Can you guess what the bigger picture is?

ANSWER: HOCKEY SKATE



### CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to food service.  
 Each number corresponds to a letter.  
 (Hint: 2 = E)

**A. 25 14 21 4 2 12**

Clue: Places to sit

**B. 12 2 10 6 2 10**

Clue: Waiter or waitress

**C. 10 2 12 25 14 24 10 14 8 25**

Clue: Food establishment

**D. 21 22 4 4**

Clue: Tab

Answers: A. tables B. server C. restaurant D. bill

### SUDOKU

	3	2		7				
	8			1	4			
6	4		9					
					7			
7				1	2		6	5
		6				1	3	
	6	5					9	
				4				
				3	9			8

Level: Advanced

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	6	9	3	5	4	1	2
1	5	3	4	6	2	9	7	8
4	9	2	8	7	1	5	6	3
9	3	1	8	7	6	2	4	5
5	6	8	2	4	3	9	7	1
2	7	4	9	6	3	8	5	1
7	8	5	2	3	1	9	4	6
3	6	1	5	9	2	7	8	4
6	4	2	3	8	7	5	1	9

ANSWER:

**SCHLEINITZ**

continued from page A1

This recognition is awarded by the Massachusetts Secondary Schools Athletic Directors Association and honors a student who has “contributed to high school athletics in a meaningful and lasting way,” according to the school. Each of the nine MSSADA districts in the state nominates one student for this award; Schleinitz was the awardee from District 2 due to her efforts not only on the field but also in the classroom, the school released.

District 2 comprises the Worcester Public Schools, Dual Valley Conference, and Southern Worcester County League.

In a school statement, Schleinitz was described as a hard-worker with “a tremendous desire to excel,” and an individual who always leads by example and has demonstrated a shared responsibility of high standards of excellence both on and off the field.

“As a member and president of the Student Council, Cecilia has accumulated countless hours of community service through our connection with our local food pan-

try and various other organizations that the school supports throughout the year,” Uxbridge High School released in a statement. “Additionally, for the past three years, Cecilia has been one of UHS’ MIAA Student Ambassadors where she participates in multiple community service leadership workshops throughout the school year.”

The goal of the MIAA Student Ambassador program is to collaborate with other student-athletes across the commonwealth to learn new and innovative ideas to bring back to the school and the community.

This year, Schleinitz was elected to a seat on the UHS School Council as well.

“We could not be prouder for Cecelia,” Rubin said. “This award is a testament not only to the hard work and dedication she has brought to our school on a daily basis, but also the many ways she has found a way to be involved. This is incredibly well-deserved.”

According to the school, Schleinitz has been a member of the Girls’ Varsity Soccer team since her freshman year and has been the team captain for the

past two years. Since eighth grade, Schleinitz has been a member of the Girls’ Indoor and Outdoor Track and Field programs as well. During her junior year she was named team captain for both the Indoor and Outdoor season. She competes in a variety of events, based on what the team needs, from the 300 meters up to the two-mile indoors, and the 100 hurdles and 400 hurdles outdoors. She also threw the shot put and javelin when needed, despite being an accomplished jumper as well.

“Cecelia gives a tremendous effort during all practices, games, con-

ditioning workouts, film review and team meetings and is a key component for their recent success,” said Girls’ Soccer Coach Allyson Durkin. “She is a role model for all of the players on the field, and her passion does not go unnoticed.”

“Her willingness to adapt for the sake of her teams’ successes has made her an excellent leader and role model for her teammates,” added Girls’ Track Coach Walter Berkowicz. “She truly is a pleasure to coach.”

Schleinitz will be presented the award at a banquet this spring.

**E-SPORTS**

continued from page A1

Assistant Principal Eric Tracey to establish E-Sports at the school, adding that he found the experience “rewarding.”

And now, the team has won the MSAA Smash Ultimate State Championship.

“The [students] put in a great deal of training, learning the ins and outs of the game, to compete at the level they did,” Miller said. “They approached the game as a

serious mental and technical challenge, and dedicated the same amount of practice and development as would be seen in a traditional team sport.”

PlayVS offers competitive leagues for several online video game titles where school teams across the state can compete in ranked multiplayer matches, according to a school statement. Northbridge High School fielded one team—the “Super Smith Brothers”—for Super Smash Brothers Ultimate, a competitive

online fighting game featuring a variety of playable characters, each with their own moves and techniques.

