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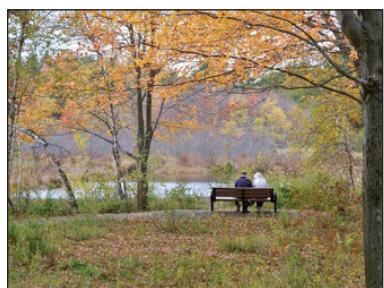
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Friday, February 25, 2022

Sturbridge plans for future of trails



BY GUS STEEVES
CORRESPONDENT

STURBRIDGE — The town's extensive trail network has become a tourist draw, but there are still some long-time residents who don't know much about it.

That was one of the issues participants of last week's Trail Master Plan update forum raised as needing to be addressed going forward.

The concept came from 42-year resident Klaus Hachfeld, who noted his "first introduction" to

the local trails was last October, when he coordinated a 5K trail race. He said the trails "did not reach out to me enough to drive me to go look at [them]" before that, but he's since become a fan.

One approach several participants thought could help handle that would be to create "more interconnectivity amongst trails," in David Barnicle's words. By connecting existing large parcels to each other and to residential neighborhoods, that would encourage more people to use them to visit friends, local businesses, recreation areas and schools. When Sturbridge and Southbridge finish their segments of the rail trail, the more adventurous could even hike or bike to other towns.

Florencia Sangermano has already experienced that. She noted she recently opted to walk her son to school instead of drive, and found the trails near Cedar Street an ideal way

to avoid street traffic.

To Wally Hersee, the trails need to be promoted to a broader spectrum of people "who are just in town" and might be interested in "spur of the moment" walks, as well as those into day hikes. A key part of that requires bridging the Quinebaug River in a few places to allow easy access from Route 20.

Trail Committee Chair Brandon Goodwin agreed, saying his board is "trying to figure out how to get more neighborhoods to the trails and downtown." Doing so requires more input from the various neighborhoods, he added.

Opacum Land Trust's Glenn Colburn and Tom Chamberland said they'd like to see a shift in focus to improving access to the Quinebaug itself, "an untapped resource for recreation." While some cited doing that near OSV

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Selectmen debate continuing ARPA grant program

BY JASON BLEAU
CORRESPONDENT

CHARLTON — The Charlton Board of Selectmen solidified a recently established grant program despite opposition from board members who felt that the money could be used in a more effective manner.

In the fall of 2021, Charlton's selectmen decided to use \$200,000 of American Rescue Plan Act funding to establish a business

and nonprofit grant program to be overseen by the Economic Development Commission. On Feb. 8, the Board of Selectmen was to act on the recommendations of the EDC to award the first round of funding with a maximum award of \$20,000. However, the announcement of the first grant winners was accompanied by a recommendation from Selectman David Singer who, despite wanting

to support businesses in town, felt that the \$200,000 would be better used on other projects considering discussions about capital improvement needs at board meetings over the past two months.

Since the announcement of the grants in November the School Committee has presented a long-term capital improvement plan and the Council on Aging brought forth a proposal to pur-

chase a building for a new senior center. Singer argued that with the benefit of hindsight these investments would be a more responsible use of the funds.

"This is almost \$200,000 that we were looking to give out as grants. We have now since heard not only about the senior center but the leaky school roofs and a lot of other serious needs that \$200,000 could actually go toward which could help alleviate the burden of the taxpayers. I think that, to me, should be the primary use of these monies, to lower the potential ask to taxpayers," Singer said. "It's almost a quarter of a million dollars which would go a long way toward helping the actual urgent needs that we didn't know about when this

was conceived."

Singer made sure to point out that he wasn't trying to take away from local businesses and organizations and indicated that the recommendation is not one he took lightly. His argument was simple: how can the Board of Selectmen ask taxpayers to pay for big projects when they are giving out money through the grant?

"I don't see how we have any chance in hell of asking the taxpayers for any money for a school, or for anything else, if we can give away even almost \$100,000 in grant money to help small businesses, which I want to do, and we all want to do. We

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Bay Path students military-bound

CHARLTON — Among the senior Bay Path Regional Vocational Technical High School students who have made a commitment to the military next year are Kurtis Dominick Davis, Chloe Elizabeth Jordan, and Alex Hunter Gilfooy (pictured left to right in the photograph).

Kurtis Davis, who has chosen to enlist in the Army, stated that he wanted to follow in his grandfather's footsteps.

Davis referred to a quote he once heard that made an impact on him: "Some kids are college material and others are born soldiers."

He added, "to be honest, I'm not a fan of school. Plus, it's a life-long dream."

When asked about what he hopes to gain from his experience, Davis said, "memo-

ries...and to keep everyone in my family safe back home."

In reflecting on his experience at Bay Path, Davis said that he is grateful for the many friends he has made and will remember football camp particularly well. After he finishes his military service, he hopes to open up a motorcycle shop in Florida, continue on with his military career, and join either the SWAT or the police force.

Chloe Jordan stated that what motivated her to join the Air Force was her family: "I come from a military family. My dad and almost every male in my family has enlisted."

She stated that her father was a chief

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Dudley-Charlton District lifts mask requirements for schools

BY JASON BLEAU
CORRESPONDENT

DUDLEY/CHARLTON — As the country nears the two-year anniversary of the dawn of the COVID-19 pandemic the Massachusetts Department of Elementary and Secondary Education (DESE) and the Dudley Charlton Regional School Committee made the announcement on Feb. 9 that masks will no longer be mandated in schools starting on Feb. 28.

Following the declaration by DESE Commissioner Jeffrey Riley and Gov. Charlie Baker, the Dudley Charlton School Committee and Superintendent Steven Lamarche confirmed support for the move on that same evening. The Committee followed suit with countless other school districts across the region and tri-state area by officially announcing that as of Feb. 28, masks will be optional for students in school and for anyone attending School Committee meetings. However, Lamarche acknowledged this is not a complete departure from COVID norms. While masks in schools will be optional, there are still some limits that students will have to follow.

"There are some details that we'll send out to the community that are still requirements. One of them is the federal mandate (to wear masks) on school buses. The other is if you are

positive coming back to school for the subsequent five days you have to wear a mask, but I think the overall sentiment is the important one," said Lamarche.

While the announcement was met with applause from parents in attendance, the displeasure with the implementation of a mask mandate remained for some parents and member of Charlton Dudley United, an organization of parents who have come together to denounce the school committee's inaction on numerous issues since 2021.

Timothy Paquette, one of the most vocal parents at school committee meetings month after month, shared his frustration despite the welcome news of the expiring mask mandate.

"No more mask mandates, no more testing, no more vaccine requirements. Freedom of choice has to be the only way forward, and this absolutely absurd abuse of our children can never happen again," said Paquette.

Kate Berry, a parent from Charlton, was pleased to hear that the mask mandate would end but also felt that damage had already been done to children's mental health.

"I am happy (the children) will get to exchange smiles with their friends again and start to

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all know we have capital needs that we can't fund. I think to me, as much as I want to (award the grants), there's no way I can go to the taxpayers with a clear conscience," Singer said.

The opinions of Singer's fellow selectmen were divided. Some argued that it would be wrong to go back on offering the grants after they promised the prospect of multiple rounds of funding which could have affected when some businesses and organizations would apply. Others felt there was a compromised, to award the current round of grants then pause or end the grant program after one round.

Selectman Barbara Zurawski had with mixed feelings on the situation.

"I don't want to be the person who promised something and then just rescind," she said. "I get what Mr. Singer is saying. I would be going with maybe rescinding rounds two, three and four, but maybe not the first one because people put a lot of effort (in the

grant application). We have already kind of promised at least a shot."

Several motions were put forth for consideration. Singer made a motion to completely suspend the grant program entirely, including canceling round one of the funding, which failed with Singer as the only vote in favor. A second motion was made and approved 4 to 1, with Singer as the lone decider, to approve the first round of grant funding totaling \$58,000. The initial grants are \$10,000 to the REAS Foundation, \$8,000 to the Dudley Charlton Educational Foundation, \$7,500 to CrossFit 1977, \$5,000 to Charlton Youth Soccer, \$7,500 to CrossFit Charlton, and the maximum grant award of \$20,000 to the Charlton Beagle Club.

A third and final motion was made to see the grant program through its remaining three rounds as planned. Selectmen Singer and Bill Borowski voted against the motion while Selectmen Zurawski, Stephen Koronis and Patsy Rydlak voted in favor of keeping the grant program intact for the time being.

TRAILS
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(on private land), Colburn recommends using the Shepard Parcel (town land off Haynes Street).

Others, namely one who only identified herself as Becky, want to see easier access for horse riders. She said she'd ride town trails more but finds it hard to park a trailer near trailheads.

Goodwin noted some sites do have turnarounds for that use, but other users sometimes park there. Additionally, he and others expressed some concern about growing use damaging the trails and surrounding habitat. Goodwin said 30-40,000 people used the Leadmine trails last year, and Hachfeld noted "a significant sporting event" can bring many at once. He was concerned such events also create parking and traffic issues, and their growth forces Sturbridge "to think about what damage are we doing" and who fixes it.

That was an issue cited

during the 2012 planning process as well. Then, the Division of Fish and Wildlife expressed concern that one of the plan's options, dubbed "the spaghetti option" or the "labyrinth of trails," would be too dense and hazardous to habitat. Although that didn't happen in practice, Colburn said routing trails to avoid critical habitat is still something to watch out for. He also noted the 2012 plan tended to imagine trails without considering private property, but he thinks the actual layout is "very sustainable."

Trail Com member Richard Paradise said the various conservation easements have a lot to do with the fact of limited parking, but isn't sure how to solve that. He typically leads guided hikes, where he and others "take them to places they wouldn't go on their own."

"We work very hard on maintaining them and keeping them clean and mowed," Paradise

said. "... We're just not very good at marketing. That's what we need people like [Hachfeld] for."

Goodwin added that one "lacking aspect" of the plan is how to safely link parts of town via bike routes. A key part of that, Town Planner Jean Bubon said, is the fact Main Street is Route 20, where it's sometimes a challenge to get the state to follow its own Complete Streets design guidelines.

Gus Steeves can be reached at gus.steeves2@gmail.com.

STUDENTS
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in the Air Force and served for 26 years. Jordan mentioned that she would be the fourth generation on his side of the family in the Air Force.

What Chloe hopes to gain from her experience is "knowledge...and a criminal justice and criminology degree at some point in my career."

Being captain on the varsity girls' volleyball team is something Jordan will remember well from her time at Bay Path. After her time in the service, she would like to be a detective for domestic abuse and sexual assault crimes, "as well as work as a sex/domestic crime detective full time."

Alex Gilfoy said that he decided to join the United States Navy reserve so he could serve a purpose higher than himself while also being supported with benefits. He wants to serve his country while also having opportunities to travel.

Gilfoy stated that he "hopes to get skills and experience that will help me succeed in whatever I choose to do with my life."

About his experience at Bay Path, Gilfoy said it was positive: "I came here knowing very few people being socially awkward. Through the discomfort I began to grow. I realized that staying in my comfort zone offered nothing for me."

When asked about his ultimate goals, he stated that he would like to be a police officer or "do something that allows me to help people in my community."

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Lorraine Loretz, DPM, MSN, FNP

March happenings at Hitchcock Academy

BRIMFIELD — Hitchcock Academy offers a variety of classes, programs and workshops for all ages. The community center is located at 2 Brookfield Rd. in Brimfield. More information can be found at www.hitchcockacademy.org.

Digital Photography with Kevin Kopchynski Basics March 7 & 14, 6:30-8pm This class is a great way to get familiar with a new camera. Capture the highlights of the season with brilliant results by learning about light and exposure to capture fine details. Learn which of your camera's features are most important to come away with quality memorable images, and learn a few creative techniques. Photo Editing

Mondays, March 21 & April 4, 6:30-8pm Using programs like gimp.org (free), Photoshop, Photos (Mac), Photosop Elements, or Paintshop Pro, students bring their laptop with photos to edit. Here's an opportunity to sort and enhance your recent holiday photos. Discover how to adjust color/lighting; sharpen your images and get an introduction to layers. Basic familiarity with your computer is required.

