Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, March 13, 2020

## Uxbridge High School presents "Once Upon a Mattress"



Courtesy Photo

The cast and crew of "Once Upon a Mattress."

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

UXBRIDGE — The Uxbridge High School Drama Club's production of 'Once Upon a Mattress," a musical inspired by the famous fairy tale The Princess and the Pea, will begin

Performances will be held in the high school's auditorium tonight, March 13, and Saturday, March 14, at 7 p.m., and Sunday, March 15, at

'We are thrilled to be working

with such talented and dedicated students, both in cast and crew. This is going to be a great show and we are very excited about it," said Co-Directors Kathleen Penza and Barbara Emerick.

Ticket prices are \$12 for adults and \$10 for all students and senior citizens.

"Once Upon A Mattress" is based on the famous fairy tale The Princess and the Pea with music by Mary Rodgers and Marshall Barer and

Turn To UHS page A4

## Northbridge holds public forum on fire station project

BY KIMBERLY PALMUCCI

NORTHBRIDGE The Northbridge Building, Planning, Constructionand Committees recently hosted their second public forum to discuss the feasibility of constructing a new \$19 million fire station in town. The forum reviewed background for the project, cost estimates, tax payer impacts, and next steps.

Town Manager Adam Gaudette said the town currently has two fire station facilities—one in Whitinsville and one in Rockdale. A feasibility study was conducted in 2001, but at the time, the town was also beginning to build a new high school and the fire station project was put on hold as the voters took on a debt for that project. The project continued to be placed on hold when the recession hit a few years later. After that, voters were asked to address the capital needs of the school district, including the Balmer School, Northbridge Elementary School, and Middle School project, for which construction has already begun.

The Whitinsville station was built in 1923; the Rockdale station was built in the 1950s. At the Whitinsville building, the concrete foundation integrity needs to be evaluated, brick façade exhibits show extensive discoloration, window and steel lintels need replacement, as well as apparatus bay doors. The roof is leaking and the roof drainage system backflows through the building floor drains, according to the study. Inside, there is extensive water and moisture infiltration on surfaces and ceilings are flaking and chalking, which in turn is contaminating equipment. The basement storage areas experience continual standing water, among other issues that were discussed.

At the Rockdale facility, exterior walls show extensive structural damage due to differential settling and vehicle exits are undersized for a modern apparatus. The basement floods regularly as well.

Estimates for the project put the total cost at \$19 million. A debt exclusion to borrow for the project will be sought on the town meeting warrant on May 5, and a question to authorize to exclude debt will appear on the town election ballot on May 19. Gaudette discussed tax payer possibilities during the forum; depending on the interest rate and length of loan, the annual tax impact for a Northbridge resident owning an average home in town valued at \$329,000 would be between \$172 and \$259, according to meeting documents.

Meeting documents from a November forum state that initially, 21 sites were analyzed for the proposed fire station site, and the site at 1681 Providence Rd.—also referred to as Goulet Playground or Riverdale Field-was selected for

> Turn To **NORTHBRIDGE** page A4

## Unattended dryer sparks house fire in Millville

BY KIMBERLY PALMUCCI

MILLVILLE — Local fire officials said the cause of a recent fire at 166 Thayer St. in Millville was accidental. An electric dryer, which was left running unattended, started the fire.

deter-Investigators mined that the fire started in the basement laundry room in the electric dryer, according to a recent statement from Millville Fire Rescue. The fire was jointly investigated by the District 7 Fire Investigation Team and State Police assigned to the Office of the State Fire Marshal.

"The house is a total loss and this fire is of course a difficult event for the family who is dissaid Millville placed,"

Chief Ronald Landry. "I would like to remind residents not to leave heavy appliances such as washers, dryers, dishwashers, or space heaters running when they leave the house. Shut them off to prevent fires.'

There was a minor injury to one firefighter with no injuries to any residents. The occupants have been relocated.

The fire was reported by a passerby; upon arrival, Millville Fire found the house fully engulfed in flames, according to reports. Mutual aid was requested and approximately 13 neighboring fire departments responded to assist.

"It is important to clean the lint  $\bar{\mbox{filter}}$  after every load and wash the lint screen a few times a



Local fire officials said the cause of a recent fire at 166 Thayer St. in Millville was accidental. An electric dryer, which was left running unattended, started the fire.

year and to vacuum the Over half of the fires—52 vent pipe and around the percent—occurred in one motor from time to time," said State Fire Marshal Peter Ostroskey. "When accumulated lint clogs the vent, the dryer can overheat and a fire can result.'

Responding units included Uxbridge, Mendon, Blackstone, Douglas, Hopedale, Northbridge, Sutton, Harrisville, North Smithfield, Oakland/ Mapleville. Pascoag, Cumberland well as Woonsocket RIT, Bellingham RIT, Providence Canteen, and the Red Cross.

According to the department's statement, there were 62 dryer fires that caused four civilian injuries, two firefighter injuries, and \$530,670 in property damage in 2018.

and two family homes.

The state's website recommends several tips for dryer fire safety, including: cleaning the filter screen after each load to prevent lint buildup; an adult staying home whenever the dryer is in use; keeping working smoke alarms in a residence; cleaning outside vents twice a year to prevent any accumulated dust and lint; cleaning commercial dryers regularly; and keeping the surrounding area clean. The dryer's heat may ignite anything left too close to the dryer.

Fire officials also caution residents against drying mop heads in the dryer. The dryer's heat can ignite the chemical residue on mop heads.

## Quaker Meetinghouse Association receives gift for anniversary fund

UXBRIDGE — Uxbridge Quaker Meetinghouse Association President Philip Wheelock recently announced the receipt of a generous gift of \$1,000 from Dr. Edward Swiderski of the Uxbridge Dental Center on Mendon Street.

As a member of the Uxbridge business community for many years, Dr. Swiderski is pleased to support the efforts of the Association.

"Our office is near Capron Falls in the center of town," commented the doctor. "We know how important it is to preserve the history and character of a town, and we are glad to help celebrate the 250th anniversary of the Uxbridge Quaker Meetinghouse.'

The historic meetinghouse at the corner of Quaker Highway and Aldrich Street was built in 1770 for a then-thriving Quaker community. The association that maintains the structure today is a non-profit 501 (c) (3) corporation, charged with not only preserving the unique brick structure, but also with sharing the property with the community for religious, educational and civic purposes. It has become a tradition with many local families to participate in the ecumenical celebration held each Thanksgiving morning at the meetinghouse. A collation of pie, coffee and other goodies has been held after the service in the carriage shed on the property for many years.

The shed, dating from the 1800s, is unstable and the 250th Anniversary Campaign seeks to raise funds for its replacement as well as to upgrade some of the aging systems in the main build-

"Our friends and neighbors in Turn To **MEETINGHOUSE** page **A4** 



Courtesy Photo

Quaker Meetinghouse Association president Philip Wheelock (right) poses in front of the deteriorating carriage shed on the Quaker Highway property. A generous gift from Dr. Edward Swiderski, shown here with wife Joanne, will help to rebuild the shed and provide upgraded systems for the historic brick meetinghouse.

## SENIOR SCENE

#### Millbury Senior Center

**UPCOMING TRIPS!** 

April 6th

**FOXWOODS** The bus leaves the Millbury Senior Center at 7:00 A.M and returns at 4:45 P.M.

Cost is \$28.00. Call or stop by the Senior Center to reserve your seat! (508) 865-9154

June 24th CRUISE AND LUNCHEON

ON THE "MYSTIQUE" 2 hour cruise in Middletown

Cost \$82.00 – 9 A.M. to 6 P.M.

DAY TRIP TO PLYMOUTH MA(400YEARCELEBRATION) Lunch at the East Bay Grill (waterfront)

Prime Rib or Baked Haddock Touring down town Plymouth

\$65.00 - 9 A.M. to 6 P.M.

September 20th - 22nd ATLANTIC CITY RESORTS 3 days and 2 nights departs 7:00 A.M. Returns around 8 P.M.

price Includes over-

night accommodations at

Food voucher along with a casino show Ticket Plus \$20 in free slot play!

Oct. 22nd NEWPORT PLAYHOUSE AND CABARET

"Ghost of a Chance" \$85.00 complete

MEMORY CAFÉ"

Please join us! Tuesday, March 24th from 2:00 P.M. - 3:30 P.M.

A Memory Café is a monthly gathering for people with memory loss / challenges

and their care partners. It is a time to socialize, make new friends, and have a good time. Fourth Tuesday of each month, refreshments will be

served. Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP

Millbury Senior Center **Transportation Services** 

Residents can travel on Monday through Friday 9 A.M.

ADA clients and job assignments (disabled) 7 A.M. to 4:45

We require a 48 hour Reservation for rides One - way van ride in town is

\$1.50; one town out \$1.75 ADA ride costs are \$2.75 in

town and \$3 for one town out. All rides to the Senior Center are 25 cents

Escorts are also available! Our service is curb to curb, call for more Information or a Reservation!

508-865-9247

THE MILLBURY SENIOR CENTER IS NOW ACCEPTING SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. -2:00 P.M.

Call for an appointment & required documentation 508-865-9154

This project has been funded at least in part with Federal Funds from USDA. This institution is an equal

opportunity provider. The SNAP Logo is a service of the U.S. Department of

Agriculture. USDA does not endorse any goods, services or enterprises."

Craft Classes Wednesday's from 9:30 AM to

11:00 AM Plan what you would like to make & pay for the materials

you use! For more information call us

508-865-9154

**RMV Transactions** EVERY WEDNESDAY 10 - 12

The Five Transactions we will Focus on are:

LICENCE RENEWALS(FOR DRIVERS YOUNGER THAN 75)

REGISTRATION

CHANGE OF ADDRESS DUPLICATE LICENSE OR REGISTRATION

HOW TO REPORT LOST OR STOLEN DISABILITY PLACARD AND HOW TO REQUEST A REPLACEMENT

Call us at 508-865-9154 for an Appointment!

**ACTIVITIES** 

**MONDAY** 8:30 A.M...... Walking Club 9:30 A.M..... Light Exercise 12:00 noon..... Lunch

12:30 P.M...... Wii Bowling 12:45 P.M.....Mahjong Game 1:00 P. M.... Cribbage 1:00 P.M....Game Day, including Cribbage,

Scrabble. Chinese Checkers, Scat &

Wii Bowling TUESDAY 9:00-10.00A.M...Blood

Pressure

9:30-10:30 A.M.....Tai Chi 10:45-11:30 A.M....Zumba Noon...Lunch 1:00 P.M....Cribbage & Scat WEDNESDAY

9:30 A.M..... Craft Class 12:00 noon..... Lunch 1:00 P.M..... Social Bingo THURSDAY

9:00 A.M......Cards \*\*Coloring Class" 12:00 Noon..... Lunch

12:45 PM......Whist 2:30-3:30 P.M...Computer & phone class, Reservations required 508-865-

**FRIDAY** 9:00 A.M.....Shopping 9:30 A.M....Light Exercise 10:30 A.M....Yoga (NEW CLASS!)

12:00 noon..... Lunch 12:30 P.M.... Bridge & Scat

## Coast Guard Auxiliary to bost boating safety course

MILFORD — Our local United States Coast Guard Auxiliary Tri-State Flotilla 1002 will be instructing a one day "About Boating Safely" course Saturday, March 21 from 8 a.m.-5 p.m. at Milford High School, 31 West Fountain

This course is developed to provide the skills and confidence needed to explore the coast and inland waters by boat. Basic knowledge and skills are needed to have safe and enjoyable boating experiences, and this course is perfect for families that have just purchased a boat or are planning to in the future; and also for the boater keeping up with changes to boating regulations and laws. Successful completion of the course will also certify a minor, from 12 to 16 years of age, to operate a powerboat, including a Personal Water Craft / Jet Ski for 16 & 17 year-old operators, on Massachusetts waters. Certification is in conjunction with the Mass. Environmental Police. Rhode Island residents born in/or after 1986 can also take the "Challenge Exam" for the Rhode Island Boater Education Card to operate motor vessels over 10 HP along with anyone, any age, from any state, wanting to operate a PWC on RI waters. ABS also meets the requirements to operate a vessel in many other states & most countries where boating safety education is mandatory. Several of the boating insurance companies offer a discount on premiums on successful completion of this course.

Offered as part of the Milford Community School Use Program, course information and the registration process can be found in their catalog mailed to the surrounding community, by calling 508-478-1119, or online at http://mcs.milford.ma.us (click Online Registration, then on any one of the Adult Programs to open a dropdown listing Boating Activities), The USCGAux.

offers Public Education Courses given by certified, experienced, volunteer instructors at a cost that covers: a facility usage/registration fee to MCSU for this course; and the additional cost of the ABS Course textbook, certification, hand-out materials. Participants under the age of 16 must be accompanied by a registered parent/guardian.

For additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778. Course information and links: http://wow.uscgaux.info/pe\_class\_ flyer.php?unit=NAT&course=25252.

## Raymour & Flanigan celebrates grand re-opening of Millbury showroom

MILLBURY — Raymour & Flanigan is re-opening their Millbury location on



430 Main St., Oxford, MA

We repair all makes and models of **Garage Doors and** 

Electronic Openers • Broken Springs Replacement Sections • Broken Cable Remote problems

#### 8x7-9x7 Steel **2 Sided Insulated Garage Door** r-value 9.65 Inc, standard hardware & track,

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**INSTALLATION** 

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7 ft. Opener **INCLUDES INSTALLATION** 

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Wednesday, March 11 after renovations with a celebration. The store was originally opened as an outlet in 2018 and recently converted as the Worcester we are committed to supporting our area's first full-line showroom. The store is set to host a community event with the Millbury High School Drama Club. The club will be performing at 5 p.m. on March 11 as part of the grand re-opening celebrations.

The Millbury store has hosted four community outreach events since opening in 2018 and helped raise more than \$2,000 in donations for local organiza-

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"Giving back is at the heart of Raymour & Flanigan's culture and communities," said Jose Cabrera, Regional Director of Sales. "Our community events and donations further strengthens our relationship with the Worchester community.'

Raymour & Flanigan would like to invite everybody to the Millbury store at 70 Worcester Providence Turnpike, Millbury, MA, 01527 from 4 to 8 p.m. with a ribbon cutting ceremony, drama club performance and light refreshments.

SPORTS ACTION!



### TO FAX THE TRIBUNE: **OFFICE HOURS:**

Monday through Friday 8:30AM-4:30PM

TO PLACE A RETAIL AD:

ADVERTISING EXECUTIVE Patricia Owens (508) 909-4135 patricia@stonebridgepress.news

TO SUBSCRIBE OR FOR **SUBSCRIPTION SERVICES:** 

BLACKSTONE VALLEY TRIBUNE (508) 764-4325 OR KERRI PETERSON (508) 909-4103 kerri@stonebridgepress.news

TO PLACE A CLASSIFIED AD:

(508) 909-4111 Classifieds@stonebridgepress.news Call (508) 234-7506

TO PRINT AN OBITUARY:

EMAIL: obits@stonebridgepress.news OR send to

Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550

TO SUBMIT A LETTER TO THE EDITOR: EMAIL:

news@stonebridgepress.news OR send to Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550

TO SUBMIT CALENDAR ITEMS:

news@stonebridgepress.news

OR send to Blackstone Valley Tribune, PO Box 90, Southbridge MA 01550

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### **TRIBUNE** ALMANAC

REAL ESTATE -

#### **BLACKSTONE**

\$288,500, 103 Summer St. DelRosso, Heather, to Oconnell,

#### NORTHBRIDGE

\$521,000, 296 Purgatory Rd, Lukowski, Paul A, and Lukowski, Susan B, to Preston, Steven T.

Michael, and Gannon, Caitlin, to Bressan, Joshua D. \$234,000, 16 Erica Dr, FNMA, to

\$260,000,99-105 Church St, Dutra,

Foley, George. \$185,000, 895 Hill St, Knott James M Sr Est, and Knott, James M, to

Worcester Church. \$127,500, 66 School Park #66, Majeau, Michael M, and Wells Fargo Bank NA Tr, to Wells Fargo Bank NA Tr.

\$85,000, 34-36 Hope St, Berkowicz, John F, to Degmar Realty LLC.

#### **UXBRIDGE**

\$474,000, 45 Mountainview Rd, Rogjef Inc, to Stoico, Michael, and Stoico, Danielle.

\$320,000, 346 High St, Vigeant, Andrea, and Happy, Heidi, to Lincoln, Jonathan, and Lincoln, Kelsey.

\$93,500, 192 Williams St, Grayson, Jay P, and Grayson, Amelia R, to Millville Investment

#### **DOUGLAS**

\$75,000, 373 NW Main St, Allain, Michael A, to Ogunjobi, Benjamin.



## Apple Tree Arts presents "Circus Circus" March 28



Courtesy Photo

Enjoy an evening under the big top featuring our cast of 23 elementary school-aged actors at "Circus Circus" March 28, 7 p.m. staged at the Great Hall, One Grafton Common.

GRAFTON — Enjoy an evening under the big top featuring our cast of 23 elementary school-aged actors at "Circus Circus" March 28, 7 p.m. staged at the Great Hall, One Grafton Common. Tickets cost \$5 and will be sold at the door.

Northbridge residents Julia Rodominick and Kathleen L'Hommedieu are acting in the musi-

The circus has come to town, but wait

there's a catch! The Ringmaster has laryngitis and a substitute is needed quickly. Who will save the day? The clowns, jugglers, acrobats, candy and popcorn vendors, dancing bears, lions and the elephants want to know so they can cheer up the sad clown.

The musical is co-directed by Susan Upham, voice and theatre arts faculty member and Shannon May, theatre arts faculty with the assistance of Juliana Kallio and Sean McGlynn. Student volunteer is Caelan Laverty and Caroline Fisher is assisting the day of the show. The show features rhyming dialogue, five original songs and large ensemble musical numbers.

Cast members include John Casano, Chimienti, Daniel Fisher, Scarlette Greer, Gregory Gulli, Emily Hall, Addison Hughes, Logan Hughes, Harper Killoran, Kathleen L'Hommedieu, Avery Maloney, Parker Marshall, Jessica McIrney, Eli Meyer, Caitlyn Neal, Kayla Piscitelli, Evangolina Racicot, Hannah Reynolds, Julia Rodominick, Reese Sears, Miya Vaillancourt, Morgan Whitney and Natalie Williams.

Parents are contributing to the production by helping with marquee pho-



#### ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

tography and creation, ticket sales, star gram sales and refreshments.

Apple Tree Arts is a nonprofit 501 (c) 3 organization that has grown to serve over 1,500 children and adults annually with early childhood music classes, group keyboard lessons, private music and voice instruction, ensembles and theatre arts programs. The school provides a wide range of performances, special community musical and theatre arts events year-round. For more information, visit www.appletreearts.org.

## Book of MegaBucks scratch tickets donated to BSTRA for raffle

DOUGLAS — Douglas resident, David Maenzo, heard about the trail improvement projects planned by local nonprofit organization, Bay State Trail Riders Association, Inc. (BSTRA) and decided to help by donating something big to be raffled off by BSTRA.

