

# STURBRIDGE VILLAGER

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Friday, July 26, 2019

## Sturbridge teen joins Pan-Mass Challenge



Courtesy Photo

Evan Selvey is looking forward to participating in his first Pan-Mass Challenge.

BY KEVIN FLANDERS  
STAFF WRITER

STURBRIDGE – After watching the Pan-Mass Challenge roll through his town for several years, Evan Selvey is thrilled to be among the riders this summer.

The Tantasqua Regional High School junior is finishing his training for the PMC, which will kick off in town on Aug. 3. A lifelong Sturbridge resident, Selvey can't wait to be part of the tradition next month and raise money for cancer research.

"Last year, I rode my bike down to the starting line for PMC 2018, and I saw the fun and emotion and excitement in the atmosphere," Selvey said. "That's when I knew I wanted to ride this year and get behind the amazing Dana-Farber cause of finding a cure for cancer once and for all."

An avid biker since childhood, Selvey recently started pushing himself with 10-mile and 20-mile rides. After training hard in recent years, the idea of riding in the rigorous PMC gradually became more feasible for the 17-year-old. Though the training rides are always challenging, Selvey has enjoyed the opportunity to con-

Please Read **SELVEY**, page **A4**

## Tantasqua seeks school committee member

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE — The Tantasqua Regional School District Committee is seeking a Sturbridge representative to serve for an unexpired term after a current member resigned due to relocation to a different town.

The candidate must be a Sturbridge resident and registered voter and would serve until the next town election in April 2020, at which time the option to either leave the committee after the unexpired term is complete or run for a longer term will be available.

"The committee oversees the work that we do, especially regarding policy, budget, and curricula," said Dr. Erin Nosek, Superintendent of Schools for the Tantasqua Regional School District, which serves the towns of Brimfield, Brookfield, Holland, Sturbridge, and Wales. "The candidate will serve as their towns representative and help direct and guide the school district."

The Tantasqua Regional School District

Committee includes Michael Valanzola of Wales as Chair, William Haggerty of Sturbridge as Vice Chair, and William Gillmeister of Brookfield as Secretary, as well as several residents from each of the five towns in the district and meets once a month at minimum depending on the time in the school year and the issues at hand. All members are also required to serve on at least one subcommittee, which would meet at a separate time and focus on a particular school in the district.

"There will be a joint meeting with the Board of Selectmen and the remaining members of the school committee from Sturbridge to look at the applications and decide on who will fill the position and serve until the next town election," said Nosek.

Residents who are interested in the position should mail a letter of interest to the Town Administrator's Office, located at 308 Main Street in the Sturbridge Town Hall or email it to [amensen@town.sturbridge.ma.us](mailto:amensen@town.sturbridge.ma.us) no later than Tuesday, July 30.

Please Read **COMMITTEE**, page **A4**

## Legislators announce safety grants for local schools

BOSTON – Rep. Todd M. Smola (R-Warren), Rep. Donald R. Berthiaume, Jr. (R-Spencer) and Sen. Anne M. Gobi (D-Spencer) are pleased to announce that the Pathfinder, Quaboag and Tantasqua school

districts have all been awarded funding through the "Safer Schools and Communities Initiative."

Pathfinder Regional Vocational Technical School

will receive \$8,696 for exterior locks, security and ID cutout numbers. Quaboag Regional School District will receive \$34,900 for portable analog/digital radios, repeaters, and Public Safety Link. Tantasqua

Regional School District will receive \$36,400 for additional security cameras.

"Ensuring the safety of students and school staff members is paramount," said Rep.

Smola. "I want to commend our local school districts for all the work they do throughout the year and the Office of Public Safety and Security for making these funds available."

Please Read **SAFETY**, page **A4**

## The Midnight Riders take the stage at Sturbridge Farmers Market

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE—The Midnight Riders, an up and coming local band of 14-year-old musicians out of Rutland, has captured the attention of residents at the Sturbridge Farmer's Market with their talent and passion for playing live music.

Featuring Joe Collard on rhythm guitar, Joe Miele on lead guitar and vocals, Noah Haber on bass guitar and vocals, and Eric Huard,

on drums, The Midnight Riders officially formed just over two years ago, with Huard joining them last fall with nearly five years of drumming experience, but playing in a band together was something Collard and Miele started thinking about and pursuing at a very young age.

"Me and Joe started the idea for the band when we were in fourth grade," said Collard. "We wanted to get together and play instruments. In sixth grade we started playing for fun and we got our first gig in July of last



Annie Sandoli Photo

From left to right: Joe Collard, Eric Huard, Joe Miele, and Noah Haber.

year at another farmers market."

The band plays primarily classic rock covers from musical artists including the Grateful Dead, Tom Petty, the Allman Brothers,

and Chuck Berry, with some of their favorite songs to play being "Runnin' Down a Dream" by Petty and the

Please Read **MIDNIGHT RIDERS**, page **A5**



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# Sturbridge residents join 40th annual Pan-Mass Challenge

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE—On Friday, Aug. 2 and Saturday, Aug. 4, a group of 12 Sturbridge residents will join more than

## Local students receive Bachelor's degrees from UMass Amherst

AMHERST, Mass. — Approximately 5,500 students received bachelor's degrees in over 100 majors at the University of Massachusetts Amherst's Undergraduate Commencement on May 10 at the McGuirk Alumni Stadium.

Below is a list of students from your area who earned a degree.

Sturbridge  
Elysia Jeanne Farrell  
Leanna Marie Malone  
Austin James Meserole  
Katherine Julia Muir  
Harmony V Nikolla  
Mai Read

6,700 cyclists riding in the 40th annual Pan-Mass Challenge, a bike-a-thon sponsored by the Red Sox Foundation and New Balance, to raise money for Dana-Farber Cancer Institute through the Jimmy Fund.

The Pan-Mass Challenge was founded in 1980 and has since raised \$654 million for Dana-Farber, generating more than 55 percent of the Jimmy Fund's annual revenue and serving as the institute's single largest contributor. This year's riders are from 43 states and 12 countries, between the ages of 13 and 88, and will cycle anywhere from 25 to 192 miles based on their cycling and fundraising abilities.

"As we prepare for our milestone 40th PMC, we are humbled by the continued support from our growing community," said Billy Starr, founder and executive director of the PMC, in a press release. "It is thanks to the unwavering passion and commitment of our riders, volunteers, donors, and sponsors that the PMC has been able to make such a tangible impact on advancements in cancer research and treatment since 1980. We can't wait to see everyone on

the road come August for what we hope will be a safe and enjoyable ride!"

The Pan-Mass Challenge has successfully increased its donation each year, giving \$56 million in 2018 and expecting to surpass its 2019 fundraising goal of \$60 million at this year's event. Participants are required to raise between \$600 and \$8,500 depending on the route they choose out of the 12 different options, but on average each participant raises over \$8,825 and one hundred percent of the funds raised by the participants goes directly to Dana-Farber. Overstock.com CEO, cancer survivor, and PMC cyclist Patrick Byrne has also pledged to directly give \$1 million to the cause.

The PMC participants who are current residents of Sturbridge include Richard Bamberger, Mary Bellezza, John Bright, Brian Conway, Timothy Langevin, David Michener, Kyle Renaud, Shawn Rich, Evan Selvey, Steven Sexton, Ryan Soto, and Paul Wengender. Along with the nearly 7,000 riders, there are also many volunteers, spectators, donors, and sponsors who participate and attend for a variety of

reasons and assist in making the event successful.

"Many ride to honor a family member or friend who has battled cancer, while more than 950 riders and volunteers are cancer survivors or current patients themselves—considered Living Proof of the progress made in cancer research and treatment," said a PMC press release.

The Sturbridge riders along with many others will take off from the Sturbridge Host Hotel, one of the three starting points for the event, including Wellesley and Bourne, and the start of the original route, at 5:30 a.m. on Saturday, Aug. 3.

Although registration for the 2019 Pan-Mass Challenge is closed, volunteers are still needed for the weekend at various stops throughout the state. Registration for the 2020 registration will be open in January.

For more information on the 2019 Pan-Mass Challenge, to make a donation, or to volunteer at the event, go to [www.pmc.org](http://www.pmc.org) or call 781-449-5300.

## Gabriel Gil named to Millikin University Spring 2019 Dean's List

DECATUR, Ill. — Gabriel Gil of Caracas, has been named to the Dean's List at Millikin University for the spring 2019 semester.

Students who attempt 12 graded credits during a fall or spring semester and

earn a grade point average of 3.5 or higher earn Dean's List honors. Students earning a perfect 4.00 grade point average on 12 graded credits attempted earn High Dean's List honors.

The students named to the Dean's List at Millikin University are listed in alphabetical order according to last name.

Millikin University is a private, comprehensive university with a diverse student population of approximately 2,200 undergraduate and graduate students. A Millikin education features Performance Learning, a unique learning approach offered only at Millikin that gives students the chance to build the confidence and skills to succeed before and after graduation. Millikin offers more than 50 majors in the College of Fine Arts, College of Arts and Sciences, College of Professional Studies and Tabor School of Business, and is located on a 75-acre residential campus in Decatur, Ill.

## Bryant University Class of 2019 inspired to excel

SMITHFIELD, R.I. — Inspired to excel, 897 members of the Class of 2019 were awarded a Bryant University degree at the 156th Commencement ceremony on May 18, 2019. These accomplished graduates join a powerful network of more than 50,000 alumni around the world who have distinguished themselves as leaders in their organizations and communities.

Alexa Baker of Fiskdale, graduated with a Bachelor of Science in Business Administration degree in Accounting.

Evan Soraci of Sturbridge, graduated Magna Cum Laude with a Bachelor of Science in Business Administration degree in Financial Services.

For 156 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,700 graduate and undergraduate students from 38 states and 53 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's. Visit [www.Bryant.edu](http://www.Bryant.edu).

## VILLAGER ALMANAC

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### STURBRIDGE

\$390,000, 39 Champeaux Rd, Walsh, Jeffrey B, and Walsh, Chrisy C, to Bohill, Sarah M.

\$275,000, 60 Steeple Vw #60, Bonja, Deborah M, to Dagle, Michael J.

\$260,000, 129 New Boston Rd, Bohill, Sarah M, to Murphy, Lee.

\$235,000, 95 Walker Pond Rd, Levesque, Paul H, and Levesque, Barbara J, to Manbeck, Justin L, and Manbeck, Katerine A.

\$124,000, 5 Fairview Park Rd #12, Rutan-Henningham, Elsie C, and Rutan-Henningham, Michael, to Caswell, Andrew P.

\$71,000, 103 Mcgilpin Rd, Kings Lane RT, and Coras, Gregory J, to Debusk, Michael G, and Valentine, Stacey L.

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## Hitchcock Happenings

### Upcoming activities at Hitchcock Academy

BRIMFIELD — Following is the calendar of events and activities scheduled for next week at Hitchcock Academy.

Monday, July 29  
SUMMER FUN: Session 1: 9-9:50 a.m. Session 2: 10-10:50 a.m. Session 3: 11-11:50 a.m.

WEIGHT WATCHERS: Traditional Weight Watchers meetings! Times: Weigh-in/Registrations: 5:30PM Meeting: 6:00 PM Leader: Angela Kramer. Visit [www.weightwatchers.com](http://www.weightwatchers.com) to become a member or to learn more about Weight Watchers.

SEN-I JUDO CLUB: 4:30 – 6 PM This course runs all year long and is well suited for all levels of practitioners including beginners! Call Sensei Israel Lopez 413 279-4330 for more informa-

tion.

HATHA YOGA: 7:15 – 8:45 Relax and rejuvenate with postures and guided meditation to restore the body. Bring a mat, wear comfortable clothing. All levels welcome. Fee: \$65 (6 classes) Instructor: Sharon Palmer, M. Ed., Kripalu Yoga Instructor and RYT.

Tuesday, July 30

SUMMER FUN: Session 1: 9-9:50 a.m. Session 2: 10-10:50 a.m. Session 3: 11-11:50 a.m.

PILATES: 5:15 – 6:15; Improve flexibility, balance, posture and strength by targeting the core muscles which are essential to lifelong health. Instructor: Karen Larsen. Fee: \$50 for 8 sessions.

CONCERT ON THE COMMON: 6:30 – 8 p.m. October Moon

Wednesday, July 31

SUMMER FUN: Session 1: 9-9:50 a.m. Session 2: 10-10:50 a.m. Session 3: 11-11:50 a.m.

COSMIC CUPCAKES: 6-7:30 PM. Learn to decorate your cupcakes with buttercream cosmic swirls and then create fondant decorations such as shooting stars, moons and meteors. All supplies provided to make a set of 6 cupcakes. Fee: \$30. Instructor: Sue Gaulin.

Thursday, August 1

SUMMER FUN: Session 1: 9-9:50 a.m. Session 2: 10-10:50 a.m. Session 3: 11-11:50 a.m.

VIOLIN LESSONS: 2-5 p.m.

Instructor: Linda Day Newland, violinist in the Austin Symphony Orchestra for 22 years. Lessons available for all ages and all levels

FENCING: Youth and adult classes with Andy Bloch.

K9 NOSEWORK® 7 – 8:30 PM. This is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor- National Association of Canine Scent Work

Friday, August 2

SUMMER FUN: Session 1: 9-9:50 a.m. Session 2: 10-10:50 a.m. Session 3: 11-11:50 a.m.

ALCOHOLICS ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Time: 7:30 PM

Saturday, August 3

FARMER'S MARKET: 9 AM – 2 PM in the Hitchcock Academy Parking lot.

K9 NOSEWORK® is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Saturdays 9-10:30; Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog



## ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4111 or email [news@stonebridgepress.com](mailto:news@stonebridgepress.com). During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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Sunday, August 4

SEN-I JUDO CLUB: This course runs all year long and is well suited for all levels of practitioners including beginners! Time: 11:30 – 1:30. Call Sensei Israel Lopez 413 279-4330 for more information.

## Cornerstone Bank awarded First Place in four categories at Banking Choice Awards



WORCESTER — Cornerstone Bank has been recognized in four categories at this year's New England Banking Choice Awards. The awards were accepted on June 28 at the Best Bank Expo held at MGM Springfield. Cornerstone Bank President and Treasurer, Todd M. Tallman, took part in the discussion panel.

Cornerstone Bank has been named the first place statewide winner for Technology and named first place in Central Massachusetts in three categories: Overall Quality, Customer Service, and Technology and Tools.

"We are honored to be recognized at this year's New England Banking Choice Awards," said Chairman and CEO of Cornerstone Bank K. Michael Robbins. "We thank our customers

for their continued support and our employees for their contributions toward obtaining these awards."

The awards are presented by American Business Media and Customer Experience Solutions LLC who interview thousands of banking customers in a double-blind format. These banking benchmarks are created without any financial institutions involved, making it highly respected.

"It was an honor to sit on the discussion panel with other bankers from top-ranking financial institutions," stated President and Treasurer of Cornerstone Bank Todd M. Tallman. "It's an exciting time to be in banking, and we're honored to be recognized for our commitment to excellence."

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# Board of Health hears concerns about marijuana edibles

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – Legalized marijuana continues to be a controversial topic in Charlton, but a recent meeting of the town’s Board of Health brought to light a local citizen’s concerns about a very specific kind of legalized product — edibles.

Citizen Stephen Koronis attended the Board of Health’s July 2 meeting to air his growing concerns about edibles shaped like children’s candy that have given rise to documented cases of youngsters suffering overdose symptoms after consumption. Koronis provided a copy of an article he found on Facebook concerning a nine-year-old in Waltham who was rushed to the emergency room after ingesting the candies and said that it’s cases like this that should put the way edibles are packaged on the town’s radar as several businesses prepare for legal-

## Fiskdale resident named to Dean’s List at Ursinus College

COLLEGEVILLE, Pa. — Shayna Kushner of Fiskdale has been named to the Dean’s List for the spring semester of 2019 at Ursinus College.

In order to achieve Dean’s List honors, students must maintain a grade point average of 3.5 or higher for their work during the preceding semester.

ized sales.

“When I read the article, the part that got me ticked off a bit was there was a parent of the school that said, ‘Unfortunately, that’s the world we live in.’ It’s not the world we live in. It doesn’t need to be the world we live in. Now, where we’re coming across a new frontier where marijuana is accepted and it’s going to be here and it’s going to be for sale, and I have many friends who smoke marijuana... for some reason, the edibles are making it look like candy. How does that make any sense to anybody?” Koronis said.

In the last year, the Board of Health has taken steps to curb underage use of vape products. However according to Charlton Health Director James Philbrook the regulation of edible marijuana products is no longer in the hands of health board or even the state Board of Health.

“I look at the stuff every day. Unfortunately, they took it out of the hands of the Department of Health and put it in the hands of the Cannabis Control Commission, and they made it legal,” Philbrook said.

Edibles have yet to be made available at any stores in Charlton, but Green Gold Group is preparing to open their dispensary this year which is expected to sell edibles for medical use to their 21-and-over clientele, requiring and ID for purchase. Philbrook indicated that while the items are legal, he too is distressed by how the shape and

presentation of some products give off the vibe that they are targeting children. He didn’t specifically indicate that Green Gold Groups’ products will fit this description but said he doesn’t agree with the idea of these candies to resembling popular children’s foods like gummy bears.

“I’m nervous about it. We don’t have any in Charlton right now because they have not opened. They will be down the street soon, but (Green Gold Group) is very strict. Then it’s up to the parents when they bring them home,” he said.

James Philbrook added that because the edibles are under the jurisdiction of the Cannabis Control Commission and not the Board of Health, the local health agents cannot site companies for their products. He said they are considered “retail food” so he, as the health director, doesn’t even have the authority to look at the candies when doing and inspection.

While the Board of Health indicated time and time again through the conversation that they are currently powerless to limit edibles or their design, Koronis continued to share his concerns and explore the board to look into anything they could implement to help solve the problem before it becomes a real conflict for Charlton. He also clarified that he is not against edibles in general, but simply doesn’t agree with them being designed to look like child-friendly candies.

“The scary part about this, edibles,

as opposed to smoking it, is it’s systemic. You smoke it you know it right away. If the kids are overdosing it takes 40 minutes typically to digest it in their system. After ten minutes they wouldn’t feel anything. They’d eat another. Ten minutes later they’d eat another. An hour later they’re in a whole lot of trouble,” Koronis said. “I’m not recommending a ban. How about just making it a little bit safer - We’re going to run into a problem. There’s a train coming down the tracks. Wouldn’t it be a little bit forward thinking?”

While the Board of Health has little authority when it comes to the impending addition of edibles to Charlton, that doesn’t mean they aren’t taking the issue seriously. Board Chair Matthew Gagner said the fact that the board moved to limit access to flavored vape products is proof that they care about the well being of youth in the town. Gagner said that he believes if and when the board has any authority to alter how edibles can be packaged and presented in Charlton the board will do its due diligence to act accordingly.

“We did it with the vaping because it’s targeting kids. I couldn’t speak for this board as a whole, but I could say my consensus is the board would probably, if we thought we had the authority to ban something that’s targeting kids, there’s a very strong chance we would do it. I know the board would discuss it at length. We care about it,” Gagner said.

## Claudia Fleshman named to Dean’s List at Loyola University

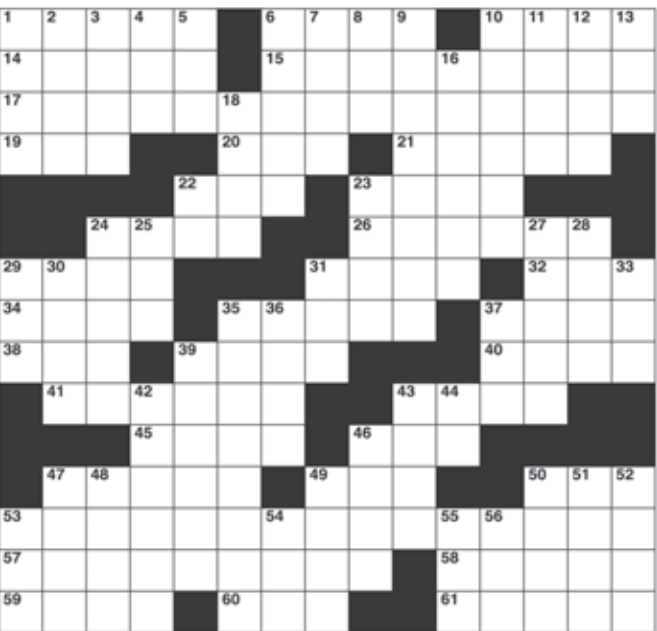
BALTIMORE, Md. — Claudia Fleshman, a member of the class of 2019 from Brimfield, has been named to the spring 2019 Dean’s List at Loyola University Maryland.

In order to qualify for the Dean’s List at Loyola, a student must achieve a minimum QPA of at least 3.500 for the term, provided that, in the term they have successfully completed courses totaling a minimum of 15 credits.

Established in 1852, Loyola University Maryland is a Catholic, Jesuit comprehensive university comprising Loyola College, home to the University’s arts and sciences programs; the Sellinger School of Business and Management; and the School of Education. Loyola enrolls 4,000 undergraduate and 2,000 graduate students from across the country.

Established in 1852, Loyola

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### CLUES ACROSS

1. Partner to “oohed”

6. Frying dishes

10. Turncoats

14. Tropical fruit

15. Combinations of ideas

17. Sick

19. Consumed

20. Is in possession of

21. Zodiac sign

22. Hem and \_\_\_

23. Small country along the Arabian Peninsula

24. Petty quarrel

26. Scold

29. Volcanic crater

31. Present

32. TV network

34. “Rule Britannia” composer
35. Some hold lunches

37. Spring harvest in South Asia

38. Feline

39. Precipitation

40. In addition

41. Using as a foundation

43. Without

45. Ancient Roman garment

46. Political action committee

47. A way to excite

49. Swiss river

50. A place to relax

53. NE Ohio ballplayer

57. Rocky bodies orbiting the sun

58. Horse-drawn vehicle

59. Soaks

60. Cunning

61. The underworld

### CLUES DOWN

1. Water (Spanish)

2. Your parent’s sister

3. Incline from vertical

4. The night before

5. Female descendants from American revolutionaries

6. Exclamation of disgust

7. Affirmative votes

8. Midway between north and northwest

9. Soft-shell clams

10. Layer at the back of the eye

11. Tennis great Arthur

12. Where golf games begin

13. Soviet Socialist Republic

16. Capital of Zimbabwe

18. This and \_\_\_

22. Laugh

23. Adhere to the rules

24. He comes each December

25. Before

27. Hindu cymbals

28. \_\_\_ and flows
29. Personal computer

30. Semite

31. “Star Wars” hero Solo

33. Data executive

35. Hybrid fruits

36. Capital of Latvia

37. Moved swiftly

39. Troublemaker

42. Averts

43. Garment worn by S. Asian women

44. It cools your house

46. Homes to bachelors

47. Besides

48. Cowboys great Leon

49. Griffith or Rooney

50. Province of Pakistan

51. Part of a book

52. Gasteyer and Ivanovic are two

53. Automobile

54. Afflict

55. To the \_\_\_ degree

56. Arrived extinct



### SELVEY

continued from page 1

tinue improving and demanding more of himself.

