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Friday, February 1, 2019

Town of Douglas wins Outstanding Citizenship Award



Photo Kimberly Palmucci

Left to right: Town Clerk Administrative Assistant Lisa Postma, Town Clerk Christine Furno, Selectman Timothy P. Bonin, Senator Louis Bertonazzi, Selectman Harold R. Davis, Registrar Andrea Cortese, BoS Chairman Kevin D. Morse, and Foundation Director Dr. Carl DiGregorio.

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

DOUGLAS — The elections of 2017-2018 have been held, the votes have been counted and finalized, and the winner of the Senator Louis Bertonazzi Outstanding Citizenship Award—with an average voting percentage of 30.40 percent—is the town of Douglas.

"We were honored to receive this award," said Douglas Town Clerk Christine Furno. "We are extremely happy that so many residents of our community understand how important it is to come out to vote and that their efforts were recognized.'

The award is earned by the town that turns out the highest percentage of voters in who actually participated in the four elections throughout 2017 and 2018. It enables the town to be officially recognized as the "Best Voting Community" of the 19 competing towns for that time period, according to a statement from the town. Past winners of the award have been Sutton, Upton, Mendon,

As a result of their victory, the Douglas Town Clerk and Board of Registrars received a check from the foundation for \$1,000, to be used as they see fit to increase future voter

turnout. The Douglas Board of Selectmen were presented with a plaque to be displayed for the next two years in the Douglas Town Hall, and the residents of Douglas received a large banner proclaiming Douglas as the "Best Voting Community 2017-2018" to be displayed.

Douglas won the award with a final voting average of 30.40 percent, while the lowest final average was 20.82 percent.

The aim of the contest, according to the town statement, is to offer another small incentive for people to exercise the privilege of voting—"a privilege won and maintained by the courage and sacrifice of so many over the history of our country," the statement

Senator Louis Bertonazzi and Board of Director Dr. Carl DiGregorio attended the Board of Selectmen's meeting on Tuesday, Jan. 15, to present the Douglas Town Clerk and Board of Registrars the \$1,000 check.

nity, encourage eligible residents to register to vote and continue to remind our voters that every vote does count," Furno added.

Blackstone Heritage Corridor names new Director, announces board appointments

WHITINSVILLE Blackstone River National Heritage Corridor (BHC) has named Devon Kurtz its Executive Director and made new appointments to its Board of Directors. At its annual meeting in January held at the Blackstone Valley Chamber of Commerce, the Board voted to advance BHC's Deputy and Interim Director Devon Kurtz to the position of Executive

Director. Kurtz joined BHC in 2014 to develop the exhibits and interpretive plan for its new visitor center in Worcester, MA, which recently opened in November, 2018. Prior to joining BHC, Kurtz served as the Director of Public Programs for the Higgins Armory Museum and Concord Museum following twelve years as the program coordinator for Old Sturbridge Village. In his new role, Kurtz will be a dedicated steward of BHC's environmental resources, an interpretive partner with the National Park Service of the region's history, and a committed advocate for the region's economic development and progress.

The Board of Directors also elected officers: Chair, Richard H. Gregory III; Vice Chair, Richard T. Moore; Vice Chair, Dennis Rice; Secretary, Todd Helwig; and Treasurer, Gary E. Furtado. BHC's Immediate Past Chair is Harry T. Whitin.

Directors re-elected for three-year term on BHC's Board include: Lee Dillard Adams, Jeannie Hebert, Richard T. Moore, Donna Williams, Harry T. Whitin, and



Devon Kurtz

Robert Billington.

Other members of the Board include: Joseph Barbato, Michael D. Cassidy, Allen Fletcher, Richard H. Gregory III, Todd Helwig, Bill Beitler, Pieter de Jong, Gary E. Furtado, Dennis Rice, Robert Dandrade, Thomas Kravitz, and Yvonne

About Blackstone River Vallev National Heritage Corridor

An energetic nonprofit. the Blackstone River Valley National Heritage Corridor partners with organizations, local communities, businesses and residents to ensure the long term vitality of the Blackstone River Valley. Learn more at BlackstoneHeritageCorridor.

Uxbridge Students earn state engineering accolades

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

UXBRIDGE - A teamof four Uxbridge High School students recently won the Online Industry Challenge, an engineering design competition sponsored by the Massachusetts STEM Hub and conducted in conjunction with industry professionals from Seaboard Folding Box Company and Abbott-Action Inc.

"I could not be prouder of our program and all the

students who participated," said Uxbridge High Principal Michael Rubin. "That UHS students are among the top future engineers and innovators in the Commonwealth is a credit to the program and the support that so many have put in the hands of our school and educators.'

The student team including Joe Costa, Wiley Kimball, Braden Pomeroy, and Josh Schweibish-earned the win for their design, not only as the best submission from UHS but from across the state of Massachusetts, which includes more than 100 secondary schools. As the students have been learning in their Introduction to Engineering Design class, "feedback and iteration are key components to the engineering design process, through which students get feedback from people with different viewpoints and skills, particularly those with

expertise in the product

being developed," according to a statement from

the school. In the "Project Lead The Way" Introduction to Engineering Design class, high school students dig deep into the engineering design process, applying math, science, and engineering standards to hands-on projects. After learning about engineering design manufacturing, they apply that knowledge to work in teams to design, test, and improve a manufacturing process to build boxes, which become key components to a later project in the

course. According to the Mass STEM Hub website, students complete projects in class and submit them online to industry judges for review. Uxbridge students submitted their work to two Massachusetts box manufacturing companies: Abbott-Action Inc., a corrugated and protective packaging man-

Taft PTO planning sixth annual student art show and silent auction

ufacturer with sites in Attleboro, Canton, and Northboro, and Seaboard Folding Box Company, a custom structural packaging company based in Westminster. Students received feedback from industry professionals on their submitted technical drawings, manufacturing process flows, and images of their prototype

"We see these partnerships, where students

Please Read STUDENTS, page A5



Ericka Chick

This year's art theme was STEAM (Science, Technology, Engineering, Arts,

Supplies.

Math). The hallways were filled with student art inspired by the cosmos, cellular biology, mathematics, and the like. The school's gymnasium was filled with col-

BY ERICKA CHICK

Taft Elementary School were filled with students on a Saturday morning. They

were accompanied by friends and family

to show off their creative spirits and show

support for the arts by bidding on pieces created by students, teachers, and members

of the community. The stage in the cafe-

teria was filled with raffle baskets. Each classroom is given a theme and parents

are asked to donate in accordance to that theme. Then the baskets are put together

and raffled off. There were themes like

Family Game Night, Baking, and School

UXBRIDGE — Once again, the halls at

laborative art - single pieces created by the entire classroom. Lynn Frabotta, a first-grade teacher at Taft and a former teacher at the old Blanchard School in North Uxbridge, incorporated a broken wooden chair she had brought home after Blanchard closed. She had the intention of fixing it, but as time moved on it became one of those dreams sitting in the attic. When the collaborative piece came to mind this year, Frabotta remembered the chair and thought to repurpose it with the children in her class. The timing was serendipitous, as last week ten former teachers from Blanchard School were brought through the new renovations of the Blanchard School Housing Project.

The gymnasium was also full of donated pieces from local artists. Paintings and photography hailed from L. Corona, Wicked Depiction Photography, Kate Grenon, Art

Taft PTO members (left to right) Michelle McElreath, Sharon Laflamme, Christine Pezzulo, Melanie Chabot and Antone Botelho. Not pictured: Kerie Power.

Uxbridge High School receives capital grant

UXBRIDGE — Uxbridge High School and its Innovation Pathway career training program has recently been named a recipient of the state's Skills Capital grant in the amount of \$119,489. The grant money will be used to add new equipment and a transportation vehicle for program use.

'It is gratifying to see the forward thinking, dedication, and hard work of our high school, in conjunction with our partners in Uxbridge and the Blackstone Valley, be recognized by the Governor and his Cabinet," said Superintendent of Schools Dr. Frank Tiano. "This is a highly competitive grant that reflects the direction in which this district is headed."

Gov. Baker and Lt. Gov. Polito created the Workforce Skills Cabinet in 2015, according to a statement from the district. The purpose was to join the Secretariats of Education,

and Development, and Housing and Economic Development in order to align education, economic development, and workforce policies, and to strategize around how to meet employers' demand for skilled workers in each region of the state.

"Even without the award, providing the skills and experience for post-graduate opportunities for all of our students while they are still in public school is the right work," Tiano said.

The Innovation Pathway program provides career training to high school students in a technical field. According to a district brochure, technical classes in the Uxbridge Innovation Pathway offer students the opportunity to use relevant, state-of-the-art equipment while learning in authentic lab environments.

"The outcomes of class are connected to real-world experiences, supported by partners in the industry," the brochure

Innovation Pathway allows students to master content in mathematics, science, engineering, and career education, and focus on skills needed for the "world of tomorrow."

The goal of the Skills Capital Grants is to help high schools, colleges, and other educational institutions invest in the most up-to-date training equipment to give their students an advantage when they continue in their chosen field or particular area of study, reads the district statement. The Skills Capital Grants cover a broad array of fields, from construction and engineering to healthcare and hospitality.

The equipment requested for UHS builds on the current manufacturing lab with the addition of a complimentary lathe, CMC routers, and additional technologies that will help transform the school's lab capabilities. This equipment leverages and combines efforts from grants UHS previously

earned from other sources, including the MassSTEMHub, and connects this program to the Skills Capital Grant that supported the creation of the Ed Hub, for which the ribbon cutting was held in September

The district also seeks the procurement of a transportation vehicle, which they said would enable educators to bring groups of students to job sites, manufacturing labs, the Ed Hub campus, and relevant career exposure field trips.

In the past three years, the Baker-Polito Administration has awarded nearly \$50 million to high schools, colleges, and other educational institutions across the Commonwealth. The grants are awarded to educational institutions that demonstrate partnerships with local businesses, as well as align curriculum and credentials with industry demand, in order to maximize hiring opportunities in each region of the state.

Blackstone Educational Hub also received a Skills Capital Grant during this round of funding. UHS serves as a lead academic partner to the Ed Hub, which supports programming at the school through the deployment of technology, access to curricula, and the facilitation of partnerships with industry leaders in the Blackstone Valley and

"The collaboration between UHS and the EdHub serves as a catalyst for rethinking how we approach learning in the 21st century," Tiano added. "Thanks to this partnership, Uxbridge students will now have access to over \$300,000 more in educational and vocational opportunities than they did the week before. We congratulate the Ed Hub on their grant award and look forward to our continued collabora-

The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer

The Tea Girl of Hummingbird Lae by

and Annie Barrows

Lisa See

The Intrepid Readers February 12 @ 6:30pm.

Chili cook-off in Uxbridge



Courtesy Photo

Marie Potter, winner of this year's Chili Cook-off at the Uxbridge Senior Center.

UXBRIDGE — The Uxbridge Senior Center, located at 36 South Main St., sponsored a Chili Cook-off on Friday. Jan. 18. Thank you to everyone that par-

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ticipated, including our Chili makers: Wendy Hamilton, Ron & Babs Michaud, our Chef Lynne McPherson, Chef Tom from Lydia Taft, Marsha Petrillo and Marie Potter.

Everyone who attended the event was able to taste test and judge a winner out of all six chili recipes. The Uxbridge Fire Department Interim Chief, Tom Dion, and Fire Deputy, Steve Tancrell, were among the judges. A Big Thank You to all our staff and volunteers at the senior center for all your help and especially for our Activity Coordinator, Sally Selvidge, for putting on this enjoyable event. A special thank you for this week's 8th grade Our Lady of the Valley Regional School student volunteers: Carson, Olivia & Peter, who helped serve lunch and the Chili.

The winner of the Chili contest was Marie Potter! Congratulations; you now have Chili Bragging rights for the Year 2019!

The Uxbridge Senior Center is open Monday thru Friday from 8 a.m. to 4 p.m. Please call the Center for our latest newsletter and a calendar of events. Consider joining us for lunch, just call us at least one day in advance to reserve your spot. The Senior Center can transport folks to and from the Center and has various activities throughout the week. Call 508-278-8622 for more information.

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NEW YEAR

**Sale**



Douglas Public Library

290 Main St./P.O. Box 607 Douglas, MA 01516

No more Thursday closures! The weatherization of the Library is now complete. Thanks to Green Communities Compact discretionary grant funds, we now have state of the art hyperheat mini-splits for heating and cooling, the doors and windows have been sealed tight, and the attic has been thoroughly insulated. The strangest side-effect of all this is the silence. I can't hear the wind from my desk anymore, and even the cars going up and down Main Street take some strain to discern. The Library is now much cozier, and our dependence on fossil fuel is greatly diminished (as should be our utility bills).

The Unbooksale

On Saturday, Feburary 2, from 9-1, the Friends of the Library will be selling discarded and donated DVDs, CDs, Audiobooks, and Games in the Library's children's area. All AV must go! Pay whatever you want!

Books will also be available for those interested, but you will have to wend your way into the basement and they are not currently sorted. Enter at your own risk!

I don't want to spoil too much from the annual town report, because I am sure everyone picks up a copy at the Library or Town Hall and reads it cover to cover, but 2018 statistics are in! Last year, the Library checked out 21,613 books, 1,339 audiobooks, 8,151 movies, 1,327 magazines, and 98 museum passes to Douglas patrons. We also provided 5,804 digital loans and 259 journal articles from our online databases. Our programs were attended by 2,882 patrons, our wireless network was logged into by 1,518 clients, and our public computers were used 1.374 times. This represents a value of \$615,000 to Douglas residents provided on a budget of \$227,572.

Upcoming Book Clubs

The Young Readers Club February 14 @ 6pm. Refugee by Alan Gratz

ALMANAC

Real Estate -

Tribune

BLACKSTONE

\$254,900, 7 Essex St #7, Samolinski, Jason, and Samolinski, Sarah R, to Danahy, James T, and Danahy, Dale

\$193,800, 30 Pickering Rd, Onyx Building Corp, to Guilbert, Melissa.

DOUGLAS

\$328,000, 322 SW Main St, Jones, Deborah A, to Bombara, Todd M, and Bombara, Hope E.

NORTHBRIDGE

\$382,211, 249 Fir Hill Ln, J& F Marinella Dev Corp, to Wallner, Ryan J, and Wallner, Traci L. \$320,000, 22 Swift Rd, Boudre

Jamie, to Cote, Cheri A, and Cote, \$272,500, 110 Delmar Dr, Dupre RT,

and Dupre, Robert D, to Ferriter, Frederick M. \$270,000, 246 Union St, Vander-

Baan, Sandra E, to Bourguignon, George E, and Bourguignon, Dawn

\$148,940, 13 Lovelace Ln, Wahlstrom, Justin, to Rodriguez, Keishla.

UXBRIDGE

\$499,430, 40 Eber Taft Rd, Orbison Corp, to Sturm, Jennifer T, and Macleod, Alexander.

\$485,000, 5 Lee St, Bruhn-Rubin, Carla, and Bruhn-VanLoon, Carla, to Giroux, Brian L.

\$419,000, 10 Big Rock Rd, Luther, Cory E, and Luther, Eva M, to Samolinski, Jason, and Samolinski,

\$399,000, 7 Crownshield Ave, USA VA, to Tzeremes, Konstantinos.

\$375,000, 111 Linwood St, Leonard. Jason, and Leonard, Amy, to Sables, Joshua J, and Sables, Kayla M.

\$357,935, 113 Rogerson Xing #29, Rogerson Crossing RT, and Boardman, Chad, to Charbonneau, Kimberly A.

\$349,725, 48 Deanna Dr, Raleigh, Maria H, and Raleigh, Maria, to Gisone, Andrew, and Gisone, Shauna. \$345,000, 14 Summerfield Dr #14, Alberto& V Tonelli RET, and

Tonelli, Virginia E, to Olsen IRT, and Carmichael, Lynn A. \$290,000, 55 Douglas St, Restrepo

Properties LLC, to Barrows, Travis H, and Barrows, Amanda D.

\$280,000, 25 Cotton Mill Way #25, Boyle, Michael P, and Boyle, Lynn A, to Cangi, Michael, and Cangi, Deborah L.

\$239,000, 9 Jesters Way #9, Kussman, Jeffrey A, and Kussman, Suzanne K, to Alipui, Gilbert.

\$187,000, 16 Rivulet St, Cote, Jason M, and Cote, Cheri A, to Motyl-Szary,

\$179,900,24 Farnum St, Schultzberg, Shirley L, to Bevilacqua Homes LLC. \$131,000, 129 Quaker Hwy #3, Carlucci, Thomas M, and Carlucci, Karen A, to Deponte, Robert S, and Deponte, June M.

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Friday, February 1, 2019 • 3 BLACKSTONE VALLEY TRIBUNE

Sen. Moore Joins Gov. Baker in supporting National Guard

LEGISLATION ESTABLISHES A MILITARY CODE OF JUSTICE, **INCREASES SERVICE PAY**



Sen. Michael Moore with Gov. Charlie Baker, Lt. Gov. Karyn Polito, Major General Gary Keefe and legislative colleagues in the Governor's Office at the State House in Boston.

BOSTON - Sen. Michael O. Moore (D-Millbury) joined Gov. Charlie Baker, Lt. Governor Karvn Polito. Massachusetts National Guard Major General Gary Keefe and legislative colleagues for the ceremonial signing of legislation to update existing laws relative to the National Guard.

"We appreciate those who serve, and the families that support them, and this legislation takes an important step forward to establish a uniform set of military justice standards and to increase compensation," said Senator Moore, who serves as Senate Chair of the Joint Committee on Public Safety and Homeland Security that advanced the legislation. "The National Guard has served the Commonwealth for more than 375 years and it's an honor to support their critical mission."

The newly-signed law modernizes and streamlines parts of the National Guard's enabling statute. Among its provisions, the law establishes a Uniform Code of Military Justice consistent with the American Bar Association's Model State Code of Military Justice already adopted by most other states.



ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

The law also increases the minimum daily pay for soldiers and airmen performing state active duty. In particular, the law increases the minimum daily pay for soldiers and airmen performing state active duty from \$100 per day to \$200 per day. This increase now makes the statewide minimum pay in Massachusetts the highest in the nation.

To view the text of the law, codified as Chapter 369 of the Acts of 2018, please visit the Legislature's Web site, www. malegislature.gov.

Flu FAQs: Massachusetts cases still ramping up

American Family Care doctors seeing an increase in greater Worcester area

WORCESTER, Mass. – This year's flu season kicked off early, with physicians at American Family Care (AFC) diagnosing the first few cases in the early days of September. By mid-December, the Centers for Disease Control (CDC) was reporting that the flu was widespread only in Massachusetts, and now, a month later, AFC is seeing increased activity in its Worcester urgent care center.

'We're definitely seeing an uptick in the number of patients with the flu this month," said Dr. Vincent Meoli, regional medical director of AFC. "While not unexpected this time of the year, it provides a good opportunity to remind people about the importance of prevention and awareness. There are many misunderstandings about the flu, how it's spread and how it's treated, so education is essential."