"David wanted to offer a prize that would have broad appeal so that the prize would generate a decent income to help fund our trail projects. This isn't the first time David stepped up to do something extremely generous like this. Last year he made a similar donation which was a successful fundraiser for us," said Lynn Paresky, BSTRA's "This Fundraising Director. Spring, he upped the prize, donating a book of 100 \$4 million Mega Bucks Scratch Tickets. If you purchased 100 of these \$10 tickets yourself, you would be paying \$1,000 for them. When David contacted us, he asked us to start selling the tickets to the public now and have a drawing around Mother's Day. Since we are having an event on May 9, our Patriotism Benefit Ride

at Wallum Lake, Douglas, we decided to have the drawing at that event. We like having it at one of our events so people can be present for the drawing."

Raffle tickets are available for purchase online through 5 p.m. on May 8 at www.bstra. org/support/raffle -- or they can be purchased through the mail. When you go to www. bstra.org/support/raffle there is more information, including a ticket order form.

Maenzo made this donation in memory of his late wife, Nancy, who was a member of BSTRA. Nancy enjoyed riding her Morgan horse, Sinclair. on the Douglas State Forest trails. She had an appreciation not only for the trails, but for all the work BSTRA put into maintaining those trails.

i know nancy would like that I'm doing this to help raise money for projects in the State Forest she enjoyed so much," said Maenzo.

"BSTRA's trail improvement projects benefit a wide variety of user groups who enjoy the trails for outdoor recreation and fitness," said Paresky. "The trails are used by not only equestrians, but by hikers, mountain bikers, dog walkers, cross country skiers, and families out enjoying nature – so we hope the community will support our nonprofit organization by purchasing tickets for this raffle. Ticket pricing is very reasonable -- \$20 for 30 tickets; \$10 for 12 tickets; or \$5 for 5 tickets. We'd like to turn David's generous donation into something much larger to help fund our 2020 trail projects in the Douglas State Forest, Upton State Forest and Grafton's Pell Farm.'

"Everyone seems to love scratch tickets," said Maenzo. "Since these are the \$10 Mega Bucks tickets, the game will have a larger payout for the raffle winner than the \$5 tickets I donated last year. With the \$4,000,000 Mega Bucks Scratch Tickets Game, there are three \$4,000,000 winners, nine \$1,000,000 winners, and 210 \$10,000 winners - not to mention the many smaller winnings. When the winner of this raffle scratches off their 100 tickets, they could end up with sizeable winnings! That is my hope. With the possibility of

winning a larger payout, I'm hoping more people will buy raffle tickets, too. I want to see BSTRA do well with this.

With an extensive track record of dependability, credibility and accomplishment, BSTRA is a good choice to receive local support. Since 1989, BSTRA has put more than \$630,000 into trails within State Forests and Parks within 34 towns in Massachusetts, including Bellingham, Brimfield, Carlisle, Carver, Douglas, Franklin, Ipswich, Mendon, Middleboro, Peru, Shirley, Upton, Uxbridge, Warwick and Wilbraham, as well as Eastford (Conn.) and Pascoag, Burrillville Exeter (R.I.).

"If you enjoy using local

trails, we invite you to take part in the raffle or make a tax-deductible donation to BSTRA," said Paresky. "It's an easy way to support trails in your community. Making a donation to BSTRA is easy to do. Whether it's an online donation or a donation through the mail, go to www.bstra.org/ donate for more information and to get started -- and since BSTRA is a 501 (c)(3) nonprofit organization, donations are tax-deductible.

BSTRA believes that trails are important assets to the community, and it has been their mission to help create, maintain and preserve trails for community use since 1973.

## What would you do if you find yourself "Suddenly in Command:

MILFORD — Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission.

Our local US Coast Guard Auxiliary Tri-State Flotilla, Massachusetts is offering a free course that is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

A free USCG Auxiliary course, "Suddenly in

Command," will be held Wednesday, March 18 from 6:30 to 9 p.m. at Milford High School, 31 West Fountain St., Milford.

Part of the Milford Community School Use Program, information and the registration process can be found in their catalog mailed to the surrounding community, by calling 508-478-1119, or online at http://mcs.milford.ma.us (click Online Registration, then on any one of the Adult Programs to open a dropdown listing Boating Activities including this course) Register for this special free course soon as space is limited. Participants under the age of 16 must be accompanied by a registered parent/guardian.

Additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778.

Course and links: http://wow.uscgaux.info/pe\_

class\_flyer.php?unit=NAT&course=25249.

#### Mother's Day Honors **Publish Date:** May 8, 2020 Deadline date: Friday, May 1 @ 4 pm The Blackstone Valley Tribune

would like to honor all Mothers and Grandmothers in the May 8th issue.

The deadline for honors is Friday, May 1st at 4pm.

Cost is just \$20 per 2.4" X 2" block. (Double blocks available @ Double the cost)

SAMPLE:



Mom, Of all the moms in all the world, nothing brings me more happiness than to know you're ours. With love from John, Mary, and Jennifer

Please email a photo and a special message (or an In Loving Remembrance message if deceased)

> OR mail or drop off to the Blackstone Valley Tribune 25 Elm Street, P.O. Box 90

to Patricia@stonebridgepress.news;

Southbridge, MA 01550. All photos will be returned. Please write your name and address on the back of your photo.

#### Elms College announces Fall 2019 Dean's List

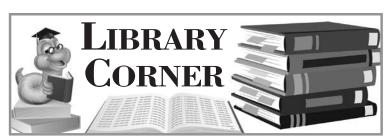
CHICOPEE — The College of Our Lady of the Elms has named the following students from your area to the dean's list for the fall 2019 semester of the 2019-2020 academic year. To qualify,

a full-time student must earn a GPA of 3.5 or higher, without incompletes.

Among those named to the Fall Dean's List was Joshua Keaton of Northbridge.

Elms College is a co-educational Catholic college offering a liberal arts curriculum that gives students multiple perspectives on life. Founded in 1928 by

the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled, and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civil and social obligations, and capable of adjusting to change without compromising principle.



#### **Uxbridge Free Public** Library

15 North Main St., Uxbridge (508) 278-8624

C losings Monday, April 20th

Adult Programs

Gentle Yoga -- Mondays at 7pm Join us for this popular Library Trustee-sponsored program with Marise Nazzaro. Registration required.

Sit and Knit - Wednesdays -April1st,15th,and29that1:30pm Join this informal group with a textile project of your choosing. No registration needed.

Card Making - Thursday, 2nd6:15pm Come in to learn about the paper craft of making greeting cards for family and friends. Go home with a couple of your own unique creations. This program is sponsored by the Friends of the Library. Registration required.

Meditation Mindfulness Thursdays, April and 23rd at 6:30pm Mindfulness is the energy and continuous practice of being aware and awake to the present moment. In this 50 minute workshop we will practice mindful sitting meditation,

mindful walking meditation, and mindful breathing in the tradition of Thich Naht Hanh. This program is sponsored by the Friends of the Library. Registration encouraged.

Uxbridge Senior Turners Center Page Tuesday, April 14th at 1pm We will share book reviews and a book list featuring some of our latest acquisitions. Stop in for some great recommendations and lively conversation. No registration needed.

Zentangle: Shoes! Thursday, April 16th at 6pm Join Pam Lisak to learn how to add Zentangle patterns to a pair of sneakers. The end result will be a beautiful pair of sneakers that everyone will be talking about. Bring an adult pair of sneakers (canvas or leather) to the class with a \$5 materials fee and the rest of the supplies will be at the class waiting for you. This event is sponsored by the Board of Library Trustees.

Registration is required. Homebuyers Seminar Thursday, April 16th at 6:30pm Join us for this seminar to educate potential home buyers by bringing together a panel of housing experts that will go over the process of homebuying. In attendance will be a Loan Officer, Realtor, Home Inspector and Real Estate Attorney who will be speaking and answering questions. RSVP

by emailing mrshain@bayeq. com or by calling 508-320-4318.

Book Club Bookies Monday, April 27th at 6:30pm Join us for our monthly discussion. This month's featured read is Anything is Possible by Elizabeth Strout. Pick up a copy at the circulation desk! No registration needed.

Blackstone Valley Veggie Gardeners: Healthy Garden Recipes Thursday, 30th at 6:30pm April Learn how to prepare healthy meals with the ingredients from your backyard garden! We have simplified the process and will review some cooking tools and techniques to preserve the nutrients and the taste. The food will taste so good, even your most finicky family member will love it! This program is sponsored by the Board of Library Trustees. Registration required.

Youth Programs

Crazy Colors - Tuesdays from 3:30-4:30pm

Drop in after school to work on an exciting activity! No registration needed.

Crafty Wednesday Wednesdays from 10am-4pm Drop in to see what our craft of the week will be! No registration needed.

Lego Club - Thursdays from

Be a Master Builder and create with our different LEGOs! Ages 5 & up and registration needed.

Toddler Time - Saturdays from 10-11am

Join us for relaxed play with blocks, instruments, bubbles, and more to encourage healthy growing! No registration needed. Best for ages 0-2.5 years.

Read to Lexi - Mondays, April 6th and 27th from 4-5pm

Bring a book or check one out and read with Lexi by your side. Registration is required. Call to sign up for a 15 minute

UXBRIDGE — The Uxbridge Senior Center is

proud to sponsor another 8-week Chair Yoga Class.

Yoga has been shown to improve overall health when practiced regularly. Chair yoga is a gentle

form of yoga that can be done while sitting. Some

poses can also be done standing using a chair for

support. Chair yoga can improve your flexibility,

concentration and strength, while boosting your mood, and reducing stress and joint strain. Other benefits include improved balance to help prevent

The program is scheduled to begin Thursday,

April 9 through May 28 from 2:45-3:45 p.m. at

the Senior Center's Satellite Site which is the

McCloskey School located at 62 Capron St. in

Uxbridge. The instructor will be Marise Nazzaro,

certified yoga instructor. The class will run one

falls, increased energy, and improved rela

Kid's Yoga - Thursday, April 9th & 23rd from 4-4:30pm

Join us after school to rebalance and wind down! Best for ages 5 and up. Registration required.

Advisory Teen Board Meeting - Monday, April 13th from 4-5pm

Not sure what to do after school? Come to the library and talk about program ideas, eat snacks, and hang out! No registration needed.

Music & Movement: Swing Into Spring - Tuesday, April 14th from 11-11:30am

Hooray for spring! Sing and dance with Miss Deb Hudgins to bring in the even warmer weather. Best for toddlers and preschoolers. Brought to you by the Library Board of Trustees.

Bubble Wrap Art - Thursday, April 16th from 1-2pm

Happy Brain Building in Progress Week! Who doesn't love bubble art? Pop it, paint it, and make a fun project like a snake, a sheep, or your very own creation! For ages 0-5.

All About Spring with Ranger Ron - Thursday, April 16th at 4pm

Listen as Ranger Ron talks about Uxbridge in the spring! Learn about birds, pollinators, and see real birds of prey! Best for ages 5 and up.

Syrup Saturday's Book Club Saturday, April 18th from 11am-12:30pm

Join for our monthly book club meeting! Talk about books, and enjoy some pancakes on us! This month's book is Tristan Strong Punches a Hole in the Sky by Kwame Mbalia.

Saturday Slime! - Saturday, April 18th at 11:30AM

Create your own slime using our special recipes! Best for

Chair yoga classes available

ages 5 and up. Registration is required.

Egg Carton Planting Wednesday, April 22nd at 3PM Read about flowers, and plant your own marigolds in egg cartons! Best for ages 5 and

Meditation for Teens Thursday, April 23rd at 4PM

up. Registration is required.

Feeling anxious lately? Need some techniques to ground yourself? Talk about mindfulness with Jenny Xie and get some meditating tips to practice when you need it the most. Best for ages 13 and up.

Pajama Story Time Thursday, April 30th from 6:30-

Dress in your jammies and bring your stuffies to Miss Jenn's story time! Stuffies can stay over in the library, and follow their night on Facebook the next day!

Baby & Me Story Time -Mondays, April 6th and 13th

Drop in for songs, rhymes, and stories with Miss Cat! Best for ages 0-2.5 years. No registration required.

Baby & Me Story Time -Tuesdays, April 7th & 21st at 11am

Drop in for songs, rhymes, and stories with Miss Lindsey! Best for ages 0-2.5 years. No registration required.

Toddler Story Time -Wednesdays, April 8th, 15th & 22nd at 11am

Drop in for stories, rhymes, songs with Miss Lindsey! Best for ages 2.5-4 years. No registration required.

Toddler Story Time Thursdays, April 9th, 16th & 23rd at 11am

Drop in for stories, rhymes, and songs with Miss Cat! Best for ages 2.5-4 years. No registration required.

hour, one day a week for an eight-week period of time. The suggested donation cost for this

eight-week class is \$24.00 and is open to all in the

community including those outside the Town of

Uxbridge. Checks should be made payable to the

Uxbridge Senior Center. Bring your own yoga

mats and blocks if you have them. Transportation to this activity program is available for town res-

Interested individuals should call the Uxbridge

lenior Center at 508-278-8622 for more information

and receive their application and waiver forms

prior to the start of the program. The Center is

located at 36 South Main St. in Uxbridge and is

open Monday thru Fridays from 8 a.m. to 4 p.m.

#### **CLUES ACROSS**

- 1. A team's best pitcher
- 4. Designer Jacobs 8. Hip joint
- 10. A dialect of English
- 11. Portrays
- 12. Panic 13. The head of a team
- 15. High priest
- 16. League of Legends locale
- 17. Protective folds 18. Treats allergies
- 21. Voodoo spirits
- 22. Single unit
- 23. Unit of measurement
- 24. Brew
- 25. Burundian franc
- 26. Self
- 27. Bengals great
- 34. Making letters overlap 35. Piece of pizza
- 37. Card game
- development
- 39. Oh, God!
- 41. Monetary unit of Samoa
- 43. Valentine's Day color

#### **CLUES DOWN**

- 1. Warm climate tree or shrub 2. Silky case spun by larvae
- 3. Still in existence
- 4. Light, two-stranded rope 5. Wear away
- 6. Beginnings
- 7. Essence
- 9. American Standard Code for Information Interchange 10. Path
- 12. Repeated tones
- 14. Expresses surprise 15. Monetary unit of Burma
- 19. Brighten 20. Fifth note of a major scale

17. When you hope to get there

- 23. Dark brown timbers of tropical
- trees 24. We all do it
- 25. Scrounges 26. Unit of energy
- 27. Begin to be
- 28. Midway between northeast
- and east 29. Distinctive practice
- 30. Succulent plants
- 31. Performer
- 32. Gas station term 33. Required
- 34. Soviet monetary unit 36. Eating house

#### M SOLUTION 9 Э OAA 0 0 T N O M A N 3 ٦ 8 B S A M O E C 0 1 S M A N COA OR 1 Э A 8 3 T ВО X 0 0 0

- 36. Illegal drug
- 38. The highest point in the
- 40. Wives (law)
- 42. Supplements with difficulty

UHS

book by Jay Thompson, Dean Fuller, and Marshall Barer.

continued from page A1

The cast of 40 students has been busy memorizing their lines and learning songs and dances while the crew of twenty-three students has been hard at work designing the set, Emerick said. They have designed props and costumes, including building a

castle on the stage. "If you thought you knew the story of The Princess and the Pea, you may be in for a walloping surprise! Did you know, for instance, that Princess Winifred actually swam the moat to reach Prince Dauntless the Drab?" a description of the play reads.

"Or that Lady Larkin's love for Sir Harry provided a rather compelling reason that she reach the bridal alter post haste? Or that, in fact, it wasn't the pea at all that caused the princess a sleepless night?"

Namaste!

According to Emerick, leading cast roles in the production include: Ashley Greene as Princess Winifred, Sara Cheschi as Queen Aggravain, Daniel Klos as King Sextimus, Drew Gauthier as Prince Dauntless, Nicholas Fernandes and Emiy Dullaghan as Sir Harry and Lady Larkin, Tyler Washington as the Minstrel, Joshua Engblom as the Wizard, and Xavier Hicks as the Jester.

Lead crew and production

roles include: Ava Turner as Choreographer, Katelyn Jones and Kevin Siefken as Back-Stage Managers, Meriam Abdelnour and Elena Franzosa as Production Assistants, Kelsey Prince as Prop Master, Payton Nestor as Costume Coordinator, Jeremy Bullock as Lighting Technician, Jenny Frick as Sound Producer, Sonila Murati as Hair/Makeup Coordinator, and Margaux Lewis as Set Coordinator.

The high school is located at 300 Quaker Highway. Tickets can be purchased from any cast or crew members, the high school main office, or by calling 508-278-8648, ext. 102.

**MEETINGHOUSE** continued from page A1

Uxbridge have really stepped up to help us with this project," commented Wheelock. "We are very close to meeting our goal  $\alpha$ and we hope to have sufficient funds in hand by early spring so that the project can be completed in time for our summer Open House Series.'

The Open Houses, held on Sunday afternoons in June through September, will feature some special events this year in honor of the meetinghouse's 250th anniversary. If you would like to participate in the Uxbridge Quaker Meetinghouse fund raising campaign, donations may be mailed to UQMHA, 11 Washington Court, Uxbridge, MA 01569.

#### **NORTHBRIDGE**

continued from page A1

its future expansion potential, ability for on-site training, apparatus storage, public and station parking, and more.

The town has never constructed a fire station, according to meeting documents. The current station was inherited from the former mills. The next steps of the feasibility study include a March Selectmen ballot vote and an April public forum on a date to be determined.

A Web site has been designed for information and updates regarding the project. Residents can access this website at northbridgefirestationproject.org.

## "Every Town Deserves a **Good Local Newspaper**"

## LEARNING

## Apple Tree Arts stages "Willy Wonka Kids" March 20 & 21



Courtesy Photo

Apple Tree Arts presents Roald Dahl's "Willy Wonka Kids" March 20 and 21, 7 p.m. at Grafton Middle School, 22 Providence Rd. in Grafton.

GRAFTON — Apple Tree Arts presents Roald Dahl's "Willy Wonka Kids" March 20 and 21, 7 p.m. at Grafton Middle School, 22 Providence Rd. in Grafton. Admission is \$10 for adults, \$8 for seniors and students and free for ages four and younger. To sweeten the evening, eight dancers from Team Dance it Up! will perform "Sugar Sugar" as an opening act. Tickets will be sold at the door.

Several local students are acting in the musical including Torynn Giunta of Douglas, Angelina Rodomick, Haley Paiva and Andriana Peloquin of Northbridge and Ela Arsenault and Sarah Stark of Uxbridge.

The world's largest candy manufacturer Willy Wonka wants to retire but first he must find a bright child as

his replacement. Mr. Wonka creates a contest to help him discover the best replacement. Golden tickets are hidden in five chocolate bars. The lucky children who find the golden tickets will win a tour of the magical chocolate factory and a lifetime supply of chocolate.

The musical tells the tale of the children's tours. The true character of each child is revealed as they tour the factory, break Mr. Wonka's factory rules and then suffer the consequences. Charlie Bucket, a poor likable boy admits he has broken the rules and shows he is the best candidate because of his honesty. Based on the book "Charlie and the Chocolate Factory" by Roald Dahl, this adaptation features the enchanting songs from the 1971 film starring Gene Wilder and many new captivating ones.

Theatre arts director Lisa Scarlett directed and produced the show, with music direction by theatre arts faculty member Susan Upham and choreography by creative dramatics manager Matt Mariner assisted by Madie Geoffroy. Ashley Berardi and Kelsey Sidman are serving as stage managers. Several parents and volunteers are assisting with various aspects of the production.

