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Friday, April 19, 2019

## Stop & Shop employees begin strike



BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE— After nearly three months of negotiations with no solution, Stop & Shop employees, who are members of United Food & Commercial Workers Local 1445, have launched a

Annie Sandoli Photo

After nearly three months of negotiations with no solution, Stop & Shop employees, who are members of United Food & Commercial Workers Local 1445, have launched a strike that started on Thursday, April 11 as a means to fight to keep their current benefits.

strike that started on Thursday, April 11 as a means to fight to keep their current benefits.

UFCW Local 145 and the Stop & Shop have been trying to make a deal since Feb. 23, when their three-year contract expired and the grocery chain did not promise a continuation of the benefits its employees were receiving. Although the strike was formally authorized on Feb. 24, the union waited until last week to implement it in hopes of an agreement in regards to benefits pertaining to wage levels, pension, and health insurance.

Please Read **STRIKE**, page A7

## Dowling wins re-election

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE—The results of the Sturbridge annual town election, held on Monday, April 8 at the Oliver Wright Tavern at Old Sturbridge Village, revealed that Mary Dowling, incumbent member of the town's Board of Selectmen, will keep her position for another term.

Dowling was challenged by Jayeshkumar Patel, owner of

the Sturbridge Holiday Inn Express, who was accused of voting in two towns in the 2016 election last month, but easily won with 639 votes to Patel's 188 votes, winning her fourth three-year term in the town.

"I am so grateful to the residents of Sturbridge for supporting me and taking the time from their busy schedules on a cold and rainy day to vote," said Dowling. "Seniors came out, families, and I had some

students come home from college in order to vote. This means a lot because sometimes municipal elections can be overlooked."

Prior to her time with the Board of Selectmen, Dowling was a member of the finance committee for two terms and has lived in Sturbridge for 23 years. As a Selectman, Dowling has voted on significant town decisions, such as choosing new town administrators and creat-

ing new employment positions, and expressed that her experiences last term were very positive.

"Recently, I've been a strong advocate for more recreational fields for children and adults," said Dowling. "Unfortunately, that has not come to fruition yet, but I will continue to stand behind it. I'm excited about our growing businesses, such as the Public House and Holiday Inn Express, and proud of what

the town has done to support business through tax incentive finance packages as a way to prompt growth with a long term benefit to the town. I'm also really happy about the new Economic Development and Tourism Coordinator position we created that has been filled by Kevin Filchak."

Dowling is also a member of the Special Events

Please Read **DOWLING**, page A7

## Academy students to plant trees for Better World Day

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE— Old Sturbridge Academy Charter Public School, an EL Education establishment located within Old Sturbridge Village, is getting ready to participate in Better World Day, an annual event that promotes the importance of students helping their local communities become

safer, stronger, and healthier through civic action, on Friday, May 3.

EL Education includes a network of more than 160 schools all over the country and prioritizes teaching children through applying what is learned in the classroom to real-world experiences. On Better World Day, each EL education school chooses a proj-

ect to pursue in recognition of the day, and this year Old Sturbridge Academy chose to plant a tree in each of their own local towns, which includes Sturbridge, Brimfield, West Brookfield, East Brookfield, North Brookfield, Holland, Monson, Palmer, Southbridge, Spencer, Wales, and Webster.

"Better World Day is about

Please Read **TREES**, page A14



Courtesy Photo

The September 2018 Sturbridge Community Bonfire.

## Community bonfire planned in Sturbridge

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE— The Sturbridge Special Events Committee is hosting a community bonfire in the Town Common on Thursday, April 25 from 6 until 9:30 p.m. to promote community gatherings and celebrate the start of the spring season.

The town held a bonfire last September at the Sturbridge Host Hotel, and the event was such a success that the committee decided to create a new tradition to have one bonfire in the fall and one in the spring in the coming years.

"As far as I know, the bon-

fire in September was the first for the town, and it was a great turnout," said Kevin Filchak, the Sturbridge Economic Development and Tourism Coordinator. "It's a pretty easy event to pull together and people really like it. It's free to attend but there will be vendors on site if people want to get something to eat there."

This spring's bonfire has seven local vendors scheduled to be there as of now, including the Public House, Brimfield Winery and Cider Barn, The Fudge Lady, Meadow Stone Farm,

Please Read **BONFIRE**, page A7



Courtesy Photo

## SUMMERTIME FUN

Hitchcock Academy's popular Summer Fun program is back five days a week, Monday through Friday, from July 15-Aug. 2. Summer Fun designs appropriate activities for three different age groups: three to four year olds, five to six year olds and seven to 12 year olds. A la carte sessions are 50 minutes long, beginning at 9, 10 and 11 a.m. Activities for three to four year olds are Storytime (pictured here), Games and Arts and Crafts. The 5 to 6 year old programs are Games, Tennis, and Design and Create. The seven to 12 year old group features G) Tennis, H) Design and Create and I) Games. The Early Bird Special price, which is available until May 1st is \$18 per week, per program, each letter designating a program. After May 1, the fee is \$20 per week, per program. A Youth Consent form for participants must be completed. Forms are available at Hitchcock Academy or online at www.hitchcockacademy.org.

# Donate Life Month encourages organ donation



Annie Sandoli Photo

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

STURBRIDGE—The Town of Sturbridge and the New England Organ Bank have partnered this year to promote National Donate Life Month throughout the month of April through publicizing activities all over the country and spreading information about how Americans can register as donors and help save lives.

The town marked the beginning of National Donate Life Month with a flag raising on the Sturbridge Town Common on Monday, April 1, using the flag as a symbol of Sturbridge's support for both patients in need of transplants and donors who are willing to help them or have donated in the past.

National Donate Life Month was established by Donate Life America and its partnering organizations and has been recognized in towns and cities across the country since

2003, raising awareness for the 114,000 people who are in need of lifesaving organ transplants in the United States. Each year, it helps citizens become registered as organ, eye, and tissue donors and celebrates those who have already saved lives with their donations. This year's Donate Life month theme was inspired by bicycles and the phrase "life is a beautiful ride."

"Like the donation and transplantation journey, a bicycle serves as a symbol of progress, renewal, and the moving circle of life," states the Donate Life America Web site. "Bicycles come in all styles, shapes and sizes, but each is comprised as the same components, essential to supporting the rider and converting their energy into motion. Similarly, organ, eye, and tissue donation offers many ways to give hope, support and strength to patients waiting, recipients and donor families."

Parallel to National Donate Life Month and the theme of giving the gift of healing, Sturbridge is hosting a blood drive for the American Red Cross at the Senior Center on Friday, April 26 from 10 a.m. to 3 p.m. Blood donors must be in good health, weigh more than 110 pounds, and be at least 16 years old.

"I've always wanted to do that," said Sturbridge Senior Center director Heather Weston. "I think it shows that our senior center is really there for our community. Many people in the town including myself will be donating that day."

For more information on National Donate Life Month and how you can help the cause or to register as an organ donor, go to <https://www.donatelife.net/nldm>. To sign up for the blood drive at the Sturbridge Senior Center, go to <https://www.redcrossblood.org>.

# Emmanuel Radio Network proud to support Food Share mission

BY ANNIE SANDOLI  
VILLAGER CORRESPONDENT

SOUTHBRIDGE—Emmanuel Radio Network, a Catholic institution that includes 1230AM WNEB Worcester, 970AM WESO Southbridge, and 101.1FM WESO Southbridge, is once again donating its time and resources to the 40th annual Food Share Radiothon, an on-air broadcast event that takes place on Holy Thursday each year from 7 a.m. until 5 p.m. to help raise money and collect food for Food Share pantry, which serves Southbridge and the surrounding communities.

Emmanuel Radio Network has been contributing its services to the Food Share Radiothon since 2014 when it bought 970AM WESO, turning it into continuing the food drive tradition that the previous radio station had been doing for years. The event is Food Share's biggest annual fundraiser that helps serve the 7,000 people who rely on it each year.

"When we bought 970AM, they told me they had always done a food drive on Holy Thursdays, and I agreed that we would continue that," said Cindy Dorsey, President of Emmanuel Radio Network. "We have an \$8,000 budget that we donate each year to pay for all the technical equipment and live broadcasting costs. We also give up a full day of programming and sponsorship, pay the broadcasting engineer, and provide funds for the pantry."

The Food Share Radiothon is the most significant and largest event that Emmanuel Radio Network donates its time and resources to each year, helping to make sure that the nonprofit can keep opening its doors to those who need it in the community by accepting donations and on-air time from locals. Some guest speakers who have participated in the event in the past included Southbridge Town Manager Ron San Angelo, Senator Anne Gobi, Senator Ryan Fattman, the town's police and

fire chief, and representatives from the Center of Hope, United Way, and Catholic Charities.

"We will kick off at 7 a.m. at the Southbridge Conference Center, and will be accepting canned foods and money donations from the community throughout the day to be able to fill up the supply at the Southbridge Food Pantry," said Dorsey. "Throughout the course of the day, people such as Catholic priests, employees and owners of local businesses, town employees, and people from the banks in the area get interviewed live just like a telethon. There are also food pickup points at Big Bunny and a couple other places where people can donate and runners are picking up canned goods all day and driving them back."

Emmanuel Radio Network's mission is to spread their faith through being advocates of love and helping those who need it most in the wider community. Helping make the Food

Share Radiothon possible is just one of the ways the company practices the church's teachings shows its support and care for Southbridge and the surrounding towns.

"The reason that Emmanuel Radio does this, especially on Holy Thursday, is that we are all here to feed the hungry and clothe the naked and heal the sick," said Dorsey. "This is the best way during our Lenten time to pray and fast and it is a natural fit to help those who are not as fortunate as some of us. This is all designed to be a universal community in which we all help each other. Emmanuel Radio's mission is to do exactly this and we are honored to help out."

For more information on the annual Food Share Radiothon, contact Emmanuel Radio Network at 508-767-1230 or go to <https://1230radio.com>.

# Liam M. Wilson elected to Phi Beta Kappa at Colby College

WATERVILLE, Maine—Liam M. Wilson of Holland, a member of Colby's Class of 2019, was elected to membership in Phi Beta Kappa this spring. Membership in the society is one of the highest academic honors an undergraduate student can achieve.

Wilson, who is majoring in psychology and edu-

cational studies, is one of 51 students inducted into Phi Beta Kappa at Colby this year. A graduate of St. Johns High School, he is the son of Jennifer Wilson of Holland, Mass., and Michael Wilson of Holden, Mass.

The Phi Beta Kappa society, founded in 1776, restricts its chapters to leading colleges and universities. The Beta Chapter of Maine was organized at Colby in 1895.

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*Trout Unlimited  
announces fly fishing  
tournament*

AUBURN — The Central Massachusetts chapter of Trout Unlimited is holding its third state high school fly fishing championship on April 27 at noon on the Auburn Sportsman Club pond.

Any high school fly fisher in the state can compete. There is no charge, and this is a fun event. The pond will be stocked with rainbows, brookies, and brown trout.

This is a catch and release derby, so bring your nets. After the derby Trout Unlimited will be holding their annual banquet in the hall. Derby winners will be presented with awards then. The banquet also has raffles and a silent auction and great food. The price is \$25 for the banquet, and can be purchased in the club lounge or at the door on the night of the banquet Auburn Sportsman Club is located at 50 Elm St., Auburn.

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# Pasture Prime Players stage original play



Stars Angie Grove & Joe Sawyer rehearse for "Lost and Found."

BY JASON BLEAU  
VILLAGER CORRESPONDENT

CHARLTON – The journey to finding love and happiness can be a rocky one involving many losses and different chapters of life. It's an inevitable truth that we will all lose ourselves over the course of life only to find ourselves

again in a new beginning. This is the reality that has inspired a new original play being produced by the Pasture Prime Players later this month.

"Lost and Found" is an original production written and directed by Ed Humphries and it focuses on the jagged journey love and life takes us on



The cast of "Lost and Found" rehearses for the big show.

Courtesy Photos

through the good and the bad. First produced several years ago during a special limited production, "Lost and Found" will get the full stage treatment by Humphries himself later this year. Humphries is an experienced actor and playwright who has penned two previous productions starting in 2012. For his latest work, described as a contemporary romantic comedy, he sought to present a story with something positive to say based on his personal experiences after a divorce back in 2011.

"When I wrote this play, I wanted to aim for something a bit more hopeful. I wrote the ending first and then wrote the rest towards a happy ending," Humphries said, noting that the play is not autobiographical, but was influenced by his own journey towards moving on after a breakup. "I wanted something more hopeful. I always pull from my own history and back in 2011 I got divorced and when that happened there was this whole notion of that second chapter – Over time you start to have feelings that it's time to move on to a new chapter so I think when I wrote this I was trying to capitalize on somebody that goes through something that can be considered personally traumatic to them, but that's not the end. There's always hope for the next chapter."

The play includes a large cast of 12 performers representing three different groups of characters as the two leads find each other, and a new romance, when they least expect it. Humphries explained that there's a lot that goes on in the play, but it all comes back to how new and old friendships help with the healing process and moving on to new stages of life.

"It's about two people who don't know each other who are both fleeing relationships that are sour. They return to a common town in their own pasts. They think they're all done with love and their friends have beckoned them back to the town. Everyone goes to this tavern that's having a contest over the next year. The two characters join the competition with their individual groups of friends and then there's a third group, as I like to call them the townies there to start trouble, and all three groups are locked in competition. Over the course of this, when they least suspect it the two main characters start to find those romantic feelings they thought might be lost forever. A lot



## ACCURACY WATCH

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Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

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of it has to do with that healing power of friendship. There's some poignancy to the story and we get into the dynamics they have with their friends and family members," Humphries explained.

Humphries said there's a certain challenge and pleasure to adapting his own work. He has seen his plays presented with third party directors at the helm and found it fascinating how performers and the audience reacted to the characters and dialogue. However, this time he gets to control his own interpretation of his play and bring his vision to life as her, himself, intended.

"Being able to adapt my own work allows me to really fully bring my vision to life," Humphries said. "I went to school for journalism and there's always been this desire to tell stories. For many years, I had been toying with that – Once I wrote something, I realized that I liked that intimate nature of trying to create something really from a blank page and watch my words be brought to life by the actors and the crew. The big thing is then to be seeing it in front of an audience."

"Lost and Found" will have six showings over the final week of April and first weekend of May. The show Dates are April 26 and 27 and May 3 and 4 at 7:30 p.m. and Sundays April 28 and May 5 at 2 p.m. Tickets are \$15 for general admission and \$12 for students and seniors. Shows will be held at 4 Dresser Hill Road in Charlton.

# Historical Society meets April 25

STURBRIDGE — The Sturbridge Historical Society will meet on Thursday, April 25 at the Publick House Historical Inn on Sturbridge Common. The guest speaker will be Dennis Picard, retired director of the Storrowtown Village Museum in West Springfield on the history of the New England Maple Sugar Harvest.

Picard will focus his talk on the history and folklore of maple sugar making in New England from Native Americans to the end of the 19th century through the display and description of antique sugaring tools from the era of bark baskets and hollowed troughs to buckets, pails and tubing, from the centuries old practice of open fired caldrons to the 19th century science of the cast iron arch and flue evaporators. He will also discuss the economic and cultural forces that shifted the farmer's production focus from "country sugar" for home use to "grade A fancy" syrup to the tourist trade.

Dennis Picard began his career as a museum professional in the living history field for forty years at the Old Sturbridge Village in Sturbridge in 1978, where he eventually spent twelve years filling various positions including lead interpreter, researching and designing many public programs, which are still offered by that institution today.

Dennis, with his background and museum experience, has authored many articles on the lifestyles and folkways of New England and has also served

as a consultant for many Historical Societies and Museums. He has edited film scripts and reviewed historic novels for accuracy of content.

He has held the position of Assistant Director and Director at several sites including Fort Number Four in Charlestown, New Hampshire, the Sheffield Historical Society in the Massachusetts Berkshires. Dennis teaches the for credit 200 level "Museum Studies & Historic Site Interpretation" at Westfield State University in Mass. He is also on the Board of Directors of the Pioneer Valley History Network and a member of the editorial board of "Country School Journal."

Historical meetings are free of charge with dessert and meeting room provided by Michael Glick, Publick House Innkeeper.

Society Annual Dues are \$10 which help support the cost of speakers. Meetings are held September through May on the fourth Thursday of the month except November and December. November's meeting is held the first Thursday in December.

All meetings start at 7 p.m.

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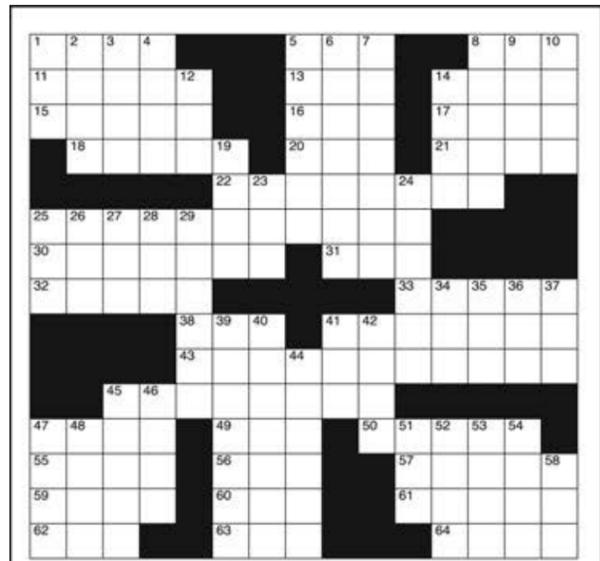


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Tri-Valley, Inc. - May 2019

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6 <b>Stuffed Pepper Casserole</b> Mashed Potatoes Carrots Lorna Doones Marble Rye Bread	7 <b>Hot Dog</b> Baked Beans Coleslaw Fresh Fruit Hot Dog Bun Mustard	8 <b>Ranch Chicken</b> Potatoes Au Gratin Peas & Carrots Baked Apples Pumpnickel Bread	9 <b>Mother's Day Meal</b> <b>Roast Pork Loin with Gravy</b> Cranberry Herb Stuffing Country Blend Vegetables Cream Puffs Italian Bread	10 <b>Braised Beef</b> Gemelli Pasta Roasted Broccoli Pears Marble Rye Bread
13 <b>Chicken Pesto</b> Red Bliss Potatoes Scandinavian Vegetables Vanilla Pudding Diet = Diet Vanilla Pudding Peasant White Bread	14 <b>Beef Stir Fry</b> Steamed White Rice Oriental Vegetables Pineapple Fortune Cookie Marble Rye Bread	15 <b>Lemon Pepper Haddock</b> Seasoned Potatoes Mixed Vegetables Pear Crisp Diet = Applesauce Whole Wheat Bread	16 <b>American Chop Suey</b> Roasted Broccoli Bread Pudding Peasant White Bread	17 <b>Jambalaya</b> Rice Pilaf Green Peas Mandarin Oranges Cornbread
20 <b>Shepherd's Pie</b> Carrots Peas Lemon Pudding Diet = Diet Tapioca Marble Rye Bread	21 <b>Greek Chicken</b> Steamed White Rice Roasted Brussels Sprouts Peaches Pumpnickel Bread	22 <b>Turkey Supreme</b> Mashed Sweet Potatoes Roasted California Blend Fresh Fruit Italian Bread	23 <b>Meatloaf with Gravy</b> Garlic Mashed Potatoes Chuckwagon Corn Birthday Cake Diet = Half Piece French Bread	24 <b>Burger</b> <b>with Chill &amp; Cheese</b> Sweet Potato Fries Strawberries & Whipped Topping Sandwich Roll
27 <b>Memorial Day</b> <b>No Meal Served</b>	28 <b>Vegetable Cheese Bake</b> Seasoned Potatoes Green Beans Mandarin Oranges Italian Bread	29 <b>Chicken Milano</b> Wild Rice Spinach Strawberry Cup Pumpnickel Bread	30 <b>Salisbury Steak w/ Gravy</b> Mashed Potatoes Herbed Carrots Brownie Diet = Small Piece	31 <b>Potato Crunch Fish</b> Potatoes Au Gratin Mixed Vegetables Fresh Cut Melon Marble Rye Bread



- CLUES ACROSS**
- 1. A way to wound
  - 5. Hormone secreted by the pituitary gland (abbr.)
  - 8. Shows the world
  - 11. Decided
  - 13. Indigenous person of NE Thailand
  - 14. Dough made from corn flour
  - 15. Honors
  - 16. Political commentator Coulter
  - 17. Expresses pleasure
  - 18. Heavy clubs
  - 20. Defunct phone company
  - 21. Algonquian language
  - 22. Salts
  - 25. Act of the bank
  - 30. Danced
  - 31. Drummer Weinberg
  - 32. Small goose
  - 33. Helps evade
  - 38. Certified public accountant
  - 41. Periods of time
  - 43. Kids' book character
  - 45. Type of beer
  - 47. Ancient kingdom near Dead Sea
  - 49. A way to attack
  - 50. Talk radio personality Margery
  - 55. Whale ship captain
  - 56. Request
  - 57. Large underground railstation in Paris
  - 59. BBQ dish
  - 60. No (Scottish)
  - 61. Jewish spiritual leader
  - 62. Tool used to harvest agave
  - 63. Explosive
  - 64. A reward (archaic)
- CLUES DOWN**
- 1. One thousand cubic feet (abbr.)
  - 2. Polite interruption sound
  - 3. Extremely small amount
  - 4. Very short period of time (abbr.)
  - 5. Fires have them
  - 6. Sacred place
  - 7. Island capital
  - 8. Volcanic craters
  - 9. Arthur \_\_, Wimbledon champion
  - 10. Bullfighting maneuver
  - 12. Midway between east and southeast
  - 14. A ceremonial staff
  - 19. Cheap prices
  - 23. North Atlantic fish
  - 24. Oil company
  - 25. A federally chartered savings bank
  - 26. Paddle
  - 27. Where UK soldiers train
  - 28. One point north of due east
  - 29. Attention-getting
  - 34. Ballplayer's tool
  - 35. Sun up in New York
  - 36. Where golfers begin
  - 37. Soviet Socialist Republic
  - 39. Represented as walking (animal)
  - 40. Craftsman
  - 41. Unit of force (abbr.)
  - 42. Dueling sword
  - 44. Houston hoopster
  - 45. Stone building at Mecca
  - 46. \_\_ and flows
  - 47. "Beastmaster" actor Singer
  - 48. American state
  - 51. Swiss river
  - 52. U.S. island territory
  - 53. German physicist
  - 54. One point east of northeast
  - 58. Get free of

**PUZZLE SOLUTION**

D	E	E	M		I	N	I		V	O	C					
I	B	V	R		E	V	N		S	B	I	R				
R	E	B	N	V		K	S	V		B	V	H	V			
	N	V	G	V	E		C	I	S		B	V	O	W		
					E	N	O	L	S	A	E	K				
R	E	T	L	O	P	A	R	R	V	H						
S	E	D	V	C	E	D		V	P	C						
S	T	E	B	V					I	N	V	R	B			
			X	V	W		D	E	V	B	W	V	S			
						E	R	N	S	O	T	C	E	R	O	F
			S	E	T	V	L	E	C	V						
E	E	R	C		I	C	W		S	E	C	V	W			
S	H	V	V		N	N	V		S	E	T	E	F			
V	S	V	W		O	V	T		E	S	O	H	C			
P	V	W			H	S	F			W	I	V	W			

## MHS hosts regional Student Council conference

WINCHENDON — The process began three years ago, when the Murdock High School Student Council applied to host the regional association of Student Councils, and last Friday, that effort reached fruition when more than 400 student representatives from 29 schools descended on MHS to take part in the conference.

"We've been working all year on the theme 'Adventure is Out There,'" said MHS Student Council advisor Stephanie Rondeau.

"Our kids created the decorations and planned activities," she noted.

As the SC year ended, that meant the end of terms for MHS students secretary Cassidy Stadtfelt and spring conference chair Nicole Lemire.

That duo also serves on the Murdock executive board and they were joined in planning for the event by fellow board members Chloe Lawrence, Lindsey Smith and Kaileen Dibble.

Seniors who pitched in included Phebe Shippy, Lindsay Gemme, Emily Smith, Timothy Quinn, Ryan Thira, Izzy Alcantara, and Maria Polcari.

In addition to nominating candidates for regional offices, participants attended seminars and workshops.

Rondeau also offered thanks to "Murdock staff Faye Wheeler, Heidi Bevacqua, Sherri Fairbanks, Candace Frye and Andrew Collins for helping with setup and supervising students. Our custodial staff was outstanding."

Schools who sent delegates included Abby Kelly, Assabet, Auburn, Bartlett, Blackstone Millvale Regional, BMV, David Prouty, Douglas, Grafton, Hopedale, Leominster, Lunenburg, Marlborough, Medfield, Nipmuc, North Brookfield, North Middlesex, Oakmont, Oxford, Shrewsbury, Sutton, Tahanto, Tantasqua, Uxbridge, Wachusett, West Boylston, Westborough and Worcester Tech.

