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Friday, June 19, 2020

Gail Boutiette of Uxbridge named MCSW 2020 Commonwealth Heroine

UXBRIDGE — Gail Boutiette of Uxbridge will be honored as a member of the Massachusetts Commission on the Status of Women's 2020 class of Commonwealth Heroines.

Rep. Michael Soter recommended Gail for this recognition because of her dedication and commitment to the town of Uxbridge and its Senior Center. Ms. Boutiette will be honored with the other Commonwealth Heroines for her outstanding contributions to her community. The Massachusetts Commission on the Status of Women will be virtually celebrating the seventeenth-an-Commonwealth Heroines Class of 2020. The Commission will be sharing a slideshow provided through a shared link on the original date of the event of June 24

on our social media platforms.

Boutiette serves as the Outreach Coordinator for the Uxbridge Council on Aging. Every day, she is a beacon of happiness and positive energy for the seniors of Uxbridge. She is committed to providing the best possible experience for those at the Senior Center by consistently working on new programs, raising community awareness, and genuinely connecting with seniors. Gail actively works to meet the needs of seniors through educational opportunities and empowers elders to maintain their quality of life. In addition to her work at the senior center, Gail is actively involved in the town by supporting events like the Uxbridge First Holiday Night and various parades. Gail is a valuable asset to the

Town of Uxbridge and serves as a role model to women across the Commonwealth.

The Commonwealth Heroines are women who don't make the news but make the difference. Thousands of women in every community of the state perform unheralded acts on a daily basis that make our homes, neighborhoods, cities, and towns better places to live. Commonwealth Heroines use their time, talent, spirit, and enthusiasm to enrich the lives of others in their community. They are mentors, volunteers, and innovators who strive to protect and represent the interests of seniors, victims of violence, children, immigrants, and other vulnerable populations. They are the glue that keeps a community together.

Soter commented,

"This is recognition is well deserved. Gail is truly a beacon of happiness and always has a smile on her face. She has worked tirelessly, along with the rest of the Senior Center staff, to create a welcoming and warm environment for the seniors of Uxbridge. I was honored to recommend Gail for the MCSW 2020 Commonwealth Heroine title. Congratulations, Gail!"

The Massachusetts Commission on the Status of Women is an independent state agency that was legislatively created in 1998 to advance women of the Commonwealth to full equality in all areas of life and to promote their rights and opportunities. The MCSW provides a permanent, effective voice for the women of Massachusetts.



Gail Boutiette

Douglas library now offering curbside pick-up

BY KIMBERLY PALMUCCI

DOUGLAS — Eightyeight days ago, the Simon Fairfield Public Library in Douglas announced its closure to the public due to Covid-19.

"I still can't say when we will be opening our doors to the public once again," said Library Director Justin Snook. "It isn't that we don't want to, because we really, really do. Safety, however, must come first. Even before books."

Since then, the library has made great strides in finding new ways to offer materials to members of the community.

"What we can do at this point is bring items to you," Snook added. "Our delivery program has been working out great."

Snook said, however, that the library currently can't deliver outside of Douglas, so delivery "doesn't allow us to reach those of you from neighboring communities who are frequent patrons of our library."

But now, there is a new option that tackles this issue; starting this week, the library began offering curbside pickup for Douglas materials at the library on Tuesdays from noon to 7 p.m.

To participate in this option, Snook said library users may browse the catalog and place holds.

"If that is a foreign concept to you, call us," he said. "At this point, you can place holds on items regardless of whether they are in Douglas or not. Interlibrary delivery has not yet resumed, but we are monitoring holds and purchasing materials

accordingly."
As soon as an item is ready for pickup, users will get an email or text notification. To pick up materials, simply drive into the library's parking lot between noon and

7 p.m. on Tuesday, call the library and they will bring items out to you, said Snook.

Users without cellphones may use the newly installed buzzer on the back door.

For residents who live in Douglas, home delivery of any materials on the hold shelf will still take place on Thursdays.

"When you are done with your items, drop them in our book drop outside. Don't take them to another library right now, or else we won't see those items again until delivery resumes," Snook added.

Delivery is still the library's preferred option of getting books to users, Snook said, as managing parking lot pickups will be more effort than deliv-

"Please do not switch because you think it will save us effort," he said.

Local organizations hosting golf benefits

BY KIMBERLY PALMUCCI

REGION — In August and September, two local organizations are turning to the golf course to help raise funds for their respective groups.

Northbridge The Middle School Booster Club is hosting its annual fundraiser to support Northbridge Middle School sports. The "Nine and Dine" golf tournament will be held on Saturday, August 1, at Shining Rock Golf Club in Northbridge; 100 percent of the proceeds will go toward funding middle school sports that were cut from the bud-

"Without the monies raised from these events, our children would not have sports," one resident shared in a statement on social media.

ment on social media.
The event will include

on-course contests, raffles, and a silent auction. The price, according to event information, is \$110 per golfer, which includes nine holes of golf, a cart, and dinner. There is a dinner-only option for \$40 as well.

Raffle baskets and silent auction donations are being accepted; for more information and to register, visit the group's website at www. NMSBoosterClub.com.

Similarly, Uxbridgebased Pawfect Life Rescue, which helps find fur-ever homes for homeless dogs, is hosting its first annual golf tournament on Monday, Sept. 14. The "Golf Fore Paws" event will take place at the Whitinsville Golf Club; current sponsors include Nor'easter Roofing, Watson Works, Inc., Smiths Auto Detailing, and DJ Tank, according to event information.

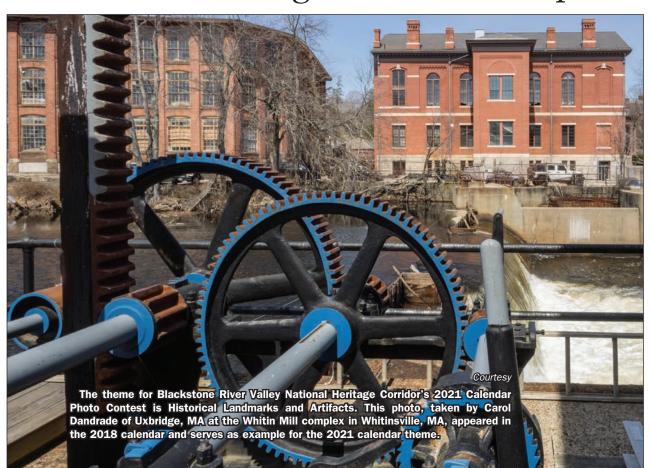
The animal rescue is still seeking golfers, sponsors, and raffle items for the event.

"It's going to be a fun event for a great cause," the rescue said in a statement.

Pawfect Life Rescue is a non-profit dog rescue that was established in 2013, according to the group's Web site, www. pawfectliferescue.org. The group consists of a network of volunteers whose mission is "to rescue stray dogs and place them in responsible loving homes."

"We are a family-focused rescue so we focus on dogs who are good with kids and good with other dogs," said Julie Uthoff, founder of Pawfect Life. "We want the dog and the family to

Blackstone Heritage Corridor seeks photos for calendar contest



WHITINSVILLE — Here is one thing that is not canceled this summer – the Blackstone River Valley National Heritage Corridor 2021 Calendar Photo Contest. Current social distancing guidelines still allow for you to grab your camera and explore the Blackstone Valley and capture some great images for this year's theme: Historical Landmarks & Artifacts. While many of the museums and historical buildings may remain closed, their outer features provide endless opportunity for taking creative shots. But don't stop there. Let the theme inspire you to search for the not-so-famous landmarks and artifacts, too! Share what you find in your travels by entering your discoveries into the Blackstone Heritage Corridor's 2021 calendar photo contest.

The annual calendar photo contest receives hundreds of entries, but only thirteen images will be selected for the 2021 calendar to illustrate the cover and each of the twelve months. Submitted images not selected for the calendar are used throughout the year for the Corridor's various promotional materials, including its website, annual report, brochures, and much more.

To be considered for the 2021 Calendar Contest, photos must focus on historical landmarks and artifacts in the 25 communities of the Blackstone River Valley National Heritage Corridor and must be original digital photography. Photos must be submitted in high resolution (300 dpi minimum), horizontal JPG format. No black and white or altered images, please.

The deadline to enter Friday, Aug. 14. Submit photos to Blackstone Heritage Corridor's website at

BLACKSTONE VALLEY TRIBLINE Friday, June 19, 2020

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Uxbridge Free Public Library

15 North Main St., Uxbridge www.uxbridgelibrary.org

Adult Programs

Virtual Gentle Yoga – Thursdays Saturdays at 10am Tune in to YouTube Live to start off your day with a yoga session with Marise Nazzaro! Search YouTube for the Uxbridge Free Public Library channel. The Thursday morning class is sponsored by the Friends of the Simon Fairfield Public Library and the Saturday morning class is sponsored by the Uxbridge Board of Library Trustees.

Mindfulness Virtual Meditation Thursdays, July 16th and 30th at 6pm Tune in to Facebook Live for another virtual meditation session with Jenny Xie! This class is sponsored by the Friends of the Uxbridge Library.

Virtual Bookies Book Club – Monday, July 27th at 6:30pm Just because there's social distancing doesn't mean we can't book club! Using Zoom, we will be virtually discussing The Keeper of Lost Things by Ruth Hogan. This title is available on the Hoopla Digital app. Patrons interested in participating should email zparrish@cwmars. org to register and receive the Zoom link.

