Friday, November 5, 2021

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Centaurs state-bound after battling to tie with Killingly

SPORTS CORRESPONDENT

KILLINGLY — It took the entire season, including all of the final regular-season game which included two 10-minute overtime periods, but the Woodstock Academy girls' soccer team finally achieved its main preseason goal — qualifying for the Connecticut Class L Tournament.

The Centaurs did so by tying their chief rival, Killingly High, 2-2, on Saturday, Oct. 30, which just happened to be the day Killingly was honoring its seven senior players. The game was played in a constant downpour.

"I'm wet and cold, but happy, because we're going to states," Woodstock Academy coach Dennis Snelling said after the game. "We just wanted to get there because it's a historical thing for the school to be involved in the state tournament; we've never missed

Snelling was also happy for his team, which finished the regular season 5-8-3, because he knew how much the girls wanted to advance to the state tournament.

"They're so happy because they get an extra week of practice," Snelling said. "They all like each other and they all get along great, so it's not like they wanted to be done.'

After a scoreless first half, freshman Juliet Allard staked the Centaurs to a 1-0 lead, scoring her eighth goal of the season 9:19 into the second half. On the play Allard rushed through the Killingly defense and pushed the ball past goalkeeper Aryn Nisbet into the far side of the net.

"Juliet got through the defense just quick enough to be in alone and have a one-on-one



Courtesy photo

Before its girls' soccer game with Woodstock Academy on Saturday, Oct. 30, Killingly High held a brief Senior Night ceremony to honor its seven seniors (front row, left-to-right) Makala Dube, Kyndal Murawski, Liz Laflamme, and (back row, left-to-right) Sophia Moore, Emma Carpenter, Sage Lamparelli and Payton Keefe.

with the goalie," Snelling said.

Killingly (8-6-2) tied the game, 1-1, less than four minutes later, off a corner kick.

Please Read SOCCER, page A11

Putnam High School to honor veterans

PUTNAM — Historically. Veterans Day was a day off from school in Putnam. Prior to the start of the pandemic, the Board of Education decided to hold classes each year on Nov. 11, with the express intent of educating students about the service and sacrifice of our Veteran's. While school was in session last year, COVID related restrictions obstructed our effort to honor Veterans the way we wanted to.

All Veterans are encouraged to come to Putnam High School on Veterans Day, Nov. 11, between the hours of 8 and 10 a.m. According to Principal Heather Taylor and social studies teacher John Allen, the school and student body are inviting veterans, young and old, to be their guest for coffee and refreshments in the school library. It's also an opportunity for veterans to share their experiences with the students of Putnam High School.

"Veterans Day is often a day off from school. By being in school, the students will have an opportunity to meet veterans and hear about some of their military experiences. Together with the veterans, the school will also participate in a Veterans Day flag raising ceremony," said Principal Taylor. Coffee and refreshments will

be served beginning at 8 a.m. on Veterans Day, Thursday, Nov. 11. Students, faculty, and veterans will enjoy an opportunity to mingle. Veterans will be encouraged to also visit classrooms to speak of their experiences and answer student's questions.

The flag raising ceremony is scheduled at 10 a.m. on the green in the front of the school. American Legion Post #13 Commander Michael Vassar and American Legion District #4 Commander Tony Rendon will do the flag raising honors. Post #13 Vietnam veteran Albert Cormier will lead the Pledge of Allegiance. There will be a brief speaking ceremony featuring Principal Taylor and a member of the student body, prior to the flag raising.

"We're encouraging veterans and family members to join us as we think this event will be the beginning of a Veterans Day tradition at Putnam High School. This program will be an opportunity for students to receive a firsthand civic experience," concluded Principal Taylor.

Veterans planning to attend should contact Matthew Amendola at 860-963-6905 or by e-mail at amendolam@putnam. k12.ct.us.

Eastern professors published in 2021 Connecticut Literary Anthology

WILLIMANTIC — Three English Professors at Eastern Connecticut State University - Raouf Mama, Chris Torockio and Daniel Donaghy - have been published in the new edition of the "Connecticut Literary Anthology." More than 400 authors submitted their work for the annual publication of poetry, fiction and non-fiction.

On Oct. 22, at Real Art Ways in Hartford, the three authors delighted a packed audience of readers, writers and scholars as they read poems and excerpts from new stories. The event was part of the program to celebrate the release of the anthology.

Donaghy read his poem "The Movie World."

"I started writing 'The Movie World' in February and March while I was in Tulsa, Okla., said Donaghy. "I was with my youngest daughter Eliza, who was acting in 'The Christmas Love Tree,' a sweet family film that is scheduled to air on television during next year's holiday season. It was great fun to be on a movie set, but even greater to see my daughter blossom in her role as the handsome widow's cute little girl. I'll be forever grateful for the gift she gave me in allowing me to share that experience with her."

Donaghy is the author of three poetry collections, most recently "Somerset," which was co-winner of the Paterson Poetry Prize, and "Start with the Trouble," winner of the University of Arkansas Press

Poetry Prize. Mama sang the praises of his colleagues as he read from "The Good Samaritan," part of his debut novel-in prog-ress, "Burning Candles," a

lyrical work of social criticism imbued

with magical realism. "These (Donaghy, Torockio and Mama) are among the 42 cut flowers in the beautiful bouquet of fiction, non-fiction and poetry that is the 2021 edition of the Connecticut Literary Festival Anthology. The simultaneous publication of the writings of these three Eastern faculty in this anthology is indeed a heart-warming tribute, not only to their outstanding gifts of penmanship, but also to Eastern's proud reputation as Connecticut's premiere public liberal arts college."

A best-selling author and an award-winning storyteller, Mama is the only person in the world today who shares folk-

tales in English, French, Fon and Yoruba from his native Benin and other parts of the world. He is a Distinguished Professor of English and a CSU Professor at Eastern.

Torockio read from his new short story, "When It's You."

"With this short story, I was trying to capture those underlying, sometimes embarrassing, emotions that one encounters with the loss of a loved one - in this case a woman who has lost her husband. There's grief, sure, but there's also anger, loneliness, and even jealousy and resentment toward those who still have their loved ones.

Please Read ANTHOLOGY, page A9



Photos Jason Bleau

The newly reorganized shelves of the Daily Bread food pantry in Putnam.

Daily Bread Food Pantry debuts new look

PUTNAM - The Interfaith Human Services of Putnam Daily Bread Food Pantry in Putnam has a fresh new look following a renovation that allowed for a transition to a new format encouraging healthy lifestyles.

Like other pantries in the region,

Daily Bread, a client choice pantry, had been looking for ways to offer healthier products and helps clients embrace healthier eating habits. Program Coordinator Kathi Peterson admitted

Please Read **PANTRY**, page **A11**

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News from Novembers past



KILLINGLY
AT 300

MARGARET
WEAVER

The Killingly Historical & Genealogical Society is now open Wednesday and Saturday from 10 a.m.-4 p.m.. Come see the museum displays, renew memberships, and share memories.

Randall Law emailed me on Oct. 29 with the names of several additional women from the South Killingly Congregational Church whom he wished he had mentioned: Mrs. Esther Terwilliger Wheaton and Mrs. Virginia Kempf. May you all cherish your fond memories of the church and its members.

Once again, I had the urge to go to old issues of the Norwich Bulletin to look for interesting items that were happening in Killingly and vicinity in Novembers past. The large factory in Danielson was in serious trouble financially in 1909. "Danielson and Mystic Attached Wednesday---Many Creditors in Eastern Connecticut Likely to Lose Total Investments. A crisis in the affairs of the Industrial and Manufacturing company with a capital stock of \$500,000, was precipitated Wednesday when two attachments for a total of \$6,300 were placed upon the mills and all other property of the corporation, both in Danielson and in Mystic. Chief George M. Pilling placed the attachment in the interest of Frank A. Davis and Damase Boulais, both of Danielson, and both at one time officers in the company. The affairs of the company are said to be in a state of utter chaos, and its collapse inevitable. Dozens of Danielson people and scores of others in almost every town on the car line between Webster and Mystic are involved through business transactions with the promoters of the concern, which came in Danielson

bringing promises of doing great industrial good. Two factories were built in Danielson and another in Mystic. They were to have been the home of thriving industries, to be secured and located by the company, but the visionary dream and promises of unbounded prosperity that induced scores of citizens of Danielson and surrounding town to buy old farm land cut up into building lots and sold to them at exorbitant figures have long since vanished into air and the expected golden harvest will never be. Estimates of the amount of money the company secured in Danielson run as high as \$80,000." (Norwich Bulletin, Thursday, November 4, 1909, p. 2; newspapers.com).

Realizing that this would be the last column before Veterans Day I decide to see what I had in the files in a year after World War I. I chose November 1933. "The block dance conducted Friday evening at Davis Park by Merrill C. Smith Post, V. F. W., for the benefit of the World war memorial fund, was a marked success, the net proceeds being \$47.73. The evening was beautiful, though rather frosty, and a large throng gathered at the park, where Reynolds street, brilliantly illuminated, had been roped off for the dancing, enjoyed by many couples to music furnished by the Plainfield military band." (Windham County Transcript, Nov. 2, 1933).

"Edward N. Curtis of the E. N. Curtis Transportation Company today offered his entire fleet of trucks for the use of any individuals, groups or organizations desiring to enter floats in the Armistice Day parade." (Ibid).

"Throng of 15,000 at Armistice Day observance here. Veterans celebrate with biggest parade in history of Danielson. Horse-Drawn vehicles and old cars reminiscent of past generation." (WCT Nov. 16, 1933).

"Chalk up a good mark for a "hard-hearted" corporation. The New Haven railroad cooperated to the limit in helping to put across the big Armistice Day parade in Danielson, sending two special police here to guard the Main and Franklin street crossings and then flagging a long fast freight

and holding it for more than an hour. This express would have cut through the parade and entirely disrupted the schedule of the march. A hearty vote of thanks is due to the New Haven for this very gracious and courteous gesture, an act which was unsolicited and which must have cost the railroad not a few dollars."

The weather was not the best but thankfully wasn't worse. "The snow, which held off until the Armistice Day exercises had been completed, began falling about six o'clock Saturday evening and spread a damp blanket of about four inches depth, greatly hampering traffic. Machines were stalled on Dark Lantern hill and at the State Armory, where a dance was in progress, efforts to move parked cars resulted in such a tangle that it was hours before the crowd could get away. Snow clung to windshields and made road surfaces very treacherous, but no serious accidents were reported in this immediate vicinity. November has been an unusual month with some half-dozen snowfalls." (WCT Nov. 16, 1933).

