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Friday, January 17, 2020

# Do you want to paint a snowman?



Charlton Public Library Assistant Children's Librarian Melinda Beaudette shows kids the painting they were meant to replicate during a special youth paint and sip night.

BY JASON BLEAU

CHARLTON - They say art is one of the most important forms of creative expression, so it's no surprise that artforms like painting have become a popular pastime especially in the form of paint and sips. While the traditional versions of these modern group activities involve adult beverages and maybe a few laughs at each other's expense, the Charlton Public Library children's programs have adapted the idea to a more kid friendly version allowing youngsters an opportunity to stretch the limits of their own creativity while also embracing

On Tuesday, Jan. 7, the Charlton Children's Library hosted a special paint and sip night of their own giving participating youngsters the chance to enjoy hot chocolate while trying their hand at painting a snowman. Assistant Children's Librarian Melinda Beaudette led the exercise and painting the original painting the children were meant to replicate. She said the library hosts several programs each month for kids to enjoy and the goal is to not only help them learn the value of creativity and originality while balancing structure and direction but also to show that there's more to a library than just books,

array of kids and ages There's a w involved. It's a nice mix. Just coming to the library is huge for them. For them to know this exists and that there's more to the library than just books is important. It gives them a chance to do crafts or activities they may normally not get to do at home,' Beaudette said.

Please Read SNOWMAN, page A4

# Experience an "Evening of Illumination" at Old Sturbridge Village



How did New England families spend their evenings before the intrusion of texting, telephones, TVs and computers? Visitors to Old Sturbridge Village will get a rare chance find out as they tour the historic Village lit only by candles, oil lamps, lanterns, and firelight during Old Sturbridge Village's 'Evening of Illumination.

STURBRIDGE — How did New England families spend their evenings before the intrusion of texting, telephones, TVs and computers? Visitors to Old Sturbridge Village will get a rare chance find out as they tour the historic Village lit only by candles, oil lamps, lanterns, and firelight during Old

Sturbridge Village's "Evening of Illumination.'

Guided by lantern light around the Village Common, guests visit select homes and shops to see how early New Englanders spent their evenings in the days before elec-

Please Read OSV, page A2

# LPN uses love of nursing to inspire others

her passion and ever since she was a little girl Ana Parks, LPN knew that is what she wanted to do.

'I've always wanted to be a nurse, and I've been one since 2015," she said.

As Parks got promoted to Unit Manager at Beaumont Rehabilitation and Skilled Nursing Center at Northbridge, her love for nursing grew and so did her desire to inspire others in ful-

CHARLTON — Nursing is filling their dream to become a nurse. She knows how difficult nursing school is.

> "I did not have a formal mentor when I was a nursing student, but our instructors gave us guidance. I learned so much from my instructors and I did some things on a trial and error basis. I had great family support and friends from the healthcare industry," said Parks.

> She is aware that not everyone is blessed with the

same experience or support.

That's why she has made it her mission to help practical nursing students with the same passion and love for the

science and art of nursing. Several years ago, at the invitation of Gretheline Bolandrina MSN Ed, RN, CRRN Bay Path Practical Nursing Academy's Director, Parks gave an inspirational talk to encourage the class as they progress from term 1 to term 2 and battle the hur-

dle that is, Medical-Surgical Nursing. This year, PN Class of 2020 was welcomed into term 2 by Ana Parks, LPN and her giving continues. She spoke about her nursing journey specifically her learning strategies, experience as a student nurse and her current role as Unit Manager.

Rachel Carlisle of Oxford, a member of the PN Class of 2020 and a Certified Nursing

Please Read LPN, page A5



Courtesy Photo

Ana Parks with Rachel Carlisle.

# Lions test sight and hearing at Charlton schools



Courtesy Photo

From Oct. 1 through the 4th, the Lions Sight Mobile was parked at the Elementary, Heritage and Middle Schools to conduct vision and hearing screening for the 1st, 2nd, 3rd, 4th, 5th and 7th grade classes.

CHARLTON — From Oct. 1 through the 4th, the Lions Sight Mobile was parked at the Elementary, Heritage and Middle Schools to conduct vision and hearing screening for the 1st, 2nd, 3rd, 4th, 5th and

7th grade classes. The state requires sight and hearing testing for the children in these grades, and that heavy burden falls on the school nurses. Four years ago, Marilyn Gerrard, RN, the Nurse Coordinator for the Dudley Charlton School District, reached out to the Charlton Lions Club for help. According to Ms. Gerrard, the School Nurses' days are totally full. In addition to handling what most of us associate with school nurses; sick kids, bumps and bruises, rashes and bug bites, they now have to help school children who have significant medical needs, such as feeding tubes, diabetes and other major medical conditions (almost about 25 percent of the kids). Their offices are usually full, from beginning to end, and oh yes, let's not forget the paperwork they have to do when the kids are gone. Enter the out of the box thinking by Marilyn Gerrard; let's get some help from our local Lions Club. Lions are internationally renowned as the Knights of the Blind, and dedicate many of their efforts to help with sight and hearing

Gerrard contacted the Charlton Club and got the Lions to volunteer and perform the vision and hearing testing at the schools. The Lions tested 854 students during the four days, with the help of the school nurses and many parent and PTO volunteers from the town. Also, Gretheline Bolandrina, Director of the nursing program at the Bay Path Vocational High School, also sent over volunteers from Bay Path to help with the testing. Stephanie Moisan, the nurse

# Local photographer's work on display at library

AUBURN - Library officials and residents alike are excited about the continued display of a local photographer's work this year.

The Auburn Public Library recently announced that it will continue to exhibit Ron Rosenstock's lifelong work in photography for the entire year of 2020. Last week, library officials put the finishing touches on a new exhibit from Rosenstock called "Light is My Palette," a comprehensive showcase of the photographer's work that will remain set up until late spring.

For Rosenstock, it means a lot to receive continued support from the library and showcase his work to area residents. Each photograph tells its own unique story, and the collection is sure to inspire library guests and get them thinking positively.

"My photographs are not attempting to document a place or event, but they are an interpretation of the light,' Rosenstock wrote in a statement ahead of the exhibit's debut. "The subject of each photograph is the light reflecting on objects below."

A photographer since the 1950s, Rosenstock's work encompasses many formats and styles. He has been a photography instructor since 1967, mostly at Clark University, and he has exhibited his work in museums and other venues throughout the world. He also has permanent photography exhibitions at the Fogg Art Museum, Worcester Art Museum, the Mass. Institute of Technology, and the International Center of Photography.

Throughout his career, Rosenstock's intricate attention to detail augmented his natural talent. Residents are once again looking forward to seeing his work locally.

"Our eyes see subject matter, solid objects - and our brain tells us what we are seeing. I see what creates subject matter - form, light and shadow," added Rosenstock, who has also published six books of photographs and written several articles on photography. "Some photographers have said it's the difference between looking and seeing. Like making music, it comes with practice. If you don't know what you are looking for, you will never see it.'

Rosenstock also leads international tours for amateur photographers. Past trips have brought him to Italy. Morocco, New Zealand, Greenland, and Cuba, among others.

Back home in Auburn, the library will also feature several other exhibits throughout the year. Guests are invited to stop in and view the many inspiring works. All exhibits will be located in the library's Merriam Room; please call ahead to ensure the exhibit room is

To learn more about Rosenstock and his works, visit www.ronrosenstock.

For more information about upcoming programs and activities at the library, or to sign up for programs, call 508-832-7790. The library is located at 369 Southbridge St.

## Climate Change Cafe to spur community conversations, action

STURBRIDGE — Grassroots Central Mass, a network of local activists and community members trying to affect change locally and beyond, will host a Climate Change Café on Wednesday, Jan. 22 at 7 p.m. at the Duck (upstairs at Avellinos), 502 Main St., Sturbridge. The event is free and open to the public.

In an informal setting, attendees will discuss climate change concerns and brainstorm individual and community actions to address the crisis. The nonpartisan, educational event will highlight the top 10 ways to reverse global warming, germinate plans for local action, and help attendees build the knowledge base and confidence to talk about climate change in their social circles. Local experts and activists will be on hand to facilitate the discussion.

Learn more at www.grassrootscentralmass.org or email grassrootscentralmass@gmail.com.

#### Lasell University students named to Dean's List

NEWTON — Students at Lasell University, listed below, were named to the Dean's List for their strong academic performance in fall 2019.

Allyson Parabicoli of Uxbridge Sarah Reese of Uxbridge Kaylie Gonya of Uxbridge

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell. edu or at 617-243-2386.



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#### Office of Sen. Anne Gobi announces January office hours

REGION — Lucas McDiarmid, aide to Senator Anne Gobi (D-Spencer), will be holding office hours throughout the district during the month of January. Constituents and town officials are invited to meet to express any concerns, ideas and issues they have. Attendants should RSVP to Lucas at Lucas.McDiarmid@ MASenate.gov or by phone at (413) 324-3082. Town attendance is not restricted to residents of those towns. Lucas is additionally available by appointment.

Monday, Jan. 27 11:30 a.m.-12:30 p.m. Charlton Senior

2-3 p.m. Monson Town Hall

Wednesday, Jan. 29

11 a.m.-noon West Brookfield Senior

12:30-1:30 p.m. New Braintree Town

Offices 2-3 p.m. Brookfield Town Hall

6-7 p.m. Ashby Town Hall

## Local students named to President's List at Plymouth State University

PLYMOUTH, New Hampshire — 807 students have been named to the Plymouth State University President's List for the Fall 2019 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Fall 2019 semester and must have attempted at least 12 credit hours during the

Bryana Reardon, of Uxbridge Sally Cederberg, of Charlton

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

## Jessica Perkins named to Dean's List at Plymouth State University

PLYMOUTH, New Hampshire — Jessica Perkins of Uxbridge has been named to the Plymouth State University Dean's List for the Fall 2019 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 during the Fall 2019 semester and must have attempted at least 12 credit hours during the semester. Perkins is a Exercise and Sport Physiology major at

About Plymouth State University

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#### OSV

continued from page 1

tricity. Visitors will be treated to music and storytelling throughout the tour, and will see Village artisans at work by candlelight.

Following the tours, visitors return to the Bullard Tavern for light refresh-

ments, mulled cider, and a cash bar. Tours are limited to 15 people, and leave from the Visitor Center every 10 minutes from 6 to 7:30 p.m. Advance registration is recommended as this event historically sells out. Register by clicking your desired time below.

According to Old Sturbridge Village historians, early New Englanders stayed warm and productive during the fall and winter despite dwindling daylight and long hours of darkness. With light and heat coming only from candles, oil lamps, lanterns, and fireplaces, 19th-century families gathered around the fire and played music, games, or listened quietly as someone read aloud by candlelight. In contrast, today's hectic schedules rarely allow for quiet time like this in the evening - unless the power goes out in a snowstorm.

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\$275,000, 34 Northside Rd, Blanchette, Patricia M, and Blanchette, Keith, to Simple Dreams Realty LLC.

\$262,000, 33 Bay Path Rd, Andrade, Robert A, to Burns, Jesse, and Burns, Melissa.

\$125,000, Gale Rd, Phillips, James R, and Mellon-Phillips, Joyce L, to Charlton, Water.

\$89,000, Smith Rd, Roy, Deborah J, and Roy, Gerard E, to Nonno RT. \$85,000, 60 Ramshorn Rd, Seifert, Gary, to Hazel RT.

\$55,000, Boucher Dr, Gunter LLC, to Mcmahon, Richard J, and Avallone, Regina A.

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# Doing Burpees for a cause

BY JASON BLEAU CORRESPONDENT

DUDLEY - Nichols College students

accomplished quite the feat in late 2019 completing the "1,000 Burpees for \$1,000 Challenge" to benefit childhood cancer research



Courtesy Photo

Nichols College students meet with Quinn Waters, a young cancer patient who was the inspiration for the 1,000 Burpees for \$1,000 Challenge at the college

In a release from the college last month, it was revealed that numerous students came together to complete the challenge raising \$1,000 on behalf of Weymouth resident Quinn Waters, a three-year-old boy battling a cancerous brain tumor. The challenge concept originated from Assistant Professor Priscila Alfaro-Barrantes and three of her students from her Sports Management and Fan Engagement course, Melody Millett, Thomas Budzinski and Ethan Cayer all members of the class of 2021. Alfaro-Barrantes said she was drawn to Quinn Waters after his story received the attention of several big names including the Dropkick Murphys, New England Patriots and Boston Bruins but no colleges had taken the time to visit the young man. Alfaro-Barrantes and her students wanted to change that.

"I heard it on the news and thought, 'Someone has to go, a college has to go," Alfaro-Barrantes said in a press release.

This led Alfaro-Barrantes and her students to utilize one the grueling exercise of burpees in their challenge which resulted in student athletes completing 2,192 total burpees in only five minutes. The \$1,000 raised was donated to the Jimmy Fund to help fight childhood cancer and assist patients like Quinn. As for the young patient, Quinn's mother Tara Waters said that tests in October showed no growth of the disease and that Quinn was expect-



#### ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, email news@stone-bridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

ed to return to school in the new year. She commended the students for their efforts and said she appreciated that the students were willing to step up and be a part of Quinn's story.

"To be going through academics and a social life and to make time for a kid like Quinn is really unbelievable," Tara Waters said in a release.

She also stressed the importance of blood donations to helping with cancer battles all across the country.

"Since Quinn's diagnosis we learned about the desperate need for blood and platelet donations. We lost count of how many transfusions he had," she added.

The Waters family has asked anyone interested in doing their part to help cancer patients young and old to donate blood as local blood drives.

# Road rage incident leads to Connecticut man's arrest

BY KEVIN FLANDERS STAFF WRITER

AUBURN – A holiday season road rage incident on the Mass. Pike led to injuries and an arrest.

