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Friday, October 2, 2020

Newsstand: 75 cents

# Overlook earns top marks from Centers for Medicare & Medicaid **Services**

CHARLTON — In 2007, Centers for Medicare and Medicaid Services (CMS) introduced a program to rate the quality of care and services provided by nursing homes throughout the country.

A nursing home's overall quality rating, as recorded on the CMS Nursing Home Compare website, is based on 3 critical ratings:

1) Health care inspections

2) Quality of resident care measures

In its newest set of ratings published in August, the esteemed Centers for Medicare & Medicaid Services issued the Overlook Health and Rehabilitation Center a maximum five out of five stars-for its overall rating, placing it among the top 10 percent of best nursing homes in the country.

In addition to its overall rating of five stars, Overlook Health and Rehabilitation Center earned five-star ratings for both its staffing and quality of resident care

The five-star rating is a seal of excellence from CMS, underscoring the high quality of health care and service standards delivered within The Overlook Continuing Care Retirement Community. As well, the rating serves as a valuable tool for consumers when seeking the best of the best in nursing home care.

Tameryn Campbell, President & CEO of Masonic Health System of Massachusetts and the first-ever female leader of the senior living organization, noted, "We are honored to achieve this notable accomplishment from CMS. It lets us know we are fulfilling our mission and vision of providing superior person-centered car—and providing it with passion.

"I am especially proud of the five-star ratings for staffing and quality measures," Campbell added. "Our team members deserve that distinction, as they work incredibly hard—especially with the COVID-19 challenges confronting our industry, nation and world."

Campbell, who joined The Overlook in 2014, has earheaded a transformation of the organization on all levels, leading to its financial stability and desirability among seniors in the region. The turnaround also earned her recognition from the Worcester Business Journal—on an elite list of 2019 outstanding women in business.

The new CMS ratings include data for more than 15,000 senior care providers participating in Medicare, Medicaid or both. Overlook Masonic Health Center is one of 102 providers in Massachusetts to receive a fivestar overall rating.

# Nichols debuting new competency-based program

**BY JASON BLEAU CORRESPONDENT** 

DUDLEY - Nichols College has launched a new program geared towards offering a new pathway towards a Bachelor's degree for non-traditional students at the Dudley school.

Called the Competency-based Education (CBE) Program, the new offering is meant to be a flexible and independent pathway towards a degree for students who have chosen to pursue their college education either years after high school or as a part-time student which is defined as "nontraditional." The program will assess the mastery of subjects by examining knowledge, skills and abilities rather than being based on classroom time.

"With the degree requirement for more jobs growing, and the attainment rate for adults lagging, the need for Competency-based Education has never been more critical," said Kerry Calnan, Vice President for Innovation and Institutional Effectiveness at Nichols College in a press release on Sept. 21. "Nichols is committed to providing this alternative and viable path-

way to help today's professionals achieve their goals." The new program will include seven-week terms, two courses at a time allowing students to take classes at their own pace. Students will be allowed to add new courses before the end of the term if they finish a course ahead of time. All courses will be structures for online learning with an annual subscription fee regardless of how many courses students take during the year. Students who complete the program will be awarded a a Bachelor of Science in Business Administration with a management concentration attached.

Candidates for this new program must carry a minimum of 24 college credits into the program. Academic advisors will also be made available for students. Interested potential students can learn more about the program by visiting http://pages. nichols.edu/cbe/.

## Local Boy Scout holds food drive

BY JASON BLEAU CORRESPONDENT

CHARLTON - Many Boy Scouts construction projects, nature initiatives or similar endeavors for their Eagle Scout projects but one local scout decided to take the opportunity to help those in need by organizing a food drive for his project in 2020.

Cameron Bodamer, a member of Charlton Boy Scout Troop #338, organized a successful food drive at Big Bunny Market on Sept. 19 and 20 collecting nearly 2,000 pounds of food to benefit the Southbridge Food Share who serve the towns of Charlton, Southbridge Sturbridge among other communities. Bodamer said he was inspired to hold the drive for his project when he sought to do something with a larger impact than a traditional construction project and thought a food collection during a difficult economic time and pandemic would serve the greatest need.

'I always wanted to give back to the community and just building a shed or something like that wouldn't really give as much over a longer period of time. The Southbridge Food Share helps the community I live in as well as others like Southbridge and Sturbridge," Bodamer said. "Big Bunny Market were very accommodating. We went in with a goal of 500 pounds and we tripled that to over 1,800 pounds."

Big Bunny Market



was the only store that allowed Bodamer to set up for a collection as many businesses are adhering to strict COVID-19 restrictions. Bodamer said he received plenty of help from his fellow scouts who all filled bags from their own neighborhoods or volunteered their time to hand out fliers and work the collection site during the two-day drive. It took three vehicles to transport the food which is expected to provide for hundreds of families

throughout the region. Bodamer hopes to see others donate their time and efforts to help local food banks especially as the pandemic continues to impact peoples' livelihoods and income.

"Especially COVID, a lot of people are in need of food and other resources that are hard to get in these times. Even if you are fortunate and have everything, other people might not. Right now, it's important to give back and I'm thankful for all the support this project received," said Bodamer

## Apples, oxen, and Autumn harvest activities in store at Old Sturbridge Village



**STURBRIDGE** 

Visitors are in for a whole host of fun activities when they visit Old Sturbridge Village (OSV) this fall, with four themed weekends celebrating apples, farming trade and the autumn harvest. With a working farm and an ox-powered Cider Mill on-site, guests to OSV will get a firsthand look at the process of bringing food in from field-to-table and harvesting practices of the early 19th century.

"The positive numbers of visitors to the Village over the past few months has assured us that families are excited to create memories and experience the great outdoors," says

Jim Donahue, President & CEO of Old Sturbridge Village. "With these fall programs and activities, we are working every day to ensure that we provide fun and enriching opportunities in a safe and comforting environment for all ages."

Apple Outings: Sept. 26-27 and Oct. 3-4

One of the most popular items of the fall harvest is apples, but varieties were different in the 19th-century from what we commonly see today. Guests can learn about the "winter banana," "granniwinkle," "hagloe crab," and "blue permain" apples, among others, and witness the pro-

cess of squeezing apples

into cider - a more robust and fermented drink than the sweet cider we think of today. Throughout the day during Apple Outings weekends, OSV interpreters will be cooking and preserving apples from the harvest and operating the ox-powered Cider

Oxen, Fields, and Farmers: October 10-12

Guest oxen will be visiting the Village during the holiday weekend, available for meet and greets. Visitors can learn about plowing and field preparation while at OSV, and meet the Village's other animals - sheep, cattle, pigs, and chickens who live on-site. Tradesmen will be working through-

out the weekend in the blacksmith shop, potters' shop and more, and the horse-drawn wagon will be running to take visitors around the scenic campus to see the gorgeous fall foliage.

Autumn Harvest Weekend: Oct. 17-18

In the last of the Village's themed fall weekends, visitors are invited to celebrate the autumn harvest! Costumed interpreters will be busy at work preserving the harvest, prepping apples, pota-toes, carrots, beets and more for storage and cooking, shelling corn and beans, and putting the gardens to bed for winter. It's a sight to see with the whole Village busy at work! Farm animals, demonstrations led by artisan crafters, and horse-drawn wagon rides will also be offered during Autumn Harvest Weekend.

