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Friday, November 6, 2020

Rotary continues commitment to community through service

SOUTHBRIDGE — While always making sure to keep the focus on remaining safe during the pandemic, Southbridge Rotarians continue to find ways to give back to their community in a variety of different ways. Most recently, Southbridge Rotary invited Michael McCall, Southbridge Town Manager, to speak to the

State officials offer COVID guidance for the bolidays BY KEVIN FLANDERS

STAFF WRITER

REGION – Concerned over the possibility of a major COVID-19 super-spreader situation, state officials have released Thanksgiving guidance to help keep residents safe.

State leaders are particularly concerned about the elderly, who will gather around Thanksgiving tables by the thousands. Family members of all ages are urged to heed all precautions to reduce the spread and keep vulnerable populations safe.

"Traveling and gathering with family and friends for Thanksgiving will look different this year to keep loved ones safe from COVID-19," read a statement from the Massachusetts Department of Public Health. "The DPH reminds residents and communities to be aware that gatherings and events are subject to the current state gathering size limits, as well as applicable sector-specific workplace safety standards."

Thanksgiving weekend is traditionally one of the busiest travel holidays of the year. Officials urge all motorists to follow the Massachusetts COVID-19 travel order, which prevents individuals living in high-risk states from traveling to Massachusetts without quarantining.

Officials ask all residents to limit in-person holiday gatherings as much as possible. Those at higher risk of contracting the virus are advised to skip large holiday events this year.

"Gatherings with more people pose more risks," read the DPH statement. "You can also consider hosting a virtual holiday dinner with extended family or friends, especially if they are at higher risk for illness from COVID-19." Residents can also arrange to safely deliver food items to family members or neighbors who aren't able to participate in traditional dinners. Additionally, the following guidelines were released by the state for Thanksgiving gatherings that involve individuals from more than one household.



President-Elect Patrick Morrill, President Tobe Gerard, and Southbridge Town Manager, Michael McCall.

Club. Addressing a full crowd of masked and social distant Southbridge Rotarians, Mr. McCall shared his vision of live, work and recreation for the town Southbridge. Rotary members were impressed by his ideas and look forward to volunteering at local events once the pandemic is over.

At the same meeting, Mary O'Coin, Executive Director of United Way of South Central Massachusetts, updated Southbridge Rotary on the activities of the United Way during these challenging times. Mrs. O'Coin provided an information about the recently held Day of Caring in which the Rotary Club of Southbridge donated \$300. She also talked about the 28 programs that the local United Way supports for the residents of South Worcester County and the volunteer opportunities for clubs such

as Rotary.

Lastly, President Tobe Gerard and Immediate Past President Jim Waddick paid a masked visit to the Center of Hope to donate 2,000 face masks for their use with clients. These masks were part of a larger donation by a Long Island, New York Rotary club which has donated millions of masks to Rotary clubs throughout the region. Receiving the masks on behalf of the Center of Hope were Cindy Howard, President, and Erika Travinski, CFO.

Rotary Club of Southbridge is a community service, non-profit organization that focuses on club, vocational, community, international and new generations service. For more information visit the Rotary Club of SouthbridgeFacebook page (@SouthbridgeRotaryClub).

• Wear a mask when not eating or drinking

• Wash your hands often with soap and warm water

• Stay at least six feet apart from others

• Assume that all guests beyond your immediate household could be asymptomatic spreaders

• Take precautions to reduce risks for older adults and those with medical conditions.

• If gatherings are held indoors, improve ventilation by opening windows and doors when possible.

Also, officials caution against sharing food, drinks, or utensils during meals. Encourage your guests to bring food and drinks for themselves and

Turn To HOLIDAY GUIDANCE, page A7

State offers funding for infrastructure improvements

BY KEVIN FLANDERS STAFF WRITER

REGION – The pandemic has not only altered how we work and learn, but also the basics of how we get around and interact in an age of social distancing. Recognizing the need to fund several short-term infrastructure adjustments to accommodate health measures, Gov. Charlie Baker recently announced significant funding for projects.

Last week, the Governor allocated funds to help communities plan for short-term innovations and long-term recovery efforts. A new \$10 million round of the Shared Streets and Spaces Grant Program will continue to help cities and towns quickly expand improvements to sidewalks, curbs, streets, on-street parking spaces,

Trinity Catholic Academy supports the fight against breast cancer

SOUTHBRIDGE — With the season of giving upon us, breast cancer awareness month was the place Trinity Catholic Academy kicked off the season by supporting Pink through Finally Lisa's Salon in Southbridge.

Assistant Principal, Angie Symock who leads this project each year, says, "breast cancer is part of so many people's lives for personal reasons and within each community. To contribute to research and care for cancer patients in need gives victims a fighting chance."

TCA's annual Breast Cancer Awareness fundraiser was a bit different than past years. Proper practices to ensure 'health over hair" were practiced. Usually, pink hair extensions and gel is applied during the fun event held at the school, but this activity was easily adapted with Finally Lisa's offering "Pink to Go" bags filled with pink items for at home fun and to wear pink to school "dress-down" day. Many individual donations made by the students were made to the Cancer Center at Harrington Hospital that is committed to ensure the delivery of the highest standard of patient-family care through diagnosis to survivorship.

TCA will continue the spirit of giving by participating in #GivingTuesday #iGiveCatholic in the month of November. This is a global movement to encourage generosity for causes people believe in.



and off-street parking lots, officials said. This will improve public health, safe mobility, and renewed commerce throughout the Commonwealth.

Additionally, local recovery planning grants will soon be available to cities and towns to assist with long-term planning for their business districts. A total of \$10 million is available for this program.

"Our current circumstances call for a plan with the size and scope to match the urgency we need to address the most pressing challenges we now face," said Secretary of Housing and Economic Development Mike Kennealy. "By targeting vital resources toward these key areas, this strategy will allow us to lay a solid foundation for our path to recovery."

The state has also announced several new efforts to support museums and other cultural facilities that have faced multiple challenges this year. These institutions will be eligible for \$10 million in Cultural Facilities Operating Grants, officials said. This funding will help organizations make safety improvements and other upgrades to allow them to continue operations.

Last month, the Governor filed a revised budget proposal that recommends over \$100 million in additional funding for economic recovery and development efforts statewide, including \$35 million for community development grants and loans.

The latest funding packages complement the Governor's \$275 million economic recovery plan announced in June.

New funding will focus on the following efforts:

• \$50.8 million in small business grants

• \$10 million to continue funding the Shared Streets and Spaces Program

• \$10 million for local recovery planning grants to support cities and towns

• \$10 million to support cultural facilities

• \$8.3 million in small business technical assistance

"During this unprecedented public health emergency, the Baker-Polito Administration is continuing to invest significant resources to support recovery and growth initiatives for small businesses and Main Streets across Massachusetts," said Secretary of Administration and Finance Michael Heffernan. "Through close coordination with federal, state, and local partners – including our legislative colleagues – we are proud to put forth a plan that thoughtfully invests funds from

.....

Turn To INFRASTRUCTURE, page A7



"Angel on Earth" Bay Path student thanked by patient's family

MANCHESTER, Conn. — The words posted were "C's caregiver. . . and her angel Isabella who have been by her side these past days" in the online obituary for C. C. through FarleySullivan.com (Farley Sullivan Funeral Home). A private service was live streamed due to health concerns with the pandemic.

