

Local groups donate supplies, services to first responders

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — The Northbridge Fire Department recently announced that several local organizations have stepped up to donate their services and supplies amidst the Covid-19 pandemic.

“All of your donations are much appreciated in helping us fight this virus on the front lines. The Northbridge Fire Department continues to provide the best service we possibly can to the community,” the department released in a statement.

The department reported that it has received numerous donations of PPE supplies, especially from Whitinsville-based Koopman Lumber Company, who donated 500 N-95 masks and has been assisting the department with PPE from the beginning of the crisis.

“We are proud to be able to help! We have

nothing but love for our local emergency services and are glad to know you’ll be safer while helping the community,” a representative of Koopman Lumber shared in a statement.

The department also thanked Flexcon for their donation of face shields.

Also, the department thanked Mike Robertson of New England Disposal Technologies, Inc. and State Representative David Muradian who recently visited the department to disinfect the Northbridge Fire Ambulances.

“On behalf of the entire [New England Disposal Technologies] team, it was our pleasure supporting the Town of Northbridge’s first responders during the COVID-19 public health emergency,” the company said. “Using the highest level of medical disinfection technology available, all the cruisers

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Courtesy

The Northbridge Fire Department recently announced that several local organizations have stepped up to donate their services and supplies amidst the Covid-19 pandemic.

Douglas Library offering home delivery for holds

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

DOUGLAS — The Simon Fairfield Public Library in Douglas is now offering home delivery for items on hold. Library Director Justin Snook designated Thursday as delivery day where any items waiting on the hold shelf will be delivered at some point during the day.

“We want to avoid face to face interaction, so we’ll leave your material on your door-step, knock on your door, and give you a reasonable amount of time to come get them before re-collecting them and moving on,” Snook said.

All items will be externally sanitized before delivery and the delivery person will wear a mask and sanitize their hands after handling every delivery, Snook added.

“At this point, everything has been quarantined in the Library for a month, so it hasn’t been handled by any other patrons,” he said.

To get books delivered, residents may visit the online catalog at mysfpl.org or call 508-476-2695.

Snook said that after initially announcing book delivery, he received a tsunami of emails asking how to browse the collection online.

“It is easy for me to assume that everyone knows how to use the online catalog, but that’s because the first search engines I learned how to use were Altavista and Ask Jeeves in 1996. Anyone who plugged into the online world in the late ‘90s ought to find our library catalog (powered by Evergreen) at least a little familiar,” he said. “Anyone who adopted the internet after around 2005, however, did so after the major search engines had perfected their art. An entire generation is used to a Google search bar that just works! You don’t have to tease and squeeze your search terms and then dive headfirst into a labyrinth of data to find what you are looking for anymore.”

Unfortunately, C/W MARS does not have the budget of Google, he added, so the online collection can be “clunkier” and take a bit more work. Snook said he made a video tutorial on how to use the online catalog which is linked in the latest Library newsletter.

As of mid-March, the library officially closed to the public due to the Covid-19 pandemic. Snook said the library is currently not accepting any returns, so if residents have materials out, they are advised to keep them for now.

“We are closing the book drop until we are open to the public again. All fines will be forgiven,” he said.

Library staff will be checking their phone messages at regular intervals.

“If you need assistance immediately with one of our electronic resources, though, please don’t hesitate to call my cell, which is currently provided on the Library’s away message. I apologize for the inconvenience. Stay safe, everyone,” Snook added.

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

GRAFTON — The town of Grafton recently received an SP+1 credit rating from Standard and Poor’s (S&P) for \$17 million general obligation bond anticipation notes that the town will go to market for at the end of April.

“The SP+1 rating will lead to competitive interest rates when the town goes to market for the \$17 million in [bond anticipation notes] in April which in turn, will reduce the burden to the taxpayer,” the town released in a statement. “This rating also underscores the professional standards Grafton adheres to for

fiscal management of tax dollars.”

S&P Global Ratings—a credit rating agency—also affirmed its ‘AA+’ long-term rating, with a stable outlook, on the town’s existing debt. This means that S&P believes the town “maintains a very strong capacity to pay principal and interest when the notes come due.”

Standard and Poor’s considers Grafton’s financial practices “good” under its Financial Management Assessment methodology and defines the town’s management as “strong.”

According to a statement from Grafton Town Administrator Timothy McNerney, the rating reflects S&P’s view of the town’s balanced budgetary performance, strong budgetary flexibility, strong economy with access to a broad and diverse metropolitan area, strong management with good financial practices and policies, strong liquidity with government cash at 13.9 percent of total governmental fund expenditures, and strong debt and contingent liability profile.

S&P expressed an understanding of potential revenue reductions in fiscal year 2021 due to Covid-19 for the town and explained “despite the more difficult economic conditions caused by Covid-19 and the expectation for slightly weaker performance, we believe near-term risks for Grafton’s budgetary performance are contained.”

S&P noted that “Grafton’s operating performance has been consistent and balanced in recent years” and “the town’s strong management team and willingness to make cuts when necessary should allow the town to weather the near-term impact of the recession.”

The stable outlook given to Grafton implies that Grafton will maintain a very strong financial position in the future, according to the recent statement. S&P defines Grafton’s economy as “very strong” and references the town’s convenient location which will be beneficial for future tax base growth.

BVT’s Nutritionist receives national recognition

UPTON – Nourishing the students who come through the cafeteria at Blackstone Valley Regional Vocational Technical High School (BVT) is a priority for Martha Pellegrino, the school’s Nutrition Educator. Passionate about food, nutrition, and the health and well-being of the school community, her contributions are receiving national attention from the national non-profit, School Nutrition Association (SNA), as the recipient of their National Employee of the Year Award.

This award recognizes the valuable contributions of a school nutrition employee who has exhibited a remarkable commitment to both their school meal program and the students they serve. While the nomination process began before widespread COVID-19 school closures, SNA & BVT recognize the compassionate efforts of school nutrition employees as frontline heroes, ensuring students continue to have access to healthy meals.

“Receiving the School Nutrition Association’s Employee of the Year award on the National level in addition to the State, and Northeast Regional level, speaks to the passion and dedication that Martha Pellegrino brings to her position,” said Superintendent-Director Dr. Michael F. Fitzpatrick. “It is considered the highest honor a school nutritionist can earn. We are proud of Martha and her accomplishments in her position, we are all healthier, having a passionate and dedicated school nutritionist on our team.”


Pellegrino prioritizes food safety and the health of her students by providing them with nutrition counseling.

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Martha Pellegrino


selling. She also serves as a liaison for parents, nurses, school counselors, and food service staff who coordinate students’ dietary needs. Pellegrino provides



National Nurses Week

Thank you! 

Stonebridge Press and the following businesses would like to recognize nurses during National Nurses Week (May 6-May 12). Thank you for your selfless dedication, kindness, compassion, and bravery especially during these pandemic times. You are truly angels in scrubs. Thank you for all you do all year long.



What nurses do each day

There are millions of nurses nationwide. According to the American Association of Colleges of Nursing, there are roughly 3.8 million registered nurses in the United States. That number figures to grow along with the demand for qualified, highly trained nurses.

Nurses perform a variety of functions, some of which may come as a surprise to those outside the medical profession. Learning more about what nurses do on a daily basis can paint a clearer picture of just how vital these health care professionals are.

Nurses are on the front lines of the medical profession, often interacting with patients more than any other professional within the health care field. Nurses communicate concerns, answer questions about conditions and care and even administer such care. While there are many tasks nurses can perform, some of their main responsibilities are observing and recording behavior, performing physical exams and diag-

nostic tests, collecting patient health histories, counseling patients and their families, and educating about treatment plans. Nurses also are responsible for administering medications, addressing and treating wounds and interpreting doctors' patient information to make decisions about necessary actions, where appropriate.

Nurses excel at listening to patients and analyzing their physical and emotional needs. Nurses also coordinate care with other health care providers and stay current with treatment options and cutting edge research and technology.

In addition to the aforementioned tasks, nurses may draw blood and perform other health-related tests. Testing may differ based on the subspecialty of the nurse. For example, obstetrics nurses may initiate sonograms or oversee urine testing for pregnancy hormones. Pediatric nurses may plot growth charts and administer routine immunizations.

Nurses are also there to listen to patients, and some may offer compassionate advice as they aim to help patients navigate difficult situations.

According to CareerBuilder, nurses who work in physicians' offices, community health centers, schools, and other health environments may enjoy a regular working schedule and



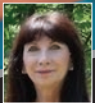

shifts during typical business hours. However, nurses working in hospitals and trauma centers tend to work rotating shifts to ensure patients receive round-the-clock care. Many nurses work outside traditional business hours, including during evenings, on holidays and on weekends. Some nurses are even on-call like doctors.

Nurses possess a distinct skill set that enables them to handle various tasks.

In honor of Nurses week, I would like to recognize the following dedicated healthcare workers.

Marylynn Pratt (ER Nurse at Baystate Medical)
Laurie Dibara (Nurse at Quaboag Rehab & Skilled Nursing Center)
Colleen Dibara (NP at St. Vincent's)

Your compassion, optimism, hard work, and kindness does not go unnoticed. Thank you, and all healthcare workers, from the bottom of my heart.
Happy Nurses Week!



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How to implement infection prevention measures in the workplace

Protecting workers has long been a priority for business owners, but that responsibility took on new meaning in the wake of the outbreak of the COVID-19 virus in late-winter 2020. Business owners accustomed to traditional workplace safety protocols designed primarily to prevent accidents and injuries were now tasked with protecting workers from a deadly virus.

Though many businesses were forced to close their doors in an effort to prevent the spread of the virus, many others remained fully or partially operational. The Occupational Safety and Health Administration recommends employers implement the following hygiene and infection control practices in an effort to prevent workers from infection.

