

Selectmen approve ownership change for marijuana establishment

BY JASON BLEAU
CORRESPONDENT

CHARLTON – Charlton selectmen have approved an ownership change to the forthcoming adult cannabis retail shop planned for 144 Sturbridge Rd.

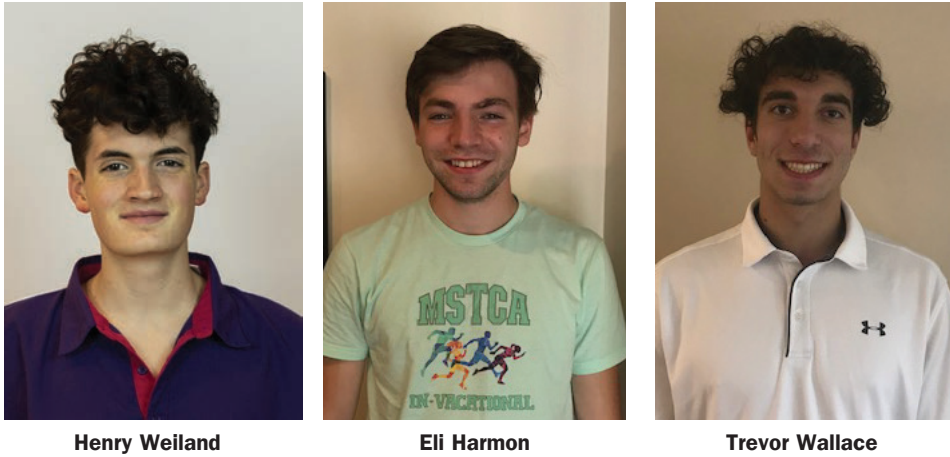
In April, selectmen received a request from Four Score Holdings LLC requesting a change of ownership for its proposed cannabis establishment to Aspen Blue LLC. The companies have entered a partnership that would see Aspen Blue operate the new store. The change in ownership requires permission from both the town of Charlton and the State Cannabis Control Commission.

After hearing from representatives of Aspin Blue and Attorney Daniel Glissman, who had been representing Four Score and is expected to continue representing the project for Aspin Blue, selectmen decided to put a hold on approving the request simply to allow Town Counsel a chance to look over the agreement. In April, the selectmen also extended the town’s agreements with Four Score to October of 2021 to allow for the process to play out. Selectman Bill Borowski explained more about the request during the May 18 meeting.

“Long story short, Four Score is changing ownership and we had asked additional time to review the document. We also extended out the date that’s now part of all of our host community agreements to go forward that there is a time proper that they have to have licensing. If they don’t, they have to come in and ask for another extension. It allows more authority and control for the Board of Selectmen to make sure licenses aren’t just sitting stagnant while things are waiting,” Borowski said. “I have no objection even pushing it out further assuming that people are actually making progress and at least making a good fail effort to get said license.”

Selectmen officially unanimously approved the ownership change request at the May 18 meeting welcoming Aspin Blue LLC to the town.

Three Charlton students to attend Boy’s State Conference



CHARLTON — The Charlton American Legion Post 391 is pleased to announce the selection of three Charlton high school students as delegates to represent the Charlton American Legion and Shepherd Hill Reg'l High School at the 2021 Massachusetts Boy's State Conference.

Henry Weiland and Eli Harmon, both members of the Senior class, and Trevor Wallace, a Junior, all students of SHRHS and residents of the town of Charlton, were recently selected after a careful and deliberate interview process.

The three young men will join with other rising high school juniors from across the state for a week-long camp from June 12 to June 18 at Stonehill College in Easton, where they will study the workings of the government and the legal system as part of an American Legion tradition that dates back to 1935. Boy's State is considered one of the most respected and selective educational programs of government instruction for high school students.

The main goal of the Boy's State program is to increase awareness among young leaders about their responsibility to their peers and themselves to participate in the democratic process. A large part of the program is devoted to the organization and operation of mock municipal and state government. During the week all students are required to attend classes in government, law, and economics.

Weiland is Class Treasurer and Class Salutatorian of the Senior Class and will be attending Harvard University next year. Henry participated in Track and cross country during his four years at Shepherd Hill. He is the son of Paul and Amy Schwalbe of Charlton and Philip Weiland of Huron, Ohio.

Harmon is a member of the Senior Class and is the Captain of the Track and Cross Country teams at Shepherd Hill. Eli plans on attending Assumption University in the fall. He is the son of Len and Janet Harmon of Charlton.

Wallace is Class Valedictorian of the Junior class and a member of the school's National Honor Society. Trevor participated in Varsity Track, TriM music society and the school band. He is the son of Devon and Bonnie Wallace of Charlton.

All of the students who took part in the interview process were from Charlton and were recommended by their teachers as well as their guidance departments.

It is fitting that this experience of Boys State should give them their first glimpse of the issues they will face on a larger scale as they grow into adults and voting citizens. In the past, the program has produced a U.S. President, Senators, Congressmen, Governors, attorneys and leaders in the business world throughout the nation.

Nursing student shines spotlight on vital role of school nurses



Angela Letourneau

CHARLTON — Angela Letourneau of Auburn applauds the work of the school nurses at Bay Path Regional Vocational Technical High School.

In a letter she sent to the Academy Director Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN, Letourneau expressed gratitude at the opportunity to observe school nurses Deborah Grenier, RN and Lynn Coleman, RN. Both school nurses have risen to the occasion since the pandemic began last year. In addition to the school nurses' traditional responsibilities, they manage and monitor COVID-19.

Although hesitant at first, Letourneau thought school nursing was probably a field she would not be interested in. After spending two full days of school nurse observation, her opinion has

changed.

Letourneau stated, “I have a completely new outlook, and what a wonderful experience it was to observe the school nurses.”

Grenier and Coleman were both “welcoming and amazing!” enthusiastically shared Letourneau. The school nurses “share a unique bond with the students and it melts my heart,” said Letourneau.

For Bay Path Regional Vocational High School students, the school nurses’ office is “a safe place to come get medical attention or just to have an ear that’s open to listening to them,” said Letourneau.

Further, Letourneau added that with school nursing, “there is a lot more than giving a student a Band-Aid, or anything else they came in for. It is getting to know each student and their specific needs and problems.”

Grenier and Coleman completely impressed Letourneau with the great relationship they had not just with each other but with everyone at the Bay Path community. The school nurses care for physical and mental health including care coordination. Letourneau’s school nurse observation experience highlighted the complex and important job of the school nurses and showed their ability to adapt to challenging circumstances to care for students and the Bay Path community.

