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Friday, January 26, 2018

## Selectmen seek better communication during outages

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON — With New England experiencing its first rush of winter storms of the season the timing seemed very appropriate for the Board of Selectmen in Charlton to host a visit from Kevin Shaughnessy, a representative from National Grid, who gave an update on the company's emergency responses on Dec. 19.

Selectmen took the opportunity to discuss communication concerns with Shaughnessy in the wake of power outages that left at least one member of the board at a loss when looking for answers to issues.

Selectman David Singer said he found himself in the middle of an outage and said he had to put in extensive effort to track down details on the situation and response times despite being a member of the town's highest elected

board.

"We just had an issue in Charlton where we had multiple outages due to ice on lines and whatnot, and I know that I had to try to reach out to the town administrator and I got stuck waiting in the queue to know what was going on, and then I found out from (Town Administrator Robin Craver) that she got the updates, but they were updates for the wrong locations," Singer said.

"Power was restored, but all to one location and no one knew there were other locations out. We weren't getting communication about other locations in town and whether they were restored or not."

Singer's comments came on the heels of Shaughnessy revealing the region has experienced numerous "tier two" storms following Hurricane Irene, each

Turn To **OUTAGES**, page **A5**



## 'Go Red' Day to be celebrated with education, health screenings

Harrington will celebrate the American Heart Association Go Red for Women Day on Monday, Feb. 5 by providing education and health screenings at three campus locations.

Heart disease is the number one killer of women, killing more women than all forms of cancer combined. Members of Harrington's Education and Community Outreach team will be on hand in Southbridge, Charlton and Webster to provide hands-only CPR demonstrations, educational material and Go Red Dress pin sales for \$1 each, among other activities.

The public is invited to stop by any of the three locations on Feb. 5 to learn

Turn To **GO RED**, page **A4**

## Officers granted right to enforce Tree House traffic sign

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON — At the request of the Tree House Brewing Company, selectmen have granted authority to the Charlton Police Department to enforce a traffic sign on the private property of the popular local venue.

Tree House has been a part of extensive discussions over the past year or so in regard to ongoing traffic concerns along Route 20. The town has worked closely with the owners of the brewery to help find a solution to the issue stemming from their venue, and the hope is that allowing for a traffic sign located at the property's exit to be enforced by police will deter patrons from interrupting traffic negatively going forward.

The sign is a right turn only designation at 129 Southbridge Road at the top of the venue's driveway. Under Massachusetts General Law police can't enforce the sign without permission from selectmen, and the property owners, as it's on private property.

On Tuesday, Jan. 16 selectmen grant-

ed police that right with Tree House Brewing Company manager Kimberly Golinski telling officials she believes the move will work toward the best interests of the both the business and the town.

"There's not much we can do at the top of the driveway with the traffic flow, so one of the requests was to make that sign enforceable which makes our police department able to actually ticket people," Golinski said.

"We've done a lot of things. We've put cones at the top of the driveway to try to make people turn right."

Town Administrator Robin Craver commended Tree House Brewing Company for being "cooperative" with the issues raised recently regarding traffic concerns. She said she felt it would be a step in the right direction to allow police to enforce the sign and selectmen agreed unanimously. She also noted the town did not approach Tree House to make this change. The company approached the

Turn To **TREE HOUSE**, page **A4**

## Frost surpasses 6,000 consecutive roll call votes in 21st year

BOSTON — State Representative Paul K. Frost (R-Auburn) has maintained a perfect voting record through the first half of the 2017-18 legislative session, participating in all 305 roll call votes cast in the House of Representatives in 2017. Frost, currently serving in his 11th term, has not missed a single vote since taking office in 1997. The Auburn Republican, appointed as an Assistant Minority Leader Whip in 2015, has extended his total consecutive roll call votes to 6,171; one of the longest streaks of active House members and second only to House Minority Leader Brad Jones.

Frost cast votes on a number of prominent legislative actions signed into law over the past year, including the Pregnant Workers Fairness Act, which requires employers to provide reasonable workplace accommodations for expectant and nursing mothers. He backed the efforts to reimburse cities and towns for the costs associated with implementing the state's early voting law during the November 2016 election cycle, and supported the proposal to double the one-time survivor

Turn To **FROST**, page **A4**

## Tri-Y receives funding from United Way

SOUTHBRIDGE — The United Way of Southbridge, Sturbridge and Charlton (UWSSC) awarded an \$85,000 grant in 2017 to the Tri-Community YMCA, 43 Everett St. in Southbridge.

Each year, the United Way allocates funds to the Tri-Community, which help support our Y-Cares memberships, summer day camps, teen activities, aquatics education, active older adults programs, early childhood education, LiveSTRONG (helping cancer

survivors regain healthy living and strength), and strengthening families programs and activities.

The YMCA believes that everyone deserves the opportunity to discover who they are and what they can achieve.

The UWSSC funds will support the Tri-Community YMCA's more than 20,000 youth, adults and families with programs that cultivate values, skills and relationships that lead to positive

behaviors, better health and educational achievement.

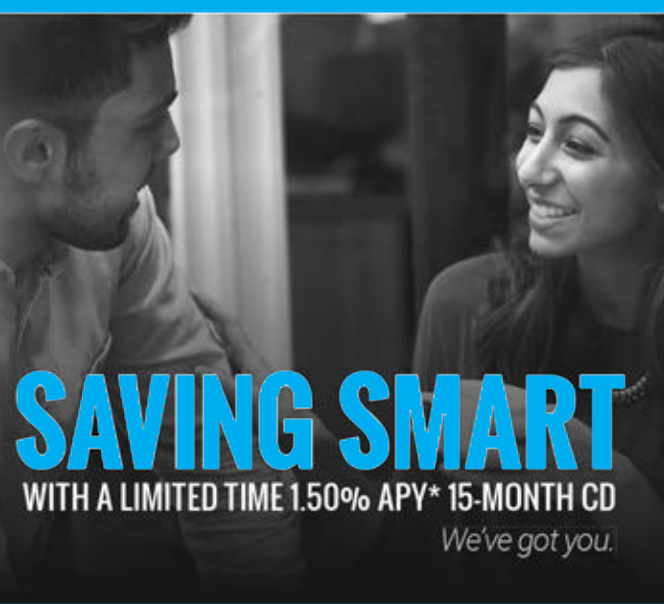
"United Way donors can be confident that the YMCA programs promote youth development, healthy living and social responsibility within our communities. As a non-profit, we're dedicated to nurturing the potential of every child, teen and adult, improving the nation's health and well-being, and giving back and providing support to our neighbors," said YMCA Executive

Director Glenn Juchno.

The donated funds also benefit the YMCA's Y-Cares program, which provides financial assistance for those who would like to participate in YMCA membership and/or program activities, but may not be able to afford it.

For more information and the YMCA and their programs, visit [www.tricomunityymca.org](http://www.tricomunityymca.org) or call (508) 765-5466.

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**TURKEY BUFFET**

St. Stainslaw Society of St. Paul II Parish will host a Public House Night Monday, Jan. 29 featuring a benefit for Trinity Catholic Academy with an all you can eat turkey feast buffet. First seating 4:30-6:15 p.m., second seating 6:30-7:30 p.m. Casual dining, open seating, no reservations, but recommended advance tickets purchased. Call Ted at (508) 764-7909 or Curt at (508) 347-5067. Also available that night at Paige Hall, 279 Hamilton St., Southbridge. Adults: \$14, Children 4-12: \$5.

**SCHOLARSHIP INFO**

The Charlton Cultural Council \$300 scholarship to a high school senior intending to pursue an education in the arts is now open to Bay Path, Shepherd Hill private- and home-school students.

Applications are available at the Bay Path and Shepherd Hill guidance offices and on the town of Charlton website. With the completed application, a student must submit evidence of participation in extra-curricular activities and/or community activities relating to the arts. The applicant must also submit letters of reference from two different instructors who are familiar with his or her work.

A completed application must be submitted to the student's high school guidance office. Private and home-school students must send or drop off a completed application addressed to the Charlton Cultural Council, Charlton Town Hall, 37 Main St., Charlton 01507.

The deadline for all applications is Friday, March 2.

**ICE FISHING DAY!**

Ice Fishing Day, Saturday, Feb. 17, 10 a.m.-1 p.m. at Augutteback Pond, Hodges Village Dam, 30 Howarth Road, Oxford. Instructors will be available and free use of gear (limited quantity) will be provided. No license is needed and all ages are welcome — bring the whole family! For further information, call (508) 248-2247.

**DURANT OFFICE HOURS**

State Representative Peter Durant will be holding office hours throughout his district each month. Constituents and town officials are invited to express any concerns, issues, or ideas they have. Walk-in's are always welcome. To schedule an individual appointment, please contact Ann Gaudreau,

chief of staff for Rep. Durant at Ann.Gaudreau@MAhouse.gov or (617) 722-2060 ext. 8563. Local office hours schedule, all on Monday, Feb. 5: Spencer Town Hall: 9-10 a.m.; Charlton Town Hall: 11 a.m.-noon; Southbridge Town Hall: 1-2 p.m.; and Dudley Town Hall: 3-4 p.m.

**STUDENT ACHIEVEMENT**

**FAIRFIELD, CT** — The following Fairfield University student(s), Darian Jonnah Kenneway and Christopher Scott Merrill both of Charlton, received Undergraduate Dean's List Honors for the Fall 2017 semester. In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50 or better.

**BRISTOL, RI** — Alexandra Bombard, Daniela O'Regan and Rachael Schulman of Charlton have been named to the Fall 2017 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

**BOSTON** — Michelle Gaudet of Charlton has been named to Emerson College's Dean's List for the Fall 2017 semester. The requirement to make the Dean's List is a grade point average of 3.7 or higher.

**WELLESLEY HILLS** — The Massachusetts Bay Community College is pleased to announce its 2017 Fall Semester Dean's List. It includes Robert Doyle of Charlton. Full-time students who have earned a 3.50 or higher grade point average (GPA) are included and acknowledged on the Dean's List.

**EASTON** — John Fields, Class of 2021, from Charlton and a graduate of Saint John's High School, has been named to the Fall 2017 Dean's List at Stonehill College. To qualify for the Dean's List, students must have a semester grade point average of 3.50 or better and must have completed successfully all courses for which they were registered.

**MANCHESTER, NH** — It is with great pleasure that Southern New Hampshire University congratulates Morgan Mitchell and Ryan Stanard both of Charlton on being named to the fall 2017 President's List. Eligibility for the President's List requires that a student accumulate an academic grade point average (GPA) of 3.7-4.0 and earn 12 credits for the semester.

**CONWAY, SC** — Tessa Wise, of Charlton, a marine science major, has made the President's List at Coastal Carolina University for the Fall 2017 semester. To qualify for the President's List for high academic achievement, students must earn a 4.0 grade point average and must be enrolled full time.

**WESTFIELD** — Marc D. Widing Jr. of Charlton, has been named to the Westfield State University Dean's List for the Fall 2017 semester. Inclusion on the Dean's List requires that a student maintain a GPA of 3.3 or above. Marc is majoring in criminal justice and is a 2017 graduate of Shepherd Hill Regional High School.

**RAILROADERS EVENT**

On Sunday, Feb. 25, Worcester Model Railroaders, Inc. annual show & sale, 10 a.m. to 3:30 p.m. at the Auburn Elks Club, 754 Southbridge St., Auburn. Admission: \$5, children under 12 free. The event includes many dealers selling model railroad equipment, a 20'x30' modular layout operated by the Amherst Beltrines group, a 4'x8' raffle layout as well as a no cost hourly raffle using your admission ticket. Admission also includes an open house at our club in Webster. Lots of fun and information for all ages. Info: Ralph Kimball, (508) 868-5189 or ralphkimball@charter.net, or visit the website at www.wmrr.org.

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# The road to citizenship through informed eyes



Kevin Flanders photo.

Mehlaqa Samdani, left, and Helena Paez discuss their paths to citizenship during a recent presentation on immigration struggles.

BY KEVIN FLANDERS  
NEWS STAFF WRITER

BROOKFIELD — In an event that drew guests from throughout the area, a pair of immigrants visited town last week to discuss the struggles and triumphs of their paths to citizenship.

Mehlaqa Samdani and Helena Paez shared their personal stories, as well as those of loved ones, in a program sponsored by Brookfield Indivisible. Taking place Jan. 14 at the Brookfield Inn, the program gave residents informative and fascinating insights on what it's like to become a citizen.

The event also dispelled many myths about immigration policies and "Dreamers" — young people brought to the United States as part of the Deferred Action for Childhood Arrivals (DACA) program.

"It's important to hear these stories to understand immigration as a human issue," said Regina Edmonds, of Warren, the Brookfield Indivisible vice-chair and a program organizer. "We need to shed the stereotypes and consider the obstacles people with undocumented or uncertain statuses — and even some legal residents — are facing right now."

Samdani, a native of Pakistan, is

the founder and executive director of Critical Connections, a nonprofit organization based in Longmeadow that seeks to improve understanding of social, political and religious trends related to Muslim communities in the U.S. and abroad. She also serves as an associate at the Karuna Center for Peacebuilding in Amherst, and she has worked with several organizations to promote peace initiatives between India and Pakistan.

"Now that I am a citizen, I feel determined to continue advancing education so people can understand the issues," said Samdani, whose writings have been published in newspapers and journals throughout the world.

Paez came to the U.S. from Bogota, Colombia, over 20 years ago. After achieving U.S. citizenship, she was able to sponsor her mother and is in the process of trying to secure permanent status for her partner and her partner's children. She teaches foreign languages at Tantasqua Regional High School.

For Samdani and Paez, it's important to promote education and show people ways they can advocate for fair and compassionate treatment of immigrants. At a time of heightened national divisiveness over immigration, the

speakers strive to remind audiences that the U.S. was built by immigrants from throughout the world.

Yet the path to citizenship for many immigrants has been — and continues to be — a long and arduous road toward the American Dream. Many are subjected to racism or have difficulty securing jobs after becoming citizens, while others struggle at school or work as they learn a new language and adjust to life in a new country.

For Samdani, education is the best way for society to overcome racism and intolerance. She's dealt with racism personally, and she has met countless other immigrants who have faced it.

"Anti-Muslim sentiment at that time was high," Samdani said of her path to citizenship. "For the first time, I felt afraid for the future of my kids and what they would have to deal with. I felt a responsibility to advance education about these issues."

The event also provided guests with information on ways they can get involved, including joining advocacy groups or reaching out to elected officials in support of immigrants' rights.

Several Brookfield Indivisible members gathered last February to bring local communities together to find creative solutions to issues dividing our towns and nation. Among the many issues they discussed was the fear experienced by immigrants and refugees in the current political climate.

"Not only were immigrants and refugees fearful themselves, but so much of what was coming from D.C. was also stirring up fear among all of us regarding immigrants," Edmonds told the New Leader. "It was for that reason that we at Brookfield Indivisible decided it was crucially important to bring to our communities a fuller understanding of the immigration process, who immigrants actually are, and the enormous contributions they make to our nation."

Brookfield Indivisible, a grassroots organization, also focuses on such issues as healthcare, elections and voting rights, the environment, and income inequality. Founding members live in the Brookfields, Spencer, Sturbridge and Warren, and membership is open to residents of all area towns. Additional presentations will be announced as they are scheduled.

For more information about the organization, visit [www.brookfieldindivisible.com](http://www.brookfieldindivisible.com).

## Young artists quack themselves up over duck stamps



Kevin Flanders photo.

Wyatt Flannery, age 9, of Wales, shows off his duck stamp creation during an event in Wales last Saturday.

BY KEVIN FLANDERS  
NEWS STAFF WRITER

WALES — With help from a local artist last weekend, area youngsters learned how to master the craft of creating duck stamps.

On Jan. 20, Holland artist Marcia Beal visited Norcross Wildlife Sanctuary to teach kids in grades 3-12 about the fun and creative process of making duck stamps. The artwork takes about an hour to complete, and all you need to get the job done is a few supplies and a lot of imagination, kids learned at the free event.

The program also served as an important educational opportunity and a chance for kids to make new friends from other schools.

"These stamps can teach kids so much about their environment and the migration of ducks. It's always a lot of fun for the kids," said Beal, who ran similar programs at Brimfield's Hitchcock Free Academy and Charlton's Capen Hill Nature

Sanctuary.

Since 1938, the Federal Migratory Bird Hunting and Conservation Stamp — commonly known as the "Duck Stamp" — has been required of anyone hunting ducks or geese. All hunters can purchase a duck stamp, and the funds generated from these sales have helped restore and improve vital wetlands.

The stamps have also become collectors' items over the years, and local kids were eager to learn about them and get started on their art projects. Each participant is now enrolled in the Junior Duck Stamp Program (JDS) art contest, which was launched in 1991 by the U.S. Fish and Wildlife Service with the aim of increasing young people's awareness of the importance of preserving wetland habitats.

In 1992, the first ever Junior Duck Stamp was printed, and the funds were used to provide awards, incentives, and scholarships to participating students, teachers, and schools. Since then, students each year have taken part in the art contest by submitting their creations. In Massachusetts, the art is judged in four age group categories in a statewide competition, and the entry judged Best of Show moves on to represent Massachusetts in the national JDS competition.

For kids like 9-year-old Wyatt Flannery, of Wales, who attended the Jan. 20 event at Norcross Wildlife Sanctuary, it's now time to have his submission postmarked and sent off to the judges. Flannery had a fun time learning a new activity while taking home some knowledge about ducks and their habitats.

Beal, meanwhile, is hoping to see the program expand locally in future years, with kids from several surrounding towns getting involved. The program is designed to teach students about wetland habitats and waterfowl conservation methods, which aren't often covered in school. Moreover, the non-traditional pairing of art and science generates new interest in STEAM opportunities for students of all ages, program leaders said.

