



Day Kimball Healthcare to require COVID-19 vaccinations for workforce

PUTNAM — Day Kimball Healthcare (DKH) has announced that it is requiring all members of its workforce receive at least their first dose of the COVID-19 vaccine by Nov. 1 as a condition of employment unless they are granted a medical exemption or deferral, or an approved religious exemption. The mandate applies to health system employees, medical staff, volunteers, students, contractors and vendors.

The requirement aligns with the Connecticut Hospital Association's (CHA) statewide commitment by Connecticut's hospitals, announced in June, endorsing mandatory COVID-19 vaccination for hospital and health system employees and clinical staff.

"By requiring the COVID-

19 vaccine as a condition of employment, DKH joins health systems and associations across the country in supporting vaccination for health care workers in an effort to continue protecting our patients, staff, and communities from this dangerous disease," said Kyle Kramer, chief executive officer, Day Kimball Healthcare. "Unfortunately, COVID-19 cases are on the rise again due to the threat of variants, and many communities continue to have low vaccination rates."

Kramer continued, "In keeping with our mission to improve the health and wellbeing of our community by providing the best medical care, and our commitment to providing safe care for patients and a safe work environment for employees, the decision to

require vaccinations in our workforce was thoughtfully made. The available COVID-19 vaccines are safe and effective, and proven to be the best way to prevent transmission, hospitalizations, and deaths from the virus."

Individuals may request a COVID-19 vaccination exemption or deferral (to a later date) for a medical reason or sincerely held religious/spiritual belief. Those seeking a medical or religious exemption or deferment must request one by Sept. 30. Failure to comply with DKH's vaccine policy will result in that individual not being allowed to work at DKH.

"As a High Reliability Organization (HRO), DKH is committed to providing high-quality, safe care to our patients and a safe workplace to our health system employees," said John Graham, chief medical officer and vice president medical affairs and quality, Day Kimball Healthcare.

"Eighty-three percent of our health system employees, including 100 percent of our physicians, have voluntarily received vaccinations already. Requiring vaccination for our employees is critical to maintaining a safe care environment. We continually educate staff by sharing vaccine resources and giving the opportunity to directly ask leaders and clinicians questions regarding vaccine research, safety and efficacy."

Access to the vaccine remains available for DKH staff at no cost through DKH Employee Health and at any of its Day Kimball Medical Group adult and pediatric primary care practices.

For the most up-to-date information on COVID-19 vaccination distribution plans in Connecticut, call 2-1-1, the CT State Hotline for information or visit ct.gov/covidvaccine. Local information is available on the Northeast District

Department of Health website at nndh.org. For more information about Day Kimball Healthcare's COVID-19 vaccine rollout, visit daykimball.org/coronavirus.

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system composed of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare at Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare's comprehensive network employs more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its Web site is www.daykimball.org.

Local funeral director to speak at next Veterans Coffeehouse

PUTNAM — Bob Fournier, owner of Valade Funeral Homes, will be coming to the Danielson Veterans Coffeehouse on Sept. 14. He will outline their services available and why preplanning is a good idea. The weekly Veterans Coffeehouses take place every Tuesday morning at 8:30 a.m. at the Putnam Elks Lodge, 64 Edmond St.

After receiving a degree in mortuary science from the New England Institute at Mount Ida College in Newton, Mass., Fournier went on to receive his bachelor's degree

from the University of Rhode Island majoring in business administration. He has been a licensed funeral director since 1992. Bob is a third generation funeral director growing up in a family devoted to funeral service. Raised in Woonsocket, R.I., he began his career working for his family's funeral home, Fournier & Fournier Funeral Homes. From there, he went on to work for Maceroni Funeral Home located in North Providence, R.I.

In December of 2005,

Please Read **COFFEEHOUSE**, page **A2**

TAKING A SPIN



Photo Jason Bleau

Riders take a spin on the Thunder Bolt, one of many high-octane rides in the carnival section at the Woodstock Fair. For more photos from this year's fair, see page A7.

Lapsley Orchard sells Sunflowers for Kids

BY JASON BLEAU
CONTRIBUTING WRITER

POMFRET — Lapsley Orchard and United Services, Inc. presented their fifteenth annual Sunflowers for Kids event on Sunday, Sept. 5 continuing a longstanding tradition in the region to help raise money to assist children and families in Northeastern Connecticut.

Each year, Lapsley Orchard donates proceeds from wildflowers and sunflowers sold for one day to United Services raising around \$3,000 annually to help support a variety of services through the agency. The event was one of the few community efforts that wasn't cancelled by the 2020 pandemic and returned again in 2021 to continue the tradition.

Emily Morrison, Director of Development for United Services, said the generosity of the people and Lapsley is



Photo Jason Bleau

Employees of United Services show off some of the bouquets available for purchase at the Sunflower for Kids Event over Labor Day weekend.

humbling every year.

"Lapsley Orchard is so generous. Families come out and we make bouquets for them, or they can go out and pick their own and all the proceeds go to our children and families programs. That includes our domestic violence program, our child

guidance clinic, our family programs including our kinship care support group, and it helps children and families get the services they need right here in Northeastern Connecticut," Morrison said. "The funds

Please Read **SUNFLOWERS**, page **A8**

Thompson raises funds for new art installation in Riverside Park

THOMPSON — As of 6:52 p.m. on Monday, Aug. 30, the town of Thompson officially met both of their goals in their crowdfunding campaign "Swimming with the Fishes in Riverside Park."

That fundraiser was created to support the installation of a series of permanent sculptures in the Town's main municipal park. The sculptures will incorporate the more than 48,000 nip bottles diverted off Thompson's roads during the five-month "Nips for Holiday Cheer" buy-back program. Mary R. Fisher Elementary School art teacher Sara Furbush, who has previous experience creating art for public parks, will construct a series of sculptures of fish species native to the French River, with the nips used to represent the scales on the fish. Additional assistance with fabrication will be provided by the

students in the tech program at Tourtellotte Memorial High School, under the direction of instructor Mike Joyce. Be sure to keep your eye on the Town of Thompson Facebook page in coming weeks, for updates on the project progress!

Fifty-three Thompson residents and friends of the town contributed more than \$5,000 toward the project during the August crowdfunding campaign, exceeding the goals both for funds raised and the number of individual donors. Because of that generous support, the campaign was able to unlock matching funds through regional non-profit Sustainable CT. Thank you to all who contributed! We couldn't have done it without you!

The first of the sculptures is planned for completion and unveiling as a feature of

Please Read **FUNDRAISER**, page **A3**

Back to school across the centuries



KILLINGLY
AT 300
.....
MARGARET
WEAVER

It's hard to believe that it's already September and another school year has begun. I thought that I'd write about education and schools in the 18th and 19th centuries in Northeastern Connecticut. Since it was important that children learn to read the Bible, at least some education was deemed necessary. The town of Killingly in the 1760's still reached from the Massachusetts border on the north to Plainfield on the south and had a number of church societies. Each society, not the Town, was responsible for its own schools. In her "History of Windham County, Connecticut," Ellen D.

Larned wrote that In the middle church society, that of the First Congregational Church, (think Putnam Heights to Alexander's Lake and vicinity) five districts were set off with ten men as a school committee to oversee their affairs: "Benjamin Leavens, Ichabod Turner northwest district; Benjamin Joy, Moses Winter, middle district; Joseph Torrey, Ebenezer Larned, northeast district; Josiah Brown, Philip Whitaker, southeast district; Nell Saunders (Alexander), John Brooks, southwest district. (Vol.,II, p.74). In 1762 Thompson Parish established ten school districts but they had to be modified to accommodate twelve families living north of Clement Corbin's "great hill" since those had been missed (op. cit., p. 67-68; see those pages if you are interested in a detailed list of early families).

In most instances the minister was the most highly educated individual in each town in the 18th century, hav-

ing usually attended Yale or Harvard. He frequently acted as a tutor for those young men wishing for higher educations. In her "History of Windham County, Connecticut," Ellen D. Larned wrote about Manasseh Cutler (future co-author of the Northwest Ordinance) and Joseph Howe, son of the late Rev. Perley Howe being "fitted for College by Rev. Aaron Brown (Howe's step-father) [who both] entered Yale in 1761. Although then but 14 years old, Howe manifested uncommon force and maturity of mind, and was graduated the first scholar in a class who had a full share of distinguished names.'" At this same time, Aaron Brown also tutored Amasa, son of Deacon Ebenezer Larned. (Vo. II, p. 75). The Killingly Hill home where Reverend Brown lived and they were schooled is still standing on present-day Putnam Heights and is known as the Cady-Copp Cottage. Owned by the Aspinock Historical Society of Putnam, it is on the National Register of Historic Places because of its connection to these individuals.

