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Friday, October 8, 2021

Minutemen shake off slow start, rally to defeat Keefe Tech



Jack Young of Bay Path sends a through-ball down the field.

BY NICK ETHIER
SPORTS EDITOR

CHARLTON — After allowing a goal just 10 seconds into a match — something the Bay Path Regional boys' varsity soccer team did versus Keefe Tech at George L. Fowler Memorial Field on Thursday, Sept. 30 — any team potentially could continue to play poorly and eventually lose. Luckily for the Minutemen, that didn't happen.

Bay Path shook off its slow start and netted the equalizer a few minutes later. Then, the Minutemen scored early in the second half to

ultimately edge the Broncos, 2-1.

"The biggest thing was they didn't get deflated off that quick goal and we came back," said Bay Path head coach David Martinson.

Before the Minutemen mounted their comeback, any fans showing up even a minute late to watch the game would have missed Keefe Tech's goal. A Bay Path player sent a slow pass backward to Evan Frost, but the Broncos' Brayan DeLima intercepted it and was off to the races. His shot off the breakaway then beat keeper Dominic Moniz.

"It was a quirky mental error,"



Photos Nick Ethier
Bay Path keeper Dominic Moniz follows through on a big boot during a goal kick

Bay Path's John Guerin uses his head to collect a pass from a throw-in.



the field and a hustling John Guerin raced up to it, controlled it and then shot it past keeper Julio Pereira

Turn To **SOCCER**, page **A6**

Amazon provides look into TIF agreement

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The public got a look into the ongoing negotiations between Charlton and Amazon during the Board of Selectmen's meeting on Sept. 28 as representatives presented the draft Tax Incremental Financing, or TIF, agreement to the town's highest elected board.

The e-commerce company announced earlier this year its intent to build a robotics sortation fulfillment center at 53 Sturbridge Road touting it as both an economic and jobs booster for the region bringing an estimated 1,000 full-time positions to the area. Negotiations have been ongoing with the Planning Board for much of the summer but the TIF Agreement provides some insight into the mutually beneficial proposals Amazon's new facility could bring.

Turn To **TIF**, page **A12**

New student representatives at Bay Path Practical Nursing Academy!

CHARLTON — New student representatives to the Bay Path RVTHS Practical Nursing Academy PN Class of 2022 were elected recently and began their term this fall.

"One of the goals of the student repre-



sentative role is to continue to advocate for governance by increasing awareness of student's role in governance," said Gretheline Bolandrina, DHA, MSN, Ed, RN, CRRN Academy Director.

The student representatives will work together towards feedback on topics in the PNFO agenda.

"The topics that go into the agenda are ones that resonate with the student body, these are very unifying topics, and are all in congruence with regulatory and accreditation requirements for BORN (Board of Registration in Nursing), COE (Council on Occupational Education), and ACEN (Accreditation Commission for Education in Nursing)," Bolandrina

said.

Practical nursing students Marylee Panient of Woodstock Valley, Conn. and Martha Yeboah of Worcester were voted as student representatives for the PN class of 2022. The student representatives are an important part of the Bay Path Practical Nursing Academy Faculty Organization (PNFO). Their main responsibility is to be a link between Practical Nursing faculty, staff, and the students, and to contribute to Bay Path Practical Nursing Academy activities and projects. Panient and Yeboah represented the students of PN

Turn To **STUDENT REPS**, page **A4**

No change in Town Hall hours

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The Charlton Town Hall will not change its hours after the Board of Selectmen voted to maintain the current schedule bringing months of debate to a close that involved town officials, employees, and citizen input.

Selectmen voted 4-1 during a meeting on Sept. 28 to maintain the Town Hall's current schedule of 7:30 a.m. until 5 p.m. Mondays, Wednesdays, and Thursdays and 7:30 a.m. until 7 p.m. on Tuesdays. The decision came after a lengthy discussion at a Board of Selectmen meeting earlier in the month where Selectman David Singer, the primary supporter of adding Fridays to the schedule, was

unable to attend. Singer was at the Sept. 28 meeting however and shared his opinions to start off the discussion expressing displeasure in some of the comments made in prior debates on the matter.

"What I found troublesome, and I'm going to be honest about this, when I heard elected officials and employees of the town for all intents and purposes put the onnness on the residents of this town who pay the taxes to tell us why we should do business the way they want, that was just shameful. I couldn't believe it. That was just embarrassing. If an elected official feels that it's upon

Turn To **HOURS**, page **A17**



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State school mask mandate extended

BY KEVIN FLANDERS
STAFF WRITER

REGION – State officials recently announced an extension of the school mask mandate, as well as an opportunity for students to unmask if certain requirements are met.

In a Sept. 27 announcement, Board of Elementary and Secondary Education Commissioner Jeffrey Riley informed officials that the mask requirement in schools will be extended until at least Nov. 1. The mandate applies to all public schools, charter schools, educational collaboratives, and special education schools.

“After consulting with medical experts and state health officials, the Commissioner is extending the mask requirement through at least Nov. 1,” read a statement released by Riley’s office.

Officials also announced that as of Oct. 15, if a school reaches a vaccination rate of 80 percent or more for all students and staff, then vaccinated individuals in that school would no longer be subject to the state’s mask requirement.

“Whether or not a school or district avails themselves of the 80 percent vac-

SCHOOLS THAT REACH 80 PERCENT VACCINATION CAN BE EXEMPTED

cination off-ramp is a local decision to be made by school and district leaders in consultation with local health officials,” Commissioner Riley added. “We will continue to share updates with you, and I thank you for all you are doing to keep students healthy and in school.”

During an Aug. 24 special meeting of the Board of Elementary and Secondary Education, the Board voted to implement a mask mandate through Oct. 1. Locally, several students, parents, and school leaders are frustrated with the state’s month-to-month extensions of the mask mandate.

Under the current state regulations, all public school students age five and above, as well as staff members, are required to wear masks indoors in schools, unless specially exempted. All visitors to schools are also expected to wear a mask in school buildings.

Masks are not required when out-

doors. Students may also remove their face coverings indoors when eating and during designated mask breaks.

“It is strongly recommended that students younger than age 5 also wear a mask in school,” read a statement released by the Department of Elementary and Secondary Education. “Mask breaks may occur throughout the day. If feasible, breaks should occur when the windows are open or students are outdoors. As a reminder, meals and outdoor recess provide built-in mask breaks for students and staff.”

Students who cannot wear a mask for medical or behavioral reasons are exempted from the requirement. Face shields may be an option for students with medical or behavioral needs who are unable to wear standard face coverings, officials said.

Masks may also be removed indoors when students are participating in specific elective classes or activities, such as the use of wind instruments in band.

Masks are still required for all indoor sporting activities.

The Commissioner will once again review the mask mandate at the end of the month. Depending on public health data, he may decide to extend or lift the mandate.

By federal public health order, all students and staff are still required to wear masks on school buses.

With frustration continuing to build statewide over masks, DESE officials have also released guidance to school districts on disciplinary and legal processes.

“Whether and when a student should be disciplined for failure to wear a mask is a local decision, guided by the district’s student discipline policy and the particular facts,” the DESE statement read. “Districts should consult with their legal counsel to address these matters. Districts should provide written notice to students and families about expectations and potential consequences, and are encouraged to use a progressive discipline approach. Districts are encouraged to consider and implement alternatives before resorting to disciplinary exclusion.”

To learn more about state regulations, visit www.mass.gov.



October is Breast Cancer Awareness Month

Please see some important info below.
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Are there different types of breast cancer?



Foundation notes that DCIS is a highly treatable cancer. That’s because it hasn’t spread beyond the milk duct into any surrounding breast tissue. The American Cancer Society notes that roughly 20 percent of new breast cancer cases are instances of DCIS.

Invasive ductal carcinoma (IDC)

IDC is the most common type of breast cancer. The NBCF reports that between 70 and 80 percent of all breast cancer diagnoses are instances of IDC. An IDC diagnosis means that cancer began growing in the milk ducts but has since spread into other parts of the breast tissue. This is why IDC is characterized as “invasive.” Though IDC can affect people, including men, of any age, the ACS notes that the majority of IDC cases are in women age 55 and older.

Millions of women are diagnosed with breast cancer every year. According to the Breast Cancer Research Foundation, more than 2.3 million women across the globe were diagnosed with breast cancer in 2020. The BCRF also notes that breast cancer is the most frequently diagnosed cancer among women in 140 of 184 countries worldwide.

Breast cancer statistics can give the impression that each of the millions of women diagnosed with the disease is fighting the same battle, but breast cancer is something of an umbrella term. In fact, there are various types of breast cancer, including ductal carcinoma in situ, invasive ductal carcinoma, inflammatory breast cancer, and metastatic breast cancer. Learning about each type of breast cancer can help women and their families gain a greater understanding of this disease.