The angel is Isabella Boateng of Manchester, Conn., a full-time practical nursing student at Bay Path Practical Nursing Academy in Charlton, MA and a Certified Nursing Assistant (CNA) with All Ways There Home Care (Vernon, Conn.), as well as a Hospice Aide with the Seasons Hospice & Palliative Care in Bloomfield, Conn. Boateng's educational background includes a Diploma in Accounting from Konongo Odumase (2005) and a Diploma in Business Management (2009) from Kumasi Polytechnic, both in Ghana. She has been a CNA since 2014 and a Home Health Aide. As a member of the PN Class of 2021, Boateng was elected as Student Representative and as an officer of the UNICEF Club. She is Dementia Care certified and com-



& unoccupied), Safe transfers & use of Mobility aids, Mechanical lifts and restraints, Vital signs monitoring and interpretation (especially manual/palpatory BP), Pulse Oximetry, Neurological assessment, Pain assessment, Head to toe assessment (including skin assessment), Height & weight measurement and documentation, Sterile Technique, Clean & sterile dressing changes, Wound assessment & documentation, Oxygenation: cannula, masks placement, Incentive Spirometry, Catheter insertion & removal, straight catheterization, Specimen Collection: sputum, urine, Guaiac testing, FSBS Checks, NG Tube insertion and suctioning, GT care and feedings, Ostomy Care, Enemas. Medication Administration (dispensing/various routes), Parenteral Medication, Administration and injections, IV care, Tracheostomy

Care and suctioning. The deceased's family thanked Boateng and all the caregivers. The family also requested that in lieu of flowers memorial donations may be made to the Alzheimer's Association (www.alz.org). Boateng is looking forward to a successful nursing career.

Nichols announces Cybersecurity Master's Certificate program

BY JASON BLEAU CORRESPONDENT

DUDLEY – Nichols College is rolling out a new graduate program for one of the most in-demand professions of modern society, cybersecurity.

With the increased dependence of technology and communication for both private and business use, cybersecurity is a profession that specializes in helping secure private information and server access to prevent sensitive documents or the public image of a company from being compromised. In October, Nichols College revealed that the school will be offering a new graduate study program offering prospective students the chance to earn a non-technical master certificate in this growing field.

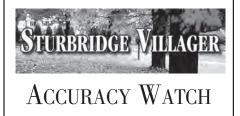
"Cyberspace touches every aspect of our personal and professional lives," said Tom Stewart, Associate Dean of Graduate and Professional Studies in a release from the college. "Today's leaders must be proactive and proficient in developing risk management strategies to combat cyberthreats which can have catastrophic consequences for their own organizations and the global business arena."

The program will teach students about the evolving threats of the digital world and incorporate input from professionals and academic experts to help teach students the foundational skills for the profession including best practices, comprehension and even have them create their own protection plans.

The announcement was made in conjunction with MassCyberCenter's Cybersecurity Month 2020 in October. As part of the announcement the school also hosted a webinar on Oct. 21 which focused on managing the "silo mentality," a term used to describe a reluctance to share information with employees of different divisions in the same company. The panel included experts in cybersecurity who educated participants in the current landscape and today's cyberthreats for the digital age.

Isabella Boateng

pleted a COVID-19 Contact Tracing from Johns Hopkins University. Her other certifications include, Alzheimer's Disease and Related Dementias for Nursing Homes, Adult Day Care, and Hospice from A Train Education (Willits, Calif.) and The Columbia- Suicide Severity Rating Scale from Columbia University College of Physicians and Surgeons. She is currently in Fundamentals of Practical Nursing clinical rotation at Quaboag Rehabilitation and Skilled Care center under the tutelage of Professor Jennifer DeFilippo, MSN, RN. Boateng is mastering her nursing skills such asHand washing, PPE and Infection Control, Measurement & application of antiembolic/compression stockings, Bed bath, oral care (conscious & unconscious), Body mechanics, ROM, and Positioning, Bed making (occupied



The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress. news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.





Town of Sturbridge DPW FOREMAN Department of Public Works

The Town of Sturbridge has an immediate fulltime opening for a Foreman in the Department of Public Works, Highway Division. This position is a union position and the successful candidate will be responsible for creating and handing out daily work assignments to the Highway crews and monitoring these crews among other responsibilities.

A CDL (Class B) and hoisting license (Class 2B) are required. The salary for the position is \$31.08 per hour. For a copy of the complete job description and an application please go to https://www.sturbridge.gov/your-government/pages/job-opportunities.

> Position open until filled. *The Town of Sturbridge is an EOE.*





School is in session, and before you can say, "red light, green light, one...two...three", a child can dart out of nowhere, and get hurt. Please be prepared to stop and exercise extra caution when driving near playgrounds and schools.

Please Drive Carefully. Our Kids Are Depending On You.



Maxxon Age 11 Maxxon is a sweet, inquisitive and kind boy of Caucasian and Hispanic descent. He is generally easy-going and calm. His favorite activities include riding his bike, playing with trucks, and watching television. Maxxon is fascinated with broadcasting and radio. He also enjoys interacting with adults and loves music, especially classic rock. Maxxon has a good sense of humor and will often surprise everyone with a funny joke out of nowhere.

Maxxon is currently attending a therapeutic school with extra supports. He is doing well overall in school and gets along with his peers. Maxxon is diagnosed with Autism Spectrum Disorder

(ASD) but is very high functioning. He can do his own daily care and hygiene, and with a little adult support is comfortable accessing his community.

Legally freed for adoption, Maxxon is eagerly awaiting his forever home. His social worker believes that he will thrive in a nurturing family of any constellation, with or without other children in the home. Maxxon has an Open Adoption Agreement and an adoptive family must be willing to help him visit with his birth father three times a year. Maxxon also has two half-sisters in Massachusetts who he would like to remain connected to. Maxxon can be placed outside of Massachusetts but must be within driving distance of the central part of the state.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



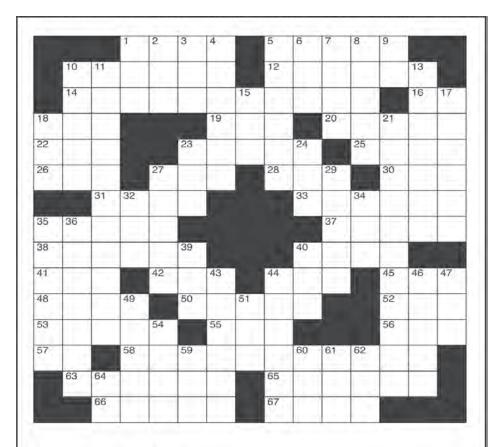
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CLUES ACROSS

- 1. Upright post on a boat
- 5. Sentimental person
- 10. Native American tribe
- 12. Wear away
- 14. Where you're going
- 16. Doctor
- 18. Popular Chinese dialect
- 19. One point east of due south
- 20. Northern sea duck
- 22. Note
- 23. Wives (law)
- 25. Trigonometric function
- 26. A way to communicate (abbr.) 56. Shed tears
- 27. Swiss river
- 28. No (Scottish) 30. Commercials
- 31. Large instrument
- 33. Chantilly, de Menthe
- 35. Small, saclike cavities