Youth Programs

Virtual Story Time with Lindsey and Iggy the Sheep Wednesdays, Mondays, Fridays 10:30am at Join us on Facebook Live for songs, rhymes, stories, and more! Best for ages 0-4.

Virtual Read Aloud with Lindsey and Iggy the Sheep - Thursdays at 7pm Wind down with us on Facebook Live for some stories and a chapter or two of the book of the month! Best for all ages.

Virtual Chocolate Chip Cookie Mug Meals - Friday, July 10th at 2pm

Join us on Zoom and learn how to make a chocolate chip cookie in your favorite mug with Chef Julie! Check out the supplies and ingredients list below so you have everything you need:

Microwave

Large mug

1 Tablespoon unsalted butter 1 Tablespoon granulated sugar

1 Tablespoon brown sugar, firmly packed

½ teaspoon vanilla extract 1/8 teaspoon (or a pinch) salt

 $1 \, \mathrm{egg} \, \mathrm{yolk}$ Tablespoons all-purpose flour

1-2 Tablespoons chocolate chips

This program is best for ages 10 and up. Email Lindsey to register and receive Zoom info at lcentrella@cwmars.org

Brought to you by UniBank.

Virtual Kids Yoga - Tuesdays, July 14th and 28th at 6pm Get all your energy out before bedtime with Marise Nazzaro! Tune in to YouTube Live and learn new poses, enjoy stories while practicing, and most of all, have fun! Best for ages 5 and up. Brought to you by the Friends of the Millbury Public Library and Uxbridge Library Board of Trustees.

Virtual Cartooning for Kids

Wednesday, July 15th at 11am Join us and local author Rick Stromoski and learn how to draw characters and facial expressions! By the end of the class, you'll have your own original drawing! Best for ages 10 and up. Email Lindsey to register and receive Zoom info at lcentrella@cwmars.org. Brought to you by UniBank.

Virtual Pet Portraits Class with Pop Up Art School - Friday, July 31st at 11am

Show how much you love your furry friend when you make a silhouette portrait of your kitty or pooch! Pop up Art School will teach you how to draw a fancy frame and customize the portrait with your pet's name. Check out the materials list below so you have everything you need:

Pet portrait frame PDF Pet portrait breed PDF Plain printer paper Pencil Eraser

Black marker Colored pencils (best) or cray-

Best for ages 10 and up. Email Lindsey to register and receive both PDFs and Zoom info at lcentrella@cwmars.org. Brought to you by UniBank.

Check our website and social media for additional programs as the month unfolds!





Assumption confers 522 degrees to Class of 2020

Assumption conferred the degrees of 522 individuals who completed their studies at the culmination of the 2019-20 academic year. Local students include: Travis Butler, of Uxbridge received a

bachelor's degree in Biology. Kevin Hack, of Uxbridge received a

bachelor's degree in Management. Jillian Shenian, of Whitinsville received a bachelor's degree in

Criminology and Sociology. On Sunday, May 10, the day on which the Class of 2020 was original-

ly scheduled to receive their degrees at the College's 103rd Commencement, Assumption virtually celebrated the candidates for graduation and their years of commitment to academic programs. Assumption President Francesco C. Cesareo, Ph.D., was joined by Provost and Academic Vice President Greg Wiener, Ph.D., and Vice President for Mission Father Richard Lamoureux, A.A. '64 for a Conferral of Degrees ceremony that was livestreamed from the Chapel of the Holy Spirit. The ceremony was followed by a Mass which included candidates for graduation who pre-recorded hymns and readings.

Assumption has rescheduled its annual commencement ceremony during which it will formally honor the graduates of the Class of 2020 for August 23.

When addressing the graduates virtually, President Cesareo acknowledged the unprecedented challenges the Class of 2020 faced in their final semester, namely making a swift shift to remote learning due to the global pandemic. "You have come to the end of your studies at Assumption under extraordinary circumstances. This has certainly been a difficult and challenging semester for your class. You have had to confront adversity and the unexpected," he said. "You should be proud of the way in which you adapted to this situation, how you showed your resilience, strength, and ability to overcome challenging times.'

He added that while the COVID-19 pandemic has created many challenges for the Class of 2020, their Assumption education has and will help them thrive rather than simply endure. "Because of your education, you are able to view challenges as obstacles to overcome rather than a crisis to be endured," he explained.

"Assumption has provided you with an education that prepared you to confront and to make sense of these personal and societal challenges. This pandemic has made the unique value of a Catholic liberal education like the one Assumption provides even more evident. The most important challenges our society faces in both overcoming and understanding this crisis involve more than technical problems, although those are an important part of an Assumption education, too. The essential issues are the deepest questions of the human heart, which transcend time and place," he said, adding that ancient and modern thinkers have explored the questions regarding the meaning of life and human suffering.

Saint Augustine reminds us that these questions are 'ever ancient, ever new.' The Assumption education you received has prepared you for a changing world. Many institutions have forgotten these enduring questions. Assumption never has, and you have benefitted from this. A Catholic liberal education engages these questions has prepared you to live out your vocations and to be lifelong learners. It has provided you with the wisdom and courage to confront the challenges we face at this time and that you will face throughout your life.'

Before closing, President Cesareo said he hoped that the disruptive nature of the last several months had taught the graduates some important lessons: take the time to say 'I love you,' to stop harboring resentment, thinking that forgiveness can always wait for another day, to cease pretending that little annoying things matter so much, to pick up your heads to look at the beauty of the world, to examine your beliefs about what truly matters in life, to mend relationships, and to take time to pray," he said.

"I am not going to say goodbye, but rather arrivederci, since it is my hope to see you in August," he said.

The ceremony was complemented by the playing of a newly composed hymn based, "Shelter Me," a prayer song in the time of COVID-19, by Jan Michael Joncas based on Psalm 23. After the conferral of undergraduate, continuing education, and graduate degrees, Adam Duval '20, William Goliger '20, Arianna Pereschino '20, and led by Brad Dumont, sang the Alma Mater, "Long Live the Blue and White," via video conference.



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UXBRIDGE SENIOR CENTER

36 South Main Street 2020 July

Lisa Bernard - Director $Gail\,Boutiette-Outreach\,Coordinator$ Donna Oncay - Transportation Coordinator

Omer Boucher – Van Driver Sally Selvidge-Activities Coordinator Edwina Porter - Chef

Congratulations to Gail Boutiette, our Outreach worker! Gail was selected by the Massachusetts Commission on the Status of Women as one of the Commonwealth Heroines of 2020. The mission of the Massachusetts Commission on the Status of Women is to provide a permanent, effective voice for women across Massachusetts. The Commission stands for fundamental freedoms, basic human rights and the full enjoyment of life for all women throughout their lives.

Annual Commonwealth Heroine honors go to incredible women who have been recommended by legislators from their districts and selected for their contributions to their community and the Commonwealth. Commonwealth Heroines are women who don't always make the news, but truly make the difference in their communities, businesses, or volunteer endeavors. Gail was selected because she as a woman who, without fanfare or recognition, uses her time, talent, spirit, and enthusiasm to enrich the lives of others. The Massachusetts legislator that recommended her for this honor was Representative Michael Soter.

Due to COVID-19, the Massachusetts Commission on the Status of Women will be virtually celebrating the seventeenth-annual Commonwealth Heroines Class of 2020. MCSW will be presenting a slideshow provided through a shared link on the original date of the event of June 24, 2020. This link will be shared on all of our social media platforms with a photo of the Commonwealth Heroine, which legislator has recommended them and the biography provided to us from legislators. The program book will also be available on their website for constituents to view and share amongst their friends and families. Go to www. mass.gov/women for more information.

Again, congratulations and thank you Gail for all of your special efforts to make the Commonwealth and the Uxbridge Senior Center a better place to live and work. We are so proud of you!

The Uxbridge Senior Center distributed 70 frozen food boxes to local seniors on Monday, June 8th. The boxes contained chicken patties and mozzarella sticks. Thank you to the Executive Office of Elder Affairs and Tri-Valley for contributing!

The Senior Center continues to be closed at the time of this print. Staff are still at the Center working or working remotely, please call us with any questions or concerns. We anticipate being one of the last phases in the Governor's plan to re-open due to the high-risk population we serve. Thank you for being patient with us. Our Medical Transportation Program will officially open as of July 7th. All vehicles are now equipped with plexiglass separations for the driver's and passenger's protection. Everyone is required to wear a face mask and adhere to the six-foot distancing as much as possible. Please call the Center to book transportation for your medical appointment.

The Senior Center continues with the delivery of the hot lunch and bag sandwich meals to folks living in the subsidized housing developments in town which include the following: Crown N' Eagle, Calumet and Centennial Courts, Blanchard School and Veteran Parkway Apartments. We will continue this delivery through the month of July.

For those residents living in their own home or apartment, the June distribution of Hannaford's gift cards will take place on Wednesday, June 24th from 11am-2pm at McCloskev School located at 62 Capron Street in Uxbridge. If you are interested, please call the Center for more information.

Stay safe and well,

Lisa

Monday, July 6th - The senior center will be closed in observance of Independence Day.

