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Friday, August 14, 2020

Isaias lashes central Massachusetts

BY KEVIN FLANDERS STAFF WRITER

REGION – Central Massachusetts felt the wrath of Tropical Storm Isaias last week, with widespread property damage and power outages reported in several towns.

At the height of the Aug. 4 storm, local police departments were inundated with reports of downed power lines and impassable roads between 3 and 7 p.m. Wind gusts topped 60 miles per hour, toppling trees and strewing branches across yards and roads.

Leicester was one of the hardest hit communities, beginning when a fallen tree crushed two parked vehicles on Mulberry Street. A tree then fell in Pine Grove Cemetery and struck the chapel, and multiple power lines came down in other locations. Five streets were still closed the next day, Aug. 5, as cleanup work continued.

"We got hit right out of the gate with the tree across two parked vehicles at 77 Mulberry St.," said Leicester Police Chief Kenneth Antanavica. "During the course of the storm, police, fire, and

Rapscallion Brewery, Brimfield Winery pair up for Drive-In Night

BRIMFIELD — Brimfield Winery and Rapscallion Brewery are partnering to host the first-ever drive-in movie night at the Brimfield Winery. This family-friendly event is set to take place Saturday, Aug. 22 on the Winery's 50-acre parcel, home to the famous Brimfield Antique Show.

Attendees are invited to enjoy a 1980s classic family film in a safe setting. With the necessary precautions in place, the event hosts are thrilled to offer this event to the community.

"Our goal is to provide a safe and responsible way for families to gather for a relaxing and entertaining night together," says Rusty and Katy Corriveau, owners of Brimfield Winery.

Cedric Daniel, coproprietor of Rapscallion Brewery, emphasized the Brewery's commitment to their local community and to partnering with other local operations. "We're excited to partner with Brimfield Winery in an effort to provide the



Several roads were shut down in Sturbridge due to storm damage.

DPW worked to keep streets open, in total answering over 20 calls for trees down. Fire also responded to Spencer for mutual aid, answering their calls for service." Leicester officials were thrilled with how their municipal departments and residents came together to weather the storm and quickly recover.

"No injuries were reported, so all in all we did well," Chief Antanavica said. "All municipal services worked together like a well-oiled machine."

Multiple roads were closed in Spencer, Warren, and the Brookfields. Two houses were clipped by falling trees in West Brookfield, and National Grid crews worked throughout the night to restore power.

"There were lots of power outages, trees and lines down," said Spencer Police Chief David Darrin.

No injuries were reported in the Route 9 corridor, but power in some neighborhoods was out for multiple days. Statewide, over 220,000 customers were in the dark.

The Auburn Police Department dealt with 11 separate incidents of downed live wires. Further west in Sturbridge, Mashapaug Road and additional streets were closed due to downed branches and power lines.

Brimfield, meanwhile, saw trees and limbs down throughout town, including several trees on Route 19. Monson residents received an automated call from the town administrator warning them to avoid travel until roads could be cleared.

In preparation of the storm, National Grid activated its emergency operation centers in Massachusetts and Rhode Island. Still, some residences were without power for as long as three days.

Nationally, the storm was responsible for six fatalities. A New York City man was killed when a tree fell on his van, and two North Carolina residents lost their lives during a tornado. Storm-related fatalities were also reported in Delaware, Maryland, and Pennsylvania after excessive flooding.

The storm is blamed for more than three million power outages nationwide.

Federated Church announces date for yard sale and craft fair

STURBRIDGE — The Federated Church of Sturbridge & Fiskdale has announced that its men's and women's groups, Crossroads and Koinonia, will be conducting their annual yard sale and craft sale on the back lawn of the Church at 8 Maple St., Sturbridge, on Saturday, Aug. 22, from 8 a.m. to 2 p.m.

Yard sale coordinator Tim Bardsley said, "Due to the cancellation of the 2020 antique auction on the Sturbridge Common, this year's yard sale will be even bigger and better than in

prior years, with lots of good vintage and craft items."

In the interest of public safety, all auction volunteers will be wearing masks and maintaining a safe distance, and we respectfully ask that the general public attending the sale do the same.

In case of rain, the yard sale and craft sale will be held on Saturday, Aug. 29. For additional information, please call the Church Office at its new telephone number, 774-304-1201.

Developers predict "wow factor" for new dispensary

BY GUS STEEVES CORRESPONDENT

SOUTHBRIDGE — The town's fourth proposed cannabis dispensary was unveiled last Friday outside a building that has been vacant for many years.

Mellow Tiger, run by Gary Baldyga and Mike Gwynn, is being planned for the 11,000-square-foot former auto parts store at 69 Central St., which even earlier housed supermarkets that included McClellan's and Iandoli's.

"We'll give it a real overhaul from what you see now," Baldyga told a small group of residents and councilors. "...We're coming with the promise of taking this block and transforming it."

Among other things, he said the partners plan to renovate the building, parking lot and landscaping in a "whole redesign" that will include the facade of the neighboring convenience store.

"When the building's been empty for quite a few years, we think there will be quite a 'Wow' factor [when we open]," Gwynn added. "... This is going to benefit the town if everybody's willing to step up their game."

Of course, doing any of that depends on what the state Cannabis Control Commission and town itself do. With their formal public meeting now complete, Mellow Tiger needs to go before the Planning Board and possibly other town commissions for various permits while diving into the probably even longer state permitting process. Additionally, that site has been proposed as home for a new local fire station, which would depend on the results of a debt exclusion being considered for November's ballot.

Olivia Dube, their architect, said the state process will take six to eight months. If they get the permits, they intend to arrange it so customersenter and exit via separate doors with a



Gus Steeves

Gary Baldyga, left, answers some questions from a resident who's looking at the general plans for the new dispensary.

traffic line that doesn't cross. Inside and out, Baldyga added, they're planning heavily for security to make sure shipments are safe and the products don't get in the hands of people under age 21.

As with two of the other sites that also have Host Community Agreements with the town (Cannabliss on Worcester Street and Cannabro on Main Street), Mellow Tiger will be an adult-use recreational retail establishment. The fourth place, Green Meadows on Mill Street, is a medical dispensary and growing facility. Under state law, the two kinds of license – adult-use and medical-use – have different, but overlapping, requirements, with medicinal licenses being stricter.

Additionally, the state is working on creating licenses for distribution, social cafes and other kinds of cannabis businesses, and Gwynn said they're "still exploring any opportunity we can." Baldyga noted the social consumption issues are still "tricky," but they "have some thoughts on processing and packaging."

They noted they are not part of a chain and do not have backgrounds in the cannabis industry in other states, but have been consulting with people who do. Baldyga said they've looked at nurmous sites in and around



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Flamingo fundraiser **benefits Chip-In Food Pantry**

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON During the entirety of the entirety of the COVID-19 pandemic the Chip-In Food Pantry has been hard at work providing food assistance and other resources to those in need throughout the community. The



A few youngsters show off flamingos that "flocked" their house. pantry got a litassistance tle from a local neighborhood in July after neighbors came together for a popular fundraiser called flocking. The fundraiser

involves the use of pink plastic flamingos which are passed from property to property encouraging those who have

been "flocked" to make a donation to a cause to have them removed. While the donation is not required the activity is often seen as a fun way to unite individuals for a cause and has been used to benefit school programs and other causes in the past.

Melissa Finnegan of

Hyde Road in Charlton saw the event as a way to not only embrace the unity in her close-knit neighborhood but also help out an organization they felt was playing a significant role in helping those in need during COVID-19 and beyond.

presented it to the neighborhood and

put in on our Facebook page, asking if people were interested in participating. The idea was that each time a family got flocked would they make a donation monetarily or with food to the Chip-In pantry," Finnegan said. "Nobody "Nobody knew what anyone else donated. Some families just bought items. Some families donated \$20, some donated \$100. Collectively, at the end, we had \$1,050 and 102 food items for

the pantry. Finnegan con-tacted Chip-In Pantry Director Darlene Emco-Rollins prior to announcing the fundraiser to get approval for the event. Emco-Rollins thought it was a fun idea and said the outcome will provide a huge leg up for the organization in its endeavors.