Introduction to Scrapbooking with Terry Skaza Thursday, March 17, 1-3pm or Thursday, March 31, 1-3pm Tell your story with this Introduction to Scrapbooking class. Using your own photographs, you'll learn how to create a 12 x 12 page for your scrapbook to look back on for years to come. You'll explore some common tools and supplies, and learn how to design your own page. Bring your own scissors and four to five themed pictures* but all other supplies are included! *Please bring photos that will be cut up/edited

Adult, Child, & Infant CPR with Nora Holland Thursday, March 24, 6-7:30pm Learn how to respond in an emergency. Participants will receive an ECSI certification upon successful completion of course. Students under

18 must complete a consent form.

ABCs of Genealogy with Dave Robison of Old Bones Genealogy Wednesdays, March 23, 30, April 6 & 13, 1-2:30pm This series is designed for the beginner as well as anyone with even a limited amount of experience. "ABCs" is a class where you will learn how to avoid common errors, research techniques, various websites that are too often overlooked, sources to visit that are unavailable on-line and more. In addition, your questions will be answered, and we all will likely engage in discussions regarding your "brick-wall." There is so much to learn that some of the information is helpful to even the professionals! Register for in-person or Zoom* presentation! Feel free to come at noon with a brown bag lunch to enjoy w/others before the class begins.

Recording the Past for the Future with Dave Robison of Old Bones Genealogy Wednesdays, March 23, 30, April 6 & 13, 6:30-8pm Who would like to speak to their grandparents or great grandparents? How much do you really know about where they lived or went to school or their military service or their grandparents or great grandparents? Let's talk about the who, what, where, and how you can make this happen. That's for you, of course, but what about your unborn descendants, your own great grandchildren. What about books, pictures, documents? How do you keep those items from deteriorating, fading, or just getting lost? The story of you can be treasured by untold generations of your descendants. How it's done is not a great mystery, we just must learn a few strategies. And perhaps, others in this class can tell us what they've got hidden away in a safe place! Everyone attending will benefit. Register for in-person or Zoom presentation!

Buddies Dog Training with Laurie Merritt Wednesdays, March 16 to April 20, 6:30-7:30pm This dog training basics class is for

canines of all ages (puppies welcome) and provides positive training methods, good management practices, and problem-solving strategies. The first week is mandatory, and dogs do not attend. Vaccinations must be up-to-date. Bring the household! Children under 14 must be with an adult.

Guitar with Reese Crosby Ages 7 & up Wednesdays, March 2 to 30, 3-8:30pm (Individual 30 minute time slots will be booked) Learn how to play your first song in 2 weeks or less! Acoustic and electric guitar lessons for beginner to advanced levels, ages 7 and up. Learn how to read tablature and get an introduction to music theory. You will also have the opportunity to try different guitars before you buy one.

Judo/Martial Arts Club with Sensei Israel Lopez All Ages Wednesdays & Fridays 4:30-6pm Adults Mondays & Fridays 6-7:30pm Judo, the gentle way, is an Olympic sport intended to train the body and mind. It involves using holds and leverage to unbalance the opponent.

Yoga with Sharon Palmer Mondays, 7:15-8:30pm, March 14 to April 25

Hatha Yoga benefits are stress-relieving. Relax & rejuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome.

Winter Farmers' Market Saturdays 10am-12pm Place orders in advance with a number of local farmers and pick up your bounty at the Hitchcock parking lot on Saturday. Offered weekly until the regular farmers' market resumes in April.

Ongoing Free Community Programs Art Group Tuesdays 9am - 12pm This is a time to socialize, draw, and paint together informally without instruction. Bring your own supplies and enjoy! No registration is necessary; drop in! Donations welcome.

Playgroup Tuesdays 9 - 10am Offered by Family Foundations 5, these are fun, drop-in, literacy-based programs for young children (infant - preschool age) and their caregivers.

Music & Movement Wednesdays 10 - 11am Offered by Family Foundations 5, these are fun, drop-in, literacy-based programs for young children (infant - preschool age) and their caregivers.

Alcoholics Anonymous AA meets every Friday evening, 7:30-8:30pm. AA Step meets every Tuesday, 7:00-8:00pm.

Villager Newspapers

ACCURACY WATCH

The Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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Applications welcome for Ronald J. Denault Memorial Law Enforcement Scholarship

CHARLTON — A \$1,000 scholarship, honoring the memory of Ronald J. Denault, highly respected police officer at both the state and local levels, will be awarded again this June to a student in the Class of 2022.

To be eligible for consideration for this award, a student must be a Charlton resident who is planning to further his/her education in pursuit of a career in law enforcement or criminal justice. Applicants may be graduating from a public or private high school or from a home-schooling program which has been approved formally by the School Committee. Ideally, applicants will show evidence of scholarship, leadership, and community service.

Interested persons should complete and submit an application packet no later than April 29. The application packet will include the following: an

application form; a one-page essay summarizing why the applicant is interested in a career in law enforcement; two letters of reference; and documentation of academic scholarship. Details regarding all requirements will be included with the application form. Application forms can be obtained at the public library, at the police station, or through the guidance office at either Bay Path Regional Vocational Technical High School or Shepherd Hill Regional High School. To obtain an application via email or to answer any further questions, please contact Dr. Linda Denault, who can be reached at 508-248-7711 or via email at ledenault@aol.com.

Completed application packets should be mailed to the Ronald J. Denault Memorial Law Enforcement Scholarship Committee, c/o P.O. Box 352, Charlton City, MA 01508.

In accordance with the announcement by DESE, the lifting of the mask mandate also eliminates the requirement for districts to request a waiver from DESE to remove masks in schools buildings where 80 percent of staff and students are vaccinated. DESE said that "masking will be a community choice in schools across the Commonwealth, regardless of vaccination rates within a school" however districts will be allowed to establish their own local requirements. Judging by the Dudley Charlton Regional School Committee's announcement, it does not appear there will be no district-specific requirements to continue requiring masks outside of federal mandates in the foreseeable future.

MASKS

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repair the damage that has been done," said Berry. "The real pandemic now lies with their mental health. Our children need to stop thinking of themselves as vectors of disease obsessed with masking, hand sanitizer, and zombie like walking to ensure proper distancing from the child in front of them. Simply, the masking of healthy children has created unhealthy minds. The virus has never been a threat to our children. They have always been the least at risk, yet they have borne the burden since March of 2020 for the adults who have made this about politics and not about health."



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Friday's Child

I am a talented singer and dancer!

<https://www.mareinc.org/waiting-child-profiles#gallery/child/6545>

Dasanee is an active young lady of African American descent. She is reserved, quiet, and shy at first, but once she gets to know you, then she becomes very outgoing and talkative. Dasanee is naturally athletic, and she enjoys staying very active. Some of her favorite activities include playing soccer, basketball, swimming, and jumping on her trampoline. She is also musically inclined and is starting to recognize this newfound talent. She recently started taking trumpet lessons and knows how to play the piano and sing.

Legally freed for adoption, Dasanee would do well in a two-parent family who can provide her with the affection, stability, and structure she needs to thrive. She would very much love for there to be other children in the home, and possibly some pets. Interested families must be willing to help Dasanee maintain her relationship and visits with her brother and Aunt.

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If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.

Bay Path Practical Nursing Academy student qualifies for the National Technical Honor Society

CHARLTON — Bay Path Practical Nursing Academy student Eunice N. Kamau of Worcester will be inducted into the National Technical Honor Society (NTHS) at an in-person ceremony to be held in the Spring. The outside event will mark the 7th annual induction ceremony for the Academy.

From 2021 to 2013, Kamau was a Certified Nursing Assistant (CNA) at the Kindred Rehabilitation and Nursing Center. She became a direct support staff at BAMSI from 2013 to 2015, and a supervisor at the Advocates, Inc. from 2013 to 2015. She is certified in Dementia Care, completed a course on domestic violence, and is Mental Health First Aid certified.

Kamau believes that nursing is a noble profession “that focuses on patients and families’ well-being in all

aspects including but not limited to emotional, physical, spiritual, and psychological.” She is inspired to make a difference in people’s lives and looks forward to helping people regardless of geographical boundaries and abilities.

“Compassion is one of the most important attributes a nurse should possess,” stated Kamau, “along with empathy, and providing care in a dignified manner.”

Eligibility for induction to the NTHS is based on a minimum 3.0-grade point average, faculty recommendation, character, leadership, involvement in extracurricular activities, and clubs. These characteristics reflect the member attributes of the National Technical Honor Society which are skill, honesty, service, responsibility, scholarship, citizenship, and leadership.

According to Academy Director, Grehelene Bolandrina, DHA, MSN Ed, RN, CRRN, practical nursing students eagerly look forward to the NTHS induction ceremony each year. “Making it through nursing school is an achievement, being inducted into the NTHS is another feather in their cap! The PN students juggle school, work, and family life, it is quite a feat to be inducted to the NTHS,” said Bolandrina, who has been organizing the induction ceremony for the last 6 years.

About Bay Path Practical Nursing Academy

Bay Path offers a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical



Eunice Kamau

Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. For more information, visit www.baypath.net.

March events at Joshua Hyde Public Library

STURBRIDGE — With the opening of the Library to the public in the beginning of February and the start of inside programs starting on Feb. 14, below is the Library’s current calendar of events for March. Be sure to mark your calendars and check the sturbridgelibrary.org website for updates and additions. Please check each event to see if online registration is required.

Through March 15: Donate to the Boston Bruins PJ Drive for kids and teens in foster care! We are collecting new PJs in any size at the library from February 1 - March 15. You can also visit <https://www.cradlestocrayons.org/boston/pjdrive/> to make a monetary donation. Thank you!

Most Tuesday starting March 1st:
Drop-in Spring Story Time

@ 10:45 AM - Children are welcome to drop-in for stories, songs, and a craft. Children must be accompanied by an adult caregiver. This event is sponsored by the Friends of the Joshua Hyde Public Library.

Tuesday, March 1st @ 6 PM: Friends Book Sorting - The Friends of the Joshua Hyde Public Library will be sorting and organizing books to be sold during the book sales. If you’re already a member, you’d like to join, or you just like helping,

drop in!
Wednesday, March 2nd:

PJ Day at the Library - Visit the Library in your PJ’s as we continue our support of the Boston Bruins PJ Drive for kids and teens in foster care! Enjoy searching for your next read in the comfort of your jammies, and don’t forget to take home a special treat of hot cocoa and cookies.

Most Friday starting March 4th:

Drop-in Spring Story Time @ 10:45 AM - Children are welcome to drop-in for stories, songs, and a craft. Children must be accompanied by an adult caregiver. This event is sponsored by the Friends of the Joshua Hyde Public Library.

Saturday, March 5th: STEAM: Saturday Leprechaun Traps @ 1 PM - Join us in the Meeting Room to create your own leprechaun trap before St. Patrick’s Day! Suitable for children of all ages with an adult caregiver. Sponsored by the Friends of the JHPL. FREE. Registration Required.

Tuesday, March 8th: Memoirs: Gateway to Dreams and Reflections @ 1 PM - book discussion on, A Lowcountry Heart, by Pat Conroy. Pick up a copy at the library! Sponsored by the Friends of the JHPL.

Wednesday, March 9th: Frank Capra Film Series @ 12:30 PM - Rescheduled from January 5th. This film series is in celebration of the JHPL’s 125th anniversary. Join us for a screening of Frank Capra’s, Mr. Smith Goes to Washington (1939). Sponsored by the Friends of JHPL.

Thursday, March 10th: LEGO Club: March Meeting @ 6:30 PM - We will meet once a month on Thursday evenings in the Library Meeting Room. Suitable for children ages 5 - 12 with adult caregivers. Sponsored by the Friends of the JHPL. Registration Required.