Dr. Meoli talked about the questions he and the other providers receive most often, which include:

Can you get the flu from the flu vaccine? "No," said Dr. Meoli. "The vaccine contains a dead virus. However, each year's vaccine provides protection against only a small number of strains of the flu that are expected to be most active each year. It's still possible to get a different strain of the flu. Also, it takes two weeks for the vaccine to work to its full effect, so patients are still susceptible during that time."

Is it too late to get the flu vaccine? Again, Dr. Meoli said no. "Flu season extends through March and beyond in New England. We occasionally even see cases in the summer. We're just ramping up now. It's definitely not too late to get vaccinated.'

Why won't antibiotics help me get

the day and on weekends.

addressed immediately," said Fattman

need urgent assistance outside of regular business hours.

rid of the flu? "The flu is a virus, and antibiotics are only useful for bacterial infections. Prescribing antibiotics will only increase your resistance to their effectiveness in the future; but they won't help you get over the flu. There are antiviral medications we can prescribe to help shorten the duration and severity of the flu, but they are most effective when taken within 48 hours of the start of the illness."

The best protection against the flu is the vaccine, and the second best is frequent hand-washing, according to Dr. Meoli. He also advised avoiding contact with those who have the flu, and regularly cleaning items that are touched often, from light switches and door knobs to faucets, where the virus can linger.

Dr. Meoli noted that the flu can feel like a bad cold on steroids. "Most people experience cough and congestion, muscle and headaches, fever, chills and fatigue. If you think you have the flu, even though you won't feel like leaving your bed, your best bet is to get to your doctor or urgent care center as soon as possible so that you might benefit from antiviral flu medication," he said. "While there is no cure for the flu, if started within 48 hours, this medication can help you feel better faster.'

In addition, Dr. Meoli advised flu sufferers to get plenty of rest and fluid, take over-the-counter medications for fever and achiness, and avoid contact with others, especially those most vulnerable to the flu and complications, such as children, the elderly and those who have weakened immune systems. He said the infection typically takes about two weeks to clear up.

The AFC staff in Worcester offers

convenient, walk-in care seven days a week, and offers the flu vaccine as well as diagnosis and treatment. Online check-in and current wait times are available at AFCUrgentCareWorcester.

About AFC Worcester:

Locally owned and operated, AFC Worcester is a physician-staffed provider of urgent care, occupational medicine, and other non-emergency health care. The facility features a high-tech, high-touch approach, including digital x-rays, on-site lab testing, stateof-the-art diagnostics, and electronic medical records. The clinics are open from 8 a.m. to 8 p.m. during the week and 8 a.m. to 5 p.m. on weekends, with no appointments necessary. VisitAFCUrgentCareWorcester.com for more information.

About American

Family Care: Founded by Dr. Bruce Irwin with a single location in 1982, American Family Care has cept of non-emergency room urgent care. With its 2013 acquisition of the Doctors Express, and its subsequent rebranding, AFC has become the nation's leading provider of urgent care, accessible primary care, and occupational medicine, with 200 clinics and 600 in-network physicians caring for nearly 3 million patients a year. Ranked by Inc. Magazine as one of the fastest growing companies in the U.S., AFC's stated mission is to provide the best healthcare possible, in a kind and caring environment, while respecting the rights of all patients, in an economical manner, at times and locations convenient to the patient. For more information,

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SPORTS ACTION!

Sen. Fattman establishes new

emergency assistance phone line

BOSTON — The Office of State Senator Ryan C. Fattman (R-Sutton) is rolling out a new office resource for constituents within the Worcester Norfolk district who

Constituents who require emergency assistance can now reach Senator Fattman on a newly established phone line available 24/7. The line, which can be reached at 774-276-7128, offers the ability to contact the senator and his staff at any hour of

'We recognize that things happen that may not fall into the 9 to 5 schedule, and require assistance outside of regular call hours. It is essential, especially during the winter, to be available to any person who may have an issue that needs to be

Constituents may also reach Senator Fattman's Boston office at 617-722-1420.

Big life events affect your taxes

Babies, big promotions, new jobs all these things can affect your taxes. If you foresee a big change

I in 2019, you may need to make adjustments to your I tax planning strategy. That could mean altering your withholding or increasing retirement plan contributions. Not sure how to adjust? Call and well help you ensure you're getting the most tax savings for your situation.

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Winter makes a roaring return to central Mass.



Central Mass. drivers had to contend with slippery conditions during last weekend's storm. In Spencer, no one was injured during this accident on North Brookfield Road.

REGION — After receiving a refreshing break from winter weather for more than a month, central Massachusetts residents dealt with a barrage of snow and ice last weekend, followed by a polar plunge.

Local police departments responded to several spinouts and minor accidents during the storm on Jan. 19-20. No major injuries were reported, although one vehicle was heavily damaged in Spencer after leaving North Brookfield Road on Jan. 19 as the storm began.

Plow drivers throughout the area appreciated the first significant snowfall of the winter season, but no one was thrilled with the arctic blast following the storm. High temperatures on Jan. 21 didn't rise out of the

single digits, with windchills bringing the feel of subzero air. Several school districts, including Southbridge Public Schools, delayed classes on Jan. 22 due to extreme cold.

The cold snap also serves as a reminder of pet safety during the winter months. State law prevents dog owners from tethering their pets outdoors during storms and cold stretches, and it also restricts the length of outdoor tethering allowed during good weather.

Locally, police encourage residents to keep a close eye on their four-legged friends when temperatures drop. It is also important to avoid leaving dogs in vehicles during extreme cold, even if it is only temporary. If you see an animal exposed to the elements, please call your police depart-

"Pet owners should consider. just as in extreme heat, that pets are endangered when outside or in a motor vehicle," said Spencer Police Sgt. Michael Befford.

For winter driving, police recommend having a flashlight, blanket, water, and warm clothing in your vehicle. You should also perform monthly checks to make sure your vehicle is ready for punishing temperatures and slippery travel.

"Properly preparing your vehicle for winter driving is essential for the safety of all passengers," said AAA regional director John Nielsen. "It will greatly decrease the chances of your vehicle letting you down.

Police also ask drivers to know about parking restrictions in place during storms in

Cornerstone Bank & employees donate \$45,000 to the United Way

WORCESTER — Cornerstone Bank and its employees have contributed more than \$45,000 to three local United Way organizations. During the recent holiday season, the Bank held a company-wide pledge campaign where employees were given the opportunity to donate to the non-profit organization dedicated to supporting the needs for education, income, and healthcare for communities across the globe.

The money raised included employee contributions of \$23,551, as well as a \$22,000 corporate gift. Three different United Way organizations were supported through the Cornerstone Bank

campaign: United Way of Southbridge, Sturbridge and Charlton; United Way of Webster and Dudley; and United Way of Central Massachusetts.

"Once again, our employees have come together to help others," stated VP/Controller and UW SSC Treasurer of Cornerstone Bank Scott M. Dungey.

"We are pleased to support the United Way," commented President and Treasurer of Cornerstone Bank Todd M. Tallman. "This donation demonstrates our generosity and commitment to the communities we serve.'

For more inforon the United Way of Southbridge, Sturbridge and Charlton; United Way of Webster and Dudley; and United Way of Central Massachusetts, please visit: http:// www.unitedwayssc.org,http:// www.unitedwayofwebsterdudley. org/ and http://www.unitedwaycm.

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout Central Massachusetts

from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster and Worcester. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook or call 800-939-9103.



Featured here with Cornerstone Bank employees are representatives from the United Way of Southbridge, Sturbridge and Charlton (UW SSC). From left: UW SSC's Board President Jessica Brigham, Board Vice President and Campaign Chairman April Parzych, and Executive Director Mary O'Coin; Cornerstone Bank's EVP/Chief Administrative Officer and Chairman of the Charitable Donations Committee Susan A. Gunnell, Webster Branch Manager and UW SSC Board Member Angela L. Sarna, VP/Controller and UW SSC Treasurer Scott M. Dungey, and Bank President and Treasurer Todd M. Tallman.

CLUES ACROSS

- 5. Turn up 11. Statements of support
- 14. Spells
- 15. Evildoer
- 18. One-time baseball stadium staple 19. Activities
- 21. WWII-era US President
- 23. Soft, flexible leather
- 24. Proverb
- 28. Wish (Hindu) 29. Injury treatment
- 30. Red Sox ace
- 32. "Deadliest Catch" captain
- 33. Baseball stat
- 36. Heartbeat test
- 41. Atomic #24
- 42. Bind securely
- 44. Swiss Nobel Peace Prize winner
- 47. Where you were born

CLUES DOWN

- 1. Ballplayer's tool 2. Hairdo
- 3. From a distance
- 4. Belt one out 5. Revising a text
- 6. More (Spanish)
- 7. Beloved Spielberg alien 8. BBQ dish
- 10. Within 12. Canadian flyers

9. Provoke

- Smugly smile
- 16. Buffalo
- 17. Lake in the Kalahari Desert
- 20. Grab 22. Rural delivery
- 25. Equally

- 26. It's sometimes passed
- 27. Citizens who are qualified to vote

- 29. Greek letter
- 31. Body part
- 34. Boxing result 36. Newts
- 37. Predatory semiaquatic reptiles
- 38. Cockatoo 40. The NFL's big game (abbr.)
- Leguminous east Indian tree
- 45. News reporting organization 48. A nemesis of Batman
- 50. Legal term
- 51. Not all
- 53. A way to greet
- 54. Knot in a tree
- 55. Satisfy 57. Russian space station
- 58. A baby's mealtime accessory 59. Stitch together
- 61. and behold

35. Where marine life lives

- 39. Signs on the dotted line

- 46. Fragrant brown balsam
- 49. Sells a ticket for more than
- 52. Where goods are presented
- 56. Jewish salutation 58. Fruits
- 60. Poorly educated
- 62. Microorganism
- 63. Depicted

Uxbridge man arrested for motor vehicle offenses in Millbury

MILLBURY — On Jan. 22 at about 5:50 p.m., a motor vehicle stop in Millbury led to the arrest of an Uxbridge man for his second offense of operating a motor vehicle with a suspended license and four warrants, among other charges.

Trooper Esmaily Santana, was on patrol on Route 146 North when he observed a white Honda Oddessey traveling with un-removed snow/ice on top of the vehicle. Trooper Santana

stopped the vehicle near exit 10 in Millbury.

The operator, who was unable to produce a valid driver's license upon Trooper Santana's request, initially falsely identified himself but provided two false names and false date of birth.

As a result of an investigation, Trooper Santana was able to positively identify the operator as, Joshua Mellen, 31 of Uxbridge. A check with the registry of motor

> vehicle revealed Mellen's license was suspend-

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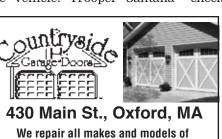
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ed and was the subject of four warrants out of Worcester and Leominster District Courts for

larceny and shoplifting offenses. Mellen was transported to State Police - Millbury Barracks, where he was booked for Operating a Motor Vehicle with a Suspended License (Second Offense), refusing to identify himself to an officer, and Impeded Operation of a Motor Vehicle, as well as four warrants, and held pending his arraignment today in Worcester **District Court:**

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Douglas native Elizabeth Petrocelli named to Dean's List at Ithaca College

ITHACA, N.Y. — Elizabeth Petrocelli, a Douglas resident majoring in Business Administration at Ithaca College, was named to the Dean's List for the fall 2018

Founded in 1892, Ithaca College is a residential college dedicated to building knowledge and confidence through a continuous cycle of theory, practice and performance. Home to some 6,500 students, the college offers more than 100 degree programs in its schools of Business, Communications, Humanities and Sciences, Health Sciences and Human Performance, and Music.

Students, faculty and staff at Ithaca College create an active, inclusive community anchored in a keen desire to make a difference in the local community and the broader world. The college is consistently ranked as one of the nation's top producers of Fulbright scholars, one of the most LGBTQ+ friendly schools in the country, and one of the top 10 colleges in the Northeast.

MWCC announces President's List and Dean's List for Fall of 2018

GARDNER - Mount Wachusett Community College officials are pleased to announce the hard-working students who made MWCC's president's and

The following Mount Wachusett Community College students who completed a minimum of 12 semester hours with a grade point average of 4.0 were named to the President's List for the fall semester of 2018:

President's List Fall 2018 Uxbridge: Anthony Modica

Alexis Zona has been named to the University of Delaware's Dean's List for the Fall 2018 semester

NEWARK, Del. — Alexis Zona of Northbridge has been named to the University of Delaware's Dean's List for the Fall 2018 semester.

To meet eligibility requirements for the Dean's List, a student must be enrolled full-time and earn a GPA of 3.33 or above (on a 4.0 scale) for the semester.

STUDENTS

continued from page A1

and STEM professionals are able to connect around the real-world projects done in the classroom, as a critical complement to high-quality STEM programs," said Andreina Parisi-Amon, Director of Partnerships for Mass STEM Hub. "Huge thanks to the professionals at Seaboard Folding Box Company and Abbott-Action, Inc., who reviewed student submissions and provided expert feedback around improving technical drawings and manufacturing process flows based on their years of experience-connecting the work Project Lead The Way students are doing in the classroom to the work they're doing every day on the manufacturing floor.'

Student work was reviewed at Seaboard by their Vice President of Sales and Marketing; from Abbott-Action, Inc., the student work was reviewed by a team of professionals including a Marketing Manager, Structural Designer, and Protective Packaging Engineer.

All of the teams that submitted designs from the classes of Michael Smutok and Melissa Silva, both teachers in UHS' Project Lead the Way engineering program, received specific feedback from industry professionals on their process flow diagrams, technical processes, and prototype drawings. For their win, the UHS team earned

TAFT

continued from page A1

Dubois, Dr. Black, Antone

Botehlo Photography,

Kim Johnson of Alder &

ribbons, certificates, and Rocketbook notebooks. Additionally, Seaboard will be sponsoring a field trip for the entire class, covering bus costs to visit their box manufacturing site in Westminster.

"We were thrilled to work with local box manufacturing companies, Seaboard Folding Box Company and Abbott-Action, Inc., to connect students and professionals around the manufacturing a box project students completed," Dr. Parisi-Amon added. "The professionals at each were impressed by the great work students did and excited to share their insights."

Mass STEM Hub partners with schools to implement high-quality, applied learning programs. Their mission is to provide schools with access to and support for premier STEM programming that engages students and prepares them for 21st century careers. Supporting schools' adoption and quality implementation of Project Lead The Way is the first Mass STEM Hub ini-

"It is certainly one thing to have your work evaluated by your teacher, and quite another to be evaluated at this level by industry professionals," Mr. Rubin said. "This brings our partnerships with industry to life and helps students see relevance in what they are learning. We are grateful for the opportunities our partners at Mass STEM Hub and Project Lead the Way have opened up for the students of Uxbridge."

Sirois.

dog, Denver. Denver is the Uxbridge elementa-

ry school's therapy dog.

Denver created the paint-

ings with the help of Mrs.



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This year, they also

had a sports table with

Patriots and Bruins

Mrs. Lukowski, a third-

grade teacher, donated

memorabilia.

Shea Stone of Uxbridge bids on a piece by Denver the Therapy Dog.

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LEARNING

'Triple win' benefits Bay Path students



Gus Steeves Photos

From right, Bay Path teacher Ray Beck, Skills Massachusetts Vice President Anika Koopman, BP senior Dominick Berthiaume, IAA's Steve Betley and Skills Massachusetts Executive Director Karen Ward pose with the van Bay Path's Auto Collision shop will be fixing for Skills Massachusetts.

BY GUS STEEVES CORRESPONDENT

CHARLTON - For most people, a totaled van is a write-off. But for Bay Path Tech's Auto Collision shop, it's an oppor-

Last week, Mapfre Insurance

and Insurance Auto Auctions provided those students with one, which teacher Raymond Beck described as "a great teaching tool because it covers so many aspects of the trade." Among other things, it gives them a chance to get practical experience with frame repair, laser measurement, mechanical work, painting and detailing. But they can't do it all; Beck noted some parts of the project will involve cooperation with neighboring shops. He expects it to take about six months "depending on what we run into.'

"This is a big job," he added later. "It's a little bit of everything, heavy on the collision [work] but also other aspects."

The project will go to benefit Skills Massachusetts, where Executive Director Karen Ward said it will "help us deliver our program" when the work's done. The group has 34,000 members statewide and provides leadership training, service projects and other assistance from its office in South Easton.

"To make those opportunities happen, we need to get there," she said. "... It's a big lift for a small non-profit to buy a van commercially," noting their current van has lasted 17 years and "we'll probably put 200,000 [miles] on it."

Skills Mass Vice President Anika Koopman, a junior at Blackstone Valley Tech, will be glad to see the old van retired because she doesn't much like being transported around the state "in a vehicle of questionable status." She described partnerships like this as "often overlooked, but solid business practice" where the schools and businesses are "linked together for the common goal" of finding skilled workers.

"Thank you immensely for believing in us," Koopman said, later adding she's not in



Dominick Berthiaume shows Karen Ward how the computer system works.

her school's automotive shops, but going into the health field.

To Bay Path Superintendent John LaFleche, it's a "triple win," because it benefits the students, Skills Massachusetts and the IAA/Mapfre. The latter get some publicity and get rid of a vehicle that was "already in our possession, a settled claim," said IAA's Steven Betley, who worked for Mapfre/Commerce for 27

He said the IAA approached Bay Path about doing a project, donated the van when LaFleche suggested that would help Skills Massachusetts, and is getting its local insurance partners to donate the parts so they "don't cost the schools anything." This is IAA's "inaugural year of being right in the school;" it also works with schools in Waco, Texas and Southern California, Betley

"It will give them a true to life experience of what they'll see in the real world," Bay Path senior co-op student Dominick Berthiaume observed.

To Ward, that's critical because "there is a skills gap' between what employers seek and what many applicants can do. But tech schools help narrow it, she added.

Gus Steeves can be reached at gus.steeves2@gmail.com.

Worcester Polytechnic Institute announces Fall 2018 Dean's List

WORCESTER — The following local residents were among 1,595 students from Worcester Polytechnic Institute (WPI) named to the university's Dean's List for academic excellence for the fall 2018 semester.

Colleen Chapman of Douglas is a member of the class of 2022 majoring in electrical and computer engineering.

Brian Flanagan of Douglas is a member of the class of 2020 majoring in computer science, and electrical and computer engineering.

Evan LeBeau of Douglas is a member of the class of 2020 majoring in management information systems.

Casey Gosselin of Northbridge is a member of the class of 2022 majoring in

robotics engineering. Dillon Arnold of Northbridge is a member of the class of 2019 majoring in mechanical engineering and robotics

engineering. Ilona Regan of Northbridge is a member of the class of 2021 majoring in bioinformatics and computational biology.

Michael Hartwick of Northbridge is a member of the class of 2020 majoring in mechanical engineering.

Timothy Cotter of Uxbridge is a member of the class of 2020 majoring in mechanical engineering.

Robert Wondolowski of Uxbridge is a member of the class of 2020 majoring in actuarial mathematics.

Kyle Suchanek of Uxbridge is a member of the class of 2020 majoring in biomedical engineering.

Brent Whitlock of Uxbridge is a member of the class of 2020 majoring in mechanical engineering.

Emily Philbrook of Uxbridge is a member of the class of 2022 majoring in biomedical engineering.