"It was amazing. Everyone in the neighborhood knows each other and when I heard the idea I was told it would also be an opportunity to teach the children

to give back to their community. The kids were so excited about doing it and it was a fun way to teach them and get the community involved," Emco-Rollins said.

She added that the pantry has seen an influx of donations and volunteer interest over the past few months as countless individuals and groups have sought to help Chip-In any way they can. "In four

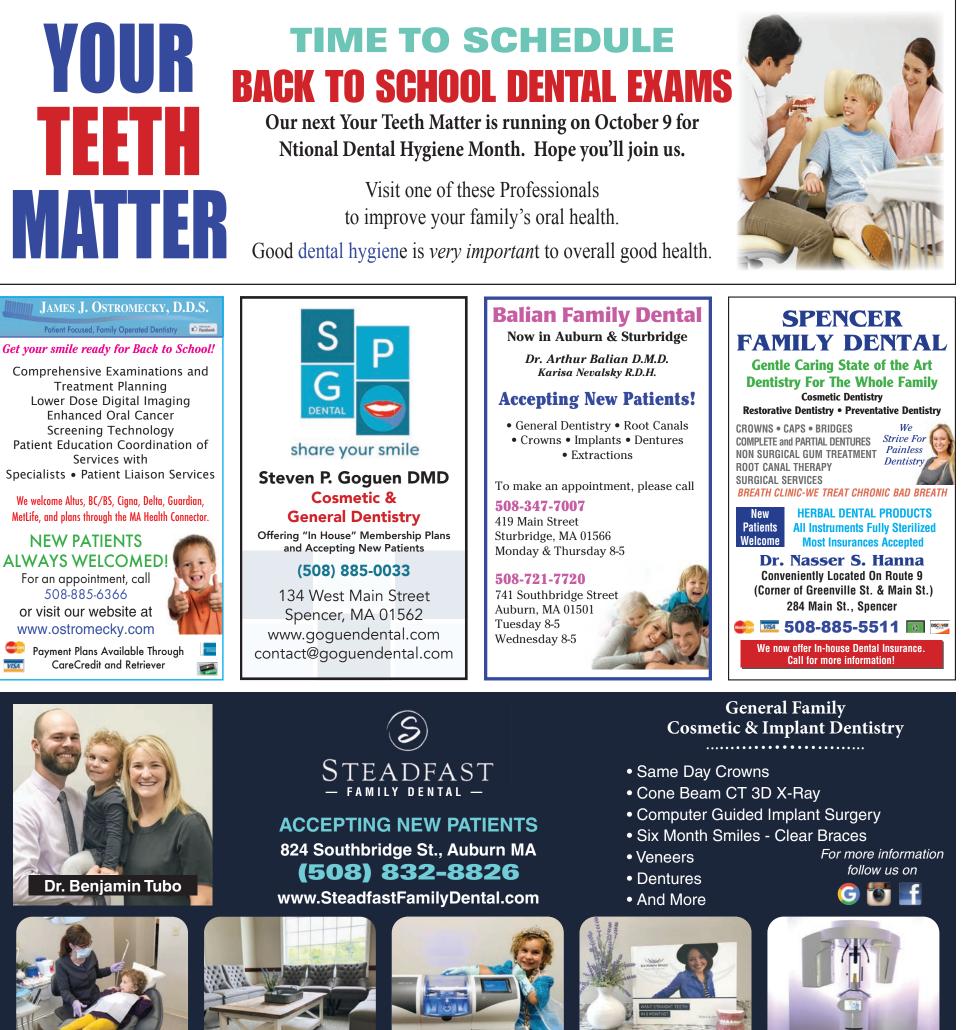
months out, donations of every kind have tripled or more. Usually, we get a lot of donation in the holiday season, but this has been unbelievable. It's brought the community so close. We've never had so many people ask to help out or give back to Chip-In. It's humbling. We're so lucky as a food pantry,' she noted.

Melissa Finnegan said she was proud of the support the event earned from her neighborhood. She Please Read FLAMINGO, page A7

YOUR

TIME TO SCHEDULE Our next Your Teeth Matter is running on October 9 for

Visit one of these Professionals





From jail to table

Sheriff delivers veggies grown from organic farm at House of Correction

REGION — For the past ten years, the Worcester County Jail & House of Correction has been home to the largest working organic farm located at a correctional facility in the Commonwealth.

Tended to by inmates who qualify and volunteer for the program and by maintenance staff at the jail, the fifteen acre farm grows bell peppers, cabbage, celery, corn, green beans, zucchini, squashes, eggplant, tomatoes and in the fall a bumper crop of pumpkins.

"The mission of our farm is to feed both our inmate population and to help feed the hungry in our community," said Worcester County Sheriff Lew Evangelidis.

During the harvest season, the jail donates and delivers on average three hundred to five hundred pounds per day of fresh organic vegetables to food pantries, meals programs, veterans groups and community centers throughout Worcester County to help those who struggle with food insecurity. On Wednesday, July 29, the Sheriff and members from the jail farming staff dropped off freshly picked prison produce at the Webster-Dudley Food Share, Webster and Charlton Senior Centers and Douglas Adult Social Center. All have nutritional outreach programs that help feed the community and the elderly. Each location received approximately 100 to 200 pounds of fresh organic produce grown at the jail.

"During this pandemic, we never stopped serving the community for one day instead we stepped up more. Our mission throughout has been to help those local families who may struggle with food insecurity have access to nutritious food and meals. We are grateful to the Sheriff's Department for thinking of us and donating hundreds of pounds of fresh organic vegetables from their jail farm to our pantry each



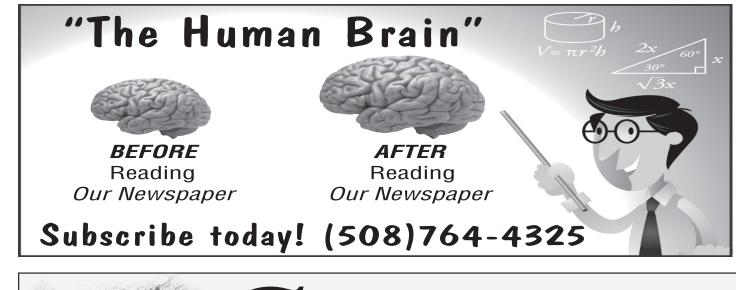
Worcester County Sheriff Lew Evangelidis makes a veggie delivery to the Charlton Senior Center in support of their senior lunch program with organic produce grown at the jail farm located in West Boylston. Pictured from left to right are WCSO Farm Director John Travaglio, Charlton Senior Center Assistant Director Katherine Pariseau, Sheriff Evangelidis, Lunch Program Head Chef Jenn Trudeau, Kitchen Assistant Sherri Nedzweckas and WCSO staff member Shaun Mullanev.

week which goes a long way in helping others," said Webster-Dudley Food Share President A.J. Alkire.

"Our center may be quiet at the moment due to COVID, but the need is still there. Many seniors still look to us for our lunch program. These fresh organic vegetables are a wonderful addition to our menu. We truly appreciate the Sheriff's Department thinking of us with this generous vegetable delivery," said Charlton Senior Center Director Elaine Materas.

"We are proud to be home to the region's largest working organic farm

at a correctional facility. This farm gives back in many ways; helping our inmates with the dignity of work while acquiring the skills and patience of farming all while knowing they are helping so many folks in need in our community." Evangelidis continued. "Last year, our farm fed both our inmate population and over thirty thousand pounds of fresh produce was donated to help feed the hungry. So far this growing season mother nature and the humidity have been very kind and we are on track for an even more bountiful harvest," said Evangelidis.





ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4106 or email news@stonebridgepress. news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

Bay Path holds graduation ceremony

CHARLTON — Bay Path Regional Vocational Technical High School in Charlton held its 2020 Graduation on July 25 with three separate ceremonies.

When parents entered the Bay Path grounds, the driveway was lined with all graduating student pictures. The Sturbridge Minuteman Society was represented by three members who discharged their muskets after the National Anthem in memory of all those who have suffered from Covid-19 virus.

