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Friday, August 2, 2019

## Local children have fun learning at Vacation Bible School



Kevin Flanders

Youngsters sing along to the music.

BY KEVIN FLANDERS  
STAFF WRITER

**BROOKFIELD** – The words school and summer don't often evoke enjoyable memories, but several local kids are learning while having fun each year at Brookfield Congregational Church.

Last week, BCC held its annual Vacation Bible School program. Dozens of students from several area communities took part in the program, which is open to kids from all churches and even those who don't attend a church. The goal is to provide kids with uplifting messages in a fun environment.

This year's VBS theme was "Roar: Life is Wild and God is Good." Thanks to the help of several volunteers, the church was decorated with a medley of jungle and animal scenes. The vividness and creativity of VBS scenes have come a long way over the years, church officials said, and volunteers always step up to help.

Volunteers this year had to contend with a weekend of 100-degree days, but that didn't deter them from painting multiple props and arranging them throughout the church. The painting began back in April, and volunteers

Please Read **BIBLE SCHOOL**, page **A7**

## See the new downtown Spencer at upcoming Street Party

BY KEVIN FLANDERS  
STAFF WRITER

**SPENCER** – If you haven't seen the many recent changes made to the downtown district, you're invited to attend the ultimate party this month with friends and family.

Set for Saturday, Aug. 24, the Spencer Street Party represents a collaboration between town officials, business owners, and local artists. The debut event will bring the entire community together for an arts festival that not only celebrates local artists and businesses, but also showcases the new-look downtown corridor.

The street party will take place from 11 a.m. to 6 p.m. Activities will include live music all day, food and craft vendors, a beer garden, interactive experiences, appearances from nonprofit organizations, and performance art experiences. Family activities will be held inside Richard Sugden Public Library, located just across Route 9.

"Many people have been working hard to make this street party a success," said Selectman Ralph Hicks. "I am wishing for a sunny day so that the fruits of their labor can be seen by many people."

The festival will require the closure of Mechanic Street and Wall Street for the afternoon. Barnstorm Cycles and other downtown businesses will be heavily involved in the event with promotional programs, which will feature several

vendors and activities for the entire family.

A stage will face Mechanic Street, and a dance floor will be set up in the middle of the street.

For guests who haven't been to Spencer in a few years, it might take a while to recognize the downtown corridor. With several projects recently completed and others underway, downtown accessibility is much improved. As the town continues to revamp and reenergize its downtown district, officials hope that art and entertainment will play a vital role. Spencer leaders envision the new-look downtown district featuring a vibrant community of artists and creators doing business in town. Selectmen also want to put their town on the map when it comes to new artisanal and creative events like the street party.

But the changes are far from complete in the town center. Officials announced in June that the Sugden Block building has been sold to 117 Spencer, LLC, a private development group. The organization includes the owner of Mexicali Grill, which occupies the building's first floor. The popular downtown restaurant will be expanded as part of the building's redevelopment, which will also include the creation of 16 apartments on the upper two floors.

Please Read **STREET PARTY**, page **A6**

## North Brookfield resident is truly Lucky For Life

**NORTH BROOKFIELD** – When Alfred Thibeault purchased a lottery ticket at a convenience store last month, he never imagined it would make him a winner for life.

Thibeault, who lives in town, was announced by lottery officials last week as the winner of \$25,000 per year for life. The prize was earned after the first five numbers on his Lucky for Life ticket matched those selected in the

drawing which took place on July 11.

Thibeault elected to receive his prize in the form of a one-time payment of \$390,000 (before taxes). He purchased his winning Quic Pic ticket at the Cumberland Farms store located at 225 Main St. in town. The store will receive a \$5,000 bonus from the state in recognition of its sale.

Thibeault's win marks the

seventh prize of \$25,000 per year for life won this year alone on a Lucky for Life ticket sold by the Massachusetts State Lottery. Officials have not announced how much the local winner will take home after taxes.

Lucky for Life tickets are sold at \$2 each at stores throughout the state. Drawings are held every Monday and Thursday at 10:38 p.m.



Courtesy Photo

Local lottery winner Alfred Thibeault and the store from which he purchased his ticket are both feeling lucky.



Kevin Flanders Photos

Henry the Juggler, also known as Henry Lappen, wows guests with his impressive juggling feats.

## Haston Library welcomes Henry the Juggler

BY KEVIN FLANDERS  
STAFF WRITER

**NORTH BROOKFIELD** – It can sometimes be difficult for local performers to juggle the demands of a busy schedule, but Henry the Juggler is always up for the challenge.

The performer visited Haston Free Public Library on July 27, showing off his range of talents to youngsters and families in attendance. Also known as Henry Lappen, the performer is not only known for his juggling, but also balancing several items in seemingly impossible feats. During his July 27 performance, he balanced everything from batons to crutches, wowing guests of all ages. Even a few lucky audience members and library officials were invited to take part in the act.

For library officials, it means a lot to

have the financial assistance from local organizations to support creative endeavors like Lappen's visit.

"The North Brookfield Cultural Council provided funds to have this wonderful program. We appreciate all of their support," said children's librarian Rosemary Mackenzie.

In addition to his juggling, Lappen also hosts workshops involving the appreciation and understanding of the avian world. He creates masks and uses comic portrayals to help young guests learn about birds and their habitats.

To learn more about Lappen and his offerings, visit [www.henrylappen.com](http://www.henrylappen.com).

Meanwhile, the Haston Free Public Library continues its busy summer sched-

Please Read **JUGGLER**, page **A6**

# Leicester concert series continues with the Green Sisters

Kevin Flanders Photos

LEICESTER – Eighty degrees almost seemed chilly last week after a spell of scorching temperatures, but it was perfect for residents to enjoy some outdoor music. The town's summer concert series continued on July 24, with The Green Sisters performing on the Common. Concerts will continue on Wednesdays throughout the summer, beginning at 6 p.m.



Members of the Rodrigue and Marttila families spend a night on the Common.



The Lariviere family traveled up from Sturbridge to catch the show.



Justin Anger, of Leicester, hangs out with his two-year-old son Caleb.



Marlaine Burbank, right, of Brookfield, and Catelyn Holm enjoy seeing concerts throughout the area.



The Green Sisters take the stage to perform.

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#### SPENCER

\$373,000, 77 Borkum Rd, Mastrorio, Edward G, and Mastrorio, Gail M, to Burns, Gerald A.  
\$369,900, 13 Thompson Pond Rd, Coleman, Dennis, and Coleman, Virginia, to Pillsbury, Andrew, and Pillsbury, Jessica L.  
\$335,000, 36 Woodside Rd, Struppa, Lisa, to Robles, Melis A.  
\$325,000, 30 Shore Dr, Janbergs, Roland B, and Penney-Janbergs, Lynne, to Savoie, Brian M, and Flynn-Savoie, Sarah B.  
\$249,000, 29 Irving St, Duckhaven Properties LLC, to Mena, Isai M, and Mena, Janis.  
\$242,000, 14 Sampson St, Thibaud, Nancy E, to Mountain, Samuel P.  
\$210,000, 142 W Main St, Wentworth, Jeremy D, and Wentworth, Jessica S, to Iannoli, James.  
\$140,000, 8 Bell St, Churchey, Donald E, and Churchey, Ramona L, to Vayo, Jeffrey M.  
\$92,000, 43 Hastings Rd, US Bank NA Tr, to Moss, Scott.  
\$75,000, Baldwin St, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #10, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #2, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #6, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #7, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #8, Central Land Development, to Schold Development LLC.  
\$75,000, Oak Bluff Ln #9, Central Land Development, to Schold Development LLC.  
\$60,000, 69 Main St, Guerin, Joseph M, and Guerin, Tina M, to RFC Renovations Inc.  
\$54,000, 20 Buteau Rd, Girl Scouts Of Central, to Vandale, Paul N, and Vandale, Emily A.

#### BROOKFIELD

\$50,000, 14 Post Rd, Kruzewski, Douglas J, and Kruzewski, Diane S, to TCP Realty LLC.

#### EAST BROOKFIELD

\$295,000, 437 W Sturbridge Rd, Doucette, Keith, to Perreault, Claire, and Boisvert, Armand.

#### NORTH BROOKFIELD

\$268,000, 70 Elm St, Kulesza, Vlerian N, and Kulesza, Diana R, to Scannell, William, and Scannell, Phyllis.

\$251,000, 73 Ward St, Benoit, Patrick J, and Shemansky, Lisa M, to Doiron, Randy D, and Doiron, Heidi S.

#### WEST BROOKFIELD

\$430,000, 223 Shoreline Dr, Harris, David A, and Harris, Patricia A, to Scheriff, Eric, and Scheriff, Kathryn.

\$210,000, 228 W Main St, Pasquale, Alissa N, and Pasquale, Jonathan D, to Mccarthy, Thomas C.

\$15,600, 35 Lakeview Dr, Corso, Anthony F, to Braconnier, Craig G, and Braconnier, Christine.

\$15,600, 41 Lakeview Dr, Corso, Anthony F, to Braconnier, Craig G, and Braconnier, Christine.

\$15,600, 57 Meadow St, Corso, Anthony F, to Braconnier, Craig G, and Braconnier, Christine.

\$15,600, 9 Forest Ave, Corso, Anthony F, to Braconnier, Craig G, and Braconnier, Christine.

#### LEICESTER

\$335,000, 231 Pine St, Wessell, James P, and Wessell, Mary E, to Ortiz, Maek E, and Hall-Ortiz, Stacy M.

\$285,000, 25 Cricklewood Dr, Carol E Fauerbach IRT, and Fauerbach, Michael R, to Vaughan, Meghan J, and Vaughan, James B.

\$75,000, Baldwin St #10, Central Land Development, to Schold Development LLC.

\$75,000, Baldwin St #2, Central Land Development, to Schold Development LLC.

\$75,000, Baldwin St #6, Central Land Development, to Schold Development LLC.

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### STAFF DIRECTORY

PRESIDENT & PUBLISHER  
FRANK G. CHILINSKI  
(508) 909-4101  
frank@stonebridgepress.news  
BUSINESS MANAGER  
RYAN CORNEAU  
(603) 677-9082  
ryan@salmonpress.news  
OPERATIONS DIRECTOR  
JIM DiNICOLA  
(508) 764-4325  
EDITOR  
BRENDAN BERUBE  
(508) 909-4111  
news@stonebridgepress.news  
PRODUCTION MANAGER  
JULIE CLARKE  
(508) 909-4105  
production@stonebridgepress.news

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### STAFF DIRECTORY

MANAGING EDITOR  
BRENDAN BERUBE  
(508) 909-4111  
news@stonebridgepress.news

STAFF WRITER  
KEVIN FLANDERS  
(508) 909-4140  
kflanders@stonebridgepress.com

SPORTS EDITOR  
NICK ETHIER  
(508) 909-4133  
sports@stonebridgepress.com

ADVERTISING EXECUTIVE  
JUNE SIMAKAUSKAS  
(508) 909-4062  
jsima@stonebridgepress.news

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# Classic cars come out cruising for charity

Kevin Flanders Photos

SPENCER – It's always fun for area residents to cruise around in classic vehicles, but it's even more enjoyable to do it while raising money for charity.

The Cruising for Charity program continues to draw classic wheels from throughout the region on Wednesday nights. Hosted by the Massachusetts Freemasons, the most recent event took place on July 24, with dozens of guests attending.

Taking place on the property next to Klem's, the weekly evening shows last until dusk. Winners are announced in several categories.



Vehicles are lined up and ready for viewing.



Buddy Stocks, nine, of North Brookfield, back, with his six-year-old brother Campbell.



## ACCURACY WATCH

The Spencer New Leader is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4130 or email news@stonebridgepress. news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call or email.



A green custom Ford F-150.



Vehicles of all makes and models are spread across the lot.



Dozens of unique vehicles enter the grounds.



Perhaps a future classic car owner, Spencer's Xander Varner gets a look at the many vehicles.



Vehicles glint beneath the evening sun.



This old Ford shows how vehicles looked back in 1934.

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Devon Kennedy, of Spencer, chats with guests about his 1980 Dodge Power Wagon.

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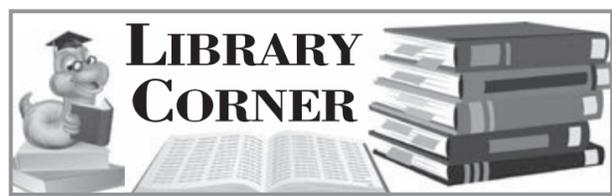
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## Richard Sugden Library

8 Pleasant St., Spencer  
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July 29

Drop in Crafts: Every week at the library there will be drop-in crafts and activities for you to try on Mondays and Thursdays from 10:30 am -6:30 pm.

Teen Mania: Our second annual Are You Smarter Than

A Librarian Quiz is back! Compete as a group against our librarians as you answer fun, silly, and absolutely ridiculous questions. Who will come out on top...the teens or the librarians? Come find out on July 29th! This program is open to anyone in grades 6-12 and meets from 3:30 pm -5:30 pm in the Community room.

July 30

Every week at the library there will be drop-in crafts and activities for you to try on Tuesdays and Wednesdays from 10:30 am -4:30 pm.

Toddler Storytime: Are you

looking for something fun to do with your toddler on Tuesday mornings from 10:00 am – 10:45 am? Come to story time at the library. Every story time has stories, songs, and movement and ends with either a craft or activity. All toddlers aged 18-35 months by September 1, and their caregivers 2018 are welcome. This week we will use shapes to make a robot picture!

Pre-K Storytime: Are you looking for something fun to do with your Preschooler on Tuesday mornings from 11:00 am – 12:00 pm? Come to story time at the library. Every story time has stories, songs, and movement and ends with either a craft or activity. All preschoolers aged 3 years by September 1st and up and caregivers are encouraged to participate in the program with their child. (Younger siblings are welcome to lap sit with

their caregivers if they can or they are welcome to join you in the adjoining children's room if they cannot. Crafts will be reserved for Pre-schoolers). You can register ahead of time or on the day you come. This week we will use shapes to make a robot picture!

July 31

Pause: Mindfulness Meditation is held on the Library's Main Floor on Wednesdays from 8:30 am—9:30 am. Drop-in and learn about mindfulness. We will practice mindfulness and discuss using these tools to enhance our relationship with ourselves and others.

Every week at the library there will be drop-in crafts and activities for you to try on Tuesdays and Wednesdays from 10:30 am -4:30 pm.

Imagination Station: How would you like to see a mini-universe hanging in your window? Come make a Cosmic "Stained Glass" Suncatcher to take home! Imagination Station meets on Wednesdays from 2:30 pm -3:30 pm in the Community Room. All kids in Grades K-5 welcome!

August 1

Drop in Crafts: Every week at the library there will be drop-in crafts and activities for you. These crafts and activities are available on Mondays and Thursdays from 10:30-6:30.

Spencer Then & Now: Celebrations. Adults (Grades 9+) are invited August 1st from 6:00 pm – 7:30 pm. The slide program will include photographs and drawings of Spencer's past celebrations including Mechanic Street! Sponsor: Spencer Historical Society.

# Investigation into fatal three-way crash continues

EAST BROOKFIELD – Police continue to investigate the three-vehicle wreck on Route 49 last week that caused two fatalities and a serious injury.

The collision occurred on July 23 at 11:30 a.m., resulting in the deaths of Joseph Nardone, 61, of Leicester, and Rene Lavallee, 48, of Spencer. Nardone, headed south in his Chevy Impala, was attempting to pass another southbound vehicle near the Spencer town line

when he struck Lavallee's Dodge sedan head-on, East Brookfield Police said.

Nardone was ejected from his vehicle and pronounced dead at the scene. Lavallee was also pronounced dead, and his passenger, Paula Thibault, was transported to the hospital and remained in serious condition as of press time.

The driver of the southbound vehicle Nardone was attempting to pass,

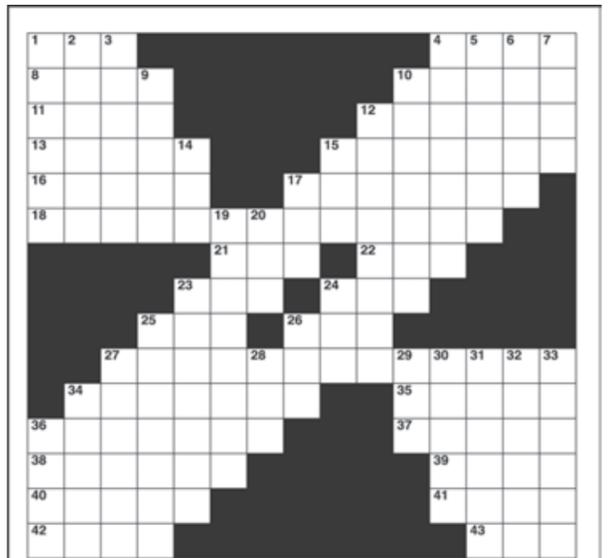
Auburn's Laurie Soponski, suffered minor injuries after her car was struck following the initial collision.

East Brookfield Police Lt. William Gregoire said the investigation is ongoing. Witnesses told police that Nardone had passed another southbound vehicle shortly before the collision.

Several additional major accidents on Route 49 in recent years were also caused by drivers attempting to

pass using the oncoming traffic lane. Stretching from Sturbridge to Spencer, the road has seen multiple fatal wrecks in recent years.

Police in all three towns continue to step up patrols on Route 49. Excessive speed and distracted driving are also major problems contributing to crashes, police said.

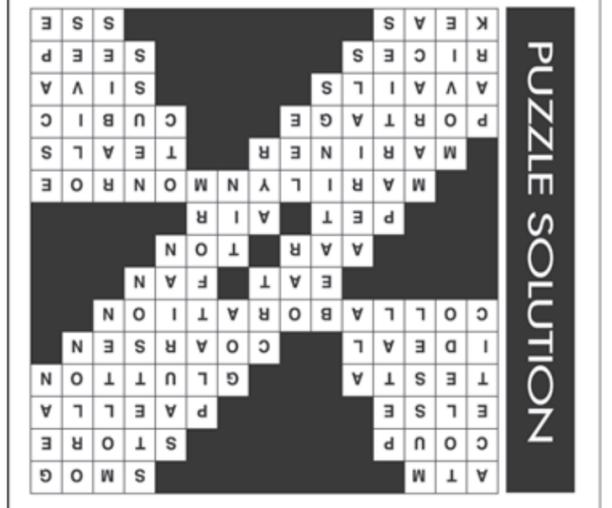


### CLUES ACROSS

- 1. Cash dispenser
- 4. Air pollution
- 8. Illegal seizure
- 10. Shop
- 11. Besides
- 12. Spanish dish
- 13. Protective covering of seeds
- 15. Greedy eater
- 16. Existing only in the mind
- 17. Make rough
- 18. Cooperation
- 21. A way to consume
- 22. Strike out a batter in baseball
- 23. Swiss river
- 24. 2K pounds
- 25. Domesticated animal
- 26. Surrounds the Earth
- 27. Legendary actress
- 34. Seattle ballplayer
- 35. Bluish greens
- 36. Carrying of a boat
- 37. Having a particular shape
- 38. Takes advantage of
- 39. The Destroyer (Hindu)
- 40. Basmati and saffron are two
- 41. Leak slowly through
- 42. Parrots
- 43. Midway between south and southeast

### CLUES DOWN

- 1. Vinegary
- 2. Ohio town
- 3. Bivalve mollusk
- 4. Type of hat
- 5. Liquefied by heat
- 6. Synthetic acrylic fiber
- 7. Wild or sweet cherry
- 9. Flower segment
- 10. Lizard-like
- 12. What politicians stand on
- 14. Pie \_\_\_ mode
- 15. Indian city
- 17. Old TV part (abbr.)
- 19. Assaults
- 20. Paddle
- 23. Types of photos
- 24. Dorothy's friend was made of this
- 25. Soirees
- 26. Scottish port
- 27. Percussion instrument
- 28. Auto industry icon Iacocca
- 29. Type of drug
- 30. Historic city in Germany
- 31. Animal disease
- 32. Some like them in martinis
- 33. Get away
- 34. Entertainment
- 36. Where ballgames are played



## Leicester Library closes summer reading program with pizza party

LEICESTER – After a fun summer of reading, local youngsters are invited to discuss their favorite titles during a pizza party this month at Leicester Public Library.

The party will take place on Thursday, Aug. 15, at noon. Registration is required to attend, and all kids who completed summer reading are welcome to attend.

## Senior Center craft fair cancelled

SPENCER — The Aug. 10 Craft and Vendor Fair at the Spencer Senior Center has been cancelled.

The '60s dinner dance is still on, and tickets can be purchased at the Senior Center until Aug. 5.

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## Spencer Parks & Rec hosting summer concert series

SPENCER — The Spencer Parks and Recreation Commission is sponsoring its annual summer concert series at the pavilion at Powdermill Park and at the beach at Luther Hill Park. These parks with their playgrounds provide the perfect setting for a series of concerts designed to promote family fun and provide a positive step forward in improving Spencer's cultural quality of life. The project is supported in part by a grant from the Spencer Arts Council (a local agency supported by the Massachusetts Cultural Council) and the Spencer Parks and Recreation Commission. The series concludes with a day long musical/family fun festival sponsored by the Spencer Exchange Club. Bringing of lawn chairs is advised.

The concert dates are as follows:

Aug. 4 at 5 p.m. at Powdermill Park: Jumpin' Juba-This group mixes regional styles of blues from Chicago, Memphis and New Orleans together with rootsy rock and roll. The music is seasoned with jazz, folk, calypso, and Latin flavors.

Aug. 11 at 3 p.m. at Luther Hill Park Beach: Wolfsoul- Enjoy classic rock while relaxing at the beach!

Aug. 18 at 5 p.m.: The Bad Tickers at Powdermill Park- This musical group performs a selection of music over the decades all over Central Massachusetts. From blues to bluegrass, pop to rock, country to punk, and everything in between, the Bad Tickers play it from the heart!

Aug. 24 from Noon to 5 p.m. at Powdermill Park : Family Music Festival sponsored by the Spencer Exchange Club. Come and enjoy a day of family fun activities while enjoying some great tunes from various artists.

## Office of Sen. Anne Gobi announces August office hours

REGION — Lucas McDiarmid, aide to Sen. Anne Gobi (D-Spencer), will be holding office hours throughout the district during the month of August. Constituents and town officials are invited to meet to express any concerns, ideas and issues they have. Attendants should RSVP to Lucas at Lucas.McDiarmid@MASenate.gov or by phone at (413) 324-3082. Town attendance is not restricted to residents of those towns.

Tuesday Aug. 6

- 10-11 a.m. – Warren Senior Center
- 11:30 a.m.-12:30 p.m. – Brimfield Senior Center
- 1-2 p.m. – Wales Senior Center

Wednesday Aug. 7

- 11 a.m.-noon - West Brookfield Senior Center
- 12:30-1:30 p.m. – New Braintree Town Hall
- 2-3 p.m. – Brookfield Town Hall
- 6-7 p.m. – Ashby Town Hall

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- Monday Aug. 12
- 10:30-11:30 a.m. – Paxton Senior Center
- Noon-1 p.m. – Spencer/Howe Village
- 1:30-2:30 p.m. – East Brookfield Municipal Offices

Tuesday Aug. 13

- 10:30-11:30 a.m. - Sturbridge Senior Center
- Noon-1 p.m. - Rutland Senior Center

Wednesday Aug. 14

- 9:30-10:30 a.m. - Oakham Senior Center
- 11 a.m.-noon – North Brookfield Senior Center
- 1-2 p.m. – Holland Town Hall

Monday Aug. 26

- 11:30 a.m.-12:30 p.m. – Charlton Senior Center
- 2-3 p.m. – Monson Town Hall

# School supply drive begins at North Brookfield Savings Bank

**NORTH BROOKFIELD** — It's hard to believe that it's already time to start preparing for back to school. Nevertheless, for North Brookfield Savings Bank that is exactly what they are planning to do, as they announce the August 1st start of their popular Back to School Supply Drive. With the help of the community, the Bank is committed to helping local students to start the school year off feeling confident, excited and prepared to learn.

North Brookfield Savings Bank will be collecting school supplies and monetary donations at branch locations in North Brookfield, East Brookfield, West Brookfield, Ware, Belchertown, Palmer and Three Rivers. All donations collected will be delivered to local public schools to be distributed to school children who do not have the needed supplies to start their year.

"It is North Brookfield Savings Bank's pleasure to once again host the Back to School Supply Drive and work with our local neighbors and businesses to support the youth of our communities," said Senior Vice President/Human Resources Director Andrea Healy. "Returning to school can be a very exciting time for children and families but it can also be overwhelming. By working together to ensure the children in our communities



"Back to School" themed display tables with brightly patterned backpacks, lunchboxes, notebooks, pencil cases, and various other fun supplies they were provided with.

"We hope everyone will stop by to see the Back to School Supply Drive display in our branches and make a contribution," said Assistant Vice President/Marketing Manager Caitlin O'Connor. "We frequently have children visit our branches who are excited to see the colorful school supplies set-up and it often becomes a perfect learning opportunity for parents doing their banking to discuss the topics of generosity and gratitude with them."

Some suggested school supply donation items that can be dropped at any North Brookfield Savings Bank branch location are:

- New Backpacks
- Lunchboxes
- Spiral Notebooks
- Pocket Folders
- 12" Standard Rulers
- #2 Pencils
- Pencil Sharpeners
- Pencil Case
- Colored Pencils
- Washable Markers
- Erasers
- Glue Sticks
- Scissors
- Tissues

**North Brookfield Savings Bank Assistant Vice President/Branch Manager & Consumer Loan Manager Cindy Fountain, Assistant Vice President/Marketing Manager Caitlin O'Connor, Supervisor Jessica Shimansky and Senior Vice President/Human Resources Director Andrea Healy proudly display some of the school supplies donated in 2018 by generous community members, customers and NBSB employees through the North Brookfield branch.**

have all of the needed supplies to start their school year off with confidence, we are helping them to have a successful school year. We are extremely appreciative of the generosity shown in past years and hope another successful fundraiser this year!"