"Red Cross literature was dropped from five airplanes, one of which was piloted by Edward Bullard of Danielson, which circled Danielson and the surrounding countryside Sunday afternoon. The appearance here of the flying circus was greeted by many interested spectators. Airplanes winging their way over Danielson are no longer a novelty, but five ships maneuvering above the town are a sight not seen here very frequently." (WCT Nov. 16, 1933).

frequently." (WCT Nov. 16, 1933).

"Hollow Tree Fire Endangers
Woodlot. Property Owners Close
Land to Hunters After Monday Night
Experience. – Hunters were trying to
smoke out a squirrel in a dead tree
situated next to a valuable wood lot.
Monday night Fire Warden Whipple
and a crew of men fought a bad hollow
tree fire on the property of James Doyle
in Attawaugan. This tree was situated
next to the woodlot on the property of
Walter G. Bruce. Only the fact that the
ground was wet from Saturday's snow
saved the woodlots of the two properties
from being destroyed. Both owners will

not allow any hunting on the properties in the future. The hunters who caused this fire were trespassing, without permission, which makes them doubly breaking the law." (WCT Nov. 16, 1933).

Program on Gravestone Carvers: The Deborah Avery Putnam Chapter DAR (Plainfield) will present a program by Megan McGory-Gleason on 18th Century Grave Stone Carvers as Represented in the graveyards of Plainfield at 7 p.m. on Monday, November 8 at the VFW Post 5446, 7 Windsor Ave., Plainfield. A Good Citizen Award also will be presented to a Plainfield High School Student. CDC Guidelines for masks and social distancing will be followed. For further information call 860-857-2279.

Killingly Grange #112 Honors veterans. Thursday, Nov. 11, the Killingly Grange, located at 801 Hartford Pike, Dayville, will host Salute the Vets with Soup or Stew from 4:30 to 6:30 p.m. Vets eat for free and will receive a free gift. Cost is \$12 for others. Choice of one: Soup (corn chowder or lentil & sausage soup) or beef stew. Meal includes drink, rolls, dessert. Take out or eat in. Pre-order at 860-203-7367 by Noon on Wednesday, Nov. 10. Meals available at the door while supplies last. Help maintain the former Killingly Center Schoolhouse which is now the home of the Grange.

Margaret M. Weaver Killingly Municipal Historian October 2021. Special thanks to Randall Law for memories, Terry Barton for the Grange notice, and Marilyn Labbe for Transcript extracts. For additional information email me at margaretmweaver@gmail. com or contact the Killingly Historical Society at www.Killinglyhistorical. org. Leave messages for the Killingly Historical Center at 860-779-7250. Visit the Killingly Historical & Genealogical Center Wednesday or Saturday from 10 a.m.-4 p.m. Like us on Facebook at www. facebook.com/killinglyhistoricalsociety. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical & Genealogical Center should be sent to P.O. Box 265, Danielson, CT

VILLAGER ALMANAC AT CT AUDUBON

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Oct. 25: Swainson's Thrush, Gray-cheeked Thrush, Tennessee Warbler, Northern Shrike, American Kestrel, Northern Harrier, Saw-whet Owl, Pileated Woodpecker, Brown Creeper, Purple Finch, Savannah Sparrow, Song Sparrow, White-throated Sparrow, Common Grackle. Visit ctaudubon.org/Pomfret.

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President and Publisher Frank G. Chilinski 860-928-1818 ext. 103 frank@villagernewspapers.com

> Business Manager Ryan Corneau 860-928-1818 ext. 102 ryan@salmonpress.news

> ryan@salmonpress.news
>
> OPERATIONS DIRECTOR

508-764-6102 jdinicola@stonebridgepress.com EDITOR BRENDAN BERUBE

860-928-1818 x 323 brendan@villagernewspapers.com Production Manager Julie Clarke

860-928-1818, ext. 305

julie@villagernewspapers.com

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VFW Auxiliary announces kick-off of annual Illustrating America Art Contest

PUTNAM — VFW Auxiliary Albert J. Breault Post 1523 is excited to announce the kick-off of the VFW Auxiliary's annual Illustrating America art contest. Local students in grades K-8 can share how they view our world through their drawings and paintings while competing for national awards.

Students must submit an original two-dimensional piece of artwork. Coloring sheets, digital art and photography are not accepted. The entry must have completed during the current 2021-2022 school year and the application must include a teacher or supervising adult's signature.

Students begin by competing at the local VFW Auxiliary level.

The first-place winner from each Auxiliary advances to the District competition (optional) with District winners advancing to the state competition. The contest consists of three grade divisions: K-2, 3-5 and 6-8. The state first-place winner in each grade division will be forwarded to Auxiliary National Headquarters. There is one National winner in each grade division, with awards for first, second and third place in each grade division. All state winning entries are judged at National Headquarters in Kansas City, Missouri in July and will be displayed at the VFW Auxiliary National Convention scheduled to take place July 16 - 21, 2022 in Kansas City, Mo. Winners

will be notified the week of July 25, 2022 via the email address provided on the winners' entry form.

The contest, now in its third year, rewards the artistic abilities of elementary and middle/junior high school students. Student entries must be submitted to VFW Auxiliary Post 1523 by March 31, 2022. Interested youth, parents/guardians and teachers should contact Lisa Salisbury at vfwauxiliaryputnamct@gmail.com for more information.

Visit http://www.vfwauxiliary.org/what-we-do/youth-activities for eligibility requirements, contest rules and an entry form.

Conservation Commission offers bus tour of Undsicovered Killingly

KILLINGLY — The Killingly Conservation Commission is again offering a "Back Roads" bus tour of "Undiscovered

Killingly."
Have you
explored
the back
roads of

Northeast Connecticut? There is lots to see and visit tucked away up in the hills!

Do you know: In 1810, where stagecoach routes intersected from Worcester/Norwich and Providence/Hartford?

Where to climb 200 ft cliffs with views of Rhode Island?

The tour begins Saturday, Nov. 13 at 1 p.m. Registration is required as there is limited seating. Email to abrady@killinglyct.gov with names of attendees and contact phone number 860-779-5310. Gather behind Killingly Town Hall, 172 Main St., at 1 p.m.

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Upcoming events at QVCC

DANIELSON — Quinebaug Valley Community College has a number of coming events in November and December.

Tuesday, Nov. 2: Job Fair: Early Childhood Programs 11 a.m. – 1 p.m. Childcare Employers are Ready to Hire You! Looking for a job in childcare? Attend the Early Childhood Education Job Fair at the QVCC Danielson campus. Programs from Northeast Connecticut will be in attendance. Bring your resume and be prepared to meet with potential employers. This event is open to the public. Attendees must wear a mask while indoors on campus. Contact: Cindy Shirshac (cshirshac@qvcc.edu, 860.932.4150).

Wednesday, Nov. 3: PACT Day - Pledge to Advance Connecticut - FREE Tuition Program 9 a.m.–5 p.m. — If you are a first-time college student, Connecticut high school graduate, and resident - of any age - you meet three of the qualifications for the State of Connecticut free tuition program! Learn more about how to qualify for PACT. Schedule an appointment to see if you qualify for the state

of CT FREE education! Admissions and

Financial Aid staff will be on hand to answer questions.

Financial Aid & PACT Information Session 3 p.m. Danielson campus room 127 The QVCC Financial Aid Department is hosting an information session. Learn more about the FAFSA application process and PACT eligibil-

Saturday, Nov. 13

QVCC Preview Day- 10 a.m. noon — Join the admissions staff at the Danielson campus for tours, apply on-the-spot for FREE; learn about paying for college and FREE tuition; view the art show. Advanced registration is requested. Contact: Amanda Giles (agiles@qvcc.edu, 860-932-4217).

QVCC Enrollment Day – Register for Winter or Spring – 9 a.m. – 1 p.m. Schedule an on-campus or virtual appointment to meet with an academic advisor.

Tuesday, Nov. 16: Tour & Information Session Spotlighting QVCC's Careers in Healthcare. 5:30 - 7:30 p.m. — Learn about QVCC's Healthcare Associate Degree and certificate programs, including Business Administration: Health Care Management, Medical Assisting,

Medical Laboratory Technician and Pre-Nursing. Administrative Medical Office Skills, Phlebotomy, Health Career Pathways, HIMT: Certified Coding Specialist Contact: Sarah Hendrick (shendrick@qvcc.edu, 860-932-4096).

Wednesday, Nov. 17: QVCC Fall Open House 6 – 8 p.m. — Have you always wanted to go to college? Are you looking for a new career or the right career for you? Do you need help figuring out your next steps? QVCC is the place to find yourself and your path. Attending Open House is the best way to discover why QVCC should be your choice for starting, continuing, or finishing your college education. By registering, you will have access to the Open House for a year! Open House includes an Alumni & Student Panel, Program Breakout Sessions, and a Student Services Informational Panel. Contact: Sarah Hendrick (shendrick@qvcc.edu, 860-

Thursday, Nov. 18: Advanced Manufacturing & Mechatronics Automation Technician Tour & Information Session 5:30 - 7:30 – Join the QVCC Advanced Manufacturing Technology Center

Team at the Danielson campus to learn about our programs. You can tour our facilities, learn about internships and job placement for graduates, and hear about the demand locally, regionally, and statewide for the skills of our graduates from these programs. No RSVP required. Contact: Sandy Gould (sgould@qvcc.edu, 860-932-4178).

Saturday, Dec. 4: QVCC Preview Day 10 a.m. - noon — Join the admissions staff at the Danielson campus for tours, apply on-the-spot for FREE; learn about paying for college and FREE tuition; view the art show. Advanced registration is requested. Contact: Amanda Giles (agiles@qvcc.edu, 860-932-4217).

Tuesday, Dec. 7: Tour Tuesday 5:30 -7:30 p.m. — Take a tour of our main campus and see what QVCC can offer YOU! Tour the building and labs, meet with admissions, visit our library and learning center, hear about services that can make you a successful student. Not a student yet? Apply to QVCC today! It is always free to apply! Contact: Sarah Hendrick (shendrick@qvcc.edu, 860-

VFW Auxiliary announces kick-off of American Legion to host Veterans Day ceremony in National Anthem Singing Contest

PUTNAM — VFW Auxiliary Albert J. Breault Post 1523 is excited to announce the kick-off of the VFW Auxiliary's national anthem singing contest, Get Excited for the Red, White and Blue! Local youth in grades K-12 can showcase their talent, display their patriotism and express their creativity while competing for their share of \$2,000 in national awards.

