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SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS Friday, August 6, 2021



Uxbridge's Bernat Mill to appear in Netflix thriller

The Bernat Mill in Uxbridge was destroyed by fire in 2007. Now, a new chapter will be written for this property at which Netflix is currently shooting scenes for a sci-fi thriller starring Halle Berry.

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

UXBRIDGE — The Bernat Mill in Uxbridge was destroyed by fire in 2007. Now, a new chapter will be written for this property at which Netflix is currently shooting scenes for a sci-fi thriller starring Halle Berry.

“For decades, this site has been penciled in the history books that cover the industrial revolution and the town of Uxbridge,” said State Rep. Michael Soter, R-Bellingham, who recently visited the Bernat Mill with local officials.

The Bernat mill and the town of Uxbridge have a role in U.S. history—and the history of the American Textile manufacturing, according to reports. But early on the morning of July 21, 2007, a fire erupted at the historic mill. Reports indicate that the complex was nearly totally destroyed by the fire.

Soter confirmed in a statement on social media that the well-known video streaming platform, Netflix, is “currently shooting scenes for a sci-fi

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Grafton Town Administrator receives ‘credentialed manager’ designation

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

GRAFTON — Evan Brassard, Town Administrator of Grafton, recently received the “Credentialed Manager” designation from the International City/County Management Association (ICMA), making him one of 30 managers in the Commonwealth with this designation.

“The ICMA-CM is a designation that is given to Town Administrators and Managers that have shown strong proficiencies in four areas: staff management, financial management, policy facilitation and implemen-

Turn To **GRAFTON** page **A5**

Douglas’ Bolandrina family among many volunteering in Pan-Mass Challenge



Courtesy

The Bolandrina family

DOUGLAS — Even during the COVID-19 pandemic cancer still touches everyone in one way or another. The Bolandrina family of Douglas are doing their part as volunteers to help get closer by the mile to a world without cancer.

Joseph and Gretheline Bolandrina, their children Jessica, Lilly, and Max will join a large group of volunteers taking part in the annual Pan-Mass Challenge on Aug. 7 and 8, 2021. This year, PMC 2021 includes both fully supported routes and reimagined rides, effectively using 360 miles of infrastructure to better socially-distance riders from each other and still raise money for the cancer research efforts of the Dana-Farber Cancer Institute.

“It’s been something that we’ve been doing as a family since 2013 and this year we resume after last year’s completely reimagined rides,” Joseph said. “It’s a challenge to get all the kids together, but we did so in 2019 when everyone’s schedule opened for all the kids to join in.”

Joseph is the crew leader for bike parking at the monument finish at Provincetown.

Joseph took his wife, Gretheline, as a medical volunteer on their first year. Gretheline is a registered nurse who works as the director of Bay Path Practical Nursing Academy in Charlton. She is now the signs and supplies manager at the monument finish at Provincetown.

“It’s an honor to participate and do something like this for such a great cause,” said Gretheline. “We’ve been growing together as a PMC family, and we’ve been abundantly blessed. I am in awe of the caring and kindness that our children have shown amidst the even more kind and caring volunteers at PMC.”

The Bolandrina children have held various volunteer positions such as crew leader for site beautification, food crew, and runners.

Joseph and Gretheline have both seen up close the

Turn To **BOLANDRINA** page **A5**

Northbridge School Committee approves middle school sports funding

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — During a recent meeting, the Northbridge School Committee unanimously voted to approve \$40,000 in funding for middle school sports for the fiscal 2022 budget.

Seven years ago, the decision was made to cut middle school sports, said Kate Tracy, who appeared before the board during the meeting. Shortly after that, a group of “very dedicated

parents” got together and were able to support all of the middle school sports that fall, consistently raising \$40,000 each year after that to keep sports funded.

But due to the COVID-19 pandemic, the group’s fundraising efforts took what Tracy described as “a giant hit.” The group was unable to hold any larger fundraising opportunities.

“Our kids suffered. We all suffered due to COVID,” she said.

“It’s my hope that all of you sitting here will take into consideration how much work has gone into the middle school sports program for the past seven years,” Tracy said. “It’s my hope that you all will consider adding middle school sports back to the budget for this year and hopefully for years to come.”

Recommended offsets to help cover the cost include the remaining funds in the middle school athletic donation

account from the fiscal year 2020, which could be used to offset some of the funding, as well as the middle school athletic fees.

“There will still be a fee associated, and we will share much more details shortly, but just know we could not be happier with tonight’s decision,” the NMS Athletic Booster Club shared in a statement, adding that the group is not going anywhere and will continue

Turn To **FUNDING** page **A5**

TERANDO AND GOYETTE RECEIVE BRENDA M. BONETTI MEMORIAL SCHOLARSHIP



Courtesy

Sonya Terando and Casey Goyette were named the 2021 recipients of the Brenda M. Bonetti Memorial Scholarship presented by Larry Bonetti, Sunday, June 13 at the Catholic Community of Sacred Heart Church, Hopedale. Terando, a 2021 graduate of Hopedale High School, will be attending the University of Connecticut pursuing a degree in healthcare management. Goyette, a 2021 graduate of Blackstone Valley Tech, will be attending Northeastern University pursuing a degree in computer engineering. In memory of Brenda M. Bonetti, the scholarship is available for any graduating high school senior who attends the Catholic Community of Sacred Heart Church in Hopedale. The purpose of this scholarship is to provide financial assistance to one student pursuing post-high school education or training. Consideration for the scholarship is given to all who are a registered parishioner at the parish, accepted to a college or institution of higher learning in the coming fall, participated in church ministries for the past four years and have continued through senior year, worship regularly with the Catholic Community of Sacred Heart.

3RD ANNUAL

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BVT announces school lunch and breakfast program policy

UPTON — Blackstone Valley Tech has announced its policy for free and reduced-price lunch and breakfast for those students who are unable to pay the full price for meals and snacks under the National School Lunch & Breakfast Program.

Due to the COVID-19 pandemic, the U.S. Department of Agriculture (USDA) has allowed school meals to be universally free for all students during the 2021-22 school year. Students can purchase extra items such as snacks and beverages or a second meal at their qualifying price. All school districts must provide school meal applications to certify children for free and reduced-price meals and may use that information to qualify newly eligible children for Pandemic EBT (P-EBT).

Children from households that meet federal guidelines are eligible for free or reduced-price meal services. You do not need to complete an application to receive free meal benefits if you received a letter stating that your child is eligible for free meals via the direct certification process.

If you need to complete an application, the district strongly encourages applying online at www.valleytech.schoollunchapp.com, which is environmentally friendly and fast, with results available within 24 to 48 hours. Please note that you only need to complete one application per household for all children who attend the same school district.

If you do not have access to a comput-

er, you can arrange to pick up a paper application at the school. If you prefer to print a paper application, visit www.valleytech.k12.ma.us/freereduced-meals. Please be aware that paper applications require up to five days to allow for mail delivery and manual processing. Households must answer all applicable questions as incomplete applications cannot be processed.

All meals served must meet the meal requirements as defined by the USDA. If your child has been determined by a doctor to have a disability that would prevent them from eating the regular school meal (or alternate), BVT staff, in conjunction with doctor recommendations, will make substitutions at no extra charge. Please contact the school for more information if your child needs to make substitutions because of a disability.

The non-discrimination statement explains what to do if you believe you have been treated unfairly. In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the agen-

cy (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at: <https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Then submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; fax (202) 690-7442; or email program.intake@usda.gov.

The federal eligibility income guidelines for the program, including household size and income criteria used to determine eligibility, are at www.valleytech.k12.ma.us/freereducedmeals. To complete BVT's online free and reduced-price meal application visit www.valleytech.schoollunchapp.com.



ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



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Dean's list honors announced at Tufts University

MEDFORD/SOMERVILLE — Tufts University recently announced the dean's list for the Spring 2021 semester.

Among students earning dean's list honors is Amma Agyei of Whitinsville, class of 2022.

Dean's list honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, is recognized among the premier research universities in the United States. Tufts enjoys a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate and professional programs across the university's schools is widely encouraged.

Kevin Burokas of Northbridge named to University of Hartford's Dean's List

WEST HARTFORD, Conn. — The University of Hartford is pleased to announce Kevin Burokas of Northbridge has been named to its Dean's List for Spring 2021.

Spread across seven dynamic schools and colleges, the University of Hartford has been guiding the purpose and passion of students for over six decades. On our 350-acre campus alongside Connecticut's capital city, approximately 4,600 undergraduate and 2,000 graduate students representing 49 states and 47 countries come together for a common purpose: to collaborate across different disciplines, diversify perspectives, and broaden worldviews. We're a four-year private university focused on advancing the public good through meaningful connections within our communities. Our unique approach to comprehensive education gives us the critical perspectives that lead to impactful change, regionally and beyond. With degree programs spanning the arts, humanities, business, engineering and technology, education, and health professions, we focus on doing the work that matters. For more information, visit hartford.edu.



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Friday's Child



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Age 9

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Trey'von is a playful boy of Hispanic descent. He can be shy when meeting new people, but once he is comfortable, he is affectionate and easily engaged. Trey'von enjoys playing age-appropriate games, watching movies, playing outside, and coloring. Trey'von does extremely well in a structured environment with clear and consistent boundaries, both at home and in school.

Trey'von is legally freed for adoption and can be placed in any type of family with or without other children. Trey'von has bi-monthly visits with his birth mother until an adoption is finalized, then the visits will decrease to two visits per year.