The graduation ceremony was held in the front of the school with parents and students in cars. Students walked across the red carpet to receive their diploma. Their families could take pictures and were socially distanced. Students continued to walk to receive their gift from the class as well as their yearbook. They returned to their cars, and at the end of the ceremony all senior class officers stood in front of the class to present the Class of 2020 and perform the turning of the tassels. Live speeches were held at all three ceremonies. Graduates and their families were met with a banner that said, "Victory Lane – Bay Path 2020 – We are proud of you!" Upon exiting, the banner message was "Congratulations Bay Path 2020! Go create your future!"

All student images throughout the ceremonies were projected onto a 30 foot screen for all to see including a power point with individual pictures and careers listed for each student. Multiple comments from students were received as they were happy to receive their diploma in hand

Bay Path's message to graduates ---This is your year, Bay Path 2020!

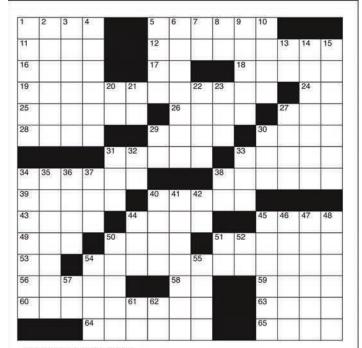


Trinity Catholic Academy celebrates successful year

SOUTHBRIDGE

Pre-K Graduation а Parade traveled through Southbridge. Charlton, Dudley and Woodstock, Conn. to recognize the deserving Pre-K Graduates

Trinity Catholic of Earlier this summer, Academy! It seems like just yesterday, and now we are preparing for a new school vear at Trinity to welcome returning and new students in all grades. All the students and fam-



CLUES ACROSS

- 1. Corrode
- 5. Jean Paul, author
- 11. Hebrew unit of dry measure
- 12. A type of scientist 16. Greek goddess of discord
- 17. For Red Sox MVP
- 18. It checks your speed
- 19. Made dirty
- 24. The First State
- 25. Lodgings
- 26. Spiritual leader
- 27. Bradley Int'l Airport code
- 28. Native American people
- 29. Sharp pain 30. Touch
- 31. Slowly disappears 33. Indigenous Russian people
- 34. Narrative poem

38. Some are bad

- **CLUES DOWN**
- 1. To return an echo
- 2. Displace 3. Japanese religion
- 4. Predilections
- 5. Partial
- 6. Poisonous plant
- 7. Road open
- 8. Atomic #81
- 9. Accomplished American
- composer
- 10. Oh, God!
- 13. Potato state
- 14. Most melancholic
- 15. Supportive framework

- 39. Small quill feathers
- 40. Tattles
- 43. Popular Easter entree
- 44. Beneficiary
- 45. Clothed
- 49. Payroll firm
- 50. Lower Normandy's largest city
- 51. Binary compound of halogen
- 53. The Fighting Irish
- 54. Skilled, paid worker
- 56. Eyelashes
- 58. The 12th letter of the Greek
- alphabet
- 59. Large, stocky lizard
- 60. Made poisonous
- 63. Former US Secretary of State 64. Sticky substances
- 65. A type of gin

33. More (Spanish) 34. Even distribution of weight 35. "Arabian Nights" hero 36. Compact mass of a substance 37. Bachelor of Laws

- 38. Halfback
 - 40. Some of it is ground
 - 41. They play in the trenches
 - 42. Atomic #18
 - 44. Chinese Prefecture

 - 45. Fabrics
 - 46. Being in a direct line of
 - descent from an ancestor
 - 47. In slow tempo



ilies were so excited to see their teachers, Melissa Hilli, Sandra Lomme and Principal Josie Citta from TCA on this day to present them with their graduation cap. certificate of completion and their schoolwork from the year. Family members and grandparents alike were there f or the fun graduation parade across the towns for photos and celebration of this fun accomplishment.

The new 2020-21 school year may be different, but TCA is working to have a full-time education available for their all their students in accordance with state guidelines.

Enrollment numbers are getting tight, but there are some spaces open for the smaller class num-ber requirement. A virtual Open House is scheduled for Tuesday, Aug. 11 at 6:30 p.m., those interested in participating should email: SBDGECATHALUM@TCA11.COM.

Join the Green Gold Team!

SOUTHBRIDGE Green Gold Group will regulated cannabis indusbe having a Job Fair on Wednesday, Aug. 19 from 4-8 p.m. at the Southbridge Hotel and Conference Center, 14 Mechanic St. in Southbridge.

Green Gold Group is seeking hardworking, dedicated team members for

exciting new roles in the try. Available roles include cultivation, harvest and trim team members, lab technician/extraction artist, packaging machine operators, licensed HVAC technician, budtender/ retail team, security/ transport team and kitch-

en team. All positions subject to background check/CORI.

All social distancing guidelines will be enforced; therefore, pre-registration is required. Please email HR@greengold.group or call 774-251-9888 to obtain your appointment window. Masks must be worn and hand sanitizer will be provided.

Don't miss out on this exciting opportunity to join the Green Gold team!

If It's Important To You,

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NEWSPAPER

VILLAGER Almanac

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Weekdays 8:30 - 12:30 and 2:00 - 4:30 and Sat. 9:00 - 12:00

20. Hollywood's Pacino							48. Flood								
21. A title for women							50. Long-necked bird								
22. Popular Grammys alternative						ve	51. Secondary school								
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REAL ESTATE

BRIMFIELD

\$585,000, 28 Marsh Hill Rd, Healy, Craig M, and Healy, Tracey A, to Kane, Thomas W, and Truax, Cynthia T. \$510,000, 30 Sturbridge Rd, JMS Realty Corp, to 49 Realtv LLC. \$317,000, 138 Warren Rd, Tirado, Kristen M, and Tirado, Brenda G, to Diorio, Marilyn M. \$262,500, 89 Cubles Dr, Keogh, Sean, and Keogh, Kimberly, to Wong, Lisa, and Soto, Anthony. \$100,000, 5th St, Maple Lane Dev Corp, to Peloquin Gerard FT, and Peloquin, Marc. \$50,000, 174 Wales Rd, Fijol Robert J Est, and Fijol, Lois M, to Patrick, Nathan.

HOLLAND

\$295,000, 4 Big Tree Ln, Walker, Ronald A, and Ziegler, Holly J, to Demartino, Jay, and Demartino, Alissa. \$260,000, 96 Sturbridge Rd, Kasper, Steven, and Kasper, Julie, to Zigler, Ronald L, and Zigler, Julie A.

STURBRIDGE

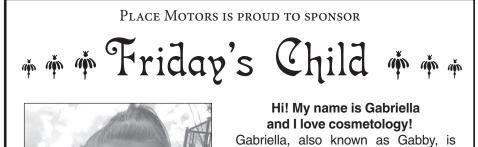
\$1,050,000, 286 Big Alum, Casaubon, Joel R, and Casaubon, Christine E, to Hunt, Geoffrey, and Hunt, Jennifer. \$460,000, 1 Deer Run Cir, Tebbetts, Robert L, and Tebbetts, Julie, to Mallon, Chirstopher J. \$438,800, 23 Tannery Rd, Umanzor, Rene A, to Bondarevsky, David J, and Stevens, Dana K. \$375,500, 11 Hillside Dr, Hughes, Raymond M, and Hughes, Paulette J, to Nicholson, Joshua, and Nicholson, Tia. \$374,000, 17 Glendale Rd, Glendale Road RT, and Rea, Leonard D, to Estrella, Zachary J, and Rogers, Samantha J. \$290,000, 43 Mashapaug Rd, Amtd LLC, to Avery, Valerie, and Graham, Patrick. \$75,000, 73 Whittemore Rd, Abdala, Dianna, to Countryside Hm Bldrs Inc.





This section reaches 47,000 households in 7 Massachusetts newspapers.





