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Friday, November 19, 2021

BVT students help restore sign to preserve the past

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

UPTON — Using classroom tools, technology, and skills, several students from Blackstone Valley Tech are honoring the history of the Blackstone Heritage Corridor.

The school's Painting & Design Technology program recently collaborated with the Blackstone River Valley National Heritage Corridor (BHC) to restore a sign on the Northbridge Town Common that had become "weathered, worn, and needed to be replaced," according to a school statement.

"The sign, a map of the National Register of the Historic District of Whitinsville, was created years ago by town historian Ken Warchol," BVT released. "Luckily, Mr. Warchol had located the original hand-drawn map and artwork, which he had rolled up and tucked away."

But, according to reports, the map required some attention and was brought to BVT.

"Under instructor Tom Lamont's watchful eye, his Painting & Design students worked to flatten, clean, and restore the original artwork that the BHC used to create a digital image," the school added. "Then, with that digital image, students used cutting-edge technology to print the vinyl graphic to print a vinyl map and produce the new signage. They also fresh-

Turn To **SIGN** page **A18**



Courtesy

LASHLEY SIGNS LETTER OF INTENT

Molly Lashley, a senior at Whitinsville Christian School, signed her National Letter of Intent on Nov. 10 to run Cross Country and Track and Field at the University of Delaware next year. Molly will receive a full athletic scholarship to continue her running career at the Division 1 collegiate level. "Molly has a long list of All-Star and All-State recognitions," said her coach, Chris Vander Baan. "Most importantly, Molly has developed into a humble leader on her teams. Molly is a big sister to all of the girls on the cross country team. She has developed into a tremendous leader and an encouraging teammate. Molly is a student of the sport of running and has been just a joy to coach." Molly will run in the Division 2 State Championship this Saturday in Wrentham with her teammates from Whitinsville Christian.

First Douglas PTO Art Show sees success



BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

DOUGLAS — Douglas students and local artists from across the district shared their artwork at the recent inaugural Douglas Middle School PTO Art Auction/Show.

"We had a wonderful evening showcasing some passionate artists," said Jennifer Larson, who is heading the Douglas Middle School PTO. "Mrs. [Bridget Moseley] coordinated the art work with the students and we had a successful night."

Turn To **SHOW** page **A18**

Penalty corners an asset for Spartans, who soundly defeat Lunenburg



Uxbridge's Gracie Nummela gets low to whack the ball down the field.

BY NICK ETHIER
SPORTS EDITOR

UXBRIDGE — Last season, when local high school field hockey games were taking place, COVID-19 rules had them being played seven-on-seven instead of each team having 11 players on the field. As a result, penalty corners and the strong goal-scoring opportunities that came with them were washed out for a year. And teams like Uxbridge High have been working hard to fine-tune those corner chances now that they have been reinstated this fall.

"We have been grinding out corners. When we started this season, we started from scratch," explained head coach Kelly Rosborough. "Practice by practice, game by game, the corners have started to grow

Turn To **UXBRIDGE** page **A14**

Douglas library ceiling repairs coming soon

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

DOUGLAS — The ceiling of the Simon Fairfield Public Library in Douglas will soon see repairs.

Library Director Justin Snook said that the repairs—for which funding was approved at the town's fall town meeting—will be happening at some point in the next few months.

"If you've ever looked up from in front of the circulation desk, you can see a major fault-line where two halves of the 120-year-old horse-hair plaster have decided to go their separate ways," Snook said. "Throughout the building, the story is much the same."

Snook added that the library currently does not have "precise details" on when the repairs to the cracking ceiling throughout the main floor will happen, but he anticipates it being "at some point in the next few months."

"We will either have to close to the public while the work is done or section off the building and provide limited services while the contractors work on one area at a time," Snook said. "We will inform [visitors] of the details as soon as we know and do our utmost to accommodate everyone's needs as best we can, but expect a service interruption sometime this winter."

In other library news, the public access computer will be replaced.

Turn To **LIBRARY** page **A18**

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Blackstone Valley Chamber welcomes Baker as keynote speaker at Annual Meeting

WHITINSVILLE Blackstone Valley of Commerce is their 43rd Annual Breakfast and Ceremony on Nov. 17, from 7:45 to 10 a.m. Registration and networking begins at 7:15 a.m. This year's meeting will be held at the Pleasant Valley Country Club. The public is welcome to attend. "We are honored to welcome Gov. Charlie Baker as our keynote speaker. Governor Baker has been a steadfast leader during the COVID crisis, not only for Massachusetts, but also for the

— The Chamber hosting Meeting Awards

entire country. The Blackstone Valley Business leaders looked to him for support throughout those uncertain times and found reassurance in his guidance and

advisement. We look forward to his address," said Jeannie Hebert, President and CEO of the Chamber.

The BVCC Annual Meeting is always well attended and met with great anticipation as we recognize leadership from around our region with our special awards ceremony. Please contact Liz O'Neil at lonell@blackstonevalley.org to register.

We would like to thank our generous sponsors who make this meeting possible. Our Presenting Sponsor, UniBank, Major Sponsor, Riverdale Mills Corporation, Supporter Sponsors, MJ's Market, Millbury Federal Credit Union, Savers Bank, Milford Federal Credit Union, Koopman Lumber, Patron Sponsors, Fidelity Bank, Bowditch, Package Steel Systems, Southwick Zoo, Lampin Corporation and Friend of the Chamber, inThink Agency.

The cost of tickets for members is \$65 for a single seat or \$600 for a table of 10. Non-members can attend for \$75 for a single seat or \$700 for a table of 10.

Holiday Tree Lighting Celebration

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Saturday, November 27, 2021

2:45 - 3:30 pm Rockdale Common
Santa will visit the Rockdale Common on a fire truck. The large tree will be lit by Gaudette Insurance & The Salmon Family, our Gold Sponsors. Come and enjoy some hot chocolate and baked goods!

3:30 - 5:30 pm Whitinsville Common
Listen to live music from various churches. Enjoy baked goods, hot chocolate & snack table. Bring a toy for the toy drive (NPD & Cub Scouts), and take a chance to win one of our many raffle baskets. The Northbridge Girl Scouts will also be collecting donations of non-perishable food items for our local food pantry. Santa will arrive at the Whitinsville Common around 4:15 pm. Take a picture with Santa! Tree will be lit by UniBank, our Platinum sponsor, at 4:30 pm.

For more information, contact Cheryl Tienan or Julie Cray at northbridgebeautification@gmail.com or call 508.735.6806

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Now more than ever, it's important to Shop Local!

5 ways to support small businesses this holiday shopping season

Small businesses long have been the heart and soul of local communities. There is something to be said about being on a first-name basis with a local restaurateur or another small business owner; as such familiarity often translates into exemplary

service. According to the U.S. Small Business Administration, small businesses account for 99.9 percent of companies in the country, due in large part to the broad definition of small businesses (those with fewer than

500 employees). However, the vast majority of businesses in the United States have a staff that's smaller than 20 workers, according to the Small Business & Entrepreneurship Council. These firms employ nearly 60 million workers, says the SBA.

Despite the prevalence of small businesses, fewer than 80 percent of entrepreneurial small business ventures make it beyond their first year, and only around half make it beyond five years.

Consumers who want to help their favorite small businesses survive can

use the holiday season and beyond to set the course for success. Consumers can make a concerted effort to fuel this important cog in their local economic engines.

• Shop local. The concept is simple but effective. Opting to shop in local stores over larger conglomerates and franchises can help small businesses take root. Before making holiday shopping lists, visit local stores and base gift ideas on items they have in stock. Chances are those gifts will be one-of-

a-kind.

• Purchase gift cards/certificates. All businesses have slow periods, and post-holidays is often a time when sales stagnate. Gift cards may bring new customers into local businesses who might otherwise not have patronized them, potentially creating new repeat customers.

• Cater holiday meals and gatherings. The holiday season is chock-full of entertainment opportunities. Individuals can rely on nearby restaurants and other food and beverage

businesses to cater holiday parties. Some businesses also may be willing to discount or donate food for nonprofit group activities, such as church holiday bazaars, school holiday concerts or fund-raising fairs.

• Mention small businesses on social media. The holiday season breeds excitement. Therefore, when shoppers are in local stores, they can snap pictures of products and overflowing shopping bags and post them online while praising local businesses.

• Think about subscription gifts. Enrollment in a health club or a massage therapy service are gifts that keep on giving for the recipient, but also help ensure consistent incoming cash for the business providing the service.

When shopping this holiday season, consumers can look to the small, local businesses in their communities that help make towns and cities unique.

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Three BVT students ‘Commended’ for National Merit Scholarship



Thomas O'Leary



Riley Holt



Ellie McDonald

UPTON – Blackstone Valley Regional Vocational Technical High School Seniors Riley Holt of Uxbridge (Engineering & Robotics), Thomas J. O'Leary of Millbury (Electronics), and Noelle (Ellie) McDonald of Grafton (Construction Technology) have been named Commended Students in the 2022 National Merit Scholarship Program. A letter of Commendation from the school and National Merit Scholarship Corporation (NMSC®), which conducts the program, was recently presented to these scholastically talented seniors.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2022 competition for National Merit Scholarship

awards, Commended Students placed among the top 50,000 students who entered the 2022 competition by taking the 2020 Preliminary SAT/National Merit Scholarship Qualifying Test.

“Those being named Commended Students have demonstrated outstanding potential for academic success,” commented a spokesperson for NMSC. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their school play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success.”

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school's Web site is www.valleytech.k12.ma.us.

BLACKSTONE VALLEY TRIBUNE

ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Mandy Laporte of Douglas appointed to inaugural Nichols College Senior Advisory Council

DUDLEY — Nichols College President Glenn M. Sulmasy, JD, LL.M., has appointed Mandy Laporte of Douglas, MA as one of the 31 students to the inaugural Nichols Senior Advisory Council (NSAC).

NSAC comprises students who have played significant leadership roles in the Nichols community. Their role is to advise the president and senior administration on issues related to the senior class and the college in general. In monthly meetings, the council will discuss plans, initiatives, and trends and issues in higher education.

“In addition to helping Nichols become a leader in higher education and enhance the overall experience for the community, NSAC participants will develop the communication skills that are vital to career advancement,” said President Sulmasy.

He reported receiving an “overwhelming number” of nominations for this first council, adding, “These students should be quite proud of this appointment.”

About Nichols College

The mission of Nichols College is to educate and enlighten students to capitalize on their ambitions and to become impactful, forward looking global leaders.

Local Scout troop hosting open house

WHITINSVILLE — Boy Scout Troop 155, Whitinsville, is sponsoring an Open House for boys, ages 11-17, to join the program on Saturday, Nov. 20, 3:30-5 p.m. at the Whittin Community Center.

Troop 155, founded in 1951, has been a very active troop, with membership typically exceeding 40 boys.

According to Charles Thompson, Troop 155 Committee Member, “Covid-19 forced the troop to halt in-person activities for over one year, and our ranks have thinned a bit because of it. Now that the troop meets again in-person and enjoys outdoor activities like hiking and camping, it's the ideal time to invite boys to check out the program.”

Coming up quickly is the troop's annual Christmas Tree sale. Not only does the sale completely fund the troop's program for the year, but also gives the opportunity for boys to earn all the money they need to attend the annual summer camp.

The troop overnights regularly at its private camp on a local lake. Canoeing and kayaking is a big part of the troop program. It boasts a fleet of 10 canoes and four kayaks for scouts to use.

Scouting instills values of citizenship, responsibility, and setting personal goals. The Scout oath reminds scouts to “help other people at all times.” Some of the annual service projects of the

troop include working with the veterans organization in placing flags on the graves of those who served our country, holding twice yearly food drives to help the good people at the “Peace of Bread Community Kitchen and Pantry,” and volunteering at the annual “Greenway Challenge,” a community-wide event that utilizes almost 100 volunteers each year.

The Open House will give prospective new members a chance to meet other troop members. Parents can meet adult leaders and have their questions answered about the troop and the scouting program.

For more information, contact Charles Thompson at 774 276-7210.



Artists sought for Ninth Annual ValleyCAST Art Palette Contest

WHITINSVILLE — ValleyCAST has issued a call for community members to participate in their Annual Art Palette Contest this spring. The contest invites participants to transform a plain wooden art palette into a unique work of art. This popular event is a chance for people of all ages and abilities to share their artwork and celebrate the local creative community.

The show will open on Friday, March 11 from 5 – 7 p.m. in the Spaulding R. Aldrich Heritage Gallery at Alternatives' Whittin Mill, 50 Douglas Rd., Whitinsville. From the opening through April 8, gallery guests will be invited to cast a vote for their favorite palettes. Winners will receive cash awards in three different categories and age groups.

There are a limited number of slots to participate in the exhibit, with 100 palettes available for purchase. These will be distributed on a first come,

first served basis. Palettes can be purchased for \$15 at the Gallery in Whitinsville, now through Feb. 11, or while supplies last. Interested artists should contact Cristi Collari at cristi.collari@openskys.org to arrange a pick-up. Decorated palettes can be dropped off at the Gallery between February 21 and 25 for inclusion in the show. The exhibit closes on Saturday, April 23, coinciding with ValleyCAST's annual Hope Day celebration.

For more information about participating in ValleyCAST's 9th Annual Art Palette Contest, or to download a registration form, visit: openskys.org/news-events/events.

This event is sponsored by Jerry's Artarama, ValleyCAST and Open Sky Community Services.

To schedule an appointment to pick up a palette, call (508) 234-6232 or email: Cristi.Collari@openskys.org. Palettes can also be purchased this fall during our regular Gallery Hours for the Artful Home exhibit. Visit openskys.org/news-events/events for details.

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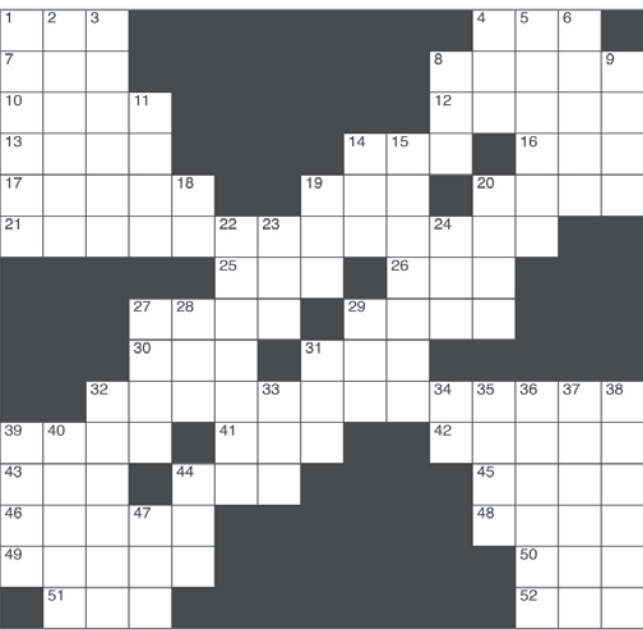


Courtesy



NORTHBRIDGE VETERANS HONORED

The Blackstone Valley Veterans Association honors the veterans from Northbridge on Veterans Day. The organization remembers the vets on this special day. They lay a wreath for the fallen vets that have given the ultimate sacrifice. The honors were given with lowering the flag to half mast, the firing by a fire squad and the playing of taps. This has been done by the Blackstone Valley Veterans Association in the past. This is done so we never forget the veterans, what they have done and respect.