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Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mare-inc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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Wednesdays at 1 P.M.
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If you would like Lunch ahead of time a 48 hour reservation is required
Call the center at 508-865-9154

Lunches are served Monday through Friday 12 P.M. at the Senior Center

The menu is available on the town website, www.townofmillbury.org
Or our Millbury Senior Center Facebook page.
A 48 hour reservation is required.

UPCOMING SUMMER CONCERT!

Thursday, August 19th, 5:30 – 7:30 P.M.
Eddie Forman Polka Band Orchestra

Concerts are sponsored by the Massachusetts Cultural Council
& Mike and Lucille Maguire

Hot dogs & drinks will be available for sale. These events will be held rain or shine, bring your lawn chairs!
Masks required along with social distancing!

Millbury Senior Center Transportation
Transportation is provided for Millbury Senior Residents
Monday through Friday from 9 A.M. to 4 P.M.
We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester
A 48 hour notice is required for scheduling rides (business days)
Rides are free until July 1st
For more information or to schedule transportation call the center at 508-865-9154

“MEMORY CAFÉ”
Please join us August 24th, 2 - 3:30 P.M.
A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.
Fourth Tuesday of each month, refreshments will be served.
We are also looking for volunteers to assist with this program!
Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

Millbury Friendly Visitor Program
Our Friendly Visitor Program is now being provided by telephone
Volunteers call clients to check in with them, chat and hear a friendly voice
For more information on coordinating a Friendly visitor
Call the center at 508-865-9154

SNAP APPLICATIONS (Food Stamps)
Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.
Call for an appointment & required documentation 508-865-9154
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NORTHBRIDGE SENIOR CENTER

Phone: 508-234-2002
www.northbridgemass.org/
council-on-aging
Monday – Thursday 8:30 a.m. – 3 p.m., Friday 8:30 a.m. – 1 p.m.

Aerobics @ 10:30, Thursdays:
Chair Yoga @ 11:15, Fridays:
Stretch & Strengthen @ 9:30.

an appointment for Wednesdays 1-3:00pm.

Crafts and Coloring Club has resumed, Elaine has lots of new projects planned! Call for information.

Bingo is back at Plummer Place. Mondays 1:00-3:00pm. We have a new caller with new games being played.

Our Billiard Room is now open every day and we are looking for those interested in a Billiard League starting in September, call us if you would like to join.

Mahjong is looking for new players at Plummer Place. The Four Winds Mahjong League meets Mondays, 1:00-3:00pm and on Wednesdays at 12:30pm, National Mahjong League meets.

Plummer Place has secured a block of time on Northbridge Cable channel 194 from 9:00-11:00am Monday through Friday. We will be airing exercise classes and programs geared towards our senior population.

Bridge League has returned to Plummer Place, Tuesdays at 12:30. They are in need of more players. If interested, call to sign up.

Our computer expert, Paul Holzwarth is back to help you with your computer needs. Call to make

The Plummer Place bus is back to its regular schedule. Shaw's trips will be scheduled for Tuesday afternoons and Friday mornings and Walmart trips are Wednesday afternoons only. The bus will go to Hannaford's on the first Tuesday of every month. You can also book an appointment for in-town medical appointments and other in-town trips on all days. You must give a 24 hour notice when booking your trip.

FINE's 120 Club, their biggest fundraiser, is back July 1 – November 18th. For \$20 you can buy a 120 ticket and be entered every week to win \$20. On the final drawing, November 18th, you have a chance to win \$500, \$400, \$300, \$200 or \$100! Call the Center for information or come in to buy a ticket at the front desk.

Plummer Place will resume our Day Trip program through Best of Times Travel. We will be going on our first trip on September 21st to the Danversport Yacht Club to see “Home Again, A Carol King Tribute”. Luxury bus, lunch and the show are \$96/person. Call Michelle for more information or to sign up.

Exercise Classes are back at Plummer Place. Mondays: Chair Exercise @ 9:30 and Tai Chi @ 11:00, Tuesdays: Chair Zumba at 1:00, Wednesdays: Low Impact

“Take a Hike” Walking Club is new to Plummer Place. Our Outreach Coordinator, Jeanne White, will lead the group on walks at various trails in our area. Call to sign up with Jeanne.

We are in need of Volunteer Medical drivers and Meals on Wheels drivers. Call us if you are interested in either program.

TRIBUNE ALMANAC

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\$443,500, 549 Summer Pl, Winwin Properties LLC, to Estepan, Juan N, and Gonzalez-Ramirez, Juleiss.

DOUGLAS

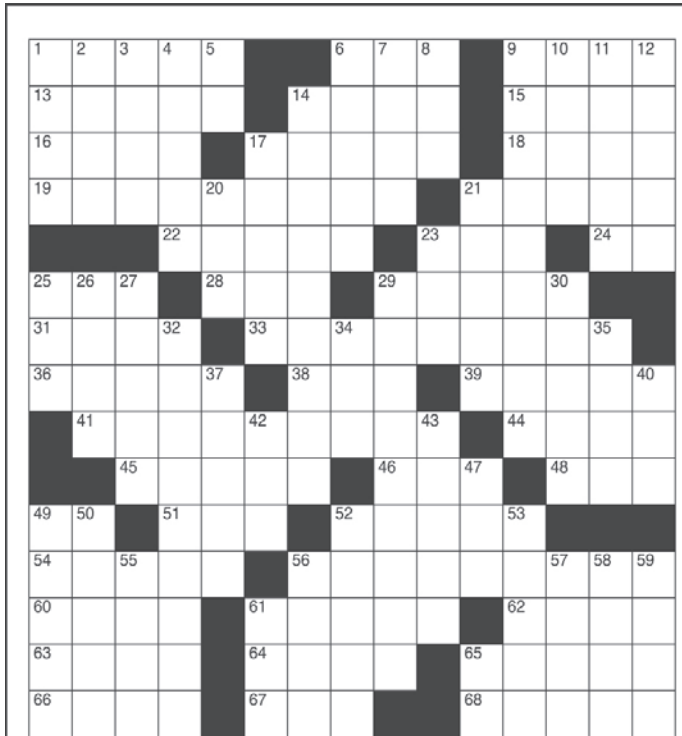
\$1,030,000, 183-185 Davis St, G& G RT, and Archibald, James D, to A1 Davis Street LLC.
\$480,000, 231 SE Main St, Smith, Marjorie, to Merrill, Daniel K, and Estabrook, Erin P.
\$471,000, 18 Caswell Ct, Lamoureux, Joel, and Staples, Todd, to Ghazal, Talia.
\$390,000, 12 Compass Point Dr #12, Pilipaitis, Matthew T, and Pilipaitis, Sarah, to Zulkiewicz, Odet.
\$306,000, 408 NE Main St, Simpson, Eric T, and Simpson, Bettina, to Hull, Elizabeth M, and Mulligan, Paul F.
\$280,000, 101 Vine St, Mancuso, Christopher W, and Mancuso, Adrian L, to Mcgann, Sean C, and Bates, Jessica M.
\$270,000, 11 Charles St #11, Bradley, Ryan, to Trodella, Serena.

NORTHBRIDGE

\$365,000, 1106 Providence Rd, Obrien, James R, to Castelli, Mark J, and Castelli, Tina M.
\$310,000, 1530 Quaker St, Hutchinson, Michael T, to Adams, Roland D.
\$310,000, 21 Willow St #21, Sabatino, Raquel R, to Andrews, Joanne.
\$260,000, Rebecca Rd #43R, Outlaw 2 LLC, to J&F Marinella Dev Corp.
\$215,000, 20 Johnston Ave, Hazzard, Kimberly, and 1900 Capital T, to V&J LLC.
\$200,000, Genivieve Dr #53, Outlaw 2 LLC, to Cora Lane Group LLC.
\$130,000, 20 Upton St, Simmons Philip Est, and Simmons, David, to Smith, David, and Smith, Jane.

UXBRIDGE

\$802,000, 191 Aldrich St, Power, Lance, and Power, Erica, to Daly FT, and Daly, Joseph W.
\$465,900, 76 Lake St, Ledoux, Justin, and Ledoux, Kristina, to Shaw, Ryan, and Shaw, Sarah.
\$460,000, 46 S Main St, MFZ RT, and Brennan, John, to Omar, Daniel J.
\$385,000, 37 Cotton Mill Way #37, Capracotta, John, and Capracotta, Robin, to Marshall, Katrina R.
\$380,000, 122 N Main St, Fullum, James, and Fullum, Krista, to Hughes, Eric T, and Hughes, Beth A.
\$325,000, 54 Power St #54, Hughes, Eric T, to Ayala, Zuriel, and Ayala, Yerania.