Michael Kane of Whitinsville is a member of the class of 2019 majoring in electrical and computer engineering.

The criteria for the WPI Dean's List differs from most other universities as WPI does not compute a grade point average (GPA). Instead, WPI defines the Dean's List by the amount of work

completed at the A level in courses and ing real-world problems. Recognized by

projects.

"WPI's academic programs are rigorous and require a level of independence beyond what is required in traditional courses. WPI students go beyond the classroom to work on open-ended problems in and for communities around the world. The problems are important and the impact is real" said dean of undergraduate studies Arthur C. Heinricher. "Some of this nation's best and brightest students come to WPI to study engineering and science and business and the humanities. Those named to the Dean's List have excelled in all of their work, and we are exceptionally proud of these outstanding students."

Worcester Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solv-

the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 45 project centers around the world. WPI offers more than 50 bachelor's, master's, and doctoral degree programs across 14 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

2018 SEMESTER AT

HAMDEN, Conn. — The following area students were named to the dean's list for the Fall 2018 semester at Quinnipiac University:

Douglas

Rachael Morin Maxwell Postma

Northbridge

John Hughes

Uxbridge

Catherine Hill Lydia Mason Alison Sawver Kevin Wagner

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester.

About Quinnipiac University

Quinnipiac is a private, coeducational, nonsectarian institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 7,000 full-time undergraduate and 3,000 graduate and part-time students in 110 degree programs through its Schools of Business, Communications, Education, Engineering, Sciences, Law, Medicine, Nursing and the College of Arts and Sciences. Quinnipiac consistently ranks among the top regional universities in the North in U.S. News & World Report's "Best Colleges" issue. Quinnipiac also is recognized in Princeton Review's "The Best 381 Colleges." The Chronicle of Higher Education has named Quinnipiac among the Great Colleges to Work For(r). For more information, please visit qu.edu. Connect with Quinnipiac on Facebook at facebook. com/quinnipiacunews and follow Quinnipiac on Twitter @QuinnipiacU.

EASTERN STUDENT ELIZABETH SIMONDS OF UXBRIDGE NAMED TO FALL 2018 DEAN'S LIST

WILLIMANTIC, Conn. — Eastern Connecticut State University recently released its fall 2018 Dean's List for fulltime and part-time students.

Among the students is Elizabeth Simonds '20 of Uxbridge, who majors in Early Childhood Education and Sociology. Simonds is a full-time student.

In order to be eligible for Dean's List, students must have a GPA of 3.50 or higher.

Eastern Connecticut State University is the state of Connecticut's public liberal arts university, serving more than 5,300 students annually at its Willimantic campus and satellite locations. In addition to attracting students from 163 of Connecticut's 169 towns. Eastern also draws students from 26 other states and 20 other countries. A residential campus offering 40 majors and 65 minors, Eastern offers students a strong liberal art foundation grounded in an array of applied learning opportunities. Ranked the 25th top public university in the North Region by U.S. News and World Report in its 2018 Best College ratings, Eastern has also been awarded "Green Campus" status by the Princeton Review eight years in a row. For more information, visit www.easternct.edu.

Bryana Reardon named to President's List at Plymouth State University

PLYMOUTH, New Hampshire — Bryana Reardon of Uxbridge has been named to the Plymouth State University President's List for the Fall 2018 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Fall 2018 semester and must have attempted at least 12 credit hours during the semester. Reardon is a Fine Arts major at Plymouth State.

About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by

transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

www.StonebridgePress.com

LEARNING

Northbridge Superintendent leaving at end of school year

BY KIM PALMUCCI TRIBUNE CORRESPONDENT

NORTHBRIDGE

Northbridge Superintendent Catherine Stickney announced that she will be leaving the district at the end of the school year. Stickney served as Superintendent for six years.

"I love the community of Northbridge," Stickney said. "The staff and the School Committee are so dedicated; many of them live in the com-

munity, they were born and raised here. There's just a genuine sense of tradition and I truly value the commitment and dedication that they have."

Dr. Stickney informed the School Committee last week of her intention to leave after the school year is complete. She said she will be moving to North Carolina to join her husband, who has been working there for over a year.

"I realized that life is valuable, and to have that separation between the two of us was just a little too much," she said, adding that she is looking forward to the next chapter of her career in education.

"While I understand her reasons for leaving, I'm disappointed to see her go. It will absolutely be a loss for the school district," said Committee Chair Michael LeBrasseur. "She has been a great advocate for our schools, a passionate leader and a strong partner to the school committee, always focused on what is best for our students.'

Stickney described the decision as bittersweet, but added that watching several projects come to fruition, including the approval of the district's elementary school project with the Massachusetts School Boarding Authority and the start of the Northbridge Career Academy, makes her proud.

"There are many good things happening here," she said, adding that she announced the decision in January in an attempt to give the district plenty of time to conduct a thoughtful search to fill the

During its recent meeting, the School Committee discussed general steps to find a successor, and will continue that discussion at their next meeting on Feb. 12.

OCAL STUDENTS NAMED TO ASSUMPTION COLLEGE DEAN'S LIST

 $WORCESTER - Assumption\ College$ has announced that 493 students have been named to the College's Dean's List for the fall 2018 semester. Local students include:

Celia Smith of Douglas, Class of 2019 Travis Butler of Uxbridge, Class of

Students must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semes-

"Each semester Assumption College recognizes the hard work and dedication of its students through the Dean's List," said Francesco C. Cesareo, Ph.D., president of Assumption College. "Students who have earned this high honor have demonstrated academic excellence and hard work, as well as committed themselves to the formation of their intellectual and academic lives, an important aspect of the College's

The Assumption College curriculum enables students to gain a depth and breadth of knowledge that leads to professional success and personal fulfillment. Students-whether studying on the Worcester, Mass. or Rome, Italy campus-become engaged participants in Assumption's classic liberal arts education and professional programs, exploring new ideas, making connections across disciplines, and pushing themselves to achieve more than they ever thought possible. To prepare for the workforce, students learn cutting-edge theory and best practices, and develop excellent communication and critical-analysis skills - quintessential skills of a liberal arts education - through classroom work, internships, and involvement in extracurricular activities.

For more information about Assumption College, please visit www. assumption.edu.

Bentley University names local students to Honors Lists for Fall 2018 Semester

WALTHAM — Bentley University President, Alison Davis-Blake, along with Dean of Business, Donna Maria Blancero, and Dean of Arts and Sciences, Rick Oches, recently announced the names of local residents who were honored for their outstanding academic achievement in the Fall 2018 semester.

The following Uxbridge resident was recognized: Kyle "Archie" Archambault, a member of the Bentley soccer team and a 2017 graduate of St. Johns High School (Shrewsbury), was named to the Dean's list at Bentley University for the fall semester of his sophomore year.

To be named to the Dean's List, a full-time student must have a grade point average of 3.3 or higher with no course grade below 2.0 during the

Bentley University is one of the nation's leading business schools, dedicated to preparing a new kind of business leader with the technical; skills, global perspective and ethical standards: required to make a difference in an ever-changing world. Bentley's diverse arts and sciences program combined with an advanced business curriculum prepares graduates to make an impact in their chosen fields. The university enrolls approximately 4,000 undergraduate and 1,000 graduate students. The Princeton Review ranked Bentley #1 in the United States in both career services and internships and Bloomberg BusinessWeek ranked Bentley a top 10 undergraduate business school.

NICHOLS COLLEGE STUDENTS NAMED FALL 2018 DEAN'S LIST

DUDLEY — Approximately 600 Nichols students achieved Dean's List or Dean's High Honors status during the fall 2018 semester.

The Dean's List recognizes students who earned high grades during a single semester. To be on the Dean's List, a student must maintain a minimum grade point average of 3.2 for at least 12 credit-hours and receive no grade below a C+ during the semester. A student who earns a grade point average of 3.6 or higher is awarded Dean's High

Jarret Bergeron of Douglas achieved Dean's High Honors. Michael Demeritt Northbridge achieved Dean's

Kiley Lafortune of Douglas achieved Dean's High Honors. Mandy Laporte of Douglas

achieved Dean's High Honors. Vanessa Slawski of Douglas achieved Dean's High Honors.

Jake Wood of Whitinsville achieved Dean's List.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Founded in 1815, Nichols transforms today's students into tomorrow's leaders

through a dynamic, career-focused business and professional education. Within a supportive community, Nichols offers and: experiential business curriculum with a strong liberal arts foundation that is enhanced by the scholarship of practice and pedagogy; integrates research and scholarship into the student experience programs and activities that cultivate and enhance professional skills and readiness; and develops the communication and critical-thinking: abilities, the ethical and cultural perspectives, and the necessary teamwork skills that are required of leaders in a global economy.

University of New Hampshire's announces Dean's List for the Fall 2018 Semester

DURHAM, New Hampshire — The following students have been named to the Dean's List at the University of New Hampshire for the fall 2018 semester.

Christopher Cicero of Douglas with Highest Honors Christina Calkins of Douglas with High Honors Jocelyn Kenyon of Northbridge with Highest Honors Rebecca Dubovsky of Uxbridge with High Honors Aaron Kearnan of Uxbridge with Honors Hope Anderson of Uxbridge with Honors Ashley Banas of Whitinsville with High Honors Daniel Banas of Whitinsville with High Honors Nicole Haggerty of Whitinsville with High Honors

Local student Pranay Patel named to fall Dean's list at Pitt-Bradford

BRADFORD, Pa. — The University of Pittsburgh at Bradford has named 366 students to its fall 2018 Dean's list.

Dean's list status is awarded to students who have earned a grade point average of 3.5 or higher.

Among those named to the Dean's list: was Pranay Patel, a freshman pre-medicine student from South Grafton, Mass.

"Every Town Deserves a **Good Local Newspaper**"

Becker College recognizes Fall 2018 graduates

WORCESTER — Becker College's fall 2018 graduates included several local residents.

Renee Begin, of Whitinsville, graduated with a AS in

Jessica Wu, of Northbridge, graduated Magna Cum Laude with a BS in Veterinary Science, Pre-Veterinary Concentration.

Founded in 1784, Becker College is an undergraduate and graduate, career-focused private college, providing a supportive and inclusive learning community that prepares graduates for their first to last careers. Nearly 1,800 students from the United States and around the world live and learn on the College's Worcester and Leicester campuses. With nationally recognized programs in nursing, game design and animal studies, Becker has been consistently ranked as a "Best College" for undergraduate education by The Princeton

Brian MacDougall of Uxbridge named to Dean's List at Bentley Unviersity

WALTHAM — Bentley University President, Alison Davis-Blake, along with Dean of Business, Donna Maria Blancero, and Dean of Arts and Sciences, Rick Oches, recently announced the names of local residents who were honored for their outstanding academic achievement in the Fall 2018 semester.

The following resident from your readership was recog-

Brian MacDougall, a 2016 graduate of Uxbridge High School, was named to the Dean's List at Bentley University for the fall semester of his junior year.

To be named to the Dean's List, a full-time student must have a grade point average of 3.3 or higher with no course grade below 2.0 during the term.

Bentley University is one of the nation's leading business schools, dedicated to preparing a new kind of business leader with the technical skills, global perspective and ethical standards required to make a difference in an ever-changing world. Bentley's diverse arts and sciences program combined with an advanced business curriculum prepares graduates to make an impact in their chosen fields. The university enrolls approximately 4,000 undergraduate and 1,000 graduate students. The Princeton Review ranked Bentley #1 in the United States in both career services and internships and Bloomberg BusinessWeek ranked Bentley a top 10 undergraduate business school.

Douglas Public Schools announce Kindergarten registration

DOUGLAS — The Douglas Public Schools will be holding Kindergarten registration on Wednesday and Thursday, Feb. 27 and 28. Children eligible for Kindergarten in September must be five years of age on or before Sept. 1.

Registration will be held at the in the foyer at the main entrance of Douglas Primary School, 17 Gleason Court, from 9 a.m. - noon on Feb. 27 and noon - 2:30 p.m. on Feb. 28. Registration packets will be mailed to eligible residents prior to Feb. 27.

Parents must present their child's original birth certificate or a certified copy together with immunization records at the time of registration. If you have any questions, please call

BLACKSTONE VALLEY TRIBUNE Friday, February 1, 2019



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Frank G. CHILINSKI President & Publisher

BRENDAN **B**ERUBE

EDITORIAL

Let's agree to disagree

The wise Thomas Jefferson once said, "I never considered a difference of opinion in politics, in religion, in philosophy, as cause for withdrawing from a

The increasingly divisive political atmosphere that has taken hold across the country over the past decade has led to a regrettable erosion of civility as well. It seems as though peole are incapable of shaking hands and agreeing to disagree anymore. Instead, friends, family members, and even businesses are banished because someone said or saw something they didn't approve of. What is imperative to remember is that it is OK, and in fact, quite normal to disagree. It is how you disagree that sets you apart and makes all of the difference in how you choose to have your character defined.

Life is more than politics. We are not, by any means, suggesting that if you have a difference of opinion with a person that strongly opposes your values, you skip hand in hand in the park. What we're suggesting is that you can shake hands, give a nod and a friendly smile and agree to disagree like ladies and gentlemen used to do in the past.

It is entirely possible to have a strong friendship and respect for those on the other side of the aisle. At the end of the day, we all want what we think is best. That outcome may be different for each person, however at the core of it, is good intentions. The next time you find yourself angrily reading something, or hearing an interview that you strongly disagree with, think about that person having good intentions. Good intentions won't be enough to sway you, but it can help to soften the blow.

Debates between political parties are as old as time, it's almost human nature. What trumps any division is our need as human beings to feel connected to one another above all things, it is an innate characteristic that no one can shake as hard as they might try.

A recent poll showed that many people have few to no friends with opposing views. For us, living in a small town, that is almost impossible. Many of us are still surrounded by our childhood friends and are not about to give them up over a political disagreement, the same goes for family members. One benefit to surrounding yourselves with those who think differently than you is to gain knowledge and insight into how the other side thinks. Asking questions can expose why a person feels the way they do and often times can lead the conversation into a non-political direction that could be more fruitful to the friendship in the long run.

So, how do we move forward peacefully when we have family and friends with opposing views? It's easy. Accept the fact that not everyone thinks the way you do. As long as they're a good person, and they respect you, does it really matter?

One way to remain in good graces with someone who does not share your beliefs is to find other things you do have in common and focus on those things. At the end of the day, there are things much more rewarding than politics. Truly.

Another tip is to keep your views off of social media, unless it is something that you are passionate about, just be prepared for the fun comments to follow. Essentially, however, politics and social media are not a good combina-

Taking a moment to think before you speak is always a smart move. Let's face it, you will not change anyone's mind as much as you might hope, and they cannot change yours.

Never discuss politics while sharing a meal. It can turn a nice time into a sour one real fast. Again, focus on the things you do like about the other person, they are sure to outweigh any misguided beliefs you might think they



Opinion and commentary from the Blackstone Valley and beyond

Aromatherapy for What Ails You

Aromatherapy products are big business. With a seemingly never-ending array of candles, oils, and potions promising to do everything from altering a mood to healing an ailment, it can be easy to be taken in by exaggerated marketing claims. While outrageous promises are

often just hype, don't be too quick to dismiss the power of scent. Beneath all the brouhaha is intriguing data supporting a link between smells and moods. Medical research proves scent stimulation does in fact, send particular messages to the brain, which in turn effects our moods and feelings. Not convinced? Read on for some research findings, as well as some aromatherapy potions you can whip up to change your little corner of the world or at least the way you perceive it! NOTE: Organic essential oils should be used with care and caution. Be sure to check with a health professional before using any aromatherapy treatment.

Orange you calm?: University of Vienna research revealed exposure to ambient odor of orange can have a relaxant effect and it relieved levels of anxiety in study subjects awaiting dental treatment. As a bonus the orange scent prompted a positive mood among the participants. Tip: Have a fresh orange handy for a quick snack to de-stress and cheer up. Or, add some natural orange essential oil to the bath to ease anxiety.

Vanilla memories: In a study conducted at the Memorial Sloan-Kettering Hospital in New York, patients undergoing an MRI reported 63 percent less claustrophobic after being exposed to the aroma of vanilla. Experts attributed the reduced anxiety to the pleasant memories evoked by the vanilla aroma or by some other physiological response related to the fragrance. Tip: Mix up this vanilla room freshener and spritz at whim or will to relax fast: Mix together two ounces of vanilla extract and two ounces of distilled water. Pour into a small, clean perfume or spritz bottle.

An apple a day: Scientific studies show the scent of apple and cinnamon make people feel secure, comfortable and "at home." The feeling of well being was experienced by both men and women participants who experienced the fragrance of an apple and cinnamon mixture. Tip: Welcome visitors with a batch of apple and cinnamon potpourri. Mix together in a glass jar or ziplock bag: one cup dried apple slices; two tablespoons ground cinnamon; 1/4 cup whole allspice berries (or two tablespoons ground allspice); two tablespoons whole cloves; 10 two inch cinnamon sticks; 10 to 12 small pinecones; eight drops cinnamon

TAKE THE HINT KAREN

TRAINOR

oil (or 32 drops of cinnamon extract). Shake up every few days to distribute scent until desired fragrance is achieved.

Safe slumber: In a study published in the British Medical Journal Lancet, elderly patients slept "like babies" when

a lavender aroma was wafted into their bedrooms at night. These patients had complained of difficulty falling asleep and had to take sleeping pills to get sleep prior to the aromatherapy. Tip: Place one drop of natural lavender essential oil in one cup of boiling Inhale the vapors to induce sleep. Or if fresh lavender flowers are available, sew up a muslin sachet, fill with lavender flowers and tuck between a bed pillow and its case.

Dump Depression: Studies show the fragrant flowers of ylang ylang and roses help halt depression. Furthermore, ylang ylang has been touted as an anti panic treatment. When added to a warm bath, feelings of depression can literally be washed away. Tip: Simply add three drops of rose essential oil and four drops of ylang ylang essential oil to a tub full of warm water. To induce further relaxation, bath by candlelight.

"tried Here are some more true aromatherapy *To improve concentration: Blend equal parts of basil, cardamom, ginger and black pepper essential oils in a diffuser. *To increase alertness: Peppermint, dill and coffee essential oils dispersed in the air might do the trick. *To aid memory: Try using lily of the valley or coriander essential oils in a diffuser. *Heighten focus by combining in a diffuser equal parts cypress and cinnamon oils. *Tame a headache by dabbing one drop of lavender essential oil on each temple. Take several deep breaths and relax. (Note: most essential oils should not be applied directly to the skin, lavender is one exception). but

Organic essential transform moods: *These oils promote inner security and self-acceptance: frankincense, jasmine, sandalwood, vetcedarwood and bergamot. iver. * To improve self esteem and contry bay laurel, bergamot, cypress, grapefruit, jasmine, rosemary or orange essential oils. *Be the vibrant happy person you should be with help from grapefruit, lemon, orange, rose, sandalwood and ylang ylang. *Jasmine is the oil to boost your spirit help bring out your sunnier side. Turn To TRAINOR page A16

What can investors learn from "Big Game" teams?



