

Auburn News

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From jail to table

SENIOR CENTER RECEIVES DELIVERY FROM ORGANIC FARM AT HOUSE OF CORRECTION

the past ten years, the Worcester County Jail & House of Correction has been home to the largest working organic farm located at a correctional facility in the Commonwealth. Tended to by inmates who qualify and volunteer for the program and by maintenance staff at the jail, the fifteen acre farm grows bell peppers, cabbage, celery, corn, green beans, zucchini, squashes, eggplant, tomatoes and in the fall a bumper crop of pumpkins.

"The mission of our farm is to feed both our inmate population and to help feed the hungry in our community," said Worcester County Sheriff Low Evangelidis.

During the harvest season, the jail donates and delivers on average three hundred to five hundred pounds per day of fresh organic vegetables to food pantries, meals programs, veterans' groups and community centers throughout Worcester County to help those who struggle with food insecurity. On Wednesday August 12th, the Sheriff



More than 100 pounds of fresh organic produce grown at the jail farm in West Boylston were donated and delivered to the Auburn Senior Center by Sheriff Evangelidis on Wednesday, Aug. 12. Pictured from left to right are: Auburn Senior Center Staff Member Usha Verma, Assistant Director Cheryl Westerman, Director Jean Boulette, Sheriff Evangelidis, WCSO Officer Shaun Mullaney and WCSO Community Outreach Staff Member Joseph D'Amra.

and members from the Sheriff's Department farming staff dropped off freshly picked prison produce at the Grafton Senior Center. Both have nutritional outreach programs that help feed the community and the elderly. Each location received approximately one hundred to two hundred pounds of fresh organic produce grown at the jail.

"Especially during this challenging time, we appreciate all that the Sheriff's Department does to help the community. We receive many calls here for different kinds of assistance and that can include access to proper nutrition. This generous donation of organic vegetables from the Sheriff is greatly appreciated. It's wonderful nutrition and nature's medicine for our seniors," said Auburn Senior Center Elder Affairs Director Jean Boulette.

"We are proud to be home to the region's largest working organic farm at a correctional facility.

Turn To **FARM** page **A13**

Laliberte promoted to Unit Manager at Life Care Auburn



Tasheena Laliberte

AUBURN — Tasheena Laliberte, LPN of Worcester has been promoted to Unit Manager at Life Care Center of Auburn.

Laliberte is a gradu-

ate of Bay Path Practical Nursing Academy. She brings a well-rounded clinical and academic experience to her new role helping to oversee the clinical care provided to patients across the health care continuum.

In congratulating Laliberte, Bay Path Practical Nursing Academy Director Greheline Bolandrina, MSN Ed, RN, CRRN said, "Tasheena brings a wealth of real-world experience to the nursing leadership team, as a Practical Nursing student she was actively involved with the UNICEF Club and was a lead volunteer for Health Fairs. I

Turn To **LALIBERTE** page **A13**

Auburn residents to participate in Boston Marathon® Jimmy Fund Walk

AUBURN — Two residents from Auburn will choose their own route on Oct. 4 for the annual Boston Marathon® Jimmy Fund Walk presented by Hyundai. Participants are encouraged to walk wherever they choose: around their neighborhood, a local hiking trail, a treadmill, or anywhere else they are comfortable.

Jessica Hickson and Mary Perron, along with thousands of other walkers, will participate in a virtual programming during the Walk that aims to recreate the most inspiring elements of Walk day. While the event will not physically bring walkers together along the famed Boston Marathon® course, it will unite the community to raise funds to support all forms of adult and

pediatric care and cancer research at the nation's premier cancer center, Dana-Farber Cancer Institute. The event has raised more than \$145 million for Dana-Farber Cancer Institute in its 30-plus year history.

"While we can't see everyone in person this year, we are excited for the virtual programming which will give participants the opportunity to support breakthroughs in cancer care and research at Dana-Farber Cancer Institute," said Zack Blackburn, Director of the Boston Marathon Jimmy Fund Walk. "Together, from a safe distance, we will take critical strides in the journey to conquer cancer."

This year's event will have a lower fundraising requirement (\$100 for

adults and \$25 for those 12 years old and younger) and everyone will pay just a \$5 registration fee. Each walker who registers will receive a bib, and medal and the first 5,000 walkers to register will receive a commemorative Jimmy Fund Walk T-shirt.

Anyone interested in additional information can reference the Jimmy Fund Walk: Your Way frequently asked questions or can send an email to JimmyFundWalk@DFCI.harvard.edu. Funds raised from the Jimmy Fund Walk support all forms of adult and pediatric patient care and cancer research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Boston Athletic Association has supported the Jimmy Fund Walk

since 1989, and Hyundai has been the presenting sponsor since 2002.

To register to walk (#JimmyFundWalk) or to support a walker visit www.JimmyFundWalk.org or call (866) 531-9255. You can also download The Jimmy Fund Walk App in Charity Miles. The app will allow you to track the miles you walk leading up to, and on Walk day, create a team and walk with your friends, family, and teammates, share your miles and activities via social media to boost fundraising, and see important Walk day news, content, training and fundraising challenges. Download the app here.

About the Jimmy Fund The Jimmy Fund,

Turn To **WALK** page **A13**

Officials tighten restrictions on social gatherings

BY KEVIN FLANDERS
STAFF WRITER

REGION — State officials are tightening regulations and enforcement policies in an effort to slow the spread of COVID-19.

On Aug. 11, Gov. Charlie Baker announced a new set of initiatives aimed at curbing a recent statewide uptick in new cases. These include stricter rules for gatherings on both public and

private properties.

Baker has expressed frustration in recent weeks over residents ignoring mask and social distancing guidelines at large gatherings. State officials are worried that many residents have become too complacent.

"The notable decline in COVID in Massachusetts, especially in comparison to many other states, has caused some residents to feel a bit too relaxed about the seriousness of this virus," Baker said. "There have been several reports of big parties, illegal sports camps, and weddings."

Effective Aug. 11, the limit on attendees at outdoor gatherings was reduced from 100 to 50 people (the indoor gather-

ings limit will remain at 25 people). These restrictions apply to all types of gatherings, including those on both public and private property.

Additionally, due to the recent increase in positive COVID-19 cases, step two of the Commonwealth's third phase of reopening has been postponed indefinitely. The Baker Administration hopes to see a renewed statewide commitment toward slowing the spread.

"We have asked a lot from the people of Massachusetts since March. Businesses have been closed for months,

Turn To **RESTRICTIONS** page **A13**



Courtesy

Gov. Charlie Baker announces new regulations to slow the spread of COVID-19.



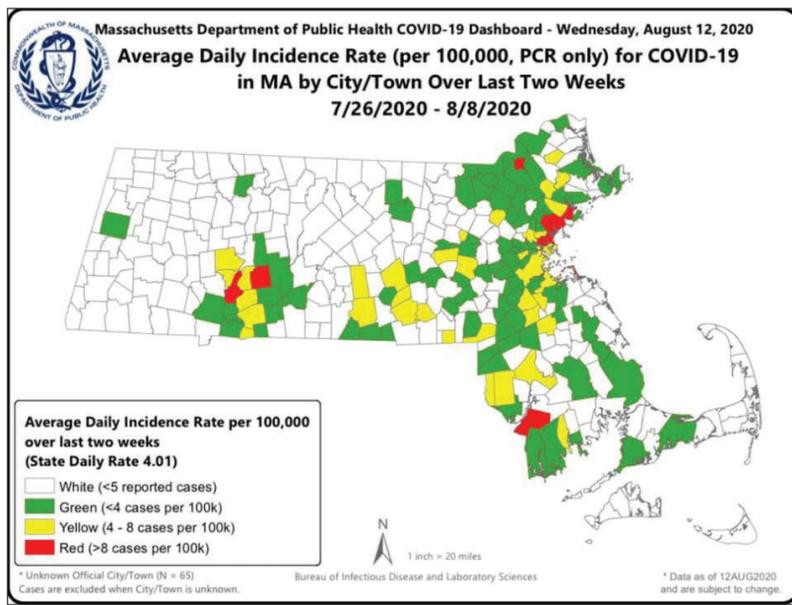
Charlton responds to designation as Moderate Risk Community

BY JASON BLEAU
CORRESPONDENT

CHARLTON – As state officials continue to monitor the status of the COVID-19 pandemic throughout the commonwealth several municipalities have seen small spikes or increases in cases over the last month, including Charlton.

The town was one of several named on a list of moderate and higher-level risk communities by the Baker-Polito Administration that have experienced small spikes over a two-week period. Charlton, along with nearby Auburn, were named moderate risk communities due to their average daily cases per 100,000 residents over that 14-day period. According to data provided by the state from January 2020 until Aug. 12, Charlton had recorded 105 cases including 11 during the two-week sample period, an average of 5.6 per 100,000 over the 14 days.

Town Administrator Andrew Golas said the designation isn't changing the town approach to battling the outbreak. Not long before the designation Charlton had gone weeks without major spikes or even new cases of the virus. But he said the town has to take the current data as it is and remain vigilant in keeping Charlton at a low level



A map released by the state shows Charlton (in yellow) as a moderate risk community.

of spread.

"I know it's a designation, but in all reality it's an average of four per day per hundred-thousand people over a

fourteen-day period. We had 11 cases, I'd say probably three or four of those instances were people living in the same household that were multiple people

due to proximity. We've got to look at it as we're really at the same risk level as most other communities in the state. No matter where you go there's going to be some level of vigilance of what's going on. I don't think you're any safer anywhere else, it's just a matter of that's where we are at this moment in time," said Golas.

Golas said he expects Charlton to be removed from the list soon as cases drop. The town had gone almost a month and a half without any new cases before experiencing the small increase that led to its inclusion on the map. Golas said those residents have since isolated and followed protocol. The designation is not expected to cause any new closures in the town or change how the municipality is going about reopening and recovering from the pandemic. Golas said he hopes to see citizens remain diligent in preventing the spread of the pandemic and keep the town's number low.

