

Auburn News

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Evangelidis, reserve deputies assist Auburn seniors

AUBURN — Worcester County Sheriff Lew Evangelidis and members of the Worcester County Reserve Deputy Sheriff's Association have been assisting over forty housebound seniors who live at the Kateri Tekakwitha (KT Senior Housing) Building in Auburn during the current COVID-19 pandemic.

Since early March, Sheriff Evangelidis and his Reserve Deputies have been on active volunteer duty every week assisting the elderly by completing their grocery shopping and medication pick-up to help them during the current health crisis.

Their mission, to help keep seniors safe and well during COVID-19 by limiting their exposure to the public. Both the Sheriff and his Reserve Deputies are incredibly proud to help out and the KT Housing seniors who have received their assistance during the pandemic are extremely grateful.

"I cannot thank Sheriff Evangelidis and these wonderful Reserve Deputies enough. This help means so much. Somebody cares out there and they are will-

ing to help the elderly by picking up our groceries and medications during this scary time," said KT Housing Resident Joan Cicio.

"I could not be more proud of our Reserve Deputies for their service during this pandemic to help our elderly stay safe and well. Our COVID-19 Response Program to assist our senior population with their grocery and medication pick-up each week during this challenging time is another extraordinary way of how our Reserve Deputies care and give back to our community," said Worcester County Sheriff Lew Evangelidis.

The Worcester County Reserve Deputy Sheriff's Association is a charitable and civic organization, made up of Reserve Deputies who organize and sponsor many worthy charitable causes in Worcester County throughout the year, including Annual Food and Coat Drives and the Sheriff's Annual Senior Picnic. Over fifty Reserve Deputies responded to the call to assist the community during COVID-19.

"The Worcester County



Courtesy

Reserve Deputies Kyle Shelton and Diane Parker, along with Worcester County Sheriff Lew Evangelidis, deliver groceries and medications to the seniors of KT Housing in Auburn to help keep them safe during COVID-19.

Reserve Deputy Sheriff's Association is an incredible force of good throughout Worcester County. We faithfully help thou-

sands of folks in our community each year with our annual food and coat drives among many other charitable

endeavors. During this uncertain and challenging time of COVID-19, we are certainly glad that we could be of assistance to

help out our senior population," said Worcester County Sheriff Lew Evangelidis.

Meaghan Contois helps raise more than \$140,000 for UVM Children's Hospital

BURLINGTON, Vt. — Meaghan Contois of Auburn, who along with 47 teams and over 800 participants, helped the University of Vermont's 6th annual student-led fundraising event RALLYTHON raise a record-breaking \$140,813.29 for the UVM Children's Hospital.

RALLYTHON is a student-led yearlong fundraiser which culminates in a 12-hour dance marathon, signifying the average length of a nurse's shift at Vermont's local Children's Miracle Network Hospital. During RALLYTHON, which took place on Saturday, February 22nd, 2020, students heard stories from patient families treated at the UVM Children's Hospital and engaged with champions - current and past patients of the hospital, while fundraising, participating in games, and dancing until the final reveal their annual fundraising total.

Meaghan Contois spent the year as a RALLYTHON Participant, gaining leadership, teamwork, and non-profit business experience while raising funds and awareness of Vermont's Children's Miracle Network Hospital, which treats and provides life-saving care to sick and injured kids in need.

By the conclusion of this year's dance marathon, Meaghan raised enough money to reach the 'Dancer Goal' - a distinction given to participants who have fundraised between \$100 - \$249 over the course of the year.

UVM's RALLYTHON is organized in collaboration between UVM's Department of Student Life and the UVM Medical Center. Through its five years in existence, participant students have raised over \$500k for the UVM Children's Hospital - 100% of which stays local to support local kids. This Fundraised money is crucial to the support of patients at the UVM Children's Hospital, and goes towards the purchase of everything from life-saving equipment and medicine to supplies meant to enhance the experience for patients and their families during their treatment.

About Student Life
The University of Vermont Department of Student Life provides students with extra-curricular experiential learning, involvement, and leadership opportuni-

Charlton CVS offering COVID-19 testing

CHARLTON — Representatives Paul K. Frost (R-Auburn), Peter J. Durant (R-Spencer) and Senator Anne M. Gobi (D-Spencer) announce starting Friday, May 15, the CVS Pharmacy at 142 Worcester Rd. in Charlton will have COVID-19 testing available for certain qualifying individuals who schedule an appointment online.

As part of the Commonwealth's partnership with the health care community, CVS has begun to set up new testing locations throughout the state. The CVS Pharmacy Drive-thru in Charlton will offer self-swab tests to those meeting criteria established by the Centers for Disease Control and Prevention. Patients will be required to stay in

their vehicles as they are directed to the pharmacy drive-thru window to receive a test kit and instructions. A member of the CVS Pharmacy team will be present to observe the self-swab process and ensure it is performed properly, before sending the test to an independent third-party laboratory for processing. Results are expected to be available approximately three days after.

Frost commented, "I appreciate CVS for expanding their testing sites here in Massachusetts and especially in Charlton as one of two new drive-thru sites in Central Mass. Testing is critical to continue to monitor COVID-19 so the state can move forward."

"I'd like to thank CVS for opening up the testing site at their Charlton location," Durant added. "It's yet another positive step as we start to get back to a normal life while at the same time being diligent in keeping vulnerable people safe."

"Increased testing sites are a necessity," stated Gobi. "I appreciate CVS stepping forward to offer this critical service to so many."

To receive a test at the Charlton CVS, all patients must first register in advance online at CVS.com. The MinuteClinic COVID-19 Testing webpage features a survey that will collect important information and facilitate the scheduling of an appointment.

Overlook remains COVID free

BY JASON BLEAU
VILLAGER
CORRESPONDENT

CHARLTON — As of May 17, the town of Charlton had recorded 50 positive COVID-19 cases among residents; however, in the two months since the pandemic forced the community to join the rest of the nation in establishing social distancing protocols, not one positive case has come from the residents of The Overlook.

The local retirement community serves more than 400 residents on Masonic Home Road. As of May 16, the CDC reported 342 nursing homes in Massachusetts with at least one positive COVID-19 case among patients or residents, but through diligence and careful preparation The Overlook has managed to remain off that list. Only two of the nearly 700 employees at The Overlook have been confirmed to have contracted the virus and according to Tameryn Campbell, the CEO of Masonic

Health Systems and The Overlook, absolutely no residents have rested positive for COVID-19. Campbell said they have taken the health of their residents very seriously and calls their track record during the pandemic "no small achievement."

"I am incredibly proud of the Overlook team and their heroic efforts during these unusu-

al and difficult times. Their tenacity, ingenuity, sheer grit, courage and true character have been undeniable in this crisis," said Campbell. "I am deeply inspired by the way The Team has united and become closer, even in the midst of social distancing."

After news of the COVID-19 pandemic sparked public concerns in early March, the

Overlook shut down all but three access points to the Charlton campus and immediately implemented a screening process that included temperature checks for all employees before entering the building. In April, a checkpoint was set up in the main entryway further limiting access to the building and enhancing

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Board of Health examines safety measures for town meeting

BY JASON BLEAU
VILLAGER CORRESPONDENT

CHARLTON – As Charlton's rescheduled town meeting date approaches in only a few weeks, the Charlton Board of Health is working hard to determine exactly how the annual gathering of citizens for town business will be handled.

As of this report, the Commonwealth was slated to reopen on May 18 barring any further extension to Gov. Charlie Baker's stay-at-home order. Charlton still plans to hold its annual spring town meeting on June 15, making it one of if not the first public gathering in Charlton since the COVID-19 pandemic

forced social distancing practices to be the norm. During a Zoom meeting on May 12, the Charlton Board of Health discussed what that meeting may look like as social distancing is anticipated to remain in practice in the immediate future.

Health Director James Philbrook told Board of Health members he had been in touch with members of the Massachusetts Association of Health Boards and specifically senior staff attorney Cheryl Sbarra, who provided a document meant to help guide municipalities in their decision making concerning town meetings. Philbrook confirmed that when residents do attend the meeting most of the new norms will still be in place

to ensure public health is a priority.

"The social distancing will apply. The use of masks too. I know we've had discussions at our Monday meetings with the Town Administrator and Dave Singer who is the chairman of the Board of Selectmen and Matt Gagner (Chairman of the Board of Health) to see how we can do this safely and what the recommendations from the state Department of Public Health would be in regards to town meeting," Philbrook said.

He explained that the documents received from attorney Sbarra are expected to be the recommendation statewide and that the goal is to ensure that every town is following the same guidelines and practices to ensure citizens have their say at town meetings without risking a new spike in

COVID-19 cases.

"They just want consistency throughout the commonwealth," said Philbrook. "They want consistent enforcement from the local boards of health to make sure that meetings are safe and they practice the social distancing."

Board of Health Chair Matt Gagner said the town does still indeed plan on holding a public town meeting, but that may change pending further recommendations from the state.

"Basically, at this point we're still trying to do a town meeting, but we're going to look for guidance as of what the other towns are doing and what Cheryl Sbarra (recommends)," said Gagner.

In the draft document provided by The Massachusetts Association of Health Boards the role of the Board of Health

includes assessing any threat of infectious diseases at public meetings. According to the document local boards of health may take reasonable steps to protect the uninfected members of town meeting. The MAHB document also specifies that the Board of Health is to work closely with the Board of Selectmen and any other officials pertinent to decision making in the town to explore all options. The Board of Health's ultimate authority is to be considered a "last resort."

The MAHB's recommendation further indicates that the authority to demand the use of masks and social distancing remain in the hands of the Board of Health and that such prerequisites be met by all attending the meeting in person.

Meaghan Contois receives Barbara Merrill Outstanding New Member Award at UVM

BURLINGTON, Vt. — The University of Vermont Fraternity & Sorority Life honors Meaghan Contois of Auburn for their contributions to the University of Vermont community during the annual UVM Fraternity & Sorority Life awards.

Each year the University of Vermont Fraternity & Sorority Life Awards celebrates and honors the accomplishments of individual members of the fraternity and sorority communities at UVM, as well as chapters that exemplified commitment to the pillars of citizenship, friendship, leadership, lifelong learning, and justice.

A member of Alpha Delta Pi Sorority, Meaghan has been pre-

sent with the Barbara Merrill Outstanding New Member Award - recognizing a new member who shows extreme motivation and dedication to their chapter, displays leadership qualities, and is involved in activities outside of their own chapter.

For over 180 years, UVM's Fraternity & Sorority Life (FSL) has worked to provide an environment that enhances the UVM experience. With 8 fraternity chapters, 6 sorority chapters, and over 950 total members, UVM FSL contributes to the development of citizenship, intellect, leadership, and developing life-long friendships within the UVM community and

beyond.

About UVM Student Life

The University of Vermont Department of Student Life provides students with extra-curricular experiential learning, involvement, and leadership opportunities. With a variety of program areas spanning Outdoor Programs, Student Media, Leadership & Civic Engagement, Fraternity & Sorority Life, and Campus Programs - Student Life aims to connect students with communities and experiences that will supplement their academic career.

About UVM

Since 1791, the

University of Vermont has worked to move humankind forward. Committed to both research and teaching, UVM professors -- world-class researchers, scholars, and artists -- bring their discoveries into the classroom and their students into the field. Located in Burlington, Vermont, one of the nation's most vibrant small cities and top college towns, UVM is a Public Ivy and top 100 national research university educating 10,700 undergraduate students, 1,627 graduate students, 776 certificate and non-degree students, and 478 M.D. students in the Larner College of Medicine.

Memorial Day parade canceled

CHARLTON — After consideration of the restrictions of the COVID-19 virus and safe distancing guidelines recommended by the Board of Health here in Charlton, the Memorial Day committee and officials of the Charlton American Legion Post 391 have decided to cancel the 2020 Memorial Day parade here in Charlton.