"We want to see it grow and have more kids get the opportunity to take part," Beal added.

Participants in the Jan. 20 event also received a free pizza lunch courtesy of the Norcross Wildlife Sanctuary staff.



### ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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# How do I get my offer accepted?



REALTOR'S REPORT

JAMES BLACK

I know I have written about this subject before and that is because the market every month continues to get more positive in Real Estate. The days to offer keeps decreasing and the price increasing in most areas. If you want to get your offer accepted in this competitive environment then you have to get creative. You need to ensure that your offer stands out from all of the other offers. Here are some

ways to have your offer win over the others  
 Higher Earnest Money – This will show you are more serious. Instead of giving a \$500 or \$1000 deposit with the offer you can give a \$5000 or \$10000 deposit. Then instead of putting 3-5% down when the Purchase and Sale agreement is signed you could put 10% down.  
 Write a letter – Write a letter to the owners about how much you love their home to add a personal touch to the transaction.  
 Agent call the other agent – Many times I will see agents will email an offer without ever calling me to tell me the offer was sent or discuss the

offer with me. This gives the agent and the seller a better feeling  
 Lender call the other agent – I know some loan officers will actually call the listing agent on the home to let them know why you are a good buyer for the home and answer questions on their pre-qualification process. This gives that agent and seller a good feeling that they will keep things on track with the sale timeline  
 Give the seller what they want – Make sure you agent finds out what is important to the seller about the offer. It may be that the sellers needs the transaction to close as quick as possible or they may want a flexible timeline. They may be afraid to have a home

inspection and will take less money if the sale is smooth with no contingencies. You don't want to assume what is important to one seller is important to every seller.  
 Don't ask for excluded items – Many times the seller will exclude or not include certain items with the sale. Do not ask for these in an offer and if you have to ask for them please ensure your agent is discussing with the sellers agent why you are asking so they know why it is important to you as the buyer to have it included.  
 Use a reputable Lender – I would make sure to use a lender who is local that most likely the seller or their agent has had a good experience with. You could also ask if there

is a lender they would prefer you obtain a pre-approval from. You also need to ensure you have a preapproval before submitting an offer or they will not take your offer seriously.  
 Respect the sellers – Ensure when you are showing the home that you show up on time for the showing and leave the home in the same condition that it was before you showed it. If you track dirt on the floor clean it up and better yet remove your shoes before entering.  
 Escalation Clause – This has been much more common over the last few years. This would say that you would offer X amount more than the next highest offer. I would also ensure they

provide you with a copy of the other offer you won against. Again you want to ensure the agent is communicating this to the sellers agent properly because if they don't understand this clause it may cause your offer to not get accepted.  
 If you hire the right Realtor then they should be able help you come up with creative ways to get you the home you want. This is why you always want to sit down and interview the agent before deciding to hire them to represent you because this could you your largest financial transaction you will ever make.

## Author to lead workshop on writing process

BY KEVIN FLANDERS  
 NEWS STAFF WRITER

WEST BROOKFIELD – Have you always wanted to write a novel but aren't sure where to start? Or perhaps you've written a lengthy manuscript and are eager to show it to agents and publishers. No matter which stage of the writing journey you're on, a local author is once again looking forward to guiding writers through the process. Award-winning author Ed Londergan will hold his third annual writing

and publishing workshop on Sunday, March 11, from 10 a.m. to 2:30 p.m. at the Salem Cross Inn in town. The workshop will cover the entire writing and publishing process, including content development, story structure and the creation of settings, character development, chapter arrangement, dialogue, and maintaining readers' interest throughout a story. The cost of the

workshop is \$95, and lunch is included. "The purpose of the workshop is to help people who want to write but don't know how to go about it," said Londergan, who lives in West Brookfield. "It is also for those who have written something and need to know how to move ahead."

"The past workshops have been attended by a variety of people of all ages and occupations, from 12-year-old students to 75-year-old retirees, all who have a story to tell," Londergan added. "The workshop is geared toward anyone who wants to write and does not know where to start, or those who have some writing experience but either haven't written anything for a while or are not sure what to do next."

The workshop always includes writing exercises that get the creative juices flowing. Whether you're a new writer or someone who hasn't put together a story in decades, Londergan has found that sometimes all it takes is the spark of a writing prompt to get the story going.

Writers also enjoy the opportunity to meet other local storytellers and share inspirations.

"There is always a lot of discussion at the workshops. Individual issues or problems anyone is having with their writing are discussed, and the group helps them with suggestions and observations," Londergan added.

One of the common issues discussed each year is the challenging process of trying to secure an agent – and the inherent frustrations of the endeavor. It's no secret that writers must have thick skin, but hundreds of rejection letters can get even the most determined writers in low spirits. By attending Londergan's workshop, writers can meet others who are going through the process and develop an important support system. Some writers even connect afterward and offer feedback on each other's stories.

"People do not realize how difficult it can be to get an agent," Londergan said. "It is possible to send a query letter to 100 or more agents and have few, if any, respond. Folks also don't realize that an agent will not consider representing an author unless they have a story that will make money for the publisher. It is a highly competitive marketplace that revolves around making money."

Registration is required for the workshop, and the deadline to sign up is March 7. To register, send an email to ed.londergan@gmail.com or call (413) 436-7901.

### CHARLTON ALMANAC REAL ESTATE

- CHARLTON**  
 \$350,000 7 Robbins Rd, Thibaudeau, Jeffery M, and Tait, Sheena M, to Mikulecky, Stacey.  
 \$340,000 4 Sawmill Cir, Gerrard, Mrilyn Y, and Gerrard, Kris C, to Murphy, Joseph W.  
 \$245,000 7-A B Sturbridge Rd, Mitchner, Bonnie B, and Mitchner, Landis A, to Amoresano, Nicole Y.  
 \$178,000 83 Leland Dr, Pond Russell F Jr Est, and Sponzo, Debra A, to Landry, Micheal, and Landry, Bonnie.  
 \$165,000 31 Southbridge Rd, Hefferman, Patrick J, to K&B Land Holdings LLC.  
 \$35,000 9 H Putnam Road Ext, Dugas, Brian J, and Dugas, Norman E, to Gauthier, Ronald J.  
 \$28,000 20 Hanson Rd, Tremblay, Norman T, and Tremblay, Louise A, to Booth, Edward A, and Booth, Kelly J.

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 Tuesdays ..... 7:30 a.m. to 7 p.m.  
 Town Clerk (248-2249):  
 Monday, Thursday .7:30 a.m. to 3:30 p.m.  
 Tuesday ..... 7:30 a.m. to 7 p.m.  
 Wednesday ..... 8 a.m. to 3:30 p.m.  
 Friday ..... 7:30 a.m. to 12 p.m.

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 Saturday ..... 9:30-3:00  
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 Closed on Sunday and Monday

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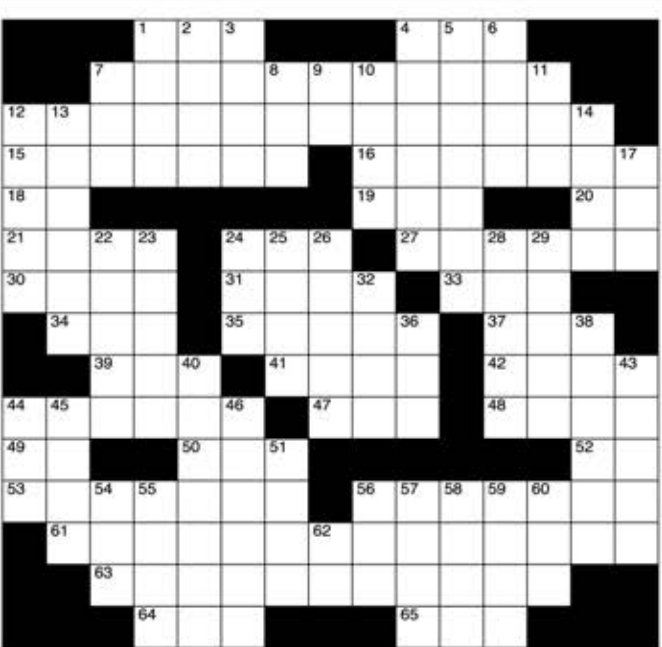
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 Charlton Elementary School ..... (508) 248-7774 or (508) 248-7435  
 Heritage School ..... (508) 248-4884  
 Charlton Middle School ..... (508) 248-1423  
 Shepherd Hill Regional High School ..... (508) 943-6700  
 Bay Path Regional Vocational Technical High School (508) 248-5971 or (508) 987-0326

### CHURCH LISTINGS

- Charlton Federated Church, 64 Main St., Pastor James Chase, 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org
- Charlton Baptist Church, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 8:30 a.m. and 11 a.m.
- Charlton City United Methodist, 74 Stafford St. 248-7379, web site: CharltonCityUMC.com, Sunday worship 10:30 am, Sunday School 9 am.
- St. Joseph's Church, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday Life/TEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.
- Hope Christian Fellowship, 6 Haggerty Road, 248-5144
- Assemblies of God Southern New England District Headquarters, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.
- Jehovah's Witnesses, Route 169, 765-9519
- Lamblight Christian Church, 37 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Rev. Stephen Wade, (774) 452-2393 - Pastor's Cell. Sunday Service 10:30am. www.visitlamblight.com
- New Life Fellowship A/G, SNED Chapel, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

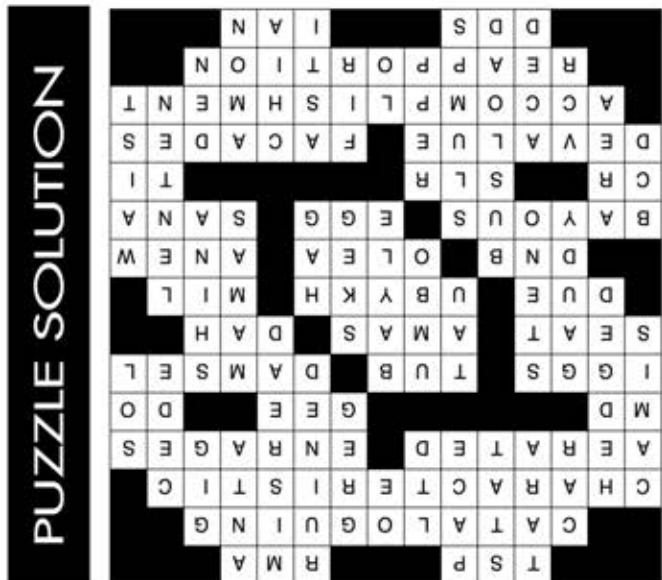


#### CLUES ACROSS

- Measurement (abbr.)
- Returned material authorization (abbr.)
- Sorting
- Attribute
- Poked holes in
- Angers
- Doc
- MLB journeyman pitcher Dillon
- Not don't
- Snubs someone
- Where kids bathe
- One might be in distress
- Chair
- Music industry honors (abbr.)
- Dash
- Owed
- Caucasian language
- One thousand (Span.)
- Musical style drum and bass
- Evergreen trees native to warm climates
- Begin : start fresh
- Marshy outlets
- A chicken lays one
- Yemen's largest city
- Conversion rate
- Single Lens Reflex
- Atlanta rapper
- Reduce the importance of
- Faces of buildings
- Something achieved
- Distribute again
- Tooth caregiver
- 007's creator

#### CLUES DOWN

- Skater Lipinksi
- Data
- Single step
- Destroyed financially
- Fail to interpret correctly
- Fava d' : tree found in Brazil
- Vehicle
- Limited
- Old English
- Aussie golfer Norman
- Job
- Loose-fitting undergarments
- Protected by balancing
- Give up
- Fifth note of a major scale
- Extravagantly bright
- Takes dictation
- 19th letter of Greek alphabet
- Rounded knob (biology)
- French philosopher Pierre
- Mothers
- Dardic ethnic group
- Supports the rudder
- An ugly evil-looking old woman
- Of a fasting time
- Filled with passengers
- Below the ribs and above the hips
- Binary-coded decimal
- 51 is a famous one
- Goes into a funk
- Chief O'Hara actor
- Videocassette recorder
- Scored perfectly
- Type of tree
- Spumante (Italian wine)
- Popular commercial "pet"
- Supreme god of Ancient Egyptians
- Room in a home
- and behold



### GO RED

continued from page 1

more about heart disease and prevention. Here is a breakdown of events planned per campus location:  
 SOUTHBIDGE (8 a.m. to 4 p.m.)  
 •Hands-Only CPR  
 •Blood Pressure checks  
 •Healthy Red Recipes  
 •Women and Heart Disease Educational Material

•Cardiac Rehab/Exercise Tips

•Life is Why Poster  
 •Go Red Dress Pins Sale  
 •Raffle  
 CHARLTON & WEBSTER (11 a.m. to 2 p.m.)  
 •Hands-Only CPR  
 •Blood Pressure checks  
 •Healthy Red Recipes  
 •Women and Heart Disease Educational Material  
 •Life is Why Poster  
 •Go Red Dress Pins Sale

### TREE HOUSE

continued from page 1

town requesting the sign be enforced even though it's on their property.  
 Golinski told selectmen this will not be the last change the company makes to try and assist in lowering traffic concerns in Charlton. Tree House is working on other methods of informing clientele how to safely leave the property and to control traffic flow for the foreseeable future.

"We will have some big signs very soon to alert traffic and slow traffic. That is in the works, it just takes a long time when you're dealing with different entities and the Massachusetts DOT," Golinski said. "There are a lot of permits and those types of things that we're working with right now, so the next thing is big traffic signs that tell people to slow down and to watch for turning traffic on top of the sign police can now enforce."

### FROST

continued from page 1

benefits paid to the families of police, firefighters and other first responders killed in the line of duty.  
 During debate on the comprehensive criminal justice reform legislation, Representative Frost was

instrumental in changing Assault and Battery with Serious Bodily Injury on a Police Officer to a felony charge instead of a misdemeanor.

Frost represents the 7th Worcester District. It is comprised of Auburn, Charlton (Precinct 4), Millbury, and Oxford (Precincts 2 & 3).

# Former parochial school building demolished

BY SARAH CHAMPAGNE  
NEWS CORRESPONDENT

Demolition began on a former parochial school building on Marcy Street last week. The building, which was a part of the former Notre Dame High School in Southbridge, had been standing since 1953 and was in use primarily between 1954 and 1965.

The building was part of the high school that also held classes at the Brochu Academy building on Pine

Street, now a site for some of Harrington Healthcare's services. After the class of 1965 graduated, Notre Dame High School combined with St. Mary's High School (also in Southbridge) to become Marianhill High School, the larger site of Catholic high school education in Southbridge.

The building was used for Sunday school or CCD for many years but had recently fallen into disrepair, requiring its demolition.



Sarah Champagne photos

The demolition of the building on Marcy Street begins.

A clock can still be seen on the wall of one of the classrooms in the former parochial school.



Breaking of ground for the new classical High School. May 17, 1954.

Inserting the copper vault containing valuable information for posterity. November 5, 1954.

High School annex completed in 1952.

Cementing the vault within the cornerstone. November 5, 1954.

New Classical High School in 1955.

A yearbook page from Notre Dame High School in 1955 (provided by David Stevens) shows nuns breaking ground on the 'new' building and the placement of a cornerstone. Fr. Ken Cardinale will be opening the time capsule at a later time.



More of the former classroom space can be seen during the demolition.



The front left side of the building is torn down first.

## OUTAGES

continued from page 1

of which he considered "50-year events" that have happened in successive seasons. With the occurrence of such major storms becoming more and more common, Singer and other selectmen took the time to express their worries that the town's highest elected officials were being left out of the loop, even if unintentionally.

Shaughnessy told selectmen National Grid usually works through a single person, someone designated as an emergency management director, who acts as the primary contact for the company in the case of outages and storms. This approach allows for less chaos when keeping towns up to date; but selectmen still wanted to find a way for them to be informed. Shaughnessy said having a single contact is actually an improvement for National Grid, which continues to examine new ways of engaging towns in emergency preparedness and response plans.

"A lot of what we have today were lessons learned. We listened to our communities. Our communication was lackluster. Our response to the communities out in the field was lackluster. That's where the community liaison program came from. It was born through those pains. So, listening to your customers is a very fruitful thing to do," Shaughnessy said, and listen he did.

Shaughnessy told selectmen he felt their concerns were valid and

explained that the first step they can take is adding officials to an email list and refereeing them to a new application from the company which keeps customers informed of National Grid's plans before, after, and during a storm or outage situation.

"We only know about power outages when people call us and tell us the power is out and we have issues where there will be many different outages. The application portal that's available on your smart phone is very useful for that purpose, because you can zoom in and almost get down right to the street level to see what's out. It's a free application to everyone in the public," Shaughnessy said.

"We have a great relationship with (Charlton's) emergency responders. We do like one point of contact and that point of contact should be who the town officials turn to as well to get information."

Singer said he appreciated the significance of a liaison being in place, but still stuck to his position that selectmen need to be informed of any situation in the town regardless of how big or small the problem might be.

"I don't think that we should be left in the dark wondering what's going on when residents are reaching out to us and we don't know either," Singer said.

Craver admitted that she did not inform selectmen of every outage in the town as some are reported and fixed in a short time. However, she agreed that from now on she will forward any information on outages to selectmen in a timely manner.

## Friday's Child

### Sanaa and Mikeiya need a family!



Sanaa and Mikeiya are two of over 800 children in Massachusetts foster care, waiting to be matched for adoption. If you're 18+, have a stable income, and room in your heart, you may be just the right parent to adopt them or another local child.

