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Friday, January 5, 2018

## Bullock added as full time officer



courtesy photo

Chief Graham Maxfield introduces new full time officer Timothy Bullock to selectmen

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – A new officer has been appointed to the Charlton Police force thanks to a unanimous vote of approval by members of the Charlton Board of Selectmen.

The board voted on Dec. 19 to promote Timothy Bullock as a full time police officer to fill the vacancies caused by Chief Graham

Maxfield's promotion in September. Bullock has served as a part time officer since 2015 and was considered a top candidate for promotion considering his dedication to advancing his career at his own personal cost.

Officer Bullock was a self-sponsor of the full time Massachusetts State Police Academy and

Turn To **OFFICER** page **A2**

## Knopf chosen as new Charlton Fire Chief

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – After an extensive interview process focusing on two candidates Charlton has a new fire chief to succeed exiting Chief Charles Cloutier Jr. who retires in January and served his final day as chief in November.

In a 4-1 decision selectmen chose Cloutier's hand picked candidate Ed Knopf, who has served as interim chief throughout December, over Assistant Fire Chief Curtis Meskus after interviewing both candidates separately in a public forum.

An 18-year member of the Charlton Fire Department, Knopf has served many roles in his career acting as a call man for six years before becoming a full time firefighter in 2006. During his interview, Knopf said it was this experience that he felt made

him the best choice for the job and selectmen seemed to agree.

"I've had the unique opportunity to hold pretty much every position within the department," Knopf said. "I believe I've shown in my career that I am nothing but loyal to the fire department – I believe I have a strong vision of the future. I'm looking to take what Chief Cloutier produced in his time here and move it forward."

When asked what the position of "fire chief" means to him Knopf said it's more than just a position of authority, but also an honor that requires him to represent him department and community with respect.

"A fire chief is more than a member of the department. He's an active member in the

Turn To **CHIEF** page **A3**

## Makeathon summit includes Bay Path mentor



Courtesy photo

From left: Greteline Bolandrina MSN Ed, RN, CRRN academy director, Bay Path Practical Nursing Academy and Rebecca Love RN, MSN, ANP, director of nurse innovation & entrepreneurship at Northeastern School of Nursing.

Bay Path Practical Nursing Academy Director Greteline Bolandrina, MSN Ed, RN, CRRN of Douglas, attended the TOM: Boston Makeathon at the Ruderman Inclusion Summit, hosted by TOM, Ruderman Foundation, and Northeastern University. The event took place in November at Seaport Hotel & World Trade Center, Boston. The team Bolandrina participated in, called "Team Hippo" won the Makeathon. The Makeathon (a marathon of making) was a gathering of makers, engineers, designers, therapists, nurses, and nursing students that created solutions to assist and empower individuals living with disabilities.

The Makeathon was a 48-hour event where working prototypes were developed. Using 3 D printers and rotary saws, Team Hippo learned how resilient and innately innovative humans can be when faced with challenging circumstances. Input from nurses was clearly valuable during the design, ideation, and prototyping stages

Turn To **BAY PATH** page **A3**

## Selectmen respond to longevity pay concerns

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – Following recent comments in early December by Charlton resident Stefan Sage, Charlton selectmen answered to concerns about equality in longevity pay during a meeting on Dec. 19.

Sage had previously brought the matter to the attention of selectmen during a public comment meeting segment and at the time selectmen did not offer comments on matter. Sage, a Charlton Public Library trustee, told selectmen at that time he felt the longevity pay approach in Charlton lacked parity with many employees

receiving the benefit after ten years, but the secretaries in Charlton getting the benefit after 15 years. Sage readdressed his concerns on Dec. 19 and this time selectmen responded.

"I pointed out that everybody but 15 members of the United Professional Alliance of Charlton, which is the professional support staff, gets (longevity pay) at ten years. They have to wait until 15 years. As a citizen of Charlton I view myself as the employer and the selectmen as my representative in dealing with the ins and outs of what's happening in town. Does it make sense that all

Turn To **SELECTMEN** page **A7**



Utah Jazz Center Rudy Gobert with Lisa and Kyle Brodeur and Celtics star Kyrie Irving before the game Dec. 15.

## Charlton residents honored at Celtics game

In 1997, the Brodeur family was traveling home from Christmas shopping when a drunk driver crashed into their car. Lisa's husband died in the accident and her son Kyle was paralyzed.

Overcoming a year-long coma and 24 surgeries, Kyle now works with Lisa to share their story and educate future

drivers about the dangers of drunk driving.

Together, they have spoken to thousands of students and Lisa's book "A Mother's Journey" serves as curriculum for driver's education and rehabilitation classes.

Turn To **HONORED** page **A9**

## CHARLTON CAPSULES



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**BLOOD DRIVE**  
There will be a Red Cross blood drive held in the St. Joseph Church Hall, 10 H. Putnam Road Extension, Charlton on Wednesday, Jan. 10 from 1:00 until 6:00 p.m. The drive is sponsored by Council 11379 of the Knights of Columbus. Each pint of blood collected can help up to three hospital patients. Walk-ins are welcome, but appointments reduce the wait time. Contact the American Red Cross to schedule your appointment at www.RedCrossBlood.org; or, 1-800-RED CROSS. A \$5 Dunkin' Donuts gift card will be presented to each donor.

**NUMISMATICS**  
Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has

both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com. Come out and have some fun with us.

Local students performed in the 2018 Tournament of Roses Parade with the UMass Minuteman Marching Band. The Parade took place on January 1st. These students marched alongside 400 of their classmates in this prestigious parade.

Charlton: Wyatt Caswell, Michelle Courtney, Gabriella Grondalski, Andrew Haggerty, and Alan-Michael Turner.

North Brookfield: Fitzgerald Pucci and Jarod Sagendorph

West Brookfield: Elizabeth Fedirko. Brimfield: Caroline Blanchard, Kathryn Doyle, Maura Riel.

Sturbridge: Taylor Hancock  
Thompson, CT: Carissa Lueth

### TOURNAMENT OF ROSES



www.StonebridgePress.com

## POLICE LOGS

### Charlton Police Department

All suspects are presumed innocent

*until proven guilty in a court of law.*  
Police agencies can no longer print the names of people who are arrested or charged with domestic assault related charges. The new law is designed to protect victims, so they are not re-victimized through indirect identification.

Arrests/Summons:  
December 17-23

Unnamed Male from Charlton:  
Assault & Battery (Domestic)  
Suriyan Narauana of West Brookfield:

Fail to yield at an intersection, Negligent operation of a motor vehicle, Failure to move over for an emergency vehicle.

Evon Hilliman of Brooklyn, NY: Speeding, Operator giving a false name to police, Unlicensed operation of a motor vehicle.

Cody Buteau of Spencer: Warrant  
Mary Dibuono of Southbridge: Operating a motor vehicle with a suspended license, Warrant

James Keating of Webster: Leaving the scene of an accident, Failure to exhibit license after collision

Unnamed Female from Dudley: Assault & Battery on a family/household member

Wishing you a happy  
**HAPPY NEW YEAR**  
Be safe this holiday season 2018

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### Car Buying Tips

**Customers ask place:** When is the best time to buy a Car or Truck?

**The RIGHT answer: (Part 2)** There are some times of the year that seem better than others. I already spoke about the end of the year. Another good time is toward the end of winter going into spring. We all know about the Presidents Day sales in February. Customers, dealers and manufacturers all are beginning to feel a little stir crazy from the long cold days of January and early February. As this holiday comes along there is a bit more excitement and a strong desire on the dealer and manufacturer to get selling for the spring and summer markets. Usually this is also a time in which the manufacturers step up their advertising and incentives to support this goal. The model year changeover is a good time to buy. This is normally the September, October time frame. Incentives on the current model year are usually strong and inventories are still pretty good as the new model year is beginning to show up. Dealers will be making room for the next years vehicles and starting to trim inventories approaching the year end and holiday seasons. At Place Motor we will always do our best to save our customers as much as possible whenever you decide to buy. We will lay out all your options for you to see and make your best decision. We want the time you choose to be the right time to buy your new car or truck.

Send your questions to [BillLeavitt@FordPlace.com](mailto:BillLeavitt@FordPlace.com)



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**BUZZER  
BEATER!**

**CHECK OUT  
THE SPORTS ACTION!**

### OFFICER

continued from page 1

graduates on June 23, 2017. He was hired by the Charlton Police Department on Dec. 23, 2015 as a permanent part time officer and came highly recommended by Chief Maxfield for the open position.

“Officer Bullock is a 30 year resident of the town of Charlton. He is a veteran of the United States Army. He did two tours in Iraq and one tour in Kuwait. He, at great expense to himself, put himself through the full time police academy not drawing a paycheck. He paid his own way. He put his life on hold for six months. That shows you the type of commitment that this young man has for this town and I’m happy to have him.” said the chief.

Bullock recently completed the field training officer phase of his training program and was to be assigned to a shift on patrol immediately following his promotion. Selectmen commended the new full time officer for his commitment to not only his town, but to his duty as a public servant on both the police force and as a member of the armed forces.

Board of Selectmen Chair Joe Szafarowicz commended Bullock and said Charlton is lucky to have such a dedicated officer on board.

“We’re very fortunate to have someone who is dedicated enough to put themselves through the academy. It’s amazing,” Szafarowicz said. “We keep getting the permanent candidates and I just want to congratulate Mr. Bullock and welcome him aboard.”

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# Smola announces streamlined driver's license renewal process

BOSTON – Representative Todd M. Smola (R-Warren, Ranking Member, Committee on Ways & Means), is pleased to announce the Massachusetts Registry of Motor Vehicles is taking steps to allow more customers the opportunity to renew a driver's license or ID card online. The RMV has extended the length of time a customer can use a license photo from nine years to 14 years which means more customers than ever are eligible for online renewals.

In addition, customers will be eligible to renew their licenses or ID cards online for two consecutive renewal periods. This will result in approximately 30,000 additional renewal transactions eligible to be processed online each month. With thousands of additional customers now eligible to con-

duct renewals online, the number of customers who must visit a service center will decrease, which will make in-person transactions more efficient for customers who do need to visit RMV service locations.

"I'm very pleased that the RMV is making these upgrades," said Representative Smola. "Expanding online renewal for driver's licenses is a great example of using technology to improve efficiency."

Licenses and ID cards will need to be renewed in person at RMV service centers or AAA locations (for AAA members) every third renewal period (once every 15 years). Customers should also know they don't need to wait for the RMV's birthday card reminder to renew. They can go online and renew up to 12 months in advance. To be eli-

gible for online renewal, a customer's license/ID card photo must be less than 14 years old and must have been taken after the customer's 21st birthday.

The RMV invites license and/or ID card holders to visit [www.mass.gov/how-to/renew-your-drivers-license](http://www.mass.gov/how-to/renew-your-drivers-license) to check their license status and renew online.

Effective March 26, the RMV is changing the way customers get and renew their driver's licenses and ID cards. On that date, the RMV will begin to issue driver's licenses and ID cards which meet the federal requirement for credentials which are REAL ID compliant.

Massachusetts residents do not need a REAL ID until after October 2020, and will only need a REAL ID for air travel or to enter a U.S. government building. On Oct. 1, 2020, the following creden-



## ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

tials will be accepted where REAL ID is required: a valid U.S or foreign passport, U.S. passport card, military ID, or a driver's license or ID that is REAL ID compliant.

Additional information about REAL ID can be found at: [www.mass.gov/realID](http://www.mass.gov/realID).

# Quit tobacco in the New Year!

With the new year here, make a resolution for a healthier life for you and your family. If you use tobacco, quitting is the most important step you can take to protect your health and decrease the risk of lung disease, cancer, and even early death.

If you want to quit and tried in the past, don't give up. Many smokers say quitting is the hardest thing they've ever done. It often takes several tries before you can quit for good. However, with planning and support, you can become tobacco free.

Fortunately, most health insurance plans cover nicotine replacement and other quit-smoking medicines.

The Massachusetts Smokers'

Helpline at 1-800-QUIT NOW (1-800-784-8669) is also available for free coaching 24 hours each day, seven days a week (except Thanksgiving and Christmas) to support you through quitting tobacco. In addition, now you can enroll online through [KeepTryingMA.org](http://KeepTryingMA.org). Online supports include quit planning tools, peer support and motivational text messages.

You can get four weeks of FREE nicotine replacement help from patches, gum or lozenges at the Helpline (with medical eligibility). The combination of free coaching and cessation medication can make you three times as likely to quit for good as those who try to quit on their own!

Quitting can be hard—here are five ways to make it easier:

1. Set a quit date. Choose a quit day in the new year, give yourself about two weeks to prepare.
2. Tell your family and friends you plan to quit. Share your quit date with important people and ask for their support. Daily encouragement and planned activities can help you stay on track. For example, a smoke-free lunch date or game night could help distract you.
3. Anticipate and plan for challenges. The urge to smoke is short—usually only three to five minutes. Those moments can feel intense. Before your quit date, write down healthy ways to cope with cravings so you can get past them. Healthy choices include:
  - o Drinking water
  - o Taking a walk or climbing

- o Calling or texting a friend
  - 4. Remove cigarettes and other tobacco from your daily routine. Throw away your cigarettes, lighters, and ashtrays. Clean your car and home. Old cigarette odors can cause cravings.
  - 5. Talk to your doctor about quit-smoking medications. Over-the-counter or prescription medicines can help you quit for good. Your quit coach and pharmacist can also provide support.
- For more information, call 1-800-QUIT-NOW or visit: [KeepTryingMA.org](http://KeepTryingMA.org). Make the choice to quit today, making the holidays and New Year tobacco free and healthier than ever.

The Central MA Tobacco-Free Community Partnership supports communities' efforts to lower smoking prevalence and exposure to secondhand smoke; enhance state and local tobacco control efforts by exposing tobacco industry tactics, mobilizing the community to support and adopt evidence-based policies, and changing social norms. Funded by the Massachusetts Tobacco Cessation and Prevention Program, Community Partnerships serve as a resource for local coalitions, health and human service agencies, municipalities, and workplaces on tobacco intervention efforts.

## BAY PATH

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at the Makeathon. Bolandrina was one of 12 nurses who contributed to the conception and production of the winning product alongside engineers, designers, and programmers. The product, affectionately called The Hippo, is a portable clip that enables the zipping of coats, jackets and sweatshirts using only one hand. Northeastern alumni Anand Shankar and engineer Jack Cardin pioneered the product designed to help people affected by hemiparesis, conditions of muscular weakness or partial paralysis to one side of the

body.

"TOM: Boston Makeathon is a noteworthy part of the Inclusion Summit," stated Bolandrina, "having been grouped with minds of all kinds to brainstorm and eventually create a solution to every day issues faced by those living with physical disabilities is such an honor!"

Healthcare allows for an abundance of opportunities for new innovations. Utilizing nurses' knowledge of patient needs makes them agents of change. The Makeathon was an opportunity to turn fresh ideas into solutions for problems faced daily by individuals living with physical disabilities.

"When I first heard of this event, I knew I wanted

to be involved," added Bolandrina, "I am excited about further building my portfolio, networking with insightful participants, and best of all, improving the quality of someone's life."

Team Hippo is continuing their product development at Northeastern University's Ideas Venture Accelerator. Team Hippo members include Jack Cardin, Susan Soe, Elisa Tran, Rebecca Love, Thelma Ajayi, Chris Sullivan, Noah Hendler, Anand Shankar, Mohul Sisodia, Aimee Marchand, Valeria Ramdin, Oded Shorer, Sean Hennessy, Saw Tee, Waleed Meleis, Paul Rockwell, Bolandrina, Hiyam Nadel, and Christine O'Brien.

## CHIEF

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community and the chief needs to deal with and relate to all facets of the community, whether it's a non-profit organization, a school, or the town. There are many roles that the fire chief plays within the community. Within the fire department the chief is the ultimate authority, the planner, and the forecaster for where the department needs to go and grow," Knopf said.

When it came time to decide between Knopf and Meskus selectmen called it a tough decision, complimenting both men as worthy candidates who presented their own merits that justified them as deserving candidates to the job. In the end however Knopf was chosen in a near unanimous vote with Selectman Debra Noble being the only dissenting vote. Noble opening expressed her feel-

ings that the selectmen didn't exhaust all options available before making a decision on the new chief, but welcomed Knopf to the position all the same.

"I found each candidate had strengths in extraordinarily different areas, however I also felt that both candidates had weaknesses. The fire department is lacking definitive leadership at this moment and I don't want to leave the fire department without leadership. In a public safety department, it's almost like a military operation. You have to have that chain of command and I'm very concerned about that," Noble said. "I do have reservations with regards to this process."

Following the decision both Knopf and Meskus shook hands and selectmen congratulated both candidates on their respectable interviews before welcoming Knopf to his new post. The new chief is expected to officially be appointed in a ceremony in January.

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**January 17**

**January 24**



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# Questions to ask when interviewing Real Estate Agents

Most people are not selling homes on a regular basis. It is scary to think of how important it is to make the right decision when hiring a Real Estate Agent. Think of what is important to you and make sure to ask questions around that to each person you interview. I would first suggest asking friends and family who they have used and had a good experience. Also, if you see the agents sign all around your town then I would interview them as well. I would suggest you interview 3 agents to ensure you are making the right decision. This is probably the largest financial transaction you will ever be involved in. The most important thing is trust, so you want to hire someone you can trust to truly put your needs in front of their own. You also want to make sure they have a track record of selling home that is better than the average agent. For the past year, the average sales price in Worcester County for single family homes was \$308,196 which means you will be spending around \$15,000-\$20,000 on the services of a Real Estate Agent. Below are some questions to ask the agent to help you discover if you are hiring the right person for the job.

How many homes have you sold this year? This will let you know if they have recently been selling homes and

have experience in the current Real Estate Market, since it is ever-changing.

How many homes have you sold in the last 5 years? This will show you that they have consistently been helping people in this area sell homes over a period of time and their marketing plan must be working.

Do you have a written marketing plan to get homes sold? It is important that the agent have a plan in place to sell your home rather than just "winging it". Some agents may have a plan they use for every home or customize the plan for each home they sell, but make sure they do have a plan.

Do you have a full-time staff working together to get my home under agreement and sold? This is important to know if when your agent is meeting with another seller that they are not missing valuable phone calls from buyers interested in your home. In addition, what if your agent goes on vacation? Is your home sale going on vacation too or is there a plan in place for coverage while they are gone.

On average how many days does it take you to get an offer on your listings? This is especially important if you



REALTOR'S REPORT

JAMES BLACK

need to move by a specific timeframe and need to know you are selecting an agent that will get you moved in the timeframe that you need. I would also ask them to show the date for what the average

agents takes to see how it compares. What is your list price to sales price ratio on homes you have sold? This will give you a good idea on how well the agents negotiate to get you the best price for the home they sell and will get you the best price for yours. I would ask here for them to show you date on the average agent in your area to ensure their ratios are above average.