## HOLY NAME HONOR ROLL

**WORCESTER** — Holy Name High School has released its latest honor roll.

- Grade 7  
High Honors:  
Charlton – Chase Brush
- Honor Roll:  
Charlton – Colin Brush  
Whitinsville – Natalie Overstreet
- Grade 8  
High Honors:  
Auburn – Ryan Mechery  
East Brookfield – Ronald Pataky
- Honor Roll:  
Auburn – Chloe Diguette,  
Adam Toscano, Ashley Wilbur  
Northbridge – Emma Ronan

- Webster – Connor Paul
- Grade 9  
High Honors:  
Auburn – Claudia Symonick  
Douglas – Hayley Houston  
Webster – Anna Richardson
- Honor Roll:  
Douglas – Seth Boudreau  
Dudley – Madeline Grenier,  
Kaitlyn Nguyen  
Oxford – Benjamin Duval  
Spencer – Makenna Barrows,  
Elizabeth Manfield  
Webster – Cole, Fitzgibbons,  
Emilia Kreidler
- Grade 10  
High Honors:  
Douglas – Adam Scannell
- Honor Roll:  
Auburn – Matthew Card, Ashley Deneault,  
Kevin Ly, An Nguyen,  
Binh Phan  
Charlton – Mary Graff  
Douglas – Amanda Scannell  
Leicester – Christian

- Rivera  
Northbridge – Acadia Tucker  
Oxford – Cienna Barszcz,  
Daniel Depatie, CJ Elliott,  
Danielle Frasco,  
Christopher Mahler,  
Julianna Warman  
Southbridge – Amy Loin  
Spencer – Kalli McCutcheon  
Uxbridge – Kira Sullivan  
Whitinsville – Mateo  
Morrissette, Robert Pingeton
- Grade 11  
High Honors:  
Leicester – Katelyn Lepard  
Oxford – Abigail Duval  
Webster – Jessica Gardner
- Honor Roll:  
Auburn – Anna Pyche,  
Nathalie Soto  
Charlton – Janelle Schulman  
Spencer – Sophia Sullivan  
Sturbridge – Rebecca Kowal  
Uxbridge – Carolie Adam,  
Krista Sullivan  
Webster – Jason Lin, Nicholas Paul, Ashley Wentworth  
Whitinsville – Lindsey Sanderson

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- Grade 12  
Honor Roll:  
Charlton – Emma Bailen, Kenneth Graff  
Spencer – Morgan Wooldard  
Uxbridge – Matthew Worthington  
Webster – Morgan Richardson,  
Alexandra Sobczak  
Whitinsville – Marcos Morrissette,  
Michael Wickstrom



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# Hitchcock Happenings

## Hitchcock Academy schedule of activities

BRIMFIELD — Following is the schedule of activities for the coming week at Hitchcock Academy.

Monday, April 22  
**FAMILY FOUNDATIONS 5:** Playgroup: This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 Grant. Time: 9:00-11:00 AM Dates: Mondays when school is in session until May 2019. Pre-register your child by calling Karen Distefano at 508-867-2232 or emailing: union61cfce@tantasqua.org  
**WEIGHT WATCHERS:** Traditional Weight Watchers meetings! Times: Weigh-in/Registrations: 5:30PM Meeting: 6:00 PM Leader: Angela Kramer. Visit [www.weightwatchers.com](http://www.weightwatchers.com) to become a member or to learn more about Weight Watchers.  
**VIOLIN:** Private lessons between 2-6 PM with Linda Day Newland.  
**CHI KUNG:** Slow, careful movements to increase flexibility and balance. Time: 6 – 7 PM  
**HATHA YOGA:** Relax and rejuvenate with postures and guided medi-

tation to restore the body. Bring a mat and wear comfortable clothing. 7:15-8:15 PM

**SEN-I JUDO CLUB:** This course runs all year long and is well suited for all levels of practitioners including beginners! Call Sensei Israel Lopez 413 279-4330 for more information.

Tuesday, April 23  
**ART GROUP:** Participants enjoy time to socialize, draw and paint together informally without instruction. No pre-registration required. Bring your own supplies and enjoy! Free will Donations are welcome. Time: 9-11:30AM Contact Hitchcock at 413 245 9977 for more information.  
**PILATES:** Floor exercises to target the core muscles and improve flexibility and balance. Time: 5:15 – 6:15 PM; Instructor: Karen Larsen.

Wednesday, April 24  
**WATERCOLORS WITH BETH:** Ongoing watercolor classes for all levels with a new painting every 3 weeks. You must register with Beth in advance to attend. Time: 9:30 to noon. Fee: \$19 per week plus supplies. Instructor: Beth Parys. For information and to register, call Beth at 413-245-3295.  
**FAMILY FOUNDATIONS 5:** Music & Movement: This free program for preschool aged children is sponsored by the Union 61 Family Foundation

5 Grant. Time: 9:00-10:00 AM Dates: Wednesdays when school is in session until May 2019. Pre-register your child by calling Karen Distefano at 508-867-2232 or emailing union61cfce@tantasqua.org.

**FAMILY FOUNDATION 5:** Salad Bowl. Time: 4-8 PM.

**BUDDIES BASIC TRAINING AND MANNERS FOR CANINES OF ALL AGES:** Positive training methods, good management practices and problem solving strategies. Vaccinations must be up to date. Fee: \$130 per dog for 6 week course. Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor- National Association of Canine Scent Work

Thursday, April 25  
**FAMILY FOUNDATIONS 5:** STEAM Group: This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 Grant. Time: 9:00-10:00 AM Dates: Thursdays when school is in session until May 2019. Pre-register your child by calling Karen Distefano at 508-867-2232 or emailing union61cfce@tantasqua.org.

**WATERCOLOR WORKSHOP WITH ANNA OZOLINS:** Create your own dafodil watercolor in this one day workshop. Bring your own brushes, paints, watercolor paper, spray bottle, paper towels, a brown bag lunch and decide if you want to use a table easel. Time: 10 AM – 3:30ish PM. Fee: \$45.

**VIOLIN:** Private lessons between 2-5 PM with Linda Day Newland.

**SEN-I JUDO CLUB:** This course runs all year long and is well suited for all levels of practitioners including begin-

ners! Call Sensei Israel Lopez 413 279-4330 for more information

**FENCING:** Youth and adult classes with Andy Bloch.

**AMERICAN SIGN LANGUAGE (ASL)** is a visual language using hands, facial and body expressions. Learn about deaf culture and mostly come and have fun. Laughter guaranteed. Class A is for beginners, Class B is a continuation of the beginner class. (6 classes) 7:15-8:15 PM Thursdays Fee: \$38 Instructor: May Marques, Rehabilitation Counselor for the Deaf, MA Rehabilitation Commission.

**K9 NOSEWORK®** is a sport open to all breeds of dogs and their people. Progressive training levels offered. Offered at 3 levels. (6 classes) Fee: \$145 Saturdays 9-10:30; Instructor: Laurie Merritt, MEd, CPDT-KA, CNWI; Certified Professional Dog Trainer-Knowledge Assessed; Certified K9 NoseWork® Instructor- National Association of Canine Scent Work

Friday, April 26  
**ALCOHOLICS ANONYMOUS:** Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Time: 7:30 PM

Saturday, April 27  
**FARMER'S MARKET:** 9 AM – 2 PM in the Hitchcock Academy Parking lot.

Sunday, April 28  
**SEN-I JUDO CLUB:** This course runs all year long and is well suited for all levels of practitioners including beginners! Time: 11:30 – 1:30. Call Sensei Israel Lopez 413 279-4330 for more information

## Land conservation sought in Holland



HOLLAND — On Monday, April 22 at 7 p.m. at the Holland Community Center, the Holland Open Space Committee will present information about a proposal to purchase 170 acres near the center of the town in order to preserve forested land and the purity of Stevens Brook. The proposal also includes 17 acres for future expansion of town buildings and services. Residents are invited to learn more about this property which will be considered for purchase at the Annual Town Meeting. Refreshments will be served.

According to Richard Haller, Chairman of the Trails and Open Space Committees, “This represents an important opportunity for the town, one has taken years to bring forward. The central location of the property and the integration of future town needs with forested trails and recreation pres-

ents a unique opportunity for the people of Holland.”

On Saturday, April 27 at 2 p.m. Sunday, May 5 at 2 p.m. and Saturday, May 18 at 2 p.m., the Holland Trails Committee will lead walks on the property. This will be a chance to see the land first hand and to ask questions. Meet at the parking lot of Diane’ Villa Nova.

The Town of Holland was awarded their first ever Massachusetts LAND grant (Local Acquisition for Natural Diversity) in the amount of \$202,383 towards the purchase the open space portion of the property. Opacum Land Trust will hold a permanent conservation easement on this land, and is now fundraising to help with the purchase of the land.

## Sea Tow Foundation donates life jackets to Buffumville Lake

CHARLTON — The weather is getting warmer, and with it, starts the next season of boating at Buffumville Lake. While the lake provides excellent opportunities for boating activities such as kayaking and fishing, it is important to maintain safe boating practices, such as wearing a life jacket.

To help with this, Buffumville Lake has two life jacket loaner stations, open to all visitors at our lake! One of our loaner stations, built by volunteers is located at our beachfront at Buffumville Lake Park (Opening for the season on May 18th), and another located at the entrance to the Buffumville boat ramp parking lot. This stand was built last summer by Eagle Scout, Matthew Mulcahy, Boy Scout Troop 165. While there has been an initial donation of life jack-

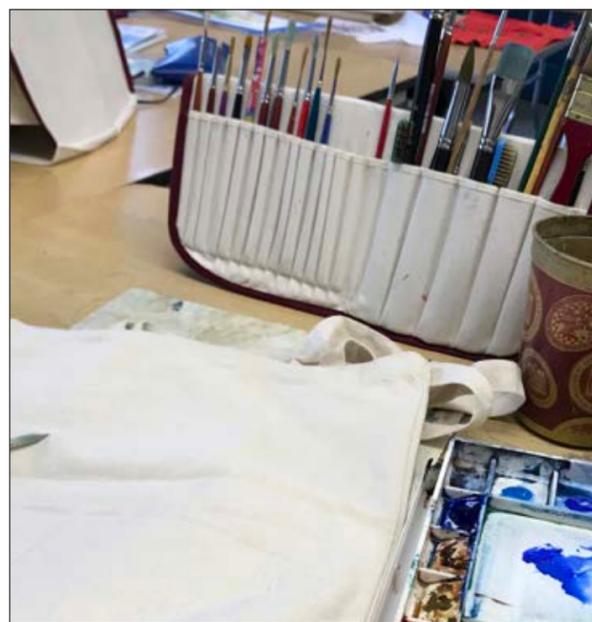
ets, we would like to announce that this year, we have received a grant for additional life jackets through a partnership with the Sea Tow Foundation. The Sea Tow Foundation is a nonprofit group which is dedicated to promote safe boating, and has helped provide over 40,000 life jackets to organizations around the country. It is with their contribution that we hope to have a safe and fun boating season this year! So, if you arrive at Buffumville Lake, and happen to lack a life jacket of your own, you are welcome to borrow one at no charge from the kiosk. And remember, be courteous to your fellow boats and return the life jacket to the kiosk when you are done with it so others can benefit from them!

Please wear your life jacket. We would also like to remind the

public that life jackets are mandatory to be worn until May 15, for all paddle sport boaters, no matter the age, due to the cold water. Boaters under the age of 12 need to wear life jackets year round. But keep in mind, a life jacket works best when it is on your body, so it’s a good idea to have one on during the summer months as well!

For additional information about the Sea Tow Foundation, you can visit [www.boatingsafety.com](http://www.boatingsafety.com). If you want more information about Buffumville Lake, and the activities we host on our lake, you can visit <https://www.nae.usace.army.mil/Missions/Recreation/Buffumville-Lake/> or our Facebook page by searching for «US Army Corps of Engineers Buffumville Lake.»

## MA Art Week at Hitchcock Academy



Courtesy Photo

Art Week materials for Belly Full of Art.

BRIMFIELD — MA Art Week, <https://www.artweekma.org/>, produced by the Boch Center, was launched in 2013 with a goal to consolidate and highlight all of the great arts programming across the state. Hitchcock Free Academy in Brimfield is a proud participant in the event.

This year, Hitchcock Academy hosts two different events. The first, Belly Full of Art, seeks to foster altruistic as well as artistic instincts. On April 29 from 6 to 7 p.m., participants will decorate a reusable shopping bag. This program is free thanks to a grant from AFL Fiber Optics. “Artists” are asked to bring a nonperishable food to gain admittance. All food items collected will be given to the Food Pantry in Wales. Preregistration is required as space is limited to 24 participants. Registration information can be found at [www.hitchcockacademy.org](http://www.hitchcockacademy.org).

The second event, for ages eight to 14, takes place on May 1 from 4 – 5:30 p.m. You are invited to create your own decorative sea turtle with the goal to raise awareness and funds for [conserveturtles.org](http://conserveturtles.org). Better known as the Sea Turtle Conservancy, the organization founded in 1959, works to protect and to address the threats to sea turtle populations across the globe. At Hitchcock Academy instructor Linda Earley will then share pictures of their creations on social media to draw attention to the cause. The \$30 fee covers the cost of all materials. Preregistration is encouraged at <https://www.hitchcockacademy.org/current-classes-for-adults-and-youth/sea-turtles-ma-art-week?rq=art%20week>. MA Art Week participation is just one of the many ways Hitchcock Academy serves the local communities.

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# Country Bank reports record earnings



Courtesy Photo

**Pictured: Rob Crain, SVP Marketing, Worcester Red Sox, Shelley Regan, SVP, Marketing, Country Bank, Paul Scully, President and CEO, Country Bank and Jack Verducci, Vice President of Corporate Partnerships, Worcester Red Sox.**

WORCESTER — Country Bank President and CEO, Paul F. Scully, announced the appointment of Maura C. McCaffrey, Former CEO, Health New England, and Keith E. Blanchette, Partner, Stolberg, Ebbeling and Blanchette, LLP to its Board of Trustees at its recent Annual Meeting held at the

AC Marriott in Worcester.

The Bank also appointed five new Corporators to include: Nancy Crimmin, President of Becker College, Cherylann Gengel, Co-founder of Be Like Brit, Michael Myers, President of the Worcester Railers, Peter Dawson,

Partner, Mirick O'Connell and Mark Donahue, Partner, Fletcher Tilton.

At the meeting, Country Bank reported its 2018 earnings resulted in another highly successful year with record-breaking profits. Net income was reported at \$12,853,000 with total assets increasing to \$1,624,000,000. Deposit balances increased to \$1,083,182,000 and total loans increased from the prior year to \$1,240,421,000. Capital was reported at 14.06 percent maintaining the Bank's esteemed position as one of the higher capitalized banks in the Commonwealth.

"While each of our markets offer a unique value proposition, we are making strategic decisions to focus our efforts on the areas that will provide us with the most growth opportunities," stated Scully. "In 2018, Worcester business leaders provided Country Bank the opportunity to participate in the financing of several notable projects in the city to include the \$59,500,000 recapitalization of 100 Front Street known as Mercantile Center and the \$16,000,000 financing of Harding Green in Kelly Square."

As part of its ongoing Worcester expansion, the Bank partnered with the Worcester Red Sox as one of the team's twenty-one founding partners in anticipation of its move to Worcester in 2021. The meeting's keynote address included a video of the site of Polar Park narrated by Worcester Red Sox President, Dr. Charles Steinberg along with remarks

regarding the team's decision to relocate to Worcester and Country Bank's partnership by team members Rob Crain, Senior Vice President of Marketing and Sales and Jack Verducci, Vice President of Corporate Partnerships from the Worcester Red Sox.

In his remarks, Scully noted the Bank's founding principles and core values of integrity, service, teamwork, excellence and prosperity continue to serve as the foundation for its success and community involvement 169 years since its founding in 1850.

"Back then, the founding fathers of Country Bank envisioned the role of the community bank to assist hard-working residents in providing for their families, growing their businesses, achieving their financial dreams and enriching the local community," he said.

Those principles, noted Scully, resulted in the Bank providing over \$1,000,000 of charitable donations and community support in 2018.

## About Country Bank

Country Bank is a full-service mutual community bank serving central and western Massachusetts with fourteen offices located in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton and Worcester. Country Bank is a member of FDIC, DIF and the SUM network. Country Bank can be reached at 800-322-8233 or online at country-bank.com.

# MassDOT reminds drivers of drone rules

REGION — Following the public reports of drone use over Fenway Park in Boston last night during the ninth inning of the Red Sox game, the Massachusetts Department of Transportation (MassDOT) Aeronautics Division is reminding members of the public of their responsibility to know the rules of the "Drone Road." Whether you're a novice drone pilot or have many years of aviation experience, rules and safety tips exist to help you fly safely and to ensure the safety of everyone.

aware of the rules for operation as outlined on the website of the Federal Aviation Administration," said Aeronautics Administrator Jeffrey DeCarlo. "Drones are not a toy. They should be operated only under specific circumstances and for specific purposes in order to ensure the safety of the public."

Please note the following safety protocols:

Never fly near other aircraft, esNever fly over groups of people, public events, or stadiums full of people

Never fly near emergencies such as fires or hurricane

recovery efforts

Never fly a drone while under the influence of drugs or alcohol

Respect privacy and stay within an appropriate operational area - drones should not be flown above private properties, such a neighbor's backyard

Do not fly in bad weather conditions or during low visibility

Operate drones only during daytime hours and within sight. To maintain visual contact, do not rely on binoculars or try to follow a drone by traveling inside a moving vehicle.

Do not fly the drone higher than 400 feet.

In addition, please note that the FAA has implemented registration requirements:

- Registration is necessary for drones weighing less than 55 pounds and more than 0.55 pounds. Additional requirements must be adhered to for drones weighing more than 55 pounds. Visit the FAA online at FAA.GOV for more information on registering your drone.
- As a drone operator, you are required by the FAA to properly mark your drone for identification. All drone oper-

ators must now place their registration number on the outside of the drone. The FAA has posted a new rule in the Federal Register requiring small drone owners to display the FAA-issued registration number on an outside surface of the aircraft. Owners and operators may no longer place or write registration numbers in an interior compartment as allowed previously. The rule was effective on Feb. 23. The markings must be in place for any flight after that date.

## STRIKE

continued from page 1

"We are at the table and ready and available to answer questions and make a deal, but they left the table and have not come back," said Jeff Bollen, President of UFCW Local 1445.

At 1 p.m., the workers at the Sturbridge Stop & Shop walked off the job and have been picketing outside during store hours every day since, asking those passing by to support them by shopping elsewhere until a contract is agreed upon.

"I'm glad that the union called it because they have been in negotiation since January and we will stay out here for as long as it takes," said Stop & Shop employee and UFC Local 1445 member Linda DuBois. "There was no protest yesterday when we got the notice; everyone was in a hurry to get out. They have a new person working between the union and Stop & Shop, but

they still haven't budged, and I saw they were saying on the news how upset they were that we decided to strike."

Stop & Shop did initially release a statement on Thursday explaining its disappointment with the union for choosing to "order a work stoppage in an attempt to disrupt service at our stores." On Friday, April 12, Stop & Shop President Mark McGowan added to it, claiming that the company is in fact ready to continue negotiations, and has placed a fair offer on the table, con-

tradicting what the union has said.

"This is a challenging time, but I want you to know that I and the entire Stop & Shop team remain firmly committed to getting a fair new contract in place for all of our associates in New England," he said. "Our team is stand-in by and remains ready to continue negotiations anytime. We hope that the UFCW local unions return to the table to reach a fair and responsible contract now."

As of Sunday, April 14, the

union had not predicted an end date for the strike, and is willing to continue picketing until the company changes its position.

"We will remain on strike until we get a contract that is fair and equitable," said Bollen.

For more information on the strike or updates on the contract negotiations between Stop & Shop and UFCW Local 1445, go to <https://stopandshop.com/news-media> or <http://www.ufcw-local1445.org>.

## BONFIRE

continued from page 1

and Just A Nibble.

There will also be live music, featuring the Glenwood Mills Band, a four-piece band from Indian Orchard that performs both original music and covers from genres including rock, blues, Motown, and R&B, with Mark Chevalier. Maggie the Clown will be in attendance to entertain the younger residents as well.

The Special Events Committee was founded in fall of 2017 to promote community gatherings and events within the town to the residents of Sturbridge and the surrounding areas and encourage more local business. Its members include Kevin Filchak, Board of Selectmen member Mary Dowling, Recreation Director Annie Roscioli, Cultural Council member Kerry Carey, and residents Lisa Beaudin and Sandra Nasto. So far, the Special Events Committee has been behind the establishment of not only the community bonfires, but also the Sturbridge Farmers Market and the Rick Hoyt Sturbridge Half Marathon.

"One of the initial goals of the Special Events Committee was to create town events to bring people together, foster community, and celebrate Sturbridge," said Filchak. "We have a great Town Common and the community bonfires are a way to show local musicians and eateries and get together as a community."

For more information on the Sturbridge Community Bonfire or upcoming Special Events Committee activities, visit the town's Facebook page or go to <https://www.town.sturbridge.ma.us>.

## DOWLING

continued from page 1

Committee, created in the fall of 2017 to bring residents together and promote community gatherings. It has since been behind the Sturbridge Farmers Market, Rick Hoyt Sturbridge Half Marathon, and community bonfires.

"The idea of the Special Events Committee is to bring more events to Sturbridge, especially because I've heard from a lot of residents that they want more activity in the town," said Dowling. "Each year, we are going to keep some of events and change some of them."

Dowling said she is looking forward to upcoming feasibility studies and decisions on new recreational fields and senior center renovations and working with the new Sturbridge

Town Administrator Jeff Bridges.

"We had a lot of qualified candidates and his background and experience really shines," she said. "I'm happy to have him in my community and I'm confident he will invest his own time and energy in the town."

Dowling said that she could not have won the election without the support of her husband, son, extended family members, and close friends who have stood by her since the beginning.

"My husband Tom was out in the rain for 13 hours on election day and my son Matthew skipped his classes to come home for the day and did some homework in the car," said Dowling. "They gave me a lot of support as did my close friends. It's not always easy to campaign, but they stuck by me, and I met a lot of great residents I didn't know before. It really confirmed my belief that we live in a great community and

I'm excited to continue in this role for another term."

Although Dowling so easily won the race, the results of this year's town election ultimately reveal that a very low number of residents actually attended the polls, a finding that is similar to last year's and down from the 2017 results. Out of the 7,077 registered voters in the three precincts of Sturbridge, only 840 voted in the 2019 town election, which is a 12 percent turnout rate compared to the 11 percent turnout rate in the 2018 town election and the 16 percent turnout rate in the 2017 town election.

The Board of Selectmen race was the only pending vote in the town's annual election. A more detailed list of the voting results in Sturbridge and more information on election day can be retrieved from the Town Clerk's office.

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# OPINION

IEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

## Dipping with a Difference: Egg-stra Special Easter Eggs

Easter is right around the corner, and the religious holiday, steeped in tradition, often creates the best family memories. Easter morning candy hunts, family gatherings around tables heaped with ethnic foods, and the ritual of tinting eggs all help make this spring celebration one of the most enjoyable holidays ever.



TAKE THE HINT  
**KAREN TRAINOR**

cups in strong solutions (about two tablespoons of water to a tablet of dye). Add two or three drops of vinegar to each color. Dip a piece of cotton cloth in water, wring out until damp. Wrap cloth around the egg. With an eye dropper, drop spots of assorted dye colors on the cloth. Then twist the cloth tightly around the egg so the colors blend together, forming a tie dye effect. Gently unwrap the egg and let it dry.

the cloth. Then twist the cloth tightly around the egg so the colors blend together, forming a tie dye effect. Gently unwrap the egg and let it dry.

\*\*

### Marbled Eggs

Materials: Large glass jar; crayon stubs; vegetable grater; hot water; waxed paper or newspaper, empty egg carton, clear acrylic spray (optional, for blown eggs).

Instructions: Grate peeled crayons over waxed paper. Fill jar with very hot water (or use the water you boiled eggs in). Drop bits of grated crayon into water. Add hard boiled or blown egg as soon as crayon begins to melt. Twirl egg in water with a spoon. The wax should make a design on the egg. Carefully remove egg and set upside down in egg carton to dry. Note for blown eggs: Use above method with blown out eggs; spray with clear acrylic when dry.

\*\*

### Mosaic Easter Eggs

Materials: Tissue paper in several colors; water, hard boiled eggs, small bowls or cups.

Instructions: Tear the tissue paper into small pieces. Pour some water in a bowl. One at a time, soak pieces of tissue paper in the water. Then stick the wet pieces onto the surface of an egg. Keep placing tissue on the egg until it is covered. You may want to overlap the tissue pieces a little to cover the entire egg, or leave spaces to create a mosaic effect. After the entire egg is covered, place it in an egg cup to dry. When the tissue is dry, peel it off of the egg. The color of the tissue paper will have transferred to the egg.

\*\*

### Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

Few family traditions are more enjoyable than the much-anticipated egg coloring event. Whether you decorate your eggs with intricate wax designs or plop crayoned eggs into overfilled dye cups, the annual ceremony is always filled with fun and a sense of family togetherness.

The following easy projects take egg dying beyond the standard pastel dyes. They reveal simple and enjoyable ways to add a little something extra to your egg coloring efforts. You'll discover all it takes is a bit of patience, and a lot of enthusiasm to produce an impressive basketful of colorfully decorated Easter eggs!

\*\*

### Easy Waxed Eggs

This technique allows you to create two or more colors on an egg by creating designs with wax to block and add the different colors.

