

Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, October 1, 2021

Lasell Field entertains Northbridge, Uxbridge girls' soccer teams

NORTHBRIDGE — The lights shined brightly at Lasell Field on Monday evening, Sept. 20, when the Uxbridge High girls'

varsity soccer team came to visit fought soccer, both teams went Northbridge High in a much-anticipated matchup. Following 80 minutes of hard-

home with a point because of a Turn To SOCCER page A13



Julia Philbrook of Uxbridge serves the ball in for attacking teammates to go track it down.

Uxbridge Athletic Director nominated for statewide award

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

UXBRIDGE — Uxbridge Public Schools Athletic Director Chris Carbone has been nominated for a statewide Award of Merit from the National Interscholastic Athletic Administrators Association (NIAAA).

"It is humbling to even be considered for an award like this," Carbone said. "We are all just doing our best to navigate through these crazy times and do right by our student-athletes despite many variables outside their control."

Uxbridge Superintendent of Schools Dr. Patrick Dillon announced that Carbone, who is in his third year as the athletic director in Uxbridge, was nominated by his peers for the award.

The State Award of Merit is presented to an NIAAA member who "demonstrates outstanding leadership and meritorious service and achievement in the vocation of interscholastic administration." The award, according to NIAAA, may be selected and presented annually in each state.

In his role, Carbone is responsible for the leadership and oversight of Uxbridge's interscholastic athletic programs at both Uxbridge High School and Whitin Intermediate School, according to a district statement. He serves as a District 2 representative to the state

Turn To AWARD page A13

Department to hold child seat safety checkpoint

Millville Police WCS launches Fine Arts degree track

BY KIMBERLY PALMUCCI

MILLVILLE — The Millville Police Department has recently been awarded \$19,979 through a municipal road safety grant program.

The funds, made available from the National Highway Traffic Safety Administration grant award administered by the EOPSS Office of Grants and Research. will be used for car seat and bicycle helmet checkpoint events, the department announced.

"Millville Police will also be conducting targeted enforcement throughout the town to ensure our pedestrians and bicyclists are safe on the roadways," the department released in a statement.

Millville Police will partner with area towns to host a Child Passenger Safety Seat Checkpoint on Saturday, Oct. 9. All participants are SAFE Kids certified Child Passenger Safety Technicians. The event is funded by the Massachusetts Executive Office of Public Safety and Security, and the program "aims to help reduce child passenger fatalities and injuries" and partners with municipalities throughout the country to reach this goal, the department released.

The checkpoint will be held at the Millville Police station parking lot, 10 Central Street, Millville from 10 a.m. to 2 p.m.

Free car seats will be made available and installed to Blackstone Valley residents in need. Additionally, free bicycle helmets will be offered to the public at the same time," Millville Police shared. "These events are used to educate and provide assistance to parents when using Child Restraint Systems (CRS). A team of certified technicians will teach child caregivers and parents the basics of correct selection, use, and installation of CRS. This checkpoint also provides the opportunity to detect unsafe CRS.

In other news, the installation of a generator at the Millville Senior Center—funded by a pre-disaster miti-gation grant—is complete and will "provide a seamless transition of power to the Millville Senior Center should there be a power interruption."

In December of 2020, Millville's Emergency Management Director Chief Ronald Landry announced that Millville had received an award of approximately \$20,000 through a highly competitive FEMA grant process for "purchase and installation of a propane generator at the Millville Senior Center." This Pre-Disaster Mitigation (PDM) grant was submit-

ted to reduce the loss and risk of loss to persons or property in Millville by installing an emergency generator at the Senior Center to provide the town with a shelter that can also see use as an Emergency Operations Center, the department shared.

A permanently installed generator installation provides hazard mitigation and emergency response actions in a central location integrated into relevant town operations. Putting together a well-rounded, successful funding package often takes 18 to 24 months. Healthy doses of perseverance, passion, and patience are invaluable.



WHITINSVILLE Whitinsville Christian School has launched the first of several Degree Tracks, allowing students more recognition for their dedication to certain areas of study. The first track to launch, the Fine Arts Degree Track, is available to freshmen and sophomores in the 2021/2022 academic year and will allow students the opportunity to receive a Fine Arts Endorsement on his or her high school diploma.

This new arts track will require 20 credits in Fine Arts courses, participation in performing opportunities, attendance and a review of outside performances, and a senior year performance or showcase. All of these activities are recorded by the student in order to create an e-portfolio, an important tool as they audition for programs and apply for colleges and scholarships.

(Hannon) Heather Rufo, Director of Arts, was instrumental in developing the Fine Arts Track, and commented "I wish I had this Fine Arts Track when I was in high school. For my college auditions, I was auditioning for very competitive musical theater programs, and needed every edge I could get. This endorsement provides an edge!"

The WCS Fine Arts Endorsement was a major initiative of Rick Lukianuk's first year as Head of School.

"The WCS Fine Arts Diploma Endorsement sends the message to colleges that while we may not be a conservatory, Whitinsville Christian School is preparing students for college, and helping them to build a future in the arts," said Lukianuk.

"We have an incredibly rich elective program at WCS that extends beyond drama, choir, orchestra, and band. Students can take specialty classes like sound tech, music composition and songwriting, AP music theory, modern American music, sculpture, and digital art, just to name a few!" said Rufo. "The Nehemiah Center for Arts and Worship, built in 2018, features a stage that some could only dream of performing on. And, yet, this is a stage that is used for our K-12 WCS Arts programming for all school plays, concerts, and performances."

"This formal recognition of our talented students sets us apart as the top area Christian school for the fine arts," said Lukianuk. "I am grateful for Heather's leadership in this program, and to our Education Committee members for their support of the idea.'

To learn more about all of the opportunities for students in grades K-12, WCS is hosting an Open House on Thursday, Oct. 7, at 6:30 p.m. Please visit whitinsvillechristian. org to RSVP, or for more information.

Soter hosts annual Senior Center summer cookout



UXBRIDGE — On Sept. 17, Rep. Michael J. Soter hosted his annual cookout for the seniors of Uxbridge at the Uxbridge Senior Center. Approximately 60 seniors were in attendance as well as senior center staff and other town officials.

This year, Soter chose a barbecue theme and served homemade pulled pork, smoked chicken drumsticks, and smoked chicken thighs, as well as sides. In addition, Soter also sponsored dessert which was provided by the Sweet Wise Ice Cream Truck, based out of Uxbridge. Seniors enjoyed the sweet smokey flavor of the barbeque and nostalgia of the ice cream truck.

"Thank you to all of

the seniors who came out for our annual cookout. The summer cookouts are always a highlight of my late summer months. They are filled with smiles, laughs, and memories. I'm always so excited to give back to our senior population and take the pressure off the hard-working senior center staff for the day," Soter commented.

Soter explained that while mostly everything was homemade, some of the ingredients were also locally sourced. A portion of the meat came from Overpass Farm (Uxbridge), sea-sonings from PJ's Bar Grill/Smokehouse 'n (Bellingham) were used for initial flavoring, and barbecue sauce from Goodstuff Smokehouse (Blackstone) was used in the final preparation of the pork. Sourcing as much local product as possible was crucial in the wake of Soter's August Reopening Tour, where he featured small businesses and celebrated their reopening after the 2020/2021 shutdowns. Soter encourages his constituents to continue supporting our local restaurants, retail shops, farms, and other businesses so that we can work towards creating a thriving commonwealth once again.

Soter would like to thank all the seniors that he had the privilege of serving at the Uxbridge senior center and looks forward to next summer's cookout.

Upton VFW to host final flea market Oct. 9

UPTON — The Upton VFW Post 5594 will complete its summer series of flea markets on Saturday, Oct. 9 at Post headquarters, 15 Milford St. (Route 140). Hours are 8 a.m. to 1:30 p.m.

There is no rain date. Parking is free.

Crafts people are welcome to join with vendors in this event that benefits the Post, veterans, and the community. Each space is \$10 or \$15 if a banquet sized table is needed.

No reservations are needed. David Kennedy can provide further information by calling 508-529-3314 or via the Upton VFW Facebook page.

During the morning, donuts and coffee are available. At lunchtime, hot dogs and cold drinks can be purchased.

The Post wishes to thank all shoppers and vendors who participate in these annual fundraisers. The events are scheduled to resume next spring.





HYGIENE MONTH

NATIONAL DENTAL

OCTOBER I

Visit one of these Professionals to improve your family's oral health.

Good dental hygiene is *very important* to overall good health.

Dental hygiene is about more than just your teeth

Individuals tend to learn about dental hygiene at an early age. On the recommendation of their children's pediatricians, parents may begin brushing their youngsters' teeth the moment the first tooth breaks through the gums. While proper dental hygiene is vital to oral health, it also can have a profound effect on the rest of the body.

According to the Mayo Clinic, poor oral health might contribute to various diseases and conditions. Periodontitis is a severe yet preventable gum infection that can lead to tooth loss if left untreated. But the threat of periodontitis doesn't end in the mouth. The American Academy of Periodontology notes there's a connection between periodontitis and several other diseases. While bacteria was long suspected to be the link between periodontitis and other diseases in the body, the AAP notes that recent research points to inflammation as the culprit that connects periodontitis with diseases such as diabetes and heart disease.

