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# Sturbridge imposes water ban

To meet the town's WATER MANAGEMENT ACT PERMIT # 9P2-2-09-287 01 (Quinebaug River Basin) issued by MassDEP, the Sturbridge Water Department has been required by MassDEP to enter into a voluntary water ban when the Quinebaug River flow rate at the USGS

Quinebaug River Gauge Station near Southbridge #01123600 falls below 87 cubic feet per second (cfs) for three consecutive days between May 1 and June 30 and below 37 cfs between July 1 and Sept. 30.

When the flow rate falls below the trigger condition during that time, the following water

use restrictions shall be in effect and enforced to comply with the town's. Once implemented, the restrictions shall remain in effect until stream flow at the gauge meets or exceeds the trigger for seven consecutive days.

Non-essential outside water use is not allowed, except that sprinklers may be used for lawn

watering outside of the hours of 9 a.m. to 5 p.m. one day a week.

Non-essential water use is defined as water use that is not required: (a) for health or safety reasons, (b) by regulation, (c) for production of food and fiber, (d) for the maintenance of livestock, or (e) to meet core functions of a business.

Examples of non-essential use are irrigation of lawns, washing of exterior buildings surfaces, parking lots, driveways or sidewalks unless it is to apply paint, preservatives, stucco, pavement or cement.

Acceptable outside examples are irrigation to establish a new lawn during the months

of May and September, irrigation for production of food and fiber or the maintenance of livestock, irrigation by plant nurseries as necessary to maintain stock. The irrigation of public parks and recreational fields shall follow the same restrictions.

Please Read **WATER** page **A13**

# MS meets its match with the bunch

On Saturday Aug. 19, the Last Shadows Motorcycle Organization sponsored their third motorcycle ride, "Ride for the Cure" for multiple sclerosis.

The event began at Halligan's Bar on Route 12 in Auburn. There were over 80 motorcycles participating and with passengers and those supporting this event there were about 110 people there. The motorcycles left at 11 am on a three hour ride, stopping half way at B-Man's 140 Tavern in Sterling for refreshments.

Then they traveled to their second stop at Sturbridge Porterhouse in Sturbridge where they enjoyed refreshments and a light meal prepared for them by the executive Chef Phillip Kane, owners Colleen & Ken Charbonneau

as well as Ken Yukimura who participated in the ride.

There were dozens of beautiful gift baskets donated which were raffled off during their meal prepared by Halligan's at the end of the ride.

Multiple sclerosis affects more than 400,000 people in the United States, with about 200 being diagnosed every week.

All proceeds will be donated to the National Multiple Sclerosis Society which helps fund research, helps those in need of medicine, walkers, canes, rehabilitation, and a library filled with information about this disease and resources to help those affected. You can visit their web site: [www.nationalmssociety.org](http://www.nationalmssociety.org)



Courtesy photos

**The official color for MS research is an eye-searing orange. It makes for safety for riders as well; but they were all here to support the fund raiser.**

Please Read **MS RIDE**, page **A13**

# Sturbridge benefits from incentive program

Sturbridge has received \$10,211 back on its workers' compensation and property casualty insurance costs – applicable toward premiums for the next fiscal year—thanks to an incentive program offered by the Massachusetts Interlocal

Insurance Association, the municipality's insurance provider.

Sturbridge earned the credits through proactive and voluntary participation in loss prevention and risk management activities throughout the

year, conducted in partnership with MIIA. In fiscal year 2017, which concluded on June 30, MIIA awarded over \$2.5 million of premium credits collectively to its membership of the Rewards program – resulting in a 15-year total of nearly \$28.5

million since the program's inception.

Committed to keeping the community safer and fiscally stronger, Sturbridge implemented risk management and safety measures as well as administrative procedures

that reduce the risk of accidents and property damage. In addition, local employees participated in training programs that promote effective management and safe operations. MIIA offers these no-cost

Please Read **PROGRAM**, page **A13**

# Walk for a cause or just enjoy the day

Second Chance annual pledge raising walk, which is paired with Cruise for Critters Car Show, takes place on Sept. 23 with a rain date of Oct. 1. Second Chance is pleased to announce the Worcester Railers Hockey Club as a major sponsor to help jump start fundraising efforts. The event will take place at River Hollow Family Golf center on Hospital Road in Monson from 10 a.m.-3 p.m.

The event is comprised of a walk where participants are encouraged to raise pledges to help support Second Chance's programs and services that help pets in need. The event also includes show cars, K9 demonstrations, live music by Witch Doctors, raffles, prizes for top fundraisers, mini golf, Second Chance's mobile adoption unit will be there with pets up for adoption, crafters and vendors, and more. Second Chance hopes to grow this family and pet friendly event into more of a community festival day of fun with a purpose.


Vendors, classic and show cars, and pledge raising walkers are highly encouraged. Early bird registration is only \$10 per person if you

sign up before Sept. 15 (online or via mail) and you can create a fundraising page to help raise pledges (or print out a pledge sheet) and hopefully win a fantastic prize like an overnight stay! Details on how to be involved can be found on their website at <https://www.secondchanceanimals.org/walk-n-wag-and-cruise-for-critters-car-show.html>.

For questions please email Lindsay Doray at [development@secondchanceanimals.org](mailto:development@secondchanceanimals.org).

"We are always looking for ways to fundraise for our programs and get the community involved. It is important to have their support so that we can continue all the great programs and services we offer," stated Doray, the development manager for Second Chance.

"We help over 26,000 animals each year and that number continues to rise so finding unique and fun ways to raise funds and get other involved is crucial. We are very excited to have the support of the Worcester Railers HC and look forward to working with them on community activities."



**ONCE IN A LIFETIME**

Kevin Papierski photo

Using the clouds as a natural filter this photographer managed a very clear photo of Monday's partial eclipse in New England.

Please Read **WALK**, page **A13**



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STURBRIDGE CAPSULES

SEPTEMBER RETRO FAIRE

The Friends of the Brimfield Senior Center invite everyone to their fundraising Retro Faire on Sept. 2, from 9 a.m.-3 p.m. at the Brimfield Town Hall. No admission fee.


Vendors and artisans will offer vintage fashions, aprons, linens and accent lighting, wire designs, handcrafted jewelry, scarves, hats and handbags. Wooden toys, stained glass musical houses, framed artwork, and many repurposed

items will also be available. “Everything old is new again.” Breakfast, lunch, snacks and a baked goods sale will be offered, and a raffle will be held. Old time music from LP’s will play, and films from Abbott & Costello and Laurel & Hardy will be shown.


BEING MORTAL

The Brimfield Senior Center is offering an important and essential program entitled “Being Mortal” on Sept. 20, 10:30 a.m. to 1 p.m. Often we plan for things that never happen –

Turn To CAPSULES page A5



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very quickly and with low miles you may not need one. We find that most customers are keeping their vehicles longer. Because of the increasing technology and complexity of today's automobiles customers should very carefully consider the benefits of the plans. Manufacturer backed plans are usually the best but some independent plans are good.

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Feel free to alter colors and font sizes as necessary for better use of space and impact. Also think creatively about what we might call the above segment i.e. Place answer man or Car corner or right story or something. I would like to use it for other "car buying tips" or service hints things like that.

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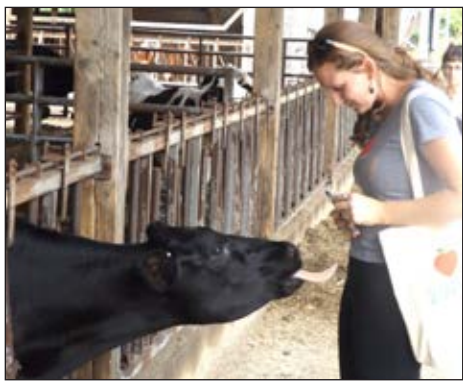
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# Five generations of doing it right



One of the Whittier cows gets very friendly with a visitor.

BY GUS STEEVES  
STAFF WRITER

SUTTON -- Take a walk around Whittier Farm with Sam Whittier, and you can see how passionate she is for what her family's done for five generations, and for dairy farming in general. And that's despite originally being somewhat uncertain she'd be doing it.

"I worked for somebody else for nine months [after college] before deciding farming was what I wanted to do," she said, adding she realized it when, at her job, she kept wondering how things were going with the cows. One evening, she told her dad she'd quit her job, and he asked, "What are you going to do now?" "I'm hoping you'll hire me," she recalled responding. "...I think I'm still in the interview process."

That was a few years ago, so it's a pretty good bet she's not going anywhere else. Nor, it seems, are her siblings, since John, Lauren and Diana have all opted to stay on the land. They showed it to several dozen visitors Monday afternoon in an event sponsored by Central Mass Grown, the regional agricultural network. The tour was a lead-in to a movie night fundraiser at Millbury's Elm Theater showing "Forgotten Farms," a documentary of regional dairies. [See other story.]

Like most New England dairies, Whittier is still a family-owned farm; six employees are direct family members of its 20. Also like most dairies, while the cows and milk products are their mainstay, they've diversified in numerous ways: specialty vegetables; a kitchen making meals, pastries and pies; beef sales; several farmers' markets (that didn't work); joining the Cabot (now Agrimark-owned) dairy cooperative; hosting school tours and other ways to stay afloat. But it's not always easy.

"You have to be a family farm, but also a farm family business. You have to throw that B word in there," Sam said after the tour. "We're Yankees



Photos by Gus Steeves

Sam Whittier has perfected walking backwards while conducting tours of her family's farm in Sutton.

around here, and we're stubborn. We're not going to fail. You just keep going...."

"... And who will take care of the land if we don't?" her mother Mary Whittier finished.

Later, as part of a post-film panel, Wayne Whittier pointed to the younger generation's interest as being crucial.

"There are a lot of older people in the movie" and farming in general, he said. "It's good to see young people. We're getting our kids involved. We didn't ask them to come back; they chose to."

When asked what she'd say to young people expressing interest, Sam Whittier was direct: "Don't wait. There's opportunity out there and a large group of aging farmers who want to teach young people and keep their land in agriculture." She noted modern farming isn't just the physical labor, although that's important; it also needs people skilled in communications, web design and other technical skills. "Technology is a wonderful tool if you use it right," she added.

Across the region, dairies are vanishing in droves, their land being sold off for subdivisions. Many of them are land- and equipment-rich, but cash poor because the price of milk is both highly variable and artificially low because of federal rules that favor consumers and the giant Midwestern producers, but don't take into account the fact production costs in New England are higher. Several years ago, the Supreme Court destroyed the New England Compact, a regional arrangement in which dairies got price support, on the grounds it was unconstitutional under the Commerce Clause.

Today, Massachusetts provides some help in tough months -- including every month in the last two years -- through the Dairy Farm Tax Credit. That

prompted Williams College Professor Sarah Gardner, the film's producer, to observe, "Every dairy farm I've talked to says the tax credit is the reason they're still in business."

Sam Whittier agreed, but added, "To do it for that many generations, something has to be right. ... This year, we've been playing with luck."

In the grand scheme of things, Whittier Farm is a fairly average New England dairy. It has about 500 acres, most of it in the state's Chapter 61 Agricultural Preservation Restriction program and dedicated to growing corn and grass to feed their approximately 275 cows, 110 of them currently milk-producing and some raised for beef. The calves are mostly in individual big plastic huts, but graduate to shared spaces and the communal barns as they age. They reach breeding age at about a year and, if raised for beef, go to slaughter at about age 2 (they don't do veal). Milking happens twice daily at 3 a.m. and 3 p.m., takes 8-10 minutes per cow, and gets trucked to market daily. The family is now debating whether to invest in robotic milkers that will allow them to shift the people now doing it to other duties. Among other things, John Whittier said, that might enable them to catch and treat any injuries more quickly.

For obvious reasons, keeping the cows healthy is paramount, and that has led to key choices. In last year's drought, for example, they opted to stop irrigating their three acres of vegetables because they're on well water. "Making sure there's enough water [for the cows] is a pretty simple thing," Sam said. Another aspect is separating calves from their mothers for feeding; that both enables them to ensure the calves are getting the right mix of nutrients and minimize the risk of injuries to the cows' udders so the milk keeps flowing.

"As long as a calf is healthy and protected from the elements, you're doing it right," she said, quipping, "They get maximum sunshine except in the event of an eclipse."

Gus Steeves can be reached at gus.steeves2@gmail.com.



## ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4140 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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## Hitchcock Happenings

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Volunteers are our backbone at Hitchcock. During a lull is a great time to catch up with friends and make new friends. By lending a hand you will raise much needed funds to keep Hitchcock bustling with activities to helping programs. We are just \$2,000 shy of our goal for 2017. You can put us over the top by joining our team of volunteers.

Can you volunteer to park cars at Hitchcock between Tuesday-Sunday Sept. 5-10? It is fun to see the reactions when we give \$2 for change. Grab a friend and enjoy some community spirited time together.

We are looking for two people for each shift Tuesday-Thursday and four for Friday-Sunday.

We usually have three hour shifts 9 a.m.-noon and noon-3 p.m. each day. If you can volunteer but those hours don't work for you, please let us know.

You can volunteer by email [sue@hitchcockacademy.org](mailto:sue@hitchcockacademy.org) or call Sue at (413) 245-9977.

### CUPCAKE CREW

Please join us on Friday, Sept. 1 for another great night of fun with Friends & Family Fridays: Decorating Cupcakes with Megan O'Brien of Kadoodles Kupcakes!

The first Friday of each month, we bring you a class from our instructors and a pizza dinner for only \$6! It's a great way to try a new class without all of the commitment or cost of a regular class. Past Friends & Family Fridays have included a Drumming Circle with Time Kane, Garden Containers with Linda Fuchs, Troll/Fairy Houses with Marcia Beal, and Judo with the Sen-i Judo club.

September's Friends & Family Friday class will be perfect for everyone who has ever wanted to learn more about decorating with frosting or anyone who just likes to have fun with their food or their friends and family!

Megan O'Brien will focus on teaching you to decorate cupcakes that will be perfect for a Labor Day picnic or barbecue! And the best part is that you will have made it yourself!

To attend Friday's class, be sure to register-either online, over the phone, or in person! Sponsored in part by Country Bank for Savings.

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The Youth Ministry of St. John Paul II Parish



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# Cost of buying a home!

We get excited once we realize that we are approved to buy a home. Sometimes we forget to sit down and look at all the costs involved with buying a home to make sure we are truly ready to make the leap. There are several expenses outside the actual downpayment for the loan. Some of those costs are as follows

**Inspections** – You can expect to spend anywhere from \$300-\$700 on the home inspection. If you have a Well for your water supply you will most likely also be doing a water quality and quantity tests. I have seen the quality tests over \$200 and then the quantity it will depend on how long the test is but usually 2-4 hours. If it's the same person doing the inspection then maybe \$50 but could be another \$150-\$200 if you have a separate well company come out.

**Appraisal** – I usually see this

costs around \$450-\$550 depending on the house and type of loan. This usually needs to be paid out of pocket when it is completed. The bank requires this to ensure that the value and the condition of the property meet the requirements of the loan you are taking out.

**Homeowners Insurance** - This is also an expense that I usually see required prior to closing. Most lenders will require you to pay 1 year upfront and the insurance company will also require that 1 year payment in order to give you the insurance binder so you can close on the loan. I have seen some insurance companies not require the entire year upfront but I would plan for this cost. This really depends on the house, condition, age, value, and you want to ensure. I have seen as low as \$700 to \$2,000-\$3000 depending on single family or multifamily



REALTOR'S  
REPORT

JAMES  
BLACK

and if you are living there or if its an investment.

**Closing Costs** – Most lenders will require you to escrow money for things like taxes. You will pay prepaid interest, attorney fees, title insurance for the lender and owner title insurance policy. If you have condo fees or Homeowners Association fees those may need to be escrowed as well. If the owners have already prepaid taxes, filled the oil or propane tank then you will be paying them for those items

as well. I typically see closing costs and escrows around \$5,000-\$7000 depending on what is required and the size of the loan.

**Moving** - If you intend to hire movers to help you with the move it will probably cost several thousand dollars. The other thing to consider is if you are moving into a house with different sized rooms that either don't fit your furniture or a larger home where you don't have furniture you would want to budget for those items.

**Yard Maintenance** – This is one I didn't really think much about when I bought my home. If you went from a condo or an apartment you will need things like a lawnmower and if it's a large lawn a riding mower, you would want a weedwhacker, possibly a leaf blower, a chainsaw, wheelbarrow, Rakes and shovels and may more items.

Just make sure to budget for these items.

**Unexpected Repairs** – This is the big one. Make sure after you budget for all these items and put your downpayment down that you still have a 3-6 month reserve in the bank because you may need some of it to make unexpected repairs in that 1st year.

If you are buying a home make sure to consult with your Realtor and Home Inspector in case there are other costs specific to your home that you have not accounted for. It is also a good idea to get costs from the previous owner on what all their bills are on the home. Maybe you love the lawn but didn't realize the current owner spends several thousand every year keeping it up. You then would want to budget for that as well.

## Cornerstone Bank donates to Stuff the Bus Campaign

It's that time of year when students are getting ready to go back to school. This can be a difficult time for some parents financially, providing not only new school clothes, but also backpacks and school supplies. Catholic Charities of Southbridge tries to fill that need and lessen the burden by holding an annual "Stuff the Bus" school supply drive.

Cornerstone Bank employees generously donated to the "Stuff the Bus" campaign, making a significant difference in the support Catholic Charities is able to provide to local children.

"The beginning of the school year should be an exciting time," stated Bonnie Losavio, AVP-human resources at Cornerstone Bank. "We are pleased to partner with Catholic Charities to help local school children start the year in a

positive light."

Donations can be dropped off directly to Catholic Charities at 79 Elm St., Southbridge.

Cornerstone Bank is an independent, mutual savings bank serving the residents, businesses, and communities throughout central Massachusetts from offices in Charlton, Holden, Southbridge, Spencer, Sturbridge, North Oxford, Leicester, Rutland, Warren, Webster and Worcester. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at [cornerstonebank.com](http://cornerstonebank.com), on Facebook or call 800-939-9103.



Courtesy photo

Cornerstone Bank senior operations specialist Wendy Coran; Catholic Charities Interim Administrator Marie Kudron; Cornerstone Bank Southbridge Assistant Branch Manager, Christina Rios and Operations Assistant Manager, Katelyn Krikorian.



Courtesy photo

From left: Harrington Director of Development Karen Spiewak, Southbridge Big Y Store Manager John Menard, Big Y Employee Service Representative Terri Garcia.

## HARRINGTON BENEFITS FROM BIG Y DONATION

SOUTHBRIDGE — Harrington HealthCare System was honored to be selected by Big Y Foods as one of 30 local organizations to benefit from funds raised at a recent charity event.

The Southbridge supermarket donated \$2,000 to Harrington Hospital. The funds will benefit Harrington's Commitment to the Community Campaign, which will renovate the Southbridge Emergency Department.

Big Y's donation was the result of funds raised at its 2017 Paul & Gerald D'Amour Memorial Scholarship Charity Golf Outing. The annual event has raised more than \$2 million for local charitable organizations and the Big Y Scholarship Program.

"We greatly respect the work of Harrington HealthCare System, and we are proud to be a business colleague in the south central community," said John Menard, store director. "We are happy to offer this donation which will help increase safety of patients, staff and visitors by enhancing the Emergency Department in Southbridge."

To learn more or donate to the Commitment to the Community campaign, visit [www.harringtonhospital.org/support-harrington](http://www.harringtonhospital.org/support-harrington).

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**HOLLAND:** 413-245-7108

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1:00 p.m. – 4:00 p.m.

**FISKADE:** 508-347-6486

Weekdays 9:00-4:30 and Sat. 9:00 -12:00

**STURBRIDGE** 508-347-6463

Weekdays 8:30 – 5:00 and Sat. 9:00 -12:00

**BRIMFIELD:** 413-245-3451

Weekdays: 9:00 – 4:30 and Sat. 9:00 -12:00

**WALES:** 413-245-9808

Weekdays 8:30 – 12:30 and 2:00 – 4:30 and  
Sat. 9:00 – 12:00

REAL ESTATE

### STURBRIDGRE

\$739,000 116 Westwood Dr, Green Way RT, and Vanbeek, Kris, to 116 Westwood Props LLC.

\$480,000 172 New Boston Rd, Coleman, Mary C, to Cherry, Paul A, and landoli-Cherry, Lori.

\$436,500 5 Harding Ln, Adamson, Edward S, and Adamson, Heather V, to Reed, Douglas C.

\$385,000 365 Leadmine Rd, Albert & Zarri Dhembe FT, and Dhembe, Albert F, to Roberts, Kyle, and Roberts, Brooke.

\$350,000 88 Mcgilpin Rd, Knox, Mary K, to Marchean, Betsey L.

\$300,000 4 Crescent Way #4, Priscilla M Long RET 2014 and Long, Priscilla M, to Rougemont, Joan M.

\$295,000 253 New Boston Rd, Morin, Thomas J, and Morin, Kerry E, to Figueiredo, Paulo, and Figueiredo, Alicia.

\$275,000 27 Whittemore Rd, Deflumeri, Michael J, and Deflumeri, Donna F, to Ward, Ronal R, and Graham-Ward, Christine E.

\$230,000 7 Long Ave, Sullivan, Robert J, and Sullivan, Patricia B, to Hamilton, Collleen, and Meisterling, Ethan.

\$230,000 9 Long Ave, Sullivan, Robert J, and Sullivan, Patricia B, to Hamilton, Colleen, and Meisterling, Ethan.

\$227,500 101 New Boston Rd, Rask, Paul L, and Rask, Judy A, to Boschetto, Concetta M.

\$212,400 79 Breakneck Rd, Moquin, Gary M, and Bank of America NA, to Bank of America NA.

\$200,000 90 S Shore Dr, Denault LT, and Denault, Alice E, to Randall, Suzanne F, and Breaux, Jean P.

\$133,000 40 Goodrich Rd, Jensen FT, and Jensen, Paulk, to Gibson, Clifford J, and Gibson, Janice.

\$98,000 513 Main St, Kahikina-Miller, Donna M, and Wells Fargo Bank NA, to Nguyen, Van.

\$22,500 12 Gardner Ave, Gardner RT, and Gardner, Bruce C, to Garfield, Justin.

### BRIMFIELD

\$249,000 101 Cubles Dr, Chianese, John H, to Hegarty, Terence L, and Hegarty, Monique M.

\$175,000 81 Little Alum Rd, Chapdelaine, Nancy J, to Jaworski, Donna A.

\$53,299 4040 Main St, US Bank NA Tr, to Papillon, Arthur.

### HOLLAND

\$285,000 10 Collette Dr, Quinlan, Dennis M, and Quinlan, rebecca L, to Stout, Stacy.

\$265,000 8 Brandon St, Neff, Gayle, and Neff, Bruce, to Harpin, Micheal, and Harpin, Stephani J.

\$255,000 224 Stafford Rd, Blease, Richard E, and Blease, Patricia, to Beaugregaurd, Robert J, and Beaugregard, Lindsey M.

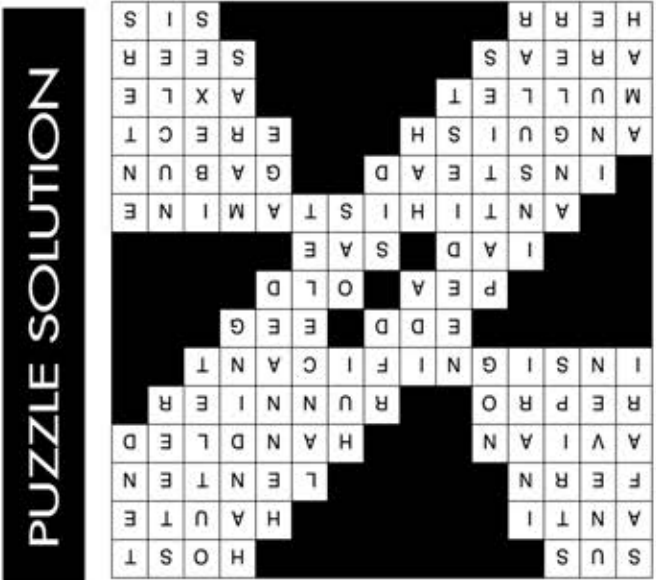
\$125,000 15 Chaffee Rd, Storey Allan E Est, and Diforte, Jill L, to Marinelli, Benjamin C.

### CLUES ACROSS

- |                                 |                                |
|---------------------------------|--------------------------------|
| 1. One-time Moroccan kingdom    | 25. Discontinued Apple         |
| 4. One who entertains           | advertising platform           |
| 8. Not in favor of              | 26. Car mechanics group        |
| 10. Couture                     | 27. Treats allergies           |
| 11. Nonflowering plant          | 34. Rather                     |
| 12. Of Christian fasting season | 35. African nation (alt. sp.)  |
| 13. Of birds                    | 36. Suffering                  |
| 15. Dealt with                  | 37. A way to raise             |
| 16. Duplicate                   | 38. Hairstyle                  |
| 17. More liquid                 | 39. Vehicle part               |
| 18. Inconsequential             | 40. Subject matters            |
| 21. Doctor of Education         | 41. One who can see the future |
| 22. Electroencephalograph       | 42. German courtesy title      |
| 23. Partner to the carrot       | 43. Female sibling             |
| 24. Not young                   |                                |

### CLUES DOWN

- |                                 |                                     |
|---------------------------------|-------------------------------------|
| 1. Jungle vacation              | 23. Burgers                         |
| 2. Off-kilter                   | 24. Organization of American States |
| 3. Takes off                    | 25. Lacking contact with other      |
| 4. Passing                      | people                              |
| 5. Where to plug in devices     | 26. Sex Pistols bassist Vicious     |
| 6. Drive                        | 27. One who uses a rod and line     |
| 7. Take care of                 | to fish                             |
| 9. City in Finland              | 28. Expression of surprise          |
| 10. Dyed                        | 29. Get older                       |
| 12. Small invertebrate          | 30. Rooney and Kate are two         |
| 14. Holiday beverage egg ____   | 31. Wild goats                      |
| 15. Hawaiian club               | 32. Cores                           |
| 17. Rural Free Delivery (abbr.) | 33. Walks into                      |
| 19. Most impoverished           | 34. A way to accustom               |
| 20. British romance             | 36. Wet nurse                       |
| novelist Pollock                |                                     |



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# Woman in Business announces officers and board

Woman in Business, Inc., which offers support and professional development for working women in south central Massachusetts, has elected its new president and Board of Directors.

The newly-elected Board is as follows:

Laurie Nelson: President  
Maxine Carter-Lome: Vice President  
Brenda Bianculi: Treasurer (Outgoing)

Brenda Lacaire: Treasurer (Incoming)  
Sue Tarasiak: Recording Secretary (Outgoing)

Jill Motyka: Director, Recording Secretary (Incoming)

Blaine Schnare: Director, Publicity  
Linda Goodbrand: Director, Membership

Carol Porra: Director

Laurie Nelson is the executive director at Christopher Heights of Webster, an assisted living community. She has a master's degree in human services management and she is also an adjunct professor at Quinsigamond Community College where she has taught gerontology for 17 years, as well as various courses in human development, human services, psychology, sociology, and career planning. She is also a certified life coach and has worked with clients to help them succeed personally and professionally.

Maxine Carter-Lome is the owner and

publisher of Weathervane Enterprises, Inc., publishers of the Journal of Antiques & Collectibles, Guide to Brimfield, and Your Hometown Shopper. Maxine's background is in market research and marketing communications, including 20 years in the cellular telephone industry, and the last 15 years as a marketing consultant for non-profits, schools, and youth organizations. Maxine and her husband, Jeffrey, moved to Charlton in 2014 from the Berkshires of Massachusetts.

Brenda M. Bianculi is a Certified Public Accountant with an office in Charlton. She graduated from Nichols College and obtained her MS in taxation from Bentley University. Brenda enjoys trust and estate work, tax planning, resolving tax matters with the IRS, and working with small to medium size businesses and their owners. Her industry specializations include real estate, trade contractors, retail, health practitioners, and service businesses and professionals. She also enjoys volunteer work including her current position with the Internal Revenue Service Advisory Council in Washington, DC.