There will however, take place, the annual decoration of the graves of veterans that are buried here at all of the four cemeteries in town. Post 391 members will assemble at the entrance of Westridge cemetery at 10 a.m. on Wednesday, May 20 in order to place an American flag at each grave of our fallen comrades.

Also, on Sunday, May 24 at 10 a.m., Post members will meet at the front of the Library entrance to proceed to the four cemeteries, Westridge, Bay Path, Union and Northside and the Vietnam memorial bridge on Stafford Street to conduct memorial services to honor the dead.

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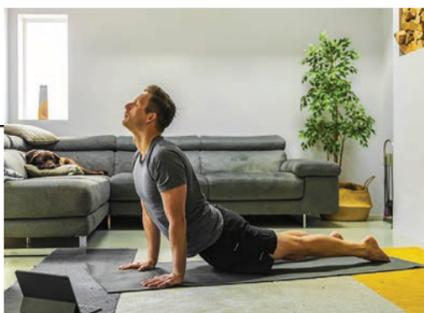
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Helping Kids Cope With COVID-19 Concerns

- Talk to kids about COVID-19 and social distancing, and ask them to express their feelings about it.
- Limit your child's exposure to news and social media related to COVID-19.
- Connect with outside family members or households together through phone or video chats.
- Seek ways to keep kids active, engaged, learning and having fun at home each day.



Bored? Blue? Anxious?

Try these tips and ideas to help yourself relax and enjoy your time at home:

1. Begin your day with a deep breathing, meditation or gentle stretch routine.
2. Connect socially by phone, text or video chat each day.
3. Focus on the positive by keeping a gratitude journal.
4. Talk about your feelings with others, and encourage them to do the same.
5. Practice self-care, whether physical, mental, spiritual or all three.
6. Keep your living space clean and organized, and try to maintain a daily routine.
7. Create a want-to-do list of things you haven't had time to focus on in the past: book lists, classic movies, fitness, crafts, online classes, new recipes, a language learning app or anything that "sparks joy" for you.

Pets and the Pandemic

Shelter-in-place guidelines are treating many pets to more time at home with their favorite people. Here a few quick tips to help you both make the most of it:

- Make sure you have a two-week supply of pet food and any essential medications on hand.
- Try teaching your dog a new command or trick for fun, or as preparation for AKC Canine Good Citizen training.
- Play treat-hide-and-seek with your pup or create a canine obstacle course in your home or backyard.
- Stay active together with plenty of walks, keeping a safe social distance from passersby.
- Consider fostering or adopting a pet while you have



extra time at home to help your new companion acclimate. Before adopting a pet, determine if you will have adequate time to care for him or her when you return to your regular post-pandemic schedule. According to the CDC and other health organizations, there is no evidence that companion animals can spread COVID-19 to people. Humans should always wash their hands after touching any animal or pet food, and avoid kissing pets or sharing food, to prevent the spread of any illness. It is also advisable that people infected with COVID-19 limit close contact with their pets.

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Golfers make the most of COVID restrictions

BY KEVIN FLANDERS
STAFF WRITER

REGION – Golf courses statewide are making the most of a carefully sanctioned reopening, but owners can't wait for the resumption of regular services.

Gov. Charlie Baker allowed golf courses to reopen on May 7, with several regulations and restrictions in place to ensure social distancing. These include tee time policies of 15 minutes between groups, no carts except for those with disabilities, no caddies, and a maximum of four players per group. All staff members must wear facial coverings, and

courses must designate security personnel to ensure compliance.

Moreover, such facilities as clubhouses, restaurants, driving ranges, pro shops, and locker rooms must remain closed. Players do not have access to bathrooms, and no food or drinks can be served on site.

Despite the tight regulations, local owners and golfers are trying to focus on the positives of being able to resume their passion.

"People are enjoying the fresh air. They have been stuck in their houses and need something to look forward to," said Danielle Dollak, the manager of Pine Ridge Country Club

in Oxford. "Hopefully, these guidelines will be loosened soon."

For owners, the most detrimental regulations involve the golf carts and the closure of clubhouses and restaurants. A major source of revenue for facilities is the functions that take place before and after golf games.

"We are under very strict guidelines – no restrooms, no food, no functions. We've lost most of our functions through July," said Cheryl Orrico, the general manager of Leicester Country Club. "We need to be able to get people back in the carts and clubhouse."

Added Dollak, "The no-cart

policy is a big struggle for us. That is a huge aspect of our business."

As of press time, owners were eagerly awaiting guidance from Gov. Baker on his planned phases of reopening the state. The Governor's latest stay-at-home order expired on May 18, and golf course owners and players alike are hoping restrictions can be loosened as the critical summer season nears.

In the meantime, the golf community will continue adjusting to a new normal. Even after state regulations are relaxed, owners and patrons are prepared for a heightened commitment to sanitation and

social distancing. The use of facial coverings at courses might be advised by state officials throughout the summer and fall.

"We are abiding by all policies and hoping for the best," Dollak said. "We are glad to be moving in the right direction, and we hope for more guidelines to be released on the 18th. Our customers need access to restrooms, water, and food."

Additional information on the Governor's latest COVID-19 mandates can be found at www.mass.gov.

Oxford elections set for June 30

BY GUS STEEVES
CORRESPONDENT

OXFORD — On May 12, selectmen voted unanimously to set this year's Town Election date for June 30, the last possible date allowed by the state's Covid-19 emergency law.

But they split 3-2 over how long to open the polls. The majority agreed with Town Clerk Lori Kelley's proposal of reducing the hours to 10 AM to 6 PM because of the pandemic, but John Saad and Cheryl Leblanc argued they should be open the regular hours (8AM-8PM).

"I've never remembered a town election since I've been on the board [more than 40 years] that we've reduced the hours," Saad said, noting this year's ballot has a select board race and an important ballot question. He said many voters are "creatures of habit" when it comes to when they come to the polls. Many, he noted, can only come before or after work, need rides, and/or need childcare to do so.

"Everyone ought to have the opportunity to vote," and longer hours will also make it "easier to have the

distance" between people to meet Covid-19 recommendations, he added.

Leblanc agreed, describing polling hour reductions as potentially being "a slippery slope." While the virus is an issue, she sees a more serious concern in getting enough poll workers to cover the time, and she predicted some voters would be confused by changing the hours.

To Chairman Dennis Lamarche, however, minimizing the pandemic risk to poll workers was the overarching concern. Meaghan Troiano agreed, saying she expects "a spike [in Covid-19 cases] before it gets better," and "we owe it" to the workers to reduce hours and hold the date as late as possible.

As it was, Kelley said they really didn't have a choice by now. Barring some change in state law that would grant extensions to a wide range of towns, she said June 30 is necessary in part because federal law required her to send notice to overseas voters at least 45 days in advance. That deadline was last weekend.

She agreed the poll workers will have a challenge.

"Anytime in June in the school gyms, wearing a mask is going to be stifling," she said, noting the gyms lack air conditioning and the number of electrical outlets available for fans is limited.

Regarding Covid safety, she said she ordered plexiglass panels the workers will have between them and voters, who will get their ballots through a small slot at the bottom.

Before that discussion – which was not mentioned on the agenda, but came up under the Covid-19 response update item – the board handled another recurrent item: a dangerous dog hearing involving "Ruby," a dog they've seen before. Animal Control Officer Kathleen Kelly Flynn said this case stemmed from an incident on March 26 in which Ruby got "into an altercation with a dog named Socks," who was being walked by his owner, Joe Generico.

Due to previous attacks on animals and people, the selectmen deemed Ruby "dangerous" in August 2017. That resulted in a lengthy order on her and her owners, Kim Parker and Kevin Kiley, that required leashing and muzzling at all times outside her home, even while on their property. Flynn said Ruby was not muzzled in this incident.

"I don't know why my brother [Kiley] took Ruby out of the cage," Parker said. "... He took it upon himself to take her up the hill to do her

business."

She said she told Kiley afterward he's not to take Ruby out at all because "every time something has happened, it's been with you." She expressed willingness to pay half of Socks' vet bills, and would accept additions to the existing order provided they'd "save Ruby's life" and let the dog live out the rest of her life there.

"I've had her so long, when I come home, I feel one of my kids should be here and she's not," Parker said of the fact Ruby was at that time in the town kennel.

Generico said he has "not interested in having anything happen to her dog," but was concerned it could "happen to a child or another dog." He said he was walking Socks and came up behind Kiley. Ruby came around Kiley and partway across the street to attack Socks, who was injured. Generico said he was slightly injured in the hand as he tried to separate the dogs, and his son was present; he described the incident as "traumatic to witness" for the boy.

Selectmen generally agreed to let Parker keep the dog with some discussion of whether her property had enough space for Ruby to adequately exercise. Parker and Flynn noted Ruby is 12, and doesn't need much exercise, although the property is small.

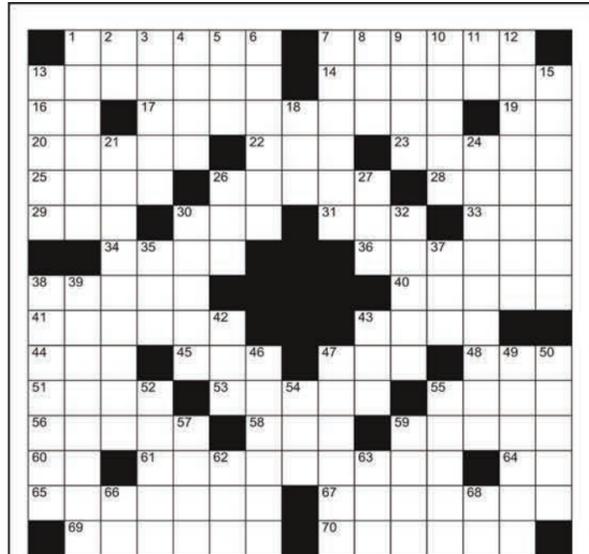
"I'm very frustrated with this whole situation," Troiano said, noting she has met Ruby and finds her to be "a very sweet dog" under normal circumstances. Lamarche agreed.

But Leblanc said that while she was "sympathetic" to Parker's wishes, Ruby did violate their existing order and attack another dog. She proceeded to be the only vote against all three recommended additions to that order. Those were as follows: Only Parker can take Ruby off the property with leash and muzzle; she will be required to add a chain fence around her property to provide exercise space within 30 days; and Ruby can go home until that's done.

Flynn noted future violations will result in "immediate steps to confiscate your dog and the dog may be humanely euthanized."

Additionally, the board voted to cancel Memorial Day activities for the year due to Covid-19. Saad said about 10 representatives from the veterans' groups will still visit the cemeteries and memorials that day to do small ceremonies without public speeches or a parade.

Gus Steeves can be reached at gus.steeves2@gmail.com.