North Brookfield Savings Bank is committed to excellence and the support of their local communities. The Back to School Supply Drive fundraiser, which aids in the success of students, is one of the many ways the Bank has dis-

played their dedication. The Bank kicked off the fundraiser by purchasing \$500 in supplies which were distributed to each branch. In an effort to promote the fundraiser and encourage those visiting the branch to donate, Bank employees are having fun setting up their

Courtesy Photo

## Lake Wickaboag to get treatments Aug. 6 and 15

**WEST BROOKFIELD** – The West Brookfield Board of Health along with Lake Wickaboag Preservation Association (LWPA), have announced that on Tuesday, Aug. 6, Lake Wickaboag will receive an algacide application to treat for algae. A spot herbicide treatment for selected nuisance weeds may also occur on that day.

SOLitude Lake Management, the contractor hired by the West Brookfield Board of Health to apply the herbicide and algacide, has requested that the use of the lake's water be restricted as follows:

Swimming, fishing and boating 1 day – Aug. 6  
Livestock watering for 2 days- Aug. 6 & 7  
Direct Drinking for four days-August 6, 7, 8, and 9  
Irrigation for 6 days-Aug. 6, 7, 8, 9, 10, and 11

A second algacide treatment will be conducted on Thursday, Aug. 15. The use of the lake's water will be restricted as follows:

Swimming, fishing and boating 1 day – Aug. 15  
Livestock watering 1 day – Aug. 15  
Direct Drinking 1 day – Aug. 15  
Irrigation 1 day – Aug. 15

Members of the LWPA will notify boaters and swimmers by placing signs on streets leading to the lake and by placing red flag buoys on the lake. As part of their education program, they will also send a reminder to residents through the local cable access channel before the application begins.

If you need additional information, please feel free to contact SOLitude Lake Management, at (508) 885-0101.

### Advantage Truck Group names Daniel D'Alessio Employee of the Year

**SHREWSBURY** — Advantage Truck Group (ATG) in Shrewsbury names West Brookfield resident Daniel D'Alessio as its 2018 Employee of the Year, an award that recognizes dedication to the company's core values of teamwork, commitment, excellence and integrity.

As the IT lead for ATG, D'Alessio oversees the company's information technology resources and leads the team responsible for managing and supporting the company's information systems both at the Shrewsbury headquarters and across the company's dealer network in central New England. Under D'Alessio's guidance, IT systems and equipment for three additional locations were integrated into the ATG network.

"Our ability to provide the best service and experience for our customers starts with our employees. Daniel's hard work, collaborative nature and willingness to help others is exceptional, and his effort is a vital part of the



Daniel D'Alessio

company's recent growth and transition to Advantage Truck Group," said Kevin Holmes, ATG president and CEO.

As Employee of the Year, D'Alessio receives a round-trip vacation of his choice.



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For further information call Randall at (413) 436-5357 or email [adventuretours@att.net](mailto:adventuretours@att.net) or go to [www.adventuretoursofwarren.com](http://www.adventuretoursofwarren.com)

## LETTERS TO THE EDITOR

### White nationalism

To the Editor:  
Each week, I think it can't possibly get any more absurd with this President, but he never fails to shock us all.

[Recently], Trump attacked four congresswomen, women of color, by calling them a variety of names and telling them to go back to their home countries. Of course, they are all U.S. Citizens and all won elections to represent their home districts. Three of them were born in the U.S., one was naturalized.

Many have asked what this says about racism and the answer is that the tweets were racist, the defense and doubling down was racist, and the initial silence from Republicans was because they needed time to re-assess whether they should uphold the values that used to bind all of us or blindly support Trump. Most, but not all, decided they would be racist too for political expedience. The tweets were a pretty clear example of racist language.

Trump wants to make this election about what America is. He has a vision of America that is xenophobic. Trump's vision has the good people of the heartland threatened by outsiders, Muslims, and people who don't look like them. His vision is nostalgic, looking backward to the past. It's a vision of a white America. The thought that Protestants created this country, and the rest of us are here by their sufferance. This is the national story Trump wants to tell.

It is up to the rest of us to tell a better story of America. We're a universalistic country defined by our future, what we're building, and not our past. We're a country that's had a mission to cross frontiers and we continue to strive. One of our great commissions is to create a mass multi-cultural democracy where people of all races can be united in one democratic process.

What Donald Trump is trying to do is make the most extreme progressives on the left the "running mate" of whoever the eventual Democratic nominee is. He is doing his best to define the Democratic party nationally by its leftmost freshman members. He knows that if the 2020 election is a referendum on who he is and his fail-

ings, he will lose. Americans do not like him. They don't trust him. They don't respect him.

There are two theories of how Trump could win the 2020 election. One theory is that he drives the Democratic party so far to the left that people in the center while still disliking Trump, feel they have no choice but to vote for them. By attacking the squad, he forces the entire Democratic party to embrace the squad and shifts the entire party to the left. The other theory is that he wins because the economy is doing so well and people hold their nose as they cast their ballot for Trump. This theory would mean laying low which isn't Trump's style so he is going with option 1. Option 1 is also dividing the country on racial fault lines in such a way that no candidate from either party was irresponsible enough to entertain in the last 50 years.

When the crowd at his rally started chanting "send her back" in reference to a U.S. Citizen who was elected to serve her district in congress Trump was on camera clearly relishing in it. Then he said he was against the crowd, only to reverse again and beam about the crowd's patriotism. I never cease to be amazed but in retrospect I shouldn't be. "Lock her up" was so out of line, and Third World banana republic, to chant towards a political opponent that "Send her back" is mild. Exiling political opponents isn't as bad as incarcerating them I suppose.

In my view, the real story here is not Donald Trump. The real story is his supporters. We've all known for years that he's a racist and a narcissist. We've known for years that he wants to rule autocratically. We've known for years that he has no respect for norms, standards, and rule of law. We knew he wanted to jail political opponents and now he's expanded into exile. What disturbs me is his supporters. Trump is a White Nationalist and a Fascist wannabe. I remember that a lot of ordinary Germans and hard working families supported the Nazi party in the early years. The Nazis ruled for five years before rescinding citizenship from Jewish Germans and eight years before genocide.

DAVID ROSENBERG  
SPENCER

### McRae is misplacing the blame for his sadness on women

To the Editor:  
Your cries are heard, Mr. McRae, and yes, your brilliance is wasted on most here, but please do not blame women for your sadness.

As you know, throughout history, women have fought not to be oppressed, misused and abused, even to this day, and those who did were called witches, crazy, evil, a squad and

in earlier times legally could be beaten or killed. Shakespeare points this out all too well.

Acquiescence is no longer used in our vocabulary Mr. McRae. Please look elsewhere for the causes of your disappointments in MANKIND.

CAROL RIZZO  
SPENCER

## Infestation

To the Editor:

This week, the President attacked another member of Congress on Twitter. This time, it was House Oversight Committee Chairman, Elijah Cummings.

He wrote this: "Cumming District is a disgusting, rat and rodent infested mess. If he spent more time in Baltimore, maybe he could help clean up this very dangerous & filthy place..." and "No human being would want to live there."

Infested... That is usually reserved to references to rodents and insects. We have seen the President use that term to refer to black and brown members of Congress before. He asked four members of Congress, all U.S. citizens, three of whom were born in the United States, to "go back to the totally broken and crime infested places where they came." Infested... A week before his inauguration, he criticized John Lewis by saying he should spend more time in his district which Trump described as crime infested instead of serving his constituents in Washington (which is of course the job he was elected and paid to do).

Donald Trump has Tweeted more than 43,000 times. He has insulted thousands of people, many different types of people. When he uses the word "infested," it seems to only be directed at black and brown people. In 2014, he referred to the Ebola epidemic in Africa as an infestation. In 2018, he referred to California's withdrawal of National Guard troops from our border as promoting a "crime infested & breeding concept."

The President ended his Tweet with a hashtag, #BlacksforTrump2020,

removing all doubt that the Tweets were racially motivated. His attacks on Elijah Cummings were racially motivated, his attacks on Maryland's 7th District were racially motivated, and his attacks on the social fabric of the United States are racially motivated.

Using the word «infested» invokes discriminatory tropes that have long been used to describe marginalized groups. Even when not describing people directly, as in Trump's tweets about crime and vermin, the word connotes the idea that a place is being degraded by people — dirty and undesirable people, in his eyes — who don't belong there.

To suggest that majority black districts within the United States, within the original 13 colonies, are unfit for human habitation is simply racist. To suggest that the duly elected representative in congress from that district should leave Washington and go fight crime like a superhero in a cape is either racist or represents a total misunderstanding of civics. I am willing to give Trump the benefit of the doubt — I assume he doesn't fully understand Rep. Cummings role in our government and the job he was elected and paid to do, which is represent his district's interests in Washington.

Those that will continue to support this so-called President, or more accurately Russian stooge, I am not necessarily inclined to give the benefit of the doubt. Some are ignorant; some delude themselves, but most know better and power through it.

TERRANCE WASHINGTON  
SPENCER

Please turn to A8, & A9 for more  
Letters to the Editor



North Brookfield's Mikey Smith, five, learns the basic concepts of juggling from Henry Lappen.

### JUGGLER

continued from page 1

ule. A jersey autographed by the entire Eastern Conference champion Boston Bruins will be raffled off on Aug. 22. This event is part of a summer reading challenge that has taken place throughout the summer.

The library also continues to get strong feedback on its recent robotics boot camp, which enabled students to learn about coding and other technologies.

Regular ongoing events at the library

this summer include:

Adult coloring group (Mondays from 5:30-6:30 p.m.)

Story hour (Tuesdays at 10 a.m.)

Lego Club (Wednesdays from 5:30-6:30 p.m.)

For more information about upcoming programs at the library, call 508-867-0208. You can also visit [www.NorthBrookfieldLibrary.org](http://www.NorthBrookfieldLibrary.org), which has a complete listing of activities for adults and kids this summer.

### STREET PARTY

continued from page 1

Officials hope the street party this month will showcase the town to prospective residents and business owners seeking to live and work in Spencer. Event organizers thank all volunteers, sponsors, and vendors who took time out of their schedules to get involved in the event and celebrate Spencer.

Parking for the street party is available in the Price Chopper lot and the Town Hall lot. An information tent will also be set up for guests to obtain a schedule of all events.

Business sponsors for the street party include Barnstorm Cycles, Cornerstone Bank, Alpha Cars, Dumpster Services, Webster Bank, Spencer Fairgrounds, Klem's, Dancing Hammer, Bond Construction, Ahearn, Big Y, Mercury Wire, Kostas Cafe, and Village Pizza.

**2019-2020  
BACK TO SCHOOL GUIDE**

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Kids enjoy singing and dancing activities.



Church volunteer Clarence Snyder enjoys a watermelon snack with participants.



Kids create fun crafts with the help of volunteers.



Elaborate jungle scenes were created by dedicated volunteers.



Volunteers spent several months creating the decorations.

**BIBLE SCHOOL**  
*continued from page 1*

spent an entire week in July finalizing the decorations and transforming rooms into jungle scenes. And the kids always enjoy the themes each

year. The church is split into several indoor and outdoor stations, where students can take part in such activities as singing, arts and crafts, videos, and outside recreation. Biblical lessons are interspersed into each activity, and kids are able to

show off everything they learned during a Friday evening performance in front of friends and family.

“This program is all about showing how God helps us overcome obstacles in miraculous ways,”

said Donna Brown, who helps organize the event each year. “The kids really love it, and our volunteers make all of this possible.”

Church leaders are already seeking volunteers for next year’s

decorations. The 2020 VBS will have a Rocky Mountain theme, so be prepared to go mile-high with your creativity.

Meanwhile, local youngsters can’t wait for next year’s VBS. Many students return each year, and volunteers enjoy giving them the opportunity to learn in a unique summer environment.

“I never had a vacation bible school when

I was a kid. It creates an environment that is exciting and educational for kids,” Brown told the New Leader.

The BCC vacation bible school is unique in that it opens its doors to students from several communities and churches. This year, students from at least six area churches attended VBS.

**New technology to be installed in Leicester police cruisers**

LEICESTER – The police department recently announced that it has been given the green light for new technologies in its cruisers.

The state’s Executive Office of Public Safety and

Security announced that several LPD patrol units will receive technology called Motor Vehicle Automated Citation and Crash System. The technology benefits an officer’s ability to capture pertinent information about a crash or motor vehicle violation and quickly print necessary documentation. This reduces the length of exposure to potential roadside hazards for officers and drivers involved in accidents.

The technology allows for streamlined data collection, improved data quality, and improved timeliness

of reporting to state and federal agencies.

Each patrol unit will be outfitted with a printer, which will eliminate the need for officers to fill out accident exchange forms by hand and then enter information into the system later. The technology also makes it easier for data to be exchanged between law enforcement agencies.

The technology is expected to be installed in the cruisers by the fall.

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PRESIDENT AND PUBLISHER

**BRENDAN BERUBE**  
EDITOR

## EDITORIAL

# Don't sweat the small stuff

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before Old Man Winter heads back into the neighborhood. Many people who suffer from "burnout" welcome the longer days and warmer weather; however, sometimes these three months of frisbee throwing and hanging by the lake aren't enough.

With the go, go, go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers.

If work is taking its toll on you, you may need to make some changes there. Experts say that oftentimes, simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out.

Managing stress properly is huge; however, not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are overworking themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. A society that was able to put a man on the moon, however, can surely come up with ways for all of us to find the time to put ourselves first without letting our job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms, but often, a week isn't enough time to truly combat burnout. If you are at a severe risk of burning out, experts say to stop working for at least two weeks and cut yourself off completely from the office. According to those in the know, they say most employers will understand that this break will result in a better employee after they return. If two weeks isn't in the cards, at least take one day a week to yourself with no phone calls, no emails or anything work related.

Finding a release is imperative, whether it's going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability.

Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We're not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary and you need to protect it.

Oftentimes, people take better care of their vehicles than they do themselves. To keep a car running smoothly, you need to upkeep with maintenance, use top of the line fuel and keep the miles low.

In the book "Don't Sweat the Small Stuff, and It's All Small Stuff" by

Turn To **EDITORIAL** page **A10**

# VIEWPOINT

OPINION AND COMMENTARY FROM SPENCER, LEICESTER AND THE BROOKFIELDS

## LETTERS TO THE EDITOR

### Unanswered question, part 3

To the Editor:

Ms. Rizzo, I apologize I was not able to answer your question to your liking, satisfaction; as for president Trump not respecting my beliefs and that of the many Christians and non Christians beliefs, president Trump is doing exactly what he was elected to do respecting and supporting our spiritual and physical needs by providing work, protecting all the citizens of this country from foreign intruders, immigrants who want to enter this country illegally, our economy is doing very well, and, president Trump is making an effort to change the immoral conditions of this country by respecting the life of the unborn.

As for actually keeping a Constitutional Democracy for all, the President is not able or willing to do that. We are a Constitutional Republic, our present Constitution is a Republic Nation, the Constitution of the United States of America has fundamental laws guaranteeing certain basic rights for the citi-

zens. Delegates to the Constitution in Philadelphia signed our present Constitution on Sept. 17, 1787. There are 27 Constitutional Amendments.

Our Constitutional Republic is a state in which the people and their elected representatives hold the power. We are a republic, not a democracy; we have a government of the people, our voice and our votes, not a democratic socialist people ruled, governed by the government.

President Trump and the people who elected him want to remain a Republic Nation, a government by the voice, votes of the people, and yes; president Trump will keep that alive for all. Actually, president Trump could do more for the people, this country if he received support from the democratic congress.

I am not sure if this satisfies you, answers your question.

GOD BLESS YOU, GOD BLESS AMERICA.  
ROLAND BLAIS  
BROOKFIELD

## Words to yourself

To the Editor:

A friend of mine once told me, "Don't waste your time with self-deprecation, there will be plenty of people throughout your life willing to do it for you." And, he's correct...

Being a conservative in a state that competes with the likes of California as to who can Out-Left the other, I have received my fair share of daggers from, but not limited to, irate liberals. Whether it be in a face to face conversation or a volley from behind a keyboard, the more vial, possibly libelous, often angry, most definitely condescending, and always degrading 'tongue lashings' have been from those keyboard warriors who would never say to your face what they do on social media (or in print). Some time ago I resolved to not post anything in reply that I would not respond with in their presence. As of recent, I don't do all that much on social media besides posting my morning workout results and reposting a meme or two. My lack of involvement isn't because I'm a coward and would never say anything that might frost someone's crops. My infrequency is only because arguing on social media is about as productive as spreading grass seed on astroturf.

Back when I was a little more active (read, argumentative), I posted about the kids from Florida that were involved, in one way or another, in the Parkland School shooting. Particularly, I focused on David Hogg(wash), who took it upon himself to become the poster boy for the gun control movement, pretty much calling his opinion worthless due to his ignorance. Well... cue the outrage from a former schoolmate of mine who began by telling me that everyone should be heard, those kids

should tell their 'story', everyone's opinion counts, and then finished by telling me that my opinion doesn't mean (radio edit) and that I should just [shut up]. Somewhere, within his literary masterpiece, I was accused of driving a gas guzzling pickup truck with something dangling from the tow hitch representing a certain pair of items, specific to the male anatomy. I'm just surprised he left out referencing mullets, shotguns, and Budweiser. So, there it was, whether or not I have ever accused myself of being a redneck in the past, there was someone willing to categorize me as so because my political and social leanings don't fall perfectly in line with his. In typical lib-fashion, he claimed to be smarter, better, the most open minded, and infinitely more worldly than someone who thinks the way I do. Insults to my upbringing, intelligence, ability, and knowledge... Deprecation completed and I hardly have to lift a finger. I could have fired back by pointing out his brazen hypocrisy, but, I couldn't shake the nagging feeling that this was just a way to lure me into a word fight that would eventually lead... nowhere. I quickly abandoned the notion of casting a scathing reply because it wasn't worth my time and effort. Besides, I had to go wash and polish my alleged man-truck to make sure the nuts didn't get rusty.

It took a while (about the time it took to scroll to the next post), but I have since recovered from that textual 'beat down,' just in case you were wondering.

MATHEW HERHOLZ  
SPENCER

## Thoughts on the Mueller hearings

To the Editor:

Just a couple random thoughts regarding the Mueller Report hearings: First, my mind wandered, due in large part to boredom, to the upcoming Red Sox vs. Yankee series. If I were to sit behind two men, one wearing a Sox hat and the other man wearing a Rays' hat, and both were cheering loudly for the Sox, is it safe to assume that both men were Red Sox fans? After some thought, I concluded that the Sox hat fan wanted the Sox to win because of his love of the Sox and the Rays' hat fan wanted the Sox to win because of his love of the Rays and his hatred of the Yankees. I would have asked the Honorable Robert Mueller; if you truly believe that the Russians did what they did to help the Trump campaign, was it because they wanted Donald to win or because they wanted Hillary to lose and how did you reach your conclusion? Does "The enemy of my enemy is my friend" ring a bell?

Second, I think I heard in both hearings that a person is innocent until proven guilty. If a prosecutor cannot prove guilt, the judgment would be a finding of not guilty. Because they cannot find guilt the defendant

could declare his innocence (if the above declaration is true). President Trump declared himself exonerated or cleared from accusation or blame. I would have asked the Honorable Robert Mueller; if you could not find guilt or blame and exonerated is not available to you as a matter of law, does your declaration of "I did not exonerate" fall on its face? It seems to me that stating I did not do what I cannot do is rather redundant.

As a final note: John, your letter was spot on. Using Shakespeare's "Macbeth" to describe the Squad was brilliant. I graduated from high school in 1965, and I learned to love the works of Shakespeare (whether he actually wrote them or not). My favorite soliloquy was from "Hamlet." As you remember, Polonius, in Act 2, Scene 2, stated "Therefore since brevity is the soul of wit and tediousness the limbs and outward flourishes, I will be brief." Like you, I believe that the works of Shakespeare are as relevant today as they were in the days of the Bard.

JIM REID  
SPENCER

## Welcoming a new child? Consider these financial moves



FINANCIAL FOCUS  
JEFF BURDICK

If a new child has entered your life, you are no doubt full of joy today and hopes for the future.

And you can help make that future a brighter one for your child and your family by taking some important steps in these areas:

**College** – Given the consistently rising costs of higher education, the earlier you start your savings and investment plans, the better off you will likely be. While it may be difficult to set aside money for education when you're still a young family, planning to cram at the last minute is not a good idea. Time is one of your biggest assets, and delaying even a few years can have a big effect on your portfolio's value.

**In addition**, just like regular attendance is crucial for success in school, setting aside money every month can help make a difference in reaching your family's education savings goals. Developing a strategy for achieving your education savings goal can help you stay on track. And if you have other goals, such as saving for retirement, it's important to address how they fit into your overall financial strategy.

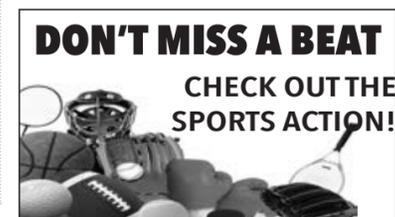
**Insurance** – If you did not have life insurance before, you may want to consider it now. Ask yourself: If something happened to me, would my child be able to stay in the same house? Receive an education? Enjoy a comfortable lifestyle? Even if you have an actively involved co-parent with a steady income, it still might not be enough to take care of your child in the way you would have wanted. Consequently, you may need life insurance – and you might need other types of protection, too, such as disability insurance.

**Estate plans** – With luck, you will live to see your children as adults who have found their way in the world. Still, it's best to be prepared for anything – which means you should draw up your estate plans well before they are likely to be needed. Among other things, you may want to name someone to serve as your child's guardian if you – and your co-parent, if one is involved – are not around. And because a minor generally cannot inherit money or property, you may also want to appoint a conservator to act as a guardian over whatever financial assets your child might inherit until the child is of age, which will be 18 or 21, depending on where you live. Your legal professional can help you determine whether you should write a will and possibly create other estate planning documents, such as a living trust.

Even when you devote the time and money necessary to your new child, you can't forget about yourself and your own needs – in particular, you must save and invest for retirement. Contribute as much as you can afford to the retirement accounts available to you, such as your 401(k) and IRA. After all, the more you put away, the less likely the need for your child to help support you later in life.

You'll have much to think about when you welcome a new child to your family but by taking the time to make the appropriate financial moves, you can help make the transition a positive one.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.*



Please turn to A9 for more Letters to the Editor

## LETTERS TO THE EDITOR

### Following the President's example

To the Editor:

As I count 'em, there have been at least 47 letters to this august weekly in which my name has been invoked—largely negatively—by contributors over the past few years. I save them all in a scrapbook, and while away snowy evenings by the kitchen wood stove re-reading them and getting a good chuckle from some of the more colorful ones. I always take comfort in the knowledge that “When you’re taking flak, you know you’re over the target.” There’s been a few positive comments, but I know that most of the conservatives in the area who identify with my perspective are hard-working proud Americans who are just too tired from their labors to sit down and write supportive comments for anyone, let alone a right-wing loon from the backwoods of East Brookfield.

But, to the Editor, I have this to say: where’s my stipend? I put myself out there to draw the fire of the moonbats—and suffer the slings and arrows of cruel fate—and as it comes more and more people read your paper to see how the war of words is going. I presume that increases the chances that more of your readers will see your advertisers and consider purchasing their goods or services. So, where’s my cut? You know my address.

Now, thanks to the example set by our sturdy and steadfast President, a warrior who relishes the battle, and who, as nice a man as he is personally, will not let an insult or disparagement pass without a counterattack, I need to respond to a few of my latest critics.

First, to one Richard Taylor of Spencer, who lambasted me for my campaign to expose the Faux Five as the phonies they are. Simply put, because they monopolized the Editorial Page with their incessant Marxist claptrap coupled with personal and generalized attacks on conservatives, Christians, and Trump supporters in the area, I wondered if they actually existed. I found they didn’t, and not one shred of evidence has been produced by anyone, least of all they themselves, to disprove my contentions—despite having had plenty of time and opportunity to do so. So, Richard Taylor, what is it that bothers you—a lying, scheming leftie who creates fictitious characters out of whole cloth, and thus perpetrates a fraud on the readership, or me who simply points it out and lays bare the whole corrupt project?

Next, one Matt Defosse of Spencer who tries to reassure one of the frauds that he has nothing to fear from meeting with me as I am so enfeebled, nearly deaf and blind, probably

on four or five medications, with one foot in the grave and another on a banana peel that surely I posed no realistic danger to my snowflake antagonist. All right, I am old as dirt, but I invite this Defosse character, whoever he may be, to come out to my place and stay with me for a day matching my output. We will be cutting trees, splitting and stacking wood, digging in the gardens under a hellish East Brookfield sun, and, in the off-season, snow blowing or shoveling 500 feet of uphill driveway—among other things. We’ll see who the E.M.T.’s come to take away first. But, he was, unknowingly, correct. Ever the consummate gentleman, no matter how severely provoked, none of the Faux Five have anything to fear from me.

And, finally, to Ms. Rizzo, also of Spencer. My dear woman, I cannot help you any more than I have already done, even though you appear to be a nice and polite woman, albeit a liberal. Your anxiety about Mr. Trump and your precious Constitutional Democracy (which exists only in your mind and that of other liberals) is completely and utterly unfounded. What else does the man have to do to get you to put a sock in it? Standing alone against all the forces of the Deep State, the press, the universities, Hollywood, corporations, politicized Obama judges, the brain-dead Democrat Party,

the noxious and pervasive forces of political correctness, etc., he has still managed to accomplish remarkable things for this country...and without stepping on any of your precious “rights.” Lowest Black unemployment ever! Same for Hispanics. Same for women. Millions relieved from having to depend on Food Stamps. Robust and continual growth in the economy. Two jobs for every citizen willing to work. Germany forced to start paying for their own defense. With great courage, he fought back and survived the Swamp’s criminal attempt to dethrone a duly elected President based on preposterous and spurious allegations. He began the process of inserting a spine into the hapless Republican Party. And, there’s much more for which he alone deserves credit.

