



Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, July 23, 2021

Northbridge police identify man who entered Washington Street residence

BY KIMBRLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — A man has turned himself into police after recently being identified as the suspicious male subject seen entering a residence on Washington Street in Northbridge.

Northbridge Police Chief Timothy Labrie reported that after a two-day investigation, 26-year-old Esteban De Jesus Fonfrias-Soto, of Worcester, had turned him-

Turn To **NORTHBRIDGE** page **A13**



Christopher Conlon — Courtesy

LIGHTING UP THE NIGHT

Photographer Christopher Conlon captured this stunning image of a nighttime lightning strike in Uxbridge on July 14.

Precious Ones Day Care expands by purchasing Cherub's Haven

NORTHBRIDGE — Jeff May, owner of Precious Ones Day Care in Uxbridge, and Terri LaRoche, owner of Cherub's Haven in Northbridge, have been discussing the potential acquisition for the past five years, and now it is coming to fruition.

May said he was "thrilled with the opportunity to serve more families in the Blackstone Valley and buying his "competitor" was just what he needed to expand Precious Ones."

When asked about her feelings in selling, LaRoche said, "It is my baby, having started it in my Grandfather's building (originally a hard-ware store) and it is certainly difficult to let it go."

However, she is thrilled

with the thought of retiring and spending more time with her husband and family.

She went on to say that "Cherub's could not be in more capable hands, and I am confident that Jeff will run Cherub's Haven with the same enthusiasm and love that he does Precious Ones." May's response was nothing but respect and admiration for LaRoche and what she has accomplished, by saying, "Terri should be incredibly proud of 40 years of hard work through many challenging times; she's done a tremendous service to the families in this community."

Both owners agreed they have a strong mutual respect for one another. Precious Ones currently offers infant, toddler and

Preschool care at its main facility in Uxbridge and separate school age locations in both Uxbridge and Douglas. The recent purchase will include the 2 main buildings in Whitinsville (serving infants, toddlers, preschool, and school age) and additional school age locations in Northbridge and Grafton.

On the growth and expansion of Precious Ones, May said, "I'm just working hard one day at a time and I never dreamed it would grow to this level when I started Precious Ones back in 2011."

May spoke of the high demand for quality childcare in this area and the tremendous team he is blessed with at Precious Ones.

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BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

MILLBURY — The Millbury Police Department has issued a warning to residents regarding a landscaping company that may be scamming people out of money.

The department has been investigating multiple complaints about a company called TR Landscaping, according to the warning posted to the department's social media page. Millbury Police have also received notification from the Better Business Bureau, who have "been fielding multiple complaints regarding this company scamming people out of

money."

"There are currently warrants out for one of the owners [arrests], and he is also under investigation in neighboring states," the department released, adding that the suspect is now advertising "Millbury Tree Service," which is also the subject of the same type of complaints. "If you've had dealings with this company, please contact the Millbury Police Department."

The department noted that the warning was issued "in an effort to prevent any further victimization by the individual(s) advertising these services."

The suspect—Tyler Boudreau—owns and operates T&R Landscaping, along with another individual, according to Millbury Police Chief Brian Lewos. This other individual's father is a Millbury resident, and the suspect utilizes the father's computer to print out service contracts and other landscaping business forms.

According to Lewos, the father contacted the police department at the end of May because he had "insufficient funds in his checking account after trying to purchase some groceries."

"The father learned

Turn To **SCAM** page **A13**



Courtesy

POTLUCK SUPPER PLANNED AT EIGHT LOTS SCHOOL HOUSE

The Sutton Historical Society will hold its annual Eight Lots School House Potluck Supper on Friday, Aug. 6, at 6:30 p.m. at the School House, located at 54 Eight Lots Rd. Bring your favorite main dish or dessert, a chair or blanket, and your love of Sutton history. This event is open to both members and the general public.

The school house was built before 1773 on land that was deeded to the town in 1799 by Timothy Sibley. It is believed to be one of the oldest one-room school houses in the United States still standing on its original foundation. Deeded to the Sutton Historical Society by the Eight Lots School Association in 1990, the building underwent a 3-year extensive restoration which was completed in 2015. This building is a treasure to the Sutton community. So, mark your calendars and join us for a summer evening at an historically significant venue.

Wildlife authorities: report dead birds, remove feeders

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — As a precaution to help track a "widespread mortality event," Massachusetts wildlife authorities are encouraging the public to report any sick or dead birds with unknown cause of mortality and remove their bird feeders.

In late May, wildlife managers in Washington, D.C., Maryland, Virginia, West Virginia, and Kentucky began receiving reports of sick and dying birds with "eye swelling and crusty discharge, as well as neurological signs," according to reports. More recently, additional reports have been received from Delaware, New Jersey, Pennsylvania, Ohio, and Indiana.

"While the majority of affected birds are reported to be fledgling common grackles, blue jays, European starlings, and American robins, other species of songbirds have been reported as well," the Massachusetts Division of Fisheries and Wildlife (MassWildlife)—the state agency responsible for the conservation of all freshwater fish and wildlife in the Commonwealth—reported.

No definitive causes of illness or death have been determined at this time, MassWildlife officials added.

"However, the mystery disease is not known to be in any of the New England states at this time," MassWildlife officials released in a statement. "It is not necessary to report dead birds where strong evidence links the mortality to collision with glass or vehicles or predation by cats."

Massachusetts wildlife officials added that there is

Turn To **BIRDS** page **A13**

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WHITINSVILLE, MA



Vendor applications welcome for Harvest Festival

WHITINSVILLE — Come join us at the Fair! The VCC Harvest Festival, sponsored by the Village Congregational Church in Whitinsville, is scheduled for Saturday, Sept. 25 from 9 a.m. until 3 p.m. on the Town Common in Whitinsville. (The rain date will be Sunday, Sept. 26 from noon until 4 p.m.)

A 13-year tradition on the Northbridge Park common returns this year across from Village Congregational Church at 5 Church St., Whitinsville. VCC brings our community a full day of arts, crafts, plants, food court, bounce pad, entertainment, children's activities & games, face painting, music, a huge variety of raffle prizes and a very special handmade quilt raffle! VCC is currently looking for volunteers and accepting vendors of various handcrafted arts and crafts, artisanal products, herbs, honey products, jewelry and crafted home decor. Check our Village Congregational Church Facebook page to request an application or simply reach out to Harvest Fair Vendor Coordinator, Claudia Dexter at office@vccucc.org

Sign up soon! Vendor space includes a 12-by-12-foot space on the park common at \$40 per space. All applicants are vetted and approved for appropriate wares and variety. Educational organizations and local businesses wishing to promote their craft classes or farm stands are welcomed to apply.

Note: Vendors are wonderful...and so is Volunteering! It's a lot of fun, you meet great people, and you won't regret participating. Treat yourself to a wonderful Fall day at The Fair; the Harvest Festival is a unique slice of life and family fun in a historical New England town.



To Heal, To Respect, To Console

Now Hiring for Registered Nurses for the following Departments:

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Our grill will be serving up Hot Dogs all day!

SATURDAY JULY 24 9AM - 3PM

To participate set-up begins between 7 & 8:30 a.m. to secure your spot and unload your items! This is a Flea Market for used items only. Brookfield Orchards will be renting out spaces in their parking lot for this event for \$20 to be paid upon arrival. You MUST bring all your own tables and pick up any trash before you leave the property.

Reach out to us with any questions you may have at 508-867-6858 and ask to speak with Diana

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BOSTON BRASS | SUNDAY AUG 8 AT WORCESTER'S CRISTOFORO COLOMBO PARK AT 4PM

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 Receive up to \$1,500 per year that can be used to pay real estate property tax
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 For more information or to pick up an application please call the center at 508-865-9154

MILLBURY SENIOR CENTER ACTIVITIES!!
LIGHT EXERCISE CLASSES
 Mondays and Fridays 9:30 A.M. – 10:15 A.M.
MAHJONG
 Mondays at 12:45 P.M.
BLOOD PRESSURE CLINIC
 Every Tuesday from 9 A.M. - 10 A.M.
WALKING CLUB
 Tuesdays at 8:30 A.M.
 We will be walking around the garden
 This will be followed by coffee in the garden!
SOCIAL BINGO
 Wednesdays at 1 P.M.
 Bring your pennies!
 If you would like Lunch ahead of time a 48 hour reservation is required
 Call the center at 508-865-9154

UPCOMING SUMMER CONCERTS!
 Thursday, August 19th, 5:30 – 7:30 P.M.
 Eddie Forman Polka Band Orchestra
 Concerts are sponsored by the Massachusetts Cultural Council & Mike and Lucille Maguire

Hot dogs & drinks will be available for sale. These events will be held rain or shine, bring your lawn chairs!
 Masks required along with social distancing!

Millbury Senior Center Transportation is provided for Millbury Senior Residents
 Monday through Friday from 9 A.M. to 4 P.M.
 We travel one town out in each direction including Sutton, Grafton, Auburn and Worcester
 A 48 hour notice is required for scheduling rides (business days)
 Rides are free until July 1st
 For more information or to schedule transportation call the center at 508-865-9154

“MEMORY CAFÉ”
 Please join us July 27th, 2 - 3:30 P.M.
 A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.
 Fourth Tuesday of each month, refreshments will be served.
 We are also looking for volunteers to assist with this program!
 Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

Millbury Friendly Visitor Program
 Our Friendly Visitor Program is now being provided by telephone
 Volunteers call clients to check in with them, chat and hear a friendly voice
 For more information on coordinating a Friendly visitor
 Call the center at 508-865-9154

“Grab & Go Meals”
 Lunch meals will be available to be picked up daily at the front door, 11:30 A.M.
 Menu is available on Town Website, www.townofmillbury.org
 Or our Millbury Senior Center Facebook page
 A 48 hour reservation is required
 For more information or reservations call us at 508-865-9154

SNAP APPLICATIONS (Food Stamps)
 Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.
 Call for an appointment & required documentation
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ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.
 If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



NORTHBRIDGE SENIOR CENTER

Phone: 508-234-2002
 www.northbridgema.org/council-on-aging
 Monday – Thursday 8:30 a.m. – 3 p.m., Friday 8:30 a.m. – 1 p.m.

The Plummer Place bus is back to its regular schedule. Shaw's trips will be scheduled for Tuesday afternoons and Friday mornings and Walmart trips are Wednesday afternoons only. The bus will go to Hannaford's on the first Tuesday of every month. You can also book an appointment for in-town medical appointments and other in-town trips on all days. You must give a 24 hour notice when booking your trip.

FINE's 120 Club, their biggest fundraiser, is back July 1 – November 18th. For \$20 you can buy a 120 ticket and be entered every week to win \$20. On the final drawing, November 18th, you have a chance to win \$500, \$400, \$300, \$200 or \$100! Call the Center for information or come in to buy a ticket at the front desk.

Plummer Place will resume our Day Trip program through Best of Times Travel. The first show we are offering is “The Texas Tenors Live in Concert” at the Danversport Yacht Club on Thursday, August 26th. The price is \$99/person. We are also offering another show on September 21st at the Yacht Club, “Home Again, Carol King Tribute”, \$96/person. Each trip includes lunch at the Club. Call Michelle for more information or to sign up.

Exercise Classes are back at Plummer Place. Mondays: Chair Exercise @ 9:30 and Tai Chi @ 11:00, Tuesdays: Chair Zumba at 1:00, Wednesdays: Low Impact Aerobics @ 10:30, Thursdays: Chair Yoga @ 11:15, Fridays: Stretch & Strengthen @ 9:30.
 **Please note,

Tuesday and Thursday classes will begin August 3rd.

Crafts and Coloring Club has resumed, Elaine has lots of new projects planned! Call for information.

Painting Class will be offered on Thursdays, 1-3:00pm. Please note the change in day and time.

Our Billiard Room is now open every day and we are looking for those interested in a Billiard League starting in September, call us if you would like to join.

Plummer Place has secured a block of time on Northbridge Cable channel 194 from 9:00-11:00am Monday through Friday. We will be airing exercise classes and programs geared towards our senior population.

Our daily lunch at Plummer Place will remain on hold until further notice.