You will need: Wax crayons; paper towels; egg dyes in assorted colors.

To do: Draw a heavy crayon pattern on hard boiled egg. Dip egg in egg dye, preferably a dark color. Leave in dye until desired color is reached. Remove with slotted spoon and place in 200 degree F oven for a few minutes until wax is melted. Wipe away the melted wax with paper towel, to reveal undyed egg design. Dip egg again in lighter dye to fill in pattern where wax was. Polish finished eggs with cooking oil and soft cloth.

\*\*

### Etched Eggs

This is a simplified method of an old world technique to embellish Easter eggs. It's not difficult to master, and the end result is quite impressive, but this hot wax project is best left for grownups.

To do: Dye your egg any color you wish. This will be your background color. Melt paraffin carefully in a double boiler. Dip dry, colored egg into the melted paraffin wax. After the wax is dry, etch a design by scratching through the wax with a darning needle. Geometric designs or freeform spirals are easy and impressive for beginners to try. Then dip the egg into another color of dye. Because of the wax coating, only the lines you scratched will pick up the new color. Remove the wax by heating the egg slightly in hot water, and polish the surface by rubbing in any remaining wax.

\*\*

### Magic Spotted Eggs

To do: Add about two teaspoons of cooking oil to each dye cup. (You might want to do this after you have finished dipping your eggs the traditional way.) When you dip in your egg, the dye won't adhere to the oil, creating mysterious spots on the egg! Allow to air dry completely in an empty egg carton or in an egg stand.

\*\*

### Tie Dye Eggs

To do: Make up several colored dye

## Earth Day offers valuable lessons to investors



FINANCIAL FOCUS  
**JEFF BURDICK**

On April 22, millions of people will observe Earth Day by participating in events that support environmental

protection. As a citizen, you may want to take part in a local celebration. And as an investor, you can learn a few lessons from the themes of Earth Day.

Here are a few of them:

Avoid a toxic investment environment. A recurring topic of Earth Day is the necessity of reducing toxins from our air, water and land. And, while you might not think of it in those terms, your portfolio can also contain some "toxic" elements in the form of investments that may be hindering your progress, or, at the very least, not contributing to it. For instance, you might own some investments that, for one reason or another, have consistently underperformed, or are now too aggressive for your risk tolerance, which can change over the years. In these cases, you might be better off selling the investments and using the proceeds for other, more appropriate ones.

Look for sources of renewable energy. Efforts to protect our environment include a push for more renewable energy sources, such as solar and wind. As an investor, you, too, can look for "renewables" in the form of investments that keep paying you back in one way or another. Of course, the most basic example would be a bond, which pays you regular interest until the bond matures and you get your principal back, provided the issuer doesn't default, which is generally unlikely with an investment-grade bond. However, you also may want to consider another type of renewable – dividend-paying stocks. By reinvesting these dividends, you can increase the number of shares you own – and share ownership is a good way to help build your portfolio. Some companies have paid, and even increased, their dividends many years in a row, but keep in mind they're not obligated to do so.

Plant seeds of opportunity. Some Earth Day events involve planting trees – many of which won't be fully grown for decades. When you invest, you are planting seeds in the form of investments you hope will grow over the years. Of course, you will likely see some volatility along the way, but over the long term, investments with strong fundamentals may reward you for your patience.

Apart from these ideas, you also can connect the idea of helping protect the environment with investing for your goals. Through socially responsible investing, you can screen out investments in companies whose products you find objectionable, while supporting businesses whose work you believe helps contribute to a better world. And you can find investments, such as mutual funds that emphasize social responsibility, whose returns are competitive, so you don't have to sacrifice growth potential for your principles.

In the nearly 50 years since Earth Day celebrations began, we have taken steps to improve many aspects of our physical world, although the work continues. And by following some of the same techniques, you can improve your investment environment, too.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.*



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### EDITORIAL

## First signs of spring

It's here. It finally happened. Against all odds and the polar vortex, spring has come to the Northeast.

Time to get out with the rakes and garden spades and bags of mulch. Time to say hello to neighbors you haven't seen since the last snowstorm, when waving shovels served as a greeting because it was too cold to talk. Time to sweep off the deck, fire up the lawnmower and rediscover your yard.

The "firsts" are what make the season of spring so much fun. First cook-out; first softball game; first trip to the garden center; first crocuses and daffodils and tulips blooming in the yard. The first seeds planted in the garden promise a summer salad harvest in just a month or so. The first time the weather forecast displays "humidity" instead of "wind chill" is almost a reason to stand up and cheer. There are endless reasons to celebrate.

So why is it that by mid-June, we're already complaining about the same things we found so thrilling in early April?

The lawnmower we so eagerly traded for the snow blower becomes the subject of family discussions – the kind that start with "It's not MY turn this week..." The thrill of the grill has waned a bit and those neighbors we were happy to see just seem to constantly have their music up loud and the windows open at all hours. The garden, site of so much TLC and attention in early spring, is now taking off in wild, weedy directions and is honestly just a bit creepy. And there are bugs.

So, before our human nature takes over and ruins the party, let's enjoy these first, delicious, fleeting moments of the very, very beginnings of our spring season. Keep the windows open even when the evening chill sets in. Take that walk instead of staying put. Wear the spring jacket. Haul out the patio chairs. Enjoy the trees without leaves, because in this very first part of spring, the sunshine can reach you better that way.

## Container gardens for every occasion



Courtesy Photo

**All-America Selections**  
 Begonia Viking XL Red on Chocolate is a striking plant great for container gardens. Its large vibrant red flowers are contrasted with chocolate brown leaves.



GARDEN MOMENTS  
 MELINDA MYERS

Make every occasion special by designing and growing containers for summer holidays, weddings, anniversary parties or other special celebrations. Pick a color scheme appropriate for the occasion or a variety of colors and shapes sure to add a festive touch.

Look for opportunities to include edible and flower filled planters. Set containers at your front entrance to welcome family and guests. Use smaller containers to line a pathway and decorate each table. Fill large pots with tall plants and ornamental grasses to provide privacy and define spaces.

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## SPORTS

## Senior-laden Warriors too much for underclassmen-heavy Northbridge



Nick Ethier photos

Tantasqua's Austin Varney separates himself from the Northbridge defense while possessing the ball.



Sean Farland of Tantasqua twice to move past a Northbridge defender while shielding the ball away from him.



Tantasqua's Chase Carlson slips past a Northbridge defender while on the run.



Tantasqua's Quinn McHugh uses a pick set by Cam Dungey to move the ball down the field.

BY KEN POWERS  
SPORTS CORRESPONDENT

**NORTHBRIDGE** — Drew Darger and Sean Farland each scored four goals and Mike Lucas recorded 10 saves as the Tantasqua Regional boys' varsity lacrosse team defeated Northbridge High, 14-6, on Thursday, April 11 at Northbridge High.

For the Warriors the win was their second straight after beginning the season 0-2 and they improved to 2-1 in Mid-Mass. League games in the process. Northbridge (2-3 overall) dropped to 0-2 in league play.

"We faced two tough opponents, Grafton and Shrewsbury, to start the year," said Tantasqua interim coach Tom Mills. "We didn't get any scrimmages in, so Grafton was a tough first game and they really laid the lumber on us, beating us 10-1."

Mills was serving as Tantasqua's head coach against Northbridge because the Warriors' official head coach, Gregg Anderson, was away,

attending the NCAA Division 1 men's hockey's Frozen Four, which was held April 11-13 in Buffalo, N.Y.

Two days before the win over Northbridge, Tantasqua earned its first win of the year, defeating Worcester 16-7.

"We've been really controlling the ball; our faceoff guy, Sean Farland, has been real good the last two games. He's dominated possession time for us," said Mills, who pointed out that the Warriors are a senior-laden team with no fewer than 16 upperclassmen on the roster. "We love to win the faceoff, possess, get into our offense, control the rock and spin it. Our last two games we've owned the possession time, which helps us do what we want to do."

Darger, Farland and Lucas are all seniors.

Thanks to goals by Darger, Farland and Donovan Mawhinney (two goals in the game), Tantasqua jumped out to a 3-0 lead in the opening minutes of the first quarter and

stretched that lead to 4-1 at the end of the first period and 6-1 at halftime.

"Northbridge is young and they're up and coming; they have some good talent. Because of that we felt it was very important that we got off to a quick start," Mills said. "A young team like Northbridge, if you let them hang around it gives them some confidence and helps them grow even faster."

"Getting off to a quick start was the emphasis in practice [Wednesday] and when we got off the bus before the game we told the kids to get off to a fast start and break [Northbridge's] will," Mills continued. "You give a team like Northbridge some confidence they'll raise their level of play and the get dangerous."

Tantasqua kept pressuring the Northbridge net in the third quarter, scoring five times to take an 11-2 lead into the fourth quarter. The Warriors opened the fourth period with three straight goals to extend the

lead to 14-2 before Northbridge scored the final four goals of the game.

Also scoring for Tantasqua in addition to Darger (who also notched three assists), Farland and Mawhinney were Chase Freeland (two goals), Austin Varney (two assists, too) and Spike Austin.

Leading the way offensively for Northbridge was Joey Consigli, who finished with two goals and an assist, and Brian Wildman, who also scored twice. The Rams other two goals were score by Rory Schofer and Jayden Consigli.

As experienced as Tantasqua is, that's how young Northbridge is.

"We're rebuilding; we're very young. We have an eighth-grader, nine freshmen,

two sophomores, two juniors and four seniors on the team," Rams' head coach Colby Brochu said. "It's like being in a boxing match against a guy who is 10 times more experienced than you. You're just trying to hold your own. This is a tough game for us because it is a senior versus freshmen type of game."

"We're young and we've got to keep plugging away. We've got to keep doing the little things right — groundballs, playing help defense, keeping our heads up," Brochu continued. "Offensively it seemed like we weren't moving off-ball. Their goalie and their poles [long pole defensemen] are very athletic."

## HIGH SCHOOL NOTEBOOK

April 9

Tantasqua 3, Notre Dame Academy 2 — In a tight girls' tennis matchup, the visiting Warriors edged the Rebels for their first victory of the season (1-2). Tantasqua's winners were Sarah Scott (No. 2 singles), Ava DeBruin (No. 3 singles) and Ava Cooper/Nina Ellison (No. 1 doubles).

Tantasqua 14, Worcester 8 — Cami Freeland's monster game of six goals and an assist propelled the Warriors girls' lacrosse team past Worcester. It was Tantasqua's first win of the season, as they now stand at 1-3. Other goal scorers for the Warriors were Liz Beaumont (four), Maddy Varney (two), Addie Ellithorpe and Ainsley Way.

April 10

Tantasqua 3, Grafton 2 — The singles play of the Warriors boys' tennis team led to a victory over the Indians. Wade Woolley (No. 1), Ryan Shanahan (No. 2) and Tim Taudel (No. 3) were Tantasqua's winners.

Grafton 8, Tantasqua 5 — The superb start to the season by the Warriors' Jillian Dunn continued, she had three hits and a pair of RBIs for the varsity softball team, but it wasn't enough as they lost to the Indians. Niya Talcott, Erin McCarthy and Shannon Dunn all added two hits for Tantasqua.

Grafton 5, Tantasqua 0 — The Warriors were blanked by the Indians in a girls' tennis matchup at Grafton, as Tantasqua's record slipped to 1-3. The Warriors' Sarah Scott, at No. 2 singles, was the closest to a victory,

losing (6-4, 6-3) to Jenna Lee.

April 11

Quaboag 5, David Prouty 0 — The hot start of the Cougars girls' tennis team continued with a shutout victory over the Panthers. Quaboag is now 3-0. Alyssa Bettencourt (No. 1 singles), Hannah D'Angelo (No. 2 singles), Jordan D'Angelo (No. 3 singles), Morgyn Astrella/Natalie Page (No. 1 doubles) and Emily Gibeault/Paisleigh Atwood (No. 2 doubles) were all victorious.

Shepherd Hill 3, Tantasqua 2 — In a tight contest, the Rams edged the Warriors in boys' tennis. Winners for Shepherd Hill were Ryan Moore (No. 1 singles), Ben Martin-Jaffe/Andrew Kallanian (No. 1 doubles) and Nikolas Goulas/Declan Cronin (No. 2 doubles),

Ryan Shanahan (No. 2 singles) and Tim Taudel (No. 3 singles) took home the wins for Tantasqua.

Millbury 14, Tantasqua 3 — A 16-hit attack was more than enough for the Woolies to dispatch the Warriors' varsity softball team. Marie Stewart was 2-for-3 with 3 RBIs for Tantasqua.

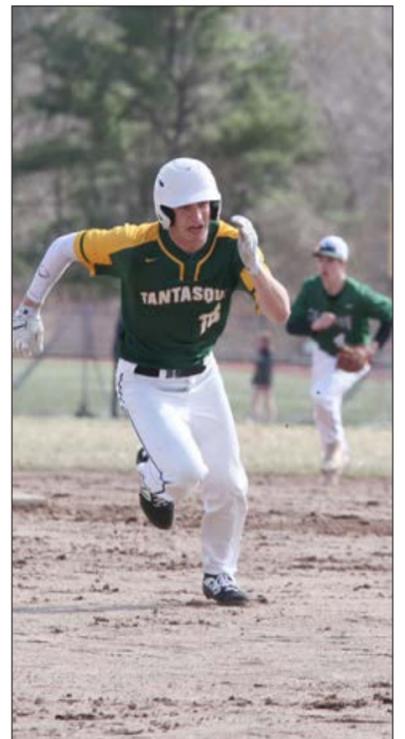
Tantasqua 4, East Longmeadow 1 — The Warriors inched closer to .500 in girls' tennis after another victory, as they improved to 2-3. Morgan Mascolo (No. 1 singles), Sarah Scott (No. 2 singles), Ava Cooper/Nina Ellison (No. 1 doubles) and Parker Riley/Emily Anderson earned the points for Tantasqua.

## SPORTS

# Potential rally killers spell doom for Tantasqua in loss to Indians



Roger Leland of Tantasqua takes a lead off first base as the pitch sails toward the plate.



Tantasqua's Dominic Brown hustles down the third base line.

BY KEN POWERS  
SPORTS CORRESPONDENT

GRAFTON — Tyler Dupuis tossed a four-hit, complete-game shutout and went 2-for-4 at the plate with a pair of RBIs to help lead the Grafton High varsity baseball team to a 9-0 season-opening win over visiting Tantasqua Regional on Wednesday, April 10.

The Warriors fell to 1-3 overall and 1-2 in Southern Worcester County League (SWCL) play with the loss, but bounced back the next day to beat SWCL foe Millbury High, 6-0.

Tantasqua started strong, putting its first two hitters on base in the top of the first inning. Dominic Brown reached base after being hit by a pitch and the Warriors No. 2 batter, Nolan Kingman, reached base on a Grafton error, Brown moving to second on the play.

The would-be rally by Tantasqua sputtered to a stop at that point, Ryan Bonja striking out, Deven Kingman popping out to second base and Andrew Parker grounding out to the Indians' shortstop.

Like the Warriors before it, Grafton opened the bottom of the inning by get-

ting its first two hitters on base. Charlie Farrah was hit by a pitch and Ben Waitkevich walked. Unlike Tantasqua, however, the Indians' No. 3 hitter, Matt Holbrook, also reached base, singling to left field to load the bases.

After Farrah scampered home on a wild pitch during Jack Martin's at-bat (Martin ended up striking out, as did No. 5 hitter Jake Maynard) to give Grafton a 1-0 lead, Dupuis singled sharply to right-center field, scoring Waitkevich and Holbrook to push the Indians lead to 3-0.

"We thought we had [Dupuis] rattled early but he ended up getting out of that two-on, no-out situation," said Pete Casine, Tantasqua's interim head coach. "Then they did the same thing to us in the bottom of the first, but they converted their scoring chances, picked up those runs and put us in the hole."

Casine was filling in for Jon Leroux, Tantasqua's second-year head coach, who was away on a field trip with teachers and children from East Brookfield Elementary School, which is where Leroux teaches.

"Part of the agreement when

they hired Jon [at East Brookfield Elementary] was, because he is the only male teacher at the school, he would be the male chaperone on their annual weeklong field trip, which happens to be this week," Casine explained.

Tantasqua had a few other chances to cut into or erase the Grafton lead. In the second inning Roger Leland (3-for-3) reached base on a one-out infield single to third base, but got no further. Deven Kingman led off the fourth inning with a double to left field, but was unable to advance any farther.

In the top of the fifth inning Leland led off with a single to center field for the Warriors but was stranded there. In the top of the seventh inning two of Tantasqua's first three hitters reached base, but that potential final at-bat rally ended when the Warriors hit into their second double play of the game.

"After we got through the batting order the first time we started putting more balls in play and kids had better at-bats but we could never dig out of that first-inning hole," Casine said. "We took a lot of pitches early and then we got behind. I thought we tensed up at the plate a little bit."

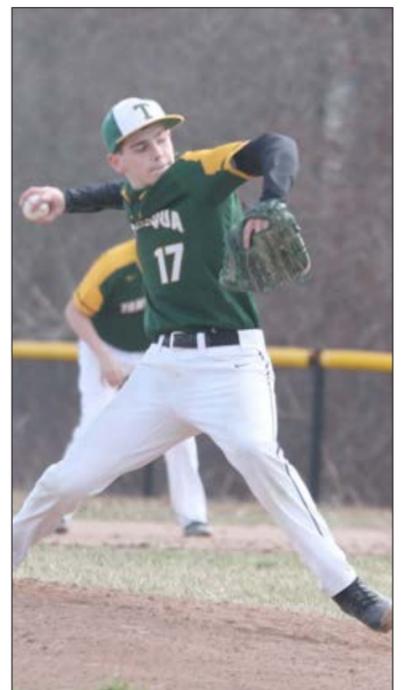
Grafton doubled its lead — to 6-0 — in the bottom of the fourth inning, scoring three times on a pair of triples, a single and a walk. The Indians extend its lead to 7-0 after five innings and 9-0 after six.

Right-handed pitcher Deven Kingman got the start on the bump for Tantasqua and went four innings, allowing six runs, all earned, on seven hits. He walked three and struck out five. Deven Kingman was relieved by Ben Kelley to start the fifth. Kelley finished the game, allowing three runs, all earned, on three hits, two strikeouts and two walks.

"After the first inning I thought Deven settled in and threw strikes," Casine said. "Here in the early part of the season we've been giving up too many free bases with walks and errors. When we held them at 3-0 for a couple of innings we gave ourselves a shot to rally and tie the game or go ahead but we couldn't get anything going offensively."



Tantasqua's Darren Laprade collects a groundball hit his way at second base.



Deven Kingman of Tantasqua peers into the plate before delivering a pitch.

## SPORTS BRIEFS

### Sturbridge Legion Baseball to hold player signups, tryouts

Baseball players interested in playing for the Sturbridge American Legion team that are born on Jan. 1, 2000 or later are eligible to play. The final signup date will be held April 27 between 10 a.m. and noon at the Champeau-Vilandre Sturbridge Legion Post (507 Main Street in Fiskdale). Players should bring a photocopy of their birth certificate when they register at signups to insure your eligibility. All players that live in Sturbridge and/or attend Tantasqua Regional High School are eligible for the Sturbridge team; also players from other surrounding towns may also be eligible to play. The team will conduct tryouts May 18, 19 and 25, with times from 10 a.m. to noon on all three tryout dates at Tantasqua Regional's varsity base-

ball field. For more information contact team manager Jim Rosseel at (774) 230-1784 or jimrosseel@hotmail.com, or Coach Ray Sullivan at (508) 736-7770 or raysull\_2@yahoo.com.

### Seniors to play golf at a discounted rate

We are a social traveling senior golf group and play premium golf courses in Central Massachusetts at a reduced greens fee rate. We will play one Thursday each month from May through October. Men and women 60 and over are welcomed. If you are a foursome, threesome, twosome or a single, come enjoy great golf and make new friends.

Our first golf day is Thursday, May 16 at Heritage Country Club in Charlton. For \$35, we get 18 holes of golf, an electric cart and a sandwich. There will be prizes for closest to the pin on all par-3 holes and a fun prized putting challenge. To sign up, please contact Dick Lisi at (508) 410-1332 or at wscgolfclub@gmail.com.

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# CALENDAR

## Sunday, April 21

**EASTER SUNRISE SERVICE AT OSV:** The annual Easter Sunrise Service will be held at the Meetinghouse in Old Sturbridge Village on Sunday, April 21 at 6 a.m. This beautiful setting and joyous service is a wonderful way to celebrate the Risen Christ on Easter morning! A free will offering will be taken to benefit those in need through St. Vincent de Paul Emergency Assistance, with locations in Southbridge and Sturbridge. The Easter Sunrise Service is an ecumenical effort sponsored by local churches from Charlton, Southbridge, Sturbridge. Please enter through the main gate and proceed to the rear of the parking lot near the security office, where we will gather and proceed in together. All are welcome! For more information, call Chris McTigue at 508-248-4726.

## Thursday, April 25

**THE MAKING OF "BURNING COLD" WITH AUTHOR LISA LIEBERMAN:** 6:30 p.m., Joshua Hyde Public Library, 306 Main St., Sturbridge. Join Lieberman as she gives insight into the process of writing a mystery set in Budapest during the 1956 revolution, starting with the inspiration behind the book: the classic noir film "The Third Man." Sponsored by the Friends of the Joshua Hyde Public Library.

## Saturday, April 27

**CONCERT & DINNER WITH JOSE VACHON:** A concert and dinner with noted French Canadian singer Josee Vachon will take place at the La Salle Reception Center, 444 Main St., Southbridge. The Saturday evening event begins with cocktails at 5:15 p.m., dinner at 6 p.m., concert at 7:30 p.m. Well known in communities throughout New England, New York, Pennsylvania and now Massachusetts, her new home state, Josee will perform in a dinner/theatre setting with more than 25 years of music dedication, entertaining by presenting traditional as well as French songs. As singer and songwriter, Josee will bring her warm, engaging sense of humor and her upbeat rhythms to the audience while reflecting upon and celebrating her Franco-American heritage with anecdotes of life as it was when growing up in Maine. Sponsors for the evening are Union Sant-Jean-Baptist Chapter No. 12, Southbridge; Friends of St. Paul II Parish, the Southbridge cultural Council, a local agency and the Massachusetts Cultural Council, a state agency. Tickets are available from Ted Bartlett at (508) 764-7909 and the Parish Office at (508) 765-3701.

## Sunday, April 28

**BUFFUMVILLE DAM TOUR:** Join Park Ranger Jamie today at 1 p.m. at Buffumville Lake, Charlton.

**"THE BORROWED TOMB":** 3 p.m., Masonic Home/Overlook Charlton. The Christian Community Choir will be presenting "The Borrowed Tomb," an Easter Musical of Faith and Belief. It was written by Steven Moore and David Clydesdale and is being conducted by Kathleen Hosterman. "The Borrowed Tomb" tells the story of Christ's death and resurrection from the perspective of two members of the politically powerful Sanhedrin Nicodemus and Joseph of Arimathea. We witness their struggle as they interact with each other, members of the Sanhedrin, Mary Magdalene and Jesus. The participating churches involved include: East Brookfield Baptist Church, Mary, Queen of the Rosary Church, Spencer, St. John the Baptist Church in East Brookfield, First Congregational Church of Leicester, St. Joseph's Church, North Brookfield, Brookfield Congregational Church, Faith Baptist Church in Southbridge.

## Friday and Saturday, May 3 & 4

**65TH ANNUAL WINDHAM COUNTY 4-H AUCTION & TAG SALE:** Windham County 4-H Outdoor Center, 326 Taft Pond Rd., Pomfret, Conn. Auction preview at 5 p.m. both nights. Unique and antique goods and services, live plants, tickets to events, venues and vacation spots for the whole family. Silent auction baskets and 50/50 raffle both nights. Auction starts at 5 p.m. on Friday. New this year, auction of outdoor equipment and furniture starts at 5:30 p.m. on Saturday. Early bird buy in to 3,500 square of bargains at the tag sale from 10:30 a.m.-noon on Friday, May 3. Tag sale open free to all from noon to 5 p.m. on Friday and 9 a.m.-5 p.m. on Saturday. Mary's Kitchen open during all open hours both days.

Saturday and Sunday, May 4 & 5

**DISNEY'S "MARY POPPINS, JR.":** 7 p.m. Saturday and 3 p.m. Sunday, Charlton Middle School auditorium.

## ONGOING

**CHARLTON AMERICAN LEGION POST 391** meets every fourth Monday of the month at 7 p.m. in the Charlton Grange Hall. All veterans are welcome. We'd love to see you. We sponsor Boy Scout Troop 165, as well as three Boys Staters & assist young men interested in attending the State Police summer school. We also assist the Charlton Little League financially, as well as other things such as veteran's wakes & funerals. There's plenty we can still do to help our community.