- Promote frequent and thorough handwashing. Workers, customers and worksite visitors should be routinely reminded of the importance of washing their hands. The OSHA advises employers, in instances where soap and running water are not immediately available, to provide their employees with alcohol-based hand rubs that contain at least 60 percent alcohol. The Centers for Disease Control and Prevention urges people to employ the following techniques when washing their hands:

When washing with soap and water:

- Lather the hands by rubbing them together with the soap, making sure to scrub all surfaces of the hands, including palms, backs, fingers, between fingers, and under the nails

- Scrub for at least 20 seconds

- Rinse hands clean under running water

- Dry hands with a clean towel or air dry them

When washing with alcohol-based sanitizers:

- Cover all surfaces of the hands with the product before rubbing hands together

- Rub hands together until they feel dry, about 20 seconds

- Encourage workers to stay home if they are sick. Employers should emphasize to workers the importance of staying home if they feel sick. Even people who feel ill but are not showing any signs of COVID-19 infection,



which the CDC notes include shortness of breath, fever and cough, should stay home. That's because any illness can weaken a person's immune system, which makes them more vulnerable to viruses like COVID-19. Staying home when they feel sick is a great way for employees to protect not only themselves, but also their coworkers.

- Encourage respiratory etiquette.

The OSHA and the CDC say covering your mouth and nose when you cough or sneeze, putting used tissues in the waste basket and coughing or sneezing into an upper sleeve when no tissues are available can help prevent the spread of germs.

- Discourage sharing. Workers should be discouraged from sharing phones, desks, offices, and tools or equipment whenever possible. This can help prevent the spread of germs.

- Choose the appropriate cleaning chemicals. The OSHA advises employers to use chemical cleaners approved by the Environmental Protection Agency. The OSHA notes that products with EPA-approved emerging viral pathogens are expected to be effective against SARS-CoV-2 based on data for harder to kill viruses.

Protecting their employees from COVID-19 is of the utmost importance for employers across the globe. Safety measures can be implemented rather easily and ultimately save lives. TF206046

SOCIAL MEDIA TEXT: The Occupational Safety and Health Administration recommends employers implement the following hygiene and infection control practices in an effort to prevent workers from infection.

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Second Chance volunteer fosters making the best of stay-at-home



EAST BROOKFIELD — Some very lucky families have found a great way to spend their time during the current stay-at-home advisory – helping to care for newborn kittens for Second Chance Animal Services. Right now, Second Chance has four litters of kittens in their care and they are grateful to their volunteer fosters who are providing round the clock care for these helpless babies.

Fosters follow many of the steps of the lifesaving kitten protocol which was developed by Second Chance to help save the lives of prematurely born kittens, including weighing the kittens twice a day to ensure they are receiving the proper amount of nutrition. The protocol was published last year to help increase the odds of survival for premature kittens through animal welfare organizations across the country.

Second Chance has so many kittens in foster right now that they dedicat-

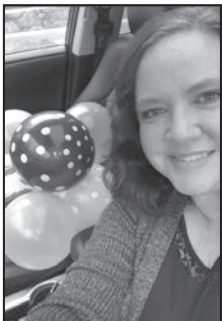
ed their weekly Wish List Wednesday Facebook post to the kittens in hopes of receiving more kitchen scales to help fosters track each kitten's weight. Second Chance shared a video of a foster kitten nicknamed Mitten being brushed with a toothbrush. The toothbrush feels like a mother's tongue for the kitten.

Mitten and his sibling are getting extra attention from the whole family. Five-year-old Lila asks her mom to bring home foster kittens and likes to help feed and bathe them daily. Her mom says fostering provides important life lessons, from caring for others to saying goodbye to the kittens when it's time for them to go back to Second Chance so they can find forever homes. Lila's two-year-old brother Callen is doing his part, cuddling with the kittens to provide socialization under the close supervision of mom's watchful eye.

When the kittens are old enough,

they will return to Second Chance where vets will clear them for adoption after they are spayed or neutered and vaccinated. The next stop is the adoption center in East Brookfield where they will be available for adoption.

Second Chance is currently working to process all the foster applications that have been submitted by animal lovers looking for a way to help during the COVID-19 crisis. For more information becoming a foster, visit secondchance-animals.org.



Happy Mother's Day Mom! Thank you for all that you do and we love you!

Love: Bobby, Rachel, and Lauren

Northbridge town election postponed

NORTHBRIDGE — Due to the ongoing battle against the pandemic brought on by COVID-19, and in order to continue to promote the health and safety of the residents and the community, the Moderator, in accordance with Chapter 39, Section 10 A, has postponed the Spring Annual Town Meeting that was originally scheduled for Tuesday, May 5.

The new date will be Tuesday, June 23, and the meeting will be held at 7 p.m. at the normal location of the Northbridge Middle School Auditorium. The Town will be exploring possible social distancing protocols and health and safety provisions that may be deemed necessary.

In order to comply with the legislation, the Moderator is first continuing the Town Meeting for the maximum 30-day period and will again do so at the end of May, to allow for the postponed Town Meeting to occur on June 23.

Information regarding the Annual Town Meeting including the Warrant and Finance Committee Booklet can be found at the Town's Web site at <https://www.northbridgemass.org/>.

The Town will continue to monitor the pandemic's impact and the safety of residents. If it is necessary to postpone the Spring Annual Town Meeting beyond June 23rd, future notice will be provided.

In addition, the Board of Selectmen, in accordance with Chapter 45 of the Acts of 2020, has postponed the Annual Town Election that was originally scheduled for Tuesday, May 19. The new date will be Tuesday, June 30, and will be held at the normal location of the Northbridge High School Field House. The Town is exploring possible social distancing protocols and health and safety provisions that may be deemed necessary.

Information regarding the Annual Town Election including the sample ballot and absentee ballot provisions, can be found at the Town's website at <https://www.northbridgemass.org/>.

Finally, the Board of Selectmen, in accordance with Chapter 53 of the Acts of 2020, has adopted the local option to extend the due date for real and personal property tax payments from May 1 to June 1.

Please note that the Town Hall Offices remain closed to the public. Payment options include:

- 1) Mailing a check to the Treasurer/Collector at 7 Main St., Whitinsville, MA 01588
- 2) Utilizing the Drop Box at the Rear of Town Hall at 7 Main St., Whitinsville
- 3) Electronic Payments using the On-Line Payment link located on the Treasurer/Collector's Web site at: <https://www.northbridgemass.org/treasurercollector>

The health and safety of our residents is the first priority of Town Officials. Thank you in advance for your patience and understanding as we seek to continue to provide services and plan for necessary Town voter actions during this time.



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Faith Adam of Uxbridge inducted into Mortar Board at UA

TUSCALOOSA, Ala. — Faith Adam of Uxbridge was inducted into the Mortar Board honor society at The University of Alabama's virtual Tapping on the Mound ceremony April 10.

Mortar Board is the premier national honor society recognizing college seniors for superior achievement in scholarship, leadership and service. The University of Alabama's Hypatia Chapter is one of the oldest chapters in the nation. Only a select few students on each campus are invited to join this esteemed Society. Mortar Board members are presented with the opportunity to join a diverse group of students from vastly different disciplines and interests.

The University of Alabama, the state's oldest and largest public institution of higher education, is a student-centered research university that draws the best and brightest to an academic community committed to providing a premier undergraduate and graduate education. UA is dedicated to achieving excellence in scholarship, collaboration and intellectual engagement; providing public outreach and service to the state of Alabama and the nation; and nurturing a campus environment that fosters collegiality, respect and inclusivity.



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A Real Keeper



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BVT home to one of state's best nursing programs

UPTON – With the goal of launch nursing careers at the highest standards, the Practical Nursing (Post-Secondary) Program at Blackstone Valley Regional Vocational Technical High School recently ranked fourth in the state by Nursing Schools Almanac. During a time when the need for professionally trained nurses is particularly significant amidst the COVID-19 pandemic, Nursing Schools Almanac annually ranks the best nursing schools in Massachusetts to assist aspiring nurses with a resource for selecting their

future nursing school.

For the 2020 rankings, the research team at Nursing Schools Almanac compiled an extensive database of student performance on the National Council Licensure Examination for Practical Nurses (NCLEX-PN). Aspiring practical nurses must pass this examination before commencing practice. Student performance on the exam provides an excellent benchmark for comparing the relative quality of programs.

The Nursing Schools Almanac ranking meth-

odology focused on the NCLEX-PN pass rates among first-time test-takers. As well as the average number of annual graduates, and previous calendar years, 2011 through 2018 were analyzed, weighted by year, and averaged together. They used this metric to rank the LPN programs in each state accordingly.

The Practical Nursing Program at BVT received an overall score of 95.7 percent to secure #4 rank.

Blackstone Valley Regional Vocational Technical High School: #4

NCLEX-PN pass rate

among first-time test-takers: 95.7%

The average number of LPN students graduating annually: 17

Data analyzed: Calendar years 2011 through 2018

“It’s an honor to be included in the Nursing Schools Almanac 2020 rankings of the best nursing programs in Massachusetts,” said Practical Nursing Coordinator Joann Monks, MBA, MSC, RN-BC. RMA. “This is a tribute to the hard work and dedication of our students, faculty, staff, and stakeholders all working together in

support of our program that promotes the growth of nursing professionals through education.”

The Blackstone Valley Tech Practical Nursing program proudly serves adult learners in District, out of District, and out of state. They are accepting applications for August 2020. For more information, visit www.valleytech.k12.ma.us/practical-nursing.

About Blackstone Valley Regional Vocational Technical High School (BVT) Blackstone Valley Regional Vocational Technical High School

serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school’s Web site is www.valleytech.k12.ma.us.

Milford Regional remains ready to care for all patients

MILFORD – During the past several weeks, Milford Regional Medical Center has been preparing for the impact of the coronavirus and treating patients as the virus has taken hold of our region. While a lot of the focus has been on the effort to combat COVID-19, Milford Regional is still able to meet the emergency medical needs of all patients.

Medical emergencies such as a stroke or heart attack, pain due to a broken bone or appendicitis, or complications from diabetes or other chronic disease are just some examples of conditions that require immediate attention. Milford Regional emergency medicine physicians and staff are available 24 hours a day, seven days a week to treat all emergent needs.

Milford Regional

remains as steadfast in its commitment to treat all emergency medical needs just as it did a few months ago, before the emergence of this new virus. Anyone experiencing a medical emergency does not have to fear risking their health by seeking treatment at the hospital; in fact, delaying treatment might be more harmful.

“While the world around is may have changed, the definition of a medical emergency has not changed,” says Jeffrey Hopkins, MD, Medical Director of Emergency Medicine at Milford Regional.