Bridge League has returned to Plummer Place, Wednesdays at 1:00pm. They are in need of more players. If interested, call to sign up.

Our computer expert, Paul Holzwarth is back

to help you with your computer needs. Paul also assists with iPads and cell phones. Call to make an appointment for Wednesdays 1-3:00pm.

“Take a Hike” Walking Club is new to Plummer Place. Our Outreach Coordinator, Jeanne White, will lead the group on bi-weekly walks at various trails in our area. Call to sign up with Jeanne.

We are in need of Volunteer Medical drivers and Meals on Wheels drivers. Call us if you are interested in either program.

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Friday's Child



Jayden
 Age 11

Hi! My name is Jayden and I love gymnastics!

Jayden is a lovable girl of Caucasian descent. Wise beyond her years, Jayden loves gymnastics, going to the park, and swimming. She also loves to ride her bike, do arts and crafts, make slime, and go to amusement parks. She does well with one-on-one attention. She has two teen foster brothers in her foster home who she looks up to as role models and for guidance. Jayden does best with a strong routine in the morning when getting up, getting dressed, and getting herself ready for school. Jayden is loving, caring, and determined. Her foster mother describes her as very technologically savvy.

Legally freed for adoption, Jayden will need one-on-one attention from her new family. This could be a two-parent family or a single-parent family with no other children in the home or a female child close in age to Jayden. Structure and routine in her new home are extremely important to Jayden. Jayden has older siblings in foster care and in adoptive families in Western Massachusetts with whom she will need to maintain contact. She would also like to maintain a lifelong connection with a previous foster family.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

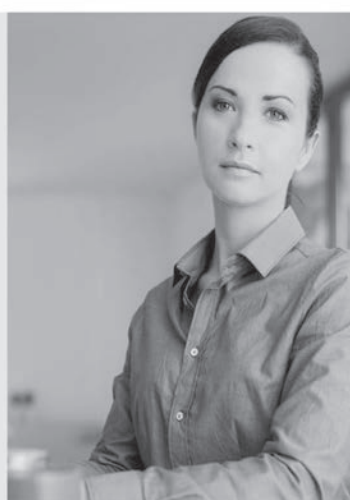
To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mare-inc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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The library is now open for in-person browsing — visit our website or call 508-278-8624 x100 for our most up-to-date listing of programs!

August 2021 Programs

Tails and Tales: 2021 Summer Reading Program

Our summer reading program is in full swing and wild adventures await — you can participate from home using the Beanstack app! Using Beanstack, you'll earn badges as you read and complete fun activities. For each book you read, you'll be entered in a weekly raffle... you might even win a Kindle Fire! Sign up by accessing Beanstack at uxbridgelibrary.beanstack.org or by downloading the Beanstack app on your phone or tablet.

Adult Programs

Virtual Gentle Yoga

Tune to our YouTube channel to start off your day with a yoga session with Marise Nazzaro! In August, we will be offering shorter and more focused yoga classes. Stay tuned to our calendar for specific dates! The YouTube link will be available in our website calendar. This class is sponsored by the Uxbridge Board of Library Trustees.

Virtual Mindfulness Meditation - Thursdays, August 5th and August 19th at 6pm

Tune in on Facebook Live for an interactive virtual meditation session with Jenny Xie! This class is sponsored by the Friends of the Library.

Much Ado About Shakespeare: Stage to Page - Saturday, August 14th at

2:00pm

Audiences of all ages are invited to join Brown Box Theatre Project in an engaging, exciting exploration of Shakespeare's words and worlds. Starting with collaborative relationship-building exercises, we will look at Much Ado About Nothing through its post-conflict scope. What happens when communities, like those in the script, begin to embrace non-traditional ways of thinking? This workshop will be held outdoors under an event tent, and chairs will be provided. Registration is required; please visit our Calendar to register. Brought to you by the Library Board of Trustees. Make sure to attend the 7:30pm performance of Much Ado About Nothing which will be held that evening at the Blackstone River and Canal Heritage State Park!

Virtual Bookies Book Club - Monday, August 30th at 6:30pm

Zach will lead a discussion on A Very Large Expanse of Sea by Tahereh Mafi. This title is available through CWMARS and through the Hoopla Digital app. Patrons interested in participating should email zparish@cwmar.org for a link to the Zoom session. Stay tuned for more information about in-person book club meetings!

Our new staff member Auden has brought Page Turners back from its hiatus. Visit <https://bit.ly/3hr15Ac> for a list of some of our newest books! Maybe one of these books will be your new favorite!

Youth Programs

Baby Storytime

Ages 0-2 years (Mondays at 11 a - 11 : 30 a) & Preschool Storytime

Ages 2.1 years -5 years (Wednesdays

at 11a- 11:30a)

Weekly Storytimes are back at the library... and outdoors too! Make sure to bring your own chairs or a blanket. Registration is required, please visit our calendar to register.

Take-Home Crafty Wednesdays-Mornings and Afternoons

Get crafty and creative with your kids every Wednesday! Stop by the library to pick up a new Take-Home craft kit each week.

Music and Movement with Deb Hudgins - Tuesdays, August 10th and August 17th at 11a-11:30a

Join Deb Hudgins as she leads a fun-filled, theme-based program with songs, rhymes, dancing and more. This program will be held outdoors — make sure to bring your own chairs or a blanket. Registration is required, please visit our Calendar to register. Brought to you by the Library Board of Trustees.

Little Lotus by Lindsey - Thursdays, August 5th, 12th, and 19th at 6:30p-7p

Join Lindsey to practice yoga postures and mindful activities which will help you relax, lessen anxiety, and teach young ones to find their calmness. The library will provide yoga mats, however you are welcome to bring your own! Please feel free to bring bug spray, as we will be practicing on the library lawn. Best for ages 6 and up. Registration is required; please visit our Calendar to

register. Brought to you by the Library Board of Trustees.

Magic: The Gathering Club- (ongoing) Monday, July 19th, August 2nd, August 9th,

August 16th at 6p-7:30p
Magic is a fantasy trading card game using strategy, wit, and luck! Newbies and veterans are all welcome so bring your own cards or receive a starter pack from Great Stories Comics and Gaming to build your own deck. Suitable for ages 12+ and meets first (3) Mondays of the month at Uxbridge Free Library in the Reading Room. If you would like to be added to the email list for Magic Club updates, send an email to Sonya at scampbell@cwmar.org

Henry, the Juggler - Thursday, August 19 at 3p-4p

Henry the Juggler is considered armed (and legged) and dangerous! He is known to cause spontaneous outbursts of laughter. He speaks little but says a great deal through his expression and body language using balls, clubs, rings, torches, high wire, and stilts. Registration is required; please visit our Calendar to register. Brought to you by the Massachusetts Cultural Council.

TRIBUNE ALMANAC

REAL ESTATE

BLACKSTONE

\$600,000, 14 Meadow Ln, Prester, Ashley C, and Prester, Jacqueline M, to Zagaglia, Ryan, and Zagaglia, Anne M.

\$500,000, 9 Susan Dr, Ortiz, Guillermo, to Beretta, Stephanie L, and Beretta, Nicholas W.

\$435,000, 134-R Summer St, Margaret L Lee FT, and Lee, Terrence M, to Gillis, Kelly L.

\$360,000, 4 David Dr, Adamz, Elizabeth M, to Livingston, Lindsey.

\$213,000, 28 Power St, Maher, Ronald P, and US Bank NA Tr, to Pioneer Investments LLC.

\$25,000, Milk St (rear), Robinson John R Sr Est, and Robinson, John R, to Big Z Realty LLC.

DOUGLAS

\$675,000, 16 Cottage Colony, Morin, Robert L, to Wnukowski, David J, and Wnukowski, Elaine A.

\$550,000, 141 Monroe St, Malone, William T, and Malone, Rebecca, to Lesane, Cornell B, and Lesane, Annitra.

\$545,000, 90 Yew St, Banner, Lynne D, and Johnson, Linda E, to Tomaso, Alan J, and Santoro, Darlene.

\$375,000, 295 South St, Picard, George, and Picard, Deborah B, to Bracci, Jonathan R, and Farley, Taylor N.

\$30,000, 60 Chestnut St, Tallage Davis LLC, to Haskell, Scott.

\$30,000, 64 Chestnut St, Tallage Davis LLC, to Haskell, Scott.

NORTHBRIDGE

\$784,000, Riverdale St, James M Knott Sr 2014 RET, and Miller, Warren G, to Riverdale Mills Corp.

\$575,000, 515 Carpenter Rd, Tetreault, Holly P, and Tetreault, Thomas, to Cormman, Deborah, and Homonoff, Edward.

\$540,000, 141 Moon Hill Rd, Bourgelas, Richard, and Bourgelas, Cynthia, to Simpson, Zathan, and Simpson, Alex-Marie.

\$450,000, 56 Edmonds Cir #56, C A Vanderbaan T, and Vanderbaan, Melissa L, to Back 9 RET, and Wieggers, Calvin.

\$410,000, 86 Quarry Rd #86, William A Condon IRT, and Condon, William A, to Cavallieri, Ralph P.

\$385,000, 191 Swift Rd, Ducharme, Stephen M, and Ducharme, Paula M, to Skarmeas, Peter, and Skarmeas, Shannon.

UXBRIDGE

\$627,500, 280 Williams St, Wassenaar FT, and Wassenaar, David J, to Dyke, Craig T, and Dyke, Amy J.

\$600,000, 319 Quaker Hwy, Morin, Glen R, and Morin, Ethel M, to Dolan, Kevin, and Dolan, Jessica.

\$385,000, 63 Hazel St, Lebrun, Colleen R, to Pinciak, Laurie A, and Melchert, Jason.

\$377,000, 44 Cross St, Daigle, Justin M, and Daigle, Michelle A, to Anger, Joshua.

\$367,000, 74 Henry St, Leary, Thomas P, to Smith, Kason.

\$350,000, 137 Carney St, Turning Pt Invs LLC, to Hunt, Christopher, and Barton, Nicole.

\$345,000, 176 N Main St, Boucher, Deborah J, to Perozin, Karina, and Reis-Webert, William M.

\$300,000, 13 Elizabeth St, Corapi, Xavier, and Fulginiti, Caterina, to Sapphire Homes LLC.

\$277,000, 292 Blackstone St, Otoole-Auerbach, Andrea, and Auerbach, Peter J, to Lokal Properties LLC.

\$230,000, 11 Manor House Ln #11, Lewis Richard G Est, and Vilkas, Vincent A, to Patten, Nancy.

Blackstone Valley Art Association rebounds from COVID

REGION — The Blackstone Valley Art Association is finally emerging from its Covid state. Its members were not idle during the pandemic, however. Many of the members continued with their artistic endeavors, like everyone else, they were online, virtually showing their work and taking virtual classes. Many professional artists from around the world gave free demonstrations which provided much inspiration and learning opportunities, most of us would never have had the chance to see.

Thanks to many local cultural council grants from the Valley towns we were able to purchase equipment to do our own video sessions and Lisa Shea has produced several YouTube art videos featuring all of the towns that donated to us. They are available to view at your leisure. The towns include, Millville, Blackstone, Douglas, Upton, Auburn, Spencer, Grafton. The towns of Uxbridge and Northbridge annually provide us with grants to buy our supplies and have artists demos at our meetings, which are open to the public.

Our first live show was at the Spaulding Aldrich Gallery at the Open Skies Administration Building on the Plaza. It was a juried show. JoEllen Reinhardt, from the New England School of Fine Arts was the juror. Winners were, Lynne Randolph first place, Beverly Tinklenberg second place, Bob Evans third pace, Mike Zeis, Carol Frieswick and Alexandra Spano Honorable Mention. The show is open during the free weekly concert series sponsored by Valley Cast, on Thursday evenings from 6-8, rain or shine. The show will be up for viewing until August 28th.

We also have art exhibited at the Uxbridge Open Skies Gallery, Hunter's Tavern in Grafton Center and at the Milford Local Access TV station Gallery.

The Uxbridge Open Skies facility will be open on Saturdays from 10 a.m.-3 p.m. for open paint sessions and for lively artistic talks.