"It's all about personal accountability, continuing to wear face masks when you can't social distance and continuing to wash your hands. Your basic hygiene is what you need to continue. That's really what stops the spread. Use common sense until we can get through this whole thing," said Golas.

Dudley Charlton District lays out plan for fall

BY JASON BLEAU
CORRESPONDENT

DUDLEY – After weeks of deliberation, several meetings and much public input the Dudley Charlton Regional School District has decided to embrace a hybrid learning plan for the new school year.

The School Committee voted in a 4-3 decision to support a reentry strategy for students on August 10 which proposes the first two weeks of learning be handled remotely before transitioning to a hybrid format that includes both n-class and online learning. The full plan was made available for parents and citizens on the school district's website following the

vote. Remote student learning is expected to begin September 16 and move to a hybrid format on October 1 for PreK through 4th grade. The remaining grades will move to a hybrid format on Thursday, Oct. 15.

District Superintendent Steven Lamarche released an email discussing the reentry strategy where he acknowledge that the "decision weighted heavily on the (school) committee" and called it merely a starting point. "Our goal is to get to full in-person learning as soon as we can. The entire process is imperfect, and our work was centered on the health, safety and well-being of staff and students," Lamarche said.

The district hosts nearly 4,000 students in seven buildings including the shared Shepherd Hill Regional High School in Dudley. Parents and educators have made their concerns and opinions heard in several forums over the last few months as a decision approached. According to the plan students will be broken up into cohorts labeled A, B, C, and D with differing scheduled for in-person learning, remote

learning, and independent learning. Cohorts A and B will consist of general education students, cohort C will consist of special education students, and cohort D will consist of high-needs special education students. Lamarche estimates about 10% of the student population will make up cohort C while another 5% will be included in cohort D. Wednesday will be a universal independent learning day for all students to learn from home. As the start of school approached, Superintendent Lamarche said the district remains diligent and continues to work towards a safe reentry for students during the ongoing COVID-19 pandemic.

"With our established reentry strategy much work needs to be done. Our principals are continuing the heavy lifting this week and then will begin all forms of family communication," said Lamarche. "We continue to appreciate your patience."

The full copy of the 28-page reentry plan can be accessed on the Dudley Charlton Regional School District Web site.

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EYE CATCHING

Local historian chronicles 1918 pandemic in new book

WORCESTER — In the spring of 2018, long before the COVID-19 pandemic hit, Linda Hixon, lead historian of the Hopedale Women's History Project and former instructor at Worcester State University, wanted to commemorate the 100th anniversary of the influenza pandemic of 1918 through personal tales of those affected.

Throughout the world, the 1918 pandemic killed the most people in the least amount of time — estimates say between 5 and 10 percent of the world's population died between September and November 1918, with about 675,000 dying here in the United States. Having spearheaded book projects on Worcester's military heroes from the Civil War, the Spanish-American War and World War I, she decided that chronicling this historic event was of paramount importance. Thus was born "The Grip: The 1918 Pandemic and a City Under Siege."

Shawn Driscoll, a student in the Master's program at Worcester State at the time, collaborated with Hixon. He is currently a second year Doctoral Research Fellow at the University of Massachusetts-Lowell; his field of study is twentieth century American History with a concentration in Vietnam Conflict history. Together, they decided to invite high school students and volunteers to participate in this project.

Driscoll approached Worcester Academy and Worcester Public Schools, and almost 20 students and ten volunteers joined the effort to remember some of the nearly 1,000 people who died in Worcester from influenza. Altogether, about 50 profiles were written on the victims of the "Spanish Flu," all of them either residents of the city or dying within the city's limits. But that is less than ten percent of the total number of victims who died here in Worcester. Very few photos of the victims could be found, although some volunteers wrote biographies of family members who perished during the epidemic. Photos of those loved ones have been included in the book.

The book also includes chapters by local historians and academics on the city's response to the influenza epidemic. The chapters range from the effort of the local media to inform the public; the volunteer efforts of local groups to try and aid the sick, the dying, and the orphaned; the creation of an emergency hospital to take the strain off the local medical establishment; how influenza impacted the African-American population of Worcester; how local cemeteries dealt with the influx of the dead; and an account of the Worcester County town of Milford, where the local population of poor immigrants was devastated by the disease.

Worcester County District Attorney Joseph D. Early has written the forward for "The Grip: The 1918 Pandemic and a City Under Siege." Early's family lost a member to influenza — Helen Labuski, who died on December 31, 1918 at barely 18 months old. Helen was the last death in 1918 as influenza resurged in Worcester. Once the death toll began to fall the city attempted to return to "normal," but they did so too soon — hundreds more would die between mid-October when the restrictions eased, and May 24, 1919 when Bertha Mackey became Worcester's last official death from the influenza pandemic.

"A project like this, remembering the victims of a medical disaster, is important at any time in history. But I believe it is most important now because we have forgotten the lessons of the past. We have forgotten that human lives are more important than economic gain. We have forgotten to keep our neighbors safe by wearing masks and keeping our distance," Hixon said. "We have forgotten to protect the vulnerable by keeping public gatherings to a minimum. Worcester's powers-that-be took similar steps in 1918, but not without a fight and not until it was too late, and more people died than was necessary. And restrictions were ended too soon, leading to even more

deaths. Worcester was not alone — this happened in most cities and towns across the country during that pandemic 100 years ago, and more people died. The fact that we have forgotten those lessons is to our shame. More will die because we have forgotten our past."

"The Grip: The 1918 Pandemic and a City Under Siege" offers insight into a previous pandemic and lessons for effectively dealing with the current one. The book will soon be available at the Amazon Marketplace store, Changing History Books. For more information, please contact Linda Hixon at-508-373-8315.



ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress.news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

QCC to hold virtual information session

WORCESTER — Quinsigamond Community College will hold a Virtual Admissions Information Night on Thursday, Aug. 20 from 4 - 5 p.m. The upcoming information session is designed to give potential students a way to learn more about the college from the comfort and safety of their homes.

"This session comes at a critical time for students, as more four-year colleges and universities are changing plans at the last minute and students are rethinking their higher education options," said QCC's Director of Admissions, Ai Co Abercrombie.

As the first college in the region to announce it would hold its fall semester remotely, QCC has adopted innovative ways in which to engage students through online platforms that are interactive. The college transitioned to remote instruction in March, offering students three types of remote instruction from autonomous self-paced courses, to more structured online meeting times or a combination of the two.

"We are not scrambling to readjust courses to fit an online platform. We are well-versed in remote instruction and have been doing it for many months," Ms. Abercrombie said, adding, "Students still have time to enroll and begin the semester without losing valuable time, and they can use the credits they earn at QCC to transfer them to a four-year school when it's safe to do so."

Students who planned to take in-person classes at four-year schools that are now moving to an online format have to decide if the cost differential between a community college and a four-year school is worthwhile. Community colleges are historically the most affordable form of higher education.

According to the Community College Research Center (CCRC), research shows that taking courses at a community college can benefit students who are enrolled in a four-year college. Data from the Educational Longitudinal Study (ELS) found that students who earned between one and 10 credits at a community college during the first

three years of college enrollment were attributed to a higher bachelor's completion rate and higher wages when they entered the marketplace.

"We recognized early on the challenges of remote instruction and adapted to meet the needs of our students. We have all our support services available remotely and have instituted a Student Emergency Fund to assist students with the financial hardships that this pandemic has brought on," QCC President Dr. Luis Pedraja said. "We know this is a trying time for students and their families, but we want them to know we are here to help them succeed with their academic goals in a smarter and safer way."

To register for QCC's upcoming Virtual Information Session, visit www.QCC.edu/admissions/upcoming-admission-events

For more information on QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.

In Loving Remembrance

Philip Petrello

3/9/1973 – 7/7/2020




I would like to mention some very important parts of Phil's life, left out of his recent obituary.

He was predeceased by his Aunt Dar from Hyannis who died of cancer on 10-24-2014, whom Phil loved so much. He would go to the Cape when she was sick and take her to places she wanted to go. He leaves his Uncle Jeff Cramer and his wife Maria of E. Hartford. Jeff taught Phil a lot when he was young including fishing. He leaves Aunt Jackie from West Springfield whom he loved so much. Phil also leaves Uncle Bob who taught him that it isn't polite to eat with your fingers or with a knife over the knuckles. He loved going there when he was young. He also leaves his cousins Debby, Barbara, and Nikki. They loved to come to my house on the weekend. I think they had a lot of fun getting into mischief.

We have such great friends and neighbors... Sandy, Patti, Kim, and Bob... they were there for anything that was needed. I thank you guys! Lu- anne, the beautiful angel you made for him is something I will always cherish. Renee, just to see that smile and the beautiful light which will help me through the darkest days.

Those who knew Phil will always smile when they think of him. It meant a lot for me to see how many people's lives he touched. You now have touched mine. My husband Doug, mother-in-law Joan, sister-in-law Kelli, and I thank you for being there when we needed you the most.

RIP Phil.
Always in my heart.
Love Mom

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Friday's Child



Hi! My name is Alyssa and I love to give hugs!

Alyssa is an affectionate girl of Caucasian descent. She enjoys toys with movement and sounds. She is also a fan of bouncing on therapy balls and watching Disney movies! Alyssa is able to communicate through her facial expressions and physical gestures. She has been observed to respond to familiar names, faces, and preferred activities by smiling and waving her hands in excitement. Alyssa has been introduced to communication devices and is using picture symbols to choose between activities and objects. She also uses an iPad with assistance. In her current placement, Alyssa seeks out staff for attention and responds well to positive praise. Alyssa likes to face where she can see her peers and she will seek interaction by reaching for others or holding hands.