CLUES ACROSS

1. Ponds

6. “Unbelievable” musicians

9. Invests in little enterprises

13. Longtime Utah Jazz coach

14. Small sailboat

15. “Luther” actor

16. Round Dutch cheese

17. Detects underwater objects

18. Harsh, grating noise

19. Steward

21. Fencing sword

22. Painful places on the body

23. “Sleepless in Seattle” actress Ryan

24. Sodium

25. Engineering degree (abbr.)

28. Small lump

29. African antelope

31. Electronic point of sale

33. Carefully chooses

36. Ringworm
38. Unrefined

39. Drenches

41. Type of pants

44. Son of Noah

45. Spiritual being

46. Upton Sinclair novel

48. Journalist Tarbell

49. Atomic #21 (abbr.)

51. Born of

52. Rich tapestry

54. S. China seaport

56. Being without clothes

60. Surrounded by

61. Remains

62. Away from wind

63. Dried-up

64. One who can see the future

65. A very large body of water

66. Digs up earth

67. Type of screen

68. Old Norse poet

CLUES DOWN

1. Millisecond

2. Spanish city

3. Sudden, very loud sound

4. Type of chair

5. Tin

6. Sea eagles

7. Broad volcanic crater

8. Some animals have it

9. Ottoman palaces

10. Divulge a secret

11. “A Doll’s House” playwright

12. “It’s a Wonderful Life” director

14. Poisonous perennial

17. Gulf in the Aegean

20. Clothes

21. Chairs

23. Family of regulator genes

25. NY ballplayer

26. Impressive in size or scope

27. Jacques __, Fr. biologist

29. Manhattanite
30. Genus of lemurs

32. Sings to

34. River in southern Italy

35. Supplemented with difficulty

37. Farewell

40. Senior officer

42. Utah resident

43. Begets

47. Boy

49. Violently break

50. Brief appearance

52. Expressed pleasure

53. A light informal meal

55. Fabric with smooth finish

56. One billionth of a second (abbr.)

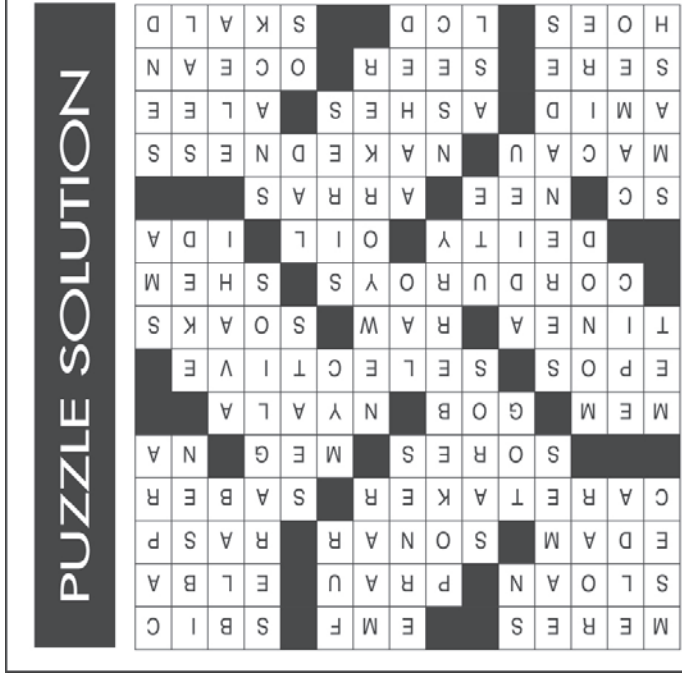
57. Ancient Greek City

58. Close tightly

59. Commit

61. A way to communicate (abbr.)

65. Heavy metal



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PRESIDENT AND PUBLISHER
FRANK G. CHILINSKI
860-928-1818 EXT. 103
frank@stonebridgepress.news
BUSINESS MANAGER
RYAN CORNEAU
860-928-1818 EXT. 102
ryan@salmonpress.news
OPERATIONS DIRECTOR
JIM DINICOLA
508-764-6102
jdinicola@stonebridgepress.news
EDITOR
BRENDAN BERUBE
508-909-4106
news@stonebridgepress.news
PRODUCTION MANAGER
JULIE CLARKE
860-928-1818, EXT. 305
julie@villagenewspapers.com

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SEND

GRAFTON

continued from page A1

tation, and service delivery,” Brassard said, adding that receiving this designation is a “satisfying accomplishment.”

The designation represents seven years of hard for Brassard, and shows “his commitment to strong management practices and good government,” the town released in a statement. In total, 1,300 local government management professionals are currently credentialed through the ICMA Voluntary Credentialing Program.

To receive the ICMA credential, a member must have significant experience as a senior management executive in local government; have earned a degree, preferably in public administration or a related field; and demonstrated a commitment to high standards of integrity and to lifelong learning and professional development, according to an ICMA press statement.

Brassard is qualified by seven years of professional local government executive experience. Prior to his appointment in 2021 as Town Administrator of Grafton, he served as Town Administrator for Monson from 2014 to 2021, and Emergency Management Director for Monson from 2011 to 2014.

“The designation took seven years to obtain and, to me, represents a major milestone in my career. Professionally, I believe the designation will help to steer our organization in the right direction moving forward,” Brassard said. “The ICMA-CM places a large emphasis on efficient and good government. By following best practices, and innovating whenever possible, I believe Grafton has bright things on the horizon.”

Peter Carlson, Chair of the Grafton Select Board, added that “the entire Select Board is pleased with Mr. Brassard’s accomplishments.”

“We believe he will continue to use the skills and abilities which this designation represents to advance the goals of our community,” he said.

ICMA’s mission is to “advance professional local government through leadership, management, innovation, and ethics and by increasing the proficiency of appointed chief administrative officer, assistant administrators, and other employees who serve local governments and regional entities around the world,” the organization released.

FUNDING

continued from page A1

to raise funds as a “true booster club” supporting all the middle school teams. “Thank you to everyone who made this happen.”

The board added that future budget discussions will take place regarding middle school sports funding beyond the fiscal year 2022.

MILL

continued from page A1

thriller starring Halle Berry at the Bernat Mill.”

“While there are many things that the production staff weren’t able to share with me, there is something I can share with you: this industry creates jobs and stimulates local economies,” he said.

On the set, there were well over 200 individuals working hard to make a script become a reality, Soter said, many of whom were from Massachusetts.

“Furthermore, these teams are staying local, which means they are spending local,” he added. “Today, I heard countless

BOLANDRINA

continued from page A1

pain that cancer brings. Joseph’s godmother fought a brave battle but was not so lucky. She died from breast cancer decades ago. Gretheline’s paternal

aunt also fought the same brave battle against breast cancer, and a childhood friend, who lost a fight against stage 4 colon cancer in the Philippines. The memories of loved ones are what keep volunteers like the Bolandrina family, coming back to the Pan-Mass Challenge each year.

Every rider-raised dollar is donated directly to Dana-Farber through the Jimmy Fund. The PMC is presented by the Red Sox Foundation. To make a financial contribution to a rider from a town or to become a virtual rider, visit <https://pmc.org>, or call 800-932-9253.

Rachel Forte receives degree from Nichols College

DUDLEY — Nichols College graduated 245 undergraduate students this spring. An in person commencement celebration was held for the class of 2021 on May 15.

Rachel Forte of Douglas graduated with a Bachelor of Science in Business Administration, majoring in Management.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow’s leaders. Nichols also offers master’s degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today’s professionals.

Local students selected to University of Minnesota Twin Cities Dean’s List

MINNEAPOLIS / ST. PAUL, Minn. — Addison Baker of Sutton has been named to the 2021 spring semester Dean’s List at the University of Minnesota Twin Cities, the university announced today.

To qualify for the Dean’s List, a student must complete 12 or more letter-graded credits while attaining a 3.66 grade point average.

positive reviews of nearby restaurants, retail shops, equipment rental entities, contractors, artists, and Uxbridge public service departments.”

Soter added that hearing these accounts flooded him with “an overwhelming sense of pride.”

A few weeks ago, Soter joined his House colleagues in voting to pass a permanent film tax credit for Massachusetts, he added.

“This credit serves as an incentive for filmmakers to come to Massachusetts and spend their budgets in Massachusetts! Today, I was proud to see firsthand how important this legislation is to a small town like Uxbridge. We need to look to support more opportunities like these,” Soter concluded.

SUDOKU

9	7					1		
					6			
	8						9	
							3	
4				6				
		3			1	9		8
	3	8				4	1	
		5			3	6		
			1		2	7		

Level: Advanced

Here’s How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	9	4	7	2	8	1	6	5
6	8	9	5	3	4	7	2	1
7	3	8	6	9	5	4	1	2
2	6	3	3	5	7	1	9	4
4	5	9	3	6	8	7	2	1
8	1	7	4	2	9	6	5	3
5	8	6	2	1	7	3	9	4
3	4	1	9	5	6	8	2	7
9	7	2	8	3	4	1	6	5

ANSWER:



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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Olympic trivia

It's nice to have a distraction from the rollercoaster that was 2020, with the summer Olympics plastered all over television and social media. Watching athletes from all over the globe show off what they've been training for shows us all what can be possible when we set a goal.

With that said, we thought it would be interesting to share some Olympic trivia.

In 1998, Surya Bonaly, a figure skater from France fell during the winter games in Nagano. Since she knew she lost a chance to medal, she decided to do a move that had been banned since 1976. She did a backflip and landed on the blade of one skate. No one has attempted the trick since then, making her Olympic performance, one to remember.

From 1912 through 1954, individuals could earn medals for art, as long as it was inspired by a sport of some kind. The art could include painting, literature, sculpture or music. Eventually, this was tossed out, as most professional artists sell their work to earn a living.

In 2002, during the Winter Olympics, speed skater Steven Bradbury of Australia was racing in the 1,000 meter short track finals and was lagging behind. During the race, the leaders crashed into each other, leaving Bradbury far enough behind to avoid the collision. He was able to skate by and win gold.

The first modern Olympic Marathon (26.2-mile road race) took place in 1904. Most of the runners had never run that far before. One competitor showed up to the start line in dress pants. Fourteen out of the 32 racers were able to finish. One racer, Fred Lorz who won, actually jumped in a car for 11 miles of it due to a cramp. Another runner, Felix Carvajal ate a rotten apple halfway through and stopped to take a nap. He finished fourth. The gold officially was given to Thomas Hicks who was carried over the finish line having hallucinations that he had 20 more miles to go.