CLUES ACROSS

- 1. Seed part
- 7. Productive
- 13. Popular cocktail
- 14. Sausages
- 16. Western state
- 17. Natural desires
- 19. Defunct British automaker
- 20. Early media tycoon
- 22. Move from one place to another
- 23. Letter of Semitic abjads
- 25. Female birds
- 26. Umbrella brand
- 28. Delinquent
- 29. Tax collector
- 30. Cooking tool
- 31. Female sibling
- 33. Flat-topped hat
- 34. Angolan currency
- 36. Boardwalk candy
- 38. European nation
- 40. Leaflike part of palm
- 41. Removed with solvent
- 43. Uttered words
- 44. Unfashionable person
- 45. Disappointed
- 47. Controversial device in soccer
- 48. 007's creator
- 51. Pain
- 53. UCLA mascot
- 55. Razorbill
- 56. Turkic people
- 58. Mimic
- 59. Crime involving fire
- 60. And, Latin
- 61. A saponaceous quality
- 64. Dorm employee
- 65. Estate lands
- 67. States
- 69. They slow you down
- 70. Gets up

CLUES DOWN

- 1. One or the other
- 2. Doc
- 3. Songs have them
- 4. Record of payment (abbr.)
- 5. Speak endlessly
- 6. American state
- 7. Digressions
- 8. Tell on
- 9. Brews
- 10. Belongs to the bottom layer
- 11. American cigarette brand
- 12. Legal voting age in US
- 13. Dish
- 15. Expelled air from the nose
- 18. Body art
- 21. Fierce, destructive act
- 24. Bear bright yellow flowers
- 26. Japanese delicacy
- 27. Get off your feet
- 30. Male organs in some invertebrates
- 32. __, so good
- 35. Cleverness
- 37. Protest yacht
- 38. Anesthetized
- 39. Mollified
- 42. Touch lightly
- 43. Diego, Francisco, Anselmo
- 46. Some windows have them
- 47. National capital
- 49. Squirrels like them
- 50. Grandmothers
- 52. Painter's tool
- 54. News organization
- 55. __ and thesis: musical term
- 57. Famed activist Parks
- 59. __ Spumante (Italian wine)
- 62. A number or amount not specified
- 63. Body part
- 66. Of I
- 68. Old English

PUZZLE SOLUTION

S	E	S	I	R	V	S	A	V	T	E	D
S	N	O	I	V	N	E	N	S	E	W	E
V	R	S	S	E	N	I	P	V	O	S	T
N	O	S	R	V	E	P	V	R	V	A	T
V	C	T	V	N	I	P	R	B	E	H	C
N	V	I	R	V	A	D	V	S	G	V	D
D	I	V	S	D	E	L	U	T	E		
D	N	O	R	F	N	I	V	P	S		
E	E	F	F	O	L	I	E	M	T		
Z	E	F	S	I	S	N	V	P	S	R	I
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Hitchcock Academy hosting plant sale



Courtesy

On Saturday, May 23 from 8 a.m. to 2 p.m., Hitchcock Academy will present local residents with the perfect opportunity to select annual and perennial flowering plants as well as vegetable plants to nurture their green thumbs.

BRIMFIELD — Memorial Day weekend is the perfect time to plant a garden. On Saturday, May 23 from 8 a.m. to 2 p.m., Hitchcock Academy will present local residents with the perfect opportunity to select annual and perennial flowering plants as well as vegetable plants to nurture their green thumbs.

The sale, which occurs rain or shine, is slated to take place on the Brimfield Common pending interpretation of Governor's Baker's four stage re-opening plan. Should the Common not follow current guidelines, Hitchcock has an alternative site at Green Acres Antique and Flea Market Field, 66 Palmer Road (Route 20,) one-mile West of the Common.

could continue. Customers are reminded to follow social distancing guidelines and will be required to don masks both for their own and fellow shopper's protection. Hand sanitizing stations will also be set up on the premises.

Skowyrza urges people interested in shopping the sale to check Hitchcock Academy's Web site, hitchcockacademy.org, HFA's Facebook page and signage along Route 20 to ascertain the venue chosen for the sale. She also reminds people that Saturday morning is more than just a great time to shop plants. The Farmer's Market is open from 9 a.m. to 2 p.m. at the Hitchcock Academy parking lot on the corner of Brookfield Road and Route 20. It presents an opportunity to select locally sourced meats, honey, ice cream, baked goods, maple syrup and vegetables. May 23 will be a wonderful way to kick off your growing season and to mark Memorial Day with wholesome outdoor activities.

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Quinsigamond Community College offers free courses for businesses

WORCESTER — Quinsigamond Community College's Center for Workforce Development and Continuing Education recognizes the tumultuous workplace environment businesses now find themselves in, due to the COVID-19 pandemic. QCC has taken the unusual approach of offering free online learning opportunities and resources, designed to address the needs of companies and their workforce in this new and evolving landscape.

"This is a time in our history where we must all come together for the common good. Our economy and our livelihood depends on the success and viability of our companies and it is imperative that we assist them in this time of major economic disruption," said QCC President Dr. Luis Pedraja. "COVID-19 has dealt a lethal blow to

many businesses and those businesses that don't have the skills needed in the current and post pandemic world will likely not survive."

As businesses begin to adapt to new ways of delivering goods and services, they must reinvent themselves and learn to adapt digital working practices into their current workplace practices. QCC is offering companies the tools to help make the transition.

"Supervisors and employees in every industry sector faced a steep learning curve as they worked together to move business services on-line over the past few weeks. Now, the 'normal' has shifted and it is time to focus on maximizing the quality and efficiency of these services," said QCC's Associate Vice President for Strategic Academic and Workforce Initiative, Kathy Rentsch.

The College is now offering 20 free courses to business owners and members of their workforce to serve as a valuable resource for industries in the region. All courses are offered online for a limited time and are self-paced.

"Courses that are offered are designed to appeal to all levels within an organization and range in focus from strategic planning courses, such as Managing the Virtual Workplace, to specific targeted skills courses, such as Microsoft Office 365 and Excel," Kathleen Manning, Dean of Center for Workforce Development and Continuing Education.

"This modular on-line learning program provides each student the flexibility to design an individualized program to build knowledge, skills and abilities for success," Ms. Rentsch added.

While no one knows what the future

will bring, those companies that pivot and adjust to the changing times will be in a much better position than those that maintain the status quo.

"The current COVID-19 crisis has challenged both employers and employees to very quickly adapt to where and how they work. QCC plays a vital role in providing education that reflects the just-in-time needs of both groups," Ms. Manning said. "It is important that QCC serves as a resource to address any skill gaps this adaption created."

To register for a course or learn more visit, QCC's Center for Workforce Development and Continuing Education.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or orjmartin@qcc.mass.edu

Thanks to \$450,000 transition grant, QCC can help students focus on future

WORCESTER — The Massachusetts Department of Elementary and Secondary Education has awarded Quinsigamond Community College's Future Focus program an Adult Education Transition to Community College Grant. The \$450,000 grant is divided into three yearly allotments of \$150,000, and is the maximum amount awarded.

QCC's Future Focus program is designed specifically for adult learners from adult basic education programs and creates a direct pathway to degree and certificate

programs. Since 2010, Future Focus has significantly increased its student enrollment, and to date, over 300 nontraditional students have been through the program.

"Those in our community who are under-represented and under-served have benefited greatly from our Future Focus program. Increasing the award amount will enable us to assist more people in their quest for a better future," said QCC President Dr. Luis Pedraja.

Future Focus students are non-traditional students who have gone through the traditional

U.S. education system, but did not complete their school requirements and instead earned their GED or HiSET high school equivalency. Future Focus students are also English as a Second Language (ESOL/ESL) participants, who already have their high school diploma, as well as students who graduated from high school years ago and went directly into the workforce. Participants receive comprehensive support in order to help them succeed as they transition into higher education. The program covers all tuition and fees, books,

school supplies (and bus passes if needed), in addition to career and academic advising.

"The program has a rotation of students, made up of first-semester students and second-semester students. The goal is to have 15 new students each semester, and students stay with the program for one year (two semesters)," said QCC Future Focus Coordinator, Gilmarie Vongphakdy, adding that there are 30 students participating for the Spring 2020 semester.

QCC Future Focus students come from all areas in the communi-

ty, and includes CNAs, police officers, grocery clerks, PCAs, a phlebotomist, caseworkers with Worcester youth, medical assistants, dental receptionists, factory workers, forklift drivers, bank tellers, parents, and many more.

"We have two students graduating this May and two more finishing up at the end of the Summer II semester," Ms. Vongphakdy continued. "One student was accepted and will be attending Assumption College and the other student was accepted to Worcester State University and is waiting to hear back

from some other schools. One of the other students who is graduating this summer has also been accepted to Boston University and is waiting to hear back from some other schools."

To learn more about QCC's Future Focus program, <https://www.qcc.edu/services/future-focus-program>

For more information on QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu.





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Sturbridge boy's wish comes true



BY KEVIN FLANDERS
STAFF WRITER

STURBRIDGE — Thanks to the generosity of multiple organizations, a local boy received his dream birthday gift last month.

Three-year-old Conor Canavan's wish for an outdoor playset became a reality in April, when Make-A-Wish Massachusetts and Rhode Island supported the construction of new equipment in his backyard. Conor, who is undergoing treatment for a brain tumor, was thrilled to step outside and see his new playset.

"We kept him out of the backyard for the morning, and the playset was completed during his nap," said Michelle Canavan, Conor's mother. "When he woke up, we brought him outside

and it took a few minutes for him to realize something new was there. Once he realized there were swings, he was so excited and tried out each one."

The playset features a toddler bucket swing, a glider, steering wheels, and a slide, among others. On the day of the big reveal, members of the Sturbridge Police and Fire Departments drove by to add to the celebration. After a picnic lunch for Conor and his crew, it was time for the youngster to check out his new fun zone in detail.

"The swings were his focus the first few days, but now he enjoys climbing the stairs, playing with the steering wheels, and going down the slide," added Michelle Canavan.

M a k e - A - W i s h Massachusetts and Rhode Island creates life-changing wishes for children with critical illnesses. For this project, the organization teamed up with Creative Playthings/Swings N Things to turn Conor's wish into a reality.

Officials from both organizations were honored to complete a project that will bring joy to a child who has battled often in his young life. Conor was hospitalized for 185 days during a year-plus period, and he was frequently too weak to go outside when he was recovering at home. There have been many physical and emotional hurdles along the way, which makes it even more inspirational for Conor's parents to now



Courtesy

Three-year-old Conor Canavan's wish for an outdoor playset became a reality in April.

see him at play in the backyard.

"Cancer is a long battle that takes a long-lasting toll on a family. As his parents, Conor's wish being granted is a vessel to give him the childhood experiences we didn't know if we would ever see," said Michelle Canavan. "It is the small things now that make us smile. We never knew if Conor would walk after losing the use of his right arm and leg during emergency brain surgery at six months old. Seeing him walk and run to his new playset makes our hearts burst with joy."

Conor's wish was granted within a few weeks of World Wish Day, the anniversary of the wish that inspired the creation of Make-A-Wish nationally back in 1980. The initial wish paved the way for Make-A-Wish Massachusetts and Rhode Island to be founded in 1987. Since then, over 8,500 wishes in Massachusetts and Rhode Island have been granted.

"The kindness and generosity that we have received from Make-A-Wish, Creative Playthings/Swings N Things, and Sturbridge Fire/PD to grant Conor's wish means so many

things: being a kid, breathing fresh air, enjoying the outdoors, fun, and happy memories for our family," added Michelle Canavan.

One of the many goals for Make-A-Wish Massachusetts and Rhode Island is to make each project as personalized and detailed as possible. For Conor's project, a team of volunteers visited the house and carefully planned ways to make the playset unique and engaging. They then brought the design scheme to Shrewsbury-based Creative Playthings/Swings N Things to construct and install the playset.

And even though the pandemic necessitated a change in celebratory plans, the big reveal was still plenty of fun.

"We had originally hoped to have a big celebration the weekend the playground was installed to celebrate Conor and invite all those who have and continue to support Conor and our family," Michelle Canavan said. "Unfortunately, that large public celebration has been postponed, but we found ways to make the day special and safe."

Because Conor is a

big fan of trucks, especially fire trucks, members of the Sturbridge Fire Department and Sturbridge Police Department drove by his house on the morning of the reveal. Family members thank first responders for making the extra effort to augment Conor's special day.

"We are so fortunate that Conor's wish was able to be granted during this time, as many wishes have had to be put on hold," said Michelle Canavan. "One of the many lessons we have learned is that life is short and time is not guaranteed."

Conor has MRIs every three months to monitor five tumors in his brain and spine. During these challenging times personally and for the nation, his family is grateful for the daily joy provided by his playset.

"Having a wish that Conor can enjoy every day is amazing, and seeing the smiles on his face every day means the world," his mother said.