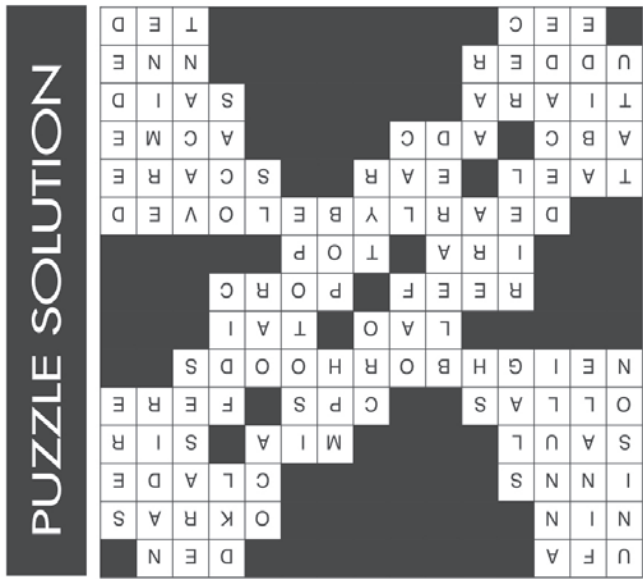


CLUES ACROSS

- 1. FDNY's union
- 4. Hideout
- 7. Trent Reznor's band
- 8. Old World tropics plants
- 10. Places to stay
- 12. Group of organisms from a common ancestor
- 13. TV character Goodman
- 14. Not around
- 16. Title of respect
- 17. Ceramic jars
- 19. British legal authority (abbr.)
- 20. A companion (archaic)
- 21. Where groups of people live
- 25. Indigenous person of NE Thailand
- 26. Red-brown sea bream
- 27. Ridge of jagged rock
- 29. Meat from a pig (French)
- 30. A way to save for the future
- 31. Opposite of bottom
- 32. A term of endearment
- 39. Weight used in China
- 41. You need it to hear
- 42. Frighten
- 43. Basics
- 44. Computer data collection (abbr.)
- 45. The best point of something
- 46. Jewelled headdress
- 48. Spoke
- 49. Mammary gland of female cattle
- 50. Midway between north and northeast
- 51. Defunct European economic group
- 52. Foul-mouthed Hollywood bear

CLUES DOWN

- 1. In tune
- 2. Ending
- 3. Ring-shaped objects
- 4. Equal to 10 liters (abbr.)
- 5. Removes from record
- 6. The lowest point
- 8. Plant cultivated for its tubers
- 9. Dry or withered
- 11. Stony waste matter
- 14. Speedometer reading
- 15. Each of two or more forms of the same element
- 18. A baseball stat
- 19. Corporate PR exec (abbr.)
- 20. Insures bank's depositors
- 22. Made dim
- 23. Uncultured person
- 24. Paddle
- 27. Currency of Cambodia
- 28. Pitching stat
- 29. A place to put mail
- 31. God of battle (Scandinavian)
- 32. 10 years
- 33. Resinous substance secreted by insects
- 34. Losses
- 35. S. American plants
- 36. Void of thought or knowledge
- 37. Stout-bodied moth
- 38. Transferred property
- 39. Russian pop act
- 40. Accept
- 44. A retrospective military analysis (abbr.)
- 47. A type of center



Commerce on the Common



GRAFTON — On Nov. 3 from 5:30-7:30 p.m., the Blackstone Valley Chamber of Commerce's Women's Success Network held a "Commerce on the Common" event, sponsored by Millbury Credit Union. Members of the community gathered together at the Grafton Common to treat themselves to some appetizers and beverages, while they simultaneously supported women owned businesses and got some holiday shopping accomplished.

The night started at the Townhouse Tavern. Everyone in attendance was given raffle tickets for giveaways from three different local shops, as well as the Tavern. Appetizers and desserts were provided by Whittier Farms and the bar was open for refreshments. Attendees mingled and shopped at The Grafton Country Store, Quite Fetching and Off the Common Antiques; all women-owned businesses with something for everyone - even our furry friends.

All in all, there was a sense of joyfulness and holiday spirit as everyone was able to come together for a fun evening of networking, shopping and women supporting women!

Visit the Blackstone Valley Chamber of Commerce Web site at www.blackstonevalley.org to learn more about the Women's Success Network and to view the Chamber's list of upcoming scheduled events.

The mission of BVCC Women's Success Network is to unite women to achieve their vision of success by creating a community of support and inspiration in their personal and professional lives.

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Christmas Cookie Walk set for Dec. 11

NORTHBRIDGE — The Grass Roots Coffeehouse and the Rockdale Congregational Church will host our annual Christmas Cookie Walk bake sale on Saturday, Dec. 11, 1-2 p.m.

The cookie walk is usually held in conjunction with the Christmas in New England concert. Due to lingering covid concerns the concert will again be held online by the musicians of the group. The annual concert has been held for over 15 years at the Rockdale Congregational Church. To view the concert, a link to the video can be purchased. The video will be available for viewing Dec. 18 - 31, so you can watch when it's convenient for you. For information, visit www.christmasinnewengland.net. A portion of the proceeds from the concert will benefit the church as will the proceeds from the cookie walk. The Rockdale Congregational Church is located at 42 Fowler Rd., Northbridge. Any questions on the cookie walk can be sent to aplant-bob@aol.com or call 617-429-0347.

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December 2021 Programs

Need WiFi? Borrow one of our hotspots! The library is now lending mobile hotspots that provide on-the-go internet access using the T-Mobile network. Visit our website or call 508-278-8624 x100 for more information. And as always, check our website for the most up-to-date listing of programs!

Adult Programs

Cardmaking Hands-On Workshop — Thursday, December 2nd at 6:30pm and Saturday, December 4th at 10am
Learn about the paper craft of making greeting cards for family and friends with our staff member, Susan. Go home with a couple of your own unique creations. Registration required, please visit our website calendar to register.

Mindfulness Meditation — Thursdays, December 2nd and 16th at 6pm
Mindfulness is the energy and continuous practice of being aware and awake to the present moment. In this hour-long workshop, they will practice mindful sitting meditation, mindful walking meditation, and mindful breathing in the tradition of Thich Naht Hanh. Registration is required, please visit our website calendar to register. This program is sponsored by the Board of Library Trustees.

Gentle Flow Yoga — Mondays, December 6th, 13th, 20th and 27th at

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\$580,000, 27 Liberty Hill Dr, Gautreau, Robert A, and Gautreau, Michelle D, to Vahey, Jason P, and Vahey, Amanda K.
\$280,000, 37 Hoyle Cir #37, Walsh, John, and Walsh, Mary E, to Frank, James S.
\$225,000, 138 Farm St, Binette Pauline J Est, and Binette, Romeo O, to Lakeview Const& Remodeling.
\$175,000, 16 Pickering Rd, Daybreak RT, and Massucco, Robert L, to J& H Stone Corp.
\$145,000, 32 Canal St, Davison, Alan, and Davison, Joyce, to Applestone Grove LLC.

DOUGLAS

\$576,030, 6 Joseph Rd, Lobisser Building Corp, to Micala, Dominic M.

NORTHBRIDGE

\$700,000, 125 Windstone Dr, Terreno Realty LLC, to Patel, Jayeshkumar, and Patel, Vandanaben J.
\$615,000, 135 Rebecca Rd, Verducci, David A, and Verducci, Paula C, to Lilla, Michael R, and Lilla, Frances L.
\$610,000, 81 Providence Rd, Labonte, Gerald P, and Labonte, Jennifer R, to Therecka Properties LLC.
\$469,770, 165 Stone Hill Dr #57, Stone Hill Partners LLC, to Laplante, Gail H.
\$375,000, 125-127 Church Ave, Cahalane, Laura, to Rutters Brook LLC.
\$350,000, 17 Arrowhead Ave, Hamza, Ahmed, and Alafrañji, Nadiah, to Davison, Alan, and Davison, Joyce.
\$350,000, 91-93 Union St, Roy FT 2016, and Lemoine, Sandra, to Harris, Joshua.
\$331,000, 363 Highland St, Degmar Realty LLC, to Morgan, Karen, and Murtagh, Rosemarie.
\$310,000, 15-17 Prunier St, Schotanus, Timothy J, and Schotanus, Diane M, to Brito, Brent B.
\$310,000, 17 Prunier St, Schotanus, Timothy J, and Schotanus, Diane M, to Brito, Brent B.

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\$510,000, 51 Locust St, Yeaman, Paul A, and Yeaman, Deborah A, to Brodeur, David J, and Difiore, Jennifer A.
\$449,900, 281 Albee Rd, Willoughby, Edward, and Willoughby, Debora A, to Devaux, Michael E, and Devaux, Tina L.
\$430,000, 111 Elm St, Costa, Kenneth S, and Costa, Doreen B, to Daigle, Justin, and Daigle, Michelle.
\$399,000, 128 W Hartford Ave, John Yerka FT, and Fafard, Sharon A, to Dagostino, Domenic.
\$240,000, 21 Bailey St #1B, Fouad, Mina A, and Razik, Lilyan A, to Katz, Cynthia, and Davis, Joshua.
\$25,000, 44 Cassie Ln, J A Taylor Const Co Inc, to Reanud, Edward K. L.

7pm
Join Michelle Forest, a 200HR registered yoga teacher, for a gentle yoga class at the library! Michelle's gentle yoga class combines creative and balanced movements which connect to a theme to help you deepen your practice. Beginners are encouraged and always welcome to attend! All attendees should arrive 15 minutes early to sign a waiver before their first class. Registration is required, please visit our website calendar to register. This class is sponsored by the Board of Library Trustees.

PopUp Library at the Senior Center — Thursday, December 9th at 11:30am
Coming now to the Uxbridge Senior Center... is the PopUp Library! Stop by during the lunch meal program to sign up for a library card, browse an assortment of books, and learn what your librarians are up to! Please contact the Senior Center at 508-278-8622 to reserve your lunch for this day.

Zentangle Workshop: Christmas Ornaments — Thursday, December 9th at 6pm
Pam Lisak, CZT is returning to the library to teach a Christmas ornament Zentangle decorating class. Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns! The concept was started by Rick Roberts and Maria Thomas as a way to practice focus and meditation through drawing, by using repetitive lines, marks, circles, and shapes. This fun, laid-back class is great for beginners and avid tangles. Registration is required, please visit our website calendar to register. This class is sponsored by the Board of Library Trustees.

Recognizing Your Needs with Reiki — Saturday, December 11th at 10am
Reiki is a system that allows you to gain a deeper understanding of your intuition and “gut feelings“ so you can quickly and precisely identify your needs in any situation, even when things don't seem so clear on the surface. This introductory reiki workshop will be experiential and interactive. You will experience firsthand how energetic practices can bring you greater clarity, confidence, and peace of mind, even if you've never worked with energy before. Registration is required, please visit our website calendar to register. This class is sponsored by the Board of Library Trustees.

Senior Center Book Club — Tuesday, December 14th at 1pm
At the December meeting of the Senior Center Book Club, we will be discussing The Thursday Murder Club by Richard Osman. Print copies can be placed on hold and will be available at the Library and the PopUp Library at the Senior Center. The e-book and audiobook are also available through the Libby app. The Senior Center Book Club meets on the second Tuesday of every month at 1pm at the Uxbridge Senior Center.

Historical Fiction Book Club — Tuesday, December 21st at 3:30pm

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Library hours:
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Saturday 10 AM-2 PM
Thanksgiving Week Hours: Open 10-3 on 11/24, closed 11/25 & 11/26, open 10-2 on 11/27.

Food for Fines
November and December 2021
Have any lingering overdue fines on your library account? Get rid of them while also helping your community! Get \$1 off your Whitinsville Social Library late fine for every qualifying item you bring to the library in November and December. Does not apply to lost/damaged books or fines accrued from items at other libraries. All items will be donated to the Northbridge High School Food Pantry. WSL items for children are always late fine free.

Virtual Music and Movement with Deb Hudgins
Wednesdays from 10:30-11

Step back in time to learn about the past through the eyes of fictional (and sometimes not so fictional!) characters. This is a chance to start with a brand new book group, meet some new friends and discover more wonderful books! Our director Chris will lead a discussion on All the Children are Home by Patry Francis. Print copies can be placed on hold and will be available at the Library. The e-book and audiobook are available through the Libby app.

Youth Programs

Baby Storytime Ages 0-18 months (Mondays at 11am) & Toddler Storytime Ages 18 mths- 3 years (Wednesdays at 11am)
Have fun with your children during our weekly storytimes, as you engage in songs, rhymes, stories, and movement. This encourages language development, social skills, and listening skills. Please visit our website calendar to register.

Take-Home Crafty Wednesdays - Mornings and Afternoons
Get crafty and creative with your kids every Wednesday! Stop by the library to pick up a new Take-Home craft kit each week.

Music and Movement with Deb Hudgins - Thursday, December 9th and Tuesday, December 21st at 11am
Join Deb Hudgins as she leads a fun-filled, theme-based program with songs, rhymes, dancing and more! All ages welcome. Please visit our website calendar to register. This will be held at the McCloskey School Gymnasium. Brought to you by the Library Board of Trustees.

Little Lotus Yoga by Lindsey - Mondays, December 6th, 13th, 20th, & 27th at 4pm
Join Lindsey to practice yoga postures and mindful activities which will help you relax, lessen anxiety, and teach young ones to find their calmness. The library will provide yoga mats, however you are welcome to bring your own! This will be best for ages 6 and up. Registration is required; please visit our website calendar to register. Brought to you by the Library Board of Trustees.

Magic: The Gathering Club- Mondays, December 6th, 13th, & 20th 6pm
Magic is a fantasy trading card game of strategy, wit, and luck! Suitable for ages 12+. Come play casual games and build decks. All skill levels are welcome! Bring your own cards or receive a starter pack from Chris of Great Stories Comics and Gaming store who will facilitate the ongoing program. If you would like to be added to the email list for Magic Club updates, send an email to Sonya at scampbell@cwmmars.org. Meets first (3) Mondays of the month - 12/6, 12/13, 12/20 in the Reading Room. Stay tuned for updates! This program is free and requires no registration.

Teen Book-In-A-Bag- Ages 13+ Pick-up December 1 - December 15th
“Book in a Bag ” is a teen subscription book program. Each month teens can sign up for the program where they will know the theme of the month chosen for the books, which will be checked

out for 1 month, and placed in their choice of a tote or drawstring backpack, theirs to keep, with motivational posters, Zentangle art or a Gaming poster inside. This month's theme is Mystery. Please visit our website calendar to register or email Sonya at scampbell@cwmmars.org to join! Brought to you by the Library Board of Trustees

Baypath Educates presents Teen Safe Animal Handling - Monday, December 13th at 6pm
Ever wonder why a dog and cat does what it does? Learn to read and understand their language so you can learn how to communicate, to be smart & safe, and how to avoid bites and what to do if you are attacked. We ask that all participants wear a mask during the program. Please visit our website calendar to register for the event. Brought to you by the Library Board of Trustees

Fleece Penguin Tied Pillow - Thursday, December 2nd at 6pm
Drawing inspiration from wintry fun, let's make a fleece pillow for the season! It's comfy, and snuggly soft for cold winter nights! The pillow has a big penguin design and tons of fun pre-cut fringe — just tie it together and stuff it with the included polyester fiberfill stuffing. Come join us for some fun in the YA room. Please visit our website calendar to register. Brought to you by the Library Board of Trustees

Making n' Baking Virtual Mug Meal: Monkey Bread! - Thursday, December 9th at 6pm
Encouraging kids' confidence and knowledge in the kitchen. Mixing math, stirring in science, and cooking up culture! Foster their independence while satisfying their hunger with meals they can create on their own using their microwave. Please join Chef Julie Manning at Simply Focused Coaching for a Monkey Bread Recipe which will take place virtually. Visit our Calendar to register! You will find the Zoom link posted closer to the event. Brought to you by the Library Board of Trustees. Please visit our website calendar to register.

