



**Turning a love into a business**

BY KAREN BUTERA  
FOR THE VILLAGER

PUTNAM — Even on a chilly day in October Joanna Sargent sold out her sweet treats at the Putnam Farmer's Market. Sargent runs Milkmade Bakeshop and has always had a love for baking. For many years her favorite thing was baking — including crazy specialty-type cakes for family and friends. Through the years life changed and five years ago she and her husband were going to have a baby.

“During that time I came up with a lactation recipe for cookies,” said Sargent, from Woodstock. “I also made them as gifts for my friends after they had their babies. They loved them so much they insisted I should sell them.”

She didn't but the idea stayed in the back of her mind. Two years ago she moved to Woodstock. At the time, Connecticut did not have the Cottage Law in place yet. The Cottage Law makes starting a home based business relating to certain food products a bit easier than the cost of opening a bakery in a storefront.

“Last October the Cottage Law was passed,” she said. “That is when I started my business. I started with granola and granola bars- then cookies. I wanted a healthier option. I also started to make different mixes.”

Some of those mixes included cookies, brownies and muffins, which she layered in a ball jar- ready for gift-giving. She also has classes for kids, and she makes specialty orders for special recipes for folks with allergies, for new moms, or for someone that is gluten free.

She and her husband have two kids, a five-year-old girl and an eight-year-old boy. They like to get involved for their father's birthday by coming up with wacky ideas and flavors for his cake.

“This year they asked me to make a milk and cereal cake for him because they say he loves milk and cereal. For his 30th birthday I made him a cannoli cake and another time we had a football cake made with Sam Adams beer and chocolate cake, chocolate covered potato chips with a pretzel butter cream frosting,” said Sargent.

She also works full time in her own preschool daycare, Little Beans. She currently considers Milkmade Bakeshop a hobby but wants to see where it will go.



Karen Butera photos  
**Joanna Sargent at the Farmers Market**

Josie Fontaine checks out the goodies at Milkmade Bakeshop

## PUMPKIN POWER



Karen Butera photo

POMFRET — From left, Peyton and Savannah DeLay enjoy the afternoon at Lapsley Orchard's annual family day event last weekend.

## SPOOKY NIGHTS



Karen Butera photo

BROOKLYN — Spooky Nights at Brooklyn Fairgrounds showed a good turnout on Oct. 11-12. Ian MacFarland with wife, Stephanie, and daughter Ginny. Also with them is Molly Morrison and Jessi Chowanec.



## ALL CLEAR

Charlie Lentz photo

PUTNAM — Putnam High's Kyle Haynes clears the ball past Parish Hill's Ethan Jacobson on Monday, Oct. 14, at St. Marie Greenhalgh Complex. High school sports coverage begins on page B-1 of The Villager sports section.

If It's Important To You,



NEWSPAPER

It's Important To Us.



MEET THE CANDIDATES

**Name:** Christine Chatelle  
**Position Sought:** Member, Planning & Zoning Commission  
**Town of:** Thompson

**Background/Qualifications:** I have lived in Thompson all my life. I love our town! I have served our community in various positions for over 20 years. I have excellent Communication Skills and enjoy Public Speaking. I was appointed to our Fire Advisory Committee and work well in collaborative groups. I have grant writing experience and will gladly assist in acquiring funds to help revitalize our town.

**What makes you the best candidate:** I understand the issues of our community. I am Fair and Open-Minded. My analytic ability allows me to access situations and come up with strategic solutions that will move us forward. I am a very good listener and will give consideration to all sides. I have a positive attitude even under stressful situations.

**What differentiates from opponents:** I will provide a new perspective and fresh approach. I will actively seek input from our residents and work for the greater good. As well as encourage everyone in our community to get



involved. Together we can accomplish anything!

**Vision for the future:** Our slogan is Green & Growing! It's my intent to preserve our rich history and valuable natural resources while encouraging business growth in the pockets of industry we already have available. I see Thompson thriving as a wholesome town where families can enjoy peace, beauty, and a united community in close proximity to the major cities. I am dedicated to serving our community and appreciate your consideration.

**Name:** Ken Beausoleil  
**Position:** First Selectman  
**Town of:** Thompson

**Background/Qualifications:** I was born and raised in Thompson. My wife Gail and I chose to raise our three children in this small close-knit community. I am a volunteer with the fire department and volunteered with Little League for many years. I retired from a 25 year career in law enforcement and since have proudly served the people of Thompson on the Board of Selectmen starting in 2009. I have served as First Selectman since 2015.

**What makes you the best candidate:** First and foremost, my proven experience, dedication and accomplishments for the people of Thompson make me the best candidate for this position. I have made the Town of Thompson my full-time priority running the day to day operations of the municipality and attending as many board and commission meetings as possible in the evenings. Under my leadership the Town has made strides toward improving our infrastructure and is making progress with economic development.

**What differentiates you from your opponent(s)?** My full-time commitment to Thompson is not only represented by office hours. When we were without a Director of Public Works, I took on that responsibility, and plowed snow when necessary. I am the only



currently serving member of our Board of Selectmen who's put the extra time into attending committee meetings and worked tirelessly to see Thompson move forward. When there's work to be done, I have demonstrated that I care and get it done.

**What is your vision for the future?** We must work to revitalize the Route 12 corridor and our historic downtown loop by planning for appropriate economic development to build our tax base while maintaining the rural character valued by our residents. We must support our local school system, refining its curriculum so that it attracts new families and betters our children. We will continue to make necessary and logical improvements to our infrastructure, for the benefit of all who live in Thompson.

# WOODSTOCK PLANNING & ZONING

## GORDON RICH MARCOTTE YOUNG BLACKMER FRASER RYNIEWICZ

Paid for by WRTC Barbara Rich, Treasurer

**Name:** Charlene Perkins Cutler  
**Position Sought:** Board of Finance, Alternate  
**Town of:** Woodstock

**Background/Qualifications:** M.A. from Framingham State University in public administration/museum administration that included public budget administration, financial management for municipalities, accounting and grant writing. More than 30 years in the fiscal management of federal, state, corporate and private funding. Two decades with the nonprofit management entities for two National Heritage Corridors, working to build programming and fiscal partnerships with 60 cities (including Worcester and Providence) and towns in Connecticut, Massachusetts and Rhode Island to accomplish priorities.

**What makes you the best candidate for this position?**

My experience in fiduciary matters is unique. Working closely with the 60 communities of the National Heritage Corridors, I developed priority projects and the creative partnerships necessary to fund the work. The nonprofits I directed identified, contracted, managed and audited federal, state and corpo-



rate grants, private donations; organized the joint efforts of multiple partners to complete projects on time and budget; and reported to all funders.

**What differentiates you from your opponent?**

My work and fiscal management experience is unusual and brings a unique perspective to the Board of Finance.

**What is your vision for the future?**

Woodstock will retain its beautiful and viable rural character by: balancing conservation with appropriate growth and economic development; maximizing resources in a creative and responsible manner; and providing its residents with necessary benefits from an accessible and responsive government.

POLICE LOGS

*Editor's note: The information contained in these police logs was obtained through either press releases or public documents kept by the Connecticut State Police Troop D and is considered the account of the police. All subjects are considered innocent until proven guilty in a court of law. If a case is dismissed in court or the party is found to be innocent, The Villager, with proper documentation, will update the log at the request of the party.*

breach of peace in the 2nd degree, assault in the 3rd degree and strangulation in the 3rd degree.

**Oct. 10**  
Eian Brown, 23, of 96 Franklin Street, Danielson, was charged with interfering with an officer and breach of peace in the 2nd degree.

Kristin Lyn Benson, 39, of 63 School Street, Apt. A, Danielson, was charged with disorderly conduct

Dana Lee Lefebvre, 23, of 46 B Westcott Road, Danielson, was charged with disorderly conduct.

TROOP D LOG  
DANIELSON

**Oct. 5**  
Frank Rizer, 51, of 448 Hartford Pike, Apt. 1., Danielson, was charged with trespass of railroad property,

DAYVILLE

**Oct. 10**  
Aaron Morrisette, 24, of 51 Soap Street, Dayville, was charged with use of motor vehicle without permission and larceny in the 3rd degree.

Please Join us for  
The Woodstock Academy's

# FALL FOLIAGE FLING

**Saturday, November 9<sup>th</sup>**  
11:00 AM–1:30 PM

A free event for area residents over 50

For more information, or to RSVP,  
email Katie Watkins at  
[kwatkins@woodstockacademy.org](mailto:kwatkins@woodstockacademy.org)

**North Campus Dining Commons**  
57 Academy Rd Woodstock, CT 06281

THE WOODSTOCK ACADEMY  
PRESENTS

# TRICK OR TREAT STREET

**OCTOBER 25, 2019**  
**5:00PM - 7:00PM**

Join us for a FREE night of kid friendly fun!  
Please bring non-perishable food items  
as a donation for the FRESH Caring Continues program.

The Woodstock Academy - 57 Academy Road Woodstock, CT

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# VILLAGER ALMANAC

## At CT Audubon

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Oct. 7: Peregrine Falcon, Belted Kingfisher, Cooper's Hawk, Red-shouldered Hawk, Ruby-crowned Kinglet, Yellow-rumped Warbler, Palm Warbler, Lincoln's Sparrow, Savannah Sparrow, White-crowned Sparrow, White-throated Sparrow, Song Sparrow, House Wren, House Finch, Gray Catbird, Great Blue Heron. Visit [ctaudubon.org/Pomfret-home](http://ctaudubon.org/Pomfret-home).

# Got Space?

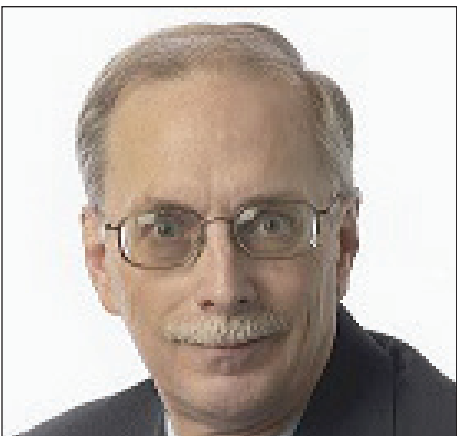
we do.

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MEET THE CANDIDATES

**Name:** Peter (Pete) M. Engh  
**Position sought:** Board of Finance  
**Town of:** Woodstock  
**Background/Qualifications:** BA, MAT, MEd. As Chief of Muddy Brook Fire Departmenr, developed budgets for the Town's three fire departments for presentation to the Boards of Selectmen and Finance at a time when the Town began funding its Fire, Rescue and EMS services. A retired Associate Dean for Research and Reporting from Nichols College, served six years on the Woodstock Board of Education.  
**What makes you the best candidate for this position?** I have the ability to not get emotionally involved with the process and to respect different positions than my own.  
**What differentiates you from your opponent(s)?** Having served on the Woodstock Board of Education, and as Vice-Chairman for much of my tenure, I have an appreciation for the constraints that they are working with when that



portion of the budget is presented to the Board of Finance.  
**What is your vision for the future?** We need to understand that as we plan for the future of Woodstock we need to look to our past history for guidance, without living in the past.

**Name:** Sonia Greene  
**Position sought:** Member, Board of Education  
**Town of:** Woodstock



**Background/Qualifications:** I have a Ph.D. in School Psychology and advanced training in Clinical Neuropsychology. I work as a pediatric neuropsychologist, evaluating and developing recommendations for children with a variety of developmental, learning, and social-emotional challenges, as well as providing consultation to schools in northeastern CT. My husband and I have lived in Woodstock since 2003, and are the parents of two students at Woodstock Middle School.  
**What makes you the best candidate for this position?** I have spent the last 25 years in and around schools working with children, families, teachers, and administrators to help students achieve to the best of their abilities, and to help school systems meet the needs of their students. I also have experience serving on several boards and have demonstrated the ability to work collaboratively, communicate effectively, and think critically.  
**What differentiates you from your opponent(s)?** My understanding of child development – including cognitive, learning, and behavioral

development – as well as my experience working effectively with school systems gives me a unique perspective that will help to serve all students within the Woodstock Public Schools.  
**What is your vision for the future?** I look forward to working together with Board of Education members, school personnel, and the community to support and guide the future direction of the Woodstock Public Schools in a way that benefits all students, from pre-K through high school. Within the framework of local, state, and federal mandates, I hope to help develop a roadmap that strengthens our schools and prepares our students for success.

**Name:** Paula Wilmot  
**Position sought:** Member, Board of Education  
**Town of:** Woodstock



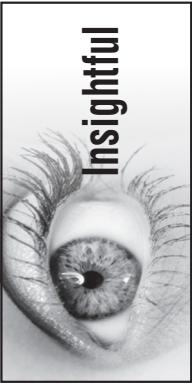
**Background/Qualifications:** I have advanced degrees in educational leadership which provide the basis for my interest in supporting student success. To practice this craft, I work daily with students in the higher education setting, helping them to connect with resources to support their success. I am the parent of two children in WES  
**What makes you the best candidate for this position?** I have attended relevant meetings for the past five years since the time our oldest child was eligible for the pre-k lottery. I have learned much about how education is developed and delivered in Woodstock. I would like to contribute to discussions and developments that serve all Woodstock students.  
**What differentiates you from your opponent(s)?** I am energetic, an effective communicator and bring an open mind to constituents. I believe that I will be able to communicate with residents to solicit their input and will be able to communicate with fellow board members to have effective deliberations that will result in effective decision making for all Woodstock students.  
**What is your vision for the future?**

**Name:** Timothy E. Gillane  
**Position sought:** Library Trustee  
**Town of:** Pomfret



**Background/Qualifications:** Born in Hartford, CT. University of Connecticut, B.A. cum laude (English), 1973. Boston College, M.A. (English), 1975 (with two-year teaching fellowship). New York Law School, J.D., 1987. Admitted to NY state courts and federal courts (SDNY and EDNY). Staff attorney, 1988-2000. Independent contract attorney in securities and antitrust areas, 2001-2011. Married to Pat Gillane. Moved to Pomfret in 2007. Retired 2014. Volunteer literacy tutor, 2010-2015 (three functionally illiterate learners).  
**What makes you the best candidate for this position?** My legal experience gives me a measured, practical way of looking at matters, gauging their importance, and analyzing facts, books, and documents in varying situations. I majored in English, which taught me to analyze, write, and communicate. The library is important to everyone, and people should have access to its resources. I believe that I owe it to the town to try and help in the job of maintaining this source of information and knowledge.  
**What differentiates you from your opponent(s)?** I am running unopposed. What I see as a danger, however, is the false, shortsighted, harmful concept that libraries are obsolete due to digital advances or supposed lack of

use. Libraries in general have become threatened in the past decade, with state and federal cuts (and other dangers) not unknown. I'm committed to the role of the library in our rural community. Its importance to Pomfret can't be underestimated. The library is for everyone.  
**What is your vision for the future?** Libraries are a critical, not an optional, element in society, especially in a rural setting. The Pomfret Public Library is a deservedly valued, integral part of the town. Its role has steadily expanded, especially with books, programs, digital resources like Hoopla and others, and activities for kids. There are great things ahead, including the proposed expansion. I owe it to the library to try and contribute to its future, and I'm committed to do so.



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**Upcoming events at West Thompson Fire Department!**

**OCTOBER 19TH**

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Community + Unity Strengthens Our Community

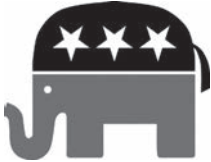


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1st Selectman  
Thompson

**SUSANNE WITKOWSKI**  
Selectman  
Thompson



**VISION FOR THE FUTURE  
INVESTING IN PEOPLE FIRST  
PURSUING WHAT IS POSSIBLE**



Thompson Republicans 2019

Paid for by the Thompson RTC, Kathleen Herbert, Treasurer.  
Approved by Amy St. Onge & Susanne Witkowski

Villager Newspapers

ACCURACY WATCH

The Villager Newspapers is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner. If you find a mistake call (860) 928-1818 or e-mail [charlie@villager-newspapers.com](mailto:charlie@villager-newspapers.com).

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MEET THE CANDIDATES

**Name:** Larry Groh Jr.  
**Position sought:** Board of Finance  
**Town of:** Thompson

**Background/ Qualifications:** For 20 years, I served our community in local government - in addition to working as a Correctional Officer and a small business owner, which I've owned and operated for over 25 years. In 1999, I graduated from QVCC with two degrees - one in accounting and one in business management. After graduating in 1999, I was elected to the Planning and Zoning Commission. In 2003, I was elected to the Board of Selectmen, and served for ten years - six as First Selectman. I took my strong work ethic to the Thompson Board of Selectman, where I, as First Selectman, worked with elected officials regardless of party and with residents, to pass five annual budgets at the first referendum, while maintaining the services we all rely on. Also, during those six years as First Selectman, I was Thompson's representative to NESCOOG, where we shared concerns affecting our region, and the state issues facing all of us. In 2013, I was elected to the BOF, which I'm currently the vice-chairman. But Most importantly as a Selectman and Board of Finance member, I became fully aware of the needs of our local community and the necessity for us to work together to make Thompson a



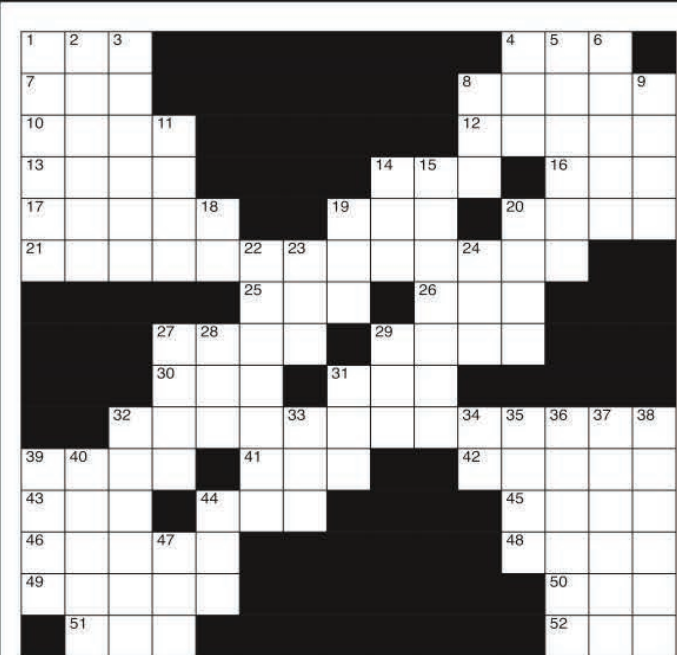
great place to live.  
**What makes you the best candidate for this position?** I am the only candidate with experience as both a Selectman and Board of Finance member, which gives me the knowledge and the background to get the job done.  
**What differentiates you from your opponent(s)?** My experience differentiates me from my candidates. I am the only candidate with experience as both a Selectman and a Board of Finance member.  
**What is your vision for the future?** We need a voice with experience to work for us and I want to be that person. I pledge to bring my strong work ethic, commitment, dedication and energy to this position of Board of Finance member.