Legally freed for adoption, Alyssa would do best in a two-parent family with older children. Any interested family should be open to working with the providers in Alyssa's life to ensure she reaches her fullest potential! Alyssa will need to maintain contact with her sister and grandmother once a placement is identified. The open adoption agreement calls for six visits per year once she is placed, and then three visits per year post-adoption

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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MAKING SENSE OF INVESTING

Second Chance vet hospitals continue to innovate

REGION — Second Chance Animal Services is rising to the challenges presented by COVID-19, continuing to innovate for the health of Massachusetts pets. Last month the nonprofit's three veterinary hospitals found a way to safely restore lifesaving vaccine clinics and put a plan in place to cut down on the significant backlog of pets waiting for spay/neuter surgery.

Second Chance had to put their popular weekly vaccine clinics on hold indefinitely in March to safeguard the health of pet owners and staff. In July, they slowly rolled out a new format where pet owners pre-register and arrive at their reserved time slot.

"We thought this was a temporary fix, but pet owners loved the new format," reports Second Chance Chief Operating Officer Amanda Normandin. "No more waiting in line, no more filling out paperwork while minding a pet, and so much less stress on the

pets." The nonprofit's low-cost spay/neuter program continues to face a backlog of pets waiting due to an almost 3-month suspension. The wait for cats is especially significant, so in July the North Brookfield location began scheduling catch up days, starting with a 50 male cat day. Second Chance surgeons are specially trained in high-volume spay/neuter, but typically see a mix of female cats and dogs each day resulting in extra time spent resetting between cats and dogs and male and female. Concentrating on a single surgery format allows veterinary staff to help more pets in one day.

Second Chance CEO Sheryl Blancato says she's grateful to be able to restore these two important programs.

"As the pandemic began to close down Massachusetts, we began to worry about a second health crisis. Vaccine clinics are instrumental

in stopping the spread of rabies and parvo and suspending this program weighed heavily on my mind," Blancato said, adding that she expects the backlog of pets waiting for the spay/neuter program to continue throughout the remainder of 2020. "There are still hundreds of applications awaiting scheduling at each of our locations. We are doing everything we can to get caught up and ask for continued patience."

Pet owners interested in registering their pet for an upcoming vaccine clinic can visit secondchanceanimals.org or watch the Second Chance Animal Services Facebook for registration announcements. The spay/neuter SPOT application, which stands for Stop Pet Overpopulation Today, can also be found on the website. Second Chance is scheduling spay and neuter appointments in the order they were received, so new applicants may not receive a call until September or later. The



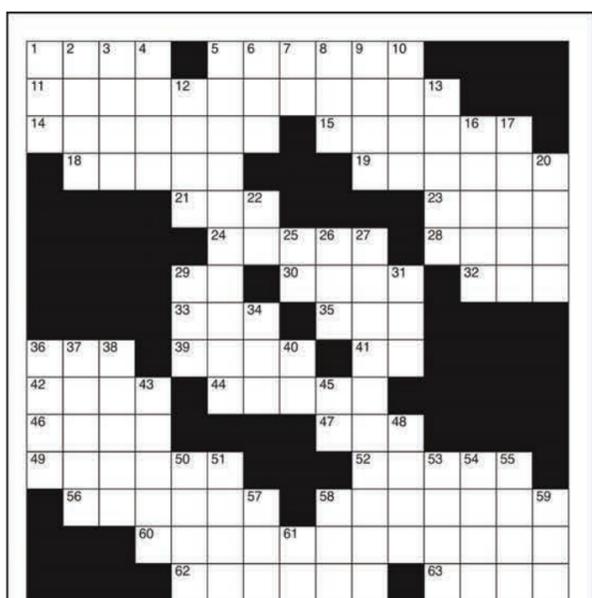
Courtesy

A recent patient returning to their owner after being seen at Second Chance's North Brookfield Community Veterinary Hospital.

vaccine clinics and spay/neuter program are available at all Second Chance Community Veterinary Hospitals

with locations in North Brookfield, Springfield and Worcester. Full-service veterinary care is also available by appoint-

ment, and subsidized rates are available for qualified households.



CLUES ACROSS

- 1. Popular musical awards show
- 5. Speech in one's honor
- 11. A state of poor nutrition
- 14. Not ingested
- 15. More lacking in taste
- 18. "Popeye" cartoonist
- 19. Helps to reduce speed
- 21. January 1 greeting (abbr.)
- 23. Georgian currency
- 24. Proverb expressing a truth
- 28. Jewish calendar month
- 29. Volume measurement
- 30. Fair-skinned
- 32. Patti Hearst's captors
- 33. Have already done
- 35. Touch lightly
- 36. Autonomic nervous system
- 39. Plant part
- 41. College degree
- 42. Military alliance
- 44. Tokyo's former name
- 46. Carpenter's tool
- 47. Before
- 49. Consent to receive
- 52. Passages
- 56. The Duke of Edinburgh
- 58. Utter repeatedly
- 60. Linked together in a chain
- 62. Quality that evokes pity
- 63. Maintained possession of

CLUES DOWN

- 1. U.S. military school
- 2. Controls
- 3. Away from wind
- 4. Grab quickly
- 5. Being everlasting
- 6. Vase
- 7. Atomic #3
- 8. Type of medication
- 9. Encircle with a belt
- 10. Belonging to you
- 12. American state
- 13. City in Zambia
- 16. Good Gosh!
- 17. Of the country
- 20. Helsinki district
- 22. 36 inches
- 25. Reporters' group
- 26. The voice of Olaf
- 27. Explains in detail
- 29. Tooth caregiver
- 31. One point south of due east
- 34. Scottish river
- 36. Elsa's sister
- 37. Civil Rights group
- 38. Line of poetry
- 40. Doctor
- 43. Fatty acid
- 45. Avatar (abbr.)
- 48. Awe-inspiring garden
- 50. Fall down
- 51. Rock icon Turner
- 53. Asian country (alt. sp.)
- 54. UK museum network
- 55. Stairs have at least one
- 57. Part of (abbr.)
- 58. Simpson trial judge
- 59. Sun up in New York
- 61. Exclamation of surprise

Nichols receives grant to prepare for remote learning

BY JASON BLEAU
CORRESPONDENT

DUDLEY — As Nichols College prepares for what promises to be a unique and challenging return to operation in the wake of the COVID-19 pandemic, the college has received some financial support to allow it to adjust to remote learning which is expected to be at least partially embraced this fall. The school recently announced it has received a \$25,000 Presidential Grant for Alternative Academic Delivery from the David Education Foundation which will be used to enhance training in the digital classroom. The college had already been utilizing an education model called HyFlex in its graduation programs allowing students to attend class either in person or remotely. This approach will now be utilized for undergraduates as well with the grant helping train educators in

blending the two models. Heather Richards, an academic instructional designer at Nichols College, designed the modules that will serve as the basis for the instruction. The training will first provide faculty a look into the student experience and also learn how to increase their own social presence in the process. "At Nichols, we are used to face to face. Our faculty are 'present,' very engaged, and the students love them," Richards said in a press release. "The modality of the digital realm is more challenging in terms of connectedness. It takes effort and intention on the part of the faculty. Students need to see them as real people." The training is designed to provide educators with tools and techniques to synchronize their teaching methods to accommodate both in-person and online learners. After learning the student perspective and how to expand their social presence par-

ticipants will then partake in a series of one-hour courses led by members of the faculty based on individual interests and feedback from the first lessons covering such topics as assessments, project-based courses and adapting to the new learning environment. "This grant, as well as the others Nichols has received from the Davis Educational Foundation, will decidedly enhance teaching and the professional development of our students," said Mauri Pelto Ph.D., the Vice President for Academic Affairs as Nichols College. "In particular, it will advance the strides we have already made in alternate academic delivery with our graduate programs and allow us to expand and invigorate our HyFlex model for undergraduate students." Nichols plans to package and publish the sessions once the training is complete.

Bay Path to embrace hybrid model for fall

BY JASON BLEAU
CORRESPONDENT

CHARLTON — Like countless school across the country, Bay Path Regional Vocational Technical High School has been working hard to establish a plan for students' return this fall that takes into consideration the safety and health of students and staff while also working to maintain an effective educational experience. Superintendent-Director Kyle Brenner released details about the reopening plan on Aug. 14 along with a nearly 90-page document detailing the plan in full. Like many school Brenner said that Bay Path had considered several different options including a full return to classrooms, an online only option and a hybrid model combining the two. The

school has decided the hybrid model will be their approach keeping in line with many educational institutions throughout the state. "The administration recommended and the committee unanimously agreed that this plan provides us with the opportunity to provide students with a safe environment while traveling on our busses and while here at school due to the decreased numbers and the resulting ability for the implementation of plans and procedures that accommodate critical social distancing requirements. This plan will also increase the productivity of students as regular attendance at classes here at school will better hold them accountable for their work and better accommodate the needed application of theory and practice or 'hands-on' instruction in the vocational

area," Brenner said in a press release. The hybrid plan will have half of the student body learning remotely during parts of the week while the other half learn in the classroom on any given day. The plan also includes a remote learning option with no in-person component in order to accommodate students not yet ready to return to in-person learning. This format will also be embraced for all students in the event of a surge in COVID-19 cases. Bay Path's new school year will start later than normal on Sept. 14. Teachers will report at the end of August to begin preparations to accept students. Full details of Bay Path's hybrid model reopening plan can be found on the school's Web site, www.baypath.net.

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Massasoit Art Guild issues call for art

REGION — The Massasoit Art Guild Announces its 17th Annual 2020 Art Show and Sale Oct. 17. This year's show will be held virtually on the website at www.massasoitartguild.com from Oct. 17 through Jan. 1, 2021. There will be an exciting display of artwork exhibited from members in all categories. New artists of any level are always welcome.

This year's judge is

Nancy Cooke Bunnell, an award winning artist and teacher. Nancy Cooke Bunnell is a professional artist whose is best known for her pastels. NC Bunnell Studio offers existing paintings, pastels and photography as well as t-shirts, prints and commission paintings in her studio and on the web. As a certified art teacher, she teaches throughout the state.

Nancy Cooke Bunnell's pastels are infused with light, color, and energy.