Contestants must submit a video of their solo vocal performance of "The Star-Spangled Banner." Video must be saved to a flash drive, or uploaded to an online video platform (e.g., YouTube Vimeo) and submitted to a local Auxiliary for judging. The video must be recorded between July 1 2021 and March 31, 2022. Entry will be judged on vocal ability, mastery of lyrics, originality or interpretation and entertainment

Contestants begin by competing at the local VFW Auxiliary level. The first-place winner from each Auxiliary advances to the District competition (optional) with District winners advancing to the state competition. The contest consists of two grade divisions: K-8 and 9-12. The state first-place winner in each grade division will be forwarded to Auxiliary National Headquarters. There is one National winner in each grade division, with awards for first, second and third place in each grade division. Winners will be notified the week of July 25, 2022 via the email address provided on the winners' entry

The contest is designed to promote patriotism and encourage youth to learn the words to "The Star-Spangled Banner" while displaying their creativity and vocal talent.

Contestant entries must be submitted to VFW Auxiliary Post 1523 by March 31, 2022. Interested youth, parents/ guardians and teachers should contact Lisa Salisbury at vfwauxiliaryputnamct@gmail.com for more information. Visit http://www.vfwauxiliary. org/what-we-do/youth-activities for eligibility requirements, contest rules and an entry form.

Woodstock

WOODSTOCK — The Benson-Flugel Post 111 American Legion, Inc. is conducting a Veterans Day ceremony on Nov. 11 at 11 a.m. at the Woodstock Town Green on Route 169. We will have a guest speaker and patriotic song and music by Linda Colangelo. All are welcome, especially our children. Please dress for the weather.

Inquiries can be directed to Todd Smith attsmith@klsmithagency.com.

Plainfield Lions hosting pancake breakfast

PLAINFIELD — The Plainfield Lions Club will host a pancake & sausage breakfast Sunday, Nov. 14, from 7-11 a.m. at the Recreation Center, 482 Plainfield Rd. Adults \$7, children and seniors \$5; veterans eat free. Proceeds will benefit local charities.

VFW Auxiliary announces kick-off of annual patriotic art scholarship contest

PUTNAM — VFW Auxiliary Albert J. Breault Post 1523 is excited to announce the kick-off of the VFW Auxiliary's annual Young American Creative Patriotic Art Contest. Local students in grades 9-12 have the opportunity to compete for \$33,000 in national schol-

Students must submit an original two- or three-dimensional piece of artvork. Digital art, photography and jew elry are not accepted. The entry must of \$33,000 in national awards, and the

have completed during the current 2021-2022 school year and the application must include a teacher or supervising adult's signature.

Students begin by competing at the local VFW Auxiliary level. The firstplace winner from each Auxiliary advances to District competition (optional) with District winners advancing to the state competition. State firstwinners compete for their

national first-place winner is awarded a \$15,000 scholarship. National firstthrough twelfth-place winners are featured in VFW Auxiliary Magazine and on the VFW Auxiliary website. All state winning entries are judged at National Headquarters in Kansas City, Missouri in July and will be displayed at the VFW Auxiliary National Convention scheduled to take place July 16 - 21, 2022

Contest in 1979 to recognize up-and-coming artists and encourage patriotism in youth. Approximately 4,000 students participate each year and in addition to \$33,000 in national scholarships, local and state VFW Auxiliaries throughout the nation award more than \$150,000 in Patriotic Art scholarships every year.

Student entries must be submitted

31, 2022. Interested students, parents and should Lisa at vfwauxiliaryputnamct@gmail. com for more

application and see the 2021 winners, visit https:// vfwauxiliary.org/ scholarships.

The VFW Auxiliary started the Young American Creative Patriotic Art

to VFW Auxiliary Post 1523 by March

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teachers contact Salisbury information.

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QUEST STUDENTS SHINE

AT MARTIAL ARTS COMPETITION

Last Sunday, the Quest Martial Arts competition team attended the Valentin Karate Fall classics in Meriden. Here are the results. CJ Orthmann: 1st Place Weapons; Olivia Bedard: 3rd Place Forms, 1st Place Sparring; Vincenzo DiMeglio: 1st Place Weapons, 3rd Place Forms, 1st Place Sparring; Lana Powell: 2nd Place Weapons, 1st Place Forms, 2nd Place Sparring; Chimairan Rochette: 3rd Place Weapons, 3rd Place Sparring; Peyton Salley: 3rd in Weapons; Chiara Rochette: Participant; Victoria Salley: Participant.

November is ANTI Bully Month

 Learn to identify the 3 types of bullying
 Bully prevention • The 3 rules of defeating bullying • How not to be a target

· Teaching kids assertiveness and empowerment

· Mental and emotional strength

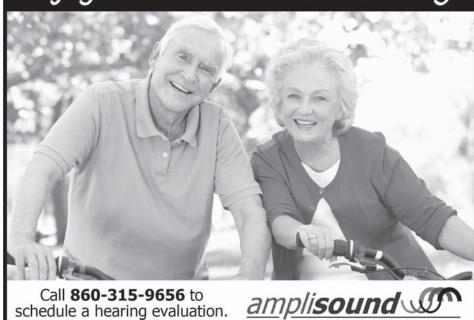
Self defense too

Master Mike Bogdanski and Master Kristin Duethorn will host a month long program on ANTI bullying Become a **H.E.R.O** "Help Everyone Respect Others" is our focus

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Creation Church parishioners Light the Night

THOMPSON — On a beautiful Friday evening last week, Creation Church hosted a Christian alternative to Halloween called Light the Night, in which 80 children and their families participated. The event was part of a program the church is offering for children this Fall called Friday Night Frenzy, which has been a huge hit for

The evening began with games and activities, such as eating apples on a string, cornhole, and making their

way through a Lighthouse Maze. All the children in their costumes, which consisted of many superheroes, sports figures, and princesses, then paraded through the church parking lot, where many members of the church had parked their cars with their trunks open with treats for the children.

The children then gathered together in the front of the church to hear a story about Jesus. They were encouraged not be fearful of things like the dark, because Jesus is the Light of the world, at which time, luminaries were then released into the night sky, as the children watched in awe. A fun time was had by all.

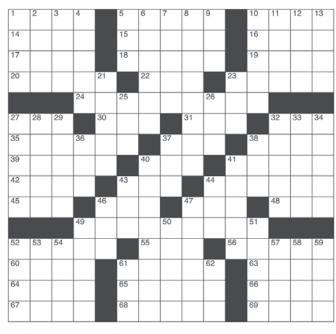
The church will be hosting another Friday Night Frenzy on Friday, Nov. 12 at 6 p.m. and a Saturday Afternoon Frenzy on Saturday, Dec. 4 from 1 to 3 p.m. Please contact the church at (860) 923-9979 or go online at www.creationchurch.org for more information.

Creation Church is a non-denominational Christian church located at 47 W. Thompson Rd., across from the West Thompson Dam. Their service hours on Sunday mornings are 9 and 10:30 a.m., which includes Creation Kids. Their youth group called The Rock meets every Sunday evening at the church at 6 p.m. In addition, the church has opened a brand-new cafe called the Living Water Cafe, which is run by teens before and after each Sunday service.



Little Red Riding Hood, Hunter, and Wolf/Grandma: Kayla, Ron, and Donna Rumrill.

Autumn Finn and Janet Wolfe with the harvest car.



Gabriel Ramos, Maddie and Molly Norman. Joev Asermelly, and Isreal Ramos.

Pastor Bernie as a

Giants fan.



CLUES ACROSS

- 10. Partner to flows
- 14. "Snow" in Welsh 15. Famed Mexican painter
- 16. Song 17. ticks outward from the crown
- Doddering
- 19. Resist authority (slang)
- 20. Antsy 22. Wrath
- 23. Spills the beans
- 24. Past 27. The woman
- 30. One has 24 hours 31. Talk
- 32. It can sting 35. Astronomy unit
- 37. Halfway 38. Chinese dynasty
- 39. Australian river
- 40. Software to transfer audio
- 66. Indiscreetly reveal secrets 67. Comfort food dish
- 68. Actress Zellweger 69. Romanian city

Crucifiz

43. Defunct European economic

44. "Hotel California" rockers

47. A digital tape recording of sound

64. Large, semiaquatic reptile (slang)

45. Michael Knight's car

49. Scientific instrument

52. Golden-__ corn

61. Aromatic plants

63. Cold wind

65. Political unit

55. Israeli city __ Aviv

60. Ottoman military title

46. Actress Ryan

48. Insecticide

56. Sword

CLUES DOWN

2. Italian monetary unit 3. Warship prison

1. One point east of southeast

- 4. Tropical American tree 5. Alias
- 6. Normal or sound powers of mind 7. English county
- 8. Not compatible with 9. Female deer
- 10. Not late 11. La __ Tar Pits, Hollywood
- 12. "Jupiter's Legacy" actress Leslie 13. Impudence 21. Advises

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В

- 23. Founder of Babism 25. A baglike structure in a plant
- or animal 26. Male parent
- 27. A type of plug 28. Capital of Vietnam
- 29. Fungal disease 32. Shelter

- 33. Finished 34. Excrete 36. Unhappy
- 37. Partner to cheese 38. Coffee receptacle
- 40. Spend time dully 41. Makes full
- 43. Snakelike fish 44. Take in solid food
- 46. __ student, learns healing 47. A way to take away
- 49. Impart a lesson to
- 50. "Transformers" actress Fox 51. Spiritual leader 52. Every one of two or more things
- 53. Indian city 54. 17th stars
- 57. Weapon
- 58. Amounts of time 59. Isodor ___, American Nobel physicist
- 61. Soviet Socialist Republic 62. Witness
- 0 SOLUTION Н 0 3 Э Ð 3 \exists 3

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Laura and Wyatt Bembenek with the monster car.



Gunner Long as Stitch.