**Name:** Greg Kline  
**Position sought:** Selectman  
**Town of:** Woodstock

**Background/ Qualifications:** I will bring a lifetime of community service and proven results to the Board of Selectmen. My experience and leadership will help move Woodstock forward. Founding director of the state's first Veterans Coffeehouse in Danielson. Chair, Data General Property Review Committee (environmental audit of DG campus). Woodstock Middle School Building Committee. Northeast District Dept. of Health - 3 terms as chair. Woodstock Economic Development Committee-chair. Candidacy endorsed by CSEA SEIU Local 2001  
**What makes you the best candidate for this position?** As a community organizer, I have a long record of leading projects and programs that have produced successful results throughout northeast Connecticut (NDDH, Veterans Coffeehouse, Tri-Town Junior American Legion Baseball) and specifically in Woodstock (Economic Development, Woodstock Middle School). This broad experience and the results achieved that have benefitted the community make me the best candidate to identify Woodstock's possibilities and potential and get the job done for the benefit of all.  
**What differentiates you from your opponent(s)?** Years and years of varied community service experiences in Woodstock and the knowledge gained from involvement in regional and statewide public programs that can



offer advantages to Woodstock. Proven results Veterans Coffeehouse: serves 60-75 vets weekly, 290+ members. WMS: built on-time within budget. NDDH: became full service public health department offering lead paint testing and radon testing, dental screening, immunization clinics, etc. Economic Development: Tufts Veterinary School built new facility in Woodstock  
**What is your vision for the future?** I see the Town acquiring the Grange building on Rt. 169 and converting it into a year-round, indoor-outdoor farm market.  
The facility could become a production center for agricultural products grown in Woodstock and processed/canned here. This facility could also become a community center where groups, seniors and veterans can meet and enjoy activities. Creating a public grants office to seek external funding for opportunities limited by Prop. 46.



- CLUES ACROSS
1. Computer key

4. Periodical (abbr.)

7. Hot beverage

8. Capital of Ghana

10. Shrek is one

12. Behemoth

13. Good friend

14. Form of "to be"

16. Where travelers rest

17. European country

19. Everyone has one

20. Pop

21. Feelings of anxiety

25. Small amount

26. Moved quickly

27. Common name for a type of frog

29. Free from psychological disorder

30. 8th month (abbr.)

31. Basics

32. Transcending national boundaries

39. Natives of Kashmir

41. Returned material authorization (abbr.)

42. Cigar wrapper

43. Brew

44. Popular video game series

45. Abba \_\_, Israeli politician

46. Jewelled headdress

48. French cleric

49. Bizarre

50. Unit of measurement

51. Foul-mouthed Hollywood bear

52. "Partridge Family" actress

- CLUES DOWN
1. Type of bomb

2. Smooth

3. Clothing pattern

4. Defunct phone company

5. Something to take

6. Type of piano

8. Consumed

9. "Pitch Perfect" actress Kendrick

11. Ray-finned fish

14. Heat storage stove

15. Shrink back

18. Yukon Territory

19. Connects words

20. Sound unit

22. Furniture with open shelves

23. Cool!

24. 007's creator

27. Source of the Nile River

28. Not safe, but ...

29. Helps little firms

31. Comedienne Gasteyer

32. Conceptualize

33. Root mean square (abbr.)

34. Integrated circuit

35. Evergreen trees and shrubs genus

36. Apprehended

37. Suitable for growing crops

38. Isolated

39. Footwear company

40. Electronic intelligence gathering

44. Political action committee

47. Free of



READING  
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**Name:** Margie Huoppi  
**Position sought:** Board of Finance  
**Town of:** Pomfret

**Background/ Qualifications:** Pomfret has been my home for for over 40 years. The longer I live here, the more invested I feel. With that comes a commitment to do my part to help maintain the quality of life for Pomfret residents. I am proud to have served on the Board of Finance for 14 years and helped keep the Town in good financial shape. I retired after 25 years in marketing and communications at Quinebaug Valley Community College.  
**What makes you the best candidate for this position?** I was first elected to the Board of Finance in 2005, so I bring many years of experience and a wealth of knowledge. With a small six-person board, it is critical to have one or two members with enough experience to ensure a smooth transition after an election. This year the Board of Finance has four vacancies  
**What differentiates you from your opponent(s)?** My 14 years of experience on the Pomfret Board of Finance. In addition, I have served as Board chair for the past two years. I have worked collaboratively with the Board



of Selectmen and Board of Education to keep the Town budget within reasonable spending limits while providing necessary services, maintaining the quality of life, and allowing the community to grow and prosper.  
**What is your vision for the future?** The fiscal health of the Town of Pomfret is vital to the quality of life, as well as to maintaining the important characteristics we hold dear for future generations. I am committed to ensuring the financial stability of the town by creating fiscally responsible budgets, maintaining a healthy surplus balance, and using the town's money wisely.

**Name:** Sally Rogers  
**Position sought:** Pomfret Library Board Trustee  
**Town of:** Pomfret

**Background/Qualifications:** Currently serving on the Board of Trustees. I have lived in Pomfret since 1982 and have sent both of our children through Pomfret Community School, where I also taught music for 9 years. I ran a pre-school story hour at the library for several years when our children were young.  
**What makes you the best candidate for this position?** I am running unopposed  
**What is your vision for the future?** I am looking forward to helping the library raise the matching funds to build an addition on to the library which will



include a large meeting room, a small meeting room, and extended space for children's and teen programming. This is a very exciting time to be serving on the Board of Trustees.

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# MEET THE CANDIDATES

**Name:** Joseph J. Nash  
**Position sought:** Board of Finance  
**Town of:** Putnam

**Background/Qualifications:** Life-long resident of Putnam, where I raised my daughter, Susan, retired from State of CT Judicial Department after 50 years, and reside with my wife, Susan Grant-Nash. Chairperson of the Board of Finance for the past six years, and on the Board since 2005. Chairperson of the Zoning Board of Appeals. Former member of the Putnam Police Department, and owner of Putnam Heights Orchards. B.A and M.S.W.

**What makes you the best candidate for this position?** Having served for the past 14 years on the Board of Finance, and on other Boards and Commissions, as well as employment for 50 years as a Social Worker in NE CT, I am knowledgeable and experienced in the needs and issues of our community. I have worked hard to keep our tax rate one of the lowest in CT, while continuing to grow Putnam as the town we love and want to live in.

**What differentiates you from your opponent(s)?** I believe in keeping the business of the Board of Finance above politics. Although affiliated with the Democratic Party, my focus and votes on matters before the BOF reflect my view of what is best for Putnam, not best for a political agenda. My life

**Name:** Barry Shead  
**Position sought:** Board of Finance, ALT  
**Town of:** Woodstock

**Background/Qualifications:** 40 years experience in business management, banking, and budgeting. Finance Committee Chair, The Congregational Church of Putnam; Board of Directors, Greater Norwich Area Chamber of Commerce and Chair Ambassador Committee; Treasurer, Putnam Lodge of Masons; Rotary Club Member; Former Treasurer: Norwich Historical Society, Woodstock Academy Booster Club, and Rose City BNI.

**What makes you the best candidate for this position?** Decades of experience regarding business finance and dealing with all types



experience, from attending St. Mary’s Elementary School, coaching their football team, operating a local business and educating my daughter in Putnam schools, gives me a unique and comprehensive perspective.

**What is your vision for the future?** In my lifetime Putnam has survived flood and decline, and has risen and grown into a vibrant and desirable place to live. We have a renovated High School and are looking forward to our new Town Hall/ Library Complex. To keep taxes low, we need fiscal responsibility, and to grow our Grand List through increased occupancy in our Technology Parks and commercial areas. As in its past, I wish to support Putnam’s successful future.



of financial situations. Will analytically look at financial issues taking into consideration the benefit to our town, weighted against the impact upon the taxpayer.

**Name:** Frank Olah  
**Position sought:** First Selectman  
**Town of:** Woodstock:

**Background/ Qualifications:** I am currently serving as a Selectman.as the Superintendent of Schools in Hampton. I live with my wife Karen. I am the treasurer of the Woodstock Cemetery Association, a member of the Hill Church, Board of Directors of the Woodstock Academy Alumni Association and the Woodstock Democratic Town Committee. I have served on the Woodstock Academy Board of Trustees and as Assistant Principal at the “Little School”.

**What makes you the best candidate for this position?**

I can effectively serve the people of Woodstock based on my long history of leading organizations and creating budgets that have been effective in meeting the needs of my school districts. I understand how important communication is and we have offered a full platform and an excellent team of Democratic candidates who believe in the platform’s statements.

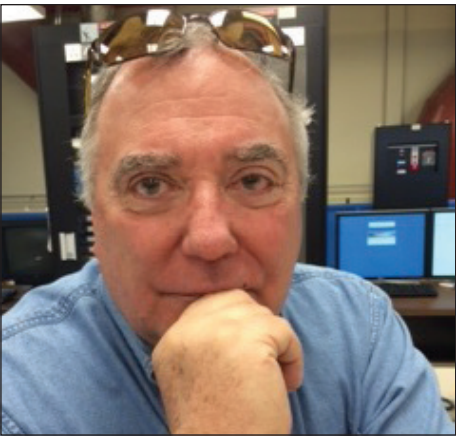
**What differentiates you from your**

**Name:** John G. Sarantopoulos  
**Position sought:** Town Council at Large  
**Town of:** Killingly

**Background/ Qualifications:** I have resided in Killingly all my life. I graduated from Killingly High School in 1957. I enlisted in the USMC and served until honorably discharged in 1960. I then earned a post graduate diploma in architectural drafting from Ellis Tech. Principal Elected Officer - Teamster Local 493 for 9 years until retirement. Created First in the Nation Multi Employer 401K Plan. Trustee - 200-million-dollar health care fund. Truck driver - 30 years. Trustee - Southeastern CT United Way. Trustee - Gemma Moran Food Center . Member - Transportation (TIA I-395). Member - CT. Transportation Strategy Board. Economic Development Board. Killingly Library Building Committee. Permanent Building Commission Chairman. Killingly Town Council Member from 2007 to 2015.

**What makes you the best candidate for this position?**

Experience. I have a clear understanding of the issues Killingly faces one which is capital improvement. I am well versed on Town Ordinances and the Town Charter. Decisions that are made for reasons other than the Town’s best interest are unacceptable. The inability to make decisions due to frivolous political incessant chatter at Town Council meetings is one example



**opponent?** My two years of experience as a Selectman.

**What is your vision for the future:** I am planning to open the town hall for five days each week and I will be a full-time selectman with posted office hours. I will also attend the town’s commissions and board meetings, repair the communications between the Office of the First Selectman and the town’s residents and work on the development of the town’s grand list.



of unacceptable behavior.

**What differentiates you from your opponents?** My motto is: No Politics - No Parties - Just Results. I am against Killingly’s politics of nepotism, political favors, political appointments and the ordinances that do not represent the interest of all the Town. This must cease. In order to protect against those who use the politics of Killingly for self-gain, a written grievance policy should also be included within Killingly’s Town Charter holding abusers accountable.

**What is your vision for the future?** I would like to see Killingly functioning as a fact-based, fiscally responsible government that holds its officials accountable for their actions. I shall represent Killingly’s best interests. I believe deeply that community service is a responsibility of every citizen and therefore I am running for Town Council.

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# Pumpkin picking at Lapsley Orchard

\POMFRET — Last weekend at Lapsley Orchard was the annual family day event. Pumpkins were everywhere you looked and many people roamed the apple orchard to pick apples.

Karen Butera photos



Mirabelle Cole picks her choice of a pumpkin




Waiting for the hay wagon ride



Dugan Wolchesky of the Pomfret Lions Club



Adrian Stevens with pumpkins just his size



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Music & Lyrics by Mark Hollman  
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**Tickets**  
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**Performances at** **BRADLEY**  
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860-963-7887 [www.thebradleyplayhouse.org](http://www.thebradleyplayhouse.org)

October 25, 26 @ 7:30  
27 @ 2:00



# Spooky Nights at Brooklyn Fairgrounds

BROOKLYN — The 2019 Spooky Nights at Brooklyn Fairgrounds showed a good turnout on Oct. 11-12. Children and adults came out for a good scare and enjoyed an evening out.

*Karen Butera photos*



Shelley Ryan and Liam Greiner



East Brooklyn Fire Department helps out. From left, Ray Gallup and Peter Lacasse with son Evan



Brain Betty with wife Larissa and daughters Dakota and Sidney



Brooke practices the hula-hoop



From left, Dylan Lacasse, Aiden Brailsford, Evan Lacasse, Gage Lacasse and Kai Brailsford



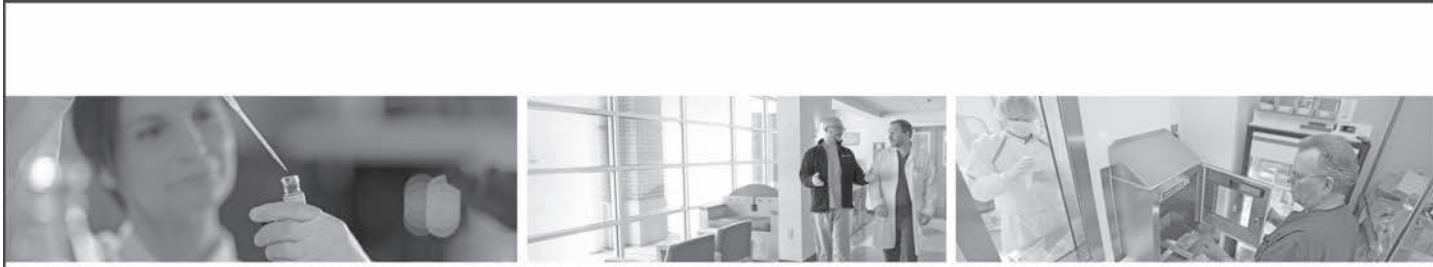
From left, Vanessa McClure, Hailyn LaJoie and Gail Mancini



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**Gino Bottino, MD**, right, is a board-certified medical oncologist and completed his residency at Montefiore Medical Center.

**Carmen Pisc, MD**, left, is a board-certified medical oncologist and brings more than 30 years of experience to Day Kimball.

**Phyllis Kelliher, RN, MSN, OCN, FNP-BC**, center, is an advanced practice registered nurse and nurse practitioner bringing nearly 19 years of oncology experience to our team.

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# Optimism is a key to quality education

Last week, I traveled to Avon, Indiana as keynote speaker for the Avon Education Foundation (AEF). Avon is a charming suburb of Indianapolis nestled in the countryside just outside of the city.

Avon has a tax base challenge as it is a community with no industrial base and very few commercial tax dollars. The State of Indiana has wisely protected homeowners from abusive and punitive real estate taxes, so there is a serious need for school funding aside from government funding. That is where the businesses and citizens of Avon generously step in.



So, you don't live in Avon and why should you care? This story is the same for countless communities around the nation, but few seem to function with the success of the AEF, led by President of the Board Shane Sommers and Executive Director, Sara Bender. Sara is an enthusiastic fireball who believes in the mission of the AEF and refuses to believe any need should be unmet and no goal is unattainable. She exudes a level of optimism that is contagious, but it doesn't stop with Sara and the AEF.

POSITIVELY SPEAKING  
 GARY W. MOORE

Avon schools and students project a level of optimism that I rarely see, and I have spoken to hundreds of schools across the nation in my role as a motivational/inspirational speaker. Does optimism make a difference? When you believe the best is coming, the mind subconsciously works to make it so. The same is true in reverse with a pessimistic outlook. I didn't spend enough time in Avon to trace the origins of this optimism, but I was there long enough to see that their optimism permeates through the entire educational system.

Take as an example the Marching Arts program. Both the Avon Marching Band and Color Guard are nationally recognized as "top notch." I enjoyed the privilege of meeting and spending time with Dean Westman, Performing Arts Chair and Daniel Wiles, Visual Program and Winter Guard Director. Together, these educators have amassed numerous national championship awards. What was the first thing that came to mind when I met them? They were optimistic. Optimism generates enthusiasm and enthusiasm generates positive actions. And of course, positive actions create positive results. It all begins with optimism.

