

Particle Accelerator concert returns to Putnam



PUTNAM — Putnam’s Rotary Park was filled once again Saturday with live music and local residents and families enjoying the gorgeous day and the free family event, Particle Accelerator: A Day of Music and Hope.

After moving the concert online last year, Particle returned to an in-person concert for its 15th year in 2021. Particle Accelerator is an annual benefit concert that raises awareness for suicide and depression and funds for United Services. Saturday’s concert raised just over \$8,000 for local community behavioral health services.

The free, all day music festival featured 15 bands playing music of all genres and for all ages. The concert began at noon and continued until 8 p.m.

“Particle’s 15th year was a wonderful day of music and hope,” said event co-founder Grace Young. “The weather cooperated,

the bands were phenomenal, and getting together out in the sunshine after last year’s pandemic made the event seem new again.”

The festival started in 2007 by family and friends of Putnam resident Jack Young Jr., who died by suicide on his 27th birthday that year. Event organizers include Grace and Jack Young Sr. and Eric and Sandy Gould, all of Putnam.

The annual benefit concert has two main goals, organizers said. The first is to raise funds and awareness to support United Services, Inc., one of Connecticut’s most comprehensive private, non-profit behavioral health centers, providing mental and behavioral health education, prevention, treatment and social services to the children, adults and families of northeastern Connecticut since 1964.

Please Read **CONCERT**, page **A11**

Brothers receive Eagle Scout award

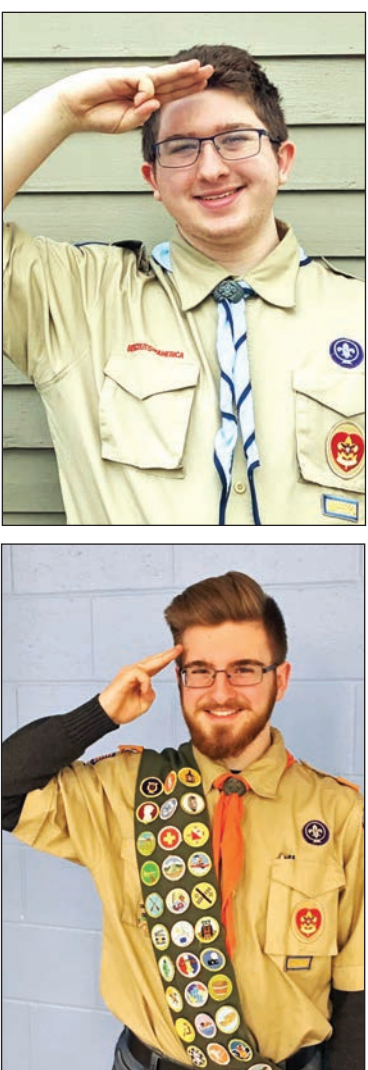
BROOKLYN — Justin MacCormack from Boy Scout Troop 71 in North Stonington and Jadon MacCormack from Troop 44 in Brooklyn have achieved the Eagle Scout rank.

Since these boys were in Cub Scouts (age five to 10) as they crossed over into Webelos (age 11), then to a Boy Scout, their goal was to reach the highest rank of Scouting, which is the Eagle Scout rank (age 18).

The brothers had to do a community project in order to achieve the Eagle rank. Justin built a seating pulpit area outside for the Second Baptist Church in North Stonington, with many benches for outside worship. Jadon built outside tree identification posts lining the Creamery Brook Trail in Brooklyn that the seniors and public schools use on a daily basis. The projects were built with the participation of fellow Scouts and family with the direction of these Eagle Scout brothers.

Justin and Jadon MacCormack will be honored at a very special Eagle ceremony at the North Stonington Grange Hall, located at 21 Wyassup Rd., North Stonington at 2 p.m. on Sunday, Sept. 26. The public is invited to attend. Entrance will be granted with an RSVP to Juliemaccormack4@global.com. Bring your favorite dish to share. Awards and gifts are accepted.

To earn the coveted Eagle Scout rank, Justin and Jadon had to earn 21 merit badges, work several hours of community service, go on several campouts, hikes, bike rides, swim ranks, served as patrol leaders and attended several years of



summer camp.

Justin is attending the University of Connecticut to become a nurse, and Jadon is an aspiring author of his own book on real estate investing, and is studying to be a real estate broker.

Won’t you celebrate the Eagle achievement with these remarkable men?

L’Heroux lifts Tri-Town in American Legion State Tournament

BY KEN POWERS
SPORTS CORRESPONDENT

WEST HARTFORD — Cam L’Heroux was large and in charge for the Tri-Town American Legion baseball team in its 4-0 victory over West Hartford Post 96 in the teams’ first round Northern Region game of the Connecticut American Legion Baseball 202119U State Tournament, played Tuesday, Aug. 3 at Conard High School.

L’Heroux, a rising senior at Ellis Tech, was in control throughout for 11th-seeded Tri-Town — which plays

out of Thompson’s Oscar W. Swanson Post 67 — in its upset of sixth-seeded West Hartford, despite the fact West Hartford entered the game averaging 5.4 runs per game.

In possession of a 3-0 lead before he ever threw a pitch, the 6-foot, 190-pound L’Heroux was dominant from the first pitch he threw — a strike — to the last pitch he threw — a strike. He finished his night having allowed just one hit, a single to right field, the ball just squirting past the diving grasp of Tri-Town second baseman Eric Mathewson, while striking out

six and walking three on only 89 pitches.

“Cam’s consistent; he pitches quickly and nothing rattles him,” Tri-Town head coach Jason Akana said about his ace. “His walks are low, his control is great and he’s got good command of his pitches. As long as we play defense behind him, he’s going to pitch well.”

Despite crafting such an impressive performance, L’Heroux seemed subdued after the Tri-Town victory. When asked if it was the best he pitched all year he said, “Probably.” When asked if he

was focused on throwing first-pitch strikes he responded, “Yeah, always.”

His teammates, on the other hand, had no shortage of words to describe their thoughts on L’Heroux’s night on the bump.

“Cam’s a bulldog. He comes out every day like it’s just another day at the office. He’s always that serious, especially on the mound,” said Mason Barber, who singled, doubled and drove in two runs.

Barber said he knew West Hartford had its hands full before its first hitter stepped into the batter’s box.

“As soon as Cam walked out of the dugout after we put up those three runs in the top of the first, just the look on his face, I knew it was going to be his night,” Barber said. “I think [the 3-0 lead] allowed him to relax and just focus on how he wanted to pitch to each batter.”

Tri-Town catcher Brayden Akana, who had the best view of L’Heroux’s gem, said the effort against West Hartford was just the latest in a string of standout performances turned in by his teammate.

“I don’t know if that was his

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NCCCO plays in-person concert



NCCCO Members after videotaping ‘A Leroy Anderson Christmas’ in June.

BY JANE VERCELLI
NORTHEAST CONNECTICUT COMMUNITY ORCHESTRA

ASHFORD — The Northeast Connecticut Community Orchestra performed an in-person concert in July in Ashford, marking our public debut since the beginning of the Covid quarantine which brought rehearsals and concerts to a halt.

As a co-founder and president of NCCCO, I was worried in March 2020 when the Covid quarantine began because I was not sure whether the orchestra would ever play as a group again.

More than a year later, on July 25, we gathered to play a concert in Ashford. From my chair in the viola section, I watched as about 75 people arrived in the auditorium at the Church of Jesus Christ of Latter-day Saints on Route 44.

We, the musicians, were fully vaccinated and wearing masks. Every person in the audience was also wearing a mask, and all had been encouraged to be vaccinated.

Our conductor, Dylan Lomangino of Bloomfield, raised his baton. With the first note of Amadeus, a lively arrangement from Mozart’s Symphony No. 25 as heard in the film Amadeus, we were performing again.

“It was like a reunion between concert-goers and musicians. I think people were happy to hear a live concert,” said Lomangino.

The featured performer at the concert was pianist Adrienne Owen of Ashford who played a movement from Piano Concerto Op. 7, No. 5 in E-flat by J.S. Bach.

Owen, who has played viola in the orchestra for the past three years, has also been playing piano for 10 years. She will be a freshman at Bennington College in Vermont this fall.

The orchestra played Rondeau by Jean Joseph Mouret from his Sinfonies de

Please Read **NCCCO**, page **A11**



KILLINGLY
AT 300

MARGARET
WEAVER

Note: The Killingly Historical Center is now open on Wednesday and Saturday from 10 a.m.-1 p.m. We will follow the mask guidelines for the Town of Killingly since it is a town building. Social distancing will be practiced whenever possible.

Well, summer heat has reappeared after a most welcome respite. I guess we take keeping food cold pretty much for granted unless the power goes out. That was not the case for most area residents in 1917, when many still had ice boxes. A ready supply of ice was a necessity. “Announcement was made this morning of the retirement of T. E. Hopkins from the Consumer’s Ice Company and the transfer of all his interests in the ice business to W. B. Ellis of this place who will conduct the same in the future. The Consumer’s Ice Company was organized and incorporated in 1909, with T. E. Hopkins, president; George S. Brown, secretary and treasurer, and W. S. Brown, general manager. W. S. Brown severed his connection with the company several years ago and Mr. Ellis succeeded George Brown as secretary and treasurer. Mr. Hopkins has continued as president until the present time.

“The Company’s plant consists of two houses, one of 2,000 and the other 3,000 tons capacity, modern machinery for the harvesting of the ice, engine and boiler house, tool houses, etc., all located at Hygea Reservoir near the center of the town, also store house and stables at the corner of Main and Hutchins streets and the office located at 141 Main St. Mr. Ellis states that the finest crop of ice ever taken from Hygea reservoir

has just been harvested and housed and say that another house which will add an additional 2,000 or more tons to the company’s present capacity and the construction of a spur track from the Providence and Danielson electric road (trolley) to the plant for the shipment of the ice by trolley is contemplated. The company is also making arrangements for installing a motor truck service later in the season, and will add such other innovations as will tend to give the most efficient service possible.

“Mr. Ellis will retain his connection with the Crystal Water Company and will have associated with him in the ice business Norman C. Heyden of Bridgewater, Mass., who has been engaged in this line of business practically all his life and comes here highly recommended as a very successful and thoroughly efficient ice man. Mr. Heyden will locate here with his family about April 1st, at which time he takes up his new duties”. (Windham Country Transcript March 1, 1917)

Reading the above made me wonder when electric refrigerators came into use. Although my grandmother (b. 1888) did have a refrigerator, she always referred to it as her “icebox.” An internet search revealed the following: “The first successful, mass market package automatic electric refrigerator was the DOMERLRE, invented in 1913 by Fred W. Wolf Jr. The name was a contraction of Domestic Electric Refrigerator. It was “manufactured to be a ready-to use refrigeration unit that could be delivered, mounted on top of an ice box and simply plugged in. Several thousand were sold between 1914 and 1922.” (www.ashrae.org).

Apparently, the Domerlre was “a flop, but one of his innovations the ice cube tray, caught on and was used in competitors models”. In 1927 General Electric “introduced the ‘Monitor-Top,’ which

became the first refrigerator to see widespread use – more than a million units were produced. The compressor assembly, which emitted a great deal of heat, was placed above the cabinet. These refrigerators used either sulphur dioxide or methyl formate as a refrigerant.” It wasn’t until the 1940’s that freezer units large enough for frozen foods, not just ice cubes, were added to the refrigerators. “Full mass production of modern refrigerators began after World War II”. (https://www.materials.sandvik/en-us/campaigns/fridge-of-the-future/the-history-of-the-refrigerator/)

What do you want to eat when it is hot outside? Salad? Ice cream? According to a humorous ad that I found in an August 10, 1921 Norwich Bulletin, “The Thermometer Doesn’t Make You Hot! It’s the heat on the Inside more than the heat on the outside that causes discomfort on a hot summer day. So eat REFRESHING, nourishing and digestible meals in summer—like Wheatworth Crackers and Milk. Then you’ll feel so cool and comfortable INSIDE you won’t mind the heat outside.” (p. 6, newspapers.com).

In the same paper I discovered that there was an orchestra in South Killingly. “Henry and Stella Tewgood, Merril Jacques and Lester Wheeler, members of the S. K. orchestra, took part in the musical program at East Killingly’s Old Home Day.” If you have any information about this South Killingly orchestra, please email me.

That second week of August 1921 was a worrisome time for dog owners in Killingly and Brooklyn. “The required legal notice having been given, through the Bulletin, all dogs in the town of Killingly and Brooklyn, must, from tomorrow (Thursday) noon be kept in confinement on the premises of their owners, until such time as

Commission of Domestic Animals J. M. Whitt, Hartford, shall declare the quarantine period at an end. “This ordered was issued due to the “appearance of rabies... in the towns of Brooklyn and Killingly.” (Ibid, p. 6).