Virtual programs will be aired on our Local Cable Channel 192 Tuesday - Thursdays, 9:30 am & 5:30 pm and also, our Facebook page and YouTube channel.

Monday, July 20th - 1:00 pm - 2:00 pm - Outdoor Concert with Tim Brooks The Crooner At Large! This will be for the residents of Crown & Eagle Apartments only. Not open to the public. Bring your lawn chair, masks and remember to keep your social distance away from others. Tim will hold another outdoor concert on Monday, August 3rd at the Uxbridge Housing Authority for residents only.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van. Masks are required and seating is limited. Trips will be added as needed each Tuesday.

Every Tuesday – Virtual Chair exercises with Sally posted on the Uxbridge Senior Center Facebook page & YouTube. No chair exercises on July

Every Wednesday @ 1:00 pm -Shopping trip to Foppema's Farm. There will only be 4 people allowed on the van per visit. Call ahead to sign up!

Every Wednesday @ 10 am - Walking Club with Sally! Meet at the Blackstone River Greenway located on Adams Street. No walking club on July 15th. This is weather permitting and be sure to wear your mask and bring a water

Every Thursday - Virtual Crafts with Sally posted on the Uxbridge Senior Center Facebook page and YouTube. No craft on July 16th.

VIRTUAL CHAIR YOGA with Marise - July 2nd, 9th, 16th & 23rd – Tune in Thursday at 2:00 pm. Go to the Uxbridge Senior Center YouTube Channel https://www.youtube.com/channel/ UCNh_RIq99rucmFH-UO7VFBw

These sessions will also air on the Uxbridge Senior Center Facebook page and Local Cable Channel 192 Tuesday Thursday 9:30 am & 5:30 pm as well! Donations are graciously accepted.

Every Friday @ 1:00 pm - Live Facebook Pictionary with Sally! Tune in and play along with Sally & Gail. Tune in to the Uxbridge Senior Center Facebook page. No Pictionary on July

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridgema.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

Uxbridge-ma.gov/Council-Aging Facebook.com UxbridgeMASeniorCenter

https://www.youtube.com/channel/ UCNh RIq99rucmFH-UO7VFBw

NEWS FROM SHINE FOR JULY 2020 THE SHINE PROGRAM IS OPEN AND AVAILABLE

We want to let everyone know that although our senior center partners are operating on a limited basis due to the COVID emergency, the SHINE Program is continuing to operate. Although we cannot provide office appointments at this time, our counselors are still available to assist you to answer any of your Medicare related questions. You can reach us if: you are aging into Medicare at 65, you have lost your employment coverage for any reason and you are 65 or older, or simply have a general question about your current Medicare coverage. Our counselors who are working remotely will return your call within 1 business day. If you live in Central Mass call us at 508-422-9931. We are also available via Zoom video conferencing to do one-on-one appointments if needed. In the near future we will be doing Medicare 101 presentations via Zoom. Visit our website www.shinema. org and our new Facebook page: SHINE Central MA.

Finally, Medicare and Social Security have announced new procedures for Medicare enrollment during the COVID emergency. This information is available on or website at www.shinema.org

Trained SHINE (Serving Health Information Needs of Everyone) counselors can help you! They offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your senior center and ask for a SHINE appointment. Remember you can contact us at 508-422-9931. Once you get the SHINE $\,$ answering machine, leave your name and number. A SHINE counselor will call you back.

CENTRAL MASS SHINE WEBSITE You can visit us on the web at www. shinema.org. Our site has valuable general information and links to other agencies that can assist you with your insurance needs. We also have a link to our very informative cable TV program "Medicare and More."

ARE YOU AWARE OF THE NUMBER OF PEOPLE THAT ARE HELPED AT THE UXBRIDGE SENIOR CENTER? The following numbers represent the people served in MAY 2020:

TELEPHONE CALLS 1427 LUNCH DELIVERY 710 OUTREACH CONTACT 49 INDIVIDUAL SHOPPING 6 HANNAFORD 17 MASK DELIVERYS 4 VIRTUAL ACTIVITIES 1525 LUNCH VAN MILEAGE 967 MED VAN MILEAGE 266 **CARE PACKAGES 16** \$20 GIFT CARD DRIVE THRU 125

ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Local residents named to Becker College Dean's List

LEICESTER — Becker College is proud to announce that the following local residents were named to the Dean's List for the Spring 2020 semester.

Kyle Alger, of Uxbridge, is pursuing a Bachelor of Arts degree in Interactive Media Design, Game Design Concentration.

Meghan Berg, of Uxbridge, is pursuing a Bachelor of Science degree in Forensic Science, Criminalistics Concentration.

Callie Bucchino, of Uxbridge, is pursuing a Bachelor of Science degree in Forensic Science, Criminalistics Concentration.

Cameron Connor, of Douglas, is pursuing a Bachelor of Arts degree in Interactive Media Design, Game Design Concentration.

Jennifer Kindl, of Uxbridge, is pursuing a Bachelor of Arts degree in Interactive Media, Game Arts Concentration.

Samantha Lord, of Whitinsville, is pursuing a Bachelor of Science degree in Nursing.

Jeremy Payson, of Douglas, is pursuing a Bachelor of Arts degree in Interactive Media Design, Game Development and Programming Concentration.

Jesse Van Opijnen, of Uxbridge, is pursuing a Bachelor of Arts degree in Integrated Graphic Design and Media.

Tabitha Young, of Uxbridge, is pursuing a Bachelor of Arts degree in Interactive Media Design, Game Arts Concentration.

The Dean's List recognizes all fulltime students (24 or more credit hours earned for the academic year; 12 minimum each semester (September through May) whose term grade point average is 3.50 or higher with no grade below a B- and no incomplete (I) or withdrawal/ failing (WF) grades.

Founded in 1784, Becker College is an undergraduate and graduate, career-focused private college, providing a supportive and inclusive learning community that prepares graduates for their first to last careers. Nearly 1,700 students from the United States and around the world attend Becker College, which has campuses both in Worcester and Leicester, Massachusetts. With nationally recognized programs in nursing, game design and animal studies, Becker has been consistently ranked as a "Best College" for undergraduate education by The Princeton Review.

Millbury Senior Center

Grab & Go Meals"

Starting on Monday the 22nd of June, the Millbury Senior Center

Lunch meals will be available to be picked up daily at the front door, 11:30

Menu is available on Town Website, www.townofmillbury.org Or our Millbury Senior Center facebook page

A 48 hour reservation is required For more information or reservations call us at 508-865-9154

The Senior Center is closed to the

While the building is not open to the public the Food Pantry at the Millbury Senior Center is available from 9am to 1pm Monday thru Friday by calling 508-865-9247 for an appointment our food pantry is fully stocked at this time tell us what you need and you can pick it up or we will deliver it.

We are still here to answer any ques-

tions you may have and we are available for your transportation to Doctors appointments or if you need to go to the drug store for your prescriptions, we will take you there. If you don't have a mask, we will give you one.

Also if you are in need of a home delivered meal give us a call and we will set you up to get one delivered to you.

Sorry to say that all our June trips are canceled, we will be researching to see if they can be rescheduled in the future.

Keep safe and remember to wear a mask if you go out and to wash your hands frequently.

Curry College welcomes Uxbridge resident into Criminal Justice Honor Society

MILTON — Curry marijuana and bringing College is proud to announce that Devin Gatto of Uxbridge has inducted into Lambda Alpha.

Lambda Alpha is the Curry College Chapter of Alpha Phi Sigma, the National Criminal Justice Honor Society. Students must have a 3.2 in the Criminal Justice major and a 3.2 GPA overall to be eligible for the Honor Society. Lambda Alpha hosts several events over the year, including bringing in a documentary film-maker to discuss urban violence in Boston, co-hosting a student/faculty forum on decriminalization of

in other leading practitioners in the field.

About Curry College Founded in 1879, Curry College is a private, fouryear, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 28 undergraduate majors, as well as graduate degrees in business, accounting, education, criminal justice, and nursing, with a combined enrollment of over 3,700 students. The student body consists of approximately 2,000 traditional undergraduate students, and 1,700 continuing education and graduate students. Approximately 1,575 of its students reside on the Curry campus. The largest majors are business management, communication, nursing, criminal justice, and education, and the college is also internationally known for its Program for the Advancement of Learning (PAL). The College offers a wide array of extra-curricular activities ranging from 15 NCAA Division III athletic teams to an outstanding theatre program. Visit us on the Web at www.curry.edu.





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Mass. RMV announces new initiatives, flexibility to customers

BY KIMBERLY PALMUCCI

REGION The Massachusetts Registry of Motor Vehicles recently announced several new initiatives aimed at providing flexibility to its customers during COVID-19 pandemic, including expanded appointment hours at open service centers, an online Learners' Permit test, online license renewal incentives, new road test and in-car observation protocols for students, and more.

"The RMV appreciates the public's continued patience and understanding throughout this pandemic as we have expanded many credential deadlines and worked to provide essential in-person services

Spring 2020 semester.

243-2386.

Emma Helstrom of Douglas

Sarah Reese of Uxbridge Peyton Young of Douglas Erin Correia of Douglas

Kaylie Gonya of Uxbridge Kaylie Silva of Douglas

Lasell University students named

to Spring 2020 Dean's List

NEWTON — Lasell University announced students named

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell.edu or at 617-

to the Dean's List for their academic accomplishments in the

in accordance with all public health and safety guidelines," said Acting RMV Registrar Jamey Tesler. "Today, we are announcing additional steps to help customers, including more appointment hours, flexible guidance for supervised driving, an online learner's permit test, and an incentive to renew their licenses online now instead of waiting to obtain a REAL ID."