Saturday, March 12th @ 10:30 AM & Friday, March 18th @ 1PM:

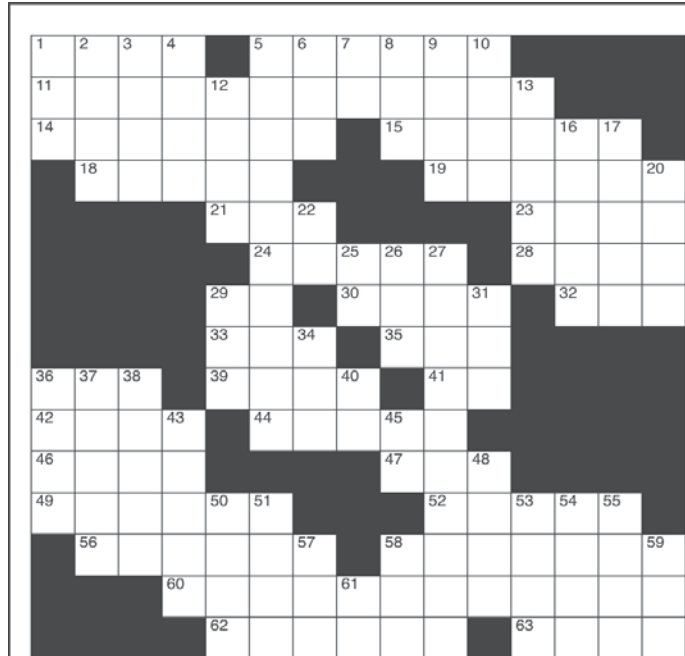
Book Donation Drop-Off - Your book donations are very important to the success of our book sales. We gratefully accept donations of books in good condition. The book sales are a significant source of funding for library programming, museum passes, and many extras funded by the Friends of the Joshua Hyde Public Library. All proceeds from the sales benefit the library. Please note that we reserve the right to NOT take items we deem not able to sell. Examples: NO books that are musty, moldy, smelly, damaged. NO Encyclopedias, Time Life or other book sets, condensed books, magazines. NO videotapes, cassette tapes, or outdated computer games. NO outdated textbooks, travel guides, computer, science, business, legal, or medical books published more than 5 years ago.

Items especially needed and wanted: children’s books, large print books, newer fiction (prefer not older than 10 years unless a classic), non-fiction - history, cookbooks, crafts, biography, arts, sports (prefer not older than 10 years).

Wednesday, March 16th: Frank Capra Film Series @ 12:30 PM - Rescheduled from January 12th. This film series is in celebration of the JHPL’s 125th anniversary. Join us for a screening of Frank Capra’s, It Happened One Night (1934). Sponsored by the Friends of JHPL.

Armchair Travelers @ 6:30 PM - Join us for a discussion of the book, **The Things They Carried**, by Tim O’Brien. Pick up a copy at the library! Sponsored by the Friends of the JHPL.

Wednesday, March 30th: Visionary Women Celebrating Gardening, Hearth, & Home @ 1PM - Join the Southbridge Garden Club and Joshua Hyde Public Library for an illustrated lecture about Celia Thaxter and Tasha Tudor at the Sturbridge Senior Center. Ellen K. Duzak, retired Professor of Psychology at Becker College, will present the program. The public is invited to attend. This lecture is FREE & registration is required.



CLUES ACROSS

- 1. Constrictors
- 5. Abounding in rocks
- 11. Speed
- 14. German city
- 15. Lacking sympathy
- 18. Visionaries
- 19. Wastes away
- 21. One precursor to the EU
- 23. Nursemaid
- 24. Unconsciousnesses
- 28. Baby’s word for father
- 29. Equal to 64 US pints (abbr.)
- 30. Senses of self-importance
- 32. Midway between south and southwest
- 33. When you hope to get there
- 35. Electronic data processing
- 36. Passports and drivers’ licences are two
- 39. Fishes
- 41. Air Force
- 42. Personal computers
- 44. Ecological community
- 46. Wings
- 47. Halfway
- 49. Cool, calm and collected
- 52. Jewelled headdress
- 56. Musical composition
- 58. Falls
- 60. Repeating remarks
- 62. Periods in one’s life
- 63. Hyphen

CLUES DOWN

- 1. Humbug!
- 2. Devices that alert pilots (abbr.)
- 3. Grocer
- 4. One point east of southeast
- 5. Subjects to hostility
- 6. Work unit
- 7. Atomic #56
- 8. British thermal unit
- 9. “Elusive Butterfly” singer
- 10. Egg part
- 12. Device
- 13. Rechargeable power source
- 16. Ancient sage
- 17. Consist of two elements
- 20. “Pygmalion” writer
- 22. “The Centennial State” (abbr.)
- 25. Of I
- 26. Get older
- 27. Brotherhoods
- 29. Buzzing insect
- 31. Sunscreen rating
- 34. Brew
- 36. Leader
- 37. Indigo bush
- 38. Burn with a hot liquid
- 40. Junior’s dad
- 43. Horse mackerels genus
- 45. Morning
- 48. Unit of linear measurement (abbr.)
- 50. Double curve
- 51. Small, twisted bunch
- 53. Developed
- 54. Mars crater
- 55. Humanistic discipline
- 57. Word element meaning ear
- 58. Last or greatest in an indefinitely large series
- 59. Wood residue
- 61. It cools your home



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CHURCH LISTINGS

• **Charlton Federated Church**, 64 Main St., 248-5550, Sunday worship 10:30 a.m. www.fedchurchcharlton.org

• **Charlton Baptist Church**, 50 Hammond Hill Road, 248-4488, www.charltonbaptist.org, Sunday worship 10 a.m.

• **Charlton City United Methodist**, 74 Stafford St. 248-7379, web site: CharltonCityUMC.org

Sunday worship and Children’s church 10am

• **St. Joseph’s Church**, 10 H. Putnam Ext, 248-7862, www.stjosephscharlton.com, Saturday Vigil Mass 4:30 p.m., Sunday Mass 8 a.m., Sunday Family Mass 10 a.m., Sunday Life/TEEN Mass 5 p.m., Weekday Mass Monday, Tuesday, Thursday, Friday 8:30 a.m.

• **Hope Christian Fellowship**, 6 Haggerty Road, 248-5144

• **Assemblies of God Southern New England District Headquarters**, Route 20, 248-3771, snedag.org, Office hours Monday-Friday 8:30 a.m. to 4:30 p.m.

• **Living Word Church of Charlton**, 10 Main Street - Grange building 1st Floor, Charlton, MA 01507, Pastor Craig Bellisario, (508) 233-8349 Sunday Service 10:00am. www.livingwordcharlton.com

• **New Life Fellowship A/G, SNED Chapel**, 307 Sturbridge Road, Rt. 20, Charlton, MA, Sunday Worship 10:00 a.m.

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THE VILLAGER PUBLISHED BY STONEBRIDGE PRESS
PRESIDENT AND PUBLISHER
FRANK C. CHILINSKI
860-928-1818 EXT. 103
frank@stonebridgepress.news

BUSINESS MANAGER
RYAN CORNEAU
860-928-1818 EXT. 102
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DI NICOLA
508-764-6102
jim@stonebridgepress.news

EDITOR
BRENDAN BERUBE
508-909-4106
news@stonebridgepress.news

PRODUCTION MANAGER
JULIE CLARKE
860-928-1818, EXT. 305
julie@villagernewspapers.com

The Charlton Villager (USPS#024-954) & The Sturbridge Villager (USPS#024-955) is published weekly by Stonebridge Press, Inc., 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to Charlton Villager, P.O. Box 90, Southbridge, MA 01550.

Nursing student feedback in correctional health facility

CHARLTON — Bay Path Practical Nursing Academy Director Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN said, “Feedback gathered from alumni especially the PN Class of 2021 was instrumental in shaping the decision to accept the invitation by Kristy Mannion, RN, Director of Nursing at MCI-Concord and North East Correctional Center and Wellpath at 954 Elm St., Concord’s medical and mental health facility.”

The establishment of a clinical observation agreement was seamless because of the assistance and enthusiasm of Director Mannion, the faculty and staff at Bay Path Practical Nursing Academy, and the support of the Superintendent’s office at Southern Worcester County Regional Vocational School District.

“It’s a win-win” said Bolandrina, who oversaw the year-long clinical observation design agreement and establishment.

The Corrections Nursing Observation, which was started on Term 2 in January 2022, drew the interest and participation of the entire 2022 cohort.



Felisters Mburu

“Now, eight weeks into the 2022 cohort’s corrections nursing observation, the practical nursing students’ feedback are coming in positively,” said Bolandrina.

“The employment of Bay Path Practical Nursing Academy alumni at the Department of Corrections rightly engaged the PN Class of 2022 with the best-practice approaches to corrections nursing,” Bolandrina said. “The Corrections facility is perhaps the best new example of other opportunities for the new LPNs and in meeting the needs of our population in these unprecedented times.”

The corrections nursing clinical observation involves required evidence-based research readings on corrections nursing, two full days of observation precepted by licensed corrections nurses, a meeting with Kristy Mannion, RN, Director of Nursing, and reflection paperwork to be submitted by a predetermined due date.

“What I heard from several PN students, was, ‘What a wonderful learning opportunity and gives us a chance to be even more successful.’” Bolandrina said. “Role modeling, seeing LPNs in the workplace. Our students are seeing our graduates. We are giving them a good glimpse of work in a correction

setting.”

Bolandrina adds that the new corrections nursing clinical observation, “opens up new doors in our LPNs’ nursing journey. With correctional health nursing committed to the health and well-being of incarcerated individuals, I am excited for our LPNs to shine.”

According to Practical Nursing student Felisters Mburu of Shrewsbury, “Working as a correction nurse is a unique calling and it was my pleasure to interact with the whole team!”

After two days of observation and Mburu stated, “in the correction facility... the nurses have a responsibility for positively impacting lives despite the resource and security concerns for incarcerated patients.”

Further, Mburu adds “Effective care delivery implies that nurses must be compassionate to endure understanding and empathy to their patients. Such measures promote trust, ensure better outcomes, and promote job satisfaction for the correction nurses.”

Emerson College student Joseph DuBois of Uxbridge, named to Dean’s List

BOSTON — Joseph DuBois of Uxbridge is among the students named to Emerson College’s Dean’s List for the Fall 2021 semester. The requirement to make Dean’s List is a grade point average of 3.7 or higher for that semester.

DuBois is majoring in Journalism and is a member of the Class of 2022.

About Emerson College
Based in Boston, Massachusetts, opposite the historic Boston Common and in

the heart of the city’s Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has 3,780 undergraduates and 670 graduate students from across the United States and 50 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and

performance groups. Emerson is known for its experiential learning programs in Los Angeles, the District of Columbia, the Netherlands, London, China, and the Czech Republic as well as its new Global Portals, with the first program launching this fall in Paris. The College has an active network of 51,000+ alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

Erin Lyons named to College of Charleston Dean’s List

CHARLESTON, S.C. — Erin Lyons, of Sturbridge was named to the College of Charleston Fall 2021 Dean’s List. Lyons is majoring in English.

To qualify for President’s List (Highly Distinguished), students must earn a GPA of 3.800 or higher and complete a minimum of 14 semester hours.

To qualify for Dean’s List (Distinguished), students must earn a GPA of 3.600 or higher and complete a minimum of 14 semester hours.

Located in the heart of historic Charleston, South Carolina, the College of Charleston is a nationally recognized public liberal arts and sciences university. Founded in 1770, the College is among the nation’s top universities for quality education, student life and affordability. Its beautiful and historic campus, combined with contemporary facilities, cutting-edge programs and accessible faculty attracts students from across the U.S. and around the world.





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Charlton to continue yard waste disposal program

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The town of Charlton will continue a Yard Waste Disposal Program that has become a popular offering for residents to remove leaves and other environmental debris from their properties.

Previously conducted by the town's Sustainability Committee, the spring and fall program allows residents to bring yard debris to the Department of Public Works barn and was a big success in 2021 leading town officials to consider continuing the program using bud-

geted town money. Town Administrator Andrew Golas told selectmen during a Feb. 8 meeting that his office received vocal support from citizens to keep the program but also confirmed that the Sustainability Committee wouldn't continue to oversee the event.

Golas presented selectmen with two options, both putting the program in the hands of the Department of Public Works for the already-budgeted cost of \$2,000. One option would be to use DPW workers at an overtime rate for four hours on a Saturday to ensure those dropping off yard waste were, in face, from Charlton. The other option was to hire a leaf dump monitor at a minimum

rate of \$15 an hour.

