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Friday, September 11, 2020

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Primary sets the stage for November contests

BY KEVIN FLANDERS STAFF WRITER

REGION – With last week's State Primary in the books, the stage is set for several central Massachusetts rematches in the Nov. 3 general election.

Incumbent Democratic Congressman Jim McGovern being challenged again by Tracy Lovvorn for the Second Massachusetts Congressional District. Lovvorn, a Republican from Grafton, only picked up 33 percent of the votes in her 2018 battle against McGovern. After run-

ning unopposed in the McGovern, who has held Republican Primary on Sept. 1, she is looking forward to her rematch with the longtime incumbent McGovern.

"I want to bring a new energy to Washington a positive energy focused on unification and solutions," read a statement released by Lovvorn. "I am tired of being lied to by career politicians. I am done with allowing them to advance their personal agendas and careers, instead of working for us in support of our needs."

his seat for 24 years, is the current Chair of the House Rules Committee.

"Since his first election to Congress in 1996, Jim has consistently delivered millions of dollars for jobs, vital local and regional projects, small businesses, public safety, regional and mass transportation projects, and affordable housing throughout his district Massachusetts," and read statement Congressman from McGovern's office.

The Second Congressman Massachusetts

Congressional District contains ties in four counties, including the Worcester North Brookfield, Douglas, Uxbridge, Northbridge, Spencer, Sutton, West

Brookfield, and Webster.

rematch Another is looming in the state Senate race, with Senator Anne Gobi once again facing opposition from Republican challenger Steven Hall, of Sturbridge.

Turn To **PRIMARY** page **A3**

Bay Path alum earns nursing degree at American ties in four counties, including the Worcester County towns of Auburn, North International College



Nicole Kline

 ${\bf SPRINGFIELD-Nicole\,Kline, LPN, a\,2016\,graduate}$ of Bay Path Practical Nursing Academy in Charlton, graduated from the American International College with a Bachelor's in nursing degree, Cum Laude.

What is impressive about Kline in her nursing journey is how she excelled in both the Bay Path Practical Nursing Academy to become an LPN and the American International College to become an RN. While at Bay Path, Kline completed the 10-month rigorous curriculum, was inducted to the National Technical Honor Society, and passed the NCLEX-PN the first try! At the American International College, Kline was inducted to the National Honor Society, earned her BSN, Cum Laude and passed the NCLEX-RN the first try! Nicole Kline, LPN is now Nicole Kline, BSN, RN! She is employed at the Life Care Center in Wilbraham.

Proud parents Mark and Cyndi Kline share in the Turn To **MOSQUITO** page **A2** joy and pride of Nicole's accomplishments.

Mosquito program proposal resurfaces in Charlton

BY JASON BLEAU CORRESPONDENT

CHARLTON - For the second time this year, the idea of spraying for mosquitos has become a major topic of discussion before the Charlton Board of Selectmen.

Back in February, Selectman Bill Borowski proposed the possibility of examining a contract with the Central Massachusetts Mosquito Project, or CMMP, that would have initiated an optional praying program for businesses and property owners to help reduce the local population of the insect especially after 2019's outbreak of EEE. At the time, selectmen decided not to pursue the partnership which would have cost \$120,000 if approved siting it as exclusionary and expensive.

On Aug. 25, the topic was brought up again, this time by resident Kristin Kustigian, who, after researching the program, felt it would be a worthy investment of the town if the taxpayers were to support it.

"I looked at some of their citizen surveys. They have overwhelmingly wonderful results. People are very happy. They get service within one to three days when they call to have their own property prayed," Kustigian said.

She also noted that the program examines "tire dumps," which are prominent in Charlton and notable breeding grounds for mosquitos every year.

"They go in, they take all the tires out. They recycle them all. So, they get rid of these tire dumps where water basically fills the tire and

they breed in the tires. I basically would call that a recycling effort. The public education component I think is really awesome too concerning the situation with public health viruses like West Nile and EEE," Kustigian

According to the CMMP's 2019 annual report, the program has served more than 50 communities including both Auburn, Millbury, Sturbridge, Webster and Worcester. After speaking with the project's director Kustigian gave selectmen a quote of \$112,000 per year, less than the previous estimate, which would be paid out of local aid. She further explained that joining the project would require a vote of the people at a town meeting.
"This would really be

up to the people. If they

say yes then you can, if they say no then you can't. That's the only way to join. There's no other way - I guess my main point was just to bring up a program for people to consider," Kustigian said.

Selectmen reminded those viewing the livestreamed meeting that this wasn't the first time this year this idea was brought up and Selectman Borowski publicly stated that he did not coordinate bringing it forward again with Kustigian. He acknowledged that selectmen already made their voices heard on the matter but reaffirmed his support for at least exploring the

"At the time, the Board of Health and I believe the majority of the for-

Old Sturbridge Village celebrates Craft Weekend Sept. 19 & 20





STURBRIDGE People of the early 19th-century were skilled artisans across many different trades and mediums, including pottery, woodworking, blacksmithing, quilt-

ing, tailoring and more. Recently, people of today have found inspiration in many of these mediums, using craft as a creative outlet and positive pastime during the COVID-19 pandemic. On Sept. 19 & 20, Old Sturbridge Village (OSV) will host its annual Craft Weekend, showcasing the major industries and crafts of the early 19th-century and their relevance and impact on life today.

New to the event this year, Old Sturbridge Village is hosting an "Exhibition of Craft" inviting members of the community to display items that they have created by hand, either as a hobbyist or professional maker, at the Village. The showcase will accept items in a number of categories, including sewing, quilting, weaving, knitting, woodworking, metalworking, ceramic, leather-working, sketching and watercolor, at no fee to enter. Unlike a judged competition, the exhibition is intended to bring together a community of crafters during a time when craft plays a role in enriching daily life and inspiring so many.

Those wishing to enter the exhibition must pre-register online by Sept. 5. Exhibitors will be provided with a one-day complimentary admission ticket for taking part

in the showcase.

Craft Weekend will dive into the more complicated or unique items and trades not normally displayed at the Village. Planned demonstrations in a variety of subjects have been adapted for viewing outdoors, and feature a full schedule of events including:

Tailoring Quilting

Forging a Stake Anvil

Bonnet Making Wool Dyeing and

Knitting **Book Binding**

Firing a Barrel Making

Coffee Pots Making a Pair of

Walking Shoes Ladies

Basket Making Straw Braiding

Timber Framing Construction

Village potters will also fire up the 15,000brick kiln found outside of OSV's Pottery Shop. The 24-foot-tall structure heats up to more than 1,900 degrees Fahrenheit and can fit up to 800 pieces stacked 10-feet high within its walls. It is a fan favorite among many visitors who come to the Village.

Craft Weekend will take place from 9:30 a.m. to 5 p.m. on Sept. 19 & 20 and is included with standard daytime admission into the Village. Visitors and members are required to purchase or reserve their tickets in advance, using OSV's new online reservation system, found at https:// www.osv.org/plan-yourvisit/. Available tickets will be released each week on Wednesday, with three blocks of time per day for arrival: 10-11:30 a.m., 11:30 a.m.-1 p.m., or 1-2:30 p.m. Once in the Village, visitors are welcome to stay until the museum closes at 5

Guests are required to follow state guidelines when visiting OSV and must wear a mask when entering into the Village, interacting with staff or other guests, or when physical distancing is not possible. Masks may be removed when outside and physically distant from staff or other visitors. A full list of safety procedures and measures can be found online at: https://www.osv.org/ plan-your-visit/.

Open Sky Community Services appoints new Director of Training and Professional Development

Community Services has announced the appointment of its new Director of Training and Professional Development, Suzy Langevin. As part of her new role, Langevin, who brings a wealth of knowledge and experience in behavioral health, will also lead the Bridge Training Institute, replacing long-time employee and recent retiree Stephen Murphy.

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for the individuals we serve and our staff need high quality, up-to-date training. Suzy is the right person for that important job," said Ken Bates, President and CEO of Open Sky Community Services. "COVID-19 may have started as simply a health crisis, but it has morphed over the past several months into a mental health crisis as well. In order to help the individuals we serve, our Clinicians and Direct Care staff, we will be looking to Suzy to strengthen our collective

skill sets. For years, the Bridge Training Institute had hosted workshops at

an off-site hotel, but these types of large gatherings have been suspended COVID-19. Langevin sees this suspension as a growth opportunity rather than a

barrier. "Having worked with Steve Murphy for years, I have a strong understanding of what the Bridge Institute was. and I'm excited to expand its offerings. Having to innovate where and when we provide workshops is a real opportunity to broaden our audience beyond

our core here in Central Massachusetts," said Langevin. "Reducing barriers like time and travel to make training opportunities accessible to as many professionals as we can will exponentially help more people and expand the training opportunities we currently provide

from Open Sky."