The RMV has started online permit testing. Eligible customers will now have the opportunity to complete the Class D or Class M Learner's Permit Exams online in order to maintain social distancing protocols.

Historically, customremain at the service center Northbridge.

to take the test on classroom computers, according to a statement from RMV officials. Effective this week, applicants will be required to take their Learner's Permit test online at home up to 60 days after completing their appointment in a service center.

Appointments may initially be restricted to teenagers who turned 16-years-old between March and June and who have otherwise had their opportunity to take the permit test delayed, the statements reads.

Also effective this week, the

RMV announced that it has resumed public road tests, with preference initially for individuals who had their road test appointment in March, April, and May cancelled due to the pandemic. Road tests for new applicants will not be available until customers who had road tests postponed have been given appointments, the RMV announced.

Customers who have a road test rescheduled are being contacted directly by the RMV with a new appointment. Due to the pandemic, the RMV is

implementing new road test protocols, including the exclusive use of only specific state or driving school vehicles.

Vehicles will be cleaned after each test and only the customer and the testing official will be inside the vehicle during the test; road test sponsors will be required to wait outside or in their personal vehicles.

RMV customers are encouraged to visit www.Mass.Gov/ RMV for additional informa-

W-Madison announces spring Dean's List

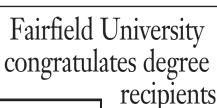
MADISON, Wisc. — The University of Wisconsin-Madison has recognized students named to the ers have been required to Dean's List for the spring semester of the 2019-2020 academic year, including Jiacomo Beckman of

> Students who achieve at a high level academically are recognized by the dean at the close of each semester. To be eligible for the Dean's List, students must complete a minimum of 12 graded degree credits in that semester. Each university school or college sets its own GPA requirements for students to be eligible to receive the distinction. Most call the honor "dean's list", but some grant the "Dean's Honor List" and "Dean's High Honor List."

To view an online listing, visit http:// registrar.wisc.edu/deans_list.htm. For questions or concerns about eligibility, please contact deanslist-registrar@ em.wisc.edu

Local residents named to William & Mary Dean's List

WILLIAMSBURG, Va. — Aiden VanTol of Whitinsville was recently named to the Dean's List at the College of William & Mary for the spring 2020 semester. In order to achieve Dean's List status, a full-time degree seeking undergraduate student must take at least 12 credit hours and earn a 3.6 Quality Point Average during the semester. William & Mary is the second oldest institution of higher learning in the United



FAIRFIELD, Conn. — Chelsea D. Proehl graduated from Fairfield University,

2020.

At the time of graduation, a student must have earned a minimum of 120 credits and completed at least 38 three- or four-credit courses, depending on the course of study, and have an overall grade point average of 2.0 or better at the conclusion of the senior year.

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CLUES ACROSS

- 1. Japanese classical theater 4. Chess pieces
- Pieces of writing
- 14. Doctors' group 15. Capital of Guam
- 16. Type of turtle
- 17. Swiss river
- 18. MLB Hall of Famer
- 20. Places to sit
- 22. Fancy rides 23. One of Washington's Tri-Cities 59. Makes someone happy
- 24. Without class 28. Male child
- 29. Keeps you cool
- 30. Biblical place 31. Italian city
- 33. District in central Turkey
- 37. Job for a grad student
- 38. Central nervous system
- 39. Arrange in steps

CLUES DOWN

- 1. Civil Rights group 2. Metropolis
- Badgers 4. Regular business given to
- a store Gets older 6. A bundle of banknotes
- 7. Midway between north and northwest
- 8. Takes to the sea
- 10. Baltimore ballplayer
- 12. Term of respect
- 19. Illumined
- something
- 25. The academic world

- 27. Hang-ups

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- 41. Witch
- 42. Promotional material Having certain appendages
- 44. Approaches
- 46. One who did it (slang)
- 49. Of I
- 50. Blood relation
- 51. Works out
- 55. Female given name 58. Isaac's mother (Bib.)
- 60. Creative 64. Small, faint constellation
- 65. S. American trees
- 66. Makes simpler

- 67. Neither
- 68. We all need it
- 69. Unique plastic utensil
- 70. Thyroid-stimulating hormone

- 231. Long, leafless flower stalk 32. Categorize
- 34. Loads
- 35. Indicates position
- 36. Unreasonable
- 40. Dorm worker 41. Dweller
- 45. Welsh female name meaning "snow"
- 47. Offering again

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9. Prestigious film prize: __ d'or 48. National capital 52. Firm, dry and brittle 11. Removed 53. 007's creator 54. Allied H.O. 13. Genus containing pigs 56. Mackerels 57. Month of the Hindu year 21. One who symbolizes 59. Not odd 60. Belonging to a thing 24. Member of a Turkic people 61. "Boardwalk Empire" actress Gretchen 26. "Key to the Highway" bluesman 62. Religion 63. Equal, prefix 0 0 Ε 0 S A n 3 AN 9 7 3 A SOLUTI 0 3 3 S 1 0 S M E 8 A A E E D A A B A H A О A A

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Gerri Waloga and Jerry Campbell, volunteers and greenhouse growers for specialty kale, tomatoes, eggplant, cabbage & broccoli, prepare for the tentative reopening of Daniels Farmstead's Farmers' Market in Blackstone on July 5 from 11 a.m. to 3 p.m.

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** Friday's Child * **



Aiden Age 9

Hi! My name is Aiden and I love cats and dogs!

Aiden is an energetic and sweet boy of Caucasian descent who loves to laugh. He is very active and likes to be outside, play sports, and run and climb. When he is inside, he enjoys playing with cars and trucks, building with Legos, and collecting Pokémon cards. He also likes to have books read to him before he goes to bed. Aiden is a big sports fan, and when he grows up, he would like to be Tom Brady. If that doesn't work out, Aiden says that he would like to be a fireman. Aiden plays well with others, as well as on his own.

He does well in school and gets along

with his teachers and peers. He receives speech services, as well as emotional and behavioral supports to help him stay focused in class

Legally freed for adoption, Aiden is searching for a family of any constellation with either no children in the home or with children who are older than he is. An ideal family will be able to provide Aiden with individualized attention, consistency, and structure. A family must be open to Aiden visiting with his birth mother twice a year in Massachusetts. Aiden also has an older sister who he is very attached to, and he will need to keep in contact with her.

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc. org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

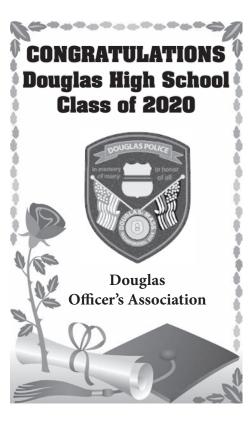




Friday, June 19, 2020 • 5



From all of us at the BLACKSTONE VALLEY TRIBUNE and Stonebridge Press & Villager Newspapers, and from these local businesses. We are so proud of how resilient you've been to succeed despite the many challenges you've uniquely had to face. May these times inspire you to find the strength to reach your goals in spite of adversity, and to find your purpose in life with love, happiness, and respect for all. #2020STRONG

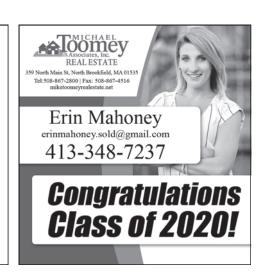




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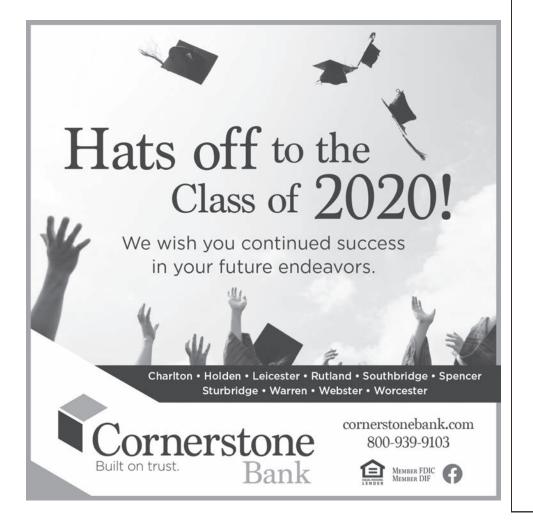


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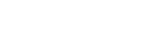
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Frank G. CHILINSKI President & PUBLISHER

BRENDAN **BERUBE** EDITOR

EDITORIAL

But tomorrow may rain, so I'll follow the sun

Well, here we are at the start of sum-We've survived a mild winter, but winter nonetheless. The days are longer. The sun is shining brighter. Now that warmer days have arrived, it makes the current closures a bit easier to manage.

While we will miss summer festivals and live music, there is still plenty to do to soak up a fun filled, relaxing summer. While we're out in our kayaks, hiking in the White Mountains, or enjoying an afternoon fishing at the river, don't forget about the many health benefits that come along with this amazing season.