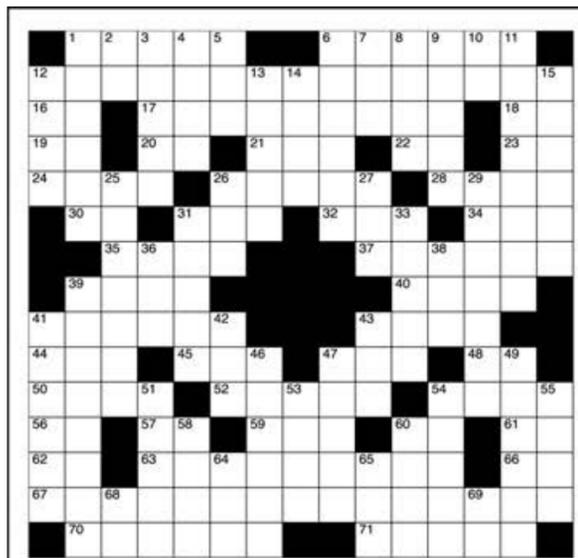
How quickly will you respond to buyers that call or email you about my home? This is important, knowing that it is crucial for an internet lead to be contacted within 5 minutes of the inquiry and hopefully while they are still searching the agents website. After 5 minutes the odds of them responding back diminishes greatly. People who are calling it is not as urgent but still best if they can have a live conversation with them or at least call back within an

hour of them leaving a message.

How quickly will you respond to other agents who have interested buyers in my home? It is important to respond quickly to questions as that will keep the buyers interest in the home. If they ask questions and it takes a few days to get a response, most likely the buyer will have moved on to another home.

What type of regular training do you attend to keep you at the top of your game? The Real Estate Market is constantly changing and in order to help someone to sell their home quickly and for the most money then agents need to constantly be learning new techniques for marketing and skills for negotiating. There have been studies done that the most successful agents on average spends 40% of their days in some sort of training to increase their skills.

What percentage of your listings sell vs. expiring? When you decide to sell your home, you want to actually have it sell. This will help you see if the agents marketing strategy is effective to get homes sold. Just because an agent has lots of signs in yards in your area does not mean the homes are actually selling.



**CLUES ACROSS**

- 1. Put within
- 6. Learned person
- 12. Resistance
- 16. Female title
- 17. Logical basis for a belief
- 18. Of I
- 19. Indicates position
- 20. Article
- 21. Insignificant organizational member
- 22. \_\_\_ route
- 23. Expression of disapproval
- 24. Microelectromechanical systems
- 26. Ponds
- 28. Satisfy
- 30. Dad
- 31. Spanish soldier "El \_\_\_"
- 32. Pouch-like structure
- 34. Obscure unit of measurement
- 35. Okinawa prefecture capital
- 37. Platforms
- 39. Jazz singer Irene
- 40. Benefits
- 41. Hellenistic governors
- 43. Brownish-green fruit
- 44. Needed to see
- 45. Political action committee
- 47. Fast plane
- 48. Bahrain dinar
- 50. Urgent request
- 52. Raccoon genus
- 54. Millisecond
- 56. Atlanta rapper
- 57. Rural delivery
- 59. Intrauterine device
- 60. The Wolverine State
- 61. Free agent
- 62. For instance
- 63. Reduces
- 66. Lincoln's state
- 67. Quit
- 70. Midsections
- 71. Bullfighting maneuvers

**CLUES DOWN**

- 1. The arch of the foot
- 2. Canadian peninsula
- 3. Koran chapters
- 4. Abba \_\_, Israeli politician
- 5. Youngster
- 6. Burns
- 7. Comedienne Gasteyer
- 8. Valley
- 9. Belongs to sun god
- 10. Nickel
- 11. Great in salads
- 12. Leader
- 13. Forced through a sieve
- 14. Entryway
- 15. Support pillars
- 25. Aquatic mammal
- 26. \_\_\_ Farrow, actress
- 27. Unhappy
- 29. Holds molecules
- 31. Thrifty
- 33. French dynasty
- 36. Scottish port
- 38. Irish militant organization
- 39. Dawn
- 41. Musical group of seven
- 42. Used to fry things
- 43. Carrot's companion
- 46. Rough stone landmarks
- 47. Fourth son of Jacob and Leah
- 49. Goes against
- 51. Passion
- 53. Hard white animal fat
- 54. Soybean pastes
- 55. Beckon
- 58. Mountain and morning are two
- 60. Self-referential
- 64. Data executive
- 65. Retirement plan
- 68. Star Trek character Laren
- 69. You and I

## New Child and Family Services Center to hold ribbon cutting ceremony

SOUTHBRIDGE — The newly-renovated Child and Family Services Center at Harrington HealthCare will hold a ribbon cutting on Monday, Jan. 8.

The center, located at 139 South St., is the former CarQuest Auto Parts store and has been under renovation for several weeks.

Harrington Director of Mental Health Katie Adams said this project has been about a year in the making and follows a personal and professional goal she had since joining Harrington in 2016.

"This move gives our department of mental health an opportunity to present an expanded family treatment facility to the community. The new center really won't be anything like our current office space. This renovation will showcase a bright, inviting place where families can feel good seeking services,"

Adams said.

The ribbon cutting, in coordination with the Chamber of Central Mass South, will be an opportunity for local legislative representatives, school officials, providers and municipal leaders to tour the new space, which offers mental health counseling and group sessions for children and adolescents, ages 4-24, and their families.

When she first joined the behavioral health team at Harrington, Adams faced a few shortcomings of the department, one being a lack of communication with the local school systems. Her initiative to strengthen those relationships had great success, but the quick growth of the program led to growing pains for 29 Pine St. location.

In preparing for the move, Adams said hired several new

members to her team — expanding from six to 12 clinicians — and expanded the range of specialties offered for child and family services, including more expansive cognitive therapy. Through a grant, Adams was able to send several of her staff to receive training in child trauma.

"Our new team has great experience and more to offer clinically," Adams said.

The 6,500 square-foot space includes 12 therapy offices, two group rooms, an administration suite and a large common waiting area.

Immediate therapy appointments are available by calling (508) 765-2222.

The 29 Pine St. location will continue to offer adult mental health counseling services, as well as Harrington's partial hospitalization program.

## Fly fishing show upcoming

MARLBOROUGH — Anglers from throughout New England will head to Marlborough Jan. 19-21 for a first-look experience of everything new in the sport at the 2018 Fly Fishing Show; Royal Plaza Trade Center, 181 Boston Post Road West. Parking is free.

The Marlborough Fly Fishing Show's annual edition features about 10 demonstrations or audio/visual presentations each hour plus wall-to-wall displays of new fresh- and saltwater fly rods, reels, fly lines, boots, waders, clothing and flies during the three day mid-winter run.

In addition to tackle, lodges and exotic destinations, show visitors can view continuous fly-tying demonstrations, how-to-do-it seminars and presentations ranging from Atlantic salmon in Labrador to fly fishing Turneffe Atoll in Belize.

National Fly Fishing Show door prizes are valued in excess of \$40,000.

Casting demonstrations are scheduled by Joe Humphreys, Jeff Currier, Bob Clouser and Gary Borger.

Fly tying demonstrations are on tap from Ed Engle, Borger, Clouser, Nate Brumley and Tim Flagler.

The New England premiere of the 2018 Fly Fishing Film Festival will be held Fri. at 6:30. Tickets are \$10 in advance or \$15 at the door.

Fly Fishing Show® admission is \$15 for one day, \$25 for two days and \$35 for three days. Children under age 5 are free as are Boy and Girl Scouts under 16 in uniform. Children

under 12 are \$5. Active military with an ID are \$10.

For a complete list of fly-fishing films, classes, seminars, door prizes and demonstrations, visit flyfishingshow.com/marlborough-ma/ or phone (814) 443-3638.

## CHARLTON ALMANAC

### REAL ESTATE

#### CHARLTON

\$225,000 Route 20 Norman D&J A Lussier RT, and Lussier, Norman D, to Macgillivray Brothers LLC.

\$225,000 Strubridge Rd #1A, Norman D&J A Lussier RT, and Lussier, Norman D, to Macgillivray Brothers LLC.

\$185,000 16 Brookfield Rd, Oliveira, Beth, to Barry, William P, and Barry, Evelyn J.

\$40,000 Potter Village Rd, Dupont Emile N Est, and Dupont, Richard, to Milios, Vasiliki G.

### CHURCH LISTINGS

- **Charlton Federated Church**, 64 Main St., Pastor James Chase, 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org
- **Charlton Baptist Church**, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 8:30 a.m. and 11 a.m.
- **Charlton City United Methodist**, 74 Stafford St. 248-7379, web site: CharltonCityUMC.com, Sunday worship 10:30 am, Sunday School 9 am.
- **St. Joseph's Church**, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.
- **Hope Christian Fellowship**, 6 Haggerty Road, 248-5144
- **Assemblies of God Southern New England District Headquarters**, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.
- **Jehovah's Witnesses**, Route 169, 765-9519
- **Lambright Christian Church**, 37 Main Street - Grange building 1st Floor, Charlton, MA 01507, Rev. Stephen Wade, (774) 452-2393 - Pastor's Cell. Sunday Service 10:30am. www.visitlambright.com
- **New Life Fellowship A/G, SNETD Chapel**, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.



**"Every Town Deserves a Good Local Newspaper"**

**TOUCH DOWN!**  
CHECK OUT THE SPORTS ACTION!

# Safety first when it comes to the ice

| Ice Thickness and Strength |  |
|----------------------------|--|
| Ice Thickness (inches)     | Permissible Load (clear, blue, lake ice) |
| 2" or less                 | STAY OFF!                                |
| 4"                         | Ice fishing or other activities on foot  |
| 5"                         | Snowmobile or ATV                        |
| 8" - 12"                   | Car or small pickup truck                |
| 12" - 15"                  | Medium truck                             |

The ice on the lakes has formed, and Sturbridge Lakes Advisory Committee thought the following information is important to share.

Winter provides an excellent opportunity to participate on many of Massachusetts

more than 3,000 lakes and ponds including fishing, skating, snowshoeing, cross country skiing, snowmobiling and more. Unfortunately, every year people are injured or killed as a direct result of falling through thin or weak

ice. The Sturbridge Lakes Advisory Committee is providing this article on ice safety to help ensure all Sturbridge residents can safely enjoy winter activities.

The reality is, there is no such thing as 100 percent safe ice. It is generally recommended that no one should venture out on any ice less than four inches thick. New, clear blue ice is usually the strongest ice. Partially thawed, white ice embedded with slush or snow and honeycombed ice are significantly lower in strength than clear blue ice. As a general guideline, if it is not clear blue ice you should double the thickness recommendations for each activity.

The figures in the table are general guidelines for clear blue ice on lakes and ponds. Always use caution, and don't venture out onto unfamiliar waters without checking ice thickness frequently.

Note: vehicles may be banned from some lakes. It's best to check with the local

lake association.

Temperature, snow cover, currents, weeds and springs all affect the relative safety of the ice. Ice is seldom the same thickness over a single body of water, it can be one foot thick in one place, and a few inches thick in a short distance away. Check the ice at least every 150 feet.

Ice thickness can easily be checked using an ice chisel, ice auger, axe, hatchet or cordless drill to penetrate the ice and then using a simple tape measure to determine the ice thickness. Be aware ice tends to be thinner on lakes and ponds where there are spring holes, inlets or outlets. Don't venture onto icebound rivers or streams, as the currents make ice thickness unpredictable. Similarly, ice near the shoreline is highly variable, so be particularly careful of where you gain access and your first few steps.

Also, you want to make certain you do not overload the weight bearing capacity of a

particular area of the ice by maintaining a good spacing between gear, snowmobiles, ATVs, and cars or trucks.

It is good practice when venturing out on the ice to have a safety plan. Always wear a flotation device such as boating life jacket especially if you are testing the ice or snowmobiling or on an ATV. Employ the buddy system maintaining good spacing and always carry ice picks. Bringing along a toboggan with an adequate length of rope not only provides a handy means of packing and transporting your equipment, but provides an excellent safety device for reaching and retrieving those who have fallen through. It's a good idea to have a spare set of dry clothes and an emergency kit.

Lastly do not leave any debris on the ice. Log and branch remains from campfires can be a safety hazard for spring fishermen and animal feces and other debris will contaminate the lake.

## Farm Service Agency: a vital source of assistance to America's farmers

WASHINGTON DC —Through the work of dedicated staff in over 2,100 county and state offices, the U.S. Department of Agriculture Farm Service Agency provides vital farm safety-net assistance to agricultural producers across America.

"We've seen recent challenges in farm income and commodity prices," said Dr. Robert Johansson, acting Deputy Under Secretary for the Farm Production and Conservation mission area. "The 'safety net' provided in the 2014 Farm Bill has helped producers withstand economic losses as well as losses resulting from natural disasters. Loans for operating expenses, farm purchases and other purposes help current producers stay in business and allow a new generation of farmers and ranchers get their start."

Agriculture demands working capital. According to Johansson, FSA provided credit, either directly or guaranteed through commercial lenders, to 120,000 family farmers across the country.

In fiscal year 2017, USDA Farm Loan programs pumped \$6 billion in support to a diverse group of producers across America. That was the second highest total in FSA history. Over \$2.5 billion of that total was direct and guaranteed operating loans, and another \$3.5 billion was allocated for direct and guaranteed farm ownership loans. This additional financing enabled farmers and ranchers across the country to access capital to start their operations, or to expand their existing operations. The new lending continued the recent growth in FSA's farm loan portfolio.

FSA highlights from the year include: Agriculture Risk Coverage and Price Loss Coverage and Conservation Reserve Program

USDA is issuing approximately \$8 billion in payments under the ARC and PLC programs to agricultural producers who suffered market downturns in 2016.

In 2017, FSA distributed \$1.6 billion in CRP payments to over 375,000 Americans for doing their part in improving water quality, reducing soil erosion and increasing wildlife habitat.

Disaster Assistance

In response to Hurricanes Harvey, Irma and Maria, USDA announced special procedures to assist producers in states and territories who lost crops or livestock or had other damage to their farms or ranches. Also, because of the severe and widespread damage caused by the hurricanes, USDA provided flexibility to assist farm loan borrowers. FSA dispatched additional staff to the affected areas and, in response to a request for assistance, rolled out a special program providing vouchers to dairy herd owners in Puerto Rico who used the assistance to purchase feed.

USDA also provided extensive assistance for a variety of other disasters throughout the country, including drought in the northern high plains, wildfires in the west and central plains, floods, tornados, freezes and other storms. For example, in July, USDA authorized the use of additional CRP lands for emergency grazing and haying in and around portions of Montana, North Dakota and South Dakota affected by severe drought. USDA also added

the ability for farmers and ranchers in those areas to hay and graze CRP wetland and buffer practices. This followed a previous action in April and June to assist the area and provided livestock producers with an additional feed source. In October, FSA teamed with other USDA agencies to provide assistance to wildfire-damaged areas of northern California, including loans and other disaster assistance programs.

New Farmers

In August, Agriculture Secretary Sonny Perdue signed a Memorandum of Understanding with officials from SCORE, the nation's largest volunteer network of expert business mentors, to support new and beginning farmers. The agreement provides new help and resources for beginning ranchers, veterans, women, socially disadvantaged Americans and others, providing new tools to help them both grow and thrive

in agri-business.

Johansson said these accomplishments are in line with Secretary Perdue's goals of maximizing the ability of the men and women of America's agriculture and agribusiness sector to create jobs, prioritizing customer service every day for American taxpayers and consumers and ensuring the food we produce meets the strict safety standards we've established while always remembering that America's agricultural bounty comes directly from the land.

To access programs, contact Dawn S. Pindell, Outreach Specialist for Connecticut, Massachusetts, and Rhode Island USDA Farm Service Agency at the Connecticut State Office,

344 Merrow Road, Suite B, Tolland, CT 06084; (860) 871-4097 or Dawn.Pindell@ct.usda.gov.

## Friday's Child



Olivia and Aleah are friendly sisters looking to find their forever family together! Olivia is an artistic 9-year-old girl of African American descent. Some of Olivia's favorite activities include crafts projects and reading. In school, her favorite subjects are science and music. Olivia is an accelerated reader and has received high grades on her

reading tests at school.

Aleah is a 6-year-old girl of African American/Hispanic descent. Those who know Aleah say she has a bold personality. Aleah enjoys activities such as arts and crafts and playing with her bouncy ball. She also likes to play outdoors.

Legally freed for adoption, Olivia and Aleah thrive in structured environments with a consistent routine. They could be successful in any type of family, with or without other children in the home. Any interested family should be strong advocates for the girls, and be open to engaging in ongoing services with them.

### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit [www.mareinc.org](http://www.mareinc.org).

The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

This space is provided by:



**PLACE MOTOR**  
19 Thompson Road, Webster, MA 508.943.8012  
[placemotor.com](http://placemotor.com)

## Superior service and customer satisfaction earn Lamoureux Ford of East Brookfield Ford's highest award: The President's Award

EAST BROOKFIELD — Lamoureux Ford was among a select group of Ford Dealerships, less than 10% of all dealers nationwide, to be recognized with the 2016 President's Award by Ford Motor Company. The prestigious award honors dealerships that have excelled in automotive retailing in 2016 by providing exceptional customer sales and service satisfaction.

"Earning this award is a reflection of our entire staff's commitment to delivering the best customer experience possible," say Lamoureux Ford's owners Marc and Lionel Lamoureux. "We couldn't be more proud to receive this recognition, especially since it comes from the people we value most — our customers. They're the reason we were able to achieve this award."

The President's Award was established in 1998. Dealers become eligible through survey responses from the customers



Pictured from left: Mark Rogowski ( Boston Regional Manager- Ford), Lionel Lamoureux, Marc Lamoureux, and Vince Talia (Regional Manager- Ford Credit).

related to their sales and service satisfaction.

Lamoureux Ford has won the President's

Award for the 20th year in a row and 23 times overall.

# Employees honored for years of service

SOUTHBRIDGE — Southbridge Rehabilitation & Health Care Center hosted its annual Employee Recognition luncheon Dec. 08. Pictured above from left to right with years of service are Carol R. (5y), Deb G. (25y), Mary Louise T. (25y), Holly S. (10y), Maria B. (10y), Heidi N. (5y), and Joshua S. (10y). We are also proud to announce that as of this date we have 11 employees with 20 or more years of service.

Southbridge Rehabilitation & Health Care Center offers a wide range of service such as: short-term rehabilitation, long-term and respite care as well as a continuum of care offered for hospice services. Please call (508) 765-9133 to schedule a private tour today.

Southbridge Rehabilitation & Health Care Center is located at 84 Chapin St, Southbridge and is managed by Athena Health Care Systems. For more information, please visit our website at [athenanh.com/southbridge](http://athenanh.com/southbridge)



## January 2018 Bay Path High School

This institution is an equal opportunity provider

BREAKFAST

**Nutrition Tip**  
 Make Fruit More Appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.  
 Reference: USDA. MyPlate.gov. Internet: <http://www.myplate.gov/>.