Diabetes

The AAP notes

that people with

diabetes are at increased risk for periodontal disease, speculating that diabetes patients' risk is higher because people with diabetes are more vulnerable to infections than those without diabetes. While that suggests periodontal disease is a byproduct of diabetes, the AAP notes that research points to the relationship being a two-way street. Periodontal disease may make it more difficult for people with diabetes to control their blood sugar, making dental hygiene an especially vital component of routine healthcare for people with diabetes.

Heart disease

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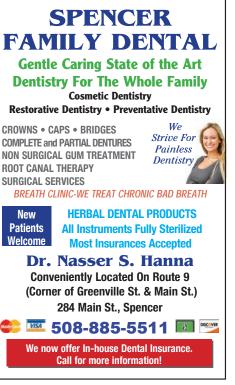
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The AAP notes that research indicates periodontal disease increases a person's risk for heart disease, with the inflammation caused by the former leading to the latter. People with existing heart conditions also may find that periodontal disease exacerbates those conditions. The Mayo Clinic notes that the link between heart disease and periodontal disease is not fully understood, but enough studies have been conducted for scientists to support the notion that the two are connected.



Can periodontal disease be prevented?

Periodontal disease is preventable. A daily dental hygiene regimen that includes brushing after meals, flossing at least once per day and swishing with mouthwash are some simple, healthy habits that can prevent periodontal disease. In addition, the AAP recommends that people at increased risk for periodontal disease, including the elderly and smokers, should discuss their risk with their dental professionals.

Dental hygiene can do more for individuals than produce a mouthful of pearly white teeth. In fact, people who prioritize dental hygiene may lower their risks for various diseases.

ValleyCAST Art Gallery exhibit at **Alternatives' Whitin Mill**



WHITINSVILLE — Artful Home, an exhibit of unique, handcrafted gifts and artwork will be on display beginning Oct. 22 at the Spaulding R. Aldrich Heritage Gallery at Alternatives' Whitin Mill, 50 Douglas Rd., Whitinsville. An opening reception with the artists will be held at the gallery on Friday, Oct. 22 from 5 – 7 p.m.

This holiday exhibition and art mar-

ket will showcase the work of eight local artisans and fine artists. Their wares, which will be available for purchase throughout the run of the exhibit, include quilted pillows, hand-printed tea towels and napkins, pottery, stained glass, and framed artwork. The participating artists are potters Caly Almy and Ann Schunior, mixed-media artist Lisa Barthelson, quilters Rosemary

BVT practical nursing program recognized

BY KIMBERLY PALMUCCI

UPTON — The Blackstone Valley Tech Practical Nursing program has been ranked third in the state by Nursing Schools Almanac, an organization that annually ranks the best nursing schools in Massachusetts to help aspiring nurses with a resource for selecting their future nursing school.

"It's an honor to be included in the Nursing Schools Almanacs 2021 rankings of the best nursing programs in Massachusetts,' Practical said Nursing Coordinator Joann Monks, MBA, MSc, RN-BC. RMA. "This is a tribute to the dedication of our students, faculty, staff, and stakeholders working together in support of our program."

excellent benchmark for comparing the relative quality of programs," the school released.

ranking methodology The focused on the NCLEX-PN pass rates among first-time test-takers. As well as the average number of annual graduates and previous calendar years, 2011 through 2020 were analyzed, weighted by year, and averaged together, BVT shared, adding "They used this metric to rank all of the Massachusetts' LPN programs accordingly."

Blackstone Valley Regional Vocational Technical High School ranked third, with a NCLEX-PN pass rate among first-time test-takers of 95.5 percent and the average number of LPN students graduating annu ally being 17.

to provide an "exciting and rewarding" career education option for students in the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. The system offers 18 vocational-technical programs and a challenging academic curriculum, as well as a post-secondary program, according to the school.

Dziubinski and Liz Foss, knitter

David Lane, stained glass artist Stephen Paulson and printmaker

Regular gallery hours will be held

on Wednesdays and Thursdays from

1 - 7 p.m.; and Fridays from 1 - 4p.m. The exhibit will also be open

on Saturday, Nov. 27 from 11 a.m. – 3

p.m. as part of Shop Small Saturday.

The gallery is closed on Thanksgiving Day and Christmas Eve. Visits out-

side of regular gallery hours are by

appointment. The exhibit ends on

For more information about the exhibit and links to participating art-

https://www.openskycs.org/newsevents/events/valleycast-art-exhib-

Morgan Tartakoff.

Dec. 31.

or

То

and/or

more

ist websites, visit

www.facebook. com/ValleyCAST

ValleyCAST

Sky Community Services,

openskycs.org. To

schedule a visit

to the Gallery,

call (508) 234-6232

or email: Cristi.

Collari@open-

skycs.org.

https://

learn

about

Open

visit

it-artful-home

The Blackstone Valley Tech Practical Nursing (post-secondary) program serves adult learners in the district, out of the district, and out of state. The program is offering information sessions this fall, including: Tuesday, Oct. 19, at 5:30 p.m. and Wednesday, Nov. 10, at 5:30 p.m.



The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



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Milford Federal Bank is proud to sponsor Baypath Humane Society's Pet of the Week!

For the 2021 rankings of LPN programs, the research team at Nursing Schools

CRIMINAL

SERVICES

EXPUNGEMENT

Almanac compiled an "extensive database of student performance" on the National **Council Licensure** Examination for Practical Nurses (NCLEX-PN),according to a Blackstone Valley Tech statement.

"Aspiring practical nurses must pass this examination before commencing practice. Thus, student performance on the exam provides an

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For more information, visit www.valleytech.k12. ma.us/pninformationsession.

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Socially Speaking...

FDIC

This feature is for churches, senior centers, libraries, or other civic organizations who have events coming up.

Call June at 508-909-4062 or email jsima@stonebridgepress.news for advertising sizes and prices





Millbury Senior Center

SENIOR WORK - OFF PROGRAM For Eligible seniors, 60 or older that are residents of Millbury

Receive up to \$1,500 per year that can be used to pay real estate property tax In return for voluntary service at a town department

For more information or to pick up an application please call the center at 508-865-9154

MILLBURY SENIOR CENTER **ACTIVITIES!!**

LIGHT EXERCISE CLASSES

Mondays and Fridays 9:30 A.M. -10:15 A.M. WII BOWLING Mondays at 12:30 P.M. MAHJONG Mondays at 12:45 P.M. TAI CHI IS BACK!! Tuesdays 9:30 - 10:30 A.M. (class is \$3) **BLOOD PRESSURE CLINIC** Every Tuesday from 9 A.M. - 10 A.M. WALKING CLUB Tuesdays at 8:30 A.M.

We will be walking around the garden This will be followed by coffee in the garden!

SOCIAL BINGO Wednesdays at 1 P.M. Bring your pennies! DULL MENS CLUB Thursdays at 10 – 11 A.M

No reservations required for any of our activities! If you would like Lunch ahead of time a 48 hour reservation is required call the center at 508-865-9154

Lunches are served Monday through Friday 12 P.M. at the Senior Center

- The menu is available on the town website, www.townofmillbury.org
- Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required.

Millbury Senior Center Transportation

Transportation is provided for Millbury Senior Residents

Monday through Friday from 9 A.M. to 4 P.M.

We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)

Rides are free until January 1st For more information or to schedule transportation call the center at

508-865-9154

"MEMORY CAFÉ"

Please join us October 26th , 2 - 3:30 P.M.

A Memory Café is a monthly gathering for people with memory loss/ challenges

and their care partners. It is a time to socialize, make new friends, and have a good time.

Fourth Tuesday of each month, refreshments will be served.

We are also looking for volunteers to assist with this program!

Our Outreach worker, Julie Fitzgerald, is happy to answer

ORTHBRIDGE SENIOR ENTER

Phone: 508-234-2002

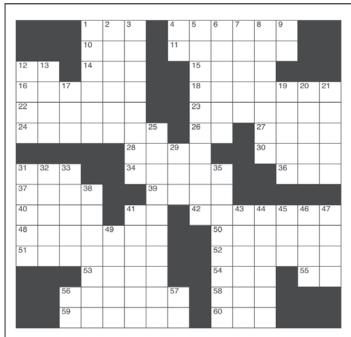
www.northbridgemass.org/council-on-aging

Monday - Thursday 8:30 a.m. - 3 p.m., Friday 8:30 a.m. - 1 p.m.

'Yoga for Grandparents & Grandchildren" 6 week workshop is being offered at Plummer Place. Join Lindsey Centrella, Certified Yoga Instructor, each Wednesday evening beginning September 29th from 6:30-7:00pm to learn fun, mindful ways to move and breath that will help promote a sense of well-being, lessen anxiety and to enjoy more time with one another. Best for ages 4 and up. Feel free to bring your own yoga mats, though will be provided if needed. \$5/family. Please call to register.