Letourneau is a 1998 graduate of North High School in Worcester. She obtained her Nursing Assistant Certificate from the American Red Cross in 1999, a Phlebotomy Certificate from Quinsigamond Community College in 2002, EMT-B Certificate from METCA in 2008 and most recently, Care Manager Training Certificate in 2018 from All Care Plus Pharmacy in Northborough. She works as an Anesthesia Technician at Shields Surgery Center in Shrewsbury. She is the Chair of the 2021 Cohort’s UNICEF Club.

Internships to be offered at the Auburn Historical Society and Museum



AUBURN — The Auburn Historical Society has developed an internship program for high school and college students at the Auburn Historical Museum, 41 South St. in Auburn.

Projects interns will work on include:

- Categorizing and organizing historic photographs and documents to prepare for digitization
- Researching topics in the history of the Town of Auburn
- Data input for our Holstrom Digital Archives
- Assisting with creating and running public programs
- Learning and gaining hands-on experience in the creating, care, and maintenance of an historical museum’s exhibits and facilities

Each unpaid internship is tailored to the individual and their interests. It is a great opportunity for high school and college students, scouts, youth groups, and those looking to fulfill community service hours or to gain work experience.

For more information on this program, please contact Helen Poirier, internship coordinator at auburnmuseum@verizon.net.

The Auburn Historical Society and Museum is open year-round every Tuesday and Saturday from 9:30 a.m.-12:30 p.m. and offers free admission.

Bay Path nursing students bring Mental Health Awareness Month to a close



Courtesy

The Bay Path Practical Nursing Academy Class of 2021 wore green scrubs and green ribbons to close Mental Health Awareness Month on Friday, May 28.

CHARLTON — The Bay Path Practical Nursing Academy Class of 2021 wore green scrubs and green ribbons to close Mental Health Awareness Month on Friday, May 28.

Along with the practical nursing class of 2021, the Bay Path Practical Nursing Academy faculty and staff participated in activities promoting mental health awareness.

Academy Director Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN said every May, Bay Path holds mental health awareness activities.

“Our practical nursing students are mental health first aid certified. We believe in breaking the stigma and it is more than just using the hashtag. We need to increase awareness on reducing the stigma of mental health issues,” she explained.

Bolandrina said this year, the #breakthestigma drive was embraced by the practical nursing class of 2021. All practical nursing students are fully aware of the importance of mental health awareness. Additionally, raising awareness about the available mental health services is also important. Many individuals experience mental illness more so with the impact of the COVID-19 pandemic. The situation is compounded with being isolated, illness, financial challenges, or the loss of a loved one. The practical nursing class of 2021 showed support and raised awareness of those living with a behavioral or mental health issues and help reduce the stigma of mental illness.

QCC offers free Administrative Medical Professional Training program

WORCESTER — Quinsigamond Community College's Workforce Development and Continuing Education Center (WDEC) is offering a free, grant-funded Administrative Medical Professional Training program that will prepare students for a career as a medical administrative assistant. An in-person summer class is being offered June 28 – Aug. 3, Monday – Friday, 9 a.m. – 2 p.m., with a maximum of 10 students accepted. Students must apply by the application deadline of June 14. Accepted students are also required to attend an orientation session.

This training program prepares students to work as medical administrative assistants in healthcare facilities such as hospitals and health systems, physicians' offices, clinics, long-term care facilities, surgery centers, ambulatory surgery centers, rehabilitation centers, and other types of healthcare areas.

Students will learn roles and responsibilities of a healthcare team, interpersonal communication, medical records management, compliance with HIPAA, and diagnostic and procedural coding.

Students accepted into the program will not only receive free tuitions, books and supplies; but also will attend a computer class, and earn contract tracing and infectious control certifications. After successfully completing the program students are eligible to sit for the National Health Career Association's Certified Medical Administrative Assistant Certification Exam (fee is paid for by the program). Students who complete the program will receive career placement assistance and those who work in the field for at least two months will receive a \$500 stipend.

“Everyone is eligible to take part in this program, but space is limited. We encourage those who are interested to reach out and register as soon as possible as classes fill up quickly,” said Grant/SNAP Coordinator Jo Sundin, of QCC's Center for Workforce Development and Continuing Education.

Prospective students should email Ms. Sundin, at jsundin@qcc.mass.edu to learn more.

For more information on QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu

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Feel free to mention certain grads that may be working for you!

For more information or to reserve space, please contact

June Simakauskas, for the
Spencer New Leader, Charlton Villager, Auburn News, Blackstone Valley Tribune at 508-909-4062, or email jsima@stonebridgepress.news

Mikaela Victor, for the
Southbridge News, Webster Times, or Sturbridge Villager at 508-909-4126, or email mikaela@stonebridgepress.news

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Friday's Child

Jayvon
Age 10

Hi! My name is Jayvon and I want to be a police officer or firefighter.

Jayvon is a boy of Caucasian and Hispanic descent who loves to jump and run. He is an energetic child who enjoys going to the playground and particularly likes to play on jungle gyms. Jayvon is very proud that he recently learned how to ride a bike. Jayvon also likes board games, playing games on his tablet, and Pokémon cards. When he grows up Jayvon would like to be a police officer or a fireman. Jayvon is smart in many ways and enjoys school. He is currently receiving academic supports.

Legally freed for adoption, Jayvon will do well in a family of any constellation where he is the youngest or only child. He will thrive in a family that can provide him with affection, guidance, structure, and calm limit setting. A family for Jayvon must be open to helping him maintain contact with his sisters who reside in Massachusetts.

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Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mare-inc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Voters strike down stormwater bylaw change

BY JASON BLEAU
CORRESPONDENT

CHARLTON – Voters in Charlton denied an article seeking an adjustment to the town's stormwater bylaw during the May 17 annual town meeting in one of the closest votes on a night containing several high-profile topics.

While much of the night's business revolved around building height regulations, the new fire station project and the Fiscal Year 2022 budget, Article 15 also provided some drama despite being considered by some a "housekeeping" measure. The article sought to amend the Charlton General Bylaw concerning stormwater management (Chapter 175) by replacing it with a completely new version of the bylaw that town officials argued was more in conformity with federal MS4 regulations.

Despite Town Administrator Andrew Golas saying the changes only adjusted some language and were "nothing substantial," the article received

some push back particularly from resident Daniel Prouty who said nearby Oxford recently approved similar changes which have complicated homebuilding in that town.