**Full Price \$1.75    Reduced \$0.30**  
**Daily Breakfast Alternates: Assorted Muffins, Cereal and Yogurt Smoothies**  
**Or Try the Grab and Go Line with an assortment of breakfast pastries**  
**All meals are served with a choice of assorted 8oz low fat milk**

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| <br>1  | Assorted Bagel<br>Assorted Cream Cheese<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>2     | Scrambled Eggs<br>Sausage<br>Whole Wheat Toast<br>4oz Fruit Juice<br>Fruit Variety<br>3  | Homemade Coffee Cake<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>4               | Bacon, Egg & Cheese on a Croissant<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>5       |
| French Toast with Syrup<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>8                   | Sausage, Egg & Cheese on a Biscuit<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>9          | Scrambled Eggs<br>Bacon<br>Whole Wheat Toast<br>4oz Fruit Juice<br>Fruit Variety<br>10   | Homemade Coffee Cake<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>11              | Ham, Egg & Cheese on an English Muffin<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>12  |
| <br>15   | Bacon, Egg & Cheese on a Wrap<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>16              | Scrambled Eggs<br>Sausage<br>Whole Wheat Toast<br>4oz Fruit Juice<br>Fruit Variety<br>17 | Waffle Bar with Assorted Toppings<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>18 | Assorted Bagel<br>Assorted Cream Cheese<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>19 |
| Pancakes with Syrup<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>22                      | Sausage, Egg & Cheese on an English Muffin<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>23 | Scrambled Eggs<br>Bacon<br>Whole Wheat Toast<br>4oz Fruit Juice<br>Fruit Variety<br>24   | Homemade Coffee Cake<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>25              | Ham, Egg & Cheese on a Croissant<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>26        |
| French Toast with Strawberries and Cream<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>29 | Assorted Bagel<br>Assorted Cream Cheese<br>4oz Yogurt<br>4oz Fruit Juice<br>Fruit Variety<br>30    | Scrambled Eggs<br>Sausage<br>Whole Wheat Toast<br>4oz Fruit Juice<br>Fruit Variety<br>31 | <b>**Meals are subject to change without notice**</b>                                     |   |

## January 2018 Bay Path High School

This institution is an equal opportunity provider

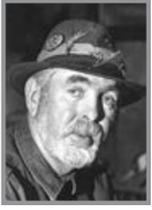
LUNCH

**Fitness Tip:** MyPlate recommends:  
 •Children need at least 60 minutes of physical activity every day.  
 •Be active together as a family.  
 •Physical activity should be fun and offer

**Daily Lunch Alternates:** Salad Bar, Assorted Grinders, PBJ Sandwich, Fruit and Yogurt Parfait, and Hummus with Vegetable Crudité & Pita  
**Tuesday & Friday: Assorted pizza**  
**All meals are served with a choice of 8oz low fat assorted milk**

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
| <br>1  | Chicken Nuggets<br>Mixed Vegetables<br>Whole Wheat Dinner Roll<br>Fruit Variety<br>2                                     | Teriyaki Chicken Strip<br>Vegetable Fried Rice<br>Broccoli<br>Fortune Cookie<br>Fruit Variety<br>3  | Spaghetti w/Meat Sauce<br>Whole Wheat Pasta topped w/ Meat Sauce<br>Garlic Bread, Green Beans<br>Fruit Variety<br>4                                   | Ch.BURGER or Hot Dog<br>Beef Burger topped with Cheese or Hot Dog on Whole Wheat Bun<br>Buttered Corn<br>Fruit Variety<br>5 |
| Swedish Meatball in a Savory Gravy<br>Served over Egg Noodles<br>Peas & Carrots<br>Fruit Variety<br>8  | Turkey Bacon Meatloaf<br>Tender slices of Turkey, toasted with Bacon & Cheese<br>Baked Curly Fries<br>Fruit Variety<br>9 | Nachos<br>Seasoned Ground Beef & Cheese on a bed of Tortilla Chips<br>Served w/ assorted toppings<br>Black Bean and Corn Salad<br>Fruit Variety<br>10 | Roast Pork w/ Mashed Potatoes & Gravy<br>Mixed Vegetables<br>Biscuit<br>Fruit Variety<br>11   | Spicy Chicken Patties on WW Bun<br>Baked Sweet Potato Fries<br>Veggie Sticks w/Hummus<br>Fruit Variety<br>12                |
| <br>15   | BBQ Pulled Pork on a Whole Wheat Bun<br>Baked Fries<br>Baked Beans<br>Fruit Variety<br>16                                | Shepherds' Pie<br>Seasoned Ground Beef Layered with Corn, Mashed Potatoes and Gravy<br>Whole Wheat Dinner Roll<br>Fruit Variety<br>17                 | Stuffed Shells<br>Cheese Stuffed Pasta Shells Smothered in Marinara Sauce<br>Garlic Bread<br>Tossed Salad<br>Fruit Variety<br>18                      | 1/2 Day<br>19   |
| Cuban Sandwich<br>Roast Pork, Ham & Cheese<br>Toasted on French Bread<br>Baked Smiley Fries<br>Tomato Salad<br>Fruit Variety<br>22             | Mozzarella Sticks<br>Baked Mozzarella Sticks w/ Marinara Dipping Sauce<br>Mixed Vegetables<br>Fruit Variety<br>23        | Roasted Turkey w/ Mashed Potatoes & Gravy<br>Glazed Carrots<br>Bread Stuffing<br>Cranberry Sauce<br>Blueberry Crisp<br>24                             | Assorted Calzones<br>An Assortment of Calzones filled with meats, veggies and cheese<br>Marinara Dipping Sauce<br>Tossed Salad<br>Fruit Variety<br>25 | Buffalo Chicken Tenderloin<br>WW Dinner Roll<br>Steamed Broccoli<br>Veggie Sticks w/Hummus<br>Fruit Variety<br>26           |
| Pork Carnitas<br>Seasoned Shredded Pork in a Whole Wheat Tortilla w/ lettuce, tomatoes, Salsa, Guacamole and Sour Cream<br>Fruit Variety<br>29 | Grilled Cheese<br>Tomato Soup<br>Tossed Salad<br>Fruit Variety<br>30   | Meatloaf<br>Beef Meatloaf w/ Mashed Potatoes & Gravy<br>Green Beans<br>Whole Wheat Dinner Roll<br>Fruit Variety<br>31                                 | <b>**Meals are subject to change without notice**</b>   |   |

# Winter fishing just revving up



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

With pheasant hunting and deer hunting coming to an end for most outdoorsmen and women, waterfowl hunting and ice fishing are the final two activities left for most sportsmen that enjoy the great outdoors during winter months. There are a lot of ducks and geese in the area, but hunters need to be extra careful with frozen waters that are being hunted. Extreme caution needs to be used when sending the hunting dogs out into frozen areas, to retrieve downed birds. Coastal hunting for sea ducks at this time of year has caused the death of many duck hunters in the past. Fast moving tides can carry hunting dogs away from the hunting blind and too often hunters needed to retrieve duck and dogs because of the strong tides. Duck hunters hunting coastal marshes also need to keep an eye on the incoming tides. Too often duck hunters have been stranded on sandbars after the tide comes in. Play it safe!!!!

Although the final count of the deer harvest is not complete for this year, MFW is predicting a record harvest for all three seasons in Massachusetts. The quality of the deer was great, with numerous young bucks sporting large antlers and weighing in at surprising numbers on the scales during the first week of shotgun season.

A huge black bear weighing in at 342 lbs. was hit and killed by two vehicles in Gardner on Rt. 2. A hunter also illegally shot a moose in the Gardner area during the shotgun season. The Environmental Police are investigating the incident. The controlled hunt at Blue Hills this year netted 67 deer of which 42 were females.

Some ponds have enough ice on them for some ice fishing, but extreme caution needs to be used. Striking the ice with a good ice chisel as you navigate the frozen waters, is the only safe way to go, as mentioned last week. Many first time anglers of the year start out jig fishing and it can be extremely productive for catching enough yellow perch for a good meal. When a good school of perch are located and they are feeding, a single angler can catch a dozen or more perch from one hole.

During a feeding frenzy, largemouth and small mouth bass will aggressively hit the jig, providing the angler with some excitement as he or she tries to bring the fish to top, and through the hole. A Swedish pimple with a single hook, baited with a grub, can catch the first perch. Immediately remove one of the eyes of the perch, and affix it to the single hook, being careful not to break the eye. The fresh eye is the best bait to use when fishing with a jig stick for perch. A small fresh shiner is also great when jigging for larger fish like pickerel and bass. Be sure to test the depth of the water at each hole, as water depths can change quickly. Fishing a foot off of the bottom



Courtesy photo

This northern pike was caught in Connecticut. Local waters haven't been stocked with the game fish for a while now.

is normally best to catch yellow perch, but sometimes a few feet off of the bottom can make a difference.

Cleaning yellow perch is quick and simple by removing the top fin completely. Make a cut just in back of the head being careful not to completely cut off the head. Place your right index finger in back of the head and your left index finger and thumb also in back of the head, and pull down with the right hand. As the skin starts to peel off you will be left with only the fully cleaned fish. Lay the perch on their side one by one and cut off

the bones along the cavity with one stroke of the knife on each end. Rinse the fish off and you are ready to start cooking.

A combination of 2/3 yellow corn meal and 1/3 flour ground in a blender for a few seconds, will give you the consistency of a milled substance that is ideal for frying any kind of sea food and fish. A cast iron pan with a good frying oil and small amount of butter will cook up your perch to perfection. Cooking the fish for a couple of minutes on each side will give you some tasty eating at the table. Carefully peel the meat of the perch

from the main bone, and eat them with some great fried rice from Food Works restaurant in North Uxbridge, along with your favorite beverage. Great.

This week's picture shows a local angler with a large Northern Pike taken through the ice in Connecticut a few years back. If you want to catch a fish like this you need to go to a neighboring state, although a few fish still inhabit some local waters from stockings of pike a number of years ago. Local anglers are hoping that MFW will expand their pike program back to more

than a few northern bodies of water. Manchaug Reservoir had a huge success rate back in the '80s or '90s when the state was stocking local bodies of water in the state, as did Webster Lake.

The Uxbridge Rod & Gun club will hold their annual Red Eye Shoot at the trap range January 1, starting at 10:00 a.m. The event is open to the public.

Wishing everyone a very Merry Christmas and Happy, Safe Holiday Season

Take a Kid Fishing & Keep Them Rods Bending!!

## Quinsigamond Community College awarded \$84K state grant

WORCESTER — Quinsigamond Community College has received an \$84,100 Performance Incentive Fund grant from the state to provide accelerated English classes to students eligible for remediation in English. The college will use the grant to increase its Accelerated Learning Program, which focuses on improving the success of developmental education students by working to accelerate these students into college-level English courses.

QCC has already piloted this program with noteworthy results. Between 2014 and 2016, 75 percent of QCC students

who completed an accelerated English course by taking both remedial and college level English, received a "C" or higher, compared to 66 percent of QCC students who only completed the traditional college level English course.

"This innovative model is particularly beneficial to those from underserved populations such as low English language learners," said QCC President Dr. Luis G. Pedraja. "This PIF grant will help us to increase the number of high quality English reading, writing and critical thinking courses we offer to these students to help them succeed

in college."

The funding will be used to train additional QCC faculty in order to scale up its current ALP, in addition to creating a new, integrated reading/writing course; three accelerated writing English workshops, and developing a new bridge English as a second language course. The new bridge ESL English course will enable ELL students to more rapidly transition from ESL to developmental and college level English.

"This grant will enable us to expand access to educational opportunities for

residents of Central Massachusetts, which in turn will lead to increased job opportunities for QCC students," Dr. Pedraja said. "This is a win for the college and for the community."

The Performance Incentive Fund is a competitive grant program that supports public campuses in creating or strengthening programs that advance the goals of producing the best educated citizenry and workforce in the nation.

For more information, contact Josh Martin, director of institutional communications at (508) 854-7513 or jmartin@qcc.mass.edu

### SELECTMEN

continued from page 1

but 15 employees start at a different time frame?" said Sage.

Selectmen noted the longevity pay was a benefit put in place to reward employees for their dedication to Charlton. Sage argued that not valuing each employee the same way defeats this purpose. Board of Selectmen Chair Joe Szafarowicz said he understood Sage's concerns but made it clear the 15-year wait for longevity pay came from extensive negotiations with those same employees and their representatives.

"In this case it's dealing with different unions and what has been bargained for in the past and what has been important to both sides," Szafarowicz

said. "To my knowledge it hasn't been a major priority from that union."

Szafarowicz wasn't alone in pointing out that the longevity pay situation wasn't exactly the most pressing matter for the union. Selectman Debra Noble also said her experience with the union showed little concern over the 15 year starting point for longevity pay and that Sage was the first to bring the matter before selectmen as a concerned citizen.

"When the clerical unions were in the process of negotiating the contract that was recently completed I heard from several members about what they wanted, what they didn't want and what they were dissatisfied about. They came and spoke with me on a number of occasions and at no time did they bring up the longevity issue. I have an open door policy and at no time has anyone brought this up," Noble said. "However

if they do have concerns it's more than in the realm of possibility to have this revisited at the next contract negotiation which will be coming up sooner rather than later."

Selectman Rick Swenson, who participated in the recent contract talks, concurred with both Noble and Szafarowicz statements, saying that longevity pay was not a relevant issue during those talks and that more pressing matters were brought to the table to be ironed out instead.

"One of our responsibilities as a town when we go into any contract negotiation is the cost to the town. Everything that's entered into has a cost," Swenson said. "Our responsibility is to look at what those costs are. We tackled several issues in this last contract that had significant cost factors to them. I would say that the union itself put some of those

priorities above longevity. It's nothing on our part saying we don't think they deserve it. It was more a matter of when it came to what this contract is going to cost the town over its life there were priorities on both sides that came before changing the longevity."

Still Sage didn't seem to be satisfied and spoke mostly on the principal of the disparity in longevity pay as he allowed the conversation to rest, for now.

"It seems if you're going to be consistent with employees in this town and encourage them to stay on the job and appreciate that they are staying longer and providing the service to this community you'd want to say they are a value the same as all the other people," Sage said. "It just appears unfair and unjust in my opinion."

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EDITOR

EDITORIAL

# Everything old is new again...

As in, new year of course. Why the Gregorian calendar chose to turn the year in the dead of winter is mysterious; perhaps to give people a reason to celebrate a mite. Most likely to adapt to the solstice holidays and continue that vein of thinking.

Janus, the god for whom January is named, is the one looking both backward and forward; two faces and neither of them looking terribly happy. So that too plays into the mythology. Let's put the year change right...here... where we can say Janus is watching over the change and decrying what happened the last few months and is upset about what might happen coming up.

Yeah, that makes sense. January isn't much fun. It's usually dark, and dreary and cold and snowy. There are no holidays in January. It's a full 31 days long, no slack there.

Bears and several other smaller mammals hunker down and just sleep through it. Smart.

We don't have any comedy relief this year with politics either.

It's the same old, same old there too. We do have government still paying its bills for a few more weeks at least, the highly lauded tax cuts included all kinds of hidden agendas that got approved as well with no debate and no one the wiser.

Those who approve and think the government is going great are happy.

Those who don't are grumbling and trying to figure out how to change it.

This was part of why 200+ years ago the debating founders attempted to put safeguards in place for the republic. Making certain there would always be debate, no one would ever have complete control, and despite the present climate of big money controlling the vote, no, ultimately the people will still eventually take it all back because they will realize their VOTES are what have the power. The candidates put up by the machines and the money get the publicity of course, but if the people truly wanted to vote their minds, they could easily defeat any of them; starting locally and working their way through the milieu.

They just haven't figured out that power yet.

They did in Alabama earlier. It worked right there. The people voted. And their choice is now in the Senate.

See, we have all been fed the pabulum a long, long time. We don't realize what we are capable of at all. There are ways to get what we want, locally, state and federal levels. But it takes attention and work.

And we can't wait for someone else to take the lead on it. We have to do it ourselves. In small groups, in local Democratic or Republican town committees; local grassroots organizations for local causes, independent ventures. Don't wait for someone else, and don't decry what happened already; don't be Janus. He is only a talking head, talking out of both sides of his double mouths and never accomplishing a thing.



# OPINION

IEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

## Candle Tips

Even with the popularity of flameless candles, nothing sets the holiday mood like the real deal. Conventional candles are a valuable decorating tool, and the fragrant luminaries are never more popular than during this time of year. Whether you use candles to create ambiance or to simply fill the air with a pleasant scent, the following tips will help you enjoy the magic of candles during the yuletide season and throughout the year.



TAKE THE HINT  
KAREN TRAINOR

Happy Holidays!  
\*\*\*

Did you know candles don't just cover up odors? They actually eliminate them by burning off the tiny odor particles that permeate the air!  
\*\*\*

Here's a trick from the swinging sixties: Before a dinner or party, light and then extinguish new candles as they will light more quickly and easily when you are ready to use them.  
\*\*\*

If you are grouping two or more candles together, be sure they are a few inches apart when burning. If candles are placed too close to one another, they can each create their own draft, causing the flames to flare.  
\*\*\*

Here's another excuse for burning candles: studies show candlelight induces quiet! Light a few after dinner to help the kids settle down.  
Believe it or not, lighting a votive candle on the bathroom vanity prevents steam from fogging up your mirror when you get out of the shower. Try it, it works!  
\*\*\*

Here's another vintage tip from the cocktail party generation: Extend the life of wax candles by refrigerating them first. Chill candles in airtight plastic bags to prevent wicks from absorbing moisture.  
\*\*\*

Don't have a long match and need to light several candles? A piece of uncooked spaghetti will do the job!  
\*\*\*

The next time you light floating candles, place them in warm water instead of cold. This method extends the burn time of floaters.  
\*\*\*

It's important to trim candle wick to ¼" before burning wax candles. Doing so not only limits soot, but the short wick allows for proper heat of the wax for efficient burning.  
\*\*\*

Burning candles properly is essential for getting the most burn time and to provide even burning throughout the lifetime of the candle. For example, jar candles should be allowed to burn until the liquefied wax reaches the full diameter of the candle surface. When you blow out the candle too soon, you limit the wax pool to that diameter and shorten the life of the candle. This is important to prevent tunneling down the center of the candle. (As always, burn candles in appropriate vessel and on a safe surface).  
\*\*\*

If you are burning cone or bell topped

candles, burn for about five to ten minutes the first time. Gradually increase the time with each subsequent burning until the candle is level, then burn as for pillars.  
\*\*\*

Votive candles should always be burned in a snug fitting, safe holder. Because the candles melt as they burn, the tighter the fit the longer the life of the candle.  
\*\*\*

Black soot on the glass of a burning votive means the wick is too long. Extinguish the candle, trim the wick and relight.  
\*\*\*

Always put out a flame when it burns to ½" of the bottom of the candle. I found out the hard way that even tempered glass can shatter and spill hot wax onto a surface if allowed to burn too low to the bottom!  
\*\*\*

Did you know many candles (even top shelf brands) can fade in color if displayed in windows or exposed to bright lights for an extended period of time?  
\*\*\*

Burning the candle at both ends  
Burning lots of candles means plenty of leftover candle stubs. Before you toss the stubs out, check out these creative ideas to recycle and reuse them.

\* Simply place a disk of scented candle wax in a drawer, gym bag or under the seat of your car for an easy instant freshener.

\*Or use the leftover stubs as tart wax. Just pop the leftover wax out of the votive holder and place in a tart burner. Light a tea light candle underneath it and it releases a nice scent for many hours.

\*Toss a few stubs in a jar to use in the workshop. The wax can help a stubborn drawer slide smoothly, protect a saw blade from rusting, and lubricate a squeaky door hinge.

\*You can even make new candle medley by re-melting assorted stubs in a double boiler. Then pour into votive glass with a wick and cool. Freeze and tap out to use freestanding.  
\*\*\*

Win Dinner for Two  
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint! c/o Stonebridge Press, PO Box 90, Southbridge, MA 01550. Or e-mail kdr@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

## Valuable collectibles for 2018

As we start a new year, I thought it might be a good time to take another look at which collectibles have been selling well and may continue to sell well during the new year. Some of these items were in my top 10 antiques and collectibles list in 2015. There are additional items in this article though.



ANTIQUES, COLLECTIBLES & ESTATES  
WAYNE TUISKULA

Mid-century collectibles and furnishings continue to fetch strong prices at auction. Baby boomers who grew up in the 1940s through 1970s remember many of these collectibles from their youth. Younger collectors also appreciate the sleek lines and simplistic design of mid-century design.