The cast includes: Ella Arsenault, Laila Blair, Samantha Boloz, Bennett Bredford, Alexis Carlson, Caroline Chaisson, Eva Ferreira, Caroline Fisher, Victoria Fisher, Torynn Giunta, Violet Goodchild, Ethan Griswold, Willow Henry, Kenzie Hwang, Shiven Kataria, Luke Keenan,

Madison Lavallee-Bartlett, Addison Lenz, Riley Maloney, Sophia Miller,

Sam Mussler, Katie Nadeau, Caitlyn Neal, Connor Neal, Madelyn Newton, Cooper Often, Hailey Pavia, Adrianna Peloquin, Kyra Popsuj, Natalie Poulliot, David Puopolo, Angelina Rodominick, Jenna Rowe, Andrew Smith, Sophia Solano, Lily Spezzano, Colin Spinney and Sarah Stark.

Apple Tree Arts is a nonprofit 501 (c) 3 organization that has grown to serve over 1,500 children and adults annually with early childhood music classes, group keyboard lessons, private music and voice instruction, ensembles and theatre arts programs. The school provides a wide range of performances, special community musical and theatre arts events year-round. For more information, visit www.appletreearts.org.

## BVT sets new \$2 million threshold for grants

Vocational Regional School District, with the assistance of its state legislative contingent, secured \$2,084,321 in reimbursements and grants during its recent FY20 budget cycle with more approved toward future years.

FY20 awards ranged from \$751,188 (55 percent) reimbursement funds from the Massachusetts School Building Authority for the District's self-funded roof repair project - to a \$375.000 Workforce Skills Capital Grant to create a series of engineering innovation labs to \$500 for an American Revolutionary re-enactment, subsidized by the New England School Development Council.

BVT continues to rack up victories like the Red Sox of 2018 with its highly competitive grant pursuits. The nationally recognized vocational technical system was the proud recipient of an \$830,106 multi-year Skills Capital Grant, recently awarded by the Baker-Polito Administration. The highly competitive Governor's Capital Skills Program will add multiple learning opportunities for students without impacting District town appropriations.

UPTON - The Blackstone Valley BVT will create two biotechnical laboratories that will respond to the anticipated growth of STEM-related occupations. The labs will feature stateof-the-art equipment designed to serve both academic and vocational instruction. The program will begin as a core science offering with concurrent certification, and college credit, in biomedical science. These courses will also enhance several vocational programs with additional lab space, including Health Services, Engineering, Dental, Post-Secondary Practical Nurse, Veterinary Assistant, and Advanced Manufacturing.

> "Our nationally recognized system has consistently pursued fiscal resources that complement local tax assessments," said Kurtis Johnson, Assistant Superintendent for Finance & Operations. "BVT has remarkably amassed more than seventy million dollars (\$70 million) during the last twenty-four years alone, in non-tax supported assets."

> A summarized report of the specific sources and their award levels is available upon request.

## Taft Early Learning Center announces Kindergarten registration

Center is accepting Kindergarten registrations. Please register your child for Kindergarten by Friday, April 17.

The minimum Kindergarten entrance age is five years as of Sept. 1 of the year the child enters school.

Register at Taft ELC, 16 Granite St., Uxbridge, before Friday, April 17 between 9 a.m. and 2 p.m. A registration packet can be downloaded from the school Web site, www.Uxbridgeschools. com, or picked up at Taft office between 9 a.m. and 2 p.m. Bring the completed registration packet with you, along with the following:

Proof of Uxbridge Residency:

Please bring a copy of your

UXBRIDGE—The Taft Early Learning recent utility bill, and purchase & sales

agreement or rental agreement. Your drivers license

Please bring your childs original birth certificate (we will make copy) Immunization records/recent physical (within one year)

In cases of divorce/separation, provide a copy of divorce decree with custody

agreement or any information regarding custody, (i.e. restraining order, etc.)

Please call with any questions. Upon completion of registration, your child will be scheduled for a screening which will take place during June 15, 16, or 17.

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Frank G. CHILINSKI President & PUBLISHER

**BRENDAN BERUBE** EDITOR

#### **EDITORIAL**

## In celebration of strong women

International Women's Day, observed this past Sunday, may seem like a new progressive holiday; however, it stems back to 1909, when the Socialist Party of America organized a day for Women on Feb. 28 in New York. One year later, the International Socialist Woman's Conference announced that a day for women be held each year.

Fast forward to 1917 in Russia, where, on March 8, women were given the right to vote. In 1975, the holiday was adopted by the United Nations.

The long and the short is that this day is a day to celebrate women past, present and future. With that said our staff chose to highlight the women that we feel have had a standout role in influencing how our world operates today. The list was endless; therefore, naturally hard to choose, so in order to prevent a 200 page editorial, we narrowed the list down to our favorites.

Social reformer Emmeline Pankhurst founded the Women's Social and Political Union in 1903 to campaign for the parliamentary vote for women in Edwardian Britain, 'Deeds, not words' being its motto. Pankhurst is described as a charismatic leader and powerful orator, Pankhurst rallied thousands of women to demand, rather than ask politely, for their democratic right in a mass movement that has been unparalleled in British history. The battle did not come without consequences, she endured 13 imprisonments, leading her name and cause becoming known throughout the globe.

At the age of 15, Claudette Colvin was arrested at the age of 15 in Montgomery, Ala., when she refused to give up her bus seat to a white woman. This event gave the famous Rosa Parks the courage to do the same. Colvin was one of five plaintiffs involved in the federal court case filed by civil rights attorney Fred Gray in 1956, in which they challenged bus segregation. The outcome, was that a judge ordered that the local laws in regards to bus segregation were unconstitutional. To find Colvin's name in a history book is rare. This in part because she was an unmarried teenager who apparently was with child. Colvin went on to become a nurse's aide.

In an interview in 2005, Colvin said, "I feel very, very proud of what I did. I do feel like what I did was a spark and it caught on.'

As for recognition, Colvin said, "I'm not disappointed. Let the people know Rosa Parks was the right person for the boycott. But also let them know that the attorneys took four other women to the Supreme Court to challenge the law that led to the end of segregation."

Colvin's family has been trying since 2016 to have her recognized and honored in the National Museum of African American History and Culture. Colvin was not invited officially to the opening of the museum in 2016.

Marie Curie is the next on our short list. Curie was a Polish and naturalized-French physicist and chemist who was the first to delve into radioactivity. Curie who was born in 1867, was the first woman to win a Nobel Prize, and the only person to win it two times. Collecting several firsts, Curie was the first woman to become a professor at the University of Paris. In a time when most women spent their days in the home taking care of their children and husbands, Curie had to smash several ceilings for her own advancement. Curie was known for her honesty and moderate lifestyle. All of her prize money, she donated to scientific research and refused to copyright the radium-isolation process so that her fellow scientists could continue research unhindered. In 2011, Poland and France declared the year would be 'The Year of Marie Curie.' She became the first woman to be entombed on her own merits in the Pantheon in Paris in 1995.

In 1933, Anna Eleanor Roosevelt turned the position of First Lady from benign symbol to an active and intellectually vigorous power center. Roosevelt served as the United States Delegate to the UN General Assembly from 1945 to 1952. Roosevelt was the topic of much controversy for her outspoken nature,

Turn To EDITORIAL page A7

Opinion and commentary from the Blackstone Valley and beyond

### Forever in our hears

My memories of Nana and Grampa

BY AMY MORIN LINWOOD, MASS.

For Mary Jane Roy (Dec. 31, 1931-July 2019) and Henry Roy (March 7, 1930-June 2007)

How I loved Nana and Grampa's visits! Whether it was Nana walking from Carter's Insurance to our house to have her lunch with us or the many times that Nana and Grampa came over together, I always took special delight whenever we heard Nana's familiar knock! As it was with so many of their visits, Grampa, who never liked to sit for too long, would eventually ask Nana "You about ready?" Nana would reply "Yes," but she would continue sitting and talking until Grampa's next attempt.

The year was 1988. I was about ten years old. After his day's work over at Nelmor, Grampa would come over to play Trouble with me while he waited to pick Nana up at 4:30 (Tuesday was Nana's late day at Carter's Insurance). While we played at the kitchen table, Grampa would watch with fascination as my mother prepared supper.

Grampa once told us that if our car ever broke down when we were away from home, just call and he would come get us. Whenever we were away, it was Nana and Grampa who came over daily to feed Kitty and take care of his litterbox.

Grampa loved to work with his hands. Whether it was working down cellar in their Taft Street house, completing our unfinished upstairs, or simply putting something together, you could always hear him happily whistling.

In September of 2006, he was found to have esophageal cancer. Since Nana did not drive, he made sure that she was well stocked with food. His final project was building a sturdy wood railing so Nana would be safe on their back outside stairs. He died less than one year later.

In the months that followed, we visited Nana whenever possible, sometimes staying with her for a few days at a time. It was on these special visits that Nana, who was always interested in what my mother and I were doing, would frequently ask, "What are you girls up to?

Although Nana could handle the worst situations with amazing strength and courage, she was afraid of thunderstorms. On one of our visits, she told us the story of how she woke Grampa up one night to tell him that there was a bad thunderstorm; Grampa's reply was, "What do you want me to do about

Eventually, following a bad fall, it became necessary for Nana to go in a nursing home since her mind was not functioning as it should. Even when Nana was in Beaumont, she always felt she had a job to do, and she never hesitated to make that known to the other residents. Sadly, her life ended about six months ago.

The dictionary defines grandparents as simply, "The parents of one's parents." I truly believe a more correct definition would be "The mother and father of one's parents, dearly cherished and loved by their children's offspring.'

FINANCIAL **FOCUS** 

**DENNIS** ANTONOPOULOS

What do your fellow citizens fear most? Almost half of them - 49 percent - are most afraid of running out of money during retirement, a higher percentage than the 44 percent whose chief concern is failing health, according to a recent survey by Aegon Center for Longevity and other groups.

Will your

money last as long as

What steps can you take to help ensure your money will last as long as you do?

Here are a few suggestions:

- · Estimate your longevity. None of us can say for sure how long we'll live. However, you can make some educated guesses based on your health and family history. And once you do have at least a ballpark figure, you can then determine about how much money you may need to last the rest of your lifetime. A word of caution: It's probably going to be more than you think. Health care costs alone can run into the hundreds of thousands, even with Medicare.
- · Determine when you'll retire. Your retirement age will have a big impact on how long your money can last. The longer you work, the more you can contribute to your retirement plans, such as your IRA and 401(k). Plus, if you have health insurance through work, you should be able to cover some of the out of pocket health care costs you'd normally have to pay if you're retired.
- Invest as much as you can in your retirement. During your working years, contribute as much as you can afford to your IRA and your 401(k) or similar employer-sponsored retirement plan. And every time you get a raise, try to increase the amount you put into your employer's plan.
- · Protect yourself from long-term care costs. If you're fortunate, you'll never need any type of long-term care, such as an extended stay in a nursing home or the services of a home health care provider. Still, there are no guarantees, and long-term care expenses can be big enough to threaten your retirement savings. The average cost for a private room in a nursing home is about \$100,000 per year, while a home health aide costs about \$50,000 per year, according to the insurance company Genworth. Medicare typically pays just a small portion of these amounts, so you may want to purchase a long-term care insurance policy that will pay for qualified longterm care costs. Or you might consider a "hybrid" policy, which combines long-term care protection with life insurance. So, if you never needed long-term care, your hybrid policy would pay a death benefit to your beneficiary, but if you did need the care, your policy would pay benefits toward those expenses.
- Choose an appropriate withdrawal rate. During your retirement, you'll need to withdraw money from your IRA, 401(k) and other retirement accounts. But you'll want to avoid taking out too much each year, especially during the early years of your retirement. It's important to establish an annual withdrawal rate that's appropriate for your needs, taking into account your age, sources of income, lifestyle and other factors.

The thought of running out of money during retirement is scary indeed – but by making smart choices, you can go a long way toward alleviating this fear and enjoying your life as a retiree.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

## Birthing dreams

**POSITIVELY** 

**SPEAKING** 

By Gary W.

MOORE

I'll never forget the day when my grandsons were born. While in many ways, it was a blur of a mixture of intoxicating joy and anxiety, there are several images that are forever ingrained in my memories. Birthing is a nine-month process, no doubt, but I

got to see the final inning. Both boys college baseball, and then Babe Ruth, brought on minor complications for their mother, so it was the team of doctors and nurses that made this miracle possible in the ninth inning.

There was a couple of doctors and several nurses on hand to birth a single child. All the focus of several adults was to make sure the babies were born and entered the world safely while keeping mother healthy. For some kids, that may be the most positive attention they will receive from a group of adults. Birthing is always a miracle.

This morning when I woke in my happy place – Sierra Madre, Calif. – my grandsons, Caleb and Noah were sleeping in the bedroom next to me. The joy I felt was indescribable. There is nothing that lifts the human spirit like being in the presence of people you love and who love you in return.

As I reflected on this gift of being under the same roof as Caleb and Noah. I was brought back to the days they were born and was overwhelmed with pure gratitude for what it took to bring them here on earth. As I said, birthing is always a miracle.

Yesterday, I witnessed a different kind of miraculous birthing - the birth of a dream in the imagination of a boy. It was opening day of Sierra Madre Little League's spring season. It began with a parade of the teams and ended with a ceremony at the baseball park. What I found to be incredible, is how this town of ten thousand people turned out to support these kids. The parade route was lined with residents and after their team passed, they fell into line and followed them to the ceremony.

There were over 50 volunteer coaches, hundreds of kids in baseball uniforms and I'm guessing a thousand or more residents in attendance. As I sat in the bleachers listening to the introduction of teams and coaches, I listened to the conversations around me and realized many of those in attendance did not have a child on the team, yet they turned out to support the youth of their community.

But what stood out to me the most was the wonder I saw in the eye of my

grandson, Caleb. Of course, I'd be bragging if I told you all about how Caleb not only had a three-run homer, and drove in another 6 runs with two singles, but something much more beautiful was unfolding – a dream. When we got home that night, Caleb

was asking questions about

and Ted Williams He had his eye - the glimmer of a dream being born. Caleb, no doubt, has dreams of being a great baseball player someday.

I've learned through years of experience that kids who are involved in group or team activities are better students and get into less trouble. And if their parents or guardians turn out to volunteer and support them, the positive impact of the activity is compounded. Whether its sports, music or any activity that teaches them discipline, focus and how to achieve a goal, these kids have a greater shot at growing into successful and happy adults, and even better, a better chance of birthing big dreams.

We've all heard the old African saying that says, "It takes a village to raise a child." I would also add, it takes a village to birth a dream in a child. Because of the dedication of coaches, and the community of Sierra Madre, kids like my grandson, Caleb, are dreaming big dreams. I don't know about you, but we need more of that in America. Sierra Madre, California is showing the rest of us how to not just dream dreams, but birth dreams. The actions of this village are not just raising children but planting dreams and creating young people who develop habits of achievement that will follow them into adulthood. Like the moment of birth, this community is planting dreams that will be born later in the form of successful and productive

What happened on a Saturday morning in Sierra Madre wasn't about baseball, it was a community midwifing dreams in the minds of children. The community helped their children know that they mattered. It wasn't a day about sports but about love and miracles.

Gary W. Moore is a freelance columnist, speaker and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

#### **EDITORIAL**

continued from page A8

especially in regards to civil rights for African-Americans. She was the first. First Lady to hold regular press conferences, host a weekly radio show and to speak at a national party convention. She was so bold to even disagree with her husband on certain policies. After her husband's death, Roosevelt spent her remaining years in active politics. She was the first chair of the

UN Commission on Human Rights and chaired John F. Kennedy's administration's Presidential Commission on the Status of Women. Roosevelt was nicknamed the 'First Lady of the World.'

Last but not least is the little known Agent 355, who was instrumental to the Patriot cause during the Revolutionary War. Agent 355 was a part George Washington's Culper Spy Ring. With the fear of a trip to the gallows in the back of her mind every day, Agent 355 managed to continue to help get crucial

information to the General. Unlike the women we mentioned before. Agent 355 used her role as a quiet unassuming woman to make monumental gains that led to our freedom today. The identify of '355' is not yet known, however she is referred to as 'lady' 355 in Washington's code book. The only direct reference to '355' was from ring leader Abraham Woodhull (known as Samuel Culper Sr.) to Washington in which Woodhull described her as 'one who hath been ever serviceable to this correspondence." We hope that one day her true identity will be discovered.

While we pay homage to strong women who have done incredible things, this does not negate the influential women we come into contact with in our everyday lives. As women we don't have to smash ceilings or gain notoriety to make a difference. We can be positive, powerful and influential in our everyday lives which in turn creates a domino effect that can last years after we're gone.









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## Spring arrives early



THE GREAT OUTDOORS **RALPH** TRUE

Spring came early this this year, and it was none too soon. This past week, the peepers (tree frogs) were already chirping in my back yard at the small pond on my property. My first Robbin was also spotted last week. Some daffodils are already well ahead of last year, and should blossom in a couple of weeks in my back yard. Wild turkeys are already strutting there stuff and when the wild turkey season starts in Massachusetts on April 27 this year, there should be little problems calling in your bird.

The youth hunt for wild turkeys starts April 25, and it is a great opportunity for parents to take the youngsters out for a day in the field hunting for this great game bird. During the youth hunt, a full day of hunting is allowed starting at a half hour before sunrise until 5 p.m., unlike the regular season, where hunting hours are a half

hour before sunrise until noon. The Massachusetts Fish & Wildlife personnel have started their spring stocking of trout in numerous lakes and ponds in the Central District. Cape ponds have received numerous stocking of trout providing anglers with some great early fishing. For a complete list of ponds and streams that have been stocked go to the Mass Fish & Wildlife Web site. A reminder that Wallum lake is closed to all fishing until April

This past week, I received a letter and picture from Francis Darling of Uxbridge. Francis was going through some of his dads papers and came across an old picture that had been printed in the Woonsockett Call in the late '40's. After World War 11 his dad helped build the road leading into the Uxbridge Rod & Gun Club. His dad also donated a replica of a Parker double barrel shotgun that was made of wood, which had been hanging in his barn.

His dad's relatives had a store in Woonsockett, R.I. called "E. R. Darling Guns and Cutlery," which was closed in 1925. The gun still hangs over the fireplace at the Uxbridge Rod & Gun Club. The gun once hung over the club road, but was later hung over the fireplace. The gun was also stolen from the club many years ago, but was found and returned to the club. This week's picture shows, from left to right: Robert Rabidor, vice president, William Albin. The gun was presented to the club by Benjamin Green, president of the Beagle Club, and Henry Gardiner was vice president back in the day.

The gun was presented as a symbol of "good will and fellowship " between the two organizations. It is always great to have this kind of history brought back to light, providing the current generations with some knowledge of the work and vision the sportsmen had back in the day. I would like to thank Francis Darling for sharing this important piece of history of the Uxbridge Rod & Gun Club. Anyone that his this type of history, that would like to share with our readers, would be greatly appreciated. Send it to Ralph True, Sr., 367 Mendon Rd., Uxbridge, MA 01569, or to my e-mail at oldsalt\_65@msn.com!