Writing Workshop will return on Wednesdays beginning October 6th @ 6:00pm. This is a 5 week workshop meeting every other Wednesday with Diane Pollard as our instructor. We welcome new writers! Call the Center to sign up. \$5/class.

Ukulele Class will be returning on Wednesday, October 6th @ 2:00pm. Raianne Richards will be back as your instructor. This class is for both beginners and those who need to brush



up on their skills. Call the Center to sign up.

Exercise Classes at Plummer Place, Mondays: Chair Exercise @ 9:30 and Tai Chi @ 11:00, Tuesdays: Chair Zumba at 1:00, Wednesdays: Low Impact Aerobics @ 10:30, Thursdays: Chair Yoga @ 11:15, Fridays: Stretch & Strengthen @ 9:30.

Mahjong is looking for new players at Plummer Place. The Four Winds Mahjong League meets Mondays, 1:00-3:00pm and on Thursdays (this change begins Oct. 7th) at 12:30pm, National Mahjong League meets.

Bridge League meets Tuesdays, 12:30 at Plummer Place. They are in need of more players. If interested, call to sign up.

Aqua Aerobics Class is offered through the Center at the Whitin Community Center Mondays @ 1:00pm. Call to sign up.

Tap Class is back at Plummer Place with Ed Burch as our instructor. Begins Wednesday, September 29th @2:30pm. Call to sign up.

The Plummer Place billiard room is open during our normal working hours to anyone interested.

Cribbage League is in its third week, but they are looking for more players. If interested, call the Center.

Plummer Place is looking for Pitch players to join a new league, start date to be determined. Please call if interested.

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any questions, call to RSVP 508-865-9154

Millbury Friendly Visitor Program Our Friendly Visitor Program is now being provided by telephone

Volunteers call clients to check in with them, chat and hear a friendly voice

For more information on coordinating a Friendly visitor

Call the center at 508-865-9154

APPLICATIONS SNAP (Food Stamps)

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Call for an appointment & required documentation

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TRIBUNE Almanac

Real Estate -

BLACKSTONE

\$400,000, 12 Saint Paul St, Parenteau, James G, and Parenteau, Karen, to Weltin, Bruce K.

\$350,000, 2 Diana St, Lindsey, John E, to Gorgone, Brandon.

\$341,000, 71 Main St, Pickering, Daniel A, to Donovan, Joshua, and Donovan, Kristine.

\$300,000, 13 Residential Ln #13, Raiche, Kevin R, and Raiche, Elizabeth M, to Wright, Candyce.

\$250,000, 218 Farm St, Diehl, Kevin L, and Diehl, Mary A, to Diehl, Jacqueline M.

DOUGLAS

\$500,000, 274 Main St, Petraglia, John C, and Petraglia, Virginia, to Delbecq, Michelle.

\$475,000, 767 NW Main St, Kelley, Cristal, and Kelley, Mark, to Newman, Emily, and Scott, Austin.

\$320,000, 47 Eagle Dr #47, Deyette, Donna, to Lui, Chung D.

\$252,300, 9 Whitin Hts, Ngow LLC, to Haider, Adel, and Haider, Ambreen Α.

\$249,900, 14 Birch Hill Rd, Mclaughlin, Aaron, and Mclaughlin, Jill, to Duquette, Alexandria, and Hroszowy, Matthew M.

\$93,050, 17 Arnold Rd, Loring, Cindy M, and US Bank NA, to US Bank NA Tr.

NORTHBRIDGE

CLUES ACROSS

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2

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- 9. Atomic #81
- 12. Type of pear
- 13. Chemical compound
- 17. One's mother
- 19. Vietnam's former name
- 20. Snow forest
- 21. Church officer
- 25. Hardens

College army One who's revered Long, winding ridge Football stat Stealing Hawaiian island More raw In one's normal sta Daniel LaRusso's s Tropical American Measures heart cur Midway between so Knotted again 58. Born of 59. Value 60. Soviet Socialist Republic

Island entry point

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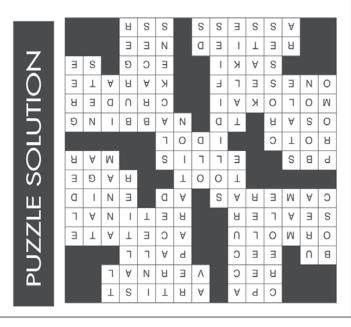
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33. Not fresh
35. Loosens
38. Religious symbols
41. Film
43. Orthodontic devices
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45. Journalist Tarbell
46. Brooklyn hoopsters
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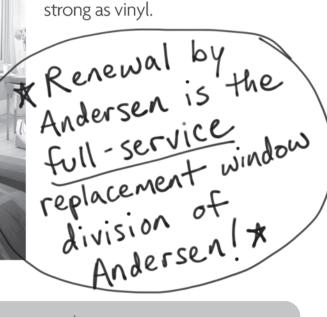
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Gazebo-Palooza benefits Small Stones Festival of the Arts

GRAFTON — Enjoy food, music and fun at Gazebo-Palooza, a benefit bash on Oct. 2, Noon- 6 p.m. just behind the Old Town House, One Grafton Common, Grafton.

Sample food donated by the area's best restaurants including Bushel 'N Peck, The Cake Shop, Cancun's, Grafton Grill & Crust, The Grafton Inn, Pepperoni Express, Post Office Pub, Reunion Table & Tap and Town House Tavern while listening to live performances from local favorites like Josh Briggs, Old Tom & the Lookouts, Dave Rivers, Jesse Garcia & Belit, Pallet House and The Half Wits – all of whom are volunteering their time and talent!

Emceed by father and son team Josh and Nate Briggs, live music will play all day on the Old Town House rear patio while people sample food, enjoy a beverage, and stroll the silent auction items donated by local businesses including Ace Ticket, The Bread Guy, The Cake Shop, Grafton Country Store, Highfields Golf and Country Club, Houlden Farms, Jubilee Chocolate, Pecorino Artisanal Cheese and Fine Wine, Quite Fetching Barkery & Pet Boutique, Touchstone Crystal, and Wicked Twisted.

Be sure to brush up on your Grafton Trivia, because more than \$1000 in gift cards donated by our restaurant partners will be given away. Admission is \$15 a person, and all proceeds benefit the Small Stones Festival of the Arts and Grafton Art's Inc. Children 10 and under are free with an adult. Soft drinks, wine and locally crafted beer are available for separate purchase. (Photograph ID required for wine and beer.)

A special thank you to our sponsors: Anytime Fitness, Gaudette Insurance Agency, Highfields Golf and Country Club, Homefield Credit Union, JCSI, Jubilee Chocolate, Roney Funeral Home, Mathieu Newton Sotheby's International Realty, Theroux Dentistry Associates, Touchstone Crystal, and The Town House Tavern.

The Small Stones Festival of the Arts, a juried fine art painting and photography exhibit accompanied by music and literary programs, juror and artist talks and an art collection presentation, runs Oct. 15-24. The exhibit is at the Great Hall, One Grafton Common and programs will be held there as well as the Grafton Public Library and Congregational Church of Grafton.

For more information about the Festival, visit https://www.smallstonesfestival.org or contact Ken Crater at ken@ graftonarts.org.

Charr Jobe of Uxbridge named to Assumption University Men's Soccer Team

WORCESTER — The Assumption University Department of Athletics has announced that Charr Jobe, of Uxbridge, has earned a spot on the 2021 Men's Soccer team. Jobe, Class of 2024, is competing during the fall season. The Assumption Men's Soccer team was ranked eighth in the 2021 Northeast-10 Conference Preseason Coaches' Poll. The Greyhounds are the defending NE10 Champions after winning the NE10 Title as a No. 5 seed in 2019; the

Spartans blank Blackstone-Millville, continue winning ways

On Saturday, Sept. 25, the Uxbridge High varsity field hockey team improved to 5-0 after defeating Blackstone-Millville Regional, 9-0. Chloe Kaeller led the offensive charge with four



goals and an assist. Other goal scorers were Meghan Smith (one assist), Julianna Casucci (one assist), Blood, Amelia Kendall Gilmore and Bailey Dzivasen. In goal, Jessica Lutton and Julia Okenquist combined for the shutout.

2020 season was cancelled due to the COVID-19 pandemic. Following the Championship, they earned the program's first-ever NCAA victory with a 2-1 victory over West Chester. Overall the team finished with a 13-8 record and 7-5 mark in the

NE10, including a streak of seven straight games with at least two goals. Assumption ranked seventh in the NE10 in both goals against average (1.65) and scoring (1.67).

"The team is looking forward to competing this season and defending our Northeast-10 Championship," said head coach Ed Matz, who is entering his first season as head coach of the team. "Our student-athletes has put in a tremendous amount of work and I am looking forward to seeing that they are able to accomplish this year, both in the classroom and on the field." For more information

on Assumption sports,

visit www.assumptiongreyhounds.com.

Assumption University, founded in 1904 by the Augustinians of the Assumption, is New England's premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in Worcester, Massachusetts, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service. The University offers 34 majors and 49 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master's and continuing education degrees and professional certificate programs. For more information about Assumption University, please visit WWW. assumption.edu.