Milford Regional providers are ready to treat any kind of medical condition. The hospital has enacted a detailed plan to ensure patients are protected from exposure to the coronavirus from the moment they

enter the hospital. These measures include screening prior to entering the hospital, distributing masks to all patients, following detailed infection control measures throughout the facility, and isolating COVID-19 patients and those experiencing COVID-19 symptoms in a separate area of the hospital.

“We have the capacity, resources and safe treatment areas at Milford Regional to manage all of our patients’ emergency needs,” says Dr. Hopkins. “We are encouraging patients to continue practicing social distancing measures and to stay at home as much as possible, but that does not apply when dealing with emergency medical conditions. Delaying care or ignoring symptoms can be more deadly than COVID-19 itself.”

Nicole Thyne inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Nicole Thyne of Uxbridge was recently initiated into The Honor Society of Phi Kappa Phi, the nation’s oldest and most selective all-discipline collegiate honor society. Thyne was initiated at Framingham State University.

Thyne is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academic disciplines. Today, the

Society has chapters on more than 300 campuses in the United States and the Philippines. Its mission is “To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.”

More About Phi Kappa Phi

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization’s notable members include former President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards nearly \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit www.phikappaphi.org.

Lexus Andrews of Uxbridge receives Outstanding Leader for the Class of 2020 award from Nichols College

DUDLEY — Lexus Andrews receives the Outstanding Leader for the Class of 2020 award from Nichols College. This award honors one student from each class who stands out among their peers as someone who exemplifies enthusiasm and pride in Nichols College through their attitude, behavior and involvement. This student: encourages Nichols spirit and pride among their peers, maintains high standards of learning, is involved in a variety of facets of campus life (involvement, athletics, work study, etc.), and serves as a role model to other students in and out of the classroom.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow’s leaders. Nichols also offers master’s degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today’s professionals.



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Milford Regional announces changes at urgent care locations

MILFORD – Services at several of Milford Regional’s urgent care sites will be adjusted starting Monday to meet patient needs as the public health crisis continues.

The changes impact services at the Hopkinton, Northbridge and Franklin locations.

Milford Regional Urgent Care, 1 Lumber St., Hopkinton – This location will open as a respiratory care clinic. The hours will be Monday – Friday, 8 a.m.

– 8 p.m.; and Saturday and Sunday, 9 a.m. – 5 p.m. This location will remain open for walk-in x-rays. This location will treat patients exhibiting respiratory illnesses, such as fever, cough, mild shortness of breath, wheezing, sore throat, muscle aches, or lost sense of taste or smell. However, patients without those symptoms will also be welcomed if they choose.

Milford Regional Urgent Care, 1280 West Central St. (Route 140),

Franklin. – This location will revert back to an urgent care facility seeing patients for all health issues not related to COVID-19. Patients in need of diagnostic imaging services with symptoms of or exposure to COVID-19 will be directed to Hopkinton.

Milford Regional in The Blackstone Valley, 100 Commerce Drive, Northbridge – The urgent care location will be closed. A respiratory clinic will be opened at 200 Commerce Way in

the area previously used as OB/GYN and pediatric offices. The clinic will treat patients exhibiting respiratory illnesses, such as fever, cough, mild shortness of breath, wheezing, sore throat, muscle aches, or lost sense of taste or smell. The clinic will be open Monday – Friday, 8 a.m. – 8 p.m.; and Saturday and Sunday 9 a.m. – 5 p.m. Diagnostic imaging and lab services will remain open with new hours, Monday – Friday, 8 a.m. – 4:30 p.m. and will

be closed on the weekend. Patients with symptoms of or exposure to COVID-19 in need of diagnostic imaging services will be directed to Milford Regional Medical Center or the Hopkinton urgent care site.

€ Milford Regional Urgent Care, 127-129 South Main St., Milford – This location will remain open as an urgent care facility for all health services not related to COVID-19.

The Imaging Center at Milford Regional

Medical Center will be closed on the weekends. Symptomatic patients or those exposed to COVID-19 should go to the urgent care location in Hopkinton for those services.

Milford Regional encourages you to go to our Web site at milfordregional.org to stay up-to-date on the Medical Center’s response to COVID-19.

Milford Regional Medical Center nationally recognized for patient safety

MILFORD – Milford Regional Medical Center was awarded an ‘A’ in the spring 2020 Leapfrog Hospital Safety Grade. This is the fourth consecutive time Milford Regional has received an ‘A’ for this national distinction recognizing Milford Regional’s achievements providing safer health care.

The Leapfrog Group is an independent national watchdog organization committed to health care quality and safety. The Safety Grade is a letter grade assigned to all general hospitals across the country and updated every six months, assessing how well the hospital prevents medical errors and other harms to patients.

“Receiving an ‘A’ hospital safety grade four times in a row from a highly respected watchdog group like Leapfrog is a testament to Milford

Regional’s emphasis on patient safety as a top priority,” says Edward J. Kelly, president and CEO of Milford Regional. “We believe that our investment in building a strong, comprehensive Quality program within the hospital is an investment in the health of our community. It is reassuring to know that during times of crisis such as we are experiencing now with COVID-19, everyone within our healthcare system is focused upon providing patients the highest standards of safe, effective care.”

“As the Nation copes with a challenging pandemic, our gratitude extends to hospital leadership and health care workers everywhere for their tremendous dedication,” said Leah Binder, president and CEO of The Leapfrog Group. “We hope this ‘A’ helps to thank the people

who work and volunteer for Milford Regional Medical Center. They are role models in putting patients first, and their service has been extraordinary in our country’s time of need.”

Developed under the guidance of a national Expert Panel, the Leapfrog Hospital Safety Grade uses up to 28 measures of publicly available hospital safety data to assign grades to more than 2,600 U.S. acute-

care hospitals twice per year. The Hospital Safety Grade’s methodology is peer-reviewed and fully transparent, and the results are free to the public.

To see Milford Regional’s full grade details and access patient tips for staying safe in the hospital, visit hospitalsafetygrade.org and follow The Leapfrog Group on Twitter and Facebook.

Apple Tree Arts launches successful “Bidding for Community Voices” Auction

GRAFTON — Apple Tree Arts thanks everyone for their generosity in supporting our “Curtains UP!, Act 2: Bidding for Community Voices.” The virtual auction raised more than \$3,400 in program and operational funds, almost \$800 toward scholarships and more than \$1,000 to feed families in our communities.

Apple Tree Arts thanks our sponsors: Bread & Butter Wines and Homefield Credit Union. The nonprofit community music and theatre school thanks the many local restaurants, grocery stores, florists, booksellers, bakeries and breweries open for pickup and delivery that donated gift certificates to the auction.

These businesses included: Anzio’s Brick Oven Pizza, Arturo’s Ristorante, Brazilian Grill Prime Steakhouse, Brickstone Kitchen, Bushel’ N Peck, Cake Shop Cafe, Ed Hyder’s Mediterranean Marketplace, Goretti’s Supermarket, Grafton Grill, The Green Plate, Hannaford, Jubilee Chocolate Novelties & Sweet Confections, KP’s Restaurant, Market 32 by Price Chopper, Millbury Towne Florist, New England Steak and Seafood, Nuovo Restaurant, Pecorino A Country Cheese Shop, Pepperoni Express, Redemption Rock Brewing Co., Red Rock Grill & Bar, Reunion Tap & Table, Russo Italian Restaurant, Volturmo Pizza, Shaw’s, Stop & Shop, Tatnuck Bookseller, Tony’s Sutton Pizza Restaurant, The UXLOCALE and Woolfies Bakery.

Apple Tree Arts, a nonprofit 501 (c) 3 organization provides high-quality educational music and theatre arts programs to people of all ages in communities throughout central Mass., northern Rhode Island and beyond.

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CHILINSKI
PRESIDENT &
PUBLISHER

BRENDAN
BERUBE
EDITOR

EDITORIAL

An important lesson from history

We have several thoughts now that states are beginning to slowly re-open. Each state is doing it in their own way. We have noticed that this situation has made more aware of the remarkable amount of control state governors actually have. This is a good thing.

As we've seen on the national news, some states are riddled with protesters, in many cases armed with guns. We simply cannot fathom this approach. Governors are taking measures to protect the health and well being of their residents. Mistakes are bound to happen in the face of an unprecedented scenario such as this, but we are quite certain that no one — governors and legislators included — wants to be dealing with a highly deadly contagious disease that has now killed more Americans than were killed during Vietnam. No one.

The Stay at Home orders are not easy on anyone, especially those who are still waiting for unemployment checks, and who are dealing with a backlog of unpaid bills. It's also stressful to have to watch the impact on our economy. Again, no one wanted or invited this situation, but here we are. Whether things might have turned out differently if we had seen a quicker response from the federal government, we cannot say, but in any case, what is in the past should be left there.

The question now becomes, what happens if states rush to open too much too soon? Will we have to close everything down again if a second wave of COVID-19 washes through?

Flashing back to the 1918 Spanish Flu epidemic, we can learn a few things about how and what happens when reopening. Cities who kept strict orders in place such as social distancing, earlier and kept them longer, fared better both financially and health-wise in the long run. Noted was fewer deaths and a faster bounce back to their economies. Health and economy went hand in hand.

Studies show that in Denver, San Francisco and St. Louis, measures to distance were taken early; however, those cities made what was, in retrospect, the mistake of reopening too soon, and a second wave hit that was worse than the first. People in states who lifted restrictions too early in 1918 went out into the streets to celebrate the armistice that ended the First World War sans masks, and from there, a severe second wave hit.

In 1918, New York City kept their measures in place for much longer. Officials waited until the death rates were extremely low. Consequently, New York experienced only one wave, and had the lowest death rate in the country. What we can learn here is that it is better to shut down once, for longer, than experience a shutdown far longer, if two shut downs become necessary.

A study recently posted by the CDC tells the story of a woman who was dining at a restaurant while asymptomatic. She spread the disease to nine other diners who were eating nearby. Noted was the fact that those who were infected were in the same zone as the air flow from an air-conditioner.

At the end of the day, we learn from history that the most advisable approach is a slow, steady, and cautious one.



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OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Hoping to serve as your selectman

To the Editor:

I, Harold (Hal) Davis, am announcing my candidacy for a three year term as Douglas Selectman.

I was first elected Selectman in 2011. For 13 years, I have served as Chairman of the Town's Economic Development Commission, and completed ten years' service on the Zoning Board of Appeals.