There are many mid-century "baby boomer" collectibles that are selling well. We've auctioned comic books from the 1960s that have brought over \$100 an issue. Older ones can bring even higher prices. A baseball card collection from the 1950s and '60s brought five figures at a recent auction. Older sports memorabilia remains popular too. We sold a baseball with a drawing by George Sosa that brought \$3,500 at auction in 2017. One card of a star player in pristine condition can bring a figure in that range by itself. Toys remain popular. A toy robot from the 1960s brought a figure over \$500 at one of our auctions a few years ago.

Bicycles are also popular with collectors. Early high wheeled and turn of the century bicycles can bring five figure sums at auction. Many more modern bicycles also realize strong auction prices. Schwinn Sting-Ray "Krate" bikes from the late 1960s and 1970s featured high handle bars and banana seats. Some of these bicycles can bring figures in the thousands. Benjamin Bowden designed the Spacelander bicycle in 1946. The futuristic bicycles were then produced in 1960. There are believed to be only 522 that were produced. They typically sell for five figure sums at auction.

Military items remain popular with collectors. There has always been considerable interest in Civil War memorabilia. I've also seen increased interest in World War II artifacts in recent years. For example, we sold a diary of a captured American soldier in a German prison. The diary contained information on daily life in the camp and drawings. It brought several hundred dollars at auction.

Coins remain a very popular collectible. Dollar coins, half dollars, quarters

Turn To **ANTIQUES** page **A9**

## New Year's: time for New Year's financial resolutions



FINANCIAL FOCUS  
JEFF BURDICK

We've reached the end of another year - which means it's just about time for some New Year's resolutions.

Would you like to study a new language, take up a musical instrument or visit the gym more often? All these are worthy goals, of course, but why not also add some financial resolutions? Here are some ideas to think about:

Increase contributions to your employer-sponsored retirement plan. For 2018, you can contribute up to \$18,500 (or \$24,500 if you're 50 or older) to your 401(k) or similar plan, such as a 403(b), for employees of public schools and some nonprofit groups, or a 457(b) plan, for employees of local governments. It's usually a good idea to contribute as much as you can afford to your employer's plan, as your contributions may lower your taxable income, while your earnings can grow tax-deferred. At a minimum, put in enough to earn your employer's matching contribution, if one is offered.

Try to "max out" on your IRA. Even if you have a 401(k) or similar plan, you can probably still invest in an IRA. For 2018, you can contribute up to \$5,500 to a traditional or Roth IRA, or \$6,500 if you're 50 or older. (Income restrictions apply to Roth IRAs.) Contributions to a traditional IRA may be tax-deductible, depending on your income, and your earnings can grow tax-deferred. Roth IRA contributions are not deductible, but earnings can grow tax-free, provided you don't start taking withdrawals until you are 59-1/2 and you've have had your account at least five years. You can put virtually any investment in an IRA, so it can expand your options beyond those offered in your 401(k) or similar plan.

Build an emergency fund. Try to build an emergency fund containing three to six months' worth of living expenses, with the money held in a low-risk, liquid account. This fund can help you avoid dipping into your long-term investments to pay for unexpected costs, such as a new furnace or a major car repair.

Control your debts. It's never easy, but do what you can to keep your debts under control. The less you have to spend on debt payments, the more you can invest for your future.

Don't overreact to changes in the financial markets. We've had a long run of rising stock prices - but it won't last forever. If we experience a sharp market downturn in 2018, don't overreact by taking a "time out" from investing. Market drops are a normal feature of the investment landscape, and you may ultimately gain an advantage by buying new shares when their prices are down.

Review your goals and risk tolerance. At least once in 2018, take some time to review your short- and long-term financial goals and try to determine, possibly with the help of a financial professional, if your investment portfolio is still appropriate for these goals. At the same time, you'll want to re-evaluate your risk tolerance to ensure you're not taking too much risk - or possibly too little risk - with your investments.

Do your best to stick with these resolutions throughout the coming year. At a minimum, they can help you improve your investment habits - and they may improve your financial picture far beyond 2018.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at (508) 347-1420 or jeff.burdick@edwardjones.com*



# Animal Disaster Team helps hurricane relief effort in 2017



Courtesy photos

Rescued pets in a safe zone during the Houston hurricane.

The Central Massachusetts Disaster Animal Response Team, Inc. participated in the 2017 relief effort to aid animals, pet owners, and rescue organizations during a most unprecedented year of hurricanes and other animal-related incidents.

The 2017 hurricane season was powerful, destructive, unforgiving, and widely impactful. From strong winds to heavy rain, powerful storm surge, and tornadoes; hurricanes Harvey, Irma, and Maria totaled damage costs in the order of hundreds of billions of dollars and will leave scars in the places they impacted for decades. Many animals perished in the hurricanes. Some were wandering strays with no owners, some separated from their owners, and unfortunately some were for varied reasons left behind without proper safety or care.

Over a period from June through December, CMDART team members were aiding the response and recovery effort from New Hampshire to Florida, Texas and Puerto Rico. From June into the fall, several team members assisted the Humane Society of the United States with emergency animal sheltering in the care of several Great Danes in New Hampshire. In September, team members responded with various organizations, including the American Red Cross and others to aid human and animal hurricane relief efforts in Texas following Hurricane Harvey.

"While it was hard to find the beauty in such destruction,

there was a blessing that came from the response efforts," said JoAnn Griffin, president of the Central Mass Disaster Animal Response team. "While we have helped with emergency animal sheltering for hurricanes, tornadoes, and ice storms in Central Mass, the magnitude of the devastation was greatly multiplied in 2017. We were very proud of the training our team members received to make them ready to aid the needs of pet owners and animals in these very painful, large-scale events."

Starting in early September, CMDART partnered with the Pet Rock Festival Committee, Daisy's Animal Rescue League, All Phase Glass of Grafton, and Julia Cuoco with Masterpiece Dog Training of Franklin to send tractor trailer loads of pet goods to needy pet owners in the rural areas of Houston and elsewhere. Many of the animal organizations present at Pet Rock contributed to the collection of goods.

"This year, animal advocates everywhere were largely concerned and focused on the series of natural disasters that were occurring, and putting our animals in harm's way," said Charlene Arsenault and Jeannie Hebert, co-founders of Pet Rock Fest, Inc. "The timing of the annual festival was opportune to provide a platform to gather donations to be sent to Puerto Rico, Texas and others affected by disaster. With CMDART, the area's leaders in animal emergency response, pushing for help, we were more than happy to pro-



This too shall pass

vide an assist, with donations exceeding expectations."

Pet Rock Fest is held each year in early September, now at their new location, the Wyman Gordon Field in Grafton. CMDART is grateful to have received an annual donation from Pet Rock Fest for team efforts this year and in the past.

Daisy's Animal Rescue League Director and founder, Melissa Prescott and their team, provided needed manpower for the effort.

"It was DARL's pleasure to collaborate with such an organized and experienced group of people. We all worked very hard to get donations to help the people and pets in need during such a tragic time."

Locally, CMDART team members also helped at local Central Mass shelters like Second Chance of Brookfield, when dogs and cats were shipped out from hurricane-ravaged states.

"This is one of the blessings that came from the hurricanes. Thousands of sheltered animals got rescued from a long-term sheltering including some scheduled for euthanasia. They were given an option for

new life as a result of the hurricanes," Griffin said.

She said animal shelters located in the devastated areas found resources to ship animals out of their local shelters to make room for owned animals that have to be temporarily sheltered or missing animals that will hopefully be reunited with owners.

"At Second Chance, we took in an overwhelming 99 pets from Hurricane Irma in just 48 hours. This meant that our need for care of these pets increased dramatically. We reached out to CMDART and they sent several amazing volunteers to help with all the tasks of caring for these pets", said Sheryl Blancato, executive director of Second Chance Animal Services with headquarters in Brookfield. "It helped to get these pets the care they needed during this emergency. We sincerely appreciated the volunteer help of CMDART to with these pets. These were pets that were already in shelters in Florida that had to be evacuated to make room for pets coming in from the community. Therefore, it was urgent to move as many of these pets as possible during this criti-

cal time. The help of CMDART was extremely important in the accomplishment of this mission."

While the team heeded the call to help out of state, duties and training needed to continue here at home in Central Mass. Fifty-three new volunteers were trained and added to the team in 2016 and 2017. Together with local emergency management and animal control, volunteers participated in local trainings, practice exercises, and continued their mission to educate the public on their personal responsibility for preparedness.

January 3 will start the 15th year of service for CMDART. The Board of Directors is currently seeking additional board members to aid the administration of our non-profit. These directors will help to support our forward progress, assist a manageable distribution of tasks, and assist the establishment of strategic short and long-range goals. Central Mass residency preferred. For more information, contact president@cmdart.org, go to our website www.cmdart.org or call 508-476-2873.

## Volunteer training in the new year

CMDART is holding several trainings in January and February. If you are interested in volunteering go to [www.cmdart.org](http://www.cmdart.org), complete paperwork and then contact [membership@cmdart.org](mailto:membership@cmdart.org) to get sign up to take our one-night Introduction to Animal Disaster Services training.

Courses are being scheduled now. This course offers the basics of animal disaster response including local, regional, and national response systems, what psychological characteristics a team member needs to work in disasters, how to organize a personal, family and/or community emergency response plan, requirements for team membership and more. The cost of the course is \$35 to cover the training, materials, tee shirt and member ID.

In January and February, the team is offering Pet First Aid/CPR and Psychological First Aid courses. Go to our Facebook page for more information or contact [training@cmdart.org](mailto:training@cmdart.org).

Central Mass Disaster Animal

Response Team asks you to think of them in your year-end giving and shopping. Amazon will donate 5% of the price of your eligible AmazonSmile purchases to CMDART when you log in to [smile.amazon.com](http://smile.amazon.com) at the CMDART link.

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CMDART is actively seeking Board members to expand our current core group of Directors. January 3 will start the 15th year of service for CMDART. The Board of Directors is currently seeking additional Board members to aid the administration of our non-profit. These directors will help to support our forward progress, assist a manageable distribution of tasks, and assist the establishment of strategic short and long-range goals. Central Mass residency preferred. For more information, contact [president@cmdart.org](mailto:president@cmdart.org), go to our website [www.cmdart.org](http://www.cmdart.org) or call 508-476-2873.



JKyrie Irving and Kyle Brodeur share a moment at the sidelines.

### HONORED

continued from page 1

On Dec. 15, Lisa and Kyle Brodeur were honored as Heroes Among Us when the Celtics faced off against the Utah Jazz.

Since its establishment in 1997 by the

Boston Celtics, the Heroes Among Us program has recognized outstanding individuals who have made exceptional and lasting contributions to their communities. The award is presented at every Celtics home game and pays tribute to the heroic achievements of these outstanding citizens.



### ANTIQUES

continued from page A8

and dimes from 1964 and earlier are made with 90% silver. They are worth at least their weight in silver. Coins with rare dates can be worth much more than the silver value though. For example, we sold a silver dollar with a CC (Carson City, Nevada) mint mark that brought around \$500 at auction in 2017. Many old gold coins are worth well over their scrap value as well.

Other collectibles continue to bring strong prices at auction. Old movie, travel, advertising, Rock and Roll, circus, sports and other posters are very desirable. The market is still great for old advertising signs and displays.

Historical memorabilia still commands strong prices at auction. In 2017, we auctioned some postcards written by Alexander Graham Bell to his attorney. They rang up \$1,000.

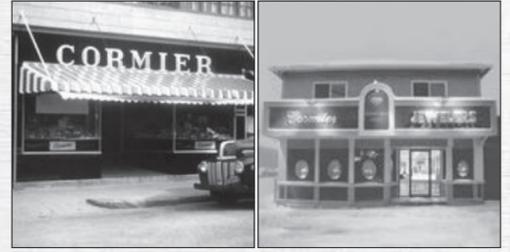
We continue to pick up some great items for our January 25th live auction. My Evaluating your Antiques class at Bay Path Evening School is scheduled for March 5. We are scheduling some estate sales for after the holidays. Keep checking [www.centralmassauctions.com](http://www.centralmassauctions.com) for details.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612- 6111), [info@centralmassauctions.com](mailto:info@centralmassauctions.com)

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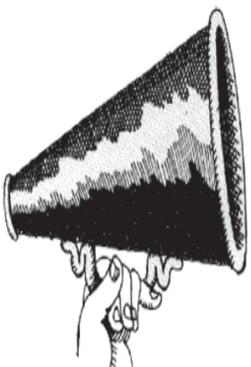
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## SPORTS

## Shooters' hot start, Doherty's late presence enough for Marlborough to get past Rams



Nick Ethier photos

Shepherd Hill's Danny Cavic holds the ball high and away from Marlborough defender Stephen DiGregorio.



Shepherd Hill's Kenny Flynn elevates toward the basket for an inside shot.

BY NICK ETHIER  
SPORTS STAFF WRITER

MARLBOROUGH — Coming into their game with Marlborough High on Tuesday, Dec. 19, the Shepherd Hill Regional boys' varsity basketball team's plan was to limit the production of Panthers' senior Chris Doherty, a 6-foot-7 forward set to play his college ball at the University of Notre Dame.

And the Rams did just that in the first half of play, as Doherty scored just 7 points and came down with only 6

rebounds through the first 16 minutes.

But Marlborough still led at the half, 36-22, because their other contributors shot well from the outside. The Panthers collectively drained nine 3-pointers, five in the first half.

Doherty then came alive in the second half and finished with game-high totals of 20 points and 13 rebounds for a double-double performance. And the Panthers won the game, 78-52.

"The energy definitely wasn't where we wanted

it to be tonight, and that's our thing," explained first-year Shepherd Hill head coach Mike Byrnes. "We live and die off our energy."

When asked why the Rams may have lacked the energy that they desire, Byrnes said, "we didn't shoot the ball well tonight and we didn't execute well in the half-court."

Marlborough opened the game with a 5-0 lead and, with 6:45 to go in the opening quarter, Byrnes called a time out. Shepherd Hill then exhib-

ited its best performance of the game during the coinciding stretch, going on a 14-9 run as the score was all tied up at 14-14 after the first quarter.

The Panthers won second quarter scoring, 22-8, with Stephen DiGregorio, Kevin Short (11 points) and Michael Villodas all hitting 3's, and Doherty showed what was in store in the second half with five seconds to go until halftime when he had a traditional three-point play off an inbounds pass.

"The game plan was to shut him down," Byrnes

explained of Doherty. "We were playing a 2-1-2 zone trying to slow him down and it worked early on, but other guys from their team stepped up."

Byrnes credited the defense of David Bilis for slowing Doherty down in the first half.

Shepherd Hill's Cody Adams attempted to keep his team in the game in the third quarter when he drained a pair of 3-pointers to trim his team's deficit down to 40-28, but the Panthers embarked on a 23-6 run to close the third quarter

with an insurmountable lead of 63-34.

The Rams then won fourth quarter scoring, 18-15, to account for the 78-52 final.

"We've got to get better, and it starts tomorrow," said Byrnes, as the Rams — now 2-2 — hope for a strong season in 2018.

Adams led Shepherd Hill with 17 points, while Kenny Flynn chipped in 16 points. Bilis (6 rebounds), Jason O'Regan (5) and Flynn (5) were the leaders on the boards for The Hill.



Defender Aiden Bishop of Shepherd Hill employs a full-court press on Marlborough's Michael Villodas.



Shepherd Hill's Jason O'Regan contemplates his choices with the ball from the 3-point arc.

## SPORTS BRIEFS

## Fall into fitness: Youth sports at the Y

SOUTHBRIDGE — The Tri-Community YMCA, a non-profit organization, is offering kids a great way to stay active and connected with others interested in healthy competition. Choose from a variety of youth sports for both boys and girls of all ages this Fall 2 Session.

Youth Basketball League: Runs 10 weeks through the end of February. Boys and Girls will learn the fundamentals of basketball, good sportsmanship, and most importantly, to have fun! Includes clinics, weekly team practices, games, team shirts and more!

Rock Climbing: Fridays from 6:30-8 p.m. Come try our 20-foot indoor rock wall with five different climbs from beginner to advance. The basics of climbing are reviewed. Come have fun and try out your skills. Free for Members and non-members included in a guest pass.

Cheer: Cheer is here! For Grades K-5. Practices will be once a week on Thursdays and game times announced by coaches. This session offers a sound

foundation for cheer, while learning about team building and the importance of good sportsmanship in a supportive and fun environment. No tryouts or experience required. All divisions are Co-Ed.

For more information on costs and to register, please call (508) 765-5466 or visit [tricomcommunityYMCA.org](http://tricomcommunityYMCA.org).

## Worcester State University to host catcher, youth baseball coaches clinics

On Martin Luther King, Jr. Day (Monday, Jan. 15), the Worcester State University baseball program will host two clinics at the new \$52 million wellness center.

The catcher's clinic is from 9 a.m. to noon and is for ages 8-18 with a cost of \$50. It is designed for both the serious catcher plus beginners new to the position.

A free youth baseball coaches clinic follows later that night from 6-8 p.m. This is a lecture-style clinic

for adults who coach ages 7-12. The focus is to talk baseball and present drills for coaches to use with their own teams along with how to run a successful practice inside or outdoors.

Please visit [wsulancers.com/camps-clinics](http://wsulancers.com/camps-clinics) and [facebook.com/WSUbaseballclinics](https://www.facebook.com/WSUbaseballclinics) for more information on these clinics and other happening throughout 2018. You can also call (508) 929-8852, (774) 230-3872 or email [dbaker1@worchester.edu](mailto:dbaker1@worchester.edu).

## Dudley/Charlton women's basketball looking for available players

There will be women's pick-up basketball happening at the Heritage School gym from 7-9 p.m. We play Monday evenings based on school schedule until June. There are no set teams and no fees, so no weekly commitment. Come when you can for some friendly competition and exercise. Must be 18 years of age or older. Please contact Deb at (508) 248-3600 or [mzd531@charter.net](mailto:mzd531@charter.net) for more information.

# SPORTS

## Rockets roll three effective lines through East Longmeadow, 8-3



Mathew S. Plamondon photos



Goalie Mike Sosik of Auburn makes a save versus East Longmeadow.

The Auburn High ice hockey team spent plenty of time in the offensive zone during the Rockets' 8-3 win versus East Longmeadow.

BY DEAN P. ST. LAURENT  
SPORTS CORRESPONDENT

AUBURN — A fast start, which included four first period goals, was more than enough for the Auburn High boys' varsity ice hockey team in their dominating 8-3 win versus East Longmeadow High on Wednesday, Dec. 20 at the Horgan Rink.

"We came out with fire and that was the difference," explained head coach Glen Bombard. "We have been coming out pretty fast and tonight we talked about coming out and getting a jump so we can put this thing away in the first period and we pretty much did what we wanted to do in the offensive zone; we shut them right down and from there we

put it out of reach early continuing our play in the second period."

The Rockets' co-op team — which also includes student-athletes from Shepherd Hill Regional, Tantasqua Regional and Millbury High — came out on fire and it didn't take long for their first goal to pierce the back of the net. Five minutes in, captain defenseman Cam Dungey ripped a shot from the blue line that was redirected by junior forward Drew Darger and into the back of the net for a quick 1-0 lead.

Out-hustling East Longmeadow and crashing the net was the story of success for Auburn and a point of emphasis coming into the contest.