Isaac Curley of Uxbridge enrolls at Lehigh University as part of the Class of 2025

BETHLEHEM, Pa. — Lehigh University is proud to welcome the Class of 2025!

The members of the Class of 2025 represent 43 U.S. states and territories, including Puerto Rico and the District of Columbia, and 29 countries, and is also one of the most diverse and competitive classes ever admitted to Lehigh.

Lehigh is thrilled to count Isaac among the more than 80,000 members of the Lehigh family.

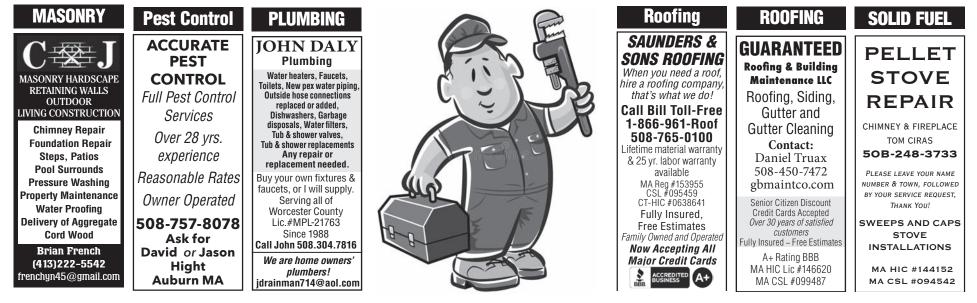
For more than 150 years, Lehigh University (lehigh.edu) has combined outstanding academic and learning opportunities with leadership in fostering innovative research. The institution is among the nation's most selective, highly ranked private research universities. Lehigh's five colleges - College of Arts and Sciences, College of Business, College of Education, College of Health, and the P.C. Rossin College of Engineering and Applied Science - provides opportunities to 7,000+ students to discover and grow in an academically rigorous environment along with a supportive, engaged campus community.



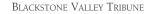
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FRANK G. CHILINSKI PRESIDENT & PUBLISHER

BRENDAN BERUBE EDITOR

Editorial

Take a break from bad news

Oftentimes, ideas for Editorials arise when something close to us personally surfaces that hits home, or when we hear a significant amount of chatter about a specific topic. This week, the chatter has been about national news overload.

We love the news — after all, it's what we do. Sharing information with our readers on the local level is both an honor and a necessity.

This week, however, we have heard many people say they just can't listen to the national news anymore. They feel bombarded by a relentless parade of doom and gloom, from the continuing (and to us, frankly confounding) debates over mask mandates in schools to the minute-by-minute coverage of the tragic Gabby Petito case, oftentimes leaving them feeling depressed and overwhelmed. News junkies watch the news every morning and night, check their Twitter feeds, listen to talk radio on their commutes and are constantly in the know. It's important and responsible to be aware of what's happening around you, however finding a balance is key, even for those of us in the businesses.

It seems as though the national news cycle has been nothing but chaos. Bad news seems to ping our phones almost on the minute. This can be exhausting.

As a way to catch your breath, pick one day of the week as a 'no news' day, sort of like a news siesta. Get outside, un plug, read a book, listen to some vinyl or watch Cobra Kai (we do recommend for a splash of nostalgia). Attempt to shut off the little magic box we all stare at way too much on the daily. Could landlines actually still serve a purpose?

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR Beware of "Lyin' Eyes"

To the Editor:

Like the Eagles song of the '70s warns, be wary of "lyin' eyes!" Those who regularly watch current events programs or read topical, print stories and articles must wonder about the 'credibility' of today's leaders. Are we to believe what our ears hear or what eyes see so clearly? Daily, we witness warp speed 'spinning' of solid facts about anything and everything. Are we to believe what those (clear) eyes actually see or what we hear? Consider these scenarios and decide for yourself if the facts (seen) fit the narratives (heard) which drip into our ears from TV, social media, and print sources.

With "lyin' eyes," this administration promised calm, peaceful 'unity' of competing political viewpoints and return to government 'transparency,' but reality seems exactly the opposite. Shortly, we will see a scorched earth policy being attempted through 'reconciliation' (no debate!) on every subject: budget, debt ceiling, 'infrastructure' involving not just needed transportation improvements but social welfare programs that fundamentally "recreate America" as proponents proudly proclaim. No matter how verbiage is turned or twisted to explain the unexplainable, we see with our (clear) eyes this is not the middleof-the-road, compromise administration pledged to voters last November.

With "lyin' eyes," we were promised a secure southern border and humane treatment of those entering our country illegally. We listen to the President, VP. Homeland Security Secretary, and Press Secretary boldly assert: "no crisis exists"; "the border is closed and secure"; "the flood of migrants is no more extreme in numbers than in past administrations", as if we cannot see with our (clear) eyes the falsehoods spoken! Currently, the Border Patrol is being unjustly excoriated and hampered at every turn from doing their sworn duty. Caravans still cross into Texas (and elsewhere), and migrants live under appalling conditions in temporary tent cities. Not counting get-a-ways, statistics show more than 600,000 have arrived on our doorstep since Jan. 20. In violation of established US Immigration Law, we see a majority released with no COVID testing and scrapes of paper in hand directing 'appearance' for a future asylum hearing! If you think the latter will happen often, there's a bridge in Brooklyn for sale! Lastly, costs in human trafficking, drug smuggling, and social service bills due for their ongoing support are incalculable.

With "lyin' eyes," we were promised quick resolution to the COVID pandemic by getting everyone vaccinated with magic medicines (produced under Project Warp Speed in the previous administration to give deserved credit). Yet we see with our (clear) eyes 'the end' is farther away than ever. Now, the federal government and corporations are mandating vaccination of everyone (regardless of legitimate exemptions) even to hold a job! How sad for our future that "lyin' eyes" are confident they can ignore the US Constitution, like an 'inconvenience' rather than the law of the land!

The situation in Afghanistan is not forgotten, but too painful to detail again after the recent passing of the 20th anniversary of 9/11. With "lyin' eyes," we were promised a "return to a strong America on the world stage" yet the President's recent speech to the United Nations made no mention of our sworn enemies- China, Iran, etc. What a missed opportunity to remind the world what American really stands for after that debacle which "lyin' eyes" (with insulting, unimaginable callousness) declared a "success!"

Finally, the strength of the American economy rests on the backs of the middle class and small business owners who create the majority of jobs. Taxing the rich will not produce enough revenue to fund the proposed new social programs, and increasing the corporate tax rate will only cripple GNP expansion! Regardless of what "lying' eyes" promise, pressured by inflation we see the specter of higher taxes and know where America is headed unless anger, hope and courage produce the necessary change required. JANE F. KEEGAN

JANE F. KEEGAN UXBRIDGE

Hope

Most of us are hoping for things. Hoping to meet someone special, hoping to get a new job, hoping our business works out, hoping our loved ones break the addiction, hoping to hear

good news from the Positively doctor.

SPEAKING TOBY MOORE C

There are a few definitions of hope in the dictionary. One description says: to want something to happen or be true and

think that it could possibly happen or be true.

Another definition is: a wish or desire that something will occur.

Those two definitions, it seems to me, are the way most people use the word hope today.

"I hope I get the job," "I hope things work out," "I hope I get a raise," "I hope to be cancer-free," "I hope I get a puppy for Christmas!" "I hope we win the game..."

These are merely wishes. They might happen, they might not happen, and it's a passive way to approach a desire. It doesn't require anything of you.

There is another definition of hope: to expect with confidence.

This type of hope requires you to believe with a confident expectation. It requires you to have faith; It's active, not passive.

A lot of people like to say, "I hope for the best but expect the worst." Sadly, it seems that's how a large portion of people live their lives.

I had a friend who was fond of saying, "I always expect the worst to happen, so that way I'm never disappointed."

Upon contemplating what he was saying, I began to realize, whether he knew it or not, what he was saying was, "I expect to live a life of disappointment," or "I hope the worst happens; that way, I'm never disappointed."

If you feel like you can't make a difference, realize that you can. Do something every day to make the world a better place, even if that means your own little world. Such actions can often result in the domino effect.

Take some time to count the blessings in your life. Positivity still surrounds us in bulk if you look for it. Family, friends, dogs, crisp fall leaves, apple crisp, bacon, a friendly wave from a neighbor, morning coffee, a cold drink, a beautiful hike or walk, a good novel and a nice music blasting session are just a few things we can lean on to always lift us back up.

Take some time to count the blessings in your life. Positivity still surrounds us in bulk if you look for it. Family, friends, dogs, crisp fall leaves, apple crisp, bacon, a friendly wave from a neighbor, morning coffee, a cold drink, a beautiful hike or walk, a good novel and a nice music blasting session are just a few things we can lean on to always lift us back up.

SEND US YOUR NEWS!!!



landscape for winter

Preparing your

Fall is a season of transition and that includes your garden. Make the most of beautiful fall days to enjoy your garden and prepare your landscape for the winter ahead.

Put fall leaves to work in your landscape improving your soil, reducing

maintenance, and creating winter homes for toads, frogs, and beneficial insects. Mow over the leaves that land on the lawn. It may take a couple passes but once the fall leaves are the size of a quarter you can leave them on the lawn to add organic matter and nutrients to the soil.