I cannot understand why otherwise well-meaning people like yourself just don’t get it. Stop listening to the swells of the media and academia. Think for yourself. He’s doing what he promised to do: restore America to its prior greatness despite every conceivable obstacle being placed in his path by people who love power and control more than they do America.

As ever,

JOHN McRAE  
EAST BROOKFIELD



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# Keep Your Cool Under the Hot Summer Sun

The recent heat wave inspired me to review some common sense tips to chill down this season. So if the sizzling sun has you losing your cool, read on. The following hints can help relieve some of the summer's heat in record time.

Some quick tips:

\*Did you know when you make your head cold, the chilled blood circulates and cools the rest of your body? Simply place a cold compress on your forehead or an icebag on your head or on the back of your neck to cool off quick.

\*Also to prevent overheating while exercising, wrap a terry cloth band or bandana soaked in ice water around your head while you participate in sports or bike, or run. Here's a simple but highly effective tip: If you are planning to be outside for a while or driving in a hot car, try bringing along a spray bottle of water. Just mist your face as needed. Common sense - but it works!

\*Guys, here's a tip you may not know about. Don't take off your shirt to cool off, even if you aren't directly in the sun. Once you start perspiring, a shirt can act as a cooling device when a light breeze goes through. So stick to light colored tee shirts to keep cool. And loose cotton shirts keep you cooler longer, especially when working or playing outside.

Trying to beat the heat while cooking supper? Select right-sized pots and pans with tight-fitting lids and cook at lower temperatures to reduce energy use. A six-inch pan on an eight-inch element,

for example, wastes 40% of the element's heat output and releases the heat into the air.

Avoid heavy foods, and add to your summer diet foods that contain a lot of water such as watermelon, pineapple, summer squash, tomatoes, etc. to keep hydrated and cool.

If you're busy and working or playing in the summer sun, it is easy to forget how much (or little) water you are drinking. Did you know that if you are thirsty, your body is already 15% dehydrated? Don't wait until you are thirsty to drink, especially in the heat of summer.

Also, it pays off to be aware of how often you urinate and if possible the color of the flow. You should be drinking enough liquids that you need to urinate at least every two hours and the urine should be clear yellow; if it is dark yellow or orange, you are in trouble and get fluids into you immediately.

And "just say no" to caffeinated, sweet, or alcoholic beverages during a heat wave. They act as diuretics and can play havoc with your body temperature.

From the National Weather Service: Signs of heat emergencies and first treatments treated:

Heat cramps signs: Muscular pains and spasms due to heavy exertion.



TAKE THE HINT  
KAREN TRAINOR

Although heat cramps are the least severe, they are an early signal that the body is having trouble with the heat. Heat cramps occur when the heat index is above 90 degrees.

Heat cramps first treatment: Get the person to a cooler place and have him or her rest in a comfortable position. Lightly stretch the affected muscle and replenish fluids. Give a half glass of cool water every 15 minutes. Do not give liquids with alcohol or caffeine in them, as they can make conditions worse.

Heat exhaustion signs: Cool, moist, pale, or flushed skin; heavy sweating; headache; nausea or vomiting; dizziness; and exhaustion. Body temperature will be near normal. Heat exhaustion occurs when index values are above 90 degrees and is likely to occur when the value is more than 105 degrees.

Heat exhaustion first treatment: Get the person out of the heat and into a cooler place. Remove or loosen tight clothing and apply cool, wet cloths, such as towels or sheets. Seek medical help. If the person is conscious, give cool water to drink. Make sure the person drinks slowly. Give a half glass of cool water every 15 minutes. Do not give liquids that contain alcohol or caffeine. Let the victim rest in a comfortable position, and watch carefully for changes in his or her condition.

Heat stroke signs: Hot, red skin; changes in consciousness; rapid, weak pulse; and rapid, shallow breathing. Body temperature can be as high as 105

degrees F. If the person was sweating from heavy work or exercise, skin may be wet; otherwise, it will feel dry. Heat stroke occurs when index values are above 105 degrees.

Heat stroke first treatment: Heat stroke is a life-threatening situation. Help is needed fast. Call 911 or your local emergency number and follow medical advice until first responders arrive.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

## Still time to make additions and changes to your landscape



Melinda Myers Photo

Interplanting Bright Yellow Swiss Chard, parsley & Imperial Antique Shades Pansy creates a garden that provides both food and ornamental appeal.

The cool wet spring delayed planting, deck and patio installations and other outdoor projects. Fortunately, there is still time to complete much of your outdoor work.

Many gardeners missed or limited spring planting due to the weather. You can still add vegetables to your garden, mixed borders and containers. Just check the seed packets for the number of days from planting to harvest. Then calculate the number of days left in the

growing season and plant those veggies that have enough time to reach maturity before the first fall frost. Leaf lettuce, radishes, spinach and peas are just a few to consider.

Late August is a good time to patch bare spots, overseed, or start a new lawn. The soil is warm, air temperatures are starting to cool and rain showers are often less intense. This means the grass seed will germinate more rapidly and the young seedlings will thrive in

the cooler temperatures.

Fill voids in the garden with fall blooming annuals. These add color to the late summer and fall landscape. Many provide needed nectar for the pollinators, helping them prepare for winter hibernation or their long migration home. Look for nemesias, pansies, stocks, dianthus and other plants that thrive in cooler weather.

Plant perennials to add color and texture to your landscape throughout the year. Get the most out of every inch of your landscape by selecting plants with multiple seasons of interest. Select perennials with colorful flowers, attractive foliage and seed heads that provide winter interest and food for the birds. Make sure you include a variety of plants to provide spring, summer and fall blossoms for you, the bees, butterflies and hummingbirds to enjoy.

Survey your landscape and look for opportunities to use plants to screen unwanted views, maintain desirable lines of sight or create the perfect space for relaxing and entertaining. Remember to look up as you begin this process.

Avoid planting trees and large shrubs under overhead utilities. When these small transplants reach their mature size they can create a hazardous situation and require removal or severe pruning that leaves you with an unattractive plant.

As you begin planning and at least three business days before you put the first shovel in the ground always call 811. They'll contact all the appropriate companies who will mark the location of their underground utilities in your work area. This helps eliminate the danger and inconvenience of accidentally knocking out power, cable or other utilities while you create a beautiful landscape.

Help new plantings get off to a healthy start with proper care. Check new plantings often and water thoroughly whenever the top few inches of soil are crumbly and moist. This encourages deep roots that are more drought tolerant and better able to compete with weeds and tolerate pests.

Spread a layer of shredded leaves, evergreen needles or wood chips over the soil surface to conserve moisture, sup-



GARDEN MOMENTS  
MELINDA MYERS

press weeds and keep the roots cool and moist. Keep mulch off the crowns of plants and trunks of trees. Mulching now reduces time spent watering and weeding.

Take advantage of the remaining season to make the changes you'd like to see in your landscape. You'll enjoy the adding beauty and improvements this fall and for years to come.

Melinda Myers is the author of numerous books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).

## Gobi advocates for Food Policy initiatives in state budget

BOSTON — Sen. Anne M. Gobi (D-Spencer) is proud to announce that a group of initiatives aimed at increasing access for fresh, local food has been included in the conference committee report of the state budget. As the co-chair of the Massachusetts Food Systems Caucus and the Senate Chair of the Joint Committee on Environment, Natural Resources, and Agriculture, Senator Gobi has studied the need for greater food access for many years and advocated for funding boosts to food programs during Senate debate. Gobi filed amendments supporting Buy Local initiatives, the statewide Healthy Incentives Program, and the Farm to School project that were all adopted in the reconciled version of the final budget.

When asked for comment on the initiatives, Sen. Gobi remarked, "There are many good aspects of the budget and those areas that have a direct, daily

impact on our health and well-being are vitally important. Making sure that people, especially children and the elderly, have access to healthy food is important for not only their health, but the health of our local farming economy, and I am proud to see these included."

In adopting the Senate language proposed by Senator Gobi, the Healthy Incentives Program (HIP) will be funded at a rate of \$6.5 million, the highest it has been since the program's launch in 2017. The HIP works by providing a dollar-for-dollar match for Supplemental Nutrition Assistance Program (SNAP) recipients' purchases of locally-grown fruits and vegetables directly from farmers at participating farmers markets, farm stands, mobile markets, and community supported agricultural programs (CSAs). Each dollar spent through the program results in an additional \$1.12 in local economic impact as farmers in turn contribute that money

back to the local economy, and SNAP sales at farm retailers have resulted in \$9 million in increased sales. The \$6.5 million allocation is a \$2 million increase from last year's total.

Sen. Gobi was additionally successful in advocating for funding the Buy Local Program at a rate of \$500,000 and the Farm to School Project at \$120,000. Together, these two programs increase consumer access to healthy, locally grown foods while providing farmers with critical new revenue streams. The Buy Local Program has been so successful there are now nine such organizations statewide helping to generate consumer awareness and demand for locally grown food products, while improving access to these important food sources at the same time. Similarly, the Farm to School Project helps connect schools, hospitals, and other facilities with locally grown food they may not have had access too- and

the organization reports that nearly 68% of Massachusetts school districts are currently participating in the program.

Lisa Damon, Co-Director, Mass. Farm to School says "the funding Mass Farm to School receives through the annual state budget is critical in supporting schools as they incorporate local foods into their cafeterias and implement local food education in classrooms. Farm to school programming helps strengthen local economies and build healthy communities - a win-win for cities and towns across Massachusetts. We are grateful for Senator Gobi's continued support of farm to school and other important food system initiatives."

For more information on the programs, please contact Senator Gobi's office at (617) 722-1540.

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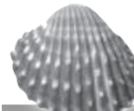
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### EDITORIAL

continued from page A8

Richard Carlson, he talks about how when you die, your 'In Basket' won't be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this, he says we put off having fun or spending time with loved ones. Keeping a full 'In Basket' means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die, there will still be things left to finish, and that someone else will do it, so there is never a reason not to step back, take in a deep breath, and smell the proverbial roses every once in a while.

# Lucking out on Lake Ontario



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

tions can ruin a good fishing trip as this writer and numerous other buddies of mine can tell you.

I often made the trip to Lake Ontario with a couple of fishing buddies. The late Jack Cunningham and Peter Oppenwall of Douglas planned our trip annually to the big pond, mostly in the spring, but did make a couple of trips in August prior to the big run of salmon which were returning to the Salmon River. We often stayed at a camp on the water in later years called Winnies Waterfront, which was located at Sodus Bay. We caught a few big brown trout that were in the 20 lb. range while fishing with planer boards. Unfortunately, the couple that owned the lodge had since passed away.

Hooking into big brown trout and king salmon had me eager to move to upstate New York, so that I could enjoy fishing for the big fish more often. Fortunately, my wife refused to move to New York, and it was a good thing that she did. Winter months in that area can be severe with ocean effect snows lasting for four months out of the year. After I came to my senses, I realized that Lake Ontario was a great



place to visit, but the valley was where I belonged. Moving and changing my other outdoor activities was not what I really wanted. I found that saltwater fishing can be just as exciting, and catching big fish in saltwater has me going back for more every year.

The changes in the 2020 turkey season allow for harvesting two tom birds in one day in the spring, but the third bird needs to be harvested in the fall. Local turkey hunters

were hoping for the third tom to be harvested in the spring as it is much more exciting, being able to call them into a few decoys. Oh, well!

This week's two pictures show a king salmon and a huge brown taken in the Salmon River a few years ago! The river's annual run of salmon is best in September & October.

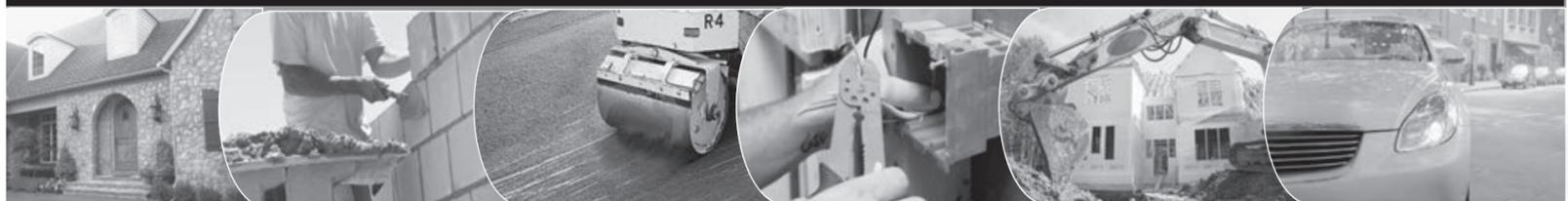
*Take A Kid Fishing & Keep Them Rods bending.*

Anglers that want to catch big fish during the dog days of summer need to take the time to make a trip to Lake Ontario in upstate New York. Fat Nancy's Bait & Tackle in Pulaski reported that fishing has been red hot for a couple of months on King Salmon and very little attention is being made about brown trout fishing. Anglers need to fish in 100 to 125 feet of water to find the fish that average 20 to 25 pounds, with fish hitting the 30-pound-plus range. Reports

of 20 to 25 hookups a day by charter boat captains are being reported daily.

Making a trip to New York only takes four to five hours from the valley area. Calling Fat Nancy's bait shop for a reputable charter boat captain will have you catching king salmon the first day on the water, providing the weather conditions are favorable for boats to navigate the sometimes unpredictable weather on the big pond. Windy condi-

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# SPORTS

## Playoff results from Auburn Recreation and Culture Girls' Basketball Summer League

AUBURN — Following a 10-game regular season schedule at Auburn High, the Auburn Recreation and Culture Girls' Basketball Summer League began its playoffs on Thursday, July 25. There, the 10-team bracket got trimmed down to the Final Four.

Below are the final regular season

stands as well as the playoff results as of press time.

### Standings

1. Leicester High, 9-1
2. Shrewsbury/Worcester, 9-1
3. Worcester Union, 7-3
4. Grafton High, 7-3

5. Quabbin Regional, 7-3
6. Quaboag Regional, 3-7
7. David Prouty Regional, 3-7
8. Burncoat High, 2-8
9. Auburn High, 2-8
10. Bancroft School, 1-9

Playoff Results — July 25 at Auburn

High

- (7) David Prouty 49, (10) Bancroft 19
- (9) Auburn 25, (8) Burncoat 20
- (1) Leicester 56, (9) Auburn 20
- (7) David Prouty 40, (2) Shrewsbury/Worcester 38
- (3) Worcester Union 36, (6) Quaboag 24
- (5) Quabbin 33, (4) Grafton 31



Nick Ethier photos

The local teams from Leicester High, David Prouty Regional and Quaboag Regional all took part in playoff action inside the Auburn Recreation and Culture Girls' Basketball Summer League on Thursday, July 25, with the Wolverines and Panthers advancing to play each other in the semifinals (after press time).

## Rosseel, Sullivan have seen it all with Sturbridge American Legion Post 109 baseball program

BY KEN POWERS  
SPORTS CORRESPONDENT

STURBRIDGE — The 2019 American Legion baseball season was both the end of an era and, hopefully, the dawn of a new beginning in what has been Post 109's long and often frustrating history.

In the same summer that Dudley resident and Shepherd Hill Regional graduate Mick Sullivan played his final season for Sturbridge, Post 109 won the first two playoff games in not just manager and coach Jim Rosseel's tenure, but in the history of the program.

Was this a coincidence? It was probably not.

Rosseel has coached Post 109 for 11 seasons. In more than half of those — six — Sullivan has been on the team. In that time he has gone from a kid who stepped into the batter's box three times in his first two years to an adult who became the starting shortstop and who served as team captain the last two seasons.

Sullivan joined the Sturbridge team a week before his 14th birthday in a kind of packaged deal with his older brother Jack, who was also picked for the team that year.

"One of the reasons we took him was to give his parents some relief," Rosseel said. "With Jack on the team I didn't want Mick to have to play somewhere else that summer and make his parents run around like chickens with their heads cut off, trying to go to two different places at the same time with two kids playing different levels of baseball."

Mick Sullivan made a lasting impression on Rosseel the very first day of tryouts.

"The first day of tryouts I had him in the outfield and I said, 'Mick, what do you think of Legion baseball so far?'" Rosseel remembered. "And he said, 'coach, I want to play for you for six years. I want to play Legion ball.' I told him that was a good attitude to have and if he kept that attitude he would be playing for six years and would become a starter."

He did and he did.

"Jim was honest and up front with me about what my role on the team would be," said Sullivan, who, chronologically, is the third of Ray and Shannon Sullivan's four children, behind Jack and Molly and ahead of Maggie. "He's like that with every player every year."

"I've never heard anybody say a bad word about Jim. Not once. He is always a straight shooter; when you're going to play, when you're not going to play.



Courtesy photo

Sturbridge American Legion Post 109 manager Jim Rosseel and six-year player Mick Sullivan have seen it all through the last half-dozen summers. This year Post 109 won their first two playoff games in the program's history.

How you can get yourself in the game. He lays it all out for you as a player," Sullivan continued. "If you have a problem with Jim Rosseel you need to seek medical attention."

Rosseel said Sullivan embraced his role as a guy who wasn't going to play much — if at all — his first two years.

"From Day 1 Mick did everything we asked," Rosseel said. "He chased every foul ball; he passed the hat every game, always with a smile. He's a great kid. He chased foul balls for us all six years, even this year. If I were to ask him this year to pass the hat he would have done it and done it again with a smile."

Sullivan remembers those first two years well — and fondly.

"My first year I got my only at-bat in the next-to-last game of the year, against Milford, and the kid pitching was throwing 93," Sullivan said. "Needless to say I struck out."

Sullivan didn't play again until the final game of his second season.

"It was against Northborough. Mike Murphy, who was coaching with Jim at the time, told me before the game that because Mick was the guy chasing every foul ball, passing the hat, and doing whatever they needed him to do, he was going to start Mick that night at second base," Ray Sullivan recalled. "I was really excited about that because it meant he would be able to play alongside his brother Jack, who was playing

first. It was Jack's final Legion game. It was the only game the two have ever played together.

"The game was tied, 4-4, in the seventh," added Ray Sullivan, who was keeping the scorebook for the team that night. "I realized during the inning that Mick had a real shot to bat in the inning. So I said to Mick, 'this game might end with you at the plate.' And Mick said, 'God, I hope not.' And then he came up and drilled a line drive, the winning run scored and we had a walk-off win."

Mick Sullivan said that at-bat was a defining moment for him in Legion baseball.

"That was huge because I had been around those guys my whole life, ever since I was a little guy, because they were all Jack's friends," said Sullivan, who was either on the bench or in the lineup for 135 of the 144 games Post 109 played while he was a member of the team. "Being able to actually contribute to something they were doing was huge for me, confidence-wise. My third year when I showed up I was more confident in my abilities; I wasn't a little guy anymore. I started at second that year and moved to short the next year."

Mick Sullivan was really happy to be a part of the team that delivered Jim Rosseel his first two Legion playoff victories.

"It was great that we could get that first playoff win for Jim. He is such a big part of making this team a success. He does whatever it takes," Mick Sullivan said. "There are stories out there about a guy not having his paperwork in on time and Jim will show up at the guy's house at 10:30 at night just to get the paperwork."

Rosseel was surprised that his team even knew that their first playoff win this season was such a milestone moment for him.

"I didn't realize they knew how important that win was to me. A lot of guys on this year's team have been with me for a while. My first goal this year was to make the playoffs. I told the team before the season, 'I just want to make the playoffs. If we make the playoffs and we end up winning any games, that's a bonus,'" Rosseel said. "I think we're starting to turn the corner. The master plan is starting to come to fruition. This is what I envisioned."

This season Sturbridge finished the regular season 11-11, earned the No. 5 seed, went 2-2 in the playoffs and finished in the Zone 4 semifinals.

## SPORTS BRIEFS

### Annual golf tournament to benefit Saint Jean Baptiste Educational Foundation

Join the Saint Jean Baptiste Educational Foundation on Monday, Aug. 19 at Pleasant Valley Country Club for their 23rd annual golf tournament. The cost is \$150 per person, twosomes and singles are welcomed. There will be a hole-in-one contest, a putting contest, door prizes and a special golfers raffle. The event features 18 holes of golf on the PGA and LPGA course with valet parking, bag handling services, unlimited use of the driving range, chipping area and putting areas prior to the 10 a.m. shotgun start with a Florida-style scramble. Early registration is at 8 a.m. and carts with big rain covers, a gift bag, coffee, a continental breakfast and snacks will be served. The dinner to follow is an executive buffet. For additional information and registration please call Golf Committee member Ken at (508) 277-5314 or Foundation Trustee Ted at (508) 764-7909. Deadline for payment is Aug. 9. Golfers who make the entire payment by July 29 will be placed into a raffle for a chance to win a gift certificate from the pro shop at Pleasant Valley.

### Westminster Golf Club — Kettle One League Weeks 13 and 14 Results

Week 13  
First Place: Roger Pontbriand and Scott Letendre, +4  
Second Place: Gene Varney and Todd Wozniak, +3  
High Individual: Roger Pontbriand, +4  
Closest to the Pin on Ninth Hole: Roger Pontbriand

Week 14  
First Place: Robert Francis and Kris Houston, +1  
Second Place: Vinny Cloutier and Jack Lacroix, Even  
High Individual: Kris Houston, +1  
Closest to the Pin on 10th Hole: Butch Thibault  
Closest to the Pin on 12th Hole: Butch Thibault  
Closest to the Pin on 17th Hole: Bryan Benicaso

### Quail Hollow Golf & Country Club Results

Still Hart's League  
First place: Ed Regin and Roger Lusignan, +6  
Second place: Todd Allen and Kevin Demm, +5  
Third place: Ron Barnes and Chris Logan, +4

MLK Golf Outing  
First place (58): Team Worcester County Freight  
Second place (61): Fred Cowan, Ron Roy, Tony George, Alex B  
Third place (61): Bill Mosley Worcester Fire

Sunday Sweeps  
First place: Dave Woodward, Ron McCann, Kevin Berube, Tony Woodman; -19  
Second place: Mark Laprad, Ron Jette, Jim Wilson, Gary Ward; -18  
Third place: Dave Larson, Mike Rigiero, Rich Ferguson, Art Rossi; -14

# SPORTS

## Auburn Recreation and Culture Boys' Summer Basketball League finds final four playoff teams



AUBURN — Playoff seeds were determined in the Auburn Recreation and Culture Boys' Summer Basketball League after the 14 teams involved each played a 10-game schedule. The final standings to figure out the playoff matchups are as follows:

1. Bartlett High, 10-0
2. Leicester High, 9-1
3. Grafton High, 8-2
4. Northbridge High, 7-3
5. Uxbridge High, 7-3
6. Oxford High, 6-4
7. Quaboag Regional, 5-5
8. Millbury High, 4-6
9. Shepherd Hill Regional, 4-6
10. Tantasqua Regional/St. Mary's

- High, 3-7
11. David Prouty Regional, 3-7
  12. Southbridge High, 3-7
  13. Tahanto Regional, 1-9
  14. Auburn High, 0-10

Then, on Monday, July 22, seeds 3-14 played first round playoff matchups at Auburn High, with the top two teams earning byes. Those results are as follows:

- (3) Grafton 67, (14) Auburn 25
- (4) Northbridge 47, (13) Tahanto 35
- (5) Uxbridge 53, (12) Southbridge 40
- (6) Oxford 37, (11) David Prouty 18
- (10) Tantasqua 73, (7) Quaboag 48
- (8) Millbury 42, (9) Shepherd Hill 32

The eight-team quarterfinals were then played on Monday, July 24, with those results as follows:

- (1) Bartlett 74, (10) Tantasqua 59
- (8) Millbury 58, (2) Leicester 52
- (3) Grafton 40, (6) Oxford 36
- (5) Uxbridge 34, (4) Northbridge 32

That sets up an all Southern Worcester County League semifinal, with Bartlett, Millbury, Grafton and Uxbridge all moving on. The two winners will then play for the championship. Those games were played on Monday, July 29, and check back next week for those results.



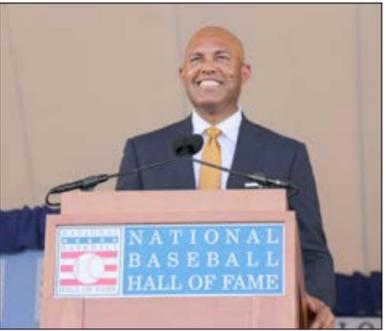
Jason McKay photos

The playoff action in the Auburn Recreation and Culture Boys' Summer Basketball League picked up when 10 games were played over the course of two dates (Monday, July 22 and Wednesday, July 24) to trim the 14-team field down to the semifinals.

## Cooperstown honors latest inductees into Baseball Hall of Fame

COOPERSTOWN, N.Y. — On Sunday, July 21, the National Baseball Hall of Fame inducted its latest class, which included premier players Mariano Rivera, Roy Halladay, Mike Mussina, Harold Baines, Edgar Martinez and Lee Smith.

Local resident Dick McGrath was on hand to photograph the players' (as well as Brandy Halladay, in honor of her late husband, Roy) acceptance speeches.



Photos courtesy Dick McGrath

Mariano Rivera



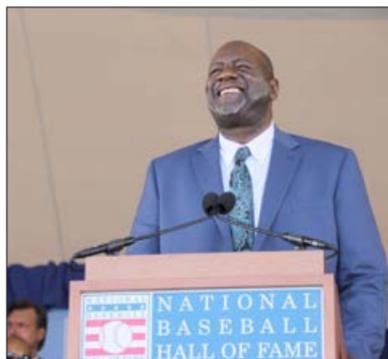
Harold Baines



From left, Tim Mead (Baseball Hall of Fame president), Brandy Halladay, Jane Forbes Clark (Chairman of the Board) and Rob Manfred (Major League Baseball commissioner).



Edgar Martinez



Lee Smith



From left, Tim Mead (Baseball Hall of Fame president), Mike Mussina, Jane Forbes Clark (Chairman of the Board) and Rob Manfred (Major League Baseball commissioner).