Brenda Lacaire lives in North Brookfield, is married and has two children. She has worked at Steve's Collision Center, a licensed auto damage appraiser, for more than 23 years

and has owned the business for two years.

Sue Tarasiak is an accountant at Brenda M. Bianculi, CPA, LLC's office located in Charlton. She has been a Certified QuickBooks ProAdvisor since 2008. Sue is a graduate of Worcester State College. She has been involved with Woman in Business for many years and is currently the recording secretary, a position she has held for the past eight years.

Jill Motyka is a business professional in the marketing and higher education fields. She currently works as an adjunct professor at Bay Path University and manager at Dress for Success Worcester. In addition, Jill is a retailer for LuLaRoe clothing. She has been a member of Woman in Business since 2011.

Blaine Schnare is the marketing manager for Harrington HealthCare System, a position she's held for the past eight years. She is proficient in writing, social media, brand communication and media placement. Blaine graduated magna cum laude from Roger Williams University in 2005 with a BA in communications. She lives in Charlton with her husband and 6-year-old son.

Linda Goodbrand is an account executive with Frontier Communications, (formerly AT&T) the provider of voice,

data, and internet in Connecticut and voice platforms in Massachusetts.

She specializes in designing and implementing voice platforms including Mitel and Shortel, both on-site and cloud solutions. She lives in Woodstock, with her husband Dennis and "daughter" Tianan who is now in her freshman year at UConn.

Carol Porra attended her first Woman in Business breakfast meeting in January 1994, and has been an active member ever since. She was former president in 2011 and has served as an officer, board member, committee chair and committee member, most passionate about the annual scholarship awards the organization gives to local students.

Woman in Business, Inc. (WIB) was founded in 1985 by Judith A. Jaeger. WIB is welcoming new members from Sturbridge, Charlton, Southbridge and surrounding communities. The organization offers monthly membership activities, newsletters, annual scholarship awards, workshops and other events to support women and provide a network of sharing business experiences, knowledge, and ventures.

To learn more visit [wibsturbridge.org](http://wibsturbridge.org) or find WIB on Facebook.

## CAPSULES

continued from page A2

like battening down the hatches for storms that never come or buying house or car insurance that we never make a claim on; however, there is one thing that we know will happen to all of us, sooner or later we will die. This is a truth that we all must come to grips with in the course of our life. And while it may seem morbid to discuss this reality, most people find it incredibly freeing. As we discuss our impending death, we also are forced to consider our life and what it means to live. Please come join us to watch the documentary "Being Mortal," to discuss end of life issues, and to receive vital paperwork to help with planning. The program will be facilitated by Eva Pittsinger, COA director, and Rev. Dawn Adams. There is no cost for this program but please RSVP so that we know how many people to prepare for. A light lunch will be provided at noon.

We also ask that you arrive at 10:15 a.m. so we can begin promptly at 10:30 a.m. Drop-ins are welcome. The Senior Center is located in the 1st Congregational Church, 20 Main St., Brimfield, (413) 245-7253.

### 4TH ANNUAL DINNER DANCE FUNDRAISER

The Sturbridge Rotary Club is hosting a Dinner Dance at the Cohasse Country Club in Southbridge on Friday, Sept. 22 from 6-10 p.m. Proceeds will benefit the St. John Paul II Food Pantry. Music by MASS of MUZIK DJ Shawn Clark. Tickets are \$50 per person or a table of eight for \$350. For tickets, please contact Austin Jenkins at (508) 347-6511 or at [www.sturbridgerotary.org](http://www.sturbridgerotary.org). Join us for a fun evening and for a worthwhile cause!

### STEPPING OUT:

The Hayloft Steppers Square Dance Club is holding a "Back to School" dance on Saturday, Sept. 2 from 8-10:30 p.m. (\*Something New ~ early Advanced at 7:30). The caller will be Kevin Bersing

and the cuer will be Lee Fremault. Admission is \$8 per person.

For more information on our Beginner Classes, please call Moe at (508) 344-3430 or Al at (413) 436-7849, or visit our website at [www.hayloftsteppers.org](http://www.hayloftsteppers.org). The club is located at 232 Podunk Road in Sturbridge.

### MASTER SINGERS

Attention all singers! Brimfield Area Master Singers (BAMS) will begin rehearsals for the winter program on Tuesday, Sept. 12, at 7 p.m. at the Brimfield United Church of Christ located on Route 20 on the Brimfield Common. The first three rehearsals are open to all who may be interested. We invite you to come and sing with the group to learn more about the music and to discern whether you would like to continue as a member. Director Bob Willis has selected pieces of music of varied genres, including folk, popular, and traditional pieces. Concerts will be given on four Tuesdays, one in November and three in December in community locales. No auditions are necessary, only a love of singing and a joyful heart. For more information, contact Bob Willis at (413) 668 8782.

### HELP APPRECIATED

The Friends of Sturbridge/Fiskdale Senior Citizens will be holding their annual Yard Sale from 8:00 a.m. to 3:00 p.m. on Saturday, Sept. 16 on the lawn in front of the Senior Center. Applications for a space are available at the center. We will be offering baked goods and all donations are appreciated. Baked goods may be left at the center on Friday, the 15th, or brought the morning of the sale. A list of ingredients is required for items to be sold.



Joshua Hyde Public Library

306 Main St.

Sturbridge

(508) 347-2512

[sturbridgelibrary.org](http://sturbridgelibrary.org)

Open Monday noon-5 p.m.; Tuesday & Thursday 10 a.m.-8:30 p.m.; Friday & Saturday 10 a.m.-5 p.m.; Sunday (Oct. 15-April 29) noon-5 p.m.

### SEPTEMBER EVENTS AT THE JOSHUA HYDE LIBRARY

Thursday, Sept. 21:

Story Dance! We'll stomp, jump, and clap our way through stories and songs! Toddlers through Pre-K with caregiver. Thirty minute program. Pre-register. 11:00 a.m.

Thursday, Sept. 21:

Family Movie Night. "Smurfs: The Lost Village" (PG) will be shown. Snacks provided, too! Bring the whole family. Adults must be accompanied by a child. Free. Please pre-register. 6:30 p.m.

## Veterans Day Salute

### Stonebridge Press would like to salute our veterans

(from all wars & branches, including honoring deceased veterans), reservists, and active duty U.S. Military members in the November 10th issue.

Please send in a photo of your loved one with his or her name, rank, branch of military, and town from by email to [jean@stonebridgepress.news](mailto:jean@stonebridgepress.news),

or by mail to **VETERANS DAY SALUTE**,  
Att: Jean Ashton, Stonebridge Press, P. O. Box 90,  
25 Elm Street, Southbridge, MA 01550.

**The deadline for photos is October 20.**

*There is no cost to submit a photo.*

*If you submitted a photo in previous years, no need to re-send. We still have the photo on file.*



**Let's give our veterans the recognition they so greatly deserve!**

## Our Mission

The 200 Foundation's mission has been to raise money for various charities in the Worcester and Metro West area through several fundraising events throughout the year. Most recently, one of those charities, Provision Ministry, recently provided 175 backpacks filled with over \$27.00 of school supplies to the "Yes, We Care" program that assists low income families. Herb Chambers Toyota of Auburn and all of the Herb Chambers Companies are proud to be associated with The 200 Foundation and this fine project.



*The 200 Foundation board members and their kids stuffing bags.*



*A lot of happy kids receiving their bags and are now ready for the new school year.*



<http://the200.org/>

53 YEARS OF SERVING THE COMMUNITY

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September 2017

Bay Path High School

This institution is an equal opportunity provider.

BREAKFAST

Nutrition Tip: MyPlate recommends: Start with breakfast. Eat a breakfast that helps you meet your food group needs. People who skip breakfast often weigh more. Eating a nutrient-dense breakfast may help you lose weight and keep it off. **\*\*Meals are subject to change without notice\*\***

Full Price \$1.75    Reduced \$0.30

Daily Breakfast Alternates: Assorted Muffins, Cereal and Yogurt Smoothies

Or Try the Grab and Go Line with an assortment of breakfast pastries

All meals are served with a choice of assorted 8oz low fat milk

Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>Welcome Back!</div></div>	<div><div>Sausage, Egg &amp; Cheese on an English Muffin 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Assorted Bagel Assorted Cream Cheese 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Homemade Coffee Cake 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>No School</div></div>
<div><div>LABOR DAY</div></div>	<div><div>Assorted Bagel Assorted Cream Cheese 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Scrambled Eggs Bacon Whole Wheat Toast 4oz Fruit Juice Fruit Variety</div></div>	<div><div>French Toast with Syrup 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Ham, Egg &amp; Cheese on an Croissant 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>
<div><div>Pancakes with Mixed Berries 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Bacon, Egg &amp; Chees on an English Muffin 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Scrambled Eggs Sausage Whole Wheat Toast 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Homemade Coffee Cake 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Assorted Bagel Assorted Cream Cheese 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>
<div><div>French Toast with Syrup 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Sausage, Egg &amp; Chee on an Croissant 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Scrambled Eggs Bacon Whole Wheat Toast 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Waffle Bar with Assorted Toppings 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Bacon, Egg &amp; Cheese on an English Muffin 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>
<div><div>Pancakes with Syrup 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Assorted Bagel Assorted Cream Cheese 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Scrambled Eggs Sausage Whole Wheat Toast 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Homemade Coffee Cake 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>	<div><div>Ham, Egg &amp; Cheese on an English Muffin 4oz Yogurt 4oz Fruit Juice Fruit Variety</div></div>

September 2017

Bay Path High School

This institution is an equal opportunity provider.

LUNCH

Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Daily Lunch Alternates: Salad Bar, Assorted Grinders, PBJ Sandwich, Fruit and Yogurt Parfait, and Hummus with Vegetable Crudité & Pita

Tuesday & Friday: Assorted pizza

All meals are served with a choice of 8oz low fat assorted milk

**\*\*Meals are subject to change without notice\*\***

WEB PRESSMAN & PRESS HELPERS  
NEEDED IMMEDIATELY

Stonebridge Press, located in the Worcester County area of Massachusetts is looking for a full-time Web Pressman and Press Helpers to work in our Southbridge printing facility. These positions are full-time, year-round, Monday-Friday printing publications for our group of local community newspapers.

Stonebridge Press offers competitive wages, paid vacation and holiday time, and company sponsored 401k.

Please stop by the office to fill out an application:  
25 Elm St., Southbridge, MA

Or send resumes to:  
Stonebridge Press, Attn: Jim,  
P.O. Box 90,  
Southbridge, MA 01550  
for immediate consideration.

Healy joins Bay Path staff

CHARLTON — Adelina Healy of Dudley has joined the practical nursing program faculty at Bay Path Regional Vocational Technical High School teaching didactic and clinicals.

Healy will be teaching structure and function of the human body and clinicals at Royal Sandalwood in Oxford. She earned her bachelor degree in nursing at Worcester State University and her Master in nursing administration degree at Regis College.

She is a registered nurse with more than 45 years of experience in the classroom as full-time faculty, managerial as director of nursing services, and as an adjunct at Worcester State University. She has held teaching positions at Northeastern University, Mt. Wachusett Community College, Quinsigamond Community College, and Regis College. A Hyatt Scholar, recognized for outstanding scholastic aptitude and motivation, Professor Healy was a member of Dudley Board of Health for 18 years, nine of those years as chairman. Her other memberships include AAUW, Daughters of the American Revolution (DAR), and board member, QE Foundation.

Adelina Healy, RN

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# Local students earn scholarships



The students who were honored by the Harrington Auxiliary

SOUTHBIDGE — The Harrington Auxiliary held its fourth annual scholarship awards ceremony in mid-June. The Auxiliary’s Scholarship Committee, which is co-chaired by Sally Baum and Pat Motyka, awarded \$21,250 to 11 students from nine area schools who are pursuing careers in a healthcare field. Some of the recipients are also employees at Harrington Memorial Hospital.

Five individuals received the Dr. Van Vooren Memorial Scholarship, a \$1,000 award per student. Charles Hall from Quinebaug Valley works in the environmental services department at the hospital and will pursue

a career as a medical lab technician at Quinsigamond Community College. Michelle Matte is seeking an MBA in healthcare administration at Anna Maria College. Currently working for Harrington Physician Services and for Seven Hills Foundation, Erin McTiernan is enrolled in the nursing program at Bay Path College. She has also served as a volunteer in Kenya.

Another Harrington Hospital employee, Alison Scully works as a lab assistant and mans the emergency room registration desk; she will attend Quinsigamond Community College to earn a degree in radiation technology. Heather Staniszewski, RN, is employed



Courtesy photos

at Harrington Hospital’s Cancer Center and is enrolled in the BSN program at Anna Maria College.

The Auxiliary awarded five \$3,000 scholarships to recent area high school graduates. Jack Cederberg from Shepherd Hill Regional High School has been accepted at the University of Rhode Island, where he will study lab science. Eric Fryberg, a David Prouty graduate, is enrolled in the pre-med program at Worcester State University. Bay Path graduate Katie Israelian will attend Springfield College to become an occupational therapist. Sophia Kontoes graduated from Bartlett High School and will study nursing at Worcester

State University. Julieanne Welsh of Oxford High School will begin pre-med studies at Boston University in the fall.

The Grace Kirk Memorial Scholarship, a \$1,250 award, was given to Sarah Stanhope, a Tantasqua Regional High School graduate and employee in Harrington Hospital’s dietary department. She will attend Salem State’s pre-med program.

Harrington Auxiliary, established in 1932, is a non-profit organization of dedicated and impassioned volunteers whose mission is to support and enhance the excellent services provided by the Harrington HealthCare System.

# Love Tokens



TREASURES  
IN YOUR  
HOME  
.....  
PAUL JOSEPH

And now on to one of my personal favorite areas of coin collecting: LOVE TOKENS. While a dozen roses, a box of chocolates, dinner out on the town, and even something as simple as a kiss and a hug are all contemporary “tokens of love”; in the world of numismatics, LOVE TOKENS means something very specific.

A love token is, as noted in a recent column, akin to a Hobo Nickel in that metal on the surface of one side of the coin is smoothed by hand with a blunt object and then the maker carefully engraves a design, again by hand. Engraving an elaborate design that included the initial(s) of a loved one or of the giver of the token, and some

fanciful curls, etc around the initials and the rim, were clearly a tedious labor of love.

While some examples are simple; many are undeniable works of art. Note the example in the picture with this column. The tokens were intended as a keepsake. It often memorialized a special event or date, often only known to the giver and the recipient. To qualify as a “love token” it had to be engraved on a real coin.

Originally given by a beau to a girlfriend, they later included tokens to family members, relatives, and close friends. Love tokens, while found on many denominations, they are most often found on Seated Liberty dimes (1837-91). A dime was an affordable coin to part with, but still allowed ample room for most intended designs. Additionally, unlike the Hobo Nickel, the silver dime was a softer metal to manipulate. Silver quarters and half dollars while suitable were important, spendable pieces and not always in the common man’s pocket.

We have seen a few (very

few) love tokens on silver dollars and gold coins, they are exceedingly rare and command a sizeable premium in today’s market. The \$1 gold coin was actually much smaller than a dime and not a practical option. The \$2 ½ gold quarter eagle was the next smallest gold coin available, and was about the size of a dime. However, due to its buying power back then YOU REALLY HAD TO LOVE SOMEONE A LOT to be ABLE TO AFFORD THAT.

A significant number of love tokens were made by soldiers during the Civil War. Soldiers would fill idle time while camping or a waiting orders to move engraving love tokens from pocket change. Later, during the Victorian Era,

folks were more willing to quietly express their emotions, so Love Tokens continued to be more popular.

My personal favorite (now secured in a safe deposit box) is a 16-coin love token necklace I received from a dear friend (a doctor) in Maine.

In our next column we’ll discuss the current state of the Morgan dollar market, which continues to be quite robust.



Their Price

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Friday’s Child

Samantha is a creative 10-year-old Caucasian girl who wants to be a singer when she grows up. Those who know Samantha say she is a smart, resilient, empathetic child who truly cares about the well-being of others. She is also athletic, very practical and a strong advocate for herself. She is able to express her needs without any prompting. Samantha has been very interested in trying out new hair styles and those who are close to her say she is extremely stylish.

Samantha likes school, particularly writing and recess. She did very well this past school year and looks forward to going back in the Fall. She is a great problem solver who works hard to achieve desired outcomes.

Legally freed for adoption, Samantha would do best in a home with a single mom or a two-parent family. If there are other children in the home, they should not be close in age to Samantha. Samantha would thrive in a family that could give her a lot of attention and help her reach her fullest potential. A pre-adoptive family will need to maintain contact with Samantha’s relatives and her visiting resource through phone and visitation. Samantha would like a family with pets (maybe a dog) and older siblings.

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EDITORIAL

Back to the same old, same old

It's a weekend full of fairs, Spencer and Woodstock come immediately to mind. The last hurrah before the summer officially comes to an end and routine becomes...well, routine, once more. Schools gear up, the sight is something as we watch kindergarten children with backpacks bigger than they are, and excited about the chance to ride the big yellow buses (that color by the way? It has an official name, that is American School Chrome); and the seniors at the other end of the age spectrum are either just as excited because they are at the top of their game and can't wait to be the lauded seniors, or are groaning into their pillows that the drudgery must begin.

OH wait, that's the teachers (we say from experience and a wink.) Teachers, you see, have already been hard at work; most of them for about a month already. Doing planning, preparing the first month's assignments, creating lessons, and on-line courses, and organizing grades and on-line websites for access to students and parents, and yes, even upgrading their own computers and software.

And going to school themselves, taking extra courses in new curriculum, new teaching styles, new recommendations, and yes, new demands by the Powers That Be in education.

That lucky three months off for teachers in the summer? Not so much.

Neither is it true for other staff, as the schools have been scrubbed from top to bottom, repairs made, walls painted; in some cases, classrooms moved about, new equipment set up, new software installed, new books checked in and inventoried, and on and on and on. No, people who work in school systems do not have it easy in the summer.

Move to the next scenario: the administrative departments, who are juggling student names and teaching assignments and bus schedules and room requirements and special education restrictions and independent study and extracurricular activities and band and chorus and let's just make sure every kid has a lunch break too. This work falls on guidance counselors and special education departments and yes, the administration assistants as well as the principals and lead teachers who are attempting to not overburden one classroom teacher at the expense of another because all the kids seem to need an English class at the same time period on Wednesday.

It's a juggling act. Yet when the front doors open, and those American Chrome buses (that have miraculously managed to make it to every bus stop almost exactly on time) discharge their loads of kids, there will be classrooms waiting, with clean desks, classwork prepared, a class list with the students' names on them for the teachers to identify their own new challenges, and the year will begin.

All across the state, and the entire country. American education still happens. Paid for by taxpayer dollars. It isn't perfect, but any kid who really, REALLY wants to learn and is willing to put in the necessary work even with adults who aren't as tasked as he or she is can make something amazing of themselves.

In most cases, in most schools, there is a core cadre of dedicated educators who do care, who do work as hard or harder than the students and, even with the frustrations and limitations of government interference still manage to do a great job of educating our children. It is to Hurrah indeed.

ENTERTAINMENT AND EVENTS

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OPINION

VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

Restoring faith in representative democracy

There's no shortage of threats to our democracy. Russian meddling in elections, the vulnerability of state voting systems to hacking, politicians' assaults on the media, and political leaders' growing fondness for policy-making in secret — all of these pose a real challenge to our system's viability.

As worrisome as these are, there's one problem that may be the greatest threat of all: Americans' loss of faith in politics and democratic institutions. This has been building for decades, dating back to the Vietnam War and Watergate, and the long-term economic challenges — recession, inflation, widening inequality, the shifting nature of work, a series of financial crises — that grew out of that era. It's rooted in our system's apparent inability to overcome deep divisions in the country: urban and rural, liberal and conservative, the mass of ordinary Americans and the elite, divides over race and ethnicity and gender politics and...well, you know the list as well as I do.

The truth is, in the face of this teeming, complicated, diverse society, our political institutions have performed inadequately. But if we're not just to throw in the towel and declare representative democracy a noble failure, then we have to restore Americans' faith in the processes of government. To do this, we have to pursue a range of reforms and goals, some of which will require years of concerted effort to achieve.

• Broad-based economic growth, for instance, will be crucial. It may seem odd to start with this when we face so many political and structural problems, but when the bulk of people — not just the already-fortunate or the best-educated — sense that they have a chance to improve their lot and that of their children, that the economy offers opportunity to all, this lubricates a society. Economic growth that spreads its benefits to the broad mass of people solves a lot of problems and restores confidence in government.

• Winner-take-all in politics is as damaging to society as its economic counterpart, yet over the last generation we've lost the ability to use the techniques of democracy: civility, negotiation, compromise, transparency, respect for minority views and accountability. These are not just values — they're tools that bring representative democracy to life. They ensure that diverse voices are included in policy-making, give legislation broad legitimacy, and help citizens under-

stand and feel a stake in governance.

• Restoring these values, though, will also require changing the political habits that define this era. The polarization and scorched-earth legislating that have come to reflect divisions in our society are deep-seated and destructive, and will need determined leadership at the highest levels to undo. This should be met at a variety of levels, including meaningful civic education that helps citizens understand their crucial responsibilities and that lays bare the system's limitations and sets realistic expectations.

• Finally, we should undertake a set of structural reforms to restore Americans' faith that government is constructed fairly and is focused on the general welfare. Gerrymandering, which gives one party legislative and congressional seats out of all proportion to its actual popularity, must end. The machinery of our elections — outdated, fragile, lacking a paper trail, vulnerable to cyberattacks — needs investment. The outsized influence of money in politics continues to feed cynicism and public disengagement.

What I find perhaps most distressing is that many of these are deep-seated, longstanding problems that are evident to many Americans, yet we don't see them being addressed. A voice or two might be raised from time to time in Washington, but no one maintains the effort.

Yes, the times make it tough: We have a struggling President, a Congress fractured by infighting, and political parties incapable of forging consensus among their diverse members. The to-do list I've laid out is long and daunting.

Sure, restoring faith in our system will take a sustained effort on the part both of our political leaders and our citizens, but I'm not saying it all needs to be tackled at once. What I am saying is that until Americans see that our political leaders recognize the erosion of faith in our political institutions that is undermining our system and are taking meaningful steps to address it, our distress will only grow.

Lee Hamilton is a senior advisor for the Indiana University Center on Representative Government; a distinguished scholar, IU School of Global and International Studies; and a Professor of Practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

IN MEMORY

LEE HAMILTON

Are you a “hardworking” investor?



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This week, we observe Labor Day, a celebration of the American worker. You work hard your whole life with the hope that your efforts will ultimately allow you to achieve your financial goals, such as a comfortable retirement. But for that to happen, you may need to apply some of the lessons of the workplace to your efforts as an investor.

So, what are these lessons? Here are a few to consider:

Be consistent. The most successful workers are the ones who show up, day after day, and strive to overcome the inevitable obstacles that crop up. As an investor, you, too, need to be consistent in your habits — which means you should keep investing in all types of markets. If you take a “time out” every time the market drops, you might end up missing opportunities when the next rally begins.

Be flexible. When good workers see that something is not going well, they change what they're doing. And when you invest, you also may need to make adjustments. If an investment has consistently underperformed, or if you have too many others very similar to it, or if it just doesn't meet your needs anymore, you may be better off by selling it and using the proceeds to invest elsewhere. This doesn't mean you should constantly be buying and selling — in fact, you'll likely be better off by purchasing quality investments and holding them for the long term. But you need to be flexible enough to make the appropriate moves at the appropriate times.

Be informed. The best workers are those who regularly update their skills and acquire knowledge that helps them do their jobs better. As an investor, you should also keep learning — about the investment world in general and about new opportunities for you to explore. And you should always understand what you are investing in — and why. Even if you work with a financial professional, you need to inform yourself about every aspect of your investment portfolio — after all, it's your money and your future.

Be farsighted. Good workers not only know what they're doing — they also can visualize the desired outcome of each task. And, of course, people who are in charge of a particular endeavor, or who are responsible for the fortunes of a business, have a clear view of what they want to accomplish, even if the achievement of that goal is many years in the future. When you invest, you also need to see where you want to go. If you can constantly keep in mind your long-term goals — such as the type of retirement lifestyle you desire — you will likely find it easier to stick with an investment strategy that's appropriate for your needs and risk tolerance. Conversely, if you lose sight of your destination, you might be more prone to taking short-term detours, which could work against you.

Labor Day reminds us to appreciate the skills and dedication of all workers — and as an investor, you can put these same attributes to good use.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com

Blue Ribbon BBQ Recipes

The warm weather is holding on and late summer evenings are ideal for breaking out the BBQ. Outdoor grilling is a tasty and enjoyable mode of cooking, made even more so with the culinary creativity of award winning cooks. The following blue ribbon recipes from across the nation are sure to make your next barbecue all the more pleasing to the palate!



TAKE THE HINT

KAREN TRAINOR

Big Bad Beef Rub  
This rub recipe won “Best Beef” for a brisket at the 2010 Sonoma County Harvest Fair.

Ingredients: 3 tablespoons ground black pepper; 2 tablespoons table salt; 1 tablespoon granulated white sugar; 1 tablespoon onion powder; 2 teaspoons mustard powder; 2 teaspoons garlic powder; 2 teaspoons chili powder; 1 teaspoon chipotle or cayenne powder

Directions: Mix the ingredients together in a bowl. Lightly oil the meat with vegetable oil. Spread the rub generously on beef brisket, not so thick on other, thinner cuts. Apply it just before cooking or let it marinate on the meat overnight. Grill as usual. Makes a half cup.

West Coast BBQ Sauce  
This sauce recipe from the Food Network website is billed as a melting pot of cultural influences. It was a Blue Ribbon winner of Foodtv.com's Championship Cook-Off.

Ingredients: 1 sweet Vidalia onion, minced; 4 cloves garlic, minced; 1 table-

spoon minced ginger; 3 tablespoons olive oil; 3 tablespoons butter; 1/2 cup red wine; 1 cup pineapple juice, reduced to 1/4 cup; 2 cups chicken stock; 1 cup ketchup; 1 15 oz. can tomato sauce; 2 tablespoons tomato paste; 3 tablespoons soy sauce; 1/4 cup Worcestershire sauce; 3/4 cup brown sugar; 1/2 cup dark molasses; 2 tablespoons black pepper; 2 tablespoons chili powder; 2 teaspoons salt; 1 teaspoon cayenne pepper; 1 teaspoon ground thyme; 1 teaspoon ground dry mustard; juice of one lime.

Directions: Gently sauté onion, garlic, and ginger in olive oil and butter until the onion is translucent, but not brown. Add red wine and cook off alcohol. Add remaining ingredients, except lime juice, and bring to a boil, then reduce heat and simmer for at least one hour. If you want a completely smooth sauce, strain after cooking. Brighten with lime juice after cooking.

Stuffed Onions  
This unusual BBQ flavored onion dish calls for cooking in the oven, but wrapped in tin foil, it could easily be adapted to the grill. It won a Blue Ribbon at the Michigan State Fair.

Ingredients: 1 c. plus 2 t. KC Masterpiece honey barbecue sauce; 1 lb. breakfast pork sausage; 4 large sweet onions; 4 T. parsley; 2 apples, peeled and finely chopped; 1/2 t. garlic powder; 1/2 t. cinnamon; 1/4 c. finely chopped onion; 1/4 t. nutmeg; 2 c. herbed stuff-

Turn To TRAINOR page A13

stonebridgepress.com



# O Canada. Oh, what you have given us? Eh!

Let me begin by saying there are many things my wife and I love about Canada: we have great friends there, we love visiting and many other things Canadian. However, there are two things Canadian we are less enamored of namely Branta Canadensis commonly known as the perpetually pooping Canada goose and Castor Canadensis which we know as the North American beaver.

The two have a few things in common. They were both hunted almost to extinction, they are both vegetarian, they both can live to be over twenty, they both are prolific breeders and both can be a real nuisance.

I have had the good fortune to live on Walker Pond for over thirty years and have had to coexist with both animals but this article will focus on the beaver. As long as I have lived by Walker Pond there have been beavers. Sometimes when talking to neighbors the conversation may quickly change from talking about beaver dams to talking about those “d...n beavers,” especially if the neighbor had a boat dock that was now under water. I do not own a boat and for the vast majority of the time the beavers did not interfere with me and I did not interfere with them. One night, however, the peaceful coexistence came to an end. I left my home early one morning and was shocked and in awe at what I saw. My front yard was covered in fallen trees. Some small saplings but also larger silver birch trees up to a foot in diameter. The pointy stumps and piles of wood chips meant you did not have to be a rocket scientist to guess who the culprits were.