"In Oxford today, I feel sorry for a young couple that wants to build a house. They have to go through site plan review. That review process is very expensive. I talked to a friend of mine that was building a house in Oxford. He's on a one-and-a-half-acre lot. It's all sand. For stormwater management, they had to design a septic system. It's almost like designing a septic system under the driveway and then pushing all the roof water and putting it in almost like another septic system. This is what this article means. Just for that permit, and then the peer review for another engineer to check the engineer, came to \$7,800. So just think about that," said Prouty.

Charlton's new Conservation Agent Angela Panaccione also spoke on the matter saying that the article's intent was not to

complicate life for new home-builders but rather to bring the town in line with federal guidelines.

"The intent and purpose of this bylaw is not to start super regulating single family home development. There are the options for waivers to be put in place. I certainly would never require an operations and maintenance plan and full-on stormwater design for a single-family home," Panaccione said. "At the absolute minimum, I might ask for an erosion and sediment control plan that technically would come from any engineer designing a septic system or something. The goal is to not overregulate it's just to sort of give consistency with what the EPA is requiring of us under the Clean Water Act."

Further complicating the matter, Conservation Commission member Robert Hartwig also added to the discussion by clearing up a misconception in the article's wording. The proposal as written in the warrant stated that it was "recommended by the Conservation

Commission and its consultant"; however, while Hartwig didn't speak in direct opposition of the article, he did say this wording was misleading.

"I believe this is more or less a housekeeping matter. I just want to point out that to the best of my knowledge, and I haven't missed any meetings, the Conservation Commission has never seen this or voted on it and is essentially unaware of it," Hartwig said.

He further noted that the town had been working without a Conservation Agent for the last year until Panaccione's hiring. Charlton had been utilizing a consultant and while the consultant may or may not have brought to matter forward for consideration at the town meeting, Hartwig clarified the Conservation Commission had yet to see the bylaw change.

When the votes were tallied the result was 69 against and 56 in favor of the bylaw update effectively preserving the current Chapter 175 bylaw.



ACCURACY WATCH

The Auburn News is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

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Auburn's Andrea Bolduc graduates from Brandeis

WALTHAM — Andrea Bolduc, of Auburn, has graduated from Brandeis University with a Bachelor of Arts, Summa Cum Laude. She earned Highest Honors in her major, Politics, in which she completed a senior honors thesis. She was also inducted into Phi Beta Kappa, the nation's oldest and most prestigious academic honors society.

WPI's Julia Antocci awarded SMART Scholarship



Julia Antocci

WORCESTER — Julia Antocci of Charlton, a Bachelor of Science and Master of Science student at Worcester

Polytechnic Institute, and alumni of Bay Path Regional Vocational Technical High School in Charlton, was awarded the Department of Defense Science, Mathematics, and Research for Transformation Scholarship.

This award provides students with full tuition for up to five years, summer internships, a stipend and full-time employment with the Department of Defense after graduation. This unique opportunity offers students hands-on experience at one of more than 200 of the nation's most innovative laboratories across the Army, Navy, Air Force and larger Department of Defense. During summer internships, SMART Scholars work directly with an experienced mentor, gaining valuable technical skills. After graduation, she will work at Portsmouth Naval Shipyard in Kittery, Maine.

Antocci is currently studying Electrical and Computer Engineering with an additional focus in Robotics.

Antocci said, "I am very excited and grateful for this amazing opportunity, and also the chance to serve my country in such an important way as a civilian Engineer" about the award.

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Auburn's Megan Bean graduates from College of the Holy Cross

WORCESTER — Megan Bean of Auburn received a Bachelor of Arts degree from College of the Holy Cross.

Bean is among 748 bachelor of arts degree candidates Holy Cross celebrated at its 175th Commencement held in person on Friday, May 21 on the College's Fitton Field.

Ambassador Linda Thomas-Greenfield, a career diplomat and Representative of the United States of America to the United Nations, delivered this year's address virtually to the Class of 2021 and received an honorary degree.

A distinguished career diplomat with 35 years in the Foreign Service, Ambassador Thomas-Greenfield reminded graduates that their education has equipped them to make a positive difference in the world and to do everything in their power to keep hope alive.

"Class of 2021: I have hope - I have light in my eyes - because of you," Ambassador Thomas-Greenfield told the graduates. "When I think of your promise, your potential, I swell with pride. With your Holy Cross mentors and role models by your side, I believe you will become men and women for others. I trust you will go where you are needed. And graduates, I know you will keep hope alive."

In addition to Thomas-Greenfield, Holy Cross also awarded an honorary degree to Holy Cross alumnus Dr. Michael Collins '77, chancellor of the University of Massachusetts Medical School and senior vice president for the health sciences for the University of Massachusetts. Dr. Collins also offered a reflection for the Class of 2021.

About Holy Cross

The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

Auburn Historical Society hosting Yard Sale

AUBURN — The Auburn Historical Society and Museum will be hosting their second annual yard sale with the General Ebenezer Learned DAR Chapter, on Saturday, June 12. It will be held at the Auburn Historical Museum parking lot, which is located at 41 South St. from 8 a.m. – 1 p.m.

Proceeds will support the museum's operations and programs, and the DAR Good Citizen Scholarship fund. Items include bicycles to rocking horse and more. All sorts of wonderful treasures will be for the offering. Please, no early birds.



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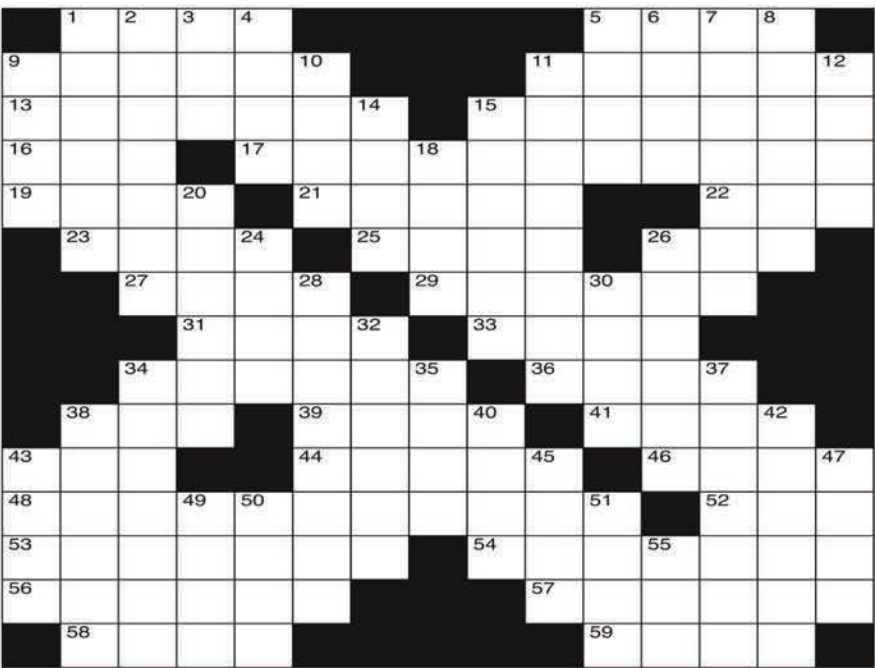
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CLUES ACROSS

