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Friday, May 7, 2021

## Northbridge Police Chief to retire in June

BY KIMBERLY PALMUCCI

NORTHBRIDGE

in Northbridge, Chief of Police Walter Warchol will officially retire from the department on Friday, June 25.

"When you work for a community that you live in, I think you work harder to make a differ-

ence and try to improve the quality of life for the residents," said Warchol. "So, I decided early that my career would be with the Northbridge Police Department, but never thought that someday I would be the Chief of Police. In the history of the department, I was the only Chief of Police from

Warchol started his career with the Police Northbridge Department when he was appointed as a Reserve Officer on Jan. 31, 1977.

Rockdale."

"I was 20 years old," he said. "I was a parttime police officer while I was a full-time student at Bryant College."

Warchol was appointed as a full-time police office on Jan. 22, 1979, and attended the 12-week municipal police academy at Massachusetts State Police Academy in Framingham.

"I graduated from the academy on July 13, 1979, and proposed to my wife the same night," Warchol recalled.

Turn To **CHIEF** page **A11** 

After 44 years of service

BY KIMBERLY PALMUCCI

Student seeking donations for adoptable pets

UXBRIDGE — One sophomore at Blackstone Valley Tech is hoping to help local adoptable pets in her community. Autumn Herrick is holding a pet donation drive to benefit the Uxbridgebased Pawfect Life Rescue and will be collecting items through Friday,

May 14. "It makes me feel good knowing I am helping a great cause," said Herrick, a member of the cat. Blackstone Valley Youth "My dog, Shadow, is Leadership Academy. "I

am so grateful to help. Each member of the Leadership Academy—a program for students across all 13 towns in the Blackstone Valley to learn and improve leadership skills—is required to achieve a community

service project within the forever families. There is program, Herrick said.

"I have been a part of the youth leadership academy for almost a year," she said. "There are 25 members who are in the academy with me. We all have enjoyed going to each meeting and learning about financials, marketing, teamwork, and improving public speaking skills.

Herrick found inspiration for her community service project in her own rescue pets-a dog and a

always by my side, so when I was brainstorming it hit me that I could do a pet donation drive for Pawfect Life Rescue right in Uxbridge," Herrick "Helping adoptable animals inspires me because there are so many animals in shelters that are looking for their

so much work that goes into owning an animal shelter and taking care of all the animals. Being able to help the stress of that is the goal.'

Items needed include: chewy soft, training treats; sturdy dog toys; paper towels; and pet store gift cards.

"Many thanks Autumn for choosing to help raise donations & awareness for Pawfect Life Rescue," the rescue shared in a social media statement. "We love it when [the] next gen gets involved! There's always something everyone can do to help make this world a better place."

Those interested in a donation making may contact Herrick at autumn.herrick25@ gmail.com or by phone at 774-813-9646.



Recently, Michael Shain, the founder and president of Thanks To Yanks, a local charity, organized a donation of custom labeled coffee for the Uxbridge Fire Department as a thank you for all that they do to serve the community. Shain said, "It is important to recognize and appreciate those on the front lines, that help keep us safe." For more information about Thanks To yanks, please visit them on Facebook.

## **BVT** honors Practical Nursing graduates at pinning ceremony





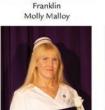


















Courtes



Hopedale





Tiffany Salo-LeBlanc







Roberta Silva



Westborough Wendy Consoli





Djinara Grier



Rosemond Damptey

The members of the Blackstone Valley Regional Vocational Technical High School Post-Secondary Practical Nursing Class of 2021celebrated its graduation from the rigorous program in early February.

Marva Whyte

UPTON - Becoming a nurse takes dedication and hard work to obtain the knowledge, skill, and compassion to care for patients. The Practical Nursing (Post-Secondary) program at Blackstone Valley Regional Vocational Technical High School provides its non-traditional adult student with life-changing training to succeed as a practical nurse in a progres-

sively complex health care field. The Practical Nursing Class of 2021 recently earned their nursing certificates, awarded at a pinning ceremony on February 8th. For the 19 graduates, it marked the culmination of one and a half years and more than 1,090 hours of instruction balanced with work and family obligations.

"The pinning ceremony is more than a nursing tradition," explained Practical Nursing Coordinator Joann L. Monks, MBA, MSc, RN-BC, RMA. "It symbolizes our students' commitment, hard work, and dedication to complete the coursework and clinical hours required to earn a practical nursing certificate to become a Licensed Practical Nurse.'

Superintendent-Director Dr. Michael F. Fitzpatrick was proud to sign his name on the certificates.

He said, "Given the depth and difficulty of this

program, this group of students demonstrated the talent, knowledge, and compassion that has become a hallmark of our graduates. Well-trained, they are a valuable resource for the residents, hospitals, and health care providers of the Blackstone Valley.

With pandemic restrictions in place, Class President Abigail Angell of Grafton shared her thoughts in an inspired open letter to this gifted class of extraordinary women.

She said, "You're amazing people who will do great things with your abilities. I wish you nothing but success in your future endeavors.'

She also thanked the instructors, noting "The exceptional faculty challenged us and taught values that go beyond textbooks and PowerPoints. Thank you for holding us to the highest standards of excellence and pushing us to reach our full potential."

The Class of 2021 graduates, having earned their practical nursing certificates, are eligible to test for the National Council Licensure Examination-Practical Nurses (NCLEX-PN). The Practical Nursing program is currently accepting applications for August 2021 enrollment. For more information, visit www.

Turn To BVT page A11

## Memorial Day book, plant sale to benefit local library

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

DOUGLAS — An upcoming Memorial Day Weekend book and plant sale will benefit Douglas' Simon Fairfield Public Library.

The event, which will be held on Saturday, May 29, from 9 a.m. to noon, is hosted by the Friends of the Library and marks the library's first in-person book sale since Oktoberfest 2019.

"The amount of books that need new homes is significant," said Library Director Justin Snook. "Furthermore, not a single one of the books, DVDs, or audio in this sale have been featured in any previous sale or auction."

The event will also feature a plant sale. The Friends of the Library are collecting seedlings to sell alongside the books, Snook said.

"If you would like to contribute, there is a giant collection of pots behind the Library into which you can deposit your extra bulbs or separated perennials,' Snook said. "You can take a pot, put a plant in it, label it, and leave it outside the Library any time in the week before May 29."

The event will be held outdoors, spread out around the library in order to "encourage proper social distancing," Snook said. Masks will be required, and there will be nitrile gloves and hand sanitizer available; bags will be provided.

"We ask that everyone browse with their eyes and not their hands," Snook added. "If it is interesting enough to touch, it is interesting enough to take home and rescue from imminent recycling.'

For questions or help with plants, please email douglasplants@gmail.com. The event has a rain date of Sunday, May 30.

"The Friends call it a sale, but you get to take what you can and donate whatever you want. Especially when it comes to the books: please take as much as you can. They all have to go. I'm not carrying them back in," Snook said.

The Friends of the Simon Fairfield Public Library is a nonprofit organization comprised of those "who hold the Library near and dear to their hearts," according to the library's Web site. The majority of the library's programming is sponsored by the Friends, as is the website, newsletter, and more.

For more information, visit mysfpl.org.



See the corresponding Crossword Puzzle in this issue.



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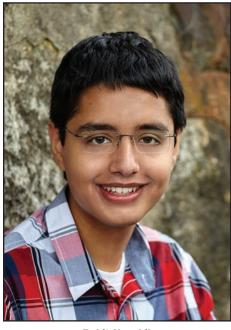


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## BVT senior receives Walter J. Markham Award



**Rohit Kaushik** 

UPTON - Superintendent-Director Dr. Michael F. Fitzpatrick is proud to announce that Rohit Kaushik of Hopedale, a senior in the Information Technology program at Blackstone Valley Tech, is the sole recipient of the 2021 Walter J. Markham Award.

The award is presented annually to a Massachusetts vocational school senior who has demonstrated excellence in their technical, academic, and personal achievements throughout their career.

"Rohit is a distinguished member of our school community with a remarkable resume," said Superintendent-Director Dr. Michael F. Fitzpatrick. "He speaks numerous languages, fluent in English, Kannada, Spanish, and Hindi. He plays and teaches the piano and led the effort to conceptualize, construct, and deliver three ice rescue ladders for emergency use by first responders at the Hopedale Pond to the town to be available for the winter season. And that is just the tip of the iceberg. Earning the prestigious Markham Award is an impressive achievement. We are proud of all of his accomplishments.'

As an Information Technology student at Blackstone Valley Tech, Rohit has earned CompTIA A+ Certification, Cisco NetAcad CCNA 1 and 2, TestOut PC Pro Certification, and OSHA 10-hour general industry signifying that he is certified in maintaining healthy and safe work environments.

Rohit is the President of both the National Honors Society and the National Technical Honors Society. Delegate, Model United Nations; Outstanding Student for academic excellence in Math, English, and Information Technology, junior year; Gold Medalist, SkillsUSA at the regional level: National School Development Council award recipient; and National Merit Scholarship Commended Student.

As Senior Patrol Leader and Eagle Scout, Rohit has completed numerous

leadership, and outdoor activities through Boy Scouts of America. He has organized food drives and meal delivery programs for the underprivileged in his hometown and volunteers at the town library, park, and

The Markham Award is named after the state's first associate commissioner of occupational education and is sponsored by the Massachusetts Association Vocational Administrators and Massachusetts Vocational Association.

About Blackstone Valley Regional Vocational Technical High School

BlackstoneValleyRegionalVocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocation-

al, technical, and academic skills. The school's Web site is www.valleytech.k12.ma.us.



The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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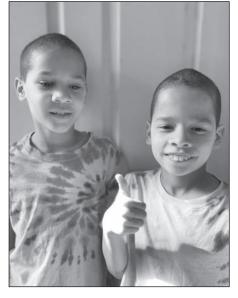


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## \* \* Triday's Child



**Allen and Alvin** Age 10 & 10

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Alvin and we want to stay together! Allen and Alvin are twin boys of African American and Native American descent. Allen has a very outgoing personality. Allen likes video games, outdoor sports, coloring, and being active in the community. He has a special gift when you engage in conversation with him. Allen has the ability to make you feel special and optimistic! He also has a contagious laugh! Allen reports that he loves school. He enjoys keeping busy and does well with listening and following directions.

Alvin is known to be very courageous and daring. He can be very curious at times and asks a lot of questions. He is very interested in how things work. He is also very affectionate and does well with lots of one-on-one attention, hugs, and kisses. Some of Alvin's interests are using his iPad and playing

sports. His favorite sport is soccer, and he's very good at it!

Legally freed for adoption, Allen and Alvin should be placed with a single-parent or two-parent family with our without other children in the home. Pets are okay as long as they are outgoing and friendly just like them. It is very important to Allen and Alvin that they are able to maintain their connection with their five siblings which requires six in-person visits per year and other communication between visits.

#### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



## Church of St. Paul receives Commonwealth Nonprofit Security Grant

Courtesy Pictured, left to right: Father Paul Shaughnessy, Bert Galipeau, MaryAnn DeRestie, Rep. Michael Soter, and Father O'Brien.



BLACKSTONE

- Rep. Michael Soter announced that the Baker-Polito Administration recently awarded \$950,000 in grant money to strengthen on-premises security at faith-based organizations. The 53 grants will help to fund safety enhancements to protect attendfacing the potential ri

Soter stated that the Church of Saint Paul in Blackstone will be receiving \$30,000 in this round of funding as one of the 53 recipients. The Church of Saint Paul will be using these funds to upgrade and install an IP camera system as well as make structural upgrades to various entrance doors.