In Pomfret, eight boys had been graduated from Yale in 1759; others soon followed. Joseph Dana graduated in 1760; in 1761 John and Ephraim Avery and Joseph Goodell; in 1765 Thomas Grosvenor; in 1766 Asa H. Lyon; in 1767 Elisha Williams; in 1769 Daniel Grosvenor. Joseph Pope was graduated from Harvard in

1770. (Larned, II, p. 14)

On the eve of the Revolution, students in Northeastern Connecticut desiring more than a rudimentary education could attend Plainfield Academy, the third oldest chartered organization of that type in Connecticut. Started in 1770, by 1783 it had over 100 students. "In 1784, 34 proprietors of the school petitioned the General Court to incorporate the school as Plainfield Academy.

The school would consist of 3 buildings—the brick schoolhouse, which housed the math department, 'The New Hall,' which provided for 'classical instruction,' and 'The White Hall,' which housed the English department. While Plainfield Academy focused on preparing boys for college, this usually meant preparing boys to attend Yale. In fact, the school's charter promised not to incorporate any policies that ran counter to Connecticut state law or the policies of Yale College. With boys of the era often graduating from Yale by the age of 16, many students enrolled at Plainfield around age 10. By 1818, Plainfield Academy's attendance was down to roughly 80 students per year. It covered its operating expenses through tuition charges and the interest from a school fund containing \$834. To defray much of the cost of housing students, the Academy had them stay in the homes of local residents." ((https://connecticuthistory.org/plainfield-academy-grooming-connecticut-scholars-in-the-18th-and-19th-centuries/).

One of the competing schools that siphoned off potential Plainfield Academy students was Woodstock Academy, which was founded in 1801 and opened in 1802. Following a 1799 act of the Connecticut Legislature which permitted the establishment of schools of higher learning in towns, Reverend Eliphalet Lyman and Woodstock Attorney John McClelland had gained community support to have the original Academy building constructed at the north end of the Woodstock common. In 1843 "Following years of sporadic operation, Woodstock native Henry C. Bowen, now a wealthy New York City merchant, purchased and renovated The Woodstock Academy. Bowen also constructed a student boarding house next to the school. An Academy revival under First Ecclesiastical Society management, however, was short-lived." For more on the history see www.woodstockacademy.org/about/history.

It was not far from Killingly students to attend either of these academies so it was not until after the coming of the railroad in 1840 and the beginnings of the Borough of Danielsonville, that an academy was established in Killingly on present-day Broad Street. A stock company was formed in 1847 to erect West Killingly Academy on what was the

former St. Alban's Church site. Subjects at the academy included mathematics, surveying, geography, history, natural science (botany and geology), rhetoric and "belles lettres", intellectual and moral philosophy, Latin, Greek and French. Academy Street, where the Danielson Fire Station is located, obtained its name from this institution. (Weaver, Margaret & Geraldine & Raymond Wood, "Miles of Millstreams," p. 105; reference to Allen B. Lincoln's A Modern History of Windham County, Connecticut, Vo. I). The school was not in existence for many decades like the previous academies in Woodstock and Plainfield, and by 1866 St. Alban Church was utilizing the building. Killingly's public first high school, housed in the newly constructed Grammar School on School Street in Danielson, opened in 1871.

I was searching for September happenings from 1921 and came across the following which fits well with this column. I know some of you attended school in this annex. "There are 480 pupils registered at St. James' parochial school and at the auxiliary of the school established at The Cloister, the new apartment building of the Connecticut Mills company on Morin avenue last year. Like St. James school, the auxiliary school is in charge of the Sisters of St. Joseph. The registration in the parochial schools is particularly large this year and included the great majority of all of the Catholic children of school years in what is properly termed St. James parish." (Norwich Bulletin, 9/15/1921, p. 6; newspapers.com).

Please feel to share your school memories by emailing me.

Margaret M. Weaver Killingly Municipal Historian September 2021. For additional information email me at margaretm-weaver@gmail.com or contact the Killingly Historical Society at www.Killinglyhistorical.org. Leave messages for the Killingly Historical Center at 860-779-7250. Visit the Killingly Historical & Genealogical Center Wednesday or Saturday from 10 a.m.-1 p.m. beginning Aug. 4. Like us on Facebook at www.facebook.com/killinglyhistoricalsociety. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical & Genealogical Center should be sent to P.O. Box 265, Danielson, CT 06239.

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MA STATE COVID REQUIREMENTS WILL BE FOLLOWED

St James School

The ST JAMES SCHOOL DANIELSON, CT announced today its policy for determining eligibility of children who may receive free or reduced-price meals served under the National School Lunch Program (NSLP) and School Breakfast Program (SBP).

Local school officials have adopted the United States Department of Agriculture's (USDA) Income Eligibility Guidelines (IEGs) for family size and income criteria for determining eligibility. The following income guidelines will be used in Connecticut from July 1, 2021, to June 30, 2022, for determining eligibility of participants for free and reduced-price meals and free milk in the Child Nutrition Programs.

Students residing in households with income at or below the levels shown in the chart above are eligible for free or reduced-price meals or free milk. To apply for free or reduced-price meals or free milk, households should fill out the application and return it to the school. Free and Reduced applications will be put in family packet and given to the oldest child on first day of school please fill out and return to the school office as soon as possible. Only one application is required per household and an application for free or reduced-price benefits cannot be approved unless it contains complete eligibility information as indicated on the application and instructions.

Income Guidelines for Child Nutrition Programs: July 1, 2021 to June 30, 2022 *											
Free meals						Reduced-price meals					
Household Size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income	Household Size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income
1	16,744	1,396	698	644	322	1	23,828	1,986	993	917	459
2	22,646	1,888	944	871	436	2	32,227	2,686	1,343	1,240	620
3	28,548	2,379	1,190	1,098	549	3	40,626	3,386	1,693	1,563	782
4	34,450	2,871	1,436	1,325	663	4	49,025	4,086	2,043	1,886	943
5	40,352	3,363	1,682	1,552	776	5	57,424	4,786	2,393	2,209	1,105
6	46,254	3,855	1,928	1,779	890	6	65,823	5,486	2,743	2,532	1,266
7	52,156	4,347	2,174	2,006	1,003	7	74,222	6,186	3,093	2,855	1,428
8	58,058	4,839	2,420	2,233	1,117	8	82,621	6,886	3,443	3,178	1,589
Each additional family member	+ 5,902	+ 492	+ 246	+ 227	+ 114	Each additional family member	+ 8,399	+ 700	+ 350	+ 324	+ 162

COFFEEHOUSE

continued from page A1

Fournier purchased the Gilman and Valade Funeral Homes from the Alderwoods Group, bringing the business back to a "locally family owned" business. In August of 2013, he built The Park Tribute Center, located in the Putnam Industrial Park. This is Windham County's first and only crematory.

Bob, his wife, Adrienne, and their two children reside in Putnam, and are very active in the local community. He donates his time to several organizations, including as an active member of the Putnam Rotary Club, vice president for the Northeast Connecticut Chamber of Commerce, board member at Matulaitis Nursing Home, a member of the St. Mary's Cemetery Advisory Council, an active member of St. Mary Church of The Visitation and every year is a participant in the St. Mary Circle of Fun. He is a member of the Rhode Island Funeral Directors Association, Connecticut Funeral Directors Association, National Funeral Directors Association, Putnam Business Association, Thompson Business Association, Cremation Association of North America, Knights of Columbus, and the Putnam Elks. He is a member of the Selected Independent Funeral Homes, an organization dedicated to "integrity, ethical business practices and advancing and moving funeral service forward." Bob has been chosen by the Northeastern Connecticut Chamber of Commerce as their 2014 Business Leader of the Year, which is presented to an individual for outstanding business leadership and active participation in community organizations. He was praised by the chamber for his public generosity. He spends time mentoring others interested in pursuing a career in the funeral service. He participates in the mock car crash event every year at Tourtellotte High School, and has hosted students from Woodstock Academy and Nichols College for forums on death and dying.

Bob is well known in the community for his attention to detail, professionalism, integrity, and compassion for the families he serves.

Some of my best estate finds



ANTIQUES,
COLLECTIBLES
& ESTATES

WAYNE
TUISKULA

People often ask me “what’s the most interesting or valuable item you’ve sold?” After selling antiques and collectibles for over 30 years and running auctions for over 20, there are plenty of items that come to mind.

One of the first estates I handled after starting my auction business was full of treasures that were literally buried. The estate belonged to a doctor who served as an officer during World War II. He held on to many things throughout his lifetime, including newspapers and magazines. His newspapers covered many valuable items that were hidden beneath.

However, there were larger items that were clearly visible when I first walked through the home. There were marble-top Victorian tables as well as other Victorian era furniture. Furniture sold much better 20 years ago than it does now, and we sold marble-top tables from the estate for around \$400 then. Two fireplace mantles that were also from the Victorian era sold for just under \$1,000 each. There were five or six stacking bookcases that brought around \$200 per stack at auction then.

I had to dig a bit deeper for other smaller valuable pieces. I found a wooden folding camera in a purple velvet lined box brought a little over \$1,000 at auction. A bookcase held a small bud vase marked “LCT.” The approximately six-inch vase was a “pulled feather pattern” by Louis Comfort Tiffany and sold for close to \$1,000 at auction.