Playing competitively requires “mastering those techniques and learning how to read and counter the techniques and play styles of opponents,” the school released.

The Super Smith Brothers team consisted of four members, including the three Smith brothers—Patrick, Christopher,

and Matthew—as well as Christopher “Chip” Gagner. Each week the team faced off against other schools throughout Massachusetts in a best-of-three matchup. Games were played online on a Nintendo Switch set up from Miller’s classroom.

“We are fortunate to have a dedicated trio of students, who happen to be brothers, who have pushed for the past couple years to get NHS involved in E-Sports,” Miller said. “Christopher, Patrick, and Matthew Smith... were instrumental in

getting E-Sports started here. Wanting to compete at a serious level, the Smiths (and our fourth-line player, [Gagner]) dedicated their time and effort to meet for our weekly matches against other schools throughout Massachusetts.”

The Super Smith Brothers team was undefeated in the regular season and triumphed in the playoffs, facing off against the Minnechaug Regional High School Falcons in the MSAA Smash Ultimate Final. In their closest match of

the season, The Super Smith Brothers won the championship after a pivotal game-five victory by Christopher Smith.

“E-Sports has come a long way in the past several years, with major competitions being held globally and more schools competing in structured leagues,” Miller added. “We still have a long way to go to NHS, especially in terms of hardware that can run all the offered video game titles, but we will be competing again this spring in the PlayVS MSAA Spring Season.”

# LEGALS

**A.C. 92A**

**Commonwealth of Massachusetts  
21E0075PP  
Worcester, ss.  
Probate Court**

To David Stanley Jennifer Stanley both of Uxbridge in the County of Worcester and Dennis Stanley of Woonsocket in the State of Rhode Island and to all persons interested.

A petition has been presented to said Court by Beth Stanley of Uxbridge in the County of Worcester representing that she hold as tenant in common undivided part or share of certain land lying in Uxbridge in said County Worcester and briefly described as follows:

A certain lot or parcel of land situated on the westerly side of Douglas Road in the Town of Uxbridge, Massachusetts, bounded and described as follows:

BEGINNING at a point on the said westerly side of Douglas Road at the most southerly corner of the lot herein conveyed;

THENCE N. 25° 20' 21" W., 637.88 feet by land now or formerly: of Homuth-Trombino to a point;

THENCE N. 39° 31' 53" W., 886.70 feet by land now or formerly of the International Church of the Foursquare Gospel to a rebar found;

THENCE S. 49° 40' 45" W., 82.30 feet to a point at land now or formerly of Bernard for a point;

THENCE N. 40° 45' 48" W., 524.59 feet to an iron pin found;

THENCE N. 39° 34' 08" W., 520.02 feet to a drill hole; .

THENCE S. 89° 07' 15" W., 396.80 feet to a drill hole found;

THENCE N. 04° 17' 18" E., 102.06 feet to a stake;

THENCE N. 12° 54' 25" W., 439.48 feet to a rebar found;

THENCE N. 60° 45' 58" E., 387.90 feet to an iron pin;

THENCE S. 61° 05' 29" E., 1,509.74 feet by Route 146 to a point;

THENCE S. 04° 53' 50" E. 435.34 feet to a drill hole found in a heap of stones;

THENCE S. 43° 54' 48" E. 589.12 feet to a point;

THENCE S. 30° 15' 19" W. 445.20 feet to an iron pin found;

THENCE S. 33° 45' 39" E., 606.88 feet to an iron pin found at Douglas Street, Route 16;

THENCE S. 43° 31' 00" W., 36.35 feet to a Worcester County Highway Bound;

THENCE southerly for a curved distance of 263.75 feet by said Douglas Street, Route 16 to the point of beginning.

Setting forth that her desires that – all – the aforementioned described part – of said land may be sold at private sale for not less than \$550,000.00 dollars, and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof. If you desire to object thereto you or your attorney should file a written ap-

pearance in said Court at Worcester before ten o'clock in the forenoon on the fourth day of February 2022 the return date of this citation.

Witness, LEILAH A. KEAMY, Esquire, First Judge of said Court, this twenty-seventh day of December 2021.