Then there is the Avon High School Library. In many schools, the library is avoided like the plague ... but not at Avon. At any given moment, the library is packed with students. I visited with librarian, Robyn Young. What did I notice first? A genuine optimism and enthusiasm. It seems to be contagious at Avon and worth catching.

In the USA, we bury our school systems with funding, while the boards of education scream for more. The truth is that school funding alone does not create quality education. In fact, I can make a compelling case that if not properly managed, it causes damage by relying on technology alone. If funding was a key driver, the USA would be ranked number one in every category of education ... and we are far from it. I'll take an optimistic and positively enthused teacher with a chalkboard any day over a pessimistic teacher with the latest and greatest technology. Technology can be a valuable enhancement to education but without an optimistic outlook, technology only amplifies the pessimism of the user. My message to Avon was to not only keep it up but ramp it up. Why settle for being one of the best school systems when you can strive to be the best school system? Be optimistic X 10. Never settle. Never be satisfied. Never accept mediocrity when excellence is at your doorstep. So again ... what does this have to do with you and your school system? Stop looking for additional dollars and technology to help your students succeed in life and begin with optimism. Optimism isn't a genetic gift passed from parent to child. Optimism is an acquired skill. An optimistic outlook in life is a choice we make. Optimism is the foundation that success and happiness are built upon and make no mistake about it. There is no middle ground. You are either optimistic or you are pessimistic.

It is the attitude and outlook of the student that is all-important. That outlook and attitude can be shaped and formed by the educational system. Yes, its difficult to overcome an unsupportive or bad homelife for your students, but the school system is the next greatest influencer. When a student can be taught and influenced to believe that if they work hard and pursue excellence a positive future

Turn To **MOORE** page **A12**

# OPINION

Opinion and commentary from the Quiet Corner

## LETTERS TO THE EDITOR

### Church responds to flag theft

We, the members of the First Congregational Church of Woodstock, seek to embody in our words and actions the unconditional grace and hospitality of God that we have experienced in the personality of Jesus Christ. In him, we have been invited into the life of God, and welcomed into the community of faith. Led by Jesus' spirit and following his example, we invite all who seek to be his disciples into this church family, without regard to race, nationality, age, marital status, gender, mental, emotional or physical challenges, economic status, or sexual orientation. We believe there are no outsiders in a community that is observant of God's will.

We remain proud to fly a rainbow flag in front of our church as a visible sign of our continued commitment to this Open and Affirming statement, first approved by our congregation in 2003. When someone removed that flag just before Palm Sunday last April, our minister at that time, Reverend Jocelyn Gardner Spencer, wrote the following to the Villager: "[Flying a rainbow flag] serves as a reminder of how important it is for us to continue our public witness to our belief that every human being of every gender and sexuality is created in the image of God. When we baptize a child, having no idea of who that child will grow up to be, we celebrate God's love for that child, and we promise our love to that child, no matter what. We make the same promise to every person who crosses our threshold, no matter who you are or where you are on life's journey."

In the ensuing months, someone has taken our flag five more times. Nevertheless, our commitment to an unconditional and exuberant welcome to all cannot be removed. In fact, we openly invite the person or persons who have taken our flag, and anyone who may support such an action, to join us for worship any Sunday at 10 a.m. We welcome the opportunity to engage in a dialogue over the implications of Jesus' message of radical love.

We are also aware that we are not the only church in this Quiet Corner of Connecticut to experience expressions of intolerance to an open expression of radical love. We support our neighbors in faith, and we will continue to replace our flag as many times as necessary. And we challenge everyone to consider ways to express love of neighbor, no matter who that neighbor may be.

BRUCE T. LYMAN, MODERATOR  
 FIRST CONGREGATIONAL CHURCH  
 OF WOODSTOCK

### On impeachment

Now that the House is starting the impeachment process, the question is why and the reasons (many) for it. First the US Government is not a vehicle for Presidents to do their political bidding. If the State Dept., CIA, FBI etc start investigating political opponents of a President in an election cycle, watch out. The Democracy and principles of this country will be about as strong as a communist, countries run by dictators are. The people and the country will suffer. How long will it take a President to start looking into Senators, Congressman, the Press anybody else who would speak out against him? This system is called Facism. No one person in the country is above the law and should not use components of the government to investigate

### Coderre supports Rawson

I'm urging all registered voters to utilize a right that was passed on by our Founding Fathers, and get to the local polls and cast your ballot on Election Day. Your vote is important and every vote counts. Putnam is once again facing another important local election. In the past two years the community has witnessed unprecedented changes and improvements. It's imperative that this progress continue if Putnam is going to continue to thrive.

I'm urging voters to go to the polls and vote for Jeff Rawson for Selectman. Jeff is a well-educated business man who understands

### Guillette supports Beausoleil

Ken Beausoleil has served the Town of Thompson for the past four years. He is a First Selectman with an open door and friendly handshake policy. He has a positive outlook regarding Thompson's future and uses common sense solutions to solve problems and issues. First Selectman Beausoleil supports local organization and agencies that provide programs that serve Thompson's senior citizens, families and youth. First Selectman Beausoleil continues to work to rejuvenate the Route 12 corridor and welcomes projects

### Support Putnam Democrats

This year's Putnam municipal elections voters have an opportunity to elect a diversified slate of democratic candidates to govern our Town. The majority of men and women running for Board of Selectmen, Gloria Marion ,Scott Pempek, Owen Tarr; Finance, Joe Nash, Maura Higginson; Education, Michael Morrill, Jill Zangerl; Assessment Lee Konicki; and Special Service District, Gerry Cotnoir, Ray Lajoie, Gloria Marion, Owen Tarr, are experienced leaders. This year we have four first time candidates, Fran Bousquet, Board of Education, Paula Hanlon, Finance Board Alternatne, Don Nelson, Library Board and Mayoral Candidate, Jamie Heath.

Jamie Heath, brings a "Fresh Voice" to the ticket. He is a lifelong Putnam resident, Army Veteran and community volunteer. He will add a new prospective to lead our Town. For the past two months I have witness Jamie interact with the public, talk on the radio, attend Town Meetings and community events. His focus, as a candidate, is centered around what do the citizens of Putnam need in their leadership and how can he help work toward providing a good balance to encourage Putnam's positive growth. Jamie is listening, supported by qualified Board members, he will work to continue progress on our infrastructure, promote the new Technology Park, care for our Senior Citizens, promote

a rival for election, using foreign countries to do it and asked or demand they do, would be against many, many years of American history. This how dictators operate not how the United States of America has operated for the past 200-plus years. President Kennedy said in his inaugural speech in 1961, "don't ask what your country can do for you, ask what you can do for your country" The current holder of the office mantra is don't ask what I can do for the country but can the country do for me. See the difference. Lastly, elect a clown — expect a circus.

DAVID CASSETTARI  
 DANIELSON

the needs of the people. He's a well thought out public servant who assesses each issue and votes for what is best for the community.

Jeff Rawson is a man who puts his energy into every position he takes on. In addition to his position on the Board of Selectman, he's active in a number of community organizations. He's a person of action, who gets the job done. Vote for Putnam Selectman Jeff Rawson on election day. A vote for Rawson will ensure the continued success of Putnam.

RONALD P. CODERRE  
 PUTNAM

like the North Grosvenordale Mill initiative. It's a good step toward continued economic growth while keeping our "Quiet Corner" lifestyle. I hope you will join me and support Ken Beausoleil for 1st Selectman and Charlene Langlois for Selectman, they are a fiscally responsible team. Vote Tuesday, November 5th.

DOROTHY GUILLETTE  
 THOMPSON

advancing Education and become a strong voice in the new Town Hall Complex. He will examine the Town Budget, with the Finance Board, to grow Putnam while staying mindful of what a burden any mill increase will bring upon many of our taxpayers.

In looking at new ideas for Putnam he also wants to continue the positive work his predecessors have done to create Putnam as a destination place to visit and do Business. Working with the municipal agencies and The Putnam Business Association he will continue the promotion of community events. Our community provides many "fun events" that bring in thousands of people which provides economic growth for our businesses.

I am impressed with Jamie's ability to articulate his vision. He will bring that "Fresh Voice" to our Town Administration. Jamie will be a continued presence in the Mayor's office and will be available to meet with Putnam's citizens.

I urge all voters to take a good look at our candidates. Vote "Row A" for our Mayor Candidate and a diversified slate of candidates to create a productive working team to promote the Town of Putnam.

CINDY DUNNE  
 PUTNAM

# Balancing portfolio with assets



FINANCIAL  
 FOCUS  
 JIM ZAHANSKY  
 INVESTMENT  
 ADVISER

Throughout October, our goal is to help you become comfortable with talking about financial planning. Last week, we discussed unique strategies for monitoring your portfolio to achieve your financial life goals. Retirement planning is an important topic to discuss during Financial Planning Month because for many people, retirement is a top priority when it comes to achieving their financial life goals. Anyone who is close to retirement and about to start relying on his or her savings for living expenses will probably need to strategically align their assets differently than a young, well-to-do working professional whose priority is saving for a retirement that's 30 years away. Depending on your time horizon and risk assessment, retirement planning looks different for everyone; as we discussed in the first week of Financial Planning Month, your unique investment strategy is tailored to you.

Aligning your investments: The combination of investments you choose is as important as the individual investments themselves. In fact, many experts argue that it's even more important, since the mix of various types of investments accounts for most of the ups and downs of a portfolio's return. Each type of investment, or asset class, has strengths and weaknesses that let it play a specific role in your overall investing strategy. Some investments, such as stocks, may be chosen for their growth potential. Other asset classes, such as bonds, may provide regular income. Still others may offer relative stability or serve as a place to park money temporarily. And some investments may try to fill more than one role. Balancing how much of each asset class you should include in your retirement portfolio is one of your most important tasks as an investor. That balance between growth, income, and safety/stability is called your asset allocation. It can help you manage the level and type of risks you face. Working with a financial advisor can help you make strategic investment choices that work toward your unique financial life goals.

Many ways to diversify: In addition to thinking about how to divide your assets among stocks, bonds, and cash — the three basic asset classes — consider how your assets are allocated within an asset class. For example, for the stock portion of your portfolio, you could allocate a certain amount to a mutual fund that invests in large-cap stocks, and a different percentage to one that focuses on stocks of smaller companies. Or you might allocate based on geography, putting some money in U.S. stocks and some in those of companies overseas.

Bond funds will vary based on the underlying bonds they hold, and are subject to the same inflation, interest-rate, and credit risks associated with them. Those differences will affect a fund's yield and volatility. As interest rates rise, bond prices typically fall, which can adversely affect a bond fund's performance.

Cash alternatives such as a money market fund can be used to park money until you decide how to invest it. Once you've covered the basic three asset classes, there may be others that can be used to diversify further.

There are various approaches to choosing an asset allocation that makes sense for your unique financial life goals. One approach is to look at what you're investing for and how long

Turn To **ZAHANSKY** page **A12**



LETTERS TO THE EDITOR

No fan of Trump

Hypocrisy and laws. You know, it’s almost impossible to enumerate the level of hypocrisy that Trump lives every day. Unfortunately, hypocrisy is not a crime. It only besmirches he who delves in it. For instance, his ever accusing Clinton of misdeeds about emails while he ignores his daughter and son-in-law still using private servers for government business. BTW, this has no relevance to the impeachment inquiry. Go figure.

And his insistence of Biden’s unproven activities in the Ukraine while he has, by his own admission, broken Federal election laws prohibiting requesting assistance from any foreign entity, individual or government, to influence federal elections. Fact. Trump supporters – look up the law.

Hypocrisy and irrefutable conflict of interest. Trump’s children continue to run international companies that are generating millions of dollars of profit to Trump companies that Trump still owns. His children that are inextricably involved with government activities, advice and collusion. How can anyone of reasonable intellect and conscience deny that this is wrong?

In other communications, I’ve been accused of advocating the harassing of a “duly elected President” out of office. What drivels. Where does is say that being “duly elected” immunizes anyone from the Constitution or rule of law? No where.

I’ve also had someone claim that

On ice cream

I can’t believe I heard the town is coming after Bucks Ice cream. This is very disappointing. Bucks ice cream filed for a permit and received one from the town. They started the business up and purchased expensive equipment based off of the town’s approval for the business. Bucks ice cream is literally the only location in town where local people can meetup with friends and neighbors spontaneously. A town that desperately needs a place for locals to be able to meet up with each other and build relationships. I also heard that the P & Z hired the town’s lawyer to come to a special meeting for the P & Z to discuss how they can go after Bucks ice cream. This is the most disappointing news I’ve heard. Way to waste my tax dollars

Norman is for Langlois

With the elections in Thompson coming up on November 5th, I would like to endorse Charlene Langlois for the Board of Selectman. With Charlene’s business experience, her energy and her dedication, I feel she will make the best candidate for this position. I have known Charlene for the last five years and the commitment she has to achieve her goals is part of who she is. I have witnessed this first hand in our collaboration as a church, Creation Church, and the Thompson Business

Congress does not have subpoena power for an impeachment process without a vote affirming an impeachment process. That is false. I looked it up. Check out the article from the Brigham Young University Journal of Law article, “The Congressional Subpoena: Power, Limitations and Witness Protection”. There is no such restriction. Trump’s lawyer made that up. Check it out.

Finally, I am fed up with Trump and his supporters who fanatically hold that Trump never lies, even when so many independent sources contradict him. Trump might make his case if he were to provide valid facts supporting his contentions. But he doesn’t and can’t. Trump and his supporters live on unsubstantiated assertions and accusations.

Moreover, they are intellectually corrupt because they never reply directly to accusations of wrong doing. They always change the subject, attack the accuser, vilify the truth, claim false facts and, now, thumb their noses at the Constitution and rule of law. The Congress must rise up and protect the Constitution, in its every word and intent, that it is the ultimate law and structure or our Republic.

BTW. Name calling, a feature of Trump and his supporters, is quite puerile and does not advance their argument.

STEPHEN ETZEL  
PUTNAM

going after a small business in a town that has few businesses to begin with. I think the peoples’ tax dollars would be better spent hiring a state trooper to an overnight shift every once in a while to protect the towns people and property against criminals breaking into vehicles and houses. This would be a good alternative to going after a local small business owner who is creating an environment that brings local people together in a positive manner. Shame on the people in charge in this town who do not support Bucks. Put this issue to bed and stop wasting our time and money.

RUSS WILMOT  
WOODSTOCK

Association to provide meals for families on weekends, who may otherwise go without a decent meal through the Weekend Warriors. She is one of the hardest working individuals I know. I feel together with Thompson’s current First Selectman, Ken Beausoleil, the two of them will make the best team for Thompson. Together they will keep Thompson moving forward.

PASTOR BERNIE NORMAN  
THOMPSON

Support for Kerttula

I am writing to again emphatically endorse Kevin Kerttula Killingly Town Council, District 4. Kevin has demonstrated a steady and sensible voting record, including fiscal constraint. Kevin’s first and foremost objective is to support the town of Killingly in a fair manner while providing a minimal impact on the lives of the citizens and taxpayers that support the government.

And while Kevin serves on the Town Council and not the Board of Education, I truly appreciate Kevin’s strong and principled opposition to the Killingly Redmen/Redgal name change. This misguided, militant political correctness gone amuck must be stood up to not only by residents, but those we have elected to represent us, such as Kevin.

Mascots and pollution

As a Killingly High School graduate and former 40-year Killingly resident, I have attended several Killingly Board of Education meetings over this past year. Several of those meetings have addressed student civil rights and issues surrounding racist incidents, which this Board has made efforts to address.

While the retirement of the high school mascot has seemed to bring the most visible controversy, for me the over-arching question is: what kind of education system allows young people to learn and flourish?

From my observations, Board member Hoween Flexer has shown that this is her primary interest in serving on this board. She has shown integrity, courage, and respect for fellow Board members and toward citizens making comments. Disruptive remarks called out during the Board’s business meeting are out of order and show obvious disrespect for civil decorum. Pointing this out does not shut down citizen input; instead, it attempts to enforce common courtesy.

Last week’s letters included a vicious and inaccurate attack on Hoween Flexer in her conduct in examining the values and attitudes of a potential Board replacement, whom I am sure is a fine person. Her questioning had to do with unaware bias, which would affect students in votes and decision-making. All of us have unaware bias about something because we have not walked in the shoes of most of our fellow humans. It does not mean we are bad people, only that our experience may impair our judgment in certain areas.

Ms. Flexer had every right to ask those questions.

Further, the replacement candidate was not seated because of a four-to-four tie vote, not due to a Democrat majority, as erroneously stated.

I do not want to believe that the people in the town I grew up in are unwilling to move toward ending racist attitudes. It is a painful growth process, but the

alternative is to support racism, not worthy of townspeople and their children.

It is unfortunate that candidates for both the Board and the Town Council are actually running on promises to bring back the retired high school mascot. A more relevant and much more important commitment would be to explore every avenue to prevent construction of the Conn. Siting Council-approved fracked-gas ( methane) power plant. In exchange for \$5 million per year (about 80 cents per day per Killingly resident), Republicans, Democrats, unaffiliated, non-voters and children will be at the mercy of over two million tons of toxic pollution every year. Windham County already has the highest child asthma rate in the state, and double the national average. More pollution will only make this worse.

Can we unite on this? Some may say that I am an “outsider” because I live in Thompson, a few miles north of this approved plant. My argument to that is that the wind knows no town boundaries and this is a regional menace. As for outsiders, everyone who will profit from this plant lives in Florida. And according to my research none of the Conn. Siting Council members, who approved this project, live in Windham County. This more than meets my definition of “outsider!”

