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Friday, October 26, 2018

# Sturbridge Recreation adds Pickleball court times

BY ERIN MILLER  
STONEBRIDGE INTERN

Pickleball, the fastest growing sport in the United States according to NBC, has come to Sturbridge.

Thanks to Brian Friedmann and Linda Simpson, the Cedar Lake Rec courts are now reserved on Saturday morning from 9:30 a.m. to 11:30 a.m. Tuesday afternoon from 2:30 p.m. to 4:30 p.m.

What is pickleball? Pickleball combines elements of tennis, badminton and ping pong. It is played with a paddle and a plastic ball with holes. The game takes place on a court the same size as a doubles badminton court. Teams of two face off with a goal similar to tennis: the other team miss the ball, hit the ball into the net, or

hit the ball out of bounds. A team can only score a point if they are the ones serving.

One part of pickleball that was heavily emphasized by participants was that it is a sport for any age.

United States of America Pickleball Association Representative Bob Stowe said, "I can take an 85-year-old sitting on his coach and teach him pickleball, and he'll have a fun time."

Stowe also jokingly admitted he had recently lost to a skilled 84-year-old, and that had to show anyone could play the sport.

Their first session on June 23 bolstered this claim. Roughly 25-30 people in a variety of ages came to play and learn.

What stood out the

most, however, was the sense of community. The more experienced players made sure to teach the newer players the basics and get as many people as possible involved in a game. Even those not playing during the session helped to get everyone involved. One couple from the area said that although they wouldn't play that day, they had to come down to support the pickleball session as people who liked the sport.

Pickleball was invented in 1965 and has grown to report 2.815 million players in the U.S. and a total of 5,883 places to play, according to the USAPA 2018 Pickleball Fact Sheet. The biggest pickleball tournament to date was the 2018 Minto U.S. Open Pickleball Championships in Naples, Florida. This



Erin Miller photos

A typical doubles game

tournament saw 20,000 spectators come to watch 2,000 players from 47 states and 20 countries. Stowe said there are about 20 tournaments in Massachusetts, Connecticut, and Rhode

Island.

For the Sturbridge sessions, players ranged in skill level and competitiveness. While some people only played recreationally or were just learning, others play in

tournaments and matches, with one participant preparing for a tournament the same day.

Turn To **PICKLEBALL**, page **A7**

## Local schools awarded literacy grants

BOSTON – Representative Todd M. Smola (R-Warren), is pleased to announce several local schools have been selected to receive funds as part of Massachusetts' Early Grades Literacy Program. As part of the program, Warren Elementary School will receive \$34,100; Old Mill Pond Elementary School will receive \$11,000; and Stanley M. Koziol Elementary School will receive \$9,800.

"It is terrific that three of our local schools have been named recipients of the literacy grant program," said Representative Smola. "The education of our children is always a top priority and I am proud of our local teachers and administrators for securing this competitive funding."

This state-funded grant program aims to improve early literacy achievement for students throughout the Commonwealth in grades K-3. Schools will use the award funds to attend professional development, purchase materials, and/or receive onsite coaching in early literacy instructional techniques. This year 63 Massachusetts schools were selected for this competitive program.

For additional information please contact Representative Smola at Todd.Smola@mahouse.gov or (617)722-2100.

## Tantasqua to present A Midsummer Night's Dream

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE—The students in the drama club at Tantasqua Regional High School are practicing their early modern English as they prepare to present William Shakespeare's classic comedy A Midsummer Night's Dream.

The play tells the comic story of four Athenian lovers who are bewitched by fairies in an enchanted forest, and the young actors and actresses at Tantasqua are working hard to make it a magical production for their audiences.

"This is the first Shakespeare play I've ever directed and the first Shakespeare show the kids have been in," said Samantha Briggs, the director of the production and an English teacher at Tantasqua. "It has definitely been a different experience because a lot of it has been teaching the language and getting them familiar with what is actually happening before we can even really get into it. I modified some of the script to make it a little more digestible for the audience and the actors, but in general we are keeping it very traditional."

Since her start at Tantasqua,

Turn To **TANTASQUA**, page **A17**



Annie Sandoli photos

Benjamin Anderson and Mai Caslowitz

## Fire department prepares for Halloween festivities

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

The Sturbridge Fire Department is getting ready to host a spooky and fun-filled Halloween night on Wednesday, Oct. 31, with the town-wide Trick or Treat from 5-7pm and the annual Horribles Parade and Costume Contest starting at 7pm, both free events that are open to all ages.

Trick or Treat has been a Halloween tradition in Sturbridge for decades and costumed trick or treaters are welcome to do all the door-knocking, bell-ringing, and candy-grabbing they can fit into two hours.

The Horribles Parade and Costume Contest, sponsored and led by the Sturbridge Fire Department, will take place at the Sturbridge Town Hall immediately after trick or treat. This tradition has been part of the town's Oct. 31 celebration for over 35 years. It is open to anyone who wishes to participate and show off their Halloween costumes.

"We have a firetruck that leads the parade back around Town Hall and down Maple Street to Jamieson Road

Turn To **FESTIVITIES** page **A5**

## Council on Aging holds third annual fun walk

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE — The Sturbridge Council on Aging held its third annual Go4Life Family Fun Walk on Thursday, Oct. 18 at Burgess Elementary School to support exercise and health for all ages and create a positive relationship between young children and senior citizens.

The one mile walking challenge, formerly known as the Go the Distance Walk, is a program of the Go4Life exercise and physical activity campaign from the National Institute on Aging at the National Institutes of Health, a division of the U.S. Department of Health and Human Services and the nation's primary medical

research agency. The event was held at Old Sturbridge Village in 2016 and on the town common in 2017, but the senior center's goal for this year was to make the walk an intergenerational event.

"Any activities we can have that involve youth and older people are just fabulous," said Susan Colleton, the extended day program director and a fifth-grade special education teacher at Burgess Elementary School. "Kids are looked upon with such joy. The older folks who are sitting here are applauding the little ones as they go by and the little ones are stopping to chat with them. It's a win-win."

Sponsored by the Massachusetts Councils on Aging

and Blue Cross Blue Shield of Massachusetts, who are collaborating for the first time this year, the Go4Life Family Fun Walk is being held at 30 different locations throughout the state.

"This is the first year it has been held at Burgess and we drummed up enthusiasm with the kids to come and participate in the walk," said Colleton. "It was the Sturbridge Senior Center's idea to coordinate their programs with some youth activities here. The Burgess Extended Day Program has about 220 kids enrolled and they are coming down to join the seniors based on their grade level."

Turn To **WALK** page **A6**

## TOWN NEEDS CITIZEN INPUT ON NEXT ADMINISTRATOR

The Sturbridge Board of Selectmen is pleased to invite residents to a Nov. 1 Community Forum to share their thoughts on the qualifications, skills, and characteristics they would like Sturbridge's next town administrator to possess.

The Community Forum is scheduled for: Thursday, Nov. 1 at 7:00 p.m. at the Sturbridge Town Hall, 308 Main St., Memorial Hall.

"We are very interested in hearing residents' recommendations regarding the expertise, qualifications, and characteristics they would like to see in their next town administrator," said Mary Blanchard, chairman of the Sturbridge Board of Selectmen. "It is important that Sturbridge's citizens are an integral part of the Town Administrator selection process."

The town has hired the consulting firm Community Paradigm Associates to assist in the search process. Representatives from the firm, including principal Bernard Lynch, will attend the community session.

For more information on the Community Forum, please contact Sturbridge Administrative Assistant Jenee Lacy at 508-347-2500 x2.

# Coal stove cause of fatal CO poisoning in Wales

State Fire Marshal Peter J. Ostroskey, Wales Fire Chief John Croke and Wales Police Chief Jeffrey Hastings announced the cause of the Oct. 17 fatal carbon monoxide poisoning at 4 Browns Beach Road in Wales was the coal stove. The husband died as a result of the incident and his wife was hospitalized.

The man was working on the coal stove while it was running at the time of the incident. Around 2:30 p.m. the wife called 9-1-1 stating that people were feeling sick and before the dispatcher could advise her to get out of the house to fresh air, she appears to have lost consciousness. Responding firefighters found her and a pet unconscious, and her husband overcome in the basement.

Chief Croke said, "On behalf of the Wales Fire Department, I offer heartfelt condolences to the family. I want to ask everyone who lives in Wales to make sure they have working carbon monoxide AND smoke alarms before going to

sleep tonight."

A carbon monoxide alarm was found on the kitchen counter without batteries. There were four smoke alarms in the home, one with no battery, and three that had expired as they were more than 10 years old.

Investigators determined that the coal stove in the basement was the source of the carbon monoxide in the home. The man was working on repairs to the stove with the door open, while it was in full operation. The flu pipe was full of coal ash which prevented the stove from venting properly to the outside.

The incident was jointly investigated by the Wales Fire Department, Wales Police Department and State Police assigned to both the Office of the State Fire Marshal and to the Office of the Hampden District Attorney. Assistance was received from the Department of Fire Services' Code Compliance Unit

and from the State Police Crime Scene Services Unit.

Heating is the number one cause of carbon monoxide in the home and as people start to turn on their heat for the season or to use wood, pellet or coal stoves, a malfunction causing carbon monoxide is more likely.

Ostroskey said, "It is important to have furnaces and chimneys cleaned and inspected by a licensed professional at the start of the heating season."

Ostroskey said, "A working CO alarm is the only way to protect yourself from this invisible killer because you cannot see it, smell it or taste it. There should be one CO alarm on every level of your home and outside the bedrooms."

CO alarms should be replaced every 5-7 years (follow the manufacturer's recommendations) unless it is a newer model with 10-year sealed battery.

Exposure to carbon monoxide can produce flu-like symptoms such as:

headache, nausea, dizziness, confusion and/or fainting.

At higher levels, CO exposure can cause unconsciousness and death.

"If you have any of these symptoms or your CO alarm is sounding, move immediately to fresh air, call 9-1-1 and seek medical treatment," said Ostroskey.

In 2017, Massachusetts Fire Departments reported responded to 15,755 CO calls and that they detected elevated levels of carbon monoxide in 4,688 of those calls.

For more information on carbon monoxide safety or the requirements for CO alarms in Massachusetts homes, go to: [www.mass.gov/dfs](http://www.mass.gov/dfs) and search on Carbon Monoxide Safety.

For more information on how to Keep Warm, Keep Safe this winter go to [www.mass.gov/dfs](http://www.mass.gov/dfs) and search on Winter Heating Safety.

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**The Right Answer:** As much as we hate to think about the cold and snow, it is coming, and our vehicles must be ready. To make sure your ride is ready here are a few things to check out. **Make sure your tires are ready** for the slippery roads. Check them for the proper type of tire. By this I mean you want to make sure your tires are rated as all season or winter tires. These types of tires will have tread designs and compounds that work best for the conditions. All season tires are made for a variety of conditions and adapt well to most people's needs. Winter tires tend to have a more aggressive tread and will provide a bit more traction in the worst weather. Make sure the tread depths are good and there is no abnormal wear. Replace them if needed

**Check your battery.** There is nothing worse than your car not starting on a snowy winter morning. Most batteries need to be replaced every 4-6 years. **Inspect the cooling system.** The cooling system of your vehicle is like the circulation system. It must flow clean and easy to prevent damage to the engine. In New England we need a proper mix of water and anti-freeze to protect the engine. Make sure the concentration is correct and that the fluid is clean. Now is a great time to have your car prepared for the adverse conditions it will face over the coming months. Our techs can check the cranking power of your battery and determine if it is time for a new one. They can flush your cooling system and make sure it is ready for the cold. They can even help get the right tires at the right price. **We can service all makes and models so make your appointments now.** See why Place Motor is the Right Place since 1923.

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## STURBRIDGE SNIPPETS

**MALTESE FALCON**  
Pasture Prime Players are pleased to announce performance dates for "The Maltese Falcon" by Dashiell Hammett and adapted for the stage by Helen Borgers, as authorized by the Estate of Dashiell Hammett, all rights reserved.

In this noir classic, detective Sam Spade gets more than he bargained for when he takes a case brought to him by a beautiful but secretive woman. As soon as Miss Wonderly shows up, trouble follows as Sam's partner is murdered and Sam is accosted by a man demanding he locate a valuable statuette. Sam, entangled in a dangerous web of crime and intrigue, soon realizes he must find the one thing they all seem to want; the bejeweled Maltese Falcon.

Performances dates are Fridays and Saturdays Oct. 26, 27 and Nov. 2 and 3 at 7:30 p.m. and Sundays, Oct. 28 and Nov. 4 at 2:00 p.m. The box office opens 30 minutes prior to the start of the performance. Tickets are \$14 for adults and \$12 for seniors (60+) and students (18 and under). For reservations contact us at [pasture.prime.players@gmail.com](mailto:pasture.prime.players@gmail.com) or (508) 248-5448. We accept cash or personal check only.

### FRIENDS OF STURBRIDGE SENIORS

On Tuesday December 4 host a bus trip to see The Sicilian Tenors following a sell out concert at Carnegie Hall in New York City, are ready to bring the joy of all of our favorite Christmas Songs to you. Enjoy a delicious Luncheon that includes choice of entrees, salad, pota-

to, vegetables, breads, dessert, coffee or tea. Trips are open to the Public. Comfortable motor coach transportation is included or it can be optional. For more information, please contact Dick Lisi at 508-410-1332 or at [lisrichard15@yahoo.com](mailto:lisrichard15@yahoo.com).

**EMERGENCY PREPAREDNESS**  
The Sturbridge Police Department, Council on Aging, and Emergency Management Office are partnering with the MA Office on Disability to present a free Emergency Preparedness Class for our community on Nov. 8 at Old Sturbridge Village. The presentation will focus on ways to keep you and your family safe during an emergency. We will especially focus on helping to prepare those in our community who may have a disability. The first 50 participants will receive a free Emergency Go Pack with essential items that you may need during an emergency.

Anyone interested should contact Heather Weston at the Sturbridge Senior Center at 508-347-7575 by November 6th.

**HAYLOFT PLANS**  
The Hayloft Steppers Square Dance Club is holding the following dances in the months of October and November.

"Parade of Costumes" dance on Saturday, Oct. 27 from 8:00-10:30 pm (early Rounds at 7:30).

The caller will be Matt McGovern and the cuer will be Birgit Maguire. Admission is \$9 per person. The club is located at 232 Podunk Road in Sturbridge. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

"Harvest Ball" dance on Saturday, Nov. 3 from 8:00-10:30 pm (early Rounds at 7:30).

The caller will be Bob Butler and the cuer will be Harriett Clarke. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

"Advanced Level" dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

"Pie Night" dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

"Special Fund Raiser" Mainstream/ Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net).

**CRAFT FAIR**  
Castleberry Fall Craft Festival at Sturbridge will be held at Sturbridge Host Hotel and Conference Center, 366 Main St. on Saturday Oct. 27 and Sunday Oct. 28. More than 125 booths of juried American made arts, crafts, specialty foods and music. Adult admission: \$7. Under age 14 free. Rain or Shine. Hours: Sat. 10-5 and Sun. 10-4. More information [www.castleberry-fairs.com](http://www.castleberry-fairs.com)



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# Incumbent Gobi challenged by Hall of Sturbridge



Anne Gobi



Steve Hall

BY KEVIN FLANDERS  
NEWS STAFF WRITER

Our election coverage continues with a preview of the Worcester, Hampden, Hampshire and Middlesex State Senate District. Incumbent Senator Anne Gobi (D - Spencer) is being challenged by Republican candidate Steven Hall, of Sturbridge.

For this profile piece, Gobi and Hall responded to the same five questions, enabling voters to compare their answers in advance of the Nov. 6 election. The responses appear exactly as they were written by the candidates.

**Describe how your background and experiences make you the best choice for the district moving forward?**

Anne Gobi: As State Senator I understand that to be effective you must be available to assist people every day at any time. I attend hundreds of events and meetings in the district and have formed strong relationships as a result. Working collaboratively with local officials and helping people with a variety of issues, listening and offering new initiatives moves us forward.

Steven Hall: In my career as a leader of skilled nursing facilities, I have repeatedly demonstrated that creating a successful organization simply starts with listening, caring and a commitment of service. We need to do the same for the citizens of Massachusetts.

Whether leading an organization or representing you as your next State Senator, there is a huge responsibility and, equally as important, a trust. You would be trusting me to use your taxes wisely.

Yet, currently, our roads and bridges are crumbling, government and health-care costs are rising at an alarming rate, there is talk of a new tax (mileage), and our current Democratic State Senator, Anne Gobi, seems to be more concerned about illegal aliens than of our veterans and/or our seniors.

Eighteen months ago, I announced my campaign because, like me, Governor Baker has the business expe-

rience and the knowledge to improve Massachusetts, but he needs support with his initiatives - support that he hasn't seen from Senator Gobi who, for example, opposed the Governor 110 times on one budget bill alone.

**What strategies would you focus on to support local small businesses and help them sustain success?**

Steven Hall: It is first important to note that businesses are created by people, not government. And, in the current climate, excessive taxes, fees, and regulations are hindering growth, creativity and, yes, quality.

All too often regulations and policies seem to be written by bureaucrats who don't understand reality. We need policy that better serves small businesses, taxpayers and the citizens, while still ensuring we protect the environment and employee rights. Moreover, we need tax relief for small business and consumers. Lastly, we need to remind Boston that there needs to be a focus on job creation west of I-495.

Anne Gobi: Supporting small business, home based businesses and agriculturally based businesses is extremely important and I have been glad to work on programs to assist them and look forward to expanding opportunities to strengthen them such as: mill revitalization, promoting local manufacturers and locally made products with unique branding, assisting with closing the skills gap, workforce training, expand markets for agricultural and wood products. In addition, I will continue to support infrastructure projects; if you do not have good roads or water and sewer, you will not have business development.

What are your views on programs currently in place to combat the opioid crisis? What needs to be done to more aggressively combat the crisis?

Anne Gobi: The opiate crisis has touched so many people. As a member of the Senate Task Force I have listened to the stories of people addicted and their families. A number of positive steps have been taken to deal with the crisis, first recognizing that addiction is a disease, the reduction in the prescribing of opiates, having alternative forms of pain management, the availability of naran, the increase in treatment facilities. More needs to happen, such as more widespread use of medication assisted treatment including in emergency rooms, earlier intervention and screening, strengthen consumer protection laws to hold corporations responsible for their role in the opioid epidemic, continue to provide resources to our first responders and increase treatment beds.

Steven Hall: For many recent years, both the federal and state government had been insisting on opioids. In fact, hospitals, nursing facilities, and doctors are still penalized if pain medications (including opioids) are underused.

Recent statistics show that, in many instances, pain is not well controlled for long periods with opioids, and that traditional medications and alternative methods have a more lasting success.

Regarding addiction treatment, the current "approved" method has a 99% failure rate! This is tragic and terribly unfair to the user and the taxpayer. Alternatively, other methods have resulted in an 87% success rate. We simply need to make these programs the approved method and stop wasting tax dollars and time on treatments that don't work.

Finally, too often we find our judges being "soft" on illegal drug pushers. Both need to be held accountable for their actions - actions that often result in tragic death.

**What are the largest challenges for schools in the district? How would you address these issues in the coming years?**

Steven Hall: Rising expenses, especially transportation costs, are certainly the largest challenges facing our schools. Complicating matters, property taxes are at a rate now where senior citizens and those on a fixed income are being driven out, forced to sell their homes.

At a recent discussion I attended, there was talk of tax increases, but no one brought up expense reduction. After talking to hundreds of teachers this year, I am firmly convinced that our one-size-fits-all system of education is flawed. Teachers and leaders in education tell me they can deliver better education, and do it for less, if we "get the bureaucrats out of the way." It's time those on Beacon Hill give these experts a voice.

Anne Gobi: Our schools and public schools specifically have the task of educating all students and that in itself is challenging. Funding continues to be an issue as well the declining enrollment of the schools in the district. As the Senate Chair of the Regional School caucus I have worked and will continue to assist with more funding. This year my amendment to increase Regional School Transportation funding was successful and resulted in an increase of \$7.4 million over last year, that assists every town in the school district so that reductions in other town services do not need to occur to make up for that funding gap. I also worked with two



## ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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other Senators on additional funding for our most rural schools resulting in additional assistance of more than \$500,000 for another group of schools and towns in the district including stand alone districts. I will continue to advocate for adequate funding of our schools and work to make sure the formula is updated.

Are we doing enough in Massachusetts to assist seniors? What programs can be advanced to help seniors who are struggling to make ends meet in the district?

Anne Gobi: We can always do more to assist seniors, they are the backbone of our towns and within a short time all our towns will have more people over 60 than under. I am so grateful for the work and assistance given at our senior centers. It is imperative that our communities are reflective of our aging population and make sure there is available and affordable housing, adult day health services, skilled nursing and assisted living facilities, ability for seniors to age in place and stay in their homes if they want with support services, economic stability and adequate programs to offer prescription assistance, food security and fuel assistance.

Steven Hall: Waste, fraud and abuse of taxpayer dollars is rampant in Massachusetts - just ask a state employee - yet we continue to raise taxes, fees and surcharges on our seniors. Massachusetts spends an estimated \$1.8 billion on sanctuary for illegal immigrants, while our seniors struggle to pay for medications, food and housing. Our "greatest generation" isn't looking for a handout or more programs. They simply need immediate tax relief.

## Friday's Child

**Grayson**  
Age 3

**Hi! My name is Grayson and I have a smile that will light up a room!**

Grayson is a beautiful four year old Caucasian boy. Very sweet and loving, Grayson responds well to structure, routine and consistency. He loves to play outside by running, climbing and swimming! He also enjoys playing with his trucks, cars, and puzzles.

Grayson attends Headstart full time. He receives speech therapy while in school. Grayson has a genetic disorder which may impact his cognitive development throughout his childhood. Due to his young age, the prognosis for his future growth and development remains uncertain, however he is receiving many supportive services. He is in need of a family who is open to working with outside providers and who will be committed to him unconditionally.

Legally freed for adoption, Grayson would do well in most any family constellation with or without children in the home. More importantly Grayson will need love, support, structure and a routine to progress to his fullest potential. He will need to maintain personal contact in the form of visits with his birth mom and sister at least three times a year. His present foster family would also like to be a continuing part of Grayson's life.