During the summer of 1992, the Lithuanian basketball team did not have enough money to compete in the Summer Olympics due to the collapse of the Soviet Union. Coming to the rescue and offering aid to the team was, unexpectedly and, frankly, bizarrely, the Grateful Dead, the rock band with a legendary reputation for imbibing, shall we say, 'illicit substances.' Beyond donating money to make the trip possible, the band allowed the team to sell Grateful Dead merchandise. The team competed in tie-dyed uniforms, and took bronze.

In 1984, McDonald's offered free food every time an American won a medal. During those summer games, the Soviet Union boycotted the games, leaving many open spaces for medals available. This ended up costing the fast food chain a significant amount of money.

True sportsmanship was shown during the Winter Olympics in 2006, held in Torino, Italy, when skier Sara Renner broke her ski pole halfway through an event. Bjornar Haakensmoen, the Norwegian ski coach handed her a spare. The Canadians went on to win silver, while the Norwegians took fourth. To show gratitude the Canadians gifted Haakensmoen with five tons of maple syrup. Both governments waived import duties.

The medals for the Tokyo Olympics are made from recycled electronics to include cameras, smartphones and laptops.

The McDonald's in the Olympic Village is free for all athletes and coaches; however, in 2016 in Rio, McDonald's capped the amount of items that could be ordered at one time to 20.

From 1900-1920, Tug of War was an Olympic sport, with Great Britain winning the most medals and the USA coming in a close second.

In 1936, two Japanese pole vaulters, who were friends had to compete against each other to decide who took silver and who took bronze. The requested that they share the honors, but were told no. Shuhei Nishida and Sueo Oe had their medals cut in half and fused together, into the medals of friendship.

In 2012, women were finally allowed to compete in boxing. Since 1991, anytime a new event is introduced to the games, women must be included.

Dr. Spock, a well known pediatrician and author, won Olympic Gold as part of the 1924 U.S. rowing team.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

A history of accomplishment

To the Editor:
What I believe. Feel free to disagree.
Have you taken a moment to think about the number of women who entered the workforce in World War II? At least 350,000 women served in the Armed Forces, and in 1945, 19 million women were out of the home and into the labor force, doing traditional male jobs such as mathematics and heavy manufacturing.

Today, if you Google "best jobs for women," you will find pharmacist, teacher, medical professional, and human resources staff. Sounds like the 1950's. Google "best paying jobs" and you will find anesthesiologist, surgeon, dentist, computer/ information systems manager, petroleum engineer, sales manager, pilot, financial manager, lawyer, and orthodontist. Frankly, I thought the list would include On Air Talent masquerading as a journalist or reality show star. The best paying trade jobs? Electrician, boilermaker, construction manager, and dental hygienist. Why don't we encourage our young women to pursue these well paying jobs?

During World War II, serious personnel shortages resulted in a call for women to work in non-traditional jobs. Women began riveting together planes or battleships or doing calculus - after they put on their lipstick.

Hundreds of women worked as scientists, mathematicians, engineers and technicians on The Manhattan Project - America's secret project to develop the first nuclear weapon. Because this work was top secret, little information about the contributions of these women were made public during the War or after. Also, because the Manhattan Project was considered a long shot with little chance of success, women and foreign scientists were assigned to it. Don't you love women? We take on the impossible. Sure, build a bomb? No problem!

Leona Woods Marshall Libby, a young physicist at the University of Chicago [during the early years of World War II when Enrico Fermi's group worked on producing a controlled nuclear fission chain reaction], built detectors to monitor neutrons in the first atomic pile of uranium and graphite. Maria Goeppert Mayer worked on theoretical studies of the thermodynamic properties of the

uranium hexafluoride gas to be used in the enrichment of uranium. Chinese American experimental physicist Chien-Shiung Wu contributed to solving the problem of reactor "poisoning" from the large plutonium production reactors.

Remember, this is 1943, when women were home baking cookies, right? No, they were literally designing bombs and manufacturing aircraft.

In the nuclear bomb project and in aeronautics, women were hired to do the math - back when math was not racist. It was a time "when computers wore skirts." These women were responsible for "computing" [calculating the math — arithmetic, calculus, differential equations, trigonometry, analytic geometry, — with a pencil and slide rule in hand].

In 1944, Naomi Livesay, with a degree in mathematics and experience with early electric calculating machines in the analysis of data, supervised critical nuclear bomb calculations, under extraordinary time pressure, 24-hour shifts six days a week. Frances Dunne, an aircraft mechanic at Kirtland Air Force Base, was recruited as an explosives technician. Her expertise and manual dexterity allowed her to adjust the trigger in the high-explosive shell of model weapons.

In 1943, the National Advisory Committee for Aeronautics [NASA's predecessor] also recruited black female mathematicians for these positions. Miriam Mann, a graduate of Talladega College, with a major in chemistry, a minor in math, applied for the job and got it, 20 years before the Civil Rights Act. She was part of the first group of black female mathematicians at NASA. Later in the 1960's, Mann did computations for John Glenn's spaceflight that circled the planet three times.

Wait, wasn't systemic racism alive and well in the 1940's and the 1960's? How did these women ever become that accomplished? How, indeed. Only in the U.S.

Compare these women to the female left wing politicians in Washington, D.C. today who tell us what to do, yet has any one of them ever actually accomplished anything? What say you?

Nevertheless, she persisted.

BEV GUDANOWSKI
UXBRIDGE

Positively Speaking

B e n j a m i n Franklin said, "... nothing can be said to be certain, except death and taxes."

He wasn't the originator of the phrase, but he certainly helped to cement it as a mainstream idiom here in America.

I've begun to feel that the idiom isn't precisely true. Sure, death comes to us all, and we all must pay taxes. To me, it makes more sense to say, "nothing is certain, except loss and taxes."

All of us deal with loss in our lifetimes. Coping with a loss is never easy. Loss comes in many forms and all shapes and sizes.

Some people can go through life not losing much at all, and others sometimes lose everything.

Zig Ziglar said, "It's not what happens to you; it's how you handle what happens to you that will make the difference..." Two brothers had an alcoholic father. One brother became a happy, successful person, and when asked why he said, "I had no choice; my father was an alcoholic." The other brother became a miserable alcoholic, and when asked why he said, "I had no choice; my father was an alcoholic."

The brothers had the same experience but created different narratives.

When I was younger, I met a beautiful girl. I don't believe in love at first sight, but this was the closest thing to it. It was a short relationship, only seven months. She left me abruptly after telling me many times that she loved me. I felt as if my whole world was ending. I became bitter and

hostile for a time, and despite my positive upbringing, it was the first time I'd lost something that had such profound meaning. My reaction made things much worse. I created a narrative in my mind that became a destructive thought pattern that brought even more heartache; I allowed it to fester, nourished it, and it became my personality for a time.

My father, Gary W. Moore, the founder of this column, lost a business that he poured into his heart and soul. He built a business from scratch that sold state-of-the-art water filtration systems. He had a factory, sales teams, and offices around the country. His offices in New Orleans had become his most profitable. The future seemed bright; little did he know that loss was knocking at his door.

It all started when his business partner embezzled several hundred thousand dollars. Then the managers of his most profitable sales offices in Louisiana made counterfeit water filters, selling them, keeping the money, bypassing the inventory process. Sales slumped, lawsuits were filed. Then came Hurricane Katrina; it destroyed all of his offices in New Orleans. The business had collapsed. Through all of this, he was determined to recover. Limping along, barely surviving, the housing collapse of 2008 brought it to an end.

He could have become negative. He could have positioned himself as a victim. He could have given up, and nobody would've

blamed him.

He did the opposite and seamlessly moved into a new career as an author. He convinced himself that he would succeed, that it would only be a matter of time before his books would sell. It wasn't long, and his books were selling. An Oscar-winning producer optioned his first book, and his second book was adapted into a screenplay by a different Oscar-winning producer! What are the odds? Did it have anything to do with the narrative he created in his mind?

Gary passed away on July 14. It was a terrible loss for the whole family. He was our anchor.

For the past several years, I spoke to my father daily. We have written screenplays together and started what we think will be a very successful business.

As I move forward without him, sometimes the thoughts creep in, "I can't do this, I wasn't meant to succeed, my business will be an utter failure without my dad."

Observing my father and studying how other successful people cope with loss, I know enough to kill those thoughts right as they manifest. I am instead telling myself what my father would have said to himself if he were in my position, "I can do this; I was born to win; the business will be wildly successful!"

Toby Moore is a columnist.

Create your own backyard 'paradise



Melinda Myers

If you want a tropical escape, include leafy plants like elephant ears and banana plants in pots, wicker furniture, a water feature and colorful flowers like hibiscus and mandevilla.



GARDEN MOMENTS

MELINDA MYERS

You don't need a plane ticket, tank full of gas or train ride to enjoy a bit of paradise. Create your own in a small alcove, large patio, or deck in your own backyard.

Start by visualizing what paradise looks and feels like to you. A table and chair surrounded by beautiful plants makes a wonderful space to relax, read a book and enjoy some alone time. For some, it means a patio or deck filled with colorful planters and surrounded by ornamental grasses, vine covered trellises, flowering shrubs, and evergreens. These will help define the space, provide privacy, mask unwanted noise, and provide a great space for entertaining.

Don't let a lack of space, patio, or deck stop you from building a backyard getaway. Look for those underutilized areas. Perhaps it is a back corner of the yard, space next to the garage, side yard or a spot under a big shade tree. A vine covered arbor, piece of indoor-outdoor carpet and a few planters can turn any space into a backyard retreat.