Stephanie K. Fattman  
Register of Probate

January 14, 2022

January 21, 2022

January 28, 2022

**NOTICE OF TIER CLASSIFICATION  
29 DEPOT STREET  
DOUGLAS, MASSACHUSETTS  
MASSDEP RTN 2-21463**

A release of oil and/or hazardous materials (e.g., No. 2 fuel oil) has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. The Site has been classified as Tier I pursuant to 310 CMR 40.0500. In January 2022, the Town of Douglas filed a Tier I Classification Submittal with the Department of Environmental Protection (MassDEP).

To obtain more information on this disposal site, please contact Omni Environmental Group, LLC, 6 Lancaster County Road, Harvard, MA 01451, (tel.) 978-256-6766. The Tier Classification Submittal and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) 2-21463 at <http://public.dep.state.ma.us/SearchableSites2/Search.aspx> or at MassDEP Central Regional Office, 8 New Bond Street, Worcester, MA 01606, 508-792-7650. Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404. January 21, 2022

**NOTICE OF  
MORTGAGEE'S SALE  
OF REAL ESTATE**

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by **Robert L. Fraser and Pamela J. Fraser** to Mortgage Electronic Registration Systems, Inc. as nominee for Decision One Mortgage Company, LLC dated November 6, 2006, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 40152, Page 205; said mortgage was then assigned to Wells Fargo Bank, NA, as Trustee for the Holders of Morgan Stanley ABS Capital I Inc., Trust 2007-HE4, Mortgage Pass-Through Certificates, Series 2007-HE4 by virtue of an assignment dated June 13, 2012, and recorded in Book 49176, Page 194; as affected by a Corrective Corporate Assignment of Mortgage dated October 28, 2020, and recorded in Book 63823, Page 160; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 02:00 PM on **February 17, 2022**, on the mortgaged premises. This property has the address of 5 Grove Street, Whitinsville, MA 01588. The entire

mortgaged premises, all and singular, the premises as described in said mortgage:

The land with the buildings thereon in the Village of Whitinsville, County of Worcester, Massachusetts, in the Town of Northbridge, Worcester County, Massachusetts located on the westerly side of Grove Street, being shown as Lot #3 on a Plan entitled, “Section B, Sheet No. B-5, Whitin Machine Works, Northbridge, Mass., January, 1960 T. Bertrand Bibeault, Civil Engineering, Woonsocket, R.I.”, recorded with the Worcester District, Registry of Deeds in Plan Book 245, Plan 84. Tax id#: 7-201

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

**Terms of Sale:** Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS (\$10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC (“DG&L”), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property

at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the “Escrow Agent”) until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged. Other terms, if any, to be announced at the sale.

Wells Fargo Bank, National Association, as Trustee, on behalf of the registered holders of Morgan Stanley ABS Capital I Inc. Trust 2007-HE4, Mortgage Pass-Through Certificates, Series 2007- HE4

By its Attorney DOONAN, GRAVES & LONGORIA, LLC, 100 Cummings Center, Suite 303C, Beverly, MA 01915 (978) 921-2670 [www.dgandl.com](http://www.dgandl.com) 56587 (FRASER)

January 21, 2022

January 28, 2022

February 4, 2022

**(SEAL)**

**THE COMMONWEALTH  
OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF  
THE TRIAL COURT  
DOCKET NO. 20 SM 000269  
ORDER OF NOTICE**

To:

TO: Judith H. Palmer and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. C. 50 §3901 (et seq): PHH Mortgage Corporation successor by merger to Ocwen Loan Servicing, LLC

claiming to have an interest in a Mortgage covering real property in Uxbridge, numbered 166 Douglas Street, given by Campbell E. Palmer and Judith H. Palmer to Mortgage Electronic Registration Systems, Inc., as mortgagee, acting solely as a nominee for Cross Country Mortgage, Inc., dated August 24, 2010, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 46256, Page 373, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before 02/28/2022 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on 1/12/2022.

Attest: Deborah J. Patterson  
Recorder

January 21, 2022

# REAL ESTATE



**Lake Realty**

Jules Lusignan

T.A. King

Maureen Cimoch

Ellen Therrien

John Kokocinski

Adrienne James



**SMART**

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**WORKSHOP**  
continued from page A1

demos has been positive, Frieswick said virtual efforts are lacking in "hands-on help and encouragement."