Gingerbread House - Thursday, December 16th at 6pm
Construct your own 3D Gingerbread House with this cute holiday craft project! With candy cane and peppermint accents, these little foam houses make a great holiday decoration to add to the festive season. Self-adhesive foam. Please visit our website calendar to register. Brought to you by the Library Board of Trustees

Virtual Fortnite Tournament - Tuesday, December 28th at 4pm
We are partnering with One Up Games for another Fortnite tournament! The entire event will consist of FIVE games with short breaks in between each game. Platforms include Xbox One / Series X, PlayStation 4 / 5, Nintendo Switch, or PC, and participants will need a Discord account. Visit our Calendar to register! After registration you will receive a confirmation email a few days prior to the event with instructions on how to join and queue up for your matches. Brought to you by the Library Board of Trustees.

WHITINSVILLE SOCIAL LIBRARY

Come join us virtually for Music and Movement with Deb Hudgins! There will be plenty of singing, dancing, games, stories and fun for everyone! This program is for ages 1-5. Registration is required. Register at: www.tinyurl.com/EventsAtWSL

Virtual Storytime
Thursday from 10:30 - 11:00
Join Miss Heather virtually on Thursday mornings! Read books, sing rhymes and dance to some fun music in your living room. Each week a different craft will be available to pick up at the library and put together in your own time! This program is for children ages 1-6. Registration is required. Register at: www.tinyurl.com/EventsAtWSL

Memoir Book Club
Wednesday 11/17 at 6
Join us in a discussion of mathematician Katherine Johnson's memoir “My Remarkable Journey”. Copies of the book are available at the library. Please register.

Cookbook Club
Thursday 11/18 at 12
Read “The Complete Cooking for Two Cookbook” by America's Test Kitchen. Pick up a copy of this cookbook at the library, make a dish, and then join us at the library to share your thoughts on the recipes. Please register.

Tween and Teen Graphic Novel Book Club
Thursday 11/18 at 3
Join us for a discussion of the graphic novel “Nightlights” by Lorena Alvarez. Request the book in our online catalog or copies are available at the Library's front desk. Please register as space is limited.

Virtual Friends of the Library Meeting
Tuesday 11/30 at 6:30
Help plan fundraisers for the library. If you are interested in attending please contact friendsWSL2019@gmail.com for the Zoom link.

Fiction Book Club
Tuesday 12/14 at 6
Read “The Book Charmer” by Karen Hawkins. Copies of the book are available at the library. Ebooks may be available through Overdrive. Future book titles for this book club will be selected at this meeting.

Adult Craft Kit Pick Up
Thursday 12/16 10 - 8
Sign up to reserve a kit containing materials to create festive winter decor out of an old book. Pick up your kit on the Holds Shelf during business hours on 12/16.



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Judgement

Tonight, I was watching an independent movie made by a friend of mine who is a film director. I think it's a great movie, and although I'm not at liberty to promote it yet, I wanted to share something the lead character said that made my mind turn.

"We can't judge somebody in their worst moment because everyone has the capacity for change, and anyone can change."

I don't know if it was the way the actor said it or the statement itself, but it got me thinking.

I initially found myself judging people who judge others. Then I realized I'm judging others for judging others, which led me to think about how judgmental I've been in my life.

I've been guilty of judging public figures, strangers, co-workers, friends, and family, practically everyone, especially when I've witnessed one of their worst moments. I've written people off who probably didn't deserve it.

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After a few minutes of beating myself up and feeling guilty, I realized I was judging myself. Does it ever end?

I suppose we all judge people. It's only natural. We judge people the moment we meet them. The moment somebody walks through the door, we instantly make judgments about their appearance, their demeanor, the way they talk, the way they walk, the rumors we heard about them, and much more. How could we not?

Is all judgment bad? If we don't judge a person's character the right way, sometimes it could lead to disastrous consequences. That's not the type of judgment I'm attempting to write about.

What is judgment? Is it just an opinion based on the present moment, or is it a conclusion about someone that causes us to think about them or mistreat them?

How often does our judgment allow us to give someone a second chance? How often do we judge people in a way that

causes us to write them off?

When I judge someone based on a rumor I heard, their physical appearance, the way they talk, or even something I know they did when they were younger, is that fair?

What happens when we witness someone's worst moment? Is that their true character shining through, or are they just having a bad day?

People act the way they do because of a combination of factors, and we don't know what they go through that leads them to behave the way they do. We usually aren't seeing the complete picture. People are more complex than that.

I don't think it's possible to live a life where I never judge anyone, but how often have I judged someone to find out later I was wrong?

How often have those judgments led me to a negative mindset where I'm holding a grudge against a person and thinking negative thoughts about them? Is it healthy for me to be carrying around negative opinions about people?

I think the evidence is clear that harboring negative thought patterns about others harms us in various ways and is often unfair to the person we are judging.

Although real change sometimes takes years, we all are capable of change. I would hate to be judged because of something I did or said ten or twenty years ago; although I'm the same person, I am pretty different now. I have different opinions, different behaviors, different thought patterns. I've changed quite a bit. I'm sure you have too.

Maybe when we're reflective about our own lives, and we think about our own worst moments, it might allow us to give someone a second chance who maybe deserves one.

It's been said our judgments about another person probably say more about our character than the character of the person we are judging. Is that true? I'll leave it for you to decide.

Milford Regional Medical Center nationally recognized with an 'A' Leapfrog Hospital Safety Grade

MILFORD – Milford Regional Medical Center received an "A" Leapfrog Hospital Safety Grade for Fall 2021. This national distinction, which Milford Regional has received for an unprecedented seven consecutive times, recognizes the Medical Center's achievements in protecting patients from harm and error in the hospital. "It is an honor to receive this Leapfrog recognition. To receive it

seven times in a row is an incredible distinction for Milford Regional," says Edward J. Kelly, president and CEO of Milford Regional. "This continued recognition is a testament to the dedication our entire team at Milford Regional has to keeping our patients safe every single day."

The Leapfrog Group, an independent national watchdog organization, assigns an "A," "B," "C," "D," or "F" grade to gen-

eral hospitals across the country based on over thirty national performance measures reflecting errors, injuries, accidents and infections, as well as systems hospitals have in place to prevent harm.

The Leapfrog Hospital Safety Grade is the only hospital ratings program based exclusively on hospital prevention of medical errors and harm to patients. The grading system is peer-reviewed,

fully transparent and free to the public. Grades are updated twice annually, in the fall and spring.

"An 'A' Safety Grade is a tremendous achievement, of which this community should be extremely proud," said Leah Binder, president and CEO of The Leapfrog Group. "I thank the leadership and workforce of Milford Regional for its commitment to prioritizing patients and their safety, especially during these trying times."

To see Milford Regional's full grade details and to access

patient tips for staying safe in the hospital, visit HospitalSafetyGrade.org and follow The Leapfrog Group on Twitter and Facebook.

About The Leapfrog Group

Founded in 2000 by large employers and other purchasers, The Leapfrog Group is a national nonprofit organization driving a movement for giant leaps forward in the quality and safety of American health care. The flagship Leapfrog Hospital Survey and new Leapfrog

Ambulatory Surgery Center (ASC) Survey collect and transparently report hospital and ASC performance, empowering purchasers to find the highest-value care and giving consumers the life-saving information they need to make informed decisions. The Leapfrog Hospital Safety Grade, Leapfrog's other main initiative, assigns letter grades to hospitals based on their record of patient safety, helping consumers protect themselves and their families from errors, injuries, accidents, and infections

News from Beginning Bridges

BeginningBridgesCFCE.weebly.com – Facebook: Beginning Bridges CFCE – Emurray@smoc.org – 508-278-5110

Beginning Bridges CFCE supports parents as their children's first, best and most important teachers in the communities of Mendon, Northbridge, Upton & Uxbridge. We are a non-profit, family support organization that provides FREE comprehensive services. Currently our programs include weekly indoor and outdoor early play/literacy story times, outdoor story walks and many activity suggestions on our webpage. We also sponsor parent education programs, offer the Ages & Stages Developmental Questionnaire and can connect families to resources. Our goal is to support parents as they guide their children to reach their optimum potential. We work with many community partners who share the same

goal of strengthening our communities. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start).

Upcoming Events- Registration is required for all upcoming events. Links can be accessed on our website or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

The December Newsletter will be released mid month. Please contact Emily Murray to receive the newsletter via email or check our website and Facebook page.

Mondays to Fridays, Parent Child Playgroups, contact Ms.Emily to sign up for our Winter 2022 playgroups.

Thursdays, 12/09/21 to 06/02/22, Coffee and Conversations, 9:30 to 10:30 am at Taft Public

Library, 29 North Ave in Mendon, join us for an informal drop-in playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins from Muffin House Cafe will be provided.

Tuesdays, 12/14/21 to 06/14/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Upton Town Library.

Wednesdays, 12/15/21 to 06/22/22, Music and Movement with Deb Hudgins, 10:30 to 11:00am at Whitinsville Social Library.

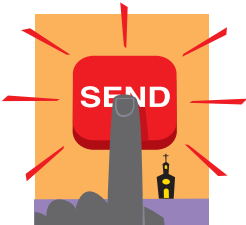
Wednesdays 12/21/21, 2/2/22/ & 6/ 9 /22, MOM's Club Playtime, 9:30-11:00 am at Uxbridge Play Center. Connect with other parents while your children experience a group setting for peer play in a safe, fun and developmentally appropriate setting.

Thursdays, 01/13/22 to 02/17/22, Monster Mayhem, 9:15 to 11:00am at Taft Public Library.

SEND US YOUR NEWS!!!



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stonebridgepress.news



Sutton Historical Society announces December events

SUTTON — The Sutton Historical Society will be participating in the town-wide Chain of Lights event on Saturday, Dec. 4, from 10 a.m. - 4 p.m. Trolleys will not stop at our various locations. Visitors are welcome to stop by in their own vehicles. The Eight Lots School House, 54 Eight Lots Rd.; The General Rufus Putnam Museum, 4 Uxbridge Rd.; and the M. M. Sherman Blacksmith Shop, 6 Singletary Ave., will be open for visitors to stop in and see these historic buildings and

interact with members of the Society, who are busy keeping history alive in Sutton!

On Tuesday, Dec. 7, at 6:30 p.m. in the Fellowship Hall of the First Congregational Church, the Society will hold its annual Christmas Potluck dinner for members. Bring your favorite main dish, dessert or beverage to enjoy with other members and their family and friends.

Finally, join us at the M. M. Sherman Blacksmith

Shop, 6 Singletary Ave., for our Annual Last Night Cannon Firing on Dec. 31 at midnight. This is a great way to say goodbye to 2021 and hello to 2022.

The Sutton Historical Society is a 501(c)3 organization dedicated to preserving the history of Sutton. Membership is open to all. Updates to our events can be found at suttonhistoricalsocietyinc.org and our Facebook page.

Austin French brings “Joy of Christmas” to Blackstone Valley

UXBRIDGE — Austin French is coming to the Blackstone Valley with “The Joy of Christmas” Tour with Ben Laine, and introducing Rachel DeLong.

The concert is Friday, Dec. 3 at 7 p.m. at Valley Chapel, 14 Hunter Rd., Uxbridge. Tickets are on sale now for \$20 (\$30 at the door), and can be purchased online at <https://www.fuseconcerts.org/austinfrench>.

Austin French is an American Christian musician who plays Christian pop style contemporary worship music. He released his debut single, “Freedom Hymn.” He is also known for songs like “Born Again” and Wake Up Sleeper.”

Lasell University student earns professional hospitality certificate from American Hotel & Lodging Educational Institute

NEWTON — Kaylie Gonya, a Lasell University student from Uxbridge, earned a professional certificate from the American Hotel & Lodging Educational Institute.

Gonya received the certificate and training in understanding unconscious bias through an interactive program that, according to Assistant Professor of Hospitality and Event Management Siddharth Mobar, sheds light on the existence of unconscious bias in the industry and guides restaurant managers in their interactions with guests and employees.

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell.edu or at 617-243-2386.

**FOR ADVERTISING INFORMATION
CALL 508-764-4325**

Blackstone Valley Chamber takes part in Yellow Tulip Project

WHITINSVILLE — On Oct. 16 at 9 a.m., the Blackstone Valley Chamber of Commerce's Women's Success Network, along with the Worcester County Girls on the Run and the 4H Club, planted two Hope Gardens in Whitinsville to raise awareness about mental health.

The community certainly got down and dirty a few weekends ago, showing us that there is hope for those living with mental illness. Thirty women and young girls simultaneously worked on two gardens; one at the corner of Hill Street and Main Street, and the

other on the corner of the Whitinsville Town Common. The goal was to help "Smash the Stigma" surrounding mental illness by planting yellow tulips that will bloom in late April/early May. When spring comes, they will be a beautiful reminder that we are not alone, and that there is comfort and support out there for those who may be suffering in silence!

This effort was inspired by the Yellow Tulip Project, a youth-driven movement that is determined to be the change we want to see in the world. They tirelessly host events, visit schools and engage with commu-

nities to talk about mental illness and create that safe space for all. It is important that people do not feel alone - what they are experiencing is normal, they will be okay, and there will always be help and support available to them.

Visit the Blackstone Valley Chamber of Commerce Web site at www.blackstonevalley.org to learn more about the Women's Success Network and to access links to local resources for mental health services in our community. You can also learn more about the Yellow Tulip Project at www.theyellowtulipproject.org.



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For more information or to pick up an application please call the center at 508-865-9154

MILLBURY SENIOR CENTER ACTIVITIES!!

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A.M. (class is \$3) BLOOD PRESSURE CLINIC

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No reservations required for any of our activities! If you would like Lunch ahead of time a 48 hour reservation is required call the center at

508-865-9154

Lunches are served Monday through Friday 12 P.M. at the Senior Center

The menu is available on the town website, www.townofmillbury.org

Or our Millbury Senior Center Facebook page.

A 48 hour reservation

is required.

Millbury Senior Center Transportation

Transportation is provided for Millbury Senior Residents

Monday through Friday from 9 A.M. to 3 P.M.

We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)

Rides are free until January 1st

For more information or to schedule transportation call the center at

508-865-9154

"MEMORY CAFÉ"

Please join us on November 23rd 2-3:30 P.M.

A Memory Café is a monthly gathering for people with memory

loss/challenges

and their care partners. It is a time to socialize, make new friends, and have a good time.

Fourth Tuesday of each month, refreshments will be served.

We are also looking for volunteers to assist with this program!

Our Outreach worker, Julie Fitzgerald, is happy to answer

any questions, call to RSVP 508-865-9154!

Millbury Friendly Visitor Program

Our Friendly Visitor Program is now being provided by telephone

Volunteers call clients to check in with them, chat and hear a friendly voice

For more information on coordinating a Friendly visitor

Call the center at 508-

865-9154

SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. - 2:00 P.M.

Call for an appointment & required documentation

508-865-9154

"This project has been funded at least in part

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USDA does not endorse any goods, services or enterprises."

St. Denis Church to host Holiday Fair

DOUGLAS — St. Denis Church will host a Holiday Fair, rain or shine, Dec. 4 from 9 a.m.-2 p.m.; rain date for photo with Santa only is Dec. 5, 11:30 a.m.-3 p.m.

This event will feature raffles, baked goods, crafts and photos with Santa. Please check our Web site, www.saintdenischurch.com, for additional information.



Community Connection

Your guide to local businesses and events! To join us, please call June at 508-909-4062 or email jsima@stonebridgepress.news.