I am a founding partner of the Boston law firm of Davis, Malm & D'Agostine, specializing in municipal finance, and President of New England Economic

Development, advising businesses and municipalities on economic development. I graduated from Bowdoin College and the Georgetown University Law Center. I have been a resident of Douglas, at 80 Orange St., since 1997.

A key goal I see as a Selectman is to continue to broaden the town's commercial tax base to lessen the tax burden on the town's homeowners.

HAROLD DAVIS
DOUGLAS

Mike Fitzpatrick deserves your vote for Selectman

To the Editor:

Douglas needs you to 'Vote for Mike' for the Board of Selectmen on May 12 from 4 to 8 p.m. or by Early Voting or Absentee Ballot. [Attention: Please note that voting time has been shortened to four hours only in the Municipal Center Gymnasium.]

Mike is a political Independent and a Douglas businessman who is non-biased, fair, hard-working and right for the Town now. We need to look to Mike, with his forthrightness and willingness to tackle tough decisions. He will give us information about projects and changes that may be in the works. Our Town government needs to have openness and accountability and Mike is the person to be a catalyst to change things for us. He makes

decisions based upon clear information from multiple sources. Mike tracks down sources that are required and looks for truth and answers. He does not talk down to people. He is not afraid to speak with people.

On a personal note, I have been extremely impressed with the attention and understanding that Mike brings to the ZBA. He leaves no stone unturned and continues to bring his unbiased opinion and fairmindedness to our meetings. Therefore, because of his outstanding leadership qualities, I am very pleased to recommend a 'Vote for Mike' to the Town of Douglas.

PAMELA HOLMES
DOUGLAS

Former Moderators endorse Maharay for re-election

To the Editor:

The job of Town Moderator sounds pretty simple. As defined by the Uxbridge Town Charter, the Moderator shall be the presiding officer of the town meeting and regulate its proceedings. We can assure you that the job is not simple and it takes a special person to stand in front of a large and sometimes emotional crowd and not only know the rules but make sure they are followed. Above all the Moderator must be fair and impartial and must keep their own opinions to themselves for fear of influencing the outcome of any vote or even worse giving the impression of favoring one side over the other. The "gold standard" for a Moderator is when people attending a town meeting cannot determine how the Moderator would vote.

It is not just at town meeting that the Moderator be fair and impartial but also in the days and weeks leading up to the town meeting where warrants are discussed, hearings are held, and issues are probed. The Moderator must keep informed and try to anticipate questions or motions that may come before a meeting and even reach out to both sides of

controversial issues to be better prepared for town meeting. All the while keeping his/her opinions to themselves.

At a time in our country when people are polarized, divided, and learning how to overcome a pandemic we cannot lose faith in our democratic institutions and our elected officials. The Town Moderator must be someone who knows the rules, follows the rules, and applies the rules fairly and impartially. Ed Maharay is that person.

Ed has served the Town of Uxbridge honorably and with distinction for over 20 years, first on the Finance Committee serving as Chairman for many years, and then as Town Moderator for the past nine years. He is devoted to the Town of Uxbridge and has demonstrated fairness and impartiality throughout his tenure with the Town. He deserves another term as Town Moderator.

HAROLD KLEI (UXBRIDGE
MODERATOR 2005-2011)
KENNETH REDDING (UXBRIDGE
MODERATOR 2002-2005)
JANE F. KEEGAN (UXBRIDGE
MODERATOR 1990-2002)
UXBRIDGE

Mother's Day gifts sure to please

Each year, we set aside one day to honor mothers. And each year, we struggle to find the perfect gift to show them we care.

Cut flowers are one of the most popular gifts. No dusting and maintenance required, and they are sure to generate a smile. Behavioral research at Rutgers University found the gift of flowers had immediate and long-term benefits no matter the age of the study participants.



GARDEN
MOMENTS

• • • • •

MELINDA
MYERS

Participants demonstrated true or excited smiles as well as delight and gratitude when they received flowers. They also reported feeling less depressed, anx-

ious and agitated long after receiving the gift of flowers. Floral gifts also helped create connections between family and friends.

A hanging basket or container garden is another way to give mom a season of flowers and more. Gardening helps improve health and well-being by reducing stress, lowering blood pressure, strengthening muscles and increasing flexibility.

If mom likes to cook, a potted tomato, container of greens or window box of herbs may be the perfect gift with increased benefits. Mom can grow and further boost her health with fresh nutrient-rich vegetables.

A gift certificate to her favorite garden center, hobby store or retail location allows mom the freedom to select her own gift. She can enjoy time shopping for something special she wouldn't normally buy for herself.

The gift of time is appreciated by many mothers. Helping mom in her garden, working around her home or assisting her with another hobby is a great way to spend time together.

Courtesy

Turn To **MYERS** page **A15**

Protect mom's hands with quality, colorful gardening gloves.

Smart moves for women business owners

Mother's Day is upon us. If you're a mother, you'll enjoy the recognition you get from your family on this day. And given the health concerns caused by the coronavirus, your appreciation of family may be even greater this year. As we all know, mothers

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have a difficult job. And many mothers also run their own businesses — another demanding task made even more difficult

these days. What special challenges do women face who embark on careers as business owners?

Of course, motherhood itself presents a major challenge. As a society, we have not achieved gender equity yet, in terms of family responsibilities, so mothers — even busy business owners — still face time constraints and interruptions from work to care for children. And it's not just children, either — the vast majority of caregivers for elderly relatives are women, according to a study from Northwestern University. So, many women business owners may be coping with multi-generational family issues.

You can't change the demographic pressures you may face, but, as a business owner, you can take some steps to help improve your financial outcomes. Here are a few ideas:

Seek networking opportunities. You can find useful, and empathetic, allies in other women business owners, who may be able to direct you to valuable resources. To illustrate: Women's businesses often lack financial support to a greater degree than men's, and it is unfortunately not uncommon for women to be denied loans because of gender and cultural biases. But if you become active in a network of women business owners, you could find some leads to financial institutions that have showed themselves to be free of gender-based prejudices.

Be extra aware of investment risks. Everyone should always be aware of investment risk, of course, but if you have most of your assets tied up in your business, you may need to be extra diligent. You're already taking a fair amount of risk by just having a business, so you may need to balance this risk in your investment portfolio by choosing the mix of investments that can help you move toward your goals without subjecting you to excessive market volatility.

Establish a retirement plan for yourself. Have you established a retirement savings plan for yourself? About one-third of business owners haven't, and 40 percent are not confident they can retire before 65, according to data compiled by SCORE, a nonprofit organization that works with small businesses. Fortunately, you have several good retirement plan options, including an "owner-only" 401(k), a SEP-IRA, a SIMPLE IRA or even a solo defined benefit plan, which functions like a pension.

Create a succession plan. You may need a strategy for transferring or selling your business. Do you want to keep the business in the family? If so, who do you want to take it over? Or would you prefer to simply sell it to someone else? Your decisions, whatever they are, will affect your financial picture and possibly that of your family, so you will want to consult with your tax, legal and financial advisors to arrive at a plan that works best for your needs.

You've got some twists and turns ahead of you on the road to financial security. But planning ahead, considering various possibilities and seizing your opportunities can help you smooth out the journey.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.



THE GREAT
OUTDOORS
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RALPH
TRUE

All it took was a few warm days to get trout and other numerous fish species to actively start feeding. Trout were surface feeding at many ponds throughout the valley. This week, Wallum Lake had set up a thermocline, and fishing improved dramatically. Fresh water bass are also being caught at local waters throughout the area. There are more people fishing now, which is a good thing. Unfortunately, all boat ramps in Rhode Island are closed to out of state residents. Hopefully, that will change soon.

Local turkey hunters harvested some impressive birds after the weather warmed up a bit. This week's picture is of Steve Rondeau with his 22 pound tom which was a nice bird with a 10 inch beard and sporting one inch spurs. Numerous other successful hunters harvested some nice birds also.

A bit more history on Wallum Lake involving attempts by Massachusetts Fish & Wildlife to make it a trophy brown trout pond (lake). Many attempts to introduce live smelt from the Quabbin Reservoir into Wallum Lake more than 40 years ago seemed to be working, and anglers were catching some impressive brown trout in the four to six pound range until the smelt failed to spawn in a couple of tributaries in the lake.

A second attempt to get a permanent population of smelt into the lake was made by the Mass.Fish &Wildlife by setting up screens of fertilized smelt eggs at a couple of tributaries in the lake, but that failed because of the acidity of the water. As mentioned in last week's column about the liming of the lake by "Living Lakes," which seemed

to take care of the problem a few years later, but the Division abandoned their efforts to restock smelt.

Under pressure from local sportsmen, the Division of Massachusetts fisheries started to stock shoal spawning alewives, and fishing started to improve. Unfortunately, the D. F. W. stopped stocking many brown trout in the lake, and removed the 2 brown trout limit. Rhode Island did continue to stock brown trout in the lake, but they were quickly fished out before they had a chance to grow into trophy fish, because of the six fish limit at that time. The daily bag limit is now five trout under Rhode Island Regulations of any species.

Massachusetts Fish & Wild Life seemed to have enough of Wallum Lake, and now considers the lake a put & take fishery. Local anglers had hoped to convince the Division to acquire some fingerling brown trout from upstate New York 40 years ago or so, and stock them into Wallum Lake. Myself and a couple of local anglers convinced New York to give a stocking of brown trout to Mass. for Wallum Lake.

Unfortunately the fish biologist at that time felt he had enough species of brown trout in the state, and he turned down the offer. Anyone that has fished upstate New York's Lake Ontario know how fast they grow. They are footballs in only a couple of years. I often think of what Wallum Lake could have been. Massachusetts Fish & Wildlife did stock some impressive trout throughout the state this year. Wachusett Reservoir has also been hot, giving up some large Lake Trout.

A call from Harry Salmon a former Douglas resident now living in Florida, reported on some great fishing for crappie and bluegills, with a largemouth

bass once in a while. He is fishing almost every day aboard his pontoon boat ,with a couple of buddies. He had hoped to return to Douglas this past week, but decided to stay a bit longer because of Covid-19.

An attempt to make it easier to obtain a permit to carry a concealed hand gun on Wild Life Management Areas by the Corps of Engineers will hopefully pass

soon. Any lawful person that has a License To Carry cannot bring a handgun onto Management property at this time.

Stay safe!
Keep them Rods Bending & Take a kid Fishing.