When I arrived home that night I fired up my trusty chain saw and cut the fallen trees up into 4 foot lengths — there were 39 fallen trees. By the time I had finished it was getting dark so I thought I would leave cleaning up until the weekend. The next morning I was even more shocked at what I saw. The beavers must have come back and cleared everything away — remarkable.

I could understand the beavers taking down all the Aspen saplings, the maples and even the larger silver birches for food during the winter but they also attacked some larger trees including a 30 inch diameter oak tree. I can only guess that the parent beavers gave the juveniles something to practice on knowing they would not bring the tree down and kill themselves but would learn the art of chomping.

After the “attack” my wife contacted a licensed trapper who came out and looked at the damage. He explained that although the beaver is a protected species, they can be culled by applying for a permit to trap. Evidently over 500,000 beavers are legally trapped a year. Application for a permit is made to the local Board of Health and it is necessary to show that the beavers are causing either a health or safety hazard. The trapper told us he thought we had a colony of between 12 and 18 beavers and if we were successful in getting a permit he would charge \$100 per beaver to remove them. “Remove” means kill as it is illegal in Massachusetts to trap and release beavers. He advised that it would be a better strategy to put enclosures round every tree you did not want beavers to attack. This required putting very strong steel mesh 4 feet high round each tree.

As I knew little about beavers and it would appear that I was going to have to get used to them being my neighbors, I thought it would a good idea to learn a little about them.

Beavers are the second largest rodent in the world (for trivia buffs, the largest rodent is the capybara, a South American rodent twice the size of a beaver).

Beavers can weigh up to 70 lbs. The body length can be up to 36 inches and the tail an additional 12 to 14 inches. Those living close to beavers become familiar with the sound of beaver tails

slapping the water.

There are two distinct types of beaver, Caster Canadensis or North American beaver and Caster Fiber or Eurasian beaver. They differ by the number of chromosomes with North American having 40 and the Eurasian 48. There are no known crossbreeds. Humans being humans tried to get them to cross-breed but after many attempts only one pregnancy resulted and the one kit produced was still born.

Starting as early as the 17th century, beavers were hunted to make clothing, top hats, for medicinal purposes and for perfumes. By the middle of the 19th century both the North American and the Eurasian beaver species had been hunted to near extinction.

At the peak, it is estimated that at one time there may have been over 60 million beavers on the North American continent. Early in the 20th century both types of beaver were given legal protection and both species have recovered to the point that it is now estimated that there may be as many as 15 million beavers in North America. Not only did the beavers get legal protection to help their recovery but one of their few predators, the wolf, was also in decline.

Beavers mate for life and can start having kits as early as three years old. They can give birth to as many as nine kits but generally it is a lower number. The offspring are usually born in the period April to June and will stay with their parents for two winter’s before leaving (or being told to go). If one pair has 4 kits a year and their offspring do the same, then in ten years the initial pair will have become an extended family of over 600!

We are all familiar with the “nuisance” aspects of beavers: they can cause flooding of property and roads, they can cause flooding of septic systems creating health hazards, they destroy trees by the thousand. Beavers

have not learned how to fell trees in a controlled way. Where the tree falls appears to be random, it can fall on houses, power lines and even on themselves usually leading to their death.

Most people do not appreciate that beavers can also be beneficial. The wetland areas created by their dam building provide means of flood control, they provide filtration to take out pollutants in water run off and they provide habitat for a plethora of animals and plants.

Whilst it may surprise some, governments, even with best of intentions and meaning to do well do some really stupid things. This was certainly true regarding beavers in Argentina.

Unlike in the past, beavers no longer play much of a part in the economics of North America. However, the large historical trade in beaver products did inspire a bureaucrat in the Argentine government to come up with the brilliant idea of starting a beaver farm in Terra del Fuego an island off the southern tip of South America. In the late 1940s the government imported about ten pairs of beavers from Manitoba. The farm was not a success. Instead of culling the beavers, they let them go — to go forth and multiply which they did. They had no predators and so 60 years later it is estimated that the population was over 200,000. The beavers have managed to leave the original island and are now island hopping towards the mainland. A containment strategy has been created but the terrain is difficult for trappers and at present it looks as if the beaver are winning.

Beavers can be a nuisance but we can coexist- we can put enclosures round trees to protect them, flooding can be mitigated by the use where appropriate of water flow devices. Remember however, that in Massachusetts it is illegal to disturb beaver dams or lodges without a permit. Doing so can incur heavy fines.

Turn To **SPARROW** page **A13**

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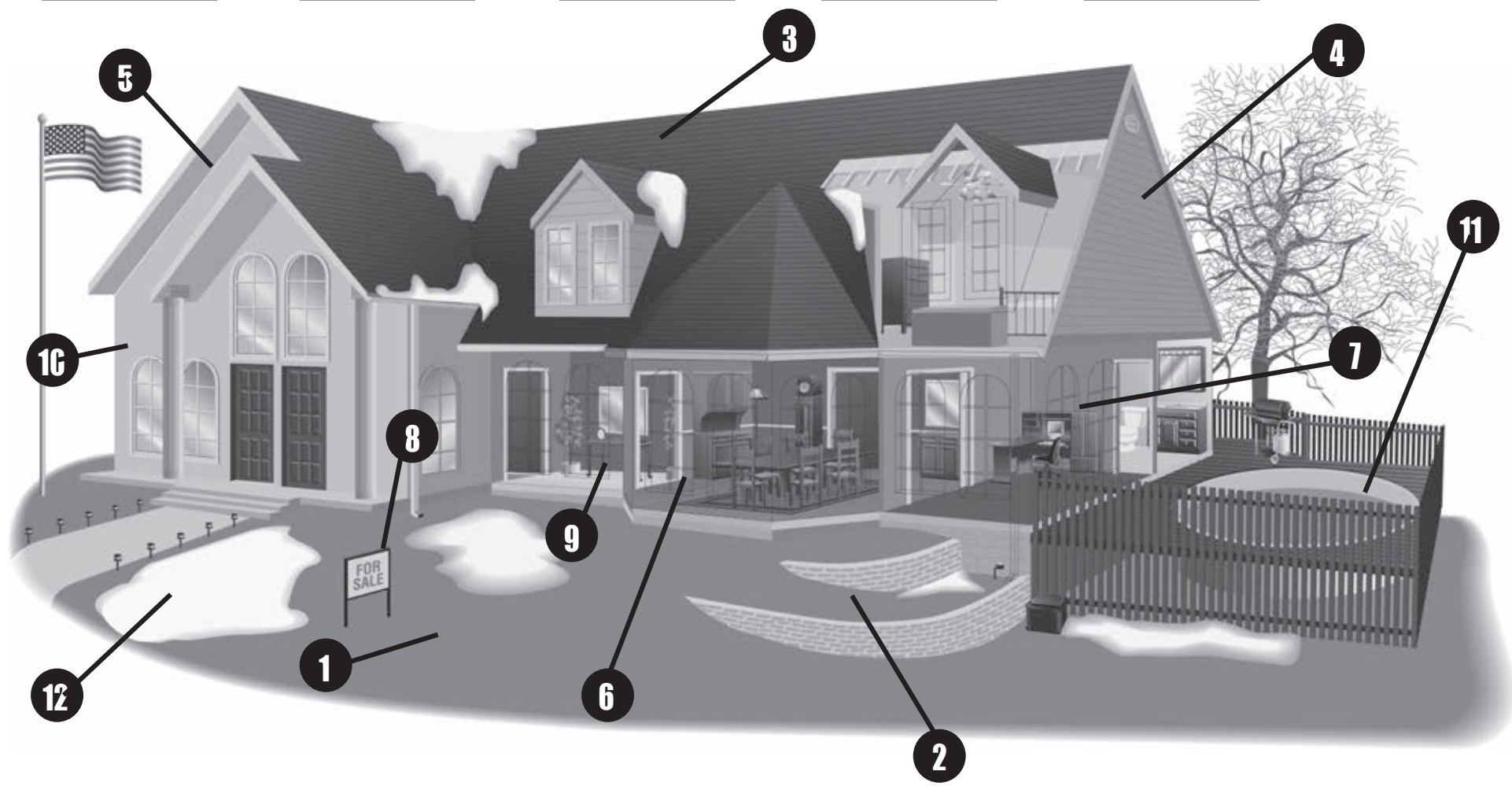
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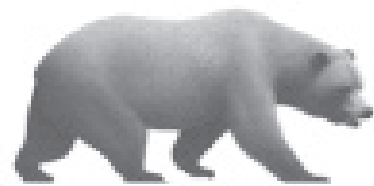
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# SPORTS

## Ever-growing Laid Back Competitive Baseball League finishes sixth season



Adam Darling delivers a pitch for the Dudley-Charlton Whitecaps during the Laid Back Competitive Baseball League championship series.



Curtis Orlik picked up the win for the Turner's Club Nuts over the Dudley-Charlton Whitecaps in the Laid Back Competitive Baseball League's championship.

**BY KEN POWERS**  
SPORTS CORRESPONDENT

CHARLTON — The Laid Back Competitive Baseball League (LBCBL) recently wrapped up its sixth season, holding its League Championship Series at Turner's Club Field in Sturbridge on Aug. 19 and its All-Star Game and Home Run Derby at Charlton Memorial Field on Aug. 26.

In the League Championship Series (LCS) the Turner's Club Nuts won their second consecutive league crown, defeating the DC Whitecaps, 2-0, in the best-of-three series. Turner's Club — which finished the season undefeated — won the first LCS game with pitching (4-3), and the second game with offense (16-6).

For Turner's Club (18-0), Ray Bell got the win on the bump in Game 1, tossing a complete-game six-hitter, allowing three runs, two earned, while striking out eight. Pat Button, Tim Santilli and Shane Presutti all homered for Turner's Club in the game. The majority of the Whitecaps' offense in Game 1 came off the bat of Matt Vertucci, who clubbed a two-run homer in the fifth inning.

In Game 2, Turner's Club spotted the 13-5 Whitecaps a 2-0 first inning lead, but came roaring back with a run in the second inning, four in the third and five in the fifth to get control of the game.

Curtis Orlik, who jump-started the Turner's Club bats in the second with a solo home run, picked up the win

on the mound, hurling four innings and striking out five. Button, Santilli, Nick Champeau and Tim Reeves all had three hits in the Game 2 win, with Santilli providing the big blow, a three-run homer.

"The Championship Series was great; especially the first game, it was very back and forth," said Cody Mundell, the founder of the league and a member of both the Turner's Club Nuts and the Sturbridge TinCaps. "Everybody had fun all season and we had some very competitive games."

In the LBCBL All-Star Game, the West Division — which consists of Turner's Club, the TinCaps, the North Brookfield Gunners, the Brimfield Pirates and the Fiskdale Fisters — defeated players from the East Division, which consists of the Whitecaps, the Oxford Bomb Squad, Lomuscio Trucking, the Southbridge Spectacles and the Shrewsbury Colonials, 19-1.

Champeau was the hitting star for the West squad, going 5 for 5, driving in five runs with a triple, a double and three singles. West teammate Steve Witkowski helped the winning cause by clubbing a three-run homer.

"Wow, 5 for 5, not too shabby; I've never done that before in my baseball career — at any level," said Champeau, a 2011 graduate of Tantasqua Regional who also played at Westfield State University. "I was able to put some good swings on the ball. I was happy to

be able to help my team."

Witkowski's home run was mildly disputed by the East team because the ground rule at the Charlton field is that in order to be a home run in right field the ball has to go into the overgrown brush on the fly. Witkowski's ball hit off a set of bleacher in right-center field before hopping into the brush.

"That ball is a home run at every field I've ever played on," said the 31-year-old Witkowski, a Leicester High graduate. He grooved a fastball and I was sitting on it."

Winning the LBCBL Home Run Derby was the Oxford Bomb Squad's Tyler Bostek, who smashed a total of 11 home runs in the three-round competition, including five in the final round. Bostek edged Bomb Squad teammate Nick Cardoni for the title by a single dinger. Cardoni, who was also Bostek's teammate at Oxford High back in the day, drilled four home runs in the final round and seven in all.

"There was no mindset going in," Bostek said. "I just wanted to come out and have a good time, take some good swings and have some fun with it."

Cardoni's runner-up finish in the HR Derby might be surprising to those that knew him in high school, but the pitcher/second baseman is no longer the skinny kid that played for the Pirates.

"I've learned what the gym is since high school," he said. "Now that I'm an old guy I've put a little meat on my

bones."

Mundell said that he was pleased with the progress the LBCBL made during the 2017 season.

"This year we went from having seven teams to 10 teams, which was really cool, and we split into two Divisions, an East Division and a West Division. We made the split geographically," said Mundell, who said the league is open to anyone age 16 and up who wants to keep playing baseball during the summer.

"It used to be 18-and-over when we first started," Mundell explained, "but we lowered it to 16-plus when Little League stopped having a Big League Division [ages 16-19]. "We've had a number of younger kids come in the league, especially this year with Shrewsbury, but we've got some older guys, too. My dad [Mark Mundell] plays, he's 53, and Ron Champeau plays too, and he's 55."

### SPORTS BRIEFS

#### Charlton Old Home Day Road Race accepting applications

The 51st annual Charlton Old Home Day Road Race will take place on Monday, Sept. 4. The race will start at 9 a.m. with registration beginning at 7:30 in front of the Town Hall across from the Library at 37 Main Street (Route 31). The entry fee is \$20. Walkers are welcome. Get race applications at the Charlton Town Hall, Charlton Optical or on [www.CharltonOldHomeDayRoadRace.com](http://www.CharltonOldHomeDayRoadRace.com). See website for link to online registration and mail-in forms.

#### Tantasqua Jr. High to host fall adult volleyball and basketball leagues

Sign up today for fall adult volleyball and basketball leagues. The highly competitive advanced volleyball league takes place Mondays from 7-9 p.m., while adult recreation volleyball is on Wednesdays from 7-9. The men's 3-on-3 basketball league is also Wednesdays from 7-9. The fee is \$20 for Sturbridge residents and \$25 for non-residents. The leagues are at Tantasqua Junior High's gymnasium pending availability at the school discretion. Registration is due by Sept. 15. Please contact the recreation department at (508) 347-2041.



Chris Daniels worked relief for the Dudley-Charlton Whitecaps versus the Turner's Club Nuts on Saturday, Aug. 19.



# Hundreds will help achieve milestone

STURBRIDGE — Since 1988, hundreds of thousands of people have taken part in Walk MS events across the country raising critical funds and awareness for the National Multiple Sclerosis Society. This year, the cumulative fundraising is expected to surpass \$1 billion.

“Walk MS is a joyous gathering with a wonderful ‘we’re in this together’ feeling,” said Cyndi Zagieboylo, president and CEO of the National MS Society. “Every participant, volunteer, donor and sponsor is helping to drive us toward this exciting \$1 billion milestone. Together, we are accelerating progress in making life-changing breakthroughs so that each person with MS can live her or his best life.”

More than 100 people are expected to raise more than \$15,000 at Walk MS: Sturbridge on Sept. 16. This includes the communities of Brimfield, Brookfield, Charlton, and Southbridge. Walk MS is an opportunity for people living with MS and those who care about them to connect, join together, and be inspired. In 2016 alone, nearly 300,000 people at more than 550 locations across the country walked to create a world free of MS, raising nearly \$50 million.

Genentech, Novartis and Sanofi Genzyme are national sponsors of Walk MS. It’s presented locally by Biogen. Music will be provided by DJ Chris Charron, Soundz Like Entertainment. The event begins at the Sturbridge

Town Common, Main Street with a 9 a.m. check in and 10 a.m. start. To participate or volunteer you can register by visiting [walkMS.org](http://walkMS.org) or call (855) 372-1331 or email [fundraisingsupport@nmss.org](mailto:fundraisingsupport@nmss.org).

Walk MS unites teams of families, friends, neighbors and co-workers to raise funds that drive groundbreaking MS research, provide life-changing services and guarantee a supportive community for those who need it most.

Visit Hashtags #walkMS and #WalkTogether.

Multiple sclerosis is an unpredictable, often disabling disease of the central nervous system that disrupts the flow of information within the brain, and

between the brain and body. Symptoms range from numbness and tingling to blindness and paralysis. The progress, severity and specific symptoms of MS in any one person cannot yet be predicted, but advances in research and treatment are leading to better understanding and moving us closer to a world free of MS. Most people with MS are diagnosed between the ages of 20 and 50, with at least two to three times more women than men being diagnosed with the disease. MS affects more than 2.3 million worldwide. For more information about multiple sclerosis and the National MS Society go to [nationalMSSociety.org](http://nationalMSSociety.org) or call (800) -44-4867.

## SPARROW

continued from page 9

In Massachusetts, there are several laws that govern beaver dams and lodges. There is a process to get permits to trap beavers and remove dams. Whilst such permits are necessary they alone are not sufficient. Beaver dams create wetlands which are therefore subject to Massachusetts wetlands protection laws. If you get a permit to remove or alter a beaver dam it is very important you contact your local

Conservation commission before starting any remedial work. As a cautionary tale – in the city of Birmingham AL there were complaints that as a result of beavers increasing the height of their dam, a local tennis court was flooding. The simplest way to control the problem would have been to install a water flow control pipe. Instead the city of Birmingham instructed a city maintenance crew to destroy the beaver dam. They went in with backhoes and were a tad too enthusiastic. They not only destroyed the

beaver dam but breached the earthen dam below it. The pool of water behind the dam drained leading to the death of thousands of watercress darters (an endangered fish). The US Fish and Wildlife Service issued a Notice of Violation for killing 11,760 watercress darters and issued a civil penalty of \$2,975,000. In addition, the Alabama Department of Conservation made a claim against the city for \$1,062,786.21 for the deaths of the fish plus the deaths of over 2 million individuals of endangered snails.

Learning to live with beavers is not too difficult, if the nuisance becomes too great there are processes available to correct the problem but they themselves are not without risk. It is important however not to take matters into your hands and calling the Massachusetts Division of Fisheries and Wildlife is definitely a good idea. They can be reached at [www.masswildlife.org](http://www.masswildlife.org) or by calling the Central Wildlife District at (508) 835 3607.

Back in the 1970s, Canada chose to make the beaver

their national animal. Not everyone was in favor and in 2011, a Senator Nicole Eaton described beavers as being “a 19th century has-been”, a “dentally defective rat” and a “toothy tyrant”. She wanted the beaver to be replaced by the polar bear as the national animal. The Canadian public overwhelmingly rejected her proposal. So they still have the beaver as their emblem and we still have the good and bad news of *Caster Canadensis*.

## TRAINOR

continued from page 8

ing mix; sautéed apples and squash for garnish.

Directions: Scoop out center of onions leaving 3 rings of onions; set aside. In a large bowl, mix together the other ingredients. Stuff in hollowed-out onions. Bake 375° for 50-60 minutes.

\*\*\*  
Smoky Bourbon Ribs  
Another KC Masterpiece Blue Ribbon Winner, this one at the Iowa State Fair.

Ingredients: 2 slabs loin back ribs (baby back); 1 cup KC Masterpiece Smoky Bourbon Barbecue Sauce  
Dry Rub Ingredients: 1/4 cup dark brown sugar; 4 teaspoons garlic salt; 4 teaspoons chili powder; 2 teaspoons salt; 1 teaspoon black pepper; 1/2 teaspoon celery salt; 1/4 teaspoon red pepper; 1/4 teaspoon cinnamon; 1/4 teaspoon white pepper  
Liquid Seasoning Ingredients: 1/2

cup apple cider; 1/4 cup apple jelly; 1/4 cup honey; 1/4 cup brown sugar; 1 tablespoon dry rub mix (above)

Directions Remove membrane from the back of the rib slabs. In a small bowl, combine dry rub ingredients and mix well. Reserve one tablespoon rub for the liquid seasoning mixture. Generously apply dry rub onto the front and back sides of ribs. Build a charcoal fire for indirect cooking. Add a small aluminum pan to the void side of the grill and fill it halfway with water. When the charcoal grill reaches 250 F, place ribs meat-side up on grill grate and cook over indirect heat for two hours and 15 minutes. Remove ribs from the grill. Place each slab meat-side down on its own doubled aluminum foil square. Mix liquid seasoning in a small bowl. Pour ½ cup of the liquid over each slab. Then, tightly wrap and seal each slab with aluminum foil. Place wrapped ribs back in cooker for one hour at 250 F. Remove ribs from the charcoal grill and discard foil. Brush barbecue sauce

on both sides of the ribs. Place the ribs back on the grill for 15 minutes, or until sauce caramelizes. Makes 4-6 servings.

\*\*\*  
Barbecue Pork and Bean Bake  
A Michigan State Blue Ribbon recipe, this dish is quick and easy!

Ingredients: 5 strips bacon; 1 small onion, chopped; 1/4 lb. pork tenderloin, cut into bite-sized pieces; 1 can (15 oz.) kidney beans, rinsed and drained; 1 can (15 oz.) butter beans, rinsed and drained; 1 can (15 oz.) pork and beans, undrained; 3/4 c. KC Masterpiece, hickory brown sugar barbecue sauce; 2 T. molasses; 2 t. Dijon mustard; 1/2 t. chili powder; 1 t. salt; 1/4 t. pepper

Directions: In a large pan, cook bacon until crispy and crumble. Sauté pork tenderloin and onion in bacon fat until meat is browned on all sides and onions are tender. Add remaining ingredients as listed in order. Mix well and pour into an (8 inch) square baking dish. Bake at 350° for one hour. Serves 4-6.

\*\*\*  
Win Dinner for Two  
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

\*\*  
*Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press publications? Send questions and/or hints to: Take the Hint, c/o Stonebridge Press, P.O. Box 90, Southbridge, MA 01550. Or e-mail [kdr@aol.com](mailto:kdr@aol.com). Hints are entered into a drawing for dinner for two at the historic Publick House Inn.*

## WATER

continued from page 1

Note: lawn sprinklers are very popular, and many people have installed underground automatic systems. While this can be positive, it can also create serious problems if not installed properly. Any landscaping company will tell you that the best time to water your lawn is in the early morning or during the evening. Watering your lawn during the day wastes water due to the evaporation that occurs. Some experts say that as much as 50 percent of the water will evaporate before it soaks into the ground on a hot sunny day.

Signs will be placed on Rt. 20, Rt. 131 and major entrances into town, and notices placed on the town’s web site and local cable access Channel 11 to notify residents when the ban is in effect.

Your cooperation in preserving our natural resources and complying with the permit is appreciated.

For historical flow rate data go to [http://waterdata.usgs.gov/nwis/dv?c-b\\_00060=on&format=html&begin\\_date=200...](http://waterdata.usgs.gov/nwis/dv?c-b_00060=on&format=html&begin_date=200...)

Read more <http://sturbridgema.pt7.vt-s.net/node/10423>



TOP:  
It was quite the line up at Halligan’s at the start of the ride.

## MS RIDE

continued from page 1

The Last Shadows would like to thank all those who so generously donated and came out to support this event. They are still accepting donations through their face book page, moms squad or [www.momssquad.org](http://www.momssquad.org), and you can join them and others in the MS walk in Sturbridge, Sept. 16 at the Sturbridge Town Common.

RIGHT:  
And the gang’s all here



## PROGRAM

continued from page 1

programs as a benefit to help member communities reduce their risks as well as insurance premiums.

“The town is happy to partner with MIIA to help reduce our costs and to help make our organization stronger,” said Town Administrator Leon A. Gaumont Jr. “The trainings we attend and policies and procedures we adopt help reduce our liabilities as well as save us money. It is a great working relationship.”

Stanley Corcoran, executive vice president of MIIA said, “We commend Sturbridge for engaging in promoting safety in the workplace and mitigating risk. It’s not always an easy task and takes hard work and dedication by the town/city administration and its employees. Their commitment to safety has helped the municipality lower its own insurance costs and earn these Rewards funds. We look forward to continuing to work in partnership with local leaders to ensure employees are well trained so that they can avoid unnecessary risks and losses, and help the town save valuable taxpayer dollars.”

The Massachusetts Interlocal Insurance Association is the non-profit insurance arm of the Massachusetts Municipal Association. As a member-based organization, MIIA’s only focus is to provide excellent service and quality risk management solutions to Massachusetts municipalities and related public entities. Municipal insurance its only business, MIIA insures nearly 400 cities, towns, and other public entities in Massachusetts. For more information, visit [www.emiia.org](http://www.emiia.org) and [www.mma.org](http://www.mma.org).

## WALK

continued from page 1

The Worcester Railers HC’s opening night is set for Oct. 14. As an organization, the Worcester Railers HC aim to win on the ice, serve as a national ambassador of Worcester, contribute to the local economy, enhance the quality of life for everyone in central Massachusetts, and develop a philanthropic presence throughout the community.

“The Railers are excited

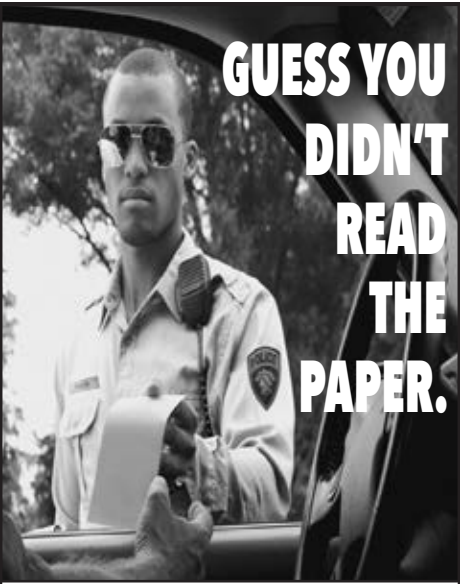
to partner with the Second Chance Animal Shelter,” said Worcester Railers HC President Michael G. Myers. “Second Chance is a great example of another community initiative working to provide support for the central Massachusetts region, and we are pleased to be able to offer a contribution to enable their services via the Railers HC Foundaion.”

Second Chance is a non-profit 501c3 tax exempt organization that began in 1999 in East Brookfield and relies solely on donations

and grants to operate. The shelter operates an adoption center in East Brookfield, a Pet Wellness and Veterinary Center in North Brookfield, as well as a Community Veterinary Clinic in Springfield. Second Chance helps over 26,000 pets a year through adoption, spay/neuter, veterinary care, community outreach, educational outreach programs, training, and a pet food pantry. For more information, visit Second Chance’s website at [www.secondchance-animals.org](http://www.secondchance-animals.org); follow Second

Chance on Facebook <https://www.facebook.com/secondchanceanimals>; or follow Second Chance on Twitter: <https://twitter.com/secondchanceas>.