Or mow, bag and add the shredded leaves to annual flowers or vegetable gardens. Dig several inches of shredded leaves into the top eight to 12 inches of garden soil. The leaves will decompose over winter, adding organic matter to the soil. Still more leaves; add them to the compost pile. Mixing this carbon rich plant debris to greens like plant-based kitchen scraps, manure, and worm castings makes for great compost.

Use leaves as mulch on the soil around the base of perennials. They suppress weeds, conserve moisture, insulate the roots and add organic matter to the soil as they decompose. Leaves also provide winter homes and insulation for insects, toads and frogs that overwinter in leaf litter or just below the soil surface.

Leave healthy perennials stand for winter. They add winter interest to the landscape, provide homes for many beneficial insects and the seeds of Rudbeckia, coneflower, liatris, and others provide food for the birds. These winged visitors add welcome color and motion to the often, gray days of winter.

Take time to remove any dead, damaged and diseased stems, and branches. Disinfect your tools between cuts to reduce the risk of spreading disease to healthy plants. Clean tools with a spray disinfectant or 70% alcohol between cuts to manage disease organisms without harming your tools.

Refresh mulch around trees and shrubs. Maintaining a three-inch layer helps conserve moisture, insulates the roots from



temperature extremes, reduces competition from the lawn for water and nutrients and improves the soil as it decomposes. Pull mulch away from the trunk of trees and stems of shrubs. Piling mulch over these can lead to rot, decline and early death of the plants.

Help your lawn recover from the stresses of summer and prepare for winter with fall fertilization. University research found fall fertilization is most beneficial for home lawns. Fall fertilization encourages deep roots and denser growth that is better able to compete with weeds and tolerate disease and insect pests.

Always sweep grass clippings and chemicals off walks and drives and back into the lawn where they belong. This simple step keeps unwanted nutrients out of waterways and eventually our drinking water.

Add some spring color by planting daffodils, grape hyacinths, tulips, and other

Turn To GARDENING page A9



Courtesy — Pasquesi Home and Gardens

Leaving healthy perennials like coneflower stand for winter provides food for birds, winter interest and homes for many beneficial insects. *v* , 11

When you have that type of mindset, you're satisfied when every disappointment occurs because it's a reassurance that you're correct; disappointment becomes a reward!

Sure, bad things happen, and preparing for the worst outcome could be a wise thing to do, but to expect disappointment around every corner is a road that leads to a lifetime of dissatisfaction.

A different and better way to hope and expect with confidence is to predict the best possible outcome, expect to win, expect success, expect good health, and accomplish your goals.

Do you think winners ever hope to lose? Does Tom Brady walk out onto the field hoping and expecting not to get a Super Bowl ring?

One of his best quotes is, "You wanna know which ring is my favorite? The next one." That's powerful!

He may be blessed with fantastic football abilities, but I would be shocked if he had a hope and confident expectation that disappointment lurked around every corner. Some of his quotes say precisely the opposite.

"If you want to perform at the highest level, then you have to prepare at the highest level."

If you're preparing to perform at the highest level, then you're hoping and expecting the best possible performance.

A lot of you reading this are probably thinking, "Yeah, Yeah, but I'm not Tom Brady, and I've never won at anything like he does, so why should I hope and expect the best possible outcome? It's not realistic."

I get that. I've spent large parts of my life expecting the worst. When I lived with that attitude, things never got better; they only got worse. I was unhappy, irritat-*Turn To* **HOPE** page **A9**

Looking ahead to waterfowl season

The regular waterfowl season is scheduled to open on Oct. 11 in the Central district. There is a lot of water this year making plenty of areas for the ducks and geese to hang out. The plentiful acorn crop, which is one of the Wood Ducks favorite food this time of vear, should keep them well fed for there long migration South. Wood Ducks are plentiful this year, and provide most of the shooting during the first part of the duck season. If the season starts early enough, you many get lucky to encounter a few flights of blue winged or green winged teal. They provide some great shooting opportunities, and they are fast.

Wood Ducks do not take a lot of hunting pressure and move out of the area sooner than other ducks. Other than Wood Ducks, Mallards make up most of the daily bag limits during hunting season, with some blacks also being harvested. Because of the inter breeding of black and mallard ducks, they can easily be mistaken for a black duck. The threebird daily limit on Wood Duck is far better than the limits 20 or 30 years ago that remained at a two-bird limit for years, despite the high population of birds in the area.

Local sportsmen banded together to build and erect a few hundred nesting boxes for the birds to raise their young. It worked well and even more birds were observed in the valley. It was called operation Wood Duck! The high population of birds in the area did not convince Fish & Wildlife to increase the daily limit on Wood Ducks until eight or 10 years ago. The migrating Wood Duck's provided great shooting for the neighboring state of Rhode Island's waterfowlers, as well as the Southern states. Rhode Island did have a shorter duck season back then, but did provide some great shooting opportunities for the most colorful & exciting duck to hunt in Massachusetts, and they still are.

Their feathers were prized by fly tyers for their colorful barbs under their wings, as well as numerous other feathers that made great trout fly's. The meat on the wood Duck was, and still is a great eating bird when properly prepared. Any duck hunters that do not tie flies

should reach out to the New England Fly Tiers organization and donate the male Wood Duck feathers to them for their students to use at their upcoming classes. They would surely appreciate them. Duck feathers are illegal to sell, but can be donated to individuals or organizations like the New England Fly Tiers!

Waterfowl hunters need to be reminded that when hunting ducks and geese, every possible means to retrieve shot birds needs to be practiced. Hunters that do not can be charged with wanton waste. Most serious duck hunters own a good retriever. These dogs can provide the most satisfaction when hunting waterfowl. Their desire to hunt and retrieve ducks and upland birds provides the ultimate satisfaction for their owners, and also find and retrieve downed birds that would otherwise be lost. Owning a good bird dog can cost a few bucks, but once you own one to hunt with you. You will never hunt without one again, not to mention their bond with their owner throughout the year. He or she will become your best friend, but do not tell your wife! A good hunting dog



These yellow lab pups were part of a litter this writer had his pick of at seven weeks old. The one on the left (Twig) is now 11 years old, and is a great hunter & family pet. She may not be a field Champion, but she is great in the field. She has had no hip problems which is often a problem for Labs, and has been basically a healthy dog.

is not cheap and veterinarian bills are costly, but they are worth every penny. If you decide to purchase a pup, be sure to do your homework. It cost just as much money to raise a pedigree dog as it does a mongrel, and the final results are totally different in most circumstances. Be sure to buy your pup from a highly respected breeder. and vou should end up with a great hunting partner for many years to come, not to mention a great family pet.

Saltwater fishing for tautog and seabass is red hot right now in Rhode Island right now, and continues to improve daily.

Freshwater bass fishing has been very good for anglers using shiners. At the time of this writing, anglers were anxiously awaiting the start of the fall trout stocking. Only lakes and ponds are stocked with trout in the fall, in the Central District.

Take a Kid Fishing & Keep Them Rods Bending!

Indian Summer and Other Weather Curiosities

Here in New England where long, cold winters make warm weather highly anticipated and much appreciated, few weather forecasts are celebrated more than the promise of "Indian Summer." The bonus of an extra week or two of summer weather as the hydrangeas wane and school buses reappear, is nothing short of a celebratory occasion. From extra swims to extended camp outs, Northeasterners of all ages savor the unseasonal high temperatures.

Now I'm not saying we'll have Indian Summer this year, and while the hope of it conjures up thoughts of autumn boat rides and post Labor day whites, the phrase itself isn't

season as the thunderstorms and severe weather of the summer give way to a tamer, calmer weather period before the turbulence of the winter commences.'

Deedler, in his article "What is Indian Summer and did Indians really have anything to do with it?," further explained:

"The term "Indian Summer" is generally associated with a period of considerably above normal temperatures, accompanied by dry and hazy conditions ushered in on a south or southwesterly breeze. Several references make note of the fact that a true Indian Summer can not occur until there has been a killing frost/freeze. Since frost and freezing temperatures generally work their way south through the fall, this would give credence to the possibility of several Indian Summers occurring in a fall, especially across the northern areas where frost/freezes usually come early.' In short, any spell of unseasonably hot temperatures after autumn has officially begun is called an Indian Summer. Unless of course you're a weather purist, in which case it isn't officially Indian Summer unless the summer temps occur after a frost. So where does the "Indian" in Indian Summer come in? Like most old New England history, it's not crvstal clear. The most likely explanations? According to the aforementioned Deedler, one theory is that Native Americans hunted during such warm autumn spells, since the hazy air allowed the hunter to better sneak up on its prey.



Supporting this explanation is a practiced the Native Americans to set fires to New England woods and grass to create hazy, smoky conditions. Another theory is that the Indian in the title refers to the ocean. Deedler recounts how ships in the Indian Ocean typically loaded up their cargo during the fair weather season, marking their hull level with the initials IS, for Indian Summer.

builds his house toward the middle of the lake, a long winter is ahead.