To learn more about Make-A-Wish Massachusetts and Rhode Island, visit www.massri.wish.org.

LEGALS

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Docket No. 20P1234EA
Estate of:
Lisa Ann Myotte
Also Known As:
Lisa A. Myotte
Date of Death: March 13, 2020
INFORMAL PROBATE
PUBLICATION NOTICE**

To all persons interested in the above-captioned estate, by Petition of Petitioner **James C. Myotte of Whitinsville MA**

a Will has been admitted to informal probate. **James C. Myotte of Whitinsville MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner. May 22, 2020

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

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Saint John, Annapolis Valley
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•Mail payments to: Charlton Senior Center Trips, 37 Main St., Charlton, MA 01507 or bring into center and give to Elaine or Katherine. Please be sure to make checks payable to the company stated below.
•You will be notified of pick up time & location
•Bus pick up will usually be at St. Joseph's Church 10 H Putnam Rd. Ext. in Charlton

July 28 — GLOUCESTER HARBOR CRUISE LOBSTERBAKE \$135 includes transportation, Beauport Princess Cruise, Lobsterbake buffet, Entertainment & Dancing. Driver gratuity not included. Make checks payable to: Best of Times (payment due 6/25)
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DUDLEY SENIORS

Dudley Seniors present a Pigeon Forge and the Smoky Mountains Show Trip. It will be 7 days and 6 nights from Sept. 20, 2020 through Sept. 26, 2020. The price per person/ double occupancy is \$689 and will include motorcoach transportation from Dudley, 6 nights lodging, 10 meals, admission to Titanic: the world's largest museum attraction, 2 dinner shows, 2 evening shows, one morning show, free time in downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

For more information, please call Evelyn at (508) 764-8254.

FRIENDS OF THE STURBRIDGE SENIORS

The Friends of the Sturbridge Seniors are happy to offer the following 2020 Trips to the General Public.

On Thursday, July 16, come with us for a Lobster Bake at Foster's Clambake in York, Me. For 99.00 enjoy a 1 1/4 Boiled Lobster, Clam Chowder, Steamed Mussels, Fresh Steamed Maine Clams, Corn on the Cob, Potatoes and Onions, Blueberry Cake and a Beverage. Also available is 1/2 Barbecued Chicken in place of the Lobster. Now let us add the Ultimate Jimmy Buffett Tribute Show featuring Jimmy and the Parrots. They are the most requested Jimmy Buffett Tribute Band in the Country and they were also nominated as Band of the Year by Trop Rock Entertainment. Hear them play the favorite songs of Jimmy Buffett as well as songs by The Beach Boys, Paul Simon, Harry Belafonte, Bob Marley and many others. Included is Deluxe

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BRENDAN BERUBE
 EDITOR

Be excellent to each other

It seems as though human kindness has taken a back burner as of late, and we're not sure why. The remarks on social media between people bashing one another over politics or whether or not businesses should re-open, or whether or not the new Coronavirus is as 'real' as 'they' say, are over the top. Social media is certainly both a blessing and a curse.

Social media is a great way to keep in touch with friends and family, but it's also a platform for strangers to draw baseless conclusions and put each other down from behind the comfort of a keyboard. Once upon a time, those on opposing sides had face to face productive conversations. Those have since been replaced with this new format complete with emoji's and other memes or belittling GIFs.

Even more worthy of a raised eyebrow is how many people read a post or a news story from some random, disreputable source and then share it as incontrovertible fact. Nine times out of ten, a simple fact check will prove these "click-bait" posts to be non-factual. There are fake doctors putting out interviews on YouTube and people will just fall for them hook line and sinker. Please pause a moment and question what you're looking at objectively and always check the source.

It seems as though the regard for how we treat one another has been given a new standard, and we believe we know why; however, we'll leave that for our readers to decipher. Kindness and empathy along with professionalism is still alive and well and it's how our country has moved forward the way it has since its inception. Let's not forget that despite the current climate. What we need to remember is that no matter what you think, we are all on the same side.

When we're perusing online, it's not our job to correct a person if it can't be done in a positive way. If a person is being negative and inappropriate in how they interact online, then your best bet is to simply not engage. A heated argument never ends with any side switching to the other. A more productive means of conversation over a hot button issue would be to simply ask the other person questions. This is the best way to make a person think. A lighthearted example: "I see you think blueberry pie is better than Boston Cream pie — can you explain why?"

Asking questions from a meaningful angle can go a long way. Here's the truth of the matter, we don't know everyone we interact with online. With that being said negativity just fuels more negativity. It's easy to disagree with someone in a positive way. Another example could be, "I understand the point you're trying to make; however, I don't agree. With that being said, enjoy your day. It should be a sunny one!" Always try to leave things on a positive note. If you're feeling angry, go for a run or a drive. Don't take your frustration out on strangers online.

As Fred Rogers always said, "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'" This has never been truer than in our current situation. With this pandemic, the outpouring of love and support we have seen does far outweigh any negativity. In Brooklyn, N.Y., every night at 7 p.m., everyone bangs pots and pans outside their windows as a way to show appreciation for local healthcare workers. This is something we have seen happening in several cities across the country. On a local level, people are raising money for food pantries and running errands to protect the elderly and other vulnerable populations. We dig it. At the end of the day, the glass should always be half full.

To quote one of our favorite duos from our childhood filmgoing experiences, Bill and Ted, "Be excellent to each other!"

Blues-Busters to Boost your Mood!

With the current crisis making most of our social activities reduced or even stifled, it's easy to get the blues, or even the mean reds (a la Holly Golightly in Breakfast at Tiffany's). Instead of cheering yourself up with a double dip of ice cream, why not treat yourself to some mood boosters? Read on for an array of bad mood busters, some familiar to readers of this column and some new, that just might bring back your sunny smile this season!



TAKE THE HINT
KAREN TRAINOR

*Note: These suggestions are not meant as a substitute for medical attention. Seek medical advice if you have symptoms of depression.

Take Ten: Studies show ten minutes of moderate exercise or brisk walking is enough to improve overall mood, as well as increase vigor and decrease fatigue. And the best part is, ten minutes is all it takes to bust that bad mood because longer durations didn't further improve moods.

Massage your Mood: Did you know a good massage has the power to not only release toxins but to boost serotonin in the brain? If you can't afford to run out and get a massage every time you get a case of the blues, try self massaging your neck for five minutes at work, or treat your feet to a massage when you're in the tub or at the end of the day.

Mood Food: In a medical study over 70 percent of participants reported that increasing both their water and produce intake improved their mood. Want more? Twenty five percent said the simple dietary switch reduced their anxiety!

Sunny Smile: While lack Vitamin D has been linked to depression, sunlight exposure seems to have the greatest effect on your mood. When light passes through the eyes, it stimulates the production of the feel-good hormone serotonin in the brain. So soak up a little sun each day. Better yet, take a brisk ten minute walk on a sunny day and double the benefit from two known depression dampers!

High on Fiber: New studies reveal people that regularly consumed a high fiber diet are less emotionally distressed and have more positive moods than those who eat a low fiber diet. As an added bonus, high fiber eaters fall asleep easier too.

Fish Tale: Researchers have concluded fish can contribute to a good mood and sense of well being. The study showed Japanese people, who eat an average of 140 pounds of fish per year, have a very low depression rate of 0.12%. Germans, who eat an average of only 20 pounds of fish per year have a rate of depression forty times higher than the Japanese - you do the math!

Light On!: Try increasing the amount of natural light in your home by pulling up shades and trimming trees that block natural light. Or, substitute florescent or incandescent lights with "sunshine" or "daylight" bulbs that mimic natural daylight. Experts claim sitting within three feet of a 300 watt bulb for 20 minutes three times a day can help boost serotonin.

Cut Back: Cutting back calories has also been known to cut out bad moods. As a bonus benefit, trimming calories can also help you trim down, which will very likely make you happy!

Carb Cue: Filling up on protein and "good carbs" from vegetables doesn't bog you down like eating complex carbs tends to do. Trim your carbohydrate intake and improve your energy (and your mood)!

Mush the Mood: And don't forget to get a daily dose of mushrooms! Did you know mushrooms, which taste great cooked or raw, are the only plant source of natural vitamin D?

Sugar High: The good news is research shows chocolate can fight depression by raising brain serotonin. You already know the bad news! If you're afraid self medicating with chocolate will blow your diet, choose low or no sugar choices such as stevia sweetened or bittersweet dark chocolate to reap the benefits and not the pounds.

Humor Therapy: Did you know a hearty laugh improves moods, boosts immunity, and can even act as a sedentary workout? Believe it or not, researchers estimate that laughing 100 times is equal to ten minutes on the rowing machine or 15 minutes on an exercise bike. And laughing can actually serve as a total body workout! When you laugh out loud, blood pressure is lowered and there is an increase in vascular blood flow and in oxygenation of the blood, which further assists healing. Laughter also gives your diaphragm and abdominal, respiratory, facial and back muscles a workout.

O.J. Rx: When you're feeling blue, drink a glass of orange juice, which contains folic acid. According to medical research, as little as 200 micrograms of folic acid is enough to relieve depression.

Jovial Java: Are you aware caffeine can also be an effective antidepressant? Just don't drink more than a couple of cups of coffee a day or the effect can be counterproductive.

Banana Boost: Eat a banana. Bananas boost serotonin and norepinephrine levels, which naturally ease depression.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Is bald beautiful?

I've always had a love affair with my hair. The Moore men and many of the women have/had jet black hair. It comes from both sides of my father's tree, The Moore's and the Loucks.

As I was growing up, it was a point of family pride and became part of my identity. My grade school-teachers could not seem to keep their hands off my hair. "It's so black and thick," they'd exclaim. We'd go to family reunions and I'd hear things like, "Gary sure is a Moore. Look at that hair!"

My mother always told me that when I was born, before she actually got to see me for that first moment, the doctor and nurses began to laugh, and the Doc said, "Look at all that black hair!"

In 1988, I went on an all liquid diet which was the rage at the time. My hair started thinning and I was assured it would grow back, but it didn't. No bald spots, but the thickness was gone, and I always regretted going on that fad diet.

Now I have cancer and



POSITIVELY SPEAKING
GARY W. MOORE

am in chemotherapy. Every day when I wake up, I seem to have lost a little more of my hair. Add to the fact we are in quarantine and can't get it trimmed, my head is beginning to look like a mangy old coyote during the heat of the summer. I wear a ball cap around the house. I'm avoiding mirrors and am in denial. A friend recently said, "just shave it off. It will grow back." (I've heard that one before) Another said, "And when it grows back it will be curly and a different color?"

A different color? Not black? Really? As of now, my thinning hair would be considered "salt and pepper" and I've been fine with that because the pepper was still black. But curly and a different color?

Cancer can strip you of more than your hair. I'm in the fight of my life and

I plan to win. To fret about my hair seems ridiculous. I must face the reality that sometime soon, I'll head into the bathroom and probably just shave it all off. I get weird thoughts like, "Will I still be a Moore? Will people stare at me? If they realize I have cancer will they pity me?"

Being a columnist, author, and speaker, you must fight for attention. I've always enjoyed standing in front of large crowds to share my stories. I've never shied away from being in the spotlight. Now I find myself happy for quarantine so no one can see me. Silly ... I know. Silly or not it's the truth.

I haven't taken the step yet to shave what's left of the former thick and black mop on my head. I'm a fighter. Some things are worth fighting for and I'm realizing that my hair just isn't worth it. I'm fighting for my life. My hair should be the least of my worries.

What is it I'm really worried about? I guess I don't want to die bald and that's a thought that I must strip

Turn To **POSITIVELY** page **A11**

Why should you see a financial advisor?

FINANCIAL FOCUS
DENNIS ANTONOPOULOS

The social distancing and stay-at-home orders necessitated by the coronavirus have led many of us to feel

isolated. Still, we've fought back through social media, "virtual" gatherings and walks in the neighborhood, where we could greet friends and neighbors (from six feet away). But when you're dealing with the financial effects of the virus and you're investing alone, you could encounter some problems that may prove costly.

