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Friday, November 22, 2019

UNICEF Club officers elected



CHARLTON — The Bay Path Practical Nursing Academy held its election of the 2019-2020 UNICEF Club officers. The UNICEF Club members were welcomed by UNICEF Club Advisor, Professor Cheryl Cahill, MSN, RN. The election and installation of officers was conducted in conjunction with the PN Class f 2020 Constitution Day. The 2019-20 officers are Sikorrya Seguin of Dudley as Chair; Fjolla Shehu of Worcester as Co-Chair; Chelsea Still of Plainfield, CT as Secretary; Kristin Bates of Charlton as Treasurer; and Hannah Abubakar of Fiskdale as Public Relations Officer. with fundraising activities such as the Trick or Treat for UNICEF.

According to Abubakar, "the Trick or Treat Fundraiser was a good way to raise money and awareness while spending the holidays with children and family." The UNICEF Clun raised over \$100 for this fundraiser alone.

Web site named official venue for meeting notices

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – With the town of Charlton recently revamping their town Web site, the Board of Selectmen has now approved for the site to be the official method of posting meeting notices as opposed to the currently used electronic billboard.

Selectmen voted in favor of the proposal at a Nov. 5 meeting where Acting Town Administrator Graham Maxfield explained that in order for the town to make this change is required selectmen approval and that the website will be designated with the state as Charlton's official meeting notice location.

"Per the open meeting law guidelines, prior to utilizing the municipal Web site as the official method of posting meeting notices, the chief executive officer of the municipality must authorize or vote to adopt such Web site as the official method of posting notices. The clerk of the municipality must inform the Division of Open Government of its notice posting method and must inform the division of any future changes to that posting method. Public bodies must consistently use the most current notice posting method on file with the division," Maxfield said.

Town Clerk Karen LaCroix explained that nothing is expected to change drastically in terms of how people are informed of meetings. They'll simply have to find agendas and official meeting notices on the town's Web site, and that the electronic billboard will direct them as such.

"The electronic board will just say where they can go (to find meeting notices), townofharlton.net," LaCroix said. "If the public is going to look for meetings now everything is going to stay the same. It will be the main page calendar for the meetings, and they click on the meeting. That will take them to the agenda."

While on the topic of the website selectmen asked LaCroix how the new site has been to manage. LaCroix noted the site has been working well for them although there has been a learning curve and citizens still have to make "a few clicks" to get to the page they are looking for. In terms of meeting times and agendas she did note that the town has the ability to change things quickly and add whatever they need promptly to make sure citizens are made aware of any alternations to meetings times, locations and agendas as soon as they are announced.

New members were immediately busy

Additionally, Abubakar stated "The Trick or Treat Fundraiser was an effective way for some club members to teach their children what its like to give back."

In closing, Abubakar shared that the UNICEF Club is looking forward to more

Please Read UNICEF, page A5

Gobi discusses farm bills

BY JASON BLEAU VILLAGER CORRESPONDENT

DUDLEY – The town of Dudley hosted a special guest on Tuesday, Nov. 2 as Sen. Anne Gobi stopped by to discuss issues pertaining or agriculture and farming in the region. Gobi serves as Chair of Environment, Natural Resources and Agriculture Committee in Boston and was invited to the Dudley Town Hall by the Dudley Grange to hear concerns from local farmers and discuss matters being taken up in Boston that pertain to agriculture businesses and farm bills.

The forum lasted over an hour and saw questions and concerns voiced by several citizens in regard to several different issues on both the local and state level. Among the biggest issues brought to the table were the use of pesticides, the state's lack of support for hemp producers, and food waste. Gobi also took the time to delve into some issues she has heard from across the state. These include the healthy initiative program geared towards promoting farmers markets and fresh produce to those with food stamps or in need of food assistance and the House Bill that passed this year enacting limitations for gestation housing. There has also been discussion on the state level about Massachusetts joining Connecticut in banning plastic bags from shopping areas although Gobi said there is debate about whether this should be a state mandate or if towns should handle this matter on their own.

Gobi said she found the back and forth to be produc-

Please Read GOBI, page A6



Jason Bleau Photo

Sen. Anne Gobi payed a visit to Dudley on Nov. 2 to talk about farm bills and issues involving agriculture in the commonwealth



Enjoy Christmas by Candlelight at Old Sturbridge Village

STURBRIDGE — Christmas by Candlelight returns to Old Sturbridge Village (OSV) this December, a celebration of the season and New England Christmas traditions of the 19th century and today. On select dates in December from 3 to 8 p.m., the village opens special for guests to take in the holiday cheer. Tickets are on sale now.

New to Christmas by Candlelight this year, visitors are invited to stroll the Christmas Tree Trail - featuring 50 sparkling trees. Tucked away from the hustle and bustle of the Common, the trail welcomes wanderers in with a roaring bonfire, cocoa and cookies, music, and heart-warming holiday memories. At the end of the trail, find the Christmas Wish Bridge, where guests are invited to write their special wish for the holiday season.

At this annual event, visitors can

Wings of Song presents "An American Christmas"

This FISKDALE December, Wings of Song-formerly the Quinebaug Valley Singers—inaugurates its new name with a program of American Christmas favorites from colonial times to the present. The chorus's concerts will take place on Saturday, Dec. 7 at 7:30 p.m. at St. Joachim Chapel, St. Anne/St. Patrick Parish, Fiskdale (Sturbridge), just up from where Routes 20 and 148 meet; and on Sunday, Dec. 8 at 3 p.m. at Elm Street Congregational Church, just outside the center of Southbridge. A freewill offering will be collected at both concerts; and, as always, the music will be followed by tons of yummy refreshments. Both venues are handicap accessi-

A huge variety of Christmas music will be on the choprogram—everything rus's from 18th-century "fuging tune" settings of "While shepherds watched their flocks by night" to the original version of "Jingle Bells" (with a very different refrain from the one we're used to) to an irresistibly jazzy "Sleigh Ride" to choral works for the season by three Wings of Songs members (Ted Bradlev and Donna Dufresne of Pomfret, Conn., and Nym Cooke of Petersham, Mass.). Of course there will also be audience sing-alongs, and stellar keyboardist Brooks Milgate will surely be persuaded to tickle the ivories during intermission.

Music Director Cooke is excited about the level his chorus is reaching.

"They've never sounded better," he says, and adds, "They're learning pieces faster and more solidly than ever. The musicianship of this group is steadily increasing. It helps that we have some high-caliber musicians in our ranks-professionals like Ted Bradley and Sarah Jo Burke and Terry McGinty. I know of at least five Wingers who write songs or compose choral music. That says something about where the chorus is at these days. And of course, we draw."

Cooke is also interested in attracting more young singers to the chorus; three teenaged girls now sing with Wings of Song, and he'd like to see some boys sign on as well. Homeschooled kids without access to school ensembles might especially want to consider joining. Any musi-cal individual who can sing in tune is welcome, from age 10 up.

Don't miss this dynamic 55-member chorus in its early December performances! Because the chorus tends to sing to packed houses these days, plan to arrive early to be sure of a good seat. You'll leave thoroughly imbued with the Christmas spirit—"maybe five

different Christmas spirits," Nym Cooke comments — "the devotional spirit, the cozy spirit, the jolly spirit, the humorous spirit, and the meditative spirit." All these will, indeed, be part of the show.

For more information on the concerts, or on joining Wings of Song (note that a special program about climate change, with projections, readings, and rock-band accompaniment, is planned for Spring 2020), contact Nym or WoS President KT Therrien (Nym is at nymcooke@gmail.com or 978-724-3438; KT is at kt2nc@aol.com or 508-410-8575).

Local students inducted into Assumption College Academic Honors Program

WORCESTER — The Assumption College Honors Program inducted 68 new members on Sunday, November 10, before an audience of administrators, faculty, and families. Local students include:

Sean Morrissey of Uxbridge, Class of 2023

Abigail Burke of Uxbridge, Class of 2023

The Honors Program, available to students of all majors and interests, provides a comprehensive and interdisciplinary education that prepares students for successful careers and meaningful lives. The Honors community is designed for those looking for a challenging and holistic educational experience, as well as those looking for social engagement with like-minded classmates. Honors students have exclusive access to the lounge in the new state-ofthe-art Tsotsis Family Academic Center as well as opportunities for summer fellowships in which they collaborate with professors and travel scholarships for Assumption-sponsored experiences.

'Assumption's Honors Program is a select group of students who represent those students who not only pursue, but have achieved academic excellence in their course of study," said Elizabeth Colby Davie, Ph.D., director of the Honors Program and associate professor of chemistry. "While engag-ing in this rigorous course of study, Honors students demonstrate leadership and are passionate about using their intellectual gifts to advance their own pursuit of knowledge and make meaningful contributions to world in visit www.assumption.edu. which we live."

dents who have excelled in their first semester at Assumption, as well as transfer students are invited to apply for the Honors Program. Honors Program students must maintain a 3.25 grade point average (GPA) in Honors courses, and a 3.25 GPA across all courses.

For more information on the Honors Program, visit www.assumption.edu/ undergraduate/honors-program.

Founded in 1904 by the Augustinians of the Assumption in Worcester, Mass., Assumption College is a Catholic liberal arts institution that offers undergraduate students 33 majors and 49 minors in the liberal arts, sciences, business, and professional studies; as well as master's and continuing education degrees and professional certificate programs-each through an educational experience that is grounded in the rich Catholic intellectual tradition. The curriculum enables students to gain a depth and breadth of knowledge that leads to professional success and personal fulfillment. Students-whether on the Worcester campus or at the College's Rome, Italy, campus-become engaged participants in Assumption's classic liberal arts education, exploring new ideas and making connections across disciplines. To prepare for the workforce, students learn cutting-edge theory and best practices, conduct innovative research, and develop excellent communication and critical-analysis skills. Assumption graduates are also known for their thoughtful citizenship and compassionate service to their community. For more information about Assumption College, please

St. Christopher's Parish hosting craft fair Saturday

BRIMFIELD — St. Christopher's Parish, Route 20, Brimfield, will hold its annual craft fair on Saturday, Nov. 23 from 9 a.m. -3 p.m. and Sunday, Nov. 24 from 9 a.m. -1 p.m. The kitchen opens at 8 am for breakfast.

The craft fair offers a great opportunity to find unique gifts for your home or anyone on your shopping list. Everything from primitives, jewelry, Christmas ornaments, pet gifts, soaps, jams, honey, quilted, knitted & crochet items, nail thread art to wood crafts and so much more. The kitchen is open throughout the day serving delicious breakfast, sandwiches, homemade soups and desserts. Santa will be here visiting from 9 a.m. -1 p.m. both days. He will also be available for photos. A strolling caroler on Saturday will help bring the Christmas spirit.

Both afternoons will include free crafts for kids. There will be raffles with donations from local businesses with items such as ski passes, restaurant & other gift cards, hockey tickets, There is also rafand gift baskets. fle comprised of unique gifts from the crafters and a lottery tree raffle. Also not to be missed is the popular cookie

Charlton American Legion News

CHARLTON — The Charlton American Legion, Post 391, will meet on Monday, Nov. 25 at 7 p.m. for its regular monthly meeting in the

lower Grange Hall at #10 Main St. in the town of

Charlton. We encourage all veter-

walk held on Saturday from 9 a.m. noon.

Brimfield Boy Scout troop #7 will be selling live wreaths. Winter boxes will be available for decorating your home or cemetery. They will also be available in the following weeks at the parish. We will also be accepting donations for the Tri-Town Food Pantry.

Club President Sheila Fortier said, 'Each year we try to make this a great community event. We have many returning crafters and a variety of new ones mixing up our offerings. We also commit funds to parish needs. This year funds will go towards painting our rectory building.'

"The women's club works hard to make a positive impact in the parish," said Father Brennan. "They are making a difference and both I and the parish appreciate their efforts. Stop in and see us not just at the fair, but anytime, our door is open."

Admission to the craft fair is free. For more information contact the parish at 413-245-7274 or email stchrisbrimfield@gmail.com or check it out on the church's Facebook page.

Bay Path honor roll omission

CHARLTON - Due to an unintentional oversight on the school's part, a student's name was omitted from the honor roll submitted for publication in last week's edition by Bay Path Regional Vocational Technical High School.

Brian Bonnette's name should have

Qualified high school seniors, stu-

ans from the community to join us. Discussion and review of unfinished and new business will take place.

been listed under the Grade 10 Honors list.



Bay Path nursing students attend MassHire Medical Job Fair



WORCESTER — MassHire Worcester Career Center maintained its strong support for the Practical Nursing Students of Bay Path Practical Nursing Academy in Charlton for the fourth year, serving as a resource center.

Practical Nursing students on the rigorous program at Bay Path Practical Nursing Academy benefit from assistance offered by MassHire. The Practical Nursing students are academically qualified students who, despite other circumstances such as financial or social, have persevered and remained dedicated to their nursing journey and future success.

"Our Practical Nursing faculty, staff & team looks forward to being part of MassHire's programs," said Gretheline Bolandrina, MSN Ed, RN, CRRN Academy Director. "MassHire has helped and prepared many of our students and graduates since 2016, with job readiness techniques and tuition grants as they pursue their nursing career and navigate the healthcare system. MassHIre gives our practical nursing students a chance to master their expertise in nursing skills and help make a difference in their lives as they start their nursing career."

Receiving a huge "thank you" from practical nursing students Yaitzarie

Courtesy Photo

Pictured, from left: G. Bolandrina of Douglas, Yaitzarie Rodriguez of Millbury, James Chabot of MassHire and Robin Peters of Douglas.



ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4111 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Rodriguez of Millbury and Robin Peters of Douglas is Mr. James Chabot of MassHire Worcester Career Center.

"He helps prepare practical nursing students with the job readiness techniques" added Bolandrina.

Career readiness is a significant focus for MassHIre. For the academic year 2019-2020, eight practical nursing students received \$5,000 tuition grants.

In addition to providing support, online and hands-on assistance is available. MassHire also works closely with practical nursing students when they graduate providing support and assistance with NCLEX-PN preparation and the actual exam. Added work includes coaching graduates in resume-writing techniques, job interviewing best practices and other skills that not only help during a job search but are also relevant once they're in the workforce.