The Worcester Railers Hockey Club, a proud member of the ECHL, will play their inaugural game at the DCU Center on Oct. 14 vs. the Manchester Monarchs. Full season memberships, mini plans, and group tickets are on sale now by calling the Railers front office at (508) 365-1750 or by visiting <http://www.railershc.com/>



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OBITUARIES

Dr. M.M. Mahmud “Mudi” Awan



STURBRIDGE - Dr. Mahmud Awan passed away on Wednesday, August 9th, 2017 in Sturbridge, MA. An Attorney and an Economist by academic training, Dr. Awan graduated from Government College, University of Punjab, Pakistan, where he received his Masters and L.L.B. degrees. He also earned his L.L.M. degree in International Law from Boston University Law School and, in 1976, a Ph.D. degree in International Trade from Clark University, Worcester, MA. He authored a book on Foreign Capital Utilization, published by the University Press of America in 1978, and served as a Presidential Adviser to Government of Pakistan as well. Engaged in International business for the last forty years, Dr. Awan was a recognized investor and industrialist. He founded Techman International (TI) in 1982, when American Optical (AO) was divested by Warner Lambert. Techman was a distributor of AO product lines and expanded into manufacturing fiber optic and electro-optic products. He successfully transformed TI from a small management consulting organization to its present status as a prominent international trading and technology transfer company. In addition to his responsibilities at TI, Dr. Awan was Professor Emeritus of National University of Sciences & Technology in Pakistan, where he was a member of the Corporate Advisory Board. He also served as adviser to government agencies in China, Kazakhstan, and several other countries for privatization, deregulation,

and trade liberalization. He was a senior management consultant to a number of European and North American companies. In 1998, he was elected as Chairman of the Board of Technical Communications Corporation (TCCO), a NASDAQ company, a manufacturer of encryption codes for air defense systems and other secure communications equipment. A pioneer in furthering the fiber optic industry, Dr. Awan was instrumental in setting up several manufacturing plants in Asia including Oman Fiber Optic Company, where he served as Vice Chairman of the Board of Directors. In 2003, he was elected President of New England Fiberoptic Council (NEFC), and recently served as the President of Regional Technology Corporation, an organization devoted to regional economic growth in Western Massachusetts. Dr. Awan was involved in several trade missions for the U.S. Department of Commerce and the Commonwealth of Massachusetts. He represented the Massachusetts high technology industry in multiple trade delegations to Europe. In 2003, he was appointed to the Regional Competitive Council by Massachusetts Governor Mitt Romney. Dr. Awan had a passion for teaching and had held faculty positions at various academic institutions, including Nichols College and International Islamic University Malaysia. His most recent faculty appointment was as an adjunct at the University of Massachusetts Lowell, where he taught from 2011-2017 in the Department of Economics and OIS Department in the Manning School of Business. Dr. Awan is survived by his wife, Roohi Awan, two sons, Alijaan “AJ” and AbdurRehman “Ara,” and a daughter, Aamina Awan.

Timothy M. Griffith, 55



SOUTHBIDGE — Timothy M. Griffith, age 55, of Charlton St., passed away on Sunday, Aug. 13th, in his home after a sudden illness. He leaves his two brothers, Don P. Griffith of Southbridge and Peter Griffith of Southbridge; three sisters, Joyce Smith of Southbridge, Charlene Albetski of Charlton and Christine Hebert of Southbridge; his close friend, Jeanie Johnson and her daughter Amanda of Southbridge; his business partner, Scott Benoit; and many nieces and nephews. He was predeceased by two brothers, Brian J. Griffith and Daniel A. Griffith, and a sister, Nancy Griffith. Tim was born in Southbridge the son of the late Coy R. and Jacqueline C. (Richer) Griffith. He was a graduate of Southbridge High School and attended

UMass Amherst. Tim was a co-owner and operator of the Colonial Copy Shop in Southbridge. He previously worked for G & F Industries in Sturbridge and Flexcon in Spencer. He was an avid reader. He also enjoyed music, he played the guitar and sang. Tim was his Mother’s caregiver for several years before her passing. He had many friends and will remember for his great sense of humor. Calling hours for Tim will be held on Saturday, Aug. 19th, from 4:00 to 6:00pm in the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge. Burial in Oak Ridge Cemetery, Southbridge, will be held at the convenience of the family. In lieu of flowers donations may be made to the Marine Toys for Tots Foundation, 18251 Quantico Gateway Drive, Triangle, VA 22172. [www.morrill-funeralhome.com](http://www.morrill-funeralhome.com)

Anne E. (Visoka) Romanoff, 92



N O R T H B R O O K F I E L D - Anne E. (Visoka) Romanoff age 92 died Sunday Aug. 20, 2017 at the Overlook Masonic Health Center in Charlton after a long illness. She was the daughter of the late Ludwig Romanoff and Elizabeth (Yesunas) Visockas and was formerly of Worcester and North Brookfield. She was the wife of the late Henry S. Romanoff who died in 1995. She also had a son that predeceased her Gregory A. Romanoff who died in 1983. She leaves a daughter, Paula A. Romanoff of Fiskdale, MA and two grandsons, Jonathan and Paul Wisell. She was predeceased by a brother Louis

W. Visockas. She leaves one brother, Francis P. Visockas of Bolton, MA and one sister-in-law Laura S. Romanoff of Gilvertville, MA as well as three nieces. Prior to her retirement to Heber Springs, Arkansas Ann worked for the former Sprague Electric Computer Co. She will be remembered as a devoted home maker and helpmate to her husband in business. A service will be held Wed. at 11 am in the chapel at the Overlook Masonic Health Care in Charlton and burial in Evergreen Cemetery New Braintree, MA. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with the arrangements. A guest book is available at [www.shaw-majercik.com](http://www.shaw-majercik.com) where you may post a condolence or light a candle.

Elizabeth A. ‘Bette’ (Galonek) Adams, 74



STURBRIDGE — Elizabeth A. “Bette” (Galonek) Adams, age 74, passed away on Thursday, Aug. 24, in the St. Vincent Hospital, Worcester, after an illness. Her husband, David H. Adams, died in 1990. She leaves two sons, James Blair of Southbridge and Allan “Peter” Blair and his fiancé Nicole Anclt of Southbridge; her two brothers, Edward A. Galonek and his wife AnnaMay and Richard Galonek and his wife Tammy of Texas; her daughter-in-law, Gerilyn Labonte and her husband Richard of Holland; her seven grandchildren, Kaylyn Blair, Chelsea Lowe, Dylan Young, Alison Elizabeth Blair, Beth Ann Young, Lily Blair, and Bradley Blair; her two great grandchildren, Ayden Blair and Cameron Nimmo; and several nieces and nephews. She was born in Southbridge the daughter


of Adam Edward and Mary Theresa (Ziemba) Galonek. Bette was a product coordinator for All Star Premium in Sturbridge for 25 years. She previously worked as a supervisor at the American Optical Co. in Southbridge in the Polishing Department. She loved to cook. She was also a very social person, she always enjoyed going out with her many friends. Her funeral will be held on Tuesday, Aug. 29th, from the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, with a Mass at 10:00am in St. Mary’s Church of the St. John Paul II Parish, 263 Hamilton St., Southbridge. Burial will be in St. Mary’s Cemetery, Southbridge. Calling hours in the funeral home will be held on Monday, Aug. 28th, from 5:00 to 8:00pm. In lieu of flowers donations may be made to the St. John Paul II Parish Food Pantry, 279 Hamilton St., Southbridge, MA 01550. [www.morrillfuneralhome.com](http://www.morrillfuneralhome.com)

Roger E. Poirier, 77



FISKDALE — Roger E. Poirier, age 77, of Finlay Road, died Wednesday, August 23, 2017, at Quaboag on the Common in West Brookfield. He was predeceased by his wife of 47 years, Jane M. (Senecal) Poirier who died in 2013. He is survived by three children, Roger J. Poirier and his wife Dawna of Charlton (currently living in South Korea), Linda J. Seguin and her husband John of Sturbridge, and Bridget A. Zietkowski and her husband Robert of Brimfield; his sister, Pauline Janick of Florida; 15 grandchildren, Caleb, Joseph and Samuel Poirier, Adam, Ben, Gabrielle, Joseph, Katelyn, Isaiah and Tommy Seguin, and Juliet, Alicia, Philip, David and Matthew Zietkowski, 6 great grandchildren, many nephews and nieces, and many family members living in Canada. He was predeceased by a son, Jason Poirier who died in 2008; and a brother, Joseph Poirier who died in

2017. He was born in Southbridge, son of the late Joseph and Irene Beatrice (Lavalee) Poirier, was raised in Canada and lived in Southbridge, before moving to Fiskdale in 1973. Mr. Poirier was a self-employed finish carpenter throughout his life. He was a member of the Knights of Columbus Council 11379 at St. Joseph’s Church in Charlton. He was a skilled craftsman. He enjoyed camping, snowmobiling, traveling, and especially loved to play golf at Hemlock Ridge Golf Course in Sturbridge. A funeral Mass will be held at 11 a.m. on Friday, September 1, 2017, at St. Joseph’s Church, 10 H. Putnam Rd. Ext., Charlton. Calling hours are Thursday, August 31, 2017, from 5-7 p.m., and on Friday, September 1, 2017, from 10-11 a.m., in the rotunda at St. Joseph’s Church in Charlton. Burial will be private at a later date. In lieu of cut flowers, the family requests that plants be given for a memorial garden. Paradis-Givner Funeral Home in Oxford is directing the arrangements. [paradisfuneralhome.com](http://paradisfuneralhome.com)



*Send all obituary notices to the  
Sturbridge Villager, PO Box 90,  
Southbridge, MA 01550, or by e-mail  
to [ruth@stonebridgepress.news](mailto:ruth@stonebridgepress.news).*

CALENDAR

Friday,  
September 1

COMMUNITY BLOOD DRIVE: On Friday, Sept. 1, 11 a.m.-4 p.m. at Overlook Performing Arts Center, 88 Masonic Home Road a community blood drive is scheduled. For an appointment call (800) 733-2767 or visit [redcrossblood.org](http://redcrossblood.org), but walk ins are welcome. Calling ahead can streamline your visit by completing pre-donation information.

Saturday,  
September 2

BACK IN TIME FUN: The Friends of the Brimfield Senior Center invite everyone to their fundraising Retro Faire on Sept. 2, from 9 a.m.-3 p.m. at the Brimfield Town Hall. Vendors and artisans will offer vintage fashions, aprons,

linens and accent lighting, wire designs, handcrafted jewelry, scarves, hats and handbags. Wooden toys, stained glass musical houses, framed artwork, and many repurposed items will also be available. “Everything old is new again.” Breakfast, lunch, snacks and a baked goods sale will be offered, and a raffle will be held. Old time music from LPs will play, and films from Abbott & Costello and Laurel & Hardy will be shown. No admission fee.

STEPPING OUT: The Hayloft Steppers Square Dance Club is holding a “Back to School” dance on Saturday, Sept. 2 from 8-10:30 p.m. (\*Something New ~ early Advanced at 7:30). The caller will be Kevin Bersing and the cuer will be Lee Fremault. Admission is \$8 per person. For more information on our Beginner Classes, please call Moe at (508) 344-3430 or Al at (413) 436-7849. or visit our website at [www.hayloftsteppers.org](http://www.hayloftsteppers.org). The club is located at 232 Podunk Road in Sturbridge.

Tuesday,  
September 12

MASTER SINGERS: Attention all singers! Brimfield Area Master Singers (BAMS) will begin rehearsals for the winter program on Tuesday, Sept. 12, at 7 p.m. at the Brimfield United Church of Christ located on Route 20 on the Brimfield Common. The first three rehearsals are open to all who may be interested. Concerts will be given on four Tuesdays, one in November and three in December in communi-

ty locales. No auditions are necessary, only a love of singing and a joyful heart. For more information, contact Bob Willis at (413) 668 8782.

Saturday,  
September 16

ANNUAL YARD SALE: The Friends of Sturbridge/Fiskdale Senior Citizens will be holding their annual Yard Sale from 8:00 a.m. to 3:00 p.m. on Saturday, Sept. 16 on the lawn in front of the Senior Center. Applications for a space are available at the center. We will be offering baked goods and all donations are appreciated. Baked goods may be left at the center on Friday, the 15th, or brought the morning of the sale. A list of ingredients is required for items to be sold.

Sunday,  
September 17

BEATLES FOR SALE: Beatles For Sale, the tribute, performs live at the Overlook Performing Arts Center - Sunday, Sept. 17, at 2 p.m. In addition to the show being available to Overlook residents, tickets are available for public seating at \$15 per person, please contact Joanne Brackett at (508) 434-2315. The Overlook Performing Arts Center is located at 88 Masonic Home Road in Charlton.

Integrative Therapies Expo: Sunday,



**All S.C.M. Elderbus offices  
will be closed on  
Monday, September 4, 2017  
to observe Labor Day**





CALENDAR

continued from page A14

Sept. 17 1-5 p.m. at Sturbridge Host Hotel & Conference Center, 366 Main Street (Route 20), Sturbridge. Open to all, no admission fee. There will be lectures, demonstrations and information for everyone – with a section dedicated to services for cancer patients, survivors and their families. A select number of vendors featuring natural body care, healthy foods and inspirational gifts will also be participating. Enjoy the relaxing music of Vin Mitchell throughout the event.

Wednesday,  
September 20

DISCUSSION: All are invited to a special program called “Being Mortal” on Sept. 20, 10:30AM to 1PM, at the First Congregational Church of Brimfield on 20 Main Street. Please come join us to watch the documentary “Being Mortal,” and discuss end of life issues and receive vital paperwork to help with planning. The program will be facilitated by Eva Pittsinger of the Brimfield Senior Center and Rev. Dawn Adams of the First Congregational Church of Brimfield. There is no cost for this pro-

gram but please RSVP to brimfielducc@gmail.com or (413) 245-7162 so that we know how many people to prepare for. Drop-ins, though, are welcome. A light lunch will be provided at noon.

Friday,  
September 22

4th Annual Dinner Dance Fundraiser: The Sturbridge Rotary Club is hosting a Dinner Dance at the Cohasse Country Club in Southbridge on Friday, Sept. 22 from 6-10 p.m. Proceeds will benefit the St. John Paul II Food Pantry. Music by MASS of MUZIK DJ Shawn Clark. Tickets are \$50 per person or a table of eight for \$350. For tickets, please contact Austin Jenkins at (508) 347-6511 or at www.sturbridgerotary.org. Join us for a fun evening and for a worthwhile cause!

Saturday,  
December 2

VENDORS INVITED: The Friends of Charlton Public Library invite vendors to submit an application to participate in the 2017 Holiday Craft and Gift Fair which is held at the Charlton Public

Library on Dec. 2. Applications available at the front desk of the Charlton Public Library or online at https://www.facebook.com/charltonlibraryfriends/posts/1900020216878052:0 For questions contact Melinda at (508) 248-6292 or by email at melinda@sewcialite.com.

ONGOING

ALZHEIMER’S SUPPORT GROUP: On the third Wednesday of each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer’s Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a

variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977  
Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish’s Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

Injury prevention tips for school-aged athletes

The dawn of a new school year is an exciting for school-aged youngsters. Though many kids may not look forward to homework or getting up early, a new school year is often exciting for young athletes who long to get back on the playing fields and compete with their teammates.

As valuable and exciting as participating in team sports can be, they can just as easily prove dangerous for athletes who aren’t prepared for the rigors of physical activity. A summer spent lounging poolside might be just what kids need after a long school year, but that relaxation can put youngsters in jeopardy of suffering an injury when they return to team sports in the fall. Many a young athlete has pulled a hamstring or suffered a shin splint when returning to athletic competition after a long layoff. But such injuries are largely preventable, and the following tips can help school-aged athletes ensure their return to competition is as painless as it is pleasurable.

\* Condition your muscles in the weeks heading up to tryouts or the start of the school year. Many fall sports feature tryouts near the end of summer or at the very beginning of the school year. That means athletes must start conditioning their muscles early. Discuss with your parents, coaches and physicians which



muscles you will be working when playing a particular sport. Adults should help you develop a conditioning program that gets the right muscle groups ready for the rigors of your sport. A properly conditioned athlete has a much lesser risk of injury than one who is not. Your offseason conditioning program should begin slowly and gradually grow more challenging as you draw closer to the school year.

\* Stretch, stretch, stretch. Always stretch

your muscles before any strenuous activities, whether it’s an offseason conditioning program or an in-season competition. Stretching significantly reduces your risk of injury and can improve your performance on the field.

\* Get geared up. The right gear is essential for young athletes looking to avoid injury. Though summer might seem tailor-made for flip-flops, such footwear should never be worn when exercising and preparing for the coming sports season.

Athletic shoes specific to your sport are made to provide the support you will need as you train and compete. The same goes for the clothing you should wear when getting ready for the season. Wear the appropriate athletic attire to reduce your risk of injury.

\* Weight train in the presence of your coaches or parents. Many athletes begin weight training for the first time when they are in high school. Weight training can be beneficial to young ath-

letes, but such athletes should never lift weights unsupervised. Parents, trainers and coaches can explain the equipment to young athletes while ensuring they don’t overdo it in the weight room. Lifting too much weight or having bad form when weightlifting can cause serious injury that can sideline youngsters for the coming season, if not longer. So young athletes should always weight train in the presence of an adult and always work with a spotter to help

them should they struggle to finish a repetition.

\* Don’t try to match your fellow athletes. The human body develops differently for everyone. Young athletes must recognize that there’s a chance their classmates and teammates may be developing more quickly than they are. These classmates may be more capable of performing certain physical activities. For example, a teammate might be able to lift more weight than you. Do not try to match your fellow athletes if your body is uncomfortable performing a certain exercise. If you must endure substantial pain to perform a given exercise, then your body is likely telling you it simply isn’t ready for that exercise. Don’t force the body to do something just to keep up with your teammates.

\* Take a break. Even if you rested for most of summer, you still will need to rest when you begin getting ready for the upcoming athletic season. Take at least one day off per week to allow your body to recover and recharge. Your body needs that recovery time to reduce its risk of injury.

School-aged athletes often look forward to a new school year as a chance to get back on the playing fields. But such athletes should emphasize safe training as the season draws closer.

Shop for sports eye protection



The end of summer is crunch time for families preparing for the new school year. So many items make up back-to-school shopping lists that it can be easy to overlook supplies necessary for extracurricular activities.

Autumn marks the beginning of many scholastic sports seasons, including cross-country, field hockey, football, and rugby. Sports can be exciting and challenging for athletes, but athletes also are at constant risk of injury.

Prevent Blindness America notes that more than 40,000 people seek treatment for sports-related eye injuries each year. While many of those injuries affect children, the good news is that sports-related eye injuries are largely preventable. Sports eye protection is a must, and protective eyewear should be included on back-to-school shopping lists.

In addition to wearing protective eyewear when playing sports, athletes can take the following steps to avoid sports-related eye injuries.

- Wear helmets. Kids who play youth baseball should always wear batting helmets with polycarbonate face shields when batting. When playing hockey, use helmets with face shields approved by the U.S. Amateur Hockey Association.
- Wear safety goggles. Regular glasses or goggles may not offer adequate protection. Wear proper safety goggles that have lensed polycarbonate protectors for racquet sports or basketball. All eye guards or protective eyewear should be labeled ASTM F803-approved, according to Prevent Blindness America. This eyewear is guaranteed to offer the highest levels of protection.
- Recognize non-contact sports also can be dangerous. Even non-contact sports such as badminton can present a chance for injury. Individuals should exercise caution any time they play sports that require the use of balls, racquets or flying objects.
- Speak with coaches and teachers. Open a dialogue with coaches or phys-

ical education administrators in an effort to highlight the importance of protective eyewear and learn about the steps being taken to protect athletes and their eyes. Include youngsters in these discussions so they learn about the need for protective eyewear and the benefits that such eyewear provides in sports where there is a high to moderate risk of eye injury.

\* Protect eyes from the sun. Athletes who play outdoor sports should take steps to protect their eyes from the sun. When shopping for goggles, find ones that offer UV protection. In addition, look for tinted lenses that reduce glare.

\* Exercise good sportsmanship. Always follow the rules of the sport and be a good team player. Use the equipment in the way it was intended so everyone, including teammates and opponents, is as safe as possible.

Sports-related eye safety is about prevention. Protective eyewear is essential when competing in various sports.





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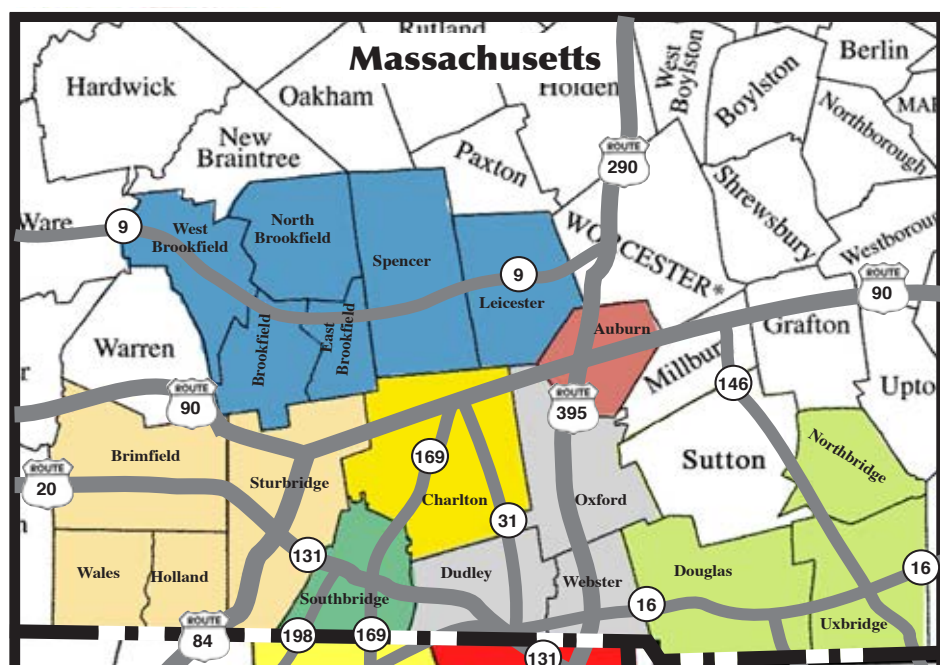
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# 6 steps to hosting a successful fundraiser



Fundraisers help schools, political groups and charitable organizations stay afloat. Groups that do not offer products or services for sale must find other means to fund their operations, and fundraisers often fill that role.

Charities Aid Foundation says that the number of people worldwide donating money to nongovernmental organizations, or NGOs, increased from 1.2 billion in 2011 to 1.4 billion in 2014.

Fundraising involves more than putting a hand out and asking for money. Successful fundraisers have various things in common, regardless of the cause they're promoting.

1. Decide on a clearly expressed purpose. Individuals do not typically donate money without first being given a good reason to do so. Therefore, when beginning a fundraiser, organizers have to decide on the purpose of the event and spell out that purpose clearly. When sharing information about the fundraiser, include how the money will be allocated. Some charitable events have more than one objective, with a primary goal of raising money and additional desires to raise awareness and connect with new donors. When establishing a financial goal, organizers must come up with a final donations figure they hope

to reach.

2. Know your audience. Understanding your goal is one factor, and knowing who you are reaching out to is another. If it's school fundraising, understand that these may be cash-strapped families without much money to donate. In such instances, consider incentivizing donations by entering donors into raffles for family-friendly outings or coupons to area businesses. Identifying your target audience can help you plan effective strategies that reach that audience.

3. Advertise extensively and early. Donors may not take immediate action upon learning about a fundraiser, so plan to advertise extensively. Make sure the message gets heard and that potential donors have time to fit their donations into their budgets. Reach prospective donors through all the avenues at your disposal, including social media platforms like Twitter and Facebook. Don't overlook more traditional methods of advertising, including flyers and newspaper advertisements that may resonate with older donors. A combination of various types of advertising can cover all of the bases, offers the charitable giving organization GiveForward.

4. Consider getting a sponsor. Individual donations can fuel fundrais-

ers, but a widely recognizable sponsor can help propel prospective donors to action. Many corporations include charitable donations into their quarterly budgets, and such organizations often offer donate incentives such as event tickets and goodie bags that can compel private donors to make donations. Restaurants can offer gift cards and other stores may be able to donate products to hand out. A local celebrity can bring in the foot traffic needed to make the fundraiser successful.

5. Give out prizes. People may look forward to giving to a good cause, but walking away with something tangible in return also can elicit some good feelings. Budget for prizes and other take-aways. Make the fundraiser a fun atmosphere and give participants a chance to win items through contests or other small feats that will generate good will and enjoyment.

6. Enlist volunteers. A fundraiser is not a one-person job. Volunteers are the backbone of successful fundraising efforts, so make sure you have enough volunteers to plan and execute the fundraiser. Try to find volunteers from various walks of life so each person can bring their own unique and valuable experience to the table.

## Enjoy a season of the arts

Do you consider yourself a lover of music and the arts? If you do, you are in very good company. According to the 2012 Survey of Public Participation in the Arts from the National Endowment for the Arts, nearly half of American adults (roughly 115 million people) attended at least one type of visual or performing arts activity that year. Nearly the same amount participated in some type or artistic activity.

Going to the theater or attending a concert are popular ways to indulge one's passion for the arts. Fortunately, there are many additional ways for men and women to support the arts.

- Become an arts patron. If you find yourself attending shows multiple times a year, it may be worth the investment to become a patron of a performance group or a particular theater. Membership may

entitle you to advance notification and the opportunity to purchase tickets before they go on sale to the masses. Many organizations even provide complementary offerings to members, including free beverages, complementary tickets to certain performances and entry to member lounges before and/or after the show. Don't dismiss local theater groups, either, as even high school and college students put on impressive shows.

- Join a discount ticket membership group. Free enrollment in a ticket benefit group is a perk available to men and women who work for certain organizations. Such groups offer discounted ticket rates to members and can help you save a good deal on the purchase of tickets over the course of a year, so speak with human resources personnel at your place of employment to determine

your eligibility for such groups.

- Make it a group night out. Spread the word about a favorite play or performance by taking in a show with friends or family members. Inviting others to share in the experience may encourage a love of the arts in your loved ones. Plus, it can be more fun to attend as a group, sharing the experience and making critiques afterward. Theaters and other performance venues are often centrally located, so you can make the most of a night out with dinner before the show and drinks afterward.
- Explore different genres. If you have a tendency to gravitate toward musicals, stray from the norm and try a drama on your next night out. Expand your musical horizons as well. Don't shy away from a particular type of music because it isn't what you're accus-



Making the most of your local arts scene is a great way to expand your horizon and give back to your community.

tomed to. You never know what you may discover when you experiment with different musical styles. It's quite possible you will fall in love with a new style of music.

- Shop well in advance. Although you may periodically earn discounts if you wait until the last minute to purchase tickets, it's often wise to shop around months before a performance. Shopping early affords you your choice of seats and reduces the risk of losing out to

a sellout.

There is no time like the present to enjoy the arts. Don't miss the bevy of artistic endeavors that take place locally and in city centers.

A graphic featuring blue silhouettes of people in formal attire (tuxedos and gowns) dancing and socializing against a light blue background with a subtle pattern.

## Dining & Entertainment

Visit these fine establishments for great food and entertainment

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**Beer & Wings Specials coming soon!**

*Starting after Labor Day!*

Saturday, September 2nd 9pm  
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Good tunes and a good time!

Thursday, September 7th 8pm  
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Playing house favorites with some country mixed in

A photograph of a plate of food, likely wings, and a glass of beer.

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Join us in supporting aid to Hurricane Harvey victims. Just come in and dine during the month of September and a percentage of your check will be donated to a Texas food bank to help in their Hurricane Harvey relief efforts.

**E.B. Flatts**  
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A cartoon illustration of a rooster wearing glasses and holding a sign.

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**500 Main St., Spencer, MA 508-885-9036**  
[www.spencercountryinn.com](http://www.spencercountryinn.com)

Lunch: Wed, Thur, Fri, Sat 11:30-2:00  
Dinner: Wed, Thur, Fri, Sat 5:00-Close  
Sun. Brunch: 10am-1pm Dinner: 1-4pm  
Function rooms for 10-250 guests

The logo for Spencer Country Inn, featuring a small illustration of the inn building.



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Your Price \$13,988 Budget \$189 PER MO.

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GM CERTIFIED,  
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REAR CAMERA, #TE17045A

Your Price \$14,988 Budget \$209 PER MO.