Open Sky Community Services is an affiliation of The Bridge of Central Massachusetts and Alternatives Unlimited, Inc., which came together in 2018. Langevin previously served as Director of Dual Diagnosis Services, where she developed a model for services for co-occurring mental health and substance use disorders. She also previously worked to implement and supervise the provision of Illness Management and Recovery (IMR) services and was instrumental in the development and opening of The Bridge Counseling Center, Open Sky's outpatient division. As a consultant and trainer, she specializes in Motivational Interviewing, and is a member of the Motivational Interviewing Network of Trainers (MINT). She was recently named to the Leadership Worcester Class of 2021.

For more information about Open Sky Community Services, please contact Lorie Martiska, lorie.martiska@

openskycs.org
For more information about the
Bridge Training Institute and its 2020-2021 training calendar, please visit the website www.thebridgetraininginstitute.org or contact traininginstitute@ openskycs.org

About Open Sky Community Services Open Sky Community Services is dba for Alternatives Unlimited, Inc. and The Bridge of Central MA. Open Sky offers



Suzy Langevin

a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.

About The Bridge Training Institute The Bridge Training Institute is an industry leader in providing both theoretical and real-world training on evidence-based and best practices for clinicians and school personnel. Offering over 20 trainings per year, the Institute features expert trainers from human services, education. professional practices and academia. Institute trainers have worked directly with leaders in the field such as Marcia Linehan, Aaron Beck, the BU Center for Psychological Rehabilitation and others.

COVID keeps school budget in flux

BY JASON BLEAU CORRESPONDENT

DUDLEY/CHARLTON - Many uncertainties remain for the Dudley-Charlton Regional School District as the COVID-19 pandemic continues to loom over the new school year and beyond. As with many districts across the state, finances are one of the biggest question marks with many different possible scenarios being examined for the rest of the fiscal year.

The district's financial status was one topic of discussion during a Regional School Committee meeting on Aug. 26, where Director of Finance and

Operations Richard Mathieu spoke candidly about the budget in his report saying that the FY 2021 spending plan is still very much "in flux."

"In normal years, this would be unthinkable, but given all the realities that nave hit us all over the past six months it really just draws a shrug of the shoulders. Certainty and finality are impossible at our level and even at the state level we still receive conflicting messages and statements that make planning a real challenge," Mathieu said.

Realistically, he said inaction on the federal level has proven to be one of the biggest hurdles, as the federal government has not provided additional funding as state officials had anticipated. Looking ahead, Mathieu said the district still plans to apply for COVID relief grant funding which is expected to be discontinued at the conclusion of the calendar year.

"To me, that means apparently, COVID is not going to be an issue in 2021. That would be good news to everybody, let's just hope that's actually true. However, given the rules of the road, our funding in those particular areas that the state points to as providing a lot of relief for COVID related expenses apparently they only run through the end of December at this point in time," Mathieu said.

Currently, the district is looking as potential expenses ranging from long term substitutes, remote learning adjustments, and the potential for additional technological needs or AVAC improvements to help adjust to the "new norm" of the

'With the grant expiring, we certainly wouldn't want to leave any money on the table so we may take a look at using some of this to purchase technology if indeed we're not going to be able to fund personnel through the entire year," Mathieu said.

The school committee will continue to examine the status of its budget throughout the year as the district awaits further details from the state and federal governments on funding and COVID relief.

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MOSQUITOS

mer board (of Selectmen) was not interested in moving forward. It's a new board, new reality, it could be different - For all intents and purposes it is probably too late for this season so it would have to be next season," Borowski said.

While selectmen didn't shoot down the possibility of bringing the idea to a future town meeting, like in the spring, Selectmen David Singer, who chaired the board during its previous vote in February, restated his concerns that the spraying is optional and that if too many citizens and entities were to opt out it would not only be a waste of money, but an ineffective treatment

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method as well.

"What people have to be aware of is that, yes everyone is allowed to participate. However, you can say no. Part of the problem is while it comes out of the monies before you get it that still means you're getting \$100,000 less money which means there's something you can't pay for. In the end, given the current situation, we'd have to decide as a board where we want to cut," said Singer.

Selectman Patricia Rydlak fell somewhere in the middle with her opinion being that the people should be given the opportunity to say "no" or "yes" regardless of the concerns of the board.

"I've always been adamant about putting things in front of our residents. That's always a good thing. I read the social media post about this and whenever you see one people start saying things, some of them aren't true and some of them are," Rydlak said. "I have no issue putting it in front of the voters. We're not sitting here saying we're going to spend \$112,000. What we're saying is let the majority of our residents decide if this is something that will help them.

Selectmen decided to table the discussion vowing to revisit the idea later at a future meeting.

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QCC's early college program a direct pathway to higher education

WORCESTER — Students in the Worcester Public Schools and the surrounding communities have been taking advantage of Quinsigamond Community College's Early College Program and the results have been promising. Early College Programs have become a way for high school students to get a head start on college, by enabling them to earn college credits while still in high school, and according to the Baker-Polito Administration, the Early College program model has been successful. QCC has seen 42 percent of its Early College students enroll at the college within one year of taking early college courses during the program's early beginnings.

In the first preliminary data analysis completed since the state's Early College Initiative began in 2018, the findings showed that Massachusetts high school students who graduate from Early College programs are applying for Federal financial aid and are enrolling in college at significantly higher rates than their school or state peers. Data from the Department of Elementary and Secondary Education showed that high school graduates who participated in Early College programs are enrolling in college at a rate that is 20 percentage points higher than their school or state peers; and their FAFSA completion rates are 25 percentage points higher than their school peers.

Since 2018, QCC has been providing Worcester Public Schools' diverse student population with educational services, creating college equity access to more students who have historically been underserved. Data collected by QCC, found that of those students who participated in the college's Early College Program during the 2018-2019 academic year, the largest participating student populations were Latinx (29.2 percent) and Black (28.8 percent).

"At a time when we see racial equity gaps widening, it is encouraging to see the impact of Early College as an effective strategy to propel Black and Latinx students to successful college completion," said Higher Education Commissioner Carlos E. Santiago.

The state data also showed that when outcomes for Black and Latinx students enrolled in Early College were compared with peers of the same race who were not enrolled in the program, Early College students of color attended college at higher rates. The differential between Black Early College graduates who enrolled in college and their Black school peers was 25 percentage points. Between Latinx early college program graduates and their Latinx school peers the difference was 30 percentage points.

"While the Commonwealth performs well in many education measures, the launch and growth of Early College is an important step forward in equitable access to college for all students and a proven way to close the college degree completion gap," said Education Secretary James Peyser.

QCC has partnered not only with the seven Worcester Public High Schools, but also with 22 additional area Central Massachusetts High Schools. Students take classes that range from general education, business and healthcare, and fulfill their high school requirements while completing college credits.

"Our Early College Program is making such a difference in the lives of students. It is giving them a pathway to

higher education and a way to realize their dreams and have a better life," said QCC President Dr. Luis G. Pedraja.

According to QCC's Director of Educational Partnerships K-12 & Early College Initiatives, Christina Hebert, the majority of high school students taking classes are juniors and seniors, with a small percent who are sophomores.

"Some students take two courses per semester and summer classes," she said. "The goal of Massachusetts Early College Programs is to have all high school students graduate with at least

12 college credits. The opportunity is there for students to graduate from high school and also earn a certificate or associate degree. Some students have graduated with 15 to 24 or more credits."

To learn more about Early College program, visit www. qcc.edu/early-col-

For more information about QCC, contact Josh Martin, Director Institutional Communications 508-854-7513 orjmartin@qcc. mass.edu



ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone

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Some items available from an apartment clean out: small wooden 2-drawer file cabinet; large black TV stand; side wooden bed stand; misc. cookware and dishes; many various collections of elephants; Peanut Pals Sculptures by The Hamilton Collection (\$5 ea.); Protect Nature's Innocents Collectibles (\$5 ea.); Effanbee Legends Series George Burns doll (boxed); Franklin Mint Diana Princess of Wales porcelain doll (boxed); small wooden rolldown cabinet with key; many record albums and cassettes; 2

tall light oak wooden swivel chairs; stained glass lampshades; small black roller suitcase; used washer (\$35) and dryer (\$35); antique clothing armoire (56"x34"); round (6 ft.) wool braided handmade rug (\$25); grandfather clock; and other collectibles and odds and ends.

Please wear masks.