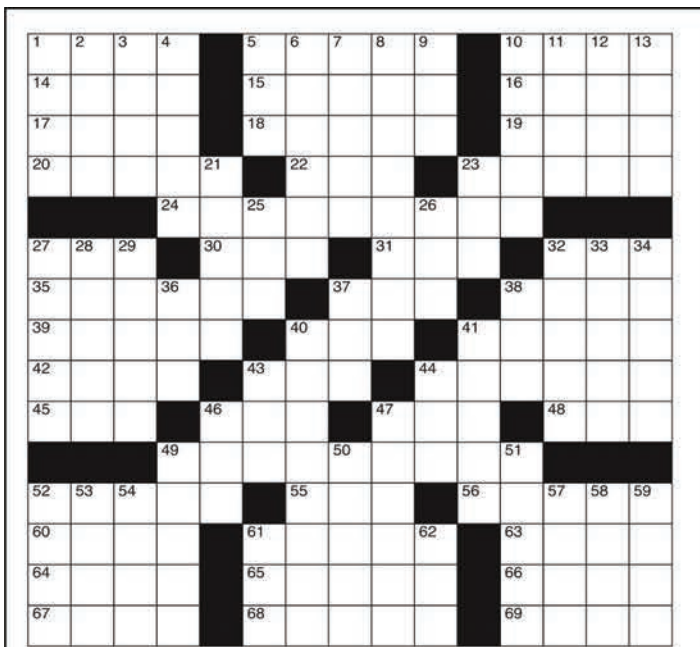
Monthly paint-outs have been ongoing since Spring with collaboration with the Blackstone River Heritage Commission. We have increasing attendance at these events and artists from several towns from Ma. and RI. have been participating. It is a great low key way to practice painting out of doors. It is also, a great way to network with and meet other local artists.

Membership to the BVAA is open now, the form can be found at bvaa.org. We will be planning our next season soon, but have events planned through the summer.

First Congregational Church to host annual flea market

MILLBURY — First Congregational Church at 148 West Main St., Millbury is sponsoring the Annual Flea Market and Craft Tables on Saturday, Sept. 11, from 9 a.m. to 2 p.m. Anyone wishing to reserve table space, please call Jeri Stead (508-865-5371). The \$25 inside area consists of a large supper table, plus a card table. An outside 10 feet plot reservation is \$20 and you will need to provide you own table.

“The Kitchen” will be serving coffee and muffins, and at lunch time, Ron’s hot dogs will be served. There will also be a “Bakery Table,” and a “Church Flea Market Table.”

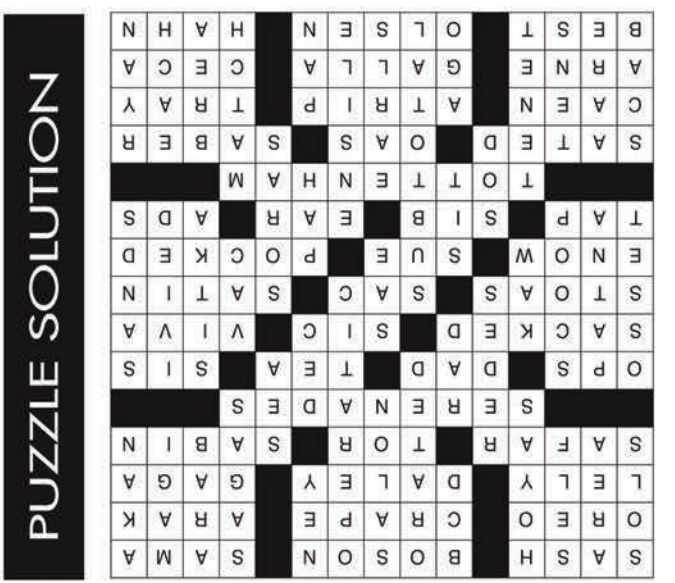


CLUES ACROSS

- 1. Fashion accessory
- 5. Subatomic particle
- 10. Ethnic group of the Philippines
- 14. Popular cookie
- 15. Fabric
- 16. Alcoholic liquor
- 17. Peter __, Dutch portrait painter
- 18. Longtime Chicago mayor
- 19. A famous “Lady”
- 20. Islamic calendar month
- 22. Rocky peak
- 23. Polio vaccine developer
- 24. Songs sung in open air
- 27. Military movements
- 30. Male parent
- 31. Beloved hot beverage
- 32. Female sibling
- 35. Tackled the QB
- 37. Set a dog on someone
- 38. Long live! (Spanish)
- 39. Porticos
- 40. Pouch
- 41. Smooth fabric
- 42. Enough (archaic)
- 43. Institute legal proceedings against
- 44. Scarred
- 45. Draw from
- 46. Brother or sister
- 47. Body part
- 48. Commercials
- 49. London soccer team
- 52. Satisfied
- 55. Surgical technique (abbr.)
- 56. Fencing sword
- 60. French industrial city
- 61. Intellectual property organization (abbr.)
- 63. Helps to carry food
- 64. “Rule, Britannia” composer
- 65. One-time Empress of the Roman Empire
- 66. Intestinal pouches
- 67. None better
- 68. “WandaVision” actress
- 69. Comedic actress Kathryn

CLUES DOWN

- 1. Fifth notes of major scales
- 2. Region
- 3. Your consciousness of your own identity
- 4. Georgetown athletes
- 5. They follow A
- 6. Spoke
- 7. Hairdressers’ domain
- 8. Extravagantly theatrical
- 9. End-blown flute
- 10. Heroic tales
- 11. Member of a Semitic people
- 12. Members of a priestly caste
- 13. Southern Ghana people
- 21. Counsels
- 23. Body of water
- 25. Awesome!
- 26. Calendar month
- 27. Native of region in Caucasus
- 28. Indian city
- 29. Exclusive
- 32. Alaskan town
- 33. Covered with ivy
- 34. Loose granular substances
- 36. Native American tribe
- 37. Written American English
- 38. Holiday (informal)
- 40. Add up
- 41. Small brown and gray rails
- 43. Get off your feet
- 44. Express disgust
- 46. Surface of the ground
- 47. Put into a silo
- 49. Belief
- 50. British noblemen
- 51. Tennis game
- 52. Dry, protective crust
- 53. Swiss river
- 54. Large integers
- 57. La __ Tar Pits, Hollywood
- 58. Every one of two or more
- 59. “Deadpool” actor Reynolds
- 61. Earlier
- 62. Peter’s last name



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UXBRIDGE HIGH SCHOOL HONOR ROLL

UXBRIDGE — Uxbridge High School has released its honor roll for the fourth quarter of the 2020-2021 school year.

Grade 8

High Honors: Ali Alomar, Hannah Benson, Elyse Bouchard, Catherine Buma, Arya Burke, Ava Chartier, Shayna Cohen, Sydney Daniels, Maxwell Deary, Rogan Devlin, Timothy Devlin, Mason Dorr, Bailey Dzivasen, Ewan Fortin, Alicia Gauvin, Addison Griffiths, Brady Hamm, Liam Kaferlein, Samuel Kirby, Isabelle Kling, Thatcher Kling, Sumeyye Koyuncu, Milla Mace, Isadora Malta, Tessa Masnyk, Darren Oliver, Danielle Olson, Natalie Orr, Brianna Pare, Om Patel, Lily Ramage, Talen Rosborough, Maxwell Roy, Stella Roy, Hunter Schiller, Phoenix Silva, Rylee Spear, Michael Stark, Landon Sweet, Jake Vanderbrug, Julia Wilczewska, Denning Yoffe, Stephanie Zaitoun

Honors: Joshua Alt, Ryan Amorim, Giana Bannon, Layla Bettencourt, Cate Bouvier, Christopher Bouvier, Thomas Carlson, Charles Criscola, Carson Denietolis, Jenna Devine, Hunter Fontaine, Katharine Fox, Lillyanna Gallant, Shane Guillette, Chase Henault, Lexis Kammerer, Shawn Lemovitz, Macen Martone, Awwab Mohamed, Alexis Morse, Abigail Oliveira, Diya Patel, Olivia Pirrotta, Jonah Scott, Madison Silbor, Colin Spencer, Jamal Uddin, Caroline Usenia, Nicholas Whitlock

Honorable Mention: Hope Beroth, Brady Chludenski, Madison Currie, Larissa Da Silva, Arielle DeMarco, Arianna Fortier, Shane Gilmore, Lucas Jackman, Brendan Knox, Hunter Levesque, Skylar Lovell, Brendan Magowan, Nicholas Matte, Aidan Nolan, Jayden Ravanales, Bruno Sampao, James Sanford, Dminic Silva, Jack Sullivan, Ashton Watt

Grade 9

High Honors: Rylie

Beland, James Bernard, AidanBlood, LukeBoisvert, Benjamin Bourgeois, Kathryn Cahill, Braden Cammuso, Cameron Caso, Emma Demers, Matthew DiLiberio, Brynn Doherty, Syrianna Dousangsavanh, Luke Esposito, Madison Fairweather, Olivia Gray, Olivia Holden, Brianna Hughes, Catherine Hughes, Samantha Jones, Kellen Lachapelle, Grace Linsley, Jessica Lutton, Aiden Marquez-LeRoy, Brianna Moss, Gage Nichols, Ella Pezzullo, Phetmany Phianesin, Cooper Phoenix, Avari Powers, Benjamin Roerden, Payson Roy, Lincoln Schiller, Christopher Szajna, Siobhan Twhig-Mann, Emma Walker, Zoe Wojnowski

Honors: Tyler Bergman, Ashlee Brodeur, Lucas DeFreitas, Nathan Fuoss, Carter Gilmore, JalynGingras, Hailey Kinyanjui, Kahlea Lachapelle, Kamryn Leroy, Nathan Noyes, Sean O'Day, Shane Okenquist, Frank Osimo, Mikayla Ouellette, Liam Rigney, Lukas Ritacco

Honorable Mention: Rosario Astorga, Mason Baptista, Dylan Bibeault, Juliana Kumah, Elizabeth Lewis, Jackson Livingstone, Iris Marcello, Luke McCuin, Samuel Noel, Tyler Picotte, Ellie Thompson, Cheyanne Uvezian, Brayden Wilcox

Grade 10

High Honors: Dominick Alicea, Maren Anderson, Lily Brayman, Kelsey Brooks, Victor Cardoso-Collins, Julie Compston, Sophie Compston, Sean Costa, MyahDeLang, Jessie DeMalia, Tyler Erickson, Jason Fontes, Carl Nathan Gallawan, Tanner Gauthier, Drew Gniadek, Evan Grube, Avery Guillette, Briana Hawes, Samantha Hinchcliffe, Paige Irving, Eleanor Kimball, Lex Lovell, Alan Mage, Maximus Martone, Isabella Nolan, Matthew O'Neill, Grace Orr, Morgan Ouellette, Kylie Paul, Julia Philbrook, Audrey Phillips, Casey Prior, Samara Qualters, Tyler Richardson, Makayla Ross, Aidan

Russell, Abigail Sanches, Sadie Schultzberg, Meghan Smith, Troy Spencer, Jack Tasick, Sabrina Tibedo, Madison Tousignant, Lindsay Vario, Megan Wingfield

Honors: Bruce Alberto, Joshua Cristina, Harrison Freedman, Tia Jacobs, Sameer Khan, Patrick McDonnell, Tyler Mclsaac, Isaac Oliver, Olivia Phillips, Aidan Ross, Aidan Russell, Braeden Watt, Victoria Williams Huth

Honorable Mention: Dylan Donahue, Timothy Makynen, Trevor Masnyk, Edson Mendes, Zachary Oliveira, Alexandria Patterson, Laela Pendleton, Theodore Rigney, Jeremy Sanchez, Khalil Torku, Jack Trask

Grade 11

High Honors: Madison Arsenault, Sebastian Beaudette, Peyton Bly, Grace Boisvert, Madison Departie, Hunter Fabri, Saige Frazier, Maia Harris, Matthew Healey, Jeremie Hodgdon, Charlotte Johndrow, Zoe Jones, Chloe Kaeller, Madigan Lame, Luke Little, Maria Lowandy, Makarios Mansour, Maegan Morrissey, Gracie Nummela, Cristian Oliveira, Jessie Paxton, Natasha Prachith, Anthony Quesada, Madison Ramage, Cecilia Schleinitz, Liam Sweeney, Audrey Tanner, Ava Turner, Keku Wheelock, Alexandra Wojciechowski

Honors: Mya Asante-Opoku, Brian Babin, Destiny Berthiaume, Brooklyn Chludenski, William Criscola, Jude Goncalves, Reagan Guillette, Maya Henry, Jason Hicks, Briana Joyce, Litzo Loja, Thomas McCarthy, Hannah Nordstrom, Andrew Oliveira, Marcus Oliver, Jaymee Peloquin, Ryan Madison, John Tasick, Anthony Venuti

Honorable Mention:

Dylan Alexander, Aaron Bruneau, Paul Elhajj, Ashlee Lucey, Austin Lucey, Angelina Rodriguez, Jack Sander, Luke Schollard, Cameron Snay, Liam Zuffoletti

Local students inducted into International Honor Society in Psychology

MANCHESTER, New Hampshire — Olivia Maier of Milford has been accepted into Psi Chi, an international honor society in psychology, for the 2020-2021 academic year.