Principle: If there's going to be a long freeze, the muskrat will build in deep water to prevent freezing.

Phrase: If snakes are out in the fall, it will be a long autumn season.

Snakes Principle: hibernate in the winter, so their appearance in fall can be an indicator of a longer than usual season.

Phrase: If crows are seen in February there will be an early spring.

Principle: Birds follow instinctive migratory patterns and routes at various times of the year. Their arrival and departure are indicators of the

on the ash trees turn upward it will rain.

Principle: Moisture in the air affects the position of some types of leaves.

Phrase: When cranes return southward in the early fall, we will have a storm.

Principle: Cranes always move ahead of a storm.

Win Dinner for Two at the Publick House Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Sturbridge! Inn in Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!. C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic

exactly clear. When does warmer weather qualify as an Indian Summer? And is it a Native American phrase as the title implies?

Read on for interesting and intriguing facts about Indian Summer and other old New England weather lore.

Summer Indian Explained

In 1817, writer John Bradbury offered this emotional explanation of Indian Summer:

'The air is perfectly quiescent and all is stillness, as if Nature, after her exertions during the Summer, were now at rest.'

Historian Weather William R. Deedler notes "The term 'Indian Summer' dates back to the 18th century in the United States. It can be defined as 'any spell of warm, quiet, hazy weather that may occur in October or even early November.' Basically, autumn is a transition

GARDENING

continued from page A8

spring flowering bulbs this fall. It is also a good time to add trees, shrubs,

HOPE

continued from page A8

ed, pessimistic, lost, and unable to see that my thoughts were the cause of it all. I was so far from my dreams and goals I didn't think I'd ever find my way back.

The only time things ever turned around and moved in a direction I wanted for my life was when I changed my thinking and began hoping and confidently expecting for the best! Now, after many years with this attitude, I'm happier than I've ever been, and I'm closer to accomplishing my dreams than ever before.

It's never too late to become the best version of you.

Early America Weather Forecasters: Native Americans have a long history of predicting the weather through nature. They taught many of these weather forecasters to the early settlers, some of which have continued to aid farmers for centuries. Here is the logic behind some of the oft repeated phrases:

Phrase: When squirrels chatter, rain will follow.

Principle: Squirrels chatter while gathering or eating food, both of which they tend to do before a rainstorm.

Phrase: A mile winter is in store if a muskrat builds his house toward the edge of the lake it.

Principle: A muskrat requires open water to leave of his house. If he builds near the edge of the lake, it means he knows that there won't be a long hard freeze.

Phrase: If a muskrat

and perennials to the landscape. The soil is warm and air cool, making it less stressful for plants to adjust to their new home. Mulch new plantings and water thoroughly whenever the top few inches of soil are crumbly and moist. Continue watering new and existing plantings as needed until the ground freezes.

Once the garden is prepared for winter, you can put away the hoses and garden tools, break out the snow shovels and wait for spring to arrive.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.MelindaMyers.com.

seasons.

for two at the renowned Publick House Inn. restaurant. located on

🛉 🐐 Friday's Child



Gene Age 15

Hi! My name is Gene and I am learning how to play the guitar!

Gene is a quiet teenager of Caucasian descent. Those who know Gene best describe him as being reserved at first, but once he gets to know you, then he becomes friendly and outgoing. Gene enjoys sports and is athletic. He is looking forward to playing basketball at his school in the winter. In the past, Gene has participated in other sports such as soccer, baseball, and Pop Warner football. Some of his other favorite activities include playing video games on the computer and collecting Pokémon cards. He is currently trying to expand his interests by learning how to play the guitar and ukulele.

Legally freed for adoption, Gene is seeking a two-parent home with

a mother and a father, or a single male or female parent. An ideal home for Gene would be a family that can provide him with the stability and structure he needs to thrive. His social worker believes he would do well in a family with or without other children. He would especially do well in a placement with younger children. The considering family must be open to helping Gene maintain his relationship with his older sister.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

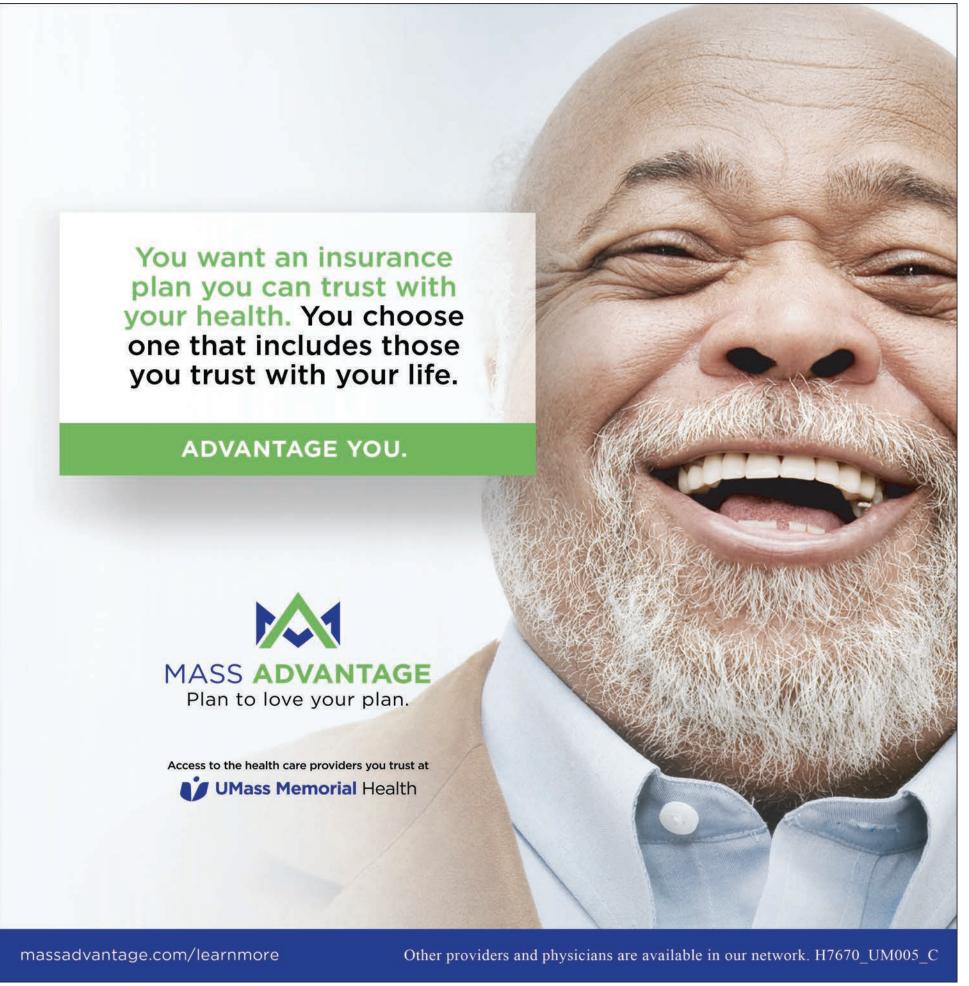
The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



Phrase: When leaves

BLACKSTONE VALLEY TRIBUNE





THE COMMONWEALTH OF MASSACHUSETTS TOWN OF DOUGLAS OFFICE OF THE COLLECTOR OF TAXES NOTICE OF TAX TAKING A certain parcel of land with buildings thereon, located at 291 -7 SOUTH ST in DOUGLAS, containing 0.117 ACRES more or less; shown on Assessor's Map 288-23, recorded at Worcester Registry of Deeds - Book/Page Tax for FY-2021 \$1,277.41 Plus Interest and Costs

Assessed Owner: MONAHAN LEO TRUSTEE HOME DEPOT ENTERPRISES A certain parcel of land with buildings thereon, located at 18 DEPOT ST in DOUGLAS, containing 0.332 ACRES more or less; shown on Assessor's Map 163-126, recorded at Worcester Registry of Deeds - Book/Page 26608-123. Tax for FY-2017 \$127.07 Tax for FY-2016 \$127.82 Tax for FY-2015 \$125.10 Tax for FY-2014 \$136.32 Tax for FY-2013 \$133.98 Tax for FY-2012 \$119.10 Tax for FY-2012 \$119.10 Tax for FY-2010 \$121.22 Tax for FY-2010 \$121.22 Tax for FY-2009 \$117.94 Tax for FY-2008 \$120.30 Tax for FY-2007 \$131.58 Tax for FY-2006 \$121.86 Plus Interest and Costs

TO THE OWNERS OF THE HERE-INAFTER DESCRIBED LAND AND TO ALL OTHERS CONCERNED YOU ARE HEREBY NOTIFIED THAT ON Friday, the 29th day of October, 2021, at 12:00 o'clock PM., at DOUGLAS MUNICIPAL CENTER, pursuant to the provisions of General Laws, Chapter 60, Section 53, and by virtue of the authority vested in me as Collector of Taxes, IT IS MY INTENTION TO TAKE FOR THE TOWN of DOUGLAS the following Parcels of land for non-payment of the taxes due thereon, with interest and all incidental expenses and costs to the date of taking, unless the same shall have been paid before that date. Cheryl J Vaidya,