**Who Can Adopt?**

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit [www.mareinc.org](http://www.mareinc.org). The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

This space is provided by:

**Early voting in area towns**

**BRIMFIELD**  
Brimfield Town Hall, 21 Main St.  
Oct. 29, 30 & Nov. 1: 5-8 p.m.  
Oct. 27 & Nov. 3: 8:30-11:30 a.m.

**HOLLAND**  
Early voting will take place from Oct. 23-Nov. 1 in the Holland Town Clerk's office located at the Holland Town Hall, 27 Sturbridge Road during the Town Clerk's normal business hours: Tuesdays 5:30-8:30, Wednesday 5:30-7 and Thursday 9-12 and 1-4.

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# Awareness given voice by walking



Local youngsters do their part to demand change and support victims.

BY KEVIN FLANDERS  
NEWS STAFF WRITER

BRIMFIELD – Victims of domestic violence often suffer in silence, but each year residents come together on the town common to help give them a voice.

Hosted by Stop Abuse Today, the annual Walk Against Domestic Violence took place on Oct. 14. Residents, law enforcement personnel, and local legislators take part in the walk each year to raise awareness and support victims. Since October is Domestic Violence Awareness Month and Bullying Prevention Awareness Month, organizers knew it was the perfect time for the event.

Since its inception, the pro-

gram has drawn participants from throughout the area. Many of the guests on Oct. 14 also took part in the Stop Abuse Today annual 5K Run Against Abuse a week earlier in Holland.

“The only way to stop abuse is to educate and advocate. It’s so important to bring the community together,” said Monson’s Faith Ward, a coordinator with Stop Abuse Today.

Senator Anne Gobi, State Representative Todd Smola, and several police officers took part in this year’s event. Stop Abuse Today has gained significant momentum under the direction of Holland Police Chief Bryan Haughey, who chairs the organization. Haughey was instrumental



Kevin Flanders photo.

Senator Anne Gobi (second from right) and State Representative Todd Smola, right, discuss outreach and education efforts to help reduce abuse of all forms.

in helping Stop Abuse Today advance through the steps of registering as a nonprofit organization. The group is also led by several volunteers from Holland, Sturbridge, Wales, and Monson.

Stop Abuse Today focuses on domestic violence, elder abuse and bullying, with an emphasis on supporting victims and educating residents through outreach programs. The organization also helps connect victims with the services they need to begin to heal.

For law enforcement personnel and legislators who assist victims of abuse every day, it’s important to continue raising awareness at local events.

“One of the most concerning situations we deal with is getting a call from someone who is dealing with domestic violence,” Smola said. “They have many difficult decisions to deal with – sometimes they don’t even know where they will sleep or where their chil-

dren will live. We need to support these people and make sure their voices do not go unheard.”

Gobi thanked officers in attendance for their assistance of victims and willingness to put themselves in harm’s way to protect residents.

“Domestic violence calls tend to be some of the most dangerous responses our officers deal with,” Gobi said. “We need to keep getting the word out and raising awareness. It takes the entire community to make changes.”

Stop Abuse Today recently teamed up with the Holland Police Department to conduct an elder abuse awareness and prevention seminar, which was held at the senior center in June. Looking ahead, the organization plans to hold further training seminars with the police department. Events will focus on RAD training, domestic violence, elder abuse and anti-bullying awareness and

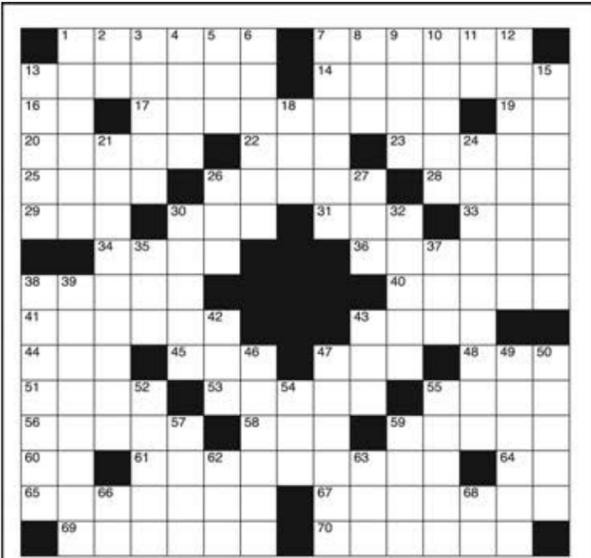
education.

Moreover, the organization hopes to partner with local school districts to advance the anti-bullying message. By reaching students at an early age, officials are hoping to embed the message that abuse of any form is never okay.

“We are branching out to cover other areas, but we will never lose sight of domestic violence and assisting victims,” Haughey said.

The organization takes part in several fundraising and awareness programs each year. It also hosts a trauma support group twice monthly that allows victims to begin healing through art and other activities.

To learn more about the organization and its programs, visit [www.stopabusetoday.org](http://www.stopabusetoday.org). If you would like to sign up for the trauma support group or another program, please call 860-230-3222.

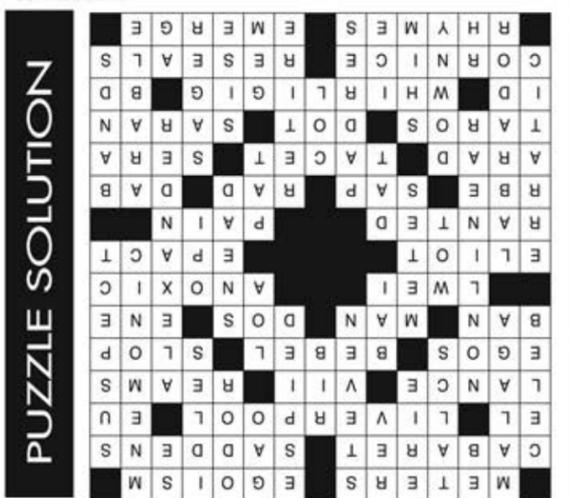


**CLUES ACROSS**

- 1. Rhythmic patterns
- 7. Ethical theory
- 13. Nightclub
- 14. Upsets
- 16. Type of railroad
- 17. Home of The Beatles
- 19. Political organization
- 20. Disgraced cyclist Armstrong
- 22. Seven
- 23. Enlarges hole
- 25. Some are big
- 26. August \_\_, German socialist
- 28. Unappetizing food
- 29. Cast out
- 30. Adult male
- 31. After uno
- 33. Midway between northeast and east
- 34. Kenyan settlement
- 36. Oxygen deprived
- 38. British writer
- 40. Synchronizes solar and lunar time
- 41. Vehemently expressed
- 43. Hurt
- 44. Relative biological effectiveness (abbr.)
- 45. Gradually weaken
- 47. Cool!
- 48. Touch softly
- 51. Israeli city
- 53. Indicating silence
- 55. Protein-rich liquids
- 56. Tropical Asian plants
- 58. A very small circular shape
- 59. Type of wrap
- 60. Potato state
- 61. Spinning toy
- 64. Type of degree
- 65. Ornamental molding
- 67. Closes again
- 69. Verses
- 70. Rise up

**CLUES DOWN**

- 1. Spanish seaport
- 2. Equal to one quintillion (abbr.)
- 3. Powders
- 4. One of the “Great” ones
- 5. Increase motor speed
- 6. “E.T.” director
- 7. Caught sight of
- 8. Congressional investigative body
- 9. Aroma
- 10. Runs without moving
- 11. Southeast
- 12. About remembering
- 13. Slang for famous person
- 15. Potential criminal
- 18. Body part
- 21. All over the place
- 24. Conqueror
- 26. Actress Ling
- 27. Mauna \_\_, Hawaiian volcano
- 30. Distributes
- 32. Golfing legend Sam
- 35. Laos musical instrument
- 37. Open payment initiative
- 38. Having no fixed course
- 39. Type of dog
- 42. Digital audiotape
- 43. Hit lightly
- 46. San Diego ballplayers
- 47. Stop working
- 49. Suitable for growing crops
- 50. Musical groups
- 52. Soft
- 54. Lowest point of a ridge
- 55. Beloved late TNT broadcaster
- 57. Thin strip to align parts
- 59. Cardinal number
- 62. Frozen water
- 63. One who is incredibly special
- 66. Rhodium
- 68. Top lawyer in the land



## October Real Estate Market Update

According to Bankrate.com as of 10/22/2018 the rate on a 30 year fixed loan was 4.75%. Which is up over ¼ point from last month. We started noticing in the last few weeks a slowdown in showings on properties as well as time to offer. It may be affected by the interest rates rising or seasonality or both. These are signs that we are going back into a “normal” market.

Today we have 2201 single family homes for sale in Worcester County compared to 6 months ago where we had 1308 single homes for sale. 12 months ago we had 1902 homes for sale which shows a more than 15.7% increase in inventory compared to the same day 12 months ago. Which is a larg-

REALTOR’S  
REPORT

JAMES  
BLACK

6.1% increase in average sales price while it is taking 17% less time to sell the homes this year than last year in Worcester County. These numbers are better than when I reported them last month. This shows that the current changing in the market are a lagging indicator of where the market is going..

It is even more important to hire a Realtor familiar with your market now in a market that is changing almost by the day. I expect that when I look at these numbers next month we will see some changes showing more of a shift in the Real Estate Market than this data indicates. Again, I would beware of pricing ahead of the market even though prices have been increasing you don’t want to get caught in a shift in the market.



### Heavy Snow is Expected

Snow will be in the weather forecast again sooner than we realize! Rest assured, even in the heavy snow of the winter season, your local Sturbridge Villager is delivered to every home in the area in the secure delivery compartment known as your mailbox.

Delivery of your Villager is made every week via our trusted friends at the United States Postal Service. You can count on them, and you can count on us — trusted local news and trusted local advertiser information delivered to you each and every week.



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**SERVE!**  
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# Old Sturbridge Village hosts third annual Trick or Treat



STURBRIDGE — Old Sturbridge Village will hold its third annual Trick or Treat after hours on Sunday, October 28 from 5 to 7:30pm, offering a family-friendly evening of Halloween festivities on the OSV Common.

Children of all ages are welcome to visit the village to show off their Halloween costumes and collect candy from the museum's interpreters, who will be waiting for them in houses around the village throughout the evening. There will also be spooky tales and magic shows in the Friends Meetinghouse, a bonfire on the Village Common, hayrides, snacks and beverages available for purchase, and an appearance from the Headless Horseman from the village's live production *The Sleepy Hallow Experience*.

"Trick or Treat has been very popular the past couple years," said Michael Arnum, director of marketing and public relations at Old Sturbridge Village. "People really look forward to it."

Costumed interpreters hand out treats at 11 different stops around the Village Common, including Small House, the Tin Shop, Salem Towne House, Fitch House, and Fenno House. Two stops, the Printing Office and Thompson Bank, will have completely nut-free candy for children who can't have anything produced in facilities that process nuts. Because these are historical houses with no doorbells, children will be prompted to use door knocks to get the attention of each candy-giver.

Trick or Treat is held after museum hours because, although the staff at Old

Sturbridge Village want to take part in the traditions of the Halloween season, they also wants to make sure kids know that Halloween was not actually celebrated in New England during the 1830s.

"Trick or treating as we know it didn't catch on until the 1920s," said Arnum. "They didn't carve squash or recognize Halloween. The Irish immigrants brought that tradition to this area later on in history."

Yet even though the tradition may not exactly fit into the village's place in history, the main idea behind this event is to provide a safe and worry-free trick-or-treating environment for children.

"Unfortunately, people are very wary of sending their children out on Halloween night," said Arnum. "This is a safe way for children to trick-or-treat and the houses aren't too far apart. It is also an opportunity to experience the village at night and speak with our costumed interpreters."

Trick or Treat is held rain or shine unless there is very extreme weather, in which case it will be rescheduled. The price is not included in daytime admission because it is an evening event and pre-registration is required. Tickets are \$8 per person for members and \$12 per person for non-members. Children ages 3 and under are free.

For more information on Trick or Treat at Old Sturbridge Village or to pre-register for the event, go to <https://www.osv.org/event/village-trick-or-treat>.



Courtesy photos

Villagers rewarded children with treats as they visited last year's event. The OSV will hold its third Trick or Treat this Sunday from 5-7:30 p.m.

## Transportation plans need input

Please join us to provide input on your transportation priorities and projects at one of the public meetings listed below. These meetings will help finalize and recommend the transportation investment priorities for central Massachusetts over the next 20 years. Central Massachusetts Regional Planning Commission is undertaking this effort on behalf of the Central Massachusetts Metropolitan Planning Organization. The CMMPO, comprised of locally-elected and state officials, sets regional transportation policy and determines where

to allocate federal funds.

CMRPC invites decision makers, stakeholders, and members of the general public to attend a meeting to discuss "Mobility2040 - The Update for 2020" - the Long Range Transportation Plan for the central Massachusetts region. CMRPC is seeking feedback on transportation major infrastructure projects, initiatives and policies. Transportation priorities such as congestion, freight, transit, roadway maintenance, bicycle and pedestrian, and other transportation modes will also be discussed at the meeting.

Please visit our website at [www.cmrpc.org/mobility2040](http://www.cmrpc.org/mobility2040). Here you can learn more about the plan, watch a video, take our online survey, check the events calendar along with other information materials.

Your comments can help CMRPC's planners to develop a wide-ranging, action-oriented transportation plan. The "Mobility2040 - The Update for 2020" plan being developed also will serve as a basis for allocating limited federal money aimed at roadways, bridges, and public transportation facilities.

The meetings will be held

on the following dates and location (there were earlier meetings in Southbridge and Northborough):

Monday, Oct. 29 at 5:00 PM in the Quabbin Regional School District Building, Central Office Conference Room, 872 South St, Barre

Tuesday, Oct. 30 at 5:00 PM in The Linwood Mill, Blackstone Valley Chamber Conference Room, 670 Linwood Ave, Building A, Suite 5, Whitinsville

Thursday, Nov. 8 at 7:00 PM in the Leicester Senior Center, 40 Winslow Ave, Leicester  
Tuesday, Nov. 13 at 5:00 PM

in the Spencer Town Hall, McCourt Hall, 157 Main St, Spencer

These meetings are in accessible locations and materials can be provided in accessible formats. If you would like special accommodations, such as an interpreter, please contact CMRPC's Title VI coordinator at: (508) 459-3313 at least one week prior to the meeting.

Please contact Sujatha Krishnan at [trans@cmrpc.org](mailto:trans@cmrpc.org) with any questions or requests for further information.

### FESTIVITIES

continued from page 1

and Charlton Street, ending at the Town Common," said MaryLou Volpe, S.A.F.E. Coordinator at the Sturbridge Fire Department. "The Fire Department and the Lion's Club will be waiting at the Town Common for the costume judging and to hand out free hot chocolate and cookies."

To make sure that all participants and their families have an enjoyable and safe Halloween night, the Sturbridge Police and Fire departments have some tips for trick or treaters and their families.

"Always travel in a group," said Volpe. "If trick-or-treaters are young children, they should have their parents with them. Always carry a flashlight if you are out after sunset and, if you are walking along the road, you should always walk in the direction of traffic. Dress warmly and make sure your parents check your bags and each individual candy before you indulge."

For more information about Sturbridge's Halloween night festivities, go to <https://www.facebook.com/events/trick-or-treat-sturbridge-annual-horribles-parade/271424549919804>.



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# SPORTS CORRESPONDENT



The Stonebridge Press Sports Department is seeking an individual to cover high school sports on a freelance basis. Candidate will be reliable and flexible with hours, and will be needed on nights and weekends as assigned. Correspondent must have the ability to e-mail stories on deadline. Local applicants are preferred, but is not a requirement.

**Please apply to**  
**Sports Editor Nick Ethier**  
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**or call (508) 909-4133.**

**"Every Town Deserves a  
Good Local Newspaper"**

# Fall celebrated in Sturbridge

Crowds came out for the 29th annual Harvest Festival in Sturbridge October 13 & 14. A central feature of the annual event, the scarecrow competition, did not disappoint with creative displays.



Sarah Champagne photos

A ghoulish barber



Linda Langevin-Zonia and David Zonia of Sturbridge's Community Food Collaborative provide information and a raffle.



A unique tarot-inspired display



A goofy scarecrow



A zombie hunter in motion



A dark figure stalks its prey

## WALK

continued from page A1

The Sturbridge Council on Aging applied for and was awarded a \$300 grant to make the Go4Life Family Fun Walk at Burgess Elementary School happen. The event included vendors with giveaways, a statewide raffle for registered walkers to enter, and help from the Girl Scouts, who spent the afternoon in the school gym helping the seniors walk and checking off how many laps they have completed.

"Our main goal for the walk is to get the seniors in the community more involved with the kids at Burgess Elementary School," said Lisa Meunier, the school nurse at Burgess.

The Sturbridge Senior Center and Burgess Elementary School are planning to continue to host events that bring senior citizens and youth together and want to maintain this intergenerational relationship in the future.

"Lisa Meunier is very big on always contacting us and we are invited to a lot of things at the school," said Leslie Wong, outreach coordinator at the Sturbridge Senior Center. "Last year we came to one of their concerts and the school band comes to the Senior Center all the time to play music."

The Sturbridge Council on Aging is hoping to hold the Go4Life Family Fun Walk at Burgess Elementary School again next year with even more participation. For more information on the Go4Life program or to check back for details on next year's event, go to <https://go4life.nia.nih.gov>.

# 'Tis the season for the hunt...and the ticks



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

On Oct. 13, the Uxbridge Rod & Gun Club honored one of their long time members with a surprise roast pig dinner with all of the trimmings. Wilhelm Huber is the long time kitchen chairman and custodian of the club and is always at the club early each morning performing the duties of three men 365 days a year. The kitchen is always kept clean as well as the clubhouse, and with the winter not far off "Willy," as his many friends call him, will have the wood stove burning and the clubhouse nice and warm for the members that hold daily meetings discussing many topics of the club and outside politics. With five different topics being discussed at the same time it sounds like a bunch of old ladies at a tea party. Thanks Willy!

Local hunters are reporting that very few deer ticks are being found on their hunting dogs this year, although just one is too many. At this time of year harvested deer should

be cleaned and dressed outside to avoid bringing the ticks into the home. As a deer carcass cools down, the ticks will fall off of the deer, possibly causing a problem for family members and pets. Many deer hunters have their garage attached to their home and often hang the deer in them. After the deer has had the skin removed, the skin still needs to be handled properly, outside away from the home. Many hunters place the skin and deer head in a freezer to keep it from spoiling prior to taking it to a taxidermist. It should also be kept away from the family's freezer that has food stored inside.

With the rut heating up, deer many hunters will encounter a big buck of a lifetime. If all goes well and you do harvest a big buck, extra care needs to be used to dress and skin the animal if you plan to have it mounted for your man cave. Locating a good taxidermist prior to your hunt will save a lot of time and extra work if you have found a good one. Checking with local sporting goods stores for recommendations on a good taxidermist and looking at some of his work, will ensure a great life like mount to look at for many years to come.

Sharing some of your venison with landowners is also a

good way to keep your hunting spot open for years to come. Always ask permission to hunt posted or private property when possible and do not leave cans, bottles and sandwich wrappers behind. Even if you find litter that is not yours that was left behind by an irresponsible hunter, pick it up and dispose of it properly.

Local trout fishing has been very good at recently stocked waters. Local bass anglers are also reporting some nice catches of largemouth bass. This is also a great time to catch some hornpout at local waters like the West River. Fishing Harrington's Pool at this time of year will often find fishing for these tasty fish rewarding. The hornpout migrate up the river into deep holes prior to freeze up and can provide some great fishing for a great meal.

Local bird hunters are enjoying some great hunting at open covers and at local rod & gun clubs. The state will continue to stock pheasant up until Thanksgiving Day. Pointing or flushing dogs are a great sight to see in local bird covers, and a dog retrieving a downed bird gives hunting that special touch.

One of last week's photos of a large salmon, was taken from the internet of New York caught salmon, and may not



Courtesy photo

This week's picture shows from left to right: Ralph Godin, Wilhelm Huber, Gerry Bacon, and Bill Bruno enjoying the event honoring Willy at Uxbridge Rod & Gun Club.

have been taken from the Salmon River as the CAPTION read, but was caught in New York some time ago as the column stated!! We apologize for any confusion. Years ago, local angler Sherman Ludden caught a 40 lb. plus king salmon on the Salmon River and

had it mounted hanging at his Countryside Store in Uxbridge. They do get very large. Now is the time to go and you may just get hooked into the fish of your life.

Take A Kid Fishing & Keep Them Rods Bending!!

## Local baseball memorabilia

My last article was about baseball in Worcester. Many noteworthy events also took place and many great players played in the areas where this newspaper is distributed.

Several players from Eastern Connecticut have played Major League Baseball. Walt Dropo is one of the most notable. Baseball Almanac cites his league leading 144 RBIs and 326 total bases as reasons he was named American League Rookie of the Year in 1950. He was the first Red Sox player to receive that honor. Fred Woodcock of Winchendon played baseball at Dartmouth and Brown before pitching for the Pittsburgh Pirates in 1892. Hugh Bradley of Grafton played in the majors from 1910 to 1915. He was part of the Red Sox team that won the 1912 World Series. Hick Carpenter was also from Grafton and played from 1879 to 1892. Eddie Eayrs of Blackstone played in 1913 and then again in 1920 and 1921. Sturbridge's Bill Fox played in 1897 and in 1901. Frank Gilmore of Webster played from 1886 to 1888. Earle Mack of Spencer played for Connie Mack with the Philadelphia Athletics in 1910, 1911 and 1914. Pat Murphy of Auburn played for the New York Giants from 1887 to 1890. Tom Niland of Brookfield played in the majors in 1896. John Stafford of Dudley played for the Cleveland Spiders



ANTIQUES,  
COLLECTIBLES  
& ESTATES  
.....  
WAYNE TUISKULA

in 1893. Jerry Turbidy, also of Dudley, played in 1884. Asa Stratton of Grafton played for the Worcesters in 1881. Connie Mack of East Brookfield played from 1886 to 1896. He is however most notable for his coaching career. The Philadelphia Athletics won 9 American League pennants and 5 World Series championships while he was manager.

The Blackstone Valley League was one of the most competitive leagues of its time and is an important part of local baseball history. Walter Schuster was one of the most aggressive owners. Douglas Historical Society notes that Schuster paid Hank Greenberg \$175 on the spot after seeing him hit a home run in his first at bat. He paid Lefty Grove \$300 and \$10 a strikeout to pitch in a championship game. The hope1842.com Hopedale history website states that the league was established in 1905. By 1924 the towns of Whitinsville, Rockdale, Uxbridge, Douglas, Fisherville and Millbury were also part of the league. Owners other than Schuster were willing to pay for talented players to get a leg up on the competition. Wes Ferrell, Gabby Hartnett, and Walt Dropo were other major leaguers who played in the Blackstone Valley League.