This is the time of year that sportsmen need to think about purchasing a four legged hunting companion for the 2020 bird hunting season if they do not already have one. Purchasing a new pup for the family, and for hunting birds will have him or her ready for the field by the time October rolls around. I have always been partial to a female dog. They just seem to mind a lot better, and are easier to train. Purchasing a pedigree dog from a well known breeder is extremely important. Ask to EN GUN ... part of which appears above, was recently see both parents and make sure they have good papers.

Labrador Retriever pups are my favorite, but Brittany and German Shorthair pointers are also a popular dog among bird hunters. Make sure you



have the time and finances to properly take care of your new pup. Veterinarian bills can be costly & having the time to train and exercise the dog can become demanding. If you

decide to purchase a dog ,it can be a very rewarding addition for you and your family.

Take A Kid Fishing & Keep Them Rods Bending!

## Create your own low maintenance relaxation garden



As its name implies, Evening Scentsation with its aroma especially in the evening hours.

Create an outdoor space to relax and recharge. Transform a corner of your landscape, deck or balcony into your own escape from everyday deadlines

Use decorative fencing, sheer curtains or plantings to define the space and create a bit of privacy. An outdoor carpet, steppers or groundcover can also help define the space and create added comfort.

Provide a bit of protection from the blazing hot sun with a shade tree, pergola, umbrella or retractable awning.

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Deciduous trees and vines add shade during hot summer months, but let the warm sunlight shine through during the cooler months of the year.

Reduce maintenance by growing plants suited to your climate and growing conditions. Use fewer varieties and more of each to provide unity while reducing maintenance. Include permanent plantings of low maintenance trees, shrubs and perennials. Further reduce maintenance by selecting All-America Selections (AAS) winning plants (all-americaselections.org) that have been trialed across the US and Canada and selected for their performance in home gardens and containers.

Select varieties known for being low maintenance. Interspecific Supra Pink and Jolt dianthus are both such plants. Their showy flowers brighten the garden all summer long despite the heat and with no deadheading.

Add some therapeutic fragrance to your space by growing a pot or patch of Lavender lady, an English lavender. Brush your hand over the foliage and flowers to enjoy its relaxing fragrance. This compact variety flowers just 90 days from sowing and is hardy in zones

Perfume the air with blue Evening Scentsation petunia. Perfect for containers and hanging baskets, its fragrance peaks during the evening hours. Set a container of compact Deep Purple nicotiana near your chair or entryway for a fragrant greeting in the evening.

Get a boost of color and health benefits by inviting birds and butterflies into your sanctuary. Being in nature lowers your blood pressure and improves vour mood and adding bird

watching to the mix increases these

Plant Tip Top Rose nasturtium to bring in the hummingbirds and butterflies. This compact plant boasts showy rose-colored flowers that bloom all season long. Pluck a few of the edible leaves and flowers to enjoy in your

Summer Jewel Salvias include red, white, lavender and pink flowered wind and rain tolerant beauties. You'll enjoy the butterflies and hummingbirds visiting the flowers and goldfinches feasting on the seeds.

Extend your enjoyment into the evening with some night lighting. Drape a string of lights over a pergola, arbor or tree. Lead the way to your retreat with some solar powered path lighting. Within the space, light a few candles or lanterns for more intimate lighting.

Brighten the night garden with a few flowers that shine during the darker hours. Gypsy White baby's breath is

GARDEN MOMENTS MELINDA **MYERS** 

a non-invasive species and has better branching and heat tolerance, making it an attractive low maintenance option.

Mega Bloom Polka Dot vinca's bright white flow-

ers are a standout in the garden. Its pure white petals with bright pink center provide a nighttime glow as well as daytime interest.

Be sure to include a comfortable chair, hammock or glider to relax into the space. Add the soothing sound of water to help mask any unwanted noise.

Then grab a good book, your favorite beverage and escape to your own backyard retreat. You'll leave the space refreshed and ready to embrace and enjoy whatever comes next.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" gardening DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by AAS for her expertise to write this article. Myers' Web site is www.melindamyers.com.

### Flea market season has started



COLLECTIBLES & ESTATES

ANTIQUES,

WAYNE TUISKULA

this column are more likely interested in flea markets with antiques and collectibles than t-shirts and food products. Check Web sites before you go, and you should be able to get a pretty good idea of what you will find. Also be sure to check to see the dates when outdoor flea markets open. Some good local flea markets have perma-

nently closed, but others have

opened in the area to take their

place. You may want to call or

W e 'v e email the flea market you plan to attend to get details before traveling there.

Some long running flea markets are right in our backyard. Most of you should be familiar with the Grafton Flea Market, Charlton Flea Market, and

Douglas Flea Market. The Rietta Flea Market in Hubbardston is one of the largest in the area. They are open on Sundays beginning sometime in April. Their website says "for as long as most of us can remember, Rietta Flea Market has been one of the largest and most popular flea markets in the Northeastern U.S.

Another nearby flea market is in Sturbridge. Sturbridge Flea Market's website describes it as "3 Levels & 150-plus Dealers 1000's of unique items at fair prices!" Traveling a little further west on Route 20, you will reach the Yankee Flea Market. Their website description is " ... home to over 165 vendors in our 15,000 square foot indoor market. We have everything from new to old, vintage to antique." Even further west you will find the Flea Market at Eastfield Mall in Springfield. Their description is "upscale resale, craft, art and antique vendors in a unique climate-controlled market space."

Another one where I have made good finds is the Olde Hadley Flea Market. The fields are typically full of vendors on days with nice weather. Kev's Barnyard of Granby is a newer flea market. They describe the market as a "wide array of merchandise from antiques to pre-owned items and furniture. Our co-op sits inside a historical 19th century post and beam, New England barn."

Traveling north, the Hollis Flea Market is a good option. It claims to be the longest and oldest running flea market in New Hampshire. Todd's Farm in Rowley invites you to "Be Up Before the Cows!" They tout over 240 vendors from

New England and New York. In Connecticut, websites for the Eastern Connecticut Flea Market in Danielson and Elephant Trunk in New Milford note that they are open regularly. There will also be a special one-day flea market on Saturday, May 16 at 9 a.m., sponsored by the Salmon Brook Historical Society in Granby. In the next state over, there is a regularly running flea market at the General Stanton Inn in Charlestown, R.I.

Other flea markets are a short drive away. The Somerville, MA Flea Market claims that "the majority of our vendors deal in vintage and antique wares that have been reclaimed restored and repurposed." If you vacation at the Cape, the flea market at the Wellfleet Drive-in typically has vendors selling antiques.

Lastly, an article on flea markets wouldn't be complete without including the Brimfield Antique Flea Market. The 2020 dates are May 12-17, July 14-19, Sept. 8-13. I hope to see you on the fields!

I'll be presenting on antiques for The Sturbridge Rotary Club on March 18. I'll be appraising items for the Douglas, MA



Historical Society on May 3. Other events are being scheduled. Please see www.centralmassauctions.com for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www. centralmassauctions.com (508-612- 6111) info@centralmassauctions.com



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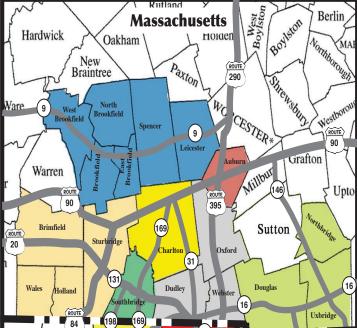
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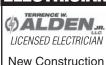


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<sup>10</sup> • Friday, March 13, 2020

## **SPORTS**

## Beavers can't weather Hurricane Jordan as Maynard storms its way to title



Blackstone Valley Tech head coach Britt Kahler, co-captain Mackenzie Vollmer, superintendent Dr. Michael F. Fitzpatrick, co-captain Victoria Russian and co-captain Gabby Muscatell pose with the runner-up trophy from the Central Mass. Division 4 Tournament championship game. The Beavers lost to Maynard High 52-39.



Blackstone Valley Tech's Emma Ballard and Maynard's Claire Candela both race after the ball. Ballard was fouled by Candela on the play.

BY KEN POWERS SPORTS CORRESPONDENT

WORCESTER — With four minutes remaining in the first half of its Central Mass. Division 4 Tournament final with Maynard High, everything seemed to be going according to plan for the Blackstone Valley Tech (BVT) girls' varsity basketball team. The Beavers had overcome a slow start, hit four 3-pointers and led by nine points.

That's when Hurricane Jordan descended upon WPI's Harrington Auditorium.

Jordan Tucker, Maynard's 5-foot-8 senior guard, took over the game at that point. She scored all 13 of the Tigers' second-quarter points, finished with a game-high 25 and led Maynard past BVT, 52-39, on Saturday, March 7.

Blackstone Valley Tech, the No. 3 seed in the tournament, finished its season 20-6. With the win top-seeded Maynard (19-4) advanced to the semifinal round of the state tournament where it played Monson High, the Western Mass. champion, after press time.

"We knew she'd be a problem," Valley Tech head coach Britt Kahler said of Tucker after the game.

Tucker didn't score in the second quarter until she hit a 3-pointer from the top of the arc with 4:40 to play to pull the Tigers to within six, 18-12.

While BVT could muster just two pairs of free throws the rest of the period, Tucker



Blackstone Valley Tech's Emma Ballard generates just enough space from Maynard's Hayle Thompson to be able to take and make a midrange jump shot.

scored four more baskets a left-side jumper, two layups and another 3-pointer, this one from the left elbow extended — and added a free throw. Tucker's second trey of the quarter tied the game at 22-22 with 1:14 remaining in the half, which was where the score stood at halftime.

When the teams left the court at the break, even though the game was tied, Maynard left looking like a team that was in the lead while BVT left looking like a team wondering what had just happened.

"I don't think we did a great job of defending [Tucker] in the first half," Kahler said. "She caught the ball a lot in the middle, which is something she should never have been allowed to do."

Maynard, seemingly, took control of the game early in the third quarter, scoring the first five points to go ahead 27-22. BVT didn't score until 2:23 remained in the period, sophomore Riley Webster hitting a pair of free throws to cut the Beavers' deficit to three, 27-24.

Maynard led 31-26 with 90 seconds left in the period, but Valley Tech senior Victoria Russian (six points) scored on a slashing drive through the paint with 28 seconds to play in the quarter to cut the Tigers' lead to 31-28 as played headed to the fourth quarter.

The Beavers pulled to within a point of tying the game, 31-30, with 6:39 remaining on a runner in the lane by sophomore Emma Ballard (a team-high 12 points). It's the closest BVT would come to regaining the lead, however.

Maynard scored on its next three possessions, getting five points from 6-foot-2 sophomore center Hayle Thompson and two from Tucker, while BVT had a pair of turnovers and a missed shot on its next three



Madison Deppe of Blackstone Valley Tech dishes a pass to the outside to get the ball out of harm's way.



Blackstone Valley Tech's Victoria Russian drives around Maynard's Jordan Tucker after securing a rebound.

dust settled the Tigers led by eight, 38-30, with five minutes to play. The Beavers never seriously threatened Maynard from that point on.

After the game Ballard. Russian and Kahler reflected fondly on the season that had just come to an end.

"I'm really proud of this team," Ballard said. "We started off slow but then we really clicked, and we came together. The energy we had on the court is just unforgettable. This is a great group of girls and I'm just

so proud of how far we went." Russian, who finished her career playing in two Division 4 finals (both losses to Maynard), smiled when asked about being a part of the BVT program.

'I've had so many great

trips down the court. When the moments over the last four years, especially this year. We really worked together and worked so hard at practices," Russian said. "This is just a great team to be a part of.

Kahler said this year's edition of the BVT girls' basketball team was one of a kind.

"This is a special team, for sure. It took us about a month to get going and to bond. Once we found our groove, this group is fun. They love being together, they love the game," Kahler said. "We won the State Vocational Tournament and we won the league, but in all of that the best thing about the season is the memories we made together. This was one of the most enjoyable seasons I've ever had."



Amid a double team, Riley Webster of Blackstone Valley Tech puts up her shot and draws a foul.

BLACKSTONE VALLEY TRIBUNE Friday, March 13, 2020° 11

## **SPORTS**

#### How They Got There

## Blackstone Valley Tech's defense clutch in fourth quarter to gain victory from Hopedale



Blackstone Valley Tech's Brianna Carroll finds the time and space to be able to shoot a 3-pointer from the corner.



Blackstone Valley Tech's Mackenzie Vollmer searches for a teammate to pass the ball to.



Emma Ballard of Blackstone Valley Tech lifts off for a layup.

BY NICK ETHIER

WORCESTER — If the Blackstone Valley Tech girls' varsity basketball team was to beat Hopedale High in a Central Mass. Division 4 Tournament semifinal at WPI's Harrington Auditorium on Wednesday, March 4, the Beavers had to slow down Bri Frongillo, the Blue Raiders' sharpshooting sophomore. Frongillo, already a member of the 1,000-point scoring club, had accumulated 27 points through the first three quarters as No. 2 Hopedale led the third-seeded Beavers 38-36.

And Valley Tech did just that, limiting Frongillo to three points on a single 3-pointer in the final frame. And the Beavers ultimately won fourth quarter scoring 16-5 to rally and win 52-43.

"In the fourth quarter we really stepped up our defense," said Valley Tech head coach Britt Kahler, as the Beavers double-teamed Frongillo at times and forced her further away from the 3-point line. "We [also] did a much better job of boxing out. She was getting offensive rebounds that we didn't want her to get."

Valley Tech (20-5) then played No. 1 Maynard High (18-4) for the sectional championship, a rematch from 2018, which the Tigers won.

"We're really excited. They have a great program," Kahler said of Maynard.

After three quarters of back-and-forth play, with the lead changing hands on multiple occasions — the Beavers led after the first quarter 14-13 and Hopedale jumped ahead 25-24 at halftime before leading 38-36 through three — Valley Tech relied on senior Victoria Russian to help propel the team to victory. She finished with 19 points, including five in the fourth quarter. Normally a forward, Russian was tasked with playing the guard position late in the game.

"I put her as a guard the last few minutes and she played really great defense. She has a great drive doesn't want to lose," explained Kahler. "She's very reliable. If she is a guard, we isolate her in the post."





Kasey Reeves of Blackstone Valley Tech powers through a pair of Hopedale defenders on her way to the basket.



Blackstone Valley Tech's Madison Deppe battles for position with a Hopedale defender.

Sophomore Emma Ballard was also a valuable asset for the Beavers. She scored 13 points, with five in the fourth, added five assists, and was also responsible for guarding Frongillo.

"She didn't come out the whole game," said Kahler. "She's at the top of our 3-2 [zone defense], she was our point guard and she was guarding Bri, so she was really huge for us."

And the play of freshman Kasey Reeves was crucial for the Beavers, as she was a rebounding force and netted all six of her points in the final frame.

"She had six offensive rebounds, and I think all were in the fourth quarter," Kahler said of Reeves. "She had two offensive rebounds off free throws. She scored off one and she got fouled on the

other.' Kahler noted that junior Madison Deppe also corralled an important

offensive board in the fourth quarter. The Beavers may have found a slight bit of confidence versus Hopedale since they already beat the Blue Raiders 43-34 back on Dec. 16. But Kahler is of the mindset that her squad is playing such good basketball that they're confident against anvone.

'The last eight games something has clicked," she said. "We [the coaching staff] were all nervous and we looked at the girls: they were ready. They're just confident. They're just ready to play whoever we're ready to play.

And, with the Maynard matchup on the horizon, Valley Tech has the chance to add another terrific accomplishment to their already stellar four-year run.

"It's our second State Voke championship. We went to the semifinals last year and now we're going to the finals twice," Kahler said of the team's 76-22 record over the last four seasons.

## **SPORTS**

## Blackstone Valley Tech can't keep pace with up-tempo Blue Raiders



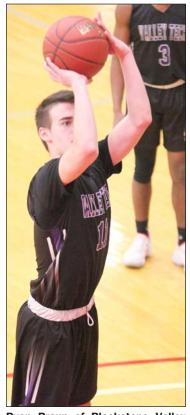
Nick Ethier photos

Blackstone Valley Tech head Brew Cupid, superintendent Dr. Michael F. Fitzpatrick, and co-captains Ryan Braun, Andrew Galicki and Shea Finnegan are the Central Mass. Division 4 Tournament finalists after falling to Hopedale High 86-47 in the championship contest.

BY KEN POWERS SPORTS CORRESPONDENT

WORCESTER — It may have taken all season, but the Blackstone Valley Tech (BVT) boys' varsity basketball team finally found an opponent that likes to run the court and play an up-tempo style of basketball as much — if not more — than it does. Unfortunately, the meeting of these similar teams came in the Central Mass. Division 4 Tournament final, where the Beavers faced Hopedale High.

The Blue Raiders attacked the basket the first time they had the ball, the last time they had the ball and on seemingly every possession in between.



Ryan Braun of Blackstone Valley Tech eyes the basket while attempting a second-quarter free throw.

Hopedale's net result was 36 made field goals, eight from beyond the 3-point arc, four players scoring in double figures, and an 86-47 victory at WPI's Harrington Auditorium.

With the win second-seeded Hopedale (19-5) advanced to the semifinal round of the state tournament, where it played 16-7 Drury, the Western Mass. champion, after press time.

Valley Tech, the tournament's No. 5 seed, finished its season 15-9.

"Hopedale played a really strong game. They're well coached, they're strategic and they want to win," said BVT head coach Brew Cupid, now in his second year with the Beavers. "We came out with a plan, but we did not execute that plan the way we expected. That's the game of basketball.

"The game is a game of momentum. In the first half we couldn't find the momentum. When Hopedale has the momentum, along with everything else, it's hard for us to compete," Cupid continued. "We came out in the second half with a [different] strategy and it looked good for a few minutes, but we just didn't deliver."

deliver."
The Blue Raiders were in control of the game from the outset. Hopedale jumped ahead 6-0 two minutes in and led 17-7 at the end of the first quarter. The Blue Raiders extended that lead to 43-27 at halftime and 68-35 after three periods.

Senior Dan Liberatore led Hopedale, scoring a game-high 26 points, 18 off those points coming on 3-pointers. Sam Morelli, Liberatore's classmate, added 17 points, while sophomore Alex Luccini chipped in 14.

Hopedale's fast-breaking style of play led to a lot of easy baskets. The Blue Raiders finished the game with 26 twopoint field goals, 21 coming from within four feet of the basket.

Valley Tech was led by junior Shea Finnegan and sophomore Ryan Flauto, who both scored 12 points. Another sophomore, Josh Mateo, added 10 points. Both Finnegan and Mateo hit a pair of 3-pointers.

"I'm proud of the team and the overall season. This is a young team and it's important to know that basketball is about getting to the ultimate game. We got there," Cupid said. "Winning teams are about not being satisfied to be there but figuring out how to get there again. So, while I am proud of this team, we have a lot of work to do to be back here in a year."

Cupid said he didn't believe the lopsided loss was simply a matter of his team just being happy to have advanced to the first tournament final in boys' basketball in school history.

"I don't think that we were [happy] to just be here. I was concerned, however, that our success might come to an end earlier than I expected it to. I expect to put the team in a position to win every game," Cupid said. "I think we had a legitimate plan, but again, Hopedale is a well-coached team and they played their game. We didn't play our game today."

play our game today."
Cupid beamed with pride when asked to quickly reflect on the just-completed season.