MassHire Worcester Career Center is located at 340 Main St., Suite 400, Worcester, MA 01608; www. MassHireCentralCC.com.

Explore the history of the State Police with Sturbridge Historical Society

STURBRIDGE — The Sturbridge Historical Society will meet on Thursday, Dec. 5 at the Publick House Historical Inn on Sturbridge Common. Stephen Byron will be our guest speaker on the history of The Massachusetts State Police.

Stephen's program on the history of the Massachusetts State Police starts in 1865, when they were called Massachusetts Constables, and in 1870, it included State Detectives. In 1879, it then became Massachusetts District Police. In 1921, The Department of Public Safety; with a division of State Police and with a merger in 1992, became The Department of State Police.

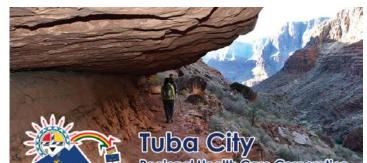
From the start as constables on horseback to all of the state vehicles of today. Come hear why it was started and what their duties were then and now throughout its history.

Stephen was with the Massachusetts State Police for 26 years as a law enforcement officer including 18 years as a patrol officer, conducting motor vehicle and criminal investigations. Stephen currently works part time for both a Boston and Tewksbury based company as a senior investigator. Stephen graduated from Northeastern University in Boston with a Bachelor of Science in Criminal Justice, and currently is President of The Massachusetts State Police Museum and Learning Center. Historical meetings are free

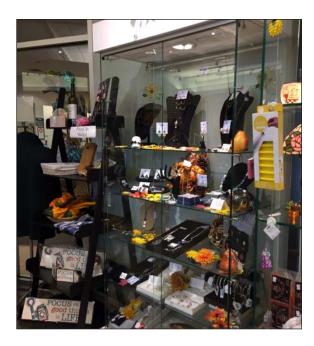
Historical meetings are free of charge with dessert and meeting room provided by Michael Glick, Publick House Innkeeper.

Society Annual Dues are \$10 which help support the cost of speakers. Meetings are held September through May on the fourth Thursday of the month except November and December. November's meeting is held the first Thursday in December.

All meetings start at 7 p.m.



Support your local hospital at lobby sale



SOUTHBRIDGE — Attention all shoppers, here's your chance to shop local, score some great buys on unique gifts and support your local community hospital at the same time.

The Harrington Hospital Gift Shop, which is run by the Harrington Auxiliary, will hold its annual Lobby Sale on Friday, Nov. 22 from 7 a.m. to 7 p.m.

The sale features all holiday items, including home decorations, wreaths and centerpieces. Additionally, shoppers will find beautiful jewelry, sports paraphernalia from your favorite New England teams, floral pieces, exquisite fashions and much more.

Why travel out of town when you can find exceptional gifts in your local neighborhood? Come to the Harrington Hospital lobby and check out the selection of distinctive and beautiful gift items.

Proceeds from the sale are used to support the Harrington Auxiliary's mission "...to provide equipment and programs that benefit the health and well-being of members of the communities served by the Harrington HealthCare System."



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To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCCHR@TCHEALTH.ORG

WWW.TCHEALTH.ORG



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"A New England Thanksgiving" shares holiday traditions at OSV

STURBRIDGE — In early New England, Thanksgiving was considered the biggest holiday of the year. Head to Old Sturbridge Village in November and you can celebrate the traditions of the holiday season with "A New England Thanksgiving," taking place on Nov. 16, 17, 23, 24 & 28 from 9:00 a.m. to 4:00 p.m.

Step into the lives of early 19th cen-

tury families to learn how they prepare for the feast. Take in the scent of fresh pies warming by the fire and roasted turkey - birds much smaller than the "butterball" turkeys found at today's holiday dinners. Learn 1830s dining etiquette and about the cooking preferences of the day. Turkey was often substituted for other items due to it being a labor-intensive dish, while vegetables - not typically peeled for everyday cooking - were prepared

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19 23 36 56

CLUES ACROSS

- 1. Small viper
- 4. Some are covert
- 7. A waiver of liability (abbr.)
- 10. Speak out
- 11. Retirement plan 12. Small dog
- 13. City in Iraq
- 15. Car mechanics group
- 16. Shrimp-like creature
- 19. Majestic
- 21. TV detective
- 23. Central Canadian province
- 24. Causing to wind around 25. Wise man
- 26. Knicks legend Willis
- 27. Muscular weaknesses
- 30. John Stockton compiled them
- 34. South American plant
- 35. To some extent

CLUES DOWN

- 1. Something useful
- 2. It goes great with peppers
- and onions
- 3. Orifice
- 4. Turned into bone
- 5. The Princess could detect it
- 6. Bands of colors
- 7. Makes use of
- 8. Central African country
- 9. Lake in the Kalahari Desert
- 13. He was a "Chairman"
- 14. Legally possess

- 41. Showy
- 45. Fall down
- 46. Shoelaces are often this
- 47. Disease-causing bacterium
- 54. Sufferings
- 56. About blood
- system (abbr.)
- family members

- 65. Patti Hearst's captors

50. Egg-shaped wind instrument 55. One who noisily enjoys

- 57. Transaction verification
- 59. Related through female
- 60. Low velocity grenade
- 61. "In Living Color" comedian
- 62. Veterans battleground
- 63. Expression of creative skill
- 64. Midway between northeast
- and east

36. Where manners are displayed

ister talk about the true meaning Thanksgiving of

historic

On the weekends, watch the men of the Village compete in a post-dinner target shoot and learn the role of turkey "drovers" who would herd and march turkeys on foot from central Massachusetts to Boston for wealthy city-dwellers to enjoy.

During select dates, "A England New Thanksgiving"

included with the purchase of Standard Daytime Admission tickets, a season pass, or membership to Old Sturbridge Village. Save \$2.50 per adult, senior, or youth ticket when you purchase online instead of at the door. Purchase tickets by visiting: https://www.osv.org/visit/

purchase-one-day-tickets-online/.

More information on "A New England Thanksgiving" and details on the historic holiday traditions can be found online at: https://www.osv.org/ event/a-new-england-thanksgiving/.



Hannaford donates more than \$12,000 to Food Bank

SHREWSBURY — Hannaford tributor, we have a longstanding Supermarkets today announced a \$12,800 donation to the Worcester County Food Bank, which will allow the non-profit organization to establish food pantries in partnership with the Athol-Royalston Regional School District and other community

commitment to aiding hunger relief in our neighborhoods. This effort often begins at school, where hunger directly impacts a student's ability to learn, grow and succeed," said Hannaford Supermarkets Vice President of Retail Operations Todd Bullen.

"Athol-Royalston Regional School District is excited to partner with the Worcester County Food Bank to explore placing a food pantry at our high school. Many families across the community are in need of food resources. Our district knows to teach a student; we must first ensure that basic needs are being met, food, clothing, and shelter,' said Athol-Royalston Regional School District Superintendent Darcy Fernandes.

- 31. Female sibling
- 32. This stimulates the thyroid (abbr.)
- - 33. Reserved
 - 37. More prickled
 - 38. Forbidden by law
 - 39. One-time presidential candidate
 - 40. A TV show has more than one
 - 41. A place to stash things
 - 42. Defunct currency in India
 - 43. Causes to ferment

51. Central American fruit

49. Punctuation

- 44. A type of gland
- 47. Humbug! 48. Everyone has one

both size and tradition. Visit during "A New England Thanksgiving"

in the Village's

Meetinghouse.

Center

Puritans who settled the region, Thanksgiving was a significant day in

special for the hol-

Christmas

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and hear the min-

- 17. One point north of due west
- 18. Small peg of wood 20. Stretch of swampy ground
- 22. Is indebted to
- 27. Where you were born (abbr.)
- 29. Cool!
- 28. A team's best pitcher
- 52. Brooklyn hoopster
- 53. 100 square meters
 - 58. Local area network

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partners.

Designed to serve as a vital and convenient resource to students and families in need while also increasing access to healthy and nutritious food, the in-school pantries are dedicated spaces where students and their families can select food they enjoy based on their preferences and cooking abilities to provide nourishment both during and after the school day.

The donation is one component of an overall \$1 million commitment from Hannaford Supermarkets through its new "Fuel Kids at School" program, which is designed to directly address food insecurity and improve access to fresh and healthy food in schools in New York and New England.

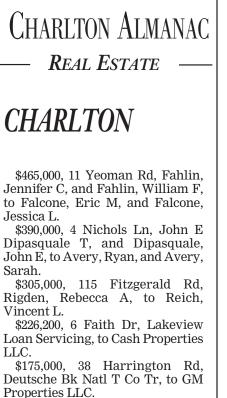
"At Hannaford, we strongly believe that our business goes far beyond selling products and that a key component of being 'greater than groceries' is investing into the communities we serve. As a community con-

These food pantries will fulfill a critical need for students and their families. All of us at Hannaford are honored to support the Worcester County Food Bank's efforts through this donation as we reaffirm our commitment to nourishing our communities, one child at a time."

"Worcester County Food Bank believes strongly that people should have access to food in their communities and that barriers to that food should be removed whenever possible. This grant from Hannaford allows us to support schools and organizations in Worcester County in a way that brings healthy, nutritious food to students and their families. Access to healthy food reduces stress on students and has been shown to increase school attendance and success. This partnership helps to build healthy students, families, communities and a

healthy future," said Worcester County Food Bank Agency Relations Manager Seana Weaver.

Hannaford Supermarkets has a longstanding commitment to supporting hunger relief in its communities. In 2018, Hannaford donated nearly 26 million pounds of food throughout the Northeast, including 881,000 pounds in Massachusetts; and raised \$1.1 million in partnership with its shoppers to feed individuals in need through the annual Hannaford Helps Fight Hunger program. Earlier this month, Hannaford announced that it has donated more than \$1 million to non-profits throughout New York and New England as a result of its reusable bag program, a portion of which is dedicated to hunger relief organizations and has funded more than 1.8 million meals to date.



\$18,601, N Sturbridge Rd, Kendall George Nylin Est, and Nylin, Patricia F, to Dolan, Richard L, and Dolan, Donna L.



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Conference promotes regenerative agriculture



Conference attendees check out the seed swap and sale in one of the hotel's side rooms.

BY GUS STEEVES CORRESPONDENT

SOUTHBRIDGE — We often hear about the need to "save the world." But to veteran journalist and ecological activist John Liu, that's all wrong.

The world will go on just fine. What we need to save is human civilization by rebuilding the ecosystem we depend on.

"If our intention is to do this, it's actually not that hard," he told several dozen people attending the Soil & Nutrition Conference at the Southbridge Hotel Sunday. "But if our intention is to go shopping, we're supporting another system.'

The core difference, as he sees it, is making "the intention of human civilization be to restore legraded ecosystems rather than continuing to harm Nature through consumption and competition over resources. Ecological health, he noted, "is clearly more valuable than commodities.' "If we declare it a security issue, we already have the budget," he added. "It's budgeted to the militaries of the world. That's way more money than we need." Liu, who helped establish CBS News in China back in the 1980s, became a huge fan of ecological restoration while covering China's effort to re-green the Loess Plateau. For a long time, that region was "a moon-

like desert landscape" due to millennia of overfarming and overgrazing, a place where sand dunes have flowed over ancient ruins marking it as the birthplace of Chinese civilization. In recent decades, it has begun to recover (and still has a long way to go), thanks largely to a massive project in which the government declared various common practices illegal and trained the residents to do things differently.

He said the project has three main parts: planting the highlands with trees, terracing the slopes to be a mixed zone of farming and nature, and farming the valleys. Counter-intuitively, they've seen agricultural productivity rise by farming less of the land, because they're leaving parts of it to Nature's own processes, he said. That, and many similar projects of various sizes worldwide, could be the nucleus of major change that protects humanity's survival. As one conference-goer who did not give his name observed. "There's a huge need and opportunity," but "it can-not be just some exotic projects in exotic places. It has to be done everywhere.' Liu said the issue is not a recent one – the human aspect of the damage began millennia ago, with the rise of agriculture. In many places, agrarian societies became well-established, thrived for a while, and collapsed as

they overburdened their ecosystems. We can see the results in places like the Middle East, where once fertile Mesopotamia (famously termed the "Fertile Crescent") is now almost entirely desert; in the US Southwest, where Anasazi and Hohokam cultures once thrived, but left behind ruins; in the Yucatan, where the Maya did likewise. All of them had various factors in their fall, but overburdening their ecosystem was one of them.

Today, though, the issue is not regional, but global, and needs to be addressed globally through many local projects that share ideas, Liu said.

"Everything we know about agricul-ture is wrong," he said. "Neolithic agriculture devastating, is and industrial agriculture is Neolithic agriculture on steroids. ... I realized I was looking at ecological collapse." From a biological point of view, that's partly because agriculture greatly reduces the number of species that live on any land that's farmed or grazed, and planting the same crops over many years depletes the soil of nutrients. It becomes unable to support much life, dries out and gets hotter and more saline, and that changes the rain patterns. With modern technology (particularly fossil-fueled well pumps, water transport systems and fertilizers), we've

sands of years. reversed, too, by using Nature's own processes and recognizing that the land "is also a community." In many cases, that will mean starting with plants that aren't native to the region but serve the necessary ecological function (for example, selecting plants that can grow in salty or polluted areas). Once they get established and the ecosystem begins changing, native plants will take over; often, the soil holds viable seeds for a very

organization called Commonland. which promotes restoration using the concept of "four returns." All projects must return natural capital (biodiversity and soil health), social capital (jobs and community security), financial capital (long-term sustainable profit) and inspiration ("the return of meaningfulness in people themselves"), Liu said. A key part of that is ensuring the people who live there can provide their own food.



Dan TerAvest of OurSci talks about the Real Food Campaign as a visitor signs up for information.

forced such landscapes to be farmable longer than in past eras, at the cost of drawing down or polluting the land and subterranean aquifers that are sometimes irreplacable in anything short of thou-

But those can be

long time. Liu cited a Dutch

"are not going to lead us to transformation because they're there to protect the status quo," he observed.