You can be single, married, or partnered; LGBT; experienced or not; a renter or homeowner.

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to observe President's Day



# LEARNING

## New international internship program challenges Bay Path alumni

CHARLTON — An exciting agreement was inked by Educational Xperience Philippines, a Boston-based social enterprise with a mission to provide quality learning experiences in a global health setting while caring for communities in need and Bay Path Practical Nursing Academy. Bay Path Practical Nursing Academy alumni through eXP academic programs may endeavor to promote a spirit of giving and sharing to less fortunate members of society and enjoy travel nursing.

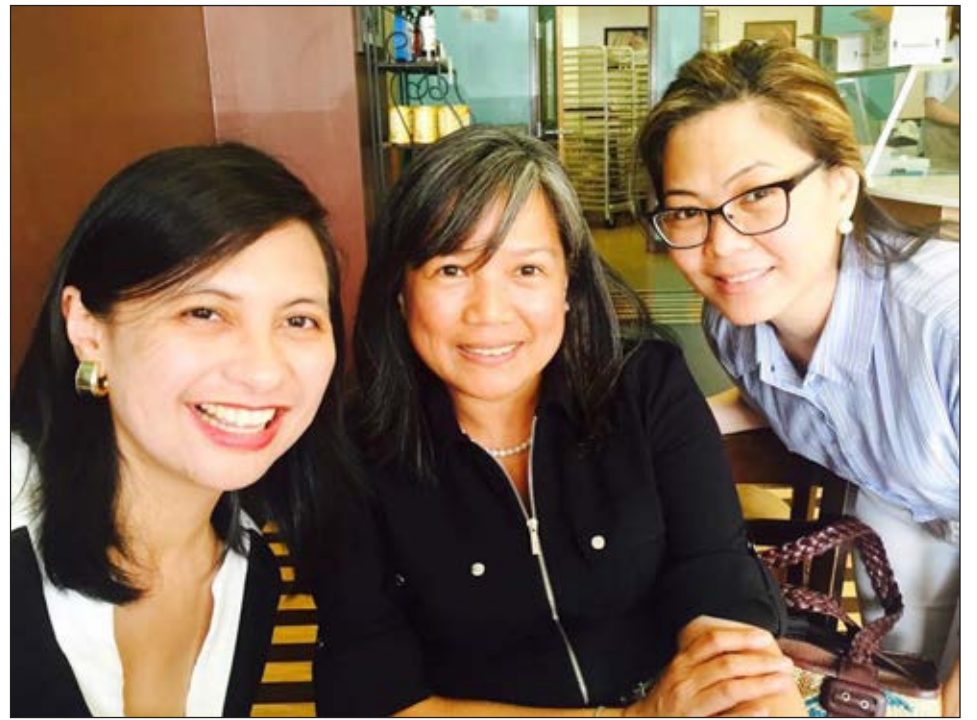
"I want to thank Dr. Castro-Zarraga for inviting Bay Path Practical Nursing Academy alumni to join eXP's global health internship program," Academy Director Getheline Bolandrina said. "I believe we share a commitment and common passion for working towards health equity for underserved communities and in educating our students on social responsibility in a global perspective."

Dr. Castro-Zarraga, director of community health internships, explained that eXP offers year-round opportunities of 2-6 weeks duration, for immersion in rural areas across the globe, working with local anti-poverty orga-

nizations. Learners will serve local village clinics, nursing schools, and community hospital settings. The trip often becomes the starting point for a longitudinal trans-national relationship as health care volunteers.

As the case is with University of Massachusetts medical student Greg Zandrow who launched a pediatric malnutrition program which started with the first step of establishing an urban garden project in cooperation with the Department of Agriculture and local nutritionists.

Crafting a global health nursing program to engage Bay Path Practical Nursing Academy alumni in community service abroad is on eXP's initiatives. Examples of established programs include annual pediatric influenza vaccination, training of literacy program coordinators, and family workshops on child-centered needs assessment. All programs and activities allow alumni to apply academic concepts on the field and hone their clinical acumen.



Courtesy photo

From left Dr. Castro-Zarraga eXP Director Community Health Internships, Getheline Bolandrina Bay Path Practical Nursing Academy Director and Monette Zialcita of eXP

## CHARLTON MIDDLE SCHOOL HONOR ROLL

CHARLTON — The following students have earned a place on the honor roll for the first term.

### GRADE 5

High Honors: Nicholas Adler, Anthony Avoglia, Kyomi Black, Kasey Blanchette, Chase Bourassa, Rachael Ciani, Maeve Costa, Mikayla Crocker, Jenna DeFosse, Bella DiGregorio, Carly Donohue, Fiona Duke, Donovan Ennis, Jackson Fromm, Conor Gadbois, Alexander Gessner, John Gordon, Aniela Hardy, Daniel Harris, Brianna Hicks, Ryan Jaworski, Alanna Kelly, Rosalie Knowlton, Kathryn LeBlanc, Emma Leclair, Scott Lehmann, Alexis Leoni, Courtney Lolax, Eva Lombardi, Kyle Mazur, Nolan McGonagle, Isabel McLam, Paul McManus, Lillian Murillo, Ava Murray, Catherine Pavone, Nicholas Ramsey, Owen Reece, Colin Resener, Madison Rizzo, Joseph Roman, Raymond St. Francis, Leela Start, Shawn Sulkowski, Jillian Terlizzi, John Tighe, Alison Welton and Jacob Wojcicki

Honors: Kaelen Anderson, Mercedes Angell, Sawyer Ayotte, Connor Belanger, Kendall Bond, Camden Bousquet, Nathaniel Burlingame, Mary Butler, Aiden Casamassa, Aria Champney, Kellen Chumsantivut, Ryan Dawson, Jaden Deauseault, Angelina Degan, Anthony Desto, Francisco Diaz, Michael Doktor, Nina Falcone, Emma Gasco, Sarah Gelardi, Shea Germain, Matthew Guerin, Brady Holden, Ava Iozzo, Sarah Jalbert, Julia Johnson, Jayden Kelleher, Norah Larson, Nathan Lashua, Benjamin Lombardi, Garrett Lucht, Owen Lucht, Joseph Mancini, Daven Matta Russell, Ethan Matta Russell, Brayden McCoy, Ayla McGrail, Jed McManus,

Madison McNamara, Calle Merchant, Chloe Monahan, Zachary Moody, Angela Navaroli, Julia Osche, Isabella Pettinelli, Alisha Plymouthe, Jeffrey Popsuj, Gabriel Prado, Kaylie Richard, Adam Schwarzenberg, Aryanna Sheehan, Thomas Sousa, Benjamin Streeter, Dulce Sullivan, Reid Szela, Kathryn Szretter, Colleen Thomas, Cassandra Tinsley, Isabella Tolomio, Lukas Trevarthan, Gavin Tully, Anthony Villanueva, Alexis Warren, Mara Weber, Sadie Wilber, Brady Wisniewski and Sophina Zacek

### GRADE 6

High Honors: Rachel Carpenter, Jianna Clouthier, David Cranney, Troy Dandridge, Logan Daniels, Hayden Davis, Dylan DeJesus, Arlo Dzik, Jacob Fredette, Chloe Graves, Caleb Green, Patrick Harrington, Rebecca Joesten, Harry Kennan, James Kokernak, Jalynn Krasnecky, Julianna LaForce, Juliana Lancette, Alexander Lanpher, Sevin LaVoie, Emily LeBrun, Carter Lindsey, Vincent Messier, Maggie Mullaly, Alix Norrman, James Palfreman, Madelyn Parker, Jayden Remillard, Adrien Roach, Daniel Russell, Ronan Shaw, Matthew Smolski, Victoria Tinsley, Jack Ugrinow, Akshat Viswanath, Gavin Wallace, Thomas Wilk and Hailey Williamson

Honors: Drew Aubin, Emily Barker, David Bashi, Caleb Bergstrom, Jovanna Bertrand, Alex Beshiri, Caroline Borgeson, Jacob Bowser, Kelsey Brown, Chase Buniowski, Natalie Burdett, Caitlyn Burke, Owen Burlingame, Meghan D'Acri, Nicholas Dell'Ovo, Dylan Dietlin, Kaelyn Donovan, Brynn Dwyer Sweeney, Kacey Flanagan, Giovanni Garcia, Grace Garon,

Rachel Gormley, Gavin Groh, Bridget Hast, Hadley Heaphy, Kyra Hennessey, James Heywood, Emma Horner, Shay Howland, Nathan Johnson, Athena Karas, Olivia Kowalski, Matthew Lach, Bianca LaTulippe, Evan LeBlanc, Abigayle Linde, Samantha Lotter, Nathen Louis, Nicole Martinez Merino, Luke May, Cecilia McDonald, Aidan McNamara, Benjamin Nashawaty, Conor Newman, Alyssa Palermo, Peyton Parrettie, Natasha Ramirez, Jacob Reed, Emma Rizzo, Emily Routhier, Chase Rupert, Bishop Salib, Peyton Sanborn, Caterina Schiappa, Connor Sentence, Ava Sousa, Adriana Stanley, Graham Stevens, Yasmin Tolomio, Gianna Verdonlino, Agatha White and Emma Yaede

### GRADE 7

High Honors: Katherine Alicea, Samuel Audunsson, Olivia Beaudette, Sofia Beaulieu, Quinn Beck, Brenna Behan, Ryan Berk, Kennedy Bernard, Emma Bousquet, Jacob Brodeur, Madison Brousseau, Samantha Bullen, Taylor Burdett, Caitlyn Bussiere, Ellen Butler, Julia Canty, Shaylan Cashman, Augustus Cederman, Victoria Chamberlain, Nathaniel Chute, Braden Clifford, Isabella Coleman, Olivia Cranney, Kenerson Cronin, Colleen Cumming, Christopher Davey, Ryan E Davis, Emma Dickinson, Danielle Doiron, Brenna Donohue, Emma Drake, Elizabeth Dreitlein, Aidan Dugan, Marlee Eckbold, Adam Faucher, Evan Frost, Dara Gadbois, Hanna Gamelli, Haleigh Garrepy, Zachary Gessner, Angelina Hargrave, Abbigael Hill, Luke Hill, Madeleine Johnson, Kellen Kinnes, Alicia Kirwin, Olivia Krukonis, Camille Larson, Leah Leclair, Rachel Lolax,

Abigail Lombardi, Luke Miller, Joseph Montville, Nicole Moore, Emery Mullen, Jonathan Norrman, Colin O'Brien, Madison Poirier, Angelina Ramirez, Zachary Rivas, Sydney Roland, Abraham Routhier, Joy Schultz, Alice Torres, Francisco Torres, Lucas Welton, Emma White, Ashely Wojcicki, Kaitlyn Woodson and Rileigh Zacek

Honors: Alyssa Adams, Avery Aissis, Austin Ayotte, Haven Banks, Ethan Barre, John Begg, Maya Belmonte, Jarred Bezanson, Jeremy Blake, Austin Borggaard, Braden Bullard, Joslyn Butler, Jamie Calkins, Joshua Carignan, Thomas Carragher, Alishba Chaudhry, Kaylie Christian, Jillian Cloutier, Libby Condrate, Connor Daniel, Ryan M Davis, Brady Donahue, Lauryn Dyer, Ashley Erickson, Cameron Fitton, Kaylee Fox, Alexander Gaither, Christopher Galli, Alexander Gammetto, Brandon Gibeault, Liam Groh, John Guerin, Barry Hanson, Lillian Henry, Treyton Jarvis, Grace Jones, Abbigail Liberty, Angus MacKenzie, Timothy Maenpaa, Sara Malaney, Shawn Maple, Rachel McMenemy, Kyle Moody, Colleen Murphy, Brady O'Neill, Emily Riopel, James Robson, Matthew Rousakos, Olivia Simpson, Sawyer Smith, Lucas Soloperto, Matthew Steen, Ivana Stenman, Jazmine Sullivan Ray, Brayden Thompson, Andrew Trudel, Karlee White and Ashlee Zaleski

### GRADE 8

High Honors: David Abbott, Olivia Mae Acquaaah Harrison, Aidan Adler, Jack Albright, Mariam Ayoub, Justin Barton, Jayde Berthiaume, Delaney Bodamer, Julia Butler, Adriana Carignan, Emma Cederman, Kaitlyn Chase, Connor Cluett, Spencer Courville, Marisa

DeJesus, Beau Desrosiers, Nathan Dreitlein, Joseph Dumas, Lillian Dunkerton, Aislinn Ennis, Elizabeth Harris, Kailey Jones, Andrew Kania, Taylor Kochinskas, Rhiannon Mansur, Madigan McManus, Brayden Michaelson, Connor Montville, Erin Moran, Olivia Morin, Kyle Norberg, Lily O'Brien, Paige Osche, Devin Phillips, Gabriel Roach, Amanda Sampson, Halle Sanchez, Adeline Smith, Isabella Tanacea, Anna Thomas, Trevor Wallace and Oliver Weiland

Honors: Yanellie Andino, Lana Antocci, Kody Bartkus, Connor Barton, Jake Beaudette, Jordan Beeman, Ellora Bowlin, Olivia Briggs, Hannah Burke, Kyle Burlingame, Dylan Butkus, Connor Clardy, Joshua Cook, Samantha Cox, Opal Cronin Loggie, Samantha D'Arcangelo, Lucas Darling, Jacob Davis, Ashley DiMasi, Lillian Dolan, Alannah Downs, Ryan Dyer, Henry Fredette, Joseph Fromm, Henry Guerin, Sierra Hager, Kiley Hanlan, Haevyn Hazzard, Colin Hughes, Brett Johnson, Chloe Jordan, Cole Komssi, Ryan Komssi, Matthew Kustigian, Margaret Landry, Jacob LeBrun, Alec LeDuc, Jack Levesque, Avery List, Camden Lucht, Alexandra Lundquist, Safwan Macharia, Marguerite MacKenzie, Joshua Martin, Sofia Martocci, Bridget McGonagle, Ryan McKenzie, Richard Menard, Jovanni Morales, Jaclyn Morrison, Samuel Murillo, Brayden Nolette, Hanna Nystrom, Jordan Ouellette, Gabrielle Packard, Meghna Patel, Jackson Phillion, Zachary Pingeton, William Reece, Jason Rice, Alyssa Rupert, Micah Sanborn, Cole Smith, Katrina Somers, Ethan Stanley, Kyra Stevens, Natalie Szabo, Jeffrey Tighe, Jillian Tucker, Sofia Vangel, Mark Wassef, Tyler Wilson and Harrison Wright.

## Baker is running...but no official statement made

BY JERRY CARTON  
STONEBRIDGE CORRESPONDENT

Governor Charlie Baker has made it clear he's running for a second term this year though there's no scheduled date for an official candidacy announcement.

Baker revealed on Twitter just before Christmas he will keep Lieutenant Governor Karyn Polito as his running mate.

"We've accomplished a lot together but there's more work to do," the governor tweeted.

Jim Conroy, one of Baker's senior

aides, said, "the governor and lieutenant governor remain focused on the bipartisan work they were elected to do," but declined to set a specific date for the ticket to enter the race.

Though Democrats hold a statewide registration edge and hold both US Senate seats as well as all House of Representative seats, the Republican governor has remained popular across all demographics since his narrow (48%-46%) 2014 victory over Attorney General Martha Coakley. Baker has often distanced himself from President Donald Trump on a number of issues including

health care, where he opposed the failed effort to 'repeal' the Affordable Care Act and the Administration's efforts on immigration policy. The governor has gotten high marks as well from Democratic legislators on Beacon Hill.

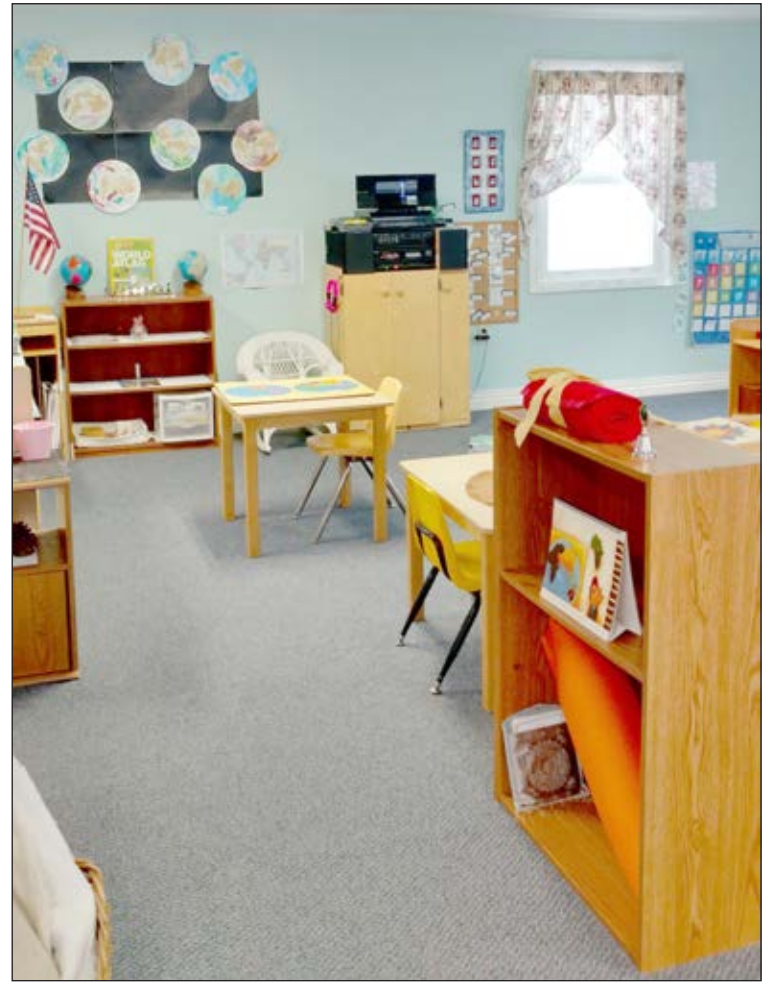
Baker's strength is dramatized by the lack of big-name Democrats such as Attorney General Maura Healey to show any interest in challenging him. The same goes for the state's entire congressional delegation. Former Newton Mayor Setti Warren has entered the race and even made one trip to this region last fall, as have Jay Gonzalez,

a member of former Governor Deval Patrick's cabinet and entrepreneur Bob Massie. Salem Mayor Kim Driscoll and former MBTA general manager Richard Davey have indicted they're considering the race.