"It is something we have

been practicing with these guys because the first couple of games we weren't going there hard enough and it showed," explained Bombard. "If we go to the net with our sticks down, we are going to slam them home and that is what we did, but it had been one of our major issues that we push."

The Rockets scored three more goals in the first period to give them a commanding lead going into the second period. Auburn was dominating, scoring another rebound goal by Kyle Spurr, a shorted-handed breakaway goal by junior forward Anthony List and with less than a minute left in the first period yet another rebound goal finished by Colin McKeon.

Continuing their dominance

in the second period to really put the game out of reach, the Rockets scored three more times off the sticks of three more players.

"The more kids that score the more you have to worry about," stated Bombard. "All three lines are putting the puck in the net."

Junior center Caleb Mackin started the scoring in the second when he put home a rebound goal within the first minute of the period. Halfway through the period scrappy junior center Ryan Slade scored the first of his two goals on the night. To conclude another dominate period, sophomore Colin Lutz scored his first varsity goal when he ripped a slap shot from the blue line that snuck by the East Longmeadow goal-

ie. Entering the third period with a commanding 7-0 lead, it was clear that the Rockets lost some of their urgency as they surrendered three East Longmeadow goals, but they did not do goalkeeper Mike Sosik any justice because he was nothing but amazing in net for Auburn in this contest, recording 29 saves.

"Mike, he works hard in practice," Bombard expressed. "It was his first game tonight and he did an excellent job. Unfortunately, we didn't play too much defense in that third period for him to help him out, but I thought he played phenomenal. We have a lot of trust in him when he is in net."



Collin Winkelmann of Auburn eyes the net before ripping a slap shot versus East Longmeadow.



Auburn's Anthony List works for possession of the puck against an East Longmeadow player along the boards.



Auburn's Caleb Mackin tries to maintain possession of the puck while being checked by an East Longmeadow player.



Auburn's Collin Winkelmann passes the puck along the blue line.

# OBITUARIES

## John "Jake" Beaugard, 51



CHARLTON – John "Jake" Beaugard, 51, passed away on Sunday December 17, 2017 at the Lahey Clinic in Burlington; He is survived by: his wife Kathy (Fisher) Beaugard of Charlton; two sons:

Steven Beaugard, and Ryan Fisher of Charlton; three daughters: Brittany Beaugard of Worcester, Lauren Beaugard of Worcester, and Victoria Fournier of Charlton; two brothers: George Beaugard and his wife Beth of Charlton and Robert Beaugard and his wife Mary of Spencer; his sister: Denise M. Gliniecki of Dudley; He also leaves many nieces, nephews, relatives, and friends; He also leaves Baby Boy, his beloved cat. Besides his parents, John was predeceased by his brother: Paul Beaugard, and his sister Ann Marie Cierpich.

John was born in Worcester, MA on July 8, 1966, son of the late George and Florence (Bison) Beaugard; He was raised in Charlton, and lived there for most of his life. John was a strong and handsome man with a great sense of humor; his strong hands and big heart were always open to everyone and anyone who needed help or support, especially his family which he cherished; He was an avid reader and enjoyed dancing, karaoke, and making people laugh. John will be deeply missed by all who were blessed to know him.

A celebration of John's Life was held on Thursday December 28, 2017 at 10:30 am at the Charlton Federated Church, 64 Main Street Charlton, MA.

Funeral arrangements have been entrusted to the care of the Graham, Putnam & Mahoney Funeral Parlors. To share a memory or offer condolences, a guestbook is available at [www.gpmfunerals.com](http://www.gpmfunerals.com)

## Mary P. (O'Neill) Arnold

CHARLTON- Mary P. (O'Neill) Arnold, passed away on Tuesday, December 19, 2017.

She was the daughter of the late Hugh and Evelyn (Metcalf) O'Neill, was born on December 8, 1951 in Astoria, New York. She grew up in Jamaica, Queens and later moved to Wallingford, Connecticut with husband Gary and daughter Mary Evelyn. She has lived in Charlton since 2004.

Mary graduated from St. John's University and worked for the Defense Contract Audit Agency, retiring in 2012. She received many awards for her work and developed many lasting friendships. Mary loved spending time with her family, especially her five grandchildren.

She is survived by her loving husband of 27 years, Gary R. Arnold; daughter Mary Evelyn and her husband Adam Wisnieski of Wethersfield, CT; step-son Jesse Arnold and his wife Jennifer of Portland, Ct; step-son Jeremy Arnold and his wife Laura of Scotch Plains,

NJ; grandchildren, Leah, Lily, Theo, Alex and Joey; brother Hugh O'Neill and his wife Kimberlee of Chapel Hill, NC; brother Matthew O'Neill of Stuart, FL; sister Margaret O'Neill of Charlotte, NC; brother James O'Neill of Sacramento, CA; and a host of devoted nieces, nephews, cousins and friends.

A Memorial Service and Celebration of Mary's life was held on Friday, December 22, 2017 from 10am to 12 noon at the ROBERT J. MILLER-CHARLTON FUNERAL HOME, 175 Old Worcester Rd, Charlton. The family celebrated Mary's loving life at the Publick House Restaurant in Sturbridge, MA. after the memorial service.

In lieu of flowers the family requests memorial contributions be made to the American Lung Association, 260 West Exchange St., Suite 102B, Providence, R.I. 02903-1000.

To send a condolence or share a memory of Mary, please visit: [rjmillerfunerals.net](http://rjmillerfunerals.net)

## Roger Vincent, 87



SOUTHBRIDGE- Roger Vincent, 87, of Southbridge, died on December 26, 2017 at Auburn Life Care Center, after a short illness. He was born in Southbridge and was the son of Albert and Valeda Vincent. He

joined the Air Force after high school and was stationed in Germany for two years, participating in the Berlin Airlift. Roger was a Master Plumber, and he owned Rovin Plumbing and Heating and Vincent Oil in Southbridge for 55 years, before retiring at age 85.

Roger is survived by his daughters Robyn Vincent of Charlton, and Karyn Vincent and her spouse Erin Olson of

Portland, Oregon; grandsons Paul Edwards of Charlton and PFC Benjamin Edwards, USMC, of Camp Lejeune, Jacksonville, North Carolina; and his partner Donna DeLisle of Southbridge.

Roger enjoyed reading, cooking, crossword puzzles, cheering on the Red Sox and the Patriots, and playing cribbage.

Burial services will be private. In lieu of flowers, please consider making a donation in Roger's memory to the animal sanctuary: Don't Forget Us Pet Us, PO Box 79124, North Dartmouth, MA 02747

## Philip J. Gabler Jr. 73

BRIMFIELD/ WEBSTER- Philip J. Gabler Jr. age 73 died Friday, December 22, 2017 at his home. He leaves his wife of 49 years, Linda L. (Ciabaszewski) Gabler of Brimfield, a son Philip J. Gabler and a daughter Melissa Harwood and her husband Scott of Webster, three grandchildren Summer, Bethaney and Corryn and one great grandson, Bennett. He also leaves a sister Beverly Bonneau of CT.

He was born in Medford, MA son of the late Philip J. Gabler Sr. and Olive (Mooney) Gabler living in Brimfield for the past 6 years, prior to that living in Webster. Philip served in the US Navy during Vietnam. He was a retired

maintenance working at the Bay Path Vocational School in Charlton. There are no calling hours, services are private. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with his arrangements. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle. Donations may be made in his memory to St. Jude's Children's Hospital.

## Phyllis Provencal, 85



CHARLTON / SUDBURY- Phyllis "Me-Me" (Rose) Provencal, 85, of Freeman Rd., formerly of Sudbury, passed away on Sunday, Dec. 24th, in her home after a long illness.

Her husband, Robert Provencal died in 2011. She leaves her three daughters, Virginia Boucher and her husband Paul of Fallston, MD, June Arsenault and her husband Paul of Suffolk, VA and Lynne Provencal of Framingham; her six grandchildren, June-Ellen Cloutier and her husband Jeffrey of Charlton, Evan Arsenault and his wife Heather of Webster, David Boucher of San Antonio, TX, Alicia Norton and her husband Kevin of Simpsonville, SC, Lisa Boucher of Fallston, MD and Laura Ross and her husband Robbie of Abingdon, MD; six great grandchildren, Alissa, Jillian, Zaydee, Anna, Jade and Elizabeth; and nieces and nephews. She was prede-

ceased by three brothers, Bruce, Donald and Arthur and two sisters, Elaine and Harriet. She was born in Cohasset the daughter of Lloyd and Hazel Mae (Studley) Rose. She lived many years in Sudbury before moving to Charlton in recent years.

Phyllis was a member of the Hope Christian Fellowship Church in Charlton. She loved Donald Duck, Dunkin' Donuts, going shopping and floral gardening. She especially enjoyed going on "mystery trips" with her granddaughter June-Ellen. Most of all Phyllis was a people person and enjoyed being around her friends and family.

Her funeral service will be held on Saturday, Jan. 6th, at 11:00am in the Hope Christian Fellowship Church, 6 Haggerty Rd., Charlton. Burial will be held at the convenience of the family. There are no calling hours.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements. [www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

*Send all obituary notices to  
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Southbridge, MA 01550, or by e-mail  
to [jean@stonebridgepress.news](mailto:jean@stonebridgepress.news)*

# CALENDAR

## Wednesday, January 10

**BLOOD DRIVE:** There will be a Red Cross blood drive held in the St. Joseph Church Hall, 10 H. Putnam Road Extension, Charlton on Jan. 10 from 1:00 until 6:00 p.m. The drive is sponsored by Council 11379 of the Knights of Columbus. Each pint of blood collected can help up to three hospital patients. Walk-ins are welcome, but appointments reduce the wait time. Contact the American Red Cross to schedule your appointment at [www.RedCrossBlood.org](http://www.RedCrossBlood.org); or, 1-800-RED CROSS. A \$5 Dunkin' Donuts gift card will be presented to each donor.

## Tuesday, January 16

**FRIENDS OF STURBRIDGE TRAILS:** The fifth annual meeting of FrOST will be held on Tuesday, Jan. 16 at 7 p.m. graciously hosted by the Publick House. On the agenda, will be a short presentation on where the trail building progress of 2017 and plans for 2018, the status of Friends of Sturbridge Trails, 2018 activities and a review of our first five years. The Friends group is open to anyone who would like to support trails in Sturbridge. If you cannot make the Jan. 16 meeting, have more questions or want to help in the organizational effort, email David Barnicle at:

[dmbarnicle8141@gmail.com](mailto:dmbarnicle8141@gmail.com) or email [Sturbridgetrails@gmail.com](mailto:Sturbridgetrails@gmail.com). More information on FrOST can be found on our Facebook Page: <https://www.facebook.com/Friends-of-Sturbridge-Trails-476149822433894/> and the Sturbridge Trails website: <http://www.sturbridgetrails.org/>

Membership forms to sign up and join FrOST will be available that night.

## Monday, January 22

**BUST THE BLUES!** Let's Bust the Winter Blues! Italian Fest Party at the Brimfield Senior Center, Jan. 22, 11 a.m. to 1 p.m. It's cold outside so come on down for some of Eva's fantastic homemade lasagna layered with seasoned ground beef, homemade sauce, creamy ricotta cheese and gooey mozzarella. On the side enjoy warm garlic bread and garden salad tossed with Italian dressing. Local entertainer Dwayne Carlson will be here to perform a variety of popular songs. Feel free to sing along, tap your feet or get up and dance! January birthdays will be celebrated with cake and song. There is a \$5 suggested donation for this event. Please reserve prior to January 19. The Senior Center is located in the 1st Congregational Church, 20 Main St., Brimfield 413-245-7253

## ONGOING

**ALZHEIMER'S SUPPORT GROUP:** On the third Wednesday of each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or [kawalker@overlook-mass.org](mailto:kawalker@overlook-mass.org) for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or [alz.org](http://alz.org).

**NUMISMATICS:** Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or [lisirichard15@yahoo.com](mailto:lisirichard15@yahoo.com).

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family

Foundation Five Grant. It includes: Music & Movement on Wednesday 9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at [www.hitchcockacademy.org](http://www.hitchcockacademy.org) or call 413-245-9977

**Grief Support Group:** at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

**THRIFTY:** Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

**NUMISMATICS:** Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

# TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to *Trips Offered*, c/o Ruth DeAmicis, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to [ruth@stonebridgepress.news](mailto:ruth@stonebridgepress.news).

## CHARLTON SENIOR CENTER

Please call Elaine or Debra for more info at (508) 248-2231 ~ Sign up sheets & flyers available at the Senior Center. Flyers are also available on our webpage [www.townofcharlton.net](http://www.townofcharlton.net): click on Departments then click on Council on Aging/Senior Center. Pick up is generally from St. Joseph's Church, 10 H Putnam Road Extension, Charlton

## DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

## DUDLEY SENIORS

For information and reservations contact Evelyn Grovesteen at (508) 764-8254

May 19-24: 6 day/ 5 night bus trip to the Canadian Island of Coudres & Quebec City will be offered from May 19-24, 2018. It will include transportation on a top quality motorcoach which is restroom and video equipped, 5 nights lodging including 3 on the Island, 5 breakfasts, 1 lunch and 5 dinners, 2 guided tours (of the Island and City), whale watching on the calm waters of Bay St. Catherine and a visit to St. Anne De Beaupre Shrine. Also included are all tips for the bus driver and step on guides. Snacks and water will be provided on travel days, as well as games, movies, etc. Cost will be \$700/ person based on double occupancy. Passports will be required. For information call Evelyn Grovesteen at (508) 764-8254.

August 6-10: five days-four nights motorcoach transportation, leave Dudley town hall at 8 a.m. \$525 per person double occupancy. Includes admission to Jesus show at Millennium Theater, visit to Gettysburg National Park, guided tour of Philadelphia, visit to Kitchen Kettle Village, admission to Amish Experience and Jacob's Choice at F/X theater, guided tour of Lancaster. Some meals included. Added cost for single occupancy.

## EAST BROOKFIELD SENIOR CENTER

For information and reservations, please contact Judy Shute (508) 867-9224

## LEICESTER SENIOR CENTER

Contact the Leicester Senior Center,

Joan Wall, (508) 892-3967 for information and to make reservations.

- Jan. 19: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.
- Feb. 16: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.
- March 16: Foxwood Casino. Free buffet luncheon and \$10 casino slot play. Leave at 8 a.m. Cost: \$29.

## MARY QUEEN OF THE ROSARY PARISH

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Grand Tour of France: May 30 to June 15

England & Scotland: Sept. 5-18, 2018

Grand Tour of Ireland: Sept. 9-22, 2019

Northwest USA Parks: May 21-31, 2019

MILLBURY SENIOR CENTER

DAY TRIPS:

## SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail [jimtrips@yahoo.com](mailto:jimtrips@yahoo.com).

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2018 TRIP SCHEDULE OPEN TO PUBLIC

Thursday, March 8: Foxwoods \$25, 10 a.m. bus.

You will have 5 hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Sunday, April 29-Tuesday, May 1: Atlantic City

For \$249 per person double you will get two nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see a casino revue show. For details call Jan at (508) 887 2215.

Thursday, May 18: Foxwoods \$25

You will have 5 hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Tuesday, June 19: Dancing Dream ABBA Tribute. 10 a.m. bus. Show has been cancelled!

Sunday, July 22: Fosters Lobsterbake For \$87 you will get a deluxe motor coach tour of the Maine coast and a delicious lobsterbake. For details call Jan at (508) 887 2215.

Tuesday, August 14: Bobby Rydell in person.

For \$105 you will get a deluxe motor coach to Venus De Milo where you hear the music of Bobby Rydell with songs like Volare, Swinging School, Forget Him, Wild One and more. You have a choice of baked stuffed chicken or scrod.

Tuesday-Thursday, Sept. 11-13: Penn. Dutch Tour

For \$469 per person double you will take a deluxe motor coach tour of Lancaster and Philadelphia and see the show "JESUS". For details call Jan at (508) 887 2215.

Oct. 9-16: ALL INCLUSIVE ARUBA Happily Full. I am taking names for standby on this trip and for 2019 trip

Thursday, Nov. 15: Foxwoods \$25 - 10 a.m. bus.

You will have 5 hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

## UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2017. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2018

September 11-13: three day excursion for the performance of Jesus at the Sight & Sound Theatre, Lancaster PA, the Amish Country and Philadelphia. More details available soon. The production has taken three years in the making and involving about 650 individuals in all phases of its completion for the upcoming 2018 presentation. Cost: \$519 pp/dbl. Waiver insurance and a budget plan available. Early reservation recommended.

Additional plans pending include: April 14 NYC; May or June Boston Pops; July or August Tanglewood.

## UXBRIDGE SENIOR CENTER

All trips depart from the Whitinsville WalMart. Call Sue at 508-476-5820 for more information.

The Silver Club BUS TRIPS for 2018 March 17: new trip added! The Reagle Players Irish Show "A Little Bit of Ireland" \$84 with lunch at the 99 Restaurant. We've been to the Reagle Players wonderful Christmas shows;

now it's time for everyone to be a little bit Irish and enjoy their St. Patrick's Day show! Music, Irish step-dancing and fun! \$84 with lunch at the 99 Restaurant. Choice of baked scrod or broiled sirloin.

April 28: MAMA MIA (Manchester, NH) show and lunch, \$87 The music is catchy, the show is great! There is a wonderful lunch included at Fratello's Italian Grille in one of Manchester's old mill buildings. Choice of broiled had-dock or chicken Fratello.

May 8: MYSTERY TRIP first ever!! Where will we go?? \$69. Everyone loves surprises! Join us on a trip to "somewhere" (Or maybe nowhere!!!) The one thing you will know is what you're going to eat for lunch. Choice of grilled chicken, grilled rib eye steak, filet of sole, or a vegetarian lunch plate.

May 29: Lobster Bake Cruise, Gloucester, \$78. Have a relaxing cruise along Gloucester Harbor while you dine on a lobster and grilled chicken dinner, complete with white tablecloths and napkins, and music as you cruise.

June 8-10: Bar Harbor (Blue Nose Inn), \$469. This is a weekend trip so those of you who work don't have to take time off! Bar Harbor is beautiful in June before the crowds come! Includes a tour of Acadia National Park, a cruise of Frenchman Bay, and a lobster bake.

June 26-29: St. Andrews By the Sea & Campobello Island, \$839. Stay at the famous Algonquin Resort, a beautifully redone historic hotel built in 1889. Enjoy a lobster bake in Bangor. Arrive at Saint Andrews by the Sea the second day after a tour of Campobello Island, Roosevelt's summer home. A nice treat for yourself!

July 22-27: Canadian Cities (Quebec, Montreal, Ottawa), \$699. FULL, waiting list available

Sept. 7-9: Boothbay Harbor (Boothbay Harbor Inn), \$449. Stay across the footbridge from the town of Boothbay Harbor at the Boothbay Harbor Inn right on the water! September is a beautiful time to be on the coast of Maine. The crowds are gone and you can enjoy the serenity

Oct. 5-8: Washington, DC, \$699. What better time to see the Washington Monuments than Columbus Day weekend? An illuminated night tour, time to go to the Smithsonian Buildings, plus a tram tour of Arlington National Cemetery are some of the highlights.

Oct. 17-19: Penn Dutch w/"Jesus" -- great in the fall! \$479. The Sight and Sound Theater is presenting their newest show "Jesus" this year. That is the biggest reason for some people to go to Amish country. The beautiful fertile farmland and simple way of life of the Amish draw people back year after year.