In its ninth year (third in Southbridge), the conference itself was organized by the Bionutrient Food Assocation, a Barrebased group. Among other things, it featured talks on micronutrients, nutrient density, financing, herbal medicine, wireless radiation, fungi, using animals and plants, and other topics. Tables in the lobby promoted various issues on organic farming and fertilizing, books from Chelsea Green Publishing, and a citizen science effort to study nutrient density (called the Real Food

Campaign), among other things.

Dan TerAvest said the RFC is seeking people around the country to collect samples of and taste-test six specific crops from farms, farmers' markets and stores, plus printed nutrient labels and other details, and send them to its two labs for nutrient testing. The project publishes the results in "a big open library [online database] that's searchable by people," he said.

More information on RFC is at https://lab.realfoodcampaign.org/.

Gus Steeves can be reached at gus.steeves2@ gmail.com.

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Current cultural institutions

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Enjoy an extraordinary breakfast or send our best-selling breakfast assortment as a thoughtful gift. From our smokehouse to your table, we continue Old World traditions smoking our superior quality meats over glowing Applewood embers to achieve a rich, smoky flavor. Our delicious breakfast assortment includes:

noked Bacon (12 oz.) - The Official Bacon of Baconfest, our bacon is lean with a rich, smoky Nueske's flavor. · Corned Beef Hash (1 lb.) - Lean corned beef cured with salt, peppercorns and bay leaves along with diced potatoes and select spices Pancake Mix (16 oz.) - Serve a platter of approximately ten savory, fluffy buttermilk pancakes · Maple Syrup (8oz.) - Old-fashioned goodness from our Wisconsin sugar maple trees.



UNICEF

continued from page 1

fundraisers and have a lot in store!"

The Bay Path Practical Nursing Academy UNICEF Club meets after school hours. A summary of the past year's achievements was reviewed, and goals were set for the new academic year. Meetings are held after class hours at Bay Path.

LOCAL SERV Ε PROVIDERS





Soda fountain memorabilia

Soda fountains were once a fixture in drugstores. Now it's rare to find one. Hallet's Store in Yarmouth Port, Mas. and Shady Glen in Manchester, Conn. are two establishments in our area that still have soda fountains. Many people that visited them have fond memories of soda fountains and the memorabilia still appeals to collectors.

There was a long history before soda began being served at fountains in the 20th century. A 1962 American water had been "bubbling up out of springs and spas

since the dawn of history." Joseph Priestley developed a process for artificially carbonating water according to a University of Southern California article. According to a McGill University article, he lived near a brewery and became interested in the "airs" (gas bubbles) that produced bubbles in beer. In 1767, he hung a vessel over a beer fermentation vat creating carbonated water. Much later in 1832 John Matthews left England for America where he manufactured carbonating machinery and started selling soda water to retailers. Matthews added flavors to the soda water and licensed soda water equipment. The USC article notes that "by the time he died, Matthews owned over 500 soda fountains. He was known as the 'Soda Fountain King."



ANTIQUES, COLLECTIBLES & ESTATES

Our area also played a part in the development of soda fountains. A Lowell Sun article notes that Gustavus D. Dows patented the first marble soda fountain in 1861. He installed a marble soda fountain in a Central Street pharmacy in Lowell. Ice cream later became a top seller at soda fountains.

Encyclopedia.com lists the heyday of soda fountains as running from 1890 to 1940. They describe "classic American soda fountain(s)" as light, cool, and airy places furnished with mar-Heritage article notes that WAYNE TUISKULA ble-topped counters and tables, shining mirrors, and sparkling

glass and chrome serving dishes. Soda fountains used advertising signs to advertise their specials. National companies also advertised their brands on signs, syrup and soda dispensers, trays, clocks, glasses and anywhere else they could. These items that were given to the soda fountain to promote manufacturers can be very valuable now.

A 12-piece Three Millers soda fountain sign sold for \$2,600 at auction last year. A Moxie soda fountain sign went for \$2,750 in a 2015 auction. A 1902 celluloid Coca Cola sign fetched \$8,000 at a 2012 auction. At a 2016 auction, a rare Allens Red Tame Cherry tin embossed sign reached \$10.250.

Dispensers can also bring strong results. A Coca Cola porcelain brought \$10,000 in a 2018 auction. A Jim Dandy Orangeade dispenser went for \$28,000 in



2010. An Earl Hires 3-piece dispensing bowl with platter sold at auction in 2015. It was made by Mettlach who also made quality German steins. Despite having some restoration, it went for \$74,000.

A complete marble and alabaster soda fountain that was over 21 feet long was auctioned in 2012. It was created by the Liquid Carbonic Co. for the 1893 Columbian Exposition. It bubbled well over the top of the \$75,000 - \$125,000 estimate when it reached \$4,475,000.

We have our next major auction on

Jan. 30 in Worcester. We will be offering a Cherry Smash and a Ward's Orange Crush syrup dispenser. Other events are being scheduled. Please see www. centralmassauctions.com for details on these and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com.

Now's the time to force a few spring flowering bulbs



GARDEN Moments MELINDA **MYERS**

In just 15 minutes, you can plant a beautiful garden guaranteed to brighten your spirits and indoor décor this winter. All you need is a container with drainage holes, potting mix and some tulips, daffodils and other spring flowering bulbs. Once you have gathered the needed materials, you can get started planting.

Select bulbs labeled for forcing, shorter varieties that are less likely to flop or bulbs that didn't make it into the garden this fall. Plant a container of one type of bulb or use a combination for added color, texture, form and a longer bloom time. Tulips, daffodils, and hyacinths are most common, but you may want to add another layer of color with shorter bulbs like crocus, squills, and grape hyacinths.

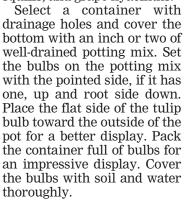


pots at one- or two-week intervals.

Move the chilled container of bulbs to a cool location with indirect light for two weeks. Water thoroughly and often enough to keep the soil moist. Move them to a bright sunny window when the leaves are about four to six inches tall. Bright sunlight and temperatures around 65 degrees Fahrenheit will give you the best results. You'll be enjoying flowers in about three to four weeks after removing them from storage.

Use pots of forced bulbs as centerpieces or flowering accents indoors. Save a few to use outdoors on your balcony, deck or front steps for added color in your spring landscape. Dress up your display by placing the pots in window boxes or planters and cover with mulch or moss.

Planting and forcing bulbs will help keep you gardening



Melinda Myers Photo

When forcing bulbs, select combinations that will provide plenty of color, texture and form.

Or create a garden of spring flowers in a pot using a variety of large and small bulbs. Place the largest bulbs on the lowest level of a large container. Cover with soil and add the medium sized bulbs. Cover these and add the smallest bulbs. Then cover with several inches of potting mix and water thoroughly.

Move potted bulbs to a cold location with temperatures between 35 and 45 degrees for 15 weeks to initiate flowering. This is often the most challenging part of the process. Place the potted bulbs in a spare refrigerator where you do not store fruits and vegetables that produce ethylene that can interfere with flowering. Otherwise, sink the pot in the ground, or set it in an unheated garage away from the door with a bit of insulation around the pot. Water thoroughly whenever the soil is drv.

Start removing the pots from cold storage after fifteen weeks of chilling. Extend your enjoyment by removing the

as the days grow shorter and colder. And when you've had just about all the winter you can stand, it will be time to break out the forced bulbs for a bit of spring color.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses How to Grow AnythingDVD series and the nationally syndicated Melinda's Garden Moment TV and radio segments. Myers' Web site, www. MelindaMyers.com, features gardening videos, podcasts, audio tips and monthly gardening checklists.



GOBI

continued from page 1

tive and insightful, especially in terms of the passion that some citizens had for the issues that concern them. She felt it was a good opportunity for her to connect with constituents and even some who aren't represented by her at the state level.

"Even though a lot of people aren't necessarily my direct constituents it's absolutely important for me to hear from anyone who is involved in agriculture about their issues and problems," Gobi said after the forum. "We deal with them in

committee and we really need to know what people are thinking. This is the best way to do things, through one-on-one and having this direct contact.'

Gobi said she will take several things back to Boston with her for consideration, including the passion for supporting hemp production and even a new idea one citizen provided on how to manage food waste which would involve a large-scale composting practice.

Linda Brink, a spokesperson for the Dudley Grange who sponsored Senator Gobi's visit, said she was happy and grateful for the outcome and was glad that the Senator took the time to hear input from local farmers and producers.

"Anne spoke at the state grange convention last year so it was just us seeing if she could keep it up and tell us what's going on from a year ago. That was part of the motivation," Brink said. "I think everybody was enthused about her taking the time to hear what we had to say. There's an inner structure to the grange. We're not just on the local level – There's areas in each grange and levels that we can push to have our opinions expressed. We'd like to keep getting the farmers involved.'

"Every Town Deserves a **Good Local Newspaper**"

Some bints for barvesting deer



Numerous 200-pound deer were harvested again this past week in the valley by bow hunters, along with other large deer sporting some very impressive antlers. Ground scrapes and tree rubs by bucks were common place this past week. Reports of lost deer because of bad shots were reported this past week, which only supports the passing of a crossbow bill in Massachusetts. Sportsmen and women should contact their State Representatives and State Senators, asking them to support the bill, which will soon be coming up for a vote.

Deer hunters that harvest a deer, and are planning to have the deer mounted for that special room in the house, need to make sure the hide is properly removed from the animal. Too often, deer hunters do not take the necessary steps to skin the deer, and find out too late that the deer was not properly skinned for the taxidermist to mount to their specifications. Taking the time to find a good taxidermist to mount your deer head is very important. Be sure to get the cost of mounting the deer and when you can expect to get your deer back in writing.

Field dressing a deer in the woods is another important task to ensure a good tasting deer. Too often, deer hunters fail to dress the deer properly in the woods. When the deer is prepared on the grill or stove, they find out very quickly that they did something wrong. I often hear someone say they do not like venison, and it is because the deer was not properly dressed in the field, or the deer



was not properly processed. Freezer burned venison is also another reason the venison did not taste good.

Packaging your deer meat with a good vacuum packing machine will ensure the meat is as good in a few months, or even a year, if it is

done correctly. Hiring a professional butcher to process your deer can cost you \$150 or more, but is well worth the price if you are not experienced in processing your deer. Cutting the deer into steaks, roast, hamburg, or sausage can make some great eating throughout the year. Do not forget to share your venison with the farmer or property owner if you are hunting private property. It will go a long way when you return to hunt on their property next year.

Tautog fishing remains strong in both Massachusetts and Rhode Island waters. This week's first picture shows an impressive tautog, caught last week on the Island Current fishing charter boat out of Snug Harbor, R.I. An 11 pound tautog was also caught on the boat this season. You can get more information on the Island Current fishing boat on their Web page at Islandcur rentfishingcharters.com.

THE GREAT OUTDOORS RALPH TRUE This week's second picture shows an impressive deer harvested a few years ago in Douglas. This massive 14-point deer has left some of his genes behind, and hunters continues to harvest massive deer in the Douglas State forest and surrounding areas.

Pheasant hunting remains strong in the valley, but the season is winding down very fast. Stocking of birds will end next week by Massachusetts Fish & Wildlife crews.

Ice fishing is looking good so far this year, and if we can keep the temperatures low in the coming days, some local ice fishing could be

done during the holiday weekend. Only experienced ice fishing anglers should attempt to walk on first ice. I always felt that two inches of good black ice was safe for a single angler. Constant monitoring of ice thickness needs to be practiced. Ice skating is not recommended until the ice thickness is 4 inches or better.

Have a great Thanksgiving.

Take A Kid Fishing & Keep Them rods Bending!





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Aleenah Age 12 Aleenah is a fun, outgoing twelve-yearold with an enormous amount of charisma and great sense of humor. Some of Aleenah's favorite activities are bowling, roller skating, going to the movies, drawing and singing along to the songs on the radio. Aleenah does especially well with younger children; she is always willing to help out in other classrooms, read to younger kids, and/or mentor them. Aleenah feels important and takes great pride in building these relationships.

Legally free for adoption, Aleenah is in need of a family that can provide a struc-

tured, loving home. She would do best with a single mother or a two-parent family with or without other children. Interested families should be comfortable maintaining contact with Aleenah's siblings, and her birth mother whom she visits with twice per year.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."





To sponsor Friday's Child call Patricia at 508-909-4135 x321 or email patricia@stonebridgepress.news



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> **FRANK G. CHILINSKI** PRESIDENT/PUBLISHER

BRENDAN BERUBE Editor

EDITORIAL

Put a little love in your heart

Alongside the bright red ribbons, boughs of holly, and countless images of Jolly old Saint Nick that seem to greet us everywhere we go during the holidays, those of you who have braved the malls or, better yet, stayed closer to home and browsed the shops in your own community this season have likely encountered another iconic holiday image in your travels

— the dedicated volunteers who bundle up and brave the chilly air with jingling bells in hand to collect donations for the Salvation Army.

These hearty souls can be seen everywhere, from their outposts on Main Street to the entrance of your local Wal-Mart. Always seeming to be ready with a cheerful greeting and a warm smile for the crowds of shoppers who file past them every day, their presence serves as an important re-minder to all of us that now, more than any other time of year, is the time to turn our thoughts toward the less fortunate among us ... and that sometimes, the greatest gift of all can be a helping hand in a time of need.

With many of us tightening our belts more than usual when it comes to our holiday shopping in recent years, and the stress of dealing with family dysfunction or traveling away from home for the holidays occupying our thoughts, it can be all too easy to forget that times are that much harder for those at the pottom of the economic ladder. Right here in our own backyard, there are a great many families who have fallen on hard times, often through no fault of their own, and who have nowhere left to turn for help but the generosity of strangers. Fortunately, there are no shortage of charitable organizations throughout the area that are prepared to meet the growing demand for assistance, but only with the support of their respective communities. So as they rush around in these last few weeks before Christmas grabbing those last-minute stocking stuffers or that much sought-after game system, we encourage our readers to think of their fellow man and put a little love in their hearts (as Jackie DeShannon once sang), and remind themselves of the true meaning of the season by offering a helping hand to those who need it. Whether it be through a donation of canned goods to your local food pantry, a monetary gift or a donation of used clothing to your church's relief efforts, or simply by slipping a handful of bills into one of the bright red Salvation Army coffers manned by those spirited, bell ringing volunteers, remember that it may only take a small amount of effort to make the season bright for a neighbor in need.