Once you identify the space and desired function, think about the ambience you want to create. For a tropical escape, include leafy plants like elephant ears and bananas in pots, wicker furniture, a water feature and colorful flowers like begonias, hibiscus, and mandevilla. Don't overlook hardy perennials. Plants like big leaf hostas, variegated Solomon's seal, crocosmia, cassia and others help create the look and feel of the tropics. Continue this theme by using bamboo, wicker, and wood for any needed screening.

If it is a visit to the Mediterranean you prefer, include stonework, planters with silver foliage plants like dusty miller, and sage and a few evergreens. Use upright junipers and grapevines trained on arbors for screening. An urn or topiary make an attractive focal point. Fill the garden space with herbs, blue oat grass, calendula, salvia, and alliums.

For a casual visit to England, craft yourself a cottage garden. Construct a narrow path leading through an archway at the entrance to your secret garden. Create an informal collection of flowers, herbs, and medicinal plants. Use a birdbath, piece of garden art or water feature as your focal point.

If it's the north woods you prefer, make a firepit the focal point, add some rustic furnishings and complete the scene with native plants. Or let your personality shine with a colorful bistro set, garden art, and flowers of orange, red, and yellow.

As your vision comes into focus, it is time to start putting your ideas on paper. A simple sketch will help you define the space, arrange the plants, and identify the appropriate furnishings and

Adventures with Molly



Fishing on the Helen H in Hyannis. Lots of sea bass and porgies. From left to right: Logan Henchey, five, Mason Letellier, nine, Brendan Packard, nine, Nate Packard, Mike Letellier, Mykayla Kenmuir, 14, Lexi Letellier, 15, and Eva Henchey, eight.

By Ralph W. True, Sr.

Planet earth is under attack on all fronts again. Wildfires in the West and floods in other parts of the country, along with mud slides, are extremely devastating to the people and wildlife, in the areas. Not to forget to mention tornadoes that are ripping

apart whole towns in their path. Now we need to deal with a new Delta variant of Covid-19. Will life ever get back to normal? Whatever that is! Finally, my little 13-inch beagle Molly has opened up on rabbits, and had the longest drive of her life in my backyard this past Sunday afternoon. She started to bark in the backyard,



This week's second picture shows my beagle Molly after a great hunt on a cotton tail rabbit.



THE GREAT
OUTDOORS
• • • • •
RALPH
TRUE

so I walked down to the back gate to see what all of the commotion was about. I spotted a cottontail rabbit a hundred feet or less from the back gate. I quickly opened the gate and she shot out of the gate entrance like a bullet. She was quickly vocal as she ran towards the rabbit that quickly disappeared into the brush. Soon she was barking and yodeling as she trailed the elusive rabbit. The rabbits seem to have as much fun as the beagle, as they try to outsmart the dog.

I could hardly believe what my ears were hearing. For years, this writer had owned beagles that I ran on snowshoe hare a couple of times a week at the Douglas state forest with a couple of friends. Back in the day we had a half dozen dogs or more chasing and driving rabbits for hours. Rabbit populations are exploding throughout the valley and show no signs of slowing down. Maybe the Blackstone Valley Beagle Club could once again have their members hunting rabbits and owning beagles like we once did back in the day. Unfortunately, there are very few snowshoe hare to run the dogs on, but cottontail are still a lot of fun to hunt and train the beagles on. This



The third picture shows Frank Padula with an impressive largemouth bass he caught recently .

week's picture shows the happy beagle Molly. Every dog had a different bark. Some yodeled, some squeaked, some had a distinct bark, so that every dog owner could identify his dog. Hopefully, Molly will continue to improve before the hunting season. Maybe just maybe, she will continue to be vocal and hunt down a few pheasant for me to harvest, as beagles are great for hunting both rabbits and pheasant. Hunting season is not far away! I know I am rushing it! Captain Mel True, Jr. had a party of anglers enjoyed a day of fishing on his boat "Fish Net Charters" last week. The four anglers landed their limit of stripers, but not before releasing 30- & 40-pound fish because they were too large or too small. Then they limited

out on large seabass, and finally finished catching a good number of huge bluefish. Sounds like they had a good day. Freshwater bass fishing also remained strong this past week with this week's photo showing an angler with a 5.5-pound beauty. One local angler reported catching 16 largemouth bass last week at a small pond in Uxbridge, while fishing from his kayak. The largest was three and a half pounds! Numerous small-mouth bass were also reported last week. The Uxbridge Rod & Gun Club will hold another Chicken Bar-B Q this Sunday along with another archery shoot which is open to the public. Come on down. Take A Kid fishing & Keep Them Rods Bending!

Guide to Harvesting Your Backyard Crop

It's harvest time and backyard gardeners everywhere are anticipating the well earned fruits of their labor. From plucking peppers to cutting cauliflower, proper harvesting ensures optimum flavor and nutrients from your home garden. Read on for the ways to up the odds of culling "the cream of the crop" from common vegetable and fruit plants. Experts say the most important rule at harvest time is to pick vegetables daily. Plucking them as soon as they ripen not only offers superior taste, but this practice encourages plant production. Simply stated, harvesting on the day that the produce ripens can help you yield more from your seasonal crop. Furthermore, gardeners should be aware that some vegetables are best harvested when they appear premature. Examples include summer squash, zucchini and green beans, all vegetables can become tough and lose flavor when they are allowed to sit on the vine too long. Seed company Burpee offers expert advice on harvesting common fruits and vegetables:

Herbs. Pinch or cut back herbs frequently to keep them producing more stems and leaves (the parts we eat) and to keep them from blooming, which changes the flavor. If that means you have surplus thyme or oregano, dry it in a brown

paper bag. Basil, especially, needs frequent pinching back to keep it bushy and productive. At some point in July or August everybody has too much basil, which is why the Italians invented pesto (find many recipes on the internet). * Tomatoes. There is a huge range of tomato varieties. Many kinds are red when ripe, but some are orange, yellow, striped or even green. Learn what to expect from your variety and monitor the plant closely as its due date nears. Generally, a tomato is fully ripe when it releases easily from the stem. If you misjudge a bit it's no tragedy, because tomatoes will ripen somewhat after picking. But they develop the fullest sweet flavor if they ripen in the sun on the vine. Once you have picked the first few tomatoes of a particular variety, you will get a feel for what a ripe one will look and taste like. Some tomatoes are "determinate" types, which will stop bearing after a few weeks. Most are "indeterminate" kinds, which will keep flowering and setting fruit until killed by frost, although colder weather will slow production. It's a good idea to pick your green tomatoes a week or so before your area's average first frost date. The more mature ones will ripen indoors if they are stored at room temperature, wrapped in newspaper so they don't touch. Or make fried green tomatoes. *



TAKE
THE
HINT
KAREN
TRAINOR

Peppers. Peppers are mature and ready to eat when full-sized but still green. If left on the vine longer, they will change color to red, orange, yellow or brown, depending on the variety, and will deepen in flavor and become less crisp in texture. Hot peppers left to change color will get hotter. So whether you pick at the green stage or later will depend on the variety and what you plan to use the pepper for. As with tomatoes, the first few you pick will teach you to gauge ripeness. * Lettuce. It's important to pick lettuce before hot weather encourages the plant to "bolt," or develop a flower stalk, which makes the leaves taste bitter. With leaf lettuce and many other greens, you can "cut and come again" while the leaves are young and tender, no more than five inches long. Use scissors to cut the largest leaves individually from the plants. When the smaller leaves get big enough, harvest those. You may be able to come back to a plant two, three or four times, a few days apart, before it gives up in the summer heat. To prolong the lettuce harvest, look for bolt-resistant varieties and sow seeds several times

at two-week intervals. A tent of shade cloth or translucent row cover -- or a site in part shade -- also may delay bolting in hot climates. In late summer, sow green seeds again for a fall crop. * Green beans. Green beans are an easy vegetable to harvest. Pick the pods when they are a little shy of their maximum size, to be sure that they are tender, with immature seeds. If you delay, the seeds will mature and harden and the pod will become tough. Don't pick green beans in the morning when the dew is still on the vines; wait until they are fully dry to avoid spreading disease. Be sure to keep up with regular picking to encourage the vine to keep flowering and producing pods. * Peas. For garden peas, pick a test pod and open it when the seeds have begun to swell inside. You're looking for peas that are round but still tender. Pick peas just before you are ready to shell and cook them. For snow peas and sugar snaps, taste a pod when it nears full size. You want a crisp, crunchy, fresh-tasting pod, in which the seeds have started developing but are nowhere near round. Pods left too long on the vine get tough and stringy. * Cantaloupes, muskmelons and honeydews: Harvesting melons can be tricky, even for melon farmers. You can thump the melon and listen for a dull, hollow sound or sniff it to see if it smells sweet. A ripe cantaloupe or muskmelon will begin to have a tan or yellowish color beneath the corky «netting» on its skin. A honeydew will feel smooth, not hairy. Cut the stem rather than breaking the fruit off, which creates a wound that invites the fruit to rot. Let the fruit ripen for another day or

two at room temperature before cutting into it. * Watermelons. When the spot beneath the melon, where it sits on the ground, turns yellowish, rather than white or green, the melon is close to ripe. The rind also gets tougher, so test it with your thumbnail to how easily it dents. For old-fashioned full-sized watermelons, the traditional ripeness test is to thump and listen for a dull, hollow sound, but this may not work as well with the smaller «icebox» varieties. Ultimately, you'll have to cut one open and decide if it's ripe, and use that as a standard for the rest of the crop. * Cucumbers. Check the seed packet to see how large your variety of cucumber will get and how long that is expected to take. But bear in mind that you can pick cucumbers at any stage, depending on what you want to use them for. Smaller ones will be more tender, with thinner skins and few or immature seeds. Too-old cucumbers get dry and woody. Like melons, cucumbers should be cut from the vine, not pulled. * Sweet corn. Timing is everything with sweet corn. The kernels begin to lose sweetness and flavor the instant the ear is picked, so the great advantage of growing your own is so you can wait until the last minute. The traditional rule was to get the pot of water boiling to cook the corn and then go out and pick it. Sweet corn is ready to eat when you can feel full, rounded kernels beneath the husk; the silk at the top of the ear is drying out; and a squished kernel produces a milky sap. * Root vegetables. Read the seed packet to see how long it should take before you start checking to see if your variety of carrots,

beets, turnips, radishes or parsnips is ready for harvest. When it's about time, loosen the soil gently and pull one up to see how big it is. Root vegetables are more tender and delicate in flavor if eaten younger and smaller; as they get older and larger, they get tougher, woodier and more pungent. If that's okay with you, you can store some root crops right in the cold ground after the tops die. Spread a thick layer of leaves, straw or other mulch to keep the ground from freezing so you can still dig them up, and you may be able to harvest carrots, turnips or parsnips. ** Win Dinner for Two at the Publick House – Contest has resumed! Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints! Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