"This is our 24th game of the season. We started off 0-3 and it wasn't a happy holiday," Cupid said. "But, since then, we've won 15 of 21 games. To say that I am proud of this team is an understatement. I am excited for this team. I am excited and proud to be their coach. We'll see this facility next year."



Andrew Galicki of Blackstone Valley Tech moves the ball down the court while in transition.



Blackstone Valley Tech's Shea Finnegan keeps the ball away from Hopedale defender Sam Morelli while driving toward the basket.



Josh Mateo of Blackstone Valley Tech turns the corner and drives into the lane versus Hopedale.



Blackstone Valley Tech's John Furno makes a turnaround jumper between Hopedale defenders Chris Casey and Alex Waswill.



A pair of Blackstone Valley Tech players hug it out following the Beavers' sectional championship game loss to Hopedale.

## **SPORTS**

#### **HOW THEY GOT THERE**

## Finnegan pours in 31 points to help lead Beavers by University Park



Blackstone Valley Tech's Shea Finnegan leaps into the air to pass the ball down low to Tommy Puda.



Josh Mateo of Blackstone Valley Tech passes the ball inside while swarmed by defenders.

#### BY KEN POWERS SPORTS CORRESPONDENT

WORCESTER — Shea Finnegan pumped in a game-high 31 points and Josh Mateo added 18 more as the Blackstone Valley Tech (BVT) boys' varsity basketball team shook off some early nervousness and roared past University Park (Main South) in a Central Mass. Division 4 Tournament Semifinal 83-54 at Clark University's Kneller Athletic Center on Monday, March?

With the win the fifth-seeded Beavers (15-8) advanced to what is believed to be their first-ever District basketball final, where they played 18-5 Hopedale High, the No. 2 seed, at WPI's Harrington Auditorium on Saturday, March 7.

"This is history for the Blackstone Valley Tech community and for the BVT boys' basketball program," first-year full-time head coach Brew Cupid said after the game. "We're here to stay and we're just getting started."

The bright lights of the big stage seemed to affect BVT in the early going. After seven minutes of play the Beavers led 10-9 but had committed five turnovers and missed a few very makeable shots.

At that point the 6-foot-1 Finnegan, who scored four points early in the first quarter on a pair of aggressive drives to the basket, began his assault of the Cougars in earnest, again driving to the hoop for a layup with 48 seconds left in the period to give BVT a 12-9 lead. On the Beavers' next possession Finnegan hit a 3-pointer from the left elbow extended, pushing his team's lead to 15-9 with 19 seconds left in the quarter. Finnegan finished the period have scored nine of BVT's 15 points.

"Blackstone Valley Tech has never been in one of these situations before. This is the furthest we've been in a very, very long time, if at all," Finnegan, a junior, said. "So yeah, the team was nervous. I was nervous, too, I just didn't show it. I just played through it. We were all nervous, but we just pushed through it and got the win."

Finnegan took his play to another level in the second quarter, scoring 16 points on four layups, two 3-pointers and a short, in-the-lane turn-around jumper, and BVT led 38-22 at halftime. Finnegan finished the first half with 25 points, or three more than the entire University Park team had in the first 16 minutes.



Jason Mckay photos

Blackstone Valley Tech's Josh Mateo drives the lane through Main South's defense for a layup.



Shea Finnegan of Blackstone Valley Tech is surrounded by two Main South defenders but keeps the ball away from them to retain possession.

"I just wanted to take the ball to the rack to show off my speed and when they backed off, hit the jump shot," Finnegan said of his offensive mindset entering the game. "It all started with that first bucket. When I got to the basket and scored that layup, I looked at my teammates and said, 'let's go.""

Finnegan's performance against University Park was his second straight strong outing of the postseason. After only scoring eight first-half points against Notre Dame Prep of Fitchburg, which led by a point at intermission, Finnegan scored 28 in the second half and hit seven 3-pointers to lead BVT to a 73-45 quarterfinal round win.

"Shea is our playmaker, but he is committed to being a complete player," Cupid said. "When you're a complete player, things happen positively for the team and for you as an independent player. He's special, he wants to improve, but he wants to win more."

Finnegan added a pair of 3-pointers in the third quarter, but by then the game had become Mateo's show, the sophomore scoring 12 points in the period, after which the Beavers were ahead

"At halftime we prepared for me to get doubled or trapped every time I had the ball. I didn't bring up the ball in the second half because of that," Finnegan said. "We knew they were going to collapse on me and expect me to try to get out of trouble with a dribble drive. So, we had Josh Mateo bring up the ball and had me come off the down screen."

Mateo had second-half help from junior Tommy Puda, who finished with 11 points, which was fine with

Finnegan.

"Josh is the most athletic kid I know.
He's insane," Finnegan said. "It doesn't
matter if he's on a football field or a



Tommy Puda of Blackstone Valley Tech shoots a jumper in front of defender Izzy Santiago.

basketball court. His mindset is to go all out all the time. He does not stop."

Cupid thought Finnegan's first half led to more opportunities in the second half for the rest of the Beavers.

"What we teach on our offense is that we believe in having a diverse portfolio. We want to make free throws, we want to make the long-range shots and the short-range shots," Cupid said. "When we are doing that consecutively with consecutive defensive stops in between, you're going to see the points add up. But, more importantly, the points are adding up in the right way."

BLACKSTONE VALLEY TRIBLINE Friday, March 13, 2020

## **SPORTS**

## Woolies again a nemesis to Northbridge, this time in sectional semifinal



Mathew S. Plamondon photos

Northbridge players exchange hugs for a final time after the Rams lost to Millbury in a Central Mass. Division 3 Tournament



Hannah Lomonaco of Northbridge dishes a pass inside and through the Millbury defense.



Northbridge's Jill Labrie finds an opening in Millbury's defense on her pursuit to the hoop.



Northbridge's Avery Senosk finds teammate Abby Fraser for a pass down low in the paint.

WORCESTER — The clock struck midnight on the Northbridge High girls' varsity basketball team's dream of winning the Central Mass. Division 3 Tournament championship Wednesday, March 4 at Clark University's Kneller Athletic Center, the Rams losing a hardfought semifinal to an old nemesis, Millbury High,

Northbridge finished the year 16-6. Millbury, the No. 1 seed, improved to 20-2 with the win over the Rams and advanced to the Division 3 final, where it played seventh-seeded Millis High on Saturday,



Hannah Lomonaco of Northbridge draws a foul and then hoists up a shot.

March 7 at Worcester State University. There, the Woolies won the sectional championship over the Mohawks 37-26.

'We gave them a battle; we knew we would," Northbridge head coach Matt Gauthier said. "It was the second time around. It's always nice to see a team a second time."

The Woolies also defeated Northbridge earlier this season, 43-28, back on Thursday, Feb. 6.

The Central Mass. semifinal was a defensive showcase. Both teams pressed throughout the game, swarmed to the ball and altered many passes. Northbridge forced Millbury's usually sure-handed guards into eight turnovers, while the Woolies' ball-hawking defense coerced the Rams into 14 turnovers.

"[Millbury head coach Steve Reno] said to me after the game that he hates playing against us because we play such good defense. I told him, 'yours was a little better tonight; you held us to 28 points," Gauthier said. "We're two teams that know each other well and two coaches who respect each other so much we just knew it was going to be this type of game."

Millbury controlled the game, from a scoreboard standpoint, for the first 23 minutes. The Woolies, who were led by freshman Alanna Phillipo (11 points) and senior Shannon Reno (eight points), led 6-0 midway through the first quarter

and 10-6 at the end of it. Millbury then scored the first 10 points of the second quarter to take a 20-6 lead with 3:15 to play before halftime. Northbridge went on an 11-4 run at that point to cut the Millbury lead to 24-17 with 10 seconds to play in the half. Phillipo scored at the buzzer, a layup off a pass from Reno, to put the Woolies up 26-17 at the break.

Northbridge stayed within striking distance of the lead throughout the game because of its ability to hit 3-pointers. The Rams finished the game with eight made field goals, seven of which were from behind the 3-point arc.

Sophomores Quimby and Abby Fraser each hit a pair of 3-pointers and both finished with six points. Junior Hannah Lomonaco finished with six points as well and canned one 3-pointer. Classmate Jill Labrie scored five points, three coming on a trey. Freshman Ryleigh Johnson's only points in the game came on a second-quarter 3-pointer.

"Millbury did a good job of putting pressure on our 3-point shots; we didn't hit many," said Gauthier, who may reassess that statement when he watches video of the game and sees that his team hit seven. "We had that little stretch before the end of the first half where we hit some 3s. They kept us out of the paint, so we weren't getting to the free throw line. If we're not hitting 3s, too, we're not going to catch them.'

Northbridge hit two 3-pointers in the first quarter (Quimby and Fraser), three in the second (Johnson, Quimby and Labrie), and two in the third (Lomonaco and Fraser).

The Rams made their comeback bid in the third period. Lomonaco cut the Millbury lead to 26-20 with a 3-pointer from the left elbow extended with 5:51 left in the quarter.

After Phillipo pushed the lead back to nine, 29-20, with a three-point play with 5:30 remaining, Northbridge scored the final five points of the period on two free throws by senior Maddie Boermeester and a long, left-side 3-pointer by Fraser at the buzzer, to pull within four points of the lead, 29-25, as play headed to the final peri-

After a Millbury miss to start the quarter, the Rams had a chance to cut its deficit to one, but Northbridge was called for a 30-second shot clock violation on the ensuing possession, turned the ball over the next time they had it and then, coming out of a timeout called by Gauthier, missed a shot and then committed a foul.

The Rams didn't score in the fourth quarter until Labrie hit a pair of free throws with 1:16 remaining in the game, which cut the Millbury lead at that point to 35-27.

After the Gauthier beamed with pride when asked about his team.

"Normally after the last game of the year I talk about next year, but tonight I decided I wasn't going to do that because this team had such an amazing season," Gauthier said. "Our seven JV players had an undefeated season and the varsity team, with seven full-time players — six for most of the year — ended up 16-6 and in the District semifinals, where they gave Millbury all they could handle. I can't be more proud of a team than I am of this team."

BY KEN POWERS

Fourth-seeded

BLACKSTONE VALLEY TRIBUNE Friday, March 13, 2020 • 15

## **SPORTS**

## Sutton tops Crusaders in rubber match at Central Mass. Division 3 Tournament Semifinal



Nick Ethier photos

Whitinsville Christian's Nicolas DeNorscia drives the ball on Sutton defender Bryson Grenon.

**BY NICK ETHIER** SPORTS STAFF WRITER

WORCESTER — With the Whitinsville Christian and Sutton High boys' varsity basketball teams going back and forth, trading basket for basket to start the fourth quarter in a Central Mass. Division 3 Tournament Semifinal at WPI's Harrington Auditorium on Monday, March 2, the winner's berth into the final was still in doubt.

After seven lead changes and two ties to open the frame, the Crusaders' Justin Vander Baan got inside for a basket to even the score at 54-54 around the period's midpoint, making a third tie in the quarter. But, from there, the top-ranked Sammies embarked on a 9-0 run to gain a 63-54 edge, which was enough to hold on against the fourth-seeded Crusaders

Sutton improved to 22-2 and took on No. 2 Bartlett High (20-3) for the sectional championship. The Sammies won that game 71-46 and have now taken 18 in a row. They were set to take on Western Mass, representative Sabis International Charter (15-8) in a state semifinal after press time.

"The big thing prior to the game was limiting their 8-0, 10-0 run, which we did for the majority of the game. There was a stretch where there was turnover, transition, turnover, transition and that's where they're very dangerous and that's what got us," explained Whitinsville Christian head coach Brady Bajema, whose team finished 17-6.

Sutton's Tre Grenon broke the 54-all deadlock with a 3-pointer and Brendan Faucher followed with a basket. The Sammies then got out in transition with a steal, and Faucher got to the rim for another basket to make it 61-54. Thomas Maselek closed Sutton's run with another made hoop.

able to get out and run," said Sammies' head coach Andy Niedzwiecki. "We like to get out in transition, so getting steals and transition 3s is a bonus for us."

Following the 9-0 run the Crusaders continued to show fight, as AJ Gorman made a runner. Then, following two Faucher free throws, Whitinsville Christian's Ben Johnson made a basket to cut the deficit to 65-58.

But the Crusaders could get no closer than five points down, as they lost the rubber match with Sutton. Whitinsville Christian won the first regular season game between the Dual Valley Conference rivals 56-53 on Jan. 8, while the Sammies took care of business on Jan. 31, 65-43.

Niedzwiecki had nothing but praise for the Crusaders, who relied on underclassmen to complement Justin Vander Baan, the 7-foot Boston Collegebound senior.

"Whitinsville's the only Central Mass. team that's beaten us this year," said Niedzwiecki, as Sutton's other loss came to Division 1 Andover High of Eastern Mass. "I give coach Bajema a ton of credit. He's got two freshmen out there, a sophomore and a junior around Vander Baan. The way they play — how hard they play, how physical they play — for how young they are, it's amazing."

Niedzwiecki did think that experience paid dividends with the game on the line, though, as Faucher (22 points), Tre Grenon (21 points) and Bryson Grenon (14 points) — all seniors — all stepped up their game in the fourth quarter.

"Coming down the stretch there I think our older guys made better plays than their younger guys, and that was definitely the key," he said.

"Sometimes their youth will show," Bajema said of his underclassmen after paying them well-deserved compliments. "Justin's our only senior and those young guys from Day 1 — I didn't know what we were going to have going into this year — were fearless in terms of wanting to play in big games. You saw that tonight.'

Vander Baan will leave Whitinsville and play Division 1 college basketball with a phenomenal legacy that means more than his scoring prowess after eclipsing the 1,000-point plateau earlier this season.

"I hope people understand the impact he has on a game aside from just scoring points," said Bajema. "Justin handled the ball for us. He breaks the press, we do clear-outs for him with the ball, he blocks shots, he rebounds, and I hope people recognize how good he is because they're sending two or three bodies at him every time he's down low."

Vander Baan ended his high school career with a two-handed slam in the final moments to make it 71-65, and then fouled out on the inbounds pass to extend the game and give his teammates a chance. The Crusaders' faithful sent him off with a standing ovation.

Vander Baan had 18 points and 14 rebounds, plus countless blocks, while Johnson and Nicolas DeNorscia both had 14 points and Gorman added another nine.

Bajema's lasting impression from the 2019-2020 season will be this group's team-first mentality.

"The thing with this team, and it's the thing I love most about this team, is they cared about something larger than themselves. I felt like we had a group this year that sacrificed any individual wants and put the team above all else. That, for me as a coach, that's a win," he concluded.



AJ Gorman of Whitinsville Christian doesn't give an inch while defending Sutton's Bryson Grenon.



Seth Massotti of Whitinsville Christian bounces a pass past Sutton's



Justin Vander Baan of Whitinsville Christian eyes the basket before attempting a shot.



Whitinsville Christian's Noah Massotti moves past Sutton's Brendan Faucher while gaining entry into the



Whitinsville Christian's Justin Vander Baan fights for a ball that's up for

BLACKSTONE VALLEY TRIBUNE Friday, March 13, 2020

## **OBITUARIES**

#### Richard G. Buma



MILFORD Richard G. Buma,74, of Milford passed Saturday, away

March 7, 2020 at home. He was the husband of Elizabeth L. (Harrington) Buma.

Dick was born in Worcester the son of the late Herman and Hazel (Broadhurst) Buma and was a graduate of Uxbridge

High School, Class of 1964. He earned his Associates Degree in business from Dean College, Franklin, and his Bachelor's Degree in business from Nasson College, Springvale, ME. He graduated from New England Institute in Boston and earned his Funeral Director's license in 1973.

Richard purchased the Sargeant Funeral Home in 1974 and has been active in the business he loved his entire life.

Dick was an active member in many organizations. He was Past President of the Uxbridge Rotary Club, a member of the Masonic Lodges in Uxbridge and Milford, a member of the Shriner's, a former member of the Uxbridge Flying Squadron and on the Board of Director's at St. Camillus Health Center, in Whitinsville for 10 years. Dick served on the Advisory Board of the Milford Salvation Army for 30 years, and was a Trustee of the Milford Regional Medical Center, Milford for over 31 years. He was Past President of the Sgt. John W. Powers American

Legion Post # and a member of the Italian- American War Veterans Post # 40 both in Milford.

Dick and Betsy celebrated their 51st wedding anniversary last Dec. 26, 2019.

He was a U.S. Army He enjoyed hunting, fishing, taking cruises with his wife and living each

day to the fullest. In addition to his wife, he is survived by his daughter, Susan E. and her husband Sean Nowak of Waxhaw, NC, his son, James R. and his wife Laurie Buma of Uxbridge, five grandchildren, Michael, Elizabeth, Catherine, Alexis and Samantha; his sister, Nancy L. Baker of Petersham and many nieces and nephews. He was predeceased by

his sister, Deborah Bolster. Visiting hours will be held on Thursday, March 12, 2020 from 5-7 PM in the BUMA SARGEANT FUNERAL HOME, 42 Congress St., Milford

Funeral services will be held on the funeral home. Burial will follow with Military Honors in Pine Grove Cemetery, Cedar St. Milford.

Donations in Dick's memory may be made to the charity of one's choice or offer a kind gesture to make someone else's day. www.bumafuneralhome.

#### Keith D. Arsenault, 34



DOUGLAS- Keith D. Arsenault, 34, passed away on Sun. March 1 at UMass Memorial Medical Center in Worcester, after sustaining traumatic injuries from an automobile accident.

He is survived Cpt., serving during the Vietnam Era. by his mother, Paula Arsenault; his sister, Susan Arsenault; his fiancé, Laura Knight; his maternal grandmother, Marjorie Mielnicki; aunts, uncles, cousins, and many good friends.

Born in Worcester on March 16, 1985 he grew up in Douglas. He attended Douglas public schools, and graduated in 2003 from Blackstone Valley Technical High School. He worked as an EMT for several companies and most recently worked as a Mental Health Associate in the Psychiatric Treatment and Recovery Center Unit of UMass Medical Center in Worcester. In August of 2015, he was on ABC's hit show. Save a Life, as an EMT.

He was a body builder at several area gyms including Crunch Fitness in Worcester and Impact Fitness in Auburn. He loved country music and attending sporting events. He and Laura were making plans for their future together along with their dogs, Vincent and Peyton.

His memorial funeral Mass will be held on Sat. March 14 at 11 AM in St. Denis Church, 23 Manchaug St., Douglas. There will be no calling hours. In lieu of flowers please make a donation in Keith's memory to: UMass Memorial Medical Center: www.umassmemorialhealthcare.org, or to the Auburn Fire Dept. Ambulance Fund, 47 Auburn St., Auburn, MA 01501. To leave a condolence message for his family please visit: www.Jackmanfuneralhomes.com

#### Thomas J. Burke, 64

WHITINSVILLE- Thomas J. Burke, Friday, March 13, 2020 at 11 AM in 64, of Pine St. died Sun March 8, 2020 after being stricken ill.

He is survived by a daughter Tara J. Burke of Blackstone; 3 grandchildren Eli, Jayden, and Axel; step-children Valerie, Vaughn, Joey, and William; friends Sue and Joe Dufresne of Whitinsville; several nieces, nephews and friends. Born in Worcester, MA on Jan. 9, 1956 he was son of the late Norman E and Bettymae (Lizotte) Burke and lived in Worcester most of his life. He had lived in Whitinsville the past 6 years.