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Check out our photos on Facebook @[primitivegoodssupply](https://www.facebook.com/primitivegoodssupply) or just drop by!

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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Don't be a source of misinformation

There is never a good excuse to not be informed about what is happening in your town or school district. In this day and age, with technology at our fingertips, information is readily available in a matter of seconds. Public hearings are always posted in local papers, town halls and libraries as well. Minutes from meetings are also easily accessible on town and district websites. School districts are constantly emailing information home to parents on a daily basis. Finding information could also be as simple as calling a family member or friend who tends to always be in the know. If people remain unaware of what is going on, they only have themselves to blame.

Further, do not post misinformation on social media. If you don't understand a situation completely, refrain from posting about it, until you do, unless of course your post is an inquiry. Posting misinformation does two things — it makes you look uninformed and unintelligent, and second, it passes on misinformation to others who might believe that what you're posting is true. Fact check or find out more information before blindly posting things you know nothing about. Would you give a book report without first reading the book?

While being informed is key to being a productive member of your community, keep in mind to not overwhelm yourself with too much negative news. Be sure to check the news twice a day, then turn it off. Now, if you're a news junkie, and are unaffected by too much negativity, then of course, have at it.

Be sure to avoid news on social media as it's often biased and filled with misinformation. Make sure your news sources are reliable.

Experts say that when people consume too much information, it's hard to process it in a meaningful way. It can also make it difficult to remember all of the facts. In order to properly think about new information, you need time to process it and compare it with other facts you know. You need time to reflect and form an idea or opinion that logically makes sense.

Instead of letting hours go by doom-scrolling, spend some time outdoors or with friends and neighbors. By doing so, you're engaging with fellow Americans in a positive, productive way.

LETTERS

Extra! Extra! Read All About It!

We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us!

Mail your letters to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@stonebridgepress.news.

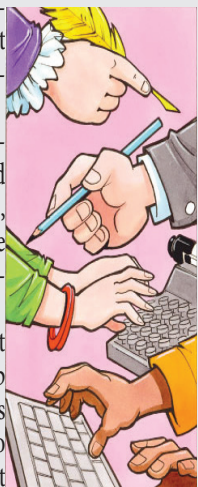
You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!



OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Be a revolutionary

To the Editor:
What I believe. Feel free to disagree. It's time to be revolutionary.

Have you taken a moment to consider that it is the good old fashioned Americans who are the revolutionaries, not the Woke Marxists running the White House?

No, when we broke from Britain in 1775, we established liberty, equality and justice for all [took us a while to get there, but we did]. That did not exist in the Old World. In order to have a business in Britain, it had to be sanctioned by the Crown. Today, in order to do anything in France, it must be permitted by law. If the French law does not permit you to do something, then you cannot. Here, if it is not prohibited, you can do it. Do you really want to be like Europe?

No, the real revolutionaries are the scary conservatives who see the potential in every citizen in the U.S., who see how hard work, creativity, and the freedom to try new ideas succeed in America. That is why there are few new millionaires in Socialist countries like France. France has lots of young Ph.Ds who have no jobs; highly educated cafe-sitters, they sip their coffee latte and nibble daintily on croissants. The unemployment rate of young French reach 30 percent in 2019 compared with 24 percent in the prior three years. Vive la France!

Meanwhile, the U.S. accounted for nearly a third of the world's 5.2 million new millionaires in 2020. As of June 2021, our country's 22 million millionaires is 9 per cent of our adult population. France's millionaires? 4.9 percent of their adult population. And it's old money, very old nobility money. So what did the French Revolution accomplish? Well, they killed a lot of people. Then they got the dictator Napoleon. Do school children study this history anymore?

Revolutionary conservatives believe in the individual. You decide what is best for you, not the state. The Woke Marxists [but I repeat myself] believe in ideology over individuals. Individuals do not matter. They believe in universal poverty in order to achieve universal equality. Everyone must be equally poor, equally hungry, equally unhealthy, equally miserable!

So be revolutionary. Question the Woke Marxists. Ask them who their God is. The God of Environmental Justice? The Planet Goddess? The Climate Change Gods?

Ask them about the racial policies of Nazi Germany and how the first thing the National Socialists did was start a racial policy. Certain people were bad because of their race, their religion, or their ethnicity. Sound familiar? The Woke Mob also believes in separating people by race, taking their money, and opposing Israel.

Next, the Nazis systematically robbed them of their homes, their wealth, their artwork, their jewels, the very clothes on their backs. In some cases it has taken until 2021 for Jewish families to get back the artwork that the Nazis stole from them. Case in point: the current exhibit at the Worcester Art Museum "What the Nazis stole from Richard Neumann." His family spent 75 years to regain possession of the artwork stolen by the National Socialists. When Nazi Germany annexed Austria in 1938, his art collection was inventoried according to Nazi "anti-Jewish" laws and seized. The family was persecuted. How many school children know that the National Socialists killed 6 million Jewish people in WWII?

The Woke Mob are modern day Nazis, separating Americans by race, devising ways to steal your money via taxes and huge spending plans, and opposing the right of Israel to exist. Why, it's Nazi Germany all over again.

Have you ever noticed that Marxists, Socialists, and the Woke Mob in the White House do not believe in God or that there even is a God? Is that your team?

Which team are you on? Be revolutionary. Study history. It's very radical because no one checks the historical facts nowadays. Use your God-given gifts. Study hard, work hard, pray hard. Follow the Jesuits plan: work as if everything depended on you, pray as if everything depended on God.

What say you?
Nevertheless, she persisted.

BEV GUDANOWSKI
UXBRIDGE

Gudanowski is right on

To the Editor:
Concerning Bev Gudanowski's letters to the Editor: Right on!

LAWRENCE AUBIN
UXBRIDGE

To the Editor:
During the past few weeks, a Ms. Gudanowski has offered her thoughts on our schools in a series of editorials. It seems that in the aftermath of the polarizing crucible that was the Trump presidency, she has been "woke" to a new and alarming vision of our schools, one in which social studies programs in particular have become festering open wounds, suppurating with the pus of critical race theory and, dare I utter its dark and menacing name: Marxism.

Understandably, one of the mandates of a free press is to provide nearly anyone with a soapbox from which to espouse his or her opinion- even if the opinion expressed is absurd, hyperbolic and, yes, at times even comical- as when the writer claims that elements of Marxist ideology and critical race theory have infiltrated our local schools' social studies classrooms. Unrestrained by petty inconveniences such as "evidence" or "logic," Ms. Gudanowski seems zealously determined to convince readers that something wicked this way comes to a local school near you. The country, she passionately insists, is going to a Marxist hell in a Leftist hand basket.

Unarguably, our society is boiling over with all manner of frothings and half-baked rantings that in saner times would be considered entertainment, much as most of Fox "News" is entertainment. But at what point does entertainment become sufficiently pernicious and poisonous that one is compelled to point out that the emperor, in fact, has no clothes? Myriad journalists tried to tackle that conundrum throughout the previous presidential administration with little outward success. I'll concede that a muddled "conspiracy website" level understanding of Marxism alloyed with an utterly fictitious belief that critical race theory teaching is occurring in our high school classrooms has potential as low-brow, knee-slapping entertainment, as do false and misguided attempts to vilify teachers as Leftist henchmen intent on overturning the noble virtues of post-Trumpian America. And, sadly, let's not overlook the fact that such errant "information" speaks volumes about the surprising lack of immunity conferred by the inoculation of a college education or letters after one's name.

Teaching kids to think critically is of utmost importance if we are to arm them

with the ability to see through the distorting smoke and illogical machinations of passionate but befuddled individuals whose claims, no matter how divorced from evidence or reason, are enabled and magnified by the stated mission of media platforms. It may be that bonobos deep in the jungle grasp yearningly at the stars, but, to date, we have had the good sense not to take their efforts too seriously. So, Is Marxism infiltrating our schools? Is Critical Race Theory (despite being, at best, an arcane and infrequently taught college topic) insidiously insinuating itself into our high school social studies' classrooms? Is a mythical, mighty, cabalistic Left on the doorsteps of our schools, savagely beating its insuperable fists on the metal doors and threatening to brainwash your children?

No. It's all illusion, a sloppy slurry of mis- and disinformation and distorted thinking- all cosmetically prettified by erroneous, irrational, and evidence-starved claims. No teacher (and I am one) is thinking about, much less teaching, Marxist ideology. No teacher I've ever spoken to, worked with, or heard of is teaching critical race theory, much less brainwashing kids. There is nothing, absolutely nothing, in the Massachusetts Curriculum Frameworks that allows for or even suggests the teaching of any aspect of Marxism or critical race theory. In short, the emperor has no clothes and lacks the good sense to be ashamed of his nakedness. The teachers I know struggle heroically every day just to get through the required curriculum. I don't know of a single teacher who harbors a secret Leftist plan to transform students into divisive, America hating, commie infiltrates. So we're left with a troubling question: why do often sincere people mistakenly believe themselves to be in possession of vital information and motivated to pass themselves off as rational purveyors of truth? That's a question very much worthy of deep consideration. In the meantime, I suggest that even local newspapers add to their publications clearly marked "Entertainment" sections wherein submissions that are hyperbolically misleading and devoid of evidence, yet still possibly amusing, can be safely relegated.

WAYNE BORDEN
NORTHBRIDGE

Four hundred years ago – the First Thanksgiving

BY RICHARD T. MOORE
CHAIRPERSON, BOARD OF DIRECTORS

Blackstone Heritage Corridor

Most of us are familiar with the stories we learned in elementary school about the Pilgrims and the "First Thanksgiving." We were told that the Pilgrims and Native Americans gathered in peace and friendship to celebrate their survival of the harsh New England winter that they had recently survived. The real story of the first Thanksgiving has apparently very little to do with turkey, friendly Pilgrims and long-lasting peace with the native inhabitants. The long-romanticized version developed in the 1850's obscures essential first-Thanksgiving facts that concern the menu and the mood of that historic day.

Prize-winning historian and Massachusetts resident, Nathaniel Philbrick, after painstaking research, debunked several Thanksgiving myths in his celebrated book, "Mayflower." Here's some of what he wrote:

Myth: The first Thanksgiving took place in November

Fact: The exact date isn't known, but the feast we celebrate on the fourth Thursday in November likely occurred in late September or early October, shortly after the harvest of such fall crops as corn, beans, squash and barley. It also was not referred to as Thanksgiving by the Pilgrims, as the term applied to a time of spiritual devotion.

Myth: The Pilgrims gathered for the big feast as curious Indians looked on

Fact: The Wampanoag tribe, led by Massasoit, dominated the proceedings, outnumbering their hosts 2-1. About 100 Wampanoags arrived bearing welcome gifts: five freshly killed deer.

Myth: Celebrants dined at long tables draped in linen

Fact: There weren't nearly enough chairs for everyone, so participants likely gathered around fires where deer and birds were roasted on spits. Forks had yet to be invented, so diners ate with knives and fingers, which you probably couldn't get away with today, even at the kids' table.

Myth: Turkeys were the centerpiece of first Thanksgiving

Fact: Turkeys were plentiful in the fall of 1621, and likely shared space on the spit with other popular fowl. But turkeys were more a side dish than main course. Ducks, geese and fish were the culinary centerpieces until the deer arrived.

Myth: The Puritanical Pilgrims enjoyed an alcohol-free Thanksgiving feast

Fact: Puritans or not, Pilgrims loved a good beer. No doubt ale was plentiful thanks to a recently harvested barley crop.

Myth: The Indians thought highly of Pilgrim intelligence since the English citizens brought with them advanced technology

Fact: The Pilgrims may have had durable shoes, woven clothes and powerful muskets, but their lack of survival skills earned them little respect among the Native Americans. Massasoit considered the Pilgrims "as a little child."

Myth: The first Thanksgiving led to years of peace

Fact: Fear and suspicion constantly stalked the Pilgrims as well as the many tribes in the area. Violent skirmishes peppered the uneasy relationships among cultures, and not long after the first Thanksgiving, Pilgrims killed the sachem (chief) of a nearby tribe, thrusting his head on a pole outside the colonists' recently built fort.

Now, we turn to some information about a contemporary of the Pilgrims who was the first settler of our Blackstone National Heritage Corridor. While the Pilgrims had a challenging relationship with the Native Americans shifting from active trading to hostilities, Reverend William Blackstone enjoyed a more cordial relationship both in Boston and, later, after his move to the wilderness of the Pawtucket (later Blackstone) River Valley.

Coffee Hailed as “Virtuous Vice”

The humble cup of coffee. It's a simple pleasure that baristas elevate to an art, painters depict on canvas, and philosophers have sung the praises of throughout the ages. So what's so virtuous about the everyday cup of Joe we sip every morning? Plenty, according to reliable health studies which show a steaming mug of java may go way beyond a satisfying pick-me-upper. If your daily dose of caffeine has become nothing more than a breakfast ritual, the following coffee facts may prove to be more of an eye opener than that morning cup of coffee!

*** Joe Jogs Memory:** If you love your coffee, you now have another excuse to drink high octane java! Here's the latest buzz on caffeine: A cup of joe can jog your memory, especially if you're over age 65, say researchers at the University of Arizona. In a study, memory performance declined significantly

between morning and afternoon in seniors who didn't drink coffee or drank decaf. Those who had a cup of the high octane stuff showed no such effect.

*** Doge Diabetes:** According to WebMD, one to three cups of coffee per day can reduce risk for diabetes by up to nine percent. Up the cups to six or more daily and men's risk for diabetes is cut by 54%, while woman's is reduced by 30% as compared to non coffee drinkers.

Further, a 2018 study of adults aged 20-70 years with low levels of coffee consumption (the majority consuming 1 cup of coffee per week) suggested that a lower risk of both pre-diabetes and type 2 diabetes was observed in coffee drinkers compared to non-drinkers.

*** Drink to Think:** A decades long study by the University of Bristol revealed coffee drinkers really may be better



TAKE THE HINT
KAREN TRAINOR

thinkers! The report said a cup of coffee can help in the performance of tasks, requiring sustained attention. It further helped enhance a person's ability to perform these tasks, during low alertness situations such as at night or when a person has a cold.

*** Buzz Boost:** Did you know a safe caffeine buzz can give your workout a boost? According to the American College of Sports Medicine, consuming caffeine equivalent of between two to six cups of coffee one hour prior to exercise, increased both the endurance and performance of athletes during both prolonged and short-term exercise sessions.

If you drink caffeinated beverages, drinking one before your workout may help you run or walk a little farther or cycle a little longer. Studies have shown that moderate caffeine intake about 300 milligrams, the equivalent of three cups of drip coffee, may be safe in most adults. But be sure to drink plenty of water before, during and after your workout to remain adequately hydrated.

*** Jovial Java:** Are you aware caffeine can also be an effective antidepressant? Just don't drink more than a couple of cups of coffee a day or the effect can be counter-productive.

*** Steam Therapy:** Taken in normal doses, caffeine has shown to have several other beneficial effects: Home remedy books advise drinking a cup of hot steaming coffee to suppress an asthma attack while waiting for proper medicine to kick in. The caffeine acts on the bronchial tubes contributing to the expansion of the muscles, thus relieving the severity of the attack in some cases.

*** Halt Headaches:** Before you reach for a pain pill, try drinking a cup of strong coffee to combat your migraine or tension headaches. Caffeine has long been used in over the counter pain relief products because it dilates the blood vessels, helping to relieve migraine pain. In addition, coffee is a diuretic, helping to

eliminate toxic substances from the body.