Shopping with zombies

As an extreme extrovert, quarantine is torture. An extrovert gains energy from being with and communicating with others. Quarantine prohibits what gives me energy. I've slept more and have stared at the TV more in the last month than I did in the last year. I can't take much more.

A friend recently posted a meme on social media that said,

"Now that I am living through a plague, I understand why most of the Italian renaissance artists painted pictures of fat, half-naked people laying on their couch."



POSITIVELY
SPEAKING
.....
GARY W.
MOORE

A few days ago, I decided enough was enough. I donned a mask, slipped on my gloves, and headed to my local grocery store. I should not have gone out, but shopping is a social event for me. I can go in for a quart of milk and spend two hours chatting and meeting people. I can't help it. It's who I am. I'm an extrovert.

So, properly protected, and with much excitement and anticipation of connecting with other human beings, with proper social distancing, I ventured into the store. I grabbed my cart, wiped it down with disinfectant, walked through the door to find the store was both packed with other mask and glove wearing individuals, but the silence was surprising. With a big smile on my shielded face, I began trying to make eye contact, but everyone, eyes down, seemed to resist.

And there was something new and unusual on the floors ... arrows indicating that all the aisles were now traffic coordinated with one-way signs, which limited my ability to smile and make contact in hopes of finding another human in need of a conversation.

Like a horror movie about the living dead, I was shopping with zombies. No eye contact. No smiles. No social interaction of any kind. The brief momentary eye contact I did experience seemed both unwelcome and fearful, as if zombie eyes can send a virus causing death ray into the eyes of others. I'm making light of it, but the people in the store were scared.

What are we doing? Where are we going? How will quarantine impact the rest of our lives, and will it ever end? I don't have answers but only questions.

As I've said several times before, human beings are herd animals. We thrive with family and friends. Most are happiest within the familiarity of the herd. What we are experiencing is unnatural.

I understand the need for social distancing and cooperating with the directives of our governing bodies. This all began with us knowing so little about this virus that extreme measures were warranted and welcomed. As we learn

more about who is at risk and how, we can more intelligently manage the dangers. Isn't it time to begin a slow and measured return to some level of normalcy?

One-size-fits-all measures are rarely, if ever, good. The elderly and those of us with health conditions that make us susceptible must shelter in place and take every precaution to remain safe. But is that true for the young and healthy?

Our business community is being crushed. Hospitals have been prohibited from doing elective surgery. In the beginning, I understand there was a fear that our healthcare systems would be overwhelmed and collapse. It didn't happen. Instead, like our small business community, our hospitals could conceivably collapse under the extreme mandates and financial pressures of not taking in the cash needed to function. How would we cope without hospitals?

Why can't a young and healthy twenty-something athlete get his/her knee repaired? Why can't a healthy thirty-two-year-old data processor have carpal tunnel surgery? The hospitals need to function, and the demand is there. Isn't it time to cautiously begin the slow and measured process of returning life back to normal?

As for shopping with zombies, my feeble attempt at humor, I understand that protective measures must be continued, and I'll fully comply. There is no evidence however that the virus is transmitted by making eye contact at a safe distance. As I hope there is a slow return to normalcy in governmental restrictions, I equally hope that we can lift the fear from our minds and hearts and begin making eye contact again and sharing smiles. Smiling does lift our spirits and make us feel better. I don't need you to remove your face mask to see your smile. Our eyes tell it all. Let's all snap out of our zombie state, become less fearful and start seeing each other again.

My daughter is a pastor and often ends her church service with this statement. "I need you. You need me. We need you and you need us." It's never been truer.

Let's make eye contact. Let's acknowledge each other. We need each other. The herd needs to see your smiling eyes.

Will you look at me once again when I see you?

I miss you. ■

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garyw-moore.com.



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Nostalgic Favorites from the Heirloom Garden

The delightfully heady scent of lilacs in bloom, lofty daylilies swaying in a summer breeze, and dainty purple Hosta buds rising above lush greenery - such are the things an heirloom garden is made of. Generations of New England gardens have been graced with the beauty and simplicity of these historic flowering plants. Poets have penned prose about them and artists have brushed their images for posterity. Heirloom flowers and plants invoke nostalgia, while providing both beauty and sentiment to an outdoor garden. Lilacs, Daylilies, and Hosta are perennial New England favorites. In some cases plants grown a century ago continue to thrive and bloom today, serving as living antiquities in the garden. Read on for a review of these historic New England plants.

Lovely Lilacs
Fragrant clusters of lilacs adorned colonial yards and gardens. In early America lilacs were grown both for their beauty and their medicinal properties. In fact, in the late 18th century, both Thomas Jefferson and George Washington wrote about their lilac plants. The species is so hardy that early lilac bushes, in a testament of survival, have continued to thrive in colonial homesteads, long after the homes were abandoned or destroyed. Lilacs have been known to survive hundreds of years, making them a true heirloom flower. The



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Governor Wentworth Estate in Portsmouth, NH boasts the oldest surviving lilac bushes, said to have been planted circa 1750. While there are many strains of the flower, the most nostalgic is the common lavender hued lilac (*Syringa Vulgaris*), which was brought to America in the mid 1700s from eastern Europe.

Growing Lilacs
(New England is the perfect climate to grow lilacs, as it is very cold hardy, requiring a frost to prompt bud blooming. For optimum blooms, a lilac bush should be planted in areas that receive full sun (at least six hours per day). Lilacs like a slightly alkaline soil. Spread roots out vertically and cover with topsoil. A newly planted lilac bush should be kept well watered. Add a loose mulch above the roots to help with water absorption. Keep in mind different varieties of lilacs bloom at different times. When lilac flowers have finished blooming, prune the dead flowers back to just above where new buds are forming. Be prudent with pruning, as over cutting can result in a decrease of blooms next year.

Lilac Uses
Lilac flowers have been known to treat liver problems, rheumatism, bronchitis, and

bruises. The following is a published “recipe” for a topical rub claimed to aid in relieving the symptoms of bruising: Mix together one cup of lilac flowers and one half liter of vodka. Soak a compress and apply to bruises or wounds. Legend has it lilac drives away evil wherever it is planted or strewn. It is said that lilac bushes were planted on the homestead by colonists in an effort to protect the inhabitants from bad forces.

Hardy Hosta
Hosta plants are a common throughout the New England landscape. The plants abundant lush, green foliage and sprouting blue flowers have made them a favorite for over a century. Originally from Japan, the, Hosta was brought to America from Europe in the mid 19th century. Doctor and botanist Englebert Kaempfer (1651-1715), is named as the pioneer researcher of Japanese plants, including Hosta, which led to the plants eventual import to this country. Hostas were an important element in the Victorian garden, a tradition that continues today as the border plant is often found along pathways to historic New England homes.

Growing Hosta
The Hosta is a very self sufficient plant, requiring little or no sun, fertilizer, or tending. A shade tolerant plant, hostas are very low maintenance and easy to grow, making them a favorite for shady rock gardens, walkways and lawn borders. Little bell

shaped blooms emerge from center spikes of the plant in summer. Hosta boasts a variety of different strains, offering various leaf size, texture and color, including an array of variegated leaves. While Hostas are known as shade plants, they should not be planted in deeply shaded areas. For best results, choose an area with morning sun and afternoon shade. Dig a hole one and a half times the width of the root ball, as the plant’s roots with grow and spread horizontally. Hostas grow and spread fast, making them a popular offering at spring garden club sales, as members typically divide and share their plants. Hostas are best divided in early spring as the plants are just beginning to sprout. Dig out the whole plant clump to separate the plants.

Hosta Uses
While Hosta is a gorgeous, lush plant, its usefulness may not be limited to its spectacular eye appeal. According to some gardeners, Hosta is an edible plant, with young leaves best enjoyed steamed in the same manner as dandelion greens.

Dazzling Daylilies
The historic orange Day Lily, which blooms but one day, is a common sight along New England back roads, flourishing within the confines of picket fenced yards as well as sprawling through countryside fields. Daylilies, originally from Asia, made their way to Europe and arrived in this country with the colonists

where they became a backyard reminder of their homeland. Daylilies belong to the genus *Hemerocallis*, which translates from Greek to “beautiful for a day.” While many new colors and varieties of the Day Lily are offered today, the heirloom flowers of our ancestors are the orange Tawny Day Lily (*Hemerocallis Fulva*) and the yellow Lemon Day Lily (*Hemerocallis Lilasphodelus*). Daylilies were another mainstay of the Victorian garden, often lining a path through a garden gate or walkway. The familiar orange Day Lily still serves as nature’s mark of summer today. In New England, the tubular’s blooms begin to open between the start of school summer vacation and 4th of July. (Much to her delight, the first blooms coincide with our daughter Katie’s July 2nd birthday each year.)

Growing Daylilies
The Day Lily is easily established, growing quick and vigorously. It enjoys full sun, which will maximize blooms, but adapts to light shade well. Daylilies are tolerant of most soils, but do best in ground that is slightly acidic. The plants should be well tilled and hole should be large enough to accommodate roots without crowding. When planting, be sure the crown of the plant is at least an inch below the ground and water thoroughly. The plant is hardy and very forgiving, usually flourishing with little effort. Daylilies grow and multiply vigorously, so they

should be divided about every three years. Divide and transplant plants in early spring or just after flowering. Be sure divisions have two to three stems or leaves with roots intact.
Day Lily Uses
The flowers of Daylilies are edible, and are typically served cooked in Asian dishes and soups.

Win Dinner for Two at the Publick House
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Old stock certificates

We sometimes find old stocks and bonds certificates when we handle multigenerational New England estates. Some date back over 100 years. Some of these stock certificates are only worth around one dollar. Rarer ones may be worth as much as a new car though.

Scripophily is the study and collecting of stock and bond certificates. Like with most collectibles, there is a dedicated group of serious collectors.

A 2016 CoinWeek article on scripophily reported that the “Stock and Bond Collectors Association (ASBCA) is a non-profit organization dedicated to furthering the education and study of American historical securities. ... certificates which otherwise have no value as financial claims, are bought for their artistic and historical value by collectors.”

There are estimated to be tens of thousands of scripophily buyers worldwide. They range from casual buyers looking to decorate their home or office to serious collectors and museums. The Museum of Finance in New York holds a large collection of certificates. Their Web site states “stocks and bonds comprise a large portion of the Museum’s collection with thousands of examples ranging in date from the 18th century to contemporary corporations including the Internet bubble.”