A Dec. 29 altercation between two motorists led to the arrest of a Connecticut man on several charges, State Police said. At about 9 p.m., state troopers received a call from a driver who was involved in a road rage incident with another driver while they both traveled westbound on I-90. The caller reported that the other driver had thrown a knife at him while the two vehicles were in motion, causing injuries to him and his passenger.

State Police Sgt. Dave Pinkham was later able to locate and stop the suspect vehicle, a 2015 Jeep Wrangler. Trooper Matthew Cunha conducted interviews with all parties involved and determined that Joshua Garrey, the operator of the Jeep, would face several charges.

Garrey, 26, of Wethersfield, Conn., was reportedly traveling westbound when he became upset with the victim, who drove a 2011 BMW 328. The incident initially involved one of the drivers cutting off the other, then escalated to lights being flashed, gestures expressed, and brake checks, police said.

When the incident continued to escalate, Garrey allegedly threw a folding pocket knife at the driver of the BMW. At the time the knife was thrown, the BMW driver's window was open, allowing the weapon to enter the vehicle, police said. The knife reportedly struck the driver, a 22-year-old man, as well as his 23-year-old female passenger, both from Middletown, Conn. Both victims sustained minor injuries.

Garrey was arrested by state troopers and charged with assault and battery with a dangerous weapon (two counts);



Courtesy Photo

A Connecticut man allegedly threw this knife at another driver during a road rage incident in Auburn.

negligent operation of a motor vehicle; following too closely; throwing an object on a highway; and failure to use care and caution.

Garrey was released on \$500 bail and will be arraigned this week at Worcester District Court.

Police did not release information on whether the BMW driver will face charges for his role in the road rage incident.

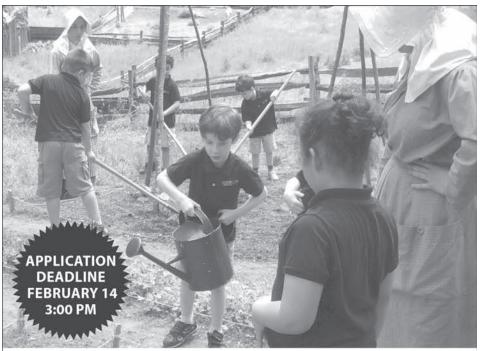
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Old Sturbridge Academy is accepting applications for anticipated openings in grades K-6 for the 2020-21 school year.

Applications will be accepted beginning January 3, 2020. Go to www.osacps.org or call 774-922-1840.

All applications must be delivered in person or mailed to: Old Sturbridge Academy, 2 Old Sturbridge Village Road, Sturbridge MA 01566 no later than February 14, 2020.

Application deadline is February 14, 2020 at 3:00 pm. Applications will not be accepted after this date and time. We cannot accept applications electronically.

**Lottery will be held on February 29, 2020 at 10:00 am** in the Stephen M. Brewer Theatre at Old Sturbridge Village Visitor Center.



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# Massachusetts clean energy industry grows for ninth consecutive year

**BOSTON** Massachusetts Clean Energy (MassCEC) Center today announced the state's clean energy sector has continued its trend of upward growth, adding 1,069 workers to the clean energy workforce between 2018 and 2019. The figures, released as part of MassCEC's 2019 Massachusetts Clean Energy Industry Report, found that the industry now employs over 111,836 workers in the Commonwealth, an increase of 86 percent since 2010.

"Massachusetts continues to lead the nation in building a dynamic clean energy industry, and we are pleased to see continued growth in jobs across the industry as well as in emerging markets like energy storage," said Gov. Charlie Baker. "Ensuring a resilient, clean and affordable energy portfolio is critical to our administration's efforts to mitigate the impacts of climate change while delivering cost savings and environmental benefits to cities and towns across the Commonwealth."

"We have built a vibrant clean energy industry by cultivating an innovative business climate here in the Commonwealth while investing in the bright entrepreneurs pursuing solutions to our greatest energy challenges," said Lt. Gov. Karyn Polito. "As the clean energy industry grows, we continue to see the benefits of job creation, business development, and economic impact in cities and towns across the Commonwealth."

The clean energy industry saw robust growth in its contribution to Massachusetts' Gross State Product (GSP), increasing five percent over the last year to contribute nearly \$14 billion to the statewide economy, accounting for roughly 2.5 percent of the GSP.

The report found that the clean energy industry employs residents in every region of Massachusetts and makes up about 3.1 percent of the Massachusetts workforce. The Southeast region saw the most job growth, with a 1.5 percent increase from 2018 to 2019, followed by the Northeast region, which recorded a 1.1 percent increase. The Northeast region, which includes Boston, makes up about 48 percent of total clean energy employment, with over 53,000 workers. Western Massachusetts saw a 3.2 percent increase in clean energy businesses and 0.6 percent increase in jobs, followed by Central Massachusetts which saw 3 percent growth in total clean energy businesses, and a 0.1 percent increase in jobs.

championing

nation-leading clean energy policies, the Baker-Polito Administration has laid the foundation for a mature clean energy industry to continue to grow in Massachusetts," said Energy and Environment Affairs (EEA) Secretary Kathle en Theoharides. "With our procurement of large-scale clean energy resources like offshore wind and hydropower, in addition to increased solar deployment through the SMART program, the outlook for clean energy in the Commonwealth is bright."

'The clean energy industry has seen significant growth over the last decade, adding over 52,000 workers since 2010," said MassCEC CEO Stephen Pike. "While Massachusetts has created a hub for cleantech innovation, the Commonwealth is positioned to capitalize on opportunities in emerging markets including clean transportation, building efficiency and offshore wind as we work to meet the challenges of climate change.'

Other findings show that energy efficiency, demand and management, and clean heating and cooling jobs make up the largest portion of clean energy employment, representing 81,293 jobs, followed closely by renewable energy with 27,510 jobs. The fastest growing sector of the clean energy workforce was alternative transportation, with 15 percent

This report reflects the Baker-Polito Administration's ongoing efforts to grow the Commonwealth's clean energy economy and meet its greenhouse gas emission reduction targets. In 2016, Governor Baker signed into law bipartisan comprehensive energy diversification legislation requiring utilities to competitively solicit and contract for approximately 1,600MW of offshore wind and approximately 1,200MW of clean energy. Under an environmental bond bill signed by Gov. Baker in 2018, DOER was directed to create a new clean peak standard for electricity suppliers to increase the usage of clean energy during periods of high, carbon intensive, and expensive electricity demand. The administration's solar incentive program, Solar Massachusetts Renewable Target (SMART), is supporting at least an additional 1,600 MW of solar in Massachusetts. nearly doubling the amount previously installed at half the estimated pricing of prior pro-

As emissions from the transportation sector account for over 40 percent of total emissions, the Baker-Polito

Administration is focused on investing in clean transportation solutions. Commonwealth is currently working with 10 other states across the Northeast and the District of Columbia to develop a market-based 'cap-andinvest' program to reduce the emissions that cause climate change, while creating economic opportunity and investing in clean transportation options. Last week, the administration announced a reopening of the Commonwealth's electric vehicle rebate program, Massachusetts Offers Rebates for Electric Vehicles (MOR-EV) beginning on January 1, 2020 and lasting through at least December 31, 2021, and an investment of at least \$27 million per year in 2020 and 2021 to electric vehicle incentive programs including MOR-EV.

"It is exciting to see that our already robust clean energy industry is becoming even stronger," said Senate President Karen E. Spilka (D-Ashland). "I am particularly pleased to see the economic and employment benefits of combatting climate change stretch to every corner of our Commonwealth. To that end, I look forward to seeing this industry expand even more as we embark on new solutions to reduce harmful emissions through the use of renewable resources and technology."

"Massachusetts nation-leading environmental and energy policies have propelled continued growth of the clean energy industry over the past decade creating more and more jobs across the Commonwealth," said House Speaker Robert A. DeLeo (D-Winthrop). "Not only have we created business opportunity, but we have cultivated innovation and cut our greenhouse gas emissions as a result of our forward-looking laws. I'm proud of the House's ongoing support for these issues."

'Massachusetts continues to generate growth in clean energy because we use a comprehensive combination of investments, regulations, incentives, and collaboration to build from a solid foundation," said Senate Minority Leader Bruce Tarr (R- Gloucester). "Collectively, these efforts have propelled us into leading the nation in reducing energy consumption while simultaneously helping us create economic opportunities for citizens and advances for our environment."

"It's encouraging to see the continued job growth taking place within the Commonwealth's clean energy

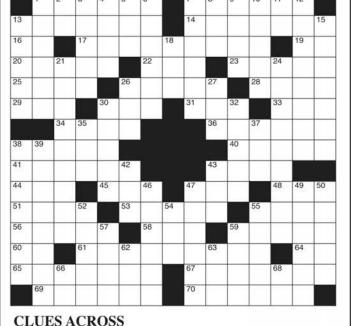
sector," said House Minority Leader Bradley H. Jones, Jr. (R-North Reading). "Under the Baker-Polito Administration, Massachusetts continues to be a national leader in pursuing innovative clean energy policies that are designed to enhance consumer options while also providing many important environmental ben-

"Global warming is breathing down our necks," said Senator Mike Barrett (D-Lexington), State Senate Chair of the Legislature's Committee on Energy. «We need to push back harder in this new decade than we did in the last. Which means we need a stronger CEC, to make sure the R&D and the cutting-edge innovation gets done."

"The continued success of the clean energy sector in Massachusetts as detailed in MassCEC's latest report shows how committed Speaker Deleo and the Baker-Polito Administration are to building a thriving green economy in the Bay State," said State Representative Thomas A. Golden, (D-Lowell), Chairman the Joint Committee on Telecommunications, Utilities, and Energy. «The House continues to pursue further opportunities for growth this session, including the House's unanimous passage of the \$1.3 billion GreenWorks bill, and looks forward to working with the Administration and others to spread the benefits of a clean energy future to every corner of the Commonwealth.

#### MassCEC About

The Massachusetts Clean Energy Center (MassCEC) is dedicated to growing the state's clean energy economy while helping to meet the Commonwealth's clean energy, climate, and economic development goals. Since its inception in 2009, MassCEC has helped clean energy companies grow, supported municipal clean energy projects, and invested in residential and commercial renewable energy installations creating a robust marketplace for innovative clean technology companies and service providers. MassCEC constructed and operates the Wind Technology Testing Center and the New Bedford Marine Commerce Terminal. Massachusetts Energy and Environmental Affairs Secretary Kathleen Th eoharides chairs MassCEC's b oard of directors.



#### **CLUES ACROSS**

- 1. Recurring TV show
- 13. Iberian Peninsula microstate
- 16. Atomic #20
- 17. Ivy League institution 19. Of I
- 20. "He Is !": Scripture excerpt
- 22. Musical genre 23. Heavy cavalry sword
- 25. Ancient Olympic Site
- 26. Satisfies
- 28. Popular flower 29. Shared services center
- 30. Drain 31. A way to attack
- 33. Urban Transit Authority
- 34 Spiritual leader
- 36. Postponed
- 38. N. American plant with edible 69. Popular street purple-black berries

#### **CLUES DOWN**

- Mollusks
- 2. -\_\_, denotes past 3. Anchor ropes
- 4. Large Middle Eastern country 39. Arsenals 5. To make a mistake
- 6. Ancient governor
- 7. Extents
- 8. Chinese surname 9. NYC subway "residents"
- 10. Essential oil used as perfume
- 11. A way to treat injuries (abbr.) 12. Session
- 13. Units of land areas 15. Goes over once more
- 18. Where wrestlers work 21. Italian islanders
- 24. Avenue \_\_ Adams, U.S. President
- 27. Rest with legs bent 30. Type of flour
- 32. The Golden State (abbr.)

43. Capital of Ukraine 44. Returned material

40. Gazes unpleasantly

- authorization (abbr.)
- 45. Golf score
- 47. Superhigh frequency
- 48. Swiss river
- 51. Felons
- 53. Succulent plants 55. Soluble ribonucleic acid
- 56. Deliberately setting fire to
- 58. Infamous singer Zadora
- 59. Anwar \_\_, Egyptian statesman
- 60. Influential sports mag 61. Aromatic Mediterranean plant
- 64. Sixth note of a major scale
- 65. Unit of explosive power 67. Large watertight chamber

- 70. A way of watering
- 35. More (Spanish)
- 37. Stinging, winged insect 38. The use of irony to mock
- 42. Pouch 43. 22nd letter of the Greek alphabet
- 46. Violent seizure of property 47. Restrict
- 49. Something comparable to another
- 50. Punishment device made from sten
- 52. Soul and calypso songs 54. Formerly OSS
- 55. Athabaskan language
- 57. \_\_ bene: observe carefully 59. Six (Spanish)
- 62. Read-only memory 63. Chinese philosophical principle
- 66. American conglomerate

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#### SNOWMAN continued from page ${\bf 1}$ Funded through the Friend

of the Charlton Library, events like the paint and sip also give children an opportunity to meet new friends and to learn that they're form of expression might be different from others. While some kids put their own spin on their snowmen others worked hard to replicate the painting as closely as possible, but nobody's painting was considered better or worse than anyone else's. Lessons like this are what makes the paint and sip night and its sister programs so valuable to the library. The programs are also important for the parents too, allowing them a chance to network with others and to allow

'We work so hard to connect with these kids. Reading and creativity are important at any age so we like to introduce it as early as we can. It's not just about the kids either. While the kids are here it's a huge outlet for the parents as well where they can communicate with each other. We also see a lot of grandparents here too bringing their grandkids for activities," said Baudette.

their children time to learn

in the company of other local

youngsters.

The Charlton Public Library hosts weekly activities for different age groups. These include story time, yoga, a LEGO Club, and other themed activities. A full schedule of the library's activities can be found at www. charltonlibrary.org/children.



A few young ladies put the finishing touches on their snowmen.

# Antique firearms

Firearms manufactured prior to 1899 are considered antiques. As with most other antiques, there are many collectors specializing in antique guns.