**** Java Rx:** Did you know medical data shows coffee is rich in antioxidants? In fact, a well known study from the University of Scranton proclaimed coffee America's number one source of health boosting antioxidants! Here's the scoop: The beneficial "free radical sweepers" are also found in coffee aroma after brewing. According to research carried out in Switzerland by the Lausanne-based Nestle Research Center, consuming coffee up until 20 minutes after brewing will deliver 300 phytochemicals, (antioxidants), and can stay in the human system up to one month.

Prefer your coffee sans the caffeine? You'll reap the same health rewards as decaf has the same antioxidant benefits as regular coffee!

*** Reduced Risks:** Several studies indicate that people who drink coffee on a regular basis are up to 80% less likely to develop Parkinson's disease. According to research performed at Vanderbilt University's Institute for Coffee Studies, it's the caffeine that offers the protection. In fact, VU reported based on this evidence drugs to treat Parkinson's, containing a derivative of caffeine are currently being developed.

Want more? Additional research reveals compared to not drinking coffee,

at least two cups of coffee daily can translate to a 25% reduced risk of colon cancer, a significant drop in liver cirrhosis risk, and nearly half the risk of gallstones!

Win Dinner for Two at the Publick House – Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

MOORE

continued from page A8

Reverend William Blackstone in the time of the Pilgrims

Reverend William Blackstone, our Valley's namesake, lived during the "Pilgrim Era," but missed the First Thanksgiving by a few years and forty miles. Blackstone arrived about 1625 and settled on the Shawmut Peninsula, now part of Boston. The name Shawmut came from the Indian word meaning a spring of water. It was, within a few years of Blackstone's arrival, settled by John Winthrop and his Puritans, initially a separate colony from Plymouth, though later combined as the Province of Massachusetts Bay.

Had Blackstone been around in 1621 and in communication with his Plymouth "neighbors," he might have brought apples to the feast. After all, it was Rev. Blackstone, not "Johnny Appleseed, who brought apples to the New World and began their cultivation. When Blackstone finally sold his property in Boston to move westward, he encouraged the Puritan community to maintain about six acres for public access such as the grazing of cows and training of militia. Thus Rev. Blackstone is also credited with establishing the first public park in America.

While Blackstone's home, which he called

"Study Hall," located on what he also called "Study Hill" overlooking the river, would now be considered part of Rhode Island, Blackstone never lived in territory that became part of the "Ocean State." However, he did relocate from the colony of Massachusetts Bay to the far west reaches of the Plymouth Colony. In those days, the border between Massachusetts and Rhode Island was the Blackstone River. Land to the east of the river was Massachusetts, and to the west, Rhode Island. Cumberland did not become Rhode Island territory until 1747, nearly a century after Blackstone's settlement.

Reverend Blackstone was a friend of Roger Williams, who founded the colony in Rhode Island but, as a biographer has noted, "William Blackstone was "far from (Roger Williams) his opinions." Blackstone was periodically invited to give sermons to Roger Williams flock, despite their differences in religious philosophy. Some historians have speculated that Blackstone, not Williams would have inspired the "Freedom of Religion," doctrine that later became a major tenet of the U. S. Constitution.

Known to other colonists as "the Sage of the Wilderness," Blackstone maintained friendly terms with the Indians. A biography reports, "Miantonomah, the nephew of Canonicus, King

of the Narragansetts, Massasoit, King of the Wampanoags, Canonicus and King Philip were Blackstone's friends and, through Blackstone's influence remained peaceable. The Great Indian War – known as King Philip's War did not break out until two years after the Reverend's death at age 80 in May, 1675.

Those of us who work to preserve the history and environment of the Blackstone Valley give thanks for Blackstone's contribution to our national story – scholar and pioneer who sought peace with and among the Native Americans, who advocated for freedom of religion, sought to preserve the environment along the Blackstone River, and introduced apples to the New World. He was the first European settler of Boston and of the Blackstone Valley who, unlike other settlers to America, sought to live peacefully and share land with the native inhabitants of the region we celebrate as the Blackstone Valley. Perhaps, if William Blackstone had been able to attend the first Thanksgiving and was able to be a greater influence to his Puritan and Pilgrim contemporaries, the story of the relationship of colonists and Indians would have been more positive. Had Blackstone been at that feast, the myths about the first Thanksgiving might have been more historically accurate.

Douglas Library Intrepid Readers Book Discussion

DOUGLAS — The next meeting of the Douglas Library Intrepid Readers book group, Tuesday, Dec. 14, 6:30 p.m.

The Intrepid Readers will be discussing "Woodswoman, living alone in the Adirondack wilderness" by Anne LaBastille, an ecologist, who created a new life when she and her husband divorced. Through luck and perseverance, she found the ideal spot: a 20-acre parcel of land in the Adirondack mountains, where she built the cozy, primitive log cabin that became her permanent home. Miles from the nearest town, LaBastille had to depend on her wits, ingenuity, and the help of generous neighbors for her survival.

Call the Library 508-476-2695 for a copy of the book. New members always welcome. Homemade refreshments, inspired by the title being discussed, will be served.

LETTERS TO THE EDITOR

People “Woke” up

To the Editor:

Powerless individually we 'lose,' but in a solid group, there is enormous voting power! On Nov. 2, a 'rainbow' of people upheld virtues of family, tradition and normalcy in many states, and these accomplishments against long odds should be celebrated. If there is a take-away message, it should be this: voices of the average citizen matter; their votes count! But in typical mainstream media fashion, rather than proclaim that Election Day results in Virginia reflected our 'real' America as the ultimate example of a melting pot and applaud the victory of a Caucasian governor, a former Marine, African-American woman as Lt. Governor, and a Latino Attorney General, they described voters and winners alike as 'racist' and 'uninformed!' That's totally unbelievable; not to mention insulting! However, if recent opinion polls are correct, that twisted perspective is wearing thin as fewer and fewer seem willing to continue swallowing this 'party line.' This story's ultimate end will unfold with the passage of time.

Not wearing rose-colored glasses, the average Joe and Josephine look squarely at today's reality: 1970s inflation in gas, fuel oil, and food prices; supply chain problems; open border crises with illegal migrants (potentially) being paid for breaking our laws; and more tax and spend legislation coming from Congress. Don't forget there's the forcible 'unemployment', scheduled to happen soon, of workers in criti-

cal sectors like health care and public safety over enforcement of COVID vaccine mandates while millions of others, receiving generous government checks, sit home unwilling to fill job vacancies!

By now, many are likely feeling a bait-and-switch occurred post-November 2020, wondering: where's the 'unity' and 'transparency' pledged by this administration. But to be fair, much of what was publically promised has actually come to pass- only in the negative! When asked, the White House and Cabinet Secretaries laugh (!) at our problems, point fingers of blame everywhere but at themselves, and offer no practical solutions except to propose more spending, piling even more debt (and taxes) on the already over-burdened backs in present and totally broken ones in future generations. It's totally unfair when (mostly) self-inflicted wounds, caused by faulty decisions, result in real financial pain being visited on us, not them!

The day when 'common sense' leads to an appropriate reaction is patiently awaited. When the pendulum swings too far in any one direction; when 'average' voters are dismissed and ignored, a ballot-box-reckoning dawns. History reminds us that hope + courage + anger= change is forever part and parcel of our political landscape.

JANE F. KEEGAN
UXBRIDGE

Friday's Child



Photo by Shaanon Cabral

Hi! My name is Liana and country music is my favorite!

Liana is a talkative girl of Caucasian descent who loves reading and writing. She even hopes to become an author when she grows up! Liana is also interested in arts and crafts projects, and her favorite genre of music is country. In school, Liana has developed a great deal of confidence in her-self, and her teachers report she is doing well.

Liana is legally free for adoption and can be placed in an active one or two-parent family where there is at least

one female caretaker. She should either be the youngest or only child. The ideal family for Liana is one that is patient and provides consistent structure and follow-through in her everyday life. It would also be beneficial if her future family maintained some level of contact between Liana and her sister.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



OBITUARIES

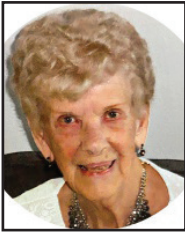
Rachel E. May, 34



Craig, Co (Douglas, MA) — Rachel E. May (Malo), 34, of Craig, CO passed away on October 5, 2021 due to medical complications after being hospitalized. She was the daughter of Virginia L. Malo (Hare) and the late Rene M. Malo from Douglas, MA. Rachel was a warm light of kindness and compassion with a strong love for God, and his son Jesus that was evident to everybody she met. She also loved

her natural family, spiritual family and friends. She enjoyed crocheting, traveling, reading and spending time with her family. She leaves her husband of 11 years, Jerry May and their daughter Emily. She also leaves her 6 siblings: Jason, Eric, Luke, April, Laura and David along with their significant others and several nieces and nephews. Memorial Services will be held on Saturday, November 27, 2021 at Union Station, 2 Washington Square, Worcester, MA 01604. A brief visitation with the family will be held from 10:00-11:30 followed by a service.

Marguerite A. Saviano, 96

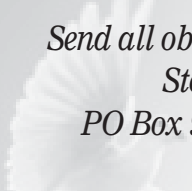


D o u g l a s - Marguerite A. (Londergan) Saviano, 96, formerly of Caswell Ct. passed away on Sun. Nov. 14, 2021 after a short period of declining health. Her husband of 31 years, Pasquale J. “Pat” Saviano died Nov. 2, 2012. She is survived by 4 stepsons, James Saviano and his wife Cynthia of Douglas, John Saviano of Douglas, Philip Saviano of Boston, and Victor Saviano also of Boston; 2 nieces, Katherine and her husband Sonny Johnson, and Rosemary Keyes; 2 nephews, Randy and his wife Rosemary Snowling, and Timothy and his wife Debbie Snowling; 4 step-grandchildren; 6 step-great-grandchildren, and several great-nieces and nephews. She was predeceased by her sister Mary Snowling. Born in Whitinsville, MA on March 13, 1925 she was the daughter of Timothy F. and Annie (Hughes) Londergan and was raised in the New Village section of town. She fondly remembered growing up in that era, and was delighted when she ran into people from those days. She lived in Douglas 31 years and had been a resident of Whitinsville

Retirement Community the past 3 years. Her family would like to thank the residents and staff there for making it such a welcoming, family-oriented place. Marguerite worked 44 years at Whitin Machine Works/ ATF Davidson in the office as a key puncher, retiring in 1987. A graduate of Northbridge High School, Class of 1944, she was a member of St. Denis Church, their Catholic Women’s Council, and the Douglas Sunshine Club. She enjoyed playing cards with her group of friends and traveling with Pat. An avid reader she visited the library often. Always smartly dressed, with her matching jewelry and accessories, Marg loved everyone and will be missed for her kindness, her generosity, and her warm loving nature. Her funeral Mass will be held Thurs. Nov. 18 at 10 am in St. Denis Church, 23 Manchaug St. Burial will follow in St. Denis Cemetery. There are no calling hours. Memorial donations in her memory may be made to: Whitinsville Retirement Society, 10 Chestnut St. Whitinsville, MA 01588. To leave a condolence message for her family please visit www.jackmanfuneralhomes.com



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Stonebridge Press,
PO Box 90, Southbridge,
MA 01550,
or by e-mail to
obits@
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LEGALS

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE
Premises: 32 Kennedy Street, Uxbridge, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Scott P. Estey to Mortgage Electronic Registration Systems, Inc., as Nominee for Embrace Home Loans, Inc. and now held by Round Point Mortgage Servicing Corporation, said mortgage dated June 14, 2013, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 51094 at Page 199, as affected by an Assignment of Mortgage dated October 31, 2016, and recorded with said Deeds in Book 56332 at Page 73, of which mortgage the undersigned is the present holder, for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on December 3, 2021, at 10:00 AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit: The land with buildings thereon situated in the Town of Uxbridge, off the southerly side of Henry Street, on the westerly side of Kennedy Street, so-called, which begins at the end of a fifteen foot right of way, see Book 3265 Page 569 in Worcester District Deeds, and being Lot #2 on a plan of land entitled “Plan of Kennedy Plot, in Uxbridge, Mass., owned by Delmar Kidd” dated May 4, 19S4, Kenneth E. Shaw, Surveyor, recorded in said Registry in Plan Book 198 Plan 30, said lot being bounded and described as follows: BEGINNING: At the northeastern corner of these premises herein described on the westerly side of said Street and the southeasterly corner of Lot # 1on said plan; THENCE: S. 2° W. with the westerly side of said Street, one hundred (100) feet to the point for a comer; THENCE: N. 88° W. with the northerly side of extension of said Street ninety (90) feet to a comer of Lot #3 on said plan; THENCE: N. 2° E. with Lot #3 on said plan one hundred and seventeen and fifteen one hundredths (117. 15) feet to said Lot #1; THENCE: S. 77° 38’ E. with Lot #1 on said plan, ninety-one and seventy-seven one hundredths (91.77) feet to the point of beginning. TOGETHER with a right of way over said Kennedy Street for the usual street purposes and also together with a right of way over said fifteen (15) foot right of way which leads to said Henry Street. The description of the property contained in the mortgage shall control in the event of a typographical error in this publication. For Mortgagor’s Title see deed dated July 22, 2009, and recorded in Book 44743 at Page 200 with the Worcester County (Worcester District) Registry of Deeds. TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. EN THOUSAND (\$10,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer’s or cashier’s check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid by a certified check, bank treasurer’s or cashier’s check within forty-five (45) days after the date of sale. Other terms to be announced at the sale.

Marinosci Law Group, P.C.
275 West Natick Road, Suite 500
Warwick, RI 02886
Attorney for RoundPoint Mortgage Servicing Corporation
Present Holder of the Mortgage
Telephone: (401) 234-9200
MLG File No.: 16-14634
November 12, 2021
November 19, 2021
November 26, 2021

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE
Premises: 103 Franklin Street, Douglas, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Taryn Eisnor and Christopher Eisnor to Mortgage Electronic Registration Systems, Inc., as nominee for Sovereign Bank, its successors and assigns, said mortgage dated March 5, 2010, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 45544 at Page 277 and now held by Santander Bank, N.A. f/k/a Sovereign Bank, N.A. f/k/a Sovereign Bank by virtue of an assignment from Mortgage Electronic Registration Systems, Inc. as nominee for Sovereign Bank N.A., formerly known as Sovereign Bank, its successors and assigns, to Sovereign Bank N.A. dated October 19, 2012 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 49908, Page 92 for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on **December 9, 2021 at 2:00 PM Local Time** upon the premises, all and singular the premises described in said mortgage, to wit: A certain parcel of land with the buildings thereon situated on Franklin Street, in Douglas, Worcester County, Massachusetts, and being shown as Land of Richard & Eunice D. Flinton in a Deed recorded with the Worcester District Registry of Deeds ad Book 3613, Page 426 and a Deed recorded with said Registry at Book 2009, Page 67, and as identified as Tract 1 Map 195 Lot 31 Lot Area = 126,117 sq. ft +/- 2.89 Ac. +/- on a plan entitled “Plan of Land of 103 Franklin Street in Douglas, MA owned by Eunice D. Flinton” Scale 1” = 40’ Date November 17, 2006 Andrews Survey & Engineering Inc., Uxbridge, MA Tel 508-278-3897, recorded in the Worcester District Registry of Deeds in Plan Book 851, Plan 32 to which reference may be had for a more particular description. For title see Deed recorded in Worcester County Southern District Registry of Deeds at Book 41565, Page 107. The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication. For Mortgagors’ Title see deed dated May 29, 2012, and recorded in Book 49170 at Page 62 with the Worcester County (Worcester District) Registry of Deeds. TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer’s or cashier’s check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer’s or cashier’s check within sixty (60) days after the date of sale.

