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Friday, November 2, 2018

Dudley-Charlton district sees smooth first quarter

SCHOOL COMMITTEE URGED TO KEEP BUDGET ON TRACK

BY JASON BLEAU

ILLAGER CORRESPONDENT

With the first quarter of the 2019 fiscal year in the books things look to be in check for the Dudley Charlton Regional School District, but school officials are being urged not to rest on their laurels.

During a meeting of the Dudley Charlton Regional School Committee on Oct. 24 Director of Finance and Operation for the district Richard J. Mathieu informed committee members that while operations are going smoothly throughout the district and the Proposition 2 ½ override approved by taxpayers has helped the committee needs to keep a close eye on expenses especially those funds that needs to be replenished on an annual basis.

"We have added a number of staff and that certainly has stretched our payroll budget to the point where we are using circuit breaker monies to help support that for this year. We also

have some pending special education expenses that are likely to hit our books and become official," Mathieu told the committee. "It's important to remind the School Committee and everyone that our financial model, did not change as part of the override. Even though the override was fantastic and successful, we have to remember that the override was an override of survival. It

Please Read **DISTRICT**, page **A5**



Gus Steeves photo

Jennifer Longsdorf explains how a bat house works to an attendee of her recent talk at Norcross Wildlife Sanctuary.

'Bat girl' debunks bat myths, urges protection

BY GUS STEEVES STONEBRIDGE CORRESPONDENT

People who are occasionally surprised by a bat zipping by at head height in Southbridge Town Hall or anywhere else indoors should take comfort in the fact they might be seeing evidence of evolution in action.

Specifically, the bat is probably either a little or big brown bat, according to MassWildlife's bat program coordinator Jennifer Longsdorf, who describes herself

as "bat girl." If it's a little brown bat – and only a specialist can really tell the difference – it's one of the state's tiny percentage of survivors of white nose syndrome, which has killed off more than 99 percent of the species in Massachusetts since 2009.

The disease is a fungus that "grows in cold, dark environments with really high humidity" — exactly the kinds of caverns the smaller bats hibernate in each winter,

she said. "It causes them to wake up [in mid-winter] and use their precious fat reserves too quickly" by flying around to seek food when there isn't any.

The fact bats mostly have only one pup a year, and they take about six years to mature, means the species has a hard time recovering from such a die-off. But Longsdorf noted scientists have seen some very slow recovery; at one site

Please Read **BAT GIRL,** page **A10**



Jason Bleau photo

Aria of Charlton walks down the Yellow Brick Road during the Trunk or Treat event last week. More photos pages 6 & 7.

Town making progress on Buffumville well project

BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – For some time now the town has been exploring the possibility of creating a town public water supply well on property along the Buffumville Lake. During a recent meeting of the Board of Selectmen more light was shed on this project by Water & Sewer Superintendent Peter Boria, who explained the original concept for the well has evolved.

To examine the viability of a town well, two different wells were drilled

on the Buffumville Lake property being considered by the town, but Boria said that only one proved to be viable. They did several pump tests which revealed that the idea of having a single well might not be feasible.

might not be feasible.

"The results of the second pump test were marginal still. What it told us is that we won't be able to place just one large well to get a decent amount of water from the ground in that area,"

Please Read WELL PROJECT, page A5

Charlton asked to join rural communities coalition

BY JASON BLEAU ILLAGER CORRESPONDEN

CHARLTON – Representatives from Rural Commonwealth, an organization seeking to strengthen Massachusetts' 170 rural communities by developing a coalition of sorts and improving commu-

nication, has sought out support from the town for their efforts to change legislative policies as they apply to state-owned land.

The Board of Selectmen read a memo into the minutes during a meeting on Oct. 23 from Beth Bandy, the co-director of Rural Commonwealth, seeking the town's vote of support to change policies concerning the "meager" payments made to communities for state owned land. According to her memo, 75 municipal leaders and 35 other small

Please Read CHARLTON, page A14



VETERANS APPRECIATION EVENT

Open to Southbridge, Sturbridge and Charlton Veterans of any US Military Branch

Wednesday, November 14, 2018 at 8:00 AM Southbridge Hotel and Conference Center, Southbridge, MA RSVP by Leaving a Message: (508) 765-2109 by November 8th

Reader Share Tips & Tricks

As we batten down the hatches in anticipation of the chilly season, it's time once again to take a peek into the email box and snail-mail bag to find out what strategies and solutions readers are eager to share. From cleaning graffiti to preserving memories, this month's column features an interesting array of tips and tricks to make life a little easier!

This prep tip literally cuts the chore of chopping squash down to size!

I finally have a day off and am getting some items on my list crossed off, and this is one of them:

Here is a hint someone told me regarding squash. I am not a cook so when I received a squash from a friend's garden she told me this tip:

Before cutting the squash, place in microwave for three to five minutes (depending on size). This will soften the squash just enough to cut it without any

MC

Sturbridge

No bones about it, this granny's hint ensures a safe and delicious mealtime for youngsters:

While caring for my grandchildren I worried about all the small bones when making turkey soup.

I solved the problem by buying a lingerie wash bag. I then placed the carcass of the turkey in the washed bag and zipped it up. Place it in the pot, cover with water and cook over medium heat for one hour. Always check the water level. After one hour, place vegetables in the pot and cook for the desired time. Lift the bag out of the pot and onto a cookie sheet with sides. Cool and empty contents of bag onto the cookie sheet. Pick out your meat - no bones, no worries. Add spices if wanted. Wash bag and save for another soup.

Barbara Lariviere

Holden

This reader's tip makes preserving

TAKE THE HINT

KAREN TRAINOR

My husband and I have started to clear out family items that have been stored away for quite some time. Some items go back to our parents and grandparents, etc. Now when we part with something

memories a snap(shot)!

to our family member, we make out a card stating who it belonged to, and any story behind it. The card is put with the item and a picture is taken of it. This way, they can then put the pictures on a disc or on the computer for future reference.

Over time, some information has unfortunately been lost or forgotten. If you inherit something or value something you have, my suggestion is to do this now, so the history of the item will not be lost, and future generations will not be left guessing.

Barbara Lifer

Webster

A loyal reader offers two very different repurposing tips:

Vandals had spray-painted and defaced state park trail areas with spray paint last night. I have had good luck with this solution, so if you get graffiti at your home, especially on vinyl siding, try using oven cleaner. Just spray it on as per directions and rinse. Even in remote areas in a park, during a cleanup effort we were able to remove graffiti from rocks (sometimes two treatments) and rinse with jugs of water we carried in.

Next...the ceramic bird bath bowl lost its battle with last year's freezing, so this summer I glued an old hand painted enamel soup pot that I just couldn't part with on the pedestal. I placed some small stones in the bottom and keep it partially-filled so pollinators and others can drink without getting their wings wet which keeps them from flying or even possible death. Pollinators need shallow areas to get water. I love looking out into the garden at that bird and pollinator bath and know that old steel pot will withstand winter's forces.

WIN THANKSGIVING DINNER

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STUDENT ACHIEVEMENT

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of 2021 majoring in biology.

distemper vaccinations: \$5; microchip: \$20.

Viola Bramel

Rte. 20 Charlton.

Northbridge

Take the hint - share a hint! That's the premise of this reader's submission (which was sent in last year and recently rediscovered):

A few weeks ago, your column had a lot of hints for a workshop. Since my brother who now resides in Florida, spends countless hours weekly in his workshop, I knew he would enjoy it so I mailed it to him. I was right, he thoroughly enjoyed it and gave me a couple of hints he thought some of your readers might find helpful:

The first is to fasten a yardstick to the front of his workbench to measure things like small screws, nuts, bolts, etc.

The second is to fasten an auto cargo net to the front of his workbench to put things he uses often; they are very visible ad easy to access.

Carol Girardin

Webster

Prize Winner

Congratulations to Carol Girardin of Webster whose name was drawn for dinner for two at the Publick House. She submitted the workshop tip above.

** Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint! C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

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Winter Car Care Tips: Keep Your Vehicle in Peak Condition During Frigid Weather

Don't let cold temperatures wreak havoc on your car!

Install Snow or All-Season Tires on Your Vehicle

Since your tires are the only four points of contact your Ford has with the pavement, it's essential that you have the best traction possible once the weather starts to change. Winter and All-Season tires have deeper, thicker treads installed in them, allowing you to rip through snowy conditions much easier!

Top Off All Fluids

Since winter is always accompanied by colder weather, it's integral that your vehicle is filled up with washer and transmission fluid, gasoline, oil and all others. This way, your pipes and hoses are much less likely to freeze over and you'll get much better performance out of your daily drive.

Make a Winter Emergency Kit

If by some circumstance you get stuck in the snow, we can't stress enough that you have a devoted winter safety kit in your car at all times. We recommend the following if you find yourself in a stressful situation:

- Flashlight
- Blanket, gloves, hat, etc. To keep yourself warm
- Ice scraper, brush, and shovel
- Kitty litter or salt (to melt ice or snow around your car)
- Non-perishable snacks

With your Ford model equipped with these, you'll minimize the risk of potential danger and keep safe as you seek help!

Contact our service team at Place Motor, Inc If you need any maintenance or service done on your Ford vehicle to prepare for winter, feel free to contact us here at Place Motor Inc. Our factory-trained technicians are certified to work with all Ford models, and we'll get you back out on the road with peace of mind no matter what lies ahead.

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CAHRLTON CAPSULES

Charlton Lions will hold a Meat Raffle Saturday, Nov. 3 noon - 4 PM at Zorba's,

Friends of Charlton Animal Shelter host a rabies and microchip clinic Saturday,

Bay Path Education Foundation Santa Claus Pancake Breakfast at Bay Path

MANCHESTER, NH — Saint Anselm College has released the Dean's List of high

academic achievers for the second semester of the 2017-2018 school year. To be eligible for this honor, a student must have achieved a grade point average of 3.1 or better in the semester with at least 12 credits of study which award a letter grade. A total of 729 students representing 22 states received this honor. Mark W. Cronin,

dean of the college, announced that the following students have been named to the

Dean's List for the spring 2018 semester from Charlton Alexandra Schumaker class

High School, 57 Old Muggett Hill Road, Charlton on Saturday, Dec. 8 7:30-10:30 am.

Free 5" x 7" photograph with Santa by Casson-Foster Photographers. Tickets are

Nov. 3 10 a.m.-noon at the Charlton Town Hall, 37 Main St. Rabies vaccinations: \$5;

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The Charlton Villager (USPS#024-954) is published weekly by Stonebridge Press, Inc., 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to Charlton Villager, P. O. Box 90, Southbridge, MA 01550.

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CHARLTON

\$424,900 44 Smith Rd, Burke, James M, and Burke, Elaine M, to Iwanicki, Katherine E, and Pakaluk, John H.

\$265,000 6 Laurie Ln Deutsche Bk Natl T Co Tr, to Osabutey, Risi.

\$255,500 77 Old Worcester Rd, Obara, Daniel, and Obara, Millissa, to Mcgrail, Robert, and Mcgrail, Celia S.

\$244,900 9 Sullivan Rd, Chevalier, Lynn, to Geselius, Karl, and Geselius, Lani.

\$196,000 332 Southbridge Rd, Gijinko Realty LLC, to Claffrey, Brenda S, and Gauthier, Joan M. \$165,000 85 Park Rd, Lismorris

LLC, to Ashe, Jennifer M. \$115,000 236 Burlingame Rd #F, Mcgrail, Robert F, and Torres, Celia S, to Clark, Vanessa.

\$110,000 16 Center Depot rd, Odgren, Stella, to Calley, Jeremy. \$49,000 5 Hannahs Way J, Dion Properties LLC, to Park, Jason.

Décor` competes between Halloween and Giving Tree



Sarah Champagne photo

Elaine Dupuis, Jeannette Kowalewski, Shirley Gaulin, Karola Daigle, Pat Trahan and Beverly Legacy prepare decorations for the Casaubon Senior Center's giving tree.

BY SARAH CHAMPAGNE NEWS CORRESPONDENT

The Casaubon Senior center is busy planning for the upcoming holiday season, including a Halloween bash to be held at the Southbridge Community Center and work on the center's first-ever "Festival of Giving Trees" tree, to be submitted to Notre Dame's annual community Christmas event. The theme of the Casaubon Senior Center tree will be Butterflies are Free, a tribute to those who have passed, with silver and gold decora-

In addition, the senior center's Halloween Harvest Festival will be held Wednesday, Oct. 31, from 1 p.m. to 3:30 p.m. at the community center, 153 Chestnut St. This event is not a luncheon like last year's Octoberfest, but refreshments will be served. Both a DJ and performer Nicole Portwood, of Maggie the Clown fame, will provide entertainment.

Costumes are not required, but they are encouraged. There will be cash prizes for the best costumes with

guest judges awarding \$100 for first place, \$50 for second place and \$25 for third place. The event is sponsored by S.A.L.T. - Seniors and Law Enforcement Together, which is a coalition of law enforcement agencies and senior centers in Southbridge, Sturbridge and Charlton

The event is free to seniors in Southbridge, Sturbridge and Charlton. Tri-Valley Elder Services will provide free transportation to and from the event. Southbridge seniors should call Tri-Valley to arrange a ride and R.S.V.P to the event by calling the Casaubon Senior Center. Seniors from Sturbridge or Charlton should call their senior centers to R.S.V.P for the

ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

event and to arrange transportation. Those phone numbers, for the three senior centers and Tri-Valley Elder Services are listed at the end of this

A group of senior citizens who are frequent visitors to the Casaubon Senior Center have also been busy preparing the Christmas tree to donate to Notre Dame's Festival of Giving Trees. This annual holiday tradition in Southbridge is in its 21st year. The four-day festival includes entertainment, food, family activities and plen-

The main feature of the Festival of Giving Trees is a room full of decorated Christmas trees, donated by various community groups and individuals. The gymnasium on the second floor of La Salle Reception Center is transformed into a festive environment with decorated trees that range from traditional to humorous. The decorated trees are raffled off at the end of the four-day event, which runs from Nov. 29 to Dec. 2. All proceeds benefit three cancer-prevention nonprofits: The Silent Spring Institute, The Massachusetts Breast Cancer Coalition and The Cancer Center at Harrington Hospital.

To contact your local senior center to reserve a spot at the Haloween Harvest Festival by Oct. 19:

Casaubon Senior Center: (508) 764-

Sturbridge Senior Center: (508) 347-

Charlton Senior Center: (508) 248-

Tri-Valley Elder Services (for transportation in Southbridge): (508) 949-

BY JERRY CARTON

When Charlton voters go to the polls Tuesday, they will find multiple candidates for governor and US Senator but not for the US House of Representatives where incumbent Democrat Richard Neal faces no opposition.

Neal has represented the region since the post-2010 redistricting and will be elected to his fourth term in this district and his11th overall. He was first elected to the House in 1988 after serving as mayor of Springfield from 1983-87 and is the senior member of Massachusetts congressional delegation.

Voters will choose between incumbent Republican Charlie Baker and

Police Logs

Charlton Police

Department

All suspects are presumed inno-

Police agencies can no longer

print the names of people who are

arrested or charged with domes-

tic assault related charges. The

new law is designed to protect vic-

tims, so they are not re-victimized

Heriberto Torres of Southbridge:

Peter Mwangi of Millbury:

Allowing an unregistered motor

vehicle on a roadway; Allowing

operation of MV with a revoked

registration

through indirect identification.

cent until proven guilty in a court

Arrests/Summons: Oct. 21-27

Democrat Jay Gonzalez for governor. Incumbent Democratic US Senator

Elizabeth Warren, like Baker, is seeking a second term against Republican challenger state Sen. Geoff Diehl and independent Shiva Avyadurai.

There are three ballot questions being decided as well. Q1 has gained the most attention. It would impose a limit on the number of patients hospital nurses would be permitted to have in their care at any given time and various nurse associations have staked out opposing positions on the issue, which has seen over \$16 million worth of advertising at the end of last week. Public polls have

Q2 asks voters to green light a commission to propose the repeal of the US Supreme Court's 2010 Citizens United ruling which loosened the regulations

Q3 advocates the continued guaranteeing of rights for transgenders in the Commonwealth.





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* * * Friday's Child * * *



I like soccer and cheerleading!

Sacoya is an outspoken, charismatic teenage girl of African-American descent who is always open to exploring new activities and settings. She likes playing sports, especially soccer and basketball, and also enjoys swimming, gymnastics and dancing. This past year Sacoya was on a local soccer team, as well as a Pop Warner Cheerleading team. She enjoyed these experiences because she liked being a part of a team and was able to meet new friends. Sacoya just started the sixth-grade at a new school and loves it. She is on target academically but receives extra support in the classroom.

Sacoya is legally freed for adoption and is seeking a home with two mothers, a

mother and a father or a single mother. She does best with a lot of oneon-one attention from the adults in her life and therefore should be the only or youngest child in the home. Sacoya currently visits with her two biological sisters on a monthly basis and this should continue after she joins her new family.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

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Rotary Club donates support for diabetes education

The Sturbridge Rotary Club awarded \$5,000 to The Barton Center for Diabetes Education, 30 Ennis Road in North Oxford. The donation was used to support expenses associated with operating their programs including medical expenses, supplies, food, and so much more.

"We are fortunate to be the recipient of Sturbridge Rotary's gift," said Lindsay McCarthy, associate director and director of grants and events. "Rotary understands the impact felt by children with diabetes.'

The mission of The Barton Center is to improve the lives of children with insulin-dependent diabetes through education, recreation and support programs which inspire and empower. For over 86 years, The Barton Center has provided a summer-long residential camp program for children with type 1 diabetes at Clara Barton Camp.

The Barton Center significantly expanded its services in 2010 to include a second residential camp, Camp Joslin, in Charlton. The Barton Center also operates an adventure program, family camp, Vermont Overnight Camp, day camps in New York, Connecticut and Massachusetts, and a wide array of year-round educational programs for children, families, and caregivers. All Barton programs promote proper diabetes management and health enhancement strategies in a safe environment.