Sunlight acts as an aid to regulate our bodies and gives us more motivation to improve our lives. During the summer months there is a reduced number of heart attacks. One study, including 11,000 individuals, showed that over nine years, the survival rate increased by almost 20 percent if the incident took place in the summertime. One theory is that the increase in vitamin D, plays

During the summer months people are more likely to eat more fruits and vegetables. Diets become more green and healthier. We all know the more colorful the diet, the healthier we are. We could argue that the all time best cereal invented, Fruity Pebbles could be just as healthy, but we would be

Warmer months means clearer skin for many. Now that we are older (some of us), we know that sitting outside with tin foil to help us become more tan faster, is not a smart move. Sunscreen it is. In addition, people tend to exercise more in warmer weather. This is perfect for allowing more oxygen to reach the brain and stress levels decrease as an added bonus.

The sun can have an effect on those with sleep issues as well. Waking up to the sunlight aids a person's internal clock to reset. Hotter weather also causes us to drink more water. More water means less toxins in our bodies. Cheers

We think it's a good idea to create a summer bucket list. Some of the things on our list include hiking more 4,000 footers, finishing a certain amount of books (some started almost ten years ago), making more trips to the ocean. trying out a paddle board, getting around to purchasing a fishing license, question legislation about daylight savings and having sunflowers in bloom by fall.

The most important thing, and we say it often, is to remember to slow down and appreciate every summer moment, hour by hour.

Note: To give credit where it is due, the title of this week's Editorial was taken from the song "Follow the Sun," written by John Lennon and Paul McCartney and recorded by The Beatles in 1964.



Opinion and commentary from the Blackstone Valley and beyond

Always look for the good within the darkest times

Our nation is immersed in turmoil. Whether it's racial issues, political fighting or a pandemic destroying our health and economy, we've never suffered through the multitude of issues at one time as we are now. The news is depressing and at times frightening. Racial unrest and pandemic dominate the news as it would seem our nation is in peril ... but not so fast.

Yes, we are suffering through several different crisis points at the same time, but I'm convinced our nation is strong. We'll endure and overcome each situation, emerging stronger and better for the experience. Let's look at each of the two major issues.

Covid-19. One of the original models used by the World Health Organization was produced by the Imperial College of London. It predicted that 81 percent of the population of the USA would be infected and would result in the loss of 2.2 million American lives. As time progressed, the Center for Disease Control continued to adjust to the incoming data, but the original numbers were devastating.

If you lost a loved one, your world was forever changed and the disease, personally for you, could not have been worse. Thankfully, on a global scale, the virus wasn't nearly as devastating as expected. Lives were lost, but only a fraction of the millions that were predicted. Depending upon your point of view, we were given wrong and wildly over-stated data or the worlds efforts at containment were successful. I believe it is a combination of both, we don't know what the future of Covid-19 holds. We know it's not the end of this story, and until there is an effective vaccine, our risk continues. Regardless, at least from a health point of view, we have so far been fortunate. Physically, we came through relatively healthy. Economically, it's another story that has yet to be played out.

What good has come from this?

We now have a better understanding of what works and does not. We are better prepared for the next round of COVID-19 or the next pandemic, whatever it is and whenever it may come.

I also think as a nation we are more aware of how to stay healthy in gener-



Positively SPEAKING GARY W.

MOORE

al. I know we are washing our hands more, resisting touching our faces and practicing social distancing. If we continue, my guess is not only can we do a better job of containing Covid-19 but also the flu and common cold. I will continue to wear a mask in public during cold and flu season. I think what we have all learned is positive and will serve us well in our future.

What good has come from this economically?

I believe in human resilience. In tough times, creativity flourishes. I think we are learning new ways to provide and obtain services. For basic Dr. visits, I love doing them remotely online. Why should I have to appear in person so they can ask me how I feel or if my medications have changed? There will always be times we need to be physically in the same room with our health care providers, but for basic services, I'd rather dial in. I think this is a positive.

I also love the creativity of restaurants. In many places, indoor restrictions are in place, so restaurants are pitching tents and putting picnic tables in their parking lots. If it's below 90 degrees, I'd always choose to eat outdoors. For me, this is positive.

I also think many churches have become incredibly creative at providing their services online. The constitutional argument rages on as to whether a governmental body can ignore our constitutional rights, but I think it was the right thing in the heat of this pandemic to restrict assembly everywhere possible. While some churches, like my local church, have provided prerecorded and shortened services that cater to those who when watching online have a shortened attention span, others, like Pasadena (Calif.) First Church of the Nazarene continues to provide a full, live service. The point is there is a multitude and variety of church services available online. I tune into both each Sunday, and if you oversleep, you can access it online at any time.

What's positive about this? I believe again, learning to deliver needed and wanted services in unique

new ways to reduce risk and save lives is a positive. Our racial divides.

We are now having positive conversations in a frank and truthful way that seemed unlikely, if not impossible, before. I think if we are talking, listening, and engaged in a fruitful dialogue, positive changes emerge. The televised death of George Floyd has awakened the senses of even the most hard-nosed racial divide deniers. I'm hopeful and optimistic that this is a positive turning point for our nation, and it is ... if we make it so.

I also know that the majority ... I believe upward to 99% of police officers ... are good public servants. As in any profession, we are going to see there are bad actors. And a bad actor with a gun is especially dangerous. I believe community officials are awakened to the need to pay attention to officers with an unusual amount of complaints and act quickly. I believe police unions, if they genuinely want to protect their good members, they must stop protecting the bad officers. Protecting the job of a bad cop puts us all at risk. I believe needed change is occurring and we'll all be better and safer for it.

Now that the average citizen is awakened to these problems, we must all stand and force the needed

I think there are silver linings in all situations. Unless we look for and seek the good within, it's easy to believe the sky is falling ... and it's not. Always look for the best in every situation and in every person. As I always say we usually find what we seek.

So, where there are problems, seek solutions.

Where there is pain, look for ways to ease suffering. Where there is hopelessness and despair, seek the

silver lining and shine the light on hope. When the choice faces you to live in despair of the situation or to rejoice

choose to rejoice. Always look for the positive within the negativity and you'll never feel hope-

in the possibilities, always

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

Proper diversification can ease retirement income worries



FINANCIAL Focus

> DARREN **PARENT**

During your retirement, you will likely need to withdraw from your investment portfolio to help pay for your living expenses. So, naturally, you'd rather not see the value of that portfolio decline. Yet, if you spend two or three decades in retirement, you might experience several steep market declines – in fact, drops of at least 20 percent have typically occurred about every four years. So when a decline occurs, how concerned should you be?

Actually, maybe not all that much – if you've prepared your portfolio for all circumstances.

Here's the key thing to remember: While the financial markets may drop sharply at any time, it doesn't mean your portfolio will fall as precipitously. For example, the S&P 500, an index that tracks the stocks of 500 large U.S. companies, might fall 20 percent, but does your own portfolio only consist of these stocks? Most likely, it doesn't. In fact, it's generally a good idea to maintain a portfolio balanced between stocks and bonds, with the percentages of each based on your goals, risk tolerance and time horizon. While diversification cannot guarantee a profit or protect against a drop, it certainly can reduce the impact of a decline.

In fact, during a significant market downturn, the difference in performance between an allstock portfolio and one containing a mix of stocks, bonds and other investments can be dramatic. Consider this: From January 1 through March 31 of this year, the period covering the initial market decline caused by the coronavirus pandemic, the S&P 500 fell almost 20 percent, but a more balanced portfolio (containing 45 percent in U.S. stocks, 20 percent in international stocks, and 35 percent in investment-grade bonds) declined about 12 percent - a sizable drop, to be sure, but far smaller than the tumble of the S&&P 500.

Clearly, owning a mix of investments can help reduce the effects of market volatility on your portfolio. But it's also important to diversify with a purpose in mind. Your stocks and stock-based mutual funds are designed to provide long-term growth potential - which you'll still need during your retirement to help you stay ahead of inflation. But as a retiree, you should also be able to rely on your cash and short-term, fixed-income investments - such as bonds with short maturities, Treasury bills and certificates of deposit - for your income needs over the next three to five years. Also, it's a good idea to have about a year's worth of your living expenses in cash and cash equivalent vehicles.

Cash instruments and shortterm, fixed-income investments offer you two key advantages. First, they're highly liquid, so you typically will have no trouble accessing them when you choose. Second, by having sufficient amounts in these cash and shortterm instruments, you will have some protection against having to tap into your longer-term, variable investments when the financial markets are down.

With sufficient cash and the right short-term investments in place, you can reduce your worries about what's happening in the stock market during your retirement years. And the fewer concerns you have, the more you can enjoy this time in your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@ edwardjones.com. Edward Jones,

member SIPC.

LETTERS TO THE EDITOR Not the best time to be raising taxes That will not be able to mention

To the Editor:

For the past several months, we have heard the words"due to the Covd-19 virus" so many times, that it has become a part of our lives. Everything. From cancelled school years, business closings, event cancellations, to funerals.

On June 23, the voters of Northbridge will be facing a tough decision. The question of replacing the fire station has been a long time coming. It does not have to be said that the people that have put so much effort into this project never expected to be asking the taxpayers

This letter is not meant to question the need or cost of the project, rather to ask all voters to vote no this year, and if all goes well, try again next year. While we can predict what passing this vote will do to our tax bill, we are all in the dark as to where the economy is heading. Many, "too many," homeowners are out of work right now, and even if they were recalled to work tomorrow, have taken a heavy financial hit. We also will be facing an inflation problem. Between grocery bills going up, and companies

give raises, not to mention what health insurance premiums will be like in the near future after all those hospital bills are paid.