FINANCIAL Focus

DENNIS ANTONOPOULOS

In February, TV stations the world over will broadcast the most-watched U.S. football game of the year. But sports fans aren't the only ones viewing this "big game," held in Atlanta this year. The two teams competing are watched closely by the teams that didn't qualify. That's because these teams can learn a lot from the contenders. In fact, "big game" teams can teach some valuable lessons to many groups and individuals – including investors.

What investment insights can you gain from observing these teams? Here are a few to consider:

A good "offense" is important. "Big game" teams usually have the ability to score a lot of points. They can run the ball, pass the ball and move up the field quickly. As an investor, you also need to constantly seek gains - in other words, you need an "offense" in the form of an investment portfolio capable of producing long-term growth. Consequently, you will need a reasonable percentage of growth-oriented vehicles, such as stocks and stock-based mutual funds, in your holdings. Yes, these types of investments carry risk, including the potential loss of principal. But you can help reduce your risk level by holding investments for the long term – giving them time to possibly overcome the shortterm drops that will inevitably occur - and by diversifying your overall portfolio with other types of investments, such as bonds and government securities, that will likely not fluctuate in value as much as stocks.

A strong "defense" is essential. In addition to having good offenses, "big game" teams are also typically strong on defense. They may give up yardage, and going against a strong offense, they will also give up points, but they still often stop their opponents from making the big, game-breaking plays. As someone with financial goals, such as protecting your family's lifestyle and helping send your children to college, you, too, have much to defend - and one of the best defensive moves you can make is to maintain adequate life insurance. Also, to protect your own financial independence - and to defend against the possibility of becoming a burden to your adult children - you may want to explore some type of long-term care insurance, which can help pay for the extraordinarily high costs of an extended nursing home stay.

The ability to adjust a strategy is essential. If a "big game" team is trailing, it very well might decide to switch its game strategy – perhaps they tried to keep the ball on the ground but fell behind, requiring them to throw more passes to catch up. You also will need to evaluate your progress toward your goals to determine if you may need to adjust your strategy. To illustrate: If your current portfolio is not providing you with the returns you need to retire comfortably, you may well need to adjust your investment mix to provide more growth potential, but within the context of your risk tolerance and time horizon.

The "big game" is the culmination of a season of hard work by two teams that have achieved the highest level of success. And by applying the lessons you've learned from these teams, you can help contribute to your own success.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@ edwardjones.com.

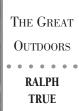
'Tis the season for fishing derbies

Ice fishing this past week provided local anglers with some impressive fish being caught at local fishing derbies, and at numerous other lakes and ponds in the valley. Planning to go fishing at the Singletary Rod

& Gun Club derby last weekend, I decided to check the ice thickness at the Uxbridge Rod & Gun Club. It was a bit shaky on the edge of the pond, but once you were on the ice, the measured thickness showed a solid 12 inches. Unfortunately, the Singletary Rod & Gun canceled their derby last Sunday for of unknown reasons. Attempts to contact the club were unsuccessful.

Most ponds had the same problem of unsafe ice along the shoreline because of the heavy rain last week, but most anglers brought along a good plank to lay across the thin ice on the shoreline to safe ice only a couple of feet away. I do not recommend that youngsters play on this kind of ice without supervision, but by the time you read this column, the shoreline ice should have become safe. Constant monitoring of ice thickness is something I always stress. This week's picture shows Dan King with a nice four-pound largemouth bass that he recently caught at one of his favorite fishing holes. Numerous five-pound-plus largemouth bass were also caught last week.

Last weekend, the Nipmunc Rod & Gun



Club held their annual ice fishing derby that had a good THE GREAT number of anglers fishing in the derby. One lucky angler caught a prize golden trout, and also caught the largest fish of the day, giving him a substantial amount of prize money. All of his fish that he caught were taken on a jig stick. It is this writer's

favorite and most productive way to fish through the ice. Numerous holes need to be cut throughout the day, and can usually have you on a school of perch and other species of fish like pickerel and calico bass in a very short time. When a school of perch are located, you can have non - stop action for a few minutes, catching as many as a dozen perch from one hole. When the action slows you need to cut another hole only a few feet away. If you do not start catching fish, you need to cut numerous holes until you find the school of perch.

In the old days, we cut all of our holes with an ice chisel, and we were called spudders. This was the name of the Swedish anglers had that often came from Worcester. Most of them worked at the steel mill on Millbury street and often made their own ice chisels which cut a hole in the ice with only a couple of chops. This writer was given one of the hand made Ice chisels from a good friend of mine many years ago. Although I only use it to test ice conditions and thickness as I traverse across frozen water, I

Turn To TRUE page A16



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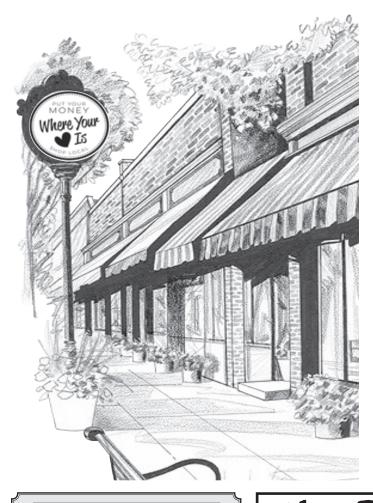
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OBITUARIES

Beverly A. (Klimon) Germain, 77

OXFORD - Beverly A. (Klimon) Germain, 77, of Walcott Street, died Wednesday, January 23, 2019, at St. Vincent Hospital in Worcester. She is survived by her husband of 53 years, Ernest G. Germain of Oxford; five children, Steven P. Germain and his wife Kim of Uxbridge, Michelle D. Germain of Oxford, Julie A. Germain and her partner Michael Lees of Oxford, Barbara J. Germain of Florida, and Karen L. Evangelidis of Oxford; a stepson, John V. Germain and his wife Lynn of Plymouth; a brother, Peter Klimon of Florida; a sister, Sheila Evans of Florida; 17 grandchildren, 2 great-grandchildren, and several nephews and nieces. Se was predeceased by a son, Scott Germain of Oxford

who died in 1996. She was born in Worcester, daughter of the late Vinnie J. and Astrid E. (Johnson) Klimon, and lived in Worcester before moving to Oxford 54 years ago.

Mrs. Germain enjoyed playing bingo, trips to the casino, and was a fan of the New England Patriots. Most of all, she enjoyed spending time with her friends and family.

A funeral was held at 10 a.m. on Monday, January 28, 2019, at Paradis-Givner Funeral Home, 357 Main St., Oxford. Burial will follow at North Cemetery in Oxford. Calling hours were Sunday, January 27, 2019, from 5-8 p.m. at the funeral home.

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Sarah "Sally" Puccelli, 95

CHARLTON- Sarah "Sally" (Toppin) Puccelli, 95, formerly of Highland St., Southbridge, passed away Saturday, Jan. 19th, in the Overlook Masonic Health Center, Charlton, after an ill-



Her loving husband Carlo C. Puccelli died in 2003. She leaves her son, Charles P. Puccelli and his wife Jan of Hubbardston; her two daugh-Janet Puccelli ters, Worcester and of Kathryn Ritter and

her husband Michael of Southbridge; her brother, John Toppin of Charlton; her two grandchildren. Tyler Ramsey of New York, NY and Josh Ramsey of Chatham; and her step grandson, Kevin Buxton of Northbridge. Sally was predeceased by two brothers, Kenneth Toppin and Vincent Toppin. She was born in Brookfield the daughter of Samuel and Katherine (O'Brien) Toppin.

Sally was a longtime employee of Sears in Southbridge. She worked for the American Optical Company during the war. Sally is a member of St. Mary's Church of St. John Paul II Parish. She enjoyed reading, baking, and playing Bingo. Sally loved her family and cherished her time spent with her grandchildren.

Funeral service for Sally was held on Monday, Jan. 28th, at 10:00am in the James C. Nicoll, Jr. Chapel at the Overlook Masonic Home, 88 Masonic Home Rd., Charlton. Burial in Oak Ridge Cemetery, Southbridge, will be held at the convenience of the family. There were no calling hours.

In lieu of flowers donations may be made to the Overlook Masonic Home, 88 Masonic Home Rd., Charlton, MA

www.morrillfuneralhome.com

Stanley F. Kloczkowski, 91

UXBRIDGE- Stanley F. Kloczkowski, 91, passed away on Mon. Jan. 21, 2019 at St. Camillus Health Center, after a period of declining health. He was predeceased by his beloved wife of 65 years, Germaine T. (Brochu) Kloczkowski on August 28, 2017.





by 2 children; Anne M. Mangano and her husband Joseph of N. Andover, and John S. Kloczkowski of N. Uxbridge, 5 grandchildren, 5 great-grandchildren; a brother, Michael Kloczkowski and his wife Laurabel of Millville, as well as many nieces and nephews. He was also predeceased by 3 brothers: Rudolph, Ignatuis, and Frank Kloczkowski, and 2 sisters, Julia Mitchell,

Stanley is survived

and Pauline Larose. Born on Nov. 11, 1927 in Millville, he was the son of Antoni and Sophie (Killian) Kloczkowski and lived in the Millville/Uxbridge area most of his life. He was a graduate of Blackstone High School, and attended New England Institute of Technology in Providence. Stanley proudly served his country joining the Army during the WWII era, where he was stationed at both the Aberdeen Proving Grounds in

Maryland, and at Fort Bragg, NC, he specialized as an automotive parts

After his service, Stanley worked primarily as a technician at companies in the area including, Engineering Model Lab in Ashland, Nelmor Co. in N. Uxbridge, and American Coil in Grafton, where he retired in 1993. He was a longtime member of Good Shepherd Church, the Polish American Citizens Club in Millville, and also the Polish American Veterans in Uxbridge. Throughout his life Stanley loved boating and shared this with his family. He also enjoyed gardening, and spent many hours picking blueberries. In his later years, you would often find Stanley mastering jigsaw puzzles, or doing word search challenges.

The Kloczkowski family would like to extend a special thank you to Notre Dame Hospice and the staff at St. Camillus, who have cared for Stanley over the past year.

His Funeral was held on Fri. Jan. 25 at 11am in Good Shepherd Church, 121 Linwood St., Uxbridge. Burial followed in St. Mary's Cemetery. There are no calling hours. Please omit flowers; donations in Stanley's memory may be made to either Good Shepherd Church, PO Box 517, Linwood, MA 01525 or to: St. Camillus Health Center, 447 Hill St., Whitinsville, MA 01588. To leave a condolence message for the family please visit http://www.jackmanfuneralhomes.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail

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Suzanne Howie-Prophet, 69

UXBRIDGE-Suzanne Howie-Prophet, 69, of Uxbridge, passed away Wed. Jan. 23, 2019 in Milford Regional Hospital, Milford, She was the wife of James S. Prophet, Jr.



1949 in Norwood, the daughter of the late Robert and Agnes Gilbert (Sheehan) and was a graduate of Medfield High School in 1967.

She was born in

A resident of Uxbridge since 1985

and a very social person, Suzanne was a bartender at the Progressive Club in North Uxbridge. Previously, she tended bar at the former Millville American Legion Post and the Bellingham VFW.

In addition to her husband Jim of 37 years, she is survived by her son Stephen J. Howie of N. Smithfield, RI.

Visiting hours were Monday Jan. 28, 2019 from 4 – 7 PM in the BUMA FUNERAL HOME, 101 N. Main Street, Rte. 122, Uxbridge.

Funeral services were held Tuesday Jan. 29, 2019 at 11 AM in the funeral home. Burial will follow in St. Mary's Cemetery, Granite St., Uxbridge.

Memorial donations may be made to the American Lung Assoc. of MA, 1661 Worcester Road, Suite 103, Framingham, MA 01701.

www.bumafuneralhome.com

David E. Gretschel, 72

AUBURN - David E. Gretschel, 72, of Boyce Street, died Saturday, January 19, 2019, at Beaumont in Northbridge,



and he will be greatly missed by his family. He is survived by his wife of 47 years, Susan M. (Houle) Gretschel of Auburn; two sons, Max D. Gretschel of Auburn and Thomas M. Gretschel and his wife Krista of Dudley;

a sister, Sharon L. Hyson; a granddaughter, Darla J. Gretschel of Dudley; and several nephews, nieces, and cousins. He was born in Scranton, PA, son of the late Edgar W. and Grace (Wirth) Gretschel, and lived in Auburn for 27 vears. He graduated from Scranton Technical High School in 1964 and received his associate's degree from Pierce Junior College in Philadelphia, PA. He was a U.S. Army veteran of the Vietnam War.

Mr. Gretschel worked for the United States Postal Service for 20 years, retiring in 2010. Previously, he worked as a chef and a cook at several restaurants. He was proud to run the Boston Marathon when he was 58 years old. Music was very important to him and he enjoyed playing the guitar and saxophone. He enjoyed running, crossword puzzles, reading history, and listening to Rock & Roll.

A memorial visitation will be held on Saturday, February 2, 2019, from 3-5 p.m. at Paradis-Givner Funeral Home, 357 Main St., Oxford. Burial will be private at a later date at the Massachusetts Veterans' Memorial Cemetery in Winchendon. In lieu of flowers, memorial contributions may be made to Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA

paradisfuneralhome.com

Friday and Saturday, Feb. 1 & 2 and Feb. 8 & 9

Northbridge High School Drama "Mamma Mia!", Club presents Friday at 7 p.m., Saturday at 2 and 7 p.m. both weekends. Tickets are \$15 for premium seating, \$10 for regular seating, \$8 for students and seniors.

Saturday, February 2

Where is Groundhog? 11 a.m.-noon, Blackstone River & Canal Heritage State Park, Uxbridge. Did the groundhog see his shadow? See what wildlife is up to in the winter around the park. Find clues of winter residents; think like an animal as we walk around habitats that may provide cozy resting places. Meet at Visitor Center, walk approximately one mile. Please dress for the weather. All ages welcome to

this family program. Playing with Shadows, noon-1 p.m., Blackstone River & Canal Heritage State Park, Uxbridge. In celebration of Groundhog Day, come and play with the science of shadows on the back lawn of River Bend Farm Visitor Center. We will be creating art using the shadows of branches and capturing them with photo sensitive paper. In the event of inclement weather, activities will take place inside the visitor center. All ages welcome to this family program. Please dress for the weather.

Sunday, February 3

Evergreen Walk, 1-2 p.m., Blackstone River & Canal Heritage State Park, Uxbridge. Explore winter's beauty by searching for green on a brisk, easy walk to appreciate the park's evergreen plants. See how plants adapt to the cold weather and provide food or shelter for wildlife. All ages welcome. Meet at the Visitor Center. Approximately one mile. If conditions permit bring snowshoes and hiking poles.

Thursday, February 7

The Physiology of Addiction: Effects of Drug-Taking Behavior on the Brain, 7-8:30 p.m., Whitinsville Christian School, 279 Linwood Ave., Whitinsville. This free program is open to high school students, parents, educators, health providers, and any other community member who is concerned about this issue. Please RSVP at whitinsvillechritian.org/potee by Feb.

Sunday, February 10

Love is Local: A sweet Valentine's gift event from 11 a.m.-3 p.m. at the JTB Wellness Center, 19 Depot St., Uxbridge. Have lunch and shop for unique gifts and treats from local vendors and nonprofits while the kids enjoy free face painting and crafts. Something for every sweetheart or sweet-tart and a fun time for you.

New England Country Music Club Dance, 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring the Rustic Country Band.

Sunday, February 17

New England Country Music Club Dance, 1-5 p.m., Progressive Club, 18 Whitin St., Uxbridge. Featuring the Crossfire Band.

Wednesday-Friday, February 20-22

Lifeguard Training, 8 a.m.-5 p.m., Whitin Community Center, 60 Main St., Whitinsville. Must be 15 years old, with swimming ability. Includes training and certification in First Aid, CPR for the Professional & Lifeguarding. Please bring one-piece bathing suit, towel, paper & pen. Waterfront training is not included in this class. Pre-registration is required. Please bring extra one-piece bathing suit, extra towel, lunch, snacks & drink to these day sessions.

Friday, February 22

Lifeguard Recertification, 8 a.m.-5 p.m., Whitin Community Center, 60 Main St., Whitinsville. Must hold a current lifeguard certification which needs to be recertified within the next 30 days. Please bring your Lifeguard Certificate, bathing suit and towel. Waterfront training is not included in this class. Pre-registration is required.

Saturday, February 23

Porketta Dinner, 6 p.m., VFW Post 1385, Route 16 (13 Cross Rd.), Uxbridge. Tickets are \$15. For more information or tickets, please contact the Post at (508) 278-7540. Proceeds will support your local veterans' post.

Tuesday, February 26

First Aid, CPR & AED for Adult & Child, 5:30-9:30 p.m., Whitin Community Center, 60 Main St., Whitinsville.

ONGOING **EVENTS** INFORMATION

KUNDALINI YOGA: We are pleased to announce the winter schedule. The Wednesday morning yoga class is from Jan. 9 to Feb. 27 (10-11:15 a.m.). This eight-week session is offered at St. Peter's Parish Center in Northbridge. Participants may pay for the entire session or attend as a walk-in student. Proceeds benefit the Youth Ministry at St. Peter's Parish. For more information visit: http://kundaliniyogacma.wix. com/site or call 508-234-4185. All are welcome to join our caring yoga community.

NEED EMERGENCY ASSISTANCE? The Salvation Army is here to help serve emergency needs in the Blackstone Valley area. Services include assistance with food, clothing, utility payments and heating needs. To find out how we can help with your emergency needs, call 508-342-7122. Leave your name and telephone number and your call will be returned.

YOGA CLASS: Carol Dearborn, certified Yoga and Pilates instructor, will offer a weekly All Levels Yoga class and a Yogalates class at the First Congregational Church of Millbury in Fellowship Hall, located at 148 West Main St. Proceeds will benefit the Church. Classes will run every Friday from Oct. 12 to Nov. 16; 4:15-5:15 pm, All Levels Mat/Chair Yoga, Drop-in Fee \$5, \$3 Seniors and 5:30-6:45 pm. Yogalates (combines the best of two exercise regimes-Yoga and Pilates) Drop- in Fee \$8, \$5 for Seniors. Both classes are structured to make you feel revitalized in body and mind and accessible to ALL LEVELS of fitness. For more information please contact Carol Dearborn at 508-756-5478 or CDearborn888@gmail.

FREE WILL DINNERS: The First Congregational Church of Sutton, 307 Boston Road, presents its monthly free will offering of open seating dinners 4:30-6:30 p.m. on the second Saturday of each month. All welcome. Dinners served with bread, beverage and dessert. For information, call 865-6914.

SENIOR BREAKFAST: St. John's Episcopal Church Senior Breakfast held first Friday of the month 8-9 a.m. at the church, 3 Pleasant St., off Route 122A, Sutton, and is handicapped accessible. Suggested donation is \$5. For information, call Cyndy Rogers, (508) 529-4437.

PARENT SUPPORT: Parent Support Group in Millbury sponsored by Parent Professional Advocacy League. Free and confidential Parent Support Group on the second (workshop) and fourth (sharing) Friday of the month 10:30 a.m.-noon at the Millbury Public Library. Call PPAL (508) 767-9725 for information. PPAL is a statewide network of parents and professionals and adolescents with emotional, behavioral and mental health needs.

