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Friday, August 7, 2020



Courtesy

Pictured are Assistant Accreditation Manager Officer Brett Fulone, Chief of Police Nick Miglionico, and Accreditation Manager Sergeant Aaron McLaughlin on the right. Comfort K9 Finn is in front.

# Northbridge FD urges residents to prepare for hurricane season

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

NORTHBRIDGE — The peak of hurricane season is August and September, according to reports, and the Northbridge Fire Department has recently released a reminder to residents that hurricanes and tropical storms can impact the entire Commonwealth, not just coastal regions.

The department has encouraged residents to be proactive and prepare beforehand by building an emergency kit, developing a predetermined plan, closely monitoring media reports and instructions from public safety officials, and more.

“It only takes one storm to severely impact an area,” the department released in a statement, adding that high winds, heavy rainfall, and inland flooding are possible across the entire state.

Preparations this year have extended beyond the “regular” hurricane season planning due to the Covid-19 pandemic. The Department of Public Health and the state’s Emergency Management Agency have developed guidance for the Commonwealth and municipalities for providing operating shelters and conducting evacuations during Covid-19, the department shared, which will be used to adjust the Commonwealth’s mass

care and evacuation plans to help keep individuals both safe and healthy during a disaster.

State agencies are also adjusting plans, according to the department, including re-evaluating capacities of state-initiated regional shelter sites; preparing for the need for additional evacuation transportation vehicles; adding screening, sanitization, disinfection, and general public health protocols to existing mass care plans; and planning for and preparing to provide sheltering in non-congregate settings such as hotels.

Residents can prepare by taking several steps.

Turn To **HURRICANE** page **A5**

# Douglas police awarded full accreditation

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

DOUGLAS — Earlier this year, the Douglas Police Department received certification status through the Massachusetts Police Accreditation Commission. Now, the department has been awarded full accreditation, making it one of only 93 police departments in the state to achieve this status.

“It is a great feeling to reach this milestone after all the hard work that went into it by the whole department over the last two years,” said Douglas

Chief of Police Nick L. Miglionico. “I am very proud of all our officers for their dedication to the Accreditation process and for the professionalism they do their jobs with every day.”

Accreditation is a self-initiated process by which police agencies voluntarily strive to meet and maintain standards that have been established for the profession by the profession, according to a department statement. The mission of the Massachusetts Police Accreditation Commission is to ensure that the delivery of police services within the

Commonwealth is at the highest level of professionalism and integrity.

According to the Commission’s Web site, there are two professional credentialing programs: Certification and Accreditation.

Accreditation is the higher of the two program awards consisting of 382 standards. The Certification program consists of 159 standards. It is the policy of the Commission that agencies must successfully achieve certification before being assessed for accreditation.

Turn To **DOUGLAS** page **A5**

# ‘Hot Cars Law’ a reminder of pet safety

BY KIMBERLY PALMUCCI  
TRIBUNE CORRESPONDENT

REGION — Nothing kills more pets during the summer months than heat stroke, according to veterinary experts. And with an unusually hot summer still sweltering across the state, it’s critically important to monitor pets, provide them with plenty of shade and water, and never leave them inside of a hot car.

“We shouldn’t need this reminder but sadly we see and hear stories of dogs being left in cars way too much,” Uxbridge-based Pawfect Life Rescue released in a statement. “If you wouldn’t sit in a hot car, your pup shouldn’t either.”

The inside of a car can heat up to 110 degrees in 10 minutes on an 80-degree day, even with the windows slightly open, according to the Massachusetts Society for the Prevention of Cruelty to Animals.

“Your pet could be in danger even on a moderately hot day,” the organization said.

An Act to Prevent Animal Suffering and Death, or the “Hot Cars Law,” was signed into law in 2016 and prohibits the confinement of animals to vehicles where they are subject to danger from extreme weather conditions, limits the length animals can be tethered outdoors, and enables first responders and bystanders to assist in their rescue.

“Law enforcement officers shouldn’t have to have to wait until an animal is suffering so much it is a violation of the animal cruelty statute before removing an animal from a vehicle,” the MSPCA shared.

Turn To **SAFETY** page **A5**

# BVT’s Practical Nursing graduates achieve 100 percent NCLEX-PN Pass Rate

UPTON — BVTs Practical Nursing (Post-Secondary) 2020 graduates recently achieved a 100 percent pass rate for first-time test takers on their National Council Licensure Examination-Practical Nurses (NCLEX-PN).

Ask anyone in the nursing industry, and they will tell you that passing the NCLEX-PN takes hard work in the classroom and hours of preparation studying. Obtaining a perfect pass rating for the NCLEX-PN at any nursing educational institution is a significant accomplishment for an entire class.

“This achievement speaks volumes about our PN program and the quality of nursing education they received here at BVT,” said Practical Nursing Coordinator

Joann Monks, MBA, MSc, RN-BC, RMA. “It is a tribute to the hard work and dedication of our students, faculty, staff, and stakeholders who all work together to support the growth of our students into nursing professionals through education.”

The Practical Nursing program at Blackstone Valley Tech, known for launching nursing careers, consistently ranks among the best nursing programs in Massachusetts. Its adult students develop the knowledge, skills, and strategies to integrate safety and quality into nursing care. It proudly serves in District, out of District, and out of state adult learners. They are accepting applications for the fall of 2021. For more information, visit [www.valleytech.k12.ma.us/](http://www.valleytech.k12.ma.us/)

practicalnursing.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills. The school’s Web site is [www.valleytech.k12.ma.us](http://www.valleytech.k12.ma.us).



Courtesy

This class of 2020 Practical Nursing graduates from BVT recently achieved a 100 percent pass rate for first-time test takers for the National Council Licensure Examination (NCLEX-PN) in 2020.

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# Local nonprofit introduces youngsters to the outdoors

BY KEVIN FLANDERS  
STAFF WRITER

REGION — After spending months cooped up in their homes, several local residents are thrilled to be enjoying the great outdoors this month.

Women of the Outdoors is hosting multiple August events, including sensory friendly youth fishing lessons, an adventure walk, and a cleanup initiative, among others. The Massachusetts-based nonprofit organization uses outdoor recreation activities to educate women and young adults in leadership, responsibility, and compassion.

As part of its sensory friendly fishing program, Women of the Outdoors (WOTO) held youth sessions at Westville Lake Recreation Area in Sturbridge. The sessions were offered through WOTO's Youth of the Outdoors program. It was a thrill for organizers to see youngsters getting outside and enjoying recreation.

"Youth of the Outdoors allows children a positive out-

let that gives them a chance to build self-confidence, learn new skills, and make memories that will last a lifetime," said Women of the Outdoors President Phyllis Rowe.

On Saturday, Aug. 15, the organization will host a youth adventure walk at McKinstry Brook in Southbridge. Kids are looking forward to exploring the many sights and sounds of the great outdoors in the summertime.

Additionally, Women of the Outdoors will offer an online women's archery course on Aug. 8. Instructor Kaylee Jade Jackson, who has taught archery for 45 years, will focus on the basics of bows and arrows during the first session. A second program on Aug. 15 will focus on the proper stance and various shooting techniques.

Moreover, a virtual nationwide women's fish-off is slated for August 22-29. Also, an online adventure hunt for both women and youth will be offered.



Guests take part in recent events held by Women of the Outdoors.

Women of the Outdoors is also heavily focused on its clean-up initiative set for this month. Participation in the program is easy, as volunteers can simply take a photo of themselves while cleaning up an outdoor recreation area. Then tag Women of the Outdoors on social media and earn automatic eligibility for several prizes, including gift cards, a two-person tent, a survival bag, and others.

The cleanup effort will run throughout the month of August.

More information is available on the organization's website.

"We are motivating women across the nation, with prizes, to clean up their fishing and hiking areas. Conservation and preservation are a large part of our organization," Rowe said.

While many people associate outdoor recreation activities mostly with men, Women of the Outdoors continues to help local women pursue their passions in a fun environment.

"Women of the Outdoors allows women a safe setting to become self-sufficient, connect with other women who share their passions, and prosper in an otherwise male-dominated field," Rowe added.

To learn more about Women of the Outdoors, visit [www.wotousa.org](http://www.wotousa.org). You can also check out the organization's Facebook page for announcements on events.



## ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email [news@stonebridgepress.news](mailto:news@stonebridgepress.news) or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



Cheryl Begin

## Cheryl Begin promoted at Bay State Savings Bank

WORCESTER — Bay State Savings Bank is proud to announce Cheryl A. Begin has been promoted to Assistant Vice President, Commercial Loan Officer. Ms. Begin will continue to grow commercial relationships and loan activity within the Bank's service area while continuing to provide customers the personalized service they value.

Ms. Begin joined Bay State Savings Bank in 2007 and has over 25 years of banking experience. She previously worked at Country Bank for Savings. Ms. Begin received her Degree in Human Services from Mount Wachusett Community College.

"Cheryl is a major asset to the Commercial Lending team here at Bay State Savings Bank," said Maria Heskies-Allard, Senior Vice President, Senior Lender. "She consistently shows a level of dedication and commitment to her customers that is hard to come by, always doing whatever she can to help them achieve their financial goals. Her promotion is well-deserved, and I look forward to watching her continued success."