### SPORTS BRIEFS

Join PinkHippy.org for a family event for cancer patients and survivors

Come join the fun. Paddle for Recovery with Casi, bring the entire family and play volleyball with the Holy Cross volleyball team, enjoy a potluck BBQ, hang out on the beach, swim and enjoy the end of summer!

It's no secret that Mother Nature can help heal. Just step outside after a stressful day and you immediately start to feel relief. Add in movement or exercise and the benefits grow. New studies have shown that outdoor activity can aid in recovery from disease, reduce stress, increase concentration, and improve your overall health and wellbeing. If you can enjoy these benefits while burning calories and building muscle, then that is what the doctor ordered.

Paddle for Recovery is a free SUP class for those currently undergoing or who have recently completed treatment for cancer. Our mission with this program is to provide an opportunity to escape on the water and maybe even find a new passion that can assist in recovery.

Join us on Tuesday, Aug. 27 at Lake Siog Park in Holland. Grills and picnic tables are on site. Bring your own chairs or blankets to sit on. Carry in carry out!

Schedule of events:  
4-5 p.m. Registration, BBQ, Social

5-7:30 p.m. Volleyball Clinic and pick-up game (for kids and adults)

5:30-7 p.m. Paddle for Recovery for survivors (limit 10 spots, sign up early!)

8 p.m. Group photo of Survivorship

Contact info@pinkhippy.org, or call (508) 304-3463 for more information. Registration is required to attend this event.

### 9Round Worcester — James Street naming sponsor for second annual Running Out Of Summer 5K

WORCESTER — Wormtown Milers and RapsCALLION Brewery are pleased to announce 9Round Worcester — James Street as the Naming Sponsor of the second annual Running Out Of Summer (ROOS) 5K. The race, which begins and ends at RapsCALLION Brewery in Sturbridge on Aug. 24 (with a 10 a.m. start time and a cap of 500 runners), benefits Second Chance Animal Services with locations in Worcester, East Brookfield, North Brookfield, and Springfield. One can register online at [www.roos5k.racewire.com](http://www.roos5k.racewire.com).

"We are so proud to be naming sponsor for the second year in a row," commented Sheri Barrette, Owner of 9Round Worcester — James Street. "The focus on both fitness and animal welfare in the local community is the perfect fit for 9Round Worcester and for me personally."

Conceptualized as a means to promote philanthropy, fitness, and positivity in the south-central Worcester county community, ROOS 5K has

already become a local favorite. The race, which is co-hosted by Wormtown Milers and RapsCALLION Brewery, sold out with an extensive wait list in its inaugural year. Post-race feedback was extensive and extremely positive.

"ROOS 5K 2018 was one of the most wonderful events I've ever been a part of," said Lindsay Doray, Director of Development at Second Chance Animal Services. "Not only was it a day filled with smiles and laughter, but the race also donated over \$7,000 to Second Chance AND we adopted out two dogs from our mobile adoption van on race day."

"We are thrilled to once again be co-hosting the Running Out Of Summer 5K with Wormtown Milers," said Cedric Daniel, Co-Proprietor of RapsCALLION Brewery. "This event is all about caring and community — key RapsCALLION values — and we are looking forward to ROOS 5K being an annual event here at RapsCALLION for years to come."

Participants in ROOS 5K will enjoy a scenic, timed 5K race that is dog- and kid-friendly, and will also receive a tech shirt, medal, and a free beer specially brewed by RapsCALLION for the event — the Running Out Of Summer Ale.

In addition to 9Round Worcester — James Street being announced as Naming Sponsor for ROOS 5K, additional sponsors include JFC Pros as a Gold Sponsor, Security Engineered Machinery and Southbridge Credit Union as Silver Sponsors, and Country Bank, Brenda M. Bianculli CPA, and OFS as Bronze Sponsors. Businesses interested in sponsoring should contact Emma Thibault at [wormtownmilersrun@gmail.com](mailto:wormtownmilersrun@gmail.com) or (617) 680-1112.

### ATHLETE of the WEEK

Brenda Hellberg

On Friday, July 26, Hellberg recorded the first hole-in-one of her career. She aced the 137-yard fourth hole at Quail Hollow Golf & Country Club with a 5-wood. Michael Hannon witnessed the hole-in-one.

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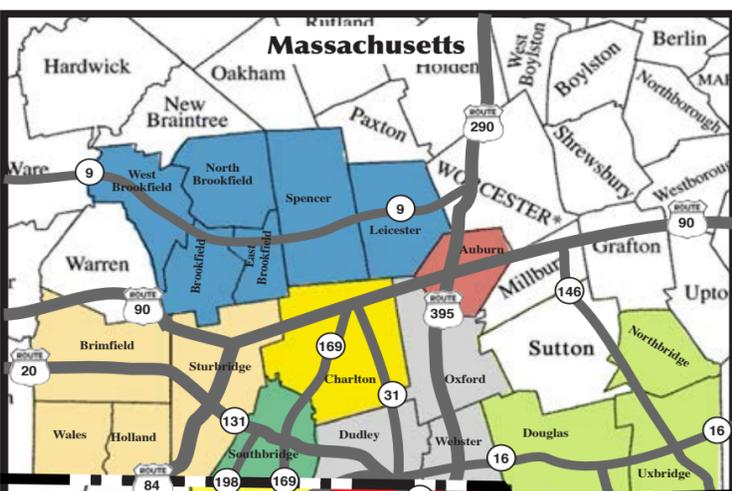
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# What's hot and what's not in antiques and collectibles



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
.....  
WAYNE TUISKULA

I often refer people to the Forbes article "Sorry, Nobody Wants Your Parents' Stuff" when they contact me with a house full of "brown furniture," glassware, and china. Unfortunately, prices are at the lowest I've seen for many of these items. It's not all bad news in the world of antiques and collectibles though. Some items aren't selling well, but there are many others bringing stronger prices than they did 20 years ago.

We've seen prices for porcelain collectibles like Hummels and Lladros drop for over a decade. There are plenty of collectibles that are still highly desirable. I've discussed comic books in previous columns. Comics remains a very hot market. 1960's and earlier superhero comic books in great condition can often bring hundreds of dollars. If you barely read your copy of the Hulk #1 from 1962, you could cash it in for enough to buy a house. A pristine copy sold for over \$300,000. Coins are also still strong. 1964 and earlier United



States dimes, quarters, half dollars, and silver dollars are 90 percent silver. Rarer coins can have numismatic (coin collector) value well above the silver value. Silver and gold coin continue to sell well at auction.

Some collector plates are selling for as little as \$1 on online auction sites. Hopefully, you have old advertising signs hanging on your walls instead of collector plates. We sold a 19th century trade sign in the shape of eyeglasses that brought over \$6,200 in one of our auctions. An old Campbell's Soup sign depicting an American flag, featuring multiple rows of soup cans depicting red and white stripes and blue cans rep-

resenting stars, sold at auction in 2013. The rare sign brought \$45,000.

One estate sale liquidator quoted in the Forbes article said that "old mahogany stuff from my great aunt's house is basically worthless." Prices have dropped considerably on most mahogany and other brown furniture. Even furniture by well known manufacturers such as Ethan Allen doesn't bring anywhere near what it used to. However, they can still be sold at estate sales, on Craigslist, etc. if they are well promoted and the price point is right. Midcentury modern furniture is fetching very strong prices though. We sold a Widdicomb mid-century mod-

ern chaise for \$3,500 to an out of state bidder in one of our 2017 auctions. A circa 1966 Warren Platner Settee for Knoll International sold for \$6,500 in a 2016 auction. If you happen to have furnished your home with midcentury modern furniture you could be literally be sitting on a windfall.

We continue to pick up a wide range of antiques and collectibles for our Aug. 29 live auction in Worcester. We also have many estate sales and other events scheduled for the fall. I'll be presenting on antiques as part of the Worcester Senior Center's Distinguished Speaker series on Oct. 16 from 10:30 to 11:30 a.m. The next session of my "Evaluation your Antiques" class takes place at the Bay Path Evening School in Charlton on Sept. 17. I'll also be appraising items for the Finnish Heritage Society Sovittaja in Rutland on Sept. 21 and for the Shrewsbury Historical Society on Oct. 23. Please see [www.centralmassauctions.com](http://www.centralmassauctions.com) for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111), [info@centralmassauctions.com](mailto:info@centralmassauctions.com).

## The combined wisdom of Edison and the Babe

If you've been reading my columns for a while, I'm sure you have figured out that many of the issues I write about are issues I am personally working on. Yes, for those who are regular readers, by now, you now know me well. Forgiveness, death, rejection, living in the present, just to name a few. I recognize if it is a struggle for me, it is something many of you are also grappling with.

I'll begin this column with a confession. I've always struggled with the idea of failure.

As with most of our life struggles, the label we place on issues often dictate our feelings. Failure is a damaging label. "I failed," or worse, "I am a failure" are words that should never come out of our mouth. Remove them from your vocabulary. Believing we have failed is a statement of emotion more often than fact. When our emotions lead us to believe we have failed, we believe the quest is over. We quit trying and a lack of success is the result. But

sometimes our emotions lead us into places that aren't rational. Our emotions are chemical reactions brought about by our brains feeling something is wrong or right. Emotions do not cause us to make accurate decisions based upon fact. The chemicals block us from thinking logically and often encourage us to make quick decisions that are not always in our best interest. We encounter an obstacle that seems insurmountable ... the chemicals in our brain kick in. We see no way around the problem and we quickly identify our efforts as "failure" and we quit. We then become disappointed, discouraged, and often, depressed.

What does it mean to fail? The best description I can find is simply "not achieving success."

### POSITIVELY SPEAKING

BY GARY W. MOORE

"It's hard to beat a person who won't quit" - Babe Ruth

George Herman Ruth ... "The Babe" ... "The Bambino" ... "The Sultan of Swat" ... arguably the greatest homerun hitter of all-

time, was not viewed by those who knew him as a philosopher or deep thinker. He was an uneducated, uncultured and quite unrefined athlete. Most of what came out of his mouth was usually not suitable for mixed company. Regardless, this quote is profoundly true.

The movie Rocky isn't a true story, but I think it's the best tale I know that shows the success that can be obtained by not quitting. Rocky Balboa, an aged amateur fighter with limited skills and ability had no business being in the ring with the Heavy Weight Champion of the World, Apollo Creed, but what Rocky was missing in talent and ability, he made up in sheer determination. Rocky

kept getting up every time he was knocked down. Rocky didn't give up and he overcame. He didn't win the match, but went the distance, which was his goal. Rocky succeeded.

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time" - Thomas Edison

The story is told that Thomas Edison tried and failed to make the first light bulb over ten thousand times. He didn't quit but forged ahead. When asked about his thousands of failures, Edison responded, "I didn't fail. I succeeded at finding ten thousand light bulbs that didn't work!" The rest is history and Thomas Edison is historically one of the world's most prolific inventors. Edison's determination changed the world.

So how do we learn to overcome failure? For me, it was as simple as removing the label and looking for the examples of those who overcame failure

to succeed. I found those examples in the lives and words of a most unlikely pairing of winners ... Thomas Edison and Babe Ruth.

Remove the label. Defy the lie. Refuse to call or think of your inability to succeed at something as failure. Adopt Edison's attitude and just confess you succeeded at not finding a path to your success. Then adapt Babe Ruth's philosophy and don't quit trying.

Delete the word failure from your vocabulary and never give up and above all, remain optimistic that success can be yours ...

Because it can.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at [www.garywmoore.com](http://www.garywmoore.com).

## We can disagree without being disagreeable

BY REP. JIM MCGOVERN

All too often, our national political conversation seems to devolve into a shouting match. You can turn on the television and see talking heads screaming past each other or log on to social media to see anonymous insults traded back and forth at virtually any moment of the day. It's exhausting, and I believe voters on all sides deserve better.

That's why since I was first elected, I've been hosting "Coffee with your Congressman" across our district. I've traveled to bookstores, senior centers, restaurants - any type of venue that allows us get back to the type of real conversations that used to be so common. You won't find all the finger-pointing, playing to large crowds, or made for YouTube moments that people are so sick and tired of today.

Instead, I've encouraged people to sit side-by-side in these more intimate settings and share their stories and

concerns directly with me. And a funny thing happens every time: people stop talking past each other and actually start listening to one another. I've heard things that people just wouldn't share at some large rally.

During a conversation at a coffee in Leicester, a young man talked about how he was brought here as a baby from Brazil.

"My father instilled in me the American dream," he told us.

He made the issue of protecting DREAMers personal to everyone in the room that day, and left many with a new perspective as the nationwide debate over the border and immigration policy continues.

I met a lifelong Republican at a coffee in Uxbridge. It was clear we disagreed on nearly every issue, but there was no shouting or name-calling. Even though we didn't agree on much, we still dis-

cussed the issues of the day and appreciated the chance to hear a different perspective.

I could go on and on. Holding these coffees has meant more travel and more events to reach the same amount of people as I would in some packed gymnasium. But it has been worth it to help facilitate meaningful conversations - including those that have reaffirmed that, even in this day and age, we can disagree without being disagreeable.

As chairman of the Committee on Rules, I've tried to bring this same approach to our nation's capital. I've instituted a more accommodating legislative process that allows more amendments from both Democrats and Republicans to be debated on the House Floor - including those I disagree with. That's because I believe in having fair fights and letting the chips fall where they may.

As I've watched more of these debates

happen on the House Floor, I will admit that some politicians could stand to learn a thing or two from the people I meet regularly here in Massachusetts. No party has a monopoly on good ideas and there is much more common ground than some would have us believe.

None of this is to suggest we don't have real and deep disagreements in our politics today. It's no secret that I don't agree with this president on much. I think his economic policy favors the rich and his immigration policy completely ignores human rights, to name just a few things.

But I also know that yelling won't solve a single one of the issues we face today. So I will continue doing something radical for an elected official: talking less and listening more. Because as the Dalai Lama said: "When you talk, you are only repeating what you already know. But if you listen, you may learn something new."

## Gobi secures funding for local projects in FY20 budget

BOSTON — With the release of the State Budget Conference Committee Report this week, Sen. Anne M. Gobi (D-Spencer) is proud to announce that she has been able to secure funding for several local projects in the Worcester, Hamden, Hampshire, and Middlesex district. Senator Gobi's advocacy helped to ensure that more than \$450,000 will be dedicated to a range of local initiatives throughout the Central Mass area.

When asked for comment on the funding, Senator Gobi had this to say: "I continue to advocate for local projects and I appreciate the communities for being such helpful part-

ners. Each of these projects has received local financial support and these added funds will have a positive impact."

Below is list of projects set to receive funding:

\$60,000 for the 100th Anniversary Celebration of the town of East Brookfield.  
\$120,000 for improvements to the PFC William J. Bresnahan Scouting and Community Center in the town of Ashburnham. Created as a memorial to PFC William J. Bresnahan - an Ashburnham native who was killed in action while serving in the Marine Corp during Vietnam - the center serves as a permanent meeting place for the area's

Boy and Girl Scout troops. The funding will be used to further improvements at the center that have been ongoing for the past 15 years, with specific allocations improving handicap access and associated landscaping around the memorial area.

\$225,000 for improvements to the Templeton Police Station. The town of Templeton has already invested nearly \$2.5 million for the expansion and rehabilitation of their police station, and the release of this additional \$225,000 will go towards finalizing the completion of the project.

\$40,000 for improvements to the Bondsville Fire Department. The Bondsville Fire Department exists as a

small - fully volunteer - department that has undergone several renovations over the years to ensure adequate service for the town and maintain the health of these firefighters. While their station is fairly new, having been built in 1994, it still lacks an appropriate exhaust removal system to properly ventilate the air inside the building. Once allocated, these funds will go towards installing a closed exhaust removal system in the station to help reduce the cancer risk for these individuals who risk their lives to serve in their community.

\$5,000 for improvements to Lucy Stone Park in the town of Warren. After five years of this volunteer-only restoration

project, an award of this nature will enable the group to complete its major objectives for 2019 and beyond. This delightful park on the banks of the Quaboag River will then be fully open and available for use by Warren and neighboring communities.

The reconciled version of the state budget now awaits signature by Governor Charlie Baker.

For more information on these projects, please contact Senator Gobi's office at (617) 722-1540.

# POLICE REPORTS

## Spencer Logs

WEDNESDAY, JULY 10

12:33-3:49 a.m.: buildings checked, secure; 5:38 a.m.: 911 call (South Spencer Road), open line; 7:39 a.m.: officer wanted (East Charlton Road at Marble Road), road closed/DPW work; 7:50 a.m.: medical/general (Smithville Road); 8:40 a.m.: animal complaint (Old East Charlton Road), bear in area; 8:48 a.m.: disabled mv (West Main Street), assisted; 9:00 a.m.: animal complaint (East Charlton Road), bear in area; 9:44 a.m.: suspicious mv (Thompson Pond Road), spoken to; 9:58 a.m.: accident (Main Street), report taken; 10:07 a.m.: officer wanted (West Main Street), LTC change of address; 10:28 a.m.: medical/general (Howe Village), lift assist; 11:10 a.m.: animal complaint (Browning Pond Road), missing dog; 12:40 p.m.: animal complaint (Northwest Road), poss. dog in distress; 12:55 p.m.: fire alarm (Marble Road), services rendered; 1:47 p.m.: officer wanted (West Main Street), Brookfield PD bolo; 2:47 p.m.: multiple LTC issued (West Main Street), assisted; 2:48 p.m.: FID issued (West Main Street), assisted; 4:41 p.m.: medical/general (Wm. Casey Road); 4:52 p.m.: DPW call (Jolicoeur Road), street sign down; 5:24 p.m.: suspicious mv (Main Street), services rendered; 6:55 p.m.: animal complaint (South Spencer Road), bear in road; 7:34 p.m.: fraud (Fairview Drive), scam S/S call; 7:56 p.m.: mv complaint (Main Street), erratic mc; 8:00 p.m.: medical/general (Howe Village); 8:31 p.m.: juvenile matter (Main Street), guardian notification; 9:09 p.m.: animal complaint (Paxton Road), rabbit stuck in fencing; 9:43 p.m.: mv stop (Main Street); 9:50 p.m.: mv stop (Main Street); 10:15 p.m.: medical/general (Smithville Road), lift assist; 10:30 p.m.: officer wanted (Main Street), smoke reported in area; 10:32 p.m.: mv stop (Main Street); 11:03 p.m.: mutual aid (Main Street), assist state police; 11:10 p.m.: 911 call (West Main Street), non-emergency; 11:34-11:35 p.m.: buildings checked, secure; 11:43 p.m.: mv complaint (Main Street), erratic operation.

THURSDAY, JULY 11

12:28 a.m.: mv stop (Main Street); 12:30 a.m.: mutual aid (West Main Street), MSP bolo; 12:52-1:06 a.m.: buildings checked, secure; 1:08 a.m.: juvenile matter (West Main Street), spoken to; 1:58-2:29 a.m.: buildings checked, secure; 4:32 a.m.: animal complaint (Mechanic Street), barking dog; 6:28 a.m.: mv stop (Charlton Road); 7:33 a.m.: commercial alarm (Meadow Road), services rendered; 8:14 a.m.: mv stop (Main Street); 8:17 a.m.: officer wanted (Paxton Road), belongings retrieval; 8:25 a.m.: officer wanted (West Main Street), trespassing inquiry; 8:33 a.m.: citizen complaint (Lake Street), speeding mvs; 11:55 a.m.: medical/general (Cranberry Meadow Road); 12:23 p.m.: transportation (Main Street), transport/retrieve belongings; 12:29 p.m.: 911 call (West Main Street), Harrington CT down; 1:03 a.m.: officer wanted (Lake Avenue), spoken to; 2:36 p.m.: officer wanted (Main Street), unsecured door; 2:45 p.m.: medical/general (Sunset Lane); 2:56 p.m.: LTC issued (West Main Street), assisted; 4:01 p.m.: abandoned 911 call (West Main Street), no contact; 4:04 p.m.: animal complaint (Meadow Road), ACO w/dog; 4:15 p.m.: building checked, secure; 4:17 p.m.: mv stop (Maple Street); 4:44 p.m.: officer wanted (McCormick Road), spoken to; 5:13 p.m.: counterfeiting/forgery (Chestnut Street), rec'd counterfeit bill; 5:19 p.m.: medical/general (Langevin Street); 6:07 p.m.: mv stop (Charlton Road); 6:15 p.m.: officer wanted (Riceland Avenue), escort/retrieve belongings; 6:47 p.m.: residential alarm (Hastings Road), services rendered; 7:04 p.m.: abandoned 911 call (Main Street), open line; 7:41 p.m.: disturbance (Mechanic Street), unwanted party; 7:51 p.m.: suspicious persons (Delude Avenue), services rendered; 8:21 p.m.: RC complaint (Church Street), speeding 4-wheelers; 8:41 p.m.: building checked, secure; 8:45 p.m.: RV complaint (South Spencer Road), dirt bikes on rail trail; 8:48 a.m.: officer wanted (Main Street), noise complaint; 9:02 p.m.: vandalism (Main Street), bullet holes in residence; 9:22 p.m.: officer wanted (Hastings Road), spoken to; 11:20-11:38 p.m.: buildings checked, secure.

FRIDAY, JULY 12

12:00-12:01 a.m.: buildings checked, secure; 12:08 p.m.: officer wanted (Main Street), pty. hearing noises; 12:09 a.m.: building checked, secure; 12:12 a.m.: juvenile matter (Maple Street), spoken to; 12:24-2:13 a.m.: buildings checked, secure; 4:44 a.m.: DPW call (Lakeview Drive), tree across road; 7:29 a.m.: animal complaint (Highland Street), loose dog; 7:54 a.m.: medical/general (South Spencer Road); 8:56 a.m.: 911 call (West Main Street), Harrington CT down; 9:19 a.m.: officer wanted (Nottingham Circle), vandalism reported; 10:46 a.m.: accident (Pleasant Street), report taken; 11:48 a.m.: fire/woods/grass (Town House Court), arcing wires; 12:35 p.m.: officer wanted (West Main Street), spoken to; 12:45 p.m.: officer wanted (Main Street), spoken to; 1:11 p.m.: building checked, secure; 1:34 p.m.: DPW call (West Main Street), lg. pot hole; 1:50 p.m.: medical/general (West Main Street); 3:39 p.m.: officer wanted (West Main Street), mv purchase complaint; 3:41 p.m.: 911 call (West Main Street), Harrington CT down; 3:49 p.m.: 209A service (Richland Avenue); 4:05 p.m.: mv repossession (Bixby Road), assisted; 4:37 p.m.: accident (Maple

Street), spoken to; 4:38 p.m.: animal complaint (Salem Street), sick/injured raccoon; 6:59 p.m.: RV complaint (South Spencer Road), 4-whlr on trail; 8:19 p.m.: medical/general (Chestnut Street); 8:53 p.m.: mv stop (Charlton Road); 9:17 p.m.: suspicious mv (West Main Street), spoken to; 9:26-9:39 p.m.: buildings checked, secure; 9:45 p.m.: RV complaint (Marble Road), 4 whlrs on road; 9:49 p.m.: parking violation (Adams Street), warning given; 9:53-10:00 a.m.: buildings checked, secure; 10:07 p.m.: animal complaint (Charlton Road), 10:45 p.m.: officer wanted (Charlton Road), attempted break-in; 10:49 p.m.: officer wanted (West Main Street), spoken to; 10:51 p.m.: mv complaint (Main Street), erratic operation; 11:30 p.m.: fireworks complaint (Lake Street), services rendered.

SATURDAY, JULY 13

12:13-1:18 a.m.: buildings checked, secure; 1:21 a.m.: mv stop (West Main Street); 1:27-2:08 a.m.: buildings checked, secure; 2:19 a.m.: abandoned 911 call (Bixby Road), services rendered; 2:20 a.m.: building checked, secure; 4:02 a.m.: suspicious person (North Spencer Road), services rendered; 4:32 a.m.: officer wanted (Mechanic Street), tenant/landlord issue; 8:57 a.m.: animal complaint (Ethier Drive), injured fox; 9:17 a.m.: mv complaint (Route 49), erratic operation; 10:11 a.m.: officer wanted (Church Street), spoken to; 10:21 a.m.: medical/general (Greenville Street); 10:42 a.m.: officer wanted (Fairview Drive), c/o helicopter overhead; 11:18 a.m.: suspicious mv (Jones Street), services rendered; 1:09 p.m.: mv complaint (Mechanic Street), erratic operation; 1:10 p.m.: lost/found (Greenville Street), lost cell phone; 1:15 p.m.: lost/found (Grant Street), found cell phone; 2:46 p.m.: animal complaint (Lake Street), barking dog; 3:07 p.m.: abandoned 911 call (Elm Street), accidental; 3:35 p.m.: suspicious persons (Bellevue Drive), spoken to; 3:37 p.m.: mv complaint (Lambs Grove), speeding; 4:12 p.m.: building checked, secure; 5:07 p.m.: mv lockout (Smithville Road), assisted; 6:18 p.m.: officer wanted (Lake Street), neighbor complaint; 6:32 p.m.: 911 call (West Main Street), open line; 7:14 p.m.: mv stop (West Main Street); 7:26 p.m.: disturbance (Pearl Street), neighbor dispute; 7:37 p.m.: fire (Mechanic Street), services rendered; 7:38 p.m.: animal complaint (Paxton Road), dog fight; 7:40 p.m.: animal complaint (Deer Run Road), skunk in pool area; 9:15 p.m.: fireworks complaint (East Charlton Street), spoken to; 9:21-9:39 p.m.: buildings checked, secure; 10:42 p.m.: accident (West Main Street), Mary G. Belsito, 71, 562 Pleasant Street, Worcester, OUI liquor, negligent operation, marked lanes violation, arrest; 11:05 p.m.: 911 call (Paxton Street), open line; 11:21 p.m.: medical/general (Valley Street); 11:22 p.m.: suspicious person (Main Street), Kevin R. Allard, 27, 263 Palmer Road, Monson, disorderly conduct, disturbing the peace, arrest; 11:43 p.m.: accident (North Spencer Road), report taken; 11:47 p.m.: officer wanted (North Spencer Road), mv vs deer.