The Quinebaug Company of Danielson and the Wauregan Company of Wauregan were scheduled to close down for the week on Saturday, August 20, 1921 for repairs to water privileges that needed to be completed for safety’s sake. “At the Quinebaug mill the bulkhead gates, at the head of the raceway, built in 1876...are to be entirely removed and new ones of modern design and greatest efficiency installed. A coffer dam is to be built just in front of the gates and when completed the present bulkhead and gates and gatehouse will be removed. In their place will be erected a large iron from which will be built three gates...A hoisting arrangement embodying the engineer’s most approved system for operating the gates will be placed in position.” (Norwich Bulletin, Aug. 10, 1921, p. 6; newspapers.com). I’m sure a number of you have relatives who once worked for these companies. Please feel free to share your memories.

Margaret M. Weaver Killingly Municipal Historian August 2021. For additional information email me at margaretmweaver@gmail.com. To contact the Center visit www.Killinglyhistorical.org. or call Killingly Historical Center 860-779-7250. Visit the Killingly Historical & Genealogical Center Wednesday or Saturday from 10-1 beginning August 4. Like us on Facebook at www.facebook.com/killinglyhistoricalsociety. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical & Genealogical Center should be sent to P.O. Box 265, Danielson, CT 06239.

Crowdfunding campaign launched for cARTie’s final push to get on the road across CT

REGION — After three long years of planning and fundraising, cARTie is set to pilot this Fall. Recently, the non-profit purchased a bus that will serve as a mobile museum, traveling to elementary schools across the state, with hopes of bridging the gap in education and arts access for children in Connecticut. With just months to go, the organization is in need of final funds to fuel up its bus and bring its carefully-curated, highly interactive exhibition design to life.

The project’s organizers are calling on the community to join this initiative by donating to a crowdfunding campaign or volunteering in the effort. If the campaign raises \$3,000 between Aug. 15 and 31, the project will receive a matching grant of \$3,000 from Sustainable CT’s Community Match Fund, which is an

innovative funding resource for public, community-led sustainability projects. For project details and to donate, please visit: patronicity.com/one_final_push_for_cartie.

“We’re ecstatic to see our cARTie museum bus coming together and getting ready to travel to 13 elementary schools across the state this Fall. This final push in fundraising is crucial, and we’re counting on our community to help us bring the myriad benefits of museum-based learning to more than 1,000 PreK-2 students this first pilot year, alone.” said Executive Director, Clare Murray.

cARTie is Connecticut’s newest (and only!) non-profit mobile art museum featuring art by a diverse representation of high school students from across the state for interactive and participatory

engagement by PreK-2 students with limited access to the arts in education. With this, cARTie is poised to make a unique contribution to the educational landscape in Connecticut, thereby catapulting the place of the arts in developing our students’ critical and creative thinking dispositions.

Sustainable CT is an initiative of Eastern Connecticut State University’s Institute for Sustainable Energy that inspires, supports, and recognizes sustainability action by towns and cities statewide. The Community Match Fund — supported by the Smart Seed Fund, Emily Hall Tremaine Foundation and the Connecticut Green Bank —provides a dollar-for-dollar match to donations raised from the community, doubling local investment in projects. Anyone can lead a project and ideas can be pro-

posed at any time.

“Through the Community Match Fund, we aim to put residents at the forefront of creating positive, impactful change,” said Abe Hilding-Salorio, community outreach manager for Sustainable CT. “Match Fund projects are community led and community funded, demonstrating the power of people working together to make change in their communities.”

Have a great idea for a public project in your community? Contact Sustainable CT at hildingsalorioa@easternct.edu.

Lasell University student from Thompson presents at Spring Symposium research showcase

NEWTON, Mass. —Spencer Fulone, a Lasell University student from Thompson, presented at the University’s Spring Symposium research showcase, “The Invention of Now.”

Fulone participated in a video presentation, “What Does Conscious Awareness Mean To Me?” as one of Lasell University’s resident assistants.

The Spring Connected Learning Symposium is one of two annual research symposia held at Lasell University. Student presentations provide scholarly insights into a variety of industry topics, and showcase practical skills and career competencies across those industries.

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell.edu or at 617-243-2386.

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At CT AUDUBON

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Aug. 2: American Kestrel, Blue-winged Warbler, Red-tailed Hawk, Hummingbird, Pileated Woodpecker, Eastern Kingbird, Bluebird, Barn Swallow, Tree Swallow, Chimney Swift, House Wren, Cedar Waxwing, Goldfinch, Chestnut-sided Warbler, Common Yellowthroat, Red-winged Blackbird, House Finch, Song Sparrow, Chipping Sparrow. Visit ctaclubon.org/pomfret-home.

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Steeple Chase riders fundraise locally and internationally to celebrate event’s 30th anniversary

WILLIMANTIC — For 30 years, the Steeple Chase Bike Tour has been attracting hundreds of supporters who participate by cycling or walking to raise critical funds for three eastern Connecticut human service organizations that transform the lives of area residents. In its history, event participants have traveled from 26 different states and have raised approximately \$1.75 million to help Perception Programs, Windham Area Interfaith Ministry, and the Windham Region No Freeze Project. This year, the event’s fundraising has gone international thanks to the promotion of one local cyclist.

Dagmar Noll – lifelong cyclist, local resident, and Windham Town Council member – packed up her mountain bike this June and flew to Iceland for a six-week solo cycling tour of this stunning, rugged, delicate, unforgiving, welcoming, punishing, rainy, windy, rejuvenating island nation. Between climbing to waterfalls, hiking up volcanoes, and touring museums, she journaled on Facebook about her travels and the local culture and people she encountered. She used her journaling to fundraise for the Steeple Chase, an event she supports wholeheartedly because of its three charity beneficiaries. To date, Dagmar has single-handedly raised more than \$2,000 for the Aug. 21 event, much of it coming from contributors she has met

over years of international travel.

“The three Steeple Chase beneficiaries make a crucial difference in the lives of so many people in our community,” explains Dagmar. “I wholeheartedly support their work and believe they change lives for the better every day. So I’m thrilled that, by doing what I love – cycling internationally and journaling about my encounters, I’ve managed to contribute over \$2000 to these worthy causes thanks to contributions from friends living near and far away.”

Dagmar’s \$2,000 will double to \$4,000 thanks to the event’s title sponsor, the Jeffrey P. Ossen Family Foundation, which is matching every dollar contributed through sponsorships, donations, and other forms of fundraising. Last year at the height of social distancing, the virtual Steeple Chase raised \$120,000. Event planners hope this year’s ride/walk will raise more than \$150,000. Every participant pays a registration fee of \$25 and is asked to raise a minimum of \$75. Event expenses are minimal, so virtually 100 percent of this money goes to the three beneficiaries.

Event organizers have created three dedicated cycling routes and one official walk/ride for the 30th Anniversary Steeple Chase. These in-person routes will start and end at St. Mary-St. Joseph School, located at 35 Valley Street in Willimantic.

The classic 20-mile route is almost

as old as the event and travels through the low-traffic backroads of South Windham, Windham Center, Chaplin, North Windham, Mansfield and Willimantic.

The new 30th Anniversary route celebrates this event milestone by traveling 30 miles through Windham, Chaplin, Mansfield and Willimantic.

The Half Century route covers 50 kilometers - or 62.5 miles - of eastern Connecticut backroads and is one of the most beautiful rides in the state, with sweeping views and challenging hills.

A newly-designed 5-mile ride/walk will take participants through nine Willimantic parks and gardens and will showcase the community’s rural beauty.

Pre-registration for the event is \$25 for individual riders or walkers. In addition to registration, each rider is asked to raise a minimum of \$75 in donations. Online registration for the Steeple Chase will continue through Aug. 21 at www.steeplechasebiketour.org and www.bikereg.com/steeplechase-bike-tour.

The Steeple Chase benefits from the generosity of corporate sponsors and donors including Columbia Manufacturing, The Chronicle Newspaper, Colchester Dental, Eversource Energy, Thread City Cyclists, Home Selling Team, Sarazin General Contractors, St. Paul’s Episcopal Church of Windham Center, WILI AM, Willimantic Waste Paper, the board of directors of the Windham Region No Freeze Project, and many others. Companies and organizations interested in sponsorship should call Perception Programs at 860-450-7122.

For more information, visit www.steeplechasebiketour.org, call (860) 450-7122, email steeple.chase@perceptionprograms.org, or follow the event on Facebook @SCbiketour, Twitter @SCbiketour, Instagram @steeplechasebiketour, and on LinkedIn.



ACCURACY WATCH

The *Villager Newspapers* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake call (860) 928-1818 or e-mail charlie@villager-newspapers.com.

Lasell University student presents at Spring Symposium research showcase

NEWTON, Mass. — Alexandra Chitwood, a Lasell University student from Dayville, presented at the University’s Spring Symposium research showcase, “The Invention of Now.”

Chitwood shared a presentation on Nobel Laureate J.M. Coetzee and the ways in which the author’s work explores both the lure and agony of globalization.

The Spring Connected Learning Symposium is one of two annual research symposia held at Lasell University. Student presentations provide scholarly insights into a variety of industry topics, and showcase practical skills and career competencies across those industries.

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell.edu or at 617-243-2386.



Dagmar Noll and her mountain bike pose at Pingvellir National Park in Iceland.

POMFRET BOARD OF EDUCATION ANNOUNCEMENT OF VACANCY

Pomfret Board of Education has an interim vacancy to fill

The appointed member will serve until the next Biennial Election (November 2021).

Interested candidates please send a letter of interest to:

The Pomfret Board of Education
Pomfret Community School
20 Pomfret Street, Pomfret Center, CT 06259

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I just couldn't leave without telling you all how much I'll miss you.

Yours always,
~ Ian Polun



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In the Studio

CYNTHIA SAARI

“In the Studio” is a newer feature for the Villager Newspapers. The Quiet Corner is home to many artists and makers, some of whom have national or international recognition for their work in fine art, handcraft, performing art, art education, and graphic art. In this semi-weekly series, we’ll talk with our artist neighbors and learn about their careers, current projects, and connections to our towns. We’ll also learn some “artspeak” terms in our conversations, demystifying some of those “artist words.”

There’s beading, and there’s BEADING. In this issue we’re meeting Anna Mancini. Her intricate jewelry is original and one-of-a-kind. After moving to the USA from Italy, Anna found her way into beadwork. Having allergies to all but gold and silver jewelry, her response was to begin an adventure progressing to complex seed bead creations which she sells through commissions and venues such as “Artist’s Open Studios in Northeast CT.”

Hello there Anna. I’m going to ask a question which you must get frequently. Why seed beads?

Seed beads are unique in the beading world as they are now available in literally hundreds of colors, hues, and finishes. The Japanese are creating a wonderful array of colors. One of their creations, Delica Beads (minuscule cylinders of



Old Brooch piece

glass), come in 750+ colors...As an artist, that is an incredible palette, which lends itself perfectly to the kind of detailed background/ enhancement I use the beads for. Typically, I create the main design with big stones and beads, shells, pearls, driftwood and other organic materials, and then fill spaces with seed beads, smaller stones, smaller pearls, silver and gold-filled accents, crystals etc.; nothing else would work as well to frame, accent or complement the bigger components.

Moving from detailed patterns to freeform embellishment of larger pieces is quite a transition. What brought that about?

Early on (I’ve been doing this for 27 years) I’d buy patterns to be woven, with various stitches that I taught myself, into tapes-

tries and amulet bags. I found that work very rewarding- like completing a painting. But it also was confining; I had no freedom, even though it took considerable skill and patience. Later on, I bought beading software that allowed me to create my own patterns, from original concepts or from pictures. I had a lot of fun doing bags with pictures of my daughter, of someone else’s child, pets, or anything that could be reasonably translated into beads. Think of each seed beads as a dot of color... it takes thousands to create an image. Rewarding, but in the end, still confining. That’s why I started doing what is referred to as bead embroidery—a different technique altogether—where you stitch (and glue bigger stones that do not have a hole) on a backing, which later is covered with leather or ultra-suede (very soft). I still do bead weaving, but no longer do amulet bags. The bead weaving which I do today is semi-freeform, sometimes totally freeform, where I have no idea what the piece will be like...just an idea about colors. In this technique, I may start with the idea of a necklace and then make a bracelet instead. The piece tells me what it wants to be (it sounds a little wacky, I know, but it really is that way).

Let’s hear more about your custom work incorporating old jewelry and found objects. Please describe two pieces you found particularly satisfying.

It started with a customer asking me to re-purpose an old pin (image below) from the 1920’s which belonged to her late mother. The customer wanted to wear this piece but she did not wear pins, so she asked me if I could turn it into a necklace. It was a challenge, and therefore welcome! I ended up turning the pin into the focal component of the piece, which was done in freeform peyote stitch. The pin, once I snipped off the pin parts, became basically a cabochon that I glued to a backing and embroidered around using complementary-colored seed beads, crystals and pearls. She loved it. Since then, I have done several of these pieces, usually turning a pin into either a necklace or a bracelet (sometimes earrings, as well). It may be a piece of driftwood or a shell that the customer has a sentimental attachment to...those are more fun, as I can really be free to go with my own style

The image below is an example of using found objects. The marine-themed piece is my absolute favorite: bead embroidery designed around the big natural white shell, with a piece of Japanese Shibori silk ribbon meandering (like the sea in a



Marine themed piece

cove) through the piece.