Students are invited to be inducted into the society if they have completed three semesters of courses, maintained a GPA of 3.00 or higher, and be in the top 35 percent of their class. Students must also have declared a major or minor in a psychology program.

Psi Chi, the International Honor Society in Psychology, was founded in 1929 with a mission to encourage excellence in scholarship and advance the science of psychology. Today there are over 750,000 lifetime members.

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St. Patrick's Halloween recycling event

WHITINSVILLE — The St. Patrick's Halloween Recycling Event will take place on Saturday, Oct. 30 from 8 a.m. – 1 p.m. in the Church parking lot, 7 East St.

The profits will benefit upcoming YNIA (Young Neighbors in Action) service projects. Please keep items for each station separate. For more information & electronics pricing, call 508-234-5656 or email officesupport@mystpatrick.com. Cash preferred. No credit cards will be accepted. Thank you for your support!

On Site Paper Shredding - 9-11 a.m. only. \$7/per copy paper size box. No x-rays; binders; binder clips; hanging folders; notebooks; plastic; cardboard or magazines.

Electronics Recycling for a fee - No batteries/light bulbs/propane tanks. All equipment must be bone dry of oils/liquids.

Bottles and Cans - Please rinse. Items must be returnable in Massachusetts.

Textile Collection - Clothing; handbags/totes; accessories; linens; shoes; blankets; window treatments, etc. No rags/rugs, toys/books mattresses or housewares. Items must be gently used (no stains), and in a condition to be resold. If you cannot make it on October 30th, please call office to donate.

Local residents graduate from RIT during 2020-2021 academic year

ROCHESTER, N.Y. — Rochester Institute of Technology conferred more than 4,000 degrees at all of its campuses in the 2020-2021 academic year. Due to New York state COVID-19 occupancy restrictions, commencement was celebrated May 14-15 in smaller ceremonies by college and were live-streamed for graduates' family and friends.

Matt Ganley of Northbridge received a BS in civil engineering technology.

Matthew Blanc of Douglas received a BS in electrical engineering.

Luc Booz of Whitinsville received a BS in mechanical engineering technology.

Rochester Institute of Technology is home to leading creators, entrepreneurs, innovators and researchers. Founded in 1829, RIT enrolls about 18,600 students in more than 200 career-oriented and professional programs, making it among the largest private universities in the U.S.

The university is internationally recognized and ranked for academic leadership in business, computing, engineering, imaging science, liberal arts, sustainability, and fine and applied arts. RIT also offers unparalleled support services for deaf and hard-of-hearing students. The cooperative education program is one of the oldest and largest in the nation. Global partnerships include campuses in China, Croatia, Dubai and Kosovo.



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EDITORIAL

Summer is a great time to manage stress

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before Old Man Winter heads back into the neighborhood. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go, go, go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers.

If work is taking its toll on you, you may need to make some changes there. Experts say that oftentimes, simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out.

Managing stress properly is huge; however, not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. If you are at a severe risk of burning out, experts say to stop working for at least two weeks and cut yourself off completely from the office. According to those in the know, they say most employers will understand that this break will result in a better employee after they return. If two weeks isn’t in the cards, at least take one day a week to yourself with no phone calls, no emails or anything work related.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability.

Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane, they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary, and you need to protect it.

Oftentimes, people take better care of their vehicles than they do themselves. To keep a car running smoothly, you need to upkeep with maintenance, use top of the line fuel and keep the miles low.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In Basket’ means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

1619 Project deserves to be dumped

To the Editor:

Have you ever heard of the “1619” Project? It is a false history of the U.S., invented by journalists, not based on historical fact, to frame the history of the U.S. as one inseparable from race and slavery and to assert, falsely, that the United States began in 1619. These false prophets may already be in your school.

In 1619, in case you did not know, Jamestown was not an American settlement. It was a British company. Because King James had little money, he granted a royal charter to the Virginia Company for establishing the settlement to return a profit.

In 1619, the Company Governor formed a General Assembly and made laws which provided for considerable rights to all the residents. At this moment in time, a pirate ship brought a group of Angolans to Jamestown. The pirates had captured these persons from a Spanish galleon on its way to Mexican silver mines.

No one likes to mention the Spanish role in slavery in South America, but it was a thriving business. In 1619, the Spanish and the Portuguese were bringing African people to South America because the South American Indians had been worked to death. Between the 1600s and 1800s, 12.5 million Africans were brought to North and South America. Less than half a million Africans were brought to North America. Shocking but true. About 800,000 slaves were brought to Cuba by the Spanish. No one talks about these facts because they do not fit the fantasy story that America is a bad place. Guess where the largest African population outside of Africa resides today? Brazil. 91 million people. (5.5 million Africans were transported there during the slave trade).

The Angolans arrived in Virginia exactly at the moment when law ordained that “every particular person” had legal rights. No law mentioned slav-

ery because it was unknown in Britain. “America was a place [of] sheer possibility,” wrote Peter W. Wood in his book, “1620” (published in 2020), and these involuntary immigrants recognized it. Some Angolans bought their freedom from indenture, planted farms, brought suits in court and prevailed.

As the mortality rate rose in Jamestown and after Native Americans killed hundreds of settlers in 1622, King James revoked the Company’s charter and made Virginia a royal colony. A British Royal colony, loyal to the King. Not the U.S.

The lie that is the 1619 Project has drawn strong criticism for its lack of historical fact. Woke journalists wrote it to “reframe America.” Just like what Communist China is doing to Tibet: “Rewriting history is part of the [Tibetan] tourism landscape,” says Professor Emily Yeh of the University of Colorado.

The Promoter of the 1619 Project thinks Cuba is a dandy place. She praised Cuba as the “most equal multi-racial country in our hemisphere.” It is the most equal. Everyone has nothing. No food. No justice. She admitted that she is “not an expert on race relations internationally” but as a journalist, she claims to be the American history expert. Are journalists your source for history? Me neither. Do you want your students to study fiction in literature class or fiction in history class? The 1619 Project is wolf history in fantasy clothes.

If I told you that I was “reframing Paul Revere” as a loyalist spy, not a Patriot, what would you say? It’s time for Americans to be Woke-Up and demand that the 1619 Project be sent to the Dumpster of History where it belongs. What say you?

Nevertheless, she persisted,
BEV GUDANOWSKI
UXBRIDGE

After the rain

It did not take long for fishing to improve on saltwater after all of the rain we had already in the month of July. Freshwater fishing took a little longer to improve in rivers and streams overall, but many felt that lake and pond fishing remained pretty steady. Last week, another wave of stripers provided some exciting fishing at the canal, with numerous large stripers being caught and released. The following day, the cabal was dead quiet. This writer fished Westport River last week in the thick fog, but managed to catch numerous species of fish, of which most were undersize. Schools of stripers were everywhere in the river, with all stripers just under the legal size of 28 inches. It was still fun catching the stripers on surface poppers.

Last week, my brother Ken caught a nice strip-er, showing the popper plug still in his mouth. A quick release had the fish on his way to grow a few more inches. Maybe next year. They were feeding on the large schools of bait fish. The fluke were also short a few inches. One good size bluefish hit my brothers surface popper, giving him a good fight on his light fishing rod. The thick fog kept us fishing mostly in the river, but one angler did go outside the river and reportedly caught his limit of fluke. As he was speaking



THE GREAT
OUTDOORS
.....
RALPH
TRUE

to us in the parking lot, a lone seagull had a meal on his bait that was left near the back of his boat. I am sure this bird has done it before, and waits until the angler leaves the boat to get his car & trailer. It was not long before the thief landed in my boat, and was feeding on the scraps of bait that was left over from our day of fishing.

Over the years, Mass. Fish & Wildlife has been building boat ramps around the state’s coastal waters with sportsmen’s monies. Many are turned over to the towns to monitor and clean the area, and they charge a fee to launch a boat. They also provide portable restrooms for anglers and their families to use. This past week, while visiting the Westport boat launch, we were happy to see a portable facilities set up for anglers and families to use.

When you are elderly, you need to monitor the boat launch areas that have a porta potty, in case you need one. After launching our boat, I thought it would be a good idea to use the facility before we headed out onto the ocean.

Slowly opening the door, I was not ready for what I was seeing. Without going into too much detail, it looked as though it had not been cleaned out in months. I quickly shut the door. Fortunately, my digestive track & bowels remained quiet throughout the fishing trip.

It is outrageous that the town was not monitoring the facility, and to have women and children & the elderly looking for a clean facility prior to boarding their boat for a few hours of pleasure or fishing should not be hard to do! All boat launch areas should have a portable restroom at the sites year-round, and they need to be clean!

A lot of tuna are being caught this year in Massachusetts waters! The tuna are providing a lot of action 20 miles south of Block Island. Seabass & Fluke are still biting, but you need to be patient and fish numerous areas to catch them. There are still a lot of throwback fluke because of their size.

The outrageous wild-fires in the West are still calming lives and burning thousands of acres daily, along with more than three billion wild animals being lost. This past week, Germany had some of the worst flooding in their history and other countries are also feeling the effects of climate change. The constant rain in our area needs to stop soon or farmers will see a large loss in their crops, resulting in higher prices at the store for consumers. Global warming!

This year especially, I have noticed a big drop in small frog populations on my daily walk & bike rides. Normally, after a rain storm, I would notice a lot of dead frogs in roadways. In the last few years, I have seen very few.

Keep working toward lifetime goals



FINANCIAL
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PARENT

As the years go by, many of your short-term plans may change. But you’ll always need to focus on three lifetime goals: planning for retirement, preparing for the unexpected and creating an estate plan. What steps should you take to meet these goals?

Let’s start with retirement. Throughout your career, you’ll need to put away money for a retirement that could last two or three decades. So, you’ll want to contribute enough to your IRA and 401(k) or similar employer-sponsored retirement plan to provide for your income needs in retirement. And you’ll want to fund these accounts with a reasonable percentage of growth-oriented investments, based on your comfort with risk and how long you have to invest.

But planning for retirement involves more than just a general commitment to save and invest. You’ll also need to envision your retirement lifestyle. Will you travel extensively or stay close to home, pursuing your hobbies? Or are you thinking about relocating or spending part of the year in a vacation home? Your retirement aspirations will help determine how much money you’ll ultimately need to live the lifestyle you desire.

And finally, once you are retired, you’ll have to ensure you don’t outlive your resources. Consequently, as you begin taking money from your retirement accounts and investment portfolio, you’ll want to establish a sustainable withdrawal rate – one that lets you enjoy your retirement while accommodating the inevitable ups and downs of the financial markets.

Now, let’s move to the second lifetime goal: planning for the unexpected. Even if you budget carefully, you may not always be prepared for unplanned costs, such as a needed home improvement. If your cash flow can’t meet these expenses, you might be forced to dip into your long-term investments, possibly leading to taxes, penalties and fewer funds left for retirement. That’s why it’s a good idea to maintain an emergency fund containing three to six months’ worth of living expenses, with the money held in a liquid, low-risk account.