Girls on the Run Worcester County launches fall season

REGION — Recently, Girls on the Run Worcester County (GOTR) announced the launch of its fall season. GOTR is a leader in delivering evidence-based, life skills curriculum to girls of all abilities. Through more than 20 sites across Worcester County GOTR has served more than 2,100 since it was founded in 2015. For the 2020-2021 school year, GOTR is offering a variety of programs to accommodate the changing and unpredictable school year due to the pandemic. Registration for the fall 2020 season is open at several of our sites, with more being added daily at www.gotr-worc.

"Our staff and coaches are ready to bring critical social-emotional programming to Worcester County girls at a time when they need it the most,' said Karen Spencer, Executive Director. "We have adapted based on the recommendations of local health officials and decisions of local governments and school districts. Our fluid model will work completely in-person, completely virtual or can seamlessly transition between the two as needed. We are excited to offer for the first time, our new residential program which will work great for small teams of 6-12 neighboring girls or home schoolers. Coaches do not need to be runners to implement this amazing social emotional curriculum.'

Flexible Programming Model

If schools and sites are in session, GOTR afterschool programming can be delivered as in the past, with enhanced safety measures including physical distancing modifications. Should school and site close, the program will be easily transitioned to a virtual model, with lessons that mirror the in-person program. This fluid programming model ensures that participants will experience the social, emotional, and physical outcomes of the program while allowing local teams to adjust to changes in the school and community health guidelines throughout the season.

100 percent Virtual

Virtual fall programming is delivered by trained coaches in a safe virtual space, with lessons that mirror the in-person Girls on the Run or Heart & Sole program. Virtual programming will include physical activity and social-emotional learning, providing girls with an opportunity to still build meaningful connections with their peers and caring adult role models.

GOTR at Home Activity Kit for Fall

For 25 years, Girls on the Run l has provided evidence-based programming that builds confidence and empathy in girls when they need it the most. Girls on the Run is proud to unveil the GOTR at Home Activity Kit. Designed to fuel girls'

mind, body and spirit, the kit includes 50 activities that emphasize the important connection between physical and emotional health. Each activity helps girls learn valuable skills such as how to cope when things get difficult, demonstrate care for self and others, and practice positivity. From the silly starters to the fun movement games and challenges, girls will laugh, create, and grow through each activity

Volunteer coaches receive the training and materials required to provide girls a safe, trauma-sensitive space to learn valuable life lessons and be active.

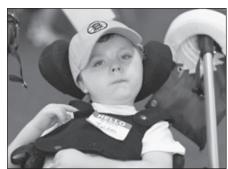
Added Spencer, "Together, we will find a way to motivate girls to nurture their physical and emotional health, no matter the circumstances.'

About Girls on the Run Worcester County

Through more than 20 sites across the Worcester area, GOTR Worcester has served more than 2,100 girls since it was founded in 2015. Last year, over \$33,000 was provided in financial assistance to 44 percent of participants, ensuring that the program remains accessible to all girls who wish to participate. For more information, visit www.gotr-worc.org and follow us on social media @ gotrworcester.

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Jaiden Age 6

Hi! My name is Jaiden and I love to snuggle!

den is a sweet and loving little boy of Caucasian descent. Those who know him best adore him and share that he can make you smile as soon as you see him. Once you start speaking to Jaiden, he will turn towards you to see who is visiting and will give you a wide grin. The more you speak to him, the more excited he gets. He absolutely loves to be held and is a very happy boy. All of the staff members in the program at which Jaiden resides,

as well as his teachers at school, have fallen in love with him and are hoping that he finds his forever family soon.

Jaiden's favorite activities include playing with the Singing Elmo that he received for Christmas and listening to music. He loves being in the pool and enjoys pushing off the wall and splashing around in the water. Jaiden is also able to engage in many activities at school such as arts and craft projects with the help of his teachers and aide. Jaiden enjoys going to school and is always happy to see his teachers. Jaiden is non-verbal, is wheelchair bound, and has been diagnosed with cortical blindness. He relies on 24/7 support and receives occupational, physical, vision, and speech therapy at his school.

Legally freed for adoption, Jaiden is seeking a loving and caring home that can understand the complexity of his needs. The staff at his program are committed to helping a pre-adoptive family make Jaiden comfortable and happy in a home setting. Jaiden has the potential to thrive in family of any constellation, either as an only child or with siblings (he very much enjoys being around other children). It is important to Jaiden that he maintains a relationship with his two siblings who are placed in another home.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

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PRIMARY

continued from page A1

In their 2018 battle, Sen. Gobi, of Spencer, took 55 percent of the votes. Her Senate district represents portions of Worcester, Hampden, Hampshire, and Middlesex Counties. The district runs from Winchendon and Ashburnham at the northern end of the state to Monson

and Wales at the southern end. Sen. Gobi currently chairs the Joint Committee on Environment, Natural Resources, and Agriculture, as well as the Joint Committee on Higher

Education. Meanwhile, State Rep. Donald Berthiaume will be challenged for the Fifth Worcester District by Samuel Biagetti, a North Brookfield Democrat. In 2018, Berthiaume cruised to re-election over challenger Jean Strauss, collecting 60 percent of the votes.

Biagetti, an antiques dealer and teacher, is focusing on healthcare, education, and infrastructure improvements as part of his platform.

The Fifth Worcester District includes the towns of Barre, Brookfield, East Bro okfield, Hardwick, Hubbardston, New Braintree, North Brookfield, Oakham , Spencer, Ware, and West Brookfield.

In other State Primary news, Incumbent Senator Edward Markey defeated Joseph Kennedy the Democratic Primary. Markey, 74, will face challengers Kevin O'Connor, Andre Gray, and Frederick

Mayock in the Nov. 3 general election. "Tonight is more than just a celebration of an election – it is a celebration of a movement," Markey said after the Primary. "Thank you to the thousands of grassroots supporters who organized around the principles that we believe in. We could not have done it without

www.StonebridgePress.com

Antiques, collectibles, and auction news

It has been over two months since my last update on antiques, collectibles, and auction news. As you might expect, much has occurred since then, including a recently uncovered fake work of art.

The Los Angeles Times reported that a statue attributed to Paul Gauguin that was on display in the J. Paul Getty Museum has now

been hidden away in a The Getty storeroom. Museum purchased "Head with Horns" while it was on display at the Metropolitan Museum of Art in New York City in 2002. The Los Angeles Times reported that the Getty described it as a "superb example" of Gauguin's work. Fabrice Fourmanoir is a Tahitian art dealer who has studied Gauguin's works. Fourmanoir informed

the LA Times that he was contacted in 2002 by Wildenstein & Co. of New York who was handling the sale of the statue. He told them that he did not believe it was Gauguin's work because it was smooththan the er rougher pieces Gauguin created.



ANTIQUES, COLLECTIBLES & ESTATES WAYNE TUISKULA

Fourmanoir

also noted that Gauguin never

used a plinth

Merriam-Webster:

a usually square

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not grow in Tahiti.

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Gauguin's friend.

Agostini took pho-

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Gauguin. In more positive news, a 1950's coin operated children's Pegasus ride sold well at aucrecently. tion Antiques The and Arts Weekly reported on the

in France.

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sale of the Pegausus. "The symbol of speed and power, this example predated Mobil's adoption of the steed as its US trademark in 1968," they wrote. It brought \$25,200.

A space suit from Stanley Kubrik's movie "2001: A Space Odyssey" recently sold at auction, according to Vanity Fair. The space suit is believed to have been worn by Keir Dullea during the final shut-down sequence of the HAL 9000 computer. It sold for \$370,000, well above the \$200,000 estimate

Another item is expected to bring an even larger figure. Smithsonian Magazine reported that the world's most expensive coin is headed to auction. According to the magazine report "the rare silver dollar is thought

to be one of the first, if not the very first, coins minted in the newly independent United States of America." The coin will fetch much more than pocket change with its \$10 million estimate.

We will feature coins from three different estates in our October 29th online multi-estate auction. There is still time to consign for that sale. The preview for our Warren, R.I. auction takes place on Sept. 12 with bidding ending on Sept. 16. Please see the link on our website to register and bid on this auction. I will be appraising items for the Townsend Historical Society's virtual apprais-

Plant trees now for decades of

shade and beauty

al event on October 10th. Participants can submit photos of their items to the Townsend Historical Society in advance. You can also bring your items in person on the day of the event, and I will appraise them virtually. Please keep checking www.centralmassauctions.com for information on upcoming events.