CARING: The Caregivers Group meet in the library at the Northbridge Senior Center fourth Tuesday of month 3-4 p.m. If currently caring for a family member or close friend, come and join others who share your compassion.

AL-ANON: A "Serenity on The Hill" Al-Anon step meeting held at 7 p.m.



SPORTS

Grafton sweeps SWCL Track Championships, while Spartans take second

BY NICK ETHIER SPORTS STAFF WRITER

STURBRIDGE — Following weekly regular season meets at either Tantasqua Regional or Northbridge High, all participating Southern Worcester County League (SWCL) member schools met at Tantasqua on Wednesday, Jan. 23 for the indoor track SWCL Track Championships.

When the dust settled, Grafton High's teams won both the girls' and boys' titles. Uxbridge High finished in second place in both

Below are the full team results, as well as the top six finishers in each event. Each top six finisher scored points for their respective team, as first place earned 10 points, second place gained eight points, third place took six points, fourth place accrued four points, fifth place accumulated two points and sixth place grabbed a point.

Girls' Team Results

- 1. Grafton, 140 points
- 2. Uxbridge, 77
- 3. Auburn, 73
- 4. Millbury, 30
- 5. Tantasqua, 25
- 6. Oxford, 12 7. Leicester, 7
- 8. Northbridge, 4
- 9. Bartlett, 3

Girls' Individual Results

Shot Put

- 1. Iyonna Dinsmore, Uxbridge, 36-06.75
- 2. Quejanae Beavers-Hatter, Grafton,
- 3. Kaitlyn Boone, Tantasqua, 31-01.50 4. Danielle Healey, Uxbridge, 28-10.75
- 5. Alyssa Singer, Oxford, 28-08.25
- 6. Fleu Balogh de Galantha, Grafton, 28-02.50

High Jump

- 1. Fleu Balogh de Galantha, Grafton, 4-10
- 2. Danielle Healey, Uxbridge, 4-10 3. Jena Taubert, Millbury, 4-10
- 4. Chizoba Igwenagu, Auburn, 4-08 5. Morgan Smith, Tantasqua, 4-08
- 6. Alexa Katsoulis, Auburn, 4-08

Two-Mile

- 1. Abigail Hamilton, Grafton, 12:37.46
- 2. Hannah Jones, Uxbridge, 12:57.42 3. Ghislaine Brenner, Grafton, 13:12.50
- 4. Megan Wajer, Grafton, 13:16.23
- 5. Jena Taubert, Millbury, 13:49.02 6. Emma Taubert, Millbury, 14:10.58

55-Meter High Hurdles

- 1. Fleu Balogh de Galantha, Grafton, 9.62
- 2. Bailey Brescia, Oxford, 9.73 3. Riley Clark, Millbury, 9.76
- 4. Madeleine Schleinitz, Uxbridge, 9.81
- 5. Morgan Martellio, Uxbridge, 10.16 6. Kathryn Morrill, Tantasqua, 10.60

55 Meters

- 1. Obiamaka Igwenagu, Auburn, 7.64
- 2. Anastasia Achiaa, Uxbridge, 8.07
- 3. Peyton Walker, Grafton, 8.16 4. Kylie Lambert, Auburn, 8.27
- 5. Danielle Healey, Uxbridge, 8.32 6. Emma Johnson, Auburn, 8.38

One-Mile

- 1. Ally Anusauskas, Auburn, 5:32.12
- 2. Alexandra Avery, Grafton, 5:36.15 3. Emma Bouvier, Grafton, 5:46.06
- 4. Anabelle Nelson, Millbury, 5:49.70
- 5. Hannah Jones, Uxbridge, 6:01.45 6. Abigail Deary, Uxbridge, 6:02.57

- 300 Meters 1. Peyton Walker, Grafton, 44.96
- 2. Anastasia Achiaa, Uxbridge, 45.89 3. Taylor Blanton, Auburn, 47.14
- 4. Avery Henson, Grafton, 47.55
- 5. Jordan Lapierre, Tantasqua, 47.70 6. Haley Norris, Auburn, 47.96

600 Meters

- 1. Andrea St. Jean, Grafton, 1:43.39 (meet record)
- 2. Claudia Oliver, Auburn, 1:52.34 3. Anabelle Nelson, Millbury, 1:52.64
- 4. Abigail Hamilton, Grafton, 1:52.95 5. Samantha Chrabaszcz, Northbridge,
- 1:59.55 6. McKenzie Callaghan, Grafton, 2:01.65

1,000 Meters

- 1. Alexandra Avery, Grafton, 3:17.66
- 2. Emma Bouvier, Grafton, 3:18.79 3. Emily Moughan, Leicester, 3:20.06
- 4. Abigail Deary, Uxbridge, 3:34.33 5. Karina Sargent, Auburn, 3:37.71

6. Abbigail Poplawski, Bartlett, 3:40.97

4x400-Meter Relay

- 1. Auburn, 4:41.50
- 2. Grafton, 4:46.91
- 3. Tantasqua, 4:58.17
- 4. Uxbridge, 5:04.34 5. Northbridge, 5:20.80
- 6. Leicester, 5:24.54
- 4x200-Meter Relay 1. Auburn, 2:02.21
- 2. Tantasqua, 2:04.65 3. Grafton, 2:05.88



Oxford's Samantha Meech and Alyssa Singer were the Pirates' participants in the shot put at the SWCL Championships.

- 4. Uxbridge, 2:07.56
- 5. Oxford, 2:10.06
- 6. Millbury, 2:10.38
- 4x800-Meter Relay
- 1. Grafton, 11:48.18
- 2. Uxbridge, 11:51.87
- 3. Auburn, 12:39.30
- 4. Millbury, 12:41.80
- 5. Bartlett, 13:04.29
- Boys' Team Results
- 1. Grafton, 101 points
- 2. Uxbridge, 86
- 3. Tantasqua, 60 4. Auburn, 56
- 5. Millbury, 33
- 6. Leicester, 16
- 7. Northbridge, 13
- 8. Bartlett, 3
- 9. Quaboag, 2 10. Oxford, 1

Boys' Individual Results

- 1. Edwin Cochoran, Millbury, 42-08.50
- 2. Kyle Boone, Tantasqua, 41-04.50 3. Mitchell McDonald, Grafton, 40-02.75
- 4. Luca Cardenas, Grafton, 40-02.25
- 5. Hunter Wilcox, Grafton, 40-00.50 6. Zachary Reynolds, Leicester, 37-10.75
- High Jump
- 1. Ryan Silbor, Uxbridge, 5-10
- 2. Sean Morrisey, Uxbridge, 5-08 3. Trevor Hoffman, Northbridge, 5-06
- 4. Connor Rich, Tantasqua, 5-06 5. Anthony Cintron, Auburn, 5-02
- 6. Caleb Scopetski, Auburn, 5-02

Two-Mile

- 1. Colin Caso, Uxbridge, 10:44.67
- 2. Keegan Gleason, Millbury, 10:48.28
- 3. Owen Frank, Grafton, 11:15.42 4. Damian Daniels, Auburn, 11:26.74
- 5. Thomas Burke, Uxbridge, 11:28.63 6. Noah Azzoui, Bartlett, 11:29.95

55-Meter High Hurdles

- 1. Eric Stevens, Leicester, 8.53
- 2. Sean Morrisey, Uxbridge, 8.90
- 3. Casey Robidoux, Tantasqua, 8.96
- 4. Cameron McGrafth, Auburn, 8.98 5. Bryson Yuhas, Grafton, 9.75

6. Nimith Soth, Grafton, 9.83

- 55 Meters 1. Jackson Sonnett, Grafton, 6.85
- 2. Josh Fiore, Grafton, 6.98
- 3. Connor Rich, Tantasqua, 6.99
- 4. Hunter Wilcox, Grafton, 7.00 5. Marcus Lapointe, Auburn, 7.01

6. Aidan Fahey, Oxford, 7.02

- 1. Aidan Gilmore, Grafton, 4:49.68
- 2. Avinash Bissoondail, Millbury, 4:51.19 3. Tyler Rodrigues, Tantasqua, 4:56.40
- 4. Ryan Semle, Uxbridge, 4:59.73 5. Zach Lapointe, Auburn, 5:08.47

6. Andrew Jensen, Tantasqua, 5:10.57

- 300 Meters 1. Marcus Lapointe, Auburn, 39.01
- 2. Ryan Warner, Grafton, 39.08 3. Marcus Babiy, Northbridge, 40.18
- 4. Ben Berube, Grafton, 40.27 5. Espyn Davis, Tantasqua, 40.39

6. Anthony Cintron, Auburn, 41.57

- 600 Meters 1. Owen Frank, Grafton, 1:31.40
- 2. Stephen Sanches, Uxbridge, 1:36.49 3. Fidel Castro, Auburn, 1:36.88
- 4. Dominic Murphy, Tantasqua, 1:40.93 5. Thomas Goodwin, Tantasqua, 1:41.02 6. Harrison Bourdeau, Millbury, 1:42.57
- 1,000 Meters 1. Aidan Gilmore, Grafton, 2:56.01 2. Ryan Semle, Uxbridge, 2:57.62
- 3. Carl Gallawan, Uxbridge, 3:04.17 4. Damian Daniels, Auburn, 3:05.94 5. Sam Smith, Tantasqua, 3:07.40

6. Liam Paulhus, Tantasqua, 3:12.16

4x400-Meter Relay



Northbridge's Emma LaChapelle, Hayleigh Hoffman and Olivia Lavallee were all participants in the 55-meter high hurdles event at the SWCL Championships.



Nick Ethier photos

Uxbridge's Anastasia Achiaa grabbed a sec-

ond place finish in the 55 meters.





Auburn's Cameron McGrath and Michael Gardner compete in the high hurdle event at the

1. Tantasqua, 4:03.91

SWCL Championships.

- 2. Auburn, 4:04.80
- 3. Uxbridge, 4:08.00 4. Leicester, 4:10.24 5. Grafton, 4:11.38
- 4x200-Meter Relay

6. Northbridge, 4:15.25

- 1. Grafton, 1:42.59 2. Tantasqua, 1:45.55 3. Uxbridge, 1:45.60
- 4. Auburn, 1:48.80 5. Bartlett, 1:50.97
- 6. Leicester, 1:56.95
- 4x800-Meter Relay
- 1. Uxbridge, 9:44.20 2. Auburn, 10:04.76
- 3. Millbury, 10:15.36 4. Grafton, 10:18.10
- 5. Quaboag, 10:56.67

BLACKSTONE VALLEY TRIBUNE Friday, February 1, 2019[•] 13

SPORTS

Rams run out to early lead, then hold off late Auburn charge

BY NICK ETHIER SPORTS STAFF WRITER

AUBURN — A 23-3 lead at the end of the first quarter was all that the Northbridge High girls' varsity basketball team needed to defeat Auburn High on Thursday, Jan. 24, but the Rockets rallied in the second half to make a game out of it.

The final decision was a 42-29 victory for the Rams.

"The first half, I thought we were excellent," said Northbridge head coach Matt Gauthier of his team's defensive play, as they allowed just a pair of 3-pointers and led, 27-6. "Our talk was excellent, talking more and communicating on defense."

Back in the first quarter the Rams opened the game with 3-pointers by Jackie Puda (right corner), Megan Lindgren (left corner) and Hannah Lomonaco (straightaway) to lead, 9-0. After a 3-pointer (straightaway) was made by Auburn's Tori Murphy, Northbridge then scored the final 14 points of the frame to take their 23-3 lead into the second.

They came out firing and we were not ready," said Rockets' head coach Nicole LePrevost.

Gauthier was not a fan of the way his team executed on the offensive end over the course of the final three quarters, though, where they totaled only 19 more points.

That second, third and fourth quarters we just offensively did not do very well," he said. "Auburn switched to a zone and it seemed to bother us for a little bit."

The low-scoring second quarter saw only seven combined points, with the Rams notching four of them to take the aforementioned 27-6 lead into the locker rooms.

Auburn was a whole new team in the third quarter, scoring 13 of the 20 points to inch closer, 34-19. And, after getting outrebounded by a 22-9 margin in the first half — Northbridge was taller at each position on the court — the Rockets won the battle of the boards in the third, 9-4.

"I thought they played with more energy in the second half than we did. They got to a lot more loose balls than we did," Gauthier said of Auburn.

They truly came out in the second half with a heart to win, and that was the difference,' LePrevost added when speaking about her team's effort.

The Rockets then trimmed the deficit down to 12 points early in the fourth quarter, but could get no closer before ultimately falling by 13.

Lomonaco led Northbridge with 14 points, which is becoming a common trend for the Rams, while Jill Labrie came off the bench to register 13 points and 7 rebounds.

"Jill is probably our third leading scorer this year," Gauthier said of Labrie and what she brings to the team. "She's been battling a foot injury since the summertime with field hockey, and so she has been told by the doctor that she needs some rest and she has decided that she is going to wait until after the season for the rest. That means a lot when a girl like that waits until the end of the season for the rest. I really appreciate her making that effort to stick it out for the season."

Northbridge, now 11-2, is hoping to shore up some loose ends as the Central Mass. Division 3 Tournament approaches.

We'll never be disappointed with a win — 11-2, can't complain — but we want to start doing things even better as the season goes on," said Gauthier.

Auburn, meanwhile, is now 6-7 as they fight to stay at or above .500 to qualify for the Central Mass. Division 2 Tournament. LePrevost noted that "every quarter counts" in a game and that the second half showed her just how good the team can be.

"Seeing glimpses of that keep our hope and our faith alive, she said.

Murphy led the Rockets with 13 points, while Kaitlyn Jess came off the bench to pull down a team-best 7 rebounds.



Nick Ethier photos

Jill Labrie of Northbridge eyes the basket before attempting a shot from the outside.



Jackie Puda of Northbridge drives into the lane versus Auburn's defense.



Northbridge's Kelly Moran plays a tight man-to-man defense on Auburn's



Northbridge's Avery Senosk (32) dishes a pass over to Jill Labrie positioned it the corner



Ally Boucher of Northbridge dribbles the ball up the court versus Auburn.



Northbridge's Hannah Lomonaco catches a pass out near the 3-point line.



While battling with Northbridge's Ally Boucher, Jackie Landry of Auburn wins possession of the ball.



Auburn's Emily Turcotte reaches out to collect a pass near the free throw

SPORTS

Hicks scores 34 to help Uxbridge top Tigers, 55-46

BY NICK ETHIER SPORTS STAFF WRITER

UXBRIDGE — Early in its game with Douglas High, the Uxbridge High girls' varsity basketball team found itself down by a score of 18-9 with some lackluster play in the first quarter on Monday, Jan. 28. The Spartans' Olivia Hicks then finished off a traditional three-point play to close the period with her team trailing, 18-12.

Uxbridge head coach Tracy Larkin — who admitted that the Spartans were "pretty flat in the first quarter," — then told her team between frames that the rebounding needed to get better.

"We focused on not letting them get more than one shot offensively, so in the second quarter they didn't allow that," explained Larkin. "And we kept getting offensive rebounds and [in turn] second and third shots."

Uxbridge led the battle of the boards at the half, 22-14, and also rallied to take the lead at intermission, 28-21, by outscoring the Tigers in the second quarter, 16-3.

Uxbridge then held off a late Douglas charge to emerge victorious, 55-46.

"It was a great win, we needed a little pick-me-up," said Larkin, whose team improved to 5-8.

The Tigers couldn't contain Hicks, who went off for 34 points.

"It's not like it's a surprise," Douglas head coach Ralph Quinn said of Hicks' ability to put up a large amount of points in a hurry. "I'm a little stunned right now that we weren't able to manage her better. She starts driving and she's so fast."

Larkin agreed that Hicks' speed, as the saying goes, kills.

"I don't know if [the speed comes from] her soccer upbringing, she's a natural athlete. She doesn't stop and doesn't quit, and she was on fire tonight," said Larkin.

Hicks scored all 11 of her team's points in the third quarter (at one point the Spartans accrued a run of 28-3 bridging the end of the first quarter, the entire second quarter and the beginning of the third quarter) as Uxbridge continued to lead into the final frame, 20 22

Then, in the fourth, the Tigers began their charge. They kept the deficit within striking distance and, with under two minutes to go, Douglas' Alexa Gresian grabbed an offensive rebound and made the put-back to make it a 47-43 game.

Hicks followed that play with a basket, though, to extend Uxbridge's advantage to 49-43. The Tigers scored again, this time on a Morgan Berthiaume jumper, but the Spartans scored next on a layup from Brenna Neill to make it 51-45.

The game ended with a Gresian free throw, another Neill layup and two free throws from Uxbridge's Grace Orr to account for the nine-point Spartans' victory.

"The girls are learning how to keep a lead, but I'm also learning how to coach with the lead," said Larkin, now in her second year as Uxbridge's head coach.

Larkin noted that Ashley Dube had the distinction of covering Douglas sharpshooter Devin Haire, who finished with just five points.

The Spartans' top rebounders wound up being Maggie Streichert (nine), Orr (eight), Neill (eight) and Dube (six).

"I didn't expect to get hammered on the rebounding like we did. I don't know the stats, but it can't be pretty whatever it is," said Quinn. "The bottom line is they played better than us. We didn't defend well enough, we didn't rebound well enough."

With the loss the Tigers dropped to 8-6 as they strive for 10 or more wins to qualify for the Central Mass. Division 4 Tournament.

"It doesn't get any easier," said Quinn,

whose team plays the Whitinsville Christian School after press time and then Nipmuc Regional this week. "We lost to Nipmuc by three and we beat Whitinsville by five, so they're very even games.

"Getting to 10 wins is pretty important to us," added Quinn. "They're pretty disappointed because they know they let one slip away. It's not like the wrong team won — the right team won."

Jennifer Walker (10 points), Gresian (nine), Melina Schilling (seven), Allie Benedict (six) and Berthiaume (six) were Douglas' top scorers, while Gresian pulled down a game-high 17 rebounds.



Morgan Berthiaume of Douglas drives down the court on Uxbridge's Olivia Hicks.



Nick Ethier photos

Uxbridge's Ella Correa takes and makes a jump shot from the corner.



Douglas' Jennifer Walker puts the ball up toward the basket while eluding two Uxbridge defenders.



Devin Haire of Douglas works on an Uxbridge defender while dribbling inside the paint.





Erin Jones of Uxbridge has just enough space and loft on her shot to get the ball over the reach of Douglas' Emily Furno.

SPORTS

Gorman's 3-pointers help Crusaders cruise past Nipmuc, 54-25

BY NICK ETHIER SPORTS STAFF WRITER

UPTON — Following a 42-40 loss to St. Bernard's High on Wednesday, Jan. 23 — a low-scoring affair by all accounts — the Whitinsville Christian School's boys' varsity basketball team needed to see the ball find the bottom of the hoop early in its next game to gain confidence. In that next matchup, which took place Friday, Jan. 25 at Nipmuc Regional, the Crusaders' Tyler Gorman provided that offensive spark.

Gorman made four 3-pointers in the first quarter versus the Warriors, which paced Whitinsville Christian out to an 18-3 lead after the initial eight-minute quarter. Gorman finished with a game-high 20 points on six 3-pointers and a basket from inside the arc as the Crusaders cruised to a 54-25 victory.