GARDENING

continued from page A8

building materials. It is much easier to move items on paper than once they are set into the ground. Always contact your local underground utility locating service at least three business days in advance. It's free and as easy as calling 811 or filing an online request. They will contact all the appropriate companies who will mark the location of their underground utilities in the designated work area. This reduces the risk of injury and inconvenience of accidentally knocking out power, cable, or other utilities as you enhance your landscape. Because this important step is often overlooked, August 11th has become

National 811 Day. It's a reminder to include this important step when undertaking any landscape project, large or small. And remind others to do the same. Once complete, you'll simply be able to step out your back door and enjoy your slice of paradise.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.MelindaMyers.com.

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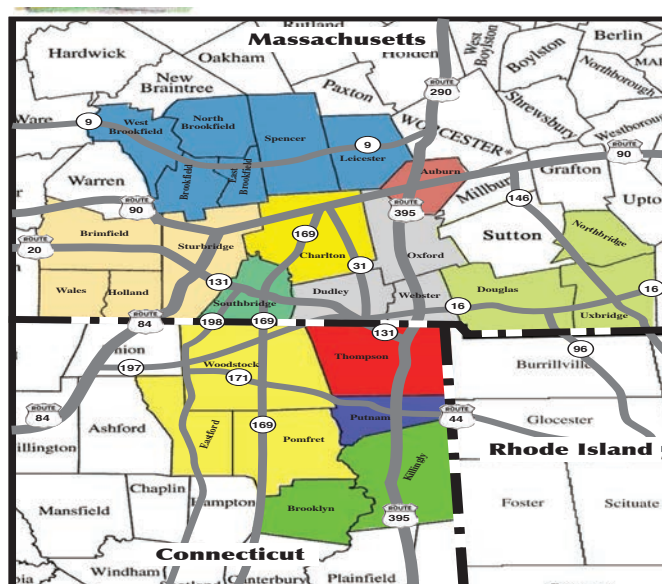
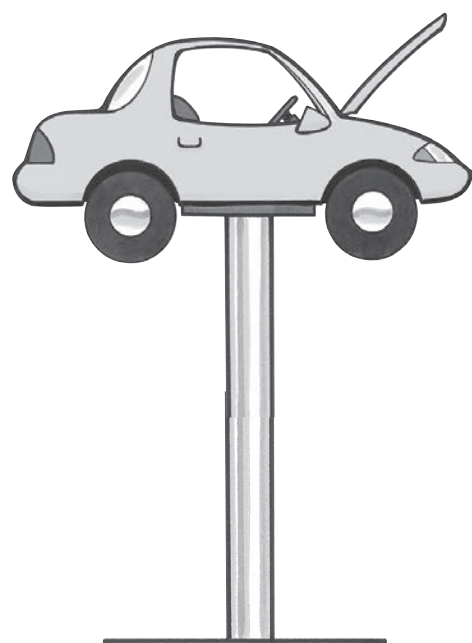
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WEBSTER LAKE – 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Real Nice Set on .68 Acres of Park Lake Grounds with 297' Waterfront! Over \$4 Million Spent! Nothing was Spared! 18 Spacious Rooms! 5 Water View Bedrooms, 4 with their Own Bathrooms! 5.5 Bathrooms Total! Brazilian Cherry Hardwood Floors, Grand & Spiral Stairways! Elevator from the Ground Floor up 3 to the Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bathroom with Steam Shower just off the Mirrored Exercise Room! Billiard Room! Media Room with Custom Cabinetry & Wet Bar! Fantastic Center Island Granite Kitchen with Viking Gas Range, Sub-Zero Refrigerator, 16' Butler's Pantry & Breakfast Bar! Open Floor Plan! Dining Area, Family Room with Cherry Entertainment Center & Wet Bar! Open Formal Dining Room, Fireplace Living Room & Atrium! Library with Private Deck! Waterfront Master Suite with Private Office, Bedroom with Triple Glass Door to its Private Deck with Panoramic Lake Views, 3 Walk-in Closets, Lake View Bathroom with Huge Multi-Head Shower, Whirlpool Tub, Double Vanity Sinks & Separate Commode/Bidet/Pedestal Sink Area! 16 Zones of Updated Geothermal Heat & Air Conditioning - 30 Tons! Recessed Lighting & Sprinkler System Through Out! 3 Car Heated Garage! Full House Generator! Slate Roof! All Decks & Railings Brazilian Ipe Hardwood! Copper Gutters & Downspouts! It's Time to Reward Yourself! **\$1,999,900.00**



ON DEPOSIT



ON DEPOSIT



ON DEPOSIT



ON DEPOSIT



ON DEPOSIT



ON DEPOSIT



SOLD

DUDLEY – 10 Camelot Circle 9 Rm, 4 Bdrm, 2.5 Bath, 2,520' Center Hall Colonial featuring an In-Ground Pool on a 28,131' Lot! Tile Entry Foyer w/ Guest Closet! SS Appliance Granite Kit w/Breakfast Bar, Spacious Dining Area, Tile Flr, Pantry Closet, Recessed & Pendant Lighting! Formal Din Rm w/Hrdwd Flr & Chair Rail! Formal Liv Rm w/Crown Molding! 13.6X27' Fam Rm w/Fireplace w/Wood Pellet Insert, Soaring Cathedral Ceiling, Ceiling Fans & Skylight! Half Bath! 3 Season Porch! 1st Flr Laundry! The 2nd Floor w/4 Bdrms! Spacious Master w/Walk-in Closet & Full Bath w/Dble Granite Vanity! Full Hall Bath w/Dble Vanity! C/Air & Vac! 2 Car Garage! Fire Pit! Many Updates! Original Owner – Pride of Ownership! **\$509,900.00**


WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rooms, 6 Bedrooms, 4 Bathrooms, 3,269' AC'd Colonial! Custom SS Appliance Granite Kitchen! Formal Dining Rm w/Cherry Hardwoods! Lake Facing Living Rm w/Cathedrals, Cherry Hardwoods! Slider to Waterfront Deck! Spacious 1st Flr Master Bedroom w/Full Bath, Cherry Hardwoods & Walk-in Closet! Fireplaced Lower Level Family Rm! 1st & 2nd Floor Laundries! 2 Car Garage! **\$979,900.00**

STURBRIDGE! Big Alum Lake! 243 Big Alum Rd! 6.58 Acres of Privacy! Sub-Dividable! West Expo – Beautiful Sunsets! 3,313' 10+ Rm Cape w/3 - 4 Bdrms & 4 Baths! Features Appliance Granite Kit w/Breakfast Bar & Tile Flr! Frp'd Din Area! Din Rm w/3 Walls of Glass & French Dr to the Deck! Cathedral Ceiling Fam Rm w/Hearth & Wood Stove & Wall of Picture Windows! Spacious Liv Rm w/Pine Flr! Office! Full Bath w/ Laundry Closet! 1st Flr Master w/Slider to the Inground Pool, Walk-in Closet, Marble Bathrm w/Separate Tub & Shower & Dble Vanities! 2nd Flr w/2 Spacious Bdrms, Lots of Closet Space & Pine Flrs! Full Hall Bath! Lower Level w/Game Rm, Wine/Root Cellars! Utility & Storage! 2 Car Attached Garage w/Office/In-Law Suite Above! New Driveway Access needs to be Installed! Cosmetic Repairs Needed! **\$679,900.00**

SUTTON – 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/ Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Super Easy Access to Rte 146! **\$549,900.00**

WEBSTER LAKE – 305 Beacon Park! Lake View 1,280' 5 Rm Townhouse - 10 Acres Park Lake Grounds w/Panoramic Lake Views! Yr Round Living or as 2nd Home - Summers on the Lake - Winters in Florida! Move-in Condition! Appliance Kit! Din Rm w/Slider to the Composite Deck! Frp'd Liv Rm w/Wall to Wall Carpeting & French Dr to the Deck! Updated Half Bath! Spacious Master w/Wall of Closets & Full Bath w/Recent Sky Light! 2nd Bedroom w/Wall to Wall Carpeting & Full Bath just outside its Door! 2 Bdrms & 2.5 Updated Baths! Garage w/Opener! Lakeside Heated Pool & One of the Best Sandy Beaches on the Lake! Canoe Rack! Rented Boat Dock through 2022, Longer Possible! Great Fireworks Viewing! **\$335,000.00**

WEBSTER LAKE – 504 Treasure Island! 6 Room Townhouse Overlooking the Pool! 1,874 Sq Ft! Stainless Steel Appliance Granite Kitchen! Open Floor Plan! Dining Room - Full Mirrored Wall - Sliders to the Trex Deck! 2 Bedrooms! Master Bath! 2.5 Baths! Fireplaced Family Room! Garage! Central Air! Gas Heat! C/Vac! 2 BOAT SLIPS! Sandy Beach! Complex Recent Siding & Roof! **\$400,000.00**



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NEW LISTING!