Nov. 28: Newport Mansions - More info TBA

Dec. 7 & 8, 2018: Portland, ME "Christmas by the Sea" \$319. Enjoy the Portland Symphony Orchestra, a great way to get into the Christmas mood! On the way home, we will make a stop at Ogunquit's "Christmas by the Sea" celebration

More day trips to follow. Also, White Mt. Hotel & Resort, North Conway...

Call Sue at (508) 476-5820 if you have any questions. 144 SE Main St., Douglas, MA 01516 [suelheureux25@gmail.com](mailto:suelheureux25@gmail.com)

# How to find the right fitness facility



Joining a gym can be a great way to get healthy. Monthly gym membership fees may provide the motivation sedentary men and women need to get off the couch and pursue their fitness goals, and the right gym can foster a love of exercise that lasts a lifetime.

Finding the right fitness facility is not necessarily as simple as signing up at the one nearest your home or office. Finding a facility that best suits you and your goals may require consideration of a host of factors.

## PERSONAL GOALS

Fitness facilities are not all one and the same.

Before shopping around for a facility, men and women should make a list of their fitness goals and what they're looking for in a gym. Aspiring bodybuilders may want a facility with an array of free weights and strength training machines, while men and women whose ultimate goal is to lose weight may prefer facilities geared more toward cardiovascular training. The U.S. Department of Health and Human Services recommends adults participate in both strength and cardiovascular training, so facilities should provide both options. But some gyms may focus more heavily on strength training, while others may offer an extensive selection of cardiovascular equipment. Choose the facility that best aligns with your workout.

## AMENITIES

Amenities are another important factor to consider when choosing a fitness facility. Facilities that offer a host of amenities like steam rooms, hot tubs and saunas might provide more motivation to visit the gym for adults accustomed to inactive lifestyles. In addition, such amenities might aid in adults' recoveries.

## WORKOUT ALTERNATIVES

Men and women who have never been very enthusiastic about traditional workouts may want to look for facilities that offer more options than weightlifting and cardiovascular training. Many gyms host classes like yoga, Zumba® and Pilates. Each of these are effective alternatives to more traditional workouts. When shopping around, look for facilities that offer classes for people of various skill levels, as exercises such as yoga can be very difficult for novices.

Swimming is another effective alternative to traditional workouts, and many facilities have their own pools. Adults are more likely to exercise if they enjoy their workouts, so people who love to swim may want to limit their searches to facilities with swimming pools.

## HOURS OF OPERATION

Hours of operation is another important factor that should not be overlooked. Working adults, especially those with families, may have very small windows of free time in which to exercise. Even if the most pristine and inviting facility won't do men and women much good if it's not open when they're available to workout. Before shopping for a facility, men and women should write out a weekly schedule, making note of when they'll be working out and making sure to find a facility that accommodates that schedule.

Adults looking for a new fitness facility should consider a host of factors to ensure they find one that best suits their needs.

# Combating The Opioid Epidemic In Appalachia

(NAPS)

According to the Centers for Disease Control and Prevention, the number of fatal opioid overdoses has quadrupled since 1999. A 2015 National Survey on Drug Use and Health found that every day, more than 1,600 young adults and about 3,100 adults aged 26 or older misuse a pain medication for the first time.

It is not too late, however, to change this trajectory. Individuals, government agencies, and businesses are taking steps to reduce the problem—and you can be part of the solution.

### What You Can Do

Nearly 54 percent of those who misused prescription painkillers obtained them from a friend or relative and only about 11 percent of unused medication is disposed of correctly. Public health experts say it's vital you manage all prescription medications appropriately by:

- Never using another person's prescription, and never giving your prescription medications to others.
- Storing prescription stimulants, sedatives and opioids safely.
- Properly discarding unused or expired medications according to FDA guidelines or at U.S. Drug Enforcement Administration collection sites.

### What Others Are Doing

A pharmaceutical wholesale distributor that safely and securely delivers medications and medical supplies of all kinds, from the hundreds of manufacturers who make them to the thousands of licensed pharmacies that give them to patients, Cardinal Health, launched its Opioid Action Program, a pilot initiative that will deliver much-needed frontline tools to help prevent opioid abuse and support first responders in Ohio, Kentucky, Tennessee and West Virginia.

As part of this effort, the company will:

1. Purchase approximately 80,000 doses of the life-saving, overdose-reversing drug Narcan (naloxone HCl) Nasal Spray 4mg, and distribute them, free, for first responders and law enforcement officials.
2. Significantly ramp up existing support for successful drug "takeback" and education programs. This initiative continues the work done, for several years, through the Cardinal Health Foundation's partnership with The Ohio State University College of Pharmacy.
3. Invest \$3 million to expand grants focused on youth prevention education, prescriber opioid awareness and reduction efforts, and community responses to the epidemic. The grants fund community collabo-



Community workers, individuals and businesses can all work together to address the opioid epidemic.

ration among health care, law enforcement, education, business, service providers, government, funding organizations and volunteer organizations.

4. Partner with the Warren Alpert Medical School at Brown University to share curricula that address opioid misuse and treatment with other medical schools. One goal is to expand the number of physicians who get Drug Addiction Treatment Act (DATA) waivers to prescribe treatments for opioid use disorder.

Explains Dr. Nick Hagemeyer, Associate Professor at the Gattton College of Pharmacy, East Tennessee State University, and Research Director of ETSU's Center for Prescription Drug Abuse Prevention and Treatment: "Combining multiple evidence-based approaches, and using them simultaneously, can help

turn the tide of the opioid epidemic."

This initiative is rooted in Cardinal Health's goal of preventing the diversion of controlled substances to illegitimate use and investing in programs that provide communities with necessary tools to fight this epidemic. The company operates a state-of-the-art system using advanced analytics, technology, and on-the-ground deployment of investigators to evaluate all pharmacies, scrutinize all pharmaceutical shipments, and identify, block and report suspicious orders of pain medications.

### Learn More

For further information about the Opioid Action Program, visit [www.CardinalHealth.com/OpioidActionProgram](http://www.CardinalHealth.com/OpioidActionProgram).



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# Home & Auto

# Avoid holiday-related weight gain

The holiday season is a busy time of year dominated by social engagements. Many people find the hectic pace of the holiday season makes it challenging to eat healthy, especially since so many holiday parties include desserts and high-calorie foods.

Various studies suggest holiday weight gain is common, though holiday revelers may not be gaining as much weight as they think they are. The New England Journal of Medicine found that while people's perceived holiday weight gain hovers between zero and 6.7 pounds, in reality most people gain just under 1 pound during the holiday season. Though that may not seem like a lot, according to researchers at the National Institutes of Health, many people never lose the weight they gain during the winter holidays. The pounds add up year after year, making holiday weight gain a significant contributor to adult obesity.

The holiday season does not need to derail a healthy lifestyle. Consider these tips to avoid extra pounds come the holiday season.

- Eat before you go shopping. Leaving the house hungry may tempt you to make impulse food purchases that can compromise healthy diets. It's easy to grab a quick convenience item at the food court or from a vending machine. However, eating a snack before you leave will alleviate hunger and you can control the foods that go into your body.

- Make smarter food choices. When visiting a holiday party buffet line or grabbing an on-the-go snack, think about the foods you choose. Look for low-calorie items that will still fill you up. Proteins, complex



CAPTION: Holiday buffets and eating out can contribute to unwanted weight gain during the holiday season.

carbohydrates and vegetables are good choices. Avoid creamy dips and dressings, and if you want to try something fried or cheese-laden, do so only sparingly.

- Be selective with sweets. Sweets are readily available during the holiday season. Rather than filling up your plate with a little "bite" of each dessert you want to try, select your favorite and then enjoy a reasonable portion.

- Limit sampling while cooking. If you are entertaining oth-

ers, cut down on tasting while you prepare the meal. Those calories can add up without you knowing it, and soon you've eaten an entire portion even before the festivities begin.

- Pack healthy snacks. It's always a good idea to have healthy snacks at the ready to tame random hunger pangs. Bring a favorite treat with you while shopping or if you will be visiting others. This helps you control your portion size and can keep you from overeating.

- Mind your drinks, too. Many

beverages, including alcoholic beverages and sweetened soft drinks, are high in calories. A single serving of wine can have anywhere from 100 to 300 calories. It's easy to lose count of caloric intake when indulging, but opt for low-calorie drinks or water whenever possible.

- Increase your level of physical activity. Find ways to remain physically active during the holiday season. Park further away from mall entrances so you can walk a greater distance and burn

more calories. Take a few extra laps around the mall. Opt for the stairs instead of the elevator or escalator. If you're at a party with upbeat music, get on the dance floor and work off some calories.

Holiday weight gain may seem like an inevitability. However, with some forward thinking and smart choices, holiday celebrants can prevent weight gain this holiday season.



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| <p><b>2007 HYUNDAI TUCSON</b><br/>#H0031A • 16" ALLOY WHEELS, ALL WHEEL DRIVE, AUTO</p> <p><b>\$8,988</b> AS LOW AS <b>\$98/MONTH</b></p> <p>PRICED \$1,000 UNDER KELLEY BLUE BOOK RETAIL!</p>        | <p><b>2014 RAM 1500 4X4</b><br/>#D8567 • HEATED SEATS, QUAD CAB, ALLOYS, BIG HORN TRIM</p> <p><b>\$23,877</b> AS LOW AS <b>\$261/MONTH</b></p> <p>PRICED \$1,000 UNDER KELLEY BLUE BOOK RETAIL!</p> |
| <p><b>2016 HYUNDAI ELANTRA</b><br/>#H0159R • SE TRIM, GREAT ON GAS, IPOD INPUT, PWR PKG</p> <p><b>\$11,499</b> AS LOW AS <b>\$126/MONTH</b></p> <p>PRICED \$1,000 UNDER KELLEY BLUE BOOK RETAIL!</p>  | <p><b>2014 FORD F-150 4X4</b><br/>#38257 • XLT TRIM, FLEX FUEL, BLUETOOTH, 5.0L V8</p> <p><b>\$24,844</b> AS LOW AS <b>\$271/MONTH</b></p> <p>PRICED \$2,100 UNDER KELLEY BLUE BOOK RETAIL!</p>     |
| <p><b>2015 CHRYSLER 200</b><br/>#17315A • LIMITED TRIM, ALLOY WHEELS, KEYLESS START</p> <p><b>\$13,344</b> AS LOW AS <b>\$146/MONTH</b></p> <p>PRICED \$1,500 UNDER KELLEY BLUE BOOK RETAIL!</p>      | <p><b>2014 FORD F-150 4X4</b><br/>#17346A • SUPERCREW CAB, ALLOYS, TOW HITCH, BEDLINER</p> <p><b>\$25,888</b> AS LOW AS <b>\$283/MONTH</b></p> <p>PRICED \$1,000 UNDER KELLEY BLUE BOOK RETAIL!</p> |
| <p><b>2015 CHEVY EQUINOX LS</b><br/>#38352L • ALL WHEEL DRIVE, ALLOY WHEELS, IPOD INPUT</p> <p><b>\$16,844</b> AS LOW AS <b>\$184/MONTH</b></p> <p>PRICED \$1,300 UNDER KELLEY BLUE BOOK RETAIL!</p>  | <p><b>2012 NISSAN TITAN V8</b><br/>#P11178 • 4X4, ALLOY WHEELS, CREW CAB, IPOD INPUT</p> <p><b>\$26,355</b> AS LOW AS <b>\$288/MONTH</b></p> <p>PRICED \$1,700 UNDER KELLEY BLUE BOOK RETAIL!</p>   |
| <p><b>2014 SANTA FE SPORT</b><br/>#H0071L • HEATED SEATS, NAV, LEATHER, 19" ALLOY WHEELS</p> <p><b>\$17,399</b> AS LOW AS <b>\$190/MONTH</b></p> <p>PRICED \$1,900 UNDER KELLEY BLUE BOOK RETAIL!</p> | <p><b>2015 RAM 1500 EXPRESS</b><br/>#17689A • QUAD CAB, 4X4, V8, 20" ALLOYS, BEDLINER</p> <p><b>\$26,377</b> AS LOW AS <b>\$288/MONTH</b></p> <p>PRICED \$2,000 UNDER KELLEY BLUE BOOK RETAIL!</p>  |
| <p><b>2016 DODGE CHARGER</b><br/>#D8612R • SXT TRIM, ALLOYS, MOONROOF, NAV SYSTEM</p> <p><b>\$19,877</b> AS LOW AS <b>\$217/MONTH</b></p> <p>PRICED \$1,300 UNDER KELLEY BLUE BOOK RETAIL!</p>        | <p><b>2013 FORD EXPLORER</b><br/>#P11186 • MOONROOF, 4X4, NAV SYSTEM, HEATED LEATHER</p> <p><b>\$26,255</b> AS LOW AS <b>\$287/MONTH</b></p> <p>PRICED \$2,000 UNDER KELLEY BLUE BOOK RETAIL!</p>   |
| <p><b>2011 NISSAN TITAN</b><br/>#18113A • PRO-4X, CREW CAB, 4X4, HEATED LEATHER SEATS</p> <p><b>\$20,888</b> AS LOW AS <b>\$228/MONTH</b></p> <p>PRICED \$2,000 UNDER KELLEY BLUE BOOK RETAIL!</p>    | <p><b>2013 FORD F-150 4X4</b><br/>#17689A • SUPERCREW CAB, V8, TOW HITCH, IPOD INPUT</p> <p><b>\$27,255</b> AS LOW AS <b>\$298/MONTH</b></p> <p>PRICED \$3,200 UNDER KELLEY BLUE BOOK RETAIL!</p>   |

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Section  
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January 5, 2018

## How Some Of The Toughest Guys On The Planet Can Get Help Caring For The Ones They Love



(NAPS)

Taking care of a family member who is aging or ill can be tough—but you don't have to do it alone. Just ask actor Danny Trejo, who stars in a new PSA (public service advertisements) campaign supporting male caregivers.

"I've helped care for a friend of mine who had cancer, so I know how hard it can be," explained Trejo.

**The Facts: Men Are Providing Care, Too**

Men represent 40 percent of the more than 40 million unpaid family caregivers in the U.S., representing 16 million sons, husbands and friends caring for an adult loved one in need.

Men are doing more than just managing finances or running errands. Sixty-three percent of male caregivers are the primary caregiver for their loved one, according to AARP, the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans age 50 and older. Many of these male caregivers help their loved ones with personal care such as eating, bathing and dressing, as well as medical and nursing tasks. More than half find it difficult to help loved ones with these intimate care needs and feel unprepared.

To help family caregivers, AARP and the Ad Council launched the Caregiver

Assistance Campaign, directing people to free caregiving resources at [aarp.org/caregiving](http://aarp.org/caregiving). The latest PSAs are specifically targeted to men, because they are less likely to see themselves as caregivers or to reach out for help.

Celebrating the inner strength of caregivers, the TV ads feature Danny Trejo, an actor known for his "tough guy" persona. While Trejo performs feats of strength and daring, a caregiver performs acts of care for his father, such as preparing dinner and helping him shave. In a twist, Trejo praises the caregiver as "the toughest guy on the planet." The PSAs feature the tagline "caregiving is tougher than tough" and remind caregivers that they can find help and support.

"Caring for someone else is one of the toughest jobs there is," said Danny Trejo. "There's no shame in getting some help if that's what you need to stay strong."

**Tips for Caregivers**

The majority of caregivers (60 percent) juggle their caregiving responsibilities with a full- or part-time job, and that percentage is even higher for men. Juggling work and caregiving responsibilities can be highly stressful, putting caregivers at risk for depression, anxiety, and heart disease. A few quick tips to help caregivers in this role include:

- Falling victim to a scam could be a sign that a loved one needs support. Help them sort mail and throw out obvious scam threats.

- Create a daily caregiving checklist and check off items daily. You'll stay on-task and communicate more easily with others involved in your loved one's care.

- To ease stress and save time, do caregiving prep like selecting clothes or preparing food and medicines the night before.

- Caregiving brings many challenges but also many joys. Take time to savor the joyful, rewarding moments.

**Learn More**

For free caregiving resources, including practical Care Guides tailored to specific topics and challenges, visit [www.aarp.org/caregiving](http://www.aarp.org/caregiving) or call (877) 333-5885.

As men continue to take on caregiving roles, they are looking for practical information and support tailored to their needs.

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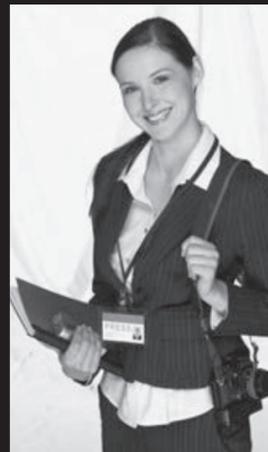
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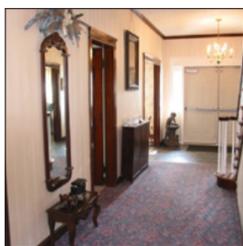


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## Weekly meal plans may save money

Meal plans provide a clever way to save money on food. Knowing the meals that will be made and which ingredients need to be purchased for these recipes eliminates floundering and impulse purchases at the supermarket.

Knowing exactly what to buy and when also can eliminate food waste and spoilage. According to research from the University of Pennsylvania, people who can avoid impulse spending can save up to 23 percent on their grocery bills.

Planning meals in advance can also provide a host of health benefits. When meals are planned in advance, shoppers have more control over the ingredients they choose and can tailor them to specific dietary needs or healthy eating plans.

Fortunately, time-pressed individuals have a number of resources at their disposal to help them plan and shop for meals. A quick online search for weekly meal plans will yield many results, including recipes and complementary shopping lists. People also can download apps that help with meal planning to their smartphones. Such apps include Yummly, Pepperplate and MealBoard, among others.

Another way for individuals to plan meals more effectively is to take a few moments on the weekend to think about which meals to make during the week ahead. Compare the necessary ingredients against those you may already have in your pantry. The rest can be purchased and saved for subsequent meals. Buying a week's worth of groceries in one shopping trip is more efficient and can help to conserve fuel.

When planning meals, try to use the most perishable items first. For example, prepare to use seafood, some dairy items and fresh vegetables early in the week, and more durable foods, such as



frozen, boxed or canned goods, later in the week.

When buying foods at the store, buy proteins in bulk and subdivide them into smaller packages to save money. Properly repackage foods so they will not spoil or become freezer burned, leading to waste. Other budget-conscious shopping tips include trying store brands, building meal plans around items that are on sale that week and making use of coupons or coupon apps.

Post a weekly meal plan on or near the refrigerator so items can be thawed and ingredients prepared as needed. Building meals around slow cooker recipes also can help those who like to prep foods in the morning and then come home to completely cooked meals. On busy nights, arrange for fast meals, such as sandwiches or one-pot creations.

By planning meals in advance, home cooks never have to stand in front of the pantry wondering what to make.