NEW this year, the Village is hosting a Virtual Home Gardener's Exhibit to help guests celebrate the fall harvest from near and far. Those who enter the exhibit can present what they've been growing in their gardens throughout the year, showcased during a digital display of entries

Turn To OSV page A13



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## "It's the way Nature knows"

SPEAKER URGES CHANGES TO FARMING TO PROTECT CLIMATE

BY GUS STEEVES CORRESPONDENT

REGION — "We need a more indigenous relationship of honoring Earth," said psychologist and former Rodale Institute CEO Tim LaSalle. "... We can enhance everybody's livelihood, including the non-humans on this planet."

To LaSalle, that major worldview change would anchor a broader way to address what he termed the "sort of desperation" many people have regarding environmental concerns. In brief, he sees a need to balance understanding the psychology of how we got where we are with changing how we get food to address "two existential crises" - soil fertility loss and climate change.

'We need a whole-systems approach," he observed. "... We have to go to some of the core elements and find the leverage points to change it.

He was speaking recently on "Regenerative Agriculture: Cure for an Ailing World." The basic principle behind regenerative agriculture is that restoring soil fertility and thereby improving crop yields does not require more and better chemicals, but working with the living things that are already there. Instead of fertilizers, it calls for allowing grazing animals to leave manure, letting leaves and clippings stay on the soil, and allowing the native soil fungi, microbes and small organisms to thrive. When that happens, plants are healthier and can fend off pests without pesticides.

Those pests, he later observed, are naturally a minority: "There are thousands of beneficial insects for every one

LaSalle noted regenerative methods work quickly, rebuilding soils over less than a lifetime that would otherwise take around 1,000 years per inch. In gardens, using a system called a JohnsonSu bioreactor (the plans for which are available at the www.csuchico.edu website and can be built in a basket) can restore soil fungi in around one year if kept fairly warm. After that, it only needs to be applied to the garden once or twice to inoculate the soil. What he termed symbiotic systems of plants, animals and fungi sequester carbon at a rate that's "a magnitude higher than what current science says is possible."

"It doesn't take long to bring life back" to the soil doing such things, he noted. "... It's the way Nature knows."

Event host Adam Sacks noted there's been "a good exponential curve" in public interest in regenerative agricultural practices. While that's "an extraordinary paradigm shift," it's still notably a minority in terms of farming acreage.

To him, climate is not a technological problem, but a "biological problem." Working with the animals and plants helps biodiversity recover - "all kinds of things start coming back."

LaSalle agreed, noting that promoting the change requires reaching out to farmers who may be "climate deniers." Instead of selling it to them that way, he advocated providing evidence the change would save them money (especially on chemicals), give them healthier plants and cleaner water and better profits. Furthermore, he added, recent trials using no or far less fertilizer with regenerative methods grew the same quality of corn at lower cost than chemical-heavy methods.

As an example, he pointed to an Australian regenerative farmer who has been able to double his crop yield while also buying up acreage from nearby failing traditional farmers.

At a large scale, though, getting there requires fixing the fact that, as we've become more urbanized, we've increasingly lived in "concrete canyons lacking a real relationship with Nature,"

he said. Computerized culture, even in farming itself, accelerates that.

In many respects, what we see has been driven by the misuse of psychology by Madison Avenue. He noted advertisers latched onto the ideas of Freud to manipulate the public or their own profit, but some of it can be reversed.

Companies know "to have a business 20 years from now, they have to gte a handle on climate change," he said. A key part of that is turning agriculture back into a "carbon-capture system," when it now is not, and recognizing that all energy sources are sunlight-based.

That's a reference to the fact fossil fuels are concentrated plant life of 60 million years ago, solar is current sunlight, wind is the motion of air driven by solar heat, and even nuclear power comes from atoms produced at the cores of ancient stars. Most current systems pump carbon into the atmosphere at some stage of their process, and even hydroponics won't help reduce CO2, LaSalle noted. Although hydroponics don't have the contaminants of standard agriculture, he's not sure how their crops compare to regenerative ones nutritionally, and would like to see it studied.

When asked about organic farming, he observed those soils "can be as dead or nearly as dead" as conventional farms because of tillage, which breaks up the soil communities.

"Who needs to profit from this? Earth needs to profit from what we do." LaSalle asked rhetorically, adding our present culture "has been destructive of what produces life on this planet.'

LaSalle's talk was the most recent of WGBH's "Life Saves the Planet" series presented by Biodiversity for a Living Climate (www.bio4climate.org).

Gus Steeves can be reached at gus. steeves2@gmail.com.



#### ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

#### Local student named to Dean's List at Northern Vermont University

LYNDONVILLE, Vt. — Vanessa Symonick of Auburn was named to the Dean's List for the spring 2020 semester at Northern Vermont University. Students who achieve between a 3.50 and 3.99 semester average are placed on the Dean's List.

Northern Vermont University is a two-campus institution of higher education with campuses in Johnson and Lyndonville, Vermont as well as an online division that combines the best of our campuses' nationally recognized liberal arts and professional programs. At Northern Vermont University, our goal is to guide curious, motivated, and engaged students on their paths to success and their places in the world. Learn more at Northern Vermont.edu.

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Dowd to serve as interim Police Chief individual. It was much more of a pro-

Graham Maxfield will be sorely missed and credited the chief with bringing the department to "professional standards" and setting the department up for a promising future.

CHARLTON - With the recent announcement that Charlton Police Chief Graham Maxfield would retire effective Oct. 1, Town Administrator Andrew Golas confirms that an interim chief has been named and that the town is currently in a waiting period to determine exactly how they will hire a new leader for the department.

BY JASON BLEAU

CORRESPONDENT

Charlton Police Lt. Daniel Dowd was named the interim chief as he is the second in command for the department and would naturally fill the post in the chief's absence. However, the permanent replacement for Chief Maxfield may be a few months away. Town Administrator Golas said that following a vote last year removing the chief position from civil service the town is awaiting confirmation of a bill on the state level to allow the Board of Selectmen the power to determine their own pick for a new hire.

"Last year, the town voted to takes the chief position out of civil service. The civil service process essentially mandates that the town conduct an assessment type test to evaluate candidates

that are interested in the position and choose the person who scores the highest on that assessment. There is really not a lot of flexibility with that process and it forces the town to choose the individual that just scores the highest on the test," Golas explained. "The town's move last year was to petition the legislature to allow the town to basically fill the chief vacancy in any manner the Board of Selectmen deems appropriate."

The bill still needs to pass the House and be signed by the governor, but recently received approval from the Senate. Golas said the town is waiting to receive approval to begin its search for a new chief. For now, the selectmen and Golas feel comfortable with Dowd in the lead role. Golas confirmed that selectmen plan to hire from within the department when the time comes

"The other process that was in place would have basically forced us to hold the test for anybody who was interested and if the person who scored the highest was someone the Board of Selectmen didn't want in the position they would have had to have an allowable reason as to why they weren't appointing that cess that was very antiquated, and the town wasn't interested in following anymore," said Golas.

The Town Administrator said Chief

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## \*\* Friday's Child \*\* \*\*



Gianna Age 13

Hi! My name is Gianna and I am up for adventures!

Gianna is an outgoing and friendly girl of African American and Caucasian descent. Though she is quiet when she first meets people, she is sweet, friendly and funny with a great sense of humor! Gianna is very interested in gymnastics, running and walking 5K's, and cheerleading. Gianna's social worker describes her as a resilient child who is very determined and kind hearted.

Gianna has attended weekend sleep away retreats with her sister through the sibling connections programs on a few occasions and has enjoyed this opportunity. Any opportunity to spend time with her sister is enjoyed and anticipated greatly by Gianna. She is supported by an IEP in school and has developed some very close relationships with her support staff there. She has begun to

take great pride in her work and earned honor roll all of the past academic year. Gianna works hard in school and truly appreciates the positive feedback and recognition that she receives as a result.