Mr. Burke worked for the Telegram and Gazette Newspaper Co. in Worcester in the Mail Room and as a Driver, many years. He enjoyed being outside, automobiles, and spending time with his grandchildren.

According to his wishes Thomas will be cremated. A Celebration of Life will be held at the family home, on 20 Pine St. in Whitinsville on Sun. March 15 starting at 2 pm www.jackmanfuneralhomes.com

## CALENDAR

#### Saturday & Sunday, March 14 & 15

QUILT SHOW: The Thimble Pleasure Quilt Guild is hosting a Quilt Show March 14 - 15 at the Blackstone Valley Tech High School, 95 Pleasant St., Upton, from 10 a.m. to 4 p.m. The cost is \$10, 18 and under are Free. There will be Silent Auctions, Boutique Table, Raffle baskets, Raffle Quilt, a Special Fundraiser for Guiding Eyes for the Blind, and Vendors.

#### Saturday, March 14

LIVING OFF THE EDUCATION SERIES WITH FARMER NICK: 10 a.m.-2 p.m., Douglas Orchard & Farm, 36 Locust St., Douglas. \$5 farm donation per person 16 and older. This is the day to learn all about mushrooms. Farmer Nick will be demonstrating the steps for showing natural log cultivation method and growing shiitake mushrooms. This can be a hands-on experience for those who wish to participate. Take a tour of the farm's own mushroom logs site.

\$5 donation per person 16 and older. Separate cost to bring home your own inoculated shiitake mushroom log.

MEATLOAF DINNER: St. Peter's Parish in Northbridge will be hosting a Meatloaf dinner on Saturday, March 14 starting at 5:30 p.m. in the Parish Hall. Tickets are \$10 adults/\$9 seniors and kids ages four to 12/\$35 per family. Bring your family for a wonderful meal & meet some new friends. All proceeds from the dinner will help fund the Mission Trips for our Middle School & High School kids in July. Tickets for the dinner must be purchased in advanced. Please call 508-234-2156 or email parishoffice@stpeterrockdale.org to purchase tickets or if you have any questions.

#### Sunday, March 15

NEW ENGLAND COUNTRY MUSIC CLUB DANCE, 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Steppin' Up.

Saturday, March 21

ELECTRONIC AND APPLIANCE RECYCLE DAY: 9 a.m.-2 p.m., Village Congregational Church, 5 Church St., Whitinsville.



UXBRIDGE PARENTS FOR SAFE GRADATION PRESENTS WISE GUYS TRIVIA: 8-10 p.m., VFW Post 1385, 13 Cross Rd., Uxbridge; doors open at 7 p.m. \$20 per person or \$150 for a team of eight. For more information, email psguxbridge@gmail.com. It's time to recycle all those old electronics! All towns welcome. No resident requirements. Clean out your basement or garage and bring your items to church parking lot. The following is a list of recyclable items, including, but not limited to computer towers, laptops, VCR, copiers, DVD, stereo equipment, microwaves, dehumidifiers, radios, small electronics of any kind, lighting, vacuums, any appliance such as stoves, wasners, dryers, anytning with a plug. We also recycle Exercise equipment, lawn mowers, snow blowers, small engine items, empty propane tanks \$10. TVs and Crts up to 24 inches \$20 each; TVs 25 to 31 inches \$25 each; TVs 32" to 35" \$30 each; TVs 36 inches and larger, wood console, and projection TVs \$40 each. Flat panel monitors \$15 each, AC units and dehumidifiers, \$20; Microwaves \$10 each; Small dorm refrigerators, \$10; Washers, dryers, stoves, \$20 each; Large refrigerators, \$25; Lawn mowers, ride on included, snow blowers, \$20 each; Grills \$10 each; Any kind of exercise equipment, \$10 each, treadmill \$20 empty propane \$10 (rain or shine) (cash or check). Keyboards, car batteries, cell phones, circuit boards, wires, no cost any questions J.wood36@yahoo.com. Bicycle Recycle same day and time. Please bring any and all unwanted or under used bikes to the parking lot. We will be accepting any model of bike: mountain, road, BMX, etc., in any condition. Our aim is to keep bikes from being thrown out when they can be reused.

#### Sunday, March 22

MEGA MEAT RAFFLE: Whitinsville Fish and Game Club, Inc., White Court, Douglas. Save the date on your calendar now and please join us for a fantastic afternoon on March 22! Early Bird Tickets Given Until 2:30 p.m. First Table Drawn at 3 p.m. - 4 Tables to raffle! All meats are fresh from a butcher: Prime ribs, NY Strip Steaks, Whole Rib Eyes, Oven Stuffer Chickens, Whole Turkey Breasts, Hot and Sweet Sausage, Kayam Hot Dogs, Whole Pork Loins, Pork Chop, Pork Rib Eyes, and Spiral Hams. There will be food from our kitchen too, Please get there early! Check us out on Facebook or at www. whitinsvillefishandgame.com for additional information about this event.

#### Thursday, March 26

DOUGLAS SUNSHINE CLUB POT LUCK SUPPER: 5:30 p.m., Douglas Adult Social Center, 331 Main St. Come have an enjoyable dinner with entertainment. Doors open at 5:30 p.m. Must sign up by March 23 by stopping in at the center or calling (508) 476-4474 or 476-2283 and let us know what you will bring (an appetizer, entrée, salad or

dessert). Free to those who bring a 'pot luck' item, or it is a donation of \$5 if you come empty handed!

#### Sunday, April 5

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Mountaineer Family & Friends.

#### Saturday, April 11

THE HOBBY OF BEE KEEPING: 10-11:30 a.m., Douglas Orchard & Farm, 36 Locust St. \$5 farm donation sixth generation bee keeper, will give a PowerPoint presentation on "The Hobby of Bee Keeping." The honey bees are in danger and now only survive if the hive is cared for by bee keepers. Come learn about how you can become a bee keeper. See a demonstration of how honey is extracted. The farm's hive will be opened, weather permitting. Don't miss this unique honeybee

#### Sunday, April 19

NEW ENGLAND COUNTRY MUSIC CLUB DANCE: 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring live country music by Rachel & The Western Partners.

#### Saturday, April 25

ANNUAL SPRING FLEA MARKET: The Millbury First Congregational Church on 148 West Main Street in Millbury is sponsoring a Flea Market on Saturday, April 25 from 9 a.m. to 2 p.m. Anyone wishing to reserve table space, please call Jeri Stead (508-865-5371). The \$20 inside area consists of a large supper table plus a card table. An outside reservation is \$10 and those chancing the weather need to provide their own table. "The Kitchen" will be serving coffee and muffins, and at lunch time, hot dogs will be served. There will also be a Bakery Table, and a Church Flea Market Table.

SEMI-ANNUAL HAM & BEAN SUPPER: 5 p.m., Community House, 8 Court St., Uxbridge (located behind the Town Common). Sponsored by the Uxbirdge Congregational Church. Menu includes home baked ham, home baked beans, potato salad, coleslaw, brown bread, beverages & dessert. Donation of \$10 per adult, children under six free. Raffles will also be available. For reservations, call (508) 278-2654 after 5 p.m. Limited tickets will be sold at the door. Come enjoy great food and fellowship.

#### Wednesday, May 13

ANNUAL MEETING OF THE EAST DOUGLAS EVERGREEN CEMETERY COMPANY: 3:30 p.m., Second Congregational Church, Main Street, Douglas. All grave owners are invited to attend. The Trustees also request that all winter flowers be removed by

#### **ONGOING EVENTS & INFORMATION**

PEOPLE'S COFFEE HOUR: Every Tuesday starting from 1 to 2:30 p.m. at the Second Congregational Church of Douglas (289 Main St.), we are hosting a no Bible experience necessary study including coffee and refreshments. The study is called 'Praying with Jesus'. Study guides are provided free of charge. This study will run to the end of May. All attendees are welcome to ing closet. All are welcome. Call Jeanie (508-476-9978) for more information.

FARMERS' MARKET AT DANIELS FARMSTEAD: Farmers' Market begins July 7 and continue every Sunday, 11am to 3pm, though September 29, grill open 11:30 to 2:30 serving grilled franks, burgers (both Angus beef and veggie) Italian sausage with peppers & onions, cold beverages and all the fixins, Picnic tables, Homemade goodies, Tours, Music 12:30 to 2:30 p.m.

KUNDALINI YOGA: To celebrate spring we are offering Wednesday morning yoga classes from March 11 to April 29, 2020 (10-11:15 am). This 8-week session is at St. Peter's Parish Center in Northbridge, MA. Participants may sign up for the entire session or join us when it suits your schedule (walkin). Proceeds benefit St. Peter's Parish. Become a better version of vourself by spring cleaning your body, mind, and spirit. For more information visit: http://kundaliniyogacma.wix.com/site or call 508-234-4185.

NEED EMERGENCY ASSISTANCE? The Salvation Army is here to help serve emergency needs in the Blackstone Valley area. Services include assistance with food, clothing, utility payments and heating needs. To find out how we can help with your emergency needs, call 508-342-7122. Leave your name and telephone number and your call will be returned.

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call 865-6914.

SENIOR BREAKFAST: St. John's Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant St., off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by

Turn To CALENDAR page A17

Blackstone Valley Tribune Friday, March 13, 2020 • 17

## Do-It-Yourself Tips for Health and Well Being



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The answer to common maladies isn't always in a medicine cabinet. In fact, treating everyday ailments or symptoms of aging is often a matter of common sense. From mental maneuvers to manual massage, the following self help tips are geared toward effectively promoting good health and well being!

Improve Memory: What's your memory grade? If you're a flunky when it comes to remembering, it may be time to get your brain back in shape with some mental gymnastics. No matter what your age, experts say exercising vour brain really may make the difference between using it and losing it. Activities such as doing crossword puzzles, playing word games or cards, strengthens the receptors between brain cells in memory transmission areas. If you sense memory loss occurring, use mental helps such as calendars, calculators, list making, and group discussions to exercise your memory receptors. And relax. According to the experts, worrying about what you're going to forget can actually cause a mental block!

Effortless Memory Boost: Too tired to exercise your brain to boost memory? Dab on your favorite perfume! Believe it or not, medical studies show memory skills are enhanced while people are wearing a fragrance. The theory is that because the part of the brain that stores memory is located

near the part that senses smell, the memory is boosted when you sniff a fragrance. Now, if you can only remember where you put the cologne.....

Laughter is the Best Medicine: Groucho Marx once declared "A clown is like an aspirin, only he works twice as fast!" And health officials worldwide have proved laughter really may be the best medicine. According to University of Maryland Hospital studies, the benefits of laughing include improved coordination of brain functions, memory improvement, reduction in stress and depression, pain relief and stronger internal muscles. One UM doctor even claims twenty seconds of hearty laughter gives the heart the same workout as three minutes of hard rowing. So enjoy a daily dose of laughter, it's free, fun and contagious!

Stress Busters: It's 2 p.m., you've got a pile of unfinished work, you've yet to each lunch and the phone keeps ringing! If the high tech and high stress world has got you chewing your acrylic nails off, try these easy office stress busters: At the first sign of stress, massage therapists suggest simply massaging the palm of one hand by making a circular motion with the thumb of the other. Or, when you're stressed out, reach for a steaming mug of decaf or other hot beverage and cup your hands around the mug. Bring your warm hands to your closed eyes for a few seconds and take a deep breath to induce calm. And here's a good excuse to snack on the job: Carbohydrates stimulate serotonin in the brain, so reach for a bagel, crackers or pretzels to help calm down fast.

The Buzz on Caffeine: If you love your coffee, you now have another excuse to drink high

octane java! A ten year study by the University of Bristol revealed coffee drinkers really may be better thinkers. The report said a cup of coffee can help in the performance of tasks, requiring sustained attention. It further helped enhance a person's ability to perform these tasks, during low alertness situations such as at night or when a person has a cold.

Hearing Help: Are you saying "Huh?" more than you used to? Well before you run out to by a hearing aid, you might want to consider a pair or sneakers instead! Believe it or not, researchers at Miami University in Ohio report aerobically fit people heard sounds at lower volumes than their sedentary counterparts. In fact the researchers went as far as to declare that a fit person at age 40 can have the hearing of a 20 year old! The concept is that aerobic exercises such as walking, enrich the blood with oxygen and improve blood flow to the ears, which improves hearing function. For A proper hearing "fitness" routine, the experts suggest working your way up to walking 30-60 minutes, five or six days per week. For an optimum hearing boost, add strength training, as those who are aerobically and muscularly fit had the best hearing!

Eve Test: Babyboomers may be soon discovering their eyes aren't as sharp as they used to be! Here is a quick vision test to gauge whether or not it's time to have those glasses upgraded: A person with good vision should be able to read the numbers and letters on a license plate 80 feet away. If not, it's time to get a vision check up. If you work at the computer all day, this simple "eye break" exercises tired eye muscles. Hold a pencil one foot away from your eyes, focus on an object behind the pencil for several seconds, then blink and focus directly on the pencil for a moment or two. This helps relaxes and revitalize eyes. At home, relieve eye strain by cutting two thin slices of raw red potato. Keep them on your closed eyelids for 20 minutes

Sweet Slumber: Are you always tired? Is your nightly slumber less than satisfying? If so, it might be time to reset your sleep clock to ensure your daily dose of rest! If your body clock is set to a different time than your schedule, you'll feel tired. Experts say when you're in your 20s and 30s, your body is typically set to stay up late and sleep late. On the other hand, it's common for people in their 60s and 70s to fall asleep at before 8 p.m. and wake up before the birds. Here's how to get back to a normal sleep rhythm by resetting your sleep clock: Bright electric light can shift your body clock, according to a 2001 study published in the Journal of Investigative Medicine. If you want to stay up later, sit under a bright light bulb for one to two hours before your current bedtime. This will slowly shift your body clock to a later bedtime. In the morning, block out bright light until you've been up for an hour or two. If you want to go to bed and get up earlier, dim the lights in the bedroom after 9 p.m. and pull up shades to allow the morning sun to stream in.

Stall Senility: If forgetfulness has you fretting about a future with Alzheimer's, here are some facts that may actually help you stall or prevent the disease. While searching for the cause for Alzheimer's disease, researchers found some interesting clues. Middle-aged people with high cholesterol or high blood pressure have a 50 percent greater risk for

developing Alzheimer's later in life. Studies also reveal patients may have low levels of vitamin B-12, A and C and beta-carotene, and high concentrations of aluminum and mercury. Most revealing is that a recent study of people genetically predisposed to developing Alzheimer's disease, showed those who consumed the most fat on average, as well as the most calories, were more likely to develop the disease compared as to people who followed low-fat, low-calorie diets. So take your vitamins and eat healthy to up your odds of avoiding Alzheimer's!

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Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

#### CALENDAR

continued from page A18

Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A "Serenity on The Hill" Al-Anon step meeting held at 10 a.m. Wednesday at Congregational Church of Grafton, 30 Grafton Common, in the fireplace room.. Support group for family and friends of problem drinkers. Newcomers welcome. For information: 508-366-0556.

YOGA GROUP: join the Sunshine Yoga Collaborative in our mission to bring community based yoga to Uxbridge and the surrounding communities! Classes are appropriate for just beginning to advanced student. Class is Sunday 7:30-8:30 a.m. at Alternatives, Unlimited, 50 Douglas Road, Whitinsville. Extra yoga mats, but most bring their own. \$5 donation per class, which given to local organization. Visit Facebook: Sunshine Yoga Collaborative.

RECOVERY: Every Monday. Celebrate Recovery, a Biblically based step program designed to heal a wide variety of habits and harmful behaviors, such as drug dependency, abuse, eating disorders, depression, anger, pornography, broken relationships. Group meets every week in two-part session, an open group followed by gender-specific small share groups. Starts at 7 p.m. and ends at 9. Come at 6:30 p.m. for coffee and conversation. Pleasant Street Church, 25 Cross St., Whitinsville, (508) 234-5268, ext. 14, or email howard@pscrc.org.

BREAKFAST: The John 21 Community Breakfast at St. Patrick's Church has been established as a response to the needs of many people in our community. Breakfast will continue each and every Saturday 8-10 a.m. in the Parish Center, 1 Cross St., Whitinsville. Our mission is to serve a nutritious breakfast, free of charge, every Saturday morning in the spirit of community fellowship and hospitality. Teams of volunteers prepare and serve breakfast on a rotating basis. All welcome. For information contact ministry coordinator at John21Breakfast@gmail.com. To make a donation contact St. Patrick's rectory at 508-234-5656.

Legos Club: first and third Mondays of each month, ages six and up 3-5 p.m. at Whitinsville Social Library. Information about programming, visit the library's website www.northbridgemass.org/whitinsville-social-library.

PROJECT KIBBLE: In this tight economy, it can be tough to make ends meet. What about your four-legged friends? Project Kibble collects donations of pet food and supplies and distributes them to local food pantries. We accept dog and cat food, kitty litter, small rodent and fish food. All donations must be unopened and unexpired. For more information contact projectkibble@gmail.com or call Christine 508-234-8131.

12-STEPS FOR OTHERS: Adult Children of Alcoholics 12-step support group meets 7:30 to 9 p.m. Mondays at the Hopedale Unitarian Church, 65 Hopedale St. For information, Rose at (508) 234-9004.

KUNDALINI YOGA: The fall session for the Wednesday morning class is from Sept 11 to Oct. 30 (10-11:15 a.m.). This 8-week session is offered at St. Peter's Parish Center in Northbridge. Participants may pay for the entire session or attend as a walk-in student. Proceeds benefit the Youth Ministry and St. Peter's Parish. For more information visit: http://kundaliniyogacma. wix.com/site or call 508-234-4185. All are welcome to join us on a journey toward a more balanced life.

PEOPLE'S COFFEE HOUR: Every Tuesday starting Oct. 15 from 1 to 2:30 p.m. at the Second Congregational Church of Douglas (289 Main St.), we are hosting a no Bible experience necessary study including coffee and refreshments. The study is called 'Pilgrim's Progress, a guided tour by Derek W.H. Thomas'. Study guides are provided free of charge. This study will run to the end of May. All attendees are welcome to anything from our food and kid's clothing closet. All are welcome. Call Jeanie (508-476-9978) for more information

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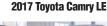
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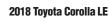


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Sedan, 4 cyl, auto, Jupiter Red, 17K miles, A275188A. \$26,998



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2019 Toyota Tacoma SR5

Truck 4WD, 6 cyl, auto, Magnetic Gray Metallic, 5K mi., A274490B \$33,598

2019 Toyota Highlander **Hybrid XLE** 



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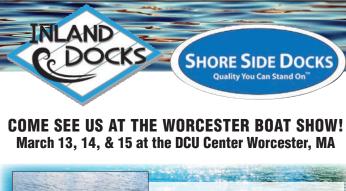
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Flr Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Applianced Custom Granite Kit w Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm!