Other terms to be announced at the sale.
BENDETT & MCHUGH, PC
270 Farmington Avenue
Farmington, CT 06032
Attorney for Santander Bank, N.A. f/k/a Sovereign Bank, N.A. f/k/a Sovereign Bank
Present Holder of the Mortgage (860) 677-2868
November 12, 2021
November 19, 2021
November 26, 2021

NOTICE OF MORTGAGEE’S SALE OF REAL ESTATE
Premises: 31 Glen Street, Douglas, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Keith Bemis to JPMorgan Chase Bank, N.A., said mortgage dated September 13, 2012, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 49716 at Page 284 and now held by NewRez LLC f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing by virtue of an assignment from JPMorgan Chase Bank, National Association to NewRez LLC f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing dated March 12, 2020 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 62058, Page 314 for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on December 13, 2021 at 1:30 PM Local Time upon the premises all and singular the premises described in said mortgage, to wit: Tax Id Number(s): 188-9 Land Situated in the County of Worcester In the State of MA THE LAND IN DOUGLAS, MASSACHUSETTS LOCATED ON THE WESTERLY SIDE OF GLEN STREET AND BEING SHOWN AS LOT 1 ON A “PLAN OF LAND IN DOUGLAS, MASSACHUSETTS, OWNED BY BARBARA VAILLANCOURT” DATED APRIL 7, 1994 AND PREPARED BY LVALLEE BROTHERS, INC., 497 CENTRAL TURNPIKE, SUTTON, MASSACHUSETTS, WHICH PLAN IS RECORDED HERewith IN THE WORCESTER DISTRICT REGISTRY OF DEEDS, PLAN BOOK 681, PLAN 42, SAID LAND BEING BOUNDED AND DESCRIBED AS FOLLOWS: BEGINNING AT AN LION PIN AT THE WESTERLY LINE OF GLEN STREET IN THE NORTHEASTERLY CORNER OF THE LOT TO BE CONVEYED; THENCE SOUTH 0 DEGREES 53 MINUTES 42 SECONDS EAST BY THE WESTERLY LINE OF GLEN STREET ONE HUNDRED FIFTY-TWO AND EIGHT HUNDREDTHS (152.08) FEET TO A POINT; THENCE SOUTH 6 DEGREES 46 MINUTES 48 SECONDS WEST BY SAID LINE OF GLEN STREET SEVENTY-FIVE AND TWENTY-EIGHT HUNDREDTHS (75.28) FEET TO A POINT; THENCE SOUTH 12 DEGREES 44 MINUTES 44 SECONDS WEST BY SAID LINE OF GLEN STREET EIGHTY-NINE AND SIXTY-SIX HUNDREDTHS (19.66) FEET TO A POINT; THENCE SOUTH 17 DEGREES 04 MINUTES 56 SECONDS WEST BY SAID LINE OF GLEN STREET ONE HUNDRED EIGHTY-TWO AND SIXTY-TWO HUNDREDTHS (182.62) FEET TO A POINT; THENCE SOUTH 20 DEGREES 32 MINUTES 46 SECONDS WEST BY SAID

LINE OF GLEN STREET ONE HUNDRED SEVEN AND TWENTY-SIX HUNDREDTHS (107.26) FEET TO A POINT AT LOT 2 ON SAID PLAN; THENCE SOUTH 75 DEGREES 10 MINUTES 06 SECONDS WEST BY LOT 2 NINETY-FIVE AND SEVENTY-HUNDREDTHS (95.70) FEET TO A POINT; THENCE NORTH 66 DEGREES 42 MINUTES 42 SECONDS WEST BY LOT 2 FOUR HUNDRED EIGHTEEN AND NINETY-THREE HUNDREDTHS (418.93) FEET TO A POINT; THENCE NORTH 15 DEGREES 17 MINUTES 57 SECONDS EAST BY LOT 2 THREE HUNDRED THREE AND FIVE TENTHS (303.5) FEET TO A POINT AT LAND NOW OR FORMERLY OF GUIOU; THENCE NORTH 73 DEGREES 12 MINUTES 14 SECONDS EAST BY SAID GUIOU LAND FIVE HUNDRED THIRTY-SEVEN AND SEVENTY-FOUR HUNDREDTHS (537.74) FEET TO THE POINT OF BEGINNING. MEANING AND INTENDING TO CONVEY AND HEREBY CONVEYING ALL OF MY RIGHT, TITLE AND INTEREST IN SAID PROPERTY. I/We hereby expressly reserve my rights of Homestead, if any, and I/we do not wish to terminate my/ our Homestead by granting the within Mortgage, notwithstanding any language contained therein to the contrary, which language is Intended to merely subordinate my/our right of Homestead to this mortgage only. NOTE: The Company is prohibited from insuring the area or quantity of the land. The Company does not represent that any acreage or footage calculations are correct. References to quantity are for identification purposes only. Being the same property conveyed to Keith Bemis, a single man, by deed dated July 10, 2008 of record in Deed Book 44042, Page 235, In the County Clerk’s Office. Commonly known as: 31 GLEN ST, DOUGLAS, MA 01516 The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication. For Mortgagors’ Title see deed dated July 10, 2008, and recorded in Book 44042 at Page 235 with the Worcester County (Worcester District) Registry of Deeds. TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer’s or cashier’s check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer’s or cashier’s check within sixty (60) days after the date of sale. Other terms to be announced at the sale.
BENDETT & MCHUGH, PC
270 Farmington Avenue
Farmington, CT 06032
Attorney for NewRez LLC f/k/a New Penn Financial, LLC d/b/a Shellpoint Mortgage Servicing
Present Holder of the Mortgage (860) 677-2868
November 12, 2021
November 19, 2021
November 26, 2021

Field dressing your deer

As deer hunting goes into full mode on Nov. 29 for shotgun this year, many hunters are eager to head out into the woods in search of their trophy buck while others will be happy to harvest any deer that is legal game. Not every deer hunter is looking for a trophy, and are just happy to harvest a deer to pack some venison into their freezer for the coming months. The old story that venison is better eating for you than farm raised meat is repeated every year, and may be true.

For those that dislike venison, they more than likely have never tried, it or were given venison that was improperly handled and processed. It all starts in the field! Field dressing is where most venison is ruined with the improper handling and knowledge of the cleaning process. The inner parts of the deer need to be carefully removed without breaking the urinary sack or the stomach.

It is best to have two men lay the deer upside down one holding the legs apart while the other carefully make an incision from the chest cavity to within six inches of the



THE GREAT OUTDOORS
.....
RALPH TRUE

urinary sack. Carefully reaching up into the chest cavity using a sharp knife and gloves, you can slowly cut the heart and liver free. Continue cutting the inner parts free of the cavity until enough is loose. Rolling the deer onto the side you can extract most of the inner parts by carefully pulling on them and cutting them free. Removing the urinary sack can be done while slowly cutting around the sack, being careful not to spill any on the meat. There are videos on YouTube on field dressing your deer, and they can ensure you that you do it properly.

Now that you have a deer to remove from the woods, you should be in good shape to drag the deer out to your car. If not, you need to get help. Deer carriers also work well, but an extra hand from a friend makes things a lot easier.

Wait! You forgot to wrap up the deer liver

and heart for transport. These two organs are delicious to eat, and should not be left behind for the wild animals. If you do not eat them, give them to a friend or local Rod & Gun Club for their wild game supper.

Hanging the harvested deer for a few days in a cooler will improve the taste of the meat, but you need to ensure the deer is kept cool until processing. Never hang a deer in a tree, especially if rain is predicted. I hung my first deer in a pine tree for a few days. It rained a couple of the days, but I did not think it would hurt to hang it there. When I started to process my deer, I brought a couple of steaks into the house for supper. All of the meat was tainted with pine sap, and it tasted as though it was soaked in turpentine! What a waste!

Many hunters bring their deer to a meat processor, and have it properly cut to their specifications. Roasts, steaks, sausage, hamburger & stew meat are going to supply your family and friends with some good eating in the coming months, but it needs to be properly cared for and processed. It is best to use a vacuum packaging



Courtesy

This week's picture shows Jeff Graves with a salmon he caught a few weeks ago on the Salmon River. Fishing was slow but everyone had a great time.

machine for all meats and fish. One of the top-rated machines are the Nesco VS-12 from Amazon which cost \$100. The Mueller Austria Vacuum Sealer is a bit cheaper, at \$60 from Amazon.

You can also freezer wrap your meat in a good freezer wrapping, ensuring that you squeeze all of the air out, which is responsible for freezer burn. Be sure to label

all of your meat before placing it in the freezer. If properly processed and wrapped with freezer wrap, your meat should stay good for at least six to 10 months. With the cost of meat rising every day, a freezer full of venison will keep your family well fed. Do not forget to share some venison with the landowner!

Rabbit hunting locally is providing a bit of hunt-

ing for hunters that own a good beagle. The upswing in rabbit populations this year is promising a better season for the once popular sport, and they are good eating. Snowshoe hare are still providing some hunting North And West of the valley.

Take a kid Fishing & Keep Them Rods Bending!

Tips for buying antiques and collectibles

In my recent columns, I offered tips for selling your antiques and collectibles. I realize many of you enjoy the thrill of hunting for items for your collections, so today's column will focus on tips for collectors.



ANTIQUES, COLLECTIBLES & ESTATES
.....
WAYNE TUISKULA

I received a question at a recent presentation which made me think more about how collectors can find items for their collections. The person who asked the questions collects pocket watches. He said that he frequently goes to estate sales and tag sales but only occasionally finds pocket watches. When he goes to antique shops, he sometimes finds booths that are full of pocket watches and wonders how dealers are able to find large collections of watches that can fill a booth in an antique shop.

Whether you are collecting pocket watch-

es or have a different item you're hunting for, there are some things you can do to improve your odds of making that next great find. I'll discuss pocket watches in this column because that's what the person who asked the question was interested in, but these tips apply to any type of antique or collectible.

The most important step is to learn as much as you can about the items you are interested in collecting. You can find books on almost area of collecting to increase your knowledge. You can also find plenty of websites full of information. For example, a web search for "collecting pocket watches" produced nearly eight million results. Many dealers like sharing their knowledge and passion for what they sell. If you find someone who spe-

cializes in what you collect and it is a slow time during a show, they'll likely be very happy to answer your questions and offer advice to a fellow collector. If there is something specific that you collect, they may even contact you if they happen to find items that may interest you.

When I answered the question about where dealers get their inventory, I explained that there are many different ways and dealers often use a combination of methods to acquire items. Some dealers are also collectors and sell items for extra cash to purchase items for themselves. Many purchase items from estate sales and auctions. When people see that a dealer at a show or in a shop specializes in specific such as pocket watches, they may be inclined to bring their watches specifically to that dealer to sell.

My advice for collectors who are looking for specific items is to cast a wide net in your search.

Visit local antique shops and speak with the owners. Go to estate sales, tag sales and flea markets. Websites like estate-sales.net and estatesales.org list local sales. These sales are primarily run by estate sale companies, but you can find smaller sales run by individuals in the classified ads of this publication and other newspapers. You can also find live and online auctions on auctionzip.com.

Before I became an auctioneer, I spent Saturday mornings at estate and yard sales and Sundays at flea markets and antique shows looking for things for my personal collection. I rarely found the local sports and railroad memorabilia that I was looking for, but I was able to find many other items that other collectors might be interested in. I sold items I didn't collect and had some additional funds to buy things for my collection. Even though the weather is getting cooler, there are still plenty of sales running and you can always



buy or bid online. Happy hunting!

We currently have two online auctions running. Session I with gold jewelry, diamonds, gold coins and Rolex watches ends Nov. 30. Session II with sterling silver, paintings and other artwork, silver coins, sports cards, comic books and other antiques and collectibles ends on December 1st. Please

visit our website for more details on upcoming events: <https://central-massauctions.com>

Contact us at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com



Melinda Myers

Mums add beauty and fall color whether growing them indoors or in the garden.

The rich colors and fall bloom of Chrysanthemums represent fall for many. It's also the November birth flower symbolizing cheerfulness, optimism, and friendship. Add a few to your indoor décor and help improve the indoor air quality in your home.

This traditional favorite is often overlooked for other newer introductions. Mums' long vase life, variety of flower shapes, and array of colors have helped it maintain a role in flower arrangements, gift plant sales and fall gardens.

These plants begin to flower based on day length. As days shorten and nights lengthen, the plants begin to

flower. Those grown as gift plants, often called florist mums, or for cut flowers usually require the longest periods of uninterrupted darkness or shorter days. Growers can force them into bloom any time of the year by covering them to create the shorter days that initiate flowering. When these mums are grown under natural daylight they flower in late fall or early winter.

Maximize your enjoyment of potted gift mums by selecting plants with deep green leaves and only a few open flowers. Then enjoy watching the remaining buds burst into bloom.

Place the plant in a cool, brightly lit location free of drafts that can cause buds to drop. Water thoroughly and pour off any excess water. Or reduce maintenance by placing pebbles in the bottom of the foil wrap, decorative basket, or saucer. The excess water collects in the pebbles below the pot and eventually evaporates, increasing the humidity



GARDEN MOMENTS
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MELINDA MYERS

ty around the plant. Remove faded flowers to keep your plant looking its best. Once it's done blooming, you can enjoy the greenery or add the plant to the compost pile. Keep in mind florist mums may not thrive or flower in the garden like those sold as hardy or garden mums.

Grow mums headed to the garden in a sunny window and water the soil thoroughly whenever it starts to dry. Wait for the danger of frost to pass before moving the mum outdoors. Pinch the plant back to four to six inches throughout June to keep it tidy and compact. Those with long growing seasons can continue pinching plants through mid July. If lucky, you will have flowers before the snow flies.

Next year, consider planting a few mums in the garden for an added blast of fall color. Garden mums are sold at nurseries and garden centers each fall. They may be hardy and suited to the area, but all the energy is directed to the

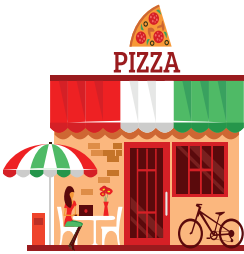
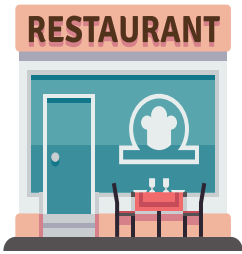
flowers. This leaves little to establish a hardy robust root system for winter survival.

Those sold as perennial mums are usually hardy enough to survive the winter and flower early enough to provide weeks of color in the garden. Increase your success by planting them in spring. This allows the plant time to develop a robust root system before it begins flowering in the fall.

As the holidays approach, celebrate the season with a potted chrysanthemum or a few flowering stems. Then plan on adding some perennial mums to your garden next summer.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.melindamyers.com.

ALL WE KNOW IS LOCAL ~ StonebridgePress.com



Tigers keep winning, this time over Keefe Tech, to reach State Final Four



Douglas’ Ryan Bonin sends a booming kick down the field.

BY NICK ETHIER
SPORTS EDITOR

MILLBURY — Playing as the No. 3 seed in the MIAA Division 5 Boys’ Soccer State Championship Tournament, Douglas High should — in theory — reach the Final Four. But the Tigers still needed to play the games, and win them, in order to do so.

After dispatching visiting No. 30 Quaboag Regional, 4-0, in first round play, Douglas hosted its Round of 16



Billy George of Douglas uses his head to get the ball back to the ground.

game at Millbury High’s Alumni Field on Wednesday, Nov. 10 versus No. 14 Granby High. There, Aidan Ferguson’s hat trick propelled the Tigers into the Round of 8 following a 3-1 win.