Of course, more serious unexpected events can also occur. If something were to happen to you, could your family members maintain their lifestyle? Could the mortgage still be paid? Could your children continue with their higher education plans? It’s essential that you maintain sufficient life insurance to meet these needs.

The last lifetime goal – creating an estate plan – is meant to achieve multiple aims. For example, you may want to name someone to make financial and medical decisions on your behalf should you become incapacitated. If you have children, it is important to name a guardian should something happen to you. It’s also necessary to keep your beneficiary designations up to date. And you may want to leave something to charitable groups.

To meet all these objectives, and possibly even more, you’ll need to work with a legal professional to create the necessary documents and arrangements, such as a durable power of attorney, a will, a living trust and so on. You may also need the help of your financial advisor to review your beneficiaries and to balance your estate and legacy goals with your other financial objectives.

Life is full of twists and turns, and you may change your own course along the way. But no matter which roads you follow, you’ll still need to achieve the three lifetime goals we’ve discussed – so keep working toward them.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or Darren.parent@edwardjones.com.



Summer Lawn Tips

If the grass is always greener on the other side of the fence - it may be time to review the basics of lawn care.

A beautiful lawn is worth the effort. And properly groomed grass doesn't offer only aesthetic benefits. An average sized lawn creates enough oxygen to meet the needs of a family of four every day, is a natural provider for our ecosystem, and can boost property value by nearly ten percent! Need another reason invest time and energy into your lawn? Ponder this: The front lawns of a block of eight average houses have the cooling effect of about 70 tons of air conditioning-enough to cool 16 average houses. On a hot summer day, grass can be 10 to 14 degrees cooler than exposed soil and as much as 30 degrees cooler than concrete or asphalt. And it also provides oxygen. A 50' x 50' well-maintained grass area will create enough oxygen to meet the needs of a family of four every day.

Watering Your Way to a Lush Lawn
When and how much you water your lawn can determine lawn success. If you subscribe to the old rule of thumb of watering for a short time each day, you may want to rethink your strategy. Lawn experts claim a healthy lawn with a good root system doesn't require watering more than one to three times per week. The bottom line? Your lawn needs about an inch of water once every seven to 10 days to grow strong roots.

Still not convinced when it comes to watering less is more? Keep in mind frequent shallow watering leads to shallow root growth because roots only grow where the soil is moist. Shallow root growth can make a lawn more susceptible to heat stress and drought damage. On the other hand, if you water too much and saturate the lawn, you run the risk of suffocating grass roots. In saturated soil, deep roots can't get air and die. The only roots that survive will be those near the surface.

Your goal in irrigating should be to wet the soil where the grass roots are growing, no more and no less. To achieve this, experts advise wetting the top six inches of the soil thoroughly. To gauge how long you should run your sprinkler to achieve the six inch mark, place a few tin cans around the yard and run the sprinkler for a set amount of time. Then measure the accumulation to figure out how long it will take to equal six inches.

Despite the best intentions, watering a lawn thoroughly enough to wet the soil at least six inches deep is often easier said than done. Most sprinkler systems apply water much faster than the soil can absorb it. As a result the water just runs off, especially if you have a sloped landscape. To control runoff, take periodic pauses in watering by turning off the sprinklers to allow the water to seep in.

Compacted soil is another cause of water runoff. Soil compaction also restricts air, water and nutrient entry and slows root development. Remedy this by aerating the soil. Keep in mind lawns with deep roots can be watered less often than lawns with shallow root systems.

Also, let the weather work for you. Keep a rain gauge to determine how often you will need to water your lawn. For example, if it rains an inch,



TAKE THE HINT
KAREN TRAINOR

you can skip watering until next week!

Water at the Right Time of the Day
Early morning is by far the best time for watering lawns. For optimum efficiency and success, try to water in the wee morning hours. The high humidity and morning dew adds to the moisture quota, and evaporation of the water is lessened during this time. If you cannot water in the morning, irrigate after sunset. But remember, early morning watering helps to prevent lawn diseases that can be caused by watering at night because it gives your lawn time to dry by night fall.

Mowing Minders
Experts say a common mowing mistake is cutting your grass too short, particularly for cool season grasses. Higher heights usually provide for a deeper root system, looks better, and is less likely to have weeds invading, particularly crabgrass.
Lawn pros advise adjusting your blade so that you never remove any more than one third of the grass leaf at any one cutting. By doing so, you can safely leave clippings that will quickly decompose and add valuable nutrients back into the soil.

The direction you mow your lawn is also important. For best results, your lawn in a different direction with each mowing... Altering the direction gives you an even cut and will prevent your grass growing in a set pattern.

To ensure a good cut, make sure your lawn mower blade is sharp, which may translate into sharpening it at least three times during mowing season.

Want to up your odds of a lush lawn? Try mowing during the moon phases. Here's how: If you want your lawn to grow, mow it during new or first quarter moon. If you want your lawn to grow more slowly, mow it during a full or last quarter moon.

Lawn Statistics
That patch of backyard grass is much more beneficial than you think. Consider these lawn statistics:
*Healthy, dense lawns absorb rainfall six times more effectively than a wheat field, four times better than a hay field, and prevents runoff and erosion of our precious top soil. It also traps much of the estimated 12 million tons of dust and dirt released into the US atmosphere annually. Lawns also purify water entering into underground aquifers—its root mass and soil microbes act as a filter to capture and breakdown many types of pollutants.

*Increases real estate market value and salability. A Gallup Survey reported 62% of all US homeowners felt investment in lawns and landscaping was as good or better than other home improvements. The investment recovery rate is 100-200% for landscape improvement, compared to a deck or patio that will recover 40-70% of installation cost. Proper and well maintained landscaping adds 15% to a home's value according to buyers.

*Recovery rates among hospitalized patients are often quicker when their rooms view a landscaped area compared to patients with non-landscaped views.

*Playing fields covered with dense turf have proven safer, as demonstrat-

ed by a simple egg drop test. When a dozen raw eggs were dropped from a height of 11 feet onto a two-inch thick piece of dense turf, none broke; two thirds broke on thin turf from that height, and from just 18 inches, all broke on an all-weather track.

Win Dinner for Two at the Publick House - Contest has resumed!
Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131

across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Positively Speaking

Editor's note: Following is the final column written by Gary Moore, who succumbed to his illness and passed away last Wednesday evening, July 14. His family is grateful for the tremendous outpouring of support he received from readers during his final months, and his son Toby has promised to attempt to continue the Positively Speaking column in his honor.



POSITIVELY SPEAKING
GARY W. MOORE

"He died full of light, love and gratitude," Toby writes. "Although he was in great pain, he kept his sense of humor, and he kept his joy. He was a model of how to live, and how to die. I will forever try to be like him."

I've led a blessed and full life ... a big life. I've been fortunate in more ways than I can count, and I'm grateful for the many ways I've been blessed.

I think of you as a beautiful blessing in my life. The privilege to write to you every week has been an honor. So many of you have written me about my columns, and I've been grateful for each word. I've had the privilege to meet some, but for most, our relationship is through this column. That has not hindered the friendship I feel and my gratitude for you.

If you are a regular reader of my column, you know I was diagnosed with Stage 4 Gastric Cancer in mid-February 2020 and given nine to 12 months to live. Along with my incredible Oncologist, Dr. Pashtoon M. Kasi, at the Holden Comprehensive Cancer Center at the University of Iowa, we have fought this cancer with everything we have. It has at times been a fun battle with Dr.

Kasi at my side, but as I've written many times before, there are a few diagnosis that a positive fight cannot overcome. It appears my battle with stomach cancer is one of them. So, this is my last letter to you in the form of my column, Positively Speaking.

To this newspaper, Managing Editor and Publisher, I want to thank you from the bottom of my heart for the privilege of serving you and your readers. The fact you believe, as I do, that positive, uplifting, and encouraging content are essential for your community speaks volumes about you. Thank you for publishing my weekly column.

I've penned this column in anticipation of the day I can no longer write to you. I have passed the torch to my son, Toby Moore, a writer, actor, CEO, and now a columnist. Toby has instructions to send this column for publication upon my death.

So thank you for reading Positively Speaking. I hope you continue. I pray that my words have made a difference and positively impacted your life. I encourage you to be the light in the darkness.

So, here is where it comes to an end. May God bless you and yours. I wish you nothing but happiness and joy.

Warmest and kindest regards,

From your optimistic friend,

Gary

HOME IMPROVEMENT HEADQUARTERS

To advertise in this directory the 2nd and 4th weeks of the month, please call June at 508-909-4062 or email jsima@stonebridgepress.news. It's the best deal in the house!

Fairlawn Church hosting Bike Rodeo for Kids

WHITINSVILLE — A Bike Rodeo for Kids is planned for Saturday, Aug. 7, from 10 a.m. until noon in Fairlawn Christian Reformed Church's parking lot.

This annual event is a highlight for many in the neighborhood, as kids gather to compete in a number of fun and challenging courses, as well as short-distance races, for the the fastest and slowest riders in different age categories. (Riding a bike slowly is harder than you think!)

Part of the morning's event is dedicated to bicycle safety, an excellent presentation provided by a member of the Northbridge Police Department. Come for a fun time and light lunch. Kids (through 5th grade) need to bring their own bikes and helmets, and they should be accompanied by a responsible adult. Questions? Call the church office at 508-234-2838!

Fairlawn Church is located at 305 Goldthwaite Rd. in Whitinsville.

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OBITUARIES

Richard F. Lajoie



Richard F. Lajoie passed away suddenly on July 11, 2021, at his home in Helena, Montana. His loving wife Joan, stepdaughter Tanya and her partner Elton were by his side.

Richard (Rick) was born on August 16, 1947, at Whitinsville Hospital in Massachusetts to the late Sophie (Podzycki) and Alfred Lajoie. Rick is pre-deceased by his

father Alfred Lajoie, his mother Sophie (Podzycki) Lajoie, a brother Daniel Lajoie and son Richard J. Lajoie. He is survived by his wife Joan, a sister Maria Lajoie of Douglas, Massachusetts, brother Peter and wife Diane of Northbridge, Massachusetts, son Jonathan Lajoie and wife Lesley of Whitinsville, Massachusetts, his stepdaughter Tonya Mushero and partner Elton Jaros, of Montana, stepdaughter Stephanie Deane of Maine, three grandchildren, Brianna Libbey-Lajoie, Tyler Lajoie, Dylan Lajoie, and

step-granddaughter Katelyn Lyford.

Rick was a 1965 graduate of Uxbridge High School. He enlisted in the U.S. Navy on August 12, 1965. He served on the USS Valcour for two years and traveled to Saudi Arabia, India, and Africa. After returning from duty, Rick spent time on the USS Yosemite out of Newport, Rhode Island. On August 15, 1968, Rick received an honorable discharge from the Navy. In 2002, Rick retired from the U.S. Postal Service after a long and dedicated career.

Rick was a passionate outdoors-

man and enjoyed taking mini excursions with his wife Joan throughout Montana. He loved to spend time fishing and woodworking. Rick enjoyed making birdhouses and could often be found tinkering in his workshop.

At the family's convenience, a private graveside service will be held at Saint Mary's Cemetery in Uxbridge.



BVT ANNOUNCES THIRD-TRIMESTER COMMENDATION LIST

UPTON – Superintendent-Director Dr. Michael F. Fitzpatrick has released the Commendation List for the third-trimester of the 2020-2021 academic school year at Blackstone Valley Regional Vocational Technical High School.

To be named to the Commendation List, students must meet rigorous standards that include maintaining a grade point average of 88 percent or above in each technical, related, and academic course for the trimester.

Students are listed by grade level, hometown, and alphabetically by their last name. To view the complete list, visit the school website at www.valleytech.k12.ma.us/3tcommendationlist.

Seniors (Class of 2021)

Blackstone
Jada-Jane Chapman, Automotive Technology; Erin Diehl, Cosmetology; Avry Guilbert, Painting & Design Technology; Jenna Kearnan, Culinary Arts; Victoria Lemieux, Health Services; Kaylie McDevitt, Cosmetology; Sean Tasker, Electronics & Engineering Technology; and Rosa Walrath, Painting & Design Technology.