"Coming out of the game and being able to hit shots like that was huge. Just to see the ball go in the hoop early a couple times I think helps the whole team and helps Ty in terms of that hoop looks a little bigger," said Whitinsville Christian head coach Brady Bajema.

Gorman added that he was oftentimes open to take the 3-pointers because of Nipmuc's much-deserved defensive focus on the Crusaders' Justin Vander Baan, a 7-foot presence down low on the block.

"It really all does stem from our big man in the middle, he just draws so much attention," said



Justin Vander Baan of Whitinsville Christian goes up for two points.

Gorman. I can get open in," he said, as Nipmuc looks."

Whitinsville Christian then won second quarter scoring, 11-5, to take a 29-8 lead into the halftime break. Clearly, the Crusaders' defense was up to snuff and it pleased

'That's what we talked about from day one is you keep yourself in every game defensively. You win a lot of games defensivelv. We take some pride in keeping points per game against us low and tonight we did a great job no matter what defense we were

- now 3-10 — was held to its lowest point total of the season.

"I was happy to see it being a team effort everyone was talking, everyone was working hard — and I think that brings together tough team defense," added Gorman.

Whitinsville Christian continued to play well on both sides of the floor in the third quarter, scoring 14 points to Nipmuc's six, to take a 43-14 advantage into the final frame. There, both teams scored



11 points to account for the 54-25 final score.

Vander Baan posted a double-double in the win with 15 points and 12 rebounds.

"The guys know that we have a differentiator and some height down low, so we want to get him touches, but that means other guys are going to get lots of opportunities because of that," said Bajema, as teammates Justin Tulley (8 points) and Gabe

Brookhouse (6 points, 9 rebounds) also contribut-

Bajema was thrilled that his team shook off the loss to the Bernardians and were able to play so well to pick up the victory.

"I was pleased to see our guys put that one behind and focus on this one," he said. "We were focused from start to finish."

Whitinsville Christian is now 10-3 and has officially punched its ticket into the Central Mass. Division 3 Tournament.

"A league win on the road, those are hard to get in the DVC [Dual Valley Conference] and they're hard-earned. It's a good Friday night," Bajema said of qualifying for the postseason.

"It feels great to be qualified, but we're not done yet. We have to keep improving and keep playing better," added Gorman.

Tedford nearly wills Spartans back before falling short against Millbury



Jason Mckay photos

Uxbridge's Jaideep Sidhu bangs bodies with a Millbury defender while driving in for a layup.

BY KEN POWERS

MILLBURY — Try as he might, and he emptied the tank in the fourth quarter, Uxbridge High guard Tyler Tedford could not will or carry the Spartans to an upset victory over the Millbury High boys' varsity basketball team at Martin J. Roach Gymnasium on Thursday,

The Woolies won the game, 46-42, but, because of the inspired play of Tedford in the final eight minutes, it felt like Millbury held off Uxbridge more than beat them.

Tedford, a senior captain, scored 13 of his team-high 17 points in the second half and 10 in the fourth quarter — all 13 if you count his buzzer-beating, halfcourt shot to end the third period — to rally from a 10-point deficit (37-27) starting off the fourth to get to within three, 45-42, with about a minute to play.

In that final minute Uxbridge missed a couple of 3-point attempts, after the second of which Millbury grabbed the rebound and ran out the clock.

"Tyler played inspired tonight, espe-



Jack Hughes of Uxbridge shoots from the corner of the court.

cially in the second half; he gave us a ton of effort," Uxbridge head coach Ryan Hippert said. "For a little guy, he is one of our best rebounders. He battles in there and he takes it to the hoop hard. He really, for one stretch, tried to put us on his back and lead us to the win. He's a player.

Behind the play of Tedford and junior center Jaideep Sidhu (nine points), who each scored four points, the Spartans led, 15-5, after the first quarter. Uxbridge however, would score just one point in the next eight minutes to trail, 23-16, at halftime.

"I think what happened in the second quarter was their big guy," Hippert said referring to Millbury senior Matt Leroux, who scored 10 of his team-high 17 points in the period. "He went off and set the tone. He took over the game in the second quarter. That dunk was huge for them.'

In the early stages of Millbury's second-quarter comeback, Leroux went up,



Harrison Mansfield of Uxbridge releases a fade-away 3-point attempt with a Millbury defender coming in trying to block the shot

grabbed an offensive rebound and, while still in the air, slammed it through the hoop, causing the pro-Millbury crowd in The Woolie Swamp to jump to its feet and cheer wildly.

"In the second quarter we went into a shell; we were in awe of that kid. That dunk was a huge play in the game. It boosted their energy and got the crowd into the game," Hippert said. "The dunk was early on in their second quarter run and it was the big play of the game. He's a good player. He's tough and we had a problem with him all night, especially in second quarter."

Leroux wasn't a one-man show inside for 10-3 Millbury, either. Sophomore Max Kolifrath scored 14 points, hit a pair of 3-pointers and grabbed 15 rebounds in what was, without a doubt,

his best game of the season to date. "Their big kids [Leroux and Kolifrath] got a lot of rebounds," Hippert said. "We

did a terrible job boxing out." Hippert was also not pleased by the Spartans' performance at the free throw line. Uxbridge made just seven of 17 free throw attempts.

We were terrible from the free throw line, too," Hippert said, following up on his feeling that his team did a terrible job boxing out. "I told the kids if we had hit a few more free throws and grabbed a couple more rebounds, we either win the game or we're right there at the end. Those two things played a huge factor."

Uxbridge dropped to 8-5 with the loss. Despite the defeat, Hippert did find things to be pleased with.

"Most of all I'm proud of my team for battling; for fighting to the end," Hippert said. "They got down 13 but they didn't quit, they fought right back and got it down to a three-point game. I was proud to see them do that and I am proud of the effort. The loss didn't have anything to do with effort. It was just some poor execution on some things, not enough boxing out and not enough free throws made.'

TRUE

continued from page A8

do occasionally use it to cut holes for

They only cut holes large enough to pull an average size perch through. If a large fish was hooked up, they would call on their buddy to chop the hole larger while they kept there line tight. No reels were used on their small ice fishing rods, so they could not allow the fish to run. The often lost the big fish to broken line. The rods were called dead sticks. One group of Swedes lived on a hill close to the Worcester Steel & Wire Works. They made their own ice jigs and jig sticks. I still have one of the rods that had a small spring on the end of them, allowing the angler to feel every little bite. Today, power ice augers are used by most serious ice fishing anglers.

State of the art jig sticks equipped with reels and six-pound test line allow the angler to enjoy the fight of a big fish like pike and bass. Using a perch eye for bait along with a Swedish pimple lure with a single hook works very well today. Lowering the jig to the bottom of each new hole is necessary, as the depth of the water and bottom structure can change. Each licensed angler is allowed

five pieces of fishing equipment, which often consist of five ice tip-ups or four tip-ups and a jigs stick. Give the jig stick a try. It can provide plenty of enjoyment while waiting for a flag to pop on your ice tilts.

There was limited ice fishing on the Cape, but by this weekend, ponds like Hamilton and other kettle ponds should provide some good ice fishing if the predicted cold weather materializes. Always call bait shops like Red Top to get the latest fishing reports and safe ice conditions as they can change daily.

The Uxbridge Rod & Gun Club finished there dam repairs last week, and is planning another ice fishing derby next month, safe ice permitting. The Whitinsville Fish & Game Club is also planning an Ice fishing derby next month. No date had been made public prior to this column's deadline. Stay tuned!

This week's second picture shows a trophy given to an angler that caught the largest fish at a fishing derby at the Singletary Rod & Gun Club in 1982. It more than likely was awarded to a junior angler. I purchased it at a local yard sale a few years ago and thought it would be nice to share it with our readers. I think it is real neat!

Mass. Wild Turkey regulations are being reviewed by Mass. Fish & Wildlife



that could allow licensed sportsmen the opportunity to harvest more birds during the spring and fall hunts for 2019 along with other changes. They are certainly overdue. The high populations of birds and there nuisance to farmers and residents certainly need



to be addressed. Some birds need to see a psychiatrists. If someone calls you a turkey, it should not be taken lightly!

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TRAINOR

continued from page A8

*Help dispel negative feelings and loneliness with rose, clary frankincense sage, and Helichrysum oils. *Cheer up with the essential oil of lemon balm.

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered

One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful

into a random drawing.

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint!, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail kdrr@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.



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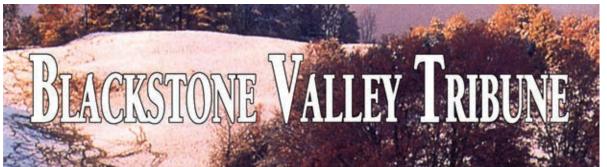
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3 Bdrms! 2 Updated Bathrms! Huge Composite Deck w/Vinyl Rails! Walk-out



NEW LISTING WEBSTER LAKE - 704 Treasure Island 1.874' Townhouse! 6Rms. 2 Bdrms. Maste Bath, 2.5 Baths Total! Recent Cherry & Granite Kit w/SS Appliances! Din Rm w Sliders to Deck! Froled Fam Rm! Patio Newer C/Air, Heat & Hot Water! Garage 2 Boat Slips! Heated Pool! Sandy Beach!



WEBSTER LAKE - 104 Treasure WEBSIER LAME — 104 Treasure Island! 1,874 Townhouse! Oak Cabinet Kit wBreakfast Counter! Formal Din Rm! Frplc Liv Rm! Screened Porch! 1st Flr Master wWalk-in Closet & Bath! 2.5 Baths! 2nd Level w2nd Master Bdrm & Bath! Recent C/Air! Attached Garage! 2



FRONT Townhouse! 6 Rms! 1.874'! Hrdwds! St Applianced Quartz Kitl Open Fir Plan! 2 Bdrmsl
Master Bath w/Dble Vanity! 2.5 Baths! Frplcd
Fam Rm! Newer C/Air & Gas Heat! Trex Deck! Garage! 2 Boat Slips! Heated Pool, Sandy Beach \$449,000.00



WEBSTER – 3 Blueberry Lane! Blueberry Hill - Stunning 9 Rm Colonial! Level Acre Lot! Sought after Neighborhood! Move-in Ready! Expansive Fam Rm w/Stone Frplc & Cathedral Ceiling! Slider to the Deck! Custom Kit w/Granite Counters and Island Opening to the Dining Rm! Great Living Rm for Entertaining! Large, Bright 4th Bdrm/Office w/Double Closets, Cathedral Ceiling & Private Slider to the Deck! Half Bath w/Laundry! Master Bdrm w/His & Hers Closets. Master Bath w/Dble Sinks! Generously Sized 2 Additional Bdrms Marge Closets! Hallway 2nd Full Bath! Partially Finished Lower Level - Great IVO Game Rm! Large Storage Area! Private Backyard w/Shed & Basketball Court! 2 Car Garage w/Plenty of Storage! Charm & Character that can't be Beat! Minutes from 395, an Ideal Location! 3 Z C/Air, Newer Windows & Furnace! This Could Be Yours! \$359,900.00



WERSTER - 10 Oak St! 2 Family! 5/5 Rms! 2/2 Bdrms! Both Flrs w/Eat-in Kitchens! Liv Rms w/Wall to Wall! Bdrms w/Wall to Wall! 3 Season Porches! Gas Heat w/Recent Buderus on 1st! Electric Heat on 2nd! Recent Roof, Siding & Windows! Off Street Parking! Ow Occupied or Investment! \$169.900.00



Rehab 2005 – Roof, Gutter & Downspouts, Vinyl Siding, Windows, Entry Doors! 2018 Electric Heat Conversion! Gas Hot Water! Off Street Parking! Garage! Town Services! \$129,900.00



DUDLEY - 13 Oakwood Ave! Mason

Road Area! 7 Rm Cape! HARDWOOD







471' Road Front! Beautiful Private Setting! Huge 28X96', 2,688' Custom 6 Rm Cedar Ranch w/Hrdwd Flrs Throughout! Spectacular, Open Din Rm & Great Rm w/Ston Frplc, Soaring Beamed Cedar Cathedral Ceiling, 6 Sky Lights, Recessed Lighting, 1/2 Bath & 3 Sliders to 96' Lake Facing Screened Porch! Custom Kit w/2 Skylights Recessed Lighting, Slider to Porch, Wall Oven & Center Island w/Triple Bowl Sink, Cooktop & Dishwasher! Mud Rm Entry w/2 Dble Closets, Tile Flr, Door to Kit & Door to Full Bath VSeparate Shower & Whirlpool Bath w/Door to Master & Hall! Office w/Dble Closet! 2.5 Baths Total! Cedar Lined Closets! Full Basement! Plus 36X72 '2 Story Heated Boat House/Garage/Work Shop w/Half Bath Caretaker/In-Law Apartment w/2 Full Baths! Game Rm w/Full Baths! 5 Full + 2 Half Baths Total! One of a Kind Waterfront Home! \$599,900.00



WEBSTER LAKE – 412 Beacon Park! WATERVIEW 1,280' 5 Rm Townhouse! End Corner Unit! Lake Views! Applianced Kit! Froled Liv Rm w/Hrdwds! Din Rm w/Hrdwds! Skylight! 2nd Brum Wirtowts, 2 Lake Facing: ripic Livitii W Skylight! 2nd Brum Wirtowts! 2.5 Remodeled Baths! C/Air! Garage! Great lakeside Pool! Sandy Beach! \$294,000.00 \$475,000.00



Island - North Pond! West Expo - Beautiful Sunsets! 6 Rm 3 Season Home! Add Heat & Use Yr Round! Great Potential! 4 Bdrms



WEBSTER LAKE - 7 Point Pleasant Ave! Panoramic Lake Views! Eastern Expo! Super Sunrises! 9,000 Level Lott 2,300 Clistom Contemp Coloniali Built 2013 Like new! Open Fir Frain Custom Cranite Kit wilsland, Stainless Appliances, Gas Range, Soft Close Cabinets & Recessed Lights! Spectacular Lake Facing Great Rm, Stone Gas Frpic Surrounded by Custom Cabinetry, Recessed Lights & Ceiling Fant Dining Area w/Custom Ceiling! Full Bath w/Granite Vanity & Custom Tile Shower! Laundy Rm! Wood Look "Tile Floors throughout the First Floor! 3nd Fir Features 3 Conflortable Bdrins w/B Being Waterfront! Lake Facing Master wSlider to Deck, Hrdwds, Recessed Lighting, Walk-in Closet & Birthm Access! Lake Facing Bdrin wHrdwds, Dble Closet & Door to Deck! 3rd Bdrin wHrdwds & Dble Closet! Pull Hall Bath wDble Granite Vanity & Tile Fir! C/Air! Gas Heat! 24x30 2 Story Detached Garage! Dock! Get Packing! \$789,900.00



WEBSTER LAKE – 8 Reid Smith Cove Road! Panoramic Lake Views! West Expo! Super Sunsets! 9,688* Lot! Gently Sloping! 2,554* Custom Contemp Cape, Built 09 as 2nd Home, Like New! Open Fir Plan! Spectacular Lake Facing Great Rm w17' Ceiling, Recessed Lights, Sliders to Trex Deck, Stone Gas Frpfc, Surround Sound & Gleaming Hrdwds! Granite Kit w/lsl, SS Appliances, Soft Close Cabinets, Hrdwds & Recessed Lights! 1st Flr Master w/Tile Bath, Whirlpool Tub/Shower, Dble Sink & Linen

Closet! Upstairs Sitting Area Overlooking Grand Rm w/Lake Views! Hrdwd Hall to 2 Bdrms w/Recessed Lights, Ceiling Fans & Dibe Closets! Full Bath & Linen Closet! Lower Level Walkout Fam Rm w/File Fir. 10' Ceilings, Resessed Lights, Ceiling Fans, Stone Gas Fripe, Surround Sound, Wet Bar & Silder Full Bath w/Tile Firl Utility Rm w/Laundry & Storage! Nice Docks! Get Packing! \$724,900.00



WEBSTER LAKE - 37 Bates Grove Rd! South Pond! As a Second Home, Getaway or Expand it into Your Dream Home - Have Possible Plans! 4+ Rooms! Open Floor Plan! Applianced Kit! 2 Bedrooms! Bathroom! Covered Deck! Ideal Gradual Sloping Lot w/ Panoramic Lake Views! \$399,900.00







ON DEPOSIT

WEBSTER LAKE - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since

WEBSTER LARE — 20tz Kuldeer Island Kdl Panorame View of North Pondi Natural Sandy Shorelinel Complete Rebuild Since 2002 (Custom Center Island Applianced Granite Kitchen wWalki-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bathl Open Floor Plan! Dining Rm wWindow Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm wHardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master wCathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor Huge Corner Shower WSeat, Double Linen Closet Holl Hall Bath Hallway Lundry Closet Llake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! \$629,900.00

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WEBSTER - 12 ERNEST ST

Welcome home to this Huge, Sprawling, Ranch Style Home! 2,848 SF+/- of Living Area on One Level! Level lot! In-ground pool, built-in hot tub, custom stonework & landscape! w/fire pit! Carport/pavilion for entertaining! Separate wings for private family living & entertainment, BR suites, 10 rooms total! simply Amazing!

\$329.900

June Cazeault * William Gilmore II * Laurie Sullivan * Diane Strzelecki * Matthew Ross * Lori Johnson-Chausse * Mark Barrett

WEBSTER - 22 SLATER STREET



opportunity! 6 room Colonial! 3 bedroom, 1 & 1/2 baths! Fireplaced family room! Hardwood floors! Natural Woodwork! New Furnace! Flat spacious corner lot. 1 car garage

WOODSTOCK, CT- QUASSET LAKE



cres of land! Patios, covered patios & balconies, stone faced 3 car det'd ga ated studio, 265'+/- of shoreline! 5.000 soft hip roof 3 story Colonial \$1,299,000

THOMPSON, CT - 25 BONNETTE AVE



NEW PRICE! Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garage! PLUS 32x32 Detached Ga-rage! Eat in Kitchen, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pond, on .87 +/- acres

WEBSTER - 20 NORTH MAIN ST



2 Family - Spacious 3 bedrooms each apartment. Hardwoods, pocket doors, 10ft ceilings, New gas furnaces! Partially finished 3rd floor. 1st floor handicapped accessible. 2 car garage. All town

HHHILI

10 四 17 四 15

SORRY, SOLD!

WEBSTER - 7 HICKORY LN



Warm and Inviting, This Lovely Ranch Sits On A Beautifully hood. This 3 Bedroom 1.5 Bath Home Has So Much To Offer!!! Fully Applianced Eat in Kitchen, Newly Carpeted Living Room and Three Cozy and Comfortable Bedrooms All On One Floor. Walk Down To The Lower Level To The Open And. Spacious Family Room With Pellet Stove!