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HIGH SCHOOL NOTEBOOK

Killingly, Woodstock Academy, Ellis Tech boys' soccer teams post shutout victories



Photo Courtesy

In its final regular season

match Woodstock Academy

qualified for the Class L state

tournament with authority,

soundly defeating visiting

Plainfield High, 8-0, on Friday,

Oct. 29. Junior Max Ferreira

got the 6-8-1 Centaurs going

with a pair of goals in the first

14 minutes of the match. Senior

Ty Morgan then exploded in the

second, scoring three goals and

assisting on another. Junior

Noah Page, sophomore Beltran

Velasco, and freshman Austin

Byer and Beltran Velasco also

Freshman Devon LaRoche

Fulone both scored in the first

sophomore Cameron

scored for WA.

Before its boys' soccer game with Tourtellotte High on Saturday, Oct. 30, Killingly High held a brief Senior Day ceremony to honor its six seniors (front row, left-to-right) JR Simoneau, Will Carver, Jason Khaomangkhoun, and (back row, left-to-right) Seth Varin, Thomas Curran and Couper Jackson.

BY KEN POWERS

The Killingly High boys' soccer team scored a pair of goals in each half en route to a 4-0 home win over Tourtellotte High on Saturday, Oct. 30. Senior captain JR Simoneau scored both first-half goals while junior Harry Giambattista netted the second-half tallies. Senior Seth Varin assisted on both of Giambattista's goals.

Before the game Killingly (6-9) honored its six seniors: Simoneau; Varin; Will Carver; Thomas Curran; Couper Jackson; and Jason Khaomangkhoun.

Elsewhere:

half to help lead Ellis Tech past Putnam, 2-0, on Thursday, Oct. 28. Assisting on goals for the Golden Eagles (13-1-2) were senior Sebastian Fauxbel and sophomore Cody Cramer. Senior goalkeeper Bret Gile made 13 saves en route to posting his seventh shutout of the season. For Putnam (3-10-1) junior goalkeeper Jacob Mailloux recorded 14 saves. Football

Football
Junior quarterback Thomas
Dreibholz completed 3-of-4
passes for 91 yards and a pair of
touchdowns, both to classmate
Ben Jax — who was the recipient of all three of Dreibholz's
completions — to help lead
undefeated Killingly High to
a 39-0 road thumping of the
Griswold/Wheeler co-op team

Dreibholz's scoring strikes to Jax covered 32 and 52 yards. Both came in the first half, after which Killingly led, 33-0.

on Friday, Oct. 29.

Soren Rief, Killingly's sophomore running back rushed for 141 yards on eight carries and scored two touchdowns, on runs of 9 and 49 yards, while senior backfield mate Jack Sharpe added 110 yards on nine carries, including a 55-yard scoring scamper. Killingly finished the game with 369 total yards, 278 coming on the ground.

Senior cornerback Trevin Russ scored Killingly's other touchdown on a 23-yard interception return.

With the win Killingly improved to 6-0. Griswold/Wheeler dropped to 1-5 with the loss.

Elsewhere:

Woodstock Academy had a chance to snatch victory from the jaws of defeat in its road game with East Lyme on Friday, Oct. 29, but the Centaurs came up short, losing to the Vikings, 21-15.

Late in the game, trailing by six points, Woodstock drove the ball to the East Lyme 1-yard line, where it faced and secondand-goal situation. Second- and third-down plays resulted in a loss of one yard and then, on fourth-and-goal from the Vikings' two-yard line, senior quarterback Ethan Davis's potential game-winning pass fell incomplete.

With the win East Lyme snapped a five-game losing streak and improved to 2-5 while the loss ended the 5-2 Centaurs' four-game winning streak.

Davis helped put Woodstock ahead, 7-0, with a 2-yard touchdown run just 1 minute, 41 seconds into the game. After East Lyme tied the game, 7-7, just before the end of the first quarter, the Centaurs re-took the lead, 15-7, on a 15-yard scoring strike from Davis to junior Carter Saracina and a two-point conversion run by another junior, Payton Barna.

East Lyme made it a two-point game at the half (15-13) scoring a touchdown with 22 seconds left in the second quarter. The Vikings went ahead to stay with a touchdown and two-point conversion with a minute left in the third quarter.

Volleyball Serve and returning serves were the keys for Woodstock Academy in its 3-0 over visiting Killingly High on Thursday, Oct. 28.

The Centaurs, who finished the match with 28 aces, won the first set, 25-4. Junior Ellie Nunes led the way to the set win, with eight aces and 16 consecutive service points. After winning the second set, 25-15, Woodstock put the finishing touches on the victory with a 25-14 third set win, sparked by senior Annarose Avery who recorded service aces on eight of the Centaurs' final 10 points.

Killingly (1-18) was led by seniors Hailey Toth (eight digs) and Kit Poirier (three blocks, two kills), and sophomores Hannah Grudzien (six blocks, three kills) and Emma Miller (five digs, three blocks).

Woodstock lost to visiting Griswold, 3-2, the following night, but the 5-15 Centaurs battled hard in their final regular-season match, coming back from a 10-5 deficit in the fifth and deciding set, only to have the Wolverines (12-7) hang on for the win.

The match was a backand-forth affair, Woodstock winning the first set, 25-15. Griswold answered with a 25-16 win in the second set; the Centaurs took the third 25-21 and the Wolverines the fourth, 25-23. That set up the fifth set which went to overtime before Griswold pulled out the 17-15 victory.

Woodstock senior Aurissa Boardman finished the match with 24 kills, five aces and 12 digs while Avery added 20 assists and Nunes recorded 27 digs.

Despite loss, successful Senior Night for Killingly field bockey team

BY KEN POWERS
SPORTS CORRESPONDEN

KILLINGLY — Whenever the Killingly High field hockey team takes the field — this year, last year, next year — it wants to win. On Senior Night however, the game doubles as an event, and there is more at stake than winning or losing.

Prior to its final home game against Fitch, played on the turf field of the Killingly Athletic Complex on Friday, Oct. 29, Killingly honored its seven seniors — Hailey Cournoyer, Hailey Radtke, Lily Gutierrez, Emma Barbeau, Rhiannon Martin, Julianna Morrissette and Alyssah Yater — for their contributions to the program.

"The focus today was to have our players really enjoy the game because our season has been difficult," said Killingly head coach Souki Syharat said after his team lost to Fitch High, 4-0. "Today my message was to stay focused but enjoy the game; enjoy the labor that we've been putting in all season, and for the seniors, for the last four years. We wanted to focus on having success with the little things; hitting, receiving and communicating.

"Senior Night is emotional," Syharat continued. "We knew it was going to take the players two quarters to get past all the emotion, and by then we were behind the eight ball."

Fitch (9-4-2) led 3-0 at halftime, scoring one goal in the first quarter and two in the second. The Falcons scored their final goal with 24 seconds remaining in the game. Oonagh Zimblemann scored Fitch's first two goals, Ada Ellis scored the third and Bridget O'Leary the fourth. Killingly (3-12) had scoring chances in all four quarters but just couldn't convert any of those chances into goals.

After the game Cournoyer and Radtke, Killingly's senior co-captains, and classmate Gutierrez, reflected on the season and their careers.

"Today is not all about the score. The team bond we've made is incredible. We're all friends and that makes it easier on the field to talk to each other and communicate during the game," Cournoyer said. "As captains Hailey and I both feel passing on the game to our younger teammates and helping them become the best players they can become is the most important role a captain can play."

Radtke also took a big-picture

Insightful

approach when asked to evaluate the season and her career.

"It's been an honor, playing here at Killingly for four years. We got to learn from some of the best [players and captains] and then we got to take over and help some of these newer girls learn the game," Radtke said. "Especially this year, that's been very rewarding. It's something I couldn't believe could happen and I am so beyond grateful for it. The development of the younger players on the team surpassed our expectations. It's been insane."

Syharat acknowledged he will miss his senior co-captains.

"They're both good character kids who provide great leadership. They're good human beings and good students," Syharat said. "This season they've been able to really keep the team together and pursue that goal of being successful on the field and being a role model off the field."

One of the things Gutierrez will remember most about her field hockey career is beating Woodstock Academy in Woodstock in both her freshman and senior seasons.

This year Killingly defeated Woodstock in Woodstock, 1-0, on Monday, Oct. 25.

"It's so amazing to be able to have that memory," Gutierrez said about defeating the Centaurs as a freshman. "Whenever I go over there I remember that day. I remember the seven-v-seven overtime we played. I remember the



Photos Jason McKay

Killingly's Lila Beaudreault passes the ball to her teammate while a Fitch defender is on their tail.

energy we had leaving the field.

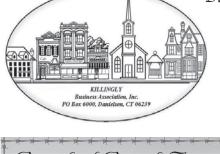
"I really tried to carry that energy into my last field hockey game at Woodstock. Beating them earlier this week allowed me to do that. It was just surreal. Thinking back to that moment as a freshman, to see how I've grown, it's amazing."

Syharat smiled when Gutierrez's name was mentioned after the Fitch

game.

"Lily is such a solid kid. In the classroom she's a great student, when she's here at practices and games she's a great role model for our younger players," Syharat said. "I enjoy her. She has a great sense of humor. A lot of times, during a game or a stressful practice she would crack a joke and the tension was gone."

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theme, where they could

gather their first treats of the

afternoon. The event proved

to be a popular one with a

line of guests waiting for the

doors to open making for a delightfully spooky and fun

start to the holiday for many.

Roseland Park bosts Trunk or Treat



Photos Jason Bleau

Guests to the Roseland Park Trunk or Treat make their way through the barn towards the

WOODSTOCK - Roseland

Park in Woodstock hosted a

large Trunk-or-Treat event

on Halloween day providing

an early celebration for cos-

tumed locals. Children were

welcomed to different trunk display, each with a unique

This '80s-themed trunk came complete with a photo op and 80s music.





Inspired Arts captured the spirit of two holidays with their "Nightmare Before Christmas"



The Woodstock Education Foundation's display captured the spirit of the late, great Dr. Suess and his legendary Cat in the Hat.



The Woodstock Volunteer Fire Department got things started offering activities for trunk-ortreaters before they made their way to the main displays.



This family of trunk-or-treaters captured the A family of Disney characters awaits their A family of DC heroes and villains march This family of trunk-or-treaters wore Marvelspirit of a galaxy far, far away.



entry into the trunk-or-treat event.



through Roseland Park to a nearby trunk ous costumes to the occasion. display.





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Killingly Main Street bosts Trick-or-Treaters

DANIELSON – Despite rain putting a bit of a damper on the day, the annual Main Street Trick or Treat in Danielson went off without a hitch hosting countless trick-or-treaters as they toured the businesses of town. Costumed visitors made their way from shop to shop collecting treats with businesses fully embracing the holiday spirit and sharing the joy of Halloween

Photos Jason Bleau



The staff of Pourings and Passages pose for a photo in their book-themed costumes.