Ductal carcinoma in situ (DCIS)

DCIS is a non-invasive cancer that is diagnosed when abnormal cells have been found in the lining of the breast milk duct. The National Breast Cancer

cancer has spread, or metastasized, into other parts of the body. The NBCF indicates that metastatic breast cancer usually spreads to the lungs, liver, bones, or brain. Symptoms of metastatic breast cancer vary depending on where the cancer has spread. For example, if the cancer has spread to the lungs, women

may experience a chronic cough or be unable to get a full breath.

These are not the only types of breast cancer. A more extensive breakdown of the various types of breast cancer can be found at <https://www.breastcancer.org/symptoms/types>.

Symptoms of male breast cancer

Breast cancer is one of the most common forms of cancer diagnosed among the female population. Though breast cancer may seem like a disease that’s exclusive to women, breast cancer can affect men as well.

While they have a smaller concentration than women, men have breast tissue, which means it’s possible for them to develop breast cancer. Male breast cancer is most common in older men, but it is important that men recognize that the disease can strike them at any age.



Signs and symptoms

Men with breast cancer experience symptoms that are similar to those experienced by women. Possible signs to be aware of include:

- skin dimpling or puckering
- a lump or swelling, which is typically (but not always) painless
- nipple retraction
- redness or scaling of the nipple or breast skin
- discharge from the nipple, which may be clear or blood-tinged

The American Cancer Society advises that sometimes breast cancer can spread to the lymph nodes under the arm or around the collar bone and cause a lump or swelling in these locations. The protrusion may be noticeable even before the original tumor in the breast is large enough to be felt.

Men should realize that enlargements or issues affecting both breasts (not on just one side) typically is not cancer. Enlargement or changes to both breasts in men can be caused by weight gain, medications or heavy alcohol consumption.

Types of male breast cancer

Various types of breast cancer can affect men, according to the Mayo Clinic:

- Ductal carcinoma: Cancer that begins in the milk ducts. Nearly all male breast cancer is ductal carcinoma.
- Lobular carcinoma: Cancer that begins in the milk-producing glands. This type is rare in men because they have few lobules in their breast tissue.

Especially rare types of breast cancer that can occur in men include Paget’s disease of the nipple and inflammatory breast cancer.

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BreastCancer.org says that a small study of breast cancer in men found that the average time between first symptoms and diagnosis was about 19 months. This can be startling because early diagnosis can be vital to survival. Through the realization that breast cancer can happen to men and more education and awareness, men can feel more comfortable about discussing changes to breast tissue with their doctors.

Male breast cancer is a very real occurrence, albeit a rare one. It is important that men take any abnormalities in their chests seriously.

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Nichols College officially welcomes Class of 2025, new president



Newly installed Nichols College President Glenn M. Sulmasy, JD, LL.M., reacts to the ovation following his inaugural address, flanked by, from right, his brother Dr. Daniel Sulmasy, John Davis, chair of the Nichols board, and Joseph P. Kennedy III.

DUDLEY — Nichols College gathered to officially welcome the Class of 2025 to the campus community and install Glenn M. Sulmasy, JD, LL.M. as the eighth president of Nichols on Friday, Sept. 24.

The event, called the “Celebration of Us,” combined the traditional Convocation, or ceremonial start of the school year, with the formal investiture of President Sulmasy and featured a keynote address by former U.S. Rep. Joseph P. Kennedy III.

Kennedy congratulated Nichols for its accomplishments over the past year when the college was able to provide a safe campus experience for students and keep COVID-19 cases to a minimum.

“This tiny virus shut down the world, but you persevered, and battled, and came back stronger than ever,” he said. “This is particularly noteworthy as this has always been my perception of the Green and Black here on the Hill in Dudley – tenacious, ambitious and willing to go the extra mile, even when it’s hard. Especially when it’s hard. Some might even call it the Nichols Way. That is what we celebrate today – the Nichols

Way.”

Kennedy also shared his insights on Nichols’ new president, a family friend. “I know that Glenn is the perfect fit for Nichols College and his academic background, government service, extraordinary higher education leadership abilities will lead this college to unforeseen heights over the next few years,” he said.

The ceremony incorporated historic elements, such as the ringing of the 1883 Academy Bell to start the proceedings, and introduced new traditions, such as first-year students touching the nose of the iconic bronze bison statue (“Thunder”) for good luck. Despite the occasional heavy downpours, the Class of 2025 was in good spirits as they processed to the tent on the Shamie Hall Quad, greeted by the cheers of hundreds of upperclassmen flanking the sidewalk and giving high fives to President Sulmasy.

With a focus on the Nichols community, Convocation included the participation of students, faculty, staff and alumni, including the reading of an original poem written for the occasion by a Nichols faculty member.

The investiture ceremony was conducted by John Davis, chair of the Nichols College Board of Trustees, with special assistance from President Sulmasy’s brother, Dr. Daniel Sulmasy, and first lady Marla Sulmasy.

“Today...we gather in this distinguished company to honor a man of outstanding leadership, academic experience, and energy, Glenn M. Sulmasy,” said Davis. “We are confident that President Sulmasy will embrace the culture of Nichols and foster change that is both progressive and rooted in the college’s esteemed traditions.”

He then presented Sulmasy with the symbols of his office, including nineteenth-century china embossed with scenes of Nichols Academy, the academic gown, and the Presidential Medallion.

To enthusiastic ovations (and the sudden end to the afternoon’s intermittent rain), Sulmasy gave his inaugural address. He thanked family, friends, and colleagues in attendance, including Ronald K. Machtley, the former president of Bryant University, where Sulmasy previously served as provost, and praised the Nichols community for its response to the pandemic: “The grit, the perseverance in the face of adversity, and this almost uniform desire to win – this is what represents the best of Nichols. It is that magic permeating all you do and all that is Nichols. It is the Nichols Way, and Marla and I have fallen in love with it.”

Noting the challenges facing higher education, Sulmasy outlined his charge to the campus community, which included increasing enrollment, reassuring students and their families of the value of a college degree, and highlighting the Nichols’ return on investment.

“This sort of effort requires all hands on deck, meaning every aspect of our institution must buy into this vision – to shatter, once and for all, that notion of Nichols being the best kept secret in higher education,” he said. “We have begun, but today, let us commit that together we will ensure regional prominence, then national prominence of this shining college on a hill.”

Charlton Villager

ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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Masis Staffing Solutions announces promotion of Tricia Canavan



Tricia Canavan

WORCESTER — Masis Staffing Solutions, headquartered in Worcester, is pleased to announce growth of its executive leadership team. Tricia Canavan, former President of United Personnel Services, a division of Masis Staffing, has been promoted to Executive Vice President of Corporate Relations and Advocacy for the company’s operations in 19 states throughout the US.

Canavan will manage initiatives in client relations including quality assurance, and will lead advocacy, communications, and community partnerships critical to Masis’s operations and customers’ business goals.

As President of Springfield-based United Personnel Services which was acquired by Masis in May, 2021, Canavan oversaw overall business strategy, operations and community relations. She brings more than 20 years of experience in executive leadership, education and human resources experience to her new role, currently serving as Chair of the Board of Directors of the Western Massachusetts Economic Development

Council, Co-chair of Springfield Business Leaders for Education and Director on the Boards of the Associated Industries of Massachusetts, the Springfield Public Forum, Mass Business Alliance for Education and MassHire Hampden County Workforce Board.

Canavan’s promotion is part of Masis’s overall strategy to ensure quality of customer and employee experience.

Matthew Vaccaro, President of Masis Staffing Solutions, noted, “We are pleased to add Tricia to our leadership team. We are committed to providing outstanding service, creative staffing solutions, and HR expertise to our clients, as well as engaging community partners as we continue to grow.”

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\$367,000, 16 Whitby Rd, Cova, Eric J, to Berrios, Modesto, and Berrios, Noelia.

\$350,000, 73 Hill Rd, Packard, Christine, to Hiltz, Darryl L, and Hiltz, Sharon B.

\$300,000, 271 N Sturbridge Rd, William D Bartsch Jr RET, and Dorscheid, Amy L, to Brown, Kimberly L.

\$180,500, 86 Berry Corner Rd, Obuchowski, Ronald, and Obuchowski, Dale, to Quickly Way Const LLC.

\$118,750, 19 Southbridge Rd, Bank Of America NA, to L& B Enterprises LLC.

\$115,000, 71 Park Rd, Foley Capital LLC, to Parra-Feliciano, Jandeir, and Dernulc, Christopher.

\$75,000, 71 Park Rd, Anderson, Albin, and Anderson, Lisa, to Foley Capital LLC.

Bay Path Practical Nursing Academy UNICEF Club announces new officers

CHARLTON — The Bay Path Practical Nursing Academy Class of 2022 announced the election of new officers.