Tell us something about your process. Where do you begin?

If I’m inspired by someone’s work or something I saw in nature, I sit at my table and start taking out stones, beads, pieces of this and that from what I’ve accumulated over the years, and start arranging and re-arranging these components with each other and with different colors of seed beads until I like a combination. This is not a fast process, sometimes it takes me days and, even then, I will change things while I work...take away beads, add others, change the design and layout...but that is exactly what I like about this kind of beading: even I do not know what the finished piece will look like.

What do you think is the most important thing to know about your work?

The creative part. I really do not like it when a customer commissions a piece but wants to direct it herself in every little detail, expecting me to re-do the piece until she gets exactly what she had in mind. I do commissions and custom work, but this is not like making a kitchen cabinet. My best commissioned pieces have been the ones where the customer trusted me enough to let me take over and create something that fit their personality, as well as their body. I guess the most important thing to know about my work is that it is not created with the market in mind: I do what I love and, if I find people who also love it, I sell. Otherwise, I don’t sell a piece and that is OK.

Do you use weaving or embroidery techniques? If so, do you have any favorite weaving stitches?

I use both. I like both for different reasons, but I tend to fall back on embroidery more often than not because it gives me more freedom: I don’t have to count passes, or stitches, I don’t have to have a certain amount of a certain bead to even start a piece; I don’t even have to have all the colors I’d like to have. My favorite stitch, when I bead weave, is peyote, because it is the most versatile and I am better at it than at other stitches. You can do anything with peyote stitch. My second favorite is right angle weave, because it creates a very supple, soft, moving kind of tapestry in

beads, not stiff at all, so it drapes nicely. I’ve tried them all, and am reasonably versed in most of them. Except bead crochet. I have tried it many times, and I can manage to do it “in the flat”, but not in the round (for ropes). Fortunately, there are many other ways to make ropes with beads that do not involve a crochet hook because I have given up on that one!

What do you like most about making jewelry?

I like the suspension from reality. When I create, I forget about everything: problems, worries, pain, cravings, sadness...they all seem to become totally irrelevant, or at least far less important while I sit at my table. Time slows down, I get lost in the creative moment, and stress washes away. That is the best part. It’s the equivalent of meditation (at which I am not good at all).

Thank you! Please tell our readers where to see more of your work:

You can see more of my work at ARTicles Gallery in Danielson, on my Facebook page, at the Jewels Verne store in Willimantic, on AOSCT.org, or come and visit my studio during Artist’s Open Studio tour this fall.

Word of the day

Seed bead

Seed beads range in size from 1.3mm to 3.3mm. Larger numbers mean smaller beads. The most common smaller sizes are 11/0 and 15/0, and the most common larger sizes are 6/0 and 8/0. This is pronounced “eight-aught”, and means that about 8 beads strung together will measure 1”. Larger seed beads are also called pony beads. Glass is the most common material used to fabricate seed beads, but they are also made from metal, porcelain or tile. [beadage.net]

...in the Middle Ages, glass seed beads were first mass-produced in Italy, and initially manufactured in Venice, beginning about 1290... <https://www.firemountaingems.com/resources/jewelry-making-articles/B35f>

Bead weaving is a beadwork technique in which seed beads are woven together using thread to create a flat “fabric” or a three-dimensional shape such as a ball, clasp or tube. You can bead weave an entire piece of jewelry, or weave a component to use as part of a project. Seed beads can be woven together on a bead loom or by hand. [from beadaholique.com]

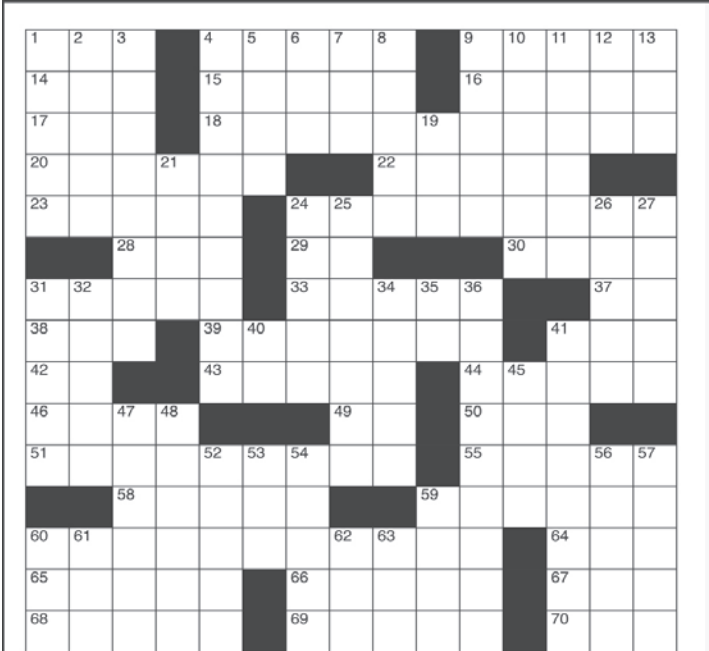
Peyote stitch

Peyote stitch is a basic bead weaving technique used to create beaded pieces without a loom (off-loom bead weaving). The name peyote comes from early Native American rituals. An early form of the stitch was used to create beaded objects for use in religious ceremonies that included the use of the peyote cactus. [beadage.net]

Shibori

Shibori is a Japanese term for several methods of dyeing cloth with a pattern by binding, stitching, folding, twisting, compressing it, or capping. Some of these methods are known in the West as tie-dye. [definitions.net]

About the writer: Cynthia Saari (Woodstock, CT) is a nationally recognized flamework glass artist. She has exhibited her work & taught for over 20 years; her glass beads have been included in numerous publications & invitations. Cynthia offers talks & workshops in the Quiet Corner; she is an adjunct professor of art at a local college.

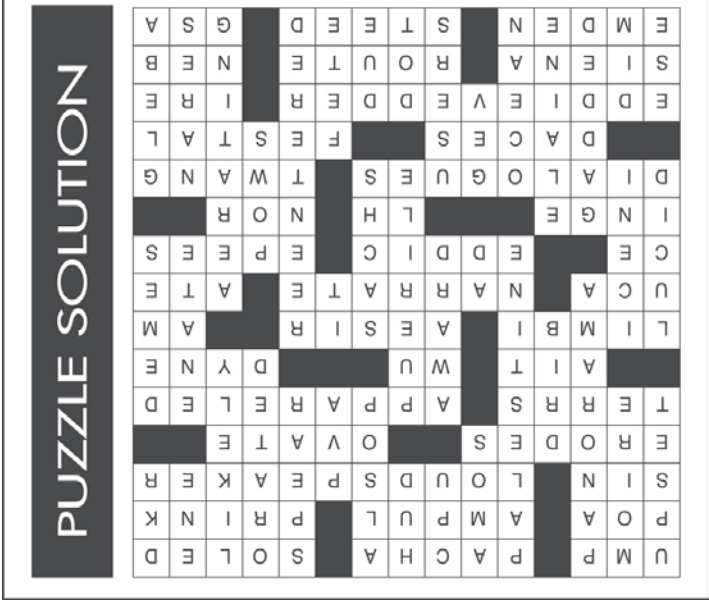


CLUES ACROSS

1. Calls balls and strikes
4. Turkish officer
9. Repaired shoe
14. Grass genus
15. Small, sealed vial
16. Primp
17. Immoral act
18. A tool to communicate
20. Crumbles away
22. Egg-like
23. Districts (abbr.)
24. Dressed
28. Small island (British)
29. Dialect of Chinese
30. Force unit
31. Borderlines
33. Norse gods
37. Morning
38. Fiddler crabs
39. Tell a story
41. Consumed
42. Atomic #58
43. About old Norse poems
44. Fencing swords
46. One-time Tigers third baseman
49. Southpaw (abbr.)
50. Neither
51. Conversations
55. Distinctive manner or pronunciation
58. Cyprinids
59. Appropriate to a festival
60. Pearl Jam frontman
64. Wrath
65. Italian city
66. A way to get there
67. A nose or snout
68. German seaport
69. A horse for riding
70. Airline representative (abbr.)

CLUES DOWN

1. Unhappy
2. Silk fabric
3. Unbroken view of a region
4. Middle Eastern territory
5. ___ and Andy, TV show
6. Central processing unit
7. Department of Housing and Urban Development
8. Midcentury newspaper columnist
9. Weapon
10. Delivered a speech
11. Probably going to happen
12. Midway between northeast and east
13. Danish krone
19. Synthetic resin (abbr.)
21. Fall slowly in drops
24. Bestow an honor upon
25. Childishly silly
26. Related on the mother’s side
27. Populations of related plants
31. Coherent
32. Tribe of ancient Britons
34. Financial firm Goldman ___
35. Stephen King thriller
36. Went in again
40. Commercial
41. Poking holes in the ground
45. Prisoners of war
47. Pursued pleasure
48. “Seinfeld” character
52. Body of water
53. Hovering vehicle (abbr.)
54. People who utilize
56. Nostrils
57. Inner mass of some fungi
59. Honor lavishly
60. Midway between east and southeast
61. Turn down
62. Small round mark
63. Expected at a certain time



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Greg Dwyer speaks to area seniors

BY LINDA SM DOS SANTOS
EASTFORD SENIOR CITIZENS

BROOKLYN — Greg Dwyer, a professional speaker, drew a crowd at the Eastford Senior Citizens (ESC) first 2021 meeting on July 27.

The meeting was hosted at the Quinebaug Valley Regional Senior Citizen Center (QVSCC) at 69 South Main St. in Brooklyn. There was laughter, the Election of Officers, PLUS, Speaker: GREG DWYER who amused everyone with games that demonstrated the "Importance of Focus". Dwyer, showed how to create real magic in your life. He did not use the microphone provided for him. His voiced traveled to everyone filled with enthusiasm and inspiration.

The Eastford Senior Citizens 2021-2022 Officers elected are: President - Judy Montigny, Program Director - Linda dos Santos, Treasurer - Mary Ann Lally, Telephone (Outgoing) Committee Chair - Pat Roy, Hospitality Chair - Marie Sannon, Public Relation Chair - Linda dos Santos, and Friendship Chair - Judy Montigny. The positions of Vice-President, Assistant Treasurer, Telephone (Incoming) Committee Chair remain open. If you have interest in filling any of these positions, Please Call 860-538-8868.

Area seniors are invited to enjoy the Island Music provided by John Banker on Tuesday, Aug. 24 at 10 a.m., "ALOHA!" Come for the music and stay after for the luncheon: Barbecue Chicken, Baked

Beans, Cole Slaw, Strawberry Shortcake, provided by TVCCA must be reserved before 12(Noon) August 16, by calling 860-774-1243, a suggested donation for this meal is \$4.50 or more. The event will be held at the QVSCC AT 69 South Main St. in Brooklyn.

Possible food box program maybe coming, for more information call 860-774-1243.

The Emergency Food Delivery Program has ended. However, the Senior Resources - Benefit Enrollment Center has counselors to review each person's situation and offer individualized support to assist the application process for local, state, and federal programs, call Senior Resources at 860-887-3561.



Quiet Corner Garden Club awards scholarships to outstanding local students

REGION — This year, the Quiet Corner Garden Club received several applications for scholarships. The club, which is a member of Federated Garden Clubs of Connecticut, offers scholarships to students living in the club's service area and interested in pursuing a career in agriculture or horticulture-related studies such as botany, conservation, environmental studies, floriculture, forestry, land management, and landscape design, to name a few.

Cal Barber, a high school senior from Killingly High School who lives

in Voluntown, and Abigail Dustin, a Thompson resident and student at Smith College, both received \$1,000 scholarships.

Barber will be studying natural resource management and policy at Paul Smith's College in upstate New York. He is an honor student inducted into the National Honors Society and an Eagle Scout. He plans to pursue a career in providing leadership in ecological sustainability to communities as our climate continues to change.

Dustin aspires to pursue a career



Abigail Dustin

in science communication and natural science illustration. Her studies include landscape design, horticulture, conservation biology, ecological horticulture, art and writing with an emphasis on creating projects that combine illustration, interpretive signage, Web site design and communicating science research.



Cal Barber

Day Kimball Healthcare's Cruise, BBQ, & Brew set for Sunday

PUTNAM — Day Kimball Healthcare's (DKH) Cruise, BBQ & Brew – a motorcycle and car cruise – will be held on Sunday, Aug. 15 beginning at 10 a.m. at the Thompson Speedway in Thompson, Connecticut.

The event will commence with memorial laps around the Speedway road course, followed by a 90-minute ride alongside hundreds of motorcyclists and classic car enthusiasts through beautiful Northeast Connecticut. Participants will then convene for a delicious BBQ lunch at the Black Dog Bar and Grille in Putnam.

The schedule of events is as follows:

- 10 - 11 a.m. | Registration for both motorcycles and cars at the Thompson Speedway.
- 11 a.m. | Memorial laps around the race track and, if you wish, make it a tribute to a loved one by including their name in a memorial tribute pennant.
- Noon | Depart for cruise.
- 1:30 p.m. | Arrive at the Black Dog Bar and Grille in Putnam.