Of course, with so much investment-related information available online, on television and in any number of periodicals, it's not surprising that some people feel they can invest without any assistance. But the volatility of the financial markets over the past few months has also pointed to the dangers of going solo in the investment world. And you might find that a professional financial advisor can help you in several ways, including the following:

Taking emotions out of investing. During this period of market turbulence, many self-guided investors are letting their emotions drive their investment decisions. As a result, they sell investments when their price is down, "locking in" their losses. Furthermore, if they then stay out of the financial markets, they will miss out on the eventual recovery — and some of the biggest gains in market rallies usually occur right at the beginning. But if you work with a financial advisor who has helped you develop a personalized investment strategy based on your goals, risk tolerance and time horizon, you will be far less likely to react to extreme market conditions by making ill-advised decisions.

Maintaining perspective. When you're putting away money for the future and you suddenly have a lot less of it, you might start to wonder if that future is somehow in jeopardy. But if you've been working with a financial advisor and following your investment strategy, you'll know that you don't have to immediately cash out those investments that have lost value, and you may not need to liquidate them for decades if they were designed for a long-term goal, such as retirement. By the time you do need to sell them, their value may well have appreciated significantly. And if you've got a well-constructed portfolio, you'll also own shorter-term, less volatile investments to help meet your current cash flow needs.

Understanding the history of investing. The recent market instability is unique in the sense that its cause — a worldwide pandemic — is so highly unusual, and it hopefully will be a once-in-a-lifetime experience. Typically, prolonged market downturns are triggered by explainable financial or economic factors, such as the bursting of the "dot-com" bubble in 2000. However, market drops of 20 percent or more — generally referred to as bear markets — are not at all unusual and have happened every few years over the past several decades. Financial advisors are well aware of this history and share it with their clients. And for many people, the knowledge that "we've been here before" is reassuring and makes it easier for them to continue following their investment strategies.

The road to your financial goals is a long one, with many twists and turns. So you might like to have some experienced company along the way.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Good weather brings good fishing

Now that the weather has started to cooperate, fishing has started to improve dramatically on both fresh & saltwater. A call this past Sunday to Archie's Bait and Tackle shop in Providence, R.I. revealed some good news on stripers and tautog. A lot of bait fish have



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moved in and stripers are abundant, although many stripers are schoolies, with numerous legal size fish being caught. There are a lot of porgies in the area.

Bait shops in both states are sold out of green crabs every week for tautog fishing, as are fresh porgies. You may need to plan on catching your own bait! Bait & tackle shops are having a hard time keeping up with the demand for green crabs because of high volume of fishermen this year, and the crabs are not podding well because of the cool water, which otherwise are easier to catch.

This Covid 19 virus has sure disrupted our way of life, and it is expected to continue for months, or even years. People that own a dog, cat, or some other family pet are finding that they can provide some great comfort on a daily basis. As an owner of two dogs, a yellow Lab and a 13 inch beagle, I find

dealing with this terrible crises that the world is experiencing today is made a lot easier to cope with while owning my two dogs. This week's second picture shows my Lab Twig and her beagle friend Molly enjoying some sun last week.

A call to Al at Snug Harbor Marina revealed some great fishing for school stripers and fluke, although many short fluke are being caught. Catching a 19 inch fluke this year in Rhode Island is going to require a lot of catch and release, and a lot of mortality of the fish. I just do not understand the Rhode Island Marine Fishery thinking when they come to set size limits on recreational fishermen. They are constantly reporting the high mortality of our fish stocks after they are caught and released by recreational fishermen and commercial fishing. It would be not unreasonable to lower the size limit and the bag limit for recreational anglers. At least they could take a few fish home for the dinner table. Instead, the released fish become crab bait.

Local trout fishermen continue to catch some nice rainbow trout, and freshwater bass anglers are catching some impressive largemouth, and smallmouth bass on shiners and plas-



tics. Webster Lake has a huge population of smallmouth bass, and is the place to go to catch a lunker smallie. Crappie also inhabit this great body of water and can produce some trophy size fish, if you take the time to find them.

Turkey hunting in Mass. ends this Saturday, May 13 at noontime. Many impressive birds were harvested this year and many hunters managed to harvest the new two bird

limit this year. This week's picture shows Samantha Johnson with her turkey she harvested recently. Nice bird! More women are taking up hunting and fishing every year, as they find the great fun in the sport, while enjoying the outdoors.

Take A Kid Fishing & Keep Them Rods Bending!

Bronze age comic books



Comic books have a longer history than you might expect. Swiss cartoonist Rodolphe Töpffer created "Histoire de M. Vieux Bois" in 1837. The book was retitled "The Adventures of Mr. Obadiah Oldbuck" when it was translated into English in 1842. It is considered the first comic book, according to the South Florida Reporter.

The first modern comic book was published nearly 100 years later, in 1933. It contained several comic strips that had previously appeared in newspapers. According to the South Florida Reporter, "the term 'comic' implies that the tone of these strips are always humorous, that couldn't be further from the truth. Comics have been used as a medium for telling stories of all kinds."

Comics are categorized in four different "ages." The Golden Age was from 1938 to 1956. The Silver Age took place from 1956 to 1970. The Bronze Age went from 1970 to 1985 and the Modern Age began in 1985 and continues today. Some experts also include the Copper



ANTIQUES,
COLLECTIBLES
& ESTATES
.....
WAYNE TUISKULA

Age from 1984 to 1991.

As you might expect, older comics are typically more valuable. Condition is also a huge factor in determining what a comic book is worth. Comics featuring superheroes are the most desirable.

Even a few Modern Age comic books can be valuable. Spiderman issue # 300 can sell for hundreds of dollars in exceptional condition. The Walking Dead issue # 1 can bring thousands of dollars for a copy in pristine condition.

Some Bronze Age comic books can also sell for high prices. A near mint Hulk issue # 180 from 1974 sold for over \$2,000 recently. That comic book featured the first appearance of Wolverine. Two near perfect copies of Iron Fist # 14 each fetched over \$2,000 at auction this spring. A Marvel Spotlight issue # 5 with the first appearance of Ghost Rider and in great condition sold for \$4,000 in a recent online auction. A "Giant-Size" X-Men from 1975 in great condition recently brought \$4,300. Hulk issue #

181 has a full story on the Wolverine. A near mint version sold for over \$10,000 online recently. I know many of you have been using this time to clean and organize. Maybe you'll stumble across some old comics that were tucked away years ago. My next article will be on Silver Age comic books.

COVID-19 has changed the antiques and collectibles market dramatically. Shows, live auctions, estate sales, and shops are all feeling the effects. We have shifted our focus to online auctions for the time being. We are currently accepting valuable items that can be shipped to buyers across the country for our June online only auction. You can call or email us for no-contact options for consigning your items. We have some online auctions and an estate sale that we will be running when regulations permit.

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In a past column, I wrote that I would dedicate a future column to comic books. There is so much collector interest in comic books, and they have been selling so well recently, I will dedicate the next three columns to them.

Protect your skin when gardening

May is National Skin Cancer Awareness Month and a busy time for gardening and other outdoor activities. Gardening provides many benefits but like any outdoor activity it's important to protect yourself from the sun's damaging rays.



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colors, including skin tone, making them easy to wear when working, driving or participating in any outdoor activity.

And don't forget about your eyes. Wear sunglasses and a broad brimmed hat to protect your eyes when gardening, relaxing or recreating outdoors.

Check your skin regularly for any suspicious moles, spots, growths and changes. And visit your dermatologist at least once a year. They can help you detect and manage problems early.

As you work to improve your landscape or do other outdoor activities this season, add sun protection to your to-do list. Then encourage your family and friends to do the same. A bit of prevention can reduce your risk of becoming that one individual in five that develops skin cancer by the age of 70.

Melinda Myers has written numerous books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Foxgloves for her expertise to write this article. Her Web site is www.MelindaMyers.com.

More than five million cases of skin cancer are diagnosed each year and most are associated with exposure to the ultraviolet rays from the sun. And even though it's the most common form of cancer in the U.S. it is also one of the most preventable. Help reduce this percentage and keep yourself and others safe with a bit of skin cancer prevention.

Use sunscreen year-round. It is easy to overlook during those extremely cold or hot months where we may be bundled up or spending minimal time outdoors. In fact, running errands and even time spent in the car results in sun exposure.

Apply a sunscreen with UVA/UVB protection and a minimum SPF of 30 over your entire body at least 30 minutes before going outdoors. This includes cloudy days when we often forego this precaution. Reapply sunscreen every two hours or after swimming or excessive sweating. Pay close attention and make a generous application to lips, tips of ears, and the backs of your neck and hands.

Keep a bottle of sunscreen in your garden tool kit as a reminder to apply throughout the day. If it's easily accessible, you are more likely to apply it as needed.

Avoid gardening and outdoor activities when the sun is most intense. This is usually between 10 a.m. and 4 p.m. Find those shady spots in the landscape to weed or relax during that time. Avoiding the intense sunlight means cooler temperatures that make working in the garden more enjoyable.

Cover up for greater protection. Wear a broad brimmed hat to protect your ears, scalp, neck and face from the sun. Don clothing of tightly woven fabric that helps block harmful UV rays. And talk to your dermatologist about the benefits of investing in photo-protective clothing.

Be sure to include gloves when purchasing sun protective clothing. Look for knit gloves like Foxgloves (foxglovesinc.com) that provide 50+ UPF, Ultraviolet Protection Factor. These gloves are made of lightweight, breathable fabric and come in a variety of



Wear sunscreen, a hat and gardening gloves with ultraviolet protection to stay safe from ultraviolet rays that can cause skin cancer.

RALLYTHON

continued from page A1

ties. With a variety of program areas spanning Outdoor Programs, Student Media, Leadership, Civic Engagement, Fraternity & Sorority Life, and Campus Programs - Student Life aims to connect students with communities and experiences that will supplement their academic career.

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OVERLOOK

continued from page A1

COVID-19 screening protocols. Those who failed the screening process were and still are prohibited from entering the property for the recommended standard 14-day waiting period to monitor for symptoms of the virus. The Overlook was also ahead of the curve in requiring face masks weeks before state and national leaders recommended the use of personal protection equipment on a regular basis.

Even though the Overlook has been at the forefront of the response to avoid the spread of the virus it was not an easy process. Campbell said there were learning curves and plenty of frustration as it seemed no one, including state and national leaders, was prepared for a pandemic like what has transpired.

"In spite of being well-prepared and positioned for an emergency and accustomed to responding to and caring for those with contagious conditions, nothing was in place to adequately prepare us or respond to the magnitude of the COVID-19 virus, the likes

of which The Overlook, the state, the country and the world haven't experienced in over 100 years. The lack of a unified or cohesive approach at local, state and federal levels, augmented by a broken supply chain and lack of available PPE to defend against the virus, wreaked havoc on our organization exacerbating an already untenable situation and placing our Team Members and Residents in the line of immediate danger," Campbell said. "Bracing for COVID-19 is like holding back a tsunami with a piece of driftwood. It's not if but when it will strike. We have been determined not to let down our guard in wrestling this invisible and highly invasive virus. Still, the unremitting stress, long work hours, and uncertainty on multiple levels have taken a palpable toll on the Team."

Even with all that in mind, Campbell said she is proud to say the Overlook has persevered through the challenges to keep its resident population COVID-19 free. Efforts have even been made to accommodate residents on site to ensure there is no need for them

to leave the property including increasing its micro-store and offering produce, dairy products, bread, pet food, snacks and other food items for purchase on site while utilizing a point of sale software system rather than accepting physical cash. To further accommodate residents The Overlook even held a special Mother's Day celebration where they gathered 350 photos with messages from family members, framed them and delivered them to the residents to make sure they felt some love from the outside world.