Douglas
Jessica Brown, Health Services; Lily Courtemanche, Multimedia Communications; Giannah Downen, Health Services; Ryleigh Flansburg, Dental Assisting; Daria Hamelin, Multimedia Communications; Luke Morrison, Electronics & Engineering Technology; and Kaitlyn Zisk, Dental Assisting.

Grafton
Rebecca Ashmore, Electronics & Engineering Technology; and Audrey Karyabdi, Dental Assisting.

Milford
Bianca Sayuri de Oliveira, Advanced Manufacturing & Fabrication; Alaina Gobbi, Dental Assisting; Jacob Manor, Engineering & Robotics; Kaitlyn Manzi, Health Services; Christopher Mason, Engineering & Robotics; and Joseph Tutela, Culinary Arts.

Millbury
Evan Pariseau, Engineering & Robotics; Nicole Rannikko, Health Services; and Abigail Weagle, Health Services.

Millville
Aaron Canali, Electrical; and Hayley Vecchione, Health Services.

Northbridge
Emery Amtmann, Health Services; Haley Berkowitz, Cosmetology; Melanie Bisbee, Health Services; Meghan Griggs, Engineering & Robotics; Grant Houatchanthara, Information Technology; Kaitlyn McPherson, Cosmetology; Donna Ross, Health Services; and Matthew Trenholm, Engineering & Robotics.

Sutton
Emily Devine, Painting & Design Technology; Erin Fitman, Dental Assisting; Jenna Jennison, Culinary Arts; Ava Larocque, Dental Assisting; Hannah Limanek, Electronics & Engineering Technology; Blake Stone, Business & Entrepreneurship.

Upton
Lauren Flynn, Multimedia Communications; Susan Houskeeper, Advanced Manufacturing & Fabrication; and John Lemieux, Electronics & Engineering Technology.

Uxbridge
Jacob Constable, Electronics & Engineering Technology; Molly Curley, Health Services; Madison Gannon, Engineering & Robotics; Casey Goyette, Engineering & Robotics; Khushi Patel, Health Services; Caroline Sanford, Engineering & Robotics; and Ella Yaroshefski, Health Services.

Juniors (Class of 2022)

Blackstone
Madison Abrants, Painting & Design Technology; Allana

Atstupenas, Advanced Manufacturing & Fabrication; Kendra Atstupenas, Automotive Collision Repair & Refinishing; Isabella Bouchard, Health Services; Grace Buehler, Engineering & Robotics; Anna Claro, Information Technology; Leah Cook, Engineering & Robotics; Kaitlyn Goyer, Cosmetology; Katelyn Hanson, Health Services; Makala McQueston, Culinary Arts; and Mandolin Simpson, Engineering & Robotics.

Douglas
Sophia Aquilino, Health Services; Zoey Beahn, Construction Technology; Joshua Chrul, Automotive Collision Repair & Refinishing; Gabrielle Gallant, Construction Technology; Alexis Levesque, Dental Assisting; Sophia Payson, Advanced Manufacturing & Fabrication; Lindsey Provost, Health Services; Alyssa Schilling, Cosmetology; Tatiana Tyra, Construction Technology; and Bryan Wheeler, Engineering & Robotics.

Grafton
Meghan Alessi, Cosmetology; Emma Conkey, Heating, Ventilation, Air Conditioning & Refrigeration; Andrew Corbett, Engineering & Robotics; Noelle McDonald, Construction Technology; Celine Vaz, Information Technology; and Sofia Yitts, Culinary Arts.

Milford
Joel Awuku-Asante, Heating, Ventilation, Air Conditioning & Refrigeration; Jacob Brock, Drafting & Design Technology; Brianna Ferreira, Health Services; Connor Harrison, Advanced Manufacturing & Fabrication; Gianna Leet, Multimedia Communications; Benjamin Miano, Construction Technology; Megan Plante, Culinary Arts; and Cameron Schermerhorn, Electronics & Engineering Technology.

Millbury
Gabriella Brouillard, Health Services; Ava DiDonna, Health Services; Julia Drapeau, Dental Assisting; Madison Forget, Multimedia Communications; Aivril Krause, Health Services; Amy Lukowski, Multimedia Communications; Seth Moore, Electronics & Engineering Technology; Thomas O'Leary, Electronics & Engineering Technology; and Isabelle Shum, Health Services.

Millville
Myra Dehestani, Engineering & Robotics; Isabelle Hilditch, Painting & Design Technology; Logan Humphries, Plumbing; Camden Lafort, Information Technology; and Natalie Lambert, Culinary Arts.

Northbridge
Katelyn Barrows, Culinary Arts; Madison Colonna, Multimedia Communications; Kaia Dziekiewicz, Dental Assisting; Carmen Gray, Engineering & Robotics; Jonathan Hollenbeck, Heating, Ventilation, Air Conditioning & Refrigeration; Cullen Jacene, Engineering & Robotics; Olivia Lange, Dental Assisting; Brendan McIntyre, Construction Technology; Nicolas Petone, Drafting & Design Technology; Faith Sawyer, Health Services; Carolyn Schairer, Painting & Design Technology; and Bianca Silveira, Painting & Design Technology.

Sutton
Carley Capobianco, Multimedia Communications; Gwyneth Dube, Health Services; Sarah Grant, Multimedia Communications; Camilla Moroney, Health Services; Coryn Myette, Drafting & Design Technology; Kaitlyn Reed, Health Services; and Emily Westbury, Health Services.

Upton
Emma Ballard, Health Services; Kelli Konieczny, Multimedia Communications; and Rachel May, Engineering & Robotics.

Uxbridge
Amber Ells, Painting & Design Technology; Quentin Garille, Heating, Ventilation, Air Conditioning & Refrigeration; Nolan Holt, Culinary Arts; Riley Holt, Engineering & Robotics; Aisha Lutwama, Culinary Arts; Robert Mellen, Engineering & Robotics; Adam Pratt, Engineering & Robotics; and Lia Zajas, Multimedia Communications.

Sophomores (Class of 2023)

Blackstone
Mason Baldini, Engineering & Robotics; Evan Bouvier, Multimedia Communications; Daniel Cardone, Electronics & Engineering Technology; and Sophia Mazzuchelli, Advanced Manufacturing & Fabrication.

Douglas
Katelin Carlson, Health Services; Brady Courtemanche, Drafting & Design Technology; Kyle Forget, Engineering & Robotics; Brooke Lukasevich, Health Services; Megan Roe, Multimedia Communications; Brett Staples, Electronics & Engineering Technology; Julia White, Cosmetology; and Samantha Yanis, Painting & Design Technology.

Grafton
Jordyn Carroll, Health Services; Juliana Errara, Health Services; Hailey Lutjelusche, Engineering & Robotics; Noah Mariano, Engineering & Robotics; Owen Mathieu, Heating, Ventilation, Air Conditioning & Refrigeration; and Henry Warfield, Electronics & Engineering Technology.

Milford
Jack Abbiuso, Information Technology; Jaclyn Bader, Engineering & Robotics; Zachary Barnes, Information Technology; Logan Betti, Information Technology; Jason Cardente, Electronics & Engineering Technology; Colin Chambless, Engineering & Robotics; Thays De Assis, Drafting & Design Technology; Mayra Desousa, Health Services; Jake Ferreira, Engineering & Robotics; Marcella Ferreira, Construction Technology; Lauren Gobbi, Dental Assisting; Ana Guaman, Construction Technology; Matthew Hynes, Advanced Manufacturing Technology; Allison Kee, Health Services; Rillary Madruga Ferreira, Engineering & Robotics; Ashley McIsaac, Heating, Ventilation, Air Conditioning & Refrigeration; Arianna Morese, Multimedia Communications; Lyanna Pimentel, Multimedia Communications; Lily Rice, Multimedia Communications; Joshua Schorn, Culinary Arts; and Jocelyn Stein-Drago, Health Services.

Millbury
Ally Johnson, Engineering & Robotics; Brooke Maguire, Health Services; Jayden Rodrigues, Drafting & Design Technology; and Natalie Rutkiewicz, Cosmetology.

Millville
Matthew Alves, Engineering & Robotics; and Benjamin Craven, Plumbing.

Northbridge
Vanessa Calles, Drafting & Design Technology; Jackson Doan, Drafting & Design Technology; Jenna Dolber, Multimedia Communications; Riley Driver, Electrical; Sam Grilli, Drafting & Design Technology; Maya Laydon, Construction Technology; Noah Malkasian, Electronics & Engineering Technology; and Emily Wildfeuer, Drafting & Design Technology.

Sutton
Samuel Judson, Drafting & Design Technology; Ryann Lombardi, Health Services; Aidan Mcgrail, Electronics & Engineering Technology; and Colin Medeiros, Electronics & Engineering Technology.

Upton
Julia Bern, Construction Technology; Jack Dunham, Health Services; Sarah Flynn, Engineering & Robotics; Bradley Lyon, Drafting & Design Technology; Jason Nguyen, Dental Assisting; Kathleen Russo, Culinary Arts; Katelyn Steele, Engineering & Robotics; and Caitlin Walsh, Heating, Ventilation, Air Conditioning & Refrigeration.

Uxbridge
Carson DaCosta, Dental Assisting; Isabella Gannon, Advanced Manufacturing & Fabrication; Riley Goyette, Engineering & Robotics; Maxwell Guyton, Engineering & Robotics; Autumn Herrick, Electrical; and Jayda Paxton, Painting & Design Technology.

Freshmen (Class of 2024)

Blackstone
Parker Guilbert, Cosmetology; Brandon Labonte, Heating, Ventilation, Air Conditioning & Refrigeration; Julia Matson, Plumbing; and Olivia Picanso, Multimedia Communications

Douglas
Laney Beahn, Engineering & Robotics; Mary Chrul, Health Services; Jack Dooner, Electronics & Engineering Technology; John Kearney, Engineering & Robotics; Matthew Phelps, Plumbing; Jonah Rosenkrantz, Advanced Manufacturing & Fabrication; Sorcha Twohig-Mann, Health Services; Chloe Vescio, Engineering & Robotics; and Logan

Visser, Heating, Ventilation, Air Conditioning & Refrigeration.

Grafton
Tyler Bell, Electronics & Engineering Technology; James Benoit, Electrical; Madison Collins, Painting & Design Technology; Lourenco DaSilva, Information Technology; Skyla Jack, Construction Technology; Ethan Keenan, Health Services; Soumith Madadi, Information Technology; Isaac Ortiz, Plumbing; Grant Purcell, Engineering & Robotics; Haleigh Reynolds, Dental Assisting; Lily Turcotte, Construction Technology; and Casey Wong, Engineering & Robotics.

Milford
Amelia Carr, Health Services; Giana Duquette, Painting & Design Technology; Igor Freeman, Engineering & Robotics; Benjamin Kinsella, Engineering & Robotics; Joseph Manzi, Electrical; Leah Neves, Construction Technology; Nelle Norris, Painting & Design Technology; Victoria Russo, Heating, Ventilation, Air Conditioning & Refrigeration; Emma Sanborn, Painting & Design Technology; and Lizmary Vidal-Sanchez, Dental Assisting.

Millbury
Nicole Boucher, Health Services; Ava Lawton, Engineering & Robotics; Madison Moore, Painting & Design Technology; McKenna Morin, Engineering & Robotics; Braelyn Piscitelli, Cosmetology; James Richert, Advanced Manufacturing & Fabrication; Isabella Rose, Health Services; and Emma Shum, Dental Assisting.

Millville
Trey Kovolyan, Electronics & Engineering Technology; Rene Marcotte, Plumbing; and Emily Saraidarian, Multimedia Communications.

Northbridge
Giovanni Biagioni, Electronics & Engineering Technology; Hailey Feehan, Painting & Design Technology; Landry Fitzgerald, Plumbing; Aiden Geary, Multimedia Communications; Yaliz Jimenez, Health Services; Izamar Laboy Villegas, Information Technology; Trysta Lamarche, Dental Assisting; Emily Legge, Health Services; Kayla Leppamaki, Engineering & Robotics; Ella Rogozenski, Engineering & Robotics; Mikaela Sadik, Multimedia Communications; Brandon Spiller, Electronics & Engineering Technology; and Adriana Tillison, Engineering & Robotics.