Douglas also holds claim to another

piece of local baseball history. Soldiers Field hosted an exhibition game between the Red Sox and Yankees September 26, 1946. 12,000 fans saw the Joe DiMaggio led Yankees edge Ted Williams and the Red Sox 8-7.

Local baseball memorabilia doesn't command the high prices of major league memorabilia, but there are still collectors (including me) who buy it. I've found many local factory team photos and other items at flea markets, auctions and antique shows. The early 1900s photos of industrial league teams typically ranged in price from \$10 to \$50. I purchased a photo from a Brimfield dealer of the Rockdale baseball team for \$75. A jersey from the Rockdale team also cost me \$75. These items were all from the early 20th century. Items from the 19th century memorabil-

ia commands higher prices. A cabinet photo of Connie Mack at bat knocked it out of the park at auction when it sold for \$2,666.

Our next live multi-estate antique and collectibles auction will be held on Jan. 31st. I hope to meet some readers of this column at the Winchendon History and Cultural Center's antique appraisal event on Oct. 28th from 11:00 AM to 2:00 PM. See [www.centralmassauctions.com](http://www.centralmassauctions.com) for details on these and other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services [www.centralmassauctions.com](http://www.centralmassauctions.com) (508-612-6111) [info@centralmassauctions.com](mailto:info@centralmassauctions.com)



Historical photo

The Rockdale baseball team of Blackstone Valley.

### PICKLEBALL

continued from page 1

In the future, Simpson hopes that they'll be able to implement a senior court time so older members can have some time on the court to themselves. She also hopes that these sessions grow in popularity, so they can offer more court times.

Both Friedmann and Simpson expect pickleball to gain attention in Sturbridge, as the sport usually does in other towns.

"In every town that PB starts up it's built from the ground up and there is a groundswell although it takes a little time," Friedmann said, "But, before you know it, the courts are overflowing, people are waiting patiently to play, and playing times expand to encompass most every day, sometimes twice a day."

Now, the active league is seeking a player to continue play through the cold winter months.

For information on playing and learning, please contact [SturbridgePickleball@gmail.com](mailto:SturbridgePickleball@gmail.com).



One of the competition players with a good view of a pickleball paddle

## Veterans Day Salute

### November 8-9, 2018

**Stonebridge Press would like to salute our veterans**

*(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 8-9th issues.*

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## EDITORIAL

# Too big for our britches

When the United States was very, very young; it immediately became embroiled in the wars of other countries.

It seems in our nature to become either the brokers in the peace negotiations, or the warmongers in the intimidation.

We immediately put ourselves in the position to become the entire world's police force. Or at least those parts of the world we chose to be interested in.

Often, it was based entirely on economics, on the profits to be made by someone either in the government or with influence in the government. Our government or someone else's government.

Did you think this was new?

Sometimes it was handled clandestinely, with "black ops" (in the 1700s and 1800s it was not described quite the same way, but it existed); and other times we just charged up San Juan hill.

And sometimes the newspapers were part and parcel of the planning and implementation; other times they were appalled by it. All the way from the "spies" discovered and exposed, to Vietnam.

What, you didn't know there were spies during the Revolutionary War? World War I? The Russian Revolution?

And that some of them were American?

Sometimes newspapers exposed things, other times they covered them up.

Sometimes politicians got away with scandals, with monetary extortion or down right stealing; there were bribes; there were cover ups. There were illnesses purposely kept quiet "in the interest of national security."

Sound familiar?

No, the press hasn't always been the "good guys" either. They too have been culpable.

Sometimes with what they believed were good reasons, other times for self preservation, and other times they too were paid off.

It happens.

So now we have the modern day politics and press. We have both completely out of control. We have anyone with a camera on their phones able to post to the internet and claim to be journalists. They don't have to adhere to any ethics, but they can indeed take all the video they can manage of "stuff" going on around them.

The thing is, they can also edit it, and put up just the quotes and the bits and pieces that showcase what they want to show you. Don't ever forget it.

We have politicians, including our president, who justly mistrust the organized press because they have not been given a fair hearing by them. But they also take advantage of that same situation, and the president himself has said he had attacked the press on purpose to justify his own position and throw bad light on all journalists; to make certain any press negative to his own position is not trusted.

It's a game. Played well by good players.

But it doesn't actually do the citizens of the world any favors.

We have refugees from war torn countries moving from place to place all over the globe. They have no sanctuary because every single country has problems. There is no room for any of them anywhere. And in places like the Middle East, Afghanistan, Iraq, Iran; those fleeing the wars have nowhere safe to go.

Terrorists know no boundaries.

South American countries are just as bad; and African countries have been war torn for years. Genocide is a way of life.

While we have appointed ourselves the watchdogs of the world for more than 300 years, yet we have failed. And we continue to fail. We as a country put ourselves into the middle of conflicts worldwide, yet we cannot solve our domestic problems.

We claim a sovereignty we cannot justify, as we turn away refugees from everywhere.

We can't have it both ways. We can't claim to be able to solve world problems, yet refuse the follow through. And we certainly can't claim to solve world problems when our domestic problems are so dire.

# OPINION

IEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

## LETTERS TO THE EDITOR

### To My Neighbors, Friends and acquaintances

I want to take a moment to educate from a nurses prospective about the upcoming question 1. Patient to nurse ratio.

First, I want to make it clear this WOULD be a good concept. (Keep reading). For a nurse to have less patients and more time to sit bedside and care for those in need and would possibly produce happier patients and nurses alike. This proposal would also be best in nursing homes where there are routinely 1 registered nurse to an entire facility during off hours with an entire floor of patients to pass medications to. Question 1 does not speak of any facility where nurses are employed except hospitals. Why? Nobody knows and it's not on line to find.

I am a Registered Nurse working in an emergency room locally. I routinely have up to 5 patients at a time depending on acuity (how sick a patient is). This means the sicker a patient the less patient's I would get assigned. There are days it doesn't happen. Not because there is a lack of nurses on the schedule, it is just that busy. In the hospital nobody can predict how many will show on a Monday, Thursday or Saturday. Our staffing presently works for the number of rooms we have and the type of rooms in our ER. A nurse that is assigned to the trauma room will not have a 5 bed assignment for the "just in case" trauma or sick individual that needs more attention or lifesaving treatments.

Our hospital ER is already doing what question 1 is proposing. But... I can see and do hear from my colleagues on the floor where they think this would be a great law to have on the books. Please keep in mind there are staffing ratios for the ICU which is already limited to this ballot question proposal.

Here is my argument as to why this law is poorly written and should not have made it anywhere near the ballot box.

This law does not address emergency departments logically. As mentioned above we have no control over how many people show at the ER on any particular day. It only takes one accident to overwhelm any ER regardless if there are 2 or 20 nurses working.

This law does not address the EMTALA law. Emergency Medical Treatment and Active Labor Act. This means whoever arrives on property will be seen and evaluated by a medical professional. This proposal doesn't take into account how to deal with the walk in populations when the ER is already saturated. EMTALA says people need to be seen and if this ratio goes into effect it also doesn't say those walk in or ambulance patients have to be seen immediately. They would wait based on acuity.

This law doesn't show flexibility of how to handle a saturated hospital and a patient becomes more critical. What happens to the rest of that nurse's assignment? According to the proposal there would be a 25,000 dollar fine for going outside the ratios proposed.

If I am at my proposed ration, whatever that may be and my patients are stable and a coworker has a patient that becomes critical could I help? Not according to this proposal. Would I have to sit and watch? Who takes care of the rest of their assignment while they tend to their critical patient? With this proposal I wouldn't be allowed to be assigned any of those patients to care for those not in my assignment and ratio. Going outside the ration would incur a 25,000 dollar fine.

Conflict of interest: This bill was brought forward by the MNA, Massachusetts Nursing Association. The MNA is a Union shop that focus' on hospitals and gets their money by union dues. If this bill passes and hospitals have to employ hundreds more nurses who reaps that reward... the MNA with the mandatory dues the nurses pay. I see this as a serious conflict of interest. I wonder if they would have brought this bill forward if they had to vow not to accept union dues from any additional staff their union shops had to hire to meet this ration. Something to think about.

There are too many what if's with this proposal. I do agree something needs to be done. This proposal seems to have been put together hastily and not well thought out. We in the ER are about safety and patient care. That is why I entered this business. As it is now, when the ER is full and we are fully staffed there are wait times up to 8 hours in the waiting room and some ambulances have to wait up to 30 minutes to an hour to get a bed. If this ratio goes into effect those wait times will no doubt increase and the ambulances will wait far beyond that hour. This takes the ambulances off the street and away from the communities they serve.

This means Sturbridge when they have to go not only to the local hospital but into the city with their most ill patients.

October 5, 2018 I called several California hospitals inquiring how they work with the same law. They are the only state in the nation with nurse to patient ratios. I called Dignity Health Medical Center, Scripps Mercy Hospital, Modoc Medical Center in Alturas, CA and Methodist Hospital in Arcadia, CA. Every emergency room charge nurse stated "we have to make it work, it's the law." Some stated nurse income is inconsistent because if it isn't busy they get sent home regardless and without pay. There is no "on call" pay to stand by "in case." One charge nurse stated staff is happier because they are less stressed when it is busy. "People just have to wait no matter how upset they get." I also spoke with an administrator from Methodist Hospital in Arcadia, California that stated we (Massachusetts hospitals) would need to "over hire" to boost the possibility of getting nurses to come in when it is busy. She went on to say they close the ER to ambulances when they are at "saturation" which backfires routinely and here is why. In Massachusetts we HAD what we called diversion (same concept). One hospital would get overwhelmed, go on diversion (not take ambulance patients) so all the ambulances would then overwhelm the next hospital. The first would go off diversion and the second one would go on diversion. It was a cat and mouse game until late at night when the ambulance runs slowed down. It didn't work so they ended it. Being a small rural hospital if we go on diversion that means the local ambulances would have to drive an additional 20-30 miles into the city wait for a bed then back to Sturbridge. Not a practical solution either.

The administrator from Methodist Hospital went on to say the cost is exorbitant. Cuts have to happen to abide to this law. Reimbursement for patient care didn't go up "we had to absorb it."

People need to realize the trickle down affect of this law. There is a reason no other state in the United States has followed suit with California which was voted in in 2004... It doesn't work. Here is another question to think about: Almost every person that gets admitted to a hospital has to go through the emergency department. If the floor is short staff due to call outs and nobody wants to come in, what happens to the open rooms... they sit open until the next shift when the next nurse comes in. This means the patients in the ER that would go to those open rooms now sit in the ER taking a bed and ER Nurse from an emergency patients waiting. Now, the patients that are sitting in the waiting room need to sit there until the next shift or a patient gets discharge because the bottleneck of patients backs up in the ER. If you get sick and go to the ER after this ratio is in place you may sit in the waiting room regardless how sick you are. "It would be the law not any fault of the staff or facility".

Every hospital I spoke with has taken away most 12 hour shifts and gone to 8 hour shifts needing to hire more nurses. They went to 8 hour shifts so if a nurses' relief calls out, doesn't show or gets sick that nurse is now

mandated to stay another 8 hours regardless and there is no discussion. I was told it doesn't matter what that nurse had planned at the end of his/her shift with their kids, family, holiday and so on. Mandatory is mandatory.

This proposal states a start date of January 1, 2019. This is a ridiculous time frame. Roughly six weeks with 2 major holidays within those six weeks. California had a 3 year implementation period for facilities to prepare. There is hiring, vetting, CORI background checks, in process, orientation, training, training to a specific floor or position, benefits, policies to be produced and sheer numbers for any hospital to comply. This makes no sense but tells me that even the MNA doesn't have faith in this bill passing and just threw it out there. There is no way that the Massachusetts government could get this system in place to inspect, audit, implement and hire analysts to make sure this "Law" was being followed and how to utilize the monies generated by the fines, all in six weeks??? Anyone that thinks the government could move that fast on something that is so complicated is not knowledgeable to the workings of government let alone healthcare.

In closing, I hope this sheds some light into question one. Nurse patient

Turn To **MAPPLEBECK** page **A17**

## Retirement Security Week: take steps to boost your retirement security



FINANCIAL FOCUS

JEFF BURDICK

To raise awareness about the importance of saving for retirement, Congress has dedicated Oct. 21-27 as

National Retirement Security Week. And the evidence shows that increasing this awareness is indeed important. Consider this: Some 50 percent of households are considered at risk of not having enough money to maintain their living standards in retirement, according to the National Retirement Risk Index, produced by the Center for Retirement Research at Boston College.

What can you do to help yourself stay out of the "at risk" category? Here are a few suggestions:

Define what retirement security means to you. Everyone has different ideas about what a secure retirement looks like. You might feel that true security means being able to remain in your current home and live independently throughout your life. Or you might only feel secure if you know you can afford to travel or help your grown children or grandchildren financially. Once you've identified your own vision of retirement security, you should be able to determine the financial resources you'll need to reach your desired outcome.

Create an appropriate financial strategy. To achieve your idea of a secure retirement, you can't just hope for the best – you need to create a comprehensive financial strategy, accounting for your various sources of retirement income: Social Security, pensions, employer-sponsored retirement plans, your investment portfolio and so on. You need to know how much you can expect from these sources, and how you can strengthen them.

Be diligent in your retirement savings. You could spend two or three decades as a retiree, so you'll want to accumulate as many resources as you possibly can – and that means you'll need to save and invest diligently during your working years. Put in as much as you can afford to your 401(k) or other employer-sponsored retirement plan – and every time your salary goes up, try to increase your annual contributions. But you can also go beyond your employer-backed plan and contribute to an IRA. In all your retirement accounts, you'll want to include a reasonable percentage of growth-oriented investments, within the limits of your personal risk tolerance.

Establish an appropriate withdrawal strategy. Your retirement security isn't just based on how much you've built up before you retire – it also depends on how you manage your assets and investment income during retirement. As you begin to take out money from your 401(k), IRA and other investment accounts, you need to establish a withdrawal rate appropriate for your age, retirement lifestyle and asset level. If you take out too much each year, you risk outliving your resources, but if you withdraw too little, you might be short-changing yourself on your quality of life. You may want to work with a financial professional, who can review your entire situation – income, expenses and so on – and recommend an appropriate annual withdrawal figure.

These aren't the only keys to attaining retirement security – but they can still help you move toward that goal. Keep them in mind as the years go by.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com*





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5 <b>Chicken Picatta</b> Herbed Rice Spinach Lemon Pudding Diet = SF Tapioca Pudding Pumpkin Bread	6 <b>Meatballs</b> Onion Gravy Bowtie Pasta Scandinavian Vegetables Mandarin Oranges French Bread	7 <b>Marinated Pork Loin</b> Seasoned Potatoes Carrots Pumpkin Spice Cake Diet = Half Piece Whole Wheat Bread	8 <b>BBQ Chicken</b> Red Bliss Potatoes Green Beans Fresh Fruit Marble Rye Bread <b>Vegetable Soup</b>	9 <b>Macaroni &amp; Cheese</b> Stewed Tomatoes Roman Blend Vegetables Fruited Ambrosia Italian Bread
12 <b>Veterans Day</b> No Meal Served	13 <b>Chicken Fajitas</b> Spanish Rice Black Beans & Corn Sour Cream Pita Bread Pineapple	14 <b>High Sodium Meal</b> <b>Hot Dog*</b> Baked Beans Coleslaw Fresh Fruit Hot Dog Bun Mustard Packet	15 <b>Beef w/Onions &amp; Peppers</b> Potato Wedges Honey Glazed Carrots Strawberry Cup Sandwich Roll	16 <b>Salmon Boat w/Dill Sauce</b> Mashed Potatoes Peas & Pearl Onions Gingerbread Diet = Half Piece Pumpkin Bread
19 <b>Beef Stew</b> Rice Corn Niblets Mandarin Oranges French Bread	20 <b>High Sodium Meal</b> <b>Roast Turkey</b> Gravy Mashed Potatoes Herbed Stuffing Butternut Squash Cream Puff French Bread Cranberry Sauce	21 <b>Baked Potato</b> w/ Chili & Cheese Broccoli Sour Cream Strawberry Cup Pumpkin Bread	22 <b>Thanksgiving</b> No Meal Served	23 <b>Shepherd's Pie</b> Carrots Peas Baked Cinnamon Pears Italian Bread
26 <b>Chicken Mornay*</b> Couscous Brussels Sprouts Peaches Marble Rye Bread	27 <b>Meatloaf</b> Gravy Garlic Mashed Potatoes Peas & Carrots Fresh Fruit Whole Wheat Bread	28 <b>Roast Pork</b> Gravy Cranberry Stuffing California Blend Vegetables Baked Apples Marble Rye Bread	29 <b>Lasagna</b> Meatballs w/sauce Italian Blend Vegetables Birthday Cake Half Piece Italian Bread	30 <b>Haddock w/Cream Sauce</b> Wild Rice Broccoli w/Red Peppers Blondie Diet = Half Piece French Bread



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## Thoughts on a feather

Have you ever felt like a feather?

Not just in the sense that you feel light and carefree, but rather that you feel you are blowing all around and only landing briefly before the wind changes direction. You feel like a feather that twists and turns and is no longer physically connected to anything, though it once was. As a feather, you feel you can go anywhere you want, but you often get stuck in certain places, like in the grass or the place where two buildings connect. The wind then has to become strong enough to pick you back up into the air and remind you that you are only a nomadic feather, not a rose with its vines intertwined with those of other roses or a river rock that feels constant change surrounding it but never actually changes itself.

It is a humbling human experience to feel like a feather—to try to go where the wind takes you and feel intense frustration when you can't seem to gain control. A feather begs the

wind to stop yet simultaneously hopes that it never will. A rose relies on other roses for its growth and a river rock feels the waves moving and changing over its skin but does not alter itself. A feather, however, cannot reattach itself to anything permanently once it has been separated from its host. A feather must rely on itself while still realizing that it is not in full control, for it needs the wind to pick it up when it falls.

A rose demands the approval of others. It is the one who gives in to the peer pressure that so readily exists within the public school system. It is the one who stands by and does nothing while someone is being bullied or abused. It is a follower of leaders and a disciple of insecurity. It buys the clothes that advertisements encourage it to buy and works to have the body of someone who society has formally recognized as attractive by making them the cover of a magazine. A rose compares itself to others to determine its worth and is constantly distracted by their actions. It is willing to grow and change but only once the rain and the sun's rays do so. A rose is a worrier, one who tries to predict the future

and what tomorrow will bring. It is terrified of being judged, and therefore afraid to question the status quo and develop its own ideas. A rose believes that if it remains indifferent to arguments and political issues, it will be safe. Its habit of protecting itself by remaining indifferent is its most dangerous quality.

A river rock refuses to change with the times. It watches the sun rise and set every day. It feels the waves leap and skip over its surface. It watches small fish swim and the seasons change. Yet it does not grow, it does not move itself. It is the one who disregards social movements. It is the one who refuses to compromise, refuses to change itself, and refuses to admit that it might be the problem. A river rock regards an increase in human rights as irrelevant to its existence and believes the world should stay the way it is. Unfortunately, it doesn't realize that it is the only stationary thing in a growing world. Although it does not require the sun or the rain, it refuses to help those who do. A river rock refuses to believe that change is perhaps a necessary happening. It pretends that

the world is the same as it was yesterday, or a year ago, or ten years ago. It holds on to grudges because it holds on to the past. A river rock does not hope for a better tomorrow, but rather pines for a better yesterday.

A feather knows that it has no choice but to change with the times and does not seek the approval of others, for it is lonely but content. A feather learns never to try to control what happens tomorrow or the next day, for the wind will move without its consent and it must be willing to move with it. A feather knows that it is an independent entity, but that it cannot just rely on itself. It is the one who moves with the times, who sees the world and is willing to change direction accordingly. It never gets too comfortable and never settles down, but rather lets itself go where life takes it and lives each day as it comes. It is grateful, for the wind will lift it when it cannot lift itself. The feather finds comfort in knowing that it is not in control, and the fact that it accepts such a thing gives it more control over its own existence.

Have you ever wished you could feel like a feather? It means abandoning the hab-

its of a rose and the faults of a river rock. It means accepting change even when all you want is to cling to familiarity. It means taking risks, and not being afraid to fall, for the wind will always pick you back up. It means handling your frustration when you are reminded that you are not in full control of life. It means seeing as much of the world as you can, and being willing to alter your opinions and knowledge accordingly. It means being humble enough to realize that you need others, but being intelligent enough to know that you can't depend on them. You may get frustrated when you can never get comfortable or settle down completely, but you know that you have chosen a life of change.

Moving with the times, just as a feather moves with the wind, means accepting that we, as humans, have made and will continue to make mistakes and cannot control every aspect of our lives or the lives of others. More importantly, it requires being willing to put in the effort to progress and make things right by changing with the strength and direction of the wind and the speed and force of the river.

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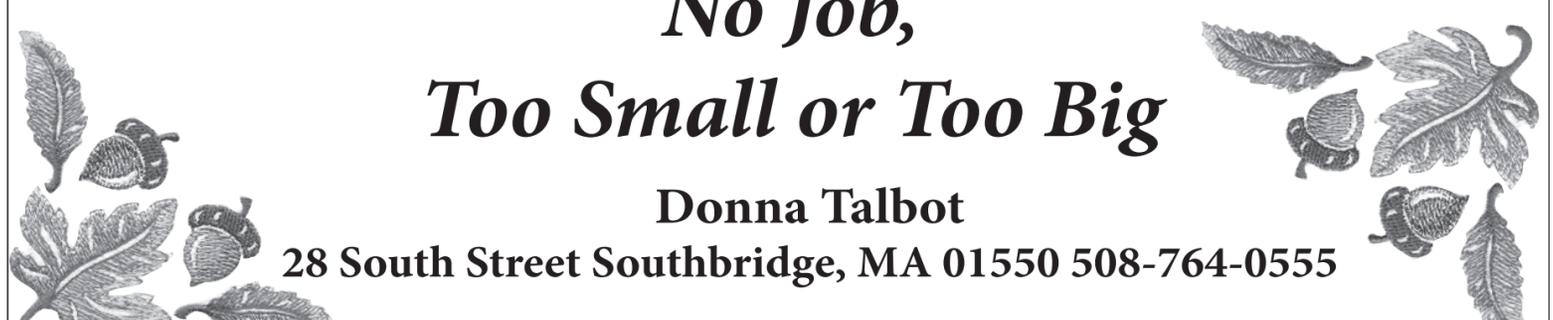
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# SPORTS

## Sears shines in backfield for Warriors, ending Northbridge's unbeaten streak



Nick Ethier photos

Espyn Davis of Tantasqua looks for open running room versus the Northbridge defense.