The health and safety of town residents is the primary responsibility of any town official, especially an elected official. This situation does not divide us by political affiliation. I ask Killingly voters to please support candidates from any political party who will oppose this plant, possibly by passing a town ordinance protecting its citizens from serious health consequences.

Which is a better priority: preserving an unintentionally racist past, or preserving the health and safety of our citizens in the future?

BRIAN GOSPER  
KILLINGLY

Belanger is for Langlois

With the Elections in Thompson coming up on November 5th, I would like to endorse Charlene Langlois for the Board of Selectman. With Charlene’s business experience, her energy and her dedication, I feel she will make the best candidate for this position. I am Charlene’s sister and have known Charlene for my entire life and the commitment she has to achieving her goals is part of who she is. She is one of the

hardest working individuals I know. I feel together with Thompson’s current First Selectman, Ken Beausoleil, the two of them will make the best team for Thompson. Together they will keep Thompson moving forward. Please take the time to vote for Charlene Langlois and Ken Beausoleil on November 5th.

KELLY BELANGER  
DAYVILLE

Was the Danielson family behind the town’s name

One of the questions that I was asked at the Walktober walk on Putnam Heights on October 5 was about the Danielson family. Was Providence Journal publisher George Whitman Danielson, whose widow Rosa Peckham Danielson and children Whitman and Rosamund Danielson lived on the Heights for many years, connected to the early Killingly Danielson family? I thought so but wasn’t positive so said I’d do some research. The Commemorative Record of Tolland and Windham Counties Connecticut, published by J. H. Beers & Co., in 1903 provided the answer and a wonderful biographical sketch. First, yes, George Whitman Danielson was descended from Killingly’s early settler James Danielson who purchased 2,000 acres of land between the Quinebaug and Five Mile Rivers in Killingly in 1707. George’s father Jacob Whitman Danielson (Samuel, Capt. Samuel, Samuel, James) resided in what became



KILLINGLY  
AT  
300  
• • • • •  
MARGARET  
WEAVER

Danielsonville where George Whitman was born April 26, 1829. “From an early age he (George) took a decided leaning to the printer’s trade and, not liking the farm, left it at fourteen years of age, and in his fifteenth year entered the office of E. B. Carter, the village printer, at Danielson... In 1845 he went to Providence, R.I. where he worked as a journeyman printer. After a stint in New York, he returned to Providence, and then on July 26, 1848 became the editor and publisher of the New England Arena at West Killingly. He returned to Providence and in 1863 became “business manager and managing editor” of the (Providence) Journal and established the Evening Bulletin. He was a director of the Oakland Beach Association, the Phenix National Bank, the Richmond Paper Company, the Equitable Mutual Insurance Company, and the Rhode Island Telephone & Electric Co. On January 25, 1881 George Whitman Danielson married Rosa Frances Peckham , daughter of Dr. Fenner Harris

and Catherine Davis (Torrey) Peckham. They had two children: Whitman, b. Dec. 17, 1881 and Rosamund, b. November 6, 1884, after her father’s death on March 25, 1884. (pp. 20-23).

If all goes as planned, my sister and I will be going to the Pink House this weekend for the wonderful Fine Arts and Crafts Festival, which is to have 175 artisans and their wares. I was happy to discover that Margaret Thompson McClellan’s Winds of Change contained a chapter about long-time Roseland Cottage resident Constance Holt, a granddaughter of Henry C. Bowen. Margaret and her husband John lived next door to Constance for many years. I’ll share some of what I gleaned from the sketch.

Of Constance Holt Margaret McClellan wrote, “Like the mansion, she was the undisputed queen of Woodstock... Her kind will not be seen again. They were unique to New England and an era—maiden ladies who presided over New England towns, maintaining the amenities, the pride, the culture, the courage—and tolerance ---not everyone could afford...”

Soon after Margaret McClellan arrived on

Woodstock Hill as a new bride, she and her husband were invited to dinner at Roseland. “The invitation to dinner came promptly on grey-lined not paper sent round by the hand of Elmer, her gardener-chauffeur. ‘You won’t get much chance to talk,’ John, my husband, said. ‘She asks questions and goes right on talking.’ This was true, but I soon learned that this was company manners of her clan who believed that you proffered entertaining talk as well as good food to your dinner guests.” (Constance’s younger sister Sylvia lived with her at the time). Margaret “loved the formality of the superb dinner, cooked and served in the high-ceiling dining room by Judith Ask, their tall, gaunt, uniformed maid. We sat at the round table set with pink china and pink linen...Compared with the informal dinners on laps the depression of that time had made almost universally acceptable, it was very civilized.”

“Constance maintained the amenities with tea parties, and her invitations were coveted. The large oval dining table was arranged with pink linen, flowers, paper-thin sandwiches and pretty cakes, and an array of teacups from which one could choose whichever one she liked best. And afterward there were games in the parlor. Somehow she managed to have almost everyone in town in the course of a year, selecting her guests with care so that they were eclectic but compatible.”

Constance and Sylvia loved Gilbert and Sullivan operas and sometimes took Margaret along to Boston to see one. On the opposite end, “Constance would have made a great baseball player if she had been a man and it had been socially acceptable. She was mad about baseball. She went to every game she could until television came along...After television came Constance would let nothing interfere with a game.”

“On top of being a ball fan, she was a Democrat, and this in a town that was 99 percent Republican...Constance’s loyalty came from the fact that her brother, Hamilton Holt, was a prominent figure in Wilson’s efforts to create the League of Nations. She took great pleasure in placarding the trees in front of her house with pictures of Democratic candidates.”

Constance was also a woman of great courage. As an heir of Henry C. Bowen she assumed



# Pumpkins and Pearls raises funds for Day Kimball



From left, Kim Rosebrooks, auction emcee Earl Rosebrooks, Mike Lowell, and Jen Heath at Day Pumpkins & Pearls Auction and Cocktail Party.

THOMPSON — Day Kimball Healthcare's Pumpkins & Pearls Auction and Cocktail Party, held Sept. 27 at Ballard Farm raised over \$20,000 for in-home care programs.

"We are overwhelmed by the support and generosity displayed at this year's auction," said Kristen Willis, DKH development director. "Together we have ensured that patients will continue to receive high quality and compas-

sionate in-home care programs right here in our community. Words alone are not enough to thank our volunteers, donors and sponsors for making this event a huge success. The funds raised directly benefits our patients and




From left, Sarah Ginnetti, Tina Kelly, Sharon Geyer, and auction committee member Linda Ring.

Volunteer Roger Franklin and committee member Kim Lecuyer.



their families by supporting vital services that are not normally covered by insurance. Once again, our Northeast Connecticut family has risen to the occasion by coming together to aid and support some of its most vulnerable members."

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## Funds ready for habitat improvement

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The program is part of the \$6.1 million Southern New England Heritage Forest conservation effort, an unprecedented three-state collaboration made possible through

the Regional Conservation Partnership Program (RCPP) of the USDA Natural Resources Conservation Service (NRCS). The NRCS funding is being matched, bringing the economic infusion into the region to \$12.2 million.

A professional forester will walk your property and coordinate with the Audubon society in your state to produce a high-quality forest management plan with a bird habitat assessment of your woods. The plan will recommend measures you can take to improve the health of your woods. The

plan will meet federal and state requirements and may be used to apply for property tax reductions at the local level (where applicable).

Grant funds are available to pay for most of the forester's costs and to completely fund the bird habitat assessments. Landowners will be responsible for choosing a forester from an approved list and paying for a percentage of the total cost of the forest management plan. This program is ideally suited for landowners who have never had a forest management plan and own more than 10 acres of woodlands.

Program requirements vary by state. To get started, contact the lead partner for your state. The partners can assist with the application process. The application deadline for Connecticut is Dec. 31, but we recommend you begin the process early to ensure the application is complete before the deadline. Visit [www.thelastgreenvalley.org](http://www.thelastgreenvalley.org) for links to the application materials, including a list of communities in Connecticut that are included in this program.



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# TLGV awards \$12,000 in preservation grants

DANIELSON — The Last Green Valley, Inc. (TLGV) recently awarded \$12,000 in grants to four local organizations to preserve, protect, interpret, promote or market historic and cultural resources. Since TLGV began awarding historic and cultural grants in 2003, more than \$1 million has been disseminated to local organizations. For many the funding is the necessary step toward completion of their projects.

“These four projects are important to preserving the rich history and culture of The Last Green National Heritage Corridor,” said Lois Bruinooge, Executive Director of TLGV. “These projects all stand out because of the long-term benefits they

will provide not only to the organizations leading the projects, but to the entire community.”

TLGV awards grants based on a competitive application process. Every project is vetted and evaluated for its potential benefit to the region by a team of reviewers. Every successful grant must be matched 1:1.

The following grants were awarded: Killingly Historical and Genealogical Society in Killingly, was awarded \$1,000 for its “Preserving the Past” project. The project will catalog and preserve historic photographs, postcards, maps and other items and make them more accessible to the public.

Thompson Together in Thompson was awarded \$4,000 for its project called

“Thompson Cemetery Restoration II.” The grant will fund cleanup and repair work at six of the town’s 24 cemeteries. The grant will help fund an ongoing effort of the committee to preserve and conserve the cemeteries, which had been neglected for many years. All the cemeteries play an important role in Thompson’s history.

Town of Thompson, through its Trails Committee, was awarded \$3,000 for its project called “Traveling Through Thompson: Directional and Interpretive Signage to Protect & Promote Thompson’s Historic and Cultural Resources.” The Town will develop a consistent signage plan to promote and protect Thompson’s resources and provide valuable infor-

mation to visitors to enhance their experience. Many of the town’s historic locations will receive signage.

Norwich Historical Society in Norwich was awarded \$4,000 for its project called “Restoration of the circa 1759 David Greenleaf House.” The house is a historic property on the grounds of the Leffingwell House Museum and the funds will go directly toward restoration of the rear lower level of the home to create an accessible space to accommodate more visitors for events and programming. Renovation of the space will allow both the Leffingwell House Museum and the Norwich Historical Society to expand programming and events.

## ZAHANSKY

continued from page A8

you have to reach each goal. Those goals get balanced against your immediate need for money — for example, to pay living expenses. The more secure your immediate income and the longer you have to pursue your investing goals, the more aggressively you might be able to invest for them. That means your asset allocation might have a greater percentage of stocks, which are considered riskier than bonds or cash but which also might offer greater potential long-term return. Like mentioned previously, depending how far retirement is for you, your investment strategy will differ from someone else’s.

Your asset allocation should balance your financial goals with your emotional needs. If the way your money is invested keeps you awake worrying at night, you may need to rethink your investing goals and whether the strategy you’re

pursuing is worth the anxiety. At Weiss, Hale & Zahansky, our unique and strategic Plan Well. Invest Well. Live Well.TM process focuses on your personal financial life goals to create a plan tailored to your needs.

Check your asset allocation yearly: Even if you’ve chosen an appropriate asset allocation, market forces may quickly begin to alter it without any action on your part. If stock prices go up, you may eventually find yourself with a greater percentage of stocks in your portfolio than you want. If stock prices go down, you might worry that you won’t be able to retire when you hope to — or at all.

Also, your asset allocation should take into account any changes in your life and circumstances — for example, if you get married, divorce, have children, change jobs, or get close to retirement. Even if your asset allocation was right for you when you first chose it, it may not be right for you now. It should change as your circumstances do. A piece of

clothing you wore 10 years ago may not fit now; you just might need to update your asset allocation, too. You should consider meeting with your financial advisor when significant life changes occur in case your assets need to be realigned, or if any other changes to your unique investment strategy need to take place.

It’s important to review your portfolio periodically to make sure your asset allocation is still appropriate for your current situation and financial goals. Doing a checkup at least once a year — for example, at the end of the year — can help keep your portfolio on track.

If you need to bring your asset allocation back to the original percentages you set for each type of investment, you may need to do something that can feel counterintuitive: sell some of what’s working well and use that money to buy investments in other asset classes that now represent less of your portfolio than they should. Typically, you’d buy enough to bring your percentages back

into their original amounts. If you need to rebalance your portfolio but don’t want to sell assets in order to do so, you could take a more gradual approach to shifting your asset allocation. Simply direct new contributions to your retirement plan account into asset classes that have been outpaced by others, or that are new to your portfolio. That can help change your asset allocation over time and minimize the risk of making a major change at the wrong time. But if you don’t review your holdings periodically, you won’t know whether a change is needed.

Creating a strategic financial plan for retirement: Retirement may seem far away for some people, or it could be right around the corner for others. Financial Planning Month is a great time to check if your plan is working to meet your financial life goals; and if you don’t have a retirement plan, it’s never too late to start. Whatever your situation may look like, you should consider meeting with a financial

advisor to review (or create) a unique and strategic plan tailored to your time horizon, risk assessment, and financial life goals. Make sure to check back next week as we continue to discuss financial planning! To access additional informational pieces on the markets and topics regarding your financial goals, visit [www.whzwealth.com/resources](http://www.whzwealth.com/resources) to sign up for our newsletter.

*Authored in part by Broadridge Investor Communication Solutions, Inc. and James Zahansky of Weiss, Hale & Zahansky Strategic Wealth Advisors. Securities and advisory services offered through Commonwealth Financial Network, Member FINRA/SIPC, 697 Pomfret Street, Pomfret Center, www.whzwealth.com. You should consult a legal or tax professional regarding your individual situation as all investing involves risk, including the possible loss of principal, and there can be no assurance that any investment strategy will be successful.*

## MOORE

continued from page A8

can be theirs ... get out of their way and watch them fly.

My message to Boards of Education, Teachers and taxpayers is simple; If you are not teaching and formulating an optimistic environment within your stu-

dent’s heart and mind, stop wasting your money on technology.

Optimism is the key to success in education.

Optimism is the student’s super-power.

*Gary W. Moore is at [www.garywmoore.com](http://www.garywmoore.com)*

## WEAVER

continued from page A9

the “responsibility for Roseland Park.” As the times were changing she studied catalogues for “new amusements.” She decided the park must have a spiral slide, about twenty feet high, but her committee “turned it down as a threat and hazard to the children’s safety.” She and Elmer took a tour of parks, saw that other parks were using them safely, and purchased one herself. Then she summoned relatives for an “unveiling.” “Constance, attired in the longest, widest skirt she had, said, ‘Well now!’ and climbed the ladder of the slide. With the air of one who had climbed the Matterhorn and found the scene rather boring, she sat down, tucked her skirts under her, gave a push, and zoomed down the dizzying spiral like an Olympic toboggan racer. She landed on her feet,

brushed off her skirts, and said, ‘There now! You see! It’s perfectly safe!’”

“Constance must have been about seventy-five at the time.”

“It will never be known how much she did for the people of Woodstock. She gave so quietly that it would be hard to trace. And her charities went far and wide as well, though she told me (Margaret) her father had admonished her to keep them in Woodstock.” (pp. 51-61). There’s much more on Constance Holt and Henry C. Bowen in Winds of Change. If you are interested, check your local library for a copy.

Mark Your Calendars: The Killingly Historical and Genealogical Society will present Facts of the Indigenous Thanksgiving by Olison Best and Jerred Swiftcloud Best of the Narragansett Tribe Saturday, Nov. 2, from 1:30-2:30 p.m. at Westfield Congregational

Church, 210 Main Street, Danielson. Light refreshments will be provided. A short business meeting will take place at 1 p.m. prior to the presentation. For additional information contact the Society at 860-779-7250 or [direction@killinglyhistorical.org](mailto:direction@killinglyhistorical.org).

*Margaret M. Weaver Killingly Municipal Historian. For additional information e-mail Weaver at [margaret-mweaver@gmail.com](mailto:margaret-mweaver@gmail.com) or visit the Killingly Historical & Genealogical Center Wednesday or Saturday 10-4 or [www.killinglyhistorical.org](http://www.killinglyhistorical.org). or call (860) 779-7250. Like us at Facebook at [www.facebook.com/killingly-historicalociety](http://www.facebook.com/killingly-historicalociety). Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical and Genealogical Center should be sent to P.O. Box 265, Danielson, Ct. 06329.*

## Veterans Day Salute

Villager Newspapers would like to salute our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 8th issue.

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or by mail to VETERANS DAY SALUTE, P.O. Box 196 Woodstock, CT 06281

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# Satan got played

We watched as our pet cat carefully crept out onto the branch. She was careful and patient as she inched further out from the main trunk onto the limb where an unsuspecting bird was happily perched. You could almost feel the confidence our little feline possessed. No doubt, in her mind, the bird was already supper. She had successfully stalked and captured many birds in her time. Just a few more inches and then a pounce is all it would take.

So intent was she on her prey that she failed to calculate how quickly the branch she traversed was tapering. Her confidence caused her to throw caution to the wind. Her greed caused her to not count the cost. So, she took another step, then suddenly lurched, because the branch could no longer hold her weight. Up went the bird; down went the cat.

We laughed. Our cat should have known better. Even as a child I could see that walking out on such a small branch was a foolish move. But she

couldn't help herself. She was so cocky, she couldn't see straight. She overplayed her hand and ended up thirty feet below - on her feet, but visibly shaken.

That reminds me of another stalker. A much more famous, sinister and destructive hunter. As Jesus traveled the earth doing good, Satan, like a roaring lion, did everything he could do to take Him out. What made him think he was any match for God in flesh is beyond reason, but the same willfulness and pride that got him demoted from heaven in the first place continued to drive him to more foolishness. You would think he would learn.

This time it played out like this: Satan found a disenfranchised disciple who disagreed with Jesus and the Bible, set out to do something about it.