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ORIG. MSRP \$25,295 Your Price \$16,988

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WINDOWS  
AND LOCKS, #EQ18038A

ORIG. MSRP \$28,505 Your Price \$18,988

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MOONROOF, NAVIGATION,  
ONE OWNER, LOW MILES,  
#EV17922A

ORIG. MSRP \$34,900 Your Price \$21,988

### 2016 CHEVY COLORADO DOUBLE CAB



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ONE OWNER, LOW MILES,  
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#TK17641A

ORIG. MSRP \$26,710 Your Price \$22,988

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GM CERTIFIED, 1500  
DOUBLE CAB LT,  
FULL POWER,  
ONE OWNER, #TK17309A

Your Price \$24,988

### 2015 BUICK LACROSSE



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UP DISPLAY, NAVIGATION,  
PANORAMIC MOONROOF,  
ONE OWNER, LOW MILES,  
MORE #LS17581A

ORIG. MSRP \$44,200 Your Price \$26,988

### 2015 GMC ACADIA SLT



GM CERTIFIED, ALL WHEEL  
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LEATHER, MOONROOF,  
HEATED SEATS, NAVIGATION,  
#AC17554A

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### 2015 CHEVY SILVERADO LS 1500 CREW CAB 4X4



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Your Price \$29,988

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NAVIGATION, HEATED/  
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**2003 CHEVY CORVETTE**  
50TH ANNIVERSARY CONVERTIBLE, 6 SPD,  
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**2012 FORD F150 4X4**  
SUPER CAB, OFF ROAD PACKAGE, LEATHER,  
HEATED SEATS, NAVIGATION, #SI17549A  
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UNLIMITED SAHARA, 4 DOORS, NAVIGATION, LEATHER,  
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**2013 CHEVY SILVERADO 4X4**  
2500 HD LT CREW CAB, ONE OWNER,  
TOWING PACKAGE, LOW MILES, #SI17209A  
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#EQ18029A

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LOW MILES, #TR18150A  
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YOUR PRICE \$21,988

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**2013 CHEVY SILVERADO 1500 Z71**  
GM CERTIFIED, EXT. CAB ONE OWNER, LOW MILES,  
LIKE NEW, #TK17550A  
YOUR PRICE \$29,988

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NAVIGATION, #AC17261A  
YOUR PRICE \$29,988

**2015 FORD MUSTANG GT**  
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YOUR PRICE \$33,988

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**B**  
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## LEGALS

**Town of Wales Planning Board  
Public Hearing**  
September 11, 2017; 6:00 p.m.  
Board of Selectman's Office  
Wales Town Offices  
Topics: Solar and Registered Marijuana  
Dispensary (RMD) by-law changes  
August 31, 2017  
September 1, 2017

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CHECK OUT THE  
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Harvest  
Craft Fair**

**Saturday, September 9 & Sunday, September 10**  
10am - 4pm  
12 Lincoln Road • North Brookfield

Local artisans, crafters and vendors displaying their home-made items, artwork and goodies. Also apple picking, maze, wagon rides, cider doughnuts, snack bar and playground.

**Featuring:** Music and Crafted Beer  
For more information, call 508.867.6858



**THE BAD TICKERS**  
Noon-4 pm Saturday



Noon-4 pm Sunday



**CHRISTOPHER HEIGHTS**  
AN ASSISTED LIVING COMMUNITY

Cordially invites you to attend an informative, COMPLIMENTARY program entitled:

## Retirement by Design

Thursday, September 21, 2017 • 6pm  
Registration 5:45pm • Tours between 5 & 6pm. Seminar begins at 6pm

proudly presented by  
Financial Advisor Dennis Antonopoulos  
of Edward Jones.

Thinking about retirement can bring to mind some questions:

- What will I do when I retire?
- Am I saving enough?
- Will I even be able to retire?

Join us for our presentation, **Retirement by Design**. We'll discuss how you can translate your vision for retirement into tangible goals. Whether you are 10 or 40 years from retirement, you'll learn investment strategies you can use now to help design the retirement you want tomorrow.



**OPEN TO THE PUBLIC**

We hope you and a guest will join us.  
Please call Laura Crosetti 508-949-0400 x106 by Sept 14th at  
Christopher Heights of Webster • 338 Thompson Road, Webster  
Seating is limited, Light refreshments will be served  
"Our mission is to help residents maintain their independence by providing quality assisted living services in a dignified living environment"

Serving those in South Central Massachusetts  
North Eastern Connecticut  
North Western Rhode Island and beyond

## PinkHippy.org

Holistic services and support for breast cancer patients, survivors and their families

## Find joy each day!

## INTEGRATIVE THERAPIES EXPO



**SUNDAY  
SEPTEMBER 17, 2017  
1:00 - 5:00PM**

**Sturbridge Host Hotel & Conference Center**  
366 Main Street (Route 20), Sturbridge, MA 01566

**Come spend the afternoon with us at this interactive expo where you will have the opportunity to try different modalities you may not have had a chance to experience before.**

There will be lectures, demonstrations and information for everyone - with a section dedicated to services for cancer patients, survivors and their families.

A select number of vendors featuring natural body care, healthy foods and inspirational gifts will also be participating.

Enjoy the relaxing music of Vin Mitchell throughout the event!





Please visit [www.pinkhippy.org](http://www.pinkhippy.org) for more information of the afternoon's events




471 S Main St,  
Webster, MA  
01570  
508-949-1756



**Open to All • Free Admission**



# 48 HOUR PRICE QUOTE

“How much will new replacement windows & doors cost me?”

## Renewal by Andersen has a phone line dedicated to that question.

Call our 48 Hour Price Quote line at 1-800-209-2746, and **we'll provide a quote within 48 hours of your call.** Most other companies take weeks to produce their estimate. Within 48 hours, a Renewal by Andersen Project Manager will precisely measure your home's windows and doors, help you choose your window styles, colors, grilles and hardware, and **then we'll provide a down-to-the-penny price quote that will be good for one full year.** No hidden charges and no more wondering, *“How much will new windows and doors cost?”*



Get a **FREE** price quote within 48 Hours!  
Call **1-800-209-2746**  
to schedule your FREE in-home visit

Call before September 30<sup>th</sup>!

**SAVE \$325**  
ON EVERY WINDOW<sup>1</sup>

**SAVE \$700**  
ON EVERY PATIO DOOR<sup>1</sup>

WITH  
**NO NO NO**  
MONEY DOWN PAYMENTS INTEREST  
**FOR 2 YEARS<sup>1</sup>**

Interest accrues from the purchase date but is waived if paid in full for 24 months. Minimum purchase required.

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# REAL ESTATE



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## Listings Always Needed - We're Always Busy Selling!!!



**ON DEPOSIT**  
**SUTTON** - 30 Tournament Way Pleasant Valley CCI Beautiful 3,100' 8 Rm Townhouse w/All the Expected Amenities for Your Enjoyment! Pleasant Custom Granite Kit! Frplc Liv Rm w/8' Ceilings! Formal Dining! 1st Flr Master Suite! Library! 2.5 Bdrms! 2.5 Baths! C/Air! 2 Car & Golf Cart Garages! "Fore" **\$549,900.00**



**SOLD**  
**DUDLEY** - 11 Johnathan Pass! 11 Rm 3,372' Center Hall Colonial includes 3 Rm In-law! Granite Kit w/Island, Formal Din Rm, Frplcd Liv Rm, Frplcd Den & 3 Bdrms All w/Hrwdvs! 4 Total Bdrms! 3.5 Total Baths! C/Air! 2 Car Garage! Shed! Fenced! Privacy - 3 Acres! **\$474,000.00**



**SOLD**  
**LEICESTER** - 2 Logan St! Beautifully Updated 6 Rm Split Entry Set on Nicely Landscaped 1/2 Acre! Stainless Appliance Kit w/ Granite Tile Counter Opening to Dining Area & Liv Rm! Fam Rm plus 2 Bdrms or 3 Bdrms! Full Tile Bath! Sunroom w/Wall AC! Hrwdv Flrs Throughout! **\$239,900.00**



**SOLD**  
**OXFORD** - 39 Fort Hill Rd! Fantastic 9 Rm Colonial w/Solar Electric Panels, In-ground Pool just under an Acre! Appliance Granite Kit w/Island! Hrwdvs! Formal Din, Liv, Frplc Fam Rm w/Hrwdvs! Great Rm w/ Cathedral, Skylights & Fans! Master Bath! 2 Full & 2 Half Baths! 4 Bdrms w/Hrwdvs! **\$399,900.00**



**NEWER PRICE**  
**WEBSTER** - 65 Park Ave! 1800' Well Maintained 9 Rm, 3 Bdrm, 2 Bath Ranch w/Cair! Many Recent Updates! SS Appliance Eat-In Kit! Frplc Liv Rm w/ Pellet Stove, Formal Din all w/Hrwdv Flrs! Fam Rm! Office! Great Rm to 8x27 Deck! Finished Lower Level! 2 Sheds! **\$259,900.00**



**WEBSTER** - 8 Oakwood Dr! 12 Rm Hip Roof 5,165' Custom Colonial on 1 Acre w/ In-ground Pool! Formal Din & Liv Rms! Frplc Fam Rm & Frplc Den! Master Suite! Master Bath! 6 Bdrms! 3 Full & 2 Half Baths! Hrwdvs & Wall to Wall! C/Air! In-law Potential! 2 Car Garage! **\$499,900.00**



**SOLD**  
**DUDLEY** - 14 Johnathan Pass! "Perrville Estates" 8 Rm Colonial! .87 Acres! Stainless Appliance Granite Center Is! Kit Open to Din Area! Formal Din Rm, Liv Rm & Frplcd Fam Rm All w/Hrwdv Floors! 4 Bdrms! Master Bath! 2.5 Baths! C/Air! 2 Car Garage! Fenced Back Yard! Shed! **\$359,900.00**



**ON DEPOSIT**  
**AUBURN** - 5 Pineale Rd! Updated 7 Rm, 4 Bdrm Cape! Appliance Cabinet Kit! Formal Din Rm w/Hrwdvs! NEW 20x22 Liv Rm out to 14x20 Deck! 1st Flr 2 Bdrms w/ Laminate Flrs! Recent Full Bath! 2nd Flr w/2 Bdrms w/Laminate Flrs! Laundry w/ Washer & Dryer! 2 Sheds! Town Services! **\$229,900.00**



**SOLD**  
**DUDLEY** - 36 Fish Rd! 7 Rm Raised Ranch w/Huge Split Level Cathedral Ceiling Family Rm w/Skylights! Open Cathedral Ceiling Kit/Din & Living Rms w/Skylights! 3 Bdrms! Master Bath! 3 Full Baths! Huge Steel 1 Beam Clear Span 2 Car Garage! 1.1 Acres! Oil Heat! Shed! **\$299,900.00**



**NEW PRICE**  
**DUDLEY** - 20 Williams St! Nice 7 Rm Cape w/3 Car Garage! SS Appliance Kit w/Oak Cabinets & Corian Counters! Frplcd Liv Rm & Din Rm w/Hrwdvs! Sunroom w/Hot Tub/Skylights! 3 Bdrms! Master Bath & Walk-in Closet! 2 Tile Bathrooms! Buderus Furnace! Town Services! Fenced Backyard! **\$244,900.00**



**ON DEPOSIT**  
**WEBSTER** - 59 East Main St! Best Street for Business in Webster! Highest Traffic Count! Ideal for Most Business Applications! Complete Recent Remodel Inside & Out! Formerly a Polish Deli & Convenience - Fully Equipped As Such - Full Kitchen! With Almost New Equipment - \$399,900.00 Without - **\$299,900.00**



**SOLD**  
**DOUGLAS** - 93 Monroe St! 10.97 ACRES! Updated 1887 6 Rm Farmhouse! Flexible Floor Plan! Loads of Charm! Frplc Liv Rm! Fam Rm w/ Cathedral! Slider to Deck! Din Rm! 4 Bdrms! 2 Baths! 2 Car Attached Garage! Additional 3 Bay, Sheds, GARAGE BUILDING! **\$594,500.00**



**SOLD**  
**DUDLEY** - 7 Kayla Lane! 8 Rm Colonial Set On 1.84 Acres! Appliance Granite Kit! Frplcd Dining Rm! Living Rm w/ Hrwdvs! Cathedral Ceiling Family Rm! 3 Bedrooms! Spacious Master, Master Bath! 2.5 Baths! 1st Floor Laundry! Farmers Porch! Deck! Attached 2 Car Garage! **\$359,900.00**



**WEBSTER** - New England Commons! Adult 55+! 2 Bdrms! 1 to 2 Baths! Master! Appliance! Granite! Hrwdvs, Tile & Carpet! Basements! Garage! C/Air! Security! Community Center! Walking Trails! Low Fees! Convenient! **From \$234,900.00**



**SOLD**  
**CHARLTON** - 44 Oxford Rd! 8 Rm Colonial w/Farmers Porch! 1.38 Acres! New Quartz Kitchen! Formal Dining Rm w/Hrwdvs! Frplcd Fam Rm w/Hrwdvs! Spacious Liv Rm! 4 Bdrms! Master Bath! 2.5 Baths! 2016! 16x30 Deck! 2 Car Garage! Shed! 2016! 2016! Many Updates! **\$344,900.00**



**ON DEPOSIT**  
**WEBSTER** - 39 Cutworth Rd! Everything on One Level - 5+ Room Ranch Set On Nice .47 Acre Lot! Cabinet Packed Kit! Dining Area w/Slider to Deck! Spacious Liv Rm! Comfortable Master! 2 Bdrms! 1.5 Baths! 1st Flr Laundry! 2 Car Garage! Town Services! Easy 35 Access! **\$212,900.00**



**SOLD**  
**WEBSTER** - 56 Poland St! 6 Rm Cape! Appliance Kit w/Breakfast Bar! Din Rm w/Chair Rail! Liv Rm w/ Hrwdvs under Carpet! Den w/Hrwdvs! 1st Flr Master w/Walk-in Closet & Hrwdvs! Ceramic Tile Bath! 2nd Flr Bdrms! 3 Season Porch! 2 Car Garage! **\$229,900.00**



**ON DEPOSIT**  
**WEBSTER** - 890 School St! 6 Rm Cape! Country Kit w/Ceramic Tile Center Is! Glass Door Pantry! Slider to Trex Deck! Formal Din Rm & Liv Rm w/Hrwdvs! 3 Bdrms! Master w/Hrwdvs! Full Bath w/Dble Sinks, Linen Closet & Skylight! 1.5 Baths! Walkout Lower Level w/Laundry! Minutes to Rt. 395! **\$214,900.00**



**ON DEPOSIT**  
**DUDLEY** - 11 Wysocki Dr - Unit 52! Nicely Maintained 3 Rm Condo! 2nd Flr! Updated Eat-In Kit w/S Appliances, Pergo Floor & 2 Pantries! Spacious Liv Rm w/Recessed Lighting & Pergo Floor! Large Bdrm w/Wall AC! Full Bath w/New Sink & Toilet! Lower Level w/Loft! Sandy Beach! **\$69,900.00**



**NEW PRICE**  
**THOMPSON** - 1199 Thompson Rd! School House Pond AKA Little Pond! 150' WATERFRONT 8 Rm Log Home! 4 Bdrms! 3 Baths! Appliance Kit Open to Din Area & Liv Rm w/French Drs to Deck! Ceramic Flrs! Fam Rm! Master w/Cathedral! C/A! 2 Car Detached Garage w/Loft! Sandy Beach! **\$459,000.00**



**ON DEPOSIT**  
**WEBSTER LAKE** - 271 Killdeer Island Rd! Middle Pond! 120' Waterfront! Facing West! Beautiful Sunsets! 7 Rm Yr Rd Cottage! Open Flr Plan! Cabinet Kit & Din Rm out to Lake Facing Deck! Liv Rm that Walks Out to Small Backyard! 3 Bdrms! Updated Bath! Level Lot! Access All the Lake Has to Offer! **\$279,000.00**



**WEBSTER LAKE** - Access! 124 Gore Rd! 440' Waterfront! Great Location! Direct Highway Access! 3.4 Acres! UNDEVELOPED LAND w/EXQUISITE VIEWS! Explore the Opps! Build a Restaurant, Hotel, Condominiums! Cozy 4 Rm, 2 Bdrm Home! Oversize 2 Car Garage w/2nd Floor! **\$399,000.00**



**SOLD**  
**WEBSTER** - 87 Lake St! Ideally Located 4 Family! Good Investment Opp! 1st Flr w/6 Rms - Liv Rm, Din Rm, Pantry Kit, 3 Bdrms & Bath! 2nd Flr w/2 Brms 3 Rm Apts - Kit, Liv Rm/Din Area, Bdrm & Bath! 3rd Flr w/4 Rm Apt w/Kit, Din Area/Liv Rm, 2 Bdrms & Bath! Off Street Parking! Garage! Easy Access! **\$229,900.00**



**NEW PRICE**  
**WEBSTER** - 28 Colonial Rd! Immaculately Maintained 8 Rm Colonial Across from Views of 8 Beach Access to Webster Lake! Appliance Kit! Dining Area! Dining Rm! 4 Bdrms! 3 Comfortable Bdrms! Master Bath w/Dble Vanity, Whirlpool Bat, Separate Shower! 2.5 Baths! C/Air! **\$279,900.00**



**ON DEPOSIT**  
**WEBSTER LAKE** - 294 Killdeer Island! North Pond! 62' Waterfront! Panoramic Views! 8 Rm Colonial! Kit w/Double Oven! GLEAMING Hrwdv Flrs! 4 Bdrms! 2 Full Baths! 1420' Trex Deck! Newly Painted! Prof Landscaped! Fenced Yard! Plenty of Docks Included! **\$524,900.00**



**NEW PRICE**  
**WEBSTER LAKE** - 10 Kenneth Ave! South Pond! Sandy Shoreline! 9 Rm Contemp Ranch, 3 Bdrms! 3 Baths! Lake Views from Most Rooms! Hrwdv & Tile Flrs Throughout! Brumhan Custom Granite Kit w/Cherry Cabinets! 1st Flr Office! Master w/New Bath! Frplcd Fam Rm! Deck w/Custom Bar! 2 Car Garage! **\$639,900.00**



**SOLD**  
**WEBSTER LAKE** - 901 Treasure Is! Prime Beachfront! Townhouse! 6Rms! 1,874! Open Floor Plan! Appliance Granite Kit w/Hrwdvs! Din & Liv Rms w/Hrwdvs! 2 Bdrms! Master Bath! 2.5 Baths! Frplcd Fam Rm w/Tile Flr! Recent C/Air, Gas Heat & Windows! Trex Deck! Garage! BOAT SLIP! Heated Pool! **\$424,900.00**



**WEBSTER LAKE** - 334 Killdeer Island! Middle Pond! South Facing! Well Maintained 7 Rm Colonial! Appliance Oak Kit! Din Rm w/Hrwdvs! Cathedral Ceiling! Liv Rm w/Lake Views! Cathedral Ceiling! 3 Season Sunrm! Overlooking Lake! Lake Facing Master Suite, Master Bath! 3 Bdrms! 2 Baths! Sandy Beach! **\$469,900.00**



**WEBSTER LAKE** - 60 Lakeside Ave! 100' Waterfront! Huge Views of South Pond! Western Exposure - Fantastic Sunsets! In Time for Summer! 3 Rooms of Rustic Charm! Real Log Summer Cottage! 10,934' Lot Allows for Room to Expand! Remodel! It! Tear it down! Build New! **\$359,900.00**



**MILLBURY** - WATERFRONT! Ramshorn Lake! 51 Davis Rd! Beautifully Landscaped & Private 1.22 Acres with 500' On the Water! One of Ramshorn's Premier Properties "Royledge"! Sprawling 3,117' French Country Villa with Panoramic Water Views from this Perfect Peninsula! Ideal for Entertaining! Stonewalled Gate Entry, Long Private Driveway to its Stately Appearance! Sprawling Stone & Slate 6+ Room Masterpiece! Light Abounds Throughout! Cathedral & Tray Ceilings with Skylights! Unique Country Kitchen! Formal Dining Room! Fireplace! Great Room! Lake Facing Spacious Master Suite with Everything You'd Expect! 3 Comfortable Bedrooms! 3 Full Bathrooms! Central Air! Garages - 2 Car Detached & 1 Car Detached! Reward Yourself! **\$1,250,000.00**



**NEW LISTING**  
**WEBSTER LAKE** - 55 Colonial Rd! South Pond! 105' Level Waterfront! Western Expo! Awesome Sunsets! 10 Rm Contemp! Pano Lake Views! Most Sun! Open Flr Plan! Frplcd Liv Rm! 4 2nd Flr Bdrms, 3 Lake Facing! Master Bath! 2.5 Remodeled Bath! 2 Car Garage! Dock! Add Lot Across St! Recent Roof! **\$599,900.00**



**SOLD**  
**WEBSTER LAKE** - 15 South Point Rd! Middle Pond - Panoramic Views! Build Your Waterfront Dream! 100+ of Shoreline! 53'4" Road Frontage! Land Area 8,147' Town Water & Sewer Available! 2 Docks! Already in the Water! Lots on Webster Lake are a Rarity, Don't let this Slip By without Your Consideration! **\$179,900.00**



**NEW PRICE**  
**WEBSTER LAKE** - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Appliance Granite Kit! Din Rm w/Hrwdvs & Slider to Waterfront Deck w/Awning! Lake Facing Frplc Liv Rm w/Cathedral, Skylight & Hrwdvs! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage! **\$749,900.00**



**WEBSTER LAKE** - 82 Lakeside Ave! South Pond! Prime 157' Waterfront w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 10+ Rm, 4 Bdrm, 4.5 Bath, A/C'd, 3,832' Custom Colonial! Lake Facing Quartz Kit w/Heated Flr! Din Area w/Custom Wall Unit & Slider to Waterfront Deck w/Elect Awning! Frplc Liv Rm! Din Rm w/Tray Ceiling! Lake Facing Master w/Master Bath! Upstairs 3 Bdrms, 2 Lake Facing! Lower Level Fam Rm w/2nd Kit, Sauna & Full Bath! 3 Car Attached, 1 Car Detached! Security! Generator! Boat House! **\$1,195,900.00**



**SOLD**  
**WEBSTER LAKE** - 16 Bates Crossing! South Pond! Beautiful Sunrises! Huge Eastern Exposure! 8 Rm, 3,100' Custom Contemporary! 2.43 Acres! Substantial Privacy! Home Features Endless Possibilities! Open Flr Plan w/Magnificent Views from Every Rm! 3 Bdrms, 3 Baths, Cathedral Ceilings w/Skylights! European Kit w/Center Is! Modern Frplc Liv Rm w/Glass Sliders Open to Waterfront Balcony! Master Bdrm w/en-suite Bath, Separate Shower, Jacuzzi Tub, Walk-in Closet & Attached Laundry! Lower Level Bdrms Share Private Bath! C/Air! Attached Garage w/Work Space! Detached 2 Car Heated Garage w/Workshop! Greenhouse! Panoramic Lake & Estuary Views! **\$950,000.00**



**ON DEPOSIT**  
**WEBSTER LAKE** - 334 Killdeer Island! Middle Pond! South Facing! Well Maintained 7 Rm Colonial! Appliance Oak Kit! Din Rm w/Hrwdvs! Cathedral Ceiling! Liv Rm w/Lake Views! Cathedral Ceiling! 3 Season Sunrm! Overlooking Lake! Lake Facing Master Suite, Master Bath! 3 Bdrms! 2 Baths! Sandy Beach! **\$469,900.00**



**SOLD**  
**WEBSTER LAKE** - Reid Smith Cove WATERFRONT! LOT! South Shore Rd! Build Your Dream Home or Summer Retreat! Set on Quiet Road, Surrounded by Woods! Sloping Lot Down to Level Waterfront! 7,200' Lot! 57' on the Water & Road! Town Water & Sewer Available! **\$229,900.00**



**NEW KITCHEN**  
**WEBSTER LAKE** - 30 S. Point Rd! 91' Waterfront! Yr Rd! 7 Rm Colonial! Ideal! 2nd Home! Panoramic Views of South Pond! New Kit w/Din! Frplc Liv Rm & Liv Rm w/Lake Facing Picture Window! 3 Bdrms! Walkout Lower Level w/Fam Rm w/Summer Kit! NEW Int. Paint! Recent Roof & Siding! **\$349,900.00**



**ON DEPOSIT**  
**WEBSTER LAKE** - 55 Colonial Rd! South Pond! 105' Level Waterfront! Western Expo! Awesome Sunsets! 10 Rm Contemp! Pano Lake Views! Most Sun! Open Flr Plan! Frplcd Liv Rm! 4 2nd Flr Bdrms, 3 Lake Facing! Master Bath! 2.5 Remodeled Bath! 2 Car Garage! Dock! Add Lot Across St! Recent Roof! **\$599,900.00**



**SOLD**  
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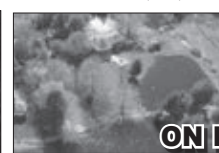
**WEBSTER LAKE COMPOUND!** 2 Checkerberry Is! Private 2.09 Acre Waterfront Peninsula Estate! Park Like Grounds! 2,800' 8 Rm Colonial Main House w/Lake Views from Most Windows! SS Appliance Granite Kit! Din Area w/Tile Flr! Lake Facing 38' Din/Liv Rm w/Frplc, Recessed Lighting & Slider to Wrap Around Deck! French Dr Fam Rm Surrounded by Water! 3 Bdrms! 21' Master w/Cathedral Ceiling, Slider to Private Deck! 3.5 Baths! Skywalk Attached 750' 4 Rm Guest/In-Law, SS Appliance, Open Din & Liv Rm w/Slider to Lake View Deck, Bdrm, Nice Bathrm! Detached 3 Car Guest Cottage or Rental Unit w/Kit, Frplcd Liv Rm, Bdrm & Bathroom! Enclosed 3 Season Pavilion Great for Entertaining! Tree Lined Private Road! Rolling Lawn! Deck! Patios! Ideal Dock Setup! Boat Ramp! For the Discerning Buyer! **\$1,449,900.00**



**SOLD**  
**WEBSTER LAKE** - 334 Killdeer Island! Middle Pond! South Facing! Well Maintained 7 Rm Colonial! Appliance Oak Kit! Din Rm w/Hrwdvs! Cathedral Ceiling! Liv Rm w/Lake Views! Cathedral Ceiling! 3 Season Sunrm! Overlooking Lake! Lake Facing Master Suite, Master Bath! 3 Bdrms! 2 Baths! Sandy Beach! **\$469,900.00**



**WEBSTER LAKE** - 334 Killdeer Island! Middle Pond! South Facing! Well Maintained 7 Rm Colonial! Appliance Oak Kit! Din Rm w/Hrwdvs! Cathedral Ceiling! Liv Rm w/Lake Views! Cathedral Ceiling! 3 Season Sunrm! Overlooking Lake! Lake Facing Master Suite, Master Bath! 3 Bdrms! 2 Baths! Sandy Beach! **\$469,900.00**



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### Featured New Listings!

#### DUDLEY - 67 WEST MAIN ST



Looking for a place for your BUSINESS? Looking for a good INVESTMENT? Check out this Dudley Business Zoned (BUS-15) Property on the CORNER of West Main & View Street 197' road frontage 165' on W Main / 132' on View St. Business Zoned! Autolift Rear Lot on View St. is also available, asking \$54,900. Improvements include an Antique 2 story single family home w/3 BRS, 2 Baths. It may be possible to convert this home back to a 2 family with the addition of a 2nd means of egress. Home is Connected to Municipal Water & Sewer, a recent Natural Gas Buderus FHW Boiler w/cast iron radiators, a 2 Car Detached Garage **\$199,900**

#### THOMPSON- 422 RIVERSIDE DR



Roadside Oasis! Pride of Ownership! Close to 395! Ideal for anyone starting or has their own business. 30x40 Steel Building, 12th garage Door! 15 Foot Ceilings! Fully Insulated Single Family - 3Bedroom, 2+ Bath - 1456 Sq Ft. Flat Level Lot, 1/2 Acre! Completely Renovated! Originally a 2 family converted to a Single Family Use, Security System! Stainless Steel Appliances! Town Sewer! Private Water! **\$259,000.**

#### WEBSTER - 23 CUSHING RD



**ON DEPOSIT**  
Owners are "PROUDLY" Selling This Pristine Ranch & Well Maintained Yard! You will not be disappointed in This Property! Main Level boasts Gleaming Hardwood Floors, Ceramic Tile & Beautiful Paint! Open Flr Plan! Kitchen has Wall Oven and Stainless Appliances! 3 Bedrooms! Main Level all with Hardwoods! Living Room is Warm & Cozy! Renovated Lower Level, this Area Includes a Sizeable Bedroom, Laundry, Utility Room and a Refrigerator for Snacks! Gasbo, Swing Set, Patio Area AND a "Cape Line" Lawn! \*\* Upgrades Include - Buderus Boiler - Hot Water Tank - Newer Roof! (10 yrs) - Electrical Panel! **\$242,000**





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**This Week's Featured Business**

**Chandler Real Estate Services**  
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Tax Abatement,  
Relocation – Pre-Listing Appraisals**  
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[RealEstateAppraiserMAandRI@gmail.com](mailto:RealEstateAppraiserMAandRI@gmail.com)

**Stacie Chandler ~ Chief Appraiser**  
MA Cert: MACR #75485 RI Cert: CRA.0030012  
**369 Main St., Suite 9 Spencer, MA 01562**  
ph/fax 855-243-8267

**Chandler Real Estate Services**  
*Certified Real Estate Appraiser*  
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[RealEstateAppraiserMAandRI.com](http://RealEstateAppraiserMAandRI.com)  
[RealEstateAppraiserMAandRI@gmail.com](mailto:RealEstateAppraiserMAandRI@gmail.com)

**Stacie Chandler ~ Chief Appraiser**  
MA Cert: MACR #75485 RI Cert: CRA.0030012  
**369 Main St., Suite 9 Spencer, MA 01562**  
ph/fax 855-243-8267



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[www.donnaflannery.com](http://www.donnaflannery.com)



**Jules Lusignan**  
Owner  
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**MORTGAGEE'S SALE OF REAL ESTATE AT PUBLIC AUCTION**

**Tuesday, September 5, 2017**


**3:00 PM-SOUTHBRIDGE**  
**100 Clemence Hill Road**  
sgl fam, 1,056 sf liv area, 0.71 ac lot,  
5 rm, 3 bdrm, 2 bth  
Worcester(Worc): Bk 44139, Pg 243

**TERMS:** \$5,000 cash or certified check at the time and place of the sale. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C. 900 Chelmsford Street, Suite 3102, Lowell, MA 01851, Attorney for the Mortgagee.