The first recorded use of a firearm dates back to 1364, according to the PBS "History Detectives" Web site. By 1380, handguns were "known across Europe." During the 1400's, matchlock guns came into use. They "were fired by holding a burning wick to a 'touch hole' in the barrel igniting the powder inside." The principal of rifling was discovered in 1498. In 1509 the wheel lock or rose lock was invented. A spark was generated mechanically, and a wick no longer was needed for ignition. In 1540 more accurate rifles began being produced using the rifling that was discovered in 1498. "The first true flintlock" was made in 1630. According to PBS, a lid was added to firearms' flash pans. The lid had to be moved manually until the flintlock was created to "push back the lid and spark a flint at the same time.' Proof marks were first used in 1637. From 1750 to 1850 dueling pistols were used. In 1777, a standard was even created for dueling pistols. They called for "a 9 or 10 inch barreled, smooth bore flintlock of 1 inch bore, carrying a ball of 48 to the pound." In 1807 the percussion-detonating principal was patented. By 1825 percussion cap guns were in general use. The back action lock appeared in 1830. The first Colt revolver was produced in 1835. According to "History Detectives" "Samuel Colt developed the first mass-produced, multi-shot, revolving firearms.'

In 1840 pin-fire cartridges were devel-"True shotguns" came into oped. common use in 1850 according to PBS. The first full rim-fire cartridge was introduced in 1859. Breech loading



ANTIQUES, COLLECTIBLES

& ESTATES WAYNE TUISKULA

guns came into common use in 1861. In 1873, Winchester began mass producing affordable rifles. 1877 saw the first effective double-action revolver. Firearm innovations continued through the 1900's and still continue today.

Antique guns often bring some great auction results. We sold a Colt revolver several years ago that brought \$2,000. Many of the most valuable guns that have sold at auction have a connection to someone famous. Some were valuable because of their rarity alone though. For example, one of the first repeating revolvers

by Samuel Colt sold for \$977,500 according to Money Magazine's "The 10 Most Expensive Guns Ever Sold at Auction" list. A gold inlaid pocket revolver from 1849 went for \$1.1 million. WQAD of



Moline, IL reported that a record was set when a rare "Walker" Colt revolver was auctioned for \$1.84 million. One set of guns with historical ties that brought six figure sums at auction were Simon Bolivar's (South American instrumental in revolutions against the Spanish Empire) flintlock pistols which sold for \$1.68 million. George Washington's sad-

Turn To ANTIQUES page A12

#### LIONS

continued from page 1

for the Elementary School, said that it would have taken her several months to squeeze the first grade students into her busy schedule. Instead, the Charlton Lions did it in a day. The Lions continued the next two days at Heritage, testing 420 students, and then finished with 350 students at the Middle School. Ms. Gerrard estimated that it would have taken the nurses over 150 hours to test all students at the three schools. They now have that extra time to devote to helping the school children with their daily needs. Ms. Gerrard said that the Charlton Lions have been a huge help by finishing this important screening program. It helps the nurses achieve their primary goal; keeping the kids healthy and in class. Gerrard said the

Lions were also great role models for the children by showing them adults who were volunteering their time to

Helene Doucette from the Charlton Lions spearheaded the Club's efforts. There were over 15 Lions and friends who staffed the Sight Mobile from 9 a.m. to 2:30 p.m. each of the four days. Doucette said the Lions and volunteers find it so rewarding to work with the young children, and knowing that Lions can help out, makes it all worthwhile. There's a lot of planning and effort that goes into this week, but Helene said the Lions love a good challenge. The Lions Sight Mobile is funded by the Lions Clubs in Central Massachusetts, and is equipped with sight testing equipment, and a sound proof hearing booth. The use of the Sight Mobile, and the time of the Lions and friends, were all donated. Everything all week was free of charge to the Town and Schools.

Doucette praised the school nurses and school volunteers for their great coordination, commenting "They had the children ready to go so that we could screen everyone this week.'

The Charlton Lions would like to send out our special thanks to our great school nurses; Stephanie Moison, RN (Elementary School), Marilyn Gerrard, RN (Heritage School) and Christine Harrington, RN, (Middle School). It was truly a pleasure working with such dedicated and caring professionals. We are lucky to have such great nurses for

If you're interested in learning more about what the Charlton Lions Club does for our Town, or perhaps if the Lions Club could help you, please call Steve Doucette, the Club President, at (508) 248-4411. Be Part of Something Great – Become a LION.

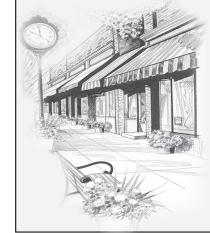
LPN

continued from page 1

Assistant also at Beaumont, said Parks played such an important role in her own nursing journey. Ana is her mentor and cheerleader. Carlisle looks up to and is inspired by Parks' work as an LPN. Both wanted to do the same in the lives of other nursing students.

"Bay Path Practical Nursing pushed me as an individual, both in my professional and personal capacities. Being an LPN pushed me to become a better person," said Parks.

Parks motivates future nurses and nursing assistants to never give up and be the best they can be, she also teaches them about the important role they play in giving back to the Bay Path commu-



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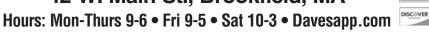
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# The catch of a lifetime could be just hours away



A call to Fat Nancy's Bait & Tackle Shop in Pulaski, N.Y. this past weekend revealed some great news for anglers that enjoy catching Steelhead trout on the famous Salmon River. A four hour ride to upstate New York can have you catching a fish of your lifetime,

if you can handle the extreme cold weather that the area has every year. This past weekend was prime time to fish for steelhead trout as far as the weather was concerned, but the break in the weather is short lived at this time of year.

If it is your first time fishing

the Salmon River, you need to talk to the pros at Fat Nancy's Tackle shop. They will give you information on fishing tactics, proper gear including corkers (a type of non-skid equipment that attaches to the bottom of your boots or waders). The rocks and bottom structure are extremely slippery, and are necessary to avoid a fall in the fast moving current.

This week's picture shows an angler with a large steelhead taken from the Salmon River in past years. Check out Fat Nancy's Tackle Shop on the web for more information. Good luck, and stay safe.

The Whitinsville Fish & Game Club will hold their annual Founders Day supper this Saturday, Jan. 18, at 6 p.m. at their club house on White Court in Douglas! A full course meal including Prime Rib will be served during the event. Homemade pastries will follow the supper. Games and raffles will be held throughout the night. There were very few tickets left as of this past Sunday. The public is invited to attend the celebration.

The Uxbridge Rod & Gun Club stocked their club pond this past weekend with trout, and had hoped to hold their annual fishing derby this Saturday. Unfortunately, the warm weather left the pond ice free. It is unlikely the cold weather for the next two days will change the conditions of the ice. Call the club for updates on the derby.

The Springfield Sportsmen's show at the BIG-E will be held on Feb. 21-23. The annual show draws a few thousand



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sportsmen to the show annually. More on the show in the coming weeks. The New England Fishing Expo in Boxborough Mass. will open their doors on Jan. 24-26. Dan Kenney has taken over the show which was once held at the Worcester Centrum, and has made the annual event worth attending. There is something for everyone to enjoy at the show, as we wait for spring to arrive.

Fishnet Charters with Captain Mel True, Jr. is holding another fishing show on Feb. 8-9 at Whites of Westport. The Tried & True show will have many vendors selling used fishing tackle as well as tables of new fishing equipment. Whites of Westport is located on Route 66, State Road, Westport! Check him out on his Web site at Capt.MelTrue@

Take a Kid Fishing & Keep them Rods Bending!

## **CALENDAR**

#### Tuesday, January 28

ON THE TRAIL OF BONNIE AND CLYDE: Charlton Public Library, 40 Main St. Historian, Christopher Daley, will present a program that's part travelogue and part history that chronicles the story of Bonnie and Clyde-separating the reality from the myth. Much

myth, conjecture and outright lies have sprung up about the 2 Texas bandits but when one delves into the true story of the two lovers a much more interesting and human story emerges; much better than Hollywood was able to depict. Register online at charltonlibrary.org or call 508-248-0452.

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## \*\* Triday's Child \*\*\*



Jermani Age 6

Hi! My name is Jermani and I like to explore the outdoors!

Jermani is a friendly, outgoing six-year-old boy of African American/Hispanic descent. He has a great sense of humor and enjoys showing affection towards those he cares about. Jermani is a very energetic child who likes to be active in the outdoors. His other interests include books, art, building and music. Jermani is developmentally on target and he enjoys school. He is well liked by his teachers and his peers.

The ideal family for Jermani is one that is active and patient. He can be placed in a one or two-parent family as the youngest or only child in the home. Jermani is legally free for adoption and his social worker is currently exploring in-state and local families given his need for a lengthier transition.

#### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."







#### Saturday, February 1

CHARLTON LIONS MEAT RAFFLE: The Charlton Lions are hosting our famous Meat Raffle being held Saturday, Feb. 1 at the Heritage Golf Course at 85 Sampson Road in Charlton. There will be six tables of beef, pork and poultry to be won. The raffle begins at Noon with early bird tickets available to those who arrive before 1 pm. For more information, please email thecharlton-lions@gmail.com. What a great way to start 2020 with filling your freezer with meat from Fairway Beef!! And remember...100 percent of what we raise goes back to the community. The Charlton Lions thank you for your continued support!

#### UNGUING

THE STURBRIDGE FARMER'S MARKET is held every Sunday through Oct. 6 from 9 a.m. to 1 p.m. on the Town Common.

CHARLTON AMERICAN LEGION POST 391 meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We'd love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran's wakes & funerals. There's plenty we can still do to help our community.

WOMEN'S BASKETBALL: Please

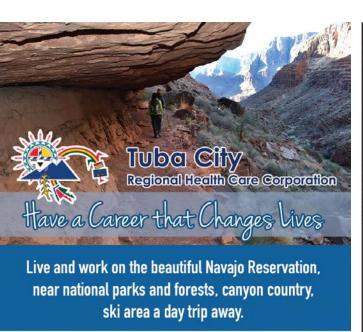
come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more infor-

Pilgrimage to Italy, Holy Land, and

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Mediugorie with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@ gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: First and third Thursday of each month, 2:30-3:30 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association

Turn To CALENDAR page A7



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# Navigating garden catalogs to plan for the season ahead



GARDEN MOMENTS MELINDA MYERS

garden catalogs are piling up and online versions fill your inbox, your thoughts may turn to the growing season ahead. With so many choices of beautiful flowers and scrumptious vegetables it can be overwhelming and hard to resist buying more seeds and plants than you have space to grow and time to tend.

Start by flipping through the pages of various catalogs and searching gardening websites and online catalogs to gather ideas and inspiration. Narrow down your search by selecting plants suited to your climate and growing conditions.

Quality catalogs will list the cold hardiness zone of trees, shrubs and perennials and often include the Plant Hardiness Zone Map developed by the U.S. Department of Agriculture. These hardiness zones are based on the average minimum winter temperature. The lower the number, the more cold-tolerant the

Sunset Climate Zones for North America may be new to many gardeners. A variety of factors beyond high and low temperatures were considered when the 45 hardiness zones were created. Microclimates, growing season, rainfall, humidity, wind patterns, and ocean currents were some of the other factors that went into defining these zones



Melinda Myers Photo

Quality garden catalogs will list the cold hardiness zone of trees, shrubs and perennials and usually include the U.S. Department of Agriculture's Plant Hardiness Zone Map.

Read the plant description and select plants that match the light, soil and moisture in your garden. Make sure annual flowers and vegetables you select have time to flower and produce before your season ends. Those with a longer time to harvest than your growing season allows will need to be started indoors. You will need time and indoor growing space to start your own long-season plants from seed

Select the most disease resistant and low maintenance ies whenever possible. Make sure you have enough space in the garden or containers for all the plants you select and for each of them to reach their mature size. Overcrowding plants increases the risk of disease and can reduce flowering and productiv-

Look for award-winplants when ning reviewing the catalogs. All-America Selections' winners (AAS) are tested nationally and selected for improved growth habit, flowering, pest resistance or some other unique feature for the home garden. Perennial Plant, Hosta and Daylilies of the Year are selected by members of the various organizations for their outstanding performance.

Consult your local University Extension service. Most create lists of plants and varieties that are best suited to your region. They often recommend planting dates based on the average local soil and air temperatures.

Your next step - inventory any leftover seeds saved from last season. When properly stored in a cool dark location many seeds can last for years. Longevity does vary with the type of seed, but you may be surprised to find you can get years of planting from one packet of seeds. Onions, parsley, verbena and salvia usually last about a year, whereas properly stored Brussels sprouts, cabbage and zinnias can last an average of five years.

Create your list and set it aside for a day or two before placing your orders. A bit of planning can save you money and increase success as you grow plants best suited to your climate and gardening space.

Melinda Myers has written numerous books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www. MelindaMyers.com.

#### CALENDAR

continued from page A6

MA/NH Chapter, visit (800) 272-3900 or

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508)

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

K9 NOSE WORK: A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor -National Association of Canine Scent Work.

SEN-I JUDO CLUB: This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

WEIGHT WATCHERS: Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit www.weightwatchers.

more about Weight Watchers. YOGA: Hatha Yoga benefits are stress-relieving. Relax & rejeuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., begin-

ning Jan. 21. FENCING: Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy, Fee: \$99.

OVEREATERS ANONYMOUS: Is food a problem for you? Have you been worried about the way you eat? Do you resolve to go on a diet tomorrow, only to fail again and again? Is your weight affecting the way you live your life? You are not alone. Overeaters Anonymous can help. No dues, no fees, no weigh-

ANONYMOUS: com to become a member or to learn in Meetings are held Sundays in Worcester (St. Michael's On-The-Heights, 340 Burncoat Street) at 7 p.m., Mondays in Auburn (Bethel Lutheran Church, 90 Bryn Mawr Ave.) at 7 p.m. and Wednesdays in Putnam, Conn. (Day Kimball Hospital, 320 Pomfret Strett) at 6 p.m. Want more information? Call or text Bruce P. (508) 864-0593, email him at brucep.oa@charter.net or visit oa.org.