“The training is probably the funnest part of the whole process,” Selvey added. “I love nothing more than to push my limits and get better at what I do best. At this point, the biggest challenge is conditioning my body enough with a bunch of 20-mile and 40-mile rides so that the big 112-mile ride from Sturbridge to Bourne goes as smoothly as possible.”

Selvey has also committed himself to the fundraising aspect of the ride. Determined to do

his part to support cancer care and research, he is asking the community for assistance as he prepares for his ride.

“I have a fundraising minimum of \$4,000, which everyone around me thinks is nuts for a teenager to pull together. But I love the challenge of raising it and knowing that every penny of it goes to the wonderful research being done by Dana-Farber.”

Selvey has raised funds in many forms, including by biking north to Brookfield to greet guests on the Town Common for summer concerts. He has set up a table throughout July, and he looks forward to meeting more residents at the Friday evening concerts.

### COMMITTEE

continued from page 1

For more information on the vacancy on the Tantasqua Regional School District Committee or for updates on meeting decisions and agendas, go to <http://www.tantasqua.org> or contact the superintendent’s office at 508-347-5977.

“That’s definitely up there as one of my favorite rides ever,” Selvey recalled.

If you would like to contribute to Selvey’s PMC donation page, visit <http://profile.pmc.org/ES0320>.

The PMC raises more money for charity than any other single event in the country. Founded in 1980, the event has generated \$598 million for cancer research and treatment at Dana-Farber Cancer Institute. In 2018, for the eleventh consecutive year, the PMC donated 100 percent of every rider-raised dollar directly to the cause.

The PMC is responsible for more than half of the Jimmy Fund’s annual revenue, and the event represents Dana-Farber’s largest individual contributor. More than 315,000 individual contributions were made to last year’s fundraising campaign.

To learn more about the event, visit [www.pmc.org](http://www.pmc.org).

### SAFETY

continued from page 1

“The safety of students, faculty, staff and visitors to our schools and grounds is a priority,” said Sen. Gobi. “These grants will help our schools to continue to upgrade with newer technology and equipment and I am glad to support those efforts.”

The Massachusetts Office of Public Safety and Security is releasing \$7.2 million in funding for school districts and charter schools. This funding will assist public schools and local municipalities with enhancing school security and the safety of students and staff. Grants will be used for retrofitting and upgrading school buildings with safety and security enhancements including, but not limited to, classroom door locks, security cameras or active shooter detection systems.

For additional information please contact Representative Smola at Todd.Smola@mahouse.gov or (617) 722-2100.

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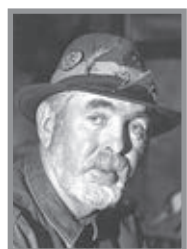
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# Local anglers are having a great summer season



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“Whew!” What a hot spell last week. The air conditioners were running full speed, at least at my house. Now that we have seen some cooler temperatures, fishing and other outdoor activities have resumed. This week’s picture shows Sam Bloniasz with a nice three-pound smallmouth bass he caught while fishing in Maine with his dad Keith. They consistently caught smallmouth bass at the Down River Camps area in Princeton Maine, with most fish in the two-to-three-pound size. They sure had a blast catching smallmouths. Locally, bass anglers are catching some impressive large-mouth and smallmouth bass, with many coming from Webster Lake in Webster and Wallum Lake in Douglas.

Wallum Lake has seen a surge in smallmouth bass populations at the popular fishing spot which normally produced nice size trout, but over the past ten or 15 years, it is well known that smallmouth bass were transported to Wallum by local bass anglers in their live wells. It is illegal to transport live fish from one body of water to another, but fortunately, it worked out well. Wallum Lake has some great structure to sustain the bass population, as well as crawfish and schools of baitfish for them to feed on. Four and five pound smallmouth bass are caught annually at the lake.

With August only a couple of weeks away, fly fishing anglers are eager to enjoy some great fishing for Bonito and False Albacore in Rhode Island waters. The hard fighting fish do not provide very good table fare, but they sure can give the anglers that fish for them some great fishing opportunities. The fast moving schools of fish need to be constantly chased with

a boat, but provide an angler with a lot of fun when one is hooked.

The absence of weakfish, also known as sea trout, are a very rare fish to catch in Mass. and Rhode Island waters these days. At one time, they were a great game fish that provided anglers with some exciting fishing opportunities, using fresh water rods with a bucktail lead head jig. Fly fishermen also had a lot of fun catching this hard fighting fish. Some also prepared the fish for the table, although this writer found it to be a very soft and tasteless eating fish.

They had extremely soft mouths, being the reason for their name, but landing one provided some great fishing excitement. An area like Sally’s Rock in Apponaug was a favorite spot for catching numerous weakfish back in the day. Some blame the rise in water temperatures over the years for their absence today, and they could be right.

The Uxbridge Rod &

Gun Club will hold another archery shoot at the club off of West Street on July 28, starting at 8 a.m. The 3-D shoot is open to the public. The kitchen will be open for breakfast. Noel Rabidor is archery chairman, and he and his committee has done a great job setting up the archery course. Numerous life size 3-D targets will test everyone’s skills. Bring out the family and enjoy the grounds. The club will also host a chicken BBQ and 3D shoot on Aug. 11. Tickets are now available at the club.

The Blackstone Valley Beagle Club will hold a Pig roast on Aug. 24, which is open to the public. Tickets are \$20 each. The club is located off of Walnut Street in Douglas! Get out and enjoy some of there great cooking and take a walk with the family on their 100 acre piece of property.

*Take A Kid Fishing & Keep Them Rods Bending!*



## MIDNIGHT RIDERS

continued from page 1

Heartbreakers, “The Other One” by the Grateful Dead, and “Johnny B. Goode” by Berry. The Midnight Riders also currently have seven original songs written primarily by Miele and heavily influenced by the Grateful Dead.

“It kind of just started out of necessity, I had some ideas and we needed some songs,” said Miele. “I taught myself to write songs. Sometimes I have a lyric in mind, and sometimes I’ll write songs based on the music.”

Since playing live for the first time in 2018, the band has now played its covers and original songs at the Sturbridge and West Brookfield Farmer’s Markets, backyard barbecues, their middle school dances, a local bonfire, and as the headliner of The Future Stars showcase, put on by City Music at the Bull Run Restaurant in Shirley to present the best local talent each year.

The band members said that their next steps are to continue booking gigs and getting their name out there, as they all love playing live music or audiences. They are also hoping to record their original songs in a studio and release them on iTunes very soon, as well as continue to write more of their own music and improve their instrumental skills.

“The band is a huge part of our lives,” said The Midnight Riders in a statement. “We are all childhood friends that enjoy making music and playing for others. The band allows us to be creative and help each other become better musicians. It also gives us a reason to get together each week with our best friends and have fun.”

For more information on The Midnight Riders or to hire them for a private show, email them at themidnightriders42@gmail.com or follow the band on Instagram under the username @riders\_midnight42.



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# Edible plants abound around us



A very young milkweed pod.

Gus Steeves Photos



Dan Jaffe holds a vine of the groundnut plant, Apios americanus.

BY GUS STEEVES  
CORRESPONDENT

HOLLAND — Your backyard and the forest nearby have a wide range of edible plants, many of them commonly called weeds.

That's the basic message horticulturist Dan Jaffe imparted to a few dozen people last week. During a short tour of Norcross Wildlife Sanctuary's gardens, he pointed out a wide range of edible native plants, and some of them might surprise you.

One of the more common, and most avoided due to misidentification, is milkweed. Jaffe said that has the reputation of being poisonous, but actually is "really quite tasty" if prepared properly.

The danger is that young milkweed can be confused with dogbane, which is toxic, and that many other species having milky sap are in fact toxic. Jaffe said milkweed sap "glues the mouthparts of most insects shut."

Despite that, several parts of

milkweed are edible, especially if collected early, but they first require blanching (brief immersion in boiling water, followed by immersion in cold water). To Jaffe, two of the best are "the nice tight green flower bud" before it expands, which is "sometimes called wild broccoli," and the smallest stage of its famous pods before they become big and fibrous, which he sees as "a good cheese alternative."

"It's really easy to get large amounts of them," because milkweed is so common, he noted. But it's also crucial for monarch butterflies and a few other insects, so harvesters should make a point of leaving most of the milkweed in any field intact.

Indeed, a key part of Jaffe's talk looked at how often native plants we can eat are also important to other species. "If nothing is eating your plants, your garden has no ecosystem value," Jaffe said.

Wild strawberry — which he

dubbed "the lawn of the future" — supports 87 pollinator species; the only herbaceous plant having more is goldenrod. Trees tend to support more species of various kinds overall, including insects, mammals and birds, with number one being the oaks and number two being the cherry species.

As Native Americans discovered long ago, acorns are edible and can be pounded into flour, although they require extensive boiling and leaching to eliminate their high tannin levels. Cherries are edible right off the tree; just dump the seed.

Similarly, wild grapes (New England's are called fox grapes, which were cultivated as Concord) are ubiquitous in our area. Jaffe said they "range from really tasty to pretty tasty to oh my that's tart," but when you find one you like, you can grow it from seed and it will maintain its flavor over generations. Doing so is easy, but "it does take a few years" to produce fruit.

"These grapes, you just plant and forget about them," he said. Once they start fruiting, they'll produce for about eight years, then you prune them and "harvest for another eight years." Like many other plants, their leaves are also edible (as anyone who has had dolmas and other Greek fare knows), "but I don't jump up and down about it," he added.

Jaffe noted the leaves are often the most important part of a plant from an ecosystem perspective, while humans might favor the fruit. A case in point is the blueberry, which is the bush with the highest pollinator value. European honeybees can't pollinate it, but many species of native bees and other insects can. They use what's called "buzz pollination," vibrating at a certain frequency to get the flowers to dump their pollen on them.

Not far from his blueberries was a stand of staghorn sumac, notable for its bright red, rather furry fruit clusters. Although it looks odd, it's "extremely high in vitamin C; there's more vitamin C in 'rhus juice' than in orange juice," he said, noting the only thing having a higher vitamin C level is pine needles. They key, again, is to prepare it right — let it steep at room temperature for 30 minutes to 2 hours, testing occasionally until it's at the taste you like. But don't steep it too long, because after the lemonade-like flavor comes out, the tannins will soon follow.

Jaffe noted staghorn is safe, unlike its cousin, poison sumac. But they're almost impossible to confuse; poison sumac only grows in marshy areas.

"If you're not sinking in the mud, it's not poison sumac," he said.

Several edibles are far easier to overlook ... because they're underground. One he highlighted is the innocuous small vine known as Apios americanus, aka the groundnut. It's actually not a nut, but produces golfball-sized edible tubers in the autumn that can be used for anything you'd use a potato for. Jaffe said he feels it's "one of the tastiest edibles," and makes "by far the best fried chip." He usually eats the bigger tubers and replants the small ones, meaning his groundnut crop rapidly goes "from a little to a heck of a lot."

Of course, New England is also native to many real nuts, mostly on trees, and



Two walkers sample some lemon sorrel (Oxalis stricta).



Dan Jaffe plucks a bract from a hazelnut bush.



Dan Jaffe sows walkers one of the many kinds of mint that grow in New England: a narrow-leaved mountain mint. Although edible, he considers it the least tasty and weakest-smelling of the mint family.

Jaffe discussed three — hazelnut, black walnut and shagbark hickory. Hazelnuts take five to eight years to start producing nuts, but thereafter there will be "a war between you and the squirrels over who gets the nuts." He has six of the short, bushy trees; four under nets for his family and two open for the wildlife.

"They'll grow just about anywhere," he added.

Black walnuts take somewhat longer, but require a lot of effort to open; their seeds are so thick people routinely run them over with cars to break into them. (One walk participant said she knew of some birds who collected walnuts and dropped them in the street to do just that, swooping down to eat the nut meat after the cars had done their work for them.) Those trees are common backyard denizens, but are native to riverside areas, and he noted, "If you don't like bleu cheese, you're not going to like black walnuts."

Shagbarks, by contrast are somewhat easier to crack, but take far longer to produce — nearly 30 years.

"If you want to plant a shagbark hickory, your grandchildren will be eating the nuts,"

he said, noting some argue it's "the tastiest nut in the world."

Among other things, Jaffe also pinpointed several members of the mint family, including spearmint, peppermint and anise hyssop (which smells like licorice). He said he recommends the latter for gardens because it will overgrow a lot of weeds. Additionally, he discussed lemon sorrel, a very common garden weed with yellow flowers that tastes like lemon. Some sources claim it's poisonous because it contains oxalic acid, but harm will come only if you eat nearly 16 pounds of it. The common culinary herb cilantro (aka coriander) has twice as much oxalic acid in it, he noted.

He didn't mention one common edible weed that also contains some oxalic acid: lamb's quarter (aka white goosefoot or pigweed). Wikipedia notes it was once cultivated by Native Americans, is still commonly grown in India, and "now occurs almost everywhere (even, apparently in Antarctica) in soils rich in nitrogen, especially on wasteland."

Gus Steeves can be reached at gus.steeves2@gmail.com.



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PRESIDENT AND PUBLISHER

BRENDAN BERUBE  
EDITOR

EDITORIAL

Fear of missing out

Vacation photos...birthday party pics...cute selfies at a concert...the evidence is everywhere, on Facebook and other social connection platforms, and certainly in the pages of your community newspaper: lots of people are doing a ton of fun things. And some of those fun things are better than the fun things you're doing. OUCH.

While social media certainly has provided an excellent way to connect people, it is safe to say it has also been one of the unique causes of a specific type of anxiety: that everyone else is doing something great and you aren't. To put it succinctly, it's the fear of missing out. And summer is a prime breeding ground for this worry, because there is something going on somewhere, all the time.

There are the fairs and festivals, which seem to occur every weekend of every month in summer and well into fall. There's the Oyster Festival; the Sailfest; the Jazz Festival: the Craft Expo. There are festivals to celebrate blueberries, garlic, smoked meats, Irish heritage and butterflies. It's safe to say there's truly something for everyone.

There are countless "Bring a Friend" days at the local farmers market; the zoo; mini golf courses; aquariums. (These events can be twice as stressful, as it will lead to a person thinking that they are not only missing out, but are also lacking friends. Not true! Be the person who does the inviting and make someone else's day.)

One cannot overlook the special stress-inducing "Once a Year" events that speak for themselves in terms of missing out: who really wants to admit they didn't watch the Fourth of July fireworks? Or the summer solstice moon viewing? How about the first sweet corn harvest? (The stress level is multiplied by the number of children in a household who will also obsess over missing out on any yearly event.)

As we reach the mid-point of summer and all it has to offer, the fear of missing out increases with each Facebook post of That Other Family's vacation, or their perfect picnic, or their berry-picking excursion. Every edition of your community newspaper features pics of people enjoying local events. The good news is that there are tons of local events that will appeal to people of all ages, life stages and areas of interest. And the better news is that all it takes to prevent the fear of missing out is to get out the door and enjoy them!

LETTERS

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Or e-mail your letters to the editor at news@stonebridgepress.news.

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We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

OPINION

VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

Unconventional Cooking Fixes

Clever kitchen strategies are nothing new. Generations of cooks have devised creative ways to get a job done quicker and easier. Born of necessity, many familiar kitchen tactics have served both novice and veteran cooks well. While popular prep and cooking techniques are common knowledge, a revolution of "fearless cooking" has spawned new and unconventional ideas. From separating eggs with a water bottle to using a chopstick to gauge frying temperatures, the following kitchen maneuvers bring a fresh new approach to tackling age old culinary challenges.



TAKE THE HINT  
KAREN TRAINOR

Solution: Chinese take-out tool.

Take a tip from Asian cooks: A chopstick makes a quick and easy gauge to check the temp of oil to ensure fool proof frying!

To do: Dipping an unvarnished wood or bamboo chopstick into frying oil works to monitor the cooking temperature. If oil is hot enough to fry, a stream of bubbles (created by trace moisture trapped in the wood) will appear from the submerged end of the stick. Saveur Magazine reported the following temperature gauge: 320 degrees: a frail line of bubbles; 350 degrees: a swirl of bubbles all over; 375 degrees: the swirl was fast and furious. While the chopstick trick isn't an exact science, the technique can be used as a rough estimate of temperature when a thermometer is not available.

Problem: Need a travel friendly sweet that's hearty (and hardy)!

Solution: Monkey around with this jar recipe.

Old fashioned monkey bread gets a "re-do" that makes the sticky sweet treat easy to eat, store and send.

To do: Spray small (8 oz.) canning jars with non stick cooking spray. Cut each large refrigerator biscuit (Pillsbury Grands size) into eight pieces. Mix together one half cup sugar and one tablespoon sugar. Melt one half stick butter. Dip biscuit pieces into butter, then into cinnamon and sugar mix. Place eight dipped pieces into each canning jar.

Bake jars in a 400 degree oven for about 18 minutes. When jars have cooled slightly, spoon a glaze of confectionary sugar and water over the monkey bread (or dollop with frosting). To store, seal warm jars (listen for the "pop" and check for inverted cover to ensure seal).

Note: Monkey bread in a jar should be eaten within a few days. Sealing does not preserve for a long period of time, but keeps the baked good fresh and viable for transporting safely.

Here are a few more unconventional kitchen ideas:

\*Want to keep your frozen fish ocean fresh? The secret is in the preparation for storage. Rinse fresh fillets in salted ice water. Fill up a ziplock freezer bag with regular water. Submerge the fillets in the water. Expel air from the bag and seal. The water keeps away freezer burn and keeps fish "just caught fresh!"

\*Tame the mess of chopping herbs by spreading table salt on the cutting board. The grains help keep herbs in place.

\*For perfectly clean-cut slices of cheesecake, briefly run a thin-bladed slicing knife through an open flame, then cut. Wipe the blade and reheat between cuts.

\*To quickly create dried citrus zest: Grate a lemon and allow to dry on a sheet of wax paper. The next day, fold over the wax paper, press down and there you have it - lemon zest powder!

\*\*  
Win Dinner for Two at the Publick House

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Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Don't chase last year's mutual fund category winners



FINANCIAL FOCUS  
JEFF BURDICK

The world of mutual funds can be confusing. With more than 9,000 funds on the market, how can you choose the ones that are right for you?

One way to start is by considering the various categories of mutual funds - and there are quite a few of them: Small Cap Growth, Large Cap Growth, Large Cap Value, Diversified Emerging Markets, Foreign Large Cap Blend and more - the list is extensive, and for many people, confusing.

However, with a little study, you can understand why these funds have their names - for example, a Small Cap Growth fund will contain stocks of smaller companies thought to offer growth potential. Once you know the goals of different categories of mutual funds, you can determine which ones fit into your overall investment strategy.

This is important, because you want to ensure your portfolio is appropriately diversified. For example, if you find that almost all of your mutual funds come from the above-mentioned Small Cap Growth category, you may be taking on more investment risk than you'd like, because funds that offer the greatest growth possibilities also usually carry the highest degree of market volatility. Typically, you may be better off owning an array of mutual funds drawn from several different categories, with the percentage each category occupies in your portfolio based on your goals, risk tolerance and time horizon. (Keep in mind, though, that while diversification can help reduce the effects of volatility, it doesn't guarantee a profit or protect against losses in a declining market.)

You might be tempted to choose categories by looking at which most recently outperformed the others, and just stick with those groups. But is this a good idea?

It probably isn't - and the main reason you shouldn't chase performance this way is things change very quickly in the mutual funds arena. It's quite possible - and has happened many times - that the top category last year can fall into one of the worst-performing ones this year, and vice versa. Consequently, your efforts to capture a winning trend may be futile.

Of course, within the context of investing in various mutual fund categories, you still need to choose individual funds. And, as is the case with categories, you might be tempted to give considerable weight to a fund's track record. But, similar to the situation with fund categories, "chasing performance" is typically not a good strategy - after all, last year's "hot" fund may have cooled off considerably this year. Nonetheless, reviewing a fund's longer-term track record can help you understand how it might perform through the ups and downs of the financial markets. Always keep in mind, though, that past performance can't guarantee how the fund will perform in the future.

Mutual funds are popular investments - and for good reason. Since each fund generally contains dozens of securities, you get a degree of diversification you can't achieve from owning individual stocks or bonds. And, as discussed above, you can diversify further by owning funds from several categories. Just remember, though, that as you build your mutual fund portfolio, don't get caught up in last year's results - because old news just may not be that relevant today.

Mutual fund investing involves risk. Your principal and investment return in a mutual fund will fluctuate in value. Your investment, when redeemed, may be worth more or less than the original cost.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.