*Auctioneer makes no representation as to the accuracy of the information contained herein.*

**BAY STATE AUCTION CO, INC.**  
NORTH CHELMSFORD (978) 251-1150 [www.baystateauction.com](http://www.baystateauction.com)  
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**LEICESTER**  
4 BR 2.5 Bath 2,816 sq ft  
Colonial situated on a private wooded lot & set back from the street. Spacious Master Suite on 2nd floor. Oversized deck, above ground pool & large yard.  
Bonus room above garage.  
**\$399,900**



**LANCASTER**  
4 BR 2.5 Bath 2,904 sq ft newly built Colonial on 5.13 acres in George Hill area. Set far back from road, property abuts town land. 2 car attached garage. Granite counters in kitchen & bathrooms. Hardwood, carpet & tile flooring, Central air.  
**\$599,900**



**PAXTON**  
Custom built new construction; 4 BR 2.5 Bath 2,877 sq ft Colonial on 3.08 Acres. Lots of privacy. Large master suite with large sitting area & 2 walk-in closets; 2 car attached garage; Hardwood, carpet & tile flooring, Central air  
**\$595,000**



**KELLER WILLIAMS**



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508-873-9254



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Bill Roland  
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Call any agent listed above for a showing


**NEW LISTING!**

**OXFORD**  
40'




3.6 acres with building. Existing 2700 sq. ft structure. Ideal for developing condominiums. Possible Commercial Site, Water & Sewer

**Commercial/Res. zoning \$485,000**



**WEBSTER**  
**CONDO**  
Central Air, 1.5 Baths, 1500 sq.ft., 10x19 master bedroom, 17x15 living room  
**18 Highcrest Park \$134,900**



**WEBSTER**  
Ranch, 1400 sq. ft., Cathedral ceiling, Kitchen w/breakfast bar, granite counters  
**13 Morris St \$249,900**

**DUDLEY**



2 UNITS,  
1st Unit:  
3 bedrooms,  
Lovely with pellet stove  
Kitchen w/ breakfast bar  
2nd Unit:  
3 Room Unit

**21 Intervale Rd - \$232,500**

**LAND - DUDLEY**

**2.5 acres \$89,900**  
**Tobin Farm Estate**  
*Make an offer!  
What an opportunity!*



**WEBSTER LAKE**  
**PRIME LOCATION**  
3.5 Baths, Seller downsizing, Multi-level 2900 sq. ft., Cathedral ceiling family room, 5 sets of sliders to deck, 27x 12 screened gazebo  
**16 Pattison Rd \$799,900**

REAL ESTATE

**• AUCTION**

**TOWN ORDERED**



**DUDLEY**  
HELD AT TOWN HALL, 71 WEST MAIN ST.  
**5 PROPERTIES**  
**THURSDAY, SEPTEMBER 14 at 12:00PM**

This auction features a single family home at 7 Corbin Rd. on ± 2.3 acres and a single family home at 26 River St. Also included are a ± .38 acre vacant lot at 5 Pineview Rd., a ± .14 acre parcel behind Rite Aid on McQuaid St. and a ± .63 acre parcel on Dresser Hill Rd.

**zekosgroup.com**

Terms: Bidder registration begins at 11:30 A.M. at Town Hall. A deposit of \$10,000 per property is required to register to bid for each property except Dresser Hill Rd. which requires a \$2,000 deposit. Closing in 30 days.

**ZEKOS GROUP AUCTIONEERS**  
382 Boston Turnpike, Suite 222, Shrewsbury, MA 01545  
508-842-9000

**Open House Directory**

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse	
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community	
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, SEPTEMBER 2				
DUDLEY Tobin Farm Estates (2.5 Acres)	P	10-12	\$89,900	ReMax Advantage 1 / Joanne Szymczak, Vicki Bennett 774-943-7669/774-663-6762
SUNDAY, SEPTEMBER 3				
OXFORD 1 Carol Dr	C	11-1	\$192,500	ReMax Advantage 1 / Marie Reed 508-373-9254

**To have your open house listed in this directory please contact Sandy at 508-909-4110**





## BERKSHIRE HATHAWAY HomeServices

## New England Properties

### Woodstock \$280,000 NEW LISTING



170005159.bhhsNEproperties.com  
Greek Revival Cape, 2,286SF, 4 BR, 2 BA. Updated kitchen, roof & windows. Barn w/ hardwoods, cathedral ceilings & heat.  
Brad Favreau 860-428-0527

### Thompson \$320,000 NEW PRICE



170006162.bhhsNEproperties.com  
Enjoy comfortable, care free living in this bright, modern 3 bed, 2.5 bath home. Built in 2013, situated on 1.86 acres.  
John Downs 860-377-0754

### Woodstock \$695,000 NEW LISTING LUXURY



170008346.bhhsNEproperties.com  
Quintessentially New England! This 1760 Colonial has it all! On 24 acres with 2 ponds and a wonderful stone spillway crossing in front of the rear stone patio! Set back nicely from the road with just under 4000 SF and 4 bedrooms, 3 full baths including a lovely master! There is also a 2nd floor artist studio, 3 fireplaces and a tile sunroom off the family room!  
Attached 2 car-garage!  
Gosselin Team 860-428-5960

### Woodstock \$319,000



G10228461.bhhsNEproperties.com  
Come see this wonderful custom built contemporary ranch with a spacious open floor plan and secluded location.  
White/Cook Team 860-377-4016

### Pomfret \$279,000



170000234.bhhsNEproperties.com  
Quiet country home, 2 acres, pond, 2 car garage, wrap-around deck, gazebo, hardwood floors, main floor master bdrm.  
Lauren Heidelberger 860-933-0735

### Pomfret \$425,000



G10231148.bhhsNEproperties.com  
Spacious contemporary home on 18.95 acres. The property offers beautiful pond, open fields, a fenced-in pasture & lean-to.  
John Downs 860-377-0754

### Canterbury \$369,900



170000857.bhhsNEproperties.com  
Elegance at its best! 4 bdrms, 2.5 baths Contemporary! 3.7 acres.  
Rachel Sposato 860-234-1343

### Hampton \$395,000



170000786.bhhsNEproperties.com  
Ca 1870 elegance and a fully updated home! 3748 SF with 4 BR, 3-1/2 BA sprawled on 3 floors. In town location but private!  
Gosselin Team 860-428-5960

### Woodstock \$460,000



G10229069.bhhsNEproperties.com  
Elegant and very private. Granite counter-tops, hardwood floors, pool, four bedrooms and recessed lighting throughout.  
John Downs 860-377-0754

### Woodstock \$289,500



G10225703.bhhsNEproperties.com  
Perched overlooking Witches Woods is this peaceful 2BR, 1BA lakefront home on oversized lot.  
Mary Scalise 860-918-1539

### Brooklyn \$269,000



G10232808.bhhsNEproperties.com  
Motivated sellers will entertain offers! Sturdy 2200SF home on 1.5 ac, 4bdrm, 2ba, country kitchen, big garage w/ lifts.  
Chet Zadora 860-208-6724

### Brooklyn \$170,000



170000960.bhhsNEproperties.com  
Adorable Ranch in a lovely area of town just minutes to RI border. All hardwoods, central A/C and replacement windows.  
White/Cook Team 860-377-4016

### Woodstock \$307,000



G10238371.bhhsNEproperties.com  
Wonderful Cape set on 3.05 acres of a country road. Great master suit w/ a fireplace. Above ground pool & 4 outbuildings.  
Brad Favreau 860-428-0527

### Woodstock Land \$395,000



G10220755.bhhsNEproperties.com  
Unmatched majestic mountain-top retreat. 16 acres, 4 state view. Build out barn or design ideal new home from scratch.  
John Rich 860-315-2615

### Hampton \$980,000



G10217298.bhhsNEproperties.com  
Amazing 30-acre horse property, fenced-in pastures, indoor arena, abuts airline trail. Beautiful home w/ in-ground pool.  
John Downs 860-377-0754

### Eastford \$499,000/\$599,000



G10152879.bhhsNEproperties.com  
Elegant, mini-estate/retreat on 2.5 or 32 acres—you decide! 4/5 bedrooms, spaciousness abounds. Pool, stream, pond.  
John Rich 860-315-2615

### Thompson \$194,900



G10227645.bhhsNEproperties.com  
Two family, 2 beds & 1.5 bath on each side. Separate utilities. Abuts trails, 4+ acres, close to MA.  
Joseph Collins 860-336-1132

### Woodstock \$599,000



G10212359.bhhsNEproperties.com  
Sweeping valley views! Stunning Antique home, 19.55 acres with pasture, developable land and 4 outbuildings.  
John Downs 860-377-0754

### Woodstock \$415,000



170003723.bhhsNEproperties.com  
Stunning 3/4 BR 4 BA home on quiet cul-de-sac 3479SF w/hardwoods & granite, finished walkout Basement. A must see!  
Gosselin Team 860-338-0964

### Eastford \$194,900



G10210318.bhhsNEproperties.com  
Antique Cape in the village setting of Eastford! 3 beds, 1.5 baths, .63 ac. garage, shed, hardwoods.  
Mary Scalise 860-918-1539

### Brooklyn \$554,900



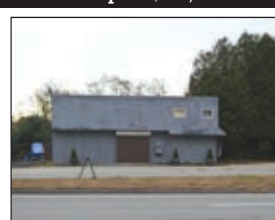
G10198546.bhhsNEproperties.com  
Elegant home with in-law on lower level, stone fireplace, over 4000 sq. ft, sauna on over 2 acres.  
Rachel Sposato 860-234-1343

### Woodstock \$129,900



G10210288.bhhsNEproperties.com  
Enjoy the serenity of this 2 bed Cape on 1.77 acres. Many recent updates in kitchen & bathroom - so much potential!  
Paige Anderson 860-604-2278

### Hampton \$199,000



G10179237.bhhsNEproperties.com  
Dramatic Price Reduction- Rt 6 Commercial live-in/rental or retail, 2 bldgs, 4A, 10,000 cars daily. Rental income \$1,300.  
John Rich 860-315-2615

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45 Route 171 | Woodstock, CT | 860-928-1995

bhhsNEproperties.com



# HERE & THERE → Local Events, Arts, and Entertainment Listings

## SATURDAY, SEPTEMBER 2

9:00 p.m.  
NEW ENGLAND WEATHER  
Good tunes and a good time!  
308 LAKESIDE  
308 East Main St., East Brookfield, MA  
774-449-8333

LABOR DAY WEEKEND  
Fri., Sept. 1 - Mon., Sept. 4  
129th ANNUAL SPENCER FAIR  
Thurs., Aug 31, 5-9 p.m. and  
Fri., Sept. 1, 12-4. Ride the midway rides for one price. Gates open at 8 a.m. Sept. 1  
Buildings open at 10 a.m. Demo derby Fri., Sept. 1 at 7 p.m. & Sun., Sept. 3 at 5 p.m.  
4 days of entertainment, rides, exhibits & family fun! General admission \$10  
Senior citizens \$7, Children 7-12 \$7  
Under 7 free  
Free parking  
Spencer Fairgrounds  
48 Smithville Rd., Spencer, MA

## SUNDAY, SEPTEMBER 3

2:00 p.m.- 5:00 p.m.  
ROB ADAMS & JIM PERRY  
On the outside patio  
308 LAKESIDE  
308 East Main St.  
East Brookfield, MA  
774-449-8333

## WEDNESDAY, SEPT. 6

6:30 p.m. - 7:30 p.m.  
Bring your prince or princess to meet and take their picture with ARIEL, the Little Mermaid & dance with a ballerina.  
Take a photo, enjoy a snack and have fun.  
Performed by Glass Slipper  
Parties -- a free event for all families.  
DANCE TECHNIQUES  
62 Wall St., Spencer, MA 508-885-4559

## THURSDAY, SEPTEMBER 7

8:00 p.m.  
JOE MACEY  
Playing house favorites with some country mixed in  
308 LAKESIDE  
308 East Main St.  
East Brookfield, MA  
774-449-8333



## TENT SALE

FRIDAY, SATURDAY, SUNDAY  
SEPTEMBER 8, 9, 10

KLEM'S FALL FEST  
+ TENT SALE  
3 days only!  
Closeout and discontinued merchandise up to 90% off!  
Friday, 12 pm - 7 pm  
Saturday 9 am - 7 pm  
Sunday 9 am - 5 pm  
KLEM TRACTOR, INC.  
117 West Main St., Spencer, MA  
www.klemsonline.com  
508-885-2708 (Ext. 104)

## SUNDAY, SEPTEMBER 10

8:30 a.m. - 11:30 a.m.  
ALL YOU CAN EAT  
PANCAKE BREAKFAST  
LaSalle Reception Center  
444 Main St.  
Southbridge, MA  
Menu: Pancakes, Sausage, Orange Juice, Coffee, Tea, Hot Chocokate and Milk.  
Adults \$8.00  
Children and Seniors \$5.00  
Sponsored by the Youth Ministry of St. John Paul II Parish.

## SATURDAY, SEPTEMBER 9 AND SUNDAY, SEPTEMBER 10

10:00 a.m. - 4:00 p.m.  
BROOKFIELD ORCHARDS  
HARVEST CRAFT FAIR  
Local artisans, crafters and vendors displaying their homemade items, artwork and goodies, apple picking, maze, wagon rides, cider donuts, snack bar, playground. Craft beer by Rapsallion Brewery.  
Music by The Bad Tickers  
Noon - 4 Saturday and  
Tequila Mockingbird noon-4 Sunday.  
12 Lincoln Rd.  
North Brookfield, MA  
508-867-6858

## SATURDAY, OCTOBER 21

9 a.m. - 2 p.m.  
AMERICAN LEGION POST 138

CRAFT FAIR  
Spencer, MA  
6" space \$30  
Crafters only  
Contact Cindy  
774-745-8399 or email  
cyn364@yahoo.com



## SATURDAY, OCTOBER 28

11 am - 1 pm  
PET TRICK OR TREAT!  
Awards for scariest most original & funniest  
KLEM TRACTOR, INC.  
117 West Main St.  
Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com



## SATURDAY, DECEMBER 2

10 am - 3 pm  
PICTURES WITH SANTA  
Children & pets welcome  
KLEM TRACTOR, INC.  
117 West Main St.  
Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com



## ONGOING

ROADHOUSE BLUES JAM  
Every Sunday, 3:00 - 7:00 p.m.  
CADY'S TAVERN  
2168 Putnam Pike, Chepachet, RI  
401-568-4102



TRIVIA SATURDAY NIGHTS  
7:00 p.m. register  
7:30 p.m. start up  
HILLCREST COUNTRY CLUB  
325 Pleasant St., Leicester, MA  
508-892-9822

WISE GUYS TEAM TRIVIA  
Every Tuesday, 8:00 - 10:00 p.m.  
CADY'S TAVERN  
2168 Putnam Pike (Rt. 44)  
Chepachet, RI  
401-568-4102

LIVE ENTERTAINMENT FRIDAY NIGHT  
HEXMARK TAVERN  
AT SALEM CROSS INN  
260 West Main St., West Brookfield, MA  
508-867-2345  
www.salemcrossinn.com <http://www.salem-crossinn.com>

TRAP SHOOTING  
Every Sunday at 11:00 a.m.  
Open to the public  
\$12.00 per round includes clays and ammo  
NRA certified range officer on site every shoot  
AUBURN SPORTSMAN CLUB  
50 Elm St., Auburn, MA  
508-832-6492

HUGE MEAT RAFFLE  
First Friday of the month  
Early Bird 6:30 p.m. - 7:00 p.m.  
1st table: 7:00 p.m.  
Auburn Sportsman Club  
50 Elm St., Auburn, MA  
508-832-6496



TRIVIA TUESDAYS  
at 7:00 p.m.  
Cash prizes  
308 LAKESIDE  
308 East main St.  
East Brookfield, MA  
774-449-8333

KLEM'S FARMERS MARKET  
June 10th through Oct. 21st  
Every Saturday from 10am-2pm  
This is a producer only market  
Vendors are welcome  
No fees  
KLEM TRACTOR, INC.  
117 West Main St.  
Spencer, MA  
508-885-2708 (Ext. 104)  
www.klemsonline.com



TRIVIAL THURSDAY  
No cost to play  
Cash prizes  
Every Thursday at 7:00 p.m.  
CHESTER P. TUTTLE POST  
AMERICAN LEGION  
88 Bancroft St.  
Auburn, MA  
508-832-2701



# BACK TO SCHOOL

## Help kids get ready for fall sports season

Summer is a season of relaxation, especially for school-aged children who are not yet old enough to work. Such youngsters no doubt enjoy the chance to spend summer days lounging poolside or at the beach, all without a care in the world or any homework to complete.

Though summer is synonymous with R&R, parents of young athletes who hope to compete in scholastic athletics when the school year begins in autumn may need to take steps to ensure their kids aren't at risk of injury once the curtain comes up on fall sports season.

- Examine and replace equipment if necessary. The right equipment can protect kids from injury and help them realize their full athletic potential. But damaged or outdated equipment can increase kids' risk of injury. Examine kids' equipment long before fall sports season begins so you have time to bargain hunt should anything need to be replaced.
- Schedule a physical for your child. Many school districts mandate that athletes receive and pass physicals before they can compete. Speak

with the athletic director at your child's school to learn the guidelines that govern athletic physicals. The physical will need to be conducted by a predetermined date, but you may also need the physical to be conducted after a certain date for it to be considered valid. Speak with your child's physician if any problems are found during the physical.

- Let kids heal. Kids' schedules are busier than ever before, and many youngsters play several sports during the school year. Summer vacation may be the only extended period all year that youngsters' bodies get to heal. While it's important that kids stay physically active throughout the summer, make sure they don't overdo it, as you should emphasize the importance of rest.
- Gradually get back in the swing of things. While rest gives kids' bodies a chance to heal and develop, it's important that young athletes stay in shape over the summer. As the fall sports season draws near, help kids gradually get back in the swing of things. Tryouts tend to be physically

demanding, so kids who have not lifted a finger all summer may be at risk of injury or missing the cut. Let kids ease back into regular exercise to make sure they are not starting from scratch come their first tryout.

- Speak with coaches. Coaches can be great assets to parents who want to make sure their youngsters enjoy the summer without sacrificing their chances of making the team in the fall. Speak with kids' coaches to determine if there is any area your son or daughter can work on over the summer to improve his or her chances of making the team. Make sure kids are the ones leading the charge to improve their games; otherwise, they may feel pressured into doing so and that can take away the fun of playing sports.

Scholastic athletes should take advantage of the opportunity to relax and recover that summer presents. But athletes who hope to compete in the fall can still work with their parents to ensure they're ready once the school year and sports season begins.



## Injury prevention tips for school-aged athletes

The dawn of a new school year is an exciting for school-aged youngsters. Though many kids may not look forward to homework or getting up early, a new school year is often exciting for young athletes who long to get back on the playing fields and compete with their teammates.

As valuable and exciting as participating in team sports can be, they can just as easily prove dangerous for athletes who aren't prepared for the rigors of physical activity. A summer spent lounging poolside might be just what kids need after a long school year, but that relaxation can put youngsters in jeopardy of suffering an injury when they return to team sports in the fall. Many a young athlete has pulled a hamstring or suffered a shin splint when returning to athletic competition after a long lay-off. But such injuries are largely preventable, and the following tips can help school-aged athletes ensure their return to competition is as painless as it is pleasurable.

- \* Condition your muscles in the weeks heading up to tryouts or the start of the school year. Many fall sports feature tryouts near the end of summer or at the very beginning of the school year. That means athletes must start conditioning their muscles early. Discuss with your parents, coaches and physicians which muscles you



will be working when playing a particular sport. Adults should help you develop a conditioning program that gets the right muscle groups ready for the rigors of your sport. A properly conditioned athlete has a much lesser risk of injury than one who is not. Your offseason conditioning program should begin slowly and gradually grow more challenging as you draw closer to the school year.

- \* Stretch, stretch, stretch. Always stretch your muscles before any strenuous activities, whether it's an offseason conditioning program or an in-season competition. Stretching significantly reduces your risk

of injury and can improve your performance on the field.

- \* Get geared up. The right gear is essential for young athletes looking to avoid injury. Though summer might seem tailor-made for flip-flops, such footwear should never be worn when exercising and preparing for the coming sports season. Athletic shoes specific to your sport are made to provide the support you will need as you train and compete. The same goes for the clothing you should wear when getting ready for the season. Wear the appropriate athletic attire to reduce your risk of injury.
- \* Weight train in the pres-

ence of your coaches or parents. Many athletes begin weight training for the first time when they are in high school. Weight training can be beneficial to young athletes, but such athletes should never lift weights unsupervised. Parents, trainers and coaches can explain the equipment to young athletes while ensuring they don't overdo it in the weight room. Lifting too much weight or having bad form when weightlifting can cause serious injury that can sideline youngsters for the coming season, if not longer. So young athletes should always weight train in the presence of an adult and always work with

a spotter to help them should they struggle to finish a repetition.

- \* Don't try to match your fellow athletes. The human body develops differently for everyone. Young athletes must recognize that there's a chance their classmates and teammates may be developing more quickly than they are. These classmates may be more capable of performing certain physical activities. For example, a teammate might be able to lift more weight than you. Do not try to match your fellow athletes if your body is uncomfortable performing a certain exercise. If you must endure substantial pain to perform a given exercise, then your body is likely telling you it simply isn't ready for that exercise. Don't force the body to do something just to keep up with your teammates.
- \* Take a break. Even if you rested for most of summer, you still will need to rest when you begin getting ready for the upcoming athletic season. Take at least one day off per week to allow your body to recover and recharge. Your body needs that recovery time to reduce its risk of injury.

School-aged athletes often look forward to a new school year as a chance to get back on the playing fields. But such athletes should emphasize safe training as the season draws closer.

## How to help kids in your community



**CAPTION: Coaching youth sports teams is one way for adults to give back to the kids in their communities.**

People give back to their communities in various ways. Some support local charities by volunteering or making financial donations, while others may deliver meals to convalescents

with no children of their own or those whose children are fully grown can give back to kids in their communities in various ways.

### COACHING

Youth sports leagues rely on volunteers to run smoothly. Youth sports league coaches are not paid, so each coach is a volunteer. Inquire with your local government office about how to become a youth sports coach in your community. In many instances, no coaching experience is necessary to coach youth sports. However, prospective coaches will likely have to undergo training before they can patrol the sidelines. Such training may include everything

from coaching pointers to emergency medical training and more.

### TEACHING

Teaching school is a full-time job, but not all teaching gigs are paid. Adults with knowledge to pass along to the next generation may want to explore volunteer teaching opportunities. Successful professionals can share their professional expertise with high school or college students through community-sponsored programs. Amateur or professional musicians can offer lessons to youngsters interested in learning an instrument, while writers can teach kids about writing. Volunteer teaching opportunities may be

easiest to find by speaking to local boys and girls clubs or schools that offer weekend or after school programs.

### FITNESS

Kids who are not involved in organized athletics may still enjoy exercise, which provides even more opportunities for adults to give back to the youth in their communities. For example, cycling enthusiasts can work with local youth organizations to sponsor cycling groups for kids. If hiking or kayaking is your passion, look into organizing trips to nearby state parks where kids can hike and/or kayak and learn to love the great outdoors.

### MENTORING

Many young people benefit from the guidance of mentors. Mentoring can be done through an organization such as Big Brothers Big Sisters ([www.bbbs.org](http://www.bbbs.org)) or through local school systems that connect professionals from certain fields with students interested in pursuing careers in those fields. Mentoring.org is a great resource for adults interested in mentoring who may not know how to get involved with helping kids in their communities.

Adults who want to give back to the youth in their communities can do so in various ways.



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**BUY FOR: \$43,877**



**BRAND NEW 2017 JEEP WRANGLER ROCKY RIDGE**  
MSRP: \$59,977  
**BUY FOR: \$45,777**



**BRAND NEW 2017 FORD F-150 ROCKY RIDGE**  
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**BRAND SPANKIN' NEW 2017 CHEVY EQUINOX LT** #117258  
LT TRIM • ONSTAR • ALL WHEEL DRIVE  
JUST REDUCED TO: **\$21,977** BUY FOR: \$240/mo. **SAVE \$8,900**  
OR LEASE FOR ONLY \$149/mo. **35 EQUINOX AVAILABLE**



18 UXBRIDGE RD., RTE. 16, MENDON, MA  
800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6

Sale ends 8/31/17. DOUBLE TAX SAVINGS DISCOUNT based on MSRP/Sticker price and cannot be combined with other discounts or promotions. Does not include specialty vehicles. Some vehicles may not qualify, see dealer for details. Price reflects all applicable manufacturer rebates (not all will qualify) and private offers (not all will qualify). Price is based on retail purchase with additional dealer discounts including a \$2,000 Imperial Trade Assistance Bonus for qualifying 2007 or newer vehicle trade. Monthly payments include all applicable manufacturer rebates with 30% down cash or trade with qualifying credit and our Imperial Trade Assistance Bonus. LEASE requires 30% down, 12,000 miles/year, for 36 months. 0% APR for 72 months on select vehicles only. See dealer for details. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Not responsible for typographical errors. Not valid with prior sales. Call 800-526-AUTO to see which rebates you qualify for.

**IMPERIAL**  
800-526-AUTO  
Imperialcars.com

**BRAND SPANKIN' NEW 2017 FORD FOCUS SE** #7150  
BLUETOOTH • 16" ALLOY WHEELS  
JUST REDUCED TO: **\$12,977** BUY FOR: \$142/mo. **SAVE \$8,000**  
OR LEASE FOR ONLY \$119/mo. **30 FOCUS AVAILABLE**



**BRAND SPANKIN' NEW 2017 FORD FUSION SE** #7140  
TURBO • BLUETOOTH • ALLOY WHEELS  
JUST REDUCED TO: **\$18,377** BUY FOR: \$201/mo. **SAVE \$6,600**  
OR LEASE FOR ONLY \$149/mo. **45 FUSIONS AVAILABLE**



**BRAND SPANKIN' NEW 2017 FORD ESCAPE S** #77439  
BLUETOOTH • FUEL EFFICIENT  
JUST REDUCED TO: **\$18,377** BUY FOR: \$198/mo. **SAVE \$6,300**  
OR LEASE FOR ONLY \$169/mo. **65 ESCAPES AVAILABLE**



**BRAND SPANKIN' NEW 2017 FORD F-150 REGULAR CAB** #77480  
17" ALLOYS • BACK-UP CAMERA  
JUST REDUCED TO: **\$23,377** BUY FOR: \$255/mo. **SAVE \$9,500**  
OR LEASE FOR ONLY \$199/mo. **115 F-150S AVAILABLE**



8 UXBRIDGE RD., RTE. 16, MENDON, MA  
800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6

Sale ends 8/31/17. DOUBLE TAX SAVINGS DISCOUNT based on MSRP/Sticker price and cannot be combined with other discounts or promotions. Does not include specialty vehicles. Some vehicles may not qualify, see dealer for details. Price reflects all applicable manufacturer rebates and private offers (not all will qualify). Price is based on retail purchase with additional dealer discounts including a \$2,000 Imperial Trade Assistance Bonus for qualifying 2007 or newer vehicle trade. Monthly payments include all applicable manufacturer rebates with 30% down cash or trade with qualifying credit and our Imperial Trade Assistance Bonus if you qualify. LEASE requires 30% down, 10,500 miles/year, for 24 months. 0% APR for 72 months on select vehicles only. See dealer for details. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Not responsible for typographical errors. Not valid with prior sales. Call 800-526-AUTO to see which rebates you qualify for.