Legally freed for adoption, Gianna would do best in a single-female-parent or two-female-parent home where she is the youngest or only child. She will need continued contact with her younger sister who is placed separately. Gianna loves animals and learning about how to care for them and would love to have a pet. In a future home, Gianna hopes to have her own room. Her social worker is open to exploring local families that could potentially start off as a visiting resource for her in order to build a relationship prior to place

#### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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## Local students enroll at Nichols College

DUDLEY — The newest class is welcomed to Nichols College.

Jessica Barrell of Auburn Colin Lutz of Auburn

Alexis Strozina of Auburn About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols also offers master's degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today's professionals.

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## Design pro Andre Mills illustrates graphics' power to persuade

WORCESTER — Professional graphic designer, illustrator and caricaturist Andre K. Mills will illustrate graphics' power to persuade in The Communicators Club's Oct. 6 virtual

Sometimes, words aren't enough. An often-overlooked component in raising awareness — and the personality profile of a business and brand is through memorable graphic design. Mills will explain the power of graphics in a Zoom presentation set for noon to 1:15 p.m. Tuesday, Oct. 6. The \$10 program fee

**CLUES ACROSS** 

9. Moved with a curvying

15. Cause to feel embarrassed

23. Clinton special prosecutor

31. One who's been canonized

33. Indian king or prince

17. Bobby \_\_, NHL champ

39. Give off

41. Partner to flow

44. Organism parts

people

49. Blood type

50. Wrath

55. Vetches

65. Pops

58. Buffaloes

59. Envelope type

64. Israeli city \_\_ Aviv

66. Indo-European languages

70. Scientist's device (abbr.)

60. Tuberculosis

67. Fiddler crabs

32. Type of turtle

34. Leg (French)

45. Algerian port

47. African country

52. Bring out of sleep

ancient Greece

56. Choose to represent

60. Reciprocal of a sine

63. Journalist Tarbell

A M U

S

 $C \mid O \mid N$ 

48. "Wayward Son" rockers

53. Auburn legend Newton

54. Heavy wooden shield in

36. Self-doubt

40. Of I

57. Peace

59. Work hard

62. Explosive

A | T | S

1 | 1 |

D

35. Indicates position

41. Retired but allowed to retain title

68. Large bank

69. Not fresh

42. Biblical Sumerian city

43. Popular clothing material

51. Perennial tropical grass

46. Central US Native American

1. Part of (abbr.)

trajectory

14. Bitterly regret

16. Type of toast

22. Beloved flowers

28. Innermost brain

membrane:

29. Atomic #18

30. Remain as is

37. The Bay State

38. Forms adjectives

**CLUES DOWN** 

1. High schoolers' dances

2. Style of rock music

4. Softened by soaking

11. Where to hang clothes

12. One point north of due east

19. Mass of eggs in a shellfish

M | T | S

Π

26. Island off the coast of Tanzania 61. Express delight

3. Maryland athlete

5. Native Aussies

6. Some are on it

7. Clairvoyance

8. Broken piece

13. Gov't lawyers

25. A citizen of Iran

31. Beloved "Doctor"

9. Wrong

24. Wrap

27. Attempts

10. Starts over

18. Analogies

20. Mixes

24. Avoids

4. Persons

includes networking opportunities and the chance for those attending to promote their business before the main discussion begins. A question-and-answer session will follow his talk.

Mills, a Jamaica native who majored in art at the University of Lowell (now UMass Lowell), plans to address the following areas of interest:

Defining graphic design.

Detailing how its best used to convey ideas and concepts in the enterprise.

Describing the impact strong visual communi-

cation can have on people, businesses and the world-atlarge.

Mills' Lowellbased digital services include logo, website and animation creation; he also draws caricatures and portraits, and commissioned work that includes T-shirt and book illustrations.

To register for the program, go to https://conta.cc/32F2dsr. For more information about The Communicators Club, visithttps://communicatorsclub.

About The Communicator's Club

Just as communications and the roles of diverse jobs within communications have morphed and expanded since the 1950s, TCC has grown and changed. The Communicators Club today is a blend of the Society of Professional Communicators (founded in 1951 as the Worcester County Editors Council) and the former AdClub of Greater Worcester. Membership reflects twenty-first-century professional communications—advertisers, writers, editors, multimedia design and production specialists, marketers, and public relations experts-all work toward an integrated marketing approach that's crucial to success in today's marketplace. The



Communicators Club's monthly programs provide professional development from industry experts, networking and other opportunities in a friendly, informal atmosphere, all online this

## Old Sturbridge Village partners with bankHometown for new initiative

**STURBRIDGE** Old Sturbridge Village (OSV) with the support of bankHometown based in Oxford, Massachusetts, in response to urgent needs brought on by the pandemic, has created a "One Room School House" learning pod for children in the museum community. The innovative program serves children of Old Sturbridge Village and Old Sturbridge Academy employees impacted by disruptions to in-person school learning. There is no cost for staff children to attend the School House. The program takes place in the Village's modern, well-equipped Museum Education building and operates Monday-Friday, 7:30 a.m. - 4 p.m., following the academic year schedule. COVID-19 safety protocols mirror the rigorous standards followed by Old Sturbridge Academy and approved by the Sturbridge Board of Health for in-school learning.

The program addresses the following priorities:

It saves jobs:

Old Sturbridge Village and Old Sturbridge Academy staff with children are able to continue working regardless of the status of in-person or remote learning imposed by schools.

Museum educators who

ordinarily are busy leading hool field trips, instead staff the One Room School House. (With the loss of field trips, museum education jobs were in jeopardy.)

It benefits children:

Academy teachers are able to remain in their classrooms for the full school year, providing continuity for their predominantly high-need students.

Staff children in 6. Kindergarten to Grade 9 who have been learning remotely, now receive critical socialization, outdoor physical activity, assistance with school work, arts education, and engagement in exciting museum activities.

It models responsiveness and innovation

The One-Room School House serves as a model to other cultural and educational institutions for how to creatively respond to community needs.

Old Sturbridge Village is a living history museum depicting life in the 1830s, so the concept of a one-room school house ties in with the Village's programming. An early New England school house consisted of various age groups, with older children often helping the younger children. Similarly, the model the Village has put into place today, has students working in two or three mixed-age groups of approximately ten students in each group. In the mornings, children will work independently on their own district-led Virtual Learning, using their own electronic devices.

"The younger students spend up to three hours daily on school work, while older students may spend up to five. In the afternoons, they enjoy museum-based Experiential Learning Activities, working in multi-age groups in the Museum Education building and throughout the Old Sturbridge Village campus to complete projects and activities," said Emily Dunnack, Director of Museum Education. Dunnack went on to say, "Varied activities include daily physical activity, art and nature programs, and access to the Village's historic buildings, interpreters and natural areas. Some children learn to stitch a quilt, others work with village interpreters to harvest and preserve produce for winter or to plant a garden in the spring. Younger children are paired with older students, their 'Reading Buddies,' to help increase literacy and interpersonal skills. Every day we offer different opportunities for learn-

ing and playing." "bankHometown is thrilled to partner with Old Sturbridge Village on the One Room School House, because we believe strongly in the value of education and in the Old Sturbridge Village experience to help young people in our communities unlock their full potential," said bankHometown President and CEO Robert J. Morton. "We are impressed with the innovative approach to this project, which will help preserve jobs, provide a high quality, in-person educational experience for participating students, and keep Old Sturbridge Village a relevant and sustainable organization."