She is an award winning artist and won 'Best in Show' at the Connecticut Pastel Society(CPS), 2012, 2nd place in 2011 at CPS and Vernon Art Center in 2013. Her work won first Place at Mansfield Art Show, 2012, and placed honorary mention at the CPS Show, 2013. She won the Great American Art Award at CPS in 2015. Her work can be seen at www.ncbunnellstudio.com.

Charlton Fire Department to receive federal grant

CHARLTON — The Federal Emergency Management Agency (FEMA) announced today \$7.8 million in direct assistance grants to 340 fire departments nationwide through the agency's FY2020 Assistance to Firefighters Grant COVID-19 Supplemental program (AFG-S). Additional phases will soon be announced.

The Fiscal Year 2020 Assistance to Firefighters Grant Program – COVID-19 Supplemental (AFG-S) is a supplemental funding opportunity under the Assistance to Firefighters Grant Program (AFG). AFG is one of three

FEMA grant programs that focus on enhancing the safety of the public and firefighters with respect to fire and fire-related hazards. The AFG-S Program accomplishes this by providing financial assistance directly to eligible fire departments, nonaffiliated emergency medical service organizations, and State Fire Training Academies for critical Personal Protective Equipment and supplies needed to prevent, prepare for, and respond to the COVID-19 public health emergency. The AFG-S Program represents part of a comprehensive set of measures

authorized by Congress and implemented by the Department of Homeland Security.

FEMA obligates funding for this project directly to the recipient agencies. It is the recipient agency's responsibility to manage their grant award within federal guidelines with technical assistance and monitoring provided by FEMA Fire Program Specialists.

Additional information about FEMA's Assistance to Firefighters grant program(s) may be found at <https://www.fema.gov/firegrants>.

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OPINION/COMMENTARY



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STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE
EDITOR

A change of opinions ignals growth

As the world turns, so do people's opinions — even moreso now that it's an election year. Further, there has been so much civil unrest currently, in addition to the fact that we are all living through a global pandemic. We are all constantly being bombarded with opinions. You see them on social media, the radio, television, newspapers, and even on signs in people's yards.

As overwhelming, and sometimes unsettling, as this can be, it is actually quite healthy to have and share your opinions. Some individuals have no issue sharing their opinions, while others tend to shy away. Perhaps the latter is on to something but we digress. As we write this, and as you read it, somewhere, two people are in the midst of a debate.

When we share opinions, it's a sign that we are yearning to be more educated and more knowledgeable about the world we live in. The problem arises when a person will insult, lie and attack to turn their opinion into truth. It's important during a debate or heated discussion to remain open minded, as hard as that can be at times. When harsh words are exchanged, they are here for good.

There's also a difference between facts and opinions. When an uninformed person tosses out talking points with misinformation, the point of the conversation goes right out the window. Likewise, both facts and opinions can and do change. Sometimes a person will have a light bulb moment that changes everything they thought they once knew, leading to a change in their mindset. A researcher can find new discoveries, which can alter something that prior, was fact.

A person's viewpoint on something can change over the course of their lifetime. Growth happens every day with all of us. What we once thought when we were 17, could be and is likely vastly different than how we think at 50.

With that said, it's also important to not hold an individual to past statements or actions that may have been troubling. When we hold people accountable to things they did and said in the distant past, they are less likely to share their opinions, and that would be a bad thing.

Opinions are important to share, but that doesn't mean they are right. Backing up an opinion with facts is crucial and responsible. We can all agree that when it comes to personal choices that don't hurt anyone else, other's opinions are irrelevant.

We must also remember that as individuals, our life experiences have brought us each to a unique place, unlike anyone else we encounter, therefore nothing is ever cut and dry. We are seeing this too much in today's politics. Instead of looking at things issue by issue, people are automatically jumping behind one party and calling it a day. The fact remains that we are living in a complicated world, and our thoughts are naturally all over the place, and that's a good thing. Rejecting labels is refreshing.

As we grow our opinions evolve and shape who we are. So while we all have opinions, (on more than just politics) it's important to be flexible with them. Changing how we think does not make us weak, it's a sign of maturity and intelligence.

You are not powerless unless you choose to be so

Thank you. Your letters and emails expressing your prayers, good wishes and concern for my recovery are overwhelming. I always do everything I can to answer each correspondence, so if you haven't yet received a reply, you will. Thank you for your care and concern. It strengthens and encourages me.



POSITIVELY SPEAKING
GARY W. MOORE

After expressing encouragement, the most asked question is, "How can you remain so positive while facing so much?" It's a question I have been asked most of my adult life. The answer is simple but not easy.

I remain strong and positive because of my chosen optimism. I say chosen because it is a choice. I could crumble under the weight of stage 4 stomach cancer and mentally give into it and my body will quickly do the same ... or I can expect the best outcome and fight with my medical team to extend my life and overcome the odds. It is a choice I've made. Like I said, "simple but not easy."

It's simplistic to say I choose to be optimistic when you look at the data. Fewer than 5% of the people afflicted with stomach cancer live five years. It's easier to give in and say I have a 95% chance of dying, rather than making the harder assumption, that I'll be one of the 5% to live beyond five years. I must sell and convince myself I'm a "five percent!" If I just look at the data and take it at face value, I'd begin believing I have no responsibility for my health. The numbers already tell me what will happen. The data insinuates there is no patient impact on who lives and dies. I know that's not true and understand the choices I make about my health do have a profound impact.

I am not powerless in this fight. One of the important aspects I've learned about surviving stomach cancer is my overall health, so I make a list and carry it with me as a reminder of all the positives I have going for me in my battle. I don't smoke and have never smoked or used tobacco in any way. I'm not overweight. I am not a diabetic. I don't have any other health problem. I walk and keep moving. Okay. That all works in my favor. What else?

Almost every doctor or medical professional will tell you that the attitude and

outlook of the patient plays an important role in treatment and recovery.

I believe I will be a survivor. The next question is always, "How can just believing help?" If I believe I will survive, my mind and body conspire together to make it so.

Think logically about this ... if I believe I can survive, I wake up in the morning and get my body moving. I go about my daily business believing I'll still be here in five years and plan accordingly. My mind believes and my body responds.

Of course, I realize, as I always say, there are some medical realities that optimism may not overcome. No person lives forever. There is always an end of life here on earth, but numerous studies prove that optimistic people live longer, happier, and more successful lives than pessimistic people do.

So, a long answer to your question of how I can remain positive under the weight of a negative diagnosis. It is a simple answer but not easy in execution. It all begins with the choice to live and not die.

A charming young lady, ninety-one years young, wrote to me this week saying, "I was born a pessimist and I rely on you and your column to keep me going."

She was born a pessimist? Now she can be a "born again" optimist! In the ninth decade of her life, she's reading this column and using it to change her mindset. You are never too old ... it is never too late to join us! As I always say, it begins with a choice. Make the decision to change your life and become more optimistic. You really can do it.

Imagine what our nation and world would be like if the majority chose optimism. Optimists don't riot, loot, or destroy property. A nation of optimists would not act this way, but that's a subject for next week.

For me, I choose to live, and in addition to longer life, optimistic people are happier, healthier, and more productive than others.

Why would you choose otherwise?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryW Moore721 and at www.garywmoore.com.

Tips to Preserve Harvest's Bounty the Old Fashioned Way

The pleasures of the New England harvest season are truly bountiful. Whether plucked from your own backyard or purchased fresh from local gardens or farmers markets, preserving the "just picked" flavor of the New England harvest is a seasonal quest.



TAKE THE HINT
KAREN TRAINOR

While freezing has long been a favorite form of "keeping" crops and traditional canning is enjoying a comeback, the old fashioned method of drying garden vegetables often gets overlooked by home gardeners. A modern dehydrator isn't necessary, as all it takes is an oven, some trays and a bit of time to maintain all the flavor, integrity and wholesomeness of the season's harvest.

Dry to Preserve Garden's Bounty
Drying is one of the oldest forms of food preservation, and a reliable technique that can be easily employed to stretch the goodness of home grown vegetables. Dehydrating removes moisture and therefore halts the growth of bacteria and molds, extending the life of precious garden crops.

Proper preparation of vegetables to dry is very important. Pick produce at peak of ripeness and rinse in cool water to remove dirt and debris. Dry thoroughly and cut into uniform thicknesses to ensure even drying time. Some vegetables, such as tomatoes, corn, carrots and potatoes should be blanched before drying to kill potential bacteria and enzymes that can decrease flavor and color during storage. Common foods that do not require pre blanching include mushrooms, peppers, onions, garlic and herbs. Blanch vegetables by boiling or steaming. Immediately drop into cold water briefly to stop cooking and drain and dry vegetables while still warm. (The warmth will aid the drying process.)

Place vegetables in a food dehydrator, or if drying in oven, arrange in a single layer on a wire cake cooling rack set on top of a sheet tray to allow air circulation. The optimum temperature for successful drying is 140 degrees. This low temperature ensures moisture has completely evaporated, therefore lowering the risk of mold from any trapped moisture. If your oven doesn't have as low a setting, try the "warm" setting checking the temperature with a thermometer to avoid cooking the

vegetables. Check temperature periodically to ensure oven maintains an even 140 degrees.

It can take several hours for garden produce to be properly dried. Sufficiently dehydrated vegetables and herbs will be crisp and brittle. Vegetables cut in thicker slices such as tomatoes

should be dry but not hard (a bit pliable). Dried goods must be cooled completely before storing. Air tight containers such as zipper lock bags, glass mason jars and plastic freezer tubs are all good candidates for storage of dehydrated vegetables. Dried produce should be stored in a cool, dark place and can last from a few months up to a year, depending upon the vegetable. Refrigeration can extend the life of some dried vegetables, just be sure they are stored in an air tight container and always use within one year of packing. To ensure the product remains dehydrated, it is very important to check the contents periodically and discard any food that has become rehydrated, smells "off", or is moldy or tainted in any way.