Selectmen were in full support of continuing the program considering that the money was already budgeted and that citizens clearly appreciate the service. Board Chair Bill Borowski said the service fills an often-overlooked need in town for a reasonable price.

"Many of us receive many emails, calls and messages over the years from folks who live on a lake, for example, who have no place to dump their stuff. I think \$2,000 is personally short money for something that could be a significant convenience for a lot of people," Borowski said.

Selectman Barbara Zurawski, who

volunteered her time during the 2021 event, said she saw firsthand how much residents appreciate having the program available.

"There were quite a bit of people that actually complimented the program and they were very happy that we had it, so \$2,000, I don't think it's too much," she said.

Selectmen thanked the Sustainability Committee for setting the standard for them to follow and thanked the Department of Public Works for taking on the program. The vote was unanimous to maintain the Yard Waste Disposal Program for the foreseeable future.

ABC's of the Seasons ~ WINTER EDITION ANSWERS ~

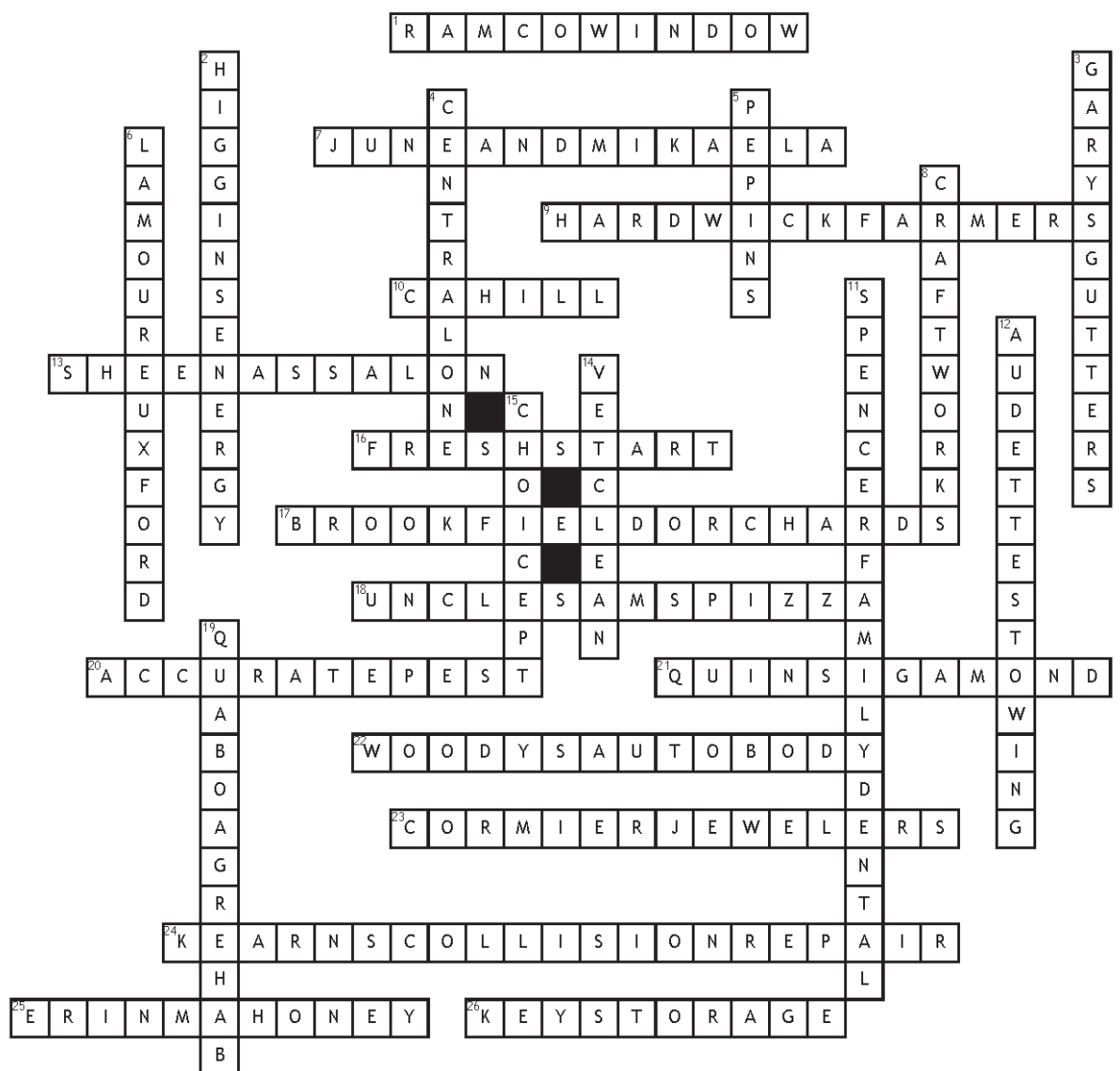
We hope you enjoyed our Winter ABC's of the Season crossword puzzle. The randomly chosen winner of all the correct entries for a \$25 gift card is **C. Graves of Charlton**

Please continue to support these and all of your local businesses. Our next ABC's of the Seasons will be our Spring Edition, coming out on April 29.

Thank you to all the ABC businesses and to those who completed our puzzle! If you would like a letter for spring, please contact your sales representative to see what is available.

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LEGALS

Public Hearing

The Brimfield Zoning Board of Appeals will be holding a public hearing on behalf of Trifecta Farms Corp, who is seeking a special permit for indoor marijuana cultivation. The property address: 142 Holland Road, Brimfield MA 01010. Assessor's parcel ID#: Map 17, Block C, Lot 12. Deed recording information: Book 9266, Page 059. Property is in the Agg/Res zoning district. The hearing will be held on Monday, March 7, 2022, at 5:30 PM at the Brimfield Town Hall, 21 Main St. Brimfield, MA. February 25, 2022 March 4, 2022

LEGAL NOTICE

A public hearing on the proposed Holland Elementary School budget for

2022-2023 will be held on **Thursday, March 10, 2022 at 6:30 p.m. at the Holland Elementary School**, in accordance with M.G.L. Chapter 71, S. 38N. Copies of the proposed budget are available from the office of the Principal at Holland Elementary School. **NOTE: The regular school committee meeting will begin at 6:00 p.m.** Laura Alden, Chair Holland School Committee February 25, 2022

PUBLIC NOTICE
DEPARTMENT OF ENVIRONMENTAL PROTECTION
WATERWAYS REGULATION PROGRAM
Notice of Simplified License Application pursuant to M.G.L. Chapter 91

#22-WW-PRE-0023-APP
NOTIFICATION DATE: 2/21/2022
PERMITTEE: Mark Lavigne
PROJECT SITE ADDRESS: 286 Big Alum Road, Sturbridge, Ma. 01518
Public notice is hereby given of the application for a Chapter 91 Simplified License by Mark Lavigne to construct/maintain a Cantilevered dock] in the waters of Big Alum Pond at 286 Big Alum Road Sturbridge, Ma. Worcester County
The Department will consider all written comments on this Waterways application received by within 30 days of the "Notification Date". Failure of any aggrieved person or group of ten citizens or more to submit written comments to the Waterways Regulation Program will result in the waiver of any right to an adjudicatory

hearing in accordance with 310 CMR 9.13(4)(c). The group of citizens must include at least five citizens who are residents of the municipality in which the proposed project is located. Project plans for this Waterways application are on file for public viewing electronically, by request to dep.waterways@mass.gov. If you do not have access to email, please leave a voice-mail at (617) 292-5929 and you will be contacted with information on alternative options. It is recommended that public comments be filed electronically with dep.waterways@mass.gov when possible. Alternatively, comments may be mailed to the Waterways Regulation Program at: 1 Winter Street, 5th Floor, Boston, MA 02108. February 25, 2022



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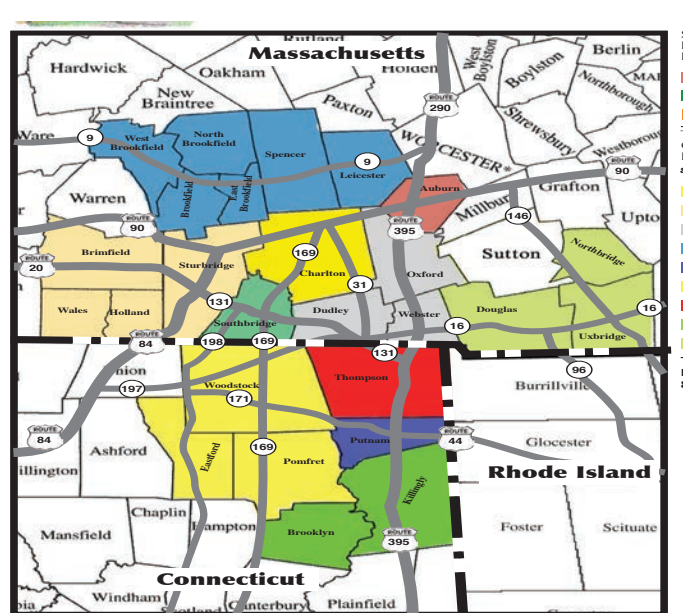
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FRANK G. CHILINSKI
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BRENDAN BERUBE
 EDITOR

OPINION

Leave the phone 'til last in the morning

Most weeks, our Editorial space is typically something our staff is curious about. While the subject of cell phone and screen addiction comes up often, this week, there was a noticeable shift in our view on the topic after receiving a wise tip.

That tip was to ignore your phone, don't even look at it, until 30 minutes after you wake up. In that time, sit down, have your morning coffee and read a book. When you start to scroll on your phone just after waking up, you put yourself into what's called a passive scrolling phase, which can derail your entire day and ward off productivity.

A few days into following this new advice, and there is a noticeable sense of comfort and relaxation that can carry you throughout your day. It's like taking 30 minutes every morning to get back to the basics and recall simpler times.

Most people feel like they are in control of their phone use, but are you? How can you determine if you have a phone addiction, or are just part of the modern era grind? We've said it before, and we'll say it again, nothing beats the days of watching Jeopardy uninterrupted, without the pressure of responding to a ding from your phone.

In 2011, only 35 percent of the population owned smartphones, now 81 percent do. It is our main form of communication, so much so that now there is a term called nomophobia, or the fear of going without your phone.

Excessive cell phone use is a huge problem for many. As far as addiction goes, some experts say the dopamine connection the phone offers can be linked to something akin to a drug addiction. The triggering of that chemical in your brain, reinforces compulsive behavior. When we can't predict when we will receive a text or a "like" on social media, we check our phones more often.

Adolescents are more vulnerable to this problem than any other age group. Excessive use in that age group is such an issue that most teenagers never turn off their phones. Experts say that the younger a child has access to a phone, the sooner the problems begin. Problematic cell phone use is linked to low self esteem, low impulse control, depression and anxiety.

Signs you may have a phone addiction could be that you reach for your phone if you're bored, you feel anxious or upset if you can't get to your phone, you wake throughout the night to check it, or your phone has caused you to get into an accident. Other signs could be that you spend most of your waking hours on your phone, and that it interferes with personal relationships or work.

When trying to focus on work, or any task, you are significantly disrupted and your concentration is thrown off.

Ways to break the addiction in order to fix your relationships, your health and other responsibilities include figuring out if there is a larger issue as to why you're using your phone so much. Are you avoiding something else bigger? Resolving the larger issue at hand, could cause a decrease in phone use.

Change your settings to remove notifications and other alerts, set your screen to dark mode at night, keep your phone out of sight and never charge it in your bedroom. After a certain time, set your phone up so that only emergency contacts can get through to you, everyone else can wait. Try replacing games on your phone with real in person games, or develop a hobby you've been wanting to try. Too much cell phone use can develop into a loss of control.

There have been some experiments where people have gone two days without their phones. Some people choose to give up their phones all together, while others make significant changes to reduce use.

The potential risk of depression, insomnia and lack of productivity just isn't worth it. Think back to pre cell phone times. While there are safety benefits to having a phone, we don't need to be connected 24/7, and we don't NEED to respond or answer our phones just because they ding.