CLUES DOWN

- 1. More (Spanish)
- 2. A subdivision of a play
- 3. Japanese title
- 4. More jittery
- 5. Fabric
- 6. Luke's mentor Wan
- 7. Cleaving tool
- 8. Ancient city of Egypt
- 9.36 inches
- 10. Farewell
- 11. Second to last
- 13. Improved by critical editing
- 15. Defensive weapon (abbr.)
- 17. Fancy attire
- Farrow, actress 18.
- 21. Completely opposed 23. Supervises flying
- 24. Pouch

- 37. High and thin in tone
- 38. Treat extremely well
- 40. Famed track star Usain 41. Secure web connection (abbr.)
- 42. Rob of energy
- 44. Paving material
- 45. Cool!
- 48. Tip of Aleutian Islands
- 50. Indicates silence
- 52. Water in the solid state
- 53. Security interests
- 55. Popular hoopster Jeremy
- 57. Low frequency
- 58. Harmful bacterium
- 63. Common language: lingua
- 65. Standards of perfection
- 66. They consist of two parts
- 67. A detailed description of design
- 32. Computing platform (abbr.)
- 34. Snakelike fish
- 35. Greatly horrify
- 36. Despicable person
- 39. Tell on
- 40. Ballplayer's tool
- 43. Central Brazilian town
- 44. Court game
- 46. Land
- 47. "The Partridge Family" actress Susan
- 49. Retract a statement
- 51. Data executive
- 54. Capital of Yemen
- 59. Portable computer screen material
- 60. Electronic data processing
- 61. "Matt Houston" actor Horsley

QCC named fifth best online Associate degree program in the nation

WORCESTER — Quinsigamond College's Community online Associate degree programs were named the fifth best return on investment (ROI) in the country.

According to OnlineU, an unbiased rankings organization that compares all online colleges and universities in the country, QCC was the only community college listed in the top five, and one of only two community colleges in the country to make the top 10 in the 2020 list.

"Our programs are some of the most affordable and lucrative in the country as shown in this national ranking study. Our online programs are as robust as our in-person programs, without any additional cost differential. At QCC, our goal is 100 percent student success for all, and part of attaining that success means making sure our students have an affordable education that leads them into a productive future," President Dr. Luis Pedraja said.

The rankings include an annual tuition comparison of each school, based on out-of-state tuition rates, unless in-state rates are offered to all students. QCC's ROI ranking of 95.9 percent is based on its out of state annual tuition. QCC's Fall 2020 out-of-state tuition is \$411 per credit, as compared to its in-state tuition rate of \$205 per credit.

College and university online programs are also ranked based on the median salary and mean debt numbers found in the U.S. Department of Education's College Scorecard, as well as graduates' salaries and debt payments for 10 years after graduation accounting for standard salary growth, and interest on debt payments. Each school is then given an "ROI score," that reflects how the salary and debt of the programs compare to similar ones.

High School Notebook

Oct. 23

Tantasqua 31, David Prouty 6 Using a match play format at Hemlock Ridge, the Warriors' golf team emerged victorious versus the Panthers. Medalist honors go to senior Jack Barnes, who fired a 38 on the par-36 layout. Tantasqua is now 8-0 on the season.

"It's particularly gratifying to receive this acknowledgement as we continue with remote instruction due to the pandemic. It is validation of all the work that our faculty and staff do to help our students, President Pedraja said.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass. edu.

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Sat. 9:00 - 12:00

REAL ESTATE BRIMFIELD

\$607,612, 14 Elmrock Dr, Wheelrock LLC, to Saraf, Aakanksha, and Bandivadekar, Ashay. \$570,000, 156 George Hill Rd, Lewellin, Gavin D, and Lewellin, Marsha J, to Frost, Tobias E, and Frost, Madison A.

\$462,000, 23 Fay Mountain Rd, Onorato LT, and Onorato, Nicholas L, to Paxson, Dean A, and Paxson, Patricia P.

\$411,000, 16 Buttercup Ln #16, Srinivasan, Vidya, and Stone-Iyengar, Srinivas, to

Parthasarathy, Sudarsan K, and Narayanar, Vasundhra M.

\$382,000, 17 Flint Pond Dr #17, Tracey, Nicholas R, and Tracey, Lenore V, to Ohn-

Bar, Eshed M.

\$380,000, 158 Worcester St, Crossin, Jeremy,

to Oneil, Darren.

\$705,000, 3 Shaw Rd, Hurley, James M, and

Hurley, Christine M, to Welch, Glenn S, and

Hendrikse. Shana.

\$60,000, Marsh Hill Rd #28, Jones, Richard N,

and Jones, Patricia S, to Slade, Glenn D, and

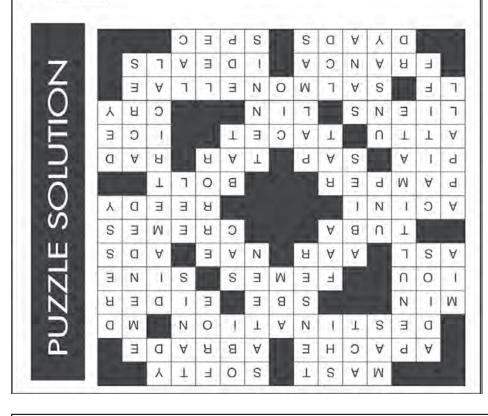
Slade, Kimberly. \$50,000, 118 5 Bridge Rd, Vandal, Paul, to

Rand, Erica, and Rand, Gabriel.

\$50,000, Palmer Rd #2, Pelissier, Justin, and

27. True firs 29. Mistake

62. Resinous substance 64. Rural delivery



Oct. 26

Tantasqua 172, Quaboag 197 — Tantasqua's golf team continued its winning ways by defeating the Cougars at Quail Hollow. Senior co-captain Grace Farland was medalist with a 38 on the par-36 layout. Other senior co-captain Will Pieczynski followed with a 41. Low Quaboag golfer was Matt Tiberii, who shot a 47. The Warriors are now 9-0.

Oct. 28

Tantasqua 43, Quaboag 11 — Playing in their final regular season match, Tantasqua's golf team emerged victorious over Quaboag at Hemlock Ridge. Using a match play format, senior captains Grace Farland and Will Pieczynski were co-medalists, as both carded matching 2-over par 38s. Aidan Fitzgerald and Matt Tiberii were the low Quaboag golfers with 47s. Tantasqua ended its fall golf season a perfect 10-0.

Beaulieu, Scott M, to MDW LLC. \$50,000, Palmer Rd #3, Pelissier, Justin, and Beaulieu, Scott M, to MDW LLC.

HOLLAND

\$277,000, 227 Brimfield Rd, Galarneau, John P, and Galarneau, Bonnie J, to Kolakowski, Shaina C.

STURBRIDGE

\$439,000, 59 New Boston Rd, 123 Kids LLC, to Breuer, Michael A. \$335,000, 17 Lauren Ln, Terwilliger, Sara E, and Terwilliger, Scott, to Lampasona, Alexa A, and Oleary, Sean M. \$301,000, 107 Gay Rd, Raczynski, Cheryl A, to Nielsen, Trevor S, and Burdick, Jeffrey L. \$175,900, 26 Allen Rd, Menard, Robert H, to Hillman, Ethan T, and Hillman, Erica L. \$48,000, 388 New Boston Rd, Curtis Gary Est, and Lavallee, Karen, to Couture, Christopher.



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This section reaches 47,000 households in 7 Massachusetts newspapers.