Le Moyne College names Marie Stewart to Dean's List



Gabriella Age 14

a smart and creative young woman of Caucasian descent. She is very talented and enjoys painting, drawing, and baking, which are just a few of her creative outlets. Gabby enjoys spending time with friends and family watching television. A typical teenager, she often connects with friends via social media and loves animals. Gabby appreciates her alone time and can be quiet, but at times is very talkative with friends and familiar adults. She has a witty sense of humor and is easy to get along with.

Gabby aspires to attend college in the future and is currently in the cosmetology program at her vocational high school. Gabby is able to build strong relationships with teachers and adults, which helps her accomplish her goals. She thrives when she has a routine with clear expectations.

Legally freed for adoption, Gabby is looking for her forever home. She is self-sufficient and able to take care of her own needs, but hopes to find the love and support of a forever family. Gabby will do well in a family consisting of a single female, two females, or a male/female couple. She would benefit from being the only child or having older siblings in the home. Gabby looks forward to having a support network that is stable and able to stick by her side through all that life has to offer.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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SYRACUSE, N.Y. — Marie Stewart, a Sophomore Biology major from Brimfield, MA, has been named to the Le Moyne College Spring 2020 Dean's List. To make the list, students must achieve a GPA of 3.5 or above.

Located in a suburban setting on a picturesque 160-acre campus in Syracuse, N.Y., Le Moyne College is one of only 28 Jesuit colleges and universities in the United States. Offering more than 30 majors, Le Moyne provides a values-based education that helps students explore their potential through academics, experience and service. In 2019, for the seventh consecutive year, Le Moyne was ranked by The Princeton Review as one of the nation's best institutions for undergraduate education, an honor achieved by only 15 percent of the colleges and universities in the nation. A Le Moyne education provides students with the intellectual skills necessary to succeed in the world and the will to use their abilities to promote a more just society.

University of Maine announces spring 2020 Dean's List

ORONO, Maine — The University of Maine recognized 4,210 students for achieving Dean's List honors in the Spring 2020 semester, including Taylor Charron of Sturbridge. Of the students who made the Dean's List, 2,769 are from Maine, 1,333 are from 41 other states and 108 are from 43 countries other than the U.S.



www.StonebridgePress.com

DRIVE-IN NIGHT

continued from page 1

community with a fun evening to share with family and friends, in a safe outdoor environment."

Both Rapscallion Brewery and Brimfield Winery will be offering libations, with a cash bar. Alcoholic and non-alcoholic beverages will be sold. Food will also be available for purchase. Local vendors include JB's Mobile Cafe, Westview Creamery, and Faddy's Donuts & Popcorn.

Tickets are only \$30 per carload. Gates will open at 6 p.m., and the movie will begin after dusk. In the event of rain, an alternative rain date will be determined.

For more information, and to purchase tickets, visit brimfieldwinery. com or drinkrapscallion.com.

About Rapscallion

With current brewing headquarters and taproom in Sturbridge and two restaurants located in Acton and Concord, Rapscallion is a Massachusetts-only microbrewery that puts freshness, quality, and consistency above all else, honoring the craft, the Rapscallion customer and their local communities.

About Brimfield Winery & Cidery

Local outdoor winery located in the quaint town of Brimfield, the birthplace of the Brimfield Antique Show.

FLAMINGO

continued from page m 2

feels it accomplished the purpose of giving back and inspiring both children and adults to continue to have a strong sense of community even when the COVID-19 pandemic ends.

"The kids thought it was neat and it taught them that when you get together there's strength in numbers," Finnegan said. "We are lucky that we live in a great neighborhood and people get excited about things like this. I didn't realize until the end how much we actually had collected. In our minds we just knew whatever we could donate was great, but the end result, to actually make that much money and collect that much food, I was blown away. In our own little neighborhood of 20 to 30 houses, we collected all of that and people were excited."

Finnegan hopes the fundraiser will help inspire other neighborhoods to come together to benefit their communities in their own way, whether that's through another flocking event or something new and unique.

DISPENSARY

continued from page 1 Southbridge, but particularly like this one for various reasons. They plan to "exhaust all local avenues for any type of labor and construction, Gwynn said, estimating the store will have 20-25 jobs. Among other things, he said he's working with the police chief to create a program for people who "might have struggled at getting jobs some-

place else." When Councilor John Daniel asked if they'd done a market analysis in light of the other three stores, they admitted they had not. But Gwynn said, "We think there's enough for all of us. We're still crunching the numbers for particular this site, but I think there's plenty for everybody.'

Gus Steeves can be reached at gus. steeves2@gmail. com.



gus. nail. Councile Gus Steeves

Councilor Dave Adams, center, talks to some of the Mellow Tiger proponents outside the 69 Central St site after their short presentation Friday.

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> FRANK G. CHILINSKI PRESIDENT AND PUBLISHER

> > BRENDAN BERUBE EDITOR

EDITORIAL A challenge... and an opportunity

School this fall will be an unprecedented experience for students from pre-school all the way through graduate school. With districts ironing out re-opening plans, it's important to remain patient and to withhold judgement. Administrators are working with their respective state guidelines, communities and experts in every aspect of education, and health to keep staff, students and families safe. Now is not the time to be a know-it-all because the fact will always remain, that we don't know it all, and never will.

At this time, it's best to leave things up to the experts and remember that this is only temporary. The powers that be as far as re-opening goes, are doing the best they can, given the unfortunate and unpredictable circumstances they've been put in. The only thing left to do is to be supportive. Anything apart from that is simply counter-productive.

Students of all ages are experiencing all sorts of feelings, and not necessarily in a negative way; however, we do know that some are. Children and teens need each other now more than ever. Parents, extended family members, older siblings and community members need to set the example of what resiliency looks like. Yes, this fall will be difficult, especially for single working parents whose option to home school is null. In those cases, we can only hope there will be some sort of respite offered in each community for those in need.

What we need to remember is that children are resilient, to varying degrees. Most children are capable of working through tough times and managing stress in their own way. We just need to pay attention and keep an eye out. Resilience is something that we all develop as we grow, each time we face a challenge, adversity or any sort of trauma or failure.

As parents, we wish we could protect our children from harm's way or from facing any sort of adversity. There will always be bullies, grief, heartbreak and all sorts of obstacles. Global pandemic is new on the list, but alas here we are. How we react matters. Our children are watching and listening to all of us. Remember that what seems small to us, seems much larger to a child. Experts tell us to arm your children with confidence to face their problems, so that they know, they have the tools to confront tough things. When they can self soothe and bounce back independently, they grow and become stronger and more resilient. Oftentimes when parents jump in too much to solve their children's issues (albeit with good intentions), it can weaken their resilience and ability to problem solve on their own. Without the ability to problem solve, children may encounter more anxiety in the future. Of course, age plays a role with guidance and we have faith that most parents know what is best for their children. One tip from experts is to make sure to spend plenty of one on one time with your child so they know they are loved and supported unconditionally. These positive connections give parents and adults a chance to model resiliency. Having your child take what's called a 'healthy risk' is important. This simply means, letting them step outside of their comfort zones, knowing that if they fail, little harm will occur. When children avoid taking risks, they are teaching themselves that they aren't capable to tackle challeng-If your child comes to you with an issue, respond by asking them questions on how their specific problem should be solved. We like this one, and had one reader tell us that she has been having her children watch episodes of the television show "MacGyver," whose main character's defining trait is his ability to think on his feet and improvise his way out of challenging situations. We're not suggesting letting kids figure everything out for themselves, we all need help at times. Make sure your children know what kind of emotion they are having, and let them know those feelings are normal and will pass. Lead by example. Teach your children that exercise is important and any other activities that promote calm. While we wish there was a quick fix, there just isn't one. During this pandemic, we need to stay positive and teach our children the power of optimism. There's a quote that explains this perfectly: "The way you perceive a specific situation is determined by your frame of mind. If your frame of mind and thoughts are positive, you will always be in a position to seize the opportunities that are before you."

OPINION WS AND COMMENTARY FROM STURBRIDGE BRIMEIELD HOLLAND AND WA

Views and commentary from Sturbridge, Brimfield, Holland and Wales

LETTERS TO THE EDITOR Will you commit to stopping this virus?