Elected were Regina Asieduwaah of Worcester as chair, Felisters Mburu of Shrewsbury as co-chair, Luciane Lindvay of Spencer as secretary, Moreen Barber of Worcester as treasurer, and Rebecca Lorre of Oxford as press relations officer. The election was held recently as the Practical Nursing Class of 2022 held the US Constitution Day. The UNICEF Club Advisor is Ruth “DeeDee” Betz, AS, LPN.

Asieduwaah is a 2012 high school graduate of Mt. Margaret Educational Complex in West-African, Ghana. She obtained her Nursing Assistant Certificate, a Phlebotomy Certificate, Electrocardiogram Technician Certificate in 2018 all from the Fieldstone School in Worcester. She is currently with Quest Diagnostics/Cytotprep III.

Mburu is a Certified Nursing Assistant (CNA) with experience working at Whittier Rehabilitation Hospital. Lindvay is a resident care assistant (RCA) at the Overlook in Charlton. She is a lead aide responsible for supplies and special items ordering, lead overnight shifts, orient and training new RCA for hands-on care. She completed her high school education in Brazil. Barber obtained her CNA/HHA certificate in 2011 at the Community Health Care in Worcester. She is a direct care worker at Advocates Inc., in Framingham. Lorre is an experienced school bus driver and holds a current CDL. She was with Durham School Services of Oxford, MA. She holds an associate’s degree in communications from Becker College.

All five UNICEF Club officers are certified in Dementia care and have a valid Healthcare Provider/ BLS Provider CPR from the American Heart Association. As UNICEF Club officers they will lead the PN Class of 2022 in children’s advocacy and raising awareness. The Bay Path Practical Nursing Academy UNICEF Club was founded in 2016 and each year club officers lead members through various fundraising methods that serve to educate and raise awareness to relevant issues happening locally and globally. The UNICEF Club meets after school hours. For the October fundraiser, the club officers will be distributing UNICEF Halloween donation boxes for trick-or-treaters. Plans are underway for more fundraising activities.

Cornerstone Bank to hold community celebration for reopening of Worcester branch


WORCESTER — Cornerstone Bank, a community bank with 12 locations throughout Central Massachusetts, will host a reopening celebration at its Worcester branch located at 70 West Boylston St., on Saturday, Oct. 9. The event, which will unveil new renovations, will be held from 10 a.m. to 1 p.m. with family-friendly activities and an official ribbon cutting at noon.

“We are excited to celebrate this newly remodeled branch with our community,” said Cornerstone Bank CEO Todd Tallman. “This renovation represents our ongoing commitment to serve the banking and financial needs of our neighborhood. We welcome our friends and customers to come by with their families to see our beautifully renovated branch and enjoy face painting, balloon artist, ice cream and giveaways.”

The community is invited to attend and enjoy refreshments and activities for the whole family. For more information about Cornerstone Bank and its services, please visit cornerstonebank.com.

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving residents, businesses and communities throughout Central Massachusetts. Our customer promise, Built on Trust, is not just a brand, but also a corporate focus. Whether a business or personal partnership, Cornerstone Bank rests on the foundation that relationships are built on trust. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender and SBA Preferred Lender. To learn about Cornerstone Bank’s personal and business banking offerings, please visit cornerstonebank.com or call 800-939-9103.



CLUES ACROSS

1. Leg shank

5. A way to recognize

11. “VeggieTales” character

12. Getting out of by cunning

16. Mythological mountain

17. Atomic #18

18. Viscous liquid

19. 2010 Denzel film

24. 12th star in a constellation

25. Made better

26. Pouches

27. Nervous twitch

28. This (Spanish)

29. Tennis legend Bjorn

30. Hand (Spanish)

31. Afrikaans

33. Int’l interpreters organization (abbr.)

34. Treated with kid gloves

38. Leaseholder

39. Frogs, toads, tree toads

40. Popular dance

43. Sailing maneuver: tack & _

44. Indicates speed of rotation (abbr.)

45. Mark

49. Health insurance

50. Custom clothing brand

51. One who makes suits

53. Execute or perform

54. Degree of pleasantness when tasting

56. Equal to roughly 5.6 bushels

58. Blood group

59. Imaginary line

60. Hopeless

63. Darken

64. Spoke

65. Work units

CLUES DOWN

1. A way to fit out

2. Football carries

3. Force out

4. Maintaining equilibrium

5. Sealed with a kiss

6. Type of container

7. Hollyhock

8. We

9. Small freshwater ducks

10. Norse personification of old age

13. Says who you are

14. Candidate

15. Sugar found in honey and sweet fruits

20. Defunct language (abbr.)

21. Take too much

22. Iranian province

23. Records electric currents

27. _ and feathers

29. Beloved Mr. T character

30. More (Spanish)

31. Beverage

32. Promotional material

33. Green vegetable

34. National capital

35. To any further extent

36. Swollen, inflamed lymph node

37. Anger

38. Pound

40. Popular Yugo

41. Salt of acetic acid

42. Millihenry

44. Israeli city __ Aviv

45. Make wider

46. Drink containing medicine

47. Acknowledging

48. Private, romantic rendezvous

50. Calvary sword

51. Disease of the lungs

52. 2001 Spielberg film

54. Fleishy, watery fruit

55. In one’s chambers

57. Set of information (abbr.)

61. Dorm employee

62. Indicates position

PUZZLE SOLUTION

S	Q	H	E		D	E	L	V	H	O				
L	N	I	L		E	L	V	H	E	D	S	E	D	
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..... (508) 943-6700
Bay Path Regional Vocational Technical High School (508) 248-5971 or (508) 987-0326

CHURCH LISTINGS

- **Charlton Federated Church**, 64 Main St., 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org
- **Charlton Baptist Church**, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 10 a.m.
- **Charlton City United Methodist**, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org, Sunday worship and Children’s church 10am
- **St. Joseph’s Church**, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday LifeTEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.
- **Hope Christian Fellowship**, 6 Haggerty Road, 248-5144
- **Assemblies of God Southern New England District Headquarters**, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.
- **Living Word Church of Charlton**, 10 Main Street - Grange building 1st Floor, Charlton, Ma 01507, Pastor Craig Bellisario, (508) 233-8349 Sunday Service 10:00am. www.livingwordcharlton.com info@livingwordcharlton.com
- **New Life Fellowship A/G, SNED Chapel**, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

STUDENT REPS

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Class of 2022 on the advisory board and steering committee meeting held Sept. 29.

Student representatives are responsible for attending the PNFO meetings, where they serve as non-voting members. The student representatives speak on behalf of the student body and reports on topics they want to bring to the PNFO’s attention. The student representatives also invited to attend the spring Advisory Committee meetings scheduled for March 2022.


Patient is with the Town of Douglas Police Department (E-911 Dispatcher Training) and the Harrington Memorial Hospital in Southbridge (ER Unit Secretary). She holds a bachelor’s degree in Criminal Justice with minor on Forensic Studies. She is close to completing her Master of Science in Criminal Justice at Anna Maria College where she was active with the leadership program and the women’s basketball, and the peer mentor program. Yeboah is a Certified Nursing Assistant (CNA) at the Meadows of Leicester (Rochdale). Prior to joining Bay Path Practical Nursing Academy Yeboah was taking general studies at Quinsigamond Community College in Worcester.

Both Patient and Yeboah have a valid Health Care Provider/ Basic Life Support Provider CPR and are Dementia Care Certified.

Patient and Yeboah will bring student issues up, participate in governance, and focus on not just current students but may include alumni and possibly incoming students in conversations and activities.

About Bay Path RVTHS Practical Nursing Academy:

Bay Path Practical Nursing Academy offers a 40-week (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. Visit us online at www.baypath.net.



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Sheriff double dedicates new apple orchard at jail

REGION — The Worcester County Sheriff’s Office recently celebrated a very special double dedication. Not only were several trees planted in memory of loved ones, but they are rededicated to provide food for those in need.

“Wednesday, Sept. 29, is one of the most special days in my 11 years as Sheriff,” stated Sheriff Lewis Evangelidis. “It was a dedication of an apple orchard to loved ones and, also, the trees will then bear fruit dedicated to those in need.”

The WCSO Memorial Apple Orchard is the first of its kind in the Commonwealth. First envisioned in 2019, the orchard transcended into reality when the first tree was planted in October of 2020. Many of the trees in the orchard were donated as a symbol of new life on behalf of loved ones by family and friends of Worcester County Reserve Deputy Sheriff Association.

“We plant these trees, Lord, in the memory of those whom we have loved and lost. Though they are gone from this life, through these trees which bear fruit, they will continue to live on, doing good in your holy name,” stated the blessing by Pastor Janice Ford.

The Worcester County Sheriff’s Office has been growing its organic farm for over 10 years and, during that time, has donated over 200,000 pounds of fresh organic produce. Now expanded to 14 acres, the garden is the largest of its kind in New England and produces up to 40,000 pounds of food annually. The farm grows organic vegetables ranging from squash, zucchini, green beans, tomatoes to pumpkins for fall distribution to those in need



Isabella Rose Capaldi

through food pantries, senior centers and other community based groups.