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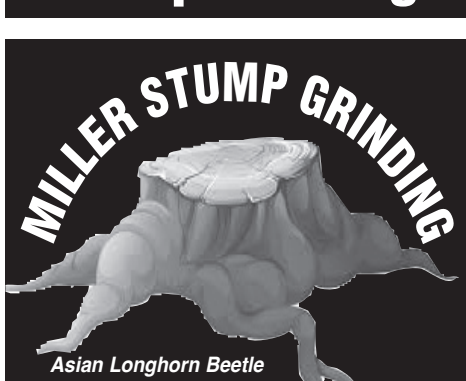
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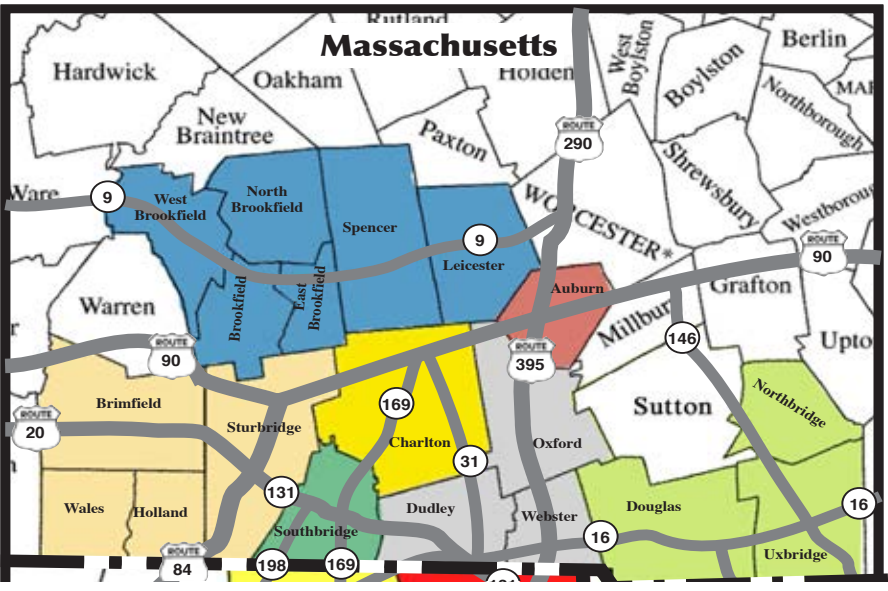
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# Bargain hunters flock to Antique Show

Kevin Flanders Photos

BRIMFIELD – Sales heated up along with the weather last week, as Brimfield Antique Show guests didn’t let the temperatures discourage them from attending their favorite event. The weeklong show once again drew thousands of guests from throughout the country and the world. You never know what you’ll come across at the show, and there always seems to be something for everyone’s tastes if they hunt long enough. Kevin Flanders photos.



The Frohn family took a trip west from Newton to catch the show.



Clodagh Bartholomew, of Newburyport, left, spends the day with her sister Tiffany.



Members of Bolton-based Goody's Kettlecorn keep guests well fed.



There are always plenty of characters to spot at the show.



Thomas DiCrease is no stranger to the heat, as he travels up from Florida each year to attend the show.



Creative signs draw guests to tents flanking Route 20.



The Fitzgibbons family, of Brimfield, is on the hunt for unique finds.



License plates turned birdhouses? The show is famous for its unique combinations.



Meagan Bramwell and Mike Hartnett, of North Attleboro, are ready for a fun day on the showgrounds.

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# SPORTS

## Sturbridge holds off a rallying Post 443 in Zone 4 Playoffs

POST 109 THEN SEES SEASON END AT HANDS OF MILFORD IN FOLLOWING GAME



Sturbridge's Spencer Cipro lets go of a pitch versus Cherry Valley.

"We didn't leave runners in scoring position today," Sturbridge manager Jim Rosseel said, referring to Post 109's 5-0 loss to Cherry Valley in the Zone 4 playoffs two days before, during which Sturbridge left 10 men on base, five in scoring position. "We showed what we can do today. That's what we can do; this is the team we are."

After a scoreless first inning for both teams Sturbridge jumped out to a 4-0 lead in the top of the second inning.

Nate Carty (two hits) walked to get the inning started and then moved to second on a bunt single by Avery Wetherbee. Carty went to third and Wetherbee to second on a single to right field by Mick Sullivan, and then Carty scored to make it 1-0 on a sacrifice fly by Pat Wilbur (three RBI). Jon Reardon kept the inning going by reaching on a Cherry Valley error, Wetherbee scoring from second on the play to put Post 109 up, 2-0.

Colin Eliason followed with a fielder's choice to third base, which erased Reardon at second but moved Sullivan to third. Sullivan scored to make it 3-0, coming home on an RBI single by Sean Clark. Eliason moved to second on Clark's hit and then scurried to third on a passed ball. Eliason pushed the Sturbridge lead to 4-0 when he scored on an infield single to short by the next batter, Jared Langevin.

Cherry Valley cut the Sturbridge lead in half in the bottom of the second inning. Edgar Lopez (two hits) led off with a single to left, but was cut down at second when Evan Brindisi followed with a fielder's choice to short. Mike Bordeaux (3-for-3) then singled to right, moving Brindisi to second. Brindisi then went to third and Bordeaux to second on a wild pitch, and both scored to make it a 4-2 game on a two-out, two-run single by Matt Kustigian.

Sturbridge picked up in the third inning where it left off in the second. The first four Post 109 batters reached base and all four scored to extend the Sturbridge lead to 8-2.

Carty reached on a leadoff single to left and went to second when Wetherbee walked. Sullivan was next and he was hit by a pitch, loading the bases. Wilbur followed with a two-run double down the left-field line, Carty and Wetherbee scoring on the play to increase the Post 109 lead to 6-2. Sullivan made it 7-2 when he scored on a wild pitch, and Wilbur increased the lead to 8-2 by scoring on a groundout.

Cherry Valley again cut the lead in half, scoring twice in



Jared Langevin of Sturbridge leans back before the pitch heads his way.



Sturbridge's Sean Clark begins his swing at a Cherry Valley pitcher's offering.

BY KEN POWERS  
SPORTS CORRESPONDENT

MILFORD — The Sturbridge Post 109 American Legion baseball team strung together a few hits and took advantage of some Cherry Valley Post 443 errors to score four runs in both the second and third innings en route to an 8-6 win in the sweltering sun at historic Fino Field on Saturday, July 20.

With the win Post 109 advanced to the Bracket A final of the Zone 4 playoffs, where it lost to Milford Post 59, 4-3, later that day and was eliminated from the tournament. Sturbridge finished its season with a 13-13 record. Cherry Valley (who defeated Sturbridge to open the tournament but then lost to Milford, 5-1, on July 19) finished its season 14-11.



Sturbridge outfielder Colin Eliason charges up to a bouncing ball hit his way.

the bottom of the fourth to close the gap to 8-4.

Lopez started the rally by belting a double to left-center field. With one out he went to third on a single to left by Bordeaux, who alertly moved to second when the throw back to the infield went to third. Lopez and Bordeaux both scored when the next batter, pinch-hitter Ryan Berry, singled to center.

Cherry Valley added two more runs in the bottom of the fifth to cut its deficit to two runs.

With one out Tyrus Garvin (two doubles) was hit by a pitch. Chris Kustigian then walked.

Jason Panient followed with an RBI double, scoring Garvin to cut the Post 109 lead to 8-5. Chris Kustigian then raced home to make it 8-6 when the throw in from the outfield was mishandled by the Sturbridge infield.

"We just couldn't get out of the hole we put ourselves in," Cherry Valley manager Jim Stephens said. "We made too many mistakes, especially early and they got a couple of key hits in the wrong spots. We battled. We weren't going to just quit. I got a great group of kids. We had a good year and next year we'll be better."

## SPORTS BRIEFS

### 9Round Worcester — James Street naming sponsor for second annual Running Out Of Summer 5K

WORCESTER — Wormtown Milers and RapsCALLION Brewery are pleased to announce 9Round Worcester — James Street as the Naming Sponsor of the second annual Running Out Of Summer (ROOS) 5K. The race, which begins and ends at RapsCALLION Brewery in Sturbridge on Aug. 24 (with a 10 a.m. start time and a cap of 500 runners), benefits Second Chance Animal Services with locations in Worcester, East Brookfield, North Brookfield, and Springfield. One can register online at [www.roos5k.racewire.com](http://www.roos5k.racewire.com).

"We are so proud to be naming sponsor for the second year in a row," commented Sheri Barrette, Owner of 9Round Worcester — James Street. "The focus on both fitness and animal welfare in the local community is the perfect fit for 9Round Worcester and for me personally."

Conceptualized as a means to promote philanthropy, fitness, and positivity in the south-central Worcester county community, ROOS 5K has already become a local favorite. The race, which is co-hosted by Wormtown Milers and RapsCALLION Brewery, sold

out with an extensive wait list in its inaugural year. Post-race feedback was extensive and extremely positive.

"ROOS 5K 2018 was one of the most wonderful events I've ever been a part of," said Lindsay Doray, Director of Development at Second Chance Animal Services. "Not only was it a day filled with smiles and laughter, but the race also donated over \$7,000 to Second Chance AND we adopted out two dogs from our mobile adoption van on race day."

"We are thrilled to once again be co-hosting the Running Out Of Summer 5K with Wormtown Milers," said Cedric Daniel, Co-Proprietor of RapsCALLION Brewery. "This event is all about caring and community — key RapsCALLION values — and we are looking forward to ROOS 5K being an annual event here at RapsCALLION for years to come."

Participants in ROOS 5K will enjoy a scenic, timed 5K race that is dog- and kid-friendly, and will also receive a tech shirt, medal, and a free beer specially brewed by RapsCALLION for the event — the Running Out Of Summer Ale.

In addition to 9Round Worcester — James Street being announced as Naming Sponsor for ROOS 5K, additional sponsors include JFC Pros as a Gold Sponsor, Security Engineered Machinery and Southbridge Credit Union as Silver Sponsors, and Country Bank, Brenda M. Bianculli CPA, and OFS as Bronze Sponsors. Businesses interested in sponsoring should contact Emma Thibault at [wormtownmilersrun@gmail.com](mailto:wormtownmilersrun@gmail.com) or (617) 680-1112.

### Annual golf tournament to benefit Saint Jean Baptiste Educational Foundation

Join the Saint Jean Baptiste Educational Foundation on Monday, Aug. 19 at Pleasant Valley Country Club for their 23rd annual golf tournament. The cost is \$150 per person, twosomes and singles are welcomed. There will be a hole-in-one contest, a putting contest, door prizes and a special golfers raffle. The event features 18 holes of golf on the PGA and LPGA course with valet parking, bag handling services, unlimited use of the driving range, chipping area and putting areas prior to the 10 a.m. shotgun start with a Florida-style scramble. Early registration is at 8 a.m. and carts with big rain covers, a gift bag, coffee, a continental breakfast and snacks will be served. The dinner to follow is an executive buffet. For additional information and registration please call Golf Committee member Ken at (508) 277-5314 or Foundation Trustee Ted at (508) 764-7909. Deadline for payment is Aug. 9. Golfers who make the entire payment by July 29 will be placed into a raffle for a chance to win a gift certificate from the pro shop at Pleasant Valley.

### Join PinkHippy.org for a family event for cancer patients and survivors

Come join the fun. Paddle for

Recovery with Casi, bring the entire family and play volleyball with the Holy Cross volleyball team, enjoy a potluck BBQ, hang out on the beach, swim and enjoy the end of summer!

It's no secret that Mother Nature can help heal. Just step outside after a stressful day and you immediately start to feel relief. Add in movement or exercise and the benefits grow. New studies have shown that outdoor activity can aid in recovery from disease, reduce stress, increase concentration, and improve your overall health and wellbeing. If you can enjoy these benefits while burning calories and building muscle, then that is what the doctor ordered.

Paddle for Recovery is a free SUP class for those currently undergoing or who have recently completed treatment for cancer. Our mission with this program is to provide an opportunity to escape on the water and maybe even find a new passion that can assist in recovery.

Join us on Tuesday, Aug. 27 at Lake Siog Park in Holland. Grills and picnic tables are on site. Bring your own chairs or blankets to sit on. Carry in carry out!

Schedule of events:  
4-5 p.m. Registration, BBQ, Social  
5-7:30 p.m. Volleyball Clinic and pick-up game (for kids and adults)  
5:30-7 p.m. Paddle for Recovery for survivors (limit 10 spots, sign up early!)

8 p.m. Group photo of Survivorship  
Contact [info@pinkhippy.org](mailto:info@pinkhippy.org), or call (508) 304-3463 for more information. Registration is required to attend this event.



# SPORTS

## HOW THEY GOT THERE

### Post 109 posts walk-off win, ending Northbridge's season



Sturbridge's Nolan Kingman attempts to lay down a bunt versus Northbridge.



Jared Langevin of Sturbridge stands in the box, patiently waiting on his turn to swing away.

BY KEN POWERS  
SPORTS CORRESPONDENT

STURBRIDGE — Sean Clark's bases-loaded walk in the bottom of the ninth inning brought Pat Wilbur home with the winning run and delivered Sturbridge Post 109 a 5-4 victory over Northbridge Post 343 in the second round of the American Legion Zone 4 playoffs on Friday, July 19 at Tantasqua Regional's William R. Emrich Field.

With the win Sturbridge advanced in the loser's bracket of the double-elimination tournament to face Cherry Valley — a team that had beaten them a day prior in the tournament — in a win-or-go-home game. Because of the loss Northbridge (who lost to Milford Post 59 a day earlier, 8-0) was eliminated from the Zone 4 playoffs.

Wilbur, who started on the mound for Sturbridge, walked to begin the bottom of the ninth. He advanced to second on a balk and to third on a bunt single by Niko Gidopoulos. Gidopoulos then stole second to remove the possibility of the Northbridge defense

turning a double play.

Nolan Kingman (two hits) then loaded the bases by reaching on a bunt single, setting the stage for the always-patient-at-the-plate Clark (two hits, RBI).

There were no outs when the winning run scored.

"It came down to executing the bunts and they were good bunts," said Sturbridge manager Jim Rosseel, who, with the win, picked up his first American Legion coaching victory. "I give all the credit to Ray Sullivan, my assistant coach. He's the one that wanted to put in Niko, he said Niko would get the bunt down and he did."

"And then Nolan Kingman laid down the bunt, too," Rosseel continued. "We had been trying for two nights to do that and we couldn't do it, we did when it counted."

The drama of Sturbridge's game-winning rally in the ninth inning was only surpassed — maybe — by the team's seventh-inning comeback. Post 109 sent the game into extra innings by erasing a 4-1 Northbridge lead in the bottom of the seventh

inning.

With one out Jared Langevin reached on an infield single to short, stole second and the scored to make it 4-2 when Avery Wetherbee singled to center field. Up next was Wilbur, who reached on a Northbridge error.

The next batter, Colin Eliason (two hits, RBI) followed with an RBI single to center that scored Wetherbee to cut the Northbridge lead to 4-3. Post 109 tied the game, 4-4, when Wilbur scored on a botched Northbridge pickoff attempt during the at-bat of Kingman.

Sturbridge had a chance to win the game in the seventh, loading the bases with two out, but Deven Kingman (two hits) popped out to end the rally and send the game to the eighth inning.

"The key was the kids' attitude. It was good coming into the dugout in the seventh inning after Northbridge went ahead, 4-1," Rosseel said. "They showed me we had a backbone. I didn't really know if they did or not at that point, but I saw that we did."

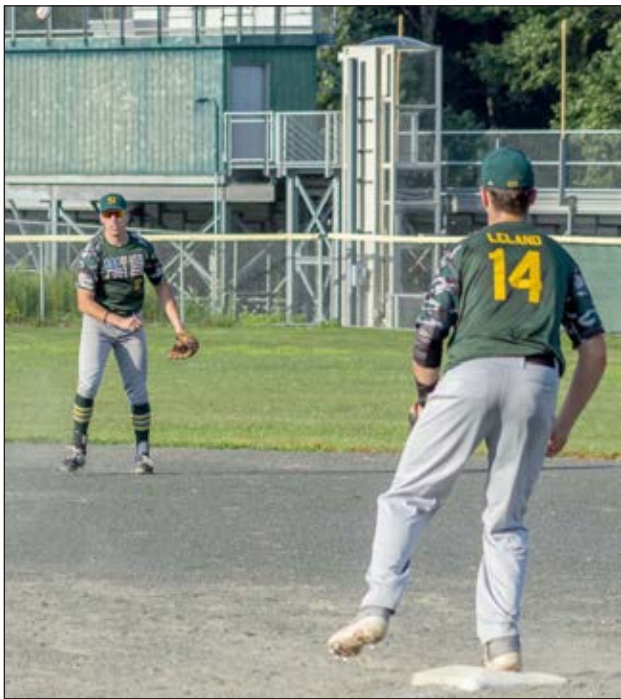
Northbridge had a rally

of its own in the top of the seventh inning, scoring three times to take the aforementioned 4-1 lead.

With one out Matt Ceruti reached on a Sturbridge error. He went to second on a sacrifice bunt by Connor Gniadek and then, after an intentional walk to Dave Meech (single, double), advanced to third when Derek Angell was hit by a pitch, which loaded the bases. Ceruti put Post 343 ahead, 2-1, when Northbridge's next batter (after Angell) Zack Roberts, was also hit by a pitch.

Jon "Buck" Cray increased Northbridge's lead to 4-1, Meech and Angell scoring when Cray's soft line drive to center field was just out of the leaping reach of Langevin, Sturbridge's second baseman.

Sturbridge grabbed a 1-0 lead in the bottom of the first inning. Clark led off with a single to center field, went to second when a balk was called on Meech, Northbridge's starting pitcher, and took third on an infield single by Deven Kingman. He scored when Langevin was issued a bases-loaded walk.



Sturbridge's Jared Langevin throws the ball over to Roger Leland at first base.

Northbridge tied the game, 1-1 in the top of the fifth. With two out Meech doubled to right field and then scored on an RBI single to center by Angell.

"I'm frustrated. We had so many chances. I thought at 4-1 we had them," Northbridge manager John Demagian said. "We just couldn't get it done. I'm just so frus-

trated right now. It just doesn't seem to happen for us. Even when we do something good it doesn't seem to carry over for us. We got the lead and we couldn't close it out. We even got [Roger Leland, Sturbridge's first hitter in the seventh] out, but we still couldn't close it out."

## EARLIER IN THE WEEK

### Gilman bears down, pitches Cherry Valley past Sturbridge, 5-0

LEICESTER — It's not how you start, it's how you finish.

Cherry Valley American Legion pitcher Aidan Gilman showed just how accurate that age-old sports cliché can be in Post 443's 5-0 victory over Sturbridge Post 109 in the opening game of the Second Round of the Zone 4 playoffs on Thursday, July 18 at Rochdale Park.

Five minutes into the game Gilman — Cherry Valley's ace — faced a bases loaded, no outs predicament. It was not how the recent Quaboag Regional graduate envisioned the start of the game unfolding. At that point he took a moment to take a deep breath and gather his thoughts.

"That's a big situation to be in, especially in the playoffs," Gilman said. "So, I walked behind the mound and said to myself, 'don't let them score.' I wanted to keep it 0-0 and give my guys a chance to score some runs."

Gilman did just that, striking out the next three Sturbridge batters he faced, two on called third strikes. The right-hander went on to have a game to remember, pitching 5-2/3 innings of five-hit, six-walk, no run ball, finishing with an eye-popping 14 strikeouts.

"Aidan was a monster tonight," Cherry Valley manager Jim Stephens said. "That's just the kind of pitcher he is; he's a dynamite pitcher. Sturbridge loaded the bases on him in the first but then he re-focused, took it a pitch at a time and got the job done. Aidan's a bulldog. He thrives on the battle. He was so pumped up coming off the mound in the first after striking out the side; it was incredible."

From the Post 109 perspective, Gilman thwarted its opportunity to take control



Jason McKay photos

Dan Mero of Cherry Valley stands in the box, waiting on his turn to swing away.

of the game.

"It would have been a whole different game if we had gotten a hit there," Sturbridge manager Jim Rosseel said. "We had pitch count up; he threw 28 pitches in that inning. If we had gotten a hit his pitch count would have gone way up and it would have been a whole

different game. But, [Gilman] pitched one hell of a game; you can't take that away from him."

Rosseel, however, was not happy with his team's inability to put the bat on the ball.

"We struck out 14 times, eight looking," Rosseel said. "That's unaccept-

able."

Cherry Valley took a 1-0 lead in the bottom of the third inning.

Joel Erickson (two hits) got the inning started with a single to center field and he advanced to second on a sacrifice bunt by Matt Kustigian. Erickson scored to make it 1-0 when Tyrus Garvin — in a two-out, 0-2 hole — singled sharply to center field. The hit was the first of two Garvin had in the game.

Post 443 increased its lead to 5-0 in the bottom of the fifth inning.

Erickson again led off with a single — this time a bloop hit that barely made it into left field — and went to second on a groundout by Kustigian. He scored to make it 2-0 on an RBI single to center by Dan Mero. Garvin followed with a single to center, moving Mero to third base. Garvin then got himself into scoring position by stealing second and both Mero and Garvin then came home — to push the Post 443 lead to 4-0 — on an RBI double to left-center off the bat of Chris Kustigian, Matt's older brother. Chris Kustigian scored to make it 5-0 later in the inning on a sacrifice fly to right field by Edgar Lopez.

"I was happy when we took a 1-0 lead in the third, but I didn't think one run was going to be enough, so I thought our ability to manufacture a few more in the fifth was very important," Stephens said. "The kids played well; this was a good win. Every time we step onto the field we're trying to play the perfect game and today was as close as we could be. The team played very well today; they did everything I asked."

Sturbridge's five hits — all singles — came off the bats of Sean Clark, Deven Kingman, Roger Leland, Colin Eliason and Nolan Kingman.



# OBITUARIES

## William (Bill) John MacWilliams Jr. , 57



E A S T B R O O K F I E L D - William (Bill) John MacWilliams Jr. – Born on December 4th, 1961 died at home July 12th, 2019, at the age of 57, after a long battle with multiple myeloma, a rare & incurable type of bone marrow cancer.

He is survived by Susan, his wife of 36 years, and their children Ben & Emily. Bill was born in Bridgeport, CT; the first son of William Sr. and Barbara MacWilliams, his loving mother who passed in 2011. He is also survived by his three younger brothers; David & his wife Maria of Southwick, MA, Todd & his wife Mary of Concord, GA, and John & his wife Mary of Knoxville, GA. Bill was the beloved nephew of Gwen & Joe Palmer of Fairfield, CT. He will be greatly missed by his large extended family — cousins, nieces, nephews, brothers and sisters-in-law, as well as his greatly supportive network of friends.

Bill spent many years working at Charter Communications, formerly Greater Media Cable, first in sales and later in collections. While climbing triple-deckers wasn't his favorite, he left that position with lots of interesting stories to tell, and experience that helped him make the transition to copywriting and ad sales for multiple radios stations in New England. Although he was a natural salesman and thrived in this environment, Bill truly prided himself on his past work as a landscaper. If you ever rode in a car with him, you knew a lawn he used to mow the moment you drove by. He'd be quick to tell you, "It looked better when I did it."

Anyone who knew Bill knew how important sports were to him. He followed not just his teams, but everyone's teams. He had an unfathomable number of statistics in his brain and out of his mouth before you even needed to ask. Even more than watching, Bill loved playing sports. He was a talented athlete from an early age, and his mother was his first and most vocal fan. He was a track star at Bethel High School (class of 1979) and always worked to maintain relationships with teammates from his youth.