Nonprofit groups, including faith-based organizations, provide Massachusetts residents with safe community space for education, social services, health care, and more. The Commonwealth Nonprofit Security Grant Program supports effective safety measures to protect houses of worship and the communities they serve.

In 2018, Massachusetts established the Commonwealth Nonprofit Security Grant Program (CNSGP) to allocate state funding to nonprofit organizations. The program annually supports target hardening and other physical security enhancements for locations at high risk for

terrorist attacks or hate crimes.

Soter commented, "I was thrilled to work with the Church of Saint Paul to formulate and advocate for their application. The need for improvements laid out in their application is crucial to the future security and success of the Church. I'm so glad that we were able to secure this

grant as I know how much it meant to Father O'Mara and his parishioners. His passing was a sudden and very sad occurrence, but I'm confident that he is looking down and smiling at this blessing."

Soter joined a small group of parishioners on May 1st to present the grant to the Church. Soter stated that he will continue to work with municipalities, businesses, and nonprofits to secure grant opportunities like this







#### BAY PATH HONOR ROLL

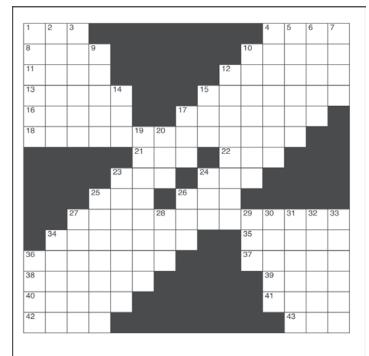
CHARLTON — Bay Path Regional Vocational Technical High School has released its honor roll for the third quarter of the 2020-2021 academic year.

High Honors: Nathaniel Beauchesne, Dylan Bellerive, Maya Bond, Victoria Bonneau, Kaitlyn Brindle, Matthew Brown, Gabriella Caron, Lauren Chase, Emma Christian, Andrew Colson, Christian Consiglio, Cheyenne Courtney, Bailey Creeron, Kelli Devlin, Jessi Escoto-Cifuentes, Benjamin Gelineau, Isabella Gonyea, Alexis Gosselin, Isaac Josti, Samantha Labelle, Eliana Lasell, Alicia Lempitski, Samuel Messier, Zachary Messina, Owen Ostromecki, Luis Perez, McKenzie Robinson, Kyle Sadusky, Kiana Tonkin, Jared Torosian, Nikko Vitkos, Caitlin Young, Louis Zanca

Honors: Emma Abbascia, Bryanna Andino, Graciela Antunez-Flores, Erika Apher, Ivy Ballou, Dominic Beauchesne, Cameron Blake, Skyler Bond, Dani Borci, Aaron Correira, Megan Costa, Brianna Cote, Natalie Courtney, Olivia Courville, Jordan DeFosse, Hayden Dube, Calissa Ferschke, Sean Flynn, Sarah Gosselin, Molly Hoefler, Abigail Joesten, Elin Kaufman, Jodie Kendall, Juliannah Kolofsky, Savannah LaBranche, Karma Lama, Julio Lopez-Torres, Curtis Lussier, Grant Maffei, Bryan Malone, Nicholas Marcotte, Chase McKenney, Kevin McManus, Ty Millette, Dimitrios Mironidis, Nicholas Moulton, Michael Mullaly, Joshua Natale, Robert Nichols III, Meagan Peck, Madison Poole, Keith Reardon, Nicholas Reil, Christina Rivera, Steven Schoenfeldt, Dylan Smaltz, Ryan Steiner, Kyleigh Sutherland, Maynard Sweet-Giglio, Joshua Turcotte, Cullen West, Genevieve Williams, Ashley Wilson, Katie Wroblewski

Principal's List: Adrian Aguilar, Kyle Bacon, Brent Burlingame, Leigha Clifford, Timothy Crowell, Leah Dingui, Evan Duffey, Parker Gilspin, Damien Grassey, Chloe Grenier, Evan Hall, Devin Hanlan, Cristal Hernandez, Elena Hopkins, Jayce Hutchinson, Susanna Krantz, Set Lawendowski, Matthew Livsey, Ullysses Logan, Evan Maldonado, Madison McKeon, Elizabeth McLam, Douglas Poirier, Troy Pollone, James Rivera, Andrea Rogan, Madison Rynne, Johnathan Tucker

High Honors: Justin Barton, Hayden Bourgeois, Alexia Brawn, Dylan Butkus, Diego Canovas, Jackson Chaffee, Lillian Dolan, Izabella Coughlin, Jack Dalton,



#### **CLUES ACROSS**

- Engine additive
- 4. A hearty laugh 8. Restrain 10. Dried coconut kernels
- 11. Nefarious
- 12. Elderly 13. Central part of a church
- building 15. Throw into confusion
- 16. Intestinal
- 17. Qualities of being religious
- 18. Live up to a standard 21. Seize
- 22. Go quickly
- 23. Automated teller machine
- 24. Bowling necessity
- 25. One point east of due south
- 26. Japanese honorific 27. A way to induce sleep
- 34. Makes cash register rolls 35. A city in S Louisiana
- 36. Make more cheerful
- 37. Manicurist
- 38. Consents 39 Network of nerves
- 40. Mocking smile
- 41. It covers the body
- 42. Partner to pans
- 43. Perform in a play

#### **CLUES DOWN**

- 1. Beautiful 2. Polynesian island country
- 3. Shrub of the olive family
- 4. Self-governing Netherlands territory
- 5. Shared one's view 6. Tailless amphibians
- 7. Charge passengers must pay Sound sheep make
- 10. Known for sure
- 12. Filled with unexpressed anger 32. Induces vomiting 14. Student (abbr.)
- 15. Criticize
- 17. Gathering place
- 19. Informal alliances
- 20. One's mother (British)
- 23. Landholder 24. Peter's last name
- 25. Parties 26. Title of respect
- 27. Red wine
- 28. Pearl Jam's debut
- 29. Shaft horsepower (abbr.) 30. Frosts
- 31. Cry of joy
- 33. Mother or father
- 34. Dal \_\_: Musical navigation marker
- 36. Door fastener part
- 0 N S 3 3 | SOLUTION Э 3 Я 3 3 3 Я Я 3 H 0 3 H E E Ν 3 В Τ M =  $\perp$ 3  $\forall$ 3 ٦ Э Ν Я 3 3 ٨  $\forall$ A N 0 I N 3 I Λ Э Я n o 9 O 0 Я 0 Ь Τ

Lillian Dolan, Erin Donahue, Cody Douglas, Genesis Gonzalez, Zachary Hinman, Nicholas Hunter, Morgan Ivory, Logan Johnson, Tiffany King, Cole Komssi, Amber Mercon, Aaron Mitchell, Jovanni Morales, Olivia Morin, Rachael Plaud, Lukas Rafferty, Luzyvette Sagastibelza-Lopez, Zachary Sargent, Kristina Scott, Ethan Shanbaum, Sarah Simpson, Caroline Soucy, Olivia St. Germain, Mateusz Zych

Honors: Aidan Adler, Adrian-Nicky Antwi, Connor Barton, Thomas Benoit, Dominic Benvenuti, Jayde Berthiaume, Brian Bonnette, Catalina Burden, Patric Campbell, Andrew Cannon, Isabella Capuano, Harmony Caranci, Stephanie Chege, Connor Clardy, Yadriel Colon Vega, Anaya Compres, Chynna Cote, Carter Coughlin, Aleysha Cruz Merced, Kevin Cunningham, Hayden Dery, Harmony Desrosiers, Chloe Dexter, Nathan Dreitlein, Lillian Dunkerton, May Emsiranunt, Johnathon Ferreira, Brady Garabedian, Danielle Gautier, Isabella Gervais, Alex Gilfoy, Gavin Gillet, Nicholas Gosselin, Ashley Hamel, Brandie-Lea Heck, Molly Johnson, Ryan Kempskie, Kevin Kilcourse, Ryan Komssi, Jason Kozlowski, Taylor Labrecque, Anthony Lang, Bethany Lasell, Andrew Leach, William LeCuyer, Lexie MacDonald, John Marchetti, John Martinek, Anthony Martins, Brandon Martocci, Boru Masiello, Alannah Matthews, Cadie Miller, Samuel Murillo, William Ofori, Angelina Ortiz, Samuel Parker, Michael Pashoian, Aaliyah Perez, Ilias Perez, Hunter Pocis, Krystal Quadarella, Xavier Rodriguez-Bradley, Alex Saad, Anthony Seymour, Chloe Sicari-Swinimer, Katrina Somers, Kyra Stevens, Isabella Tanacea, Scarlet Taveras, Francheska Toribio-Polanco, Jalissa Torres, Aaliyah Tremblay Collins, Rohan Vaidya, Kyle VanCott, Tyler Verrier

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High Honors: Jake Aho, Ronald Desrosiers, Elizabeth

Dreitlein, Aiden Gelardi, Evan Gelineau, Emma Hesselton, Samantha Inangelo, Aiden LaFrance, Erika Melendez, Mackenzie Morrisey, Kiyana Perez, Hilary Queirolo, Abrahm Routhier, Wyatt Sadusky, Arminda Simoes, Naomi Soriano, **Emily Westwell** 

Honors: Samuel Audunsson, Lukus Bachand, Sincere Bailey, Olivia Beaudette, Cauy Beaver, Quinn Beck, Dillon Beckwith, John Begg, Alexander Besaw, Benjamin Besaw, Samuel Boria, John Boyle, Dennis Brunelle, Miranda Burden, Arriana Cabana, Joshua Carignan, Matthew Casati, Daniel Chaffee, Amanda Christianson, Isabella Coleman, Makayla Collins, Grace Comeau, Gage Conroy-Laboeuf, Caleb Jude Corpuz, Ryan Davis, Cam'Ron Desrosiers, Noah Dipadua, Cheryl Dolson, Ty Dupuis, Amanda Englund, Jacob Farnham, Lucas Farnham, Zachary Finizza, Jayden Flanders, Zachary Ford, Evan Frost, Casey Gallagery, Emily Gelineau, Adrian Gonzalez, John Guerin, Julius Guillen, Barry Hanson, Lauren Hennessy, Luke Hill. Matthew Hoyt. Mariah Hurtubise. Michael Jalbert, Tatyanna Johnny, Grace Jones, Calista Kalil-Johnson, Matthew Kallgren, Tyler Kasprzycki, Anna L'Esperance, Madison Lamica, Sydney Lamontagne, James LeProhon, Ayden Letourneau, Gianaleze Lopez, Angus Dylan McDonald, Rachel McMenemy, Yerilian Miranda-Colon, Kyle Moody, Merissa Murray, Stephen Ngaruiya, Cameron Nolette, Gabrielle Oikle, Michan Pacheco, Joelle Peluso, Damien

Petrie, Trevor Phillips, Georgios Pirperis, Madison Poirier, Jenisey Ramos, Emma Rannikko, Rozlyn Robillard, Jazlynn Santana, Cameron Scobie, Terry Simon, Emma St. Francis, Evan St. Cyr, Damion Szafarowicz, Brayden Therrien, Yadiel Vazquez-Molina, Lucas Welton, Jacob Wilga, Jonathan Young