COLLECTOR OF TAXES

LIST OF PARCELS TO BE TAKEN

Assessed Owner: 334 SW MAIN LLC A certain parcel of land with buildings thereon, located at 334 SOUTHWEST MAIN ST in DOUGLAS, containing 12.540 ACRES more or less; shown on Assessor's Map 227-9, recorded at Worcester Registry of Deeds - Book/ Page 47125-394. Tax for FY-2021 \$8,985.09 Plus Interest and Costs

Assessed Owner: ARNOLD GLENN

P & ARNOLD, JENNIFER L SUBSEQUENT OWNER: SFAKI-ANAKIS, JOHN

A certain parcel of land with buildings thereon, located at 129 MONROE ST in DOUGLAS, containing 2.070 ACRES more or less; shown on Assessor's Map 191-22.1,recorded at Worcester Registry of Deeds - Book/ Page 63192-284. Tax for FY-2021 \$5,617.00 Plus Interest and Costs

Assessed Owner: AUGER, ELIZA-BETH C ESTATE OF,

A certain parcel of land with buildings thereon, located at 173 WEST ST in DOUGLAS, containing 15.935 ACRES more or less; shown on Assessor's Map 145-31, recorded at Worcester Registry of Deeds - Book/Page 5495-248. Tax for FY-2021 \$1,884.37 Plus Interest and Costs

Assessed Owner: CAMPBELL GLEN L & BOUCHER JACQUELINE Y

49126-350. Tax for FY-2021 \$254.72 Plus Interest and Costs

Assessed Owner: CROWLEY DAR-LENE

A certain parcel of land with buildings thereon, located at 6 LAUREL GLADES in DOUGLAS, containing 2.077 ACRES more or less; shown on Assessor's Map 131-6, recorded at Worcester Registry of Deeds - Book/ Page 19579-388. Tax for FY-2021 \$6,028.40 Plus Interest and Costs

Assessed Owner: HARINGA, WAYNE J & HARINGA, CHARLENE L

A certain parcel of land with any buildings thereon, located at 188 WALNUT ST in DOUGLAS, containing 2.088 ACRES more or less; shown on Assessor's Map 275-19, recorded at Worcester Registry of Deeds - Book/Page 12418-124. Tax for FY-2021 \$2,422.19

Plus Interest and Costs

Assessed Owner: HATFIELD LORI L

A certain parcel of land with buildings thereon, located at 36 RICHIE RD in DOUGLAS, containing .230 ACRES more or less; shown on Assessor's Map 284-107,recorded at Worcester Registry of Deeds - Book/Page 48886-144.

Tax for FY-2021 \$3,772.03 Plus Interest and Costs

Assessed Owner: HUCHOWSKI, ROBERT W,

A certain parcel of land with buildings thereon, located at 287 - 8 SOUTH ST in DOUGLAS, containing 0.118 ACRES more or less; shown on Assessor's Map 288-30,recorded at Worcester Registry of Deeds - Book/Page 12273-275. Tax for FY-2021 \$760.97 Plus Interest and Costs

Assessed Owner: LECLAIR, GER-ALD R, & LECLAIR, SHEILA A

A certain parcel of land, located on NORTHWEST MAIN ST in DOUGLAS, containing 3.560 ACRES more or less; shown on Assessor's Map 199-34.01, recorded at Worcester Registry of Deeds - Book/Page 16751-63. Tax for FY-2021 \$1,521.87 Plus Interest and Costs

Assessed Owner: OBRIEN SHAWN-NA

A certain parcel of land with buildings thereon, located at 47 FRANKLIN ST in DOUGLAS, containing .742 ACRES more or less; shown on Assessor's Map 189-44, recorded at Worcester Registry of Deeds - Book/Page 58458-21. Tax for FY-2021 \$1,109.34. Plus Interest and Costs

Assessed Owner: PARROTT, ES-TATE OF BARBARA M,

A certain parcel of land located on NORTHWEST MAIN ST in DOUGLAS, containing 0.790 ACRES more or less; shown on Assessor's Map 103-15, recorded at Worcester Registry of Deeds

- Book/Page 92P00/58-E1. Tax for FY-2021 \$50.16 Tax for FY-2020 \$50.94 Tax for FY-2019 \$52.50 Tax for FY-2018 \$48.21 Tax for FY-2017 \$50.16 Tax for FY-2016 \$50.46 Tax for FY-2015 \$49.38 Tax for FY-2014 \$53.56 Tax for FY-2013 \$52.64 Tax for FY-2012 \$46.78 Tax for FY-2011 \$43.92 Tax for FY-2010 \$48.26 Tax for FY-2009 \$46.52 Tax for FY-2008 \$47.52 Tax for FY-2007 \$71.96 Tax for FY-2006 \$60.36 Plus Interest and Costs

Assessed Owner: PARROTT, ES-TATE OF BARBARA M,

A certain parcel of land located on NORTHWEST MAIN ST in DOUGLAS, containing 1.990 ACRES more or less; shown on Assessor's Map 103-16, recorded at Worcester Registry of Deeds - Book/Page 92P00/58-E1. Tax for FY-2021 \$127.07 Tax for FY-2020 \$129.05 Tax for FY-2019 \$133.00 Tax for FY-2018 \$122.13

Assessed Owner: PATEL, RAMESH M & PATEL, INDIRA R

A certain parcel of land with buildings thereon, located at 296 MAIN ST in DOUGLAS, containing 0.160 ACRES more or less; shown on Assessor's Map 163-92, recorded at Worcester Registry of Deeds - Book/Page 10667-61. Tax for FY-2021 \$3,501.18 Plus Interest and Costs

Assessed Owner: RODERICK, MARY

A certain parcel of LAND located at 291-9 SOUTH ST in DOUGLAS, containing 0.117 ACRES more or less; shown on Assessor's Map 288-22, recorded at Worcester Registry of Deeds - Book/Page 7341- 305. Tax for FY-2021 \$279.82 Plus Interest and Costs

Assessed Owner: ROUSSEAU, ROB-ERT & ROUSSEAU, RONDE K

A certain parcel of land with buildings thereon, located at 15 JOHNSON CT in DOUGLAS, containing 3.290 ACRES more or less; shown on Assessor's Map 161-45, recorded at Worcester Registry of Deeds - Book/Page 14457-4.

Tax for FY-2021 \$1,735.94 Plus Interest and Costs

Assessed Owner: TRIBOU CHERYL

A certain parcel of land with buildings located thereon, located at 131 MAIN ST in DOUGLAS, containing .496 ACRES more or less; shown on Assessor's Map 171-4, recorded at Worcester Registry of Deeds - Book/Page 57438-367.

Tax for FY-2021 \$959.98 Plus Interest and Costs

Respectfully Submitted By: Cheryl J Vaidya, Treasurer/Collector 10/1/2021 October 1, 2021

Local students inducted into National College Athlete Honor Society

MANCHESTER, New Hampshire — Olivia Maier of Milford has been accepted into Chi Alpha Sigma, a national scholar-athlete honor society, for the 2020-2021 academic year.

Chi Alpha Sigma recognizes college students who receive a varsity letter in their sport while maintaining a 3.4 or higher cumulative GPA throughout their junior and/or senior years. Inductees rank among the top student athletes in the country.

The National College Athlete Honor Society was founded at DePauw University, Greencastle, Indiana, in 1996 by Nick Mourouzis, DePauw head football coach and professor of kinesiology. Saint Anselm College has been a member of Chi Alpha Sigma since 2001.

About Saint Anselm College

Founded in 1889, Saint Anselm College is a nationally-ranked four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in the greater Boston region in southern New Hampshire, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, commitment to inclusiveness, a highly successful nursing program, and a legacy of community service.

Sarah McLellan of Whitinsville enrolls at Lasell University in Newton

NEWTON — Sarah McLellan of Whitinsville joined the Lasell University community as a student this fall.

McLellan is majoring in forensic science.

Lasell, located in Newton, Massachusetts, began its fall semester with a fully operational campus. New and returning students began classes in early September. Among the first gatherings held was Lasell's annual U-Belong event, a celebration of connectivity, inclusivity, and friendship.

For more information contact: Samantha Mocle, assistant director of communications at smocle@lasell.edu or at 617-243-2386.

Whitinsville Christian School to host Open House

WHITINSVILLE — Join us for an All-School Open House on Thursday, Oct. 7, at 6:30 p.m. and discover the many ways we are Inspiring Minds and Igniting Hearts. The evening will include a school tour, presentations from the elementary, middle, and high school principals, and a parent/student panel. Please RSVP at whitinsvillechristian.org.

LEGALS

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 Docket No. WO21P1920GD **NOTICE AND ORDER:** Petition for Appointment of Guardian of a Minor In the interests of Amiah-Lynn Mae Mulliken of Whitinsville, MA Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on 06/04/2021 by

Lorraine M Hartmann of Whitinsville, MA

Kurt M Hartmann of Whitinsville, MA will be held 10/06/2021

09:00 AM Guardianship of a Minor Hearing

Located Magistrate Zoom Hearing 160 280 6833 or Call 646-828-7666

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard. 5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests. THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice. Date: August 9, 2021

sold at Public Auction on October 18, 2021 at 1:00 PM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

That certain piece or parcel of land, and the buildings and improvements thereon:

In the Town of: Northbridge

County of: Worcester

And State of Massachusetts

And being more particularly described in a deed recorded in Book 18497, Page 270 of the Worcester County, City of Northbridge which property is more commonly known as 32 34 Fowler Rd, Northbridge, MA 01534.