Defenders Dominic Brown (18) and Bryce Iller (87) of Tantasqua zero in on Northbridge ball carrier Zack Roberts.



Tantasqua running back Ryan Sears had a game to remember versus Northbridge, totaling 250 rushing yards and three touchdowns in the 35-7 victory.

BY DEAN P. ST. LAURENT  
SPORTS CORRESPONDENT

STURBRIDGE — Ryan Sears' overpowering performance in the backfield was enough to lift the Tantasqua Regional varsity football team past previously unbeaten Northbridge High, 35-7, at the Reservation on Friday night, Oct. 19. Sears, a junior, ran for 250 yards on 37 carries and found the end zone three times in the win.

"We are a run based football team so I expected it, and we executed every single play and everything fell into place," Sears explained about his heavy workload. "The offensive line produced for me and if they do that I will produce for them. Those are my brothers and I will do something for them if they do something for me. That is how it works."

Tantasqua (5-2) got off to a quick start and it was clear what they wanted to do, which was control the pace of play, win at the point of attack and pound the football. That is what they did and they set the tone early.

The Warriors drove down the field 76 yards and punched it in from the five-yard line on a powerful touchdown run by Sears. This gave them a 7-0 lead, which they never lost during the duration of the game.

Tantasqua followed up the opening drive touchdown by forcing Northbridge (6-1) to punt the football. The Warriors yet again took advantage and ran it 11 times and eventually scored on a six-yard burst up the middle by Sears.

"It was big, you never want to chase

Northbridge from behind, they're a great team," Tantasqua head coach Jon Hargis expressed about their quick start. "There is a reason [Northbridge head coach Ken] LaChapelle has over 300 wins and has so many Super Bowls. They're a great team and they're a team that likes to dictate and make teams get into a track meet and score with them. Our defense played well and offensively we got off to that quick start."

The Rams weren't able to score in the first half, but they got the ball to open the third quarter and were only trailing by a 14-0 count.

A two-touchdown lead can be a dangerous one coming out of halftime because it is easy for teams to take their foot off the gas-pedal, but Tantasqua stuck with what had worked in the first half. They ran the ball effectively and swarmed Northbridge's offense.

The Rams were unable to generate anything on their opening third quarter drive and were forced to punt after a three-and-out.

The Warriors then took full advantage. They capped a 10-play drive with a 32-yard touchdown scamper by quarterback Sean Farland.

Farland faked it to Sears, who was keyed in on, and took off down the left sideline for the touchdown. This gave Tantasqua a 21-0 lead with 3:38 remaining in the third quarter.

"We challenged the defense to come out and get a three-and-out and also challenged the offense to score," Hargis explained about coming out of the half with energy. "We had a couple oppor-



Tantasqua's defense was stout all game long versus Northbridge, surrendering just seven points in a big victory.

tunities to score in the first half, had a couple drive killers, but overall we did well."

Now trailing 21-0 late in the third quarter, the Rams still had some fight in them. They countered Tantasqua's scoring drive with one of their own to close out the third.

Sparked by a 21-yard run by quarterback Zack Roberts, Northbridge was able to drive 70 yards on nine plays to get on the board. On fourth-and-nine from Tantasqua's 20-yard line, Roberts dropped back and sent a perfect ball toward senior wide receiver

Sean Rosenlund, who jumped between Tantasqua senior defensive backs Sebastian O'Leary and Bobby Mosely for the touchdown. Jordan Froment booted the extra point kick.

Northbridge had cut the lead down to 21-7, but the Warriors scored twice in the fourth quarter to put the game away. Sears had a 17-yard TD run and Farland (six carries, 84 yards) added a 21-yard scoring rush. Jarred Spratt kicked five extra points following the TD's to account for the 35-7 final.



Tantasqua's Dominic Brown hauls in a punt and eyes the open field in front of him.

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## SPORTS

# Tantasqua seniors step up on Senior Night to dispatch Millbury



Tantasqua's Tyler Rodrigues hustles after a loose ball before it can roll out of bounds.

BY KEN POWERS  
SPORTS CORRESPONDENT

STURBRIDGE — Often during Senior Night games, the efforts of the seniors being honored by a specific school are overshadowed by an overachieving underclassman who wants to contribute as a way of saying thank you to the upperclassmen who have shown said player the way.

The aforementioned scenario definitely did not play out Thursday, Oct. 18 at the Reservation. In the Warriors' 3-0 win over Millbury High, two of the three goals were scored by a senior — Logan McCarthy — both were set up by another senior — Tyler Rodrigues — and the shutout in goal was notched by a third senior — Brad Beu.

With the win Tantasqua improved to 15-1 overall and 10-0 in the Southern Worcester County League's A Division. Millbury, which plays in the SWCL's C Division, is 7-6-2 overall and 7-4 in

league play.

Also honored prior to the beginning of the game in addition to McCarthy, Rodrigues and Beu were the Tantasqua Class of 2019's Hunter Ramsland, Aiden Casinghino, Amsey Eroh, Connor Rich, Jackson Hall, Jeremiah Dingui and Tyler Apher.

"You never know what you're going to get with Senior Night," Warriors' head coach Matt Guertin said. "The guys came out and played well. It's been a good season; these guys just make it happen. We're lucky enough to have a good, talented group of seniors this year. And all the other guys fill in, too. Like they always say, 'we're not just a team out here; we're a family.'"

McCarthy scored both of his goals in the first half. The first strike came in the 17th minute, the second in the 37th minute. Tantasqua added an own goal off a Millbury defender in the second half.

"Tyler makes the out-

side runs," Guertin said of Rodrigues. "He just knows how to get into space and feed people, and he does it well. He makes the run and feeds it over and we've got to have guys crashing in and Logan was there crashing twice."

McCarthy said that once he sees Rodrigues streaking down the outside of the field, he works on positioning himself in front of the net.

"I'm looking to dupe the guy to the spot and see where he [Rodrigues] is seeing. We got a play for that. We know where we're going to put the ball and it's in the back of the net, said McCarthy, who has played with Rodrigues for many years. "We've got chemistry for sure."

Rodrigues said the plan of attack is a simple one: use the sidelines to advance the ball and look for a moment to send it across.

"We try and look as wide as we can; we try and get around the fullbacks," Rodrigues said. "Usually we have a bunch of guys crashing — guys crashing front, guys crashing back — and Logan was just sitting there at the top of the box and I got it to him nice and easy. That should be a goal nine out of 10 times."

Or, like in this case, two out of two times.

The win over the Woolies was Beu's ninth shutout of the season.

"I couldn't do it without the defense," Beu said. "Hunter [Ramsland] and Connor [Rich] keep it tight and keep most of the balls out of my area. Not many, if any shots are on net, so it makes my job very easy. Shots that do come on net, they're going to trust me and I have to be ready. I rely on them all the time to clear the zone."

Guertin said that Beu was solid, as usual.

"Brad was tested a little bit. We have a great defense and it makes him



Jason McKay photos

Jeremiah Dingui of Tantasqua goes in for a header versus a Millbury player.

look great, even though he is great," Guertin said. "He usually comes up big in big games. He wasn't tested so much tonight, but when he is he does a great job."

Beu got a little choked up when asked about Senior Night.

"It's an emotional night," he said. "No matter how cold it was all the parents, all the friends, all the families still made it out to come see the

game. You've got to play for them; you've got to bring it home."

McCarthy is always motivated when he is on the pitch, but admitted to possibly being a little more amped up against Millbury.

"[Senior Night] definitely gave me extra motivation," McCarthy said. "Having my friends, who don't usually come to the game, come out was nice; it's good to

have them out here. And all the families out here, too, it's good to have the support. It's definitely a motivator for sure."

Added Rodrigues: "Senior Night is always a night game, so everyone's always hyped for a night game; it's a great atmosphere. Everyone has come out to see us so we try to play hard for everyone who comes out, but especially the parents."



Tantasqua's Roger Leland looks up the field while dribbling the ball.

## Grafton takes SWCL Golf Championship team title; Tantasqua's Sosik earns medalist honors



Nick Ethier photos

Golfers braved the cold and windy elements at Pine Ridge Country Club in Oxford to partake in the Southern Worcester County League Championship on Thursday, Oct. 18.

BY NICK ETHIER  
SPORTS STAFF WRITER

OXFORD — Following a long and grueling regular season, and before eight of the 11 Southern Worcester County League schools that fielded a program embarked on their respective Central Mass. postseason tournaments, the SWCL Golf Championship was held at Pine Ridge Country Club on Thursday, Oct.

18 in cold, blustery conditions.

Each member school brought six golfers to the 18-hole course, and the top four scores from each team were counted toward the team total. There, Grafton High emerged victorious with a cumulative stroke score of 321. Tantasqua Regional and Millbury High tied for second place with matching 327's.

The full SWCL Golf Championship team results are as follows:

1. Grafton (Wyatt Murray, 78; Matt Lukasevicz, 79; Deron Breen, 80; Ty Dupuis, 84), 321

2. Millbury (Ryan Tarasiak, 78; Tommy Remiszewski, 81; Jack Remuck, 81; Jack Ezold, 87), 327

2. Tantasqua (Michael Sosik, 76; Will Pieczynski,

81; Ryan Slade, 83; Grace Farland, 87), 327

4. Northbridge (J.J. Cannon, 81; Robbie Cannon, 81; Will Piatt, 84; Ben Brodeur, 85), 331

5. Bartlett (Kody Petrelli, 77; Omar Mercedes, 86; Sam Kontoes, 89; Josie Corridori, 94), 346

6. Auburn (Mike DelloStritto, 86; Ryan Henderson, 88; Nic Spanos, 89; Tyler Pratt, 98), 361

7. David Prouty (Colin Nosek, 77; Zach Fritze, 93; Colin Dube, 95; Fisher Haynes, 101), 366

8. Oxford (Liam Jessie, 85; Ryan Parr, 89; Bailey Brescia, 94; Steve Cheney, 102), 370

9. Leicester (Ryan Russo, 87; Riley Whalen, 92; Ryan Pickett, 95; Devyn Butkiewicz, 98), 372

10. Uxbridge (Jack Hughes, 89; Joseph Bernard, 98; Katie Cullen, 99; Ben Lyons and Nick Burke, 104), 390

11. Quaboag (Jack Dorman, 90; Aidan Fitzgerald, 91; Cole Crosby, 108; Brandon Rice, 110), 399

On the individual side, seven of the 66 golfers earned certificates for their strong play. Tantasqua's Michael Sosik was medalist after carding a 5-over par 76. Bartlett High's Kody Petrelli and David



Courtesy photo

Tantasqua's Michael Sosik was the medalist at the Southern Worcester County League Golf Championship after carding a 5-over par 76 at Pine Ridge Country Club.

Prouty Regional's Colin Nosek followed with a tie for second with 77's. Grafton's Wyatt Murray and Millbury's Ryan Tarasiak tied for fourth with 78's, and Grafton's Matt Lukasevicz and Deron Breen took sixth and seventh place, respectively, with a 79

and an 80. Tantasqua (Division 1), Grafton, Millbury, Northbridge, Auburn and Bartlett (Division 2), and Leicester and David Prouty (Division 3) have all qualified for districts and will compete in those championships, after press time.

# SPORTS

## Tantasqua Regional Youth Soccer — U10 Division 3 girls tie Rutland



Liza Alexander hustles to beat a Rutland defender to a loose ball.

Courtesy photos



Elizabeth Dunn looks to bring the ball to the right to catch a Rutland defender off-balance.



Catelyn Holm makes a stop while Cadence Ferro makes sure the ball is secure.



Moira Hill shields off a Rutland opponent to control the ball.



Ella Lemieux gets ready to send a hard pass upfield.

The Tantasqua Regional Youth Soccer U10 Division 3 girls' team received an enthusiastic Rutland team for a match on Saturday, Oct. 20, at Lewis Field in Brookfield. Coaches Nick Ferro and Andy Dunn had girls level to the task. Starting in net, Catelyn Holm took refuge behind a back line of Moira Hill and Annaleise Olander. Elizabeth Dunn, Ella Lemieux and Ainsley Mills constituted the midline, and Cadence Ferro took point at striker. Liza Alexander, Shannon McGrath, and Mairenn Vonhold watched anxiously from the

bench until it came their turn to play. The first half didn't find much rhythm with the ball going back and forth between the two equal teams. The 0-0 result at halftime set up an exciting remaining 25 minutes for the squads. Tantasqua's second-half starting seven found Lemieux in goal. Five minutes in, Rutland had an excellent opportunity resulting in a shot that rang off Lemieux's far post. Tantasqua transitioned quickly from defense to offense, pushing the ball up the field with a quick series of passes that found the hard-charging Ferro who broke for net. Ferro put

home her shot at the 30th minute to put the home team up, 1-0. Two minutes later, Olander found a groove and knocked another one in to make it 2-0 Tantasqua.

Lady luck then left the Tantasqua girls for a bit. An own goal at the 40th minute gave Rutland life. A keeper switch of Dunn for Lemieux didn't help as a misplay in the Tantasqua defense gave a hungry Rutland striker the chance she needed to fire home the tying goal. The frenetic last minutes of the game yielded exciting play, but no goals, and the teams ended with a 2-2 draw.



Ainsley Mills pressures the Rutland defense in their own end.

### SPORTS BRIEFS

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Also anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. All eight week and season passes must be ordered through the Wachusett website by Nov. 30 for these lower discounted prices. For more information on how to order, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

#### Softball pitching lessons coming to Southbridge Community Center

Softball pitching lessons will be available at the Southbridge Community Center (152 Chestnut Street) on Sunday mornings from 8:30 to 10:30 a.m. They started Oct. 21 and run through Feb. 24, 2019. Team and league discounts are available for three pitchers or more. Pitchers must bring a catcher (no fee) that can be a parent, teammate, etc. Please contact Bill Rahall (wlah@yahoo.com 860-576-3440) for more details. Clark University pitching coach Steve Genese will be on hand at the lessons.

### HIGH SCHOOL NOTEBOOK

Oct. 15  
Grafton 154, Tantasqua 169 — The Warriors' golf team suffered a rare defeat when taking on the Indians. Tantasqua's Michael Sosik was his team's low scorer with a 39.

Tantasqua 6, Quaboag 1 — In boys' JV soccer action, the Warriors topped the Cougars. Jack Leland netted a pair of goals, while Josh Baldracchi, Ethan Bergeron, Brad Ellithorpe and Evan Turner also scored. Noah Genest, Cam Robidoux, Ethan Bergeron and Mike Lucas chipped in assists. Matt Schirm and Noah Brown shared goaltending duties.

Oct. 16  
Shepherd Hill 2, Tantasqua 1 — Although Noah Genest scored and Jack Leland assisted for the Rams' JV boys' soccer team, Tantasqua lost a nail-biter to the Rams. Shepherd Hill took the lead in the final 10 minutes of the game.

# OBITUARIES

## Pauline A. Lawrence, 81



**B R I M F I E L D -** Pauline A. (Dobson) Lawrence, 81, formerly of Colonial Park passed away on Monday, Oct. 15th, in the Quaboag Rehabilitation and Skilled Care Center, West Brookfield, after

a short illness.

Her husband, Donald H. Lawrence, passed away in 1993. She leaves her daughter, Terry Lee Pomietlarz of Belchertown; her brother, Leroy Dobson and his wife Gloria of Dieppe, NB, Canada; and 2 grandchildren. She was born in Mount Eagle, New Brunswick, Canada the daughter

Millage and Ethel (Lewis) Dobson.

Pauline was a teller for the former Shawmut Bank in Palmer for several years before retiring. She previously was a teller for the Canadian Imperial Bank of Commerce in Moncton, NB, Canada. She was a devout member of the Friendship Baptist Church in Brimfield. She was also a member of the Senior Citizens of Brimfield.

Pauline's funeral service and burial in Fair Haven Memorial Gardens in Moncton, NB, Canada, will be private. There are no calling hours.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

[www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)



**QUINEBAUG, CT:** George Dana Rhodes, 86, passed away on Oct. 20th, surrounded by his family in the Harrington Memorial Hospital, Southbridge, after a brief illness.

He leaves his wife of 39 years, Helen (Dusza)

Rhodes; his daughter, Diane Gregoire and her husband Leo of Holland; his son, David Rhodes of Sturbridge; his brother-in-law, William Lauzonis of Auburn; his two step-daughters, Linda Neff of Webster and Susanne Regis of Charlton; 8 grandchildren; 12 great-grandchildren; a nephew, Charles Olson of Portsmouth, NH and a niece, Allayne Nelson and her husband Douglas of Auburn. He was predeceased by two sisters, Cynthia Lauzonis and Shirley-Ann Olson. He was born in Worcester the son of George and Vera (Bylund) Rhodes and raised in Auburn, and attended Auburn Schools and Boston University. He was a US Army Veteran of the Korean War and served as a corporal with the 7th Infantry Regiment.

George was a manager at Singletary Rod and Gun Club in Oxford for 13 years. He retired from Allmerica Financial in Worcester in 1997 where he was employed in the Security Department.

He was a member of the American Legion, Life Member of the V.F.W. and of Singletary Rod and Gun Club in Oxford. He served on the Board of Directors for several years at Quinebaug Park, Inc. in Quinebaug, CT. where he lived for 39 years.

George enjoyed gardening, boating, camping and fishing in Vermont, Maine and Florida, and making Swedish glogg on the holidays. For many years he ran cribbage tournaments and experienced three 29 hands. He enjoyed playing football when he attended Boston University and also when he was in the Army.

A graveside service for George will be held on Saturday, Oct. 27th at 11:00am in the Holland Cemetery, 29 Brimfield Rd., Holland. There are no calling hours.

His family request to please omit flowers and donations in George's memory may be made to Worcester Children's Friend, Inc., 21 Cedar Street, Worcester, MA 01609.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

[www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

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# CALENDAR

## October 26-November 4

**MALTESE FALCON:** Pasture Prime Players are pleased to announce performance dates for "The Maltese Falcon" by Dashiell Hammett and adapted for the stage by Helen Borgers, as authorized by the Estate of Dashiell Hammett, all rights reserved. Performances dates are Fridays and Saturdays Oct. 26, 27 and Nov. 2 and 3 at 7:30 p.m. and Sundays, Oct. 28 and Nov. 4 at 2:00 p.m. The box office opens 30 minutes prior to the start of the performance. Tickets are \$14 for adults and \$12 for seniors (60+) and students (18 and under). For reservations contact us at [pasture.prime.players@gmail.com](mailto:pasture.prime.players@gmail.com) or (508) 248-5448. We accept cash or personal check only.

## Saturday October 27

**HALLOWEEN BARKTACULAR** On Saturday, Oct. 27 from 11 a.m. to 3 p.m. at Camp Marshall, 92 McCormick Road, Spencer a Halloween event to benefit Second Chance is planned. Indoor and outdoor event activities including costume contest and trick-or-treating for kids and pets, haunted hayrides, pony rides, indoor Kid Zone with carnival games, bouncy castle, Walk 'N Wag pledge raising trail walk with scavenger hunt, doggie games and contests, music, food & craft vendors and other Halloween fun for families and pets. Special featured events include indoor RC racetrack sponsored by Turn4 HobbyTown, guest appearance by the Pike's Adam Webster, CGC certification by 4 Paws Academy and agility 'Try Its'. **FREE ADMISSION!** Families and pets are welcome!

"Parade of Costumes" Hayloft Steppers dance on Saturday, Oct. 27 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Matt McGovern and the cuer will be Birgit Maguire. Admission is \$9 per person. The club is located at 232 Podunk Road in Sturbridge. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

**CONCERT PLANNED:** Old Sturbridge Village present a concert of 19th Century hymns, patriotic pieces, popular music and folk songs Oct. 27 at 3 p.m. at Bethlehem Lutheran Church, 345 Main St in Sturbridge. The concert is to benefit St Luke's Guesthouse which provides Christian hospitality to those in need of temporary shelter. Tickets are \$10 in advance, and \$12 at the door. They will be available at the following locations: Sturbridge Coffee House in Sturbridge; Sturbridge Coffee Roasters in Southbridge; St. Anne's Saint Patrick Parish in Fiskdale; St. John Paul II Parish in Southbridge; and Bethlehem Lutheran Church in Sturbridge. Light refreshments will follow the concert.

**ALL YOU CAN EAT PANCAKES:** Charlton Boy Scout Troop 165 will be holding the 5th annual All You Can Eat Pancake Breakfast on Saturday Oct. 27 from 8-11 a.m. at the Charlton Baptist Church, 50 Hammond Hill Road, Charlton. Only \$6 per person, cash, check or credit cards accepted. Tickets available at the door. Gluten free pancakes are available made to order! There will also be a large raffle table. Any questions call Chris at 774-262-6971.

**TAKE BACK EVENT:** On Saturday, Oct. 27, the Charlton Police Department will again join area police agencies, and

the Drug Enforcement Administration (DEA), in conducting another prescription drug "Take Back" event. This free program allows the public a safe and anonymous opportunity to safely dispose of expired, unused, and unwanted prescription drugs.

If you are unable to stop by between 10:00 a.m. and 2:00 p.m. on the 27th, we have a secure kiosk in our lobby, allowing for 24 hour drop off. We just acquired sharps containers. So, we will be able to take needles and other sharps on the 27th.

## Month of October

**PUMPKINS! The Pumpkins are Coming!** Spread the word that the best place to get your fall decorations is at the Sturbridge Federated Church where the best pumpkins and gourds will be for the month of October. Proceeds will benefit many local and regional charities as well as support the daily operation of the church.

## Saturday November 3

"Harvest Ball" Hay Loft Steppers dance on Saturday, Nov. 3 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Bob Butler and the cuer will be Harriett Clarke. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

## Saturday November 10

**TANTASQUA CRAFT FAIR:** 7th annual Craft Fair at Tantasqua Regional Sr. High School on Saturday, Nov. 10, from 10 a.m. to 3 p.m. Tantasqua's Cornerstone Café will be open for an early bird breakfast buffet at 9 a.m. Craft Fair offers over 100 crafters with an array of merchandise for all of your holiday shopping, and refreshments. Free parking and shuttle service. Free admission.

**GIANT MEAT RAFFLE:** On Saturday, Nov. 10 at St. Joseph's Church Hall, Charlton at 6 p.m. 6 meat, 1 turkey, 1 lobster table! 3 Early Bird Tickets for arrival before 6 PM. Selected "Homemade" food purchases will be available for dinner as well as homemade baked goods for dessert. Beverages include beer, wine, soda, water, coffee, tea etc. Co-sponsored by Catholic Financial Life, Chapter 56.