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Grade 9

High Honors: Sophia Balestracci, Angeliz Beltre Colon, Alex Beshiri, Rachel Carpenter, Eyan Chase, Meredith Clark, Yanieris Colon Vega, Kirsten Congdon, Mariselle Cosme, Kyleigh Czechowski, Daniel Daige, Emma Davidson, Jabril Erraihani, Jonathan Forget, Jenna Gajewski, Rachel Gormley, Simon Greening, Lucas Hafner, Tristan Hanson, Bridget Hast, Isabelle Herholz, Valerie Hernandez, Carly Impey, Stanislaw Janusz, Jordan Kippax, Anna Lehtola, Sarah Martin, Jenna McLeish, Kayla Nguyen, Peter Nhan, Stephanie Njenga, Nason Omasta, Wendy Ramirez, Amanda Seidler, Catherine Sirard, Jacob Sirard, Victoria Tinsley, Jack Ugrinow, Landon Walker, Charlotte Worster, Stone Zink, Gabrielle Zopatti

Honors: Alexander Adki9ns, Aiden Anderson, Kaidra Anderson, Kasey Babkauskas, Avarie Beauchamp, Luke Boliver, Alec Borelli, Madelynn Bounphasaysonh, Ryan Bray, Samantha Buchanan, Caitlyn Burke, Oliva Carrier, Madyson Chicoine, Evan Christiano, Jomar Cintron-Perez, Petru Cojocaru, Zachary Cournoyer, Peter Courville, Leeann Dagnese, Wyatt Daoust, Emma Dejong, Edwin Delacruz Davila, Jeffrey Denhamn, Jonathan Desmarais, Dylan Dietlin, Jayden-Janes Dunston, James Ferreira, Kacey Flanagan, Robert Fleck IV, Madison Fournier, Ethan Gallant, Devin Gavaletz, Makayla Graham, Bradley Graves, Brandon Grenier, Kendal Griffin, Samuel Hampton, Riley Heenan, Alba Henriquez Baez, James Heywood, Derek Hosley, Ian James, Jadyn Katz, Abigail Kibaru, Madisyn Kozlowski, Alyssa Kutzko, Matthew Lach, Braeden LaPointe, Emma Levasseur, Kristina Liberty, Albert Luciano, Patrick Luperchio, Ryan MacCormack, Catherine Magnusson, Jadier Maldonado, Logan McCann, Shaun McLaughlin, Vincent Messier, Maggie Mullaly, Dorina Muska, Benjamin Nashawaty, Adrianna Navarro, Christian Nguyen, Madison Nolin, Noah Okolita, Vanessa Paddock, Noalani Perez, Colin Plante, Nicholas Pollone, Ismael Porrata, Logan Powers, Evan Provost, Emily Quental, Ryatt Rafferty, Jayden Remillard, Harrison Renaud, Chase Rupert, Daniel Russell, Samantha Russell, Cody Savary, Caterina Schiappa, Connor Sentence, Paige Seymour, Sydney Seymour, Ryan Sinkewich, Noah Speight, Gerald Splaine, Kaileigh St. Germain, Adriana Stanley, Lacey Sullivan, Kyle Sylwanovicz, Trent Szela, Isabella Taiste, Liberty Tanksley, Colton Tittle, Christopher Verdolino, Nathalie Walker, Ryleigh Warchal, Marc Watroba, Timothy Welch, Thomas Wilk, Hailey Williamson, Sebastian Winer

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# Assumption students recognized for academic excellence

WORCESTER — Assumption University honored 80 students with academic awards for excelling in their individual fields of study. The annual spring Honors Convocation is an opportunity to recognize students who have received one of the University's academic departmental honors, special awards, and Augustine Scholarships. Local students included:

Emily Gay, Class of 2022, of Uxbridge, received the Colleen Ritzer Memorial Award, which is given to a highly meritorious student who is dual majoring in education and mathematics..

Samuel Malone, Class of 2021, of Douglas, received the departmental award for cybersecurity.. "The annual Honors Convocation recognizes Assumption students who embody the Assumption mission through their academic excellence and a commitment to learning," said Greg Weiner, Ph.D., provost and academic vice president. "Receiving these awards is a noteworthy achievement for students engaged in a journey of Catholic liberal education that seeks to awaken in them a sense of wonder and

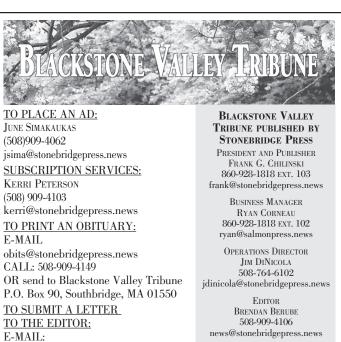
The departmental and special awards allow faculty to honor the most meritorious students in each of their primary programs of study while Augustine Scholarships are awarded to rising juniors and seniors whose academic achievement, leadership, character, and community service embody the Assumption mission.

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premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in Worcester, Massachusetts, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service. The University offers 34 majors and 49 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master's and continuing education degrees and professional certificate programs. For more information about Assumption University, please visit www.assumption.edu.



# Milford Regional earns sixth consecutive "A" for patient safety

MILFORD — Milford Regional Medical Center has been nationally recognized for the sixth time in a row with an "A" for the Spring 2021 Leapfrog Hospital Safety Grade.

distinc-The tion recognizes Milford Regional's achievements in protecting patients from errors, injuries, accidents, and infections. The Leapfrog Group is an independent national watchdog organization committed to health care quality and safety. The Leapfrog Hospital Safety Grade assigns an "A," "B," "C," "D," or "F" grade to all general hospitals across the country and is updated every six months. It is the only hospital ratings program based exclusively on hospitals' prevention of medical errors and other harms to patients in their

"To be nationally recognized for our commitment to patient safety for the sixth consecutive time is an extraordinary honor," says Edward J. Kelly, president and CEO of Milford Regional. "Patient safety has remained our top priority, even as we navigate the challenges

created by the pan-

demic. This continued achievement is due to the hard work and diligence of our entire staff who are dedicated to providing the highest quality

care to our community.' "An 'A' safety grade is an elite designation that your community should be proud of," said Leah Binder, president and CEO of The Leapfrog Group. "The past year has been extraordinarily difficult for hospitals, but Milford Regional Medical Center shows us it is possible to keep a laser focus on patients and their safety, no matter what it takes.

Developed under the guidance of a national expert panel, the Leapfrog Hospital Safety Grade uses up to 27 measures of publicly available hospital safety data to assign grades to more than 2,700 U.S. acutecare hospitals twice per year. The Hospital Safety Grade's methodology is peer-reviewed and fully transparent, and the results are free to the public.

Milford see To Regional's full grade details and access patient tips for staying safe in the hospital, visit hospitalsafetygrade.org.

sAbout The Leapfrog Group

Founded in 2000 by large employers and other purchasers, The Leapfrog Group is a national nonprofit organization driving a movement for giant leaps

forward in the quality and safety of American health care. The flagship Leapfrog Hospital Survey and new Leapfrog Ambulatory Surgery Center (ASC) Survey collect and transparently report hospital and ASC

performance, empowering purchasers to find the highest-value care and giving consumers the life-saving information they need to make informed decisions. The Leapfrog Hospital Safety Leapfrog's Grade,

other main initiative, assigns letter grades to hospitals based on their record of patient safety, helping consumers protect themselves and their families from errors. injuries, accidents, and infections.

### Tribune Almanac

REAL ESTATE

BLACKSTONE

\$359,900, 28 Richmond St, Robillard, Andrew J, to Escudero, Maria F.

\$80,000, 22 Union St, Poirier, Bruce A, and Poirier, Gail A, to Palmer, Brittany, and Palmer, Christopher.

**DOUGLAS** 

\$585,000, 77 Martin Rd, Viera Mason& Sons LLC, to Giordano, a\$560,000, 30 Douglas Hill Way, Bulak RT 2019, and Bulak, Anthony, to Telles, Ana S, and Mackievicz-Telles, Mozart.

\$475,000, 9 B St, Alfeo, Salvatore G, and Alfeo, Jillian, to Serrano, Tatiana.

\$255,000, 31 Richie Rd, Juskavitch, Preston, to Ricci, Helena J.

\$66,500, Orange St, Donatelli FT, and Donatelli, Steven A, to Murphy, Frank J, and Murphy, Tanya

NORTHBRIDGE

\$660,000, 35 Wilson St, Salvi, Nicholas G, and Salvi, Carolyn K, to Darocha, Marcelo H, and Aparecida-Bufaino, Regina.

\$432,750, 40 Plummer Ave, Robbys Passion LLC, to Helens VP LLC. \$430,000, 126 Fowler Rd, Simar House Inc, to

Bond, Alexis, and Bond, Tucker.

\$332,000, 242 Church St #242, Adams, Andrea, to Gyasi-Denteh, Lily.

\$290,000, 796 Providence Rd, West, Bailee, and Muise, Joseph E, to Donahue, Patrick, and Hamilton, Rachel.

\$278,000, 68 Heritage Dr #68, Schaver, Carol A, to Wielsma, Jason T, and Wielsma, Christina M.

\$210,000, 363 Highland St, Richard F Rumonoski LT, and Berkowicz, John, to Degmar Realty LLC. \$200,000, 373 Highland St, Richard F Rumonoski LT, and Berkowicz, John, to Degmar Realty LLC.

\$15,000, 556 Church St, Malkasian, Kathleen, to Garabedian, Vaughn P, and Roberts, Richard J.

#### **UXBRIDGE**

\$600,000, 42 Albee Rd, Murati, Ylli, and Murati, Dhurata, to Chavez, Juan.

\$484,900, 52 Turner Farm Rd, Arraho RT, and Frateschi, Edward A, to Tornabene, James T, and

Tornabene, Courtney \$440,000, 1070 Quaker Hwy, Chaveiro, Reisnardele R, to Gao, Linna.

\$290,000, 18 Beverly Ave, Alfano, Patricia M, and Petkauskus, Kathleen A, to Brown, Emily, and Fernandes, Jordan.





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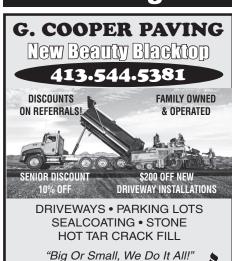
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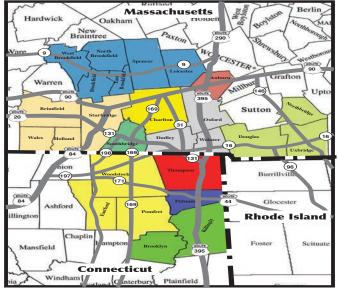
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Frank G. CHILINSKI President & PUBLISHER

**B**RENDAN **BERUBE** EDITOR

#### **EDITORIAL**

## Spring cleaning is about more than tidying up

It's been a rainy week, which means that spending time inside organizing and cleaning — along with watching the Red Sox hold steady in first place — was top on our to-do list. Spring cleaning, a chore that happens every year, feels great when complete. Why is it that something so tedious and boring could be so good for us?

Did you know that cleaning actually supports your immune system? Cleaning is of huge benefit especially to those with allergies. Getting rid of dust, pet dander, mildew and mold can trigger the immune system causing unnecessary illness. Those with cluttered homes tend to suffer the worst. To avoid indoor allergies, vacuum regularly, this to include your furniture.

Cleaning reduces stress. While cleaning, your brain is able to relax. This mindless activity can give you a chance to de-stress. Experts say that cleaning for as little as twenty minutes can reduce anxiety by up to 20 percent. It's a win-win — sure, it's no day at the spa, but constructive relaxation is always good. Using products with scents said to induce relaxation such as lavender is also an expert tip.

Heart health can be improved by cleaning by way of exercise. Just a half an hour of vacuuming can burn up to 100 calories. It's a known fact that people who like to keep their homes clean tend to take more interest in their overall health and well-being.

A tidy bedroom is said to help you sleep better. Individuals who make their beds are roughly 20 percent more likely to get a more restful night sleep. Seventy-five percent of people polled sleep better on clean sheets, in a room with less clutter.