1. Partner to “flows”

5. French industrial city

9. Diagrams

11. Diplomat

13. Hires

15. Hawaiian island

16. Set aflame

17. Very happy

19. Blue dye

21. Small terrier with short legs

22. One thousand cubic feet (abbr.)

23. Northern pike genus

25. Expression of annoyance

26. Female deer

27. Casella and Kellerman are two

29. Actor’s lines to audience

31. Days (Spanish)
33. Close a person’s eyes

34. Cloaked

36. Comedic actor Rogen

38. It’s all around us

39. Neutralizes alkalis

41. Native people of New Mexico

43. No seats available

44. Famed “Air Music” composer

46. Fit of irritation

48. Psychic phenomena

52. Knicks’ first-rounder Toppin

53. Seed used in cooking

54. “WandaVision” actress Hahn

56. Samples food

57. In a lucid way

58. Stair part

59. Adieu

CLUES DOWN

1. Type of moth

2. A Christian sacrament

3. It lends books to Bostonians (abbr.)

4. Turn away

5. Impersonal

6. Shortly

7. Indigenous Alaskans

8. Subtle difference of meaning

9. Sicilian city

10. Put in harmony

11. Administrative divisions

12. As happily

14. Horse mackerel

15. Muddy or boggy ground

18. Monetary unit of Italy

20. Construction site machine

24. 22
26. Tracts at the mouths of rivers

28. Earnings

30. Insect repellent

32. Runner-up

34. Musician

35. Serious or urgent

37. Esteemed one

38. Where rockers play

40. Work furniture

42. Greek prophetesses

43. Quantitative fact

45. Missing soldiers

47. Minute

49. This (Spanish)

50. Maintain possession of

51. Assault with a knife

55. Holiday text message greeting

REAL ESTATE

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\$455,000, 4 Marie St, Bishop, Tobias J, and Downer, Kevin, to Best, Cynthia.
\$425,000, 38 Inwood Rd, JGP Contracting LLC, to Bakowski, Laura, and Weaver, John A.
\$385,000, 30 Waterman Rd, Creelman, Sarah D, and Quitadamo, Eric D, to Razi, Main, and Afrin, Sazia.
\$384,900, 14 Blaker St #14, Reserve 2325 LLC, to Pothins, Kanaka K, and Pothins, Swetha.
\$340,000, 5 Stone St, Oneil, Tara, to Tyks, Donna R, and Dupre, David P.
\$340,000, 9 Shary Ln, Mackler, Dennis A, and Mackler, Rosane S, to Firmino, Jorge P, and Pereira-Firmino, Vanilde.
\$230,000, 8 Clarendon Rd, Cusson, Paul J, and Cusson, Michele M, to Cusson, Courtney M, and Strout, Jacob T.
\$139,500, 29 Wellman St, Walsh, Phyllis A, and Walsh, Daniel J, to Carnevale, Michael A.



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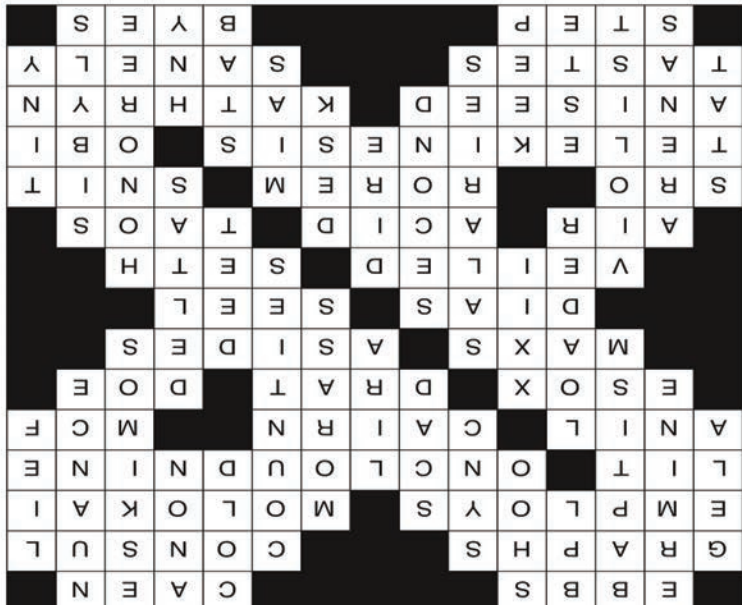
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BRENDAN BERUBE
EDITOR

A history of Memorial Day

When Memorial Day was first celebrated in the aftermath of the Civil War, it was known as Decoration Day. Youngsters would place flowers in cemeteries while they sang songs and honored those lost due to war. The Civil War, that ended in 1865 took the lives of more people than any other war in the history of the United States, the estimate is roughly 620,000 — the Union losing 365,000 and the Confederacy 260,000. History says that more than half of these losses came as the result of disease. As a result, the first national cemeteries were created.

In 1868, General John A. Logan, the leader of an organization for Northern Civil War veterans, called for a nationwide day to honor fallen soldiers. General James Garfield gave a speech at Arlington National Cemetery on the first Decoration Day and the more than 5,000 people in attendance decorated more than 2,000 graves, both Union and Confederate.

The holiday as we all know is celebrated on the last Monday in May, and became an official holiday in the year 1971. Parades across the country take place, and people visit cemeteries where family members who have served in the military have been laid to rest.

At 3 p.m. every year, a moment of silence takes place across the country. In December of 2000, President Bill Clinton signed the “National Moment of Remembrance Act,” which designated the time be at 3 p.m. In 1966, the government marked Waterloo, N.Y. as the official birthplace of Memorial Day. In Waterloo, every business in town would shut their doors and owners would venture out to decorate graves with flags as well as flowers.