The staff of the New York Pizza Company great costumed visitors.



The Danielson Elks passes out treat to visiting trick-or-treaters.



 $\boldsymbol{\mathsf{A}}$ spooky character hands out treats outside of Lilium Florists.



Killingly Cub Scout Pack 43 pose for a photo at their setup on the David Park side of Main Street.



Heart and Home passes out treats as a line of trick-or-treaters make their way down Main



Charlie's Angles stopped by Main Street to represent Masis Staffing Solutions.



The staff of Bank Hometown great a trick-or-treater.



A penguin represented Roc Tattoos on Main Street.

Tunk City Revival
(foreground) and the
Killingly Business
Association (background) were two
of the more colorful
displays during the
Main Street Trick or
Treat.



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BRENDAN BERUBE

EDITOR

Remembering our roots

We remember the 'good ol' days' when the thought of a video phone conversation would be epic. We thought the best we might get is something along the lines of Max Hedroom, who was introduced in 1984. What we ended up with is substantially better. What a great way to keep in touch with family members and friends across a far dis-

That being said, the rate at which technology is advancing is moving a bit too fast. It seems as though once an item has been unveiled, it becomes obsolete in a nano-second, paving the way for something better, faster and with more bells and whistles.

As time moves forward, how can we maintain a solid grip on our past? A recent trip to a local Historical Society had us speaking with those in charge, in regard to how 'most people just don't care about history anymore'

The destruction of old buildings is becoming more and more common, and we wonder how that will affect future generations. It is one thing to look at old photographs of old schools, buildings, churches and other landmarks, however the history becomes more alive when you have something you can stand next too, observe with your own eyes in person, touch it, walk around and get a feel for how things once were. There really is a magic to it.

History is fascinating. The way things once were, the way human beings have evolved over the years and how things have changed are some of the best stories one can hear. History keeps us grounded and in tune with who we are, especially family history dating back as far as you can go. You could find out that your great grandfather was an Editor of a newspaper in Philadelphia and have an 'a-ha' moment, that perhaps that is why you're sitting in front of a newfangled typewriter, writing, which is the case for this Editor. DNA is a pretty neat thing.

History is what has shaped us into who we are as a society. Preserving history is crucial in that it, if it can be done, represents different aspects of our culture, politics and economy. Being able to walk through Paul Revere's house in Boston, gives us a direct connection to that specific time and place, often representing major milestones. The ability for those sites to connect the dots to where you're standing over the years is something that should never be taken for granted.

If old buildings and structures continually are demolished, what will be left of our past? While we do understand that sometimes this is a necessity due to safety or financial reasons, we also have the motto, "If they can put a man on the moon, they can save a building.'

Preserving history is a way to appreciate our local and national heritage. Some buildings may be the only iconic ones left in a small New England town. Those are the places that give these small towns and big cities character. Often, even just one old building is enough to define a town. While new structures can draw in investments into a town, it is the history of a place that lures people to it.

Every major city, and every town worth its salt has a historic village. We feel it is our duty, as we move throughout our lives, to do what we can to protect the past.

In the words of Marcus Garvey, "A people without the knowledge of their past history, origin and culture is like a tree without roots."

Letters to the editor may be e-mailed to Brendan@villagernewspapers.com

Please include your place of residence and phone number for verification, not publication. Letters must be received by noon on Tuesdays.



Opinion and commentary from the Quiet Corner

Accomplish your goals

All of us have dreams that we would love to accomplish during our life. For some people, their dreams are merely fantasies, and they do nothing to bring them to fruition; some take small steps but never fully commit, and then some transform their dreams into reality.

Many techniques in the positive thinking world can help you accomplish your goals but let's not pretend that hard work and sacrifice won't be required. If you're going to achieve a big goal, hard work and sacrifice will become a daily activity.

I believe in the power of positive thinking, and if you're optimistic, you'll always get closer to your goals than if you're pessimistic. I've also learned positivity alone will not bring you to the life you want; you'll also need to work. You'll need to put in the time, and you'll need to burn the midnight oil; you'll have to work harder than expected.

When you're moving towards your goals, inevitably, obstacles will arise. You'll find yourself working many hours doing things that seemingly have nothing to do with your goals. Still, if you approach every activity that crosses your path by doing the best you can, you'll become a person of excellence, and a person of excellence will eventually get what they want.

One of my favorite speakers, Jim Rohn, said something profound, "How hard should you work? As hard as you can. Whatever your hand finds to do, do it with all your might. How high does a tree grow? As high as it can!"

Working as hard as you can requires motivation. Finding motivation requires a goal; you'll have to know where you want to go with a clear, detailed plan on how to accom-

I haven't always accomplished my goals.



TOBY MOORE I've failed a lot, but in doing so, I've found a pattern in my successes and failures.

When I have a clear goal written on a piece of paper and hanging on the wall in my bedroom, I almost always accomplish it.

I wake up in the morning, and before I walk out of my room, I

read the goals, and I'm reminded of where I'm headed and how I will get there. Before I go to sleep, I read them. It's easy to get sidetracked, and reminding yourself of your goals several times a day is necessary.

Norman Vincent Peale wrote his goals on a card and put them in his shirt pocket over his heart. He read them several times a day.

If you have a big goal, you'll need to think about it several times a day. Empty your mind of negativity, believe with all your heart that you will turn your goal into reality. If you do this, you'll find the desire inside of you to do whatever it takes. You'll wake up early, you'll stay up late, you'll show up early, and you'll be the last to leave. You'll excel in every area of your life.

What if you don't have the time?

So many of us think that if we have a full Time job and a family to take care of, and other obligations that we don't have enough time to accomplish our goals.

What if you only spend one hour a day working toward your goals? It may not seem like much, but if you commit yourself to one hour a day for an entire year, you'll have spent three hundred and sixty-five hours working on your dream! For some of us, that may be all that's required.

Try it out, write your goal down with a plan to accomplish it, read it several times a day, work hard even if it's just for an hour a day, stay committed and see what happens. I'm betting you'll like the results.

Seeing

Nearly every week, I take a long walk with a friend who is a celebrated paint-On country roads, we walk and talk and look. She sees color in an educated, sophisticated manner. From the vivid yellow of a sassafras tree or the marvelous pinks of burning bush in late fall, she sees color. She sees undertones and shadows and she can name the combinations. Because of her, I look harder, think longer, and get more pleasure out of the miracle of color all around us. Pause and look a moment more now, when our world is vibrant.

My mother wore only two colors – blue or white. Her eyes were blue, and white was easy and available. She died long ago and I never asked her why her color pallet was so limited, but when I sort through my closet, I see a similar pattern. We gravitate toward the colors

that make us comfortable, happy and haps trendy. Black viewed sophisticated, slimming chic. Bright colors make

per-

and

state-

NANCY WEISS

ment muted ones whisper they'd like some quiet time. Neon screams. Blue feels familiar.

We lived in an antique farm long enough to go through several iterations of paint colors. At first we scrupulously chose historically correct colors, even milk based paints, that were dark red, mustard yellow and Charleston green, which was a mix of black and green. Over time, I was drawn to brighter shades, leaning toward yellows and cream. I'd like to think the choices were my own, but I was influenced by trends, including the Pantone colors chosen each year for home goods, clothes and cars.

In 2021, Pantone colors (as per their Web site) are: 'Ultimate Gray – practical, rock solid but warming and optimistic and Illuminating - vibrant yellow, aspirational and hopeful." Everywhere I turn, I see furniture, walls and rugs in shades of gray. Even baby clothes are gray. During the pandemic I thought life was gray, so perhaps the color choices are perfect for the times. Yellow is worn for safety reasons by highway workers. I read that infants like the color yellow the most. Not gray.

Coloring books are popular. Nothing is quite as evocative of childhood as a box of Crayola 48s, but I didn't allow my daughters to fill coloring books. I thought they should be more freeform. When my granddaughters invite me to color with them, I finally get it. Coloring is a form of control and self-expression. It's a time to chat while looking at pictures. It's a time to choose bright colors, especially in drawing rainbows, the favored food of unicorns.

Color is powerful in marketing. Red turns up in countless popular products. Coke probably has a patent on the shade they use. We can see it with our eyes closed. I read that our brains process visuals 60,000 times faster than text, so color, shape and fonts really speak to us. Think of bright red lipstick or red shoes. Oh, my...

I think we see a color more precisely when we have a name for it. I identify navy, Prussian Blue, teal, azure, turquoise, bubble gum pink, because I have words. I wonder what other languages have more words to describe color than English. Imagine what a difference that makes in perception.

In November, I see golden light spread across the colorful leaves on long, warm autumn afternoons. The grass is greener than ever and the maple leaves, drop slowly in vivid yellow swirls. My friend turns her practiced eye to the tangled undergrowth as we stroll and points out a flash of magenta.

Tips for selling your antiques and collectibles

If you're interested in selling your antiques and collectibles. today's column is for you. I'll share some tips to help you get the most of your sale.

My first tip relates to timing: sell holiday collectibles in season. If you have Halloween collectibles, selling them in

early October is best because

Halloween is on peoples' minds. November and early December would be the right time to sell your vintage Christmas bulbs.

Second, sell items where they were made. I often get calls or emails from people around the country who have Massachusetts-related items because they realize their local items will sell better here. I collect old Worcesterrelated photos, advertising pieces and other items because I live in the area.

Beyond photos and ephemera, additional items do well when sold locally. Joseph Greenwood was a Worcester impressionist painter. Whenever we auction one of his paintings, it sells very well because so many of our

local bidders are interested in his works. Third, decide how you want to sell your items. You can sell them to a dealer, hire an estate sale company or auction house, or sell on your own. If you decide to sell things on your own, research your items. Be sure to check what similar items sold for, not the price the seller asked for. If you sell on your own, you can have a tag sale, sell on Facebook Marketplace, Craigslist, eBay, ad in this paper or on other platforms. It's important to consider that you will need to pay a fee if you list on eBay. You will also have to describe your item taking note of any defects, take detailed photographs, answer bidder questions, and handle shipping. With Craigslist, you may have people you don't know coming to see your items so you may want to have someone else with you or take other safety precautions. With Facebook Marketplace, you can do some vetting of the buyer by viewing their profile before you meet them.