"Old Sturbridge Village is proud to offer this innovative program without cost to our museum and Academy families. The impacts will be far reaching and long lasting for both the children and the adults' involved." said Jim Donahue, President and CEO. "We as an organization are proud of that fact that we were able to find a solution to what many families are struggling with due to no fault of their

## Webster First donates \$10.000 toward

WORCESTER — 2020 marks the fourth consecutive year that Webster First Federal Credit Union proudly sponsored the annual UMass Cancer Walk & Run. Every year, this event raises funds to support cancer research, clinical trials, and patient care for the UMass Cancer Center located in Worcester, where Webster First has

Speaking about the value and importance of supporting this cause, President/CEO Michael Lussier said, "The reality is that most of us have been personally affected by cancer whether that be our family. friends, colleagues, or even ourselves. The Webster First team wanted to show our support for the UMass Cancer Walk because we saw how it brought the community together to raise awareness and it connected with our team on an emotional level. It is also meaningful to know that all funds raised through this event directly support

The UMass Cancer Walk & Run was held Sunday, September 13th, 2020. This year, due to the uncertainties of the coronavirus pandemic, the event was held virtually. The virtual event featured special guest appearances from The Voice's Toneisha Harris and Worcester

#### ABOUT WEBSTER FIRST

Webster First Federal Credit Union serves the financial needs of Essex, Middlesex, Suffolk, and Worcester Counties. Founded in 1928, Webster First is one of the largest credit unions in Massachusetts with over \$1B in assets and serving over 77,000 members.

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## cancer research at UMass

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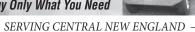
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# PINION/COMMENTARY



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Frank G. Chilinski STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE

## Leave the signs where they stand

As the days wind down to the Presidential election, we're seeing more division than ever. Fortunately, in smaller areas such as ours, it's largely business as usual, and people on both sides can still have friendly conversations, in person that is.

The online banter and sign stealing is another story, however. We must note that sign stealing is a crime that comes with a fine of \$1,000. Stealing signs will in no way sway someone to change their

Beware the division that social media can sew and intended to sew all along. If you read something, don't automatically take it as fact. There's been a veer from reality due to social media trolls, with the sole purpose of dividing the country. We are better than that, and intelligent enough to see through it. We've said it before, if you see something you disagree with online, you don't need to jump on it and chime in. Think for yourself and trust your own ability to weed out what's true and what's not. Private conversations are also best. Further, commenting on a stranger's post is absolutely useless, don't even waste your time.

It's not OK to hate another person due to their political views. If someone disagrees on policy with you, that's ok. Maybe you don't want to go to Sunday brunch with that person, but there's no need to hate. It's especially hard when you see some individuals who think that acting mean and condescending is a sign of toughness. It's not. It just means they are simply, mean and condescending.

What's interesting is that the people vou see on television shouting rude comments and carrying guns as a way to intimidate, probably don't like it when someone yells back. The second amendment was not intended to be used to intimidate fellow Americans into thinking the same way that we do. We think it's safe to say that those same individuals, prefer when people in their own lives are kind to them. So, what gives? The hate is exhausting.

While this may be easier said than done, if you see a sign that you don't agree with, at least try to appreciate the fact that in America we have the freedom to think differently from one another, and to make it known. For example, if you drive by a sign of a person you would not vote for, just shrug your shoulders and remember the freedom that those different signs represent. A freedom that must be protected.

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If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

# The positive solution is American optimism

I awoke this morning, thinking, "When pessimists pick up a brick, they throw it, but when optimists pick up the same brick, they build something positive and use-

There is much in the news as I pen this column about Judge Amy Comey Barrett

and her spiritual beliefs. She is an enthusiastic participant in her Roman Catholic faith and that seems to offend some and frighten others. How is it we've come back to this point?

Criticize her for her rulings on the bench. political ideology is certainly fair game and open fir debate. Roe v Wade, the Affordable Care Act ... there are many areas of her public, professional and ideological life that can be debated, but I believe there is one area that is off limits and that's her family. And when it comes to her faith, politicians should tread very lightly. Unless her faith is leading her to break the law or have some life view that is so extreme as to be completely out of the American mainstream, which she does not ... her faith should also be off limits. How did we get here?

The ideological differences are stretching us to limits that are in danger of tearing apart the very fabric of our nation. I believe our national character is in danger of being scarred forever, and in the process, altering our very way of life. The rational majority of people across the nation must stand up and reject the violence in the streets and political vitriol that is pulling us apart.

Optimistic people do not react this way to ideological differences.

No nation in history has shared, nurtured, and prospered, with such powerful optimism as the United States of America. When people talk about "American Exceptionalism," I believe we are talking about our optimistic spirit and positive belief in our future. I don't believe we are smarter or better than other nations, but I am certain that it has always been our optimism in our future that has propelled us into world leadership. I believe the ultimate optimism is our history of faith that has created the foundation of our constitution and is woven tightly into the fabric of our nation.
Scripture speaks of Thomas and how his

doubts brought a risen Jesus to his side to proclaim, "Blessed are those who believe but have not seen.'

Judge Amy Coney Barrett, by all accounts, lives the life of a faithful believer and again, it seems to offend some and threaten others. Within twenty-four hours, her faith has been dragged through the mud and her family criticized. I read an garywmoore.com.



Positively SPEAKING

opinion commentator who said it was wrong for her to adopt two children with different skin pigmentation from Haiti, as it caused them some type of psychological damage. Another criticized her for not aborting a child with down-syndrome. Are there no limits? I'll not comment on her political leanings, but I'll

fervently defend with deep admiration, this judge, and her family for not only practicing but living out their faith.

You can be an optimist and not like the President's choice. You can be a positive person yet disagree with this nominees' rulings from the bench, but optimistic people do not try to damage those with whom they disagree. Optimistic people enter debates believing something better will come because of the discussion. Positive people believe that others with differences of opinion can still work together for the betterment of our nation and world. An optimist will not throw bricks, damage other people's property and physically harm others over ideological differences. When an optimist has a brick in hand, they build something positive and beautiful.

I am confident that rational people on both sides of the political debate can find common ground and return our nation from the brink. I believe in American Optimism. But let me assure you that believing in optimism is only half the battle. We must rise together and demand an end to the vitriol that's tearing us apart. Both extreme sides will stand and point fingers at the other side, but I assure you, it is coming from the extremes on both sides. Those in the extremes will never admit fault, it's going to take those of us in the middle who believe this nation and our values are worth saving, to rise up without a brick in our hand and say enough is enough.

I believe it will be "American Optimism" that will save us. The silent majority of us in the middle must demand more and better from our elected officials. Write your representatives in all branches of government and on both sides of the aisle and tell them enough is enough. Right now, they are only hearing from the extreme pessimists on both sides, and as such, it is the vocal and negative minority that will drive us over the cliff unless we stop them.

believe in "American Optimism." I believe in the collective "us."

What will you do today with your brick? Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.

# for life's 'Inflection Points'

Financial



FINANCIAL Focus

**DENNIS** ANTONOPOULOS

You've probably heard or read about inflection points. The term has a specific definition in mathematics, but it's also used widely to describe historical or technological events, such as the Industrial Revolution or the creation of the internet - events that changed human existence in some important way. However, you have personal inflection points, too - and when they occur, you'll need to make the right financial moves.