Tallman to assume role of Cornerstone Bank CEO on Jan. 1

WORCESTER — Effective Jan. 1, 2021, Cornerstone Bank President and Treasurer Todd Tallman will be appointed the Bank's CEO. Tallman steps into the role as a banking veteran with over 20 years of experience.

"Knowing Todd as well as I do, I am fully confident he will serve as an outstanding CEO," states K. Michael Robbins, who will retire as Cornerstone Bank CEO on Dec. 31, but continue to serve as the Bank's Chairman. "Todd's management, leadership and professional skills not to mention that he's a fine, caring individual by nature—make him eminently qualified for this position."

nently qualified for this position." A Certified Public Accountant, Tallman began his career as an Audit Manager at KPMG. After joining Southbridge Savings Bank in 1998 as Chief Financial Officer, he served in increasingly senior positions until his promotion to President/ CEO in 2014. Subsequently, in 2016, when Southbridge Savings Bank and SpencerBANK created a merger of equals to form Cornerstone Bank with assets totaling \$1.3 billion, Tallman was named President and Treasurer.

With a passion for supporting com-

LEGALS

Wales Zoning Board of Appeals Notice of Public Hearing

In accordance with the provisions of M.G.L. Ch 40A §10 & §11, the Wales Zoning Board of Appeals will hold a Public Hearing on November 16th, 2020 at the Wales Town Offices at 6:00 PM, on the application of William Matchett of 45 Union Rd, for a special permit in terms of the Town of Wales Zoning By-law Sec. 4.2. The Town of Wales Zoning By-Law Sec. 4.2.4.1 states "The proposed extension, alteration, or change must not increase the non-conformity (if any) with open space, yard, height, and off-street parking requirements." Specifically, the applicant wishes to build a 20 X 40 garage. Any person interested and wishing to be heard on this application should refer to the town website (www. townofwales.net) under zoning board agenda for the above date to participate virtually. If you have any questions or concerns please email planning@ townofwales.net October 30, 2020 November 16, 2020



(Left) Todd Tallman

munities and enriching the lives of others, Tallman serves on the Boards of several nonprofit organizations including Big Brothers Big Sisters of America—and is past President of the United Way of Southbridge, Sturbridge and Charlton.

Courtesv

"I can't thank Mike [Robbins] and the Cornerstone Board of Directors enough for the trust and confidence they are placing in me. As the saying goes, Mike will be a very tough act to follow. I'm tremendously excited about helping further Cornerstone's legacy as a financially sound, highly trusted community bank—and I will ensure that, as a team, we are in the best position possible to make that happen."

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, business-es, and communities throughout Central Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster, and Worcester, along with a Loan Center in Westborough. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook, or call 800-939-9103.

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HOLIDAY GUIDANCE

continued from page A1

for members of their own households.

"Wear a mask while preparing or serving food to others who don't live in your household," read the DPH statement. "Consider having one person serve all the food so that multiple people are not handling the serving utensils."

Officials strongly urge residents to avoid any self-serve food or drink options, such as buffets or buffet-style potlucks, salad bars, and condiment or drink stations.

For 14 days before and after holiday gatherings, minimize your public contacts and appearances. Only leave home for essential services like going to work, buying groceries, and appointments with doctors, officials said.

In addition to holiday meals, there are several other risks to consider this Thanksgiving. Avoid shaking hands and hugging, DPH officials said; instead, wave and verbally greet others. Also, avoid singing, dancing, and shouting, as these activities increase the chances of catching COVID-19 through the air.

Also, in the weeks preceding your Thanksgiving plans, check to ensure that COVID-19 conditions are not worsening in your community.

"The number and rate of COVID-19 cases in your community – and in the community where you plan to celebrate – are important to consider when deciding whether to host or attend a holiday celebration," read the DPH statement.

Individuals who aren't feeling well

should avoid attending in-person celebrations. Do not host or participate in any in-person festivities if you have symptoms of COVID-19 or may have been exposed to the virus.

INFRASTRUCTURE continued from page A1

multiple sources to equip employers with the tools, resources, and supports to help navigate the new COVID-19 landscape."

Added Joseph Kriesberg, the president of the Massachusetts Association of Community Development Corporations, "Small business owners have sacrificed to help keep all of us safe and healthy. This initiative is our opportunity to have their backs." All residents are encouraged to get the flu vaccine this year. For additional information on how to stay safe this fall and winter, visit www.cdc.gov/coronavirus.

Additionally, in an effort to help keep residents in their homes during the pandemic and support small landlords with expenses, the Baker Administration recently announced \$171 million in support of the Eviction Diversion Initiative. This comprehensive strategy includes funding to help cover housing costs, rent, and mortgage payments, among others.

For more information about ongoing recovery efforts, visit www. mass.gov.



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> BRENDAN BERUBE Editor

EDITORIAL

"There are many kinds of strength"

On Nov. 22, 1963, President John F. Kennedy was en route to give a speech in Dallas, Texas. He was assassinated before reaching his destination. Already written, was a speech he was to deliver at the event.

Here we are 57 years later, reading his words that call for unity and peace. We have taken portions of out due to space, however our hope is that this decades old speech will translate into 2020.

The speech reads as follows: "This Nation's strength and security are not easily or cheaply obtained, nor are they quickly and simply explained. There are many kinds of strength and no one kind will suffice.

Ignorance and misinformation can handicap the progress of a city or a company, but they can, if allowed to prevail in foreign policy, handicap this country's security. In a world of complex and continuing problems, in a world full of frustrations and irritations, America's leadership must be guided by the lights of learning and reason — or else those who confuse rhetoric with reality and the plausible with the possible will gain the popular ascendancy with their seemingly swift and simple solutions to every world problem.

"There will always be dissident voic-es heard in the land, expressing opposition without alternative, finding fault but never favor, perceiving gloom on every side and seeking influence with-out responsibility. Those voices are inevitable. But today other voices are heard in the land — voices preaching doctrines wholly unrelated to reality, wholly unsuited to the sixties, doctrines which apparently assume that words will suffice without weapons, that vituperation is as good as victory and that peace is a sign of weakness.

"We cannot expect that everyone, to use the phrase of a decade ago, will 'talk sense to the American people.' But we can hope that fewer people will listen to nonsense. And the notion that this Nation is headed for defeat through deficit, or that strength is but a matter of slogans, is nothing but just plain nonsense.

"Above all, words alone are not enough. The United States is a peaceful nation. And where our strength and determination are clear, our words need VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

FYI Tips

Sometimes simple tips and hints are the most valuable, especially when it comes to your health and well being. Since most of us are always on the lookout for ideas that make life a little easier (especially during these stressful

times), this week's col-

umn will focus on an array of tried and true FYI tips.

Remember to Drink Coffee!: A cup of Joe can jog your memory, especially if you're over age 65! In a study, memory performance declined significantly between AM and PM in seniors who didn't drink coffee or drank decaf. Those who had a cup of the high octane stuff showed no such effect!

H20 FYI: Hydrogen peroxide is a thrifty alternative to pricey products. Did you know 3% hydrogen peroxide can be used as an effective foot bath for athlete's foot? Soak feet in one pint of hydrogen peroxide mixed with one gallon of warm water for a half hour each night.

Great Grapes: Having a bad day? If your anger has you biting people's heads off, instead bite into a fresh apple handful of grapes! These fruits are rich in pectin, which can reverse the effect anger has on the body, and helps your system return to normal!