Timely Tips to Cut Home Energy Costs

With cold weather here and fuel prices on the rise, it's time to take a proactive role to cut costs down to size. From making your house cozy warm to reducing household hot water use, the following tips are geared toward efficient fuel usage, which can translate into impressive savings!

Numbers game: It's no secret setting the thermostat lower can reduce home heating fuel use. Here are the numbers According to the Dept of Energy: For every degree you lower the dial, expect to save from 1% to 3% of your heating bill. Better yet, lowering it five degrees for four hours a day can add up to a ten percent savings!

Rising temperatures: While you're turning down the thermostat, why not turn up your internal thermostat to multiply the savings effect? Donning a lightweight, long sleeved shirt averages two degrees of warmth, while putting on a heavy or wool sweater can propel your warmth quota four degrees!

In hot water: Families typically use more hot water in winter months and heating up the water can account for nearly 15 percent of total household energy costs. Lowering the temperature on the hot water heater to 120 degrees can add up to substantial savings throughout the winter. Some manufacturers set water heater thermostats at 140 degrees, while most households only require 120 degrees. According to the U.S. Dept of Energy, each 10 degree reduction in water temperature, you can save between 3 to 5 percent in energy costs. Another benefit? Reducing your water temperature to 120 degrees also slows mineral buildup and cor-

Take the Hint

KAREN

TRAINOR

Duct work: Studies show if you have non insulated ducts that run through attics, cellars or other unheated spaces, heated air can be reduced by 60% before it reaches the room to be

heated! Insulating duct is a cost effective fix. Small leaks in the ducts also allow heated air to escape. The remedy is as simple as applying metallic duct tape or a spray sealant.

models.

Free inspections: It costs nothing to do a vent check, but it can lower heating costs. If you have baseboards, make sure they are fully open and operable. Move any furniture or drapes that could be blocking warm air flow. Vents or baseboards that are even partially blocked result in an unnecessary hike in heating costs.

Shut it up: Did you know leaving your chimney flue open when not in use is the same thing as opening your window several inches? You should also make sure your dryer vent closes properly to keep cold air from coming in.

Air flow: According to the US Dept of Energy, the inexpensive task of changing your furnace air filter monthly or whenever it's dirty permits a better flow of air through your heating system. A clogged filter greatly decreases the furnace's efficiency and makes it work harder.

In addition, a clean filter reduces the strain on your furnace, which can extend its life.

Fan folly: During the winter months, use your stove and bathroom fans sparingly, as they remove precious warm air from the room. Obviously, you'll want to use a vent to dispel moisture in the bathroom, but there's usually no need to switch on the vent fan every time you put on the bathroom light. Ditto for a kitchen fan vent. Use it periodically while cooking; do not leave it on constantly unless smoke is an issue.



As Thanksgiving approaches, it's meaningful to reflect on the origin of the



FINANCIAL FOCUS JEFF BURDICK Holiday –Native A m e r i c a n s and pilgrims sharing their bounty of food with each other. As you gather with your loved ones this year,

perhaps you can think of ways to share not only your dinner, but also your financial bounty.

In terms of bounty-sharing, here are some suggestions you may find helpful, no matter your age or that of your children:

Make appropriate gifts. If you have young children, you may want to get them started with a savings account to help them develop positive financial habits. You could even make it a Thanksgiving tradition to measure how their accounts have grown from year to year. But you can go even further by starting to fund an education savings vehicle such as a 529 plan. This account can provide valuable tax benefits and gives you total control of the money until your children are ready for college or trade school. Other education-funding options also are available, such as a custodial account, commonly known as an UGMA or UTMA. If you have grown children, you could still contribute to a 529 plan for your grandchildren.

Develop - and communicate your estate plans. While you may want to be as generous as possible to your loved ones during your lifetime, you may desire to leave something behind as part of your legacy. And that means you will need to develop a comprehensive estate plan. Such a plan will allow you to express your wishes about where you want your assets to go, who will take care of your children if something happens to you, how you want to be treated should you become incapacitated, and other important issues. Your estate plan will need to include the appropriate documents and arrangements - last will and testament, living trust, power of attorney, health care directive, and so on. To create such a plan, you may need to work with a team of professionals, including your financial, tax and legal advisors. And it's essential that you communicate the existence and details of your estate plan to your loved ones. By doing so, you can help them know what to expect and what's expected of them to help avoid unpleasant surprises and familial squabbles when it's time to settle your estate. Solicit suggestions for charitable giving. Sharing some of what you have with charitable or community organizations will also help fulfill the spirt of Thanksgiving. And you can make it a family affair by asking your loved ones which groups they would like to support. Not only will you be helping a worthy cause, but you'll also be teaching your children about the value of money - in this case, the ability to use money you've saved to help make a positive contribution to society. By sharing your bounty with your loved ones and your community on Thanksgiving, you'll help create a more memorable holiday for everyone. So, be generous, be creative - and be prepared for how much satisfaction you can get from your actions.

rosion in your water heater and pipes - helping the water heater operate at its maximum efficiency to last longer.

Unplugged: The average family has 40 "phantom" or "standby" electronics that sap energy 24/7 as long as they are plugged in. Unplugging these phantom energy users or connecting them to a power strip that can easily be turned off when not in use, saves 10% of a typical family's electricity use.

Most moisture: Did you know a humidifier can boost the effect of heating? Moist air retains heat better than dryer air, which translates into lower fuel costs!

Laundry list: Doing laundry takes its toll on water usage and hot and warm water cycles use more fuel than you might think. Save money by buying a cold water detergent and doing all your laundry in cold water. Typical savings realized by a family of five is up to \$250 annually. ***

Shower switch: Switch out a hot bath for a shower. While a long, hot bath is tempting, remember, it will almost triple your cost over a shower as more water is used and must be heated. To save even more on hot water costs, replace shower heads with low flow Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

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The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

BAY PATH ADULT EVENING SCHOOL

Fall 2019 catalog offerings

A Country Christmas in Nashville, Tenn. at the Gaylord Opryland Hotel 4 days/3 nights Dec. 6-9

What's included: Roundtrip airfare from Logan Airport, including transportation, three-night lodging, seven meals, Gaylord Opryland exclusive dinner show, ticket for holiday show at Opry House, tour of the Ryman & Grand Ole Opry, ICE Gaylord Opryland, General Jackson Showboat river cruise, and so much more!

Standard view room \$1,899pp double occupancy, \$2,249pp single occupancy

Atrium view room \$1,999pp double occupancy, \$2,399pp single occupancy.

For a brochure and complete itinerary, please contact Lori Doughwright at (508) 248-5971, ext. 1715.

Wine Country Pacific Coast Cruise 9 days/8 nights April 6-14, 2020

What's included: Roundtrip Motorcoach transfers, roundtrip airfare from Logan Airport, one night precruise stay in Los Angeles, 8 day/7 night cruise on board Princess Cruises-The Star Princess, visiting Los Angeles, Santa Barbara, San Francisco, Astoria Oregon, Victoria, B.C., Vancouver, B.C., winery tours, all meals on board ship, and more!

*A valid passport is REQUIRED for this trip

Prices starting at \$2,499pp double occupancy (plus tax, transfers & government fees)

For a brochure and complete itinerary, please contact Lori Douthwright at (508) 248-5971, ext. 1715.

CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy -Please call 978-424-7010

Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center

Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton

2019 Day Trips

Dec3(Tues) Johnny Mathis Christmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club -\$92.00

May 2, 2020.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

Tuesday, Dec. 3 to Thursday, Dec. 5 Overnight Trip 3 Days/2Nights. Prices are \$459 for Double Occupancy and \$559 for Single Occupancy. On Wednesday see the Spectacular Awe Inspiring Special Effects and complete with Live Animals "Miracle of Christmas Show at the Milenium Sight and Sound Theater. Following the The Miracle Show is Dinner at the always delicious Plain and Fancy Restaurant. Also included in this trip and happening on Tuesday is a Dinner Show production of Irving Berlin's Musical "Holiday Inn" featuring thrilling dance numbers, laugh out loud comedy and a Parade of Irving Berlin's Hit Songs. Thursday features a visit to Hershey's Chocolate World and Milton Hershey School and Founders Hall before we head home with rest stops on our way back. This Trip includes 2 nights Lodging, 2 Breakfasts, 2 Dinners, Tickets to The Miracle of Christmas and Tickets to the Holiday Inn Show and a Full Commentary Back Country Tour of the Farmlands of Lancaster Country.

Dec. 31 New Years Eve "DAY" at the Lake Pearl in Wrentham, Mass. Let's Celebrate the New Year during the "DAYTIME". Featuring the dynamic Tom LaMark Orchestra as they cover original classics from the Swing Era, the Best in Ballrooom Dancing, our Favorite Line Dances, and on up to the Best songs from the '50's, '60's and '70's. Sing along, Dance along and Party strong to this Live Band. For \$89, enjoy Deluxe Motorcoach Transportation, Salad, Breads, Choice of Entree, Potato, Vegetable, N.Y. Style Cheesecake, Coffee/Tea and let's not forget a CHAMPAGNE TOAST.

May 15, 2020 to May 22, 2020 Cruise 8 Days/7 Nights Boston to Bermuda aboard the Norwegian Cruise Lines "GEM" SHIP. Leave Boston Friday, May 15 and return Boston Friday May 22. Included are All of the Following, Roundtrip Transfers from Sturbridge to Boston and back. The Ultimate Beverage Package, The Ultimate 4 Night Dining Package, Specialty Restaurants for Free, Exclusive Best of Times Cocktail Party, All Luggage Handling Fees, Drivers Gratuities and Best of Times Professional Tour Director. Early Booking Discount for those people who Book a Balcony Cabin by October 1st, you will receive a 1 Category Upgrade & Special On Board Credit. Prices start at \$1.199 Double Occupancy for an Inside Stateroom, \$1,399 for an Oceanview Porthole Window, \$1,899 for a Balcony Stateroon on Deck 9, \$1,949 for a Balcony Stateroom on Deck 10, and \$1,999 for Balcony on Deck 11. ALSO Add \$400 for Taxes, Transfers, and Gov't Fees. Single Occupancy is Avaiable upon request. Please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com for questions or information on any of the above Trips.

checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2019 TRIP SCHEDULE OPEN TO PUBLIC

PAYMENT DUE AT SIGN UP

Trips are open to the public!

Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

STURBRIDGE RECREATION

New York City Holiday bus trip: Saturday, Dec. 14; depart from Burgess Elementary School at 7 a.m. on our Lizak charter. Arrive approximately 10:30 a.m. (a rest stop will be made along the way) for a day to do as you please in the wonderful Big Apple! Ice skate at Rockefeller Center, take in a show on Broadway, do some Christmas shopping, marvel at the light displays, and more! Drop off will be as close to Rockefeller Center as possible. Depart from the city at 6:30 p.m. and enjoy a peaceful ride home. Arrive back home in Sturbridge by 10 p.m. Cost: \$50 per person. Contact the Sturbridge Recreation Departmetn at (508) 347-2041 or recreation@town.sturbridge.ma.us for more information.

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019

2019 is the Society's 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

Dec. 14 — "Festival of Christmas Lights" at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and a Carousel for the children optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright's Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91 June 29 - July 6 -- Atlantic Canada w/Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 8 seats left August 9 Pops by the -Conway TBA Sea, Tours -Aug. 30 - 31 - Saratoga Racetrack w/Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and drive up Prospect Mountain - \$329. Sept. 16 -18 - The Hamptons w/ Conway. Three day trip w/4 meals, guided tour of the "Rich and Famous," winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag Harbor, etc. - \$579. Oct. 6 -- Green Mt. Railroad w/Fox Nov. 19 - Newport Playhouse w/Fox Dec. 7 & 8 -- Equinox Resort and Hildene, VT w/Conway. Two day trip with elegant dinner & piano entertainment, breakfast, tour of Hildene, chocolate tasting, etc.

There is also still space for the Newport Playhouse trip on Dec. 18, 2019. For \$79 experience the play "A Christmas Cactus" along with a full buffet lunch and a Christmas Carbaret.

Please call Sue at 508-476-5820 for more information or to be put on the emailing list.

Most trips leave from Whitinsville WalMart, 100 Valley Pkway and Stop & Shop at 32 Lyman St Westboro.

Newport Playhouse and some others will leave from the Millbury Park and Ride as well as the Whitinsville WalMart. Please always include entree choice, phone number (especially cell) and an emergency number.

Please call Sue at 508-476-5820 for more information or to reserve.

The Silver Club of the Uxbridge Senior Center invites you to join them on a couple of Christmas trips.

There is a trip to Boothbay Harbor, Maine for the Gardens Aglow on Nov. 21 and 22 for the great price of \$199. After traveling along the Maine Coast, we'll arrive in Freeport, Maine to explore this quintessential Maine village. There will be time for shopping at the dozens of brand-name outlets, flagship L.L. Bean Store, and local boutiques housed in historic brick buildings; then enjoy an included late lunch buffet at the Harraseeket Inn. We will arrive in Boothbay Harbor in the late afternoon and check in to the Flagship Inn. This evening we'll experience Gardens Aglow; walk through the Coastal Maine Botanical Gardens' dazzling, outdoor display of 650,000 lights illuminating their meticulously cared for gardens. You'll also have a chance to peruse the visitor's center & gift shop and get a bite to eat. We will stop in the village of Boothbay Harbor afterwards to expe rience "The Festival of Lights." After breakfast we will head home with a stop in Kennebunkport for lunch and shopping. *Please note this tour includes periods of outdoor walking on dimly lit, potentially uneven surfaces, and overnight accommodations that require walking up and down stairs. On December 5 and 6th there is a trip to the Trapp Family Lodge and it includes one dinner and one breakfast both at the lodge, glassblowing at Simon Pearce Company, a meeting with a member of the Von Trapp family, a stop in Montpelier, and of course the luxury of being at the Trapp family Lodge! It is \$379 for the double occupancy per person and \$499 per person for a single. Capture the Christmas spirit as we enjoy a little of Austria and a lot of Vermont on this memorable getaway. Situated on 2,500 acres in Stowe, Vermont, the Trapp Family Lodge serves as our magnificent home away from home. Enjoy great shopping, superb dining and exceptional hospitality on this great Christmas holiday tour.