Here are four of the most important of these inflection points, along with suggestions on dealing with them:

Marriage - When you get married, you and your spouse will need to discuss a variety of financial issues: What assets and liabilities do you each bring to the marriage? Should you combine your finances or continue with separate accounts? Is one of you a "saver" while the other is a "spender"? Do you share similar investment philosophies, or is one of you much more aggressive than the other? You don't necessarily have to agree on everything, but you should at least try to gain enough knowledge so you can avoid unpleasant surprises, such as hidden debts, and find enough common ground so your household can advance toward your common

New child – When you welcome a new child into your family, you'll need to make sure you have adequate life insurance. You'll also want to review the beneficiary designations on any existing insurance policies, as well as on your IRA and 401(k). And if you can afford it, you may want to start contributing to a college fund, possibly using a 529 savings plan, which can provide vou with tax advantages as you put money away for your child's higher

Divorce - It's unfortunate, but true: Divorce is still pretty common, and it's neither pleasant nor cheap. You might not be able to avoid some of the costs, such as lawyers' bills, but if you and your ex-spouse can work together amicably, you both may be able to avoid serious financial disruptions. You'll need to work out how to divide your financial assets, paying attention to beneficiary designations, which you may well need to change. Also, as a newly single individual, you may need to review and revise your long-term investment strategy to accommodate changes in your goals and your retirement

Retirement – By the time you retire, you will have hopefully been investing in your IRA and 401(k) or other retirement plan for several decades. But once you do retire, you'll need to determine how much you can afford to withdraw each year from your various retirement accounts. Your withdrawal rate will depend on your age, your asset level and your retirement lifestyle. And you'll also want to consider other issues: Are you prepared to deal with health care costs? Even with Medicare, these costs may be higher than they were when you were working. And how about your estate plans? Are they up to date? Have you protected your family from the possibility of your estate going through the time-consuming, expensive and public process of probate? You may need to work with your financial, tax and legal advisors to develop an effective estate strategy.

By making smart decisions following your own inflection points, you can ease the transitions in your life – wherever life takes you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@ edwardjones.com. Member SPIC.

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## Create new garden beds this fall



GARDEN MELINDA **MYERS** 

Fall is a great time to create new garden beds. Cool, usually drier, fall weather makes it easier to work in the garden and for plants to establish. Plus, the Garden To-do list is often a bit shorter this time of year and you will get a head start on the next growing season.

Start by locating the placement, size and shape of this new garden. Always contact your local underground utility locating service at least three business days in advance. It's free and as easy as calling 811 or filing an online request. They will contact the appropriate companies who will mark the location of their underground utilities in your work area. This reduces the danger and inconvenience of accidently knocking out power, cable or other utilities while you create a beautiful landscape.

Use a rope or hose to outline the area. Avoid tight corners or creating narrow grass borders that will be difficult to mow or require hand trimming.

Once satisfied with the layout, take a soil test and decide how to kill the existing lawn and weeds as needed. A soil test will tell you how much and what type of fertilizer you will need for the plants you are growing. Testing now means you will have the information in hand when it is time to fertilize in spring.

Next edge the bed. Use a shovel to dig a V-shaped trench around the border of the garden. Or rent or borrow a power edger to make larger jobs easier.

Once the edging is complete, remove healthy grass with a sod cutter and use it to fill bare spots in the lawn. Or create a planting berm or simply add it to the compost pile. Just place it green



Photo Melinda Myers

Renting a power edger will make creating a large garden bed easier and less labor intensive.

side down and wait for it to decompose.

Another method for clearing the grass is to cover the area with cardboard topped with several inches of organic mulch and wait for the grass and cardboard to decompose. You can push back the mulch and cut through the cardboard to plant immediately. Or wait to begin planting next spring after the grass and cardboard have broken down completely.

For quicker results and control of perennial weeds, try a total vegetation killer. These products kill the top and roots of the good and bad plants they touch. Read and follow label directions carefully. Start your soil preparation after the required waiting period has passed.

The next step, an important one, is soil improvement. It is easier to repair and improve the soil before you plant. Plus, time spent now yields years of good results. Add two to four inches of organic matter like aged manure, peat moss or leaf compost to the top 8 to 12 inches of soil. These materials improve the drainage in heavy clay soil and increase the water holding ability in fast draining sandy or rocky soils.

bag when purchasing these products. Make sure the product you select is USDA and STA certified to ensure quality. USDA BioPreferred certified products

Check the labeling on the

derived from plants and other renewal products, providing an alternative to petroleum-based goods. Look for United States Composting Council's STA certified compost that is a renewable, consistent, high quality product made from locally available organic material.

Once you mix in the organic matter, rake the garden level and smooth. Your garden is ready to plant. Fill it with spring flowering bulbs, perennials, trees, and shrubs this fall. Or cover it with shredded leaves or other organic mulch to suppress weeds and prevent soil erosion. Use the winter to plan the garden so you will be ready to plant once spring arrives.

In either case, your efforts this fall reduce your workload next spring and shorten the time to a more beautiful landscape.

Gardening expert Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Small Space Gardening. Myers is the host of The Great Courses "How to Grow Anything" DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.

melindamyers.com.

## A good time to get outside



Two nice Tautog taken aboard FishNet Charters this past Saturday.



The hot, muggy weather that we experienced a few weeks ago was hard on the elderly, but now that the fall weather is here, everyone can enjoy the outdoors. Hunting and fishing is being enjoyed by many more residents of Mass. since the pandemic started. Hunting and fishing equipment was flying off of the shelves since spring, and restocking of the equipment has not

Guns and ammunition are almost impossible to purchase, with ammuni-

THE GREAT **OUTDOORS** RALPH TRUE

tion being the hardest to get. Many target shooters are not practice shooting at ranges because of the shortage. It took a pandemic for some residents to find the outdoors, and their new activities.

People are also doing the basic things like spending more time

with their family, and enjoying meals together. Many now realize what they have been missing all of their life! Having someone else raise their kids, is now being done by their parents. Being taught to respect others, as well as law enforcement, is something my parents taught us at a very young age.

Upstate New York's famous Salmon River exploded with action last week, according to Fat Nancy's Tackle shop in Pulaski. Rainbow trout, Big Brown



Photos Courtesy This could be you! Courtesy of Fat Nancy's Bait & Tackle Shop.

trout, Steelhead, Coho, and King salmon are all in the river at the same time. Sure wish I was there! Low water conditions still hampered the migration of fish, but this week rain was expected to hopefully increase the water in the river, making fishing even better, if that is possible.

The long hot summer did have its upside, as far as mosquitos and ticks are concerned. Sitting in the back yard early evenings was a lot more enjoyable without the constant humming of a swarm of mosquitos ready to suck your blood dry, for their evening meal. I have not found a single tick on my dogs this year, and they have spent some time in the woods. They still need their monthly dose of medications to avoid heart

Captain Mel True of "Fish Net Charters "has been doing very well catching Tautog and Seabass after spending some time tied up to the

worm and Lyme disease.

dock waiting for the seas to calm down after all of the tropical depressions passed. The fall fishing is heating up on all fronts and should provide anglers with some great fishing before winter sets in. This week's second picture shows a couple of Capt. Mel's clients with a couple of real nice Tautog taken last weekend.

By the time you read this column, Massachusetts Fish & Wildlife should be stocking trout in their annual spots that receive trout every year. If the predicted rain happens, they should start their fall trout stocking program

Lake Quinsigamond in Shrewsbury received a large stocking of 12 inch Northern Pike recently by MFW. They sure do like to put all of their eggs in one basket.

Take A Kid Fishing & Keep Them Rods Bending!