## Monday November 12

**CHARLTON GARDEN CLUB:** Nov. 12, Charlton Garden Club Meeting at 7 pm at the Charlton Federated Church, Charlton. 'Hands-On' flower arranging with Michelle Lowell. Bring a 6-inch container without drainage holes and greens. \$10 donation for non-members. For more information, contact Ginny Charette (508) 248-7300, Marcia Liedigk at (508) 434-0507.

## Wednesday November 14

**VETERANS APPRECIATION BREAKFAST:** Offered by Harrington HealthCare System to Southbridge, Sturbridge & Charlton Residents on

Wednesday, Nov. 14 at 8:00 a.m. at the Southbridge Hotel and Conference Center. Free for veterans; RSVP (leave a message) to: 508-765-2109 by Nov. 8.

## Sunday November 18

"Advanced Level" Hayloft Steppers dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net)

## Saturday November 24

"Pie Night" Hayloft Steppers dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430.

## Sunday November 25

"Special Fund Raiser" Hayloft Steppers Mainstream/Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, [brackenmaurice@gmail.com](mailto:brackenmaurice@gmail.com) or Deanna Randall (413)436-7849, [drandall444@comcast.net](mailto:drandall444@comcast.net).

## Tuesday December 4

**FRIENDS OF STURBRIDGE SENIORS:** On Tuesday December 4 host a bus trip to see The Sicilian Tenors following a sell out concert at Carnegie Hall in New York City, are ready to bring the joy of all of our favorite Christmas Songs to you. Enjoy a delicious Luncheon that includes choice of entrees, salad, potato, vegetables, breads, dessert, coffee or tea. Trips are open to the Public. Comfortable motor coach transportation is included or it can be optional. For more information, please contact Dick Lisi at 508-410-1332 or at [lisirichard15@yahoo.com](mailto:lisirichard15@yahoo.com).

## ONGOING

**WOMEN'S BASKETBALL:** Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski

for trip details at [karenzaleski42@gmail.com](mailto:karenzaleski42@gmail.com) or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

**ALZHEIMER'S SUPPORT GROUP:** third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or [kawalker@overlook-mass.org](mailto:kawalker@overlook-mass.org) for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or [alz.org](http://alz.org).

**NUMISMATICS:** Looking for a new hobby? Come learn about the hobby of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or [lisirichard15@yahoo.com](mailto:lisirichard15@yahoo.com).

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at [www.hitchcockacademy.org](http://www.hitchcockacademy.org) or call 413-245-9977

**Grief Support Group:** at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

**THRIFTY:** Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

**NUMISMATICS:** Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

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# October is Breast Cancer Awareness Month

As a doctor who specializes in blood diseases and cancers, I care for many people with breast cancer. Although October is the official Breast Cancer Awareness Month, every day someone is either given the diagnosis of or is undergoing treatment for it. You may know someone. In the U.S., for women, it is the most common cancer and the second leading cause of cancer-related death.

Even though one out of every eight women is at risk in their lifetime of developing breast cancer, there are millions of breast cancer survivors in the U.S. This means over the past several decades, the rate of dying of breast cancer has declined significantly. This is fantastic news! It is due to a combination of public education efforts, better availability of early detection screening tests (mammogram, ultrasound and MRI) and improved treatments. All of these things save lives!

Have you had your mammogram yet?

A mammogram, combined with a monthly self-breast examination and a routine clinical breast examination, is the best way to screen for breast cancer. No one likes having a mammogram, but detecting breast cancer at an early stage

can have considerable benefits and improve outcomes. Because of screening tests, approximately 60 percent of breast cancers are found at an early and very curable stage. A mammogram is an easy and safe test.

Unfortunately, only approximately 50 percent of U.S. women get their mammograms done. The important first step is for you to talk with your doctor or health care provider to learn more about what you can do for yourself, for a family member, or for a friend. If you cannot afford a mammogram, there are resources that can help you.

#### Treatment Options

If a breast cancer or non-invasive breast disease is found, then surgery is often used to remove it, especially when it is small before you can even feel it (hence why mammograms are done, because they can see it). Depending upon the features and extent of the cancer, as well as the type of surgery done, other treatments may be offered to increase the likelihood of being cured, including: chemotherapy, biologic therapy (medicines that target specific features or growth mechanisms of cancer), radiation therapy or hormonal therapy. These treatments can be very effective, thanks to continued,



TELL ME DOCTOR

JEFFREY GORDON MD

exciting advances in cancer care. Most people are offered an individualized combination of these different treatment types. It is not a "one size fits all" approach.

If hormonal therapy is used to block estrogen from stimulating breast cancer or to decrease the body's production of estrogen, then such treatment can decrease significantly the risk of a breast cancer and non-invasive disease developing, not just in the breast in which the cancer was found, but also in the other (unaffected) breast. This is an additional benefit of this type of therapy. Furthermore, some women are offered hormonal therapy as primary prevention of breast cancer, not because they have been diagnosed with it, but because an assessment indicates they have an elevated risk of developing breast cancer.

In situations where the cancer has spread to other areas

of the body (called advanced stage disease), a renaissance in treatment has been ongoing such that an array of chemotherapy, hormonal, and biologic drugs is now the standard of care. With such progress, people with advanced stages of breast cancer can enjoy better qualities of life for longer periods of time than ever before.

#### It's all Relative

A family history of breast cancer may increase your breast cancer risk. You cannot change your family history, but you can take control of your own future. In certain cases, genetic testing can be done to assess your risk, using only a simple sample of blood and a sit down chat to discuss what is involved with the testing and what the results mean. Common tests include the BRCA-1 and 2 genes, as well as others. Having an abnormal gene mutation can increase the risk of getting breast cancer and other cancers. Up to 10 percent of female breast cancers and up to 20 percent of male breast cancers are due to a gene mutation. If an abnormal gene is found, then a lot can be done to decrease the inherent breast cancer risk and to be super-vigilant with screening.

Preventive Measures There is much that can be

done to screen for, diagnosis and treat breast cancer; to provide cancer survivorship care; to care for people affected by breast cancer; and to assess the risks of developing breast cancer.

According to the American Cancer Society, every woman beginning at age 40 should be given the choice of getting annual mammograms. This may start at an earlier age based upon family history or other risks factors. Additional types of screening may be used, if needed, such as ultrasound and MRI.

Healthy living is always a good thing, such as remaining physically active, eating right, maintaining a good weight, and limiting the use of alcohol.

So, remember, October may be the official breast cancer awareness month, but any day is a good day to do something to help yourself live healthier and longer. For more information, you can contact me The Cancer Center at Harrington at 508-764-2400.

*Dr. Jeffrey A. Gordon is board certified in hematology and medical oncology. He works at The Cancer Center at Harrington in Southbridge, and is a past president of the Connecticut State Medical Society.*

## Tilt-A-Whirl (Pt. 1)

In that great time, the Chenango County Fair arrived in late August and turned the empty fair grounds at the edge of town into a bustling tent city. The 4H excitement alone seemed to power the bright lights and erector set Ferris wheels; I knew classmates who had spent hours currying livestock and nurturing vegetables and helping mothers fill Ball jars with jams and jellies whose secret ingredients would land the vaunted Blue Ribbon this time, if only Charlene didn't add the pectin too soon, so that damn Smith girl couldn't sashay around for another year with the Blue Ribbon reflected on her smug face. Everyone knew that mom's jelly was better, and the deciding judge the year before a distant cousin of the Smiths.

Really!

All of this was new to me, a recent arrival from the DC area. I listened carefully as Joe and Dolan schooled me on the challenge of clandestine entry, the spot where a fence climb could evade the exorbitant dollar entry fee. There were midway rides, games of skill and chance, and the wonders of the food concession stands: the Italian sausage smothered in onions, pizza slices, caramel candy...all enhanced with the pink clouds of cotton candy that would float sweetly through the noisy crowd. Food seemed to take precedence in all discussions. We were always hungry in those days. Only later



IN THAT GREAT TIME PATRICK MOON

as the opening date approached did we address the unspoken attraction: girls who would arrive in small groups, and the vague fantasy of some unbidden desire answered in the empty grand-

stand that surrounded the horse track.

But there was another attraction that caught our adolescent interest: Joey Chitwood, the daredevil driver, would be jumping cars and barriers. In previous years he had circled the entire race-track on two wheels, the car underside all that you could see from the stands across the infield. Oohs Ahs and cheering. How did he do it? This seemed like a useful skill worth study.

Money was scarce and all of us began early to collect bottles, and barter for chores, and fantasize about methods of earning fast cash. Dolan had two methods...he had a paper route that earned a mostly steady income, and his new semi-automatic .22 allowed him to hire out to dairy farmers and shoot woodchucks for a fee. He explained that the woodchuck holes could snap a cow's leg...and each cow was worth thousands. Farmers were happy to pay a few bucks per woodchuck.

Dolan invited Joe and I on a woodchuck hunt. At the edge of a pasture, he showed us the many holes of woodchuck city. We followed him along the

foliage and sat down as he took up his position, lying on the ground in the prone position, scanning the new pasture. With his rifle cradled, he was an impressive sight. After a few minutes of silence, he pointed at a shadow 40 yards away. He began a slow crawl, looking like a Marine sniper. We were so quiet that I could hear the cars on Route 12 miles away. The minutes ticked by. When would he shoot?

In a smooth movement, Dolan rose to his knees. The rifle met his shoulder and instantly the crack crack crack of the semi-automatic rang out. He stood up slowly and began to walk forward. I had new respect for Dolan. The 15-minute crawl, the smooth transition to lethal hunter, the slow rise and saunter forward...all so...manly. Then he turned around and headed back to us.

"It was a rock."

Joe and I would never let Dolan forget the Great Hunt, the day he snuck up on a rock and butchered it in broad daylight.

On the first day of the Fair, we scurried up the fence where a tree hid our skullduggery, and entered the Promised Land. The barkers, the lights, the cacophony of sound, and the milling crowds were all new to me. Then I discovered candy apples: sweet health food! Mike cautioned that our money had to last a week...the girls from our class were coming on Thursday. It was good advice.

## A primer on stress... and how to reduce it

The holidays are around the corner and along with the merriment and hustle and bustle of the season often come stress. Thankfully there are easy strategies you can employ to tamp down the tension in the months ahead. Read on for a variety of natural ways to halt high anxiety and hike your happiness quota this time of year!

Note: Consult with your health care professional before taking any herbs, as they could have dangerous side effects.

Massage therapy: Did you know when you are anxious, your body produces an abundance of cortisol, a stress hormone? Massage has been proven to lowers cortisol levels. In addition, it relieves muscle tension caused by anxiety. In fact, according to a research study by the Touch Research Institute, experiencing a 15 minute massage for just twice a week can lower both anxiety and depression levels.

Carbs are calming: Complex carbohydrates such as fruits, vegetables, whole grains and starchy foods increase the amount of serotonin in your brain, a powerful neurotransmitter that boosts your mood, calms you down and is beneficial in reducing overall feelings of anxiety/depression related disorders. Studies also show pasta, which is rich in complex carbohydrates can help relieve anxiety and help fight depression.

Meditation mode: Meditation can be a powerful weapon in the fight against stress, and can work to ward off a panic attacks. Meditation and proper breathing can helps slow the heart rate and

calm nerves. In fact, medical studies reveal meditation may also ease anxiety for those who not only suffer from anxiety disorders, but for those who have obsessive-compulsive disorder (OCD) as well.

A quick calming trick is to close your eyes and breathe slowly and deeply, focusing on the breaths.

Writer Carol Krucoff of the Seattle Times offered this advice on breathing to relieve stress and panic: "Slow, deep breathing is a powerful anti-stress technique. When you bring air down into the lower portion of the lungs, where the oxygen exchange is most efficient, heart rate slows, blood pressure decreases, muscles relax, anxiety eases and the mind calms."

Chew away stress: Can chewing gum reduce stress? According to a NASA research it can! In a NASA-funded study, scientists from Wheeling Jesuit University monitored the responses of 25 college students during simulated driving scenarios. The volunteers reported that peppermint lowered their feelings of fatigue or anxiety by 20%. Peppermint and cinnamon each decreased frustration by 25%, increased alertness by 30%, and made the ride seem 30% shorter. Don't like candy or gum? Buy peppermint or cinnamon air fresheners or car diffusers for the same effect.

Paint RX for panic: The color yellow is not only bright, it's a mood booster too! Just be aware yellow a little goes

➔ News Tip?

Story Idea? ←

➔ Reason to Celebrate? ←

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**TRAINOR**

continued from page A16

a long way, and too much bright yellow can over stimulate the nervous system. Or try painting your walls orange, or at least a workable shade of orange, such as peach or terra cotta. Orange is the top mood booster and can dispel anxiety, according to experts. Painting a room a light green is therapeutic for tired, stressed nerves. And studies show bubble gum pink and cool blue are proven stress relievers.

**Herbal Help:**  
Ylang ylang: ylang ylang has been touted as an anti panic treatment. When ylang ylang essential oil is added to a warm bath, feelings of depression

can literally be washed away!  
Lemon balm: lemon balm is a relaxing herb that reduces restlessness, anxiety and irritability. It is also used to treat anxiety that causes digestive problems.  
Note: Do not use if you have thyroid problems.  
Passionflower: passionflower is an effective depressant of the central nervous system which translates into a relaxing anti-anxiety effect. It not only helps general anxiety, but is especially touted as a remedy for nightmares and nocturnal anxiety.  
Note: Those taking a MAO inhibitor should not take passionflower.  
Skullcap: An herb with fewer side effects, skullcap helps calm the "worrier" who has racing thoughts and constant fret. This herb is useful for

**MAPPLEBECK**

continued from page A10

ratios is not a bad idea. The MNA's thought process of vote it in now and fix it later is not responsible. It is reckless. This should be evaluated and voted on at the state legislature level not at the ballot box. This law as written is vague and poorly thought out. An MNA member stated "vote it in now and fix it later". That is not how to responsibly get things done. This is not a practical approach.

There are impending consequences to a "yes" result. If this is voted in and you are on the short end of the stick waiting for care keep in mind, once it becomes law you can't take it away. Please consider voting "NO" on one. I have "held the wall" at UMASS and Bay State Medical Center as a paramedic. I have been that paramedic you see in

the commercial even in the absence of this law. I am now a Registered Nurse in the ER and work with the bottleneck of patients everyday. Don't tie my hands with the number of patients I can care for at a given time. One of those patient's may be you or your loved one. You may just have to sit... and wait... "but there is an open bed, why can't I go there"... "Sorry, I am at my limit". How upset would that make you? It just may become the new norm and definitely the new reality. **VOTE NO ON ONE. SUPPORT MY RIGHT AS A NURSE TO TAKE CARE OF MY PATIENTS.**

Thank you for the time you spent to read this.

BEST REGARDS,  
THOMAS H. MAPPLEBECK  
REGISTERED NURSE,  
NATIONAL REGISTRY EMERGENCY  
MEDICAL TECHNICIAN-PARAMEDIC

all types of anxiety but has also been hailed as an aid for stress caused by hormonal imbalances in women.  
German Chamomile: A common garden herb, chamomile is a muscle relaxer that has mild sedating properties. Chamomile tea has long been used to relieve stress and promote sleep. It is also used to treat anxiety in sufferers young and old.  
Note: Those who have allergies to ragweed, chrysanthemums or asters, should not use chamomile.  
Valerian: Valerian is one of the most popular anti-stress herbs. The herb contains valepotriates, which work to calm anxiety, much the way the drug Valium does, but without the addictive qualities.  
Note: You should not take valerian if you have thyroid problems, adrenal fatigue, chronic exhaustion or depression.

Did you know?  
Calcium, magnesium, and B vitamins are hailed for relieving anxiety symptoms.

Fresh peaches contain a natural sedative that aids in reducing stress and anxiety.

Keeping your body in balance by eating a well rounded diet and taking a daily multivitamin helps ward off stress.

Laughter provides both a physical and emotional release. It relieves tension, stress, anxiety, anger and depression.

If you're trying to reduce stress, be sure to avoid extremely low fat diets because some fat is needed to fight

depression and anxiety.  
To keep stress at bay, avoid (or reduce) consumption of alcohol, sugar and caffeine.  
Just 20 minutes of relaxation or doing something you enjoy each day has shown to restore your mental health and lower overall anxiety level.

Aromatherapy can soothe frazzled nerves. Add some essential oils to a warm bath to induce calmness. Sandalwood, Lavender and Rose are a few "stress busting" scents to try.

**\*\***  
Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint! C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

**TANTASQUA**

continued from page 1

Briggs has tried to put on a wide variety of plays at the school and bring in something new for each production. She is excited for the students to present their oldest and most physical production.

"For the students, just doing Shakespeare is a whole new experience and a completely different world of theatre," she said. "This is the oldest play they've done and it's not so easy to act really well if you don't know what you're saying, so they're having to really

take ownership of it and really learn what their lines mean and look up words. It's also a much more physical show than what we've done in the past because there are a lot of fight scenes and some jumping around and dancing. For instance, we create an enchanted forest jungle gym and the fairies will be using exercise trampolines."

Despite the new challenges that the students are facing in this production, Briggs believes that there is something for everyone in Tantasqua's version of this world famous play.

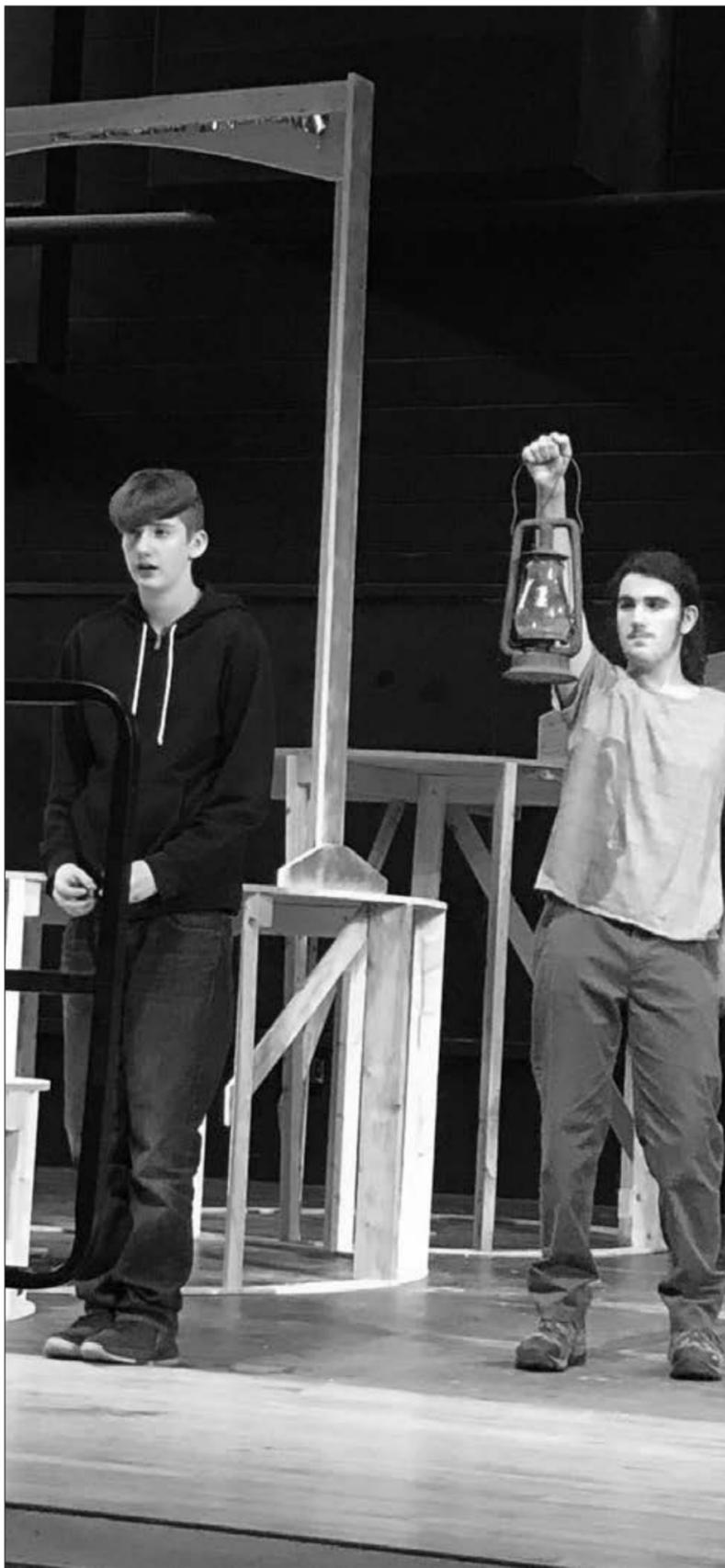
"Even though some people are turned off by Shakespeare,

I'm trying to bring a lot of entertainment value in a lot of different ways," she said. "There is really something for everyone. It's a comedy, so there are really funny parts. We have the trampolines, a fog machine, and songs and dancing. I tried to consider the whole production and throw in different elements that the audience would be excited about even if they get a little lost in the language."

Senior Benjamin Anderson and sophomore Mai Caslowitz both star in A Midsummer Night's Dream as two of the lead roles, Oberon and Hermia. Although they have both found this production to be challenging and demanding,

they are both excited to be in their first Shakespeare play. "I'm playing Oberon, who is the King of the Fairies," said Anderson. "It's kind of a big role because the whole play takes place because of my actions and mistakes. I didn't really have a role in mind when I auditioned, but I'm happy I got this role. I love acting, so it's really cool to be in a Shakespeare play because we've gone over it in different literature classes and I love everything about it."  
"I play Hermia, one of the four lovers who the story revolves around," said Caslowitz. "She comes across as very feminine and girlish, but she's actually very tough

underneath. This has really challenged me because I've done acting a lot but I've never done Shakespeare and I've never had a role that is so interactive with the other actors."  
The play includes set design and assembly by Andrew Morrison and Tim Seguin of Tantasqua's carpentry department and extra help with Victorian costume and make-up design from students Emma O'Coin and Rosie Fleming.  
A Midsummer Night's Dream will be presented at Tantasqua Regional High School on Nov. 2 at 7pm and Nov. 3 at 2pm and 7pm. Tickets are \$10 each for general admission and \$8 each for students and seniors.



Freshman James Cooper (Left) and sophomore Ben Wohlheuter (Right) are both in the play.