Throughout his life, Bill spent time playing basketball, baseball, softball, and darts, but more than any of these, he loved playing golf. When his illness made his body weak, his eyes were always on the next round of golf. Just one month before his passing, he played a round with some old friends, finishing with a 52 and outscoring everyone in his foursome. If you don't know golf, this amazing score for someone whose body is fighting such a difficult battle, and a perfectly respectable score if you were healthy. However, this was still not a score that met the high standards that Bill set for himself. Those who were lucky enough to play a round with him in his prime know why.

One day over 30 years ago, Bill picked up a hitchhiker who changed the course of his life by introducing him to a new sport – a kind of golf played by throwing hard plastic discs into baskets. From that moment on, golf became "ball golf", and his energy was focused on learning and perfecting this new challenge. By becoming involved in the disc golf community, Bill helped grow this virtually unknown sport throughout New England and beyond, while making lifelong friends in the process. Bill was an early and active member of the New England Flying

disc Association (#12), and loved spending his time traveling to & playing new courses, organizing & participating in tournaments, and pointing out big open spaces of land he thought would make a great disc golf course. During his life, Bill helped with the design & construction of dozens of courses all across New England, an accomplishment that his family takes enormous pride in.

His ability to make friends in any situation truly shined after his cancer diagnosis, when he was brought into a whole new community of people – the doctors, nurses, and caregivers at UMASS Memorial Medical Center – University Campus on North Lake Ave in Worcester, MA. Bill made true connections with the wonderful individuals who helped care for him, and the family wants to send these people their deepest thanks.

Bill was a natural athlete, and he never wanted to lose. His final battle with cancer is heartbreaking, but we like to think of him as he is in our memories – healthy, fit, and strong – making it to the finish line after an impossible race.

These are some other ways he would like to be remembered: Taking a drive in a storm, car shows with Ben & Brent & Ben, talking about "the stuff we used to get away with" with Dave, Todd, John, Bruce, and Pat, having a drink with "your name here", dinner at Enrico's, mussels at the Lobster Pot, Local takeout brought to the Quaboag boat ramp and feeding the leftovers to the birds, any Yankee game – in person or on TV, bitching about the Red Sox, a lazy afternoon with a golf match on the television, finding a little league bat or a Frisbee pie tin at an antique store, reminiscing around the fire, being a human playground for all the kids at a family party, winding up a toddler and watching them go!, grabbing a kid by their ankles and mopping the floor with their hair, saving EVERYTHING, Scituate vacations, Cape Cod weekend, tapping on the steering wheel, and playing piano on the dashboard

Bill's family sends out their loudest and most sincere thanks to everyone who stood by and stepped in to help him & them during this 6 year battle with cancer. We wouldn't have been able to get through it without you.

Calling hours will be held on Saturday August 3rd 2019 from 3pm to 5pm at Robert J. Miller-Charlton Funeral Home; 175 Old Worcester Rd Charlton, MA. Celebration of Life to follow — 6pm at Rapsallion Brewery & Disc Golf; 195 Arnold Rd Sturbridge MA

Please, No Flowers. Instead, take the money you would use to buy flowers, and make a donation in Bill's name to one of these causes that Bill was passionate about.

The Adam Bullen Memorial Foundation uses your donations to support "Adam's Angels", an organization that helps the families of people battling cancer with travel expenses, so that no one has to face their fight alone. Please email BullenFoundation@AdamBullen.com to make a donation.

Bill was extremely proud to have helped make the dream of a Disc Golf course at Crystal Pond Park in Woodstock, CT a reality. By donating to the upkeep and maintenance of this place, you can help keep that dream alive. This course was very close to his heart, and somewhere we can all go to feel close to him. Please visit [www.crystalpondpark.com/volunteer-donate.html](http://www.crystalpondpark.com/volunteer-donate.html) for more information.

## Natalie J. Goudreau, 84



STURBRIDGE - Natalie J. (Becia) Goudreau, 84, of Main St., passed away on Sunday, July 14th, in her home surrounded by family after a long illness.

Her husband of 67 years, Donald R. Goudreau, passed away November 4th of last year. She leaves her daughter, Gale M. Wightman and her husband Bennett of Holland; her son, Glen D. Goudreau of Southbridge; her five grandchildren, Sebastian Vallee, Gabrielle Goudreau, Vanessa (Vallee) DeLuca and her husband Brandon, Grant Goudreau and Olivia Goudreau; and her two great grandchildren, Logan DeLuca and Vivian DeLuca. She was predeceased by two brothers, George Becia and Pete Becia and two sisters, Lena LaFortune and Annette LaCoille. She was born in North Grosvenordale, CT the daughter of George and Flora

(LaFlamme) Becia.

Natalie was an Interior Design Consultant for many years before retiring. She previously was a hairdresser and worked at Lena's Charm Studio in Southbridge. She had a passion for decorating and enjoying the outdoors. Natalie's greatest joy in life was her family. She was the family matriarch and was always concerned for everyone's wellbeing.

A graveside service for Natalie and her husband Donald was held on Monday, July 22nd, at 10:30am in the Old Notre Dame Cemetery, Charlton St., Southbridge. There are no calling hours.

In lieu of flowers, donations may be made to the Alzheimer's Association, 309 Waveley Oaks Rd., Waltham, MA 02452.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

[www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

## Verna M. Miller, 95



QUINEBAUG, CT: Verna M. (Gard) Hammond Miller, 95, of Parkway Dr., passed away on Thursday, July 18th, in her home after a brief illness.

Her first husband, Aaron Hammond, passed away in 1979 and her second husband, Charles H. Miller, passed away in 2008. She leaves her daughter, Pamela S. Bouchard and her husband John of South Woodstock, CT; her son, George Hammond of Sturbridge; her sister, Carol Dergan and her husband Bob of California; her sister-in-law, Louise Gard of Charlton; her six grandchildren, Faye Nyhaug and her husband Charlie, Pat Seagrave and her husband Walter, Carol Fuginiti and her husband Tony, Todd Hammond, Glen Hammond and his wife Lisa, and Jennifer Tancrell; Great grandchildren; and nieces and nephews. She will also be greatly missed by her grand fur babies Kiko, Pepsi and the chickens. Her daughter, Linda L. Waite, passed away in 1981. She was also predeceased by her two brothers, Robert Gard and Frank Gard, and her best friend, Janet Moulton. She was born in Northfield, NH the daughter of Robert A. and Marjorie (Gilbert) Gard.

Verna was a longtime assistant to Dr. John Rigatti's practice in Sturbridge, retiring many years ago. She previous-

ly worked in the costume department of Old Sturbridge Village and prior to that she owned and operated Verna's Drive-in Restaurant in Charlton for several years. Verna met Charlie on a visit to her sister Carol in San Diego, she moved there and married Charlie in 1980. They later moved to El Cajon, CA and then Florida before settling in CT to be closer to her daughter. Verna had a passion for playing golf. She enjoyed traveling the country with Charles in their RV. She also enjoyed trips to Cape Cod with her daughter Pam. She was especially fond of all her friends at the Memory Cafe and all the fun activities they did together.

Her family would like to thank her neighbors, Ray, Paul, Chris and Joanne who always kept an eye out for her and were right there whenever she needed help and her CNA Louise Lavalley and the wonderful homemade meals they shared.

Her funeral service was held on Wednesday, July 24th, at 11:00am in the Charlton City United Methodist Church, 74 Stafford St., Charlton. Burial will follow in Northside Cemetery, Charlton. A calling hour in the church was held on Wednesday, July 24th, from 10:00 to 11:00am, prior to the service.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing the arrangements.

[www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

## Donald R. Goudreau, 87



STURBRIDGE - Donald R. Goudreau, 87, of Main St., passed away on November 4th 2018, in the Southbridge Rehabilitation and Healthcare Center, after an illness.

He leaves his wife of 67 years, Natalie J. (Becia) Goudreau; his daughter, Gale M. Wightman and her husband Bennett of Holland; his son, Glen D. Goudreau of Southbridge; his sister, Janet Halley of Merritt Island, FL; his five grandchildren, Sebastian Vallee, Gabrielle Goudreau, Vanessa (Vallee) DeLuca and her husband Brandon, Grant Goudreau and Olivia Goudreau; and his two great grandchildren, Logan DeLuca and Vivian DeLuca. He was born in Southbridge the son of Meridee and Jennie (Swanson) Goudreau.

Donald was a carpenter and part-

nered with his father operating as Meridee Goudreau and Son Carpentry. Along with his many years as a carpenter he did restoration of homes, churches and furniture, which included painting and many other fine details. In his spare time he enjoyed doing oil paintings and had a passion for painting landscapes. He was also a fighter plane enthusiast.

A graveside service for Donald and his wife Natalie was held on Monday, July 22nd, at 10:30am in the Old Notre Dame Cemetery, Charlton St., Southbridge. There are no calling hours.

In lieu of flowers donations may be made to the Alzheimer's Association, 309 Waveley Oaks Rd., Waltham, MA 02452.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

[www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

## Paul E. O'Connell, 72

Thompson, CT – Paul E. O'Connell passed away unexpectedly on Sunday, July 14, 2019. Born in Putnam, CT on September 10, 1946, Paul was the son of the late George D. O'Connell, Sr. and

Simone (Joly) O'Connell.

Paul will be missed by many and remembered for his love of cards, horse racing, dining out and cooking. He was most proud of his famous spaghetti sauce. He enjoyed all types of sports and was a guy who loved life and was determined to live it his way.

Paul is survived by his four children, Michelle Thompson and her husband Joe of Dudley, Massachusetts, Kevin O'Connell and his wife Kim of South Carolina, Erin O'Connell of Worcester, Massachusetts and Meghan Gerardi of Leicester, Massachusetts; five grandchildren, Tyler Reich, Emily and Joseph Thompson and Riley and Ashley O'Connell and six sisters: Gloria Benard and Shirley Lynch, both of Brooklyn, Connecticut; Evelyn Mathieu of York, South Carolina, Priscilla Midboe of Winchester, Kentucky; Jane Delaney of Griswold, Connecticut and Susan Smith of Lisbon, Connecticut, with whom he shared a special bond. In addition, he leaves countless nieces and nephews as well as a very special friend, Douglas Gates.

Paul was predeceased by his parents, a brother, George, Jr. and two sisters Beatrice and Deanna.

Family and friends are invited to attend a reception in loving memory of Paul to be held at the American Legion Hall, 17 Thompson Hill Road, Grosvenordale, Connecticut on Sunday, July 28th from 12:00 p.m. – 3:00 p.m.

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# CALENDAR

## June 27-Aug. 17

A UNIVERSE OF STORIES SUMMER READING PROGRAM: Holland Public Library, 23 Holland Rd. Weekly prizes, special programs and a grand prize drawing! Registration begins at our kick-off program on June 27.

## Tuesday, July 23

BOOKS ON THE BANDSTAND: 10:45 a.m., Joshua Hyde Library, Sturbridge. Books on the Bandstand. Today our stories, songs, and craft will be about astronauts! Children of all ages are welcome with caregiver.

## Wednesday, July 24

FOAM VISOR CRAFT WORKSHOP: 10 a.m. and 8 p.m., Joshua Hyde Library, Sturbridge. A fun foam summer visor craft is available for children to create. Drop-in. Supplies may be limited. Free.

HAND-CRAFTED HOOKED RUG SHOW: Noon-7 p.m., Publick House, 227 Main St., Sturbridge. Free admission. Come see the artistry of hand-hooked rugs by the members of the Pearl K. McGown Northern Teachers Workshop.

## Thursday, July 25

CHRISTMAS IN JULY: 10 a.m.-8 p.m., Joshua Hyde Library, Sturbridge. Join us for Stories with Santa! Santa will visit and share stories and a snack! It is never too early to visit with Santa and make sure you're on the Nice List! Free. Sponsored by the Sturbridge Rotary Club. Pre-register, please!

## Saturday, July 27

IT'S SHARK WEEK!: 10 a.m.-4:30 p.m., Joshua Hyde Library, Sturbridge. It's Shark Week! Drop in for a fun craft! Suitable for children 3-12 years of age. Supplies are limited. Sponsored by the Friends of JHL.

## Sunday, July 28

FIFTH ANNUAL CAAC BLUEBERRY FESTIVAL: 10 a.m.-4 p.m., Charlton Arts & Activities Center, 4 Dresser Hill Rd. Fresh blueberry shortcake, live animal show by Animal Adventures, lively music, several food trucks, horse rides, pie-eating contests, basket raffle table, sports memorabilia silent auction, Maggie the Clown, face painting, henna tattoos, free bounce house, 60 vendor craft fair, blueberry lemonade, and fresh blueberries and pies from

Fay Mountain Farm. Email questions to charltonarts7@gmail.com (please no new vendor inquiries).

## Monday, July 29

BROWN BAG BOOK CLUB: Joshua Hyde Library, Sturbridge. Students entering grades 4, 5 & 6 are welcome. We'll be reading and discussing "Hello, Universe" by Erin Entrada Kelly. Copies available to borrow at the library. Book club meets on July 8, 15, 22, 29. Bring your own beverage; library will provide pizza. This is our final meeting. Pre-registration was required.

## Tuesday, July 30

BOOKS ON THE BANDSTAND: 10:45 a.m., Joshua Hyde Library, Sturbridge. Join us on the town common for stories, songs, and a fun craft activity featuring sharks! All ages welcome with caregiver. In the library meeting room if raining. Free. Drop-in.

## Wednesday, July 31

CHALK GAMES: 10 a.m.-8 p.m., Joshua Hyde Library, Sturbridge. Enjoy sidewalk games as you make your way to the library door! For children of all ages!

## Friday, August 2

CHARLTON HELPING HAND SOCIETY YARD SALE: 8 a.m.-2 p.m., 81 Hammond Hill Rd., Charlton. Our generous members provide the donations to be offered at the sale. Come early, stay late and "Help us to Help Others" with this important fundraiser. Would you like to donate? Please call Sue at 508-248-3156. See you at the sale!

## Saturday, August 3

CHARLTON HELPING HAND SOCIETY YARD SALE: 8 a.m.-2 p.m., 81 Hammond Hill Rd., Charlton. Our generous members provide the donations to be offered at the sale. Come early, stay late and "Help us to Help Others" with this important fundraiser. Would you like to donate? Please call Sue at 508-248-3156. See you at the sale!

## Tuesday, August 6

NATIONAL NIGHT OUT: 4-8 p.m., Sturbridge Town Common, 278 Main St. A family event to bring folks together. Meet your police officers & firefighters. See police vehicles and fire trucks on display. Watch live K9 demos, search

& rescue dogs, environmental police, Harrington Hospital personnel, enjoy music by Q90.1 & Thompy Time DJ, delicious food, kids' games, and more!

## Sunday, August 18

SIXTH ANNUAL ZUCCHINI FESTIVAL & ANTIQUE CAR/MOTORCYCLE SHOW: Noon to 4 p.m., Holland Community Center, 40 Brimfield Rd. We will have a Zucchini Cook off in three categories: Appetizers/Salads, Entrees/Casseroles, Breads/Desserts. Entries must be signed in by 12:30 p.m. and bring a copy of the recipe. You can enter your biggest zucchini at the Holland Market from Aug. 11 to the 17. Antique Cars (pre 1995) can sign up for a \$5 entry fee, prizes will be given in the following categories - "Best Car," "Best Resto Mod," "Best Hot Rod," "Best Paint" and "Best Interior." If you can't cook, don't have an antique car, or didn't grow a zucchini you can still let your Zucchini Spirit Shine! Lots of fun will be happening. Craft tables and Vendor Tables, a Magician, a Musician, for the second time the Bubble Machine (which is super fun! Just sheets and sheets of foam falling), Adoptable Cats from Here Today, Adopted Tomorrow, Non-Profit tables, Face Painting, a Chinese Raffle sponsored by the Friends of the Holland Community Center, a Bakesale sponsored by the Friends of HCC, as well as the Holland Fire Department will be there. The Boy scouts will be cooking burgers & dogs so stop by for lunch. Vendor Tables available for \$10, Non-Profits are free. This is a fun time for all ages!

## Friday, August 23

POLLINATORS & PLANTS: 10 a.m., Norcross Sanctuary, 30 Peck Rd., Wales. Join us for a casual walk with our Staff and nature guru Dave Small from the Athol Bird and Nature Club. We will explore parts of the Sanctuary and see what interesting birds, butterflies, beetles, bees and buds we can find! Depending on how the day goes, we could be out for two hours or four, so please RSVP so we can make arrangements for lunch. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

## Saturday, September 21

THE NATURE OF MY BACKYARD: 11 a.m.-noon, Norcross Sanctuary, 30 Peck Rd., Wales. The Creature Teachers are coming to Norcross, and bringing live animal ambassadors to explore the

lives of the creatures living in our own backyards. A great program for all ages to meet some of the common animals that we encounter every day. Reserve your spot: Call 413-267-9654 or email lectures@norcrosswildlife.org.

## Saturday, October 5

STOP ABUSE TODAY INC. "TRIFECTA": A 5K, 10K, and marathon in support of Stop Abuse Today at Holland Elementary School, 28 Sturbridge Rd. Half marathon starts at 8 a.m., and the 5K and 10K both start at 9 a.m. Register online at event.racereach.com/stop-abuse-today-5k-10k-13.1/register.

## ONGOING

THE STURBRIDGE FARMER'S MARKET is held every Sunday through Oct. 6 from 9 a.m. to 1 p.m. on the Town Common.

CHARLTON AMERICAN LEGION POST 391 meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We'd love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran's wakes & funerals. There's plenty we can still do to help our community.

"A CARING PLACE" MEMORY CAFÉ: A Memory Café is a place where people living with a cognitive related illness or injury such as; Parkinson's, Dementia, Alzheimer's, PTSD, autism and any other related illness or injury can go with their loved ones (often their caregivers), and spend quality time together away from the negativity and stigma that often accompanies this. A Memory Café is a safe, judge free and fun place for people to go where they can be themselves and enjoy the company of loved ones and never have to worry about what others are thinking. We will never ask for a diagnosis and anyone from any town or city and any age are welcome. We only ask that all guests have a caregiver with them and that the guest has a cognitive related illness or injury. Staff is not responsible for the personal care of any guest. We are accepting to any level of ability and always welcome new people. Our Memory Café is run on donations and sponsors. Light refreshments are often served. Our atmosphere is geared toward fun yet comfortable and always safe. Our Café often hosts sing-

Turn To **CALENDAR** page **A16**

# HERE & THERE → Local Events, Arts, and Entertainment Listings

### FRIDAY JULY 26



JOE MACEY @ 7-10  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

### SATURDAY, JULY 27

10am-2pm (rain date July 28)  
JANINE'S FROSTEE 14TH ANNUAL CLASSIC CAR SHOW  
To benefit Cancer Services at Baystate Mary Lane Hospital  
Lot opens at 9am for registration. ALL cars must be registered to be in the lot. Judging from 11am-1pm with trophies and all prizes by 2 pm.  
Delicious Food Specials & Custom Car t-shirts on sale. Tons of Raffles, 50/50, Prize Wheel. Public Welcome  
149 East Street (off Route 9)  
Ware, MA 413-967-7950

### SUNDAY, JULY 28

DAN FEELEY @ 2-5  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333



### TUESDAY, JULY 30

FARMERS MARKET 5-7 pm and CONCERT from 6-7:30 pm  
Jazz and Blues Singer, Ethel Lee  
Concerts on the Common  
Presented by The Overlook  
88 Masonic Home Road  
Charlton, MA 01507

### FRIDAY, AUGUST 9



RED SOX GAME:  
for \$105: round-trip motor coach transportation, ticket to game (right field box seating rows A-G) Bus departs  
Danielson at 4pm. Call 860-423-2591.

### THURSDAY, AUGUST 22

FARMER'S DINNER  
From our gardens to your plate.  
Featuring local pasture raised chicken.  
Advanced tickets required  
Salem Cross Inn  
260 West Main St., W. Brookfield, MA 508-867-2345 salemcrossinn.com

### SATURDAY, AUGUST 24

OPEN HOUSE & FALL REGISTRATION 11am-6pm  
Live dances, free mini trial classes, fun & games, free give-aways, meet the teachers, check out the studio. Also register August 27 and September 4th  
6-8 pm at the studio or call/email to register at anytime. Classes begin Sept. 9  
Dance Techniques  
62 Wall St., Spencer, MA 01562  
508-885-4559

### SUNDAY, SEPTEMBER 8

FARMERS DINNER  
From our gardens to your plate.  
Featuring Salem Cross Farm Pasture raised beef

Advanced tickets required.  
Salem Cross Inn  
260 West Main St., W. Brookfield, MA  
508-867-2345 salemcrossinn.com

### SEPTEMBER 12-14

ORIGINAL SEWING & QUILT EXPO  
Auburn Sewing Center will be at the DCU Center. Classroom machines on sale. Stop by their Brother & Janome booth for make-it, take-it projects.  
Classes and demonstrations 9am-5pm  
50 Foster St, Worcester, MA 01608  
www.dcucenter.com

### FRIDAY, SEPTEMBER 13,

MURDER MYSTERY DINNER  
An interactive dinner theater  
The Fashionable Murders. 6:30 pm  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required  
sailemrossinn.com or call 508-867-2345. 260 West Main Street  
West Brookfield, MA 01585

Do Something FUN This Weekend!

### SUNDAY, OCTOBER 27,

MURDER MYSTERY DINNER  
An interactive dinner theater  
The Fashionable Murders. 6:30 pm  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required  
sailemrossinn.com or call 508-867-2345. 260 West Main Street  
West Brookfield, MA 01585

### SUNDAY, NOVEMBER 15

MURDER MYSTERY DINNER  
An interactive dinner theater  
The Fashionable Murders 6:30 pm  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving. Advance ticket sales required  
sailemrossinn.com or call 508-867-2345. 260 West Main Street  
West Brookfield, MA 01585



### ONGOING

JUNE THROUGH AUGUST 5 p.m.  
WEDNESDAY NIGHT CRUISING FOR CHARITY CAR SHOW AT KLEM'S  
All makes and models. Proceeds benefit the Masonic Children's Charity  
KLEM'S  
117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com

SUNDAYS THIS SUMMER  
with live music from 2-5 on the patio  
308 Lakeside  
308 East Main Street

East Brookfield, MA 01515  
774-449-8333



MARIACHI BAND  
First Thursday of the month 5-8 p.m.  
MEXICALI MEXICAN GRILL  
Webster location  
41 Worcester Rd.,

Webster, MA  
508-461-5070



TRIVIA SATURDAY NIGHTS  
7:00 p.m. register 7:30 p.m. start up  
HILLCREST COUNTRY CLUB  
325 Pleasant St., Leicester, MA  
508-892-9822



LIVE ENTERTAINMENT  
FRIDAY NIGHT  
HEXMARK TAVERN  
AT SALEM CROSS INN  
260 West Main St., W. Brookfield, MA  
508-867-2345 salem-crossinn.com

Lets Hang Out Together!