Then, with that berth into the Final Four now on the line, Douglas again played its home game at Millbury High, hosting No. 11 Keefe Tech on Saturday, Nov. 13. A first half strike off the foot of Chris Dame was all the Tigers needed, but they added a pair of second half goals to win a 3-0 decision.

“They were scrappy, and we knew that coming in. They have two kids that can give you some offensive play,” Douglas head coach Alex Ferguson said of the Broncos’ Brayan DeLima and



Douglas’ Chris Dame uses his speed to move the ball into Keefe Tech’s side of the field.

Jhonnathan Medina. “We’ve been working on making sure nobody is left open. We pressure the ball pretty well.”

DeLima and Medina had limited, if any, chances all game long and Tigers’ keeper Pat Welliver had a five-save shut-out.

Dame scored the eventual game-winner in the 27th minute when teammate Michael O’Toole worked the ball to the outside right, beat his defender to the spot, and sent a crossing ball into the box. After Keefe Tech misplayed the ball, it found the foot of Dame. He then shot past keeper Julio Pereira Hernandez for the 1-0 lead.

“I think they should have cleared it, but it was a lucky break there,” Dame explained, adding that he “got a little

nervous there” when he had so much unexpected time and space before scoring.

The Tigers doubled the lead in the 58th minute on Owen Gray’s great individual effort. He twice outworked Bronco defenders while making his way toward the goal. He was then freed up and blasted a shot in.

“It’s just running hard through the ball, I guess, and giving effort,” Gray said of how he was able to score.

“He looked up before he shot it. He picked his spot, and that’s the thing. Most kids panic in that area,” added Alex Ferguson.

Douglas’ Evan Wheeler added an insurance goal in the 75th minute. Just moments after being denied a goal on a nice save by Pereira Hernandez, Wheeler had another chance and took advantage of it.

“Evan had some patience. He took a touch, took a touch, and then he waited and popped it into the corner,” said Alex Ferguson.

And now the Tigers (13-5-2) are in the Final Four, where they will do battle with No. 7 Westport High (16-2-2). The game will be played on Wednesday, Nov. 17, which comes after press time.

“I would have never thought this was going to happen in the beginning of the season in terms of graduating nine seniors from last year and having five kids never play varsity and now starting,” said Alex Ferguson.

POSTSEASON SCOREBOARD

Beavers reach State Tournament Round of 8 in girls’ soccer, but fall in close contest to Millbury

By Nick Ethier
Sports Editor

MILLBURY — The ultimate rubber match between the Blackstone Valley Tech and Millbury High girls’ varsity soccer teams took place at Alumni Field on Saturday, Nov. 13 when the two tangled in a MIAA Division 4 State Championship Tournament Round of 8 matchup. The Beavers and Woolies split a pair of regular season contests, and the stakes were certainly elevated in this one.

“Both teams are very good teams. We’ve been battling all season long. They beat us once in the regular season, we eat them once in the regular season, and we knew it was going to come down to one goal,” said Valley Tech head coach Jay Porter.

And it did come down to one goal, which was scored off the foot of Millbury’s Cali Brouillard in the 45th minute. The 1-0 victory advanced the fourth ranked Woolies (14-4-3) to the tournament’s Final Four. The fifth seeded Beavers finished 16-2-2.

On the scoring play, Brouillard turned and shot a 33-yard laser, which was wind-aided. The ball kept elevating, and it got past keeper Ella Gumienney (two saves). Keeper Katelyn Steele made four saves in first half play.

“It’s tough with the wind. We had it in the first half and they had it in the second half, so we knew that there were going to be some long-ball shots,” said Porter.

Valley Tech’s Emma Ballard and Faith Sawyer had quality second half



Blackstone Valley Tech’s Lillian Bousquet lines up a corner kick versus Millbury.

scoring chances, but they couldn’t find the back of the net.

“I’m proud of the girls,” Porter said. “It’s overall one of the better teams that I’ve had, and we’ve had really good teams. It wasn’t one or two players — it really was a team effort.”

Back on Tuesday, Nov. 9, the Beavers advanced to the Round of 8 by taking care of No. 12 Mashpee High, 4-1, in the Round of 16. Sawyer, Maggie Nugent, Laney Beahn and Ballard all scored goals to help lead Valley Tech to victory.

Elsewhere, in the Blackstone Valley:

Tuesday, Nov. 9

Division 5 Girls’ Soccer Round of 16

(8) Millis 2, (9) Douglas 0 — The Tigers’ season came to a close at the hands of the Mohawks, but it was a successful year nonetheless for 10-7-1 Douglas.

(15) Carver 2, (2) Whitinsville Christian 0 — Unfortunately for the Crusaders, they were upset in tournament play. Whitinsville Christian finished 15-3, having allowed only eight goals against all season long.

Division 4 Volleyball Round of 16

(9) Nipmuc 3, (8) Blackstone Valley Tech 2 — In a volleyball version of The Battle for Pleasant Street, the Warriors crossed the road and won a tight decision over the Beavers. Valley Tech won the first two sets, but Nipmuc won the final three. Set scores were 23-25, 9-25, 25-19, 25-17, 15-13. The Beavers ended with a record of 15-5.

Wednesday, Nov. 10

Division 4 Boys’ Soccer Round of 16

(2) Easthampton 2, (15) Blackstone Valley Tech 0 — The Beavers fought tough against one of the top teams in the bracket, but they dropped the decision and finished 12-4-3 on the year.

Friday, Nov. 12

Division 6 Football Round of 8

(8) Blackstone Valley Tech 28, (1) Stoneham 14 — Trailing 14-7 at the half and 14-13 through three quarters, the Beavers rallied by winning the fourth quarter 15-0 to upend the top seed (9-1). Valley Tech (6-2) will next play No. 4

Rockland (8-1) with a berth into the State Championship game on the line. The game takes place Saturday, Nov. 20 at 1 p.m. at Walpole High.

Saturday, Nov. 13

Division 3 Cross-Country Qualifying Races

Uxbridge’s Ross (3B), Northbridge’s Reilly (3A) shine — Competing at Stanley Park in Westfield, the locals dominated the competition. In the Division 3B race, the Spartans’ Ross won the 5k race in 15:11, over a minute better than the competition. And in the Division 3A race, the Rams’ Reilly also won, his time being 16:06. Both will run in the Division 3 State Championship race at the Wrentham Development Center on Saturday, Nov. 20.

Division 2 Cross-Country Qualifying Races

Lashley wins 2C meet, helps Whitinsville Christian to team title — Molly Lashley of the Whitinsville Christian School won the Division 2C race at Gardner Golf Course, running the 5k in a time of 18:50. In addition to Lashley, the Crusaders’ Emily Dill (fourth place in displacement scoring), Sophia Dill (sixth place), Emelyn DeWeerd (11th) and Fiona Donnelly (12th) all raced well en route to winning the team title. Whitinsville Christian will compete in the Division 2 State Championship meet at the Wrentham Development Center on Saturday, Nov. 20.

UXBRIDGE

continued from page A1

and come together.”

That was an understatement as the Spartans, seeded third in the MIAA Division 4 State Championship Tournament, were nearly flawless on corners versus No. 19 Lunenburg High in a Round of 16 matchup on Wednesday, Nov. 10. Uxbridge converted on its first four penalty corner opportunities. The Spartans ultimately scored six times as a result of corners and cruised past the Blue Knights, 8-0.

“We’ve been practicing on it a lot. It’s seven [versus] four, so we always try to take advantage,” Nummela said of the corners and their importance. “I feel like we really just capitalized on each opportunity that we had. We saw the pockets, we saw the open shots and we were always in there feeding it to each other.”

Uxbridge took a commanding 3-0 lead after the first quarter of play when Lunenburg was unable to clear the ball out of the scoring circle on the Spartans’ third corner. From there, Blood stole the ball and fired a shot in for her second goal of the contest.

Midway through the second quarter was when Uxbridge took a 4-0 lead on — you guessed it — their fourth corner opportunity. Nummela serviced the ball onto the stick of Kaeller, who slid a pass to Blood. And although Blood’s chance didn’t go in, the ball ultimately found Kaeller,

a corner, and this one was fed to Chloe Kaeller. From there, Kaeller passed the ball back to Nummela, who stationed herself next to the left post. Nummela tipped the ball in, and the Spartans had a 2-0 lead.

“We used to not be so strong on our corners, but recently we’ve gotten a lot stronger with them,” said Nummela. “We really try to draw the defenders out and create space in the circle to capitalize.”

The Spartans led at the half, 5-0, thanks to a goal by Ellie Bouchard and an assist from Kaeller.

Kendall Gilmore got in on the fun in the third quarter when a corner led to her goal. And Uxbridge scored once more in the third when Kaeller and Casucci executed a two-on-one perfectly, with Kaeller finishing off the goal.

A fourth quarter goal from Bouchard (Blood assist) from a corner — of which the Spartans finished with 12 — accounted for the 8-0 final score. Uxbridge had 23 shots on the cage and goalie Malia Ruggiero made 15 saves. Spartans’ goalie Jessica Lutton had a two-save shutout.

Uxbridge (18-0-2) then hosted No. 6 Cohasset in the Round of 8 on Saturday, Nov. 13 and won again, this time 3-0. Kaeller scored twice and added an assist, while

and she passed over to Julianna Casucci, who scored.

“We hope to keep going far,” Nummela said following the Lunenburg victory. “I’m just glad we made it this far, especially for my senior season.



Uxbridge’s Bailey Dzivasen maneuvers the ball past Lunenburg’s Autumn Tibbetts.



Ellie Bouchard of Uxbridge stick-handles the ball down the end line and into Lunenburg territory.



Chloe Kaeller of Uxbridge tries to intercept a pass intended for Lunenburg’s Autumn Tibbetts.

Bouchard also scored and Blood picked up an assist. The Spartans are set to play No. 2 Manchester-Essex Regional (16-4-1) in the Final Four on Tuesday, Nov. 16, which

comes after press time. “We hope to keep going far,” Nummela said following the Lunenburg victory. “I’m just glad we made it this far, especially for my senior season.

It’s a really good feeling and I love the girls on my team. We’re all so close and going on this ride together is just really good.”

Battista again the overtime hero for Rams, who top Uxbridge in State Tournament

NORTHBRIDGE THEN FALLS IN ROUND OF 8 TO HAMILTON-WENHAM



Nick Ethier

Northbridge's Karlee Battista, center, is congratulated by teammates after scoring the golden goal in the Rams' 2-1 victory versus Uxbridge.

BY NICK ETHIER
SPORTS EDITOR

UXBRIDGE — After battling to 0-0 and 2-2 ties during regular season play, it should come as no surprise that the Northbridge and Uxbridge High girls' varsity soccer teams were again deadlocked — this time 1-1 — through 80 minutes of regulation when the two tangled in a MIAA Division 4 State Championship Tournament Round of 16 game on Tuesday, Nov. 9.

And, with the heater that the Rams' Karlee Battista has been on, it should also come as no surprise that she scored the winning goal. Awarded a free kick from 25 yards out just two minutes into the first of two 10-minute golden goal overtime periods, Battista sent her shot toward the left corner of the net. Uxbridge keeper Saige Frazier dove to her right and got her fingertips on the ball, but it bounced inside the post and in.

For Battista, it was her second overtime tally of the playoffs — she lifted the 10th ranked Rams to a 2-1 victory over No. 23 Southwick Regional five days prior in the Round of 32 — and she has scored all four of Northbridge's playoff goals.

"I don't want to play 20 minutes longer, so I just give it all I can in order to get that first goal," Battista said of the pair of OT winners.

Battista then admitted that the left corner was not her intended target.

"Not going to lie, I was going far post

but the way it hit my foot it went near post," she said. "But it went in the back of the net and that's all that matters. When it went in, I just ran to my whole team — I was so happy."

"She's been our [defensive] center back all season, so to switch her up top, you can just tell when she turns it on that she's going for goal," head coach Kristin Strazzulla said of Battista's scoring prowess.

Battista, who scored five times in the regular season, got the Rams on the board first in the 12th minute. There, she went in on a breakaway and did the rest.

"I stole it from the defender and took three or four touches until the goalie gave me the angle," Battista explained.

Northbridge held that 1-0 lead until 18:46 remained. The Rams were called for a foul and Uxbridge's C.C. Schleinitz delivered on a 25-yard free kick of her own, this one from the right side.

"It was essentially their heart, they wanted it," Allyson Durkin, head coach of the Spartans, said of rallying to tie the score. "We've tied Northbridge twice in the regular season and this was our opportunity to break that on our home field. We're very equal teams."

Strazzulla also spoke on the evenness of the squads.

"We totally expected a battle all the way through. It's a great team, great goalkeeper, great senior leadership and I look forward to hopefully battling



Skylar Lovell of Uxbridge races up to a loose ball and gains possession.

these guys for a lot more years," she said.

Uxbridge carried the play for much of the second half, but Northbridge keeper Madison Thibeault made five of her nine saves in the second 40-minute stanza.

"I give a lot of credit to my freshman goalkeeper, Madison Thibeault. She had a couple of huge saves during that tide turn and I think if she doesn't, we're losing," said Strazzulla.

Thibeault made the saves, and then Battista scored the goal to move the Rams into the Round of 8, where they played No. 2 Hamilton-Wenham Regional. And although the Generals ended Northbridge's season at 9-7-3 with a 2-0 victory, Strazzulla was proud of how her team was able to win a pair of playoff games.

"Getting ready for this postseason, I think we were concerned," she expressed. "We hadn't played games [in 13 days], so when we came out in our first playoff game, we were a little flat. But I also think it made these girls hungry."

Uxbridge finished its season with a record of 8-6-4.

"This is my first season in Uxbridge, so it's been a hell of a season for me and the girls in general. They're a great group, they work hard on and off the field. I couldn't be more proud," said Durkin.

Whitinsville Christian, Douglas each reach Round of 8 in MIAA Volleyball Tournament



Nick Ethier

Whitinsville Christian's Ella Rejmer gets her arms on the ball to help return a Paulo Freire serve.

BY NICK ETHIER
SPORTS EDITOR

NORTHBRIDGE — Paulo Freire, a charter school in Chicopee, proved to be too much for the Whitinsville Christian School's varsity volleyball team when the Panthers and Crusaders clashed in a Round of 8 matchup in the MIAA Division 5 State Championship Tournament on Thursday, Nov. 11.

Although No. 17 Paulo Freire didn't appear to look too intimidating at first glance, the Panthers proved to be a dominant squad once they took to the court. Paulo Freire defeated No. 9 Whitinsville Christian 3-0, winning the sets 25-12, 25-15, 25-10. The Panthers are now an undefeated 23-0 and haven't dropped a set all season long.

"They were really even-keeled, a solid team all the way around. They had a really good outside hitter, better than we have seen all season," said Crusaders' head coach Kelly Penning via telephone on Nov. 12. "We had seen a little of them before the match and I'm really thankful for that. We had seen how they did against Hopedale. Every player on their team was solid."



Hope Brookhouse of Whitinsville Christian serves the ball up and over the net versus Paulo Freire.

Whitinsville Christian hung tough, though, and were constantly digging out would-be Panther points. Ella Rejmer (43 digs), Hope Brookhouse (30 digs, 3 kills) and Abby Goodell (8 digs, 6 assists), the Crusaders' three senior co-captains, combined for 81 digs.

"What that really speaks to is we had a lot of super long rallies, which is great. We were excited to see that," explained Penning.

Penning noted that Rejmer was playing the libero position, which wasn't her normal spot on the court heading into the season.

"Ella has never played libero until halfway through this season. It's a highly specialized role. It was really great to see her step into that role," said Penning.