Originally, Decoration Day was intended to honor those lost in just the Civil War. After WWI America felt the need, and rightfully so, to honor all those lost serving their country. During the Great War (also known as the First World War), 116,516 Americans died, and 405,399 were lost during WWII. The Korean War took 36,574 lives, and the Vietnam War cost 58,220 lives. A total of 4,411 were lost in Operation Iraqi Freedom, 73 in Operation New Dawn, 2,346 as the result of Operation Enduring Freedom, 48 in Operation Freedom’s Sentinel and 61 in Operation Inherent Resolve.

An estimated 38 million people in America traveled over the holiday weekend, and two and a half million travelers will board flights. Memorial Day is the fourth busiest travel day of the year.

In New York, Washington, D.C., and Chicago you can find the largest parades in the country. Because of the three-day weekend, many Americans were expected to throw parties and barbecues or head out of town for a mini getaway.

Fun Food Facts

Did you ever wonder what the origins of your favorite foods were? Sure, we’ve all heard the story of how Toll House cookies were born when some chocolate bits fell off a shelf into a raw batch of cookie dough, but there are lots of interesting tales behind just about every common food we enjoy today. This week’s column will take a peek into the entertaining past of some of our favorite meal staples and snack foods.

Phantom Faces: Mrs. Smith’s frozen pies have come to the rescue for many busy women during holiday baking time, but were you aware Mrs. Smith doesn’t exist? Neither does Mrs. Paul (of frozen fish fame). And are you ready for this? Chef Boyardee is a fake too. While Mrs. Smith and Paul were probably conjured up by an ad man to portray a product whipped up by a proficient middle-aged cook, Chef Boyardee is actually a combination of the names of the three founders of the company: Boyd, Art and Dennis. Now the good news: There really is a Sara Lee, and as we all know, nobody doesn’t love her.

Catsup or Ketchup?: As a child I remember watching Fred MacMurray hawk Hunts Catsup during commercial breaks in “My Three Sons.” Why would I remember such a thing? Beside the fact ketchup was as high on my childhood fave food list as Screaming Yellow Zonkers, the commercial sticks in my mind because he called the ketchup “catsup.” I recall thinking that was weird. Here’s some ketchup trivia relating to this pronunciation discrepancy: In the early years, ketchup king Henry Heinz used both spellings for his product. He settled on ketchup when he started advertising the condiment in the early 1900s. Meanwhile, J. W. Hunt stuck with catsup until the late 1960s. DelMonte was the last competitor to switch over to the more popular ketchup spelling, doing so in 1988 due to customer pressure. By the way, ketchup, originally called ketsiap, was a sauce developed in the seventeenth century by the Chinese. Back then it was a tangy potion of fish entrails, vinegar and spices the Chinese used mainly on fish.

Soda Buzz: Did you know 7-Up once contained lithium? In 1920, C.L. Griggs invented an orange drink called Howdy. When he tried to improve on it by adding different flavors, the result was a concoction he dubbed Bib-label Lithiated Lemon-Lime Soda. The fizzy tonic not only boasted more carbonation than standard soft drinks, but actually contained lithium! The unique taste caught on, but not the name. Six months after marketing the drink, Griggs renamed it 7-Up. I’m happy to report today’s 7-Up is just as delicious, but without the addition of lithium.

Pie in the Sky: Remember Scooter Pies? For many babyboomers, the big, marshmallow sweets were a lunch bag staple. But Moon Pies were the true predecessor of Scooter Pies. In fact, while we in the northeast call the marshmallow, graham cracker and chocolate snacks Scooter Pies, other parts of the country know them as Moon Pies. And here’s why: In the early 1900s a representative of a North Carolina mill bakery asked coal miners what they would like to eat as a snack. The miners said they wanted something “solid and filling” that could easily be transported in a lunch pail. When asked how big the sweet



TAKE THE HINT
KAREN TRAINOR

snack should be, the story goes the moon was rising and one miner looked over, circled it with his two hands and said “about this big.” Thus, the “moon pie” was born. The Scooter Pie, made by Burry, was “born” decades later in 1959, just in time for babyboomers to enjoy a sweet treat in front of the television set.

Smoking Sub: Who would’ve thought novelty Pez candies started out as a smoking deterrent? In 1927 an anti smoking advocate created the peppermint candies as a substitute for cigarettes. It’s name “Pez” comes from the German word “pfefferminze,” which means peppermint. When Pez was imported to the United States in 1952, sales failed to impress. But when the inventor revamped the product and targeted it to children, complete with character dispensers, sales went through the roof. As we all know, old Pez dispensers are hot collectibles today, with rare examples fetching hundreds of dollars each.


B&J Secret Recipe: While I was researching food origins and facts, I came across Ben and Jerry’s secret recipe for Cherry Garcia Ice Cream. Here it is as printed in “Ben and Jerry’s Homemade Ice Cream and Dessert Book.” (I know it has nothing to do with the theme of the column, but since it’s ice cream season, why not!) Ingredients: 1/4 cup shaved plain chocolate (Ben and Jerry prefer Hershey’s Special Dark Chocolate candy bars); 1/4 cup fresh Bing cherries, halved and pitted (you may use canned cherries, but be sure to drain the syrup); two large eggs; 3/4 cup sugar; two cups heavy or whipping cream; one cup milk. Directions: Place the shaved chocolate flakes and the cherries in separate bowls. Cover and refrigerate. Whisk the eggs in a mixing bowl until light and fluffy, one to two minutes. Whisk in the sugar, a little at a time, then continue whisking until completely blended, about one minute more. Pour in the cream and milk and whisk to blend. Transfer the mixture to an ice cream maker and freeze following manufacturer’s directions. After the ice cream stiffens (about two minutes before it’s done), add the chocolate and the cherries, then continue freezing until the ice cream is ready. Makes grateful one quart.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

529 plans: More versatile than ever



FINANCIAL FOCUS

DENNIS ANTONOPOULOS

If you have children or grandchildren, you may already be somewhat familiar with the 529 plan, a popular education savings vehicle. But you may not have kept up with some recent changes in the plan’s capabilities and in the educational environment in which the plan might be used.

Let’s start with the learning environment. During the COVID-19 pandemic, colleges and universities switched to online classes, or at least to a hybrid of in-person and online. And even before the pandemic, many schools offered remote classes, though obviously not to the same extent. But after COVID-19 subsidies, it’s likely that the online component will remain an important part of higher education. What does this “new world” mean for you, when you’re saving for college? Will a 529 plan still be relevant?