The primary election is set for Sept. 4, the day after Labor Day. Traditionally held later in the month, Secretary of State Bill Galvin said the date was moved as to not coincide with the Jewish High Holidays. He's also asking the legislature to approve five days of early primary voting as is the case in the general election.

# LEARNING

## From Montessori to vo-tech: choices abound



Courtesy photos

Tree Tops Montessori lead teacher Kelly Dilliddo is justly proud of the light, airy classrooms.

**BY TARA VOCINO**  
VILLAGER CORRESPONDENT

STURBRIDGE — In light of National School Choice Week this week, school officials in town commented on what sets their schools apart from others.

Tree Tops Montessori, which has a multi-age program for students two years and nine months to six years old in the same classroom, has a hands-on approach to teaching, derived from the first female doctor in Italy in the 1900s, Maria Montessori.

“She taught that people learn through doing,” lead teacher Kelly Dilliddo said. “She created hand paper letters. We teach phonetically. By sounding out letters, students begin to read easier.”

“Generally, my kids read at age four,” Dilliddo said. “The average age is five to six years old.”

Dilliddo said instead of teaching the letter, they teach the sound.

“When they see the letter, the first thing that comes to mind is the sound,” Dilliddo said. “They don’t have to transfer the name that the sound makes.”

She said the school has a student-teacher ratio of 10-1 with 35 students and 2 teachers/class. She estimated that a full day costs \$6,500 per year, which is less than \$10/hour, she said. Although it is a private school, students do not wear uniforms like in Christian-orientated private schools.

Tantasqua Regional High School Vocational Principal Mark Wood said once students are enrolled in School Choice, they can either choose the academic or technical choice.

For the technical choice, students have nine programs to choose from: culinary; information and technology; computer-aided design; health careers; manufacturing; electrical; hotel and restaurant management; and business technology, Wood said.

Similarly, Dilliddo said that Tree Tops has four primary areas: math, language, practical life, and sensorial.

“We don’t have testing,” Dilliddo said. “We only use worksheets to assist with recording or for students to practice writing. It’s important to teach young kids that when you learn - even when you fail - that it’s important to try again.”

The fear of failure is an important concept.”

Wood commented on what he said makes the vocational school stand out among the rest.

“It’s an excellent school that provides opportunities for work, college, or the military,” Wood said. “It prepares them with 21st-century skills.”

Staff at Burgess Elementary School said they don’t have School Choice; only the junior high and high school level does in the Union 61 District. School Choice for Tantasqua is state-funded.

Gov. Charlie Baker (R-Swampscott) issued a proclamation that features 400 state-wide events this week. National School Choice Week takes an independent stance.

“We’re grateful to Gov. Baker for issuing this proclamation,” said Andrew Campanella, president of National School Choice

Week. “Massachusetts parents, like parents everywhere, want their children to learn and grow in an environment that best suits their individual skills and needs. We hope National School Choice Week will provide them with an opportunity to find what works best for them.”

School choice options include: traditional public schools, public charter schools,

public magnet schools, online learning, private schools, and homeschooling, especially in the Christian tradition.

Dilliddo offered a similar sentiment as Campanella.

“It’s important for parents to look at other styles of teaching,” Dilliddo said. “They know their child, and they can decide the best place to place their child. It’s not a one-size fits all. It just isn’t.”

## Rock Voices Auburn makes appearance

**BY GUS STEEVES**  
NEWS CORRESPONDENT

AUBURN — When you see several dozen people dressed well up on a stage, what do you expect? Show tunes, classical or opera?

Well, if you go to Shepherd Hill Jan. 27, leave that preconception at the door, because what you’ll be hearing is rock: B-52s, Queen, Beatles, even Janelle Monae and James Taylor. No Bach or Gilbert & Sullivan here.

That night represents the debut concert of a new area choir called Rock Voices Auburn, led by retired Shepherd Hill music teacher Connie Galli.

“It’s a wonderful community and a great way to bring people together,” she said of the nearly 60 members. “I’m particularly impressed with their commitment and dedication. They’re just working so hard, have really formed a wonderful community and have definitely formed their own choral sound.”

The group formed last fall as the fifth Rock Voices choir in central and western Massachusetts. The idea was the brainstorm of Northampton musician and music teacher Tony Lechner six years ago, when he turned 37 people into such a choir in Hadley. He noted two new groups are starting this spring, and all of them (including Auburn) will

begin rehearsing for the spring season Feb. 8.

“My life has been all about getting people singing,” he said. “I thought this kind of music would be a very accessible way to do it, so I started a choir that only sings rock. I wanted to show them how easy it is to sing songs they’ve probably loved all their lives.”

Since Lechner started, he’s tossed his singers a fairly wide range of material. Generally, members vote on most of what they want to sing, but he always tries to include a few pieces that will challenge them. They tend to favor harmony-laden tunes, making those of the ‘60s and ‘70s popular especially with older members. But younger ones tend to pick more recent material, and one of this year’s repertoire is ‘Tightrope’ by Janelle Monae, which he admits “is not the type of song you’d ever see a choir sing.” Not only does it include a rap section, he felt a need to censor, and he laughs when reminded the kids have probably heard it uncensored.

Probably more unusual is ‘Lift Me Up,’ from a Swedish jazz a cappella outfit called The Real Group. Not only have most members probably never heard of them, Lechner had to rearrange it himself to suit the fact the choir will have a backing band led by former Auburn resident and regional music legend Mitch

Chakour.

Chakour’s website is a who’s who of blues and rock stars. Among others, he has played with the Tedeschi Trucks Band and Warren Haynes (both linked to the Allman Brothers), Koko Taylor, Muddy Waters, B.B. King, Aerosmith, Bonnie Raitt, and J. Geils Band, and was Joe Cocker’s long-time music director, keyboardist and vocalist. He has led several of his own bands over the years, including Mitch’s Mission Band and Shaboo All-Stars.

“Whenever possible, I try to get someone who’s a local celebrity in the band,” Lechner said. “Mitch grew up in Auburn, his mom still lives there, and he has some star power. It gives members a little bit of celebrity by association...and everybody feels like rock stars.”

To Galli, the fact they’re singing rock “might be a bit less threatening” for many members than classical. She knows how that feels, since she still leads Shepherd Hill’s Fantasy show choir, which generally sings rock and pop, too.

“This is really kind of special for me because my kids will be opening the show,” she said, noting they’ll get a chance to see adults doing what they’ve been doing. Some Rock Voices members are Shepherd Hill choir alumni.

But they don’t have to be. In fact, one of the Rock Voices selling points is that new folks are always welcome and do not require any singing experience. Galli said a few of her members have sung in other, more traditional choirs and a couple came from one of Lechner’s other rock choirs.

“We have a few with some real skills and a lot of people who have nice singing voices,” she said. “Each choir learns to listen and balance, and that takes time. They picked that up quickly and learned to listen to each other well.”

Over the last six years, Lechner said he’s seen lots of people “join these groups who didn’t think they could do it,” but found they could and found a community in the process. A few in the Northampton area have even been asked to sing with established area bands, creating some “interesting cross-collaborations,” he said.

The Jan. 27 show will partly be a benefit for Shepherd Hill’s music program, but Lechner said he normally tries to use performances to raise funds and awareness for homeless shelters, food pantries and similar community groups. Tickets are \$15, \$12 for seniors and \$8 for students; doors open at 6 p.m. and the show starts at 7.

### Tri-Valley, Inc. February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Dudley 508-949-6640, Franklin 508-520-1422, Milford 508-478-8102, Northbridge 508-234-2002, Oxford 508-987-6000, Southbridge 508-764-1469, Spencer 508-885-3904, Sturbridge 508-347-5063, Sutton 508-234-0703, Upton 508-529-9094, Uxbridge 774-482-6174, West Brookfield 508-867-1411 Tri-Valley receives federal financial support under the Older Americans Act furnished by the Central Mass Agency on Aging and the Executive Office of Elder Affairs.			Fish w/ Crumb Topping Rice Pilaf Country Blend Vegetables Tapioca & Diet	BBQ Chicken Mashed Potatoes Brussel Sprouts Fresh Fruit
5	6	7	8	9
Roast Pork w/ Gravy Mashed Sweet Potatoes Jardiniere Vegetables Goldfish Grahams	Salmon Boat w/Dill Sauce Mashed Potatoes Mixed Vegetables Yogurt	Chicken Fajitas Spanish Rice Black Beans & Corn Pineapple Sour Cream	Cold Roast Beef Sandwich Lettuce & Tomato Potato Salad Three Bean Salad Fresh Fruit	Beef and Bean Chili w/ Cheese Baked Potato Roman Blend Vegetables Apple Crisp - Cold Diet = Applesauce
12	13	14	15	16
Sesame Beef Steamed White Rice Carrots Pineapple Fortune Cookie	Mardi Gras Chicken & Sausage Gumbo w/ Cornbread Paella Rice Peas Mandarin Oranges	Valentine's Day Lasagna Corn Niblets Broccoli Cheesecake Mousse w/ Strawberries	Hot Dog on Bun Baked Beans Cole Slaw Fresh Fruit Mustard	Potato Crunch Fish Lemon Seasoned Potato Peas & Mushrooms Granola Bar  Split Pea Soup
19	21	22	23	
<b>PRESIDENTS' DAY NO MEAL SERVED</b>	Sloppy Joe Herb Seasoned Potatoes Mixed Vegetables Diced Peas	Turkey a la King Brown Rice Brussel Sprouts Sliced Peaches	Meatloaf w/ Gravy Garlic Mashed Potatoes Country Blend Vegetables Birthday Cake Diet = Plain Birthday Cake	Mac n Cheese Stewed Tomatoes Green Beans Fresh Fruit
26	27	28	<b>Menus are Subject to Change</b>	
Swedish Meatballs Bowtie Pasta Scandinavian Vegetables Mandarin Oranges	Pork Rib-i-que Mac n Cheese Side Chuck Wagon Corn Strawberries & Whipped Topping	Chicken Mornay Couscous Roman Blend Vegetables Yogurt  Cream of Broccoli Soup		



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EDITORIAL

The last one to leave...turn off the lights

A few hundred years ago, mankind began getting itchy feet. Some of the cause was better economy; it took fewer workers to do the same number of chores, the advent of machinery managed to free up some time, and yes, people discovered one another through outbreaks of war that brought the soldiers from one area to another so that they discovered new places.

The old song about keeping Johnny down on the farm after seeing a city is all too true.

And so, the Gauls moved over here, the Vikings went over there, the Romans went west, the islanders sailed from port to port hopping from one clump of land to another discovering their way across the Pacific. And if there were already people there, when they arrived, they either made friends and inter-married or fought with them. It was a toss up which happened and just how warlike the immigrants migrating were. Vikings usually fought, islanders...not so much.

Eventually, once Europe had fought their way back and forth over their own land several times, conquered the African and Asian nations back and forth a bit (or been largely ignored by the Asian nations who were just happy to not be invaded thank you very much, we'll just do a little trading with you, now go away); hardy sailors found out wow, there's another big chunk of land, or a couple of them, over...there.

And so the Americas became a target. Too bad there were already people there. They didn't count. Still don't.

A few different groups decided they'd be the ones in charge; they fought over that a bit, and eventually it shook out to a bunch of old white guys who made the rules and laid down the laws.

And it's been that way awhile now. There's been some slight changes. Some big ones, some smaller. Like people with different color skins got told ok, we won't own you but you still can't do everything exactly the same 'cause we don't completely trust...it's just different. People will swear that isn't true, but it is. It's subtle, but it is.

And everyone over the age of 18, men and women no matter whether they own property or not, can vote.

Sort of. Except... Some can't. There are again these subtle little stoppers here and there. And there are little taxes laid on, or requirements on top of requirements...

And we still don't have one part of the country agreeing with another. How we've hung together as one country this long is amazing. The differences between southern California, south Alabama, South Dakota and the Downeast southern shore of Maine are insurmountable. We don't entirely even speak the same language! Soda, tonic or pop?

Part of this country was once French. Part of it was once Spanish. Part of it was once its own country. And yet we believe we can all be one under one government.

Of course we fight over what that should be. And now, our government is shut down again. Because we can't get our leaders to stop fighting among themselves long enough to make compromises on budget questions; and they drag every other darn thing into the discussion that doesn't belong there.

Budget discussions should NOT include political discussions about immigration, race, or constitutional changes. They have nothing to do with the budget. Those discussions belong in a category without dragging funding into it at all.

As for the DACA controversy? While it is true the children were brought here without their consent, they are now adults and as such can make decisions for themselves. The solution, and it's way too easy, is to provide these now adult emigres with the information and help with the paperwork to apply to become full citizens. If they have been here for years, they most likely have a record of education, and a paper trail, to allow them to fulfill the requirements for application. If they want to stay, do so legally. If for some reason they do not qualify, then they don't and should be treated as any other immigrant with deportation issues. If they have these issues, then that's a different situation and they shouldn't stay.

While our fearless leaders battle one another, the worker bees try desperately to keep some semblance of order in the offices and parks and the military bases across our country. Many are doing so without pay. Some offices are doing so without paying bills. Our government is not paying its people, or its debts. The military won't get a check again until Feb. 2 at the earliest, if then. So we are waiting with bated breath for the first fed up bureaucrat to toss up their hands, yell the infamous "I'm not going to take it anymore..." and walk off the job.

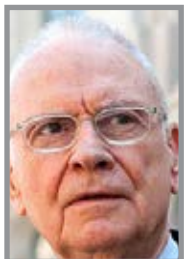
And that, we imagine, will be the beginning of the end of the grand experiment.

OPINION

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

You can lay the groundwork for reforming Congress

The first three words of the U.S. Constitution are, "We the People." The Constitution itself, our institutions of government, the democratic process — all were established to give Americans a voice in their own governance. We are still striving to make that vision real for all, but we are closer than ever.



BEYOND CIVIC ENGAGEMENT
LEE H. HAMILTON

So let me ask you some questions about Congress today. Do you think the voice of ordinary Americans resounds strongly in its hallways and chambers? Can you recall Congress in the last few years successfully dealing with an issue that directly affected your life? Does Congress produce legislation that resolves our differences and brings us closer together? Do you believe that the political system produces members of Congress who fairly and effectively represent the diversity and complexity of this country and are addressing our real, long-term challenges?

I thought not. This is why I believe it's past time for comprehensive reform of Congress. Representative democracy today is being undermined by the rising power of big money, the challenges of governing a country as large and diverse as ours, the problems brought by rising economic inequality, the ineffectiveness of our political institutions, and too many citizens who were never taught the skills needed to make the pragmatic judgments necessary in a representative democracy.

In the present environment, it's doubtful that the various reforms needed to address these challenges can actually get adopted. But their time will come, either because the public demands it or the cost of dysfunction becomes too obvious to ignore.

So it's important to know in advance where we need to head. To be sure, part of what we need is outside the purview of any single institution. We lack a robust, comprehensive system of civic education, designed to produce an engaged, informed electorate able to sort fact from fiction in a complicated world. We want citizens who know how to maintain healthy skepticism and wariness about elected officials, and who have the knowledge and confidence to hold them accountable.

But there are also steps we need our lawmakers to take. Partisan gerrymandering has become a scandal; competitive congressional districts drawn to represent the population fairly are vital to our future. Similarly, we have to expand voter participation and fight

efforts to repress votes; lower participation empowers the extremes in politics, and it's hurting our country. And we need to make it easier for third parties to break into the system; people are losing confidence in the two parties and we need to open up the system to new participants.

Greater transparency from those in power or those seeking to influence those in power truly matters. Disclosure of campaign donations, disclosure of foreign money's track through our political system, disclosure of special-interest spending, identifying the people who make contributions to secretive political committees, details about financial conflicts of interest — all of this should be a habit in any self-respecting representative democracy. Extensive disclosure needs to be required by law, and backed up with the resources to enforce the law.

On Capitol Hill, members need to fund and then rely on independent sources of information they can trust, rather than special interests who too often lay down their own interpretation of the facts as a legislative foundation. And they need to return to the traditional processes of gathering expert testimony through congressional hearings.

And perhaps more than anything, Congress needs to revitalize the institution itself — by energizing the traditional committee structure and practices, giving up its ridiculous habit of enacting budgets through omnibus bills, and no longer allowing major legislation to be put together by a few leadership staff behind closed doors — and restore its power vis-à-vis the president.

This is where you come in. The changes I'm advocating will not come about without citizen action. Our lawmakers have become fixated on their re-election and too comfortable with the status quo they and their predecessors have built in recent decades. We have to hold politicians to the highest ethical standards, and have them come up with serious proposals to fix the system. Without that, the loss of faith in our process and our institutions that all of us lament will be almost impossible to reverse.

Lee Hamilton is a Senior Advisor for the Indiana University Center on Representative Government; a Distinguished Scholar, IU School of Global and International Studies; and a Professor of Practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

Time for your pre-retiree checklist?