Ms. Begin currently serves as the President of the Kiwanis Foundation of Worcester, Inc., in support for the betterment of children in Central Massachusetts. In addition, Cheryl volunteers many hours to other area organizations supporting their mission of service to the Community.

She resides in East Brookfield with her husband, Gary, and black lab dog, named Rowan.

## Open Sky Community Services celebrates career of Director of Training and Consultation

WORCESTER — Open Sky Community Services is celebrating the career and retirement of Stephen Murphy, Director of Training and Consultation. After 38 years and several agency mergers, Stephen completed his last day of work at Open Sky Community Services on June 30.

"My career has been a sequence of happy accidents," said Murphy. "I landed in a place where I was able to contribute and create my own career path."

Murphy began his career in 1982 with The Bridge of Central Massachusetts at the Northborough Community Residence, the first Department of Mental Health program of the agency. Under the guidance of Murphy, and a core team of staff, The Bridge was able to expand and flourish. To date, there are now over 35 DMH programs under what is now Open Sky. The Bridge and Alternatives, Inc merged in 2018.

"Steve was one of the first essential team members our organization



Stephen Murphy

had," said Ken Bates, President and CEO of Open Sky Community Services. "He has helped shape the core values of Open Sky and created national recognition for us in regards to the use of evidence based practices within the mental health field."

Murphy's notable achievements over his career included the development of programs throughout South County, the creation and expansion of the Bridge Training Institute, and his role in Open Sky's awardment of housing vouchers from the U.S. Department of Housing and Urban Development (HUD).

For more information about The Bridge Training Institute, please contact Suzy Langevin or Elesia Humphrey at [traininginstitute@opensky.org](mailto:traininginstitute@opensky.org).

For more information about Open Sky Community Services, please contact Lorie Martiska, [lorie.martiska@opensky.org](mailto:lorie.martiska@opensky.org).

## BVT exceeds \$5 million in scholarships

UPTON — With big plans for the future, seniors often wonder how they can afford to take the next step and make it all work financially. BVT's newest graduates enjoy remarkable, if not unlimited, opportunity with the valuable assistance of scholarships and awards exceeding \$5 million in total renewable value. They are well prepared to pursue any path they choose with financial confidence to invest in their futures and build upon the diverse learning techniques of applied vocational-technical instruction.

BVT graduates can choose to continue their career training on a variety of pathways, including employment, post-secondary education, apprenticeships, or military service. Some students choose to utilize financial aid to cover tuition at colleges or universities, while others want to purchase new tools, clothing, and equipment to launch their careers. Consistent with its career and college preparatory mission, BVT has

responded to that need.

Thanks to the remarkable level of scholarship support from its community of parents, alumni, and business partners who continue to donate and invest in BVT's annual scholarships, its graduates are inspired to further their education and launch their careers. Deserving recipients have brighter futures with the financial support of scholarships that help offset costs associated with continued education and career training.

BVT is pleased to help its students garner schol-

arships and award money to be fiscally sound when pursuing their future goals. "The pursuit of supplemental financing is a skill we strive to impart on our students. Congratulations to this year's recipients," said Superintendent-Director Dr. Michael F. Fitzpatrick. "It is an honor to educate and support our students as they take their next step. We are excited to see what their futures hold."

The following is a list of the scholarships and awards earned by members of the

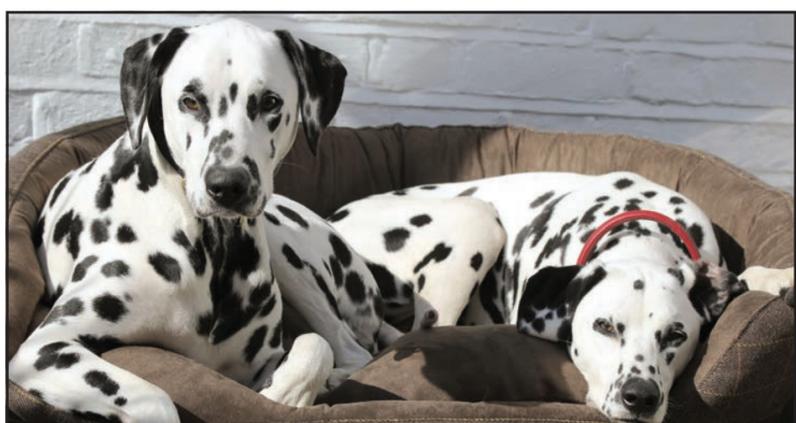
BVT Class of 2020, and their immediate plans for further career training. Students are categorized by town and listed alphabetically by last name. Scholarship amounts reflect the first-year total. For more information, please visit [www.valleytech.k12.ma.us/scholarshiprecipients](http://www.valleytech.k12.ma.us/scholarshiprecipients).

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# U.S. News & World Report names Milford Regional Medical Center a High Performing Hospital

MILFORD — Milford Regional Medical Center has been recognized as a High Performing Hospital for 2020-21 by U.S. News & World Report.

The annual Procedures & Conditions ratings, now in their 6th year, are designed to assist patients and their doctors in making informed decisions about where to receive care for common conditions and elective procedures. These ratings extend the U.S. News mission of providing consumers with patient decision support beyond the Best Hospitals

rankings, which are geared toward complex specialty care.

Milford Regional earned a “High Performing” ratings for chronic obstructive pulmonary disease (COPD) and heart failure, in recognition of care that was significantly better than the national average, as measured by factors such as patient outcomes. “High Performing” is the highest rating U.S. News awards for those types of care.

“Milford Regional is proud to be among the nation’s select hospitals recognized for high

performance,” says Edward J. Kelly, president & CEO of Milford Regional Medical Center. “This is a tribute to everyone at Milford Regional who continually strive to not only meet, but exceed the quality goals set before them. I want to congratulate them for this achievement knowing that our team at Milford Regional is already looking forward to further enhancements on the programs and services we now have in place.”

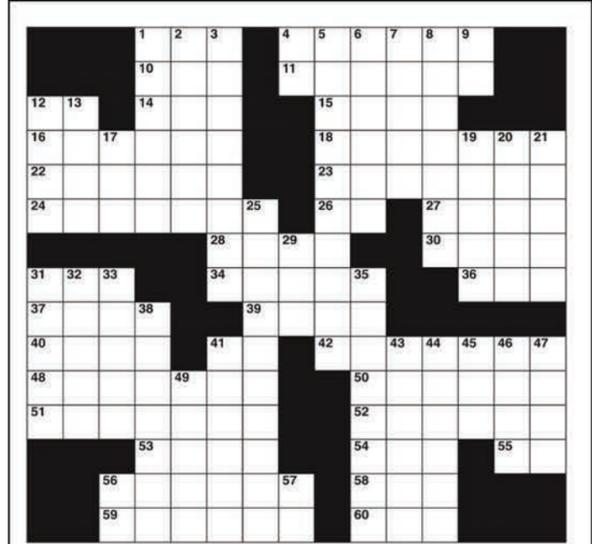
For the 2020-21 ratings, U.S. News evaluated more than

4,500 medical centers nationwide in 10 procedures and conditions. Fewer than a third of all hospitals received any high-performing rating, and only 37 earned this rating in all 10 Procedures & Conditions. The state and metro area rankings recognize hospitals that received high performing ratings across multiple areas of care.

“For more than 30 years, U.S. News & World Report has been helping patients, along with the help of their physicians, identify the Best Hospitals in

an array of specialties, procedures and conditions,” said Ben Harder, managing editor and chief of health analysis at U.S. News. “The hospitals that rise to the top of our rankings and ratings have deep medical expertise, and each has built a track record of delivering good outcomes for patients.”

For more information, visit <https://health.usnews.com/best-hospitals/rankings> and [milfordregional.org](http://milfordregional.org).

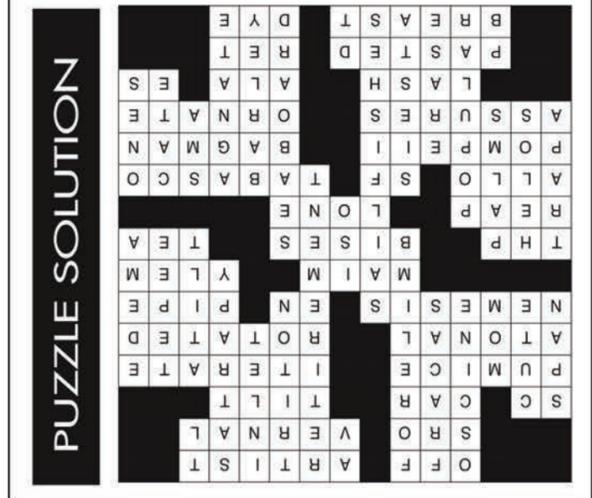


### CLUES ACROSS

- 1. Opposite of on
- 4. Creator
- 10. No seats available
- 11. About springtime
- 12. Flagship ESPN show (abbr.)
- 14. Automobile
- 15. A matchup
- 16. Porous volcanic rock
- 18. Utter repeatedly
- 22. Not written in any key
- 23. Revolved
- 24. Archrival
- 26. Within
- 27. Smoker’s accessory
- 28. Disfigure
- 30. Primordial matter
- 31. Thrust horse power (abbr.)
- 34. Kisses
- 36. Some is iced
- 37. A way to derive
- 39. Unaccompanied by others
- 40. Discontinued Google app
- 41. Tony B. left his heart there
- 42. Condiment
- 48. Ancient Italian city
- 50. One who distributes payoff money
- 51. Guarantees
- 52. Highly decorative
- 53. A hair on top of the eye
- 54. Pie \_\_\_ mode
- 55. Spanish be
- 56. Glued
- 58. A way to drench
- 59. Part of the body
- 60. Changes the color

### CLUES DOWN

- 1. Passerine birds
- 2. Noisy quarrel
- 3. The front arm or leg of an animal
- 4. Early multimedia
- 5. Golden years
- 6. Large mollusk
- 7. Small arm of the sea
- 8. Persian jurisdiction
- 9. Atomic #81
- 12. From end to end
- 13. Adorable
- 17. Ma
- 19. Nearly falling
- 20. Portable conical tent
- 21. Excessive fluid accumulation in tissues
- 25. Fish with high dorsal fins
- 29. Equal (prefix)
- 31. Aquatic plant genus
- 32. Choppers
- 33. Hand parts
- 35. Region bordering the sea
- 38. Well-liked
- 41. Nap
- 43. It’s used to make beer
- 44. Related on the father’s side
- 45. Senior officer
- 46. Delicacy (archaic)
- 47. Figures
- 49. A way to take away
- 56. Beloved sandwich \_\_\_&J
- 57. Symptom typical of withdrawal (abbr.)