> MASSASSOIT ART GUILD OPEN STUDIO: The Massasoit Art Guild would like to announce the addition of new Open Studio hours. Starting on Saturday, Jan. 11, we will be holding Open Studio time from 9:30 a.m. to noon each Saturday. The Current Wednesday morning Open Studio will continue to meet. Open Studio is a time to bring your current work in progress, start a new project, receive critiques if desired, pick up new skills and techniques and be with other artists for support and encouragement in an open and friendly environment. Membership is required. Please visit our Web site at massasoitartguild.com for more infor-

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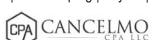


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**EDITORIAL** 

## A legacy we must remember

Offices will close nationwide next Monday in observance of Martin Luther King, Jr. Day. King was the chief spokesperson for nonviolent activism in the Civil Rights Movement from 1954 until his assassination in 1968. The federal holiday falls around the King's birth date, Jan. 15.

Republican President Ronald Reagan made the holiday official in 1983. In 1986, the first observation of Martin Luther King, Jr. Day took place. In the year 2000, the holiday was observed by all 50 states for the first time since 1986.

Labor unions in contract negotiations were the first to bring forward the idea of celebrating King via national holiday. Republican Sen. Edward Brooke of Massachusetts and Democrat John Conyers of Michigan brought forth the legislation in 1979 where it was five votes shy of passing in the house.

Those in opposition to the notion of adding yet another federal holiday to a calendar cited costs, arguing that it was ridiculous to ask taxpayers to shoulder the burden of paying for so many unproductive labor hours. Others stated that honoring a private citizen would go against tradition, given that King never held a public office.

In 1980, singer Stevie Wonder released the single "Happy Birthday" to shed light on the campaign. The largest petition in favor of an issue in the history of the United States gathered six million signatures.

Two Republican senators from North Carolina (Jesse Helms and John Porter) opposed the bill because of King's public opposition to the Vietnam War, and also accused King of being a communist, despite the fact that an FBI investigation dating back to 1963 had turned up no evidence that King had ever been under the influence of the Soviets.

The bill passed the House of Representatives, 338-90. Within the bill was language establishing the Martin Luther King, Jr. Federal Holiday Commission. King's wife, Coretta Scott King, was made a lifelong member of this commission by President George H.W. Bush in May of 1989.

Martin Luther King Day is seen as a day to promote equal rights for all Americans. While there are few traditions surrounding the holiday, many educators use the day to teach their students about the struggle against racial segregation and racism. In New Hampshire and Arizona, the day is combined with Civil Rights Day. In Idaho, the day is referred to as 'Human Rights Day' and in Wyoming, 'Equality Day.'

King, who was born in 1929, was an American Baptist minister from Atlanta, Ga. In 1964, King was awarded the Nobel Peace Prize for his work in promoting nonviolent resistance and for advocating for Civil Rights.

On April 4, 1968, King was assassinated at the age of 39 in Memphis, Tenn. by James Earl Ray. Ray, 41, was sentenced to 99 years in prison. The assassin died in prison in 1998 from hepatitis.

As we prepare to celebrate the life of this great American and the principles of unity and inclusiveness for which he stood, which are arguably more important for us to cling to now than ever before, let us remember the words of one of his most famous speeches, delivered during the March on Washington

So let freedom ring from the prodigious hilltops of New Hampshire; let freedom ring from the mighty mountains of New York; let freedom ring from the heightening Alleghenies of Pennsylvania; let freedom ring from the snow-capped Rockies of Colorado; let freedom ring from the curvaceous slopes of California. But not only that. Let freedom ring from Stone Mountain of Georgia; let freedom ring from Lookout Mountain of Tennessee; let freedom ring from every hill and mole hill of Mississippi. From every mountainside, let freedom ring.

And when this happens, and when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual: Free at last. Free at last. Thank God Almighty, we are free at last.

Views and commentary from Charleton, Charleton City, Charleton Depot and beyond

# In 2020, be an encourager

THE WORLD ALREADY HAS ENOUGH NAYSAYERS

POSITIVELY

**SPEAKING** 

By Gary W.

MOORE

Want to make a positive and profound difference in 2020? Be an encourager of others. There are already too many voices telling us what is wrong with everything from our personal lives to world events. What the world needs is more positive encouragers.

As I've mentioned before, our local school districts are desperate for substitute teachers. There's a shortage of willing substitutes. I can't do it often but jump in when I can. I don't do it for the money. It doesn't pay much, but I do it for the opportunity to stand in front of a classroom of students and provide positive encouragement.

Children and adults alike, all benefit from positive affirmation. Whether it is purposefully provided from an optimistic encourager or not, the kids are going to find affirmation somewhere and it's not always positive. "Come on try it ... all the popular kids are doing it" or "come on smoking makes you look older." I can go on and on, but I'm sure you get the picture. Our children are going to be influenced somewhere by someone ... why not you in a positive way? Why not step out this year and make a purposeful effort to be a positive influence in your family, workplace and

Last year, I accidentally accepted a substitute teaching job for the day with kindergarteners. I generally only do junior high or older. I misunderstood the assignment, but with encouragement from my wife, I didn't call and

I headed out to the school and when I arrived was introduced to my teaching assistant for the day. She immediately lined up the class of the cutest little boys and girls I've ever seen. She pointed to the first in line and loudly said, This is the one who hides and sucks his thumb. He's too old to act like a baby." She pointed to the next and said, "This little girl never tells the truth, so don't helieve anything she says stunned. She pointed to the next little boy, but before the spoke, I interrupted her and said, "Thank you, but I think I'll make my own judgment." I smiled and introduced myself to the class and said, 'I am so excited to be here. I have a feeling this is the best kindergarten class I have ever met, and I believe you will be cooperative and well-mannered today. We are going to learn some fun new things, so lets all take a seat and begin."

I spent the day encouraging, complimenting and doing everything I could to uplift and positively affirm these kids. I expected them to be cooperative and well-mannered and they were. At the end of the day, they didn't want to leave. As one little girl was boarding

the bus, she turned and asked, "Why are you so nice?" I said, "Because you deserve it." Her smile made the whole day worthwhile.

I headed back to the room to get my things and the teaching assistant asked, "Are you coming back tomorrow?" I answered that I was not. She said, "Good. These kids don't need someone telling them how good they are. They need someone telling them the truth."

I won't go into detail of how I responded. I certainly told her what I thought about her attempted introduction of the students that morning.

Life can be tough and rarely fair. To shield others from harsh realities doesn't serve them well, but every human will benefit from kindness, encouragement and compassion. You can make a difference in the lives of others by being the conduit of encouragement.

Offer positive input and praise. Your discouragement isn't needed or helpful. The line of those wanting to rain on the parade of others is long and not too distinguished. Everyone has a reason you can't do something and shouldn't try. "What if you fail?" the majority will ask. Why not be the lone and needed voice crying out from the wilderness that asks, "What if you succeed?"

What we focus on is what we make happen. Focus on the negative creates more negativity. I find when I encourage others, I become personally encouraged. Why not make it your personal mission to make a positive difference by being an encourager this year? You

Where should you start? Begin at ome and see what happens. I think you will like the result!

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garyw-

# moore.com. Cost Friendly Home Remedies: Massage and Bath Oils

If your new year vows include a healthy lifestyle as well as saving money, this week's column does double duty to help you stay on track with your resolutions! Offering natural massage oils, bath oils and more, the following cost friendly "home remedies" feature a vari-

ety of options that go beyond reaching into a medicine cabinet.

Note: Please note the following suggestions are not intended as medical advice or treatment. Do NOT try these home remedies without consulting a health professional to make sure they are appropriate for you. Any treatment, including these home remedies, should be used only under medical supervision. Suggestions offered should not be used as a substitute for proper medical treatment.

Massage, Oils, and Bath Blends What for Ails You Massage has long been recognized as a therapeutic health benefit. Add the potency of essential oils, along with a dash of hydrotherapy ,and the stimulated senses of touch and smell can be a powerful tool in self healing. From soothing body aches to calming anxiety, natural options often translate into successful treatments.

Headache Relief: Massage helps relax the contracted muscles of a tension head-



THE HINT **KAREN TRAINOR** 

ache. If you feel a headache coming on, try this manner of self massage. Let your head drop until your chin is almost resting on your desk.. With your palms on the back of your head, press very gently so that you are stretching out your neck but not straining

it. Imagine these muscles as loose and soft. If they feel hard and knotted, work to gently soften them. Begin to work your thumbs and fingers down the back of your neck from your skull to your shoulders. Shake your head gently from side to side now and then as you work. Once your neck begins to feel more relaxed, work your finger up over your temples and ears, then back down to your neck. Push your thumbs against your scalp and rotate them firmly in small circles. Press the palms and heels of your hands against the sides of your head, using the most pressure at the softest points on either side. Rather than pressing in, pull up toward the top of your head.

Soothing Foot Massage: Foot massage can induce serenity and relieve tension all over the body. It also invigorates tired, aching feet. To do: Sit on a chair and place one foot on the opposite thigh. Rub some oil or lotion

Turn To **TRAINOR** page **A11** 

# Business owners: Plan for next phase of life



Focus JEFF BURDICK

As a busi-FINANCIAL ness owner, you're always thinking of what you need to do now. But you can't forget

about the future - yours and that of your business. So it may be a good idea to consider your personal retirement plan and business succession

Let's start by looking at a few retirement plan possibilities: Solo 401(k) – This plan, which is

also known as an Owner-only 401(k), is available to self-employed individuals and business owners with no full-time employees other than themselves or a spouse. A Solo 401(k) offers many of the same advantages of a traditional 401(k): a range of investment options, tax-deductible contributions and the opportunity for tax-deferred earnings growth. You may even be able to choose a Roth option, which allows you to make after-tax contributions that can grow tax-free. Your Solo 401(k) contributions consist of two parts: salary deferral and profit sharing. In 2020, you can defer up to \$19,500 of income, or \$26,000 if you're 50 or older. Your profit-sharing contribution is based on your earnings. The sum of your salary deferral and profit sharing can't exceed \$57,000 (or \$63,500 if you're 50 or older). If your spouse is employed by your business, you each can contribute the maximum amount allowed.

SEP IRA - If you have just a few employees or are self-employed with no employees, you may want to think about a SEP IRA. You'll fund the plan with tax-deductible contributions, and you must cover all eligible employees. (Employees themselves cannot contribute.) You can generally contribute up to 25 percent of compensation, up to \$57,000 annually. And you can fund your SEP IRA with

Solo defined benefit plan - Not many businesses still offer pension plans, also known as defined benefit plans, but you can set one up for yourself if you're self-employed or own your own business. This plan has high contribution limits, which are determined by an actuarial calculation, and your contributions are typically tax-deductible.

A financial professional can help you choose the appropriate retirement plan. But you'll still need to think about succession planning. Of course, you can always sell your business outright at any time you like. Or you could leave your business to your children in your will, but if you give it to them gradually during your lifetime, you can become more confident they'll be able to manage the business on their own.

Another alternative might be to transfer the business with a buysell agreement, which allows you to determine when, to whom, and at what price you can sell it. Because you can establish the purchase price as your business's taxable value, a buy-sell agreement is useful in estate planning. If you want to keep the business in your family, you might want to consider funding the buysell agreement with life insurance, so family members can use the death benefit proceeds to buy your ownership stake.

In any case, given the complexities and tax issues involved with succession planning, you'll need to consult with your legal and tax advisors when creating a strategy. But don't wait too long. You can't predict the future, but by planning ahead, you can help achieve the outcomes you

desire. This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.



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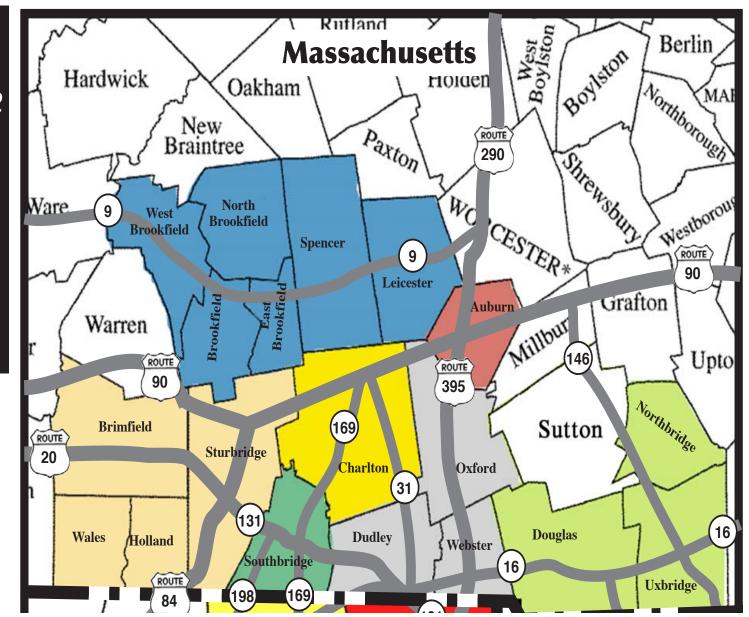
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# Punishing full-court press pushes Beavers out of slow start, into win column vs. Bay Path



Bay Path's Christin Pink tries to win the game-opening jump ball tip versus Blackstone Valley Tech.



Bay Path's Jackie Ross looks toward the interior and a teammate to pass the ball to

#### BY NICK ETHIER SPORTS STAFF WRITER

UPTON — The Blackstone Valley Tech girls' varsity basketball team, despite its strong early-season record, hasn't shown the tenacity that head coach Britt Kahler is looking for. And when the Beavers hosted Bay Path Regional on Tuesday, Jan. 7, she called an early timeout with her team, again, being outworked.