FINANCIAL FOCUS
JEFF BURDICK

Like everyone, you want to enjoy a comfortable lifestyle when you retire. But a successful retirement doesn't just

happen — it requires a lot of planning. And that's why it's a good idea to draw up a "pre-retiree checklist."

Such a checklist might look like this:
Twenty years before retirement: Try to estimate a "price tag" for your retirement, incorporating a variety of factors — where you might live, how much you might travel, what activities you'll pursue, and so on. Then, assess if your retirement savings are on track to help you meet your expected costs. From this point, monitor your progress every year.

Fifteen years before retirement: Although you're still fairly far away from retirement, you'll want to bring your goals and challenges into a clearer focus. For starters, try to establish a firmer target goal for the assets you'll need during retirement. Also, consider your legacy goals and start developing your estate plans, if you haven't already done so. You might also explore methods of dealing with potentially enormous long-term care costs, such as an extended stay in a nursing home. Solutions to long-term care may become much more expensive later in life.

Ten years before retirement: At this stage, in addition to reviewing your target asset and spending levels, you'll want to get more precise about how much income you can expect as a retiree, whether through your investments or retirement accounts (such as your 401(k) and IRA), or through some type of part-time work or consulting. Maintaining an adequate income flow is extremely important, because you could spend two or three decades as a retiree, and some of your expenses — health care in particular — will likely rise during the later years. It's important to plan for health care and long-term care, given the costs and ability to qualify for coverage later in life.

Five years before retirement: Re-evaluate your investment mix to help reduce the risk of having your portfolio vulnerable to a market downturn when you plan to retire. Generally speaking, stocks and other growth-oriented investments are more volatile than bonds and other income-producing vehicles. So, you may want to consider shifting some — but certainly not all — of your investment dollars from the "growth" portion of your portfolio to the "income" side.

Two years before retirement: This close to retirement, you'll want to pay particularly close attention to health-care expenses, so you may want to investigate Medicare supplemental policies. You'll also want to ensure that you have an adequate emergency fund to cope with unexpected costs, such as major home repairs. In addition, you'll want to think about whether you should take Social Security right away or if you can afford to wait until your monthly checks will be bigger.

One year before retirement: Now it's time for some key decisions: How much can you withdraw each year from your 401(k), IRA and other retirement accounts without running the risk of outliving your money? Have you lined up your health care coverage? And, finally, are you really set on retiring in a year or could you delay retirement to improve your financial picture?

This checklist isn't exhaustive — but it can give you a good idea of the various issues you'll need to consider on the long road to retirement. And the sooner you start planning for that journey, the better.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com

Tea Time Tips

Relaxing with a cup of hot tea is a simple pleasure this time of year, but according to numerous health studies, the steaming brew may also be just what the doctor ordered! Tea is an age old beverage that has long been hailed as a cure all for many common ailments in addition to its role as warm, comforting refreshment. Read on for some highlights on the virtues of tea!



TAKE THE HINT
KAREN TRAINOR

It's no secret sipping tea offers an array of terrific health benefits. From easing arthritis pain, tea has been shown to possess impressive healing properties.

A study funded by the Arthritis Foundation suggests drinking green tea may help ease rheumatoid arthritis. The tea's benefits are attributed to a class of compounds called polyphenols, which are abundant in tea made with fresh or green leaves.

Here's good news for allergy sufferers. A medical study reveals a compound in green tea may help inhibit aspects of the immune system response that produces symptoms of common allergens such as grass, pet dander, grass or mold!

\*Did you know a sore throat can be relieved by using a strong, hot tea as a gargle? Simply brew the tea of choice, allow it to cool, and gargle once or twice a day during the cold and flu season. As a bonus, the natural, herbal gargle tastes great.

\*Medical studies reveal green and black teas take center stage when it comes to boosting the immune system. Test-tube studies also suggest that the flavonoids in tea may have more antioxidant activity than certain better-known antioxidants like vitamins C and E.

\*According to researchers at the University of Geneva in Switzerland, green tea is packed with caffeine and catechin polyphenols, substances proven to speed up the body's calorie-burning ability. A study they performed showed drinking three cups of the Ancient Japanese cure per day can rev up your metabolism as much as an average man walking 17 minutes!

\*Research reveals green and black tea contain fluoride and polyphenols

Turn To TRAINOR page A9

DON'T MISS A BEAT
CHECK OUT THE SPORTS ACTION!
Image of sports equipment including a football, baseball, and tennis racket.



# Latest antique and auction news

There has been a great deal of antique, collectibles and auction news since my last update.

An auction record was set for a doll this month. WTOP reports that the doll brought \$335,000 at a Jan. 6th auction. The doll was created by French designer, Antoine Edmund Rochard, in 1868. The doll retained 24 of the 28 original jewels. The jewels contained miniature photos of French views such as Fontainebleau and the Louvre. Stanhope optical devices magnify the scenes on the jewels so that the small images may be easily seen. The winning bidder was the Barry Art Museum at Old Dominion University in Norfolk, Virginia. It is expected to be on display in the fall.

Two Florida college students may make a windfall with a thrift shop find. The Palm Beach Post reports that 20 year old Talia Rappa and 24 year old, Skyer Ashworth made their discovery in a Titusville, FL thrift store. They paid \$1.20 for five blue NASA flight suits and one white "control suit."



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
.....  
WAYNE TUISKULA

The suits are believed to have been worn by George "Pinky" Nelson, Robert A. Parker, and Charles D. Walker during 1980s space shuttle missions. The suits are expected to sell for \$5,000 each when the students send them to auction.

Three New Jersey brothers found that a painting in their mother's estate brought well over an appraiser's and their own expectations according to the New York Post. The brothers had a silver set, china and a painting from the estate appraised. The silver was appraised at a couple of thousand dollars and the painting was appraised at a couple of hundred dollars. When the painting was auctioned, they were surprised to see it reach \$5,000 very quickly. They were even more surprised when the bidding ended, and it had sold to a German bidder for \$1.1 million. The buyer revealed the oil painting is "The Unconscious Patient (An Allegory of the Sense of Smell) by Rembrandt."

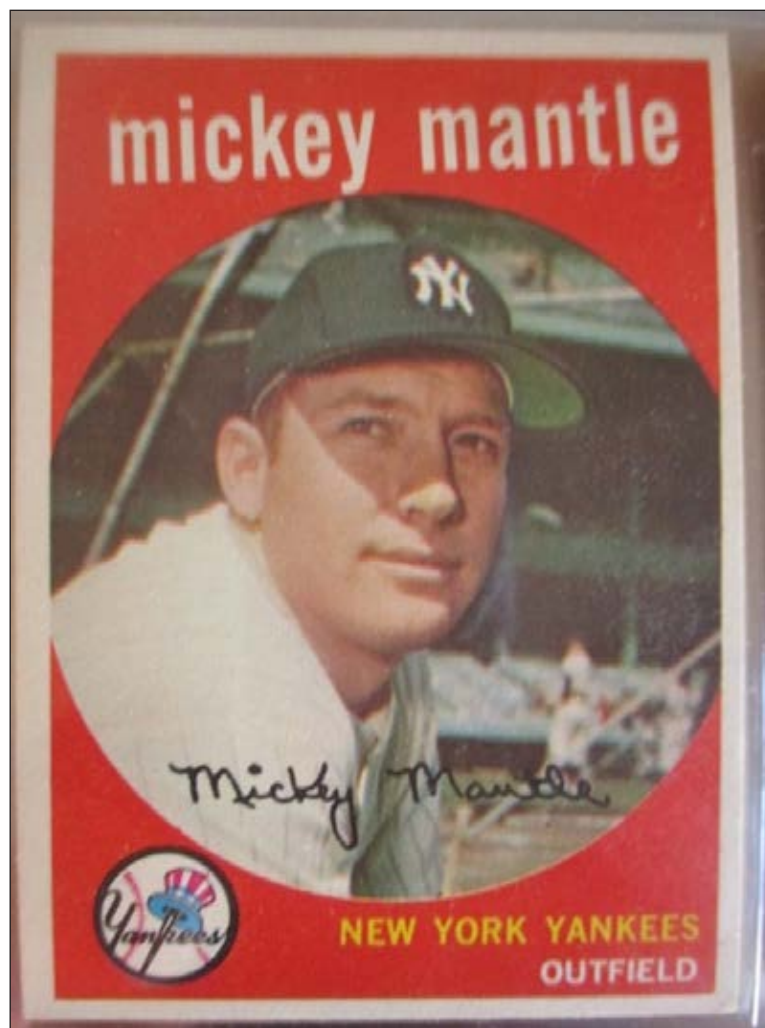
In other auction news, a rare penny brought \$300,000 at auction recently according to the

Orlando Sentinel. The coin was one of the first struck at the Philadelphia Mint in 1793. It is believed to be one of 500 in existence.

A rare Mickey Mantle card has also come up for auction. Forbes reports that the buyer purchased the card at a Lancaster, PA flea market two months ago along with a Yogi Berra card. The cards were the only examples ever found. The bidding ends on Jan. 28th. The Berra card had reached \$1,200 and the Mantle was at \$18,500 as of Jan. 18th. What contributed to these cards being so rare? They were premiums only offered to those who bought dog food.

We have an estate sale scheduled for Jan. 27th and 28th in Webster. I'll be teaching my Evaluating your Antiques class at Bay Path Evening School on March 5th. Other sales and events are being planned. Keep checking [www.centralmassauctions.com](http://www.centralmassauctions.com) for details.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111) [info@centralmassauctions.com](mailto:info@centralmassauctions.com)



## Safely manage insects on indoor plants



### GARDEN MOMENTS

MELINDA MYERS

Winter can be hard on gardeners and our indoor plants. Low light, shorter days and dry air stress our houseplants while helping insects thrive. Don't despair if insects have moved in and your plants are struggling with yellow or speckled leaves. Instead, invest a bit of time and effort managing these pests and keeping your plants looking their best.

Start by making sure your plants receive the proper amount of light and water. A healthy plant is better able to resist and recover from insect infestations. Check the plant tag, internet or plant book for the recommended growing conditions.

Make needed adjustments in your plant's care. Then take a closer look at the upper and lower leaf surfaces and stems of the plants for clues to the cause of the problem. Here are some of the more common indoor plant pests and organic options, safe for children and pets, for managing them.

Fungus gnats are those small fruit fly-like insects that flit around your house. They feed on plant roots and organic matter in the soil. They usually don't harm the plants, but certainly are annoying.

Just sprinkle an organic insecticide like Summit Mosquito Bits, that contain the active ingredient Bacillus thuringiensis israelensis on the soil surface. This naturally occurring bacterium only kills the larvae of fungus gnats, black flies and mosquitoes.



Melinda Myers, LLC photo

**Aphids, a common pest of indoor and outdoor plants, suck plant juices, causing leaves to yellow, brown, wilt or become distorted.**

Aphids are common pests of indoor and outdoor plants. These small teardrop shaped insects suck plant juices, causing the leaves to yellow, brown, wilt or become distorted. They secrete a clear sticky substance known as honeydew.

Mites cause similar damage, but are too small to see without a hand lens. If you suspect mites, shake a leaf over a white piece of paper and watch for specks, the mites, moving across the paper. Don't wait until you see webbing to control these pests. At that point, there are thousands of mites making it

difficult to control.

Both these types of pests can be managed in the same way. Start by placing plants in the sink or tub and knock the insects off the plant with a strong blast of water. Follow with several applications of insecticidal soap to kill the adults. Repeat as needed. Or suffocate all stages of the insects with a lightweight horticulture oil like Summit Year-Round Spray Oil ([SummitResponsibleSolutions.com](http://SummitResponsibleSolutions.com)).

Bumps on the stems and leaves of plants that can be easily scraped off with a thumbnail are scales. Their

shells protect the adults and eggs from predators, weather and most insecticides. A similar pest, mealybug, has white waxy strands on its body for protection. Mealybugs can be found on stems, leaves and area where leaves and stems meet.

Both types of insects suck the plant juices, causing leaves to yellow and plants to decline. And just like aphids and mites, they secrete honeydew. Both are difficult to control and require persistence on your part.

For mealybugs, remove the hard scale covering with your thumbnail or old toothbrush. Use a cotton swap dipped in alcohol to dissolve its waxy covering and kill the insect. Then spray with insecticidal soap to kill the immature insects. This takes time and persistence to control these pests.

Or apply a lightweight horticulture oil, like that used for mites and aphids, to suffocate both the adult and immature stages of these pests. Continue to watch for outbreaks and treat as needed.

No matter what products you choose, natural or synthetic, make sure they are labeled for the plant and pest you are treating. And always read and follow label directions carefully.

Investing time in managing pests as soon as they appear means healthy and more attractive plants to brighten your indoor décor now and for years to come.

Melinda Myers has written more than 20 gardening books, including *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the nationally syndicated *Melinda's Garden Moment TV & radio segments*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Summit for her expertise to write this article. Myers's web site is [www.melindamyers.com](http://www.melindamyers.com).

### TRAINOR

continued from page A8

nols that prevent plaque from sticking to your teeth. Studies show tea decreases the activity of the oral enzyme amylase, which is responsible for breaking down starch into sugar in the mouth. In addition, the tea plant naturally contains fluoride in its leaves which makes tooth enamel stronger and more resistant to acids. Tea also inhibits bacteria growth in the mouth.

\*Sipping both black and green teas has been associated with a lower risk of heart disease. It's been speculated that the antioxidant activity of chemicals in tea called flavonoids are at least partly responsible. Black and green teas each contain different flavonoids that appear to be beneficial to health.

\*\*\*

Drinking tea isn't the only way to reap the benefits of the healing herbs. Here are some ways natural teas can take the place of commercial health and beauty aids.

**Stress Reliever:** Make up this green tea and oatmeal bath recipe from a New York City Day Spa, and you'll be soaking in the lap of luxury for mere pennies! The popular treatment is a great stress buster for both men and women as the green tea tones your skin and helps you unwind after a stressful day, while the oatmeal serves as a soother for sensitive skin.

To make: Combine one half cup of loose green tea leaves (available at health stores) and one half cup rolled or instant oatmeal. Place the mixture in a muslin or cheesecloth bag to make a sachet. Then hang the bag from your bathtub spout with string or ribbon and let the warm water rush over it while filling the tub. Once

steeped, remove the bag and enjoy a relaxing soak for 15 minutes or so.

\*\*\*

**Treat Tired Eyes:** If late nights and little sleep are making your eyes puffy, this quick and easy treatment will erase the telltale signs as well as a costly cream. Brew loose tea (try a calming herb, such as chamomile) and chill in the freezer until very cold but not frozen. Dip a cotton pad in the tea to saturate, wring out, and place on puffy areas. Lay back and keep pads on for at least ten minutes.

\*\*\*

**Acne Aid Alternative:** Recently publicized studies claim green tea can be as effective as 4% benzoyl peroxide in treating acne. Better yet, the research reveals the tea is gentler on the skin than the chemical. To try at home, simply apply brewed green tea to the skin with a

cotton ball.

\*\*\*

**Highlighting Hair:** Tea acts as a natural highlighter to brighten hair and bring out the shine. Brew tea and use as a rinse after shampooing. For brunettes, black tea adds a hint of richness and shine. Chamomile tea can bring out highlights in blonde or red-heads.

\*\*\*

**Tea Note:** Here is a rundown of how the caffeine in an average cup of tea compares to coffee: Espresso (2 oz.) 60-90 mg; Drip coffee 60-180 mg; Black tea 25-110 mg; Oolong tea 12-55 mg; Decaf coffee 22-45 mg; Green tea 8-16 mg; Decaf tea 4-6 mg.

\*\*\*

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a ran-

dom drawing. One winner per month will win a fabulous dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

\*\*\*

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of *The Southbridge Evening News*? Send questions and/or hints to: *Take the Hint! C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail [KDRR@aol.com](mailto:KDRR@aol.com). Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

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## SPORTS

# Hot start helps Rockets ice Westborough in rematch, 5-1



Photos courtesy Mark Seliger, www.SeligerPhotography.com

Kyle Spurr of Auburn shovels a pass over to a teammate.

BY NICK ETHIER  
SPORTS STAFF WRITER

AUBURN — Earlier in the season the Auburn/Shepherd Hill/Tantasqua/Millbury boys' varsity co-op ice hockey team suffered a close 3-2 setback to Westborough High. But, when the two met again in a Quinn Conference rematch at the Horgan Arena on Wednesday, Jan. 17, the Rockets made quick work of the Rangers, scoring four first period goals en route to a 5-1 victory.

"It's about time," Auburn head coach Glen Bombard chuckled afterward. "The last three games the first period's been a big downfall for us. They just came out and took care of their business quick."

The win lifted the Rockets' record to 6-4-1, while Westborough slid to 5-4-2.

Auburn's first goal came just 1:42 into the contest. Adam Lanier collected the puck just inside the Rangers' blue line and skated in toward

Westborough goalie Will Schiffman. Lanier, a left-handed shot, then snapped the puck past Schiffman's glove and into the upper right-hand portion of the net.

"He kind of gave me that top right corner and I just put it there," explained Lanier, whose goal was assisted by Joel Miller and Caleb Mackin.

Then, just past the midpoint of the first period, Auburn doubled its lead — which turned out to be the game-winning tally. Collin McKeon, stationed in the slot, took a pass and wristed another shot that got past Schiffman via the top shelf. Ryan Lempicki and Alex Surmis had the assists.

The Rockets — and Lanier — weren't done there, though. At 10:46 of the period Lanier scored his second goal of the game. Mackin crossed the blue line with possession of the puck and made a nice pass over to Lanier, who then went backhand to score past a sprawling Schiffman.