SUNDAY, JULY 14

1:16 a.m.: RV complaint (North Spencer Road), 4 whlrs on Rte. 31; 7:29 a.m.: officer wanted (Mechanic Street), unwanted party; 8:09 a.m.: accident (Main Street), report taken; 9:26 a.m.: RV complaint (Prospect Street), poss. child endangerment; 9:34 a.m.: officer wanted (Lake Avenue), welfare check; 12:19 p.m.: suspicious mv (West Main Street), services rendered; 1:09 p.m.: building checked, secure; 1:37 p.m.: animal complaint (Meadow Road), kennel needs cleaning; 1:39 p.m.: building checked, secure; 2:14 p.m.: residential alarm (Howe Road), services rendered; 3:16 p.m.: officer wanted (Valley Street), spoken to; 4:03 p.m.: medical/general (Main Street); 4:28 p.m.: officer wanted (West Main Street), assist w/search; 4:36 p.m.: animal complaint (Martin Road), baby foxes under shed; 4:59 p.m.: mv complaint (West Main Street), erratic operation; 5:23 p.m.: mv stop (Olde Main Street); 5:35 p.m.: lost/found (Grove Street), keys/cc found; 6:15 p.m.: entire incident redacted from police log; 6:41 p.m.: animal complaint (Paxton Road), neighbor's dog in yard; 10:41 p.m.: medical/general (Church Street).

MONDAY, JULY 15

12:26 a.m.: residential alarm (Hastings Road), services rendered; 3:41 a.m.: suspicious persons (North Spencer Road), spoken to; 7:42 a.m.: accident (Greenville Street), report taken; 8:15 a.m.: accident (Greenville Street), report taken; 8:49 a.m.: mv stop (North Spencer Road); 11:54 a.m.: officer wanted (May Street), transport to court; 1:51 p.m.: medical/general (North Brookfield Road); 2:42 p.m.: LTC issued (West Main Street); 2:49 p.m.: officer wanted (Chestnut Street), welfare check; 3:15 p.m.: officer wanted (Main Street), spoken to; 3:35 p.m.: 91 call (West Main Street), Harrington CT down; 3:45 p.m.: officer wanted (Meadowbrook Road), spoken to; 3:45 p.m.: suspicious person (Crestview Drive), spoken to; 3:49 p.m.: building checked, secure; 4:09 p.m.: officer wanted (Ash Street), welfare check; 7:02 p.m.: medical/general (Main Street); 7:31 p.m.: officer wanted (West Main Street), son gone 2 wks.; 7:35 p.m.: suspicious persons (Main Street), intoxicated female; 7:56 p.m.: mv complaint (Oakland Drive), erratic operation; 8:46 p.m.: officer wanted (Main Street), neighbor complaint; 10:04 p.m.: residential alarm (Hastings Road), services rendered; 10:36 p.m.: mv complaint (Main Street), erratic

operation; 10:48 p.m.: suspicious mv (Main Street), spoken to; 11:33-11:54 p.m.: buildings checked, secure.

TUESDAY, JULY 16

12:03-12:13 a.m.: buildings checked, secure; 12:15 a.m.: mv stop (Main Street); 12:22 a.m.: building checked, secure; 12:36 a.m.: commercial alarm (Water Street), services rendered; 12:38-12:58 a.m.: buildings checked, secure; 1:09 a.m.: mv lockout (Grove Street), assisted; 1:24-2:27 a.m.: buildings checked, secure; 4:55 a.m.: officer wanted (West Main Street), disorderly female; 7:49 a.m.: residential alarm (West Main Street), services rendered; 8:02 a.m.: medical/general (Browning Pond Road), lift assist; 9:29 a.m.: animal complaint (Paxton Road), bear in area; 10:05 a.m.: officer wanted (Richland Avenue), escort/retrieve belongings; 10:23 a.m.: animal complaint (Northwest Road), bear in area; 11:09 a.m.: lost/found (Meadow Road), wallet lost; 11:29 a.m.: fraud (Jolicoeur Avenue), scam call; 11:30 a.m.: officer wanted (West Main Street), Sturbridge PD bolo; 11:34 a.m.: officer wanted (West Main Street), missing dog; 12:56 p.m.: 209A service (West Main Street); 1:14 p.m.: officer wanted (West Main Street), Class 3 fire danger; 1:41 p.m.: fire alarm (Pleasant Street), services rendered; 1:43 p.m.: medical/general (Church Street); 2:15 p.m.: parking complaint (Chickering Road), services rendered; 3:20 p.m.: LTC/FID issued (West Main Street), assisted; 3:58 p.m.: citizen complaint (Salem Street), spoken to; 4:06 p.m.: accident (North Spencer Road), report taken; 4:40 p.m.: suspicious persons (Maple Street), services rendered; 4:48 p.m.: DPW call (Donnelly Cross Road), tree across road; 6:21 p.m.: fraud (West Main Street), identity theft; 6:55 p.m.: accident (Grove Street), report taken; 7:01 p.m.: mv stop (Meadow Street); 8:26 p.m.: abandoned 911 call (West Main Street), hang-up; 9:25 p.m.: mv stop (Main Street); 9:36-9:44 p.m.: building checked, secure; 9:46 p.m.: mv stop (Main Street).

## Leicester Logs

THURSDAY, JULY 11

12:38 a.m.: assist other PD (South Main Street), services rendered; 8:48 a.m.: accident (Pleasant Street), mv towed; 10:48 a.m.: funeral assistance (Main Street), gone on arrival; 11:50 a.m.: investigation (Warren Avenue), no service; 12:59 p.m.: mv stop (River Street), citation issued; 2:32 p.m.: ambulance (Mayflower Road), transported; 4:08 p.m.: mv stop (Willow Hill Road), name and address redacted from police log, uninsured mv, op w/suspended registration, mv towed; 5:48 p.m.: ambulance (Main Street), transported; 6:38 p.m.: mv stop (Stafford Street), name and address redacted from police log, unlicensed operation, citation issued; 7:10 p.m.: assist citizen (South Main Street); 7:21 p.m.: suspicious person (Soojians Drive), investigated; 8:44 p.m.: arrest warrant service (Stafford Street), unable to serve; 8:59 p.m.: mv stop (Main Street), verbal warning; 9:16 p.m.: mv stop (Stafford Street), spoken to.

FRIDAY, JULY 12

7:22 a.m.: welfare check (South Main Street), spoken to; 7:28 a.m.: fire/CO detector (Mulberry Street), services rendered; 8:27 a.m.: assist citizen (Soojians Drive); 10:07 a.m.: investigation (Washburn Square), investigated; 10:21 a.m.: gunshots heard (Willow Hill Road), unable to locate; 11:20 a.m.: accident (Main Street), report taken; 11:45 a.m.: ambulance (Marshall Street), transported; 11:47 a.m.: erratic operation (Main Street), unable to locate; 12:30 p.m.: assist citizen (Huntoon Memorial Highway); 12:34 p.m.: investigation (Pleasant Street), services rendered; 12:48 p.m.: mutual aid (Pleasant Street, Paxton), transported to hospital; 1:59 p.m.: assist citizen (South Main Street); 2:41 p.m.: assist citizen (South Main Street); 4:02 p.m.: shoplifting (Soojians Drive), name and address redacted from police log, shoplifting by asportation, report taken; 5:06 p.m.: mv stop (Soojians Drive), citation issued; 6:00 p.m.: fire/odor of smoke (Rawson Street), unable to locate; 6:22 p.m.: assist citizen (Keefe Court); 6:47 p.m.: welfare check (Stafford Street), transported; 7:16 p.m.: ambulance (Huntoon Memorial Highway), transported; 7:53 p.m.: investigation (Soojians Drive), services rendered; 7:53 p.m.: fraud (Main Street), report taken; 8:08 p.m.: shoplifting (Soojians Drive), name and address redacted from police log, shoplifting by asportation, report taken; 8:41 p.m.: mv stop (Main Street), spoken to; 8:44 p.m.: investigation (South Main Street), name and address redacted from police log, larceny under \$1200, conspiracy; name and address redacted from police log, investigated; 9:15 p.m.: mv stop (Main Street), written warning; 10:55 p.m.: erratic operation (Main Street), unable to locate; 11:26 p.m.: animal complaint (Bond Street), unable to locate; 11:41 p.m.: erratic operation (Chapel Street), spoken to.

SATURDAY, JULY 13

12:07 a.m.: harassment (South Main Street), report taken; 12:43 a.m.: mv stop (Main Street), verbal warning; 2:16 a.m.: noise complaint (Main Street), spoken to; 2:29 a.m.: noise complaint (Main Street), no action required; 10:04 a.m.: ambulance (Marshall Street), transported; 11:46 a.m.: disturbance (Whittemore Street), no action required; 12:21 p.m.: disturbance (Whittemore Street), spoken to; 2:32 p.m.: erratic operation (Main

Street), spoken to; 3:43 p.m.: parking complaint (Whittemore Street), no action required; 3:58 p.m.: ambulance (Pitcairne Avenue), transported; 5:13 p.m.: mv stop (River Street), citation issued; 5:16 p.m.: mutual aid (out of town), transported to hospital; 5:44 p.m.: mutual aid (out of town), transported; 5:49 p.m.: disabled mv (Mannville Street), services rendered; 6:18 p.m.: mv stop (Main Street), no action required; 6:50 p.m.: mv stop (Pleasant Street), spoken to; 7:05 p.m.: mv stop (Stafford Street), no action required; 7:13 p.m.: accident (Main Street), mv towed; 9:26 p.m.: disturbance (Warren Avenue), investigated; 9:36 p.m.: disturbance (Baldwin Street), no action required; 10:58 p.m.: assist other PD (Huntoon Memorial Highway), no action required; 11:04 p.m.: erratic operation (Main Street), verbal warning.

SUNDAY, JULY 14

12:06 a.m.: mv stop (Stafford Street), written warning; 12:29 p.m.: mv stop (Stafford Street), verbal warning; 1:10 a.m.: disturbance (Lake Avenue), peace restored; 1:22 a.m.: noise complaint (Memorial School Drive), spoken to; 2:18 a.m.: mutual aid (Main Street, Worcester), no service; 11:01 a.m.: mv stop (Stafford Street), Nicole Marie Weatherbee, 34, 19 Coolidge Avenue, Southbridge, straight warrant, arrest; Steven N. Flagg, 33, 43 Richards Street, #3, Worcester, straight warrant, arrest; 6:03 p.m.: animal complaint (Soojians Drive), investigated; 6:09 p.m.: mv stop (Stafford Street), spoken to; 6:15 p.m.: investigation (Pleasant Street), services rendered; 6:25 p.m.: disturbance (Main Street), services rendered; 8:08 p.m.: mv stop (Main Street), citation issued; 9:40 p.m.: suspicious person (Stafford Street), mv towed.

MONDAY, JULY 15

12:10 a.m.: mv stop (Main Street), written warning; 9:40 a.m.: arrest warrant service (Collier Avenue), unable to serve; 9:57 p.m.: suspicious mv (Old Stafford Turnpike), citation issued; 10:09 a.m.: investigation (Huntoon Memorial Highway), services rendered; 10:59 a.m.: ambulance (Charles Street), transported; 11:20 a.m.: residential alarm (McCarthy Avenue), false alarm; 11:53 a.m.: assist other agency (Charles Street), services rendered; 12:51 p.m.: suspicious activity (Paxton Street), no action required; 1:45 p.m.: RV complaint (Tanglewood Road), report taken; 4:11 p.m.: search warrant service (Summer Street, Worcester), services rendered; 6:06 p.m.: investigation (Hemlock Street), services rendered; 6:16 p.m.: summons service (River Street), served; 7:35 p.m.: arrest warrant service (South Main Street), Kevin Frederick Ramirez, 31, 26 Wixstead Court, Douglas, straight warrant, arrest; 8:50 p.m.: suspicious activity (Whittemore Street), unable to locate; 9:29 p.m.: assist other PD (Lincoln Square, Worcester), message delivered; 11:59 p.m.: mv stop (South Main Street), verbal warning.

TUESDAY, JULY 16

12:03 a.m.: mv stop (Main Street), verbal warning; 2:37 a.m.: mv stop (Stafford Street), written warning; 8:31 a.m.: mv stop (Man Street), written warning; 9:11 a.m.: mv stop (Stafford Street), citation issued; 9:30 a.m.: mv stop (Stafford Street), written warning; 9:43 a.m.: mv stop (Stafford Street), written warning; 10:03 a.m.: welfare check (Huntoon Memorial Highway) report taken; 11:24 a.m.: investigation (South Main Street), services rendered; 12:53 p.m.: mv stop (Main Street), spoken to; 1:01 p.m.: threats (Main Street), report taken; 3:41 p.m.: accident (Huntoon Memorial Highway), mv towed; 4:17 p.m.: investigation (Soojians Drive), spoken to; 4:48 p.m.: restraining order service (Mayflower Circle), unable to serve; 5:11 a.m.: ambulance (Mayflower Road), transported; 5:34 p.m.: abandoned 911 call (King Street), spoken to; 7:15 p.m.: restraining order service (Mayflower Circle), spoken to; 9:01 p.m.: arrest warrant service (Stafford Street), unable to serve; 11:55 p.m.: mv stop (Stafford Street), written warning.

WEDNESDAY, JULY 17

7:20 a.m.: summons service (South Main Street), served; 9:18 a.m.: assist citizen (Main Street); 9:30 a.m.: investigation (Pleasant Street), services rendered; 9:52 a.m.: assist citizen (Huntoon Memorial Highway); 11:15 a.m.: mv stop (Main Street), spoken to; 11:37 a.m.: residential b&e (Stafford Street), report taken; 12:55 a.m.: investigation (South Main Street), services rendered; 1:20 p.m.: investigation (Pleasant Street), services rendered; 1:52 p.m.: ambulance (South Main Street), transported; 2:15 p.m.: investigation (Stafford Street), services rendered; 4:14 p.m.: summons service (Towtaid Street), served; 4:19 p.m.: shoplifting (Soojians Drive), Elijah Washington Jackson, 29, 303 Swan Avenue, Worcester, shoplifting by asportation/2nd offense, arrest; 5:23 p.m.: parking complaint (Lake Sargent Drive), investigated; 6:26 p.m.: summons service (Stafford Street), served; 7:46 p.m.: mutual aid (out of town), services rendered; 8:38 p.m.: summons service (Pleasant Street), unable to serve; 8:51 p.m.: summons service (Baldwin Street), served; 9:18 p.m.: mv stop (Main Street), no action required; 9:24 p.m.: mv stop (Main Street), name and address redacted from police log, unlicensed operation, citation issued; 9:40 p.m.: welfare check (Mayflower Circle), peace restored; 10:13 p.m.: malicious mischief (Bottomly Avenue), investigated; 11:40 p.m.: mv stop (Main Street), verbal warning; 11:48 p.m.: assist other PD (Southbridge Road, Oxford), message delivered.



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<b>40" SMART TV</b> Reg. \$329 <b>\$219.99</b>	<b>SAMSUNG FRENCH DOOR 26 CU. FT. BOTTOM REFRIGERATOR</b> Reg. \$1499 <b>\$1099.99</b>	<b>FRENCH DOOR BOTTOM FREEZER</b> Reg. \$1499 <b>\$1099.99</b>	<b>DELUXE ELECTRIC DRYER</b> Reg. \$399 <b>\$369.99</b>	<b>OVER THE RANGE MICROWAVE OVEN</b> Reg. \$219 <b>\$179.99</b>	<b>DELUXE DISHWASHER</b> Reg. \$399 <b>\$319.99</b>	<b>Huge Rebates on Dishwasher and Kitchen Packages!!</b>	

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# CALENDAR

## Wednesday, August 7

**CONCERTS ON THE COMMON — CHANGES IN LATITUDE:** 6:30-8:30 p.m., Leicester Town Common. Premier tribute show to Jimmy Buffett. Come to the beach party, wear your grass skirt, your Hawaiian shirt, kick off your shoes, and join a Conga line! Get your "Latitude" adjusted here! Sponsored by Mapfire Insurance and G.E. McKenna Insurance Agency. Rain date Aug. 8.

## Wednesday, August 14

**CONCERTS ON THE COMMON — THE LOVE DOGS:** 6:30-8:30 p.m., Leicester Town Common. Jump Blues, Funk, Swing, and Jazz! Major red hot horn section & boogie woogie piano with the best rhythm section in the business. Rain date Aug. 15.

## Wednesday, August 21

**CONCERTS ON THE COMMON — THE BOOMBOX BAND:** 6:30-8:30 p.m., Leicester Town Common. A tribute act in costume doing a '70s set and an '80s set. All local musicians. Don't miss this fun night! Rain date Aug. 22.

## Saturday, August 24

**RUNNING OUT OF SUMMER 5K CHARITY RACE:** The Running Out of Summer 5K is a charity race to benefit Second Chance Animal Services, with locations in Central and Western Massachusetts. The race will start and finish at Rapsallion Brewery in Sturbridge, and is expected to sell out with a 500 runner cap this year. The event features live music, giveaways, and food and beer after the race. Taking place on Aug. 24, the last weekend before Labor Day, this race is sure to be a fun and festive event. Register today at <https://racewire.com/register.php?id=10501>.

## Saturday, September 21

**SEVENTH ANNUAL CRUISE FOR CRITTERS CAR SHOW:** The 7th Annual Cruise for Critters Car Show is an event to benefit animals in need at Second Chance Animal Services hosted by Al Widlan's Service Connection. It will take place on Saturday, September 21, 2019, at Westview Farms Creamery. There will be plenty of food and several fun activ-

ities for families to enjoy, including raffles, a corn maze, pumpkin picking, and a vendor fair. Entering a car into the show costs \$20, and all spectators can enter for free. Bring the pups! All dogs must be leashed.

## Saturday, October 26

**SECOND CHANCE ANIMAL SERVICES HALLOWEEN BARKTACULAR:** Halloween event bringing families and pets together to benefit Second Chance. Indoor and outdoor event activities including trick-or-treating for kids and pets, haunted hayrides, pony rides, indoor Kid Zone with carnival games, bouncy castle by Central MA Jump, dog massages and agility 'Try Its,' music, food & craft vendors and other Halloween fun for families and pets. Special featured events include a Costume Contest judged by the Barktacular King & Queen, Your Dog Can Paint with CC Lowell and an indoor RC racetrack sponsored by Turn4 HobbyTown. Free admission! Families and pets are welcome!

## ONGOING EVENTS

**ECONOMY SHOP HOURS FOR August 22 through June 28, 2019**  
Open every Wednesday 8 a.m. to noon; Thursday 8 a.m. to 2 p.m. & 6 to 8 p.m.; Friday 8 a.m. to noon at the First Congregational Church, 207 Main St., Spencer. Come in and see our daily specials. (508) 885-2149.

**DEJA NEW:** Art, Antiques & Collectibles Marketplace which is open in the St. Joseph's Rectory building at 759 Main Street Leicester. Hours are Tuesday 5-7 p.m., Wednesday 9 a.m.-noon, Thursday 3-6 p.m. and Saturday 9 a.m.-noon, all proceeds going back into the town's Food Pantries, Hearts for Heat and programs for the needy. We are non-profit and run on volunteers. We are open May into December.

**EAST BROOKFIELD LIBRARY PROGRAMS:** The East Brookfield Public Library is currently conducting their fall registration for children's programming. Rhythm and Rhyme is for toddlers aged 18 mos. to 3 years. This program runs from 9:45 a.m. to 10:45 a.m. and includes lots of music, finger plays, physical activities and a story with a related craft.

Preschool story time is geared for children aged 3 to 5 years old. It runs from 10:30 a.m. to 11:30a.m. Seasonal songs, poems, and gross motor activities are part of this program, as well as a story and craft that encourages fine motor skills. Both programs are

held on Thursday mornings. Parents and caretakers are asked to remain with their children. For more information or to register by phone call (508) 867-7928. You can also like us on Facebook and visit our website @ [www.eastbrookfieldLibrary.com](http://www.eastbrookfieldLibrary.com). We look forward to seeing you!

**VFW MEETING:** The Rochdale VFW Post 7556 will hold their monthly business meeting at 7:00 p.m. at the post at 713 Pleasant Street, Rochdale on the 2nd Wednesday of each month.

**ALZHEIMER'S SUPPORT GROUP:** On the third Wednesday of each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or [kawalker@overlook-mass.org](mailto:kawalker@overlook-mass.org) for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or [alz.org](http://alz.org).

**THRIFTY:** St. Joseph-St. Pius X Parish, 759 Main St., Leicester, 508-859-8083. New 2 You Thrift Shop. Hours: Tuesday 5 to 7 p.m., Wednesday 9 a.m. to noon., Thursday 3 to 6 p.m., Saturday 9 a.m. to noon. We have added Thursday hours.

**FREE FOR MOM & KIDS:** There will be free weekly parent/child programs from 9 to 11 a.m. Fridays and Wednesdays at the North Brookfield Elementary School, New School Road, North. The program runs on school calendar and closes for vacation and inclement weather according to North Brookfield School calendar. This free program is sponsored by the Spencer, Wachusett, North and East Brookfield Coordinated Family Grant in partnership with the North Brookfield Elementary School. Funded by the Massachusetts Department of Early Education and Care. For more information, please call CFCE at (508) 885-2934 or e-mail [Wachusettcpc@hotmail.com](mailto:Wachusettcpc@hotmail.com).

**SUPPER TIME:** A free, community meal is held on the first Tuesday of the month at The Cross Roads Café Coffeehouse, from 4:30-6:30 p.m., at the Emmanuel Church, 25 Winthrop Terrace, Warren. All ages are welcome. There is no cover charge; however, a love offering is accepted as a gift to the band or musician as thanks to God for their sharing of their talent and gift for the glory of God ([www.emmanuelorthodox.org](http://www.emmanuelorthodox.org)).

**STRE-E-E-TCH:** Senior Exercises Classes are held every Wednesday from 10 to 11 a.m. at the Rutland Community Center, Glenwood Road. Enjoy an hour of fun and exercise to music to help stay strong, fit, healthy and independent. Classes are co-ed and all are welcome. The fee is \$4 per class. For more information, call Joyce Gamache at (508) 754-2821.

**SIT AND KNIT:** knitting group every Wednesday at 10 a.m. at the Merriam Gilbert Library, West Brookfield. Bring your sewing, embroidery, knitting or crochet and enjoy some socializing while you work on your project.

**N-37:** Bingo at the Knights of Columbus, 10 Meadow Road, Spencer every Thursday. Doors open at 4:30 p.m. The first game starts at 6:30 p.m. Along with our regular games we feature two winners take all games, two 50/50 games and two progressive jackpot games with payouts of \$600 and \$500 respectively. Good food and soft beverages are available at Judy's Kitchen. Come and enjoy some good food, good people and hopefully win a little.

**STAY HEALTHY:** The VNA Care Network and Hospice is holding a free Keep Well Clinic to residents 60 and older from 11 a.m. to 1 p.m., at the Spencer Fish and Game Club on Mechanic Street. Local residents may have their blood pressure checked and learn about health concerns. Blood sugar, weight monitoring and other health assessments may also be available. VNA Care Network and Hospice clinics are funded in part by the United Way, local boards of health, private foundations. For up-to-date clinic information visit [www.vnacarenetwork.org](http://www.vnacarenetwork.org) or call (888) 663-3688 x 5603.

**IT'S A LUNCH DATE:** The East Brookfield Baptist Church invites all senior citizens to a Community Lunch at 11:30 a.m. every second Thursday of the month in Fellowship Hall. A delicious lunch and great desserts will be served. Followed by a time of fellowship and games concluding with a devotional just before 2 p.m. Reservations are encouraged. Call (508) 867-7725.

**SHARING CUPBOARD:** The First Congregational Church of W. Brookfield Sharing Cupboard - serving West Brookfield, Warren and West Warren. Located at 36 N. Main St., West Brookfield, is open Wednesdays 10-11:30 a.m. and Thursdays 7-8 p.m. Call the church for more information (508) 867-7078

## 2019-2020 BACK TO SCHOOL GUIDE

SPECIAL SUPPLEMENT  
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To advertise in this guide,  
please contact June Simakauskas  
at 508-909-4062 or  
email [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news)  
by Wednesday, Aug. 7th.

### Ad Libs by June

Welcome to August and the dog days of summer! It's going to be a busy month for me working on the **Back to School Supplement** and the **2020 Business, Community and Restaurant Guide**. If you'd like advertising info on either one, please let me know. The 2020 Guide will have some pages dedicated to the 100<sup>th</sup> Anniversary of East Brookfield, including the events planned throughout the year. The Guide comes out in January, so it's a great fit for any anniversaries or events coming up in 2020. If you're a business who would like to congratulate East Brookfield on 100 years with an ad in the Guide, please let me know.

If you're interested in entering the **DEMO DERBY** at the **SPENCER FAIR** Labor Day Weekend, check out the ad in this week's issue with the details on where to pick up an application form. It's always bitter-sweet looking forward to the Fair...no need to explain I'm sure.

This month you should see a postcard in with the Spencer New Leader asking you to complete and send back. It's important that you send back these cards if you'd like to continue to receive the Spencer New Leader. No postage is necessary... just fill it out and drop in any mailbox. Don't see a card? Please call Kerri at 508-909-4103 with your name, address and phone number and she'll sign you up.

Mark your calendar for **SALES 4 TALES** 50% off storewide sale coming up on Saturday, August 10. They are located across from **LAMOUREUX FORD**, on Route 9 in East Brookfield. You'll find some real treasures here! For donations info, please call 508-867-3322.

I'd like to welcome **CONCRETE QUICK LLC** to our **HOME & AUTO** page. They are a cement supplier who services central New England, and they are very flexible for any size job. No load is too small! You only buy what you need with no minimum purchase, even on weekends! See the ad this week and call Clyde at 508-868-3946 for more information or visit [ConcreteQuickLLC.com](http://ConcreteQuickLLC.com).