Continuing with Evangelidis’ mission of giving back to the communities in Worcester County, the fruit produced in the memorial apple orchard will be a perfect addition to the organic farm.

The memorial tribute was attended by several donors. The Capaldi Family from Auburn donated a tree in memory of their daughter, Isabella Rose who died of cancer at 15 months old. The Capaldi family did not want Isabella’s legacy to be “the little girl that was born with cancer and died before she was two.” They are proud supporters of the Why Me and Sherry’s house in Worcester and continuously raise funds towards support of children and families who have devastating ill-

nesses. Ralph Capaldi requested the Sheriff to read remarks on the family’s behalf.

Yellow ribbons were tied by each donor to further honor their loved one.

“Let us now bless these trees for what they will be and do in the world, and let us pray also for the spirits of those for whom we mourn,” said Pastor Janice Ford.

The event was sponsored by the Worcester County Reserve Deputy Association and organized by the Worcester County Sheriff’s Office Community Outreach team. Apple themed desserts & drinks were prepared by the WCSO kitchen staff and served by the recruits of the WCSO BRTA #56, and civilian staff. The grounds of the orchard are maintained by the WCSO Maintenance Department and certain members of inmate population.



Isabella Rose Capaldi Memorial Apple Tree.

Shepherd Hill announces Commended Students in National Merit Scholarship Program

DUDLEY — William F. Chaplin, Jr., Principal of Shepherd Hill Regional High School, has announced that Bronson X. Dubey, Abigail L. Lepper, Gabriel L. Roach and Trevor W. Wallace have been named Commended Students in the 2022 National Merit Scholarship Program. A Letter of Commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, was presented to these scholastically talented seniors.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although these students will not continue in the 2022 competition for National Merit Scholarship awards, these Commended Students placed among the top 50,000 students who

entered the 2021 competition by taking the 2020 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

“Those being named Commended Students have demonstrated outstanding potential for academic success,” commented a spokesperson for NMSC. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success.”



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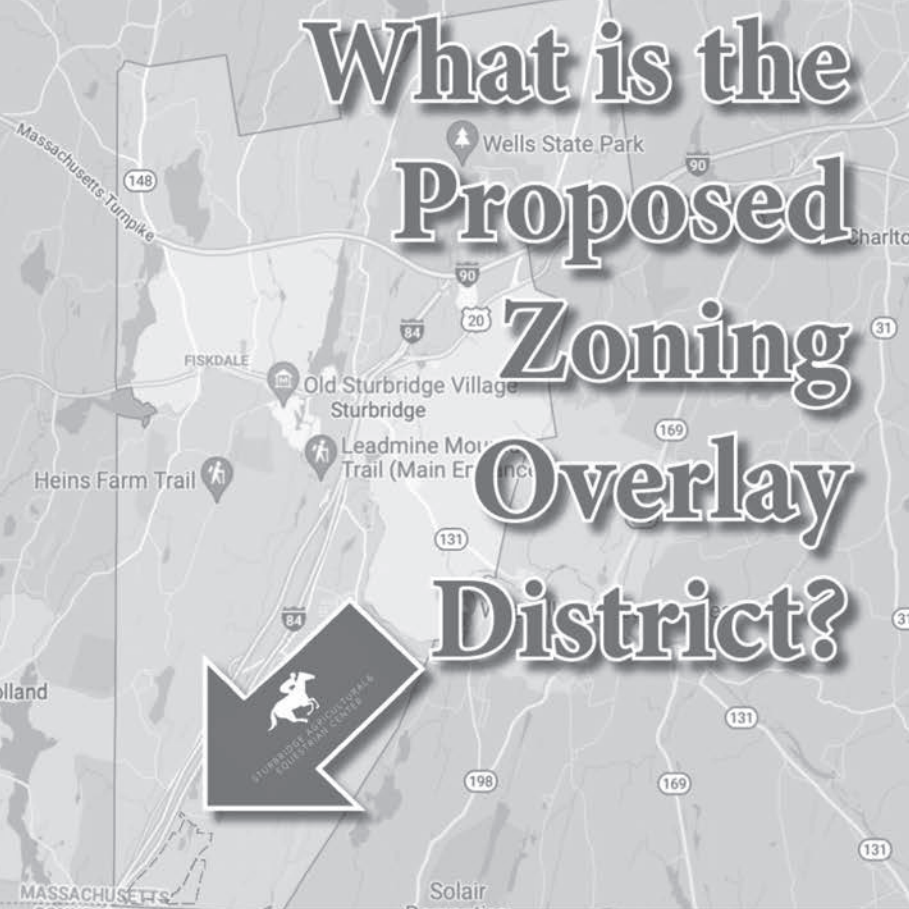
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What is the Proposed Zoning Overlay District?



- #1. It determines what can and cannot be built on the land.**
If adopted, the land in question would be allowed to be used for an equine center, a racetrack, a sports restaurant and sports betting, agricultural activities as well town dedicated recreational and sports facilities. If the racetrack is not granted a license by the state to operate, this project will not move forward.
- #2. It puts into the hands of the town the authority to approve or disapprove of the project as it moves forward.**
The Agricultural Entertainment Overlay District requires any applicant who wants to develop an equine center to get approval from the town for every facet of the project. From traffic to noise to parking, any applicant will have to provide detailed impact studies and satisfy the requirements of both site plan and special permitting bylaws.
- #3. It defines and determines explicitly what can never be done on the land.**
This includes restrictions expressly prohibiting a casino and slot machines, as well as restricting retail development. In short, if this passes at town meeting, this land can never be turned into a casino or a strip mall.

At every step, Sturbridge maintains ultimate control over what is acceptable use for the land in the overlay district. The town’s Planning Board must be consulted and grant approval from beginning to end.



STURBRIDGE AGRICULTURAL & EQUESTRIAN CENTER

Bay Path hosts inaugural cornhole tournament

The first annual Bay Path Homecoming Cornhole tournament was held at Bay Path Regional Vocational Technical High School Oct. 2. Fourteen teams entered the double elimination tournament. The event was held outside on a beautiful Saturday afternoon. Thomson speedway cornhole and Let it rip cornhole donated the throwing bags. We couldn't have done it without their help and support. Cornhole has become a very popular sport. You can watch professionals play on ESPN. We hope this is the start of cornhole becoming a scholastic sport and we can compete with other schools. Bay Path will be offering a cornhole club (for Bay Path students) beginning in the spring of 2022. What is great about cornhole is that anyone can play. 1st Place: The Charlton boys, Devin Phillips & Nathan Dreitlein; 2nd Place: Team Chase, Eyan Chase & Blayke Morse; 3rd Place: Team Batman and Robin, Jordan Kippax & Cody Sexton.

Photos Courtesy



Bridge Training Institute workshops go virtual

WORCESTER — The Bridge Training Institute, a service of Open Sky Community Services, has released its 2021-2022 schedule of continuing education workshops. The Training Institute provides training and personalized consultation on evidence-based and best practice models tailored to meet the needs of schools, human service professionals and licensed clinicians. In response to the rise of COVID-19 infections in Massachusetts, all trainings are being offered on a virtual platform, allowing those who might be reluctant or unable to attend in-person sessions the opportunity to take advantage of the Training Institute's full training calendar.

Two of the workshops being offered this session are quite timely, as they center on COVID-related grief and cultural humility.

As Suzy Langevin, director of training and professional development at Open Sky explains, "If there's any silver lining to be found in the storm of the last year and a half, it's that mental health has entered our everyday conversations in a new way. Difficult discussions about mourning, trauma and inequality can give way to new learning, hope and resilience."

Barent Walsh, Ph.D. will present "Understanding, Managing and Learning from Grief in a Period Immediately Post-Covid" on Oct. 26. As a result of the pandemic, people have experienced unprecedented, complex

forms of grief in both their personal and professional lives. This workshop will touch upon some of the specific features associated with Covid that have made grieving more difficult. Dr. Walsh is Executive Director Emeritus and Senior Clinical Consultant at Open Sky and a Lecturer on Psychiatry, Harvard Medical School at Cambridge Health Alliance, Cambridge.

On Friday, Oct. 29, Jenise Katalina, MSW, LCSW, will be offering a training on Cultural Humility, a philosophy that empowers individuals to effectively engage in interpersonal relationships that are dynamically diverse and mutually respectful. Ms Katalina is the founder and owner of Rise Leadership & Coaching, a firm specializing in building equitable organizations and developing inclusive leadership. She currently serves as Vice President of the Board of Directors and Co-Executive Director

for the Women of Color Health Equity Collect and is also the Healthy Families Resource Specialist at the Children's Trust, a statewide agency focused on stopping child abuse.