The doctor whose estate I was handling had served in the South Pacific during World War II and had many photographic negatives from his time in the service as well as other times during his life, including photos and negatives from the 1939 New York World’s Fair. These photos and negatives sold for well over \$1,000 when split into several lots.

There were also some paintings in the



estate, including one by Impressionist painter Joseph H. Greenwood of Spencer, Mass. According to a Worcester Art Museum biography, Greenwood “left school at age 11 to work in the local boot factory and later wire mill. Meanwhile, he scavenged chicken feathers for brushes and wallpaper scraps for pigment to create his first works of art.” A wealthy mill owner recognized his artistic talent and paid for two terms of study for Greenwood at Wilbraham Academy. Greenwood made a living painting local landscapes. The Greenwood painting I found in this estate had been damaged, but still sold for over \$2,000.

A collection of phonographs was the most valuable find. There were Edison cylinder players that were selling in the \$300 to \$500 range at the time. A metal sign advertising Edison records picturing Thomas Edison sold for nearly \$1,000. But the best find was a Berliner gramophone. Emile Berliner manufactured phonographs that played discs in com-

petition with Edison’s cylinder players. The Berliner gramophone hit a high note with bidders when it sold for over \$5,000 at one of our auctions.

Our current online model railroad and die-cast car auction ends on Sept. 22. Our online estate auction with 1950s and 1960s Corvettes, boat motors, tools and other estate items will be open for bidding by September 22nd. I’ll be teaching my “Evaluating your antiques” night class Nov. 10 at Bay Path Evening School in Charlton and on Nov. 13 I’ll also be appraising items virtually for the Townsend, Mass. Historical Society. Please visit our website for more details on upcoming events: <https://centralmassauctions.com>

Contact us at: Wayne Tuiskula
Auctioneer/Appraiser Central Mass
Auctions for Antique Auctions, Estate
Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111)
info@centralmassauctions.com

Villager Newspapers

ACCURACY WATCH

The *Villager Newspapers* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake call (860) 928-1818 or e-mail charlie@villager-newspapers.com.

FUNDRAISER

continued from page A1

the 3rd annual UPcycled Art Show at Thompson Community Day on Saturday 2 October 2021. The remainder will be built over the course of a year and installed along the riverwalk in the park. Interpretive signs will also be installed, highlighting details about the fish species native to the French River, the story of the “Nips for Holiday Cheer” initiative of 2020, and the persistent dilemma of plastic waste in Connecticut’s waterways. Donors who contributed \$300 or more during the crowdfund will also be acknowledged on the interpretive signs.

Speaking of the Third Annual UPcycled Art Show...don’t forget to register your artwork today!

Looking forward to seeing you in Riverside Park!



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Putnam Boy Scouts to hold popcorn sale fundraiser

PUTNAM — On Sunday, Sept. 12 from 10 a.m.-1 p.m., Boy Scouts from Troop 25 will be at Tractor Supply Co. in Putnam selling popcorn in order to raise money for their activities and to benefit the Scouting program in Connecticut.

The Scouts will have a variety of products available including popping corn, microwave popcorn and bagged salted caramel, white cheddar, and kettle popcorn. This year’s collection of popcorn products features healthier varieties as well as

new flavors.

To learn more about the popcorn sale or to request that a Scout salesman comes to your door please contact Corina Torrey at 860-880-0185 or tech_girl01@yahoo.com.

Pet Pals Northeast to hold pet food collection

KILLINGLY — Pet Pals Northeast, a local animal welfare organization, will be collecting cat and dog food, dry or canned, Purina brands preferred, to help homeless and needy animals in our communities on Saturday, Sept. 18 at the Killingly Library on Westcott Road in Killingly from 10 a.m. to noon. Cash donations always welcome.

For more information, contact PET PALS at 860-317-1720.



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Keep gardening after the first fall frost



GARDEN
MOMENTS
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MELINDA
MYERS

There is nothing worse than frost in the forecast and a garden full of vegetables not quite ready for picking. Use some simple strategies to extend the growing season and keep enjoying garden-fresh vegetables.

Fortunately, some vegetables like cabbage, broccoli, cauliflower, kale, and Brussels sprouts tolerate frost and even taste better after a slight chill. Most of these can tolerate temperatures as low as 24 to 28 degrees Fahrenheit.

Leeks are another vegetable that thrive in cooler temperatures. Many tolerate temperatures as low as 20 degrees Fahrenheit. Just mound some protective mulch around the plants and continue harvesting. Leave some of your carrots, turnips, and parsnips in the ground for winter. Just cover the soil with straw or evergreen boughs after it lightly freezes. Dig as needed or during a winter thaw. You will enjoy their wonderfully sweet flavor.

Protect frost-sensitive plants with old bed sheets and even mattress pads. Cover the plants in late afternoon and remove them as soon as the temperatures climb above freezing. Keep them handy and be ready to cover whenever frost is in the forecast.

Make it easier by using all-purpose garden fabric row covers. This spun material allows air, light, and water through while protecting the plants from frost. Loosely cover the plants and anchor the edges with stones, boards, or garden pins. You only need to remove the fabric to harvest ripe vegetables. Otherwise, it can stay in place until the vegetables stop producing or you decide it is time to end the season.

Create a high tunnel over garden beds filled with large plants. Use hoops and row covers to allow easy access for harvesting while protecting the plants. Systems like Maxi Garden Hoops stand seven feet tall and five feet wide when installed. Simply cover the set of three hoops with row cover fabric.

Cloches have long been used to jump start the season or extend it beyond the first fall frost. You will find a variety of shapes and sizes available. Select one large enough to cover your plants and protect them as needed. Look for those with vents to prevent plants

Photo Courtesy — Gardener's Supply Company

High tunnel systems with hoops and row covers work well on garden beds filled with large plants, allowing easy access for harvesting while protecting the plants.

from overheating and ones like the cool weather row cloches (gardeners.com) that allow water through while trapping in the heat.

Don't let unripe tomatoes go to waste if you are unable or unwilling to protect them from frost. Harvest any that are starting to show color before the killing frost and finish ripening them indoors. The bottom of the tomato should be greenish white or starting to color up. Store your green tomatoes in a cool (60 to 65 degrees) location to extend their storage life.

Spread the tomatoes out on heavy paper or wrap them individually in newspaper so the fruit do not touch. They will ripen over the next few weeks. Speed up the process by moving a few tomatoes to a warm, bright location a few days before they are needed. Enjoy green tomatoes fried, in relish, salsa, pies or one of many more ways.

And when the season finally ends for you, start planning for next year. Many of these same strategies can be used to jump start the season for an earlier harvest.



books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything" DVD series* and the *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardener's Supply* for her expertise to write this article. Her Web site is www.MelindaMyers.com.

Melinda Myers is the author of more than 20 gardening

Church of the Good Shepherd welcomes new organist



WOODSTOCK — The Church of the Good Shepherd in West Woodstock is pleased to announce that Mr. Edward C. Bradley has begun serving as Organist.

Mr. Bradley holds a Bachelor's degree in Organ Performance and Sacred Music from Rhode Island College and brings with him nearly forty years of experience, most recently as Director of Music for twenty-six years at another local church.

Mr. Bradley says, "I thought I was done with church music, but when God calls you out of retirement, you don't say no! I'm looking forward to serving this congregation until I can retire - again!"

Mr. Bradley enjoys woodworking and repairing cuckoo clocks in his spare time, and he has been busy building a pipe organ in his garage. He lives in Union with his wife of five years, Ellen, their two cats Maki and Nori, and their new rescue dog, Willow.

Rev. Alice O'Donovan, Interim Pastor, is very happy to have him aboard, and says, "Mr. Bradley will bring many new musical opportunities to our worship and community life. We welcome Mr. and Mrs. Bradley warmly and enthusiastically into the ministry of Church of the Good Shepherd."

Services are held at 10:30 a.m. on Sundays and friends old and new are welcome to come to greet Mr. Bradley.

VILLAGER ALMANAC At CT Audubon

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Aug. 30: Northern Harrier, Mallard, Cooper's Hawk, Eastern Towhee, Catbird, Baltimore Oriole, Pileated Woodpecker, Common Nighthawk, Barn Swallow, Carolina Wren, Bluebird, Bobolink, Goldfinch, Song Sparrow, Red-tailed Hawk. Visit ctaudubon.org/Pomfret-home.