'Coming into this game we were 5-1, but we're a struggling 5-1. We've been battling every game. We're lucky because we're pretty talented this year, but we've been out-hustled every single game," Kahler said. "We're learning to push ourselves and we're looking and searching for people to step

The Minutemen held a 4-2 lead early in the first, but that timeout sparked the Beavers. They scored the quarter's final 23 points — and embarked on an overall run of 29-0 bridging the first and second quarters en route to a lopsided 72-21 victory.

"I saw things tonight that I haven't seen yet. They played as a team, they were talking, they were moving really well, passing really well," Kahler said of the turnaround, as BVT committed just three first-half turnovers as they held a 46-8 lead at the break.

And it was the full-court man-to-man press that worked wonders for the Beavers. They continually produced a steal, finished off a fast-break layup, and then repeated the process. "Momentum, we needed it,"

Kahler said of the importance of the full-court press, which was only used in the first quarter as a big lead of 25-4 was established after the initial eight minutes of action. "They are fast. I think at the half we had 14 steals, so that's a big deal. We do much better when we're pushing the ball. But they know in order to push we have to get stops — it always starts with defense."

Bay Path head coach John Selen conceded that his youthful team hadn't seen a press that effective yet this season.

"We've got young players that aren't used to playing the up-tempo, the pressure, so this is their first experience of that," he noted. "They're a fast team, they're a good team, they're a well-coached team. We have trouble replicating

that type of energy in practice. The older kids that were there that could help us replicate that aren't with us any longer, so with the younger kids we're not there. We're in a rebuild right now — we're all freshmen and sophomores with a couple underclassmen."

Blackstone Valley Tech then won the third (14-6) and fourth quarters (12-7) with all 15 rostered players getting plenty of minutes. In all, 13 of them scored. Victoria Russian led the way with 14 points, while Madison Magri (11), Mackenzie Vollmer (9), Maddison Mathieu (6) and Sarah Trumm (6) also chipped in offensively.

"I was really, really proud of them," Kahler said. "If you look at the box scores, we have a good eight kids scoring every night, if not more than that.'

Now at 6-1, Kahler is hoping that her team has found its stride.

"I think we're starting to get it," she said. "We'll keep working and if we keep getting a little better every day, that's all we're asking."

Bay Path, meanwhile, slipped to 1-4. Kalyn Saez and Bethany Lasell each scored 6 points for the Minutemen.



Nalin Koo of Bay Path fights her way toward the basket and draws the



Bethany Lasell of Bay Path lets go of a first-quarter free throw attempt.

## SPORTS BRIEFS

#### **Dudley Charlton Women's** Basketball to hold pickup games

On Monday evenings at the Heritage School from 7-9 p.m., you will find women playing pickup basketball. We play every Monday from September to June based on the school schedule. There are no set teams or fees. Ages 18 and older are welcome. Come for some fun exercise. Contact Deb at (508) 248-3600 for more information.

#### **Charlton Knights of Columbus Free** Throw Competition this weekend

Boys and girls from any town, ages 9 to 14, are invited to compete in the annual Charlton Knights of Columbus Basketball Free Throw Competition, which will be held Saturday, Jan. 18 at 2 p.m. at the Charlton Elementary School on Burlingame Road. Contestants will shoot best out of 15 free throws. Winners will advance to the district shootout. There is no fee. Register at the door. Questions? Call Dave at (508) 248-6709.

## TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

#### **BAY PATH ADULT EVENING SCHOOL**

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#### **CHARLTON SENIOR CENTER**

Trip Coordinator Dotti Murphy -Please call 978-424-7010

Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center

Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

#### **DAUGHTERS OF ISABELLA**

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

#### **DOUGLAS SUNSHINE CLUB**

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

#### **DUDLEY SENIORS**

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley's

Country Jubilee, "Noah the Musical," and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudleyseniors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday, May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

#### FRIENDS OF THE STURBRIDGE SENIORS

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda aboard the Norwegian Cruise Lines "GEM" SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st. you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1,199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1.899 for a Balcony Stateroon on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov't Fees. Single Occupancy is Avaiable upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

#### LEICESTER SENIOR **CENTER**

For trip information and reservations, please call Joan Wall at (508) 892-3967.

Friday, Jan. 17, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

Friday, Feb. 14, 2020: Foxwood Casino. Free lunch buffet or \$20 food voucher and \$10 casino slot play. Cost is \$30.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost

#### MARY QUEEN OF THE **ROSARY PARISH**

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips information, call Bernard Dube at (508)

\*Japan: March 26 to April 9, 2020 \*Japan with China extension: March 26 to April 22, 2020

\*USA: Wonders of Northern California Redwoods, Oregon &

Washington: August 3-15, 2020 \*Spain & Portugal: Sept.9-23, 2020

\*Galapagos Islands: Jan 4-13, 2021 \*Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

\*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

\*Alaska (land and cruise): early August, 2021

#### **PAXTON SENIORS**

Area Seniors are Planning Another Wonderful Trip

Our adventure will be an 11 day trip: River cruise on the Danube River plus couple of days on land. The trip begins on Thursday, Oct 8, when we will fly out of Boston.

Some details: 11 days- 24 meals, 7 day cruise on the Danube and 2 nights in Fussen( near Munich) Oner local tour from the Ship are included in each port. We fly into Budapest, Hungary and fly home from Munich.

Transportation from Paxton to and from Logan is included.

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Cruise from Budapest to Passau, then coach to Munich/Fussen.

This is a wonderful trip and we sincerely hope that you can join us on December 3 and especially next October.

Bob Wilby, 508-792-4662 or rwilby@ charter.net

Please call or email me if you plan to come to the December 3 informational

#### **SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION**

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

#### **SOUTHBRIDGE** SENIOR CITIZENS TRIP SCHEDULE FOR 2020

March 24, 2020 - Tuesday - Mohegan Sun \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

May 19, 2020 - Tuesday - Foxwoods \$30 - 10 - AM bus.

This one is for the bingo players and all others that want to go. You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 2 PM.

You will receive \$10 for gaming and a uffet meal voucher.

September 15, 2020 – Tuesday Mohegan Sun \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

October 13th - 20th 2020 - ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip. This is an all-inclusive trip – all flights, transfers, meals plus snacks, nightly entertainment, and alcohol included.

November 12, 2020 - Thursday -Foxwoods \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The

bus will leave Foxwoods at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

PAYMENTS DUE AT SIGN UP

Trips are open to the public! to the Make checks payable Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

#### **UNION SAINT-JEAN-BAPTISTE CHAPTER 12**

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-

#### **UXBRIDGE SENIOR CENTER**

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2020 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center is offering the following bus trips for 2020.

April 16, 2020 - Magic Wings Butterfly Gardens and Yankee Candle with lunch at the Golden Corral w/Fox Tours - \$71. April 27-29 Penn Dutch w/the new show Queen Esther at Sight and Sound -- (trip is full, sign up for the waiting list)-\$459. May 4 -- Granite State Chocolate and Wine Tour with lunch at Warren's Lobster House - Fox Tours - \$91. May 9 - Albany Tulip Festival Tours w/Conway June 1 - Plymouth cruise on Pilgrim Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91 June 26 - July 3 -- Atlantic Canada w/Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 3 seats left - \$1899. 30 - 31 Saratoga Racetrack w/Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and drive up Prospect Mountain - \$329. Sept. 16 -18 - The Hamptons w/ Conway. Three day trip w/4 meals, guided tour of the "Rich and Famous," winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag harbor, etc. - \$579. Oct. 6 --Green Mt. Railroad Tours w/Fox Newport Playhouse Nov. 19 Tours w/Fox \$101. Dec. 7 & 8 -- Equinox Resort and Hildene, VT w/Conway Tours. Two day trip with elegant dinner & piano entertainment, breakfast, tour of Hildene, chocolate tasting, etc. \$379.

Please call Sue at 508-476-5820 for more information or to be put on the emailing list.

Insomnia Massage Oil: This oil, applied with a light massage, will lull you off to blissful sleep. Mix together four ounces of carrier oil with nine drops each of lavender, marjoram, clary sage essential oils.

Foot Massage Oil: Lavender's role in inducing calm is legendary, and this foot massage oil soothes away stress. Mix four ounces of carrier oil with 12 drops of lavender oil. Massage on the bottom of the feet.

Oil Treatments and Bath Blends: Add oils to bathwater after it has cooled a bit. Very hot water makes essential oils evaporate too quickly.

Antidepressant Aromatherapy Bath: This simple bath blend has been praised for its calming antidepressant properties. Simply add three drops of rose essential oil and four drops of ylang ylang essential oil to a tub full of warm water. To induce further relaxation, bath by candlelight.

Anti-Anxiety Bath: Add six drops geranium and four drops basil oils to a tub of warm water.

Ginger Bath Blend for Arthritis: Soak in this bath to relieve arthritis pain and stiffness. Mix together four drops ginger essential oil and two drops each lavender, rosemary and lemon eucalyptus oils to one quarter cup honey or Epsom salts. Mix oils together with honey or salts. Add solution to warm bath water. Soak and Relax.

Anti-Stretchmark Oil: Apply to the skin a few times a day to prevent or reduce the eruption of stretch marks.

(from Aromatherapy and Massage for Mother and Baby by Allison England). To four tablespoons of almond oil and one tablespoon of avocado oil, add seven drops of lavender and five drops of mandarin or tangerine oil. Apply to the skin a few times a day to prevent or reduce the eruption of stretch marks.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

#### TRAINOR

continued from page A8

onto your foot if you like. Apply pressure with your thumbs to the sole of your foot, working from the bottom of your arch to the top near your big toe. Repeat several times. Make a fist and press your knuckles into the bottom of your foot, moving from your heel to your toes. Repeat several times. Now massage each toe by holding it firmly and moving it from side to side. Extend each toe gently out and away from the ball of your foot. Now apply pressure to the areas between your toes. Hold your toes in one hand and bend them backward holding them there for five to ten seconds. Then bend them in the opposite direction and hold for five to ten seconds. Repeat three times. Press and roll your thumbs between the bones of the ball of your foot. Now switch to the other foot.

Essential Massage Oils: Essential oils form the basis for therapeutic massage potions, The following blends, which are easy to concoct, offer a natural approach to treating various maladies. Massage oils are made by blending therapeutic grade essential oils with a carrier oil such as Grapeseed, Sunflower, Sweet Almond, or Rosehip oils. To do: Mix the oils in a dark, glass container. Roll the jar to mix. Store in a cool dark place with the lid tightly

closed and they will last up to three months. Apply only one half to one teaspoon of massage oil for each massage. Note: Oils used on skin should be theraputic grade essential oils. Essential oils should be used with care and caution. Be sure to check with a health professional before using any aromatherapy treatment.

After Sports Massage Oil: This amazing blend promises to relieve sore joints after a tough workout or sports session. Mix together four ounces of carrier oil with 14 drops each of eucalyptus, peppermint and ginger essential oils. Gently shake to blend before each use. Massage joints gently. Sore Muscles Blend: Another "recipe" to try to tame muscle aches. Mix together one ounce carrier oil to the following essential oils: 3 drops ginger, 2 drops black pepper, 5 drops peppermint, 5 drops eucalyptus. Blend well and massage sore muscles gently.

Relaxing Back Rub Oil: Mix one ounce carrier oil with 8 drops each of mint and eucalyptus oils. Apply to back and massage.

## **OBITUARIES**

## Robert M. Lamprey, Sr., 95



CHARLTON-Robert M. Lamprey, Sr., 95, of Northside Rd., passed away on Tuesday, Jan. 7th, in his home after a brief illness.

His wife of 67 years, Doris A. (Duggan) Lamprey, passed away in 2014. He leaves his

two sons, Robert M. Lamprey, Jr. and his wife Donna of Charlton and Thomas R. Lamprey and his longtime companion "Lost girl" Kaye of Brimfield; his daughter, Rose E. Lamprey of Charlton; three grandchildren, Robert M. Lamprey III, Jeremy S. Lamprey, and Thomas R. Lamprey Jr.; one great granddaughter, Rebecca J. Lamprey; and many nieces and nephews. He also leaves his beloved dog, Jamie. He was predeceased by his two brothers, George Lamprey and Bruce Lamprey and his sister, Ora "Honey" Lamprey. He was born in Worcester the son of George T. and Ora M. (Wakeman) Lamprey. Robert was a US Navy Veteran of World

Robert worked at the Norton Co. in Worcester for over 35 years, retiring many years ago. He was an active member of the American Legion Post 391 in Charlton. He was a private pilot and loved to fly. He shared a plane with his son Robert for many years. Robert was an

avid fisherman, a passion he was particularly good at. He also enjoyed travelling with his wife Doris, and especially enjoyed taking trips to Alaska.

Robert's funeral service was held on Saturday, Jan. 11th, at 10:00am in the Charlton Federated Church, 64 Main St., Charlton. Burial followed in the Northside Cemetery, Charlton. Calling hours in the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, were held on Friday, Jan. 10th, from

In lieu of flowers donations may be made to the American Legion Post 391, c/o Peter Parker, Post Adjutant, 504 Stafford St., Charlton, MA 01507.

www.morrillfuneralhome.com

## Alice J. Giguere, 88



CHARLTON- Alice J. (Gosselin) Giguere, 88, died Monday, 6th, January Overlook Masonic Health Center in Charlton, where she has resided for the past eight years.