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39 42 45 64

CLUES ACROSS

- 1. Aurochs
- 5. Central Dravidian language
- 10. Split pulses in Indian cooking 14. Tropical starchy tuberous root
- 15. Well known constellation
- 16. About aviation 17. Bowfin genus
- 18. Proper
- 19. Expression of annoyance 20. Cabbies
- 22. Bro or sis
- 23. Spiritual leader
- 24. Where football coaches work 27. Old TV part
- 30. A way to color
- 31. Touch lightly
- 32. Surround 35. Breached
- 37. Aristocratic young woman 38. Dry ravine
- 39. Hebrew measurement units
- 40. Supporter
- **CLUES DOWN**
 - 1. American state 2. Hindu model of ideal man
 - 3. Type of acid 4. Drenches
 - 5. "The Raven" writer 6. Emerged
 - 7. Alpha Centauri: __ Kentaurus 8. Democratic Presidential candidate 43. Norse mythological site
- 9. Hostelry
- 11. Any plant with leaves used
- for flavoring 12. Member of a Semitic people
- 13. Lesotho monetary unit
- 23. Jewish address for "Sir"
- 25. Male parent 26. A way to get
- 27. Body part 28. Seam in an organ
- 29. Landlocked African country
- 32. Process for producing ammonia

- 33. Fluid accumulation in tissues
- 34. Bogged down

41. Type of sword

44. Flower cluster

47. Actors' group

55. Illuminated

61. Employed

64. Fishing fly

67. Must have

68. A way to write

52. Group of SE China

56. Semitic Sun god

60. Water (Spanish)

63. Japanese ankle sock

65. Some pheasants are this

66. Literary name for Ireland

69. One point east of southeast

43. Witch

48. Cool!

49. Salts

42. Influential Irish playwright

46. Psychedelic amphetamine

45. Mark Wahlberg's animal friend

- 36. Native American tribe 37. Unfashionable person
- 38. Female grunts
- 40. Well known 41. Gurus
- 44. Tell on
- 46. Farrow, actress
- 47. Cotton fabric
- 49. Reciter of Scandinavian poems 50. Clouds
- 51. Satisfies
- ered Air Force base in German
- 53. Phil __, former CIA
- 54. Japanese seaport
- 57. Female horse or zebra 58. 1st month of ancient Hebrew calendar
- 59. Trigonometric function 61. Fashionable knowledge (Slang)
- 62. Insecticide

Я

Cooler temperatures and warm soil make fall a great time to add trees to your landscape. Make the most of this investment of money and time and give your tree its best chance at survival with proper planting and care.

Select a tree suited to the growing conditions, your landscape design and available space. Make sure it tolerates the sunlight, soil and temperature extremes. Check the tag for the mature height and spread. You'll have a better-looking plant that always fits the space with minimal pruning. Avoid planting near overhead

utilities since trees and power lines make for a dangerous combi-

nation. Contact your underground utility locating service at least three business days before placing the first shovel in the ground. It's free and all you need to do is call 811 or file an online request.

Once the area is marked, you can get busy planting. Ensure your tree thrives for many years to come with proper planting. Dig a saucer shaped hole three to five times wider than the root ball. It should only be as deep as the distance from the root flare to the bottom of the root ball. The root flare, where the roots bend away from the trunk, should always be at or slightly above the soil surface. Set the tree in the hole, then peel

back and cut away any burlap and wire cages. These can eventually constrict root growth. Roughen the sides of the hole and backfill with the existing soil. Water thoroughly to moisten the roots and surround-

Continue to water thoroughly whenever the top few inches of soil are crumbly and moist. Proper watering, especially during the first two years, is critical for establishing trees. Watering thoroughly as needed encourages deep roots and a more drought tolerant and pest resistant tree.

Monitor soil moisture near the trunk and beyond the rootball.

Since many containerized trees are grown in soilless mix, the rootball dries out more quickly than the surrounding soil. Adjust your watering technique and schedule to accommodate this differ-

GARDEN MOMENTS MELINDA **MYERS**

Mulch the soil surface with a two- to three-inch layer of woodchips or shredded bark to conserve water, suppress weeds and improve the soil as it decomposes. Pull the mulch back from the trunk of the tree to avoid disease problems.

Remove any tags that can eventually girdle the tree and prune out any broken or rubbing branch-

es. Wait a year to fertilize and two years, once the tree is established, for additional pruning. Continue providing tender loving care for at

least the first two years. Make regular checkups, prune to create a strong structure, and keep grass, weeds and lawn care equipment away from the trunk throughout the lifetime of your tree. Your efforts will be rewarded with years of beauty and

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Charlton to apply for Shared Streets and Spaces grant

BY JASON BLEAU CORRESPONDENT

CHARLTON - The town of Charlton is officially putting itself in for consideration to receive a Massachusetts Department Transportation Shared Streets and Spaces Grant having worked with the Central Massachusetts Regional Planning Commission to apply for

the funding. Selectmen discussed the status of the town's application during a livestreamed meeting on Aug. 25, where they were joined by CMRPC representative

McElwee, who spearheaded Charlton's application for the grant. Any money received from the grant would be used to fund quick, temporary improvements to help improve transportation and social distancing in the new normal of the COVID-19 pandemic.

"The program is around to allow towns to implement temporary measures that would improve pedestrian and cyclist infrastructure in town as well as provide businesses and schools the extra space in order to allow for social distancing operations to happen," McElwee told selectmen. "The purpose of it being temporary is so that not only can it be installed quicker and then monitored, but then you can use data from the temporary measures to see if these are permanent solutions that can be put in place."

the Under grant guidelines, towns could received anywhere from \$5,000 to \$300,000 for qualifying projects. Applications are due by the end of September with the grants expected to be awarded in October. McElwee partnered with the town as a CMRPC representative to help determine what projects

would be the focus of Charlton's efforts if they are awarded the funds. The priority would be to address crosswalks and other improvements between Masonic Home Road and Burlingame Road in the center of town.

"Where there are existing or faded crosswalks, there's about five of them, we would be repainting them with temporary paint to provide the brightness so that oncoming vehicles can see them as well as put into place along most of them some of the temporary state law yield to pedestrian signage," McElwee said.

One crosswalk in particular on North Main Street between the town hall and the library would be a special focus with temporary flashing beacons being installed as well as improved signage.

Another project included in the proposal would be a special location behind the town's library which would serve as an asset to students who need a place to congregate and do homework while the library remains closed to patrons.

"The last thing that we are proposing to do is to place behind the library a temporary blocking off of several of the parking spaces and then putting in there a temporary tent and tables that would provide for kids to be able to do some school work together, but in a socially distances and safe outdoor environment. We would provide some charging ports for if they have laptops," McElwee

Applications for the grant program are due Sept. 27. If Charlton is awarded the funds, they will not be required to provide any matching expenditures in order to utilize the money to pay for the improvement projects.

Baker launches initiative to help local businesses

BY KEVIN FLANDERS STAFF WRITER

REGION Gov. Charlie Baker recently announced the launch of an initiative aimed at supporting local busi-

Joined by Lt. Gov. Karyn Polito at an Aug. 25 press conference, Baker unveiled the new statewide effort to promote shopping local and supporting small businesses and attractions in a safe manner.

Although several sectors of the state's economy have reopened since May, countless businesses have seen significant drops in customers from pre-pandemic levels. Restaurants have had an especially difficult struggle, with many patrons afraid to return to their favorite locations due to COVID-19 concerns. Small shops have also struggled, and area attractions and recreational businesses have

suffered the impacts of decreased discretionary income.

With his newly launched platform, My Local MA, Baker is employing several tools to promote safe in-person business interactions, online sales, curbside pickup, and takeout meals.

"The intent of the campaign is to showcase Massachusetts' vast array of businesses and attractions - from family-owned restaurants to artisan boutiques to museums - that are a critical part of the Commonwealth's economy," read a statement released by the Governor.

One of the major problems for area businesses, officials said, is that many residents aren't aware of safe shopping accommodations like curbside pickup. Owners are encouraged to promote such offerings through physical signage, social media, and website announcements. Curbside pickup options should be heavily promoted, as well as a list of safety and sanitation measures in place at a given business, state leaders said.

"From Stockbridge to Provincetown, our local retailers and restaurants are open for business and are utilizing safe practices," Baker said.

To assist local businesses with promotions, Baker's My Local MA program will feature several advertising mediums. The campaign, which runs through December. will include print, broadcast, billboard, and digital ads, along with social media encouragement for residents to shop local.

Moreover, officials will feature resources for consumers and additional information on the website: www. FindMyLocalMA.com.