## MILLBURY SENIOR CENTER

### EXERCISE IN THE GARDEN

The center is closed at this time, but all are welcome to continue light exercise in the garden Monday and Fridays 9:30 – 10:15 A.M.

Weather permitting & Social distancing is a must!

Millbury Senior Center “Grab & Go Meals”

Lunch meals will be available to be picked up daily at the front door, 11:30 A.M.

Menu is available on Town Website, [www.townofmillbury.org](http://www.townofmillbury.org)

Or our Millbury Senior Center Facebook page

A 48 hour reservation is

required

For more information or reservations call us at 508-865-9154

The Senior Center is closed to the Public.

While the building is not open to the public the Food Pantry at the Millbury Senior Center is available from 9am to 1pm Monday thru Friday by calling 508-865-9247 for an appointment our food pantry is fully stocked at this time tell us what you need and you can pick it up or we will deliver it.

We are still here to answer any questions you may have and we

are available for your transportation to Doctors appointments or if you need to go to the drug store for your prescriptions, we will take you there. If you don’t have a mask, we will give you one.

Also if you are in need of a home delivered meal give us a call and we will set you up to get one delivered to you.

Sorry to say that all our June trips are canceled, we will be researching to see if they can be rescheduled in the future.

Keep safe and remember to wear a mask if you go out and to wash your hands frequently.

## St. Patrick’s to host annual Recycling Event

WHITINSVILLE — The second annual St. Patrick’s Spring Recycling Event will take place on Saturday, Aug. 15 from 8 a.m. – 1 p.m. in the Church parking lot, 7 East St. The profits will benefit upcoming YNIA (Young Neighbors in Action) service projects. Please keep items for each station separate.

For more information & electronics pricing, call 508-234-5656 or email [officesupport@mystpatrickss.com](mailto:officesupport@mystpatrickss.com). Thank you for your support.

Paper Shredding - 10:30 a.m. – 12:30 p.m. only. \$7/per copy paper size box. No binders, binder

clips, hanging folders, notebooks, plastic, cardboard or magazines.

Electronics Recycling for a fee - No batteries, light bulbs, propane tanks. All equipment must be bone dry of oils/liquids.

Bottles and Cans - Please rinse. Items must be returnable in Massachusetts.

Textile Collection - Clothing, accessories, linens, shoes, blankets, window treatments, etc. No rags. Items must be gently used, and in a condition to be resold. Help us to meet our 3500# goal! If you cannot make it on Aug. 15, please call office to donate.

## Roger Williams University announces Spring 2020 Dean’s List

BRISTOL, R.I. — Select students have been named to the Spring 2020 Dean’s List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean’s List that semester.

- Drew Abbott of Uxbridge
- Emily Braney of Northbridge
- Joseph Hanson of Northbridge
- Nancy Sengtong of Whitinsville
- Ashleigh Triber of Douglas

About RWU  
With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today’s employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

## Students honored on Dean’s List at Baylor University

WACO, Texas — More than 5,300 Baylor University students, including Lindsey Swyers of Douglas, have been named to the Dean’s Academic Honor List for the spring 2020 semester. Students honored on the Dean’s List are Baylor undergraduates with a minimum semester grade-point average of 3.7 with no grade lower than a “C” while enrolled in a minimum of 12 graded semester hours.

As a national Christian research university, Baylor’s mission is to educate students for worldwide leadership and service by integrating academic excellence and Christian commitment in a caring community. Baylor provides numerous academic and research opportunities across various disciplines through 127 baccalaureate programs in fields as varied as business, engineering, nursing, pre-medicine, music and computer science, along with 78 Master’s programs, 46 doctoral programs (including the J.D.) and two education specialist programs.

With a student-to-faculty ratio of 13 to 1, Baylor students interact with outstanding full-time faculty from their first days on campus through graduation. The University’s vibrant campus life also includes more than 300 clubs and organizations and varsity athletics competing in the Big 12 Conference. For more information about Baylor University, visit [www.baylor.edu](http://www.baylor.edu).

About Baylor University  
Baylor University is a private Christian University and a nationally ranked research institution. The University provides a vibrant campus community for more than 18,000 students by blending interdisciplinary research with an international reputation for educational excellence and a faculty commitment to teaching and scholarship. Chartered in 1845 by the Republic of Texas through the efforts of Baptist pioneers, Baylor is the oldest continually operating University in Texas. Located in Waco, Baylor welcomes students from all 50 states and more than 90 countries to study a broad range of degrees among its 12 nationally recognized academic divisions.

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# Baker announces self-quarantine requirement for visitors

BY KEVIN FLANDERS

STAFF WRITER

REGION – If you're planning to travel to states that have become COVID-19 hotspots, you'll need to add a 14-day quarantine into your plans after returning.

Massachusetts has reached a manageable level of new daily COVID-19 cases, but officials are afraid that travelers from the southern and western portions of the country could bring the virus with them and cause a second wave in New England.

To help prevent the spread, Gov. Charlie Baker recently announced that, effective Aug. 1, all travelers entering Massachusetts from high-risk states must quarantine for 14 days. This includes Massachusetts residents returning home from vacation, as well as college students arriving for the first semester.

"Every traveler coming to Massachusetts, no matter where they're from, has a responsibility to help keep COVID-19 out of the Commonwealth," Baker said.

The Governor recently expressed frustration with large social gatherings statewide and irresponsible behavior from travelers, which he blames for the rise in new cases late last month.

"There are no shortcuts when it comes to containing COVID-19," Baker added. "For months, residents have been vigilant and adjusted their daily routines. We cannot – and we must not – let up now. Do not travel here if you have symptoms of COVID-19."

In addition to quarantining for 14 days, travelers from high-risk states must fill out a "Massachusetts Travel Form." Exemptions will be made for travelers from low-risk states, as well as those who can produce a negative COVID-19 test result administered no more than 72 hours prior to arriving in Massachusetts.

Travelers who get a test in



Gov. Charlie Baker discusses a new travel order.

Courtesy

Massachusetts must remain in quarantine until they receive their negative test results. Failure to comply may result in a \$500 fine.

Based on current public health data, low-risk states in the northeast include New York, New Jersey, Connecticut, Maine, Rhode Island, Vermont, and New Hampshire. Travel from these states to Massachusetts is permissible with no quarantine requirements.

The list of low-risk states is subject to change based on public health data, and states may be added or taken off the

list at any time.

Additional exemptions include the following:

Travelers passing through the state without leaving their vehicles

Travelers commuting across state lines for work

Travelers arriving in Massachusetts for medical treatment

Individuals complying with military orders, or traveling to work in federally designated critical infrastructure sectors

Travelers will be informed of the latest regulations by airlines, passenger rail corpo-

rations, bus companies, and major travel agents facilitating travel to Massachusetts.

Additional information on the travel order is available at [www.mass.gov/MATraveler](http://www.mass.gov/MATraveler). You can also text "MATraveler" to 888-777.

The Baker Administration also announced updates to the Commonwealth's COVID-19 mandatory safety standards for workplaces to incorporate the requirements of the travel order. This includes sector-specific guidance for lodging, higher education, and office spaces, among others.

"Employers are strongly dis-

couraged from allowing business-related travel to destinations other than those appearing on the list of COVID-19 lower risk states," read a statement released by the Baker Administration. "Employers that permit employer-paid or reimbursed travel to those states should take measures to ensure employees comply with this order."

Meanwhile, state officials remind all travelers and residents that they must continue following requirements for face coverings and social distancing.

## HURRICANE

continued from page A1

First, the department recommends that each resident know their evacuation zone, which can be accessed on the state's Web site at [mass.gov/knownyourzone](http://mass.gov/knownyourzone). According to state officials, evacuation may be necessary during a hurricane or tropical storm. Interactive maps on the website allow users to learn whether their home or business is in a pre-designated hurricane evacuation zone.

Next, the department is encouraging residents to make an emergency plan.