With people trading stocks online and day traders buying and selling multiple stocks within hours “Paper Stock Certificates Are Gone With the Winds of Change” according to an Investopedia article. Most companies no longer issue paper stock certificates. For example, Disney stopped issuing certificates picturing cartoon characters in 2013.

Now that you have a little background on stocks and bonds, how do you find how much yours is worth? Even if the stock is cancelled or the company went out of business years ago, the stock certificate may be prized by collectors. Two examples are mining and sports related stocks.

Some mining stocks are desirable to collectors. An Alabama Gold and Copper Mining certificate signed by lawman Pat Garrett (famous for shooting Billy the Kid) brought \$2,200 at auction in 2012. An 1863 Governor



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Stanford Gold and Silver Mining Company signed by Leland Stanford sold for \$5,500 in 2013. An 1865 San Francisco District Bella Gold and Silver Mining Company stock certificate reached \$35,000 in 2011.

As you might expect, sports related stock certificates are often highly desirable. A 1940 Coca Cola stock certificate that was signed by Ty Cobb while he was the Twin Falls Bottling Company president was auctioned for over \$11,000 in 2012. Share number 1 of Red Sox stock from 1901 went for \$19,120 in 2011. A 1923 Green Bay Packers stock certificate sold for \$44,000 in 2019.

If you have an uncanceled stock it may still be valid. Beginning in July of 1964, CUSIP (Committee on Uniform Security Identification Procedures) numbers were introduced. You can research your stock using the CUSIP number listed on it. You may also be able to find the transfer agent for a stock on the company’s investor information page of their website.

Older stocks are harder to evaluate by yourself, unless you are fortunate enough to have a certificate from a company that is still in business today. Sometimes companies have merged and the stock for a defunct company may even have value. Stocks may have split over the years and your certificate may actually be worth more. Checking your old stock certificates may be an interesting project to take on while we are all sheltering in place. You may even get lucky and find that you have stock worth millions.

I have found that online auctions continue to bring strong prices despite the current health crisis. We are currently cataloging an online auction of antique paintings, gold jewelry, sterling silver, coins, vintage sports memorabilia, comic books and other valuable items. You can call or email us for no-contact options for consigning your items.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com

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Friday’s Child



Braydon
Age 12

Hi! My name is Braydon and you can call me Brady!
Braydon “Brady” is a polite and caring boy of Caucasian descent. Braydon has many talents and interests including dancing, music, sports, drawing and playing games. His favorite activities are basketball, football, video games and being active! Braydon is described by those who know him as enthusiastic and fun-loving.

Brady shares that he loves going to school. His favorite subject in school is math. He reports his favorite colors are red and blue and his favorite food is pizza but is open to trying different foods. Braydon can be a good advocate for himself and has shared he is looking forward to having his own family.

Legally freed for adoption, it will be important to Braydon that he continues to maintain contact with his two older siblings. Braydon sees them at least monthly and has a positive relationship with them and their families. Braydon absolutely loves animals and hopes his future family will have a dog and that one day he will become a vet! Braydon shared that his three wishes for his future family are for them to always make hot breakfast (or buy sweet cereal and a lot flavored oatmeal), to have dogs, and to have a bike and a helmet! Braydon would do best as the only child or youngest child in a family.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you’re at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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¹DETAILS OF OFFER: Offer expires 5/9/2020. Not valid with other offers or prior purchases. Buy one (1) window or patio door, get one (1) window or patio door 40% off, and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 5/1/2020 and 5/9/2020. 40% off windows and patio doors are less than or equal to lowest cost window or patio door in the order. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved.

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OBITUARIES

Earl N. Guyette Jr., 71



WHITINSVILLE—Earl N. Guyette Jr., 71, passed away on Fri. May 1, 2020 at Landmark Medical Center in Woonsocket, RI after a period of declining health.

He is survived by his loving wife of 47 years, Duranta “Dee” (Sansone) Guyette. He is also survived by his lifelong friend and housemate, Lorraine Balanca; a sister, Elaine Barbosa of Oxford, and 2 nieces, Tracey Bourque, and Karin Pinhiero and her husband Hugo. Born in Walla Walla, Washington on October 9, 1948 Earl was son of the late Earl N. Sr. and Sylvia (Legg) Guyette and grew up and lived in Uxbridge many years before moving to Whitinsville 35 years ago.

Earl attended Uxbridge public schools and then after went straight into the service. He was a proud U.S. Army Veteran of the Vietnam Era serving 2 tours and 6 years. He met his wife Dee during the service where he was stationed and she worked at Fort Knox.

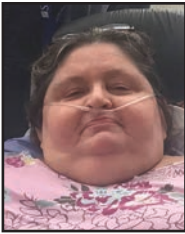
They were married in 1973. After serving his country, he came home and worked for a few local area companies including, Fenwal where he worked 18 years, the former Coz Chemical, and Temp. Flex out of Grafton. Earl was primarily a homebody, but as well as watching TV, he took great care of his yard, gardening plants and tending to his lawn, and took immaculate care of his truck, which was his “pride and joy”. He also loved his dog, who unfortunately passed away on the same day, and joins him in Heaven.

Earls services will be privately held at the convenience of his family. In lieu of flowers, donations in Earls memory may be made to: The Parkinson Foundation, 8830 Cameron St., #201, Silver Spring, MD 20910. To leave a condolence message for his family please visit:

www.Jackmanfuneralhomes.com



Gail M. Cichanowicz, 68



NORTHBRIDGE—Gail M. Cichanowicz, 68, died Monday, April 27, in the Milford Regional Medical Center. She is survived by a son, Arthur LeBlanc, and his wife, Elizabeth, of Worcester; two daughters, Sue Beeso, and her husband, Edward, in Georgia, and Gloria English, in New Jersey; a brother, Leo Paradis, Jr., and his companion, Jeannette Tibbetts, of New Salem; two sisters, Donna Stratton, and her husband, Steven, of Northbridge, and Nancy Tellier, and her husband, Peter, of Blackstone; 13 grandchildren, five great grandchildren, and several nieces and nephews.

Gail was born in Worcester,

November 25, 1951, a daughter of Leo and Ernestine (LeClair) Paradis, Sr. She lived in Worcester until moving to the Beaumont Skilled Nursing and Rehabilitation Facility seven years ago. She attended Worcester schools.

Gail was a clerk at the Home Depot in Worcester, and the Walmart in Oxford, and she was a school bus aide in Worcester.

Funeral services and burial in Saint Patrick’s Cemetery in Whitinsville will be private. There are no Calling Hours. Memorial donations may be made to the Recreation Fund at the Beaumont Skilled Nursing and Rehabilitation, 85 Beaumont Drive, Northbridge, MA, 01534. Carr Funeral Home, 24 Hill St., Whitinsville, is assisting the family. To leave a condolence, please visit www.carrfuneralhome.com

Jason Nicholas King. 37



Jason Nicholas King of Ashford, CT. 37, went to be with his Lord on April 27th, 2020.

Jason was born April 7th, 1983 in New Haven, CT to Peter and Melinda Basto King. A 2001 graduate of Woodstock Academy, he worked as a skilled carpenter and became versed in plumbing and electrical. He made his home in Maine, Rhode Island, East Killingly, Eastford and Ashford. Jason was a gentle soul, always eager to say a kind word and lend a helping hand. Nature was his soul mate. In the woods

with Ox, his loving golden lab, was where he felt most comfortable.

Jason is survived by his parents, Peter (Springfield, Ma) and Melinda King (Ashford, Ct.) His brothers, Peter (Woodstock CT) and Brandon King (Eastford, CT) and his Grandparents, Dana Basto (Woodstock, CT) and Marieann MacGinnis (Auburn, MA).

Due to current pandemic limitations Jason’s Memorial Service will be scheduled at a later date. Interment at the discretion of the family. In lieu of flowers, donations in Jason’s memory may be made to: The Evangelical Christian Ctr., 574 Ashford Center Road, Ashford, CT 06278.

John C. Hill, 82



DOUGLAS - John C. Hill, 82, of Walnut St. died peacefully on Sat. May 2, 2020 at home after a long illness.

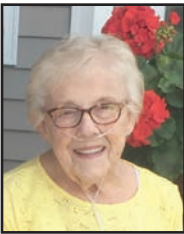
He is survived by his loving wife of 62 years, Sally (Eldridge) Hill; three sons, C. Guy Hill and his wife Donna, W. James Hill and his wife Paula, and J. Daniel Hill and his wife Tracy all of Douglas; eight grandchildren, Ryan, Christopher, Drew, Courtney, Timothy and his wife Alli, Amanda and her husband Chris Stoker, Carolyn and Madelyn; two great-grandchildren, Teagan and Cora, and several nieces and nephews. He was predeceased by his two sisters, Joanne and Eleanor. Born in N. Conway, NH on Feb. 26, 1938 he was the son of Charles “Sam” and Arlene (Webster) Hill and lived in Douglas 34 years. Previously he lived in Sherborn, MA.

Mr. Hill was a graduate of Norfolk County Agricultural High School and

the Stockbridge School of Agriculture. He dairy farmed in Maine after college then managed a dairy and beef farm in Sherborn for 20 years. He then worked as a driver and plant manager for Varney Brothers Concrete Co. for 18 years. He also successfully showed cattle at State Fairs in the Northeast, PA, and NY. He retired after suffering a heart attack and then did horse drawn weddings, hayrides and sleigh rides until his final retirement. He loved animals, and was skilled in horsemanship. A member of the Future Farmers of America, he drove a team of horses at Old Sturbridge Village. He will be remembered as a true gentleman who loved and wanted the best for his family.

Because of the COVID-19 Virus, John’s Celebration of Life and burial in Douglas Center Cemetery will be at a later date. Memorial donations in his memory may be made to: Salmon VNA and Hospice, 37 Birch St. Milford, MA 01757. To leave a condolence message for the family please visit: www.jackmanfuneralhomes.com

Lee B. Goodnow, 81



U X B R I D G E - Lee B. (Davidson) Goodnow, 81, passed away Tuesday April 28, 2020 at home with her family by her side. She was the wife of Warren J. Goodnow.