It only makes sense to vote no. Only After the smoke clears and we are able to get back on our feet, should we be asking the tax payers to incur more expense. I ask all Northbridge voters to vote not to fund the fire station, "Due to the COVD -19 virus."

> THOMAS GRIFFIN NORTHBRIDGE

www.StonebridgePress.com

Friday, June 19, 2020 • 9



THE GREAT
OUTDOORS
RALPH
TRUE

Now that some of the restrictions on daily activity are being lifted due to the Covid Pandemic, fishing is getting back to some form of normality. Some of the six pack Charter boats are now operating in Massachusetts & Rhode Island and fishing has been pretty good overall. Three anglers from Rhode Island fished the Buzzards Bay area Saturday and limited out on their daily bag of five seabass. They were all in the 18 to 21-inch size. They also caught huge scaup filling three coolers. Sounds like they had a great day.

Captain Mark Petitt of Fire Escape Charters reported on some great striper fishing in Buzzards Bay last week, but unfortunately only two stripers were in the 28-inch slot limit, all the rest were schoolies. In two days, his clients brought in close to 400 stripers, and they were hitting everything. The big fish have still not shown up! The Providence River continues to give up some real nice stripers with many over the legal-size limit of 35 inches. If you hit it right, you will catch fish.

The Uxbridge Rod & Gun Club has installed a new Sporting clays range which opened officially last Sunday. Members & non-Members are invited to try out the new course, and to brush up on your shooting skills. The trap is also open every Sunday. Come to the club and enjoy some great shooting.

Fishing on the Cape Cod Canal has been restricted to recreational fishing only as of a couple of weeks ago. Unruly anglers prompted the emergency action to be taken along with other problems at the canal. Only stripers measuring 28 inches to 35 inches are allowed anywhere on the canal. Allowing commercial anglers to fish alongside recreational anglers on the canal was not a good idea to begin with. With problems they have had in the past, it was sure to get ugly again, and policing the area with the large amount of people fishing at the canal this year, was a receipt for disaster. Free saltwater fishing in Massachusetts on June 20 - 21 this year, so take the family fishing. You will hopefully enjoy the sport and purchase an annual license.

Fluke fishing along the beaches of Matunick, R.I. has picked up a lot but most fish are short of the 19-inch limit

Getting back to normal



Photos Courtesy

This writer and my Great granddaughter Eva, fished the Providence River last week with her Dad Chris Henchey.

for recreational anglers. A lot of the released fish are going to die, which is a terrible shame. Many fish swallow the hook and trying to remove the hook is causing released fish to die and become crab bait. As I have said in the past, someone with some sense of responsibility and knowledge needs to be put in charge of the fishery which seems to be driven by politics , and not by sensible fish management. Commercial fishermen are allowed to keep seabass only 11 inches long? What a waste!

The Seven B Charter boat is taking only 20 people at a time, as of last weekend. You need to call ahead and reserve & prepay. The fare has gone up to \$100 per person for a seven-hour trip. Call 1-401 789-9250 to reserve your spot. Seabass season in Rhode Island opens June 24 with a 3 fish daily limit per person. The Seven B charter boat has a very good reputation for catching big fish!

Freshwater fishing for numerous species of fish by local anglers last week had one angler weigh in a 6.4 pound largemouth bass at Jerry's Bait & Tackle shop in Milford. Numerous other species of fish included two large



This picture shows Edward Zaczek of Webster with his large calico bass taken in Webster Lake. He could receive a gold pin from Mass. Fish & Wildlife awards program. Nice fish.

pickerel, and a huge calico bass that weighed in at over two pounds, which was caught at Webster Lake. Webster Lake also gave up some nice Brown & Rainbow trout last week. Wallum Lake is slow with very few fishing the interstate body of water. Both Webster Lake and Wallum have most trout staging in deep holes of the lake, were the cool water remains throughout the summer

Bob Czupryna of Uxbridge reported a lot of anglers were fishing the Quabbin Res last week at gate 43. The Quabbin Reservoir is not renting boats at this time but is open to shore fishing anglers and anglers with their own boats. A reminder that you need to have your boat washed before launching it into the Quabbin Reservoir to go fishing. A season pas is only \$25 if you plan on fishing the Res. often this year. Bob reported catching numerous rainbow trout, Lakers and an occasional bass. One angler caught a nice salmon and took it home to eat. The salmon had numerous rubber baits in the stomach. The industry was in the process of making the plastics and rubber worms biodegradable a number of years ago but has failed to live up to their commit-



Chris Henchy of Shrewsbury with his daughter Eva after catching a striper in the Providence river last week.

ment. The plastics and rubber worms are killing fish!

As reported last week about the shortage of live bait & catching your own, can save you money and the bait that you catch in the small traps can be better than what you buy. Baiting the trap with a few pieces of bread and setting it in a lake or pond can have you catching numerous species of small fish. Retain only shiners and small sunfish (pumpkinseeds) which are a natural bait for most warm water fish. It is illegal to use other species of fish for bait. Using shiners for bait will have you catching fish daily. Also, catching pumpkinseeds with a light rod & small hook baited with a piece of worm is excellent live bait. Placing a 1 inch to three-inch live pumpkinseeds on another rod, and letting it swim freely will have you catching big fish.

A report from" Fat Nancy's" Bait & Tackle shop in New York reported on some great Brown Trout fishing in Lake Ontario. Four-to-six-pound brown trout are numerous at this time of year with an occasional 10-to-12-pound brown. Bass fishing on Oneida lake is also hot.

Take A Kid Fishing & Keep Them Rods Bending!

Three ways to help your gardens thrive with minimal care



Photo Melinda Myers

New plantings need special attention the first few weeks. Water thoroughly and often enough to keep the roots and surrounding soil slightly

So, you filled your shopping cart and gardens with lots of new shrubs, flowers, and vegetables. Now what? Keep your plants looking their best with minimal effort so you can enjoy them and

your summer even more.

Watering is one task
where I find even experienced gardeners struggle. Proper watering is
key. Too much or not
enough water can result
in yellow, wilting and
even death of plants.

Check container plantings daily. Stick your finger into the soil and water whenever the

top few inches of soil is starting to dry. Water thoroughly so the excess runs out of the pot and away from the planter. New plantings need special attention the first few weeks. Water thoroughly and often enough to keep the roots and surrounding soil slightly moist. Gradually reduce frequency and only water thoroughly when the top few inches are crumbly, but slightly moist.

Continue giving perennials, trees, and shrubs regular care the first two years. It takes this long for them to establish a robust root system. Water thoroughly, but only as needed.

Water early in the day to reduce water lost to evaporation. Avoid watering at night. Wet foliage at night is more susceptible to disease. Use soaker hoses, drip irrigation or watering wands to apply water to the soil. Less water is wasted plus you'll

help decrease the risk of disease by avoiding wet foliage.

Mulch gardens to conserve moisture, suppress weeds and improve the soil as

it decomposes.

GARDEN
MOMENTS
MELINDA
MYERS

Spread a two- to three-inch layer of organic mulch such as shredded leaves, evergreen needles, wood chips or shredded bark on the soil surface surrounding your plants. The courser the mulch used, the thicker the layer.

Do not bury the

base of your plants or pile mulch against the trunks of trees. This can lead to a decline of your plants. I like to use wood-based mulches for permanent plantings and pathways.

Consider using shredded leaves, evergreen needles or even a thin layer of chemical-free grass clippings for annual plantings. These mulches break down more quickly than wood and do not cause nutrient deficiencies if worked into the soil.

Fertilization provides the nutrients plants need to grow and thrive, but too much of a good thing can be detrimental. Over fertilization can result in lots of green leafy growth, but no flowers or fruit. Lush succulent growth from over fertilization is more susceptible to

insect and disease problems. Select a fertilizer labeled for the plants you are growing and your gardening goals. Organic and slow release fertilizers provide a slow, steady supply of nutrients over a longer period of time. You'll need to make fewer applications throughout the growing season. Do not apply more than the recommended rate. Not only are you wasting fertilizer and money, but an overdose of fertilizer can damage and even kill plants. Consider taking a soil test in the future. The results tell you how much and what type of fertilizer to apply. Contact your local Extension office for tips on how to take a soil test and where to send the sample for testing.

Visit your gardens regularly. Pick a few flowers to enjoy in a vase indoors and harvest vegetables when they are mature. Regular harvests of ripe vegetables and herbs keeps them producing.

So, enjoy your summer and gardening adventures. Each year brings new successes, plants to try, and lessons to learn from our gardens. As you experience the joy and benefits of this season's garden, you will be looking for more opportunities to expand your plantings next year.

Melinda Myers has written numerous books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.



No Substitution

"If you want to know what's going on in your town
- whether the news is about the mayor or taxes
or high school football - there is no substitute for
a local newspaper. Wherever there is a pervasive
sense of community, a paper that serves
the special informational needs of that community
will remain indispensable...