DUDLEY - 10 MILL ROAD

Beautiful Raised Ranch 3 Bedrooms, 2 Bath, 2 Fireplaces, one has a Pellet insert. 2 car garage! **\$354,900.**

OPEN HOUSE
SUNDAY AUGUST 8 • NOON -1:30

June Cazeault • Laurie Sullivan • Matthew Ross • Lori Johnson-Chausse • William Gilmore II • Brian Bohenko

WATERFRONT THOMPSON - BECOLA RD



SORRY, SOLD!

5+ Acre Waterfront Land On "Little Pond/ Schoolhouse Pond. Private Setting. Open Field. 250+ feet Waterfrontage. Dead end road!
\$179,900

WEBSTER - 23 EMERALD AVE.



ON DEPOSIT

EXTRAORDINARY FIND! Beautiful 2 Family! Owner occupied with pride and it shows. IDEAL property for YOU! 3,012 SF +/- 12 Rooms, 6 Bedrooms, 2 Updated Full Baths, 2 Modern BEAUTIFUL Kitchens w/PPSCALE Cabinets, 2nd Flr has GRANITE Countertops! High Ceilings & HARDWOOD Floors! Grand Front Entry! LARGE WELL MANICURED 13,525 SF LOT! 3 CAR DETACHED GARAGE! Municipal Water & Sewer, 2 Oil Heating Systems, Radiators, 1st flr Hot water by Natural Gas
\$439,900.

FEATURED NEW LISTING - WEBSTER - 135 LAKE STREET



ON DEPOSIT

A RARE FIND! A TRULY ABOVE-AVERAGE, TOP NOTCH-HIGH QUALITY-TWO FAMILY! SPACIOUS, CLEAN, UPDATED! Apt# 1 - 1,536 SF +/- & 3 BRs on the 2nd Flr. Apt# 1 - 1,290 SF +/- & 2 BRs on the 1st floor. 1st Flr. HWBB By Oil, 2nd Flr. apt. HWBB by natural gas. Spacious Rooms, High Ceilings, hardwood flrs! granite tops. Enjoy the L-Shaped Covered Farmers Porch! Level Lot!
\$399,900.

PUTNAM CT - 89 PERRY ST UNIT# 250



ON DEPOSIT

Heritage Pines Condo Town House - Everything one would expect and then more! 4 bedrooms, 3.5 baths, all Hardwood floors, granite, stainless steel appliances. central air, 2 decks, 2800 sq ft +/- of finished living area., and so much more!
\$319,900.

WOODSTOCK CT - 110 JOY RD



ON DEPOSIT

WELCOME TO MIDNIGHT FARM! 1876 Antique Colonial. Included separate Building - Studio/Store both situated on 2.5 Acres that have been Professionally Landscaped and are surrounded by Conservation Meadows and Woodlands. 5 Bedroom, Lg Living room, Fireplaced Dining room, Library, Master Bedroom, Full Bath & Renovated Kitchen! 3 Stall Garage! Picturesque Location!
\$455,000.

FEATURED ISLAND LISTING! WEBSTER LAKE - 22 LONG ISLAND



Once in a lifetime opportunity to own a Webster Lake Waterfront Cottage on Long Island! Properly named the "Grand View". Sandy beach, boat house! Antique Cottage w/5 Rms, 3 BRs, a stone fireplaced w/pellet stove, eat-in kitchen w/modern appliances, full bath! washer/dryer. Screened porches. Included, 25% ownership share in a main land waterfront lot at 38 Point Pleasant Rd, in sheltered Mumford Cove! land provides boat slip & winter storage. A FAR AWAY PLACE NEAR BY!
\$389,900.

SHREWSBURY • 15 ABBEY LN UNIT 15



SORRY, SOLD!

Detached Condo Brand Spankin New - 2 Bedroom, 2 Bath, all Hardwood Flrs, Granite C-tops Throughout, Crown Mouldings Raised panels, Chair rails Picture-Frame Mouldings. Central air/Vac. High end Appliances Packed! assisted sale **\$480,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

Webster - Douglas Rd (Rte. 16) 26 ACRES on Sugarloaf Hill. 1000 +/- ft of road frontage

SORRY SOLD! \$200,000

Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided! **\$89,900**

Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. **\$115,000.**

Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **ON DEPOSIT! Each \$24,500.**

WEBSTER • 233 - 235 NORTH MAIN STREET



SORRY, SOLD!

large 3 Family- a rare find! 1st Floor spacious 2 bedroom apartment. 2 - 2nd floor, 3 bedroom apartments Walkout basement to off street parking.
\$289,900.

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



Webster Lake - 300 Killdeer Island

OPPORTUNITY KNOCKS! A WEBSTER LAKE waterfront property on Killdeer Circle, you won't want to miss! Offers a prime waterfront location! 64' of water frontage and a gently sloping landscape to waters edge. Crystal clear, sandy bottomed shoreline. Everyday is a new day at the Lake! Nicely arranged floor plan. 5 rooms 2 bedrooms, 2 baths! Walk out lowerlevel to nice size patio! Garage.
\$650,000.



WEBSTER - 401 TREASURE ISLAND CONDO

WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 Quiet summers on big & beautiful Webster Lake! 6 Rooms. Open Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Natural gas heat! 2 Boat Slips! Heated Pool! Natural Sandy Beach!
\$439,000.



Open House Directory

(C) Condo	(X) Condo	(M) Multi-Family	(T) Townhouse
(B) Business	(U) Duplex	(S) Single Family	(D) Adult Community
(P) Land	(L) Mobile Home	(A) Apartment	(W) Waterfront

ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SUNDAY, AUGUST 8				
DUDLEY				
10 Mill Rd	S	Noon-1:30	\$354,900	Hope Realty Laurie C. Sullivan c: 508.525.0611

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DUDLEY: 3 units, Sided, Natural woodwork, 2 bed units, available for owner occupancy
42 Mill St ~ \$359,900



DUDLEY: Foundation & permits for water & sewer, 50' Ranch, Walk out basement, 2 car garage, Built your own Ranch
44 Alton Dr ~ \$149,900

WEBSTER Coming Soon!

4 Unit Building
2 Car Garage
2 bedrooms each unit
Sided
Town Services

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OAKHAM - This gorgeous reproduction colonial offers 13.42 incredible acres of privacy at the end of a cul-de-sac! Inside you will find a cabinet packed cherry kitchen with granite counter tops and very high-end appliances including a subzero fridge & a vented gas cook top! Great sized dining room with a cathedral beamed ceiling, skylights & lots of natural sunlight from the huge picture window! Formal living room with a pellet stove, large 1st floor bedroom and a 1st floor full bathroom, 3 more good sized bedrooms, a 2nd full bathroom and a nice sized open loft on the 2nd floor! Finished bonus room in the lower level along with a large storage room! Beautiful pine floors throughout, a mud room & a 2 car attached garage! The impressive lot offers rebuilt stone walls, an open field, manicured landscaping, a tiered patio with pretty flower gardens, a large detached garage/barn, separate heated workshop, a Quonset hut, gazebo and a huge paved driveway! **64 Grey Oaks Lane \$539,900**

WEST BROOKFIELD - Gorgeous waterfront on Lake Wickaboag! Nothing but the best finishes throughout all 3 floors! Amazing chefs kitchen with high end appliances, grand dining & living rooms, sun filled sun room with a balcony, 3 large bedrooms including a spoiling master suite with a huge walk in closet and custom master bathroom! Huge finished walk out lower level! Amazing lake views from every single room! Wonderful roof top deck for entertaining, 2 car garage, manicured grounds & an oversized dock! All of the high end furniture and the pontoon boat are included! **\$950,000** Call Michelle Terry 508-735-8744



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LEGALS

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO21P2509EA
CITATION ON PETITION FOR
FORMAL ADJUDICATION
Estate of:
Aleta Alice Black
Date of Death: 04/01/2021**

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Jane A Proia of East Douglas MA** requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition. The Petitioner requests that **Jane A Proia of East Douglas MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/31/2021**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed

under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. **WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.**
Date: July 29, 2021

Stephanie K. Fattman,
Register of Probate
August 6, 2021

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Division
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
Docket No. WO21P2417GD
CITATION GIVING NOTICE OF
PETITION FOR APPOINTMENT
OF GUARDIAN FOR
INCAPACITATED PERSON
PURSUANT TO
G.L.C. 190B, §5-304
In the matter of:
Katherine A Richer
Of: Blackstone, MA
RESPONDENT
Alleged Incapacitated Person**