The Governor is also

reminding residents that the best way to support local businesses and ensure they can stay open is to shop safely and responsibly. To that end, the My Local MA program features a "Masking Up" component devoted to promoting facial coverings and

social distancing efforts. "Supporting beloved local businesses also means acting responsibly," Baker added. "Masking up and practicing social distancing will be emphasized throughout the campaign to protect our quality of life and ensure that businesses can safeserve customers."

The Commonwealth's small business community plays a vital role in the overall state economy. According to the Small Business Administration, small businesses in Massachusetts employ

approximately 1.5 million workers, accounting for approximately 45 percent of the state's total workforce.

"Through My Local MA, residents are encouraged to protect and preserve those elements that make Massachusetts unique," Baker said.

central In Massachusetts, local leaders continue to advocate for support of small businesses and entrepreneurs. Area officials have seen several residents step up and seek out ways to help local enterprises as they begin their emergence from the COVID-19 crisis.

"We need to keep supporting our local businesses and make sure we do everything we can to help," said State Rep. Peter Durant, of Spencer. "There is a ground swell of people who are promoting buying local, but a lot of businesses are still struggling. We're

seeing permanent layoffs in many places, and that affects everyone. People want to get back to work and start to come out of

Local officials remind residents that supporting farmers and growers is just as important as shops and restaurants.

"Our main streets and side street businesses have all suffered during this health crisis. We are blessed to have so many small businesses and farms in our region - all offer unique products and produce," said Sen. Anne Gobi, also a Spencer resident. "The more we can shop local, the better for our local economy, business owners, and their families.'

For more information about the state's shop local effort, visit www. FindMyLocalMA.com.

Kennedy leads Democratic primaries in Dudley and Charlton

BY JASON BLEAU CORRESPONDENT

DUDLEY/CHARLTON The numbers are in, and while incumbent Democratic Sen. Edward Markey might have bested challenger Joseph Kennedy III in statewide in the primary for the 2020 election, Dudley and Charlton voters chose to support Kennedy when they took to the polls on Sept. 1.

Kennedy earned 940 votes in Dudley and 1,031 votes in Charlton to Markey's 590 votes and 850 votes in each town.

respectively. Kennedy dominated the two smalla day where he earned much of the support from Worcester County but failed to unseat his rival for the nomination. Markey took 55 percent of the overall vote from voters in the Commonwealth while Kennedy became the first member of the famed political family to lose an election in Massachusetts.

On the Republican side, both Dudley and Charlton voted to support Kevin O'Connor as the GOP candidate for the

Senate seat. O'Connor winning both Dudley, in the primary and no earned 370 votes in where he received 959 town communities on Dudley and 489 votes Charlton opposed ın to his opponent Shiva Ayyandurai's 268 Dudley votes and 314 Charlton votes. O'Connor defeated Avvandurai with 60 percent of the votes statewide to earn the right to contend against Markey in November.

In the race for the House of Representatives, Democratic Incumbent Richard Neal staved off a battle from Alex Morse easily winning the primary with 59 percent of the votes and

votes to Morse's 537, lenger for November. and Charlton, where he defeated Morse 1,184 votes to 649.

Looking at the state House and Senate seats, Republican incumbent Peter Durant look as if he will easily continue representing both Dudley and Charlton having no opposition from his own party in the primary or Democrats in the November vote. Ryan Fattman will continue to represent Dudlev in the state Senate also having no opposition

clear Democratic chal-Republican Paul Frost no opposition going into November to retain his seat as Representative for Charlton. Democrat Anne Gobi easily retained her party's nomination for her seat in the state Senate representing Charlton and other towns, however she will have a Republican challenger as Steven Hall earned the GOP nomination during the primary running unopposed.

Finally, the Register

of Probate vote saw incumbent Republican Stephanie Fattman win the GOP nomination unopposed. Democrat Wennerberg Kasia won the majority of the votes from both Dudley and Charlton however she was unable to earn enough votes throughout Worcester County to earn the nomination. Instead her challenge John Dolan will contend against Fattman for the position after earning 54 percent of the votes in the primary.

COVID keeps school budget in flux

BY JASON BLEAU CORRESPONDENT

DUDLEY/CHARLTON - Many uncertainties remain for the Dudley-Charlton Regional School District as the COVID-19 pandemic continues to loom over the new school year and beyond. As with many districts across the state, finances are one of the biggest question marks with many different possible scenarios being examined for the rest of the fiscal year.

The district's financial status was one topic of discussion during a Regional School Committee meeting on Aug. 26, where Director of Finance and Operations Richard Mathieu spoke candidly about the budget in his report saying that the FY 2021 spending plan is still very much "in flux."

'In normal years, this would be unthinkable, but given all the realities that have hit us all over the past six months it really just draws a shrug of the shoulders. Certainty and finality are impossible at our level and even at the state level we still receive conflicting messages and statements that make planning a real challenge," Mathieu said.

Realistically, he said inaction on the federal level has proven to be one of the biggest hurdles, as the federal government has not provided additional funding as state officials had anticipated. Looking ahead, Mathieu said the district still plans to apply for COVID relief grant funding which is expected to be discontinued at the conclusion of the calendar year.

"To me, that means apparently, COVID is not going to be an issue in 2021. That would be good news to everybody, let's just hope that's actually true. However, given the rules of the road, our funding in those particular areas that the state points to as providing a lot of relief for COVID related expenses apparently they only run through the end of December at this point in time,"

Currently, the district is looking as potential expenses ranging from long term substitutes, remote learning adjustments, and the potential for additional technological needs or AVAC improvements to help adjust to the "new norm" of the pandemic.

"With the grant expiring, we certainly wouldn't want to leave any money on the table so we may take a look at using some of this to purchase technology if indeed we're not going to be able to fund personnel through the entire year," Mathieu said.

The school committee will continue to examine the status of its budget throughout the year as the district awaits further details from the state and federal governments on funding and COVID relief.

Local filmmaker brings Hollywood to Sturbridge

STURBRIDGE — Cyclops Snowman Productions is proud to announce its first SAG-AFTRA production, "Red Fever," a dark thriller adapted from the suspense short story by screenwriter and producer Jenifer Clements Stockdale.

The film depicts a teen girl who has grown up in what she believes is a post-apocalyptic survivor's camp, but when she discovers her entire life is a web of lies, she must risk her life

to get to the heart of the truth. It's a big deal that we got SAG-AFTRA clearance, but with that honor comes big responsibility. The actors' union has recently implemented strict health safety guidelines for film production. Meeting SAG-AFTRA requirements will add extra expenses but we know that to keep cast and crew safe and healthy it is absolutely essential. That's why we're crowd-

funding part of the film budget. The production company launched an Indiegogo page that includes perks such as a live streaming of the film premiere

and seeing your name in the movie credits. Filming is set to begin the first part of October and will include two historic sites in Sturbridge and Charlton, but visitors will not be allowed in order to comply with health and safety regulations set by SAG-AFTRA and the state of

Massachusetts. 'We are using local family-owned businesses for such things as catering and security to support the local economy. We hope to also shed some light on the amazing work being

done by local historical societies." To support this project and see your name in movie credits please go to https://www.indiegogo.com/projects/red-fever-a-short-film/x/24309220#/.

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OPINION/COMMENTARY



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Frank G. Chilinski STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE

The flavors of fall

The first day of fall is upon us. Sept. 23 will mark the first day it is socially acceptable to drink pumpkin and apple flavored coffee, doughnuts, bread and burn fall scented candles. Coffee shops and bakeries are already busting out the fall flavors.

Pumpkin enthusiasts beware, on the flip side, there are several people who think it is too soon. A survey that posed the question, "When is it OK to start drinking and eating pumpkin?" produced the following responses:

'Right now!"

"First day of fall."

"I always strive for after Labor Day, but often start on July 12th.'

"I'm waiting until September 1st."

"After zucchini season." It is true, there are more people in New England who are holding on to every last bit of summer than those looking forward to fall. To those people, we get it. Some people refuse to swap their flip flops for boots until the first snow fall. The end of the summer season really isn't so bad. With fall comes hearty crock pot recipes, crisp evenings, sweaters, boots, and Halloween. The closer to Halloween we get, the closer to snow, which means the ski resorts will soon be open for businesses. What could be better?

Perhaps the best part about fall is foliage. The leaves are already changing and soon New England will be swarming with tourists, camera's in tow. Peak foliage will hit during the last week of September through the first week of October.