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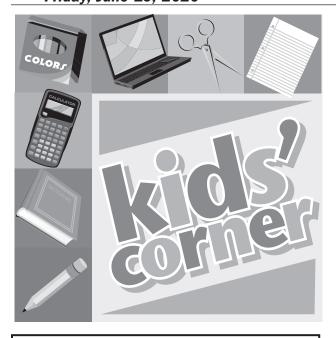
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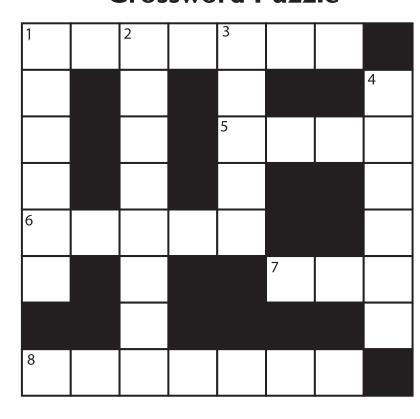




THIS ANCIENT PEOPLE MAY HAVE BEEN RESPONSIBLE FOR CREATING THE FIRST CANDIES, WHICH WERE MADE FROM HONEY AND NUTS.

ANSWER: EGYPTIANS

Crossword Puzzle



ACROSS

- 1. Sweetly coated
- 5. At a distance
- 7. Having high degree of heat
- 8. Confections

DOWN

- 1. Another name for candies
- 6. Tall, branched plants 2. Plant product found in soaps and skincare
 - 3. Enjoys a book
 - 4. Special desserts

1. Sweets 2. Glycerin 3. Reads 4. Treats UMO 1. Sugared 5. Afar 6. Trees 7. Hot 8. Candies Across

:SY9WSUA



- 1215: KING JOHN OF ENGLAND PUTS HIS SEAL TO MAGNA CARTA.
- 1921: BESSIE COLEMAN BECOMES THE FIRST FEMALE PILOT OF AFRICAN-AMERICAN DESCENT.
- 2012: NIK WALLENDA BECOMES THE FIRST PERSON TO TIGHTROPE WALK DIRECTLY OVER NIAGARA FALLS.



PULL

to stretch certain types of candies

ENGLISH: Sugar

SPANISH: Azúcar

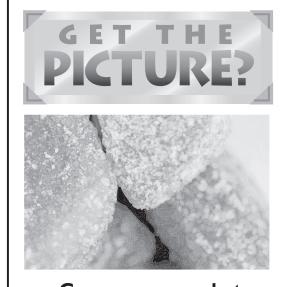
ITALIAN: Zucchero

FRENCH: Sucre

GERMAN: Zucker

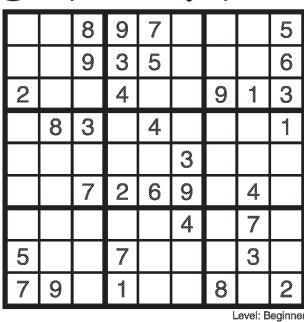


COMBINATION OF MOIST CAKE DIPPED INTO A CANDY OR CHOCOLATE COATING.



Can you guess what the bigger picture is?

ANSWER: SWEET AND SOUR CANDY



Fun By The

Like puzzles? Then you'll love

sudoku. This mind-bending puzzle will have

you hooked from the moment you

square off, so sharpen your

pencil and put

savvy to the test!

your sudoku

Numbers

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

S	9	8	9	3	wash	Þ	6	1
Þ	3	undi	8	6	L	9	2	G
6	L	ç	Þ	2	9	mah	3	8
8	ţ,	3	6	9	2	L	G	abaoc
L	G	9	3	samadi	8	2	ţ	6
modu	6	2	_	7	G	3	8	9
3	week	6	9	8	Þ	G	L	S
9	8	2	S	G	ε	6	needh	Þ
ತ	2	ħ	meth	L	6	8	9	3

HANSWER:

A B C D E F G H i J K L M N O P Q R S T U V W X Y Z

Determine the code to reveal the answer!

Solve the code to discover words related to fireworks. Each number corresponds to a letter. (Hint: 12 = L)

4 9 21 25 18 9 20 10 Α.

Clue: Pyrotechnics

12 4 11 В.

Clue: Ignited

26 4 2 16 12 22 13

Clue: Showcase

2 16 22 9 20 12 21 D.

Clue: Shine bright with flashes of light

Fishing Tips and Tricks

Days "gone fishin" are the simple pleasures lifelong memories are made of. Whether relaxing on the shore of still waters, or wrangling in a temperamental trout, the sport of recreational fishing remains a popular activity for all ages. In fact, fishing during the current crisis provides an important outlet for relieving stress and can be very social distancing friendly!

Want to up your odds of reeling in "the big one this season?" Read on for fishing tips from the pros!

Successful fishers make it a habit to change their line. Fishing line has memory- it will retain the twist, nicks scrapes, and it gets weaker every time it is used. Don't chance losing the "big one" to brittle line!

And be sure to match your hook size to your bait: small for small, large for large. It makes a difference in holding your bait, and in how many strikes you will get.

Take a valuable fishing tip from old timers who say "if you find the bait you'll find the fish." To do this efficiently, they make it a habit to scan the water for bird activity. Follow the birds, who follow the bait, and you'll likely find the fish!

When throwing into the wind, drop your rod tip to the water right after making the cast. You'll get more distance and will also get the slack out of your line in case you get bit just when the bait hits the surface. If you leave the rod held high, the wind will make an arc out of your line and you'd lose control of the bait.

Still no bites? It could



TAKE THE HINT **KAREN**

TRAINOR

be your bug repellent. Never handle bait after

applying it as the scent will keep the fish away.

Tips to Track Trout Did you know Rainbow Trout favor 56

degree water? Find that temperature and you're sure to find the fish! If it's cold out, trout can typically be found on the surface of a lake. If it's hot out, they'll be deeper in the water.

*Remember, trout have tough mouths. Keep your hooks sharp - and use a number 4 hook for best results!

Want to up your odds of trout for supper? When lake fishing, dip your crawler in the oil from a can of smoked oysters!

* Trying to tempt the best trout. Try this secret recipe from anglers: Combine two ounces of cod liver oil with 20 drops oil of anise. Mix well. Dip your bait in the mixture and string up the trout!

Bait and Catch: It's summertime and the fishin' is easy - if you use an old fashioned bait recipes. They're tried and true secret weapons from successful fishermen - but best of all, you can whop them up with ingredients from your kitchen cupboards!

*Anglers swear refrigerator biscuit dough is a great bait for trout. Just pull a raw biscuit apart and start reeling in the

"big one!"

*Even fish love spicy food, as this super lure recipe will attest. Mix together 8 ounce ground aniseed or fennel seed and two ounces ground allspice. Sprinkle 1/16th oz. oil of cloves over the above and mix. Store in tightly sealed jars for a few days while the odors blend. Put a drop on fish

*If you're fishing with salmon eggs or worms, don't forget to add a miniature marshmallow to the hook to keep your bait buoyant!

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the $Hint!, C/o\,the\,Southbridge$ Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

OBITUARIES

Lawrence M. O'Toole, 83

UXBRIDGE-Lawrence M.O'Toole, 83, of Uxbridge, passed away on Saturday, May 16, 2020 at Milford Regional Medical Center. He is survived by his children; Austin O'Toole of Uxbridge, MA, Andrea Auerbach of Menlo Park, CA, Lawrence O'Toole of Douglas, MA, Peter O'Toole of Kennebunk, ME; 10 grandchildren: Kathleen, Shannon, Owen, Andrew, Michael, Georgia, Sadie, Charlie, Hayden, and Scarlett; and a sister, Mary Killoran of Warwick, RI. He was predeceased by his wife of 44 years, Andrea (Gateriewictz) O'Toole, in 2012; his youngest son, David O'Toole, in 2016; and his brother, Austin O'Toole, in 2019.

Born in Fall River on November 16, 1936 to the late Austin J. O'Toole and Julia F. (O'Brien) O'Toole, Larry attended the Somerset Village School and was a 1954 graduate of Somerset High School. He then went on to the University of Massachusetts to earn a teaching degree and taught for 30 years in the Massachusetts public school system, retiring in 1991. He was also a United States Army veteran.

Larry loved sports, basketball in particular. He played on the Somerset team that won the Class C championship in the Boston Garden in 1954. He



coached youth basketball for years in Somerset & Uxbridge and coached high school basketball at Blackstone-Millville Regional High School, in Massachusetts. He was a successful coach at every stop. He really loved the Celtics and the Drew Bledsoe-Patriots. Larry loved to follow politics and was an avid reader, often reading multiple books at the same time. In his retirement he enjoyed sharing his interests with his children and grandchildren.

Funeral services will be private. In lieu of flowers, donations in Larry's memory would be welcomed at Tri-Valley, Inc. 10 Mill Street, Dudley, MA 01571 or www.trivalleyinc.org.

Dorothy E. Ryan, 94



BLACKSTONE Dorothy Ryan, (Goguen) of Blackstone, Mass. passed away at Milford Regional Medical Center on Friday June 12. She was the beloved wife of the late Attorney

Oscar J. Ryan. Born February 6, 1926 in Blackstone, she was the daughter of the late Thomas and Elizabeth (Lillian O'Neill) Goguen. She was the sister of the late Patricia Lyons.

Dorothy was a graduate of Blackstone High School, Erskine Junior College, and the Calvin Coolidge College of Liberal Arts in Boston, where she double majored in French and Spanish. She was a teacher in the Bellingham school system, leaving in 1954 to start her family.