"Develop a plan with the members of your household to prepare for what to do in a tropical cyclone including making an evacuation plan, planning for individuals with access and functional needs, and any extra considerations during Covid-19 pandemic including how you might evacuate and where you might evacuate to," the department stated. "If you are in a high-risk population, the safest option may be to evacuate to a location without the general

public such as a hotel, relatives' home or other destination."

Also, an emergency kit containing items that will sustain a resident and their family in the event of isolation for three to five days without power is recommended.

"During the COVID-19 pandemic, include face coverings, masks, hand sanitizer and other cleaning supplies that you may need."

Every family should have multiple methods for receiving emergency alerts, the department added, including the Emergency Alert System, Wireless Emergency Alerts, NOAA Weather Radio, Social Media and Traditional Media, 2-1-1 Hotline, and Local Notification Systems.

## SAEFTY

continued from page A1

The legislation allows animal control officers, police, or firefighters to enter vehicles to rescue an animal and allows citizens to act similarly in rescuing an animal in imminent danger after first calling 911, according to a press release. The legislation also reduces the number of hours each day during which a dog can be tethered outside from 24 hours to five hours, limits tethering to 15 supervised minutes during the hours of 10 p.m. to 6 a.m., and prohibits any outdoor tethering during severe weather.

"Earlier intervention can save the animal and save the owner from being charged with animal cruelty, a felony in Massachusetts. This law has also been helpful in educating the public about the dangers of leaving animals in cars in extreme weather. Citations have enabled officers to promote animal safety and will hold offenders accountable for their actions," the MSPCA released in a statement.

According to experts, signs of heat stress in pets may include heavy panting, rapid breathing, staggering, and weakness. A heat-stricken animal can die in minutes, but proper care may save its life.

In addition to keeping dogs out of hot cars, veterinary experts also recommend walking dogs on softer ground during hot weather, such as dirt trails or grass, instead of hot blacktop or cement sidewalks, which can burn their paws, and keeping pets hydrated.

"When taking dogs for walks on hot days, be sure to pack plenty of water for you and them—invest in a collapsible water bowl to make it easy for your dog to drink on the go. Cats need water too—make sure your indoor cat has plenty of access to fresh water, and maybe even some ice cubes to play with."

## DOUGLAS

continued from page A1

The Douglas Police Department was recently assessed by a three-member team from MPAC over two and a half days and successfully completed all the requirements. To achieve accreditation, the department was required to meet 382 standards. These standards are based upon national standards established by the Commission on Accreditation for Law Enforcement Agencies, Inc. and reflect best practices in police management, administration, operations, and support services.

Standards address areas such as agency authority, jurisdiction and use of force; recruitment, selection, and promotion of personnel; training, discipline and internal affairs; patrol, traffic operations and criminal investigations; victim/witness assistance; emergency response planning; detainee transportation and holding facilities; records and communications; collection and preservation of evidence; and property and evidence control.

Douglas Accreditation Manager Sgt. Aaron McLaughlin, Assistant Accreditation Manager Officer Brett Fulone, and the entire Douglas Police Department worked diligently over the past year to achieve this prestigious award and all are proud of this accomplishment, added Chief Miglionico.

Law Enforcement Accreditation is a "Badge of Honor" in the law enforcement profession. It is one of the best measures of a police department's compliance with professional law enforcement standards, the department released.

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# Friday's Child

Hi! My name is Kealan and I like bubbles!



Kealan is a curious boy of Caucasian descent who loves to babble and smile when he is happy. Kealan also loves music and lights up when he hears his favorite songs!

Kealan is on the Autism spectrum and is currently in preschool. Kealan can say a few words, but mainly uses noises and movement to make his needs known. Kealan has a gastrostomy tube for feeding and has made tremendous progress with gaining weight. Having decreased vision causes Kealan to only see about 3-4 feet away without his glasses.

Legally freed for adoption, Kealan's social worker is looking to place him with a family that is able to meet his needs and help him thrive. A family would need to be able to keep up with Kealan's many medical and developmental appointments and help advocate for him in school.

**Who Can Adopt?**

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit [www.mareinc.org](http://www.mareinc.org). The sooner you call, the sooner a waiting child will have a permanent place to call home.

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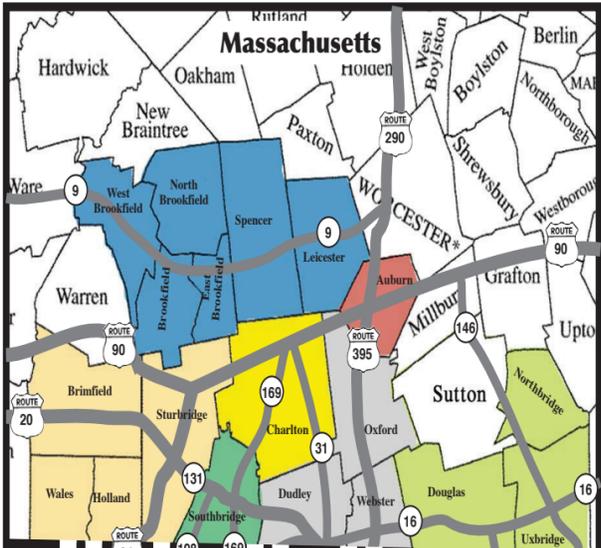
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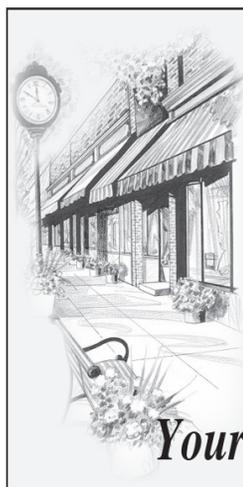
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## LEGALS

(SEAL)

**TRIAL COURT OF MASSACHUSETTS  
THE SUPERIOR COURT  
Worcester Superior Court  
225 Main Street  
Worcester, Massachusetts  
01608  
Docket No: 2085CV0495-D  
ORDER OF NOTICE  
BY PUBLICATION  
Globe Street Management, LLC  
Plaintiff  
vs.  
FHB Funding Corp.  
n/k/a Ehomecredit Corp  
Defendant**

WHEREAS a civil action has been begun against you in our Superior Court by **Globe Street Management, LLC**, wherein it is seeking **TO: Quiet Title in which plaintiff seeks to expunge the defendant's mortgage dated April 9, 1998, encumbering the title to the real estate at 1096 Main Street, Northbridge, Massachusetts which mortgage is recorded with the Worcester South Registry of Deeds at Book 19821, Page 114.** We **COMMAND YOU** if you intend to make any defense, that on 08/31/2020 or within such further time as the law allows you do cause your written pleading to be filed in the office of the Clerk of Court named above, in said Commonwealth, and further that you defend against said suit according to law if you intend any defense, and that you do and receive what the Court shall order and adjudge therein Hereof fail not, at your peril, or as otherwise said suit may be adjudged and orders entered in your absence.  
Date Issued 07/13/2020  
Clerk of Courts/Asst. Clerk  
Courtney Oros  
July 24, 2020  
July 31, 2020  
August 7, 2020

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Probate and Family Court  
225 Main Street  
Worcester, MA 01608  
(508) 831-2200  
Docket No. WO20P1948EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION  
Estate of:  
Paul T Marchand  
Date of Death: 05/07/2020**

To all interested persons:  
A Petition for **Formal Appointment of Personal Representative** has been filed by **Paul T Marchand, Jr. of Hill NH** requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition. The Petitioner requests that **Paul T Marchand, Jr. of Hill NH** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

**IMPORTANT NOTICE**  
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and

objection at this Court before: **10:00 a.m. on the return day of 08/25/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.  
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.  
Date: July 21, 2020  
Stephanie K. Fattman,  
Register of Probate  
August 7, 2020

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P1954EA  
Estate of:  
Roy E. Underwood, Jr.  
Date Of Death: May 30, 2020  
INFORMAL PROBATE  
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Patricia A. Underwood of Uxbridge MA** a Will has been admitted to informal probate.  
**Patricia A. Underwood of Uxbridge MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
August 7, 2020

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P1762EA  
Estate of:  
Elinor H Leland  
Date Of Death: 05/04/2020  
INFORMAL PROBATE**

**PUBLICATION NOTICE**  
To all persons interested in the above captioned estate, by Petition of Petitioner **Andrea M Leland of Northborough MA** a Will has been admitted to informal probate.  
**Andrea M Leland of Northborough MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
August 7, 2020

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Probate and Family Court  
225 Main Street  
Worcester, MA 01608  
(508) 831-2200  
Docket No. WO20P1832EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION  
Estate of:  
Michael Paul Robarge  
Date of Death: 01/30/2020**

To all interested persons:  
A Petition for **Formal Appointment of Personal Representative** has been filed by **David P. Robarge of Uxbridge MA** requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition. The Petitioner requests that **David P. Robarge of Uxbridge MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

**IMPORTANT NOTICE**  
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/25/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
A Personal Representative appointed under the MUPC in an unsupervised

administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.  
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.  
Date: July 16, 2020  
Stephanie K. Fattman,  
Register of Probate  
August 7, 2020

**Town of Douglas  
Water and Sewer Department**  
Water and Sewer Department officials are looking for citizen input regarding proposed increases as recommended by Pioneer Consulting Group, Inc. for water and sewer fees to become effective August 25, 2020. Residents will have an opportunity to comment on the fees at the scheduled public hearing, at 3 p.m., Monday, August 24, 2020, in the Resource Room of the Town Hall, 29 Depot Street, Douglas, Ma. Participation will also be available remotely: **For Remote Participation Video Conferencing and Screen Sharing VIA Avaya go to: <https://spaces.zang.io/spaces/5e8396f-3f94eb61b4267da9a>**  
The instructions for AVAYA can be found on the town website under the video on the Selectmen's Page to log in or call in.  
August 7, 2020

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO20P1921EA  
Estate of:  
Catherine Waddell  
Date Of Death: June 3, 2020  
INFORMAL PROBATE  
PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Corwin Waddell of Northbridge MA** a Will has been admitted to informal probate.  
**Corwin Waddell of Northbridge MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
August 7, 2020



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**BRENDAN BERUBE**  
EDITOR

# Advice for avoiding burnout

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before winter strikes. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go-go-go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers, especially given the current unease the pandemic has brought on. The future remains uncertain; we still have no idea what school or universities will look like this fall, and whether a vaccine really is on the horizon.