For more information about these workshops and The Bridge Training Institute's full slate of training opportunities, visit <https://bridgetraininginstitute.givecloud.co/>

About Open Sky Community Services Open Sky was formed through the 2018 affiliation of Alternatives Unlimited and The Bridge of Central Massachusetts. With over 100 programs throughout Central Massachusetts, the organization provides services and supports to more than 4,900 adults, young adults and youth with mental health challenges, developmental disabilities, brain injury, substance use disorders, homelessness or other complex challenges. Open Sky also provides services

and supports for LGBTQIA+ youth through its Safe Homes program, as well as expert training for human service professionals and school personnel on evidence-based practices and best practice treatment models through the Bridge Training Institute.

For more information about Open Sky, visit opensky.org

About The Bridge Training Institute Bridge Training Institute is an industry leader in providing both theoretical and real-world training on evidence-based and best practices for clinicians and school personnel. Offering over 20 trainings per year, the Institute features expert trainers from human services, education, professional practices and academia. Institute trainers have worked directly with leaders in the field such as Marsha Linehan, Aaron Beck, the BU Center for Psychological Rehabilitation and others.

Boating safety courses offered online

REGION — The United States Coast Guard Auxiliary Tri-State Flotilla, Massachusetts will be instructing five upcoming boating safety classes through the Zoom video conference platform, due to COVID-19 restrictions. Registration is managed through the Milford Community School Use Program, Adult-Boating, at <http://mcs.milford.ma.us> or (508) 478-1119 at least 6 days prior; keeping in mind that availability is limited and you will receive course materials prior, covered by the registration fee. Participants under the age of 16 must be accompanied online by a registered parent/guardian. For additional USCGAux. information: phil.uscgaux@verizon.net or (508) 478-3778.

Boat America Oct. 23 and Nov. 20

Two Saturday Courses on Zoom 8 a.m. – 5 p.m. (\$75 fee-\$65 Milford residents)

An in-person proctored exam will be given to students, in their vehicles, at the Milford High School parking lot on the Sunday following the Zoom class at

10 a.m.

due to Covid-19 Delta safety restrictions (exams to be given on: Oct. 24 & Nov. 11)

This is a one-day course developed to provide the skills and confidence needed to explore the coast and inland waters by boat. Basic knowledge and skills are needed to have safe and enjoyable boating experiences. This course is perfect for families that have just purchased any type of boat or are planning to in the future, and also for the boater keeping up with changes to boating regulations and laws. Successful completion of the course will certify any minor, from 12 to 16 years of age, to operate a powerboat, including a Personal Water Craft / Jet Ski (for 16 & 17-year-old operators), on all Massachusetts waters; in conjunction with the Mass. Environmental Police. Approved by NASBLA it will also cover the requirements to operate a vessel in most other states & many countries where boating safety education is mandatory. Most boating insurance companies offer a discount on premiums for successful

completion of this course.

These Zoom Boat America courses are limited to 20 students.

Suddenly in Command Oct. 20, Nov. 17, and Dec. 8

Three Wednesday evening courses: 7 – 9:30 p.m. (\$5 fee)

Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission. This is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

Fallon/OrNda Community Health Fund of Greater Worcester Community Foundation now accepting applications

WORCESTER — The Fallon/OrNda Community Health Fund is now accepting applications. Established at Greater Worcester Community Foundation (GWCF) in 1996, this fund aims to increase access to healthcare in Worcester County by advancing projects that address the social determinants of health.

"The focus of the Fallon/OrNda Community Health Fund is to support organizations adopting and implement-

ing strategies that reduce barriers to care," said Jonathan Cohen, GWCF's Vice President for Programs and Strategy. "These barriers can include language, culture, transportation, and technology, among others."

Nonprofit applicants from across Worcester County may apply for operational expenditures such as personnel costs, program expenses, small equipment purchases, or physical space improvements. Grant requests between

\$5,000 and \$25,000 will be considered. Collaborative efforts will be given a higher priority.

"Expanding access to healthcare resources remains a top priority as the pandemic continues," said GWCF's Interim President and CEO, Carolyn J. Stempler. "Our goal is to enable our community partners to continue the impressive work in providing under-resourced communities with equitable, culturally appropriate access to health

services."

Applications to the Fallon/OrNda Community Health Fund must be received online by Oct. 29. For more information, please visit <https://www.greaterworcester.org/Grants/Grant-Opportunities/Fallon-OrNda-Community-Health-Fund>, or contact Jonathan Cohen at jcohen@greaterworcester.org.

LEGALS

Legal Notice

Town of Charlton

Charlton DPW Department

Private Snow and Ice Removal Service Contractors

Employment Opportunity

Now seeking private snow and ice removal service contractors for the winter storm season of 2021-2022. Specifications can be picked up at the DPW Department, 100 Flint Road, Charlton, MA 01507 starting September 21, 2021 before 3:00 p.m. EOE/AA. The Response Deadline – October 22, 2021 by 3:00 p.m. October 8, 2021 October 15, 2021

SOCCER

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Hernandez.

"He used his speed, controlled with his body and then sent it in," Martinson said of Guerin's scoring play.

Now with the game tied 1-1 at the half, Martinson sent a message to his squad.

"At halftime we went in with the idea of possessing the ball, keep it on the ground, quick passing and move

through them...keep them on the defensive," he explained.

Bay Path did exactly that just a minute into the second half, when Connor McCarthy one-touched a pass from Guerin into the net for the eventual game-winner.

"We had a nice buildup, moved the ball well, pushed it through and it was probably about three or four passes connecting, and then we finished," said Martinson.

The Minutemen played a strong sec-

ond half, limiting DeLima — a strong player with supreme footwork and speed — his chances of scoring another one.

"We were moving the ball a little better, passing better and we weren't so panicked. We tried to shut down their better player. We had a couple [players] marking," said Martinson.

Bay Path almost added to its lead, but near misses by Colin Gagne (penalty kick that hit the post) and Bryce Hutchinson (shot that got past Pereira Hernandez but a defender kicked it aside before crossing the goal line) kept the outcome undecided until the final whistle.

"It's a league team, so that's big for us," Martinson said of defeating Keefe, who dropped to 5-2 while the Minutemen improved to 4-2-2. "We only have one league loss. I definitely feel like we're better than what our record is. I feel like some of the mistakes we had early on starting the season we've figured out and taken care of business."

Socially Speaking...

This feature is for churches, senior centers, libraries, or other civic organizations who have events coming up.

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FRANK G. CHILINSKI
PRESIDENT/PUBLISHER

BRENDAN BERUBE
EDITOR

Our love/hate relationship with leaf peepers

Fall is the second busiest tourist season in New England, after winter. Our region, as we all know, tends to see an influx of visitors from both in and out of state this time of year on their way to the Berkshires to engage in the autumnal ritual known as leaf peeping.

Most residents welcome these tourists graciously; however, when fall foliage hits, our true feelings emerge. There is a love/hate relationship with leaf peepers. We love them because they boost our economy, yet a part of us dislikes the disruption they bring with them, however minor it may be.

We prefer to have the city life far away from us; leaf peepers tend to bring that flare when they arrive. Some locals despise it; others are unphased. We appreciate that tourists appreciate where we live, however, we'll say it again — our true feelings show themselves right at the peak of foliage. After a brief break between October and November, before the snow falls, we all seem to be welcoming once more.

Fall has a certain feeling to it. The cool, crisp, dry air complete with the smell of apple crisp, leaves, wood fire, pumpkin spice and the sound of dry leaves racing along the sidewalks, make this the coziest season of them all. We pull on our sweaters and grab old books we haven't had a chance to finish yet and relish in the comforts of it all.

It is still warm enough to take long walks outside without getting too cold. There is nothing better than kicking the leaves on a wooded trail with a hot mug of Earl Grey tea in your hand. Fall evenings are even better. After a hard day at work, there is nothing more satisfying than cooking a nice fall meal, perhaps pumpkin squash ravioli or a nice roast vegetable soup. On occasion we like to replace the evening news with the sounds of vinyl, preferably, Cat Stevens, Paul Simon, Hank Williams, Johnny Cash and Frank Sinatra.

It is no wonder our corner of New England is a fall destination for many seeking to experience all that the season offers that feeds the soul. The highlight of course is the way the forest sets itself on fire with bright yellow, orange and red leaves.

Interesting to note: the term 'leaf-peeker' was first used last century before it was changed to 'leaf-peeper.' The term was spotted in Vermont newspapers as far back as the 1960's. 'Leaf-Peeker' was used during foliage time, in many headlines. Articles in the mid to late 1960's discussed alternate highway routes to make the trek north easier for tourists and would help to avoid traffic jams.

At first, the term 'leaf-peeker' or 'peeper' was used in a derogatory way, however now it is used to lure tourists who want to partake in leaf-peeper tours, or receive a leaf-peeper discount.

In New Hampshire, more than ten million visitors will enter the state during foliage season and will spend approximately \$1.5 billion.

We hope that you all take the time to slow down and enjoy Autumn before talk of Jack Frost nipping at your nose surfaces.