BEYOND  
THE PEWS  
.....  
JOHN  
HANSON

Satan inspired the now famous Judas Iscariot to turn against His Rabbi, who he had seen heal the sick and raise the dead. Go figure! Saint Luke records it like this: "Then Satan entered into Judas Iscariot, who was one of the twelve disciples, and he went to the leading priests and captains of the Temple guard to discuss the best way to betray Jesus to them." (Luke 22:3-4 NLT)

That betrayal led to Jesus' arrest, several illegal trials and a wrongful, hideous execution. The politicians, the press and the mob all joined forces to silence the voice of Jesus. Satan was their inspiration and, evidently, he thought he was about to succeed in conquering God himself. But Satan lost

big-time. Jesus was executed, but he rose again the third day, just as he had predicted.

Satan got played. He actually did the dirty work that set Jesus up so he could pay for the sins of all who would believe in Him. They were all played. Saint Paul reflected that, "the rulers of this world have not understood it; if they had, they would not have crucified our glorious Lord." (1 Corinthians 2:8 NLT)

In short, Satan helped orchestrate Jesus' ultimate victory over death, hell and the grave. He should have known better. Looking back, even a child can see it was a foolish move. But Satan couldn't help himself. He was so cocky, he couldn't think straight. He overplayed his hand and ended up getting played. He is still getting played, as is the mob and much of the world system.

*Bishop John W. Hanson is the author of several books and oversees Acts II Ministries in Thompson. For information please visit [www.ActsII.org](http://www.ActsII.org).*

## PUBLIC MEETINGS

### Danielson vets coffeehouse

DANIELSON — Killingly High football coach Chad Neal will be the guest speaker at Danielson Veterans Coffeehouse on Oct. 22. He will explain what it took to record a perfect 2017 season and the subsequent Class M championship. The coffeehouse is open to veterans only and is located at 185 Broad Street Danielson and opens at 8:30 a.m.. The Guest Speaker Program starts at approximately 9:15 a.m.. For questions regarding the Coffeehouse see our website [dvcoffeehouse.com](http://dvcoffeehouse.com) or our facebook page Danielson Veterans Coffeehouse or e-mail [fruhlemaann@yahoo.com](mailto:fruhlemaann@yahoo.com)

### BROOKLYN

**Tuesday, Oct. 22**  
Agriculture Commission Meeting, 7 p.m., Town Hall  
**Wednesday, Oct. 23**  
BOE Meeting, 7 p.m., Central Office Community Room

BOS Meeting, 6:30 p.m., Clifford B. Green Memorial Center

### KILLINGLY

**Monday, Oct. 21**  
PZC, 7 p.m., Town Meeting Room  
**Tuesday, Oct. 22**  
Veteran's Coffee House, 9 a.m., Killingly Community Center  
**Wednesday, Oct. 23**  
BOE Meeting, 7 p.m., Town Council Cha.m.bers

**Thursday, Oct. 24**  
OSLA Regular Meeting, 6:30 p.m., Room 102  
**Friday, Oct. 25**  
NE CT Council of Governments, 8:30 a.m.

### EASTFORD

**Wednesday, Oct. 23**  
Registrar of Voters, 5 p.m., Town Office Building  
**Thursday, Oct. 24**  
Inland Wetlands and Watercourses Commission, 7 p.m., Town Office Building Library Board, 7 p.m., Eastford Public Library  
**Saturday, Oct. 26**  
AA Meeting, 7:30 p.m., Town Office Building

### POMFRET

**Monday, Oct. 21**

Board of Selectmen, 8 a.m., Senior Center  
ZBA Meeting, 7 p.m., Senior Center  
**Wednesday, Oct. 23**  
Board of Education Meeting, 6:30 p.m., Pomfret Community School Library

### PUTNAM

**Monday, Oct. 21**  
Board of Selectmen's Meeting, 7 p.m., Board of Finance Meeting, 7 p.m.

### THOMPSON

**Monday, Oct. 21**  
Conservation Commission Meeting, 7 p.m., Town Hall 2nd Floor Conference Room  
**Wednesday, Oct. 23**  
Recreation Commission Meeting, 7 p.m., Town Hall, Merrill Seney Community

Room  
**Thursday, Oct. 24**  
Fire Advisory Committee Meeting, 7 p.m.  
**Friday, Oct. 25**  
NECOGG Meeting, 8:30 a.m., Northeast Council of Governments Office Building, 125 Putnam Pike, Killingly

### WOODSTOCK

**Monday, Oct. 21**  
Ag Commission, 1 p.m., Room A  
IWWA, 7 p.m., Room B  
**Tuesday, Oct. 22**  
WPCA, 7 p.m., Room A  
Cornfield Point, 7:30 p.m., Room B  
Historic Properties, 7 p.m., Room B  
**Wednesday, Oct. 23**  
WRTC, 6 p.m., Historic District, 6:30 p.m., Room A

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# Exercise and aging: How to work out safely after 50

In an ideal world, people young and old exercise each day. But as men and women age, finding time to work out is not so easy. Commitments to work and family often take precedence over daily exercise. As a result, many people 50 and over might not have exercised regularly or at all in many years. But as children grow up or even move out, people facing down their golden years are often compelled to get back in the gym. That's a wise decision that can increase a person's chances of being healthy and happy in retirement. But before beginning a new exercise regimen, men and women over 50 should take heed of the following safety tips to ensure their efforts are not derailed by accident or injury.

- Speak with your physician. The National Institute on Aging notes that even people with chronic conditions such as heart disease, diabetes or arthritis can be physically active. However, anyone with such a condition and even those who don't fall into those categories should consult with their physicians and receive a full physical before exercising. Such a consultation and checkup can shed light on any unknown issues, and physicians can offer advice on how to safely manage any problems that may arise.
- Begin with low-intensity exercises. Even if you feel great and have maintained a healthy weight, don't push

yourself too hard at the start. Your body needs time to adjust to physical activity, so choose low-intensity exercises like walking and light strength training so your muscles, tendons and ligaments can adjust. Initially, exercise every other day so your body has ample time to recover between workouts.

- Choose the right places to exercise outdoors. Exercising outside provides the best of both worlds for many people, providing a chance to get healthy all while enjoying the great outdoors. When exercising outdoors, choose areas that are not remote and where others can see you and offer help if you suffer an injury or have an accident. Boardwalks, public parks and outdoor gyms are safer places to work out than wooded areas or other places well off the beaten path.
- Stay hydrated. The NIA notes that many people lose their sense of thirst as they age. But just because you aren't thirsty does not mean you don't need water, especially while exercising. Water regulates body temperature and lubricates the joints, thereby decreasing your risk of injury during exercise.

Exercising after 50 can help people live healthy well into retirement. But caution must be exercised when aging men and women return to exercise after a long break.



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# Spooky Nights in Brooklyn

BY KAREN BUTERA  
FOR THE VILLAGER

BROOKLYN — After a rainy start to the Columbus Day weekend, which was also the first night of Brooklyn’s annual Spooky Nights at the Brooklyn Fairgrounds, Saturday night drew in the crowd that did not want to venture out in the Friday rain. The total event of October 11 and 12 was almost a sell-out as young and old alike came out to be “Scared” by the Haunted Hayride. This was the eighth year for the event.

When Bucky Lohbush was the Assistant Recreation Director in the Town of Killingly, they had a haunted trail every year. Then Killingly cancelled the event.

“When I became the Recreation Director in Brooklyn, I wanted to do something similar,” said Lohbush. “We rent the fairgrounds. With all of the buildings and space it makes it easy to have a wagon ride and use the buildings for the haunted houses.”

There were four boarding times set up for the hay ride- the last one at 8:30 p.m. That line was long. Once on the ride, they were greeted by spooky characters that came out to scare them all along the way to the haunted house where they were dropped off.

“Once you go in, you cannot get out until you get to the end. It is pretty scary in there,” said Lohbush.

The haunted house features scary scenes and more fiendish ghouls.

“Earlier in the evening we had a less scary haunted house with a maze geared for the smaller kids that would come through at that time of evening. It was more low-key.”



Karen Butera photos

Matthew “Bucky” Lohbush, Recreation Director for the Town of Brooklyn

There was also a kid-friendly area with a family DJ, bonfire and food area. The event is run by volunteers that are dressed in costumes, painting faces and driving the tractors that pull the wagons. It takes volunteers and everyone working together two weeks for the two-night event. We also have the East Brooklyn Fire Department at the bonfires keeping everything safe and the EMT’s from the Mortlake Fire Department on hand in case first aid is



Spooky Nights Bonfire

needed.

“We did very well overall,” said Joann Lohbush of Brooklyn, the Brooklyn Recreation Department Assistant. “We almost had a ‘sold-out’ event based on

the two nights of attendance. We are very pleased with the overall outcome of the event again this year.”

## 3 tips to overcome everyday aches and pains



Pain is a significant concern for many people. Estimates from the International Association for the Study of Pain suggest that one in five adults across the globe suffer from pain.

Pain can affect anyone, even people who have not been in an accident or suffered an injury while playing a sport or performing another physical activity. For example, lower back pain, which can be caused by sitting at a desk for long stretches of time, is the most common type of chronic pain in the United States. Such pain may be unavoidable, but that does not mean it and other types of everyday aches and pains cannot be overcome.

1. Begin a well-rounded exercise regimen.

Regular exercise that includes both strength training and cardiovascular exercise increases blood flow and helps build a strong core. A strong core supports the spine and reduces the pressure on it, making it less likely people who sit for long stretches at a time will end their days with lower back pain. Routine exercise also helps other

areas of the body by keeping muscles loose and flexible. Before beginning a new exercise regimen, men and women, especially those with existing aches and pains, should consult their physicians about which exercises they should do and which they might want to avoid.

2. Employ RICE.  
RICE, which stands for rest, ice, compression, and elevation, can help men and women overcome the aches and pains that result as the body ages and tendons begin to lose some of their elasticity. RICE might be most helpful for people who have been diagnosed with tendinitis. Athletes over 40 who engage in activities that require repetitive motion might need to take more days

off between rounds of golf or other competitive and/or repetitive activities. If tendinitis flares up, take some time away, icing any sore areas, wrapping them in bandages, and elevating them while resting. Athletes rarely want to sit on the sidelines, but a few days off can go a long way toward alleviating the pain associated with tendinitis.

3. Recognize your body may develop some limitations.  
Age should not prevent you from being physically active, and numerous studies have touted the benefits of continuing to exercise into your golden years. However, as the body ages,

muscle fibers become less dense, resulting in a loss of flexibility that increases the risk of injury and/or soreness. As men and women grow older, they shouldn’t abandon activities like gardening or strength training. But they may need to scale back on the intensity with which they perform such activities. Doing so can prevent the kinds of muscle strains associated with aging.  
Pain affects more than one billion people across the globe. But some simple strategies can help people overcome pain and enjoy a rich quality of life.



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# Potential treatment options after a breast cancer diagnosis

A breast cancer diagnosis is something no one wants to receive. But the burden of breast cancer is substantial. In fact, the World Health Organization notes that breast cancer is the most commonly occurring cancer in women worldwide.

Thankfully, breast cancer survival rates are high in many parts of the world, particularly in developed countries such as the United States, Canada and Japan. While survival rates are lower in developing countries, it is encouraging to know that the average five-year survival rates are as high as 90 percent in some nations. That suggests that the strategies used to successfully fight breast cancer in developed nations may one day prove as effective in developing nations, potentially leading

to a sharp decline in global breast cancer deaths.

Upon being diagnosed with breast cancer, patients will be educated about a host of potential treatment options. The Centers for Disease Control and Prevention note that breast cancer is treated in several ways, and the course of treatment a doctor recommends will depend on the kind of breast cancer and how far it has spread. In addition, according to Breastcancer.org,

breast cancer is made up of many different kinds of cancer cells, which often necessitates the use of various types of treatments to get rid of the cancer.

The following are some treatment options doctors may discuss with breast cancer patients.

- **Surgery:** Breastcancer.org notes that surgery is typically the first line of attack against breast cancer. The CDC says the goal of surgery is to cut out cancer tissue. Some common breast cancer surgeries include lumpectomy, in which the tumor and a small amount of surrounding tissue is removed, and mastectomy, in which all of the breast tissue is removed.
- **Chemotherapy:** Chemotherapy is used to treat various types of cancer and involves the administration of special medicines to shrink or kill existing cancer cells. Breastcancer.org notes that chemotherapy is sometimes administered prior to surgery in an attempt to shrink the cancer.
- **Radiation therapy:** Radiation therapy aims to kill cancer cells using high-energy rays that are similar to X-rays. Sometimes referred to as “radiotherapy,” radiation therapy is overseen by a radiation oncologist who specializes in this type of treatment.
- **Hormonal therapy:** Estrogen makes hormone-receptor-positive breast cancers grow, and hormonal therapy, which may be referred to as “anti-estrogen” therapy, aims to reduce the amount of estrogen in the body and block its action on breast cancer cells.
- **Targeted therapies:** These therapies, which Breastcancer.org notes are generally less likely than chemotherapy to harm normal, healthy cells, target specific characteristics of the cancer cells. Cancer cells can have many characteristics, so there are various types of targeted therapies.

Breast cancer treatments can be highly effective in the fight against breast cancer, particularly when the disease is caught in its early stages.

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# The VILLAGER SPORTS

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Section

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## Ellis Tech in hunt for conference crown

BY CHARLIE LENTZ  
VILLAGER EDITOR

DANIELSON — Three years ago Ellis Tech won just two games during Austin Derosiers freshman season. A conference championship seemed more distant than scoring a goal from the school’s parking lot. The tide turned last year when Ellis Tech finished with a record of 10-7-1 after earning the 11th seed in the Class L state tournament. This fall a flood of conference victories signal a high water mark under coach Drew Mizak.

“That’s all a credit to the players. We’ve got a great group of guys who work their butts off. The program’s getting better because of them,” Mizak said. “They put the time in during the off-season. They’re a great squad of guys who show up ready to win every single day.”

Ellis Tech is battling for the title of the Connecticut Technical Conference East Division. Derosiers scored three goals to help salvage a 4-4 tie against conference foe Windham Tech on Tuesday — keeping his fellow seniors in the hunt for the CTC-East crown. The tie put Ellis Tech’s conference mark at 7-1-1 (8-2-1 overall) — with just one conference game remaining.

“It’s a credit to them. We went out there and we had our backs against



Charlie Lentz photo

Ellis Tech keeper Brett Gile, yellow jersey, attempts to corral the ball as Windham Tech’s Dustin Garrison, right, closes in at Ellis Tech on Tuesday, Oct. 15, in Danielson.

the wall against a quality team,” said Mizak, in his 10th season with the program, the last two as head coach. “These guys battled back. Getting the tie keeps us right where we need to be.”

Trailing 4-2, Derosiers scored his third goal of the match at 10:20 of the

second half to pull the Eagles within one goal. Senior midfielder Chad Cramer tallied at 25:19 of the half to salvage the tie on Oct. 15. Coach Mizak said Cramer and Derosiers, a senior striker, know this is their final shot at conference crown and they were

determined to fight back despite the two-goal deficit.

“Given the situation we were in that’s a quality result today. Of course you want to get the win but taking the tie — given what we were facing — I’ll take that,” Mizak said.

Mizak said Ellis Tech has not won a conference title of any kind in his decade with the program.

“We’ve always been chasing Windham Tech. We’ve beaten them once in 10 years, and then we got the result today,” Mizak said. “We battled. At the end of the day we’ll

take the point.”