The Northeast Connecticut Cancer Fund of DKH provides financial assistance for cancer-related screening and treatment services to individuals living in Northeast Connecticut who otherwise many not have the financial resources to pay for needed medical care.

Cruise, BBQ & Brew is sponsored by the Cruisin' for Cancer Care committee,

and presented by SPIROL International, Waste Innovations, Centreville Bank and Thompson Speedway. Each year, it draws hundreds of participants, many of whom ride in honor of a cancer survivor or in memory of a loved one. To date Cruisin' for Cancer Care has contributed more than \$130,000 to the Northeast Connecticut Cancer Fund of DKH.

Registration for the event is \$35 per person. For more information and to register, call Day Kimball Healthcare's Development office (860) 928-7141 or visit www.daykimball.org/cruising.

To learn more about the Northeast Connecticut Cancer Fund of DKH, visit www.daykimball.org/nectcancerfund.

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system composed of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare at Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare's comprehensive network employs more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its Web site is www.daykimball.org.

DAUGHTERS OF ISABELLA BABY SHOWER AND BABY BOTTLE COLLECTION



Photo Courtesy

Between Mother's Day and Father's Day the Daughters of Isabella sponsored 2 annual drives to assist young mothers of our area. These events included all four churches within the St. Therese Parish. We were able to supply baby clothes to Daily Bread Diaper Bank, TEEG and Caring Families Pregnancy Services. The Baby Bottle Drive raised \$2,183.61 and was donated to Caring Families Pregnancy Services. We wish to thank everyone who contributed to this worthy and successful cause.

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TOWN OF THOMPSON JOB OPENING – CREW LEADER

The Town of Thompson invites qualified candidates to apply for the position of Crew Leader at our Public Works Department.

Position is fulltime 40 hours per week. Overtime is to be expected and will be mandatory for snow plowing and other storm events. The rate of pay is \$27.38 per hour.

The position consists of manual labor duties as assigned by the Director of Public Works.

The Crew Leader will assist in the planning and execution of daily operations and advise the Director of Public Works upon completion of tasks. Crew Leader may also perform necessary work for the operation of the Transfer Station.

Qualified candidates will be knowledgeable with regards to road maintenance, construction methods and should possess strong leadership capabilities. Candidates should have experience with equipment operation as well as knowledge of drainage, tree maintenance, building & grounds maintenance, snow plowing, and

safety practices. Previous experience overseeing the operations of work crews, while working alongside them, is helpful.

High school diploma, CDL License, valid medical card and tanker endorsement required. The potential candidate must be willing to complete a CT DEP solid waste operator certification class.

Please review the complete Job Description available at www.thompsonct.org.

Submit a cover letter, application or resume, as well as contact information for three employment references, to: Selectmen's Office, Town Hall, P.O. Box 899, 815 Riverside Drive, North Grosvenordale, CT 06255. Faxed and e-mailed applications will not be accepted.

Application deadline: Friday, August 27, 2021 at 12:00 p.m. (noon)

OBITUARIES

Priscilla F. Dyson, 84



worked for CL&P at the Danielson Business office for 38 years. She is

Priscilla F. Dyson, 84, of Danielson passed away at home Saturday July 31, 2021. She was born in Putnam on July 11, 1937, daughter of the late Ernest and Maude (Martin) Dyson. Priscilla

survived by many nieces and nephews. She was predeceased by her sister Marjorie A. Robinson and brother David E. Dyson.

Funeral services will be private. In lieu of flowers, donations may be made in Priscilla's memory to the United Methodist Church of Danielson 9 Spring Street, Danielson, CT 06239 or to the Killingly Public Library 25 Westcott Road, Danielson, CT 06239. tillinghastfh.com

Tips for dorm room and campus safety

Life on a college campus can be exciting, especially for freshmen enjoying their first taste of life away from home. As exciting as campus life can be, it also can be a bit nervewracking for students who have never before had to fend for themselves.

Administrators and security personnel work to make school environments as safe as possible, but incidents can happen on any campus. A recent report from Campus Safety and Security, there were 38,100 reported criminal offenses, including burglary and identity theft, on college campuses in the United States in 2017.

Students need not live in fear on campus, but embracing various safety measures can make life at school that much safer.

- Hide or lock up valuables. You never know what may catch the eye of a thief. Devices and cash are near the top of lists of most commonly stolen possessions, but a desperate student may steal notes or even expensive textbooks if he or she is struggling. Always close doors and lock dorm rooms when leaving. Keep valuables out of sight at school. Consider buying a dorm room safe and lock your locker at all times.

for emergency situations like adverse weather conditions, while others have clear guidelines on what students should do if they feel threatened in any way. Participate in fire drills and learn the nearest exits and protocols for emergency evacuations.

- Utilize the buddy system. Most campuses are safe to move around, but it can't hurt to schedule certain classes, particularly if they take place after dark, with a friend so you can walk to and from classes together. Security experts say that elevators and stairwells are common places for assailants to target victims. If you ever feel uncomfortable, trust your instincts and err on the side of caution.

- Install window alarms. Many retailers sell battery-operated window alarms that can be adhered to windows. The alarms will activate if the window is opened or the glass breaks. These alarms can provide extra security even if your dorm room isn't on the ground floor.

- Be alert when ridesharing. The safety resource [Safety.com](#) says rideshare crimes are on the rise. Always identify your driver and vehicle before getting in and ask the driver to identify your name, as he or she will have it and your destination. Wait for the ride in a safe place, and try to avoid riding alone.




- Maintain personal health. Be sure to visit the doctor and stay current on necessary vaccinations, such as the one for meningococcal disease. The Centers for Disease Control and Prevention says the risk for meningococcal disease in college students is slightly higher than the risk in other teens and young adults.


who are not attending college. Other communicative diseases can spread more easily on campus as well.


Campus and dorm safety is multifaceted. Informed students can reduce their risk of being involved in accidents or being targeted by criminals.


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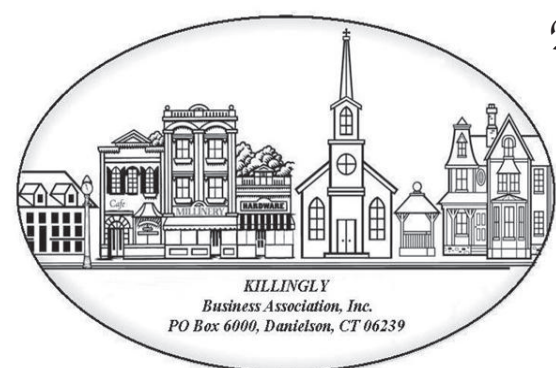
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FRANK G. CHILINSKI
PRESIDENT/PUBLISHER

BRENDAN BERUBE
EDITOR

Helicopter parenting a college student

Gone are the days when your child would head off to college to only place a collect call home once a week, or perhaps would send a letter once a month. In those days, our parents had no idea what we were doing on a daily basis, who we were with or where we were at. They had no idea what test scores were coming in or what we had for dinner.

In current times, college students are in instant, constant contact with their parents and we're not so sure that's a good thing. Sure, it's nice to keep in touch but at what cost to your child? Do we really need to know about every fleeting moment of our child's lives? Naturally, we want to protect our children and keep them safe, but this is not the way to do it. Teach them the skills to protect themselves long before they fill out that college application.

To make things worse, most universities now have Facebook pages for parents. While this can be a great resource, it is also a breeding ground for parents to enable other parents, to enable their children, to lack independence and the skills to be resourceful.

Way back when, children had to be home by dark. In today's world, you have parents posting questions on parent's pages on whether or not to use Tide Pods in the washers at school. Why not let your child head off to the laundry mat at school, with a Tide Pod and figure it out for themselves? Other questions are often posed in regard to the furniture in dorm rooms, where parents are asking other parents for pictures so they can better prepare their student prior to moving in. Window sizes, storage space under the bed, outlets, you name it, it's been asked. Again, why not let your college student figure these things out for themselves along with their roommates? They are not in middle school anymore and can very well handle figuring out what they need on their own. If they ask for your help, then of course step in.

Point blank, parents are asking questions on behalf of their children. If a student has a question about parking, or a class or something in regard to move in day, teach them to pick up the phone and call the appropriate person, you know, like an adult would do.

While we think parent to parent support is a great resource, it has gone too far. Parents are posting pictures of their child in their dorm rooms as if it is their first day of Kindergarten. We know that parents are proud, as they should be, but wouldn't those pictures be better suited for a private page for friends and family to see, instead of potentially embarrassing your child?

If a student is having an issue with a roommate, parents are leaning on these pages to sort it out, asking for advice on how to handle it. Why not just tell your student, how to handle it themselves? It is natural for parents to want to swoop in and save the day and fix everything, but in doing so you are creating a way for your young adult to not be self-sufficient. Common sense tells us, that if your student is having a roommate issue, they need to talk to their hall director.

Parents have asked questions such as 'What winter jackets are boys wearing this year?' 'Does my child need an umbrella?' 'Does anyone do grocery delivery?' 'Where can my son sign up for activities?' These appear to us to be a bit over the top.

Trust in your parenting and trust in your child to take care of their own needs. When parents hover, it can have adverse effects. This doesn't mean parents can't be involved or shouldn't be involved in some way.

When helicopter parents overparent, they are sending the message to their student that they cannot do these simple things on their own. A survey of 450 students with helicopter parents, discovered that these individuals lacked the confidence in thinking they could accomplish their own goals in the workplace. As a result, they were more dependent on others and had difficulty coping which led to an increase in anxiety and panic attacks when put under pressure. You will not be around forever, and your child is capable of handling things on their own. The purpose of child rearing is to teach them how to navigate the world on their own, so they can live the best quality of life possible.

The solution is to have a conversation with your child, and ask them how they want you to be involved and how and when you can support them.

OPINION

Opinion and commentary from the Quiet Corner

LETTERS TO THE EDITOR

Rights come with responsibilities

To the Editor:
Here we go again. Covid numbers are ramping up. The same group of people who refuse to get vaccinated or wear a mask (because of their political views) are the primary cause. They love to chant "It's my Constitutional right," but they choose to ignore the fact that all of our "rights" come with equally important responsibilities. We all have the responsibility to not carelessly spread disease among our fellow citizens. So if you are too selfish, lazy, or arrogant to get vaccinated or wear a mask, then stay at home and stop violating

DeLuca's tirades are illogical

To the Editor:
In your Aug. 6 edition, Ed DeLuca subjects readers to another illogical argument in favor of making it more difficult for citizens to vote without making a case for why more restrictions are needed. Perhaps that is because there are no legitimate reasons to discourage people from voting. Voter fraud is almost unheard of, and has not affected the outcome of elections. Therefore, the argument that we need more safeguards against it is frivolous.

While Mr. DeLuca limits his argument to laws that would make it less "convenient" for voters to cast ballots, he conveniently ignores proposed measures that would make it possible for state legislatures to remove local election officials and even steal elections by reversing their outcomes. Imagine the chaos after the last presidential election if legislatures with fealty to Donald Trump, such as those in Georgia and Arizona, had the ability

Killingly has become a Sacrifice Zone

To the Editor:
Poor Killingly, you're a Sacrifice Zone. Residents will never hear the term, but corporate and government planners, far away, use it to describe a community so desperate for money that they'll take whatever environmentally hurtful project they are offered.

The proposed second gas-fired generating plant does not serve our electrical needs. It serves the needs of out-of-state fracked-gas producers for more markets.

There is a problem with proximity to a local airport, necessitating a lower exhaust stack. That will mean more poisonous exhaust in Killingly children's and elderly citizens' lungs. They already have high asthma rates. No problem - just give the town some money for the school system and lie to the parents about plant safety. It always works, sacrifice zone, remember?

They call it "natural gas" as though it were as harmless as organic lettuce. There's nothing "natural" about a gas plant approved by your DEEP to emit over two million tons of

Cut fossil fuel subsidies

To the Editor:
In the 3.7 billion years of life on Earth, only one species has threatened to devastate a large number of other species as well as itself: Homo Sapiens. That's you, me, us. We must do better.

Global warming is one of the major threats. This week a massive UN report summarizing thousands of scientific studies found that humans are unequivocally the prime movers for the greenhouse gases that cause the code red peril that we are in.

If this worries you, you are not alone. About three quarters of Americans are concerned, according to polls taken before this summer's fires, floods, heat waves, droughts, and extreme weather events. It is time for massive citizen actions. A Yale study showed that 8 percent of Americans are actively engaged in fighting global warming, and another 11 percent would like to do so. You can join them. You can contact officials, sign petitions, and join local and global activist groups.

Chief among your targets could be the fossil fuel industries. They are being paid off

All hands on deck!

To the Editor:
The time has come to "push back..."
I left for the summer in June, after 10 months of serving on the Killingly Board of Education. I'm getting ready to return, and have found that a virus has taken over the bodies and minds of individuals whom I thought I knew as public servants, committed to the children, families, and staff of Killingly, but who happened to be conservative Republicans.