Within the next four weeks, temperatures will drop drastically, with some hot days still sprinkled in for balance. The good news is, there is still plenty of time to sneak in a few more summer hikes, a kayak excursion on the lake, a few more backyard barbecues, or a day reading out on the hammock

The Old Farmer's Almanac says of winter 2021, "Our long-range forecast is calling for a cold winter with normal to below-normal temperatures in areas from the Great Lakes and Midwest, westward through the Northern and Central Plains, and Rockies. Remember last year's almost snow-free winter in the Northeast? Well, this year our prediction is very different, with the possibility of a blizzard hitting the Mid-Atlantic and Northeast states during the second week of February. This storm may bring up to one to two feet of snow to cities from Washington, D.C. to Boston, Massachusetts."

So wether you're still sipping pina coladas or drinking a pumpkin spiced latte while dreaming of jack-o-lanterns and the smell of wood stoves, this IS the perfect time of year for you.

LETTERS

Extra! Extra! Read All About It! We think you're important enough to

tell all our readers to turn to the Opinion pages and read your Letters to the Editor. But first, you have to write us!

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Or e-mail your letters to the editor at news@stonebridge-

press.news. You'll need to pro-

vide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in

print. If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800

Remember, libelous remarks and/or personal attacks are a no-no and could

lead to your letter not being published. So, what are you waiting for? Start writing!

A life of accumulating stuff

POSITIVELY

SPEAKING

heard once that the first half of our life is spent accumulating things, while the second half is getting rid of those very same things. In our case, time has been more heavily weighted to accumulation, while getting rid of them has been a more sudden and quicker

As most of you know, we are at a time and age where we are downsizing. We've spent the last 26 years in an exceptionally large home on forty acres and are downsizing into a significantly smaller place. The move requires that we sell, donate, give away or dump, eighty percent or more of our belongings. In the beginning, the thought sounded arduous and painful, but it has been quite the opposite. It has been a "freeing" experience. It has lightened our load and relieved a fair amount of pressure.

As we've sorted through forty-five years of marriage in boxes of our belongings, I wonder why we ever bought most of it to begin with. It's as if we were on a search for meaning in things, that we later found to be meaningless. I believe I bought things to make myself feel better and when I didn't ... I bought more. The more I bought, the more of a burden it became, so to relieve the stress ... I bought more. I think it's a vicious cycle that most of us go through. We all become burdened at some point with boxes of stuff. We either deal with it or leave it all to our kids to deal with after we are gone.



So, we decided to have an estate sale, which turned out to be the right choice for us. It went well and I'm guessing half our stuff sold. It was an interesting experience. I thought I'd be able to hang around, greet people, answer questions ... but I was wrong. An hour before the sale began, George, the owner of Cait's, the estate sale company, asked me where I was going during the sale. I responded that I planned

on staying and he began

emphatically shaking his head and said, "No. You

cannot be here. Go hang

out with a neighbor or

find another place to be."

It was a mixture of feeling insulted and hurt. It was my stuff, in my house! How could he tell me to leave? Arlene looked at me and smiled. "He didn't want to see you holding on to someone's ankle as they drag you out the door, while you are crying and pleading, 'please don't take my stuff!

"You think I'd do that?"

"It didn't take long for him to figure you out." She took me by the hand and pulled me towards the door. "Let's not stay and find out."

We got in the car and instead of leaving, parked under a tree near the entrance to the property and watched people come

in and later leave with our stuff. It wasn't a sad experience but just an odd sense of curiosity. Why did they want that? Where are they taking it? What will they do with it?

The next day was different. I decided to hide in the bedroom and stay close, but my personality and curiosity didn't allow me to stay in hiding long. I slowly ventured out and had a fun time greeting friends, meeting new people, and seeing smiles on faces as I watched our 'stuff' bring joy to others.

I also smiled, knowing someday, sooner or later, that same stuff may be in someone else's estate sale as they wonder, "why on earth did I buy this?"

My advice, for whatever it's worth ... Don't put your faith and happiness in material things. They eventually end up being burdensome and rarely deliver the expected pleasure. First and foremost, look to a higher source. For me, that is in Jesus. For you it may be something different. Then, find your earthly joy and satisfaction in family and dear friends.

Stuff ... is just stuff. I don't miss any of it.

Neither will you.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

enrollment choices can have big financial impact



FINANCIAL Focus

DENNIS ANTONOPOULOS

It's that time of year again, where, if you work for a medium-to-large employer, you've got some decisions to make because it's open enrollment time. Of course, depending on your situation, you may have been working remotely for a while, but, even so, you will likely have the opportunity to review your benefits package and make changes. And you'll want to make the right moves, because your choices can have a big financial impact on your life.

So, take a close look at these key areas of your benefits program:

Health insurance - Think about your health care needs over the coming year - will you or someone in your family be coping with a chronic illness or facing a surgery? Will you need to at least consider testing and possible treatment for COVID-19? In any case, make sure you're choosing the right plan for your needs. And pay close attention to any changes in your health insurance, such as whether the plan's provider networks have changed - you may want to make sure your own doctor is still in-network. Also, check to see if you can reduce your health care premiums by taking part in a wellness program or health-risk assessment.

Life insurance - Your employer may offer a group life insurance policy for free, or for a small amount. It's probably worth your while to take this coverage, but it may not be enough for your needs. If you only had this group policy, but your family situation has recently changed through marriage or the addition of a new child, you may well need to add some private insurance.

Disability insurance - In addition to offering group life insur ance, your employer may provide short-term disability insurance as an employee benefit. Like group insurance, this disability coverage may not cost you anything, but it may not be adequate - typically, short-term disability only replaces part of vour income for three to six months. And while you may never need to miss work for an extended period of time, you never can tell – after all, more than one in four 20-year-olds will become disabled before they retire, according to the U.S. Social Security Administration. You may want to consider purchasing your own long-term disability policy on top of the coverage offered

by your employer. Retirement plan – You can probably make changes to your 401(k) or similar employer-sponsored retirement plan at any time, but why not look at it now, when you're reviewing all your benefits? If you can afford to increase your contributions, you probably should, because a 401(k), with its tax advantages and ease of contribution through paycheck deductions, is a great way to save for retirement. At a minimum, put in enough to earn your employer's match. You'll also want to review your 401(k)'s investment mix. Is it still providing you with significant growth potential within the context of your individual risk tolerance? Over time, you may need to make some adjustments. either because an investment is underperforming or because you're getting close to retirement and you need to reduce your risk exposure. In any case, it's a good idea to check up on your 401(k)'s investments at least once a year.

Your employee benefits are an important part of your overall financial picture – so do what you can to get the most from them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@ edwardjones.com. Edward Jones Member SPIC

Plant trees now for decades of shade and beauty



Cooler temperatures and warm soil make fall a great time to add trees to your landscape. Make the most of this investment of money and time and give your tree its best chance at survival with proper planting and care.

Select a tree suited to the growing

conditions, your landscape design and available space. Make sure it tolerates the sunlight, soil and temperature extremes. Check the tag for the mature height and spread. You'll have a better-looking plant that always fits the space with minimal pruning.

Avoid planting near overhead utilities since trees and power lines make for a dangerous combination. Contact your underground utility locating service at least three business days before placing the first shovel in the ground. It's free and all you need to do is call 811 or file an online request.

Once the area is marked, you can get busy planting. Ensure your tree thrives for many years to come with proper planting. Dig a saucer shaped hole three to five times wider than the root ball. It should only be as deep as the distance from the root flare to the bottom of the root ball. The root flare, where the roots bend away from the trunk, should always be at or slightly above the soil surface.

Set the tree in the hole, then peel back and cut away any burlap and wire cages. These can eventually constrict root growth. Roughen the sides of the hole and backfill with the existing soil. Water thoroughly to moisten the roots and surrounding soil.

Continue to water thoroughly whenever the top few inches of soil are crumbly and moist. Proper watering, especially during the first two years, is critical for establishing trees. Watering thoroughly as needed encourages deep roots and a more drought tolerant and resistant tree.

Monitor soil moisture near the trunk and beyond the rootball. Since many containerized trees are grown in soilless mix,

the rootball dries out more quickly than the surrounding soil. Adjust your watering technique and schedule to accommodate this difference.

Mulch the soil surface with a two- to three-inch layer of woodchips or shred-

GARDEN

MOMENTS

MELINDA

MYERS

ded bark to conserve water, suppress weeds and improve the soil as it decomposes. Pull the mulch back from the trunk of the tree to avoid disease problems.

Remove any tags that can eventually girdle the tree and prune out any broken or rubbing branches. Wait a year to

fertilize and two years, once the tree is established, for additional pruning.

Continue providing tender loving care for at least the first two years. Make regular checkups, prune to create a strong structure, and keep grass, weeds and lawn care equipment away from the trunk throughout the lifetime of your tree. Your efforts will be rewarded with years of beauty and shade.

Gardening expert Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' Web site is www.melindamyers.com.