"I saw the defenseman

go over and I thought it'd be perfect," Lanier said of the developing play. "[Mackin] put it right on my stick flat — a nice saucer [pass] — and I saw the goalie go down and try to spread across the whole bottom of the net, so I just took it to my backhand because it's easier to roof it that way."

"Adam Lanier had a huge night for us with those two big goals," added Bombard. "They were good, quality goals."

Auburn was good for one more first period goal, and that one came with just 1.4 seconds remaining. Lempicki took a shot from the blue line, which was saved by Schiffman. But Ryan Slade gathered the rebound and banged it into the net before the buzzer sounded.

"Those are backbreakers," Bombard said of his team's fourth goal. "That was the nail in the coffin. You could see the sails come out of them a little after that."

Bombard was pleased to see Slade make such a heady play for the goal.



Auburn's Matt Bregman handles the puck along the boards in front of his team's bench.

"You go until you hear a buzzer or you hear a whistle — you just never know," he said.

Westborough's Jonathan Rodenbush scored one minute into the second period on a low shot against the grain that got past goalie Mike Sosik, but from there the Rockets' net-minder was

a brick wall. Sosik made his best stop of the night shortly after the Rangers' goal when he robbed Cam Sullivan with a shoulder save from in tight. In total Sosik made 27 saves.

"He's been playing great all year," said Bombard.

Auburn wrapped up the victory with 2:10 to

play in the third when Westborough pulled its goalie while on the power play to make it six-on-four, but Slade scored into the open net for a shorthanded strike.

Auburn has now won two straight after losing three in a row.



Alex Surmis of Auburn slips past a Westborough defender and reaches his stick out to corral a loose puck.

## Explosive interior offense leads Blackstone Valley Tech past Minutemen



Nick Ethier photos

Bay Path's Madison Paulhus takes a strong drive into the lane versus Blackstone Valley Tech's defense.

BY NICK ETHIER  
SPORTS STAFF WRITER

UPTON — Great guard play from Blackstone Valley Tech's girls' varsity basketball team led to great passes inside the paint, and strong rim presence by the forwards and centers allowed them to finish off interior baskets when the Beavers hosted Bay Path Regional on Tuesday, Jan. 16.

As a result Valley Tech made 22 two-point baskets — with the vast majority of them coming from inside eight feet — en route to a 50-29 victory over the Minutemen.

"It's always a focus for us. We have really strong post players," Valley Tech head coach Brit Kahler said of getting the ball inside to the bigs. "We can

always take an outside shot, so if we can get it in and then pass it back out we get more open looks."

The Beavers led, 20-4, after the initial eight-minute quarter and never looked back. Valley Tech outscored Bay Path in the second, 15-6, to surge ahead to a 35-10 lead at the halftime break.

The Beavers are now a perfect 8-0 as the regular season's midpoint approaches.

"We're definitely taking it a game at a time," Kahler said of potential thoughts when playing in the postseason. "We were fortunate enough to go to the State Vocational Tournament last year and we ended up winning it for the first time, so that's a goal this year as well."

If Valley Tech keeps winning they

will get a bid into the State Vocational Tournament as well as the MIAA Central Mass. Division 4 Tournament.

The Minutemen, who dropped to 6-2, are also off to a good start and are four victories away from also playing in the Central Mass. D4 Tournament. Head coach John Selen gave credit to Valley Tech's fast start and added that his team will only improve after playing a team like the Beavers.

"They're the cream of the crop right now in the Colonial League," he said of BVT. "You aspire to be what a BVT is. They're a great-coached team and they have some great players."

"You get better by playing good teams," Selen added. "This is a good learning experience for us."

Selen noted that Bay Path opened the game in a man-to-man defense, but the Beavers were able to take advantage of the one-on-one matchups down low. The Minutemen then switched to a 2-3 zone, which was when Valley Tech took advantage of the open space outside and began hitting deeper jump shots and one 3-pointer.

Bay Path had a more competitive third quarter, which the Beavers won by a 13-9 count to lead, 48-19, heading into the final frame. And the Minutemen won fourth quarter scoring, 10-2, to take the second half (19-15).

"We played tough and the girls hung with it," said Selen, adding that the team is currently playing without starting point guard Alexxus Afriyie, who suffered a sprained ankle a few weeks back.

Bay Path's scoring was balanced, with Nekelle Waskiewicz netting a team-high 7 points. Kiara Coates (6 points), Savannah Vangel (4), Emily Wong Kam (4), Madison Paulhus (3), Kayla Davis (3) and Kayla Morrison (2) also scored for the Minutemen.

"We're pretty happy with where we are right now. We're in a pretty good position," concluded Selen.

The Beavers also had a balanced scoring attack, which was led by Victoria Russian's 10 points. Kahler feels that



Kayla Morrison of Bay Path pulls up for a jump shot in front of Blackstone Valley Tech defender Erin Fraine.

her team is at its strongest when they spread the wealth offensively.

"I feel like we're a better team when there's not one or two girls you can stop and any one of them can go off at any time," she said.

Also scoring for BVT were Lyndsay Morse (9 points), Erin Fraine (8), Gabby Muscatell (7), Alyssa Clark (4), Kourtne Page (4), Isabelle Angelini (3), Kelley Muanya (3) and Meghan Leacy (2).

Kahler wasn't sure what to expect out of her group offensively before the season started, but noted that they have exceeded expectations — which could serve her team well down the road.

"The passing's great, we're really moving the ball and we're getting more aggressive on offense," she said.

## SPORTS

# Rams force OT late, then squeak past Holy Name for second time this season

BY NICK ETHIER  
SPORTS STAFF WRITER

WORCESTER — The Shepherd Hill Regional and Holy Name High girls' varsity basketball teams have built a spirited nonconference rivalry with each other over the years, and this season has been no different.

The Rams edged the Naps back on Dec. 15, 56-54, and on Monday, Jan. 22,



Isabella Nascimento of Shepherd Hill takes the ball to Holy Name defender Ava Diggs.

The Hill forced overtime late and eventually won in the extra frame, 59-57.

"It's a great rivalry," said longtime Shepherd Hill head coach Jim Hackenson, who has been battling fellow longtime Holy Name head coach Barry Finneran for decades now. "It's fantastic and no matter where we're playing — here or there — it's the same result [of a close matchup]."

The Rams' Isabella Nascimento turned out to be the game's hero when she buried a 3-pointer with 20 seconds to play in the overtime. Nascimento hit another 3-pointer in the game's first minute, but struggled from the field for the rest of the game. She hit her shot when it mattered most, though.

"She's a player," Hackenson said of Nascimento. "She had a rough time [shooting], but it happens. That [3-pointer] was so big."

Nascimento (10 points) made up for her struggles from the floor by also contributing 11 rebounds, 5 assists, 2 steals and 2 blocks.

Nascimento originally missed a 3-pointer in the overtime, but teammate Julia Dandridge (6 points, 7 rebounds) tracked down the offensive rebound. Seconds later, Nascimento was taking and making the 3 to give the Rams a 59-57 lead, which was Shepherd Hill's first advantage since it was 11-9 in the first quarter.

The Rams then got a defensive stop but threw the ball away during an inbounds pass. That gave the Naps a final chance to tie or win, but Logan Lornell's 3-pointer missed its mark.

"I should have called a timeout," Hackenson said of the inbounds pass. "I don't like timeouts, but that's a coaching move. If they can't get the ball in call a timeout."

Holy Name led after the first quarter (15-12), at halftime (29-25) and through three quarters (42-38), but the Rams found a way to force overtime by winning fourth quarter scoring, 16-12, to make it 54-54 at the end of regulation.

"We played pret-



Nick Ethier photos

Shepherd Hill's Bailey Savage whips a pass past Holy Name defender Jaina Edmonds and across the court.

ty good defense and we grinded it out," Hackenson said of the keys to the victory.

Holy Name's top performers — Jaina Edmonds and Sophia Masciarelli — nearly gave the Naps (7-4) the win with their stellar play. Edmonds scored a game-high 26 points, while Masciarelli notched a double-double with 17 points and 14 rebounds.

But Shepherd Hill had plenty of performers besides Nascimento that led to the win. Molly Springer produced a double-double (17 points, 13 rebounds) and Bailey Savage chipped in 13 points.

"We couldn't get over the top. But we got over the top when it counted — in the end," said Hackenson.

Even though the Rams have now swept the Naps in their two regular season contests, these teams may not be done with each other. Both will take part in the Westborough Invitational Tournament before the postseason commences, and The Hill and Holy Name are both Central Mass. Division 1 teams.

"We may play them four times," said Hackenson, whose team now stands at 12-1.

The Rams' lone loss came to Wachusett Regional, 63-41, and Shepherd Hill's next opponent happens to be the Mountaineers. Hackenson

likes how his team has played of late, though, as they have taken on — and beaten — some of the region's premier teams.

"We had a tough run. We had Leominster, Groton-Dunstable, Holy Name and now Wachusett. That's quite a stretch," concluded Hackenson.



Shepherd Hill's Reese Hammond reaches up to catch a pass in front of Holy Name's Ava Diggs.



Molly Springer of Shepherd Hill looks to drive past Holy Name's Logan Lornell on her pursuit to the basket.



Shepherd Hill's Isabella Nascimento employs tight defensive coverage on Holy Name ball handler Sophia Masciarelli.



Bailey Savage of Shepherd Hill puts the brakes on her drive while being surrounded by Holy Name defenders.

## SPORTS BRIEFS

### Charlton Knights of Columbus crowns 2018 free throw champions

A total of 27 boys and girls from area towns competed in Charlton's 23rd annual Knights of Columbus Free Throw Championship on Saturday, Jan. 13 at the town's elementary school. Each contestant shot 15 free throws.

Congratulations to the following winners, who will now advance to the district shootout in February in Southbridge.

9-year-old boys: Jacob Ramsey, 6 of 15  
9-year-old girls: Gianna Neri, 7 of 15  
10-year-old boys: Landen Palacios, 5 of 15  
11-year-old boys: Colin Resner, 4 of 15  
11-year-old girls: Olivia Kowalski, 8 of 15  
12-year-old boys: Peter Barbale, 9 of 15  
12-year-old girls: Sarah O'Connor, 7 of 15  
13-year-old boys: Anthony Barbale, 9 of 15  
13-year-old girls: Colleen Murphy, 7 of 15  
14-year-old girls: Emma Lanpher, 9 of 15

### Charlton Little League Softball registration open

Charlton Softball is a town recreational softball league for girls of all abilities from ages 4 to 16. Register your daughter by visiting <http://charltonsoftball.org>. Save \$10 per registration when you complete your online registration by Jan. 31, 2018. Come have your daughter learn the game of softball, along with the value of teamwork and friendship in a fun environment. Visit <http://charltonsoftball.org> for more details.

### Dudley/Charlton women's basketball looking for available players

There will be women's pick-up basketball happening at the Heritage School gym from 7-9 p.m. We play Monday evenings based on school schedule until June. There are no set teams and no fees, so no weekly commitment. Come when you can for some friendly competition and exercise. Must be 18 years of age or older. Please contact Deb at (508) 248-3600 or [mzd531@charter.net](mailto:mzd531@charter.net) for more information.

# OBITUARIES

## Marjorie J. Anderson, 80



NORTH OXFORD – Marjorie J. (Fleming) Anderson, 80, formerly of Prospect Street, died Saturday, January 20, 2018, at the Life Care Center of Auburn. She is survived by two sons, Dean Anderson and his wife Maryann of Charlton, and Paul Anderson of North Oxford; three grandchildren and seven great-grandchildren. She was predeceased by her husband, John E. Anderson Sr. who died in 2008; and her son, John E. Anderson Jr. who died in 2013. She was born in Grafton, daughter of the late Simeon P. and Marjorie J. (Bragg) Fleming, and lived in North Oxford for many years. She graduated from Grafton High School in Grafton.

Mrs. Anderson was a certified nurse's aide at Providence House in Millbury for 3 years. Previously, she worked at Keith Hill Nursing Home in Grafton for 10 years. She enjoyed playing bingo and loved spending time with her grandchildren and great-grandchildren.

The family would like to thank Barbara Johnson, Lynnel McGee, Mike LaBonte, and the entire staff at the Life Care Center, for the exceptional care given to Marjorie.

Calling hours were Wednesday, January 24, 2018, from 5-7 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. Burial will be private at a later date at St. Roch's Cemetery in Oxford. In lieu of flowers, memorial contributions may be made to the American Heart Association, P.O. Box 417005, Boston, MA 02241-7005. paradisfuneralhome.com

## Robert W. McCrillis, 44



SOUTHBRIDGE/CHARLTON- Robert W. McCrillis, 44, passed away on Saturday, January 6, 2018 at Mass. General Hospital in Boston.

He leaves behind his wife, Elexis M. (Hussey) McCrillis of Southbridge, his mother, Jean A. (Fitts) McCrillis and a brother, Cory D. McCrillis both of Charlton, aunts and uncles and cousins.

Robert was born in Webster, son of the late Donald R. McCrillis who died February 23, 2009, and lived in Charlton for many years prior to moving to Southbridge.

He was a 1992 graduate of Shepherd Hill Regional High School in Dudley and earned an associate's degree from Becker College. Robert worked for A.

Duie Pyle Co. for several years. He enjoyed planting and gardening, collecting baseball cards and coins, and camping.

He would call his mother every morning and have a coffee with her and share a scratch ticket.

Calling hours for Robert were Sunday, January 21, 2018 from 4-6 pm at the ROBERT J. MILLER-CHARLTON FUNERAL HOME, 175 Old Worcester Rd.

A Funeral Service was held on Monday, January 22, 2018 at 10 am in the Funeral Home, followed by burial in West Ridge Cemetery in Charlton.

In lieu of flowers, memorial contributions may be made to: Overlook Hospice, 88 Masonic Home Rd., Charlton, MA. 01507.

To offer an On Line condolence, please visit: RJMILLERFUNERALS.NET

## Paul A. Hast, 64



OXFORD – Paul A. Hast, 64, of Foster Street, passed away peacefully on Friday, January 19, 2018, at UMass Memorial Medical Center – University Campus in Worcester, surrounded by his family. He is survived by his wife of 43 years, Lynn K. (Evans) Hast of Oxford; two sons, Derek P. Hast and his wife Jessica of Charlton, and Keith A. Hast of Leominster; three grandchildren, Bridget, Annie, and Adam Hast; a long-time family friend, Sara Marchand; and several nephews and nieces. He was predeceased by his brother George; and sisters Mary and Audrey. He was born in Worcester, son of the late Albin and Myrtle Helen (Johnson) Hast, and lived most of his life in Oxford. He graduated

from Oxford High School.

Mr. Hast worked in the trucking industry for over 30 years as a dispatcher and professional truck driver. He worked for Jeffco Fibers, Astrofoam, Tuscarora, and Tegrant. He loved entertaining, being around people, and was known by his family and friends as Santa and the "Mayor of Foster Street." He was a true family man and loved nothing more than spending time with his family.

A funeral service will be held at 11 a.m. on Friday, January 26, 2018, at Paradis-Givner Funeral Home, 357 Main St., Oxford. Burial will follow at North Cemetery in Oxford. Calling hours are Thursday, January 25, 2018, from 4-7 p.m. at the funeral home. In lieu of flowers, memorial contributions may be made to St. Roch's Church, 334 Main St., Oxford, MA 01540.

*Send all obituary notices to  
Stonebridge Press, PO Box 90,  
Southbridge, MA 01550, or by e-mail  
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# CALENDAR

### Saturday, January 27

**TASTE OF THE TOWNS:** Charlton Residential Energy Assistance for Seniors annual Taste of the Towns on Saturday, Jan. 27 from 6:00-9:00 p.m. at St. Joseph's Church Hall, 10 H Putnam Road Extension, Charlton. Tickets are \$15 per person and available at the Charlton Senior Center, Cornerstone Bank in Charlton and sold at the door. For more information on the Charlton REAS Foundation, Inc., PO Box 793, Charlton, MA 01507 please visit our website at [www.reascharlton.org](http://www.reascharlton.org) or contact Elaine at (508) 868-5289 or (508) 248-2231.

**STEPPIN' OUT:** The Hayloft Steppers Square Dance Club is holding a "Cookies & Cocoa" dance on Saturday, Jan. 27 from 8-10:30 p.m. (early rounds at 7:30). The caller will be Ken Ritucci and the cuer will be Bev Boudreau. Admission is \$8 per person. For more information on our Beginner Classes, please call Moe at (508) 344-3430 or Al at (413) 436-7849 or visit our website at [www.hayloftsteppers.org](http://www.hayloftsteppers.org). The club is located at 232 Podunk Road in Sturbridge.

### Monday, January 29

**TURKEY BUFFET:** St. Stainslaw Society of St. Paul II Parish will host a Public House Night Monday, Jan. 29 featuring a benefit for Trinity Catholic Academy with an all you can eat turkey feast buffet. First seating 4:30-6:15 p.m., second seating 6:30-7:30 p.m. Casual dining, open seating, no reservations, but recommended advance tickets purchased. Call Ted at (508) 764-7909 or Curt at (508) 347-5067. Also available that night at Paige Hall, 279 Hamilton St., Southbridge. Adults: \$14, Children 4-12: \$5.

### Wednesday, January 31

**LEARN ABOUT BOY SCOUTS:** Boy Scout Troop #165 of Charlton is holding a presentation at the Charlton Grange, 10 Main St., Charlton on Wednesday, Jan. 31 7-9 p.m. The Charlton Boy Scout Troop #165 would like to invite the public to a free presentation detailing their recent high-adventure trip to SeaBase, Florida. The trip was funded in part by the Charlton Cultural Council, a Local chapter of the Massachusetts Cultural Council. For questions contact Betty Scotti 508-930-1181.