"That is why it is important—to help maintain inspiration to do our craft and provide the world beautiful images—we need in-person meetings," Frieswick said.

The workshop is being held in conjunction with support from Open Sky's ValleyCAST and the Northbridge Cultural Council.

As of press time, there were still a few spots left open to the general public. Some supplies will be available for beginners, Frieswick added.

Ventola said of the workshop that individuals will be able to work on a minimum of two paintings after his demo.

"Please join me for this fun, one-day workshop as we thoroughly explore and examine the pastel process from early concept to finished painting, where you will learn firsthand how to execute simple practices and push the limits with advanced techniques," Ventola said in a workshop description.

The focus of the workshop will be on the "dynamic landscape" and how to express oneself through art by "thinking and creating dramatic compositions, adding intense value and lighting techniques, and utilizing head-turning color palettes."

"Leave your comfort zone and learn how to begin with an effective underpainting and layer building for finishing touches. We will even review framing and supplies, and current marketing practices to give you and your work the love it deserves."

The workshop has a snow date of Saturday, Feb. 12. To RSVP for this event, contact Frieswick at csf@meganet.net.

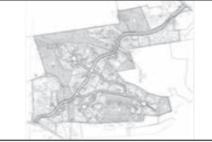


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# SPORTS

## Middle two quarters turn the tide in Rams' favor to surge by Oxford



Nick Ethier photos

Northbridge's Cam Boucher shields the ball from an Oxford defender and finishes off a pair of his 18 points in the Rams' 73-56 victory versus the Pirates.

By Nick Ethier  
Sports Editor

OXFORD — The Northbridge High boys' varsity basketball team may have led Oxford High after the first quarter of play, 11-7, when the Rams and Pirates met on Tuesday, Jan. 11, but it was the middle two quarters that led the visitors

to victory.

Northbridge won second quarter scoring, 31-15, and then took the next frame by a 24-6 count. That gave the Rams a comfortable 66-28 lead through three quarters as they cruised to a 73-56 win

"They stayed in a zone and we got the ball moving the way we've been trying to, which

led to some open looks that we knocked down. We were patient and aggressive at the same time," explained Northbridge head coach Aaron Katz. "We started diversifying what we are doing and who is doing it, getting it inside and out for shots — all clicking at the right time."

Katz was pleased to see a plentiful amount of points being scored, as two games prior the Rams went cold in a 56-41 loss to David Prouty Regional on Jan. 4.

"We faced a good and hot David Prouty team last week and we did not shoot well. That's why tonight is good, because we know we can do it," said Katz. "We're progressing and everyone is settling into their roles."

Cam Boucher (18 points), Ryan Boyce (16 points), Ian Gahan (14 points, 10 rebounds) and Nikolas Hayes (10 points) were all in double figures for Northbridge, and all had their moments — particularly in the second and third quarters. Boucher had an eight-point second quarter, which included a pair of 3-pointers. Boyce also had two 3's in the second and scored 12 points in the frame. Gahan came alive in the third quarter, scoring 10 of his points there. And Hayes netted seven of his points in the second.

On the flip side, Oxford could only muster seven made baskets (and five free throws) over the course of the second and third quarters.

"Every once in a while you have a flat game, and I don't want to take anything away from Northbridge," said

Pirates' head coach David Aldrich. "I'm not happy with what we did. We came out a little soft in the first period."

Aldrich was quick to add that Oxford won't look too much into the loss — "we've been playing great," he mentioned — and will refocus.

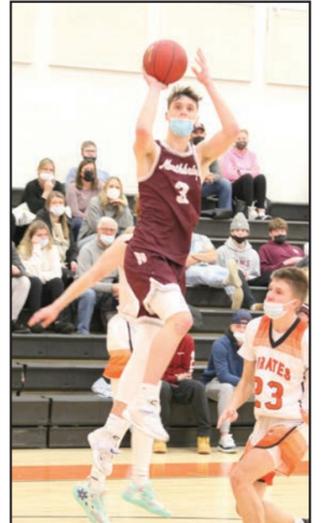
"We just had a heart-to-heart talk," Aldrich said. "We've just got to throw the tape in the trash, forget about it, wipe the slate clean, come back to practice tomorrow and start again."