## DIY Ideas that Capture Autumn's Brilliance

Few simple pleasures compare to the colorful show of a New England autumn. Why not capture that brilliance with projects that will recall crisp, fall days of yore? Read on for inspiration and instruction to spotlight the blazing color that comes but once a

#### **Botanical Prints**

Botanical prints are timeless and vintage examples command premium prices. Here in New England, we are surrounded by nature's foliage, which have natural dyes and just happen to make the most appealing botanical wall hangings. Here's how:

Materials: Pliable, colorful autumn leaves, the darker the better; parchment or rag paper (resume paper that is at least 25% rag content also works); absorbent paper towels, flat end ham-

Directions: Clean off any dirt or debris from the leaf. Place one sheet of parchment or rag paper on a flat, clean and sturdy surface such as a workshop table or cutting board. Place leaf flat down on surface. Cover with a few layers of paper towels. Using even force, tap the entire area of the leaf (to gauge the area, outline the leaf with pen on the paper towel to use as a guide). This step helps to anchor the leaf to the paper. To release the leaf's natural dyes, go over the leaf surface again, hammering every inch of the leaf. When done. do the same working in the opposite direction. Don't be afraid to take a peek every once in a while to check your progress. When done, peel the leaf from the paper to expose the print!

To preserve the color of the print, spray with an acrylic protectant. Mat and frame individual prints, or create a collage of different leaves and colors!



TAKE THE HINT **KAREN TRAINOR** 

Note: Brighter colored leaves such as Japanese Maples create the most vivid

#### **Autumn Luminaries**

The most colorful and textural fall leaves are literally "in the spotlight" with this homemade luminary project. Use either a real or flameless candle to create a variety of different mood

Materials: Dried and pressed leaves (drying between weighted newspaper or paper towel pages results in leaves that are dry, yet pliable; Mod Podge (available at craft stores); canning jar.

Note: Lighter leaves allow for more illumination.

Instructions: Using a paintbrush coat the entire outside of the canning jar generously with Mod Podge. Do not coat the bottom of the jar of the rim area. While jar is still wet, place leaves onto the jar and press in place. Brush over the leaves with another coat of Mod

Note: Keep in mind spacing leaves apart allows more light to shine through. Overlapping leaves collage style creates a denser jar and dimmer

Once leaves are placed, dab or stipple the Mod Podge in the clear spaces. This little extra effort will pay off when the light shines through and shows off the texture rather than brush strokes.

Allow to dry overnight, and then apply one last coat of Mod Podge. As a final touch, spray the outside surface of the jar with an acrylic finish. Again, allow to dry completely. To use, place a contained tea light candle or flameless candle inside the jar.

#### Foliage Garlands

Garlands strung across a mantle or doorways are popular autumn décor, but why buy faux foliage when you have the real thing right outside your

Note: If you are not using preserved leaves, this garland only gets better with age for as they dry, they curl up and take on a new look!

Materials: Colorful fall leaves (crimson and yellow Maple leaves are best); Mod Podge (available at craft stores); plastic straws; twine; hot glue or tape

Instructions: Choose flat, clean leaves. Dry by pressing until all moisture is removed (press between weighted newspaper and paper towels). Carefully brush Mod Podge on each

leaf. Note: Do one side at a time and allow to fully dry. Cut straws in half inch length. Attach a straw piece to back of each leaf with hot glue or strong tape. String each leaf on twine and hang!

Win Dinner for Two at the Publick House Your tips can

win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.





# Pop-up drive-in to screen horror classics

CHARLTON — 508 International, LLC. and The Robert Paul Group, Inc. announce a pop-up drive in movie theater hosting movies every Friday, Saturday and Sunday nights throughout the month of October. The schedule consists of classic horror films from the golden age of cinema, including "Little Shop of Horrors," "Night of the Living Dead," and many others.

Located 219 Brookfield Rd. Charlton, 508 International is a premier action sports and entertainment venue offering a state of the art Unilumin HD LED wall to provide the best movie going experience. As a drive-in pop-up, it will be located in a forest setting with actors lurking around to turn up the haunt factor. While an immersive experience, patrons will have plenty of room around their vehicles to maintain social distance and follow the Commonwealth of Massachusetts Covid-19 protocols. Concessions will be sold on site.

"We are excited to provide entertainment for the community in a safe and family friendly environment," said Amber Howard of 508 International. "We are sure that this safe and socially distanced drivein experience with classic horror films will get everyone in the Halloween spirit and give people a chance to

get out of the house and have fun!"

The venue will have a fully contactless check-in process to ensure the safety of guests and employees. Pre-purchased tickets are required. Tickets are \$35 per vehicle (five passengers or less). Additional passengers are \$5 more per passenger (maximum of 6 passengers per vehicle). Gate opens at 6:30 p.m. and Films begin promptly at 7:30 p.m. Schedule is rain or clear night's sky.

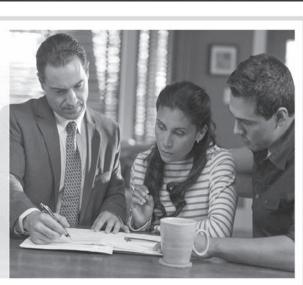
To see the full film schedule, purchase tickets, inquire about group sales and sponsorships please visit: www.508.Intl.com/ HorrorAtTheDriveIn.

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\$579,900.00



SHREWSBURY - Waterfront - Flint Pond w/Direct Boating Access to Lake Quinsigamond! The

Quiet of Flint, All the Action of Quinsig! Privacy Galore on Sargents Island – 4.27 Acres – 2,000'

Waterfront! Beautiful Sunrises & Sunsets! Looking for a Getaway, Principal Residence or Second

Home, Winters in Florida, Summers on the Island! Tons of Potential, Do a Little or Do a Lot! 4+

Rm, 1 Bdrm, 1.5 Bath "A" Frame with the Ability to Finish the Walk-out Lower Level, add a Family

Rm, Bdrm, Bathrm! Nature Abounds, Visited by Deer, Fox, Eagles & More! In Time for Summer!



OXFORD - 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yestervear! Eat-In Frolcd Granite Kit w/Lindated Cabinets, Frplcd Din Rm w/ Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frplcd Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! \$339,000.00



Remodeled 6 Rm Cape Conveniently Located! 3 Bdrms & 1.5 Baths! New Granite Kit w/SS Appliances, Siding, Gutters, Windows, Ext Doors, Oil Tank, 1/2 Bath, Plumbing, Electrical, Lighting! Oak Hrdwds! Recent Steam Boiler & Roof! Enclosed Porch! Deck! Garage w/Opener! Private Back



DOUGLAS – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit wSoft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! History Wood Floors throughout the Kit, Din & Liv Rms, all wRecessed Lighting! 1st Fir Office or Possible 4th Bdrm w/Oak Hrdwd Flr! Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Firs! Master wCathedral Ceiling, Skylight, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level wZ Finished Rms, Utility Rm wLaundry and Half Bath! 3.5 Baths Total Recent CAir, Heat & Root! 2426 & Car Detached Garage! Huge Shed! Nearby Nature Trails & Wallum Lake Beach! \$379,900.00



WEBSTER LAKE - 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! \$539,900.00



HOLDEN - 315 Holden St! 6 Rm Ranch! Meticulously Maintained! 2 Spacious Rdrms Full Tiled Bath & 1 HOLDEN — 315 Holden St! 6 Rm Ranch! Meticulously Maintained! 2 Spacious Bdrms, Full Tiled Bath & 1 Car Garage! Move In Ready! Granite Oak Cabinet Kit w/Tiled Back Splash & JennAir Stove! Frplc Liv Rm! Fam Rm! Gleaming Hrdwds! Perfect Yard w/Major Landscaping this Year! w/Major Landscaping this Year! New Roof 2019! **\$344,900.00** 









WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond - Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo - Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frole! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! \$579,900.00

Refriished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V. in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00** 













**WEBSTER LAKE** - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Applianced Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! \$949,900.00













WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground FIr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! \$2,499,900.00

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#### Featured New Listings! WEBSTER - 52 CUDWORTH ROAD

1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Colonial! Undergone major updates & renovations, maintaineding Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! SOO



First time offered! Lovingly cared for ranch situated on 1 acre! Recent improvements: windows, siding, gutters & new composite rear deck. Cabinet packed kitchen to the cedar closets, 3 full baths! Master Bath with laundry! Lower Level - Potential for an in-law or extra personal spa Kiddos!!!! don't miss out on this one!!!