From Décor to Diet: Garlic Braids and Pepper Wreaths

Garlic braids dangling from kitchen rafters and colorful hot pepper wreaths hung near the chopping block offer not only homegrown décor, but a handy "pick as you use" year round supply of garden produce. Storing garden garlic and dried peppers in a creative way is not only satisfying for the home gardener, but the finished products serve as ideal "garden gifts" throughout the seasons.

Garlic Braid: Give Bountiful Bulbs a "Twist:" Garlic is easy to grow, and even a novice gardener can produce enough garlic bulbs to store for use all year round via a well constructed garlic braid.

To do: Gather up about a dozen of fresh garlic bulbs with greens attached. Begin braiding greens of three garlic bulbs, and then begin adding more bulbs as you continue up the braid. Add a new bulb on the right and work it into the braid, then a new one in the middle and do the same, then add a bulb on the left, layering the bulbs in an attractive braid as you move up the length. At this point the braid technique resembles "French braiding" of hair. For larger bulbs bring greens

Turn To **TRAINOR** page **A9**

Preserve your garden produce for delicious winter meals



GARDEN MOMENTS
MELINDA MYERS

All your hard work is paying off with a bountiful harvest. Fresh produce is filling your garden, countertops, and refrigerator while the garden keeps producing more. Preserve some of your harvest to enjoy throughout the winter with some tried-and-true or updated variation of food preservation techniques.

Hanging bundles of herbs to dry is a long-time practice that works. Harvest herbs in the morning just after the dew has dried off the leaves. Rinse, allow them to dry, and remove any damaged or dried leaves.

Gather the dry herbs into small bundles and secure with a rubber band. Use a spring-type clothespin to hang the bundles from a clothesline or hanger in a warm, dry, airy place out of direct sunlight.

A modern twist on this tradition is the space-saving Stack!t Herb Drying Rack (gardeners.com) hung from the ceiling. You will be able to dry large quantities of herbs in any narrow, out-of-the-way space.

Extend the life, flavor, and nutritional value of squash with proper harvesting and storage. Only store blemish- and damage-free fruits and vegetables to reduce the risk of mold and decay developing during storage.

Harvest zucchini when the fruit is six to eight inches long and scalloped squash when three to six inches in diameter. Store these in a plastic bag inside the vegetable crisper drawer in your refrigerator for several days.

Wait to harvest winter squash when the fruit is full-sized, and the rinds are firm and glossy. The portion touching the ground turns from cream to orange when the fruit is ripe. Use a pruner to harvest the fruit, leaving a one-inch stem on each fruit. Cure all winter squash, except for acorn, in a warm, humid location. Then move to a cool, dry, well-ventilated area to store for several months. In the past, gardeners stored these, potatoes, onions, and fruit in wooden racks that maximized storage space and allowed air to reach each layer of produce. An updated version, Gardener's Supply Orchard Rack, adds convenient drawers to this traditional storage system.

Boost your cabbage harvest with this trick. Remove firm full-sized heads but leave the lower ring of leaves and roots intact. The plant will form several smaller heads.

Harvest cucumbers based on how you plan to use them. Pick the fruit when it is 1 ½ to 2 ½ inches long if you plan on making sweet pickles. Allow the cucumbers to grow a bit bigger, three to four inches, if dill pickles are on the menu. Harvest those for slicing when the skin is firm, bright green and the fruit is six to nine inches long.

Turn a portion of your harvest into something delicious. Fermentation is a relatively easy preservation technique used for thousands of years. Preserve some of your cucumbers as pickles, cabbage as sauerkraut, and berries as preserves with fermentation. Store fermented fruits and vegetables in a cool, dark place or extend their shelf life by canning the finished product. For most projects, you just need the fruit or vegetables, water, salt, and spices. The desired ingredients are placed in a covered vessel, like Gardener's Supply three-gallon Fermentation Crock. Weights are used to keep the fruit and vegetables submerged in water throughout the fermentation process.

If your garden is still producing when frost is in the forecast, extend the harvest season. Cold frames and cloches are tried-and-true techniques used for extending the growing season. A modern method employs floating row covers. These spun fabrics allow air, light, and water through

Saltwater fishing opportunities



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Fly fishermen are ready to enjoy some great fishing on saltwater in the coming weeks. Bonito and False Albacore migrate to numerous saltwater bays and estuaries in both Massachusetts & Rhode Island during the month of August. They provide the angler with some great exciting fly fishing, and they are edible table fare, although many anglers release their catch because of the somewhat strong taste of the fish.

They travel in somewhat large schools, and are often spotted by their constant feeding habits on or near the surface of the water, similar to bluefish. They also are caught on small lures and plastic baits, and provide a lot of

fun catching them on light spin cast rods. It can become a bit crazy on the water, as anglers chase after the schools of bonito and false albacore with their boats, trying to stay with a school of active feeding fish.

Many of the fly-fishing public take their fishing seriously and become quite agitated with "GOGANS" (weekend warriors) as they plow through an actively feeding school of fish with their boats, driving the fish away from the area. I find it best just to sit and wait for a school of bonito to resurface and start feeding right around the boat. The areas around Galilee RI provide a lot of action every year for this hard fighting fish.

Fluke and seabass fishing around Carpenters Beach area to the Charlestown Breachway area is best during a high tide. The outgoing tide seem to provide the best action. Fishing for seabass around the "Hooter"

is also providing some great seabass fishing. The seabass limit in Rhode Island increases to six fish on Sept. 1. Hopefully, no major storms like tropical depressions will be heading up our coastline in the coming weeks. It sure can negatively impact the fishing for a week or more

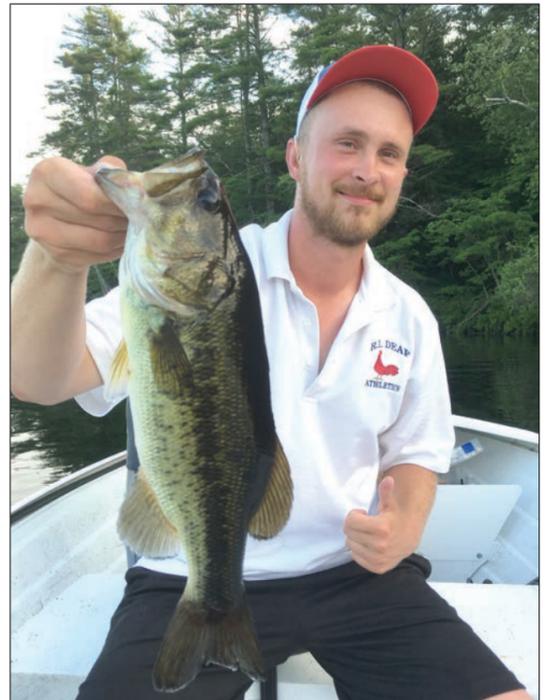
Massachusetts has decided to extend their seabass season for anglers fishing on charter boats only? The season was slated to end on Sept. 9, but because of the Covid-19 pandemic, their season was started late, and will now be extended to Oct. 9 of this year. "The extra days should result in the same harvest, if they had started the season on time," the report stated.

The extra 31 days will not include anglers fishing from shore or in there privately owned vessel, which will end on September 8 of this year. "Because black Seabass catch rates are at their peak in the spring when the fish are near shore,

aggregated, and aggressively feeding and interest in the fishery, it is at its highest," the report stated.

Don't forget to go online at "MASSFISHHUNT" and check out the status of your antlerless deer permit application. It is quick and easy!

Local bass anglers are enjoying some great freshwater fishing, with numerous largemouth bass being caught almost every week. Releasing the fish to fight another day is extremely important and will provide another angler with the thrill of catching it again. Many anglers are taking the opportunity of entering the fish into the MF&W freshwater fishing awards program. The catch and release program only require you to submit a photo of the fish, along with some other simple requirements necessary to win a pin. Check it out on page 13 of your 2020 hunting and fishing abstracts. Joe Gareri recently



took a trip to Maine to do a little freshwater bass fishing, and was rewarded with a five pound, 11 ounce largemouth bass,

as shown in this week's picture. Nice fish!

Take A Kid Fishing & Keep Them Rods Bending!

How can you prepare for the "New Retirement?"

A generation or so ago, people didn't just retire from work - many of them also withdrew from a whole range of social and communal activities. But now, it's different: The large Baby Boom cohort, and no doubt future ones, are insisting on an active lifestyle and continued involvement in their communities and world. So, what should you know about this "new retirement?" And how can you prepare for it?

For starters, consider what it means to be a retiree today. The 2020 Edward Jones/Age Wave Four Pillars of the New Retirement study has identified these four interrelated, key ingredients, along with the connected statistics, for



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living well in the new retirement:

Health - While physical health may decline with age, emotional intelligence - the ability to use emotions in positive ways - actually improves, according to a well-known study from the University of California, among others. However, not surprisingly, retirees fear Alzheimer's and other types of dementia more than any physical ailment, including cancer or infectious diseases, according to the "Four

Pillars" study.

Family - Retirees get their greatest emotional nourishment from family relationships - and they'll do anything it takes to help support those family members, even if it means sacrificing their own financial security. Conversely, retirees lacking close connections with family and friends are at risk for all the negative consequences resulting from physical and social isolation.

Purpose - Nearly 90 percent of Americans feel that there should be more ways for retirees to use their talents and knowledge for the benefit of their communities and society at large. Retirees want to spend their time in useful, rewarding ways - and they're well

capable of doing so, given their decades of life experience. Retirees with a strong sense of purpose live happier, healthier lives and report a higher quality of life.

Finances - Retirees are less interested in accumulating more wealth than they are in having sufficient resources to achieve the freedom to live their lives as they choose. Yet, retirees frequently find that managing money in retirement can be even more challenging than saving for it. And the "unknowns" can be scary: Almost 70 percent of those who plan to retire in the next 10 years say they have no idea what their healthcare and long-term care costs will be in retirement.