She is survived by her seven children, William Giguere and his wife Barbara of Charlton, Marie Giguere of Belgium, Joseph Giguere and his wife Elizabeth of Myrtle Beach, Lise-Anne Marsal and her husband Frédéric of France, Angela Einstein and her companion Shane Brooks of Burnham ME, Thomas Giguere and his wife Jacqueline of Sturbridge, and Monique Giguere and her husband Dustin Lima of Charlestown, RI, 18 grandchildren, and 11 great-grandchildren. She also leaves three sisters, Annette Willette of Sandwich, Bernadette Milligan and her husband Edward of Buzzards Bay, Cecile Zarum and her husband Seth of Mashpee, and a brother William Gosselin of Buzzards Bay and many nieces and nephews.

She was predeceased by brothers--Emile Gosselin and Normand Gosselin. Alice was born in North Attleborough, MA, daughter of Victor and Irene (Robinson) Gosselin and lived many years on the Cape before moving to Charlton. Alice was a Registered Nurse graduating from Sturdy Memorial Hospital School of Nursing, She was a highly respected nurse at Peter Bent Brigham Hospital where she became one of their youngest head nurses. Alice was also an avid reader and loved her romance novels. She loved to play scrabble, do puzzles and to play cards. Her smile could light up a room, especially when her grandchildren and great-grandchildren visited. She got her strength through her faith and love for

The family would like to thank the wonderful staff at The Overlook for all her special care.

The funeral Mass will be held at 10AM on Thursday, January 23, 2020, at St. Joseph's Church, 10 H. Putnam Road, ext., Charlton, MA 01507. There are no calling hours, and burial will be private. Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550 is directing the arrangements. In lieu of flowers, donations may be made to The Overlook, 88 Masonic Home Road, Charlton, MA 01507. www.sansoucyfu-

## Leland George 'Lee' Penttila, 77



CHARLTON-Leland George 'Lee' Penttila, 77, passed away January 10, 2020 at UMass Medical Center in Worcester. His wife of over 41 years, Beverly J.

(Carleton) died in 2009.

He leaves a son,

Matthew C. Penttila and his partner Audrey Story of Blackstone and a daughter, Sarah E. Snay and her husband Glenn of Spencer, 3 grandchildren; Cassandra and Holly Penttila and Wyatt Snay, and a sister, Marian Bell of Spencer as well as Lee's significant other, Georgia Inez Petrella of Leicester.

Lee was born in Worcester, October 1, 1942 son of Oiva and Beatrice Median (Saarinen) Penttila. He was a graduate of Worcester Boy's Trade and then joined the U.S. Navy and was a veteran of the Vietnam war. He enjoyed fresh water and salt water fishing and was a Hamm operator with a call of K1GTC. Lee enjoyed his trike motorcycle and was a charter member of the Quaboag

Valley Amateur Radio Club and Long Way and Mid Way Mystery Riders Clubs. He enjoyed trips to Laconia, Daytona, Sturgis, Colorado and Pike's Peak. He was a former assistant Boy Scout master.

Lee's best and proudest times were spent with his grandchildren, who he cherished.

Memorial Calling hours will be Sunday, January 19, 2020 from 1-3pm at the ROBERT J. MILLER-CHARLTON FUNERAL HOME, 175 Old Worcester Rd. with a Memorial Service at 3 pm in the Funeral Home, Burial will be in the spring at West Ridge Cemetery in Charlton, next to his beloved wife.

In lieu of flowers, Memorial Contributions may be made to: the American Kidney Fund, 11921 Rockville Pike, #300, Rockville, Md. 20852.

To leave an on-line condolence, please visit: RJMillerfunnerals.net

### Walter L. Gordon, 77



Charlton-Walter L. Gordon, 77, died January Sunday, 12, 2020, at UMass Memorial Health Center after an illness. He is survived by his sons William Gordon of Rindge, NH, Joshua Gordon of Charlton,

and his daughters Kimberly Fitzgerald and her husband Dan of Phoenix, AZ, Jane Marin and her husband Jose of Blackstone, MA, Sharon Lent and her husband Doug of Stow, MA, and Kerri Gordon of Dudley. He also leaves 6 grandchildren Nicole Nusum, Kassandra Gordon, Krystal Bellizzi, Kyle Senchal, Brooklyn Page, and Jaxson Page, a great-grandson Brayden Gordon, his brother Stephen Gordon and his wife Arlene of Waltham, and his sister Patricia Mobilia of Northridge, CA. He was predeceased by a sister Jane Milligan who died many years

Walter was born in Waltham on May 5, 1942, son of Walter B. and Katherine (MacKenzie) Gordon. He worked for Fisher Auto Parts for many years, and previously owned and operated Stoneham Auto Parts in Stoneham, MA. He enjoyed spending his weekends with his beloved friends at Oak Haven Campground, a place that he called his second home for over 51 years. He also was an avid New England Patriot's fan.

Calling hours will be Sunday, January 19th from 1 - 3PM at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550. Burial will be private. www. sansoucyfuneral.com

### Elizabeth M. Tavano, 84



CHARLTON-Elizabeth M. (Lucia) Tavano , 84, passed away December 7, 2019 at St. Vincent

ing Feride Yatman of Charlton.

Bette was employed for many years at the former Worcester Wire Co. of Worcester.

She was born in Worcester, August 15, 1935 a daughter of the late John and Ida (Perreault) Lucia.

At her request, there are no calling hours or services.

Rd. is assisting with arrangements.

To leave an on-line message of condo-

Hospital in Worcester. She leaves many close friends, includ-

The ROBERT J. MILLER-CHARLTON

FUNERAL HOME, 175 Old Worcester

lence, please visit: RJMillerfunerals.net

### Elizabeth P. Horn, 87

Mary E. (Snow) Ingalls, 94



Charlton- Elizabeth P. (Ronan) Horn, 87, formerly of Sandy Circle, Sturbridge, passed away on Monday, Dec. 30th, in the Overlook Masonic Healthcare Center, Charlton, after a long illness.

Her husband of 51 years, Melvin F. Horn, passed away in 2015. She was predeceased by her brother, James T. Ronin, Jr. and her sister, Margaret Gurney. Elizabeth was born in Natick the daughter of James T. and Elizabeth (Spellman) Ronin.

Elizabeth worked many years as a home health aide.

A funeral Mass for Elizabeth was held on Tuesday, Jan. 14th, at 8:30am in St. Joseph's Church, 10 H. Putnam Rd. Ext., Charlton. Burial in St. Patrick's Cemetery, Natick, will be held at a later

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

www.morrillfuneralhome.com

date. There are no calling hours.

#### **ANTIQUES** continued from page A5

dle pistols hit the mark when they sold for a little under \$2 million at auction.

We have another colt revolver, a Kentucky long rifle and other antique firearms in our January 30th auction. My "Evaluating your antiques" class will be held on March 3rd at the Bay Path Adult Education Evening School

in Charlton. Other events are being scheduled. Please see www.centralmassauctions.com for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com.

BROOKFIELD Mary (Snow) Ε. Ingalls, 94, formerly of Spencer, passed away Friday, January 10, 2020 at Quaboag Rehabilitation Skilled Care Center,

West Brookfield. Wife of the late Elwin L. Ingalls who died in 1989, she leaves three sons, David L. Ingalls of Charlton, James W. Ingalls and his wife Deborah of Fiskdale, and Robert D. Ingalls and his wife Donna of Colfax, WA. Her youngest son Peter J. Ingalls passed away in 2015. Mary also leaves behind eight grandchildren, several great-grandchildren, nieces and nephews.

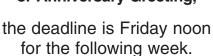
Born in 1925 in East Longmeadow, she was one of nine children of Darrell E. Snow and Lilian G. (Russell) Snow.

Congregational Church in Spencer for over 50 years, the majority of which she managed and worked daily at the economy shop until she was 92. She belonged to many groups and organizations throughout the years including Rebecca's Club, Fort Nightly, Spencer Garden Club, Women's Fellowship. Monday Club and Whist Party. She taught Sunday School, was a Cub Scout Den Mother, catered events through the church, led the Pilgrim Fellowship and was the supper advisor at church

A service will be held at the First Congregational Church at a later date. Burial will be at the convenience of the family. Arrangements are in the care of Rice Funeral Home, 300 Park Ave,

In memory of Mary, contributions can be made to the charity of your





#### (Memoriams will run on the Obituary pages)

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3") or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3"). You can add a photo at no additional cost.

To send by mail, please mail or drop off to June Simakauskas, P. O. Box 90, 25 Elm St., Southbridge, MA 01550.

Personal checks, Visa, Master Card, Discover and AMEX are accepted.

For more information, please call June at 508-909-4062 or email jsima@stonebridgepress.news and she'll be happy to help!









Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to Obits@stonebridgepress.news



# Rescue Puppy Named New Voice Of The TurfMutt Foundation

(NAPS)—A puppy named Mulligan has big paws to fill, but the mixed breed rescue dog is up to the challenge of becoming the new voice for the TurfMutt Foundation, says his new owner and guardian, Kris Kiser, President of the organization.

Since 2009, Kiser's rescue dog, Lucky, "pawed it forward" by leading the Foundation's environmental education and stewardship program for students in grades K to 8. Sadly, Lucky passed away recently, but his superhero cape is being picked up by perky Mulligan, who was found by Kiser last month during Lucky's Mutt Madness, a national pet adoption event organized by the Foundation during GIE+EXPO, the nation's leading trade show for outdoor power, landscaping and hardscaping industry pro-fessionals, held each October in Louisville, Ky.

Mulligan was not the only rescue pup to find a new home. Fifteen other dogs from the Kentucky Humane Society also went home with new owners.

Carl Bennett and his family brought home a beagle mix puppy, named Jovial. "She is completely living up to her name. She's happy and sweet and loves everyone. She's very smart and is already learning tricks," said Bennett.

Bennett admits they weren't planning to bring



a puppy home but added, "When we saw her sweet little face and floppy ears we all fell in love. We never expected to adopt but something told us she needed to be a part of our family.

A ten-year-old dog named Mama went home with Mark Potocki. He was concerned she wouldn't get the love she deserved because she was older. "Once I had the chance to hold her, she curled up in my arms and my decision was made," said Potocki.

He said Lucky's Mutt Madness was a wonderful experience. "What a great event. The vibe of the afternoon was fun and drew attention to the need for pet adoption," said Potocki.

Kiser is deep into puppy training for Mulligan. "As a spokesdog, TurfMutt has to visit schools, and sometimes goes with me for public appearances and on TV sets, so Mulligan needs to be well-socialized and know how to behave."

"Mutt Mulligan" marks a new page in the TurfMutt platform, which grew from a youth education program launched in 2009 in a handful of Sacramento and Washington, D.C. schools to reaching 70 million students, teachers, and families with its message that everyone can help save the planet, starting with their backvard.

Kiser added, "People can understand the value of a living landscape, when they see it through the eyes of a dog. You suddenly realize that soft grass is kinder to paws than hard concrete and that you need shade and a variety of plants in your yard."

The  $TurfMutt\ program$ has become a national platform, appearing on every major television network, The Hub, Animal Planet and more, including the award-winning show, "Lucky Dog," for three seasons; being featured in Parade magazine's Earth Day issue; and winning awards. TurfMutt is an official USGBC Education Partner and part of its global Learning Lab, and has been an education resource at the U.S. Department of Education's Green Ribbon Schools, the U.S. Department of Energy, the U.S. Environmental Protection Agency, Green Apple, the Center for Green Schools, the Outdoors Alliance for Kids, the National Energy **Education Development** (NEED) project, Climate Change Live, Petfinder and the U.S. Fish and Wildlife Service.

More information on Lucky's Mutt Madness event and the program is at www.TurfMutt.com.

Kris Kiser, President of the TurfMutt Foundation and the newest TurfMutt, Mulligan.



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2020 Toyota **RAV4 LE AWD** STK# 274400 | MODEL# 4432



/MO\* 36 MOS.

10k Miles/Year CAP COST: \$27,371. 3YR/10K. \$3,999 + TAX + FEES = \$5,363 TOTAL DUE AT SIGNING

### 2020 Toyota Tacoma SR5 Double Cab V6 4×4 STK# 274229 | MODEL# 7540



36 MOS. **FOR** 10k Miles/Yea

CAP COST: \$34,929. 3YR/10K. \$3,999 + TAX + FEES = \$5,407 TOTAL DUE AT SIGNING

#### 2020 Toyota RAV4 Hybrid LE STK# 274857 | MODEL# 4435



10k Miles/Year CAP COST: \$28,854. 3YR/10K. \$3,999 + TAX + FEES = \$5,552 TOTAL DUE AT SIGNING

#### 2019 Toyota Highlander LE AWD STK# 274311 | MODEL# 6953



36 MOS.

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Sedan 4 cyl, auto, FWD, Celestial Silver Metallic, 25K miles, A274511A \$19,998

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2017 Toyota Highlander



SUV, AWD, 6 cyl, auto, OOH LA LA Rouge Mica, 64K miles, A274268A \$29,998

2017 Toyota Tacoma SR5



6 cyl, auto, Silver SKY Metallic, 32K miles A274099A \$29,998

2015 Toyota 4Runner Ltd



SUV, 4WD, 6 cyl, auto, Blizzard Pearl, 74K miles, A274057B \$30,998

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Truck, 4WD, 8 cyl, auto, Inferno, 26K miles, \$30,998

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#### 2017 Toyota 4Runner Ltd



SUV, 4WD, 6 cyl, auto, Midnight Black Metallic, 46K miles A274181B \$32,998

2018 Toyota Highlander XLE



SUV, AWD, 6 cyl, auto, Blizzard Pearl, 36K miles, A274315A \$35,998

2018 Toyota 4Runner Ltd



SUV, 4WD, 6 cyl, auto, Midnight Black Metallic, 27K miles A274066A \$37,998

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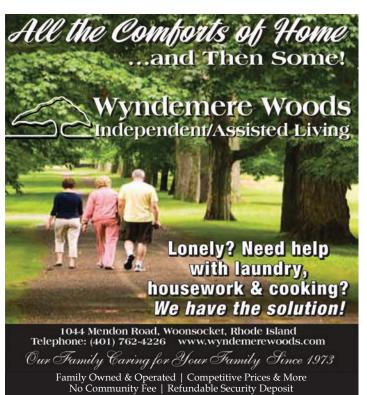
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Sturbridge, MA 01566. For a full description, go to the vacancies link at

www.town.sturbridge.ma.us.