The fourth-year coach also spoke highly of Brookhouse, the lone player that took part in Whitinsville Christian's run to the Division 3 State Championship game back in 2018, when she was a freshman.

"She has been amazing for the program. What's been really cool is she was already such a strong player as a ninth grader, and she was able to look up to those older players. As she got older, she turned into one of the best players that we've had in the program," said Penning. "That quiet leadership is what we saw from her. That's someone we're really going to miss."

In all, the Crusaders will be losing seven seniors. They include Rejmer, Brookhouse, Goodell, Annika Holm, Emma Johnson, Juliana Buchanan and Lois Powers.

"That's something we'll miss next year," Penning said of the senior leadership.

Whitinsville Christian finished the year with a record of 11-11. They had a 9-10 regular season but reached the State Tournament thanks to its strong power ranking. They then won a pair of playoff games before falling to Paulo Freire.

"You like to have a program where even when you don't finish .500, we were able to qualify with our power ranking. It was a consensus among the DVC coaches where we're really excited about how strong our conference is," said Penning.

Douglas also reaches Round of 8

In addition to Whitinsville Christian, another Dual Valley Conference (DVC) team in No. 10 Douglas High also reached the Round of 8 in the MIAA Division 5 State Tournament. The Tigers also lost on Thursday, Nov. 11, falling to No. 2 Frontier Regional 3-0. Set scores were 25-10, 25-11, 25-7. Arianna Souphida led Douglas with 16 digs.

"Frontier has been one of the best programs in the state for several years. We knew we had our hands full," head coach Greg Bernard said via text message on Saturday, Nov. 13 while on a family vacation. "They played a strong defense, which really made it hard for us to get down balls and kills. Our girls played their hearts out and gave them all they had. We never quit."

The Tigers were in the tournament quarterfinals after upending No. 7 Tri-County Regional 3-2 in the Round of 16 on Tuesday, Nov. 9. Set scores were 19-25, 25-21, 18-25, 26-24, 15-12. In that matchup, Ava Lemire (4 blocks, 7 kills, 5 aces), Katie Peloquin (10 kills, 3 aces), Abby Damasio (28 assists, 2 aces) and Souphida (24 digs) led the way.

Douglas finished its season with a record of 13-9.

"This team did some really special things all season, and they know that," said Bernard. "We will leave this season with our heads held high!"

Firing on all cylinders, Northbridge easily dispatches West Boylston

BY DEAN ST. LAURENT
SPORTS CORRESPONDENT

NORTHBRIDGE — On Thursday, Nov. 11, the Northbridge High varsity football team (9-1) hosted West Boylston High (7-3) in the MIAA Division 7 State Tournament Quarterfinals. It was a beautiful night for football, the brisk fall air mixed with a loud home crowd made for great playoff energy at Lasell Field. The Rams ran with that energy and ran their way into the State Semifinals with a convincing 42-13 win over the Lions.

The energy was felt from the get-go, especially on the defensive side of the ball. Both teams were held to punts on their first offensive drives. However, Northbridge was able to move the momentum needle just a bit to get on the board first late in the opening quarter. The Rams forced back-to-back punts from the Lions' offense and were able to capitalize following a big punt return from senior Tim Visbeek. Following the return, the Rams took over the ball at the West Boylston 20-yard line.

On the first play of the drive deep in Lions territory, Northbridge quarterback Ryan Boyce executed a perfect play-action play, rolled to the right, and delivered a strike to Visbeek in the corner of the end zone for a 20-yard touchdown. After a successful point-after, the Rams led 7-0 with a minute to go in the first quarter.

With the home crowd behind them, Northbridge continued their success and shut down West Boylston's attempt to counter with a touchdown drive of their own and forced a three-and-out. The Lions punted and pinned the Rams' offense at their 4-yard line which turned out to be huge for the Lions.

Northbridge started quick and ran for a first down on their first play of the drive, but it was negated by a block-in-the-back penalty. This is where aggressive play-calling got the best of Northbridge and let West Boylston back into the game.

Boyce was sacked on first down and threw an incomplete pass on second and long. Despite the circumstances the Rams decided to pass on third and long, and Boyce rolled to the right and quickly gathered pressure from the West Boylston defense. In a split-second decision the senior flicked the ball across his body right before getting taken down for a safety that was intercepted by Lions' defensive end Jamie McNamara and returned for a touchdown. The contest was tied early in the second at 7-7 following a successful point-after.

"I am an impatient coach," smiled Northbridge head coach Ken LaChapelle. "We ran for a first down and had a penalty on it and all of a sudden it is second and long and sometimes second-and-3 is passing down to me so second and long means I better put the ball in the air. It was not too smart on my part, but my kids responded well. We went down and scored and got that touchdown right back. We had a good kickoff return and then the defense did their job and held them. It is bend, bend, bend with that type of offense [double wing], but the important thing is that we kept on responding. I thought our offensive line was outstanding today"

Despite the defensive touchdown by West Boylston, Northbridge remained composed and responded with a scoring drive on a different approach. Northbridge began to run the ball and back Collin Falconer got his first carry on the Rams' fourth drive of the game and didn't disappoint. Falconer had runs of 14 and 27 yards and it led to a 7-yard touchdown by Rory Schofer from Boyce on a swing pass.

The ground game helped Northbridge score 21 unanswered points and take a 28-7 lead into halftime. Boyce connected with Visbeek twice for 20-yard touchdowns, once with Schofer, and ran in a 5-yard touchdown. Northbridge scored on all their offensive drives in the first half following the interception.

"I wouldn't say we focused on it, I think this is what happened as the year has gone on," LaChapelle expressed about the ground game. "It has been a real strength to us. Even though I like to throw the ball and we continue to do that, it is nice to know when you need four or five you have a line that can get that four or five."

West Boylston then opened second half scoring with a 1-yard plunge by senior fullback Nathyus Bonefont. Northbridge blocked the point-after, but the Lions cut the lead to just two touchdowns halfway through the third quarter, 28-13.

Falconer ran three times on the Rams' next drive and on the third handoff he got loose for a 54-yard touchdown. Northbridge extended the led to 35-13 and after a Visbeek interception on the Lions' next drive, the Rams put any hopes of a West Boylston comeback to rest. Tyler LaChapelle got into the end zone early in the fourth for the last score of the game.

Falconer ended the game with nine carries for 159 yards and one catch for 11

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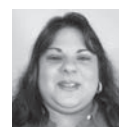
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ON DEPOSIT

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SIGN
continued from page A1

ened up the existing frame on the common with a fresh coat of black paint.”

“Our students worked together throughout the entire process to complete the sign installation to the highest quality standards,” said Lamont. “I am proud of the work we did to preserve the history of our region using the tools, technology, and skills learned in the classroom.”

Recently, Lamont, accompanied by his sophomores, completed the final phase of the preservation project at the town common. First, Madison Moore of Millbury scraped tape off the old sign surface, preparing it for cleaning. Next, Logan Feehan of Northbridge cleaned the old sign surface to remove dirt and grime. Finally, Emma Sanborn of Milford evenly applied straight lines of an adhesive to the back of the new vinyl graphic before bonding it in place with the help of her classmates and instructor, according to BVT.

“It was very stressful making sure that the adhesive was evenly applied. But it was a wonderful opportunity to complete the task properly,” said Emma Sanborn of Milford.

“The Blackstone Heritage Corridor works with community partners to preserve and promote the Valley’s historic, cultural, natural, and recreational resources for current and future generations,” said Bonnie Combs, BHC’s Marketing Director. “It was a pleasure to complete this project with the support of Tom Lamont and the Painting & Design Technology Department at Blackstone Valley Tech.”

Visitors can stop by the common to admire the new sign and others that “connect us to the past with the story of Whitinsville as it relates to the American Industrial Revolution,” BVT added, and enjoy the Blackstone River Valley National Heritage Corridor.

SHOW
continued from page A1

We are already thinking of how we can improve next year.”

The show featured artwork in several galleries, including a high school gallery, middle school gallery, elementary school gallery, and galleries associated with the Blackstone Valley Art Association, headed by Bob Evans, according to a district statement.

“Each gallery was carefully put together by the district art teachers Amy Stand (high school), Bridget Moseley (middle school) and Michael Scafidi (elementary school),” said Douglas Public Schools Dean of Students Matthew Aronian. “The artwork chosen represented a wide array of different mediums and formats. Parents and friends of the district were able to purchase and bid for students’ artwork from the middle school gallery.”

The event also featured several student musicians, who were present in the galleries showcasing their talents, Aronian added, including: Catalina

Acosta (piano); Abigail Bilideau (vocals and cello); the High School Choir, headed by Al Denoncour; Ella Drumheller (ukulele and vocals); as well as Mia Hupprich, Tia Ouilette, Micheal Pulou, Gabriella Nordland, and Torynn Giunta playing music and dancing as visitors entered the building.

The Middle School Student Council, headed by eighth-grade ELA teacher Kathleen Hayes, supported the event by selling concessions to guests and serving as “art guides” in each of the galleries, he added.

“It was really cool to see the amount of foot traffic from the students who came to support their peers and cheer them on,” Aronian said.

The idea for the art show stemmed this summer from Douglas Business Director Cortney Keegan, who is “a huge fan of the arts,” according to Aronian. She was passing by sculptures and artwork in the middle school foyer when she suggested the idea of holding an art auction.

“The rest is history. All in all, the

event was a huge success and has set up a community event that we can hopefully put on year after year,” Aronian said. “I think any event where you can bring the community together and celebrate student success is important.”

Larson added that she has taken the lead in trying to reignite the Douglas Middle School PTO. She just finished a two-year stint with the Douglas Primary & Elementary PTO as the Secretary.

“My oldest daughter started middle school last year and I was shocked to see there was no PTO for [Douglas Middle School]. I have seen all the wonderful events and support the DPS & DES PTO give to the staff and I wanted to bring that back,” she said. “Myself, Mr. Aronian, and Mr. O’Brien (DMS principal) have been thinking out of the box for fundraisers to be able to do so. My goal is to raise enough money to hold a big dance outdoors in the spring.”

Larson added that the PTO is always looking for ideas, volunteers, and donations. To learn more, email Douglasmiddlechoolpto@gmail.com.

LIBRARY
continued from page A1

er terminals are going to disappear, said Snook.

“They’ve been working hard for the last 6+ years, and we have kept them limping along for as long as we can,” he said.

Rather than replace them with new workstations, the library has ordered a collection of laptops that will circulate over the desk for use anywhere in the library.

“These will run Windows 10 instead of Ubuntu and get

reset every time they power off,” Snook said. “We hope that the flexibility of laptops combined with the more familiar operating system will be a positive change for our patrons.”

Fall Storytime with Miss Debbie has also recently wrapped up at the library.

“I can speak for everyone here...when I say it has been lovely having the kids back in the Library,” Snook added.

The Winter Storytime schedule will start up on Monday, January 3, and Snook said that hopefully by then the library will be able to “significantly increase” the cap on group size. For more information, visit mysfpl.org.

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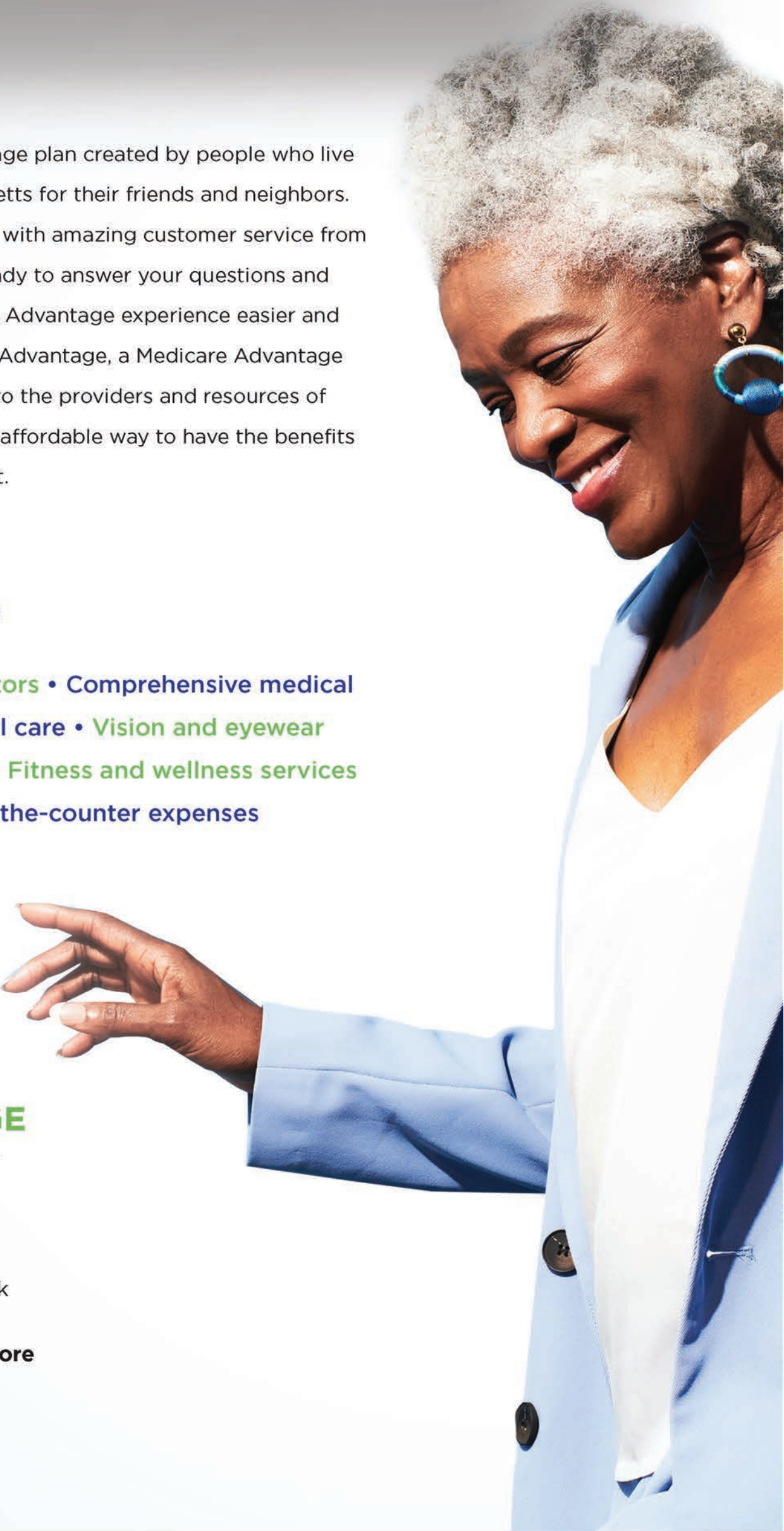
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NORTHBRIDGE
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yards and gave all credit to his offensive line.

“We are known for being a passing team, Coach LaChapelle loves to pass the ball and a lot of our big plays come as a result of those pass plays, but we got a lot of tough linemen, big guys that want to run the ball because it keeps them aggressive and we move down the field,” expressed Falconer. “I think that it is something that is not looked at as much as it should be for us because we have a really tough line and some guys that love to run the ball. I think it is something we have always been able to do, especially with our quarterback being so mobile, and I think it is something we should continue to do since we are having so much success with it.”

The win advances Northbridge to the Division 7 State Semifinals to take on top seeded Wahconah Regional on Saturday, Nov. 20 at Holyoke High at 1 p.m. And, with a big group of seniors, the Rams are confident.

“This has been their goal all along, we have got 22 seniors,” stated LaChapelle. “Any time that you’ve got a team that is loaded with seniors and some pretty good skilled players, we have high expectations here. We come in not hoping to win, but expecting to win.”

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