So, if you're getting close to retirement, and

you're considering these factors, how can you best integrate them into a fulfilling, meaningful way of life? You'll want to take a "holistic" approach by asking yourself some key questions: What do you want to be able to do with your time and money? Are you building the resources necessary to enjoy the lifestyle you've envisioned? Are you prepared for the increasing costs of health care as you age? Have you taken the steps to maintain your financial independence, and avoid burdening your family, in case you need some type of long-term care? Have you created the estate plans necessary to leave the type of legacy you desire?

By addressing these and other issues, possibly with the help of a financial professional, you can

set yourself on the path toward the type of retirement that's not really a retirement at all - but rather a new, invigorating chapter of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com. Edward Jones Member SPIC

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TRAINOR

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in from the outer edges (forming an x with the other greens) for an attractive French braiding rope. Continue braiding until all bulbs are used.

To finish off your garlic rope, wind a length of twine or raffia around the greens close to the top bulb. Tie off and tie ends together to form a loop to hang the rope. Hang in a well ventilated, warm area to dry for two to three weeks. When dry, simply snip off desired bulbs. For long term storage, hang braid in a cool storage area or root cellar.

**
Pepper Wreath: Pick Perfect Peppers

Note: Before stringing hot peppers be sure to wear gloves to ensure safety while handling. Texas A & M University advises using waxed dental floss to string and dry hot peppers like jalapenos, as the strength of their oils can dissolve normal thread.

Wreath: To make a pepper wreath with slim peppers, you'll need to wash and dry a generous amount of fresh peppers. With a sharp knife, make two slits at the top of each pepper, under the cap. Using 12 gauge wires form a sturdy round circle (for larger wreaths double the wire or use a heavier gauge. To form circle, stretch wire over a bucket or clay flower pot. Make a loop at one end. Thread peppers onto the wire through the slits, pushing them together at different angles until the wreath is full and looks attractive. Make a hook at the end of the wire and hook onto the loop. Hang up to dry for about two weeks.

**
Swag: To string a swag of peppers, wash and dry thoroughly. Thread a heavy duty needle with fishing line or unflavored wax dental floss. Tie a knot at the end of the line and thread through the stem of the pepper, pushing peppers close together and off to each side as you form the swag. For decorative effect, alternate red and green peppers. Continue stringing until swag is desired size. Tie off and loop top and hang to dry.

**
Mock "Sun" Dried Tomatoes

What could be better than freshly picked tomatoes? How about enjoying the rich flavor of garden grown tomatoes throughout the year? Sun dried tomatoes offer a delicious way to preserve the unique tastes of the season.

The heat of an ordinary oven is a safe and reliable alternative to drying tomatoes in the sun. To make approximately

one pint of sun dried tomatoes, you'll need about five pounds garden ripe tomatoes, a sprinkling of herbs, salt, black pepper, sugar, and good quality olive oil for packing.

To do: Preheat oven to 200 degrees. Slice tomatoes about a half inch thick. If you slice them thinner, they will dry sooner, but for best results cut at least 1/3" thick to prevent hard, tough tomatoes. Lay tomatoes out in a single layer on a baking sheet lined with paper towels, sprinkle with salt and allow to set for up to an hour to draw out the natural juices. Drain moisture, discard paper towels and place tomatoes on a tinfoil lined baking sheet. Bake for several hours, turning over at least twice until tomatoes have shrunk and dried but are pliable (think raisins). Allow to cool on wire cake racks.

To pack sun dried tomatoes, mix together a good quality olive oil, black pepper, salt, a dash of sugar (optional), and add herbs of choice and garlic cloves to taste. Pack tomatoes in sterilized jars and cover with olive oil mixture. Store in the refrigerator or tomatoes can be frozen for longer storage.

References:
Colorado State University Extension; Cooperative Extension, The University of Georgia; Michigan Cooperative Extension Food Preservation

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Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90, Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

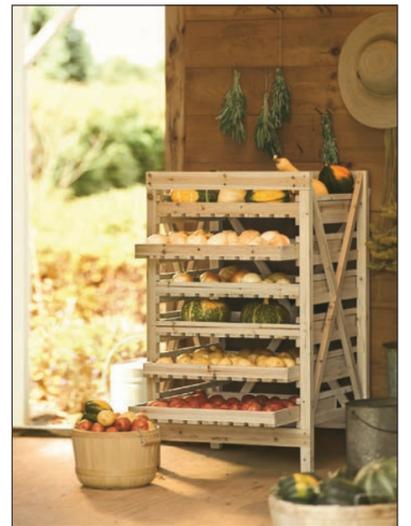
GARDENING

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while protecting plants from frosty conditions. Cover the plantings and anchor the fabric in place. Lift to harvest and enjoy several more weeks and even months of garden-fresh produce.

Select the storage and preservation methods that work best for your garden produce, growing location, and lifestyle. Once you enjoy homegrown produce in winter meals, you will start growing more produce to eat fresh, share and preserve.

Melinda Myers is the author of numerous gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardeners Supply for her expertise to write this article. Her Web site is www.MelindaMyers.com.



Courtesy — Gardener's Supply Company
Wooden orchard racks maximize storage space, while allowing air to reach each layer of produce.

Gianna Grici named to Montclair State University Dean's List

MONTCLAIR, N.J. — Gianna Grici of Auburn was named to Montclair State University's Spring 2020 Dean's List. Grici is a/n Dance major.

Grici excelled during an unprecedented semester-including a transition to online learning due to the COVID-19 pandemic. To qualify for the Dean's List, students must earn a GPA of 3.5 or higher.

Montclair State University is a research doctoral institution ranked in the top tier of national universities. Building on a distinguished history dating back to 1908, the University today has 11 colleges and schools that serve 21,000 undergraduate and graduate students with more than 300 doctoral, master's and baccalaureate programs. Situated on a beautiful, 252-acre suburban campus just 12 miles from New York City, Montclair State delivers the instructional and research resources of a large public university in a supportive, sophisticated and diverse academic environment.



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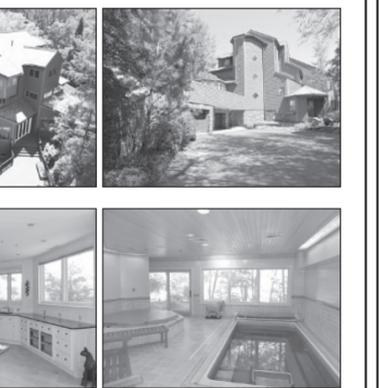
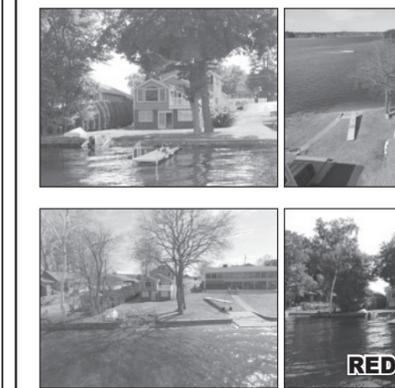


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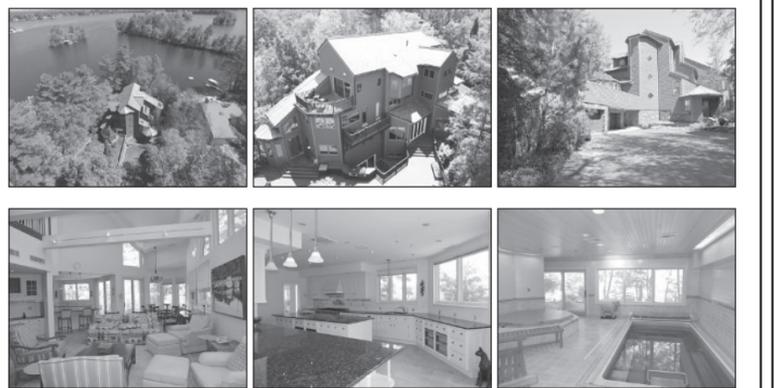
WEBSTER – 4 Jeffrey St! 5 Rm, 2 Bdrm, 2 Bath Ranch! 1/4 Acre Lot! Liv Rm w/Cathedrals & Bay Window! Eat-in Kit w/Is! Master w/Walk-in Closet & Full Bath! Hall Bath w/Laundry! Freshly Painted! In! Front & Rear Decks! Partially Fenced Yard! Oil Heat! Town Services! Garage! Lakeside Beach & Boat Ramp Near! **\$249,900.00**

WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond – Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo – Beautiful Sunsets! Near All the Excitement that "Indian Ranch" provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Countertops, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frplcd! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! **\$579,900.00**

GRAFTON – 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3 Acres! 4 Comfortable Bdrms & 2 Full Bthrms! Freshly Painted, Floors Recently Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**



WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$949,900.00**



WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrooms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplcd Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 1/2" of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! **\$2,499,900.00**



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THOMPSON - 452 FABYAN ROAD



Impressive Gambel Colonial! 2,343 SF, 3 BRs, 2-1/2 Baths, Main Level Master BR Suite! Private Master steam bath w/whirlpool tub & shower. A Serene Year-Round Gateway Destination or Full Time Country Home on 2.41+/- PRIVATE ACRES! cathedral wood ceilings & wide-board pine floors & a truly unique 2 story floor plan! Granite counter-tops, stainless appliances, gas cook-top & ceramic tile floors! 2 bed rooms & a full bath, cross the hallway to the right to a gigantic balcony room with interior balcony! Over-sized 3 car detached garage w/whirlpool, and a huge unfinished 2nd story room! TRULY A FAR-AWAY PLACE NEARBY!
\$398,500.

WEBSTER - 56 CUSHING ROAD



FIRST TIME OFFERED! Meticulously Cared for & Loved - 4 Bedroom / 2 Bath, 1963 Cape! Natural GAS Heat Town Services! Boiler - Just like New! Corner Lot. Garage! 2nd Flr - 2 Lg Bdrms! Bathroom, Hardwood Floors, This House is Ready for a New Family, is it YOU?? Call today, Don't Delay!
\$272,900.