CALENDAR  
continued from page A15

ers, dancers and performers who will help bring back old memories and days gone by. Our Café also hosts fun interactive activities but never educational events; we feel this should be a fun time spent together. Please see the upcoming scheduled events coming to our Memory Café over the next few months. Signups are encouraged. We are open the first Wednesday of each month from 3-5 p.m.

**WOMEN'S BASKETBALL:** Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje  
St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje

with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

**ALZHEIMER'S SUPPORT GROUP:** First and third Thursday of each month, 2:30-3:30 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support

others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

**NUMISMATICS:** Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

**ALCOHOLICS ANONYMOUS:** Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

**K9 NOSE WORK:** A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor – National Association of Canine Scent Work.

**SEN-I JUDO CLUB:** This course runs

all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.


**WEIGHT WATCHERS:** Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit [www.weightwatchers.com](http://www.weightwatchers.com) to become a member or to learn more about Weight Watchers.

**YOGA:** Hatha Yoga benefits are stress-relieving. Relax & rejuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

**FENCING:** Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.



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## TRIPS

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Make checks payable to the Southbridge Senior Citizens Association. Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

## FRIENDS OF STURBRIDGE SENIORS

We are proud to announce the following upcoming Bus Trips which are open to everyone age 21 and over. The following One Day Bus trips are 92.00 which includes a Deluxe Bus Transportation, Delicious Lunch, Tax, Gratuity and Fabulous Entertainers.

Sunday May 19th See The Edwards Twins, the Best Impersonators of all the Biggest Stars.

Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

Wednesday August 28th Tribute Show hear Songs of Neil Diamond, Carole King, Johnny Cash, Janis

Tuesday Sept 17 Atlantic City Boys, 4 Dynamic Lead Singers perform World Class Vocals and Comedy

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tatoo

Military Festival, Halifax Saint John plus more 1299 Double occupancy

Saturday August 3 to Sunday August 4, Boston Red Sox vs NY Yankees game, Statue of Liberty, Ellis

Island, 399.00 Double Occupancy Tuesday 8/27 to Thursday Spectacular Saratoga NY Raceway, Lake George Cruise, Tour of Saratoga

Battlefield, Norman Rockwell Museum. 499.00 Double occupancy

Tuesday December 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show,

Hershey's Chocolate World and more 459.00 Double occupancy

For more information, please contact Dick Lisi at 508 410 1332 or at lisirichard15@yahoo.com

## UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019

2019 is the Society's 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

Aug. 11 - "A Sunday Afternoon at Tanglewood" - a noon luncheon at the Red Lion Inn followed by the 2:30 p.m. concert with reserved seating in the Koussevitsky Music Shed. Thomas Ades, conductor, leads the Boston Symphony Orchestra with the music of Ives and Beethoven and guest pianist Inon Barnatan. The cost is \$127 (an inclusive luncheon, concert and motor coach transportation). A payment plan is available. The reservation deadline is July 30. Departure is 9 a.m., RMV parking lot, Southbridge.

Nov. 16 - "Do As You Wish Day in New York City" - shop for Christmas, do some sightseeing, visit a museum, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation

deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avoid disappointment, call early.

Dec. 14 - "Festival of Christmas Lights" at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright's Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

## UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on Facebook The Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019

Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

Sept. 20- Sun, Sept. 22. - Balloon Festival \$549. made out to Conway Tours. (trip full - waiting list)

Oct. 1- Return of Turkey Train! Train ride along Lake Winnepesaukee with turkey dinner on board. \$81; leaves Whitinsville at 8:30; Home 6:30

Nov. 12~ Aqua Turf Club ~ lunch & show, "Crooning the 70's". \$79. Family style meal of Penne ala Vodka, Beef Burgundy, & Salmon

It's not too early to think about Christmas! Join the Silver Club

for Boothbay Harbor, "Christmas by the Sea" in Portland, ME, or Reagle Players Christmas Show for Christmas 2019!

Nov. 21-22~2 day Boothbay Harbor w/ lunch at the Harraseeket Inn in Freeport. ~ 2 days w/"Gardens Aglow" (beautiful light show at the botanical garden) at the Boothbay Harbor Botanical Gardens. 1 lunch, 1 breakfast. \$199. double occupancy, \$259. single.

DEC.5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

Dec. 8 - Reagle Players Christmas show.... TBA

DEC 13-14: CHRISTMAS BY THE SEA: \$329. 1 breakfast, 1 elegant holiday buffet lunch, 1 dinner. "Magic of Christmas" Portland Symphony Orchestra plus Ogunquit's "Christmas by the Sea" celebration

All trips leave from Whitinsville Walmart, 100 Valley Parkway, Whitinsville. Make sure to always include entree choice, phone # (esp. cell) and an emergency phone number. Please call Sue at 508-476-5820 for more information or to reserve.

## West Brookfield Senior Center

Block Island, Aug. 21

Price: \$122 (includes bus driver gratuity)

Trip includes a ferry ride to Block Island, with a 1 and a quarter hour tour across the island with a native

Block Island Guide. Also included is a luncheon at the National Hotel, with entree choices of Grilled Salmon,

Chicken Breast or Baked Seafood Casserole. Some time to browse the shops will be available. A deposit of \$60 is required upon sign-up. Please contact the West Brookfield Senior Center at (508) 867-1407 for more information.

## Dining &amp; Entertainment

Visit these fine establishments for great food and entertainment

For advertising information:

Call Mikaela at (508) 909-4126 if your business is in Sturbridge

Call June (508)909-4062 if your business is in Charlton

Over 50 Years of New England Hospitality!

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August 22, Featuring Local Pasture Raised Chicken  
September 8, 2nd Annual Taste of West Brookfield  
Featuring Salem Cross Farm Pasture Raised Beef  
Advanced Tickets Required. Call or Visit website for more details

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Main Dining Room: Tuesday through Friday (Lunch & Dinner) 11:30am-9:00pm  
• Saturday (dinner) 5:00pm-9:00pm • Sunday (dinner) 12 noon-8:00pm  
Hexmark Tavern Tuesday-Friday 4:00-9:00pm • Live Music Friday Nights

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Join us in our bar area, every Tuesday after 3pm, to enjoy hard or soft shell

**Tacos for \$1.00**  
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117 Main Street, Spencer, MA • 774-774-745-8200

41 Worcester Road, Webster, MA • 508-461-5070

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Facebook.com/MexicaliMexicanGrill

**MexicaliGrillRestaurant.com**



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All You Can Eat \$14.95 10am-1pm (plus tax & gratuity)

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Dinner: Wed. through Sat. 5:00-Close  
Sun. Brunch: 10am-1pm

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**TACO Tuesdays**

Join us in our bar area, every Tuesday after 3pm, to enjoy hard or soft shell

**Tacos for \$1.00**  
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<p><b>2016 HYUNDAI TUCSON</b> NEW Retail Price: <del>\$26,955</del>            #H0929V • SE TRIM, ALLOYS, AWD, ONLY 20K MILES, BACK-UP CAM  <b>WHOLESALE PRICE: \$18,777</b></p> <p><b>SAVE \$8,200 OFF OF RETAIL PRICE!</b></p>	<p><b>2017 TOYOTA CAMRY</b> NEW Retail Price: <del>\$25,800</del>            #H0883 • SE TRIM, BACK-UP CAM, GREAT ON GAS, BLUETOOTH  <b>WHOLESALE PRICE: \$16,377</b></p> <p><b>SAVE \$9,400 OFF OF RETAIL PRICE!</b></p>	<p><b>2019 GMC TERRAIN SLT</b> NEW Retail Price: <del>\$38,015</del>            #39847RV • HEATED LEATHER, ALL-WHEEL DRIVE, 18" ALLOYS  <b>WHOLESALE PRICE: \$29,677</b></p> <p><b>SAVE \$8,300 OFF OF RETAIL PRICE!</b></p>
<p><b>2016 CHEVY CRUZE</b> NEW Retail Price: <del>\$24,495</del>            #39836LV • PREMIER, 18" ALLOYS, BACK-UP CAM, HEATED LEATHER  <b>WHOLESALE PRICE: \$15,977</b></p> <p><b>SAVE \$8,500 OFF OF RETAIL PRICE!</b></p>	<p><b>2018 NISSAN ALTIMA 2.5</b> NEW Retail Price: <del>\$28,180</del>            #H0858RV • 17" ALLOYS, SV TRIM, REMOTE START, BACK-UP CAM  <b>WHOLESALE PRICE: \$15,377</b></p> <p><b>SAVE \$12,800 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 DODGE JOURNEY</b> NEW Retail Price: <del>\$29,295</del>            #D9912L • SXT, 3RD ROW SEATS, ALL-WHEEL DRIVE, ALLOYS, V6  <b>WHOLESALE PRICE: \$17,977</b></p> <p><b>SAVE \$11,300 OFF OF RETAIL PRICE!</b></p>
<p><b>LIKE NEW 2016 GRAND CHEROKEE LAREDO 4X4</b>            #D9940L              NEW RETAIL PRICE: <del>\$38,390</del>  <b>WHOLESALE PRICE: \$26,477</b>            Roof Rails, Back-Up Cam, 3.6L V6, 17" Alloys, Bluetooth, Keyless Start.</p> <p><b>SAVE \$11,900 OFF OF RETAIL PRICE!</b></p>	<p><b>SPECIAL PURCHASE #D9801V</b></p> <p><b>Like New 2017 RAM 1500 SLT 4X4</b>            5.7L HEMI CREW CAB              NEW RETAIL PRICE: <del>\$41,060</del>  <b>STARTING AT ONLY: \$27,377</b>            8 Available            Bedliner, Back-Up Camera, Running Boards, Chrome Wheels!</p> <p><b>SAVE \$13,700 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2016 CHEVY EQUINOX LS AWD SUV</b>            #39891L              NEW RETAIL PRICE: <del>\$28,795</del>  <b>WHOLESALE PRICE: \$15,777</b>            7" LCD, Satellite Radio, 17" Alloys, All-Wheel Drive, Back-Up Camera.</p> <p><b>SAVE \$13,000 OFF OF RETAIL PRICE!</b></p>
<p><b>2018 HYUNDAI ELANTRA</b> NEW Retail Price: <del>\$21,450</del>            #H0926V • GT HATCH, ALLOYS, BLUETOOTH, BACK-UP CAM  <b>WHOLESALE PRICE: \$16,377</b></p> <p><b>SAVE \$5,100 OFF OF RETAIL PRICE!</b></p>	<p><b>2018 CHRYSLER PACIFICA</b> NEW Retail Price: <del>\$37,545</del>            #D9742R • HEATED LEATHER, NAV, 17" ALLOYS, POWER LIFTGATE  <b>WHOLESALE PRICE: \$25,977</b></p> <p><b>SAVE \$11,600 OFF OF RETAIL PRICE!</b></p>	<p><b>2017 SUBARU FORESTER</b> NEW Retail Price: <del>\$29,595</del>            #H0859RV • AWD, BACK-UP CAM, PREMIUM TRIM, MOONROOF  <b>WHOLESALE PRICE: \$20,977</b></p> <p><b>SAVE \$8,600 OFF OF RETAIL PRICE!</b></p>
<p><b>2016 HONDA ACCORD</b> NEW Retail Price: <del>\$26,180</del>            #H0842LV • EX-L COUPE, ALLOYS, HEATED LEATHER, MOONROOF  <b>WHOLESALE PRICE: \$17,777</b></p> <p><b>SAVE \$8,400 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 HYUNDAI SANTA FE</b> NEW Retail Price: <del>\$29,880</del>            #H0906V • SPORT TRIM, ALLOYS, ALL-WHEEL DRIVE, BLUETOOTH  <b>WHOLESALE PRICE: \$17,477</b></p> <p><b>SAVE \$12,400 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 HYUNDAI SONATA SPORT SEDAN</b>            #H0796L              NEW RETAIL PRICE: <del>\$25,640</del>  <b>WHOLESALE PRICE: \$15,977</b>            Back-Up Camera, Keyless Start, 17" Alloys, Heated Seats, Bluetooth.</p> <p><b>SAVE \$9,600 OFF OF RETAIL PRICE!</b></p>
<p><b>LIKE NEW 2017 FORD ESCAPE SE SUV</b>            #P12211L              NEW RETAIL PRICE: <del>\$29,495</del>  <b>WHOLESALE PRICE: \$18,377</b>            4x4, 17" Alloys, Bluetooth, Turbo, Nav, Back-Up Camera, SYNC</p> <p><b>SAVE \$11,100 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2016 FORD F-150 4x4 SUPERCREW</b>            #P12129V              NEW RETAIL PRICE: <del>\$39,985</del>  <b>WHOLESALE PRICE: \$29,377</b>            XLT Sport Trim, Alloy Wheels, Satellite Radio, Back-Up Camera.</p> <p><b>SAVE \$10,600 OFF OF RETAIL PRICE!</b></p>	

SALE ENDS 07/31/19. CANNOT BE COMBINED WITH ANY OTHER DISCOUNT OR PROMOTION AND MUST USE DEALER SOURCE FINANCING. SOME RESTRICTIONS APPLY. SEE US FOR DETAILS. NEW RETAIL PRICE BASED ON MSRP OF NEW MODELS. NOT VALID WITH PRIOR SALES. SELLING PRICE INCLUDING OUR \$1,000 IMPERIAL TRADE ASSISTANCE BONUS FOR A QUALIFYING 2010 OR NEWER TRADES. SEE US FOR DETAILS. ADVERTISED PRICE DOES NOT INCLUDE TAX, TITLE, REGISTRATION OR DOCUMENTATION FEE. VEHICLE MUST BE PAID IN FULL AND TAKE SAME DAY DELIVERY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. CALL 1-800-526-AUTO TO SEE WHICH INCENTIVES YOU QUALIFY FOR.

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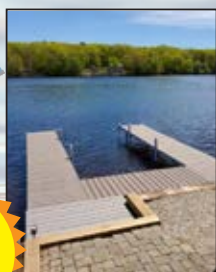
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**B**

Section

Friday,  
July 26, 2019

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Lot opens at 9am for registration. ALL cars must be registered to be in the lot.  
Judging from 11am-1pm with Trophies, and all Prizes by 2pm.  
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# LEGALS

**Town of Brimfield  
Zoning Board of Appeals**  
The Brimfield Zoning Board of Appeals will hold a public hearing on the request of Matthew Capen, regarding the property at 45 Sixth St. Brimfield, MA, Parcel ID Map 5A Block B Lot 28. Applicant proposes to re-build the home with the same footprint. The second floor will extend over the middle section of the house while the left side will remain a single story. The Board will review the application for a special permit, examine the relevant plans, and also determine whether the changes will be detrimental to the neighborhood. Abutters are invited to consider the proposal and provide public input. The hearing will be held on Monday, August 5, 2019 at 6:30 PM, at the Town Hall Annex.  
July 26, 2019  
August 2, 2019



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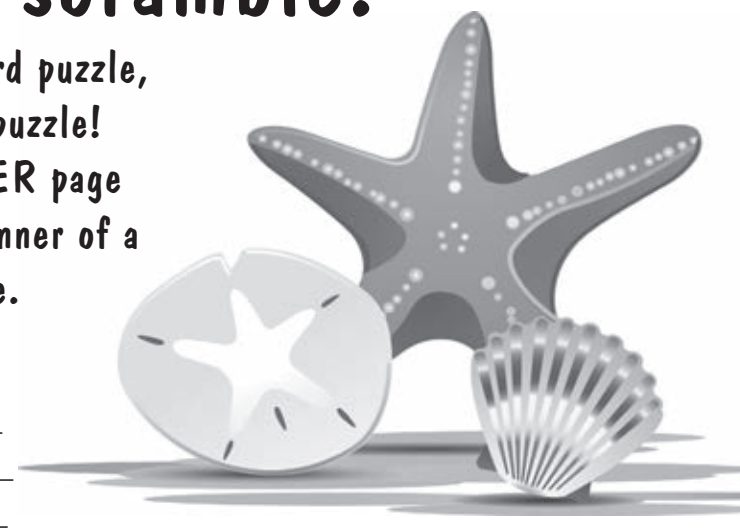
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**w: [luckypawlodge.com](http://luckypawlodge.com) e: [luckypawlodge@gmail.com](mailto:luckypawlodge@gmail.com)**

# “Every Town Deserves a Good Local Newspaper”

# Welcome to our first scramble!

We've decided to change it up for Summer and instead of a crossword puzzle, we've created a scramble. We hope you'll enjoy this challenging puzzle! Please find the answers (business names) on the ABC's of SUMMER page in this week's issue. We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 16th issue.  
**Good luck!**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
Email (optional) \_\_\_\_\_  
Newspaper you saw this in, circle one: Spencer New Leader, Auburn News, Southbridge News, Charlton Villager, Sturbridge Villager, Webster Times, Blackstone Valley Tribune  
We love your feedback comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## ABC'S OF SUMMER SCRAMBLE

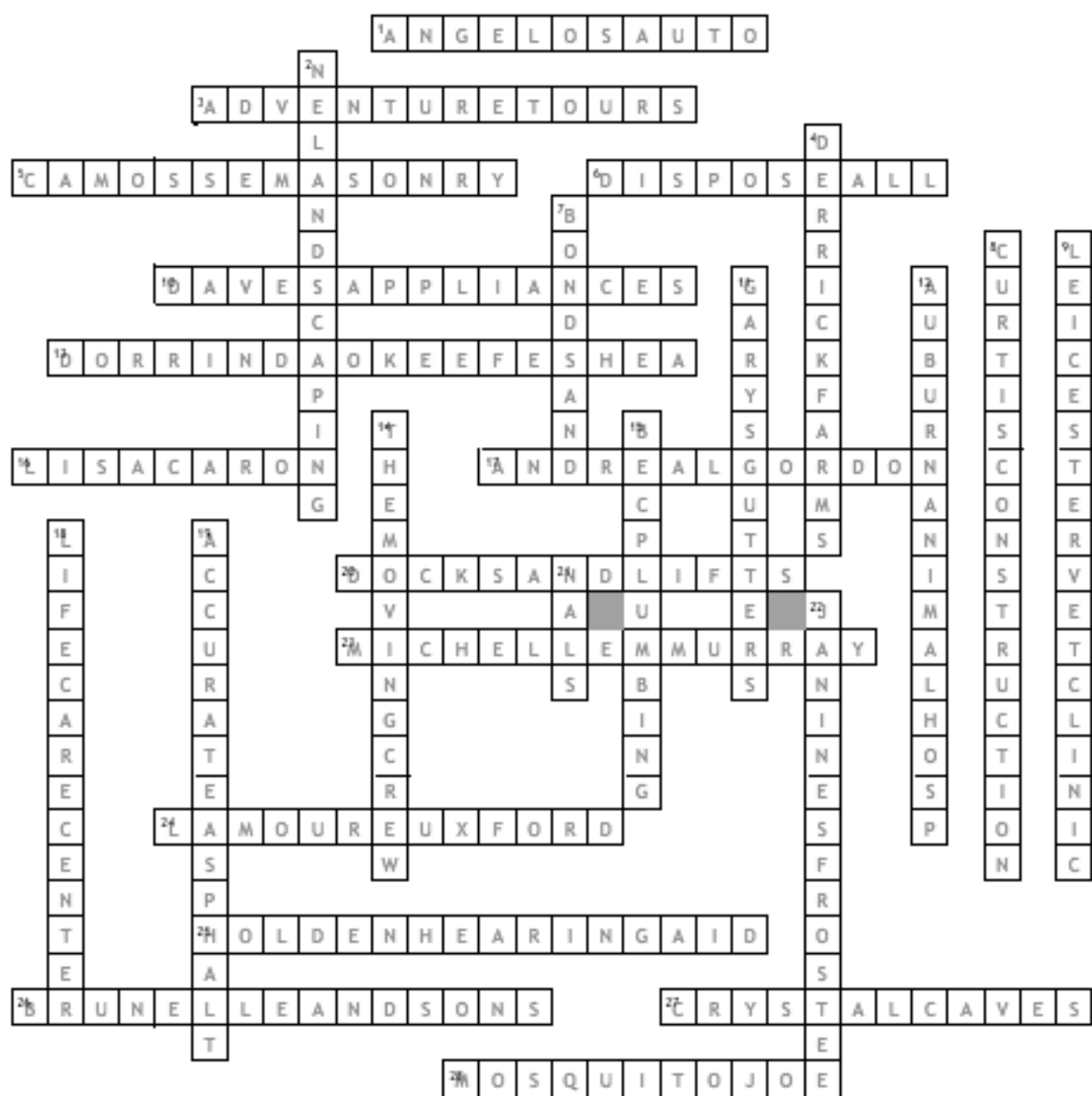
*(These are not in alphabetical order)*

1. ISEOTNB TNILGGIH INC	14. EOREBITNSGD SRPES
2. HRIKDCAW ARFERSM C-POO	15. SRPOE RNUICSNTOCOT OC NCI
3. EB TSTALF	16. SDVAE NCAPLAIEP
4. FTI OHACC	17. YUIQATL LNGFIORO
5. SAIL OGNAR ETXI ELATRY	18. IRADNDOR AFHEOSEEKE-
6. WDOO'YS OATU OYBD	19. LDSF'EEE FOEFEC PPESOH
7. EGI RETISROIN	20. BURANU WSIGEN RTECNE
8. NCAIERMA UTNCOISD IOL	21. S'LNA NPIAT ERCNET
9. HSRFE RATTS EHT IMVGON WREC	22. E'NSSHEA ASNOL AND SPA
10. AGSR'Y TURSEGT	23. HILLCA ERIT DAN TUAO VREECIS
11. OICERMR JWEERSEL	24. NNSJIEA ROEETSF
12. OYFX AVTRLE	25. QAABGUO IAALIOBTHNTREI
13. URLPEP HRCOP PRIRTOPESE	26. MRECOIR RSELEWJE RAT LYGELAR