'We're happy to help support The Barton Center with funds from our Educational Trust account," said Rotary Past-President Bob White. "One of Sturbridge Rotary's areas of focus is youth which also includes support for managing health issues. Barton offers so many programs to help children with diabetes that funding toward their efforts was a perfect fit for us."

The Sturbridge Rotary Club has been providing humanitarian service to the local and international community for over 45 years. The Club addresses many of today's most critical issues including hunger, as well as support programs for youth, educational opportunities and international exchanges for students and professionals. For more information on what Sturbridge Rotary does, visit www.sturbridgerotary.org. Also check out the Club's Facebook page at www.facebook.com/sturbridg-

Courtesy photo

Lindsay McCarthy accepting the check from Bob White.'



CLUES ACROSS

- 1. Expresses weights (abbr.) 4. Pounds per square inch
- 7. Central Time One who speaks for others
- 11. Aussie TV station
- 12. Swiss river
- 13. A way to improve 15. Awesome!
- 16. Appeal to Satisfy
- 21. The Emerald Isle 23. Quick passages
- 24. Love of humankind
- 25. Fleshy beak covering
- 26. Type of sword
- 27. Basketball stat
- 30. Makes unhappy
- 34. The Princess can feel it 35. Bar bill
- 36. Of one

CLUES DOWN

- 1. Sharp mountain ridge
- 2. Types of lenses 3. Informs
- 4. Partial paralysis
- 5. Helps little firms
- 6. Alphabetical lists 7. Danced about
- 8. Set out 9. Trick's partner
- 13. Second sight
- 14. Disfigure 17. Comedienne Gasteyer
- Tooth caregiver
- 20. Wrongful act
- 22. Nui, Easter Island 27. Away from
- 28. Member of Congress (abbr.)
- 29. Car mechanics group
- 31. When you plan to get there.

41. Prom accessory

46. Assist in wrongdoing

54. Fill with motivation 55. Part of your face

56. Novelist Coelho

57. Francisco is one

61. Proofreading mark

buildings

or animal

63. Time zone

and east

65. Baseball stat

60. Soak

59. Narrow space between two

62. A baglike structure in a plant

64. Midway between northeast

45. Jai __, sport

47. Small hill

50. Erases

- Bother incessantly 33. One point east of due south
- 37. Small giveaways
- 38. "MASH" actor Gould
- 39. A type of habitat
- 40. Refined delicacy
- 41. Inflection of the voice 42. Follow orders
- 43. Discharge
- 44. Of the stars 47. Briefly place into
- 48. Present in all living cells (abbr.)
- 49. Take illegally by force
- 51. Genus of moth 52. Midway between east and
- southeast
- 58. French river

53. Bashful

3 JUA dSN Y 3 ٦ 3 1 MUA 8 A 3 A 0 0 S A 3 ONES 1 3 D D E ISS S T Я 3 3 3 d 3 0 SO 1 SBB Я 3 A E W E N 3 ٦ Я а d 8 3 R ٧

Are there still distressed properties?



REALTOR'S REPORT

> **JAMES** BLACK

Regardless of how good the market is there will always be distressed properties. It has not been as common the last couple years however our team has been helping sellers in short sale situations the whole time and there are also still plenty of foreclosures as well. Many of them are still left over from the market we were in a few years ago well. I wanted to quickly explain the difference between a short sale and a foreclosure. The short sale is when the owner still owns

sell it while not having enough funds to release the liens on the property. In this scenario, they would be asking the lienholders to take less than is owed and typically also asking for forgiveness for the difference. The foreclosure is when the lienholder actually takes possession of the property for non-payment of the

There are still opportunities in both foreclosures and short sales. One thing to keep in mind is that the bank will intend to sell for what they consider to be market value of the property and will have an Appraiser or Real Estate Agent give their opinion of value and they will typicalbut there are many new ones as ly accept a percentage of that amount. Sometimes I will find they will want more than market value based on a bad Appraisal or Broker Price Opinion. The

the house and are attempting to new trend I see with foreclosures is that banks are looking to unload the properties at a discount as long as the buyer will purchase with all occupants in place. The challenge with this is that as a buyer you need to pay a much lower amount assuming the worst possible scenario with the condition of the home as well as the difficulty in evicting the tenants. The other challenge is that you will not be able to get an appraisal done as you won't have access to the interior of the property so the sale will most likely need to be cash.

If you are deciding to purchase a short sale or foreclosure, I would suggest interviewing Agents to find one that is well versed in distressed sales since every scenario is different and many times even with the same bank you will have a different experience.



Sunday, November 4, 2018 8:30am - 4:00pm **Trinity Catholic Academy** 11 Pine Street, Southbridge, MA

The Bazaar Features a Variety of Tables Children's Games, Crafts Village Bake Shop, Jar Deal Theme Baskets, Parish Table Jewelry, Silent Auction, Community Raffle Table (Huge!) and Entertainment

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Sturbridge Historical Society hosts maritime disaster experts



Lester Paquin presents at the Historical Society meeting

BY ANNIE SANDOLI

STURBRIDGE—The Sturbridge Historical Society's meeting on Thursday, October 25 at the Publick House Historic Inn was centered around a presentation by local historians Lester Paquin and Lucy Allen, who told the breathtaking and heartbreaking story of

the demise of the Italian ocean liner SS Andrea Doria, which collided with the Swedish ship MS Stockholm on the foggy night of July 25, 1956 off the coast of Nantucket.

The presentation, titled "Desperate Hours: The Loss of the Andrea Doria," was first launched at the Barre Historical Society and has now been featured at historical society meetings throughout the state. Over the last year and a half, it has been presented nearly a dozen times and it is still making its way through

"I started studying this topic when I was in high school because I became interested in the story of the Titanic," said Paquin. "I eventually took interest in all ocean liners, but especially the Andrea Doria, because its sinking happened so close to home and there are still people around who saw it or knew someone who was on it. People who come to this program often ask if we will come and present for their towns."

Paquin and Allen discussed the significance of the collision of the SS Andrea Doria and the MS Stockholm, which resulted in an initial liner damage and the eventual capsizing and sinking of the SS Andrea Doria on the morning of July 26, 1956. Their presentation included details such as the ship's construction and design, the rescue procedures that were used during the tragedy, and the claims as to whose fault the incident was.

"Someone said once, 'It couldn't have happened, it shouldn't have happened, but it happened." said Paquin. "It was all happening so fast and they misinterpreted each other's course, eventually unable to avoid the collision.

Although 1,660 passengers and crew members survived the incident and were rescued before the sinking of the ship, 51 people died — 46 on the SS Andrea Doria and five on the MS Stockholm. Paquin's goal for this repeated presentation

is to honor both the passurvived the who



Annie Sandoli photos

An original photograph of the sinking of the SS Andrea Doria taken by **Harry Trask**

tragedy, shed light on the story of the SS Andrea Doria, and ensure that this horrific incident is never forgotten.

'I hope to change the public's perception of whose fault it was," he said. "Although the Italian captain was blamed for the whole thing at the time, the Massachusetts Maritime Academy has established that the Swedish ship was at fault. However, there were enough mistakes to go around, and it is important that we remember the people and the ship."

The Sturbridge Historical Society hosts a different guest presenter at each monthly meeting, striving to give residents a chance to learn more about some of the most important happenings in local, national, and international history.

"I try to think of programs that are relevant to history in general," said Arnie Beeman, president of the Sturbridge Historical Society. "It doesn't have to necessarily be about just Sturbridge or Massachusetts, but it must be of interest to the people in this area who follow the Historical Society closely.'

Sturbridge Historical Society events are held in Paige Hall at the Publick House and are free and open to the public with refreshments served at the start of the meeting. The next event will take place on Dec. 6 at 7pm and will feature Rob Lyon, a historian and past interpreter at Old Sturbridge Village, who will discuss the history of ice skating in a presentation titled "Of Ice and Men."

DISTRICT

continued from page 1

prevented us from laying off and having reductions. It did not provide us with a reduction in our use of excess and deficiency funds nor did it provide us relief in our use of school choice funds.

Mathieu said that these funds are not guaranteed year in and year out through the budget. While the district is certainly in good shape from the first quarter of the 2019 Mathieu wants to be sure education leaders are keeping in mind that the responsibility for balancing the budget does not end with the override and a town vote.

"Our model counts on monies being returned from the expense budget each and every year in an amount sufficient to replenish our excess and deficiency funds which would be utilized in the following year," Mathieu said. "With so much hitting the books already in

unexpected and unknown expenses we sengers who really need to do a very careful job of monitoring expenses going forward and collision and trying to ensure that those monies that those we count on as part of our budget pro- died in the cess are returned to the budget.'

Mathieu did not imply that this is an emergency situation for the district, but merely offered his input as advice to the School Committee that they still need to be sure they are tracking expenses beyond the budget's normal limitations. He said there is no easy formula for that practice except simply to spend a bit less.

"We do a very good job of it in this district and the building principals, administrators and head custodians are to be commended in everything that they do, but there is a lot of budgetary pressure this year already," Mathieu said.

Committee members did not offer any input on the matter during the meeting choosing instead to absorb Mathieu's statements for the future.

rent concept for the well was not in the town's original report.

"The next step for us is going to be to meet with the DEP and show them and discuss with them what our findings are and what our plans are moving forward for multiple reasons. One is to make sure we're not missing anything. Secondly because we're using their grant funding to fund these next steps," Boria said later discussing the impact Charlton as a whole. The wells are projected to allow access to around 170,000 gallons, which Boria said would still not be able to fully satisfy the estimated 200,000 to 210,000 gallons per day used in Charlton. Both Boria and selectmen

be able to fully supply the town unfortunately that's really not going to happen, said Boria. "Even though it doesn't fully supply the town it gives us a good chunk and we'll be able to supply a good portion of the town. It gets us to create our own true public water supply system

ify and complete the project.



Story Idea?



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WELL PROJECT

continued from page 1

Boria said. He added that the Water & Sewer Commission received an update from Bristol Engineering, the company leading the well project, the night before speaking with selectmen during their meeting on Oct. 23 where the commission recommended moving forward with the initiative with new data in

"The area where we placed the one well is up on a decent sized plateau,' Boria said. "The area of the ground that's able to be pumped for water is only about 25 feet deep about 115 feet down in the ground so it's not a huge recharge area as far as depth goes, but (Bristol Engineering) thinks it expands horizontally quite a bit."

With this new information, the plan has changed from one big well to the primary well and two smaller wells 180 feel adjacent to the primary. This would reduce the workload of the primary well so that instead of pumping 140 gallons per minute the town would have three wells pumping 40 gallons per minute. This would all be done within the confines of a \$200,000 state grant, about half of which has already been used for the already completed testing according to Boria. Before proceeding however, Boria also noted that the town has to report to the state how they plan to use the remaining grant funds as the cur-

this well would have on the town of called it a "step in the right direction" "The hopes were to find one source to

that we can then expand on. If all goes as planned the drilling for the wells could be completed by the end of the calendar year. However, in order to leave room for delays selectmen ordered Boria to utilize a six-month extension option on the purchase and sales agreement with the property in question to allow the town time to solid-

"Every Town Deserves a Good Local Newspaper"

Charlton hosts Trunk-or-Treat

Charlton's newest holiday tradition continued in 2018 with the annual Trunk-or-Treat event at the town's Arts and Activities center on Sunday, Oct 21. Numerous local citizens and businesses turned out for the celebration, one of many such events in the region in the final weeks of October, which allowed youngsters the chance to collect candy treats from decorated trunk displays.

Everything from a campground setup to a pirate's treasure, the land of Oz and a witch's hideout were represented as displayers sought to impress and entertain for the Halloween season.



Little Ayden of Worcester shows off his adorable cowboy costume

Brother and sister Lucas and Chloe made the trip from Connecticut to be part of the Trunk-



Mother and daughter duo Sarah and Ava Rheaume embraced a Dr. Who theme for their cos- Local youngsters put their own hand made pumpkins forward in hopes of taking home the top



judged prize



Selectman Deborah Noble and her son embraced a mix between Little Red Riding Hood and Dia De Los Muertos for their trunk



One display offered treasure to trunk-or-treaters



Young Parker takes candy from his grandmother Peggi Paquette's witch-themed trunk display



One of many arts and crafts projects for kids at the Trunk-or-Treat, youngsters got to make their own custom cupcakes



Mackenzie, Lucy and Gianna show off a colorful trunk inspired by the world of unicorns



One of many creative designs spread across the ground of the Charlton Arts and Activities

Center. This one feature a s'mores and camping theme

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RUTH DEAMICIS

EDITOR

EDITORIAL

On Voting

This is not an editorial about politics. This is not a column written in support of a candidate. This is not even about any particular upcoming election or issue or policy. This is actually an editorial just about voting.

For most of us, voting isn't super exciting. It's not a holiday around which we can theme a cook-out or picnic or party. No one wishes anyone a Happy Election Day and children definitely do not clamor to be taken to the polls to watch the voting process.

But wouldn't $\bar{i}t$ be terrific if they did? What if we treated elections the way we treat Super Bowl Sunday? What if we made it the "Big Deal" that it truly is? Why don't all Americans LOVE voting? Does voting need a marketing make-over? Maybe so.

Think about it: your vote is your voice. It is your most powerful way to decisively state your preference. No one can or should influence your vote. Your vote is an actual, documented and counted opinion. It's better than a Facebook "like", or a retweet or a swipe. It means even more than holding a sign, or having a bumper sticker, signing an online petition, or sending an email.

Voting, in our country, is a right. It cannot be taken from you. Throughout American history, it has been fought for, debated, argued, amended and signed into law...for YOU. What was once a privilege restricted to a single, narrow segment of the population is now a freedom with which all Americans are literally born.

Yet for many, voting is a guilt-driven, exasperating "why do I have to do this?" burdensome task. It's one more thing to do on a busy work day and inspires inner arguments: "What if the lines are

"I can't stand any of these politicians!" "Should I vote for or against Issue whatever?'

"I don't want to admit how LITTLE I really know about anything on the

In the same spirit of granting Election Day a status equal to major football games, what's needed is just a little pre-game prep. You wouldn't predict Rowl winner wi least knowing the teams' records. Do the same with those candidates and issues! We have so much information at our fingertips today, including right here in the newspaper you are reading. You know more than you think.

Along with voting, we are granted the right to express opinions. Active, engaged citizens can and do discuss issues and situations and very often disagree with one another. Voting is the civilized expression of putting action behind words. Anyone can speak an opinion. Anyone can also vote in matters relating to that opinion. If someone chooses NOT to vote, their opinion, while no less valid, is nonetheless wasted. Your vote is your choice to use your voice...and to truly make it heard.

On Tuesday, Nov. 6, don't sit this one out. Your vote is REAL. It is counted. It matters. VOTE!

LETTERS

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we can verify the letter is yours. We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your

words in print. If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between

700-800 words. Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for?

Start writing!

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

TO THE EDITOR

Brewer endorses Gobi and Strauss

To the Editor:

From time to time my former beloved constituents ask me to comment on who I support in forthcoming elections. My advice is – inform yourself and above all, go vote.

However, I will state my preferences this fall are Anne Gobi for State Senate and Jean Strauss for State Representative. Now before one says, 'that figures, he's a Democrat' - spare me the partisan song. There's a long list of Republican legislators I have worked with and respect.

I have worked with Anne Gobi now for close to 18 years and she is a credit to the term 'public servant'. Intelligent, diligent, thoughtful, pragmatic and relentless! I am also proud to call her

For State Representative I was loath to wade into the waters of another race

as I do enjoy my semi-retirement. Then I met Jean Strauss. I read her book about her life. I was intrigued.

I met with her at length and advised her this district requires a moderate, diligent, constituent-oriented legislator who puts the needs of the District first, who studies the complexity of issues intelligently and uses both head and heart to formulate voting on issues that matter not only for today but for our future and our children's future.

With her work ethic, her understanding of our history and environment, and our quality of life, Jean Strauss will do that. I believe in this lady and am confident if you send her to Boston you will be proud to call her your State Representative.

STEPHEN M. BREWER BARRE

Media burdens run two ways

I was chatting with a group of students the other day when one of them looked me in the eye and commented, "You're very tough on journalists.

I had to plead guilty. Of course I'm tough on journalists. Maybe even as tough on them

as they are on politicians. Our representative democracy depends on journalists doing their jobs. Why? Because it's essential that citizens get the solid, accurate, and fair information they need to make good judgments about politicians and policy decisions. Our system cannot work if journalists and the institutions they work for don't shoulder the burden of serving as watchdogs, holding government accountable, shining a light on overlooked challenges, and exploring complicated issues in as clear-eyed a

manner as possible. Which is why, if you value representative democracy, you have to be deeply concerned about the once-overlightly journalism that fills our media. Too often, reporters, commentators and online contributors focus on trivia, partisan posturing, and political gamesmanship, and not on the substance of

The disruptive forces that have laid waste to traditional journalistic organizations have pared down the newsrooms that can carry out in-depth journalism and investigative reporting. Yet the world we live in is so complicated and so difficult to understand the need is greater than ever for journalists to pick out what really matters in their communities or in the nation and con-

vey solid information to the citizen. I have no illusions about how difficult this is. Nailing down good information requires a lot of effort, persistence, and time. A single story can take months to follow carefully. Making sense of the issues that affect us — in politics, the legal system, medicine, war and peace, the economy — requires patience, expertise, analytical skill, and the ability to convey complexity in a simple fashion.