In a word, yes. First of all, a 529 plan can offer tax advantages. Earnings in a 529 plan are federally tax-free, provided the money is used for qualified educational expenses. And if you invest in your own state’s 529 plan, your contributions may be tax deductible. (Withdrawals used for expenses other than qualified education expenses may be subject to federal and state taxes as well as a 10 percent penalty.) Because tax issues for 529 plans can be complex, you’ll want to consult with your tax advisor before investing.

Online learning costs are eligible for a 529 plan’s tax benefits just as much as those incurred from in-person classes. Tuition, textbooks, supplies, computers and services – all of these should qualify, assuming the school meets certain criteria. Also, students enrolled half-time or more don’t have to live in a dorm for room and board expenses to be covered by a 529 plan – they can live in off-campus housing. However, these room-and-board costs typically must equal the cost of living on campus. Some schools identify a specific cost for “commuters” or “at-home students,” so you will need to contact the college directly to determine qualified room-and-board costs.

Now, let’s take a quick look at what some changes in the rules governing 529 plans over the past few years might mean for you. Eligible expenses from your 529 plan include the following:

K-12 expenses – Parents can withdraw up to \$10,000 per student, per year, from their 529 plan to pay for tuition expenses at elementary and secondary schools. So, if you intend to send your children to a private school, this use of a 529 plan might interest you.

Apprenticeships – 529 plans can be used to pay for fees, textbooks, equipment and other supplies connected to apprenticeship programs registered with the Department of Labor. These programs, typically offered at a community college, combine classroom instruction with on-the-job training.

Student loans – Families can withdraw funds from a 529 plan to repay the principal and interest for qualified education loans, including federal and most private student loans. There’s a lifetime limit of \$10,000 for student loan repayments per each 529 plan beneficiary and another \$10,000 for each of the beneficiary’s siblings.

All of these newer uses of 529 plans may contain additional guidelines and exceptions, and state tax treatment varies, so you’ll want to consult with your tax advisor before taking money from your account. But it’s valuable for you to know the different ways you can put a 529 plan to work.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Latest antiques, collectibles, and auction news

The Moscow Times reported that two paintings of Rasputin are headed to the auction block. According to the Moscow Times, “the portraits were done by Theodora Krarup, a Danish artist, in St. Petersburg. Karaup did a total of 16 portraits of Rasputin, most of which have been lost or destroyed. Krarup sold three portraits of Rasputin to the Finnish Consul General, Otto Auer. One was resold and its whereabouts are now unknown, but descendants of Auer consigned the two remaining portraits to the auction house. Grigory Rasputin was renowned — and reviled — for his supposed ability to stop the Tsarevich’s hemophilia bleeding and for his supposed influence on the royal family.” Rasputin was assassinated in 1916. The Moscow Times reports that the auction estimates are \$16,500 to \$24,600 and \$82,000 to \$98,000.

In other art news, rockstar Alice Cooper is auctioning an Andy Warhol silkscreen on canvas. According to the Arizona Republic, the artwork titled “Little Electric Chair” was gifted to Cooper by his former girlfriend and model Cindy Lang. She paid \$2,500 for it in 1972. Cooper said “I never was a Warhol collector. I collect other artists but I never really collected Andy Warhol so I’m sure there’s somebody out

there that is a Warhol fan,” according to the Arizona Republic. It is estimated to sell for between \$2.5 million and \$4.5 million.

A collection of rare baseball cards is also going to auction. The collection belonged to Dr. Thomas Newman of Tampa, Fla., who died in January of COVID-19 at the age of 73. ESPN reported that “he began collecting as a child, and through loving the sport of baseball, he had built a small collection of 1950s cards that was thrown out by his mother when he went to college.” He began collecting cards again to replace his discarded collection when he graduated from medical school and the collection eventually grew to over 1,000 cards. The most valuable card is a 1933 Godey Babe Ruth card. “The card could fetch close to \$5 million, and the entire lot could eclipse \$20 million”, according to ESPN.

In other auction news, a Tiffany lamp recently set an auction record, according to the Antiques and Arts Weekly. The lamp was designed for the 1900 Exposition Universelle in Paris by Tiffany Studios.



ANTIQUES, COLLECTIBLES & ESTATES
WAYNE TUISKULA



Antiques and the Arts reported that” the 29-and-a-half-inch lamp featured a hand-blown favrile glass globe-form shade on top of a hammered and patinated copper base. The spectacular imagery of the lamp depicts the growth cycle of a dandelion, the yellow flower rising from the base’s bottom up to its top, where it features a crown of seed puffs. The globe on top features a contour pattern similar to a topographic map, intended to represent the wind currents blowing through and sweeping the seeds away.” The dandelion lamp blew away the record for any Tiffany work when it sold for \$3.7 million.

Our next multi-estate online auction is running and ends on June 16. Our sports and non-sports cards online auction is also open for bidding and ends on June 23. More events are already planned. See our website for details on upcoming events: <https://centralmassauctions.com>.

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Fluke fishing is great at Block Island



Courtesy

This week’s photo shows Matt Fontain with one of the numerous sea sculpin he caught last week in Buzzards Bay after limiting out on some very large seabass.

Fluke fishing has been providing some great fishing for anglers fishing around Block Island. Numerous door-mats are being caught regularly at the Island. Seabass are also being caught, but are not legal to retain until June 24 in Massachusetts. Strippers are also on the increase in both Massachusetts & Rhode Island, but because of the slot limit, many anglers are fishing for fluke and other species of ground fish. Scaup are still legal game in both Massachusetts & Rhode Island, but the three fish limit of Tautog closed at the end of May. Check season dates for the reopening of tautog!

Mass. Fish & Wildlife is changing their plans on the massive increases on hunt-

ing & fishing licenses proposed this past winter. There will be more public hearings on June 22, 23, and 24 to discuss a five-year phased in increases. Mass. Fish & Wildlife will be presenting the public hearings and changes on their web site soon, with the link for persons that would like to participate in discussions on those dates.

A couple of weeks ago, I was fishing with my nephew in Buzzards Bay on the Cape, and realized that I was fishing with fresh squid he had caught a month earlier. It was extremely noticeable when I attempted to place a piece on my hooks. It was a lot firmer than the low grade, soft squid I have been using for



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many years from tackle shops and high-end fish markets. It even caught fish, but just imagine what I would have caught if I was using freshly caught squid. Using fresh bait for fishing does catch more fish, but you also need to keep it on ice or in a cooler. So many times, I have had to tell my fishing buddies not to leave fresh bait in the sun.