If work and stress is taking its toll on you, you may need to make some changes there. Experts say that often times simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out. Noted is the newfound appreciation to even be employed, given the high unemployment rates due to Covid.

Managing stress properly is important, however not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. Further, vacationing seems to be off the table for the time being. Trying to play tourist in your own backyard will have to suffice.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability. Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice outdoor coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary and you need to protect it.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In’ basket

means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.

# OPINION

Opinion and commentary from the Blackstone Valley and beyond

## LETTERS TO THE EDITOR

### Announcing my candidacy for State Rep

To the Editor:

I’m the most qualified candidate to serve as your next State Representative for the 7th Worcester District of Millbury, Auburn, Charlton’s Precinct 4, and Oxford’s Precincts 2 & 3.

I’m an Independent candidate...and I believe in workingG for a living.

After more than 22 years of taking your money, my opponent, Paul Frost’s reason for you to reelect him is a “100 percent voting attendance.” From the numbers on his website, that means showing up an average of approximately 24 days a year for roll call votes, to cast 12 votes. How long would you last in your job if you only showed up about 24 days a year?

I served 33 years in the Military Reserve in the USANG, USAFR, USNR, and USMC, with “Honor” and “100 percent Attendance.” My last deployment was in Afghanistan. As a leading Petty Officer, I helped my units earn “Outstanding Unit Citations.” Among my personal awards were «Outstanding Airman of the Quarter», and «Outstanding Sailor of the Quarter.»

My campaign signs have an American flag, and are Red, White, and Blue. Frost’s are Yellow.

Over the years, I have never found him at the State House. Use elevator 5/6 at the side entrance, pass by all the janitorial supplies and stored water and furniture, until you come to the locked door of Room 542. That’s Frost’s office, 15 steps from the Military Wing, and they don’t know who he is.

He pleads to keep his job until he can retire at age 60, so that he can put his 3 daughters thru college. Most of us have to work second jobs and take out loans. He hasn’t exerted the effort to better himself in preparation for another job. That’s no reason to be reelected.

He claims he fights for state local aid for our town’s schools, roads, etc. State Aid is based on formulas of population, road mileage, employment levels, etc. He

doesn’t “fight” for them. He announces these predetermined payments to the towns in newspapers to impress you.

I was recently reelected to the Millbury Planning Board. I will continue to serve there as well as the Millbury’s Ponds and Lakes Commission and Youth Commission.

I remain an active member of Millbury’s Veterans’ Council, Veterans of Foreign Wars, Veterans of Foreign Wars Auxiliary, American Legion, and the Vietnam Veterans of Auburn.

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Better access to Social Workers

Better Mental Health and Health Care for Veterans

Reducing and freezing real estate taxes for Senior Citizens

Reducing interest rates on Student Loans

iPads and Technology back-up for 1-12 public school students

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Thank you,

TERRY BURKE DOTSON  
MILLBURY

## What does an unplanned career transition mean for you?



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The COVID-19 pandemic has unsettled the country’s employment picture for months and will likely continue to do so for a while. However, the nature and terminology of this disruption varies greatly among individuals – some have seen their jobs disappear, others have been “furloughed” and still others have been offered an early retirement. If you’re in this final group – those either offered, or feeling forced to accept, an early retirement, how should you respond?

Try to look at your situation holistically, rather than strictly in a short-term manner. Consider these four areas:

Retirement – What does retirement really look like to you? Are you ready to fully retire or would you like to work part time? Are you confident that you can work somewhere else for a few years before retiring on your own terms? If you’re not certain you can work elsewhere, how can you adjust your desired retirement lifestyle – what you planned to do, where you hoped to live, etc. – to meet your new reality?

Income – Just how financially affected you’ll be from an early retirement depends on several factors: how much you’ve already saved and invested, whether you’re married and have a working spouse, whether you’ve paid off your mortgage, and so on. In any case, though, you’ll need to answer several questions, including these: Do I need to start taking withdrawals from my IRA and 401(k)? If so, how much can I afford to take out each year without running the risk of outliving my resources? Should I adjust my current investment mix? If I haven’t yet started collecting Social Security, should I do so now, or can I afford to wait until my monthly payments will be bigger? Are there any other sources of income I can leverage? You may want to work with a financial professional to address these and other key income-related issues.

Insurance – If you received health insurance through your employer, an early retirement could present you with a dilemma, especially if you’re not quite old enough for Medicare. You might be eligible for COBRA, which provides ex-employees and their dependents the option of continued health insurance for potentially up to 36 months, but this coverage can be expensive. As an alternative, you might be able to negotiate an extended severance package, which could provide you with health insurance for several months. Or, you might be able to get on the health insurance plan of your working spouse.

Legacy – Many people want to take care of their family while they’re alive – and leave something behind when they’re gone. If you take an early retirement, you might lose your employer’s group life insurance. Of course, if this plan was not sufficient, you may have already supplemented it with your own policy, but, if you haven’t, you may need to shop around for some coverage, particularly if you have children still at home. You also may want to take this opportunity to review your key financial accounts to make sure your beneficiary designations still accurately reflect your wishes.

Going through an unplanned career transition is certainly challenging. But looking closely at the four areas describe above, and making the appropriate moves, may help you reduce some of the stress and can put you in a better position to start the next phase of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 50 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@edwardjones.com. Edward Jones, member SIPC.

## Reader’s Share Favorite Tips

Summer is in full swing, and with many still staying close to home, there is no better time to share your favorite tricks and tips than now.

From garden and grilling tips to saving money and making do, the following tips from readers are sure to please this season. \*\*

Yes, we have some bananas - especially since this tip will keep them around longer!

My hint: When making banana bread, do not use overripe bananas. That is a holdover from the depression so as not to waste food. For a better taste and lighter texture, use firm and less ripe bananas. Try it and you will not go back to the old way.

Paul Davignon  
Uxbridge, MA 01569  
\*\*

Talk about Yankee Ingenuity! This reader always comes up with creative tips and tricks and the following are no exception:

My first tip is how I made my own version of an easy open medicine bottle cap.. My dad wanted to be independent for as long as possible, but he hated the childproof lids on his prescriptions. He had no children living with him, so I made cloth with a pipe cleaner, to serve as an oversize twistie and he was happy. Also, Nature Made and a few other brands make a flip top lid, these are interchangeable with other brands, e.g. local drugstore brands, Just save your flip lids and just attach them



TAKE THE HINT  
KAREN TRAINOR

to your next bottle before opening!

I keep a few around and share with elderly I check on!

Also, when doing floor and other exercises that require you to roll a towel under your shoulders etc., I use the same towel, rolled and secured it with pony tail elastics. This way, I can wash it easily when needed and the same towel is always at the ready each day.

Viola Bramel  
Northbridge, MA  
\*\*

Fresh lemon slices do double duty with this tasty grilling tip:

Now that it is summertime we are all doing lots of grilling.

I found that when grilling or baking fish (I have been baking mine lately), it’s a good idea to wrap it up in foil and place lemon slices on the bottom of the foil. This will help keep the fish from sticking as well it gives added flavor to the fish.

MD  
Sturbridge MA  
\*\*

These garden hints up your odds of a successful tomato crop:

Fish buried a couple feet below plants is fantastic, a cracked egg under tomato plants is like magic, and

rags soaked in ammonia and aluminum pie plates tied up around the garden help keep away critters

Joe S.  
\*\*

Prize Winner  
Congratulations to Paul Davignon of Uxbridge, whose name was drawn for a three course Dinner for Two at the Publick House in Sturbridge. He sent in the banana buying tip above.  
\*\*

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## Gone fishing

To date, this summer has been extremely hot & humid. Fresh & saltwater temperatures are also very warm, driving many species of fish deeper, looking for cooler waters. This past week, this writer & Matt Fontaine enjoyed some great fishing for seabass and fluke in Rhode Island waters. He actually caught two legal size fluke measuring 20 inches each. Throwing back 18-inch plus fluke was not easy to do, with many just short of the 19-inch legal size. Matt commented how cold the fish felt that we were catching. Seabass limits were also reached, but many were also just short of the 15 inches. The seas were calm on this day of fishing, with thick fog until 9 a.m.