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58" 50" VIZIO SMART TV VIZIO SMART TV

\$34999 **\$289**99 LG WASHER FRENCH DOOR ICE AND WATER REFRIGERATOR OR DRYER

\$**649**99 AMOUS MAKER **GAS OR ELECTRIC** \$**429**99

SNOWBLOWERS

KITCHENAID DISHWASHER \$**649**<sup>99</sup>

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SAMSUNG

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\$29999 \$**189**99

14 GU. FT. Upright

FREEZER

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TOP

WASHER

s**489**99

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- Special Education Teachers
- Instructional Assistants

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Something is happening to TVs across America as local channels change their frequencies to open up airwaves for new high-speed wireless services. If you use an antenna to watch free over-the-air TV, you might find that one or more of your channels is missing. But no need to worry. You can fix it in just a few minutes with your TV's remote control.

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## Listings Always Needed - We're Always Busy Selling!







Jun . HILLIA ISS

ON DEPOSIT

**AUBURN** — 16 Lorna Dr! 7 Rm Split Entry Ready for the Next Owner! Located on a Cul-de-sac! Many Recent Updates! Windows 2006! Roof 2010! Siding 2016! Water Heater, Garage Door & Opener 2017! Driveway & Deck 2018! Applianced Oak Cabinet Kit wfile Floor! Dining Rm! Spacious Liv Rm! Master Bdrm w Hrdwds! 3 Comfortable Bdrms Tota!! Full Bath! Finished Lower Level Fireplace Fam Rm wCustom Bar, Recessed Lighting & 2nd Bath! Screened-in Porch to a Private Yard wNew Pressure Treated Deck is Ready for Entertaining! Nicely Landscaped! 1 Car Garage! Shed! Idea! Commuter Location! \$325,000.00





Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor Master Suite, Ideal Center 181: Formal Dill, Fiteplace by Kill wwateruskuary views: 181 in Lauriary occord from the Control of the Figure 181: Formal Dill, Fiteplace Fam Rml Burderus Oil Heat! CAir! Oversized 2 Car Garage! \$779,900.00



MILLBURY - WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately ter views from unit referent relimination from the transfer of Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages - 1 & 2 Car Detached Garages! Reward Yourself! \$999,000.00



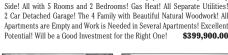
WEBSTER — 27 N. Main St! 3 Family! 55/3 Rms! 33/1 Bedrooms! 1st Flr w Eat-in! Liv Rm! 3 Bdrms! Updated Bathrm! 2nd Flr wKit WiDin Areal Liv Rm! 3 Bdrms! Updated Bath! 3rd Flr wEat-in Kit! Liv Rm! Bdrm! Full Bath! Long Term Tenants! Sep Utilities! Viny! Sided! Laundry Hook Ups! Freshly Painted Hallways! \$249,900.00 OXFORD - 27 Rocky Hill Rd! Move Right Into this 6 Rm Ranch! Bright, Fresh Kitchen! Dining Rm! 20' Living Rm! 3 Comfortable Bedrms! Nice Bathrm! Deck w/Awning! All the Work has been Done! Roof, Siding, Windows, Insulation, Gas Furnace, Gas Hot Water Heater, AC, Front Porch Windows, Door, Living Rm Floor, Skylights, Kitchen, Bath & Dining Rm Floors! 2 Bedrm's Wall to Wall Carpeting & the Interior Freshly Painted 10/2019! Quick Closing Possible! \$269,900.00



DUDLEY - 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 1.2 Acres! Applianced Dine-in Granite Kit! 3 DUDLEY - 7 - 9 West Street! Brick 4 Family plus a 2 Family! Side by



Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaming Hrdwds Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! \$469,900.00





THOMPSON - 299 Quaddick Rd! Beautiful Custom Cedar Log Home Privately Set on 5.47 Acres! Stone Wall Entry Leads Up the 700+\* Driveway! Nestled in the Woods! 6 Rms of Gorgeous Cedar! Applianced Granite Kit w/Soft Close Hickory Cabinets! Ideal Open Flr Plan w/Soaring Beamed Cathedral Ceilings w/Skylights! Gleaming Hrdwds! Liv Rm w/Spectacular Stone Frplc w/ Pellet Insert! 1st Flr Master w/Full Whirlpool Bath & Walk-in Closet! 3 Bdrms & 2.5 Baths Total! 3Z Buderus Oil Heat! 2 Car Garage! \$399.900.00



DUDLEY - 94 Tracy Road! 7 Rm 4 Bdrm Colonial On 1.24 Acres! Privacy! Many Upgrades! Hrdwds Throughout! Frplce Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! om w/Skylights, Hrdwd Flrs & Slider to Deck! 1st Flr 1/2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16X21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! \$349,000.00





WEBSTER LAKE - 250 Killdeer Island Rd! North Pond's Sandy Shore! 9 Rm Ranch in Meticulous Condition! Absolutely Beautiful 100' Waterfront Lot! Stainless Applianced Kitchen w/Cherry Cabinets, Granite Counters, Hrdwd Floor & Dining Area w/Slider to Deck! Formal Dining Rm w/Hrdwds! Front to Back Living Rm Overlooking the Lake w/Cathedral Ceiling, Custom Built Cabinets, Gas Frplc & Hrdwds! 1st Flr Lake Facing Master Bdrm w/Slider to the Deck & Access to the Screened Hot Tub. wWalk-in Closet, Full Bath wWhirlpool Tub, Separate Shower & Commode Closet! 1/2 Bath & Separate Laundry Rm Nearbyl Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to the Patio/Lake! Full Bath! Oversized 2 Car Garage! LP Gas Heat/Hydro Air! Generator! Private Boat Ramp! Docks! Don't Delay!



**DUDLEY** - 61 Townfarm Rd! Charming 7 Rm Cape Set 1.9 Acres! This 3 Bdrm Home Completely Renovated 2015! Updates Include - Roof, Windows, Siding, Kitchen, 2 Baths, Furnace, Electric Panel, Well, Septic, Driveway & More ldeal Open Fir Plan! Cabinet Packed Granite Kit wilsland & SS Appliances! 1st Fir w/Beautiful Hrdwds! Frplc Liv Rm! 1st Fir Master Bdrm! Office or 4th Bdrm! Custom Tiled Bath w/Laundry! Upstairs 2 Spacious Bdrms w/Hrdw & 2nd Full Bath! Large Paver Patio! Shed! Gorgeous Views! \$299,900.00



SUTTON - LAKE SINGLETARY WATERFRONT! 5 West Sutton Rd! 8 Rm Cape! 3 Bedrooms! Screen House at Waters Edge! Gradual Access to the Water! Well Maintained! Kit, Formal Dining Rm! Spacious Fireplace Living Rm! Den! Sun Rm! Updated Windows! Brand New Furnace w/Hybrid Hol Water System & New Septic Just Installed! Quick Closing! \$449,000.00





105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-

in Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake











WEBSTER LAKE - 68 W Point Rd! Western Exposure - Spectacular Sunsets! Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Ren







**CHARLTON** — 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Appliance Granite Kit w/lsl. Recessed Lights. Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frolc Liv Rm w/Hrdwd Flr & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sinkl 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLITS SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! \$524,900.00





**WEBSTER LAKE** — 50 Union Point Rd! Panoramic Views of Middle Pond — South Facing — Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/ Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Pa-

tio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! \$624,900.00



75' Waterfront Wizxpansive Views: 6 km Yf kg Rahen: 100al zhu fioine: renovace or Enjoy As Is! Open Flr Plan! Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms wWater Views! Sliders to Screen Enclosed Porch! Master w/Ceiling Fan & Dble Closet! 2nd Bdrm w/Dble Closet! Full Bath off Hall! Finished Walk-ou Lower Level w/25' Fam Rm w/Door to Lakeside Patio, Bdrm, Full Bath & Utility Storage Rm! 3 Bdrms, 2 Baths Total! Oil Heat! Covered Entry Ramp & Electric Chair Lift! Shed! Dock! Summer Will Be Back – Don't Delay! **\$499,900.00** 



**WEBSTER LAKE** - 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! Ist Flr w/Beautiful Maple Hrdwds! SS Applianced Silestone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! \$369,900.00



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Featured Open House! SUN. • 11-1:30 **WEBSTER - 5 SURREY LN** 

BRAND NEW TO MARKET ~\*~ FIRST TIME OFFERED! Welcome Home! RARE FIND!! Gently Used 5 Bdrm Colonial, or 4 Bedrms & Game Room!! This 24 x 28 3 Car Garage HAS HEAT! Radiant Heat in Floor, 8' High Garage Doors. Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w Breakfast Bar, Newer SS Appliances ~ Slider off Din Rm to Deck & Patio ~ Second Floor - 5 Over-sized Bdrms! Bath & Laundry Rm! Walk up Attic for storage! Bsmt is Plumbed & Wired for bath & Kitchenette! \$409.000.



Updated 2 Family - Vinyl Siding-1st Floor 6 Rooms, 3 bedrooms. 1 Full Bath, open Kitchen, Fully Applianced, Washer & Dryer Included, New Carpeting, Hardwood Floors. 2nd Floor - Open Kitchen with Gorgeous Kitchen Cabinets - 6 Rooms, 3 Bed, 1 Full Bath Hardwood Floors, New carpeting, Earh Apartment has 1,200+ sq It plus. Oil Heat - 2 New Oil Tanks, Circuit Breakers. Olf street parking, Town Water & Sewer, 3rd Story Unlinished. Great Commuter Location. \$237,500.

1111 111

#### **WEBSTER - 3 STEFANIAK AVE.**



Cute 2 Bedroom Ranch! All hardwood Floors, gas Fireplace living room! 2 baths. Appliances included. 2 zone heat. Large deck! Young asphalt roof. Walk out lower living level. Town Wa-\$219,900.

#### **WEBSTER - 17 PINEWOOD DR**



Location, Location, Location! Close to 1395. Split Entry with 6 rooms. 3 bedrooms & 1-1/2 baths. Many Updates! Fireplace living room. Wood floors! Recent Asphalt Shingled Roof & Solar Panels. assisted sale \$289,900

#### WOODSTOCK, CT - 64 LYON HILL RD 即 III )

Estate like long paved drivewayl 3158 Sq F1 Colonial! Geothermal built. Open floor plan, ash flooring throughout Grantle and s/s applianced kitcheni Large master bedroom, coffered celling, master bath, Wyldeted bulb Walk in closest. For oca grange, Radiused calwalk on upper levell A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property!

SORRY, SOLD!

#### **WEBSTER - 14 HIGHCREST #4**



Ready to move in! 2 bedroom 1& 1/2 bath condo. Large bedrooms with large full bath master bedroom private access. Skylight Hallway, extra large living area with separate dining! Access to private deck via sliders, fully applianced kitchen, loads of counter space, tons of storage Access to private deck via sliders, fully Full finished basement, brand new heat and a/

#### WEBSTER/OXFORD/DUDLEY/DOUGLAS Dudley - Marshall Terrace 12,000 +/- Sq, Ft. Possible potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. \$70,000

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest Webster - 3 Lots Cooper Rd. Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots water/sewer access Webster - 85 Upper Gore! View of the Lake. 1+ acre, artesian well, Septic Design, Etc. Oxford - 4 Leicester St. approx. 8.47 acres! River frontage.

Highly possible to be subdivided.

#### POMFRET, CT - 280 RIVER RD



Cape gutted to the studs and remodeled, 3 Br. 1 bath: 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/plumbing. Large Gambrel Post & Beam. 2 bay garage w/loft. New septic. **NEW PRICE \$249.500** 

#### **HOLLAND - 6 MAIDEN LN**



the lot to promote privacy on this .44 acre Lot! 6 room 2 bedroom 1-1/2 Bath. 2 brick fireplaces! Furnace and roof approximately 6 years old. Plus a guest house! assisted sale \$229,000.

## **WEBSTER - 212 SCHOOL ST**



ing. 2 bedrooms each unit! Walk-up attic with a lot of potential! Solar panels!! Fully \$369,900.





**ATTENTION DEVELOPERS** 

Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, Water/Sewer access

#### On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



#### **WEBSTER LAKE - 118 POINT BREEZE RD**

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & **NEW PRICE \$299,900** shore frontage available.



#### WEBSTER LAKE - 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! New Price \$375,000

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Please call for all your Real Estate needs 270 Main Street, Spencer, MA 01562 maryangela87@yahoo.com



Jo-Ann Szymczak 774-230-5044 Diane Luong 774-239-2937 Maria Reed 508-873-9254 Maureen O'Connor 508-981-4902

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ReMax Advantage 1 25 Union Street Worcester MA 01604



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Heritage Family Park. OPEN HOUSE this Sunday 12 - 2 pm.

Brand new 2 bedroom, 2 bath 2020

Commodore Manufactured Home

Energy Star ready for occupancy.

\$87,900!