Taking care of you freshly caught fish is also very important. Having a cooler with a good amount of ice will keep your catch fresh until you get home to clean them. It is a good idea to cut the throat of the fish so that they bleed out. It will make your fish a lot tastier at the table. Blue fish especially need to be handled this way and kept ice cold until you get home. Filleting your blue fish immediately after you catch them will ensure fresh fish at the table. Not all boat captains allow this type of cleaning on the boat for obvious reasons. I fished with one boat Captain years ago, that washed the boat down after every fish was landed!

The Uxbridge Rod & Gun Club will be holding another 3D archery shoot on June 6. This is a great opportunity to get the whole family into the sport of archery. The event is open to the public! Breakfast will be available starting at 7 a.m. The archery course is set up on more than 50 acres of land. Life size targets are set up over the 50 acres of woodlands, that are easily marked. A day on the archery course with family and



Janet harper with her 26-pound wild turkey taken at the end of the Mass. Turkey season, with her crossbow.

friends is a good way to say goodbye to the pandemic!

Stripers are in at the Providence River, and they are feeding on the large schools of porgies that are also in the river, as well as every other body of water that holds stripers.

As the dog days of summer arrive, man’s best friend still needs to be exercised daily, and kept in a cool place. Keeping them indoors with air conditioning in the heat of the day, will insure a good healthy dog when hunting season rolls around. Heartworm medication and flea & tick medication needs to be administered year-round to your pet, to insure they stay healthy.

Take a Kid Fishing & Keep Them Rods Bending!

The importance of family traditions

Family traditions are meaningful to me. The older I get, the more important it is to preserve these annual happenings in hope that they will be passed down through generations. One of these traditions for our family is barbecued pork spareribs on Memorial Day. This year, I’m teaching my nephew, son-in-law, two sons and oldest grandson the recipe and methods. I’m sure they may add their special tweaks to the recipe but I’m confident the basics will remain.

I was 13 years old when my dad called me over to the grill and began teaching me. It may have been the first time my father spoke to me and treated me as an adult. Cooking ribs in the Moore household was serious busi-

ness and I felt a sense of pride that my father was entrusting me with this almost sacred responsibility. I didn’t understand it then, but from that day forward, ribs on Memorial Day were my responsibility, and has been since that moment.

I realized a few months ago that I’ve waited too long to pass the “tongs” off, so this holiday weekend was important. It represented a “changing of the guard” for our holiday tradition.

Cooking for me is an art form. There are specific techniques that create the repeated desired results. Over the years, there have been slight changes in methods and ingredients. I’m sure this next generation will do the same. I’ve added a few ingredients to my cooking pallet and

have slowed the cooking process down to create a more tender result, but over the last decade, the recipe and process had reached the point, that in my mind, created the perfect slab of Moore Family barbecue spareribs.

And of course, the barbecue jokes or “dad jokes” begin. “Why should you never BBQ on your roof? The steaks are too high.”

For those of you who enjoy cooking, I barbecue ribs in three basic steps. First, I remove the membrane from the bone side of the ribs and apply a rub of salt, pepper, smoke paprika and brown sugar. I then slowly smoke them with apple wood for three hours. Next, I wrap the ribs in aluminum foil and apply a little apple cider vinegar, butter and honey and place back on the grill



POSITIVELY
SPEAKING
.....
GARY W.
MOORE

for two hours. Then the final step is to unwrap them, put on a thick coating of sauce and put them back on the grill. Check them every fifteen minutes or so, making sure they do not overcook and dry out.

The weekend was everything I hoped for. My students took the process as serious as I hoped they would, and next year, it will be their responsibility. The ribs were a bit rushed because the teaching process set us back a bit and as such, they were

not as tender as usual. Next year will be better. I’ll just sit back, watch, try to keep my mouth shut and enjoy a responsibility-free holiday for the first time since I was thirteen.

Ribs of course are not what’s most important for this holiday. Another tradition is sharing the importance of why we celebrate Memorial Day. So many have given so much and it’s important not to forget their ultimate sacrifice.

So, what are your family traditions? A Utah woman felt so strongly about her family fudge recipe that she had it engraved on her tombstone. Is there something you hold so dear that it’s important to you to continue after you’re gone? It’s never too late to begin.

And maybe it isn’t

passed down to you from generations before.

Maybe it begins with you?

Oh ... one last dad barbecue joke ... “My dad always said he would go to his grave with his famous BBQ rib recipe. On his death bed, he had me lean in to tell me the secret ingredient.

That’s when I knew it was Thyme.”

Laughter is brightest when food is best.

Irish Proverb

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @ GaryW Moore721 and at www.garywmoore.com

Garden-fresh vegetables help fight cancer



Melinda Myers

Tomatoes contain lycopene, a powerful antioxidant with many health benefits, including lowering the risk of certain types of cancer.

Cancer prevention starts on your dinner plate; actually, it starts in the garden. Growing your own nutrient-rich cancer fighting vegetables allows you to grow pesticide-free vegetables, harvest them at their peak, and use them right away, ensuring the highest nutrient value and best flavor.

Be sure to include some broccoli, cauliflower, Brussels sprouts, cabbage, kale, and turnip greens. These cruciferous vegetables release cancer fighting substances that help fend off lung, breast, liver, colon, and prostate cancer. Three weekly servings of these vegetables can greatly reduce your cancer risk. Include these vegetables in your stir fries, as a side dish, as an appetizer or eat them fresh as a snack.

If your space is limited, these plants can easily blend into your current garden space. The bold texture and form of red cabbage makes an eye-catching focal point. Turnips can easily be mixed with flowers or planted between longer season vegetables like tomatoes, peppers, and eggplant. Or mix some kale in with your

flowers; the color and upright growth habit creates a nice vertical accent in the garden or containers.

Another popular vegetable that is a cancer-fighter, the tomato, can easily be grown on any size balcony or landscape. And nothing beats the flavor of fresh-from-the-garden tomatoes. Whether eaten fresh, juiced, sauced, or added to your favorite dish, this lycopene vegetable (a powerful antioxidant) will help in the fight against cancer.