It's not a sin to be a Republican! I was married to one for 22 years and loved him very much. Today's colleagues on the board and I discussed ideas centered on the educational best interest of our students, their families

everyone else's Constitutional rights.

The only amusing aspect of this whole Covid nightmare are the "incentives" being offered to get a vaccine. For some people, protecting themselves (and others) from serious illness or possible death isn't motivation enough to get vaccinated -- but throw in some free beer or a lottery ticket, and they're suddenly on board! We now have to bribe people to act responsibly. You can't make this stuff up.

TODD PATRIE
POMFRET

to override the voters' will.

Is it at all logical to criticize three U.S. representatives for bringing attention to voter suppression laws through civil disobedience in one breath, and in the next breath criticize them for doing "absolutely nothing?" Pretty amazing, isn't it?

Throughout our (brief) history, activists have used civil disobedience to draw attention to inequality. Mr. DeLuca is old enough to remember the civil rights protests of the 1950s and 1960s that awakened the nation's conscience. Thousands of protesters were beaten and arrested for non-violent civil disobedience. Their "show-boating" (sic) and "little stunts" hastened the neverending pursuit of a more perfect union. Hopefully, the arrests of Representatives Lee, Beatty and Johnson will have the same effect.

BILLY G. TAYLOR
KILLINGLY

carbon dioxide, particulate matter and other pollutants, including nitrous oxides, that will be added annually to those emissions already produced about a mile away by the existing Lake Road Generating gas power plant.

Of course, we're all in a planetary sacrifice zone, as the climate changes in ways that can't be reversed and are accelerating with unpredictable feedback loops, like melting tundra and changes in ocean temperature and chemistry. The front lines for that battle are right here in our back yard in Killingly.

Gov. Lamont and DEEP Commissioner Dykes say they have no power to stop it. Time to contact them and remind them who their real employers are. Join us in front of Killingly Commons, 11 a.m.-noon, first and third Saturdays, to protest and meet others involved in this campaign for this Last Green Valley and our only planetary home.

G. LESLIE SWEETNAM
WOODSTOCK

to continue global warming. The G20 countries spent more than three trillion dollars in subsidies since 2015. In the United States our taxes spend 13 times more on subsidies for fossil fuels than for alternatives. That makes fossil fuels seem cheaper than they really are. Wind power is now cheaper than fossil fuels when the subsidies are taken into account.

Fortunately, the \$3.5 trillion reconciliation bill being proposed in Congress would eliminate the majority - but not all - of those fossil fuels subsidies. So let our leaders know you have had enough of subsidizing the death of the planet. You can make one simple call to 1844 USA 0234 to demand that all three of your national representatives eliminate all fossil fuels subsidies. And you can contact the White House at <https://www.whitehouse.gov/contact/>.

For the sake of your grandkids' grandkids, and for the preservation of life on our precious planet, please act now.

JOCK MCCLELLAN
WOODSTOCK

and our staff.

I happened to tune in to the recent Killingly Town Council meeting, hoping to receive updated information about the status of the \$34 million KMS construction project, the \$94,000 controversial grant from Connecticut's Native People, or the Power Plant, but ended up witnessing a hysterical debate related to a non-binding, Second Amendment resolution! I had to conclude that those people had abandoned their minds! How else can one explain a discussion about Constitutional 2nd Amendment positions instead of local governance issues! These people can no longer be

I should have known better

There was a sinking feeling when it became clear: I should have known better. I should have prepared more thoroughly. I should have thought it through. By the time my husband slipped and fell near the summit of Mt. Chocorua in New Hampshire, I knew that we had made mistakes. Now, how to get back down.

Our adventure started with the best of intentions. Two of my husband's favorite clients died during the winter. Their daughter planned a memorial service on the top of her mother's favorite mountain, Chocorua. We were invited to join family and close friends on the climb and immediately agreed. We are in fairly good shape and we wanted to honor the special couple. Besides, it was a reason to hike in the White Mountains again.

We were a decade older than the next oldest person in the group, but that is no excuse. The hike was rated as moderate, but reviews ranked the summit as challenging.



NANCY WEISS

We arrived in the morning at the trail head to meet the group, with whom we had immediate rapport. I slipped on the trusty backpack I used in the Grand Canyon and southern France, feeling pleased with myself. My husband had a smaller pack and a handful of energy bars. We each had water, bug spray, wipes, cell-phones and ham sandwiches. We were set, we thought.

The trail was very wet. In many places, water ran through it, over it and pooled up in crevices. My trusty hiking boots are excellent on dry surfaces, but nothing is sure on steep, wet granite rock faces. I was toward the front of the group chatting merrily. My husband was at the back with a companionable young man. All seemed fine.

Near the top of the mountain, I was caught in driving, cold rain and wind. The people ahead of me experienced hail. I was alone, wet, without a poncho. I headed back down to find Jim. Soon he slipped and fell hard on his left wrist and side. He got up. We started down as fast as we could, feeling shaken by his fall and realizing that this might not end well.

We took the wrong trail. The signs were weathered. The trail app on my phone didn't work because there was no service. We passed two boys who told us we were on the opposite side of the mountain from where we began. When asked if they would drive us back to our car when we reached the bottom, they said no.

Finally, we met a man who was going in our direction, and he drove us to our car. Our friends were beginning to worry about us. We glossed over what had happened. Once we were alone, we sorted through what we had done wrong and how lucky we were.

I felt disappointed with myself. The older we get, the more we should prepare. We didn't have a map, a compass, ponchos, a flashlight, enough water and snacks, no Mylar blanket, bear bell, first aid kit. We didn't have cash, which might have persuaded the cavalier boys to drive us. We didn't have a plan with our group about what to do in an emergency. We were just fools, and rather old ones too.

The past year and a half has demonstrated our vulnerabilities as a species. We are impatient with restrictions and want just get on with life. Our mountain hike drove home the fleeting nature of competence, the whims of nature, the curse of impatience and the cold breath of age on a hot afternoon.

Letters to the editor may be e-mailed to brendan@villagernewspapers.com
Please include your place of residence and phone number for verification, not publication. Letters must be received by noon on Tuesdays.

Early to mid-career?

Watch for these 2021 tax and financial policy changes



FINANCIAL
FOCUS
.....
JIM ZAHANSKY
INVESTMENT
ADVISER

The last couple of years have been difficult for everyone, but perhaps particularly for those in their early to mid-career years. Impacts from the pandemic on child care, the job market and other economic factors as well as existing challenges like the student loan debt crisis all combined to make the “Plan Well, Invest Well, Live Well” process that we guide our clients through more difficult to achieve.

As a result, congress has enacted a good deal of legislation intended to help you recover from those effects, and more proposed legislation is on the way. Here’s what you should know about changes to tax and financial policies through the end of this year and into next year.

Enacted or proposed changes affecting everyone:

The American Rescue Plan Act (ARPA) raised the earned income credit (EIC) and lowered the age at which individuals can qualify for it. The EIC has been extended to workers under age 25; for 2021, individuals as young as age 19 are eligible. Eligible individuals are also entitled to apply the credit to more earned income and benefit from a higher phaseout level, and the law permanently eliminated the maximum age for eligibility.

The Securing a Strong Retirement Act (often referred to as SECURE 2.0) could mean that your employer will automatically enroll you in a retirement plan, unless you opt out. Although SECURE 2.0 is still only proposed at this point, it is widely expected to be passed in 2021 or 2022 with bipartisan support. The legislation would require employers to automatically enroll eligible employees into a 401(k) or 403(b) retirement plan at a savings rate of 3 percent of their salary, and that rate would automatical-

ly increase by 1% each year until the contribution reaches 10 percent; but employees would be able to opt out or choose to save less or more, up to the annual contribution limits.

If you have health insurance coverage through the ACA:

Your health insurance premiums may be more affordable this year and next year, thanks to premium reductions for ACA plans enacted as part of ARPA provided in the form of premium tax credits.

If you have children:

You could receive a higher child tax credit – but for this year only, and with some important things to note. The child tax credit was increased to \$3,600 per qualifying child under age 6 and \$3,000 per qualifying child ages 6 through 17 for 2021 only. Beginning in July, half the amount of that credit began being paid in advance in monthly installments; the other half will be credited when you file your 2021 taxes. But the credit will revert back to \$2,000 per child under age 17 in 2022, unless extended by legislation. Consider how best to allocate these additional funds so that they can do the most good for you and your children. For example, if you’re already on solid financial ground, consider contributing the additional payments to your child’s college fund.

The child and dependent care tax credit is greater for 2021 as well. The maximum credit is \$4,000 for one child or dependent and \$8,000 for two or more qualifying children/dependents, and it is refundable for some taxpayers.

If you have student loan debt or a child entering or in college:

If you have student loan debt cancelled, it will not be taxed as income from 2021 through 2025 thanks to legislation passed as part of ARPA. The rule allowing up to \$5,250 of student loan payments and other educational assistance provided by an employer to be untaxed has been extended through 2025 as well.

The \$4,000 deduction for tuition and fees goes away this year. However, the phase-out limits for the lifetime learning credit have been increased. The credit is worth up to \$2,000, and the new,

higher phase-out limits are \$160,000 to \$180,000 for married couples filing jointly and \$80,000 to \$90,000 for single filers.

If you’re divorced and have a child entering college in the next few years, take note: the Consolidated Appropriations Act of 2021 changed certain rules regarding who is required to file the Free Application for Federal Student Aid (FAFSA) for a dependent child, beginning with the 2023-24 academic year. Currently, if a student’s parents are divorced, the custodial parent must file the FAFSA. The custodial parent is the parent with whom the child lived the majority of the time during the 12 months previous to the application date – even if that majority is just 50.1% of the time – and the other parent’s income is not considered. So right now, for financial aid purposes it may be beneficial for the child to live with the parent who earns the least for the majority of the year.

However, beginning with the 2023-24 academic year, the custodial parent will be the parent who provides the greater portion of the child’s financial support regardless of where the child lives. In addition, the reference period for that determination will no longer be the 12 months prior to the application date, but the tax year two years prior to the application date. This may negatively affect financial aid eligibility for students who have one parent that earns significantly more than the other. If you’re paying off student loan debt, your employer could soon be allowed to match your payments with payments to your retirement account. If SECURE 2.0 is passed, your employer could be allowed to make matching contributions to your 401(k), 403(b), SIMPLE IRA or 457(b) retirement plan based on what you’re paying on your student loans. Early and mid-career individuals may struggle to save for retirement while still paying off student loan debt, so the proposed legislation seeks to help remedy that through employer assistance.

If you were or are unemployed:

You may receive (or may have already received) a refund from the IRS of taxes paid on 2020 unemployment benefits. Legislation passed last March as part of


the American Rescue Plan Act (ARPA) excludes the first \$10,200 of unemployment benefits from household income for those with an adjusted gross income of less than \$150,000. If you filed your taxes before the law was passed and meet the eligibility requirements, you may be due a refund.

ARPA also extended the additional \$300 of federal unemployment benefits – but those are set to expire after Labor Day, September 6. If you’re currently unemployed, be aware that these additional funds will no longer be available after that date. You should also be sure to have the appropriate amount of taxes deducted from your unemployment checks as well, to avoid owing them all at once at tax time; the \$10,200 exemption noted above was only passed for unemployment benefits received in 2020.

These are just some of the enacted or proposed changes that may affect you. Knowing the latest developments in legislation and tax code is crucial to planning well and investing well so that you can avoid paying unnecessary taxes and make the most of your money. We keep a constant eye on not only the financial markets but also on legislation, so that we can adjust our clients’ financial strategy as necessary as policies change. To see how we can help you to Plan Well, Invest Well, Live Well™ too, visit our website at whzwealth.com or call us at (860) 928-2341.

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Antique, collectibles, and auction news



ANTIQUES,
COLLECTIBLES
& ESTATES

WAYNE
TUISKULA

There’s been plenty of noteworthy antiques, collectibles, and auction news since I last covered the latest news well over a month ago.

Last month, I discussed how prices for some collectibles have exploded recently. The recent sale of a 1996 Super Mario 64 game further highlights this trend. Smithsonian Magazine reports that “Nintendo released ‘Super Mario 64’ as one of the first games for its Nintendo 64 console in 1996.” The games originally sold for about \$60 and Nintendo sold around 12 million copies. According to Smithsonian Magazine, the “‘Super Mario 64’ was the first Mario game to feature three-dimensional environments.” The recently sold unopened game graded a near perfect 9.8 out of 10. It set a video game auction record of \$1.56 million, surpassing the previous record for a

“Legend of Zelda” cartridge that sold for \$870,000 two days prior.

The most prized card in sports collectibles is being auctioned again. T206 Honus Wagner cards were produced between 1909 and 1911 by American Tobacco Company. Forbes reports that the card “is in extremely limited supply and has been setting price records for more than 80 years, most recently in 2016 at \$3.12 million.” Only 60 copies of the Honus Wagner card are known to exist. Some believe Wagner didn’t want his name associated with tobacco out of concern that children would start smoking cigarettes. Others say he simply couldn’t agree on his compensation with the American Tobacco Company. The previous auction record was for a 1952 Mickey Mantle card which sold for \$5.2 million this past January. The bidding for the Wagner card had reached \$4.8 million as of Sunday, August 8th. When the bidding ends on August 15th, there could very well be a new sports card auction record.