**IMPERIAL**  
CHRYSLER-DODGE-RAM-JEEP  
LABOR DAY SALES EVENT  
**2,000 NEW CARS AVAILABLE!!!**

**BRAND SPANKIN' NEW 2017 JEEP COMPASS** #17160  
SPORT TRIM • 16" ALLOY WHEELS  
JUST REDUCED TO: **\$16,477** BUY FOR: \$180/mo. **SAVE \$8,500**  
OR LEASE FOR ONLY \$169/mo. **20 COMPASS AVAILABLE**



**BRAND SPANKIN' NEW 2017 DODGE GRAND CARAVAN** #17798  
SE TRIM • THIRD ROW SEAT • PWR PACKAGE  
JUST REDUCED TO: **\$19,377** BUY FOR: \$210/mo. **SAVE \$7,700**  
OR LEASE FOR ONLY \$279/mo. **25 GRAND CARAVANS AVAILABLE**



**BRAND SPANKIN' NEW 2017 JEEP WRANGLER** #S171031  
4x4 • SPORT TRIM • BLUETOOTH  
JUST REDUCED TO: **\$25,977** BUY FOR: \$285/mo. **SAVE \$3,800**  
OR LEASE FOR ONLY \$239/mo. **55 WRANGLERS AVAILABLE**



**BRAND SPANKIN' NEW 2017 RAM 1500 EXP.** #S17856  
4x4 • QUAD CAB • 20" ALLOY WHEELS  
JUST REDUCED TO: **\$28,877** BUY FOR: \$315/mo. **SAVE \$11,800**  
OR LEASE FOR ONLY \$179/mo. **120 RAMS AVAILABLE**



10 UXBRIDGE RD., RTE. 16, MENDON, MA  
800-526-AUTO | OPEN DAILY 9-9, SAT 9-6, SUN 11-6

Sale ends 8/31/17. DOUBLE TAX SAVINGS DISCOUNT based on MSRP/Sticker price and cannot be combined with other discounts or promotions. Does not include specialty vehicles. Some vehicles may not qualify, see dealer for details. Price reflects all applicable manufacturer rebates and private offers (not all will qualify). Price is based on retail purchase with additional dealer discounts including a \$2,000 Imperial Trade Assistance Bonus for qualifying 2007 or newer vehicle trade. Monthly payments include all applicable manufacturer rebates with 30% down cash or trade with qualifying credit and our Imperial Trade Assistance Bonus if you qualify. LEASE requires 30% down, 10,000 miles/year, for 36 months. 0% APR for 72 months on select vehicles only. See dealer for details. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Not responsible for typographical errors. Not valid with prior sales. Call 800-526-AUTO to see which rebates you qualify for.

**"WE'VE COME HOME!"**  
Imperial has opened a brand new Hyundai dealership at our 154 East Main Street home in Milford.  
**Our Low Overhead Means Low Prices!** **OPEN DAILY 9-9, SAT 9-6, SUN 11-6**



**IMPERIAL HYUNDAI**  
CONVENIENTLY LOCATED OFF INTERSTATE 495 ON RTE. 16 IN MILFORD, MA

**TAX FREE SAVINGS SALES EVENT**  
Purchase any new or preowned vehicle and get a discount equal to **DOUBLE** the MA SALES TAX!



**HYUNDAI Assurance** America's Best Warranty 10-Year/100,000-Mile Powertrain Limited Warranty

**Brand Spankin' New 2017 Hyundai Elantra** #H0754  
• America's best warranty • SE Trim • 4 cyl economy • iPod Input • Power Package  
BUY FOR: **\$13,777** **SAVE \$6,400** MSRP: \$20,145  
LEASE FOR **\$129**/MO 36 MOS. • \$2,999 DOWN 10,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Accent** #H0713  
• 4 cyl economy • SE Trim • iPod Input • Power Package • Automatic • America's Best Warranty  
JUST REDUCED TO: **\$9,977** **SAVE \$6,800** MSRP: \$16,705



**Brand Spankin' New 2017 Hyundai Sonata** #H0763  
• Sport Trim • Bluetooth • Back-Up Camera • Spoiler • 17" Alloy wheels  
BUY FOR: **\$14,977** **SAVE \$9,600** MSRP: \$24,555  
LEASE FOR **\$159**/MO 36 MOS. • \$2,999 DOWN 12,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Azera** #H0764  
• America's best warranty • V6 economy • 18" Alloy wheels • Dual exhaust • Push button start  
JUST REDUCED TO: **\$26,877** **SAVE \$8,500** MSRP: \$35,355



**Brand Spankin' New 2017 Hyundai Tucson** #H0713  
• Bluetooth • 17" Alloy wheels • Back-Up Camera • America's Best Warranty  
BUY FOR: **\$18,577** **SAVE \$7,300** MSRP: \$25,870  
LEASE FOR **\$179**/MO 36 MOS. • \$2,999 DOWN 12,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Santa Fe** #H0715  
• Sport Trim • All Wheel Drive • 17" Alloy wheels • Bluetooth • Fuel Efficient  
BUY FOR: **\$19,677** **SAVE \$8,800** MSRP: \$28,530  
LEASE FOR **\$219**/MO 36 MO. LEASE • \$2,999 DOWN 10,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Ioniq** #H0721  
• Hybrid • Front Wheel Drive • 15" Alloy wheels • Bluetooth • Fuel Efficient • Hatchback  
**SAVE \$4,900**



**Brand Spankin' New 2017 Hyundai Tucson** #H0713  
• Bluetooth • 17" Alloy wheels • Back-Up Camera • America's Best Warranty  
BUY FOR: **\$18,577** **SAVE \$7,300** MSRP: \$25,870  
LEASE FOR **\$179**/MO 36 MOS. • \$2,999 DOWN 12,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Tucson** #H0713  
• Bluetooth • 17" Alloy wheels • Back-Up Camera • America's Best Warranty  
BUY FOR: **\$18,577** **SAVE \$7,300** MSRP: \$25,870  
LEASE FOR **\$179**/MO 36 MOS. • \$2,999 DOWN 12,000 MILES/YEAR



**Brand Spankin' New 2017 Hyundai Tucson** #H0713  
• Bluetooth • 17" Alloy wheels • Back-Up Camera • America's Best Warranty  
BUY FOR: **\$18,577** **SAVE \$7,300** MSRP: \$25,870  
LEASE FOR **\$179**/MO 36 MOS. • \$2,999 DOWN 12,000 MILES/YEAR



**IMPERIAL CARS MEGA USED CAR OUTLET STORE**  
LARGEST IN THE COUNTRY!

2011 Chevy Aveo #17706A • Summit White	\$6,988	2014 Nissan Frontier SV #H0048 • Glacier White	\$21,499
2008 Grand Caravan #H050A • Blue	\$7,988	2015 Buick Encore #38053R • White Pearl	\$21,944
2013 Ford Focus SE #D8459B • Tuxedo Black	\$7,988	2015 Ford Escape #P10958 • Tuxedo Black	\$22,855
2012 FIAT 500 Sport #17546A • Nero Black	\$9,988	2014 Chevy Traverse #38057 • Champagne	\$22,944
2014 Kia Soul Hatch #H0037L • Kale Green	\$10,499	2017 Ford Escape SE #P10955 • Shadow Black	\$23,855
2012 Buick Regal #D8308A • Smoky Gray	\$10,988	2015 Lincoln MKZ #P10987 • Tuxedo Black	\$25,355
2014 Chevy Cruze #38039L • Tugsten	\$11,444	2017 Buick Encore SUV #38151L • Sport Trim • Gray	\$25,944
2013 Hyundai Elantra #H0057L • GT Hatch • Black Noir	\$11,999	2014 Grand Cherokee #D8458R • Black Forest	\$25,977
2016 Hyundai Accent #H0909R • Pacific Blue	\$12,999	2015 Ford Edge #P10934 • Ruby Red	\$29,355
2016 Ford Fiesta Hatch #P11003R • Titanium Trim • Black	\$14,355	2015 Ford F-150 4x4 #H0079 • SuperCrew • Race Red	\$31,499
2016 Chevy Cruze #38018R • Premier Trim • White	\$15,444	2014 Dodge Durango #117483A • Citadel • Brilliant Black	\$32,444
2014 Town & Country #17397A • Maximum Steel	\$15,588	2015 Ram 1500 #D8449L • True Blue	\$35,977
2015 Buick Encore #37999L • Cocoa Silver	\$16,344	2016 Toyota 4Runner #H0047 • Limited • Magnetic Gray	\$38,999
2016 Hyundai Sonata #H0001 • Nouveau Blue	\$16,499	2016 Jeep Wrangler #37950A • Unlimited • Bright White	\$42,444
2016 Chevy Equinox LT #38033L • Tungsten	\$17,444	2017 Lexus IS 350 #17679A • Nebula Gray	\$44,988
2014 Nissan Altima 2.5 #H0026 • SL Trim • Silver	\$17,999	2017 Ford Expedition #P10935R • Shadow Black	\$45,455
2016 Ford Mustang V6 #P10868 • Race Red	\$18,777	2014 Ford F-150 Raptor #17550A • Oxford White	\$46,377
2016 Jeep Cherokee #D8248R • Sport Trim • Black	\$19,477	2017 Buick Enclave #38281 • Premium Trim • White	\$55,330
2015 Hyundai Santa Fe #H0062L • Sport Trim • Black	\$19,999	2016 Ford F-150 Shelby #P10950 • 700 HP • Race Red	\$89,455

**OVER 700 USED CARS ON ONE GIANT 52 ACRE LOT!**

**Brand Spankin' New 2017 GENESIS G80** #H0705  
Heated Leather Seats • All Wheel Drive • 18" Alloy wheels • Bluetooth • Navigation • Back-Up Camera  
JUST REDUCED TO: **\$48,777** **SAVE \$5,200** MSRP: \$54,000



Formerly Imperial Chevrolet of Milford  
**800-526-AUTO • IMPERIALHYUNDAI.COM**  
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Sale ends 8/31/17. DOUBLE TAX SAVINGS DISCOUNT based on MSRP/Sticker price and cannot be combined with other discounts or promotions. Does not include specialty vehicles. Some vehicles may not qualify, see dealer for details. Price reflects all applicable manufacturer rebates and private offers (not all will qualify) including \$500 for active military. \$1,000 as registered UBER driver. \$500 down payment matching program. Price is based on retail purchase with additional dealer discounts including a \$2,000 Imperial Trade Assistance Bonus for qualifying 2007 or newer trade. Advertised price does not include tax, title, registration, documentation or acquisition fees and cannot be combined with any other discounts or promotions. Our RED TAG specials are available exclusively through our phone and internet department. Not responsible for typographical errors. Not valid with prior sales. Call our internet team at 800-526-AUTO to see which rebates you qualify for.



# 6 steps to hosting a successful fundraiser

Fundraisers help schools, political groups and charitable organizations stay afloat. Groups that do not offer products or services for sale must find other means to fund their operations, and fundraisers often fill that role.

Charities Aid Foundation says that the number of people worldwide donating money to nongovernmental organizations, or NGOs, increased from 1.2 billion in 2011 to 1.4 billion in 2014.

Fundraising involves more than putting a hand out and asking for money. Successful fundraisers have various things in common, regardless of the cause they're promoting.

1. Decide on a clearly expressed purpose. Individuals do not typically donate money without first being given a good reason to do so. Therefore, when begin-

ning a fundraiser, organizers have to decide on the purpose of the event and spell out that purpose clearly. When sharing information about the fundraiser, include how the money will be allocated. Some charitable events have more than one objective, with a primary goal of raising money and additional desires to raise awareness and connect with new donors. When establishing a financial goal, organizers must come up with a final donations figure they hope to reach.

2. Know your audience. Understanding your goal is one factor, and knowing who you are reaching out to is another. If it's school fundraising, understand that these may be cash-strapped families without much money to donate. In such instances, consider incentiviz-

ing donations by entering donors into raffles for family-friendly outings or coupons to area businesses. Identifying your target audience can help you plan effective strategies that reach that audience.

3. Advertise extensively and early. Donors may not take immediate action upon learning about a fundraiser, so plan to advertise extensively. Make sure the message gets heard and that potential donors have time to fit their donations into their budgets. Reach prospective donors through all the avenues at your disposal, including social media platforms like Twitter and Facebook. Don't overlook more traditional methods of advertising, including flyers and newspaper advertisements that may resonate with older donors. A combination of various types of advertising can cover all of the bases, offers the charitable giving organization GiveForward.

4. Consider getting a sponsor. Individual donations can fuel fundraisers, but a widely recognizable sponsor can help propel prospective donors to action. Many corporations include charitable donations into their quar-

terly budgets, and such organizations often offer donate incentives such as event tickets and goodie bags that can compel private donors to make donations. Restaurants can offer gift cards and other stores may be able to donate products to hand out. A local celebrity can bring in the foot traffic needed to make the fundraiser successful.

5. Give out prizes. People may look forward to giving to a good cause, but walking away with something tangible in return also can elicit some good feelings. Budget for prizes and other take-aways. Make the fundraiser a fun atmosphere and give participants a chance to win items through contests or other small feats that will generate good will and enjoyment.

6. Enlist volunteers. A fundraiser is not a one-person job. Volunteers are the backbone of successful fundraising efforts, so make sure you have enough volunteers to plan and execute the fundraiser. Try to find volunteers from various walks of life so each person can bring their own unique and valuable experience to the table.



## 2017 Dr. VanVooren CHARITY GOLF TOURNAMENT

Wed. September 13, 2017

Sponsored by



### ROTARY CLUB OF SOUTHBRIDGE

All proceeds benefit Harrington Hospital's Cardiac Rehab Program and the Rotary Club of Southbridge's Scholarship Program.



### Raceway Golf Club

Thompson, CT  
Tee Time: 9:00 a.m.  
\$125.00/Golfer

Includes coffee and donuts before golf, appetizers, a delicious post-game beef or chicken awards dinner and a goody bag for every player!



**Hole-in-One Contest: Win a New Toyota from Herb Chambers Toyota in Auburn**  
Prizes for Closest to the Pin • \$5,000 Putting Contest  
Lively Raffle with Lots of Great Prizes!

For More Information or an Entry Form  
Email Terry Lisle: [LisleT@sbgecu.org](mailto:LisleT@sbgecu.org)  
or Call Judy Flannery at (508) 765-2290

2016 Hole-in-One Prize Winner Bob Cantara collects his Toyota Corolla from sponsor Herb Chambers Toyota Auburn.

### CHECK OUT OUR WEEKLY SPECIALS



## Great time to plant – just add water



### For Fall Planting

Ornamental Flowering Cabbage and Kale	<b>HARDY MUMS</b> Well budded hardy mums Large 10" & 12", 6 & 8" <i>Ready Soon</i>	<b>Our Fresh Veggies</b> Cucumbers, Zucchini, Tomatoes and more! As available.
---------------------------------------	---	--

10" Hangers reg. \$21.95  
**\$16.95 ea. or 2/\$30**

3 Gal. Grasses reg. \$21.95  
**\$15.95 ea. or 2/\$25**

1 & 2 gallon, Flowering Perennials (of equal or lesser value) **Buy 3 GET 1 FREE**

**Lemongrass Plants**  
(Repels Mosquitoes!)

**PROPANE SPECIAL**  
**\$2.00 Off with Coupon**  
Valid 9/1 through 9/4 • Must Present Coupon  




Hours 8-5 • 7 Days ~ Retail • Wholesale  
**872 Southbridge Street, Auburn • 508-832-8739**  
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**NEW NURSERY STOCK ARRIVING REGULARLY • SALT MARSH HAY & STRAW**


POTTING SOIL • POTTING SOIL • PEAT MOSS • FRUIT TREES • BARK MULCH • POTTING SOIL • LARGE PLANTERS • PERENNIALS • HERBS

# PLACE MOTOR Inc.

The "RIGHT PLACE" Since 1923

Happy Labor Day Weekend






### 2017 FORD FUSION

MSRP .....\$24,380  
REBATE .....(\$2650.00\*)  
College Student Purchase Program ... (\$750.00)\*  
**Place discount** .....(\$1923.00)  
**The Right Price** ..... **19057.00**  
\* Requires Approved FMCC financing


Stock #7122  
4 Cyl Auto trans Appearance Pkg.



### 2017 FORD FIESTA SE


MSRP ..... \$18,145  
REBATE ..... (\$3000.00)  
College Student Purchase Program ... (\$750.00)\*  
**Place discount** .....(\$472.00)  
**The Right Price** ..... **13923.00**  
\*Qualified active student or recent grad. Military appreciation or First responders receive \$500

Stock#7206  
4cyl Engine, Auto Trans, appearance package, cold weather package equipped not stripped




### 2015 FORD EXPLORER XLT

AWD Low Low Miles  
**\$31923**  
STK#555X




### 2017 FORD FUSION

Great Value  
**\$19923**  
STK#526X




### FORD F150 4X4

NICELY EQUIPPED  
**\$29923**  
STK#554X




### 2014 FORD FLEX SEL

Loaded  
**\$23223**  
STK#7164A



### 2016 FORD TAURUS

Limited  
**\$22523**  
STK#549X



### 2014 FORD ESCAPE SE

One Owner  
**\$15923**  
Stk#7209A



## FORD F-SERIES

NEW ENGLAND'S

## BEST-SELLING TRUCKS



## 40 YEARS

FORD F-SERIES  
AMERICA'S BEST SELLING TRUCKS  
SINCE 1977

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**SAVE Up to \$250**  
**As one of the very few  
Therma-Tru Tru-Distinction  
dealers, we are glad to  
make available this exclusive  
rebate offer to our customers.**

**One of the Largest Door and  
Window Companies in New England!**



What a difference a door  
makes when you  
**SNAP & SAVE**



**It's easy as 1-2-3.**

1. **DOWNLOAD** the Therma-Tru Doorways App.
2. Try new doors on your home and **SNAP** a picture.
3. Save the picture and bring it in to receive a **REBATE**.

**Hurry! Rebate offer ends October 31, 2017.**



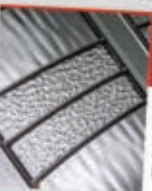
**SAVE  
Up to \$250\***

You can create a distinctive new look for your home and receive a rebate from us on the following Therma-Tru products.



**\$200  
Rebate**

Classic-Craft,  
Premium  
Entryways



**\$50  
Rebate**

Therma-Tru Door  
with Decorative or  
Privacy & Textured  
Glass in a  
Lip-It Frame.



**\$30  
Rebate**

Flush-Glazed  
Glass in  
Fiber-Classic, Oak  
Collection, &  
Smooth-Star, Doors

**THERMA-TRU®  
DOORS**

\*Receive a combined rebate amount of \$250 when you purchase a Classic-Craft door with decorative or privacy and textured glass. See your local Design Gallery dealer for other rebate opportunities. Rebates in the form of a Visa or MasterCard gift card in an amount of up to \$250 with the purchase of eligible products between September 1, 2017 and October 31, 2017, which are expected to consist of: Classic-Craft premium entryways; any Therma-Tru door with decorative glass (including Fiber-Classic Oak Collection or Smooth-Star doors); and flush-glazed glass in remodeled purchases only. Therma-Tru is the sole interpreter and mediator of the right to modify, change or terminate the program at any time. Terms and conditions apply. Limited time offer. See a participating Therma-Tru dealer for details. ©Therma-Tru. All rights reserved. Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc., registered in the U.S. and other countries. Google Play and the Google Play logo are trademarks of Google Inc.



**SHOWPLACE™  
Wood Products**

**Kitchen Cabinets  
FREE**

**Stainless Steel Sink  
With Purchase of a Granite  
or Quartz Countertop**

\*See store for details.

**SALE ENDS September 30, 2017**



**SHOWPLACE™  
Wood Products**

**We Made The Choice So Simple**



**Visit Our Huge Showroom**



**Best Price! Best Selection! Best Service!**

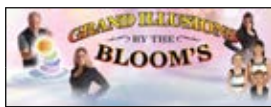


**FRIDAY - SEP. 1ST. ON THE GROUNDS**

- 9:00am Draft Horse and Oxen Obstacle Course (Grandstand Area)
- 1:00pm Giant Pumpkin Weigh-Off (Show Tent)
- 3:00pm Lawn & Garden Tractor Pull (Pulling Area)
- 7:00pm Demolition Derby (Grandstand Area)

**FRIDAY MAIN STAGE:**

- 12:00pm National Anthem
- 12:30pm-1:00pm Grand Illusions
- 3:30pm-4:00pm Grand Illusions
- 5:00pm-6:00pm Tequila Mockingbird
- 8:00pm-close: Presley & Taylor



**SATURDAY - SEP. 2ND. ON THE GROUNDS**

- 7:30am Tractor Pulls on Concrete (Pulling Area)
- 10:00am Beef Show (Show Tent)
- 11:00am Juno the Hero Dog (Farm Yard Demo Area)
- 1:00pm Open Poultry Show (Agricultural Center)
- 6:00pm Truck Pull (Grandstand Area)

**SATURDAY MAIN STAGE:**

- 11:30am-12:00pm Grand Illusions
- 12:00pm National Anthem
- 1:00pm-3:00pm Jim Libby
- 3:30pm-4:30pm Dennis Polsky & The Maestro's Men
- 5:00pm-7:00pm Timmy Brown & the Black Diamond Band
- 8:00pm Dan Candell - Hypnotist



**SUNDAY - SEP. 3RD. ON THE GROUNDS**

- 10:00am Horse Pull (Pulling Area)
- 10:00am Dairy Show (Show Tent)
- 11:00am Juno the Hero Dog (Farm Yard Demo Area)
- 1:00pm Youth Poultry Showmanship (Agricultural Center)
- 5:00pm Demolition Derby - Police/EMT/Fire (Grandstand Area)

**SUNDAY MAIN STAGE:**

- 12:00pm National Anthem
- 12:30pm-1:00pm Grand Illusions
- 2:00pm-4:00pm Annie Brobst
- 4:30pm-5:00pm Grand Illusions
- 5:30pm-6:30pm Ross McGinnes
- 8:00pm-close: Thirty 6 Red



**Admission**

Parking.....	Free
General Admission.....	\$10.00
Advance Sale (Before Wed., Aug.26th).....	\$7.00
Senior Citizens (62 and Over).....	\$7.00
Children 7-12.....	\$7.00
Children Under 7.....	Free
Military.....	\$7.00
Special Needs Group Rate (Bus or Van).....	\$2.00
Weekend Pass.....	\$25.00

**Spencer Fairgrounds**

**FRI. SEPT. 1 – MON. SEPT. 4**

**Gates Open at 8:00am • Buildings Open at 10:00am**



**JO DEE MESSINA**  
Monday, 3:00pm

**DAN CANDELL**  
Sat. 8:00pm, Mon. 6:30pm

**GRAND ILLUSIONS BY THE BLOOMS**  
Fri., Sat., Sun. & Mon.

**TEQUILA MOCKINGBIRD**  
Fri. 5:00pm, Mon. 10:00am

**JIMMY LIBBY BAND**  
Sat. 1:00pm

**PRESLEY & TAYLOR**  
Fri. 8pm

**ROSS MCGINNES**  
Sun 5:30pm & Mon. 1:00pm

**THIRTY 6 RED**  
Sun. 8:00pm

**DENNIS POLSKY & THE**  
**MAESTRO'S MEN**

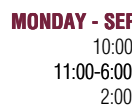
Sat. 3:30pm

**TIMMY BROWN & THE BLACK**  
**DIAMOND BAND**

Sat 5:00pm

**ANNIE BROBST**  
Sun 2:00pm

**- Featured Entertainment -**



**MONDAY - SEP. 4TH. ON THE GROUNDS**

- 10:00am Oxen Pull (Pulling Area)
- 11:00-6:00pm Lawnmower Dirt Pulls
- 2:00pm Lumber Jack (Cattle Barn Area)

**MONDAY MAIN STAGE:**

- 10:00am-11:00am Tequila Mockingbird
- 11:30am-12:00pm Grand Illusions
- 12:00pm National Anthem
- 1:00pm Ross McGinnes
- 3:00pm-4:30pm Jo Dee Messina
- 6:30pm Dan Candell - Hypnotist

**ALL 4 DAYS: ON THE GROUNDS**

- Buddy the Clown - Walkaround
- Horses, Horses, Horses - Grandstand Field
- Jolley Clown Family - Walkaround/Kiddie Tent - Pull Alley
- Nergers Tiger Show - Near Exhibit Hall and Agricultural Building
- Boots & Britches: - The Singing Cowboys (Dream Camper Show & Exhibit) - Pull Alley
- Josh Landry: Master Chainsaw Carver - Grandstand Blvd.
- Two By Two Zoo - Grandstand Blvd. - On going animal exhibit and educational talks
- Dinosaur Experience - Walking T-rex - Walkaround
- Andrew Rice Sheep dog demo & sheep shearing\*
- Antique Tractor Display Grounds



**INSIDE EXHIBIT HALL - DOWNSTAIRS**

- Shelbourne Lighting & Metal Crafts - Colonial reproduction of copper lanterns\*
- Ricks Wood Turning Crafts
- Louise Walsh - Owner of Evergreen Rabbit Farm and the creator of the giant angora. Louise will be demonstrate spinning rabbit wool
- Pottery
- Worcester County Beekeepers
- The Chick Hatchery
- Refugee Artisans of Worcester
- New England Reptile Shows
- Organnies
- Firewatch Weavers of Brimfield

**DEMO DERBY**

**FRI., SEPT. 1 @ 7PM**  
**SUN., SEPT. 3 @ 5PM**

**Please Support  
Our Sponsors**



**Gate and Building Hours**

Thursday Night: Carnival rides open only - 5pm to 9pm

**Friday and Saturday**

Fair Gates open 8am - 9pm  
Buildings open 10am - 10pm  
Carnival opens 12pm - 11pm

**Sunday**

Fair Gates open 8am - 9pm  
Buildings open 10am - 10pm  
Carnival opens 11am - 11pm

**Monday**

Fair Gates open 8am - 7pm  
Buildings open 10am - 9pm  
Carnival opens 10:30am - 8pm  
The Cattle Barn Closes - 4pm  
Vendor Breakdown - 8pm

**No Pets Allowed - except service dogs • No Laser Pointers Allowed  
No Alcoholic Beverages Allowed on the Fair Grounds  
No Coolers or Large Bags Allowed on the Fair Grounds**

**4 DAYS OF  
FAMILY FUN!**

**Free Parking • Free Entertainment**  
**For full schedule of events visit: www.spencerfair.org**



**(508) 347-3775**

V Code 3 digits on back of card	Amex Code 4 digits on front of card
---------------------------------	-------------------------------------

**Please Include A Check or  
Credit Card Number For Your Ad  
Mail to:  
Town-to-Town Classifieds  
P.O. Box 90  
Southbridge, MA 01550  
Fax to: 508-765-0233  
Email to:  
classifieds  
@stonebridgepress.com**



010 FOR SALE

**SMALL BUREAU**  
**\$75.00**

**PRINTER'S ANTIQUE  
DRAWERS**  
**\$20.00 PER**

**2002 COMPUTER  
ACCUSYNC 50 NEC**  
**\$100.00**

**KITCHEN CHAIRS**

**SPARE TIRE P225/60R16  
EAGLE GA WITH RIM**  
**\$45.00**

**ELECTRIC CHORD ORGAN**  
**\$60.00**

**CAR SUNROOF**  
**\$100.00**

**HOMEMADE PINE  
COFFEE TABLE  
AND TWO END TABLES**  
**\$100.00**

**ANTIQUE LAMP JUG**  
**\$40.00**

**ANTIQUE CROQUET SET**  
**\$40.00**

**SMALL COFFEE TABLE**  
**\$35.00**

**ELECTRIC BASE BOARD**  
**\$25.00**

**DROP LEAF CART**  
**\$50.00**

**END TABLE W/DRAWER**  
**\$50.00**

**END TABLE W/ TWO  
DRAWERS**  
**\$60.00**

**CALL**  
**1-508-764-4458**  
**1-774-452-3514**

**Solid Rock Maple  
Bedroom Set**  
Full Box Spring & Mattress  
**\$850**

**Cracker Barrel  
Rocking Chair**  
Brand New!  
**\$75**

**Rocker/Glider Chair**  
**\$75**

**Hutch**  
Top Comes Off  
**\$75**

**Three Piece White  
Wicker Outdoor Set**  
Loveseat and Two  
Chairs  
**\$100**  
**(508) 764-6425**

**SPORTS CARDS/  
MEMORABILIA  
COLLECTION**

**Call for more info**  
**(413) 668-6330**

**TOOL SHEDS**  
Made of Texture 1-11  
8x8 **\$775**  
8x10 **\$960**  
8x12 **\$1050**  
8x16 **\$1375**

Delivered, Built On-Site  
Other Sizes Available  
**CALL (413) 324-1117**

**TWO CURIO CABINETS**  
Pulaski Brand, Cherry  
**\$250/each or Best Offer**

**GE ELECTRIC STOVE**  
Excellent Condition,  
Light Cream Color  
**\$250 or Best Offer**

**ROLL-TOP DESK**  
Maple  
**\$150 or Best Offer**  
**(508) 779-0542**

**Local  
News**



**FOUND HERE!**

**ARCHway**

A Quality Way Of Life  
ARCHway, Inc.