The prevalence of fake news and misinformation makes this search for objective truth ever more difficult and challenging. If we don't have the right information as citizens, then we don't have the facts to shape our opinions – and we're going to be in trouble as a

Disentangling truth and untruth from the citizen's standpoint is really hard. So, I applaud and admire journalists who are dedicated to truth. And there are enough of them that there is still

BEYOND CIVIC ENGAGEMENT LEE H. HAMILTON

plenty of good, solid reporting. It's not always

easy to find, though, amidst all the lessthan-solid noise that fills our media landscape. This places a particular burden on us, as citizens, to work hard to find it

and understand it. Especially because some of the institutions we once relied upon for independent, objective information — I'm thinking specifically of Congress here - have increasingly stopped serving as models for the search for truth.

The plain truth is, there's much to distract both journalists and citizens from what's really necessary to cover and to understand. Sorting through all the information at our fingertips, distilling meaning from it, zeroing in on what's really important: that's work that both journalists and ordinary citizens have to undertake.

If you're a local journalist, that means important and what doesn't add up. For more broad-based journalists, the responsibility is to look at events, analyze them, and convey what needs to be conveyed to the public to make sound decisions about good governance.

And for citizens, it means conscientiously following reliable, fact-oriented media — and not just a single source, either, because none has a monopoly on : the truth — and using their reporting to make discriminating judgments about public affairs.

Getting all of this right is essential to making our government work. Journalists have to ask themselves whether they are getting to the bottom of stories and giving enough information to citizens so they can make good judgments — or are they too focused on trivia and entertainment and posturing? And citizens — whose media tastes drive so much of what the media provide — need to be focused on what matters.

It's a complicated dance, but in the end, it comes down to one thing: journalists need to provide, and citizens need to ask for, the reporting that's necessary to make the country work.

Lee Hamilton is a senior advisor for the Indiana University Center on Representative Government; a distinguished scholar, IU School of Global and International Studies; and a professor of practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

Is your 'digital estate' in order?



FINANCIAL Focus JEFF BURDICK

If you spend a lot of time on the internet, you're not just shopping or being entertained, or following the news or

participating in an online community. You're probably also dealing with accounts and information that eventually can become part of your digital "estate." And if this estate isn't properly looked after, it can lead to confusion and conflict among your survivors, as well as an opportunity for hackers to try to get at whatever resources they

If you haven't stopped to think about it, you might be surprised at the number of assets that could become part of your digital estate. You may have financial accounts (banking, brokerage and bill-paying); virtual property accounts (air miles, "points" for hotel bookings); business accounts (eBay, Amazon, Etsy); e-mail accounts (Gmail, Outlook, Yahoo); social networking accounts (Facebook, Twitter, Instagram); online storage accounts (Google Drive, iCloud, Drobox); and application accounts Netflix, Kindle, Apple).

Given all these areas, how can you protect and preserve your digital estate? Here are a few suggestions:

Create a detailed inventory of digital assets. Following the categories listed above, draw up a list of all your digital

Document your wishes for how you want your digital assets managed. If you don't specify how you want your digital assets managed upon your death or incapacitation, you might be opening the door to lengthy legal battles over access to these assets. In a worst-case scenario, your heirs and beneficiaries might never get the assets you had intended for them.

Name a digital executor in your last will and testament. A digital executor can accomplish a variety of tasks related to your digital estate, such as transferring online assets to your heirs; closing accounts you don't want translooking into every nook and cranny of : ferred; managing personal materials by archiving or deleting files, photographs, videos and other content you have created; and, finally, informing online communities of your passing. When choosing a digital executor, you'll want someone you can trust, of course, but you'll also want to make sure that person is skilled enough in technology to search your computer properly and navigate the internet and multiple websites. Not all states recognize a digital executor, so you may want to consult with a legal professional to learn about the laws governing digital estate planning in your state. Also, even if you have a digital executor, online platforms enforce their own rules about who can or can't access a deceased person's accounts. If you are concerned about this, you may want to contact the customer service areas from these types of providers – Google, PayPal, Facebook, etc. - to learn their policies.

Review your plans. Review your digital estate plans on a regular basis, just as you do with your physical/tangible estate plans. The digital world is a fast-moving one, so you'll need to stay current with changes.

In some ways, managing a digital estate can be more challenging than dealing with a physical estate. But by following the above suggestions, you can help reduce any "cyber-angst" your loved ones may feel when it's time to deal with the digital presence you've left behind.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com

Stop asking me when I'm going to settle down

my friends were already talking about their future weddings. I remember one of them drawing her dream wedding dress in blue crayon on a piece of blank printer paper. Another thought

about the names she would bestow upon her future children during one of our sleepovers, writing them down one by one and alternating

MIND OF A **CURIOUS** Girl ANNIE SANDOLI

between boys' names and girls' names. We even held several mock weddings where one of them would walk down the "aisle" with the rest of us throwing wildflowers at her.

Sometimes I would participate in their fantasies, trying to pretend I cared about

the sleeve cut of a long white dress or Turn To SANDOLI page A10





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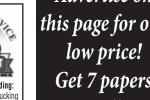
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BAT GIRL

continued from page **1**

that had 10,000 bats before the fungus struck and just 14 afterward, there are now 30. The population "seems to have stabilized" at the level of natural immunity, she said.

She told an audience of several dozen at Norcross Wildlife Sanctuary last weekend the fungus was probably introduced by human cavers who brought it over from Europe, where it's endemic, but the bats have evolved immunity to it. For that reason, MassWildlife has closed the state's 11 major bat hibernation caves (mostly in the Berkshires) during

The agency is, however, still seeking citizen scientists to identify and keep track of other hibernacula and summer nesting sites for these bats and any of the state's eight other native species. Five of them are on the state endangered list, and two are also federally listed. One, the Indiana bat, hasn't been seen since 1939.

"During the late spring and summer, pregnant, female little brown and big brown bats form large nursery colonies and roost in dark, hot places such as, attics, barns, and other outbuildings to give birth and raise their young,' MassAudubon's webpage on bats states. "Males, often solitary or in groups less than a dozen in the summer, roost in cooler spots behind window shutters, and awnings and under the bark of trees. Bats rest in these protected roost sites during the day leaving at sunset to search for food.'

People who want to attract bats to their properties need to have such locations or erect bat houses that mimic them. The key features are having multiple, small gaps they can nest in (less than an inch wide), warmth (85 degrees from about eight hours of daily sun on a dark-painted surface), and locating them at least 12 feet off the ground and 20 feet from shade or other obstructions (preferably on a building wall). Many sample designs are available on the internet.

That said, though, it's also sometimes necessary to evict bats from houses. People should make sure there are safe houses nearby several days before closing access to the current site, and Longsdorf noted it's illegal to physically remove bats, and eviction should only be done at certain times of year (in May or between August and mid-October), when the bats are not either hibernating or nursing their pups. Bats can squeeze into half-inch holes, so "it often takes finding some really small hole in your siding" and sealing many of them to stop the bats from returning, she said.

About 200 "problem ani-nal control agents" in mal Massachusetts can remove bats, but not all will do so, she noted. It might be necessary because bat urine and guano could damage a house's wood, although the guano is also an excellent fertilizer. It's fairly easy to remove with shovels or brooms (don't use vacuums), and there is no evidence of histoplasmosis in Massachusetts, although that can occur down south, she said.

Longsdorf spent much of her hour and a half debunking myths about bats, noting they are "keystone species' who provide "organic pest control." In Massachusetts, all of them are insect-eaters, but elsewhere some are nectar- or fruit-eaters, and therefore also serve as pollinators for various plants. "Bats obviously have an

image problem...largely due to TV shows, movies and books,' she said. Most infamous, of course, are the ideas that they attack people and suck blood, both of which are false. There are three vampire bat species, all in Central and South America, but they "lick blood; they don't suck it," and the vast majority of bats would rather stay away from humans if possible, although they will defend their nests as other species do. Among other things, they use their echolocation to avoid people in flight, and it's sensitive enough "to detect something as fine as a strand of hair," she said. Similarly, people often fear them for rabies, but they

have "much lower rates of incidence than other mammals" at less than 0.5 percent.

"I spend a lot of my job calming people down," she admitted afterward. "I have bats in my own attic."

The hundreds of bat species worldwide (47 in the US) comprise about 20 percent of all mammals, second only to rodents in frequency. They range in size from the tiny Thai bumblebee bat, which "weighs less than a penny," to the giant golden flying fox of the South Pacific, with a six-foot wingspan, but all nine in Massachusetts are "quite small," with wingspans of less than 15 inches. They're harmed by pesticides, both directly and by loss of food supply, climate change, and habitat loss due to development and timbering. They're also food for many hunting birds.

"Bats are a part of the food chain," she said. "They are a food source for other animals we want to keep around."

Gus Steeves can be reached at gus.steeves2@gmail.com.

SANDOLI

continued from page A8

what I wanted the gender of my firstborn baby to be. Other times I didn't say anything at all or refused to accept my invitation to one of their imaginary weddings to a fictional character, mostly because I was still a small child myself and still thought every boy on the planet had cooties.

It was only recently that one of those friends, now in her mid-twenties, walked up to me and said, "You know, after spending all these years thinking I had to get married someday, I've finally realized that I don't and it's such a

I immediately thought to myself, "Wait a minute, I haven't thought about it like that before.'

Although we have made progress, I have noticed that it is often still expected that each young girl growing up in America will get married by a certain age and carry a child on her hip not long after, which is not only a heteronormative assumption to a degree, but also conveys the message that every woman's ambitions are the same. Whenever I'm dating someone exclusively, I'm always asked the daunting question, "When are you going to settle down?"

Interestingly enough, the marriage rates in the United States have been on a steady decline over the past few decades and the average age of people who do marry is constantly increasing. Yet as some of my peers start to get engaged, married, and pregnant, I've started to see for myself that the expectation of young people "settling down" and the question of when they will do so still prevails in our society and everyday life.

I spent this past week trying to figure out why so many people are so set on asking about when I'll marry, thinking of reasons such as tradition, religion, and population growth. It made me realize, perhaps for the first time, that I've never really dreamt about wearing a ring, buying a house, or having children. Rather, I tend to be preoccupied with how much I want to travel, live in a tiny apartment in a big city with my favorite books and a guitar, spend time with my family and friends, protest for and write about causes I believe in, donate my time to charities, and become sure of exactly who I am, perhaps by standing on the edge of cliffs but not being petrified of falling off. I've known what my dreams really are for years, but somehow, I just recently figured out that it's okay for me to feel exactly the way I do.

I've been told by many people I'm both an old soul and a hopeless romantic, a combination that means that I all too often find relationships to be disappointing. I've always told myself that if I did ever marry or love someone for life, I don't want to need that person by my side, I just want to want him by my side. If I never want to be with someone quite that much, I'm really not at all worried about never saying wedding vows or offering a commitment.

To be clear, nothing is wrong with wanting to be married with children at an early age and I am happy for everyone who desires and chooses that. There is also nothing is wrong with not wanting that, yet my family, friends, and even my acquaintances ask me more about who I am dating and when I think I'll want to get married than they do about the start of my career, plan to get a PhD, or the next song I'll learn to

Instead of asking about the dates men take me on, I think they should ask me more about the dates I take myself on going on long car rides and walks on the beach, asking myself what I want my future to look like, and buying myself dinner and sitting there with myself thinking, "Do I like the company I'm with right now?"

And when I say, "Yes, I love the company I'm with right now," that's when I will have really settled down.

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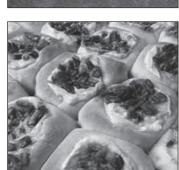
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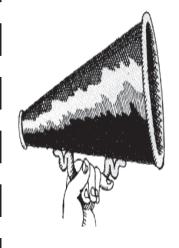
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SPORTS

Bay Path clinches Tournament bid by blanking Pirates



Joseph Starr of Bay Path looks down at the ball and sends a kick toward ${\sf Oxford's}$ net.

Nick Ethier photos

Bay Path's William Carlson holds off an Oxford defender and sends a pass down the field.

BY NICK ETHIER SPORTS STAFF WRITER

OXFORD — All the Bay Path Regional boys' varsity soccer team needed was a tie when they played Oxford High on Thursday, Oct. 25. That result would get the Minutemen into the Central Mass. Division 3 Tournament.

And Bay Path was tied with the Pirates at halftime, 0-0, but they weren't playing with much passion. Following a spirited speech by head coach David Martinson at intermission, the Minutemen turned it up and won a 3-0 decision.

Bay Path improved to 9-6-1 and has officially punched its ticket into the playoffs.

"The first half was definitely not our type of play," said Martinson. "We came out flat and made some adjustments for the second half. They controlled it well and settled it down a little bit."

Martinson added that his team has been decimated by injuries. Six players, including four starters, are out — so the fact that they made districts has impressed the coach.

"I'm very pleased with the fact that we did make districts considering all the injuries that we have," he said. "The kids that came in off the bench obviously stepped up and did

a good job throughout the season"

After 11 minutes of second half play the score remained 0-0, but Bay Path was peppering the Pirates' net. Joseph Starr had a shot the just skidded over the crossbar and he followed that up minutes later with a shot that did clang off the pipe.

Then, in the 52nd minute, Starr was the facilitator on the team's first goal. Starr dribbled the ball into open space, sent a pass down to Devin Hanlan, and Hanlan sent a rocket into the upper portion of the right side of the goal.

"I moved him positionally in the middle a little bit more to be become more of a quarterback," Martinson said of Starr in the second half.

In regard to Hanlan's goal, Martinson added: "That was a nice shot. He's been doing that all season."

The Minutemen doubled the lead to 2-0 in the 60th minute on an own-goal that saw Starr launch a deep throw-in that bounced off a pair of Oxford defenders and into the net. Bay Path then finished the scoring in the 70th minute when Starr received a pass from Benjamin LaPointe on a corner kick — of which they earned an astounding nine in second half play

Calib Goyette.

But Goyette was sensational for the Pirates, finishing with 12 saves — some from point blank range — to keep his team in the game.

"Calib is a great shot stopper, junior goalie, so he's one of our captains and we'll have him back next year," said Oxford head coach Paul Frykberg.

Frykberg added that he was pleased with the way his team played against a talented Bay Path club for most of the contest

"That's a district team [and] we weren't supposed to really compete with them on paper, but they played well," he said. "We knew they were going to come out hard and we tried to match their intensity, match their effort, and I think we did that for 60 [of the 80] minutes."

The year was a rebuilding one for the Pirates, who dropped to 1-13-3 with the loss, but Frykberg noted that the team should be better next season.

"We're looking ahead, seeing where guys are going to slot in. We have some fantastic pieces," he said. "They have the speed and they have the ability—we just have to get to the point where it's 11 guys doing the same thing and not 11 guys playing 11 different games."



Bay Path keeper Aiden Sabatinelli leaves his net to run down a loose ball.





Oxford's Myles Craft intercepts a ball intended for Bay Path's Tyler Anderson and clears it out of the defensive

Tyler Anderson of Bay Path collects the ball with the inside of his left foot.

Sports | **BRIEFS**

Ski or snowboard at **Wachusett Mountain**

Are you interested in having a lot of fun while also helping to make the winter fly by? Any student (8 years and older), parent or teacher from any of the surrounding towns and states can ski or snowboard eight consecutive Saturday nights at Wachusett Mountain for just \$150 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eightweek program begins on Saturday, Jan. 5 and ends Saturday, March 2. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free through you health insurance cov-

Also anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. All eight week and season passes must be ordered through the Wachusett website by Nov. 30 for these lower discounted prices. For more information on how to order, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.

Worcester State University to hold baseball clinics

Worcester State Baseball Indoor Clinics are now held in the \$52 million gymnasium and wellness center. The second floor multipurpose gym allows for live practices with plenty of storage for the six indoor mounds, bats and balls, etc. Hitters will use the double-barrel cages on the first floor. Here kids will bunt/ bat off the Hack Attack pitching machines (uses real balls; speed adjusted for ages), hit close-range BP, use soft toss nets, tees, and utilize slow-motion video analysis.

There are multiple upcoming clinics to choose from. For questions, please call (508) 929-8852 or (774) 230-3872, or email dbaker1@worcester. edu. Also, please visit wsulancers. com/camps-clinics for more infor-

Softball pitching lessons coming to Southbridge **Community Center**

Softball pitching lessons will be available at the Southbridge Community Center (152 Chestnut Street) on Sunday mornings from 8:30 to 10:30 a.m. They started Oct. 21 and run through Feb. 24, 2019. Team and league discounts are available for three pitchers or more. Pitchers must bring a catcher (no fee) that can be a parent, teammate, etc. Please contact Bill Rahall (wlrah@ yahoo.com 860-576-3440) for more details. Clark University pitching coach Steve Genese will be on hand at the lessons.

Shepherd Hill's Montigny earns MIAA Award

Drew Montigny, a senior at Shepherd Hill Regional, has been selected as the recipient of the "MIAA Student-Athlete of the Month Award" for September, 2018.

Montigny is a member of the Rams' football and lacrosse teams, serving as captain of the lacrosse team his junior year. He has also served on the Varsity Football Leadership Council since his sophomore year. Drew earned Second Team All-Conference Mid-Wach B honors as well as an honorable mention as a Central Mass US Lacrosse Academic All-American.

Academically, Montigny has a 4.54 GPA while taking a full slate of AP classes. He has earned First Honors every quarter of his high school career and is a member of the National Honor Society. Montigny is also the Senior Class President as

well as a Peer Tutor.

The MIAA Student-Athlete of the Month Award is presented on a monthly basis to one male and one female student-athlete who display excellence in the areas of academics, athletics and community service. Award recipients will receive a certificate of recognition, are featured on miaa.net and are honored at the MIAA Awards Recognition Banquet.

Shepherd Hill closes season by defeating district-bound Rockets

BY KEN POWERS ORTS CORRESPONDE

AUBURN — Madi Marsh got the Shepherd Hill Regional girls' varsity soccer team started with a pair of goals in a two-minute span early in the first half and Alyssa Trueman finished off an inspired Rams' effort with a stellar performance in net as The Hill defeated Auburn High, 2-1, on Monday, Oct. 29, at Memorial Field.