Closer to home, a 1919 Picasso, *Le Tricorne*, painting that was recently discovered in a New England closet just sold at auction in Massachusetts. According to MassLive, “*Le Tricorne* is a framed mixed media work of art

on paper that measures 16 by 16 inches.” Picasso designed the maquette (preliminary sketch) while working on his larger work of the same name at the New York Historical Society. The unidentified painting owner said the painting belonged to their great aunt. They said that their great aunt studied in England and their grandmother studied in France in the 1920s. Their uncle owned mills in Maine. The owner said, “they were some of the first women to fly to Asia on a trip to buy silk with their uncle,” according to MassLive. The Picasso and several other paintings had been stored in a closet for over 50 years. The painting sold for \$150,000. Be sure not to brush things over when cleaning out your closets.

Bidding is underway for our online sports memorabilia auction featuring a Babe Ruth and Lou Gehrig signed baseball, Mickey Mantle rookie card, and Tom Brady autographed rookie card. We are currently cataloging a Webster estate auction with Corvettes, vintage boat motors, boats and many other items. We will also soon be finishing the cataloging of another online model railroad and die-cast car auction. Our virtual appraisal day for the Townsend



Historical Society will be on November 13th. Registration is underway for my November 10th “Evaluating your Antiques” class at Bay Path Evening School in Charlton. Please visit our website for more details on upcoming events: <https://centralmassauctions.com>

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com

Why are you the way you are?

I’ve always wondered why people are the way they are. Why is one person happy, and motivated, and why is another depressed, and unmotivated?

There are many factors—genetics, upbringing, and environment. A specific event or a chain of events may have happened to cause a person to be a certain way.

Most of us probably know someone living with addiction. A person with an addiction is unable to abstain from their addiction. It’s their priority, their

POSITIVELY
SPEAKING
.....
TOBY
MOORE

obsession, the primary part of their daily activity. They find it incredibly difficult to stop.

Some addictions are less severe and are debatable as to how harmful they are. A Mormon friend I knew refused to walk into a coffee house with me, “that place is a den of iniquity,” he said!

Maybe he’s right! I’m strung out on coffee all day long!

I remember being surprised to learn that gambling is an addiction. I didn’t understand why. I thought substances like

alcohol, nicotine, drugs, or caffeine cause addictions. It turns out that chronic gamblers are addicted to the rush they feel when they roll the dice. What causes that rush? The simple answer is their brain.

They’ve programmed themselves to become addicted to a neurochemical cocktail that causes them to feel the gamblers rush.

What is a feeling? A feeling is produced by a neurochemical or a blend of neurochemicals called peptides.

What causes the peptides to be produced by the brain? Generally speaking, it’s the thoughts you think. Every thought

produces a peptide or a blend of peptides which cause you to have feelings.

Feelings are the byproduct of a chemical reaction that starts with a single thought.

In the book “Evolve your Brain,” Joe Dispenza says, “Conscious thoughts, repeated often enough, become unconscious thinking.”

Most people meditate on the same thought patterns for so long they program their brain to produce a blend of peptides unconsciously without even thinking about it, these peptides cause them to feel a certain way.

Even when a pattern of thinking causes a person pain, it’s difficult for them to change; oftentimes it’s because they are addicted to their emotions. This is a major reason most people find changing their thought patterns impossibly difficult.

I spent many years taking acting classes. The method of acting I studied taught me that I should never act, instead I should authentically feel what my character is supposed to feel. Rather than pretend to cry, I was taught to find a way to truly cry. It’s not easy for me to cry

RIVERA-ABRAMS
continued from page A8

known as Republicans or even Independent renegades ... they are truly the “Walking Dead.” Their skulls have been hollowed out by a virus worse than Covid!

We all need to learn how to recognize those who promote this irrational behavior. They wrap themselves up in a blanket of issues that are unrelated to the duties of their public office, doing

their best to distract a community’s efforts towards securing a better future for themselves and their families. The disruption caused by these people creates unnecessary chaos, designed to divide and distract us from addressing the difficult tasks ahead.

I’m asking Killingly to stay focused on improving the education of our children, so that they can perform at a higher level than 30 percent in reading and math. An “Alliance” status is not a badge of honor. We need to stay committed to the families who entrust their

children to us. To that end, together with those who share that commitment, we will hold the KPS administration and staff accountable. We will surround ourselves with neighbors from everywhere in Killingly who share this vision and continue to reject the conflict created by those who aim to distract us from our common purpose.

LYDIA RIVERA-ABRAMS
KILLINGLY

Relay for Life celebrates 25 years



Wing It warms up to provide music for the crowd at the Northeastern Connecticut Relay for Life.



The cars of Cindy Burdick Motorsports were on hand to honor their namesake. Cindy Burdick had a long history of commitment to the motorsports world.



Volunteers pose for a photo at Relay for Life.



The traditional luminaries were spread around the Brooklyn Fairgrounds remembering those who have lost their battle with cancer.



Members of the Putnam Regional Interact Club pose for a photo. The group donated time putting out luminaries during the annual Relay.

BROOKLYN – The Northeastern Connecticut Relay for Life has certainly come a long way. In 25 years, the event has evolved from two different Relays in Woodstock and Plainfield to one united event at the Brooklyn Fairgrounds bringing together countless walkers and supporters ever year to help put an end to cancer. The quadranscentennial event returned to an in-person format after going digital in with music, games, raffles, and the traditional celebrations of life embracing the theme of “Relay Around the World.”

The 25th anniversary also honored the many individuals who work hard every year to keep the event going.

Photos Jason Bleau



Deb & Joe Kuhn of Pomfret make a lap around the Relay track.



Cancer survivors enjoy the traditional Survivors Breakfast.



Pinwheel flowers were placed to honor the caregivers who help patients through their battles with cancer.



The Tickled Pink team poses with their largest raffles prize, a full basket of groceries from Stop & Shop. The team walked in honor of Dean Pringle who passed away at the end of July.



The Roxy's Blue Butterflies team gets a little shade at their booth.



Say it in living color!

The world isn't black and white. So, why is your ad?

MOORE

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during a performance, but I've done it a few times on stage, and for the camera. The way I do it is by thinking thoughts that make me cry; sad thoughts, depressing thoughts.

Good actors are living proof that changing your thoughts will change your feelings.

A good question to ask yourself is, “Where have my thoughts led me?” Thoughts are like the steering wheel of a car,

they are steering your destiny. Have your thoughts led you to feel emotions that keep you from the life you really want?

We've been taught from an early age that drug and alcohol addictions will ruin your life; is it possible to be addicted to negative emotions?

It is possible to change; at any age.

Sometimes it helps to think about what you have rather than what you don't have. The glass half full approach!

Instead of allowing your

thoughts to make you feel bad, you can use your thoughts to make you feel good.

Joe Dispenza says “The process of change requires unlearning. It requires breaking the habit of the old self and reinventing a new self.”

When you change the way you think, you become a new person. Jesus called this process “Repentance.”

If you want to change the way you feel, an excellent place to start is by changing the thoughts that you think.

8 activities to keep kids entertained

What parent hasn't heard their child utter the familiar phrase "I'm bored" at some point? Despite a seemingly vast array of toys, electronics and other items at their disposal, children can be quick to sulk and say there's nothing to do. Parents can counter "I'm bored" with these eight boredom-busting activities that are certain to help pass the time in entertaining and sometimes educational

- ways.
1. Craft time: Pick a theme and gather the materials for the project. For example, kids can evoke a trip to the ocean by creating handmade sea creatures. Paint a paper plate and hang brightly colored yarn underneath it to create the "tentacles" of a jellyfish. Kids can use salt dough clay to fashion seashells, sea snails or crustaceans.
 2. Painting: Shaving cream is

a great sensory material that is relatively easy to clean up. Kids can whip up a batch of shaving cream paint and use it to finger paint on a table or even in the bathtub. Simply mix shaving cream with food coloring in a bowl, or use a muffin tin to separate the colors.

3. Build a birdhouse: Birdhouses or bird feeders can be made from scraps of material found around the house.

Scavenge for spare lumber or other supplies in the shed or garage. An adult or older sibling can help cut the wood into pieces. Young children may enjoy painting the house. Wood adhesive or screws can be used to assemble the project.

4. Plan a garden: Kids can help to design a garden the entire family will maintain and even be responsible for a special parcel that's all their own. Gardens can grow food, flowers and more. Add a touch of whimsy with figurines for a fairy garden or even small superhero figures for a spot for boys to tend.
5. Box makeovers: Tissue boxes or cereal boxes can be made into many different creations with paint or construction paper. Use a few craft supplies

like pom-poms or wiggly eyes to turn boxes into "monsters."

6. Boat races: Build a small sailboat for each member of the family. Fill up a long, shallow container and take turns racing the boats by blowing on the sails.
7. Leaf art: Gather leaves and twigs from around the yard and then combine pieces to make them look like various animals.
8. Spray park: Create an at-home spray park with a garden hose and a pool noodle. Poke several small holes into the pool noodle on all sides. Stick a garden hose into the end of the pool noodle and hot-glue a wine cork into the hole at the other end. Turn on the water and let kids run through.

Head off kids' boredom by having plenty of ideas at the ready.

TOURNAMENT

continued from page A1

best outing of the season; Cam's been pretty consistent all year. He's pitched like that every game," said Brayden Akana, who was 3-for-3 with a walk, a run scored and a stolen base. "Cam hasn't lost a game this year. He just pounds the zone every time he gets on the mound. He's my favorite pitcher. He hits his spots and he doesn't throw too many balls in the dirt. It seemed like [the West Hartford batters] were just guessing at the end."

Tri-Town jumped all over West Hartford starting pitcher Dave Cantarella, grabbing that 3-0 first-inning lead as a result of five hits, including three in a row to start the game.

"Coming out and scoring three runs on a good team like [West Hartford] is a big punch in the mouth for them," Barber said. "Then they're trying to come back and we're just trying to hold them."

NCCO

continued from page A1

Fanfare. This rousing tune is familiar to many people as the theme of Public Television's Masterpiece Theater.

In memory of those who died of Covid and in honor of those who survive them, the orchestra played a soulful arrangement of the familiar Ashokan Farewell by composer and fiddler Jay Ungar.

Violinist Michael Geigert of Pomfret played the opening of Ashokan Farewell as a solo and was joined by the rest of the orchestra for a full musical presentation of the theme and variations.

Geigert has been playing violin with NCCO since the string orchestra was founded in 2012. When he is not playing violin, he works as an air quality meteorologist for the Connecticut Department of Environmental Protection. He and his wife, Donna Dufresne, have a "pick your own" blueberry patch in Abington.

The musicians who played in the July concert were: VIOLIN 1 — Saul Ahola, Woodstock; Wesley Eaton, Woodstock; (Concertmaster) Michael Geigert, Pomfret; Melissa Joyal, Pomfret; VIOLIN 2 — Jennifer Owen, Ashford; Joan Taraskiewicz, Willington; (Principal) Brienna Toedt, Columbia; VIOLA — Gale Olsen, Tolland; (Principal) Jane Vercelli, Thompson; CELLO — (Principal) Linda Hilliard,

Hamilton Barnes got things going, hitting a hard shot off the third baseman's glove, the ball rolling into the West Hartford dugout for a ground rule double. Brayden Akana followed with a single to center field, Barnes advancing to third on the play. Barber gave Tri-Town a 2-0 lead, both Barnes and Akana scoring on his single to right field.

With one out L'Heroux singled to left field, Barber moving to second on the hit. Riley O'Brien followed with a fielder's choice to third base, Barber getting tagged out as he raced toward third. L'Heroux took second on the play and then scored to make it 3-0 when the next batter, Mathewson (two hits, RBI) singled to center.

"Getting those three runs in the first inning was big for me, pitching-wise, because it shut them down mentally," said L'Heroux, who added that his fast-ball was working for him all game, while his curveball was working only in certain situations.

Manchester; Sean Sullivan, Vernon; Johanna Wolfe; BASS — Jesse Owen, Ashford

Lomangino, whose primary string instrument is viola, has been music director and conductor of NCCO since 2016. He is a graduate of the University of Connecticut where he received his Bachelor of Arts degree in Music in 2014. In 2016 he earned a Masters of Science in Music Education degree from the University of Bridgeport. He is the elementary strings teacher at Riverside Magnet School in East Hartford.

For the 2021 holiday season, we plan to present on radio and online a musical program we videotaped earlier this summer. The concert, "A Leroy Anderson Christmas," includes perennial favorites Sleigh Ride and Christmas Festival.

Recording during a June heat wave seemed entirely appropriate since the composer wrote Sleigh Ride during an August heat wave in Woodbury, Conn.

On the advice of our orchestra treasurer, retired physician Saul Ahola, we limited participation in the Christmas concert to orchestra musicians who were fully vaccinated and willing to wear masks. Our only audience was videographer Mark Thayer of Pomfret.