**"A CARING PLACE" MEMORY CAFÉ:** A Memory Café is a place where people living with a cognitive related illness or injury such as; Parkinson's, Dementia, Alzheimer's, PTSD, autism and any other related illness or injury can go with their loved ones (often their caregivers), and spend quality time together away from the negativity and stigma that often accompanies this. A Memory Café is a safe, judge free and fun place for people to go where they can be themselves and enjoy the company of loved ones and never have to worry about what others are thinking. We will never ask for a diagnosis and anyone from any town or city and any age are welcome. We only ask that all guests have a caregiver with them and that the guest has a cognitive related illness or injury. Staff is not responsible for the personal care of any guest. We are accepting to any level of ability and always welcome new people. Our Memory Café is run on donations and sponsors. Light refreshments are often served. Our atmosphere is geared toward fun yet comfortable and always safe. Our Café often hosts singers, dancers and performers who will help bring back old memories and days gone by. Our Café also hosts fun interactive activities but never educational events; we feel this should be a fun time spent together. Please see the upcoming scheduled events coming to our Memory Café over the next few months. Signups are encouraged. We are open the first Wednesday of each month from 3-5 p.m.

**BUSINESS NETWORKING:** Join us for a FREE Business Networking Meeting! Thursdays - 7am at Old Sturbridge Village Oliver Wight Tavern - Grecian Room, 1 Old Sturbridge Village Rd, Sturbridge, For more info call Tia @ 774-200-6740

**WOMEN'S BASKETBALL:** Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje  
St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9,

2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

**ALZHEIMER'S SUPPORT GROUP:** third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

**NUMISMATICS:** Looking for a new hobby? Come learn about the hobby of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

**Grief Support Group:** at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

**NUMISMATICS:** Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

**ALCOHOLICS ANONYMOUS:** Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

**K9 NOSE WORK:** A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor - National Association of Canine Scent Work.

**SEN-I JUDO CLUB:** This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

**FAMILY FOUNDATIONS 5: PLAYGROUP:** This free program for preschool-aged children is sponsored by the Union 61 Family Foundation 5

Grant. 9-11 a.m. Mondays while school is in session until May at Hitchcock Academy, Brimfield. Pre-register your child by calling Karen Distefano at (508) 867-2232 or e-mailing union61cfce@tantasqua.org.

**WEIGHT WATCHERS:** Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: WeighIn/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit www.weightwatchers.com to become a member or to learn more about Weight Watchers.

**YOGA:** Hatha Yoga benefits are stress-relieving. Relax & rejuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

**ART GROUP:** Participants enjoy time to socialize, draw and paint together informally, without instruction at Hitchcock Academy in Brimfield on Tuesday nights beginning Jan. 22. No pre-registration required. Bring your own supplies and enjoy! Free will donations are welcome. 9-11:30 a.m. Contact Hitchcock at (413) 245-9977 for more information.

**GRANDPARENTS IN THE KNOW:** Grandparents with custody of their grandchildren meet on the first Tuesday of the month from 9-10:30 a.m. at Hitchcock Academy in Brimfield.

**GENEALOGY RESEARCH ABC'S:** We all know something about our families — it's what we don't know that's intriguing. Genealogical research is becoming very popular, and for good reason. You might be living right next door to a third cousin twice removed! The research can be simple, or it can be a real challenge. "ABC's" will guide you along the right path with tips on research on- and offline. If you would like to have a conversation with your own great grandparents, then your job is to tell your family story to hand down to your descendants. Four classes at Hitchcock Academy in Brimfield beginning Tuesday, Jan. 22. Instructor: Dave Robinson, Old Bones Genealogy of New England.

**WATERCOLORS WITH BETH:** Ongoing watercolor classes for all levels with a new painting every three weeks. You must register with Beth in advance to attend. 9 a.m.-1 p.m. Wednesdays at Hitchcock Academy with instructor Beth Parys. For information and to register, call Beth at (413) 245-3295.

**FAMILY FOUNDATIONS 5: Music & Movement.** This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 Grant. 9-10 a.m. every Wednesday when school is in session until May at Hitchcock Academy. Pre-register your child by calling Karen Distefano at 867-2232 or e-mailing union61cfce@tantasqua.org.

**FAMILY FOUNDATIONS 5: STEAM GROUP.** This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 grant. 9-10 a.m. Thursdays when school is in session until May at Hitchcock Academy. Pre-register your child by calling Karen Distefano at (508) 867-2232 or e-mailing union61cfce@tantasqua.org.

**FENCING:** Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.

**AMERICAN SIGN LANGUAGE (ASL):** American Sign Language is a visual language using hands, facial and body expressions. Learn about deaf culture and mostly come and have fun. Laughter guaranteed. Six classes on Thursdays at Hitchcock Academy from 7:15-8:15 p.m. with instructor May Marques, Rehabilitation Counselor for the Deaf, Massachusetts Rehabilitation Commission. Session A — Beginners Part I — goes until March 7 (no class Feb. 21). Session B — Beginners Part II — goes from March 14-April 25.

## GARDENING

continued from page A8

non-profit trialing organization with test sites across the U.S. and Canada. Volunteer judges rate entries based on their improved performance, flavor and unique qualities. Visit the AAS Web site for help selecting edibles and flowers suitable for container gardening. (all-americanselections.org)

Then pick a color theme. Red, white and blue combinations are perfect for patriotic holidays like the fourth of July. Or pick one color and display it in patriotic pots. For reds consider Summer Jewel red salvia, Viking XL Red on Chocolate begonia and Double Fire Zahara zinnia. Add a light airy touch with Sparkle White guara and Gypsy

White Improved baby's breath. Evening Scentsation petunia, Strata salvia and Lavender Lady lavender provide the blue. Add an explosion of texture with fiber optic grass or Fireworks penstemon.

Host a sports event using flower colors or containers of your favorite team. Add to the festivities by growing them in a football, baseball or soccer shaped planter.

Gold is always a great choice when celebrating anniversaries, golden birthdays or any special occasion. Dress up the tables with the plump blooms of Marigold Big Duck Gold or the feathery blossoms of Fresh Look Gold celosia. Let them know they're special by including Super Hero™ Spry marigold. The maroon and golden yellow flowers top 12-inch tall plants and the name says it all. All these golden beauties will

continue to flower and thrive long after the party ends. Combine them with other bright colors like South Pacific Orange canna, and Calliope® Medium Dark Red geranium to create a festive atmosphere.

Bring the garden to the party with a few edible containers for a bit of interactive dining. Encourage guests to harvest herbs and vegetables as they create a salad, season their dinner or flavor their favorite drink. Then dress up the meal with edible flowers like calendulas and Baby Rose nasturtium with its peppery flavored flowers and leaves.

Make any outdoor wedding, reception or rehearsal dinner at your home memorable by creating planters that complement the bride's color scheme. Include white flowers, like Summer Jewel White salvia, Mont Blanc nierembergia, Starlight rose zinnia and Gypsy

White Improved gypsophila. White is the perfect neutral and lights up any evening celebration.

Once you experience the difference specially-designed containers can make, you'll be looking for more opportunities to host events and grow more planters.

*Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" gardening DVD series and the nationally syndicated Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by AAS for her expertise to write this article. Myers' web site is www.melindamyers.com.*

# TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Brendan Berube, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to news@stonebridgepress.news.

## CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

## CHARLTON SENIOR CENTER

Trip Coordinator Dotti Murphy - Please call 978-424-7010

Sign up sheets & flyers available at the Senior Center / Flyers also available on our web page www.townofcharlton.net Click on Departments then click on Council on Aging/Senior Center

Pick up is from St. Joseph's Church 10 H Putnam Rd. Ext., Charlton 2019 Day Trips

June 18 (Tues) 3 Redneck Tenors - Musical comedy with downhome laughs and big city music -Davensport Yacht Club - \$92.00

July 16 (Tues) Lobsterbake at Fosters with Michael Minor singer, comedian, celebrity impressionist and ventriloquist performing - \$99.00

July 25 (Thurs) Gloucester Harbor Lobsterbake Cruise- fabulous day on the water with two dance floors, indoor& outdoor seating and buffet (1 lobster each) \$119.00

August 28 (Wed) Ultimate Tribute Show - Experience some of the greatest hits from some of the greatest entertainers of all times - Lake Pearl, Wrentham - \$92.00

Sept 17 (Tues) Atlantic City Boys - Four dynamic lead singers perform an exciting mix of world class vocals and interactive comedy - Davensport Yacht Club - \$92.00

Sept 24 (Tues) Simon Pearce Glassblowing Studio and King Arthur Factory - Fall foliage, tour glass blowing factory, and King Arthur factory after lunch - \$119.00

Oct 9 (Wed) New Hampshire Turkey Train - Foliage train ride, Harts Turkey Farm Luncheon, Mystery stop and sightseeing - \$99.00

Nov. 14 (Thurs) Ricky Nelson Remembered - Ricky Nelson's twin sons perform their father's hit songs - Venus DeMilo, Swansea \$95.00

Dec 3 (Tues) Johnny Mathis Christmas Tribute - Ultimate tribute to Johnny Mathis with Christmas songs and some of his biggest hits - Davensport Yacht Club - \$92.00

## 2019 Overnight Trips

June 9 - 11 Bar Harbor, Boothbay Harbor & Arcadia National Park - 3 days, 2 nights - \$459pp double, \$599 single

Sept 20 - 22 Lake George Balloon Festival - 3 days, 2 nights - \$449pp double, \$599 single

Please call Dotti Murphy at 978-424-7010 for details if interested in any trips.

## DAUGHTERS OF ISABELLA

The Daughters of Isabella proudly present our 2019 Fantastic Worldwide Tours!

April 30-May 2: Atlantic City Resorts Casino \$249

Atlantic City's original casino! 7 a.m. Webster, 7:30 a.m. Southbridge. Slot play/\$60 food credit/two Casino Revue shows. Right on the Atlantic City boardwalk!

May 19: Newport Rail \$92

Enjoy beautiful Newport on an elegant luncheon train. 8 a.m. Southbridge, 8:30 a.m. Webster. Sightseeing & visit to the Brick Marketplace. Get on track for the Newport Rail!

June 9: Gloucester Lobster \$102

New England's finest cruise lobster luncheon! 8:30 a.m. Southbridge, 9 a.m. Webster. Enjoy a relaxing cruise & great cuisine with your friends. The best summertime trip ever!

July 14: Essex Steam Train \$102

Great summertime tour in Connecticut. 9 a.m. Southbridge, 9:30 a.m. Webster. Delicious luncheon, train ride & Connecticut River cruise. Make tracks for the Essex Steam Train!

Aug. 11: Newport Playhouse Show & Lobster Fest \$102

Special lobster feast! 8:30 a.m. Southbridge, 9 a.m. Webster. Terrific "Funny Money" show & cabaret. Lobster feast & Newport's best show!

Sept. 15-17: Atlantic City Resorts Casino \$259

Atlantic City's original casino! 7 a.m. Webster, 7:30 a.m. Southbridge.

\$25 slot play/\$60 food credit/Casino Revue Show. Atlantic City! The 'Shore' Thing!

Oct. 6: NH Turkey Train \$92

Scenic rail tour round Lake Winnepesaukee and lunch! 9 a.m. Southbridge, 9:30 a.m. Webster. Spectacular New England footage! New Hampshire awaits!

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

## DUDLEY SENIORS

For information and reservations contact Evelyn Grovesteen at (508) 764-8254

Also next year, Sept.13-21, we will be going to Nova Scotia, Prince Edward Island and New Brunswick. Included is transportation, lodging, 14 meals, guided tours of Acadia National park, Halifax, Peggy's Cove, Lunenburg, Prince Edward Island including Anne of Green Gables' home, admission to King's Landing Historical Settlement, admission to Hopewell Rocks, and a visit to St. John. Tips for driver and step-on guides are included. Games, drinks and snacks will be provided on travel days. Cost is \$1065 pp/ double occupancy. Call Evelyn Grovesteen for info at (508) 764-8254

## LEICESTER SENIOR CENTER

Friday, April 19: Trip to Foxwoods Casino and Captain Jack's. Bus leaves at 8 a.m. Cost is \$79. Free buffet and \$10 for free slot play. Choice of lobster or prime rib at Captain Jack's.

Friday, April 26: Trip to Foxwoods Casino and Captain Jack's. Bus leaves at 8 a.m. Cost is \$79. Free buffet and \$10 for free slot play. Choice of lobster or prime rib at Captain Jack's.

Thursday, May 16: Trip to Newport Playhouse for "Clothes Encounter." Bus leaves at 9 a.m. Cost is \$89 for show, buffet and cabaret.

Monday-Thursday, June 1-13: Trip to Wildwood Crest & Cape May and a day at Resorts Casino in Atlantic City. Bus leaves at 7 a.m. Cost is \$599, including driver's tip and all one-day guides.

Wednesday, June 12: Trip to the North Shore Music Theatre to see "Oklahoma" and lunch at the Danversport Yacht Club. Cost is \$119. The bus leaves at 9:30 a.m.

Friday, July 12: Trip to the Gloucester Lobster Cruise with clam bake and buffet aboard the ship. Bus leaves at 9 a.m. Cost is \$99. On the way home, we can enjoy ice cream at Kimball's Farm.

Wednesday, Aug. 14: Trip to the Summer Theatre for "Saturday Night Fever" and Hart's Turkey Farm. Bus leaves at 8:30 a.m. Cost is \$99.

Friday, Sept. 13: Trip to Lake Winnepesaukee Cruise. Buffet luncheon & scenic sights and a visit to Moulton Farm Market. Bus leaves at 8:30 a.m. Cost is \$99.

Thursday, Oct. 17: Trip to Twin Rivers and Wright's Chicken Farm. Bus leaves at 9 a.m. \$7 food credit and \$10 slot play. Cost is \$59.

Wednesday, Nov. 13: Indian Head Christmas Spectacular and Luncheon. Bus leaves at 8:30 a.m. Cost is \$89.

## MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

IRELAND: September 9-22, 2019  
USA: SPLENDORS OF THE NORTHWEST: May 20 to June 4, 2019  
JAPAN: March 26 to April 9, 2020  
JAPAN & CHINA: March 26 to April 22, 2020  
SPAIN & PORTUGAL: September 9-24, 2020

## PAXTON SENIORS

Paxton's bus tour season starts

Wednesday, April 24, on the Maine / New Hampshire seacoast topped off with a visit to a Winery. First stop is the Kittery Historical & Naval Museum where you will wander through Kittery's past as you browse the exhibits, from colonial times to grand hotels, shipbuilding and lighthouses, up to the present day. Find out what makes Kittery special... at the Museum!

Next stop is lunch at Warren's Lobster House in Kittery, Maine. Our prior visits to Warren's have always been wonderful. Warren's has the Seacoast's Finest Salad Bar, which offers over 60 selections and homemade pumpkin bread, soup and rolls — For an entrée you may select from; Seafood Casserole, Fried Baby Shrimp, Ritz Filet of Haddock, Crab Crusted Salmon, Top Sirloin Steak and Chicken Parmesan. Beverages and dessert will be included.

After a delightful lunch on the River separating Maine and New Hampshire, we move on to Zorvino Vineyard. A family-owned and operated winery, that originally started as a hobby. Jim and Cheryl Zanello purchased the 80-acre lot in Sandown, NH in 2000 after retiring. Four years later Zorvino Vineyards was established. The "Zor" in Zorvino comes from the original family name Zorzanello and "Vino" means wine. Family and Wine, the perfect pairing.

In the first years, 150 cold climate vines, mostly hybrids, were planted. To date, there are roughly 2,000 vines on site. The bulk of the grapes are brought in from Italy, California and South America. They are mostly known for their "off dry" fruit wines. blends and unusual 100% fruit or vegetable wines like Pumpkin, Beet and Rhubarb to name a few. New favorites include their red wines and white wines aged in American White Oak.

Our bus trip leaves the Paxton Senior Center, 17 West St., at 9 a.m. on Wednesday, April 24. Barring any traffic concerns on Route 495, we plan to be back in Paxton around 5 p.m.

The cost of the trip is \$82 per person. Reservations, payment and your choice of entree at Warren's should be mailed to Bob Wilby, 11 Tanglewood Rd., Paxton, by Monday April 15. Checks should be made payable to the FRIENDS OF PAXTON COA.

For more details, please contact Bob at 508-792-4662.

Are you interested in joining another wonder trip in 2019?

A group of Seniors from Paxton and surrounding towns are planning a trip this year to Italy. The group plans to leave Paxton on Sept. 9, with transportation provided to Logan and return. Our flight will take us to Rome, Italy for 10 days visiting many historical sites of Italy. Rome has many beautiful attractions that many of us have not seen on previous visits. After two nights in Rome, we will move on to one night in Perugia where we will have the opportunity to visit Assisi, the birthplace of St. Francis of Assisi. Following our stay in Perugia, we move on to Florence, "the Cradle of Italian Renaissance," where we will view Michelangelo's incredible statue of David. After two nights in beautiful Florence, we will move on to Venice. On the way to Venice, we will stop at a 12th century castle and learn about the famous Tuscan wines and enjoy a cooking class and lunch. Next we are off to Venice for two nights. During that time, we have an opportunity to visit many of the wonderful sites of the Canal City.

After Venice, our next and last night will be Milan where we will have an opportunity to visit and shop at the "Quadrilatero della Moda," Milan's high-fashion district. We will depart for home from Milan.

## SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

## SOUTHBRIDGE SENIOR CITIZENS 2019 TRIP SCHEDULE OPEN TO PUBLIC PAYMENT DUE AT SIGN UP

March 12, 2019 – Tuesday – Foxwoods \$25 – 8:30 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino. You will have 5 hours at the casino to gamble or PLAY BINGO as the bus will leave Foxwoods at 3:30 PM.

You will receive \$10 for gaming and \$15 meal voucher.

April 30 - May 2, 2019 – Tuesday – Thursday - Atlantic City

You will get 2 nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see 2 stage shows. Trolley's available.

For details call Jan at 508 887 2215

May 19, 2019 – Sunday – Newport rail tour.

Tour ocean drive: board the excursion scenic dining car for a 90 minute tour along Narragansett bay. Enjoy a full course lunch on the train when you book give choice of meal - chicken Marcella - or Atlantic Cod.

For details call Jan at 508 887 2215

June 9, 2019 – Sunday – Gloucester Beaufort princess cruise.

Board the ship for a New England clam bake including clams, lobster chowder BBQ chicken and more finish with chocolate mousse. Cruise the harbor for 2 1/2 hours with music on board. Visit the Salem visitor center and shops.

For details call Jan at 508 887 2215

July 23, 2019 – Tuesday - Mohegan Sun \$25 - 10 AM Bus

For \$25 You get a deluxe motor coach ride to the casino You will have 5 hours at the casino as the bus will leave Mohegan Sun at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

August 28, 2019 – Wednesday – Diamonds and Pearls the ultimate tribute show.

For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham MA. where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or schrod

September 17, 2019 Tuesday - Atlantic City Boys For \$95 you will get a deluxe motor coach to Danvers Yacht Club in Danvers MA. where you will hear the music of the Beach Boys, The Drifters, the Bee Gees and more. You have a choice of baked stuffed chicken or schrod.

October 8th - 15th , 2019 – ALL INCLUSIVE ARUBA Happily Full - I am taking names for standby on this trip and for 2020 trip

November 12, 2019 – Tuesday – Foxwoods \$25 - 10 - AM bus.

For \$25 You get a deluxe motor coach ride to the casino You will have 5 hours at the casino as the bus will leave Foxwoods at 4 PM. You will receive \$10 for gaming and \$15 meal voucher.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9:00 to 10:00 AM or call 774 922 4049, or e-mail me jimtrips@yahoo.com

## FRIENDS OF STURBRIDGE SENIORS

We are proud to announce the following upcoming Bus Trips which are open to everyone age 21 and over. The following One Day Bus trips are \$92.00 which includes a Deluxe Bus Transportation, Delicious Lunch, Tax, Gratuity and Fabulous Entertainers.

Sunday May 19th See The Edwards Twins, the Best Impersonators of all the Biggest Stars.

Tuesday June 18th See The 3 Red Neck Tenors, Down Home Laughs + Big City Music, Pop to Opera.

Wednesday August 28th Tribute Show hear Songs of Neil Diamond, Carole King, Johnny Cash, Janis

Tuesday Sept 17 Atlantic City Boys, 4 Dynamic Lead Singers perform World Class Vocals and Comedy

We also have the following 2 to 5 Day Overnight Trips for Singles and Double Occupancy.

Saturday June 29 to Wed July 3 Nova Scotia, Bay of Fundy, Royal Nova Scotia International Tatoo

Military Festival, Halifax Saint John plus more 1299 Double occupancy

Saturday August 3 to Sunday August 4, Boston Red Sox vs NY Yankees game, Statue of Liberty, Ellis

Island, 399.00 Double Occupancy Tuesday 8/27 to Thursday Spectacular Saratoga NY Raceway, Lake George Cruise, Tour of Saratoga

Battlefield, Norman Rockwell

Turn To **TRIPS** page **A14**

# Professional Directory

**For advertising information:**  
Call June (508)909-4062 if your business is in Charlton  
Call Mikaela at (508) 909-4126 if your business is in Sturbridge

ATTORNEY	ADVERTISING
 <p><b>THE LAW OFFICE OF MICHELLE M. MURRAY, ESQ.</b> would like to welcome <b>Caitlin M. Magnan, Esq.</b> Attorney Magnan's focus is on Real Estate and Estate Planning Mediation, Divorce, Custody, Child Support, Modifications, Adoptions, Guardianships, Real Estate, Estate Planning and Probating of Estates <b>CALL OR EMAIL TODAY FOR AN APPOINTMENT</b> (508) 885-4405 • Michelle@AttorneyMichelleMurray.com Caitlin@AttorneyMichelleMurray.com or Visit us on the web at attorneymichellemurray.com <b>188 MAIN STREET, SUITE ONE • SPENCER, MA 01562</b></p>	 <p>Office: (508) 909-4062 Fax: (508) 765-0233 25 Elm St PO Box 90 Southbridge, MA 01550 <b>jsima@stonebridgepress.news</b></p>

# OBITUARIES

## Wilfred R. Arsenault

STURBRIDGE- Wilfred R. Arsenault of Sturbridge passed away April 10, 2019 after a long illness.

Wilfred leaves behind his mother Adrienne Arsenault of Sturbridge and two sisters, Diane Chamberland and her husband Thomas of Sturbridge and Rosemary Dion and her husband Robert of West Brookfield, several nieces and nephews.

Wilfred is predeceased by his father Arthur Arsenault, Sr. of Sturbridge and his brother Arthur Arsenault, Jr.

of Coaldale, PA.

Wilfred loved fishing, gardening, woodworking and the Charlton Flea Market.

Funeral arrangements are under the care of Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550. There are no calling hours and burial will be at the convenience of the family. Donations may be made in Wilfred's name to St. Jude Children's Research Hospital, 500 St. Jude Place, Memphis, TN 38105-1905.

## Richard James Waugh, 74

BRIMFIELD- Richard James Waugh, 74, of East Brimfield Holland Road, died April 12, at Southbridge Healthcare.

He leaves his wife of 30 years Nancy (MacDonald) Waugh, a daughter Emily Christine Waugh and her fiancé Daniel Thompson of Sturbridge, a sister Ellen Costa of Plaistow, NH. He was predeceased by 2 brothers Jack Waugh, Edward Waugh, and a sister Barbara Guilotti.

He was born in Revere the son of the late Joseph and Alice (Lynam) Waugh and lived in the area for 27 years. Graduated from Dom Savio High School, East Boston.

Richard was a self-employed pharmaceutical drug Bio-Hazard techni-

cian, covering all of New England. He owned several race horses that raced in Foxboro and Saratoga Springs. Throughout the years he enjoyed helping Emily with her school projects and also enjoyed doing yardwork at home. He was an avid Boston sports fan.

His funeral was held Wednesday, April, 17 in the Holy Trinity Episcopal Church, 446 Hamilton St. Southbridge.

Calling hours were 4 - 7PM, Tuesday, April 16, in the Belanger-Bullard Funeral, 51 Marcy St. Southbridge.

Memorial contributions made me made to St. Luke's Guesthouse, 141 Main St. Southbridge, MA 01550

An online guestbook is available at [www.BelangerFuneralHome.com](http://www.BelangerFuneralHome.com)



## TRIPS

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Museum. 499.00 Double occupancy Tuesday December 3 to Thursday Dec 5th Pennsylvania Dutch and The Miracle of Christmas Show, Hershey's Chocolate World and more 459.00 Double occupancy For more information, please contact Dick Lisi at 508 410 1332 or at [lisirichard15@yahoo.com](mailto:lisirichard15@yahoo.com)

### ST. ANDREW BOBOLA PARISH

TRIP TO USA NATIONAL PARKS St Andrew Bobola Parish, is organizing a special TRIP TO THE NATIONAL PARKS 11 DAYS, May 12-23 2019. Total cost: \$2,000

PILGRIMAGE TO ISRAEL AND JORDAN

St. Andrew Bobola Parish is organizing a Pilgrimage to Israel and Jordan March 17-28, 2019. All inclusive cost with breakfast, dinners is \$3,190.