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CLUES ACROSS

1. It governs Federer and Nadal's sport

4. Golden apple tree

8. Central Mexican river

10. Horn

11. Egg-shaped

12. With tooth

13. French modernist painter

15. Disprove

16. Painful intestinal obstruction

17. Baby shoes

18. Make the grade

21. Type of screen

22. Christian fraternal organization (abbr.)

23. Computer giant

24. When you hope to get there

25. Corporate executive title (abbr.)

26. Shout of welcome or farewell

27. Imaginary awards for good deeds

34. A citizen of Iran

35. It can be sounded

36. Making dirty

37. Romanian city

38. Baking ingredient

39. Share a common boundary with

40. Succulent plants

41. Penny

42. Jr. U.S. Senator Paul

43. "Laurie Partridge" actress Susan

CLUES DOWN

1. A type of bomb

2. Pacific island country

3. Earth is one

4. A place to gather around

5. Expressed opposite views

6. Group that lives near Siberia

7. Ore deposit

9. Language related to Eskimo

10. Narrative piece of music

12. The distance covered by normal stride

14. Glycoprotein hormone (abbr.)

15. Mathematical term (abbr.)

17. Popular beer

19. Jabbing

20. Historic Swedish castle

23. Humorous expressions

24. Christmas and New Year's Day each have one

25. Filled up

26. Nerve that serves the forearm (abbr.)

27. One of British descent

28. A way to get at

29. Food-related allergic reaction

30. Group of arteries near the pelvis

31. Picked up

32. Being three in one

33. Obscene

34. Dravidian language

36. Growl

PUZZLE SOLUTION

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W H V T V N V I N V H I

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E A V O H C

V L E W B I

E L S d E T

d H V L S N W E H L L N C

S E I L O O B S N E T I

E L N F N O C L E N V W

d E G N V F T V A O

O N H O C V T N L

T E A B P T V

Enthusiasm

When people decide to pursue a dream, they usually get fired up and motivated. They lose weight; make a business plan, build the team, hire the lawyers, contact the agents, write the book, rent the office, and tell everyone they know; They make sure to dot all the i's and cross all the t's!

It's easy at the beginning of a dream to keep a good attitude; we know our success is imminent. It is in this stage of a plan when people's enthusiasm is usually through the roof.

If the dream doesn't happen as fast as we think it ought to, sometimes people quickly become depressed, the negative voices in their head begin to say, "it's been too long; it's never gonna happen" "Just give up; who do you think you are?" "You weren't cut out for this! stop wasting your time!" "No reason to stay sober, just have a drink and smoke!"

Suddenly, the enthusiasm is gone. What was once a happy and exciting endeavor has now become something different. Fear, doubt, complacency

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may have set in, and being fired up and excited about the possibilities is just a fading memory.

For most, this is just too much to handle. After just a couple of days of feeling like that, they'll give up and wish they'd never have tried in the first place.

What happened? It started so well! Lots of things can happen that lead to a downfall of a dream, but the most dangerous thing that can happen is a loss of enthusiasm.

Without the enthusiasm that was first brought to the dream, the dream may become unobtainable. Sometimes it takes so long that when the opportunity for success finally presents itself, it's ruined because the loss of enthusiasm can make you uninteresting at best, jaded and bitter at worst.

Without that original fire you brought to the dream, it will be hard for anyone to want to buy what you're selling or even want to be of any help whatsoever.

Have you ever had a non-enthusias-

tic teacher hold your attention for very long? How long can you sit through a sermon from a pastor who doesn't seem to care what they are teaching? Have you ever wanted to buy a product from a non-enthusiastic salesperson? How do you feel when your waiter acts like they hate their life? Do you want to tip them?

I got my oil changed a couple of weeks back, and I was the first customer of the day! I drove into the garage, sure to be greeted with a smile. The young man working the front just glared at me as I pulled in; it was uncomfortable! He was heartbroken at my presence; I wanted to drive away as fast as possible, but unfortunately for him and me, I had to get the oil changed right then and there.

The one ingredient missing from the above scenarios that would make everything better is enthusiasm! Without enthusiasm, you're blah!

Enthusiasm makes you likable, it makes you interesting, and it makes people want to help you!

On the long road of accomplishing a significant dream, finding a way to

keep your enthusiasm will be your most important task and maybe your most difficult.

Napoleon Hill said that "Enthusiasm is the steam that makes the engine work."

The word "enthusiasm" has its origins in the Greek language and translates to "God Within!"

The ancient Greeks used It to describe people who possessed super-human abilities! If you accomplished great things, the Greeks would say you have Enthusiasm!

Have you ever seen a non-enthusiastic person described as having a god within them?

It's almost exclusively the fired-up, motivated, interested, and person who is full of life who has that quality! That's the type of person the Greeks would say has a god living within them!

Have you lost your enthusiasm? Get it back! Get fired up! Let people see the power inside of you!



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EDITOR

‘Tis the season... for fairs

The first day of fall is just around the corner, and while we love the summer months, there is no season better than fall. One of the reasons for that is, of course, the slew of county fairs taking place all around us.

While entertainment and rides have evolved over the years, there is something so refreshingly simple about a fair that brings everyone down a few notches. When we remember why county fairs came to be, we are reminded of the simplicity that once was the way of life for our ancestors.

Each year, the fair served as a vehicle for farmers to show off their produce and livestock in various categories. As the years progressed, more activities of course took place, however at the core is farm life.

When walking around through the different exhibits, complete with crafts and baked goods, the feeling of down home, old fashioned living welcomes us like a warm morning sunrise. To make things even better, it is the one place where just about the entire community will venture off too, making for a grand reunion of sorts.

We cannot write about a fair, without talking about fair food. Each year, we tell ourselves the same thing — ‘no fair food this year.’ Or perhaps you tell yourself something completely different, such as ‘I cannot wait for fried dough and maple syrup’. But the fact remains, you should not exit the fair gates without eating a caramel apple or a steak bomb. An honorable mention goes out to kettle corn, fresh lemonade, soft pretzels and nachos.

The music scene at the county fairs tends to lean towards country. This is just fine with us, as it helps to set the perfect backdrop to our ears for watching a draft horse pull or a demolition derby.

There is never a dull moment at a fair, especially for youngsters. There are petting zoos, contests and plenty of stores selling anything you can think of. Funny thing about the shops, they seem to be selling the same things they had in stock for the past 25 years. Mirrors, with a horse pictured in the middle with the silver or gold trimmed frame, invisible ink, rabbit foot key chains and a plethora of leather goods.

The midway games are a treat. We never really could figure out the basketball hoop, although we know there’s a trick to it. The dart game, where you send one, hopefully straight into a balloon is a blast, but again, there’s a technique involved.

In the states, the first fair took place in Pittsfield, Mass. in 1807, and was organized by Franklin Watson. Eventually, it became known as the Berkshire Country Fair and is still running today.



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OPINION

Opinion and commentary from the Quiet Corner

LETTERS TO THE EDITOR

Join me in voting for Kevin Kerttula

To the Editor:
I am writing to show my support for Kevin Kerttula for his re-election to the Killingly Town Council’s Fourth District.

I met Kevin during his first run for office and have been fortunate to get to know him much better in the ensuing years. I have seen him grow and succeed in his role on the Town Council. Kevin has shown himself to be a pragmatic and thoughtful leader. He is always diligent as he seeks input and research before making decisions that affect the town. Kevin also believes that the needs of the town should be and can be provided in a fiscally responsible manner.

Our town faces many challenges in the com-

ing years. Challenges, known and unknown, that local officials have never had to face in the past. These issues are complicated and need a steady hand to negotiate. Kevin has proven himself to be exactly the type of leader we need to help guide the town through these challenges.

Never have we needed strong yet thoughtful leadership for Killingly more than we do now. I am asking you to join me in electing Kevin Kerttula for another term on the Killingly Town Council on Nov. 2.

Sincerely,

PAUL RIEMANN
DAYVILLE

Killingly would be well served by Michelle Murphy

To the Editor:
The town of Killingly is the first place I called home when I decided to move to Connecticut in 2014. While I am now a neighbor located in Ashford, I consider the town to be close to my heart. I relocated last year for professional reasons, but enjoyed nearly eight years there.

One of the greatest strengths in that town is a strong sense of community. I am aware that one of your residents, Michelle Murphy, (Shelly), will be running for Town Councilor, and I would like to personally endorse her candidacy. Not only does Shelly have the heart for the task, but she has the experience as a leader in her industry. No job has ever been too big or too hard for her. The moral

fiber that makes up any strong community is woven by people just like Shelly.

Her compassion for all living beings, and her endless work ethic make her a perfect fit for such a position. I have known her very well for nearly half of my 30-year career as an urban paramedic. She understands the needs of a community both on a practical level, and a human level.

I cannot think of a better person to trust with this responsibility. Shelly is truly an asset to have in your great town.

Sincerely,

RACHEL JACKSON
ASHFORD

Ulla Tiik-Barclay has my endorsement

To the Editor:
I am delighted to endorse Ulla Tiik-Barclay, a close friend and former co-worker, for re-election to the Killingly Town Council.

Ulla and I first met approximately five years ago, when she became a staff respiratory therapist at Lawrence & Memorial Hospital. She is a caring person. Her compassion and empathy speak to her dedication for providing quality patient care. Her strong work ethic and willingness to help others makes her an asset to the department. She is passionate about teaching and mentoring others, as well as learning new things. She is also an excellent communicator, which helps her to connect with others.