To grow tomatoes, all you need is a container of potting mix or a sunny spot in your landscape. Save space and reduce pest problems by growing these vines on a stake, in a tomato cage or supported



GARDEN
MOMENTS
.....
MELINDA
MYERS

by any decorative structure. Compact varieties like Patio Choice Yellow Cherry, Early Girl Bush, Window Box Roma, and Red Robin are just a few you may want to try.

Always select a tomato variety suited to your growing conditions. Check the plant tag to make sure you have enough warm frost-free days for the plant to grow and produce in your area.

Include fiber rich beans in your garden and meals. Regular consumption of this natural source of antioxidants and phytochemicals can help reduce the risk of certain cancers. Go vertical, growing pole beans on a support if space is limited and for making harvesting much easier.

Save a bit of room for red onions.

Research at the University of Guelph found red onions had high levels of quercetin and anthocyanins that help fight cancer. Start onions from sets or plants and harvest when the bulbs are full-size, and the tops begin to yellow and topple.

Not only will you improve your health by growing your own nutrient-rich vegetables you will also improve your well-being. Tending a garden can help improve your mood and reduce stress.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener’s Handbook and Small Space Gardening. She hosts The Great Courses “How to Grow Anything” DVD series and the nationally-syndicated Melinda’s Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her Web site is www.melindamyers.com.

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WEBSTER - 44 Sunny Ave! Sought On Neighborhood! 7 Room 1,632' Colonial! 1st Flr Features Open Flr Plan, Kit w/IsL, Din Area, Fam Rm, Frpld Liv Rm, 1.5 Baths! 2nd Flr w/3 Bedrooms & Bathrm! 2.5 Baths Total! Tile Flrs Throughout! LPGas Heat & Hot Water! Town Services! **\$289,900.00**

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Fill in the missing blocks with numbers between 0-6.
The numbers in each row add up to the totals to the right.
The numbers in each column add up to the totals on the bottom.

	3	1	6
	0		6
6			14
12	8	6	

3	5	9
2	0	4
1	3	2
Solution		

THIS DAY IN...



HISTORY

- 1654: LOUIS XIV IS CROWNED THE KING OF FRANCE.
- 1776: RICHARD HENRY LEE OF VIRGINIA INTRODUCES A RESOLUTION IN THE CONTINENTAL CONGRESS THAT WILL LEAD TO A DECLARATION OF INDEPENDENCE.
- 1929: VATICAN CITY BECOMES A SOVEREIGN STATE.



STANDING 6 FEET TALL, THIS ANIMAL IS THE LARGEST MAMMAL TO CALL NORTH AMERICA HOME.

ANSWER: AMERICAN BISON

Get Scrambled

Unscramble the words to determine the phrase.

TRAGE DOSUOROT

Answer: Great Outdoors



ENDEMIC

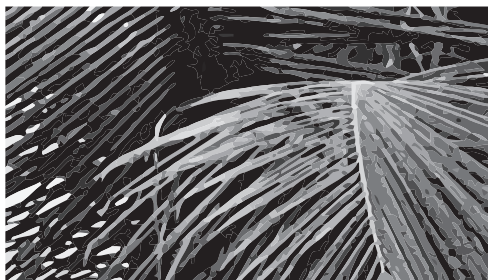
(of plants or animals) native to a certain area

How they SAY that in...

- ENGLISH: Forest
- SPANISH: Bosque
- ITALIAN: Foresta
- FRENCH: Forêt
- GERMAN: Wald



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Applicant must possess a valid driver's license and minimum 5 years' experience in maintenance repair and/or one of the building trades. Applicant must be able to pass a pre-employment physical, drug test and background check. Applicant must be a self-motivated, team member, who is deeply respectful of elderly, handicapped and low-income families. An employee in this classification will be expected to perform a variety of unskilled and semi-skilled tasks in the upkeep of the properties and grounds including cleaning apartments following tenants use to prepare for re-leasing, removing tiles and other floor coverings, lifting heavy objects, mowing lawns, pruning trees and shrubs, snow removal and use of a variety of hand tools and implements. This position requires regular on-call service hours when the staff member cannot travel or be incapacitated in any way. Wage is set by Labor & Industry standards. Supervision is received from the Maintenance Supervisor. Spencer Housing Authority employees are not permitted to smoke anywhere on housing property. Spencer Housing Authority maintenance employees are required to acquire a Mass Pesticide Applicators License within a year from hiring.

Job descriptions and applications are available for pick up at the Spencer Housing Authority office, 13 McDonald Street, Spencer, MA 01562. (508) 885-3904 daily from 7:00 AM – 3:00. PM.

Applications will be accepted until 2:00 PM on Friday June 11, 2021.
E.O.E./Affirmative Action Employer



FIND A CAREER IN THE CLASSIFIEDS!



CRYPTO FUN
Determine the code to reveal the answer!

Solve the code to discover words related to cats. Each number corresponds to a letter. (Hint: 5 = C)

A. 23 10 9 18 24 10
Clue: Relating to cats

B. 5 9 6 20 25
Clue: Curved, pointy nails

C. 21 2 8 8
Clue: Low, vibrating sound

D. 25 5 8 6 26 5 13
Clue: Mark the surface

Answers: A. feline B. claws C. purr D. scratch

SUDOKU

7	3			8		4		6
5	6	4		1	7		2	
2				5			3	7
	7	6						
	5			1		7		
			7	4			8	1
		2			5	9		
6	4	5	9				1	
8		7	4					

Level: Beginner

Fun By The Numbers
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	6	1	3	4	7	5	8
4	5	6	7	2	8	3	1	9
3	1	8	7	5	6	2	9	4
4	7	6	5	8	9	3	1	2
2	3	4	6	7	1	8	9	5
6	9	7	2	1	3	8	5	4
2	6	9	3	8	4	7	5	1
7	4	1	8	5	6	9	2	3
8	9	2	4	1	7	3	6	5

ANSWER:



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University of New Hampshire announces May 2021 graduates

DURHAM, New Hampshire — The following students graduated from the University of New Hampshire in Durham over the weekend of Saturday, May 22 and Sunday, May 23. Students who received the honor of summa cum laude graduated with a GPA of 3.85-4.0; students who received the honor of magna cum laude graduated with a GPA of 3.65-3.84; and students who received the honor of cum laude graduated with a GPA of 3.50-3.64. Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. A traditional, in-person commencement ceremony will be scheduled at a future date yet to be determined.

Emily Eldridge of Auburn graduated with a MED degree in Secondary Education

Jianna Baroni of Auburn graduated with a BA degree in Psychology

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