**News,
really close
to home**
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OPINION

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

TO THE EDITOR

Blessed with a supportive community!

To the Editor:
Trinity Catholic Academy would like to thank everyone who helped make the 26th Annual Golf Classic with 145 golfers, the largest number of participants in years! Volunteers and a continued team spirit from a solid committee led by Paula Toti have been the key to the success of this event over the past several years, with other dedicated individuals who led this effort prior. The volunteers who helped are too numerous to mention, but they include the eighth grade class at TCA, parents, alumni, and friends! Please accept our sincere thanks for all that you did.

Thank you to Heritage Country Club, area parishes for posting the tournament in weekly bulletins, town cable access channels and all who shared the information via social media to make this highly attended tournament a reality.

Most importantly the tournament could not have been held without the vital support of: Our great Tournament Sponsors: Bermer Tool & Die and Daou Auto, & Ronald K. Baker '74

Tournament Gift Sponsor: Melissa Cournoyer '00, Affiliate of Academy Travel

Golf Cart Sponsor: Advanced Concepts in Tile, Inc. Southbridge Savings Bank, & Southbridge Credit Union Lunch Sponsor: Daoust Enterprises

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Rebuilders of Dudley, & Volume Hair Studio

The many Individual and business donations are very much appreciated: Klem's, Mane Creations, Rejuvenis Spa, Hyde Tool, Southwestern Fundraising, Nadine & Colleen Casey, Angie Symock, Missy Hilli, Hydrangea Home Décor, Volume Hair Studio, Marty's of Dudley, Bob Clemence, Diane Perry '74, Golfers Warehouse, Cormier Jewelers, William & Genevieve Pioppi, Teddy G's, Kid Power Gymnastics, Yankee Spirits, Big Y, Unique Hair by Chrissy, Michael Mikal, Hair Gallery, Brush-It Paint n' Sip Bar, Paula & Conrad Letourneau '72, Murray Family '16, & Thompson Liquors.

Our sponsorship area continues to grow as our students hale from so many area towns! The wonderful positive comments heard from this day's experience reflected the value of the appreciation of the facility, team hospitality and of course a perfect, enjoyable day of golf. We are sure that when they left on Saturday, they did so as goodwill ambassadors for the next TCA Tournament and the mission it supports.

It's great when you can hold an event that attracts local community members, alumni, families and friends from near and far in support of the 150 year legacy of great academic education and comradery. Again, we want to thank all that had anything to do with the day to insure the success of the tournament. TCA is blessed to have fine people who come forward to give of their time and financial support for the mission of Trinity Catholic Academy.

Gratefully,

DIANE PERRY
ALUMNI LIAISON
TRINITY CATHOLIC ACADEMY

What does retirement security mean to you?

October is National Retirement Security Month. But what does retirement security mean to you? And how can you work toward achieving it?

Here are some suggestions:

Build your resources. While you're working, save in tax-advantaged accounts such as your IRA and 401(k) or similar employer-sponsored retirement plan. In your 401(k), contribute at least enough to earn your employer's match, if one is offered, and increase your contributions whenever your salary goes up. Remember, especially early in your career, time is often your biggest asset. Be sure to save early, since the longer you wait, the more you'll need to save to help reach your goals.



FINANCIAL
FOCUS

JEFF
BURDICK

Look for ways to boost retirement income. When transitioning to retirement, you can take steps to align your income with your needs. For example, consider Social Security. You can start collecting it as early as 62, but your monthly payments will be much larger if you can wait until your "full" retirement age, typically between 66 and 67. (Payments will "max out" at age 70.) So, if you have sufficient income from a pension or your 401(k) and other retirement accounts, and you and your spouse are in good health with a family history of longevity, you may consider delaying taking Social Security. You also might want to explore other income-producing vehicles, such as certain annuities that are designed to provide a lifetime income stream.

Prepare for unexpected costs. During your retirement, you can anticipate some costs, such as housing and transportation, but other expenses are more irregular and can't always be predicted, such as those connected with health care. Even with Medicare, you could easily spend a few thousand dollars a year on medical expenses, so you may want to budget for these costs as part of your emergency savings, and possibly purchase supplemental insurance. You may also want to consider the possibility of needing some type of long-term care, which is not typically covered by Medicare and can be quite expensive. The average annual cost of a private room in a nursing home is more than \$100,000, and it's about \$55,000 per year for a home health aide, according to Genworth, an insurance company. To address these costs, you may want to consider some form of protection, such as long-term care insurance or life insurance with a long-term care component.

Do your estate planning. It's hard to feel totally secure in retirement if you're unsure of what might happen if you have an unexpected health event, become incapacitated or die earlier than expected. That's why you'll want to create a comprehensive estate plan — one that might include documents such as a durable power of attorney, a will and a living trust. A review of your insurance coverages and beneficiaries can also help protect your assets and ensure they are distributed the way you want. In creating your plan, you will need to work with your financial advisor and a legal professional, and possibly your tax advisor as well.

Thinking holistically about your retirement security and developing and executing a strategy aligned with your goals may help free you to enjoy one of the most rewarding times of your life.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Fall Lawn and Garden Chores

As the harvest season wanes and the leaves begin to fall, it becomes apparent the backyard garden, so alive and abundant in recent weeks, is soon to retire for a long winter's nap. While bountiful garden rewards may be behind us, garden chores are not. There is still much to keep a New England gardener busy during the autumn season. From planting to pruning, efforts now will be celebrated next year. It is the anticipation of these future crops that sustains weary gardeners through the roster of fall chores.

**

Fall Garden Chore Roster
OCTOBER: October Stats: Average temperature (Worcester, MA): 50.3%; Possibility of Sunshine: 58%; Precipitation: 4.2".

October is the month to:

- Plant spring flowering bulbs such as tulips, crocuses and daffodils.
- Prune roses to prepare for winter. Cut non-blooming roses back half way.
- Rake leaves from lawn; add to compost pile.
- Make sure evergreens have a good deep watering before the ground freezes. They should receive at least an inch of water a week, preferably more.
- If you test your soil and add any needed amendments now, the soil will be ready for planting in spring.
- Cut back and mulch fall chrysanthemums after blooming.
- Christmas cactus should rest in a cool, dim room with little water. Bring it back out November 15 for holiday bloom.
- Protect pumpkins from frost
- As leaves begin to fall, remove them long before snow arrives. They not only shade the grass during late fall, but become wet and mat down to smother the grass over winter.
- Raked leaves make an excellent mulch on the bare, winter garden. They can prevent weeds next year, and as they decompose add organic matter to the soil.
- Continue to mow your lawn until growth ceases. Make the last mowing a notch or two lower, in order to remove much top growth. This will avoid the need to rake off dead growth in the spring, and will help prevent snowmold disease.

Other Fall Garden Chores

Stowing the Stash: Proper storage of your bountiful harvest will ensure your family the fruits of your labor throughout the New England winter. Generations ago, a root cellar was a basement staple. Today, the temperature can be achieved via a little creativity. Whether you are growing your own root vegetables or are buying in bulk from a local farm or farmers market, proper storage is imperative to its flavor and quality.



TAKE
THE
HINT

KAREN
TRAINOR

Onions and dry beans should be kept at 33 degrees in a dry area.

**

Generations ago, a root cellar was a basement staple; today some improvising is in order: Those with unheated basements report success creating a substitute root cellar by partitioning off one corner, installing insulation and a heavy, solid door. Keep in mind the temperature inside the root cellar will be coolest near the floor, so place roots there atop an old door or boards.

**

Or create a root box by filling a large, sturdy cardboard box with a few inches of sawdust or sand. Place a layer of roots such as carrots, leaving two inches along the sides. Cover lightly with sawdust and alternate layers, adding a final three inches of sawdust on top. Store in a cool basement or in the cellar bulkhead area. Roots can touch each other in storage, just don't pack them in tightly, as some moist air must be able to circulate.

**

Lawn Care: England lawns can be a challenge this time of year, but there are some shortcuts to do now to help ensure a lush lawn come spring. As leaves begin to fall, remove them long before snow arrives. They not only shade the grass during late fall, but become wet and mat down to smother the grass over winter. Raked leaves make an excellent mulch on the bare, winter garden. They can prevent weeds next year, and as they decompose add organic matter to the soil.

**

Or add them to the compost pile. Some run over the leaves with a rotary mower, shredding them into fine pieces. Unless too thick, or adding to an existing thatch problem, this may work for your lawn.

**

Continue to mow your lawn until growth ceases, often sometime in October. Make the last mowing a notch or two lower, in order to remove much top growth. This will avoid the need to rake off dead growth in the spring, and will help prevent snowmold disease.

**

Win Dinner for Two at the Publick House — Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for



Math Blocks

Fill in the missing blocks with numbers between 0-10.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

2		1	5
	3	5	14
0			12
8	13	10	

4	8	0
5	3	9
1	2	2
Solution		

THIS DAY IN...