As Massachusetts prepares and rolls out plans to reopen Campbell said The Overlook will remain diligent and take whatever measures they deem necessary to continue to preserve the health and well being of their residents until the pandemic is officially over.

"Our top priority, first and foremost, is the safety and security of our residents and team members," said Campbell. "We continue to focus on what lies immediately in front of us, while also trying to remain one step ahead."

TRIPS

continued from page A6

Motorcoach Transportation, Lunch and the Show.

On Tuesday August 18 to Friday August 21st, have your Passport ready for a Spectacular 4 Day/3 Night Motor Coach Roundtrip visit to Beautiful Montreal and Quebec Canada. For 849.00 pp Double or 1159.00 pp Single Occupancy. Included are 3 Nights Hotel Lodgings, 4 Meals, touring as described in your travel Brochure, Best of Times Travel Tour Director and all gratuities except Motorcoach Driver. gratuity are included. In Montreal take in a guided visit of Norte-Dame Basilica, the Botanical Gardens, the Biodome, enjoy time at Montreal Casino plus even more. In Quebec, visit the Basilica of Saint-Anne de Beauvre, Montgomery Falls, guided Tour of the beautiful Citadelle featuring the Changing of the Guard, the Royal Regiment Museum plus some Free Time to enjoy Quebec on your own.

On Thursday August 20th, get ready for the 10th Anniversary Tour of The Texas Tenors. These 3 very Handsome, Classically Trained Men have performed over 1300 Concerts with Headliner Shows in Las Vegas, China, the United Kingdom and accumulated 3 EMMY AWARDS. The Texas Tenors will sing many of the Broadway Show Classics as well as many of your favorite Pop Songs. They were honored to be included among the Top 50 Acts in the World. This could be the Best Concert that you will see this year. We are traveling approximately 60 minutes to the Venus DeMilo in Swansea, Ma.. For 99.00 included is Deluxe Motorcoach Transportation, Plated Lunch of either Chicken Parmesan or Baked Scrod, Venus DeMilo's Famous Minnestrone Soup, Vegetables, Breads, Dessert, Coffee and Tea.

Join us on Wednesday, September 2nd on our day trip to Lake Winnepesaukee for a scenic cruise out of Weirs Beach taking in the remarkable scenery of the Western end of this magnificent lake. We will also visit the spectacular Castle in The Clouds a turn-of-the-century sixteen room mansion with its breathtaking mountaintop views overlooking Lake Winnepesaukee. Enjoy a delicious full course luncheon at Harts Turkey Farm in Meredith, NH. Famous and renowned for their turkey dinners you are sure to delight in this bountiful luncheon. All for just \$129.

We had 34 people travel to the Pennsylvania Dutch Country 3 Day/2Night Trip this past December and they had such a Great Time that many of them asked to go back again this September 23-25th. We will see the New Show "Queen Esther". One of the very most riveting Bible Stories of the Old Testament that comes to life in the Magnificent Sight and Sound Theater which incorporates Live Animals, Social Effects and Jaw Opening Stage Sets. Ask anyone who has seen a Show at the Millenium Sight and Sound Theater and they will tell you this is a Must See. in your lifetime. Now let's add a 2nd Show called "Saturday Nigh Fever" at the Dutch Apple Dinner Theatre, a Backcountry Tour of the Dutch County Farmlands, enjoy your luck at the Sands Casino and more. Prices are 499.00 pp Double and 599.00 Single Occupancy and include 2 Nights Lodging, 4 Meals, Tickets to the 2 Shows,

Touring as Described and Tour Director Gratutites. Last years Trip sold out early so don't get left behind

Have you ever thought about visiting Nashville? Come along on a 4 Day/3 Night Trip December 4th -7th. Included are Roundtrip transportation to Logan Airport, Roundtrip Airfare to Nashville, 3 Nights of Premium Lodging, 7 Meals including a Sunday Brunch, An Exclusive Dinner Show featuring the Oak Ridge Boys, Ticket and Show at the Grand Ole Opry, plus a Tour of the Grand Ole Opry, Admission to Country Music Hall of Fame, a River Cruise aboard the General Jackson Showboat, Tickets for a Holiday Show at the Opry House, Admission to ICE at Gaylord Opryland, a visit to Historic Studio B and a Guilded Tour Of Nashville. WOW!! Prices are 1949 pp Double and 2349 pp Single Occupancy which includes Tour Guides and Bus Drivers Gratuities as well.

Contact Sturbridge Recreation Department 508-347-2041, email recreation@sturbridge.gov for more information

For additional information on these Wonderful Trips, please contact Linda Fortier at 508 347 1452 or by email at bestoftimes2020@aol.com

LEICESTER SENIOR CENTER.

For trip information and reservations, please call Joan Wall at (508) 892-3967.

Wednesday, June 17: The Gloucester Lobster Cruise with lobster clam bake and chicken buffet. On the way home, we stop at Kimball's Farm for their famous ice cream. We leave at 9 a.m. Cost is \$109.

Thursday, July 16: The Lakes Region Summer Music Theatre's "The King and I" and Hart's Turkey Farm luncheon. We leave at 9 a.m. Cost is \$99.

Wednesday, Aug. 12: Casablanca By the Sea in Portland, Maine. Lunch at the Bull & Claw, then a cruise in Portland Harbor. Viewing war forts, seals, lighthouses. We leave at 8:30 a.m. The cost is \$99.

Sept. 1-3: Trip to Bar Harbor, Maine. Many sights to see. Cost is in the low \$400's. More information coming.

Wednesday, Oct. 14: New Hampshire Turkey Train. Scenic foliage train traveling around beautiful Lake

Winnepesaukee. Hart's Turkey Farm brings a full turkey luncheon on board. Then more sightseeing and foliage viewing. We leave at 9 a.m. Cost is \$89.

Thursday, Nov. 11: Newport Playhouse & Cabaret Restaurant presents "Ghost of a Chance," a buffet full with everything. The play, then back to your seats for the Cabaret. Two shoes for the price of one. We leave at 9 a.m. The cost is \$99.

Saturday, Dec. 12: The fabulous Reagle Players Christmas Spectacular and Dinner at the Chateau Restaurant. The entertainment is wonderful. The food is great! We leave at 10 a.m. The cost is \$119.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

*USA: Wonders of Northern California Redwoods, Oregon & Washington: August 3-15, 2020

*Spain & Portugal: Sept.9-23, 2020

*Galapagos Islands: Jan 4-13, 2021 *Galapagos with extension to Peru (Machu Picchu): Jan 4-19, 2021

*Botswana, Zimbabwe and Victoria Falls: May 5-16, 2021

Alaska (land and cruise): early August, 2021

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS TRIP SCHEDULE FOR 2020

September 15, 2020 - Tuesday - Mohegan Sun \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Mohegan Sun at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

October 13th - 20th 2020 - ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip. This is an all-inclusive trip - all flights, transfers, meals plus snacks, nightly entertainment, and alcohol included.

November 12, 2020 - Thursday - Foxwoods \$30 - 10 - AM bus.

You will have a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble and shop. The bus will leave Foxwoods at 4 PM.

You will receive \$10 for gaming and a buffet meal voucher.

PAYMENTS DUE AT SIGN UP

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2020 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center is offering the following bus trips for 2020.

June 1 - Plymouth cruise on Pilgrim Belle with sightseeing tour and lunch at Hearth and Kettle - Fox Tours - \$91
 June 26 - July 3 -- Atlantic Canada w/ Conway Tours -- International Tattoo, ferry crossing, Hopewell Rocks, Halifax, Nova Scotia, Charlottetown, Prince Edward Island, St. John, New Brunswick - 3 seats left - \$1899.
 Aug. 30 - 31 - Saratoga Racetrack w/ Conway Tours - enjoy a race at Saratoga, a tour of the town, a tour of Haven Oaks Horse Farm, and drive up Prospect Mountain - \$329.
 Sept. 16 -18 - The Hamptons w/ Conway. Three day trip w/4 meals, guided tour of the "Rich and Famous," winery, ferry crossing, Old Westbury Estate & Gardens, Montauk Point Lighthouse, Sag harbor, etc. - \$579.
 Oct. 6 -- Green Mt. Railroad w/Fox Tours -- \$101.
 Nov. 19 -- Newport Playhouse w/Fox Tours - \$101.
 Dec. 7 & 8 - Equinox Resort and Hildene, VT w/Conway Tours. Two day trip with elegant dinner & piano entertainment, breakfast, tour of Hildene, chocolate tasting, etc. \$379.

Please call Sue at 508-476-5820 for more information or to be put on the emailing list.

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Friday's Child



Hi! My name is Danielle and I am really easy going!

Danielle is a bright teenage girl of Caucasian descent. She has many strengths that shine through, but some of Danielle's best qualities are her manners, her friendliness, and the fact that she can see the best in everyone. Danielle enjoys reading, participating in Girl Scouts and doing arts and crafts projects. She loves horses and hopes to have a career working with animals one day. Danielle likes attending school, and looks forward to learning new things. She does well advocating for herself when she needs to. Danielle would thrive in an experienced family who will allow her to build a relationship and develop trust at her own pace. Danielle is legally freed for adoption and has two siblings she will need to maintain contact with once she is placed.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

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OBITUARIES

Dean F. Squier, 97,



BERLIN – Dean F. Squier, 97, died Saturday, May 9, 2020, at the Life Care Center of Auburn. He is survived by three children, Cecily Squier and her husband Robert Polsky of Plantation, FL, Antonia Squier of Sturbridge, and Lou Squier and his wife Carla of Douglas; his sister, Joyce Northrop of Celoron, NY; eight grandchildren, Julian Squier-Rodman, Isabella Killeen, Marilyn Squier, Nathan Tong Skylark, Joel Squier-Donnan, Andrew Squier, Colin Squier, and Kiley Squier; his longtime companion, Jennifer Staples; his former wife, Paula (Burns) McManus of Oakham; and several nephews and nieces. He was predeceased by a son, Christopher Squier who died in 1977; a daughter, Pamela Solman who died in 2017; and his former wife, Alice Squier. He was born in Jamestown, NY, son of the late Vern Field and Elizabeth Bertha (Firth) Squire, and lived in Celoron, NY, Berlin, Sturbridge, Leeds, and Pittsfield before moving to Auburn. He graduated from Celoron High School, received his bachelor's degree from Clark University in Worcester,

and obtained a certificate in agriculture from the University of Massachusetts – Amherst. He was periodically invited to be a guest lecturer at the University of Massachusetts and Clark University in the field of agriculture. He was a U.S. Navy veteran of World War II, serving in Pearl Harbor after the attack in 1941. Mr. Squier owned and operated Techniturf, the first lawn care business in New England which was bought by Tru-Green Chemlawn. He was a member of M.E.N.S.A. Mr. Squier was an avid windsurfer through age 74, and loved cooking, reading, and operating his short-wave radio.

A private graveside service will be held at North Cemetery in Berlin. Due to the limited number of people allowed, please contact the funeral home if you wish to attend and we will refer your information to the family. In lieu of flowers, memorial contributions may be made to the University of Amherst Agriculture Dept., Development Office, 134 Hicks Way, Amherst, MA 01003-9207, or to Clark University, ATTN: School of Management, 950 Main St., Worcester, MA 01610. Paradis-Givner Funeral Home in Oxford is directing the arrangements. paradisfuneralhome.com

Gene M. Bailey, 69

DUDLEY – Gene M. Bailey, 69, passed away peacefully at home with his loving wife and family by his side on Tuesday May 12, 2020.

Gene is survived by his wife of thirty-five years, Elizabeth (Gauthier) Bailey; two sons: Michael Bailey and his wife Johanna of Auburn and Sean Bailey of Dudley; his sister Linda Madonna of Leicester; his granddaughter Michelle; he also leaves many relatives and friends; he was predeceased by his brother Robert E. Bailey.