### Friday, February 2

DECADENT DESSERTS: Join

us! Decadent desserts & appetizers, good friends and live music! Tastefully Ted. is a pre-Valentine's celebration benefiting the Tantasqua Education Foundation. Indulge in decadent desserts and delicious appetizers, mingle with friends, and enjoy local entertainment. Cash bar and silent auction. Friday, Feb. 2, 7-10 p.m. \$20 per person in advance, (\$25 per person at the door) Enjoy specialties from: Publick House, BT's Smokehouse, Rovezzi's Ristorante, Table 3 Chefs & Catering, Cornerstone Café (TRHS culinary arts students), Whoopie Doo and Cupcakes Too, Buster's Bark, and the Southbridge Italian American Club. A special thank you to Publick House for once again generously hosting Tastefully Ted this year. As always, awesome silent auction including Red Sox tickets, Wachusett Mountain ski tickets and more. Live music. Proceeds benefit Tantasqua Education Foundation. Visit [TedFound.org](http://TedFound.org) for more info.

Saturday, February 3

**TAKE YOUR CHILD TO THE LIBRARY:** The Joshua Hyde Library, 306 Main St., will be joining libraries across North America to celebrate the second annual Take Your Child to the Library Day on Saturday, Feb. 3. Bring the family to meet the Boston Red Sox mascot Wally the Green Monster between 11 a.m. and 11:45 a.m. The first 50 children will receive an autographed photo of Wally!

Families are also invited to tour the Children's Library and enjoy refreshments throughout the day. Don't forget your camera!

**STEPPIN' OUT:** The Hayloft Steppers Square Dance Club is holding a "Love is in the Air" dance on Saturday, Feb. 3 from 8-10:30 p.m. (early rounds at 7:30). The caller will be Daryl Sprague and the cuer will be Marilyn Rivenburg. Admission is \$8 per person. For more information on our Beginner Classes, please call Moe at (508) 344-3430 or Al at (413) 436-7849 or visit our website at [www.hayloftsteppers.org](http://www.hayloftsteppers.org). The club is located at 232 Podunk Road in Sturbridge.

### Thursday, February 15

**REPUBLICAN CAUCUS:** The Sturbridge Republican Town Committee will caucus on Feb. 15 to choose candidates for the RTC. The meeting will be held in the board room of All Star Premium Products at 660 Main St, Fiskdale. We will Caucus from 6:30 p.m. to 7:30 p.m. For more information or questions, please call Mike Young at (774) 230-3672.

### Saturday, February 17

ICE FISHING DAY! Ice Fishing Day,

Saturday, Feb. 17, 10 a.m.-1 p.m. at Auguttaback Pond, Hodges Village Dam, 30 Howarth Road, Oxford. Instructors will be available and free use of gear (limited quantity) will be provided. No license is needed and all ages are welcome — bring the whole family! For further information, call (508) 248-2247.

### ONGOING

**ALZHEIMER'S SUPPORT GROUP:** On the third Wednesday of each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or [kawalker@overlook-mass.org](mailto:kawalker@overlook-mass.org) for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or [alz.org](http://alz.org).

**NUMISMATICS:** Looking for a new hobby? Come learn about the hobby of Coin Collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is

the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or [lisirichard15@yahoo.com](mailto:lisirichard15@yahoo.com).

**Free Playgroup at the Hitchcock Academy;** sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at [www.hitchcockacademy.org](http://www.hitchcockacademy.org) or call 413-245-9977

**Grief Support Group:** at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

**THRIFTY:** Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

**NUMISMATICS:** Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

## POLICE LOGS

### Charlton Police Department

#### ARRESTS & SUMMONS

All suspects are presumed innocent until proven guilty in a court of law. Police agencies can no longer print the names of people who are arrested or charged with domestic assault related charges. The new law is designed to protect victims, so they are not re-victimized through indirect identification.

January 14-20

Unnamed male from Charlton: Assault & Battery on a family or household member, possession of a class A drug, possession of a class B drug, defective equipment (headlight), operating MV with a suspended license subsequent offense

Unnamed male from Charlton: Assault & Battery on a family or household member

Valerie Peters of Southwick: operating MV with a suspended license  
Joseph Wostwick of Auburn: receiving stolen property over \$250 and Breaking & Entering a motor vehicle

Auther Brunner of Douglas: OUI-liquor second offense  
Victor Chapman of Southbridge: Assault & Battery with a dangerous weapon and threatening to commit a crime to wit murder

Charlton PD:  
Art theft is a haul of frames.  
(Crimes & Pun-ishment!)

# Ice is nice as anglers take to the surfaces



Pete Tellier huddles inside a shanty for his stab at fishing through the ice.



Matt Fontaine relaxing on the ice during the Uxbridge Rod & Gun derby.

Courtesy photos

This last weekend provided anglers with some great ice fishing on all fronts. It was a perfect day Saturday for the Uxbridge Rod & Gun Club's annual ice fishing derby which drew 40+ anglers to enjoy some great fishing for trout. Most every anglers, young and old, caught fish and enjoyed the day in the great outdoors. Cash prizes were awarded for the largest trout caught. Ice fishing on local ponds and lakes had a large group of anglers fishing catching bass, pickerel & perch. This week's picture shows Matt Fontaine relaxing on the ice at the Uxbridge event last week fishing and sipping coffee. Matt is the treasurer for the club. Pete Tellier relaxes in his ice shanty in the second picture.

The rain that was predicted for this Tuesday is sure to make some ice unsafe. Shoreline ice is very unpredictable, so be sure to use caution especially with youngsters of the family.

The Blackstone River in Blackstone was giving up some large pike during the fall season of 2017. With the snow free shoreline along the Blackstone River, some anglers are taking their rod & reel to fish for pike and trout. The state of Rhode Island also stocks trout annually in the Blackstone from the Woonsocket line south. The Blackstone River was also stocked in Massachusetts at Tri-River approxi-

mately 10 years ago by this writer's fly fishing class that was held annually at the at the Uxbridge High School. More than \$500 worth of rainbow trout and brown trout were stocked which was raised by the group. Hopefully, another group of anglers, or the Mass Fish & Wildlife will start to stock trout in the Blackstone River soon. The water has cleared up substantially over the years with the help of numerous organizations, including the Blackstone River Watershed Association!

268 black bear were harvested in Massachusetts in 2017, which was a bit shy of the 2016 count of 287 in 2016. 119 bear were harvested in Berkshire County, 65 Franklin, 36 Hampden, 38 Hampshire, & 9 in Worcester County.

The preliminary 2017 deer harvest figures are as follows: 109 deer were harvested during the youth hunt, four during the paraplegic hunt, 5,095 during archery, 4,766 during the shotgun, 3,519 during the primitive arms hunt.

It should be noted that the archery season had a substantially larger number of deer harvested than the shotgun season. With all of the high tech bows on the market today accuracy is much bet-



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ter, resulting in more deer being shot and retrieved. Hopefully the state will finalize the crossbow and Sunday hunting bills this year. All surrounding states have them. Sportsmen deserve no less. They are waiting!!

The New England Outdoor Writers Association is seeking submissions for their 2018 youth outdoor writing contest for young people, from New England in grades 6-12 The deadline for submissions is Feb 15. Cash prizes of \$150, \$100, \$50, and \$25 are being awarded. For full details go to the web site at [www.neowa.org/youthwritingcontest.html](http://www.neowa.org/youthwritingcontest.html).

The Singletary Rod & Gun Club will hold their annual ice fishing derby for members only this Sunday Jan. 28, starting at 7:00 a.m. with a buffet breakfast at 6:00 a.m. The event has a carnival like atmosphere with more than 200 ice tilts being set out on the ice. Members will be cooking numerous meals on the ice for their groups of fishermen & women to eat and I am sure venison will be on the grill. Numerous prize will be awarded for the largest trout caught. The derby ends at 1:00 p.m. A "Seal A Meal" system and a turkey fryer will be raffled off at the event.

Massachusetts Junior Conservation Camp two week event is being awarded by the Singletary Rod & Gun Club to junior hunters, fishermen & women again this year. Any person interested in having their youngster attend the camp at no cost should send a letter stating why you want to go to the camp. Deadline is March 9. For more information go to the web site at [www.juniorconservationcamp.org](http://www.juniorconservationcamp.org) or call Ruth Granger at (508) 892 9301. (If your youngster likes hunting, fishing, and the outdoors) this is a great opportunity to send them to two weeks in the great outdoors, and meeting new friends. AND IT IS FREE! Limited openings are available so get your letter in ASAP.

Goose hunting open last Saturday under ideal conditions and if you had a cornfield or golf course to hunt, you should have had plenty of action. The five bird daily limit is in effect until Feb. 10. A new 2018 state waterfowl stamp is needed to hunt geese, however your 2017 federal stamp is still good for the late goose season, and all coastal waterfowl hunting.

*Take A Kid Fishing & Keep Them Rods bending!!*

## Worcester free tax service coalition kicks off season

FREE TAX SERVICES AVAILABLE IN WORCESTER

WORCESTER — In conjunction with a nationwide Earned Income Tax Credit Awareness Day, the Worcester Tax Free Service Coalition will host a kick off for its 14th year of providing free tax preparation services for local, low income households. The program utilizes IRS trained volunteers to prepare tax returns for households earning less than \$54,000. The 2017 event is scheduled Friday, Jan. 26 at the NeighborWorks Home Ownership Center of Central Massachusetts, 138 Green St., Worcester at 9:30 a.m.

Among others, the program is to include remarks

by Congressman James P. McGovern, City Manager Edward Augustus Jr., United Way of Central Massachusetts President Tim Garvin, Michael Desimone of the IRS, UniBank VP of government affairs and Worcester City Councilor Matthew Wally, City Councilor Maurice Bergman, WCAC Job & Education Center Director Carrick O'Brien and volunteers from and past clients of the volunteer income tax assistance program.

In tax year 2016, WFTSC served nearly 2,000 households, generating more than \$3.4 million in returns with an average federal refund of \$1,849.

For 2018, four VITA sites will be available: Worcester Community Action Council on the second floor of the Denholm building, 484 Main St., Worcester; Main South Community Development Corporation, 875 Main St., Worcester; Community Builders-Plumley Village at 16 Laurel St., and at Worcester State University 486 Chandler St., Worcester. Additional details about specific appointment time available at [www.WCAC.net/VITA](http://www.WCAC.net/VITA).

Partners in the Worcester Free Tax Service Coalition include: Plumley Village, Main South CDC, Worcester

State University, Worcester Community Action Council, the IRS, WCCATV 194, Assumption College, Allcom Credit Union, United Way of Central MA, Assumption College, UNUM and the City Manager's Office of Economic and Neighborhood Development.

Sponsors for this season's initiative include: MassCAP, the IRS, St. Mary's Credit Union, UniBank, WebsterFive and the City of Worcester's Community Development Block Grant Program.

Additionally, the kick-off will coincide with the launch

of a new program-- Bank On Worcester County, led by WCAC and funded by the Health Foundation of Central MA. Intended to bring unbanked and underbanked individuals in to the financial mainstream, the program has established a coalition of financial institutions, community-based organizations, and local government. Through the Bank On program, clients will gain access to affordable banking products and financial education at area financial institutions in Worcester and Southbridge.

## Egg regs could keep them out of baskets

BY JERRY CARTON  
STONEBRIDGE CORRESPONDENT

In 2016 Massachusetts voters approved banning the sale of eggs from farm animals who were restricted to cages and consumer groups hailed the result. That proposal, which was supported by an overwhelming 77-percent of voters, requires that only cage-free eggs be sold in the state by 2022, irrespective of where they were produced.

13 states though (none in New England) didn't think much of that and filed suit with the Supreme Court, arguing such a ban is unconstitu-

tional. Indiana is the chief plaintiff but Alabama, Arkansas, Louisiana, Missouri, Nebraska, North Dakota, Oklahoma, South Carolina, Texas, Utah, West Virginia and Wisconsin are co-plaintiffs.

Massachusetts Attorney General Maura Healey's office acknowledged it has received notice but declined to comment.

The suit claims Massachusetts is trying to establish its own regulatory standards on farmers in other states, thus violating the Constitution's commerce clause and insists farmers "will have

to increase their production costs by decreasing flock of herd size, investing in new infrastructure and undertaking contentious zoning approval processes. If they do not", the suit adds, "they must forgo completely any sales in Massachusetts or to national distributors that may resell products in Massachusetts".

Paul Shapiro is vice-president for policy of the Humane Society of the United States and said those 13 states are "grasping at straws."

"Massachusetts has an interest in protecting its consumers from inhu-

mane and substandard production of eggs."

He added the state is "applying an even standard by requiring the same condition for housing animals at its own farms."

State law defines an overly restrictive cage "as one which would prevent an egg-laying hen, breeding pig, or calf raised for veal from standing up, turning around or fully extending its limbs." Many animal protection groups backed the measure.

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# Online RMV may be best

BY JERRY CARTON  
STONEBRIDGE CORRESPONDENT

Not crazy about driving to do business with the Registry of Motor Vehicles? If that's the case, you'll like this — the agency is moving to expand online access for some transactions.

For example, customers will now be able to renew licenses or ID cards online for two consecutive renewal periods. Additionally, customers will be able to use the same license picture for 14 years rather than nine, which means some 30,000 more renewals can be transacted online every month.

"The Registry is pleased to offer these helpful

enhancements to service options available to our customers," said RMV's Erin Deveney, adding, we encourage customers to conveniently renew their driver's license or Mass ID card online if they are eligible to do so, saving a trip to a service center."

Deveney speculated the changes will make in-person visits to service centers less of a hassle and assure the centers will run more efficiently.

Under the new rules, licenses and ID cards will need to be renewed in-person at an RMV center or AAA offices (for members) every third renewal period, or once every 15 years.

The new rules stipulate that eligibility for online renewal must meet the criteria of having a license or

ID card less than 14 years old and taken after following the customer's 21st birthday.

"This is positive for everyone," said Deveney.

Starting March 28, the RMV will also be changing the way driver's licenses and ID cards can be acquired and renewed. That's the day the Registry will start issuing licenses and ID cards which will meet federal standards to be REAL ID compliant.

Massachusetts residents won't need those REAL ID cards until October 2020 and even then only to board planes or enter a US government building under pending new federal rules.

The Registry's online site can be found at [www.mass.gov/how-to/renew-your-driver-license](http://www.mass.gov/how-to/renew-your-driver-license).

# Host a sports viewing party to remember

Amateur and professional athletics are both big business. According to Forbes, the Southeastern Conference, a collective of universities that includes the University of Alabama and the University of Georgia, generated \$375 million in television money alone in 2015, collecting another \$140 million from football and basketball postseason play. While that's a hefty chunk of change, and even more impressive when considering the SEC is just one of many conferences in college athletics, it pales considerably in comparison to the National Football League, which Forbes projected would surpass \$13.3 billion in total revenues in 2016.

Such figures highlight the popularity of both amateur and professional sports. Hundreds of millions of people across the globe enjoy sports, and many are fond of gathering with fel-

low fans to watch their favorite teams play, whether in-person or on television. Viewing parties are a great way to watch the big game with fellow fans, and such gatherings don't have to require all that much effort on the part of hosts.

- **Make it a potluck affair.** Potluck affairs make perfect sense for sports viewing parties, so don't be surprised if guests offer to whip up some homemade guacamole or a buffet-style dish for the big party. Encourage this, asking guests to share what they're bringing with other invitees so there are no duplicate offerings.

- **Vary the food and beverage menu.** Chicken wings and beer might seem like go-to foods and beverages for the big game, but even sports bars are increasingly recognizing sports fans' desire for healthy foods. It's still acceptable to serve staples like wings, nachos, chips,

and pretzels, but try to provide some healthy fare like celery and salad as well. Even whole-grain pretzels might be more enticing to guests watching what they eat. In addition, provide alternatives to alcohol, such as water, soda and juice, for guests who are abstaining.

- **Upgrade your television.** Projection screens are go-to options for many avid sports fans. But projectors and screens may stretch some sports fans' budgets. A 4K ultra-HD television can be an affordable option depending on the size of the television, and such devices provide incredibly crisp pictures that can make sports fans feel as though they're inside the stadium cheering on their favorite players.

- **Purchase a sound system.** Today's televisions are sleek and thin. While that saves space and provides more aesthetic appeal than the bulky



televisions of yesteryear, thin designs leave little room for sound tech. As a result, it can be hard to hear what's going on in the game without a sound system. Sound systems are relatively inexpensive; just make sure to purchase one that is

compatible with your television.

Sports viewing parties tend to be easygoing affairs that don't require the level of planning of more formal gatherings.



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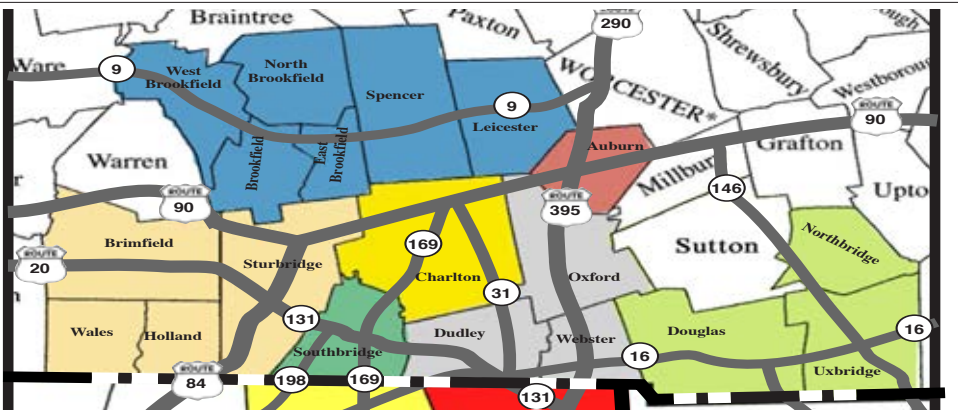
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# Enjoy This Hard Cider-Infused Game Day

RECIPE PRESENTED BY  
**ANGRY ORCHARD**  
(NAPS)

As football fans everywhere celebrate with tailgating festivities and game-day grilling, many are looking for a crisp and refreshing beverage to pair with traditional barbecue favorites and infuse in exciting new recipes. Hard cider is a fruit-forward and delicious alternative to beer and wine, making it a winning refreshment and recipe ingredient no matter the score.