Please contact: 508-943-5633. Registration forms are available on the website: [www.standrewbobola.com](http://www.standrewbobola.com)

### UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2019. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2019 2019 is the Society's 27th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

April 27 — Dinner and concert with noted French-Canadian singer Josee Vachon. The Saturday evening event will take place at the La Salle Reception Center, 444 Main St., Southbridge. The cost and additional details to be announced soon. (508) 764-7909

May 4 — "A Spring Day in New York City" — to do as you wish — a day of sightseeing, shopping, visiting a museum, dining at a special restaurant, attending a Broadway matinee performance or visit the 911 Fountains and the new museum via a ticket through [911museum.org](http://911museum.org). The possible activities are many. Departure from Southbridge is 6:30 a.m., and the return departure from New York City is 6:30 p.m. Included are comfort travel stops to and from New York City. The cost per person is \$59. Reservation deadline is April 30. For early reservation and for information, please call (508) 764-7909. New York City is our 24th annual visit in 2019.

June 14 — "Evening at the Boston Pops" features a musical journey to European countries with a noted conductor leading the Boston Pops Orchestra, with each concert piece a selection of stirring 19th century anthems by Romantic-era composers, including Greig, Smetana, Strauss, Berlioz, Elgar, Wagner and Verdi. Each piece honors a particular nation, while the finale, Beethoven's "Ode to Joy" (Europe's official anthem) pays homage to the continent's motto of "United in Diversity." The concert is enhanced by a montage of evocative video images curated by Rick Steves, America's leading authority of extensive knowledge of European history and culture and of PBS fame. All considered, this promises to be an extremely entertaining night, and please reserve early. The cost is \$59 per person for the 8 p.m. concert, with reserved second balcony center seating and motor-coach transportation. Departure is 5:30 p.m. from the RMV, La Rochelle Way in Southbridge. This is the 37th annual excursion to the "Pops."

Aug. 11 — "A Sunday Afternoon at Tanglewood" — a noon luncheon at the Red Lion Inn followed by the 2:30 p.m. concert with reserved seating in the Koussevitsky Music Shed. Thomas Ades, conductor, leads the Boston Symphony Orchestra with the music of Ives and Beethoven and guest pianist Inon Barnatan. The cost is \$127 (an inclusive luncheon, concert and motor coach transportation). A payment plan is available. The reservation deadline is July 30. Departure is 9 a.m., RMV parking lot, Southbridge.

Sept. 23-25 — A three-day excursion

to Cape May, N.J. The cost and all of the details to be announced soon in this listing of trips.

Nov. 16 — "Do As You Wish Day in New York City" — shop for Christmas, do some sightseeing, visit a museum, attend a Broadway matinee, dine at a special restaurant, a visit to the aircraft Intrepid, visit the 911 Memorial complex. There is much to do and enjoy. Departure is 6:30 a.m. from the Southbridge RMV parking lot, and the return departure from New York City is 6:30 p.m. Included are rest stops to and from New York City. Cost is \$59 per person. The reservation deadline is Nov. 6. For information and reservations, call (508) 764-7909. To avoid disappointment, call early.

Dec. 7 — "Festival of Christmas Lights" at Our Lady of La Salette Shrine, seasonal concert with Fr. Pat, the singing priest, visit the International Museum of Creches, Gift and Book Shop, Chapel of Light, a Bistro for refreshments and snacks, a Carousel for the children, an optional trolley ride for a small charge to view the display of more than 400,000 lights and a complete inclusive luncheon at Wright's Farm Restaurant. Cost is \$54 per person, \$44 for children three to 10, under three free. Departure is 10:45 a.m. from Southbridge and 11:15 a.m. in Webster, with the return about 7:45 p.m. Reservation deadline is Dec. 5.

### UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on Facebook The Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

March 21, 2019 "THE PHANTOM OF THE OPERA" at PPAC: Lunch at Mossimo's on Federal Hill. Please choose: eggplant Parmesan, salmon, or chicken piccata ~ \$99.

April 9 JFK Library and museum

## TREES

continued from page 1

teaching them to be stewards of their community and how to think global act local," said Old Sturbridge Academy parent and event organizer Audra

Staples. "It's also teaching them that we all have things in common and the care and keeping of our common spaces is important."

Old Sturbridge Academy, which is in its second year with grades K-4 thus far, participated in Better World Day last year, but on a much smaller scale. This

is its first time taking on a project with such a high level of involvement.

"This is the first time we have done a really large event for Better World Day and it's continuing to grow," said Staples. "It starts in the morning when there will be an event honoring the village and museum. They are going to

have a bunch of field trips that day, so the students will be the hosts and will be welcoming guests, taking part in crafts, and doing small presentations. After school, the ptas has put together tree plantings. The idea is for them each to be planting in their hometowns, but we have some signed up as volunteers to go to other communities."

The school was also chosen by EL education for the President & CEO to come to their Better World Day activities this year, which is a big deal for the school, community, and Old Sturbridge Village.

"It's a really big honor, especially for only a second year school," said Staples. "So the school is taking action and doing a bunch of stuff all day. Most of the district communities are participating in the planting. Out of the 12 towns, there are two I haven't been able to touch base with, one that is undecided, and one that declined. Brookfield declined because we were initially planning to plant American Sycamore Trees and their Cultural Council voted that it wasn't the right tree for their common, but they were extremely hard to find and we decided to go with Yellow Birch."

Old Sturbridge Academy not only hopes that Better World Day teaches its students about the importance of helping their local communities and making the world a more beautiful place, but also shows the community what the school's priorities are.

"We want to teach the community about what we stand for and that our students care about their communities," said Staples.

For more information on EL Education's Better World Day, go to <https://eleducation.org/news-and-events/better-world-day>.



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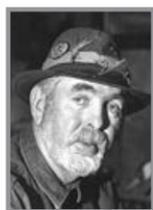
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# Springtime anglers hit Wallum Lake



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Rhode Island prior to opening day. Reports of many trout feeding on the surface on the Rhode Island side of the lake were hard to catch. Trolling a black wooly bugger fly should have done the trick, but most anglers were using lures, power bait, and live bait.

This past weekend, fishing took center stage for many anglers. The opening at Wallum Lake had a light turnout. Mass. Fish & Wildlife continued to stock local lakes and ponds in the valley, and some rivers also received a good stocking of fish. The big news was the size of the brown trout that were stocked at Webster Lake this past week. One local angler had a Mass. Fish & Wildlife stocking truck roll up to the ramp at the town beach in Webster, & stock some heavy duty brown trout. After the truck left, he started fishing and caught and released more than a dozen browns. He brought home a couple of them to cook, but not before he called this writer to come over to take a look at the super size browns.

After looking at the fish, my first remark was that I hope they stocked some of the browns into Wallum Lake. Most of the browns were in the 16 to 17 inch class. My hopes were dashed when I visited Wallum this past weekend and talked to a few anglers that had just got done fishing. Not only did they not catch any brown trout, but a few did not catch a single fish. In talking with a ranger at the park he mentioned that a couple thousand rainbow trout were stocked by both Mass. &

As mentioned in previous columns that the state could not stock rainbow trout because of the high acidic levels in the lake more than 20 years ago, the introduction of tons of lime corrected the problem and has continued to stay at levels needed to sustain the rainbow trout stocking. Unfortunately for sportsmen, they are losing out on some great brown trout fishing at Wallum because of Mass. & Rhode Island unwillingness to work together to make Wallum Lake a trophy brown trout pond. It is still not too late for Wallum Lake to receive some big browns this year from either state, and I do hope that they are planning to do so. Sportsmen deserve no less. Reports of huge schools of alewives (baitfish) at the lake this past summer will provide the feed necessary to grow big browns.

Reports of tick bites in the area during the past week on dogs and residents is a sure sign that they are on the move. Most outdoorsmen now realize that deer tick bites can be very serious for both animals and humans, and are a constant threat to their health. Most tick bites are not found before the 24 hour time for most infections, and



require immediate attention to insure the infection does not spread to other parts of the body. Lyme disease has caused the death of many humans and pets over the past 20 or more years and it is becoming a larger problem every year. All insect bites are serious, including bee stings and spider bites.

This past week, the Uxbridge Rod & Gun Club honored the late Wally Pasickniak of Uxbridge during a brief ceremony at the club's trout pond prior to their fishing derby this past Saturday. A granite seat was placed at the big oak tree on the South side of the pond

engraved with his name, to remind all members of the club of the sacrifices Wally made during his many years at the club. Without these hard working dedicated members we all would not be enjoying the club as we do today. Many other club members in the valley now enjoy the hunting and fishing opportunities today because sportsmen like Wally realized their sport may not survive in the coming years, if Rod & Gun Clubs did not exist. Thanks Wally and all of the other members that kept the club together during hard times.

This week's picture shows Wally Pasickniak, Jr. with his wife Donna & family member Mark Kuras.

Opening at Wachusett Res. this past Saturday had a lot of small lake trout being caught, with one six pound being registered. The Laker's stomachs were full of small perch, small bass, but no smelt. The Quabbin Res. opens this Saturday. Be sure to have your boat washed at a registered site prior to fishing.

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# How to travel on a budget and still have fun

Many people are passionate about traveling. Travel, whether it's domestic or international, can be an invaluable way to experience other cultures, meet new people and get a sense of history.

As valuable as travel can be, many people feel they cannot afford to

travel. However, there are ways to travel on a budget and still have fun.

- Stay close to home. Men and women traveling on limited budgets can save money and still have fun by staying close to home. The closer your destination to your home, the less costly your trip figures to be.

By visiting destinations that are within driving distances, travelers can save money on the cost of airfare, which is typically among the most expensive components of traveling. Road trips also afford travelers ample flexibility that might not be available to travelers who are traveling

abroad. That flexibility can make road trips more fun than more structured vacations.

- Choose affordable destinations. Overseas travel is not necessarily more expensive than domestic travel. Certain destinations are ideal for bargain hunters year-round. Research affordable destinations via a Google search or utilize the "deals" sections on travel websites such as Orbitz®.

- Cook some of your meals. Food is among the most costly expenses for travelers. Men and women can save some money by cooking some of their meals during their vacations. Doing so

saves money on dining out, and travelers willing to experiment by cooking dishes native to the places they're visiting can have some fun in the kitchen.

- Travel during the off-season. Avoiding certain destinations during the height of their tourism seasons is another great way to save. The cost of lodging and airfare peaks during tourist season, but travelers willing to travel during the off-season can save substantial amounts of money. In addition to saving money on lodging and airfare, travelers who plan their vacations during the off-season may also save money on local attractions.

- Do your homework regarding your destination. Thanks to websites such as TripAdvisor®, travelers can now learn as much as they want to learn about a given destination before they ever visit it. Such websites can be invaluable resources to travelers who want to enjoy their vacations but must do so on a budget. Research affordable tourist attractions and restaurants, even looking for free activities. Such research can be fun and make for more enjoyable trips.

Travelers who must travel on budgets can still have fun and make lasting memories on their vacations.

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## Get the financial facts about timeshares

Many people turn to timeshares as a way to enjoy annual vacations. But is investing in a timeshare a financially sound decision? That depends on who you ask.

Getting the facts about how timeshares work and learning a few tricks can help anyone make an educated decision about timeshares.

In a timeshare, individuals purchase a place to stay in vacation property. They typically can then use this room and the surrounding amenities once per year, and often must travel to the same location time and again. Timeshares long have held appeal because they are marketed toward people who may not be able to buy a vacation home, but still want to vacation each year.

There are some advantages to timeshares. They provide a guaranteed vacation destination each year in a familiar place. This is great for people who value familiarity. Timeshares also

make it possible to afford a vacation in an expensive resort. Sometimes a person can trade times or locations with other timeshare owners, enabling more versatility and new destination experiences. For those who have to skip a year, it may be possible to sublet the timeshare or let family and friends use it if the agreement allows.

Timeshares have some notable drawbacks as well. Cost-efficiency is one notable drawback of timeshares. The American Resort Development Association, a trade group for timeshare companies, offers that the average cost of a timeshare is around \$20,000, with an annual maintenance fee of \$660. Those fees are paid even if the resort isn't used that year. Chances are a person can get a comparable vacation elsewhere for a lower cost — especially with the abundance of vacation property rentals available from tradition-

al hotels as well as sites such as Airbnb.

A timeshare is not like a traditional real estate investment. According to Investopedia, it is an illiquid asset that is likely to lose value over time. Those who decide to sell their timeshares often find they must do so at a deep discount. Furthermore, those who sell a timeshare at a loss may find the Internal Revenue Service doesn't let them claim a capital loss, which is often the case with other investments and property.

To make timeshares work, individuals can opt to buy used, which is often at a fraction of the cost offered new by resort developers. Also, realize that a timeshare is a lifestyle purchase, not exactly a real estate investment. Timeshares are not a way to turn a profit. Try to purchase in desirable locations as well. Doing so increases the likelihood of resale in the future.

## LEGALS

### TOWN OF BRIMFIELD PLANNING BOARD PUBLIC HEARING

The Brimfield Planning Board will hold a public hearing on May 1, 2019 at 7:00 PM in the Town Hall (21 Main Street) regarding the town meeting articles regarding proposed zoning by-law changes. The proposed zoning by-law changes will affect the following sections:

To see if the Town will vote to amend Zoning Bylaw Section 12: Temporary Moratorium on Recreational Marijuana Establishments; to Adult Use Marijuana Establishments

To see if the Town will vote to amend Zoning Bylaw Section 3, by inserting a new paragraph in Section 3.1 prohibiting the operation of so called "recreational" or "adult use" marijuana establishments in the Town of Brimfield

To see if the Town will vote to amend Zoning Bylaw Section 7A: Large-Scale Ground-Mounted Solar Photovoltaic Installations in the Business District; by inserting "and Residential/Agricultural Districts" and by adding the following: Large-Scale Ground-Mounted Solar Photovoltaic Installations may be permitted only upon issuance of a special permit by the Special Permit Granting Authority (SPGA) is the Zoning Board of Appeals) and upon issuance of Site Plan approval by the by the Planning Board under such conditions as each board may require. And further amend Section 3.1 Lot Requirements; Large-Scale Ground-Mounted Solar Photovoltaic Installations shall be permitted on lots larger than 5 acres in the Busi-

ness District; to strike out 5 insert 15 acres, and insert "and Residential/Agricultural Districts"

By Petition: To amend Section 1.2 as it pertains to the Business District to add the following (prior to; as laid out by the Commonwealth of MA) and inserting: "An additional exception, adding specific parcels to the Business District exclusively for the construction of a Large-Scale Ground-Mounted Photovoltaic Installation (as allowed under the terms and definitions of Section 7A of these by-laws) on the following parcel on Holland Road, 17-0-6 as shown on the Assessors Maps for the Town of Brimfield"

By Petition: To amend Section 1.2 as it pertains to the Business District to add the following (prior to; as laid out by the Commonwealth of MA) and inserting: "An additional exception, adding specific parcels to the Business District exclusively for the construction of a Large-Scale Ground-Mounted Photovoltaic Installation (as allowed under the terms and definitions of Section 7A of these by-laws) on the following parcel on Holland Road, 17-C-2 and 17-C-2.1 as shown on the Assessors Maps for the Town of Brimfield"

For the complete narrative of this proposed changes please visit <http://www.brimfieldma.org> under "town news", visit the Town Hall Annex at 23 Main Street or contact the Planning Board at [planning@brimfieldma.org](mailto:planning@brimfieldma.org).  
April 12, 2019  
April 19, 2019

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IC: H9VS-A174

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**DUDLEY** - 4 Tobin Dr! TOBIN FARM ESTATES!!! 11 Rm 3,638' Colonial! 4 Bdrms! 2.5 Baths! 2 Story Grand Foyer! Liv & Din Rm w/Hrdwds & Custom Wainscoting! Fully Appliance/Garage Eat-in Kit w/Maple Cabs & Island! 1st Flr Frpld Fam Rm w/Klipsch Surround Sound, Skylights, Hrdwd Flrs & Recessed Lighting! Sunrm off the Kit! 1st Flr Laundry! Composite Deck w/Winyl Railings! Master Suite w/New Carpet, Walk-in Closet & Full Bath w/Skylight! 3 Add'l Bdrms on 2nd Flr! You'll Love the Finished Lower Level w/Custom Wet Bar, Kegenerator, Wine Fridge, Stools & Surround Sound! Plumbed for Future Bath! Flat Back Yard w/New Horse Shoe Pit, Garden, Shed, Fire Pit & More! 2 Car Garage! **\$499,000.00**

**DUDLEY** - 73 Tracy Rd! Majestically Perched on a Knoll, 1.47 Acres Beautifully Landscaped, Spacious 2252' 8 Rm Colonial! Stainless Appliance Eat-in Country Kit w/Center Isl, Pantry Closet, Recessed Lighting, Tile Flr & French Dr to Deck! Formal Din Rm w/Hrdwd Flr & Classic 3 Windowed Bumped-out Wall Entry Foyer! Formal Living Rm w/Hrdwd Flr! The Fireplaced Family Rm w/Wide Plank Hrdwd Flr will keep the Family Close! Side Entry Hall Dble Closet, Hall Bath w/Laundry Closet! Upstairs 4 Comfortable Bdrms, 2 w/Hrdwd, 2 w/Wall to Wall all w/Pleanty of Closet Space! 18 Master Bdrm w/Hrdwd, Ceiling Fan, Walk-in Closet, Master Bath w/Granite Vanity & Tile Flr! Off the Hrdwd Hall the 2nd Full Bath w/Dble Sinks, Granite Vanity, Tile Flr & Linen Closet! Breezeway Attached 2 Car Garage! Quick Closing Possible, Start Packing! **\$349,900.00**

**THOMPSON** - 854 Thompson Rd! Appealing 9 Room Split! Beautiful .63 Acre Lot! Appliance/Garage Kitchen! Dining & Fireplaced Living Rm w/Hardwoods! 17x18 Cathedral Ceiling Great Rm w/Tile Floor! 3 or 4 Bedrooms, 3 w/Hardwoods! Fireplaced Family Rm! Updated Full Bath! 1.5 Baths Total! 2 Car Garage! Recent Furnace! 18x24 Deck! Shed! Convenient to 395 in both Directions, Close to Raceway Golf Course & Thompson Speedway! **\$244,900.00**

**WEBSTER** - 26 Spring St! 5 Rm Ranch on Quiet Side Street! Walk into the 3 Seasons Rm w/Tile Flr, Ceiling Fan & Slider to Deck! Cabinet Packed Eat-In Kit! Spacious Liv Rm w/Hrdwds! 3 Bdrms! Finished Lower Level w/Tile Flr, 10' Bar w/Drop Lights! Vinyl Siding! Replacement Windows! **\$239,900.00**

**PUTNAM** - 49 Fox Road! Fantastic 2,680' 9+ Room Center Hall Colonial Set on 3 Beautiful Acres! Featuring Center Island Stainless Appliance Kitchen! Formal Dining & Living Rooms w/Hardwoods! Comfortable Brick Fireplaced Family Room! Office/Den! Half Bath w/Laundry Closet! Side Entry Foyer w/Coat Closet! Upstairs to 4 Spacious Bedrooms! Huge Master w/Hardwoods, Full Bath & Walk-in Closet! Full Hall Bath w/Double Sinks! Full Walk-up Attic w/Plumbing Leads for Additional/Future Expansion! 5 Zone Oil Heat! 24X30' Detached Garage w/Second Floor Storage! Convenient to Everything Putnam! **\$379,900.00**

**DUDLEY** - 24 Hickory Dr! 8 Rm 50' Split on Dble Corner Lot! Fully Appliance SS Kitchen w/Tile Flr, Cherry Cabinets, Corian Counters & Island! Din Rm w/Slider to Deck! Liv Rm w/Cherry Cabinetry, Recessed Lights & Picture Window! Slate Entry w/Coat Closet! Full Bath w/Tile Flr! Master w/Wall to Wall, Triple Closet & Recent Refreshed Master Bath! 2nd & 3rd Bdrms w/Wall to Wall & Dble Closets! Lower Level Fam Rm w/Stone Fireplace w/Pellet Insert! Office/Play Rm w/Wall to Wall! Half Bath w/Recent Vanity! C/Air! Oil Heat! 2 Car Garage! Generator! Replacement Windows! Flexible Floor Plan! **\$299,900.00**

**OXFORD** - 8 Vine St! Ideal 6 Rm Ranch! Remodeled Granite Kit w/New Cabinets, SS Appliances! New Vinyl Tile Flr! Frpld Liv Rm, Gleaming Hrdwds, Bay Window! 3 Bdrms w/Hrdwds! Updated Bath w/Granite Vanity! Fam Rm w/Wet Bar! Freshly Painted! 2 Car Attached Garage! In-ground Pool! Shed & Kennel! **\$274,900.00**

**OXFORD** - 28 Brown Rd! Country Setting Yet Close to Everything! 6 Rm Split set on 1.32 Acres w/Beautiful Pastoral Views! Recent Appliance Quartz Kit! Frpld Liv Rm! 3 Bdrms! Recent Wood Laminate Flooring Throughout! 2 Full Baths! New Furnace! Recent 3 Car Garage! **\$319,900.00**

**SUTTON** - 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Generator! Super Easy Access to Rte 146! **\$464,900.00**

**WEBSTER LAKE** - 50 West Point Rd! Killdeer Island! Stunning 4,700' Entertainers Dream! Magnificent Sunsets! Built 2016, It Has It All! Expansive 2 Story Foyer! Cherry Cabinet Kit w/Oversized Center Isl, Dble Oven, High End Appliances and Walk-in Butler's Pantry! Din Rm w/Wet Bar, Sliders to 14x30' Deck! Bright & Airy Liv Rm Overlooking the Lake, Custom Built Cabinets, Gas Frpld! 1/2 Bath + Laundry Nearby! An ELEVATOR to Service All 3 Floors! Glorious Stairway leads up to 3 Spacious Bdrms each with their Own Private Baths! Luxurious Master w/Tray Ceiling, Walk-in Closet + Private Balcony! Expansive Master Bath, Soaker Tub & Large Tile Shower! Walk-up Attic w/Expansion Possibilities! Lower Level boasts Full Kit, 1/2 Bath, Lake Facing Fam Rm, Media/Exercise Rm + Lake Facing Bdrm w/Prplc & Private Bath! Slider to Patio! 13 Individual Splits to Control Rm Temps! Oversized 2 Car Garage! This Home is Loaded w/Quality & Detail! Quick Closing No Problem! Don't Delay! **\$1,199,000.00**

**WEBSTER** - 18 McGovern Ln! Brian Acres! Hospital Near! 26X64' 7 Room Ranch! Attached 2 Car Garage! Level 25,050', 58 Acre, Lot w/167' Rd Front! Appliance Kit w/Breakfast Bar! Formal Dining! 22' Liv Rm! Frpld Fam Rm! 3 Bdrms! Halfway Full Bath! Master Bdrm w/Half Bath! 1st Flr Laundry Rm! Brand New Wall to Wall Carpet Throughout! Recent Oil Furnace - 2 Zones Heat! C/Air! C/Vac! Huge Basement! Quick Closing Possible! Convenient to 395! **\$274,900.00**

**THOMPSON** - 36 Ledge Rd! QUADDICK RESERVOIR! Ideal Vr Rd 6 Rm, 2 Bdrm, 2.5 Bath Ranch Built in 04! 80' Waterfront! 10,669' Lot! 40' Deck! Granite Kit! Lake Facing Liv Rm, Bdrms & Fam Rm! Master Bath! "Bubblers" Oil Heat! Generator! Boat Dock & Ramp! 99 Year Lease, \$4,300/yr! **\$329,900.00**

**DOUGLAS** - 36 Cedar St! Badluck Pond (110Acres) aka Cedar Lake & Laurel Lake! 2.74 Acres! 633' Waterfront! 471' Road Frontage! Beautiful Private Setting! 27X86', 2,688' Custom Cedar Ranch w/Hrdwds! Spectacular, Open, Frpld, Cedar Cathedral Ceiling, Sky Lighted Great Rm Highlights Home! Custom Island Kit! Lake Facing Master! 2.5 Baths! All Closets are Cedar! 96' Screened Porch! Plus 36X72' 2 Story Heated Boat! House/Garage w/5 Rm Caraker/Tr-Lap Apartment w/2 Bthrms! 5 Full + 2 Half Baths Total! Year Round Country Waterfront Retreat! **\$599,900.00**

**WEBSTER LAKE** - 39 Bates Point! Panoramic Views of South Pond! Southern Exp! Park Like Grounds! Extensive Patio, Paver Walkways & Perennial Gardens! 18X24 Covered Composite Deck, w/Winyl Railings! 90' U-Shaped Dock! Beautiful 7 Rm A/C'D Ranch! 14,549' Level Lot! Lake Facing Cathedral Ceiling Great Rm w/Gas Fireplace, Maple Hrdwd Flrs, Custom Granite Wet Bar w/Maple Cabinetry! Appliance Kit w/Maple Cabinets & Porcelain Tile Flr! Formal Din Rm w/Cathedral Ceiling, Skylight & Birch Flooring! 20' Master w/Cathedral Ceiling, Skylight, Ceiling Fans, Walk-in Closet & Dble Closet! Bthrm w/Trayline Flr, Dble Granite Vanity, Custom Tile Shower, Linen Closet & Cathedral Ceiling w/Skylight! Entry Foyer! Mud Rm w/Tile Floor! Finished Walk-out Lower Level w/2 Bdrms, 1 Lake Facing! Liv Area w/Wet Bar & Frig! Full Bath! Laundry Rm! Work Shop & Storage! 26X32 Detached Garage w/2 Stalls & 2nd Flr Storage! Start Packing! **\$749,900.00**