The orchestra is non audition-based and welcomes new members. For information, contact Jane Vercelli at janevercelli@gmail.com or call 860-428-4633.

Tri-Town added an insurance run in the top of the sixth inning to push its lead to 4-0. With one out O'Brien reached on an error by West Hartford second baseman Ixael Albino, who couldn't come up with his sharply hit ground ball.

O'Brien then took second when Albino threw wildly to first on the play, the ball getting past West Hartford first baseman Joe Dooley. O'Brien went to third on a single by Mathewson and then scored on a second error by Dooley.

Tri-Town's time in the state tournament was short-lived, unfortunately, Bristol Post 2 ending the team's run the following night, Wednesday, Aug 4, with a 2-1 loss at historic Muzzy Field. Tri-Town, which finished the season 14-12, out-hit Bristol in the game, 8-3.

Tri-Town looked as if it was again going to enjoy some first-inning run production, loading the bases with no outs on a single by Barnes, a walk to Akana and a single by Barber. On Barber's single Barnes was sent home by coach Akana and thrown out at the plate. Akana advanced to third on the throw home and Barber attempted to advance to second base, but was caught in a rundown and thrown out. Jack Merrill struck out to end the threat.

Bristol scored single runs in the first

CONCERT

continued from page A1

"As we all continue to struggle with the effects of the COVID-19 pandemic, it is more important than ever to start conversations in our communities and homes about mental health, depression and suicide," said United Services President/CEO Diane L. Manning. "Particle Accelerator and United Services are here to help."

Performers Saturday included: synerGy, Kala Farnham, Llama Tsunami, ilyAIMY, Elaine Drive, Infinite Groove, OK and the Night Crew and more.

"When I'm up there announcing bands, I look out into the crowd and I see hope, happiness and

folks putting their differences aside to have a little fun, if only for a few minutes," said event co-founder Eric Gould. "It's an honor to help make that happen and I can't thank all of these artists that donate their time and talent every year enough, nor can I thank organizers, volunteers and fans enough. I love every single one of you from the bottom if my heart."

The second event goal is to provide information and support for depression and suicide prevention, while promoting music and civic engagement as a healthy alternative to drug and alcohol abuse among young adults.

According to the Centers for Disease Control and Prevention,

suicide was the 10th leading cause of death for Americans in 2020, with 47,511 suicides reported.

Saturday brought large crowds to the park, where residents could also learn about local mental health and other social service resources from United Services, the Windham County chapter for the National Alliance on Mental Illness (NAMI), the Norwich Vet Center and Supporting and Engaging Resources for Action and Change (SERAC).

Particle Accelerator's Wall of Angels, a moving tribute to friends and family members lost to suicide, honored more than 280 people this year with photos on the wall and the lighting of luminaria at dusk.

LEGALS

TOWN OF WOODSTOCK

The Planning & Zoning Commission has scheduled a Public Hearing for Thursday, August 26, 2021, at 7:45 p.m. to be held at the Woodstock Town Office, 415 Route 169, Lower level, Meeting Room 1, to amend the Woodstock Zoning Regulations to: 1) establish a temporary moratorium on cannabis establishments; 2) amend Section IV.B.2.iii and C.3.i. in accordance with PA-21-29 concerning accessory apartments.

August 13, 2021

August 20, 2021

Town of Thompson Board of Assessment Appeals LEGAL NOTICE

Citizens of Thompson are hereby informed that the Board of Assessment Appeals for the Town of Thompson will hold its sessions on the following dates: September 9th 2021 6:00 – 8:00 pm, 2nd Floor Town Hall
September 14th , 2021 6:00 – 8:00 pm, 2nd Floor Town Hall
September 21st, 2021 6:00 – 8:00 pm 2nd Floor Town Hall
Such sessions are held solely for appeals on Motor Vehicles.

The appeal forms are available on the Town of Thompson's web site under the Assessor's office. If you need a form mailed, please call the Assessor's office at 860-923-2259.

Sessions will be held in the Assessor's Office, 2nd floor at the Town Hall located at 815 Riverside Drive, North Grosvenordale, CT.

Notice given of sessions to conform to Section 12-110 of the General Statutes of the State of Connecticut.

Board of Assessment Appeals

Erica Groh – Chairman

Daniel Santerre

James Clark

August 13, 2021

TOWN OF THOMPSON

On July 26, 2021 the following wetlands agent approval was issued: Application # WAA21020 approved with conditions, Shaun Gray, 118 New Road (Assessor's Map 154, Block 5, Lot 10B) - Construction of a new dingle family home with driveway, septic & well in the 100-foot upland review area.

Marla Butts, Wetlands Agent

August 13, 2021

TOWN OF THOMPSON PLANNING AND ZONING COMMISSION LEGAL NOTICE

The Thompson Planning and Zoning Commission will hold a Public Hearing on Monday, August 23, 2021 at 7:00 PM in the Merrill Seney Community Room in the Thompson Town Hall, 815 Riverside Drive, North Grosvenordale, CT on the following applications.

PZC Application #21-22 Town of Thompson Planning and Zoning Commission, 815 Riverside Drive, requesting a zone change from the Town of Thompson Amended Zoning Regulations, effective September 15, 2020, Zoning District from Rural Residential Agricultural to Downtown Mill Rehabilitation District. Purpose of change to create development potential consistency with intent of Downtown Mill Rehabilitation District.

PZC Application #21-23 Town of Thompson Planning and Zoning Commission, 815 Riverside Drive, Amendments to the Town of Thompson Amended (effective date June 21, 2021) Zoning Regulations.

PZC Application #21-24 Strategic Commercial Realty, Inc. DBA Rawson Materials, 0 West Thompson Road, Map 65, Block 101, Lots 9 and 9A requesting a zone change from from RRAD to BDD.

File may be reviewed on line, Town of

Thompson website, Planning and Zoning Commission. Written communication will be accepted prior to the meeting

Respectfully submitted,

Joseph Parodi-Brown, Chairman

August 13, 2021

August 20, 2021

State of Connecticut COURT OF PROBATE Northeast Regional Children's Probate Court DISTRICT NO. PD59 NOTICE OF HEARING TERMINATION OF PARENTAL RIGHTS NOTICE TO

Benjamin Bowen, whose last known residence was in the town of Pomfret, CT,

Pursuant to an order of Hon. Leah P. Schad, Judge, a hearing will be held at Northeast Regional Children's Probate Court, 508 Pomfret Street, P.O. Box 471, Putnam, CT 06260 on September 2, 2021 at 12:00 PM, on a petition for Termination of Parental Rights concerning **Nala B.** a minor child born to **Lauren Chagnon** on July 19, 2017at Warwick RI. The court's decision will affect your interest, if any, as in the petition on file more fully appears.

RIGHT TO COUNSEL: If the above named person wishes to have an attorney, but is unable to pay for one, the Court will provide an attorney upon proof of inability to pay. Any such request should be made immediately by contacting the court office where the hearing is to be held.

By Order of the Court

Mona Fournier,

Clerk

August 13, 2021

NOTICE TO CREDITORS

ESTATE OF Scott Donohue (21-00217) The Hon. Leah P. Schad, Judge of the

Court of Probate, District of Northeast Probate Court, by decree dated August 3, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:

Julie Donohue, a/k/a Julie Rybacki, 1195 Route 197, Woodstock, CT 06281

August 13, 2021

TOWN OF WOODSTOCK

At the August 2, 2021 regular meeting of the Inland Wetlands & Watercourses Agency, the following applications were approved: **06-21-05** Ryan Sansoucy -72 Indian Spring Road – adding beach sand; **08-21-07** D.H Copeland Builders- 29 Loyola Rd- new house with activities within the UPA, agent sign off; **07-21-08** Ryan Sansoucy -178 Dugg Hill Rd- removal of trees in the UPA. Chair Mark Parker

August 13, 2021

NOTICE TO CREDITORS

ESTATE OF Richard L Gebhardt (21-00270) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated August 3, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:

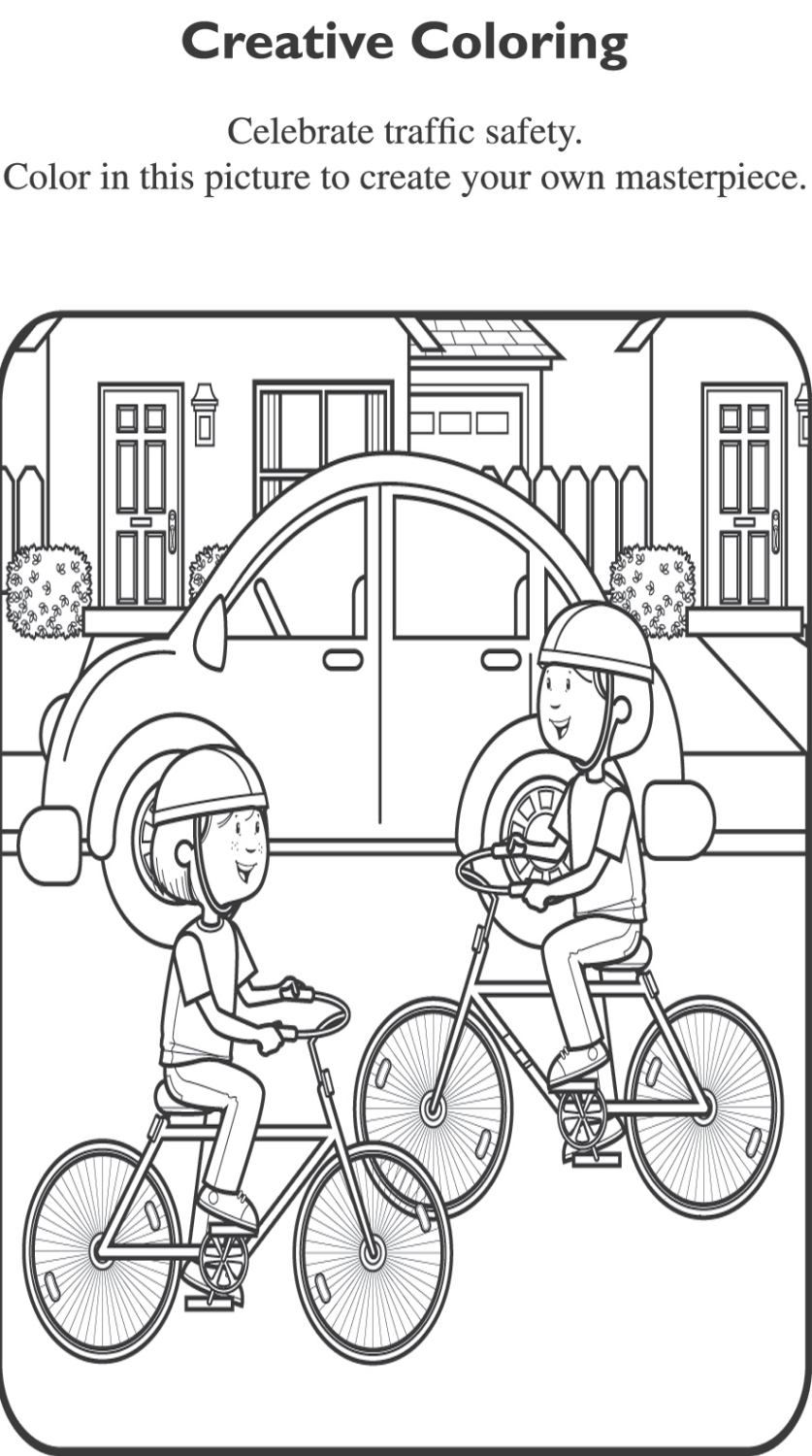
Marion H Gebhardt, 102 Snow Rd., West Brookfield, MA 01585 Attorney: WILLIAM H ST ONGE, ST ONGE & BROUILLARD 50 ROUTE 171, WOODSTOCK, CT 06281

August 13, 2021



THIS AFRICAN COUNTRY HAS THE MOST TRAFFIC ACCIDENTS OF ANY IN THE WORLD, WITH 73.4 ACCIDENTS PER 100,000 PEOPLE.

ANSWER: LIBYA



THIS DAY IN...

HISTORY

- 1821: MISSOURI BECOMES THE 24TH STATE.
- 1846: THE SMITHSONIAN INSTITUTION IS CHARTERED BY THE U.S. CONGRESS AFTER A POSTHUMOUS DONATION FROM BRITISH SCIENTIST JAMES SMITHSON.
- 1993: RUTH BADER GINSBURG IS SWORN IN AS THE SECOND FEMALE U.S. SUPREME COURT JUSTICE.

New Word

YIELD

give way to another vehicle while driving

How they SAY that in...

ENGLISH: Traffic

SPANISH: Tráfico

ITALIAN: Traffico

FRENCH: Trafic

GERMAN: Verkehr

Did You Know?

CERTAIN DRIVING LAWS CAN DIFFER FROM STATE TO STATE OR PROVINCE AND TERRITORY.