Your responsibility is to yourself and it's wild how much you can get done if you just unplug. Take a breather, shut your phone completely off for 15 minutes and see how you feel. If you do try this trick, send us an email and let us know what you find.



Should you restore your antiques?

Most clients I meet are aware that they shouldn't try to clean, polish, shine or refinish antiques and collectibles. However, there are times when this typically taboo antique practice is actually acceptable, and even encouraged.

Despite a recent drop in antique furniture prices, period pieces from the early 1800s and prior, mid-century modern furniture and Mission oak are three types that still sell well. As you might expect, there are often issues with old furniture from the late 1700s or early 1880s. Many years of use, along with the natural drying of the wood, can cause cracks, breaks and splitting. With valuable pieces, it is best to hire a restoration company that specializes in restoring antiques. With other less valuable pieces, people often repair, restore or modify them to suit their taste. If you have furniture where a piece has broken off and you want to repair it, wood glue is preferable to Gorilla glue, especially if there's a chance you may resell it in the future.

When refinishing, it's best not to strip the piece so much that you've gone through all the layers and it looks like new wood. Unless you plan to paint it, that is. Once again, you should confirm that pieces aren't valuable before you make any of these changes.

Antique paintings are another item that often need restoration. If you like the painting and are keeping it for yourself, it may not matter to you whether it's valuable or not. But if you have a valuable painting by a listed artist, you may want to have it relined, a process where a second canvas is attached to a weak, old canvas. It is used when the



ANTIQUES, COLLECTIBLES & ESTATES
 WAYNE TUISKULA

painting is deteriorating or damaged. Some restorers prefer not to reline paintings though and instead try to only repair tears or other damage. Inpainting is another method used by restorers to paint the areas where paint is missing. If you are planning to sell your painting, my advice is to sell it as is and let the buyer do whatever restoration they'd like.

While some people suggest using various cleaning methods to clean coins, they are the one collectible I always suggest leaving as is. If you decide to sell them, the buyer will probably leave them alone, but can clean them with a method of their choosing if they want. It's also important to note that oils from skin can damage coins, so it's best to hold them by the edges. Gloves can also be used for added protection. Coins that haven't been cleaned will put more change in your pocket when you sell them.

We are still accepting consignments for our spring multi-estate auction. Registration is currently underway for my "Evaluating your antiques" class at Bay Path's adult evening school on Wednesday, March 23. More auctions and other events are also being planned. Please see our website <https://centralmassauctions.com> to join our email list or follow us on Facebook to keep up to date on auctions and other events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111) info@centralmassauctions.com

Flower Power Part II

The months of February and March, bring with them the anticipation of sunny days to come. And for New Englanders, the long awaited warm weather promises a new season of flowers. Last week, this column featured information on how flowers have the power to alter moods.

This week, we'll explore how certain blooms effect our energy and emotions, as well as delve into some intriguing legends and superstitions of days gone by.

Need a nudge to bring more flowers into your life in 2023? Read on for round two of the virtues of flowers!

Beneficial Blossoms
 "Flower Power" takes on new meaning when you understand fresh flowers have the capacity to alter our energy and emotions. Why not take the benefits of the flower garden one step further and plant specifically to improve both body and soul?

* Lavender: Want to relax? Plant lavender. The scent of lavender prompts calmness. Studies report that the smell of lavender triggers alpha waves in the part of the brain associated with a relaxed state.

*Roses: No flower is more sentimental than the romantic rose. And it's no wonder. The scent of roses evokes nostalgia, which can recall happy memories from the past.

*Violets: Research shows violets enhance learning speed by 17%, and also improve concentration when used in study rooms.

* Lilies: Need an energy boost? The



TAKE THE HINT
 KAREN TRAINOR

scent of Lily has been proven to increase wakefulness and help you stay alert.

**
 Legends and Lore of the Blooms

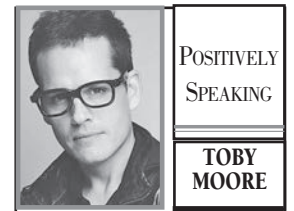
Flowers have long played a role in our everyday lives and according to folklore, perhaps even our futures. The "magical" power of blooms is legendary, as the following superstitions suggest:

Romance:
 Daisies: Perhaps the most familiar floral "predictor" of love is the daisy. Plucking off petals one by one while reciting "He (or she) loves me, he loves me not," has long served as an amusing indicator of requited love.

**
 Bachelor Buttons: Folklore may explain how these bright blue and purple cornflowers earned their name. Legend has it that young suitors would place freshly picked flowers in their pocket while courting. If the "bachelor buttons" remained fresh and unwilted for the duration, it was a sure sign the relationship is on a steady course of success!

**
 Roses: Romantic lore claims rose petals helped young ladies of earlier eras choose between two or more suitors. Writing the name of each prospective husband the petals and tossing them to the wind, it is said the last petal to hit the ground holds the name of the one she shall marry.

Switch your focus



POSITIVELY SPEAKING
 TOBY MOORE

I talked to a close friend the other day, and when I asked him how he was doing, he declared, "I'm terrible." He went on to say how awful his life was. It didn't matter what he talked about; he had a negative take on it. I asked him if he was pursuing his dreams, and his response was, "I don't have time." he proceeded to give me a list of excuses as to why he wasn't able to follow his dreams and pursue anything worthwhile. He felt trapped; he felt like he was going nowhere.

I just listened and tried to share a few laughs. I've learned that people don't always want a pep talk; some people want to be in a dark place, and any positive thought to the contrary seems like a fairy tale.

When he described his life, I saw all the reasons why his situation was perfect to follow his dreams, but he could only see why it wasn't. Granted, I'm not in his shoes, and I'll never know what he's going through. While that is true, we only need to look at history to see that people have lived in much worse situations than most modern-day Americans and still have gone on to achieve unbelievable victories.

It boils down to what you concentrate on and what you think about most.

When you see a giant standing in your path and want to defeat it, do you focus on how big and strong it is? Or do you focus on how slow it is and how hard it's going to fall?

So many of us overlook the good stuff and only see the bad. We only see the evil in the world, and we rarely recognize the good.

If all you think about is the problems, the obstacles, the barriers, the stumbling blocks, and why you cannot overcome them, then you never will; you won't even try.

On the contrary, if you think of victory and why you can rise above circumstances, new possibilities will emerge, and opportunities will arise that you otherwise wouldn't have noticed. What you choose to focus on is probably the most crucial factor in accomplishing your dreams.

What you believe about your future is everything. What you think about your future usually results from focusing on victory or defeat.

Some would argue that our thoughts have nothing to do with the outcome of a situation. It seems to me they have everything to do with it. If you don't believe you can accomplish what you want. You'll become a victim of circumstance and be blown by whichever direction the wind blows.

When you go through your day feeling frustrated, stressed out, constantly complaining, and thinking about all your problems, you won't imagine the possibilities. If all you do is amplify the negative, you'll never live with faith. When you cannot live in faith, you aren't living up to your potential.

When you're having trouble believing, think of this quote by Napoleon Hill, "What the human mind can conceive and believe, it can achieve."

When you begin to believe, motivation will come, inspiration will take hold, you'll become a more dynamic person, you'll start to realize all the reasons why you can, and you'll begin to move towards the life you want.

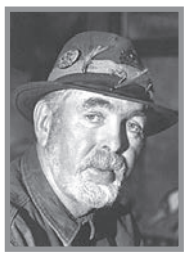
When you venture into the land of giants intending to take their land, you must only focus on all the reasons why you can defeat them. Never think of why you cannot. Your mind is where you'll fight the most significant battle.

Although it can be difficult to stop focusing on the negative in your life, it's not as difficult as you think. It's as easy as changing your mind. We all change our minds every day. When you change your mind to the positive and leave the negative life behind, you've changed; you've changed the structure of your brain and have started to walk down the path of becoming a different person.

When the sun rises again tomorrow, you have the chance to change your expectations and the way you think. You'll have the opportunity to think of all the reasons you can. When you do that, you will be moving in the right direction.



Eastern States Exposition Sportsmen's Show opens today



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The Eastern States Exposition Sportsmen's show will open its doors this Friday Feb. 25, at noon at the Big -E in Springfield, Mass.! The show will be a great place to be for outdoors men and women after the stresses of the Covid virus. Doug Sousa, promoter of the show, is as excited as sportsmen are to once again meet exhibitors and the general public, to what is going to be a great show, with many exhibitors demonstrating and selling their newest products during the three-day event.

Numerous outfitters will be taking reservations for hunting and fishing trips for the 2022 season. The latest in fishing equipment will also be on display for all in attendance. See you there! Check out their web site for all of the events planned for this year's show. Be sure to bring the whole family for a fun day!

The Marine Fisheries proposal to cut the days or limits for catching seabass in both Massachusetts & Rhode Island, has many anglers upset. Recreational fishing limits and size requirements for numerous species of fish in saltwater is crazy, and politics is what is driving both the recreational and commercial fishing limits to a breaking point. Party boats and six pack boats are going to be put out of business, if the current poli-



Big bear at last year's show at the Big -E.

cies continue. Ice fishing is coming to an end on local ponds and lakes, if the present weather conditions continue. Hazzard ice on many ponds is downright dangerous, and only seasoned anglers should attempt to continue fishing. Many local ponds and lakes needed to be navigated with extreme caution this past week, with wood planks being used to get to safe ice for the first few feet or more. With school vacation starting, parents need to warn their children about the hazards of thin ice, and for them to stay off the ice without adult supervision. Every year, some family loses a child to hazardous ice condi-



This week's second picture shows my brother Ken with Bigfoot at last year's show, at the Big E.

tions. Do not let it be yours. The Whitinsville Fish & Game Club is planning a corned beef and cabbage supper on March 19. You are advised to get your tickets early, as only 80 tickets will be sold. The Whitinsville club and the Uxbridge Rod & Gun Club sold all of their wild game supper tickets early, with many being left out this year. The popular suppers are getting harder to acquire tickets for every year. Most Rod & Gun Clubs have some excellent cooks, and the meals are delicious. Deer sightings are being reported every day with a group of at least 12 deer being observed at a local building

sight one morning, as the work crew entered the fenced in premises. After numerous attempts by some of the deer to clear the fence, they all escaped unhurt, but it was a bit chaotic for a few minutes. Fortunately, they all ran off into the woods, and not across the road which was nearby. Fisher Cats are in their breeding season, and sightings are being reported almost every day. Their populations are growing every year in the valley.

This year, I solved my mouse problem in my sheds in the back yard. I took a five-gallon pail and drilled two holes in the top rim directly across from each other. Next, I took a wire coat hanger and straightened it out and inserted one end into one of the top holes, and pushed it through to the other hole. I then drilled two holes in a soda can, one on each end and inserted the wire through the can so that it would spin on the wire. I bent the wire on each end so that it could not fall off. I poured approximately one-half gallon of window washer into the pail. Next, I smeared a coating of peanut butter on the can.

I then took a piece of plywood to make a ramp from the floor to the ridge of the pail and secured it with a couple of screws. Placing a small amount of peanut butter on the ramp from bottom to top, and I was ready to test the contraption out. Within two days, I had at least a dozen mice in the bottom of the pail. When they tried to eat the peanut butter on the can, it would spin knocking them off, and into the bottom of the pail. No more poison and mouse traps for me. Give it a try! It works.

Take A Kid Fishing & Keep Them Rods Bending!

Edward Jones celebrates centennial anniversary, continued commitment to making a positive impact for clients, colleagues and communities



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FROM ONE MAN, EDWARD D. JONES, AND ONE OFFICE,
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THE FIRM IS POISED FOR THE NEXT 100 YEARS



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Financial-services firm Edward Jones announces today the celebration of its Centennial, marking a century of transformative growth and the positive impact it has made for its clients, colleagues, communities and society. This year and beyond, Edward Jones' more than 50,000 colleagues will join in activities that celebrate this monumental

milestone and set the stage for the continued growth of firm's impact in the next 100 years. Throughout 2022, Edward Jones will celebrate its Centennial across the communities it serves throughout North America, with virtual and in-person events, connections to philanthropic and community efforts, and much more. "Since Edward D. Jones Sr.

opened the doors of our firm 100 years ago, our focus has been helping people connect to their own purpose and achieve things in their lives they might not have known were possible," said Edward Jones Managing Partner Penny Pennington, the sixth leader in the firm's history. "We are committed to providing guidance and tools to millions of families in North America, that raise their confi-

dence in achieving greater possibility in their lives. We are looking forward to the impact we can make on society - one person, one colleague, one community at a time - as we partner together and begin our next 100 years." Having achieved tremendous growth and impact over the past century, including increasing its branch office footprint by 1,400 percent since 1986,

Edward Jones remains dedicated to continuing its extraordinary level of serving individual investors and business owners in a human-centered and complete way - helping clients put their purpose into action and achieve financially what is most important to them and their families.