WEBSTER/DOUGLAS/THOMPSON BUILDABLE LOTS Douglas-Mount Daniels Lot #2-2.5 Acres

of flat land that abuts Douglas State Forest \$132,900

Webster Lake - 22 South Point Rd. Waterfront, Southern exposure! Town Water & Sewer

Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful

THOMPSON, CT - 359 E. THOMPSON RD



Very Interesting property, to a home owner or developer. 47 +/Acres! Home is a 1300 sq ft ranch with a barn. The home consist of 3 bedrooms, and 1-1/2 bath, basement, farmers porch and 1 car garage. Much of the land is cleared. This property has 300° +/- of road frontage on East Thompson Rd. and road frontage on the entire length of pavement on Roy Rd. Rectangular in shape greater than 1300' wide X over 1600' deep. Needs TLC!

WEBSTER – 89-91 SLATER ST



Large 2 Family- 3,255 Sq Ft, Desirable Side by Side Units, "Du-plex", Letters of Compliance for Lead Paint! 1st Unit has 5 Bedrooms! 1-1/2 Baths! 2nd Unit, 3 Beds. 1 Full Bath, vacant soon Each Unit recent Plumbing, & Electrical! New Appliances, Vinyl Replacement Win-dows/Root 10 yrs, young Covered Portes, Walkout Basement, Close to town park and beach. 3 bed apartment now vacant! \$219,900



Beautiful 4 bedroom Colonial, new granite counter, stainless appliance kitchen. Dining room and large living room, hardwood through out the first level, 3 seasoned porch for added living area. Over sized master with double closets, and 3 additional bedrooms. Finished basement with pellet stove. Outside, a patio New Price \$269,900

WEBSTER LAND - COOPER RD



Attention Developers! 3 abutting house lots, potential to divide into 5-6 Buildable lots! area, not on the lake. Priced to Sell! **\$129,900**. Lake Residential

On The shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 118 POINT BREEZE RD



WEBSTER LAKE - 54 KILLDEER RD



WEBSTER LAKE - BEACON PARK #802



WEBSTER LAKE at BEACON PARK! TOWNHOUSE overlooking the COURTYARD.1230 SF4-/, Open Concept Living/Dining FIREPLACE & PRIVATE DECK. Freshly painted rooms, updated appliances. Upper level has 2 SPACIOUS BRS including a MASTER SUITE w/ SKY-LIGHTED, PRIVATE BATH, 2nd BR w/lg walk-in closet, 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE! \$264,900.

WEBSTER LAKE – 84 LAKESIDE AVE



Ranch with 110 ft. waterfront facing West on Webster Lake! Eat in kitchen! Fireplace! living room. 3 bedrooms. 3 season porch! assisted sale \$579.900





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993 North Woodstock Road SOUTHBRIDGE, MA To be Sold on the Premises

LAND: • ± 2 Acres • ± 300' Frontage on North Woodstock Road • Private Well & Septic • Zoning: Residential 1-R1 • Tax Map Reference: Map 138, Block 1-D, Lot 1 IMPROVEMENTS: • 2-Level Retail Farm Stand • 24' x 40' Attached

Greenhouse • Garage w/ Loading Docks • Main Level Storage Area • Storage Area (Lower Level) • (5) 25' x 95' Tunnel-Style Greenhouses • ±1,440 S/F Retail Area • ±2,264 S/F Storage Area • ±2,880 S/F of Lower Level Storage • Clapboard & Vinyl Siding • Attic • Two Car Detached Garage

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located in a residential neighborhood in the Ouinebaug section of Thompson, just minutes from the Dudley MA line. The home offers 4 bedrooms and 1 1/2 baths, generous sized living room and eat-in kitchen. There is a heated enclosed mudroom separating the main home from the attached 2 car garage. This home needs a buyer who is not

afraid to put in some hard work. Short sale. \$149.900



THOMPSON-This great Ranch style home has been well maintained. Home features 2 good sized bedrooms with hardwood floors & generous closets. The eat-in kitchen is neat and clean and has plenty of space. The living room also has nice hardwood floors and the windows make it nice and bright. The basement has a full walk-out and is a great workspace. There is a great detached 3 car garage with tons of potential! Great water view just off the backvard. \$189.900



home. New stainless steel appliances, counters, cabinets and tile floor in kitchen; bathroom offers new tub and vanity, gleaming refinished hardwood floors throughout, newly painted in and out. Storage shed for your lawn/ gardening/snow equipment. Walking distance to entertainment, shopping, and restaurants and only minutes to I-395 North or South. **\$146,900**



WOODSTOCK-Charming Cape style home on a quiet country rd. This home offers a first floor bedroom & office, living room rith cathedral ceilings and fireplace, large eat in kitchen and first floor laundry. Two more bedrooms & 2nd full bath are located on the second floor. There is a family room with walk out on the lower level that includes a large workshop off the garage, all on 2 cres! This home is located less than a mile from the Woodstock Town Beach to easily enjoy through the seasons. \$245,000



POMFRET-Hidden from the road and nestled on over 7 acres, sits this custom built contemporary-style home. The fully equipped, generous-sized kitchen opens into a free-flowing dining/king area highlighting a cozy fireplace and a stunning cathedral ceiling providing a feeling of spaciousness and light. A relaxed and casual family room, a privately set office, a much-desired first-floor master suite with walk-in closet and as utils buthcome and abundance purpose a located on the least The en-suite bathroom, and a laundry room are also located on this level. The second floor houses 2 additional bedrooms, the guest bath, a sewing crafts room, and as a bonus, additional office space. A 2-car garage and mudroom round out this clearly "one of a kind" offering. \$359,900



PUTNAM RENTAL-Great commercial rental opportunity avail able immediately. Currently set up for an office setting but owner is willing to work with tenant on terms. Condo complex has lots of traffic and has frontage on Rt. 21 and just off Rt. 44. Great location for any type of business, complex is full and busy. Basic water and sewer provided. Many business opportunities with flexible interior. Unit has been recently painted along with newer flooring and bathroom. There are 2 great offices along with open space and some storage/warehouse space. \$950/mo







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BLACKSTONE VALLEY TRIBLINE Friday, February 1, 2019

North Village Condominiums 116 North Street, Douglas MA



Units Available First-Come First-Served For \$183,300!

This is an opportunity for 31 affordable duplex-style homes. These 31 homes will be sold at affordable prices to households with incomes at or below 80% of the area median income.

All brand-new homes have three bedrooms, one and a half bathrooms, 1605 square feet, excluding basements and attached garages, and at least 2 parking spots. North Village Condominiums are situated within an ambient community on scenic North Street in Douglas, Massachusetts, encompassing the luxury of Blackstone Valley's serene country surroundings. The community of duplex style homes encompass a 20-acre parcel of manicured grounds abutting 40 acres of open space.

CONTACT US TODAY!

The next affordable homes will be ready by early 2019!

Open weekdays by appointment or visit our Open House Saturdays & Sundays 11:00-2:00.

Compass North Realty, Inc. ~ 774-280-1105 compassnorthrealty@yahoo.com www.northvillagecondominium.com

SALES PRICE: 3 Bedrooms: \$183,300 Condo Fees are \$125 / month

Pre-construction market rate units also available **Starting at \$334,900**

Maximum Allowable Household Income

1 Person Household: \$48,100 4 Person Household: \$68,650

5 Person Household: \$74,150 2 Person Household: \$54,950

6 Person Household: \$79,650 3 Person Household: \$61,800

Households cannot have more than \$75,000 in assets



LEGAL NOTICE MORTGAGEE'S SALE

OF REAL ESTATE By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Richard Antalek and Taryn Antalek to Mortgage Electronic Registration Systems, Inc., acting solely as a nominee for 1-800-East-West Mortgage Company, Inc., dated June 27, 2003 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 30574, Page 224 (the "Mortgage"), as affected by a Loan Modification Agreement dated November 17, 2010, and recorded at said Registry of Deeds in Book 51412, Page 165, and further affected by a Loan Modification Agreement dated March 13, 2015, and recorded at said Registry of Deeds in Book 53553, Page 215, and further affected by a Loan Modification Agreement dated August 26, 2017, and recorded at said Registry of Deeds in Book 57896, Page 58 of which mortgage Bank of America, N.A., successor by merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP is the present holder by assignment from Mortgage Electronic Registration Systems, Inc, as nominee for 1-800-East/West Mortgage Company, Inc., its successors and assigns to Countrywide Home Loans, Inc. dated July 25, 2008 recorded in Worcester County (Worcester District) Registry of Deeds in Book 43157, Page 97; assignment from Countrywide Home Loans, Inc. to BAC Home Loans Servicing, LP f/k/a Countrywide Home Loans Servicing, LP dated May 26, 2010 recorded in Worcester County (Worcester District) Registry of Deeds in Book 46214, Page 230; assignment from Bank of America, N.A., successor by merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP to Mortgage Electronic Registration Systems, Inc., its successors and assigns dated March 20, 2018 recorded in Worcester County (Worcester District) Registry of Deeds in Book 58565, Page 25 and assignment from Mortgage Electronic Registration Systems. Inc. to Bank of America, N.A., successor by merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP dated November 9, 2011 recorded in Worcester County (Worcester District) Registry

of Deeds in Book 48151, Page 39, for

breach of conditions of said mortgage

and for the purpose of foreclosing the same, the mortgaged premises located at 16 Brookside Drive, Douglas, MA 01516 will be sold at a Public Auction at 1:00 PM on March 4, 2019, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

The land, with all the buildings and improvements thereon, in Douglas, Worcester County, Massachusetts, shown as Lot 8 on a plan of land entitled, "Modified Definitive Plan of Brookside Estates in Douglas, MA., Owned by: Wayne O. Sali, Neil R. Dixon, John J. Wackell and Benjamin B. Whittaker" Developed By: Brookside Developers, Main St., Douglas, MA., Scale: 1" = 60' March 25, 1993, Rev: Sept 29, 1993, Andrews Survey & Engineering, Inc., 104 Mendon Street, Uxbridge, MA., Ref. PB 603/4 and filed with the Worcester County (Worcester District) Registry of Deeds in Plan Book 683, Plan 50, to which plan reference may be made for a more particular description of said Lot 8.

Said Lot 8 contains 20,037.60 square feet, more or less, according to said

Subject to and with the benefit of the right to use in common with all others lawfully entitled thereto, Brookside Drive, as shown on said plan for all purposes for which streets are commonly used in the Town of Douglas, Massachusetts.

For mortgagors' title see deed recorded with Worcester District Registry of Deeds immediately prior hereto as Instrument No. 169010, Book 30574 Pg.

For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 30574, Page 222.

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in

Terms of the Sale: Cash, cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price



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ReMax Advantage 1 179 Shrewsbury St., Worcester MA 01604



Dudley: 46' Ranch, roof 10 years old, furnace 5 years old, bath remodelled 3 years ago, 2 zone FHW, partially furnished front room, oversized two car garage, 1/2 acre lot

95A Mason Rd ~ \$230,000



Dudley: 6.7 Acres Cape, custom cherry kitchen w/quartz counters, 3.5 bath, 2500 sq. ft., hardwood floors, formal

dining room, central location, 1 hour commute to Boston, Providence, Hartford, 3 level barn - ideal for workshop, animals, equipment

7 Dudley Oxford Rd ~ \$400's



REDUCTION, Grand Dutch Colonial. Interior has charm, hardwood floors, fireplace, 4.5 bedrooms, exterior needs painting, room for large family 192 Chapin St ~ \$149,900



FEBRUARY 1ST Webster: 2000 sq. ft. Colonial, bamboo floors, 2.5 baths, 2 car garage \$304,900



Webster: 4 car garage, Move right into 1st floor, ideal for owner occupant, 5 rooms each level 9 Tower St ~ \$299.900



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Complete remodel Nothing like it on the market today! Call For Showing 774-452-3578

Dudley, MA \$285,000



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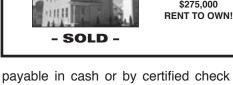
Brand New Remodel!! 28 Mechanic Street Webster, MA \$275,000 **RENT TO OWN!**



\$249,900

DUDLEY, MA 51 Old Southbridge Road **TLC NEEDED** 7 Room 3 BR 2 1/2 bath Bring instant equity to this young colonial

- SOLD



in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851 or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publica-

Other terms to be announced at the sale.

Bank of America, N.A., successor by merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP

Korde & Associates, P.C. 900 Chelmsford Street Suite 3102 Lowell, MA 01851 (978) 256-1500 Antalek, Richard and Taryn, 16-025315 February 1, 2019 February 8, 2019 February 15, 2019

NOTICE OF COMMUNITY

OUTREACH MEETING Notice is hereby given that True Nature's Wellness, Inc. is holding a Community Outreach Meeting for a proposed Marijuana Establishment and it is scheduled for Monday 02/11/2019, at 7:00 PM at The Northbridge Town Hall. The proposed Recreational Retail Location is anticipated to be located at 1096-1110 Main Street, Northbridge, MA 01588 There will be an opportunity for the public to ask questions.

Information to be presented at the meeting will include:

The type(s) of Marijuana Establishment to be located at the proposed address;

2. Information adequate to demonstrate that the location will be maintained securely;

3. Steps to be taken by the Marijuana Establishment to prevent diversion to A plan by the Marijuana

Establishment to positively impact the community; and 5. Information adequate to demon-

strate that the location will not constitute a nuisance as defined by law.

Notice of this meeting was published in a local newspaper of general circulation and filed with the Town Clerk, the Planning Board, the Town Manager and the Northbridge Board of Selectman's Office at least seven (7) calendar days prior to the meeting. Notice of this meeting was also mailed at least seven (7) calendar days prior

to the meeting to abutters of the proposed address of the Marijuana Establishment, owners of land directly opposite on any public or private street or way, and to abutters within 300 feet of the property line of the proposed location as they appear on the most recent applicable lax list Steven J. Croteau, CFO

True Nature's Wellness, Inc. February 1, 2019

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT

18SM007727 **ORDER OF NOTICE**

To: Padraic David Pomeroy; Kelly Ann Pomeroy

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 et seq.: Freedom Mortgage Corporation

claiming to have an interest in a Mortgage covering real property in Whitinsville (Northbridge), numbered 33 Granite Street, given by Padraic David Pomeroy and Kelly Ann Pomeroy to Mortgage Electronic Registration Systems Inc., as nominee for Salem Five Mortgage Company, LLC, dated March 31, 2016, and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 55129, Page 285, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before March 4, 2019 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, GORDON H. PIPER, Chief Justice of said Court on January 15,

Attest: Deborah J. Patterson Recorder 14616 February 1, 2019

Turn To **LEGALS** page **B6**

LEGALS

LEGALS

continued from page A5

LEGAL NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Michelle Roche a/k/a Michelle K. Roche, Paul Roche a/k/a Paul L. Roche to Mortgage Electronic Registration Systems, Inc. as nominee for Mortgage Lenders Network USA, Inc., dated October 30, 2003 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 32118, Page 34, of which mortgage the undersigned is the present holder, by assignment from:

Mortgage Electronic Registration Systems, Inc. to JPMorgan Chase Bank as Trustee by Residential Fund Corporation, recorded on November 2, 2006, in Book No. 40104, at Page 128

Mortgage Electronic Registration Systems, Inc. to The Bank of New York Mellon Trust Company, National Association fka The Bank of New York Trust Company, National Association, as successor to JPMorgan Chase Bank National Association, as Trustee RASC 2003-KS11, recorded on June 8, 2010, in Book No. 45888, at Page 370

Mortgage Electronic Registration Systems, Inc. as nominee for Mortgage Lenders Network USA, Inc. to The Bank of New York Mellon Trust Companv. National Association f/k/a The Bank of New York Trust Company, N.A. as successor to JPMorgan Chase Bank, N.A. f/k/a JPMorgan Chase Bank, as Trustee for RASC 2003-KS11, recorded on September 26, 2012, in Book No. 49678, at Page 278

The Bank of New York Mellon Trust Company, National Association fka The Bank of New York Trust Company, National Association, as successor to JPMorgan Chase Bank National Association, as Trustee RASC 2003-KS11 to The Bank of New York Mellon Trust Company, National Association fka The Bank of New York Trust Company, N.A. as successor to JPMorgan Chase Bank, as Trustee for Residential Asset Securities Corporation, Home Equity Mortgage Asset-Backed Pass Through Certificates Series 2003-KS11, recorded on August 30, 2016, in Book No. 55889, at Page 155

for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 4:00 PM on February 25, 2019, on the mortgaged premises located at 179 Clover Hill Road, Whitinsville (Northbridge) (Whitinsville), Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

The land with buildings thereon in Northbridge, Worcester County. Massachusetts, being shown as Lot 40 on a plan entitled 'Castle Hill Estates' dated April 2, 1987, by Gaeniere & Hainon, Inc., which plan is recorded in the Worcester Registry of Deeds in Plan Book 642 as Plan 113. The land is more particualry bounded and described as follows:

BEGINNING at a point on the northerly line of Clover Hill Road said point being the southwesterly corner of the lot herein described.

THENCE N. 16° 45' 28" W. 203.55 feet by the easterly line of Lot 39 as shown on said plan to a point;

THENCE N. 73° 14' 32" E., 90.00 feet by the southerly line of Lot 38 as shown on said plan to a point;

THENCE S. 51° 43' 51" E., 198.45 feet by the southwesterly line of Lot 41 as shown on said plan to a point on the northwesterly line of Clover Hill Road; THENCE Southwesterly and westerly by a curve to the right, the radius of whose arc is 325.00 feet, a curved distance of 211.54 feet by northerly line of Clover Hill Road to the point of the

beginning. Containing 30,430 square feet of land, more or less, according to said plan.

Being the same premises coveyed to Matthew H. Long and Carla J. Long by deed dated January 8, 1999, recorded in the Worcester District Registry of Deeds, Book 20904, Page 227.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 32118, Page 32.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE: A deposit of Fifteen Thousand (\$15,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

THE BANK OF NEW YORK MEL-LON TRUST COMPANY, NATIONAL ASSOCIATION F/K/A THE BANK OF NEW YORK TRUST COMPANY, N.A. AS SUCCESSOR TO JPMORGAN CHASE BANK, N.A F/K/A JP MOR-GAN CHASE BANK, AS TRUSTEE FOR RASC 2003-KS11 Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St.