# Meet Your Merchants

## Crossword Answers

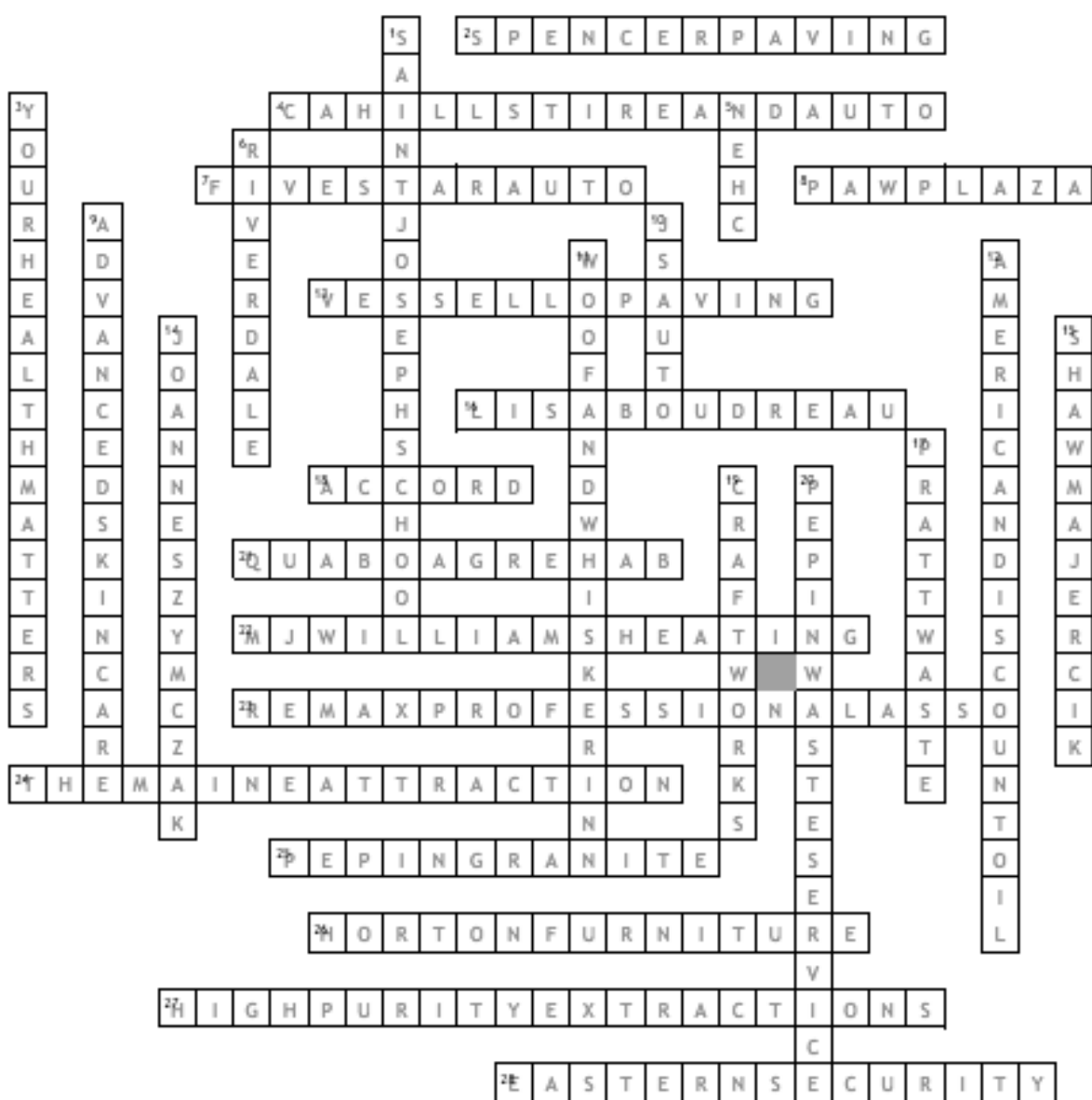


### Across

1. Got a job? Get a car!
3. Book early for best cabin
5. Your Home for Hardscapes
6. Biodegradable Waste
10. Visit us last
13. Centurion, Centurion Honor Society CDPE
16. GRI, ABR, LMC, CDPE, SRS, SRES, PSA,  
Notary Public
17. Probate & Estates
20. 10% off with this ad
23. Welcoming New Clients
24. Everybody Talks
25. Our goal is to improve the lives of people
26. Peace & tranquility in your own backyard
27. Time for some fun – Everyone!
28. \$46 first treatment

Down

2. Warren Monette Chris Monette
4. We cater to seniors and the handicapped
7. Screened loam stored in building
8. General excavation services
9. Dr. Colm Scanlon
11. 50% off gutter guards
12. Superior Veterinary Care Since 1995
14. Call us today 508-868-4291
15. Call us to discuss heating equipment upgrades
18. Helping you get back home
19. Free estimates include tonnage
21. Benjamin Moore Retailer
22. Annual car show July 27



### Across

2. Over 30 years Experience!
4. Family owned and operated since 1967
7. Full automotive service facility
8. Where pets are pampered
13. Do it right!
16. Your neighborhood realtor
18. Experienced Adults Day Health
21. Come Grow With us
22. Mitsubishi Electric Ductless
23. We solve real estate problems
24. Outdoor seating across from Hamilton Reservoir
25. Monuments
26. Patty & Steve Duszlak, Owners
27. Bulk CBD Oil & Isolate
28. 17th Annual safe tent sale

Down

1. Challenging Minds and Forming Hearts  
or over 125 Years
3. 20% off when you spend \$50 more more
5. Kitchen & bath sales & design
6. Outstanding career advancements and benefits
9. Yolanda "Jolie" Hatzides
10. Guaranteed financing! You're Approved!
11. Limited availability, book for summer now!
12. Propane 20 cents off
14. Re/Max Advantage 1
15. Direct Cremation \$1475
17. Your local trash hauler
19. Northboro's Gem for handmade local artisan
20. Roll off containers 10, 15, 20

We hope you enjoyed our Meet Your Merchant crossword puzzle.

The randomly chosen winner of all the correct entries for a \$25 gift card of your choice of any of these businesses is

**– Wendy T. of Southbridge –**

*Thank you to all the Meet Your Merchant businesses  
and to those who completed our puzzle!*

**June - 508-909-4062**  
*Spencer New Leader, Charlton Villager, Auburn News*

**Mikaela - 508-909-4126**  
*Southbridge News, Sturbridge Villager*

**Patty - 508-909-4135**  
*Blackstone Valley Tribune, Webster Times*







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**DUDLEY** – 4 Tobin Dr! TOBIN FARM ESTATES!!! 11 Rm 3,638' Colonial! 4 Bdrms! 2.5 Baths! 2 Story Grand Foyer! Liv & Din Rm w/Hrds & Custom Wainscoting! Fully Appliance Granite Eat-In Kit w/Maple Cabs & Island! 1st Flr Frpld Fam Rm w/Klipsch Surround Sound, Skylights, Hrwd Flrs & Recessed Lighting! Sunrm off the Kit! 1st Flr Laundry! Composite Deck w/Vinyl Railings! Master Suite w/New Carpet, Walk-in Closet & Full Bath w/Skylight! 3 Add'l Bdrms on 2nd Flr! You'll Love the Finished Lower Level w/Custom Wet Bar, Kegerator, Wine Fridge, Stools & Surround Sound! Plumbed for Future Bath! Flat Back Yard w/New Horse Shoe Pit, Garden, Shed, Fire Pit & More! 2 Car Garage! **\$499,000.00**



**SOLD**



**NEW PRICE**



**NEW GRANITE KITCHEN & HARDWOODS**



**PUTNAM** – 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set On 3 Beautiful Acres! Featuring Central Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplaced Family Room! Office/Den! Half Bath w/Laundry Closet! Side Entry Foyer w/Coat Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 2430' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$369,900.00**



**ON DEPOSIT**



**DUDLEY** – 9 Nellies Way! TOBIN FARM ESTATES! 10 Rm Colonial Set on 12 Acres! Appliance Dine-in Granite Kit! 3 Season Sun Rm off Kit! Din Rm, 2 Story Fam Rm w/Pellet Stove, Bdrm, Full Bath w/Laundry & Gleaning Hrdws Round Out 1st Flr! 2nd Flr Features an Open Balcony to the Liv Rm! Plenty of Space for an Office, Playroom or Reading Area, Use Your Imagination! Master w/Tray Ceiling & 3 Closets! Master Bath w/Dual Sinks, Shower, Whirlpool Tub & Makeup Counter! 2 Additional Bdrms & Full Bath! Huge Finished Walk-out Lower Level Perfect for Entertaining! Wet Bar w/Wine Cooler & Fridge! Half Bath w/Tile Flr! Irrigation! Shed! JD Riding Mower! Don't Miss Out! **\$469,900.00**



**SOLD**



**SOLD**



**SOLD**



**DUDLEY** – 24 Hickory Dr! 8 Rm 50' Split on Dble Corner Lot! Fully Appliance SS Kitchen w/Tile Flr, Cherry Cabinets, Corian Counters & Island! Din Rm w/Slider to Deck! Liv Rm w/Cherry Cabinetry, Recessed Lights & Picture Window! Slate Entry w/Coat Closet! Full Bath w/Tile Flr! Master w/Wall to Wall, Triple Closet & Recent Refreshed Master Bath! 2nd & 3rd Bdrms w/Wall to Wall & Dble Closets! Lower Level Fam Rm w/Stone Fireplace w/Pellet Insert! Office/Play Rm w/Wall to Wall! Half Bath w/Recent Vanity! C/Air! Oil Heat! 2 Car Garage! Generator! Replacement Windows! Flexible Floor Plan! **\$299,900.00**



**SOLD**



**WEBSTER LAKE** – 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Oversized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frplc! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Frplc & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,145,000.00**

**NEW PRICE**



**DUDLEY** – 94 Tracy Road! 7 Rm 4 Bdrm Colonial On 1.24 Acres! Privacy! Many Upgrades! Hrdws Throughout! Frplc Liv Rm w/Recessed Lights! Formal Din Rm! Eat-in Kit Updated in 2015! Cherry Cabinets, Granite Counters, Center Isl & SS Appliances! Sunroom w/Skylights, Hrwd Flrs & Slider to Deck! 1st Flr 2 Bath w/Laundry! Master Bdrm w/Dble Closet & Full Bath w/Linen Closet! 2nd Flr Full Bath! Lower Level Game Rm/Office! Utility/Storage Rm! 16x21 Deck! Garage Under! Save on Your Electric Your Bills, 2015 Solar Panels! Level yard w/Shed! Call now! **\$349,000.00**



**ON DEPOSIT**



**NEW PRICE**



**SOLD**



**ON DEPOSIT**



**CHARLTON – GLEN ECHO LAKE!** 3 Sunset Dr! Western Exposure = Beautiful Sunsets! Fantastic 105' Waterfront! Ideal 15,941' Gently Sloping Lot! Comfortable 9 Rm Ranch! Stainless Appliance Eat-in Granite Kit! Din Rm w/Hrwd Flr! Lake Facing Liv Rm w/Panoramic Water Views! 4 Bdrms, 3 Lake Facing including the Spacious Master! Full Hall Bath! Enjoy the Sun Rm w/Lake Views! 32' Walk-out Lower Level Frplc Fam Rm w/Wet Bar & Convenient Half Bath! Nicely Landscaped Front & Back! Lake Level Deck, Dock & Rear Shed! Benefitted by Town Sewer! Start Packing! **\$529,900.00**



**NEW PRICE**



**WEBSTER LAKE** – 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 1824 Covered Composite Deck, w/Vinyl Railings! 90' U-Shaped Dock! Beautiful 7 Rm A/C/D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Frplc, Maple Hrwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Appliance Granite Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bthrm w/Treasure Tr, Dble Granite Vanity, Custom Tile Shower, Linen Closet & Cathedral Ceiling w/Skylight! Entry Foyer! Mud Rm w/Tile Floor! Finished Walk-out Lower Level w/2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frig! Full Bath! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**



**SOLD**



**SOLD**



**SOLD**



**CHARLTON** – 105' WATERFRONT! Baker Pond! 63 Lincoln Pt Rd! East Facing = Fantastic Sunrises! Custom 9 Rm Colonial! Beautiful 1/2 Acre Lot w/Lawn to Water's Edge! 2 Story Foyer! Natural Woodwork! Open Flr Plan! Appliance Granite Kit w/Sl, Recessed Lights, Tile Flr & Water View! Din Area w/Slider to Deck! Sunken Frplc Liv Rm w/Hrwd Flr & Water Views! Din Rm w/Hrwd! 1/2 Bath w/Pedestal Sink! 2nd Flr w/4 Bdrms, 3 w/Water Views! Master w/Cathedrals, French Dr to Balcony, Bath w/Separate Tub/Shower, Walk-in Closet & Laundry! Hall Bath! 3.5 Baths Total! Finished Walk-out Lower Level w/31' Fam Rm! Full Kit! Full Bath & Laundry! Includes **NEW A/C SPLIT SYSTEM!** Enjoy Outside from the Farmer's Porch, Deck, Patio, Screened Porch or Dock! 2 Car Garage! Full Recreational Use! **\$524,900.00**



**NEW PRICE & A/C SYSTEM**



**WEBSTER LAKE** – 50 Union Point Rd! Panoramic Views of Middle Pond – South Facing – Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Appliance Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sory, Closing not before 9/10/2019! **\$649,900.00**



**NEW PRICE**



**WEBSTER LAKE** – Steps Away From! 110 S. Shore Rd! Killdeer Island! Access to Swimming & Boating w/Killdeer Island Club Assoc Membership! Perfect Ist Home or Summer Retreat! 7 Rms! 2 Bdrms! Full Bath! 12x25' Deck w/Water Views! Garage! Don't Delay! **\$299,000.00**



**SOLD**

**WEBSTER LAKE** – 206 Treasure Island! 1,874' Townhouse! 6 Rms, 2 Bdrms, Master Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w/Sliders to Deck! Frpld Fam Rm! Patio! Newer C/Air, Heat & Hot Water! Garage! 2 Slips! Pool! Beach! Listed by Another "SOLD" by C21 Lake Realty **\$345,000.00**



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OPEN HOUSE, SUN. • 11:30-1



**Featured New Construction**

**THOMPSON, CT - 6 LILLIAN AVE, LOT#1**

There is No Place Like Home - beautiful newly constructed home! Split level style home has an attractive modern flare! Open floor plan, cathedral ceilings, hardwood floors, tile floored baths, & wall to wall carpeted Bedrooms. Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/extra wide shower & walk in closet, plus 2 more spacious BRs & a full hallway bath, 24' lower level family room, half bath w/laundry hookups! Two car garage! Central AC. **\$309,900.**

**THOMPSON, CT - 8 LILLIAN AVE, LOT #2**



**ON DEPOSIT**

There is No Place Like Home - especially when it is a beautiful newly constructed home! This split level style home has an attractive modern flare! You'll be delighted with the natural light that will brighten the interior of this home! Open floor plan, cathedral ceilings! Granite counters, center island & dining rm w/sliders! Master BR, private master full bath w/extra wide shower & walk in closet, plus 2 spacious BRs & a full hallway bath, 24' lower level family room, half bath w/laundry hookups & utility closet, two car garage! Central AC. **\$309,900.**

**SOUTHBRIDGE - 79 N. WOODSTOCK RD**



FRESHLY PAINTED 3 BEDROOM RANCH HAS SO MUCH TO OFFER!! ALL HARDWOODS THROUGHOUT! REMODELED BATHROOM! 3 SEASON ENCLOSED PORCH, KITCHEN/ DINING AREA HAS A VERY SPACIOUS OPEN LAYOUT! BEDROOMS WITH DOUBLE CLOSETS! CORNER LOT WITH SIDE GARAGE UNDER! CLOSE TO SHOPPING AREA AND MAJOR AMENITIES. Town Water. **New Price \$223,000**

**DUDLEY - 188 WEST MAIN ST**



COMMERCIAL/BUSINESS LOCATION IN THE HEART OF DUDLEY! 3 BEDROOM, 1 BATH RANCH! LARGER THAN IT APPEARS!! 19,582 +/- sq ft Lot. Natural Gas Heat! Hard wood floors! BRING YOUR VISION, LARGE FLAT YARD GIVES YOU GREAT PARKING AREA, for a SMALL BUSINESS FROM HOME!! CONTRACTORS DREAM! **\$178,500.**

**WEBSTER - 21 ARKWRIGHT RD**



**ON DEPOSIT**

Simply Move In & Enjoy this Beautifully UPDATED Ranch! Close to I-395! Town water & sewer, HIGH EFFICIENCY NAVIEN brand heating/hot water system, Bamboo hardwood floors, crown moldings! 2 BRs, full bath w/led walk-in shower, 6x16 year-end Sunroom w/outdoor access! (3rd Br., or Office). **\$199,900.**

**WOODSTOCK, CT - 606 PROSPECT ST**



Pristine Colonial on 2.54 Acres in Historic Woodstock! 3 BR, 2-1/2 Baths. This Home is a Must See! Peaceful Country Setting! Vaulted Ceiling Family Room w/Built ins, Cherry Cabinets, Sunken Dining Rm, Cathedral Mstrl Hdwd & Tile Flr! Potential for Home Office, Teen/ In-law Suite, Craft Rm or Media/Game Rm. Resurfaced Driveway **\$399,000.00**

**THOMPSON, CT - 25 BONNETTE AVE**



**SORRY, SOLD!**

Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Garage! Eat in Kitchen, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pond, on .87 +/- acre! **New Price \$249,900**

**WEBSTER - 12 ERNEST ST**



**SORRY, SOLD!**

Welcome home to this Huge, Sprawling, Ranch Style Home! 2,848 SF +/- of Living Area on One Level! In-ground pool, built-in hot tub, w/tire pit! Carport/pavilion for entertaining! Separate wings for private family living & entertainment, BR suites, 10 rooms total! simply Amazing! **New Price \$299,900**

**WEBSTER/DOUGLAS/THOMPSON BUILDABLE LOTS**

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**  
**Webster Lake** - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer **\$295,000**  
**Thompson** - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! **\$99,900**  
**Killingly** - 37 Katherine Ave River Frontage 2/3rds acre. Town Water & Sewer **\$55,000**

**WEBSTER - 34 EASTERN AVE UNIT A**



AN AFFORDABLE LIVING OPPORTUNITY PRESENTS ITSELF! This 20 Unit Condo Complex is tucked away at the very end of Eastern Ave, fenced in & private, Easily accessible (395)! There's a lot to love about Webster! Unit 3A is an 1,037 SF +/- END UNIT. Large living room w/picture window, an eat-in kitchen, access to rear deck, 2 spacious bedrooms, 1-1/2 baths, full basement! **\$169,900**

**WEBSTER LAND - COOPER RD**



Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! Lake Residential area, not on the lake. Priced to Sell! **\$129,400.**

On The shores of Lake Chargoggagoggmanchauggagoggschaubunagungamaug



**WEBSTER LAKE - 118 POINT BREEZE RD**

Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,697 +/- SF Lot, 50' Rd & Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs & 2 full baths. Plus, convenient, indoor access to Walkout Lower Level w/tremendous potential for additional living area. Main level features Open Floor Plan w/sliders to full front deck! Spectacular Westerly views across Middle Pond! Additional land & shore frontage available. **NEW PRICE \$299,900**

**WEBSTER LAKE - 54 KILLDEER RD**



**SORRY, SOLD!**

KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR! 2.45 +/- Acres! 345 +/- road front, 336/384 +/- depth, 276 +/- Lakefront! Mature landscape provides unprecedented privacy, & a friendly level lot at water's edge - like very low waterfront properties! The 3700 SF +/- Mid-Century Modern Home is unique w/ressive modern windows 180 panoramic views across the lake to stunning Western sunsets. 5 spacious BRs that overlook the rooms below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath. Family owned gem for 60+ years! **\$1,495,000**



**WEBSTER LAKE - 32 JACKSON RD**

AN INTRIGUING OPPORTUNITY TO OWN AN EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **New Price \$375,000**





# REAL ESTATE

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### FOR SALE



WEBSTER, MA  
38 Third Street  
\$299,900  
2-Family

### PENDING



RUTLAND, MA  
3 Brooke Haven Dr  
4 Bed, 2 1/2 Baths,  
Lots of Land  
\$339,900

### LAND FOR SALE



WEBSTER, MA  
3 Rawson Rd-\$39,900  
2.1 acres, Subdiv-  
able, Town Utilities  
(Additional  
lots Available)

### OPEN HOUSE SAT & SUN 12:30-2



**MUST SEE!**  
Webster, MA - \$328,900  
80 Sutton Road  
3 Bdrm, Hardwood  
Floors Throughout,  
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PRICE REDUCED!

### FEATURE PROPERTY Open House • SAT & SUN 12:30-2

THOMPSON, CT  
223 Stawicki Road - \$259,900  
3 Bedroom, Split,  
Full Inlaw  
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Templeton: 60 +/- acres of priva-  
cy, 2400 sq. ft Ranch, 2 car garage,  
2.5 baths, 4 bedrooms, fieldstone  
fireplace, cathedral ceiling family  
room. Streams, trails, fruit trees and  
more. Young roof, new furnace,  
freshly painted exterior and some  
interior rooms.

200 Shady Lane ~ \$489,900



Dudley: Rental Available August 1: 2 bedroom  
townhouse, 2.5 baths, family room, garage. Must  
have 700 credit score. Must have reference. No pets.  
7 Village St ~ \$1,400 (viewing by appointment)



Charlton: NEW CONSTRUCTION, 40 minutes  
to Rte 495, 1.5 acre, central air, 28'x 48' Ranch, 1st  
floor laundry, 2 baths, oak flooring throughout.  
24 Dodge Rd ~ \$339,900



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East Brookfield: 136' Waterfront on fully recreational Lake Lashaway. Awesome sunsets, new septic system, 1800 sq. ft of living area on the main level, 3 bedrooms, 2.5 bath, 2 car garage  
142 Gleason Ave ~ \$325,000  
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# REAL ESTATE

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# Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront
---------------------------------------	--	--	--

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, JULY 27				
WEBSTER				
80 Sutton Rd	S	12:30-2	\$328,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
THOMPSON, CT				
223 Stawicki Rd	S	12:30-1	\$259,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
SUNDAY, JULY 28				
WEBSTER				
80 Sutton Rd	S	12:30-2	\$328,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578
THOMPSON, CT				
6 Lillian Ave	S	11:30-1	\$309,900	Hope Real Estate Group/ June Cazeault 860-377-2044
<i>New Construction</i>				
223 Stawicki Rd	S	12:30-1	\$259,900	Re/Max professional Associates/ Patrick Sweeney 774-452-3578

### FOR SALE BY OWNER



**SPENCER:** 4 Kingsbury Rd. 3 BR, 2.5 Bath, 2236 s.f. contemporary. This home is on a private wooded site with very large 12' x 36' new deck off the rear of the house. Updated flooring, living room with fireplace stove, open roomy floor plan with cathedral ceilings. 2 car attached garage, plenty of attic storage space, wrap around detached deck ready for pool. Great potential for fully furnished basement. Pool table included. Access to trails for horseback riding and hiking adjacent to Mass Audubon Sanctuary, Sibley farm and Spencer State Forest. House would be perfect for someone seeking a unique home in a private pleasant neighborhood! **\$364,900** Showing by appointment only to pre-approved or cash buyers. 508-885-1313. Email ez3636@charter.net.