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the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa w/Panoramic Wathe water the or mainstainst remined in operations royledge; sprawing 3,111 Fields Country vina wit automate water Views from this Perfect Peninsulal Ideal for Entertaining! Stonewalled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abounds! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frplcd Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3



OXFORD - 10 Huguenot Rd! 8 Rm Colonial! 1.36 Acres! Country Setting! Country Kitchen w/Bay Window Overlooking Back Yard, Front to Back Living/Dining Rm w/French Doors to Deck! Office! Side Entry Breezeway! 3 Bdrms Plus a Study/Craft Rm on the 2nd Floor! 1 Car Detached Garage w/Workshop! Easy Access to Shopping and Highways! \$179,000.00



WEBSTER – 9 Lake Parkway! Extremely
Conveniently Located just off Exit 1 of
Cedar Log Home! 5.47 Acres! Stone Wall
3951 Loads of Potential! 6 Rm Cape!
Entryl 700 Driveway! Nestled in the Woods!
Applianced Kit! Din & Liv Rms wWall to
Wall over Hrdwds! 3 Bdrms w/Hrdwds!
List Fir Bdrm w/Commode Closet! Recent
St Fir Bdrm w/Commode Closet! Recent
St Fir Master w/Full Bath & Walk-in Closet!

St Fir Master w/Full Bath & Walk-in Closet!

Recent St Fir Master w/Full Bath & Walk-in Closet!

Ist Flr Bdrm w/Commode Closet! Recent Furnace! Recent Roof! \$169,900.00 Starts & 2.5 Baths Total! Oil Heat! 2 Ca



**DUDLEY** - 132 Southbridge Rd! 5 Rm Bungalow! 2.21Acres! Enjoy Nature and Kayak right from your Backyard! Eat-in Kit w/Pantry! Frplcd Liv Rm w/Hrdwds & Bay Window! Din Rm or Fam Rm w/Hrdwds & Ceiling Fan! Full Tile Bath w/ Tub/Shower Combo! Master Bdrm w/Wall to Wall Carpet! Second Bdrm w/ Wall to Wall & Ceiling Fan! Walk-up Attic wPotential for Additional Living Space! 3 Season Porch w/Natural Woodwork! Recent Roof! Recent Oil Steam Heat! New Septic & being Well Installed! Plenty of Parking! \$179,900.00



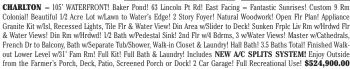




CHARLTON - GLEN ECHO LAKE! 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eatin Granite Kit! Din Rm w/Hrdwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! out Lower Level Frplce Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! \$499,900.00









WEBSTER - 27 N. Main St! 3 Family! 5/5/3 Rms! 3/3/1 Bedrooms! 1st Flr w/ Eat-in! Liv Rm! 3 Bdrms! Updated Bathrm! 2nd Flr w/Kit w/Din Area! Liv Rm! 3 Bdrms Updated Bath! 3rd Flr w/Eat-in Kit! Liv Rm Bdrm! Full Bath! Long Term Tenants! Sep Utilities! Vinyl Sided! Laundry Hook Ups



AUBURN — 16 Lorna Drl ' Rm Spilt Entry Ready for the Next Owner! Located on a Cul-de-sace! Many Recent Updates! Windows 2006! Roof 2010! Siding 2016! Water Heater, Garage Door & Opener 2017! Driveway & Deck 2018! Applianced Oak Cabinet Kit wTile Floor! Dining Rm! Spacious Liv Rm! Master Bdrm w' Hrdwds! 3 Comfortable Bdrms Total! Full Bath! Finished Lower Level Fireplace Fam Rm wCustom Bar, Recessed Lighting & 2nd Bath! Screened-in Porch to a Private Yard wNew Pressure Treated Deck is Ready for Entertaining! Nicely Landscaped! 1 Car Garage! Shed! Ideal Commuter Location! \$325,000.00

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1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler &



DUDLEY - 7 - 9 West Street! Brick 4 Family plus a 2 Family! Side by Side! All with 5 Rooms and 2 Bedrooms! Gas Heat! All Separate Utilities 2 Car Detached Garage! The 4 Family with Beautiful Natural Woodwork! All Apartments are Empty and Work is Needed in Several Apartments! Excellent



WEBSTER - 60 East Main St! Established Local Bakery & Delicatesser Specializing in Polish Foods being Sold with Building! Turn Key Business! Equipment to be Included with Sale! High Traffic Count! Ample Parking! Easy Access to Rear for Deliveries! Building also consists of a One and Two Bedroom Apartment! The Owner presently uses two rooms for his office and storage which could easily be added to the One bedroom Apartment! Building was Totally Renovated in 2010! **\$599,900.00** 



Featuring Newly Remodeled Stainless Steel Applianced Granite Eat-in Kitchen w Custom Cabinetry & Luxury Vinyl Plank Flooring! Formal Dining w/Hardwoods! Spacious Living Rm w/Hardwoods! 2 1st Floor Bedrooms w/Hardwoods! Newly Remodeled Full Tile Bath! 2nd Floor w/2 Bedrooms w/Hardwoods Plenty of Closet & Storage Space! Updated Second Full Bath! Recently Oil Heat, Cast Iron Baseboard! Detached Garage! Corner Lot! \$279,900.00













WEBSTER LAKE - 50 West Point Rd! Killdeer Island! 4.700' Entertainers Dream! Magnificent Sunsets! Built 2016, Has It All! 2 Story Foyer! Granite Kit w/Center Isl, Dble Oven, High End Appliances & Walk-in Pantry! Din Rm w/ Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm w/Lake Views, Custom Built Cabinets, Gas Frplc! 1/2 Bath + Tray Ceiling, Walk-in Closet + Private Balcony! Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level w/Full Kit. 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frolc & Private Bath! Slider to Patio! 13 Zones! Oversized 2 Car Garage! Loaded w/Quality & Detail! \$1,175,100.00









**WEBSTER LAKE** — 68 W Point Rd! Western Exposure - Spectacular Sunsets! 75' Waterfront w/Expansive Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Renovate or Enjoy As 18! Open Fir Planl Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms w/Water Views! Sliders to Screen Enclosed Porch! Master w/Ceiling Fan w/Dble Closet! Full Bath off Hall! Fin ac Dipte Closest: Zino Burili Widole Closest: Pini Batti on Hall: Finished Walf-Oli Lower Level W25' Fam Rm w/Door to Lakeside Patio, Bdrm, Full Bath & Utility Storage Rm! 3 Bdrms, 2 Baths Total! Oil Heat! Covered Entry Ramp & Electric Chair Lift! Shed! Dock! Summer Will Be Back - Don't Delay! \$499,900.00



WEBSTER LAKE - 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Flr w/Beautiful Maple Hrdwds! SS Applianced Silestone Kit! Recessed Lighting! 2 Bdrms! Master Bath! 2.5 Tile Baths! Recent A/C & Heat! Garage! \$369,900.00

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508.943.4333 Sharon Pelletier - Broker



**WEBSTER - 5 SURREY LN** 

Gently Used 5 Bdrm Colonial, or 4 Bedrms & Game Room! This 24 x 28 3 Car Garage HAS HEAT! Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w Breakfast Bar, Second Floor - 5 Over-sized Bdrms! Bath & Laundry Rm



4 BEDROOM COLONIAL! 2600 SQ FT . 2 FULL BATHS. 2 FIREPLACES, 2 CAR GARAGE, ABOVE GROUND POOL, 1ST FLOOR BEDROOM, UPDATES INCLUDE - RECENT WINDOWS, ROOF, UPSTAIRS BATH, FHW GAS HEATING

June Cazeault \* Laurie Sullivan \* Diane Strzelecki \* Matthew Ross \* Lori Johnson-Chausse \* William Gilmore II \* Brian Bohenko

## BROAD BROOK, CT 52 HILLSIDE FARMS DR

Condo Townhouse with 1746 Sa Ft. 2 Story. 3 beds 2-1/2 Baths Fireplace Hardwoods, Cathedral ceiling, Garage, pool, central air, & so assisted sale \$193,500.

SORRY, SOLD!

#### **OXFORD - 47 HARWOOD ST**



VERY Affordable 3 Bedroom RANCH Located on 8+ Acres Abutting the French River!! Great Spot for the Nature Enthusiast 3 bedroom, 1 bath, Fireplace, \$209,900.

### **WEBSTER - 8 MAPLE ST**

**ON DEPOSIT** 2 Family - **1st Floor** 6 Rooms, 3 bedrooms, 1 Full Bath, open Kitchen. Fully Applianced. New Carpeting, Hardwood Floors. **2nd Floor** Open Kitchen with Gorgeous Kitchen Cabinets - 6 Rooms, 3 Bed, 1 Full Bath Hardwood Floors, New carpeting. Each Apartment has 1,200+ sq ft plus. Oil Heat. Off street parking. Town Water & Sewer, 3rd Story Unfinished. **\$237,500** 

000

#### WOODSTOCK, CT - 64 LYON HILL RD @ III 7

SORRY, SOLD! Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s applianced kitchen! Large master bedroom, coffered ceiling, master bath, WJetted tub! Walk in closels. Two car garage, Radiused calvalk on upper level! A walk up attic. Walk out lower level! The third garage is accessed from the lower level. Generator hookup. One beautiful property!

assisted sale \$499,900.

#### POMFRET, CT - 280 RIVER RD



Motivated Seller! Cape that has been completely remodelled!, 3 Br, 1 bath; 1.7 acres. New kitchen cabinets w/granite counters and center island. New electrical/ mbing. Large Gambrel Post & Beam. 2 bay garage w loft. New septic.

#### WEBSTER/OXFORD/DUDLEY/DOUGLAS Dudley - Marshall Terrace 12,000 +/- Sq, Ft. Possible

potential for a 2 family to be built! Town Water, Sewer, City Gas! Nice level lot. Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest Webster - 3 Lots Cooper Rd. Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots water/sewer access

Webster - 85 Upper Gore! View of the Lake. 1+ acre, artesian \$130,000. well, Septic Design, Etc. Oxford - 4 Leicester St. approx. 8.47 acres! River frontage

#### WEBSTER - 14 HIGHCREST #4



Ready to move in! 2 bedroom 1& 1/2 bath condo. Large bedrooms with large full bath master bedroom private access. Skylight Hallway, extra large living area with separate dining! Access to private deck via sliders, fully applianced kitchen, loads of counter space, tons of storage. Full finished basement, brand new heat and a/c system.

#### THOMPSON, CT - 6 LILLIAN AVE, LOT #1



There is No Place Like Home! ~ beautiful newly constructed home cathedral ceilings, hardwood floors, tile floored baths, & master full bath w/extra wide shower & walk in closet, plus 2 more spacious BRs & a full hallway bath. 24' lower Level family room, half bath w/laundry hookups! Two car garage! Central AC.



Nice Country cape - with hugh attached 2 car garage! 2 bedrooms, 2 baths, 2 Fireplaces, 3 seson sunroom with ateched deck Living room wifreplace! 1st fir omce. Recent water filtration system, fumace, heater, and oil unk. Passed Title V, well okay.

assisted sale \$299,000

**DEVELOPERS** 

#### **WEBSTER LAND - COOPER RD** LAND **ATTENTION**

Available 10,000 + sq. ft. of Land. Zoned Lake Residential. Potential to divide into 2 Buildable Lots. Town Water & Sewer Available.

#### On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Highly possible to be subdivided.



#### **WEBSTER LAKE - 118 POINT BREEZE RD**

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996+/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & **NEW PRICE \$299,900** shore frontage available.



#### WEBSTER LAKE - 32 JACKSON RD

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! New Price \$375.000

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**Diane Casey-Luong** 774-239-2937 Dluong.realtor@gmail.com Jo-Ann Szymczak 774-230-5044 joannszymczack@gmail.com

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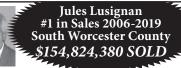
We want you to understand the buying and selling process so you can make good decisions. Local coffee hours Thursday's 6-7 and Saturday 12-1. Call to register & for Homes for Heros Program - See if you are eligible - nurses, teachers, veterans

> March 25, 28 Foreclosure includes bus tours at Assabet Valley Technical School



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Jules Lusignan Owner BrokerLAKE REALTY



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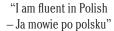
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774-452-3578 of 2020

#### SOLD!



WEBSTER, MA - \$1000/mo 56 Chase Ave, Apt #2 2-Family, Completely Renovated

#### **PENDING**



WEBSTER, MA - \$288,900 90-A Sutton Rd. 3 Bedroom Raised Ranch



DUDI FY MA - \$248 500 5 Fairview Ave New Roof, New Electrical

#### FEATURE PROPERTIES



OXFORD, MA - \$234,900 44 Depot Road 3 Bedroom, Ranch. Recently Remodeled



WEBSTER, MA - \$234,900 17 Emerald Ave.



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#### **Open House SATURDAY 10-NOON**



**Dudley:** New on the market – country setting! Convenient location! Fireplace, 2 full baths, Hardwood floors throughout, 20' living room, 23' family room, Formal dining room, Eligible for VA, FHA, and USDA Financing, Recent roof and replacement windows

12 Mill Rd - \$304,900



**Dudley:** Development opportunity for 55+ community. Potential for 22 units, Town water and sewer available, Low tax rate. Area amenities incude golf course, college, shopping, lake. 61 Airport Rd.

**BUYERS WAITING** IF YOU ARE CONSIDERING **SELLING YOUR CONDOMINIUM** OR MULTI-FAMILY... CALL FOR A FREE MARKET ANALYSIS BEAT THE SPRING MARKET **JO-ANN SZYMCZAK** 774.230.5044 OR 508.943.7669







home was designed for entertaining! Formal dining room, formal living room with fireplace, open custom kitchen to dining area & wonderful family room with another fireplace! Off family room s oversized deck & enclosed sun filled porch. 1st floor office! Pegged hardwood floors. Upstairs is master bedroom with master bath plus double closets, 2 other spacious bedrooms plus full bath. Fun fun fun in your finished lower level with pool table, plus multiple closets & laundry room with loads of shelving. Level back yard w/gardens. Attached 2 car garage. View of Conasse Country Club. \$398,000.

BRIDGE

room 4 bed-



BROOKFIELD: WATERFRONT PRISTINE PROP-ERTY on Quaboac bedrooms 2 baths!

First floor has updated kitchen, livingroom bedroom & full bath. Master suite on second floor with wonderful water views! Loaded with windows. Bedroom, full bath, walk in closet plus another room-big enough for family room and office. Full basement, Level lot with lenty of parking, easy access to water. Full ecreational lake! \$319.900.



home under \$200k! Undated kitchen with stainless steel appliances! Front to back family room with wood stove, bay window & sliders to deck. First floor bedroom and bath. Second floor has two big bedrooms plus sitting area. Replacement windows New HW. \$189.900.



ble Cape! 2nd floor currently not being used Lovely fully applianced kitchen gorgeous up dated wood cabinets, eating area and access to newly constructed sunroom. Hardwood loors, updated roof, replacement windows Off street parking, garden, & patio area to enjoy the outdoors. Basement has "summi kitchen" & wine cellar! Garage. **\$224,900** 

Commercial Rental Spaces available throughout the Town of Southbridge. Rents vary in size and cost. All have great visibility being on Main St or just off. Call for details!





(C) Condo (B) Business (P) Land

**ADDRESS** 

(X) Condex (M) Multi-Family (U) Duplex (L) Mobile Home

STYLE TIME

(S) Single Family (A) Apartment **PRICE** 

(T) Townhouse (D) Adult Community (W) Waterfront REALTOR/SELLER/PHONE

#### SATURDAY, MARCH 14

**DUDLEY** 

12 Mill Rd

10-Noon \$304,900

Re/Max Advantage Maria Reed 508-873-9254

#### **SUNDAY, MARCH 15**

#### E. BROOKFIELD

142 Gleason Ave.

**PAXTON** 390 Marshall St. 1-3

11-1

\$310,000

Re/Max Advantage Maria Reed 508-873-9254

Century 21 North East

Dorrinda O'Keefe-Shea 978-434-1990

To have your open house listed in this directory. Please contact Patricia Owens 508-909-4135

\$434,900

BLACKSTONE VALLEY TRIBLINE Friday, March 13, 2020

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RESUME, phone # and references to Newearth@charter.net



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Teacher Needed

#### **7D VAN DRIVER NEEDED**

The Guild of St. Agnes, the largest childcare agency in Central MA is seeking a driver for our children in Webster

> MUST HAVE a 7D license through the Registry of Motor Vehicles Must have a clean driving record Must love children

The hours are Monday through Friday from 6am to 10am and 1:30pm to 5:30pm guaranteed 40 hours per week, paid snow days, 10 paid holidays, 3 personal days, 9 sick days, 4 weeks vacation after one year.

The Guild offers health, dental and vision insurance, a 401k with a 4% employer match and much more. We are looking to fill the position in 7 to 14 days.

> Job Type: Full-time Salary: \$15.00 to \$15.14 /hour



Sharon A. Woodbury, Director of **Human Resources Public Relations** The Guild of St. Agnes 405 Grove Street, Suite 201 Worcester, MA 01605 (508)755-2238 ext. 22

## **LEGALS**

**Commonwealth of Massachusetts** The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street

Worcester, MA 01608 (508) 831-2200 Docket No. WO20P0567EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:

Thomas M Loiselle Date of Death: 12/26/2019 To all interested persons:

A Petition for Formal Appointment of Personal Representative has been filed by Sabrina A Loiselle of Uxbbridge MA

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that Sabrina A Loiselle of Uxbbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 03/24/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

•Woodstock Villager

Thompson Villager

•Putnam Villager

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**UNSUPERVISED ADMINISTRATION** UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First

Justice of this Court.