From the first time we met, I knew Ulla and I would become great friends. She has

a nurturing personality and is supportive. She is reliable, honest, and trustworthy. She is friendly, and goes out of her way to assist others. She has good judgement and great determination. She is not one to get easily stressed or frustrated. She has a good head on her shoulders and boundless energy. I am proud to call her my friend.

For all the reasons mentioned above, I endorse Ulla Tiik-Barclay without reservation. She is intelligent, competent, dedicated, and determined. I am confident that if re-elected, she will continue to add value to the position and the town of Killingly.

Sincerely,

MAGGIE SARGELIS
OAKDALE

A vote for Gaudreau is one you won’t regret

To the Editor:
In the time I’ve known Brandon Gaudreau, he’s been one of the most dedicated and loyal people I’ve ever known, and one with some of the best judgement skills I’ve ever seen.

I’ve seen this firsthand when we both attended QVCC. He’d spend a lot of time in the library and reading rooms fine-tuning his work and helping other people do the same, to the point where it sometimes felt like he was physically unable to do the bare minimum and just scrape by. For the record, I’m politically independent. So for me, it’s always frustrating to see people we elect do things or don’t do things because of the two-party system.

When I heard Brandon was running for the Board of Education in Killingly, and without a political party, but as an Independent to top it off, I knew he wouldn’t be one of those people. Instead, I know that he’s going to

dedicate himself to doing the right thing for the schools with every decision he will have to make, judging each of them thoughtfully.

And I also know, since his loyalty will not be to a political party, but to the residents of Killingly and its school system, that he will explain every decision he makes and work with anyone who approaches him with a problem or an idea. His only goal on the Board of Ed will be to make the schools better for everyone, and I know he’ll put in all of his efforts to do that.

I don’t live in Killingly myself, but I’m still urging any voter who lives there, whether you’re a Democrat, Republican, or an Independent like me, to vote for Brandon on Nov. 2. I guarantee you won’t regret it.

STEPHANIE KEITH
POMFRET CENTER

I vote “yes” for Kelly Clark Martin

To the Editor:
I am writing this letter to show my support and full endorsement of Kelly Clark Martin to be elected to the Killingly Board of Education. Kelly is not only mom to two wonderful young ladies who attend school in the district, but is a teacher herself at QVCC, working to build America’s future young minds. Kelly is a strong conservative voice, pays attention to where our money is going and looks for opportunities to better her community and wants to help improve our schools. She understands throwing money at a decades old problem is not a fix but a band aid. Her due diligence, work ethic and personal experience being a mom in the district will be important in finding solutions beyond burdening taxpayers even further.

I have known Kelly for nearly a decade, and find her to be kind, caring, thoughtful, very intelligent and well spoken. Kelly is not only a teacher, but also has written children’s books, was a newspaper editor, and is currently a professional freelance writer. She and her husband are also partners in The Broken Crust in Putnam. One thing

that stands out is Kelly’s desire to always give back to the community. Our friendship began through her work serving as a Girl Scout Troop Leader. We became fast friends and remain so to this day. She worked with the girls for many years and is still well respected in those circles. During Covid, The Broken Crust donated meals to first responders around the region and encouraged others to get involved as well. She is a true leader in every sense of the word.

I have no doubt in my mind that Kelly will have the best interests of your children in mind when she is seated on Nov. 2. She is beyond qualified for the position and being a long standing Killingly resident recognizes the strengths and challenges present in the district. She will be an asset to the Board and a very strong advocate for doing what is best for the students. Please join me in casting your vote for Kelly Clark Martin to the Killingly Board of Education on Nov. 2.

Sincerely,

PATTI LARROW GEORGE
DAYVILLE

Charisma

I’ve been thinking about charisma since I read a reprint of an article in the New York Times from August, 2019. Author Bryan Clark asks the question – “What makes people charismatic and how you can be, too?” As students return to school and the rest of us resume more normal lives after difficult times, we can think about what draws us to people and why. The company we keep and seek is driven by intangibles.

My first day as a college student at UConn was chaotic. The university operated on the principle that students were lucky to be there and the fittest would survive. We stood in long lines to sign up for courses only to learn when we got to the front that the class was filled. No one would put up with such treatment now, but it provided plenty of time to socialize. One fellow, Mel Block, passed out calling cards, introducing himself to every Freshman. Was that charisma or aggressiveness? I don’t know. Years later, I remember his name.

Many people knew Gov. John Dempsey, who came from Putnam and became a popular politician. He was an example of charisma, I’m sure. He remembered names, greeted people with incredible warmth and seemed to hang on every word they said. An important hospital bears his name and anyone who knew him, recalls pleasant exchanges with him, but are politician’s charismatic or are charismatic people drawn to politics?

In Bryan Clark’s article, he says that there are three pillars of charisma: presence, power and warmth, but that I we are hard pressed to pin point what makes some people so attractive. He says most charismatic people are good public speakers and often tell engaging stories. We are certainly drawn to anecdotes and metaphors. Perhaps that is why ministers, preachers, priests and rabbis are sometimes charismatic.

When asked, a friend recalled the charisma of Rev. Francis J. O’Keefe, who was at St. Mary’s Church in Putnam for nearly 20 years. The list begins to fill with people of Irish descent. Perhaps that is due to a tradition of storytelling.

Max Coots, a Unitarian minister, we knew in upstate New York, brimmed with charisma. I’ll add Jane Hale, Sue Foster and Doe West to the list. They exhibit special qualities that draw us to them.

Charm is certainly a quality of charisma, but it is substance that keeps us coming back. We are lucky to have Gary O, Linda Colangelo, Ron Coderre and Monique Wolanin in our community. They all have a certain amount of intangible power, but they use it for people other than themselves. They are present when talking to others and always make eye contact, much like the late Robert Miller and his daughter Anne, who is leading TEEG. Andy Rzezniakiewicz draws in people as well as owls. Amanda Kelly at the Hale YMCA has what it takes. I’ll put Dr. Mark Cerrone in the group too.

It’s a dangerous game to begin naming names, but we all know the feeling when talking at a party with a person who keeps looking beyond us. We can tell the difference between genuine warmth and fakery. I prefer a politician like Governor Lamont, who just does his job, to one who professes to love us.

Good teachers are charismatic, and good actors are too. Fictional characters can be charismatic and icons such as Martin Luther King, John F. Kennedy and Ronald Regan are examples as well. Charisma works for good or bad, unfortunately in equal measure. We know charisma when we see it, even if we don’t know why.



NANCY WEISS

Letters to the editor may be e-mailed to brendan@villagernewspapers.com

Please include your place of residence and phone number for verification, not publication. Letters must be received by noon on Tuesdays.

LETTERS TO THE EDITOR

Join the fight against Killingly power plant

To the Editor:

Last summer, after living in our home for over 35 years, our shallow well ran dry due to drought. Two weeks ago, in the wake of Hurricane Ida, our rain gauge was full for the first time ever, measuring well over its four-inch maximum rainfall in one night. Connecticut news reports documented up to eight and one-half inches of rainfall overnight in Stamford. Such extremes have all been predicted as our planet's weather makes headlines every day all over the world. But not just "over there" in Asia, Africa or Australia.

Our own National Atmospheric & Oceanic Administration (NOAA), in a State of the Climate in 2020 Report by the American Meteorological Society, reported that "the year over year increase of methane was the highest since systemic measurements began." Other parts of the report stated that greenhouse gases were the highest on record in 2020; and that the world's oceans absorbed a record amount of carbon dioxide (CO2), the highest amount since the start of those records in 1982. (The full report is available on-line at the NOAA Web site.) Our taxes pay for this government body, to research and keep us informed about weather and our environment in general.

If you believe the Intergovernmental Panel on Climate Change (IPCC), the United Nations body for assessing the science related to climate change, the latest scientific research shows, among other things, that extreme weather is expected to increase, that the only way to avoid warming of our planet by over 1.5 or--worse--2.0 degrees Centigrade is if "massive and immediate cuts in greenhouse gas emissions are made." The warning is that emissions need to be cut by 50 percent by 2030 and progressing to 100 percent by 2050. Whether you believe them or not, we can all see with our own eyes the devastation that is happening from the western U.S. wildfires to the Midwest droughts to the flooding in the south and tragic deaths in New York City from drownings in basement apartments and the subway system. I don't think these scientists are making this

up!

It must be a very difficult time to be a meteorologist, a job that I have often heard mocked and disparaged because of embarrassing inaccuracies. The flooding of a few days ago seemed to take these professionals by surprise, with catastrophic effects. On the other hand, Columbia University professor and atmospheric scientist Adam Sobel recently wrote, "I have many friends and colleagues who study extreme weather, in academia, government and the private sector. I think I can speak for many of us when I say we are stunned."