Navigating through the fog was fairly easy with the help of Matt's Lawrance GPS. but it is a lot easier and safer to navigate without the fog. We started out fishing in 40 to 50 feet of water, but fishing remained slow. Our next stop was in 50 to 60 feet of water, and it was basically lock and load fishing on sea bass and fluke. Fortunately, we took the time to catch some fresh mummies again prior to unloading the boat at the ramp. What also made a big difference was putting the 90 horsepower motor in gear using the trolling plate to keep the boat moving because of no wind, and we had very little drift from the tidal flow.

Matt was using a fluke rig with a spinner attached to the



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RALPH  
TRUE

front of it, and this writer was using a striped bass rig which consisted of a double hook set up and two spinners attached. We baited the rigs with a combination of squid strips and a couple of live mummies. Using a fish finder and a four ounce weight to get the rigs to the bottom was a perfect combination for the type of fishing we were doing. I always check the rig and bait in the water along the side before lowering it to the bottom.

The slow trolling speed was great for the rigs and bait we were using, and we quickly lowered them to the bottom. Double hookups were common. I sure miss my buddy Steve Mercure on my fishing trips. He is missed, but not forgotten. He was one of the best bottom fishing anglers that that I had to fish with, and he always kept me laughing.

Something and someone need to address the high population of protected species that are negatively impacting our food sources as well as the safety of humans. They need to decide what is more important. Shark attacks are endangering the public at our beach-

es every year and some of the attacks are fatal, extending all the way into the state of Maine this year. Seal populations are out of control, and they are luring sharks into shallow water causing numerous fatal attacks every year. Seals also eat many pounds of fish daily which is negatively impacting many species of fish populations.

Bottom fish species are disappearing rapidly. Cod populations are at a point of collapse, and it is not only the type of fishing being done by commercial fishing, that is the problem. Haddock populations are also in big trouble on the South Shore of New England, but have bounced back on the North Shore over the past 10 years or so.

Winter flounder are in big trouble on the South Shore, with Narragansett Bay being basically shut down to any recreational fishing over the last five to 10 years. Cormorants eat millions of pounds of fish annually, including the recently born fry. How long will these protected species of birds and animals be allowed to destroy our valuable fish populations.

We all love to see wildlife flourish, but we need to keep their populations in check and properly managed as we do our deer populations. Just imagine deer hunting being suspended. 13,000 animals were harvested last year in Mass. and the deer population continues to grow. Mute swans, coyote & beaver are also out of control &



Courtesy

**A huge Wolf fish caught aboard the Clipper fleet a number of years ago! They are now illegal to keep because of a dramatic decrease in their populations. The Clipper fleet was put out of business a number of years ago because of restrictions on Cod, Haddock, Wolf fish, etc.!**

need to be addressed.

Man has upset the balance of nature, and they need to make some major changes before it

is too late.

Take a Kid Fishing & Keep Them Rods Bending!

## When did we stop caring for each other?

It's election season and the mass "unfriending" has begun. Friend against friend and family member against family member arguments are in full bloom and potentially creating relationship damage that may extend far past election season. I grew up believing in the old adage, "Blood is thicker than water" and I always believed that friendships should be forever. I'm wondering ... "When did our political ideology become more important than our relationship with family and friends and our love for each other?"

Relationships are important to me. There isn't an election nor any life event that would cause me to unfriend a friend or disown a family member. My love for those I care about transcends who they vote for. Because you believe something different does not mean you



POSITIVELY  
SPEAKING  
.....  
GARY W.  
MOORE

are my enemy. It just means we disagree. No problem. Some people like pepperoni on their pizza while others prefer sausage. Why is that different than one person is voting for Biden while another is voting for Trump? I'm not making light of the weight of the voting decision but am saying disagreeing on an election should not be relationship damaging. Why should a disagreement negatively impact the love we feel for one another?

I'm hearing with great regularity how families are being torn apart by this election and this pandemic. I heard recently about how a friend posted a very passive comment

about the current state of the nation and then were attacked publicly online by her daughter. Are you kidding me? Shame on anyone who will publicly scorn a loved one because they see things differently! I sadly heard this morning of a son who told his parents over the weekend, "You are dead to me!" Really? Over political differences?

What has happened to us?

Look no further than the great mask debate. I believe wearing a mask in public protects others. There are no absolutes and masks are not fool proof. Common sense tells me that anything that reduces the amount of mouth aerosol into the air cuts down on the risk of transmission. I posted this online and was attacked by others. I won't repeat the name-calling, but here's some of what I was told ...

"What's wrong with you? Forcing me to wear a mask is a violation of my rights."

There's nothing wrong with me but I'm curious about everyone else's rights not to breathe your spray. Do we not have rights?

"You of all people (meaning me) should know better! Little children get their emotional cues from your facial expressions."

Me of all people? Well, don't wear a mask at home, but until we get control of this pandemic, it won't hurt you or your children to make a small sacrifice. In fact, I think it's a great opportunity for a learning experience for our kids. Maybe teach them about social responsibility?

"This is all a government conspiracy to take away my rights."

Maybe I'm in the dark, but I don't believe there's a government conspira-

cy to take away anyone's rights in this case.

Here's my favorite ...

"A mask only protects you from me. It is not for my protection, so why should I wear one?"

Again ... When did we stop caring about each other? I willingly wear a mask to protect you. Why would you not do the same for me? Have we really become that selfish?

And before you send me a study saying masks don't work, be aware there's a plethora of studies saying they do. I think the best sources I've read say masks are not fool-proof but will provide a 65 percent reduction in the chances to transmit or catch the virus. I think 65 percent is well-worth the inconvenience of wearing a mask in public.

My faith tells me that the greatest commandment is to love each other

as we love ourselves. I don't think it means we should only love those who vote as we do or agree with our opinions. I don't think it means I shouldn't wear a mask to protect others, even if it doesn't protect me. It means exactly as it says. We are to love each other as we love ourselves.

I love you enough to wear a mask in public. Won't you do the same for me?

Life is too precious and so very fragile. We have no guarantees for tomorrow. Can't we choose to love our neighbor while we are here?

I do.

Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryW Moore721 and at www.garywmoore.com.

## Support native bees and enjoy the many benefits

Pollinators are responsible for about 75 percent of the food we eat. The European honeybee is the most well known but our native bees are also critically important.

We can help our native bees and gardens by reducing or eliminating the use of pesticides and providing shelter as well as food and water.

About 70 percent of our native bees are ground nesting. Reduce the risk of conflicts with ground nesting bees. Create an inviting habitat away from prime gardening areas. Leave warm south facing spaces open for bees to establish their in-ground nests.

Wood and cavity nesting bees, like the leaf cutter bee, make up about 30 percent of our native bee population. Others nest in hollow plant stems so leave these, their homes, stand for winter.

Bumblebees nest in abandoned animal burrows, tree cavities, grassy areas, or under fallen leaves. A colony usually contains a few hundred bees. All members of the colony die in fall except the fertilized queens. The queens look for new homes the following spring.

Support our native bees by planting a variety of bee



GARDEN  
MOMENTS  
.....  
MELINDA  
MYERS

attracting flowers. The plants provide food and shelter and help attract the native bees to your landscape and bee houses.

Include plants with different colors and shaped flowers. Grow lots of purple, blue, white, and yellow flowers that are favored by bees. Plant flowers in mass. You will enjoy the display, the garden will require less maintenance, and you will get the attention of the bees you are trying to attract. Plus, bees use less energy when they can gather lots of food from a smaller area.

Make sure you have something in bloom throughout the growing season. Spring bulbs, wildflowers and perennials provide essential food that is often in limited supply early in the season. Fall flowering plants provide needed energy supplies as the bees and other pollinators prepare for winter.

Bigger flowers are not always better. Double flowers may be showy, but they have less nectar and pollen. The multiple

layers of petals hinder access to what nectar and pollen they contain.

Grow some herbs in the garden and containers for you and the bees. Let some go to flower and watch for visiting bees on thyme, borage, oregano, and other herb flowers.

Grow native plants whenever possible. They are a richer source of nectar and pollen than cultivated plants. Native bees and other beneficial insects have evolved with these plants, providing a mutual benefit.

Leave leaf litter in place and healthy perennials including grasses stand for winter. These provide homes for some bees and other beneficial insects. Wait as long as possible in spring so you don't interrupt their hibernation.

Increase living quarters by making your own native mason bee houses. Just be sure you provide a properly designed, clean home with needed winter protection. Do your homework first to make sure you are not harming the native bees you are trying to support.

The easiest method uses a bundle of hollow sticks such as bamboo, reeds, or sumac. Cut them into short segments and remove three to five inches of pith with wire or a drill. Consider painting the front to



make an inviting entrance for the bees. Bundle the stems together with wire or place in a bucket or can.

Or create a solitary bee house from a block of untreated wood. Drill holes into, but not through a block of untreated wood. The holes should be three to five inches deep and about 5/16 of an inch in diameter for mason bees. Nesting tubes inserted into the holes makes for easier cleaning and storage that prevents debris and disease from building up one season to the next.

Mount the bee house on the southeast side of a post, fence or building. Make sure to provide a nearby mud puddle the bees will use to seal off the individual development chambers in the holes.