With the win the Rams finished their season 8-9-1, having missed qualifying for the Central Mass. Division 1 Tournament by one point. Auburn, which is headed to the Central Mass. Division 3 postseason, finished its regular season with a 14-4 mark.

"I wanted the girls to finish the season strong, knowing that they're a strong team,' said Shepherd Hill head coach Amanda (Brodeur) Brotherton, an Auburn High graduate. "If we had done that more often I think things would be different. It just goes to show that this team never gave up and that they had heart."

Marsh, a junior forward, put the Rams ahead, 1-0, in the seventh minute of the game, taking a feed from classmate Paula Barbale and getting off a right-to-left shot on net. Auburn goaltender Kaitlin Jess moved over to play the ball, but slipped as she went to make the stop, the ball ticking off her hands, going over her head and bouncing into the net.

Marsh doubled Shepherd Hill's lead to 2-0 in the ninth minute, again off an assist from Barbale.

Rockets' head coach Emily Para immediately called a timeout.

'We weren't even 10 minutes into the game and we're down by two; that's not who we are," Para said. "We gave up the first goal, which was unfortunate, and I think we panicked at that point and gave up a second one. I felt we needed a break at that point, so I called timeout and told them to relax and calm down. I told them we've got a lot of time to find the back of the net."

Thirty-four seconds later the Rockets had cut their deficit in half, to 2-1, Jackie Landry scoring off an assist from Obiamaka Igwenagu.

From that point, Auburn tried time after time to hammer home the game-tying goal, but each time Trueman, a senior captain for the Rams, slammed the door on the Rockets. Trueman finished with 15 saves, at least three of which came on shots that appeared destined to find the back of the net.

"[Trueman] was fantastic; she did really well. I thought she played great," Para said. "We just couldn't finish. But, it happens."

Brotherton, over the course of the season, has run out of superlatives to describe the play of her goalkeeper.

"We'll miss her; she's phenomenal. She's awesome," Brotherton said. "I have no other words to describe



Shepherd Hill's Reese Hammond breaks away from a pair of Auburn players while dribbling into the open



Paula Barbale of Shepherd Hill heads the ball up and over Auburn's Obiamaka Igwenagu and down the

Alyssa other than phenomenal and awesome.'

Trueman said she actually enjoys being as busy as she was in net against the Rockets.

"I like being tested," Trueman said. "Games where I don't get any shots on net are kind of boring,

especially in the cold weather; it's nice to have some shots on net and not freeze."

Trueman said that there isn't really a set strategy to how she plays goal.

"I always like to make sure the backs are dropping to their marks in case there is a cross coming in," Trueman said. "I like to be straight on to the ball so I can see where it's going to go. Good positioning is what helps the most. That's a big key to being successful as a goalie. And, of course, you have to eliminate the angle a forward has coming in on you."

The game against Auburn was Brotherton's first trip back to her hometown as a head coach.

"It was nice to coach here," Brotherton said. "It was nice to be back. People kept asking me if it was a weird feeling, but I just love coaching, and now I've found a new home where I am. I'll always be a part of Auburn, but I think I've found a new place where I can hopefully make a different type of legacy."



Allie Marrier of Shepherd Hill waits for the ball to drop down her way before settling it to the ground.



Shepherd Hill's Madi Marsh lifts her right leg in preparation of stopping the incoming ball's momentum.

OBITUARIES

Albert (Al) F. Fougere Jr., 57



GROSVENORDALE, CT- Albert (Al) F. Fougere Jr. age 57 died Saturday October 20, 2018 after a five and a half year battle of Pancreatic Cancer. He leaves

Michelle sister and her husband Donald Adams of Charlton, MA. Al leaves his life companion of over twenty years, Elaine T. Levesque with which he made his home and her children Allan and his wife April, Aimee and her companion Mike, two Godchildren his nephew Bryan Adams (Katrina) and grand daughter Calleigh, four grandchildren Eric, Samantha, Lindsey and he was predeceased by grand daughter Kauri. He also leaves several Aunts, Uncles and cousins. He was born in Putnam, Ct son of the late Albert Fougere Sr.

and Eileen (Carpenter) Fougere living in North Grosvenordale all his life. Al was a Senior Web Developer for Hanover Insurance for sixteen years and TACO Inc., Cranston, RI. Al loved sports, especially the children's sporting events. He enjoyed the casino, he also was an avid sports fan, especially the Red Sox and Patriots. There are no calling hours. A graveside service was held in St. Joseph Cemetery, North Grosvenordale, CT, Thursday October 25, 2018 at 11 am. Please omit flowers, donations may be made in his memory to American Cancer Society, PO Box 22478, Oklahoma City, OK 73123 for Pancreatic Cancer Research. The Shaw-Majercik Funeral Home, 48 School St., Webster, MA has been entrusted with his arrangements. A guest book is available at www.shaw-majercik.com where you may post a condolence or light a candle.



Russell L. Cote, 43

SOUTHBRIDGE-Russell L. Cote, 43, died suddenly at his home on October 22, 2018.

Born in Southbridge on August 14, 1975, he was the son of the late Russell G. and Doris Ella (Anderson)

Cote. Russell is survived by his brother, Robert Peterson, of Charlton, MA; his sister, Linda Maciejewski and her husband, Gary, of Quinebaug, CT; his brother-in-law, Richard Marrier,

of Dudley, MA; and many nieces and nephews. He was predeceased by his sisters, Beth Marrier, and Heidi Filo.

Russell was previously employed as a truck stop attendent at Sturbridge

Calling hours for Russell will be Friday, November 9, 2018. from 9-10AM, and his funeral service will begin at 10AM at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA. Burial will immediately follow in West Ridge Cemetery, Charlton, MA. www.sansoucyfuneral.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to jean@stonebridgepress.news



CALENDAR

October 26-November 4

MALTESE FALCON: Pasture Prime Players are pleased to announce performance dates for "The Maltese Falcon" by Dashiell Hammett and adapted for the stage by Helen Borgers, as authorized by the Estate of Dashiell Hammett, all rights reserved. Performances dates are Fridays and Saturdays Oct. 26, 27 and Nov. 2 and 3 at 7:30 p.m. and Sundays, Oct. 28 and Nov. 4 at 2:00 p.m. The box office opens 30 minutes prior to the start of the performance. Tickets are \$14 for adults and \$12 for seniors (60+) and students (18 and under). For reservations contact us at pasture.prime. players@gmail.com or (508) 248-5448. We accept cash or personal check only.

Saturday November 3

"Harvest Ball" Hay Loft Steppers dance on Saturday, Nov. 3 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Bob Butler and the cuer will be Harriett Clarke. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

WIN THANKSGIVING DINNER: Charlton Lions will hold a Meat Raffle Saturday, Nov. 3 noon - 4 PM at Zorba's, Rte. 20 Charlton.

RABIES & MICROCHIP CLINIC: Friends of Charlton Animal Shelter host a rabies and microchip clinic Saturday, Nov. 3 10 a.m.-noon at the Charlton Town Hall, 37 Main St. Rabies vaccinations: \$5; distemper vaccinations: \$5; microchip: \$20.

Saturday November 10

TANTASQUA CRAFT FAIR: 7th annual Craft Fair at Tantasqua Regional Sr. High School on Saturday, Nov. 10, from 10 a.m. to 3 p.m. Tantasqua's Cornerstone Café will be open for an early bird breakfast buffet at 9 a.m. Craft Fair offers over 100 crafters with an array of merchandise for all of your holiday shopping, and refreshments. Free parking and shuttle service. Free admission.

GIANT MEAT RAFFLE: On Saturday, Nov. 10 at St. Joseph's Church Hall, Charlton at 6 p.m. 6 meat, 1 turkey, 1 lobster table! 3 Early Bird Tickets for arrival before 6 PM. Selected "Homemade" food purchases will be available for dinner as well as homemade baked goods for dessert. Beverages include beer, wine, soda, water, coffee, tea etc. Co-sponsored by Catholic Financial Life, Chapter 56.

Monday November 12

CHARLTON GARDEN CLUB: Nov. 12, Charlton Garden Club Meeting at 7 pm at the Charlton Federated Church, Charlton. 'Hands-On' flower arranging with Michelle Lowell. Bring a 6-inch container without drainage holes and greens. \$10 donation for non-members. For more information, contact Ginny Charette (508) 248-7300, Marcia Liedigk at (508) 434-0507.

Wednesday November 14

VETERANS APPRECIATION BREAKFAST: Offered by Harrington HealthCare System to Southbridge, Sturbridge & Charlton Residents on Wednesday, Nov. 14 at 8:00 a.m. at the Southbridge Hotel and Conference Center. Free for veterans; RSVP (leave a message) to: 508-765-2109 by Nov. 8.

Sunday November 18

"Advanced Level" Hayloft Steppers dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net

Saturday November 24

"Pie Night" Hayloft Steppers dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430

Sunday November 25

"Special Fund Raiser" Hayloft Steppers Mainstream/Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net.

Tuesday December 4

FRIENDS OF STURBRIDGE SENIORS: On Tuesday December 4 host a bus trip to see The Sicilian Tenors following a sell out concert at Carnegie Hall in New York City, are ready to bring the joy of all of our favorite Christmas Songs to you. Enjoy a delicious Luncheon that includes choice of entrees, salad, potato, vegetables, breads, dessert, coffee or tea. Trips are open to the Public. Comfortable motor coach transportation is included or it can be optional. For more information, please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com.

Saturday December 8

BREAKFAST WITH SANTA: Bay Path Education Foundation Santa Claus Pancake Breakfast at Bay Path High School, 57 Old Muggett Hill Road, Charlton on Saturday, Dec. 8 7:30-10:30 am. Free 5" x 7" photograph with Santa by Casson-Foster Photographers. Tickets are \$5, children under 5 are free.

ONGOING

WOMEN'S BASKETBALL: Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or

kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

CHARLTON

continued from page 1

towns have joined in the effort and now she wants Charlton to come on board as well.

"At each of the 12 summit meetings so far payment for state owned land has come up as a major problem for small towns in Massachusetts. This issue is complex and will require action in different parts of state government to be resolved," Bandy said in her memo. She added that these summits are calling on fair payment to towns as state land taxes are drastically lower than the private property taxes.

Bundy's memo laid out four goals for their coalition, all of which would

give towns more power over taxing the state for land within their borders and being involved in any hearing concerning how towns are compensated when the commonwealth takes ownership of properties. Those goals include making all hearings about state own land held in the communities where those parcels are located, having town officials receive single topic notifications about any proposed or actual changes to the state-owned land compensation procedures, making sure each rural town is reimbursed for state owned land annually using a formula based on the town's current residential tax rate and number of acres owned by the state during a given year, and ensuring that the legislature explores and support ways to make it easier for farmers to obtain mortgages on agricultural properties.

While selectmen in Charlton did not deny any interest to be involved with Rural Communities, they did not take any official action either. With only three members on hand for the Oct. 23 meeting selectmen Joe Szafarowicz, Deborah Noble and Karen Spiewak decided instead to seek more information on whether or not Charlton would truly benefit from taking part in Rural Communities' coalition.

"I don't see where we have any action to take on this regarding any motions, however I think it's important to pay attention to this because PILOT programs can sometimes short change communities and it results in a deficit in their tax base," Noble said. "I would suggest that we forward this to our assessor and have her look into it to see if the town of Charlton is being hurt financially or if we would benefit by supporting this."

Her fellow selectmen agreed that they needed more information before voicing their support or sending letters to lawmakers. Among the details selectmen want the Board of Assessors to examine are the acreage of state owned land in the town, how many state owned properties are in Charlton and how the goals of Rural Communities would impact the town's tax base.

"Every Town Deserves a Good Local Newspaper"

The hunt is on with the birds now migrating



THE GREAT **OUTDOORS RALPH** TRUE

This past weekend's storm had a positive impact on migrating birds, taking advantage of the wind currents as they fly south. Duck and goose populations were up as they stopped in the valley area to rest and feed for a day or two, and then continue on their journey. The next two weeks should provide some great shooting as the migrant birds continue to fly to their winter homes. Woodcock should also start to migrate, providing bird hunters with some great shooting opportunities over well trained pointing dogs. Very few native woodcock exist in the valley area today, mainly because of lost habitat from development. Ducks and Canada geese close Nov. 24, this year and reopen

Archery deer hunters have been harvesting some large bucks locally with a few sporting antlers with 10 points or

more. Local hunters are also finding more activities from deer that are leaving ground scrapes in local covers. Seasoned deer hunters are contemplating the rutting season to peak around Nov. 5-15 this year. It is a time that archers need to put all of the time they can in their tree stand, as it is the best time to encounter a big buck. Big bucks often let their guard down while chasing does that are in heat during peak rutting season.

Unfortunately, some of the hunting public are out stealing deer hunters gear again this year, and it is more wide spread than previous years. Deer cams are the target of choice by many of the local outlaw hunters this year. The cameras can be a bit expensive to replace. Some of the cameras have had the chip removed from them giving the thieves the data that was captured for the cameras owner. A couple of local deer hunters have purchased a couple of cameras, setting one in clear view of other hunters, but they have another close by, hoping to catch the thieves in the act. It has worked numerous times in prior years.

One local deer hunter shared

writer about information he captured on his deer cam. Along with pictures of coyotes, skunks, squirrels, and chipmunks but no deer, the video captured a squirrel harvesting acorns for the winter and burying them for his winter food supply next to a tree. After the squirrel left, the chipmunk appeared and dug up the squirrel's nuts and scampered off with them. I wonder where he got that idea from?

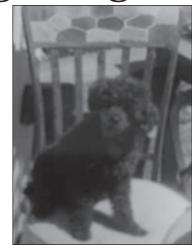
Shotgun deer season opens Nov. 26 this year, with the remaining season of black powder opening Dec. 10.

Hopefully weather conditions will improve soon allowing saltwater angers the opportunity to harvest tautog and stripers. Heavy wind and rough seas kept a lot of boats tied to the dock this past weekend, but weather was expected to improve this week. This week's picture shows this writer with old rubber lips, and a bucket of them caught this past spring. The limit on tautog has now increased to five fish daily for tautog in Rhode Island waters, but be careful to read the new regulations.

Charter boat customers are allowed five fish daily, but if



Ralph with a nice 'rubber lip' tau-



Courtesy photos

Madi-B is doing well and just wants everyone to know.

you own your boat, only 10 fish may be retained even if you have more than two anglers in the boat!! What a stupid regulation. It also seems unfair. The little guy gets hammered

This past week this writer received some mail from a 92 vear old gentleman that was responding to my column about the high cost of veterinarians. His dog Madi-B, a 9 year old poodle, had leg problems and his final cost at Tufts veterinary school was a cool \$4,400. He is extremely grateful for the great care his dog Madi B received and is now doing well on her three legs. He would do it again as the poodle is one of the family and losing her would be devastating. It sure is sad to hear stories like his as most people his age do not have that kind of money laying around. Thanks for your story.

Take a Kid Fishing & Keep Them Rods Bending!!

Backpack Brigade benefit at TSKK Saturday

BY GUS STEEVES TIMES CORRESPONDENT

WEBSTER - Like several businesses, residents and other entities, the Blessed Backpack Brigade was hit by the August tornado and its storage space, dubbed "the Cave," flooded.

This weekend, the TSKK Club at 21 Harris St. is hosting a benefit concert for the local agency from 8:30-12:30 on Saturday evening, Nov. 3.

According to Jason Bleau, a singer in the Chepachet-based band Gunpowder 'n' Lead (and a Stonebridge Press correspondent), the band has already planning its second show at TSKK when the tornado happened. The six-piece plays country and Southern rock.

'We asked the board if we could add a new layer to [our show] this year,'

he said. "There will be a lot of opportunities for people to give back to our community.

Specifically, he means raffles, a 50/50 contest, and other ways to raise funds for the Brigade. The show has no cover, so all funds go to the Brigade to help them supply meals and other resources for area homeless people and seniors.

"Last year, we packed the house, and we expect more this year," he said. "Last year, this was one of our biggest crowds.'

The Cave holds everything the Brigade has collected, most of it donated, including tents, clothing, furniture, electronics and small appliances, food and bedding. A lot of it didn't survive the inundation that came when the building's roof collapsed, although some was salvageable.

Back in August, Paul Joseph said the Brigade had \$4,000 to \$6,000 in supplies there. His wife Lauri Joseph agreed, saying their priorities for replacement are winter clothes, tents, tarps, pop-top soup cans, and hand warmers. The brigade has a temporary storage site "but I can't stay there forever."

She said she has been able to get into the Cave briefly, but the owner just finished work on the rest of the building, so she expects to actually "assess the situation from top to bottom" in the next week or two. At this point, though, it's clear it will "need a cleanup crew with masks, gloves and a dumpster.'

"The majority of the stuff is wet, moldy and smelly," she said. "We'll have to start from scratch. Those boxes were right under Niagara Falls, so I can't really say [what's salvageable].

Since the tornado, "people have been incredibly generous" giving them food for their regular meals and other things, including a tent they recently delivered to a young couple who've lived in the woods for three years. Regarding the benefit itself, she said she was "incredibly shocked" that Bleau was doing it for them, noting "I can't wait to go."

A second benefit – a dinner and raffle being organized by the Nichols College event coordination class - at Point Breeze is also in the works for Nov. 11, but details were not yet available by deadline.

Gus Steeves can be reached at gus. steeves2@gmail.com.



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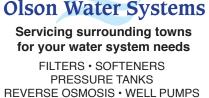
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HERE & THER

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7-10 p.m. in the bar CHRIS BREAULT 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333



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disease in need of a van with a wheelchair lift. FRIDAY, NOVEMBER 9



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FRIDAY, NOVEMBER 16

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SATURDAY, NOVEMBER 17

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WEBSTER - 52 Whitcomb St! Attention Investors! Owner Liquidating! 5 Family! 5/4/4/44 Rooms! 2/2/2/2/2 Bedrooms!