So here we are in northeast Connecticut awaiting a couple of decisions that could allow construction of the only gas power plant planned for New England, in Killingly. It is a "natural gas" plant, we are soothingly told by the developer, a private equity firm based in Florida. "Natural gas" is a marketing term for methane. It is a methane plant--yes, that fossil fuel referenced in the aforementioned NOAA report. Further, the estimated emissions to be produced by this plant's operation is two million tons per year of carbon dioxide, another earth-warming substance. Putting aside the immediate health risks to local residents from the nitrous oxide, particulate matter and other pollutants coming from an alarmingly-low 150-foot-high stack, these emissions will contribute to the warming of our planet. And Killingly already has had an operating gas power plant for close to 20 years now.

If you want to help in some small way to keep our Earth from reaching those warming levels we need to avoid, here are some things you can do.

You can call Gov. Lamont at 800 406-1257 and tell him that you do not want this Killingly fossil fuel plant built. Or you can email him at governor.lamont@ct.org.

You can join our local Jewish community on Sunday, Sept. 12 at Congregation B'nai Shalom in Putnam on the banks of the Quinebaug River at 2 p.m. for a unique Rosh Hashanah observance protesting this plant construction, "Sounding The Call: Stop The Plant; Save The Planet." The pub-

lic is welcome. I'll be there.

Finally, you can attend a free presentation by Leticia Colon de Mejias of Energy Efficiency Solutions at the Killingly Public Library on Tues., Sept. 21 at 7 p.m., "Save Energy and Money" (and make your home more comfortable), with information about home energy solutions, Connecticut state incentives, and rebates for energy efficiency upgrades. You may register to attend at this link: tinyurl.com/Killinglyenergy. The less energy we use, the less fossil fuel emissions we

will generate that heat up our planet.

I have two children and two grandchildren. I want them to live at least as long as I have, seventy-five-plus years to date. And I want them to have a livable environment because we did right by them and preserved our home, planet Earth.

Respectfully,

CLAUDIA ALLEN
THOMPSON

Proud to have voted for Biden

To the Editor:

I've read dozens of articles and tens of thousands of words written to try to explain why millions of Americans give their undying loyalty to a lying, draft dodging, dishonest, profane, corrupt, intellectually stunted, misogynistic, xenophobic, sociopathic, race-baiting billionaire, namely Donald Trump.

The explanations range from white insecurity and fear about losing economic and cultural dominance and perquisites, to resentment of perceived elites, to racism, to a willingness to abandon long held values in order to become part of a collective mission, to a psychological theory called social identity theory. That's a partial list, but there must be some reason why otherwise caring, law-abiding, rational people ignore the thousands of lies and schoolyard insults, the denigration of men and women who served honorably in the military, the unprecedented corruption, the encouragement of violence and racism and the attempt to subvert the constitution and electoral process and, in effect, overthrow the government.

President Biden is not perfect, and undoubtedly has made mistakes and misstatements. But it's still astonishing when writers to your newspaper decry Biden and his administration for lying, and Biden supporters as hypocrites, at the same time as they extoll Trump and his 30,000 lies.

Equally mind boggling are the critics who blame Biden for 100 percent

of the problems with the withdrawal from Afghanistan, claiming it was an "immense stain" on the U.S. and, even more ludicrously, that Trump would have handled it better.

Do you recall the "immense stain" left by the U.S. withdrawal from Syria and Iraq? Trump ordered it only two years ago, after declaring victory over ISIS. He completely abandoned the Kurdish fighters who were our allies in the conflict. He left behind every Syrian civilian who aided U.S. forces going so far as barring Syrian immigration completely. ISIS fighters were left to escape and regroup elsewhere. Afghanistan maybe?

The last four presidents all deserve some part of the blame for the misadventure in Afghanistan, but Trump apologists conveniently forget that he negotiated the withdrawal with the Taliban leaving out the government that the U.S. was propping up in Kabul, thereby delegitimizing it and setting up its collapse and that of the Afghan military.

Typically, Republicans rushed to politicize the hurried and unprecedented airlift rescue of over 120,000 Afghans but couldn't care less about the Kurdish and Syrian allies abandoned by Trump.

BASED ON HIS PERFORMANCE SO FAR, I'M NOT ONLY HAPPY I VOTED FOR JOE BIDEN, I'M PROUD I VOTED FOR HIM.

BILLY G. TAYLOR
KILLINGLY

Find the right retirement plan for your small business



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As a business owner, establishing an employer-sponsored retirement plan can provide you with a tax-advantaged method to save funds for your own retirement, while providing your employees with a powerful and appreciated benefit – helping you all to build wealth so you can live well when you retire. There are several types of retirement plans to choose from, each with its own advantages and drawbacks to consider. Here's an overview of some of the most popular plans to help get you started on deciding which might be the best option for you and your business.

Traditional 401(k) plans are generally less costly than other retirement plans, but are also more complicated. 401(k) plans are by far the most popular type of plan. They allow contributions to be funded by the participants themselves, rather than by the employer. Employees can choose to contribute (or "defer") a portion of their salary and have it put in the plan instead. These plans may be expensive to administer, but the employer contribution cost is generally very small (though you may choose to match employee deferrals), so in the long run 401(k) plans tend to be relatively inexpensive for you as the business owner. The requirements for 401(k) plans are complicated though, and several tests must be met for the plan to remain in force. For example, the higher-paid employees' deferral percentage cannot be disproportionate to the rank-and-file's percentage of compensation deferred.

Safe harbor, QACA and SIMPLE 401(k) plans are less complicated, but may be more costly. You don't have to meet the same types of requirements and tests associated with a traditional 401(k) plan if you choose to adopt any one of a number of special types of 401(k) plans instead. These include a "safe harbor" 401(k), a qualified automatic contribution arrangement (or QACA), or a SIMPLE 401(k) plan. The potential drawback to these types of 401(k) plans is that they all require you as the employer to make a contribution to your employees' accounts in varying degrees, making them potentially more costly.

An individual, or "solo," 401(k) plan may be a good fit for you if you have no employees or your spouse is your only employee. Because you have no employees, you won't need to perform discrimination testing, and your plan will be exempt from the requirements of the Employee Retirement Income Security Act of 1974 (ERISA). You can make pre-tax contributions of up to \$19,500 in 2021, plus an additional \$6,500 of pre-tax catch-up contributions if you're age 50 or older. You can also make profit-sharing contributions; however, total annual additions to your account in 2021 can't exceed \$58,000 (plus any age-50 catch-up contributions).

Profit-sharing plans offer tax-deductible contributions that can flex with the profitability of your business. Profit sharing plans allow you, as an employer, to make a contribution that is spread among the plan participants. A separate account is established for each plan participant, and contributions are allocated to each participant based on the plan's formula (which can be amended from time to time). Each participant's account must also be credited with his or her share of investment income (or loss).

You as the business owner

must make contribution to the plan on a regular basis but you are not required to make a set annual contribution in any given year, allowing you flexibility to contribute based on profitability. Your total deductible contributions in any given year may not exceed 25% of the total compensation of all the plan participants in that year, however, and the amount of compensation you can include for each individual in that calculation is capped – in 2021, the limit is \$290,000. The contribution limit for each individual's account is also capped – in 2021 it's \$58,000 or 100% of his or her earnings for the year, whichever is less.

Money purchase pension plans are similar to profit-sharing plans, but an annual defined contribution is required. These plans also establish separate accounts for each plan participant, with the same contribution and deductible limits as a profit-sharing plan. However, they are less popular because an annual contribution, defined as a percentage of each employee's annual compensation, is required.

Defined benefit plans may offer the largest deduction and highest retirement benefit to business owners. Defined benefit plans set out a formula that defines how much each participant will receive annually after retirement if he or she works until retirement age. This is generally stated as a percentage of pay, and can be as much as 100 percent of final average pay at retirement. An actuary certifies how much will be required each year to fund the projected retirement payments for all employees. The employer then must make the contribution based on that determination. Unlike defined contribution plans, there is no limit on the contribution. The employer's total contribution is based on the projected benefits. Therefore, defined benefit plans potentially offer the larg-

est contribution deduction and the highest retirement benefits to business owners.

SIMPLE IRA retirement plans offer many of the same features as 401(k) plans without the testing requirements – but they do have drawbacks for business owners. A SIMPLE IRA is actually a sophisticated type of individual retirement account (IRA) that can be utilized by employers with 100 or fewer employees. SIMPLE stands for Savings Incentive Match Plan for Employees. Like a 401(k), this plan allows employees to defer a certain amount of annual compensation by contributing it to an IRA. Unlike a traditional 401(k), SIMPLE IRAs do not have testing requirements, so they're cheaper to maintain. But, employers are required to match deferrals up to 3% of the contributing employee's wages, or make a fixed contribution of 2 percent to the accounts of all participating employees whether or not they defer to the SIMPLE plan.

There are also a number of drawbacks for you as the business owner to consider. First, all contributions are immediately vested, meaning any money contributed by the employer immediately belongs to the employee (employer contributions are usually "earned" over a period of years in other retirement plans). Second, the amount of contributions the highly paid employees (usually the owners) can receive is severely limited compared to other plans. Finally, the employer cannot maintain any other retirement plans.