To the Editor:

The current projection from the Centers for Disease Control and Prevention is that by Aug. 22, the United States may have up to 182,000 Covid-19 related deaths.

One way of looking at it is that 182,000 is greater than the combined populations of the Massachusetts towns of Auburn, Brookfield, Brimfield, Charlton, Dudley, Holden, Holland, Leicester, Millbury, Oxford, Palmer, Southbridge, Spencer, Sturbridge, Wales, and Webster.

It is up to each of us to stop this virus from spreading. By now we all know how to do it. Wear a mask. Maintain social distances. Wash your hands. Stay away from large gatherings. A personal commitment from each of us can tame this virus and save untold numbers of lives. Will you do it?

> Brent S. Abrahamson Fiskdale

Giving up is easy. Anyone can do it!

As you read this, I'm checked in at the Holden Cancer Center at the University of Iowa. I came here with a positive plan to improve my

health. I was full of optimism and my spirits were high. The plan was to have my stomach removed, but things do not always go according to plan. When they went in, they found that my cancer was spread

and inoperable.

As I've mentioned before, I have Stage 4 Stomach Cancer. There is no cure and I didn't want to lay around waiting for the inevitable end, so I found a Doctor who's a fighter and we are working to defy the odds and extend my life.

In February, I was given nine to 12 months to live by a Doctor that was convinced I was dying. So, I fired that Negative Doctor and began searching for an optimist and found him.

Dr. Kasi walked into the exam room with his entire team and said, "I hear you want to fight this diagnosis?" I said that I did, and he said with enthusiasm, "We are your team!"

I had undergone eight rounds of chemo and on Friday, my stomach was supposed to be removed. Yeah, it's not a cure but our hopes were that it can extend my life up to five years and in that extra time, we'd find a way to extend it five more. That was the plan, but plans change or born that I want to meet and hold in my arms.

My books, "Playing with the Enemy" and "The Final Service" are both now in negotiation

both how in negotiation
to become major motion pictures. I plan on living to see their premier.
My book, "Fragrance of Lilacs" is sitting with a publisher now. I plan on seeing it in print and on

shelves. I can go on and on ... the point is that I have plans, dreams, and goals that I'm not willing to give up on. I'm stubborn this way. I plan on writing this column ten years from today,

I'm not going to let anyone, other than my creator tell me when it's time to go.

Being optimistic doesn't mean that everything turns out magically perfect. It never does, but being an optimist means you look beyond your problems in search of the solution that makes your dreams come true. In my case, I'm looking beyond a negative diagnosis to find the solution that gives me more life. Without optimism, I'd have given up already ... and I'm just not willing to quit.

What about you? What about your dreams? What was your passion before you gave up and said it was just too hard to achieve?

just too hard to achieve? In the movie, "League of their Own," there is a scene where the star catcher, Dottie Hinson, played by Geena Davis, decides she is quitting and going home before the championship game. The manager, Jimmy Dugan, played by Tom Hanks stops her and has a discussion. "(Baseball) It just got too hard," Dottie says. Hinson responds, "It's supposed to be hard. If it wasn't hard everyone would do it. It's the hard that makes it great.' Achieving your goals and dreams isn't easy. Not giving up on your life when someone says its over is ridiculously hard. Not everyone succeeds. Most people are not optimistic.

How can you prepare for the "New Retirement?"

A generation or so ago, people didn't just retire from work – many of them also

withdrew



FINANCIAL FOCUS JEFF BURDICK

from a whole range of social and communal activities. But now, it's different: The large Baby Boom cohort, and no doubt future ones, are insisting on an active lifestyle and continued involvement in their communities and world. So, what should you know about this "new retirement?" And how can you prepare for it?

For starters, consider what it means to be a retiree today. The 2020 Edward Jones/Age Wave Four Pillars of the New Retirement study has identified these four interrelated, key ingredients, along with the connected statistics, for living well in the new retirement:

Health – While physical health may decline with age, emotional intelligence – the ability to use emotions in positive ways – actually improves, according to a well-known study from the University of California, among others. However, not surprisingly, retirees fear Alzheimer's and other types of dementia more than any physical ailment, including cancer or infectious diseases, according to the "Four Pillars" study. Family – Retirees get their greatest

Family – Retirees get their greatest emotional nourishment from family relationships – and they'll do anything it takes to help support those family members, even if it means sacrificing their own financial security. Conversely, retirees lacking close connections with family and friends are at risk for all the negative consequences resulting from physical and social isolation.

Purpose - Nearly 90 percent of Americans feel that there should be more ways for retirees to use their talents and knowledge for the benefit of their communities and society at large. Retirees want to spend their time in useful, rewarding ways and they're well capable of doing so, given their decades of life experience. Retirees with a strong sense of purpose have happier, healthier lives and report a higher quality of life. Finances - Retirees are less interested in accumulating more wealth than they are in having sufficient resources to achieve the freedom to live their lives as they choose. Yet, retirees frequently find that managing money in retirement can be even more challenging than saving for it. And the "unknowns" can be scary: Almost 70 percent of those who plan to retire in the next 10 years say they have no idea what their healthcare and long-term care costs will be in retirement. So, if you're getting close to retirement, and you're considering these factors, how can you best integrate them into a fulfilling, meaningful way of life? You'll want to take a "holistic" approach by asking yourself some key questions: What do you want to be able to do with your time and money? Are you building the resources necessary to enjoy the lifestyle you've envisioned? Are you prepared for the increasing costs of health care as you age? Have you taken the steps to maintain your financial independence, and avoid burdening your family, in case you need some type of long-term care? Have you created the estate plans necessary to leave the type of legacy you desire? By addressing these and other issues, possibly with the help of a financial professional, you can set yourself on the path toward the type of retirement that's not really a retirement at all – but rather a new, invigorating chapter of your life.



when presented with new information. Now we have a new plan we are optimistically pursuing.

Why am I sharing this personal health info?

Because there is no such thing as darkness. What we call darkness is absence of light. As such, there is no such thing as an insurmountable problem, but only the absence of an idea that creates a solution.

I refuse to give up on my life. I want you to also, not give up on your goals, dreams, and yes, life. Life's short. Go for it. Don't let anyone tell you that you can't achieve your goals and dreams. I have goals. I plan on seeing my eight and tenyear-old grandsons graduate from high school. I suspect I have grandchildren that are not yet conceived

It's hard being an optimist... but it's the hard that makes it great.

Never give up. Never give in.

Always look beyond the problem and find the solution.

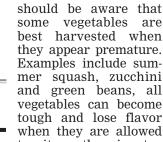
Tips to Pick the Fruits (and Vegetables) of Your Labor

The pleasures of the New England harvest season are truly bountiful. Ripe, red tomatoes heavy on the vine, stately rows of corn stalks, and pots of leafy herbs promise home grown goodness for the family table.

It's harvest time and

backyard gardeners everywhere are anticipating the well earned fruits of their labor. From plucking peppers to cutting cauliflower, proper harvesting ensures optimum flavor and nutrients from your home garden. Read on for the ways to up the odds of culling "the cream of the crop" from common vegetable and fruit plants.

Experts say the most important rule at harvest time is to pick vegetables daily. Plucking them as soon as they ripen not only offers superior taste, but this practice encourages plant production. Simply stated, harvesting on the day that the produce ripens can help you yield more from your seasonal crop. Furthermore, gardeners



to sit on the vine too long. Seed company Burpee offers expert advice on harvesting common fruits and vegetables:

Herbs. Pinch or cut back herbs frequently to keep them producing more stems and leaves (the parts we eat) and to keep them from blooming, which changes the flavor. If that means you have surplus thyme or oregano, dry it in a brown paper bag. Basil, especially, needs frequent pinching back to keep it bushy and productive. At some point in July or August everybody has too much basil, which is why the Italians invented pesto (find many recipes on the internet).

Tomatoes. There is a huge range of Turn To **TRAINOR** page **A12** This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com Edward Jones. Member SIPC.