Completely Renovated! All Units Are Very Well
Maintained! Furnace Was Rebuilt! Updated Electrical & Plumbing! Off Street Parking! Walk to Schools & Shopping! \$325,000.00



3 Bdrms, Remodeled Bath, Finished Lower Applianced Oak Eat-in Isl Kit w/Corian Level! Corner Lot! Frplc Liv Rm w/Cathedrals, Hrdwd Flr, French Drs to 16x24 Deck! Din Rm w/Hrdwds! Remodeled Kit w/Cherry Cabinets Counters! Spacious Liv Rm w/Hrdwds! Sun Rm Cathedrals to Trey Deck! 3 Bdrms w/Hrdwds! Frplc Fam Rm! 2 Full Baths! 4th Bdrm/Office! Laundry! C/Air & Vac! & SS Appliances! Solar Hot Water! 1 Yr Old Roof! A/G Pool! Shed! \$269,900.00 Professionally Landscaped .46 Acre Lot! 2 Car Garage! \$389,900.00

ON DEPOSIT WEBSTER - 9-11 Lyndale Ave! 8 Rm

Colonial w/Greenhouses! Eat-in Kitchen! Formal Dining Rm Open to Living Rm w/ Wood Floors! Full Bath! Den w/Built-ins! 4 Large Bedrooms on 2nd Floor! Nice Level Lot! Walking Distance to Center of Webster! Town Services! Rte. 395 Near! Walk to Schools & Churches! \$104,900.00



DIDLEY - 13 Pineview Rd! 7 Rm Colonial! Tiled Foyer! Kit w/Din Area & Slider to Composite Deck! Din Rm! Liv Rm/Den! 1/2 Bath w/Laundry! 2nd Flr w/3 Carpeted Bdrms & Full Hall Bath! Master /Walk-in Closet & Bath! Finished Lower Level w/Gas Frolc! Patios! Fire Pit! Roof 2017! Attached 2 Car Garage! Town Services! \$359,900.00



6 Rm, 3 Bdrm, 2.5 Bath Cape! 1 Acre Lot! Cul-de-sac! Hrdwds Throughout! Open Lin Rm, Kit & Din Area! SS Appliance Granite Kit w/Isl! Slider to Composite Deck! 1st Flr Master w/Walk-in Closet & Master Bath! 2nd Flr w/2 Large Bdrms & Full Bath! Garage Under! **\$309,900.00**



SUTTON - 30 Jones Rd! Expandable 9 Rm 2.156' Colonial! 5.31 Acres of Privacy Long Circular Drive! New Granite Kit! Din, Liv & Frplcd Fam Rms w/Hrdwds! Yr Rd Sunroom w/Skylights! 3 Bdrms! 24' Master w/Bath! 2.5 Baths Total! 12x24 3 Season A/C! \$464.900.00



Recent Furnace! 18x24 Deck! Shed!

\$259,900.00

Generator! \$229,900.00







DOUGLAS WATERFRONT! 36 Cedar St! Badluck Pond (110Acres) aka Cedar Lake or Laurel Lake! Western Expo - Beautiful Sunsets! 2.74 Acres! 633' Waterfront! 471' Road Front! Beautiful Private Setting! Huge 28X96', 2,688' Custom 6 Rm Cedar Ranch w/Hrdwd Flrs Throughout! Spectacular, Open Din Rm & Great Rm w/Ston Frplc, Soaring Beamed Cedar Cathedral Ceiling, 6 Sky Lights, Recessed Lighting, 1/2 Bath & 3 Sliders to 96' Lake Facing Screened Porch! Custom Kit w/2 Skylights Recessed Lighting, Slider to Porch, Wall Oven & Center Island w/Triple Bowl Sink, Cooktop & Dishwasher! Mud Rm Entry w/2 Dble Closets, Tile Flr, Door to Kit & Door to Full Bath! 2 Lake Facing Bdrms w/Walk-in Closets, Skylights & Sliders to Porch! Full Tile Bath w/Separate Shower & Whirlpool Bath w/Door to Master & Hall! Office w/Dble Closet! 2.5 Baths Total! Cedar Lined Closets! Full Basement! Plus 36X72 '2 Story Heated Boat House/Garage/Work Shop w/Half Bath Caretaker/In-Law Apartment w/2 Full Baths! Game Rm w/Full Baths! 5 Full + 2 Half Baths Total! One of a Kind Waterfront Home! \$579,900.00



SHREWSBURY - 747 Grafton St! 8 Rm Capel. 5 Acres off Route 20! Great Business Location! House Needs Total Rehab! Ist Fir Consists of Ea-in Kit w/Built-in Hutch! Large Liv Rm! Master Bdrm w/Closet! Office! Full Balt! 2nd Fir Has 4 Bdrms w/Closets! Vinyl Windows! \$198,500.00



DUDLEY - 9 Progress Ave! 6 Rm Cape!

Move In Ready! Applianced Eat-in Kit! Dir & Liv Rms w/Hrdwds! 1st Flr Master w/



WEBSTER LAKE - 15 South Point Rd Waterfront Lot! Middle Pond - Panoramic Views! Conservation Approval! Build Your Dream! 100+' of Shoreline! 53.94' Road Frontage! Land Area 8,147'! Town Services Available! 2 Docks! Lots on Webster Lake a Rarity, Don't let this Slip By without Your Consideration! \$199,900.00



Facing! Recently Applianced Galley Kit! Frplcd Liv Rm w/48" Smart TV & Hrdwds! Master Bath w/Recent Skylight! 2.5 Tile Baths w/Recent Vanities & New Toilets 2013 A/C & Heat! Garage! Great Lakesid Pool! Sandy Beach! \$284,900.00



ON DEPOSIT

WEBSTER LAKE – 54 West Pt Rd! North Pond - Killdeer IsI - West Expo - Beautiful Lake Views & Sunsets! 2002 Built 6+ Rm Colonial! Ideal 2nd Home or Yr Rd Living! Applianced

Kit w/Center Isl! Lake Facing Din Rm w/Panoramic Water Views & Recent Wood Flr! Lake

Facing Liv Rm w.LP Gas Frplc, Recent Wood Fir & French Door to Deckl 1st Fir Laundry & Half Bathl 2nd Fir w3 Spacious Bdrms! Lake Facing Master Suite wFantastic Lake Views, Frplc, French Dr to its Deck, Dressing/Office Area & Full Bath wWhirlpool Tub! A 2nd Full

WERSTER LAKE - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Applianced Granite Kit! Din Rm Irdwds & Slider to Waterfront Deck w/Awning! Lake Facing Frolc Liv Rm w/ Cathedral, Skylight & Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage!



1280' Townhouse! 5 Rooms! Spectacular Sandy Beach! Fantastic Lakeside Pool! Applianced Kitchen! Carpeted Dining acious Bedrooms! Master Bath! 2.5 Updated Tile Baths! Central Air! Garage! \$239,000.00



Island - North Pond! West Expo - Beautiful Sunsets! 6 Rm 3 Season Home! Add Heat & Use Yr Round! Great Potential! 4 Bdrms Lake Views! Spacious Kit & Dining Area! 2
Baths! 55' of Sandy Beach!
\$475,000.00



WEBSTER LAKE - 7 Point Pleasant Ave! Panoramic Lake Views! Eastern Expo! Super Suprises! 9,000 Level Lott 2,300 Clistom Contemp Coloniali Built 2013 Like new! Open Fir Frain Custom Cranite Kit wilsland, Stainless Appliances, Gas Range, Soft Close Cabinets & Recessed Lights! Spectacular Lake Facing Great Rm, Stone Gas Frpic Surrounded by Custom Cabinetry, Recessed Lights & Ceiling Fant Dining Area w/Custom Ceiling! Full Bath w/Granite Vanity & Custom Tile Showerl Laundry Rm! "Wood Look" Tile Floors throughout the First Floor! 2nd Fir Features 3 Control table Bdrms wa! Being Waterfront! Lake Facing Master wSlider to Deck, Hridws, Excessed Lighting, Walk-in Closet & Bltrm Access! Lake Facing Bdrm wHrfdwsls, Dible Closet & Door to Deck! 3rd Bdrm wHrtdwsl & Dible Closet! Full Hall Bath wDible Grante! Vanity & Tile Fir! C/Airt Gas Heat! 24x30 2 Story Detached Garage! Dock! Get Pacing! \$783,900.



Island! North Pond Views! Sandy Shore! 6 Rm Cape! Open Liv & Din Rm w/Newly Restored Fireplace! New Lake Facing Windows! 2 1st Flr Bdrms, 1 Lake Facing! 3 Bdrms! 2 Updated Bathrms! Huge Composite Deck w/Vinyl Rails! Walk-out Lower Level to Courtyard! Garage Under! \$559,000.00

ON DEPOSIT WEBSTER LAKE - 12 Kenneth Ave! South Pond! 5 Rm Ranch! 80' Waterfront Completely Remodeled 10 Yrs Ago! Kraftmaid Cabinet Kit w/Island & Silesto ounters! Bamboo Wood Flrs Throughou Open Flr Plan! Composite Deck! Lake Facing Master! 2 Bdrms! Full Bath! Fam Rm! **\$399,900.00**



WEBSTER LAKE - 104 Treasure WEBSIER LAME — 104 Treasure Island! 1,874 Townhouse! Oak Cabinet Kit wBreakfast Counter! Formal Din Rm! Frplc Liv Rm! Screened Porch! 1st Flr Master wWalk-in Closet & Bath! 2.5 Baths! 2nd Level w2nd Master Bdrm & Bath! Recent C/Air! Attached Garage! 2



Townhouse! 6 Rms! 1 874'! Hrdwd Floors! Applianced Granite Kit! Open Flr Plan! 2 Bdrms
Master Bath w/Whirlpool Tub, Separate Shower
& Bidet! 3 Baths! Frplcd Fam Rm! CAir! Gas Heat! Trex Deck! Recent Windows/Doors! Garage! 2 Boat Slips! Heated Pool, Sandy Beach \$334,900.00







WEBSTER LAKE - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since WEBSTER LARE — 20tz Kuldeer Island Kdl Panorame View of North Pondi Natural Sandy Shorelinel Complete Rebuild Since 2002 (Custom Center Island Applianced Granite Kitchen wWalki-in Pantry, Recessed Lighting, Hardwoods & 1/2 Bathl Open Floor Plan! Dining Rm wWindow Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm wHardwoods & 2 Sliders to Deck w/Recent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master wCathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor Huge Corner Shower WSeat, Double Linen Closet Holl Hall Bath Hallway Landry Closet Llake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! \$629,900.00



WEBSTER LAKE – 8 Reid Smith Cove Road! Panoramic Lake Views! West Expo! Super Sunsets! 9,698' Lot! Gently Sloping! 2,254' Custom Contemp Cape, Built 09 as 2nd Home, Like New! Open Fir Plan! Spectacular Lake Facing Great Rm w/17' Ceiling, Recessed Lights, Sliders to Trex Deck, Stone

Gas Frplc, Surround Sound & Gleaming Hrdwds! Granite Kit w/lsl, SS Appliances, Soft Close Cabinets, Hrdwds & Recessed Lights! 1st Flr Master w/Tile Bath, Whirlpool Tub/Shower, Dble Sink & Linen

Closet! Upstairs Sitting Area Overlooking Grand Rm w/Lake Views! Hrdwd Hall to 2 Bdrms w/Recessed Lights, Ceiling Fans & Dibe Closets! Full Bath & Linen Closet! Lower Level Walkout Fam Rm w/File Fir. 10' Ceilings, Resessed Lights, Ceiling Fans, Stone Gas Fripe, Surround Sound, Wet Bar & Silder Full Bath w/Tile Firl Utility Rm w/Laundry & Storage! Nice Docks! Get Packing! \$724,900.00



WEBSTER LAKE - 810 Beacon Park! 5 Rms, 1,100' Garden Unit! Fantastic Lake Views! 2 Bdrms! Master Bath! 2 Full Baths! Brand New Heat & A/C Unit! Appliances Din Rm w/Bay Window! Large Covered Patio & Manicured Courtvard! Garage! Lakeside Pool! Sandy Beach! Best Seat for July 4th Fireworks! \$259,900.00







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Sharon Pelletier - Broker Licensed in MA, CT & RI

WE WANT YOUR

DUDLEY- 7 DELANY AVE



First Time Offered! Large Raised Ranch in a quiet neighborhood, close to town beach. Vinyl sided, new roof, newer windows, 2 car garage. Finished lower level with fireplace. Sun filled living and dinning rooms, eat in kitchen. Forced Hot Water, Natural Gas Heat! Great yard for fun and games all \$259,900



Beautiful 4 bedroom Colonial, new granite counter, stainless appliance beautint 4 bedroid Colonia, Iven Watther Colonia, Iven Market Sphanice Kitchen. Dining room and large living room, hardwood through out the first level, 3 seasoned porch for added living area. Over sized master with double closets, and 3 additional bedrooms. Finished basement with pellet stove. Outside, a patio and above ground pool.

June Cazeault * William Gilmore II * Laurie Sullivan * Diane Strzelecki * Matthew Ross * Lori Johnson-Chausse * Mark Barrett



Very Attractive 1700 sq ft stone face Cape! Attached 13' X 22' Garage. Fireplaced front living room! Large Kitchen with ample amount of cabinets. 1st floor master bedroom. 2 large bedrooms on the 2nd Floor. 1/2 bath on the first floor, full bath on the 2nd floor. Natural Gas baseboard Heat! Vinyl siding! Town water and sewer. Nice level lot with mature shrubs. Very private rear yard. \$140,000

THOMPSON, CT - 25 BONNETTE AVE



New Price! Roomy 1300 sq.ft., Hip roof Ranch Attached 2 car garagel PLUS 32x32 Detached Garagel Eat in Kitcheb, Fireplaced living room with bow window! 3 bedrooms, enclosed heated sun room, central air, Koi Pend, on .87 +/- acre! \$265,000

WEBSTER - 104 THOMPSON RD



1+ acre of niceley manicured lawn with a well maintained 2 Family! Many imorovements! 2 &3bedroom apartments! Oil heat! Large 24' x 30' garage! Mini 15' x 30' stone barn

WEBSTER - 20 NORTH MAIN ST



2 Family - Spacious 3 bedrooms each apartment. Hardwoods pocket doors, 10ft ceilings, New gas furnaces! Partially finished 3rd floor. 1st floor handicapped accessible. 2 car garage. All town

WEBSTER - 7 HICKORY LN



New Listing Warm and Inviting, This Lovely Ranch Sits On A Neighborhood. This 3 Bedroom 1.5 Bath Home Has So Much To Offer!!! Fully Applianced Eat in Kitchen, Newly Carpeted Living Room and Three Cozy and Comfortable Bedrooms All On One Floor. Walk Down To The Lower Level To The Open And. Spacious Family Room With Pellet Stove!

LAND! WEBSTER/DOUGLAS BUILDABLE LOTS

Douglas-Mount Daniels Lot #2-2.5 Acres of flat land that abuts Douglas State Forest Webster Lake - 16 Black Point Rd. Waterfront, Boat Access, Buildable w/Town Water & Sewer. SORRY SOLD

Webster Lake - 22 South Point Rd. Waterfront Southern exposure! Town Water & Sewer \$250,000 Thompson - East Thompson Rd. White's Highway 23 acres! Abuts Mass. Line Beautiful view! \$99,900

THOMPSON, CT - 359 E. THOMPSON RD



of 3 bedrooms, and 1-1/2 bath, basement, farmers porch and 1 car garage. Much of the land is cleared. This property has 300° +/- of road frontage on East Thompson Rd. and road frontage on the entire length of pavement on Roy Rd. Rectangular in shape greater than 1300' wide X over 1600' deep. Needs TLC!

WEBSTER LAKE - BEACON PARK #802

WEBSTER LAKE at BEACON PARK! TOWNHOUSE overlooking the COURTYARD 1230 SF-/-, Open Concept Living/Dining FIRE-PLACE & PRIVATE DECK. Freshly painted rooms, updated applianc-es. Upper level has 2 SPACIOUS BRS including a MASTER SUITE w/ SKY-LIGHTED, PRIVATE BATH, 2nd BR w/lg walk-in closet, 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE!

WEBSTER - 7 ARKWRIGHT RD.



Rm w/5 lighter bay window, Great Rm w/cathedral ceilings, fire place, ceiling fan, & skylights! 3 BRs. Whole house fan. Private back yard, & in-ground pool! 10' x 12' - 3 season porch Patio Woutdoor fireplace. Room in basement served as a large work-shop. 15' x 20' Carport & 2 storage sheds! \$248,800



158 W. Quasset Rd. - Extraordinary Waterfront Retreat on Quasset Lake! Unique, Tranquil, Quiet, Secluded & Privatel Long circular driveway! 5.5 acres of land! Patios, covere patios & balconies, stone faced 3 car det'd garage w/heated studio, Cape Cod show er, winding gravel path to 265 4/- of shoreline! 5,000 sqft hip roof 3 story Colonial! 2 stor

On The shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 118 POINT BREEZE RD





WEBSTER LAKE - 54 KILLDEER RD

KILLDEER ISLAND! A RARE OPPORTUNITY ON WEBSTER LAKE! ABSOLUTELY THE WATERFRONT PROPERTY YOU'VE BEEN WAITING/ LOOKING FORI 2.45+/- Acres! 345-/- road front, 336/384-/- depth, 275-4/-Lakefront! Mature landscape provides unprecedented privacy, & a friendly level of tal water's edge – like very few waterfront properties! The possibilities for this property are only limited by your imagination. The 3700 SF+/- Mid-Century Modern Home is unique w/massive modern windows that invite your eyes to venture outside to spectacular 180 panoramic views across the lake to stunning Western sunsets and beautiful natural shoreline beyond! Relax & Entertain in the tiled, stone fireplaced family rm, wet bar w/sliders to an enormous outdoor patio! The house features a 36'+/- open concept combination living/dining area with a stone fireplace, an open stainway & interior 2nd fir balcony w/access to 5 spacious BRs that overlook the rooms below. A 30x32+/ effort garage w/summer kitchen, 1/2 bath & huge **fireplaced patio!** Family ownered gern for 60+years! \$1,495,000

WEBSTER LAKE - 93 BIRCH ISLAND RD



New listing! 2 Family on webster lake middle pond waterfront! Rare Opportunity! Great for the investor or home owner looking for additional income. Views with a sandy shoreline! First floor has one bedroom ~ second floor is 2 bedrooms. Each unit has its own washer/dryer hook ups. Quick access to i-395! Walkout basement & storage area patio! Taxes \$4,624 yr.