Brady Margoupis led the now 2-4 Pirates with 27 points, including 12 in the fourth quarter with Oxford pressing the issue and cutting into the deficit. But complementary scoring was hard to come by, as teammate Evan Brindisi (10 points) was the only other Pirate in double figures.

"Brady Margoupis is our leading scorer, everybody knows he's coming, so now other people have to step up," Aldrich said while noting the youth movement on the roster. "We're really young."

Northbridge made it a point to hold Margoupis in check, which they did as he totaled 11 points during the important second and third quarter stretch. Back on Dec. 28, 2021, Margoupis scored 28 points with seven 3-pointers versus the Rams, as Oxford held a one-point lead into the fourth quarter until Northbridge rallied with a 28-12 run to win the game.

"Knowing he hit seven 3's against us last game, we came in knowing that he's what drives them and we had to focus on him," said Katz, as the



Nikolas Hayes of Northbridge elevates off the ground and shoots a runner along the baseline. Rams improved to 6-2.



Northbridge's Anderson Barnicoat-Sansone avoids an Oxford defender and chases down a loose ball.

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# Rockets lose to tough Needham team, but expectations remain high

BY NICK ETHIER  
SPORTS EDITOR

AUBURN — Sure, playing Needham High in the battle of the Rockets at Horgan Arena on Monday, Jan. 17 and losing by a 5-0 final may not look the best on paper, but Auburn High's girls' varsity ice hockey team battled hard as they continue to compete at a high level game in and game out.

"They're probably our strongest opponent so far," Auburn head coach Peter LaPrad said of Needham. "They're a little deeper than us. They had three solid lines that kept coming at us. But I loved the grit of my girls out there, just going at it for three strong periods. We didn't have the legs to keep up with them for the whole game, but I'm very pleased. It's good for us because that's a team up for us and we were competitive with them."

Auburn — a co-op that also includes student-athletes from Blackstone-Millville Regional, Burncoat High, Doherty High, Douglas High, Grafton High, Notre Dame Academy and Tantasqua Regional — is now an impressive 5-3 to start the season.

"I love my team right now. The girls are great," said LaPrad. "They're a true team with good chemistry."

Auburn and Needham were deadlocked in a scoreless battle for much of the first period, and the game remained tied with seven minutes to play in the opening frame when starting goalie Victoria Horne made an aggressive poke-check save on a streaking Lily Schmalz of Needham.

But Needham took a 1-0 lead into the first intermission when they scored with 2:55 remaining. Maeve Hymovitz fed a pass to Maddie Ledbury, whose shot got past Horne.

Needham then grabbed a 3-0 lead early in the second period with two quick goals off the sticks of Sofia Berejik and Jill Peabody. Shortly thereafter, Horne (18 saves) gave way to Rachel Proulx (13 saves), who played the second half of the game in net for Auburn.

"My goaltenders are fantastic," LaPrad said of Horne and Proulx. "They're both playing great."

LaPrad noted that Haley Vadenais, Avery Knott and Madison Leonard help out the goalies as part of "a really deep and solid defensive core."

Needham (6-1-2) finished off its 5-0 victory with a pair of third period strikes. Hymovitz and Ellie Keenan (Erika Stanton assist) had the goals.

Auburn had its chances, but Needham goalie Mina Brown finished with 16 saves for the shutout. Auburn's best opportunity came very late in the first period when freshman Olivia Viens hustled down the right wing. She then fed a centering pass onto the stick of freshman Izzy Spencer, who shot back toward the right side of the net. Her laser missed the top corner by mere inches.

"We have a couple of freshmen out there that are really doing well, putting points up," LaPrad said of both Spencer and Viens.

Auburn also had three power play chances and generated five shots during those six minutes, but to no avail.

Despite the loss, LaPrad likes the way his team is progressing and noted that the Rockets are 3-1 in Central Mass. Conference games against the likes of Woodstock Academy (2-0), Leominster High (1-0) and Oakmont Regional (0-1).

"The program is really getting stronger," LaPrad said of what is now his 12th year coaching at the varsity level, which he has done since Day 1. "It has taken many, many years to get to the point where we've got the depth that we have. We can go out and compete with anybody right now. The future looks bright."