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

DAUGHTERS OF ISABELLA

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DOUGLAS SUNSHINE CLUB

Sunny Portugal next April. The Douglas Sunshine Club is planning a trip to sunny Portugal April 21-30, 2020. This trip is with Collette Travel. An informational meeting is planned for Wed. June 12th at the Douglas Senior Center, 331 Main St., Douglas, at 6:30 p.m. If you are interested in the trip, this is a great opportunity to get a description of the travel arrangements and itinerary with a representative from Collette Travel who will also answer any questions you have about the trip. For more info call 508-476-4474.

DUDLEY SENIORS

Dudley Seniors presents a Branson Show Extravaganza, Saturday, May 2 through Sunday, May 10, 2020, \$905 per person, double occupancy. Incredible price includes motorcoach transportation, eight nights lodging including four consecutive nights in the Branson, Mo. Area, 14 meals (eight breakfasts and six dinners), admission to seven fabulous Branson shows, including New Jersey Nights, Amazing Acrobats of Shanghai, Doug Gabriel, Presley's Country Jubilee, "Noah the Musical," and the Hughes Show; and one dinner show on the Showboat Branson Belle. For pictures, video and information, visit www.GroupTrips.com/dudleyseniors. Departure point: Dudley Town Hall, 71 W. Main St., 8 a.m. Saturday,

LEICESTER SENIOR CENTER

Friday, Jan. 17, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

Friday, Feb. 14, 2020: Foxwood Casino. Free lunch buffet or \$20 food voucher and \$10 casino slot play. Cost is \$30.

Friday, March 20, 2020: Foxwood Casino. Free lunch buffet or \$10 food voucher and \$10 casino slot play. Cost is \$30.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

*Japan: March 26 to April 9, 2020 *Japan with China extension: March 26 to April 22, 2020

*USA: Wonders of Northern California Redwoods, Oregon & Washington: August 3-15, 2020 *Spain & Portugal: Sept.9-23, 2020

*Galapagos Islands: Jan 4-13, 2021 *Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

*Alaska (land and cruise): early August, 2021

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

Nov. 21-22~2 day Boothbay Harbor w/lunch at the Harraseeket Inn in Freeport. -- 2 days w/"Gardens Aglow" (beautiful light show at the botanical garden) at the Boothbay Harbor Botanical Gardens. 1 lunch, 1 breakfast. \$199. double occupancy, \$259. single.

DEC.5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

The Uxbridge Senior Center is offering the following bus trips for 2020.

April 16, 2020 - Magic Wings Butterfly Gardens and Yankee Candle with lunch at the Golden Corral w/Fox Tours - \$81. April 27-29 Penn Dutch w/the new show Queen Esther at Sight and Sound -- (trip is full, sign up for the waiting list) May 4 -- Granite State Chocolate and Wine Tour with lunch at Warren's Lobster House - Fox Tours - \$91. May 9 - Albany Tulip Festival w/Conway Tours - TBA June 1 - Plymouth cruise on Pilgrim On Wed, Dec. 18 we will travel to the Newport Playhouse to see "A Christmas Cactus" For \$79, you will enjoy a great play, a bountiful buffet and the Christmas Cabaret.

Show Synopsis: Christmas Eve is tough for private investigator Cactus O'Riley, a white-hot redhead with the holiday blues. She is trying to lure her secretary Fred away from his protective mother, dodging the affections of Deputy D.A. Windsor, and considering closing her business. She doesn't need the added aggravation of two fugitives who burst into her office looking for justice and a dead detective named Jake Marley. Cactus also doesn't need Fred's mother, who arrives to take Fred home but decides to stay because she thinks this is the Christmas murder mystery party she has always dreamed of attending. Christmas turns into a dickens of a holiday for Cactus as she solves mysteries, delivers small miracles and takes a second chance on love and sleuthing.

All trips leave from the Whitinsville WalMart. Call Sue at 509-476-5820 for more information.

SPORTS

Pioneers just too powerful for Shepherd Hill in Central Mass. Division 3 Final





Brock Dubey of Shepherd Hill connects on a point after touchdown kick.



Shepherd Hill players celebrate a first quarter touchdown versus St. John's.

BY KEN POWERS SPORTS CORRESPONDENT

LEOMINSTER — Try as it might, Shepherd Hill Regional simply could not slay the dragon.

The dragon being, of course, St. John's High's varsity football team, the Rams' opponent in the Central Mass. Division 3 Tournament championship game, played at historic Doyle Field on Saturday, Nov. 16.

The Pioneers scored on their first eight possessions and captured the title with a convincing 56-21 victory.

With the win St. John's,

It was the second time this season St. John's defeated Shepherd Hill. The Pioneers' fist win over the Rams, back on Oct. 4, was more of a shootout, St. John's winning, 63-52.

Jason Mckay photos

After St. John's took a 7-0 lead 12 seconds into the game on a 67-yard touchdown pass from Colin Schofield to Eamonn Dennis, Shepherd Hill came back to tie the game, 7-7, on a 19-yard run by senior Gabe Dos Santos with 6:18 left to play in the first quarter.

It took the Rams three more possessions to score again. senior quarterback Ethan Quinn bulling in from 2 yards out to pare the Pioneers' lead to 28-14 with 4:59 remaining in the first half. St. John's then scored on its final three possessions of the first half to lead 49-14 at halftime. The Pioneers pushed their lead to 56-14 on the opening possession of the second half, scoring with 9:07 remaining in the third quarter. At that time, per National Federation of State High School Associations (NFHS), the game began to be played with a running clock, meaning the clock did not stop for the remainder of the game for any reason except injury.

which lost its first two games, improved to 8-2 and advanced to a Division 3 state semifinal where it played Western Mass. champion Springfield Central High (8-2) at Tantasqua Regional on Friday, Nov. 22 at 6:30 p.m. With the loss Shepherd Hill dropped to 7-3.

"I told my guys that this team has a lot to be proud of," Shepherd Hill head coach Ryan Dugan said. "This is the first male sport in the history of the school to play in the highest division in a district championship-type game. We've got a lot of meat still on the bone of this season. We've got an outstanding opponent on Thanksgiving in Tantasqua, so come Monday we're going to get right back to work."

Shepherd Hill closed out the game's scoring on the final play of the third quarter, senior

Shepherd Hill's Gabe Dos Santos breaks through Patrick Spellane of St. John's tackle.

James Labarge scampering in from 7 yards out.

Shepherd Hill, who ran the football more than 50 times, picking up nearly 300 yards in the process, was led by Dos Santos, who gained 91 yards on 14 carries. Sophomore Zach Christenson added 67 yards on eight rushing attempts, while senior Anthony Oriente picked up 56 yards on 14 carries.

The Rams again were forced to play without senior running back Nate Cooper, who was injured earlier in the season. Cooper played defensive back for two plays in the second quarter, but came out of the game after those two plays and did not return.

"We put Nate in for a couple of plays to see if he could go, but he couldn't," Dugan said. "Not having the best player on our team really hurt us."

After the game Dugan was asked what he thought the difference in the game was.

"We're a school of 500 boys playing an all-star team. The MIAA deemed that this is the division we're supposed to be in with 500 boys playing a school of 1,000 boys that's an all-star team," Dugan said. "We can play a school of 1,000 boys, we just beat Wachusett, a school of 1,000 boys. But when you play a school of 1,000 boys that's also an all-star team, it's really hard.

"I have nothing against St. John's; they're a fantastic team, but you've got to ask yourself, what are we doing here in Division 3," Dugan continued. "We can be hurt and stung that this is how the game went, but we can't hang our heads. We've got to be excited that this is what we accomplished. When the season's over we're going to come back and look at this and say, 'wow, we accomplished a ton.' Right now it stings."



Shepherd Hill quarterback Ethan Quinn looks over the offensive and defensive lines before firing off a pass.



Xavier Nieves of Shepherd Hill powers past the St. John's defensive line while carrying the ball.

SIXTH GRADE CHARLTON DUDLEY RAMS WIN ANOTHER DIVISION 1 STATE CHAMPIONSHIP

Courtesy photo

On Sunday, Nov. 17, the sixth grade Charlton Dudley Rams football team made it back-toback Division 1 State Championships following an 18-13 victory. The team includes, from left, (back row) Coach Rowden, Coach Parent, Head Coach Pecore, Coach Lafleche, Coach Woodson, Coach Taparausky, (middle row) Devin Rowden, Logan Hill, Drew Wright, Michael Woodson, Dillon Pecore, Chase Bond, Jacoby Lorente, Akeem Rose, Kolby Pecore, Jeremy Parent, (kneeling) Caden Stevens, Kason LeBlanc, Adam Rydlak, PJ Thompson, Aiden Tyler, Kyle Taparausky, Brady Lloyd, Trent Lorenzen and Brandon Denham.



Shepherd Hill seniors sign National Letters-of-Intent on the dotted line

BY KEN POWERS SPORTS CORRESPONDENT

DUDLEY — Shepherd Hill Regional seniors Emma Sullivan, Kiley Wong-Li and Skylar Pietz all made their college choices official on Thursday, Nov. 14, each signing a National Letter-of-Intent (NLI) to attend the schools they have selected to continue their academic and athletic careers.

With a Standing Room Only crowd of family, friends, teammates, teachers, staff and administrators packing the school's John F. Canavan Library, Sullivan signed her Division 1 NLI to attend Jacksonville University, where she will participate in Track & Field for the Dolphins.

Wong-Li also signed a Division 1 NLI, choosing to continue her education at Siena College, where she will be a member of the Saints' softball program.

Pietz signed a Division 2 NLI with Southern New Hampshire University (SNHU), where she will continue her lacrosse career under the watchful eye of the school's mascot. Petev Penmen.

A fourth Shepherd Hill senior, Madison Marsh, was scheduled to sign her Division 1 NLI with UMass-Lowell for Track & Field with Sullivan, Wong-Li and Pietz, but Mark Kelley, Shepherd Hill's assistant athletic director, said Marsh was out of town attending a family reunion and could not attend. Kelley said Marsh will sign her NLI on a later date.

Sullivan was the first to sign her NLI, and after she did so she delivered an inspiring speech about the tremendous impact the Shepherd Hill community has had on her in her time at the Dudley-Oxford Road school.

Sullivan had to stop during her speech several times as her emotions got he best of her, and when she was finished it didn't appear that there was a dry eye in Canavan Library.

Sullivan, who won the Central Mass. Division 1 Cross-Country individual



Photo courtesy Sean Burke

From left, Shepherd Hill Regional seniors Kiley Wong-Li, Skylar Pietz and Emma Sullivan prepare to sign their National Letters-of-Intent. Wong-Li will play softball at Siena College, Pietz lacrosse at Southern New Hampshire at Southern New Hampshire University, and Sullivan will run track & field at Jacksonville University.

championship on Nov. 9 at Gardner Municipal Golf Course, holds the school record in the 800 (outdoors), the 600 (indoors), and the long jump (outdoors).

In addition, Sullivan was a member of the 1,600-meter relay team that captured the Division 1 state championship last spring, a team that holds the school record in the event both indoors and outdoors. She was also part of the sprint medley relay team that holds the school record both indoors and outdoors, and she has run the fourth-fastest time in school history on the Rams' home cross-country course.

"I just fell in love with Jacksonville when I visited," Sullivan said. "I absolutely love the coaching staff and the school itself has a really cool vibe.'

Siena College, located about two hours from Dudley in Loudonville, N.Y., sold Wong-Li with its beautiful campus, excellent coaching staff and friendly student-body.

"The big thing for me is the fact that Siena has a great academic program and is known for its high rate of placing graduates in jobs in their majors after graduation," explained Wong-Li, who said she is thinking about majoring in psychology

In her first three years in the Shepherd Hill softball program, Wong-Li has amassed 80 hits, 17 of those hits being home runs, and driven in 89 runs while putting together a threeyear combined batting average right around .400.

Like Sullivan and Pietz, who both spoke before her, Wong-Li was overcome with tears on several occasions.

"I blame Emma for all the tears."

Wong-Li said with a laugh afterward. "She got everybody crying and then Skylar said she wasn't going to cry and then she couldn't stop crying. If I had gone first maybe I wouldn't have cried so much, but by the time it got to me and the two of them were already crying, I couldn't help but cry, too.'

Pietz said she considered many schools before ultimately choosing SNHU, but in the end she knew Southern New Hampshire was where she was meant to spend the next phase of her education.

"I went to other schools for clinics and camps and overnight visits, but no matter where I went, I found myself comparing wherever I was to Southern New Hampshire," said Pietz, who received a lot of interest from many colleges, the most serious inquiries from Wingate, Southern Connecticut and Franklin Pierce, in addition to SNHU.

"The facilities, the field, the professors, the coaches at Southern New Hampshire, I was thinking about all of that when I was at the other colleges I visited," Pietz continued. "Because of that, I knew Southern New Hampshire University was the place for me.'

Pietz, in her first three years with the Rams' girls' lacrosse team, has recorded 302 career points, 236 of those points coming on goals. She holds the record for most points (97) and assists (19) in a season. Her freshman year the team was 4-14, last year they were 18-2.

Pietz's bother, Tristan, is a sophomore at SNHU and a member of the men's lacrosse team.

"I was a little iffy at first about going to Southern New Hampshire because of that. 'Do I want to go to the same school my brother goes to?' I asked myself," Pietz said. "But I think it's going to be a good thing, a plus. There are four pairs of siblings on the girls' and the boys' lacrosse teams at Southern New Hampshire, so I think it will be a lot of fun."

TORPEDOES-NE SWIM RESULTS

On Sunday, Nov. 3, the local Torpedoes-NE swim team of the Tri-Community YMCA took part in the Worcester County Swim League Championships, which were held at Tantasqua Regional.