When you are in a tidy area, your production increases. Less clutter means less distraction, which is said to clear up mental space. A study from 2011 published in the Journal of Neuroscience used MRI's to track the brain's response to cleanliness. More clutter was found to significantly limit the brain's processing capability.

Checking off the cleaning to do list can make you feel more satisfied and can boost your mood. A clean, fresh house is said to naturally boost endorphins and boost energy levels which leads to a decrease in depression.

Cleaning and organization can have a domino effect in that it can lead to sprucing up other areas of vour life. Interesting, was the one finding that stated when individuals were placed in a clean, well-organized space they were more likely to choose healthier menu items.

Perhaps William Morris put it best: "Have nothing in your house that you do not know to be useful, or believe to be beautiful."

#### **LETTERS**

Extra! Extra! Read All About It! We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor. But first, you have to write us!

Mail your letters to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at news@ stone bridgepress.news.

You'll need to provide your name and place of residence, along with a phone number, so we yours.

can verify the letter is We don't have a set limit, but if you keep

it around 600 words or so, you're going to have a better chance at seeing all your words in print. If you want to write a bit longer about a particular issue, maybe a guest Your Turn

try to keep it between 700-800 words. Remember, libelous remarks and/or personal attacks are a no-no and could

column is your cup of tea. If you do that,

lead to your letter not being published. So, what are you waiting for? Start writing!

Opinion and commentary from the Blackstone Valley and beyond

#### LETTERS TO THE EDITOR

#### Escape... shout stop!

To the Editor:

Thoughts of those smarter than I are often reflected in my letters to the Editor. This perfectly describes my feelings (yours, too?) during these crazy times: 'The object of life is not to be on the side of the majority, but to escape finding oneself in the ranks of the insane." -Marcus Aurelius

Neither 'heartless' nor 'racist,' it's simply 'insane!'

It's insane... to promote an 'inviting' message to migrant caravans and tens of thousands of unaccompanied minors vet lack management plans to handle the predictable, ensuing crisis.

It's insane... to define current conditions on our southern border as 'humane.' It's insane... to stop building a wall

without other infrastructure resources/ personnel adequate to stop flow of drugs, human traffickers, and potential terror-

It's insane... to conclude (under these circumstances) an end to a need for ever more facilities to house, feed, clothe, educate and medically care for these poor

It's insane... to calculate costs and realize it's US, hard-working people, forking over hard-earned money in higher taxes, paying the ultimate price (that is, if good paying jobs even exist when 'Progressives' finish dismantling our

It's insane... to adopt such measures as: 'defund' the police; increase corporate tax rate; print more 'stimulus' money; promote 'clean energy' to exclusion of 'energy independence' by oil/gas production; fund a redefined 'infrastructure' plan while giving little (percentage-wise) to actual road/bridge repairs or to rebuild transportation hubs such as airports.

It's insane... to add states to the Union;

'pack' the Supreme Court; or, with a goal of 'federalizing' national elections, applaud 'corporate shaming' of a state's Constitutional authority to take legislative action to ensure ballot security and expand voting opportunities.

Lastly, it's insane... a measure of censorship infects the Tribune! For a while, the editorial page included "A Moment in History" (MIH), where pieces retold little-known, interesting stories and posed thought-provoking questions; however, one column elicited complaints as "too political." MIH is no more, because the Editor, rather than encourage rebuttals in the name of free speech (First Amendment), caved like the MLB over the All-Star game. Letters to Editor still remain on the editorial page, where differing opinions are found in 'news' papers, but raises the question: is that freedom sacrosanct or illusory?

Meanwhile, it's insane... to live quietly in this Orwellian brave-new-world! Escape from the "ranks of the insane"; dare to gather your Hope, Anger & Courage to Change!

With hope our collective courage soon shouts stop for change,

JANE F. KEEGAN **UXBRIDGE** 

Editor's note: We feel compelled to note, in response to Ms. Keegan's comments regarding the Moments in History column, that it was discontinued at its author's request, not the Tribune's. We see nothing deserving of condemnation in making her aware of the negative feedback the final installment received. We believe that we have a professional responsibility to respond to the concerns expressed by our readers, regardless of their political affil-

#### Focus DARREN **PARENT** What's the biggest financial mistake you can make? Choosing

the wrong investments? Waiting too long to save for retirement? Underestimating the costs of retirement? All these are reasonable answers, but the biggest mistake you might make is not looking at your financial picture holistically – that is, not bringing into the picture all the elements of yourself.

Look at your financial situation

holistically

FINANCIAL

Let's consider some of them:

Your views on helping your family – Your decisions about helping your family are clearly going to be a major part of your financial strategy – and this is true at virtually all stages of your life. When your children are young, you'll need to decide if you're going to put away money for their college education, and, if so, how much, and in what investment vehicles. When they're young adults, you may also need to decide how much financial support you're willing to provide for things such as the down payment on a new home. And when you're drawing up your estate plans, you'll need to consider how to distribute assets to your children, grandchildren or other family members.

Your personal beliefs - As someone with civic, ethical and moral concerns, you want to positively affect the world around you. And that's why you may feel compelled to make charitable gifts throughout your life and then make philanthropy part of your legacy. To accomplish these objectives, you'll want to include gifting techniques in your financial strategy today and your estate plans for tomorrow. Of course, for the estate planning component, you'll need to work with your tax and legal advisors.

Your purpose in life when you retire – When you retire, you may be stepping off a career path, but vou're also entering a world of possibilities. How will you define, and live out, your new sense of purpose at this stage of your life? Do you seek to broaden your horizons by traveling around the world? Do you want to give back more to the community by volunteering? Can you spend more time pursuing the hobbies you enjoy? Each of these choices will carry different financial implications for how much you'll need to accumulate for retirement and how much you will need to take out each year from your retirement accounts, such as your IRA and 401(k).

Your health – Your physical and mental health can play big roles in your financial plans and outlook. On the most basic level, the healthier you are, and the better you take care of yourself, the lower your health care bills will likely be during retirement, which will affect the amount you need to put away for health care. And you also may need to prepare for the costs of long-term care, which can be enormous – in fact, a private room in a nursing home can easily cost \$100,000 per year, according to the insurance company Genworth.

It can be challenging to weave all these elements into a single, unified vision, so you may want to get some help from a financial professional. But, in any case, be prepared to look at your situation holistically - because, when putting together a lifetime's financial strategy, every part of your life matters.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@ edwardjones.com.

# Two More Nostalgic Favorites from the Heirloom Garden

Lofty daylilies swaying in a summer breeze, purple dainty Hosta buds rising above lush greenery - such are the things an heirloom garden is made of! Generations of New England gardens have been graced with the beauty and simplicity of these historic plants. Heirloom flowers and plants invoke nostalgia, while offering both beauty and sentiment to an outdoor garden.

Daylilies, and Hosta are two perennial New England favorites. In some cases, plants grown a century ago continue to thrive and bloom today, serving as living antiquities in the garden.

Read on for an overview of these hardy garden favorites!

Hardy Hosta Hosta plants are a common throughout the New England landscape. The plants abundant lush, green foliage and sprouting blue flowers have made them a favorite for over a century. Originally from Japan, the, Hosta was brought to America from Europe in the mid 19th century. Doctor and botanist Englebert Kaempfer (1651-1715), is named as the pioneer researcher of Japanese plants, including Hosta, which led to the plants eventual import to this country. Hostas were an important element in the Victorian garden, a tradition that continues today as the border plant is often found along pathways to historic New England homes.

Growing Hosta: The Hosta is a very self sufficient plant, requiring little or no sun, fertilizer, or tending. A shade tolerant plant, Hostas are very low maintenance and easy to grow, making them a favorite for



TAKE THE HINT

**KAREN TRAINOR** 

shady rock gardens, walkways and lawn borders. Little bell shaped blooms emerge from center spikes of the plant in summer. Hosta boasts a variety of different strains, offering various leaf size, texture and color, including an array of variegated leaves. While Hostas are known as shade plants, they should not be planted in deeply shaded areas. For best results, choose an area with morning sun and afternoon shade. Dig a hole one and a half times the width of the root ball, as the plant's roots with grow and spread horizontally. Hostas grow and spread fast, making them a popular offering at spring garden club sales, as members typically divide and share their plants. Hostas are best divided in early spring as the plants are just beginning to sprout. Dig out the whole plant clump to separate the plants.

Hosta Uses: While Hosta is a gorgeous, lush plant, its usefulness may not be limited to its spectacular eye appeal. According to some gardeners, Hosta is an edible plant, with voung leaves best enjoyed steamed in the same manner as dandelion greens.

Dazzling Daylilies The historic orange Day Lily, which blooms but one day, is a common sight along New England back roads, flourishing within the confines of picket fenced yards as well as sprawling through countryside fields. Daylilies, originally from

Asia, made their way to Europe and arrived in this country with the colonists where they became a backyard reminder of their homeland.

Did you know? Daylilies belong to the genus Hemerocallis, translates from Greek to "beautiful for a day." While many new colors and varieties of the Day Lily are offered today, the heirloom flowers of our ancestors are the orange Tawny Day Lily (Hemerocallis Fulva) and the yellow Lemon Day Lily (Hemerocallis Lilasphodelus). Daylilies were another mainstay of the Victorian garden, often lining a path through a garden gate or walkway. The familiar orange Day Lily still serves as nature's mark of summer today. In New England, the tubular's blooms begin to open between the start of school summer vacation and 4th of July.

Growing Daylilies: The

Day Lily is easily established, growing quick and vigorously. It enjoys full sun, which will maximize blooms, but also adapts to light shade well. Daylilies are tolerant of most soils, but do best in ground that is slightly acidic. The plants should be well tilled and hole should be large enough to accommodate roots without crowding. When planting, be sure the crown of the plant is at least an inch below the ground and water thoroughly. plant is hardy and very forgiving, usually flourishing with little effort. Daylilies grow and multiply vigorously, so they should be divided about every three years. Divide and transplant plants in early spring or just after

flowering. Be sure divi-Turn To TRAINOR page A9 Blackstone Valley Tribune Friday, May 7, 2021 • 9

# Turkey season off to a great start

Massachusetts Wild Turkey season got off to a great start, as this week's photo shows. Ken True harvested two birds back-to-back only minutes apart. The big tom sported one-inch spurs, and a 10-inch beard. Steve Rondeau harvested his 22-pound Tom on Saturday morning which also sported one-inch spurs and a 10-and-a-halfinch beard. Both men observed numerous birds in the area that they hunted. The heavy winds on Friday & Saturday afternoon caused destruction to numerous ground blinds that were left for the next day of hunting.

Saltwater fishing was also impacted by the high winds of this past weekend, keeping most boats tied up at the dock. It normally takes a few days of good weather to bring back fishing to what it was before the big blow. New England has been experiencing a lot of windy days in the last few weeks. Hopefully, things will start to calm down so that fishing can get back to normal, whatever that is

The Uxbridge Rod & Gun Club will hold their annual kids fishing derby



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this Saturday starting at 8 a.m., with breakfast being served free to kids only. Breakfast will be available for adults for a small fee. The club pond was stocked with a huge load of trout this past week, with some trout over four pounds! Every youngster in the derby will receive a prize just for fishing, so be sure to bring your kids to this great day in the outdoors and enjoy the morning fishing with the family. You may just get hooked on fishing yourself. You all deserve it after this winter and the pandemic is in our rearview mirror!