WEBSTER LAKE - 22 LAURELWOOD DR



1st Time Offered in Reid Smith Cove, Spectacular 3700+/- SF. 13 Rm/4.5 Bath Lake Home, Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location, .68 Acres, .92 of Natural Shoreline, Prof. Landscape, Multiple Decks, Lakeside Cabana, 3 Msrt BR Suites w/Elegant 1st Fir Msrt - all w/Private Baths, Finished Multiple 1, 10 All Micro & Buttler 1, 10 Rep. 8, 5 Corporate Finished Walkout LL w/Living & Billiard Rms & Summer Kitchen! Call Sharon at 508-954-7222 for More Information \$1,150,000

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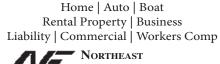
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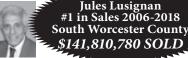
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FOR LEASE RETAIL or OFFICE SPACE

Beautiful water views with over 2400 SF of space available in a standalone brick building with a full kitchen & 3 bathrooms located on busy Rt. 16 in Uxbridge, MA

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BUY NOW AND BE IN FOR THE HOLIDAYS!



Southbridge:Fantastic opportunity to own this single level. multi tenant commercial property in the heart of downtown Southbridge. Building is just under

6000SF. Three individual storefronts. Updates include electrical, heating and roof. Great profit of over 25k per year! Great visibility being right on Main St. Start a business with help from two tenants. Call for details! \$319,900.



Open House Saturday 12-2pm 41 Chartier Lane, Southbridge CONDITION! beautifully remodeled! 6 rooms 3 bedroom 2 ½ baths! Master bathroom is stunning! Open

Spacious eat in kitchen w/under counter lighting, recessed lighting, all updated. Livingroom gas fireplace, gleaming hardwood floors, with French doors opening out to private patio to inground pool. Wait till you view the lower level! \$275.000.



Open House 17 Cedar St., Southbridge Beautiful Ranch with 5 rooms bedrooms & 2 baths.

pacious living room with hardwood floors, formal dining room. Large master bedroom with double closets & huge master bath w/tile floor, walk in shower and washer & dryer. 1 car garage. CAIR. Many updates



Open House Saturday 12-2 pm 237 Marcy, Southbridge Adorable low maintenance Ranch ith updated kitchen, new counters & floor. 5 spacious rooms with 2 bedrooms with large closets. Open

Front to back

Bright & Sunny floor plan. Cabinet packed kitchen. Newer stainless steel appliances. Steel beam construction. Open basement great for future finishing! Garage under. Walk to Town Amenities. \$179,900.





Open House Saturday 12-2 19 Mary Ellen Lane, Southbridge ide of Ownership. Expandable cane with undated, kitchen, bath. roof. furnace. Fully

Applianced kitchen. Hardwood

and tile throughout. One car garage. Expansion possibilities. 19 Mary Ellen Lane. \$219,900







11:30am - 12:30pm 22 Morton Station Rd Charlton, MA 01507

Here's your new dream home you've been wishing & waiting for. This high-end home comes with hardwood firs throughout all the rooms except the bathrooms, which have beautiful ceramic tile flrs. Builder has given great attention to details with stately crown molding & decorative wainscoting.



1pm - 2pm 114 Ramshorn Rd Charlton, MA 01507 Magnificent cape near dudley town line!

Here's your opportunity to enjoy the country living in this big, beautiful home with all the fabulous features you've been looking for. New granite kitchen with stainless steel appliances, new granite baths with high-elevation vanities, hardwood floors, & heated garage with plenty of room for



2:30pm - 3:30pm 146 Berry Corner Rd Charlton, MA 01507 This snrawling home is exactly what you have

been looking for to accommodate your growing family. The property has many recent updates with granite kitchen & baths, new paint, new deck & so much more. You will love the open floor plan with the cathedral ceiling in the living room & the stone fireplace with pellet stove insert. The huge great room above the garage could be used as the master bedroom for a total of 4 bedrooms if needed. Located in a quiet neighborhood only 1.4 Miles to heritage country club.

What is your home worth in today's strong Seller's Market? Call me for a complimentary analysis.



See details on these and all my other Listings at: PeoplesBroker.com George P. Goulas ~The People's Broker MBA, Broker-Associate, Realtor 508-509-3833





(C) Condo (B) Business (P) Land

(X) Condex (U) Duplex (L) Mobile Home

(M) Multi-Family (S) Single Family (A) Apartment

(T) Townhouse (D) Adult Community (W) Waterfront

STYLE TIME PRICE **ADDRESS**

REALTOR/SELLER/PHONE

SATURDAY, NOVEMBER 3 SOUTHBRIDGE \$179,900 Aucoin Ryan Realty 508-765-9155 237 Marcy St 12-2 \$229,900 Aucoin Ryan Realty 508-765-9155 19 Mary Ellen Ln 12-2

11-1

WEBSTER 81 Lakeside Ave 11-1 \$225,000 ReMax Advantage 1 /Maureen O'Connor 508-981-4902 **SUNDAY, NOVEMBER 4**

CHARLTON 114 Ramshorn Rd

11 Blueberry Ln

S 11:30-12:30 22 Morton Station Rd S 1-2 146 Berry Corner Rd 2:30-3:30 DUDLEY 348 Dudley Oxford Rd S 11-1

\$329,900 Keller Williams / George Goulas 508-509-3833 \$499,900 Keller Williams / George Goulas 508-509-3833

\$329,900 ReMax Advantage 1 / Jo-Ann Szymczak 508-943-7669

\$349,900 Keller Williams / George Goulas 508-509-3833 \$320,000 ReMax Advantage 1 /Maureen O'Connor 508-981-4902 WEBSTER

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Two Family!!! Central Air, Commercially Zoned 43 - 45 Thompson Road, Webster, MA \$234,900 RENT TO OWN!!!!



Hard to Find Apartment!! 2 Chase Ave Apt. 3, Dudley, MA \$800.00 Monthly Large 1 Bedroom, Coin-Op Onsite



Open House Sat, Nov. 3 1:00-3:00

Large Industrial Rental!! 2 Hawksley Drive, Oxford, MA \$6 per SQFT

Make the move! Find the homes of your neighborhood





North Village Condominiums 116 North Street, Douglas MA



Units Available ' **First-Come First-Served** For \$183,300!

This is an opportunity for 31 affordable duplex-style homes. These 31 homes will be sold at affordable prices to households with incomes at or below 80% of the area median income.

All brand-new homes have three bedrooms, one and a half bathrooms, 1605 square feet, excluding basements and attached garages, and at least 2 parking spots. North Village Condominiums are situated within an ambient community on scenic North Street in Douglas, Massachusetts, encompassing the luxury of Blackstone Valley's serene country surroundings. The community of duplex style homes encompass a 20-acre parcel of manicured grounds abutting 40 acres of open space.

CONTACT US TODAY!

The next affordable homes will be ready by the end of 2018!

Open weekdays by appointment or visit our Open House Saturdays & Sundays 11:00-2:00.

Compass North Realty, Inc. ~ 774-280-1105 compassnorthrealty@yahoo.com www.northvillagecondominium.com

SALES PRICE: 3 Bedrooms: \$183,300 Condo Fees are \$125 / month

Maximum Allowable Household Income

1 Person Household: \$48,100 4 Person Household: \$68,650

2 Person Household: \$54,950 5 Person Household: \$74,150

6 Person Household: \$79,650 3 Person Household: \$61,800

Households cannot have more than \$75,000 in assets



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Jo-Ann Szymczak 774-230-5044 Diane Luong 774-239-2937 Maria Reed 508-873-9254 Maureen O'Connor 508-981-4902

ReMax Advantage 1 179 Shrewsbury St., Worcester MA 01604

\$6,000 in assistance



HOME BUYER COFFEE HOUR

November 10th Noon-1pm 21 Schofield Ave, Dudley

> Seating is limited Meet with Bill Roland & Jo-Ann Szymczak

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• 2018 Down Payment Plus provides up to

• Up to 100% Financing FHA/VA/USDA **Loan Programs**



Paxton: 4 Bedrooms, inground pool, 1/2 acre lot, 2000 sq. ft., 2 car garage, 1.5 baths, hardwood floors, fireplace

15 Indian Hill Rd ~ \$309,900



OPEN HOUSE SUN 11-

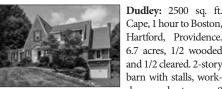
Webster: Great location! 1+ acre lot, 2.5 baths, 2400 sq. ft., 1st floor family room, 4 bedrooms

11 Blueberry Ln ~ \$329,900



348 Dudley Oxford Rd ~ \$320,000

Dudley: Nature Lovers Lot! Private backyard abutting conservation land, Eat-in kitchen with double pantry, updated baths, 3 bedrooms, and New Septic



Cape, 1 hour to Boston, Hartford, Providence 6.7 acres, 1/2 wooded and 1/2 cleared. 2-story barn with stalls, workshop and storage, 8

room, 4 bedrooms, 3.5 bath, cherry cabinet kitchen.

7 Dudley Oxford Rd ~ \$449,900



Shrewsbury: bedroom suite, 3-4 bedrooms, 1st floor family room, fireplace, 2 baths, Dead-end Street 14 Lebeaux Dr ~ \$404,900



hardwoods, family room, near hospital area 153 Highland St ~



rooms, 2.5 bath, garage, upgraded cabinets/granite counter tops

25 Third St ~



508-272-5832 NMLS #20398

Szymczak Sells!



Dudley:1/2 Acre Lot Off Raymond Street \$30,000

Diane Buyer Assisted



Leicester: 10 Sanfred Rd \$380,000



OR POSSIBLE LEASE. Office space, garage with 2 bays, great business opportunity. 498 Main St. ~ Call Jo-Ann for

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HomeServices

New England **Properties**

OPEN HOUSE SAT 11/3 10:00-11:30



130 English Neighborhood Rd Woodstock \$475,000 Sweeping valley views! Stunning Antique home. 19.55 acres with pasture, developable land and 4 outbuildings John Downs 860-6377-0754

OPEN HOUSE SAT 11/3 1:00-3:00



20 Fire Tower Rd. Eastford \$200,000 2002 Country Ranch with 3 BR 2 BA New deck, and appliances. Across from Natchaug State Forest, on Pomfret line. Mary Collins 860-336-6677

Woodstock \$460,000 NEW LISTING



Lovely classic Colonial in private setting & landscaped $2.14~\mathrm{acres}$ w/a lg 3 car attached garage. There is nothing remaining to do but move in! **Mary Scalise** 860-918-1539

Eastford \$319,000



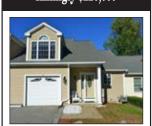
Newly renovated Farmhouse w/4 BR 2.5 BA & wrap-around porch! Open concept kitchen opens to cathedral ceilings in the family rm. Mary Scalise 860-918-1539

Putnam \$4,000/mo. Commercial Lease



Location! 2,696 SF commercial space for lease with ample parking. Convenient to I-395. Vivian Kozey 860-455-5363

Killingly \$220,000



Pristine 2005 updated Townhouse. Granite & hardwoods, 2 Full BA, finished basement. Close to 395. Mary Collins 860-336-6677

Putnam \$254.900



Victorian, wood flrs, 4 BR, 2 BA, w/ front porch, updated kitchen & baths. Possible rental above garage. Close to shopping & I-395 & 44. 860-234-1343

Tolland \$299,900



Pride of ownership shines in this 4 BR, 3 BA over-sized Raised Ranch in a private country setting. This is a must see! Vivian Kozey 860-455-5363

Pomfret \$465,000



Enjoy comfortable & spacious living in this bright, modern, 5 BR, $3.5~\mathrm{BA}$ home. 3 beautiful floors of living space located on 5 acres. John Downs 860-377-0754

Woodstock \$350,000



Three BR plus bonus finished room over the garage & finished basement space with walk out. Direct waterfront on Keach Pond. John Downs 860-377-0754

Woodstock \$425,000



Stunning home on 18.24 acres of beautiful land. 1st floor master, hardwood floors throughout. Location is private, quiet & peaceful. John Downs 860-377-0754

Brooklyn \$545,000



Sensational Contemporary w/privacy In-law on lower level, wood floors, 2 stone fireplaces & master suite on main level, 3 bay garage! Rachel Sposato 860-234-1343

Ashford \$189,900



Great owner/occupy opportunity. Side by side units. Updated in 2003. Sits on 2.44 lovely acres. Vivian Kozey 860-455-5363

Woodstock \$1,390,000



Wonderful Antique Colonial with 182 acres, pastoral views w/4+ miles of wooded trails. Unique open concept, 3 story barn. White/Cook Team: Amy Archambault 860-377-2830

Pomfret \$275,000



Private 3 acres Custom Ranch 1,478 SF. FP in living room, dining room, 3BR, 2 BA, woodstove, 2 car garage Mary Collins 860-336-6677

Woodstock \$169,900



5 BR Colonial in desirable E. Woodstock Village. Private setting, porch, handicapped accessible, HW. 1st floor master. A must see! Elizabeth Zimmer 860-617-2191

Thompson \$149,000



Unique opp. for a commercial/mixed use building in great location! The wner will sell building w/all contents (antiques/collectibles). The White/Cook Team:

Diane 860-377-4016

Putnam \$400,000 NEW LISTING



LAND FOR SALE This 26.12 acre lot includes a rustic sportsman's cabin that is currently occupied. The property is near route 44 and 395. The White/Cook Team: Charlotte 860-931-6006

LEGALS

TOWN OF BROOKFIELD NOTICE OF PUBLIC HEARING

A Public Hearing will be held on Tuesday, November 20, 2018 at 6:30 pm during the regularly scheduled Selectmen's Meeting in the Brookfield Town Hall – Selectmen's Banquet Hall Meeting Room, located at 6 Central Street, Brookfield, MA, on the application for a Change of Location of an All Alcoholic Retail Package Store Liquor License from Boswell Enterprises, Inc., dba Central Package Store, from the Corner of Central and Pleasant St. to 55 South Maple Street, Brookfield, MA The public is encouraged to attend this meeting.

Linda M. Lincoln, Chairman Brookfield Board of Selectmen November 2, 2018

TOWN OF WALES, MA
PLANNING BOARD
PUBLIC HEARING NOTICE
Wales Town Offices
3 Hollow Rd. Wales, MA 01081
Monday; November 19, 2018;
7:05 p.m.

NOTICE:
TOWN OF WALES PLANNING
BOARD PUBLIC HEARING
PUBLIC HEARING DATE:
November 19, 2018 at 7:05 P.M.
LOCATION: Town Hall Selectman's
Office, 3 Hollow Rd. Wales, MA
01081

TOPIC: Hegan Street Status as a Town Road November 2, 2018 November 9, 2018

COMMONWEALTH OF MASSACHUSETTS

ENERGY FACILITIES SITING BOARD

NOTICE OF ADJUDICATION NOTICE OF PUBLIC COMMENT HEARING

EFSB 18-04/D.P.U. 18-96

Northeast Energy Center LLC

Notice is hereby given that on August 31, 2018, pursuant to G.L. c. 164, § 69J and G.L. c. 40A, § 3, Northeast Energy Center LLC ("NEC" or the "Company") filed petitions with the Energy Facilities Siting Board ("Siting Board") and the Department of Public Utilities ("Department") in connection with the Company's proposal to construct a natural gas liquefaction, storage and truck-loading facility ("Facility") in the Town of Charlton, Massachusetts (the "Project"). NEC's preferred site for the Facility is at 249 Sturbridge Road (Route 20) in Charlton.

The Company proposes to take natural gas from an existing underground Tennessee Gas Pipeline Company, L.L.C. ("TGP") pipeline in Charlton, and transport the gas to the Facility via a new underground pipeline approximately 1.5-miles long. At the Facility, the natural gas would be cooled to a liquid state, stored as a liquid on-site, and then transported by truck to gas company customers such as National Grid. The liquefaction system would be capable of producing approximately 250,000 gallons of liquefied natural gas ("LNG") per day. The Facility would include a set of ten 100,000-gallon LNG storage tanks, comprising one million gallons of storage capacity in total on-site. NEC states that the Facility would enable its gas company customers to maintain reliable and economic natural gas service.

The Company also filed a petition pursuant to G.L. c. 40A, § 3, for several individual zoning exemptions and a comprehensive exemption from the Town of Charlton Zoning Bylaw. NEC's two petitions have been consolidated into one proceeding and will be heard by the Siting Board. The docket number for this consolidated proceeding is EFSB 18-04/D.P.U. 18-96.

Opportunity for Public Comment

The Siting Board will conduct a public comment hearing on the proposed Project:

Tuesday, November 13, 2018, at 7:00 p.m.
Charlton Municipal Offices, Board of Selectmen Meeting Room 37 Main Street, Charlton, MA 01507

At the public comment hearing, the Company will present an overview of the proposed Project. Public officials and the public will then have an opportunity to ask questions and provide comments about the Project. The public comment hearing will be recorded by a court reporter.