HISTORY

- 1927: "THE JAZZ SINGER," THE FIRST FULL-LENGTH TALKING FEATURE FILM, DEBUTS.
- 1973: EGYPT AND SYRIA LAUNCH ATTACKS ON ISRAEL, BEGINNING THE YOM KIPPUR WAR.
- 1979: PRESIDENT JIMMY CARTER RECEIVES POPE JOHN PAUL II AT THE WHITE HOUSE.



HOW LONG SHOULD YOU BRUSH YOUR TEETH IN EACH BRUSHING SESSION?

ANSWER: TWO MINUTES

Get Scrambled

Unscramble the words to determine the phrase.

QRUTIS PTOETATOH

Answer: Squirt toothpaste



GINGIVITIS

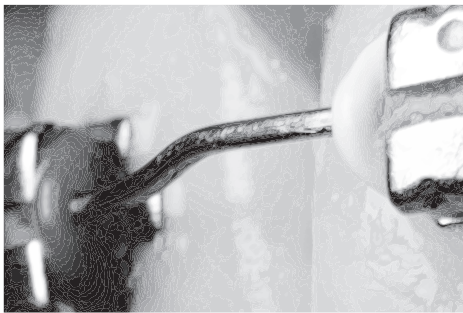
inflammation of the gums



- ENGLISH: Tooth
- SPANISH: Diente
- ITALIAN: Dente
- FRENCH: Dent
- GERMAN: Zahn



EXPERTS RECOMMEND HAVING YOUR TEETH PROFESSIONALLY CLEANED TWICE PER YEAR. A DENTIST ALSO WILL PERFORM AN ORAL HEALTH CHECKUP AT EACH VISIT.



Can you guess what the bigger picture is?

ANSWER: ORTHODONTIC BRACES



Solve the code to discover words related to American cheese.
Each number corresponds to a letter.
(Hint: 21 = E)

A. 7 18 21 21 15 21

Clue: Dairy food

B. 23 21 3 8

Clue: Make or become liquified

C. 16 6 4 26 22 13 7 18

Clue: Meal of food between bread

D. 17 21 3 3 19 22

Clue: Sunny color

Answers: A. cheese B. melt C. sandwich D. yellow

SUDOKU

7								9
				7	5	2		
					2		3	
	8		1					
4	5		6			9		3
3		2						6
		3			8	6		7
				1	3			
			9				1	5


Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!


5	1	3	6	4	9	8	7	2
8	2	4	3	7	5	9	6	1
7	9	6	8	2	5	3	4	1
6	7	4	1	8	5	2	9	3
3	8	6	7	2	9	1	5	4
2	4	5	9	3	6	7	8	1
4	3	7	2	9	8	6	1	5
1	6	8	9	5	7	4	3	2
9	5	1	8	6	3	2	4	7

ANSWER:

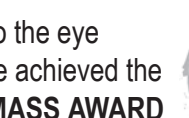


CHARLTON OPTICAL

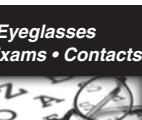
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OBITUARIES

Lianne Ellen Anderson, 69

CHARLTON- Lianne Ellen Anderson, 69, Passed away on September 23, 2021, peacefully in her childhood home surrounded by her family.



Lianne is survived by her brothers Edward Anderson, and his wife Lisa of Southbridge, and Robert Anderson and his late wife Linda Carlson of Charlton; Her sisters Karen McQuade and her husband William of Warwick, RI, Patti Rudski and her late husband Ron of St. Petersburg, FL, Joanne Anderson of Charlton, and Beth Beauregard and her husband George of Charlton. Several nieces and nephews and three cousins. Lianne was born in Southbridge daughter to the late George and Anita (Bombard) Anderson; whom was the founder of the Center of Hope.

Lianne is predeceased by three brothers Russell Anderson, Garry Anderson, Gregg Anderson; her niece Kirsten Anderson and her nephew Michael Beauregard.

Lianne lived in Worcester with her longtime friend of 32years Sharon Pichierri, and her beloved cat Piper. Lianne worked as the head chef at Shrewsbury nursing home and rehabilitation. She also worked cooking for the priests in Worcester.

Lianne loved the beach, and would take trips to Wells Maine and enjoy whale watching and fishing. She was a talented guitar player and painter. She had a love for lighthouses and would create beautiful paintings of them. All our family of people loved her with all our hearts, and we will miss her until we meet again.

The family would like to thank the caring nurses of the VNA hospice services, that helped take care of Lianne.

In lieu of flowers donations can be made to the Center of Hope 1 North St. Southbridge, MA 01550.

Services will be held privately at a later date.

Belanger-Bullard Funeral Home, 51 Marcy St. Southbridge, is directing arrangements.

An online guestbook is available at www.BelangerFuneralHome.com

Sylvia J. Tashjian, 65

Charlton: Sylvia J. Tashjian, 65, of Bond Rd., passed away due to COVID on Wednesday, Sept. 29th. She was born on Valentine's Day in Worcester the daughter of Nancy L. (Hopkins) Tashjian and the late Archie Tashjian.



Along with her mother, she leaves her three brothers, Stephen D. Tashjian, Gary A. Tashjian and his wife Tarina and Michael J. Tashjian and his wife Melissa; her two nieces Tess and Kate; two nephews, Chase and Ryan; a great niece Rylie and a great nephew Luke and Aunts Boo and Rosie, cousins Nora and Michelle and countless friends and family.

Sylvia taught mathematics for over thirty-four years in several towns, but she bled Southbridge red. She gave a tremendous amount of time and energy to the school system. If she wasn't going to games and functions, she was volunteering to be a class advisor and, most recently, the recording secretary to the Southbridge Retired Teachers Association.

Sylvia loved to travel and set foot on almost every continent, except Antarctica probably due to it being cold. Her favorite destination was the Galapagos Islands and thought it was

a special destination. Another passion was going to the beach with dear friends. Even as a little girl, she loved the warmth, the sand, and the surf. Misquamicut was her second home and taught in Stonington, Connecticut for a few years just to be near the beach.

Unless she was sitting in her beach chair, Sylvia was constantly on the go. Getting up early to go to the gym and walking with her neighborhood friend were necessities. Boston professional sports teams were always rooted for emphatically. August 22nd would undoubtedly be celebrated with a cake baked by Sylvia to honor Carl Yastrzemski's birthday. The Bruins, Patriots and Celtics got equal share of her emotions and coaching. She will also be remembered for her arts and crafts skills, stained glass, rock painting, and gardening. One of Sylvia's favorite quotes was "to plant a garden is to believe in tomorrow".

A graveside service and burial for Sylvia will be held on Saturday, Oct 9th at 11:00 am at Worcester County Memorial Park, 217 Richards Ave, Paxton. In lieu of flowers, donations should be given to your favorite charity. There are no calling hours.

Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge is directing the arrangements. www.morrillfuneralhome.com

Bolandrina elected at Boston University's Filipino Student Association



Lilly Amber Bolandrina

BOSTON — Boston University sophomore at the College of Arts and Sciences (CAS), Lilly Amber Bolandrina was elected as the co-production coordinator of the Boston University Filipino Student Association (BUFSA). She also serves as a volunteer Traditional Dance Choreographer. Bolandrina will serve a one-year term during the 2021-22 academic year. BUFSA is an organization that advocates and celebrates the richness of Filipino heritage through community involvement and education. BUFSA aims to expand the core values of BU students, faculty, staff, and alumni through diversity, inclusivity, acceptance, embracing, and sharing Filipino culture.

Bolandrina is working towards a Bachelor of Science degree majoring in Economics. With CAS Student

Programs and Leadership, she serves as FY101 Peer Mentor. She graduated from Douglas High School, Class of 2020 where she was inducted to the National Honor Society and received the Unibank for Savings Scholarship and the Greater Worcester County Foundation/ Arno & Roberta Wagner Scholarship. She was ranked 4 out of 100 with a Cumulative Weighted GPA of 99.563/100. While at DHS she was with the Marching Band Color Guard, Student Council, Social Climate Committee; Varsity Cross Country; Captain of Junior Varsity Field Hockey; and Varsity Field Hockey. She was a Project 351 AMC member and Student Ambassador. She volunteered as a Bike Collector for Bikes for the Philippines Foundation, Inc. She works for BU Dining Hall as a Student Manager. Her

past work experiences include Celebrity Autograph Line Handler for the Boston Comic-Con and as a Night Secretary for the Bay Path Adult Evening School in Charlton.

Bolandrina is a volunteer Food Service Leader for the Pan-Mass Challenge (since 2013) and manages the dessert section of the Monument Finish Line Food Tent. From 2008 to 2020, she volunteered for Iskwelahang Pilipino Rondalla in Bedford, MA performing traditional Filipino Music through playing bandura and dance performances. From 2007 to 2020, she traveled with Dance Philippines Performing Arts Company performing Philippine Folk Dances throughout New England. Since 2007, Bolandrina is a Volunteer Food Service Leader for the Lowell Folk Festival.