Freshwater fishing for trout continues to have anglers catching some real nice fish, but bass anglers are also enjoying some great fishing for

smallmouth bass and largemouth bass. The number one bait for shore fishermen is shiners. Shad fishing should also pick up in the days ahead. Fishing for shad in the Connecticut River in Holyoak & surrounding areas can provide some great fishing for the entire family. Using freshwater rods and shad darts fan have the entire family enjoying the shad fishing on the Connecticut and Merrimack Rivers. Shad are not a good eating fish, unless you plan on pickling them, but many people love the fish eggs (Roe) from the females. Poor man's caviar. Check out the recipes online.

Tautog fishing on the Westport River continued to be very poor up until this past Saturday on the Westport River. Hopefully, it is going full blast by the time you read this column. The water temperature was still at 50 degrees this past Saturday, and only a few more degrees should have the fish entering the river to feed and spawn.

Courtesy

Steve Rondeau with his big Tom.



# Baseball antique and auction news

There is some promising news for local antique shows. After all three Brimfield shows were cancelled last year due to the pandemic, Brimfield will be reopening, although it will be on a limited basis. Many of the fields have opted to remain closed for the May show. The website thebrimfiedshow.com lists Brimfield Auction Acres (formerly J & J) as the lone May show. It will open from May 12 through May 15. Expect to see more fields open for the July and September shows.

There has been a lot of recent antique news from outside of our area as well. A 1794 "No

our area as well. A 1794 "No Stars Flowing Hair Dollar" far exceeded expectations when it sold at auction last month. ESPN reported that "while it closely resembles silver dollars that were later minted in Philadelphia, it gets its name because it is missing stars." It sailed past the \$350,000 to \$500,000 estimate, reaching \$840,000. The reason that ESPN reported on the sale of a rare coin is because it was previously owned by Texas Rangers co-chairman Bob Simpson.



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COLLECTIBLES
& ESTATES
WAYNE THISKULA

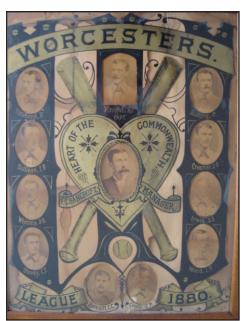
In other baseball related auction news, a Honus Wagner T206 tobacco baseball card will be offered with a \$1 million starting bid in an auction ending this month, according to a Bleacher Report article. David Sax of Smithsonian Magazine told the Bleacher Report that, "it's believed that Wagner demanded the ATC pull his card from circulation because he didn't want anyone else profiting from his likeness." Other sources have reported that Wagner didn't like tobacco and refused to allow his image on tobacco cards. NJ.com reported that a different Honus

Wagner card sold for \$3.25 million at auction last year.

There is more baseball memorabilia news closer to home. I have loaned many pieces from my personal collection of local baseball historical memorabilia to the Worcester Red Sox to be displayed in Polar Park. A large display piece of the 1880 Worcester Worcesters team will be the highlight of the exhibit. Lee Richmond is pictured who pitched the first perfect game in baseball, along with the rest of his team. I have also loaned the

Worcester Red Sox a letter from the 1880 Worcester team requesting to be admitted to the National League. There are many other items with Hall of Famers Jesse Burkett, Gabby Hartnett, Connie Mack, and Sliding Billy Hamilton. Other great local players photos, programs from the Blackstone Valley League, and local industrial league teams will also be included. People who tour Polar Park will be able to see the exhibit in the DCU Club. I am always looking to acquire local baseball memorabilia from major league, minor league, and industrial league teams for my collection. I hope to see you in the stands at Polar Park this

Our online auction of sports and nonsports cards all from one estate will soon be running. Our multi-estate online auction with Rock memorabilia from James Brown, Elvis Presley, Janice Joplin, Jimi Hendrix, and other famous performers will begin this month and end on June 9. We are nearing the deadline for accepting quality consignments for this auction. The third session of model trains, die-cast cars, and other toys is currently running and ends on May 12. See our Web site for details on upcoming events: https://centralmassauctions.com.



Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com

# Grow Edamame for better health and nutrition



Melinda Myers

Edamame pods are ready to harvest when they are plump, green, rough, and hairy

Add a bit of fiber to your garden and diet. Consider growing edamame (edible soybeans) in this year's garden.

Soybeans help promote overall health reducing the risk of high cholesterol, diabetes, heart disease, and high blood pressure. Plus, the high fiber in soy helps fight colon and some other cancers.

Edamame is an ancient Asian vegetable and is often eaten right from the pod like peanuts. Edible soybeans are also used for making tofu, tempeh, soy nut snacks and more. In addition to their high fiber content, soybean's high protein content has made them a popular meat substitute.

Soybeans can be grown in a variety of soils and climate. They tolerate adverse conditions but perform best in warm temperatures, full sun, and moist well-drained soils. Add organic matter to less-than-ideal soils to improve drainage in heavy clay soils and increase the water holding capacity in sandy and rocky soils

Try growing one of the edible soybean varieties such as Agate, Chiba Green, Midori Giant, and Envy. These have a better flavor and are more suited to your garden and recipes than field varieties.

Wait for the soil to warm for quick germination and increased success. Grow edible soybeans in a sunny spot. Plant and care for them the same as you would lima beans. Plant seeds three inches apart and



GARDEN
MOMENTS
MELINDA
MYERS

one to one and a half inches deep in rows 24 to 36 inches apart. Once the plants sprout and grow, thin them out by removing the weaker seedlings, so the remaining plants are six inches apart.

Harvest the soybeans when the pods are plump, green, rough, and hairy. They are usually ready to harvest in 80 to 120 days, depending on the variety. Check frequently and pick when the seeds are fully enlarged but before they get hard. Waiting too long to harvest the seeds reduces the flavor and quality. Since all the seed filled pods usually ripen at the same time, you can pull up the whole plant and harvest the seeds from pods while sitting on a chair in the shade.

Use edamame within two to three days of harvest for the best quality. Store fresh edamame in the refrigerator in a perforated plastic bag.

Cook edamame by steaming, boiling, or microwaving the pods. Allow them to cool, then pop out the seeds to enjoy. Don't let any surplus go to waste. Blanche, then freeze whole pods or the seeds. Or dry the shelled edamame in the oven or dehydrator to use throughout the year.

Purchase seeds and carve out some space in your garden or containers for this nutritious vegetable.

Melinda Myers has writ-

ten more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.melindamyers.com.

#### TRAINOR

IRAINUR continued from page A4

sions have two to three stems or leaves with roots intact.

DayLilyUses:Theflowers of Daylilies are edible, and are typically served cooked in Asian dishes and soups.

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Win Dinner for Two at the Publick

Your tips can win you a great dinner for two at the historic Publick House

Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Please note the contest had been suspended due to COVID restrictions. It is expected to start up again in June. All entries have been collected and will be entered into an upcoming drawing.

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.







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Terrific opportunity for one Large business or Several businesses. 4784 st bldg. Zoned B5. Off 1395 exit 1. High Traffic & Visibility. Excellent assisted sale \$695,000.

#### WEBSTER • 9 BIRCHWOOD DRIVE



Beautiful CAPE! Enormous amount of updates. New Asphalt Shingles, & 8 New Skylightsl. 4 Bedrooms! 3 - 1/2 Bathsl 24 x 26 Great Rm w/ Gas Fireplace! Master Suite w/"Spa Like" Bath & Soaking Tubl/WHAT MORE COULD YOU WANT? INGROUND POOL? OK!! has that TOO!! All Painted! SS Appliances. New Tankless Hot Water Boiler.

#### WEBSTER - 103 UPPER GORE RD

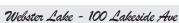


Estate Sale! Scenic View of Beautiful Webster Lake! Boardering Stone Walls! Split Level! 3 Bedrooms, Kitchen, Dining Rm, Hollywood Bath! Master Bedroom & Master Bath. Fireplaced Living Room! Finished Lower Level w/1/2 Bath, Garage. "Salt Water" Inground Pool.



large 3 Family- a rare find! 1st Floor spacious 2 bedroom apartment. 2 - 2nd floor, 3 bedroom apartments Walkout basement to off street park

#### On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg





WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding poen concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining formal dining room, media room & spacious 1st floor gues BR Suite w/private bath, Incredible 2nd floor fireplaced ke-facing corner master suite w/luxurious private bath, 3 ore 2nd floor BRs & full bath! Something Special! Re-ember, Timing Is Everything! \$1,075,000.



Webster - 401 Treasure Island Condo

WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 end unit. Year round enjoyment! Quiet summers on big & beautiful Webster Lake! 6 Rooms Applianced Kitchen. Open Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Central Air! Central Vac! Very efficient natural gas heat & hot Water! 2 Boat Slips D10 & D11 in the Private Marina. Heated Pool! Natural Sandy Beach!

## Make the move!

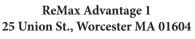
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Foundation & Lot, town services, foundation for a Ranch with 2 car garage under Alton Dr ~ \$149,900



HOLDEN

3 units, fully rented, 2 bdrms, each unit, recent roof, vinyl sided, replacement windows 44 Highland St ~ \$479,900

#### HOLLAND - ON DEPOSIT

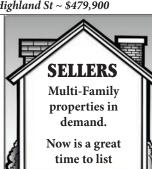


3 bedrooms, 2.5 baths, finished lower level, fireplace, deeded beach rights 23 Bernie Rd, ~ \$329,900

#### **COMING SOON!**

3 units in Dudley - \$300's Charming Cottage with family room - 3-4 bedrooms, town services in Dudley \$300's

Condo with 2.5 baths, 2 Bdrms, updated heating system and windows Webster



# Who says my "Smart TV" is so smart?

We are told that life as we know it has been forever changed by the computer. The most complicated equations are solved. We started at a desk, then moved to a mobile laptop. A few vears later our phones became computers and now it can be as small as a watch on your wrist. (Calling Dick Tracey?). Technology is instantaneous and we are told it's made our lives easier. and it has in many ways, while complicating it in others. Who is it that's telling us this life in general is made easier by technology? Is it true?

Then, why do I have three remotes sitting on my coffee table to operate one so called "Smart

it's so smart, shouldn't I only need a single remote ... or no remote at all?

As most of you know, we recently downsized and moved into town. The building I live in

doesn't allow a dish to be installed so I called the local branch of the 'mega-cable' service. I found in my call for installation that I could easily install it myself. They pushed the do-it-yourself option hard. It was obvious they didn't want to send anyone out, so I finally said yes.

The box of wires and devices arrived, and I was lost. I called my sonin-law Jeff (an engineer) and he made it look easy. It was ready to go ... but not so fast.

Jeff handed me five remote controls and said, "These three are for the living room and these two for the bedroom. The third for the living room operates your sound. The other two operate the

Huh?

Easy for Jeff. He actually is a "Rocket Scientist." I think he can send us all to Mars using his telephone, an umbrella, and a Red Ryder Wagon. He



Positively **SPEAKING** 

GARY W.

MOORE

gave me a quick tutorial and was out the door .. yet I wasn't even sure how to turn either TV on.

If they are so smart, why can't they figure out how to run on a single remote? If they are intelligent, why is it every time I talk into the voice activated feature on the remote, it answers, "There is no channel called ..." no matter what channel I choose. If they are smart, why did I walk out of the bedroom this morning to find Arlene holding one remote over her head and the other at knee level. "What are you doing," I asked. "Trying to turn on the TV," she responded.

Oh, before you ask, no, there was no instruction manual. I called to get one and was told I could access it on my smart TV. Right.

Over the last seven months, I've learned the basics of managing my TV with these remotes. We never get too old to learn and after I figured it all out, it's not that hard. But why should I have spent the first four months only watching Netflix because I couldn't figure out how to leave the streaming services and over to cable? And please do not tell me a really smart TV can't figure out how to operate with a single remote.