Check out **308 LAKESIDE's** ad this week on our Dining Page for their entertainment for August. Dining on the deck overlooking beautiful Lake Lashaway should be on your list of things to do this summer!

I hope you enjoy the ABC's of Summer Scramble in this week's issue. Answers are found on the ABC's of Summer page, a page of all local businesses. One lucky winner will receive a \$25 gift card from their choice of any of these businesses. Good luck!

Have a great week!

June Simakauskas  
508-909-4062  
[jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news)

# OBITUARIES

## Albert A. Remi, 63

LEICESTER- Albert A. Remi, 63, of Pleasant Street died Saturday, July 13 in his home.

He leaves three brothers; Ralph Remi and his wife Karen of Worcester, Stanley Sawicki of Neptune City, New Jersey and William Sawicki and his wife Judith of Cherry Valley, his caregiver for the last thirteen years Daniel Wilmore and many nieces and nephews.

Albert was born in Worcester, son of Albert and Hazel (Dwinell) Remi. He

attended Seven Hills Foundation.

A graveside service will be held on Thursday, August 8 at 11:00 am in Cherry Valley Cemetery, Towtaid Street, Cherry Valley section of Leicester. Morin Funeral Home, 1131 Main Street, Leicester is directing funeral arrangements. In lieu of flowers memorial donations may be made to; Alzheimer's Assoc. of MA/NH, 309 Waverly Oaks Road, Waltham, MA 02452.

www.morinfuneralhomes.com

## Rev. H. Allen Tadgell, Jr., 90



CHARLTON- Rev. H. Allen Tadgell, Jr., 90, of 88 Masonic Home Rd., formerly of Oxford, died Tuesday, July 23 at St. Vincent Hospital in Worcester after a brief illness.

He leaves his wife of 64 years, Joyce E. (Smith) Tadgell, his daughter Kimberley J. Marchand and her husband Robert of Georgetown, MA, sisters-in-law Dorothy Jean Dresser of Dripping Springs, TX and Pauline H. Smith of Greenville, NH, and several nieces and nephews. He is predeceased by his son Mark A. Tadgell in 2016.

Rev. Tadgell was the pastor at the former Leicester Federated Church for 14 years, retiring in 1994. He also served at First Congregational parishes in Winchendon, Wilmington, and Fairhaven. Born in Medford, he was the son of Henry A. Tadgell, Sr. and Esther L. (Dale) Tadgell. He graduated from

Belchertown High School and American International College in Springfield, and earned his Master's degree in Theology from Boston University.

Allen spent summer vacations at the family home in Wolfeboro, NH and enjoyed boating and fishing. He was an avid Red Sox fan.

A Memorial Service for Allen will be held on Saturday, August 3 at the First Congregational Church of Leicester, 1 Washburn Square, Leicester at 11 a.m. A visitation will be held from 10 to 11 a.m. prior to the services. In lieu of flowers, memorial donations can be made to: First Congregational Church of Leicester and Leicester Unitarian Church.

MORIN FUNERAL HOME, 1131 Main St., Leicester is assisting the family with arrangements.

www.morinfuneralhomes.com

## Helena M. Blake, 90



LEICESTER - Helena M. (Knox) Blake, 90, of the Rochdale section of Leicester, died peacefully on Monday, July 29 in her home after a long battle with cancer.

She was the wife of Donald I. Blake who died in 1989. She leaves a son David W. Blake and his wife Mary of Leicester, her daughters Pamela M. Parent and her husband Robert of Leicester and Deborah A. Connor and her husband Thomas of Quinnebaug, CT., a brother Herbert Knox of Worcester, three sisters Alma Morrow of Oxford, Lois Richardson of Worcester and Judith Mikat of Cherry valley, five grandchildren; Sheri Reilly, Amy Firlings, Lori Martinez, Megan Friend and Donald Blake, ten great grandchildren; Colleen, Nolan, Megan, Helena, Matthew, Mary, Tyler, Delaney, Jaxton and Camden, several nieces and nephews. She is predeceased by brothers Charles, Walter and Robert Knox and a sister Norma Pong.

Helena first worked at Telechron, then at Press Met Corp. in Worcester before retiring in 1990.

Helena loved her family dearly. She

was a Grammy to all that met her. She lived to take care of her family and loved when everyone was together. She was a true matriarch and led by example, spreading love and pure kindness wherever she was. She had an independent spirit and spoke her mind, but lovingly and with humor. Helena had a talent in making sure everyone was taken care of before herself. She also had a competitive spirit in playing her favorite games of yahtzee, rummy and bingo. As long as she was surrounded by her family, all was right in her world.

Born in Worcester, she was the daughter of Horace F. and Anna B. (Starbard) Knox and later graduated from Commerce High in Worcester.

Funeral services were held on Thursday, Aug. 1 at 10 a.m. in the MORIN FUNERAL HOME, 1131 Main St., Leicester. Burial will follow in Worcester County Memorial Park, Paxton. Calling hours were Wednesday from 5 to 7 p.m. in the funeral home.

In lieu of flowers, contributions may be made to the St. Vincent Hospital Cancer & Wellness Center, 1 Eaton Place, Worcester, MA 01608 or VNA Hospice of Central MA., 10 Trade Center, Suite G-500, Woburn, MA 01801.

www.morinfuneralhomes.com

## Kenneth J. Mantha, 59

Kenneth J. Mantha, 59, of 84 Wire Village Road, Spencer, passed away on Tuesday, February 19, 2019 at UMass Memorial Medical Center. He was born in Worcester, MA and lived in Leicester, MA, where he graduated from Leicester High School in 1977. He lived in Spencer for many years.

At one time, Ken worked for Madison Cable of Worcester, Carling Turbine of Worcester, Tuthill Industries of Millbury and most recently, NSF Cleaning Services for the Leicester High School.

He is survived by his wife of 28 years, Angela (Santoro) Mantha; his mother, Bernadette (Babineau) McAdams; one son, Matthew B. Mantha; two daughters, Jenna L. (Mantha) Rico and Keira N. Mantha; his stepdaughter, Heather L. Duquette; two grandchildren; four step-grandchildren, one brother, Stephen Mantha and two sisters, Joan (Mantha) Raymond and Anne

(Mantha) Hebert and a niece and nephew. He was the son of the late Albert Mantha and stepson of the late Howard McAdams.

In his early years, Kenny loved painting, drawing and photography. He was very accomplished in all three. He also loved mustangs, especially from the 60's.

Kenny loved reptiles and animals. He was a big fan of the New England Patriots and enjoyed watching the games. His favorite player was Tom Brady, the G.O.A.T., of course. He will be missed by all who knew him.

Private services were held at Graham, Putnam & Mahoney Funeral Parlor.

Donations may be made in his name to Second Chance Animal Shelter, 111 Young Road, P.O. Box 136, East Brookfield, MA 01515 or to any animal organization of the donor's choice.

## Phyllis H. Hanson, 94



HARDWICK - Phyllis H. (Bessette) Hanson, 94, died on Friday, July 26, 2019 at Quaboag Rehabilitation and Skilled Care Center.

She leaves her husband of 72 years, Eugene W. Hanson, Jr.; her daughter, Cynthia Primavera and her husband Richard of Ware; her son, George Hanson and his wife Barbara of Gilbertville; six grandchildren, Kim Sanderson Fritcher and her husband Steve, Ryan Sanderson and his wife Jadrienne, Russell Sanderson and his wife Danielle, Eric Sanderson and his wife Courtney, Tamara Bingle and her husband Richie and Brett Hanson and his wife Jana; and ten great-grandchildren, Brandon, Audrey, Jeorgia, Sylvie, Wesley, Lola, Brielle, Brilee, Kayla and Taegan.

Phyllis was wonderful homemaker, and also worked at the former

Hardwick Printers as a screen printer for several years.

She was a long time member of St. Aloysius Church, and was very devout in her faith and credits her long life to God. She was a member of Catholic Woman's Council and was heavily involved with church bingo and potluck suppers. She could always be found at the church BBQ cake booth with Sister Doris spinning the Wheel of Fortune.

A Funeral Mass for Phyllis was held on Tuesday, July 30, 2019 at 11:00AM in St. Aloysius Church, 64 Church St., in Gilbertville. A calling hour was held from 9:30 to 10:30AM prior to the mass in the Varnum Funeral Home, Inc., 43 East Main St., in West Brookfield. Burial will be in St. Aloysius Cemetery following mass. In lieu of flowers, memorial donations may be made to St. Aloysius Church, 64 Church St., Gilbertville 01031.

An online guest book is available at varnumfuneralhome.com

## Alfred G. Perron, Jr., 67,



NORTH BROOKFIELD- Alfred G. Perron, Jr., 67, of Gilbert Street died Sunday, July 28 in his home surrounded by his loving family.

He leaves his wife of 17 years, Edith M. (Morales) Perron, a son Alfred G. Perron, III and his wife Rebecca of Oxford, two daughters; Jessica A. Shannon and her husband Daniel of East Brookfield and Stacie M. Moulton and her husband Richard of Spencer, two step-sons; Dennis St. Laurent of Dudley and Jose Rodriguez of North Brookfield, three brothers; Archie Perron of Spencer, Gerald Perron and his wife Carol of Spencer and Richard Perron and his wife Tina of Spencer, a sister Claire Harding and her husband Phil of Spencer, five grandchildren; Katelyn, Zachary, Ariana, Erin & Kayli, five great grand-

children and several nieces and nephews.

Alfred was born in Worcester, son of Alfred G. and Claire (Gadbois) Perron. He worked as a foreman at Presmet in Worcester for 22 years and later worked as a machine operator at Flexcon in Spencer for 28 years before retiring. He was a member of the North Brookfield Congregational Church. He enjoyed cooking, reading, action movies, woodworking and spending time with his family.

The funeral was held on Wednesday, July 31 at 10:00 AM in J. HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer. Burial will follow in Worcester County Memorial Park, Paxton. Calling hours were Tuesday, July 30 from 5:00-7:00 PM in the funeral home. In lieu of flowers memorial donations may be made to American Cancer Society, 30 Speen Street, Framingham, MA 01701.

www.morinfuneralhomes.com

## Barbara M. Boudreau, 87



SOUTHBRIDGE- Barbara M. Boudreau, 87 of Chapin Street, passed from this world into the arms of her Lord and Savior, Jesus Christ on July 22, 2019.

She was surrounded by the love of family and friends, who compassionately cared for her in her final weeks.

She leaves her daughter Cheryl P. Soper of Brookfield, MA and her son Brian D. Boudreau of Pittsfield, MA. She also leaves her grandchildren, Tricia Poulin and her husband Jeffery Poulin, Matthew Soper, Brian Boudreau Jr., and Austin Boudreau. Great-grandchildren Lily Poulin, Bella Poulin, Grace Poulin, Layla Boudreau, Delilah Boudreau and Jace Boudreau.

She was predeceased by her husband of 53 years, David G Boudreau, her mother Adella Montville, her grandson Kyle Boudreau and great-grandson JJ (Jeffery Jr. Poulin)

Barbara was born in Minneapolis, Minnesota, born to Joseph Montville and Adella Montville (Fix). She grew

up in many towns in Massachusetts but settled with her husband and family in Sturbridge, residing there most of her life.

Barbara was employed by The Old Sturbridge Village and enjoyed many years working at the Horn of Plenty Gift shop. She was an avid reader and enjoyed traveling with her husband, across the country and to Hawaii.

Barbara was owner of Boudmonte Bassets Breeding and spent many years training, showing and judging Basset Hounds.

In her later years she was an active member of Faith Baptist Church located in Southbridge, MA. serving as Deaconess, Nursery Caregiver, a Choir Member, and signing for the Deaf Ministry.

A Memorial Service will be held at 11AM, Saturday, August 3rd, at Faith Baptist Church, 515 Dennison Drive, Southbridge, MA. A luncheon reception will follow after the service.

In Lieu of flowers, donations may be made to Faith Baptist Church, 515 Dennison Drive, Southbridge, MA 01550

## Joseph Anthony Nardone, 61



LEICESTER - Joseph Anthony Nardone, 61, passed away tragically as the result of an auto accident on July 23, 2019.

Joe was born October 9, 1957 in Southbridge.

He leaves his sons, Joseph Nardone of Spring Lake, NC. and Justin Cobinski of MO., daughters; Barbara Cline of GA. and Tera Griffin of SC., grandchildren; Dante Menscer of NC., Alaura and Kaylee Repass-Nardone of VA, his mother, Shirley Bilodeau, brothers; Michael J. Nardone and wife Cheryl of Charlton, Fran Bilodeau and wife Barbara, Thomas Nardone of NH., David Nardone of North Brookfield, sisters; Margaret (Bilodeau) Tremblay and husband Buzz, Nancy (Bilodeau) Lucciarini and husband Kevin, with so many nieces and nephews he was able to have a special impact on Michael A. Nardone

and wife Rebecca of Charlton, Jennifer and Christopher Foreman of Holland, Laurel Star LaChance of Charlton, and Lana LaChance of Holland.

He is predeceased by his beloved wife Michelle, father Michael A. Nardone and step mother Regina Nardone, brothers, Michael Francis John and Anthony Nardone.

Private Graveside Services with Military Honors will be August 3, 2019 in West Ridge Cemetery, Charlton.

In lieu of flowers, please make a donation in Joe's name to: Wounded Warriors Project, P.O.Box 758517, Topeka, Kansas 66675-8517.

The ROBERT J. MILLER-CHARLTON FUNERAL HOME, 175 Old Worcester Rd., is assisting the family with arrangements.

To leave a message of condolence, please visit: RJMillerfunerals.net

**To place an In-Memoriam, Birthday or Anniversary Greeting,**

the deadline is Friday noon for the following week.

**(Memoriams will run on the Obituary pages)**

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3") or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3"). You can add a photo at no additional cost.

To send by mail, please mail or drop off to  
**June Simakauskas, P. O. Box 90, 25 Elm St., Southbridge, MA 01550.**

Personal checks, Visa, Master Card, Discover and AMEX are accepted.

**For more information, please call June at 508-909-4062 or email jsima@stonebridgepress.news and she'll be happy to help!**



# OBITUARIES

## Rene D. Lavallee, 48



SPENCER- Rene D. Lavallee, 48, of No. Spencer Rd., died Tuesday, July 23 as the result of an auto accident on Rte. 49 in E. Brookfield.

He leaves his son Michael R. Lavallee of Worcester, his father Robert J. Lavallee, Sr. of Spencer, brothers Robert J. Lavallee, Jr. and his wife Cheryl of Grafton, Richard A. Lavallee of Spencer and Ronald M. Lavallee and his wife Cheryl of Waterloo, SC., nieces and nephews. He is predeceased by his mother Barbara T. (Maynard) Lavallee in 1996 and his brother Raymond C. Lavallee in 2013.

Rene, most recently worked as a real estate broker for Century 21 in

Spencer, previously he was employed at Flexcon Co. in Spencer.

Rene graduated from David Prouty High School in Spencer. He enjoyed working on his 1988 Z 28 Camaro "IROC", but most importantly was precious time spent with his son Michael.

Funeral services for Rene were held on Saturday, July 27 at 1 p.m. in the J.HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer. Burial will follow in Mary, Queen of the Rosary Cemetery, Spencer. A calling hour preceded the service on Saturday from Noon to 1 p.m.

In lieu of flowers, contributions may be made to Michael R. Lavallee Fund, c/o of Cornerstone Bank, 176 Main St., Spencer, MA 01562.

[www.morinfuneralhomes.com](http://www.morinfuneralhomes.com)

## Tami A. Duquette, 48



SOUTHBRIDGE- Tami A. Duquette, 48, of 36 Colonial Dr., died Tuesday, July 23 at Harrington Hospital.

She leaves her son, Zachary M. Bostock and his wife Kinga of Southbridge, a daughter, Allison C. Bostock of Leicester, a brother, Ronald G. Duquette, Jr. and his wife Debra of Ludlow, a sister, Christina L. Kegans and her husband Sean of Barre, her mother, Barbara (Joubert) Duquette of Southbridge, 6 nieces and nephews; Connor, Megan, Brady Duquette, Mackenzie, Hunter, Saylor Kegans, her fiancé, Jason J. Lamoureaux, and Peter R. Bostock whom she was formerly married to.

She was pre-deceased by her father Ronald G. Duquette, Sr. in 2017.

She was born in Worcester and graduated from Leicester High School and went on to receive a Bachelor's Degree, two Master's Degrees, and was

pursuing her Doctorate. She attended Quinsigamond College, American International College, Westfield State College and Bay Path University.

Tami was a probation officer for 13 years, working for Worcester County and most recently the East Brookfield Court House.

Mostly, she enjoyed spending time with her family but also enjoyed traveling, going to the beach, watching the Red Sox, playing with her dog Romeo and she was quite an artist.

The Funeral was held Saturday, July 27 from the MORIN FUNERAL HOME, 1131 Main St. Leicester, with a Mass at 10 A.M. in St. Pius X Church, 1161 Main St., Leicester. Calling hours were Friday from 4-7 P.M. in the Funeral Home. Following cremation, burial of ashes will be in Worcester County Memorial Park, Paxton at a later date and at the convenience of the family.

Please omit flowers, contributions may be made in Tami's honor to Second Chance Animal Services, Inc., P.O. Box 136, East Brookfield, MA 01515.

## Lucille M. Meacham, 92



SPENCER- Lucille M. (Noel) Meacham, 92, formerly of 41 Paxton Rd., died Friday, July 26 at Eisenberg Assisted Living in Worcester.

Lucille was married to Paul Meacham for 67 years until his passing on June 6, 2019. She leaves her two daughters Darlene Seaton and her husband Jay of Tuftonboro, NH., and Michelle Meacham of Boston, many nieces and nephews.

Born in Worcester, she was the last of 7 children to Joseph E. and Mary A. (Cloutier) Noel and lived in Spencer for 64 years before moving to the Eisenberg Assisted Living in December 2016.

She graduated from Holy Name High School in Worcester and later received her Real Estate License at Lee Institute in 1972. Lucille then started her own real estate business out of her home and became one of the top brokers in Spencer and the Brookfields. She was Corporator at Spencer Savings Bank,

and an active parishioner at the former St. Mary's Parish in Spencer.

Lucille was devoted to her family and was a formidable role model to her daughters. In her day, Lucille enjoyed gardening, travelling, "power walking", and most of all, dancing! She was always "on the go".

The family would like to thank everyone at the Eisenberg Assisted Living and the Jewish Home Care & Hospice for their compassionate care of Lucille.

Her funeral was held on Monday, July 29 from the J.HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer with a funeral Mass at 11 a.m. in Our Lady of the Rosary Church, 7 Church St., Spencer. Burial will follow in Mary, Queen of the Rosary Cemetery, Spencer. A calling hour was held on Monday from 9:30 to 10:30 a.m. in the funeral home. In lieu of flowers, contributions may be made to St. Jude's Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN, 38105 or visit [St.Jude.org](http://St.Jude.org).

[www.morinfuneralhomes.com](http://www.morinfuneralhomes.com)

## Russell E. Peterson Jr., 40

WARREN-Russell E. Peterson Jr., 40, passed away suddenly at home on July 21, 2019.

He leaves his son Alex Peterson; his mother Tamara L. & his father Russell Peterson Sr.; a brother Travis & his girlfriend Amanda and recent niece Hazel all of Warren; also his loving extended family and friends.

Russell had an outstanding career of over 20 years as a machine operator at Flexcon in Spencer. He was an avid muscle car fan and mechanic. Russell

loved his 1968 Javelin SST which he cherished and had for many years. Russell always had a smile on his face and he lit up the room with his joking personality. He will be sadly missed by all.

A Celebration of Life for Russell will be held at a later date to be announced. Pillsbury Funeral Home 3 West Brookfield Rd. Brookfield has been entrusted with arrangements. For an online tribute and guestbook please visit: [Pillsburyfuneralhome.com](http://Pillsburyfuneralhome.com)

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to [obits@stonebridgepress.news](mailto:obits@stonebridgepress.news)



# HERE & THERE → Local Events, Arts, and Entertainment Listings

### FRIDAY, AUGUST 2

**RODGER EKSTROM**  
from 7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### SATURDAY, AUGUST 3

**BAD TICKERS**  
at 9 pm  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### FRIDAY, AUGUST 9

**RED SOX GAME:**  
for \$105: round-trip motor coach transportation, ticket to game (right field box seating rows A-G) Bus departs Danielson at 4pm. Call 860-423-2591. Reserve your spot now!

**WIBBLE**  
from 7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### FRIDAY, AUGUST 16

**BILLY GOODSPEED**  
from 7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### THURSDAY, AUGUST 22

**FARMER'S DINNER**  
From our gardens to your plate.  
Featuring local pasture raised chicken.  
Advanced tickets required  
Salem Cross Inn  
260 West Main St., W. Brookfield,  
MA 508-867-2345 [sailemrossinn.com](http://sailemrossinn.com)

### FRIDAY, AUGUST 23

**DAN FEELEY**  
from 7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### SATURDAY, AUGUST 24

11am-6pm  
Open House & Fall Registration  
Live dances, free mini trial classes, fun & games, free give-aways, meet the teachers, check out the studio. Also register August 27 and September 4th 6-8 pm at the studio or call/email to register at anytime. Classes begin Sept. 9  
Dance Techniques  
62 Wall St., Spencer, MA 01562  
508-885-4559

### FRIDAY, AUGUST 30

**LIAM COLEMAN**  
from 7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### SATURDAY, AUGUST 31

**THE ISLAND CASTAWAY BAND**  
at 9 pm  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### SUNDAY, SEPTEMBER 8

**FARMERS DINNER**  
From our gardens to your plate.  
Featuring Salem Cross Farm Pasture raised beef  
Advanced tickets required.  
Salem Cross Inn  
260 West Main St., W. Brookfield, MA  
508-867-2345 [sailemrossinn.com](http://sailemrossinn.com)

### SEPTEMBER 12-14

**ORIGINAL SEWING & QUILT EXPO**

Auburn Sewing Center will be at the DCU Center. Classroom machines on sale. Stop by their Brother & Janome booth for make-it, take-it projects. Classes and demonstrations 9am-5pm  
50 Foster St, Worcester, MA 01608  
[www.dcucenter.com](http://www.dcucenter.com)

### FRIDAY, SEPTEMBER 13,

**MURDER MYSTERY DINNER**  
An interactive dinner theater  
The Fashionable

**Murders. 6:30 pm**  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required [sailemrossinn.com](http://sailemrossinn.com) or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

### SUNDAY, OCTOBER 27,

**MURDER MYSTERY DINNER**  
An interactive dinner theater  
The Fashionable Murders. 6:30 pm  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required [sailemrossinn.com](http://sailemrossinn.com) or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

### SUNDAY, NOVEMBER 15

**MURDER MYSTERY DINNER**  
An interactive dinner theater  
The Fashionable Murders 6:30 pm  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required [sailemrossinn.com](http://sailemrossinn.com) or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

ONGOING



**JUNE THROUGH AUGUST 5 p.m.**  
**WEDNESDAY NIGHT CRUISING FOR CHARITY CAR SHOW AT KLEM'S**  
All makes and models. Proceeds benefit the Masonic Children's Charity  
KLEM'S  
117 West Main St., Spencer, MA

508-885-2708 (Ext. 104)  
[www.klemsonline.com](http://www.klemsonline.com)

**SUNDAYS THIS SUMMER**  
with live music from 2-5 on the patio  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

**MARIACHI BAND**  
First Thursday of the month 5-8 p.m.  
**MEXICALI MEXICAN GRILL**  
Webster location  
41 Worcester Rd., Webster, MA  
508-461-5070

**TRIVIA SATURDAY NIGHTS**  
7:00 p.m. register 7:30 p.m. start up  
**HILLCREST COUNTRY CLUB**  
325 Pleasant St., Leicester, MA  
508-892-9822

**LIVE ENTERTAINMENT FRIDAY NIGHT**  
**HEXMARK TAVERN**  
AT SALEM CROSS INN  
260 West Main St., W. Brookfield, MA  
508-867-2345 [sailemrossinn.com](http://sailemrossinn.com)

**THE CENTRAL MA CHAPTER OF TROUT UNLIMITED**  
meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club

# SUMMER TIME



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**DUDLEY** - 4 Tobin Dr! TOBIN FARM ESTATES!!! 11 Rm 3,638' Colonial! 4 Bdrms! 2.5 Baths! 2 Story Grand Foyer! Liv & Din Rm w/Hrdwds & Custom Wainscoting! Fully Appliance Granite Eat-in Kit w/Maple Cabs & Island! 1st Flr Frplcd Fam Rm w/Klipsch Surround Sound, Skylights, Hrdwd Flrs & Recessed Lighting! Sunrm off the Kit! 1st Flr Laundry! Composite Deck w/Winy! Railings! Master Suite w/Custom Wet Bar, Kegeator, Wine Fridge, Stools & Surround Sound! Plumbed for Future Bath! Flat Back Yard w/New Horse Shoe Pit, Garden, Shed, Fire Pit & More! 2 Car Garage! **\$499,000.00**

**DUDLEY** - 90' WATERFRONT! 12 Lakeview Ave! Full Recreational Merino Pond! 12 Rms, 4/5 Bdrms, 3.5 Baths Total! 2 Complete Residences, Single Family w/In-Law or as a 2 Family! Right Side w/Open Flr Plan! Lake Facing Kit, Din & Liv Rms! 2nd Flr w/2 Lake Facing Bdrms! Finished Walk-out Lower Level! Left Side w/Granite Kit w/ Skylight! Frplce Din/Liv Rm! 2/3 Bdrms! Master w/Bath! Town Services! In Time for Summer! **\$439,900.00**