Finding the right plan for you and your business can be tricky, so work with a professional. If you're considering a retirement plan for your business, ask a plan professional to help you determine what works best for you and your business needs. The rules regarding employer-sponsored retirement plans are very com-

plex and easy to misinterpret, and even after you've decided on a specific type of plan you will often have a number of options in terms of how the plan is designed and operated. These options can have a significant impact on the number of employees that have to be covered, the amount of contributions you have to make, and the way those contributions are allocated (for example, the amount that is allocated to you, as an owner).

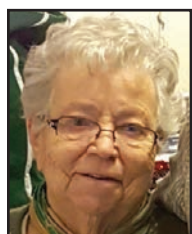
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OBITUARIES

Janine Daigle, age 91

Putnam - Janine Daigle, age 91, passed away on December 14, 2020. She was a mother, grandmother, sister, aunt, and friend. She brought light and love to everyplace that she entered.

A black and white portrait of an elderly woman with short, wavy white hair and glasses. She is wearing a dark jacket over a light-colored patterned top. The photo is positioned to the left of the text.

She was born on December 11, 1929, to her parents in New Brunswick, Canada. She married the love of her life, Gerald Daigle, in September of 1951 who preceded her in death in 2018. Together they celebrated over 66 years of marriage and built a life and family together.

Janine was a devoted wife and mother first and foremost. She dedicated her life to raising her children and creating a loving family. The role of Memere and Grand-Memere was one that she cherished. She was a skilled seamstress and will be most remembered for her coveted “Pee Shoes” slippers.

was a teacher and remained a devoted member of the Catholic Church throughout her life.

Janine is survived by her children, Gerald (Ginnie) Daigle of Pomfret, Janet (Dianne) Daigle of FL, Lise Goulet of Putnam, and Jacques Daigle of FL; Memere to Melanie, Heather, Elizabeth, Ashley, Bobby and Jerrilynn and Grand-Memere to her 9 great-grandchildren. Additionally, she is survived by her siblings Louis-Guy Desjardins, Rosanne Desjardins and many nieces and nephews. She was predeceased by her parents, several siblings, son-in-law Bob and daughter-in-law Louise.

Dearest Mom and Memere,
Your hugs meant the world,
Nobody held me so tight,
or made me feel so right.

No one's eyes shined so bright with
Love

As my Mom and Memere, who is now high above.

Relatives and friends are invited to a Memorial Mass on Wednesday, September 15, 2021, at 10:00a.m. in St. James Church, 12 Franklin St., Danielson, CT 06239. Memorial donations may be made to St. James Church.

Nicole A. Richard, 43

HOPEDALE, MA – Nicole A Richard, 42, of Hopedale passed away on Friday, Aug. 27, 2021 in the University of Pennsylvania Medical Center, Philadelphia, PA.



Nicole was born in 1979 in Worcester as the daughter of Robert A. and Jo-Ann (Elliott) Richard of N. Grosvenordale, CT and had been a resident of CT before moving to Hopedale.

Nicole was a graduate of Tourtelotte High School in Thompson, CT, class of 1998, a graduate of Eastern Connecticut State University in Willimantic, CT and earned her Master's Degree from Anna Maria College in Paxton, MA. She worked as a marketing manager for most of her career.

Nicole loved to give of her time to programs she was passionate for which included Venture Forum in Worcester and "Dress for Success" for women in

business in the Worcester and Milford areas.

In addition to her parents Robert and Jo-Ann, she is survived by her brother, Robert W. Richard; two aunts Jane Elliott and her husband James Meegan of Hopedale and Julie Richard of Shrewsbury; three uncles, Raymond Richard and his wife Antoinette of Swansea, NH, Paul Richard of Worcester and Gerard Richard and his wife Janna of Sutton; several cousins and her beloved kitty cat, "Chewy".


She was predeceased by her maternal grandparents William K. and Priscilla A. (Knight) Elliott; her paternal grandmother, Gertrude A. (Lacroix) Richard and her uncle and godfather Barry Richard.

Funeral services will be private.
Donations may be made to giftoflifefamilyhouse.org , angelflightsne.org or teamphenomenalhope.org.

Arrangements by Buma-Sargeant
Funeral Home, Milford. www.bumafuneralhome.com

Anne Peterson, 76

Anne Peterson, 76, of Woodstock passed away peacefully at home on August 27, 2021, her family by her side.

A black and white portrait of Mary Morgan, a woman with short, dark, wavy hair, wearing glasses and a dark top. She is smiling slightly.

She was predeceased by her husband of 54 years Donald P. Peterson. She was born on September 18, 1944 to the late Mary (Corwin) Morgan. Anne called many places home before graduating from Woodstock Academy in 1962. She had a kind nature and made friendships that lasted a lifetime.

Early on Anne met her soulmate and after marriage settled in Brooklyn. They went on to raise the family she always wanted. From den mother to number one fan, Anne was always there to support her children. She always knew what they needed, whether it was moral support or just a hug. When Anne's children got older she returned to work and was employed at Day Kimball Hospital and later at the Northeastern Connecticut Council of Governments (NECCOG), from where she retired.

After retirement Anne and Donald moved to Woodstock. She enjoyed oil


painting, playing cards, jigsaw puzzles and board games with her family, tending to her flower gardens, and visiting with family & friends. Many of her paintings were hung throughout their home. They also enjoyed taking drives throughout the countryside, that is, when they weren't at home spoiling their beloved black lab, Boo.

Anne is survived by her four children; Scott Peterson and his partner James Johnson of Pawtucket RI, Mark Peterson of Woodstock, Felicia Remchuk and her husband Matthew of Sandy Hook, and Curt Peterson and his wife Michelle of Woodstock, six grandchildren; Jonathan Peterson, Brynne, Owen, and Kaylee Remchuk, and Morgan and Payton Peterson, two great grandchildren; Aria Mae Lucas and Bryce Peterson.

Calling Hours will be September 10, 2021 from 7:00 to 9:00 PM at Smith and Walker Funeral Home, 148 Grove Street, Putnam, CT. Burial for Anne, her husband Donald with Military Honors, and her mother Mary Morgan, will be September 11, 2021 at 11:00 AM in Elmvale Cemetery, Woodstock. Share a memory at www.smithand-walkerrfh.com

Shirley A. Humes, 85

Rockledge, FL - Shirley A. Humes, 85, was called home to the Lord on Tuesday, August 24, 2021, at Vitas

A black and white portrait of Shirley Humes, an elderly woman with short, wavy, light-colored hair. She is smiling and looking directly at the camera. She is wearing a light-colored, possibly white, collared shirt. The background is dark and out of focus.

Hospice Center in Rockledge, Florida after a brief struggle with COVID pneumonia. Shirley was the beloved wife of Melvin R. Humes for 52 years, before his passing in June 2009. She was born July 8, 1936, in Wilton, New Hampshire, daughter to Charles Poulin and Bella Beausoleil Poulin.

Shirley was the tenth of fifteen children, and grew up primarily in Putnam, CT. She attended St. Mary's Elementary School and graduated from Putnam Catholic Academy in 1953.

Shirley was a devoted homemaker, an avid Jeopardy player, and an enthusiastic New England Patriots

fan. She most enjoyed the frequent birthday and holiday celebrations with her large extended family.

Shirley is survived by her children, Glen Humes (Rosemary) of Woodstock, CT, Alan Humes (Nayantara) of Cocoa, FL, David Humes (Joanna) of Melbourne, FL, and Melanie Wickward (Herb) of Mims, FL. She adored her 12 grandchildren, and four great-grandchildren. She was predeceased by her sons, Gary, Carl, and Gregory.

Relatives and friends are respectfully invited to attend a graveside service for Shirley on Thursday, October 14, 2021, at 11:00 a.m. in St. Mary Cemetery, 382 Providence St., Putnam, CT 06260. Local arrangements have been entrusted to the Gilman Funeral Home & Crematory, 104 Church St., Putnam. In lieu of flowers, please donate to St. Mary's Church or to the American Cancer Society. For memorial guestbook please visit www.GilmanAndValade.com.

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Woodstock Fair closes out summer season

WOODSTOCK – The annual Labor Day weekend tradition returned in full force in 2021 as the Woodstock Fair welcomed visitors back after being halted in 2020 due to the pandemic. Vendors, live music, agricultural exhibits, carnival rides and much more made up four days of fun on a beautiful holiday weekend bringing a bit of normalcy back to Northeastern Connecticut and officially kicking off the countdown to fall.

Photos Jason Bleau



Serving as the “icon” of the carnival section of the fair, the Spider Wheel was one of if not the highest and most visible structure on the grounds.

LEFT: A sandcastle sculpture puts the finishing touches on the annual Woodstock Fair sandcastle this year themed around classic toys.



This one-man-band was a common sight throughout the weekend as he made his way around the grounds.



Visitors to the Woodstock Fair examine the many rabbits and other small animals on display.



One of the coolest elements of the Woodstock Fair is its celebration of local agriculture with everything from locally grown plants to even farm-fresh eggs on display for all to see.