Carpal Tunnel Relief: If you have symptoms of carpal tunnel, it could be the way you use your computer mouse or pad. Relieve symptoms by using your fingers instead of your wrist to control the movement - think piano lessons! And if you are using a mask, try grasping it with the thumb and pinky - it takes the strain off the wrist.

Fat Burning Boost: ! Did you know you can give your body a fat burning boost by increasing your intake of oils like cod liver oil or evening primrose oil? These substances 'link' with the fat in your body and help digest the fat better.

Mighty Minis: Hate working out? The good news is, research suggests that health benefits can just as great from several mini workouts. In fact, exercising as little as ten minutes three times a day has proven to improve cardiovascular health when performed as few as three days per week.

Tea tip: The virtues of a cup of tea go way beyond taste! A study conducted by Harvard University found that those who drank one or more cups of black tea per day had more than a 40 percent lower risk of having a heart attack compared to non-tea drinkers.

Wonders of Walking: Walking to "digest your meal" is more than an after dinner pastime. Studies show when you walk within 30 minutes after eating you can increase the amount of calories you burn by as much as 30 per cent! But be sure to avoid caffeinated beverages before you walk. They cause thirst and a loss of bodily fluids.

Ice is nice: Did you know drinking ice water can give your diet a jump start. It boosts metabolism, cushions joints, and keeps skin hydrated.

BION: Here are a couple of "believe it or not" headache remedies that are gaining attention! The next time you get a headache, don't reach for an aspirin. Instead try drinking a couple of glasses of Gatorade to ease the pain - headache suffers claim it really works!

Or take a tip from folks who swear dabbing a bit of Ben Gay on your forehead, temples and the back of your neck relieves a headache fast!

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/ or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box Southbridge MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Protect your family from long-term care costs



Like everyone, you want to remain physically and financially independent throughout your life. But if you lose some of this freedom, the last thing you'd want is to become a burden on your family. How can you keep this from happening?

First of all, you need to be aware of the risk. Someone turning 65 today has almost a 70 percent chance of eventually needing some type of long-term care, according to the U.S. Department of Health and Human Services. Of course, this doesn't necessarily mean that you face that 70 percent likelihood. In reality, you have either a zero percent chance of requiring long-term care (you'll never need it) or a 100 percent chance (you'll definitely need it).

Nonetheless, if you think you've got that zero percent chance, you're taking a gamble – and it could be a big one, because long-term care is expensive. The median annual cost for a private room in a nursing home is over \$102,000, according to Genworth, an insurance company. Other long-term care services. such as those provided by a home health care aide, also don't come cheaply.

Furthermore, you can't count on Medicare paying all these costs - in fact, it would probably only cover a small portion of a nursing home stay and provide limited assistance for home health care. So, if you were financially unprepared for the expense of long-term care, the burden might fall on your loved ones. This could be a big financial challenge, in two ways. First, if a family member had to become your caregiver, this individual might have to abandon a career, or at least substantially reduce their working hours. Not only would this result in a loss of income, but it could also lower the amounts that could be contributed to a 401(k) or similar employer-sponsored retirement plan. Second, if your family members couldn't leave their jobs or cut back on their hours, or they were simply unable to provide the type of long-term care you need, they might be forced to pay for a nursing home stay or home health care worker out of pocket. To avoid these outcomes, you have a couple of options: Self-insure – You could conceivably 'self-insure" against the costs of longterm care by devoting a portion of your investment portfolio specifically to this purpose. However, if at some point you require admission to a nursing home, it may require a significant commitment of your resources. Purchase protection – Over the past decade or so, there's been an increase in the types of long-term care protection vehicles available. These instruments vary widely in cost and in what they cover, but by choosing a protection option, you may greatly lower the financial risk you might face. By consulting with a financial professional, you should be able to find an arrangement that's appropriate for your situation. Preserving your financial independence and helping protect that of your family should be a key financial goal. And you can make progress toward accomplishing this by recognizing the potential cost of long-term care and taking steps to deal with it.

Take THE HINT KAREN TRAINOR

**

merely to convey conviction, not belligerence. If we are strong, our strength will speak for itself. If we are weak, words will be of no help.

"I have spoken of strength largely in terms of the deterrence and resistance of aggression and attack. But in today's world, freedom can be lost without a shot being fired, by ballots as well as bullets. The success of our leadership is dependent upon respect for our mission in the world as well as our missiles — on a clearer recognition of the virtues of freedom as well as the evils of tyranny.

Finally, it should be clear by now that a nation can be no stronger abroad than she is at home. Only an America which practices what it preaches about equal rights and social justice will be respected by those whose choice affects our future. Only an America which has fully educated its citizens is fully capable of tackling the complex problems and perceiving the hidden dangers of the world in which we live. And only an America which is growing and prospering economically can sustain the worldwide defenses of freedom, while demonstrating to all concerned the opportunities of our system and society.

'My friends and fellow citizens: I cite these facts and figures to make it clear that America today is stronger than ever before. Our adversaries have not abandoned their ambitions, our dangers have not diminished, our vigilance cannot be relaxed. But now we have the military, the scientific, and the economic strength to do whatever must be done for preservation and promotion of freedom.

'The strength will never be used in pursuit of aggressive ambitions — it will always be used in pursuit of peace. It will never be used to promote provocations — it will always be used to promote the peaceful settlement of disputes

"We, in this country, in this generation, are — by destiny rather than by choice — the watchmen on the walls of world freedom. We ask, therefore, that we may be worthy of our power and responsibility, that we may exercise our strength with wisdom and restraint, and that we may achieve in our time and for all time the ancient vision of 'peace on earth, good will toward men.' That must always be our goal, and the righteousness of our cause must always underlie our strength. For as was written long ago: 'except the Lord keep the city, the watchmen waketh but in vain.'

The death of iceberg lettuce

I think we've heard enough about politics for a lifetime. I know I have, so I think it's important to talk about something totally different but almost as important...

It was here, then gone. It was everywhere, then vanished off our plates.

I was always a big salad eater. Give me a pile of iceberg lettuce drenched in thousand island dressing and I was satisfied. Add red onion, bacon bits and boiled egg and I was delighted. I could easily make a meal of a salad. The all-important base to this delicious dish was lettuce... real lettuce... the only lettuce... iceberg lettuce.

I miss it. Who took it and where did they put it? Why is it gone?

Finding a salad of iceberg lettuce these days is like searching for the Holy Grail. I know it exists but for some reason, it's now hidden away. Instead, we are left with what looks like inedible debris, discarded when weeding a garden. As if someone decided to keep the weeds and discard the produce, iceberg has disappeared. Thistle, twigs, and a little bark thrown in for texture has replace the traditional lettuce. But weeds? That's not a salad. And what is Kale anyway? Arugula schmugula! I wasn't asked if I wanted it. One day I had a plate full of beautiful iceberg lettuce, and the next day, unattractive greens that taste worse than they look took its place. How do we reverse this trend? Who hatched this dastardly plot?

While lamenting the disappearance of my beloved iceberg lettuce, someone said, "It's gone because it was nothing. Do you know iceberg lettuce has negative calories? It takes more calories to digest and burn them in our bodies than they provide!"

That's a negative? Really? You mean by eating iceberg lettuce you can lose unwanted pounds without dieting? I thought most people ate salad because they wanted to lose weight. And if iceberg has negative calories, how does that make it bad? Doesn't that make it a desired miracle food?