**WEBSTER** - 12 Blueberry Way! 3,753' Custom 9 Rm Cape on an Unbelievable 1.69 Acres! From the Circular Drive to the Multi-level Composite Decks to the Incredible Pool w/Waterfall and In-water Stools surrounded by Stamped Concrete & Screened Gazebo to the Lighted Tennis Court! Gracious 2 Story Entry Foyer! New Granite Kit w/Breakfast Bar & Dining Area w/New Tile Flr! Formal Din Rm w/Hrdwds! Spacious 30' Frplce Liv Rm w/New Hrdwds! 1st Flr Bdrm w/Full Bath & New Hrdwds! 3 Second Flr Bdrms! Master Suite w/Full Bath, Dressing Area & Multiple Closets! 4 Bdrms, 4.5 Baths Total! 40' Recently Finished Walk-out Lower Level Frplce Fam Rm! 2 Car Attached Garage! C/Air! Buderuz 4.0Z Oil Heat! Shed! Landscape Lighting! Make a Move! **\$489,900.00**



**PUTNAM** - 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set on 3 Beautiful Acres! Featuring Center Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplaced Family Room! Office/Den! Half Bath w/Laundry! Side Entry Foyer w/Cool Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 24X30' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$369,900.00**

**DUDLEY** - 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Appliance Dine-in Granite Kit! Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**

**DUDLEY** - 2 Brandon Rd! 2 Family! 6/5 Rms! 2/2 Bdrms! 1/1 Baths! Level Corner Lot! 1st Flr w/Appliance Kit! Din Rm! Liv Rm w/Picture Window! 3 Bdrms! Full Bath w/Tub/Shower! 2nd Flr w/Appliance Kit! Din Rm! Liv Rm! 2 Bdrms! Full Bath! Gas Heat! Young Roof! **\$229,900.00**

**DUDLEY** - 4 Brandon Rd! 2 Family! 6/5 Rms! 2/2 Bdrms! 1/1 Baths! Both Flrs w/Eat-in Pantry Kitchens! Liv Rm! 2 Bdrms! Baths w/Tubs/Shower! Off Street Parking! Recent Roof! Vinyl Siding! Porches! Gas/Electric Heat! **\$209,900.00**



**DUDLEY** - 24 Hickory Dr! 8 Rm 50' Split on Dble Corner Lot! Fully Appliance SS Kitchen w/Tile Flr, Cherry Cabinets, Corian Counters & Island! Din Rm w/Slider to Deck! Liv Rm w/Cherry Cabinetry, Recessed Lights & Picture Window! Slate Entry w/Cool Closet! Full Bath w/Tile Flr! Master w/Wall to Wall, Triple Closet! 2nd Flr Full Bath w/Double Sinks! 2nd & 3rd Bdrms w/Wall to Wall & Dble Closets! Lower Level Fam Rm w/Stone Fireplace w/Pellet Insert! Office/Play Rm w/Wall to Wall! Half Bath w/Recent Vanity! C/Air! Oil Heat! 2 Car Garage! Generator! Replacement Windows! Flexible Floor Plan! **\$299,900.00**



**DUDLEY** - 94 Tracy Road! 7 Rm 4 Bdrm Colonial on 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Flr 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16X21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**

**WEBSTER LAKE** - 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Overized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frplce! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplce & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,145,000.00**

**WEBSTER** - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-In Kit! Spacious Liv Rm w/Hrdwds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Drop Lights! Vinyl Siding! Replacement Windows! **\$239,900.00**

**WEBSTER - LAKE SINGLETARY WATERFRONT!** 5 W. Sutton Rd! 8 Rm Cape! 3 Bdrms! Screen House at Waters Edge! Gradual Access to the Water! Well Maintained! Kit, Formal Din Rm! Fireplace Liv Rm! Den! Sun Rm! Updated Windows! New Furnace & Septic to be installed by Seller! **\$499,900.00**



**CHARLTON - GLEN ECHO LAKE!** 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Front and Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$529,900.00**

**WEBSTER LAKE** - 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 18X24 Covered Composite Deck, w/Viny! Railings! 90' U-Shaped Dock! Beautiful 7 Rm A/C/D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Fireplace, Maple Hrdwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Appliance Granite Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bthrm w/Travertine Flr, Dble Granite Vanity, Custom Tile Shower, Linen Closet & Cathedral Ceiling w/Skylight! Entry Foyer/ Mud Rm w/Tile Flr! Finished Walk-out Lower Level w/2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frig! Full Bath! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**

**WEBSTER LAKE** - 17 Wakefield Ave! South Pond! Western Exposure! Protected from the Storms - Quiet Cove! 24 Acre Lot! 194' Waterfront! Water Views! 2,412' 8 Rm Contemporary! Just Renovated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$535,000.00**

**WEBSTER LAKE** - 207 Beacon Park! 1,100' Waterfront! 5 Rms! 1 Level Living - No Stairs! Spectacular Sandy Beach! Fantastic Lakeside Pool! Appliance! Kit & Din Rms w/Parquet Wood Flrs! Spacious Liv Rm! 2 Bdrms! Master Bath & Walk-in Closet! 3 Tile Baths! C/Air! Garage! **\$249,900.00**



**CHARLTON** - 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Appliance Granite Kit w/Is, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplce Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/3! Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLIT SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

**WEBSTER LAKE** - 50 Union Point Rd! Panoramic Views of Middle Pond - South Facing - Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Appliance Kitchen w/Island, Dining Area, Lake Facing Fireplace Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$649,900.00**

**WEBSTER LAKE** - Steps Away From! 110 S. Shore Rd! Killdeer Island! Access to Swimming & Boating w/Killdeer Island Club Home Membership! Perfect 1st Assoc or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$299,000.00**

**WEBSTER LAKE** - 206 Treasure Island! 1.874' Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frplcd Fam Rm! Patio! Newer C/Air, Heat & Hot Water! Garage! 2 Slips! Pool! Beach! Listed by Another - "SOLD" by C21 Lake Realty! **\$345,900.00**

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*Featured New Construction*

**THOMPSON, CT - 6 LILLIAN AVE, LOT#1**

There is No Place Like Home - beautiful newly constructed home! Split level style home has an attractive modern feel! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & wall to wall carpeted Bedrooms. Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/extra wide shower & walk in closet, plus 2 more spacious BRs & a full hallway bath. 24' lower level family room, half bath w/laundry hookups! Two car garage! Central AC. **\$309,900.**

<p><b>THOMPSON, CT - 8 LILLIAN AVE, LOT #2</b></p> <p><b>ON DEPOSIT</b></p> <p>There is No Place Like Home - especially when it is a beautiful newly constructed home! This split level style home has an attractive modern feel! You'll be delighted with the natural light that will brighten the interior of this home! Open floor plan, cathedral ceilings! Granite counters, center island &amp; dining rm w/sliders! Master BR, private master full bath w/extra wide shower &amp; walk in closet, plus 2 spacious BRs &amp; a full hallway bath. 24' lower level family room, half bath w/laundry hookups &amp; utility closet, two car garage! Central AC. <b>\$309,900.</b></p>	<p><b>WEBSTER - 129 LAKE STREET</b></p> <p>Large Beautiful 1930's vintage hip roof 3 Family, large kitchens with pantries, french doors dividing the dining room from the living room. 3 bedrooms each floor. City gas to each apartment, enclosed front and rear hallways. 2 car garage. Comes with an extra lot that is level to the road and landscaped. <b>assisted sale \$179,000</b></p>	<p><b>DUDLEY - 188 WEST MAIN ST</b></p> <p>COMMERCIAL/BUSINESS LOCATION IN THE HEART OF DUDLEY! 3 BEDROOM, 1 BATH RANCH! LARGER THAN IT APPEARS! 19,582 +/- sq ft Lot. Natural Gas Heat! Hard wood floors! BRING YOUR VISION, LARGE FLAT YARD GIVES YOU GREAT PARKING AREA. FOR A SMALL BUSINESS FROM HOME!! CONTRACTORS DREAM! <b>\$178,500.</b></p>	<p><b>WEBSTER - 21 ARKWRIGHT RD</b></p> <p><b>ON DEPOSIT</b></p> <p>Simply Move In &amp; enjoy this Beautifully UPDATED Ranch! Close to I-395! Town water &amp; sewer, HIGH EFFICIENCY NAVIEN brand heating/hot water system, Bamboo hardwood floors, crown moldings! 2 BRs, full bath w/tiled walk-in shower, 6x16 year-rnd Sunroom w/outdoor access! (3rd BR, or Office!). <b>\$199,900.</b></p>	<p><b>WOODSTOCK, CT - 606 PROSPECT ST</b></p> <p>Pristine Colonial on 2.54 Acres in Historic Woodstock! 3 BR, 2-1/2 Baths. This Home is a Must See! Peaceful Country Setting! Vaulted Ceiling Family Room w/Built Ins, Cherry Cabinets, Sunken Dining Rm, Cathedral Mstr! Hrdwd &amp; Tile Flr! Potential for Home Office, Teen/In-law Suite, Craft Rm or Media/Game Rm. Resurfaced Driveway <b>\$399,000.00</b></p>
<p><b>THOMPSON, CT - 25 BONNETTE AVE</b></p> <p><b>SORRY, SOLD!</b></p> <p>Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Garage! Eat in Kitchen, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pond, on .87 +/- acre! <b>New Price \$249,900</b></p>	<p><b>WEBSTER - 12 ERNEST ST</b></p> <p><b>SORRY, SOLD!</b></p> <p>Welcome home to this Huge, Sprawling, Ranch Style Home! 2,848 SF +/- of Living Area on One Level! In-ground pool, built-in hot tub, w/fire pit! Carport/pavilion for entertaining! Separate wings for private family living &amp; entertainment, BR suites, 10 rooms total! Simply Amazing! <b>New Price \$299,900</b></p>	<p><b>WEBSTER/DOUGLAS/THOMPSON BUILDBABLE LOTS</b></p> <p>Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest <b>\$132,900</b></p> <p>Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water &amp; Sewer <b>\$295,000</b></p> <p>Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! <b>\$99,900</b></p> <p>Killingly - 37 Katherine Ave River Frontage 2/3rds acre. Town Water &amp; Sewer <b>\$55,000</b></p>	<p><b>WEBSTER - 34 EASTERN AVE UNIT A</b></p> <p>AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave. fenced in &amp; private. Easily accessible (95)! There's a lot to love about Webster! Unit 34 A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! <b>NEW PRICE \$164,900</b></p>	<p><b>WEBSTER LAND - COOPER RD</b></p> <p><b>LAND FOR SALE</b></p> <p>Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, not on the lake. Priced to Sell! <b>\$129,400.</b></p>

On The shores of Lake Chargoggagogmanchauggagoggchaubunagungamaugg

<p><b>WEBSTER LAKE - 118 POINT BREEZE RD</b></p> <p>Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd w/Front Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs &amp; 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land &amp; shore frontage available. <b>NEW PRICE \$299,900</b></p>	<p><b>WEBSTER LAKE - 54 KILLDEER RD</b></p> <p><b>SORRY, SOLD!</b></p> <p>KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR! 2.45 +/- Acres! 345 +/- road front, 336/384 +/- depth, 275 +/- Lakefront! Mature landscape provides unprecedented privacy, &amp; a friendly level lot at water's edge - like very low waterfront properties! The 3700 SF +/- Mid-Century Modern home is unique w/wisecise modern windows 180 panoramic views across the lake to stunning Western sunsets. 5 spacious BRs that overlook the rooms below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath. Family owned gem for 60+ years! <b>\$1,495,000</b></p>
<p><b>WEBSTER LAKE - 32 JACKSON RD</b></p> <p>AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage &amp; 8x8 storage shed. Park like grounds! <b>New Price \$375,000</b></p>	<p><b>WEBSTER LAKE - 32 JACKSON RD</b></p> <p>AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage &amp; 8x8 storage shed. Park like grounds! <b>New Price \$375,000</b></p>



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(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

**ADDRESS STYLE TIME PRICE REALTOR/SELLER/PHONE**

**SATURDAY, AUGUST 3**

**DUDLEY**  
7 Dudley Oxford Rd S 10-Noon \$425,000 Re/Max Advantage 1/Jo-Ann Szymczak 774-230-5044

**WEBSTER**  
38 Third St S 2-4 \$299,900 Re/Max professional Associates/ Patrick Sweeney 774-452-3578

**N. WOODSTOCK, CT**  
657 Brick Yard Rd S 11-1 \$244,900 Re/Max professional Associates/ Patrick Sweeney 774-452-3578

**THOMPSON, CT**  
223 Stawicki Rd S 12:30-2 \$259,900 Re/Max professional Associates/ Patrick Sweeney 774-452-3578

**SUNDAY, AUGUST 4**

**WEBSTER**  
80 Sutton Rd S 12:30-2 \$328,900 Re/Max professional Associates/ Patrick Sweeney 774-452-3578

**N. WOODSTOCK, CT**  
657 Brick Yard Rd S 12-2 \$244,900 Re/Max professional Associates/ Patrick Sweeney 774-452-3578

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Dudley: Cherry cabinet kitchen, 6.7 acres, private setting yet convenient location, 4 bedrooms, 3.5 baths, hardwood floors, 2500 sq. ft. cape, and first floor family room – office – library. What a property to come home to – close to school, highways, MassPike, rtes. 395, 290, 146, 20, 495.  
7 Dudley Oxford Rd ~ \$425,000

**OPEN HOUSE SATURDAY 2-4**

**PENDING**

**OPEN HOUSE SUNDAY 12:30-2**

**WEBSTER, MA - \$299,900**  
38 Third Street  
2-Family, Finish the renovations

**RUTLAND, MA - \$339,900**  
3 Brooke Haven Dr  
4 Bed, 2 1/2 Baths, Lots of Land

**PRICE REDUCED**  
Webster, MA – \$328,900  
80 Sutton Road  
3 Bdrm, Hardwood Floors Throughout, Not a Drive By!

**NEW LISTING**

Webster: 2 units, 3 bedrooms, fireplace, sided, 2900 sq. ft., garage  
23 Klebart Ave ~ \$264,900

Webster: Split, near lake, 3 bedrooms, fireplace, 20'x20' pokey room, easy commute to rte. 495, 395, Worcester  
293 Thompson Rd ~ \$244,900

**MAUREEN ASSITED WITH SALE!**

**ON DEPOSIT**

**SOLD!**

Oxford: 2 bedrooms, new septic.  
112 Main St~ \$223,500

Charlton: 3 bdrms, new construction, central air, HW floors throughout.  
24 Dodge Rd ~ \$339,900

**FEATURE PROPERTIES**

**OPEN HOUSE SATURDAY 12:30-2**

**THOMPSON, CT - \$259,900**  
223 Stawicki Road  
3 Bedroom, Split, Full Inlaw  
**COMPLETELY REMODELED**

**OPEN HOUSE SATURDAY 11-1 SUNDAY 12-2**

**NORTH WOODSTOCK, CT - \$244,900**  
657 Brick Yard Rd  
3 bedrooms, 2 Bath, Lots of Land, Ability to finish basement

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# LEGALS

## RECEIVER'S SALE OF REAL ESTATE AT PUBLIC AUCTION PURSUANT TO MASSACHUSETTS GENERAL LAWS ch. 111 § 1271

By virtue of an Order of the Worcester Housing Court in Case No.

17CV244, Attorney General for the Commonwealth of Massachusetts vs. Sarah Carter and Wayne Carter, which Order took effect October 19, 2017 appointing WORCESTER COMMUNITY HOUSING RESOURCES, INC. as the Receiver of real estate located at 115 Summer Street, North Brookfield, MA, said Order recorded at the Worcester District Registry of Deeds in Book 60236, Page 13, and the establishment of a lien in favor of the Receiver pursuant to M.G.L. ch. 111§1271 on such property, recorded in Book 60555, Page 211, and for the purpose of satisfying such lien as to 115 Summer Street, North Brookfield, MA, said real estate will be sold at a public auction at 10:00 A.M. on the 13th day of August, 2019, on the premises hereafter described in a deed, to wit:

The land in North Brookfield, Worcester County, Massachusetts being a certain parcel of land with the buildings thereon situated on the Southwesterly side of Summer Street and on the Northeasterly side of Bigelow Street and bounded and described as follows: Beginning at an iron pin on the Southwesterly side of Summer Street at the corner of land of Arthur C. Prouty et ux; THENCE South 45° 46' East by the Southerly line of Summer Street One Hundred Ninety-Four (194) feet, more or less, to Bigelow Street;

THENCE Southwesterly by Bigelow Street to land now or formerly of Walter W. Maki;

THENCE North 34° 56' East by land of said Maki Sixty-Five and Seventy-Five Hundredths (65.75) feet to an iron pipe at land of said Prouty;

THENCE South 55° 04' East by land of said Prouty Twenty-Two (22) feet to an iron pipe;

THENCE North 44° 36' East still by land of said Prouty Forty-Nine (49) feet to a place of beginning.

BEING the same premises conveyed to Wayne M. Carter and Sarah Carter, by deed recorded on August 7, 2008 at the Worcester County Registry of Deeds in Book 39531, Page 165.

TERMS OF SALE: FIVE THOUSAND (\$5,000.00) DOLLARS, as a deposit, on said property being sold, to be paid in cash, certified check, treasurer's check or cashier's check, by the purchaser at the time and place of sale, balance within thirty (30) days after date of the sale at the office of WENDY M. MEAD, P.C., 11 Pleasant Street, ste 30, Worcester, MA, Attorney for the Receiver. Said premises are to be sold as is and subject to unpaid taxes, tax sales, water charges and municipal liens and assessments, if any. Any other terms will be announced at the sale. FRANCIS J. TRAPASSO & ASSOCIATES

Mass. State License #252  
WORCESTER COMMUNITY HOUSING RESOURCES, INC.

Receiver

Dated: June 20, 2019

WENDY M. MEAD, P.C.

11 Pleasant Street, ste 30

Worcester, MA 01609

July 19, 2019

July 26, 2019

August 2, 2019

## Notice of Public Hearing Planning Board

The Spencer Planning Board will be holding a Public Hearing on Tuesday **August 20, 2019** in McCourt Social Hall of Memorial Town Hall, 157 Main Street, Spencer, MA, on the following item(s) starting at 7:00 PM or as soon thereafter as can be heard:

**Special Permit- Applicant: NVEnergy, LLC, Owner: Chris Dodge/ Samba Redick, Location 138 Wilson Street; Spencer Assessor's Map U17-7-2. The applicant is requesting a Special Permit for a small scale ground mounted solar array under Sections 4.8.9 of the Spencer Zoning Bylaw. The property is located within the Suburban Residential zoning district.**

Interested Parties may review these applications at the Office of Development & Inspectional Services in Memorial Town Hall located at 157 Main Street Spencer, MA 01562, during regular business hours from 7:30-4:30 Monday-Wednesday and Thursday 7:30-12:00.

The Planning Board is committed to ensuring that its public meetings are accessible to people with disabilities.

Should you require auxiliary aids, services, written materials in other formats, or reasonable modifications in policies and procedures, please call 508-885-7500 ext. 180 in advance of the scheduled meeting.

August 2, 2019

August 9, 2019

## Notice of Public Hearing Spencer Planning Board

A Planning Board meeting will be held on Tuesday, August 20, 2019 in the McCourt Social Hall of Memorial Town Hall, 157 Main Street, Spencer, MA, a public hearing will be held on the following items starting at 7:00 p.m. or as soon thereafter as can be heard: Amendment to Stormwater Permit/Major Site Plan Extension – Applicant: ZPT Energy Solutions II, LLC; Owner: Demeter Realty Trust C/O Brendan Gove. Location: 103 N. Spencer Road, Spencer Assessor's Map R49/1/1. The property is located within the Rural Residential zoning district. The applicant is applying for an amendment to the existing site plan, originally approved July 13th, 2010, under Spencer Zoning Bylaw Section 4.3.4 (Major Utility).

Interested Parties may review these applications at the Office of Development & Inspectional Services in Memorial Town Hall located at 157 Main Street Spencer, MA 01562, during regular business hours from 7:30-4:30 Monday-Wednesday and Thursday 7:30-12:00.

The Planning Board is committed to ensuring that its public meetings are accessible to people with disabilities. Should you require auxiliary aids, services, written materials in other formats, or reasonable modifications in policies and procedures, please call 508-885-7500 ext. 180 in advance of the scheduled meeting.

August 2, 2019

August 9, 2019

## MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Reginald L. Girouard, Jr. to Mortgage Electronic Registration Systems, Inc., as nominee for BSM Financial, L.P., its successors and assigns, dated November 1, 2006 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 40103, Page 19, subsequently assigned to EMC Mortgage Corporation by Mortgage Electronic Registration Systems, Inc. by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 45534, Page 131, subsequently assigned to Mortgage Electronic Registration Systems, Inc., ("MERS") as nominee for BSM Financial, L.P., its successors and assigns by EMC Mortgage LLC f/k/a EMC Mortgage Corporation by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 58809, Page 234, subsequently assigned to JPMorgan Chase Bank, National Association by Mortgage Electronic Registration Systems, Inc., as nominee for BSM Financial, L.P., its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 52060, Page 39, subsequently assigned to New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing by JPMorgan Chase Bank, National Association by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 55936, Page 304 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 10:00 AM on August 16, 2019 at 23 Pearl Street, Spencer, MA, all and singular the premises described in said Mortgage, to wit:

The land with the buildings thereon in Spencer, Massachusetts situated on the southerly side of Pearl Street, bounded and described as follows: On the North by Pearl Street, and the Spencer Railroad; On the East by land of Arthur Derosier et ux, formerly of S. Dickerman; On the South by land now or formerly of Archambeault, formerly of Michael Casey, about 97 feet; and On the West by land of said Spencer Railroad; Being the same premises conveyed to Reginald L. Girouard, Jr. by deed of Gary A. Cook and Suzanne M. Cook dated January 8, 2002 and recorded with the Worcester District Registry of Deeds in Book 26013, Page 308.

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes,

tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

## TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

NewRez LLC d/b/a Shellpoint Mortgage Servicing  
Present Holder of said Mortgage, By Its Attorneys,

ORLANDS PC

PO Box 540540

Waltham, MA 02454

Phone: (781) 790-7800

19-003971

July 26, 2019

August 2, 2109

August 9, 2019

## MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Stephen H. Brown to Mortgage Electronic Registration Systems, Inc., as nominee for 1-800-East-West Mortgage Company, its successors and assigns, dated May 13, 2011 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 47398, Page 181, subsequently assigned to Federal National Mortgage Association by Mortgage Electronic Registration Systems, Inc. as nominee for 1-800-East-West Mortgage Company, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 59002, Page 145, subsequently assigned to Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Pretium Mortgage Acquisition Trust by Federal National Mortgage Association by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 59926, Page 175 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 11:00 AM on August 16, 2019 at 126 Hastings Road, Spencer, MA, all and singular the premises described in said Mortgage, to wit:

the land in Spencer, Worcester County, Commonwealth of Massachusetts on the easterly side of Hastings Road in said Spencer being shown as Lot 10 on a plan entitled "Plan of Land in Spencer, Mass, surveyed for Conrad J. Lussier surveyed by Donald A. Para, RLS, New Braintree, Mass. October 20, 1986" which plan is recorded with the Worcester District Registry of Deeds in Plan Book 566, plan 92 and which Lot 10 is more particularly bounded and described as follows: BEGINNING at a point in the easterly line of Hastings Road which point is the northwest corner of the lot herein described and southwest corner of Lot 9 as shown on said plan; THENCE S. 53 degrees 36' 46" E. 332.41 feet along said Lot 9 to a point at land now or formerly of Donald L. and Shirley E. Smith; THENCE S. 05 degrees 59' 35" W. 100.08 feet along said Smith land to a point; THENCE S. 79 degrees 22' 34" W. 341.14 feet along said Smith land to an iron pin set in the easterly line of Hastings Road; THENCE N. 04 Degrees 23' 27" E, 200.00 feet along the easterly line of Hastings Road to the point of beginning. Containing 1.138 acres (49,571 square feet). For title reference see deed recorded at Book 18116 Page 295.

The premises are to be sold subject to and with the benefit of all easements,

restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

## TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Pretium Mortgage Acquisition Trust

Present Holder of said Mortgage,

By Its Attorneys,

ORLANDS PC

PO Box 540540

Waltham, MA 02454

Phone: (781) 790-7800

18-008184

July 26, 2019

August 2, 2109

August 9, 2019

## Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court

225 Main Street  
Worcester, MA 01608  
(508) 831-2200

Docket No. WO19P2459EA  
CITATION ON PETITION FOR  
FORMAL ADJUDICATION

Estate of:

Dennis G D'Amato

Date of Death: 05/17/2019

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by

**Donald E D'Amato of Spencer MA**

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that

**Donald E D'Amato of Spencer MA**

be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/20/2019.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION  
UNDER THE MASSACHUSETTS  
UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: July 25, 2019

Stephanie K. Fattman,

Register of Probate

August 2, 2019

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**1-800-536-5836**

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 Call toll free  
 or visit our website

**ARTICLES FOR SALE**

**010 FOR SALE**

**2008 ZODIAC and 14' CANOE**, excellent condition. ACTI-V 9'4", electric pump/all accessories, air floor. 2009 Honda 8HP, serviced. \$2,195. Canoe: oars/ seats, no leaks. \$275 860-983-0800 Sturbridge

**24 FOOT POOL, ABOVE-GROUND**, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

**ATV TIRES:** Four ATV Tires Buzz Saw Brand, 26/10R12. Excellent cond. \$200 for all four. 508-259-8805

**BED ROOM SET**

Haywood Wakefield  
 3 Pieces A tall dresser with 5 drawers Dresser with mirror 7 drawers Night stand cabinet style Dark Wood  
 Asking \$150.00 for All  
**Call 1-508-347-3145**

**BOBCAT-MOBILITY** Scooter red 4 months old, only used indoors, less than 10 miles on it. No signs of wear, in like new condition. Bought new for \$675 make reasonable offer. 774-280-0414

**BOSE STEREO SPEAKERS**

Reflecting 6.2 Everywhere Speakers 4 Speakers 2 Left and 2 Right Asking \$80.00 Each Call 1-508-347-3145

**Bunn My Cafe** single cup brewer \$75 Oak bookcase 3"x3" 3 shelves \$50 508 320-7230

**COFFEE & TWO END TABLES-** Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

**Couch**, 84 inches long. Dark red fabric with pillows, good condition. \$150. 508-410-5167

**DUCK STAMP** RW#1 \$150. got stamps?. Call Ron 413-896-3324 stamps wanted.

**DUCK STAMP** RW#1 \$150. got stamps?. Call Ron 413-896-3324 stamps wanted.

**ENTERTAINMENT CENTER**

3 Pieces Each 6 ft 2 inches Tall 31 Inches Wide  
 Adjustable shelves for TV's ect. Cabinets for storage  
 Asking \$150.00 for All  
**Call 1-508-347-3145**

**010 FOR SALE**

**EXERCISER BIKE** Pro-Form XP Whirlwind 280 Time, Distance, Speed, Calories Perfect Condition Asking \$125.00  
 Call 1-508-347-3145

**FOR SALE**

Brand new 8ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850  
 call 508-909-6070

**FOR SALE**

Janome Sewing/ Embroidery Machine. Includes: all feet, Hoops software. \$3,700. Call 860-774-5714 and leave a message.