Freshman Jake Piche notched two assists and sophomore Everett LeBlanc added one assist for Ellis Tech. Eagles sophomore goalkeeper Brett Gile finished with

Turn To **ELLIS TECH** page B8

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Mary Scalise



Robert Viani



Vivian Kozey



Corleen Law



Elizabeth Zimmer



Sarah Tetreault



Lauren Heidelberger



John Rich



Amy St. Laurent



Catherine Howard



Belinda Culp



George Hird



Maryann Miller



Richard Governale



Kathryn Durand



Jocelyn Bennett



Brad Favreau



Kiona Carpenter



Kevin Houghton



Tanya McDermott



Michael Collins



Scott Pempek



Charlie Tracy

### OPEN HOUSE SAT 10/19 12:00-1:30



196 Hill Rd, Thompson \$435,000 NEW LISTING  
One of the most stunning Antique homes in NECT. Alpheus Russell House circa 1795. Completely remodeled, exceptional architectural detail.  
John Downs 860-377-0754

### OPEN HOUSE SAT 10/19 12:00-1:30



245 Westford Road  
Eastford \$339,000 NEW PRICE  
Hillside contemporary home abutting Bigelow Brook! Includes extra building lot! Great in-law. Prior plant nursery location with valuable stock.  
John Downs 860-377-0754

### OPEN HOUSE SAT 10/19 10:00-11:30



69 Lyon Hill Road  
Woodstock \$254,900 NEW PRICE  
Immaculate 3 BR, 2 BA Cape. 1st floor bedroom and full bath. New hardwood! 2 Car Garage.  
John Downs 860-377-0754

### OPEN HOUSE SAT 10/19 10:00-11:30



87 Ragged Hill Rd, Pomfret \$739,900  
Rare opportunity to own one of the finest homes in NECT! This reproduction features authentic historic details & custom craftsmanship.  
5.52 acres.  
John Downs 860-377-0754

### Pomfret \$239,900



Private 3 BR, 2 full BA Ranch on just under 2 acres. Recent kitchen, baths & electrical, 2 car garage. Move in ready!  
Robert Viani 401-741-2432

### Hampton \$250,000



A beautifully maintained antique home w/metliculous craftsmanship. Outside is a patio overlooking the sprawling lawn & antique barn!  
Gelhaus Realty Group: Vivian 860-455-5363

### Woodstock \$398,000 NEW PRICE



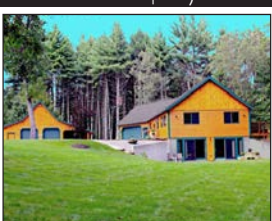
Gorgeous 3 BR custom home w/many updates, custom details & 3 levels of living space!  
Gelhaus Realty Group: Brooke 860-336-9408

### Brooklyn \$479,900



4 BR, 3.5 BA, in-law w/1500 SF on lower level, sep. entrance, 3 bay att. garage, center island, fieldstone fireplace, sunroom, sauna w/shower.  
Rachel Sposato 860-234-1343

### Woodstock \$630,000



Horse property! Custom 3000 SF ranch, 41 acres to ride, hunt, and fish. Huge heated barn for all your toys and a workshop.  
Maryann Miller 860-949-6130

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Gelhaus Realty Group: Kristen 860-377-0118

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Sensational living on Alexanders Lake. Glassed in front w/the most beautiful views. Open living, wood floors, fireplaces, wine room, front patio.  
Rachel Sposato 860-234-1343

### Putnam \$199,000



Completely renovated medical office Condo adjacent to DKH. 1,133 SF, 7 rooms. Association fees pay for snow removal, lawn & trash.  
Mary Collins 860-336-6677

### Ashford \$374,900



2002 Sturbridge Village Freeman Farm House replica. 3 BR, 2 BA, Ash flooring, 2 FPS, 17.8 acres. Concrete core tested!  
Robert Viani 401-741-2432

### Thompson \$277,000 NEW PRICE



Great 3 BR, 3 BA oversized Raised Ranch in Thompson w/2 acres! Quiet country road, yet close to amenities. Motivated seller!  
Kathy Durand 860-208-3934

### Putnam \$155,000



Well cared for Victorian w/in walking to downtown. 3 BR & 2 full BA & hardwood floors. Private drive w/a detached 2 car garage & shed.  
Gelhaus Realty Group: Vivian 860-455-5363

### Putnam \$2,000/mo. Commercial Lease



2 rentals- side by side! Combo of 4000 SF or rent individually. Offices, waiting rooms already set up! Lease per unit is \$2000. Triple net lease.  
Rachel Sposato 860-234-1343

### Land for Sale

Eastford \$125,000  
Build your dream home on this 7.5 acre parcel that abuts Yale Forest. Private, peaceful & picturesque. Enjoy country living at its best!  
Gelhaus Realty Group: Vivian 860-455-5363

Putnam \$125,000  
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Build your business location. Near medical offices!  
Rachel Sposato 860-234-1343

Canterbury \$59,900  
Buildable 2 acres, beautiful lot on Raymond Schoolhouse!  
Build your dream home  
Rachel Sposato 860-234-1343





# Killingly boys on path toward playoffs



Charlie Lentz photo

Killingly High's Ben Torres, right, gets set to cross the ball with Plainfield's Derek Cooper defending last Saturday, Oct. 12, in Dayville.

BY CHARLIE LENTZ  
VILLAGER EDITOR

DANIELSON — Killingly High's boys soccer team rarely plays on Saturday mornings — perhaps that's why after only two minutes and 43 seconds the Redhawks trailed Plainfield High 2-0 last Saturday. Although Killingly dug out of that two-goal hole and managed to tie the Panthers 3-3 — that kind of sleepwalking in a game won't work if the Redhawks want to make sure they qualify for the state tournament. "They were asleep. I don't know why. I

thought we had a decent warmup. I don't understand what happened to them," Frechette said. "They couldn't figure it out." The Redhawks will try to figure it out down the homestretch of the season. The tie put Killingly's record at 4-5-2. The Redhawks need two wins or one win and a tie to qualify for the state tournament. "I told them they could have played a little smarter. But they played with their emotions and they played as hard as they could for the full 80 minutes," Frechette said. "If we're not down 2-0 with

those quick easy shots — you saw the opportunities in the second half — it would have been 6-1 or 7-1." Plainfield's Max Cleavand scored at 57 seconds of the first half and Devan White tallied at 2:43 to push the Panthers lead to 2-0. Plainfield pushed its cushion to 3-0 on a goal from Tyler Fadden at 13:03 of the first half. Although Killingly got off to a slow start — they finally woke up and responded. Ben Torre scored at 19:20 of the second half and the Redhawks trailed 3-1. Pablo Yotti scored at



Charlie Lentz photo

Killingly High's Evan Townsend moves upfield against Plainfield High last Saturday.

20:21 of the second half to pull Killingly within one goal. Yotti tallied again with just 2:50 left in the match to help the Redhawks earn the tie. Yotti, a senior striker and exchange student from Spain, bailed out the Redhawks with his late-game heroics. Frechette said he was "delighted" having a proven goal scorer on the forward line. "Confident on the line, patient, and I understand when he misses a couple of shots he gets upset with himself — but he is so confident with the ball and so sure of himself — it's not a cockiness, it's living with the ball and his feet for that many years," Frechette said. Frechette was pleased with the way the Redhawks responded after the early deficit. "I'm very proud of the team. They don't quit. Doesn't matter what

the score is, they don't shut it off until the final whistle," Frechette said. "That's part of the pride of being in the program." Killingly outshot Plainfield 15-8. Plainfield led 8-3 in corner kicks. Killingly goalkeeper Connor Chananovich made five saves. The tie put Plainfield's record at 3-4-3. Coach Frechette said the Redhawks have adjusted to the loss of senior forward Christopher Lackner, who suffered a season-ending knee injury in September. "I've seen a lot of guys grow into their roles. With the injuries we've had a lot of people who've had to change over what they're doing — they're growing into it and learning. It's great stuff," Frechette said. Killingly (4-5-2) is next scheduled to play at Wheeler on Friday, Oct.

18. Coach Frechette will likely make sure the Redhawks are awake and ready when the match kicks off. Killingly did not qualify for the state tourney last season. The coach said his upper-classmen don't want that to happen again. "There's a hunger for these guys to want to get better and play. And they want to be playing when it gets colder and that's what I've been trying to tell them," Frechette said. "We start out when it's boiling. You want to be playing when the snow's out. I think this squad has got the ability to do that. They've just got to continue to play positive and confident, just like Pablo is around the goal."

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## Putnam boys persevering through tough year



Charlie Lentz photo

Putnam High's Jacob Benzie attempts to clear the ball as Parish Hill's Brandon Degrasse closes in on Monday, Oct. 14, at St. Marie Greenhalgh Complex.

BY CHARLIE LENTZ  
VILLAGER EDITOR

PUTNAM — Putnam High coach Jon Miller credited his inexperienced team with working hard throughout a scoreless autumn — a season that had yet to see any player on the Clippers roster find the back of the net through 11 games. "It's a very difficult season with so many new, or first-year, players. It's a learning environment, and that's how it has to be," Miller said. "Our successes that I see are, unfortunately, not in the win column." Putnam fell to Parish Hill 4-0 on Monday. The loss dropped Putnam's record to 0-9-2. While Putnam High partisans haven't seen any goals — the Clippers coach has seen the attainment of goals not apparent to those in the stands at St. Marie Greenhalgh Complex on Oct. 14. "Just the development of players, watching how kids understand how to play 'D', how to switch, controlling the ball, when to pass, when to switch fields — all those steps are small in the big picture but they're positives that we have to look at as a program," said Miller, in his sixth season. Many of his booters had never played soccer competitively before this season. "Beginning of the year having nine kids who had never played before, we knew, coach (Rob) Loomis and I had

a big undertaking to develop kids and teach them how to play the game," Miller said. "Those are the positives every day. Unfortunately, however, the wins haven't come. So we're just going to continue to develop and grow. A lot of these kids will be back next year." Cyleek Zaimoff scored two goals and Cuyler Brine and Brandon Degrasse each scored one goal for the Pirates in the victory over Putnam. The win lifted Parish Hill's record to 7-3-0. Coach Miller said freshmen Jacob Benzie, Michael Ellis, and Cole Dignam are among the freshmen who have made great strides this season. "Those are individuals that you watch and you see them growing in practice, in games — the maturity in games and understanding of how things should look — it just hasn't come together yet," Miller said. "You just hope that they don't get frustrated based on what your record says. You hope they come back the next year and continue to develop. If they do — then I see positives for the years to come — that's waiting to be seen." Putnam is next scheduled to play host to St. Bernard (5-3-3 through 11 games) at 3:45 p.m. on Friday, Oct. 18.

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## Ellis Tech volleyball rebuilding

BY CHARLIE LENTZ  
VILLAGER EDITOR

DANIELSON — Ellis Tech's volleyball team swept Grasso Tech 3-0 in volleyball last Friday. It was the Golden Eagles second win in a season in which coach Michelle Murray once again has the challenge of molding an inexperienced team — many who have never touched a volleyball before high school. "We're trying to keep it alive and see where those hidden gems are. I think it's a big learning experience. I have a lot of kids on varsity who didn't play much jayvee at all last year. For some reason it just clicked for them. And so they've been building experience on jayvee and now they're just moving up to varsity and continuing to be strong. And they're only sophomores so it's a huge thing," said Murray, in her 24th season. Wins have been hard to come by. The win over Grasso Tech on Oct. 11 was just Ellis Tech's second through 11 games. Coach Murray said her players have to show her what they've got as the season heads down the homestretch. "We've been working on consistency. The other day I said 'This is it.' This is going to be a pivotal season. We're more than halfway through the season. You're either performing or you're not performing," Murray said. "We have three seniors. We have a bunch of juniors. We have some sophomores. We moved a freshman up to varsity this week."

Some of the key players on this year's roster include junior outside hitter/setter Vivianna St. Jean, junior setter Jocelyn Collin, sophomore middle hitter Allyson Roberts, sophomore middle hitter Mackenzie Ruley, and sophomore outside hitter Jordan Daoust. In addition to building their skills, Murray has to introduce her newcom-



Charlie Lentz photo

Ellis Tech's Jocelyn Collin tries to set up teammates Lex Lyons, left, and Mackenzie Saucier, right, at Ellis Tech last Friday, Oct. 11.

ers to the nuances of the game. "We're trying to play a 5-1 (alignment) where the setter comes from the back row. That takes a lot of patience. But they're getting it," Murray said. Murray has some simple goals for the remainder of the season. "I want to see them be more consistent, whoever's performing. We're starting to look toward the future, see what we have and build it from there," Murray said. "I'm very encouraged for the future. I've got a lot of

height, just starting to rule the net, it's definitely a changer, which I love." The win over Grasso Tech lifted Ellis Tech's record to 2-9. The Golden Eagles are next scheduled to play host to Plainfield High on Friday, Oct. 18, with the first serve scheduled for 5:15 p.m. at Ellis Tech's gymnasium.

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Charlie Lentz photo

Ellis Tech coach Michelle Murray is in her 24th season.



# Killingly girls focused on more wins



Charlie Lentz photo

Killingly High's Grace Nichols heads upfield with Putnam High's Amayah Chavez in pursuit on Monday, Oct. 14, in Putnam.

BY CHARLIE LENTZ  
VILLAGER EDITOR

PUTNAM — They know how to score. Killingly High's 7-0 victory over Putnam High on Monday followed an 8-0 win over Amistad two days earlier. Coach Jim Lackner said his players also know they can't afford to be overconfident down the homestretch of the girls soccer season.

"Ideally these are not the

games you want to prep for, as far as being challenged. If nothing, hopefully we're well-rested," Lackner said.

Killingly's win over Putnam High on Oct. 14 at St. Marie Greenhalgh Complex lifted the Redhawks record to 8-2-1. Killingly has qualified for the state tournament. Lackner wants his booters to keep the pedal to the metal in their drive for the highest seeding possible for the state tourney.

"When you qualify for states it's 'Let's see how many wins we can get.' Try to position ourselves for one, if not two, home games during the state tournament," Lackner said.

Killingly is also seeking a berth in the Eastern Connecticut Conference Division I/II Tournament.

"We're still trying to qualify for the ECC Tournament. They're only taking four teams this year," Lackner said. "That's something we really want to get into. You're talking half the teams don't even get in, no matter how good you are. We've got to make sure we keep winning games here so we qualify for that. We're still playing for a Division (II) title."

Although Lackner said much work remains he was pleased with his team's effort through 11 games.

"Defensively we're pretty happy. We've got a new girl, Sage Lamparelli, a sophomore, in the back, she's done a nice job on the left side. (Sophomore) Sophia Moore, who was out last year with an ACL injury, she's really come in and helped solidify the middle," Lackner said. "We're getting some contributions from some of our young girls — from (freshman) Casey Beauregard, who scored today, (freshman) Jada Neri is stepping up a bit.



Charlie Lentz photo

Killingly High's Chloe Hibbard winds up for a kick against Putnam High on Monday.

Games like this are really good because I can get a lot of those younger kids in there. They get to play the minutes. Putnam's a pretty good little team. They get familiar with where they need to be. Hopefully next year they can just slide right in and help us out."

Junior Abbie Burgess scored three goals in Killingly's win over Putnam. Through 11 games Burgess had notched 15 goals and nine assists. Senior

Haylee Chester, senior Chloe Hibbard, freshman Lainey Buffington, and freshman Casey Beauregard each scored one goal for the Redhawks. Killingly is next scheduled to play host to Stonington High at 6:30 p.m. on Tuesday, Oct. 22.

Charlie Lentz may be reached at (860) 928-1818, ext. 110, or by e-mail at [charlie@villagernews-papers.com](mailto:charlie@villagernews-papers.com).

## Putnam High girls still in the hunt



Charlie Lentz photo

Putnam High's Laylah Chavez, dark jersey, defends Killingly's Kaleigh Hopkins on Monday, Oct. 14, at St. Marie Greenhalgh Complex.

BY CHARLIE LENTZ  
VILLAGER EDITOR

PUTNAM — Time is running out on the state tournament hopes of the Putnam High girls soccer team. The Clippers' tourney chances were dented a bit in a 7-0 loss to Killingly High on Monday at St. Marie Greenhalgh Complex — but coach Tommy Derosier hasn't given up hope.

"I want complete effort, all they can give me, that's pretty much all I ask," Derosier said. "We've got three more wins to make it to the state tournament

so that's our main goal right now."

The loss to Killingly High on Oct. 14 dropped Putnam's record to 3-7-0. Derosier said the Clippers had to win three of their last six games in the regular season in order to qualify for the state tourney. The coach said his players are still hungry for a tournament berth.

"You might not have been able to tell today (against) Killingly because this was a really good team we played. They gave what they had. (Killingly) was just passing circles around us today,"



Charlie Lentz photo

Putnam High keeper Jill Gray makes a save against Killingly.

Derosier said. "That's what you get when you play a really good team like that. But hats off to them."

Derosier said his key goal scorers this season have been junior forward Laylah Chavez and and freshman forward Bailey Touchette. His key defenders thus far have been senior Hannah Smith, junior Emma Brathwaite, and senior Jill Gray.

The coach the Clippers have been building momentum and hopefully that will translate into wins down the homestretch of the regular season.

"It's a complete turnaround from the

beginning. Everybody's become a family now. That's the kind of thing we're trying to get going right now — family and teamwork — playing together and playing to the last whistle," Derosier said.

Putnam is next scheduled to travel to Tourtellotte Memorial (7-2-1 through 10 games) on Saturday, Oct. 19, with the match set to begin at 10 a.m.

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## Tourtellotte boys still searching for wins



Charlie Lentz photo

Tourtellotte keeper Jacob Bergeron stretches for the ball as Windham's Jose Rosales moves in, with Tourtellotte Devin Dalpe, right, also defending on Monday, Oct. 14.

BY CHARLIE LENTZ  
VILLAGER EDITOR

THOMPSON — A long season for Tourtellotte Memorial got a little longer with a 7-1 loss to Windham High on Monday. But coach Ryan Langlois said there are no shortcuts and the Tigers will keep working to get their first win this season.

"It's our heart, the drive, the want to be on to that ball, the want to win it from people," Langlois said. "I've got it from

my freshmen, who are really shining right now."

Langlois said freshmen Kai Akana and Dylan Johnson are among the underclassmen who have been playing well.

"They've really stepped up," Langlois said. "Just trying to keep them in the attack mode before we passive aggressively give these games away anymore."

Senior Robert Terrell scored the lone goal for the Tigers in the loss to Windham on Oct.

14 at Tourtellotte Memorial's field. The defeat dropped the Tigers record to 0-9-2. With five games remaining in the regular season — Tourtellotte is still in a holding pattern to get its first victory.

"It's kind of in a lull. I think we've hit a belly. We've got to come back out of that belly," Langlois said.

The Tigers have no chance to qualify for the state tournament but can still use the last few games to improve.



Charlie Lentz photo

Tourtellotte's Anthony Smith, dark jersey, defends Windham's Ricardo Cruz on Monday.

"We're out of states but we've got to really push to make sure that we're aggressively going after these balls for the next team so we don't give them another win," Langlois said. "Even though we're going up against teams that just need another win to get closer to states, we can now use this opportunity to practice for next year. And really buckle down on our sophomores and freshmen to make sure that they're ready to go for the following year. Right now they're playing really hard and their hearts

are in it. They're aggressively attacking the ball and that's what we need."

Alfonso Villar scored four goals and Alexandro Coj-Morente tallied three goals for Windham in the victory over Tourtellotte. The win lifted Windham's record to 7-1-2. Tourtellotte is next scheduled to travel to Plainfield for a 4 p.m. start on Monday, Oct. 21.