WEBSTER - 195-199 THOMPSON RD



3 ACRE COMMERCIAL SITE! APPROX. 550 FT ROAD FRONTAGE ON STATE HIGHWAY RTE 193 A/K/A THOMPSON ROAD. STRATEGICALLY NESTLED BETWEEN TWO (2) I-395 (NORTH & SOUTH) ON-RAMPS & TWO (2) I-395 (NORTH & SOUTH) OFF-RAMPS! PROPERTY DIRECTLY ABUTS I-395! 48'x80' CONCRETE BLOCK BUILDING, 7,680 SF TOTAL! FULL LOWER LEVEL USE & DRIVE IN GARAGE DOOR! HIGH TRAFFIC - HIGH EXPOSURE! WHAT DO YOU HAVE PLANNED?!

OXFORD - 4 LEICESTER ST



LAND Great Opportunity for Developer! Total 8.47 +/- Acres. 6.54 Acres on Tract I, 1.93 Acres for Tract II. Excellent location for quick commuter access to several State Highways. Nice scenic nature views. Town water & Sewer in the street. Wetland Delineation.
\$89,900.

WEBSTER - 36 PARK AVENUE



SORRY, SOLD!
Well cared for Colonial on Park Avenue! Hardwoods! Formal dining room, eat in kitchen, 3 bedrooms! Hollywood Bath. 1-1/2 baths total. deck! Garage! Freshly Painted!
\$264,900.

DUDLEY - G & S DRIVE



SORRY, SOLD!
Great location! Painted and ready to move in! Hardwood floors! Brick fireplace & cathedral ceiling! Open floor plan! rear covered porch. 2 large bedrooms. 1 & 1/2 baths! Recent roof in Yr. 2019.
assisted sale **\$260,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Potential for a 2 family to be built! Town Water, Sewer. **SORRY SOLD \$70,000.**
Webster - 85 Upper Gore w/View of the Lake, 1+ acre! Much work done! Artesian well, Septic Design & Conservation. **NEW PRICE \$115,000**
Webster - Cooper Rd 2 Buildable Lots! Water/Sewer Access, Zoned Lake Residential! **\$49,000. ON DEPOSIT**
Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**
Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Possible to be subdivided. **NEW PRICE \$89,900**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 28 BLACK POINT RD



BOATER'S & FISHERMAN'S PARADISE!
2019 custom cape! Nnew 28 ft poly dock on a 4ft plus deep channel in quiet lower cedar cove" move to end after central AC! The benefits of Lake Living! Enjoy Sunrise Lake Views from an Expansive Back Deck & Sunset Views from your Farmer's Porch. Open Floor Plan, Cathedral Ceilings, Stone Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Area w/Built In Beverage Nook, Vaulted Loft, Formal Dining, Office, Laundry Room, Oversized 2 Car Garage & 2 BRs with 1 Full Bath. 2nd FL Features, Very Private Master BR Suite, Lg Walk-in Closet, Full Bath w/ double vanity, Private W/C, large Walk-in Tile Shower! 1,500 SF+ Basement for FUTURE ENTERTAINMENT or Possible IN-LAW AREA w/ INSIDE & OUTSIDE ACCESS. Rough Plumbed for Full Bath and Kit.. Central A/C! Check out our Video Too!
NEW PRICE \$625,000.

WEBSTER LAKE - 100 LAKESIDE AVE



ON DEPOSIT
All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplace living room, gourmet kitchen, lake facing dining, formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplace lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing Is Everything \$1,075,000.**

LAKE SHIRLEY - 647 RESERVOIR RD



SORRY, SOLD!
Laketfront! Lake Shirley! Modern Flare on a Lakfront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chek kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown molding & hardwood floors throughout, wired sound system, radiant floors, oversize 2 car garage. Additional Guest House!
assisted sale **\$859,000.**



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2 Great Properties

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DELAYED BY SURVEYING & PROBATE – NOW IN PROGRESS WITH NEW LOT LINES

Dudley: 2 bedroom, living-room, kitchen, small den
 11 Paglione Dr - \$129,900

Dudley: Privacy, in-ground pool 3-4 bedroom, town services
 11A Paglione Dr - \$253,500

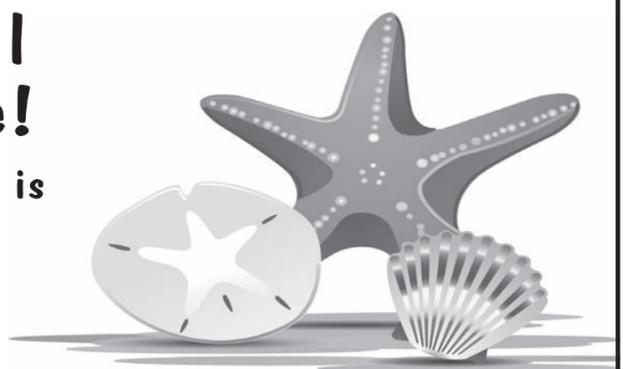
Webster: Mobile home totally renovated! New floors, ceiling, kitchen, bath, electric, windows.
 8 Holly Ln - \$78,500

DUDLEY RENTAL
 1/2 Duplex,
 2-3 bedrooms,
 2.5 baths, gas heat,
 available immediately!
 email JoannSzymczak@gmail.com to view

DUDLEY!
 Possible 55+ Development
 22 Units, Water/Sewer.
 Prime Location!
 Let's meet and discuss details.

Welcome to our 2nd Annual ABC's of Summer Scramble!

The Winner of a random drawing of all entries is Julie Caron of West Brookfield
 Thank you to all who entered our Scramble Contest and to all of our ABC Businesses.
 Hope you will join us again in the Fall!



ABC'S OF SUMMER SCRAMBLE ANSWERS

(These are not in alphabetical order)

- | | |
|---|--|
| 1. NSHASEE SALNO
Sheenas Salon | 14. AOGAUBQ LEIAITTAINHOBR
Quaboag Rehabilitation |
| 2. UROY CDB EORST
Your CBD Store | 15. IYOTCVR SERTGOA
Victory Storage |
| 3. INHIGSG EERYNG RVNEALTTIEA
Higgins Energy Alternative | 16. DGBUXREI OEHDOPCTSR
Uxbridge Orthopedics |
| 4. WHIRDCKA MSRAREF
Hardwick Farmers | 17. DTVICNEAHRZ ALRE STEETA
Vanderzicht Real Estate |
| 5. KIAEAML ADN NJUE
Mikaela and June | 18. GRYSA TRETSUG
Garys Gutters |
| 6. EMRIROC EELSWJER
Cormier Jewelers | 19. LCLIHA ETRI NDA AUTO
Cahill Tire and Auto |
| 7. EBNS KALETC HKSCA
Bens Tackle Shack | 20. SODOYW TUAO YDOB
Woodys Auto Body |
| 8. BAIETCN OTEPD
Cabinet Depot | 21. RNOAIRDD OEEKFE EASH
Dorrinda Okeefe Shea |
| 9. LOXAMUERU DROF
Lamoureux Ford | 22. IFVE VLAEO5
Five Leaves |
| 10. EATACURC TPSE CLTOONR
Accurate Pest Control | 23. ASLN TNPAI TNEREC NALS
Paint Center |
| 11. REPIOEN EALLYV LOI / RMANCIEA TSNUCROID OIL
Pioneer Valley Oil / American Discount Oil | 24. ADEVS LCAEANPSPI
Daves Appliances |
| 12. IASL CANRO TEXI RLEA SEAETT
Lisa Caron Exit Real Estate | 25. 'FLESDEE FEFCOE PSOHEP
Fedele's Coffee Shoppe |
| 13. BE STAFFL
EB Flatts | 26. TEH MIVGON ERWC
The Moving Crew |

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APARTMENT FOR RENT

Spencer 2nd Floor, 2 bedroom, appliances, W/D hookup, gas heat, off street parking, trash removal, off street parking.

Good rental history, First/Security required. Available September 1st. \$950/mo.

Call 508-579-1778

ROOM FOR RENT

Quiet room House on Quaboag Lake, Brookfield \$65/wk includes everything.

Pets ok. Full kitchen, heat, hot water, room w/ A/C

No contract needed
Call 413-284-7874

ITEMS REDUCED FOR QUICK SALE!

- BEAUTIFUL PASTEL COUCH: \$175.00 NOW: \$100.00
- LARGE BEIGE COFFEE TABLE: \$75.00 NOW: \$50.00
- LARGE PICTURE / MATCHES COUCH: \$59.00 NOW: \$25.00

- WORLD BOOK ENCYCLOPEDIA SET: \$75.00 NOW: \$50.00
- FINE CHINA: 12 PIECE SETTING / MIKASA BRINDISI 5854 (BLACK & WHITE): \$165.00 NOW: \$150.00

- CROSS COUNTRY SKIES: TRAK CONTACT BOOT TRAK & POLLS (CS120-39) \$25.00 NOW: \$15.00
- WOMAN / GIRLS BIKE: ROYCE UNION ANNO 1904 (12 SPEED) \$100.00 NOW: \$75.00

- CROQUET SET: WOODEN / 6 PLAYER SET WITH RACK-STAND: \$35.00 NOW: \$20.00
- STORM DOOR WHITE (HARVEY) 3 1/2 INCHES X 79: \$75.00 NOW: \$50.00

CALL: 508-764-7644

Trailer For Sale

with enclosed porch located at Indian Ranch, Webster, site G13. Completely furnished. All appliances included and extras. Refrigerator, over/under wash/dry, A/C, Heat. View at www.indianranch.com.

Contact Arthur or Sage 508-892-4576.

WAR RELICS & WAR SOUVENIRS WANTED:

WWII & EARLIER CASH WAITING! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Rags, Uniforms, etc. Over 40 years' experience. Call David (508) 688-0847. I'LL COME TO YOU!

ARTICLES FOR SALE

Brand new 6ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850 call 508-909-6070

010 FOR SALE

Brand new 6ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850 call 508-909-6070

Car or Truck Sunroof \$100

Rollup School Map \$50

Many Chairs \$25 each.