The results of the Torpedoes-NE swimmers that placed inside the top-10 in their events Butterfly

1. Neave Bilodeau, 25.72 Girls 9-10 50 Yard Butterfly 2. Kylie Formigal, 42.71

5. Katelyn Spillane, 47.14 7. Ava Serrano, 48.17 Boys 9-10 50 Yard Butterfly

1. Dominik Ignatovich, 42.15 3. Jack Sullivan, 58.50

4. Miles Oprica, 1:02.53

Boys 13-14 100 Yard Freestyle 1. Max Sullivan, 59.18 2. Eben Mazieka, 1:03.07 4. Reed Magnan, 1:06.33 5. Brad Piekarczyk, 1:07.64

10. Lucas Lawendowski, 1:29.72

Girls 15-18 100 Yard Freestyle 2. Sarah Kersting-Mumm, 1:01.24

5. Adam Mazieka, 1:28.03 Girls 11-12 100 Yard Butterfly 4. Sonia Ganski, 1:32.48 5. Riley Bowes, 1:41.52 Boys 11-12 100 Yard Butterfly 2. Ethan Zhu, 1:24.65 28.05 3. Quinn Sullivan, 1:30.72 Girls 13-14 200 Yard Butterfly 3. Jade Desmond, 3:03.95 5. Molly Bilodeau, 3:29.22 Boys 13-14 200 Yard Butterfly 2. Ryan McKenzie, 24.08 1. Akshat Viswanath, 2:46.87 3. Adrian Ignatovich, 24.79 2. Eben Mazieka, 2:58.04 4. Andrew Wade, 25.52 5. Jack Davis, 26.44 Girls 15-18 200 Yard Butterfly 1. Maria Piekarczyk, 2:43.87 Boys 15-18 200 Yard Butterfly Boys 1. Adrian Ignatovich, 2:19.38 Breaststroke 3. Jack Davis, 2:36.77 4. Adam Mazieka, 3:18.58 Girls 11-12 50 Yard Freestyle 5. Amara Johnson, 32.49 Boys 11-12 50 Yard Freestyle 3. Evan Dambly, 30.25 Breaststroke 4. Sunday Voraraj, 33.05 6. Sam Merchant, 35.04 9. Wyatt Owens, 37.28 10. Nathaniel Grant, 38.52 Girls 13-14 50 Yard Freestyle 2. Zoey Zhu, 29.64 3. Emily Owens, 29.66 Breaststroke 4. Nicole Apicelli, 30.57 5. Abigail Morse, 30.89 7. Jade Desmond, 31.83 9. Julianna LaForce, 33.43 Boys 13-14 50 Yard Freestyle 4:01.90 1. Max Sullivan, 26.76 Girls 2. Ethan Korenda, 27.17 3. Axel Soderquist, 28.35

4. Eben Mazieka, 29.47 6. Reed Magnan, 30.05 10. Lucas Lawendowski, 38.66 Girls 15-18 50 Yard Freestyle 3. Sarah Kersting-Mumm,

4. Maria Piekarczyk, 28.41 7. Rebecca Turley, 31.22 9. Julia Obrycki, 33.08 Boys 15-18 50 Yard Freestyle

are as follows: Girls 13-14 400 Yard IM 2. Zoey Zhu, 5:44.89 Boys 11-12 400 Yard IM 3. Éthan Zhu, 6:37.93 Girls 8 & Under 500 Yard Freestyle 1. Brynn Boucher, 7:45.16 Girls 9-10 500 Yard Freestyle 2. Kylie Formigal, 7:31.16 3. Katelyn Spillane, 7:33.67 Girls 13-14 500 Yard Freestyle 3. Abigail Morse, 6:38.70 5. Emily Owens, 6:48.80 Girls 15-18 500 Yard Freestyle 3. Sarah Kersting-Mumm, 6:10.97 Boys 13-14 500 Yard Freestyle 1. Max Sullivan, 6:11.15 2. Eben Mazieka, 6:29.95 Boys 15-18 500 Yard Freestyle 2. Thomas Morrison, 5:50.30 4. Andrew Wade, 6:10.17 5. Daniel Durda, 6:22.09 Daniel Sickenberger, 6. 6:29.03Girls 8 & Under 50 Yard Freestyle 1. Brynn Boucher, 35.93 2. Hailey Mathurin, 46.18 4. Neave Bilodeau, 51.15 7. Kyrah Gingo, 56.84 Girls 9-10 100 Yard Freestyle 4. Kylie Formigal, 1:17.86 5. Katelyn Spillane, 1:18.16 9. Hannah Cardenas, 1:35.01 Boys 9-10 100 Yard Freestyle 2. Keenan Scherer, 1:28.40 4. Miles Oprica, 1:53.28 6. Joseph Afton, 2:15.45 Girls 8 U Under 25 Yard Breaststroke 3. Neave Bilodeau, 30.74 Girls 9-10 50Yard Breaststroke 4. Abbey Korenda, 43.87 6. Ava Serrano, 49.50 9-10 Yard Bovs 50 Breaststroke 1. Keenan Scherer, 49.88 Girls 8 & Under 50 Yard Backstroke 1. Brynn Boucher, 41.64 3. Hailey Mathurin, 53.78 4. Kyrah Gingo, 55.65 Girls 9-10 100Yard Backstroke 3. Abbey Korenda, 1:33.00 4. Katelyn Spillane, 1:33.86 7. Ava Serrano, 1:39.94 9. Hannah Cardenas, 1:47.91 Boys 9-10100 Yard Backstroke Dominik Ignatovich, 1. 1:25.993. Miles Oprica, 2:01.62 Girls 8 & Under 25 Yard

Girls 8 & Under 100 Yard Freestlye 3. Hailey Mathurin, 1:47.90 5. Neave Bilodeau, 1:55.40 6. Kyrah Gingo, 2:07.03 Girls 9-10 200 Yard Freestlye 5. Kylie Formigal, 2:49.45 10. Hannah Cardenas, 3:32.47 Boys 9-10 200 Yard Freestyle 1. Keenan Scherer, 3:11.06 9-10 100 Yard Girls Breaststroke 4. Abbey Korenda, 1:39.45 Boys 9-10 100Yard Breaststroke 1. Keenan Scherer, 1:48.72 Girls 8 & Under 25 Yard Backstroke 1. Brynn Boucher, 18.41 5. Hailey Mathurin, 23.68 6. Kyrah Gingo, 24.76 Girls 9-10 50 Yard Backstroke 4. Abbey Korenda, 42.71 5. Katelyn Spillane, 43.26 7. Ava Serrano, 45.84 Boys 9-10 50 Yard Backstroke 1. Dominik Ignatovich, 41.94 3. Miles Oprica, 55.67 Girls 9-10 100 Yard Butterfly 2. Kylie Formigal, 1:38.11 3. Ava Serrano, 1:40.68 Boys 9-10 100 Yard Butterfly 1. Dominik Ignatovich, 1:42.87 3. Jack Sullivan, 2:19.63 Girls 8 & Under 25 Yard Freestlve 1. Brynn Boucher, 15.94 3. Hailey Mathurin, 21.06 5. Neave Bilodeau, 22.62 8. Kyrah Gingo, 26.87 Girls 9-10 50 Yard Freestyle 6. Abbey Korenda, 37.60 10. Hannah Cardenas, 43.85 Boys 9-10 50 Yard Freestyle 1. Dominik Ignatovich, 34.00 2. Keenan Scherer, 37.64 5. Miles Oprica, 49.76 6. Joseph Afton, 53.64 Girls 11-12 100 Yard Freestyle 5. Abigale Houle, 1:13.94 6. Amara Johnson, 1:15.27 9. Tori Stendrup, 1:18.23 10. Riley Bowes, 1:19.85 Boys 11-12 100 Yard Freestyle 3. Quinn Sullivan, 1:09.20 4. Sunday Voraraj, 1:14.98 6. Sam Merchant, 1:16.53 7. Wyatt Owens, 1:22.51 10. Nathaniel Grant, 1:26.07 Girls 13-14 100 Yard Freestyle 2. Zoey Zhu, 1:03.55 3. Kira Dambly, 1:05.49 4. Emily Owens, 1:06.54 6. Jade Desmond, 1:11.51 8. Molly Bilodeau, 1:13.74

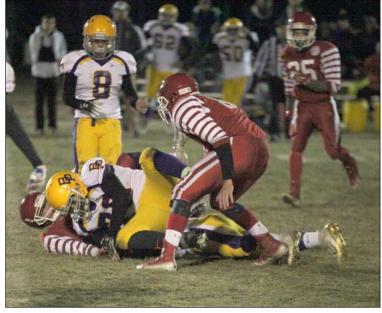
4. Maria Piekarczyk, 1:01.52 7. Rebecca Turley, 1:07.49 8. Julia Obrycki, 1:13.72 Boys 15-18 100 Yard Freestyle 2. Ryan McKenzie, 54.27 5. Andrew Wade, 57.01 6. Jack Davis, 58.50 7. Daniel Durda, 1:02.59 Girls 11-12 Yard 100Backstroke 3. Sonia Ganski, 1:20.60 4. Abigale Houle, 1:25.05 9. Tori Stendrup, 1:34.22 11 - 12100Yard Boys Backstroke 2. Evan Dambly, 1:15.50 3. Quinn Sullivan, 1:18.77 5. Jonah Scherer, 1:31.27 Girls 13-14 200 Yard Backstroke 1. Zoey Zhu, 2:37.74 2. Kira Dambly, 2:37.90 4. Abigail Morse, 2:48.83 6. Julianna LaForce, 2:54.99 7. Nicole Apicelli, 2:55.66 10. Kira J. Petrik, 3:07.69 Yard 13 - 14200Boys Backstroke 1. Akshat Viswanath, 2:31.68 3. Nathaniel Chute, 2:54.29 4. Brad Piekarczyk, 2:54.56 6. Reed Magnan, 3:03.15 Girls 15 - 18200Yard Backstroke 4. Maria Piekarczyk, 2:38.69 Girls 11 - 1250 Yard Breaststroke 3. Sonia Ganski, 42.90 4. Riley Bowes, 44.70 10. Sasha Hidalgo, 48.83 Boys 11 - 1250Yard Breaststroke 1. Sunday Voraraj, 38.61 3. Sam Merchant, 45.52 4. Wyatt Owens, 46.65 5. Nathaniel Grant, 1:09.33 13 - 14Yard Girls 100Breaststroke 2. Emily Owens, 1:22.38 5. Nicole Apicelli, 1:31.65 7. Julianna LaForce, 1:39.01 8. Kira J. Petrik, 1:45.41 9. Bianka Ganski, 1:46.66 13 - 14100 Yard Boys Breaststroke 2. Ethan Korenda, 1:19.58 4. Brad Piekarczyk, 1:30.90 6. Lucas Lawendowski, 1:49.45 Girls 15-18 100 Yard Breaststroke 5. Rebecca Turley, 1:27.22 8. Julia Obrycki, 1:31.70 Boys 15-18 100Yard Breaststroke 4. Jack Davis, 1:13.53





Lazo does it all for victorious Pioneers, 43-20 over Bay Path





Bay Path's Jaden Morales falls to the ground in order to recover a Southbridge onside kick.

Miranda, who finally tracked it down on his 10-yard line. He started his return in the middle of the field, but cut sharply to his right to elude a pair of Bay Path would-be tacklers. Morales-Miranda then turned another Bay Path player completely around, faking outside and then inside before going outside, getting to the sideline and sprinting the last 70 yards into the end zone.

"Carlos has got some moves," Southbridge head coach Frank Koumanelis said. "He can run."

Pioneers' senior Juan Tula-Rojas gained 62 yards on six carries and scored on a 6-yard run in the third quarter. Southbridge freshman Randy Melendez closed out the scoring with a 1-yard plunge into the end zone with 3:30 remaining.

Southbridge finished with 267 yards of total offense, 226 on the ground, the other 41 coming in the passing game, quarterback John Cortez completing 2 of 3 passes, one a 35-yard gainer to Torres.

We have a lot of confidence in our ground game. The National Federation of State line is coming together. We High School Associations. played well tonight; I thought Bay Path's other touchdown ame in the second quarter we played a complete game Koumanelis said. "We're lookon a 9-yard pass from Keeler ing forward to playing Bartlett (4 of 8, 67 yards) to freshman on Thanksgiving. I think we're Jonathan Nussey (2 catches, 31 going to do OK.' yards). Bay Path (2-8) finished the

game with 171 yards of total offense. The Minutemen had a pair of extended drives in the first half cut short, the first when Keeler was intercepted by Southbridge's Thomas Dupuis with three minutes remaining in the first quarter, the second on Lazo's fumble recovery with 11 minutes left in the first half.

'We had turnovers on backto-back drives and they turned both of them into quick scores," Fall said. "It's hard to score when the ball is in the other team's possession."

Junior Tyler Gillespie, who did not play in the first half, finished the game with a team-leading 72 yards on five carries and scored on runs of 11 (in the third quarter) and 62 yards (with less than a minute to play in the game).

"Tyler had to sit out the first half because he was called twice for taunting in last week's game [a 36-8 win over Worcester North]," said Fall, who explained the punishment is based on the rules implemented this year by the

Nick Ethier photos

Bay Path defenders Jomar Torres (8) and Nikko Vitkos combine to tackle Southbridge's Carlos Morales-Miranda.

BY KEN POWERS SPORTS CORRESPONDENT

SOUTHBRIDGE — Talk about having a day for yourself.

Ben Lazo did a little bit of everything for the Southbridge High varsity football team in the Pioneers' 43-20 rout of Bay Path Regional at Harry J. McMahon Field on Friday, Nov. 15.

The junior, a starting offensive and defensive tackle, also lined up at fullback on offense and carried the ball five times, gaining 13 yards and scoring a pair of touchdowns on runs of 1 and 2 yards.

"We've been joking around with the idea of me going to fullback for a few weeks. Coach [Tony] Santilli told me he had a package of plays for me and we started working on them in practice and it led to [tonight]," Lazo said. "I have to

say, though, it wouldn't have happened if it wasn't for my line. It was all my line. I can't take any credit."

So, the offensive linemen that Lazo usually works with to open holes for the other running backs on the Southbridge team got a chance to open holes for Lazo against Bay Path.

"It's a beautiful cycle," Lazo said with a smile while clutching the game ball. "They love seeing me rumble."