For me, iceberg is a tasteless delivery system that moved dressing from my plate into my mouth. It was there to add bulk and make me full, while transferring dressing, bacon, and other delightful treats onto my tongue. But now, I'm stuck

with a bitter and fibrous mixture of unidentifiable leaves that add calories and interfere with the tastes that I love. You can't pour enough dressing on this stuff to kill the bitter taste.

I can still buy iceberg in my produce department and do, but when dining out, I want iceberg.

So, tonight, I'm in Iowa City, Iowa for my cancer immunotherapy tomorrow at the Holden Cancer Center. Arlene and I stepped out to a restaurant that was highly recommended. There wasn't much on the menu that caught my eye. I ordered a gyro sandwich. Normally it's a lamb and beef combination with onion and tomato, covered in Tzatziki sauce on pita bread. It's a simple sandwich that I think is hard to mess up... but it happened. It came as a wrap that was stuffed full of various greens looking more like the above noted garden weeds. I had two bites and pushed it aside. It was awful. Like most unwanted vegetation, these weeds apparently are pervasive. They are spreading out of salads bowls and are becoming infested in sandwiches. What next? In our ice cream?

Someone must stop the madness before it's too late.

I've learned in life that fads and styles come and go and are usually cyclical. If so, I'm eagerly awaiting the return of real lettuce. I'm hoping for the best. My fingers are crossed. Is it coming back? Will it ever?

I can only hope... #SaveIcebergLettuce!

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy. Follow Garyon Twitter @GaryWMoore721 and at www.garywmoore.com.

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Archers bring down some big bucks



THE GREAT OUTDOORS RALPH TRUE

Archery deer hunters are starting to harvest some impressive bucks, as shown in this week's column with Cheryl Weed and her 11-point buck, taken in Rhode Island, as the rut kicks into high gear. Numerous big bucks have also been spotted by hunters that failed to get a good shot, and passed the deer up in hopes of seeing him again. Making a bad shot will often result in a lost deer, which is the last thing any ethical deer hunter wants. Unfortunately, not all archers are a Robin Hood, and do make bad shots even though they thought they had a good shot, that would result in a harvested deer. Unfortunately, the legislature and Massachusetts Fish & Wildlife failed the sportsmen again this year, without the passage of a crossbow bill.

It is a no brainer! Almost every state now has a crossbow bill, allowing any licensed hunter to use the extremely accurate device for harvesting deer and wild turkey. Sportsmen try to prevent wanton waste, but often make a bad shot through no fault of their own. Allowing sportsmen to use a crossbow to harvest deer and wild turkey in an ethical way, should be the number one priority of Massachusetts Fish & Wildlife, but they fail to make the proper decisions when it comes to passing a Cross Bow bill in Massachusetts.

Every year, the Massachusetts Sportsman's Council and the Massachusetts Worcester County League of Sportsmen hold an annual banquet to recognize top legislators and Fish & Wildlife officials for their untiring efforts to pass legislative bills that are in the sportsmen's interest. Hopefully, one or two of them will be recognized for their effort in passage of a crossbow bill in Massachusetts at this spring's annual banquet. It is long overdue and is the right thing to do!

Local sporting goods stores that are barely holding on to the small Bait & Tackle shops that deal in the sale of bow hunting equipment would also benefit from the passage of a bow hunting bill in Massachusetts. The increased revenue could save them from going out of business. Sportsmen with disabilities are allowed to use a crossbow in Massachusetts, and it is time to allow any licensed hunter to use one. Come on, guys, let's get it done!

Pheasant hunting was great until this past snowstorm made hunting conditions crazy. This past Saturday made spotting a flushed pheasant almost impossible for both man & dog. Fortunately, things improved as the bright sunshine melted the snow from



Cheryl Weed with her 11-point buck.



Art Syms with his son Mikee and dog Sky after a pheasant hunt at the Whitinsville Fish & Game Club last weekend.

the trees, making visibility and hunting a lot better. The state will be stocking birds right up to Thanksgiving and reports of some impressive birds being stocked this year, was good news for local bird hunters. This week's picture shows Art Simms of Uxbridge with his son Mike, pheasant hunting at the Whitinsville Fish and Game Club last week. Art owns a Pointing Griffon breed dog named "Sky" for hunting birds. The dog is four years old, and is doing some amazing things in the field. Solid points are always a great thing to watch in the field.

Tautog fishing remained very good in both Massachusetts & Rhode Island with some bait shops running out of crabs, which is the top bait for catching tautog this time of year. There were still many seabass being caught in Rhode Island waters as of this past week.

Trout fishing at locally stocked waters have numerous anglers catching some nice trout, with reports of some impressive brown trout in the 18-inch class being caught at Wallum Lake in Douglas this past week. A few smallmouth bass were also reported at Wallum Lake. With the weather warming up this week, it will be a great time to get some last-minute fishing in before it really gets cold.

Ice fishing cannot be too far away, at least that is what many anglers are hoping for. The last few years of ice fishing were extremely poor, but things may get better this year. At least that is what many anglers are planning on. A day on the ice with family and friends doing some ice fishing and gathering around a fire eating some venison, is a good way to enjoy the outdoors. Chasing some flags as they pop on ice fishing gear signaling a bite, will keep you warm, and landing that big one is a good way to get some exercise.

With the cold weather on our doorstep, it would be wise to have a talk with your young family members about staying away from ice covered rivers and ponds. Every year, some family loses a family member after falling through thin ice. It is never too early to have the discussion about the dangers of thin ice.

Practice social distancing and wear a mask whenever possible. It is going to get worse before it gets better, but we Americans have gone through hard times before, and we will survive this threat to our health and our future.

Take A Kid Fishing & Keep Them Rods Bending!

Are your pocket watches valuable?



Antiques, Collectibles

& ESTATES WAYNE TUISKULA

Courtesy

We often come across pocket watches when handling local estates. Some can be worth as little as a dollar while a rare one could sell for millions. In this column, I'll offer a brief history on pocket watches and some information on evaluating your pocket watches. German Α locksmith named Peter Henlein is credited with

inventing the

pocket watch in

the early 1500's, according to Britannica. The early watches were large and didn't keep very accurate time. An article in the Atlantic quotes a passage from Alexis M c C r o s s e n 's

book "Marking Modern Times: A History of Clocks, Watches, and Other Timekeepers in American Life." She writes that in the 1700's "people want to start carrying the time around with them: they're not content just to look