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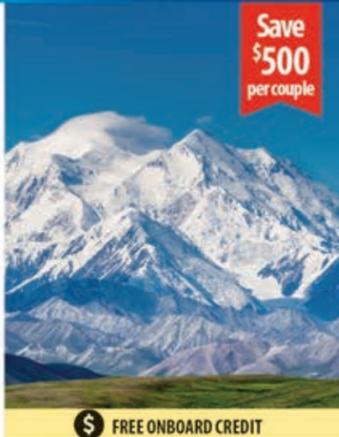
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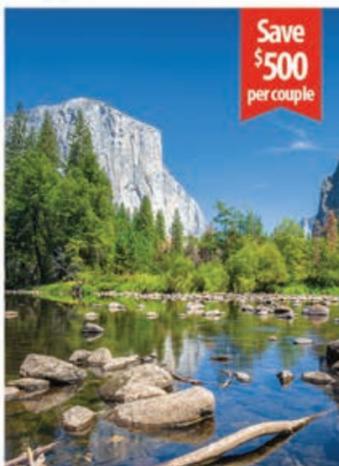
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## ENERGY FACILITIES SITING BOARD

### NOTICE OF ADJUDICATION NOTICE OF PUBLIC COMMENT HEARING

EFSB 18-04/D.P.U. 18-96

Northeast Energy Center LLC

Notice is hereby given that on August 31, 2018, pursuant to G.L. c. 164, § 69J and G.L. c. 40A, § 3, Northeast Energy Center LLC ("NEC" or the "Company") filed petitions with the Energy Facilities Siting Board ("Siting Board") and the Department of Public Utilities ("Department") in connection with the Company's proposal to construct a natural gas liquefaction, storage and truck-loading facility ("Facility") in the Town of Charlton, Massachusetts (the "Project"). NEC's preferred site for the Facility is at 249 Sturbridge Road (Route 20) in Charlton.

The Company proposes to take natural gas from an existing underground Tennessee Gas Pipeline Company, L.L.C. ("TGP") pipeline in Charlton, and transport the gas to the Facility via a new underground pipeline approximately 1.5-miles long. At the Facility, the natural gas would be cooled to a liquid state, stored as a liquid on-site, and then transported by truck to gas company customers such as National Grid. The liquefaction system would be capable of producing approximately 250,000 gallons of liquefied natural gas ("LNG") per day. The Facility would include a set of ten 100,000-gallon LNG storage tanks, comprising one million gallons of storage capacity in total on-site. NEC states that the Facility would enable its gas company customers to maintain reliable and economic natural gas service.

The Company also filed a petition pursuant to G.L. c. 40A, § 3, for several individual zoning exemptions and a comprehensive exemption from the Town of Charlton Zoning Bylaw. NEC's two petitions have been consolidated into one proceeding and will be heard by the Siting Board. The docket number for this consolidated proceeding is EFSB 18-04/D.P.U. 18-96.

#### Opportunity for Public Comment

**The Siting Board will conduct a public comment hearing on the proposed Project:**

**Tuesday, November 13, 2018, at 7:00 p.m.  
Charlton Municipal Offices, Board of Selectmen Meeting Room  
37 Main Street, Charlton, MA 01507**

At the public comment hearing, the Company will present an overview of the proposed Project. Public officials and the public will then have an opportunity to ask questions and provide comments about the Project. The public comment hearing will be recorded by a court reporter.

**Written comments may be submitted at the public comment hearing or filed with the Siting Board through Friday, November 30, 2018.** Comments should be filed by email attachment to both email addresses below, and a hard copy filed with the Siting Board at the mailing address below:

**M. Kathryn Sedor, Esq., Presiding Officer  
MA Energy Facilities Siting Board/  
DPU  
One South Station  
Boston, MA 02110  
kathryn.sedor@mass.gov  
dpu.efiling@mass.gov**

#### Siting Board Jurisdiction

The Siting Board will review the Company's filing to determine whether the proposed Project will provide a reliable energy supply with a minimum impact on the environment at the lowest possible cost pursuant to G.L. c. 164, §§ 69H, 69J. Pursuant to G.L. c. 40A, § 3, the Siting Board will also consider whether the Project is "reasonably necessary for the convenience or welfare of the public" and whether the requested zoning exemptions are warranted.

#### Preferred Site for the Project

NEC has identified an 11.6-acre site within a 220-acre parcel located at 249 Sturbridge Road (Route 20) in Charlton as its preferred site for the Project. The Project would also include a new 1.5-mile interconnecting pipeline crossing three other parcels to the south of the primary parcel in order to connect to existing TGP facilities via a new meter station. The LNG provided by the Project would be transported by truck from the Facility, using a new driveway which adjoins Route 20.

#### Alternative Site for the Project

NEC has also identified an alternative site for the Facility adjacent to the existing Millennium Power electric generating plant, located at 10 Sherwood Lane in Charlton. As with the preferred site, the Facility on the alternative site would be connected to a TGP natural gas pipeline. If constructed on the alternative site, the Facility would be capable of supplying LNG directly to the Millennium Power plant as well as supplying LNG to its gas company customers by truck.

#### Public Review of the Company's Petition

The general location, layout, dimensions and configuration of the Project are shown on maps and plans included in the Company's petitions. Copies of the Company's petitions and attachments are available for public inspection at the Energy Facilities Siting Board, One South Station, Boston, MA 02110, and at the office of the Company's counsel at Pierce Atwood LLP, 100 Summer Street, Boston, MA 02110. Copies are also available at the following locations:

- Charlton Public Library, 40 Main Street, Charlton, MA 01507
- Joshua Hyde Public Library, 306 Main Street, Sturbridge, MA 01566
- Jacob Edwards Library, 236 Main Street, Southbridge, MA 01550

In addition, the Company's Petitions, including all attachments, are electronically available via the Department of Public Utilities' website at: <https://eeaonline.eea.state.ma.us/DPU/Room/dockets/bynumber>. Enter "EFSB18-04" (with no spaces) into the search box. To request materials in accessible formats for people with disabilities (Braille, large print, electronic files, or audio format) contact the Department's ADA coordinator at [DPU/ADACoordinator@mass.gov](mailto:ADACoordinator@mass.gov) or (617) 305-3500.

#### Intervention and Participation

Persons or groups who wish to be involved in the Siting Board proceeding beyond providing comments at the public comment hearing may seek either to intervene as a party or to participate as a limited participant. Intervention as a party allows the person or organization to participate in the evidentiary phase of this proceeding, including evidentiary hearings in Boston, and grants the right to appeal a final decision. A limited participant may receive many of the documents that will be submitted to the Siting Board and present written or oral argument to the Siting Board after evidentiary hearings conclude. Any person interested in intervening as a party or participating as a limited participant in this proceeding must file a written petition with the Presiding Officer. Petitions must satisfy the timing and substantive requirements of 980 CMR 1.05, the Siting Board's procedural rules, which can be found on the Board's website at: <https://www.mass.gov/how-to/file-a-petition-to-intervene-in-an-efsb-or-dpu-siting-case>.

A petition to intervene or participate as a limited participant must be filed in three places.

**First**, the petition must be filed in hard copy with the Presiding Officer, M. Kathryn Sedor, Esq., Energy Facilities Siting Board, One South Station, Boston, Massachusetts, 02110, **no later than the close of business (5:00 p.m.) on Friday, November 30, 2018.**

**Second**, the petition must be filed with the Siting Board in electronic format by e-mail attachment to [dpu.efiling@mass.gov](mailto:dpu.efiling@mass.gov). The text of the email must specify: (1) the docket number of the proceeding (EFSB 18-04/D.P.U. 18-96); (2) the name of the person or entity submitting the filing; and (3) a brief description of the document. The electronic filing should also include the name, title and telephone number of a person to contact in the event of questions about the filing. Furthermore, an electronic copy of the petition must be sent to the Presiding Officer at [kathryn.sedor@mass.gov](mailto:kathryn.sedor@mass.gov).

**Third**, the petition must be sent in electronic format by e-mail attachment to counsel for NEC, James M. Avery, Esq., Pierce Atwood LLP, 100 Summer Street, Boston, MA 02110; or [javery@pierceatwood.com](mailto:javery@pierceatwood.com).

Reasonable accommodations for people with disabilities are available upon request. Include a description of the accommodation you will need, including as much detail as you can. Also include a way we can contact you if we need more information. Please provide as much advance notice as possible. Last minute requests will be accepted, but may not be able to be accommodated. Contact the Department's ADA coordinator at [DPUADACoordinator@mass.gov](mailto:DPUADACoordinator@mass.gov) or (617) 305-3642.

Interpretation services for those with limited English language proficiency are available upon request. Include in your request the language required, and a way to contact you if we need more information. Please provide as much advance notice as possible. Last minute requests will be accepted, but may not be able to be accommodated. Contact the Presiding Officer (contact information below).

Any person desiring further information regarding this Notice, including information about intervention or participation in the adjudicatory proceeding, may contact the Presiding Officer at the address, telephone number, or email below:

M. Kathryn Sedor, Esq.,  
Presiding Officer  
Energy Facilities Siting Board  
/DPU  
One South Station  
Boston, MA 02110  
(617) 305-3525 or  
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Application form with CORI form found here: <http://www.tantasqua.org/superintendent/docs/subapplic.pdf>  
CORI form must be submitted. Notarized copy of driver's license required if mailed – notary not required if applying in person with appropriate identification.  
Tantasqua/Union 61 School Districts are committed to maintaining a work and learning environment free from discrimination on the basis of race, color, religion, national origin, pregnancy, gender identity, sexual orientation, marital/civil union status, ancestry, place of birth, age, citizenship status, veteran status, political affiliation, genetic information or disability, as defined and required by state and federal laws. Additionally, we prohibit retaliation against individuals who oppose such discrimination and harassment or who participate in an equal opportunity investigation.  
**POSTED: 10-04-2018** **APPLICATION DEADLINE: Until Filled**



### NOTICE OF VACANCY Bus Drivers – Spare/Substitute TANTASQUA REGIONAL/UNION 61 SCHOOL DISTRICTS SCHOOL YEAR: 2018-2019 ANTICIPATED START DATE: Immediately RATE: \$18 per hour

Qualifications:

- CDL license preferred or will train
- Appointment is contingent upon approved CORI and Fingerprinting

Submit letter of interest, resume, and letters of reference through [schoolspring.com](http://schoolspring.com) or electronically to:  
**Wendy McRoy, Transportation Coordinator  
Tantasqua Regional/School Union 61 Districts  
320A Brookfield Rd.  
Fiskdale, MA 01518  
mcroyw@tantasqua.org**  
Applications accepted through [schoolspring.com](http://schoolspring.com):  
<https://www.schoolspring.com/job.cfm?jid=3007844>  
**POSTED: 10-04-2018** **Deadline for applications: Open until filled**

## Who will YOU BUY your next CAR from?

**Meet: Felix –**  
I am 35 yrs. old and originally from Chicopee, MA. I am of Spanish (Spain) and Puerto Rican decent and am very fluent in both Spanish and English. I have two beautiful little boys, Nathaniel 12yrs. and Noah 3 yrs.  
I have been in the business for 2 months all here with **Midstate Auto Group**. To be honest, I really love it here. I really enjoy interacting with people. The fact that I get to be a part of such a momentous event in their lives is touching. For most people, buying a home and a vehicle are the two **biggest purchases of their lives**. I hold that close to my heart. Some people come in with **very poor credit** and have been through a multitude of traumatic experiences in life and are just **looking for another chance**. Here at Midstate we give them that chance. OUR team gets them approved and driving away, for a fresh start in their new car. Tears of joy are always flowing here at Midstate Auto Group. Anyone can make someone cry by being mean or rude but to make someone cry because they are so happy, **getting the help they need** to positively impact their life and doing the right thing is truly a beautiful experience. It does as I wrote before truly warm my heart to be a part of that. I do my absolute best day in and day out to help people make the most informed decision purchasing their new vehicle.  
Before being a salesman, I was in the nightlife industry for about 16-17 yrs. I have dealt with all walks of life and I truly enjoy face-to-face interaction with people. Shaking someone's hand and asking how they are while seeing a smile on their face be-

cause they can see you are genuine, makes my day every single time.  
Here at Midstate we are a **BIG FAMILY!** We all work together to make sure we operate like one big team. We utilize all of our resources to make sure every customer gets the best deal possible. It's all about the service! Not only do we want you to leave with a new vehicle, but we want you to leave with a smile and know that Midstate has your back. We have a full-service shop here for all your repair needs no matter how big or small they are. We have an alignment machine, we do MA state inspections and we are a part of the **DRIVE PROGRAM** which means we can do registration and issue or transfer your plates when you purchase a vehicle here and we do your MA state inspection for free when you purchase your vehicle here. We give you a 90 day 3,000 mile warranty. It's a one stop shop! **No one in the industry is providing the level of service we do here at Midstate Auto Group.** From the warm welcome to driving your car home with the new car scent, Midstate has you covered.  
A salesperson should be well informed, attentive to the customer's needs, responsible, diligent, proactive, and above all **HONEST!** Too many dealers are pushing vehicles on customers. Here at Midstate we listen to our customers' needs and get them into the vehicle they want. I feel a customer's needs should come above all else. To my spanish speaking community, **SE HABLA ESPANOL!** Estamos aqui para todo sus necesidades de vehiculos desde la compra hasta la reparacion.



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## Listings Always Needed - We're Always Busy Selling!!!



**DUDLEY** - 5 Corbin Road! Welcome Home! Beautiful Tri-Level Home Set on 4.5 Acres! 9 Finished Rooms, 3-4 Bedrooms, 2 Full Baths! Huge, Oak Cabinet Packed Kitchen w/Gorgeous Granite & Pella Slider to Enormous Trex Deck & In-ground, Heated Pool! Dining Room w/Bay Window, Hardwoods, Wainscot & Crown Molding w/French Doors Leading to the Sunroom which has Heat & AC where You Can Enjoy Your Morning Coffee Watching the Wildlife Around Your Pond or Take a Walk Across the Bridge to Check on Your Blueberry Bushes! Fireplace Living Room w/Large Bow Front Window, Custom Built-ins & Hardwoods! 3 Large Bedrooms w/Lots of Closet Space! Office! Could Be Easily Made into 4th Bdrm! Master has Private Bakery Over Looking the Pool! Master Bath has W/D Hookups, Double Vanity & Walk-in Closet! Finished Walk-Out Lower Level Would Make a Great Game Room! 2 Car Garage which Leads to Rest of Basement which Houses the Utilities, another W/D Hook-up and Storage (Garage)! Too Many Updates to List Here! A Must See House! **\$459,900.00**

**DUDLEY** - 34 West Main St! 10 Rm, 3222' Antique Colonial! 87 Acre! Grand Entry Foyer! Fp'd Formal Liv Rm & Fp'd Library/Fam Rm w/Hrds! Formal Din Rm w/Hrds & Tall Bay Window! Appliance Eat-in Kit w/Flr & Walk-in Pantry! 1st Flr Laundry! 1/2 Bath w/Dressing Rm! Grand Stairway to 2nd Flr! Spacious Fp'd Master Bdrm w/Hrds, Walk-in Closet & Full Bath! 2 Additional Bdrms w/Built-ins & Hrds! Flrs, 1 Bdrm w/Access to Additional Full Bath! "Maids Quarters" w/Spacious Bdrm w/Hrds! Full Bath & Separate Stairway Access! 4 Bdrms, 3.5 Baths, 4 Fp'ds! Lower Level Finished Fam Rm w/Fp'd & Abundant Shelving & Storage! 2 Car Detached Garage w/Hall Lot! Fenced Yard w/Circular Driveway! Commercial Zoned! **\$695,000.00**

**OXFORD** - 247 Main St! 10 Rm BUSINESS ZONED 2 Family! 4 1/2 Bdrms! Well Maintained! 4 Rms on First w/2 1/2 Bath! Perfect Office Location! 2nd Flr 3 Bdrm Apartment w/ Eat-in Kit, Dining Area, Liv Rm w/Hrds & Sun Rm! Full Bath! Oil Heat, New Furnace! Full Basement! Ample Parking! Handicap Ramp! 2 Car Detached Garage! **\$349,900.00**

**WEBSTER** - 24 Oakwood Dr! Custom 9 Rm Colonial! Spacious Center Isl Granite Kit w/Cherry Cabs! SS Appliances! Slider to Trex Deck! Din Rm w/Hrds! Den! Fp'd Liv Rm! 1/2 Bath! 2nd Level Master w/Full Bath w/Jacuzzi & Walk-in Shower! 4 Bdrms! Total! 2nd Full Tile Bath! C/Air! 23 Heat! Loft Office! **\$419,900.00**

**WEBSTER** - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-in Kit! Spacious Liv Rm w/Hrds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Drop Lights! Vinyl Siding! Replacement Windows! **\$249,900.00**

**WEBSTER** - 24 Emerald Ave! 2 Family! 5.5 Rms! 2,800 sq/ft! Each w/Dine-in Kit w/Pantry, Fam Rm, Liv Rm, 2 1/2 Bdrms! Washer/Dryer Hookups! Hrwd Flrs! 2 Car Detached Garage! Insulated Windows! Newer Furnaces! Incredible Flat Yard! Lead Certificates! Well Maintained! **\$239,900.00**

**THOMPSON** - Quaddick Lake! 52 Beautiful Sunsets! Western Exposure - Beautiful Sunsets! Huge Level Lot! Lawn to the Water - .88 Acres! Open Floor Plan! 4.5 Room Ranch! 2 Bdrms! 1.5 Baths! Appliance & Furnished! Ideal 2nd Home or Yr Round! LP Gas Heat & HW! Generator! **\$229,900.00**

**WEBSTER** - 52 Whitcomb St! Attention Investors! Owner Liquidating! 5 Family! 54/44 Rooms! 2/2/2/2 Bedrooms! Completely Renovated! All Units Are Very Well Maintained! Furnace Was Rebuilt! Updated Electrical & Plumbing! Off Street Parking! Walk to Schools & Shopping! **\$325,000.00**

**WEBSTER** - 5 Chestnut St! 6 Rm Ranch, 3 Bdrms, Remodeled Bath, Finished Lower Level! Corner Lot! Fp'd Liv Rm w/Cathedral, Hrwd Flr, French Drs to 16x24 Deck! Din Rm w/Hrds! Remodeled Kit w/Cherry Cabinets & SS Appliances! Solar Hot Water! 1 Yr Old Roof! AG Pool! Shed! **\$269,900.00**

**AUBURN** - 9 Lorna Dr! 2680' Split Entry! Appliance Oak Eat-in Isl Kit w/Corian Counters! Spacious Liv Rm w/Hrds! Sun Rm w/Cathedral to Trex Deck! 3 Bdrms w/Hrds! Fp'd Fam Rm! 2 Full Baths! 4th Bdrm/Office! Laundry! C/Air & Vac! Professionally Landscaped, 46 Acre Lot! 2 Car Garage! **\$389,900.00**

**WEBSTER** - 9-11 Lyndale Ave! 8 Rm Colonial w/Greenhouses! Eat-in Kitchen! Formal Dining Rm Open to Living Rm w/Wood Floors! Full Bath! Den w/Built-ins! 4 Large Bedrooms on 2nd Floor! Nice Level Lot! Walking Distance to Center of Webster! Town Services! Rte. 395 Near! Walk to Schools & Churches! **\$104,900.00**

**DUDLEY** - 13 Pineview Rd! 7 Rm Colonial! Tiled Foyer! Kit w/Din Area & Slider to Composite Deck! Din Rm! Liv Rm! Den! 1/2 Bath w/Laundry! 2nd Flr w/Carpeted Bdrms & Full Hall Bath! Master Walk-in Closet & Bath! Finished Lower Level w/Gas Fp'd! Patio! Fire Pit! Roof! 1st! Attached 2 Car Garage! Town Services! **\$359,900.00**

**DUDLEY** - 9 Page Ln! Newly Renovated 6 Rm, 3 Bdrms, 2.5 Bath! 1 Acre! Lot! Cal-de-sac Hrds! Throughout! Open Liv Rm, Kit & Din Area! SS Appliance Granite Kit w/Slr! Slider to Composite Deck! 1st Flr Master w/Walk-in Closet & Master Bath! 2nd Flr w/2 Large Bdrms & Full Bath! Garage Under! **\$309,900.00**

**SUTTON** - 30 Jones Rd! Expandable 9 Rm, 2.156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kit! Din, Liv & Fp'd Fam Rms w/Hrds! Yr Rd Sunroom w/Skylights! 3 Bdrms! 2 1/2 Master w/Bath! 2.5 Baths! Total! 12x24 3 Season Porch! Wraparound Deck! 2 Car Garage! A/C! **\$464,900.00**

**THOMPSON** - 854 Thompson Rd! 9 Rm Split! Beautiful 63 Acre Lot! Appliance Granite Kit! Dining & Fp'd Liv Rm w/Hrds! 17x18 Cathedral Ceiling Great Rm w/Tile Flr! 3/4 Bdrms, 3 w/Hrds! Fp'd Fam Rm! 1.5 Baths! 2 Car Garage! Recent Furnace! 18x24 Deck! Shed! **\$269,900.00**

**WEBSTER LAKE** - 54 West Pt Rd! North Pond - Killdeer Isl - West Expo - Beautiful Lake Views & Sunsets! 2002 Built 6+ Rm Colonial! Ideal 2nd Home or Yr Rd Living! Appliance Kit w/Center Isl! Lake Facing Din Rm w/Panoramic Water Views & Recent Wood Flr! Lake Facing Liv Rm w/LP Gas Fp'd, Recent Wood Flr & French Door to Deck! 1st Flr Laundry & Hall Bath! 2nd Flr w/3 Spacious Bdrms! Lake Facing Master Suite w/Panoramic Lake Views, Fp'd, French Dr to its Deck, Dressing/Office Area & Full Bath w/Whirlpool Tub! 2nd Full Bath off the Hall! Huge Lake Facing Walk-out Lower Level w/Gas Stove & Slider to Stone Patio is Ready for "Finishing"! Additional Lakeside Deck! **\$559,900.00**

**WEBSTER LAKE** - 60 Bates Pond Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Appliance Granite Kit! Din Rm w/Hrds & Slider to Waterfront Deck w/Awning! Lake Facing Fp'd Liv Rm w/Cathedral, Skylight & Hrds! Comfortable Master Bdrm! Fp'd Lower Level Fam Rm! 2 Car Garage! **\$729,900.00**

**WEBSTER LAKE** - 209 Beacon Park! - 1280' Townhouse! 5 Rooms! Spectacular Sandy Beach! Fantastic Lakeside Pool! Appliance Kitchen! Carpeted Dining Rm & Fireplace Living Rooms! 2 Spacious Bedrooms! Master Bath! 2.5 Updated Tile Baths! Central Air! Garage! **\$239,000.00**