Written comments may be submitted at the public comment hearing or filed with the Siting Board through Friday, November 30, 2018. Comments should be filed by email attachment to both email addresses below, and a hard copy filed with the Siting Board at the mailing address below:

M. Kathryn Sedor, Esq., Presiding Officer
MA Energy Facilities Siting Board/DPU
One South Station
Boston, MA 02110
kathryn.sedor@mass.gov
dpu.efiling@mass.gov

Siting Board Jurisdiction

The Siting Board will review the Company's filing to determine whether the proposed Project will provide a reliable energy supply with a minimum impact on the environment at the lowest possible cost pursuant to G.L. c. 164, §§ 69H, 69J. Pursuant to G.L. c. 40A, § 3, the Siting Board will also consider whether the Project is "reasonably necessary for the convenience or welfare of the public" and whether the requested zoning exemptions are warranted.

Preferred Site for the Project

NEC has identified an 11.6-acre site within a 220-acre parcel located at 249 Sturbridge Road (Route 20) in Charlton as its preferred site for the Project. The Project would also include a new 1.5-mile interconnecting pipeline crossing three other parcels to the south of the primary parcel in order to connect to existing TGP facilities via a new meter station. The LNG provided by the Project would be transported

by truck from the Facility, using a new driveway which adjoins Route 20.

Alternative Site for the Project

NEC has also identified an alternative site for the Facility adjacent to the existing Millennium Power electric generating plant, located at 10 Sherwood Lane in Charlton. As with the preferred site, the Facility on the alternative site would be connected to a TGP natural gas pipeline. If constructed on the alternative site, the Facility would be capable of supplying LNG directly to the Millennium Power plant as well as supplying LNG to its gas company customers by truck.

Public Review of the Company's Petition

The general location, layout, dimensions and configuration of the Project are shown on maps and plans included in the Company's petitions. Copies of the Company's petitions and attachments are available for public inspection at the Energy Facilities Siting Board, One South Station, Boston, MA 02110, and at the office of the Company's counsel at Pierce Atwood LLP, 100 Summer Street, Boston, MA 02110. Copies are also available at the following locations:

- Charlton Public Library, 40 Main Street, Charlton, MA 01507
- Joshua Hyde Public Library, 306
 Main Street, Sturbridge, MA 01566
 Jacob Edwards Library, 236 Main Street, Southbridge, MA 01550

In addition, the Company's Petitions, including all attachments, are electronically available via the Department of Public Utilities' website at: https://eeaonline.eea.state.ma.us/DPU/Fileroom/dockets/bynumber.

Enter "EFSB18-04" (with no spaces) into the search box. To request materials in accessible formats for people with disabilities (Braille, large print, electronic files, or audio format) contact the Department's ADA coordinator at DPU/ADACoordinator@mass.gov or (617) 305-3500.

Intervention and Participation

Persons or groups who wish to be involved in the Siting Board proceeding beyond providing comments at the public comment hearing may seek either to intervene as a party or to participate as a limited participant. Intervention as a party allows the person or organization to participate in the evidentiary phase of this proceeding, including evidentiary hearings in Boston, and grants the right to appeal a final decision. A limited participant may receive many of the documents that will be submitted to the Siting Board and present written or oral argument to the Siting Board after evidentiary hearings conclude. Any person interested in intervening as a party or participating as a limited participant in this proceeding must file a written petition with the Presiding Officer. Petitions must satisfy the timing and substantive requirements of 980 CMR 1.05, the Siting Board's procedural rules, which can be found on the Board's website at: https://www.mass. gov/how-to/file-a-petition-to-intervene-

in-an-efsb-or-dpu-siting-case.

A petition to intervene or participate as a limited participant must be filed in three places.

<u>First</u>, the petition must be filed in hard copy with the Presiding Officer, M. Kathryn Sedor, Esq., Energy Facilities Siting Board, One South Station, Boston, Massachusetts, 02110, no later than the close of business (5:00 p.m.) on Friday, November 30, 2018.

Second, the petition must be filed with the Siting Board in electronic format by e-mail attachment to dpu.efiling@ mass.gov. The text of the email must specify: (1) the docket number of the proceeding (EFSB 18-04/D.P.U. 18-96); (2) the name of the person or entity submitting the filing; and (3) a brief description of the document. The electronic filing should also include the name, title and telephone number of a person to contact in the event of questions about the filing. Furthermore, an electronic copy of the petition must be sent to the Presiding Officer at kathryn. sedor@mass.gov.

Third, the petition must be sent in electronic format by e-mail attachment to counsel for NEC, James M. Avery, Esq., Pierce Atwood LLP, 100 Summer Street, Boston, MA 02110; or javery@pierceatwood.com.

Reasonable accommodations for people with disabilities are available upon request. Include a description of the accommodation you will need, including as much detail as you can. Also include a way we can contact you if we need more information. Please provide as much advance notice as possible. Last minute requests will be accepted, but may not be able to be accommodated. Contact the Department's ADA coordinator at DPUADACoordinator@mass.gov or (617) 305-3642.

Interpretation services for those with limited English language proficiency are available upon request. Include in your request the language required, and a way to contact you if we need more information. Please provide as much advance notice as possible. Last minute requests will be accepted, but may not be able to be accommodated. Contact the Presiding Officer (contact information below).

Any person desiring further information regarding this Notice, including information about intervention or participation in the adjudicatory proceeding, may contact the Presiding Officer at the address, telephone number, or email below:

M. Kathryn Sedor, Esq.,
Presiding Officer
Energy Facilities Siting Board
/DPU
One South Station
Boston, MA 02110
(617) 305-3525 or
kathryn.sedor@mass.gov

October 25, 2018 October 26, 2018 November 1, 2018 November 2, 2018



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ARTICLES FOR SALE

010 FOR SALE

12' CONTRACTORS Enclosed Trailer: \$2,400. Dewalt Laser & Stand \$275, 4 Adjustable Wall Brackets \$140. Ladder Racks For Truck \$125. Engine Stand \$50. (508) 892-9595

BEAUTIFUL DW MOBILE HOME IN GATED SENIOR MOBILE HOME PARK \$16,000. 2 bdrms, 2 baths, working kitchen, dining room, LLR & 2 Florida rooms, completely furnish. 863-682-6473. Lakeland, Florida

2 LAZY BOY LEATHERswivel rocker recliners, beautiful rich mahogany color. Less than 1 year old, perfect condition. \$500 each. 774-280-2639

2 TWIN BEDS: Complete, In Excellent Condition, 508-423-

2008 ZODIAC and 14' CANOE, excellent condition. ACTI-V 9'4", electric pump/all accessories, air floor. 2009 Honda 8HP, serviced. \$2,195 Canoe: oars/ seats, no leaks. \$275 860-983-0800 Sturbridge

225 GALLON WATER STORAGE TANK - used 6 months. \$350 508-867-2523

24 FOOT POOL, ABOVE-GROUND, 4 years old, filter, motor, all supplies included (except liner) Ready to go \$950 or best offer 508-498-0166 leave

4 SNOW TIRES -235/50 R18 101T used 2 months- paid \$800, asking best offer. 508-414-2474

ABOVE-GROUND SWIM-MING POOL, 24' x 54", filter system, 1 season. \$1.000 or best offer. 508-943-8769

ACORN STAIRLIFT - 3.5 years old; like new condition. , 11 feet long. Asking \$1400 or best offer. Call 508-277-6568 if interested.

ANGLE IRON CUTTER For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

Beautiful Southwestern style sectional sofa, gently used, Lshape 112" x 86" Please call to set up time to view 508-885-9962 \$150 firm

BUNK BEDS, black (youth) with mattresses (includes likenew bedding) \$350. Other fumiture also available. Call Pat 508-949-9049

COFFEE & TWO END TA-**BLES-** Cherry finish w/glass tops. Very good condition. \$125 Call 508-735-2560

CUB CADET SNOWBLOWER. 13hp Tecumseh OHV. 45 in. width, trigger steering, 6 FRWD, 2 REV, new condition. Hardly used! \$1,600.00.508-347-3775

ELECTRICAL MATERIAL: Industrial, Commercial, Residential. Wire, Pipe, Fittings, Relays, Coils, Overloads, Fuses Breakers, Meters. Punches. Pipe-Benders, New Recessed Troffer, Flourescent 3-Tube T-8 277V Fixtures Enclosed \$56 Each. Call 5pm-8:30pm. (508)867-6546

FINLAND BLUE FOX **JACKET**: By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

FLY RODS - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Battenkill BBS II. Asking \$200 each set or best offer. **508-347-3145**

FOR SALE WOOD AND/OR COAL IRON STOVE: \$500 or best offer. WOOD PELLET STOVE \$500 or best offer. Call 508-471-0959

FULL LENGTH MINK COAT: Size 12. New \$2,400. Asking \$300. 508-612-9263

GARAGE CLEARANCE: AR-TIFICAL CHRISTMAS TREE, bush trimmer, glass top table, etc. 508-728-5559 (Spencer)

GARDEN MANURE, delivered. 4 yards, \$130. Call Prindle Hill Farm 508-320-3273 or 508-248-7335

010 FOR SALE

JAMAICA WICKER Queen Bed Set: Head & Foot Board, Woman & Man's Dresser, 2 Nightstands. Paid \$5,400. Asking \$1,200. 2 SEATER LANCER POWER CHAIR 4' Long, Olive Color, NEVER BEEN USED! Asking \$350. (508) 461-9621

MEC 650 PROGRESSIVE LOADER: w/ extras \$250. 400 ANDERSON WINDOW 51x32 RO \$200. THERMATRU DOOR 36-80 Left Hand Inswing Full View with Grill \$185 or best offer. (508) 892-9595

MOTORS: 1/2HP 230/460V 1725RPM, 56 Frame \$30. 5HP. 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100. 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

MOVING - MUST SELL 3 piece electric reclining living room set, brown. \$300 freepedestal table w/4 chairs 508-612-6485

NORDIC TRACK TRL625: Recumbent cycle w/stabilizing floor bar for secure balance. TREADMILL - for the rapeutic fitness (walking & jogging) (for up to 400 lbs.) \$250 each both in

excellent condition. 508-892-

3998, 508-723-4452

REMEMBER YOUR SWEET-**HEART:** Collection of Victorian Era hand-painted items ALL with roses: vases, rose bowls, pitchers, chocolate pot, cake sets, planters. No reasonable offer refused. 508-237-2362

SMALL BUREAU \$75. Printer's Antique Drawers \$20 Per. Fake Brick Fireplace With Heater \$140 Kitchen Chairs. Spare Tire P225/60r16 Eagle GA With Rim \$45 Vanity Table & Chair \$135. Car Sunroofs \$100. Per. Homemade Pine Coffee Table & 2 End Tables \$100. Antique Lamp Jug \$40. Antique Croquet Set \$40. Wood Truck Ramps 8 Foot \$100.00. Drop Leaf Cart \$50. End Table W/Drawer \$50. End Table W/Drawer \$60. Elvis Presley Silhouette \$50 (he talks!), Indian canvas painting \$60, 9 golf clubs \$100, Call 1-508-764-4458 or 1-774-452-3514

SNOW TIRES: Like new (4) Firestone Winter Force 215/60-15. \$240. BECKETT BURNER, CONTROL AND AQUASTAT: Runs great, Instruction, wiring and owners manual \$250. AR-TIFICIAL CHRISTMAS TREE WITH STAND: 6 FT. Storage box included. Excellent condition \$50. CAST IRON CHRIST-MAS TREE STAND: Beautiful SUNBEAM WHOLE HOUSE HUMIDIFIER: Used, works great, 6-7 gallon, faux wood cabinet on casters. \$50. 14" SNOW CHAINS: Used. very good condition \$25. 15" CABLE SNOW CHAINS: New

SPACE HEATER New, never installed, 50,000 BTU Williams Model 5001522 natural gas space heater. Paid \$769. Selling for \$400 cash. LP conversion kit available. See and pick up in Leicester Call Dick at **508 892-1203**

\$45. Call Ed. 508-479-9752

TOOL SHEDS Made of Texture 1-11: 8x8 \$1075 8x10 \$1260: 8x12 \$1350: 8x16 \$1675 Delivered. Built On-Site. Other Sizes Available. CALL (413) 324-1117

Transport chair, Excel Deluxe by Medline 19" seat, up to 300 lbs. Used once. 508-637-1304

TREES/FIELDSTONE: Trees-Evergreens, Excellent Privacy Border. Hemlocks-Spruces-Pines (3'-4' Tall) 5 for \$99. Colorado Blue Spruce (18"-22" Tall) 10 for \$99. New Fieldstone England Round/Flat, Excellent Retaining Wallstone. \$28/Ton (508) 278-5762 Evening

TWO DRESSERS best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315

TWO SOFA TABLES: ONE DARK OAK w/ Shelf Underneath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pictures. (774) 239-3006

TWO USED RECLINERS, \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508-764-3567 please leave

010 FOR SALE

VIKING RANGE, PROFES-SIONAL SERIES, propane gas, 6-sealed burner, 36" infrared broiler, as new, never lit, still in original packaging, w/tags. VCGSC-5366BSS trades considered. \$4,600 508-865-7470

WE'VE MOVED! Husqvama lawn tractor, misc. home furnishings, king, queen, twin beds, lamps, etc. priced to sell! No reasonable offer refused. Call 413-896-7047 Sturbridge area.

WHITE OUTDOOR PROD-**UCTS SNOWBLOWER.** 10hp Tecumseh, two stage, 30 in. width. Flectric start, well maintained! \$600.00, 508-347-3775

100 GENERAL

130 YARD SALES

DEADLINE FOR YARD SALE SUBMISSIONS IS **NOON MONDAY** FOR ALL MASS. WEEKLY **PAPERS**

Deadline subject to change due to holidays Call for more info

200 GEN. BUSINESS

205 BOATS

GREAT CANADIAN CANOE includes 2 clamp-on chair seats, 2 paddles, 2 lifevests. Excellent condition. \$425 508-885-3017

1987 BAYLINER BOAT for sale with trailer 85 hp needs some cosmetic work call 774-230-2190 Ray Fowble or email pfowble@yahoo.com

CANOE - 17' GRUMMAN ALUMINUM, flat bottom. Ideal for fishing and family fun. \$850. Call Sue 860-412-9632

262 Auctions

ON-SITE ESTATE AUC-TION, Saturday, November 3rd at 10am, 10 Bishop Avenue, Worcester, view: 8am, G Glass-Carbone, MA Lic #1647 contents of 4-bedroom home, G. Stickley bookcase; oak furniture; trains; toys; gold, silver: radios: rugs: stamps: tools, war bond posters; Navy clock; stamps; art; cameras; records; glass; china; lamps; collectibles. 15% BP, cash,

auctionzip.com id # 3925 R. Glass Auctions LLC (860) 564-7318

265 FUEL/WOOD

CORD WOOD - Seasoned, cut, split, delivered. \$250 a cord. 508-826-3312, 508-344-9214 FIREWOOD: Cut, Split & Delivered. Green & Seasoned. Wood Lots Wanted, Call Paul (508)769-2351

281 FREE PETS

FREE TO GOOD HOME rescued, older kittens (16 weeks) black short-hair female, gray short-hair male, and black & white short-hair female. All kittens have been spayed/neutered. Dudley. 774-200-8776

284 LOST & FOUND **PETS**

Did you find your pet? Or find a home for one?



LET US KNOW!!! Please call us so that we can take your ad

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HAY FOR SALE - \$4 a hale off wagon (pick up only), cash 508-826-3312

287 FEED

298 WANTED TO BUY

ROUTE 169 ANTIQUES: 884 Worcester St., Southbridge MA. Looking To Purchase Antiques And Collectibles Single Items Or Entire Estates. We Buy It Al And Also Do *On-Site Estate* Sales And Estate Auction We are now accepting dealers for our multi-dealer group shop. Call Mike Anytime (774)230-1662.

LEE'S COINS & **JEWELRY**

\$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMIS-MATIC COINS, Bullion Items, gold & silver of any form! Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they're worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coins & Jewelry, 239 West Main Street, East Brookfield (Route 9 - Panda Garden Plaza) (508) 637-1236 or (508)341-6355 (cell)

WANTED: 24' Pontoon Boat & trailer (used). Webster area. 617-750-0969

WAR RELICS & WAR SOUVENIRS WANTED: WWI & EARLIER CASH WAITING Helmets, Swords, Daggers, Bay onets, Medals, Badges, Flags Uniforms, etc. Over 30 Years Ex 1-(508)688-0847. <u>I'll Come To</u>

300 HELP WANTED

310 GENERAL HELP WANTED

BRIMFIELD FAMILY looking for a responsible, compassionate, caring woman with a motherly background to be a live-in helper. My family lost my mom on 12/10/16. Job is full-time. Job duties are companionship for me and Dad, help keep house clean, someone to care for me if Dad's not there, take me out to stores, share a bedroom with me. \$150 monthly, Please call 413-301-2058 for an appoint-

CUSTOMER SERVICE REP Aubum battery distributor needs customer service rep to field customer calls, enter orders, support sales staff, expedite orders, and telemarket. Must be highly motivated, enthusiastic, and dependable. Organized, attn. to detail. Prior customer service/inside sales experience preferred. Passage of pre-employment physical and drug screen also required. Please reply via reply email to this post-

ing at applicant@ northeastbattery.com (include resume and cover let-

PARENTS FOSTER WANTED: Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support. Generous Reimoursement. \$1000 Sign-On Bonus. Call For Details.

Devereux Therapeutic Fos-

ter Care. (508)829-6769

ADVANCED BEHAVIORAL HEALTH

311 PART-TIME HELP WANTED

DRIVERS WANTED 20 hours a week, split shift. Driving special ed children to school in Spencer, Leicester and Worcester areas Call: 508-885-5778 or: 508-885-5788

STEBBINS Auto Motive **NOW HIRING:**

Experienced Auto Technician Full Time

Strong electrical & diagnostic experience preferred. Pay based on experience. Stop in for an application. Ask for Will.