Gene was born in Boston, MA, son of the late Robert and Mary (Bouret) Bailey; He served honorably in the United States Army during the Vietnam War and worked for the Scales Industries Technology Company. Gene

greatly enjoyed reading, going fishing, boating, and watching his NASCAR Races.

In lieu of flowers, please consider making a memorial contribution to the American Cancer Society in honor of Gene.

Private funeral arrangements have been entrusted to the Shaw-Majercik Funeral Home, 48 School Street Webster, MA.

A guest book is available at www.shaw-majercik.com where you may offer condolences or light a candle in remembrance of Gene.



Ronald E. Shaw, 91



OXFORD – Ronald E. Shaw, 91, of Bacon Street, died Sunday, May 10, 2020, in his home surrounded by his family. He is survived by his loving wife of 73 years, Helen M. (Socia) Shaw of Oxford; eight children, Ronald L. Shaw of Rockledge, FL, Raymond C. Shaw and his wife Kathleen of Auburn, Susan J. Troy of Boylston, Glenn A. Shaw and his wife Linda of Homosassa, FL, Luanne J. McGrath of Boylston, Jeffrey S. Shaw and his wife Jennifer of Brownsburg, IN, Lori G. Landry and her husband John of Charlton, and Karen M. Murphy and her husband Christopher of Holden; fourteen grandchildren, Lt. Col. Keith Shaw, Kimberly Butler, Todd Shaw, Tonya Spagnuolo, Matthew Troy, Travis Shaw, Stephanie Jaynes, Jaclyn Shaw, Danielle Cole, Zachary Shaw, Gabrielle Shaw, Lauren Landry, Jonathan Landry, and Ashley Maryyanek; 14 great-grandchildren and several nephews and nieces. He was predeceased by seven siblings, Walter Shaw, Willis Shaw, Leola Tracy, Verl Shaw, Letha Hunt, Eva Sirois, and Minard Shaw. He was born in Stacyville, ME, son of the late Lester and Hattie (Bragg) Shaw,

and lived in Oxford since 1957. He graduated from Sherman High School in 1946.

Mr. Shaw was a laboratory technician in the quality control department at Wyman-Gordon in North Grafton for 41 years, retiring in 1991. During retirement, he delivered cars for Wagner Motors. He was a member of the First Baptist Church in North Oxford, where he also served as a deacon and on several church committees. Mr. Shaw enjoyed vacationing in Ogunquit, Maine, camping at Sebago Lake and in Birch Point, Maine, and spending winters in Florida for 20 years. He loved going for walks, crossword puzzles, and spending time with his grandchildren. He will be remembered as a kind man with a gentle soul who was loved by all who knew him.

Due to gathering restrictions in Massachusetts, a private funeral service will be held at Paradis-Givner Funeral Home followed by burial at North Cemetery in Oxford. In lieu of flowers, memorial contributions may be made to the Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA 02452, or to the American Diabetes Association, 10 Speen St., Framingham, MA 01701. paradisfuneralhome.com

Linda Sue Wilmot, 73



Linda Sue (Robinson) Wilmot, 73, passed away April 9, 2020 at Day Kimball Hospital in Putnam, CT from complications of pneumonia. Daughter of William A. and Mary (Agee) Robinson, Linda was born and raised in North Hollywood, California. She attended Fort Wayne Bible College in

Indiana, graduating in 1968. Linda lived in the Midwest for 25 years, primarily in Richmond, IN where she started her family and met husband Bill Wilmot.

In 1990 Linda completed her long journey eastward when she moved to Pomfret, Connecticut. Living in an 18th-century home in New England let her pursue a longtime interest in historic restoration. She loved music, antiques, and gardening, passions she expressed through business while owning an antique store in Centerville, IN

in the 1970s and running A Cottage Garden, a Pomfret nursery.

Linda was possessed of a kind heart and determined spirit. Living with MS for 30 years, she met her many difficulties with courage and grace. Devoted to her family, she knit it together with bonds of concern and love. Her absence is deeply felt by those who survive her: sons Jeffrey Alexander of Philadelphia, PA, Ryan Alexander of Upton, MA, William Wilmot of Belmont, MA, and Gregory Wilmot of Pomfret, CT; daughters-in-law Dyna Alexander, Cindi Alexander, and Elizabeth Gray; grandchildren Kylie, Adan, Juliet, Calder, Rowan, August, and Noah; and Howard & Karen Wilmot of St. John IN. She was preceded in death by her parents, husband Willard J. Wilmot, and brothers Wade Norman and Don, Billy, and James Robinson.

A memorial service will be delayed until summer. In lieu of flowers, please send donations to the National MSSociety.

POSITIVELY

continued from page A8

out of my head and heart because I'm not giving in or up. Stage 4 Stomach Cancer has met its match. I'm going to beat cancer and you can take that to the bank ... although you'll have to take it through the drive-in window as quarantine seems to have the lobbies closed.

So, is bald beautiful? guess I'll soon find out.

PS - There is nothing to take lightly about cancer, but contrary to the belief

of some, cancer doesn't have to be a death sentence. It is serious business, but the attitude of the patient plays a major role in treatment and recovery with any health crisis. Do not allow a medical professional to place a time stamp or expiration date on your life. It's your life. Fight with all your might. Only speak positive and uplifting words into your head and heart. Only associate with others who do the same. Do your own research. Read about positive imaging. Be up to

date with what the universities, major cancer centers and research hospitals are doing. There are advances and breakthroughs daily. Be optimistic, be positive and fight. Never give up or give in. Cancer is beatable. Believe it and fight.

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com

Teresa Rita Montville, 91



CHARLTON - Teresa Rita (Antul) Montville, 91, passed away May 11, 2020 at Life Care of Auburn.

Her husband, Clarence A. Montville died in 2005. They were married August 27, 1955 at Our Lady of Czestochowa Church in Worcester.

She leaves behind her children; Michelle French of Colorado, Paulette Montville of Charlton and Henry J. Montville and his wife Chera of Auburn, 6 grandchildren and 6 great grandchildren and a brother, Stanley Antul, and many nieces and nephews.

Teresa was predeceased by a son, Brian Montville, Sr. who died in 2006, as well as brothers; Walter P. and Henry J. Antul who died in WWII, and Paul Antul also sisters; Stella Damon, Helen Antul, Eugena McGrath/Dixon and Jean Serafin.

She was born in Worcester, April 3, 1929 a daughter of the late Anthony P. and Agnes (Reynis) Antul.

Teresa was a 1948 graduate of North High School in Worcester, and the Elizabeth Ollis Beauty Academy. She worked 40 years at her sister's salon; Stella Antul Beauty Salon in Worcester.

She was a past president of the Women's Club at St. Joseph's Church in Charlton and was very active as an advocate for The Office of Children in the 1980's.

Teresa had a passion for crocheting and had made several blankets for her children and grandchildren she also donated them to St. Jude's Children Hospital.

Donations can be made in her name to: Capen Hill Nature Sanctuary, PO Box 218, Charlton City, MA 01508

There are no calling hours. Services will be private and at the convenience of the family.

The ROBERT J. MILLER-CHARLTON FUNERAL HOME, 175 Old Worcester Rd., in Charlton is assisting the family with arrangements.

To leave a message of condolence, please visit: RJMillerfunerals.net

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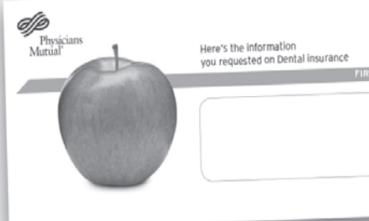
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To place a Card of Thanks In-Memoriam, Birthday or Anniversary Greeting,



the deadline is Friday noon for the following week.

(Memoriams will run on the Obituary pages)

Ad prices are \$15 for a 2x3 (actual size 2.4" x 3") or \$25 for a 3x4 (3.7" X 4") or 4x3 (5" x 3"). You can add a photo at no additional cost.

To send by mail, please mail or drop off to **June Simakauskas, P. O. Box 90, 25 Elm St., Southbridge, MA 01550.**

Personal checks, Visa, Master Card, Discover and AMEX are accepted.

For more information, please call June at 508-909-4062 or email jsima@stonebridgepress.news and she'll be happy to help!





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OXFORD – 377 Main St! 9 Rm Center Hall Colonial! .59 Acre Corner Lot! Charm of Yesteryear! Eat-In Frplcd Granite Kit w/Updated Cabinets, Frplcd Din Rm w/Built-in China Cabinet & Butler Closet! Gracious Foyer! Spacious Frplcd Liv Rm! Breezeway to a Home Office or an Unfinished Cathedral Ceiling Fam Rm or Craft Rm! Sit on the Front Porch and Enjoy Morning Coffee or Evening Tea! Huge 2-Car Garage w/Loft-Storage Area! Mature Tree Studded Yard! **\$349,000.00**

WEBSTER LAKE – 9 Pebble Beach Rd! Middle Pond – Winter Cove! Private Peninsula Protected from the Storm – Safe Harbor! Custom 3,179' 8 Rm Contemp Ready for Your Immediate Enjoyment! Grand Entry Foyer! Ideal Open Flr Plan w/Sky Lighted Cathedral Ceilings, Tall Windows & Hrdwd Flrs! Beautiful Appliance Custom Granite Kit w/Center Isl! Formal Din, Fireplace Liv Rm w/Water/Estuary Views! 1st Flr Laundry! Second Floor Master Suite, Ideal Full Bath, Huge Walk-in Closet! 3 Bdrms Total! 2 Full & 2 Half Baths! Walk-out Lower Level Fireplace Fam Rm! Buderus Oil Heat! C/Air! Oversized 2 Car Garage! **\$779,900.00**



OXFORD – 10 Huguenot Rd! 8 Rm Colonial! 1.36 Acres! Country Setting! Country Kitchen w/Bay Window Overlooking Back Yard, Front to Back Living/Dining Rm w/French Doors to Deck! Office! Side Entry Breezeway! 3 Bdrms Plus a Study/Craft Rm on the 2nd Floor! 1 Car Detached Garage w/Workshop! Easy Access to Shopping and Highways! **\$179,000.00**

DUDLEY – 38 Pine St! 5 Rm Ranch! Original Owner! Quaint Eat-in Kit! Formal Din Rm! Spacious Liv Rm w/New Picture Window! Fam Rm w/Views to Private Back Yard! Mudrm! Huge Deck! Buderus Oil Heat! 2 Car Garage! New Septic Vinyl Sided! Newer Windows! Solar Panels! **\$239,000.00**

DUDLEY – 231 Dresser Hill Rd! 8+ Rm Custom Built 3 Bdrm, 3 Bath Split Set On 2.63 Acres Professionally Landscaped w/Panoramic Views of Nichols College at a Distance! Stamped Concrete Walk Leads to the Transom Side Light Door Entry! Custom Granite Kitchen w/SS Appliances including Gas Range! Dining Area w/3 Walls of Windows for the Views! Formal Din Rm! Beautiful Frplc Liv Rm w/Cathedral Ceiling & French Doors to the New Deck with the Incredible Views! 3 Comfortable Bdrms w/Crown Moldings, Spacious Master w/Walk-in Closet & Full Bath! Finished Lower Level w/Fam Rm Offers a Potential In-law! LP Gas Heat & C/Air for Comfortable Living! 3 Car Garage! Recent Driveway! Don't Delay! **\$449,900.00**

WEBSTER LAKE – 23 Beacon Rd! Killdeer Island – Middle Pond – Southern Exposure – Full Day Sun! Level 90' Waterfront Lot w/1,011 Square Feet! Meticulously Maintained 5+ Rm, 2 Bdrm, 1.5 Bath Home w/Room to Expand! Soaring Cathedral Ceiling Family Rm w/Stone Fireplace Opening to the Maple Cabinet Kit & 4 Season Sunroom w/Anderson Slider to the Expansive Deck! 2nd floor Lake Facing Master w/Master Bath, Huge Closets & Slider to It's Lake Facing Deck! C/Air! 2 Car Garage! Lake Living at its Best! Listed by Another – "SOLD" by Century21 Lake Realty! **\$645,000.00**