Dorothy was a devoted Red Sox fan, avid reader and enjoyed taking trips with her late husband to such places as the Baseball Hall of Fame and Canada. However, her greatest joy in life was spending time with her family.

She is survived by 4 children: Cecily Christensen and her husband, Peter, of Blackstone, Jerome Ryan of Blackstone, Attorney Christopher Ryan and his wife, Paula, of Bellingham, and Pamela Ryan-Landry and her husband, Kevin, of Uxbridge. She is also survived by 2 grandchildren: Jennifer Christensen of California and Oliver Ryan of Bellingham. She was preceded in death by her daughter Dorothy Ryan.

The family wishes to give special thanks to the caregivers and staff at Cornerstone at Milford Assisted Living, where she lived for 5 years, for their wonderful care and dedication.

Visiting hours weree held on Wednesday, June 17, 2020 from 9:30-10:30 AM in the Buma Funeral Home, 101 N. Main St., Uxbridge, followed by a Mass of Christian burial at 11 AM in St. Paul's Church, 48 St. Paul St., Blackstone.

Burial followed in St. Paul's Cemetery, Gaskill St., Blackstone following the funeral.

Physical distancing and face coverings are required. www.bumafuneralhome.com

Golden age comic books Rita C. Ferry, 96

My last two columns were on Modern Age, Bronze Age, and Silver Age comic books. This column focuses on the Golden Age of comic books, which took place from 1938 to 1956. Golden Age comic books are older and typically

the others I discussed



ANTIQUES, COLLECTIBLES & ESTATES

more valuable than in previous columns.

Prior to comic books pulp magazines were popular. They used brightly colored covers and sensational stories to attract readers. The paper was made of cheap wood pulp that now has usually become yellow and brittle. Tarzan, Sam Spade and Zorro appeared in pulp magazines. WAYNE TUISKULA The Shadow was one of the most pop-

ular characters and

appeared in 326 issues from 1931 to 1939 according to Britannica.

Looney Tunes, adventure, mystery and other genres appeared in Golden Age comic books, but superheroes were very popular and are the most valuable today. D.C. Comics introduced Superman in 1938. According to Britannica, writer Jerry Siegel and artist Joe Shuster were unable to sell Superman as a daily series to newspaper syndicates.

"DC then took an enormous risk in 1938 by publishing the untried character, given the depressed economic climate of the day," Britannica writes.

Action Comics # 1, featuring Superman, sold very well, and DC Comics grew into a highly successful company.

to PBS' According Detectives," Captain Marvel by Wizz Comics was a very popular character during the 1940's, often outselling Superman. Comic book sales increased during World War II.

They were cheap, portable and had inspirational, patriotic stories of good triumphing over evil," PBS wrote.

The first issue of Captain America pictured him in a stars and stripes costume battling Adolph Hitler on the cover. After the war, comic books with superheroes saw sales decrease and comics from other genres were created to help fill the void. Superhero comic books continued to be printed though. You can buy Superman comics today, over 80 years since the first issue was published.

Guinness World Records website has a timeline listing when superhero comic book characters were first introduced. Some characters may have a longer run than you might expect. The Phantom was created in 1936. Superman first



appeared in Action Comics # 1 in 1938. The first comic book with Batman came out in 1939, as did Captain Marvel. 1940 saw the introduction of The Comet, The Flash, Fantomah/Woman in Red, and Justice Society of America. Captain America, Aquaman, and Wonder Woman all began in 1941.

Golden Age superhero comic books in decent condition can be worth thousands but having one in great condition can be worth a fortune. Superman first appeared in Action Comics in 1938, but Superman appeared in his own comic book in 1939. Superman issue # 1 sold for over \$500,000. A 1939 Detective Comics issue # 27 with the first appearance of Batman sold for over \$1 million in 2010. A high grade 1939 issue titled "Marvel Comics" by Timely Comics sold for over \$1.25 million last year. Ironically, Timely Comics evolved into Marvel Comics during the 1960s. A copy of Action Comics # 1 with the first appearance of Superman went up, up and away for \$3,207,852 in an online auction in 2014.

The preview for our Rutland farm auction will be held on June 20. The address will be published on our Web site on June 19. Face masks and social distancing are required during the preview and pickup. Bidding ends on June 24. Our online only auction with estate jewelry, sterling silver, and collectibles, including some comic books, ends June 25. There is more information on both auctions on our website.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com



SUTTON-Rita C. (Guertin) Ferry, 96, of Central Turnpike, formerly of Uxbridge passed away Thurs. June 11, 2020 at home after an illness. Her family was by her side. Her husband of

47 years Robert J. Ferry Sr. died July

She is survived by a daughter Kathleen Ferry Givner with whom she lived; 7 grandchildren Sean Ferry of Whitinsville MA. Kristine Lange and her husband Stephen of Northbridge, MA, Leigh Marengo and her husband Jim of Boylston, MA, Jeff Givner and his wife Dawn of Branford, Ct, Danielle Ferry and her husband Jordan Friedman of Brooklyn NY, Eric Wrona Perry and his husband Chuck of Cranston, RI, and Casey Davidson and her husband Ryan of Quincy, MA; three and a half great-grandchildren Olivia Lange, Kyle Givner, Jacob Friedman, and soon to be born Jack; 2 daughter in laws Claire Ferry of Virginia City, NV, and Debbie Nichols Ferry of Harwich, MA; and several cousins, nieces and nephews. She was predeceased by 3 children Robert J. Ferry Jr., Dennis Ferry, and Maureen Wrona. Rita was sister of the late Ann Beausoleil, William Guertin, and Omer "Pat" Guertin. Born in Woonsocket, RI on June 10, 1924, she was the daughter of Omar and Annette (Greenough) Guertin and lived 40 years in Sutton. Previously she lived in Uxbridge.

A career woman, Rita went back to school in 1965 and became a Computer Programmer for Paul Revere Insurance Co. She retired at age 63 as a Systems Analyst. She then went back to work in the Payroll Dept. and Office for District Nurses in Millbury and Worcester, retiring in 1998. Educated in Woonsocket High School and Providence College, Rita was an avid reader, a quilter, and a student of the Bible. She loved puzzles, square dancing with her husband and spending winters in Florida with him as well. She was a member of St. Mark's Church in Sutton and their Faith Sharing Group, Family and living out her faith was most important to Rita however. She will be deeply missed

Her funeral was held Tuesday, June 16 from Jackman Funeral Home, 12 Spring St., Whitinsville with a mass at 11 AM in St. Mark's Church, 356 Boston Rd. Sutton. Burial in St. Mary's Cemetery in Uxbridge will be at a later date. Calling hours at the funeral home in Whitinsville were held Mon. June 15 from 4 to 7 PM. Memorial donations in her memory may be made to St. Mark's Parish, 356 Boston Rd. Sutton MA 01590. to leave a condolence message for her family please visit www. Jackmanfuneralhomes.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to obits@stonebridgepress.news

Deadline for obituaries is Monday at noon for Friday publication







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\$375,000

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Endicott College announces local Dean's List students

BEVERLY — Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2019 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester. Among the students who met these requirements were Lauren Bek, Grace Davidson, Maddison Murray, and Henry Torpey of Douglas and Kiara Griffith of Uxbridge.

About Endicott College Endicott College offers doctorate, master's, bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites in Boston, online, and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with internship opportunities across disciplines. For more, visit endicott.edu.

CONTEST

continued from page A1

BlackstoneHeritageCorridor.org, and use the online calendar contest submission form. To request a paper form, contact Bonnie Combs at bcombs@ BlackstoneHeritageCorridor.org. There is no limit on the number of entries. Each photo must be submitted separately with the description, etc. Winners will be notified in early September.

About Blackstone River Valley National Heritage Corridor

Blackstone River Valley National Heritage Corridor works with community partners to preserve and promote the Valley's historic, cultural, natural, and recreational resources for current and future generations. Learn more at BlackstoneHeritageCorridor.org.

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO20P1362EA Estate of: Keith D. Arsenault Date Of Death: March 1, 2020 **INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Paula A. Arsenault of Douglas MA

Paula A. Arsenault of Douglas MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

June 19, 2020

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO20P1443EA **Estate of:** Elizabeth A. Galloway Date Of Death: April 19, 2020 **INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner Nita M. Wilding of Northbridge

a Will has been admitted to informal probate.

Nita M. Wilding of Northbridge MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

June 19, 2020





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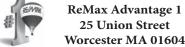
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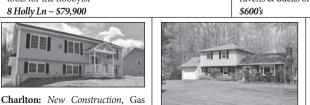
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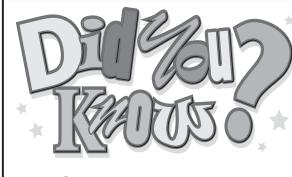
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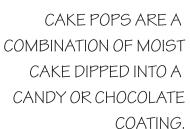
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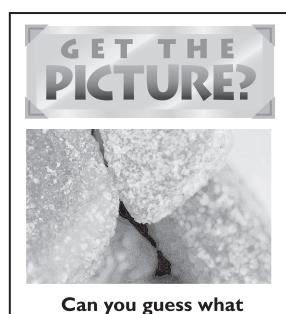
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