To the named Respondent and all other interested persons, a petition has been filed by **Normand E Richer, of Blackstone MA** **Jessica R Richer, of Woonsocket, RI** in the above captioned matter alleging that **Katherine A Richer** is in need of a Guardian requesting that **Normand E Richer, of Blackstone MA** **Jessica R Richer, of Woonsocket, RI**, (or some other suitable person)

be appointed as Guardian to serve **Without Surety** on the bond. The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. **You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **08/17/2021**. This day is NOT a hearing date, but a deadline date by which you have object to the account(s). If you fail to file the written appearance and objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above named person cannot afford a lawyer, one may be appointed at State expense. **WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.**
Date: July 21, 2021
Stephanie K. Fattman
Register of Probate
August 8, 2021

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. WO00P1807GR1
CITATION GIVING NOTICE**

OF PETITION FOR RESIGNATION OF A GUARDIAN OF AN INCAPACITATED PERSON Respondent Incapacitated Person/ Protected Person In the interests of: Katherine A Richer Of: BLACKSTONE, MA

To the named Respondent and all other interested persons, a petition has been filed by:

Normand E Richer of Blackstone, MA

in the above captioned matter requesting that the court Accept the Resignation of the Guardian and/or The petition asks the court to make a determination that the Guardian and/or Conservator should be allowed to resign; or should be removed for good cause; or that the Guardian and/or Conservatorship is no longer necessary and therefore should be terminated. The original petition is on file with the court.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/17/2021**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. **WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.**
Date: July 21, 2021

Stephanie K. Fattman,
Register of Probate
August 6, 2021

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Library hours:
Monday - Thursday: 10 AM - 8 PM
Friday 10 AM - 5 PM
Saturday 10 AM - 2 PM

All returns are fine free through Labor Day 2021. If you are not vaccinated, masks are required.

Tails and Tales- Summer Reading 2021
Now through August 14
Whitinsville Social Library presents this year's Summer Reading Program, "Tails and Tales". Celebrate with all types of animals...including their fun tails! Each week will be a different animal theme, make sure to join us throughout the summer for a mix of virtual and in-person programs, and track

your reading using the Beanstack App or online version! Programs include weekly Tween & Teen Crafternoons, Storytime!, Game Hour, STEAM Builds, and Baby Bounce. Registration is required for each event and events will take place either virtually or outside of the library. Register at: www.tinyurl.com/EventsAtWSL

Outdoor Storytime
Every Thursday 10:30 - 11:00
Join Miss Heather on Thursday mornings from 10:30-11:30 outside on the front lawn of the library! Bring a blanket to sit in the grass as we read books, sing rhymes and dance to some fun music. Let's have some fun reading and singing together! Each week a different craft will be available at the end of the program, stay outside on the front lawn to craft with Miss Heather or take your craft home to put together in your own time! This program is for children ages 1-6. Registration is required. Register at: www.tinyurl.com/EventsAtWSL

Outdoor Baby Bounce
Every Thursday 10:30 - 11:00
Join Miss Heather on Friday mornings from 10:30-11:00 outside on the front lawn of the library! Bring a blanket to sit in the grass as we read books, sing rhymes and play with some fun

musical toys! Let's have some fun reading and singing together! This program is for children ages 0-2. Registration is required. Register at: www.tinyurl.com/EventsAtWSL

Local Author Visit: Sharon Healy-Yang

Saturday 8/7 at 11
Author Sharon Healy-Yang is passionate about mysteries from the golden age, whether in a book or on the screen. Her fascination with mysteries and the 1940s drives her pleasure in crafting novels that recapture the wit, adventure, and suspense of the era. Stop by at 11 to hear about her Jessica Minton mysteries.

Adult Craft Night

Tuesday August 10 at 6:30

Save your place with an easy canine themed sewing project. You can either craft in the library's front yard on Tuesday August 10 at 6:30 with hands-on instruction or pick up your kit anytime between 10-8 on Wednesday August 11 (the next day). This event/kit is for adults. Registration required.

Tween and Teen Graphic Novel Book Club

Wednesday August 25 at 3:30

Join us for a discussion of the graphic novel "The Tea Dragon Society" by Katie O'Neill. Request the book in our online catalog and copies are available at the Library's front desk. The meeting is taking place outside on the library's front lawn. If you have one, please bring a chair. Sign up to be notified if the meeting needs to be rescheduled due to poor weather.

Cookbook Club: Pickling Spice

Thursday August 26 at 12

Register to receive a sample of this useful spice blend for gardeners. Make pickles using the spice before the meeting and come ready to chat all about your pickles and what you think of this blend.

Friends of the Library Meeting

Tuesday 8/31 at 6:30

All are welcome to join! Please contact friendsWSL2019@gmail.com for more info.

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who makes me
see everything and
shows me the way
to reach my ideal,
you who gives me
the divine gift to
forgive and forget
all the wrong that
is done to me, and
you who are in all
instances of my
life with me. I, in
this short dialogue,
want to thank you
for everything, and
affirm once more
that I never want to
be separated from
you no matter how
great the material
desires may be. I
want to be with you
and my loved ones
in your perpetual
glory. Amen

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Take a break on new benches along Blackstone Valley Greenway path

UXBRIDGE — In an effort to encourage seniors and folks of all ages to get out and walk, the Massachusetts DCR announced a campaign to place three benches along the Blackstone Valley Greenway walking path.

This initiative is part of the Uxbridge Senior Center’s effort that began with the launch of the walking club lead by Activities Coordinator, Sally Selvidge. Sally presented this project to Jody Madden from Mass DCR (Department of Conservation & Recreation) and Jody quickly responded to construct and install the benches along the walking path. The walking path is located on Adams Street in South Uxbridge.

The Uxbridge Senior Center’s Walking Club meets every Wednesday at 9am (weather permitting) on the walking path. This is a program in coordination with Massachusetts Council on Aging (MCOA) Walk Massachusetts Challenge, which runs until September 30th. Please call the senior center to sign up at 508-278-8622 or go to www.mcoaonline.com/walkma for more information. The senior center wishes to thank Jody and Mass DCR for their efforts and interest in helping our senior community.



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Welcome to our 3rd Annual Summer Scramble!

We’ve decided to change it up for Summer and instead of a crossword puzzle, we’ve created a scramble. We hope you’ll enjoy this challenging puzzle!

Please find the answers (business names) on the ABC’s of SUMMER on page 2.

We will unscramble for you and announce a winner of a \$25 Gift Card to an ABC Business in the August 27th issue.

Please mail to ABC’s of Summer Scramble, P. O. Box 90, Southbridge, MA 01550 or take a pic and email to jsima@stonebridgepress.news by August 18.

Good luck!



Name _____

Address _____

Phone _____

Email (optional) _____

Newspaper you saw this in, circle one: Spencer New Leader, Auburn News, Southbridge News, Charlton Villager, Sturbridge Villager, Webster Times, Blackstone Valley Tribune

We love your feedback comments: _____

ABC’S OF SUMMER SCRAMBLE

(These are not in alphabetical order)

1. VUTAREDEN TURSO FO NEWRRA _____

2. SBEN LTAECK HPSO _____

3. ATKL OF EHT NWOT _____

4. NCEPRES LFYMIA DETANL _____

5. ERIN OYMANHE _____

6. LRUAUMXOE DORF _____

7. SYAGR TETGSRU _____

8. AWKRHCDI RERMSFA VEOA-REOCIPT _____

9. CCTRUEAA TPES OCNTRLO _____

10. RERMICO WSEREJLE _____

11. ERSKAN OCINLLISO _____

12. RCATNLE ONE LEFDEAR ECDRIT _____

13. SEHFR ASTRT ETH NOGMVI WREC _____
14. BAUGOAQ TIAIANROIEBHTL _____

15. OSETINEDGRB SPESR _____

16. CRANEMIA DTCINSOU OLI _____

17. SNAL PIANT TCREEN _____

18. MOARC OWINWD SVEIRECS INC _____

19. NGSIIHG NEYERG ITEVALNESATR _____

20. TDEAUTE GOTNIW AND VYCEOERR _____

21. DOYSWO TAUO ODBY _____

22. CHIOCE TP AHPLCSIY ARYPTEH _____

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Northbridge Senior Center program reveals horrors & discoveries of Victorian medicine

WHITINSVILLE — Doctors had access to x-ray equipment; on the other hand, if a surgeon dropped his operating knife on the floor, he simply picked it up and continued cutting into the patient. Such is the paradoxical nature of Victorian medicine.

On July 15, the Northbridge Senior Center hosted a performance and tea titled *Myths & Miracles of Victorian Medicine*. The event took place at the Center at 20 Highland St., Whitinsville. Twenty-one guests discovered some of the primitive practices and surprising discoveries associated with medicine in the later part of the 19th century.

"When we think of medicine in 1900, we tend to cringe," said Michelle LaChapelle, Assistant Director at the Northbridge Senior Center. "The performance, however, offered a more balanced perspective. It was surprising to learn that although mothers took their children to the local factory so they could inhale the 'healing gases', doctors also had access to x-ray equipment. In fact, there were discoveries made then that made modern medical miracles possible."

While guests sipped tea and nibbled on treats that included tea bread and cookies, fictional Victorian lady Miss Myrtle Mills escorted them on a journey through the sometimes head-scratching state of medicine in the latter half of the 19th century. Guests learned about the evolution of medicine in the 19th-century, disease prevention; homemade medicines and patented "remedies"; pregnancy protocols;

the difficulties for aspiring women physicians and scientific discoveries that formed the roots of medicine in 2021.

Janet Parnes, owner of Historical Portrayals by Lady J. Millis portrayed Myrtle Mills. Janet also portrays Massachusetts War heroine Deborah Sampson, First Lady Dolley Madison and the fictional Etiquette Expert of 1890. For information, visit her Web site at www.women-history.com.



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