Electric Fireplace \$140

2 Antique Printing Presses Manufacturing 1885- \$1500 each. Call: 508-764-4458

CANON CAMERA AE-1 MANUAL With Lens and Flash 52 mm UV 35 mm 52 mm Zoom II 62 mm UV model 202 35-70 mm 1007773 Asking \$150.00 OR BEST OFFER 1-774-230-7555

ITEM FOR SALE: Antique Dark Wood 5 Drawer Bureau size 34inch. long 19wide by 48 High \$95 Pictures of items available by email at: rec142142@gmail.com 508-434-0630

Light Equipment Operator (LEO):

Town of Spencer seeks applicants to fill the Light Equipment Operator position in the Highway Department. This position is responsible for the operation of light equipment, snowplows, motorized and non-motorized hand tools. The work involves repair and maintenance of highway infrastructure including but not limited to roads, sidewalks, stormwater systems and street signs, vegetation control, snow plowing and sanding, maintenance of parks, cemeteries, and grounds. This highly responsible position is subject to emergency call-ins to respond to emergencies. High School diploma or GED plus a Mass CDL Class B are required, additional license and certifications beneficial. The willingness to be trained and increase skills and licensing is required to succeed in this position. Pay for this position ranges from \$20.95/hr. to \$25.03/hr. and includes a generous benefits package including clothing allowance, continuing education, and license cost reimbursement.

Submit resume and standard Town application available at www.spencerma.gov to Town of Spencer, Town Administrator's Office, 157 Main Street, Spencer MA 01562.

Subject to Union Rules and Regulation, EEO Employer.

FOSTER PARENTS WANTED:

Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support Generous Reimbursement, \$1000 Sign-On Bonus. Call For Details.

Devereux Therapeutic Foster Care. (508)829-6769



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010 FOR SALE

QUALITY bicycles, pictures, crystal wine glasses, porcelain dolls, figurines, lawn mowers, bookcases and girls toys for sale. CALL: 860-204-6264

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Model 385-1C/385LH Used Once Best Offer

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Models 72085, 72285, 72295 Used Twice Best Offer CALL (508)765-5763 TO SEE COME TO 22 TAFT ST. 2ND FLR SOUTHBRIDGE, MA

VERMONT CASTINGS WOOD STOVE

Black enamel model vigilant Great condition. CALL: 508-943-5352

100 GENERAL

107 MISC. FREE

Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

130 YARD SALES

YARD SALE: there will be a yard sale of a different kind from 9am-3pm. Saturday August, 22 at 385 Morris St. in Southbridge. This yard sale will feature only rebuilt lawnmowers. Stopby early before they are all gone.

DRIVER WANTED

with own car to accompany older person on shopping trips in Southbridge. Must be polite and caring. Well compensated.

Call 860-974-0028



HELP WANTED

for outside home maintenance such as gardening and lawn care in the Woodstock area.

Please call 860-974-0028

200 GEN. BUSINESS

205 BOATS

MIRROCRAFT 12 FOOT"V" BOTTOM. MINNKOTA MAXXUM 40 POUND THRUST, VARIABLE DRIVE, VERY LOW HOURS. 3 SEATS WITH PEDESTALS .OARS, ANCHOR, TRAILER, SPARE TIRE . ALL VERY GOOD CONDITION. \$1500.00. CALL 508-987-0386 LEAVE MESSAGE.

284 Lost & Found PETS

Did you find your pet? Or find a home for one?



LET US KNOW!!! Please call us so that we can take your ad out of the paper... Town-To-Town Classifieds 508-909-4111

400 SERVICES

442 LICENSED DAY CARE

The Commonwealth of Massachusetts Office of Child Care Services requires that all ads placed in the newspaper for child care (daycare) in your home include your license number



COOKS

Full & Part-Time Valley View School is seeking to fill 2 cook positions.

- Food prep
- Scratch cooking and baking
- Use of stovetop, ovens, flat top, and grill
- Kitchen maintenance and preparation of food in a sanitary manner
- ServeSafe or ability to complete certification
- Time management and ability to work independently

Valley View School is a small, residential boarding school. Meals include breakfast, lunch, and dinner.

Schedule includes weekdays and weekend shifts.

If you enjoy cooking nutritious and tasty meals and want to make a difference in the lives of students in a small, friendly setting, please contact Kim Beatson at k.beatson@valleyviewschool.org

Mechanic / Heavy Equipment Operator (HEO):

The Town of Spencer seeks qualified applicants to fill the HEO/ Mechanic position in the Highway Department. This position is responsible for the repair, retrofit and service of Highway Equipment and Vehicles, including welding and fabricating steel components. The position also is responsible for operating of heavy and light equipment, plowing and salting, repairing and maintaining stormwater systems, repairing streets and sidewalks, debris removal and other tasks assigned by the Foreman or Superintendent. The position is expected to perform skilled labor duties, be able to lead the repair activities and be the OSHA Competent Person on site. This highly responsible position is subject to emergency call-ins to respond to emergencies. High School diploma or GED, plus five years of related experience in operating heavy equipment, a Mass CDL Class B, and Hoisting 2A are required, additional license and certifications beneficial. Base pay for this position ranges from \$23.12 to \$28.49 and includes a generous benefits package, including clothing allowance, continuing education, and license cost reimbursement.

Submit resume and standard Town application (available at www.spencerma.gov) to Town of Spencer, Town Administrator's Office, 157 Main Street, Spencer MA 01562. Subject to Union Rules and Regulation, EEO Employer.

HELP WANTED

Looking for skilled workers in a small company that is in the energy savings field. Drivers license preferred. Pay depends on how hard you try and produce, and how much you are willing to learn... sealing and protecting houses to help people save money and live in a healthier, energy efficient home.

Call 508-885-3753 and ask for Joe or Aj

Send resumes to Aj@joeytetreault.com

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VEHICALS FOR SALE 1999 F150 118k miles. 4x4 single cab stepside capt. chairs Loaded Red with Cap \$4,000. 2002 Chevy Silverado 2500 HD black long bed loaded with plow. Low milage. 67 thousand. \$7500. Would consider partial trade. Call Mike 508-752-7474.

750 CAMPERS/ TRAILERS

2008 TRAILER FOR SALE load rite 2 place ATV Trailer. New tires. Asking \$1,000 or best offer. CONTACT 508-248-3707 and leave a message.



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LALIBERTE
continued from page A1

am positive she will engage staff in the provision of safe, and high-quality health care.”
Laliberte graduated with the PN Class of 2019 where she received her certifications in Dementia Care, Mental Health First Aid, Infusion Therapy/Central Line Care, and SafeTALK.”
Additional experience includes Leader/Volunteer at Paxton Senior Health Fair, volunteer

at the Charlton Senior Center Blood Pressure Clinic, and attendance to the “Innovation Summit” at Northeastern University in Boston. Laliberte was a competitor for District SkillsUSA representing the Bay Path Practical Nursing Academy for the Medical Terminology category. Most recently, she assisted the PN Class of 2020 as a volunteer assistant at Simulation Laboratory. She worked directly with practical nursing students practicing skills and many students expressed their appreciation for Laliberte’s inspirational ways.

FARM
continued from page A1

This farm gives back in many ways; helping our inmates with the dignity of work while acquiring the skills and patience of farming all while knowing they are helping so many folks in need in our community,” Evangelidis continued.
“Last year, our farm fed both our inmate population and over thirty thousand pounds of fresh produce was donated to help feed the hungry. So far this growing season mother nature has been very kind and we are on track for an even more bountiful harvest,” said Evangelidis.

WALK
continued from page A1

established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute’s lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children’s Charity of New England. Since 1948, the generosity of millions of peo-

ple has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.
About Dana-Farber Cancer Institute
Dana-Farber Cancer Institute is one of the world’s leading centers of cancer research and treatment. Dana-Farber’s mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. We provide the latest treatments in cancer for adults through Dana-

Farber/Brigham and Women’s Cancer Center and for children through Dana-Farber/Boston Children’s Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 10 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care.
As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.

RESTRICTIONS
continued from page A1

and everyone continues to sacrifice to deal with this virus,” Baker said. “But we have to continue working hard to keep this virus out of our communities as we head into the fall.”
The Baker Administration also announced that, starting last week, additional town-by-town data will be published weekly to better illustrate the spread of COVID-19 at the community level.
Also, free COVID-19 testing sites in 17 communities have been extended through Sept. 12. Locations include Agawam, Brockton, Chelsea, Everett, Fall River, Framingham, Lawrence, Lowell, Lynn, Marlborough, Methuen, New Bedford, Randolph, Revere, Springfield, Taunton, and Worcester.
Restaurant rules have also been updated as part of the Governor’s latest guidance. Effective Aug. 11, alcoholic beverages may only be served for on-site consumption if accompanied by orders for food prepared on-site.
State officials will also be stepping up enforcement to ensure compliance.
“The administration will be taking measures to ensure that bars masquerading as restaurants will be closed,” read a statement released by the

Baker Administration. “Public safety officials, including state and local law enforcement, have the jurisdiction to enforce these orders. Event hosts in violation of these orders will be subject to fines or cease-and-desist orders.”
In addition to utilizing police resources, the Baker Administration has assembled a COVID Enforcement and Intervention Team that will be responsible for ensuring compliance. Members will receive and review complaints against businesses that aren’t following state regulations.
The COVID Enforcement and Intervention Team includes members of the Executive Office of Public Safety and Security; the Massachusetts Emergency Management Agency; the State Police; the Department of Labor Standards; the Division of Professional Licensure; the Department of Public Health; and the Alcoholic Beverages Control Commission (ABCC), among several others.
The intervention team will work closely with the ABCC and local licensing boards to identify and fine noncompliant restaurants. The suspension or revocation of liquor licenses is also possible for businesses that do not comply with safety regulations.
For more information about the Governor’s latest regulations, visit www.mass.gov.

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