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on every patio door<sup>1</sup>

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- We handle the entire process; **we sell, install and warrant our windows and patio doors**, so if you ever have an issue, you're covered

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– Mark A., Renewal by Andersen customer, Attleboro, MA



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| <p><b>SOLD</b></p> <p><b>DUDLEY</b> - 36 Fish Rd! 7 Rm Raised Ranch w/Huge Split Level Cathedral Ceiling Family Rm w/Skylights! Open Cathedral Ceiling Kit/Din &amp; Living Rms w/Skylights! 3 Bdrms! Master Bath! 3 Full Baths! Huge Steel I Beam Clear Span 2 Car Garage! 1.1 Acres! Oil Heat! Shed! <b>\$299,900.00</b></p>                   | <p><b>SOLD</b></p> <p><b>DUDLEY</b> - 20 Williams St! Nice 7 Rm Cape w/Car Garage! SS Appliances! Kit w/Oak Cabinets &amp; Corian Counters! Frplcd Liv Rm &amp; Din Rm w/Hrdwds! Sunroom w/Hot Tub/Skylights! 3 Bdrms! Master Bath &amp; Walk-in Closet! 2 Tile Bathrooms! Buders Furnace! Town Services! Fenced Backyard! <b>\$244,900.00</b></p> | <p><b>ON DEPOSIT</b></p> <p><b>LEICESTER</b> - 36 Boyd St! Investments 3 Fam! 6/6 Rms! 3/3 Bdrms! Investment or Owner Occupied! Quiet Residential Neighborhood! Corner Lot! Open Din/Liv Rms, Eat-in Kits w/Pantries &amp; Laundry! Sep Utilities! Rooks, Gutters &amp; Downspouts! 2017 Garage &amp; Shed! Off St Parking! Well Maintained! <b>\$320,000.00</b></p> | <p><b>SOLD</b></p> <p><b>DOUGLAS</b> - 93 Monroe St! 10.97 ACRES! Updated 1867 8 Rm Farmhouse! Flexible Floor Plan! Loads of Charm! Frplc Liv Rm! Fam Rm w/Cathedrals! Slider to Deck! Din Rm! 4 Bdrms! 2 Baths! 2 Car Attached Garage! Additional 3 BAY, 50x85, GARAGE BUILDING! <b>\$594,500.00</b></p>                                     | <p><b>SOLD</b></p> <p><b>DUDLEY</b> - 7 Kayla Lane! 8 Rm Colonial Set On 1.84 Acres! Appliances! Granite Kit! Frplcd Dining Rm! Living Rm w/Hrdwds! Cathedral Ceiling Family Rm! 3 Bedrooms! Spacious Master, Master Bath! 2.5 Baths! 1st Floor Laundry! Farmers Porch! Deck! Attached 2 Car Garage! <b>\$359,900.00</b></p>                      | <p><b>SOLD</b></p> <p><b>WEBSTER</b> - 9-11 Lyndale Ave! 8 Rm Colonial w/Greenhouses! Eat-in Kitchen! Formal Dining Rm Open to Living Rm w/Wood Floors! Full Bath! Den w/Built-ins! 4 Large Bedrooms on 2nd Floor! Nice Level Lot! Walking Distance to Center of Webster! Town Services! Rte. 395 Near! Walk to Schools &amp; Churches! <b>\$114,900.00</b></p> | <p><b>SOLD</b></p> <p><b>CHARLTON</b> - 44 Oxford Rd! 8 Rm Colonial w/Farmers Porch! 1.38 Acres! New Quartz Kitchen! Formal Dining Rm w/Hrdwds! Frplcd Fam Rm w/Hrdwds! Spacious Liv Rm! 4 Bdrms! Master Bath! 2.5 Baths Total! 16x30 Deck! 2 Car Garage! Shed! 2016 Roof! Many Updates! <b>\$344,900.00</b></p>  | <p><b>NEW PRICE</b></p> <p><b>OXFORD</b> - 74 Walnut St! 5 Rm Ranch! Central Location w/Wood Side Level Yard! 2 Bdrms w/3rd Possible! Full Bath! Hrdwds Liv Rm &amp; Bdrms! Cedar Closet! Basement w/2 Finished Rms! Vinyl Siding! Older Replacement Windows! Deck! AG Pool! Shed! Cosmetics Needed! <b>\$179,900.00</b></p>               |

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| <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Appliances! Granite Kit! Din Rm w/Hrdwds &amp; Slider to Waterfront Deck w/Awning! Lake Facing Frplc Liv Rm w/Cathedral, Skylight &amp; Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage! <b>\$749,900.00</b></p>  | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 82 Lakeside Ave! South Pond! Prime 157' Waterfront w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 10+ Rm, 4 Bdrm, 4.5 Bath, A/C'd, 3,832' Custom Colonial! Lake Facing Quartz Kit w/Heated Flr! Din Area w/Custom Wall Unit &amp; Slider to Waterfront Deck w/Elect Awning! Frplc Liv Rm! Din Rm w/Tray Ceiling! Lake Facing Master w/Master Bath! Upstairs 3 Bdrms, 2 Lake Facing! Lower Level Fam Rm w/2nd Kit, Sauna &amp; Full Bath! 3 Car Attached, 1 Car Detached! Security! Generator! Boat House! <b>\$1,195,900.00</b></p>   | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - Reid Smith Cove WATERFRONT LOT! South Shore Rd! Build Your Dream Home or Summer Retreat! Set on Quiet Road, Surrounded by Woods! Sloping Lot Down to Level Waterfront! 7,200' Lot! 57' on the Water &amp; Road! Town Water &amp; Sewer Available! <b>\$229,900.00</b></p>  | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 30 S. Point Rd! 91' Waterfront! Yr Rd! 7 Rm Colonial! Ideal 2nd Home! Panoramic Views of South Pond! NEW KIT w/Din! Frplc Din &amp; Liv Rm w/Lake Facing Picture Window! 3 Bdrms! Walkout Lower Level w/Fam Rm w/Summer Kit! NEW Int. Paint! Recent Roof &amp; Siding! <b>\$349,900.00</b></p>                  | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 55 Colonial Rd! South Pond! 105' Level Waterfront! Western Expo! Awesome Sunsets! 10 Rm Contemp! Panoramic Views Most Rms! Open Flr Plan! Frplcd Liv Rm! 4 2nd Flr Bdrms, 3 Lake Facing! Master Bath! 2.5 Remodeled Bath! 2 Car Garage! Deck! Add Lot Access! Recent Roof! <b>\$599,900.00</b></p> | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 33 Beacon Rd! 6 Rms, 3 Bdrms, 3 Baths! 141' Waterfront! 12,458' Lot w/Plenty of Privacy! Kit, Master Bdrm, Master Bath, Roof &amp; Windows New in 2013! Enjoy Sunsets from Wrap-around Porch! Beautiful Lake Views! Frplc Liv Rm! SS Appliances! C/Air! 2 Car Garage! <b>\$519,900.00</b></p> |
| <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 48 Laurelwood Dr! Reid Smith Cove! One of the Lake's Best Lots! Beautiful 10 Rm, 3,686' Contemp! 104' Waterfront, 228' Rd Frontage, 33,628 Sq. Ft. or .77 Acres! The Best on Market! Gradual Sloped Land to Beach/Shore! Private Rd w/Woods Across Street! Location, Slope to Water, View &amp; Exposure, Things You Can't Change, After that it's One's Imagination! Front, Back, &amp; Side Yards, Space to Roam, Entertain, Park &amp; Expand! Main Level, White &amp; Black Granite Kit, Center Isl w/Gas Range &amp; Sink, Wall Ovens! Din Area! Lake Facing Din Rm! Frplcd Liv Rm w/Cathedral Open to Sun Rm w/Water View! Lake Facing Office/Possible 4th Bdrm! Half Bath! Upstairs, 3 Bdrms, 2 Bathrooms! Amazing Lake Facing Master, Bath w/Whirlpool, Steam Shower, Dble Vanity, Cathedral w/Skylight &amp; Laundry! Walk-out Lower Level w/Frplcd Fam Rm, Summer Kit &amp; 3rd Full Bath, 3.5 Total! C/Air! Gas Heat! 2 Car Garage &amp; More! <b>\$1,100,000.00</b></p> | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 18 Bates Crossing! South Pond! Beautiful Sunsets! Huge Eastern Exposure! 8 Rm 3,100' Custom Contemporary! 2.43 Acres! Substantial Privacy! Home Features Endless Possibilities! Open Flr Plan w/Magnificent Views from Every Rm! 3 Bdrms, 3 Baths, Cathedral Ceilings w/Skylights! European Kit w/Center Isl! Modern Frplc Liv Rm w/Glass Sliders Open to Waterfront Balcony! Master Bdrm w/en-suite Bath, Separate Shower, Jacuzzi Tub, Walk-in Closet &amp; Attached Laundry! Lower Level Bdrms Share Private Bath! C/Air! Attached Garage w/Work Space! Detached 2 Car Heated Garage w/Workshop! Greenhouse! Panoramic Lake &amp; Estuary Views! <b>\$950,000.00</b></p> | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 901 Treasure Isl! Prime Beachfront! Townhouse! 6 Rms! 1.574' Open Floor Plan! Appliances! Granite Kit w/Hrdwds! Din &amp; Liv Rms w/Lake Facing Picture Window! 3 Bdrms! Walkout Lower Level w/Fam Rm w/Summer Kit! Frplcd Fam Rm w/Tile Flr! Recent Clair, Gas Heat &amp; Windows! Trex Deck! Garage! BOAT SLIP! Heated Pool! <b>\$424,900.00</b></p> | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 334 Kildeer Island! Middle Pond! South Facing! Well Maintained! 7 Rm Colonial! Appliances! Oak Kit! Din Rm w/Hrdwds! Cathedral Ceiling Liv Rm w/Lake Views! Cathedral Ceiling 3 Season Sunroom! Overlooking Lake! Lake Facing Master Suite, Master Bath! 3 Bdrms! 2 Baths! Sandy Beach! <b>\$469,900.00</b></p> | <p><b>SOLD</b></p> <p><b>WEBSTER LAKE</b> - 60 Lakeside Ave! 100' Waterfront! Huge Views of South Pond! Western Exposure = Fantastic Sunsets! In Time for Summer! 5 Rooms of Rustic Charm! Real Log Summer Cottage! 10,924' Lot! Allows for Room to Expand! Remodel It! Tear it Down! Build New! <b>\$359,900.00</b></p>                       |   |

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**Featured New Listing!**

**WEBSTER- 6 BOYDEN ST EXT**  
 Buyers &/or investors take notice! A short sale offering with full lender cooperation. A fantastic opportunity to own an affordable, move in ready, single family, 3 br, 1.5 Bath, split level style home with potential for a 2 family conversion! This single family is located in a multi-family zoned location and appears to meet all criteria for conversion to a 2 family. Municipal Water & Sewer. **\$179,900.**

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| <p><b>WEBSTER- 13 MORRIS</b></p> <p><b>SORRY, SOLD!</b></p> <p>Beautiful home offers easy one level living. Many upgrades! Eat-in kitchen, granite counters, recent stainless appliances! Nice level 1/3 acre level yard. Skylight providing loads of natural light! Full bath with double vanity! Hardwood floors in main level. Garage! Generous in sized 3 season room w/ slider! <b>assisted sale \$249,900.</b></p>   | <p><b>WEBSTER- 12 ERNEST ST</b></p> <p>Welcome home to this Huge, Sprawling, Custom Built, Very Attractive, Ranch Style Home! No Kidding - there is 2,848 SF +/- of Living Area on One Level! Meander on up the curved brick walkway and open the door to a very unique and private property! Half acre +/- level lot! In-ground pool, built-in hot tub, a poolside cabana w/kitchen &amp; full bath, gated driveway! Huge carpet/patio for entertaining! The interior is incredible w/separate wings for private family living &amp; entertainment, separate BR suites, 10 rooms total! Currently has a longtime established, successful in-home hair-salon business! You Will Be Amazed! <b>\$349,900.</b></p> | <p><b>DUDLEY - 67 WEST MAIN ST</b></p> <p>Looking for a place for your BUSINESS? Looking for a good INVESTMENT? Check out this Dudley Business Zoned (BUS-15) property on the CORNER of West Main &amp; View Street! 197' road frontage (65' on W Main / 132' on View St.). Business Zoned! Holding Rear Lot on View St. is also available, asking \$54,900. Improvements include an Antique 2 story single family home w/3 BRs, 2 Baths. It may be possible to convert this home back to a 2 family with the addition of a 2nd master of egress. Home is Connected to Municipal Water &amp; Sewer, a recent Natural Gas Business FWH Boiler w/cast iron radiators, a 2 Car Detached Garage <b>\$199,900.</b></p> | <p><b>BROOKFIELD - 14 WELLS RD</b></p> <p>WELCOME TO COUNTRY LIVING! THIS COZY 3 BEDROOM 1 BATH RANCH IS NESTLED IN QUIET SURROUNDINGS ON A NICE WOODED YARD. HOME HAS A VERY OPEN LAYOUT! EAT IN, FULLY APPLIANCE KITCHEN! SPACIOUS LIVING ROOM. EXCELLENT FOR ENTERTAINING! RECENT ROOF AND EFFICIENT HEATING SYSTEM! WASHER/ DRYER! MUD ROOM ON FIRST FLOOR. GREAT HOME FOR STARTER OR EMPTY NESTERS! <b>\$149,900.</b></p>         | <p><b>POMFRET CT - 132 FOX HILL RD.</b></p> <p><b>SORRY, SOLD!</b></p> <p>live in privacy! Beautiful contemporary home! Many updates asphalt roof, boiler! Fresh refinished wood floors! Vaulted ceilings, field stone fireplace! Double ovens! 1st floor master suite! Second floor bedroom. W/ upgraded bath! 3 car garage! <b>assisted sale \$299,900.</b></p> |
| <p><b>7 CEDAR DR &amp; 0 BIRCH ISLAND RD</b></p> <p><b>ON DEPOSIT</b></p> <p>English Tudor Style Colonial! Cathedral ceiling Dining &amp; Fireplaced Living Room! 1600+ sq ft of living area! 3 Good size bedrooms. Master bedroom with Master Bath! 1 bedroom on the main living level. 2-1/2 Total Baths! 7 rooms total! Finished basement with Hearth! Forced hot air by Oil! Central Air Conditioning! 14' X 42' car port! 3 car garage! Comes with Non-Separable Waterfront Lot, on Middle Pond! Enjoy Webster Lake without the High Taxes! <b>\$367,000.</b></p> | <p><b>WEBSTER- 24 STEPHEN DR</b></p> <p>Marvelously maintained 3 bedroom raised ranch! In desirable neighborhood! Open flr invites you into the spacious kitchen and dining rooms all with cathedral ceilings! Sliders lead to a huge 4 season room! Large sunny living room with bow window. Master suite, two bedrooms and main bathroom complete the upper level. ***Bonus*** an in law apartment with full kitchen! dining area, bedroom, living room, full bath, and a private walkout on lower level. Two car garage. Backyard perfect for parties, gardening and family fun! <b>\$279,900.</b></p>  | <p><b>EAST LYME CT - 27 HOLMES RD.</b></p> <p><b>SORRY, SOLD!</b></p> <p>Just enjoy! Granite and stainless kitchen! 4 bedrooms upstairs! Master w/vaulted ceiling! Upgraded bath! Hardwoods! Porcelain tiled New baths upstairs. Large deck overlooking beautiful level yard and professional landscaping, blue stone patio W/ fire pit. Buders heating system and hot water heater! <b>assisted sale \$289,900.</b></p>  | <p><b>LAND!</b></p> <p><b>WEBSTER/DUDLEY BUILDABLE LOTS</b></p> <p><b>Webster Lake - 16 Black Point Rd.</b><br/>         Waterfront, Boat Access, Buildable w/Town Water &amp; Sewer. <b>\$59,900</b></p> <p><b>Webster Lake - 22 South Point Rd.</b><br/>         Waterfront, Southern exposure! Town Water &amp; Sewer <b>\$229,900</b></p> <p><b>Oxford - 4 Leicester St., 8.47 acres, mostly cleared</b><br/> <b>\$149,900</b></p> |   |

On The shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

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| <p><b>WEBSTER LAKE - 118 POINT BREEZE RD</b></p> <p>Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd &amp; Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs &amp; full bath. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Western views across Middle Pond! Additional land &amp; shore frontage available. <b>\$345,000</b></p> | <p><b>WEBSTER LAKE - 22 LAURELWOOD DR</b></p> <p>1st Time Offered in Reid Smith Cove, Spectacular 3700 +/- SF, 13 Rm/4.5 Bath Lake Home, Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location, .68 Acres, 92' of Natural Shoreline, Prof. Landscaping, Multiple Decks, Lakeside Cabana, 3 Mstr BR Suites w/Elegant 1st Flr Mstr - all w/Private Baths, Finished Walkout LL w/Living &amp; Billiard Rms &amp; Summer Kitchen! Call Sharon at 508-954-7222 for More Information <b>\$1,150,000.</b></p> | <p><b>WEBSTER LAKE • 2 SOUTH POINT RD</b></p> <p><b>SORRY, SOLD!</b></p> <p><b>WEBSTER LAKE: PANORAMIC VIEWS OF WEBSTER LAKE!</b> Great South Facing Location, 62' prime lakefront, large deep lot 10,489sf, flagstone &amp; concrete patios, full concrete walkway at water's edge, dock, retaining walls &amp; stonework, privacy fence, storage shed, recently paved drive, plenty offstreet parking in driveway &amp; area at roadside, spacious, year-round, 2 story Cape home, 4 BRs (1 on 1st flr), 2 full BRs, Harvey replacement windows, 6 year +/- young roof. <b>NEW PRICE \$419,900</b></p> |
|---|---|--|



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**Oxford:** 2900sq.ft. Building. Ideal for adult Day Care, Residential or business use. Near Mass Pike, 395, 20, 12 & 146  
 498 Main St ~ \$485,000

**Dudley:** Development Possibilities. Town water and sewer available. Build duplexes or single family houses. 2-3 lots plus 2 bedroom house (rent or flip)  
 71 Mason Rd ~ \$359,900

**HAPPY NEW YEAR!**  
 From  
**Jo-Ann, Maureen, Maria, and Diane**  
 Look forward to helping you  
 with your real estate needs in...  
**2018**

**Webster:** Two units, 6-3-1 each unit, Sided, Garage, Natural woodwork  
 50 Lake St ~ \$174,900

**Webster Lake:** MUST SEE MULTI-LEVEL LIVING. 2900 sq. ft. Sandy beach. 3.5 baths.  
 16 Pattison Rd.~ \$799,900

# HERE & THERE → Local Events, Arts, and Entertainment Listings

### ONGOING

**ROADHOUSE BLUES JAM**  
 Every Sunday, 3:00 - 7:00 p.m.  
**CADY'S TAVERN**  
 2168 Putnam Pike,  
 Chepachet, RI  
 401-568-4102

**LIVE ENTERTAINMENT  
 FRIDAY NIGHT  
 HEXMARK TAVERN  
 AT SALEM CROSS INN**  
 260 West Main St., West  
 Brookfield, MA  
 508-867-2345  
[www.salemcrossinn.com](http://www.salemcrossinn.com)

**HUGE MEAT RAFFLE**  
 First Friday of the month  
 Early Bird 6:30 p.m. - 7:00 p.m.  
 1st table: 7:00 p.m.  
**Auburn Sportsman Club**  
 50 Elm St.,  
 Auburn, MA  
 508-832-6496

**TRIVIAL THURSDAY**  
 No cost to play  
 Cash prizes  
 Every Thursday at 7:00 p.m.  
**CHESTER P. TUTTLE  
 POST  
 AMERICAN LEGION**  
 88 Bancroft St.  
 Auburn, MA  
 508-832-2701

**TRIVIA SATURDAY NIGHTS**  
 7:00 p.m. register  
 7:30 p.m. start up  
**HILLCREST COUNTRY CLUB**  
 325 Pleasant St., Leicester, MA  
 508-892-9822