Date: February 24, 2020

Stephanie K. Fattman, Register of Probate

March 13, 2020

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family** Court 225 Main Street

Worcester, MA 01608 (508) 831-2200 Docket No. WO19P4099EA CITATION ON PETITION FOR FORMAL ADJUDICATION

Estate of: Pauline Bilodeau

Date of Death: 10/22/2019 To all interested persons:

A Petition for Formal Appointment of Personal Representative has been filed by Beaumont Nursing Home of Northbridge MA

requesting that the Court enter a formal Decree and Order and for such

other relief as requested in the Petition. The Petitioner requests that Wayne Bilodeau of Uxbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

#### IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 03/24/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION

UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: February 27, 2020

Stephanie K. Fattman, Register of Probate

March 13, 2020

**Commonwealth of Massachusetts** The Trial Court **Probate and Family Court Worcester Division** Docket No. WO20P0709EA Estate of:

Lucien R. Morrissette Also Known As: Lucien Rene Morrissette Date Of Death: January 28, 2011 **INFORMAL PROBATE PUBLICATION NOTICE** To all persons interested in the

above-captioned estate, by Petition of Petitioner Robert A. Morrissette of Northbridge MA Vanessa Gniadek of Northbridge MA

has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

March 13, 2020

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### **LEGALS**

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 35 Wallis Street, Douglas, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Peter R. Brady and Susan M. Brady to Mortgage Electronic Registration Systems, Inc., as Nominee for Countrywide Home Loans, Inc. and now held by U.S. Bank National Association, as Trustee, successor in interest to Wachovia Bank, National Association, as Trustee for J.P. Morgan Mortgage Trust 2005-A2, Mortgage Pass-Through Certificates, said mortgage dated February 21, 2005, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 35740 at Page 196, as affected by an Assignment of Mortgage dated September 20, 2011, and recorded with said Deeds in Book 47919 at Page 247, as affected by an Assignment of Mortgage dated January 11, 2013, and recorded with said Deeds in Book 50298 at Page 323, as affected by Corrective Assignment of Mortgage dated December 11, 2019 and recorded with said Deeds in Book 61662 at Page 30, of which mortgage the undersigned is the present holder, for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on March 20, 2020, at 10:00 AM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

THE LAND IN DOUGLAS, WORCESTER COUNTY. MASSACHUSETTS AND SHOWN AS LOT 2 ON A PLAN OF LAND ENTITLED "PLAN OF LAND IN DOUGLAS, MA, SURVEYED FOR FLORENCE, WILLIAM, EARL F., JOHN AND RAYMOND CARTER" DATED JUNE 15, 1989 BY ANDREWS SURVEY AND ENGINEERING INC., UXBRIDGE, MA. SCALE 1" = 100' AND FILED WITH WORCESTER DISTRICT REGISTRY OF DEEDS IN PLAN BOOK 628, PLAN 43, SAID PARCEL OF LAND CONTAINING 13.31 ACRES OF LAND, MORE OR LESS, BOUNDED AND DESCRIBED AS FOLLOWS:

BEGINNING AT A POINT ON THE NORTHERLY SIDE OF WALLIS ROAD AT AN IRON PIN FOUND; THENCE N. 13° 01' 51" E., 656.11 FEET BY LAND OF CHARLES E. CHURCH TO A STONE BOUND; THENCE S. 85° 49' 12" E., 346.70 FEET BY A STONE WALL TO A DRILL HOLE:

THENCE N. 01° 03' 12" W ., 13 6.90 FEET BY A STONE WALL TO A DRILL HOLE; THENCE N. 62° 53' 46" E., 411.15 FEET BY WHITIN RESERVOIR TO A POINT; THENCE S. 00° 36' 22" W., 426.62 FEET TO A SPIKE IN A TREE ROOT FOUND; THENCE S. 00° 34' 30" E., 160.15 FEET BY A STONE WALL TO A DRILL HOLE; THENCE S. 02° 37' 48" E., 59.91 FEET TO A DRILL HOLE FOUND;

THENCE S. 00° 09' 05" W., 135.76 FEET TO A DRILL HOLE FOUND; THENCE S. 04° 23' 25" W., 16.20 FEET TO A DRILL HOLE FOUND; THENCE S. 00° 37' 14" W., 28.80 FEET TO A DRILL HOLE FOUND; THENCE S. 01° 02' 23" E., 90.79 FEET TO A DRILL HOLE FOUND;

THENCE S. 84° 12' 04" W., 184.75 FEET TO A DRILL HOLE SET; THENCE S. 79° 51' 59" W., 162.79

FEET TO A DRILL HOLE SET; THENCE S. 73° 27' 48" W., 88.50 FEET TO A DRILL HOLE SET; THENCE S. 77° 44' 53" W., 145.07

FEET TO A DRILL HOLE SET; THENCE S. 84° 16' 27" W., 75.11 FEET TO A DRILL HOLE SET;

THENCE N. 76° 41' 38" W., 69.45 FEET TO A POINT; THENCE N. 62° 02' 20" W., 159.37

THENCE N. 62° 02' 20" W., 159.37 FEET BY WALLIS ROAD TO THE POINT OF BEGINNING.

EXCLUDING that parcel conveyed to Mark A. Grondon dated November 29, 2004 and recorded with the Worcester District Registry of Deeds in Book 35259 Page 265

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated February 22, 2005, and recorded in Book 35740 at Page 194 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

TEN THOUSAND (\$10,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within forty five (45) days after the date of sale. Other terms to be announced at the sale.

Marinosci Law Group, P.C. 275 West Natick Road, Suite 500

Warwick, RI 02886
Attorney for U.S. Bank National Association, as Trustee, successor in interest to Wachovia Bank, National Association, as Trustee for J.P. Morgan Mortgage Trust 2005-A2, Mortgage Pass-Through Certificates
Present Holder of the Mortgage
Telephone: (401) 234-9200
MLG File No.: 16-10108
February 28, 2020
March 6, 2020
March 13, 2020

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Jeffery S. Beauchaine, Christine M. Beauchaine to Mortgage Electronic Registration Systems Inc. as nominee for CitiMortgage, Inc., dated August 16, 2006 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 39653, Page 121, as modified by a certain modification agreement dated May 1, 2017, and recorded with said Worcester County (Worcester District) Registry of Deeds in Book 57311, Page 19 of which mortgage the undersigned is the present holder, by assignment

Mortgage Electronic Registration Systems, Inc. (MERS) as nominee for CitiMortgage, Inc. to CitiMortgage, Inc., recorded on June 7, 2012, in Book No. 49090, at Page 58

CitiMortgage, Inc. to Federal National Mortgage Association, recorded on June 20, 2014, in Book No. 52458, at Page 42

Federal National Mortgage Association to CitiBank, N.A., not in its individual capacity, but solely as trustee for the NRZ Pass-Through Trust VI, recorded on February 8, 2019, in Book No. 60025, at Page 93

CitiBank, N.A., not in its individual capacity, but solely as trustee for the NRZ Pass-Through Trust VI to U.S. Bank National Association, not in its individual capacity but solely as Trustee of NRZ Pass-Through Trust X, recorded on August 22, 2019, in Book No. 60922, at Page 387

for breach of the conditions of said mortgage and for the purpose of fore-closing, the same will be sold at Public Auction at 1:00 PM on March 27, 2020, on the mortgaged premises located at 614 Church Street, Whitinsville (Northbridge), Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

A certain parcel of lend situated in said Northbridge with the buildings thereon, which parcel is lot numbered ten (10) on a plan of buildings lots laid out by J.R. Thurston near Whitinsville. Ma. September 1900, which plan was filed in Worcester District Registry of Deeds on September 21, 1900 in Book 1652, Page 653. The mortgagor(s) expressly reserve our rights of Homestead and do not wish to terminate my/our Homestead by granting the within conveyance notwithstanding our waiver of such homestead in paragraph 24 of the within mortgage. The Mortgagors hereby subordinate the Declaration of Homestead recorded in said Registry at Book 36147, Page 309, with respect to the grant of this mortgage only. The mortgage shall be deemed to be senior to the Declaration

of Homestead just as though this mortgage had been recorded prior to the Declaration. In all other respects, the Declaration of Homestead shall remain in force and effect. For title reference see Deed Recorded with Worcester County Registry of Deeds at Book 21849, Page 311.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 21849, Page 311.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

U.S. BANKNATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS TRUSTEE OF NRZ PASS-THROUGH TRUST X

Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 16917 February 28, 2020 March 6, 2020 March 13, 2020

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mort-gage given by Erica L. Davidson f/k/a Erica L Grenard, Patrick D. Davidson to Mortgage Electronic Registration Systems, Inc., as nominee for Prime Mortgage Financial, Inc., dated April 10, 2003 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 29676, Page 342 of which mortgage the undersigned is the present holder, by assignment from: Mortgage Electronic Registration

Mortgage Electronic Registration Systems, Inc. as nominee for Prime Mortgage Financial, Inc. to Green Tree Servicing LLC, recorded on April 24, 2013, in Book No. 50783, at Page 33 Ditech Financial, LLC, s/b/m to Green Tree Servicing, LLC to MTGLQ Investors, L.P., recorded on October 11, 2016, in Book No. 56110, at Page 95

for breach of the conditions of said mortgage and for the purpose of fore-closing, the same will be sold at Public Auction at 12:00 PM on March 30, 2020, on the mortgaged premises located at 137 Warren Street, Upton, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

The land with the buildings thereon, situated on the northeasterly side of Warren Street, Upton, Worcester County, MA and being shown as Lot 3 on the plan entitled "Plan of Land in the Town of Upton, MA. Property of Norman Davidson and Mary Davidson," Scale 1" = 40', dated 1/1/1991 by Blackstone Valley Survey & Engineering Inc., 268 Upton Street, Grafton, MA, said plan being recorded in Worcester District Registry of

Deeds, Plan 645, Plan No. 92, and being more particularly bounded and described, according to said plan as follows:

BEGINNING at a point on the northeasterly side of Warren Street, said point being the southeasterly corner of Lot 2 as shown on said plan;

THENCE N. 34 degrees 15' 25" E. by said Lot 2,396.87 feet to a point at land now or formerly of Norman Davidson; THENCE S. 81 degrees 14' 30" E., 224.73 feet to a point on a stonewall; THENCE S. 24 degrees 18' 56" W., 213.56 feet to a drill hole; THENCE S. 35 degrees 32' 41" W., 68.72 feet to a drill hole; THENCE S. 37 degrees 46' 38" W., 137.99 feet to a drill hole in a flat rock;

THENCE S. 42 degrees 28' 39" W., 62.19 feet to a point on the northeasterly side of Warren Street; the last five (5) courses being by land now or formerly of Norman Davidson;

THENCE 64 degrees 41' 53" w., 69.14 feet to a drill hole; THENCE 62 degrees 11' 59" W., 39.97 feet to a drill hole; THENCE N. 55 degrees 44' 35" W., 112.77 feet to the place of beginning; the last three (3) courses being bounded by the northeasterly side of said Warren Street.

Said Lot 3 contains, according to said plan, an area of 101,841 square feet, more or less.

For Mortgagors title reference, see Deed recorded in Book 24381, Page 241, Worcester County.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 24381, Page 241.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 2015011012 February 28, 2020 March 6, 2020 March 13, 2020

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#### LIKE NEW 2019 CHEVY EQUINOX



Heated Leather, Satellite Radio, Turbo.

NEW RETAIL PRICE: \$38,960 WHOLESALE PRICE: All-Wheel Drive, Premium Audio,

SAVE \$14,000 OFF OF RETAIL PRICE!

2019 FORD EXPLORER #H1178V • XLT TRIM, 4X4, NAV, HEATED SEATS, MOONROOF

NEW Retail Price: \$39,870 WHOLESALE \$4 PRICE:

SAVE \$10,000 OFF OF RETAIL PRICE!

2017 TOYOTA CAMRY SE NEW Retail Price: \$30,340 #TP0177V • ALLOYS, SUNROOF, WHOLESALE S BACK-UP CAM, FUEL EFFICIENT

PRICE:

SAVE \$13,500 OFF OF RETAIL PRICE!

## 16 FORD F-150 4x4



Back-Up Cam, Only 21K Miles.

WHOLESALE PRICE

SAVE \$12.100 OFF OF RETAIL PRICE!

2018 JEEP RENEGADE

SAVE \$10,500 OFF OF RETAIL PRICE!

2019 FORD EDGE SUV #P12806RV • TITANIUM, TURBO, WHOLESALE \$ LEATHER, 4X4, MOONROOF, NAV

PRICE: SAVE \$13,000 OFF OF RETAIL PRICE!

PURCHASE **2017 FORD** 



Low Miles, Back-Up Cam, Bluetooth, SYNC System, Alloys!

SAVE \$9,700 OFF OF RETAIL PRICE!

2018 CHEVROLET CRUZE #40145LV • LT, HATCHBACK, ALLOYS, KEYLESS START, 7" LCD

NEW Retail Price: \$23,140 WHOLESALE 😽 PRICE:

\$41,305

WHOLESALE PRICE:

\$29,095

STARTING

AT ONLY:

SAVE \$9,800 OFF OF RETAIL PRICE!

#### #405391 **NEW RETAIL PRICE:**



All-Wheel Drive, V6, 3rd Row Seats, 18" Alloys, Satellite Radio, Bluetooth.

SAVE S18.900 OFF OF RETAIL PRICE!

2017 TOYOTA RAV4 XLE #TM90857A • AWD, 17" ALLOYS, MOONROOF, BACK-UP CAM

PRICE:

**SAVE \$12,800 OFF OF RETAIL PRICE!** 

2019 CHRYSLER PACIFICA NEW Retail Price: \$34,650 #D10391L • ALLOYS, LX TRIM, V6, WHOLESALE \$ PARKING SENSORS, BACK-UP CAM

PRICE:

**SAVE \$12,800 OFF OF RETAIL PRICE!** 

## **NEW RETAIL PRICE:**

TRD Sport, 4x4, 3.5L V6, Alloys,

\$44,665 WHOLESALE PRICE:

Satellite Radio, Nav, Towing Package. **SAVE \$14,800 OFF OF RETAIL PRICE!** 

2016 RAM 1500 TRADESMAN NEW Retail Price: \$36,650 #D10086L • 4X4, CREW CAB, 5.7L V8 HEMI, ALLOYS, TOWING PKG

WHOLESALE \$4 PRICE:

SAVE \$13,800 OFF OF RETAIL PRICE!

2017 LINCOLN MKZ #P12491LV • RESERVE, ALLOYS,

NAV, BACK-UP CAM, MOONRROF

NEW Retail Price:\$42,990 WHOLESALE 🖇 PRICE:

SAVE \$21,600 OFF OF RETAIL PRICE!

### SPORT SUV



NEW RETAIL PRICE: \$30,475 WHOLESALE PRICE:

All-Wheel Drive, Premium Alloys, Turbo, Satellite Radio, Heated Seats.

SAVE \$12,600 OFF OF RETAIL PRICE!

8-18 UXBRIDGE ROAD, RTE. 16 | MENDON, MA 154 EAST MAIN STREET MILFORD, MA 300 FORTUNE BLVD. | MILFORD, MA

## RE&THE

#### Local Events, Arts, and **Entertainment Listings**

### Open House & SATURDAY, MARCH 14

**OPEN HOUSE** 

at Hodgkins Building (Museum/RR/Art Guild/ Boy Scouts) 108 School Street FREE 1:00-3:00

FRIDAY, MARCH 21 3RD ANNUAL JOHN PAIRE "BE BETTER"

BASKETBALL TOURNAMENT Shepherd Hill Regional High School 64 Dudley-Oxford Rd. Dudley, MA 01571 Registration starts at 8:30am. Games begin at 9am. \$150 per team

and \$40 for additional players. For more information contact us at johnpaire3on3@gmail.com. Visit our facebook page: Friends of John Paire Student Support Fund. All proceeds benefit the

John Paire Student Support Fund Register by March 1 Grades 5 to 8 (Co-Ed), High School. Women, Men, Adult Co-Ed. \* This tournament is open to anyone who would like to participate

#### **TUESDAY, MARCH 24**

RE-ENACTMENT of signing of town bill and unveiling of Anniversary Quilt Senior Center, Pleasant Street. 6:30pm FREE

#### SATURDAY, APRIL 4,

ROARIN' TWENTIES DANCE at Sturbridge Host Hotel \$35, 5:00pm Tickets @EventBrite.com or at the library

#### SATURDAY, APRIL 11,

at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield 1:00-3:00.

#### SATURDAY, APRIL 18, HISTORICAL TALK - Ed Londergan -

SATURDAY, APRIL 25

The First and Second Settlements East Brookfield Town Hall 9:30 FREE

TOWN WIDE CLEAN-UP DAY Meet at East Brookfield Town Hall 9:00

**SATURDAY & SUNDAY** 

#### APRIL 25 & 26

2020 SPENCER FISH & GAME ANNUAL SPRING DERBY Large trout up to 11 pounds and Tagged & Golden Trout stocked for the event. Starts at 8 am. Registration starts at 6 am. Purchase breakfast and lunch. Cash prizes and trophies Free to members. Fee for non-members or join the club. 155 Mechanic Street, Spencer, MA 01562

#### SATURDAY, MAY 2,

EAST BROOKFIELD NATURE WALKS at Pelletier Woods Howe Street, East Brookfield 2:00. FREE

#### SATURDAY, MAY 9,

at Hodgkins Building (Museum/ RR). 108 School Street, East Brookfield. 1-2:00

#### SATURDAY, MAY 16,

7K RUN AND FUN WALK Timberyard Brewery, East Brookfield 10:0am. \$30.00 adults, \$15.00 kids

HISTORICAL TALK -

#### SATURDAY, MAY 30

Ed Londergan - Murder in the Brookfields (Spooner / Newton Murders) East Brookfield Town Hall, 9:30. FREE

#### SATURDAY, JUNE 6 HISTORY & DESSERT

at Podunk Chapel, East Brookfield 2:00 & 3:30 seatings. \$5.00 pp FRIDAY, JUNE 12

#### COAST GUARD BAND East Brookfield Elementary School, 7:00

SATURDAY, JUNE 13

OPEN HOUSE

**FREE** 

at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield 1:00-3:00.

#### SATURDAY, JUNE 20,

OPEN HOUSE

at Camp Frank A. Day (archery, boating, basketball, mini golf, lunch) Rain Date: June 21. 125 South Pond Road, East Brookfield. 11:00-3:00. FREE

#### MONDAY, JULY 6



weeks. East Brookfield Town Hall. FREE

#### SATURDAY JULY 25

HISTORICAL TALK - Heather Gablaski -East Brookfield: 100 Years a Town East Brookfield Town Hall, 9:30. FREE

#### INDEPENDENCE DAY CELEBRATION Parade & Fireworks

SATURDAY, JULY 11

SATURDAY, AUGUST 8 **OPEN HOUSE** 

at Hodgkins Building (Museum/ RR)

108 School Street, East Brookfield,

Connie Mack Field East Brookfield

#### 1:00-3:00. FREE

SATURDAY, SEPTEMBER 12 PARADE AND FAMILY FUN EVENT! Route 9, East Brookfield,

#### 9:30 -7:00. FREE. Rain date Sept 13 SATURDAY, OCTOBER 10

**OPEN HOUSE** at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield, 1:00-3:00.

#### SATURDAY, OCTOBER 24, 3:30

BUS AND CEMETERY TOUR, ending in dinner at Podunk Chapel. Meet at East Brookfield Town Hall. \$15-\$20.00 pp

#### SATURDAY, NOVEMBER 7

HISTORICAL TALK - Guy Morin- Central Massachusetts during the Revolution East Brookfield Town Hall, 9:30 FREE

#### SATURDAY, NOVEMBER 14

OPEN HOUSE at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield, 1:00-3:00.

#### SATURDAY, DECEMBER 12

HISTORICAL TALK -Ken and Tina Ethier - "Trolley Talk" East Brookfield Town Hall, 9:30. FREE

#### SATURDAY, DECEMBER 12

OPEN HOUSE at Hodgkins Building (Museum/ RR) 108 School Street, East Brookfield, 1:00-3:00. FREE

ONGOING



508-461-5070



TRIVIA SATURDAY NIGHTS 7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822

LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN 260 West Main St., W. Brookfield, MA 508-

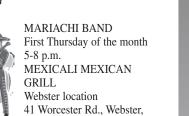


867-2345 salemcrossinn.com

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve

fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club 50 Elm St., Auburn, MA

Connie Mack Field East Brookfield. FREE -





MA



the local cold water

SUMMER CONCERT SERIES July/August every Thursday 6:00-8:00 Food and Drinks for sale.



10 · Friday, March 13, 2020 BLACKSTONE VALLEY TRIBUNE



**Bay State Savings Bank** 

123 Auburn Street, Auburn, MA 01501

baystatesavingsbank.com | 508-890-8980

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## Quaboag

REHABILITATION AND SKILLED NURSING CENTER 47 East Main St., West Brookfield, MA 01585

#### **POSITIONS AVAILABLE**

FT 11P-7A CNA FT 3P-11P NURSE FT RN UNIT MANAGER FT SPEECH THERAPIST PT ACTIVITY AIDE

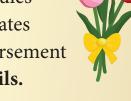
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