Turn To **ANTIQUES,** page **A11**



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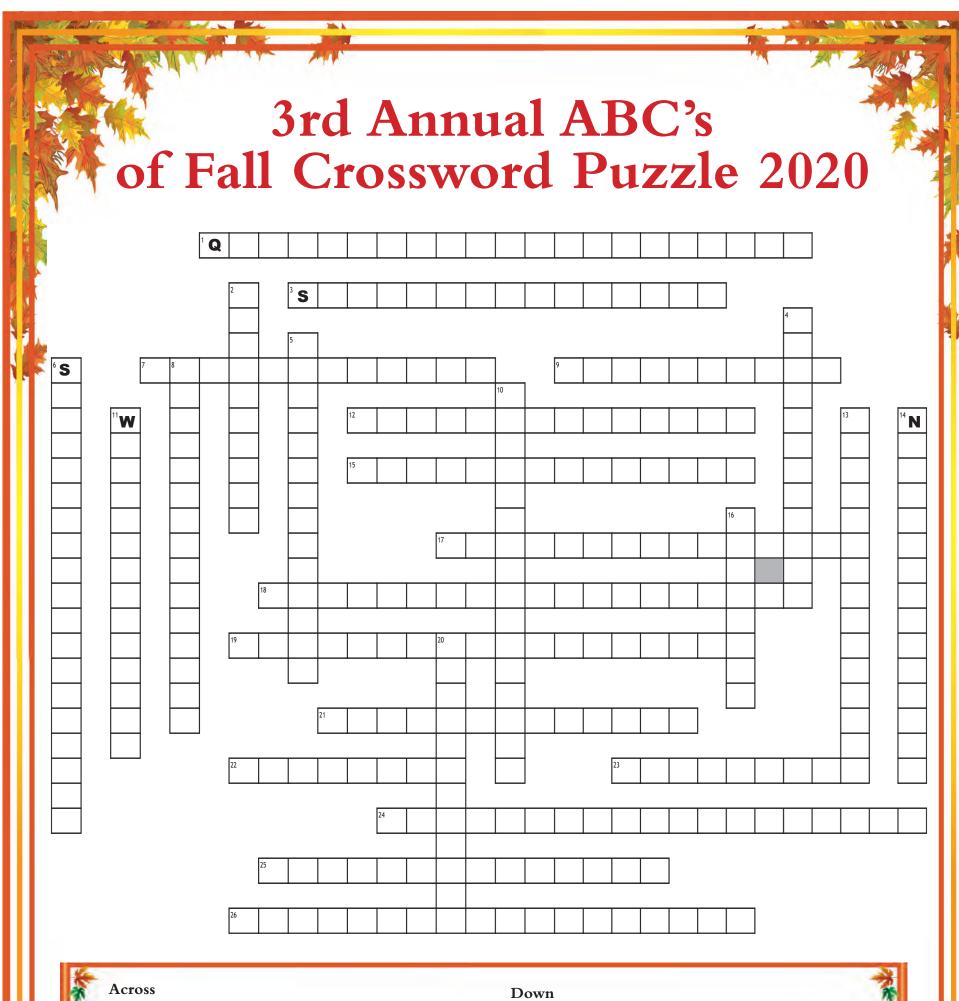
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Please find the answers to this crossword puzzle on page 2. Enter for a chance to win a \$25 gift card to one of these ABC businesses by mailing in your completed crossword to ABC Crossword Puzzle, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550 OR scan & email or take a picture and email it to jsima@stonebridgepress.news by Wednesday, November 18. Random-drawing for winner of all correct entries to be announced in the November 27th issue. One entry per person. Please support these ABC's businesses and tell them you saw their ad in your local paper! Good luck!

OBITUARIES

ANTIQUES

continued from page A9

at the public clocks in whatever village or town they might end up in." Improved timekeeping became a necessity. In 1843, elections in Pottsville, Pennsylvania were disputed because the towns people didn't synchronize their clocks and the time to close the polls was disputed, according to the Smithsonian Magazine. The Atlantic reported that the "advent of the railroad, factories, and electricity, and the standardization of time zones in Europe and the United States- increased demand around the world for watches." Factories in Waltham, Mass. and elsewhere produced watches to meet the demand. The Atlantic reported that "on July 9, 1916, The New York Times puzzled over a fashion trend: Europeans were starting to wear bracelets with clocks on them." It wasn't much longer before this "fashion trend" reached the United States and wristwatches became more popular than pocket watches.

An important factor in pocket watch valuation is the material that the case is made from. The most valuable cases are typically made from gold. Most gold cases produced in the United States were 14-karat or 10-karat. James Boss invented gold-filled cases, which were created from sheets of gold bonded to another metal. Gold filled cases have much less gold than solid 10-karat or 14-karat cases, but they have more gold than gold plated cases, which have only a small percentage. Cases were also made from sterling silver (0.925 percent silver) and coin silver (nine tenths of a percent). Cases marked silveroid, silverine and oresilver contain no actual silver.

After a train collision in 1891, the railroads created pocket watch standards in 1893 which required watches to have at least 17 jewels. Watches needed to be accurate within 30 seconds per week. The Santa



Recent auction results show average gold-filled 17 jewel, 19 jewel and 21 jewel pocket watches selling in the \$100 range. An older key wind goldfilled Waltham watch in excellent condition brought \$850 in October. A 14-karat gold watch by the Columbus Watch Co. in its presentation box with a fob (chain) fetched \$2,000 last month.

Some pocket watches bring even greater sums at auction. A rare A. Lange & Sohne 18-karat 1903 gold German watch with an enamel dial and enamel design on the case sold for €40.000 (\$513.00 U.S.) in 2016 and a Patek Philippe Grande Complication 44 jewel 18-karat gold went for €20,000 (\$607,000 U.S.) in 2014. Another Patek Philippe sold even better in 2014: The Henry Graves Supercomplication sold for \$24 million. I'm sure the winning bidder will never be late for any appointments.

We have a pocket watch collection, along with gold estate jewelry, sterling silver, art, a Red Cross poster collection and many other antiques and collectibles from New England estates in our online auction ending November 17th. Visit www.centralmassauctions.com for a link to this online sale.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com.



FISKDAKE- Marilyn "Swan" Swanson Mills, 79, of Fiskdale, Massachusetts, died peacefully October 28 at home surrounded by her loving family. She had fought a 23-year battle with meningioma and was known for her positive attitude under difficult conditions. The daughter of Arthur Wilson Swanson and Helen Key Swanson, she was born March 23, 1941, in Boston, Massachusetts. Growing up she lived in Lincoln, Massachusetts.

She was graduated from Weston High School in 1958 and from Lake Erie College in Painesville, Ohio, in 1962, where she majored in art with a teaching minor. After graduation, she began a teaching career in art studies in the Boston school system. In the summer of 1958 in Cape Cod she had met her future husband, Paul A. Mills, of Southbridge, Massachusetts. They were introduced by a mutual friend who needed her support after he had run his father's Chrysler 300 over the Mills' bird bath. The connection was immediate and a four year collegiate romance ensued. Months after college graduation they were married May 15, 1964 in an impromptu wedding days after Paul's Air Force Officer commissioning and were an inseparable, loving couple for 56 years. Swan enjoyed teaching overseas in Japan and in the Philippines during her husband's four years of military assignments during the Vietnam War. After

returning to the States, Swan and Paul lived in Southbridge, Massachusetts.

Her son, Alden Morris Mills was born 1968 and son, Andrew Swanson Mills was born 1970. She, Paul and family enjoyed spending summers at their family summer homes on Cape Cod and at Big Alum Lake, Sturbridge, where her sons enjoyed countless hours of water activities on and under the water.

A devotee of opera, Swan loved Sarah Caldwell's Opera Company of Boston, the Sarasota and Worcester opera companies and the New York Metropolitan Opera. For 50 years, she enjoyed reading aloud current and avantgarde domestic and European plays with the Sturbridge Playreaders. As a member of the Elm Street Congregational Church Women's Fellowship, she led teams that provided weekly luncheons for the Rotary Club of Southbridge. She especially enjoyed trips to Colombia and Peru to visit relatives as well as extensive world travels.