If you decide to hire an auction house or estate sale company, see if any family mem-



WAYNE

able, auction is the preferred method. Estate sale companies around the country often contract with auction houses to sell highly valuable items. As we emerge from the pandemic, many auction houses continue to run live auctions. We have switched to all online auctions since the pandemic began and they have been producing good results. We plan to continue with online auctions for the foreseeable future. We have been auctioning entire estates when they have

bers or friends have recom-

mendations. Check reviews.

Then talk with the companies

you are considering. No matter

what you decide, if you have

something that is very valu-

valuable items such as antiques, collectibles. and automobiles. We also run multi-estate auctions with gold jewelry, coins, Sterling silver, paintings, vintage sports cards and comic books, and a wide range of other antiques and collectibles that sell to local buyers or are shipped around the globe.

Selling your antiques and collectibles is a great way to earn some extra cash before the holidays. Speaking from experience, you may even like selling so much you start your own

Our next multi-estate online auction will begin on Nov. 10. I'll also be teaching my "Evaluating your Antiques" class on Nov. 10 at Bay Path Evening School in Charlton. Beginning in late November, we will be running an online auction of the contents of a West Boylston estate with a newer model car and three wheeled motorcycle. The virtual antique appraisal event for the Townsend Historical Society has been postponed until next year. Please visit our website for more details on upcoming events: https://centralmassauctions.com

Contact us at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com



Without reservation

BY DENNIS BLANCHETTE

NORTH GROSVENORDALE

After three weeks in the mountains of West Virginia, Tennessee and Kentucky, we headed to our final destination for some hiking, biking and general relaxation. It's a state I bet that most you never think of as a tourist destination, so here are a few clues. Some of its towns are named Norwich, New London and Mansfield. but it's not Connecticut. It has two NFL teams, including a former NFL champion and two Halls of Fame. Final hint: what's round at both ends and high in the middle?

Yes, Ohio and I can hear you asking already: Why visit Ohio? Perceptions of Ohio to some in the northeast include: Its flat. The rivers catch fire. Its industrial, part of the "rust belt." Whatever is not rusty is full of corn and soybeans.

Well, let me clear up a few of those misconceptions. Its flatter than Connecticut but not by much. Connecticut has 2,300 feet of elevation difference between its high and low points; Ohio has 1,094 feet. The Cuyahoga River has been cleaned up and is a great kayaking destination. The terrain is rolling rather than flat and the roads through the cornfields present a new vista over each crest of the road.

But what is there to do besides kayak and drive around in cornfields? For one thing, go to the beach. There are over 300 miles of beaches on Lake Erie. The Bass Island Archipelago near Sandusky is an excellent vacation spot. The hiking and biking are fantastic. Metro Parks has 52 different trails covering 4,400 miles and that's just in the Cleveland area. Around Canal Fulton there are miles of trails along the old canal towpaths, the equivalent of our rail trails. Ohio even has a National Park - Cuyahoga Valley National Park- located between Cleveland and Akron. During our visit we hiked through the Kendall Ledges section and it was beautiful.

In Akron we visited the Stan Hywet Hall and Gardens. The estate of Goodyear Tire and Rubber Company co-founder F.A. Seiberling, it contains a 64,000 square foot Tudor style mansion on 1,500 acres. We kept asking the docents who Stan Hywet was and finally someone told us it means "rock hewn" in old English. It is (according to their brochure), the 6th largest historic home open to the public. The English Garden, the Great Garden, the Rose Garden and best of all, the Japanese Garden, will have you holding your breath in admiration.

Most of our time was spent in the northeast corner of Ohio, formerly known as the Connecticut Western Reserve or New Connecticut. It consisted of 3.4 million acres of land once claimed by the state of Connecticut and was larger than "Old Connecticut." Connecticut sold the land for \$1.2 million to the Connecticut Land Company in 1796; the money was set aside in a fund for public education. In his book "The Western Reserve," copyright 1900, William Stowell Mills wrote that this was an "exhibition of prudence, forethought and economy that does honor to the men who composed the Connecticut Legislature." That was probably the last time these adjectives have been used to describe Connecticut's legislature.

Connecticut Land The Company was a group of investors mostly from Suffield. Connecticut. In 1797, the Land Company sent surveyors, under the supervision of Moses Cleaveland of Canterbury, to the Reserve to divide the land into townships. While the men were surveying, Cleaveland went exploring to find a place for the new capital. Arriving at a field near the center of the territory looking out over Lake Erie, he pronounced it suitable and founded Cleaveland (the "a" was later dropped to conserve printing costs.)

Connecticut unfortunately ceded sovereignty over the Western Reserve in 1800, realizing it would be difficult to administer. With a little more forethought, Cleveland, Akron, Youngstown, the Pro Football Hall of Fame and the Rock and Roll Hall of Fame would be part of Connecticut. Along with 300 more miles of beach and a lot of corn.

During previous trips to Ohio, we visited The Rock and and The Pro Football Hall of Fame in Canton. You may not think very highly of Ohio football these days, but the Cleveland Browns were once the NFL's best team, winning the NFL championship in 1964 with Jim Brown running up the middle and Frank Ryan (PhD in mathematics) slinging passes downfield to the incomparable Paul Warfield. Lehman's, the country's biggest non-electric hardware store, has everything you want and some stuff you probably never even heard of, like acorn collectors. There are furniture stores full of beautiful handmade Amish furniture. Despite the epithet "rust belt" I know steel businesses that are thriving. The cost of living is low; commercial and residential construction is booming. It seems to me that the question is: why not visit Ohio?

Roll Hall of Fame in Cleveland

Dennis R. Blanchette is a civil engineer and travel writer. Pictures of some of the places mentioned in this article can be found at his travel blog: https://dennisblanchette.com

50 or over? How to turn your tax bill into retirement savings



FINANCIAL
FOCUS
LAURENCE
HALE
INVESTMENT
ADVISER

Tax day is months away, and while most of us would rather think about holiday festivities than taxes or retirement planning, taking some time now to do just that could really pay off, especially if you're over 50. Here's how...

If your end of year tax estimates show you're going to owe taxes for 2021, you can help to reduce that tax liability by making an increased contribution to your retirement account. Since retirement account contributions are not taxed, you'll reduce your taxable income by the amount of your contribution. There are limits to how much you can contribute each year, but if you're 50 or older you can contribute more than the usual limits through a catchup contribution.

What are catch-up contributions? If you are 50 or older, or you will

If you are 50 or older, or you will reach age 50 by the end of the year, you

may be able to make contributions to your IRA or employer-sponsored retirement plan above the normal contribution limit. This is called a catch-up contribution, and it's designed to help you make up any retirement savings shortfall by bumping up the amount you can save in the years leading up to retirement.

Catch-up contributions can be made to traditional and Roth IRAs, as well as to 401(k) plans and certain other employer-sponsored retirement plans. But if you participate in an employer-sponsored retirement plan, check plan rules — not all plans allow catch-up contributions.

How much can you contribute as a catch-up contribution?

How much you can contribute depends on the type of retirement plan you have and the tax year for which you are making the contribution. Here are the limits for various retirement plan types in tax year 2021:

401(k), 403(b), or governmental 457(b) plans have a regular annual contribution limit of \$19,500 and a catch-up contribution limit of \$6,500, for a total possible contribution of \$26,000. (403(b) and 457(b) plans also have special catch-up rules that may apply.)

SIMPLE plans have a regular annual contribution limit of \$13,500 and a catch-up contribution limit of \$3,000, for a total possible contribution of \$16,500

Traditional and Roth IRAs have a regular annual contribution limit of \$6,000 and a catch-up contribution limit of \$1,000, for a total possible contribution of \$7,000

When should I make a catch-up contribution in order to reduce my 2021 tax burden?

The deadline for contributing to your retirement account so that it gets credited to the 2021 tax year is April 15, 2022. This is true for both regular contributions and catch-up contributions. But if you make your contribution after the first of the year, just be sure to indicate that you'd like it credited to the 2021 tax year; otherwise, it will be automatically be credited to 2022.

How can I continue to maximize my retirement savings going forward?

Tax time shouldn't be the only time you think about how to increase your retirement savings. If you want to live well in retirement, you've got to plan well and invest well consistently all year long. A financial professional can provide invaluable experience and

assistance in ensuring you stay on the path toward achieving your financial life goals.

At Weiss, Hale and Zahansky Strategic Wealth Advisors we use our proprietary Plan Well, Invest Well, Live Well™ strategic process to help our clients do just that. See how we can help you create your own strategy at whzwealth.com and contact us at (860) 928-2341 or info@whzwealth.com to create a strategic financial plan for you and your business.

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Delight friends and family with winter-blooming bulbs



GARDEN
MOMENTS
MELINDA
MYERS

Give a holiday gift that is guaranteed to bring joy and feelings of well-being. Research by Rutgers University found the gift of flowers generates a smile, elevates the recipient's mood, and provides feelings of happiness that last for days. Amaryllis and paperwhite bulbs make it easy for anyone to enjoy these benefits by growing their own living bouquet of flowers.

Non-gardeners will appreciate receiving an amaryllis or paperwhite gift kit that includes the bulb, soil, and pot. All they need to do is open the box, water the soil, and wait for the beauty to unfurl. Or make your own ready-to-grow gifts by purchasing bulbs and planting them in decorative pots.

Each amaryllis bulb sends up multiple stems topped with flowers that can measure up to eight inches across. Nurturing amaryllis or paperwhites from bulb to bloom requires no experience or special care, but answers to any questions can be found at LongfieldGardens.com.

ANTHOLOGY

continued from page **A1**

I wanted to show a character navigating her way through these fragile moments of awareness and finding some hope on the other side."

Torockio is the author of two collections of short stories and two novels, most recently, "The Soul Hunters" (Black Lawrence Press, 2016). His fiction has appeared in "Ploughshares," "The Iowa Review," "The Gettysburg Review," "Colorado Review," "The Antioch Review," "Denver Quarterly,"

Are there gardeners on your list? Keep it simple by selecting some winter-blooming amaryllis or paperwhite bulbs and tucking them into an attractive gift bag. While most people are familiar with the classic red amaryllis, there are many other colors and flower styles to choose from. Make your gift extra special by ordering some of these less-common varieties.

Elvas is a double white amaryllis with petals outlined in red. As the flowers mature, they gradually open wider and the red highlights become more apparent.

Giant Amadeus features layers of petals that start out white and blush to pink, coral and salmon. The color and intensity increase as the petals open.