Creating a bee friendly landscape not only increases your garden's productivity but also the number of songbirds and beneficial insects that visit your garden. That means fewer garden pests and a more beautiful garden for you to enjoy all season long.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.



# Tax Savings Event on windows!

We're celebrating our **Tax Savings Event** this month, and **before August 15<sup>th</sup>** you'll get our **early bird special!**

**Save \$330 on every window and save \$725 on every patio and entry door plus 6.25% off your entire project and pay nothing for a whole year.<sup>1</sup>** And when you set your appointment by August 15<sup>th</sup>, you'll **get another \$250 off your entire project!<sup>1</sup>**

- From last year we know that these appointments fill up quickly; call today
- This Tax Savings Event is **even better than last year's!**



**Early bird special!** ★

**Before August 15<sup>th</sup>!** ★

Early bird special, before Aug. 15<sup>th</sup>

**1 SAVE \$330**  
on every window<sup>1</sup>

**SAVE \$725**  
on every patio and entry door<sup>1</sup>

Minimum purchase of four.

**AND**

**2 6.25% OFF**  
your entire project<sup>1</sup>

★ **PLUS another** ★

**\$250 OFF**

your entire project when you set your appointment by August 15<sup>th</sup><sup>1</sup>

No minimum purchase required.

**WITH**

**3 \$0 Down 0 Monthly Payments 0% Interest FOR 1 YEAR<sup>1</sup>**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months. Participating states require the payment of sales taxes on all product sales.

**Don't settle for poor-quality vinyl windows.**

Not only can they look shiny and low-end, some poor-quality vinyl windows can warp, leak and become drafty after just a few years. Our windows are made of our exclusive Fibrex<sup>®</sup> material, which is twice as strong as vinyl.

**Unlike some other companies, we warrant our windows and installation.\***

Renewal by Andersen is the full-service replacement window division of Andersen Corporation, and because they've been around for 117 years, you know we'll be around to stand behind our window, our service and our installation.\* And know that we've adjusted our operations to serve you in the **safest** way possible and make your home more secure.



Make your home more secure. Book a Virtual or In-Home Appointment

**1-800-209-2746**

<sup>1</sup>DETAILS OF OFFER – Offer expires 9/19/2020. You must set your appointment by 8/15/2020 and purchase by 9/19/2020. Not valid with other offers or prior purchases. Get \$330 off each window and \$725 off each patio/entry door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio/entry doors between 8/1/2020 and 9/19/2020. Additional 6.25% off your entire project plus an additional \$250 off your project, no minimum purchase required, taken after initial discount(s), when you set your appointment by 8/15/2020 and purchase by 9/19/2020. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky<sup>®</sup> consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved. \*See limited warranty for details.

# OBITUARIES

## Esther A. Darling, 96



U X B R I D G E -Esther A. (Morrison) Darling, 96, of Uxbridge, passed away Sunday July 26, 2020 in Milford Regional Hospital, Milford. She was the wife of the late John L. Darling, Sr., to whom she had been married for 71 years.

While raising nine children, Mrs. Darling assisted her husband in the family business, JL Darling Sewerage Service, in Uxbridge, for many years.

She was born January 10, 1924 in Uxbridge, daughter of the late Arthur M. and Albina (Dybas) Morrison, and lived in Uxbridge all her life. She attended Uxbridge High School and furthered her education by taking college classes well into her 60's.

Mrs. Darling enjoyed spending time with her children, many grandchildren and great grandchildren. She also enjoyed gardening and many types of music. She was a longtime member of St. Mary's Church in Uxbridge.

Mrs. Darling is survived by five sons, John L. Darling, Jr. and his wife Carol,

of Cumberland, RI, James L. Darling and his wife Joyce, of Blackstone, Robert M. Darling, David A. Darling, and Francis X. Darling, all of Uxbridge; four daughters, Joan L. Stevens and her husband Chester, of Uxbridge, Susan E. White and her husband Bruce, of North Oxford, Cynthia A. Woods and her husband Mitchell, of Guilford, CT, and Mary A. Darling, of Uxbridge; 18 grandchildren and 25 great grandchildren.

Visiting hours will be held Friday July 31, 2020 from 5-7 PM in the BUMA FUNERAL HOME, 101 North Main St., Rte. 122, Uxbridge.

Funeral services were held Sat. Aug. 1, 2020 at 9 AM from the funeral home, followed by a Mass of Christian Burial at 10 AM at St. Mary's Church, 71 Mendon St., Uxbridge. Burial will follow at St. Mary's Cemetery, Granite St., Uxbridge.

In lieu of flowers, memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

Face coverings and social distancing are required.

[www.bumafuneralhome.com](http://www.bumafuneralhome.com)

## Anna M. Hackathron, 83



NORTHBRIDGE-Anna M. (Vierstra) Hackathorn, 83, of Northbridge passed away Sat. July 25, 2020 at home surrounded by her family. She was the wife of James J. Hackathorn who passed away in

February 2018.

She was born November 27, 1936 in Northbridge. She was the daughter of the late Martin and Clara (Kooistra) Vierstra. A graduate of the Whitinsville Christian School, Northbridge High School and Worcester Memorial School of Nursing, Class of 1957.

Anna had been employed in the nursing field her whole life ending with the Northbridge and Auburn VNA as a registered nurse before retiring in 1998.

Upon retiring she and Jim moved to Sunset Beach, NC. Where they spent 12 years enjoying their retirement at the beach and on the golf course, before returning to Northbridge.

Anna was an active alumni of the Worcester School of Nursing. She enjoyed and was well known for her

knitting, needlepoint, and crocheting. She was an avid golfer and member of the Worcester County Women's Golf Association.

Anna is survived by three sons, Mark and his wife Lillian of Northbridge, Dale and his wife Elyzabeth of Northbridge and Scott of Whitinsville. She was a proud grandmother of eight grandchildren and six great-grandchildren. She was predeceased by her siblings, Martin Vierstra, James Vierstra, and Marjorie Buma.

Visitation was held on Friday, July 31, 2020 from 3-5 PM with service immediately following at the Pleasant Street Christian Reformed Church, 25 Cross St., Whitinsville. Due to the current Covid regulations, Face coverings and social distancing requirements will be followed. Unfortunately, a Collation at this time will not be held. Due to the expected heat, Business casual attire is acceptable.

Memorial donations may be made to the Whitinsville Christian School, Tuition Assistance in lieu of flowers. [www.bumafuneralhome.com](http://www.bumafuneralhome.com)

## Douglas W. Stone, 56



NORTHBRIDGE-Douglas W. Stone, 56, died at home Tuesday, July 28. He is survived by his wife, Susan (Otent) Stone and three sons, Matthew D. Stone, Ryan M. Stone, and John D. Stone, all of

Northbridge; two brothers, Dean Stone and his wife, Karyn, of Bellingham, and Brian Stone of Saratoga Springs,

NY; two sisters, Linda McNeil, and her husband, Timothy, of Holliston, and Cynthia McLawhon and her husband, Greg, of Hickory, NC; and many nieces and nephews.

Mr. Stone was born in Framingham, February 6, 1964, a son of David and Janet (Ross) Stone. He grew up in Holliston, and had lived in Northbridge 27 years. He graduated from Holliston High School in 1982, and he attended Fitchburg State College. He was a customer relations specialist at Alpha

Analytical Lab in Westborough for 30 years,

He was a fan of all Boston sports, college football and NASCAR, and he enjoyed playing golf. His greatest pleasure, however, was watching and supporting his three boys' activities as they grew up.

Calling Hours for Douglas were held 6-8pm, Tuesday, August 4, in the Carr Funeral Home, 24 Hill Street, Whitinsville. Face coverings are required and social distancing proto-

cols will be followed. Interment in St. Michael's Memory Garden in Holliston will be at a date to be announced. Memorial donations may be made to either the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA, 01701, or VNA Hospice, 120 Thomas St., Worcester, MA, 01608. To share a memory or condolence with the family, please visit [www.carrfuneralhome.com](http://www.carrfuneralhome.com)

# Welcome to our 2nd Annual Summer Scramble!

We've decided to change it up for Summer and instead of a crossword puzzle, we've created a scramble. We hope you'll enjoy this challenging puzzle!

Please find the answers (business names) on the ABC's of SUMMER page in this week's issue. We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 21st issue.

Please mail to ABC's of Summer Scramble, P. O. Box 90, Southbridge, MA 01550 or take a pic and email to [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news) by August 14.

Good luck!



Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email (optional) \_\_\_\_\_

Newspaper you saw this in, circle one: Spencer New Leader, Auburn News, Southbridge News, Charlton Villager, Sturbridge Villager, Webster Times, Blackstone Valley Tribune

We love your feedback comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## ABC'S OF SUMMER SCRAMBLE

(These are not in alphabetical order)

- |                                       |                                   |
|---------------------------------------|-----------------------------------|
| 1. NSHASEE SALNO _____                | 14. AOGAUBQ LEIAITAINHOBR _____   |
| 2. UROY CDB EORST _____               | 15. IYOTCVR SERTGOA _____         |
| 3. INHIGSG EERYNG RVNEALTTIEA _____   | 16. DGBUXREI OEHIDOPCTSR _____    |
| 4. WHIRDCKA MSRAREF _____             | 17. DTVICNEAHRZ ALRE STEETA _____ |
| 5. KIAEAML ADN NJUE _____             | 18. GRYSA TRETSUG _____           |
| 6. EMRIROC EELSWJER _____             | 19. LCLIHA ETRI NDA AUTO _____    |
| 7. EBNS KALETG HKSCA _____            | 20. SODOYW TUAO YDOB _____        |
| 8. BAIETCN OTEPD _____                | 21. RNOAIRDD OEEKFE EASH _____    |
| 9. LOXAMUERU DROF _____               | 22. IFVE VLAEOS _____             |
| 10. EATACURC TPSE CLTOONR _____       | 23. ASLN TNPAI TNEREC _____       |
| 11. RMANCIEA TSNUCOID OIL _____       | 24. ADEVS LCAEANPSPI _____        |
| 12. IASL CANRO TEXI RLEA SEAETT _____ | 25. 'FLESDEE FEFCOE PSOHEP _____  |
| 13. BE STAFTL _____                   |                                   |



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## Listings Always Needed – We're Always Busy Selling!



**SHREWSBURY** – Waterfront – Flint Pond w/Direct Boating Access to Lake Quinsigamond! The Quiet of Flint, All the Action of Quinsig! Privacy Galore on Sargents Island – 4.27 Acres – 2,000' Waterfront! Beautiful Sunrises & Sunsets! Looking for a Getaway, Principal Residence or Second Home, Winters in Florida, Summers on the Island! Tons of Potential, Do a Little or Do a Lot! 4+ Rm, 1 Bdrm, 1.5 Bath "A" Frame with the Ability to Finish the Walk-out Lower Level, add a Family Rm, Bdrm, Bathrm! Nature Abounds, Visited by Deer, Fox, Eagles & More! In Time for Summer! **\$579,900.00**

**OXFORD** – 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yesteryear! Eat-In Frplcd Granite Kit w/Updated Cabinets, Frplcd Din Rm w/ Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frplcd Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! **\$339,000.00**

**WEBSTER** – 10 Wyman St! Webster Lake Neighborhood Access at Lakeside Beach & State Boat Ramp Near-by! 10,000' Lot! 1 Level Living! 11 Rooms, 4 Bedrooms, 2 Baths! Room for the Extended Family! 2 Complete Living Quarters! A/C! LP Gas Heat! Town Services! 2 Driveways! Fenced Back Yard! 2 Sheds! **\$189,900.00**

**DOUGLAS** – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit w/Soft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! Hickory Wood Floors throughout the Kit, Din & Liv Rms, all w/Recessed Lighting! 1st Flr Office or Possible 4th Bdrm w/Oak Hrdwd Flr! Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Flrs! Master w/Cathedral Ceiling, Slighty, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level w/2 Finished Rms, Utility Rm w/Laundry and Half Bath! 3.5 Baths Total! Recent C/Air, Heat & Roof! 24x26 2 Car Detached Garage! Huge Shed! Nearby Nature Trails & Walkum Lake Beach! **\$379,900.00**

**WEBSTER LAKE** – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carpet! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**

**WEBSTER** – 4 Jeffrey St! 5 Rm, 2 Bdrm, 2 Bath Ranch! 1/4 Acre Lot! Liv Rm w/ Cathedrals & Bay Window! Eat-In Kit w/ Is! Master w/Walk-in Closet & Full Bath! Hall Bath w/Laundry! Freshly Painted! Front & Rear Decks! Partially Fenced Yard! Oil Heat! Town Services! Garage! Lakeside Beach & Boat Ramp Near! **\$249,900.00**

**WEBSTER LAKE WATERFRONT** - 3 Lakeview Rd! Middle Pond – Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo – Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Fr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frplcd! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! **\$579,900.00**

**GRAFTON** – 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3Acres! 4 Comfortable Bdrms & 2 Full Bthrms! Freshly Painted, Floors Recently Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**

**WEBSTER LAKE** – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$949,900.00**

**WEBSTER LAKE** – 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplcd Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 Z's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! **\$2,499,900.00**



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**WEBSTER** – 4 Jeffrey St! 5 Rm, 2 Bdrm, 2 Bath Ranch! 1/4 Acre Lot! Liv Rm w/ Cathedrals & Bay Window! Eat-In Kit w/ Is! Master w/Walk-in Closet & Full Bath! Hall Bath w/Laundry! Freshly Painted! Front & Rear Decks! Partially Fenced Yard! Oil Heat! Town Services! Garage! Lakeside Beach & Boat Ramp Near! **\$249,900.00**

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Most holy Virgin Immaculate, my Mother Mary, to thee who art the Mother of my Lord, the queen of the universe, the advocate, the hope, the refuge of sinners, I who am the most miserable of all sinners, have recourse this day. I venerate thee, great queen, and I thank thee for the many graces thou has bestowed upon me even unto this day; in particular for having delivered me from the hell which I have so often deserved by my sins. I love thee, most dear Lady; and for the love I bear thee, I promise to serve thee willingly forever and to do what I can to make thee loved by others also. I place in thee all my hopes for salvation; accept me as thy servant and shelter me under thy mantle, thou who art the Mother of mercy. And since thou art so powerful with God, deliver me from all temptations, or at least obtain for me the strength to overcome them until death. From thee I implore a true love for Jesus Christ. Through thee I hope to die a holy death. My dear Mother, by the love thou bearest to Almighty God, I pray thee to assist me always, but most of all at the last moment of my life. Forsake me not then, until thou shalt see me safe in heaven, there to bless thee and sing of thy mercies through all eternity. Such is my hope. Amen. N.L.

Dearest St. Jude, thank you for your prayer and intercession on my behalf to the Lord, you have always answered my prayer but still I will never be able to thank you enough. Please forgive me on occasion that I may have forgotten or overlooked in thanking you for the favours granted. I promise you St. Jude to ever grateful and always be, devoted to you as my patron saint. For by the good Lord's grace has got me to this point in life, and there is still a very long road for me to traverse. Therefore, St. Jude, I will always need you by my side and please continue to guide and help me with God's grace. I ask you St. Jude to not leave any prayers unanswered whether it is one of mine or from other who have invoked your aid. Look upon us the hopeless and desperate for the Lord's help in our life. I will always be in need of your help and you always hear my prayers, otherwise my life will be very difficult to lead. AMEN. N.L.

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# FOOD

## Turn your grill into a pizza maker

Some say an outdoor kitchen isn't complete without a pizza oven. A delicious pie straight out of a blazing hot oven can be delectable when dining al fresco, but pizza also can be made right on the grill.

This recipe for "The Chicagoan" from Craig W. Priebe's "Grilled Pizzas & Piadinas" (DK) utilizes grilled beef and sliced potatoes to give this grilled pizza a steakhouse flavor. Use a homemade dough or your favorite premade variety available at your local grocery store.

### THE CHICAGOAN

Makes a 12-inch pizza

- 1 russet potato, peeled and sliced about 1/4-inch thick
- 3 tablespoons extra virgin olive oil
- 1 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 8 ounces top sirloin or strip steak
- 1/2 teaspoon salt
- Freshly ground black pepper
- 1 grilled pizza crust
- 1 tablespoon grated Parmesan
- 1 cup shredded mozzarella
- 1/2 cup shredded cheddar
- 1 cup chunky tomato sauce
- 1/2 cup thinly sliced red onions
- 1/4 cup sour cream
- 2 tablespoons minced fresh chives

1. Preheat the oven to 400 F. Place the sliced potato in a large bowl and toss with two tablespoons



olive oil, salt and pepper. Line a baking sheet with foil and spread the slices in a single layer. Bake for about 15 minutes, until the potato is golden and tender. While still hot, loosen the slices with a spatula so they don't stick.

2. Prepare a grill for direct cooking over high heat. Season the steak liberally on both sides with the salt and pepper. Grill the steak over the hottest part of the fire for 4 min-

utes. Turn and grill for 4 minutes longer, until the steak is medium-rare and well charred. Remove and let sit for 5 minutes. Slice thinly.

3. Brush the grilled side of the pizza crust with the remaining one tablespoon olive oil and dust with the Parmesan. Sprinkle the mozzarella and cheddar on top. Drop spoonfuls of the chunky tomato sauce onto the pizza. Top with the potato, red onion and the

steak.

4. Grill the pizza with indirect heat. If your grill is still hot, move coals to one side or turn off one burner and allow the pizza to cook on the side without a direct flame. Grill the pizza for 5 to 8 minutes, or until the crust is crisp and brown. The bottom may have a few black spots from charring. Optional: Broil the cooked pizza in the oven for 1 to 2 minutes more to caramelize the

top.

5. Before serving, drop teaspoons of the sour cream onto the pizza, and garnish with the fresh chives.

#### Grilling the crust

To grill a pizza crust for this recipe, roll out to a 12-inch circle and place on a cookie sheet. Adjust the grill to reach a temperature of 400 F.

Slide the dough onto the grill. The dough should take about 3 min-

utes to cook. Watch for bubbles. The crust will be soft at first and tear easily. To check doneness, lift the underside. It should be an even light brown with brown grill marks.

Pick up the crust using tongs and place it on your cookie sheet. Flip it over so the grilled side is face up. This browned side becomes the top of your pizza.



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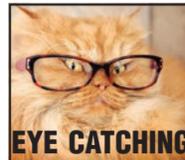
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