Mrs. Goodnow was born in 1938 in New Britain CT, the daughter of the late Henry Davidson and Ruth (Reinhard) Davidson. She was a 1956 graduate of Charlton High School and a graduate of the Memorial Hospital School of Nursing, Worcester in 1959.

A longtime resident of Mendon before moving to Uxbridge, she worked as a nurse at Milford Regional Medical Center for 38 years, retiring in 2005. While Lee loved nursing, she dedicated her life to her husband and their three ‘girls’. She enjoyed knitting, dancing with her husband, and dining with friends and family. The love of family was the most important aspect of her life and as her family grew with three sons-in-law and grandchildren, she made sure her home accommodated everyone. The freezer was always

full with cookies and there was never a bad time to stop by. She especially enjoyed watching her grandchildren play sports.

In addition to her husband Warren, she is survived by three daughters, Laurie J. Grant and her husband John of Windham NH, Brenda L. Rota and her husband John from Jefferson MD, and Sharon K. Metcalf and her husband Shawn of Mendon, MA. She is also survived by her brother Donald Davidson of Sturbridge, MA, seven grandchildren and one great grandchild. She was predeceased by her brothers Henry Davidson and William Davidson and her sisters Nancy Hammond, Suzanne Bell, and Gail Stone.

Graveside funeral services will be private. A celebration of life service will be held at a later date.

If lead, you can memorialize Lee with a donation to Slatersville Congregational Church and their work in helping their community with Covid-19. The church address is P.O. Box 808, Slatersville, RI 02876.

Arrangements by Buma Funeral Homes, Uxbridge.

www.bumafuneralhome.com

Rita Blaine, 94



U X B R I D G E / DOUGLAS—Rita (Royer) Blaine, 94, died Monday, April 20, 2020, at Care One of Millbury, after a period of declining health and complications of COVID-19.

Rita is survived by her brothers, Harvey Royer of Uxbridge, and Charles Royer and his wife Madaline of Millbury, and her sister Therese Bingham of Uxbridge. She was a much-loved Aunt of her nieces and nephews who thought of her as their second Mother. She was predeceased by her sister Gilberte Lepage, and her husband Edward Blaine.

Rita was born in Whitinsville on August 6, 1925, daughter of the late Charles and Maria (Lamontagne)

Royer. Rita grew up in Linwood, before building her first home in Uxbridge; She enjoyed spending summers at her cottage on the Douglas Reservoir where she loved to host family gatherings. Rita worked at the Waukentuck Mill in Uxbridge and retired from the Massachusetts Division of Employment Security. After her retirement Rita enjoyed spending many Winters in Estero, Florida; She will forever be remembered for her devotion to her family, her strength and her generosity.

Private funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School St. Webster, MA

A guest book is available at www.shaw-majercik.com where you may offer condolences or light a candle in remembrance of Rita.

Matthew Louis Harding, 50



Matthew Louis Harding, 50, passed away May 1, 2020 following an illness. He is survived by the love of his life, Jennifer Lamarche of Worcester with whom he lived for more than 25 years. He also leaves his sister Jennifer E. Foley and her husband Christopher and their children Christopher, Robert and their beloved dog Greta of Sutton, his brother Edward Vincent Harding III and his daughter Rebecca of Grafton, sister Christina Sanborn and her children Kelsey and Andrew of Nashua, NH and his sister Cindy Smith and brother Brian Harding. Matthew was born October 4, 1969, son of the late Joan Mary Rose and Edward Vincent Harding, Jr.

Matthew and Jennifer enjoyed many Special Olympics sports, their favorite being bowling. They also looked for-

ward to the Spring, traveling to Red Sox Spring Training in Fort Myers, Florida in addition to making their way to Fenway Park for Red Sox games during the summer. Taking Jen out to dinner and the movies and so many various vacations through TripsRus. Matty and Jen were avid fans of our Boston sports teams. Going to meat raffles and always sharing. Visiting Jen’s brother’s was always a great time as Jen’s brother Steve and his family were very close to Matty. He loved them so much.

Matthew’s immediate memorial services will be private at his family’s convenience. Please honor him with a memorial contribution In Memory of Matthew Harding/South High to The Special Olympics at www.give.specialolympics.org.

A Book of Memories to share a favorite story or special message with Matthew’s family is available online at: www.RoneyFuneralHome.com

Lynn D. Howland, 75

NORTH BROOKFIELD – Lynn (Darby) Howland, 75, of North Brookfield, died on Sunday, April 26, 2020 at Blair House in Worcester after a brief illness.

She leaves her husband of 53 years, George C. Howland, Jr.; her son, James C. Howland and his wife Ann of Leicester; her daughter, Jennifer D. LeBlanc and her husband Robert of Blackstone; her son-in-law, Francis M. Hart of Barre; her loving grandchildren, Shawn Howland, Zachary Grondin, Steven Howland, Alicia Carlander, Justin Hart, Samantha Hart and six great-grandchildren. She was born in Somerville, New Jersey, daughter of the late Clifford K. and E. Minerva (March) Darby. She and George have lived in North Brookfield for over 40 years.

Lynn was a loving and devoted wife, mother and grandmother. She took pride in taking care of her family and her home. She enjoyed quilting and was a talented seamstress.

A Graveside Service for Lynn will

be held in Worcester County Memorial Park at a later date. In lieu of flowers, memorial donations may be made to Hoston Free Public Library, 161 N. Main Street, North Brookfield, MA 01535.

Varnum Funeral Home, Inc., 43 East Main St., in West Brookfield is assisting her family with arrangements.

An online guest book is available at varnumfuneralhome.com



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SHREWSBURY – Waterfront – Flint Pond w/Direct Boating Access to Lake Quinsigamond! The Quiet of Flint, All the Action of Quinsig! Privacy Galore on Sargents Island – 4.27 Acres – 2,000' Waterfront! Beautiful Sunrises & Sunsets! Looking for a Getaway, Principal Residence or Second Home, Winters in Florida, Summers on the Island! Tons of Potential, Do a Little or Do a Lot! 4+ Rm, 1 Bdrm, 1.5 Bath "A" Frame with the Ability to Finish the Walk-out Lower Level, add a Family Rm, Bdrm, Bathroom! Nature Abounds, Visited by Deer, Fox, Eagles & More! In Time for Summer! **\$599,900.00**



OXFORD – 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yesteryear! Eat-In Frplcd Granite Kit w/Updated Cabinets, Frplcd Din Rm w/Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frplcd Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! **\$349,000.00**



WEBSTER LAKE – 9 Pebble Beach Rd! Middle Pond – Winter Cove! Private Peninsula Protected from the Storm – Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer! Ideal Open Flr Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Appliance Custom Granite Kit w/Center Is! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm! Buderus Oil Heat! C/Air! Oversized 2 Car Garage! **\$779,900.00**



OXFORD – 10 Huguenot Rd! 8 Rm Colonial! 1.36 Acres! Country Setting! Country Kitchen w/Bay Window Overlooking Back Yard, Front to Back Living/Dining Rm w/French Doors to Deck! Office! Side Entry Breezeway! 3 Bdrms Plus a Study/Craft Rm on the 2nd Floor! 1 Car Detached Garage w/Workshop! Easy Access to Shopping and Highways! **\$179,000.00**



DUDLEY – 38 Pine St! 5 Rm Ranch! Original Owner! Quaint Eat-in Kit! Formal Din Rm! Spacious Liv Rm w/New Picture Window! Fam Rm w/Views to Private Back Yard! Mudrm! Huge Deck! Buderus Oil Heat! 2 Car Garage! New Septic! Vinyl Sided! Newer Windows! Solar Panels! **\$239,000.00**



DUDLEY – 231 Dresser Hill Rd! 8+ Rm Custom Built 3 Bdrm, 3 Bath Split Set On 2.63 Acres Professionally Landscaped w/Panoramic Views of Nichols College at a Distance! Stamped Concrete Walk Leads to the Transom Side Light Door Entry! Custom Granite Kitchen w/SS Appliances including Gas Range! Dining Area w/3 Walls of Windows for the Views! Formal Din Rm! Beautiful Frplcd Liv Rm w/Cathedral Ceiling & French Doors to the New Deck with the Incredible Views! 3 Comfortable Bdrms w/Crown Molding, Spacious Master w/Walk-in Closet & Full Bath! Finished Lower Level w/Fam Rm Offers a Potential In-law! LP Gas Heat & C/Air for Comfortable Living! 3 Car Garage! Recent Driveway! Don't Delay! **\$449,900.00**



WEBSTER LAKE – 23 Beacon Rd! Killdeer Island – Middle Pond – Southern Exposure – Full Day Sun! Level 90' Waterfront Lot w/1,011 Square Feet! Meticulously Maintained 5+ Rm, 2 Bdrm, 1.5 Bath Home w/Room to Expand! Soaring Cathedral Ceiling Family Rm w/Stone Fireplace Opening to the Maple Cabinet Kit & 4 Season Sunroom w/Anderson Slider to the Expansive Deck! 2nd floor Lake Facing Master w/Master Bath, Huge Closets & Slider to It's Lake Facing Deck! C/Air! 2 Car Garage! Lake Living at its Best! Listed by Another – "SOLD" by Century21 Lake Realty! **\$645,000.00**



WEBSTER – 9 Lake Parkway! Extremely Conveniently Located just off Exit 1 of 395! Loads of Potential! 6 Rm Cape! Appliance Kit! Din & Liv Rms w/Wall to Wall over Hrdwds! 3 Bdrms w/Hrdwds! 1st Flr Bdrm w/Commode Closet! Recent Furnace! Recent Roof! **\$169,900.00**



WOODSTOCK – 9 Fawn Ridge! Renovated 4 Rm Townhouse! New Granite Kit w/SS Appliances! Kit & Liv Rm w/Hrdwds! 2 Comfortable Bdrms w/New Wall to Wall! New Full Bath! Freshly Painted Throughout! Lower Level w/Laundry & Storage, Able to Finish Additional Living Space! 2 Parking Spaces! **\$129,900.00**



DUDLEY – 132 Southbridge Rd! 5 Rm Bungalow! 2.21 Acres! Enjoy Nature and Kayak right from your Backyard! Eat-in Kit w/Pantry! Frplcd Liv Rm w/Hrdwds & Bay Window! Din Rm or Fam Rm w/Hrdwds & Ceiling Fan! Full Tile Bath w/Tub/Shower Combo! Master Bdrm w/Wall to Wall Carpet! Second Bdrm w/Wall to Wall & Ceiling Fan! Walk-up Attic w/Potential for Additional Living Space! 3 Season Porch w/Natural Woodwork! Recent Roof! Recent Oil Steam Heat! New Septic & being Well Installed! Plenty of Parking! **\$179,900.00**



WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$1,199,900.00**



WEBSTER – 60 East Main St! Established Local Bakery & Delicatessen Specializing in Polish Foods being Sold with Building! Turn Key Business! Equipment to be Included with Sale! High Traffic Count! Ample Parking! Easy Access to Rear for Deliveries! Building also consists of a One and Two Bedroom Apartment! The Owner presently uses two rooms for his office and storage which could easily be added to the One bedroom Apartment! Building was Totally Renovated in 2010! **\$599,900.00**



WEBSTER – 14 Summit Street! Conveniently Located 8 Room, 4 Bedroom Cape! Featuring Newly Remodeled Stainless Steel Appliance Granite Eat-in Kitchen w/Custom Cabinetry & Luxury Vinyl Plank Flooring! Formal Dining w/Hardwoods! Spacious Living Rm w/Hardwoods! 2 1st Floor Bedrooms w/Hardwoods! Newly Remodeled Full Tile Bath! 2nd Floor w/2 Bedrooms w/Hardwoods, Plenty of Closet & Storage Space! Updated Second Full Bath! Recently Oil Heat, Cast Iron Baseboard! Detached Garage! Corner Lot! **\$279,900.00**



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We Want Your Listings!

Featured New Listing!

DUDLEY - 25 MARSHALL TER.




Custom Hip Roof Ranch! 1,480+- Sqft. One Level Living! Spacious Open Floor Plan. Combination Kitchen/Dining w/Breakfast Bar, Cooktop Range & Built-in Oven, 3 Large Bedrooms w/Large Double Door BR Closets, Walk-in Linen Closet, 1st Floor Laundry Room, Hardwood Floors, Ceramic Tile Bath w/Separate Bath Tub & Shower. Forced Hot Water Heat by Oil w/High End Cast Iron Baseboard! Recently Shingled Roof, 8' X 10' Screened Porch - Overlooks Attractive, Level Landscaping - Provides an Abundance of Privacy. **\$274,900.**

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DOUGLAS - 14 MOUNT DANIELS WAY



ON DEPOSIT

NEW TO MARKET - MOUNT DANIELS ESTATES!!
4 Bedroom Hip Roof Colonial 2+ Private Acres!! Beautiful Hardwood Floors + Lg Cabinet Packed Kitchen! 1st flr 1/2 Bath & Laundry. Grand Living Room. Stone Fireplace! French Doors Welcome you to a 3 Season 14x18 Sun Room. 16 x 18 Deck, Cape Cod Shower! 4 Bedrooms - Master W/Hardwd Floors, "Spa Like" Bathroom! 3 baths total. New High Efficiency Boiler & Hot Water Tank! Central Air **\$409,000**

WEBSTER - 5 SURREY LN



SORRY, SOLD!

Gently Used 5 Bdrm Colonial, or 4 Bdrms & Game Room! This 24 x 28 3 Car Garage HAS HEAT! Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w/ Breakfast Bar, Second Floor - 5 Over-sized Bdrms! Bath & Laundry Rm! Walk up Attic. New Price **\$399,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Potential for a 2 family to be built! Town Water, Sewer. **\$70,000**


Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**

Webster - Potential 6 Buildable Lots! Water/ Sewer Access, Zoned Lake Residential **\$129,400.**

Webster - 85 Upper Gore! View of the Lake. 1+ acre, artesian well, Septic Design, Etc. **\$130,000**

Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$99,900**


WOODSTOCK, CT - 64 LYON HILL RD



SORRY, SOLD!

Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s appliance kitchen! Large master bedroom, coffered ceiling, master bath, W/Jetted tub! Walk in closets. Two car garage. Radiused catwalk on upper level! A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property! assisted sale **\$499,900.**

WEBSTER LAND - COOPER RD




LAND FOR SALE

2 BUILDABLE LOTS

Potential from 10,000+ sq. ft. Lot. Need to be divided. Town Water/Sewer. Zoned Lake Res. \$24,500. Each = **Total \$49,000**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg


WEBSTER LAKE - 28 BLACK POINT RD



NEW PRICE

2019 CUSTOM BUILT WEBSTER LAKE (WATERFRONT ACCESSIBLE) CONTEMPORARY CAPE! Sunrise (E) & Sunset (W) Exposure! 2,600+- SF, 11 Rms, 3 BRS, Loft, & 2 Full Baths. Open Flr Plan, Cathedral Ceilings, Stone-faced Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Nook w/Built Ins, Formal Dining, Office, Laundry Rm, Mudroom & Coat Closet, 2 Main Level BRs & Full Bath. 2nd Flr Private Master BR Suite w/Private Bath & Walk-in Closet! Central Air! Cavernous 1,500 SF+ Unfinished LL plumbed for a Bath, Oversized 2-3 Car Att'd Garage! Corner Lot, 12,599 SF (.29 Acre), of Land plus BOAT DOCK. **\$674,000.**

WEBSTER LAKE - 32 JACKSON RD



DEVELOPMENT POTENTIAL! EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**



REAL ESTATE

PELLEGRINO
continued from page A1

alternative forms of physical and nutrition education, working with students to teach them how to prepare healthy meals and snacks. She guides students in their food choices, using daily lunch menus to explain the nutrient analysis, and even seeks their menu suggestions to ensure meals are well received. She has created a wellness blog as a free resource for students, parents, and the community, providing a wealth of information on nutrition, fitness, and other health-related topics. Pellegrino also co-chairs the Wellness Committee at BVT.

Collaborating with her district director, she plans and executes the annual Wellness Fair, writes grants to cover costs of new equipment and initiatives, and explores new avenues to engage students. She successfully secured a grant to purchase mobile food carts

and helped initiate a breakfast cart program to increase breakfast participation. Pellegrino oversees the daily activity of the school food service program, from compliance to participation, and monitors regulatory changes that can impact operations. With pride in the district’s commitment to compliance, in her off time, she applied for the USDA Healthier US School Challenge Silver Award. BVT became the first high school in Massachusetts to win that award.

“Martha Pellegrino has shown a dedication to her students, their health and happiness while demonstrating excellence in school nutrition as an SNA Employee of the Year,” said SNA President Gay Anderson. “The unique health and fitness knowledge she brings to her job is invaluable to her district and community as a whole.”

The National Employee of the Year Award recognizes the outstanding contributions of a dedicated school

nutrition employee. Its recipients have influenced the quality of school meals through customer service, an interest in young people, cooperation, work attendance, creativity, participation in professional development, and their willingness to go above and beyond the call of duty. The School Nutrition Association will honor Pellegrino in July at their 74th Annual National Conference.

During these challenging times, many local food banks and pantries throughout the Blackstone Valley are opening their doors to those who may need access to additional food resources and accepting donations. We’re all in this together! BVT is grateful to these organizations for helping to keep our community healthy. More information is available: www.valleytech.k12.ma.us/foodpantries.

If you are looking for health& wellness ideas, fun tips to get yourself and your family moving, visit the BVT Wellness

Blog: www.valleytech.k12.ma.us/healthwellnessblog.
About Blackstone Valley Regional Vocational Technical High School (BVT)
Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school’s Web site is www.valleytech.k12.ma.us.

DONATIONS
continued from page A1

and ambulances disinfected...are germ and virus-free to operating room clean standards. Thank you to all our first responders, you are awesome!”

According to their website, NEDT has been “simplifying hazardous waste projects in New England for over 25 years.” The group is based in Sutton.

The organization shared in a statement that they also recently disinfected the Town of Millbury’s first responder vehicles and disinfected around 15 first responder vehicles in the town of Sutton including ambulances, fire trucks, and police cruisers

“We’re honored to help support our local communities with our new state-of-the-art disinfection services, so they can get back out there in the safest conditions possible to help everyone.”

MYERS
continued from page A4

er doing something mom loves.

Update her garden tools if she is an avid gardener. Consider a tool caddy and fill it with her favorite hand tools such as a weed knife, hand pruner, sunscreen, and gloves.

Add elegance and function to your mother’s daily activities with durable and fashionable gloves. Their practical and fashionable nature makes them a popular add-on or stand-alone gift item.

Elbow length garden gloves,

like Foxgloves (foxglovesinc.com), protect forearms and hands from sun, scratches, and plant oils. The ‘cottony soft’ feel of Supplex® nylon makes them comfortable but extremely durable and tough. They can be washed and dried quickly, so mom always has a pair of gloves ready to use. Add some fun to this functional gift by choosing one of the bright colors.

Add a hat to further protect mom from the heat and sun when working outdoors. If it’s comfortable and looks good, she is more likely to wear it.

Take the pressure off and make mom’s day extra special with one of these Mother’s Day gifts that provide

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Melinda Myers has written numerous books, including Small Space Gardening. She hosts The Great Courses “How to Grow Anything” DVD series and the nationally-syndicated Melinda’s Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Foxgloves for her expertise to write this article. Her Web site is www.MelindaMyers.com.



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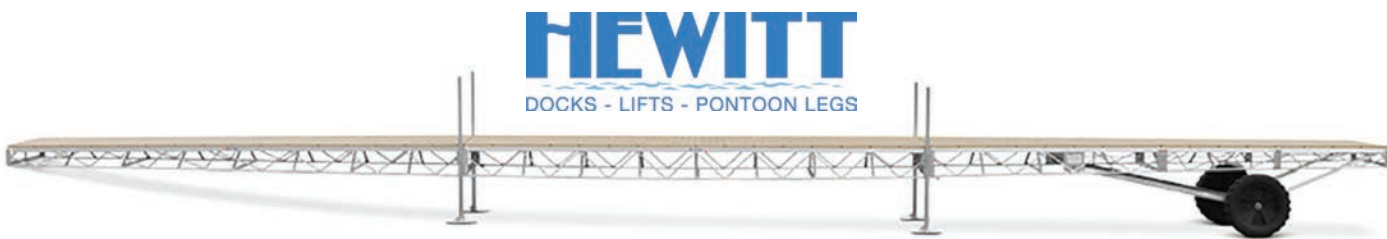


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