For a twist on traditional red, consider Magical Touch. Its cherry red blossoms have broad, ruffled petals edged in white. When the flowers are fully open, they are flat rather than trumpet shaped.

Ruby Star is another uncommon amaryllis. Classified as a papillon or butterfly amaryllis, it has large, irregular-shaped petals in a striking color combination of wine red and apple green.

Brighten dark winter days with the cheery, lemony yellow flowers of amaryllis Yellow Star. Each bulb will send up multiple stems topped with four to

"West Branch," "Willow Springs" and elsewhere.

"Culled from over 400 submissions, the 2021 edition of the Connecticut Literary Festival Anthology offers a lush bouquet of fiction, non-fiction and poetry that readers are sure to relish," said best-selling novelist Wally Lamb in his review on the importance of the anthology. "Within its pages, I found new works by writers I have long admired: Chris Belden, Larry Bloom, Ken Cormier, Margaret Gibson, Raouf Mama and Bessy Reyna. Just as enjoyable is the work of writers who are, for

six long-lasting flowers.

The flowers of amaryllis Cape Horn feature big, rounded petals in a lovely shade of rose-pink. Each blossom has a white star at the center and a lime green throat.

Most amaryllis bulbs begin flowering eight to ten weeks after planting. Paperwhite narcissus bulbs bloom in half the time and can be grown in soil or a shallow bowl of stones and water. For maximum fragrance, plant Ziva paperwhites. Varieties such as Nir and Inbal produce the same snowy-white flowers but have a much lighter fragrance.

Store winter-blooming bulbs in a cool, dry and dark place until you are ready to plant. Once you pot up the bulbs and place them in a warm, bright location, they will break dormancy and begin to sprout. Watching as the stems emerge, buds develop, and flowers appear is all part of the fun.

Be sure to order a couple extra bulbs for yourself. You will enjoy the stress relief these beautiful winter bulbs provide during the holiday season and long winter months.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing

me,newdiscoveries. The literary arts are alive and well here in the Constitution State. This collection is ample proof."

"It feels like we have become unglued from one another since March of 2020; masked strangers passing each other in anonymity," said Lisa Comstock, director for Connecticut Center for the Book. "But this anthology glues us back together and helps us find ways to heal and talk with one another. Important stories are told, and we should heed them."

"This anthology brings together poets, fiction writers and essayists to



Photo Courtesy Longfield-Gardens.com

The flower petals of Giant Amadeus amaryllis start out white and turn to pink, coral and salmon.

editor for Birds & Blooms magazine and was commissioned by Longfield Gardens for her expertise to write this article. Her Web site is www.MelindaMyers.com.

create a snapshot of the rich and varied work being done in the Nutmeg State," said novelist and poet Sarah Strong, author of "The Mouth of Earth." "The voices in this anthology offer us a mirror of our times, reflections of other times and meditations on the state of our hearts. Readers looking for evidence of Connecticut's vibrant literary community will find it here."

For more information about the anthology, visit: http://connecticut-literaryfestival.org/connecticut-literary-anthology/.

OBITUARIES

Norma C. Wiggin, 89

BROOKFIELD - Norma C. (Keith) Wiggin, 89, passed away peacefully at her daughter's home in Hull on Thursday, October 28, 2021. Norma was born in Worcester, the daughter of Willard and Edith (Howe) Keith of West Boylston.



Norma graduated from Major Edwards High School in West Boylston and Green Mountain College in Poultney, VT. She married her beloved husband of 25 years, the late Nathan Wiggin of Rockland,

ME, in 1955. The couple lived in West Boylston, Southbridge, and lastly on Stiles Reservoir in Spencer and had owned and operated the Donut Chateau in West Boylston and Southbridge. Nathan passed away in 1980 and Norma continued working at the business for several years. Norma also worked as a Home Care Attendant for Nurse's House Call in the Worcester area and was named Employee of the Year. She later reconnected with her high school classmate. Bob Parkin, and they lived together in Brookfield until his passing

Norma is survived by her daughters,

Deborah Wiggin and her husband, Paul Beresis, of Hull and Diane Wiggin of Naples, FL; four grandchildren, Sarah Wiggin of Tampa, FL, Adam Eldean and his partner, Yaritza Velez, of Baltimore, MD, Aaron DeFeo and his girlfriend, Ashley Durham, of Pompano Beach, FL, and Nora Eldean of Sandy, UT; her honorary granddaughter, Layla Eldean: her great grandchildren. Gavin and Garrett DeFeo; her nephew and nieces, Randy Keith and his wife, Patty. Linda Blake and her husband, Ned, and Lisa Hartman and her husband, Rick; her sister-in-law, Evelyn Keith; and the daughter of her longtime companion, Bob Parkin, Karan Parkin and her wife, Marianne Winters. Norma was predeceased by her brother, Robert Keith, of West Boylston's Pinecroft Dairy.

Relatives and friends are invited to attend a calling hour from 11 a.m. to 12 p.m. followed by a funeral service at 12 p.m. on Friday, November 5, 2021 at Miles Funeral Home, 1158 Main St., Holden. Burial will be private. In lieu of flowers, donations may be made to Wachusett Greenways, P.O. Box 121, Holden, MA 01520. To find a live streaming link for the service and to share a memory or offer a condolence visit www.milesfuneralhome.com

Eastern student Vanessa Streb of Danielson competes on swimming team

WILLIMANTIC — The men's and energy level is high, the effort level is women's swimming teams at Eastern Connecticut State University are amid their fall 2021 seasons.

Among the student athletes is senior Vanessa Streb of Danielson, who majors in Biology. Streb participates in the free and breast strokes.

Both the men's and women's team are scheduled to have ten meets and three Little East Conference Championships. "Because of Covid, I think it was hard to recruit," said Sarit Gluz the head coach for both teams. "I think that the people we have on the team want to be here and they want to work hard. The

high, and they all work together to get things done.'

Eastern offers a broad-based, NCAA Division III athletic program aimed at safeguarding the amateur aspects of the various sports and maintaining the proper perspective of athletics within Eastern's academic mission. By placing emphasis on the values of equity, diversity, sportsmanship, health and well-being, Eastern's athletic program encourages students to contribute more effectively to our society and live richer, fuller lives.

Woodstock FD to host annual toy collection

WOODSTOCK — The Woodstock Fire Department will hold its 16th Annual Toy Collection Saturday, Nov. 13 from 9 a.m.-3 p.m. at WVFA Station 76, 399

Route 169, Woodstock.

LEGALS

TOWN OF BROOKLYN **INLAND WETLANDS COMMISSION PUBLIC HEARING NOTICE**

The Brooklyn Inland Wetlands and Watercourses Commission will hold a hybrid public hearing on Tuesday. November 9, 2021, at 6:00 p.m. via a virtual WebEx Meeting and at the Clifford B. Green Community Meeting Room, Suite 24, 69 South Main Street on the following:

100421A Heather & Matt Allen (applicant) and David & Gail Allen (Owner), 0 Christian Hill Rd., Map 31, Lot 19, Excavation and construction of an agricultural pond and dry well. A copy of the application is available for review.

All interested parties may attend the meeting, be heard and written correspondence received.

Richard Oliverson Chairman

Dated this 12th day of October 2021 October 29, 2021

TOWN OF THOMPSON ZONING BOARD OF APPEALS LEGAL NOTICE

The Thompson Planning and Zoning Commission held a Public Hearing on Monday, October 25, 2021 at 7:00 PM in the Merrill Seney Community Room in the Thompson Town Hall, 815 Riverside Drive, North Grosvenordale, CT and made the following decisions:

1. PZC Application #21-31 Applicant Inn Acquisition Associates, Andrew Silverson and property owner of 286 Thompson Hill Road, Map 103, Block 40, Lot 2, Zone, Thompson Common Village District, TTCV, requesting a Public Hearing for a 2-lot re-subdivision, Subdivision Regulations, Article 111, Section 4A, 1. Approved

2. PZC Application #21-32 Applicant and property Owner, Wojciech of 1574 Riverside Drive, Map 55, Block 65 Lot 14, Zone, Thompson Corridor Develop-

Celebration of

ment District, TCDD, requesting a Public Hearing for construction of Commercial Building, Light Manufacturing, Zoning Regulations Article 4E, Section 2-24. Approved with condition.

File may be reviewed on line, Town of Thompson website, Zoning Board of Appeals. Written communication will be accepted prior to the meeting Respectfully submitted,

Joseph Parodi-Brown, Chairman November 5, 2021

TOWN OF THOMPSON ZONING BOARD OF APPEALS LEGAL NOTICE

The Thompson Planning and Zoning Commission at its Regular Meeting on Monday, October 25, 2021 at 7:00 PM in the Merrill Seney Community Room in the Thompson Town Hall, 815 Riverside Drive, North Grosvenordale, CT took the following actions:

PZC Application #21-28 Applicant Kristina Thorne, property owner Cody McCall, at 24 Border Trail, Map 164, Block 11, Map 26E, Zone RRD, Requesting a Permit with Site Plan Review for an in-home family daycare, Zoning Regulation Article 4A, Section 2-6. Tabled to the PZC Regular Meeting on November 22, 2021.

PZC Application #21-33 Applicant Ken Loiselle (Rte 193 LLC) and property owner of 49 Thompson Road, Map 87, Block 53, Lot 8, ZONE Thompson Commercial Development District, TCDD requesting a Permit with Site Plan Review for construction of an additional food and beverage service establishment, Event Barn, Zoning Regulations Article 4E, Section 2-12. Tabled to the PZC Regular Meeting on November 22, 2021.

File may be reviewed on line, Town of Thompson website, Zoning Board of Appeals. Written communication will be accepted prior to the meeting

Respectfully submitted, Joseph

Parodi-Brown. Chairman November 5, 2021

STATE OF CONNECTICUT **DEPARTMENT OF CONSUMER PROTECTION** Permit: LRW.0005685 Type: RESTAURANT WINE & BEER **Doing Business As:** IL PICCOLO CO **Located At:**

1097 THOMPSON RD THOMPSON CT 06277-1454

ON PREMISES PLACARD NOTICE

This placard must be affixed to the outer front door of the proposed premises. If the front door is more than 25' from the road, a 4' x 6' sign must be posted by the roadside with the attached placard. The sign shall consist of black letters with a minimum height of 4" on a white background having the same wording as below, including the attached placard. The placard must be posted by 11/01/2021 and must be maintained in a legible condition through 11-22-2021. The enclosed publication notice must be published twice in a newspaper having a circulation in the town in which the business is located. The first notice must be published within seven (7) days of the placard date. The second notice must be published the following week, not more than fourteen (14) days after the placard date. After the placard has been maintained for twenty-one (21) days on the outer front door of the premises (or the 4' x 6' sign), return the certificate of publication to the Department of Consumer Protection, Liquor Control Division.