Local woman running Boston Marathon to support Hale

WESTWOOD — On Oct. 11, thousands of runners will gather to complete the 125h Boston Marathon. Among those athletes is Danielle Clifford of Charlton who is part of Team Hale, a group of runners raising money to support educational programs for Boston Public School students. Team Hale helps to give underserved children access to life-changing, outdoor learning opportunities.

Team Hale's fundraising efforts support two programs focused on Boston Public Schools (BPS) students: Hale Outdoor Learning Adventures (HOLA) and Intrepid Academy at Hale (IAH). HOLA campers are part of the 5th

Quarter of Learning initiative, a public-private partnership that provides summer learning opportunities to Boston students. HOLA seeks to prevent summer learning loss, encourage academic gains and healthy physical activity, and develop social-emotional skills during the summer months so students are ready to begin the next grade in the fall. IAH is an outdoor program that breaks down the walls of conventional schools, gets BPS high school students outside, and enables them to earn traditional course credits through a nontraditional, active educational experiences.

As an official Boston Athletic

Association charity, Team Hale raises funds to make these innovative programs available to BPS students. Danielle Clifford is running because she believes that every child deserves the right to educational opportunities and understands the impact this will have on so many young lives.

"Hale is a wonderful alternative to traditional programs. As part of Team Hale I learned that there's so many different ways to learn besides reading a book or taking a test. I run for all the kids who excel best when they are physically engaging in an activity," said Clifford.

To support Clifford's efforts, visit

Help Danielle Clifford fundraise for charity! | GivenGain.

About Hale

Hale is a private nonprofit that manages over 1,137 acres of woodlands, including four ponds and over twenty miles of trails in Westwood and Dover, Massachusetts. Hale is widely recognized for its day camp, education programs, and teambuilding initiatives. The century-old organization serves more than 15,000 children and families from 70 Greater Boston communities and invites the general public to enjoy its woodlands, meadows, and ponds. Additional information is available at hale1918.org.

TIF
continued from page A1

Speaking on behalf of the project were Brad Griggs, Senior Manager of Amazons Economic Development Team and leader of their Northeast and MidAtlantic Expansion efforts, and Alex Esxamilla of Bluewater Property Group serve as a development partner. Charlton Town Administrator Andrew Golas was also involved in the presentation as all three parties chimed in on the details of the document.

"The term of this proposed TIF would be a ten-year term," said Golas. "This

would finance the cost of construction. Once the TIF is done they will go back to paying a hundred percent of the assessed value of the property. It's only applicable to the real estate value not the personal property value which is another part of the tax value."

Over the ten years the exemption schedule would deescalate from 55 percent the first year to as little as 10 percent by the final year of the deal eventually resulting in full taxation on the property. The projected savings for Amazon over that time would be \$11.6 million but Charlton would see a projected nearly \$19 million in new reve-

nue over those ten years and as much as \$65 million by year twenty.

"How we're structuring it is the first year with the 55 percent would basically be about \$1.3 million. That would escalate based on the depreciation of the TIF up to \$2.7 million in year ten. The other half of that is the personal property value. The personal property estimating at about \$100 million would start off high with 100 percent of the value in year one and slowly depreciate over time. So essentially over the term of the TIF the total tax amount that the town would take in would slowly increase compensating for both. Over

that period the lowest amount the town would take in for total taxes is somewhere around \$2.6 million escalating up to \$3.4 million in year ten," said Golas, stressing that all this is subject to change pending further negotiations or alterations to the agreement.

The document also noted significant contributions that Amazon plans to make to the town as a whole. These include \$5.3 million in MassDOT requested traffic improvements, another \$1.5 million investment in sidewalk and streetscape improvements, \$1.5 million in STEM education programs for Charlton students, and multiple investments in public safety and improving recreation in town. Representatives also noted that they are working with the nearby Capen Hill Nature Sanctuary to be "great corporate citizens and a great neighbor."

Selectmen had little to say after the presentation with the knowledge that negotiations are still ongoing with the Planning Board. However, Board Chair Bill Borowski called the project a potential game changer for Charlton.

"To be candid, this is the type of project that alters the fabric of a town and it's not necessarily a bad thing," Borowski said. "I want to commend Bluewater, Amazon and obviously our negotiating committee for coming up with conceptually I think something that's very fair that I think will maintain what we love most about our town but will also provide additional enhancements that will allow us to grow in a smart way - I think this puts us in a position to grow as a town in a fair way with a good community partner but we're going to have lots of conversations between now and November."

On Nov. 15, a special town meeting will ask residents to considering adopting the finalized TIF Agreement. Details on the Amazon project are available on the town of Charlton Web site.

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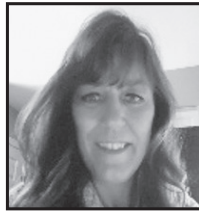
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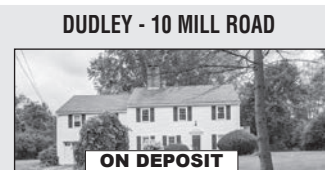
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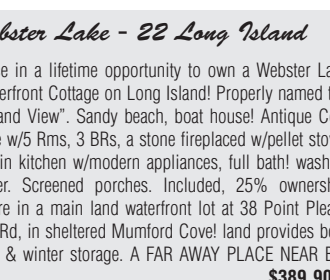
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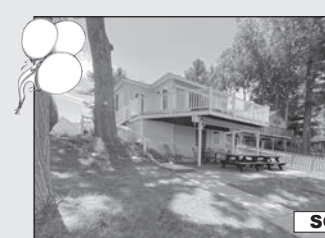
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The Town of Charlton seeks to fill a part-time Custodian position (15 hours per week) at the Police Department. The Custodian is responsible for performing custodial, maintenance, and grounds keeping work. Salary is \$15.43-\$17.20/hr. Apply for the position or to see a full job description go to <https://www.townofcharlton.net/158/human-resources>. Applications must be received by October 7, 2021. The position will remain open until filled.
The Town of Charlton is an equal opportunity employer and encourages diversity.

**PART-TIME
ASSISTANT ANIMAL CONTROL OFFICER / INSPECTOR
TOWN OF CHARLTON**
The Town of Charlton seeks to fill a part-time position (hours vary) for an Assistant Animal Control Officer/Inspector. Must have knowledge of State and local law regulations related to Animal Control; Must have 3 years of experience with animal care and control. Must be able to obtain ACO certification. Hours vary depending on needs. To apply for the position or to see a full job description go to <https://www.townofcharlton.net/158/human-resources>. Applications must be received by October 7, 2021. The position will remain open until filled.
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HOURS
continued from page A1

the residents to explain to you why they want something don't be an elected official," said Singer. "We serve the residents, period. I want happy employees. I love many of them. But we work for the taxpayers. To suggest they have to answer to us why they want, my jaw dropped. We work for them, not the other way around."

Singer didn't specifically reference the public official he was speaking about and also noted that the board had yet to receive definitive plans from departments as to how they would accommodate a Friday in-person opening. He presented several more arguments defending the potential move to a five-day week.

Other selectmen had their say on

the matter before the vote including Selectman Stephen Koronis who had previously vocally supported adding Fridays to the schedule.

"Six months ago, I was all for opening five days a week. Then I started peeling the onion back and I started looking at it and I realized my decision was an emotional-based one not a practical-based one," said Koronis. "When I started looking at it, I looked at town hours in Oxfords, Dudley and Leister. The town of Charlton town hall is open one hour longer per week than all of those towns. The town hall is open to the public 39 hours a week - We're servicing our community - With all the online things and all the things that people need to do I think we're servicing our town fine and my concern is a little more about retention of employees right now especially than it is by just

making and emotional decision."

Koronis's concern was echoed by other selectmen who also felt the input from employees needed to be respected and even noted how COVID could impact the ability to hire new employees if current ones choose to leave due to any changes. Singer provided more passionate statements in favor of his case, stressing that many citizens supported increasing town hall hours in a survey and that while he greatly appreciates the hard work of town employees it's the board's job to work for the citizens of the town. He also reminded his fellow selectmen that comparing Charlton to other towns is often an "apples to oranges" scenario. He also noted that customer service by phone and online services can only provide so much to the townspeople.

"If I need something immediately,

email and phone is not going to get what I need when I have to come into this building and I need to see someone now because I have an urgent need and there's no one here," Singer said. "We have wonderful people, absolutely. But the fact is too often people think the grass is greener on the other side and employee retention is a problem in certain sectors today, absolutely. We're not one of them - Whether we have four days or five they are supported, but we have to make business decisions."

Singer remained in the minority as the lone vote against a motion to maintain the existing four-day work week. Included in that vote is a plan by Town Administrator Andrew Golas to resolve a previously unrelated complaint by townspeople involving holiday closures that will prevent four day closures during many mid-week holidays.



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