WEBSTER – 9 Lake Parkway! Extremely Conveniently Located just off Exit 1 of 395! Loads of Potential! 6 Rm Cape! Appliance Kit! Din & Liv Rms w/Wall to Wall over Hrdwds! 3 Bdrms w/Hrdwds! 1st Flr Bdrm w/Commode Closet! Recent Furnace! Recent Roof! **\$169,900.00**

WOODSTOCK – 9 Fawn Ridge! Renovated 4 Rm Townhouse! New Granite Kit w/SS Appliances! Kit & Liv Rm w/Hrdwds! 2 Comfortable Bdrms w/New Wall to Wall! New Full Bath! Freshly Painted Throughout! Lower Level w/Laundry & Storage, Able to Finish Additional Living Space! 2 Parking Spaces! **\$129,900.00**

WEBSTER – 60 East Main St! Established Local Bakery & Delicatessen Specializing in Polish Foods being Sold with Building! Turn Key Business! Equipment to be included with Sale! High Traffic Count! Ample Parking! Easy Access to Rear for Deliveries! Building also consists of a One and Two Bedroom Apartment! The Owner presently uses two rooms for his office and storage which could easily be added to the One bedroom Apartment! Building was Totally Renovated in 2010! **\$599,900.00**

WEBSTER – 14 Summit Street! Conveniently Located 8 Room, 4 Bedroom Cape! Featuring Newly Remodeled Stainless Steel Appliance Eat-in Kitchen w/Custom Cabinetry & Luxury Vinyl Plank Flooring! Formal Dining w/Hardwoods! Spacious Living Rm w/Hardwoods! 2 1st Floor Bedrooms w/Hardwoods! Newly Remodeled Full Tile Bath! 2nd Floor w/2 Bedrooms w/Hardwoods, Plenty of Closet & Storage Space! Updated Second Full Bath! Recently Oil Heat, Cast Iron Baseboard! Detached Garage! Corner Lot! **\$279,900.00**

DUDLEY – 6 Lakeside Dr! 6 Rm Cape! Move-in Ready w/3-4 Bdrms in a Great Neighborhood! 1-2 Bdrms on 1st Flr (could be a Dining Rm). 2 Additional Bdrms Upstairs! 1st Floor w/Hardwoods! Interior Painted in Neutral Colors! Gas Heat on the 1st, Electric Heat on 2nd! Detached Garage w/Newer Door being used as a Hobby Rm! Newer Roof! New Insulation Added! Home is Wired for a Generator! Newer White Vinyl Fenced in Level Backyard! Town Services! Take advantage of Dudley's School System and Low Taxes! Walk to the Town Beach or the Playground at the Elementary School! Won't last long **\$249,900.00**

WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' A/C'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$999,900.00**

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DUDLEY - 25 MARSHALL TER.

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DOUGLAS - 14 MOUNT DANIELS WAY

ON DEPOSIT
NEW TO MARKET - MOUNT DANIELS ESTATES!! 4 Bedroom Hip Roof Colonial 2+ Private Acres!! Beautiful Hardwood Floors + Lg Cabinet Packed Kitchen! 1st flr 1/2 Bath & Laundry. Grand Living Room. Stone Fireplace! French Doors Welcome you to a 3 Season 14x18 Sun Room. 16 x 18 Deck. Cape Cod Shower! 4 Bedrooms - Master w/Hardwood Floors, "Spa Like" Bathroom! 3 baths total. New High Efficiency Boiler & Hot Water Tank! Central Air **\$409,000**

WEBSTER - 5 SURREY LN

SORRY, SOLD!
Gently Used 5 Bdrm Colonial, or 4 Bdrms & Game Room! This 24 x 28 3 Car Garage HAS HEAT! Open Concept Kitchen, Dining & Living Room, Full bath, Beautiful Granite Counters w Breakfast Bar, Second Floor - 5 Over-sized Bdrms! Bath & Laundry Rm! Walk up Attic. New Price **\$399,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS
Dudley - Marshall Terrace 12,000 +/- Sq. Ft. Potential for a 2 family to be built! Town Water, Sewer. **ON DEPOSIT \$70,000**
Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest **\$132,900**
Webster - Potential 6 Buildable Lots! Water/ Sewer Access, Zoned Lake Residential **\$129,400.**
Webster - 85 Upper Gore! View of the Lake. 1+ acre, artesian well, Septic Design, Etc. **\$130,000**
Oxford - 4 Leicester St. approx. 8.47 acres! River frontage! Highly possible to be subdivided. **\$99,900**

WOODSTOCK, CT - 64 LYON HILL RD

SORRY, SOLD!
Estate like long paved driveway! 3158 Sq Ft Colonial! Geothermal built. Open floor plan, ash flooring throughout! Granite and s/s appliance kitchen! Large master bedroom, coffered ceiling, master bath, w/Jetted tub! Walk in closets. Two car garage. assisted sale **\$499,900.**

WEBSTER LAND - COOPER RD

2 BUILDABLE LOTS
Potential from 10,000+ sq. ft. Lot. Need to be divided. Town Water/Sewer. Zoned Lake Res. **\$24,500. Each = Total \$49,000**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Featured Open House – WEBSTER LAKE - 28 BLACK POINT RD
OPEN HOUSE • SUN 11-2

2019 CUSTOM BUILT WEBSTER LAKE (WATERFRONT ACCESSIBLE) CONTEMPORARY CAPE! Sunrise (E) & Sunset (W) Exposure! 2,600+ SF, 11 Rms, 3 BRS, Loft, & 2 Full Baths. Open Fir Plan, Cathedral Ceilings, Stone-faced Fireplace, Upscale Gourmet Kitchen w/Huge Island, Sunny Breakfast Nook w/Built Ins, Formal Dining, Office, Laundry Rm, Mudroom & Coat Closet, 2 Main Level BRs & Full Bath. 2nd Flr Private Master BR Suite w/Private Bath & Walk-in Closet! Central Air! Cavernous 1,500 SF+ Unfinished LL plumbed for a Bath, Oversized 2-3 Car Att'd Garage! Corner Lot, 12,599 SF (.29 Acre), of Land plus BOAT DOCK. **NEW PRICE \$652,000.**

WEBSTER LAKE – 32 JACKSON RD

SORRY, SOLD!
DEVELOPMENT POTENTIAL! EXTREMELY UNIQUE 3.32 ACRE WEBSTER LAKE WATERFRONT PROPERTY! Charming, year-round, 2 BR, 2 bath Ranch, located at the Southern most end of Webster Lake's South Pond beyond Cedar Island! Extremely private w/direct Lake access. The home offers a full finished LL w/walkout access, a screened-in 18x20 patio, 18x26 det'd garage & 8x8 storage shed. Park like grounds! **\$375,000**



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Jo-Ann Szymczak
CRS, GRI, SRES
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joannszymczak@gmail.com

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NEW LISTING

Dudley: Multi-Level, 2.5 Baths, Fireplace, Updated kitchen with breakfast bar, 1st floor family room, Office
7 Joseph St. - \$319,900

LAND

Dudley: 27 Acres, Zoned light residential
0 Paglione Dr./West Main St. - \$99,000

East Brookfield: 136' on Lake Lashaway, New septic, 2.5 Baths, Vacation all year long.
142 Gleason Ave - \$310,000

ON DEPOSIT IN 2 DAYS!
Worcester: Ranch, 2.5 Baths, Family Room, Fireplace, 3 Bedrooms
5 Vega Ln - \$299,900

Dudley: 4 acres, Ideal for future development, Subdivide lots, Live in existing home.
142 Gleason Ave - \$319,900

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Open House Directory

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, MAY 23				
DUDLEY				
7 Joseph St.	S	11-1 By Appointment		Re/Max Advantage Jo-Ann Szymczak 774-230-5044
WEBSTER				
28 Black Point Rd	S	11-2		Hope Real Estae Sharon Pelletier 508-943-4333

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Epson Photo Printer Cd/DVD with program \$650
Car or Truck Sunroof \$100
Rollup School Map \$50
Many Chairs \$25 each.
Electric Fireplace \$140
2 Antique Printing Presses Manufacturing 1885-\$1500 each.
Call: 508-764-4458

Bunn My Cafe single cup brewer \$75 Oak bookcase 3"x3" 3 shelves \$50 508 320-7230

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With Lens and Flash 52 mm UV 35 mm 52 mm Zoom II
62 mm UV model 202 35-70 mm 1007773 Asking \$150.00 OR BEST OFFER 1-774-230-7555

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Sleeper sofa full size \$75
Antique Doll House w/ furniture \$75
Flute & Case \$50
18" computer screen & keyboard \$10
Wicker picnic basket \$10
Typing table, cabinet sewing machine, word processor: FREE
Leave message 774-745-0561

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Maple w/ movable glass tops for protection.
60" Long X 36" Wide 6 Chairs LIKE NEW
In garage for viewing Asking \$500.00 or B/O for ALL 1-774-230-7555

ENCYCLOPEDIA Britannica-24 volume 9th edition(1880) leather bound with marbled edges. Excellent Condition. \$500. call 860-774-1871

EXC.SOLID 68" L SHAPED OAK DESK
LHF return 48" Power center with hutch lights & 2 glass doors & Bk case. Original price \$2200. now in like new condition \$1595.
5 drawers & 2 file drawers with key lock. Pictures available on facebook.Click on messenger then. Paulette 508-765-1231

FOR SALE
Baldwin Electric Player Piano Includes 40 rolls. Best offer. 774-232-9382

FOR SALE
Brand new 6ft Leers Cap. Fits a 8ft bed for 2016 and under. \$850 call 508-909-6070

FOR SALE
Four snow tires (2 are brand new) Size: 205 60R 16 Mounted on Ford Rims \$500 (508)779-0120 Leave name and phone number.

010 FOR SALE

GOING OUT OF BUSINESS:
Beauty Salon equipment for sale: 2 Salon Booths, 2 ceramic shampoo sinks, 2 Belvedere shampoo/styling chairs, 1 styling chair with pneumatic pump, 2 realistic hair dryers, 2 xtra wide dryer chairs. Sold separately or as a package. Prices negotiable. Must be out of building by March 3, 2020 in Southbridge, must see. Call 774-452-0166

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including a large assortment of fabrics in both prints and solids to choose from. Also includes choices of a variety of laces, trims, sequins and beads etc. Please call 413-436-5073.

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2003 Toyota Tundra with extra cap. 2 wheel drive. 185k. asking \$4,000 Call 774-262-9085

725 AUTOMOBILES

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- Renewal by Andersen is the full-service replacement window division of Andersen, the most trusted family of window and door brands in America*
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Memorial Day Sales Event ENDS Sunday, May 31st

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on windows and patio doors¹

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PLUS

★ ★ ★ ★ ★
take an additional \$50 off each window and patio door¹
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When you set your appointment by May 31st and purchase by June 6th. Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 18 months.



Make your home more secure.
 Book a No-Contact or In-Home Appointment.
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¹DETAILS OF OFFER: Offer expires 6/6/2020. You must set your appointment by 5/31/2020 and purchase by 6/6/2020. Not valid with other offers or prior purchases. Get 20% off your entire purchase and 18 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio doors between 5/10/2020 and 6/6/2020. Additional \$50 off each window or patio door, minimum purchase of four (4) or more windows or patio doors required, taken after initial discount(s), when you set your appointment by 5/31/2020 and purchase by 6/6/2020. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Call for financing details. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved. *2018 U.S. Homeowner Brand Study of Andersen and Renewal by Andersen brands versus competitive brands.



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