**WEBSTER LAKE** - 130 Killdeer Island - North Pond! West Expo - Beautiful Sunsets! 6 Rm 3 Season Home! Add Heat & Use Yr Round! Great Potential! 4 Bdrms w/Hrds, 2 Lake Facing! Fp'd Liv Rm w/Lake Views! Spacious Kit & Dining Area! 2 Baths! 55' of Sandy Beach! **\$475,000.00**

**WEBSTER LAKE** - 7 Point Pleasant Ave! Panoramic Lake Views! Eastern Expo! Super Sunsets! 9,000' Level Lot! 2,300' Custom Contemp Colonial! Built 2015! Live! New! Open Flr Plan! Custom Kit w/Island, Stainless Appliances, Gas Range, Soft Close Cabinets & Recessed Lights! Spectacular Lake Facing Great Rm, Stone Gas Fp'd, Surrounded by Custom Cabinetry, Recessed Lights & Ceiling Fan! Dining Area w/Custom Ceiling! Full Bath w/Custom Vanity & Custom Tile Shower! Laundry Rm! "Wood Look" Tile Floors throughout the First! 2nd Flr Features 3 Comfortable Bdrms w/Being Access! Lake Facing Master w/Slider to Deck, Hrds, Recessed Lighting, Walk-in Closet & Bdrm Area! Lake Facing Bdrms w/Hrds, Dble Closet & Door to Deck! 3rd Bdrm w/Hrds & Dble Closet! Full Bath w/Dble Vanity & Tile Flr! C/Air! Gas Heat! 2x6/2 Story Detached Garage! Deck! Get Packing! **\$789,900.00**

**WEBSTER LAKE** - 194 Killdeer Island! North Pond Views! Sandy Shore! 6 Rm Cape! Open Liv Din Rm w/Newly Restored Fireplace! New Lake Facing Windows! 2 1st Flr Bdrms, 1 Lake Facing 3 Bdrms! 2 Updated Bathrooms! Huge Composite Deck w/Whirlpool Bath! Walk-out Lower Level to Courtyard! Garage Under! **\$569,000.00**

**WEBSTER LAKE** - 12 Kenneth Ave! South Pond! 5 Rm Ranch! 80' Waterfront! Completely Renovated! 10 Yrs Ago! Kraftmaid Cabinet Kit w/Island & Silenstone Counters! Bamboo Wood Flrs Throughout! Open Flr Plan! Composite Deck! Lake Facing Master! 2 Bath! Full Bath! Fam Rm! **\$399,900.00**

**WEBSTER LAKE** - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since 2002! Custom Center Island Appliance Granite Kitchen w/Walk-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bath! Open Flr Plan! Dining Rm w/Window Seat, 2 Closets & Hardwoods! 19X18 Lake Facing Living Rm w/Hardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master w/Cathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor, Huge Corner Shower w/Double Linen Closet! Full Hall Bath! Halfway Laundry Closet! Lake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! **\$649,900.00**

**WEBSTER LAKE** - 8 Reid Smith Cove Road! Panoramic Lake Views! West Expo! Super Sunsets! 9,688' Lot! Gently Sloping! 2,254' Custom Contemp Cape, Built 09 as 2nd Home, Like New! Open Flr Plan! Spectacular Lake Facing Great Rm w/Flr Ceiling, Recessed Lights, Sliders to Trex Deck, Stone Gas Fp'd, Surround Sound & Glistening Hrds! Granite Kit w/Island, SS Appliances, Soft Close Cabinets, Hrds & Recessed Lights! 1st Flr Master w/Tile Bath, Whirlpool Tub/Shower, Dble Sink & Linen Closet! Upstairs Sitting Area Overlooking Great Rm w/Lake Views! Hrwd Hall to 2 Bdrms w/Recessed Lights, Ceiling Fans & Dble Closets! Full Bath & Linen Closet! Lower Level Walkout Fam Rm w/Tile Flr, 10' Ceilings, Recessed Lights, Ceiling Fans, Stone Gas Fp'd, Surround Sound, Wet Bar & Slider! Full Bath w/Tile Flr! Utility Rm w/Laundry & Storage! Nice Decks! Get Packing! **\$724,900.00**

**WEBSTER LAKE** - 810 Beacon Park! 5 Rms, 1,100' Garden Unit! Fantastic Lake Views! 2 Bdrms! Master Bath! 2 Full Baths! Brand New Heat & AC Unit! Appliances! Din Rm w/Bay Window! Large Covered Patio & Manicured Courtyard! Garage! Lakeside Pool! Sandy Beach! Best Seat for July 4th Fireworks! **\$259,900.00**

**WEBSTER LAKE** - 104 Treasure Island! 1,874' Townhouse! Oak Cabinet Kit w/Breakfast Counter! Formal Din Rm! Fp'd Liv Rm! Screened Porch! 1st Flr Master w/Walk-in Closet & Bath! 2.5 Baths! 2nd Level w/2nd Master Bdrm & Bath! Recent C/Air! Attached Garage! 2 Boat Slips! Heated Pool! Sandy Beach! **\$324,900.00**

**WEBSTER LAKE** - 602 Treasure Isl! Townhouse! 5 Rms! 1,874' Hrwd Floors! Appliance Granite Kit! Open Flr Plan! 2 Bdrms! Master Bath w/Whirlpool Tub, Separate Shower & Bidet! 3 Baths! Fp'd Fam Rm! C/Air! Gas Heat! Trex Deck! Recent Windows/Dorms! Garage! 2 Boat Slips! Heated Pool, Sandy Beach! **\$334,900.00**

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 Licensed in MA, CT & RI

**WE WANT YOUR LISTINGS!**

**Featured Listing!**  
**WEBSTER LAKE - BEACON PARK #802**

WEBSTER LAKE at BEACON PARK! TOWNHOUSE overlooking the COURTYARD! 1,230 SF +/-, Open Concept Living/Dining FIREPLACE & PRIVATE DECK. Freshly painted rooms, updated appliances. Upper level has 2 SPACIOUS BRS including a MASTER SUITE w/ SKY-LIGHTED, PRIVATE BATH, 2nd BR w/lg walk-in closet, 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE! **\$264,900.**

**WEBSTER - 20 NORTH MAIN ST**

2 Family - Spacious 3 bedrooms each apartment. Hardwoods, pocket doors, 10ft ceilings, New gas furnaces! Partially finished 3rd floor. 1st floor handicapped accessible. 2 car garage. All town services **\$199,900**

<p><b>WEBSTER - 7 HICKORY LN</b></p> <p><b>NEW LISTING</b> Warm and Inviting, This Lovely Ranch Sits On A Beautifully Landscaped Yard Nestled in A Very Quiet, Wanting Neighborhood. This 3 Bedroom 1.5 Bath Home Has So Much To Offer! Fully Appliance Eat in Kitchen, Newly Carpeted Living Room and Three Cozy and Comfortable Bedrooms All On One Floor. Walk Down To The Lower Level To The Open And Spacious Family Room With Pellet Stove! <b>\$259,000</b></p>	<p><b>DUDLEY - 32 DUDLEY HILL RD</b></p> <p>Expanded Cape! 3 bedroom 1.5 bath located in beautiful Dudley! Town Water &amp; Sewer! A Little TLC will go far to making this your forever home. Extra large perennial packed park like yard is sure to help soothe and relax you <b>NEW PRICE \$199,900</b></p>	<p><b>THOMPSON, CT - 653 QUINEBAUG RD</b></p> <p>Fantastic Ranch - One Floor Living with 3 Bedrooms / Hardwoods, 2 Full Tile Baths! Eat-in Kitchen with Built-ins. Appliances Included. Fireplace Family Room with Hardwoods. Lots of Natural Light, Ceiling Fans, French Doors, First Floor Laundry, Screened in Porch - walks right out to your own private patio. New Roof in 2014. Spacious Flat Level Lot with Circular Driveway. Two separate 1 Car Garages. <b>\$279,900</b></p>	<p><b>THOMPSON, CT - 359 E. THOMPSON RD</b></p> <p>Very Interesting property, to a home owner or developer. <b>47 +/- Acres!</b> Home is a 1300 sq ft ranch with a barn. The home consists of 3 bedrooms, and 1-1/2 bath, basement, farmers porch and 1 car garage. Much of the land is cleared. This property has 300' +/- of road frontage on East Thompson Rd, and road frontage on the entire length of pavement on Roy Rd. Rectangular in shape greater than 1300' wide X over 1600' deep. Needs TLC! <b>\$300,000</b></p>
<p><b>THOMPSON, CT - 25 BONNETTE AVE</b></p> <p><b>New Price!</b> Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Garage! Eat in Kitchen, Fireplace living room with bow window! 3 bedrooms, enclosed heated sun room, central air, 10' cond. on .87 +/- acre! <b>\$265,000</b></p>	<p><b>PUTNAM, CT - 10 KNOLLWOOD LN</b></p> <p><b>Spacious Townhouse!</b> 2 Large Bedrooms w/ plenty of closet space, 1-1/2 Baths, Open Floor Plan, Appliance Packed Kitchen with Breakfast Bar &amp; Pantry Closet, Living Room with Sliders to Private Deck, Garage. Convenient Location, near Interstate 395! Seller to Pay 1 Yr Condo fees! <b>NEW PRICE \$129,900</b></p>	<p><b>LAND!</b>  <b>WEBSTER/DOUGLAS BUILDABLE LOTS</b>  <b>Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest \$132,900</b>  <b>Webster Lake - 16 Black Point Rd. Waterfront, Boat Access, Buildable w/Town Water &amp; Sewer. \$59,400</b>  <b>SORRY SOLD</b>  <b>Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water &amp; Sewer \$250,000</b>  <b>Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! \$99,900</b></p>	
<p><b>PUTNAM, CT - 310 WALNUT ST</b></p> <p><b>NEW PRICE!</b> Simply Move in &amp; Enjoy! Spacious 1,868 SF, 3-4 Bdr Ranch Home! Finished Lower Level &amp; 2 Car Garage Under! Park like 3 Acres +/- parcel w/250' of road frontage! Quality built &amp; meticulously maintained home! Custom counters, updated appliances, ceramic tiled floors, and Center Island w/ custom lighting and a ceiling pot rack. Formal Living room, bow window fireplace w/ gas insert. Fully heated 4 season sun room! Entertain your guests in the private 20x16 3 season room! Finished lower level cozy family room w/fp'd fireplace! Central air conditioning, wiring for a generator. 2 outbuildings! <b>\$269,900</b></p>	<p><b>WOODSTOCK, CT - QUASSET LAKE</b></p> <p><b>150 W. Quasset Rd.</b> - Extraordinary Waterfront Retreat on Quasset Lake! Unique, Tranquil, Quiet, Secluded! Private! Long curvy driveway! 5.5 acres of land! Pines, covered patios &amp; balconies, stone faced 3 car dirt garage w/heated studio, Cape Cod shower, winding gravel path to 265 +/- of shoreline! 5,000 sq ft hip roof 3 story Colonial! 2 story foyer! Externally impressive interior w/ classic fireplace! Open dining &amp; living rooms, 2 family rooms, 2nd floor private office suite, laundry/mudroom, exercise studio, LL kitchenette, sauna, 2 fireplaces &amp; more! Master BRs w/private full baths! <b>\$1,299,000</b></p>		

On The shores of Lake Chargoggagoggmanchauggagogggschaubunagungamaugg

<p><b>WEBSTER LAKE - 118 POINT BREEZE RD</b></p> <p>Excellent Opportunity to Finally Own Your Own Webster Lake Waterfront Property! Prime Location, 5,691 +/- SF Lot, 50' Rd &amp; Water Frontage at a Great Price! Contemporary Ranch offers 996 +/- SF of living area w/2 BRs &amp; full bath. Plus, convenient, indoor access to Walkout Lower Level w/ tremendous potential for additional living area. Main level features Open Flr Plan w/sliders to full front deck! Spectacular Western views across Middle Pond! Additional land &amp; shore frontage available. <b>\$345,000</b></p>	<p><b>WEBSTER LAKE - 54 KILLDEER RD</b></p> <p><b>KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/LOOKING FOR!</b> 2.45 +/- Acres! 345 +/- road front, 335,884 +/- depth, 275 +/- Lakefront! Mature landscape provides unprecedented privacy, &amp; a friendly level lot at water's edge - like very few waterfront properties! The possibilities for this property are only limited by your imagination. The 3700 SF +/- Mid-Century Modern Home is unique w/massive modern windows that invite your eyes to venture outside to spectacular 180 panoramic views across the lake to stunning Western sunsets and beautiful natural shoreline beyond! Relax &amp; Entertain in the tiled, stone fireplace family rm, wet bar w/sliders to an enormous outdoor patio! The house features a 36 +/- open concept combination living/dining area with a stone fireplace, an open stairway &amp; interior 2nd flr balcony w/access to 5 spacious BRs that overlook the open below. A 30x32 +/- det'd garage w/summer kitchen, 1/2 bath &amp; huge fireplace patio! Family owned gen prod for 60+ years! <b>\$1,495,000</b></p>	<p><b>WEBSTER LAKE - 93 BIRCH ISLAND RD</b></p> <p><b>SORRY, SOLD!</b></p> <p>New listing! 2 Family on Webster Lake middle pond waterfront! Rare Opportunity! Great for the investor or home owner looking for additional income. Views with a sandy shoreline! First floor has one bedroom - second floor is 2 bedrooms. Each unit has its own washer/dryer hook ups. Quick access to 1-395! Walkout basement &amp; storage area. Paver patio! Taxes \$4,624 yr. <b>\$412,900</b></p>
<p><b>WEBSTER LAKE - 22 LAURELWOOD DR</b></p> <p><b>SORRY, SOLD!</b></p> <p>1st Time Offered in Reid Smith Cove, Spectacular 3700 +/- SF, 13 Rm/4.5 Bath Lake Home. Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location, .68 Acres, 92' of Natural Shoreline, Prof. Landscaping, Multiple Decks, Lakeside Cabana, 3 Mstr BR Suites w/Elegant 1st Flr Mstr - all w/Private Baths, Finished Walkout LL w/Living &amp; Billiard Rms &amp; Summer Kitchen! Call Sharon at 508-954-7222 For More Information <b>\$1,150,000</b></p>		



# MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

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South Worcester County  
**\$141,810,780 SOLD**



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Thinking of selling? Call 1-800-552-7444  
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**FREE OPEN HOUSE LISTINGS**  
when you advertise in this section

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**Open House Directory**

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
<b>SUNDAY, OCTOBER 28</b>				
<b>DUDLEY</b>				
7 Dudley Oxford Rd	S	11-1	\$449,900	ReMax Advantage 1 / Jo-Ann Szymczak 774-230-5044
<b>SOUTHBRIDGE</b>				
237 Marcy St	S	1:30-3:30	\$179,900	Aucoin Ryan Realty 508-765-9155
<b>WEBSTER</b>				
43-45 Thompson Rd	M	10:30-12:30	\$234,900	ReMax Professional Associates / Patrick Sweeney 774-452-3578
28 Mechanic St	S	1-3	\$275,000	ReMax Professional Associates / Patrick Sweeney 774-452-3578

**Open House Sat, Oct. 27th, 10:30-12:30p**

**Open House Sat, Oct. 27th, 1-3p**

**RENT TO OWN**



**Two Family!!! Central Air, Commercially Zoned**  
43 - 45 Thompson Road, Webster, MA  
**\$234,900 RENT TO OWN!!!!**

**RENT TO OWN**



**Brand New Remodel!!!**  
28 Mechanic Street, Webster, MA  
**\$275,000 RENT TO OWN!!!!**

**FOR LEASE**



**Hard to Find Apartment!!!**  
2 Chase Ave Apt. 3, Dudley, MA  
**\$800.00 Monthly**  
Large 1 Bedroom, Coin-Op Onsite

**FOR LEASE**



**Large Industrial Rental!!!**  
2 Hawksley Drive, Oxford, MA  
**\$6 per SQFT**  
First Month Free!!!

**FOR LEASE RETAIL or OFFICE SPACE**

Beautiful water views with over 2400 SF of space available in a standalone brick building with a full kitchen & 3 bathrooms located on busy Rt. 16 in Uxbridge, MA

**PLEASE CONTACT**  
Capron Corp. at 508-278-9191

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Your Neighborhood Real Estate Experts

201 SOUTH STREET, SOUTHBRIDGE, MA  
508-765-9155  
FAX: 508-765-2698

**Brenda Ryan** Broker-Owner  
**Melissa Cournoyer** HRH  
**Mary Jo Demick**  
**Spiro Thomo**  
**Vivian Marro-Doros**  
**Robin Giguere**

**Debbie Thomo** **Joan Laeoste** **Chad Splaine** **Michelle Roy** **Stan Misiaszek** **Michelle Splaine** **Paula Aversa**

"We are part of Make Southbridge Home"

**NO MONEY DOWN PROGRAMS ARE AVAILABLE! BUY NOW AND BE IN FOR THE HOLIDAYS!**

**Open House Sun 1:30-3:30**  
**Southbridge, 237 Marcy St.**  
Adorable low maintenance Ranch with updated kitchen, new counters & floor. 5 spacious rooms with 2 bedrooms with large closets. Open Bright & Sunny floor plan. Cabinet packed kitchen. Newer stainless steel appliances. Steel beam construction. Open basement great for future finishing! Garage under. Walk to Town Amenities. **\$179,900**

**Southbridge:** BEAUTIFUL Meticulously Maintained Cape! 8 rooms 3 bedrooms 2 baths. Spacious light filled 1st floor family room w/gas stove and cathedral ceiling. FP Living room opens to dining area & recently remodeled kitchen. PERFECT FOR ENTERTAINING!! Truly great layout. MOVE IN CONDITION! Many updates have been done. **\$275,000.**

**Sturbridge:** Sought After Mobile Home in Sturbridge Retirement Community. 4 rooms 2 bedrooms 1 1/2 baths. Appliances stay. Private location due to being at the end of a dead end street. Move right in! Nice! Shed. Enclosed back porch looking into woods. **\$59,900 plus \$25,000 park share.**

**Southbridge:** Beautifully renovated Split Level Ranch on almost 1/2 acre lot! 6 rooms 3 bedrooms 2 baths. Living room has fireplace and picture window. Cabinet packed kitchen with new SS appliances, new counters with peninsula. Dining room has sliders to brand new deck. Lower Level has huge family room with pellet stove, full bath w/shower, laundry and 2 car garage. **\$249,900.**

**Dudley:** Charming Cape situated in quiet country setting! 8 rooms 3 bedrooms 2 baths. Front to back kitchen/dining area with brick fireplace. Three bedrooms up with full bath. First floor office/guest room with full bath. Level backyard! Two car garage. **\$234,900.**

**Southbridge:** TWO COMMERCIAL PROPERTIES right downtown with great visibility! Each has its own attributes. One has three storefronts and the other has two storefronts. One has three floors and parking in rear. Great cash flow! Call for details. **\$299,900 and \$319,900.**



**RE/MAX**

**Bell Park Realty**  
25 Providence St., Putnam, CT 06260

**Kimberly Tetreault**  
860-928-7991  
[KimberlyTetreault@remax.net](mailto:KimberlyTetreault@remax.net)



**REDUCED PRICE!** **EASTFORD**  
Charming 3 bedroom, bath and a half older-style New England home set in downtown Eastford, Connecticut - a central location close to local amenities! This home boasts first level laundry, a mudroom entryway, front porch to sit and enjoy the weather, updated kitchen, and more! Take advantage of the detached garage with workshop for room for hobbies. Still River located right in the back yard. Come see this beautifully-maintained and updated property, you won't want to miss it. **\$200,000** MLS# 170107444

**REDUCED PRICE!** **PUTNAM**  
Beautifully-maintained, single-owner 3 bedroom, 2 bath home in a desirable quiet neighborhood! Close to local amenities - shopping, dining, walking trails, and more. This large raised ranch features a bonus finished area on the first floor with a fireplace for additional living space. Come take advantage of this flat yard, perfect for gardening or other outdoor activities! Property also includes: detached garage, a lovely deck, and mature trees. You won't want to miss this one! **\$210,000.** MLS# 170095402

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# REAL ESTATE



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**ReMax Advantage 1**  
179 Shrewsbury St., Worcester MA 01604



## North Village Condominiums 116 North Street, Douglas MA



**Units Available  
First-Come  
First-Served  
For \$183,300!**

**This is an opportunity for 31 affordable duplex-style homes. These 31 homes will be sold at affordable prices to households with incomes at or below 80% of the area median income.**

All brand-new homes have three bedrooms, one and a half bathrooms, 1605 square feet, excluding basements and attached garages, and at least 2 parking spots. North Village Condominiums are situated within an ambient community on scenic North Street in Douglas, Massachusetts, encompassing the luxury of Blackstone Valley's serene country surroundings. The community of duplex style homes encompass a 20-acre parcel of manicured grounds abutting 40 acres of open space.

### CONTACT US TODAY!

The next affordable homes will be ready by the end of 2018!

Open weekdays by appointment  
or visit our Open House Saturdays & Sundays 11:00- 2:00.

Compass North Realty, Inc. ~ 774-280-1105

compassnorthrealty@yahoo.com  
www.northvillagecondominium.com

SALES PRICE : 3 Bedrooms: \$183,300

Condo Fees are \$125 / month

**Maximum Allowable Household Income**

1 Person Household: \$48,100	4 Person Household: \$68,650
2 Person Household: \$54,950	5 Person Household: \$74,150
3 Person Household: \$61,800	6 Person Household: \$79,650

Households cannot have more than \$75,000 in assets



**Dudley:** Nature Lovers Lot! Private backyard abutting conservation land, Eat-in kitchen with double pantry, updated baths, 3 bedrooms, and New Septic System

**NEW LISTING**  
348 Dudley Oxford Rd ~ \$320,000



**Dudley:** 2500 sq. ft. Cape, 1 hour to Boston, Hartford, Providence. 6.7 acres, 1/2 wooded and 1/2 cleared. 2-story barn with stalls, workshop and storage, 8 room, 4 bedrooms, 3.5 bath, cherry cabinet kitchen.