THANK YOU ALL

FOR A GREAT YEAR IN REAL

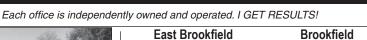
**ESTATE! HAPPY 2020!** 

Some of my recent transactions

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maryangela87@yahoo.com







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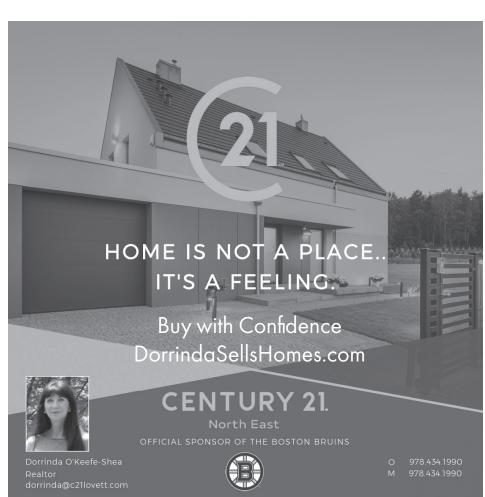
SOLD

Paxton





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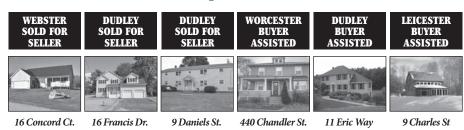
Maureen O'Connor 508-981-4902 ReMax Advantage 1

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New Year — New Photo — Same committed team of real estate agents — Diane, Maria, Maureen, and Jo-Ann Szymczak.

Our team is committed to giving you professional service in buying, selling, or relocating and to help make you an informed consumer. Attend one of our free coffee hours on Sat., noon to 1 or call for a private consultation.











(C) Condo (X) Condex (B) Business (U) Duplex (P) Land (L) Mobile Home

(M) Multi-Family (S) Single Family (A) Apartment

(T) Townhouse (D) Adult Community (W) Waterfront REALTOR/SELLER/PHONE

SATURDAY, JANUARY 18

STYLE TIME PRICE

WEBSTER

**ADDRESS** 

56 Chase Ave. Apt. #2

Noon-2 \$1100/Mo

Re/Max Professional Associates/ Patrick Sweeney 774-452-3578

**SUNDAY, JANUARY 19** 

WARREN

39 Presidential Circ. L Noon-2 \$87,900 Century 21, North East Mary Hicks 508-612-4794

WEBSTER

5 Surrey Ln. 11-1:30 \$409,000

Hope Real Esate Group/ June Cazeault 860-377-2077

To have your open house listed in this directory. Please contact Patricia Owens 508-909-4135

#### **AUBURN - 2 ACRE LOT FOR SALE**

Abuts Eddy Pond. Well & Title V 2 BR septic installed. Conservation approved location & maximum house size. \$75,000

Call John 508-789-8230







This ± 4,096 sq. ft. single story brick building sits on ± .18 acres and features 3 overhead doors and office area. The property is in the Central Business district which offers a wide range of business uses by special permit. The flexible space is close to Routes 9 and 56 and is ideal for tradesmen or small business. Open house and bidder registration at 9:30 AM.



ZEKOS GROUP AUCTIONEERS 508-842-9000



## Feeling a little **Crowded?**

Look for that new home in our real estate section.

#### **FOR LEASE RETAIL or OFFICE SPACE**

Beautiful water views with over 2400 SF of space available in a standalone brick building with a full kitchen & 3 bathrooms located on busy Rt. 16 in Uxbridge, MA

> **PLEASE CONTACT** Capron Corp. at 508-278-9191



#### CAN'T FIND A HOUSE, BUILD ONE!! WE HAVE LOTS & BUILDERS! CONTACT US!



ood income! \$179.900.

SOUTHBRIDGE: Impeccably maintained Cape Cod Style home! 6 rooms 4 bed-rooms 2 baths. Beautiful kitchen with ap-pliances. Wonderful heated sun room with deck for barbecuing. Hardwood floors. Central Air. Updated boiler and hot water. Professionally landscaped yard. Located at the end of a dead end street. \$229,900



WEBSTER: INVESTORS TAKE NOTICE! Fully rented! 2 Large 3 bedroom apartments and one 2 bedroom apartment. Exceptional large & level yard! Centrally located for commuters. Tenants pay their own utilities. Washer & dryer hook ups. Newer hot water tanks. Enclosed staircases. Large off street parking lot. \$214.900.



Home in Sturbridge Retirement Co-op Park! rooms 2 bedrooms 2 baths! EXCELLENT LOCA TION being the last home on dead end! Privacy Large master bedroom with master bath! Vaulte ceilings in living room/dining room combo Eat in kitchen. Large enclosed porch too! Shec \$70,000 plus park share! SOUTHBRIDGE



SOUTHBRIDGE: Wonderful 2 family on corner Lot with Yard! Many updating was this Inexpensive but move in ready home! 5 done in 2008 including roof, siding, 2nd room 2 bedroom 1 bath! Open Porch. Vinyl egress, electrical, plumbing, plus numer-ous interior upgrades. Fully rented with street parking. A little yard. **\$114,900.** 

SOUTHBRIDGE
Great Three buildings! Well maintained church in
pristine condition!
Beautiful entry way. Inspiring stain glass windows. Seating for up to 350 people. Balcony
seating. Elevator to lower level for a Meeting
Hall with kitchen & 2 baths. PLUS Rebots
attely Brick home which consists of 11 a stately Brick home which consists of 11 rooms, 6 bedrooms, 3 1/2 baths. All rooms are large with high ceilings, many fireplaces and first floor bedroom with private bath PLUS large Carriage House converted to garage with workshop & storage, \$485,000.

**ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS:** SOUTHBRIDGE, STURBRIDGE, DUDLEY, CHARLTON, WEBSTER, HOLLAND. PLEASE CONTACT US!

### Local Events, Arts, and **Entertainment Listings**

#### **SATURDAY, JANUARY 25**

PASTA & MEATBALL DINNER

with entertainment to follow. - Serving 4p.m -7 p.m. Oxford VFW Post 5663, 20 Federal Hill Road, Oxford. There are a limited number of tickets! Tickets are available at the post open at 1:00 p.m. Thanks in advance for your faithful, continued support of the Oxford VFW Post 5663! \$10 Donation

#### **SATURDAY, FEBRUARY 8**



EAST BROOKFIELD'S 100TH ANNIVERSARY 2:30 Presentation 3:30 Skating

"The Lake in Winter" Event. Ken Ethier: Ice harvesting; ice skating; a bonfire with DJ and concessions Town Hall; Lake

Lashaway Town Beach FREE -snacks for Sale

#### **SUNDAY, FEBRUARY 9**

FISHING DERBY

6 AM - 2 PM - Details to come! See Facebook @EB100th or tinyurl.com/EB100th!



#### **SATURDAY, MARCH 14:**

OPEN HOUSE at Hodgkins Building 1:00-3:00 (Museum/ RR/Art Guild/ Boy Scouts)

108 School Street FREE

#### **TUESDAY, MARCH 24**

RE-ENACTMENT of signing of town bill and unveiling of Anniversary Quilt 6:30 Senior Center; Pleasant Street

#### SATURDAY, APRIL 4

ROARIN' TWENTIES DANCE at Sturbridge Host Hotel; 6:00 • \$35-\$40

#### SATURDAY, APRIL 11

at Hodgkins Building (Museum/ RR)

1:00-3:00, 108 School Street, East Brookfield

#### SATURDAY, APRIL 18; 9:30

HISTORICAL TALK - Ed Londergan -The First and Second Settlements at East Brookfield Town Hall. FREE

#### SATURDAY, APRIL 25 TOWN WIDE CLEAN-UP DAY

Meet at East Brookfield Town Hall 9:00

#### **SATURDAY, MAY 2**



East Brookfield Nature Walks at Pelletier Woods 2:00. FREE. Howe Street, East Brookfield

#### SATURDAY, MAY 9

OPEN HOUSE at Hodgkins Building (Museum/ RR). 108 School Street, East Brookfield 1:00-2:00. FREE

#### SATURDAY, MAY 16

7K RUN AND FUN WALK TImberyard Brewery, East Brookfield 10:00 \$30.00 adults, \$15.00 kids

#### SATURDAY, MAY 30

HISTORICAL TALK - Ed Londergan -Murder in the Brookfields (Spooner / Newton Murders) 9:30 East Brookfield, Town Hall. FREE

#### SATURDAY, JUNE 6



STRAWBERRY FESTIVAL at Podunk Chapel, East Brookfield 2:00 & 3:30 seatings. \$5.00 pp

FRIDAY, JUNE 12;

COAST GUARD BAND EBES \$2.00 pp 7:00

#### **SATURDAY, JUNE 13**

**OPEN HOUSE** 

at Hodgkins Building (Museum/ RR) 108 School Street. East Brookfield 1:00-3:00

**SATURDAY, JUNE 20;** 

OPEN HOUSE at Camp Frank A. Day (archery, boating, basketball, mini golf, lunch) Rain Date: June 21. 125 South Pond Road,



#### MONDAY, JULY 6

SUMMER READING KICK OFF - EB Library - continues for five weeks. East Brookfield Town Hall FREE

#### **SATURDAY JULY 25:**

HISTORICAL TALK - Heather Gablaski -East Brookfield: 100 Years a Town East Brookfield Town Hall 9:30. FREE

**SATURDAY, AUGUST 8** OPEN HOUSE at Hodgkins Building (Museum/ RR) 1:00-3:00. 108 School Street,

East Brookfield. FREE

#### **SATURDAY, SEPTEMBER 12**

PARADE AND FAMILY FUN EVENT! 9:30 -7:00. Route 9, East Brookfield. FREE Rain date for Parade and Family Fun Day Sept

#### **SATURDAY, OCTOBER 10**

**OPEN HOUSE** 

at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield 1:00-3:00.

#### **SATURDAY, OCTOBER 24**

BUS AND CEMETERY TOUR, ending in dinner at Podunk Chapel. Meet at East Brookfield

#### SATURDAY, NOVEMBER 7

Town Hall 3:30. \$15-\$20.00 pp

#### HISTORICAL TALK - Guy Morin- Central

Massachusetts during the Revolution East Brookfield Town Hall 9:30. FREE

#### SATURDAY, NOVEMBER 14

OPEN HOUSE at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield 1:00-3:00. FREE

**SATURDAY, DECEMBER 12** 

HISTORICAL TALK - Ken and Tina Ethier -"Trolley Talk"

#### East Brookfield Town Hall 9:30. FREE

SATURDAY, DECEMBER 12 OPEN HOUSE at Hodgkins Building (Museum/ RR) 1:00-3:00 108 School Street, East Brookfield. FREE

#### **ONGOING**

MARIACHI BAND First Thursday of the month 5-8 p.m. MEXICALI MEXICAN GRILL Webster location 41 Worcester Rd., Webster, MA 508-461-5070



TRIVIA SATURDAY NIGHTS 7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822

LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN 260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com



THE CENTRAL MA CHAPTER OF TROUT UNLIMITED meets the first Monday of every month from September through May. We discuss a variety of conservation programs to

improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet.

Auburn Sportsman's Club 50 Elm St., Auburn, MA

#### JULY/AUGUST

Summer Concert Series continue as usual every Thursday 6:00-8:00

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**ABOVE** GROUND **OVAL POOL** 

used 12 seasons 15 x 24 all aluminum. Walk around deck, patio, privacy fence. All equipment included, including electric heater. Needs liner and bottom rail.\$1,200

Call 508-476-1467 ARTICLES FOR SALE Nordic Track Exerciser-\$300 **Epson Photo Printer** Cd/DVD with program Car or Truck Sunroof Rollup School Map \$50

Many Chairs \$25 each. Electric Fireplace

2 Antique Printing Presses Manufacturing1885-\$1500 each.

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Bunn My Cafe single cup brewer \$75 Oak bookcase 3"x3" 3 shelves \$50 508

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\$500. call 860-774-1871

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3/4 Seasoned/standing dead hard wood custom cut to your specs. Delivered to your home. 12"-14" \$300 per cord. 16-18" \$260 per cord Call: 508-282-0232

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**FOR SALE** Brand new8ft Leers Cap. Fits a bed for 2016 and under. \$850

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call 508-909-6070

**FOR SALE** brand Size: 205 60R 16 Mounted on Ford Rims

(508)779-0120 Leave name and phone num-

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FOR SALE Janome Sowing/ Embroidery Machine. Includes: all feet. Hoops software, \$2,995, Call 860-774-5714 and leave a mes-

FOR SALE LINCOLN WELDER Gas portable, electric start 150 amps. 110-220. \$300 CALL: 508-248-7063

FOR SALE LINCOLN WELDER Tombstone Style. Plug in. 250 amps. \$250

CALL: 508-248-7063

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dinning room set with HUTCH like new perfect condition. Bar with 3 stools. Must See. Stereo Equipment Love seat and chairs and Misc items. 508-234-7252

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0 Teratone door-\$100, Double Hung-\$150, Casement-\$50, Double Hung Replacement \$25. Dump trailer 5kCall

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REESE 16K SLIDING FIFTH WHEEL HITCH \$375 or BO. ALSO WEIGHT **DISTRIBUTION HITCH**, for class C receiver on car or truck \$300 or BO. call john

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Located in Spencer. Free if you come get it (it's heavy!) CALL 781-391-1231

Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building Clean. Delivery possible. Ask for J.D. 413-262-5082

#### 130 YARD SALES

**DEADLINE FOR** YARD SALE SUBMISSIONS IS **NOON MONDAY** MASS. WEEKLY **PAPERS** Deadline subject to

change due to holidays

Call for more info

**200 GEN. BUSINESS** 

MIRROCRAFT 12 FOOT"V" MINNKOTA BOTTOM. MAXXUM POUND VARIABLE THRUST. DRIVE, VERY LOW HOURS. 3 SEATS WITH PEDESTALS .OARS,ANCHOR,TRAILER, SPARE TIRE . ALL VERY GOOD CONDI-TION.\$1500.00.CALL 508-987-

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**SOLID** RECTANGULAR **DINING TABLE** about 35 yrs old in sturdy condition but could use a light sand-

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FURNITURE DOCTOR: Have your furniture Professionally restored at reasonable rates. Furniture face lifting, painting, striping to Refinishing, caning and repairs. ANTIQUE DOCTOR, Daniel Ross (508) 248-9225 or (860)382-5410. 30 years in

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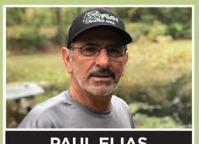
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