I'm sure my grandsons could have taught me. The nine-year-old down the street probably knows. I'm just not wired that way. I'm heavy on the creative side and exceptionally light on the technical, detailed stuff. I can write a column, book, or screenplay ... but if my screenplay was turned into a movie, I may miss

the first half of the show while I struggle with the remote to find the channel.

So, what is positive about all this? I didn't give up and figured it out. We are never too old to learn and if we are optimistic and keep working on the problem, we can solve it.

And what did I learn from all this? Well ... I don't think the term "Smart TV" is fully accurate. I find both of my televisions to be less intelligent than Alexa (Amazon) or my iPhone. I guess my TVs could be classified as learning impaired, but that's okay. They both now perform as needed when I have all the remotes at my disposal.

The world is constantly changing around us, and we can choose to be lost within it or to keep up. I decided to keep up. What about you?

I encourage all of us that were born before the computer boom to continue learning. You're never too old and your certainly smarter than my two TV's. Learn a game or a task your phone can do. Get on a computer and learn something today you didn't know yesterday.

Although my television experience has been a struggle, and still is at times, the computer in its many forms is here to stay. Get online, stumble around and learn to do something fun. You can expand your horizons ... and your grandkids will be impressed!

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com.

#### CHIEF

continued from page A1

Warchol was also the town's only K9 Officer for two years from 1981-83, he said, and was appointed as a sergeant in 1989. He was appointed to Lieutenant in 1995, and appointed as the town's Chief of Police in April of 2006.

"I have seen a lot of changes, but I think the biggest change to police work was the rapid increase in technology,' Warchol said. "In the old days if the station needed to speak to you by phone, you went to the pay phone at Aubuchon's in Whitinsville or the pay phone at Village Drugstore in Rockdale.'

Warchol was born

in the old Whitinsville Hospital on Granite Street, and grew up in the Rockdale section of Northbridge. In fact, he still lives in the Rockdale section of Northbridge.

"My mother Helen (Minor) Warchol was born on Railroad Street in Rockdale, and lived in Northbridge her entire life. I think Northbridge is a great community and it has a lot to offer people," he said.

Warchol graduated from Northbridge High School in 1974 and attended Mount Wachusett Community College, where he received an Associate's Degree in Criminal Justice in 1976. He then transferred to Bryant College and received a Bachelor of Science Degree in

President

Criminal Justice in 1978.

In the fall of 1976, while at Bryant College, Warchol joined USMC Officer Candidate Program and attended boot camp at the Marine Corps Base in Quantico, Va. in 1977. When he graduated from Bryant College in 1978, Warchol said he was offered a commission in the USMC.

"I spoke with the current police chief Thomas J. Melia, Jr. about the possibility of being appointed a full-time officer and he informed me that there should be some retirements in approximately a year so I decided to wait for a full-time police position with Northbridge and resigned from the Marine Corps," Warchol said, adding that he met his

wife. Sandra Fothergill. while waiting for the fulltime police job and working at the GE plant in Ashland.

The two will celebrate 40 years of marriage this year. Warchol went back to school in 1996 and received his Master's degree Criminal Justice from Western New England College. He raised their three children—Danielle, Jason, and Bryan-with his wife in Northbridge, where they all attended the Northbridge Public Schools.

"The department has a tremendous relationship with the community, school departments, businesses, and other town departments, which is representative of Chief Warchol's leadership,"

said Northbridge Town Manager Adam Gaudette. "We wish the Chief, his wife Sandy, and the rest of his family all the best during their next chapter of life, and also wish to thank them for his 44 vears of service to the Town of Northbridge."

Warchol said he and Sandy plan to do some extended cross-country travel to see the sights of America and national parks. Warchol also said that Sandy will teach him how to cook.

"That should be a challenge," he said, adding that he also has some projects around the house he wants to complete.

"You may see my name on the ballot in the future running for the Board of Selectmen,

School Committee, or the Planning Board," Warchol said. "I would like to give a little bit back to the community that gave me so much."

Warchol added that it was "a pleasure and distinct privilege to serve the people of Northbridge for the last 44 years as a police officer and for the last 15 years as their Chief of Police."

"I am extremely proud of the men and women of the Northbridge Police Department," Warchol said. "They make a positive difference in our community. Lastly, I would like to thank my wife Sandy and my three children Danielle, Jason, and Bryan for their love and support throughout my career as a police officer in Northbridge."

continued from page A1

valleytech.k12.ma.us/practicalnursing.

The Class of 2021 members listed alphabetically by their hometowns: Bellingham - Lauren Jacobs

Douglas - Courtney Britt and Michaela Lamy

Dudley - Heather Buduo

Franklin - Molly Malloy Grafton - Abigail Angell, Class

Hopedale - Anastarcia Carlino Leicester - Brenda O>Neill Mendon - Susan Giargiari Marlborough - Auburn Howard Millbury - Dior Lukos

Millville - Beth Paige Kathryn Deschene, Northbridge

Tiffany Salo-LeBlanc Randolph - Roberta Silva

Westborough - Wendy Consoli Worcester - Djinara Grier, Rosemond Damptey, and Marva Whyte

About Blackstone Valley Regional Vocational Technical High School

Blackstone Valley Regional Vocational Technical High School academic skills. towns of Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury,

Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and



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To join this section, please contact your local sales rep, 1-800-367-9898 or email jsima@stonebridgepress.news



Call: 508-341-8299 Lisa Caron Broker/Owner 42 West Main Street Brookfield, MA

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111 East Main St., Webster, MA Thinking of selling? Call 1-800-552-7444 www.LakeRealty.net www.WebsterLake.net



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Amy Nadeau, Realtor Having a full-time realtor in this market is essential for success! I am happy to assist you to buy, sell, or just answer any questions you might have.

76 Church St., Whitinsville, MA 01588 774.280.2250 | amy@erakey.com www.amynadeau.com

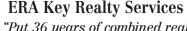
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Donna Flannery 508-885-6665 donnaflannerv.com donnaflann@aol.com



**SOLD** 

2 UNITS

415B Main Street, Spencer, MA 01562



Jo-Ann Szymczak 774-230-5044 Diane Luong 774-239-2937 Maria Reed 508-873-9254

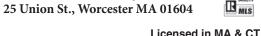


SOLD \$425,000



Webster: 8 room, 4 Bdrms, 2.5 Dudley: Duplex, 2.5 BA, ea unit, BA, C/A, 1st flr FR 14 Chestnut Hill Dr

2 Bdrm, Oversized 2 car garage 7 Village St ReMax Advantage 1 





The real estate market is in full upswing and is helping homeowners like yourselves cash-in. Home values have been rising steadily and you can potentially be sitting on equity. I have plenty of buyers that are looking to buy in your area When was the last that you checked your home's value? The market is hot, don't let it pass you by.

21



 $^{(B)}$ 

**CALL FOR A MARKET ANALYSIS** 

Licensed in MA & CT

12 • Friday, May 7, 2021

Blackstone Valley Tribune

# Whitinsville Social Library to open for limited service May 10

NORTHBRIDGE

On Monday, May 10, Whitinsville Social Library will open its doors to the public for limited walk-in service. Hours for walk-in service are Monday - Thursday 10 a.m.-7 p.m., Friday 10 a.m.-4 p.m. and Saturday 10 a.m.-2 p.m.

Masks are required to gain entry. If you cannot wear a mask, please make use of Parking Lot Pick Up. Hand sanitizer is available. Please limit your time in the building to a maximum of 30 minutes. No tables or seating

are available. Patrons will not have access to the ground floor. We are not offering indoor in-person programs at this time, but outdoor programs are coming soon. Enter and exit the building using the Library's front entrance on Church Street. The back entrance and elevator is available to those who require it.

The Library encourages you to download and sign into MeeScan, a free self-check out app, before you arrive. MeeScan allows you to check out

Library items with no staff contact and no lines. This app is available for iPhone and Android smartphones. Consider placing items on hold or looking up their availability in the online catalog at http://whitnsvlle.cwmars.org before arriving

One public computer is available by appointment only. To schedule an appointment for computer browsing please call 508-234-2151 during business hours or go to www.tinyurl.com/EventsAtWSL. Computer

usage is limited to 30 minutes a day. Use of the copy machine is on a first come first serve basis. Black and white printing is 20 cents a sheet. Please have exact change.

No more than two families or seven people in the Children's Room. No children under nine years of age are allowed to enter the building without a parent or guardian present.

Parking Lot Pick Up is available any time during business hours. Call 508-234-2151 at least 15 minutes ahead of your arrival and your items will be checked out to you in a brown paper bag inside the Library's back door. Once patrons have access to the building, staff will no longer be calling to schedule appointments for Parking Lot Pick Up.

All returns are quarantined for at least 24 hours before checked in and removed from your account. The blue book drop is located in the library's back parking lot and is open 24/7. All late returns are fine free through Labor Day 2021. Items for children do not

have late fines.

The Library is not accepting book donations. The next Friends of the Whitinsville Social Library meeting is on Tuesday May 25 at 6:30 p.m. If you would like to learn more about volunteer and fundraising opportunities email the Friends at friend-swsl2019@gmail.com.

Thank you all for your patience and kindness this past year. We look forward to seeing you soon.

### NORTHBRIDGE SENIOR CENTER

Phone: 508-234-2002 www.northbridgemass. org/council-on-aging

Monday – Thursday 8:30 a.m. – 3 p.m., Friday 8:30 a.m. – 1 p.m.

The Plummer Place bus continues to bring seniors to in town shopping, medical appointments or miscellaneous appointments. Please call the Center to book an appointment. We require 24 hours in advance  $notice \ for \ all \ trips.$ 

Plummer Place is starting to bring back limited programs beginning the week of May 10th. You must call in advance to sign up for these programs due to limited space. One on one appointments will be available by appointment from 9-2:00.

5 Week Writing Workshop, "From Projects to Publication" begins Wednesday April 28th 6:00-7:30pm. We will meet every other Wednesday. Instructor Diane Pollard. \$5/class.

POKENO is returning every Tuesday at 1:00pm beginning May 11th with Elaine Inman calling.

Photography Class: Learn about digital photography both micro and macro with our returning instructor, Steve McGrath. Class will meet Fridays beginning May 7th, 10-11:30am and will

28th 6:00-7:30pm. We run for 5 weeks. \$10/class

Painting Class will be returning on Thursdays, 1-3:00pm starting May

New Class Beginning: "Life Training" with Meg LaChapelle. This unique class offers an introduction to wellness through journal prompts, communication, goal setting and other activities. She then implements a fitness segment to improve balance, coordination

and strength through functional training. This is a 6 week class meeting Tuesdays and Thursdays beginning Tuesday, May 18th, 10:30-12:00. \$5/class.

Book Club will resume on May 12th at 10:30. We will meet outside on the patio, weather permitting. Our current book is "The Impossible Lives of Greta Wells" by Andrew Greer. New members are always welcome.

Join our Zoom exercise

classes. Call Kelly at the Center to get the link.

Wednesday May 26th at 1:00pm, Howie Newman, entertainer will be at the Center to perform live music. Howie is back by popular demand, a great singer and storyteller. The concert will be held on the patio weather permitting, rain date to be decided if needed. You must sign up for this concert due to limited space.