There are two apples in every bottle of Angry Orchard, the leading U.S. cider maker\*. Crisp Apple, Angry Orchard's most popular hard cider, is made with a blend of culinary and bittersweet apples that lends balance and complexity to its bright crisp apple taste. Crisp Apple is available in 6-packs as well as 12-oz. and 16-oz. cans, which are perfect for enjoying during outdoor tailgating parties. For an easy-drinking alternative for longer drinking occasions, try Angry Orchard

Easy Apple, which is also available in 6-packs and 16-oz. cans.

Hard cider provides a natural sweetness that calms the heat of flavorful and spicy dishes, such as hot wings and barbecue, and pairs well with classic grilling eats like burgers and hot dogs.

Hard cider's apple-forward flavor also enhances pork dishes ideal for tailgating, such as the cider-infused Pulled Pork Crostini with Caramelized Apple recipe below.

## PULLED PORK CROSTINI WITH CARAMELIZED APPLE

- 1 bottle Angry Orchard Crisp Apple
- 2 pounds pork shoulder
- 2 Tablespoons ground cumin
- 3 Tablespoons smoked paprika
- 3 Tablespoons Kosher salt

- 1 large white onion, chopped
- 6 garlic cloves, smashed
- 12-ounce can crushed tomato
- 1/2 cup apple cider vinegar
- Olive oil as needed
- 24 French bread rounds
- 24 fresh sage leaves
- 2 Cortland apples, sliced

Preheat oven to 250° F. Place pork shoulder in a baking dish and sprinkle with cumin, paprika and salt. Place white onion and garlic in pan and pour in tomato, cider and cider vinegar. Cover tightly with plastic wrap and foil and place in oven to cook until tender, approx. 3 hours; remove and let stand, loosely covered. Increase oven temperature to 350° F. Brush French bread and sage leaves lightly with olive oil and sprinkle with salt; place on baking sheet and place in oven until crispy; approx. 7 minutes. Flake apart pork shoulder with



tongs or fork in a bowl, adding some of the braising liquid to the mix to taste. Place small amount of pork shoulder on crostons, and top with fresh apple slice and crispy sage; serve.

Note: Low and slow are the keys to making this pork shoulder tender and delicious; the apple cider and apple cider vinegar add enough tang and acid to help break down the meat and make it taste even better.

This dish pairs effortlessly with hard cider alone, but if you're looking for a new tailgating tradition, try coupling it with Orchard Fest.

### ORCHARD FEST

- 1/2 bottle Angry Orchard Crisp Apple
- 1/2 bottle Samuel Adams Octoberfest
- Fill 1/2 pint glass

with Samuel Adams Octoberfest. Top with Angry Orchard Crisp Apple.

For further recipes, facts and tips, go to [www.AngryOrchard.com](http://www.AngryOrchard.com).

\*Source: IRI, Total U.S. Multi-Outlet, ending 9/7/17

Refreshing food and drink can help your tailgating party taste like victory.

# Homemade mac and cheese tailor-made for the big game



Hosting a Super Bowl party for friends and family is a big responsibility. Each year, well over 100 million people watch the championship game of the National Football League. In fact, according to Nielsen, 111.3 million people in the United States tuned in to watch the New England Patriots' thrill-

ing and historic comeback victory in Super Bowl LI in 2017.

While people anxiously anticipate watching the NFL's biggest game of the year, many are equally excited to attend Super Bowl parties, where they can watch the game with loved ones while enjoying delicious food and drink. Some Super Bowl party hosts may prefer to have their parties catered, while others enjoy getting in the kitchen to prepare some homemade foods for their guests. Hosts among the latter group can prepare familiar crowd favorites that are sure to please, such as this easily-prepared recipe for "Crusty Mac and Cheese" from Neal Corman's "Virgil's Barbecue Road Trip Cookbook" (St. Martin's Press).

## CRUSTY MAC AND CHEESE

Serves 4 to 6

- 1 pound elbow macaroni
- 1/2 teaspoon kosher salt
- 1/8 teaspoon ground white pepper
- 1/2 cup chicken stock
- 3/4 cup heavy cream
- 1/2 tablespoon Worcestershire sauce
- 1/2 tablespoon hot sauce
- 1/2 tablespoon Creole mustard
- 1 1/4 cup Cheese Wiz
- 8 ounces sharp cheddar cheese, shredded

1. Preheat the oven to 350 F. Grease a 2-quart baking dish.
2. Boil the macaroni in a 2-quart saucepan filled with water, until it is al dente, or still has some snap when you bite it. Strain the pasta and rinse thor-

oughly with cold water. Set aside.

3. Combine the remaining ingredients, except for the shredded cheese, in a medium saucepan over medium heat. The mixture should be barely simmering. Whisk periodically. Cook for 7 to 10 minutes.

4. In a large mixing bowl, combine the cheese sauce with the pasta and about one-third of the shredded cheese. Transfer to the baking dish, covering with the remaining shredded cheese, and bake covered for 10 minutes.

5. Uncover and bake for 15 minutes more, or until the top is golden brown.

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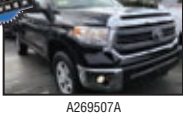




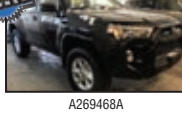




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JANUARY 26 THROUGH  
FEBRUARY 4

The Bradley Playhouse will present the play "Almost Maine"  
Tickets are \$20 for adults and \$16 for students and seniors  
For tickets call 860-928-7887 or  
www.thebradleyplayhouse.org



SATURDAY, JANUARY 27

9:00 p.m.  
THE GOODSPEED BAND  
Classic rock trio  
308 LAKESIDE  
308 East Main St.  
East Brookfield, MA  
774-449-8333

SUNDAY, JANUARY 28

2:00 - 6:00 p.m.  
BIG MEAT RAFFLE  
7 tables of all different kinds of meat and a Surf 'n' Turf table  
Food and beverages for sale  
Door prize  
Tickets are only a buck!  
THE SPENCER FISH & GAME CLUB  
155 Mechanic St., Spencer, MA



SATURDAY FEBRUARY 3

9:00 p.m.  
BAND OF BROTHERS  
4-piece blues band with members from Wilbur and the Dukes  
308 LAKESIDE  
308 East Main St.  
East Brookfield, MA  
774-449-8333



SUNDAY, FEBRUARY 4

7:30 a.m. - 3:00 p.m.  
42nd Annual Memorial  
ICE FISHING DERBY  
West Brookfield Boy Scout Troop 118  
Lake Wickaboag, West Brookfield, MA  
No-ice date: Sunday, February 18  
Trophies: Adults - four \$50 prizes  
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Tickets available for \$1.00 each by scouts or on derby day  
You do not have to fish to win a door prize  
In remembrance of Mark Cook, Peter Coulthard, J. Irving England, Michael Higgins and Dick Shepardson

THURSDAY, FEBRUARY 8

3:30-5:00 p.m.  
NOTRE DAME ACADEMY  
Q&A THURSDAY  
RSVP by February 5  
Learn more about NDA at this info session designed for 5th-8th grade girls and their families.  
To register contact Kimberly Kossuth, Director of Enrollment at 508-757-6200 (x 229) or email admissions@nda-worc.org

FRIDAY, MARCH 16

Woodstock Academy presents the MARSHALL TUCKER BAND with opening act Cold Train at the Center for the Arts on the Woodstock Academy South Campus, 150 Route 169, Woodstock, CT  
Admission tickets can be purchased for \$35  
A limited number of premium tickets, which include admission to a pre-show reception, can be purchased for \$100  
The reception will be held next door at the Head of School's home and will feature heavy hors d'oeuvres and beverages.  
Tickets can be purchased at woodstockacademy.org/tickets

### OPEN HOUSE

SUNDAY, MARCH 25

2:00-4:00 p.m.  
NOTRE DAME ACADEMY  
OPEN HOUSE  
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For more info, contact Kimberly Kossuth, Director of Enrollment at 508-757-6200 (x 229) or email admissions@nda-worc.org

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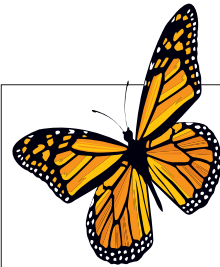
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**Southbridge:** Classic Colonial with great front porch! 7 rooms 3-4 bedrooms 1 1/2 baths. Large eat in kitchen. Three more rooms on the first floor, could use one for bedroom. 2nd floor large bedrooms plus full bath. Newly painted interior, some newer carpets, newer furnace, hot water tank, and oil tank. Back deck to level yard. **\$134,900**

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**Southbridge:** Spacious Home with 8 rooms 4 bedrooms. Big Living room with fireplace. Formal dining room w/built in china cabinet. Updated kitchen. Tile bathroom. Some HW floors. Playroom in lower level. 2 car garage. Updated gas furnace. Fenced in yard. Must sell! Make an offer! **\$229,900.**

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## WORLD FACT!

ACCORDING TO CNN TRAVEL, THIS ASIAN CITY IS THE MOST POPULAR TOURIST DESTINATION IN THE WORLD.

ANSWER: HONG KONG

### What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



Answers: 1. There are birds 2. Missing drink 3. Sailboat on water 4. Glasses on chair

### THIS DAY IN...



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a planned route

## How they SAY that in...

- ENGLISH:** Joy
- SPANISH:** Júbilo
- ITALIAN:** Gioia
- FRENCH:** Joie
- GERMAN:** Freude

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ACCORDING TO A GLASSDOOR EMPLOYEE SURVEY, ONLY 25% OF WORKERS SAY THEY USE ALL OF THEIR VACATION TIME EACH YEAR.



## GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: COCONUT TREE

⊙ \* ☼ ☽ ☿ ♀ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ ♀ ♂ ♁ ♃ ♄ ♅ ♆ ♇ ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

## CRYPTO FUN

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Solve the code to discover words related to baking.  
Each number corresponds to a letter.  
(Hint: 7 = e)

- A. 25 7 9 1 8 21 7**  
*Clue: Calculate*
- B. 1 14 15 16**  
*Clue: Blend together*
- C. 10 19 7 6**  
*Clue: Cooking device*
- D. 22 7 1 1 7 21 16**  
*Clue: Sweet treat*

Answers: A. measure B. sift C. oven D. dessert

## SUDOKU

5	4							3
	1		3			2	9	
		6						
			1		7			
			9	3				5
4						6		
7						3	1	
				2	4			
6							5	8

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	2	9	7	1	3	4	5	8
1	8	3	5	2	4	9	7	6
7	5	4	6	8	9	3	1	2
4	9	1	2	5	8	6	3	7
2	7	8	9	3	6	1	4	5
3	6	5	1	4	7	8	2	9
9	3	6	4	7	2	5	8	1
8	1	7	3	6	5	2	9	4
5	4	2	8	9	1	7	6	3

ANSWER:





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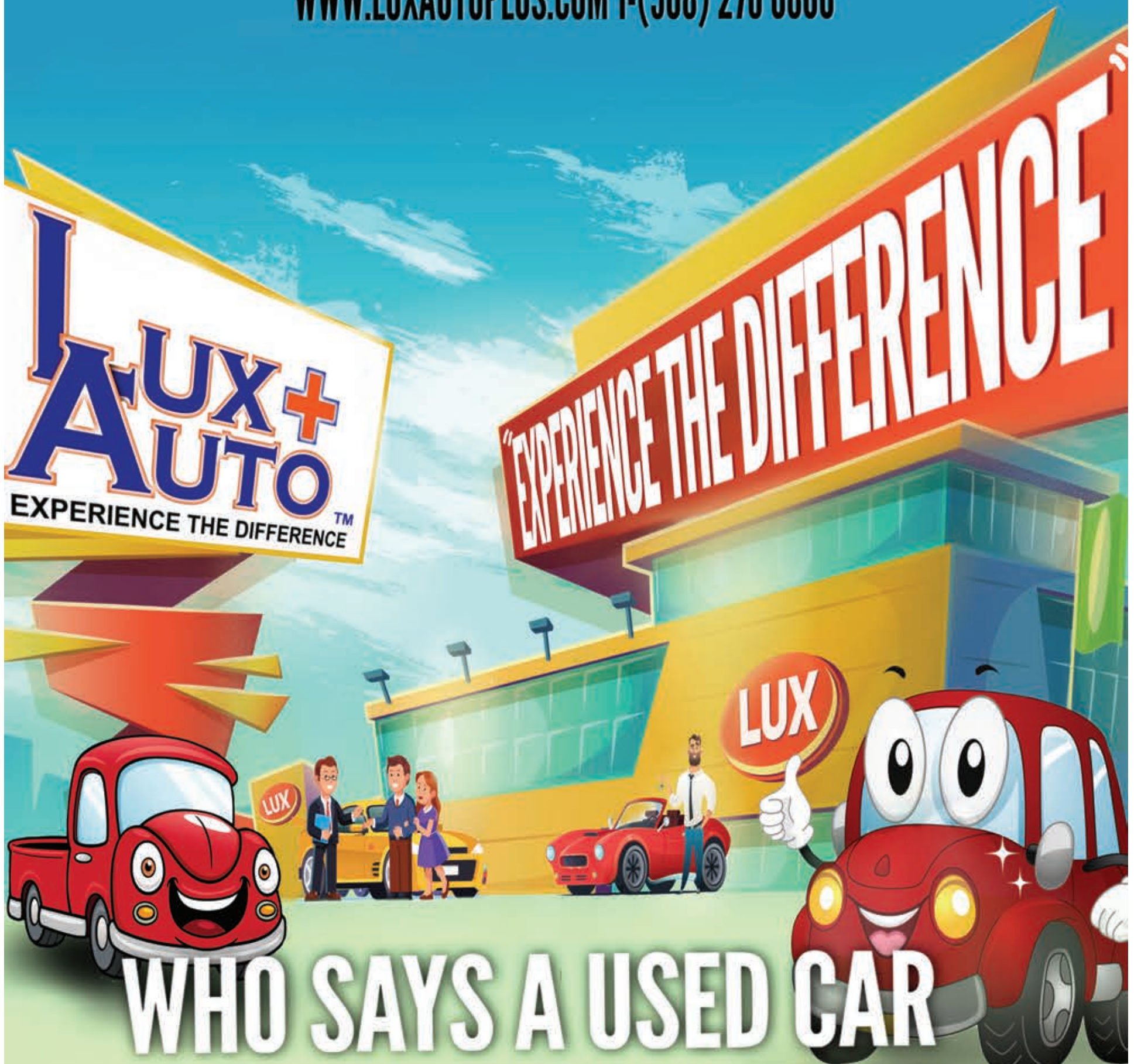
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<p><b>2015 KIA OPTIMA EX</b> #H0155L • KEYLESS START, LEATHER SEATS, 17" ALLOYS Retail Price: \$22,600 WHOLESALE PRICE: <b>\$11,999</b> SAVE \$10,601 OFF OF RETAIL PRICE!</p>	<p><b>2014 JEEP CHEROKEE 4x4</b> #38176AL • LATITUDE TRIM, DUAL EXHAUST, ALLOYS . . . . Retail Price: \$24,395 WHOLESALE PRICE: <b>\$15,577</b> SAVE \$8,818 OFF OF RETAIL PRICE!</p>
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<p><b>2016 MAZDA CX-3</b> #D8604 • NAV, MOONROOF, LEATHER SEATS, 7K MILES Retail Price: \$24,195 WHOLESALE PRICE: <b>\$19,477</b> SAVE \$4,718 OFF OF RETAIL PRICE!</p>	<p><b>2016 LINCOLN MKZ SEDAN</b> #P11098L • MOONROOF, TURBO, PARKING SENSORS, ALLOYS Retail Price: \$32,605 WHOLESALE PRICE: <b>\$22,977</b> SAVE \$9,628 OFF OF RETAIL PRICE!</p>
<p><b>2016 FORD ESCAPE SUV</b> #P11094 • TITANIUM TRIM, 4X4, NAV, LEATHER, ALLOYS Retail Price: \$24,845 WHOLESALE PRICE: <b>\$19,655</b> SAVE \$5,190 OFF OF RETAIL PRICE!</p>	<p><b>2014 DODGE CHALLENGER</b> #D8627 • RT COUPE, 5.7L V8, HEATED LEATHER, ALLOYS Retail Price: \$35,620 WHOLESALE PRICE: <b>\$22,977</b> SAVE \$12,643 OFF OF RETAIL PRICE!</p>
<p><b>2014 RAM 1500 EXPRESS</b> #P11113 • CREW CAB, 5.7L V8, BEDLINER, ALLOY WHEELS Retail Price: \$34,955 WHOLESALE PRICE: <b>\$22,955</b> SAVE \$12,000 OFF OF RETAIL PRICE!</p>	<p><b>2014 CHEVY TRAVERSE</b> #38331L • LT TRIM, PARKING SENSORS, HEATED SEATS Retail Price: \$34,600 WHOLESALE PRICE: <b>\$18,377</b> SAVE \$16,223 OFF OF RETAIL PRICE!</p>
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