Members of the Connecticut Trappers Association interact with guests as one of several agricultural organizations at the fair.



These classic tractors were just a few of the antique farming items visible throughout the Woodstock Fairgrounds.



Cattle showers bring their animals in line for judging.



The winner of the Great Pumpkin contest came in at a massive 1761 pounds.

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LEGALS

**TOWN OF KILLINGLY
METERED USE
ROAD ASSESSMENT
LEGAL NOTICE**

Payments will be received in the Revenue Office, 172 Main Street Killingly CT 06239, as follows; Monday, Wednesday, Thursday 8-4:30pm Tuesday 8-5:30pm Friday 8-11:30AM. By mail, online, or in our drop box.

The first installment metered use and installment of benefit road assessment is due September 1, 2021. If payment is not received on or before OCTOBER 1 2021 the installment becomes delinquent and subject to interest at the rate of 18% per annum, 1 ½% per month or any fraction of a month, from the due date. A minimum of \$2.00 interest will be charged for each delinquent tax bill and installment.

Please visit our website for full details and online payments www.killinglyct.gov.

Dated at Killingly this 12th, day of August 2021
Patricia Monahan CCMC
Revenue Collector for the
Town of Killingly
August 27, 2021
September 10, 2021
September 24, 2021

**TOWN OF THOMPSON
PLANNING AND ZONING
COMMISSION
LEGAL NOTICE**

The Thompson Planning and Zoning Commission held a Public Hearing on Monday, August 23, 2021 at 7:00 PM in the Merrill Seney Community Room in the Thompson Town Hall, 815 Riverside Drive, North Grosvenordale, CT and took the following actions:

PZC Application #21-22 Town of Thompson Planning and Zoning Commission, 815 Riverside Drive, requesting a zone change from the Town of Thompson Amended Zoning Regulations, effective September 15, 2020, Zoning District from Rural Residential Agricultural to Downtown Mill Rehabilitation District. Purpose of change to create development potential consis-

tency with intent of Downtown Mill Rehabilitation District. Approved

PZC Application #21-23 Town of Thompson Planning and Zoning Commission, 815 Riverside Drive, Amendments to the Town of Thompson Amended (effective date June 21, 2021) Zoning Regulations. The Commission approved PZC Application #21-23 with the exception of the proposed revisions to Article 5A, Section 9 Shooting Ranges and Article 7, Definitions which were not discussed for which the Public Hearing was continued to September 27, 2021. The revisions were approved with the effective date of September 30, 2021.

PZC Application #21-24 Strategic Commercial Realty, Inc. DBA Rawson Materials, 0 West Thompson Road, Map 65, Block 101, Lots 9 and 9A requesting a zone change from from RRAD to BDD. Approved

PZC #21-25 Application, Applicant and owner Ken Loisel owner of 24 Quad-dick Rd, Map 105, Block 32, Lot 36, Zone TVCD request a zoning permit with site plan review for a Country Inn, Article 4D. Section 7, for the purpose of renting the house as an "Airbnb". Approved with Waivers.

PZC #21-26 Application, Applicant and property owner Pat Rudzinski, 0 Labby Rd, Map 95, Block 27, Lot 17 Zone R40 Gravel Mining Operation Renewal Permit. Approved with Conditions.

PZC #21-27 Application, Applicant David Coman, owner for property at 0 Hagstrom Rd, Map 19, Block 85, Lot 6A, Zone R-80, Gravel Permit Operation Renewal. Approved with Condition.

File may be reviewed on line, Town of Thompson website, Planning and Zoning Commission. Written communication will be accepted prior to the meeting

Respectfully submitted,
Joseph Parodi-Brown, Chairman
September 10, 2021

**Town of Eastford
Connecticut
Inland Wetlands
and Watercourses Commission**

Notice of Decision

On August 26, 2021 the Inland Wetlands and Watercourses Commission made the following decisions:

• **File # 21-003 Aaron G. Smith, 216 Chaplin Road & 220 Chaplin Road, Eastford, CT. Application for work already performed. DENIED for Incomplete Application. MOTION CARRIED UNANIMOUSLY.**

• **File # 21-007 Jake Roderick, 221 Eastford Road, Eastford, CT. Removal of rocks and fill. Grading. APPROVED UNANIMOUSLY.**

Details can be found in the minutes filed at the Town Clerk's Office, Town Office Building, 16 Westford Road, Eastford, CT.

Dated at Eastford this 31st day of August, 2021.
Susan Welshman
Recording Secretary
September 10, 2021

**TOWN OF BROOKLYN
PLANNING AND ZONING
COMMISSION
PUBLIC HEARING
LEGAL NOTICE**

The Planning and Zoning Commission will hold a public hearing on Tuesday, September 21, 2021, at 6:30 p.m. via Webex and in-person (masks required) at the Brooklyn Middle School Auditorium, 119 Gorman Road, Brooklyn, CT on the following:

SP 21-002: Special Permit Application for Multi-Family Development (51 Condominium units) on south side of Louise Berry Drive (formerly School Street), Assessor's Map 33, Lot 19, 13.5 acres, R-30 Zone, Applicant: Shane Pollock.

Copies of applications will be available for review on the Town of Brooklyn website.

All interested parties may attend the meeting, be heard and written correspondence received.

Dated this 30th day of August, 2021
September 10, 2021
September 17, 2021

NOTICE TO CREDITORS

ESTATE OF David J Duquette (21-00308) The Hon. Leah P. Schad, Judge

of the Court of Probate, District of Northeast Probate Court, by decree dated August 31, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:
Barbara A Duquette, 1119 Riverside Drive, N. Grosvenordale, CT 06255
Attorney: STEPHEN J ADAMS, ESQ., 158 MAIN STREET, P.O. BOX 682, PUTNAM, CT 06260
September 10, 2021

NOTICE TO CREDITORS

ESTATE OF Robert E Egeberg (21-00264) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated February 25, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:
Ada S Egeberg, 33 Oak Hill Lane, Woodstock, CT 06281
Attorney: BRIAN S. MEAD, LAW OFFICE OF BRIAN S. MEAD, 148 OLD TURNPIKE ROAD, PO BOX 508, QUINEBAUG, CT06262
September 10, 2021

NOTICE TO CREDITORS

ESTATE OF Cataldo E Tuminelli (21-00312) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated August 31, 2021, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Mary Ann Champney, Chief Clerk

The fiduciary is:
Grace Tuminelli, 170 Center Road, Woodstock, CT 06281
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Natural ways to fight fall allergies

As the days become shorter and the weather cools down, a new crop of allergy symptoms can arise, turning the autumn season into one marked by sneezing, scratchy throats and itchy eyes. Medications can alleviate such symptoms, but allergy sufferers may want to investigate some natural ways to beat allergies.

According to the American College of Allergy, Asthma & Immunology, ragweed is one of the more common triggers of autumnal allergies. Ragweed contributes to “hay fever,” which is a term to describe allergic rhinitis that occurs as a symptom of ragweed pollen in the air. Ragweed releases pollen in mid-August, and it can continue to be problematic until a deep freeze arrives.

Other sources of fall allergies include leaf mold and pollen that is present on fallen leaves. This gets circulated when people begin to rake or blow fallen leaves. Classroom pets and chalk dust in schools (although chalkboards are largely a thing of the past) are other autumn allergens.

The good news is that many natural remedies work just as effectively as over-the-counter medications in regard to combatting ragweed and pollen problems. Here’s how to beat the fall allergy blues.

- Stay away from pollen. Stay away

from pollen and prevent it from being tracked indoors. Remove shoes when walking through the door. Take off clothes worn outside and launder them promptly, showering to wash pollen off of the body. Use an air conditioner or keep windows closed when the pollen count is high.

- Increase omega-3 fatty acids. It is well documented that fatty acids are good for brain health and cardiovascular well-being. But these acids also may help with allergies. A German study linked foods high in omega-3 fatty acids with the ability to fight inflammation, which is a hallmark of allergy suffering. Foods that are high in fatty acids include walnuts, flax, eggs, and cold-water fatty fish.

- Rinse off pollen. Use a mild cleanser to rinse the eyelids and eyelashes of pollen, as this is where it tends to congregate after being outdoors. Use saline spray to clear nasal passages of excess pollen as well.

- Take natural supplements. A study published in the journal Clinical and Experimental Allergy found participants who used tablets of the herb butterbar showed significant allergy relief after only one week. Select herbs from reputable manufacturers who certify them.

- Use eucalyptus oil. This oil is great



Leaves are a known cause of fall allergies. Raking them can stir up mold and pollen

to have in the house to help clear up sinuses and provide nasal congestion relief. Mix a small amount with coconut oil and rub onto the chest. There also is some evidence that adding a few drops of eucalyptus oil to cleansing products can help kill dust mites around the house.

- Wear a mask. When doing housework or yard work, wear a mask to reduce the inhalation of specific allergens.

Avoid seasonal allergies by exploring natural ways to find prevention or relief of symptoms.

earn while you learn



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