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# High School Roundup

## WOODSTOCK 7, CAPITAL PREP 6

HARTFORD — Ethan Davis connected with receiver Nick Bedard on a 60-yard catch-and-run touchdown to help lift the Centaurs over Capital Prep in football on Oct. 11. Aidan Morin booted what turned out to be the critical extra point. Bedard finished with six catches for 90 yards. The win lifted Woodstock's record to 4-1. Capital Prep's Bryce Williams caught a 12-yard touchdown pass in the fourth quarter to pull his team within one point, but Woodstock tackled Makhi Buckly short of the goal line on a two-point conversion attempt to preserve the win. The loss dropped Capital Prep's record to 1-3. The Centaurs have a bye this weekend and return to action when they travel to Stonington High School on Saturday, Oct.26, to face the Bears (0-4), with kickoff set for 1:30 p.m.

## TOURTELLOTTE 6, WHEELER 0

THOMPSON — Kaylee Tackson scored three goals and notched one assist to lead the host Tigers past the Lions in girls soccer in Oct. 10. Ashley Morin scored two goals and tallied three assists and Hanna Leclaire tallied one goal for Tourtellotte. The loss dropped Wheeler's record to 0-10. Tourtellotte's record was 7-2-1 through 10 games. The



File photo

Tourtellotte Memorial's Kaylee Tackson scored three goals in a win over Wheeler High.

Tigers are next scheduled to play at Civic Leadership/AAE on Friday, Oct. 18.

## EAST LYME 2, WOODSTOCK 1

EAST LYME — Kristen Healy scored

both goals for the Vikings (8-2-1, 7-0-1 Eastern Connecticut Conference) in the field hockey win over the Centaurs on Tuesday, Oct. 15. Rachel Canedy scored for the Centaurs (4-6, 3-4 ECC).

## PUTNAM 3, WHEELER 1

PUTNAM — The Clippers defeated the Lions in volleyball on Oct. 15. Set scores were 25-16, 25-12, 20-25, 25-23. The victory lifted Putnam High's record to 4-7. The loss dropped Wheeler's record to 2-10. Putnam is next scheduled to travel to Killingly High on Monday, Oct. 21, with the first serve scheduled for 5:30 p.m.

## WOODSTOCK 3, FITCH 1

GROTON – The Eastern Connecticut Conference volleyball win on Oct. 14 earned Woodstock Academy (10-4, 5-0 ECC-Division I) the conference title. The loss dropped host Fitch's record

7-5, 2-3 ECC. For Woodstock: Paula Hernandez had 23 kills and 25 digs; Sierra Bedard had five kills and a block and Aurissa Boardman had nine kills and 11 service points.

## KILLINGLY 8, AMISTAD

DAYVILLE — Killingly defeated Amistad in girls soccer on Oct. 12 at Killingly High. Goal scorers for Killingly were: Sophia Moore, Lexi Purcell, Kaleigh Hopkins, Abbie Burgess, Makala Dube, Jada Neri, Taylyn Lemoine, and Hannah Siegmund. Assists were notched by Burgess (2), Chloe Hibbard, Emma Girardin, and Jasmine Olson. Killingly outshot Amistad 32-2. The loss dropped Amistad's record to 2-8-2. Killingly's record was 8-2-1 through 11 games. Killingly is next scheduled to play host to Stonington at 6:30 p.m. on Tuesday, Oct. 22.

## WOODSTOCK 1, EAST CATHOLIC 1

BRISTOL – Peyton Saracina scored for the Centaurs (7-3-1) in the tie against East Catholic on Oct. 12 in girls soccer.

## EAST LYME 24, WOODSTOCK 35

EAST LYME — East Lyme defeated Woodstock in cross country on Oct. 11 but Woodstock sophomore Linsey Arends set a cross country course record at Rocky Neck State Park with a clocking of 19 minutes, 34 seconds to finish first. The loss dropped the Centaurs record to 7-2 overall, 1-2 ECC Division I. The win lifted the Vikings record to 6-0 overall, 3-0 ECC. The Woodstock Academy boys cross country team also lost to the Vikings, 19-44. Woodstock's Ethan Aspiras finished in second place for the Centaurs (3-6, 0-3 ECC). Chris Abbey took first in 16:59 for East Lyme (6-0, 3-0).



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# VILLAGER NEWSPAPERS

## COMMUNITY SPOTLIGHT

“SHINING A LIGHT ON COMMUNITY EVENTS”

### October 19, Sat., 9am-12pm.

Plein Air workshop with Susan Rosenstone Larrow! Go to [nectag.org](http://nectag.org) to sign up! Sponsored by The Northeastern CT Art Guild.

### October 19, Sat., & 29 Tues., 10am-5pm

The First Congregational Church of Woodstock will host its 7th Annual Art and Craft Show on the Church lawn and inside fellowship hall with over 40 vendors participating. Lunch will be served on Saturday in the church basement. Parking and admission is free. Please email Karen McFarlin at [kmcf3470@gmail.com](mailto:kmcf3470@gmail.com) if you have any questions.

### October, Sun. 20, 7:30-10:30

American Legion Post 67, N. Grosvenordale, “All You Can Eat” breakfast on a.m. Tickets only \$9 for adults and \$5 children under seven and include scrambled eggs, homefries, bacon, sausage, ham, hash, English muffins, sausage & gravy, beans & kielbasa, French toast, pancakes, plus Belgian waffles and omelets. To benefit ThompsonDTC.

### October, Fri, Sat & Sun 25 - 27

From Friday at 5:30 PM until Sunday at 9:00am Teen Weekend at the Windham-Tolland 4-H Camp (326 Taft Pond Rd., Pomfret, CT). Food, games, crafts, leadership skills and lots of fun for teens 13 - 17. Bring your own pumpkin to carve. Fee is \$50.00. Pre-registration required by October 21. Call 860-974-1122 to register or email: [campdirector@4hcampct.org](mailto:campdirector@4hcampct.org)

### October Sun., 27 1- 2:30pm

“Get Roped In!” Walktober Walk at the Windham-Tolland 4-H Camp (326 Taft

Pond Rd., Pomfret, CT). We will take a short ½ mile walk from the lodge around the back of the pond to the Low Ropes Course. You will have a chance to explore the course elements under the direction of certified instructors. We will spend time at the climbing wall before heading back to the lodge for a tasty snack. For children ages 9 and up. Appropriate footwear and pre-registration required by October 25. To register call 860-974-3379 or email: [registrar@4hcampct.org](mailto:registrar@4hcampct.org).

### October 27., Sun., 1pm

“An American Story: Race Amity and the Other Tradition” is a documentary that tackles racism through friendship and collaboration (PG). The event will be hosted by the B’Nai Shalom Synagogue, 125 Church Street, Putnam. Contact: Lyn Tolar / [tolar@infoResolution.com](mailto:tolar@infoResolution.com) / 860-455-8144 or Leah Ralls (President) / [naacp2016b@gmail.com](mailto:naacp2016b@gmail.com) / 860-230-6911

### October 30, Wed, 2-3:30pm

Parkinson’s Support Group. Diane Tryon, RD, will speak on nutrition and Parkinson’s disease. Day Kimball Hospital RHF #3. Note change in date!. Contact Vic Gregoire 860-774-6143

### November 2, Sat., 10-11am

Growing Up Wild, Nature and Book Exploration- Ages 4-7. Killingly Public Library 25 Westcott Road, Danielson, CT 06239, 860-779-5383. Register at [www.killinglypl.org](http://www.killinglypl.org)

### November 2, Sat., 6pm

Class of 1969 Killingly Reunion. Connecticut National Golf Club. Please contact

Wayne Magao 860-774-5488 for details.

### November 2, Sat., 4:30-5:30

Take Out Lasagna Dinner –Saturday, (or until it’s gone!) \$12.00 - Meat or Vegetarian Lasagna – Salad-Bread & Cake - at the Federated Church of Christ – Rtes 6 & 169 Brooklyn

### November 2, Sat., 1:30pm

Facts of the Indigenous Thanksgiving. Olsson Best and Jerred Swiftcloud Best of the Narragansett Indian Tribe. Westfield Congregational Church 210 Main St. Danielson, CT. No Cost ~ Refreshments. Sponsored by the Killingly Historical and Genealogical Society. For information please call the Society at 860 779 - 7250

### November 5, Tues., 6pm

Commission on Aging Meeting, Ella Grasso Community Room, 65 Ballou St. Putnam.

### November 6-13, Wed., 10-10:45am

Preschool Open Story Time-Ages 3-5. Killingly Public Library 25 Westcott Road, Danielson, CT 06239, 860-779-5383. Register at [www.killinglypl.org](http://www.killinglypl.org)

### November 7, Thurs., 4-5pm

Tween & Teen Happenings Ages 9-17 welcome - Extreme Angry Birds played with our huge catapult. Killingly Public Library 25 Westcott Rd., Killingly, CT 06239 (860) 779-5383

### November 7, Thurs., 7:30pm.

The Brooklyn Historical Society is pleased to sponsor “Death and Mourning Practices of Early New England,” an illustrated lec-

ture that will explore the traditions of death and mourning with such illustrations as memorial jewelry, embroideries and portraits. The exploration will be led by Bev York, Director of Museum Education at the Windham Textile & History Museum. Location: Brooklyn’s Trinity Episcopal Church Parish Hall, 7 Providence Road (Route 6). For more info: 860-774-7728.

### November 7-21, Thurs., 5:30-6:30am

Coding Club Ages 9-17. Killingly Public Library 25 Westcott Road, Danielson, CT 06239, 860-779-5383. Register at [www.killinglypl.org](http://www.killinglypl.org)

### November, Sat., 9

St. Mary Church Yuletide Festival The Daughters of Isabella will be holding its annual Yuletide Festival and is seeking craft vendors. Please call Jean Ryan at 860-928-5014.

### November 11, Mon., 9:30-11am

Wee Wanders Aicher Hiker Views, Harrisville Rd., Pomfret [www.wyndham-landtrust.org](http://www.wyndham-landtrust.org)

### November 12, Tues., 6:30 - 8:30pm

The Woodstock Agriculture Commission will host Kip Kolesinskas, Conservation Scientist, who will speak on Climate Change: Impacts and Adaptation Strategies for Connecticut Agriculture. He will address challenges and strategies for dealing with changing and unpredictable weather, and improving community resilience. For more information, or to submit questions for the speaker, email [woodstockag@earthlink.net](mailto:woodstockag@earthlink.net). Woodstock Town Hall, 415 Route 169, Woodstock.

This page is designed to shine a light on upcoming local nonprofit, educational and community events.

Submissions are limited to 50 words or less and are FREE to qualifying organizations, schools, churches and town offices.

To submit your event contact: Paula at [paula@stonebridgepress.news](mailto:paula@stonebridgepress.news)

Deadline for submission is Friday at Noon

## HERE & THERE → Local Events, Arts, and Entertainment Listings

### SATURDAY OCTOBER 19

3RD ANNUAL AMERICAN LEGION AUXILIARY HANDMADE CRAFT FAIR 9am-2pm. Crafters featuring their handmade wares, raffles, and bake tables Serving Lunch American Legion Gaudette Kirk Post 138 175 Main Street Spencer, MA 01562

### WEDNESDAY, OCTOBER 23

FINANCIAL FRAUD & THE ELDERLY What to Know and How to Avoid It 1:30-2:30. Kim Brown Branch Manager, North Brookfield Savings Bank Tea & Refreshments will be served Limited seating Quaboag Rehabilitation & Skilled Care Center 47 East Main Street West Brookfield, MA RSVP 508-867-7716

### SUNDAY, OCTOBER 27, MURDER MYSTERY DINNER

An interactive dinner theater The Fashionable Murders. 6:30 pm Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required [sailemrossinn.com](http://sailemrossinn.com) or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

ACOUSTIC FRIDAYS AT 308 LAKESIDE New England Weather 308 Lakeside 308 East Main Street, East Brookfield, MA 01515 774-449-8333

### MONDAY, OCTOBER 28

MIDDLE AND UPPER SCHOOL PREVIEW NIGHT 6-7:30 pm. Join us for a casual and informative evening as we welcome parents and students curious about Wilbraham & Monson Academy. Admissions Office at Morrow House. 421 Main Street, Wilbraham, MA 01095. RSVP by October 21 at [www.wma.us/previewnight](http://www.wma.us/previewnight) or call 413-596-9107

### WEDNESDAY, NOVEMBER 13

HOW TO MOVE ON - CREATING A BRIDGE TO A NEW LIFE 1:30-2:30. Barbara Perman, President, Moving Mentor Tea & Refreshments will be served Limited seating Quaboag Rehabilitation & Skilled Care Center 47 East Main Street West Brookfield, MA RSVP 508-867-7716

### SUNDAY, SEPTEMBER 29

SUNDAYS AT 308 LAKESIDE Chris Barber 308 Lakeside 308 East Main Street, East Brookfield, MA 01515 774-449-8333

### SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER An interactive dinner theater The Fashionable Murders 6:30 pm Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required [sailemrossinn.com](http://sailemrossinn.com) or call 508-867-2345. 260 West Main Street West Brookfield, MA 01585

### SATURDAY NOVEMBER 16

HOLY ROSARY CHRISTMAS BAZAAR 10am-5:30pm. Along with our regular booths (baking, lottery, indoor flea market, thanksgiving basket etc...), this year we will be introducing a new money raffle drawing replacing the special

gift raffle. St. Andrew Bobola Church 508-943-5633

### SUNDAY NOVEMBER 17

HOLY ROSARY CHRISTMAS BAZAAR. 8:30am-12:30pm Along with our regular booths (baking, lottery, indoor flea market, thanksgiving basket etc...), this year we will be introducing a new money raffle drawing replacing the special gift raffle. St. Andrew Bobola Church 508-943-5633

### SATURDAY, DECEMBER 7

Mary Queen of the Rosary Christmas Faire Vendors, Crafts, Raffles, Baked Goods, and so much more! In the Church Hall 9am-2:30pm. 7 Church Street, Spencer, MA. If you'd like info on being a vendor at this Christmas craft fair, please. Email [susan.terkanian@gmail.com](mailto:susan.terkanian@gmail.com) ONGOING



MARIACHI BAND First Thursday of the month 5-8 p.m. MEXICALI MEXICAN GRILL Webster location 41 Worcester Rd., Webster, MA 508-461-5070

### TRIVIA SATURDAY

NIGHTS 7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822



### LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN

AT SALEM CROSS INN 260 West Main St., W. Brookfield, MA 508-867-2345 [sailemrossinn.com](http://sailemrossinn.com)

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED meets the first Monday of

every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet.

Auburn Sportsman’s Club 50 Elm St., Auburn, MA





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or fax them to (860) 928-5946.  
Photos are welcome in JPEG format.

# OBITUARIES

## George Anthony, 84



Mr. George Anthony, 84, husband of Harolyn Whipple Anthony, passed away on Monday, October 7, 2019.  
Born in Kershaw County, South Carolina, he was the son of the late William “Bill” George Anthony and the late Ethel King Anthony. George was a graduate of Dacusville High School (class of 1954) and a US Navy Verteran (54’-57’). He was preceded by Billie Hunter, Nacy Smith, Allen Anthony, William Anthony, and Jack Anthony.  
George retired from American Standard in Plainfield, Connecticut in 1987, after 30 years of service. After retiring, George and his wife moved to Greenville, South Carolina, where he worked at Fairway Ford for 10 years.  
A devoted and hard-working man, George loved and cherished his family. He will be remembered fondly for his dry sense of humor and wit.  
Surviving, in addition to his wife of 62 years, is his daughter, Linda Glover (Edison) of South Carolina; son, Wayne

Anthony (Jennifer) of Texas; and daughter, Brenda Tipper (Martin) of South Carolina; six grandchildren and three great grandchildren. Additionally, his four siblings: Kenneth Anthony, Randy Anthony, Rita Brooks, and Helen Anthony.  
A Celebration of Life will be held on October, 19, 2019 at 1:00 pm. The service will take place at their residence, 3459 Piedmont Trail, Garden City Beach, SC 29576.  
In lieu of flowers, donations may be made to MSA Home Health and Hospice at 4685 Highway 17 South Bypass, Myrtle Beach, SC 29577.  
To view these details online or to offer words of comfort through the online guestbook, kindly visit the funeral home website at, [www.burroughsfh.com](http://www.burroughsfh.com)  
Burroughs Funeral Home & Cremation Services of Murrells Inlet, (843.651.1440) is honored to be assisting the family



## Victor J. Strama, 89



WOODSTOCK—Victor J. Strama, 89, of Rocky Hill Rd., passed away on Friday, October 11, 2019, at home. He was the loving husband of Emma (Payos) Canas-Strama. Born in Rayland, Ohio, he was the son of the late Michael and Josephine (Journee) Strama.  
Mr. Strama was a United States Army Veteran serving in the Quartermaster and Transportation Corps in the Far East Command during the Korean War. He was a graduate of Oklahoma State University and the Siebel Institute of Technology and was one of 403 Certified Master Bakers in the United States.  
Mr. Strama was one of the founders and Charter Member of the Bread Bakers Guild of America, a 50-year member in the American Society of Baking, and the Retail Bakers of America. Mr. Strama served as a Chief Executive Officer and Operating Officer with many blue-chip companies including Kellogg’s, Unilever USA, and the Walt Disney Company. Prior to his retirement in 2012, Victor was Director of Bakery Manufacturing for Meijer in Middlebury, Indiana. Victor

was very proud that he had mentored many present leaders in the baking industry during his active career.  
Mr. Strama had a passion for flying and was a private pilot from the age of 16 and was a 60-year member of the Experimental Aircraft Association and the Aircraft Owners and Pilots Association. Victor was a life member of the Veterans of Foreign Wars, Post 47 in Putnam, the National Rifle Association, and a member of the American Legion, Post 111 in Woodstock.  
Victor is survived by his wife, Emma; a son, Veejay Strama of Boston; a daughter, Vickie J. Moreland of Vancouver, WA; three grandchildren and two great grandchildren. He was predeceased by two brothers, Michael and Robert Strama.  
A private graveside service will be held at the CT Veterans Cemetery in Middletown. Funeral arrangements have been entrusted to the Gilman Funeral Home & Crematory, 104 Church St., Putnam, CT 06260. For memorial guestbook visit [www.GilmanAndValade.com](http://www.GilmanAndValade.com).