Turn To FINANCE page A11

TRAINOR

continued from page A8

**
Luck: Primrose Etc.: Superstition has it that bouquets of flowers should always contain an odd number of blooms, lest bad luck be lured. This belief especially applies to primroses, as the English believed the flowers should be only be brought into the house in groups of 13 to ensure good fortune.

**
Daffodils: Perky yellow daffodils can be an instant mood booster, but according to Welsh folklore the flower can also bring wealth. It is said the first person who spots a spring daffodil will be rewarded with prosperity throughout the year!

**
Roses: To bring good luck into a home in days of yore, rose leaves were tossed into the fireplace flame.

**
Superstitions for Health and Well Being

White Flowers: White blooms are beautiful, but they can carry a melancholy message, according to age old folklore. Think twice before you send a bouquet of white flowers to a sick friend in the hospital as legend claims whites with a strong fragrance can worsen a sickness! Ditto for white flowers that show signs of wilting. And never pair white and red flowers in a bouquet for a sick person, as according to Victorian superstition the combination is said to bring bad luck.

**
Day Lilies: These bright orange flowers, common to the New England landscape, were considered a lucky health charm when worn. It was believed wearing a lily would lighten one's worries and lessen distress.

**
Poppies: While wearing a poppy in the lapel on Veteran's day has long been a tradition to honor those who served and died for their country. Poppies were also worn in the belief they help dispel worries and anxiety.

**
Upcoming Holiday Flowers:

St. Patrick's Day: Green Carnations
A bouquet of green carnations symbolizes and celebrates the Luck of the Irish! Considered the St. Patrick's Day flower (the shamrock is the St. Pat's plant), green carnations are a common sight in the lapel of proud Irish celebrants. Not only worn as a boutonniere, a single green carnation (which signifies friendship and admiration) has also been associated with social fondness. In bygone days, it was common for students in the Northeast to gift each other the flowers during the Irish holiday.

Paired with seasonal greenery, the colorful green carnation is a popular St. Patty's Day centerpiece.

**
Easter: The Lily
The Easter Lily symbolizes innocence, purity and virtue as the gorgeous white flowers reflect the spiritual aspect of Easter. Legend tells of lilies growing in the garden of Gethsemane

- springing up where Christ's drops of sweat fell during his final agony. Each year at Easter, pots of white lilies grace the alters of Christian churches. While the Easter Lily is a symbol of the holiday, the seasonal perennial flower can be planted and enjoyed for years to come. To do:

After the plant is done blooming, trim off dead foliage and plant it outside when ground is thawed. Lilies like a sunny area with well drained soil. Give the plant plenty of water and add an all purpose fertilizer. It probably won't flower again until the next year, but replanting the Easter Lily rewards the gardener with years of beautiful blooms!

**
Win Dinner for Two at the Publick House - Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in

Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

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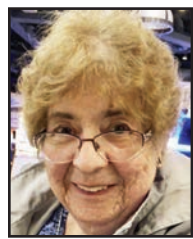
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OBITUARIES

Doris L. Trinque, 74

CHARLTON — Doris L. (Lavoie) Trinque, 74, of Meadowview Drive, died peacefully on Thursday, February 17, 2022, at the Overlook Masonic Health Center in Charlton, MA surrounded by her family. She was predeceased by her husband of 39 years, James J. Trinque Sr. who died in 2007; and a brother, Arthur Lavoie who died in 2021. She is survived by four children, James Trinque Jr. and his wife Justine of Charlton, Dennis Trinque of Webster, Carolyn Trinque and her fiancé Michael Cipro of Holden, and Jennifer St. Pierre and her husband Joel of Coral Springs, FL; a brother, Richard Lavoie and his wife Alexis of Rochdale; four grandchildren, Nicholas and Rylee Trinque of Charlton, Torin Trinque of Abilene, TX, and Justin St. Pierre of Coral Springs, FL; and Kelsea McCart, who was very special to



her. She was born in Worcester, daughter of the late Arthur A. and Louise E. (Beauregard) Lavoie, and lived in Worcester before moving to Charlton in 1984. Doris was a surgical technician at St. Vincent Hospital in Worcester for over 30 years. She enjoyed watching baseball and football and was an avid fan of the Red Sox and Patriots. Most important in her life, was her family. She especially loved spending time with her children and grandchildren. The family would like to acknowledge and thank the staff of the Overlook Post-Acute Unit for all their care and support during this difficult time. A private graveside service will be held at Notre Dame Cemetery in Worcester. In lieu of flowers, memorial donations may be made to the Overlook Post-Acute Unit, Staff Appreciation Fund, 88 Masonic Home Rd., Charlton, MA 01507. Paradis-Givner Funeral Home in Oxford is directing the arrangements.

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Bay Path alumna completes Associate's Nursing degree at QCC

CHARLTON — Kiana McDonald, of Worcester (formerly of Southbridge) is one of the newest graduates of Quinsigamond Community College (QCC) Associate Degree Nursing Evening Program where she has been named on the dean's list due to her excellent academic performance.

The QCC Associate Degree Nursing Program recognized the Class of 2021 graduates with a nurse pinning ceremony held on December 22, 2021. The graduates received an Associate Degree in Nursing (ADN) and are eligible to sit for NCLEX-RN. McDonald celebrated her degree completion with the Practical Nursing class of 2022 at Bay Path Practical Nursing Academy. Most recently McDonald hurdled the NCLEX-RN and passed the first try!

"It is wonderful that Kiana shared with the Bay Path community her academic progression and success with NCLEX-RN," said Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director. "She persevered and graduated during a pandemic!"

McDonald earned her ADN through the LPN to RN bridge pathway at QCC where she joined the esteemed Phi Theta Kappa. The recognition included a membership packet containing a certificate, pin, and other benefits. Membership to Phi Theta Kappa allows McDonald to build job skills, challenging academic programs, scholarships, transfer support, and more. The mission of Phi Theta Kappa is to recognize the academic achievement of college students and to provide opportunities for them to grow as scholars and leaders.

"I've gotten to know Kiana over the years and recognize her compassionate heart and servant leadership," said Bolandrina. "Now, her perseverance and courage inspire and reassure me, she will continue to be a healthcare hero."

McDonald received her Certificate in Practical Nursing at Bay Path Practical Nursing in 2017 and was inducted to the



Kiana McDonald

National Technical Honor Society. She has volunteered as an inspirational speaker to undergraduate classes and as skills laboratory assistant.

McDonald is working on further academic progression towards her Bachelor of Science in Nursing degree at the College of Our Lady of the Elms with an expected completion in 2023. McDonald is a 2013 Bay Path Regional Vocational Technical High School graduate. She is a State Bronze Medalist and District Gold Medalist for SkillsUSA both for Medical Terminology. She was a recipient of the \$500 Bay Path RVTHS Health Occupations Graduate Award and was an officer of the UNICEF Club. McDonald is Mental Health First Aid Certified. After her role as a charge nurse at the Webster Manor Rehabilitation and Health Care Center from 2017-2020, McDonald is currently with Maxim Healthcare as a staff nurse.

BAY PATH STUDENTS SUPPORT VETERAN BIRTHDAY CELEBRATION



Photo Courtesy

Students in Rick Carrero's history class have been working to help a local World War II veteran memorably celebrate his birthday. JoAnn Bucko Frizado recently announced on Facebook that she was hoping to collect 102 birthday cards for her father, Joseph Bucko, who would be celebrating his 102nd birthday in March. Pictured are students in Mr. Carrero's class helping achieve this goal. Student Julian Mucci stated that, "Writing a letter to a veteran for his birthday feels special because I write my grandpa a card every Veteran's Day. The thing I like about writing the most is it really gets your brain working, thinking about how to word things properly and not send the wrong message. Reaching out to really anyone on their birthday just makes you and the other person feel well." Another student, Ryan Dawson, said "I am honored that I got to make a birthday card for a veteran. My great, great-grandfather served in World War II, and my grandfather served as well, and it feels good to do something for someone who has done so much for others." Pictured are students Marishka Piltzcker, Julian Mucci, Reyna Gonzalez, Ryan Dawson, Evan Gunnard, and Matt Chatterton.

Local residents named to Clark University Dean's List

WORCESTER — The following local residents were named to Clark University's Fall Dean's List:

Kristy M. Cournoyer, of Sturbridge was named to first honors.

Sean Keane, of Sturbridge was named to second honors.

Shannon Lockwood Ross, of Charlton was named to second honors.

Tabitha Raye Young, of Uxbridge was named to

second honors.

Erin C. Hynes, of Uxbridge was named to second honors.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its

greatest opportunities.

Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

Local students named to Dean's List at UMass Amherst

AMHERST — Below is a list of local students who were named to the dean's list at the University of Massachusetts Amherst for the fall 2021 semester.

In order to qualify, an undergraduate student must receive a 3.5 grade-point average or better on a four-point scale.

HOLLAND
Clement Theodore Carson
Serena Mae Chiasson
Katelyn Elizabeth Lauritsen
Cody George Robert

STURBRIDGE
Nadine Aliya Chidester
Carol Laura DeRose
Michael Francis Distefano
Thomas Roger Goodwin
Jared M Hammond
Roman Gabriel Krochmalnycky
Joseph Daniel Matte
Kaspar John Mazeika
Riley John O'Brien
STURBRIDGE (con't)
Olivia April Olson
Ndidiamaka N Onwubueke
Theodora Obianuju Onwubueke
Adon Jon Osimo
Troy Douglas Reed
Olivia Marie Rizzo
Eric D Silveira
Garret Aiden Webb

WALES
Kyle John Boone
Drew Isaac Grueter

BRIMFIELD
Michael Reese Crosby
Ethan Charles Eroh
Nicholas Samuel Henderson
Cooper Garrett Hurt
Erika Elizabeth Madden
Logan Sean McCarthy
Hunter A Ramsland
Brian Daniel Riel
Catherine Teresa Simonds

FISKDALE
Cassandra Cherie Arpin
Kurstin Elizabeth Burnham
Alexis Carson
Colin Thomas Eliason
Elizabeth Stone Flandreau
Olivia Sara George
Brandon Goncalves Rodrigues



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BAY PATH HIGH SCHOOL HONOR ROLL

CHARLTON — Bay Path Regional Vocational Technical High School has released its honor roll for the second quarter of the 2021-2022 school year.