**DUDLEY** - 13 Oakwood Ave! Mason Road Area! 7 Rm Cape! HARDWOOD FLOORS Throughout! Home Offers Quiet Kitchen, Open Concept Dining & Living Rm! 2,412' 8 Rm Compst! Just Renovated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$555,000.00**

**WEBSTER LAKE** - 704 Treasure Island! 1.874 Townhouse! 6 Rm! 1.874! Hrdwds! SS Appliance Quartz Kit! Open Flr Plan! 2 Bdrms! Master Bath w/Dble Vanity! 2.5 Baths! Frpld Fam Rm! Newer C/Air & Gas Heat! Trex Deck! Garage! 2 Boat Slips! Heated Pool, Sandy Beach! **\$344,900.00**

**MILLBURY** - WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres w/500' on the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117 French Country Villa w/Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stone-walled Gated Entry, Long Private Drive to its Stately Appearance! Sprawling Stone & Slate 6+ Rm Masterpiece! Light Abundant! Cathedral & Tray Ceilings w/Skylights! Unique Country Kitchen! Formal Dining Rm! Frpld Great Rm! Lake Facing Spacious Master Suite w/Everything You'd Expect! 3 Comfortable Bdrms! 3 Full Bathrooms! C/Air! Garages - 1 & 2 Car Detached Garages! Reward Yourself! **\$999,000.00**

**WEBSTER LAKE** - 50 Union Point Rd! Panoramic Views of Middle Pond - South Facing - Tons of Sun! Principal Residence or as a Second Home this 6+ Rm Gambrel Colonial will be Ready for You! You'll Appreciate its Easy Access and Taken Back by the Ever Changing Lake Vistas! Featuring Appliance Kitchen w/Island, Dining Area, Lake Facing Fireplaced Living Rm with Custom Cabinetry, All with Hardwood Floors! Ideal Lake Facing 3 Seasons Rm w/Tile Floor & Anderson Sliders All Around! 3 Second Floor Bedrooms! Spacious Lake Facing Master w/Cathedral Ceiling & 2 Sliders to its Private Deck! 2 Full Baths! Central Air! Composite Decks & Flag Stone Patio for Your Enjoyment! 7,405' Lot with 50' on the Water! Sorry, Closing not before 9/10/2019! **\$689,900.00**

**WEBSTER LAKE** - 17 Wakefield Ave! South Pond! Western Exposure! Protected from the Storms - Quiet Cove! 24 Acre Lot! 104' Waterfront! Water Views! 2,412' 8 Rm Compst! Just Renovated! 4 Bdrms! 2 Baths! Cathedral! Skylights! 2 Fireplaces! C/Air! Composite Decks! Patio! 2 Car Carport! **\$555,000.00**

**WEBSTER LAKE** - 37 Bates Grove Rd! South Pond! As a Second Home, Getaway or Expand it into Your Dream Home - Have Possible Plans! 4+ Bedrooms! Open Floor Plan! Appliance Kit! 2 Bedrooms! Bathroom! Covered Deck! Ideal Gradual Sloping Lot w/Panoramic Lake Views! **\$399,900.00**

**WEBSTER LAKE** - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since 2002! Custom Center Island Appliance Kitchen w/Walk-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bath! Open Floor Plan! Dining Rm w/Window Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm w/Hardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master w/Cathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor, Huge Corner Shower w/Seat, Double Linen Closet! Full Hall Bath! Halfway Laundry Closet! Lake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! **\$629,900.00**

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**WEBSTER LAKE** - 37 Bates Grove Rd! South Pond! As a Second Home, Getaway or Expand it into Your Dream Home - Have Possible Plans! 4+ Bedrooms! Open Floor Plan! Appliance Kit! 2 Bedrooms! Bathroom! Covered Deck! Ideal Gradual Sloping Lot w/Panoramic Lake Views! **\$399,900.00**

**WEBSTER LAKE** - 36 Ledge Rd! QUADDICK RESERVOIR! Ideal Vr Rd 6 Rm, 2 Bdrm, 2.5 Bath Ranch Built in 04! 80' Waterfront! 10,669' Lot! 40' Deck! Granite Kit! Lake Facing Liv Rm, Bdrms & Fam Rm! Master Bath! "Bubblers" Oil Heat! Generator! Boat Dock & Ramp! 99 Year Lease, \$4,300/yr! **\$329,900.00**

**WEBSTER LAKE** - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since 2002! Custom Center Island Appliance Kitchen w/Walk-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bath! Open Floor Plan! Dining Rm w/Window Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm w/Hardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master w/Cathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor, Huge Corner Shower w/Seat, Double Linen Closet! Full Hall Bath! Halfway Laundry Closet! Lake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! **\$629,900.00**

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\* 1800 sq. ft. of Living Area  
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MA Cert: MACR #75485 RI Cert: CRA.0030012  
369 Main St., Suite 9 Spencer, MA 01562  
ph/fax 855-243-8267

**Spencer** - Charming contemporary with lake views & beach rights. 6 room, 3 bedroom, 2 bath in turn key condition! **\$314,900.**

**Spencer** - TWO Cranberry Meadow Lake waterfronts! 2800sf contemporary home & a 2 bedroom year-round cottage! **Both for \$630,000 OR just the contemporary for \$420,000.**

**Leicester** - Just off Rt. 9, Worc line! Sargents Country Barn! 3 story retail building, plenty of parking \$299,900 (on separate lot) & with detached single family w/ in law and warehouse/storage building (on same lot) **\$649,900**

**Charlton** - Can be completed in 30 days! New hip roof colonial! 7 rm, 4 bdrm, 2.5 ba, 1.42 acre. Pick flooring, paint colors! **\$359,900**

**Spencer** - Handyman/rehabbers take a look at this Cape on Main St! 5 rm, 3 bdrm, 1 ba, 1300 sf, town w/s, **\$109,900**

## Open House Directory

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, APRIL 20				
DUDLEY				
32 Partridge Hill Rd	S	11-1pm	\$249,900	Re/Max Professional Associates Patrick Sweeney 774-452-3578

To have your open house listed in this directory.  
Please contact Patricia Owens 508-909-4135

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Patrick Sweeney 774-452-3578

Have a Happy Easter Holiday with good friends & family



DUDLEY: Who doesn't love low taxes? 6.7 acres, brick Cape, with 3.5 baths, 3 story barn, cherry cabinet kitchen views of the private grounds, 4 bedrooms.  
7 Dudley Oxford Rd ~ \$449,900

**NEW LISTING**



WEBSTER: 55+ community, 2 baths, 1600 sq. ft. detached home in private adult community, upgrades include hardwood flooring, lighting, custom shades, and open floor plan, central air.  
16 Concord Court ~ \$359,900

**NEW TO MARKET**



DUDLEY: 2 bedrooms 2nd floor unit, freshly painted and carpeted bedrooms.  
12 Fairview Ave #8

**FEATURE PROPERTY**



**OPEN HOUSE - SATURDAY 11-1**  
DUDLEY, MA  
32 Partidge Hill Road  
\$249,900  
RECENTLY REMODELED!  
MUST SEE!

**RUTLAND, MA**  
3 Brooke Haven Dr  
4 Bed, 2 1/2 Baths,  
Lots of Land  
\$359,900

**WEBSTER**  
8 Oakmont  
\$94,900  
SPECIAL BANK FINANCING AVAILABLE

**DUDLEY**  
323 Mason Rd Ext.  
\$229,900  
Move In Ready  
Recently Renovated  
3 Bedroom  
Raised Ranch

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# HERE & THERE → Local Events, Arts, and Entertainment Listings

## FRIDAY, APRIL 26

**CHRIS BREAULT**  
7-10 in the bar  
308 Lakeside  
308 East Main Street  
East Brookfield, MA 01515  
774-449-8333

## SATURDAY & SUNDAY APRIL 27 & 28

**ANNUAL FISHING DERBY**  
Registration opens  
6 am; fishing at 8 am  
Cash prizes & trophies  
Spencer Fish & Game  
Club  
155 Mechanic Street  
Spencer, MA 01562

## FRIDAY, MAY 3

**MURDER MYSTERY DINNER**  
6:30 pm. An interactive dinner theater  
The Fashionable Murders

Join us for a laugh-filled night, a great dinner, and a mystery we need help solving  
Advance ticket sales required  
sailemrossinn.com or call 508-867-2345

260 West Main Street  
West Brookfield, MA 01585

## FRIDAY & SATURDAY MAY 3 & 4

**65TH ANNUAL WINDHAM COUNTY 4-H AUCTION & TAG SALE** at Windham County 4-H Outdoor Center, 326 Taft Pond Rd, Pomfret, CT.

Auction - Preview at 5pm both nights, unique and antique goods and services, live plants, tickets to events. Venues and vacation spots for the whole family. Silent auction baskets and 50/50 raffle both nights. Auction starts at 6pm on Friday. New this year, auction of outdoor equipment and furniture starts at 5:30 PM on Saturday. Tag Sale Early bird buy in to 3,500 square feet of bargains \$5.00/person from 10:30 - 12:00 on Friday, May 3 (\$5/person). Tag Sale open free to all from 12:00 - 5:00 on Friday and 9:00 - 5:00 on Saturday. Mary's Kitchen open during all open hours both days.



## FRIDAY, SATURDAY, SUNDAY MAY 3, 4, 5

**KLEM'S SPRINGFEST + TENT SALE**  
Kids' bounce house and huge savings!  
KLEM'S  
117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com

## SATURDAY, MAY 4

9-11 a.m.  
Mr. Dennis Reiter of PeaceMaker Ministries will facilitate a seminar entitled "RESOLVING RELATIONAL CONFLICT"  
Creation Church  
47 W. Thompson Rd., Thompson, CT (near the dam) creationchurch.org

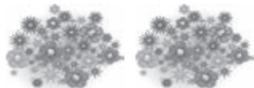


## THURSDAY, FRIDAY, SATURDAY, SUNDAY MAY 9, 10, 11, 12

**RECORDS & BURPEE CHILDREN'S ZOO AT KLEM'S** Educational family fun!  
KLEM'S  
117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
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## FRIDAY, MAY 10

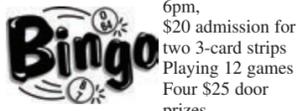
**SECOND CHANCE PET ADOPTIONS AT KLEM'S**  
2 p.m. - 4 p.m.  
Come visit the dogs and cats available  
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117 West Main St., Spencer, MA  
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## SATURDAY MAY 11

**PLANT & FLOWER SALE**  
9am-2 pm  
sponsored by Quiet Corner Garden Club! In the Agriculture Building at Woodstock Fairgrounds FREE PARKING - NO PETS (except service animals) HUGE! SILENT AUCTION & RAFFLE

## BINGO NIGHT EVENT



6pm,  
\$20 admission for two 3-card strips  
Playing 12 games  
Four \$25 door prizes  
Raffles, snacks, daubers available for purchase. Cash bar  
For ticket info email ccbingo511@gmail.com or call 978-339-3724  
Under 18 not permitted  
Proceeds to benefit outreach ministries of Christ Church, Rochdale, MA  
Leicester Rod & Gun Club  
1015 Whittemore Street  
Leicester, MA

## FRIDAY, JUNE 21

**SECOND CHANCE PET ADOPTIONS AT KLEM'S**  
2 p.m. - 4 p.m.  
Come visit the dogs and cats available  
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508-885-2708 (Ext. 104)  
www.klemsonline.com

## FRIDAY, JULY 19

**SECOND CHANCE PET ADOPTIONS AT KLEM'S**  
2 p.m. - 4 p.m.  
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117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
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## FRIDAY, SATURDAY, SUNDAY JULY 19, 20, 21

**DockDogs at Klem's** Canine Aquatics Competition!  
KLEM'S  
117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com

## FRIDAY, AUGUST 9



Join us for a Red Sox game: for \$105: round-trip motor coach transportation, ticket to game (right field box seating rows A-G) Bus departs Danielson at 4pm. Call 860-423-2591. Reserve your spot now!!

## FRIDAY, SEPTEMBER 13,

### MURDER MYSTERY DINNER

6:30 pm  
An interactive dinner theater  
The Fashionable Murders  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving  
Advance ticket sales required  
sailemrossinn.com or call 508-867-2345  
260 West Main Street  
West Brookfield, MA 01585

## SUNDAY, OCTOBER 27,

### MURDER MYSTERY DINNER

6:30 pm  
An interactive dinner theater  
The Fashionable Murders  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving  
Advance ticket sales required  
sailemrossinn.com or call 508-867-2345  
260 West Main Street  
West Brookfield, MA 01585

## SUNDAY, NOVEMBER 15

6:30 pm  
Murder Mystery Dinner  
An interactive dinner theater  
The Fashionable Murders  
Join us for a laugh-filled night, a great dinner, and a mystery we need help solving  
Advance ticket sales required  
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260 West Main Street  
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## ONGOING

MARCH 21 - APRIL 25  
ACTING CLASSES AT BRADLEY PLAYHOUSE  
in Putnam, CT for ages 7-17  
Thurs. evenings from 5:30-6:30

Call 860-928-7887 for info.

JUNE 5th THROUGH AUGUST 28th 5 p.m.

**WEDNESDAY NIGHT CRUISING FOR CHARITY CAR SHOW AT KLEM'S**  
All makes and models. Proceeds benefit the Masonic Children's Charity  
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117 West Main St., Spencer, MA  
508-885-2708 (Ext. 104)  
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**MARIACHI BAND**  
First Thursday of the month  
5-8 p.m.  
**MEXICALI MEXICAN GRILL**  
Webster location  
41 Worcester Rd., Webster, MA  
508-461-5070



**TRIVIA SATURDAY NIGHTS**  
7:00 p.m. register  
7:30 p.m. start up  
**HILLCREST COUNTRY CLUB**  
325 Pleasant St., Leicester, MA  
508-892-9822

**LIVE ENTERTAINMENT FRIDAY NIGHT**  
**HEXMARK TAVERN**  
AT SALEM CROSS INN  
260 West Main St., W. Brookfield, MA  
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**FRIDAY ACOUSTICS IN THE BAR AND SATURDAY ENTERTAINMENT EVERY OTHER SATURDAY**  
308 LAKESIDE  
308 East Main St.  
East Brookfield, MA 774-449-8333

**THE CENTRAL MA CHAPTER OF TROUT UNLIMITED**  
meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. Our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club  
50 Elm St., Auburn, MA

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The Gosselin Team



The White/Cook Team

**TEAM WINNERS**

### PRESIDENT'S CIRCLE Top 4% Nationally



Mary Collins



John Downs



Jennifer Jackson



Brooke Gelhaus

**INDIVIDUAL WINNERS**

## Recognized at the Berkshire Hathaway HomeServices National Convention

### LEADING EDGE Top 7% Nationally



Rachel Sposato



Mary Scalise

**INDIVIDUAL WINNERS**

### HONOR SOCIETY Top 13% Nationally



Robert Viani



Cliff Dunn

**INDIVIDUAL WINNERS**



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4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave message

ABOVE-GROUND SWIMMING POOL

24' x 54', filter system, 1 season. \$1,000 or best offer. 508-943-8769

ACORN STAIRLIFT

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ANGLE IRON CUTTER

For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

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black (youth) with mattresses (includes like-new bedding) \$350. Other furniture also available. Call Pat 508-949-9049

COFFEE & TWO END TABLES

Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

COMPLETE KIRBY G5 MICRON MAGIC PERFORMANCE SHAMPOO AND VACUUMING SYSTEM

- comes with all of the parts and instructional video. Excellent condition. \$400 firm. 860-942-0687

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84 inches long. Dark red fabric with pillows, good condition. \$150. 508-410-5167

CUB CADET SNOWBLOWER

13hp Tecumseh OHV. 45 in. width, trigger steering, 6FRWD, 2 REV, new condition. Hardly used! \$1,600.00. 508-347-3775

ELECTRICAL MATERIAL

Industrial, Commercial, Residential. Wire, Pipe, Fittings, Re-lays, Coils, Overloads, Fuses, Breakers, Meters, Punches, Pipe-Benders. New Recessed Troffer, Fluorescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each. Call 5pm-8:30pm. (508)867-6546

FLY RODS

- 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Battenkill BBS II. Asking \$200 each set or best offer. 508-347-3145

GARAGE CLEARANCE

ARTIFICIAL CHRISTMAS TREE, bush trimmer, glass top table, etc. 508-728-5559 (Spencer)

GARDEN MANURE

delivered. 4 yards. \$130. Call Prindle Hill Farm 508-320-3273 or 508-248-7335

Large entertainment hutch

black, in great shape. \$75 firm. 508-943-8107

LETTER PRESS COMMERCIAL PRINTING EQUIPMENT

- all together, poster press 14"x22", job press 10"x15", Seybold paper cutter (extra blade) 25"x36", wooden type cabinet, 12 draws of type, 1 lead cutting-saw, hand tool equipment, 2 steel draw cabinets. (will not sell separately) \$5,000. 508-764-4458

MOTORCYCLE GEAR

HARLEY DAVIDSON Women's black leather jacket Size L. \$100. Women's Leather chaps by CDI Riding Gear size-M \$50. 2 Harley Davidson women's vests 1 tan, 1 black \$50. each; Men's Widdler Electric heat vest size 42 \$25. Ladies Hudson Leather vest size L. \$25. HJC full face helmet yellow and grey brand new size S. \$75. HJC full face grey helmet size XS, used \$25. Ladies Tour Master rain gear size L yellow and black \$50. Call:413-245-6530

010 FOR SALE

MOTORS: 1/2HP 230/460V 1725RPM, 56 Frame \$30. 5HP, 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

MOVING - MUST SELL

3 piece electric reclining living room set, brown. \$300 free-pedestal table w/4 chairs 508-612-6485

Queen size bedroom set

dark cherry, includes bed frame, headboard, 2 bureaus, one end table \$500. Also lighter oval table with leaf and 4 cushion chairs, solid wood. \$200. 508-885-2262.

SMALL BUREAU

\$75. Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60R16 Eagle GA With Rim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. End Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!). Indian canvas painting \$60. 9 golf clubs \$100. Call 1-508-764-4458 or 1-774-452-3514

SNOW PLOW

Myers, 6 1/2' all controls and lights, great condition. Can be seen at Old Cider Mill, Rt. 9, West Brookfield or call 774-232-9382

SNOW TIRES, PIRELLI

245/45R19/102V M+S, 250 miles, \$1000, 508-564-3556

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Transport chair

Excel Deluxe w/ Medline 19" seat, up to 300 lbs. Used once. 508-637-1304

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propane gas, 6-sealed burner, 36" infrared broiler, as new, never lit, still in original packaging, w/ tags. Model VCGSC-5366BSS, trades considered. \$4,600 508-865-7470

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10hp Tecumseh, two stage, 30 in. width. Electric start, well maintained! \$600.00. 508-347-3775

100 GENERAL

105 BULLETIN BOARD

BLINGO & ITALIAN DINNER CHARITY EVENT Knights of Columbus N. Grosvenordale CT Friday May 10th 630p-930p 10 games of BINGO w/prizes & Italian dinner \$25 per person, must pre-purchase call 860-933-7085

FRENCH TEENS NEED FAMILIES NOW!

Host a French student for 3 weeks this Summer. Great cultural experience and fun! Compensation \$100 to \$150/wk. Contact KIM TODAY 508-763-3148 Facehill@comcast.net www.LEC-USA.com

107 MISC. FREE

FREE CONSTRUCTION WOOD AND KINDLING WOOD; beams, plywood, 2x4x, 2x6s, 2x8s, good for wood-stoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

110 NOVENAS

PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh Most Beautiful Flower of Mt. Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh Star of the Sea, help me and show me that herein You are my Mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech You from the bottom of my heart to succor me in my necessity. (Make request). There are none that can withstand Your power. Oh Mary, conceived without sin, pray for us who have recourse to Thee (three times). Say this prayer for three consecutive days. You must publish it and it will be granted. A.K.

Thanksgiving Prayer To The Blessed Virgin

(Never known to fail). Oh most beautiful flower of Mt. Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. Oh Star of the Sea, help me and show me herein, you are my mother. Oh Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, succor me in this necessity. There are none that can withstand your call. Oh, Mary conceived without sin, pray for us who have recourse to thee. (3 times) Sweet mother I pray for this cause in your hands. (3 times) Holy spirit, resolve all problems, light all roads so that I can attain my goal. You gave me the divine gift to forgive and forget all evil against me; in all instances of my life, you are with me. I want this short prayer to thank you for all things as you confirm once again that I never want to be separated from you even in spite of material things. I wish to be with you in eternal glory. Thank you for your mercy toward me and mine. This person must say this prayer three consecutive days. After three days the request will be granted. This prayer must be published after the prayer is granted. Thank you.

130 YARD SALES

\*\*\*\*\*  
DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL MASS. WEEKLY PAPERS  
Deadline subject to change due to holidays  
Call for more info  
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200 GEN. BUSINESS

205 BOATS

17 fishing boat w/trailer w/out-board 85 HP motor. Needs a little work. Call Ray for details. 774-230-2190 or 774-200-8342 leave message. \$3900 for all.

CANOE - 17' GRUMMAN ALUMINUM

flat bottom. Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

265 FUEL/WOOD

FIREWOOD

Cut, Split & Delivered. Green Wood Lots Wanted. Call Paul (508) 769-2351

283 PETS

FIVE POMCHI PUPPIES

2 females, 1 male, 8 weeks old. Vet checked and 1st shots. \$750 Call or text Pam 508-662-7741

Want to Place a Classified Ad?  
Call 800-536-5836

284 LOST & FOUND PETS

Did you find your pet?  
Or find a home for one?



LET US KNOW!!!

Please call us so that we can take your ad out of the paper...  
Town-To-Town Classifieds  
508-909-4111

287 FEED

HAY FOR SALE - \$4 a bale off wagon (pick up only), cash 508-826-3312

298 WANTED TO BUY

LEE'S COINS & JEWELRY \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMISMATIC COINS, Bullion items, gold & silver of any form! Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they're worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coins & Jewelry, 239 West Main Street, East Brookfield (Route 9 - Panda Garden Plaza) (508) 637-1236 or (508)341-6355 (cell)

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fieldstone walls - looking to purchase large quantities of old stonewalls. R.E. Barnes Fieldstone 978-355-2117

WANTED: 24' Pontoon Boat & trailer

(used). Webster area. 617-750-0969

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!!! EARLIER CASH WAITING!!! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 40 Years Experience. Call David 1-(508)688-0847. I'll Come To YOU!

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310 GENERAL HELP WANTED

HELP WANTED

Ciesla Construction Corp., 237 Fiske Hill Road, Sturbridge, Mass. 508-347-3455 CONSTRUCTION LABORER - ambitious, dependable, willing to learn about site & utility work. Apply in person, Mon-Fri, 8am-4:30pm

311 PART-TIME HELP WANTED

2nd and 3rd shift part-time dispatcher. We are looking for a part-time dispatcher for 1-3 nights a week. We are interested in people that are motivated to deliver the best service to our loyal customers. We will train qualified applicants. Dispatch Solutions, Inc. is an E/O/E. All applicants must pass a pre-employment drug screen and criminal background check to be eligible for employment. Call 508-347-5000 or email slawson@mobilemedtransport.com

325 PROFESSIONAL HELP WANTED

BASED IN North Brookfield

Home Every Night. Class A Driver And/Or General Mechanic For 18-Wheel Trailer Trucks \*\*\*\*\* Contact H.R. Salem Transport, LLC. (508) 867-3235

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Licensed Electricians and Experienced Helpers wanted for full-time work. Excellent opportunity! Call 508-942-9448.

400 SERVICES

442 LICENSED DAY CARE

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454 HOME IMPROVEMENT

FURNITURE DOCTOR

Have your furniture Professionally restored at reasonable rates. Furniture face lifting, painting, stripping to Refinishing, caring and repairs. ANTIQUE DOCTOR, Daniel Ross (508) 248-9225 or (860)382-5410. 30 years in business!

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500 REAL ESTATE

505 APARTMENTS FOR RENT

SOUTHBRIDGE

- 3 rooms for 1 person (bedroom, living room, kitchen). All appliances, rods/shades included. \$725 mo. 1st. security. No smoking, no pets. Util. not included. Elec. heat. 508-765-5129

546 CEMETERY LOTS

Pine Grove Cemetery

Whitinsville. Double plot for sale, lower than the going price. Yew Avenue. Call owner 774-602-8211

Worcester County Memorial Park

Garden of Valor, Paxton, Mass. 2 lots for sale, \$4000 for both lots. Call Alan at 508-885-4381

2001 CAD EL DORADO TC

72,000 miles. Must see! \$11,000. 7 Hartley Street, Webster, Mass.

2002 BMW 525IA

\$3995. Call Ray for more details. 508-450-5241

2007 TOYOTA COROLLA S

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2010 MAZDA M3 ISV

\$6800. Call Ray 508-450-5241

2016 CHEVY CRUZE LT

79,000 miles. 1.4 liter engine, blue, remote start, Weather tech mats. \$9000. Call 508-234-6944.

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2012, RWD, 71K, equipped with aluminum flatted with fold-down sides. Recent brakes, battery, ac compressor, tires, 10 ply. Ready to work. 10,000 GVW. \$17,000 508-943-1941 or 508-320-2765

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1 in good condition. 302 engine with automatic transmission. Lots of new parts. Call Eric at 508-987-2628. Serious buyers only.