**TRAP SHOOTING**  
 Every Sunday at 11:00 a.m.  
 Open to the public  
 \$12.00 per round includes  
 clays and ammo  
 NRA certified range officer  
 on site every shoot  
**AUBURN SPORTSMAN CLUB**  
 50 Elm St., Auburn, MA  
 508-832-6492

**TRIVIA TUESDAYS**  
 at 7:00 p.m.  
 Cash prizes  
**308 LAKESIDE**  
 308 East main St.  
 East Brookfield, MA  
 774-449-8333



**WISE GUYS TEAM TRIVIA**  
 Every Tuesday, 8:00 - 10:00 p.m.  
**CADY'S TAVERN**  
 2168 Putnam Pike (Rt. 44)  
 Chepachet, RI  
 401-568- 4102



**HAPPY NEW YEAR**



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outdoor reset control by Tekmar, save on your heating bill!  
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**DEWALT LASER & STAND**  
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Vintage Black American Sable Coat, sz. small \$100 OBO  
**508-864-4075**

**010 FOR SALE**

**FOR SALE 8' POOL TABLE**  
Red Felt/Slate Excellent Condition!  
**\$400 CALL (508) 988-0698**

**FOR SALE DR MOWER**  
Electric Start with Attachments- Snowblower with Cab, Chains, 500 Watt Generator, Woodchipper  
Like New Condition Original Cost \$5,000 Selling for \$3,500  
**(860) 774-6944**

**FOR SALE WOOD AND/OR COAL IRON STOVE**  
\$500 or best offer  
**WOOD PELLET STOVE**  
\$500 or best offer  
**Call 508-471-0959**

**For Sale: Rich Brown Leather Sectional with Chaise**  
Very Good Condition.  
Asking \$450  
**Call (508) 320-7230**

**\*\*\*\*\* FULL LENGTH MINK COAT**  
Size 12 New \$2,400 Asking \$300  
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**1 Bedroom Set-**  
Bed, Two Bureaus with Mirror Solid Cherry Wood

**1 Dining Room Set**  
from Ethan Allen- Solid Cherry Table with Two Extensions and Glass Hutch with Lights Protection Pad FREE with Purchase

**1 Entertainment Center**  
with Two Bookcases Each Side  
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Personal Navigator, powerful 12 channel receiver, moving map graphics, backlit display for night use. New!!  
Perfect for Hunters, Boaters, and Hikers  
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Silver base, 36"high, with attached 24" round top  
**\$120**

**GLASS TOP FOR A TABLE**  
1/2" Thick, 44" Square  
**\$100 (508) 347-8942**

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**GORGEOUS HAND-CARVED CHINA CABINET**  
from China  
**\$4,000 NEW \$1,500 OBO**

**CHERRY DR TABLE & SIX CHAIRS**  
**\$900 OBO**

**OAK TABLE & FOUR CHAIRS**  
**\$75 OBO**

**DOVE-TAILED DRESSER**  
**\$80 OBO (860) 630-4962**

**Landscape Equipment Trailer**  
\$995 OBO  
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**Must Sell for Health Reasons**  
**Call (508) 234-5766 Monday through Friday**

**MEC 650 PROGRESSIVE LOADER**  
w/ extras  
**\$250**

**400 ANDERSON WINDOW**  
51x32 RO  
**\$200**

**THERMATRU DOOR**  
36-80 Left Hand Inswing Full View with Grill  
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1/2HP 230/460V 1725RPM, 56 Frame \$30  
5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100  
5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100

**4 Motor Speed Controls**  
Hitachi J100, 400/460V Best Offer  
**Call 5pm-8:30pm 508-867-6546**

**Local Heroes**



**FOUND HERE!**

**010 FOR SALE**

**MOVING SALE Hillsboro Full-Size Iron Sleigh-Bed with Box Spring & Mattress**  
Excellent Condition  
**\$1,000**

**Walnut Dresser & Nightstand and Full/Queen Headboard**  
Excellent Condition  
**\$450**

**Beige Reclining Lift Chair**  
**\$350**

**White Couch and Blue Velvet Chair & Floral Chair**  
**\$450**

**48" Round Slate and Cherry Coffee Table with Matching End Table**  
**\$500**

**Antique Dining Room Set; Table w/ Six Chairs, Buffet Server, China Cabinet & Secretary**  
Excellent Condition  
**\$1,500**

**Queen Size Hillsboro Iron Bed w/ Beautyrest Black Box Spring and Mattress**  
Excellent Condition  
**\$2,000 (508) 987-2419**

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3 Pair Black Leather Walking Shoes Velcro Close, Never Worn! 9 1/2 Wide  
**\$60/each (508) 637-1304**

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78"x60" plus 18" Extension, 6 Side Chairs  
**\$800**

**Harden Gold Wedge Sofa**  
Excellent Condition  
**\$400 (774) 241-0141**

**NORDIC TRACK TRL625 recumbent cycle w/stabilizing floor bar for secure balance**  
**TREADMILL -** for therapeutic fitness (walking) (for up to 400 lbs.) \$400 each OBO both in excellent condition.  
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**LARGE PET CARRIER**

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**New Total Gym (774) 241-0027**

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**\$75.00**

**PRINTER'S ANTIQUE DRAWERS**  
**\$20.00 PER**

**2002 COMPUTER ACCUSYNC 50 NEC**  
**\$100.00**

**KITCHEN CHAIRS SPARE TIRE P225/60R16 EAGLE GA WITH RIM**  
**\$45.00**

**ELECTRIC CHORD ORGAN**  
**\$60.00**

**CAR SUNROOF**  
**\$100.00**

**HOMEMADE PINE COFFEE TABLE AND TWO END TABLES**  
**\$100.00**

**ANTIQU LAMP JUG**  
**\$40.00**

**ANTIQU CROQUET SET**  
**\$40.00**

**SMALL COFFEE TABLE**  
**\$35.00**

**ELECTRIC BASE BOARD**  
**\$25.00**

**DROP LEAF CART**  
**\$50.00**

**END TABLE W/DRAWER**  
**\$50.00**

**END TABLE W/ TWO DRAWERS**  
**\$60.00**

**CALL 1-508-764-4458 1-774-452-3514**

**SNOW BLOWER CUB CADET 945 SWE SNOWBLOWER**  
13 hp Tecumseh OHV, 45 in width trigger controlled steering, 6 forward, 2 reverse, Hardly used!  
**\$1,700**

**WHITE OUTDOOR PRODUCTS**  
SnowBoss 1050 Snowblower, 10hp Tecumseh two stage 30 in width, electric start Well maintained.  
**\$600.00**

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**Call for more info (413) 668-6330**

**010 FOR SALE**

**SNOW TIRES**  
Like new (4) Firestone Winter Force 215/60-15  
**\$300**

**BECKETT BURNER, CONTROL AND AQUASTAT**  
Runs great Instruction, wiring and owners manual  
**\$250**

**ARTIFICIAL CHRISTMAS TREE WITH STAND - 6 FT.**  
Storage box included Excellent condition  
**\$50**

**CAST IRON CHRISTMAS TREE STAND**  
Beautiful  
**\$20**

**SUNBEAM WHOLE HOUSE HUMIDIFIER**  
Used, works great 6-7 gallon, faux wood cabinet on casters  
**\$50**

**14" SNOW CHAINS**  
Used, very good condition  
**\$25**

**15" CABLE SNOW CHAINS**  
New  
**\$45**

**Call Ed 508-479-9752**

**Solid Rock Maple Bedroom Set**  
Full Box Spring & Mattress  
**\$450**

**Cracker Barrel Rocking Chair**  
Brand New!  
**\$75**

**Rocker/Glider Chair**  
**\$75**

**Hutch**  
Top Comes Off  
**\$75**

**Three Piece White Wicker Outdoor Set Loveseat and Two Chairs**  
**\$100**

**(508) 764-6425 SWAMP MOTOR BRAND NEW!!!**

Swamp runner w/5' long extension propeller. Predator engine, 6-1/2 HP, 212cc, paperwork and book. Used 2 hours; not even broken in!  
Asking \$500 or best offer!!!  
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Made of Texture 1-11  
8x8 **\$775**  
8x10 **\$960**  
8x12 **\$1050**  
8x16 **\$1375**

Delivered, Built On-Site Other Sizes Available  
**CALL (413) 324-1117**

**Two dressers best offer Custom made parlor cabinet, \$1500**

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**2 LOTS FOR SALE BUY ONE FOR \$2,500 GET 2nd LOT FOR FREE!!**  
 Call Dick 508-612-9263

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 Paxton, MA  
 Garden of Heritage Plot 535C 1-2  
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**PARK MODEL**

Located at Highview Campground, West Brookfield

Seasonal 4/15-10/15 Two Bedroom with Addition and Storage Shed.  
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**575 VACATION RENTALS**

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Edgewater Beach Resort  
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 On the water Studio (Unit 706) Permanent Week 33 (August) Deeded rights

You'll own it for a lifetime & can be passed down to your children and grandchildren.  
 \$5000 (508)347-3145

**575 VACATION RENTALS**

**NOW BOOKING NEXT SUMMER \*\*\*\*\***

**CAPE COD South Dennis off Rte. 134:**



Cozy 3 BR, (dbl. queen, 2 twins) 1 bath home with full kitchen & microwave, washer/dryer, screened in porch w/ picnic table, grill, cable TV. Outdoor shower. On dead-end street. Near shopping, theater, restaurants, bike trail, fishing, playground, 10 minutes from bay and ocean side beaches.

Off season rates available

Call Janet at 508-865-1583 after 6 pm, or email June at junosima@icloud.com for more information

It's no mystery why more people use the classifieds!

# Automotive

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**705 Auto Accessories**

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205/55R16  
 Used Two Winters, Still in Excellent Condition! Original Price: \$130 per Tire Offering at \$55 per Tire, All Four Only

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Custom Fit, Excellent Condition: (Hail, Snow Protection) Audi A4, A5, and Subaru CXT

**NEW LASER CUT FLOORMATS**

for recent A4  
 Email: [aspen400@verizon.net](mailto:aspen400@verizon.net) SAVE \$\$

**720 CLASSICS**

**1951 Ford Custom Convertible**

V8, Standard Transmission with Overdrive, Excellent Driver & Show-Car  
**\$42,900**

(860) 377-7230

**720 CLASSICS**

**1977 CORVETTE**

Automatic, Red, Rebuilt Original Motor 350HP, Rebuilt Front Suspension, Rebuilt Rear End with 3:55 Gears, Excellent Body, Solid Frame, Painted and Restored in 1996, Runs Excellent, **No Winters!**

**\$11,000 obo Call or Text 774-318-7014**

**"64" TBIRD**

Very Good Condition, Older Restoration, 390 Automatic, Runs Strong, Black with Red Interior

Asking \$13,500 obo (774) 230-4156

**725 AUTOMOBILES**

**1966 CHEVROLET CORVETTE C2 STINGRAY**

4 Speed Coupe, 327/300HP, Silver Pearl/Black Interior, \$18,000

[lana28726@gmail.com](mailto:lana28726@gmail.com) (203) 826-2702

**1987 CORVETTE**

Red with Ground Effect New tires & Brakes Car in Good Condition

Asking \$6700

508-278-2809

**725 AUTOMOBILES**

**1999 FORD MUSTANG CONVERTIBLE 35th Anniversary Edition**

121,000 miles, 5 speed manual transmission, V-8, Great Condition Inside and Out! Always Garaged **\$4,500 or best reasonable offer Call (508) 943-7705 to See**

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**2008 JEEP LIBERTY**

V-6, 4 wheel drive, sun roof, towing pkg., well-cared for by 1 owner, smoke-free 107,000 miles \$6500, John

508-949-2112

**2011 DODGE CHALLENGER**

305 hp V6 SE auto w/slap stick Mango Tango w/black strips 59,000 miles Loaded, remote start \$14,500

508-864-1906

**725 AUTOMOBILES**

**2011 RED HYUNDAI SONATA**

Excellent Condition, Four Door, 73,000 miles, One-Owner Car! \$8,500

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**MOVING, MUST SELL!!**

**1996 GMC 2500 HD**

Club Cab, Utility Body, 4-Way Fisher Plow \$1,950

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4-Door, 6 Cylinder, 3 Speed, No Rot, Needs Work \$3,400

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Four Springs, HD, Frame Only \$375

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**740 MOTORCYCLES**

**1982 HONDA GOLDWING ASPENCADE**

25,500 Original Miles, One-Owner, Recent Tires, Battery, Front Fork Seals, Plus Cover, 2 Helmets, Extras! **\$3,000 or Best Reasonable Offer (774) 696-0219**

**740 MOTORCYCLES**

**1985 HONDA ELITE MOTOR SCOOTER**

150 CC's, Only 2,257 miles Original Owner, Excellent Condition **\$1,200 Call Dave (508) 765-0656**

*Want to Place a Classified Ad? Call 800-536-5836*

**2005 HONDA REFLEX SCOOTER**

18k miles, Looks and Runs Great! **\$1,700 Please Call (508) 335-2747**

**AMERICAN IRON HORSE (2005)**

Pro-Street Softail, 3,000 miles, Polished 111 S&S Motor, 6-speed, Dual Disc, 280 Rear, Right Hand Drive, Bought Leftover in 2008

**\$11,000 or bo (508) 733-8020 (774) 280-9865**

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2011, Excellent Condition, 13,000 Miles, One Owner, Never Saw Rain **Asking \$10,500 A Lot of Extras! (508) 248-5406**

**745 RECREATIONAL VEHICLES**

**2007 Travel Wild RV**

Auto, White **ONLY \$8,995**  
 Herb Chambers Toyota of Auburn 809 Washington Street, Auburn, MA (877) 906-1649



**760 VANS/TRUCKS**

**2001 FORD F150 4WD**

V8 5.4L auto. trans. excellent cond. inside & out Clean title 89K miles \$2650 413-248-7337

**2008 Ram (Bighorn) Truck**

Hemi Motor, 4 Door, In Great Condition, Only 37,000 miles. Call for more info. **SERIOUS INTERESTS ONLY (413) 245-9651**

## Computer Safety Word Find

Find the hidden words in the puzzle.

- |          |          |          |
|----------|----------|----------|
| COMPUTER | INTERNET | PERSONAL |
| DATA     | LOCK     | PRIVACY  |
| DELETE   | ONLINE   | SECURE   |
| FILES    | PASSWORD | SHARE    |

X A C T P R W R G P E L  
 J U U Z Z A E T R P R O  
 D T Q O J T S I Z E U C  
 V A M L U S V S G R C K  
 S S T P C A T N W S E I  
 I A M A C E F F X O S E  
 W O W Y K I E I P N R S  
 C E N I L N O T Y A E D  
 I N T E R N E T E L S P  
 S H A R E E P B I L Y E  
 T F U W C F U F Z R E A  
 Y Z I G G Q F G H N X D

PEOPLE SHOULD NOT SHARE PERSONAL INFORMATION WHEN USING THE COMPUTER UNLESS THEY ARE USING ONE OF THESE.

ANSWER: SECURE NETWORK

## Get Scrambled

Unscramble the words to determine the phrase.

BYCRE CSEYUTIR

Answer: Cyber Security

THIS DAY IN...

## HISTORY

- 1540: KING HENRY VIII OF ENGLAND MARRIES ANNE OF CLEVES.
- 1946: VIETNAM HOLDS ITS FIRST EVER GENERAL ELECTION.
- 1960: IN IRAQ, POLITICAL PARTIES ARE ALLOWED TO REGISTER WHEN THE ASSOCIATIONS LAW COMES INTO FORCE.

*New*  
**Word**

## BREACH

a break in a form of defense

Wishing you a happy  
**HAPPY NEW YEAR**  
 Be safe this holiday season **2018**

**PLACE MOTOR Inc.**   
 "The RIGHT Place" since 1923

**NEW**



**2017 FORD F350** Stock #7093  
 4x4 pickup, Power equipment Ready to work.

*The Right Car  
 The Right Price  
 At The Right Place Motor*

|   |   |   |
|---|---|---|
| <p><b>HOLIDAY SPECIAL</b></p>  <p><b>2014 FORD FIESTA SE</b><br/>             1 Owner, Very Clean<br/> <b>\$8923</b><br/>             STK#7206A</p> |  <p><b>2011 FORD FUSION</b><br/>             Low miles, Dependable<br/> <b>\$9523</b><br/>             STK#4651X</p> |  <p><b>2014 FORD ESCAPE SE</b><br/> <b>\$17723</b><br/>             Stk#590X</p>             |
|  <p><b>2009 FORD F250 XLT</b><br/>             Supercab, 4x2, 50356 Mi<br/> <b>\$14923</b><br/>             STK#6449A</p>                         |  <p><b>2014 FORD FLEX SEL</b><br/> <b>REDUCED \$22823</b><br/>             STK#7164A</p>                           |  <p><b>FORD F150 4X4 NICELY EQUIPPED</b><br/> <b>\$29923</b><br/>             STK#554X</p> |

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 Just reduced to: | MSRP: \$24,100  
**\$19,877** BUY FOR: **\$218 PER MO.**

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 1500 LT REG CAB • 4.3L V6  
 Just reduced to: | MSRP: \$29,470  
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 OR LEASE FOR ONLY \$269/mo. BOOK YOUR APPOINTMENT ONLINE

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**\$21,377** BUY FOR: **\$233/mo.** 30 AVAILABLE  
 OR LEASE FOR ONLY \$219/mo. BOOK YOUR APPOINTMENT ONLINE

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 OR LEASE FOR ONLY \$209/mo. BOOK YOUR APPOINTMENT ONLINE

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 SPORT • 4x4 • ALLOY WHEELS  
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 OR LEASE FOR ONLY \$259/mo. BOOK YOUR APPOINTMENT ONLINE

**BRAND SPANKIN' NEW 2017 DODGE GRAND CARAVAN SE**  
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 Just reduced to: | MSRP: \$27,780  
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 OR LEASE FOR ONLY \$269/mo. BOOK YOUR APPOINTMENT ONLINE

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 4x4 • QUAD CAB • 17" ALLOYS  
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**\$28,577** BUY FOR: **\$312/mo.** 120 AVAILABLE  
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 800-526-AUTO • IMPERIALHYUNDAI.COM

**BRAND SPANKIN' NEW 2018 HYUNDAI ELANTRA**  
 SE TRIM • GREAT ON GAS  
 Just reduced to: | MSRP: \$18,115  
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 OR LEASE FOR ONLY \$109/mo. BOOK YOUR APPOINTMENT ONLINE

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 16" ALLOY WHEELS • SE TRIM  
 Just reduced to: | MSRP: \$22,785  
**\$17,377** BUY FOR: **\$189/mo.** 85 AVAILABLE  
 OR LEASE FOR ONLY \$129/mo. BOOK YOUR APPOINTMENT ONLINE

**BRAND SPANKIN' NEW 2017 HYUNDAI TUCSON**  
 17" ALLOYS • BACK-UP CAMERA  
 Just reduced to: | MSRP: \$24,200  
**\$19,977** BUY FOR: **\$218/mo.** 45 AVAILABLE  
 OR LEASE FOR ONLY \$119/mo. BOOK YOUR APPOINTMENT ONLINE

**BRAND SPANKIN' NEW 2018 HYUNDAI SANTA FE**  
 SPORT • BLUETOOTH • 17" ALLOYS  
 Just reduced to: | MSRP: \$26,395  
**\$18,977** BUY FOR: **\$207/mo.** 80 AVAILABLE  
 OR LEASE FOR ONLY \$189/mo. BOOK YOUR APPOINTMENT ONLINE

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