#### DANIELSON CT- 52 TAFT STREET



 $\textbf{Spacious Ranch,} \ 1520\text{+/-} \ \mathsf{Sq} \ \mathsf{Ft} \ \mathsf{8} \ \mathsf{room} \ \mathsf{3} \ \mathsf{Bedroom,} \ \mathsf{2}$ Full Baths. Hardwood Floors throughout. Fireplace family room. FHW/OIL Heat. - New Furnace, Windows, Also recent Asphalt Driveway! Over sized Garage! 1/2 Acre Lot. Dead end road. Close to I-395!



Quisential Woodstock Farmhouse w/Spectacular views of Pond. Detached Studio Building! 2.5 Acres. Prof. Landscaped. 5 Bedrooms. Fireplaced Dining. Prof. Landscaped. 5 Beurumis, Treprisod Ching, library/Music room. Master Bedroom, 2 Full Baths! Renovated Kitchen. Upstairs, 4 Bedrooms W/Full Bath. \$425,000.



3 ACRE COMMERCIAL SITE! APPROX. 550 FT ROAD FRONT AGE UN STATE PHENWAL THE 193 AND THOMPS STRATEGICALLY NESTLED BETWEEN TWO (2) 1-395 (NORTH & SOUTH) ON-RAMPS & TWO (2) 1-395 (NORTH & SOUTH) OFF-RAMPS! PROPERTY DIRECTLY ABUTS 1-395! ABX80' CONCRETE BLOCK BUILDING, 7,680 SF TOTAL FULL LOWER LEVEL USE & DRIVE IN GARAGE DOOR! HIGH TRAFFI EXPOSURE! WHAT DO YOU HAVE PLANNED?!

WEBSTER/OXFORD/DUDLEY/DOUGLAS

Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic NEW PRICE \$115,000. Design & Conservation - DONE. Design & Conservation - Durvic.

Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res I \$49,000. Douglas-Mount Daniels 2.5 Acres abuts Douglas State Forest! Dudley - Marshall Terrace 12,000+/- Sq Ft Lot! Potential for a 2 Family! Dudley - Packard Dr. 2 Lots! Very Private! off Ridge Dr. ON DEPOSIT! \$50,000

Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be

#### On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



One level living with added 35 x 18 finished walkout lower level. Cathedral ceilings, skylight dining, hard-wood flooring and central air. Stainless appliancesW/large double oven. Over-sized 30 x 14 deck. quiet cul-de-sac! New Price \$314,900.



Summer Village with Private Beach, 2 Heated Pools, Fitness Center, Putting Green Tennis Basketball, Bocce, Rest./Lounge, Pavilion, all on site. 4 rooms, 2 bedrooms, 1-1/2 baths. Loft, and so much more assisted sale \$225,000. Great Value!



Updated Home that is on a 1 Acre, Professionally Landscaped Grounds. 5 rooms, 2 bedrooms. 3 bed-room septic will be installed. Baseboard oil heat. Recent exterior paint and newer Windows, Wood Flooring. Fireplace. Sunroom. 2 car garage! assisted sale \$379,900.



FIRST TIME OFFERED! Meticulously Cared for & Loved ~ 4 Bedroom / 2 Bath, 1963 Cape! Natural GAS Heat.Town Services! Boiler - Just like New! Corner Lot. Garage! 2nd FIr - 2 Lg Bdrms! Bathroom, Hardwood Floors, This House is Ready for a New Family, is it YOU?? Call today, Don't

SORRY, SOLD!



Aesthetically pleasing 4-5 BR CAPE!! 1,800 SF Cape! 8 rooms. 4 lg rooms & bath on 1st flr, eat-in kitchen, living room, family room, office/possible 1st flr inlaw bedroom. 2nd flr - 4 lg bedrooms & bath. 2 car \$199,900.

#### **WEBSTER LAKE - 100 LAKESIDE AVE**



WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake

facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! Remember, Timing Is Everything

#### THOMPSON - 5+ ACRE WATERFRONT LAND - BECOLA ROAD



**Thompson -** New 5+ Acre waterfront land listing on Little Pond! Also known as School House Pond. Private, pastoral setting, open field surrounded by tree line. Plan of land and septic design in hand! \$179,900





## QCC president decries marginalization at Barton Lecture

for the under-privileged and underserved has been a hallmark of Quinsigamond Community College President Dr. Luis G. Pedraja's career. Dr. Pedraja was the recent keynote speaker at Southern Methodist University's Perkins School of Theology Barton Lectureship. He spoke on the multiple pandemics plaguing our society in a webinar, "Living in the Margins: Equity, Education, and Theology in the Age of Pandemics.'

The Roy D. Barton Lectureship was established in 1995, to honor Dr. Barton for his service to the seminary and his service to the Hispanic United Methodist Church. Through these lectures, participants have heard from the leading Hispanic/Latino scholars in theological education and church leaders who have made a significant impact on the Hispanic/Latino church and beyond.

"I had the pleasure of working with Roy and considered him a colleague and a friend," said Dr. Pedraja, who taught religion, philosophy, and theology at SMU from 1994-2000.

Dr. Pedraja's webinar defined and explored the topic of the "margins," as it relates to economic gaps, changes in ethnic and racial demographics, and the roles of the Church and higher education in the new decade. He focused on the historic racism that has plagued society and looked at racism through the lens of education, addressing issues such as underfunding K-12, diminished resources, lack of educational role models, legacy of segregation, criminalization and labeling, high stakes tests, cost of education and underfunding of minority serving institutions.

"These barriers and many others contribute to the growing equity gap in colleges," he said.

He used the example of the higher education equity gap in Massachusetts, a state known for its contributions to higher education.

"The college attainment gap between white females and Latino males exceeds 40%. These gaps are not accidental, they are the result of a broken education system that intentionally marginalizes segments of the population," Dr. Pedraja said, noting the declining state investment in public and higher education for educational institutions that cater to the under-served populations.

Today, community colleges serve close to 50 percent of all undergraduates in the nation and serve more than 30 percent

of minority populations. Dr. Pedraja added that at QCC, the minority percentage is 40 percent, higher than any other population sector yet in terms of state funding, all 15 community colleges in the Commonwealth only receive 25% of state funding allocation.

We educate the most, yet we get the least support," he said.
Addressing why these equity

gaps should matter to society, Dr. Pedraja said that beyond the immorality of continuing to allow this to persist, in the aftermath of the pandemic if this continues, the economic gap will continue to grow.

"Education is essential to economic and social stability. In order to dismantle marginalization, we must be as intentional as those who marginalize others. Our task is to equitably and continually expand our notion of 'we' until we include those that we define as 'they,'" he said. "The equity gaps that exist in our society must be acknowledged and dismantled in education and even in theology.'

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

## Seton Hall University names Cameron Prosser to Dean's List

SOUTH ORANGE, N.J. Seton Hall University is pleased to announce Cameron Prosser of Auburn has qualified for the Spring 2020 Dean's List.

After the close of every semester, undergraduate students completing all courses with a GPA of 3.4, with no grades lower than "C," qualify for the Dean's List.