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Edgewater Beach Resort, 95 Chase Avenue, Dennisport, MA 02639 On the water, Studio (Unit 706). Permanent Week 33 (August). Deeded rights. You'll own it for a lifetime & can be passed down to your children and grandchildren. REDUCED \$3500. (508) 347-3145

Local News

FOUND HERE!

576 VACATION RESOURCES

TIMESHARE FOR SALE full-flex week at The Manhattan Club in New York located across from Carnegie Hall. Great buy; illness forces this sale. Asking \$7,000. For details 508-248-5123

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Salem Cross Inn

RESTA



# Patio Door Special! Window Special!

Special ends on May 4<sup>th</sup>

**SAVE \$700**  
on every patio door<sup>1</sup>

**SAVE \$325**  
on every window<sup>1</sup>

Minimum purchase of four.

★ **EXTRA 3% Discount** ★  
★ When you pay for your whole project with cash, check or credit card<sup>1</sup> ★

Minimum purchase of four.

OR

**\$0** **0** **0%** **FOR 1**  
Down Monthly Interest **YEAR<sup>1</sup>**  
Payments

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.



- Our patio doors will continue to slide smoothly for years using **Andersen's dual ball-bearing engineering**
- Our **5-point locking system** on our patio doors provides top-of-the-line security and peace of mind
- Our composite Fibrex<sup>®</sup> window material is twice as strong as vinyl so our weather-tight seals stay weather-tight
- We handle the entire process—from **selling to installation to the warranty—on our windows and patio doors**, so if you ever have an issue, you're covered

**We handle every part of the replacement process**

- ✓ **Sell**
- ✓ **Custom-Build**
- ✓ **Install**
- ✓ **Warrant**



“ I would highly recommend Renewal by Andersen. The installation was performed by friendly and professional installers. They arrived on time and answered all my questions. They did an outstanding job and cleaned up after themselves. They gave detailed instructions on operating the windows and made sure I was completely satisfied. ”  
– Mark A., Renewal by Andersen customer, Attleboro, MA

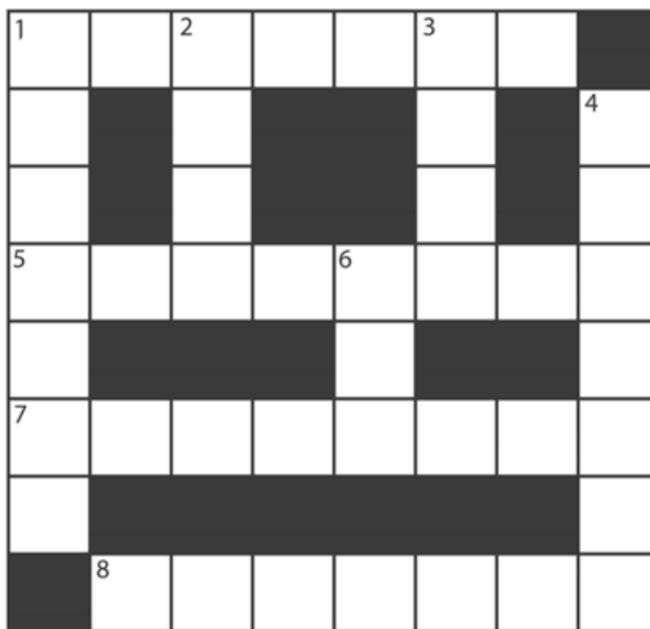


Call for your **FREE Window and Patio Door Diagnosis**  
**1-800-209-2746**

<sup>1</sup>DETAILS OF OFFER: Offer expires 5/11/2019. You must set your appointment by 5/4/2019 and purchase by 5/11/2019. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each patio door and either 12 months zero money down, zero monthly payments, zero interest or 3% off your entire order when you pay in cash, check or with a credit card when you purchase four (4) or more windows or patio doors between 4/1/2019 and 5/11/2019. The 3% discount for paying in cash, check or credit card is taken after the other discounts in this promotion are applied. Financing offer subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky<sup>®</sup> consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2019 Andersen Corporation. All rights reserved. ©2019 Lead Surge LLC. All rights reserved.



### Crossword Puzzle



#### ACROSS

- 1. Friendly and fun
- 5. Most chubby
- 7. Put at risk
- 8. Follows commands

#### DOWN

- 1. Young dogs
- 2. Older
- 3. Impulse
- 4. Gave refreshment
- 6. Hotel

Answers: ACROSS 1. Playful 5. Pudgiest 7. Endanger 8. Trained  
DOWN 1. Puppies 2. Aged 3. Urge 4. Watered 6. Inn

### THIS DAY IN...



- 1755: SAMUEL JOHNSON PUBLISHES HIS "A DICTIONARY OF THE ENGLISH LANGUAGE."
- 1912: THE TITANIC SINKS OFF THE COAST OF NEWFOUNDLAND.
- 1947: JACKIE ROBINSON MAKES HIS DEBUT FOR THE BROOKLYN DODGERS.



ROUGHLY 89 MILLION OF THESE PETS RESIDE IN HOMES IN THE UNITED STATES.

ANSWER: DOGS

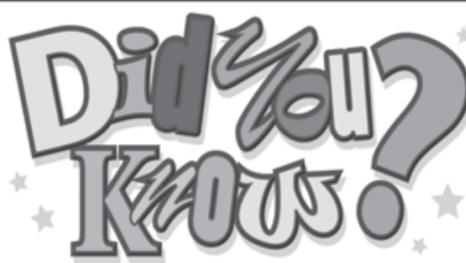


### HEEL

a position of walking a dog to be at your heel

### How they SAY that in...

- ENGLISH:** Paw
- SPANISH:** Pata
- ITALIAN:** Zampa
- FRENCH:** Patte
- GERMAN:** Pfote



MANY DOGS GET NERVOUS DURING LOUD THUNDERSTORMS AND FIREWORKS DISPLAYS.



Can you guess what the bigger picture is?

ANSWER: DOG TREAT



### CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to lawn and garden care. Each number corresponds to a letter. (Hint: 10 = o)

- A. 3 10 22 23 26**

Clue: Cuts lawns

- B. 9 10 17 8**

Clue: Dirt

- C. 24 10 3 18 10 9 12**

Clue: Fertilizing material

- D. 22 23 23 1 17 7 21**

Clue: Removing errant plants

Answers: A. mower B. soil C. compost D. weeding

### SUDOKU

			8		4			
6	1	9						5
1					5			
	6		5	1	8	7		
4		7			6		9	
7					1			
5					3	1		6
						2		7

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	3	1	6	9	4	2	5	7
5	9	2	7	8	3	1	4	6
7	4	6	2	5	1	9	3	8
4	5	7	3	2	6	8	9	1
9	6	3	5	1	8	7	2	4
1	2	8	9	4	7	5	6	3
2	8	4	1	3	5	6	7	9
6	1	9	4	7	2	3	8	5
3	7	5	8	6	9	4	1	2

ANSWER:

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**It's important to us.**

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<p><b>2016 CHEVY EQUINOX LT</b> #39386L • 17" ALLOYS, MYLINK, PREMIUM AUDIO, BACK-UP CAM</p> <p>NEW Retail Price: <del>\$29,795</del> WHOLESALE PRICE: <b>\$16,500</b></p> <p><b>SAVE \$13,300 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 FORD F-150 4X4</b> #18188A • SUPERCAB, HITCH, V6, HEATED SEATS, BLUETOOTH</p> <p>NEW Retail Price: <del>\$39,610</del> WHOLESALE PRICE: <b>\$26,000</b></p> <p><b>SAVE \$13,600 OFF OF RETAIL PRICE!</b></p>	<p><b>2017 JEEP RENEGADE</b> #39344L • LATITUDE TRIM, ALLOYS, 4X4, MOONROOF, NAV, TURBO</p> <p>NEW Retail Price: <del>\$29,005</del> WHOLESALE PRICE: <b>\$20,500</b></p> <p><b>SAVE \$8,500 OFF OF RETAIL PRICE!</b></p>
<p><b>2016 FORD ESCAPE SE</b> #P11861L • HEATED SEATS, 4X4, TURBO, ALLOYS, BLUETOOTH</p> <p>NEW Retail Price: <del>\$29,095</del> WHOLESALE PRICE: <b>\$16,000</b></p> <p><b>SAVE \$13,100 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 HYUNDAI SANTA FE</b> #H0560L • ALL-WHEEL DRIVE, SPORT TRIM, 17" ALLOYS</p> <p>NEW Retail Price: <del>\$28,305</del> WHOLESALE PRICE: <b>\$17,000</b></p> <p><b>SAVE \$11,300 OFF OF RETAIL PRICE!</b></p>	<p><b>2017 HYUNDAI ACCENT</b> #H0725R • SE, GREAT ON GAS, SATELLITE RADIO, PWR PKG</p> <p>NEW Retail Price: <del>\$17,190</del> WHOLESALE PRICE: <b>\$11,000</b></p> <p><b>SAVE \$6,200 OFF OF RETAIL PRICE!</b></p>
<p><b>LIKE NEW 2017 GRAND CHEROKEE LAREDO 4x4</b> #D9488</p> <p>NEW RETAIL PRICE: <del>\$37,490</del> WHOLESALE PRICE: <b>\$24,000</b></p> <p>Keyless Start, Alloys, Parking Sensors, Back-Up Camera, Bluetooth, Roof Rails.</p> <p><b>SAVE \$13,500 OFF OF RETAIL PRICE!</b></p>	<p><b>SPECIAL PURCHASE #S119073A</b></p> <p><b>Like New 2015 CHEVY TRAVERSE SUV</b> ALL-WHEEL DRIVE LT TRIM</p> <p>NEW RETAIL PRICE: <del>\$38,095</del> STARTING AT ONLY: <b>\$20,984</b></p> <p>6 Available Heated Seats, Back-Up Cam, 3rd Row Seats, Alloy Wheels!</p> <p><b>SAVE \$17,100 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2018 CHEVY SILVERADO 1500 LT 4x4</b> #39523L</p> <p>NEW RETAIL PRICE: <del>\$40,675</del> WHOLESALE PRICE: <b>\$31,484</b></p> <p>Double Cab, Premium Audio, V8, Alloys, 8" LCD, Only 13k Miles!</p> <p><b>SAVE \$9,200 OFF OF RETAIL PRICE!</b></p>
<p><b>2015 DODGE DURANGO</b> #D9636 • MOONROOF, ALLOYS, HEATED LEATHER, NAV, AWD</p> <p>NEW Retail Price: <del>\$38,680</del> WHOLESALE PRICE: <b>\$26,777</b></p> <p><b>SAVE \$11,900 OFF OF RETAIL PRICE!</b></p>	<p><b>2018 KIA SORENTO SX</b> #P12019L • ALL-WHEEL DRIVE, V6, 19" ALLOYS, MOONROOF, NAV</p> <p>NEW Retail Price: <del>\$41,790</del> WHOLESALE PRICE: <b>\$30,844</b></p> <p><b>SAVE \$10,900 OFF OF RETAIL PRICE!</b></p>	<p><b>2016 FORD EDGE SE</b> #P11919L • ALL-WHEEL DRIVE, BACK-UP CAM, TURBO, ALLOYS</p> <p>NEW Retail Price: <del>\$33,085</del> WHOLESALE PRICE: <b>\$17,500</b></p> <p><b>SAVE \$15,600 OFF OF RETAIL PRICE!</b></p>
<p><b>2016 HYUNDAI ELANTRA</b> #H8595A • SE SEDAN, FUEL EFFICIENT, SATELLITE RADIO</p> <p>NEW Retail Price: <del>\$22,305</del> WHOLESALE PRICE: <b>\$11,000</b></p> <p><b>SAVE \$11,300 OFF OF RETAIL PRICE!</b></p>	<p><b>LIKE NEW 2015 FORD EDGE SEL AWD SUV</b> #P11805L</p> <p>NEW RETAIL PRICE: <del>\$34,985</del> WHOLESALE PRICE: <b>\$20,854</b></p> <p>All-Wheel Drive, Alloy Wheels, Satellite Radio, Moonroof, Leather.</p> <p><b>SAVE \$14,100 OFF OF RETAIL PRICE!</b></p>	<p><b>2007 BUICK LUCERNE</b> #39394A • CXL TRIM, 17" ALLOYS, MOONROOF, LEATHER SEATS</p> <p>NEW Retail Price: <del>\$21,400</del> WHOLESALE PRICE: <b>\$5,999</b></p> <p><b>SAVE \$15,400 OFF OF RETAIL PRICE!</b></p>
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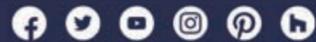
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# HEALTH

SPRING 2019

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# Assisted Living vs. Nursing Home

## True or False: "Assisted Living" Is Just a Nicer Name for "Nursing Homes"

Does your parent have escalating health and personal care needs? It might be time to consider an assisted living facility or a nursing home. Although some individuals think they are the same, the care and services each facility provides is distinctly different. Our experienced and dedicated team at our assisted living community, Wyndemere Woods in Woonsocket in Rhode Island, has provided a basic overview to help you make the correct choice for your loved one.

### What is an Assisted Living Facility?



An assisted living facility provides housing and personal support for daily activities. This typically includes assistance with bathing, dressing, eating and medication. Communities like Wyndemere Woods also offer a range of onsite facilities such as meals, housekeeping, laundry, recreational activities and exercise programs. If your family member requires continual medical care and attention, a nursing home is more appropriate than an assisted living facility.

### What is a Nursing Home?

A senior with a chronic illness, physical disability or mental illness (like dementia or Alzheimer's) would require a nursing home. Also known as a long-term care home, nursing staff is on hand 24/7 to monitor and provide professional care for your family member. This type of retirement home offers a high level of medical support as well as personal assistance for daily activities, rehabilitation services and ongoing care for escalating needs.

### Which One is Right for You?

Deciding whether an assisted living facility or nursing home is the best fit for your family member requires a careful evaluation of their needs, especially with regard to healthcare. If your parent or elderly loved one can take care of themselves with minimal assistance, consider an assisted living community. However, if he/she has a chronic illness or cognitive impairment like dementia or Alzheimer's, a nursing home will provide the right care.

Visiting the nursing home or assisted living facility will give you a better idea of the services and level of care available.

At Wyndemere Woods Assisted and Independent Living Community in Woonsocket, Rhode Island, we provide comfortable accommodations and loving care for your family member. A wide range of easily-accessible services and amenities and a dedicated team are always on hand to make them feel completely at home. Customized care plans cater to their unique needs. Your loved ones will enjoy the company of peers while staying in their own private apartment and you will have peace of mind knowing that they will always be well-cared for here.

Contact Wyndemere Woods Assisted and Independent Living Community at 401-762-4226 for more information or fill out our online form to book a tour.

# HEALTH

Spring 2019

A Stonebridge Press  
Publication

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- Chronic Pain?
- Sports Injury?
- Weakness?
- Balance Problems?



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# *Sturbridge Herbfest coming in October*

The first annual Sturbridge Herbfest will be on Saturday, October 5, 2019, 9:30-4:30. This Herbfest is a brainchild of 3 local herbalists: Salli Greene, Joanne Grubert and Chris Haller. There are very few herbal conferences nationally and none in this area. The New England Woman's Herbal Conference, which they have attended many times, is in Northern New Hampshire and sells out early, every year. This can make it difficult for herbalists, young and old, male and female to gain more education in a conference setting. The International Herbal Conference is every two years in June. There is also Herbstock in Somerville, MA once a year. Sturbridge, because it is centrally located, is an ideal location, and is expected that the Herbfest will be an annual event.

The three herbalists contacted the Sturbridge Senior Center and the Board of Selectmen. Both approved holding Sturbridge Herbfest at the Senior Center at 480 Main Street. To date there are 3 Intensives (2 hour classes) and 17 - 50 minute classes scheduled. There will also be food vendors and craft, jewelry and product vendors set up on the lawn of the Senior Center. Hours are 9:30 - 4:30, Saturday October 5, 2019. Mark your calendars!!

The Sturbridge Herbfest is now taking vendor applications, \$50 for a 10x10 space. Pre-registration is \$10 and \$15 the day of the event. Intensives are \$25. The other classes are part of the admission. For more information call Salli, at Alternatives For Health 508-347-2111.



# 10 Important Lessons from A Nursing Academy Director

*“One does not become a nurse by osmosis. You go through a competitive admission process, complete a rigorous program, and pass the NCLEX, then you’re a nurse.”*

**Gretheline Bolandrina**  
MSN Ed, RN, CRRN

When I started in nursing education in 2005, I never thought I’d be a director of a nursing program. Almost six years at Bay Path Practical Nursing Academy, a 5th place in-state ranking, and several new clinical sites later, I answer an ad to get published in the Spencer New Leader for the WRITE STUFF!

## **ONE. Things happen quickly.**

When I was asked to be interim director in 2015, I was only on my second year as full-time faculty. After proctoring a test, the actual offer all happened in just a day. The night before was uneventful. I remember it was a swift decision to step up and lead. I saw the big picture. The superintendent, Mr. Lafleche and the other full-time faculty, Professor Dockstader were there and both supportive. It was a quick but exciting time!



## **TWO. Nurses never get old.**

It’s been almost 32 years since I graduated with my BSN and to this day, I still get asked, “Do you like nursing?” I always answer, I do and a lot. I also don’t mind being asked. I don’t think

I could ever really get tired of being a nurse. The cool thing now about being in an academic setting is that every nursing student I encounter gets to be a part of my nursing journey. I get so much satisfaction helping a nursing

student succeed the same way that I got satisfaction in helping patients when I was a bedside nurse.

## **THREE. Once a nurse, always a nurse.**

Even after I’ve been behind a desk, managing day to day activities for the practical nursing academy, I keep up to date with “everything nursing.” I have a list of nursing specialties that I keep tabs on because I have nursing students and graduates who have expressed specific interest and I keep them connected. There’s ER nursing, advance practice nursing – Nurse Anesthetists, home care nursing, and of course, nursing education. They are all exciting specialties. I try to connect as many as I could. There isn’t a shortage of seasoned nurses as role models and mentors.

## **FOUR. At admission interviews, we prefer to look at the whole candidate.**

We conduct panel interviews for admission into the Academy, you need to look the part to play the part. Not to be intimidating but we look at everything! You need to channel your best

Turn To **LESSONS** page **A8**



## Bay Path Regional Vocational Practical Nursing Academy



Credit: V. Dockstader, BSN, RN, B. Duval, LPN

Bay Path Practical Nursing Academy offers a 40-week, 10-month, full-time, Monday through Friday, evening program. The program begins in mid-August and is completed in late June. Graduates will receive a Practical Nursing Certificate and will be eligible to take the NCLEX-PN licensure exam. Practical Nurses are prepared for careers in a variety of health care settings including extended care facilities, clinics, physician offices, hospitals, and community health agencies. The role of the Practical Nurse is recognized nationally by organizations such as the Institute of Medicine in their 2010 “Future of Nursing” report and the National League for Nursing in their 2011 “Recognizing the Vital Contributions of the licensed Practical/Vocational Nurse” statement.

**For admissions, please visit our website at [www.baypath.net](http://www.baypath.net)  
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The Bay Path Practical Nursing Academy is fully approved by the:  
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# Notre Dame Health Care Mission-Driven and Resident-Focused

In 1900, the Sisters of Notre Dame de Namur viewed the undeveloped expanse of land that stretched from Plantation Street down to the shores of Lake Quinsigamond as an ideal setting for peaceful contemplation and retreat from the rigors of their teaching ministry. Since the Sisters purchased the property, its purpose has expanded significantly beyond its original intent.

Today, some 100+ years later, this property has become home to Notre Dame Health Care, a non-profit organization that takes a holistic approach to the ministry of healthcare delivery. Following the teachings of Saint Julie Billiart, who founded the Sisters of Notre Dame de Namur, the mission of Notre Dame Health Care reflects the gospel message in every aspect of its programs and services.

The Sisters have driven innovation in health care, recognizing and addressing specific needs as the times have changed. Its first program, a skilled nursing facility for both the Sisters and the greater local community, delivers high quality care with dignity and respect. The success of this program prompted the addition of other, much-needed programs and



services. Through the years, Notre Dame Health Care has enhanced its portfolio of services with assisted living apartments, memory care units, post-acute and short-term rehabilitation, hospice and palliative care for adults and children, and an educational “bridge” center.

Every program at Notre Dame Health Care offers

distinct features that engage residents, encourage socialization and promote a better quality of life. Social activities, such as art and music therapy, along with social dining and field trips, help promote a sense of community for every resident. Notre Dame Health Care also offers daily Mass and the Rosary for its Catholic residents. We acknowledge the spiritual value in all faith traditions through the provision of pastoral care and ecumenical services for all.

The Sisters’ influence and “special touches” are reflected in many unique features which are present throughout our facilities. Peaceful gardens and serene landscaping surround each building; lavish court-yards and green space invite residents to experience the outdoors in a safe, pleasant atmosphere; exquisite photography and multi-medium artwork adorn the hallways. Differences in design abound in each of our facilities, giving each resident space its own distinctive character.

In addition to exceptional health care services, Notre Dame Health Care has created unique educational opportunities for staff and the local community. Emblematic of the Sisters’ ministry to educate for life,

the Educational Bridge Center was originally founded as a way for employees to advance in their careers. Subsequently, the Bridge Center has become a lifeline for those seeking citizenship, adult basic education programs, or support in attaining a high school diploma or an advanced degree. Drawing upon their years of service in the classroom, retired Sisters tutor students as they embark on their personal academic journeys to a better quality of life.

Not only does Notre Dame Health Care lead the industry in top-rated programs and services, the organization also has an incredible staff retention rate. Every employee exemplifies the organization’s mission and works synergistically to continually raise the bar and operate at the highest possible level.

Going forward, Notre Dame Health Care anticipates changes in the industry that will require innovation, creativity and wisdom to continue serving the spiritual, social, physical and psychological needs of the lay and religious communities through all stages of life. Guided and driven by our mission, our team is poised and ready to embrace the continually changing needs of our community!

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## Open Sky's Adult Family Care Program

Open Sky's Adult Family Care program (AFC) provides both financial support and practical assistance to families caring for a qualifying family member at home. Whether you need assistance in finding resources for a young adult with autism or an aged parent with dementia, our dedicated staff have the expertise needed to help you make the right connections and guide you through the process.

### Benefits of AFC for Caregivers:

- Tax-free monthly stipend – in many cases this means family members will receive funds for care they are already giving

- Ongoing nursing support

- Training and professional support

- The personal satisfaction that comes from helping someone grow and live as independently as possible

- The peace of mind of knowing there's always someone to call for help and support

### Eligibility Requirements:

- The person receiving services must be 16 years of age or older

- He or she must need assistance with one or more activities of daily living such as bathing, eating or dressing

- He or she must be eligible for MassHealth

- The person is unable to live safely on their own

If you or someone you know is caring for a loved one at home and needs additional support, Adult Family Care may be the answer.

Contact Open Sky's Adult Family Care to find out if your family member meets AFC eligibility requirements at 508-266-6524 or [afc@openskycs.org](mailto:afc@openskycs.org)

# Adult Family Care



Providing families with the financial support and practical assistance they need to care for a loved one at home.

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# Help! I've fallen and i can't get up!!

We've all seen the commercial of the unfortunate elderly women lying on the floor after a fall. Regrettably, this really happens more often than you might think. The Center for Disease Control's 2014 survey found that 28.7 percent of adults 65 and older reported falling at least once in the preceding 12 months equaling an estimated 29 million falls, 7 million of which resulted in injury. This number increased to 36.5 percent in the 85 and older population. What's worse is that the CDC estimates every 20 minutes, an elder person dies as a result of a fall. The financial costs are staggering: \$637.5 million was spent for falls resulting in fatal injuries. The cost of non-fatal injuries was \$30.3 billion. These statistics are expected to increase as the baby boomer generation ages. By 2030, there will be 74 million people age 65 or older in the US. If the current trend continues, that may result in 49 million falls and 12 million injuries per year.

What's behind this growing health concern? Many falls occur because our ability to maintain balance diminishes as we age. Our muscles become less flexible and weaker. Nerve conduction becomes slower, decreasing reaction time. Vision, an important component of the balance mechanism, often becomes impaired. In addition to these factors, multiple medications, blood pressure changes, and other health conditions impact balance.

All is not lost! Evidence based research has shown that exercise is the best intervention to reduce the risk and rate of falls. Here's what the research shows is the best way to reduce our risk:

Strength training exercise.

Exercise that provides a moderate or high rate of challenge to the balance.

Exercise that addresses stiff joints and tight muscles.

In addition:

See your primary care provider regarding medical issues that affect balance including blood pressure, medications, and visual impairments.

Complete a home safety check: get rid of scatter rugs, remove cords across pathways, and clean out clutter. Consider adding grab bars and railings on stairs.

A visit to a physical therapist is a good way to start. Physical therapists are experts in exercise and fall prevention. Comprehensive Physical Therapy, with offices in Leicester and West Brookfield, offers the Balance for Life program. Balance for Life is a comprehensive program that is designed to address multiple factors that contribute to falls. As part of a thorough evaluation, computer generated graphs help to identify areas of concern. Individual exercise programs are designed to meet each person's specific needs. Education regarding home safety, fall prevention, and other health issues is provided to maximize independence once the program is completed. The end result is a stronger, more flexible, and safer you.