Sutton
Michaela Gledhill, Construction Technology; Christopher Gubbins, Construction Technology; Julianna Hawley, Multimedia Communications; Joshua Smerlas, Engineering & Robotics; and Macyn White, Construction Technology.

Upton
Matthew Gagin, Plumbing; Jacob Giancola, Engineering & Robotics; Robert Poirier, Heating, Ventilation, Air Conditioning & Refrigeration; Emily Reardon, Painting & Design Technology; Sierra Sherwin, Cosmetology; and Laith Shloul, Electrical.

Uxbridge
Yara Alomar, Health Services; Noah Cahill, Engineering & Robotics; Caitlyn DeLuca, Cosmetology; Tyler Fairweather, Heating, Ventilation, Air Conditioning & Refrigeration; Avery Herrick, Multimedia Communications; Makaylah Holzman, Engineering & Robotics; Trevor Horgan, Electronics & Engineering Technology; Jillian Lutton, Heating, Ventilation, Air Conditioning & Refrigeration; Grace Mathieu, Engineering & Robotics; and Joshua Thompson, Multimedia Communications.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, Blackstone Valley Tech creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.



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Our exclusive Fibrex material was **researched by Andersen** for 30 years before it was installed in even one home. **Our Fibrex material is twice as strong as vinyl.**

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0% INTEREST

FOR 1 YEAR¹

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SAVE \$725

ON EVERY ENTRY AND PATIO DOOR¹

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For J.D. Power 2020 award information, visit jdpower.com/awards. ¹DETAILS OF OFFER: Offer expires 7/31/2021. Not valid with other offers or prior purchases. Get \$330 off each window and \$725 off each entry/patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 7/4/2021 and 7/31/2021. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2021 Andersen Corporation. All rights reserved. ©2021 Lead Surge LLC. All rights reserved. ²Values are based on comparison of Renewal by Andersen® double hung window U-Factor to the U-Factor for clear dual pane glass non-metal frame default values from the 2006, 2009, 2012, 2015, and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables.

REAL ESTATE



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WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Real Nice Set on .68 Acres of Park Lake Grounds with 257' Waterfront! Over \$4 Million Spent! Nothing was Spared! 18 Spacious Rooms! 5 Water View Bedrooms, 4 with their Own Bathrooms! 5.5 Bathrooms Total! Brazilian Cherry Hardwood Floors, Grand & Spiral Stairways! Elevator from the Ground Floor up 3 to the Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bathroom with Steam Shower just off the Mirrored Exercise Room! Billiard Room! Media Room with Custom Cabinetry & Wet Bar! Fantastic Center Island Granite Kitchen with Viking Gas Range, Sub-Zero Refrigerator, 16' Butler's Pantry & Breakfast Bar! Open Floor Plan! Dining Area, Family Room with Cherry Entertainment Center & Wet Bar! Open Formal Dining Room, Fireplace Living Room & Atrium! Library with Private Deck! Waterfront Master Suite with Private Office, Bedroom with Triple Glass Door to its Private Deck with Panoramic Lake Views, 3 Walk-in Closets, Lake View Bathroom with Huge Multi-Head Shower, Whirlpool Tub, Double Vanity Sinks & Separate Commode/Bidet/Pedestal Sink Area! 16 Zones of Updated Geothermal Heat & Air Conditioning - 30 Tons! Recessed Lighting & Sprinkler System Through Out! 3 Car Heated Garage! Full House Generator! Slate Roof! All Decks & Railings Brazilian Ipe Hardwood! Copper Gutters & Downspouts! It's Time to Reward Yourself! **\$1,999,900.00**

DUDLEY WATERFRONT! 14 Elizabeth St! Sought After Merino Pond, AKA High Pond! Full Recreational - All Water Sports and Activities! Your Kids will Love the Sandy Beach! 7 Rm Colonial! First Floor Features a Spacious Eat-in Country Kitchen w/Tons of Cabinet Space, Plenty of Room for a Huge Dining Table, Island w/Lunch Counter, Laundry Closet, Pantry Closet & Entry Closet! Comfortable 13 X 26' Living Rm! Possible Office or Bedroom off the Kitchen! Full Tile Bathroom! Second Floor w/4 Possible Bedrooms, 2 w/Water Views! Convenient Second Full Bathroom! Full Storage Basement! 2 Zone Oil Baseboard Heat! Town Services! **\$379,900.00**

SUTTON - 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/ Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Super Easy Access to Rte 146! **\$549,900.00**



DUDLEY - 10 Camelot Circle 9 Rm, 4 Bdrm, 2.5 Bath, 2,520' Center Hall Colonial featuring an In-Ground Pool on a 28,131' Lot! Tile Entry Foyer w/ Guest Closet! SS Appliance Granite Kit w/Breakfast Bar, Spacious Dining Area, Tile Flr, Pantry Closet, Recessed & Pendant Lighting! Formal Din Rm w/Hrdwd Flr & Chair Rail! Formal Liv Rm w/Crown Molding! 13.6X27' Fam Rm w/Fireplace w/Wood Pellet Insert, Soaring Cathedral Ceiling, Ceiling Fans & Skylight! Half Bath! 3 Season Porch! 1st Flr Laundry! The 2nd Floor w/4 Bdrms! Spacious Master w/Walk-in Closet & Full Bath w/Dble Granite Vanity! Full Hall Bath w/Dble Vanity! C/Air & Vac! 2 Car Garage! Fire Pit! Many Updates! Original Owner - Pride of Ownership! **\$509,900.00**

WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rooms, 6 Bedrooms, 4 Bathrooms, 3,269' AC'd Colonial! Custom SS Appliance Granite Kitchen! Formal Dining Rm w/Cherry Hardwoods! Lake Facing Living Rm w/Cathedrals, Cherry Hardwoods! Slider to Waterfront Deck! Spacious 1st Flr Master Bedroom w/Full Bath, Cherry Hardwoods & Walk-in Closet! Fireplaced Lower Level Family Rm! 1st & 2nd Floor Laundries! 2 Car Garage! **\$979,900.00**

WEBSTER LAKE - 305 Beacon Park! Lake View 1,280' 5 Rm Townhouse - 10 Acres Park Lake Grounds w/Panoramic Lake Views! Yr Round Living or as 2nd Home - Summers on the Lake - Winters in Florida! Move-in Condition! Appliance Kit! Din Rm w/Slider to the Composite Deck! Frplc Liv Rm w/Wall to Wall Carpeting & French Dr to the Deck! Updated Half Bath! Spacious Master w/Wall of Closets & Full Bath w/Recent Sky Light! 2nd Bedroom w/Wall to Wall Carpeting & Full Bath just outside its Door! 2 Bdrms & 2.5 Updated Baths! Garage w/Opener! Lakeside Heated Pool & One of the Best Sandy Beaches on the Lake! Canoe Rack! Rented Boat Dock through 2022, Longer Possible! Great Fireworks Viewing! **\$335,000.00**

WEBSTER LAKE - 504 Treasure Island! 6 Room Townhouse Overlooking the Pool! 1,874 Sq Ft! Stainless Steel Appliance Granite Kitchen! Open Floor Plan! Dining Room - Full Mirrored Wall - Sliders to the Trex Deck! 2 Bedrooms! Master Bath! 2.5 Baths! Fireplaced Family Room! Garage! Central Air! Gas Heat! CVac! 2 BOAT SLIPS! Sandy Beach! Complex Recent Siding & Roof! **\$389,900.00**



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Webster - 23 Emerald Ave.
EXTRAORDINARY FIND! Beautiful 2 Family! Owner occupied with pride and it shows. IDEAL property for YOU! 3,012 SF +/- 12 Rooms, 6 Bedrooms, 2 Updated Full Baths. 2 Modern BEAUTIFUL Kitchens w/UPSCALE Cabinets, 2nd Flr has GRANITE Countertops! High Ceilings & HARDWOOD Floors! Grand Front Entry! LARGE WELL MANICURED 13,525 SF LOT. 3 CAR DETACHED GARAGE! Municipal Water & Sewer, 2 Oil Heating Systems, Radiators. 1st flr Hot water by Natural Gas. **\$439,900.**

June Cazeault * Laurie Sullivan * Matthew Ross * Lori Johnson-Chause * William Gilmore II * Brian Bohenko

WATERFRONT THOMPSON - BECOLA RD
SORRY, SOLD!
5+ Acre Waterfront Land on "Little Pond/Schoolhouse Pond. Private Setting. Open Field. 250+ feet Waterfrontage. Dead end road!
\$179,900

FEATURED NEW LISTING - WEBSTER - 22 ELAINE STREET
Bonnets Acres - Beautiful Residential Neighborhood! 3 bedroom Ranch, Hardwoods, cabinet packed kitchen! Tile bath, partially finished lower level! 20' X 12' deck! Garage! all on a nice level lot. Private well plus town water & sewer! A must see.
\$269,900.

FEATURED NEW LISTING - WEBSTER - 135 LAKE STREET
ON DEPOSIT
2 THUMBS UP! A RARE FIND! A TRULY ABOVE AVERAGE-TOP NOTCH-HIGH QUALITY-TWO FAMILY! SPACIOUS, CLEAN, UPDATED & EXTREMELY WELL MAINTAINED! Apts 2 - 1,536 SF +/- & 3 BRs on the 2nd Flr. Apt# 1 - 1,290 SF +/- & 2 BRs on the 1st floor. Perfect setup for the INLAWS or MORTGAGE HELPERS. 1st Flr. HWBB By Oil, 2nd Flr apt. HWBB by natural gas. Spacious Rooms, High Ceilings, impeccable hardwood flrs & solid doors, granite tops, laundry hookups in ea. unit. Incredible Common Areas to Enjoy like the L-Shaped Covered Farmers Porch! Level Lot!
\$399,900.

PUTNAM CT - 89 PERRY ST UNIT# 250
ON DEPOSIT
Heritage Pines Condo Town House - Everything one would expect and then more! 4 bedrooms, 3.5 baths, all Hardwood floors, granite, stainless steel appliances, central air, 2 decks, 2800 sq ft +/- of finished living area, and so much more!
\$319,900.

WEBSTER - 99 UPPER GORE ROAD
SORRY, SOLD!
Location! Scenic Upper Gore! "BIRDS EYE VIEW" of Webster Lake! Spacious Tr-Level. 2,279 sq. ft., 4 BRs, 1 full Bath, 2 half baths. Inground pool. 2 Car Garage
\$275,000.

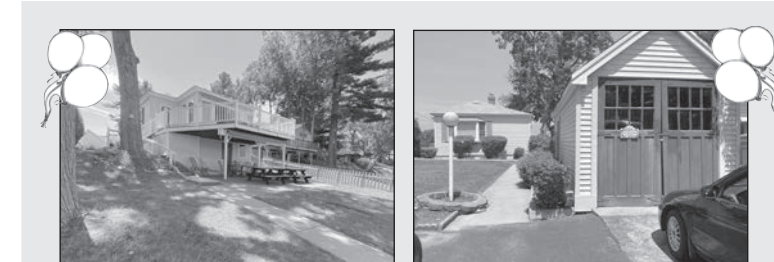
STAMFORD CT - 57 BARHOLM AVENUE
SORRY, SOLD!
Beautiful Stone faced, 8 room Colonial, 4 bedroom, 3 Full baths, one Half bath. Stone fireplace, 2236 Sq. Ft. living area. Walk up attic. 2 car garage. Heated by Natural Gas, Town Water.
assisted sale **\$660,000.**

SHREWSBURY • 15 ABBEY LN UNIT 15
SORRY, SOLD!
Detached Condo Brand Spankin New - 2 Bedroom, 2 Bath, all Hardwood Flrs, Granite C-tops Throughout, Crown Moldings Raised panels, Chair rails PictureFrame Mouldings. Central air/Vac. High end Appliances Packed!
assisted sale **\$480,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS
Webster - Douglas Rd (Rte. 16) 26 ACRES on Sugarloaf Hill. 1000+/- ft of road frontage
SORRY SOLD! \$200,000
Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided!
\$89,900
Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE.
\$115,000.
Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **ON DEPOSIT! Each \$24,500.**

WEBSTER • 233 - 235 NORTH MAIN STREET
SORRY, SOLD!
large 3 Family- a rare find! 1st Floor spacious 2 bedroom apartment. 2 - 2nd floor, 3 bedroom apartments Walkout basement to off street parking.
\$289,900.