**OPEN HOUSE SUN 11-1**  
7 Dudley Oxford Rd ~ \$449,900



**Webster:** 4 Units, 2 bedrooms each unit, close to schools & shopping, updated electric, off street parking

28 Joyce St ~ \$279,000



**Webster:** Motivated Seller! 3 Bedroom, Garage, Sided, New Septic

87 Worcester Rd ~ \$179,900



**Webster:** Condo, 3 bedrooms, 2.5 bath, garage, upgraded cabinets/granite counter tops

25 Third St ~ \$238,500



**Dudley:** 1/2 Acre, 2-3 bedrooms, 1.5 bath, fireplace, 1st floor front-room, lower level play-room

50 Mason Rd ~ \$229,900



**Shrewsbury:** Master bedroom suite, 3-4 bedrooms, 1st floor family room, fireplace, 2 baths, Dead-end Street

14 Lebeaux Dr ~ \$404,900



**Southbridge:** 2.5 acres, 2 baths, 3-4 bedroom, hardwoods, family room, near hospital area

153 Highland St ~ \$274,900



**Webster:** 2400 sq. ft., 2.5 baths, 1st floor family room, 2 car garage, 1.1 acres, Easy Highway Access!

11 Blueberry Ln ~ \$329,900

**HOME BUYER  
COFFEE HOUR**  
November 10th Noon-1pm  
21 Schofield Ave, Dudley  
Seating is limited  
"0" DOWN  
PAYMENT PROGRAM



**Opportunity to learn about:**  
Low Down Payment  
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Stop Renting!  
Buy Now!  
Call Jo-Ann for a reservation  
508-943-7669  
774-230-5044



**Oxford:** LEASE PURCHASE OR POSSIBLE LEASE. Office space, garage with 2 bays, great business opportunity.

498 Main St. ~ Call Jo-Ann for details

**Sellers —  
Call an Experienced Team  
for a  
Free Market Analysis**

**Jo-Ann, Diane,  
Maria or Maureen**

# HERE & THERE → Local Events, Arts, and Entertainment Listings

**SATURDAY AND SUNDAY  
OCTOBER 27 AND 28**

**CASTLEBERRY FALL CRAFT FESTIVAL  
AT STURBRIDGE**

Sturbridge Host Hotel  
& Conference Center  
366 Main St., Sturbridge, MA  
Over 125 booths of Juried  
American-made arts, crafts, specialty foods and music.  
Adult admission: \$7.00

Under age 14: Free  
Rain or shine  
Hours: Sat. 10-5; Sun. 10-4  
For more information:  
www.castleberryfairs.com

**SATURDAY, OCTOBER 27**

**OUTDOOR FAMILY MOVIE NIGHT**  
6-8 p.m.  
**KAROL'S CORNER TAKE OUT**  
610 Pleasant St., Rochdale, MA

## TRICK OR TREAT

**WEDNESDAY, OCTOBER 31**

4-8 p.m.  
**TRICK OR TREAT**  
Raffles and contests  
**KAROL'S CORNER TAKE OUT**  
610 Pleasant St., Rochdale, MA

**SATURDAY, NOVEMBER 3**

10:00 a.m. - 3:00 p.m.  
**ALBANIAN KITCHEN AND  
BAZAAR**  
Bake table featuring traditional  
Albanian favorites.  
Albanian-style café with a  
variety  
of food items to dine in or take out.  
Theme baskets, this 'n' that table.



handmade jewelry, and illustrated children's books by Ruth Sanderson  
St. Nicholas Albanian Orthodox Church  
126 Morris St., Southbridge, MA

**FUNDRAISER FOR EDDIE  
GREENVILLE BAPTIST CHURCH**  
700 Pleasant St., Rochdale, MA  
8 a.m. - 3 p.m.

Indoor yard sale, bake sale, raffles, face painting, balloon animals for kids. Early birds. \$10 entrance fee. Proceeds to benefit Eddie Besse, a local 5-year-old with brittle bone disease in need of a van with a wheelchair lift.

**SATURDAY, DECEMBER 1**

**PICTURES WITH SANTA AT KLEM'S**  
10:00 a.m. - 3:00 p.m.  
Children and pets welcome!  
With a \$5.00 donation  
**KLEM'S**  
117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com



**ONGOING**

**MARIACHI BAND**  
First Thursday of the month  
5-8 p.m.  
**MEXICALI MEXICAN GRILL**  
Webster location  
41 Worcester Rd., Webster, MA  
508-461-5070



**Lets Hang Out  
Together!**

**ROADHOUSE BLUES JAM**  
Every Sunday, 3:00 - 7:00 p.m.  
**CADY'S TAVERN**  
2168 Putnam Pike, Chepachet, RI  
401-568-4102

**TRIVIA SATURDAY NIGHTS**  
7:00 p.m. register  
7:30 p.m. start up  
**HILLCREST COUNTRY CLUB**  
325 Pleasant St., Leicester, MA  
508-892-9822

**WISE GUYS TEAM TRIVIA**  
Every Tuesday, 8:00 - 10:00 p.m.  
**CADY'S TAVERN**  
2168 Putnam Pike (Rt. 44)  
Chepachet, RI  
401-568- 4102



**LIVE ENTERTAINMENT  
FRIDAY NIGHT  
HEXMARK TAVERN  
AT SALEM CROSS INN**  
260 West Main St., West  
Brookfield, MA  
508-867-2345  
www.salemcrossinn.com

**FRIDAY ACOUSTICS IN THE BAR  
AND SATURDAY ENTERTAINMENT  
EVERY OTHER SATURDAY**  
**308 LAKESIDE**  
308 East Main St.  
East Brookfield, MA  
774-449-8333





# Patio Door Special! Window Special!

Special ends on October 31<sup>st</sup>

**SAVE \$700**

on every patio door<sup>1</sup>

**SAVE \$325**

on every window<sup>1</sup>

WITH

**NO NO NO**  
Money Down Payments Interest  
**FOR 1 YEAR<sup>1</sup>**

Interest accrues from the purchase date but is waived if paid in full within 12 months. Minimum purchase of four.



- Our patio doors will continue to slide smoothly for years using Andersen's dual ball-bearing engineering
- Our 5-point locking system on our patio doors provides top-of-the-line security and peace of mind
- Our composite Fibrex® window material is twice as strong as vinyl so our weather-tight seals stay weather-tight
- We handle the entire process—from selling to installation to the warranty—on our windows and patio doors, so if you ever have an issue, you're covered

**We handle every part of the replacement process**

- ✓ **Sell**
- ✓ **Custom-Build**
- ✓ **Install**
- ✓ **Warrant**



“ I would highly recommend Renewal by Andersen. The installation was performed by friendly and professional installers. They arrived on time and answered all my questions. They did an outstanding job and cleaned up after themselves. They gave detailed instructions on operating the windows and made sure I was completely satisfied. ”  
– Mark A., Renewal by Andersen customer, Attleboro, MA



Call for your **FREE** Window and Patio Door Diagnosis  
**1-800-209-2746**

<sup>1</sup>DETAILS OF OFFER: Offer expires 10/31/2018. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and 12 months no money down, no payments, no interest when you purchase four (4) or more windows or patio doors between 9/1/2018 and 10/31/2018. Subject to credit approval. Interest is billed during the promotional period but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2018 Andersen Corporation. All rights reserved. ©2018 Lead Surge LLC. All rights reserved.

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**ARTICLES FOR SALE**

**010 FOR SALE**

**12' CONTRACTORS** Enclosed Trailer. \$2,400. Dewalt Laser & Stand \$275. 4 Adjustable Wall Brackets \$140. Ladder Racks For Truck \$125. Engine Stand \$50. (508) 982-9595

**BEAUTIFUL DW MOBILE HOME** IN GATED SENIOR MOBILE HOME PARK \$16,000. 2 bdrms, 2 baths, working kitchen, dining room, LLR & 2 Florida rooms, completely furnish. 863-682-6473. Lakeland, Florida

**2 LAZY BOY LEATHER**-swivel rocker recliners, beautiful rich mahogany color. Less than 1 year old, perfect condition. \$500 each. 774-280-2639

**2 TWIN BEDS:** Complete, In Excellent Condition. 508-423-4824

**2008 ZODIAC** and **14' CANOE**, excellent condition. ACTI-V 9'4", electric pump/all accessories, air floor. 2009 Honda 8HP, serviced. \$2,195 Canoe; cars/ seats, no leaks. \$275 860-963-0800 Sturbridge

**225 GALLON WATER STORAGE TANK** - used 6 months. \$350 508-867-2523

**24 FOOT POOL, ABOVE-GROUND**, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

**4 SNOW TIRES** -235/60 R18 101T used 2 months- paid \$800, asking best offer. 508-414-2474

**ABOVE-GROUND SWIMMING POOL**, 24' x 54", filter system, 1 season. \$1,000 or best offer. 508-943-8769

**ACORN STAIRLIFT** - 3.5 years old, like new condition. 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if interested.

**ALL BEST OFFER MOVING SALE:** 6 Chairs, Two wedding dresses size 14 & 18; Mother of bride dress size 18; Bridesmaid dresses, size 18; Piano; 2-draw filing cab. Green Sofa & Loveseat; 4-burner gas grill; Patio Table w/ Glass Top; Pressure washer; 6 Chairs; Umbrella Tools, Axes; Recliner; Twin Beds; Desks; Book Cases; TV. (774) 262-0442

**ANGLE IRON CUTTER** For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

**Beautiful Southwestern style sectional sofa**, gently used, L-shape 112" x 86" Please call to set up time to view 508-885-9962. \$150 firm.

**COFFEE & TWO END TABLES:** Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

**CUB CADET SNOWBLOWER.** 13hp Tecumseh OHV. 45 in. width, trigger steering, 6 FRWD, 2 REV, new condition. Hardly used! \$1,600.00. 508-347-3775

**ELECTRICAL MATERIAL:** Industrial, Commercial, Residential. Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recessed Troffer, Fluorescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each. Call 5pm-8:30pm. (508)867-6546

**FINLAND BLUE FOX JACKET:** By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

**FLY RODS** - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Battenkill BBS II. Asking \$200 each set or best offer. 508-347-3145

**010 FOR SALE**

**FOR SALE 8' POOL TABLE:** Red Felt/Slate. Excellent Condition! \$400. CALL (508) 988-0698

**FOR SALE WOOD AND/OR COAL IRON STOVE:** \$500 or best offer. WOOD PELLET STOVE \$500 or best offer. Call 508-471-0959

\*\*\*\*\*  
**FULL LENGTH MINK COAT:** Size 12. New \$2,400. Asking \$300. 508-612-9263  
 \*\*\*\*\*

**GARAGE CLEARANCE:** ARTIFICIAL CHRISTMAS TREE, bush trimmer, glass top table, etc. 508-728-5559 (Spencer)

**GARDEN MANURE,** delivered. 4 yards, \$130. Call Prindle Hill Farm 508-320-3273 or 508-248-7335

**JAMAICA WICKER** Queen Bed Set: Head & Foot Board, Woman & Man's Dresser, 2 Nightstands. Paid \$5,400. Asking \$1,200. 2 SEATER LANCER POWER CHAIR 4' Long, Olive Color. NEVER BEEN USED! Asking \$350. (508) 461-9621

**MEC 650 PROGRESSIVE LOADER:** w/ extras \$250. 400 ANDERSON WINDOW 51x32 RO \$200. THERMATRU DOOR 36-80 Left Hand Inswing Full View with Grill \$185 or best offer. (508) 892-9595

**MOTORS:** 1/2HP 230/460V 1725RPM, 56 Frame \$30. 5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

**MOVING - MUST SELL.** 3 piece electric reclining living room set, brown. \$300 free-pedestal table w/4 chairs 508-612-6485

\*\*\*\*  
**NORDIC TRACK TRL625:** Recumbent cycle w/stabilizing floor bar for secure balance. TREADMILL - for therapeutic fitness (walking & jogging) (for up to 400 lbs.) \$250 each both in excellent condition. 508-892-3998, 508-723-4452  
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**REMEMBER YOUR SWEET-HEART:** Collection of Victorian Era hand-painted items ALL with roses: vases, rose bowls, pitchers, chocolate pot, cake sets, planters. No reasonable offer refused. 508-237-2362 Auburn

**SMALL BUREAU \$75.** Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60R16 Eagle GA With Rim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. End Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!). Indian canvas painting \$60, 9 golf clubs \$100. Call 1-508-764-4458 or 1-774-452-3514

**SNOW TIRES:** Like new (4) Firestone Winter Force 215/60-15. \$240. BECKETT BURNER, CONTROL AND AQUASTAT: Runs great, Instruction, wiring and owners manual \$250. ARTIFICIAL CHRISTMAS TREE WITH STAND : 6 FT. Storage box included. Excellent condition \$50. CAST IRON CHRISTMAS TREE STAND: Beautiful \$20. SUNBEAM WHOLE HOUSE HUMIDIFIER: Used, works great, 6-7 gallon, faux wood cabinet on casters. \$50. 14" SNOW CHAINS: Used, very good condition \$25. 15" CABLE SNOW CHAINS: New \$45. Call Ed. 508-479-9752

**TOOL SHEDS** Made of Texture 1-11: 8x8 \$1075 8x10 \$1260; 8x12 \$1350; 8x16 \$1675 Delivered, Built On-Site. Other Sizes Available. CALL (413) 324-1117

**010 FOR SALE**

**TREES/FIELDSTONE:** Trees-Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$28/Ton (508) 278-5762 Evening

**TWO DRESSERS** best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315

**TWO SOFA TABLES:** ONE DARK OAK w/ Shelf Underneath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pictures. (774) 239-3006

**TWO USED RECLINERS,** \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508-764-3567 please leave message

**VIKING RANGE, PROFESSIONAL SERIES,** propane gas, 6-sealed burner, 36" infrared broiler, as new, never lit, still in original packaging, w/tags. Model VCGSC-5366BSS, trades included. \$4,600 508-865-7470

**WE'VE MOVED!** Husqvarna lawn tractor, misc. home furnishings, king, queen, twin beds, lamps, etc. priced to sell! No reasonable offer refused. Call 413-896-7047 Sturbridge area.

**WHITE OUTDOOR PRODUCTS SNOWBLOWER.** 10hp Tecumseh, two stage, 30 in. width. Electric start, well maintained! \$600.00. 508-347-3775

**100 GENERAL**

**107 MISC. FREE**

**FREE HOSTAS IN THOMPSON** 860-481-9494

**130 YARD SALES**

\*\*\*\*\*  
**DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS**  
 Deadline subject to change due to holidays  
 Call for more info  
 \*\*\*\*\*

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**546 CEMETERY LOTS**

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**\$187 PER MONTH**

**2016 DODGE DART SXT** LAW1614



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**\$191 PER MONTH**

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**\$249 PER MONTH**

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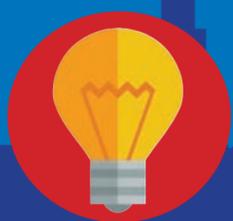
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## 8<sup>th</sup> Annual Stonebridge Press Pet Halloween Costume Contest

Thank you to all who have sent in photos of their precious pets in adorable costumes, and to all of our SPONSORS for making this contest possible!

A special thanks to, Thibault's Poultry Country Store, Hardwick Farmers Co-op, and Klems, for providing the prizes for our winners.

Winners of \$25 gift cards will be announced in the November 9th issue.  
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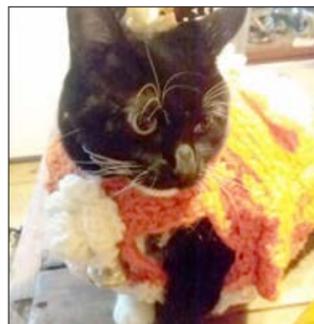
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## PETS

# Navigating aging with senior pets



As pets age, their needs change and pet owners must adjust how they care for their pets.

Spunky pups and curious kittens draw the attention of people eager to welcome new pets into their families. As pets begin to age, owners of senior animals may find that they struggle with their pets' emergent needs in this stage of life.

Senior pets may experience dementia, mood changes, inactivity, pain, and incontinence. But thanks to improved veterinary care and dietary habits, pets can live longer than ever — and remain comfortable well into their senior years. Cats and dogs are generally consid-

ered geriatric at the age of seven, offers the American Veterinary Medical Foundation. Even so, many pets go on to live 12 to 15 years, which can be the equivalent of age 75 to 85 in humans. Geriatric pets are susceptible to the same conditions seen in older people, including cancer, diabetes, weakness, senility, joint or bone diseases, and heart disease. It is essential to keep an open dialogue with a veterinarian to discuss any potential health issues aging pets may encounter.

According to veterinary behaviorist

Nicholas Dodman, coauthor of "Good Old Dog: Expert Advice for Keeping Your Aging Dog Healthy, Happy and Comfortable," pet owners must realize that older pets are less able to thermoregulate, so they're more sensitive to extreme temperature changes. Pets may need blankets or sweaters. They also may need to spend more time indoors when the weather is harsh.

Dietary changes may need to be made. Older pets may eat less, but they should be fed high-quality, nutritious foods that help keep their weight in check. Excess weight can put added stress on sensitive joints and may contribute to problems with diabetes.

Veterinary Pet Insurance, a division of Nationwide Insurance Company, says there are new, alternative treatments available for aging pets, often used to treat pain, pet arthritis and cancer. Cold laser treatment directs light to stimulate cells and increase blood circulation to ease aches and pains. Medical acupuncture can help reduce pain and inflammation. Radiosurgery can target cancerous tissue with a very high dose of targeted radiation while avoiding doses to surrounding tissue. In addition, monoclonal antibodies can be attached to cancer cells to boost natural immunity to cancer and germs.

Older pets require different care and more patience. Owners of aging pets should speak with their veterinarians about caring for pets as they grow older.

## How to recognize skin and food allergies in dogs

Allergies can affect anyone, even the family dog.

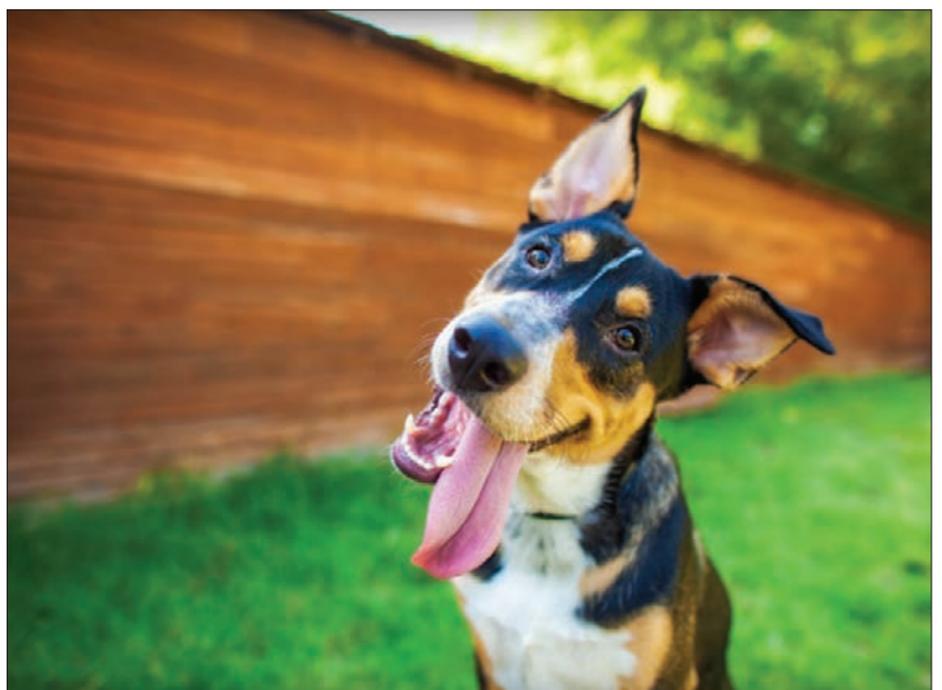
According to the American Kennel Club, various types of allergies can affect dogs. Skin allergies and food allergies can be very unpleasant. And just like their owners, dogs may be vulnerable to environmental allergens like dust, pollen and mold.

Learning about allergies and how to recognize them in dogs can help pet owners ensure their four-legged friends live as happily and as comfortably as possible.

**Skin allergies**  
The most common type of allergic reactions in dogs, skin allergies, also referred to as "allergic dermatitis," are caused by flea allergy dermatitis, food allergies or environmental allergies. Flea allergy dermatitis is an allergic reaction to flea bites. Dogs may be allergic to flea saliva, which can make them very itchy, particularly at the base of their tails. As dogs scratch their itches, their skin can become red and inflamed and may scab over.

The AKC notes that itchy skin may also be a byproduct of food allergies or sensitivities to certain foods. In such instances, the most common places dogs will itch are their ears and paws. Itchiness also may be accompanied by gastrointestinal issues.

Dogs that only seem to itch their skin during cer-



tain times of the year may be dealing with skin allergies resulting from environmental allergens like dust, pollen and mold. The ears and paws are the most commonly affected areas in these instances, though dogs also may feel itchiness in other areas, such as their wrists, ankles, muzzle, underarms, groin, around their eyes, and in between their toes.

Food allergies and sensitivities

The AKC notes that food allergies may not be as com-

mon as people think. In many instances, food sensitivities are to blame for many symptoms dogs exhibit. If the veterinarian suspects a dog has a food sensitivity, he or she will work with dog owners to identify the ingredient that is causing a reaction. Both food allergies and food sensitivities can trigger gastrointestinal problems like diarrhea and/or vomiting. Skin conditions like hives and facial swelling may be indicative of an allergy. Itchiness, poor skin and coat, and chronic ear or foot infections are

among the symptoms of food sensitivities noted by the AKC.

Diagnosing allergies in dogs can be complicated. Veterinarians may first try to rule out other conditions that may be causing symptoms in your dog. If the vet suspects an allergy, he or she may try to confirm this by utilizing an elimination diet that restricts what the dog eats for 12 weeks. Learn more about dogs and allergies at [www.akc.org](http://www.akc.org).



Demi from Dudley



Diesel from North Brookfield



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Maltese from Leicester



Max from Oxford



After completing his undergraduate education, Dr. Park knew that he was interested in a clinical career. He, then navigated his studies toward dentistry as he went on to pursue his Doctor of Dental Medicine degree at the prestigious Tufts University School of Dental Medicine. Dr. Park completed a general practice residency at the University of Medicine and Dentistry of New Jersey, where he was able to improve and polish his skills. He continues his education by taking courses around the world to keep him updated on the latest research and innovative dental techniques. Dr. Park currently has professional affiliations with the American Academy of Cosmetic Dentistry (AACD), American Dental Association (ADA)

After working as an associate for several dental practices, Dr. Park found that he would never quite satisfy his desire to serve patients while working under someone else. While he had access to patients, he was not able to develop the close relationships he finds deeply critical to quality dental care. This led him to open his own practice in Southbridge and the patients he's met have affirmed his decision. The people of Southbridge have developed a special place in Dr. Park's heart and he is committed to serving the community to the fullest.

When he is not in the office, Dr. Park enjoys being outdoors as much as possible. His hobbies include rock climbing, skiing, playing tennis with his colleagues, and spending time with his loved ones. He can't wait to meet you!



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