# SPORTS

## Trask, Spartans come alive in third quarter to dispatch Worcester Tech

BY NICK ETHIER  
SPORTS EDITOR

UXBRIDGE — After a slow and sleepy first half of play, which saw the Uxbridge High boys' varsity basketball team lead Worcester Tech by a mere four points, 22-18, the Spartans needed someone to provide a boost when play resumed in the second half.

Enter Jack Trask. Trask, a 6-foot-4, 265-pound junior, had a dominant third quarter, scoring 10 of his 12 points in the frame. In fact, Trask scored Uxbridge's first 10 points of the period. The Spartans went on to win the quarter, 18-7, and eventually cruised to a 53-29 victory in a game played on Wednesday, Jan. 12.

"I thought we were settling and too much dribbling around the perimeter in the first half, so we wanted to go inside-out. If [Trask] can score, he scores. If not, he kicks it out and then we get better shots," explained Uxbridge head coach Ryan Hippert, who noted that the Spartans "came out flat" to start the game.

"Ball movement is the No. 1 thing in a basketball game," added Trask. "We struggled in the first half, we were stagnant with the ball on offense, and as soon as we got to the third quarter, we got it down low and that opened the outside looks up. We just executed."

Trask opened third quarter scoring with a free throw, which was important. He missed all four of his foul shots in the first half, and then missed his first attempt in the second. But the made shot gave Trask all the confidence he needed going forward.

"He's usually a very good free throw shooter," said Hippert. "He needed to see one go in."

"Once I see one go in, it's game over," added Trask.

Trask then added baskets on a power move from the block and taking off with a head of steam from the 3-point line for a layup, giving the Spartans a 27-20 advantage. Trask wasn't done there, though, as he then added one more free throw and two more baskets — one on an offensive rebound and put-back, the other on an up-fake and left-handed layup. That last basket provided Uxbridge with a 32-22 lead as the Eagles never cut the deficit closer than nine points the rest of the way.

Luke Schollard (13 points, 9 rebounds) and Ethan McCusker (12 points, 10 rebounds) also provided baskets from the interior, and the Spartans headed into the fourth quarter with a 15-point, 40-25 lead.

"I did enjoy the third quarter. They responded to what we talked about at the half," said Hippert.

"That third quarter was a big swinging point in the game, for sure," added Trask.

The fourth quarter opened the same way the third period began, with Trask scoring a basket.



Nick Ethier photos

Uxbridge's Drew Gniadek goes to the ground with possession of the ball after stealing it away from Worcester Tech's Jan Valls.

He fought his way through a double team in traffic and finished an inside look for his 11th and 12th, and final, points of the evening.

"We need him to have nights like this. We need him to step up. It's got to be a priority to get him the ball," Hippert said of Trask's size, strength and ability down low.

Uxbridge took fourth quarter scoring 13-4 to win by 24 points, improving to 5-3 in the process.

"It's been a rough couple of weeks. We've had some COVID issues and we haven't had a lot of practices. I'm hoping now we can get back into a flow," Hippert concluded.



Brodie Fernandes of Uxbridge lofts up a shot from inside the paint.

## Uxbridge to be well-represented at Quebec Pee-Wee Hockey Tournament

Two elite hockey-playing Uxbridge middle school students are headed to the Quebec International Pee-Wee Hockey Tournament, the most prestigious minor hockey tournament in the world, in May.

Aaron Alves-Thomas and Caiden Pellegrino, both seventh grade students at the Whittin Intermediate School, are leaders on the Elite 2009 Providence Hockey Club, which qualified for the

62nd version of the tournament that is usually played every February. The tournament welcomes 144 teams from all over the world and games are played at the 18,259 seat Videotron Center.

Caiden and Aaron's team is the first Rhode Island team to qualify in 10 years. Aaron is the team's goalie and Caiden is a center.

Courtesy photo

Aaron Alves-Thomas, left, and Caiden Pellegrino, both of Uxbridge, will play for the Providence Hockey Club when they play in the prestigious Quebec International Pee-Wee Hockey Tournament in May.



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Please submit cover letter, resume and Town employment application form, available at [www.spencerma.gov](http://www.spencerma.gov) to Town of Spencer, Town Administrator, 157 Main Street, Spencer, MA 01562. EEO Employer.

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