## **LEGALS**

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 17 Arnold Road, Douglas, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Cindy M. Loring and Scott E. Loring to Mortgage Electronic Registration Systems, Inc., as nominee for First Horizon Home Loans, a division of First Tennessee Bank N.A., said mortgage dated June 27, 2007, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 41390 at Page 315, and now held by U.S. Bank National Association, not in its individual capacity but solely as trustee for the RMAC Trust, Series 2016-CTT, by virtue of an assignment from MTGLQ Investors, L.P., to U.S. Bank National Association, not in its individual capacity but solely as trustee for the RMAC Trust, Series 2016-CTT, dated January 21, 2020 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 62828, Page 268, previously assigned by Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Carlsbad Funding Mortgage Trust, to MTGLQ Investors, L.P., by virtue of an assignment dated January 21, 2020 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 62711, Page 81, previously assigned by Federal National Mortgage Association to Wilmington Savings Fund Society, FSB, d/b/a Christiana Trust, not individually but as trustee for Carlsbad Funding Mortgage Trust, by virtue of an assignment dated May 26, 2016 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 55667, Page 102, previously assigned Mortgage Electronic Registration Systems, Inc. ("MERS"), as nominee for First Horizon Home Loans, A Division of First Tennessee Bank, N.A., to Federal National Mortgage Association by virtue of a gap assignment dated November 19, 2018 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 59773, Page 391, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at Public Auction on May 24, 2021 at 12:00 PM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

That certain lot of land situated in Douglas, Worcester County, Massachusetts, with the buildings thereon designated as lot numbered One Hundred Fifty One (151), Section 1, on that plot of land entitled "Wallum Lake Terrace", surveyed and plotted by G. Bertrand Bibeault, Civil Engineer, July, 1955, which said plan is on file and recorded in the Land Evidence Records of the Town of Douglas in the Worcester County Registry of Deeds in Plan Book 207. Plan 119 reference to which is hereby made for more particular description. The conveyance is made subject to all easements of record and all restrictions as specified and enumerated in Deed dated September 10, 1959 and

recorded in Book 4064, Page 221, in said Worcester County Registry of Deeds.

For title reference see deed dated July 2, 1999 and recorded at Book 21594 Page 39 and recorded with Worcester District Registry of Deeds.

The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication. For Mortgagors' Title, see deed dated June 14, 2007, and recorded in Book 41390 at Page 313 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within sixty (60) days after the date of sale.

Other terms to be announced at the sale.

BENDETT & MCHUGH, PC 270 Farmington Avenue Farmington, CT 06032 Attorney for U.S. Bank National Association, not in its individual capacity but solely as trustee for the RMAC Trust, Series 2016-CTT Present Holder of the Mortgage (860) 677-2868

April 30, 2021 May 7, 2021 May 14, 2021

## CONSERVATION PUBLIC HEARING MEETING NOTICES

The Uxbridge Conservation Commission will hold a Remote Public Hearing on Monday, May 17 2021 at 6:30PM. Members of the public who wish to participate may do so in the following manner:

To access online: https://uxbridge.zoom.us/j/8616203349

To access by telephone: 301-715-8592 meeting i.d.: 861 620 3349

Persons who would like to view/listen to this meeting live may do so by watching the Government Channel @ www.uxbridgetv.org or on Uxbridge Community Television Channel 191. Those unable to watch it live may view the recording of the meeting on the Government Channel @ http://archive.uxbridgetv.org. The meeting will review the following applications under the MA Wetlands Protection Act (MGL Ch. 131, Sec. 40). Plans may be reviewed by appointment in the Town Clerk's office or by emailing uxbconservation@uxbridge-ma.gov.

Notice of Intents for Culvert replacement on Hazel Street, Sutton Street and Albee Street

Submitted by Michèle. Grenier, PWS, CWS Conservation Agent, Uxbridge Conservation Commission May 7, 2021

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Notice of Intents for Culvert replacements on Hazel Street over Farrel Brook; Sutton Street over Cold Spring Brook and Albee Road over a Pond Outlet and Intermittent Stream.

Submitted by Michèle. Grenier, PWS, CWS Conservation Agent, Uxbridge Conservation Commission May 7, 2021

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RDA for replication of the 25ft No Disturb area for alteration of the 100 Foot Buffer Zone of Bordering Vegetated Wetlands, 111 Linwood Street

Submitted by Michèle. Grenier, PWS, CWS Conservation Agent, Uxbridge Conservation Commission

May 7, 2021

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. WO21P1267EA
Estate of:

James G Nydam

Date Of Death: January 23, 2021

NOTICE OF
INFORMAL PROBATE

To all persons interested in the above-captioned estate, by Petition of Petitioner Laurelynn K Vander Baan of Uxbridge MA

a Will has been admitted to informal

Laurelynn K Vander Baan of Uxbridge MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. May 7, 2021

Commonwealth of Massachusetts

The Trial Court
Probate and Family Court
Worcester Probate
and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO21C0152CA
CITATION ON PETITION TO
CHANGE NAME

In the matter of:
Mia Elena Ignoto
A Petition to Change Name of Minor
has been filed by Mia Elena Ignoto of

requesting that the court enter a Decree changing their name to: **Miles Enzo Ignoto** 

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 05/25/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: April 23, 2021

Stephanie K. Fattman Register of Probate

May 7, 2021

**Blackstone MA** 

## Emily Gay of Uxbridge inducted into Kappa Mu Epsilon National Honor Society

WORCESTER University Assumption Department of Mathematics and Computer Science has announced that Emily Gay, of Uxbridge, has earned membership in the Mathematics National Honor Society, Kappa Mu Epsilon. Gay, Class of 2022, was inducted into the honor society during a virtual ceremony on April 29.

"Students named Assumption's chapter of Kappa Mu Epsilon have demonstrated an unwavering commitment and dedication to the field of mathematics," said Joseph Alfano, Ph.D., assistant professor of mathematics and the honor society's advisor. "These students were chosen for their passion for mathematics, and academic distinction in mathematics and their general studies. We are proud of these new

members, including Emily, for this tremendous accomplishment.

Kappa Mu Epsilon is a specialized honor society in mathematics founded in 1931 to promote the interest of mathematics among undergraduate students. The chapters' members are selected from students of mathematics and actuarial science who have demonstrated a commitment to the pursuit of mathematics, maintained standards of scholarship in their major courses, and have attained academic distinction in their studies overall. Students' grade point averages must rank in the top 35 percent of their class, and must hold a B or better in their math-based major or minor.

Assumption University, founded in 1904 by the Augustinians of the Assumption, is New England's premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in Worcester, Massachusetts, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service. The University offers 34 majors and 49 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master's and continuing education degrees and professional certificate programs. For more information about Assumption University, please visit www.assumption.

## Coast Guard boating safety course offered May 20

REGION — Our local United States Coast Guard Auxiliary Tri-State Flotilla, Massachusetts will be instructing a special boating safety class through the Zoom video conference platform on Thursday, May 20 from 7-9:30 p.m. for a \$5 fee.

Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission. This is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

Registration is managed through the Milford Community School Use Program, Spring-Adult-Boating, at http://mcs. milford.ma.us or (508) 478-1119, register by May 17; keeping in mind that availability is limited and you will receive course materials prior, covered by the registration fee. Participants under the age of 16 must be accompanied online by a registered parent/guardian. For additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778.

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#### **BOY SCOUT TROOP 273 SPRING YARD SALE** Saturday, May 29th

Universal Tag Parking Lot, 36 Hall Road, Dudley Early Birds (8am to 9am) \$10.00 per person fee 9am until 3pm FREE

"New this Year, we are able to accept CREDIT CARDS!" 24,000 sq.ft. of yard sale items ONE DAY ONLY Pick your items and Make an offer!

#### Masks and Social Distancing Rules will Apply

Grouped Items: Electronics - stereos, speakers, etc. (no TV's) Tools - hand tools, lights, flooring etc.. Furniture -Tables, chairs, bed frames, cabinets, hutches, etc.. Housewares - glassware, dishes, pictures, mirrors, bowls, cups, small appliances **Sporting goods** - Bikes, skies, baseball equipment, golf, exercise equipment **Clothes** - shirts, pants, jackets, shoes, bags Kids toys and baby items - high chairs, bouncy, games, seats Antiques

#### TREES / FIELDSTONE

Trees - Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4'Tall)... 5 for \$99. Colorado Blue Spruce (18"-22" Tall)... 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone... \$25/Ton

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#### **FIREWOOD**

3/4 Seasoned/standing dead hardwood custom cut to your specs. Delivered to your home.

12"-14" \$300 per cord. 16-18" \$260 per cord.

Call: 508-282-0232

#### ASSISTANT TOWN ACCOUNTANT ~ CHARLTON ~

The Assistant Town Accountant is responsible for providing support to the Finance Director. Knowledge of internal control procedures, computer applications for accounting and financial management, applicable laws related to accounting, audit controls, & records management practices.

Qualifications include: Bachelors Degree in accounting or related field or 5 years of experience in a municipal finance related area; or any equivalent combination of education and experience. Ability to be bonded.

Please see full job description for complete list of qualifications and responsibilities. Salary: \$24.85 - \$26.76/hr depending on qualifications. Please apply online at https://www.townofcharlton. net/158/Human-Resources no later than May 13, 2021

The Town of Charlton is an equal opportunity employer and encourages diversity.

# tonehridgePress.com

#### **Estate Sale of Late Auctioneer**

### **Charlton** Saturday May 8 - 9am to 3pm.

Antique & estate furniture & collectibles, radios, trunks, games, toys, dolls, prints, china, glassware, tools, more.

108 Partridge Hill Rd, Charlton — Rain or Shine —

#### I am looking to move into a 1 Bedroom **Apartment**

in Webster or surrounding owns. If you have an apartment to rent,

please call 508-461-6219

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\$12,000 OBO Call 508-248-4231

# **WANTED**

Southbridge manufacture needs full time help. \$15.00 per hour.

**Contact Al at Createk** 508-864-5121

## **BIG YARD SALE**

Sat. May 15 from 9-1 No Earlybirds

169 Sheryl Drive Whitinsville, MA

50 years cellar, shed, garage Something for everyone!!!

#### **FIREWOOD**

Cut, Split & Delivered Green or Seasoned

**Call Paul** 508-769-2351

#### **GARDEN MANURE FOR SALE**

Located in Charlton Will deliver 508-320-3273 508-248-7335

#### Help Wanted Good flexible hours

Position 1- General Laboreroutdoor painting, lawn work, fence repairing, loading and unloading trucks, handyman Position 2- Small carpentry repairs, maintenance, hanging doors, sheet rock work etc.

Full time year round Pay based on experience Call 508-450-8926 ask for JD

#### **SUMMER INTERN Town of Charlton**

The Summer Internship would run from June - August. Hours are varied and would be 15-20 hours per week. Duties include filing, data entry, customer service and overall office support to various departments. Knowledge of computers to include Microsoft office, excel & word. Qualifications: High School Diploma. Salary: \$15.00/hr. Please apply online at https://www.townofcharlton. net/158/Human-Resources no later than May 15, 2021.

The Town of Charlton is an equal opportunity employer and encourages diversity.

### **APARTMENT FOR RENT**

#### 7 Lyon Street **SOUTHBRIDGE**

first floor, 3 bedroom, no pets, non smoker \$800/month

Call 508-764-6425

#### **LEE'S COINS & JEWELRY** \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMISMATIC COINS, Bullion Items, gold & silver of any form!

Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they are worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coin & Jewelry, 239 West Main Street,

East Brookfield

Route 9-Panda Garden Plaza)

508-637-1236

or cell: 508-341-6355

#### **FOSTER PARENTS WANTED:**

Seeking Quality Homes

Throughout Central Provide Foster Care To Children In Need. 24/7 Support Generous Reimbursement, \$1000 Sign-On

Bonus. Call For Details **Devereux Therapeutic** Foster Care. (508)829-6769

Devereux

#### **SOUTHBRIDGE, MA Second floor**

Two bedroom apartment **FOR RENT** 

\$780 with a month-to-month lease signing, first last and security deposit required, Credit check also required

**NO PETS Available May First** Please call 774-230-0878

leave message

#### **HELP WANTED - WAREHOUSE WORKER** WITH CDL LICENSE - FULL TIME POSITION

Must be 22 years of age or older with 1-year tractor/ trailer experience. Primarily warehouse worker/ but may occasionally be needed for over the road driving. Must have a CDL Class A driver's license and good driving skills Must be able to pass DOT drug screen and DOT physical.

Knowledge of safety and quality requirements. Knowledge of loading/unloading procedures. Clean driving record. Home nights and weekends Occasionally hauling bedding components to local customers that we service within a 150-mile radius. Primary duties will be loading/unloading trailers. Perform other duties assigned by supervisor/lead persons. Paid holidays and vacation - after 90 days. Medical, dental, vision, life insurance and retirement plans after 90 days.

EQUAL EMPLOYMENT OPPORTUNITY / AFFIRMATIVE ACTION / VETERAN / DISABILITY EMPLOYER

Call Kevin at Leggett & Platt - 508-987-8706

BLACKSTONE VALLEY TRIBLINE Friday, May 7, 2021 3rd Annual ABC's of the Seasons Thring Edition 2021 Please find the answers to this crossword puzzle on the ABC's Page

## **ACROSS**

- 2. Treat your yard before they take over
- 7. Best sales experience
- 8. Balance Transfer
- 12. USDOT# 2407387
- 13. We can save you time and money!
- 15. Help wanted, real estate, legals
- 16. Save you money on your energy bill
- 19. Great gifts for Mothers Day
- 21. Quality content
- 22. Weber Grills
- 23. Beautifying America one vehicle at a time
- 24. I'll beat any of my competitors prices
- 25. Arborcoat

#### **DOWN**

- 1. ...flowers that will last a lifetime
- 3. Come work for us!
- 4. Salon & Spa
- 5. New patients welcome
- 6. Use promo code palmer123
- 9. Always going the extra mile for our customers
- 10. Fresh local eggs
- 11. Grove & Main
- 14. Family owned and operated since 1967
- 17. AAA Roadside Assistance
- 18. Patient first, goal oriented
- 20. 15 Years...experience

3rd Annual ABC'S OF THE SEASONS, SPRING EDITION

Hint... answers don't always include the entire business name.

Name:\_\_\_\_ Address:\_\_\_\_

Circle which paper you found this in: Spencer New Leader, Webster Times, Charlton Villager, Sturbridge Villager, Auburn

News, Blackstone Valley Tribune, Southbridge News Daytime Phone: \_\_\_

Email address (optional)

Comments:

Please find the answers to this crossword puzzle on the ABC's Page. Enter to win a \$25 gift card to an ABC business by mailing in your completed crossword to ABC Crossword Puzzle, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550 OR scan & email or take a picture and email it to jsima@stonebridgepress.news by Wednesday, May 19th. Random-drawing for winner of all correct entries to be announced in the May 28 issue. One entry per person. Please support these ABC's businesses and tell them you saw their ad in your local paper! Good luck!

#### Whitin Intermediate School honor roll

**UXBRIDGE** Whitin Intermediate School has released its honor roll for the second term of the 2020-2021 school year.

Grade 6 High Honors

Ammar Alomar, Bradley Anderson, Connor Antobenedetto, Nicholas Arruda, Aubrey Beland, Addie Blood, Alex Channing, Isabela Chapman, Adison Cirrone, Skylar Daniels, Joao Pedro deSouza-Rodrigues, Parker Dery, Alyssa Friis, Olivia Gauthier, Nathan Goryl, Cameron Gray, Mallorie Hallfelder, Samantha Huth, Emrie Kling, Madison Labonte, Logan Lalakidis, Joshua Lavergne, Charlotte Lewis, Mary Lowrey, Dominic Mastroianni, Blake Oliver, Mia Ouellette, Caiden Pellegrino, Charlie Roy, Eliasa Roy, Hannah Samolinski, Noah Samolinski, Rachel Scott, Maddilyn Silva,

Lelia Sjogren, Sarah Stark, William Stark, Gabriel Stone, Samuel Weeks

Grade 7 High Honors Aidan Arsenault, Novelle Bousquet, Lauren Cabral, Jacob Cahill, Tyler Constantineau, Brady Esposito, Zachary Fortier, Kendall Gilmore, Brooke Gniadek, Lola Grube, Mazen Hamza, Isaac Kling, Ethan Lachapelle, Julianna Lopes, Daniel Mach, Niamh McSweeney, Jolina Morgan, Daniel Noel, Keira Paul, Liam Powers, Jake Richardson, Erin Roche, Thatcher Sweeney, Andrew Tamsky, Parker Waugh

Grade 6 Honors

Avery-Boyer, Clarah Christopher Barcomb, Ava Bazinet, Gabriela Belanger, Bouvier, Hadassah Stephen Calixto, Madison Cammuso, Susana Casper, Austin Clancy,

Dolan Comforti, Dylan Demers, Charley Dorr, Eissa George, Benjamin Ferrage, Savhannah Gassett, Caleb Gaulitz, Allie Gauthier, Gabriel Gomes, Brian Guertin, Matthew Hicks, William Hinchcliffe, Lucas Jastremski, Brooklyn Kaferlein, Grace Kibe, Julia Lafontaine, Mathias Lalakidis, Sydney Loiselle, Braelyn Matheson, Lilianna McClintock, Benjamin O'Neill, Zackary Pelletier, Emma Peloquin, Lauren Pitner, Nicolis Polselli, Madison Webber, Aaden Weihn-Poliquin

Grade 7 Honors

Alexander Aldrich, Amelia Blood, Kaleb Chabot, Addison DeMarco, Alison Fleming, Sophia Freire, Olivia Friis, Camden LaChapelle, Jeffrey Laflamme, Brayden Mackin, Erin O'Day, Julia Brynn Okenquist, Daniel Pimentel, McKenna Rivet, Jacob

Savage, Brian Stumpf, Abigail Thompson, Cody Veneziano, Grady Walsh



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#### Wother's Day May 9th

We will host three seatings at Noon, 2:00 & 4:00





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#### LOCAL OR STATEWIDE?

Knock on up to 43,000 doors with an ad or insert in Stonebridge Press Newspapers. The Blackstone Valley Tribune reaches 7400+ households in Northbridge, Whitinsville, Linwood, Uxbridge, No. Uxbridge, and Douglas all by mail.

Our sister publications reach Charlton, Sturbridge, Southbridge, Auburn, Webster, Oxford, Dudley, Spencer, Leicester & the Brookfields, Fiskdale, Holland, Wales, & Brimfield.

All newspapers are also online each week and archived on 508local.com as well as posted on 508local Facebook page.

You can also place a political insert/flyer in our papers and insert by zip code to just your towns.

> All advertisements and flyers must contain the following information:

"Political Advertisement" at the top, and a "paid for by the committee to elect..." at the bottom.

#### Sample sizes

Front page starts at \$100 per paper

1/8th page .......5"x 5"

1/4 page ......5"x 10.5"

1/2 page ......10"x 10.5" Full Page ....... 10"x 21"

These are sample sizes...any size is available for political advertising.

#### Full Color Space is available on the Front Page

Contact June at 508-909-4062 Or email: Jsima@stonebridgepress.news with any questions or for pricing.

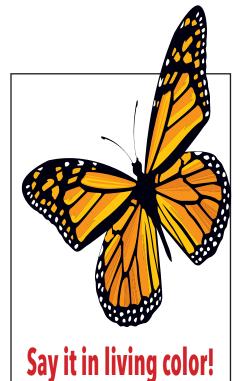


MAKE YOUR VOICE **COUNT!** 

#### **MA PUBLICATIONS:**

Spencer New Leader, Charlton Villager, Sturbridge Villager, Southbridge News, Auburn News, Webster Times, and the Blackstone Valley Tribune





The world isn't black and white.

So, why is your ad?

#### NOW \$179 NOW \$259 QUEEN: Reg. \$599 NOW \$289 **OVER 1,000 BICYCLES IN STOCK • WE REPAIR ALL BICYCLES** SIDE BY SIDE STAINLESS STEEL REFRIGERATOR GE SELF CLEANING SMOOTH TOP STOVE 18 CU. FT. KITCHENAID OVER THE RANGE REFRIGERATOR DISHWASHER **MICROWAVE OVEN** \$**699**<sup>99</sup> \$1099<sup>99</sup> \$**799**99 \$**188**99 \$**599**<sup>99</sup> DELUXE ELECTRIC DRYER GE COMBO WASHER & DRYER 5 CU FT DELUXE UPRIGHT CHEST **DISHWASHER FREEZER FREEZER** \$**199**<sup>99</sup> \$**899**99 \$**1299**<sup>99</sup> \$**449**<sup>99</sup> \$**349**<sup>99</sup> FAMOUS MAKER GAS OR ELECTRIC RANGE **DELUXE TOP LOAD** MAYTAG **GE TOP LOAD**

\$649<sup>99</sup> <sup>\$</sup>479<sup>99</sup> \$**229**99 \$**699**99 V/S/AT DISCINS

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86" LG Reg. \$1999.99 140 Main St., Spencer, MA 508-885-9343

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43" LG Reg. \$349.99

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CHEST

**FREEZER** 

16 • Friday, May 7, 2021

Blackstone Valley Tribune



# David Petrides presents research at sociology conference

ANNVILLE, Pa. — David Petrides of Uxbridge is one of 30 Lebanon Valley College students who presented research at the 39th Annual Mid-Atlantic Undergraduate Social Research Conference held in April on Zoom.

Petrides, a graduate of Milford High School, is pursuing a bachelor of arts in criminal justice. Petrides's research was titled: Hash It Out: The Effects of Age, Level of Education, and Source of News on Views of Legalization of Marijuana.

The first Mid-Atlantic Undergraduate Social Research

Undergraduate Social Conference was convened on the Elizabethtown College campus on April 6, 1981, where 23 conference participants represented five different schools. This year more than 70 students representing

16 different schools participated. Learn more about criminal justice and sociology at LVC by visiting www.lvc.edu.

About Lebanon Valley College For three consecutive years (2018-2020), Lebanon Valley College has been listed as #1 in Pennsylvania for graduate job placement by the career guidance site Zippia.com, using federal data.

Lebanon Valley College is a private, coeducational college in Annville, Pa. The College offers more than 45 undergraduate majors plus self-designed majors and a range of minors, concen-

trations, and pre-professional options. LVC also offers online and in-person graduate degree programs in accounting (MBA 3+1), applied kinesiology, athletic training, business administration, clinical exercise physiology, clinical mental health counseling, physical therapy, science in STEM education, speech-language pathology, and sport performance, and certificates in healthcare management, integrative STEM education, leadership and ethics, online teaching and learning, modern band, and supply chain management & logis-

# Noelle Haas of Northbridge named a Nichols College orientation leader

DUDLEY — Noelle Haas of Northbridge is one of 17 Nichols College students named as Orientation Leaders by the Office of Student Involvement. This group of student leaders will welcome the class of 2025 during several in-person, day-long sessions.

Orientation leaders have the job of mentoring incoming students serving as a guide to make their transition to college as smooth as possible. Orientation leaders gain valuable experience to add to their resume such as; leadership skills, strong communication, event planning and teamwork. Orientation leaders will serve as role models for the class of 2025

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches

to learning, both in and out of the classroom, and through impactful research and professioneducation. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols also offers master's degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today's professionals.





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