Call Will

774-402-8588 384 E. Main St., Southbridge

311 PART-TIME HELP WANTED

LIGHTNING ROD **STALLER** part-time, full-time. Learn a new trade! No prior experience required, but experience in construction a plus. Good with hands, comfortable with heights, and good driving record, 413-544-1502

Town of Uxbridge Senior

Center is looking for a Med-

ical Van Driver. This is a part

time, per diem grant position

Provide medical transporta-

tion via the van or car for se-

niors. This position is an on

call, per diem, flexible sched-

ule and is paid one time per

month current minimum

wage. Must have current and

valid Mass Drivers license

with good driving record. Must

be willing to take training

classes, must be CPR certi-

fied and CORI checked, CDI

license is not required. Send

cover letter, resume, and

three professional references

to Angeline Ellison, Town

Manager,21 South Main

Street, Uxbridge, MA 01569

or email to HR@uxbridge-

325 Professional

HELP WANTED

BASED IN North Brook-

field: Home Every Night.

Class A Driver And/Or Gen-

eral Mechanic For 18-Wheel

Contact H.R. Salem Trans-

400 SERVICES

442 LICENSED DAY

CARE

The Commonwealth of

Care Services requires that all

ads placed in the newspaper for

child care (daycare) in your

home include your license num-

500 REAL ESTATE

505 Apartments for

SOUTHBRIDGE - ONE BED-

quiet in-town location, com-

includes heat, hot water & ap-

pliances. Lease and references

MENT FOR RENT, 2-family, 5

rooms, two-bedroom, washer-

dryer hook-ups, quiet neighbor-

hood. Available December 1,

\$900 per month plus utilities.

STURBRIDGE - Nice 2-room

efficiency, country setting, easy

commute, includes appliances,

laundry on premises. Credit

check and references required.

\$550 monthly, 1 year lease.

546 CEMETERY LOTS

Whitinsville. Double plot for sale,

lower than the going price. Yew

Avenue. Call owner 774-602-

WORCESTER COUNTY

MEMORIAL PARK: Garden

of Faith, Paxton, MA. 2 LOTS

FOR SALE. BUY ONE FOR

\$2,500. GET 2nd LOT FOR

FREE!! Call Dick. 508-612-9263

575 VACATION RENTALS

CAPE COD TIME SHARE

FOR SALE: Edgewater

Beach Resort, 95 Chase Av-

enue, Dennisport, MA 02639

On the water, Studio (Unit

706). Permanent Week 33

(August). Deeded rights. You'll

own it for a lifetime & can be

passed down to your children

and grandchildren. \$5000.

(508)347-3145

Grove Cemetery

required, 508-347-7709

SOUTHBRIDGE

508-765-5775

508-347-7709

port, LLC.(800) 262-9081

Trailer Trucks

ma.gov.

RESOURCES

508-248-5123

576 VACATION

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HEALTH

10 early signs of Alzheimer's disease

Change plays a big role in the aging process. As adults age, both their minds and bodies undergo changes.

The changes associated with aging are not uniform. Some people may experience small changes as they inch toward and ultimately pass retirement age, while others may undergo changes that affect nearly every aspect of their lives.

Cognitive decline is the type of age-related change that can have a dramatic impact on a person's life, affecting his or her ability to live independently. A general term used to describe symptoms associated with a decline in memory or thinking skills such as judgment and reasoning, dementia is often mistaken as a normal part of aging. However, the Alzheimer's Foundation of America notes that dementia-related illnesses, including Alzheimer's disease, are not a normal part of aging. Because many people

associate memory loss with aging, they may be compelled to accept some of the early signs and symptoms of Alzheimer's as mere byproducts of growing older. However, Alzheimer's Association urges men and women to report any of these 10 early signs and symptoms of Alzheimer's to their physicians the moment they're noticed. Family members who

notice these signs in their

relatives also should



report them to their loved

ones' physicians. 1. Memory loss that disrupts daily life: Examples of this symptom include forgetting recently learned information; forgetting important dates and events; and asking for the same information over and over.

2. Challenges in planning or solving problems: Someone exhibiting this symptom may have trouble following a recipe or

paying monthly bills.

3. Difficulty completing familiar tasks at home at work or at leisure: Forgetting the rules of a favorite game or experiencing trouble driving to a familiar location are some examples of this symptom.

4. Confusion with time or place: People with Alzheimer's lose track of dates, seasons and the passage of time.

under-Trouble

standing visual images and spatial relationships: Some people with Alzheimer's have difficulty reading, judging distance and determining color or contrast.

6. New problems with words in speaking or writing: Difficulty joining or continuing a conversation and calling things by the wrong name are some examples of this symptom.

7. Misplacing things

and losing the ability to retrace steps: People with Alzheimer's sometimes put things in unusual places and then cannot retrace their steps to find those things.

8. Decreased or poor judgment: Poor judgment and decision-making often affects people with Alzheimer's.

9. Withdrawal from work or social activities: People with this symptom may begin to withdraw from favorite activities or avoid being social because of the changes they're experiencing.

10. Changes in mood and personality: Mood changes affect people with Alzheimer's, who may become confused, suspicious, depressed, fearful, or anxious.

Learn more about Alzheimer's disease at www.alz.org.

Seniors' senses of smell and taste change with age



Aging comes with several sensory changes, many of which people expect. Loss of hearing or diminishing vision are widely associated with aging. But one's senses of smell and taste may diminish with aging as well.

The senses of taste and smell work in concert. The sense of smell is vital to personal health, not only because inhaling pleasant aromas can provide comfort and stress relief through aromatherapy and help trigger important memories, but also because smell enables a person to detect the dangers of smoke, gas, spoiled food, and more. The National Institute on Aging says that, as a person gets older, his or her sense of smell may fade, and that will also affect taste. The Mayo Clinic says some loss of taste and smell is natural and can begin as early as age 60.

Adults have about 9,000 taste buds sensing sweet, salty, sour, bitter, and umami flavors, or those corresponding to the flavor of glutamates. Many tastes are linked to odors that begin at the nerve endings in the lining of the nose. Medline says the number of taste buds decreases as one ages, and that remaining taste buds may begin to shrink. Sensitivity to the five tastes also begins to decline. This can make it more difficult to distinguish between flavors.

Similarly, especially after age 70, smell can diminish due to a loss of nerve endings and less mucus in the nose. With the combination of the reduction of these important sensory nerves in the nose and on the tongue, loss of smell and taste can greatly affect daily life.

Changes in these senses can contribute to feelings of depression, diminish one's enjoyment of food and cause harmful conditions, such as extreme weight loss from disinterest in food to problems associated with overusing salt or sugar.

Although aging is often to blame. loss of smell and taste also may be tied to early symptoms of Parkinson's disease or Alzheimer's disease. Cancer treatments, medications, lack of saliva, colds, flu, and other factors may contribute to sensory loss. Changing medications or treatments may help.

It's important to bring up diminished flavors or smells with a doctor to rule out something more serious and to determine what might help restore pleasure from smells and flavors. An otolaryngologist, or a doctor who specializes in diseases of the ears, nose and throat, may be able to help fix the problem, though some people may be referred to a neurologist or another specialist.

Continuing to use one's sense of smell and taste by cooking, gardening, trying new flavors, and experimenting with different aromas may help slow down the decline these senses. Although age-related loss of taste and smell cannot be reversed, some such cases may be treatable.

Learn about the causes of adult hearing loss



By learning about what impacts hearing loss, people can make changes to prevent damage.

Hearing loss is quite common and can impact people's lives in profound ways. Although there are some treatments that can improve one's ability to hear and communicate, many people are interested in learning about the ways they may be able to prevent hearing loss in the first place.

Medical experts from the American Speech-Language-Hearing Association advise that hearing loss can be caused by different factors. Learning about these causes can help individuals make smart decisions at a young age to prevent future hearing loss when possible. In certain circumstances, hearing loss may be unavoidable. In such instances, audiologists, or doctors specializing in

hearing, can help. Conductive hearing loss

Conductive hearing loss refers to problems with the ear canal, ear drum or middle ear and its bones, states the Hearing Loss Association of America. Some of the causes of conductive hearing loss include:

Otitis media is an infection of the middle ear in which fluid accumulation can interfere with the movement of the eardrum and ossicles.

· Impacted earwax also can cause hearing problems.

 Fluid in the middle ear may obstruct hearing.

· Otosclerosis, which is a middle ear disease, can make it difficult for the tiny bones in the middle ear to move. Surgery can correct the problem.

Malformation of the outer ear, ear canal or middle ear structure can impact hearing as well.

Sensorineural hearing loss

Sensorineural hearing loss, or SNHL, occurs due to problems of the inner ear. It is often referred to as nerve-related hearing loss.

• Aging is a common cause of hearing loss that may not be reversible. Agerelated hearing loss is called presbycusis and is marked by muffled or unclear speech. Treatment with assistive hearing devices can help improve hearing.

Trauma to the ear or head may impact hearing. Wearing protective gear during sports or other activities can protect against neurological dam-

age that may cause hearing loss. • Damage to the inner ear can result from prolonged exposure to loud noises, states the Mayo Clinic. These noises cause wear and tear on the hairs or nerve cells in the cochlea that send sound signals to the brain. When these hairs or nerve cells are damaged or missing, electrical signals aren't transmitted as efficiently, and hearing loss occurs. Using hearing protection and turning down the volume can help.

Ménière's disease is an inner ear problem of unknown origins. It usually starts in people between the ages of 30 and 50. Dizziness and ringing of the ear are common, and hearing loss comes and goes. Some loss can become per-

 Viruses and diseases as well as family history also may play a role in SNHL.

In some instances, hearing loss may be the result of a combination of factors. Anyone finding their hearing has become less acute should visit with an audiologist. One resource to visit is www.asha.org/profind. The doctor can then prescribe a treatment plan to help improve hearing.

Friday, November 2, 2018

HEALTH

What are hereditary cancer syndromes?

they have not been affected by cancer. But some people may feel as though a certain type of cancer runs in their families. In certain instances, such suspicions are warrant-

According National Cancer Institute, hereditary cancer syndromes are disorders that may predispose individuals to developing certain cancers. The NCI notes that researchers have associated mutations in specific genes with more than 50 hereditary cancer syndromes.

Before people, or even entire families, begin thinking that a certain type of cancer runs in their families, it's important to first examine certain lifestyle choices to determine if such factors, and not gene mutations, are responsible. In fact, the NCI notes that hereditary cancer syndromes play a role in just 5 to 10 percent of all cancers.

Tobacco use is one lifestyle choice that can cause similar cancers to develop among family members. Smoking greatly increases a person's risk of developing cancer, and even that person's nonsmoking family members may have a higher risk for cancer due to exposure to secondhand smoke. Other factors, such as poor diet, also may increase the likelihood that people within a family may get



cancer. Neither instance, however, is the result of hereditary cancer syndrome.

People who suspect they might be at risk for hereditary cancer syndromes should express their concerns to their physicians. Primary care physicians and other health professionals will then work to determine if patients are at risk. If a person is identified as at

risk for developing hereditary cancer syndromes, then he or she may be referred for genetic counseling and risk assessment, and certain tests also may be conducted as physicians work to develop a plan to manage risk.

A patient's family history helps physicians determine if there is a risk for hereditary cancer syndrome. The NCI notes that physicians may look for the following features of hereditary cancer in the patient's family.

· One first-degree relative with the same or a related tumor and any of a number of features specific to the patient (a list of individual features of hereditary cancer is available at www.cancer.

• Two or more first-degree relatives with tumors of the same site.

• Two or more first-degree relatives with tumor types belonging to a known familial cancer syndrome.

• Two or more first-degree relatives with rare tumors.

· Three or more relatives in two generations with tumors of the same site or etiologically related sites.

Hereditary cancer syndromes are relatively

uncommon, but that does not discount the importance of determining one's risk for such cancers. The NCI notes that finding out one is at risk of hereditary cancer can potentially have life-saving implications. More information on hereditary cancers is available at www.cancer.gov.

Fight the flu with these strategies



Influenza can rear its head any time of the year, but is known to be a particularly bad thorn in one's side during times of year when the weather is cold. According to WebMD, anywhere from 5 to 20 percent of the population will get the flu in an average year and it can take three to seven days for a regular case of the illness to go away, with some effects lingering for up to two weeks.

No one wants to get the flu, which is marked by fever, aches and pains, congestion, fatigue, and other symptoms. As a result, people do all they can to help prevent the flu — or at the very least shorten its duration.

The best way to stave off the flu is to get a flu vaccination each year. The Centers for Disease Control and Prevention says the vaccine is carefully curated to treat against the flu strains that research suggests will be the most common each flu season. Getting vaccinated by the end of October is recom-

Steer clear of sick individuals and make a concerted effort to avoid germs and the spread of germs. Diligently washing hands and avoiding touching your nose, eyes and mouth can help you avoid and spread germs. In addition, repeatedly clean and disinfect surfaces that may be contaminated with the flu

You might want to consider prophylactic treatment with an antiviral medication. In 2000, the U.S. Food and Drug Administration approved the use of oseltamivir phosphate, which is known by the brand name Tamiflu, as a flu preventative. However, many people only reach for the drug when symptoms already have set in. Instead, it can be especially helpful in preventing the flu when someone in the household has already contracted the illness. The results of several clinical studies show that Tamiflu, when taken once daily, is up to 92 percent effective in preventing influenza illness in adolescents, adults and the elderly.

Drink plenty of liquids during flu season to keep the body well hydrated so the immune system can be in top form. Fruit juices, water, broth-based soups, and sports drinks can help keep the respiratory system from forming thick mucus that can become laden with bacteria. Should a fever set in, fluids help prevent dehydration.

It also can be wise to take zinc supplements during cold and flu season. Neil Schachter, MD, medical director of the respiratory care department at Mount Sinai Medical Center and the author of "The Good Doctor's Guide to Colds & Flu," says zinc may boost immunity, which can shorten the duration or severity of the flu.

The flu can quickly escalate and cause serious symptoms. Prevention and early treatment are essential during cold and flu season. department at Mount Sinai Medical Center and the author of "The Good Doctor's Guide to Colds & Flu," says zinc may boost immunity, which can shorten the duration or severity of the flu.

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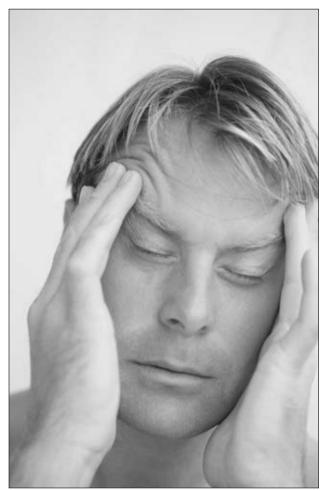
Some lesser known allergy symptoms

Allergy symptoms are a result of a person's immune system overreacting to something that is harmless to most people but sparks a reaction in people sensitive to the trigger. Some symptoms of allergic reactions, such as sneezing, are widely known. But people may be surprised to discover some of the other common allergy symptoms.

According to the American College of Allergy, Asthma, and Immunology, a host of physical symptoms are indicative of allergic reactions.

· Wheezing, shortness of breath: The ACAAI says that wheezing or shortness of breath are telltale signs of asthma, but notes that such symptoms also may be indicative of an allergic reaction. The ACAAI recommends people see an allergist if they develop unexplained wheezing that keeps returning or if the wheezing occurs alongside symptoms like rapid breathing or difficulty taking in air. Wheezing that appears after a person is stung by an insect, takes a medication or eats something he or she is allergic to is symptomatic of an allergic reaction and requires immediate medical atten-

· Cough: The appearance of a dry, persistent cough may indicate an allergy. Coughs are often a byproduct of a cold or flu, but such coughs tend to taper off after a few days. Chronic dry coughs that linger for more than three weeks may indicate the presence of an allergy. Allergy-related coughs may be more prevalent during certain times of year or in certain environments. The ACAAI notes that chronic dry cough has been linked to allergies such as hay



fever and may indicate an allergy to pet dander, dust, pollen, or mold.

· Headache: Though people associate headaches with allergies, some headaches can be allergy-related. According to the ACAAI, sinus headaches and migraines have been linked to allergies. Sinus headaches may be characterized by localized pain over the sinus area and/or pain in the face that may or may not be accompanied by a headache. A throbbing pain on one side of the head indicates a migraine, the symptoms of which may worsen when exposed to light. Among the more painful allergy symptoms, headaches should be discussed with an allergist.

 Nausea and vomiting: Nausea and vomiting may be a byproduct of

food allergies. Seasonal allergies rarely, if ever, lead to nausea or vomiting. However, when a person eats a food he or she is allergic to, the immune system reacts to this allergy in much the same way it does to allergies like hay fever, releasing a chemical called histamine. When a person is dealing with seasonal allergies, the histamine his or her body releases can cause sneezing, runny nose or other symptoms commonly associated with such allergies. But when histamine is released to combat food allergies, it can cause nausea and vomiting.

Allergies affect people in every corner of the globe. Recognizing symptoms of allergies can help people combat them more effectively.



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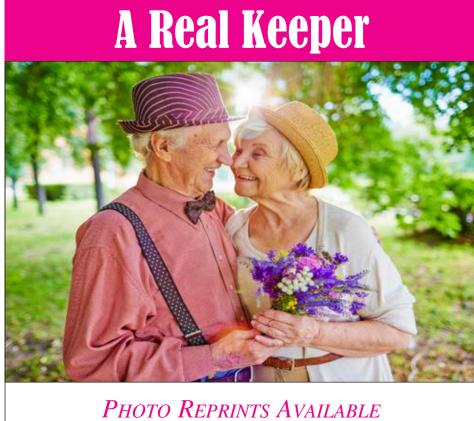
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