On defense the agile 6-foot-2, 260-pounder recovered a fumble after teammate Max Renaud stripped the ball from Bay Path running back Nikko Vitkos, sacked Minutemen quarterback Michael Keeler twice and recorded nine tackles

Lazo now has 102 tackles and 20 quarterback sacks on the season.

azo family has been "The

haunting me for several years," Bay Path head coach Matt Fall said. "It seems like every time we play Southbridge they've got a kid named Lazo on the team and he ends up being a huge pain in the neck for us.'

Southbridge (5-5) dominated the game from start to finish, leading 14-0 after the first quarter, 30-6 at halftime and 37-12 through three quarters.

The Pioneers had several players turn in impressive performances in addition to Lazo.

Senior Alex Torres rushed for a game-high 81 yards on 15 carries and scored on a 6-yard run in the second quarter. Sophomore Carlos Morales-Miranda, Torres' backfield mate, gained 43 yards on 10 carries and scored a touchdown at the end of the first half on a 90-yard kickoff return.

On the play, the kickoff from Bay Path got behind Morales-



Keagan Spring of Bay Path attempts to rush the ball to the outside to create separation from Southbridge's defensive presence.



Bay Path's Jonathan Nussey makes a reception while fighting through a double team.

<u>Sports Briefs</u>

Shrewsbury Club seeks players, teams for new rec basketball league

The Shrewsbury Club is seeking players and teams for a brand new high school boys rec basketball league. The league is open to all boys in grades 9-12 that are not on a high school basketball team roster. League play begins Dec. 8 and runs through Jan. 26. Teams are guaranteed seven regular season games. Deadline for registration is Wednesday, Dec. 4. To register or for more information please contact Steve Garrity at Steveg@shrewsburyclub.com.

Individual Registration: \$95 per player. Sign up with a friend or sibling and receive 50 percent off the second registration. Team Registration: \$300 per team. Ask about discount for mul-

tiple team entry. Rams run well at All-State Cross-Country Championship

GARDNER — After winning the Central Mass. Division1 team championship, Shepherd Hill Regional's girls' cross-country squad returned to Gardner Municipal Golf Course for the D1 All-State Meet on the same 5k (3.1 mile) course on Saturday, Nov. 16. And the Rams ran well, placing fifth as a team.

Emma Sullivan (14th place, 19:41), Emery Mullen (28th, 20:12), Samantha Zannotti (71st, 20:57), Anna Thomas (73rd, 20:59) and Kaitlyn Stevens (90th, 21:14) were the harriers that helped The Hill to the fifth-place finish.

In the Division 1 boys' race, Shepherd Hill's Henry Weiland took part as an individual. Weiland ran the course in 17:25, good for 78th place overall.

Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any students in grade 3 and up, parents or teachers from any of the surrounding towns and states can ski or snowboard eight consecutive Saturday nights at Wachusett Mountain for just \$158 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eight-week program begins on Saturday, Jan. 4 and ends Saturday, Feb. 22. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free

through your health insurance coverage. Also, anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. For more information, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

Dudley Charlton Women's Basketball to hold pickup

games

On Monday evenings at the Heritage School from 7-9 p.m., you will find women playing pickup basketball. We play every Monday from September to June based on the school schedule. There are no set teams or fees. Ages 18 and older are welcome. Come for some fun exercise. Contact Deb at (508) 248-3600 for more information.

CALENDAR

Saturday, November 23

CHRISTOPHER'S ST. ANNUAL CRAFT FAIR: St. Christopher's Parish Rt. 20, Brimfield will hold its annual craft fair on Saturday, Nov. 23 from 9 a.m. - 3 p.m. and Sunday, Nov. 24 from 9 a.m. - 1 p.m. Santa will be visiting both days from 9 a.m. – 1 p.m. Just visit with him or take a photo. Over 35 vendors offering anything from handcrafted jewelry, primitives, blankets, quilts, scarfs, Christmas decorations and ornaments, organic lotions and soaps, knitted goods, pet gifts, wood art and burning and so much more! Winter boxes will be available for holiday decorating at your home or cemetery. We will accept donations on behalf of the Tri-Town Food Pantry. There will be raffles offering great prizes too. The kitchen opens at 8 a.m., and will be serving delicious food throughout the fair. Admission to the craft fair is free. For more information contact the parish at 413-245-7274 or email stchrisbrimfield@gmail.com or check it out on the church's Facebook page.

Wednesday, November 27

TURKEY DAY TALES, Joshua Hyde Library, Sturbridge. Family is here for the holiday! All are welcome to join us for Thanksgiving stories and a fun craft activity. Free. Sponsored by the Friends of JHL. Pre-register, please.

Friday, November 29

ART WITH AVA, 2 p.m., Joshua Hyde Library, Sturbridge. Ava, a young inspiring artist, will guide children ages 4-9 years in basic drawing skills. Participants will leave with two sketches that they create. Materials will be provided. Space is limited. Pre-registration is required. Free.

Saturday, December 7

CHRISTMAS FAIR: 8 a.m.-2 p.m., Charlton Senior Center, 37 Main St. Christmas items, raffles, handmade items, holiday items, baked goods, white elephant items, homemade chowder, meatball grinders, peach shortcake and more.

SANTA CLAUS PANCAKE BREAKFAST: The Bay Path Education Foundation is pleased to announce that its annual Santa Claus Pancake Breakfast will be held at Bay Path High School, 57 Old Muggett Hill Road, Charlton on Saturday, Dec. 7 from 7:30 to 10:30 a.m. in the cafeteria. Families are provided with a free five-by-seven-inch photograph with Santa donated by Casson-Foster Photographers. There will also be a raffle and free face painting. Tickets are \$5 each, with children under five admitted free of charge. All funds raised are used for student scholarships and classroom mini-grants.

STARRY, STARRY NIGHT CHRISTMÁS FAIR: 9 a.m.-2 p.m., Dodge Chapel, 81 Hammond Hill Rd., Charlton. Hosted by the Charlton Helping Hand Society. All proceeds will benefit the group's charitable commitment to the Charlton community. Offerings include our popular "Gramma's Attic," Bake and Cookie by the Pound table, raffle tickets, Chinese auction, etc. Introducing a 'Bag Lunch to Go.' You won't have to stop for lunch — take it with you as you visit the other fairs in the area! All raffle prizes will be drawn at the end of the fair. Please join us, share the spirit of the season, the fellowship, bargains, and especially to "Help Us Help Others."

FRIENDS OF THE CHARLTON PUBLIC LIBRARY HOLIDAY CRAFT AND GIFT FAIR: 9 a.m.-3 p.m., Charlton Public Library, 40 Main St. We will have various raffles available that day, and our book sale room will be open. All proceeds will benefit the library. For more information, please call the library at (508) 248-0452.

GINGERBREAD FAIR: 9 a.m.-3 p.m. Visitors to this warm and intimate fair will find unique gifts for everyone. Handcrafts, jewelry, plants, Grandma's Attic, baked goods and cookie table, a silent auction, gourmet delights and much, much more! Coffee and donuts will be served from 9 – 11 a.m., followed by a lunch from 11:30 a.m. to 1:30 p.m. Charlton City UMC, 74 Stafford St., Charlton. The church is handicapped accessible and plenty of parking is available.

FIFTH ANNUAL HOLIDAY CRAFT AND GIFT FAIR: 9 a.m.-3 p.m., Charlton Public Library, 40 Main St. Hosted by the Friends of the Library. We will have various raffles available that day, and our book sale room will be open. All proceeds will benefit the library.

ONGOING

THE STURBRIDGE FARMER'S MARKET is held every Sunday through Oct. 6 from 9 a.m. to 1 p.m. on the Town Common.

CHARLTON AMERICAN LEGION POST 391 meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We'd love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran's wakes & funerals. There's plenty we can still do to help our community.

WOMEN'S BASKETBALL: Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski

Girls 13-14 200 Yard IM

Boys 13-14 200 Yard IM

1. Max Sullivan, 2:33.53

Girls 15-18 200 Yard IM

Boys 15-18 200 Yard IM

8. Rebecca Jarvis, 3:22.76

5. Ryan McKenzie, 2:22.77

7. Daniel Durda, 2:42.76

Bilodeau,

Bilodeau,

Dambly,

Dambly,

Kylie

Additionally,

the following were

named All-Stars:

Brynn Boucher,

Nathaniel Chute,

Jack Davis, Jade

Formigal, Sonia

Ganski, Adrian

Ignatovich.

Dominik

Molly

Neave,

Evan

Kira

Desmond.

8. Adam Mazieka, 2:48.20

3. Adrian Ignatovich, 2:20.92

2. Ethan Korenda, 2:41.85

2. Molly Bilodeau, 3:00.21

for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: First and third Thursday of each month, 2:30-3:30 p.m. at the Overlook Independent Living Building. fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass. org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

N U M I S M A T I C S : Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

A L Č O H O L I C S ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

K9 NOSE WORK: A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor – National Association of Canine Scent Work.

SEN-I JUDO CLUB: This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

WEIGHT WATCHERS: Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/ Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit www.weightwatchers. com to become a member or to learn more about Weight Watchers.

YOGA: Hatha Yoga benefits are stress-relieving. Relax & rejeuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

FENCING: Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.

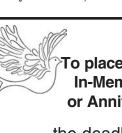
O V E R E A T E R S ANONYMOUS: Is food a problem for you? Have you been worried about the way you eat? Do you resolve to go on a diet tomorrow, only to fail again and again? Is your weight affecting the way you live your life? You are not alone. Overeaters Anonymous can help. No dues, no fees, no weigh-ins. Meetings are held Sundays in Worcester (St. Michael's On-The-Heights, 340 Burncoat Street) at 7 p.m., Mondays in Auburn (Bethel Lutheran Church, 90 Bryn Mawr Ave.) at 7 p.m. and Wednesdays in Putnam, Conn. (Day Kimball Hospital, 320 Pomfret Strett) at 6 p.m. Want more information? Call or text Bruce P. (508) 864-0593, email him at brucep.oa@charter.net or visit oa.org.

RESULTS

continued from page A13

Breaststroke 5. Julia Obrycki, 3:20.94 Boys 15-18 200 Yard Breaststroke 4. Andrew Wade, 2:39.65 5. Adrian Ignatovich, 2:45.47 6. Adam Mazieka, 3:16.74 Girls 11-12 50 Yard Backstroke 3. Sonia Ganski, 38.20 4. Abigale Houle, 41.39 5. Tori Stendrup, 42.87 6. Amara Johnson, 43.02 Boys 11-12 50 Yard Backstroke 2. Evan Dambly, 36.51 3. Ethan Zhu, 39.97 Girls 13-14 100 Yard Backstroke 1. Kira Dambly, 1:11.59 2. Zoey Zhu, 1:12.21 4. Abigail Morse, 1:20.67 5. Jade Desmond, 1:21.48 6. Julianna LaForce, 1:23.37 Boys 13-14 100 Yard Backstroke 1. Åkshat Viswanath, 1:10.60 2. Ethan Korenda, 1:14.08 4. Nathaniel Chute, 1:21.24 5. Brad Piekarczyk, 1:24.45 6. Reed Magnan, 1:26.28 Girls 15-18 100 Yard Backstroke 4. Sarah Kersting-Mumm, 1:14.39 Boys 15-18 100 Yard Backstroke 2. Ryan McKenzie, 1:03.07 Girls 11-12 200 Yard Freestyle 5. Amara Johnson, 2:45.15 9. Tori Stendrup, 3:08.23 Boys 11-12 200 Yard Freestyle 2. Evan Dambly, 2:29.93 3. Quinn Sullivan, 2:38.43 4. Sam Merchant, 2:44.39 6. Jonah Scherer, 3:00.92 7. Nathaniel Grant, 3:21.29 Girls 13-14 200 Yard Freestyle 3. Abigail Morse, 2:28.67 4. Kira Dambly, 2:29.06 6. Molly Bilodeau, 2:42.05 Boys 13-14 200 Yard Freestyle 1. Åkshat Viswanath, 2:16.51 2. Axel Soderquist, 2:26.00 5. Reed Magnan, 2:35.07 7. Lucas Lawendowski, 3:21.47 Girls 15-18 200 Yard Freestyle 4. Sarah Kersting-Mumm, 2:25.88 6. Rebecca Turley, 2:33.55 7. Julia Obrycki, 2:51.68 Boys 15-18 200 Yard Freestyle 5. Daniel Durda, 2:20.06 Girls 11-12 50 Yard Butterfly 2. Sonia Ganski, 35.85 7. Abigale Houle, 42.82 8. Riley Bowes, 43.41

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To place a Card of Thanks In-Memoriam, Birthday or Anniversary Greeting,

the deadline is Friday noon for the following week.

(Memoriams will run on the Obituary pages)

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3") or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3"). You can add a photo at no additional cost.

To send by mail, please mail or drop off to June Simakauskas, P. O. Box 90, 25 Elm St., Southbridge, MA 01550.

Personal checks, Visa, Master Card, Discover and AMEX are accepted.

For more information, please call June at 508-909-4062 or email jsima@stonebridgepress.news and she'll be happy to help!





Ignatovich, Sarah Kersting-Mumm, Abbey Korenda, Ethan Korenda, Hailey Mathurin, Eben Mazieka, Ryan McKenzie, Sam Merchant, Thomas Morrison, Abigail Morse, Miles Oprica, Emily Owens, Maria Piekarczyk, Jonah Scherer, Keenan Scherer, Ava Serrano, Axel Soderquist, Katelyn Spillane, Jack Sullivan, Max Sullivan, Quinn Sullivan, Akshat Viswanath, Sunday Voraraj, Andrew Wade, Ethan Zhu and Zoey Zhu.



jsima@stonebridgepress.news, or mail or drop off by Friday Dec. 13th to June Simakauskas 25 Elm Street, PO Box 90, Southbridge, MA 01550.

e a Card of Thanks



When it comes to protection from the elements, your **windows** are **as essential** as your roof and walls. Safeguard your home against drafts and replace your windows and patio doors **before winter**.



November 1st-November 29th only!

Buy 1 window or patio door,

\$100 OFF every window and patio door¹

40% OFF

Minimum purchase of four.

No minimum purchase required.

PAY NOTHING FOR <u>2 YEARS</u>¹

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Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 24 months.