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**Southbridge:** First time on the market. St. Hedwig's church and rectory. Well maintained church in pristine condition! Beautiful entry way. Inspiring stain glass windows. Seating for up to 350 people. Balcony seating. Elevator to lower level for a Meeting Hall with kitchen & 2 baths. Rectory is a stately Brick home which consists of 11 rooms, 6 bedrooms, 3 baths. All rooms are large with high ceilings, many fireplaces, and first floor bedroom with private bath. Also included in sale is a large Carriage House converted to garage with workshop & storage. **\$499,900**



**Southbridge:** Charming Craftsman style home w/3 bedrooms & 2.5 baths. Many many updates done! Lovely remodeled kitchen w/granite, seating island, appliances and loads of cabinets. Spacious 2nd flr Master bedroom with gorgeous remodeled bath. Truly in move in condition! **\$249,900.**



**Southbridge:** Antique Colonial with 8 rooms 4 bedrooms 1 1/2 Baths. Hardwood floors. Economic gas heat. Newer roof, boiler, & HW heater. Front & rear stairways to go upstairs. Fireplace. Needs some paint & updating but well worth it! Garage **\$179,900.**



**Southbridge:** Inexpensive Commercial Building with endless possibilities & plenty of parking! One story with 1500 sq ft of living area plus full basement. 2 1/2 baths. FHA economical gas heat! Electrical updated. Formerly used as "Sonny's Bar" and pool equipment & supplies storage. **\$89,900.**



**Sturbridge:** LOCATION! Great HOME and Great YARD! Open Concept with front to back living room/dining room. 6 rooms 3-4 bedrooms, 1 1/2 bath. First floor bedroom. Large bedrooms with sitting area upstairs. 1.5 acres! Level wonderful yard! **\$229,900.**

**ACTIVELY SEEKING LISTINGS IN THE FOLLOWING AREAS:**  
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Kiona Carpenter



Charlie Tracy



Kevin Houghton



Tanya McDermott



Michael Collins



Belinda Culp



Richard Governale



Maryann Miller

**OPEN HOUSE SAT 7/27 10:30-12:00**



**48 Ojala Rd. Woodstock \$339,000 NEW PRICE**  
Adorable 4 BR Ranch with 3 full BA. Finished lower level & 2 car garage.  
**The WhiteCook Team:**  
Charlotte 860-931-6006

**Putnam \$349,900 NEW LISTING**



Priced to sell! Commercial building- large parking lot. Heart of Putnam's Central Business District. Perfect coffee shop/ restaurant location.  
**John Downs 860-377-0754**

**Pomfret \$475,000 NEW PRICE**



Exceptional 21.28 acre property in desirable Pomfret Connecticut. Beautiful large pastures & barn. Comfortable private living.  
**John Downs 860-377-0754**

**Pomfret \$524,900 NEW PRICE**



**342 Pomfret Street**  
4,900 SF, c.1882, grand, elegant & fully renovated. 2.3 acres w/barn & garage.  
**Robert Viani 5921-264-860**

**Woodstock \$445,000**



Elegant home w/2 master BR suites! First floor in-law possibilities! At the end of a premier cul-de-sac. Convenient.  
**John Downs 860-377-0754**

**Woodstock: \$319,900**



Move-in ready. Complete updates to 1890 farmhouse. 2.6 acres, 1st floor master and bath. 3 BR, 2 BA total.  
**John Rich 860-315-2615**

**Killingly \$175,000**



Luxury end unit townhouse w/all the upgrades. Granite & stainless kitchen, open floor plan, master BR, & views of Green Hollow Pond.  
**Mary Collins 860-336-6677**

**Thompson \$349,900**



Stone walls line the entrance, leading to a spacious 3576 SF Colonial. Beautiful grounds w/a pond & a lg yard perfect for entertaining.  
**Tanya McDermott 860-933-0996**

**Woodstock \$424,900**



Views, views & more views! Come visit this custom WBA built Colonial, sitting up on a hill overlooking Woodstock & Mass!  
**The White Cook Team:**  
Diane 860-377-4016

**Woodstock \$235,000**



Lovely Cape home in Woodstock. 2 stall detached garage, w/3-4 BR & 2 full BA! Perfect fit for a growing family!  
**Kiona Carpenter 860-933-3305**

**Woodstock, \$440,000**



Beautiful South Woodstock cul-de-sac location! Mint condition, room to expand and a wonderful private yard!  
**Gelhaus Realty Group:**  
Brooke 860-336-9408

**Woodstock \$549,900**



Country living w/an ideal solution for any family w/aging parents, a parent requiring a live-in aide, or an Au Pair.  
**The White/Cook Team:**  
Diane 860-377-4016

**Woodstock \$499,900**



Drive down this long, paved driveway, the lot opens up to a wonderful 3158 SF custom built, 4-5 BR, contemporary Colonial.  
**The White Cook Team:**  
Diane 860-377-4016

**Woodstock \$268,900**



Built in 1830- seasoned w/love. Wood floors, new kitchen, septic & furnace. 2382 SF, in-law or quest room w/sep. entrance, level yard, sunroom.  
**Rachel Sposato 860-234-1343**

**Killingly \$699,000**



This lovely 2880 SF home has 52' of frontage on Alexander's Lake complete w/a sandy beach, a 35' dock & a bluestone terrace!  
**Rachel Sposato 860-234-1343**

**Woodstock \$675,000**



Spectacular long views & privacy abound w/this fabulous post & beam estate home. Located on over 27 hilltop acres.  
**John Downs 860-377-0754**

**Putnam \$2,200/mo. Commercial Lease**



2 rentals available-side by side! Combo of 4000 SF or rent individually. Offices, waiting rooms already set up! Lease per unit is \$2200.  
**Rachel Sposato 860-234-1343**

**Land for Sale**

**Putnam Commercial Lot \$125,000**  
Kennedy Dr. location. Lease, purchase or build! Great investment!  
**Rachel Sposato 860-234-1343**

**Eastford \$39,900**  
Pretty country location surrounded by protected land & state forest. Unique 6.04 country acres. Connecting in 3 separate towns.  
**Mary Collins 860-336-6677**





What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?

A



B



Answers: 1. Paint is white 2. Extra red container on the side 3. Missing star on tube 4. Missing words on paper

THIS DAY IN...



HISTORY

- 1847: BRIGHAM YOUNG LEADS MORMON PIONEERS INTO SALT LAKE VALLEY, LEADING TO THE ESTABLISHMENT OF SALT LAKE CITY.
- 1866: TENNESSEE BECOMES THE FIRST CONFEDERATE STATE TO BE READMITTED TO THE UNION.
- 1987: 91-YEAR-OLD HULDA CROOKS BECOMES THE OLDEST PERSON TO CLIMB MT. FUJI.



SPACE

the physical universe beyond the earth's atmosphere



THIS IS A MOON, PLANET OR MACHINE THAT ORBITS A PLANET OR STAR.

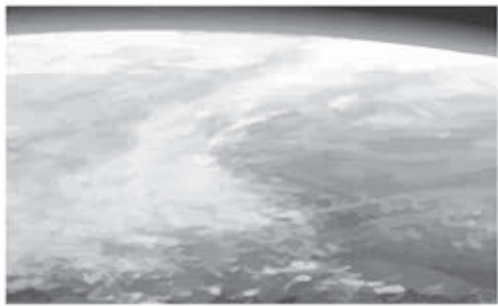
ANSWER: A SATELLITE

How they SAY that in...

- ENGLISH: Star
- SPANISH: Estrella
- ITALIAN: Stella
- FRENCH: Étoile
- GERMAN: Stern



NOBODY KNOWS JUST HOW MANY STARS ARE IN SPACE.



Can you guess what the bigger picture is?

ANSWER: EARTH

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to mobile phones. Each number corresponds to a letter. (Hint: 3 = e)

- A. 4 23 21 6 3  
Clue: Calling device
- B. 7 21 18 9 17 3  
Clue: Move freely
- C. 25 3 26 25 9 6 11  
Clue: Sending messages
- D. 13 1 25 1  
Clue: Computer quantities and signals

Answers: A. phone B. mobile C. texting D. data

SUDOKU

4	9		2					
	6	1			8	3		
					3	4		1
				3				6
		9		1		5		
	1	8	9					
	2			4				
7		6			2			
			7		9			

Level: Intermediate

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	9	2	6	8	7	4	3	1
6	8	5	2	3	6	1	4	7
3	8	7	4	6	5	1	2	9
4	3	7	5	2	9	8	1	6
2	8	1	7	6	4	9	3	5
1	6	9	4	3	8	5	7	2
8	7	2	5	6	3	4	9	1
7	8	3	2	9	1	4	6	5
8	5	1	6	7	2	3	9	4

ANSWER:



Home Town Service,  
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**1-800-536-5836**

Place your ad today!  
Call toll free  
or visit our website





**HIGHWAY LABORER**  
Town of East Brookfield

The Town of East Brookfield is seeking a qualified individual for a Highway Department Laborer position. Please reach out to the Board of Selectmen for a description of the role and qualifications at [address000@eastbrookfieldma.us](mailto:address000@eastbrookfieldma.us) or write to the Board at 122 Cottage Brook Drive East Brookfield, MA 01515. Inquiries of interest must be received by August 12, 2019 at 7 PM. Town of East Brookfield Board of Selectmen

*The Town of East Brookfield is an Equal Opportunity Employer*

ARTICLES FOR SALE

010 FOR SALE

**24 FOOT POOL, ABOVE-GROUND,** 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

**ABOVE-GROUND SWIMMING POOL,** 24' x 54", filter system, 1 season. \$1,000 or best offer. **508-943-8769**

**ATV TIRES:** Four ATV Tires Buzz Saw Brand, 26/10R12. Excellent cond. \$200 for all four. 508-259-8805

**BED ROOM SET**  
Heywood Wakefield  
3 Pieces A tall dresser with 5 drawers Dresser with mirror 7 drawers Night stand cabinet style Dark Wood  
Asking \$150.00 for All  
**Call 1-508-347-3145**

**BOBCAT-MOBILITY** Scooter red 4 months old, only used indoors, less than 10 miles on it. No signs of wear, in like new condition. Bought new for \$675 make reasonable offer. 774-280-0414

**BOSE STEREO SPEAKERS**  
Reflecting 6.2 Everywhere Speakers 4 Speakers 2 Left and 2 Right Asking \$80.00 Each Call 1-508-347-3145

**Bunn My Cafe** single cup brewer \$75 Oak bookcase 3"x3" 3 shelves \$50 508 320-7230

**COFFEE & TWO END TABLES:** Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

**DUCK STAMP** RW#1.\$150. got stamps?. Call Ron 413-896-3324 stamps wanted.

**DUCK STAMP** RW#1.\$150. got stamps?. Call Ron 413-896-3324 stamps wanted.

**ENTERTAINMENT CENTER**  
3 Pieces Each 6 ft 2 inches Tall 31 Inches Wide  
Adjustable shelves for TV's ect. Cabinets for storage  
Asking \$150.00 for All  
**Call 1-508-347-3145**

010 FOR SALE

**EXERCISER BIKE** Pro-Form XP Whirlwind 280 Time, Distance, Speed, Calories Perfect Condition Asking \$125.00  
Call 1-508-347-3145

**FOR SALE**  
Brand new 8ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850  
call 508-909-6070

**FOR SALE MAKE A OFFER:**  
kitchen table with four chairs and a side table. Inversion Table and Ellipticle and 3 book cases. Call 508885-6570

**FOR SALE** Remote control Airplanes some with motors. **Eagle Magna 3** plus Fish locator. Still in box. **Panasonic Base** with speakers. 774-241-0027

**FREEZER COMM. FRIGIDAIRE**  
Compact Chest Freezer Heavy Duty 5.0 Cu Ft. 27" Wide 34" High Asking \$125.00  
Call 1-508-347-3145

**FURNITURE FOR SALE**  
dinning room set with HUTCH like new perfect condition. Bar with 3 stools. Must See. Stereo Equipment Love seat and chairs and Misc items. 508-234-7252

**FURNITURE FOR SALE**  
Ladies bureau w/ extra large mirror, man's bureau, queen size bed, 2 twin beds, 2 Lazy-Boy chairs, excellent condition. Best offer. Can be seen at The Old Cider Mill, Route 9, West Brookfield or call 774-232-9382.

**GENERAC GP500 Gasoline Generator**-Unboxed, never used. Original manual + warranty card. Provides 5500 watt power supply. Asking \$575. 203-209-6418

**HOME SEWING SUPPLIES**  
including a large assortment of fabrics in both prints and solids to choose from. Also includes choices of a variety of laces, trims, sequins and beads etc. Please call 413-436-5073.

010 FOR SALE

**LETTER PRESS COMMERCIAL PRINTING EQUIPMENT** - all together, poster press 14"x22", job press 10"x15", Seybold paper cutter (extra blade) 25"x36", wooden type cabinet, 12 draws of type, 1 lead cutting-saw, hand tool equipment, 2 steel draw cabinets. (will not sell separately) \$5,000. 508-764-4458

**MOVING - MUST SELL** 3 piece electric reclining living room set, brown. \$300 free-pestal table w/4 chairs **508-612-6485**

**QUEEN SIZE BEDROOM SET** dark cherry, includes bed frame, headboard, 2 bureaus, one end table \$500. Also lighter oval table with leaf and 4 cushion chairs, solid wood. \$200. 508-885-2262.

**REESE 16K SLIDING FIFTH WHEEL HITCH** \$375 or BO. **ALSO WEIGHT DISTRIBUTION HITCH**, for class C receiver on car or truck \$300 or BO. call john 508 244 9699

**SEASONED HARDWOOD FIREWOOD** cut split delivered. \$225 per cord. CALL 508-282-0232

**SIX Windsor Back Chairs.** Light wood. Good condition. \$110.00 508-259-8805

**SNOW TIRES, PIRELLI** 245/45R19/102V M+S, 250 miles, \$1000, 508-564-3556

**STEREO EQUIPMENT RECEIVER** ONKYO AV HT R8230 Digital Dolby Wrat Wide Range Amplifier Tech. **TEAC** W-450R Stereo Double Reverse Cassette Deck Dolby-BC NR HXPRO Auto Reverse **SONY** Mega Storage 300 CD High Density Linear Converter System Asking \$300.00 for ALL Call 1-508-347-3145

**TIRES:** Four NEW Goodyear Wranglers LT 265-60R20 BW \$150 Each. 508-259-8805

010 FOR SALE

**TIRES:** Two used Goodyear Wranglers LT 265-60R20 BW. \$150 each. 508-259-8805

**Transport chair,** Excel Deluxe by Medline 19" seat, up to 300 lbs. Used once. 508-637-1304

**TREES/FIELDSTONE:**  
Trees- Evergreens, Excellent Privacy Border. Hemlocks- Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$25/Ton (508) 278-5762 Evening

**TRUCK CAP:** fits newer Dodge Trucks. 6.6 Bed size Removable front window, screens, side windows that open, rugged inside, Lights inside. Excellent cond. RED \$140. 508-259-8805

**WE'VE MOVED!** Light oak dining-room table w/6 chairs & 2 leaves, Oak entertainment Ctr., various size lamps, small electronics & more. No reasonable offer refused. Call 413-896-7047 Sturbridge area.

100 GENERAL

107 Misc. Free

**Free construction wood and kindling wood;** beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

110 NOVENAS

**THANK YOU ST. JUDE FOR ANSWERED PRAYERS**  
Say 3 Our Fathers, 3 Hail Marys and 3 Glory Be's C.L.

130 YARD SALES

**INDOOR MOVING SALE**  
30 High St Southbridge 2nd floor Back Entrance  
Sat 27th 8:30-2  
houseplants, good-quality curtains, various kitchenware, seasonal decorations, large variety, good condition, good prices.

200 GEN. BUSINESS

205 BOATS

**MIRROCRAFT 12 FOOT "V" BOTTOM.** MINNKOTA MAXXUM 40 POUND THRUST, VARIABLE DRIVE, VERY LOW HOURS. 3 SEATS WITH PEDESTALS .OARS, ANCHOR, TRAILER, SPARE TIRE . ALL VERY GOOD CONDITION. \$1500.00. CALL 508-987-0386 LEAVE MESSAGE.

265 FUEL/WOOD

**FIREWOOD:** Cut, Split & Delivered. Green Wood Lots Wanted. Call Paul (508) 769-2351

287 FEED

**HAY FOR SALE** - \$4 a bale off wagon (pick up only), cash 508-826-3312

298 WANTED TO BUY

**LEE'S COINS & JEWELRY \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS**  
Specializing in NUMISMATIC COINS, Bullion items, gold & silver of any form! Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they're worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coins & Jewelry, 239 West Main Street, East Brookfield (Route 9 - Panda Garden Plaza) (508) 637-1236 or (508)341-6355 (cell)

298 WANTED TO BUY

**WANTED:** 24' Pontoon Boat & trailer (used). Webster area. 617-750-0969

**WAR RELICS & WAR SOUVENIRS WANTED:** WWII & EARLIER CASH WAITING! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 40 Years Experience. Call David 1-(508)688-0847. Ill Come To YOU!

300 HELP WANTED

310 GENERAL HELP WANTED

**CHARLIE'S DINER**  
17 Main Street, Brimfield  
NOW HIRING-Cooks & Wait Staff  
Apply at location

**FOSTER PARENTS WANTED:** Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reimbursement. \$1000 Sign-On Bonus. Call For Details. Devereux Therapeutic Foster Care. (508)829-6769



**SEEKING AUTO TECHS:**  
High volume, independent shop seeks self-motivated, experienced General Auto Repair Tech and experienced Tire & Lube Techs. Benefits include health, dental, disability, life ins., 401k, FSA, overtime pay and training. Pay commensurate w/ experience and ability. **APPLY IN PERSON:** C&R TIRE, 649 MAIN STREET (RT. 20) STURBRIDGE, MA

**SJN FORMS INC**  
Looking for residential concrete foundation workers pay reflects experience full time work call Brian if interested 508-733-1513

325 PROFESSIONAL HELP WANTED

**BASED IN North Brookfield:** Home Every Night. Class A Driver And/Or General Mechanic For 18-Wheel Trailer Trucks  
\*\*\*\*\*  
Contact H.R. Salem Transport, LLC. (508) 867-3235

**EXPERIENCED TAX PREPARERS**  
for 2019 tax season. Applicants must have verifiable references. Salary commensurate with experience. CPA or EA NOT required. MAIL resume to Employment, 39 Elm St #212, Southbridge, MA 01550

**HELP WANTED RECYCLING CENTER S T A F F**  
Part time (19hrs. Per week) Wednesdays and Saturdays.  
The Recycling Center Staff directs all aspects of daily operations and maintenance of the Town's landfill and recycling facility (transfer station).  
For an application, visit [www.northbrookfield.net/home/pages/job-opportunities](http://www.northbrookfield.net/home/pages/job-opportunities), Call 508-867-0201, Or email [health@northbrookfield.net](mailto:health@northbrookfield.net)

**THE TOWN OF NORTH BROOKFIELD**  
is seeking an Administrative Assistant to the Board of Selectmen. Please visit [www.northbrookfield.net](http://www.northbrookfield.net) for more information.

330 SALES

**GATES GMC BUICK NISSAN**  
Only 45 mins from Sturbridge is looking for motivated Sales People to add to our Sales Team. No experience necessary, willing to train. Guarantee pay during training, competitive pay plans and benefits package. Call Nick Truax at 860-456-0055

500 REAL ESTATE

505 APARTMENTS FOR RENT

**DUDLEY -2-BEDROOM APT.**  
Hardwoods, country setting, pond view, off-street parking, heat, hot water, rubbish and hook-ups included. Starting at \$995. 1st, last, security. No dogs. **860-935-9105**

546 CEMETERY LOTS

**DOUBLE LOT** at waldron-cemetery in Dudley. \$700. 508-341-7873

**WORCESTER COUNTY MEMORIAL PARK,** Garden of Valor, Paxton, Mass. 2 lots for sale, \$4000 for both lots. Call Alan at 508-885-4381

550 MOBILE HOMES

**PARK MODEL MOBILE HOME** - Highview Campground, West Brookfield. Season begins April 15th and closes Oct. 15th. New windows, furnace, refrigerator, and kitchen floor. Call 508-873-6312.

575 VACATION RENTALS

**CAPE COD DENNISPORT**  
Clean 2 bedroom Cottage  
  
Cable TV, Wifi, Close to Beaches, Golf, Bike Trail, Shopping, Restaurants and Amusements  
Sorry, No Pets  
  
Large Private Lot, Great for Children!  
\*\*\*\*\*  
**\$700.00 A Week**  
**508-280-8331**  
**rw012@aol.com**

576 VACATION RESOURCES

**TIMESHARE FOR SALE** full-flex week at The Manhattan Club in New York located across from Carnegie Hall. Great buy; illness forces this sale. Asking \$7,000. For details 508-248-5123

**Automotive**



700 AUTOMOTIVE

715 AUTO SERVICES

**\$100 CASH FLAT RATE** for any Junk Vehicle No title/no keys OK. Free pick up. Call 401-648-9300

725 AUTOMOBILES

**1971 Chevy Impala Convertible** 400 2 barrel carb with 89,000 miles, 1 owner, runs smooth, new top in 2012, asking \$8,000 or best offer 508-885-6878

**1987 BMW 325i** Convertible, red with black leather interior, 153,000 miles and in good condition, no rust, newer top, needs a tune-up. \$4100 or B/O, Adam 508-735-4413

**2006 MUSTANG GT-50k,** 5sp fully modified. Call or email for details and photos. 508-476-2293. [savianjohnt@yahoo.com](mailto:savianjohnt@yahoo.com)

725 AUTOMOBILES

**2001 CAD EL DORADO TC** 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster, Mass.

**2016 CHEVY CRUZE LT.** 79,000 miles. 1.4 liter engine, blue, remote start, Weather tech mats. \$9000. Call 508-234-6944.