## Marilyn M. Buck



Marilyn M. Buck of 36 Vina Lane, Apt 405, Brooklyn, CT, died peacefully at her home on October 9th. She leaves her husband of 65 years, Ernest M. and 3 children, Ernest of Santa Cruz, CA, Michael and wife Carol of Savannah, GA and Susan Lloyd and husband Ned of Woodstock, CT. Marilyn was predeceased by her daughter Mary-Lynn Costas. She also leaves her 7 treasured and well loved grandchildren and her great grandson, Oak.  
Marilyn was born May 5, 1932 in Hartford, CT to Daniel and Janet (Aylotte) Mercer. She was a graduate of Mount St. Joseph Academy in West Hartford and the Class of 1953 St. Francis Hospital School of Nursing. She was devoted to raising her children as well as work in the nursing profession that she loved. At various times she worked at Mt. Sinai Hospital

in Hartford, as a school nurse in Shutesbury, MA and at several group homes in the Amherst, MA area that specialized in reacquainting deinstitutionalized clients with the community. In keeping with her passion to help others, she was also employed by the Salvation Army for several years.  
The career at which she excelled and loved the most was that of Mom, Grandma and Wife. Her kind and gentle heart will be greatly missed.  
A Mass of Christian Burial will be celebrated on Saturday, November 2nd at 11:00 a.m. at Our Lady of LaSalette Church, 25 Providence Rd., Brooklyn, CT. Burial will be private.  
Those wishing to remember Marilyn may make a donation in her memory to Day Kimball Hospice Home Care, 32 S. Main St., Putnam, CT 06260.  
The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with her arrangements. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle



BROOKLYN — Richard “Dick” Breton, 64, passed away peacefully at home on August 12, 2019. He was born in September of 1954 in Putnam, CT. He was the son of Shirley Breton and the late Reginald Breton.  
Richard grew up in Dayville and attended Killingly schools. He was a welder and pipefitter which gave him many experiences and opportunities in life. He worked at Electric Boat and traveled to different states not only for job purposes, but also to explore. Richard was a Union worker for many years before retiring. He made lots of good friends along the way.  
He loved stream and brook trout fishing, fishing Alexander’s Lake in a canoe, fishing for cod on a boat, fishing off the rocks at Point Jerouslin and Point Judith, ice fishing at Alexanders Lake and other places, hunting for quail, pheasant and deer, camping in a tent and “roughing it.” He enjoyed canoeing the rivers for fishing and the scenery as well. Richard enjoyed hilarious times with his children, grandchildren, family and friends. He also enjoyed spending time with his friends and family at his home, listening to his favorite band, the Beatles. He was known to have a great time with friends no matter where his life would take him.  
Richard enjoyed all the great times at the lake at the family’s place. He especially loved playing horseshoes

there with the guys as they were “doing their thing!” Richard was a New England Patriots fan who loved and got very excited watching the games, especially when they made it to and won the Super Bowls.  
In addition to his mother Shirley Breton, he is survived by his wife, Jackie (Parker) Breton; his children Christopher Aubin and his wife Sabrina of Thompson; and his daughter, Shannon Bretton of Brooklyn; his brother Gary Bretton and his wife Debra of E. Killingly; his grandchildren, Adrianna, CJ and Mason; aunts; uncles, cousins; nieces and nephews, great nieces and nephews; his mother-in-law Irene Parker; brother and sister’s in-law; and great close and good friends.  
He will now have a chance to meet and “catch up” with his family and friends who predeceased him, his father, Reginald Breton; paternal grandparents, Reginald and Magdalena Breton, Sr.; and his maternal grandparents, Joseph and Mildred Weaver.  
A Celebration of Life for Richard will be held on Saturday, October 19, 2019, from 4:00p.m. to 8:30p.m. at the Danielson Lodge of Elks #1706, 13 Center St., Danielson, CT 06239. A graveside service for Richard will be held on Wednesday, October 23, 2019, at 11:00a.m. in St. Joseph Cemetery, 350 Hartford Pike, Dayville, CT. Funeral arrangements have been entrusted to the Gilman Funeral Home & Crematory, 104 Church St., Putnam, CT. For memorial guestbook visit [www.GilmanAndValade.com](http://www.GilmanAndValade.com).

## Ida Corngold, 102

MANHATTAN - Ida Corngold, 102, passed away peacefully on Thursday October 10, 2019;  
She was born in Manhattan on March 27, 1917, daughter of the late Sam and Jenny (Herman) Smolek. Ida worked, for many years, as a clerk for the Department of Environmental Protection.  
Private interment services will be

held at the Massachusetts National Veteran’s Cemetery in Bourne, MA. Funeral arrangements are under the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.  
A guestbook is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle of remembrance.

## Arlene M. Gallant, 88



BROOKLYN — Arlene Margaret Gallant, 88, of Brooklyn, passed away on October 13, 2019 at St. Joseph’s Living Center in Windham. Arlene was born in Hanover on May 10, 1931, daughter of the late Harold and Elsie

(Coombs) Chartier. She was the wife of the late Joseph Gallant Sr. She is survived by her sister Shirley Brown of TX, many grandchildren, great grandchildren, nieces and nephews. She was predeceased by her brothers Harold and Harry Chartier and sisters, Lillian Maynard and Gertrude Palmer and son Joseph Gallant Jr.  
Calling hours will be held on Friday, October 18, 2019 from 6:00-8:00 P.M. in Tillinghast Funeral Home, 433 Main Street, Danielson. Burial will be in Hanover Cemetery. [tillinghastfh.com](http://tillinghastfh.com)



WEBSTER-Walter P. Therrien age 68 passed away suddenly Friday, October 11, 2019. He is survived by his wife of 48 years, Marie M. (Sciarappa) Therrien, a son Dana M. Therrien and his wife Linda of Randolph, VT, a daughter Jessica L. Therrien of Webster. He also leaves two sisters, Barbarajaan Conant and her husband Michael of Oxford and Doris Angelo and her husband Tom of Spencer. Walter also leaves Brother-in-law Tony Pisani and sister-in-law Lee Pisani and several nieces and nephews. He was predeceased by two brothers, Laurence Therrien of Webster and Larry K. Therrien of Melbourne, Florida and a sister Valerie Therrien Mathieu of Springfield, MA. He was born in in Randolph, VT son of the late Lawrence

Therrien and Laura (Perry) Therrien and lived in Webster most of his life. He was a US Army Veteran of the Vietnam Era. Walter owned and operated Webster Lake Service Center since 1983 prior to that working with his father for many years. Walter enjoyed cars, woodworking, antiques, socializing with long conversations with friends and family. He was known for creating something from nothing. He was proud of his family and country. A Celebration of life will be held Friday, October 18, 2019 in the Shaw-Majercik Funeral Home, 48 School St., Webster, MA from 5 PM – 7PM. Private burial with military honors will be in Mt. Zion Cemetery. Please omit flowers and donations may be made in his memory to the Webster-Dudley Veterans Council, Webster, MA 01570 guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle

## Walter P. Therrien, 68

## Priscilla (Jewett) Donnelly

Memorial Service for Priscilla (Jewett) Donnelly  
Saturday October 26, 2019 at 10:00

AM  
First Congregational Church of Lebanon, Jct. Rt 207 and Rt 87, Lebanon CT 06249  
Full details at <http://www.auroramccarthy-funeralhome.com>



**To place an In-Memoriam, Card of Thanks, Birthday or Anniversary Greeting, in the Villager Newspapers**


the deadline is Monday at noon for that week.

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3") or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3"). You can add a photo at no additional cost.

To send by mail, please mail to  
**Villager Newspapers  
P.O. Box  
196 Woodstock, CT 06281**  
Personal checks, Visa, Master Card, Discover and AMEX are accepted.





**For more information, please call 860-928-1818 or email [brenda@villagernewspapers.com](mailto:brenda@villagernewspapers.com) and she'll be happy to help!**





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Photos are welcome in JPEG format.

# OBITUARIES

## Nikos Agathos, 81



PUTNAM – Nikos Agathos, 81, of Putnam, passed away Monday, October 14, 2019 at Manchester Memorial Hospital in Manchester. Nikos was born in Kanakades, Kerkira, Greece on October 14, 1938, son of the late Spiro and Andromachi (Revis) Agathos. He served in the Greek Army. He was married to Stella (Moumouris) Agathos for sixty years. Nikos immigrated to the United States in 1966. He was the owner and operator of Center Pizza in Putnam for twenty years. Nikos was an avid sports fan.

Besides his wife Stella he is survived by two children, Spiros Agathos and Anna Agathos, both of Putnam, his brother Jimmy Agathos of Danielson and sister Olga Revis of Greece and many nieces and nephews. He was predeceased by his brother George Agathos.

A calling hour will be held on Friday, October 18, 2019 from 10:00-11:00 A.M. followed by a funeral service at 11:00 at The Holy Trinity Greek Orthodox Church, 80 Water Street, Danielson. Burial will be in Westfield Cemetery. In lieu of flowers donations in his memory may be made to The Holy Trinity Greek Orthodox Church. [tillinghastfh.com](http://tillinghastfh.com)

## Claire L. Gothreau, 87



PUTNAM– Claire L. (Petrin) Gothreau, 87, of Fairmount St., passed away on Thursday, October 10, 2019 at Davis Place Nursing Home. She was the loving wife of Leon N. “Bing” Gothreau.

They were united in marriage on October 11, 1952 in St. Mary Church of the Visitation. Born in Putnam, she was the daughter of the late Pierre and Maria Petrin.

Mrs. Gothreau worked as a bank teller for Citizen’s National Bank and was a member of the Putnam Senior Citizens and the Daughters of Isabella. She enjoyed traveling, shopping and bowling.

In addition to her husband, Claire is survived by her son, James Gothreau

of Putnam; her daughter, Elaine Richmond and her husband Clark of Pomfret Center; her sister, Florence LaRose of Putnam; her grandchildren, Michele Norman, Clinton Richmond, Paisley Gothreau, and Shai-Lin Gothreau; and her great-grandchildren, Luke Norman, Lydia Norman, Francesca Richmond and Lorenzo Richmond. She is predeceased by her brother, the late Norman “Pep” Petrin.

Relatives and friends were invited to visit with Claire’s family from 9:30 a.m. to 10:30 a.m. on Tuesday, October 15, 2019 in the Gilman Funeral Home and Crematory, 104 Church St., Putnam. A Mass of Christian Burial took place at 11:00 a.m. in St. Mary Church of the Visitation Church, 218 Providence St., Putnam, CT. Burial will follow in St. Mary Cemetery. For memorial guest-book visit [www.GilmanAndValade.com](http://www.GilmanAndValade.com).

## Gilbert N. Gauthier, 63



Gilbert N. Gauthier, 63, of Danielson, CT passed away unexpectedly on Sunday, October 6, 2019 at his home in Danielson. He was born on August 21, 1956 in Putnam, CT. He was the son of the late Sylvio and Doris (Oldham) Gauthier. Gilbert

worked for McDonald’s Corporation as a Maintenance Technician for many years. He truly enjoyed photography.

Gilbert leaves his daughter Rachel Parker; his granddaughters Kiara Parker and Brielle Parker; his brother Jim Gauthier and his wife Renee; his sister Grace Roberts and several nieces and nephews.

There are no services at this time. Share a memory at [www.gagnonand-costellofh.com](http://www.gagnonand-costellofh.com)

## Valerie G. Noyes, 76



AUBURN – Valerie G. (Jones) Noyes, 76, of Kateri Way, died Wednesday, October 9, 2019, at the Life Care Center of Auburn. She is survived by four children, Deborah A. Noyes of South Hadley, Michael P. Noyes and his wife Vanessa of Charlton, Kathryn Noyes-LeBlanc of North Grosvenordale, CT, and Audra E. Jones of Leicester; her brother, Christopher M. Jones and his wife Murad of New York; eight grandchildren, Clyde Wayshak, Michaela Wayshak, Paige Jones, Alex LeBlanc III, Cecilia LeBlanc, Guy Jones, Nathaniel Noyes, and Abigail Noyes; and two cousins, Ed McLaughlin and Kathy Jones. She was born in Carmel, CA, daughter of the late Robert R. and Elizabeth T. (Peat) Jones, and lived in Auburn for many years. She graduated

ed from Carmel High School in 1959.

Ms. Noyes worked at BJ’s Wholesale Club in Auburn for over 10 years, retiring in 2011. Previously, she worked at Shaw’s Supermarket in Auburn along with various other food service positions. She had a great interest in art and music. She enjoyed traveling back to her California home, visiting beaches in California, and spending time with her family on Cape Cod. She was profoundly devoted to Captain Jack Sparrow, Daryl Dixon, Jamie Fraser, Ned Stark, and her two cats, Apollo and Athena.

Calling hours were Tuesday, October 15, 2019, from 4-6 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. A service of remembrance was held at 6:00 p.m. at the conclusion of calling hours. In lieu of flowers, memorial contributions may be made to the M.S.P.C.A., 350 South Huntington Avenue, Boston, MA 02130. [paradisfuneralhome.com](http://paradisfuneralhome.com)

## Richard A. Bouvier, 58

DUDLEY- Richard A. Bouvier, 58, passed away at home while surrounded by his loving family;

He is survived by his wife of 34 years Kerrie (Barrett) Bouvier; his mother Beatrice T. (Lefebvre) Bouvier; two sons: Joseph Bouvier and his wife Brittany of Auburn and Bob Bouvier of Dudley; his sister Cindi B. Kinder of Portland, Oregon; he also leaves many relatives and friends. Richard was predeceased by his father Anthony J. Bouvier and his sister Michelle Parker.

Richard was born in Webster, MA on March 7, 1961; he was very active with Webster-Dudley sports teams being a

coach in both pop warner and little league for many years; he was also active in the Army National Guard.

All are welcome to join with Richard’s family in celebrating his life at a Memorial Mass in St. Louis Church, 15 Lake Street Webster, MA on Friday October 18, 2019 at 10:00 am.

Funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle of remembrance.

## Sandor Harmat, 78

SOUTHBRIDGE - Sandor Harmat, 78, passed away at home on Monday October 8, 2019; He is survived by his wife: Priscilla (Doyle) Harmat; four sons: Sandor Harmat III of Dudley, Jeffry Harmat of FL, James Harmat of Charlton, and Louis Masse of Charlton; one daughter: Tammi Toland of Sturbridge; several grandchildren; many relatives and friends.

Sandor was born in Esztergom, Hungary on January 14, 1941 son

of Sandor and Ilona (Hanuska) Harmat; He worked as a rehabilitation Counselor at the Worcester State Hospital for many years before retiring.

Private funeral arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home, 48 School Street Webster, MA. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle of remembrance.

# LEGALS

### NOTICE TO CREDITORS

ESTATE OF John W Chagnot, (19-00363)  
The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, October 8, 2019 ordered that all claims must be pretested to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Amy P Chagnot,  
79 South Street, Brooklyn, CT 06234  
October 18, 2019

### NOTICE TO CREDITORS

ESTATE OF Joseph M Flynn, (19-00387)  
The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, October 8, 2019 ordered that all claims must be pretested to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Matthew J Flynn  
c/o, William H St Onge,  
St Onge & Brouillard, 50 Route 171,  
Woodstock, CT 06281  
October 18, 2019

### NOTICE TO CREDITORS

ESTATE OF Joanne Mary Corey, AKA Joanne M Corey (19-00398)  
The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, October 9, 2019 ordered that all claims must be pretested to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Kristen L Corey  
c/o Matthew J Lefevre, Law offices of,  
Matthew Lefevre, Esq PC,  
38 Woodland Street, Hartford, CT  
06105  
October 18, 2019

### NOTICE TO CREDITORS

ESTATE OF Jean M Kerr (19-00393)  
The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, October 4, 2019 ordered that all claims must be pretested to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
David A Ross 53 Five Mile River  
Road, Putnam, CT 06260 William H  
Ross  
c/o Nicholas A Longo, Bachand, Longo & Higgins - 168 Main St., P.O. Box  
528, Putnam, CT 06260  
October 18, 2019

### Town of Eastford Connecticut Planning Commission Notice of Decision

On October 3, 2019 the Planning Commission made the following decision:  
File # 19-001 Gary Eucalitto – Garrett  
Homes, LLC, Eastford Road between

properties at 258 and 228 Eastford Road, Map 24, Block 10, Lot 2. One approximate 15 acre lot to be subdivided into one approximate 2 acre lot and one approximate 13 acre lot. APPROVED WITH CONDITIONS UNANIMOUSLY.

Details can be found in the minutes filed at the Town Clerk’s Office, Town Office Building, 16 Westford Road, Eastford, CT.  
Dated at Eastford, CT this 8th day of October 2019.  
Susan Welshman  
Recording Secretary  
October 18, 2019

### Public Hearing

Woodstock Historic District Commission will hold a public hearing October 23, 2019, 6:30 p.m., Woodstock Town Hall, for 494 Route 169, Woodstock, CT for changes to barn. Gail Usher, Chair  
October 18, 2019

# Don't miss a moment



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