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OSV

continued from page **1**

enjoy live musical performances in the Center Meetinghouse by guest bands and choirs or join in with Victorian carolers as they sing classic and fun carols cherished across the centuries. Settle in for readings of classic stories, like "The Night Before Christmas" and "A Visit from Saint Nicholas." Step into the Salem Towne House for a showing of Christmas décor from the 1830s, 1850s and 1870s, or see the Parsonage decorations inspired by "A Christmas Carol" by Charles Dickens. Enjoy demonstrations of cherished holiday traditions like roasting chestnuts, catch the nightly tree lighting ceremony and visit the miniature nativity set inside the Friends Meeting House - featuring more than 500 individual pieces of carved and

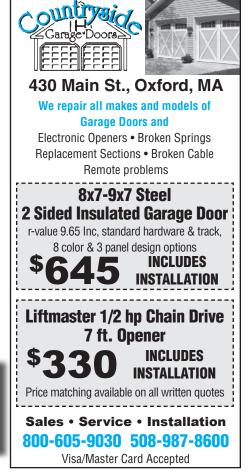
painted Styrofoam.

For the little ones, a North Pole Village can be found at Gallery Row, giving families the chance to meet with Santa and his elves. Sleigh rides (weather permitting) or carriage rides will run around the Common throughout the evening, which is decorated in a picturesque nod to Christmas' past.

Get into the Christmas spirit prior to the event by signing up for Old Sturbridge Village's annual Gingerbread House Contest. Register your gingerbread house in one of four categories (adult non-professional, adult professional, youth or family) to be viewed and judged at Christmas by Candlelight. One cookie creation from each category will be voted "Best in Show" by visitors at the event. Each entry into the contest receives two tickets to Christmas by Candlelight and winners get a gift certificate to Old Sturbridge Village.

Christmas by Candlelight is an evening of magic, memories, and holiday cheer at Old Sturbridge Village, with families and visitors returning year after year to enjoy the experience. Tickets are on sale now to the public at \$28 for adults, \$14 for youth (ages 4-17) and free for children ages three and under. Members of the village who purchase before Thanksgiving on Nov. 28 will receive 25% off Standard Christmas by Candlelight tickets and non-members will receive 15 percent off Standard tickets. Discount does not apply to Prime Christmas by Candlelight event dates, on all Saturdays and on Monday, Dec. 23.

For more information about the event or to purchase event tickets, visit: https:// www.osv.org/event/cbc/.



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or email mikaela@stonebridgepress.news by Friday Noon Onions, Three additional Entrees (varies weekly - selections may include Chicken Parmesan, Perogies in Oil and Garlic, Eggplant Parmesan, Manicotti, etc.), Carving Station, Salad & Assorted Rolls

Just a few of our regular menu selections...

Lunch - Wed. through Sat. 11:30-2:00

Sandwiches (all served w/ chips & pickle)	
Choice of Ham, Turkey, or Roast Beef \$6.95	D
Veal Parmesan w/Pasta & Garlic Bread \$11.95	Р
Hamburger Platter w/ French Fries	
Chicken Parmesan	В
with Pasta and Garlic Bread\$8.95	S
Baked Haddock w/ Potato and Vegetable \$10.95	jı
Broiled Sirloin Steak	Š
with Potato and vegetable \$10.95	S

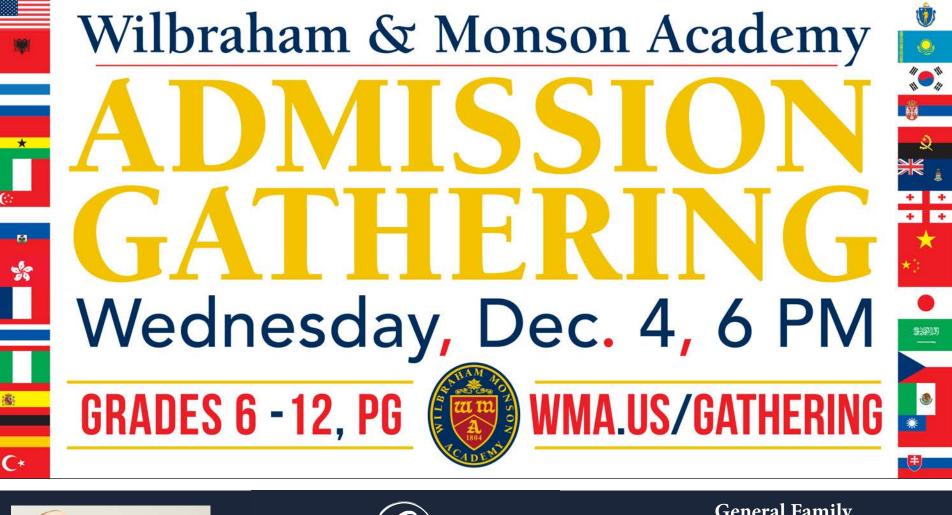
Dinner - Wed. through Sat 5:00-Close;

All Dinner entrees served with salad, potato, & vegetable
Duck au Grand Marnier\$20.95
Prime Rib - Choice Cut - Fridays & Saturdays
Queen \$18.95 ; King \$21.95
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jumbo shrimp\$21.95
Shrimp Scampi \$18.95
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WEBSTER LAKE - 50 West Point Rd! Killdeer Island! 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, Has It All! 2 Story Foyer! Granite Kit w/Center Isl, Dble Oven, High End Appliances & Walk-in Pantry! Din Rm w/

 Zuto, has it nit a body type:

 Wet Bar, Sliders to 14x30° Deck! Bright & Airy Liv Rm w/Lake Views, Custom Built Caoneus, oas ripe: 12 pairs

 Lundry! An ELEVATOR to Service All 3 Floors! Upstairs leads to 3 Spacious Bdrms each w/Private Baths! Master w/

 Tray Ceiling, Walk-in Closet + Private Balcony! Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion

 Difficult Lower Level w/Evel w/E

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WEBSTER LAKE - 68 W Point Rd! Western Exposure - Spectacular Sunsets! 75 Waterfront w/Expansive Views! 6 Rm Yr Rd Ranch! Ideal 2nd Home! Renovate or Enjoy As Is! Open FIP Plan! Applianced Cabinet Packed Kit! Lake Facing Din & Liv Rms w/Water Views! Sliders to Screen Enclosed Porch! Master w/Celling Fan

Walk-out Lower Level w/Full Kitchen, 22' Lake Facing Family Rm w/Sliders to the Patio/Lake! 2 Lake Facing Bdrms w/Sliders to Starting Failing Fa



CHARLTON - 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Fir Plan! Appliance Granite Kit wilst, Recessed Lights, Tile IPI & Water View Doin Area wSlider to Deck! Sunken Frpic Liv Rm w/Hrdwd IP & Water Views! Din Rm w/Hrdwd! 1/2 Bath w/Pedestal Sink! 2nd Fir w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walkout Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes NEW A/C SPLITS SYSTEM! Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**

WEBSTER LAKE – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Princi-pal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Applianced Kitchen wilstand, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Sea-sons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/ Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flat Stone Pa tio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! \$624,900.00

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WEBSTER LAKE - 506 Beacon Park! 1,280' Custom WATERFRONT Townhouse, Ideal End Corner Unit w/Panoramic Lake Views! Overlooks Lakeside Pool & Sandy Beach! From the Private Entry this Unit is Like No Other! Being Sold Fully Furnished & Appointed! 1st Flr w/Beautiful Maple Hrdwds! SS Applianced Silestone Kit!

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				Patrick Sweeney 774-452-3578
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DOUGLAS				
417 NE Main St	S	11:30-1	\$329,900	Re/Max Town & Country/ Deb Hackett
				401-774-4891
THOMPSON, CT				
6 Lillian Ave	S	Noon-2	\$299,900	Hope Real Estate Group/ Sharon Pelletier
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FGALS

Public Hearing Notice The Brimfield Planning Board will be holding a Site Plan Review Public Hearing for Richard T. May/ Brimfield Exchange LLC for the proposed project of a 16 x 80 Solar Canopy Addition, which is located at 11 Palmer Road (parcel id: Map #13 Block# B, Lot 1) on December 4, 2019 at the Brimfield Town Hall (21 Main Street) at 8:00pm.

Anyone interested in more information

or wishing to be heard on the applica-

tion can contact the Brimfield Planning Board or appear at the time and place designated above. A copy of the application may be inspected at the Planning Board Office in the Town Hall, please call 413-245-4100 x153 or email planning@brimfieldma.org. November 22, 2019

November 29, 2019



WEBSTER: CONDO 1st floor unit 2 bedrooms, hardwood floors, totally applianced including washer & dryer, garage 17 Cutler St ~ \$719,900



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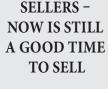
WEST BOYLSTON

3 bedroom, 1.5 baths

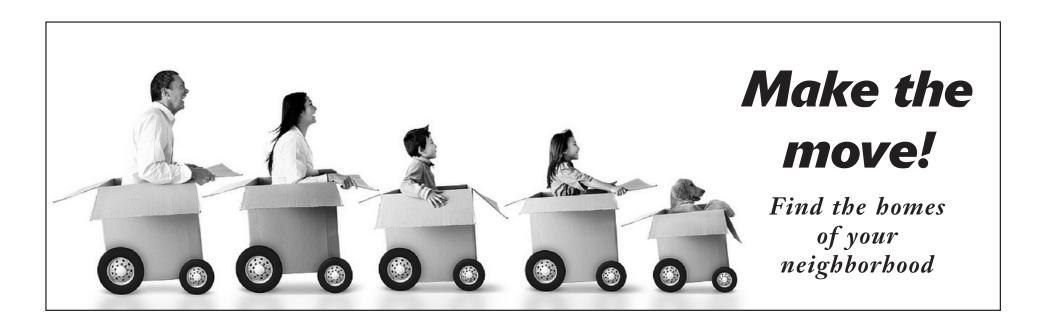
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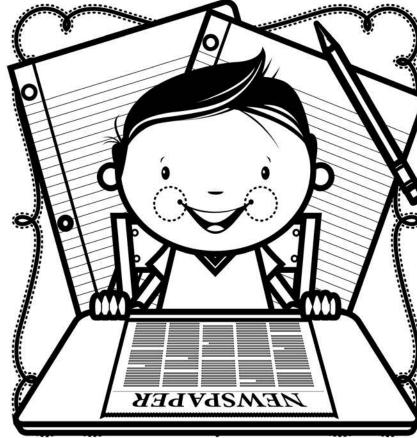
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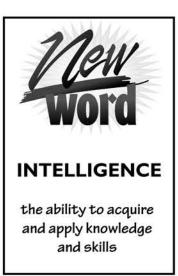




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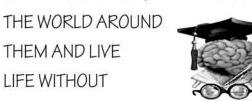
REACH THIS BIRTHDAY.

ANSWER: SIXTH

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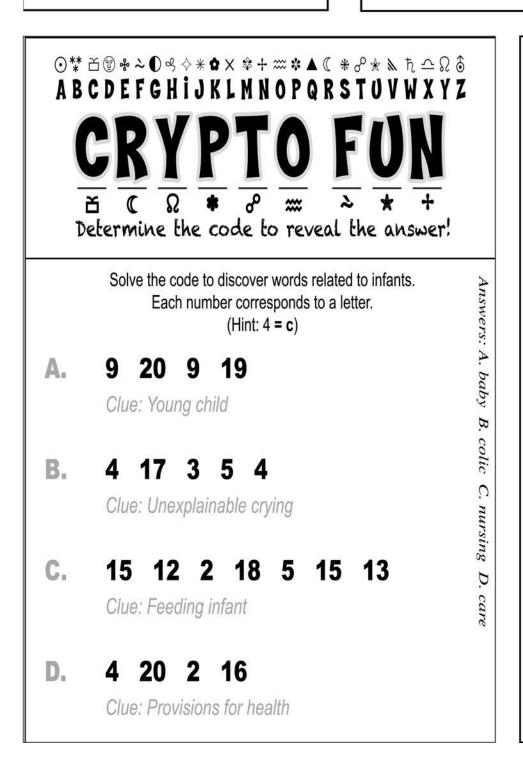


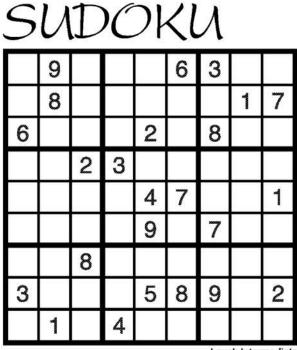
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ANSWER: MICROSCOPE





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Local Events, Arts, and **Entertainment Listings**





SATURDAY, **DECEMBER 7**

Mary Queen of the Rosary Christmas Faire Vendors, Crafts, Raffles, Baked Goods, and so much more! In the Church Hall

9am-2:30pm. 7 Church Street, Spencer, MA. If you'd like info on being a vendor at this Christmas craft fair, please. Email susan.terkanian@gmail.com



Pictures with Santa from 10am-3pm \$5.00 Donation to the Spencer American Legion Ho, Ho, Ho -Santa is Coming! Spread the Cheer!

Children & Pets Welcome! Santa will be meeting and greeting, take Christmas Pictures together! Let us know you're coming. Click here to RSVP

at our Facebook Event Page. Please don't forget to share with your friends!

RE & TH



SATURDAY, DECEMBER 20

Second Chance Mobile Unit Pet Adoption from 2-4pm. Home for the Holidays! MOBILE ADOPTION UNIT is coming to Klem's! On the road to saving more lives! Be sure to stop by and say hi to some of the sweet dogs and cats looking for a new home! Let adop tion help you find your next best friend. Let us know you're coming. Click here to RSVP at our Facebook Event Page. Please don't forget to share with your friends!







TRIVIA SATURDAY NIGHTS 7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822



LIVE ENTERTAINMENT FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN 260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED meets the first Monday of every month from

> September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High

School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club 50 Elm St., Auburn, MA



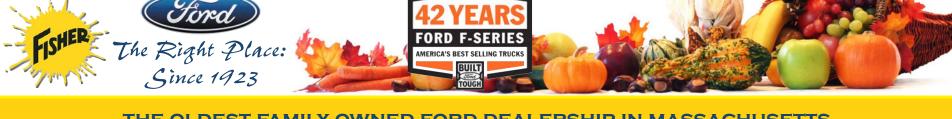


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