Don't become a statistic! A comprehensive balance program can keep you strong, healthy, and independent. Balance for Life is covered by most health insurance companies with a referral from your physician. Contact our office for more information on how you can protect yourself from falls.

Rosemary Wolanski, MEd, DPT

Comprehensive Physical Therapy

1037 Main Street, Leicester and 23 Ware Street, West Brookfield

508-892-1335

## LESSONS

continued from page A5

self. Are you dressed appropriately? (Business casual). Did you arrive on time? (15 minutes early is on time for nurses). The pressure is, are you a good fit for us and are we a good fit for you? What does your references say about you? What does your work history show? We obtain handwriting samples. I can keep going. . .

**FIVE. Prudent nurses don't have to be witches or ogres.**

Bay Path Practical Nursing Academy produces real world ready, prudent LPNs. All praises go to the hardworking faculty and staff, plus the supportive office of the Superintendent, and all the key individuals at our various clinical sites. The work that Bay Path has done in supporting prudent nurses. Powerful nurses. The rigorous academic requirements do not take away from nursing students. Who they are becomes

enhanced, their character- whether in school, clinicals, work, or their homes. The amazing thing is, our nurses are intelligent and beautiful inside and out. They have the power to change lives!

**SIX. You shouldn't sit around waiting for doctor's orders.**

Between assertiveness and being articulate, I can identify inherent and developing traits in our future nurses. As a new graduate nurse back in the day, I would never be caught dead waiting for doctor's orders! I was proactive. I anticipated the next steps. I was blessed to have strong instructors who instilled assertiveness and being articulate. Instructors who helped me figure out what I'm strong at and polish that. What I'm weak at and strengthen it.

**SEVEN. Don't wait for good luck, hard work is important as well as talent.**

There's no doubt some students have unparalleled caring abilities, but if you want to be a successful nurse, good luck is not enough. It's great to know the fun-

damentals in nursing, solidly. There's a lot of hard work involved in nursing, our students are prepared for that. They have discipline. They show up not just on time, but fifteen minutes earlier! And they know their stuff.

**EIGHT. You may view yourself as the super nurse, but you should also be a team player.**

It's necessary in nursing to be a team player. It's important to know how to catch the ball as well as hit. Nursing is like performing as part of an ensemble. Even when a nurse thinks she's the smartest person in the room, or when he thinks he knows more than the doctor, perform your role with grace and humility. No need to be a show off. At the end of the day the team is working towards the same goal to benefit the patient.

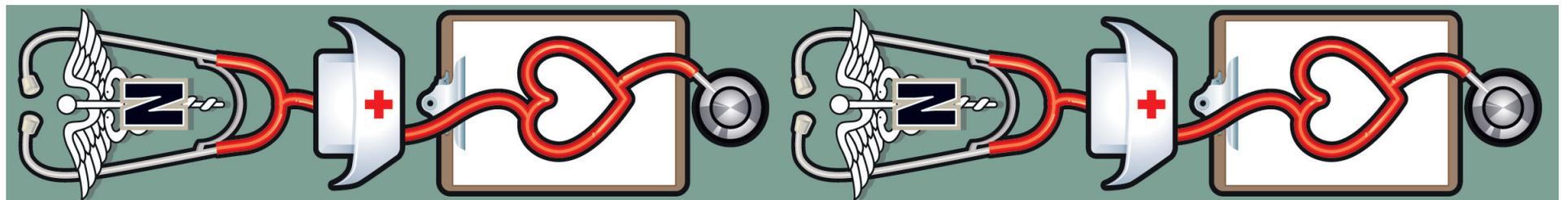
**NINE. You may be a super nurse, but things won't always go your way.**

There's a point when communication breaks down. Team members call in

sick. The pharmacy does not deliver meds on time. It will not be a fun time at work. Nurses fix it from zero. Nurses coordinate and triage, then the team is back on their feet. Good things come out of struggles, better leadership skills.

**TEN. Everything happens for a reason.**

If the goal is to become a nurse, we are here to help. You need to do your part. You need to not just attend classes but also participate. Passing grade is 73%. You need to not just attend clinicals but truly, have a heart. Graduation attributes include communication! Practice, practice, and practice, because after ten months of rigorous academics and training, you will sit for NCLEX-PN and pass the first try. When you become an LPN, it will come full circle and you will be paying it forward. It's funny how things happen, for whatever reason but still everything comes up roses!



# Brace Yourself!

While the word ‘braces’ may still, for some, conjure up images of teenagers or middle school children, the truth is you’re never too old or young, for a healthy, beautiful smile that you feel confident to share. While healthy adult teeth can often be moved at any time, the American Association of Orthodontists recommends that children should have an initial orthodontic screening at age 7. An early exam identifies problems with growth and development or airway issues that may be resolved to allow your child the benefits of better growth with early intervention. At Central Massachusetts Orthodontic Associates (CMOA), we see patients who range in age from 7 to 77 and up! Our three offices are conveniently located in Worcester, Spencer and, in October of 2018, we proudly celebrated the grand opening of our new Auburn location on 567 Southbridge Street within the Heritage Shopping Center.

At CMOA our top priority is to provide you the highest quality orthodontic care in a friendly, comfortable environment and to help you achieve the healthy, beautiful smile you deserve. From the moment a patient walks through our doors we pride ourselves in the courteous, personalized service we deliver.

Our doctors, Lisa M. Giarrusso, D.M.D. and Gregory Livanos, D.M.D. are both Board Certified orthodontists; a key deciding factor to look for in choosing your provider. In addition to completing a graduate program in dentistry, they go on to complete a 2 year residency of accredited specialty training in orthodontics and dentofacial orthopedics. When you chose to have your treatment with a Diplomate of the American Board of Orthodontics, you can be certain to receive the highest quality care and treatment.

Dr. Lisa M. Giarrusso joined her father in practice in 1992. She is a three-time graduate of Tufts University and immediately joined the faculty upon graduation where she served as an Assistant Clinical Professor of Orthodontics from 1992-2008. She became a Diplomate of the American Board of Orthodontics in 1999. She is a member of the American Dental Association, American Association of Orthodontists, Massachusetts Dental Society, Tufts University Dental Alumni Association and the Tufts Association of Orthodontics.

Dr. Gregory Livanos joined Central Massachusetts Orthodontic Associates

in December 2004 after practicing for seven years in Kendall Park, New Jersey in his own private practice while also serving as a partner in a Warren, New Jersey practice. He served as a faculty member at the University of Medicine and Dentistry of New Jersey, teaching in the Department of Orthodontics. He is a graduate of Fairleigh Dickinson University in Teaneck, New Jersey, where he received a Bachelor of Science in 1983 and went on to receive his D.M.D. in 1986, again at the Fairleigh S. Dickinson Jr. School of Dental Medicine in Hackensack, New Jersey. He completed a general practice residency at St. Clare’s Hospital in Schenectady, NY in 1987 and went on to practice six years of general dentistry in Saratoga Springs, New York while maintaining a faculty appointment at St. Clare’s Hospital. He received his Certificate in Orthodontics at Tufts University School of Dental Medicine in 1995 and became a Diplomate of the American Board of Orthodontics in 2005. He is a member of the American Association of Orthodontists, the American Dental Association and the Massachusetts Dental Society.

Drs. Livanos and Giarrusso are the 2006 recipients of the national APSE Employers award and the 2006 Massachusetts Council of Human Services Award for Small Businesses. Drs. Giarrusso and Livanos have vast experience with children while maintaining a large adult practice as well. The doctors have a great deal of experience in treating numerous patients who require orthognathic surgery in combination with their orthodontics.

For more information regarding Central Massachusetts Orthodontic Associates (CMOA), including our contact information, office hours, locations and more detailed information on treatment options please visit our website at [www.tightbite.com](http://www.tightbite.com) or our Facebook page. We encourage you to call us at any location if should you have questions or would like to us about scheduling a consult.

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[www.tightbite.com](http://www.tightbite.com)

## *Help kids feel comfortable at the dentist*



Routine dental examinations and cleanings are an important component of oral health-care for both children and adults. However, many children do not visit the dentist until well after the time recommended by medical and dental professionals. Parents may be unaware of the dental health timeline, or they could be reluctant to bring their children for fear of how their kids will behave — especially if parents are harboring their own apprehensions about the dentist.

The American Academy of Pediatric Dentistry recommends that a child go to the dentist by age 1, or within six months of the eruption of his or her first tooth. Yet, according to a survey commissioned by Delta Dental Plans, the average age of a child’s first dental visit is 2.6 years.

Parents worried about how their kids will respond to the dentist can take the following steps to acclimate kids to dental visits to make them more comfortable during their appointments now and down the road.

- Be a positive role model. Children frequently learn by example. If they see their parents being diligent about dental care, they’re more likely to embrace proper oral hygiene. Bring children to your own dental appointments so they understand the process

and become familiar with the type of equipment used.

- Stick to the first-tooth milestone. Take your child to the dentist on or about when his or her first tooth erupts. Early dental visits will get kids used to going to the dentist and prevent minor problems that may lead to more complex dental issues.

- Read books about the dentist and role play. Information can allay kids’ fears about the dentist. Read books together about dental visits and act out possible scenarios with your kids. Give kids toy dental health tools and have them practice exams on you and vice-versa.

- Be supportive and instill trust. Avoid telling your child that everything will be okay. If a procedure is needed, this could affect his or her trust in you and make the dental office an even greater source of anxiety. Simply be supportive and offer a hand to squeeze or a hug if your child needs you.

- Consider using your dentist. Some parents like to take their children to a pediatric dentist, but it may not always be necessary. Many family practices cater to patients of all ages, and the familiarity of the office may

Turn To **DENTIST** page **A11**

# Using nature to work with your body

These days, half of any drug commercial that you see tells you about side effects that you may not actually want. We at Your Health Matters believe using nature to work with your body is a smarter approach than resorting to manmade chemicals which force your body to work a certain way.

Most chronic diseases today are based upon runaway inflammation which overtime leads to almost every chronic disease. Visit us to learn how our top selling, clinically validated and researched multi herbal supplement can be like real health insurance in a bottle.

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Do you really know what's in the food you consume? Food producers are always cutting corners to cut costs. In the end, your health loses out. From nutritional drinks and healthy snacks, to natural sweeteners and low carb pastas, we can help you improve your diet!

David Termine, Co-Owner  
Your Health Matters  
Bedrock Plaza  
139 Main St., Sturbridge MA



# Feel your best starting with your stomach



**Yogurt is a dietary source of probiotics, healthy bacteria and yeasts that may improve overall health.**

Did you know that the key to personal health may begin in the core of the body? Doctors and researchers are learning more and more about how the immune system and other functions of the body are tied to microscopic players housed in the stomach and intestines. Improving this digestive environment can benefit the body in various ways.

## UNDERSTANDING PROBIOTICS

Bodily bacteria outnumber body cells by 10 to one, offers the health and wellness resource Healthline. Most of the bacteria in the body are harmless, and many of them in the gut actually are linked to numerous health benefits, such as weight loss, enhanced immune function, reduced risk of disease, and improved digestion. Unfortunately, bad bacteria also vie for space in the gut. If the good bacteria and yeasts, or probiotics, are not in abundance to push out the bad bacteria, like salmonella and E. coli, those bad bugs can proliferate, causing problems. It is essential to keep an abundance of probiotics available to stay healthy and maintain the "good vs. bad" balance in the gut.

## GETTING PROBIOTICS

While the body can be healthy without the addition of probiotics, having more can be beneficial. The Cleveland Clinic says that food and supplements containing probiotics assist the good bacteria already present in your gut. When a course of antibiotics wipes out

both good and bad bacteria, for example, probiotic-rich foods and supplements can more readily replace what's lost.

Dietary sources of probiotics include some yogurts, cheeses, kefir, sauerkraut, miso, kimchi, pickles, and beverages like kombucha, a fermented tea. Getting probiotics from foods is the most natural way to supplement good gut bacteria, as the foods meld with the probiotics in ways that doctors may never understand to deliver the most benefits.

The downside is it's impossible to measure just how many probiotics can be acquired from foods. That is what makes supplementation so handy. Capsules and tablets are loaded with a variety of different active bacteria and yeast cultures to aid the digestive system in measurable ratios. Some tout anywhere from one to 30 billion active colony-forming units (CFUs) per serving.

## SIDE EFFECTS

Probiotics are generally healthy for people to consume in amounts found in foods, advises the Mayo Clinic. Most healthy adults can safely add foods or dietary supplements that contain probiotics to their diets. Introducing probiotics may cause temporary and mild flatulence, discomfort and bloating.

Probiotics can be yet another tool to improve overall health at any age, but especially for adults looking to minimize illness risk.

## DENTIST

continued from page A9

help make children feel more comfortable. Speak with your dentist about the ages they see.

• Steer clear of negative words. Michael J. Hanna, DMD, a national spokesperson for the AAPD, suggests using positive phrases like “clean, strong, healthy teeth” to make the visit seem fun and positive rather than scary and alarming. Let the office staff come up with their own words to describe processes that won’t seem too frightening.

By employing these techniques, kids’ dental visits can be more pleasant for all involved, paving the way for a lifetime of healthy teeth.



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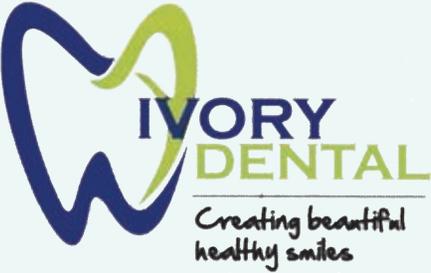
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# Outdoor improvements that boost home value

Whether home improvement projects are design to improve the interior or exterior of a house, focusing on renovations that make the most financial sense can benefit homeowners in the long run. The right renovations can be assets if and when homeowners decide to sell their homes.

So how does one get started? First and foremost, speak to a local real estate agent who is knowledgeable about trends in the community. While a swimming pool may be something coveted in one area, it may impede sales in another. It also helps to study generalized trends and data from various home improvement industry analysts to guide upcoming projects.

The following outdoor projects are just a few renovations that tend to add value.

- **Fire pit:** A fire pit is a great place to gather most months of the year. Bob Vila and CBS news report that a fire pit realizes a 78 percent return on investment, or ROI.
- **Outdoor kitchen:** Many buyers are looking to utilize their yards as an extension of interior living areas.



Cooking, dining and even watching TV outdoors is increasingly popular. Outdoor living areas can be custom designed and built. In addition, prefabricated modular units that require a much smaller commitment of time and

money are available.

- **Patio:** Homeowners who do not already have a patio will find that adding one can increase a home's value. Patios help a home look neat, add useable space and may help a home to sell

quickly. The experts at Space Wise, a division of Extra Space Storage, say that refinishing, repairing and building a new patio offers strong ROI.

- **Deck:** Deck can be as valuable as patios. A deck is another outdoor space that can be used for entertaining, dining and more. Remodeling magazine's 2018 "Cost vs. Value" report indicates that an \$11,000 deck can add about \$9,000 in resale value to the home, recouping around 82 percent of the project's costs.

- **Door update:** Improve curb appeal with a new, high-end front door and garage doors. If that's too expensive, a good cleaning and new coat of paint can make an old door look brand new. These easy fixes can improve a home's look instantly.

- **New landscaping:** The National Association of Realtors says an outdoor makeover that includes well-thought out landscaping can net 105 percent ROI. Installing a walkway, adding stone planters, mulching, and planting shrubs are ideas to consider.

Many different outdoor projects can add value to a home.

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# The basics of mulching

Mulch is available in various forms. Like other land and garden products, mulch can go a long way toward helping plants thrive.

Mulch comprises just about any material that is spread over the surface of soil. Its purpose is primarily to help soil retain moisture. In addition, mulch can staunch weed growth, keep soil cool, improve the aesthetics of garden beds, and even improve soil nutrient composition. When the right mulch is chosen, it can reduce the amount of time homeowners spend watering and weeding their gardens and insulate plants from dramatic changes in weather.

Gardeners may not realize that mulch also can prevent garden soil from becoming overly compacted, according to HGTV. This can mean beneficial earthworms can move easily through the soil, creating channels for water and depositing their nutrient-rich waste products.

Gardeners can choose organic or inorganic mulch. Organic mulches are derived from natural materials that will decompose over time, lending organic matter as well as various nutrients to the soil. Organic mulches also may contain beneficial microorganisms that can fight against plant diseases. Inorganic mulches may be made of stones, landscape fabrics and plastic. Both types will need to be amended or replaced as they degrade. Those who want the most environmentally-friendly mulching materials can choose all-natural mulches instead of synthetic alternatives.

To work effectively, mulch should be applied in a two- to three-inch layer of material, state the experts at Old World Garden Farms. This is the ideal amount to retain soil moisture and suppress weed growth without choking plants. Also, mulch that is too thick may make it impossible for water to penetrate, or it may prevent the soil from airing out, causing continuously wet conditions that lead to root and stem rot.

The University of Connecticut Home & Garden Education Center says mulch should not be placed directly against plant crowns or tree bases, as this can promote the development of disease. It may also serve as a habitat for bark- and stem-eating rodents. The center also suggests watering newly installed bark or wood mulches to prevent fungi from colonizing in dry mulch and causing problems like a water-repellent surface on the mulch.

Home landscapers considering mulch types may find that compost, manure and grass clippings (from nonpesticide-treated lawns) can be inexpensive and versatile in garden beds. The home advice site The Spruce notes that newspaper may also be effective. Many newspapers have switched over to organic dyes, especially for their black and white sections. Newspapers are an inexpensive way to suppress weeds and act like organic mulch in beds. They can be covered with other organic mulch, like shredded bark, for more visual appeal.

Mulch can be a versatile asset when doing gardening projects around home landscapes. And the benefits are more than just aesthetic.



# Get ready: Early spring landscaping tips

During the cold months of winter, many people stare longingly out of the window dreaming of spring and time spent outdoors. For those with green thumbs, images of tending to the garden and other aspects of their landscapes no

doubt dominate such daydreams.

Draw inspiration from those budding crocuses and daffodils pushing through the last remnants of snow and employ these tips to prepare for the upcoming gardening season.



- One of the first steps is to apply a preemergent weed killer to get a head start knocking out weeds that can plague the lawn during the growing season. Killing weeds at the roots early on can mean far fewer hassles in spring and summer, and may prevent new generations of weeds from cropping up each year.

- While it may be tempting to take a prematurely warm day as a sign that spring is in full force and purchase a bunch of annuals, it's better to know the last of the possible frost dates (check "The Farmer's Almanac"); otherwise, you may waste time and money planting flowers or vegetables only to have them die. Amend the soil so that it is the right consistency — just crumbling when lifting it. Soil that is too muddy after spring thaw can harden, making it difficult for plants to flourish later on. Speak with representatives at a local lawn and garden center about which types of amendments you can add to the soil in your particular area to enrich it.

- Lawn and garden experts at The Home Depot suggest filling in bare patches of lawn now by mixing a few shovel-

fuls of soil with grass seed. Then apply this patch to the bare areas, water, and continue to care for the area until the spot fills in.

- Spend a day in the garage or shed tending to the lawn mower and other gardening equipment. Clean all tools and ensure that everything works, repairing parts as needed.

- Give outdoor entertaining spaces a good scrubbing, clearing away dirt and grime that may have accumulated over the winter. Use a leaf blower to blow away any leftover leaves.

- Check if the front porch, railings or decking need painting and/or staining. Tackle these projects when the weather is cooler so everything will be ready for those peak spring days.

- Think about any annuals you might want to plant in the landscape this year that will complement any existing shrubbery or perennials. Come up with a theme so that the entire yard is cohesive.

Before homeowners know it, winter is gone and it is time to once again enjoy long days spent outdoors. Get a jump start on spring lawn prep as soon as you can.

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# Must-haves for an amazing kitchen remodel

Kitchen remodels are among the most popular home renovation projects, whether they consist of swapping out cabinet hardware or doing major demolition.

Due to the sheer amount of time families spend in the kitchen, not to mention the number of tasks performed in this space, it is easy to see why Remodeling magazine consistently ranks kitchen renovations as projects that will enable homeowners to recoup a high percentage of their investments. In the magazine's 2018 "Cost vs. Value" report, midrange major kitchen remodels costing an average of \$63,829 recouped 59 percent of that investment.

When investing in a kitchen project, it is important to incorporate items that are coveted.

- **Deep, double sinks:** Having a double sink enables you to soak dishes in one side and then wash on the other. It also makes it easy to wash and prep produce for meals.

- **Kitchen island and bar stools:** Even though many meals are enjoyed around the table, there's something to be said for the convenience of a kitchen island and some well-placed bar stools for quick breakfasts or snacks.

- **Smart kitchen storage:** Work with a contractor to include storage solutions built into cabinetry and the pantry. Slide-out shelving,

nooks for a paper towel roll and custom-designed areas to store stand mixers and other necessities can make kitchens more functional.

- **Outdoor access:** If possible, design a kitchen so it is easy to access the backyard via sliding doors. This can make outdoor entertaining or even coffee on the deck much easier.

- **Under-cabinet lighting:** Fixtures installed under cabinets provide both ambient lighting and task lighting. Such lighting makes it easier to see what you're working on as well, as even well-placed overhead lighting can fail to illuminate dark corners and spots on the counters.

- **Convenient warming drawer:** This appliance provides backup to the oven. It's a slide-out drawer that can keep prepared foods out of the way and warm until they are ready to be served. This is particularly handy for holidays and other entertaining.

- **Beverage station:** Designate one area of the kitchen to beverages, such as coffee and tea. Or make the area an informal bar. This can limit traffic in the kitchen to a single area.

Kitchen remodels are exciting to envision, and several choices can make these high-traffic spaces even more coveted.



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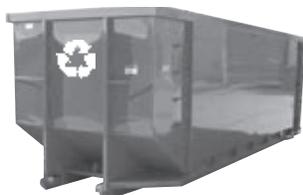


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## Preparing Your Deck for Staining

Remove as many items as you can (planters, hoses, outdoor furniture, light fixtures) and cover other items (steps, plants, sidewalks/paths) with drop cloths.

Examine the deck for surface wear, cracked boards, and popped nails.

Make any necessary repairs before you stain your deck.

Applying the Stain Decks are often subjected to extreme environmental conditions (direct sun, cool damp shade, etc.) as well as heavy foot traffic. Proper care of your deck will help ensure the longevity of the finish.

**Step 1** After properly preparing the wood, select an inconspicuous place on the actual wood you will be staining and test the stain to be sure you will be pleased with the final color results.

**Step 2** First stain the vertical sections of the deck, such as the rails and posts, so that drips will not land on previously finished areas.

**Step 3** Once the vertical surfaces are completed, proceed to the deck surface. For deck boards, stain two to three boards at a time to avoid lap marks. Do not stop in the middle of a board, or you will risk developing lap marks. Make sure to wipe up any excess stain.

## Deck-Staining Tips

The best way to apply deck stain is to use a roller or spray, followed by back-brushing to even out the stain.

Do not let stain puddle on the surface of the deck.

Stain does not stay mixed the same

way paint does. You will need to stir the stain frequently during application.

To ensure proper stain penetration and even drying results, avoid applying stain in direct sunlight.

Soak the bottom of the deck posts in Benjamin Moore Alkyd Primer (366). This will give the posts added protection from the kind of ground moisture they are subjected to, and will help extend the life of the posts.

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## How to save up for your first home

Home ownership is a dream for people across the globe. Many people save for years before buying their first homes, squirreling away every dollar they can with the hopes they can one day become homeowners.

But thanks to factors beyond their control, even the most devoted savers can sometimes feel like their dream of home ownership may never come true. According to the Pew Research Center, American workers' paychecks are larger than they were 40 years ago, but their purchasing power is essentially the same. Things aren't much different in Canada, where analysis from Statistics Canada and the Bank of Canada has shown that, since 2015, wage growth in Canada has been weaker than in the United States.

Various challenges can make it difficult to buy a home. However, some simple strategies can help prospective home buyers build their savings as they

move closer to the day when they can call themselves "homeowners."

- Determine where your money is going. If you're finding it hard to grow your savings, audit your monthly expenses to determine where your money is going. Using exclusively debit or credit cards can simplify this process, as all you need to do is log into your accounts and see how your money was spent over a given period. If you routinely use cash to pay for items, even just to buy coffee on the way to work, keep a notepad handy so you can jot down each expense. Do this for a month and then examine how you spent your money. Chances are you will see various ways to save, and you can then redirect that money into your savings account.

- Become a more savvy grocery shopper. Another great way to save more money is to alter something you already do each month: grocery shopping. If you haven't already, sign up for discount

clubs at your local grocer. This is a largely effortless way for shoppers, especially those buying food for families, to save considerable amounts of money. Shopping sales at competing grocery stores also can save money.

- Dine in more often. The U.S. Department of Agriculture says that Americans spend, on average, 6 percent of their household budgets on food. However, the USDA also notes that Americans spend 5 percent of their disposable income on dining out. If these figures mirror your spending habits, you can nearly cut your food spending in half by dining out less frequently. That might be a sacrifice for foodies, but it can get you that much closer to buying your own home.

Saving enough money to purchase your first home is a worthy effort that can be made easier by employing a few budget-friendly strategies.

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