Home Canning Tips & Tricks Farmer's Markets are selling tomatoes den vegetables such as tomatoes and "Complete Guide to Home Canning and only to the property of the selection of the selection

and cukes in bulk, workshops on preserving produce are filling up fast and canning jar manufacturers report double digit hikes in sales. There's no doubt about it, self quarantines and the current homebound culture have spawned a renewed interest in gardens and home grown goods.

Whether canning in bulk to stock the pantry, or filling a few jelly jars for holiday gifts, the following information is geared toward helping your preserving efforts pay off in both financial and "feel good" benefits.

One of the joys of canning is the ability to literally put the fruits of your garden labor on the dinner table. For those who do not grow their own foods, a trip to a farmer's market or neighborhood farm stand can reap bushels of freshly picked produce. In rural areas, farmers typically offer boxes of produce in bulk to home canners at discounted prices.

When choosing produce for canning, overlook those with bruises or obvious imperfections. Common backyard garcucumbers are popular candidates for canning as they offer a variety of finished products from condiments to side

A few old fashioned canning recipes can transform the versatile garden favorites into glistening jars of pantry staples. For example, tomatoes can be prepped to be canned as tomato sauce, tomato soup, tomato juice, salsa, ketchup, and more. Cucumbers transform into sweet gherkins, dill pickles, chow chow and a variety of relishes. Orchard fruits such as apples and peaches can be processed as jelly, butter, chutney, pie filling, syrups and sauces.

Proper Processing: Before choosing a preferred method of processing be sure to study the options, all of which are available in canning "how to" books or online. For safety's sake be sure your resources are up to date, since processing recommendations have changed in the past several years. The classic Ball Blue Book serves as the canners bible. Online, a reliable and free resource titled "U.S. Department of Agriculture's "Complete Guide to Home Canning," is available and can be accessed by visiting www.uga.edu/nchfp/publications/publications_usda.html

A general rule is that the traditional boiling water bath is a canning option only for high acidic foods such as fruits, preserves and some pickled vegetables. All vegetables, which are low in acid (except some that you acidify first), must be processed in a steam pressure canner. Consult a trusted resource before you attempt to can your own food, as improper processing can cause Botulism, which is a serious and often fatal form of food

Once you have completed processing of the jars according to safety guidelines, another important step in the canning process is testing your jar seals. After jars have cooled for 16-24 hours, a few easy visual and manual tests can ensure the jars have sealed properly. After removing the screw band:

1. Press down on the middle of the lid with your finger. If the lid comes back up when you let go, the lid did not seal correctly.

2. Lift the jar to eye level and look across the top of the lid. It should curve down slightly in the center. If the center is flat or convex, the jar did not take a good seal.

3. Or, try the old fashioned "tap test." Tap the top of the lid with the bottom bowl of a teaspoon. A properly sealed lid will make a high pitched ringing sound.

According to the National Center for Food Preparation, if lids are tightly vacuum sealed on cooled jars, the screw bands may be removed before storing the jars. Before storing, jars and lids should be washed to remove any waste, and rinsed and dried. Jars should be stored in a cool dark, dry place. For best quality, store between 50 and 70 degrees and use canned products within a year.

Home Canning Recipes: Even the novice home canner can experience success with the following recipes that use fresh garden ingredients:

Pepper Jelly

This jelly, which uses up the last of the season's garden peppers, makes a festive holiday gift.

Ingredients: 3 green bell peppers, minced; 2 (4 ounce) cans diced jalapeno

1 1/2 cups distilled white vinegar; 6 1/2 cups white sugar; 1/2 teaspoon cayenne pepper; 1 (6 fluid ounce) container liquid pectin; 5 drops green food coloring. Directions: In a large, stainless steel

saucepan, combine peppers, vinegar, sugar, and cayenne pepper. Cook over medium high heat. Stir frequently until mixture begins to boil. Stir in pectin; boil 5 minutes longer,

stirring constantly, and mix in food coloring. Skim off foam, and remove from Ladle into sterilized jars. Seal and pro-

cess in a boiling-water canner for 5 minutes.

Apple Chutney

It's apple season in New England and this chutney, made from freshly picked fruit, will be the perfect accompaniment to upcoming holiday feasts.

Ingredients: 2 quarts chopped, cored, pared tart apples (about 10 medium); 1 cup chopped onions; 1 cup chopped sweet red bell peppers (about 2 medium); 2 hot red peppers, seeded and chopped: 11/2 pounds seedless raisins; 4 cups brown sugar; 3 tablespoons mustard seed; 2 tablespoons ground ginger; 2 tablespoons ground allspice; 2 teaspoons canning salt; 1 clove garlic, crushed; 1 quart white vinegar (5%).

Directions: Combine all ingredients; simmer until thick, about 1 hour and 15 minutes. As mixture thickens stir fre-



TAKE THE HINT **KAREN TRAINOR**

quently to prevent sticking. Pour boiling hot chutney into hot jars, leaving ½ inch headspace. Remove air bubbles and adjust headspace if needed. Wipe rims of jars with a dampened clean paper towel; adjust two-piece metal canning lids. Process in boiling water canner according to the altitude recommendations below. Makes about six pint jars.

Recommended process time for Apple Chutney pints in a boiling water canner (altitude chart): 1-1,000 ft, 10 minutes; 1,001-6,000 ft, 15 minutes; above 6,000 ft, 20 minutes.

Home Canning DOs and DON"Ts

· Do be sure to wash, wash, and wash again! Wash hands, all food prep surfaces and all canning supplies thoroughly before starting the canning process,

Always wash and examine all foods to be canned. Be sure to cut out any bruises and discard any overripe fruits and vegetables.

Do an inspection of your glass jars, old and new. Before sterilizing jars, look and feel for nicks or chips. Inspect new lids for imperfections and make sure the screw bands fit properly.

Do use only proper glass canning jars and avoid the old time practice of reusing mayonnaise and other such jars.

Do take advantage of farm fresh fruits and vegetables in season. Buy in bulk and process to enjoy gourmet style foods at rock bottom prices.

DON'Ts

Never use overripe fruit. A good rule of thumb to remember is that canning can't improve the quality of food, so always begin with top quality fruits, ripe and free of bruises.

Never add considerably more spices or seasonings than a recipe calls for. Some spices can be high in bacteria and too much of a good thing can put your safety at risk.

Never reuse canning jar lids. Be sure to seal jars with a new, clean lid each and every time.

Do not store filled jars above 95° F or near hot pipes, a range, a furnace, in a non insulated attic, or in direct sunlight. Under these conditions, food will lose quality in a few weeks or months and may spoil.

Don't store jars in damp areas such as a basement. Dampness may corrode metal lids, break seals, and encourage spoilage.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Waterfowl weather sets in



The cool and pleasant weather of this past weekend signaled the start of the Massachusetts Waterfowl season. Although only Canada Geese are legal during the first segment of the hunting season, it will not be long before the opening of ducks and Pheasant season starting on Oct. 13. This year, the early goose season started on Sept. 8, and has a liberal daily bag limit of 15 birds. It may seem like a lot, but some areas in the state are overrun with Canada Geese that are polluting lakes and ponds and golf courses with their feces.

Unfortunately fields are not cut during the early season, which has been keeping less areas open for sportsmen to hunt. Because of the extremely hot dry summer, farmers may be cutting there corn a bit early this year. Be sure to ask for permission to hunt private property prior to the season. A little courtesy goes a long way! Numerous other prob-

lems are the posted pri-

vate property that geese find every year to hang out in. Access to these properties are often off limit to hunting, or are



THE GREAT OUTDOORS RALPH **TRUE**

just too close to houses. Remember to stay at least 500 ft. from any occupied dwelling when hunting. Hundreds of local geese have been spotted in many days, and will survive the early hunting season If they continue to visit the same fields. When the regular season opens on Oct. 13, the two-bird daily limit goes into effect. Setting up a spread of Canada Goose decoys to harvest a couple of birds has kept many hunters away.