As one of the nation's leading Catholic universities, Seton Hall has been showing the world what great minds can do since 1856. Home to over 10,000 undergraduate and graduate students and offering more than 90 rigorous majors, Seton Hall's academic excellence has been singled out for distinction by The Princeton Review, U.S. News & World Report and Bloomberg Businessweek.

One of the country's leading Catholic universities, Seton Hall University has been a catalyst for leadership - developing students

in mind, heart and spirit since 1856. Home to nearly 10.000 undergraduate and graduate students and offering more than 80 rigorous majors, Seton Hall's academic excellence has been singled out for distinction by The Princeton Review, US News & World Report and Bloomberg BusinessWeek. Seton Hall, which embraces students of all religions, prepares its graduates to be exemplary servant leaders and caring global citizens. Its attractive main campus is located in suburban South Orange, New Jersey, and is only 14 miles by train, bus or car to New York City, offering a wealth of employment, internship, cultural and entertainment opportunities. The university's nationally recognized School of Law is prominently located in downtown Newark. For more information, visit www.shu.



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Determine the code to reveal the answer!

Solve the code to discover words related to pet care. Each number corresponds to a letter. (Hint: **11 = E)** 

Α. 23 11 15 11 25 22 21 13 25 22 13 21

Clue: Provides medical care

В. 26 14 11 10 15

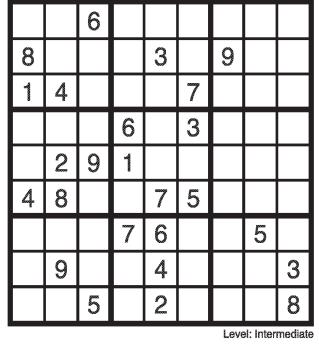
Clue: Protection from the elements

15 25 13 22 21 22 21 2 C.

Clue: Teaching skills

D. 10 11 13 26 14

Clue: Restrains a pet



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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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Visit https://www.spencerma.gov/home/pages/employment-opportunities for application details. Submit letter and resume to Town Administrator, Town of Spencer, 157 Main Street, Spencer, MA 01562, or email tgregory@spencerma.gov. AA/EOE

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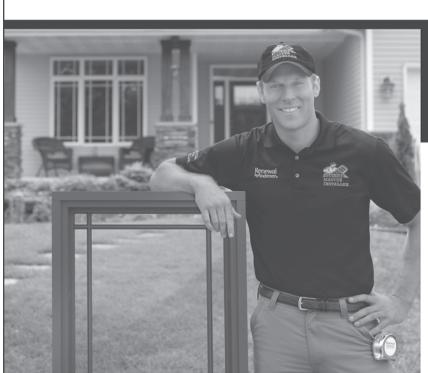
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## QCC offers innovative professional development training

Quinsigamond Community College's Center for Workforce Development and Continuing Education (CWDCE) has launched an innovative way to deliver professional development training with a new, "all you can learn" subscription model. The CWDCE performed extensive research to discover the best way to respond to the needs of both employers and individuals working in today's digital

QCC's subscription-style model of learning contains more than 500 unique online modules in 14 different areas of Advanced Manufacturing, as well as Microsoft 365 online software services Participants can choose between 30, 60, 90,

W O R C E S T E R 180 or 365 days of unlimited access to all the training modules for a set rate. Since the pandemic began, companies have had to adopt more online practices into their current workplace practices to remain viable.

> "We looked at a number of trends both locally and nationally, which resulted in some new course offerings for the fall, as well as new ways we will be offering our courses. One of the most innovative ways we have responded to the need to for workers to quickly 'skill up,' is by offering this type of learning model," said Dean of the Center for Workforce Development and Continuing Education, Kathleen Manning.

Students can mix and

match between all modules to target their individual skill needs. Each module takes approximately one hour to complete and includes a pre and post assessment. Students can print out a certificate when the module is completed.

"We are moving away from the one-size-fits-all approach and are allowing individuals to design a custom program that is best suited to their individual career goals," Ms. Manning said. "This is a smarter approach in delivering professional development training to our workforce of the future."

QCC offered free business courses to help with online transition at the start of the pandemic, as well as a free infectious disease control

course to assist companies in navigating the new workplace landscape.

"Now with these 'all you can learn' programs, there is another safe and effective way to learn new skills or increase existing skillsets,' Ms. Manning continued. "Adapting to the needs of our changing world is paramount to the economic prosperity of our nation.'

learn visit, https://www.QCC.edu/ center-workforce-development-and-continuing-educa-

Formoreinformationabout QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.

OSV

continued from page A1

available online during the weekend of Oct. 17-18. Expert horticulturalists will be judging the entries, choosing the best in several categories including Best in Young Gardeners (ages 5-12), Best in Adult Gardeners (ages 13 and up), Best Heirloom, and Best Overall. Those interested in entering the virtual exhibit can sign up online at: https:// www.osv.org/event/virtual-home-gardeners-exhibit-2020/.

The Village is open from 9:30a.m. to 5:00p.m. during Apple Outings and Oxen, Fields, and Farmers weekends, and 9:30a.m. to 4:00p.m. during Autumn Harvest Weekend. Themed fall weekends and activities are included with standard daytime admission into the Village. The Village will also be hosting a series of Halloween-themed events, to be announced in the coming weeks.

Visitors and members are required to purchase or reserve their tickets in advance, using OSV's new online reservation system, found at https://www. osv.org/plan-your-visit/. Available tickets will be released each week on Wednesday, with three blocks of time per day for arrival: 10-11:30 a.m., 11:30 a.m.-1 p.m., or 1-2:30 p.m. Once in the Village, visitors are welcome to stay until the museum closes.

Guests are required to follow state guidelines when visiting OSV and must wear a mask when entering into the Village, interacting with staff or other guests, or when physical distancing is not possible. Masks may be removed when outside and physically distant from staff or other visitors. A full list of safety procedures and measures can be found online at: https://www.osv.org/ plan-your-visit/

## Local Businesses support public safety building

**BY JASON BLEAU** CORRESPONDENT

CHARLTON — In merely a week's time, the Charlton Public Safety Building Capital Campaign announced four donations from local businesses adding to the \$309,000 pledged to the project as of August 2020.

Starting on Sept. 10, members of the Charlton Public Safety Building Steering Committee began announcing a series of financial commitments to help offset the cost of the \$28.5 million project which is slated to go before the voters during

the national election in November. In August it was announced that the Hyde/ Dexter-Russell Charitable Foundation had committed \$309,000 to the project pending its approval, surpassing the \$200,000 benchmark set by the steering committee. Not that number has grown as a total of \$36,000 in financial donations was announced in September.

The first business confirmed to donate to the cause on Sept 10 was Cornerstone which commit-Bank, ted \$2,500 to the initiative. Southbridge Credit Union followed a day later with a \$5,000 pledge while Ted's Package

Store was announced as a donor of \$3,500 a few days later. However, the biggest donation came from Camosse Masonry, which donated \$25,000 to the project. The announcements were made through a series of social media posts on Facebook where the steering commit-

tee has worked hard to com-

mit to public outreach about the project.

Those seeking more information about the Charlton Public Safety Building Project can visit charltonpublicsafetybuilding.com. Voters will have their say on the initiative on Nov. 3, when it will be included on the Presidential Ballot.

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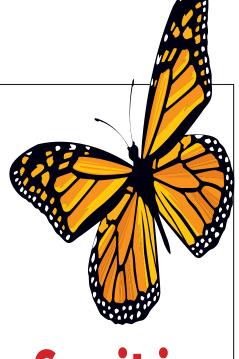
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