Newton, MA 02458 (617)558-0500 2010050846 February 1, 2019 February 8, 2019 February 15, 2019

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Erica L. Davidson f/k/a Erica L. Grenard, Patrick D. Davidson to Mortgage Electronic Registration Systems, Inc., as nominee for Prime Mortgage Financial, Inc., dated April 10, 2003 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 29676, Page 342, of which mortgage the undersigned is the present holder, by assignment from: Mortgage Electronic Registration Systems, Inc. as nominee for Prime Mortgage Financial, Inc. to Green Tree Servicing LLC, recorded on April 24, 2013, in Book No. 50783, at Page 33 Ditech Financial, LLC, s/b/m to Green Tree Servicing, LLC to MTGLQ Investors, L.P., recorded on October 11, 2016, in Book No. 56110, at Page 95

for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 PM on February 15, 2019, on the mortgaged premises located at 137 Warren Street, Upton, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT: The land with the buildings thereon. situated on the northeasterly side of Warren Street, Upton, Worcester County, MA and being shown as Lot 3 on the plan entitled "Plan of Land in the Town of Upton, MA. Property of Norman Davidson and Mary Davidson," Scale 1'' = 40', dated 1/1/1991 by Blackstone Valley Survey & Engineering Inc., 268 Upton Street, Grafton, MA, said plan being recorded in Worcester District Registry of Deeds, Plan 645, Plan No. 92, and being more particularly bounded and described, according to said plan as follows:

BEGINNING at a point on the northeasterly side of Warren Street, said point being the southeasterly corner of Lot 2 as shown on said plan;

THENCE N. 34 degrees 15' 25" E. by said Lot 2.396.87 feet to a point at land now or formerly of Norman Davidson; THENCE S. 81 degrees 14' 30" E., 224.73 feet to a point on a stonewall; THENCE S. 24 degrees 18' 56" W., 213.56 feet to a drill hole: THENCE S. 35 degrees 32' 41" W., 68.72 feet to a drill hole; THENCE S. 37 degrees 46' 38" W., 137.99 feet to a drill hole in a flat rock:

THENCE S. 42 degrees 28' 39" W., 62.19 feet to a point on the northeasterly side of Warren Street; the last five (5) courses being by land now or formerly of Norman Davidson;

THENCE 64 degrees 41' 53" w., 69.14 feet to a drill hole; THENCE 62 degrees 11' 59" W., 39.97 feet to a drill hole; THENCE N. 55 degrees 44' 35" W., 112.77 feet to the place of beginning; the last three (3) courses being bounded by the northeasterly side of said Warren Street.

Said Lot 3 contains, according to said plan, an area of 101,841 square feet, more or less.

For Mortgagors title reference, see Deed recorded in Book 24381, Page 241, Worcester County.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 24381, Page 241.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00)

Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

MTGLQ INVESTORS, L.P. Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 2015011012 January 18, 2019 January 25, 2019 February 1, 2019

LEGAL NOTICE MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Terri M. Shirley and Daniel Shirley to Mortgage Electronic Registration Systems, Inc., as nominee for Aegis Lending Corporation, its successors and assigns, dated December 5, 2006 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 40324, Page 205 as affected by a Loan Modification recorded on May 23, 2014 in Said Registry of Deeds at Book 52349, Page 54, subsequently assigned to U.S. Bank National Association, as Trustee, successor in interest to Bank of America, National Association as Trustee as successor by merger to LaSalle Bank National Association, as Trustee for Certificateholders of Bear Stearns Asset Backed Securities I LLC, Asset-Backed Certificates, Series 2007-HE5 by Mortgage Electronic Registration Systems, Inc., as nominee for Aegis Lending Corporation, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 50647, Page 384, subsequently assigned to U.S. Bank, N.A., successor Trustee to LaSalle Bank National Association, on behalf of the Holders of Bear Stearns Asset Backed Securities I Trust 2007-HE5, Asset-Backed Certificates, Series 2007-HE5 by Mortgage Electronic Registration Systems, Inc., as nominee for Aegis Lending Corporation, its successors and assigns by assignment recorded in said Worcester County (Worcester District) Registry of Deeds at Book 52349, Page 53 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 12:00 PM on February 22, 2019 at 19 Pine Street, Unit 19, Northbridge (Whitinsville), MA, all and singular the premises described

in said Mortgage, to wit: All that certain premises and proportionate interest in 17-19 Pine Street Condominium condominium situated in Northbridge (Whitinsville). Worcester County, Massachusetts more particularly described as follows: Unit 19 of 17-19 Pine Street Condominium created by Master Deed dated June 26, 2003 and recorded with Worcester District Registry of Deeds in Book 30633, Page 70. Meaning and intending to convey and hereby conveying the same premises conveyed to me/us by deed dated 8/24/2006 and recorded with Worcester Registry of Deeds in

Book 39687, Page 111. The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall

control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms, if any, to be announced at the sale.

U.S. Bank, N.A., successor trustee to LaSalle Bank National Association, on behalf of the holders of Bear Stearns Asset Backed Securities I Trust 2007-HE5, Asset-Backed Certificates Series 2007-HE5

Present Holder of said Mortgage, By Its Attorneys, ORLANS PC PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 18-011799 February 1, 2019 February 8, 2019

February 15, 2019

LEGAL NOTICE MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Steven P. Linehan and Mechelle M. Linehan to World Savings Bank, FSB, its successors and/or assignees, dated July 18, 2006 and recorded with the Worcester County (Worcester District) Registry of Deeds at Book 39455, Page 70 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 11:00 AM on February 15, 2019 at 82 Spinning Wheel Drive, Uxbridge, MA, all and singular the premises described in said Mortgage, to wit:

The land with the buildings thereon situated in Uxbridge, Worcester County, MA known and being numbered 82 Spinning Wheel Drive: Being designated as Lot 7, Spinning Wheel Drive, Uxbridge, Massachusetts, containing 50,410 square feet of land, more or less, as shown on a plan land entitled: "Definitive Plan of Land in Uxbridge, Mass., Property of Ledgemere Land Corporation, Scale 40 feet to an Inch, Date: October 6, 1985, Guerriere & Hanlon, Inc., Engineering and Land Surveying, 326 West Street, Milford, Mass., Revised January 7, 1986, January 15, 1986 and February 11 1986, Sheet 3 of 21", recorded in Worcester District Registry of Deeds as Plan 4 in Plan Book 563. The premises are conveyed subject to and with the benefit of all rights, rights of way, easements, appurtenances, reservations, restrictions, and layouts and takings of record, insofar as they are in force and applicable. Meaning and intending to mortgage the same premises by deed of Michael R. Gagnon and Paula J. Gagnon to Steven P. Linehan and Mechelle M. Linehan, dated 10/30/2001 and filed with the Worcester South District Registry of Deeds at Record Book 25172, Page 340; wherein a more detailed description of the premises is set forth. Being the same premises conveyed to the herein named mortgagor (s) by deed recorded with Worcester District Registry of Deeds in Book 25172, Page 340.

The premises are to be sold subject to and with the benefit of all easements. restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms, if any, to be announced at the sale.

Wells Fargo Bank NA successor by merger with Wells Fargo Bank Southwest NA FKA Wachovia Mortgage

FSB FKA World Savings Bank FSB

Present Holder of said Mortgage, By Its Attorneys, **ORLANS PC** PO Box 540540 Waltham, MA 02454 Phone: (781) 790-7800 18-012951 January 25, 2019 February 1, 2019 February 8, 2019

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24 FOOT POOL, ABOVE-GROUND, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

4 SNOW TIRES -235/50 R18 101T used 2 months- paid \$800, asking best offer. 508-

ABOVE-GROUND SWIM-MING POOL, 24' x 54", filter system, 1 season. \$1.000 or best offer. 508-943-8769

ACORN STAIRLIFT - 3.5 years old; like new condition. 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if

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BUNK BEDS, black (youth) with mattresses (includes likenew bedding) \$350. Other fumiture also available. Call Pat 508-949-9049

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VIKING RANGE, PROFES-SIONAL SERIES, propane gas, 6-sealed burner, 36" infrared broiler, as new, never lit, still in original packaging, w/tags. VCGSC-5366BSS trades considered. \$4,600 508-

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100 GENERAL

105 Bulletin Board

VOLUNTEER NEEDED to shovel sidewalk & back porch for elderly person in Leicester during the winter. 508-868-5953, please leave message.

107 Misc. Free

Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

130 YARD SALES

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Deadline subject to change due to holidays Call for more info

PAPERS

200 GEN. BUSINESS

205 BOATS

CANOE - 17' GRUMMAN ALUMINUM, flat bottom. Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

265 FUEL/WOOD

CORD WOOD - Seasoned cut, split, delivered, \$250 a cord. 508-826-3312, 508-344-9214

FIREWOOD: Cut, Split & Delivered. Green Wood Lots Wanted. Call Paul (508) 769-

283 Pets

Boston Terrier puppies. First shots, wormed, and vet checked. Parents on premises. \$975, 508-981-6624

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284 LOST & FOUND **PETS**

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287 FEED

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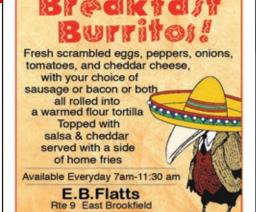


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VALENTINE

Sentiments that the colors of roses are meant to convey

Roses are a popular gift on Valentine's Day. When accompanied by a box of chocolates, a bouquet of long-stemmed roses is sure to make a sweetheart smile on February 14.

Few people may know that the color of a rose is meant to convey a certain message. As a result, even the most head-overheels-in-love man or woman may not be saying what they mean to say when giving roses. If that special someone has a favorite color of rose, then it might be wise to give that color regardless of what tradition suggests. But when sweethearts have no such preferences, it might be best to keep this guide, courtesy of ProFlowers®, in mind.

• Red: Red roses say "I love vou." Red is symbolic of love, especially romantic love. Red also symbolizes beauty, courage and respect.

• Pink: Pink is a popu-



lar color on Valentine's Day, but sweethearts should know that pink roses say "Thank you,"

which makes them a better choice for friends than lovers.

· White: White roses

say "I am the one for you." White symbolizes true love, purity, innocence, reverence, humil-

ity, youthfulness, and charm.

• Yellow: Yellow roses say "We're friends and

Learn about the

I care about you." Joy, gladness, friendship, delight, and remembrance are just a few of the sentiments yellow

• Yellow with red tip: Yellow roses may be best for friends, but yellow roses with red tips say "I'm falling in love with

Orange/coral: Another awe-inspiring color, orange/coral roses say "I want you in my life." This color indicates desire, enthusiasm and fascination.

· Red and white together: A mixed bouquet of red and white roses says 'We are a great match."

 Peach: Peach symbolizes intimacy, telling a lover, "Let's make this a memorable Valentine's Dav."

Different color roses say different things. meaning Valentine's Day celebrants can find a rose to convey any message they hope to send this February 14.

Valentine's gifts for your No. 1 guy

Get great gifts for guys this Valentine's Day with a little help from industry trends.

As Valentine's Day approaches, the pressure is on to find ideal gifts for a special sweetheart. The National Retail Federation indicates shoppers spent around \$19.6 billion on Valentine's Day gifts in 2018, a dramatic increase

from the year prior. When gifting the men in their lives, others may be hard pressed to find an ideal gift for the guy who seems to have it all. Even though a small study published in Psychology Today determined that gifting men is seemingly easier than gifting women — regardless of who is doing the buying — there's a prevailing stereotype that men are hard to buy for. That said, these suggestions for men's gifts may get the creative gifting juices flowing.

Leather gloves: Leaving home when the weather is frightful can be a challenge. But warm, stylish gloves may help the process along. Look for gloves that also have touchscreen compatible

tips, so that he doesn't have to remove the gloves to send that "I (heart) you" text.

• Pixel heart mug: heat-changing mug is ideal for gamers who realize you need full health, or hearts, to make it through game play — or the workday. The heart illustration turns red when it's filled with a hot beverage. This mug is available from Kikkerland on Amazon.

• Luxury shave kit: More men are realizing that indulging in quality grooming items does not require checking manliness at the door. In fact, it is quite trendy for men to use products entirely geared toward their skin and hair types, with more masculine scents to boot.

 Portable record player: If he's a music buff and has collected vintage albums through the years, give him a modern way to play them. A wireless, Bluetooth-enabled turntable can be a heartfelt and practical gift.

Whiskey-inspired gifts: From whiskey barrel-faced watches to jumbo ice wedges to chill without watering drinks down, whiskey gifts are definitely trending upward. Of course, a good bottle of single-malt is certainly a winning go-to gift as well.

· Ticket stub organizer: Whether he's a sports fan, a concert-goer, or collects stubs to other events and outings, provide an organized way to preserve those memories.

 Wireless phone charger: Tame that cord clutter with a gizmo that can quickly charge his phone and have him ready to take your calls or receive vour texts.

Noise-cancelling headphones: Remove ambient sounds from his day, especially when commuting, traveling or working in his cubicle.

· Stub Hub gift card: Gift him with the perfect way to catch up on live games.

Gifting guys is a little easier with some Valentine's inspiration.

history of kissing



How do you show your love and affection? Many people do so through the tender gestures they share throughout the day, including kisses.

Kissing exemplifies love and passion and can express many different sentiments. A kiss also can provide comfort in a time of need.

Even though kissing may seem universal to human beings, it is not embraced by all cultures. Information published in Psychology Today suggests kissing is not innate to all people. However, many still peck and kiss ardently. Even some animals are known to express affection through kissing. How did this behavior then come to be?

Two theories give some ideas about where kissing may have originated. Vaughn Bryant, an anthropologist at Texas A&M University who specializes in the history of the kiss, says the earliest references to kissing-like behavior dates to around 3,500 years ago in Sanskrit scriptures that influenced various Eastern religions. Kissing is mentioned in both Sumerian and Egyptian poetry. The Old Testament also references kissing in the book of Genesis when Isaac asks his son Jacob to kiss him.

Another theory is that kissing evolved from a process known as "kiss feeding." This is when mothers would pre-chew food and then pass it to their babies.

Some suggest that kissing may be an extension of grooming behavior. That's because primates such as bonobo apes frequently kiss one another. Dogs and cats also lick and nuzzle other animals and humans. This may indicate that so-called "kissing" is merely a way of communicating or grooming other beings as a form of establishing trust and

Even though people are not entirely sure about the origins of kissing, many men and women around the world engage in some form of kissing each and every day. The next time sweethearts lock lips, whether on Valentine's Day or another time during the year, they can think about how kissing became the norm for showing love.



VALENTINE

The gift of healing for Valentine's Day

The gift of massage treats recipients to relaxation and the healing power of therapy and can serve as an escape from the stresses of daily life.

In their 21st annual consumer survey, the American Massage Therapy Association says 19 percent of consumers reported receiving a massage from a professional therapist in the previous year. Many people rely on massage for medical relief, including to alleviate muscle soreness, stiffness or spasms. Massage can also aid in the recovery from migraines, help prevent injury and assist in general well-be-

Gifting massage is easy when one knows the type of massage a person desires and the place he or she frequently visits for massage therapv. However, those who are new to massage can use the FindaMassageTherapist.org locator to find professionals in their area. Brushing up on the types of massage therapies available can help gift-givers make more informed decisions.



Hot stone massage is just one type of massage therapy offered today.

SWEDISH MASSAGE

This classic, standard massage offered at many facilities has become synonymous with massage therapy. Using lotion or oil, therapists will begin with general, broad strokes on the body and then move on to address specific problem areas. The basic strokes involved in Swedish massage include petrissage (kneading, rolling and lifting), effleurage (long, smooth strokes), friction, tapotement (percussion-like movements), and vibration. Swedish massage is ideal for those who have never before visited a massage therapist.

DEEP TISSUE MASSAGE

According to Massage Envy, a retail chain of massage therapy locations, deep tissue massage is similar to Swedish massage, but the technique focuses on the deepest layer of muscles to target knots and release chronic muscle tension. This massage can work out kinks and is recommended for people who like a deeper-pressure massage.

HOT STONE MASSAGE

When giving a hot stone massage, massage therapists will use a form of therapy that follows the same principles of Swedish massage with the addition of heated stones, according to Hand & Stone massage centers. Adding heat to specific areas of the body enhances feelings of relaxation. The heat also enables the massage to be delivered without extra exertion of pressure.

SHIATSU

health The resource VeryWell states that shiatsu is a form of Japanese bodywork that involves localized pressure by the therapist's fingers or other body parts (elbows/ arms) in a rhythmic sequence along the body. Each point is held for a few seconds. The

practice has roots in traditional Chinese medicine, and can be used to stimulate acupressure points on the body.

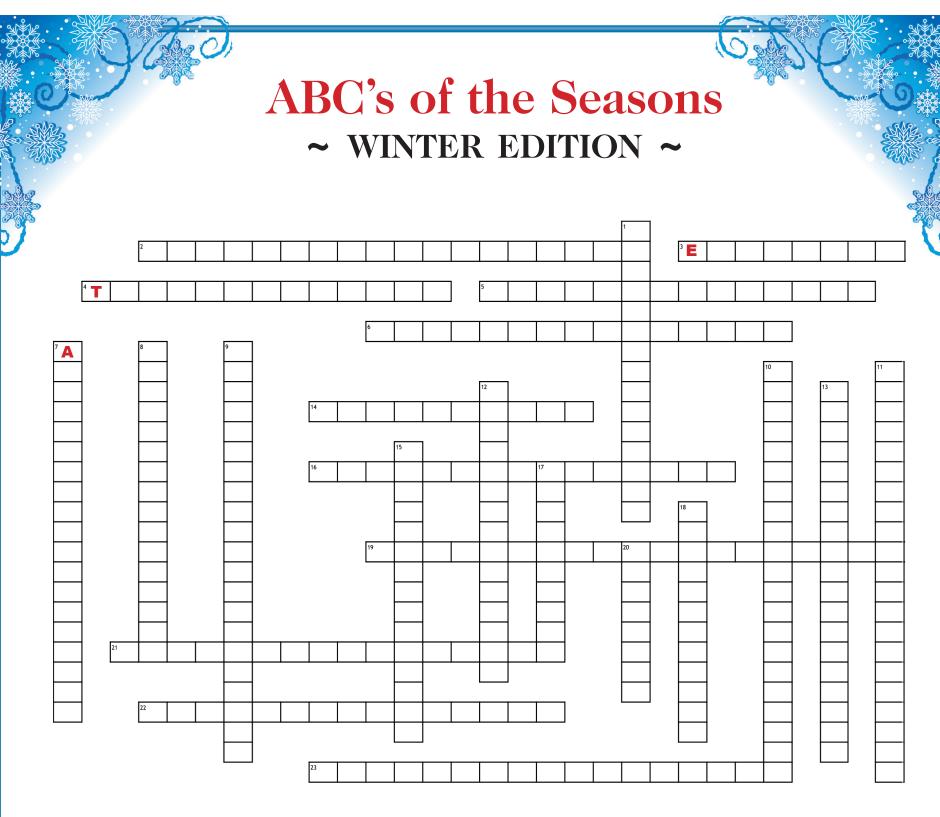
REFLEXOLOGY

Reflexology has ancient origins, but was refined by physiotherapist Eunice Ingram in the 1930s. It targets areas on the hands and feet believed to be connected with other areas of the body. Reflexologists apply pressure to these points and can stimulate the release of endorphins in the body to reduce stress and discomfort.

AROMATHERAPY MASSAGE

Many massage therapists will offer aromatherapy as part of massage packages. Scents may trigger certain responses, helping to invigorate, relax or recharge the body. Oils may be scented, or perfumed candles or incense may be present in the room.

Massage can help relax and heal. Many people see it as a luxury indulgence, making it a prized gift for Valentine's Day.



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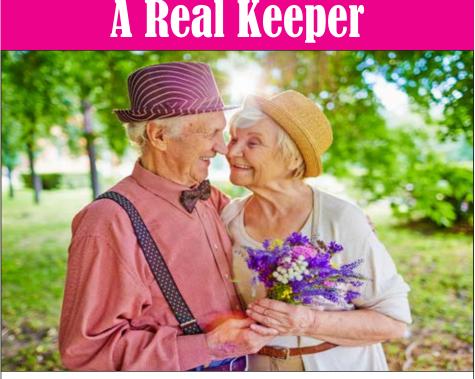


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