BEFORE TRAVELING, EXPERIENCED DRIVERS LEARN LOCAL SAFETY LAWS.

GET THE PICTURE?

Can you guess what the bigger picture is?

ANSWER: TRAFFIC SIGNAL

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to learning. Each number corresponds to a letter. (Hint: 1 = E)

A. 1 6 17 23 19 25 1
Clue: Provide instruction

B. 21 1 13 13 15 11
Clue: Period of learning

C. 6 1 5 3 1 1
Clue: Academic rank

D. 25 1 19 23 2 1 3
Clue: One who instructs

Answers: A. educate B. lesson C. degree D. teacher

SUDOKU

		7		6	3		2
		2				6	
	8	9				1	
			1			3	
	3	8		6	9		2
	6			5			
	5			2			
				3			4
		3		9	5	2	

Level: Advanced

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	9	3	4	9	5	2	8	6
4	5	1	3	7	8	6	2	9
3	7	9	1	2	6	4	5	8
9	4	7	8	5	3	1	6	2
1	2	5	6	7	8	3	4	9
8	3	6	5	2	1	4	9	7
7	8	3	4	6	9	5	2	1
9	6	8	5	3	2	4	1	7
5	1	2	9	4	7	8	6	3

ANSWER:



RENEWAL
by **ANDERSEN**
FULL-SERVICE WINDOW & DOOR REPLACEMENT

AUGUST

is National Replacement Window Month at Renewal by Andersen*

Why did we declare August **National Replacement Window Month**? Because even though the summer is hot, that doesn't mean you have to live with the heat inside your home, too. Replacing just a few windows or a door now can help make your home cooler during the summer—and warmer in the winter.

Call before August 31st!

Get
\$270
OFF
every window¹

Get
\$780
OFF
every door¹

plus

with

\$0
Down

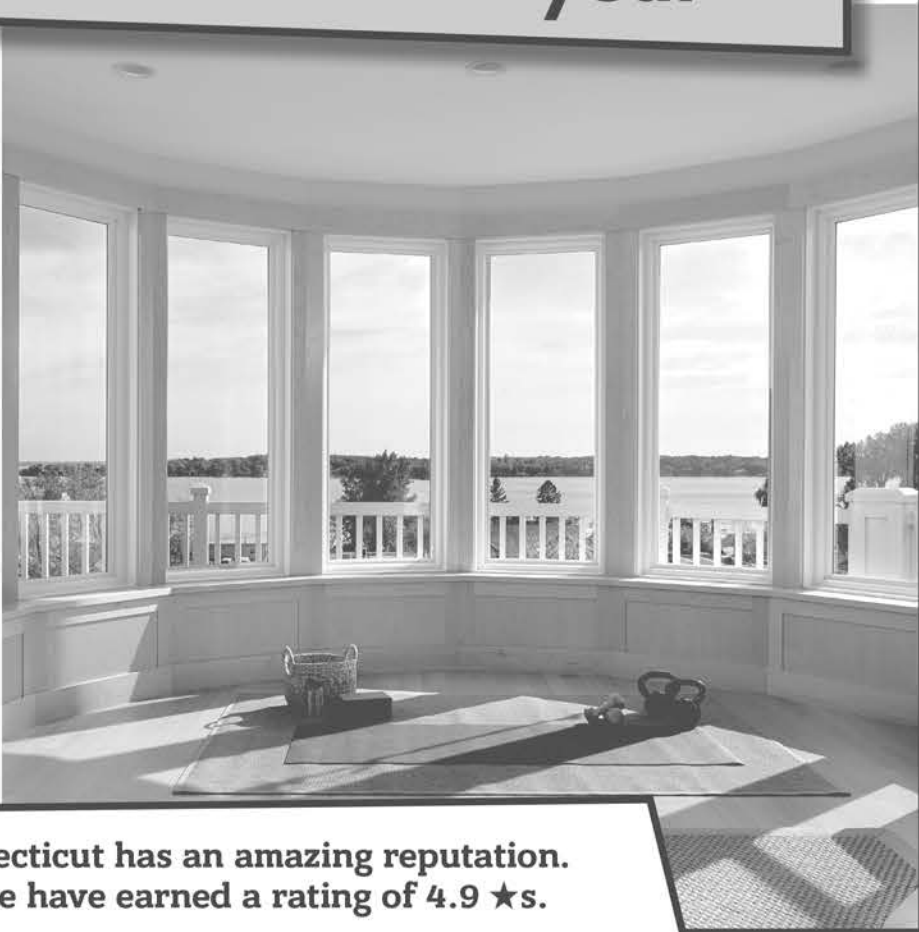
0
Payments

0%
Interest
for 1
year¹

Save an EXTRA 5%
on your entire order¹

Why Renewal by Andersen?

- Renewal by Andersen is the full-service replacement window division of Andersen, a 118-year-old family-owned company with a **reputation for excellence in window and door craftsmanship.**
- **Our exclusive composite Fibrex® windows** are not only beautiful, they're remarkably strong, offer superior energy efficiency and require minimal maintenance.**
- Our factory-trained **Certified Master Installers** have years of experience installing **only windows and doors**, and they'll treat you and your home with the utmost respect.



Renewal by Andersen of Connecticut has an amazing reputation. With 1,376 Google reviews, we have earned a rating of 4.9 ★s.



“

Customer Review ★★★★★

I've had a lot of work done in my home over the years but have never met such caring people as those who work for Renewal by Andersen. Everyone acted professionally throughout the process and never missed anything on the installation. The supervisor kept me informed and was as nice to me as he was to his crew. I highly recommend Renewal by Andersen windows. The windows are the best that I've ever seen.

– Michael S., Madison, CT

”



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INSTALLER

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Harvest and enjoy mint from the garden



Photo Melinda Myers

Fresh-from-the-garden mint is easy to grow and adds a cool, fresh flavor to meals, beverages and desserts.



GARDEN MOMENTS

MELINDA MYERS

Add a bit of cool flavor to your beverages, meals and desserts this summer with homegrown mint. Try using peppermint leaves in fruit cocktails and ice cream. Add spearmint to your tea or use the leaves to season lamb and jelly. Or try chocolate mint for a unique, sweet and refreshing flavor in desserts and drinks.

Mint is easy to grow and suited to container gardens. In fact, growing it in a pot will help keep this vigorous herb contained. Or sink a container of mint in the garden or plant where surrounding walks and walls will keep it in check. Keep a watchful eye and remove any unwanted plants as they appear.

Grow mint in a full sun to partial shade location with moist, well-drained soil. Mulch the soil to conserve moisture. Though hardy in zones 3 to 11, you will need to provide a bit of winter protection when growing mint in containers in colder regions. Either sink the container in a vacant spot in the garden or move the planter into an unheated garage. Water thoroughly whenever the soil is thawed and dry.

Gardeners lacking outdoor growing space or in areas with cold winters can also grow this herb indoors. Grow mint in a quality well-drained potting mix. Place in a sunny window or under artificial lights and keep the soil evenly moist.

Harvest the mint leaves as needed. Cut leafy stems off the plant just above a healthy leaf or bud so the wound

closes faster and the remaining plant will look better. Rinse off the clippings and remove tough stems and bad leaves before adding mint to your favorite beverage or dish.

You'll enjoy the most intense flavor when harvesting mint just before the plants begin to flower. This is the best time to make larger harvests for drying and freezing. Fortunately, you can remove up to 75% of foliage from an established plant. Watch for fresh, new growth and continue to harvest as needed.

Store any extra mint cuttings in a vase of water; loosely cover with a plastic bag and place in the refrigerator.

Consider including mint in your patio, balcony or deck plantings. Keeping it close to the kitchen and outdoor living space will make it easy for you to harvest and use. Plus, your guests will enjoy plucking a few fresh mint leaves to add to their iced tea, mojito, other favorite summer beverage or salad.

Not only does this easy-to-grow herb add flavor, but it also aids digestion. Add a garnish of mint to dress up the dessert plate and calm a queasy stomach. And use it to increase the manganese, vitamin C and vitamin A levels in your diet.

Make this the year you plant, harvest and enjoy some minty fresh flavor straight from the garden.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the nationally-syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her web site is www.MelindaMyers.com.

Tips before deciding to do a DIY demolition

Home improvement projects can range from relatively inexpensive undertakings to complex endeavors that cost homeowners thousands of dollars. In an effort to make expensive projects more affordable, homeowners may look for ways to pitch in, and do-it-yourself demolition is a common way to cut costs.

Due to geographical fluctuations in price as well as the scale of a project, it's hard to pinpoint just how much homeowners can save by doing demolition work themselves. HomeAdvisor estimates that the average small interior demolition project costs just over \$3,000, though more significant demolition projects can cost considerably more than that. Given the cost, it's no surprise that so many homeowners volunteer to do demolition on their own. Though it's possible to do so safely, homeowners can take steps to determine if it's in their best interest to take on a DIY demolition or leave it to the professionals.

- Conduct a cost analysis. Demolition projects seem simple, but they often require the use of equipment most homeowners don't have on hand. Rentals can be considered in such instances, but the cost of renting equipment can reduce the amount of money homeowners are saving by going it alone. For example, homeowners may be able to pull up vinyl or tile flooring on their own, but not all floors are installed the same. Some floors may have been glued more effectively than others, making it hard and/or time-consuming to pull


them up by hand. A walk-behind floor scraper can make it easier to remove such floors, but that equipment must be rented. A cost analysis comparing the contractors' demolition cost estimate and the cost of DIY, complete with equipment rental projections, can give a more accurate picture of how much money homeowners will save by going it alone. If the savings of DIY are negligible, homeowners should probably let the contractor handle the demo.

- Speak with your contractor. Prior to saying they'll do the demo work on their own, homeowners should speak with their contractors to get an accurate idea of what the project will entail. Demolition projects may seem simple enough, but contractors can illustrate the correct way to do things so as to minimize potentially costly damage. Some contractors may offer to help homeowners start the demo project and then leave them to their own devices once they get a knack for what to do. Once homeowners see what it will take, they can then decide if DIY is best for them.

- Enlist help. No DIY demo should ever be done alone. The risk for accident and injury is simply too great for homeowners to go it alone. Homeowners who can't enlist some volunteers to pitch in should leave the job to the professionals.

DIY demolition can save homeowners a lot of money. But such projects are not necessarily as simple as they seem. Homeowners should take steps to see exactly what they're getting into before they volunteer to take on demo duty.





**To Heal, To Respect,
To Console**

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(Some departments include working 72 hours and getting paid for 80 hours)


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Pediatric Acute	Labor & Delivery

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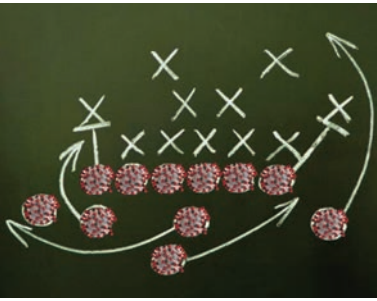


Let's win this.



Stay in the game. Get Vaccinated.

COVID-19 has been a game-changer.



To beat it, we must be on the same team. Let's not get out-played again this season. If eligible, get vaccinated as soon as you can by your doctor, pharmacist, or at any of these NDDH community clinics.

Northeast District Department of Health


COVID-19 Vaccine Clinic Schedule

Tuesdays 10:00-2:00 & Wednesdays 2:00-6:00
NDDH Office, 69 South Main Street, Brooklyn
and at these convenient dates, times, and places:

Sat 8/14	9-11 am	Eastford Public Library, 179 Eastford Road, Eastford
Sat 8/14	1-3 pm	Most Holy Trinity Church, 568 Pomfret Street, Pomfret
Tue 8/17	4-6 pm	Moriah Lodge #15, 220 Providence Road, Brooklyn
Wed 8/18	3-5 pm	Interfaith Human Services at WINY Radio, 45 Pomfret St., Putnam
Thurs 8/19	5-7 pm	Killingly Bike Night at Westfield Church, 210 Main Street, Danielson
Fri 8/20	2:30-4:30 pm	Thompson Public Library, 934 Riverside Drive, N. Grozvenordale
Sat 8/21	9 am-12 pm	Old Home Day in Union, 18 Kinney Hollow Road, Union
Tues 8/24	3-5 pm	Oneco United Methodist Church, 1128 Plainfield Pike, Oneco
Thurs 8/26	4-7 pm	Brooklyn Fair, 15 Fairgrounds Road, Brooklyn
Fri & Sat 8/27-28	3-7 pm	Brooklyn Fair, 15 Fairgrounds Road, Brooklyn
Sun 8/29	3-6 pm	Brooklyn Fair, 15 Fairgrounds Road, Brooklyn
Tues 8/31	9:30 -12:00	Pomfret School Fieldhouse, 19 Mallory Street, Pomfret

Vaccines offered at all locations:
PFIZER (Ages 12+) two-dose series
(Minors must be accompanied by a parent or legal guardian)
JOHNSON & JOHNSON (Ages 18+) one-dose (one & done!)

Walk ins welcome • FREE to ALL
No appointment, no insurance needed



This message is grant-funded by the CT Department of Public Health