More particularly described in said deed as:

The land and buildings situated on the westerly side of Fowler Road, the road leading from the Village of Rockdale, so-called, to Northbridge Center, in the Town of Northbridge, in Worcester County, bounded and described as follows:

Parcel 1

BEGINNING at the northeasterly corner of the premises, it being the southeast corner of Lot #1 as shown and designated on a plan of land entitled, "Plan of Building Lots for Samuel Fowler, Rockdale, Northbridge, Mass., 1899" by H.H. Browning, Civil Engineer, Worcester, Mass., recorded with the Worcester District Registry of Deeds, Book 1599, Page 655;

THENCE westerly by Lot #1 to southeast corner of Lot #12 on said plan;

THENCE southerly by Lots #11 and #10, 75 feet to a point;

THENCE easterly 159.1 feet to a point on said road which point is 75 feet southerly measured on west line of said road, from the point of beginning;

THENCE northerly by said road to the point of beginning.

Said Tract being Lot #2 and north half of

the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within sixty (60) days after the date of sale.

Other terms to be announced at the sale.

BENDETT & MCHUGH, PC 270 Farmington Avenue Farmington, CT 06032

Attorney for Santander Bank, N.A. fka Sovereign Bank, FSB Present Holder of the Mortgage (860) 677-2868 September 24, 2021 October 1, 2021

October 8, 2021

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO21C0439CA **CITATION ON PETITION TO CHANGE NAME** In the matter of: Lauren Alexis Elias

A Petition to Change Name of Adult has been filed by Lauren Alexis Elias of Uxbridge MA

requesting that the court enter a Decree changing their name to: Lauren Alexis Álvarado

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 10/19/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

pearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. Witness, Hon. Leilah A Keamy, First Justice of this Court September 20, 2021 Stephanie K. Fattman, Register of Probate October 1, 2021

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 Docket No. WO21P1922GD **NOTICE AND ORDER:** Petition for Appointment of Guardian of a Minor In the interests of Robert Prescott Mulliken, IV of Whitinsville, MA

Minor NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on 06/04/2021 by Lorraine M Hartmann of Whitinsville, MA

Kurt M Hartmann of Whitinsville, MA will be held 10/06/2021

09:30 AM Guardianship of a Minor Hearing

Located Magistrate Zoom Hearing 160 280 6833 or Call 646-828-7666

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

Stephanie K. Fattman Register of Probate

October 1, 2021

NOTICE OF MORTGAGEE'S SALE **OF REAL ESTATE**

Premises: 32-34 Fowler Road, Northbridge, Massachusetts B virtue and in execution of the Power of Sale contained in a certain mortgage given by Dyanna L. Rondeau to Sovereign Bank, said mortgage dated October 12, 2004, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 35011 at Page 38 and now held by Santander Bank, N.A., fka Sovereign Bank, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be

lot #3 on said plan. Parcel 2

Beginning at a drillhole in a stone bound at the northeasterly corner of land now or formerly of one Brown;

THENCE westerly by land of said Brown 173 feet to a stone bound, it being the northeasterly corner of Lot #12 on the plan of land referred to in parcel 1 above; THENCE southerly by Lot #12 on said plan 46 feet to Lot #2 on said plan;

THENCE easterly by said lot #2 163 feet to said road to Northbridge Center;

THENCE northerly by said road 80 feet to the point of beginning.

Parcel 2 containing 10,332 square feet more or less.

The description of the property that appears in the mortgage to be foreclosed and more particularly described in deed recorded in Book 18497, Page 270 of the Worcester County (Worcester District) Registry of Deeds shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated April 30, 1994, and recorded in Book 18497 at Page 270 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: September 17, 2021 Stephanie K. Fattman Register of Probate October 1, 2021

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Worcester Division 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO17P1181EA Estate of: William Henry Leland, II Date of Death: 03/14/2017 **CITATION ON PETITION** FOR ORDER OF COMPLETE SETTLEMENT

A Petition for Order of Complete Settlement has been filed by

Andrea M. Leland of Northborough **MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, and other such relief as may be requested in the Petition.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 a.m. on the return day of 10/19/2020.

This is NOT a hearing date, but a deadline by which you must file a written ap-

File the original with the Court; and Mail a copy to all interested parties at least five (5) business days before

the hearing. 3. Counsel for the Minor: The minor

(or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice. Date: August 9, 2021

> Stephanie K. Fattman **Register of Probate**

October 1, 2021





On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



Webster Lake - 300 Killdeer Island

OPPORTUNITY KNOCKS! A WEBSTER LAKE waterfront property on Killdeer Circle, you won't want to miss! Offers a prime waterfront location! 64' of water frontage and a gently sloping landscape to waters edge. Crystal clear, sandy bottomed shoreline. Everyday is a new day at the Lake! Nicely arranged floor plan. 5 rooms 2 bedrooms, 2 baths! Walk out lowerlevel to nice size patio! Garage. **\$650,000.**

WEBSTER - 401 TREASURE ISLAND CONDO



WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 Quiet summers on big & beautiful Webster Lake! 6 Rooms. Open Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to

 Deck & Slider to the Patio! Natural gas heat! 2 Boat Slips! Heated Pool!

 Natural Sandy Beach!

 \$439,000.



SOCCER

continued from page A1

0-0 result. Despite no goals being scored, the matchup was intense with both sides having opportunities to break through

Northbridge is now 2-1-1, while Uxbridge is 2-1-3.





Uxbridge keeper Saige Frazier slides in to make a save while Northbridge's Sienna Mastroianni tumbles to the ground while giving pursuit to the ball.

At left: Northbridge's Caitlyn Mahoney, left, clears the ball ahead of a hard-charging Kathryn Cahill of Uxbridge.





Northbridge's Jenna Malone receives a pass while shielding an Uxbridge defender.

Skylar Lovell of Uxbridge makes a play on the ball from her defensive position.



Sienna Mastroianni of Northbridge hustles up toward the ball versus Uxbridge.



AWARD

continued from page A1

Sports Medicine committee, and his work to "identify protocols and support for athletic programs in conducting safe returnto-play procedures in the midst of the COVID-19 pandemic" was used as a model for programs across Massachusetts, the district released.

"These past 12 months have been challenging for everyone, but the realm of athletics provided important structure, normalcy, and joy for many of our students," said Dr. Dillon. "In that time, Mr. Carbone's tireless work to keep sports alive and safe in Uxbridge, despite constant challenges and shifting guidelines, has kept our Spartans engaged, enthusiastic. and enriched. We are proud that others recognize his efforts."

Carbone has a Master's degree in Educational Administration from Endicott College and is a certified athletic administrator from the NIAAA.

delivered "Nobody a more consistent message regarding sports and its importance over

that past year than Chris Carbone," said Uxbridge High School Principal Michael Rubin. "Whenever we had a conversation about the challenges that sports brought over the past year, be it in our building and community, or with our colleagues and peers across the state, Chris had one succinct and consistent message: 'if we can do it safely, we are going to do it.' His dedication and commitment to the black and orange is unrivaled, and our community is fortunate to have him as part of our team."

Ope	en f	lou	SC	Dir	<u>ecto</u> ry			
(C) Condo(X) Condex(B) Business(U) Duplex(P) Land(L) Mobile Home			lti-Family le Family rtment	(T) Townhouse (D) Adult Community (W) Waterfront				
ADDRESS	STYLE	TIME	PRICE	REALTOR	R/SELLER/PHONE			
	SATURDAY, OCTOBER 2							
DUDLEY 141 West Main St	S	1:00-2:30	\$399,900		rofessional Associates Allen 508.400.0438			

To have your open house listed in this directory. Please contact June Simakauskas 508-909-4062



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Stonebridge Press, located in the Worcester County area of Massachusetts is looking for a full-time Web Pressman and Press Helpers to work in our Southbridge printing facility. Four years of web press experience is preferred but not necessary. These positions are year-round, Monday-Friday printing publications for our group of local community newspapers. Stonebridge Press offers competitive wages, paid vacation and holiday time, and company sponsored 401k.

Please email resume and phone number to Jimmy DiNicola at: jim@stonebridgepress.news

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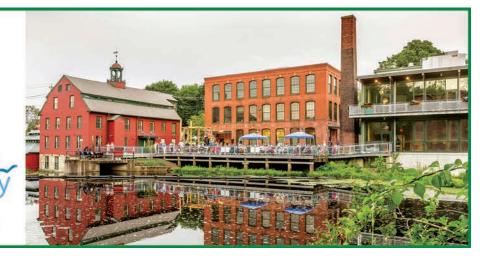




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Free Community Shred Event

Saturday, October 2



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