**F250 work truck, 2012, RWD,** 71K, equipped with aluminum flatbed with fold-down sides. Recent brakes, battery, ac compressor, tires, 10 ply. Ready to work. 10,000 GVV. \$17,000 508-943-1941 or 508-320-2765

*Need to Place a Classified Ad?*  
**Call 800-536-5836**

725 AUTOMOBILES

**VEHICALS FOR SALE** 1999 F150 118k miles. 4x4 single cab stepside capt. chairs Loaded Red with Cap \$4,000. 2002 Chevy Silverado 2500 HD black long bedloaded with plow. Low millige. 67 thousand. \$7500. Would consider partial trade. Call Mike 508-752-7474.

740 MOTORCYCLES

**2005 YAMAHA V-STAR 1100 CLASSIC, PEARL-WHITE**  
Has all options- hardbags, windshield, custom seats/exhaust, backrest, floor-boards. 20,000 well-maintained miles. Great looking & performing bike. \$3500 OBO 774-289-4550

**2014 Victory Vision Tour**  
Loaded with options Only 2,000 miles, not even broken in Paid \$20,000. Asking \$13,500. Call 774-200-6387 email [moehagerty@msn.com](mailto:moehagerty@msn.com)

740 MOTORCYCLES

**2014 HARLEY DAVIDSON**  
(low rider). Accessories added: windshield, crash bar, saddle bags. 5300 babied miles and care. Silver metallic. Recorded 100% mechanically sound by Sheldon's of Auburn. Bike is truly new condition. Call 508-414-9134 for showing. Firm \$14,000 as bike is MINT!

*Need to Place a Classified Ad?*  
**Call 800-536-5836**

740 MOTORCYCLES

**BMW MOTORCYCLE,** rare K75 (4-stroke in-line 3 cyl motor), 1995. Mileage 10,800 (tires have about 1K wear) color: silver (#705). Asking \$5,200. Accessories: 3rd generation saddlebags with keys and insert bags, tail rack, Monoshock upgraded to YSS dialed to 250 lbs. Adjustable- all documents. Original toolset and bike manual. OEM windshield, Corbin low seat, Trickle charger, heated handgrips. This bike was stored in a garage for many years and is in like-new condition. Cruises between 60-80 with no effort and accelerates 0 to 60 in 4.5 seconds. A true 3-season miler! 508-943-1790 or [ndc0001@charter.net](mailto:ndc0001@charter.net)

750 CAMPERS/ TRAILERS

**2012 Cougar 324RLB** 5th Wheel Camper. 1 & 1/2 bath, kids room w/sleeping loft. Pictures available. Excellent condition. \$19,750. 413-245-4403 Please leave a message. Located in Brimfield Mass.

5TH -WHEEL HITCH, 1 yr old,

for Chevy or GMC, \$700, Chevy 5th-Wheel tailgate, good condition \$200, 5 trailer tires 235/ 80/16R on mag wheels, like new \$800 Marc 508-847-7542


760 VANS/TRUCKS

**2000 GMC 2500 SIERRA** 4-door cab & 1/2, 4-wheel drive, no rot, with plow + truck mount slide-in Fleetwood Alcorn camper (2001) w/bath, fridge, a/c, kitchenette. \$5100 508-341-6347

760 VANS/TRUCKS

**2006 Ford E150 Van,** good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322

*Need to Place a Classified Ad?*  
**Call 800-536-5836**



**It's no mystery why more people use the classifieds!**

**Automotive**





# July is **FREE** WINDOWS MONTH at Renewal by Andersen.<sup>1</sup>



## Why is July one of the best times to replace your windows?

Because more energy-efficient windows can help you **get relief from your uncomfortably hot home.**

Our exclusive High-Performance™ Low-E4® SmartSun™ glass is **up to 70% more energy efficient.**<sup>†</sup> It's engineered to help make your home cooler this summer.

**Call before July 31<sup>st</sup>!**



## Why have our customers chosen us over another window company?

### 1. Fibrex® Material

Our exclusive Fibrex material was **researched by Andersen** for 30 years before it was installed in even one home. **Our Fibrex material is twice as strong as vinyl.**

### 2. Unique Look

Our window has the **elegant look and strength of a wood window**, but our Fibrex material doesn't demand the same maintenance of wood.\*

### 3. Accountability

There's no frustrating "middle man" to deal with. **We manage the entire process—from building to installation to the warranty—on windows and patio doors.**

It's almost like getting  
**FREE WINDOWS**  
for 1 year<sup>1</sup>

**\$0 DOWN**  
**0 MONTHLY PAYMENTS**  
**0% INTEREST**  
**FOR 1 YEAR<sup>1</sup>**

*Plus*

**SAVE \$325**  
**ON EVERY WINDOW<sup>1</sup>**  
**SAVE \$700**  
**ON EVERY PATIO DOOR<sup>1</sup>**

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.

Our  
Fibrex®  
material is  
**2X STRONGER**  
THAN  
VINYL

**Renewal by Andersen.**  
WINDOW REPLACEMENT an Andersen Company  
The Better Way to a Better Window™



**Call for your FREE Window and  
Patio Door Diagnosis**

**1-800-209-2746**

<sup>1</sup>DETAILS OF OFFER: Offer expires 7/31/2019. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and 12 months \$0 money down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 7/7/2019 and 7/31/2019. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2019 Andersen Corporation. All rights reserved. ©2019 Lead Surge LLC. All rights reserved. \*Values are based on comparison of Renewal by Andersen® double-hung window U-Factor to the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015, and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables. \*See limited warranty for details.





# Uxbridge Auto, Inc.

187 North Main St., Uxbridge  
508. 278. 6672

**HOURS:**  
**Service:** Mon-Fri 8-5 • Sat 8-12  
**Sales:** Mon-Thurs 9-7 • Fri 9-6 • Sat 9-5

SALES. RENTALS. STATE INSPECTION. FULL AUTOMOTIVE SERVICE REPAIR			
<b>2016 Cadillac ATS</b>  19247 2 liter, 4 cylinder 6 speed automatic All wheel drive 31,325 MILES <b>\$18,990</b> \$305 per month	<b>2016 Hyundai Tucson Sport</b>  19117 Turbo. Fun to Drive 38,000 MILES <b>\$18,960</b> \$305 per month	<b>2016 Chevrolet Silverado</b>  19225 5.3 Liter, 8 Cylinder, 6 speed automatic, double cab, navigation, 4x4 36,575 MILES <b>\$26,990</b> \$434 per month	<b>2016 Honda CRV Touring</b>  19220 Leather roof, accident avoidance 40,000 MILES <b>\$21,990</b> \$349 per month
<b>2017 Chevrolet Colorado</b>  19227 3.6 Liter, 6 Cylinder, 6 speed automatic 4 wheel drive 10,003 MILES <b>\$26,990</b> \$434 per month	<b>2015 Jeep Grand Cherokee</b>  19080 Limited, leather, roof, navigation 28,000 MILES <b>\$23,990</b> \$386 per month	<b>2016 Kia Sportage</b>  19125 2.4 Liter 4 cylinder, 6 speed automatic, All Wheel Drive 26,748 MILES <b>\$16,990</b> \$273 per month	<b>2016 Buick Regal</b>  19116 2 liter, 4 cylinder 6 speed automatic Front wheel drive 30,967 MILES <b>\$13,990</b> \$225 per month
<b>2016 Ram 1500 ST</b>  19221 Crew cab, 4x4 20,000 MILES <b>\$24,990</b> \$399 per month	<b>2008 GMC Sierra</b>  19187 4.3 Liter 6 cylinder, 4 speed automatic, rear wheel drive 80,911 MILES <b>\$9,925</b> \$199 per month	<b>2016 Jeep Wrangler Unlimited</b>  19151 3.6 Liter 6 cylinder, Automatic, 4 WD, Hardtop, Side steps, New Tires 33,909 MILES <b>\$27,530</b> \$443 per month	<b>2008 Ford F350</b>  19163 5.4 Liter, 8 cylinder, Automatic, 4 wheel drive <b>Mechanical Special Wholesale to the Public</b> 48,896 MILES <b>\$13,500</b> \$273 per month



**RENTALS \$34.95 per day (plus tax)**  
**\*TIRE AND ALIGNMENT SPECIALS!**  
**\*INSPECTION STICKERS Mon - Sat**  
**"CHECK ENGINE" LIGHT DIAGNOSTICS**



**SUMMER**  
**BUY FOUR TIRES, GET THE ALIGNMENT FREE!**  
MENTION THIS AD WHEN YOU BUY 4 TIRES TO GET YOUR FREE ALIGNMENT.

Monthly payments based on qualifying A tier credit for 75 months at 4.29% with zero down payment. Sales tax, documentation fee, state registration fees, and inspection fees not included. Prices are based on consumer financing with one of our lending institutions. Cannot be combined with any other specials or discount coupons.

**SHOP US 24/7 @ WWW.UXBRIDGEAUTO.COM**

**IT'S FINALLY HERE SUMMERTIME! HAVE A SAFE SUMMER**  
*THE "RIGHT PLACE" SINCE 1923*  
**PLACE MOTOR INC.**  
*THE OLDEST FAMILY OWNED FORD DEALERSHIP IN MASSACHUSETTS*



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**HURRY UP & SAVE**  
SALES EVENT

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ESTIMATED SAVINGS ON SELECT FORD MODELS

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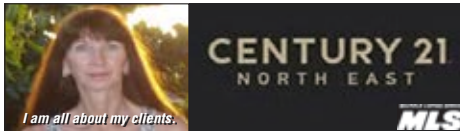
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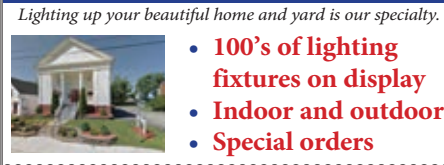
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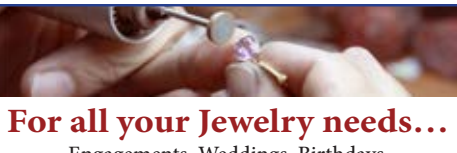
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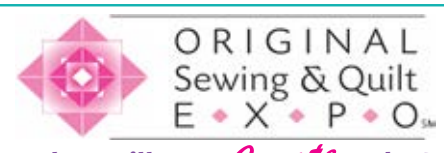
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PETS

Things to look for in a boarding facility



Pet ownership involves making careful decisions with the well-being of pets in mind. When pet owners need to go out of town, bringing the pet along can be a smart move. But in other instances, it may be preferable to leave pets behind. In such instances, it becomes essential to find a place that can accommodate the animal in a safe and humane fashion.

Pet owners who do not have the luxury of asking family or friends to watch their animals can enlist the services of a boarding kennel. Touring some facilities and asking the right questions can help people find the best options.

Care.com, the company that provides companionship and care for seniors, children and pets, advises first speaking with your veterinarian about the best kennels nearby. Some vet offices also have boarding facilities on premises. This can be a great option, as the vet and staff will already be

familiar with your animal and be able to provide medical care if an emergency arises. Also, vet boarders are great for pets with special needs or those that are on medication.

Pet parents can ask for recommendations from friends or neighbors as well. Before visiting a kennel, recognize that signs of a poorly run facility include dirty pens, housing areas in disrepair, smelly premises, and dogs or cats that seem anxious.

When going with a third-party boarder, look for one that is licensed, insured and bonded. Different areas require various regulations regarding boarding certifications, so do your homework. If the pet should be injured or injures another dog or person during its stay, or damages property while at a bonded and insured boarding facility, the pet owner will be covered for costs.

Look at various facilities

and what they offer before making a final decision. Many boarding facilities now offer luxury spaces, complete with couches and televisions. The staff may pamper the pet, and packages also may include grooming or pet playdates. Visiting the facility in advance also affords owners the chance to see if it looks and smells clean and has proper ventilation. Pet owners also will want to ensure that all pets that are boarding there are required to be current on vaccinations and healthy.

The pet adoption company Petfinder suggests gradually introducing a pet to boarding. Try a short overnight or weekend trip before booking a week-long excursion. When dropping off dogs or cats for boarding, avoid long and emotional good-byes, which may upset the pet. With practice, the parting period will be easier for all involved.

Parrot fever and the threat it poses to humans

The bond pet owners have with their pets is strong. Pets bring a lot into a home. The opportunity to care for a pet can provide fulfillment and joy, and the unconditional love pets give to their owners can improve their owners' moods.

Like their owners, pets are not immune to illness, and some of these illnesses can even be passed from pet to owner. Pet owners may assume diseases can only be transmitted via pets with whom they have routine direct physical contact, such as cats and dogs. But other pets, including parrots, can transmit disease.

Parrot fever, sometimes referred to as "psittacosis" or "chlamydia psittaci," is a bacterial disease that can be passed from certain birds, like parrots and parakeets, to humans.



The bacteria behind parrot fever commonly infects birds. While it's unlikely that this bacteria will infect bird owners, it's possible. According to the Centers for Disease Control and Prevention, people can become infected with parrot fever as a result of breathing in secretions of psittacine birds, such as parrots and parakeets. Birds may or may not exhibit signs that they've been infected with the bacteria, so bird owners may be vulnerable to the disease without even knowing their birds are sick.

Birds shed the bacteria behind parrot fever in their droppings and respiratory secretions. When these secretions dry, small dust particles, including the bacteria, can get into the air. When humans breathe in these dust particles, they may

then become infected with parrot fever. It's possible that birds can spread the infection through biting or beak-to-mouth contact, but the CDC notes that such instances are rare. And while it's possible for the bacteria to be spread from one human to another, that, too, is unlikely.

Signs and symptoms

Parrot fever typically causes only mild illness. The potential indicators of parrot fever are different for birds than they are for humans. The CDC notes that signs of parrot fever in birds are non-specific, and birds infected with the bacteria may exhibit no symptoms at all. If they do exhibit symptoms, they may include poor appetite, inflamed eyes, difficulty breathing, and/or diarrhea.

Humans exposed to the bacteria behind parrot fever may begin developing symptoms within five to 14 days after exposure. The most common symptoms are fever and chills, headache, muscle aches, and dry cough. These symptoms also can be a result of other illnesses unrelated to birds, so bird owners should consult their physicians if any appear and inform their doctors that they have a bird at home. This may lead doctors to conduct tests designed to detect parrot fever.

Antibiotics are an effective and common treatment for birds and bird owners affected by parrot fever. And while infection is often mild and harmless, bird owners should keep an eye out for symptoms to ensure the health of their birds and themselves.



Surprising facts about fleas and ticks

Fleas and ticks rely on blood for food. They are the vampires of the pet realm, silently stalking companion animals wherever they go. Once fleas and ticks find a victim, they are bound to stay around for a while, enjoying the free meal.

Fleas, in particular, can grow quite fond of a cat or dog — reproducing and quickly building an infestation. Few people are enamored with fleas and ticks, but learning a little more about them can help pet owners understand their behaviors and how to best keep their pets safe.

FLEAS

Fleas have four life stages: egg, larva, pupa, and biting adult. Most people are familiar with the adult stage because those are the most noticeable and painful. Fleas can feed on just about any blood host.

Scientists know of more than 2,000 species and subspecies of fleas. However, in North America, the cat flea (ctennocephalides felis) is responsible for the majority of cat and dog infestations.

Female fleas are typically larger than the males and are responsible for proliferating the flea brood. Females can consume up to 15 times their body weight in blood every day. This helps to fuel egg-laying, which can take place within 36 to 48 hours of the female's first meal. In her lifetime, a female flea can lay roughly 2,000 eggs.

Fleas are wingless parasites that get around by jumping from host to host. If they don't have to expend too much energy (i.e. get comfortable on a host), they can go anywhere from between two months and 100 days without a

meal. Fleas can jump up to eight inches high, enabling them to grab onto a passing meal source.

A typical flea can live for a few months, and fleas can carry a number of different diseases. From plague to cat scratch fever to tapeworms, fleas can make pets ill and also affect people who interact with them.

TICKS

Ticks are not insects; they are arachnids. That means they are more closely related to spiders and scorpions. The stages of the tick include the egg, larva, nymph, and adult. Depending on the species, nymph ticks can be quite small to the naked eye. Ticks' small stature can make them difficult to detect until they have become engorged with blood.

The University of Rhode Island's Center for Vector-Borne Disease and its TickEncounter Resource Center says that spring is a prime time for the birth of new ticks. During this time of year, ticks are on the hunt for their next meals.

Ticks can be carriers of a number of diseases, but it's important to note that a tick has to be attached for longer than 24 hours to transmit diseases to a host. That means checking animals (and yourself) for ticks frequently can help avoid the spread of illness. Ticks don't jump or fall from trees. The parasites crawl upward, so start looking from the feet, moving up. In addition, check a dog's face, where a tick may latch on while the dog is sniffing in the grass.

Ticks and fleas are pesky critters that can carry disease. Consult with your veterinarian if you suspect your dog has a tick or flea problem to get the situation under control. Preventative collars and medications can help repel fleas and ticks as well.

Sniff out the truth about pesky fleas and ticks.



# PETS

## How you can benefit from having a pet



Pets have been kept for centuries. Statistics from various sources indicate North Americans own millions of dogs, cats, birds, small mammals, and reptiles. Pets' affable nature and loving looks are enough for many people to welcome them into their homes, but the benefits of having a pet extends beyond their appearances and temperaments.

- Pets can help prevent loneliness. Loneliness affects people of all ages, but it is particularly problematic among seniors. Older adults who may be isolated can benefit from having a pet around. According to a study published in *Aging & Mental Health*, older adults who owned pets were 36 percent less likely to say they were lonely compared to those who didn't have an animal companion.
- Pets can save lives. Pets can be trained to perform various tasks around the house and in the community. Rescue animals assist in finding people after natural disasters. Medical alert pets can help people

with debilitating illness and assist physically impaired people with everyday tasks.

- Pets help lower allergy risks. Keeping pets around can reduce a child's likelihood of developing allergies by as much as 33 percent, according to a study by pediatrician James E. Gern that was published in the *Journal of Allergy and Clinical Immunology*. People exposed early on to animals tend to develop stronger immune systems overall.
- Pets provide socialization opportunities. A pet can be the common denominator to strike up new friendships and connect with others. Whether walking around the neighborhood or being part of a pet obedience class or interest group, pets can help their owners expand their social circles.
- Pets can help combat stress. Talking to or stroking a pet can make stress easier to handle. A study from researchers at the State University of New York at Buffalo found that, when con-

ducting a stressful task, people experienced less stress when their pets were with them. Various other studies and data from the Centers for Disease Control and Prevention have found having a pet around can lower blood pressure, ease anxiety and may even help to lessen aches and pains. Pets provide unconditional love, which can be beneficial to someone facing depression or post-traumatic stress disorder.

- Pets help teach responsibility. Taking care of a pet can help children and adults become more responsible. According to the American Pet Product Association's 2011-2012 National Pet Owners Survey, 58 percent of pet owners say their pets help teach their kids to be responsible through routine care, exercise and feeding of the animal.

Pets are more than mere companions. In fact, pets can offer numerous health and well-being benefits to people of all ages.

## Get the scoop on pet food safety

Today's consumers are more conscious than ever before regarding the foods and other substances they put in their bodies. It would stand to reason that those same concerned individuals also would extend that caution to the meals they feed their pets, as the basic principles of food safety also apply to pet foods and treats.

The Centers for Disease Control and Prevention says it is key to pick the right foods for pets, and to consider some important information before purchasing anything. The CDC does not recommend feeding raw foods to pets. Salmonella and listeria have been found in raw pet foods, as well as packaged ones sold in stores.

In the United States, the Association of American Feed Control Officials regulates the production, transportation and ingredient suppliers of manufactured pet foods. With the U.S. Food and Drug Administration, these agencies help regulate animal feeds and impart new standards, process controls and other features. Pet owners concerned about their pets' foods should look for approval from AAFCO as well as the FDA before feeding.

Many pet owners prefer to seek locally sourced ingredients in the foods they select. This means protein and carbohydrate sources produced right in North America. Check



package labeling to see where ingredients are procured if this is a concern.

The same safe food handling procedures people observe when handling their own foods should be followed when they prepare meals for their pets.

Before or after handling pet foods and treats, wash hands to prevent the spread of foodborne illnesses, states FoodSafety.gov. When possible, store pet food separate from human food, preparing the foods in separate spaces as well. Use a

clean, dedicated scoop or cup to create a pet food serving. Follow manufacturer's guidelines for food storage. An airtight container is advisable to keep the food fresh and free from possible contaminants.

Pet owners also should rou-

tinely check for pet food recalls to ensure the brand they're using is safe. Every effort pet owners make to keep their pets' foods safe and contaminant-free keeps pets healthy and happy.

## Why it pays to use crates when training puppies

Puppies make great additions to a household. Parents often find that dogs can teach youngsters lessons about compassion and responsibility, while moms and dads enjoy the companionship and unconditional love their dogs provide.

As first-time dog owners learn shortly after bringing their puppies home, pets require a lot of work. That's especially true of puppies, which must be housebroken so they can learn to live within the structure of a family. Crate training, which is supported by the American Kennel Club, is a great way to teach puppies proper behaviors and to get them to adjust to their new lives.

Many dog owners, particularly those who have never before had a dog, may hesitate to employ crates to train their puppies. That's understandable, as on the surface it can seem cruel or inhumane to confine a living animal to a cage. However, the AKC notes that dogs are den animals that naturally seek out canine caves for security. That's true whether dog owners provide crates for

their puppies or not. So while humans may see crates as cruel, dogs very likely view their crates as secure places where they can go if they get scared or feel skittish. In fact, according to the AKC, dogs' perception of crates is one reason why dog owners typically find it relatively easy to get their dogs to adjust to crates and ultimately enjoy them.

The AKC urges dog owners who plan to crate train their puppies to find appropriately-sized crates before they begin training. Crates should be just large enough for dogs to lie down, stand up and turn around. Dogs won't embrace crates that are too small, and crates that are too big will give dogs the impression that they can use one corner to defecate and use the rest for sleep or play. That's the wrong message to send, as dogs should never be encouraged to relieve themselves in their crates.

Crate training can be invaluable when welcoming puppies into a home. Learn more at [www.akc.org](http://www.akc.org).







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