Questions can be directed to (860) 713-6210 or email dcp.liquorcontrol@ ct.gov

FAUSTO FERNANDEZ 1097 THOMPSON RD THOMPSON, CT 06277-1454 November 5, 2021 November 12, 2021

> **LEGAL NOTICE** NOTICE OF PRIVATE SALE

PLACE: AMERICAN SELF STORAGE UNITS 179 QUINEBAUG RD. NO. GROSVENORDALE, CT 06255 DATE: Nov. 16, 2021 INSPECTION TIMES: 10:00AM &

3:00PM Sale of all goods stored in delinquency at AMERICAN SELF STORAGE

UNITS. The following named people have until the morning of sale to settle their account, including all subsequent fees pertaining to sale, and to vacate their unit or the unit will be sold to cover debts, Unit# sorted by contents,

A33 Paige M. Johnston B39 Wesson G. Lussier F18 Robert G, Newton

Cash or certified check only. All sales final, Merchan.dise must be removed within five (5) working days of bid acceptance.

Highest bidder must pay a \$100.00 deposit on unit and will be returned when said unit Is vacant.

Highest bidder will be notified by telephone the following business day. November 5, 2021

November 12, 2021

NOTICE TO CREDITORS

ESTATE OF Debra Ann Bushnell (21-00265) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated July 9, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is: Michael Methot, Jr.,

18 Old Dobson Rd., Vernon, CT 06066 November 5, 2021

NOTICE TO CREDITORS

ESTATE OF Linda S. Wilde (21-00377)

The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated October 22, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Alysia Casiano, Clerk

The fiduciary is: Martha A. Grady, /o GINA M BARRY (attorney for Martha A. Grady), BACON WILSON PC, 33 STATE STREET, SPIUNGFIELD, MA 01103, (413)781-0560

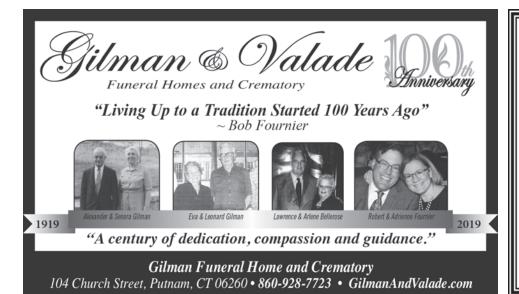
November 5, 2021



It will be from 6:00 to 8:00pm. Please join us.



860Local.com



SMITH AND WALKER

Funeral Home and Cremation Service 148 Grove Street, Putnam, CT 860-928-2442 www.smithandwalkerfh.com

~ ~ ~

GAGNON AND COSTELLO

Funeral Home and Cremation Service 33 Reynolds Street, Danielson, CT 06239 860-774-9403

> **Funeral Directors** Timothy Farner, Steven Farner, Andrew Farner Serving ALL Faiths with Dignity

House of Heroes to present at next Danielson Veterans Coffeehouse

PUTNAM — The Danielson Veterans Coffeehouse guest speaker on Nov. 8 will be "House of Heroes Connecticut" (HOHCT), www.hohct.org, at the

Putnam Elks at 9 a.m.

The mission of this organization is to recognize, honor and serve Connecticut military and public safety veterans and/or their spouses who have served our country faithfully and sacrificially. We do this by providing one day, no-cost home repairs through partnerships with and the generosity of indi-

rations. We are committed to growing the organization and advancing the mission to the ever-increasing numbers of veterans both in Connecticut and nationwide. The Connecticut Chapter was founded in 2012 by Bill May, a former Black Hawk helicopter test pilot with more than 24 years of service, and Steve Cavanaugh, president and founder of Biltmore Construction in Hamden, Connecticut. Bill May passed away in December 2016, at age 58 following a

viduals, civic organizations and corpo-

two-year battle with cancer.

HOHCT has provided no-cost home repairs to 153 military and public safety veterans or their surviving spouses from 2012 through Oct. 16. This includes 141 in 50 Connecticut cities and towns and 12 out of state. HOHCT is fortunate to enjoy the support of numerous companies and organizations who, like HOHCT, wish to serve America's veterans. Major sponsors include Sikorsky/ Lockheed Martin, People's United Bank. PCX Aerosystems. Johnson

of that nature. It takes the guess work

out of making decisions relative to food

Brunetti, Pratt & Whitney-4-VETS and many more. To qualify for assistance in the program, one must 1) be an honorably discharged military or public safety service veteran, or surviving spouse; 2) need financial and/or physical assistance with home repair, and; 3) own and occupy the home to be repaired. Home repairs include, but are not limited to, cleaning, painting, installation of access ramps, installations of screen windows and doors, repair or replacement of basic appliances, and vard maintenance and improvement. A priority is placed on enhancing safety and improving access. Home improvements are supervised by a local contractor and meet applicable codes.

PANTRY

continued from page **A1**

that due to COVID those efforts were halted, but in 2021 they reassessed and decided to transition to the Support Wellness at Pantries, or S.W.A.P., which designates foods based on their saturated fat, sodium and sugar content using a color-coded with green being the healthiest foods and red being the least healthy. The change was also facilitated by the need for physical renovations to the pantry as well with the floor, wall paint, and kitchen all updated during

'It needed to be renovated, especially the floor. We took the opportunity to finish a project that we had started back in 2019 where we were trying to offer more nutritional foods for our clients. We were able to utilize suggestions from Katie Martin's book 'Reinventing Food Banks and Food Pantries' and redesign our back room based on the nutritional value of foods. That seems to be working very well. It has allowed us to offer more sugar-free as well as gluten free products," Peterson said.

Helping lead the renovation was IHSP board member and volunteer Crista Cote. In addition to helping organize the room she created new chalkboard signs that give the pantry a whole new feel. While the change hasn't been as smooth

for all volunteers, Cote believes it's a positive step forward for the pantry.

"It was a lot of work. The biggest part of the whole thing is getting everyone used to the new system, both clients and volunteers. Some people have been happy about the change, some have not. Once you get used to it you don't have to always go back to the chart. You can look at the labels and know how to categorize things. Just bringing awareness to this system, I think it surprised many of us what was actually going to be in the red or the green. I think the changes are great. It just works," said Cote.

With a brand new look, including a more user friendly kitchen, a level floor and a new way to help guide clients towards healthier choices, Daily Bread appears ready to move into the future. For Kathi Peterson, she sees the evolution as a necessary way to further connect with clients and to add to the services provide when they walk through their doors.

"It's important for clients as well as our volunteers to learn what are more healthy choices that impact our physical wellbeing. I think this program provides that opportunity to make foods available to help treat the whole person," said Peterson. "It gives you some extra opportunities to engage in conversations with your guests too and learn more about who they are and things



IHSP Board Member and pantry volunteer Crista Cote loads up a shelf of green items using the new sorting system at Daily Bread.



GOAL!!! CHECK OUT THE SPORTS ACTION!

SOCCER

continued from page A1

Sophomore Illyana Malarky booted the ball into the middle of the field, about 10 yards from the goal and senior Makala Dube somehow — was able to redirect the ball past Woodstock goalkeeper Rebecca Nazer.

About three minutes later the Centaurs nearly took a 2-1 lead when a medium-range shot by junior Grace Gelhaus slipped off Nisbet's hands and was headed ac the goal line. The ball didn't get there, however, thanks to Killingly sophomore Emily Lamparelli. who raced into the goal mouth and booted the ball out of harm's way.

Woodstock did manage to grab that 2-1 lead with 21:24 left in regulation on a free kick by Gelhaus, who had been peppering the Killingly goal all night. On the free kick Gelhaus sailed the ball in over the top of a leaping Nisbet, the ball dropping just under the crossbar inside the far post for. It was Gelhaus' 12th goal of the season.

"Grace is a phenomenal player," Killingly coach Jim Lackner said. "She hit a nice shot."

Killingly tied the game, 2-2, with 19:59 remain-



Ava Coutu of Woodstock Academy completes a throw-in over to a teammate.

ing in regulation. With traffic in front of the net junior Casey Beauregard managed to get a shot off from about 10 yards out, the ball going into the goal after deflecting off Nazer.

Prior to the game Lackner talked to his team, specifically his upperclassmen Dube, Sophia Moore,

Emma Carpenter, Sage Lamparelli, Kyndal

Murawski, Liz Laflamme, and Payton Keefe about the importance of playing on Senior Night. All seven, not surprisingly, were in Lackner's

starting lineup. "I stressed to the girls - especially my seniors — that this is last time you're ever going to step on this turf for a game. So, go out and enjoy your last home game," said Lackner, who knows



Jason Mckay photo

Casey Beauregard of Killingly gets her head on th

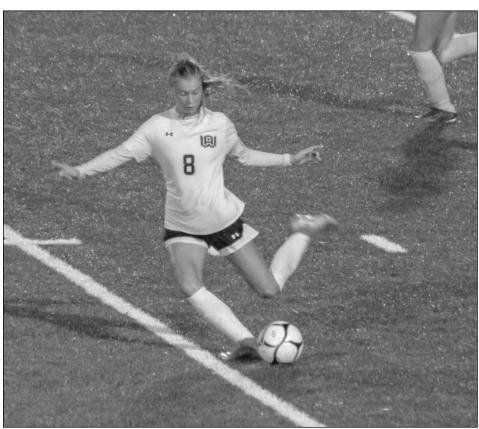
that his team's state tournament battles will be waged away from home. "The girls wanted to come out and play as best as they possibly could and get a win, but I was satisfied with the tie.

"I told them I was proud of them," Lackner said. "We were down 1-0 and then 2-1 and we just kept battling and battling. That was huge.'

Snelling said he likes how his team is playing heading into states.

"I think we've definitely gotten better as the year went on," Snelling said. "We got clobbered at East Lyme [a 6-0 loss on Wednesday, Oct. 27], but we played with them.

We were even with them for a while. Teams like Killingly, they're a little older with a lot of seniors on the team. I think we've done a good job keeping up with everybody. I think we're playing pretty well right now.'



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Woodstock Academy's Grace Gelhaus kicks the ball down the field toward her open teammates.



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