More bear sightings in Douglas this past week have prompted local deer hunters to purchase a \$5

bear hunting stamp from Mass. Fish & Wildlife this year. There are five bear hunting seasons in Mass. this year that include rifle, hand gun, muzzleloader, archery & shotgun, with the last two being the most popular among hunters in the Central District, as they coincide with the deer season. Be sure to read the 2020 hunting season abstracts prior to

hunting. The Uxbridge Rod & Gun Club will be holding their second Wild Game Supper on Sept. 12. It was postponed because of the Covid-19 outbreak. Sportsmen that had purchased tickets to the supper this past fall can pick up their meal at the outside window starting at 2 p.m. All meals are to go only. Anyone that cannot make the meal can redeem their tickets for a full refund if they wish. The club is also planning a pig roast on Sept. 19, to benefit the Pheasant program. Tickets are \$10 each. The meal is also to go only. The club asks attendees to wear face

masks at both events. Reports of fast action on seabass in Rhode Island this past week, prompted numerous local anglers to give it a try. Knowing were to fish was the key to success. The seven fish limit on big seabass were caught using squid strips baited on a single hook, or with squid strips and iigs. Very large bluefish were mixed into the fast action. Areas around Block Island were the most productive with large and small sea-

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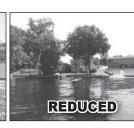


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Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the
2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5!
Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V
in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back
Doort Convenient to Route 90 8.8 20! Immediate Occuracy \$4.49 90.00 Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! \$449,900.00











WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00













WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, $Grand \& Spiral Stairways! \ Elevator, Ground Flr to Master Suite! \ In-door Resistance Swimming Pool, Hot Tub \& Bthrm \\ w/Steam Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ In-door Resistance Swimming Pool, Hot Tub \& Bthrm \\ w/Steam Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ In-door Resistance Swimming Pool, Hot Tub \& Bthrm \\ w/Steam Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ Flower Stairways! \ Elevator, Ground Flr to Master Suite! \ Flower Stairways! \ Flower Stairways$ Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00



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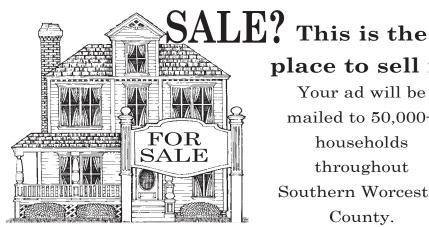
Worcester: Tatnuck Area, 4 bedrooms, 1.5 Baths, Fireplace, Hardwood floors, View on diane@dianesmybroker.com 30 Franconia St - \$344,500



Worcester: 2.5 Baths, Spacious eat-in kitchen w/ granite counters, gas stove & breakfast bar, Family room, 2 fireplaces, Oversized garage perfect for car

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On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 28 BLACK POINT RD



BOATER'S & FISHERMAN'S PARADISE! 2019 custom Cape! Webster Lake located in Quiet Lower Cedar Cove. All of the benefits of Lake Living, while Relaxing in Privacy. Enjoy Sunrise Lake Views from an Expansive Back Deck & Sunset Views from your Farmer's Porch. Cathedral Ceilings, Stone Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Area w/Built In Beverage Nook, Vaulted Loft, Formal Dining,

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to work for you!" IR MLS





East Brookfield - Oakland Dr - Extraordinary timber frame 4 bdrm, 2 full. 2 half bath home. Large living room w/ vaulted & beamed ceilings. Gourmet kitchen w/ center island, cherry cabinets, breakfast bar. Master-suite w/ private bath, jetted tub, walk-in closets. Heated garage! \$599,900



Spencer - Ridge Rd - Attention builders! Rolling Ridge Estates! Four-1+ acre lots near the Paxton line. Definitive Subdivision Plan in hand. Fantastic location with less than 15 minutes to Tatnuk Square, minute to Moore State Park, St. Josephs Abbey, swimming @ Brooks & Browning Ponds! **\$215,000**

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Applications may be obtained electronically from the Department of Public Works - Highway Division by emailing pdagostino@town.auburn.ma.us.

Applications are also available on the Town's website www.auburnguide.com, under the Public Works - Highway

Application must be returned to the DPW by October 9, 2020 by mail or delivered to the drop box at the DPW located at 5 Millbury Street, Auburn, MA.

The Town of Auburn reserves the right to waive any informalities and accept or reject any or all applications, or portions of such, if thought to be in the best interest of the

Kenneth Fairbanks

Town of Charlton is seeking a FT Administrative Assistant - Building Department

Under the general direction of the Building Commissioner, the Administrative Assistant is responsible for performing skilled

office equipment and computers software to include MS Word & Excel along with knowledge of applicable Massachusetts General Laws. Hourly rate: 22.31. Deadline for applications is 09/15/2020. Applications can be found at

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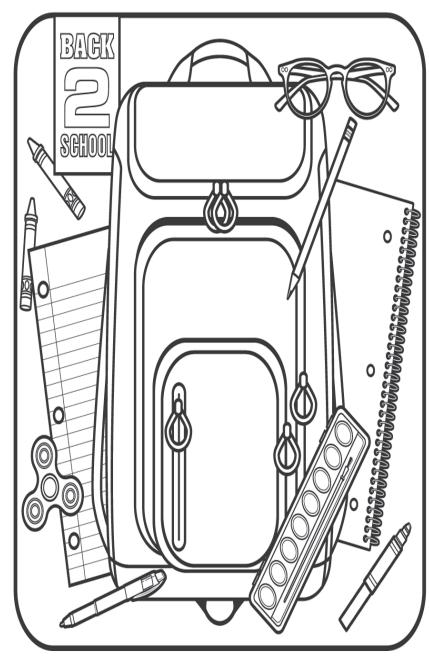


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- **1789**: ALEXANDER HAMILTON IS APPOINTED THE FIRST U.S. SECRETARY OF THE TREASURY.
- **1971**: THE EGYPTIAN CONSTITUTION BECOMES OFFICIAL.
- 1997: NASA'S MARS GLOBAL SURVEYOR REACHES MARS.



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the process of receiving instruction at a school



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ITALIAN: Studente

FRENCH: Élève

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Answers: A. cluck

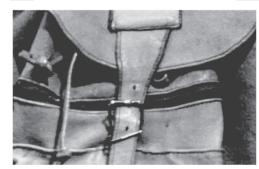
B.

 \mathcal{C}

D.







Can you guess what the bigger picture is?

YNSMEK: BYCKLYCK

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your sudoku

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Determine the code to reveal the answer!

Solve the code to discover words related to chickens. Each number corresponds to a letter. (Hint: 5 = E)

17 7 2 17 13 A.

Clue: Bird noise

19 5 5 9 19 В.

Clue: Small parts of a plant or flower

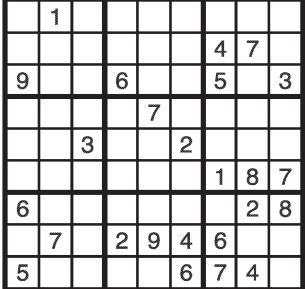
17 10 10 4 C.

Clue: Shelter for poultry

5 1 1 19 D.

Clue: Breakfast food

SUDOKU



Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	†	Z	9	8	ε	amb	2	S
annah	G	9	Þ	6	S	8	L	3
8	2	ε	mak	9	L	Þ	6	9
L	8	duna	3	9	6	2	G	Þ
9	9	6	S	フ	near A	ε	8	Z
t	ε	2	9	Z	8	6	9	mode
S	quees	S	8	S	9	L	Þ	6
2	L	Þ	6	namb.	G	9	3	8
9	6	8	۷	3	Þ	G	and h	S

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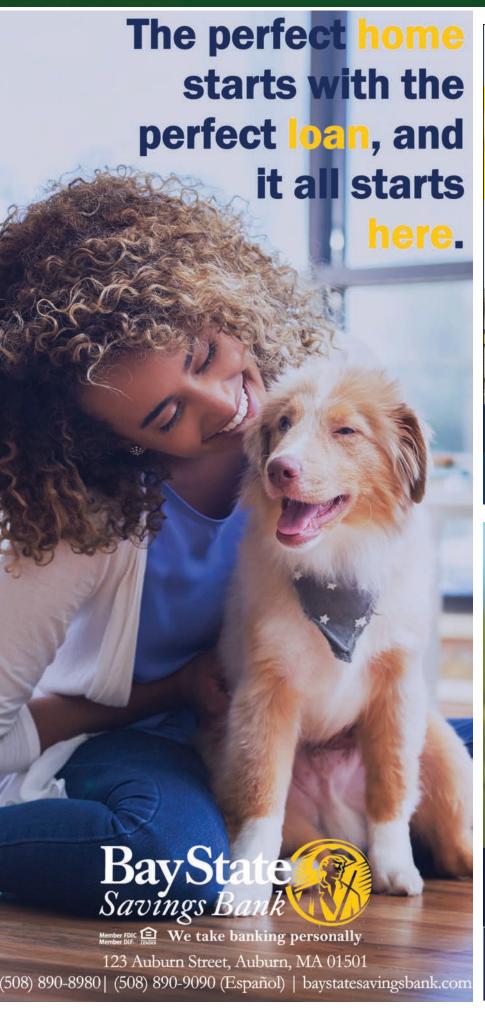
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