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TAKE THE HINT KAREN TRAINOR

Keep an eye out for rocks when boating

Due to the lack of rain this year, many fresh water lakes and ponds are extremely low. Boaters need to be aware of structures like rocks and stumps that are normally submerged in some of their favorite waters which can cause serious damage to their motor or boat. Numerous reports by boaters in the last few weeks about hitting some of these submerged structures should be taken seriously. Fortunately, no injuries were reported from the anglers and family's that were involved.

The water quality is also a major concern to boaters and the swimming public. This past week, a local resident called me to report the smell of raw sewage at the lacky Dam Pond area. I visited the area last week and found the pond to be extremely low with very little water flow over the dam. Unfortunately, when the water becomes low the bottom residue at Lacky Pond is exposed, and is still polluted from years of dumping by mills upstream years ago.

Rotting weeds and algae are a common problem with low water conditions. Massachusetts Fish & Wildlife has control of the dam and could raise the water level by using the control arm at the dam. This writer was in charge of the dam's water flow for many years after the completion of the dam, but MFW now has taken responsibility. Residents should call MF&W Central District

or at the Boston office to get the water level raised.

If we do not get some relief by beneficial rain soon, we could see some fish kill at a few pond's in the coming days and weeks due to lack of oxygen. Eating fresh

water fish at this time of year is not recommended by the Department of Public Health, from numerous bodies of water in the state. Bottom eating fish are likely to have worms in their meat, and also carry other forms of dangerous chemicals like mercury, which are found in most freshwater fish in local ponds and lakes. Bottom sediment in both the Blackstone River and Mumford River is still highly polluted, and will take many more generations before they are clean enough to swim in.

The Quabbin Reservoir is still open to fishing; however, the boat rentals are still not available to anglers that enjoy fishing on one the cleanest bodies of water in the state, not to forget to mention the great fishing it offers. Calling ahead to check on availability of boat rent-als is recommended! Taking your own boat to the Quabbin can become very expensive, if you follow all of the rules in respect to boat washing.

THE GREAT OUTDOORS RALPH TRUE

If you are planning to take your boat to the Quabbin, you will need to travel to the Western part of the state to have your boat washed and cleaned by an authorized garage. To the best of my knowledge there are no local washing sites in our area, but

you can call Fish & Wildlife for more information. The efforts to keep invasive weeds from getting into the Quabbin are a bit overblown, and have become very expensive for the boater and anglers to visit.

You need to make an appointment and pay a substantial amount of monies to have it done. After washing, you are cleared to take your boat to the Quabbin until you decide to use your boat in another lake pond or saltwater. When your boat is washed, it will have a tag affixed to the bow and wench. If it is broken or damaged, you will need to have it washed again. Concerns of invasive weeds being brought into the lake from other ponds on the bottom of boats, are the reasons for the strict regulations. You really need to have two boats, one for the Quabbin and one for the ocean and fresh water lakes and ponds.

The invasive weed problem in the state is becoming worse every year. Local lakes and ponds are covered with aggressive weeds that are mainly brought in by waterfowl, carrying seeds on their feathers and also from there feces. Some ponds have become totally covered by invasive species of weeds. Very little is being done to eradicate the weed problem. Purple loosestrife invasive weed is a big problem at Rice City Pond in Uxbridge. It has driven most waterfowl from the area ,and provides very little feed for waterfowl from other plants that were once abundant, like wild rice.

Technical difficulties prevented us from showing a photo sent in this week of Matt Fontain with a nice doormat fluke he caught last week in Rhode Island. The fish weighed five and a half pounds! The fish provided a few good meals for his family to enjoy. He is now hooked on fishing!

Hopefully, the Covid-19 pandemic outbreak is brought under control soon! Numerous outdoor Field Days by local Fish & Game Clubs are starting to plan their annual events, but only if the Covid situation improves dramatically. Life needs to get back to some form of normality! The Whitinsville Fish & Game Club is planning their annual Field Day for September, and others are doing the same. Stay tuned.

Take A Kid Fishing & Keep Them Rods Bending!

Advertising thermometers

Regular readers of this column know that old advertising signs are popular and can be quite valuable. Companies also used other methods besides signs to promote their brands. Gas station pumps featured brand names on their pumps. Soda companies displayed their names on coolers full of their soda. Manufacturers gave clocks and thermometers to country stores and corner markets to help promote their products. Many advertising thermometers are very valuable, but some can be affordable for novice collectors, too.

A 1991 Chicago Tribune article reported that Galileo "produced a thermoscope, which consisted of a large glass bulb with a long narrow open-mounted neck inverted over a container of colored water, alcohol or mercury." Gabriel D. Fahrenheit invented a mercury thermometer in 1714 that was similar to those that we are familiar with today.

Most American advertising ther-

wood, but they were more typically made of all metal or enamel over metal. Most of the thermometers were vertical with rounded corners. Collectors Weekly's website says that thermometers became popular in the 1920's when "they were made by beverage, food, tobacco, automotive, and agricul-tural firms, as well as the ANTIQUES, COLLECTIBLES health-care industry. These were hugely popular in rural & ESTATES areas, because knowing the temperature, as well as the WAYNE TUISKULA wind direction, was key to predicting the weather.'

The usual antique assessment factors also apply to thermometers. Age, condition, and rarity all matter. Some advertising thermometers can be affordable to average collectors. Five 1960's thermometers including one for Royal Crown soda and one for Camels cigarettes sold for \$70 each at auction last month. A Sealtest Milk round thermometer recently went for \$120.

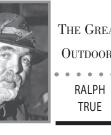
However, plenty of advertising thermometers are worth much



\$7,000 in 2015. A 1950 rare turquoise colored Coca Cola thermometer that was believed to be one of a few in existence brought \$9,500 in 2016. A round thermometer for Red Hat Moto Oil reached \$11,500 in 2016. A rare Ace High Motor Oil thermometer fetched \$12,000 in 2010. A porcelain Campbell's soup can with a thermometer in the spot where the gold medal symbol appears heated up the auction floor when it sold for \$16,000 in 2014.

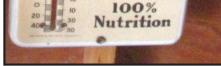
Our Warren, R.I. online estate auction includes some vintage advertising thermometers. The preview will be held on Sept. 12, with bidding ending on Sept. 16. We will also be running an estate sale at a Southborough, Mass. mansion on Aug. 22 and 23. The video of the webinar I presented on getting the most for your estate items is now available on our website. More information will also soon be available on the online auction and estate sale on www.centralmassauctions.com.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate

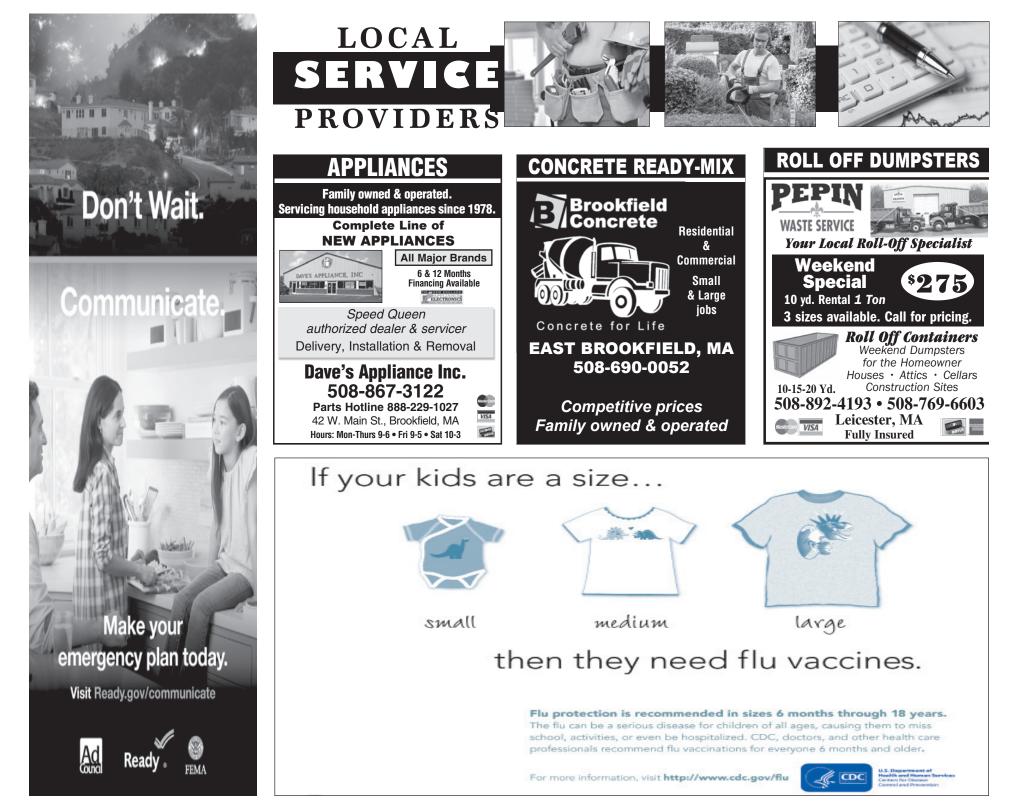


mometers were produced between 1875 and 1940, according to the Chicago Tribune. Advertising thermometers were intended to be hung outside of buildings. Some were

more. A Champion Spark Plugs metal thermometer had two wheels that could be rotated to show different options for "weather forecast' "check service." It sold for and



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Debunking hot pepper myths



Enjoy the spicy heat hot peppers add to your meals without concern for the many myths surrounding these garden vegetables. Here are a few you may have heard but are not true.

MELINDA

MYERS

Growing both hot and sweet peppers in the garden will not add spicy heat to the sweet varieties. Peppers are normally self-pollinated. If an insect happens to move the pollen from a hot to sweet pepper, it will not affect the flavor or heat of this year's harvest. If you save the seeds from a cross-pollinated pepper for next year's garden there is no guarantee on the results. The offspring from this cross may be hot or sweet, only time will tell.

Label hot peppers when growing, harvesting, and storing to avoid any mix-ups. The sweet banana pepper, for example, can easily be confused with hot banana. This makes for an unwelcome surprise when preparing, serving, and eating.

Consider wearing rubber gloves and avoid touching your face and eyes when working with hot peppers as they can burn. Wash your hands, uten-

sils and cutting boards when finished to avoid any future issues.

Never assume all green peppers are sweet or you will be in for a surprise. Jalapenos are typically harvested when green and others like habanero and Anaheim are hot, whether harvested when green or red. You will also find that hot peppers can be yellow, orange, brown and of course red.

You can turn down the heat when preparing your favorite recipes. Contrary to popular belief, all the heat in hot peppers does not come from the seeds. While partially true, the majority of the capsaicin that gives hot peppers their heat is in the white membrane that houses the seeds. When the seeds are growing, they may also be coated with extra capsaicin. Remove the white membrane and the seeds, just to be safe, if you want to turn down the heat.

The spicy heat of hot peppers is measured in Scoville Heat Units. The ratings are based on the amount of sugar water needed to neutralize the spicy heat in the extracted capsaicin that has been diluted in alcohol. A panel of five taste testers decides when the spicy heat has been neutralized and then assigns the rating. Today many companies use a chemical process (liquid chromatography) but translate their results into the popular Scoville Heat



Photo Courtesy

Red Ember F1 cayenne pepper is an All-America Selections (AAS) winner. Judges described this early maturing pepper as spice but tastier than traditional cayenne pepper varieties.

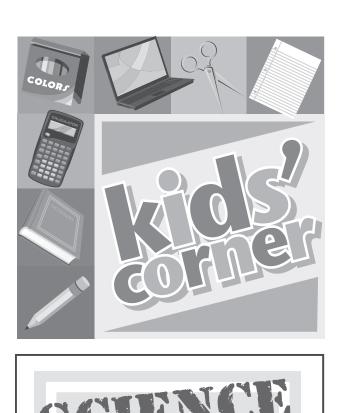
Units

The Scoville Heat Unit rankings vary from one type of hot pepper to another with Poblano-Ancho rating between 1,000 to 2,000, jalapenos 2,500 to 6,000, habaneros at 100,000 to 300,000 and one of the hottest, the ghost pepper, at 1,000,000 to 2,200,000 Scoville Heat Units. Ratings may also vary from individual plants within a specific type based on individual plant differences and the growing conditions.

Finally, do not worry if you had a bad day when planting your hot peppers. Contrary to some old adages, planting hot peppers when angry will not make the peppers hotter, but unknowingly taking a bite of a hot pepper may very well change your mood.

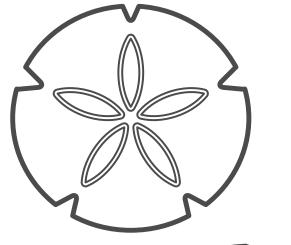
Melinda Myers is the

author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.



Creative Coloring

Celebrate the ocean. Color in this picture to create your own masterpiece.



DOCTOR TO USE AN ANTISEPTIC DRUG

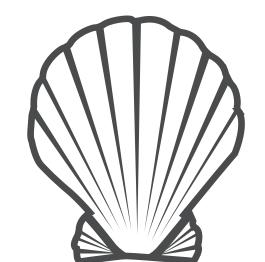




THESE AREAS OF THE PLANET ARE MAJOR SOURCES OF FOOD, MEDICINE AND JOBS. ALSO, 85% OF THE WATER PEOPLE DRINK COMES FROM HERE.

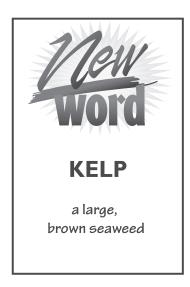
ANSWER: THE OCEANS





DURING SURGERY.

• 1960: NASA LAUNCHES THE ECHO 1A, ITS FIRST SUCCESSFUL COMMUNICATIONS SATELLITE.



ENGLISH: Tide

SPANISH: Marea

ITALIAN: Marea

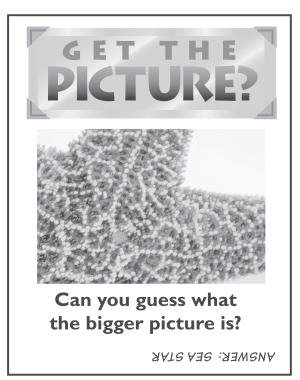
FRENCH: Marée

GERMAN: Ebbe



THE TIDE IS THE RISE AND FALL OF SEA LEVELS FROM THE GRAVITATIONAL FORCES OF THE MOON AND SUN.



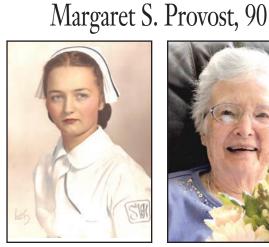


BITUARIES

SOUTHBRIDGE-Margaret S. (McMahon) Provost, 90, of Christopher Heights, Webster, formerly of Southbridge, died Saturday August 8th, in the Jewish Healthcare Center of Worcester, after a short illness

She was the loving wife of Richard H. Provost, who predeceased her in 2013. She was also predeceased by her son, Thomas J. Bousquet. She leaves her daughter, Paula M. Bousquet and her partner, William Bugai, of Durham, CT; her son, David R. Bousquet of Bethlehem, PA; sisters,

Catherine Svedberg and Patricia McMahon, both of Southbridge; and sistersin-law, Shirley McMahon of Sun City Center, FL, and Amber McMahon of Woodbridge, VA; as well as a step-daughter, Judy Donley of Parkman, WY, and step-sons, Richard W. Provost of Aurora, CO, and John C. Provost of Worcester. She also leaves her grandchildren, Brian Gadoury and his partner, Tammy Smith; Cassandra Bousquet; and Miles Bousquet; as well as numerous step-grandchildren, nieces and nephews. Worcester, Born in



the daughter of Harry J. and Margaret (Maguire) McMahon, Margaret grew up in Southbridge and graduated from St.