**FOR SALE MAKE A OFFER:**

kitchen table with four chairs and a side table. Inversion Table and Ellipticle and 3 book cases. Call 508885-6570

**FOR SALE** Remote control Airplanes some with motors. **Eagle Magna 3** plus Fish locator. Still in box.

**Panasonic Base** with speakers. 774-241-0027

**FREEZER COMM. FRIGIDAIRE**

Compact Chest Freezer Heavy Duty 5.0 Cu Ft. 27" Wide 34" High Asking \$125.00  
 Call 1-508-347-3145

**FURNITURE FOR SALE**

dinning room set with HUTCH like new perfect condition. Bar with 3 stools. Must See. Stereo Equipment Love seat and chairs and Misc items. 508-234-7252

**FURNITURE FOR SALE**

Ladies bureau w/ extra large mirror, man's bureau, queen size bed, 2 twin beds, 2 Lazy-Boy chairs, excellent condition. Best offer. Can be seen at The Old Cider Mill, Route 9, West Brookfield or call 774-232-9382.

**GENERAC GP500 Gasoline Generator**-Unboxed, never used. Original manual + warranty card. Provides 5500 watt power supply. Asking \$575. 203-209-6418

**HOME SEWING SUPPLIES**

including a large assortment of fabrics in both prints and solids to choose from. Also includes choices of a variety of laces, trims, sequins and beads etc. Please call 413-436-5073.

**010 FOR SALE**

**LETTER PRESS COMMERCIAL PRINTING EQUIPMENT**

- all together, poster press 14"x22", job press 10"x15", Seybold paper cutter (extra blade) 25"x36", wooden type cabinet, 12 draws of type, 1 lead cutting-saw, hand tool equipment, 2 steel draw cabinets. (will not sell separately) \$5,000. 508-764-4458

**QUEEN SIZE BEDROOM SET** dark cherry, includes bed frame, headboard, 2 bureaus, one end table \$500. Also lighter oval table with leaf and 4 cushion chairs, solid wood. \$200. 508-885-2262.

**REESE 16K SLIDING FIFTH WHEEL HITCH** \$375 or BO. ALSO WEIGHT DISTRIBUTION HITCH, for class C receiver on car or truck \$300 or BO. call john 508 244 9699

**SEASONED HARDWOOD FIREWOOD** cut split delivered. \$225 per cord. CALL 508-282-0232

**SIX Windsor Back Chairs.** Light wood. Good condition. \$110.00 508-259-8805

**SNOW TIRES, PIRELLI** 245/45R19/102V M+S, 250 miles, \$1000, 508-564-3556

**STEREO EQUIPMENT RECEIVER** ONKYO AV HT R8230 Digital Dolby Wrat Wide Range Amplifier Tech. TEAC W-450R Stereo Double Reverse Cassette Deck Dolby-BC NR HXPRO Auto Reverse SONY Mega Storage 300 CD High Density Linear Converter System Asking \$300.00 for ALL Call 1-508-347-3145

**TIRES: Four NEW** Goodyear Wranglers LT 265-60R20 BW \$150 Each. 508-259-8805

**TIRES: Two used** Goodyear Wranglers LT 265-60R20 BW. \$150 each. 508-259-8805

**Transport chair**, Excel Deluxe by Medline 19" seat, up to 300 lbs. Used once. 508-637-1304

**010 FOR SALE**

**TREES/FIELDSTONE:**

Trees- Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18'-22' Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$25/Ton (508) 278-5762 Evening

**TRUCK CAP:** fits newer Dodge Trucks. 6.6 Bed size Removable front window, screens, side windows that open, rugged inside, Lights inside. Excellent cond. RED \$140. 508-259-8805

**WE'VE MOVED!** Light oak dining-room table w/6 chairs & 2 leaves, Oak entertainment Ctr., various size lamps, small electronics & more. No reasonable offer refused. Call 413-896-7047 Sturbridge area.

**WHITE OUTDOOR PRODUCTS SNOW BLOWER.**

10hp Tecumseh, two stage, 30 in. width. Electric start, well maintained! \$600.00. 508-347-3775

**100 GENERAL**

**107 Misc. FREE**

Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

**130 YARD SALES**

**ART SALE**  
 August  
 rain date August 4  
 10 am - 4pm  
 21 Hisgen Rd Holland, Ma  
 original oil paintings for sale

**DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS**

Deadline subject to change due to holidays  
**Call for more info**  
 \*\*\*\*\*

**INDOOR YARD SALE**

178 Machanic St Southbridge, MA 01550  
 August 3, 10am-1pm  
 Everything must go.  
 No offer refused.

**200 GEN. BUSINESS**

**205 BOATS**

**MIRROCRAFT 12 FOOT V" BOTTOM.** MINNKOTA MAXXUM 40 POUND THRUST. VARIABLE DRIVE, VERY LOW HOURS. 3 SEATS WITH PEDESTALS .OARS, ANCHOR, TRAILER, SPARE TIRE . ALL VERY GOOD CONDITION. \$1500.00. CALL 508-987-0386 LEAVE MESSAGE.

**265 FUEL/WOOD**

**FIREWOOD:** Cut, Split & Delivered. Green Wood Lots Wanted. Call Paul (508) 769-2351

**284 Lost & Found PETS**

**300 HELP WANTED**

**310 GENERAL HELP WANTED**

**325 PROFESSIONAL HELP WANTED**

**330 SALES**

**400 SERVICES**

**442 LICENSED DAY CARE**

**500 REAL ESTATE**

**505 APARTMENTS FOR RENT**

**575 VACATION RENTALS**

**750 CAMPERS/TRAILERS**

**760 VANS/TRUCKS**

**740 MOTORCYCLES**

**298 WANTED TO BUY**

**WAR RELICS & WAR SOUVENIRS WANTED:** WWII & EARLIER CASH WANTED! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 40 Years Experience. Call David 1-(508)688-0847. Ill Come To YOU!

**WANTED:** 24' Pontoon Boat & trailer (used). Webster area. 617-750-0969

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# Triple Tax Savings Event on windows!

We're celebrating our Triple Tax Savings Event all month long!

Through August 31<sup>st</sup> only, buy four and get 18.75% off your entire project, and get an additional \$100 off each window and patio door with \$0 down, 0 monthly payments and 0% interest for one year!<sup>1</sup>

- From last year we know that these appointments fill up quickly; call today
- You must call by August 31<sup>st</sup>

Save on every window!



Save on every patio door!



Must call by August 31<sup>st</sup>, 2019

1 **18.75% OFF**  
your entire project<sup>1</sup>

Minimum purchase of four.

2 **AND \$100 OFF**  
each window and patio door<sup>1</sup>

No minimum purchase required.

3 **WITH \$0 Down**  
**0 Monthly Payments**  
**0% Interest**  
**FOR 1 YEAR<sup>1</sup>**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months. Participating states require the payment of sales taxes on all product sales.

## Don't settle for poor-quality vinyl windows.

Not only can they look shiny and low-end, some poor-quality vinyl windows can warp, leak and become drafty after just a few years. Our windows are made of our exclusive Fibrex<sup>®</sup> material, which is twice as strong as vinyl.

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<sup>1</sup>DETAILS OF OFFER – Offer expires 9/14/2019. You must set your appointment by 8/31/2019 and purchase by 9/14/2019. Not valid with other offers or prior purchases. Get 18.75% off your entire purchase and 12 months \$0 money down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 7/28/2019 and 9/14/2019. Additional \$100 off each window or patio door, no minimum purchase required, taken after initial discount(s), when you set your appointment by 8/31/2019 and purchase by 9/14/2019. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky<sup>®</sup> consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2019 Andersen Corporation. All rights reserved. ©2019 Lead Surge LLC. All rights reserved. \*See limited warranty for details.

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Friday, August 2, 2019

CHECK OUT OUR SCAMBLE ON THE BACK PAGE

## OF THE SUMMER SEASON

Support these local businesses this Summer!

# ABC's

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**Complete Line of NEW APPLIANCES** All Major Brands

6 & 12 Months Financing Available

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**Breakfast Burritos!**

Fresh scrambled eggs, peppers, onions, tomatoes, and cheddar cheese, with your choice of sausage or bacon or both all rolled into a warmed flour tortilla Topped with salsa & cheddar served with a side of home fries

Available Everyday 7am-11:30 am

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### C is for Customer Service

**Dorrinda O'Keefe-Shea**  
Realtor® Lic# 9508821  
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109 West Street, Ware, MA 01082  
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413-477-6913 hardwickfarmers.net  
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FREE initial design by an Architect (not just a designer)

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Call: 508-755-5171

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The Finest in Motorcoach Service

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## FITNESS

## Getting outdoors really is good for you

People who live in regions where winters are cold often note the feeling of rejuvenation they enjoy on the first warm day of late-winter or spring. The chance to get outside and soak up some sun while breathing some warm air is a feeling unlike any other for those who spend much of their winters bundled up in layers of clothing.

The value of spending time outdoors extends well beyond dusting off winter cabin fever, providing long-term benefits that might surprise even the most ardent outdoor enthusiast. A 2018 report from researchers at the University of East Anglia found that living close to nature and spending time outside has wide-ranging health benefits, including a reduced risk for type 2 diabetes, cardiovascular disease, premature death, preterm birth, stress, and high blood pressure. Authors of the report studied data from across the globe, gathering evidence from more than 140 studies involving more than 290 million people.

Researchers cannot



pinpoint exactly why people who spend ample time in greenspaces enjoy better health. However, the benefits appear to be so wide-ranging as to suggest that people who currently do not spend much time in greenspaces should make a con-

certed effort to do so. The following are a handful of ways busy individuals can start spending more time outdoors.

- Dine al fresco. On nights when the weather is fair, take dinner into the great outdoors. People who live in pri-

vate homes can dine on the patio or on the deck in the backyard, while apartment dwellers can make use of local parks for nighttime picnics or dine on balconies or rooftop recreational areas, which have become popular in crowded metro-

politan areas. Rooftops and balconies may not pass the "Is it greenspace?" test, but dining in such areas can be more relaxing than an apartment dining nook.

- Get off the couch. Don't hesitate to get outside when night falls.

Spend time in the backyard or go for nightly walks around the neighborhood or in a nearby park. Say so long to television binge sessions, making healthier and more beneficial use of nightly free time by utilizing nearby greenspaces.

- Go hiking on weekends. Even city dwellers no doubt live within driving distance of local hiking areas. Hiking provides a host of cardiovascular benefits and can make for a great, full-body workout. Researchers associated with the UEA report suggested that the practice of forest bathing, which is popular in Japan and promotes spending time sitting down or lying in nature, exposes people to a diverse array of bacteria present in natural areas that may benefit the immune system and reduce inflammation.

People who think that accessing nature is helping them to stay healthy aren't wrong. In fact, making time to include nature in your daily or weekly routine can have positive and wide-ranging effects on your overall health.

## How much exercise does a person need?



Exercise is an essential component of a healthy lifestyle. Exercise helps people maintain healthy weights, improves mood, reduces the risk for various health ailments, and much more. But how much exercise is necessary for optimal health? Research indicates that the answer to that question depends on the person and his or individual health goals.

According to David Bassett, Jr., PhD, a professor of exercise physiology at the University of Tennessee in Knoxville, having a clear set of exercise goals can help a person determine just how much exercise he or she needs, particularly if a person is exercising to control his or her weight or reduce his or her stress.

The U.S. Department of Health and Human Services recommends that most healthy adults get at least 150

minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity, or a combination thereof, every week. Try to engage in strength training for all major muscle groups at least two times per week. The Mayo Clinic says a general goal for most people is to aim for at least 30 minutes of moderate physical activity every day.

Health experts say that this exercise needn't all occur at once, either. If a 30-minute walk is not possible, split that up into a few 10-minute walks throughout the day. Any activity is better than doing nothing at all.

For those with specific fitness goals, it could be wise to speak with a trainer or a doctor about which types of exercises (and durations) are effective. Physicians may be able to map out a fitness plan that works.

## Build an effective (and budget-friendly) home gym

Physical fitness is important. Exercise guidelines depend on the individual, but the American Heart Association recommends adults get at least 150 minutes of moderate-intensity aerobic activity every week. That amount may need to be increased to meet specific goals, such as weight loss.

In order to meet their fitness goals, many people invest in home gyms. Home gyms can be a convenient way to maximize physical activity and help people maintain muscle mass. According to Spaulding Rehabilitation Hospital, a Harvard-affiliated medical center, staying fit can improve physical strength, reduce seniors' fear of falls, increase confidence, and improve sleep.

When setting up a home gym, people may be tempted to invest a fortune into their equipment. But such investments aren't entirely necessary. Here are some ways to have a functional, budget-friendly workout space in your home.

- Invest in elastic resistance bands. Invest in lightweight elastic bands. According to a study published in 2018 in the Journal of Sports Science & Medicine, such bands can improve strength just as effectively as many weight machines commonly found in gyms. Resistance bands don't take up much space and can be tucked out of sight when not in use.

- Dedicate a workout space. Many people find that areas away from the bustle of the household are great spaces to devote to home gyms. Include a full-length mirror that lets you make sure you're performing exercises correctly and invest in a stereo to pump in inspirational music. The fewer the distractions, the more likely you will



commit to your exercise regimen.

- Invest in a set of dumbbells. Adjustable dumbbells or a few of various weights are a good investment. Dumbbells are compact and can be used to perform a variety of strength-training exercises. Begin with light weights and work your way up to reduce your risk of injury.

- Try stability balls. Stability balls are used to perform various core exercises, according to Harvard Medical School. The body's core can be strengthened to improve balance, reduce back pain and more. Stability balls

also can be used to perform abdominal crunches, squats, hamstring curls, and body bridges. Balls also can double as a bench when working with dumbbells.

- Don't forget about cardio. Elliptical machines, stationary bikes and treadmills are effective, but there are other ways to get your daily dose of cardiovascular exercise. Lateral shuffles between two points on a gym floor, or setting up a circuit of jumping jacks or skipping rope can keep your heart rate up and improve health.

Home gyms can help people get and stay in shape.

# FITNESS

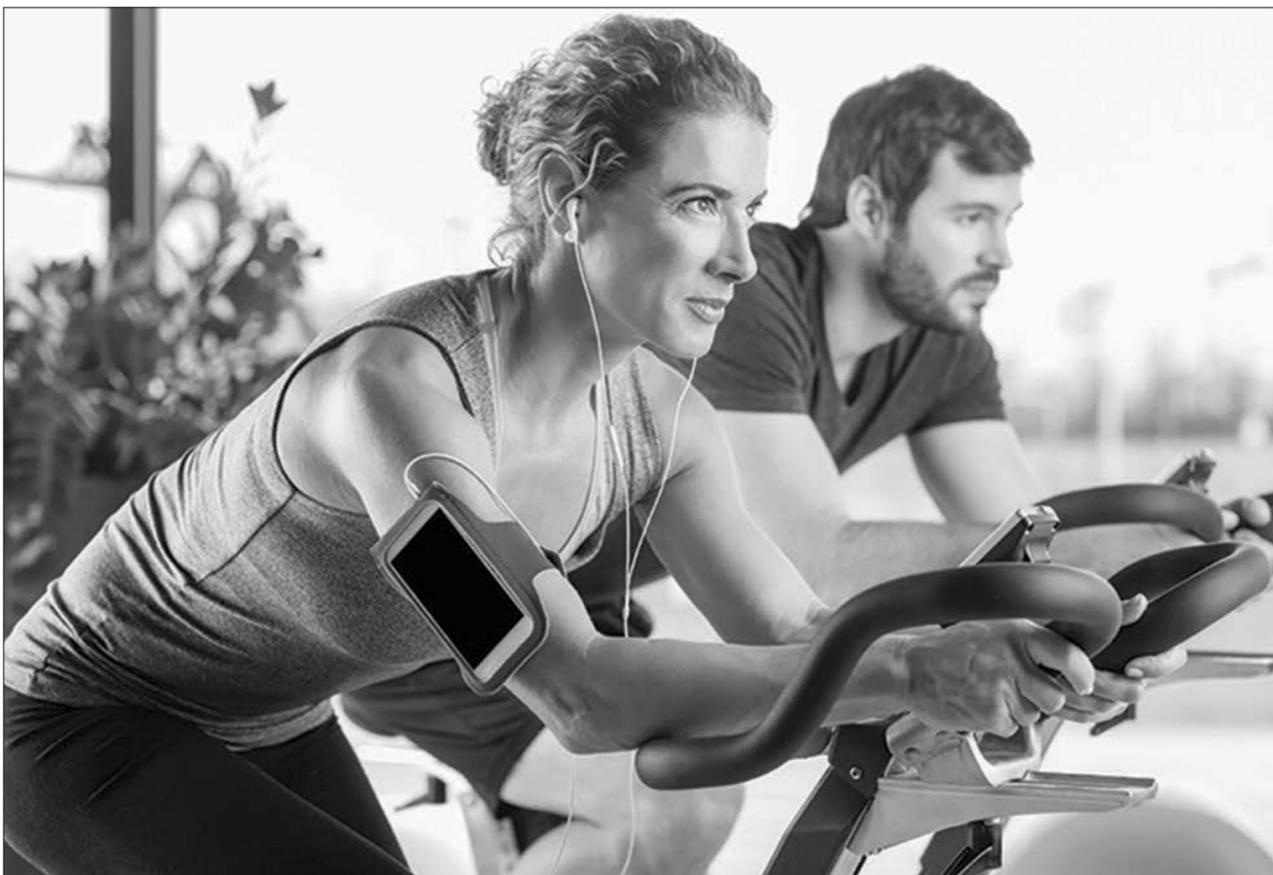
## Understanding the fitness-related ‘rhabdo’

Have you heard of “rhabdo”? No, it’s not the latest superfood seed imported from the heart of the rainforest. Also dubbed the “spinning disease,” rhabdo, short for rhabdomyolysis, is a serious condition known to the medical world for years, but is only recently garnering more widespread attention thanks to the high-impact fitness craze.

According to the Harvard Medical School, rhabdo is a rare condition that occurs when muscle cells burst and leak their contents into the blood stream. This can cause kidney injury, dark or brown urine, weakness, and muscle soreness. Trauma, medication and drug or alcohol misuse can contribute to rhabdo, but so can intense physical activity.

The Mayo Clinic states that rhabdo has been seen in extreme athletes, such as weight lifters and marathon runners. Rhabdo also can afflict people new to fitness regimens who are attempting to push themselves too far, too quickly.

According to Dr. Leslie Hamlett, a nephrology specialist at Freeman Health System in Missouri, she’s not surprised that those participating in intense workouts have been experiencing rhabdo. Dr. Hamlett feels that athletes crave the pain and burn — equating it to a job well done. However, the earliest symptoms of rhabdo mimic those of a really tough workout, making



them easy to overlook.

The following tips can help people reduce their risk of developing rhabdomyolysis.

- Avoid alcohol and drug abuse.
- Seek prompt medical help

after an accident or muscle trauma.

- Do not work out in excessive heat.
- Stay hydrated throughout a workout and attempt to maintain a normal body tempera-

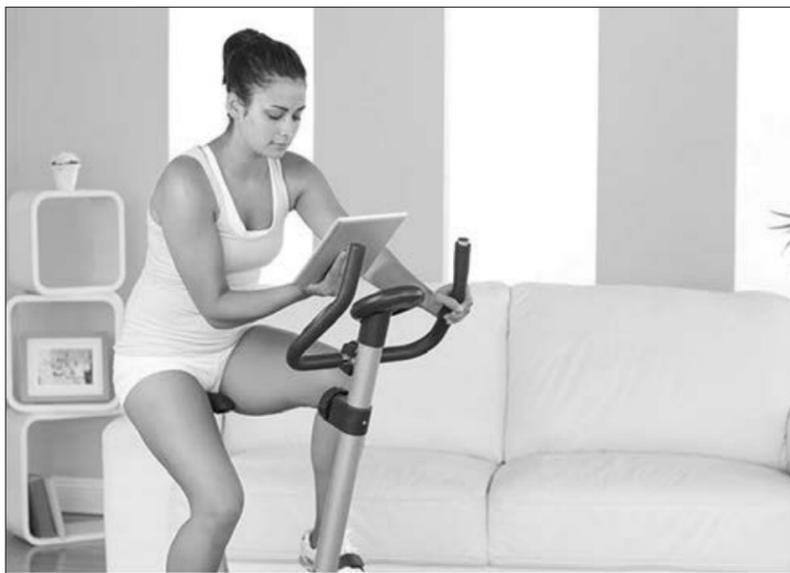
ture. Fluids with electrolytes can be beneficial.

- When working out, gradually increase intensity, whether you’re a seasoned athlete or a beginner.

Rhabdo is a serious medical

condition that those engaging in extreme workouts should familiarize themselves with early on. Although rare, the condition is serious enough to warrant caution while exercising.

## How to start exercising at home



A healthy diet and an active lifestyle are great ways to achieve a healthy weight and good overall health. Many people no doubt associate exercise with fitness centers and gym memberships. While gyms certainly are effective places to break a sweat, exercising at home can be an effective way to get fit as well.

Working out at home may require some creativity, as even homeowners with gyms in their basements may not have as much equipment at their disposal as they would at a local fitness center.]

### BODY WEIGHT EXERCISES

Body weight exercises include push-ups, planks, squats, and lunges. Alternating incline and positioning of the body when performing some of these exercises is a great way to work various muscle groups. Body weight exercises do not necessarily require equipment, and that may disappoint some people. That’s because, with no added weight — and only one’s own body weight to provide resistance — it’s difficult for a person to challenge himself or herself effectively and gradually build up progress.

### GET OUTDOORS FOR CARDIO

A mix of cardiovascular activity, which puts a strain on the heart and lungs to build up stamina, can help

shave off the pounds when paired with strength training exercises. Take to the great outdoors near home to get in a good cardio workout.

Rally Health, a digital, data-based health advisory company, says that walking can constitute a cardio workout if one goes at a brisk pace of around three miles per hour. Walking on an incline also can constitute vigorous exercise that’s on par with running or biking, particularly when it’s a steep hill.

Home-based cardio workouts also can include cycling, swimming in a backyard pool or playing a pickup sports game with the kids.

### SET UP A HOME GYM

With a few barbells, dumbbells and a weight bench, it’s easy to create a home gym in a basement or garage. Extra equipment, such as TRX resistance training equipment or an elliptical machine, can be added to make the gym more complete.

A home gym also can be a place to do strength and stretching exercises like yoga or pilates.

Many people find that they can effectively workout at home with little to no equipment necessary. With such convenience, individuals may find they make more time for exercise, which is an important component of a healthy lifestyle.

## Signs you might be overtraining



Exercise is a vital component of a healthy lifestyle. Many people find that pairing a nutritious, well-balanced diet with routine exercise is a successful formula for a long and healthy life.

People typically know when to stop eating. In fact, the brain signals when the stomach is full to prevent the body from eating too much. Exercise can be a little trickier, as men and women may be inclined to ignore certain warning signs of overexertion during a workout. The well-known workout motto “no pain, no gain” implies that rewards await those who push through their pain during a workout. However, ignoring signals that the body is being overtrained can have a detrimental effect on both short- and long-term health.

According to the American Council on Exercise®, there is a tipping point in regard to how much exercise the body can take. ACE notes that, when people pass that point, the exercise they engage in can actually do more harm than good. ACE refers to the tipping point as overtraining syndrome, or OTS, which can actually contribute to a reduction in overall fitness and increase a person’s risk for injury.

People dealing with OTS may not recognize its symptoms as readily as they would a full stomach. As a result, it can be easier to overtrain than overeat. For instance, people focused on living healthy often know when to call it quits at the dinner table, but might not know when to end a workout. Overtraining can be just as harmful as overeating,

and athletes can help themselves by learning to recognize various signs of overtraining.

- **Decreased performance:** ACE notes that a lack of improved performance, despite an increase in training intensity or volume, is a telltale sign of OTS. Athletes who recognize a decrease in their agility, strength and endurance might be dealing with OTS.

- **Increased perceived effort during workouts:** OTS can make seemingly effortless workouts seem difficult. An abnormally elevated heart rate during exercise or even throughout the day may indicate OTS.

- **Excessive fatigue:** Too much training can contribute to fatigue because the body is not being given ample time to recover between workouts.

- **Agitation and moodiness:** Overtraining can contribute to a hormonal imbalance that affects stress levels, potentially making people more irritable and contributing to moodiness.

- **Insomnia or restless sleep:** The overproduction of stress hormones that can occur when overtraining can adversely affect a person’s ability to get adequate sleep.

Additional signs of overtraining include loss of appetite, chronic or nagging injuries, metabolic imbalances, and stress and/or depression. More information about OTS and how to avoid it is available at [www.acefitness.org](http://www.acefitness.org).

# Welcome to our first scramble!

We've decided to change it up for Summer and instead of a crossword puzzle, we've created a scramble. We hope you'll enjoy this challenging puzzle!

Please find the answers (business names) on the ABC's of SUMMER page in this week's issue. We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 16th issue.

Good luck!



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