An agency serving adolescents and adults on the autism spectrum is seeking energetic and creative people to fill the following positions:

**Special Education Teacher (BA/M. Ed)**  
**Severe Disabilities: All levels**  
Classroom teacher needed to teach students on the autism spectrum pre-academic and vocational skills. Classes are small and energy levels are high. Full time/year round position with 8 weeks paid vacation, health and dental benefits.

**Residential Instructor**  
Instructor needed to teach activities of daily living and social skills.  
**Part time hours:**  
2nd and 3rd shifts Mon - Fri  
1st, 2nd and 3rd shifts on Sat and Sun  
Starting pay: \$13.50/hour

**Please send resume and letter of interest to apply:**  
**ARCHway, Inc. • 77 Mulberry Street Leicester, MA 01524**  
Fax: 508-892-0259 • Email: scombs@archwayinc.org



010 FOR SALE

**WOODSPLITTER**  
21 Ton, Horizontal/Vertical  
**\$1,600**

**FLOOR JACK**  
**\$20**

**SHOP VAC**  
16 Gallon  
**\$50**

**CRAFTSMAN  
SANDERS,  
HOME-LITE CHAIN-  
SAW**

**WHEELED BIKES**

**8 BARRELS**  
for a Floating Dock  
**\$10/each**

**GLASS TOP TABLE**  
42"x68"  
**\$50**

**PLAYER PIANO**  
(Needs Work),  
Includes 140 Rolls  
**\$1,000**

**DISHES FOR 8**  
Still in Box

**GPS GARMIN 255,  
CANON POWER SHOT  
CAMERA**  
**1010X**

**(508) 885-3136**  
**(860) 888-5207**

100 GENERAL

105 BULLETIN BOARD

**FOUR HORSE  
STALLS  
FOR RENT**

CALL FOR INFORMATION  
**(508) 335-8239**

**TWO CAR GARAGE  
FOR RENT**  
in  
Oxford, MA

Ten Year Old Building  
**Whole Garage \$700**  
Please text  
**(508) 615-1246**

107 MISC. FREE

**FREE  
OAK ENTERTAINMENT  
CENTER**

Lighted Glass Doors on Top,  
Holds T.V. in Middle, Doors on  
Bottom for Storage,  
**IN PERFECT CONDITION!**  
**BROOKFIELD**  
**(508) 867-8768**

110 NOVENAS

**PRAYER TO ST. JUDE**

May The Sacred Heart of Jesus  
be Adored, Glorified, Loved,  
and Preserved throughout the  
World Now and Forever. Sacred  
Heart of Jesus, Pray for Us. St.  
Jude, Worker of Miracles, Pray  
for Us. St. Jude, Helper of the  
Hopeless, Pray for Us. Say this  
prayer 9 times a day for 9 days,  
by the 9th day, your prayer will  
be answered even if you don't  
believe. This Novena has never  
been known to fail. Publication  
must be promised.

**Thank You, St. Jude  
K.I.**

130 YARD SALES

**DEADLINE FOR  
YARD SALE  
SUBMISSIONS IS  
NOON MONDAY  
FOR ALL  
MASS. WEEKLY  
PAPERS**

Deadline subject to change  
due to holidays  
Call for more info  
\*\*\*\*\*

**PARSONS AUTO INC  
HELP WANTED**

MA State Inspection Technician  
and Light Duty Mechanic

- Call or in person -

**508-867-6253**  
**281 E. Main Street • Route 9**  
**East Brookfield, MA**

130 YARD SALES

**LARGE MOVING  
SALE**  
Sat- 9/2  
&  
Sun- 9/3  
**20 Sherwood Drive**  
**SPENCER**  
**9-2**

Furniture, Toro Riding  
Lawnmower, Golf Clubs, Piano,  
Dining Room Set &  
Lawn Furniture  
**NO EARLY BIRDS  
CASH ONLY**

**MOVING SALE**  
**59 Grove St**  
**DOUGLAS**  
**SAT**  
**SEPT 2nd**  
**8-1**

Tools, Furniture, Housewares,  
Crystal, China, Books, Lamps &  
**MUCH MORE!!**

**MULTI-FAMILY  
YARD/BAKE SALE**  
to benefit  
**ST. JUDE'S  
CHILDREN'S  
RESEARCH HOSPITAL**  
**162 Cooper Road**  
**NORTHBRIDGE**  
**Sat, Sept. 9th**  
**9am**

Including Baked Goods, Silent  
Auction & Homemade Items  
(239) 896-7730  
**THANK YOU!**

**YARD SALE**  
**Saturday, Sept 2nd**  
**Rain date Sept 3rd**  
**86 Fort Hill Road**  
**OXFORD, MA**

Many Household Items  
and Yard Items

200 GEN. BUSINESS

205 BOATS

**15' STARCRAFT  
ALUMINUM CANOE**  
with Keel  
**\$350**  
**Call (508) 278-2083**

**16FT  
OLDTOWN OTTER  
KAYAK**  
2 Person  
Paddles Included  
**\$500**  
**(508) 347-9979**

**2013 Mirro-Craft**  
**14'6" Boat Trolle1416**  
2013 40HP Yamaha Motor,  
Full Cover Hummingbird Fish  
Finder, Many Extras,  
Boat, Motor, and 2014 Trailer Like  
New, Ready to Go!  
**Call**  
**(860) 935-0340**  
**Leave Message**  
**Price \$8,500.00**

**Old Town Canoe**  
1931 old town 18'  
restored Maine guide  
canoe.  
Clear resin coated,  
Mahogany gun wales  
And caned seats  
a third seat mahogany  
caned seat and back  
Paddles included  
Perfect for the wooden  
canoe enthusiast.  
**\$5800.00**  
**(508)479-0230**

205 BOATS

**TWO FISHING  
BOATS**

Need Repair, Halfway Restored,  
Both with Trailers and Other  
Equipment

**SERIOUS INQUIRIES  
ONLY!**  
**(508) 867-3169**

257 COLLECTIBLES

**84 PIECE  
AVON CAPE COD  
COLLECTION-  
DINNERWARE  
AND MORE**  
In Great Condition!  
  
\$300 or best offer  
**(508) 885-7372**

265 FUEL/WOOD

**FIREWOOD**  
Cut, Split & Delivered  
Green & Seasoned  
  
Wood Lots Wanted  
**Call Paul(508)769-2351**

280 CRAFTS

\*\*\*\*\*  
**VENDORS  
WANTED**  
for  
**CRAFT FAIR**  
on Sept. 17th  
11am-4pm  
at  
Cindy's Four Corner  
Restaurant in  
Quinebaug/Thompson  
  
For More Information  
Call Jamie  
(774) 276-0090  
  
\*\*\*\*\*

281 FREE PETS

**SEVEN YEAR OLD  
CAT**

**Female, spayed, long-  
haired black with white  
chest and white paws.**  
Shy but very  
affectionate. Great for  
elderly person or quiet  
home.  
**NO DOGS**  
**Call for pictures &  
information**  
**(774) 245-4665**

**284 LOST & FOUND  
PETS**

**CHARLTON  
Lost Male Cat**  
Short Hair, Grey Tabby with  
Stripes, Micro-Chipped, White  
Nose & Paws.  
Wearing Black Collar with Tags.  
**(413) 888-7407**

*Need to Place  
a Classified Ad?*  
*Call 800-536-5836*

**WEB PRESSMAN & PRESS HELPERS  
NEEDED IMMEDIATELY**



Stonebridge Press, located in the Worcester County area of Massachusetts is looking for a full-time Web Pressman and Press Helpers to work in our Southbridge printing facility. These positions are full-time, year-round, Monday-Friday printing publications for our group of local community newspapers.

Stonebridge Press offers competitive wages, paid vacation and holiday time, and company sponsored 401k.  
*Please stop by the office to fill out an application:*  
**25 Elm St., Southbridge, MA**

Or send resumes to:  
Stonebridge Press, Attn: Jim,  
P.O. Box 90,  
Southbridge, MA 01550  
for immediate consideration.

**284 LOST & FOUND  
PETS**

*Did you find  
your pet?  
Or find a home  
for one?*



**LET US KNOW!!!**  
Please call us so that we  
can take your ad  
out of the paper...  
**Town-To-Town  
Classifieds**  
**508-909-4111**

286 LIVESTOCK

**HORSE BEDDING**  
Pine Bag Shavings  
3.25 cubic feet  
**\$4.85/each**

**HORSE HAY**  
for Sale  
Big Squares  
3' x 3' x 71/2'  
Square Bales  
**EXCELLENT**  
for Horses

**West Brookfield**  
**Call**  
**(508) 867-2508**

298 WANTED TO BUY

**Route  
169  
Antiques**  
**884 Worcester St.**  
**Southbridge MA**

Looking To Purchase  
**Antiques  
And Collectibles  
Single Items  
Or Entire Estates**

We Buy It All  
And Also Do  
**On-Site Estate Sales**  
And  
**Estate Auctions**  
**CALL MIKE ANYTIME**  
**(774)230-1662**

**\$ BUY & SELL \$  
ALL GOLD & SILVER  
ITEMS**  
Specializing in  
NUMISMATIC COINS,  
gold & silver of any form!

Qualified with over 30  
years experience &  
a following of many  
satisfied customers.

We also sell a nice  
selection of fine jewelry,  
antiques & collectibles.

Bring in your items &  
see what they're worth.  
You won't leave  
disappointed.  
*Honesty and fairness  
are our best policies!*

**Lee's  
Coins & Jewelry**  
**239 West Main Street**  
**East Brookfield**  
**(Route 9 - Panda  
Garden Plaza)**  
**(508)637-1236**  
**(508)341-6355 (cell)**

**298 WANTED TO BUY**  
**MOPEDS & OLDER  
SCOOTERS  
AND  
MOTORCYCLES**  
**Call Travis**  
**(774) 242-9227**

**WAR  
RELICS  
& WAR  
SOUVENIRS  
WANTED**  
**WWII & EARLIER  
CASH WAITING!**  
Helmets, Swords,  
Daggers, Bayonets,  
Medals, Badges, Flags,  
Uniforms, etc.  
*Over 30 Years Experience.*  
**Call David**  
**1-(508)688-0847**  
**I'll Come To YOU!**

300 HELP WANTED

**310 GENERAL HELP  
WANTED**

**CDL DRIVER  
FULL OR PART-TIME  
ROBBINS**  
**28 SUTTON AVE**  
**OXFORD**

**FARM HELP**  
**Apple Picking  
&  
General Labor**  
**Must be able to move a  
ladder and lift 40  
pounds.**  
**30-40 hours weekly,**  
**Monday thru Friday,**  
**Now thru October!**  
  
**Charlton Orchards**  
**44 Old Worcester**  
**Road**  
**Charlton**  
**(508) 248-7820**  
**Apply at the Farm**

**Foster  
Parents Wanted**  
Seeking Quality Homes  
Throughout Central MA  
To Provide Foster Care  
To Children In Need.  
24/7 Support. Generous  
Reimbursement.  
**\$1000 Sign-On Bonus**  
**Call For Details**

**Devereux**  
ADVANCED BEHAVIORAL HEALTH  
**Devereux Therapeutic  
Foster Care**  
**(508)829-6769**

**HELP WANTED**  
Ciesla Construction Corp  
237 Fiske Hill Rd  
Sturbridge MA  
508-347-3455  
**CONSTRUCTION  
LABORER**

Ambitious, dependable, willing  
to learn about site and  
utility work.  
Apply in person  
Mon-Fri  
8 am-4:30 pm

**LINE COOK**  
**Salem Cross Inn**  
**in West Brookfield, MA**  
is seeking an experienced cook.  
Resume and references  
required.  
**Apply online at:**  
**www.**  
**salemcrossinn.com**

**310 GENERAL HELP  
WANTED**

**TOWN OF WALES**

**Position Summary:**

This position is responsible for  
and assists with clerical support  
in the Planning Board office and  
reports directly to the  
five-member board.

**Responsibilities:**  
Creates agendas for monthly  
Planning Board meetings  
(currently meets the 2nd  
Monday of every month at  
7:00pm); Posts notices of  
meetings. Records minutes of  
all meetings and public  
hearings. Acts as the point of  
contact to the public and  
outside agencies for any  
planning board matters.  
(Set office hours M 6pm-8pm);  
Works 5 hours/week

**Email resume to:**  
**planning@**  
**townofwales.net**

**VAN POOL  
TRANSPORTATION  
SCHOOL VAN DRIVERS**

Earn \$13-\$16/hr with 'Bonuses'  
No Experience Needed-  
paid training!  
Work M-F day split shifts,  
20-30 hrs/week  
Keep the van at home!  
Valid State Driver's License and  
good driving record required,  
must be 21 years of age.

**To Apply  
WALK IN CANDIDATES  
WELCOME**  
**26 Valley Road**  
**Barre, MA**

**Or email**  
**stephanieb**  
**@vanpoolma.com**

**Or Call**  
**(978) 767-9122**  
EOE

\*\*\*\*\*  
**WEB PRESSMAN  
&  
PRESS HELPERS  
NEEDED  
IMMEDIATELY**

Stonebridge Press, located in the Worcester County Area of Massachusetts is looking for a full-time Web Pressman and Press Helpers to work in our Southbridge printing facility. These positions are full-time, year-round, Monday-Friday printing publications for our group of local community newspapers. Stonebridge Press offers competitive wages, paid vacation and holiday time, and company sponsored 401k. Please send resumes to:

**Stonebridge Press**  
**Attn: Jim**  
**P.O. Box 90**  
**Southbridge, MA**  
**01550**  
**for immediate  
consideration**

\*\*\*\*\*

**311 PART-TIME  
HELP WANTED**

**PART TIME CLEANER-  
Late Afternoon/  
Early Evening**

The hours are between  
4:00-5:30pm;  
Monday thru Friday.  
(The start time can be flexible-  
4:30-6 or 5-6:30pm)  
The job is for 1.5 hours per  
night with a total of 7.5 hours  
per week.  
The job starts at \$11.00 per  
hour.  
The job consists of warehouse  
restroom cleaning.

**Call or text us at**  
**(774) 314-1890**  
**and leave a detailed  
message.**  
**Thank you!**  
**Accu-Clean, Inc.**

**Position:**  
**Emergency  
Management  
Coordinator**

**Starting Rate: \$18.33  
per hour**

**Work Week: Up to 15  
hours per week**

The Town of Sturbridge  
Emergency Management  
Director is seeking to hire an  
Emergency Management  
Coordinator to support the  
emergency management  
services of the town. The ideal  
candidate will be well versed in  
federal and state emergency  
management practices and must  
have a minimum of 2 years of  
experience in emergency  
management, public safety,  
public health or related field, or  
any combination thereof. ICS  
400, IS 800 and IS 800a are  
preferred and must be obtained  
within the first year of  
employment. Applicant must  
submit a cover letter, resume  
and completed town application  
(which can be picked up at the  
Public Safety Complex) to:

**Chief Thomas J. Ford III**  
**Sturbridge Police**  
**Department**  
**346 Main Street**  
**Sturbridge, MA 01566**

Finalists will be required to  
pass an extensive background  
check.

**Deadline for submission  
is**  
**September 8, 2017**  
The Town of Sturbridge is an  
E.O.E.





4,000SF OF MIXED USE  
COMMERCIAL SPACE  
AVAILABLE ON MAIN LEVEL

Will divide space if needed.  
Large Outdoor Covered Porch area  
is also available to rent.  
Located on busy Rt .16  
in Uxbridge, MA

PLEASE CONTACT  
Capron Corporation at  
508-278-9191

FOR LEASE  
RETAIL or OFFICE SPACE

Beautiful water views with over 2400 SF  
of space available in a standalone brick  
building with a full kitchen & 3 bathrooms  
located on busy Rt .16 in Uxbridge, MA

PLEASE CONTACT  
Capron Corporation at 508-278-9191

319 HEALTH CARE  
PROFESSIONALS

CLINICIAN  
(ID# 11517)

The Clinician provides direct  
treatment and treatment  
oversight for pre-adolescent  
and adolescent juveniles with  
histories of sexually abusive  
or non-abusive sexually  
troubled behaviors and/or  
non-sexual problematic and  
disordered behaviors.  
Treatment includes individual,  
group, and family treatment,  
with specialized focus on the  
provision of treatment directed  
to sexually abusive or troubled  
sexual behavior, as well as the  
treatment of non-sexual  
behavioral disorders. The  
Clinician works as part of a  
residentially-based treatment  
team, and will participate in an  
overall approach to treatment  
that combines the direct  
treatment work of the Clinician  
with residential treatment.  
Clinicians must be prepared to  
work one evening (7-9pm)  
each week, in order to provide  
direct or indirect treatment  
services or consultation for  
staff, to be determined by the  
Unit Director.

Qualifications:  
Doctorate or Master's degree  
in psychology, social work,  
counseling psychology,  
psychiatric nursing, or other  
field providing advanced  
training in therapy or  
counseling. License eligible.

Experience working with  
sexually abusive youth and/or  
non-sexually troubled  
juveniles.

View position  
details at:  
www.sevenhills.  
org/careers/  
AA/EOE

319 HEALTH CARE  
PROFESSIONALS

LITERACY/  
ASSESSMENT  
COORDINATOR  
(ID# 11328)

The Literacy and Assessment  
Coordinator provides reading  
instruction to individual  
students on a pull-out basis,  
as well as help teachers  
translate curriculum goals and  
objectives into meaningful  
learning experiences in the  
area of reading and special  
education. The Literacy and  
Assessment Coordinator is  
responsible for oversight of all  
state mandated testing.

Qualifications:  
Bachelor's degree (B.A.) in  
education or related field from  
four-year university. Master's  
preferred.

Minimum of two (2) years of  
classroom experience in  
reading instruction or  
English/Literature.  
Professional experience and  
utilization of standardized  
assessments such as  
Woodcock-Johnson III-ACH  
(WJ-III-ACH), Kaufman Test of  
Educational Achievement II  
(KTEA II), Comprehensive Test  
of Phonological Processing  
(CTOPP), and informal  
assessments.

Proficient in Microsoft Word

Valid Massachusetts driver's  
license

Valid Massachusetts Educator  
License: Reading Specialist  
(K-12)

View position  
details at:  
www.sevenhills.  
org/careers/  
AA/EOE

319 HEALTH CARE  
PROFESSIONALS

TRANSITIONAL  
EDUCATION  
COORDINATOR  
(ID# 11359)

The Transitional Ed  
Coordinator/Teacher develops  
and coordinates the  
implementation of the Stetson  
School vocational program.  
Duties include curriculum  
development, oversight, and  
coordination; teaching career  
development and exploration  
classes; the provision of  
individual career and college  
information and counseling;  
oversight for and coordination  
of college preparatory  
examinations and  
assessments such as the SAT;  
and the maintenance of a  
career and college  
informational library.

Qualifications:  
B.A. in Education or Related  
Degree. Master's preferred.

Basic computer skills.

View position details at:  
www.sevenhills.  
org/careers/  
AA/EOE

325 PROFESSIONAL  
HELP WANTED

NORTH  
BROOKFIELD  
OPPORTUNITY  
\*\*\*\*\*

General Mechanic  
and/or Driver  
for Large Trailer  
Trucks  
\*\*\*\*\*

Contact  
H.R. Salem  
Transport, LLC.  
(800) 262-9081

400 SERVICES

402 GENERAL SERVICES

Call The  
Junk Man

Trees Cut  
Brush/Limbs  
Removed

METAL PICK-UP  
Appliances,  
Furniture, TV's.  
Construction  
Materials.  
Cellars/Attics Cleaned.  
Small Building  
Demolition,  
Residential Moves.  
Furnaces Removed

Dave  
(508)867-2564  
(413)262-5082

433 CLEANING

House/Office  
Cleaning  
Available

Reasonable rates.  
No job too big or small.  
Day and evening  
hours available.  
-Bonded-

Call Wendy for a  
FREE estimate at:  
774-262-9166

442 LICENSED DAY  
CARE

\*\*\*\*\*  
The Commonwealth of  
Massachusetts  
Office of Child Care  
Services requires that all  
ads placed in the  
newspaper for child care  
(daycare) in your home  
include your license number

454 HOME  
IMPROVEMENT

PAINTING

Interior/  
Exterior

Power Washing  
Carpentry

• FREE ESTIMATES •  
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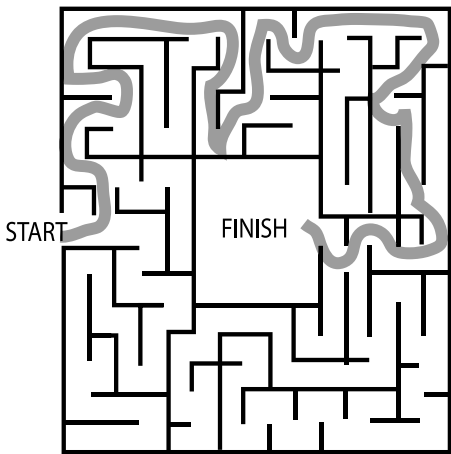
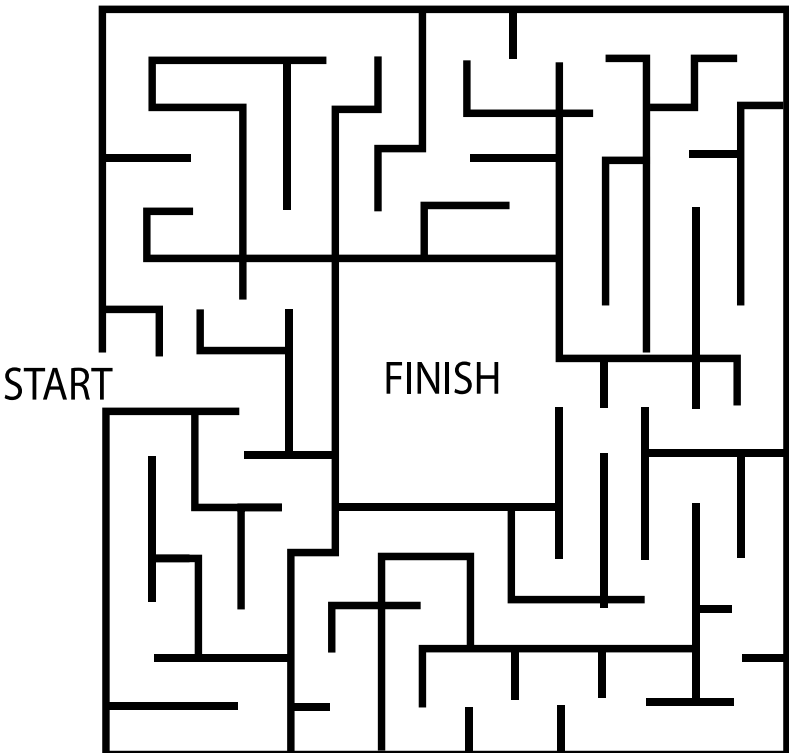






Maze Craze

Can you find your way through the maze?

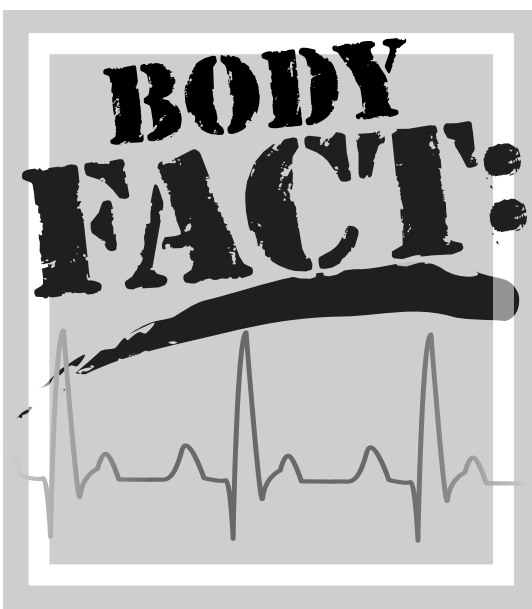


THIS DAY IN...



HISTORY

- **1859:** EDWIN DRAKE DRILLS THE FIRST SUCCESSFUL U.S. OIL WELL NEAR TITUSVILLE, PENNSYLVANIA.
- **1883:** A SERIES OF VOLCANIC ERUPTIONS EXPLODE ON THE ISLAND OF KRAKATOA.
- **2003:** MARS MAKES ITS CLOSEST APPROACH TO EARTH IN NEARLY 60,000 YEARS.



THIS SPORT REQUIRES FLEET FEET AND UPPER BODY STRENGTH FOR SWINGING A RACKET.

ANSWER: TENNIS



SERVICE

shot to begin a point in tennis

How they SAY that in...

- ENGLISH:** Arm
- SPANISH:** Brazo
- ITALIAN:** Braccio
- FRENCH:** Bras
- GERMAN:** Oberarm



TENNIS IS BELIEVED TO HAVE ORIGINATED IN THE MONASTIC CLOISTERS IN NORTHERN FRANCE IN THE 12TH CENTURY. THE BALL WAS ORIGINALLY STRUCK WITH THE PALM OF THE HAND.



Can you guess what the bigger picture is?

ANSWER: TENNIS RACKET

⊙ \* ✖ ☹ ☼ ~ ⓪ ♫ ✧ \* ✖ ✖ + ✖ ✖ ✖ ▲ ☾ \* ♂ ★ ♋ ♉ ♌ ☿

CRYPTO FUN

☿ ☾ ♌ ✖ ♂ ✖ ~ ★ +  
Determine the code to reveal the answer!

Solve the code to discover words related to fruit.  
Each number corresponds to a letter.  
(Hint: 23 = e)

A. 3 7 13 26 21

Clue: Food

B. 8 23 23 9 8

Clue: Develop into plants

C. 8 10 23 23 21

Clue: Not sour

D. 18 26 21 20 6 26 1 8

Clue: Essential for nutrition

Answers: A. fruit B. seeds C. sweet D. vitamins

SUDOKU

				8	4			
						6		
	7	8				2	1	
		4	9					3
5			2			1		
	9			3	6			
9			6					
					7			
4		6			1			7

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	2	6	1	5	8	6	3	4
6	5	7	4	3	9	2	1	8
1	3	8	2	4	6	7	5	9
2	8	5	6	3	4	1	9	7
9	4	1	8	7	2	3	6	5
3	6	7	5	1	9	4	8	2
4	1	2	6	9	5	8	7	3
8	9	3	7	2	1	5	4	6
5	7	4	3	8	1	9	2	6

ANSWER:



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