Mary's High School in 1947 and from Saint Vincent Hospital School of Nursing in 1950. She worked as a registered nurse for

Harrington Memorial Hospital for 30 years and later for the Monson Developmental Center. She was a communicant of St. Hedwig's Church of the St. John Paul II Parish. She was a member of the St. Christopher's Women's Club and served on the St. Christopher's Renovation Fund Committee and the St. Christopher's Parish Finance Committee and Maintenance Committee. She also taught CCD at St. Anne's Parish. She loved books, quilts, and gardening; instilling in her children the love of reading and of gardening.

Her funeral will be held on Friday, August 14 at Notre Dame Church of the St. John Paul II Parish, 446 Main Street, Southbridge. Burial will be in St. Hedwig's Cemetery, Southbridge. There are no calling hours.

In lieu of flowers, donations may be made to one of her favorite charities, Abby's House of Worcester or Heifer International (www.heifer.org).

The Daniel T. Morrill Funeral Home, 130Hamilton St., Southbridge, is directing arrangements. www.morrillfuneralhome. com



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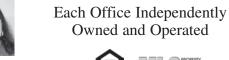


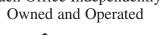














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frontage! Enhanced by a all flaural shorement All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gour-met kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing Is Everything** \$1,075,000.

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TRAINOR

continued from page 13

tomato varieties. Many kinds are red when ripe, but some are orange, yellow, striped or even green. Learn what to expect from your variety and monitor the plant closely as its due date nears. Generally, a tomato is fully ripe when it releases easily from the stem. If you misjudge a bit it's no tragedy, because tomatoes will ripen somewhat after picking. But they develop the fullest sweet flavor if they ripen in the sun on the vine. Once you have picked the first few tomatoes of a particular variety, you will get a feel for what a ripe one will look and taste like. Some tomatoes are «determinate» types, which will stop bearing after a few weeks. Most are «indeterminate» kinds, which will keep flowering and setting fruit until killed by frost, although colder weather will slow production. It's a good idea to pick your green tomatoes a week or so before your area's average first frost date. The more mature ones will ripen indoors if they are stored at room temperature, wrapped in newspaper so they don't touch. Or make fried green tomatoes.

Peppers. Peppers are mature and ready to eat when full-sized but still green. If left on the vine longer, they will change color to red, orange, vellow or brown, depending on the variety, and will deepen in flavor and become less crisp in texture. Hot peppers left to change color will get hotter. So whether you pick at the green stage or later will depend on the variety and what you plan to use the pepper for. As with tomatoes, the first few you pick will teach you to gauge ripeness.

Lettuce. It's important to pick lettuce before hot weather encourages the plant to "bolt," or develop a flower stalk, which makes the leaves taste bit-

ter. With leaf lettuce and many other greens, you can "cut and come again" while the leaves are young and tender, no more than five inches long. Use scissors to cut the largest leaves individually from the plants. When the smaller leaves get big enough, harvest those. You may be able to come back to a plant two, three or four times, a few days apart, before it gives up in the summer heat. To prolong the lettuce harvest, look for bolt-resistant varieties and sow seeds several times at twoweek intervals. A tent of shade cloth or translucent row cover -- or a site in part shade -- also may delay bolting in hot climates. In late summer, sow green seeds again for a fall crop.

Green beans. Green beans are an easy vegetable to harvest. Pick the pods when they are a little shy of their maximum size, to be sure that they are tender, with immature seeds. If you delay, the seeds will mature and harden and the pod will become tough. Don't pick green beans in the morning when the dew is still on the vines; wait until they are fully dry to avoid spreading disease. Be sure to keep up with regular picking to encourage the vine to keep flowering and producing pods.

Peas. For garden peas, pick a test pod and open it when the seeds have begun to swell inside. Your looking for peas that are round but still tender. Pick peas just before you are ready to shell and cook them. For snow peas and sugar snaps, taste a pod when it nears full size. You want a crisp, crunchy, fresh-tasting pod, in which the seeds have started developing but are nowhere near round. Pods left too long on the vine get tough and stringy.

Cantaloupes, muskmelons and honeydews: Harvesting melons can be tricky, even for melon farmers. You can thump the melon and listen for a dull, hollow sound or sniff it to see if it smells sweet. A ripe cantaloupe or muskmelon will begin to have a tan or yellowish color beneath the corky «netting» on its skin. A honeydew will feel smooth, not hairy. Cut the stem rather than breaking the fruit off, which creates a wound that invites the fruit to rot. Let the fruit ripen for another day or two at room temperature before cutting into it.

Watermelons. When the spot beneath the melon, where it sits on the ground, turns yellowish, rather than white or green, the melon is close to ripe. The rind also gets tougher, so test it with vour thumbnail to how easily it dents. For old-fashioned full-sized watermelons, the traditional ripeness test is to thump and listen for a dull, hollow sound, but this may not work as well with the smaller «icebox» varieties. Ultimately, you>ll have to cut one open and decide if it's ripe, and use that as a standard for the rest of the crop.

Cucumbers. Check the seed packet to see how large your variety of cucumber will get and how long that is expected to take. But bear in mind that you can pick cucumbers at any stage, depending on what you want to use them for. Smaller ones will be more tender, with thinner skins and few or immature seeds. Too-old cucumbers get dry and woody. Like melons, cucumbers should be cut from the vine, not pulled.

Sweet corn. Timing is everything with sweet corn. The kernels begin to lose sweetness and flavor the instant the ear is picked, so the great advantage of growing your own is so you can wait until the last minute. The traditional rule was to get the pot of water boiling to cook the corn and then go out and pick it. Sweet corn is ready to eat when you can feel full, rounded kernels beneath the husk; the silk at the top of the ear is drving out: and a squished kernel produces a milky sap.

Root vegetables. Read the seed packet to see how long it should take before you start checking to see if your variety of carrots, beets, turnips, radishes or parsnips is ready for harvest. When its about time, loosen the soil gently and pull one up to see how big it is. Root vegetables are more tender and delicate in flavor if eaten younger and smaller; as they get older and larger, they get tougher, woodier and more pungent. If that's okay with you, you can store some root crops right in the cold ground after the tops die. Spread a thick layer of leaves, straw or other mulch to keep the ground from freezing so you can still dig them up, and vou may be able to harvest carrots. turnips or parsnips.

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Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/ or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



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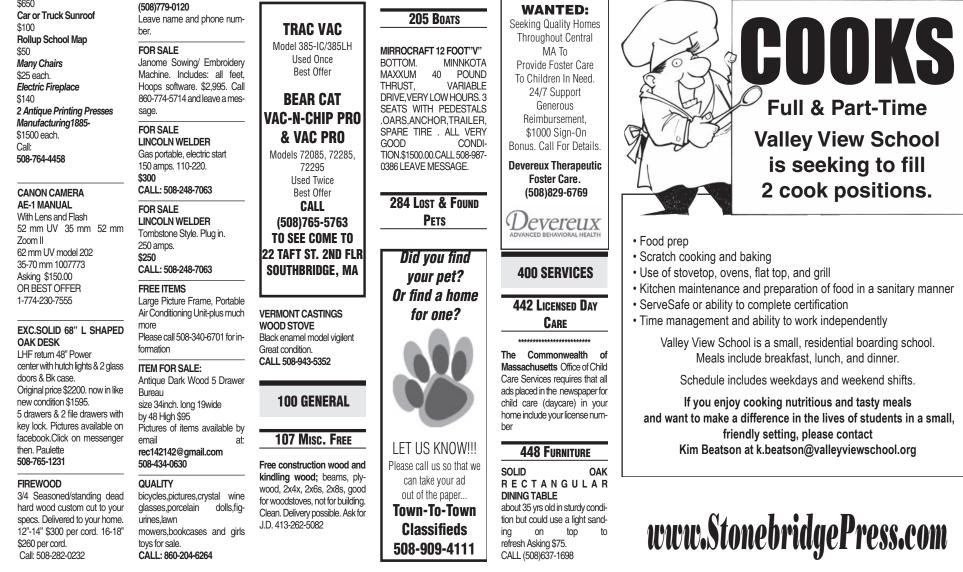
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