Grade 12

High Honors: Connor Barton, Justin Barton, Hayden Bourgeois, Alexia Brown, Catalina Burden, Dylan Butkus, Diego Canovas, Isabella Capuano, Jackson Chaffee, Anaya Compres, Dylan Cotton, Carter Coughlin, Marisa DeJesus, Chloe Dexter, Erin Donahue, Marlee Donohoe, Lillian Dunkerton, Adelina Giaquinto, Ashley Hamel, Zachary Hinan, Nicholas Hunter, Tiffany King, Cole Komssi, Bethany Lasell, Madigan McManus, Amber Mercon, Jovanni Morales, Aidan Oosterman, Paige Osche, Aaliyah Perez, Jacqueline Ross, Luzyvette Sagastibelza-Lopez, Jayna Schmohl, Anthony Seymour, Ethan Shanbaum, Daniel Sibert, Sarah Simpson, Olivia St. Germain, Isabella Tanacea, Scarlet Taveras, Mackenzie Tupaj, Tyler Verrier, Mateusz Zych

Honors: Lana Antocci, Thomas Becker, Thomas Benoit, Sadie Bickford, Brian Bonnette, Rebecca Boutillette, Patrick Campbell, Andrew Cannon, Graham Carbonneau, Jayden Caribo, Adriana Carignan, Gabriella Carlin, Stephanie Chege, Aiden Chernisky, Abby Christian, Izabella Coughlin, Hailey Cournoyer, Chad Cutroni, Anthony Defilippo, Lillian Dolan, Cody Douglas, Nathan Dreitlein, Nathan Dubeau, May Emisranunt, Johnathon Ferreira, Colin Gagne, Danielle Gautier, Isabella Gervais, Gavin Gillet, Genesis Gonzalez, Nicholas Gosselin, Julia Graveson, Nathan Gulkin, Cameron Hafner, Logan Johnson, Molly Johnson, Kira Kalwarczyk, Lucas Kaufman, Wyatt Kelly, Ryan Kempkie, Kevin Kilcourse, Ryan Komssi, Andrew Leach, Jacob LeBrun, William LeCuyer, Marguerite MacKenzie, Anthony Martins, Alannah Matthews, Allison Maynard, Richard Menard IV, Aaron Mitchell, Olivia Morin, Samuel Murillo, William Ofori, Angelina Ortiz, Gabrielle Packard, Ilias Perez, Jackson Phillion, Hunter Pociis, Krystal Quadarella, Lukas Rafferty, Evanie Rodriguez, Keith Royewicz, Alex Saad, Zachary Sargent, Kristina Scott, Caroline Soucy, Kyra Stevens, Francheska Toribio-Polanco, Camden Towns, Aaliyah Tremblay Collins, Jared Tucker, Rohan Vaidya, Kyle VanCott, Adriana Vazquez Gonzalez, Isaac Vieira, Aleix Westmoreland

Principal's List: Nathaniel Anderson, Dominic Benvenuti, Jayde Berthiaume, Kylie Bouchard, Harmony Caranci, Tinaya Chauvin, Connor Clardy, Jonathan Colon, Chynna Cote, Nathan Cuff, Harmony Desrosiers, Laura Featherstone, Austin Fish, Brady Garabedian, Amie Grenier, Aidan Hall, Haevyn Hazzard, Julia Higgins, Chloe Jordan, Jason Kozlowski, Taylor Labrecque, Cody LaMonda, Lexie MacDonald, John Marchetti, Emma Marcotte, Brandon Martocci, Evan O'Malley, Elijah Paddock, Michael Pashoian, Michael Riberdy, Carlos

Rosado, Jack Sansoucy, Keaghan Spring, Isabella Strzelecki, Jalissa Torres, Jomar Torres, Aaron Trahan

Grade 11

Sincere Bailey, Olivai Beaudette, Miranda Burden, Cheryl Dolson, Brenna Donohue, Elizabeth Dreilein, Jayden Flanders, Tori Fontaine, Evan Gelineau, John Guerin, Emma Hasselton, Samantha Inangelo, Grace Jones, Hunter Kelley, Aidan LaFrance, Sydney Lamontagne, Jaysi Miller, Mackenzie Morrisey, Merissa Murray, Gabrielle Oikle, Michael Pacheco, Wyatt Sadusky, Jazlynn Santana, Arminda Simoes, Terry Simon, Jacob Thomas, Jonathan Young

Honors: Jake Aho, Samuel Audunsson, Lukus Bachand, Haven Banks, Quinn Beck, Alexander Besaw, Samuel Boria, Andrew Bottcher, Aleana Brayton, Dennis Brunelle, Connor Burke, Matthew Casati, Daniel Chaffee, Michael Chansignavong, Amanda Christianson, Isabella Coleman, Makayla Collins, Anthony Comforti, Caleb Jude Corpuz, Ryan Davis, Cam'Ron Desrosiers, Ronald Desrosiers, Gabriel Espinosa, Zachary Finizza, Evan Frost, Aiden Gelardi, Emily Gelineau, Noah Gilspin, Adrian Gonzalez, Osiris Gonzalez, Julius Guillen, Barry Hanson, Luke Hill, Rebeka Janusz, Tatyanna Johnny, Matthew Kallgren, Nakia L'Ecuyer, Anna L'Esperance, James LeProhon, Gianaleze Lopez, Yamilisha Machado, Judy Maignan, Michael Mallette, Jaime Marrero, Alyssa Masciarelli, Connor McCarthy, Rachel McMenemy, Erika Melendez, Trinity Mercier, Dylan Morrison Ilvonen, Stephen Ngaruiya, Jonathan Nussey, Joelle Peluso, Kiyana Perez, Amelia Peterson, Damon Provencal, Timothy Putnam, Hilary Queirolo, Emma Rannikko, Sabrina Rodrigues, Abraham Routhier, Nolan Sharry, Sawyer Smith, Evan St. Cyr, Emma St. Francis, Gavin Suprenant, Damion Szafarowicz, Alexander Tetreault, Lucas Welton, Emily Westwell, Jacob Wilga

Principal's List: Ryan Brown Herraiz, Arriana Cabana, Julia Canty, Anthony Catino, Yhandell DeJesus Baez, Ty Dupuis, Amanda Englund, Alexis Fleck, Nathan Goozey, Devon Goulet, Lauren Hennessy, Matthew Hoyt, Olivia James, Mason Jordan, Delaney Kirkorian, Madison Lamica, Robert LeBlanc, Julianna Loconto, Augus Mackenzie, Matthew Marchetti, Matthew Marhsall, Dylan McDonald, Jayme Melanson, Jonathan Norman, Tessa Olejniczak, Trevor Phillips, Madison Poirier, Ariane Ramos, Renisey Ramos, Evan Rivera, Kieya Santerre, Ronin Smone, Naomi Soriano, Sean Sweeney, Brayden Therrien, Taylor Tremblay

Grade 10

High Honors: Sophia Balestracci, Ryan Bray, Riley Caruso, Meredith Clark, Kirsten Congdon, Mariselle Cosme, Dylan DeJesus, Jonathan Forget, Jenna Gajewski, Simon Greening, Lucas Hafner, Tristan Hanson, Carly Impey, Sarah Martin,

Shaun McLaughlin, Jenna McLeish, Maggie Mullaly, Adrianna Navarro, Kayla Nguyen, Peter Nhan, Madison Nolin, Nason Omasta, Peyton Parette, Noalani Perez, Emily Pental, Wendy Ramirez, Cody Savary, Amanda Seidler, Catherine Sirard, Jacob Sirard, Adriana Stanley, Alysha Szafarowicz, Victoria Tinsley, Jack Ugrinow, Hailey Williamson, Gabrielle Zopatti

Honors: Alexander Adkins, Aidan Anderson, Jacob Anderson, Kaidra Anderson, Alyesia Bellamy, Hailey Benoit, Alex Beshiri, Luke Boliver, Alec Borelli, Samuel Brill, Vincent Brink, Samantha Buchanan, Caitlyn Burke, Rachel Carpenter, Olivia Carrier, Petru Cojocar, Yanieris Colon Vega, Shane Conti, Zachary Cournoyer, Peter Courville, Kyleigh Czechowski, LeeAnn Dagnese, Daniel Daige, Wyatt Daoust, Pedro Augusto Dasilva, Emma Davidson, Emma DeJong, Sean Derenas, Andrew Dip, Jayden James Dunston, Noah Dupont, Jibril Erraihani, Jared Evora, James Ferreira, Kacey Flanagan, Robert Fleck IV, Ethan Gallant, Giovanni Garcia, Devin Gavaletz, Rachel Gormley, Makayla Graham, Kendal Griffin, Renee Hallaman, Bridget Hast, Riley Heenan, Alba Henriquez Baez, Isabelle Herholz, Valerie Hernandez, James Heywood, Derek Hosley, Ian James, Stanislaw Janusz, Eva Jerez, Jadyx Katz, Abigail Kibaru, Jordan Kippax, Madisyn Kozlowski, Alyssa Kutzko, Matthew Lach, Julianna Laforce, Benjamin LaTour, Anna Lehtola, Emma Levasseur, Kristina Liberty, Albert Luciano, Catherine Magnusson, Marissa Masciarelli, Matteo Mastrototaro, Logan McCann, Vincent Messier, Cole Mitchell, Leah Monti, Dorina Muska, Christian Nguyen, Megan O'Shea, Noah Okolita, Vanessa Paddock, Gianna Pantalone, Brayden Parente, Esteban Primental, Colin Plante, Laci Pollone, Nicholas Pollone, Jared Powell, Logan Powers, Evan Provost, Wyatt Rafferty, Jayden Remillard, Nayeli Rodriguez, Daniel Russell, Liam Ryan, Paige Seymour, Sydney Seymour, Gerald Splaine, Ashton Stockenberg, Alan Suklis, Colton Tittle, Jeralys Torres Soto, Landon Walker, Timothy Welch, Thomas Wilk, Charlotte Worster, Stone Zink

Principal's List: Jacob Alden, Kasey Babkauskas, Caroline Bogeson, Andrew Bousquet, Jesse Catino, Evan Chase, Evan Crhistiano, Matthew Conway, Richard Corriveau, Nyasia Delgado, Marissa Dumas, Abigail Egan, Carmine Giaquinto, Kayli Haskins, Abigail Linde, Kai Lukasek, Hannah Luukko, Ryan MacCormack, Dominic Pigeon, Harrison Renaud, Victoria Roberts, Samantha Russell, Ryan Sinkewich, Ryleigh Warchal, Ryley Williams

Grade 9

High Honors: Kaelen Anderson, Noah Brown, Jonathan Burke, Joshua Chumsae, Catherine Comeau, Ryan Dawson, Carly Donohue, Bryce Dube, Midrose Freeman, Reyna Gonzalez,

Noah Goulet, Matthew Guerin, Kayah Jadcak, Leah Johnson, Anya Kittredge, Samantha Landgren, Lillian Maglich, Ayla McGrail, Jersey Mejias, Cheyenne Monsen, Julian Mucci, Maya Ortiz, Raegan Perreault, Willis Perreault, Melany Rebeiro, Savannah Steiner, Madison Teal, Cassandra Tinsley, Manaali Vaidya, Angelica Vega, Adrian Vitkos, Alison Welton

Honors: Nicholas Adler, Rima Al-Dulaimi, Dominic Balducci, Connor Belanger, Hope Belford, Briana Berrios, Cherise Berthiaume, Joshua Blackwell, Zachary Bogar, Kendall Bond, Lake Boucher, Camden Bousquet, David Boyce, Kendra Brooks, Jason Brum, Julia Burgus, Aidan Carpenter, Johnaton Carter, Hannah Cavan, Matthew Chatterton, Jason Checka, Nathan Clemence, Mikayla Clyne, Noah Cournoyer, Mikayla Crocker, Travis Cronin, Mariah Cutroni, Adison Daoust, Philippe Dasilva, Jenna Defosse, Jasai Diaz, Madison Dolan, Owen Donofrio, Gregory Downie, Braelyn Dunn, Emma Dwyer, Logan Edwards, Michael Enetzelis, Claire Farrar, Connor Gaddois, Erin Gallant, Avery Gifford, Anthony Gonzalez, John Gordon, Alicia Graveson, Keegan Hall, Daniel Harris, Joshua Hemingway, Valerie Hilner, Bryce Hutchinson, Ava Iozzo, Elene Jerez, Jacob Jonson, Jacob Jurado, Eliza Kalwarczyk, Emma Knott, Samuel Lamont, Katherine Landgren, Hayden Larson, Nathan Lashua, Emma Leclair, Logan Letourneau, Benjamin Lombardi, Eva Lombardi, Miranda Magalhaes, Joseph Mancini, Nicholas Marchessault, Dominic Marino, Kyle Mazur, Aiden McCarthy, Isabel McLam, Emma McLaughlin, Jed McManus, Callie Merchant, Ava Millette, Zachary Moody, Jacob Morello, Sullivan Morse, Camron Mortell, Ava Murray, Kayleigh Norris, Ashlyn Olejniczak, Julia Osche, Alaina Pafume, Dominic Paldino, Jonathan Pemberton, Brad Piekarczyk, Gabriel Prado, Noah Racinos Rodgers, Casey Renaud, Nevin Rivera, Lilianna Rockwood, Luzmarianna Rodriguez Cririno, Joseph Roman, Jennalee Rousseau, Brayden Ryan, Kaden Sandgren, Jeisery Santiago Martinez, Dominic Schoff, Nash Sicari-Swinimer, Aysel Silva Nieves, Ed Simon, Abigail Simpson, Benjamin Streeter, Zaydyn Streeter-Wornham, John Sullivan, Kathryn Szretter, Hailie Tod, Matthew Twombly, Vincent Van Dam, Nayelix Vega, Dayzyah Wintzel Neely, Cayden Young