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



Webster Lake - 300 Killdeer Island
OPPORTUNITY KNOCKS! A WEBSTER LAKE waterfront property on Killdeer Circle, you won't want to miss! Offers a prime waterfront location! 64' of water frontage and a gently sloping landscape to waters edge. Crystal clear, sandy bottomed shoreline. Everyday is a new day at the Lake! Nicely arranged floor plan. 5 rooms 2 bedrooms, 2 baths! Walk out lowerlevel to nice size patio! Garage.
\$650,000.

WEBSTER - 401 TREASURE ISLAND CONDO
ON DEPOSIT
WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 end unit. Year round enjoyment! Quiet summers on big & beautiful Webster Lake! 6 Rooms Appliance Kitchen. Open Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Central Air! Central Vac! Very efficient natural gas heat & hot Water! 2 Boat Slips D10 & D11 in the Private Marina. Heated Pool! Natural Sandy Beach!
\$439,900.

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SZYMCZAK SELLS!
SOLD
Dudley: 2 baths, 3-4 Bedrooms, Family room, Country kitchen, Fenced in yard
2 Ellis St ~ **\$324,900**

Be Your Own Landlord
Dudley: 2nd floor unit will be vacant, formerly owners residence. Updated kitchen, bath, laundry. 3rd unit finished 8-10 years ago - modern kitchen and bath. 1st floor charming unit with natural woodwork. Off street parking.
42 Mill St ~ **\$359,900**

NEW LISTING
SOLD
Dudley: 2 baths, 3-4 Bedrooms, Family room, Country kitchen, Fenced in yard
2 Ellis St ~ **\$324,900**

NEW LISTING
Webster: 6 units, Sided, 50 year roof, 1 bedroom each unit, Large storage garage, Updated electrical, heating & plumbing
227 School St ~ **\$599,900**

REAL ESTATE

8 Property REO AUCTION
Selling Absolute or with Low Reserves
TUESDAY, AUGUST 3
E. Haven, CT: 1,390± sq. ft., 3BR, 1.5BA Home
Newtown, CT: 2,110± sq. ft., 3BR, 1.5BA Home
(2) Bristol, CT: Retail Store & Auto Shop
WEDNESDAY, AUGUST 4
Burlington, CT: Home Under Renovation
Simsbury, CT: 2.4± Acres Land
THURSDAY, AUGUST 5
Johnston, RI: Comm./Office with 3 Apartments
Millville, MA: 32.5± Acres Land
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This 4 BR Custom Cape features 2.5 baths, 1st level master, walkout bsmt, 2-car garage, vinyl siding, 1+ acre lot on dead end street. TERMS: A \$5,000 deposit shall be paid in cash or bank cashier's check by the purchaser at the time and place of sale. The balance to be paid within 30 days. Other terms to be announced at the sale.
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BIRDS
continued from page A1

always an increase in reports of dead birds "at this time of the year" due to natural high mortality rates of young birds. However, residents should still report any observations of sick or dead birds with unknown cause of mortality as a precaution.

Please email reports to mass.wildlife@mass.gov and include location, number and species of birds, symptoms observed, and any photos, officials said.

As another cautionary measure, MassWildlife and Mass Audubon are also recommending the public to stop using bird feeders and bird baths at this time.

"Birds congregating at bird feeders and bird baths can transmit diseases to one another," officials said.

MassWildlife, as well as other affected states, recommend that residents cease feeding birds until this wildlife morbidity/mortality event subsides, clean feeders and bird baths with a 10 percent bleach solution (one part bleach mixed with nine parts water), rinse

with water, and allow to air-dry, and avoid handling birds unless necessary.

"If you do handle them, wear disposable gloves and wash hands afterwards," MassWildlife released. "If picking up a dead bird, place an inverted plastic bag over your hand to avoid direct contact with the bird. To dispose of dead birds, place them in a plastic bag, seal, and discard with household trash or alternatively bury them deeply."

Also, wildlife officials said to keep pets (including pet birds) away from sick or dead wild birds as a standard precaution.

"At this time of year, birds are able to find plenty of natural foods on the landscape without needing bird seed. MassWildlife advises that seed from bird feeders can draw the unwanted attention of squirrels, chipmunks, turkeys, mice, rats, and even black bears," wildlife officials said. "Wild animals that become habituated to human-associated foods like bird seed can become a nuisance, spread disease, and cause problems."

More information can be found online at Mass.gov/MassWildlife.

SCAM
continued from page A1

that someone had stolen checks and issued checks in the amounts of \$4,300, \$577.80, \$280.00 and \$1,000 to various people," Lewos said.

An investigation occurred and policed learned that the suspect had stolen the checks to pay people that he owed

money to, according to Lewos. The Pawtucket Police Department had their own investigation going as one of their residents had received checks from the suspect, which subsequently bounced due to insufficient funds from the Millbury resident.

The case is still ongoing, and there is a warrant out for the suspect,

according to Lewos, which is extraditable in the New England states.

"We believe he is somewhere in Maine," Lewos said, adding that with the suspect "out of state," he believes Central Mass. residents are "safe from being scammed by T&R Landscaping."

DAY CARE
continued from page A1

He offered, "We are incredibly grateful for God's blessing on Precious Ones, and we look forward to being able to meet the childcare, preschool and school age needs of the families in the communities that we serve."

The mission of the Blackstone Valley Chamber of Commerce is to promote the economic vitality of the Blackstone Valley, meet the needs of the Chamber's business members, while providing leadership on issues which impact the economy and quality of life in the Valley.

NORTHBRIDGE
continued from page A1

self over to police and was arrested on a warrant for Breaking & Entering in the Daytime for a felony.

Investigation revealed that Fonfrias-Soto had entered the residence "for the purposes of meeting someone," police said.

"Fonfrias-Soto was led to the residence by someone he believed to be a female that he recently met on social media app 'Snapchat,'" the department released in a statement. "After remaining inside the residence for approximately 15 minutes, he realized he was being scammed/mislead and he left the residence."

Fonfrias-Soto apparently turned himself in to Northbridge Detective

Sgt. John Ouillette and Officer Tyler Mitchell at approximately 3 p.m. on July 13.

Fonfrias-Soto was held at the Northbridge Police Department on cash bail until his release/appearance in Uxbridge District Court on July 14.

Labrie added that the circulation of videos and photos helped in the investigation, thanking "all the media sources for their assistance."

"Their assistance led to an anonymous tip, which ultimately led to the positive identification of Mr. Fonfrias-Soto," the department added.

This matter was investigated by several members of the Northbridge Police Department, with assistance from the Worcester Police Department, police said.

Fattman to host Back-to-School Movie Night

SUTTON — State Senator Ryan Fattman (R-Sutton) and his family announced that they are hosting a Back-To-School family movie night at Waters Farm in Sutton on Friday, Sept. 10, starting at 6 p.m. with roasting marshmallows. The address is 53 Waters Rd., Sutton.

This event is open to families in all the towns of the Blackstone Valley, and it is sponsored by Ryan and Stephanie Fattman and Waters Farm. The featured movie will be Disney's "Raya and the Last Dragon." The event is intended to celebrate the waning days of summer by gathering community at a local historical icon. Families are invited to attend and to bring their own seating. Other items for the event such as marshmallows and a fire will be provided.



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GARDEN MOMENTS
.....
MELINDA MYERS

when harvesting and storing to avoid crushing the delicate fruit. Chill any uneaten berries within two hours of harvesting to preserve the freshness and flavor. Wait to wash berries until right before use to further lengthen their

Pick raspberries when the fruit is firm but soft, deeply colored, and easily slides off the hard core. Check your raspberry patch and harvest every few days to avoid overripe fruit that attracts picnic beetles and other pests. Consider wearing long pants and a long sleeve shirt for protection against the thorns and mosquitoes. Place berries in shallow containers

storage life.

Once the summer harvest is complete, it is time to do a bit of pruning. Remove the canes that bore the summer fruit back to ground level. These canes will not form fruit in future years. Removing them now gives new canes room to grow and reduces the risk of disease.

This is also a good time to check all canes for signs of disease problems. Look for sunken and discolored areas, cankers, and spotted, yellow or brown leaves. These symptoms along with dry crumbly fruit are clues disease, like anthracnose and spur blight have moved into your raspberry patch. Remove and destroy diseased canes to ground level as soon as they are found. This is often enough to manage these diseases.

Summer is also a good time to thin the remaining canes on summer bearing raspberries. Remove weak or damaged canes, leaving three or four of the sturdiest per foot of row or six or eight stems per hill when growing in the hill system.

Wait until next spring to reduce the height of the remaining canes. At that time, you can determine winter dieback and damage and prune accordingly.

Fall bearing raspberries are handled a bit differently. Prune them like the summer bearing raspberries to harvest two crops in one season. Often called everbearing, these produce a summer crop on second year canes and fall crop on first year canes.

Make pruning easier and benefit from an earlier, larger fall harvest by managing fall bearing raspberries with one pruning. Cut or mow all the canes to ground level once the plants are dormant and before growth begins in spring. This pruning technique eliminates the summer crop but is much easier, less time consuming, and eliminates any animal and winter damage in just one cut.

Consider planting a summer and a fall bearing raspberry patch to maximize the harvest. You'll enjoy summer raspberries from one planting plus a larger, earlier harvest from your fall bearing raspberries when pruning all



Melinda Myers

Raspberries are ready to pick when the fruit is firm but soft, deeply colored, and easily slides off the hard core.

the canes to ground level each year.

Grab your favorite berry harvest basket, dress appropriately and head to your raspberry patch. With every bite of fresh-from-the-garden raspberry or homemade raspberry treat you will be glad you took the time to plant, tend and harvest your own.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her Web site is www.MelindaMyers.com.

Local students graduate from Elms College

CHICOPEE — College of Our Lady of the Elms celebrated its 90th Commencement exercises on Saturday, May 15.

Elms College conferred 311 undergraduate degrees and 91 graduate degrees, including Joshua Keaton of Northbridge, who was awarded a Bachelor of Arts in Management.

About Elms College

Elms College is a co-educational Catholic college offering a liberal arts curriculum that prepares students holistically for a purposeful life in a diverse and interconnected world. Founded in 1928 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.

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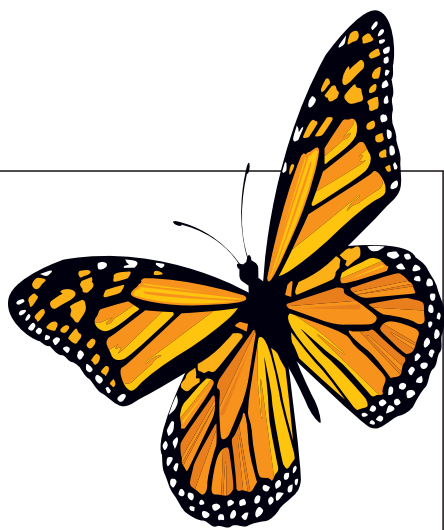
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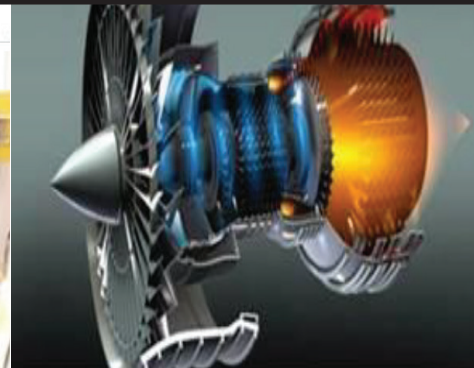
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