Swan was preceded in death by her parents, Arthur and Helen Swanson. Survivors include her husband, Paul Mills, of Fiskdale; sons Alden Mills and his wife Jennifer of Kentfield, California, and sons Henry, Charlie, John and William; and Andrew Mills and his wife Alexandra of Southborough, Massachusetts, daughter, Alexis, and sons Christopher and Wyatt.

A private family celebration of Swan's life will occur next year. The family suggests donations in her memory be made to Ruth D. Wells Art Center, 111 Main Street, Southbridge, Massachusetts 01550 (or to an art charity of your choice).

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

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Gardening gifts that provide years of enjoyment



GARDEN MOMENTS MELINDA MYFRS

The popularity of gardening is at an all-time high and people are discover-

ing its many benefits. Some want to grow safe and nutritious food. others are boosting the beauty of their landscape, and many are turning to gardening to relieve stress. With the holidays right around the corner, it's the perfect opportunity to support new and experienced gardeners with a thoughtful garden-related gift.

Help small space gardeners expand their growing space and reduce maintenance with self-watering elevated cedar

planters. Elevated gardens add garden space to a balcony, deck or patio while raising the garden bed to a comfortable and easily accessible height. The self-watering system makes gardening easy with proper, less frequent watering to ensure success.

Do the same for indoor plant enthusiasts with stylish terrariums, plant stands, and lighting features. Terrariums are still popular, creating a decorative means for providing the

moisture and humidity tropical plants need. Copper and rot resistant mango wood terrariums (gardeners.com) add a new and decorative twist to this traditional growing system.

Plant stands allow your favorite indoor gardener to maximize any available space. Shelves filled with greenery help improve indoor air quality, reduce stress, and can elevate one's

.....

Turn To GARDENING, page A15







WEBSTER - 20 Kunkel Ave! SUNNY SHORES! First Time Offered! 8 Rooms, 4 Bedrooms, 2.5 Bath Colonial! Featuring an Applianced Eat-in Cabinet Packed Kitchen! Formal Dining Room! 1st Floor Family Room w/Hardwood Floor! 1st Floor Half Bath w/Laundry! Gleaming Hardwood Staircase to the 2nd Floor w/4 Bedrooms! Master w/ Master Bath & Walk-in Closet! Many Recent Updates including Roof, Central Air, Hot Water Heater, Dishwasher & Refrigerator! Back Deck Overlooks Large Fenced Yard! 7 Zone Irrigation System! Farmer's Porch! Shed! 2 Car Garage w/Openers! This Home has Everything You Need and Then Some! Expandable Basement! Desirable Neighborhood w/Webster Lake Beach & Boat Ramp Access Nearby! Convenient to Route 395! \$369,900.00

CHARLTON - 64 Bond Rd! Gorgeous 2,800' 8 Rm, 3 Bdrm, 2.5 Bath Contemporary DUDLEY - 26 River St! 6 Room CHARLTON – 64 Bond Rdl Gorgeous 2,800' 8 Rm, 3 Bdrm, 2,5 Bath Contemporary Ranch set on a Professionally Landscaged 1,49 Acres w/Rdural Stome Walls! Quality Craftsmanship Throughout! Featuring a Spacious Granite Kitchen w/Cherry Cabinets & Hrdwd FIrst Formal Dining Rml Spacious Frple Family Rm w/Cathedral Ceilings, Built-in Bookcases, an Open FIr Plan for All Your Entertaining NeedS1 Capacious Master Bdrm Suite w/Master Bath & Huge Office! Mostly Finished Walk-out Lower Level Featuring a Large Exercise Rm, Bar Area, Plenty of Storage & 3rd Garage! Unfinished Bonus Rm Over the 2 Car Attached Garage! Private Back Yard for Entertaining Wulti Level Decks and New Patio! Listed by Another, SOLD by C21 Lake Realty! **\$535,000.00**

Colonial! Granite Kitchen wCherry Cabinets, SS Appliances, Cathedral Ceiling wCeiling Fan & Hardwood Floor! Dining Area & Living Rm w/ Hardwoods! 3 Bdrms wHrdwds! 2 Granite Vanity Bathrooms! 3 Seasons Porch! Deck! Listed by Another, SOLD by C21 Lake Realty! **\$313,000.00**

DOUGLAS – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 223 Acres! Center Island Granite Kit w/Soft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! Hickory Wood Floros throughout the Kit, Din & Liv Rms, all w/Recessed Lighting! 1st Fir Office or Possible 4th Bdrm w/Oak Hrdwd Fir1 Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Firs! Master wCathedral Ceiling, Skylight, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level w2 Finished Rms, Utility Rm wLaundry and Half Bath! 35 Baths Totall Recent CArr, Heat & Root! 2426 2 Car Detached Garage! Huge Shed! Nearby Nature Trails & Wallum Lake Beach! \$379,900.00



WEBSTER LAKE - 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! \$539,900.00



HOLDEN – 315 Holden St! 6 Rm Ranch! Meticulously Maintained! 2 Spacious Bdrms, Full Tiled Bath & 1 Car Garage! Move In Ready! Granite Oak Cabinet Kit w/Tiled Back Splash & JennAir Stove! Frple Liv Rml Fam Rm! Gleaming Hrdwds! Perfect Yard w/Major Landscaping this Year! New Roof 2019! \$344,900.00



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GRAFTON - 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3Acres! 4 Comfortable Bdrms & 2 Full Bthrms I reshl variable Colonal set on L3ACress 4 Comfortable Bdrms & 2 Full Bthrms I Freshly Painted, Floors Recently Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm wPellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Brezeway! New Well Water Tank Installed! Title V is head! Description of Constant and Stream States and States at 2.5! in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**





WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00



WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00



On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 100 LAKESIDE AVE



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GARDENING

continued from

page **A13** mood. New modern metal plant stand designs add a modern vibe to the indoor garden display.

When space is at a premium, give the gift of vertical gardening accessories. Birdcage planters provide a unique way to display tropical or seasonal flowers. Lower them to tabletop level to use as a centerpiece or decorative element in seasonal indoor displays.

Don't overlook the cooks in your life that may be intrigued by moving their garden indoors. Keep them stocked with fresh herbs and vegetables. Increase their growing space and needed light with a gift of energy efficient

LED grow lights in an attractive stand like the Oslo customizable LED Grow Lights. For those with very limited space, consider an organic kitchen caddy planter kit. A windowsill or countertop herb garden is a great way for anyone to add garden-fresh flavor to winter meals.

Make gardening a fun and accessible experience with the help of a deep seat kneeler that when flipped over, converts. Or add storage and mobility with a Deluxe Tractor Scoot with Bucket Basket. The handle allows you to easily take your tools and garden scoot with you to every corner of your landscape. And don't forget the stocking

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Courtesy — Gardener's Supply Company

Bird cage planters add whimsy to outdoor or indoor décor while providing a unique place to display air plants, seasonal plants and more.

den produce, colplant tags, ties and gloves? Consider lecting weeds or transporting anyreplacing the stocking with a thing from one space to another. colorful Tubtrug. The gift of garflexible lightweight tubs

dening provides are perfect for lifelong benefits. gar-Supporting famwith useful tools and equipment can increase their gardening enjoyment and success. And don't forget to add a few of your favorite garden related items to your gift list. You'll eliminate the stress and guesswork for the giver and you both will appreciate a gift that provides years of function, beauty and memories.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms

ily and friends *magazine* and was commissioned by

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