Principal's List: Christopher Aguilar, Jessica Benoit, Teah Boyd, Brea Brunelle-Jacoby, Jameson Burke, Reilly Chouinard, Olivia Collins, Jacob Delvalle, Jaden Fall, Ian Farber, Hailee Gelinis, Abigail Haynes, Albert Ingram, Molly Isaacs, Dylan Kasprzycki, Sarah Kempskie, Austin Kravitz, Megan Kunst, James MacConnell, William Nixon, Dales Nussey, Morgan O'Malley, Jordan Packard, Isabella Pettinelli, Emerson Pitz, Shayanne Plaisance, Lexiana Resto-Nichols, Benjamin Soobie, Isabella Tolomino

Keeping the Commandery Sword in the family

SOUTHBRIDGE — On Monday, Feb. 7, our monthly meeting was a memorable evening. The highlight of the evening was a visit by our most recent Past Senior Grand Warden of the Grand Masonic Lodge of Boston, he also is a 33rd degree Mason, and the Illustrious Deputy for the Massachusetts of the Northern Jurisdiction of the Scottish Rite, the Right Worshipful George Hamilton. Accompanying the Right Worshipful was his father, Bro. George Hamilton. Bro. George (the father) is a very young 94-year-old Master Mason, who just finishing his degree work and has been raised to the sublime Degree of Master Mason at the Grand Lodge of Boston 1 day class, this past October of 2021.

The reason for this trip out to Quinebaug Lodge by our two Brothers was to visit our own Past Master, Worshipful Harry Penniman. Bro. Harry is related to the Hamilton's by blood, and

he is related to Right Worshipful George Hamilton mothers, first cousin. This wasn't any ordinary visit. The Brothers Hamilton visited Quinebaug Lodge for the purpose of making a presentation to Wor. Penniman. In their possession was a very, very old Commandery Sword engraved with the Name of Harry Moore, which was Worshipful Harry's favorite uncle. This was the man he was named after and grew up spending much of his younger childhood years with. The look on Wor. Harry's face was priceless when he was presented his uncles sword. Yes, Wor. Harry had a hard time speaking at first and was all choked up and very emotional. There was a lot of moisture around his eyes and very quiet, trying to keep his composure and was practically speechless. What an exciting surprise to receive the Commandery Sword his favorite uncle once held and used and now passed down to his nephew Wor. Harry to be

Pennington served as keynote for the event and was joined by several colleagues throughout the firm for remarks.

Just in time to commemorate this milestone, Edward Jones' storied history of building deep personal relationships with clients to make a difference in their lives is told in a new book, "The Business of America Is Business" by authors Robert L. Shook and Carrie Coolidge.

This book spans more than 500 years of American history and the role the business world has played in our nation's development. Edward Jones is one of a small handful of iconic U.S. companies the authors selected for such an extensive profile.

To learn more, visit centennial.edwardjones.com.

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Photo Courtesy

Left to right: Wor. Master Bill Belanger of Quinebaug Lodge, Wor. Harry Penniman with his uncle's shiny Commandery Sword in hand, the Right Worshipful George Hamilton Illustrious Deputy for Massachusetts Northern Jurisdiction of the Scottish Rite, and his very young 94-year-old father recently raised new Master Mason Bro. George Hamilton.

used and kept in the family. The evening personified how great it is to be a Master Mason and will be remembered by all for quite some time. If you would like

more information about Freemasonry, go to www.massfreemasonry.org and to find a lodge nearest you.

FINANCE

continued from page A9

During the Centennial celebration, the firm will initiate volunteer activities to achieve impact in the areas of partnering for lasting financial strength, promoting healthier futures and advancing inclusive growth. It will also expand on its efforts to foster economic inclusion in the communities it serves, actively collaborating with organizations to make meaningful progress that enables every community to thrive.

On Jan. 27, the firm kicked off its Centennial with a virtual event for all associates and retirees across North America.




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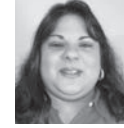

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WEBSTER - 8 Riverside Dr! Super Convenient 9 Rm Colonial! Work-in Appliances! Kit w/Granite Island & Dining Area! 24' Living Rm w/Laminate Wood Flooring, Slider to Composite Deck! 3-5 Bdrms Total! Master Bath! 2.5 Baths Total! Finished Lower Level! Oil Heat! Roof 2019! **\$399,900.00**

WEBSTER - 6 Slater Street! Professionals Take Notice! Ideal Office Setup! 1st Floor w/Waiting Rm, Reception Area, 4 Offices w/Sinks, 3 Alcove/Prep Areas, Handicap Accessible 1/2 Bath, and Hrwd Flrs! 2nd Floor Currently w/Employee Breakroom w/ Full Kitchen, Cabinets & Closet Storage, 3/4 Bath and additional office/bedroom! C/Airt C/Vac! Security System! **\$349,900.00**

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SPORTS

Warriors return the favor, top Millbury in Central Mass. Tournament opener

MILLBURY — Back on Jan. 20, Millbury High topped the Tantasqua Regional boys' varsity basketball team, 47-42. But on Monday, Feb. 21, the Warriors returned the favor.

Playing in the first round of the Large School Division of the

Central Mass. Boys' Basketball Classic — in lieu of the cancelled Clark Tournament — fifth seeded Tantasqua topped the fourth ranked Woolies, 47-41.

The now 13-7 Warriors led at all the stops (12-6 after one quarter; 25-17 at the half and 34-31 through

three periods) and have won nine straight. They were paced by double-digit scoring performances turned in by Joe Groccia (17 points) and Nate Winco (13 points).

Tantasqua will face No. 1 Shepherd Hill Regional — another team they would like to return the

favor to, having lost to the Rams by a 48-43 count back on Dec. 27, 2021 —

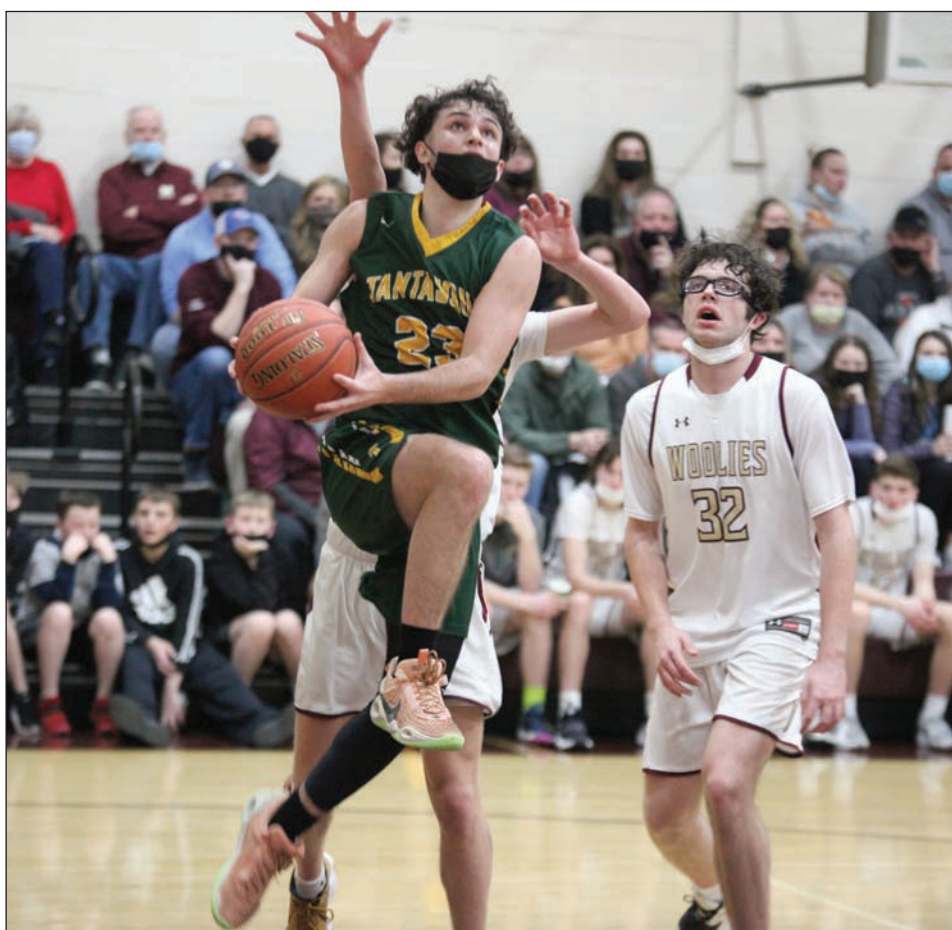
in the tournament semi-finals, after press time.

No. 8 Westborough High, 61-47. Shepherd Hill won their



Nick Ethier photos

Tantasqua's Nate Winco races toward the basket after getting ahead of Millbury's defense.



Joe Groccia of Tantasqua attempts a reverse layup versus Millbury.



Colm McGrath of Tantasqua dishes off a no-look pass into the corner.

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SPORTS

Minutemen take lessons from late season loss to strong Monty Tech squad

BY NICK ETHIER
SPORTS EDITOR

CHARLTON — Sure, no high school basketball team hopes to lose late in the regular season with the playoffs looming. But for Bay Path Regional, the girls' varsity squad is taking lessons learned from a 59-31 setback to a strong Monty Tech team back on Wednesday, Feb. 16.

"We've got to move the ball a little bit better," explained John Selen, head coach of the Minutemen. "We get stuck with the dribble a few times when we get focused on trying to execute a play, when really it's a lot of ball movement and trying to extend the defense to try to get an easy shot."

Bay Path opened the game against the Bulldogs on a 5-0 run — "We came out and were looking pretty good," Selen acknowledged — but from there Monty Tech took over: Ari Saladini scored 13 points in the opening quarter, and at the end of the frame the Bulldogs pulled ahead, 18-9.

"They're a real good team. They've got their star player, she got her 1,000th point a few weeks back. She's an all-around player. She's tough, she's big, and she hits the 3s," Selen said of Monty Tech and Saladini. "We tried every single defense that we had other than a box-and-one. They have enough outside shooters where if we went to a box-and-one they would have torched us."

The Minutemen didn't employ the box-and-one defense on Saladini because teammate Bailey Tammara was a more than capable scorer. She finished with 19 points, including a trio of made 3-pointers. And Saladini — with the size of a forward plus the handles and shooting of a guard — finished with a double-double of 24 points, including four made 3-pointers, and 11 rebounds.

Monty Tech (13-5) led at halftime, 30-13, and through three quarters, 43-21, before winning by 28 points.

The loss dropped Bay Path to 13-6 and they lost the following night in its regular season finale versus Worcester Tech, 53-50. The Minutemen will take their 13-7 record into the Division 4 State Tournament, which gets underway next week. And although his team won't square off with the Bulldogs — Monty Tech will compete in the Division 3 State Tourney — Selen knows that Bay Path will be matched up against another quality opponent in the playoffs.

"We're just on the cusp of being in, so we're going to be playing a team like this," he said, as the Minutemen's current power ranking is No. 35.

Selen noted that his three freshmen starters of Alison Welton, Kendall Bond and Hannah Cavan will need to rely on



Alison Welton of Bay Path avoids contact from a Monty Tech defender and puts up a shot.



Terry Simon of Bay Path blocks a shot taken by Monty Tech's Danielle Belliveau.

their recent playing experience when competing against bigger, more tournament-tested teams.

Against Monty Tech, Bond scored 11 points and pulled down 11 rebounds, Welton scored 10 points and collected five boards, and Cavan corralled five rebounds.



Bay Path's Kendall Bond (24) and Bethany Lasell tightly defend Monty Tech's Jayda Decarlo.



Bay Path's Katrina Somers flings a pass toward the middle of the court.

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